

riefs **Econ** forums planned

Times Staff Report

PRESTONSBURG -Two economic development meetings are on the horizon for the city of Prestonsburg, and officials hope that members of the community will attend.

Two meetings have been scheduled for this month, and the best way to update Prestonsburg's economic development plan will be the focus of both meetings, including addressing the community's strengths and weaknesses, identifying goals, objectives and strategies for use in guiding economic development, community development and resource utilization.

According to information provided by the Big Sandy Area Development District, "An important part of this process is gathering the community members' input and deciding how well the updated plan fits into the community's ideas for the city of Prestonsburg."

The meetings are scheduled for August 11 and August 16 at the Big Sandy Area Development District office in Prestonsburg. The August 11 meeting will begin at 7 p.m. and the August 16 meeting will start at 5 p.m.

For additional information, contact Denise Thomas or Nikki Meade at the Big Sandy Area **Development District by** calling (606) 886-2374.

Senior center plan moving forward

by SHELDON COMPTON STAFF WRITER

PRESTONSBURG - The plans to restructure the seven senior citizens centers throughout Floyd County will move ahead, says Floyd Judge-Executive R.D. "Doc"

fully committed.

Marshall said Thursday that if the Prestonsburg Senior Citizens Center, which has not yet come on board for the idea to bring all the centers under one umbrella for funding purposes, does not do so, there are good reasons for a restructhe fiscal court will continue with turing, considering that only three Marshall, even if all seven are not the plan with the remaining six cen- of the seven centers have been

"Prestonsburg has not made a full commitment to this," Marshall said, "but if they don't, we're going to move ahead.

And Marshall feels strongly

receiving state funding over the past several years - Prestonsburg, Martin and McDowell. The four others - Betsy Layne, Mud Creek, Wayland and Wheelwright - have been operating with money given out directly from the county's gen-

(See CENTERS, page 7)

STILL WORKING



Work continued on the Prestonsburg sewer system on Thursday, as heavy equipment blocked the road at the intersection of South Central Avenue and Court Street.

Chamber of Commerce forming Women's Council

Chamber

community,"

Escapee recaptured in Indiana

by SHELDON COMPTON STAFF WRITER

PRESTONSBURG - The hunt is over for Benjamin Sammons, the

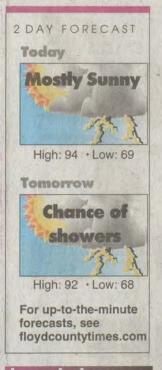
23-year-old Corn Fork resident who escaped custody July 23 when he fled from deputy jailers at Highlands Regional Medical Center.

Floyd County Sheriff John K Blackburn said his office was awaiting paperwork to extradite Sammons from Indiana, where officers in that state located Sammons at the home of



some of his family members. Blackburn's office had received a tip earlier this week that Sammons was at the resi-

(See ESCAPE, page 7)



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The Floyd County

recycled paper

Times is printed on



FEATURES WRITER

The Floyd County Chamber of Commerce is in the process of recruiting women from across the county to become part of the Floyd County Women's Council, a group that is intended to work closely with other agencies and communitybased organizations to build awareness, educate, promote opportunities and enhance the lives of women in Floyd County.

The Floyd County Women's Council hopes to promote fellowship within the Floyd County Chamber of Commerce between all women members of the chamber and Stapleton, with Habitat for 14.

by JARRID DEATON

Stumbo, director of the Floyd County to reach the women members of the chamber and communisupport and encouragement through various events and programs to promote growth and development." The Floyd County Women's

Jean Dorton, with Big Sandy Community and Technical College, Neva Francis, with Saint Joseph-Martin, Michelle Sode, with Hospice of the Bluegrass, Trish Cieslak, with The Perfect Stetting, Jan

interact with women from the Humanity, and Mandy Stumbo, said Mandy chamber director.

"The primary goal is to of facilitate a business climate in Commerce. "The council hopes which our women members can network and develop and enhance their opportunities for ties in the county by offering growth and prosperity, and to create close working relationships with women, enabling us. to achieve our common goals together."

According to Stumbo, all Council currently consists of interested women will be given the opportunity to participate in the Floyd County Women's Council. For more information, contact Mandy Stumbo by calling (606) 886-0364. The first meeting of the council is scheduled to take place on Sept.

'TEK Talk' to be held at college

by JARRID DEATON FEATURES WRITER

PRESTONSBURG - An initiative created by Kentucky Gov. Steve Beshear to take a closer look at the education system in the state will be the subject of discussions at local colleges on Aug. 17, including the Prestonsburg campús of Big Sandy Community and Technical College.

Transforming Education in Kentucky (TEK) was created by Beshear to in an attempt to garner more public support for K-12 education in Kentucky.

(See FORUM, page 7)

Rotary donates \$4K to autism center

by JARRID DEATON FEATURES WRITER

PRESTONSBURG - The Highlands Center for Autism received a financial boost from the Prestonsburg Rotary Club on Thursday in the amount of \$4,000 for a fence around the playground area at the center, and Shelli Deskins, director of the center, spoke to members of the club during a meeting held at Country at Heart.

The center celebrated its one-year anniversary on July 28, and it has been quite a ride," Deskins said. "There are a lot of charlatans out there that lead parents down the wrong roads. There is no cure for autism. We

(See ROTARY, page 7)



Shelli Deskins, director of the Highlands Center for Autism, spoke to members of the Prestonsburg **Rotary Club on** Thursday. The Prestonsburg **Rotary Club** donated \$4,000 to the center for a playground fence.

photo by Jarrid Deaton



HAROLD, KY . (606) 478-AUTO (2886)

SUMMER SIZZLERS!

2006 CHEVY, 1500 Z71 EXT CAB, Clean\$16,995
2010 CHEVY IMPALA, 3 to choose Starting at \$14,995
2004 VOLVO S40, Loaded\$11,995
2009 PONTIAC G5, 4-cyl., gas saverReduced! \$10,995
2008 FORD FOCUS, Clean\$9,995
2008 PT CRUISER, 2 to choose\$9,995
2008 CHEVY COBALT, 2-door, 2 to choose \$189/mo.
09 CHEVY AVEO LT, Clean\$9,995
2002 PONTIAC GRAND PRIX GT\$5,995
Not responsible for typographical errors. Tax, title, and preparation not included.

A2 · FRIDAY, AUGUST 6, 2010

THE FLOYD COUNTY TIMES

Regional Obituaries

FLOYD COUNTY

Opal Marie Boyd, 85, of Martin, died July 21, at home. Funeral services were held Sunday, July 25, under the direction of Nelson-Frazier Funeral Home.

Cora Watson Craft, 66, of Wayland, died Saturday, July 24, at the Highlands Regional Medical Center. Funeral services were held Wednesday, July 28, under the direction of Nelson-Frazier Funeral Home.

Ralph Hamilton, 61, of Teaberry, died Friday, July 23, at the Pikeville Medical Center. Funeral services were held Monday, July 26, under the direction of Nelson-Frazier Funeral Home.

Paul Dean Little, 64, of Melvin, died July 25, at the McDowell ARH. Funeral services were held Wednesday, July 28, under of Columbus, Ohio, died the direction of Nelson-Frazier Funeral Home.

Roxie Mae Crum, 83, of Martin, died July 30, at her residence. Funeral services were held Monday, held Saturday, July 31, August 2, under the direc- under the direction of tion of Nelson-Frazier Funeral Home.

Flora Dillon, 92, of Prestonsburg, died Sunday, Health Care. Funeral services were held Wednesday, Funeral services were held August 4, under the direc- July 24, under the direction tion of Nelson-Frazier of Nelson-Frazier Funeral Funeral Home.

Lenville Fitch, 59, of

Delaware, Ohio, formerly of 87, died Friday, July 30. were hewld August 1. held Saturday, July 24, at 1 Martin, died Thursday, July Funeral services were held Funeral services were held p.m., under the direction of 29, at St. Ann's Hospital in Sunday, August 1, under the Westerville, Ohio. Funeral services were held Tuesday, August 3, under the direction of Nelson-Frazier Funeral Home.

James "Jimmy" Fulks Jr., 88, of Prestonsburg, died Saturday, July 31, at his residence. Funeral services were held Tuesday, August 3, under the direction of Hall Funeral Home.

Jeanette Josephine Lafferty, 89, of Prestonsburg, died Saturday, July 31, at her residence.

Paul Dean Little, 64, of Melvin, died July 25, at the McDowell ARH. Funeral services held were Wednesday, July 28, under the direction of Nelson-Frazier Funeral Home.

Linda Sue Mullins, 58, Tuesday, July 27, at the Grant Hospital in Columbus, Ohio. She is survived by her husband, Randell Mullins Sr. Funeral services were Nelson-Frazier Funeral Home.

Ronnie Newsome, 58, of Martin, died Tuesday, held Friday, July 9, under August 1, at the Riverview July 20, at Highlands the direction of Paintsville Regional Medical Center. Home.

MEDICINE IN THE MOUNTAINS

over night sweats

Don't lose sleep

direction of Hall Funeral Home.

Annie Adams Tackett, 46, of Beaver, died Friday, died July 30, at the Pikeville Funeral services were held Monday, August 2, under the Funeral Home.

"Vanie" Novania her residence. She is sur- Pikeville Medical Center. vived by her husband, Rick Funeral services were held Wright. Funeral services Friday, July 30, under the were held August 4, under the direction of Nelson-Frazier Funeral Home.

JOHNSON COUNTY

Key, died Friday, July 30, at her residence. She is surof Jones-Preston tion Funeral Home.

"Louise Lemaster, 83, of Ashland, formerly of Flat Gap, died Wednesday, July 7. Funeral services were Funeral Home.

PIKE COUNTY

George Allen Patton, Pikeville. Funeral services

August 1, under the direc- Nelson-Frazier tion of Thacker Funeral Home. Home.

Joe Michael Slone, 57. July 30, at her residence. Medical Center. Funeral services were held Monday, August 2, under the direcdirection of Nelson-Frazier tion of Thacker Funeral Home.

Rebecca Burnette Wright, 52, of Floyd County, Hamilton, 49, of Pekin, died Sunday, August 1, at Illinois, died July 27, at the Wednesday, direction of Thacker Funeral Couge" Cline, 71, of Inez, Home.

Glen Marrs, 61, of Pikeville, died Tuesday, July 27, at the Jewish Hospital in Louisville. Funeral services Mable Garnett Hicks were held July 30, under the Montgomery, 82, of Tutor direction of Thacker Funeral Home.

James Donald Slone, vived by her husband, Ollie 42, died Tuesday, July 27. Montgomery Jr. Funeral Funeral services were held services were held Monday, Sunday, August 1, under the August 2, under the direc- direction of Thacker Funeral held Friday, July 30, under Home

KNOTT COUNTY

Ester F. Owens, 92, died Friday, July 23, at the Parkview Noble Hospital in Kendallville. Funeral services were held Sunday, July Yeager Funeral Home.

Steven Slone, 61, of Funeral Home. Belle Kendrick Isbell, Garner, died July 20, at the 76, died at her residence at McDowell ARH. Funeral Pilgrim died Friday, July 30, services were held Friday, at Three Rivers Medical July 23, under the direction Center, in Louisa. Funeral of Nelson-Frazier Funeral services were held Monday, Home

> Billie Marie Trimble, 85, of Winchester, a Knott Funeral Home. County native, died Saturday, July 17. Funeral services were held Funeral Home.

Wallen, 39, of Mousie, died of Richmond-Callaham Wednesday, July 21, at Funeral Home. home. Funeral services were

Funeral

MAGOFFIN COUNTY

 Kathy Joann Manns, 38, of Salyersville, died Wednesday, July 21, at the Paul B. Hall Regional Center in Paintsville. Funeral services were held Sunday, July 25, under the direction of Magoffin County Funeral Home.

MARTIN COUNTY

William Roger "Billy died Thursday, July 29, at **Highlands Regional Medical** Center. He is survived by his wife, Eugina "Lassie" Preece Cline. Funeral services were held Sunday, August 1, under the direction of Richmond-Callaham Funeral Home.

James Lee Hall, 78, died Tuesday, July 27, at his the direction of Phelps and Son Funeral Home.

Una Maynard, 98, of Martin County, died Wednesday, July 28, at Martin County Health Care Facility. Funeral services were conducted Saturday, 25, under the direction of July 31, under the direction Richmond-Callaham of

Minnie Moore, 74, of two August 2, under the direction of Richmond-Callaham

Donald Ray Sluss, 71, of New Plymouth, Ohio, died Sunday, July 25, at Wednesday, July 21, under Hocking Valley Hospital, in the direction of Paintsville Logan, Ohio. Funeral services were held Thursday, Tina Alice Murrell July 29, under the direction

Obituaries

Jeanelle Irene Spurlock

Jeanelle Irene Spurlock, 79, of Printer, died August 3, 2010, at her residence.

Born August 10, 1930, in Grundy, Virginia, she was the daughter of the late Roland and Laura Dotson. She was a homemaker and was baptized into the Pentecostal faith.

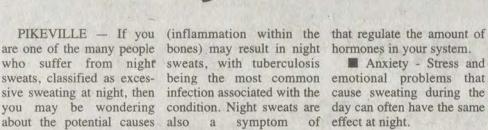
Survivors include six sons: Roland Carver of Ft. Pierce, Florida, Willie Carver of Printer, Tommy Carver of Phoenix, Arizona, Randy Carver of Ivel, Billy Carver of Barnwell, South Carolina and Donald Carver of Masilin, Ohio; four daughters: Laura Kleim, Bonnie Colbertson and Crystal Brownfield, all of Canton, Ohio and Judy McDonald of Martin;' four brothers: Donald Dotson, David Ward, Stevie Ward home. Funeral services were and Jesse Dotson, all of Canton, Ohio; one sister, Mary Ellen Conners of Canton, Ohio; 26 grandchildren, 40 great-grandchildren and three great-grandchildren.

> In addition to her parents, she was preceded in death by one son, Jerry Carver; two brothers: Randall Dotson and Harold Dotson: sisters: Gertrude Fletcher and Betty Ward; two grandchildren and five great-grandchildren.

> Funeral services will be held Saturday, August 7, at 11 a.m., at the Nelson-Frazier Funeral Home, in Martin, with William Jarrell officiating.

Burial will be in the Jeff Hunter Cemetery, in Printer.

Visitation is after 6 p.m., Thursday, August 5, at the funeral home. (Paid obituary)



Anxiety - Stress and being the most common emotional problems that

Before visiting your doctor, try to eliminate the pracsleeping environment. "Make sure your bedroom is at a comfortable temperature for sleeping, remove extra Cancers - Night sweats blankets from your bed, and refrain from exercising or eating spicy foods late in the evening," advises Betz. "If your night sweats persist, then make an appointment with your family physician."



and if you should be con- HIV/AIDS. cerned. While night sweats are very common and are Idiopathic hyperhidrosis is a tical causes of night sweats many times due simply to a medical condition in which from your daily routine and sleeping environment that is the body chronically protoo warm, they may also be symptoms of underlying out any identifiable environmedical conditions.

"True night sweats are defined as severe hot flashes are often early indicators of occurring at night that can some cancers. However, a drench sleepwear and sheets," explains William cancer typically experiences Betz, FACOFP, senior associate as unexplained weight loss dean for osteopathic medical education at Pikeville School of College Osteopathic Medicine. Practical reasons for why someone may be experiencing night sweats include:

drinks before bedtime Hot weather or an

over-heated bedroom

blankets or bedclothes Exercising before bed-

time

If your night sweats occur on a regular basis, interrupt your sleep, or are accompanied by a fever or other symptoms, such as unexplained weight loss, then you should schedule an appointment with your physician. "Your doctor will take a look at your detailed medical history and may order tests, such as blood counts and virus and thyroid tests among others, to determine if you have any underlying medical conditions that could be responsible for the night sweats," explains Betz.

According to Betz, the following medical conditions are common causes of night sweats.

Menopause - Known as "hot flashes" during the day, night sweats are very common for women going through menopause and are often the first sign.

Infections - Bacterial infections like endocarditis (inflammation of the heart valves) and osteomyelitis

Chronic Sweating duces too much sweat withmental or medical cause.

person with an undiagnosed D.O., M.B.A., additional symptoms, such and fever.

hypoglycemia, or low blood sugar, can cause sweating, people who are taking medications to lower blood sugar, like insulin and oral cialty areas including sur-Spicy foods or hot anti-diabetics, may experience sweating at night.

Hormone disorders -Night sweats can be a result Excessive amounts of of problems in the hormoneproducing glands (endocrine system). If a person receives too much or too little of a hormone, such as serotonin, M.B.A., FACOFP, is the senit can result in flushing and ior associate dean for osteosweating. Night sweats may also be a side effect of hor- the Pikeville College School mone therapy medications of Osteopathic Medicine.

Preventive medicine is Hypoglycemia - Since just one aspect of care osteopathic physicians (D.O.s) provide. D.O.s are fullylicensed to prescribe medicine and practice in all spegery. D.O.s are trained to consider the health of the whole person and use their hands to help diagnose and treat their patients.

000

William Betz D.O., pathic medical education at

Champion Supports & Services Inc. 3409 North Mayo Trail, Pikeville, KY	
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606-432-8666 Certified provider of SCL (Supports for Community Living)	
Drestanchurg	
Prestonsburg Walmart	
Prestonsburg Village Shopping Center Prestonsburg, Ky 41653 886-6681	

5

STRAND

PRESTONSBURG, KENTUCKY 606-886-2696

For the Record

Marriage Licenses

Courtney Slone, 20, of Leburn, to Billy J. Slone, 22, of Leburn.

Brooke Morgan Thornsbury, 22, of Grethel, to Chase Jay Newsome, 24, of Grethel.

Belinda Gail Howard, 24, of Martin, to Jason Timothy Click, 27, of Martin.

Crystal Lynn York, 26, of Prestonsburg, to Charles Waylon Amburgey, 28, of Prestonsburg.

Kathie Lynne Akers, 31, of Prestonsburg, to Jerry Michael Martin, 38, of Harold

Amanda Dawn Bentley, 34, of Banner, to Shawndon Ryan Collins, 34, of Banner.

Brittany Nichole Stacy, 18, of Prestonsburg, to Ernest Lee Diles, 21, of Prestonsburg.

Rhonda Jean Slone, 41, of Wayland, to Scotty DeWayne Mosley, 35, of Garner.

Civil Suits Filed

Renee Spaulding vs. Lonnie Watkins; complaint. Community Trust Bank vs. Brian Stumbo; complaint.

Lee Lafferty vs. Chris Brown; complaint.

Constance Slone vs. David Todd Slone; divorce. Citifinancial Inc. vs. Jerry Comstock; complaint. 21st Mortgage vs. Peter Hynes; complaint.

The Bank of New York -Mellon Trust Company vs. Vanessa Adkins; complaint. Crystal Hall vs. Michael

Dean Hall; divorce. Sheila Dudley vs. Earl S. Webb; petition for health-

care insurance. Woods vs. Donald Brenda L. Hall; petition for healthcare insurance.

Charges Filed

William Garrett Shultz, 19, Prestonsburg; cultivating marijuana.

William Thomas Wolfe, 31, Préstonsburg; cultivating marijuana.

William Thomas Wolfe, 31, Prestonsburg; seconddegree burglary, theft by unlawful taking.

Robert M. Thompson, 43, Louisa; theft by deception

Arnold Mosley III, 28, Auxier; first-degree wanton endangerment.

James Edward Greer, 45, Printer; criminal mischief, leaving the scene of an accident/ failure to render aid.

Michael Nathan Slone, 24, Wayland; criminal trespassing.

Kenneth Greer, 20, Martin; harassing communcations.

Inspections

DS Grocery, Teaberry, regular inspection. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of numerically scaled thermometers for checking cooking and hold temperature of potentially hazardous food, no hair restraints, food contact surfaces are not smooth and easily cleanable, cloths in use not stored in sanitizer solution, no handwashing sign that notifies food employes to wash their hands, individual disposable towels, a continuous towel system, and/or hand drying device not provided at lavatory or handsink, floors not maintained/constructed and or installed properly, cleaning and maintenance equipment. Score: Food: 89, Retail: 95.

Johnson's Grocery, Teaberry, regular inception. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of numerically scaled thermometers for checking cooking and hold temperature of potentially hazardous food, cleaning and maintenance equipment not properly stored, items that are unnecessary to the operation in or around the establishment. Score 96.

Senior Wayland Citizens, Wayland, regular inspection. Violations noted: individual disposable towels, a continuous towel system, and/or hand drying device not provided at lavatory or handsink, floors not maintained/constructed and or installed properly. Score: 97

Ye Olde Grill. Prestonsburg, regular inspection. ' Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of numerically scaled thermometers for checking cooking and hold temperature of potentially hazardous food, food not protected during storage, food not protected during preparation, toilet facilities are unclean, floors not maintained/constructed and or installed properly, cleaning and maintenance equipment not properly stored. Score: 91.

Senior Wheelwright Citizens, Wheelwright, regular inspection. Violations noted: no hair restraints, food contact surfaces and/or utensils are not durable, corrosion resistant or nonabsorbent, individual disposable towels, a continuous towel system and/or hand drying device provided at lavatory or handsink, floors not maintained/constructed and or installed properly, walls and/or ceiling are not designed, constructed and/or installed properly. Score: 93.

McDonald's, Martin, inspection. regular Violations noted: food not protected during storage. food not protected during service, equipment not maintained in good repair and proper adjustment, found heavy ice build up in walk-in freezer, cloths in us not stored in sanitizer solution, no handwashing sign that notifies food employees to wash their hands, floors not clean. Score: 93.

McDowell ARH, McDowell, regular inspection. No violations noted. Score: 100.

Property Transfers

Robert Ronald Allen to Rachel E. Allen, property located at Crestwood Subdivision.

Robert Ronald Allen to Kathy King Allen and Robert Ronald Allen, II, property located at Crestwood Subdivision.

Sarah Burchett Allen to Rachel E. Allen, property located at Crestwood Subdivision.

Don Arnett to Pilgrim Energy Inc., property not listed.

Janelle Arnett to Pilgrim Energy Inc., property not listed

Pat Arnett to Pilgrim Energy Inc., property not listed

Ron Arnett to Pilgrim Energy Inc., property not listed.

Doris Bates to Dianna M. Marcum and Robert L. Marcum, property located

at Wheelwright.

Ryan Brown to Simon Boyd, property not listed.

Herman Conn to Donald Ray Hunt and Thelma Joan Hunt, property not listed. Thelma Conn to Donald

Ray Hunt and Thelma Joan Hunt, property not listed. Christie Ann Dye to

Sheila M. Little, property located at Frasures Creek.

Stoney Dye to Sheila M. Little, property located at Frasures Creek

Liza Eads to Dewey Owens, property not listed. Fairy Mae Fogle to Bobby Caudill, property not listed.

Fletcher Gayheart, Jr. to Linda Bartrum and Walter Bartrum, property not listed.

Linda Sue Gayheart to Linda Bartrum and Walter Bartrum, property not listed.

James O. Gillispie to Donna G. Powers and Ricky J. Powers, property not listed.

Myra J. Gillispie to Donna G. Powers and Ricky J. Powers, property not listed.

Curtis Goble to Andela L. Bush and Clyde L. Bush, property located at Ferguson Addition.

Eleanor Goble to Andela L. Bush and Clyde L. Bush, located property at Ferguson Addition.

Becky Ratliff Hall to Trish Moore, property not listed

Melissa Hall to Shirley Husted, property not listed.

Tommy Hall to Shirley Husted, property not listed. Tony R. Hall to Trish

Moore, property not listed. Diana M. Hicks to Jimmy D. Smith, Jr. and Pamela A. Smith, property not listed.



TICKET PRICES: Adult-\$8.00 · Kids/Seniors-\$5.00 Matinee-\$4.00 3D TICKET PRICES: Adults-\$10.00 · Kids/Seniors-\$7.00 Matinee-\$6.00 8/6/10 - 8/12/10 Cinema 1—Held Over DESPICABLE ME 3D (PG). Mon.-Fri

4:20) 7:05-9:20; Sat.-Sun. (2:05-4:20) 7:05-9:20. Cinema 2-Held Over

CATS AND DOGS (PG). Mon.-Fri 4:25) 7:00-9:15; Sat.-Sun. (2:10-4:25) 7:00-9:15

<u>Cinema 3—Held Over</u> GROWN UPS (PG-13). Mon.-Fri. (4:25) 7:05-9:25; Sat.-Sun. (1:55-4:25) 7.05-9.25

<u>Cinema 4--Held Over</u> ECLIPSE (PG-13). Mon.-Fri. (4:10) 6:50-9:20; Sat.-Sun. (1:40-4:10) 6:50-9:20.

<u>Cinema 5—Held Over</u> SALT (PG-13). Mon.-Fri. (4:15) 6:55-9:20; Sat.-Sun. (1:50-4:15) 6:55-9:20.

<u>Cinema 6—Held Over</u> CHARLIE ST. CLOUD (PG-13). Mon.-Fri. (4:20) 7:00-9:20; Sat.-Sun. (2:00-4:20) 7:00-9:20.

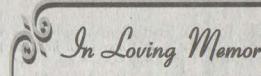
Cinema 7-Starts Friday, Aug. 6 STEP UP 3D (PG-13). Mon.-Fri. (4:30) :15-9:30; Sat.-Sun. (2:15-4:30) 7:15 9:20.

Cinema 8-Starts Friday, Aug. 6 THE OTHER GUYS (PG-13). Mon. Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:20.

<u>Cinema 9—Held Over</u> DINNER FOR SCHMUCKS (PG-13). Mon.-Fri. (4:30) 7:00-9:30; Sat.-Sun. (2:00-4:30) 7:00-9:30.

<u>Cinema 10—Held Over</u> INCEPTION (PG-13). Mon.-Fri. (4:40) 7:45; Sat.-Sun. (1:45-4:40) 7:45.

OPEN CAPTION FOR SORCERER'S APPRENTICE (PG) Tues. Matinee (8/10), at 4:10 p.m. and Wed. (8/11), at 6:50 p.m.



Marceline Freeman On your birthday

Payments arrive with direct An Loving Memory deposit matter what

by JENNIFER HOPKINS SERVICE REPRESENTATIVE SOCIAL SECURITY ADMINISTRATION

Did you know that these days, almost everyone gets their benefit payment by direct deposit? Whether you receive Social Security or Supplemental Security Income (SSI), you can depend on your payment arriving in your account on time, every time. If you deposit, there are good reasons to sign up. For one, less money and time spent driving to the bank to cash your check helps you save. Second, fewer paper checks, envelopes, and stamps, and away. less fuel to deliver the checks means less waste and pollution for the environment.

for some areas. Other areas bear the brunt of flooding. Plus, the payment probably Some areas of the nation are will show up in your bank

If you are unfortunate enough to be in the line of a natural disaster, the last thing you want is for your income to be interrupted because of an evacuation or a missing mailbox. With direct deposit, you know your payment will be in your account on time no matter what

When on vacation, direct don't already have direct deposit ensures payments will be deposited into your account on time, so there's no reason to worry about the safety of your benefit or to ask a neighbor to look out for your check when you are

As an added bonus, many banks offer free checking accounts for people who use direct deposit because it Hurricane season is here saves the bank the cost of processing paper payments. plagued by tornadoes, and account sooner than a paper

still others must deal with .check will appear in the 8525. The office is located wildfires, severe thunder- mailbox ... and there's no at 1897 Kentucky Route 321 storms, or even earthquakes. need to cash it. It's already in in the bank.

> save money, get your payment faster, and know you representatives available to can depend on your payment being in the bank no matter what. You can do all of this with direct deposit. Learn about it at more www.socialsecurity.gov/dep osit.

For more information about online services just call your local Social Security Office in Prestonsburg at (606) 886-

Prestonsburg KY. Représentatives are avail-Skip the line at the bank, able to answer questions.

And remember, we have presentations and give speeches about Social Security Programs. Contact the office for more information.



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606-886-9989 Floyd County 606-432-9983 Pike County Toll-Free: 877-782-6275

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A4 · FRIDAY, AUGUST 6, 2010

THE FLOYD COUNTY TIMES

Worth Repeating ...

"Life is a tragedy for those who feel, a comedy for those who think"

- Horace Walpole

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

lewpoint

Guest View-**Conway's** silence on issues alarming

Since the May 18 primary election, we've heard a lot from U.S. Senate candidate Dr. Rand Paul. He's opined on everything from the Civil Rights Act to the regulation of coal mining in Appalachia. But someone we've heard very little of is Paul's opponent, Democrat Attorney General Jack Conway.

In fact, we've heard so little from Jack Conway since May that Dr. Paul is beginning to bring up some interesting questions about Conway's positions that no one seems to know the answers for. Case in point came from a Paul campaign blast to our email account on Tuesday. The subject: "Where is Jack on EPA regulations." Honestly, that's a good question.

Right now, despite a huge undertaking from procoal interests and a lawsuit filed by the National Mining Association to have the EPA's latest regulation repealed, Conway remains mum on the subject. Mr. Conway may have three more months to articulate his position, but, if one believes the pro-coal rhetoric, for a region staring down the barrel of potentially major job losses his silence is disconcerting.

Does Conway support the EPA decision to enact stringent water conductivity standards that by and large coal companies will be unable to meet and therefore unable to continue to mine coal at its present rate? Or does Conway, like much of Eastern Kentucky, oppose these new standards? We couldn't tell you, but one thing we do know is that Dr. Paul, in true fashion, has been more than willing to share his opinion on the subject. He staunchly opposes these new standards.

It seems that Attorney General Conway has been

IDEA OF MERGING SENIOR CENTERS BEING MULLED



The Floyd County Times

Beyond the Beltway

Our grandchildren deserve better politicians

by DONALD KAUL OTHERWORDS

We live in grim times, which is why you have to take your laughs where you can get them.

For example, in Washington, where Republican congresspeople keep talking about their concern for their grandchildren as an excuse for voting against ... well, practically everything: economic stimulus packages, financial reform, immigration reform etc.

lunatic fringe talking; real people feel that way too. Amazing.

It's as though the crowd at a fire scene blamed the firefighters for destruction of the building.

Well, as H.L. Mencken once said, democracy means giving the people what they want-good and bad. And it begins to look as though that's exactly what we're going to get.

If I sound a little more dispirited than usual, it's because I am. I've generally supported this president. I've thought that he's a good man fighting the good fight against difficult odds and making a decent job of 11.

The Shirley Sherrod affair, however, gives me pause.

By now you know the story: a

running things. And that's just not the half, the woman was called to task and fired. No racism here, the administration seemed to be saying.

> Except nothing was as it seemed. The woman, far from being a racist, was a heroine of the civil rights movement and her speech, taken in the context intended, was an object lesson in the evils of discrimination no matter what the race involved.

The Obama administration, acting slower now, apologized and offered her another job, as the "Vast Right Wing Conspiracy" laughed out loud and congratulated itself on a job well done. It had been able, with little effort, to make Obama and his merry band of Harvard graduates look like a bunch of boobs.

The implications are ominous. The right and its media cohort have this administration on the run. So-called liberals have taken to looking under their beds at night and sleeping with the lights on.

well content with sitting back and continuing to hand Dr. Paul a rope with which to hang himself. But while Paul had had some early gaffes, that strategy is not a winning one, and eventually Mr. Conway must relay his position on not only that issue, but a bevy of others relating to central Appalachia.

Until that time comes, we can only speculate as to his position on a range of issues, because neither the candidate nor his campaign are bothering to say.

- The Hazard Herald



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PUBLISHER Joshua Byers jbyers@heartlandpublications.com

MANAGING EDITOR Ralph B. Davis web@floydcountytimes.com

ADVERTISING MANAGER Jamie VanHooose advertising@floydcountytimes.com

They say they don't want to hang a huge debt around the necks of their poor grandchildren, thereby robbing the tikes of a future. What a laugh.

In truth, your average Republican congressperson would feed his grandchildren to alligators if he thought it would get him enough campaign loot to put him over the top in the next election.

Thus we were presented with the delicious irony of Congress giving up on climate legislation-largely because of Republicans who say they don't believe in global warmingjust as the mercury in Washington topped 103 degrees. Oh, and by the way, it also hit 105 degrees in Moscow the other day. That may not be proof of global warming, but it's a hint.

good number of the A Republicans said they were thinking of their grandchildren when they voted. Apparently the kids like hot weather.

Then there's the cosmic coincidence of the BP melodrama in the Gulf reaching a pause, just as another huge oil spill plumed in China and experts monitored the million gallons of gasoline that poured into a creek and the Kalamazoo River from a ruptured pipeline as it traveled toward Lake Michigan. Gee, I thought they only happened every hundred years or so. Drill, baby, drill.

Modern Republican politicians have no interest in the future beyond the next election. With an occasional exception, they have been unanimous in opposing every Obama initiative in an effort to discredit him with the public.

And to the great shame of the American people, their strategy seems to be working. Recent polls show the public to be largely dissatisfied with the way President Obama is

two-bit right-wing blogger uncovers a clip of a black employee of the Ag Department confessing that she had not done her best for a client because he was white.

Racism! And on the part of a black person! In the Obama administration! The clip flashed around the Internet and soon made appearances on Fox News, thence to respectable venues.

The White House acted with almost equal speed. In a flash and a

Obama's people took the word of a right-wing pipsqueak of evil reputation rather than get the real story from one of their own.

That truly bodes ill for the future.

OtherWords columnist Donald Kaul lives in Ann Arbor, Michigan.



_etter Guidelines

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

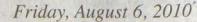
The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

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NASCAR · A6

eo replay to be expanded at Little League World Series

FLOYD COUNTY

TIMES STAFF REPORT

WILLIAMSPORT, Pa. -Video replays, used at the World Series in 2008 for the first time by any baseball organization, will be expanded at this year's Series, it was announced today. The 64th annual tournament for 11-12-year-olds is scheduled for Aug. 20-29, the culmination of more

than 16,000 games played tags on the base paths, seen even in the profession-video. Umpires at the Little always have, in their one worldwide to determine the missed bases, and hit bat-World Champion.

Replays in the previous Little League Baseball two years were limited only for the third year because all make, for a variety of rea- their way up the tournament Keener said. "So we let to those plays that should of the Little League sons. Using video replay, chain, sometimes over them know this is just anothhave resulted in a dead ball, Baseball World Series since we have the means to decades, before finally being er tool to help them do their but were called otherwise by the volunteer umpires who work the Little League Baseball World Series each President year. This year, video replay Executive Officer of Little video replay process as well, will be expanded to more League Baseball and as part of the Replay Team plays, such as force-outs, Softball, said. "As we have that reviews the replays on do a terrific job as it is, and

ters

games are televised on ABC or the ESPN family of networks," Stephen D. Keener, and Chief

get the call right, is the right thing to do."

Volunteer umpires, however, are involved in the

al ranks, certain calls in League Baseball World and only opportunity to baseball are among the most Series are volunteers in local umpire in the world's great-"We are able to do this difficult for officials to leagues who have worked est youth sporting event," invited to officiate in job. This retains not only the Williamsport. Each pays his human element in the or her own way to the Little process, but the volunteer League Baseball World element." Series.

"Our volunteer umpires

(See **REPLAY**, page six)

Cleaning out the notebook. by RICK BENTLEY TIMES COLUMNIST

Notes to ring in the new month:

- The calendar on the wall flipped over again, bringing on August and all that comes with it.

The eighth is a very busy month for those of us who make work out of play. Football, volleyball, soccer, golf and Cross Country athletes kick it into practice mode. Before long, the seasons will begin and we'll be chest deep in work, work, work

And that's not a bad thing. I enjoy summer with its lazy days and relaxed workload, but we're really just charging the batteries. Now is the time to kick it into gear a little.

I enjoy fall sports very much, but like spring activities, they play havoc with the wardrobes. At the Pike County Bowl we'll be wearing shorts and the coolest shirts we have; when the regular-season turns into playoffs, flannel shirts, heavy coats and gloves will be the norm.

But bring it on, say I. Let's get it started and see how the seasons play out. In



HARNESS RACING - Below: James Stiltner, joined by family and friends, was honored as Thunder Ridge as the training (19 wins) and driving champion (39 wins). Above: Stiltner is pictured in the wiri circle with family (left), winning horse Eden Runner and on right State Rep candidate Bill Mike Runyon and KHHA Board Member Eddie Blair (right).



Fall soccer registration scheduled TIMES STAFF REPORT

PRESTONSBURG The Floyd County Youth Soccer Association will conduct registration for the Fall 2010 season on Saturday, Aug. 7 and Saturday, Aug. 14 at the McDonald's located in the Prestonsburg Village Shopping Center. Volunteers will be at McDonald's to accept registrations between the hours of 11 a.m. and 21 p.m. The registration fee. remains \$40 per child.

All children at least four (4) years of age, but less than nineteen (19) years of age on August 1, 2010, are eligible to participate in recreational soccer. Players in the Under6 and Under8 divisions play against other Floyd County teams only. Teams in the Under10 division and older also play teams from sur-' rounding counties.

P'burg track and field athletes earn academic honors by STEVE LeMASTER SPORTS EDITOR

PRESTONSBURG - The Prestonsburg High School track and field program excelled throughout the 2010 season. Prestonsburg's success was also evident in the classroom. Several PHS track and field competitors earned Academic All-State recognition. Alessandra Lamolinara was a 2010 Class AA Academic All-State honoree for the Prestonsburg High School track and field, program. Catherine Tincher, Joseph Jamerson, Cameron Tincher and Austin McKinney were 2010 Class AA Academic All-State Honorable Mention selections. Multiple Prestonsburg High School track and field competitors competed in the 2010 KHSAA (Kentucky High School Association) Class 2A State Track and Field Championships. Prestonsburg thrived during one of the most successful seasons in school history.

the words of my man Barney Fife, "Sheriff, sheriff, it's time, it's time."

- I was thinking about this today: Consider the plight of the senior members of the 2010 Pikeville High football team. When they were freshmen, they thought played for Mike Jackson. As sophomores, it was Mike Copley. Last year, they laced them up under the guidance of Ben Howard.

This fall, Chris McNamee is their leader.

That's a remarkable career right there. And to top it all off, they still haven't had a losing season.

- My favorite thing about this week's installment of the Brett Favre saga: My friend Danielle Harvel broke down the Favre retirements on Tuesday on her Facebook page. She rates the 2008 departure as the best, with them getting progressively worse.

I'm not sure how tonguein-cheek she meant it, but I found it hilarious. To think. that someone has retired so many times people are counting them down Casey Kasem style is priceless.

(See NOTEBOOK, page six)

Tickets for Tutors program returns at MSU

TIMES STAFF REPORT

Morehead State University working with student ath-Athletic Department is letes that are participating professors or retired high Study school teachers who would dent-athletes.

would be asked to volunteer a weekly basis, while others MOREHEAD - The at least five hours a week will only need to meet student athletes will need to interested please contact

Those who are interested meet with a tutor/mentor on every other week.

Those people who vollooking for current/retired in the Athletic Academic unteer and are selected will Hall/Tutoring receive two general admis-Program. Each tutor/mentor sion passes valid for all like to volunteer as will be assigned student 2010-11 regular season tutors/mentors to MSU stu-· athletes to work with. Some sporting events. If you are

either Valerie Ousley at 606/783-5213 or via email at v.ousley@moreheadstate.edu or Richard Fletcher at 606/ 783-5136 via email or at r.fletcher@moreheadstate.e du. This is an opportunity for you to get involved and make a difference in the life of a student athlete.

NASCAR Sprint Cup 2010 Driver Standings 1. Kevin Harvick, 3,080. 2. Jeff Gordon, 2,891. 3. Denny Hamlin, 2,820. 4. Jimmie Johnson, 2,803. 5. Jeff Burton, 2,757. . Kyle Busch, 2,724. Kurt Busch; 2,722. 8. Tony Stewart, 2,719. 9. Matt Kenseth, 2,682. 10. Carl Edwards, 2,666. 11. Greg Biffle, 2,652. 12. Clint Bowyer, 2,564. 13. Mark Martin, 2,530. 14. Dale Earnhardt Jr., 2,435 15. Ryan Newman, 2,426. 16. Kasey Kahne, 2,396. 17. Jamie McMurray, 2,392. 18. David Reutimann, 2,381. 19. Joey Logano, 2,329. 20. Martin Truex Jr., 2,283.

UK Football single-game tickets on sale TIMES STAFF REPORT

LEXINGTON - Singlegame tickets for the 2010 University of Kentucky football home schedule went on sale Wednesday morning.

Tickets for UK's Southeastern Conference (SEC) opponents cost \$46 each. Tickets for non-conference games are \$41 apiece.

Tickets may be purchased online, via phone or in-person at the Joe Craft Center Ticket Office (UKathletics.com, 800-928-2287) or at TicketMaster locations (TicketMaster.com, 800-745-3000) in Kentucky.

UK's home schedule features three foes that have been ranked in at least one preseason top-25 poll - Auburn, South Carolina and Georgia - along with non-conference games vs. WKU, Akron and Charleston Southern, plus the home finale Senior Day game vs. Vanderbilt.



photos by DT52Photos Brandon Kinzer, an experienced Late Model driver from Allen, captured his first feature win of the 2010 season late last week in Alabama. Kinzer also posted a top 10 finish over the weekend. The Floyd County racer is scheduled to compete at 201 Speedway Saturday.

MORE IMAGES FROM **BRANDON KINZER IN** RACING ACTION LAST WEEKEND APPEAR ON PAGE A6.

A6 · FRIDAY, AUGUST 6, 2010

NASCAR: Thank Smith for Sparta Cup race

by JAKE JENNINGS MESSENGER-INQUIRER (MCT)

the verge of landing a spot on the NASCAR Sprint Cup schedule, thanks to Bruton Smith, and getting there has been a long journey stretch- Motorsports Inc. takes a date ing back over 12 years.

developer and former horse track owner Jerry Carroll decided to carve a new 1.5mile speedway out of the northern Kentucky hills between Louisville and Cincinnati.

what it would be like dealing with NASCAR.

timing, left stock car fans around here wondering if the Cup cars would ever come so close.

It looks like they will. An at official announcement, the Speedway, a NASCARdetails of which haven't been confirmed, is scheduled for Aug. 10 at the Sparta facility.

If Carroll and his original group of investors still owned the place, fans would built it,' " Carroll said then. still be waiting.

took over the facility that and a Camping World Truck it happen. bringing a Cup date to Series event.

Kentucky began to seriously be considered.

NASCAR no longer takes dates from tracks and redis-Kentucky Speedway is on tributes them. Instead, the two companies that own the majority of the tracks make those decisions.

So Smith's Speedway from New Hampshire and That's when real estate asks NASCAR to give it to Kentucky. It also asks that one of its Atlanta dates go for a second race at Las Vegas.

International Speedway Corp. likewise was expected to ask NASCAR to move on of its California dates so But he didn't anticipate Kansas Speedway could have a second race.

Carroll made sure to That, and a dose of bad make NASCAR aware of his newer facilities. plans to build a track in Kentucky.

> He went as far as buying out Andy Vertrees' operation Louisville Motor sanctioned track, in a \$5 million deal and bring him on board as part of the new track's management staff way back in 1998.

NASCAR granted It was only until Smith Kentucky a Nationwide race

Those races, along with its Indy Racing League and Automobile Club of America dates, were successes despite some weather and traffic headaches the first time out.

But packing 70,000 into the stands for a lower-tier race wasn't enough to sway NASCAR officials to grant Kentucky a Cup date.

The late 1990s and early 2000s where a heady time for NASCAR which was expanding coast to coast.

It was also a time for consolidation as SMI and ISC bought and built tracks.

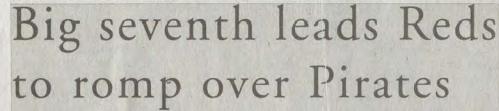
Some of the purchases were made with the sole intent of closing them down and moving those dates to

Kentucky was just another track in the South in the eyes of NASCAR. It was too close to Indianapolis, and too close to others tracks in Virginia and Tennessee that already hosted Cup dates.

But times have changed and NASCAR's popularity isn't what it once was.

Suddenly, a Cup race at "They never said 'don't Kentucky seems like a good idea

But it took a man named Bruton Smith to finally make



by ROB BIERTEMPFEL THE PITTSBURGH TRIBUNE-REVIEW (MCT)

After trading three veteran pieces of the bullpen five days ago, the Pirates could reap benefits over the next few seasons.

But, so far, the short-term effects aren't pretty.

The Cincinnati Reds ravaged three Pirates relievers Wednesday for six runs in the seventh inning, which turned a close game into a 9-4 rout.

"That six-run inning really broke our back," manager John Russell said. "We have to find a way to stop that and give ourselves a chance late. This happened to us (Saturday) in St. Louis, too - a relatively close game all of the sudden gets out of hand."

After yesterday's debacle, management reacted by claiming right-handers' Chan Ho Park and Chris Resop off waivers.

Resop will join the team in time for tonight's game against Colorado. To clear roster space, righty Steven Jackson (0-1, 11.57 ERA) was designated for assignment.

Steve Pearce was transferred to the 60-day disabled list, which opened a spot for Park on the 40-man roster. When Park arrives in Pittsburgh on Friday, the Pirates must make another move to free up a spot on their active roster.

"We've got to find guys who fit into those (middle-inning) roles," Russell said.

CILPATRICK



Replay

limited to the case of a batted ball that left the field of play at or near the outfield fence, or should have been ruled out of the field of play at or near the outfield fence. Some examples of these types of batted balls are a home run, a double by rule, a ball that goes under the home run fence, and fan interference at the home run fence. The system was used twice in 32 games, and in neither case was the call on the field reversed.

Last year, in addition, video replay was expanded to plays in which a thrown or batted ball was ruled in play or fair, but should have been ruled out of play, or foul. That system was again used only twice in 32 games, with neither call reversed.

Because the number of plays on which replay can be used will increase in 2010, team managers will now have the opportunity to call for a Video Replay Challenge. Last year, only the umpires could call for video replay to dence to reverse the call made be used.

fits the criteria, the umpire Chief. If there is not enough at the Little League World

In 2008, video replay was Replay Challenge, provided League Volunteer Stadium. the play meets the criteria for use of video replay. Each used, and after the Umpiremanager will be limited to in-Chief announces the decione unsuccessful Video Replay Challenge for the first six innings, and one unsuccessful challenge in extra innings.

Video replay can only be used at the end of the play in question, and before another pitch or play has occurred. If a manager's Video Replay Challenge is successful, he or she will retain the opportunity to make another challenge later.

A Video Replay Challenge is made by the manager who, after requesting and receiving time out, tells the Umpire-in-Chief and the Little League Timeout Coordinator (a Little League International official) that he or she wishes to use a Video Replay Challenge.

The Replay Team will review the play on video provided by up to 12 camera angles from ESPN. If the Replay Team believes there is clear and convincing evion the field, the decision will When a play occurs that be relayed to the Umpire-Inphotos by DT52Photos

DIRT TRACK 2010: Longtime Late Model driver Brandon Kinzer is now in the second half of his latest race season. He spent last weekend competing in a pair of races at Alabama tracks.

Brandon Visit Kinzer Motorsports online at www.brandonkinzer.com.

n Continued from p5

When video replay is sion by the Replay Team, it will be relayed to fans in the stadium by the Public Address Announcer.

'On these types of plays, while the umpires are conferring, our Replay Team should have ample time to review all the angles available," Keener said. "If the decision on the field is to refer the call to the Replay Team, we expect that the decision should be available without any significant delays. It is beneficial to have two years of experience with video replays at the World Series."

Should the schedule of games require adjustment because of weather delays, and if a game is not televised, video replay will not be used for that game.

Innovations at the Little League Baseball World Series, which usually boasts a total attendance of more than 300,000 over 10 days, have become common.

In the 1980s, ABC first introduced the "umpire cam"

In separate trades Saturday, the Pirates gave up Octavio Dotel, D.J. Carrasco and Javier Lopez - who combined had more than 18 years' experience. That night, the new-look bullpen gave up eight runs in three innings in a 11-1 loss against the St. Louis Cardinals.

Yesterday, the Pirates trailed, 3-1, going into the seventh, then the Reds batted around against Sean Gallagher, Wil Ledezma and Jackson. The Pirates got three late runs - Jeff Clement clubbed a towering, two-run pinch homer in the seventh and Pedro Alvarez added a solo shot in the ninth - but by then the game was out of reach.

On nights when the Pirates have a lead, the final two innings don't figure to be a problem. Joel Hanrahan has moved into the closer's spot and Evan Meek is in the eighth-inning setup role.

"We're going to have to piece together the sixth and seventh," Russell said. "The seventh can be a tough inning because usually you're (facing) the meat of the lineup and it's their third or fourth time around."

The bullpen mix that was so effective earlier this season came together over six weeks of spring training. Time is not a luxury the Pirates have right now.

"I hope it doesn't take too long," Hanrahan said. "You'd hope by the end of this homestand (on Sunday), we get things figured out a little bit. There's a lot of guys who'll be pitching in roles they're not used to. We're going to need everybody to step up.'

Park, 37, went 2-1 with a 5.60 ERA in 29 outings this season with the New York Yankees. His best year was 2000, when he went 18-10 with a 3.27 ERA for the Los Angeles Dodgers.

Last year, Park pitched in 45 games (seven starts) for the Philadelphia Phillies. He went 3-3 with a 4.43 ERA and struck out 73 strikeouts 831/3 innings.

"Park's stuff (this year) has been the same as we saw when he was successful in 2009," general manager Neal Huntington said. "Aside from ERA, which is not a good indicator for relievers, his numbers have been sound."

Resop, 27, went on the disabled list June 16 with a strained oblique, then made four rehab starts with Triple-A Gwinnett. He pitched in one game this year for the Braves after playing in Japan in 2008-09.

NWA Fanfest opens in Charlotte

by KATIE OLIVER THE CHARLOTTE **OBSERVER** (MCT)

Long became the center of NASCAR, it was home to a different breed of sport: pro- Jim "J.R." Ross. fessional wrestling.

reign of Ric Flair's elite "Four Horsemen" wrestling professional tors this year. world of wrestling.

wrestling business was on its getting out of character and in first real wave at that time," "Four former said

1980s.

This weekend, the NWA Wrestling Legends Fanfest at Hilton the University Place is taking CHARLOTTE, NC - Charlotte back to those glory before Charlotte days, starting with a free barbecue with the voice of WWE's Monday Night Raw,

From the first televised Price said the convention, decided to try to round these matches in the 1960s to the which runs through Sunday, promises to be a "wrestling fan's heaven" complete with team through the late-1980s, chances to meet more than a Charlotte served as the Mid- hundred of the sport's most Atlantic center stage for the legendary athletes. Price bone-breaking, over-the-top expects more than 1,000 visi-

Blanchard, now 64, said "It was a blast. The for him the weekend is about touch with fans.

Horsemen" team member after the fact, it is neat to hear Tully Blanchard, referring to the impact of what you did wrestling's peak in the late that touched people, that

people," entertained Blanchard said.

Tom "Tommy Angel" Charlotte Barrett, who wrestled in the 1980s, said the event got its start when promoters started asking legendary wrestlers to make appearances at contemporary matches.

"The response was Event organizer Greg tremendous," he said. "They guys up in one place."

> Price said the event's popularity has grown steadily since its start in 2004. He said he's seen fans from 44 states and four foreign countries, including Japan.

Blanchard said it makes sense for Charlotte to be the center of a wrestling convention

Charlotte was always the "Twenty-five or 20 years hotbed of the Mid-Atlantic area," he said.

who originally made the call may request a conference of sion, or if evidence shows the the other umpires. If the correct call was made, the umpires cannot agree on the correct call, the call will be referred to a "Replay Team" composed of a Little League International Tournament Committee member (the Game Operations Replay Official) and a volunteer Little League Baseball World rule Series Umpire.

Notebook

- Don't look now, but as will receive their very own for those hit by the flood. they begin a series with the Reds Garden Gnome. dreaded Cubbies in Marty Brennaman's favorite town, there. the Reds are still atop the NL Central.

Cincinnati had every chance in the world to sweep Pittsburgh this week, but one disaster of an inning cost Mike Leake on Tuesday and kept the Cards within striking distance. Considering they played the first two without MVP candidate Joey Votto I'd say they faired pretty well.

They need to continue coach of the junior high bastheir trend of winning two of three this weekend, which would guarantee them of Pike County' three weeks being atop the standings ago tomorrow, Misty - a when the dreaded Cards roll teacher by trade - immediinto town next week. ately thought of school sup-

- Speaking of Cincinnati, you've got to hand it to them. They're trying everything in the world to get folks to come out and watch this team play. My favorite bazaar promotion is coming up next Saturday when the Reds play the Marlins on "Garden Gnome Night."

That's right, thanks to the folks at Chiquita, the first 20,000 through the turnstiles book bags and flash drives

.

evidence to reverse the deciplay will stand as called on the field.

will not extend the use of video replay to calls of ball/strike, catch/no catch of a Tournament in baseball and fly ball, or any other call that softball will be televised does not fit the criteria of the

But if the umpires do not ed in an office at Howard J. Series Video Replay Rule can confer, or decide after confer- Lamade Stadium, where most be found here: http://www.litring that the play should not of the games are played. The tleleague.org/Assets/forms_p be reviewed on video, the same office will be used for ubs/media/VideoReplay2010 manager may use a Video games originating at Little WS.pdf

- In case you missed it,

Colorado ace Ubaldo

Jimenez fanned nine in 7

innings Wednesday to beat

Jimenez to 17-2 on the sea-

Misty was a junior at

Pikeville College when I

started there and now is the

When the flood struck

plies and how those children

would need them and the

parents would need to spend

around worrying about it,

Misty sprang into action.

She and her team held a

week, collecting everything

from paper and pencils to

So instead of sitting

money elsewhere.

ketball team at Pikeville.

- And finally ...

San Francisco 6-1.

son.

Series. Starting in 2002, all games of the Little League Baseball World Series have been televised by the ESPN family of networks nationally Little League International and internationally. This year, up to 65 games of the Little League International nationally.

The full text of the Little The Replay Team is locat- League Baseball World

n Continued from p5

Yesterday, those supplies That's pretty special right begin being distributed to the children who need them.

I've always liked Misty, from when she was a talented high school player through her time as an assistant coach at the college to The win improved now

But I've never been more proud of her than I was this week. I'm sure she'd deflect I want to tip my cap to all the praise to her players, my friend Misty Prater. and they're deserving too. Don't misunderstand me by thinking I'm discounting their role in this.

They needed a leader, though, and boy do they ever have one.

Well done, Misty. Well played indeed.

2010 NASCAR Sprint Cup

Last week's race:

Aug. 1 - Sunoco Red Cross Pennsylvania 500 (Greg Biffle)

school supply drive this Next race:

Aug. 8 - Heluva Goodl Sour Cream Dips at The Glen, Watkins Glen, N.Y.

Centers

eral funds, much of that coal happen, Marshall and the around \$10,000 about every severance tax funds allotted fiscal court set aside roughly for such support.

advisory board through the of a solution. Big Sandy Area have to close their doors," said Marshall.

\$210,000 and handed out "Two years ago I was equal amounts to all seven told by the state aging and centers while trying to think and that solution, for

On average, annual budg-Development District that ets for the centers are roughthese four centers would ly \$50,000. The four centers Not willing to see this random amounts totaling totaled

three months from the fiscal court, Marshall said.

A solution was needed Pike County as a part of a model for bringing the seven

\$400,000 in the last round of decisions for the group as a Title 3 funding. This, he whole." says, will call for the creation of an executive board.

Marshall, was to look to model our structure on Pike County, which has a board approximately said. "This board will make formed board would be in doesn't happen."

Marshall said that each of

Continued from p1 place.

"It's a way of life for our seniors," continued the directors of the seven. Marshall. "They get up "I am proposing that we centers would remain in looking forward to the day, place and perform duties as they enjoy the fellowship, they have done in the past, the trips. It's just a way of made up of a representative with the only executive life, and if these people are centers together and having from each center, two citi- change being that rather to be cast out and the doors that have been without state the funds distributed among zens not with the centers and than each center having a closed, I will do everything. help have been operating on them all, money which a chairperson," Marshall board of its own, the newly in my power to see that

Escape

dence, located some 400 back to say the least, miles from Floyd County in Koscuisko County, Ind., and was actually consistent with notified police there of the the details surrounding information.

On the first visit to the returned to the same home.

house when he came back," Blackburn said. "Now we're just waiting to get him back here to Floyd County."

back in Prestonsburg and is return, but after he fled from once again in custody, Blackburn said escape charges would be waiting for him.

deputy jailers at the Floyd were concerned as to what County Detention Center on might happen to Sammons if July 23 of experiencing captured, they offered no seizures and was taken to further help in locating him Highlands, where he then during the first attempt to fled on foot. Though a set- catch him at the home.

Continued from p1

Blackburn said his behavior Sammons' original arrest.

Sammons was first home, Sammons fled the arrested on two counts of scene and remained missing theft but saw additional until Tuesday night when he charges of fleeing and evading police and resisting "They got him at the arrest tacked on when he gave arresting officers problems during the encounter.

It was not clear if police in Indiana staked out the rel-When Sammons arrives ative's home and saw him the home earlier this week, K9 units were enlisted in seeking him out. Indiana authorities also said that Sammons complained to though the family members

Forum

Education and Workforce King. The panel will address Development Cabinet, the questions posed at the com-Kentucky Department of munity forum and discuss Education, the Prichard issues that emerge from Committee, the Kentucky local events. Chamber of Commerce and Kentucky Television (KET), Beshear the student center on the will host "TEK Talk," a community forum that will Sandy Community and take place at 10 locations Technical College. across the state.

cussions, KET will also Sandy Community and stream a live panel discus- Technical College by calling sion with Gov. Beshear, (606) 889-4899 or by email-First Lady Jane Beshear, ing jean.dorton@kctcs.edu.

In partnership with the Education President Bob

Continued from p1

The forum is scheduled Educational to convene at 6:30 p.m. in Prestonsburg campus of Big

For more information, Along with the local dis- contact Jean Dorton at Big Education Commissioner Information is also available

Flood victims get food help

Times Staff Report

PIKEVILLE - With the possibility of another flash flood that could have swept through Pike County missing the already soaked area, the work continues to help flood victims.

Those efforts have now been expanded to include. providing food to those who Supplemental lost most or everything in the flooding last month.

buying food.

Following a green light from the USDA Food Nutrition Service to start a disaster assistance program, flood victims are now collecting groceries, the first of many steps in a return to the basics of their previously uninterrupted lives.

The program, known as Nutrition Assistance' Program, or SNAP, provides food vouch-According to Pike ers to those signing up, with County officials, hundreds families who had been of displaced residents have receiving food stamps eligisigned on to receive help in ble and those who had not

could also qualify, organiz- College Gym today and then ers say.

signing up for the aid may Saturday.

been receiving such aid do so at the Pikeville again at the Eastern Those still interested in Kentucky Expo Center on





Those wanting to donate donate blood with a signed blood can call (800) 775-2522. or visit The Kentucky Blood http://www.kybloodcenter.o rg for more details.

PRESTONSBURG -Highlands Regional Medical tion dedicated to ensuring a Center will host a blood drive on Friday, Aug. 13, from 10 a.m. until 3 p.m. in the conference room at the ics. The Kentucky Blood hospital.

drive next week

Hospital site of blood

least 17-years-old, weigh at least 110 pounds, be in general good health and meet additional requirements. Sixteen-year-old donors can parental permission slip.

Center serves more than half of the counties in the state

and is a non-profit organizasafe, adequate blood supply for patients at nearly 70 Kentucky hospitals and clin-Center relies on volunteers Blood donors must be at to collect 400 units of blood per day, and distributed nearly 130,000 unites of blood and blood products. over the last year.

Terry Holliday and Council at http://tek.ky.gov. Post-secondary on

Rotary

break down complex skills ter and the treatment of chiland teach them in steps. We dren who have been diagteach every single skill that you can think of. We have made tremendous progress from the Prestonsburg chapwith our kids."

before-and-after video of an to the center in the amount autistic child that featured of \$3,000. the child having tantrums and the inability to follow simple instructions. After for Center for Autism for six months, the child was able to complete puzzles, follow instructions, identify his own name on a piece of paper, and a multitude of other tasks that he was completely unable to do prior to his time at the center.

One member of the Prestonsburg Rotary Club was moved to tears by the video, and several other members engaged Deskins in discussion about the cenContinued from p1

nosed with autism.

Along with the \$4,000 ter, the Paintsville Rotary Deskins showed a Club also made a donation

For more information about the Highlands Center Autism, visit attending the Highlands http://www.highlandsautism.org.





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Talk of The Town

is pleased to announce that Sean Miller is now certified as a hair color specialist.

Sean is the area's only certified hair color specialist.

To celebrate the great achievement, Talk of The Town is now offering **Acrylic Nail Sets for \$35.00** and receive a free spa manicure. (don't forget to ask about nail art)

Talk of The Town Hair & Nail Design **By Sean Miller and Associates** 2702 S. Lake Dr., Prestonsburg 886.3001

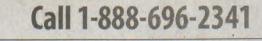


5

Now You Can Find Freedom From Debt!



Lower monthly payments 🗱 Reduce or eliminate interest rates 🕃 Pay off debt faster 🔀 Rebuild your credit rating With FREE confidential counseling and financial education



The Floyd County Emergency and Rescue Squad was organized on April 27, 1958, as a result of the tragic school bus disaster on February 28, 1958. Twenty-six children and the driver lost their lives.



4

On August 4, 5, and 6, from 3:00 p.m. to 10:00 p.m., on WDOC 1310 AM, and Q95 WQHY; and August 7, from 12:00 noon to 10:00 p.m., on WDOC 1310 AM, and Q95 WQHY, we will be conducting our

44th ANNUAL **RADIO AUCTION**

This is the Squad's primary means of funding

All personnel serve entirely as volunteer members. The squad does not receive a tax base. We rely heavily upon people like you, who realize the importance of a strong, well-equipped rescue squad.

The Floyd County Emergency and Rescue Squad would like to encourage everyone to listen in, and bid, and buy, on this 43rd Annual Radio Auction. We thank you for your support.

A8 · FRIDAY, AUGUST 6, 2010

THE FLOYD COUNTY TIMES

Floyd County student is part of new first-generation scholarship program at UK

LEXINGTON - When the class that entered in campus this month, she will cent of first-generation colher family to go to college. UK in their third year, coman option for me," said population. In a U.S. always wanted to go to UK dents ultimately earned a and to finally be there, on bachelor's degree, compared exciting."

Slone will join 19 other graduates. first-generation college students as a Suder Scholar in adversity, who do they turn UK's new First Scholars to? Friends and family," program. The program, Deffendall said. "But a firstgrant from the Texas-based don't have that knowledge. Suder Foundation, aims to They may not understand raise graduation rates among why the student has to spend students whose parents have so much time at the library, no education beyond high why they can't come home school. It provides each stu- - every weekend, why they dent with a partial scholar- can't come babysit their ship, peer mentoring, addi- brother. If the student has a tional academic support and campus involvement activi- than say, 'Go talk to your ties to help them stay in professor,' the parent might school According to First Scholars should just come on home." Program Director Matthew Deffendall, this extra sup- gram will pair each Suder port is exactly what first- Scholar with a peer mentor, generation students need.

research that has stuck with dent. Junior business major me is that if you remove all Samantha Farmer will serve other factors - socioeconom- as one of the mentors. She ic, gender, ethnicity - just recalls her own first days at the fact that a student is a UK when considering first-generation puts that advice she'll give to new stustudent at risk," Deffendall dents. said. "The research shows that first-generation students biggest challenges was lack the 'college student role' meeting people, stepping out - the knowledge of how to of my home space and going make it in the system. They are missing that skill set and Farmer. "I would tell them to support mechanism."

in five incoming UK fresh- mostly freshmen, so everymen, lag behind the general one is in the same boat. ation and retention rates. Of a friend, too."

Bridget Slone steps onto the 2006, the first year such data advise the Suder Scholars to University of Kentucky was collected at UK, 59 per- take good notes and ask their become the first person in lege students were still at your professor's office hours "Not attending college pared to more than 68 per- said. "A lot of people don't has just never seemed to be cent of the general student take advantage of that." Slone, an Allen Central High Department of Education Eric Suder envisioned when School graduate who plans study, only 24 percent of to study biology. "I've first-generation college stu- first-generation students for campus, is going to be so to 68 percent of students the kind of person I want to whose parents were college reach," he said. "If you have

launched with a \$1.1 million generation student's parents problem at school, rather and graduate. say, 'Well, maybe you

The First Scholar proan upperclassman who is "One of the things in my also a first-generation stu-

"Probably one of my to such a big school," said introduce themselves to First-generation college whoever they're sitting next students, who represent one to in class. The classes are college population in gradu- They're probably looking for

Farmer said she'll also professors questions. "Go to - that's what they're for," she

This extra support is what his foundation singled out the grant.

'First generation defines a parent who may not have "If a student runs into finished high school, you've had very little grooming, very little preparation. Just to have these students apply and be accepted is a huge step."

Scholars program to help first-generation students continue on that initial success. He would like to see Science, Technology, Engineering and Mathematics (AMSTEMM), Student Support Services, and the Center for Academic

(CARES)

Services

Suder wants the First demonstrated UK's commitment to student success and helped put UK at the top of the list.

"I am thrilled for the the program become a Suder Scholars," said UK national model. To get start- President Lee T. Todd Jr. "I, ed, the Suder Foundation too, was a first-generation took applications from 56 college student at the college and universities. UK University of Kentucky. My was one of only two schools UK experience expanded tion students at UK won't to receive the initial grant my horizons and provided this year. Existing programs me countless opportunities like Robinson Scholars, in the global economy. I am Appalachian and Minority excited that the Suder Scholars program will do gram will continue with new the same for a new genera-Majors tion of Kentucky students." For students like Slone,

the program provides the last piece of the puzzle - the be a lot of boulders behind Resources and Enrichment funding and support first- it." all generation students need to

alter their futures.

"For kids who think that they can't go to college, you can," she said. "College is possible for anyone and everyone. All you have to do is work hard, believe in yourself and don't let anyone tell you that you can't do it.'

Support for first-generastop here. Another class of 20 Suder Scholars will begin in fall 2011. Deffendall hopes the First Scholars prodonors and support well into the future. "This is the first rock we're going to throw, he said. "There are going to



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Mobile broadband not available in all areas. Coverage is not available in all areas. See coverage map at stores for details. Offer available on select phones. Limited-time offer. Other conditions & restrictions apply. See contract & rate plan brochure for details. Subscriber must live & have a mailing addr. within AT&T's owned wireless network coverage area. Up to \$36 activ, fee applies. Equipment price & avail may vary by mix & may not be available from independent retailers. Phone Return Policy/Early Termination Fee: None if cancelled in first 30 days; up to \$35 restocking fee may apply to equipment returns; thereafter \$150 or \$325 depending on device (check att.com/equipmentETF). Agents may impose addI lees. Subject to change, Unlimited voice services: Unitd voice svcs are to equipment returns, therearter 3150 of 3223 depending on oervice there account explanement in genus may anothe each rese subject to change, or number vote services online votes services on other carriers' networks provided solely for live dialog between two individuals. No additional discounts are available with unlimited plan. Offnet Usage: If your mins of use (including unitd svics) on other carriers' networks ("offnet usage") during any two consecutive months or your data use during any month exceed your offnet usage allowance, ATRI may at its option terminate your svic, deny your contid use of other carriers' coverage, or change your plan to one imposing usage charges for offnet usage. Your offnet usage allowance is equal to the lesser of 750 mins or 40% of the Anytime mins incl'd with your plan. (data offnet usage allowance is the lesser of 24 MB or 20% of the KB incl'd with your plan. **AT&T Promotion Cards**: PANTECH LINK prices before AT&T Promotion Card; with 2-year wireless service. agreement on voice & minimum \$20/mo messaging plan required per phone are \$39.99 and \$29.99 respectively. Pantech Ease prices before AT&T Promotion Card; with 2-year wireless service agreement on voice & minimum \$20/mo messaging plan required per phone are \$119.99 and \$49.99 respectively. Allow 60 days for fulfillment. Card may be used only in the U.S. & is valid for 120 days after issuance date but is not redeemable for cash & cannot be used for cash withdrawal at ATMs or automated gasoline pumps. Card request must be postmarked by 9/23/2010 & you must be a customer for 30 consecutive days to receive card. Sales Tax calculated based on price of unactivated equipment. ©2010 AT&T Intellectual Property. Service provided by AT&T Mobility. All rights reserved. AT&T, the AT&T logo and all other marks contained herein are trademarks of AT&T Intellectual Property and/or AT&T affiliated companies. All other marks contained herein are the property of their respective owners.

Friday, August 6, 2010

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MOVIES FROM THE BLACK LAGOON **'Attack of the** 50-Ft. Woman'

by TOM DOTY TIMES COLUMNIST

This year it became necessary to crawl out of the Lagoon and venture all the way to Brooklyn, N.Y., to see this week's feature with a pay-



audiing ence. Why journey all of that way? How could you not when the 50foot woman was being chosen as the opening

film for the

Coney

Tom Doty Times Columnist

Island Museum's annual "Sci-Fi Summer" film series.

The Coney Island Museum itself is worth the trip. The site houses all manner of "mermaid" memorabilia and features separate rooms for its dancing girls and freak show. The freaks actually rule the roost at the museum and operate the venue's "Freak Bar" as well as adding local color to the surroundings. All this and the films are only five bucks and include free popcorn. Going was a no-brainer.

Back to the 50-foot lady. The film opens with rapid pacing as we learn that a satellite has been spotted all over the globe and is due to pass over California next. Cut to Nancy Archer as she swerves to avoid a spaceship that has landed smack dab on the center of the two-lane she is navigating. If that's not bad enough a giant

(See LAGOON, page 3)

HIGH HONOR

FLOYD COUNTY

octu

"The BEST source for local and regional society news"

Rose recives National Rural Health award

by JARRID DEATON FEATURES WRITER

A Hi Hat native has received a prestigious award in Illinois for her achievements in rural health care.

Robin Rose, chief nursing officer at Gibson Area Hospital, was selected to receive the 2010 Louis Gorin Award for Outstanding Achievement in Rural Health Care. The award is presented by the National Rural Health Association, a non-profit membership organization with more than 20,000 members. The award is named after Louis Gorin, a federal employee who worked for 25 years to help design health initiatives in rural America.

"Like Louis, Robin has given more than 17 years of creativity and compassion in improving health care," said NRHA CEO

Alan Morgan. "She's truly found her calling serving rural residents in and around Gibson City. Staff and patients there are lucky to have her leadership."

According to Health Scope, the newsletter for Gibson Area Hospital, "Robin was selected based on her creativity, unselfishness, compassion and cooperative attitude in finding ways to make lasting contributions to rural health care. In addition, Robin contributed to rural health at state and national levels, including legislation and health programs.'

Rose is the daughter of Patti Rose and the granddaughter of Maggie Hall, of Hi Hat, and the daughter of Jim and Millie Rose, of Martin.

For more information on the hospital where Rose works, visit gibsonhospital.org.



Email: fctfeatures@floydcountytimes.com

B1

Robin Rose

Sunrise golf event draws local teams

Dozens of golfers braved the heat and humidity last week to tee-off for a good cause during the annual Sunrise Children's Services Golf Challenge for the Kids held at Stone Crest Golf Course in Prestonsburg.

Teams representing businesses and organizations from across eastern Kentucky not only enjoyed a day of golf on one of the most beautiful courses in the area, but raised money to help care for the abused and neglected children of the state.



This Town, That World

Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request.

You don't have to be a prophet to wail a jeremiad, these days.

FOR BETTER MILEAGE

Having launched this week's column with that gloomy statement, I continue to develop the theme that this country has gone a long way down the road. One of the most incontrovertible proofs of this is the fact that government a few months ago ordered, and most of us obeyed, a speed limit of 55 miles per hour to save gas but we now forget the whole matter, since fuel apparently is plentifulalthough it has been proved that the same speed limit does and will save lives.

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But we shouldn't brood overmuch. The sun still shines, and for the last week the atmosphere has cleared till the most distant hilltop is visible-even if we can't see ahead beyond the end of our noses.

PEACE-IT'S WONDERFUL

Some thought my account of that series of skirmishes with the hornets last week was a fiction. It wasn't. And the hornets are all gone. Know what did the trick? I should be paid for printing this-it was Raid's Hornet Killer.

(See ALLEN, page 2)

CAR TALK

Brake issue should be sorted out before move



Golfers from Paintsville, Prestonsburg, Pikeville, Hazard and other towns in the region competed on the 18-hole course before enjoying a post-round luncheon and awards ceremony. A team representing the Paintsville Wal-Mart recorded the low score of the day and earned first place honors.

"On behalf of the over 500 children in our care at Sunrise Children's Services, I want to thank all those who helped to make our third annual Golf Challenge for the Kids a success,' said Brian Shannon, Sunrise's advancement director for the Southern Region.

Shannon said the event raised over \$20,000 for Sunrise, which provides care for abused and neglected children across Kentucky through a network of foster homes, residential programs and counseling services. In the three vears since the golf event began, thanks," said Shannon.

Brian Shannon, Southern Region Advancement Director for Sunrise Children's Services, center. congratulates members of the Painstville Wal-Mart team, winners of the third annual Golf Challenge for the Kids, held recently at Prestonsburg's Stone Crest Golf Course. The event raised over \$20,000 to help Sunrise Children's Services care for abused and neglected children across the state.

it has raised a total of just over \$50,000.

by the Joint Commission. Sunrise Martin and Magoffin counties.

Sunrise Children's Services is has a strong presence in eastern a private provider of care to chil- Kentucky with foster care offices "There are many folks that dren and is licensed by the in Ivel, Hazard and Morehead and make this possible and to each of Kentucky Cabinet for Health and runs a Family Preservation them, we want to offer our sincere Family Services and accredited Program in Floyd, Pike, Johnson,

DINNER DIVA

Way back in the days before refrigeration, the number one way to preserve food was with the pickling process. All pickling is, is putting your food (usually veggies, but sometimes eggs or meat) in salt or vinegar, or both for a long time. These tandem ingredients stop the growth of bad bacteria that make food spoil.

If you've been lucky enough to end up with a bounty of cucumbers from either your own garden, a friend's or picked them up at the farmer's market, making your own



pickles is a tasty way to get your cucs dealt with before you burn out on too many cucumber salads. Making pickles is fun and easy. To get started, you'll need some simple canning supplies, some recipes, and of course, cucumbers!

Here's a list of supplies (a few of which you probably already have) to make pickle making a breeze: candy thermometer, a stone crock, a weight, jars, lids, bands, canning salt, white or cider vinegar, boiling water canner. You should be able to buy most of these items at your

local super center, and sometimes you can even find these items used at thrift stores. Ask your grandma or some neighbors for some of this stuff; you might be surprised at who has canning jars in their attic!

I like the Ball Blue Book of Canning; pick up a current copy to make sure you're canning safely and away you go.

Here are some great recipes for pickles, enjoy!

(See DIVA, page 2)

inside<u>lifestyl</u>es

HoroscopeB2 Rental Central......B2 Worship DirectoryB4 ClassifiedsB6





My doctor says I'm anemic, and she wants to do a bunch of tests. I thought women were anemic from their periods. Why can't I just take iron without more tests?

Contrary to popular belief, most women do NOT become anemic from their periods. There are different types of anemia, all with different causes and treatments.

Anemia occurs when your blood doesn't have enough hemoglobin, a substance your body makes from the iron in your diet. Hemoglobin helps red blood cells carry oxygen from your lungs to



Martha A. Simpson, D.O., M.B.A. Associate Professor of Family Medicine

all parts of your body.

The symptoms of anemia vary depending on the type and severity. They include fatigue, weakness, low body temperature, pale skin, rapid heartbeat, shortness of breath, chest pain, dizziness, numbness or coldness in your hands and feet and headaches. Not everyone with anemia will have noticeable symptoms, however, if mild anemia goes untreated, symptoms may grow in number and severity.

The most common type of anemia in adults is iron deficiency anemia. While it can sometimes be caused by very heavy menstrual

Type of anemia guides proper treatment choice

bleeding, it can occur in response to any type of blood loss. This type of anemia is also seen in people who do not eat enough foods that are high in iron, like dark green vegetables, red meat, dried fruits (apricots, prunes and raisins), lentils and beans.

THE FLOYD COUNTY TIMES

To make an official diagnosis for iron deficiency anemia, your doctor may ask for blood tests to determine the amount of iron in your blood. She may also want a stool sample to see if you have a gastrointestinal bleed. If you are losing blood in your intestinal tract, she may want to do a colonoscopy to look at your lower intestines or an upper gastrointestinal endoscopy to look at your stomach for bleeding ulcers.

Macrocytic anemia is another type, caused by a deficiency of either vitamin B-12 or folic acid. Low B-12 anemia is also called pernicious anemia. Common causes of this are a very poor diet, gastric bypass surgery and medications that interfere with the absorption of vitamin B. The B vitamins are absorbed in the gastrointestinal tract, so if a large part of your intestine has been bypassed or you take medication that blocks B vitamin absorption, you won't be able to keep your hemoglobin levels in the normal range. Low B-12 levels are also sometimes seen in those who follow a strict vegetarian diet. On the other hand, low folic acid is caused by not eating enough fruits and vegetables.

Anemia can also be caused by some chronic diseases such as some connective tissue disorders, cancer and low levels of thyroid hormones. Also, there are uncommon types of anemia that occur when your body breaks down its own red blood cells. Finally, there is a genetic type of anemia.

As you can see, treating anemia is not a "one size fits all" proposition. Knowing the type and cause of your anemia is crucial for proper care. Once your test results are back, your physician can counsel you about treatment options as well as dietary intervention, if needed.

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Family Medicine(r) is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via email to readerquestions@familymedicinenews.org.

KIM'S KORNER 'What's so simple even a small child can manipulate it? Grandma'

brought such joy and I've recently found myself reflecting back to the days of visiting my own grandparents

Unlike my grandmother

Bertha Mullins Little, my hair isn't neatly placed in a bun on the back of my head, nor do I wear tiny floral print dresses with an apron so perfectly tied. Mamaw Little could wash a weeks worth of

laundry in what seemed like a split second best to peep through the on an old wringer washer strands of chocolate brown, and would can beans and I just can't let go and go corn and pickles all at the grey. same time.

enlightenment to my life, home all black and dirty read as his little fingers from the mines and I would run as fast as I could to see They even found Mickey what was left in his lunch Mouse's playhouse on line bucket. There was always some kind of goody in there.

Yes there are some awesome memories of my grandparents and though I am now a grandma myself sure time has changed what in grandma is suppose to be. Although the

Kim Little Frasure grey hairs try their

Being a grandmother has waters just thinking about it! him to the computer of Papaw Curt would come course, and we pretend to punch all the keys at once. and oh boy was that fun!

The three of us, Popaw, Cash and me all hop on the backhoe and go for a ride every time he comes to visit. We love to walk and see

the world through Cash's eyes as he marvels at leaves, sticks, rocks and bugs!

Its nothing to find us out this minds eye a on the porch, me and Cash in his little blow up swimming pool barely room for the two of us and Popaw sitting near by getting sprayed with the water hose.

Oh the joys of being a grandparent! They are wonderful!

Diva

Grandma's Famous Bread and Butter Pickles 6 pounds cucumbers,

washed, sliced 2 pounds onions, peeled,

sliced 1/2 cup canning salt (make sure it's called "canning salt", table salt won't do)

4 1/2 cups sugar

2 tablespoons mustard seed 2

tablespoons celery seed 1 tablespoon turmeric

1 quart apple cider vinegar

1 teaspoon peppercorns 1 teaspoon ginger

In a large bowl or container place sliced onion and cucumbers, sprinkle with canning salt, cover with ice. Refrigerate for three hours. In a large pot, bring to boil, the sugar, seed, celery, mustard turmeric vinegar, peppercorns, and ginger. Sugar should be dissolved and boiling, then drain the pickles and onions well, add to boiling Immediately fill pint and minutes keeping the tem- band,

quart jars with cucumbers, onion and juice mixture. Leave 1/2 inch head space for expansion. (follow instructions with your canner) Process for 30 minutes keeping the temperature at 180 degrees Fahrenheit.

Grandma's Famous Dill Pickles

10 small pickling cucumbers, thin slice cut

2 cups white vinegar

2 cups water

tablespoon sugar (optional)

4 teaspoons dill seeds 4 small cloves garlic, peeled, smashed

Process jars in canner according to canner instructions. In a sauce pan combine vinegar, water, salt, and sugar; bring to a boil. Place 1 teaspoon dill seeds and 1 clove of garlic into each jar, then pack in cucumbers. Pour boiling mixture over cucumbers leaving 1/2 inch head space Continued from p2

perature at 180 degrees Fahrenheit.

Tips: Always put on labels and dates so that you know when you made them. Avoid allowing to freeze but do store in a cool, dry, dark place.

Remember to follow your canner instructions, as well as recipes to the T jars should be in the rack and covered by 1 or 2 inches of water. Bring the water to a full rolling boil, boil for as long as your directions state at the exact temperatures stated. Timing starts after water is boiling.

Always check your seals, they should be lowered in the middle and not move when you press lightly. Once completely cooled remove bands and wash and dry them thoroughly. Some people leave them on, but make extra sure you always check the seal before opening. One reason to leave bands off is so that if something went wrong the lid will pop off and not be artimixture. for expansion. Process 30 ficially held in place by the

from each end

2 tablespoons canning salt

Papaw (Estill Little) would call hissy fits if she caught me in her flower garden and he would have it no other way but for me to pick at least one a day.

Papaw owned a service station at Price, and the coldest pop around. He wore overalls and a hat everyday of his life. Drove the neatest white pick-up truck that my cousins and I got to ride in the back of and loved every minute.

My other grandparents, Curt and Virginia Colwell lived in West Virginia back then. Berwind, to be exact. Their house was a huge twostory white Victorian with huge white columns nestled between the largest pine trees one could imagine.

Oh how I loved going to Berwind and visiting with them. Getting to eat a big stalk of pink rubarb right out of the garden and Mamaw sprinkling sugar on it she and his Teddy Bear Bible is just happened to have in her apron pocket. My mouth

I can't see myself in flo-She used to go into what ral printed smock dresses

adorned with aprons and am thankful washing SO machines have evolved from the wringer days. I tried planting some green onions from a package I bought at Wal-Mart and not one single onion popped up so there is no way I'm about to try my hand at rubarb!

I thank God for being able to remember some of the little diddy's Mamaw Colwell used to sing as she bounced me on her knees, and now I get to do the same with my grandson Cash.

But that's about the extent of being like my own grandmothers back in the day.

Today, this grandma or Ghee as Cash prefers, plays WWE Wrestlers, with Shreck, and Dinosaurs, makes really gooy peanut butter and jelly sandwhiches and collects lighting bugs.

Cash and I love to read one of our favorites!

Yes, our world seems to come to a halt when Cash arrives. There's no laundry to be done, the remote is his to control, and supper well, whatever his taste buds desire.

I too carry my little brag book of his photos just as my grandmothers did long ago.

But today, through the worldwide web and facebook we are able to share God's most precious blessings, our grandbabies with all our family friends and foe's far and wide. And just in case we may miss an opportunity to show off his smiling face we can both show him off on our cell phones too!

Being a grandparent is one of the most precious blessings one can be and the rewards are well, breathtaking. There is simply nothing in the world better than a big peanut butter and jelly kiss from your grandbaby!

'Til next week, God bless our babies!

Popaw has introduced

Salome's Stars Weekly Horoscope

ARIES (March 21 to April 19) A previous misunderstanding continues to taint the atmosphere to some extent in the early part of the week. But cooler heads prevail, and the situation eases by week's end.

TAURUS (April 20 to May 20) While the artistic aspect of the Divine Bovine is well-served this week, that practical side is also getting the sort of recognition that could lead to a new and well-deserved opportuni-

GEMINI (May 21 to June 20) With home-related matters taking on more importance this week, now could be the time to make some long-deferred purchases. But shop carefully for the best quality at the best price.

CANCER (June 21 to July 22) Congratulations. While that family problem might still rankle, it should be easing thanks to your efforts to calm the waters. Also, a workplace situation seems to be moving in your favor.

LEO (July 23 to August 22) The Big Cat's energy levels should be rather high these days, and you might do well to tackle any tasks that still need doing. This will clear the way for those upcoming projects.

VIRGO (August 23 to September 22) Someone's criticism might not be as negative as you perceive. Actually, it could be helpful. Discuss the matter with your critic, and you both could learn something valuable.

LIBRA (September 23 to October 22) A

business matter could cause some friction among your colleagues. But once again, that logical mind of yours' comes to the rescue. And the sooner it does, the better!

SCORPIO (October 23 to November 21) There might still be some heated temper flare-ups out there. But your sensible self should advise you to stay out of these situations until things cool down and calm is restored.

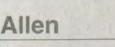
SAGITTARIUS (November 22 to December 21) Changing your mind could be the right thing to do if you can't resolve your doubts. You might want to discuss the matter with someone whose advice you trust.

CAPRICORN (December 22 to January 19) The Sea Goat's merrier side dominates this week, and this means that, despite your usual busy schedule, you'll be able to squeeze in parties and all sorts of fabulous fun times.

AQUARIUS (January 20 to February 18) An educational opportunity could lead to something other than what you had planned. But keep an open mind, and before you decide to turn it down, check it out.

PISCES (February 19 to March 20) The Piscean wit and wisdom helps you work through a situation that might have been accidentally or even deliberately obscured. What you unravel could prove to be very revealing.

BORN THIS WEEK: Loyalty is important to you. You demand it, but you also give it generously and lovingly.



To set me apart as a period piece, one innocent asked, after reading last week's battle bulletin, "Who's Henry? What is Flit?"

The ignorance of this younger generation amazes me.

IN THE ADS

Sometimes the advertisements in the publick prints are a source of cheer. There is the one which came up from Texas-way this week which warned customers of a certain eatery that guest checks weren't accepted there. "We use the Keel System," the notice read. "You pay, or we keel you!"

Then there is this classic

from our neighbor, The Salyersville Independent:

"NOTICE. Anyone, especially strip miners or their agents trespassing on our land at the head of Dry Bread for any purposes other than coon or fox hunting, berry picking or general frolicking will be in "big trouble."

THE LOST MAGIC

Now to get back to sounding the low note.

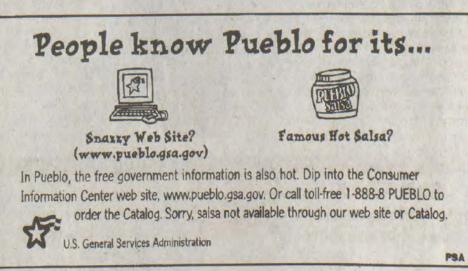
I am downright discouraged. After several years of poking around junk stores and ye olde curiosity shoppes, looking for some of the books which sent me into the esctatics when I was a few years younger, I

Continued from p1

have found one such. It's Mrs. Southworth's 'Self-Raised," the sequel to "Ishmael," the first novel that, as they say, "swam into

ken." But where has all the magic gone? I swan, this young Ishmael is simply too, too good, too noble. I am stuck, a quarter of the way through the book, and as of inst. date am doubtful if I will ever finish it.

But I'm still looking for a copy of "Ishmael." If nothing more, it will serve to occupy a place in my bookshelf-like the flowers that you find pressed long-forgotten between pages, yet.



k

Brake issue should be sorted out before move

by TOM and RAY MAGLIOZZI

Dear Click and Clack:

I remember listening to your radio show, "Car Talk," with my parents when I was a little kid, and hearing my mom say about a bil-

lion times that one of you had the same kind of car she had. That car was a Colt Vista, and now I drive one, And that's the reason I'm writing to you. Sookie is 1987 my Plymouth Colt Vista station wagon, and her brake warning light 18

ALWAYS on. The woman I

bought the car from said she had someone check it out, and (at that point, anyway) there was nothing wrong. This is my first car, and I don't know if it's a big deal. I've been ignoring it since I bought the car a few months ago, but because I'm moving from California to



it's time to figure it out. What should I do? Thanks! - Emma.

TOM: Well, you may want to avoid the Rockies, Emma. Would you consider moving to somewhere flatter, like Death Valley?

RAY: I'm the one who had a Colt Vista. and I loved its utility and economy, despite the fact that it was a tin can. Mine also was a 1987. But in any case, the brake warning light on the dashboard has two different functions.

TOM: The most important function is to alert you when you're low on brake fluid. And just so you know, no brake fluid means no brakes,

Emma! So the first thing you should do is check your brake fluid level, or have a mechanic check it for you.

RAY: If you top off the brake fluid and the brake warning light goes out, then you know the light is on because of a brake fluid

Colorado in the car soon, I thought issue. Then the question is, Why is your brake fluid low?

> TOM: It could be low because you have a leak. If the light comes back on in a few days or a few weeks, the fluid's probably leaking out somewhere.

> RAY: But brake fluid also can be low because your brake pads are all worn out. As the pads wear down, brake fluid moves down the brake lines to fill the empty space. That lowers the level in the reservoir, and kicks on the brake warning light.

> TOM: Now, if the issue is not your brake fluid level (if you discover that the brake fluid already is topped off, or if topping it off doesn't cause the light to go out), then the light is on because it thinks your parking brake is applied. The brake warning light also serves as a parking brake indicator.

> RAY: Given that the previous owner had it checked out, I'm going to assume that the two of you have not been driving around for thousands of miles with the parking brake actually applied. More likely, the parking brake switch is bad.

TOM: It simply may have rusted out and corroded after a quarter-century of use.

RAY: I know lots of my parts have! But get all this stuff checked out before you move, Emma. Your mother never will forgive us if we let you drive over the Continental Divide without adequate brakes.

Does driving constitute a workout?

Dear Tom and Ray:

I wonder if you can settle an ongoing dispute that I have with my wife. She is an avid walker and an exercise freak. She wants me to join her on these power walks and different exercise activities. I constantly tell her that I get plenty of exercise by driving. I drive to work and back, about 20 miles each way, and frequently am driving on shopping excursions, sometimes 50 miles at a crack. I tell my wife that driving engages all the muscles around the arms, neck, shoulders and head. Additionally, it is beneficial to brain, hand, legand-eye coordination, and developing the whole body, as well as the mind. After a good bout of driving, I feel as healthy and

refreshed as my wife does after one of her power walks. She insists that I am being delusional about the whole thing and need to put on my walking shoes. What do you think? - Jack

Well, Jack, we're with you 100 percent. The only thing your exercise drives are missing are the large Genoa salamis and the double-chocolate milkshakes.

TOM: Remember, nothing builds strong muscles and bones like a good drive to the mall. But diet is important, too. In order to keep the blood flowing, your arteries need those cured, fatty meats and full-fat dairy products.

RAY: And don't forget to put the electric windows down and up a few times during each drive. You'd hate to end up with the body of Adonis, only to have a weak tip of your left index finger.

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack in care of this newspaper, or e-mail them by visiting the Car Talk Web site at www.cartalk.com.

Lagoon

emerges and reaches for her scheme to use the giant with a hair encrusted hand. She promptly screams and turns back to the bar she came from.

We soon learn that she's married to a gigolo named Harry and he has been keeping time with a floozy named Honey. She is a gold-digger in training who helps Harry come up with a sighting to destroy Nancy's credibility and have her committed so they can steal Nancy's fortune.

The plan never gets to come to fruition as our giant returns while Harry is humoring Nancy by driving around and looking for it. The giant's arrival is too much for the faint-hearted

Harry. He drives off and leaves Nancy to her fate.

Strangely she winds up back home with no idea of how she got there - on the roof. Soon she's showing signs of more than casual contact with the giant when she begins morphing into enough woman to fill Madison Square Garden.

Before you now it,

roof) and thundering towards the local bar to settle things with her wayward husband (after trashing Honey's room worse than "The Who" could ever manage). It all leads to closure on a colossal scale as Mrs. Archer turns the tables on Harry by putting the ultimate squeeze on him. Fun stuff.

Nancy is busting out of her

Fun, but so poorly made that the film only sticks in one's memory due to poor special effects, melodramatic emoting, and some of the worst dialogue you're likely to hear outside of an Ed Wood festival.

What works however are a portion of the visuals. Despite the fact that the EFX make the giants look transparent, they are still creepy (especially the male alien, who should look familiar as he also plays the bartender).

Then there is Allison Hayes as Mrs. Archer. She looks like a shrew in the early scenes but turns into a total 1950s babe when she becomes a behemoth. This film has influenced tons of other movies (most recently "Monsters vs. Aliens," whose Ginormica owes it all to Ms. Hayes). There's also the feminist angle (pretty clever that no one takes this lady seriously until she's big enough to squash them).

No matter how you cut it

Rental - Central

Continued from p1

this is one of those "so bad it's good" flicks that doesn't get enough attention and never gets to open a film series. The rest of the films unspooling this summer will include more camp ("King Kong vs. Godzilla") and even some respected classics ("Planet of the Apes"). If you're in Coney Island some Saturday between now and mid-September, then you owe it to yourself to catch a sci-fi classic in this unique venue.

Best line: "When women ; reach the age of maturity, Mother Nature sometimes + overworks their frustrations, to the point of irrational-, ism."

1958, unrated.

Strange ... but true

It was librarian and essayist Frederick Saunders who made the following sage observation: "Pride, like laudanum and other poisonous medicines, is beneficial in small, though injurious in large, quantities. No man who is not pleased with himself, even in a personal sense, can please others.

Earthquakes occur at a rate of roughly one every minute around the world. About eight of those every year are considered to be major, registering above 7.0 on the Richter Scale.

hidden reefs. You probably wouldn't count whales among the dangers, but you'd be wrong. It seems that on a recent day sail out of Table Bay Harbor in South Africa, a couple on a 30-foot sailboat were whalewatching when one got too close for comfort. A 40-ton whale they had been viewing breached right next to the boat and landed on the deck, breaking off the mast and then thrashing around before sliding back into the water. The whale lost some skin and blubber, but was otherwise unharmed; the couple were lucky to still have a seaworthy craft and made it safely back to the harbor.

average 5-year-old boy today weighs about 10 percent more and the average 5year-old girl about 8 percent more than children of the same age in the 1980s. Those who study such

Statistics show that the

things say that the word "daisy" started out as "day's eye" and was shortened over the years. Similarly, "God be with you" became "goodbye" and "whole be thou became "hello."

house (straight through the

If you're a sailor you're probably familiar with the hazards of being out on the water: high seas, storms,

Thought for the Day

"To avoid situations in which you might make mistakes may be the biggest mistake of all." -- Peter **McWilliams**

by TOM DOTY TIMES COLUMNIST

August got off to a better than average start for renters, with four excellent films that represented just about every genre.

"Kick-Ass" - The ultimate adult superhero film comes courtesy of Mark Millar (who created the graphic novel) and features a realistic take on how awful an idea it is to dress up and seek out danger. The film focuses on a teen who gets his head handed to him on his first outing as a costumed avenger. He eventually establishes a rep as the title character and even befriends a few other heroic types (including a father and daughter combo who really make the film). The cast is pretty good with Nicholas Cage doing a credible job as a crime-fighting dad. The best bits go to Chistopher Plasse (who finally throws off the yolk of having played an uber-nerd in "Superbad") as a costumed hero who may have an agenda that is far from heroic.

"Diary of a Wimpy Kid" - Jeff Kinney's popular series of novels for middle-schoolers arrives as the best comedy ever aimed at this unique age group. It hilariously documents the angst of being a tween as several boys navigate bullies and social errors while finding their voice. Just watch it for the jokes and you'll be glad you did.

Humanoids from the Deep" - Roger Corman's 'take no prisoners" monster movie from the 1980's mixes gross-out carnage with healthy dollops of sexual exploitation and a "green" message about pollution. A small fishing community is in deep trouble when cans of waste products mutate fish into the titular

creatures which see mankind as the enemy but womankind as their salvation (as there aren't any female humanoids). James Cameron worked on this one but the real sell here is the great monster suits and a cool as heck climax wherein an army of monsters crashes the annual carnival. This is a special edition disc with a ton of extras courtesy of the good people at "The Shout Factory.

Ghost Writer" Solid drama and a few thriller elements combine here for an enjoyable yarn with a solid pedigree. The story follows a writer who is hired to assist a former prime minister in penning his memoirs, which include some shady dealings with the U.S. government. What could have been a formula flick gets a boost from several factors. The first is a : good foundation courtesy of Robert Harris' novel, but they also enlisted Roman Polanski as the director and he knows from thrillers ("Frantic" and "Rosemary's Baby"). The casting is also spot-on, with Ewan Macgregor as the writer and Pierce Brosnan as the former PM.

Next week look for comedy to rule with the release of "Date Night" and "Death at a Funeral.'



Ben Detwiler hoped to make the world a better place. That hope died when he was killed by a drunk driver.

What should you do to stop a friend from driving drunk? Whatever you have to Friends don't let friends drive drunk.

YOU LOS

Macular degeneration and cataracts

GOOD HEALTH

DEAR DR. DONOHUE: Is it possible to get wet macular degeneration from a scratch on the left eye during cataract surgery, or could it have been a cyst that caused wet macular degeneration? I am 85, and my right eye is perfect. I had cataract surgery on that eye also. -- C.

ANSWER: A scratch on the eye isn't likely to cause macular degeneration. The possibility of cataract surgery leading to macular degeneration is a remote one. More than 6,000 people who had had a cataract removed were followed for five years after the operation. Slightly more people who had the operation developed macular degeneration, dry or wet, in the operated eye than did a similar group of people who had not had an operation. This isn't proof that cataract surgery leads to macular degeneration. The same risks that cause cataracts also cause macular degeneration. The numbers that do develop it after cataract removal are small. A causeand-effect relationship has not been proven.

I am not clear what you mean by a cyst causing the degeneration. In what part of the eye was the cyst? I have not seen a link between cysts and macular degenera-

tion.

The retina is the back laver of the eve, the layer that converts incoming images into nerve signals that can be transmitted to the brain so we can see. The macula is a small, round area of the retina where there's an aggregation of cells that are essential for central vision -- the kind of vision needed to read a paper, watch TV and drive. Dry macular degeneration, accounting for 85 percent to 90 percent of cases, is a wasting away of macular cells. Wet macular degeneration results from a sprouting of blood vessels in that region. Those newly formed blood vessels leak fluid and destroy macular vision. Procedures are available that can halt the progression of wet macular degeneration The booklet on macular

degeneration explains both kinds and what is available to help those with this common eye problem. Readers can obtain a copy by writing: Dr. Donohue -- No. Box 536475, 701W, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada. with the recipient's printed name and address. Please allow four weeks for delivery.

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DEAR DR. DONOHUE:

My son-in-law insists on lifting his small children by their arms. I am terrified that he will pull their arms out of joint. I know this isn't the proper way to lift children. Would you give your opinion about this so I can show him? Maybe he will listen to you. -- A Worried Grandpa

ANSWER: Sons-in-law should listen to their fathersand mothers-in-law. They have experience in childrearing. Lifting young children by grabbing onto their hands or arms can cause the radius (the larger of the two lower arm bones) to slip away from the ligament that keeps it in place. This disruption has the name "nursemaid's elbow." I guess nursemaids must have lifted children in this way. It's painful for the child, and the bone has to be manipulated back in place.

Children who are 5 and older aren't in danger of this happening.

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Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.



This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.



ASSEMBLY OF GOD

First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister

In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor

New Bethel Assembly of God, Burning Fork .Rd., Salversville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.

Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 6:00 p.m.; Midweek Thurs., 7:00 p.m.; J.M. Sloce, Minister.

BAPTIST

Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister,

Auxier Freewil Baptist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 pm.; Thursday, 7 p.m.; Bobby Spencer, Pastor.

Ball Branch Regular Baptist Church, Mousey Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor. Contact Kermit Newsome 606-377-6881 for more information.

Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.

Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.

Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m.; Vera Joiner, 886-3863, ext. 67267.

Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister

Brandy Keg Freewill Baptist, Corn Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.

Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.

Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.

Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bible Study & Prayer Meeting, 7:00 p.m.; First Sat. evening Service, All Welcome 7 p.m. Pastor Mark Hunt, 606-478-2698

Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wireman.

Faith Freewill Baptist, 1/4 mile above Worldwide Egpt. on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday; 7 p.m. Elder Donnie Patrick, Minister.

First Baptist; Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.

First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

First Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minister,

Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7: p.m.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Grethel Baptist, State Rt. 3379, (Branham's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Crace, pastor; Assist. Larry Patton. Phone 358-4275.

Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.

Jacks Creek Baptist, Bevinsville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trusty.

Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jimmy Caudill, Pastor.

Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.;

Johnny J. Collins, Minister. Lancer Baptist Church; 71 Cooley St., Prestonsburg, Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m., Evening Woship, 6:00 p.m., Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter

Left Beaver Regular Baptist Church across from Garth School; 4th Saturday & Sunday 10:00 am, Odd Saturday 6:00 pm.; Gary Compton, Pastor.

Liberty Baptist, Denver; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.;

Merle Little, Minister Ligon Community Freewill Baptist, Ligon Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.

Little Rosa Regular Baptist Church of Jesus Christ,

(Indian Bottom Association) Services: 1st Saturday & Sunday ofevery month 9:30 a.m., 3rd Sunday 9:30 a.m., Odd Sunday 9:30 a.m.

Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Min

CHURCH OF CHRIST

Betsy Layne Church of Christ, Betsy Layne: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.

Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly, Minister.

Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.: Willie E. Meade, Minister.

Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.

Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonie Meade, Minister.

Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m. Gary Mitchell, Minister.

Maytown Church of Christ, 66 Turkey Creek Rd., Langley. Sunday Bible Study 10:00 a.m., Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible Study 6:00 p.m.

Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Weeksbury Church of Christ; Sunday School, 10 a.mm.; Worship Service, 10:45 a.m. and 6 p.m. John Burke, Minister.

CHURCH OF GOD

Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.

Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.

First Church of God; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor,

Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m. ; Family Training Hour - Thursday 7 p.m., Bill B. Tussey. Jr, Pastor

Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.

Little Paint First Church of God, 671 Little Paint Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p..; Charles Heater Jr., Minister.

The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

EPISCOPAL

St. James Parish; Rev. Stan McGraw. Office hours: Mon.-Fri., 10 a.m.-2:00 p.m.; Coffee Hour, Sunday, 10 a.m.; Morning Worship Service, 11 a.m. Phone: 886-8046. Visit us on Facebook

LUTHERAN

Our Savior Lutheran, Sipp Bayes Room Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLW (600 am) 12:05 p.m.; Rolland Bentrup, Minister.

METHODIST

Auxier United Methodist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Mearl Music, Minister

Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.

9:30 a.m.; Worship Service, 11 a.m. Rev. Vicki Poole, pas-

tor.

SEVENTH DAY ADVENTIST

Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3459, leave message. Everyone welcome!

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

The Church of Jesus Christ of Latter-Day Saints; Sacrament Mtg., 10:00 a.m.; Sunday School, 11:20 a.m.; Society/Preisthood/Primary, 12:00 p.m.; Relief Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Richard Salisbury, Bishop.

OTHER

Pastor Atha Johnson welcomes everyone to attend services at the CHURCH of GOD of PROPHECY TRAM KENTUCKY. Sunday school 10 a.m., Worship service 11 a.m.

Drift Independent, Drift: Sunday, 11 a.m.; Thursday, 6:30 p.m.

Grace Fellowship Prestonsburg, (next to old flea mar-ket), Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.

Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.

Faith Revelation, Harkins Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship service, 11 a.m. and 6 p.m.; Thurs. 7 p.m. Randy Hagans, Minister. 886-9460.

Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed, 7 p.m..Carl & Missy Woods, Pastors.

Faith Worship Center, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.

Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 pm.; Lavonne Lafferty, Minister.

Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.

Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor: Curt Howard.

Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m., Saturday/Sunday.

Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister,

Spurlock Bible (Baptist), 6227 Spurlock Creek Rd. Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-1003.

Town Branch Church; Sunday School 10 a.m. except for first Sunday in each month.; Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.

The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.

The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Aiken.

Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.

Zion Deliverance, Wayland; Sunday School, 10 a.m. Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayer Line: 358-2464; Darlene W. Arnette, Pastor Taylor Chapel Community Church, formerly the old

Nathon Lafferty, Minister.

Daniels Creek Baptist Fellowship Church of God, Banner. Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.

Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister.

Endicott Freewill Baptist, Buffalo; Sun, School, 10 a.m.; Church every Sun. Morning 11:00 a.m.; Wed. evening

ARE YOU SEARCHING FOR TRUTH AND THE MEANING OF LIFE? This is what worked for me-I know it will also work for you! Hear the Word (Rom. 10:17)



Believe in Christ (John 8:24 / 14:1-3) 3. Turn from Sin (Luke 13:3, Rom. 6:12-26) 4. Confess Christ (Acts 8:37, Matt. 10:32-33) 5. Be Baptized (Buried in Water) (Mark 16:16, Acts 2:36-47, Matt. 28:19-20)

6 Walk in Newness of Life (Rom. 6:1-23) Come Visit and Worship with Us at THE CHURCHES OF CHRIST This invitation was paid for by John K. Endicott to help aid you in your Search for Truth

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Martin

Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister,

Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.

McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.

Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; William L. Hunt, Minister.

Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home phone 285-3385

Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.

Prater Creek Baptist, Banner; Sunday School, 10 a.m; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Rock Fork Freewill Baptist; Garrett Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.

Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Crace Jr., Assistant Pastor.

Salt Lick United Baptist, Salt Lick, Hueysville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123.

Sammy Clark Branch Freewill Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.

The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Phillip Ramey, Pastor.

Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister

Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister

Trimble Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m., Youth Services 7 p.m.; Everyone Welcome.

United Community Baptist, Hwy. 7, Hueysville; Worship Service, 2 p.m.; Friday, 7 p.m.; Carlos Beverly, Minister.

Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferrari, Minister.

CATHOLIC

St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday.; Father Robert Damron, pastor.

CHRISTIAN

First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister. Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m; Sherm Williams, Minister.

Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.

Community United Methodist, 147 Burke Avenue (off University Drive and Neeley St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Glen "Sandy" Douglass, Rev.

Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.

Emma United Methodist, Emma; Sunday School 10 a.m., Sunday Worship Service 11 a.m.; Pastor David Profitt.

First United Methodist, 256 South Arnold Avenue; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev Jim Adams, Pastor.

Horn Chapel Methodist, Auxier Road, Auxier, Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Midweek Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Judy Carr-Back, Minister,

Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.

Salisbury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.

Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.

Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister

Vogle Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor.

Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister

Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister.

Free Pentecostal Church of God, Weeksbury; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John "Jay" Patton, Minister.

Free Pentecostal Deliverance, Ext. 46 off Mt.. Parkway at Campton; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Crider, Minister,

Free Pentecostal Holiness, Rt. 122, Upper Burton; Sunday School, 11 a.m.; Worship Service, 6 p.m; Friday, 7 p.m.; Louis Sanlan, Minister; David Pike, Associate Minister.

Goodloe Pentecostal, Rt. 850, David; Worship Service, 6 p.m.; Malcom Slone, Minister.

Parkway First Calvary Pentecostal, Floyd and Magoffin County Line; ; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister. 297-6262.

Trinity Chapel Pentecostal Holiness, Main St., Martin; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Elllis J. Stevens, Minister.

Free Pentecostal Church, Dwale; Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service

PRESBYTERIAN

Drift Presbyterian, Route 1101, Drift; Worship Service, 11 a.m.

First Presbyterian, North Lake Drive; Sunday School,

1

Price Food Service building, located 1 guarter mile above Worldwide Equipment, Rt. 1428. Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m. Kenny Vanderpool, Pastor.

International Pentecostal Holiness Church, 10974 N. Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor.

Rising Son Ministries, 114 Rising Son Lane, Prestonsburg, Ky 41653.; Sunday, 11:00 a.m.; Wednesday, 6:30 p.m. Pastor: D.P. Curry.

Church of God of Prophecy, Sunday School 10 a.m., Worship Service 11 a.m., Sunday Night - 6 p.m., Wednesday Night - 6 p.m. Pastor Glenn Hayes. West Prestonsburg.

House of Refuge, Rock Fork: Sunday Evening Worship 6 pm, Monday Bible Study 7:30 pm, Wednesday Prayer Meeting 7:30 pm, Bill B. Tussey, Pastor

Seventh-Day Adventist 5 miles West on Mt. Parkway. Sabbath School 9:30 am; Church Services 11AM; Pastor, John Baker 358-9263. Church 606-886-3459. Leave mesage. Everyone Welcome.

Destination Community Church. Our next service is May 16, 2010, 11 a.m. at the Mountain Arts Center, Prestonsburg, KY.



B6 . FRIDAY, AUGUST 6, 2010

6245 or 886-8724.

large living and din-

ing room, utility

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For rent: Extra nice 3 br 2 bath ,single wide located on Cow Creek \$550 per month plus utilities and security deposit. Stove, fridge, washer and dryer. Must have references. HUD accepted. No dogs. Call 874-2802.

For rent: 2 br, 1 bath mobile home. Near new Prestonsburg Elementary school Call 886-9931 after 3 bedrooms, 2 bath. 5pm Kitchen, den, extra

For rent: 2 br, 1 bath mobile home. Must put electric in your own name. No pets!! \$350 per month plus \$200 deposit. If interested call 886-1958 or 791-5166.

Nice 2, br mobile home for rent. \$375 per month, Also 2 br apartment. \$400 per month. Located midway between Prestonsburg and Paintsville on Rt321. Call 606-789-5973.

2 br Mobile home for rent.\$400 per month plus utilities. Located on Slick Rock at Prestonsburg. Call 874-8931 or 226-3811.

Houses For Sale

play. From the com-For sale by ownerfort of your own 167 Lakeview Village, Jenny Wiley State park. 4 bedrooms, 2 full bathrooms, many extra's. Close to Prestonsburg and Paintsville. Call Sam 789-1230.

House for sale: Located in Auxier. 3 br brick with inground pool, pool house and privacy fence. Also has fireplace with incarport and sert, block storage building. \$75,000 firm. Call 886-8359

PUBLIC NOTICE

Pursuant to KRS 231.040, application for a permit to operate a place of entertainment, has been made by Joseph Mullins. The name of the proposed business of entertainment is Big Joe. The nature of the business will be GAME ROOM AND POOL TABLES, IOcation is 6779 Suite 2, Ky., Rt. 979 Grethel, Ky., 41635, Pursuant to KRS 231.070, the Floyd County Attorney shall investigate whether the applicant lacks good moral character, or whether the applicant will obey the laws of the Commonwealth in the operation of the business, or whether the applicant, within the last (2) years prior to the date of filing the application has been convicted in Kentucky of maintaining a public nuisance. Pursuant to KRS 231.080 any person desiring to oppose the permits shall file with the County Clerk no later than August 19, 2010, in writing, allegations that show cause as to why the applicatiuon shall not be granted. Said written information shall be signed, dated and reflect the current address of said person providing the information. Pursuant to KRS 231.080, a hearing has been scheduled for August 19, 2010. At the hour of 2:30 p.m., or as soon thereafter as same can be heard before the Floyd County Judge/Executive at the Floyd County Justice Center, 2nd Floor in Prestonsburg, Kentucky. The Floyd County Judge/Executrive shall hear evidence in support of or in opposition to the granting of the permit.

Houses For Sale Sales Land/Home & home House for sale: 3 br only programs. Only brick with full size a limited number basement, Also 2 available. 866-597extra lots and garden 2083 space. Call 886-

> 2 Mobile homes for sale

3 br, 2 1/2 bath home 1-2003 3 br, 2 bath for sale. Located at with central heat and 1010 Mays Branch, air. \$13,000 firm. Prestonsburg, 2 Car 2-2000 2br, 2 bath garage. To view call 886-2306 after 5 pm. with central heat and air. \$12,000 firm. Already set up. Call House for sale.Brick 889-9643

> Attn: Landowners turn key home buying available with land improvement packages!! Your land or family land. 866-597-2083.

cated approx 1.3 miles off US 23 on Lots Abbott Creek Rd. Prestonsburg, Ky. LOTS FOR RENT g Dwale Mobile home \$159,999.000. Call 874-2238 or 285-Park. Off US 23 near Prestonsburg. Nice For sale: 3 br brick quiet community: Rehome with full size basement, garden strictions apply. 606space and 2 extra 377-2357. lots located in Auxier.

Land (Acreage) For sale, 3/4 acre house lot. Low lying flood prone area. Located in Martin area. Serious inquires 606-7479only 6404

Commercial Wanted:Live in position available. Look-Quality office space for ing 900 sq ft with rent. responsible lady to blacktop parking. Suite live with an elderly 102 in the Moak & Nunlady for room & nery building in Pre-stonsburg.Ky. Call board. Call 606-226stonsburg,Ky. 6243 or 606-226-886-1515 1324

4500 Sa ft Buildina for rent. Located at Martin. \$300 a 606-285month 3368.

Former H&R Block building in Martin for rent. Good condition. Call 285-3025. Mon-Sat 9am -5pm.

25 acres more or less for sale in East McDowell. The old G&L Bar & carryout. Great business location. utilitiy hookups available, 606-862-6772.

PUBLIC NOTICE

I, Jennifer Burke Elliott, a duly licensed attorney practicing in Floyd County, Kentucky, have been appointed by the Floyd Circuit Court as Warning Order Attorney for the unknown spouse of Press Prater. The Order is to notify the unknown spouse of Press Prater that a legal acdtion has been brought against her, the same being Floyd Circuit Court Civil Action No. 10-CI-721, The legal action is in the nature of a debt collection against the unknown spouse of Mr. Prater by the Plaintiff, U.S. Bank, N.A. a/k/a U.S Bank National Association ND, and to secure a mortgage upon properties located on Middle Creek, Floyd County, Kentucky and being more particularly described in the Deed of Record in Deed Book 401, Page 556, in the Floyd County Clerk's Office. Notice is hereby given to the un-

known spouse of Mr. Press Prater that her failure to respond to the Plaintiff's Complaint could result in a loss of her interest in the property that was state herein. As Warning Order Attorney, a response must be filed within fifty (50) days of July 12, 2010.

Attorney at Law 181 E. Court Street Prestonsburg, Kentucky 41653 (606) 886-9937

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THE FLOYD COUNTY TIMES

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1969

ADVERTISEMENT FOR

REQUEST

FOR PROPOSALS

Sealed request for proposals will

be accepted by the Southeast Floyd

Volunteer Fire Department until Au-

gust 18, 2010 at the hour of 4:00

p.m. at the Big Sandy Area Develop-

One (1) 2010 Pumper Tank with

1000 Gallon Tank and 1250 gpm

All bids should be sealed and iden-

tified as "Bids" on the outside of the

envelope. Specifications for the

above-listed item may be obtained

from Nicole Meade or Regina Hall at

the Big Sandy Area Development

District, 110 Resource Court, Ken-

tucky 41653 [Telephone: (606) 886-

2374)] between the hours of 8:00

a.m. and 4:30 p.m. until close of

Any contact(s) awarded under this

Invitation for Bids are expected to be

funded in part by a United States

Department of Agriculture Rural De-

velopment Community Facilities

Bidders must comply with Section

504 of the Rehabilitation Act of 1973.

Bidders must comply with The

Americans with Disabilities Act

Bidders must comply with the Age

Bidders must comply with the Pres-

ident's Executive Order No. 11246

(Equal Employment Opportunity) as

Discrimination Act of 1975.

business, August 17, 2010.

Grant Program.

(ADA) of 1990.

side mount pump with deck gun.

ment District for the following:

358-0286.

For

for mature,

Call 226-9976.

two blocks

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For sale: Nice used bathroom vanity with top, shower base with door and mirror. All for \$100. Also 2-Queen Ann cherry end tables and 1 antique coffee table all for \$75. Call 886-3437

For sale: 1990 Dodge Pickup, garage kept. Also bathtub doors and 3 used carpets. For more information call 874-2805.

If you are looking for a bargain the come to The Bargin Basement. New & used misc items. Located on the 2nd steet at Cliff Rd on Hibiscus Court Call 886-2080 or 886-3060. for any questions.



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For information contact: 1-800-525-3456, or www.trustforlife.org



PUBLIC NOTICE

The Floyd County Area Technology Center does not discriminate on the basis of race, color, national origin, sex, disability, age, religion, or marital status in admission to career and technical education programs and/or activities, or employment practices in accordance with Title VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Section 504 of the Rehabilitation Act of 1973. Revised 1992, and the Americans with Disabilities Act of 1990. For more information, contact Connie McKinney, 1024 KY RT 122, Martin, KY 41649 or call (606) 285-3088. The career and technical education programs offered to secondary students at Floyd County A.T.C. are: Administrative Support, Health Sciences, Carpentry, Welding, Industrial Maintenance, Machine Tool Technology, Auto Mechanics and Information Technology.



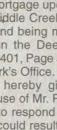
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amended, which prohibits discrimination in employment regarding race, creed, color, sex or national origin.

The Contractor Subcontractor will comply with 41 CFR 60-4, in regard to affirmative action, to insure equal opportunity to females and minorities and will apply the time tables and goals set forth in 41 CFR 60-4 in applicable to the area of the project.

The bidder will make positive efforts to use small, minority, women owned and disadvantaged businesses.

The award will be made to the lowest, responsive, responsible bidder. The bid will be awarded to the lowest and.or best bidder at the Big Sandy Area Development District, 110 Resource Court on August 18, 2010 at 4:00 p.m.

Southeast Floyd Volunteer Fire Department has the right to accept and/or reject any/or all bids.

> James Flannery, Chief Southeast Floyd VFD

IMMEDIATE OPENING RECEPTIONIST PART/FULL TIME DENTAL OFFICE

PIKEVILLE, KENTUCKY WE ARE SEEKING A HIGHLY MOTIVATED, HONEST, FLEXIBLE INDIVIDUAL FOR THE POSITION OF RECEPTIONIST AT OUR PIKEVILLE DENTAL OFFICE.

DUTIES INCLUDE: GREETING PATIENTS, FILING CHARTS, IN-SURANCE CLAIMS ADMINISTRATION, APPOINTMENT SCHED-ULING AND CONFIRMATION, AND GENERAL OFFICE DUTIES.

REQUIREMENTS FOR POSITION ARE: EXCELLENT COM-MUNICATION SKILLS, COMPUTER SKILLS, PLEASANT PERSONALITY, WILLINGNESS TO WORK WELL WITH OTHERS, AND PREVIOUS PROFESSIONAL OFFICE EXPERIENCE. PREF-ERENCE WILL BE GIVEN TO THOSE WHO HAVE PREVIOUS DENTAL OFFICE EXPERIENCE AND DENTRIX DENTAL SOFT-WARE KNOWLEDGE.

WE OFFER DESIRABLE HOURS AND GREAT BENEFITS WHICH INCLUDE MEDICAL INSURANCE, PAID HOLIDAYS, PAID VACA-TION, INDIVIDUAL RETIREMENT PLAN AND BONUS/INCENTIVE PLAN FOR FULL TIME EMPLOYEES.

PLEASE FORWARD RESUME, WORK REFERENCES, RECENT PHOTOGRAPH AND SALARY REQUIREMENTS TO THE AD-DRESS BELOW. INCOMPLETE APPLICATIONS WILL NOT BE CONSIDERED. ALL RESPONSES ARE KEPT STRICTLY CONFI-DENTIAL.

DENTAL OFFICE RECEPTIONIST 300 NORTH MAYO TRAIL SUITE 1 **PIKEVILLE, KY 41501**



They help community groups organize resources and fight to keep kids away from drugs. Contact a community coalition and find out what your group can do.

> www.helpyourcommunity.org or 1-877-KIDS-313

YOU GET MORE WHEN YOU GET TOGETHER

Office of National Drug Control Policy

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Highlands Home Health is recruiting for: Home Health Aide—Part-Time

Highlands Home Health is a good place to work, offers a competitive salary and a generous benefits package, including:

- Seven (7) Paid Holidays
- Life Insurance
- \$500 Sign-on bonus

Interested applicants may apply to the **Highlands Home Health** P.O. Box 757

188 Collins Circle Drive, Prestonsburg KY 41653 Contact: Bilena Elkins, R.N., Nurse Aide Supervisor (606) 889-9967 · Fax (606) 886-7633

E-mail: homehealth@hrmc.org (mail to: t@hrmc.org) Highlands Home Health is an equal opportunity employer.

THE FLOYD COUNTY TIMES

FRIDAY, AUGUST 6, 2010 . B5

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DIVISION NO. I C.A. No. 10-CI-00721

U.S. Bank, N.A. a/k/a U.S. Bank National Association ND, Plaintiff Vs. **Unknown Spouse of** Nancy K. Adams Defendants

NOTICE OF PENDING ACTION

By virtue of the Order of the Floyd Circuit Court, dated July 12, 2010, the undersigned was appointed to serve as Warning Order to notify the Unknown Spouse of Nancy K. Adams of the pendency of a Complaint which involves property located at Middle Creek in Floyd County, Kentucky and the property is described as follows:

A certain parcel or tract of land located on Middle Creek in Floyd County, Kentucky, more particularly bounded and described as follows, to-wit:

Beginning at the westend culvert at the southend, North to the top of the hill or ridge thence turning Eastward toward the George Adams property line, thence running with the top of the ridge to the George Adams property line thence turning South and running along the George Adams property line back to the center of Middle Creek.

The Complaint alleges that Nancy K. Adams "may be claiming an interest in the subject property by virtue of being an heir at law of Bob Prater." The Unknown Spouse of Nancy K. Adams was joined as a Defendant "so as to extinguish any claim of dower or curtesy said Unknown Defendant may have in or to the subject property." Notice is hereby given that the Unknown Spouse of Nancy K. Adams is directed to come forward and present any defense to the Complaint regarding the above-described property he may claim or be forever barred.

veyed by deed recorded in Vol-

ume 484, Page 307, of the Floyd

RYAN ALLISON

WARNING ORDER ATTORNEY

124 WEST COURT STREET

PRESTONSBURG, KY. 41653

Telephone: (606) 886-6090

Facsimile (606) 886-6148

County, Kentucky records.

Signed, A. David Blankenship Warning Order Attorney Kinner & Patton Law Offices 328 East Court Street Prestonsburg, Kentucky 41653 (606) 886-1343



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