

# The Times

FLOYD COUNTY  
WEEKEND EDITION

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Volume 84, Issue 14 • 75 Cents

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HIGH BASK

— page A5

## briefs

### Nominations sought for governor's volunteer awards

FRANKFORT — For those who know an extraordinary Kentuckian or group who gives selflessly to help improve the lives of others, it's time to consider making a nomination for one of the 2009 Governor's Awards for Outstanding Volunteer Service.

"Volunteerism requires a level of self-sacrifice that is often hard to find," Governor Steve Beshear said. "Though we faced unprecedented and disheartening economic challenges in 2009 that affected each and every citizen of the commonwealth, there are those Kentuckians who confronted these challenges with compassion and humility, and rose to the call of service."

To honor these individuals, the Kentucky Commission on Community Volunteerism and Service (KCCVS), an agency of the Cabinet for

(See AWARDS, page eight)

## Evacuated families look for answers

by SHELDON COMPTON  
STAFF WRITER

WHEELWRIGHT — Displaced and concerned residents seeking answers in the wake of a slide along Branham Street in Wheelwright gathered Wednesday evening to form a plan.

Brittany Combs, a representative with Kentuckians for the Commonwealth (KFTC) was on hand to facilitate the meeting, and offer the support of

the organization's 6,000 members statewide in seeking answers.

Still lingering in the minds of most of the Wheelwright residents affected by the slide, which first gained full city attention on Feb. 6, had been the question of whether or not the abandoned mine located behind the homes along the ridge where the slip is taking place would rupture. Such an event could send countless gallons of water spilling into the city and possibly beyond.

However, Wheelwright mayor Marlee Sammons informed those in attendance Wednesday that engineers, as well as Sam Wilburn with the Office of Surface Mining (OSM) had said such a blowout was not an immediate concern for officials working on the slip.

"I think everybody will be heard here tonight," Sammons said. "There are people who live below and

(See ANSWERS, page eight)

## WALK A MILE



photo by Jarrid Deaton

Anissa Beasley and Elaina Stamper, employees of First Commonwealth Bank, were among the volunteers that took part in the Walk a Mile in My Shoes Disability Simulation at the bank's office in Prestonsburg on Thursday. Susan Chafin, with Big Sandy Community and Technical College, read instructions to Beasley and Stamper while they wore special headphones to simulate the effects of being hearing impaired. The workshop, sponsored by the bank, college and Floyd County Chamber of Commerce, demonstrated the everyday hardships faced by those with disabilities.

## Father hopes his pain helps save others

by SHELDON COMPTON  
STAFF WRITER

WHEELWRIGHT — Jerry Hamby says there is a war being fought here in Eastern Kentucky that compares, if not eclipses, the war in Afghanistan.

The war is the growing prescription drug abuse problem in the region, and the casualties are many, he says, including his own son, Kevin.

"People talk about the kids dying in the military, but we've got our children dying right here at home," Hamby said.

Kevin Hamby died on Jan. 18 of an overdose after a day spent abusing prescription pills. This happened two days after Kevin returned from a trip to Florida, his dad said.

(See OVERDOSE, page eight)



Part of a continuing series investigating Floyd County's drug problem

## 2 DAY FORECAST

Today  
Partly cloudy  
High: 41 • Low: 29

Tomorrow  
Rain  
High: 45 • Low: 31

For up-to-the-minute forecasts, see floydcountytimes.com

## Reps question need for rate hike

by SHELDON COMPTON  
STAFF WRITER

FRANKFORT — Four Kentucky legislators, including Rep. Hubert Collins, of Wirtsville, and Rep. W. Keith Hall, of Phelps, held a meeting with utility officials last week.

The hot-button topic? A proposed rate hike for 175,000 Kentucky Power customers to the tune of 34.95 percent.

Hall spearheaded the meeting with Tim Mosher, president of Kentucky Power AEP, along with lobbyist Jimmy Keeton in Frankfort. Other legislators

attending the meeting were state Rep. Teddy Edmonds, of Jackson, and Rep. Acel Smith, of Leburn.

Hall presented Mosher his own letters and those from Pike County Judge-Executive Wayne T. Rutherford penned earlier this year to the Public Service Commission denouncing the proposed rate increase.

"I quoted from the Platts article which said AEP President Michael Morris told Wall Street analysts that for the three months ending Dec. 31, 2009, the Columbus, Ohio, company saw earnings soar by 57 percent to \$238 million, and revenue rose to \$3.3 billion from

\$3.2 billion, a 3 percent gain," said Hall. "I also presented Mosher with a copy of a protest petition signed by 4,410 constituents in Eastern Kentucky who oppose the rate increase."

Collins had a simple question based on the figures presented by Hall saying, "I wanted to know how there could be such an increase when clearly AEP was in strong fiscal shape."

Kentucky Power representatives, including Mosher himself, have said the past two winter storms have cost the company more than \$30 million and that more repairs and tree-cutting are needed.

## Two sentenced for chop shop

by JARRID DEATON  
FEATURES WRITER

LONDON — Two Betsy Layne men have been sentenced to prison for operating a chop shop.

Marty Keith Hamilton, 51, was sentenced to 80 months in prison, and Gary Dean Keathley, 53, was sentenced to 50 months in prison by United States District Court Judge Gregory F. Van Tatenhove on Thursday.

According to information provided by Kyle Edelen, with the Office of the United States Attorney, Hamilton admitted during his plea in 2008 that he stole approximately 60 vehicles while working as a contract employee for a local automotive dealership. Hamilton either kept duplicate keys from the cars brought to his garage to be detailed or used a key-cutting machine to create an extra key.

Hamilton then placed a sticker on the back of the

cars so he could identify the vehicles at various locations in Floyd and Pike counties. When he located a vehicle, Hamilton would use one of the duplicate keys to gain entry and drive off.

Keathley entered a guilty plea last year and admitted that he and Hamilton had purchased donor vehicles from local dealerships and salvage yards, taking legitimate VIN plates and placing them on the stolen vehicles to conceal that the vehicles were stolen. The stolen vehicles were then sold to unsuspecting third parties in Kentucky, Ohio, Michigan and West Virginia, according to Edelen.

Hamilton and Keathley must serve at least 85 percent of their prison sentences.

Those people who have received information identifying them as potential victims of Hamilton and Keathley are asked to contact the victim witness coordinator for the United States Attorney's Office at (859) 233-2661.

## Wasted Time

The time I've wasted is my biggest regret. Spent in these places I will never forget. Just sitting and thinking about the things that I've done; The crying, the laughing, the hurt and the fun.

Now it's just me and my hard drive guilt. Behind a wall of emptiness I allowed to be built. I'm trapped in my body just waiting to run, back to my youth, with its laughing and fun.

But my race is over and there's no place to hide. Everything is gone even my pride. With reality suddenly right in my face, I'm scared, alone and stuck in this place.

Now memories of the past flash through my head And my pain is obvious by the tears that I shed. I ask myself why, and where I went wrong. I guess I was weak when I should have been strong.

Living for drugs and the wings that I've grown, My feelings were lost, afraid to be shown. As I look at my past it's so easy to see the fear that I had, afraid to be me.

I pretend to be rugged, so fast and so cool. When I'm actually lost like a broke, blind fool. I'm getting too old for this tiresome game, of acting real hard with no sense of shame.

It's time that I changed and get on with my life. Fulfilling my dreams of a family and wife. What my future will hold I really don't know, but the time I've wasted is starting to show.

I live for the day when I'll get a new start and the dreams I still hold, deep in my heart. I hope I can make it. I'm at least going to try. Because I'm heading towards death and I Don't want to Die!

— Kevin Hamby, April 25, 2006

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# Obituaries

## Willard H.

### Clatworthy, Ph.D.

Willard H. Clatworthy, Ph.D., age 94, of Williamsville, New York, passed away Monday, February 15, 2010.

He was born October 16, 1915, in Floyd County, the son of the late John and Laura (Leek) Clatworthy.

His mother passed away when he was young, and he was raised by his father and stepmother, John and Ora (Yates) Clatworthy. He served in the Navy and retired from the University of Buffalo.

He is survived by the mother of his children: Joan Mayer;

a daughter and son-in-law, Laura and Lawrence Fudala of New York; and a son, John Clatworthy of Utah; his grandchildren: Amy (Mohammad) Saleh and Tara Green; his step-grandchildren: James and Justin Fudala; a great-grandchild, Kaiya Sherman; a sister and brother-in-law, Oria Lee and Everett Ratliff of Canton; and a sister-in-law, Dora Clatworthy of Kentucky.

In addition to his parents, he was preceded in death by a sister, Betty (Richard) Moore of Hartsville; and three brothers: Jimmy Clatworthy, Johnny Clatworthy, and Bobby (Faye)

Clatworthy.

Family present on Wednesday, February 17, from 4-8 p.m., at the Perna, Dengler, Roberts Funeral Home, 1671 Maple Rd, where services were held at 7:30 p.m., in Williamsville, New York.

Calling hours in Ohio are Saturday, February 20, 10-10:30 a.m., in the Arnold Funeral Home, Hartsville. Services will begin at 10:30 a.m., officiated by Dean Miller.

Burial immediately follows in Mount Peace Cemetery with military honors.

In lieu of flowers, contribu-

tions in Dr. Clatworthy's name can be made to Alice Lloyd or Berea College Scholarship Fund. (Paid obituary)

## Maudie Ord

Maudie Ord, 68, of Wana, West Virginia, died Thursday, February 4, 2010, at her residence.

She was born April 26, 1941, in Crossroads, West Virginia, a daughter of the late Walter F. Stewart and Lucille Agnes Barr Stewart.

Maudie was a homemaker, and she most recently attended the Blacksville United Methodist Church. She was

also involved with the Senior Citizens of Blacksville.

She is survived by her son and daughter-in-law Walter and Sheary Ord of McDowell, along with their daughter Chelsea Nicole Ord. She is also survived by a special friend, Walter "Gene" Gillett; three brothers Jesse Paul Stewart, Dexter Mearle Stewart, and James Freeman Stewart; a sister-in-law, Judy Vandegrift; and three sisters Eva Lee Stewart, Mary Rose Currence, and Zelma Brummage.

In addition to her parents, Maudie was preceded in death

by her husband, Daniel Ross Ord; and a brother, Roy Franklin Stewart.

Friends were received at the Owen-Neely Funeral Home in Blacksville, from 6-9 p.m. on Thursday, February 11.

Funeral services were held at the funeral home on Friday, February 12, at 11:00 a.m., with Rev. David Lancaster officiating.

Interment followed in the Park Cemetery at Miracle Run.

You may send condolences to the family at:

[www.tennantfuneralhome.com](http://www.tennantfuneralhome.com).

(Paid obituary)

## Regional Obituaries

### FLOYD COUNTY

■ Edward Alley, 94, of Trenton, Michigan, formerly of Floyd County, died Friday, February 12, in the Southshore Hospital, Trenton, Michigan. Funeral services were held Tuesday, February 16, under the direction of Hall Funeral Home.

■ Eugenia Renee Booth, 29, of Rush, a McDowell native, died Friday, February 12, in Carter County. Funeral services were held Wednesday, February 17, under the direction of Nelson-Frazier Funeral Home.

■ Wanda Lou Prater Caudill, 39, of Flemingsburg, a native of Lawrence County, died Friday, February 12, in the Fleming County Hospital. Funeral services were held Tuesday, February 16, under the direction of Nelson-Frazier Funeral Home.

■ Pacilla Conn, 58, of Banner, died Sunday, February 14, at her residence. She is survived by her husband, Russell Conn. Funeral services were held Thursday, February 18, under the direction of Hall Funeral Home.

■ Goldie Clemons Fitch, 87, of Wayland, died Monday, February 15, at Pikeville Medical Center. Funeral services were held Friday, February 19, under the direction of Hall Funeral Home of Martin.

■ Judith K. Gunnels, 60, of Mentone, Indiana, a native of Martin, died Monday, February 15, at Kosciusko Community Hospital, in Warsaw, Indiana. Funeral services were held Thursday, February 18, under the direction of King Memorial Home, in Mentone, Indiana.

■ Ronald Pete Hensley, 65, of Melvin, formerly of Salt Rock, West Virginia, died Saturday, February 13, at Highlands Regional Medical Center, in Prestonsburg. He is survived by his wife, Edith Faye Hensley. Funeral services were held Wednesday, February 17, under the direction of Hall & Jones Funeral Home.

■ Beatrice Lowe, 76, of Warren, Michigan, died Monday, February 8, at the Henry Ford Hospital, Michigan. She is survived by her husband, Glen Lowe. Funeral services were held Saturday, February 13, under the direction of Nelson-Frazier Funeral Home.

■ Winfield "JR" Moore Jr., 66, of West Salem, Ohio, died Friday, February 12, in Rittman, Ohio. He is survived by his wife, Geneva Johnson Moore. Funeral services were held Wednesday, February 17, under the direction of Nelson-Frazier Funeral Home.

■ Dixie Mullins, 78, of Columbia, Indiana, died Friday, February 12, at Parkview Hospital, Fort Wayne, Indiana. Funeral services were held Wednesday, February 17, under the direction of DeMoney-Grimes Countryside Park Funeral Home, Columbia City, Indiana.

■ Deanna Marie Pass, 46, of Prestonsburg, died Thursday, February 11, at Highlands Regional Medical Center, Prestonsburg. Funeral services were held Monday, February 15, under the direction of J.W. Call Funeral Home.

■ Lorraine Syck Reynolds, 58, of Banner, died Monday, February 15, at her residence. Funeral services were held Thursday, February 18, under the direction of Nelson-Frazier Funeral Home.

■ Ethel D. Shepherd, 91, of Warsaw, Indiana, a Floyd County native, died Friday, February 12, at Parkview-Noble Hospital, in Kendallville, Indiana. Funeral services were held Wednesday, February 17, under the direction of McHatton-Sadler Funeral Home, Warsaw, Indiana.

■ Phyllis Jean Spradlin, 72, of Prestonsburg, died Friday, February 12, at St. Mary's Medical Center. Funeral services were held Tuesday, February 16, under the direction of Nelson-Frazier Funeral Home.

■ Albert Earl Jr., Younce, 75, of Melvin, died Saturday, February 13, at the Cabell Huntington Hospital. Funeral services were held Tuesday, February 16, under the direction of Nelson-Frazier Funeral Home.

### PIKE COUNTY

■ Gordon Adams, 76, a native of Hindman, died Wednesday, February 10, at his home. He is survived by his wife, Betty Clark Adams. Funeral services were held Friday, February 12, under the direction of Booneville Funeral Home.

■ Orville Wilbur Bates, 39, of Williamson, W.Va., died Thursday, Feb. 11, 2010, in Coral Springs, Fla. He is survived by his wife, Patricia Ann Queen Bates. Funeral services were held Thursday, February 18, under direction of R.E. Rogers Funeral Home of Belfry.

■ Odes Branham, 79, of Clarksville, Tenn., formerly of Caney, died Monday, February 15, in Tennessee. Funeral arrangements, under the direction of Hall & Jones Funeral Home.

■ Bernice Lee Dotson Casey, 63, of Freeburn, died

Thursday, February 11, at Good Shepherd Community Nursing Center, Phelps. Funeral services were held Sunday, February 14, under the direction of R.S. Jones & Son Funeral Home.

■ Geneva Conway, 74, of Lower Pompey Road, died Tuesday, February 16, at Pikeville Medical Center. Funeral services were held Friday, February 19, under the direction of Lucas and Son Funeral Home.

■ John Damron, 54, of Robinson Creek, died Sunday, February 14, at his home. He is survived by his wife, Shirley Damron. Funeral services were held Wednesday, February 17, under the direction of Thacker Funeral Home.

■ Patricia Ann Fields, 51, of McCarr, died Thursday, February 11, in Williamson, W.Va. Funeral services were held Monday, February 15, under the direction of Chambers Funeral Services of Matewan, W.Va.

■ John Carter Hambley, 51, of Niceville, Fla., died Thursday, Feb. 11, at Pikeville Medical Center. Funeral services were held Friday, February 19, under the direction of J.W. Call Funeral Home.

■ Ronald "Pete" Hensley, 65, of Melvin, formerly of Salt Rock, W.Va., died Saturday, Feb. 13, at Highlands Regional Medical Center, Prestonsburg. He is survived by his wife, Edith Faye Hensley. Funeral services were held Wednesday, February 17, under the direction of Hall & Jones Funeral Home.

■ Riley Nathan Hinkle, 32, of Pikeville, died Sunday, February 14, at the home of his grandmother, Josephine Hall. Funeral services were held Thursday, February 18, under the direction of J.W. Call Funeral Home.

■ Dorothy Geneva Hobbs, 74, of Pikeville, died Tuesday, February 9, at Signature Healthcare Center. She is survived by her husband, Eugene Hobbs. Funeral services were

held Friday, February 12, under the direction of J.W. Call Funeral Home.

■ Fred Hunt, 63, of Blackburn Bottom, died Friday, February 12, at Pikeville Medical Center. Funeral services, under the direction of Thacker Funeral Home.

■ Glenda Sharon Hurley, 60, of Stopover, died Saturday, February 13, at the South Williamson Appalachian Regional Hospital. Funeral services were held Wednesday, February 17, under the direction of Phelps Funeral Services.

■ Greg B. Justice, 60, of Lexington, a lifelong member of Pikeville, died Sunday, February 14, at the Hospice Care Center in Lexington. He is survived by his wife, Adrienne Sanders Justice. A memorial service was held Saturday, February 20, 1:30 p.m., at First Baptist Church, Pikeville, under the direction of Care Cremation and Funeral Service, Lexington.

■ Homer Eugene Kendrick, 77, of Belcher, died Thursday, February 11, at Pikeville Medical Center. He is survived by his wife, Mary Lou Kendrick. Funeral services were held Sunday, February 14, under the direction of Bailey Funeral Home.

■ Charles W. Mullins, 66, of Collins Highway, died Thursday, February 11, at his

home. Funeral arrangements, under the direction of Lucas & Son Funeral Home.

■ Bruce Allen Potter, 40, died Friday, February 12, in South Carolina. Funeral services were held Tuesday, February 16, under the direction of Lucas & Son Funeral Home.

■ Lewis Pennington Jr., 67, of Williamson, West Virginia, died Saturday, February 13, at Pikeville Medical Center. Funeral services were held Wednesday, February 17, under the direction of R.E. Rogers Funeral Home.

■ Bruce Allen Potter, 40, died Friday, February 12, in South Carolina. Funeral services were held Tuesday, February 16, under the direc-

tion of Lucas & Son Funeral Home.

■ Bruce Potter, 41, died Friday, February 12, at Medical University in South Carolina. Funeral services, under the direction of Lucas and Son Funeral Home.

■ Vicky Lynn Cozart Reed, 62, of Canada, died Friday, February 12, at her home. Funeral services were held Tuesday, February 16, under the direction of R.E. Rogers Funeral Home.

■ Effel Looney Rowe, 88, of Elkhorn City, died Saturday, February 6, at her home. Funeral services were held Monday, February 8, under the direction of Bailey Funeral

(See OBITUARIES, page three)

### Upcoming Concert

"An Evening with Michael Combs"

Saturday, Feb. 20, 2010

at 7:00 p.m.

in Prestonsburg, Kentucky

at the

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This is an advertisement.

## Free Vascular Screenings

King's Daughters Medical Center, in cooperation with the Kentucky Heart Foundation, is offering a free vascular screening to those 50 and older beginning at 8:30 a.m., Thursday, March 11, on the KDMC Mobile Health Unit at First Presbyterian Church, 1430 North Lake Drive, Prestonsburg, Ky. KDMC nurse practitioner **Deb Cummings** will review your results immediately following your screening.

Tests include:

**Lipid profile:** A breakdown of cholesterol levels, including HDL, LDL, triglycerides and total cholesterol.

**Blood glucose:** Level of sugar in the blood.

**Ankle brachial index (ABI):** A measurement of blood pressure at the ankle to check for signs of peripheral artery disease (PAD).

**Electrocardiogram (EKG):** A non-invasive test to measure electrical activity of the heart by attaching electrodes to the skin.

Appointments are required by calling 1.888.377.KDMC (5362). Fasting is required, and additional guidelines may apply, which help us see those most at risk for vascular disease.

Thursday  
**March 11**  
beginning at 8:30 a.m.

on the KDMC Mobile Health Unit  
at First Presbyterian Church  
1430 North Lake Drive  
Prestonsburg, Ky.



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# For the Record

## Marriage Licenses

Courtney L. Marsillett, 17, of Prestonsburg, to Chad R. Wallace, 19, of Prestonsburg.  
 Jessica L. Roberts, 27, of Weeksbury, to Gary J. Little, 32, of Weeksbury.  
 Rochelle Marie Lynn Daniels, 18, of Prestonsburg, to Andrew Ousley, 18, of Prestonsburg.  
 Brandi Nicole Robinson, 20, of Hueysville, to Kevin Ryan Ousley, 21, of Hueysville.  
 Billie Jean Gannon, 28, of Allen, to Daniel Reid Cordle, 52, of Allen.  
 Tari Renee Hall, 25, of Ivel, to Charles Michael Blevins, 25, of Tram.

## Civil Suits Filed

Justin Wayne Morrow vs. Ashley Ann Morrow; divorce.  
 Leona D. Varney vs. Richard W. May; petition for child support and healthcare insurance.  
 Leona D. Varney vs. Richard W. May; petition for healthcare insurance.  
 Michelle Brewer vs. Danny Brewer; petition for healthcare insurance.  
 Samantha Hall vs. Evan Howell; petition for child support and healthcare insurance.  
 Ginger Halbert vs. Mark D. Halbert; petition for child support and healthcare insurance.  
 Kathie Akers vs. Brenda Akers; petition for custody.  
 Jeffrey Murphy vs. Cynthia Murphy; divorce.  
 Lendmark Financial Services vs. Diana Eads; complaint.  
 Lendmark Financial

Services vs. Dwayne Madore; complaint.  
 Dennis Mayo and Nancy Mayo vs. Beverly Mayo and Shannon Rogers; petition for custody.  
 Lisa West vs. Bryon T. Stumbo; petition for child support and healthcare insurance.  
 Lisa West vs. Jessica S. Stumbo; petition for child support and healthcare insurance.  
 Billie Looney vs. Edward A. Clay; petition for healthcare insurance.  
 Lena Butina vs. Mauro S. Bellestri; divorce.  
 Chase Bank USA, N.A. vs. Tina Y. Hall; complaint.

## Small Claims Filings

G.C. Blair vs. Dwayne Hall; debt collection.  
 Glendale Conn vs. Steven T. Goble; debt collection.  
 Cash Express vs. Robert Castle; debt collection.  
 Oak Hill Development LLC vs. James Clark; debt collection.  
 Randall Carroll vs. Countrywide Home Loans; debt collection.

## Charges Filed

Christopher Mullins, 28, Pikeville; flagrant nonsupport.  
 Brandy Jacobs, 21, Wayland; receiving stolen property.  
 William Ray Sparkman, 40, Garrett; operating a motor vehicle while under the influence of alcohol or drugs, failure to wear seatbelts, possession of a controlled substance, prescription not in original container.  
 Timothy Mullins, 20,

Hueysville; theft by unlawful taking.  
 James L. White, 46, Matewan, W. Va.; violating an emergency protective order.  
 Melissa A. Shoptaw, 33, Debord; theft by unlawful taking.  
 Heather D. Montgomery, 20, Prestonsburg; theft by unlawful taking.  
 Tommy D. Bray, 19, Betsy Layne; public intoxication.  
 James Herman Isaacs Jr., 32, Drift; menacing, resisting arrest, disorderly conduct.  
 Robert Mullins, 23, Bevinville; alcohol intoxication, disorderly conduct, resisting arrest.  
 Gary Dean Compton, 44, Harold; fourth-degree assault.  
 Scotty D. Clevenger, 48, Prestonsburg; operating a motor vehicle while under the influence of alcohol or drugs, possession of an open alcoholic beverage container in a motor vehicle, no insurance, no registration, prescription not in original container, possession of a controlled substance.  
 Tommi Patton, 34, Drift; failure of parent or custodian to send child to school.  
 Christine R. Thacker, 34, Harold; theft by deception.  
 Darlene Burke, 63, Martin; failure of parent or custodian to send child to school.  
 Joshua E. Tackett, 23, Weeksbury; alcohol intoxication.

## Inspections

Heritage House Hotel, Prestonsburg, regular inspection. Violations noted: food

not protected during preparation, food not protected during storage, cloths used for food and non-food contact surfaces not stored and rinsed frequently in water sanitizing solution, food contact surface of equipment and utensils not clean, non-food contact surface of equipment and utensils not clean, sanitary towel or hand drying device not provided at lavatory or handwashing sink, cleaning and maintenance equipment not properly stored. Score: 91.  
 Dollar General Store, Prestonsburg, regular inspection. Violations noted: food not protected during storage, sanitary towel or hand drying device not provided at lavatory or handwashing sink, toilet room doors not self-closing, floors not constructed properly, floors not in good repair. Score: 95.  
 Dairy Queen, Prestonsburg, regular inspection. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, food not protected during storage, cloths used for food and non-food contact surfaces not stored and rinsed frequently in water sanitizing solution, non-food contact surface of equipment and utensils not clean, improper storage of single-service articles, improper dispensing of single-service articles, garbage and refuse containers not covered as required. Score: 92.  
 Subway, Prestonsburg, regular inspection. Violations noted: food not protected dur-

ing storage, food contact surface of equipment and utensils not clean, toilet facility not in good repair, floors not in good repair. Score: 93.

## Property Transfers

Sheila Conn to Jimmy Conn, property not listed.  
 Rebecca Pack Hamilton to Laura Kidd and Walter C. Kidd, property not listed.  
 Angela Mullins to Eric R. Elswick, property not listed.  
 Tommy Mullins to Eric R. Elswick, property not listed.  
 Samuel Michael Stevens to Cloyde Meade, property located at Pike Floyd Hollow.  
 Fields Taylor to Mike Taylor and Todd D. Taylor, property not listed.  
 Jimmy S. Wise to Ashley Hamilton and Denise Morena, property not listed.  
 Valerie L. Wise to Ashley Hamilton and Denise Morena, property not listed.  
 Barbara Turner to Palmer Martin and Syrida Martin, property not listed.  
 Barbara Turner to Hubert Prater and Louise Prater, property not listed.

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**Cinema 1—Held Over**  
 DEAR JOHN (PG-13), Mon-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.  
**Cinema 2—Starts Friday, Feb. 19**  
 THE BOOK OF ELI (R), Mon-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.  
 Sunday Matinee—Open 1:00; start 1:30

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 Tickets may be purchased in advance for any show on the date of purchase. Bargain Matinees Until 6 p.m.  
 TICKET PRICES:  
 Adult—\$8.00 • Kids/Seniors—\$5.00  
 Matinee—\$4.00  
 2/19/10 - 2/25/10  
**Cinema 1—Held Over**  
 WHEN IN ROME (PG-13), Mon-Sun. 7:00; Fri. 7:00; Sat-Sun. (2:00) 7:00.  
 THE BOOK OF ELI (R), Mon-Sun. 9:15; Fri. (4:15) 9:15; Sat-Sun. (4:15) 9:15.  
**Cinema 2—Held Over**  
 TOOTH FAIRY (PG), Mon-Sun. 7:00-9:15; Fri. (4:15) 7:00-9:15; Sat-Sun. (2:00-4:15) 7:00-9:15.  
**Cinema 3—Held Over**  
 PERCY JACKSON & THE OLYMPIANS: THE LIGHTNING BOLT THIEF (PG), Mon-Sun. 6:50-9:25; Fri. (4:25) 6:50-9:25; Sat-Sun. (1:50-4:20) 6:50-9:25.  
**Cinema 4—Held Over**  
 LEGION (R), Mon-Sun. 7:05-9:25; Fri. (4:25) 7:05-9:25; Sat-Sun. (2:05-4:25) 7:05-9:25.  
**Cinema 5—Held Over**  
 FROM PARIS WITH LOVE (R), Mon-Sun. 6:55-9:20.  
 ALVIN & THE CHIPMUNKS 2 (PG), Fri. (4:15); Sat-Sun. (2:00-4:15).  
**Cinema 6—Held Over**  
 DEAR JOHN (PG-13), Mon-Sun. 6:55-9:20; Fri. (4:20) 6:55-9:20; Sat-Sun. (1:55-4:20) 6:55-9:20.  
**Cinema 7—Held Over**  
 VALENTINE'S DAY (PG-13), Mon-Sun. 6:50-9:25; Fri. (4:25) 6:50-9:25; Sat-Sun. (1:50-4:20) 6:50-9:25.  
**Cinema 8—Starts Friday, February 19**  
 SHUTTER ISLANDS (R), Mon-Sun. 7:45; Fri. (4:45) 7:45; Sat-Sun. (1:45-4:45) 7:45.  
**Cinema 9—Held Over**  
 THE WOLFMAN (R), Mon-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat-Sun. (2:15-4:30) 7:15-9:30.  
**Cinema 10—Held Over**  
 EDGE OF DARKNESS (R), Mon-Sun. 6:55-9:20; Fri. (4:20) 6:55-9:20; Sat-Sun. (1:55-4:20) 6:55-9:20.

American Heart Association  
 Fighting Heart Disease and Stroke  
**Choose Healthful Foods**

## Septic system grants available for short time

SOMERSET — For a limited time, Floyd County's low-income homeowners can apply for a PRIDE grant to replace a failing septic system or straight pipe. The PRIDE grants will pay for installation of a septic system or connection to a public sewer system, if one runs by the home.  
 "These grants are for homeowners who want to do the right thing but can't afford a septic system or sewer connection," explained Karen Engle, who heads the non-profit PRIDE organization. "A good septic system or sewer service is critical for the health of all homeowners and their neighbors. They protect the waterways and groundwater that we all share. They also are required by state law."  
 "Please apply immediately because these grants are available for a very short time," Engle said. "We will review applications on a first-come, first-serve basis, and we will give priority to the fully complete applications that we receive by March 3, 2010. We will award the grants quickly."  
 "If you applied for this grant program in past years, you must submit a new applica-

tion," Engle added. "Your new application will be given first priority, if it is complete and submitted by March 3, 2010."  
 PRIDE encourages you to apply for a grant if you meet these criteria:  
 ■ You own the home that needs a septic system or sewer connection. (Rental and leased properties are not eligible for this grant program.)  
 ■ The home is located in one of the 38 counties served by Eastern Kentucky PRIDE. (Please see the map at www.kypride.org.)  
 ■ You have electrical service at the home. The electric bill must show the physical address of the residence where the system will be installed and be in the name of the homeowner.  
 ■ The combined income of everyone living in the home is below 55 percent of the HUD poverty guideline.  
 "If you do not know if your income meets the criteria, please submit an application any way," Engle said. "If your income is too high, we will tell you."  
 "Your application must be complete,"

Engle emphasized. "That means you must send us copies of your recorded deed, your last electric bill, and the proof of income for everyone living at the home. The proof of income can be a recent check stub, federal income tax statement, or Social Security benefits statement. All these things are explained in the grant application."  
 To request a grant application, please call the PRIDE office, toll free, at 888-577-4339. Grant applications also are available from local PRIDE Coordinators. In Floyd County, the PRIDE Coordinators are: Ella Clay, 886-9193; Brent Graden (Prestonsburg), 886-2335; Rita Whicker (Martin), 285-9400; and Tommy Robinson (Wayland), 358-2316.  
 Grant applications can be printed at www.kypride.org.  
 Completed grant applications should be mailed to the PRIDE office. The address is printed on the grant application form. The grant application form must be filled in completely, and all documents requested must be attached.

## Obituaries

Home.  
 ■ Lydia Sargent, 78, of Maxie, Va., died Wednesday, February 10, at Pikeville Medical Center. Funeral services were held Sunday, February 14, under the direction of R.S. Jones Funeral Home.  
 ■ Tony Curtis Swiney, 52, of Elkhorn City, died Thursday, February 11, at the Pikeville Medical Center. He is survived by his wife, Peggy Newcomb Swiney. Funeral services were held Sunday, February 14, under the direction of Bailey Funeral Home.  
 ■ Vangie Weddington, 82, of Mikes Branch, died Wednesday, February 10, at the South Williamson Appalachian Regional Hospital. Funeral services were held Saturday, February

13, under the direction of Community Funeral Home.  
 ■ Darlene Yates, 59, of Greasy Creek, died Wednesday, February 10, at Pikeville Medical Center. She is survived by her husband, Albin Yates. Funeral services were held Saturday, February 13, under the direction of Thacker Funeral Home.  
**MAGOFFIN COUNTY**  
 ■ George Bailey, 84, of Salyersville, died Saturday, February 6, at the Wurland Rehab Center in Ashland. Funeral services were held Tuesday, February 9, under the direction of Magoffin County Funeral Home.  
 ■ Pat Montgomery, 66, of Salyersville, died Thursday, February 4, at the Saint Joseph Medical Center, in Lexington.

He is survived by his wife, Patricia Clayton Montgomery. Funeral services were held Sunday, February 7, under the direction of Salyersville Funeral Home.  
 ■ Charles Edward Prater, 81, of Salyersville, died Friday, February 5, at his residence. He is survived by his wife, Emogene Manns Prater. Funeral services were held Monday, February 8, under the direction of Magoffin County Funeral Home.  
 ■ Cynthia Ann Slusher Risner, 64, of Salyersville, died Thursday, February 4, at

the Highlands Regional Medical Center. She is survived by her husband, Ernest Risner. Funeral services were held Sunday, February 7, under the direction of Magoffin County Funeral Home.  
 ■ Daylan Gage Whitaker, infant son of Walter and Kristy Rose Whitaker, of Lacey Creek, Salyersville, died Wednesday, February 3, at his home. Funeral services were held Saturday, February 6, under the direction of Salyersville Funeral Home.

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**GUN & KNIFE SHOW**  
 Feburary 20-21  
 Saturday, 9-5; and Sunday, 9-4  
**HINDMAN KNOTT COUNTY SPORTSPLEX**  
 (450 Kenny Champion Loop)  
**BUY • SELL • TRADE**  
**INFO: (563) 927-8176**

**LARGE MACHINERY CONSIGNMENT AUCTION**  
 Saturday, February 27, 2010  
 9:00 a.m.  
 LOCATION:  
 4565 Maysville Rd., Flemingsburg, KY.  
**TRACTORS, CONSTRUCTION EQUIPMENT, VEHICLES, LAWN MOWERS, FARM EQUIPMENT and MISCELLANEOUS**  
**A LOCAL CONTRACTOR IS RETIRING AND WILL BE SELLING NUMEROUS ITEMS AT THIS SALE. SEE PICTURES @ www.auctionzip.com**  
 To consign, or for additional information, call Chuck 606-782-0374 or Philip 606-782-2592  
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# Viewpoint

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Worth Repeating ...

Every composer knows the anguish and despair occasioned by forgetting ideas which one had no time to write down.

— Hector Berlioz

## Guest View

### Flip-flopping at EPA

Last fall, Lisa Jackson, administrator of the Environmental Protection Agency, was talking tough about the need to protect the public from toxic chemicals. At the top of her list: bisphenol A.

Now, apparently, not so much.

Jackson needs to explain why, after all the jawboning, her agency failed to include BPA on a list of chemicals facing stricter labeling and reporting requirements. That decision came Dec. 30, eight days after lobbyists for the chemical industry met with Obama administration officials.

The failure to target BPA raises suspicion that the meeting between industry representatives and employees of the Office of Information and Regulatory Affairs influenced the EPA's decision. The office is an arm of the Office of Management and Budget, which considers the costs and benefits of government policy.

The chemical industry seems to have relied on some of its old tricks at the meeting — trotting out industry-funded studies that downplay the risks of BPA. According to documents examined by the Journal Sentinel, 13 of 19 papers and presentations cited at the meeting were funded by the industry.

Independent research reaches a different conclusion. In hundreds of studies, the chemical has been linked to health problems ranging from cancer, obesity and heart disease to diabetes and sexual dysfunction.

BPA is used in dozens of household products, including the linings of food and beverage cans and hardened plastics. Studies have found that the chemical leaches into the contents of those containers when heated.

The U.S. Food and Drug Administration last month reversed earlier findings and declared it now has "some concern" about the chemical's effects on fetuses, infants and young children. Canada, as well as several states and municipalities, have passed limited bans. The Wisconsin Senate unanimously passed a bill last month that would ban the use of BPA in baby bottles or sippy cups for children 3 and younger.

BPA should be removed immediately from all products intended for children, and over time, it should be removed from everything else. No one, adult or child, should have contact with it.

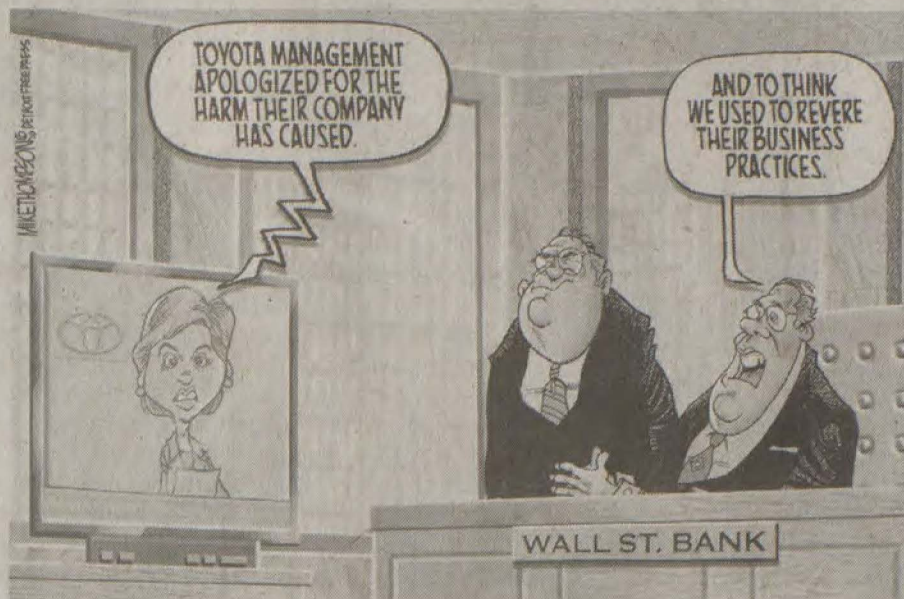
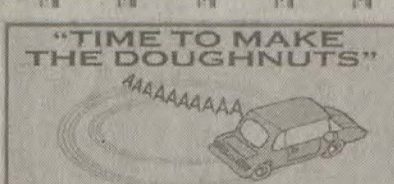
Federal watchdogs and Congress need to do their jobs. And they should pay more attention to independent research that consistently links BPA to human health problems and set aside the self-serving gruel served up by the chemical industry.

— The Milwaukee Journal Sentinel



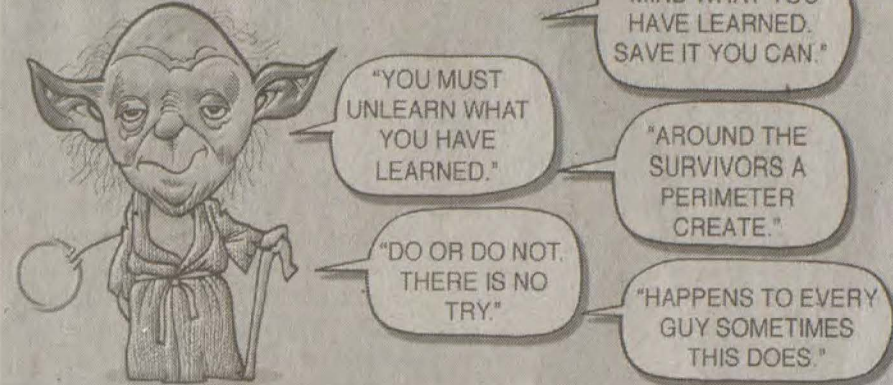
OH, WHAT A FEELING  
TOYOTA'S WOES KEEP MOUNTING.  
SOME THOUGHTS ON THE MATTER:

MOTTO BRAVADO  
TO RESTORE CONSUMER  
CONFIDENCE, TOYOTA SHOULD ADOPT  
THE AD SLOGANS OF SOME TRUSTED  
COMPANIES.



### A TOY YODA FOR TOYOTA

WHAT THE WISE OLD SAGE COULD TEACH THE AUTOMAKER



## Guest column

### Community college transfer legislation key to state's future

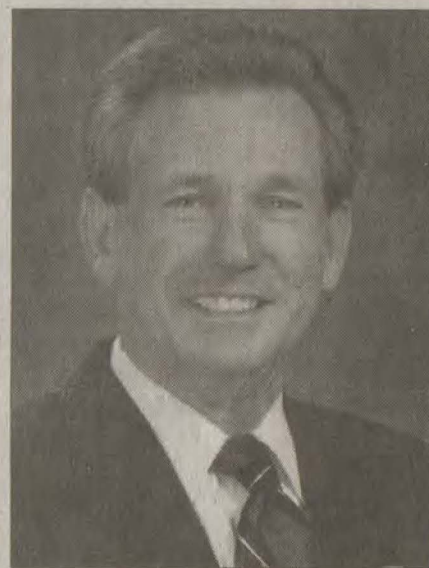
by MICHAEL B. McCALL  
PRESIDENT, KENTUCKY COMMUNITY AND  
TECHNICAL COLLEGE SYSTEM

There is a continuous struggle faced by many Kentucky Community and Technical College students. These students take lower-division level transfer classes taught by highly qualified faculty who have an expertise in teaching and learning, only to discover later that the degree requirements have changed at the other institution.

Determining which community college classes will transfer to a four-year university shouldn't be so difficult for students. There is a revolutionary transfer bill (House Bill 160) being considered right now in the Kentucky legislature that would fix many of the problems students are experiencing.

Recently, a West Kentucky Community and Technical College (WKCTC) student was ready to transfer his community college credits to a state university, but he ran into roadblocks. Despite his years of work at WKCTC and advising by both institutions, many of the classes he had been told would transfer to a four-year university didn't count toward the engineering degree he'd set his heart on achieving.

This young man, one of three sons of Gayna Felts, a busy mom and radiography student at WKCTC, was incredibly disappointed that some of his hard work — not to mention money — had gone toward coursework that wouldn't help him reach his ultimate goal of an engineering



Michael B. McCall

degree. He ended up attending his chosen four-year institution, but was embarrassed to be in classes with freshmen students when he had already worked so hard to get an associate's degree. He was terribly discouraged from his disheartening experience.

Gayna plans to use this hard-learned lesson to help her younger sons avoid similar issues when they begin college. But many of KCTCS' students lack the family support to get such help. Often, students at KCTCS are the first in their families to attend college, and they have no one to guide them through the unnecessarily complicated maze of higher education.

HB160 will help provide students with a clear-cut understanding of which courses will apply toward a four-year degree. In its current form, the bill creates a more clearly defined path to a bachelor's degree for those students who plan to transfer, and consistency among core courses that students need in order to succeed. HB160 also includes stipulations for maintaining the agreement once passed into law, requiring advance notice to KCTCS and the Council on

Postsecondary Education when course changes are proposed that would have an adverse effect on transfer.

Community and technical colleges are an excellent value for students, particularly during these difficult economic times, because they provide an affordable and convenient pathway for students to pursue a baccalaureate degree. Additionally, research shows that KCTCS transfer students do better than students who start at four-year institutions. At KCTCS, our students represent more than half of the undergraduate students in all of Kentucky's public postsecondary institutions combined. And more and more are deciding to begin their higher education journey at one of our 16 colleges. In fact, spring enrollment is up a record 18 percent across the system. It is obvious we are providing Kentucky what it needs right now and it is critical we help these students continue along the path to success with a four-year degree.

Kentucky's future economic health depends upon higher education because some form of postsecondary credential is needed for the high wage, high demand jobs that are critical for our state to not only survive, but thrive in today's global marketplace. Kentucky has set an ambitious goal to double the number of baccalaureate degrees by 2020 to attract the businesses and industries that will put our state on a trajectory path towards economic prosperity. However, if our state is going to reach this goal, it must significantly increase the number of transfer students from KCTCS to four-year institutions.

Please join me and the more than 8,000 citizens who have signed the Kentuckians for Community and Technical Colleges petition in asking the 2010 Kentucky General Assembly to support HB160. It is a smart investment in our students, our workers and our state's economy. Our state's economic future depends on it.

## Letters

### Give drug tests to welfare recipients

Like most folks in this country, I have a job. I work, they pay me. I pay my taxes & the government distributes my taxes as it sees fit.

In order to get that paycheck, in my case, for certain companies I am required to pass a random urine test

(with which I have no problem).

What I do have a problem with is the distribution of my taxes to people who don't have to pass a urine test.

So, here is my question: Shouldn't one have to pass a urine test to get a welfare check because I have to pass one to earn it for them?

Please understand, I have no problem with helping people get back on their feet. I do, on the other hand, have a problem with helping someone sit-

ting on their butt — doing drugs while I work.

Can you imagine how much money each state would save if people had to pass a urine test to get a public assistance check?

I guess we could call the program "Urine or You're Out!"

P.S. Just a thought, all politicians should have to pass a urine test too!

Gerald Walker  
Paintsville

## Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objection-

able. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

# The Times

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# FLOYD COUNTY Sports

Soccer signups  
• A6



**TOURNAMENT TIME**  
Allen Central and Piariest will face off in the opening game of the 58th District girls' basketball tournament Monday at Prestonsburg High School. Allen Central swept Piariest in a two-game regular-season series.

Left: Piariest's Chelsea Newsome contested a shot from Allen Central's Krista Parsons, during a regular-season matchup.

Right: Piariest's Kelli Akers worked to dribble past Allen Central's Sarah Rife.

Check out brackets for the 2010 58th District boys' and girls' basketball tournaments on Page A6.

**15th Region Girls' Basketball Standings**

Team	Record
Sheldon Clark	17-4
Belfry	17-7
Betsy Layne	14-7
South Floyd	14-8
Lawrence County	13-7
Shelby Valley	13-8
Pikeville	12-11
East Ridge	11-13
Pike County Central	10-10
Magoffin County	10-13
Piariest School	8-11
Johnson Central	8-15
Prestonsburg	8-17
Paintsville	7-11
Phelps	5-15
Allen Central	5-20



## Catching up with Billy Clyde

by RICK BENTLEY  
TIMES COLUMNIST

I read an interesting story this week from the Star-Telegram in Fort Worth about former Kentucky basketball coach Billy Gillispie.

In it, writer Mike Jones told how the interview with Gillispie spiraled around his career and took more than two hours to complete. That made me think it was kind of like his Kentucky career: long and spiraling (mostly, at least by the end, out of control) and took just two years to complete.

I'm not like many UK fans in that I'm not bitter toward Gillispie. I believe — and he alluded to this in the story — that he had no idea what he'd gotten himself into when he left his native Texas for the Big Blue Nation. I also believe that wasn't all his fault.

Let's remember what led to his hiring. Mitch Barnhart put all his eggs in one basket, and it wasn't that of good ol' Billy Clyde. He wanted the other Billy — Donovan — and when he finally turned Kentucky down to stay in Gainesville, many of us had no idea where he'd turn.

And yet when we awoke the next morning, Kentucky had a coach. The night Tubby Smith said the equivalent of "to heck with this, I'm outta here," I was en route to the Sweet 16. Word

(See BILLY, page six)

## Eagles falter versus third-ranked Indiana-SE

TIMES STAFF REPORT

NEW ALBANY, Ind. — The Alice Lloyd College Eagles faced the third-ranked team in the nation, Indiana University-Southeast, Tuesday in a road matchup. Visiting Alice Lloyd was forced to play from behind early on in the contest. Indiana University-Southeast connected on a staggering 23 three-point field goals en route to a convincing 122-80 win.

Indiana University-Southeast shot 57.5 percent from the field and hit 10 three-pointers in the first half, jumping out in front 63-37. In the second half, IU-Southeast shot even better, connecting on 62 percent of its shots from the field and 13-of-21 three-point field goal attempts.

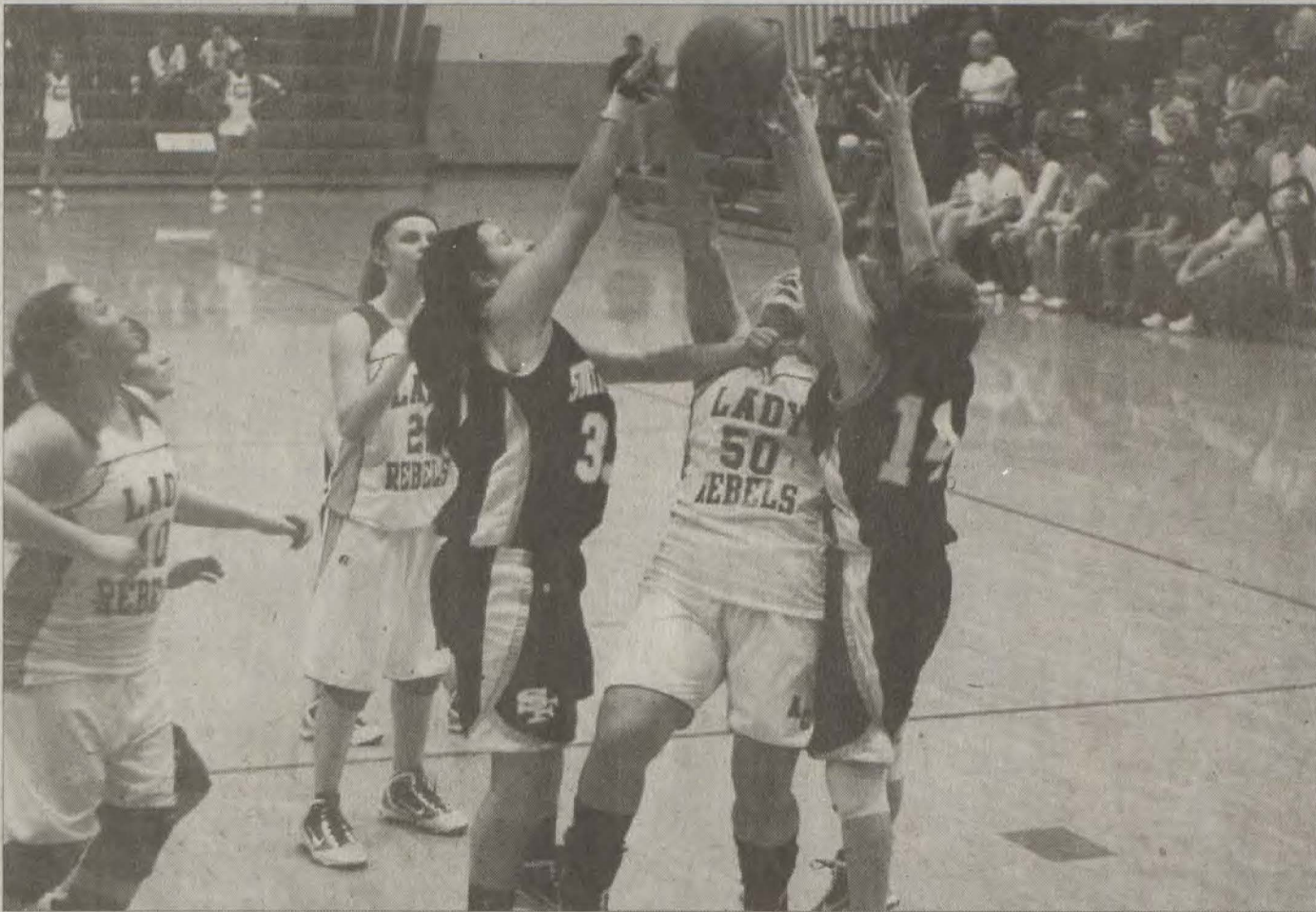
For IUS (22-3; 11-0), guards Craig Bryant and George White combined for 10-15 from three-point range to lead the way with 23 and 20 points, respectively.

Junior Daniel Combs paced Alice Lloyd (7-18, 2-9) with 17 points. Sophomores Brandon Hayes and Van Ferguson were also active on the offensive end for the Eagles, scoring 14 and 13 points, respectively. Junior Will Jones added 11 points for Alice Lloyd in the conference setback.

The Eagles are slated to open competition in the KIAC Tournament next week at a site to be determined.

## P'burg Little League signups continue

Prestonsburg Little League will conduct additional signups for the 2010 season on Feb. 20 and 27 at Prestonsburg Dairy Queen from 10 a.m. to 2 p.m.



The South Floyd Lady Raiders have enjoyed a record-breaking season. South Floyd will face Prestonsburg on Tuesday at 7:30 p.m. in the 58th District girls' basketball tournament. The Lady Raiders claimed a school-record eight straight wins prior to falling to Pikeville in a road game Wednesday evening. Pikeville defeated the South Floyd girls 68-60. Lady Raiders pictured in a regular-season game with Allen Central are Joslyn Isaac (33), Gabrielle Bailey (14) and Kayla Hall (11).

## South Floyd has winning streak snapped

by STEVE LeMASTER  
SPORTS EDITOR

PIKEVILLE — As the old saying goes, all good things must come to an end. For South Floyd, that meant a school-record eight-game winning streak. After reeling off eight straight wins, South Floyd slipped back into the loss column on Wednesday evening in a road game at Pikeville. The Lady Panthers dealt South Floyd a loss for only the third time since December 30, defeating the Lady Raiders 68-60.

The Lady Raiders are poised to enter the postseason in search of their first and only 58th District championship since 2001. The surging South Floyd girls ended the season second in the Floyd County Conference.

South Floyd (14-8), which currently boasts the best record in school history, featured seven different scorers in the loss. Kiana Hall paced South Floyd offensively, scoring a team-high 17 points. Gabrielle Bailey joined Hall in double figures, adding 13 points for the Lady Raiders.

South Floyd shot 45.1 percent from the field in the setback while draining four-of-16 three-point field goal attempts.

Andrea Conn netted nine points, Kayla Hall scored eight and Chelsie Tuttle tossed in seven for the Lady Raiders. Joslyn Isaac and Janeal Brown rounded out the South Floyd scoring with four and two points, respectively.

Bailey led South Floyd on the boards with 13 rebounds as she recorded the team's lone double-double.

Andrea Conn dished out a team-high five assists for the Lady Raiders.

South Floyd wasn't without highlights in the rebounding category. The Lady Raiders rounded up 38 rebounds in the late regular-season game against reigning 15th Region All "A" Classic runner-up Pikeville.

South Floyd is slated to visit Perry County Central tonight for a regular-season finale and face Prestonsburg on Tuesday in the opening round of the 58th District Tournament. Tip-off for both games is set for 7:30 p.m.



## Lady Blackcats drop road game to Fairview

TIMES STAFF REPORT

WESTWOOD — Prestonsburg fell short on the road Saturday as host Fairview prevailed 58-51 at George Cooke Memorial Gymnasium. Fairview, which won its 12th game, received a game-high 21 points from Kayla Day. Sierra Manier canned four three-point field goals and added 16 points for the Lady Eagles.

Prestonsburg edged Fairview 13-12 in the opening quarter. Fairview battled back to lead 26-24 at the intermission and outscored the Lady Blackcats 16-10 in the third period.

Kristian Waugh paced Prestonsburg with 14 points.

Alexis DeRossett tossed in 12 points and Devann Poe added 10 for the Lady Blackcats. Cassie Burchett scored eight points, Tiffany Wertz tossed in six and Paige Collett scored on a free throw for the Prestonsburg girls.

The Lady Blackcats shot 41.5 percent (17-of-41) from the field and drained four-of-eight three-point field goals.

Prestonsburg was 13-for-21 from the free throw line.

Wertz led Prestonsburg on the glass, corralling five rebounds.

Prestonsburg was scheduled to host Belfry Thursday evening and visit Phelps tonight before facing South Floyd in the 58th District Tournament.

## Shelby Valley routs Lady Rebs

by STEVE LeMASTER  
SPORTS EDITOR

ROBINSON CREEK — Allen Central faced a big double-digit deficit at the conclusion of the opening quarter and failed to catch up Wednesday evening at Shelby Valley in a late regular-season non-district game. Shelby Valley secured an early lead and never had to play from behind, defeating Allen Central 87-36.

Fourteen different players scored as Shelby Valley recorded the lopsided win.

Shelby Valley (14-8) owned the opening quarter, outscoring Allen Central 28-6. Stretching its lead in the second quarter, Shelby Valley continued to remain ahead. The Lady Wildcats led 54-21 at the intermission.

Freshman guard Hannah MacElhose led Allen Central with nine points. Senior forward/guard Ericka Moore scored seven points while junior center Sarah Kinney and sophomore guard/forward Logan Cline contributed six apiece for the Lady Rebels. Sarah Rife, an eighth-grade guard, netted five points for Allen Central in the setback.

Allen Central (5-20) is scheduled to host Pikeville tonight in a regular-season finale. Tip-off for the Allen Central-Pikeville game is set for 7:30 p.m. at J.E. Campbell Arena.

The Lady Rebels will face the Piariest School on Monday at Prestonsburg High School in the opening game of the 58th District Tournament.

## New hunting, trapping, fishing licenses needed as of March 1

by HAYLEY LYNCH  
KENTUCKY AFIELD

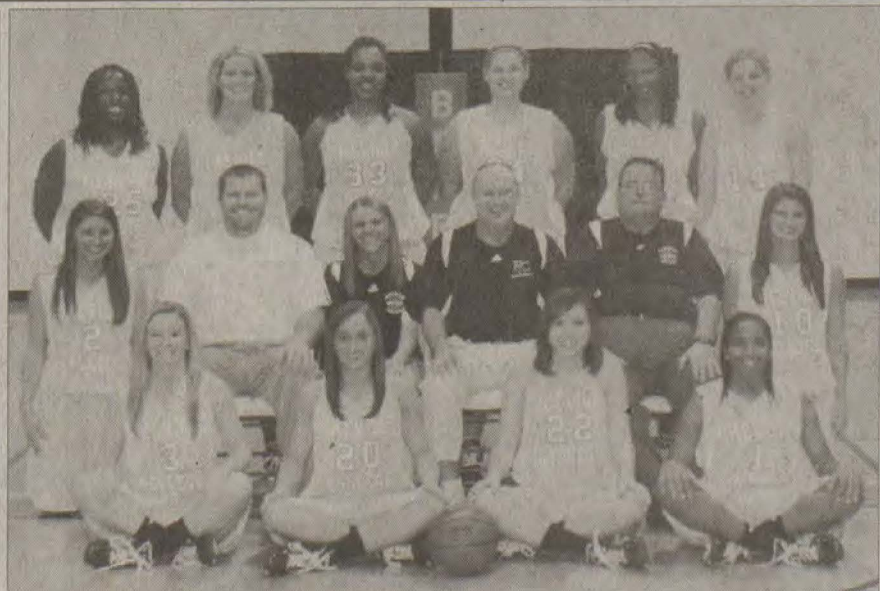
FRANKFORT — For less than a single round of golf, you can fish all year long. You can hunt squirrels, rabbits, raccoons and coyotes all season for less than the cost of a tank of gas. Fifty dollars buys you the opportunity to take two deer — hundreds of dollars worth of meat when compared to grocery store prices.

As the new license year approaches, Kentucky's hunting, trapping and fishing opportunities remain one of the state's best recreational values. Families are pinching pennies wherever they can find them, and licenses offer an incredible value not only for a year's worth of fun on the lake or in the woods, but for plenty of chances to bring home dinner at a

(See LICENSES, page six)

**15th Region Girls' Basketball Standings**

Team	Record
Sheldon Clark	17-4
Belfry	17-7
Betsy Layne	14-7
South Floyd	14-8
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Pike County Central	10-10
Magoffin County	10-13
Piariest School	8-11
Johnson Central	8-15
Prestonsburg	8-17
Paintsville	7-11
Phelps	5-15
Allen Central	5-20



## THINK PINK

The Pikeville College Lady Bears wore new pink uniforms during their annual cancer awareness game earlier in the season. Pikeville College is gearing up for the 2010 Mid-South Conference Tournament.



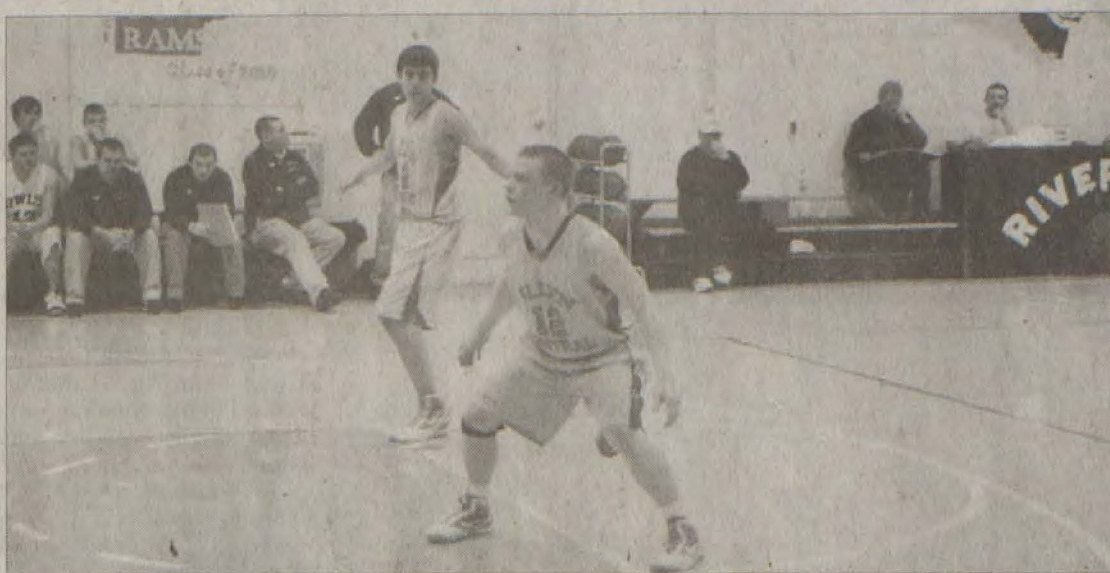
## Spring soccer registration to open Saturday

TIMES STAFF REPORT

PRESTONSBURG — The Floyd County Youth Soccer Association has announced that registration for the spring 2010 season will be held on two upcoming Saturdays — Feb. 20 and 27 — at the McDonald's located in the Prestonsburg Village Shopping Center. Volunteers will be at McDonald's to accept registrations between the hours of 11 a.m. and 2 p.m. The registration fee is \$40 per child.

Parents may also register their children by accessing the league website at [www.ekysoccer.org](http://www.ekysoccer.org). The registration form posted online should be printed, completed by the parent and mailed to Robin Simpson Smith, Registrar, P.O. Box 746, Prestonsburg, Ky. 41653. A check or money order in the amount of \$40 for registration should be mailed with the completed application. Floyd County Youth Soccer is not responsible for mail delivery and registrations are accepted on a "first come, first served" basis.

All children at least four (4) years of age, but no less than nineteen (19) years of age on Aug. 1, 2009 are eligible to participate in recreational soccer. Players in the Under 6 and Under 8 divisions play against other Floyd County teams. Teams in the Under 10 division and older play teams from surrounding counties. For more information, contact Robin Simpson Smith, Registrar, at 886-9562.



JUSTIN JACKSON (12) AND BRAXTON TACKETT defended for Allen Central on Saturday during the Riverside Prep Showcase versus Owsley County. The Owls defeated the Rebels 90-68 in the late regular-season matchup at Riverside Christian.

## 2010 58th District Boys Basketball Tournament

Betsy Layne

Feb 24 6:00 PM  
at Prestonsburg

Allen Central

Feb 24 7:30 PM  
at Prestonsburg

South Floyd

Feb 26 7:00 PM  
at Prestonsburg

Prestonsburg

## 2010 58th District Girls Basketball Tournament

South Floyd

Feb 23 7:30 PM  
at Prestonsburg

Prestonsburg

Piarist School

Feb 22 6:00 PM  
at Prestonsburg

Allen Central

Feb 23 6:00 PM  
at Prestonsburg

Betsy Layne

Feb 25 7:00 PM  
at Prestonsburg

### ATHLETES OF THE WEEK

Warren Blackburn, Prestonsburg Boys' Basketball  
Kristian Waugh, Prestonsburg Girls' Basketball



# SPORTS FAN

## OF THE WEEK



If you are the sports fan circled here...  
*it's your lucky day!*

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at DAIRY QUEEN OF PRESTONSBURG. When claiming your ice cream cake, present this newspaper.

## Licenses

Continued from p5

bargain price.

"A fishing license is a great deal for families looking for cost-effective recreation," said Benjy Kinman, deputy commissioner and former director of fisheries for the Kentucky Department of Fish and Wildlife Resources. "Kids under 16 fish free and parents pay less than the cost of a night at the movies to fish all year long, or they may simply purchase a one-day license. Fishing gets everyone outdoors, away from the TV. Fishing is an enjoyable escape and creates lifetime memories."

Kentucky Fish and Wildlife stocks more than four million fish each year into the state's lakes, rivers and streams. The department builds and maintains public fishing piers and bank fishing access areas, enforces fishing and boating laws to ensure public safety and protection of fishery resources, and runs an expanding Fishing in Neighborhoods Program (FINs) to provide urban area residents with a place to fish nearby. License dollars create so much opportunity that Kentucky is known beyond its borders as a fishing destination.

Money from license sales produces many of the same benefits on land. Deer and turkeys, whose numbers dwindled in the early twentieth century, now thrive in Kentucky. The state routinely ranks in the country's top five for Boone and Crockett trophy deer taken. A healthy elk population now roams eastern Kentucky, along with a growing number of black bears. Kentucky Fish and Wildlife continues its concentrated habitat efforts to stabilize

and rebuild small game numbers statewide.

"Through purchasing a license, you are contributing to the conservation and management of wildlife in Kentucky," said Karen Waldrop, wildlife division director for Kentucky Fish and Wildlife. "License money pays for the restoration of species like deer and turkey, land acquisition, and the continued management of fish and wildlife habitat and populations."

Education programs reach hundreds of thousands of Kentuckians each year through classroom conservation education, conservation camps, hunter safety courses, aquatic education and more. Since the department receives no tax dollars from Kentucky's general fund, none of this would be possible without the support of license buyers.

Some of the most popular licenses include the annual fishing license, which is just \$20; a resident combination hunting and fishing license for \$30, which covers fishing, as well as hunting for small game and furbearer species; and a statewide deer permit, \$30 for Kentucky residents, which in combination with an annual hunting license allows the holder to take two deer — one antlered and one antlerless, or two antlerless. Families will find a great value in licenses — a joint husband and wife fishing license is available for \$36, and kids under 12 don't have to buy most hunting licenses at all.

Sportsmen and sports-women who fish and hunt for multiple species could find

themselves paying up to \$145 for the licenses and permits needed to take deer, turkeys, small game, ducks and geese, furbearers and all species of fish. This is why Kentucky Fish and Wildlife offers a Sportsman's License. It's a package deal that shaves \$50 off the cost of buying those licenses and permits separately. The \$95 Sportsman's License, available only to Kentucky residents, includes a combination hunting and fishing license, a statewide deer permit, spring and fall turkey permits, a state waterfowl permit and a trout permit. It's like having year-long movie tickets or a season pass to your favorite amusement park. The only extras hunters need are a federal duck stamp to hunt waterfowl, and an additional permit if they want to hunt at Peabody Wildlife Management Area or Land Between the Lakes National Recreation Area. A bear hunting permit, trapping license and an elk lottery application must also be purchased separately.

For complete licensing information, pick up a copy of the 2010-11 Kentucky Fishing and Boating Guide, or the 2010 Kentucky Hunting Guide for Spring Turkey & Squirrel, available online at [fw.ky.gov](http://fw.ky.gov) and wherever licenses are sold.

Getting a good value for your money is more important than ever. Kentucky hunting, trapping and fishing licenses are still one of the best deals around. For more information, call Kentucky Fish and Wildlife toll-free at 1-800-858-1549, or go online to [fw.ky.gov](http://fw.ky.gov).

## Billy

Continued from p5

on press row — motto: Let no good rumor go untold — was Barnhart really *really* liked Gillispie, who'd just made a name for himself the weekend prior by shocking Louisville in the second round of the NCAA.

So from where I sit, Gillispie being woefully unprepared for the job was only a little his doing, with most of the blame falling at the feet of Barnhart. Instead of taking his time and looking around, or at least spending a little more time getting to really know Gillispie, Barnhart fell for the "Aw shucks," lines the coach was laying down and overnight signed him not to a contract, but instead to a now-famous "memorandum of understanding."

But once Gillispie got the job, the blame for his undoing rests securely on his shoulders.

Gillispie was a walking contrast. Here was a guy who heard about UK students raising money, so after that day's game, he walked over and plunked down \$10,000. He could be very personable, as he was to me the night the Bears played at UK in his very first game. Or as he was the

afternoon he and Barnhart came to Pikeville to speak at an FCA meeting.

But he could also be gruff. He was cynical towards the media, although, to be honest, it'd probably be difficult not to be in his position. He scarcely talked to his players off the court, and even now the less said about his ongoing "feud" with ESPN's Jeannine Edwards the better.

Many of us didn't understand his infatuation with brutal two-hour practices on gameday, but I'm willing to cut him some slack there, I've know of coaches who didn't practice the day before a game for fear of causing their players to come out flat. But if it's what had worked for him in the past who am I to question him.

In the end I came away feeling sorry for him, nearly to the point of pulling for him again. But after I'd had some time to think, I'm not so sure. Here's a guy who is responsible for more than a dozen young people who has been three-times arrested for driving while drunk.

Is that the right leadership for college-aged kids? Clearly

not.

And, by a show of hands, how many of you honestly think the three times he got caught were the only times it happened?

Anybody? Me either. Gillispie claims to have given up the bottle, and I hope he's right. He also claims to be ready to return to coaching, and no ill-will toward Kentucky.

But in the end I walked away from the story thinking that while I hope he can bounce back, I'm not sure coaching a college team is still in his best interests. What message will the next president who hires him — and it will happen sooner than later — be sending his student-athletes or the parents of those who will fall under Gillispie's guiding hands?

A poor one, that's what. There are many ways for someone to be a success in this country. Coaching college basketball doesn't have to be one of them.

In Gillispie's case, I'll just say I would never be the guy who offers him the next job he gets.

## Lady Eagles fall to IU-Southeast

ALC women to face Brescia in regular-season finale

TIMES STAFF REPORT

NEW ALBANY, Ind. — The Alice Lloyd Lady Eagles traveled north on Tuesday to face the KIAC's top team — Indiana University Southeast. Alice Lloyd made a good showing but fell short in the conference game as IU-Southeast prevailed 87-74.

Alice Lloyd struggled offensively in the first half,

shooting only 30-percent from the field. IU-Southeast led 48-31 at the intermission.

Alice Lloyd fought back several times in the second half. IU-Southeast, however, received outstanding play from its bench as reserves accounted for 58 of 87 points. Bench player helped the Indiana team hold on for the win.

Guard Alden Krausse paced IU-Southeast (19-8, 12-1), with 19 points.

For Alice Lloyd (8-15, 4-7), sophomores Heather Martin

and Gemma Gray tied for game-high scoring honors with 21 points apiece. Martin also added game-highs with 13 rebounds and four steals. Gray chipped on the boards, recording five rebounds. Junior Nicole Lutes contributed 11 points for the Lady Eagles.

Alice Lloyd is scheduled to conclude the regular-season in Owensboro on Saturday in a game versus Brescia. The KIAC Tournament is slated to tip-off on Tuesday.



# Savory Suppers

FAMILY FEATURES

It's not as hard as you might think to make heart healthy food choices that are still irresistibly good.

Dr. Richard Collins, The Cooking Cardiologist and director of wellness at South Denver Cardiology Associates, says that supporting one's heart may be as simple as learning which foods promote heart health and how to incorporate them into regular meals.

"A lot of people think being heart healthy requires a whole lifestyle overhaul, which may be a key deterrent, particularly for adults who are set in their ways," Collins said. "There are many easy steps you can take to help support heart health — from substituting ingredients in recipes to choosing the right beverages and making the most of the activities you already enjoy. Many heart healthy steps can be relatively quick and easy to incorporate and don't have to break your budget."

For example, 100 percent orange juice is a refrigerator staple that may help support heart health. It can even go beyond the breakfast table — one cup added to your favorite salad dressing, smoothie or marinade is an easy and delicious way to incorporate the beverage's nutrients into your meals.

"The orange juice that starts many Americans' mornings provides nutrients such as potassium, which may help maintain healthy blood pressure and promote heart health," Collins said.

The Cooking Cardiologist has easy ways to make deliciously good-for-you choices:

- Use nut oils such as sesame seed, walnut or almond in your salad dressing to enhance flavor and add heart healthy ingredients to a salad.
- When reading nutrition labels, look for foods that are rich in vitamin C. Vitamin C can support heart health by helping to neutralize free radicals that may contribute to cell and tissue damage — damage that may contribute to the development of chronic health issues like heart disease and cancer. Many fruits and vegetables and their juices, such as 100 percent orange juice, are excellent sources of vitamin C.
- Not all fats are bad. While you should avoid saturated fats and trans fats, omega-3 fats may help reduce the risk of heart disease and stroke. Omega-3 fats are found in foods such as walnuts, flaxseed and fatty fish, such as salmon or tuna.

Try these savory recipes for Orange Tarragon Ginger Shrimp with Rice Noodles and Orange-Apricot Chicken Tagine — two easy ways to serve up heart healthy meals that you're sure to enjoy.

Visit [www.FloridaJuice.com](http://www.FloridaJuice.com) for more heart healthy recipes and information on heart health.

## Orange Tarragon Ginger Shrimp with Rice Noodles

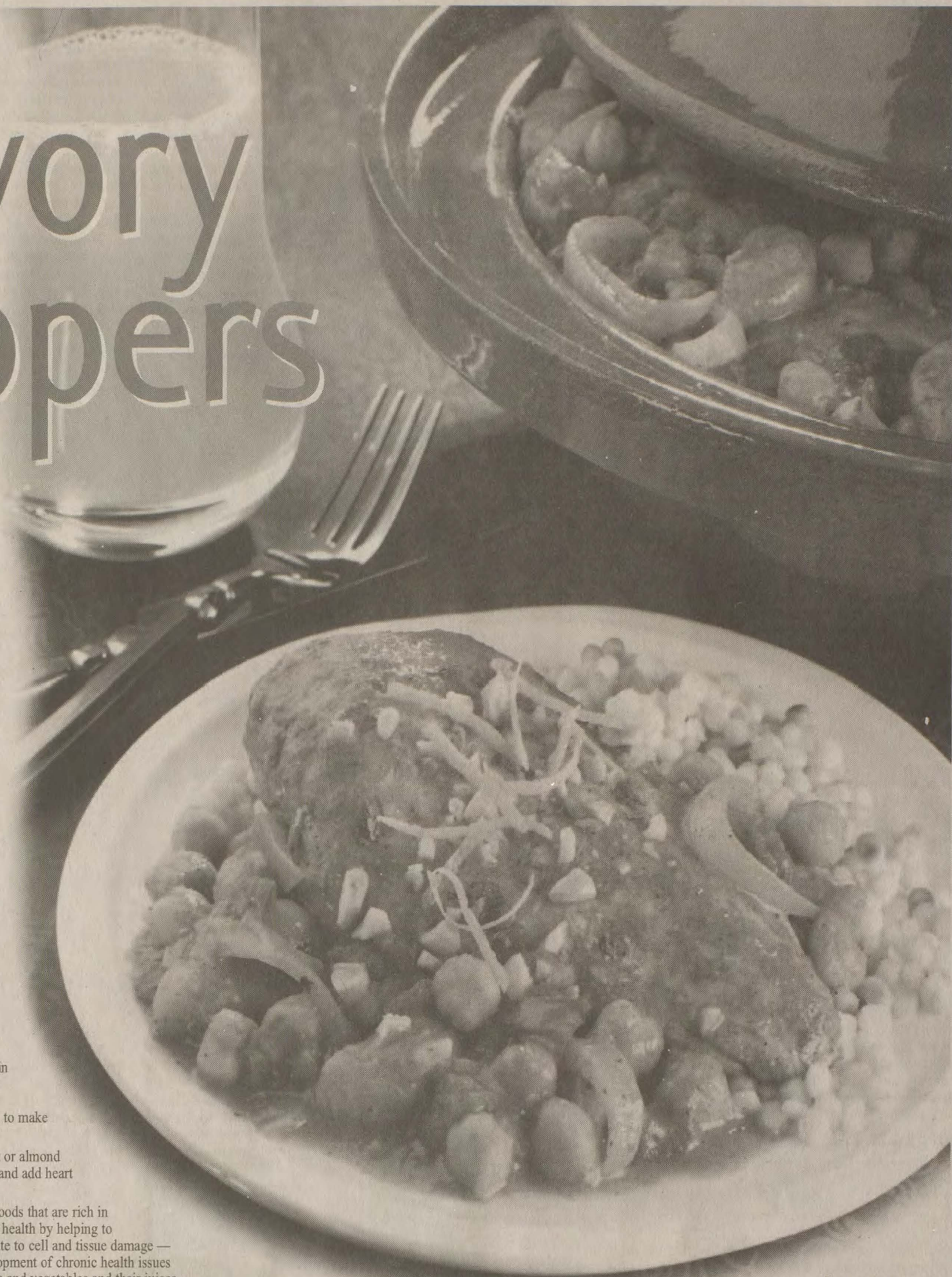
Makes 4 servings

- 1 cup 100% Florida orange juice
- 12 jumbo raw shrimp, peeled, deveined, tails attached
- 2 tablespoons fresh tarragon, finely chopped
- 1 tablespoon olive oil
- 1 tablespoon fresh ginger, finely chopped
- 1 shallot, finely chopped
- 1 (8-ounce) package rice noodles, prepared according to package directions
- 1 tablespoon sesame seed oil
- Nonstick cooking spray
- 2 cups fresh snow peas
- 1 tablespoon toasted sesame seeds
- 1 tablespoon Asian hot chili sauce, optional

Combine orange juice, shrimp, tarragon, olive oil, ginger and shallot in a zipper-seal plastic bag. Seal bag securely; toss gently to combine ingredients. Marinate for 1 hour in the refrigerator.

Prepare rice noodles according to package directions. Drain and combine with sesame seed oil; toss to coat evenly; reserve.

Spray wok with nonstick cooking spray and heat over medium heat. Drain shrimp mixture; reserve 1/2 cup marinade and discard remaining marinade. Add shrimp and reserved 1/2 cup of marinade to wok; bring to a boil and stir fry shrimp for 1 to 2 minutes. Add snow peas; stir fry for 3 more minutes, just until snow peas are tender crisp and shrimp is cooked through. Add sesame seeds and chili sauce, if desired. Remove from heat and add reserved rice noodles; toss to combine and serve immediately.



Orange-Apricot Chicken Tagine

## Featuring Delicious, Heart Healthy Ingredients



Orange Tarragon Ginger Shrimp with Rice Noodles

## Orange-Apricot Chicken Tagine

A tagine is a cooking pot commonly used in North African countries, such as Morocco and Algeria. It consists of two pieces — a plate-like bottom and a conical-shaped lid. Tagines can be purchased online or in most stores where kitchenware is sold.

Makes 4 servings

- 1 tablespoon canola oil
- 4 small skinless chicken breasts, approximately 4 ounces each
- 1 yellow onion, sliced
- 1 tablespoon minced fresh garlic
- 1 tablespoon minced fresh ginger
- 1 cup 100% Florida orange juice
- 1 tablespoon turmeric
- 1 teaspoon ground nutmeg
- 1 teaspoon ground cinnamon
- 1 saffron thread, optional
- 1 (15-ounce) can garbanzo beans, drained
- 1 cup dried apricots
- 1 cup diced fresh tomatoes
- 1/2 cup cashews, chopped and toasted
- 2 tablespoons fresh cilantro, chopped

Heat oil in tagine and brown chicken breasts for 3 to 5 minutes; remove chicken breasts and reserve. Add onion, garlic and ginger to tagine; sauté for 3 minutes. Add orange juice, turmeric, nutmeg, cinnamon and saffron, if desired. Simmer for 3 minutes; do not boil. Add garbanzo beans, apricots and tomatoes. Bring to simmer; add reserved chicken breasts. Cover tagine and cook for 20 to 30 minutes over low heat until chicken is thoroughly cooked. Garnish with cashews and cilantro; serve immediately.

**Serving suggestion:** Serve Orange-Apricot Chicken Tagine with cooked couscous.







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## MOVIES FROM THE BLACK LAGOON

### 'Spectre'

by TOM DOTY  
TIMES COLUMNIST

A criminologist and his physician buddy journey to England when a prominent family enlists their aid in determining whether or not one of them is possessed in this mystery/horror effort from the man who brought you "Star Trek."



Tom Doty  
Times Columnist

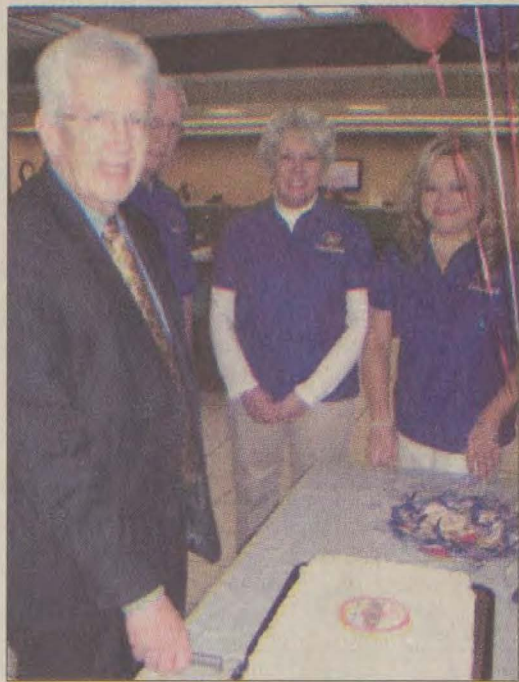
By 1977, all things demonic had proven to be big box office, so Twentieth Century Fox ordered this

pilot from Gene Roddenberry (creator of "Star Trek" and various other fantastic television dramas). Unfortunately the studios went on to drop their obsession with demonic chillers like "The Exorcist" and "The Omen."

Ironically the studios would become more amenable to restarting "Star Trek" that summer, when a film called "Star Wars" reignited their interests in all things science fiction. It's too bad that Hollywood think-tanks can't multi-task, because this pilot really works and would have made for a wonderful series.

It all begins with Dr. Hamilton arriving at the home of his friend and former partner William Sebastian. Sebastian, a criminologist with a strong interest in the occult, is in bad shape after losing a bet with a demon. Apparently there is an effigy somewhere with his face on it and someone has entered a pin into its chest, giving

(See LAGOON, page three)



## Citizens National Bank celebrates 100 years

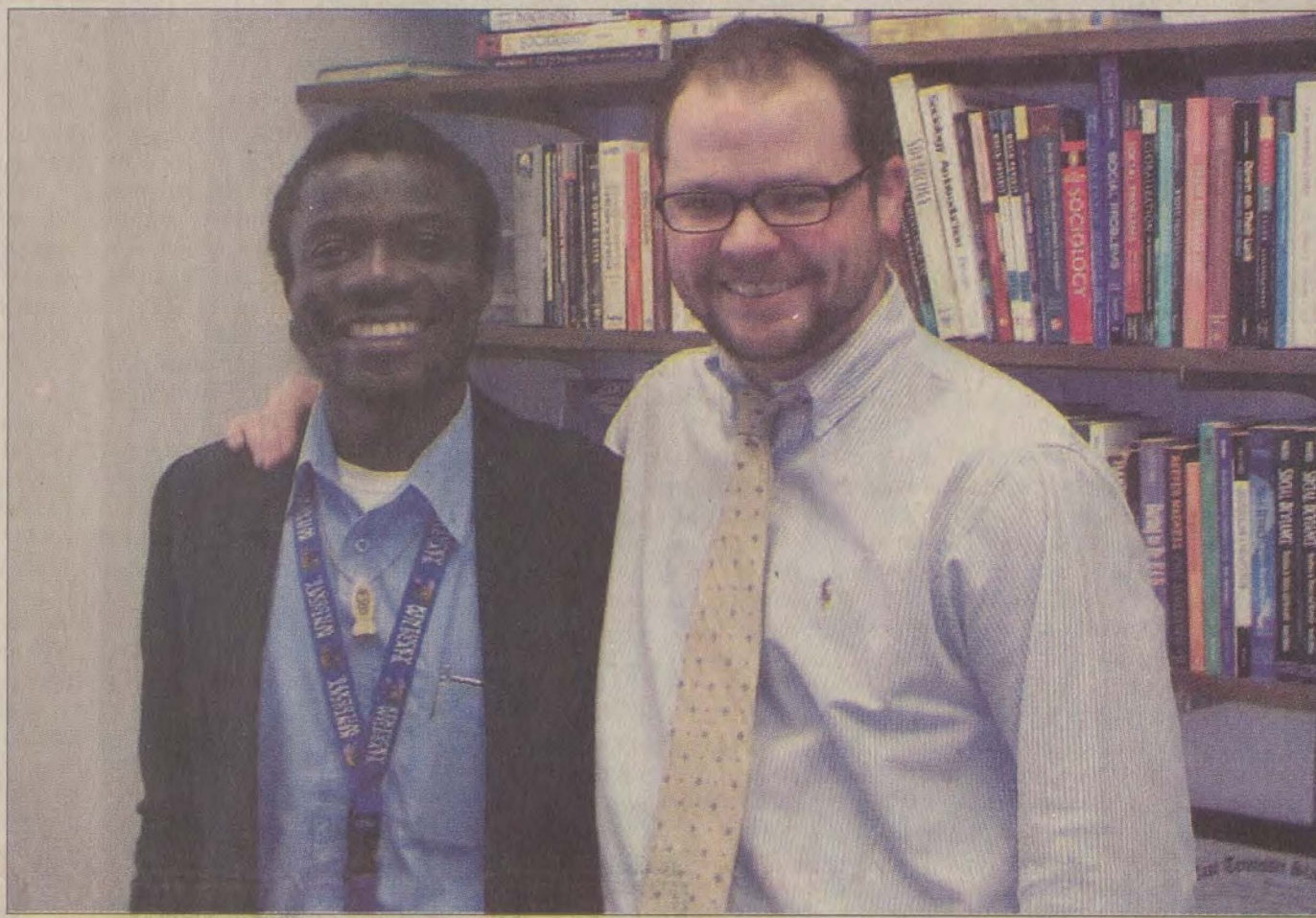
by JARRID DEATON  
FEATURES WRITER

PAINTSVILLE – The employees, managers and customers of Citizens National Bank celebrated the bank's 100th anniversary throughout this week with festivities at its eastern Kentucky branches.

"Reaching our 100th anniversary is a great achievement," said Dennis T. Dorton, president and CEO of Citizens National Bank. "It's an honor to be able to serve such great communities and help them

realize their financial goals for so many generations." Citizens National Bank, originally known as the Paintsville Bank and Trust Company, opened its first business in a single-frame building on Main Street in Paintsville.

Citizens National Bank, with 16 locations across the state, is the second largest independently owned and operated community banking company in Kentucky. According to information provided by representatives of the bank, Citizens National Bank has assets of over half a billion dollars.



## This Town, That World

*Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request.*

### STILL MOSTLY TALK

Time was when it was the weather everybody talked about and did nothing. Now, the old platitudes are in trouble. We all are hipped on inflation, shortages and such mundane matters. "Good morning," may be changed to "Good hunting for gas today," and "How are you?" to "How's your tank?"

And still it will be mostly talk, nothing done.

□ □ □

If that isn't pessimistic enough to suit your taste, get me off on a discussion of the weather and what these TV prophets say about it, that just isn't so, most of the time;

□ □ □

They say this tendency to hark back is a sure sign of advancing years, and I want so shun the venerable mantle as long as possible, but I can't resist remarking that I can recall when the weather was so predictable that I want fishing rather regularly in February. And the hills weren't so steep, back then... and the stairs... and...

### HERE COMES RED CHIEF!

Some of the boys were kidding

(See ALLEN, page two)

## Haitian student's essay places in top 10 nationally

by MARY STEPP  
BSCTC FACULTY

Big Sandy Community and Technical College student Emmanuel Joseph said he was "really amazed" to learn last week that his essay, "On the Way to Achieve my Goal," placed in the top 10 in the Community College Week / NISOD Student Essay Contest. According to the announcement letter, over 700 essays were submitted to the nationwide contest.

"It means a lot in the sense it gives me an idea of how much I can do in my life," said Joseph, a student from Haiti who attends BSCTC's Prestonsburg campus.

Joseph's essay focused on one of his professors, Instructor of Sociology Matthew Smith. In his essay, he described how Smith helped him in Fall 2009 by reserving 30 minutes in his weekly schedule. During this time, Joseph would go to Smith's office and take questions about "grammar, writing style, pronunciation, and American culture." Joseph also credited Smith with introducing him to

new authors.

"On the whole, Mr. Smith symbolizes a marvelous compass leading me to the right way for the purpose of my life," wrote Joseph.

"[Attending BSCTC] has been an amazing experience," he said. "It's hard to be away from home, . . . speaking a different language, but having people [like Smith] willing to help you make the dream is such a blessing."

Joseph says once he received the email last semester announcing the contest, he printed it and then spoke to his pastor, Tommy Reed, about it. "He said, 'Son, go for it.' He calls me his Haitian son," said Joseph, with a smile. "So I prayed and then set about writing my ideas."

"My message for students is this: always try to do your best," said Joseph. "It's always better to participate, always better to try."

Smith learned by email last week that his student's essay placed in the contest. "I was both humbled and honored that he decided to write the essay about me," he said. "My teaching philosophy is directed toward engaging students in a direction

that requires them to think outside of the box and that removes their everyday comfort. It is my goal as an educator that students will not leave our discussions in the classroom but will take them to their families at the dinner table and to their friends on Saturday nights."

He added, "I was happy to help, but he gave me much more than I could have given him. Emmanuel is a humble young man with an unshakable faith. His eagerness to learn sociology and philosophy has taken my mind back into studies that I had been away from. A professor's livelihood is the presence of a student that is hungry for knowledge."

"The sky is really the limit for Emmanuel," said Smith. "In the next few years I see him as a successful scholar in the academic field he chooses. His work will be fundamental to the next generation of students in the United States or his native country, Haiti."

Joseph's essay, along with the essays of the other nine finalists, will be published in NISOD's monthly e-newsletter throughout the year.

## Curves locations offering freebies to promote food drive

Curves is encouraging women in the local area to show their philanthropic strength by participating in the annual Curves Food Drive. And, even though donating food to families in need is its own reward, the clubs are offering compelling incentives for both existing and potential members who participate.

From March 1 to 31, Curves locations in the area will collect non-perishable items and monetary donations for food banks in the local area. The goal, according to Curves Founder Diane Heavin, is for the community to come together to help families in need. "At the core of our business is the message

that women are stronger when they rally together, and that is the point we hope to bring home with our food drive," said Heavin. "We want to show our communities just how powerful the generosity of our members can be."

According to Heavin, members who donate a bag of groceries or make a minimum donation of \$30 during the month of March will receive a reusable Curves grocery freezer bag for free. Non-members who do likewise between March 8 and 20 can join Curves for free. Curves will waive the cost to join.

Heavin says that as part of this effort, Curves

locations in the area will be participating in a company-wide contest for the most food drive donations collected by Curves locations across the nation. Winners will receive one of several cash prizes to be donated to their local food bank. Each year, Curves locations collectively donate millions of pounds of food to feed the hungry.

"We hope women in the Prestonsburg area will come together and participate in this initiative," added Heavin. "Even if you're not thinking about joining a gym, you can still drop off your donations."

(See FOOD DRIVE, page two)

### inside lifestyles

#### CAR TALK

Choosing a midlife crisis car

— page B3



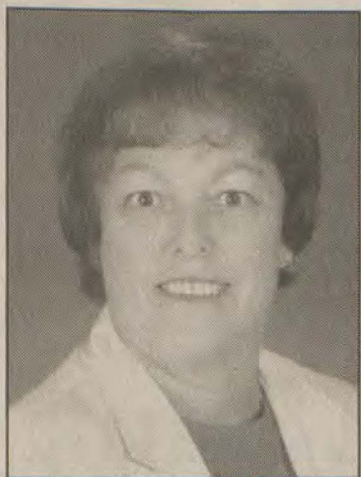
- Horoscope .....B2
- Rental Central .....B3
- Worship Directory .....B4
- Classifieds .....B6

#### Fun & Games

page B8







# Family Medicine



**Martha A. Simpson, D.O., M.B.A.**  
Associate Professor  
of Family Medicine

## Healthy lifestyle best medicine for chronic leukemia

Q My dad was recently diagnosed with leukemia. He said I shouldn't worry since it is "chronic leukemia." How can it already be considered chronic when he was just diagnosed — and why should that make me worry any less? Can you explain the difference between regular and chronic leukemia?

A Most likely your father was diagnosed with chronic lymphocytic leukemia (CLL). CLL is called "chronic" from the beginning because this form of leukemia progresses very slowly over a longer

span of time. In that sense, CLL is less severe than acute leukemia, which grows and spreads much more rapidly.

CLL is relatively rare, with about 15,000 new cases diagnosed in the United States every year. Although CLL can occur at any age, it usually affects older adults. The disease is more common in men, in Caucasians, and in people over the age of 50. A family history can predispose a person to CLL, as can exposure to some chemicals, including benzene, as well as some solvents and herbicides.

People who work in construction, with cars or at petroleum refineries may have an increased risk for CLL.

CLL is the result of a change in the DNA of the cells that produce blood. No one knows why this change occurs in the first place, and it has become a topic of intensive biomedical research. The change affects lymphocytes, a type of white blood cell important for immune defense. It renders lymphocytes unable to fight infections as usual. It also sparks the production of excessive numbers of these ineffective lymphocytes, which crowd out the healthy white blood cells and make it difficult for them to do their job.

Physicians suspect CLL when a person complains of fatigue, fever, night sweats, weight loss, frequent infections and enlarged, painless lymph nodes. When your family

physician hears these symptoms together, he or she will most likely order a battery of tests, including a complete blood count (CBC). If the CBC shows a higher-than-normal number of lymphocytes, your doctor may then order a bone marrow biopsy. This test takes blood-producing cells from inside the pelvic bone or sternum, to see how many abnormal lymphocyte-producing cells are present compared to healthy cells. Sometimes doctors also order a CT scan of the body, which helps to determine the severity of the illness. If the CLL is an early stage, your father's doctor will probably want to monitor the disease for now. Medical interventions for CLL are more effective when the disease has reached intermediate or advanced stages. If the disease progresses far enough, a range of therapies may be recom-

mended, but many people diagnosed with early stage CLL never need any treatment.

With CLL, it's more important to make healthy choices that prevent infections, such as eating well, exercising and getting plenty of sleep. If your father smokes, urge him to seek help to quit. Of course, he should also avoid infections by regular and thorough hand washing and by staying away from sick people whenever possible.

□□□

*Family Medicine(r) is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-news.org.*

### GOOD HEALTH

## Viral infection can cause dizziness

DEAR DR. DONOHUE: I got a sudden attack of dizziness that landed me in bed. I couldn't stand. Finally, with the help of my husband, I got to the doctor, who said I had a viral infection called vestibular neuritis. I am taking medicine and am somewhat better, but the dizziness isn't completely gone. Will it go? When? -- L.T.

ANSWER: I have to warn readers that the causes of dizziness are diverse, and vestibular neuritis, while common, is only one of many causes. The vestibule of the inner ear has three fluid-filled canals that work like a carpenter's balance, that gadget whose center contains a fluid-containing tube with a bubble in it. The balance tells the carpenter if a piece of wood is aligned. The inner ear canals tell people if they are aligned. They send signals to the brain that keep us balanced. A viral infection of those canals or of the nerve that sends signals to the brain makes people feel like they've been put in the spin cycle of a washer.

Not only are affected people dizzy, they become nauseated and often throw up.

Symptoms of vestibular neuritis lessen in two to three days, but full recovery can take up to six or more weeks.

A cortisone drug taken within the first three days of ill-

ness can ease symptoms. And medicines like promethazine relieve dizziness and nausea, but they make some people so drowsy that they prefer the dizziness.

The booklet on dizziness discusses vestibular neuritis as well as the other dizziness causes. Readers can obtain a copy by writing: Dr. Donohue - No. 801W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

□□□

DEAR DR. DONOHUE: Can you give an explanation of and recommendation for cure of a health problem I have? Being over the age of 65 and in reasonably good health, I suffer every winter from painful cracks in my fingertips and the soles of my feet. -- R.V.

ANSWER: The cracking indicates your skin is drying out. You can restore moisture to your fingertips with a light coat -- just a dab will do you -- of petroleum jelly (Vaseline or another moisturizer) before going to bed. Put Band-Aids over your fingertips, and leave them on all night. You can do the same during the day, but it's a bit inconvenient. In about

three days, the cracks should be filling in. Continue this treatment every third or fourth night.

The same thing works for the feet. You don't use Band-Aids, but you do cover your feet with socks before going to sleep. Don't apply petroleum jelly during the daytime. It might make you somewhat unsteady. It takes longer for feet to heal.

□□□

DEAR DR. DONOHUE: Does the consumption of foods packaged or wrapped in aluminum foil pose a risk for contracting or accelerating Alzheimer's disease? -- M.E.

ANSWER: The answer is no. The brains of some Alzheimer's patients have more than the usual amount of aluminum. Some have interpreted that as indicating aluminum as a cause. Few scientists hold to that theory.

□□□

*Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475. Health newsletters also may be ordered from www.rbmamall.com.*

## Lack of sleep contributes to obesity

MILWAUKEE, Wis. — Just in time for National Sleep Awareness Week, March 8-14, TOPS Club Inc. (Take Off Pounds Sensibly), the nonprofit weight-loss support organization, explains the connection between obesity and sleep habits. According to TOPS, studies show a link between too few hours of sleep and increased body weight in both adults and children.

"Our society is an insomniac, underslept society, perhaps because of economic stress, chaotic lifestyles, or sedentary time spent with modern media, such as the Internet or cable TV," says Nicholas "Dr. Nick" Yphantides, M.D., M.P.H., medical spokesperson for TOPS. "Sleep is an afterthought to many of us."

Dr. Nick points out that insomnia often leads to late-night eating binges, which are proven to be disruptive to the digestive cycle and result in weight gain. "Falling asleep with a full stomach means you are less likely to eat breakfast, which is an essential part of maintaining a healthy lifestyle," he says. "Every study of successful long-term weight loss shows that the eating plan includes a healthy breakfast."

While it's not easy to break old habits, Dr. Nick notes that the more resistant people are to saying "lights out" the more they have to deal with the consequences the next day. For example, when fatigue sets in

from late-night activity, there is less desire to engage in exercise the next day, an essential element of weight control.

Lack of sleep also affects the way the body processes and store food and alters hormones which affect the appetite. "Physiologically, when a body is not rested, it kicks into survival mode," he says. "Stress hormones are generated, resulting in less production of appetite-suppressing leptin. Instead, more ghrelin, which stimulates appetite, is generated." In addition, Dr. Nick notes, there is a suspected association with insulin, which has an impact on food going into storage in the body.

The importance of sleep cannot be overestimated. More than just resulting in fatigue and affecting daily activities, lack of sleep can impact the immune system, memory recall, hypertension, and other serious problems.

"I don't believe everyone needs seven hours or another specific number, but I do believe in adequate sleep. It fits into the larger category of being responsive to what the body needs," Dr. Nick says. "Part of the evidence of the restorative nature of sleep points out that when we are ill, we need more of it, and not less or the same."

To improve your success for a restful night, consider the following:

■ Aim to exercise at least

twenty to thirty minutes each day and no later than three hours before bedtime.

■ When tired enough to seek coffee and energy drinks, take a short, half-hour nap instead.

■ Go to bed and get up at about the same time every day, even on weekends.

■ Keep bedrooms cool, dark, quiet, and comfortable. Consider a sound machine or small fan for white noise and an eye mask to block out light.

■ Follow a relaxing bedtime routine, such as reading a book, engaging in light stretching, or taking a bath.

TOPS Club Inc. (Take Off Pounds Sensibly), the original, nonprofit weight-loss education and support organization, was established more than 62 years ago to champion weight-loss support and success. Founded and headquartered in Milwaukee, Wis., TOPS promotes successful weight management with a philosophy that combines healthy eating, regular exercise, wellness education, and support from others at weekly chapter meetings. TOPS has about 170,000 members in nearly 10,000 chapters throughout the United States and Canada, and several chapters in Europe.

Visitors are welcome to attend their first TOPS meeting free of charge. To find a local chapter, view [www.tops.org](http://www.tops.org) or call (800) 932-8677.

## Food Drive

There are so many families — right here in our own community — who need our help."

For more information about and the Curves Food Drive,

contact:

■ Katie Malone, Curves of Paintsville located at 809 Ridgeway Drive, at 606-789-1702 or 970VCBIO@curves-

mail.com

■ Pamela Chaney, Curves of Pikeville located at 171 Hibbard St., Ste. #2, at 606-432-5225 or 97M386Y@curvesmail.com

■ Continued from p2

## Salome's Stars Weekly Horoscope

**ARIES** (March 21 to April 19) Having second thoughts could be a good thing, even if you're determined to go through with your plans. You might find it worthwhile to take a fresh look at how things have been set up.

**TAURUS** (April 20 to May 20) Financial matters could continue to be a problem until you're able to straighten out some of the more pesky situations. Once that happens, the rest should be easier to unsnarl.

**GEMINI** (May 21 to June 20) Family matters once again take center stage, and should be dealt with competently and quickly. And, again, insist on others taking on their fair share of the responsibilities.

**CANCER** (June 21 to July 22) Your creative pursuits seem to be running into a roadblock. But rather than blame outside factors, look within to see if you might be holding back your efforts for some reason.

**LEO** (July 23 to August 22) Keep that keen Cat's Eye focused on relevant aspects of this new situation in your life. Don't be distracted by trivial matters. You need the pertinent facts before making a decision.

**VIRGO** (August 23 to September 22) As much as you prefer doing things on your own, continue to accept help if you still need to resolve the problem affecting your project. Some cheerful news is about to come your way.

**LIBRA** (September 23 to October 22) While you might begrudge the added time it

will take to get your project from point A to B to C, etc., you could benefit from the facts that will emerge over this expanded time span.

**SCORPIO** (October 23 to November 21) Regarding your workplace suggestions, be prepared to produce the facts to counter reactions from skeptics who feel your approach is unreasonable or even impossible.

**SAGITTARIUS** (November 22 to December 21) Savvy Sagittarians will look for work-related answers on their own rather than rely on unproved assumptions. It might take more time to do so, but the payoff is worth it.

**CAPRICORN** (December 22 to January 19) Your aspects continue to favor family issues, with special emphasis this week on changes in and around your home. Get everyone to suggest what he or she would like to see done.

**AQUARIUS** (January 20 to February 18) A matter you thought had been settled might still produce surprises. Best advice: Continue to gather facts to bolster your position just in case you need to produce them quickly.

**PISCES** (February 19 to March 20) While your instincts are usually right when discerning 'twixt truth and deception, you could benefit from doing more research on the new "prospect" that you've been pitched.

**BORN THIS WEEK:** Your wisdom is only matched by your generosity, making you the sort of friend everyone hopes to have.

## Allen

me, wanting to know if this kidnapping of newspaper people didn't have me worried. An acquaintance—three guesses as to who he is—indicated he might blackmail the kidnappers, by threatening to send me to them if they didn't pay him \$50.

### A SLIGHT CONTROVERSY

Speaking of editors, this is from the San Angelo (Texas) Standard, published the week of Sept. 22, 1894, concerning "a newspaper controversy of some months' duration" in Gatesville, Texas.

This morning about 8 o'clock B. Y. Armstrong, editor of the Star, and J. L.

Goodman, editor of the Voice, and J.L. Goodman, shot each other to death. The shooting occurred in front of the Voice office. These were five shots: Goodman received two, Armstrong one. Both died instantly, J.J. Deerman, a bystander received a painful, though not fatal, wound in the back of his head. Both have families. Armstrong was a member of the I.O.O.F. Lodge here. Both were members of the church, and each had life insurance.

□□□

Oh, Well!



### Attention Businesses: Become an Easter Egg Sponsor, and join in on the fun!

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Limited space available



# Reader needs help choosing a midlife crisis car

by TOM and RAY  
MAGLIOZZI

Dear Tom and Ray:  
Guys — you probably have been asked this before, but here it goes anyway. I am 46 years old, divorced for two years, recovered financially, and I am ready to purchase a new car. This purchase would not be out of spite to show I have recovered from the divorce (maybe a little), but I am now looking for a new or certified pre-owned car that would be a great "midlife crisis car." It should be sporty, interesting to the opposite sex and show some level of status and sophistication (I don't have a hairy chest, don't own a big gold chain and don't like unbuttoned Hawaiian shirts). However, I still want to maintain some sanity and don't want to break the bank, have crazy insurance payments or spend every month in the repair shop in

hock to someone named "Claus." Here are the cars I'm thinking about:

1. 2006 Lexus SC 430
2. 2008 BMW 335i
3. 2008 Infiniti G37 coupe
4. 2009 Dodge Challenger R/T

Please give me your opinion. Thanks. — Matt

RAY: OK, Matt. Let's take your choices one at a time. We'll use the process of elimination.

TOM: The first one we can eliminate is the Dodge Challenger. The idea of a midlife crisis is to turn back the clock 15 or 20 years — to when you were free and unencumbered, and you still had hair. But you don't want to turn the clock back so far that you end up with zits. Driving this car suggests that you want to be a teenager again and hang out in parking lots.

RAY: You want your ex-wife and her friends to be

impressed with you. You don't want them laughing at you, and assuming you went for the hair plugs and calf inserts, too. So cross the Challenger off your list.

TOM: Next, I'd eliminate the Lexus SC 430. It's a nice car, but, in my estimation, it's a geezer car. It's rounded and soft. Save that one for 30 years from now, when you're in your end-of-life crisis, not your midlife crisis.

RAY: So that leaves the BMW and the Infiniti. Those are both good choices. So if you really have the hots for one or the other of those, you have our blessing.

TOM: I think I'd take the BMW. I love how BMWs drive.

RAY: I'd take the Infiniti. It'll probably be more reliable, and that's more important to me.

TOM: I think they both meet all of your criteria, Matt.

The BMW is a little more common, and the Infiniti is a little more interesting and unusual. So buy whichever one makes you smile more when you drive it. And regardless, see if you can find one that comes with an eHarmony package.

### The procedure to follow if gas pedal sticks

Dear Tom and Ray:

Recently, there was a large recall of Toyotas because the gas pedal could get stuck on the floor mat and cause the car to keep accelerating wildly. Yesterday the pedal got stuck in my 2008 Honda Accord. What should you do if such a thing happens? — Dan

RAY: Well, whether the gas pedal sticks because of the floor mat or because of any other reason, the first thing you do is hope that you're wearing your brown pants.

TOM: We've talked about this before, Dan, but it's worth repeating — not only because of the Toyota recall, but because this can happen on any car.

RAY: Right. Floor mats can get bunched up near the pedals. People can install thicker, aftermarket floor mats, or those thick, rubber winter



RAY: And, most importantly, you keep the steering wheel lock from engaging. If that happens, you'll need two pairs of brown pants.

TOM: Some people worry that the engine will rev so high that it'll blow. But that won't happen. Modern cars all have rev limiters that cut off the fuel supply if the engine tries to rev beyond the limit set by the manufacturer. So the engine may sound like it's screaming, but just ignore that.

RAY: Once you're in neutral, calmly coast to a safe stop by the side of the road, and THEN turn off the ignition. Then, if you see that the pedal is clearly stuck on the floor mat, you can throw those floor mats out the window and keep driving. If not, call a tow truck, have the car towed to the dealer and tell them to call you when they're absolutely certain they've figured it out.

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack in care of this newspaper, or e-mail them by visiting the Car Talk Web site at [www.cartalk.com](http://www.cartalk.com).

## Rental Central

by TOM DOTY  
TIMES COLUMNIST

A great week for genre lovers saw horror movies and action flicks ruling the roost and leaving no room for hankie-wringing romances or historical dramas.

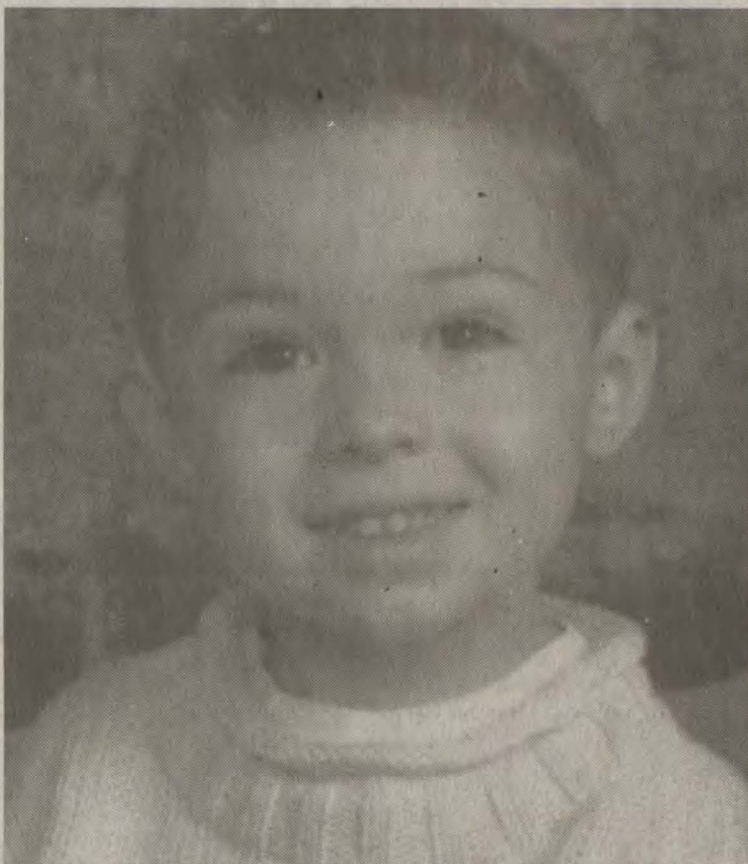
"Law-Abiding Citizen" — This was the week's biggest theatrical release and it should please fans of the Charles Bronson films of the 1970s, most notably the "Death Wish" series. Gerard Butler stars as the titular character who loses everything he holds dear when hardcore criminals destroy his family. He hangs in there but finally goes ballistic when the District Attorney (a subdued Jamie Foxx) cuts a plea agreement with the felons. Butler opts to wage war on the bad guys and the system and proves an effective adversary, even while in custody himself. Taut, fun and highly implausible fun.

■ "Black Dynamite" — A solid gold homage to the action flicks of the 1970s that stars former "Spawn" star Michael Jai White (who also co-scripted). The film features oodles of action and sports the grindhouse feel of a mid-1970s cheese-fest. There's also a ton of cool supporting players which include Jimmy (Kid Dyno-mite) Walker, Nicole ("Mad TV") Sullivan, and Arsenio Hall.

■ "Cabin Fever 2: Spring Fever" — Gross out humor reaches new lows in this belated sequel to the film that launched Eli ("Hostel") Roth. This time the flesh-eating virus runs amok at a high school and turns prom night into a slaughterhouse. The end result is sure to offend anyone with a weak stomach, as fluids erupt from teenage bodies at an alarming rate and turn the school's pool into a place where you'd be loathe to take a dip.

■ "Barnaby Jones" — Fans of tamer thrills will get plenty with the DVD debut of this classic detective series that pitted a retired cop against a new generation of criminals. Buddy Ebsen stars as an easy going gentleman who gets back into the private eye game when his son is murdered while on a case. He gets an assist from his buddy Cannon (William Conrad, who used his show to help launch this one). Jones also gets help from his secretary, Lee Meriwether ("Catwoman"). The series was a mid-season replacement so you only get a dozen episodes for season one, but there are plenty of great guest stars (like William Shatner) and it's always a treat to watch the affable Ebsen get out of danger using his wisdom and savvy.

Next week there are more chills with "The Box" and a little drama with Matt Damon in "The Informant."



Brock Horne, of Lackey, will celebrate his fourth birthday on Feb. 22. He is the son of Greg and Robin Horne, the grandson of Roger and Brenda Horne, of Wayland, Ronnie and Sharon Combs, of Estill, and the great-grandson of Clarice Horne, of Lackey. Brock enjoys riding horses, reading books and taking care of his new brother Brody.

## Strange ... but true

by SAMANTHA WEAVER

■ It was British journalist Jeremy Campbell who made the following sage observation: "Computers are good at swift, accurate computation and at storing great masses of information. The brain, on the other hand, is not as efficient a number cruncher and its memory is often highly fallible; a basic inexactness is built into its design. The brain's strong point is its flexibility."

■ In 1911, it became illegal in China to wear a pigtail.

■ One of Ernest Hemingway's early English teachers claimed that the future Nobel Prize winner would "never learn to write."

■ More from the files of hangover cures from around the world: In Japan, pickled plums are reputed to ease the morning-after ails; in Italy, it's (quite sensibly) coffee. The Chinese drink strong green tea, while in the Netherlands it's the hair of the dog -- the Dutch advocate beer as a remedy. Danes eat salt, while Mexicans eat shrimp (I'll take the Mexican remedy any day). Perhaps the oddest remedy is practiced in Russia: Sufferers there head to the sauna, where they proceed to whip out the toxins with leafy birch branches. No word on what they do in winter, when the birches are, presumably, leafless.

■ The Dwight D.

Eisenhower National System of Interstate and Defense Highways -- better known as the Interstate Highway System -- is the largest public works project in the history of the world. At 46,876 miles, it's also the world's largest highway system.

■ Stephen Foster, known as the Father of American Music, originally got paid a grand total of 2 cents for each of his musical scores that was sold.

### Thought for the Day:

"There is no nonsense so arrant that it cannot be made the creed of the vast majority by adequate governmental action." -- Bertrand Russell

## Lagoon

Sebastian a shorter lease on life. He invites Hamilton to go to England with him, where he has been engaged by a wealthy woman, Anitra Cyon, to determine whether or not one of her two brothers (Geoffrey and Mitri) is possessed by a demon.

Hamilton is dubious, but he changes his mind when Anitra shows up and turns out to be a babe and a half. Unfortunately she's not the real thing. This version is just a succubus that is posing as Anitra. Sebastian tumbles to the sham right away and is able to make the faux-Anitra explode by showing a sacred text onto her face. This development is enough to convince Hamilton and we're off to the races — actually England.

In the United Kingdom things go from bad to worse. First the guys stop off at their only occult contact's shop in downtown London. Too bad they get their minutes after a demon has consumed their

buddy and wrecked all of the reference material that might have helped in the case. It's a cool sequence that sees the men seeking shelter in a pentagram which the demon can't enter.

The family mansion isn't all that inviting. The wine is spiked with crushed glass, the grounds are patrolled by killer dogs, and the banisters are so shaky they almost claim the good doctor. That said, there are a bevy of beauties cavorting around the grounds, and the Cyon brothers make sure that these ladies throw themselves at their houseguests.

It doesn't take long for our new age Holmes and Watson to find a crypt hidden beneath a Stonehenge-like temple of rocks. Inside they find enough evidence to prove that the demon Asmodeus is responsible for all that has happened. It just remains to unmask the demon, interrupt the sacrifice of Anitra to Asmodeus, and stop an orgy (I don't think that

Continued from p1

Hugh Hefner liked this movie).

It's all accomplished with style thanks to a smart script by Rodenberry. It's obvious that he was inspired by the works of H.P. Lovecraft as well as Sir Arthur Conan Doyle and he handles mixing the genres like a master bartender.

The film also benefits from decent special effects as well as some top-notch acting. Robert Culp is well cast as Sebastian. He definitely has the Leonard Nimoy role here and he is perfectly wed to the material. Gig Young is also good as the befuddled Hamilton but he would take his own life after completing only one other picture.

This one shows up on Fox Movie Channel often, though a DVD release would be most welcome.

Best line: "This case is so complex, so bizarre, that it's literally unexplainable." 1977, unrated.

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Prestonsburg, KY



# Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.

## Devotional Spotlight



**First Presbyterian Church**  
Prestonsburg  
Rev. Vicki Poole  
Pastor

Sunday School 9:30 a.m.  
Sunday Worship 11:00 a.m.

Attention Church Organizations, send in a picture of your church, pastor, or youth leaders.

### ASSEMBLY OF GOD

First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister.

In Victory Assembly of God, West-Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.

New Bethel Assembly of God, Burning Fork Rd., Salyersville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.

Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 6:00 p.m.; Midweek Thurs., 7:00 p.m.; J.M. Sloce, Minister.

### BAPTIST

Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.

Auxier Freewill Baptist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.

Ball Branch Regular Baptist Church, Mousey Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor. Contact Kermit Newsome 606-377-6881 for more information.

Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.

Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.

Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m.; Vera Joiner, 886-3863, ext. 67267.

Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.

Brandy Keg Freewill Baptist, Corn Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.

Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.

Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.

Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathan Lafferty, Minister.

Daniels Creek Baptist Fellowship Church of God, Banner. Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.

Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister.

Endicott Freewill Baptist, Buffalo; Sun. School, 10 a.m.; Church every Sun. Morning 11:00 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; First Sat. evening Service, All Welcome 7 p.m. Pastor Mark Hunt, 606-478-2698

Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wireman.

Faith Freewill Baptist, 1/4 mile above Worldwide Eqpt. on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Elder Donnie Patrick, Minister.

First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.

First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

First Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minister.

Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7 p.m.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Grethel Baptist, State Rt. 3379, (Branham's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Crace, pastor; Assist. Larry Patton. Phone 358-4275.

Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.

Jacks Creek Baptist, Bevinsville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trusty.

Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jimmy Caudill, Pastor.

Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.

Lancer Baptist Church; 71 Cooley St., Prestonsburg; Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m., Evening Woship, 6:00 p.m., Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter

Left Beaver Regular Baptist Church across from Garth School; 4th Saturday & Sunday 10:00 am, Odd Saturday 6:00 pm.; Gary Compton, Pastor.

Liberty Baptist, Denver; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.

Ligon Community Freewill Baptist, Ligon Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.

Little Rosa Regular Baptist Church of Jesus Christ, (Indian Bottom Association) Services: 1st Saturday & Sunday of every month 9:30 a.m., 3rd Sunday 9:30 a.m., Odd Sunday 9:30 a.m.

Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.

Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.

Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.

McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.

Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; William L. Hunt, Minister.

Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home phone 285-3385

Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.

Prater Creek Baptist, Banner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Rock Fork Freewill Baptist; Garrett Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.

Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Crace Jr., Assistant Pastor.

Salt Lick United Baptist, Salt Lick, Hueysville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123.

Sammy Clark Branch Freewill Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.

The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Phillip Ramey, Pastor.

Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.

Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.

Trimble Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m., Youth Services 7 p.m.; Everyone Welcome.

United Community Baptist, Hwy. 7, Hueysville; Worship Service, 2 p.m.; Friday, 7 p.m.; Carlos Beverly,

Minister.  
Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferrari, Minister.

### CATHOLIC

St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday, Father Robert Damron, pastor.

### CHRISTIAN

First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.

Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sherm Williams, Minister.

### CHURCH OF CHRIST

Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.

Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.

Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister.

Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.

Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonie Meade, Minister.

Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m. Gary Mitchell, Minister.

Maytown Church of Christ, 66 Turkey Creek Rd., Langley. Sunday Bible Study 10:00 a.m., Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible Study 6:00 p.m.

Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Weeksby Church of Christ; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m. John Burke, Minister.

### CHURCH OF GOD

Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.

Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.

First Church of God; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.

Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m. ; Family Training Hour - Thursday 7 p.m., Bill B. Tussey, Jr. Pastor

Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.

Little Paint First Church of God, 671 Little Paint Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Heater Jr., Minister.

The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

St. James Episcopal; Coffee Hour 10:00 AM; Morning Service 11:00 a.m. Rector. 886-8046.

### EPISCOPAL

Our Savior Lutheran, Sipp Bayes Room Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLW (600 am) 12:05 p.m.; Roland Bentrup, Minister.

### LUTHERAN

Auxier United Methodist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Mearl Music, Minister.

Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.

Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.

Community United Methodist, 147 Burke Avenue (off University Drive and Neesley St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Glen "Sandy" Douglass, Rev.

Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.

Emma United Methodist, Emma; Sunday School 10 a.m., Sunday Worship Service 11 a.m.; Pastor David Proffitt

First United Methodist, 256 South Arnold Avenue; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev Jim Adams, Pastor.

Horn Chapel Methodist, Auxier Road, Auxier; Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Midweek Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Judy Carr-Back, Minister.

Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.

Salisbury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.

Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.

Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.

Vogle Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor.

Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.

Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister.

Free Pentecostal Church of God, Weeksby; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John "Jay" Patton, Minister.

Free Pentecostal Deliverance, Ext. 46 off Mt. Parkway at Campton; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Crider, Minister.

Free Pentecostal Holiness, Rt. 122, Upper Burton; Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis Sanlan, Minister; David Pike, Associate Minister.

Goodloe Pentecostal, Rt. 850, David; Worship Service, 6 p.m.; Malcom Stone, Minister.

Parkway First Calvary Pentecostal, Floyd and Magoffin County Line; ; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister. 297-6262.

Trinity Chapel Pentecostal Holiness, Main St., Martin; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Ellis J. Stevens, Minister.

Free Pentecostal Church, Dwale; Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

### PRESBYTERIAN

Drift Presbyterian, Route 1101, Drift; Worship Service, 11 a.m.

First Presbyterian, North Lake Drive; Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev. Vicki Poole, pastor.

### SEVENTH DAY ADVENTIST

Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3459, leave message. Everyone welcome!

### THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

The Church of Jesus Christ of Latter-Day Saints; Sacrament Mtg., 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Presthood/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Richard Salisbury, Bishop.

### OTHER

Pastor Atha Johnson welcomes everyone to attend services at the CHURCH OF GOD of PROPHECY TRAM KENTUCKY. Sunday school 10 a.m., Worship service 11 a.m.

Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30 p.m.

Grace Fellowship Prestonsburg, (next to old flea market), Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.

Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.

Faith Revelation, Harkins Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship service, 11 a.m. and 6 p.m.; Thurs. 7 p.m. Randy Hagans, Minister. 886-9460.

Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed, 7 p.m. Carl & Missy Woods, Pastors.

Faith Worship Center, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.

Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 p.m.; Lavonne Lafferty, Minister.

Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.

Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor: Curt Howard.

Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m., Saturday/Sunday.

Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.

Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-1003.

Town Branch Church; Sunday School 10 a.m except for first Sunday in each month; Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.

The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.

The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Aiken.

Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.

Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayer Line: 358-2464; Darlene W. Arnette, Pastor

Taylor Chapel Community Church, formerly the old Price Food Service building, located 1 quarter mile above Worldwide Equipment, Rt. 1428. Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m. Kenny Vanderpool, Pastor.

International Pentecostal Holiness Church, 10974 N. Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor.

Rising Son Ministries, 114 Rising Son Lane, Prestonsburg, Ky 41653; Sunday, 11:00 a.m.; Wednesday, 6:30 p.m. Pastor: D.P. Curry.

Church of God of Prophecy, Sunday School 10 a.m., Worship Service 11 a.m., Sunday Night - 6 p.m., Wednesday Night - 6 p.m. Pastor Glenn Hayes. West Prestonsburg.

House of Refuge, Rock Fork; Sunday Evening Worship 6 pm, Monday Bible Study 7:30 pm, Wednesday Prayer Meeting 7:30 pm. Bill B. Tussey, Pastor

Seventh-Day Adventist 5 miles West on Mt. Parkway; Sabbath School 9:30 am; Church Services 11AM; Pastor, John Baker 358-9263. Church 606-886-3459. Leave message. Everyone Welcome.

International Pentecostal Holiness Church, 10974 N. Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor.

Rising Son Ministries, 114 Rising Son Lane, Prestonsburg, Ky 41653; Sunday, 11:00 a.m.; Wednesday, 6:30 p.m. Pastor: D.P. Curry.

Church of God of Prophecy, Sunday School 10 a.m., Worship Service 11 a.m., Sunday Night - 6 p.m., Wednesday Night - 6 p.m. Pastor Glenn Hayes. West Prestonsburg.

House of Refuge, Rock Fork; Sunday Evening Worship 6 pm, Monday Bible Study 7:30 pm, Wednesday Prayer Meeting 7:30 pm. Bill B. Tussey, Pastor

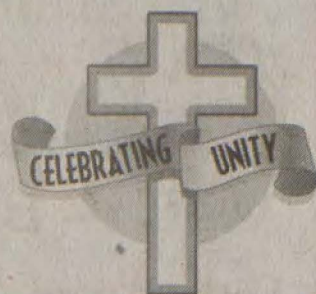
Seventh-Day Adventist 5 miles West on Mt. Parkway; Sabbath School 9:30 am; Church Services 11AM; Pastor, John Baker 358-9263. Church 606-886-3459. Leave message. Everyone Welcome.



FLOYD COUNTY



# Faith and Family



## March auditions slated for KBC All-State Youth Choir and Orchestra

LOUISVILLE - Kentucky Baptist high school students seeking to refine their musical talents can audition for the Kentucky Baptist All-State

Youth Choir and Orchestra on March 6 or 13.

Auditions will be held across the state at seven locations on March 6 and at six

locations on March 13. High school students who have completed grades 9-12 and are active members of a Kentucky Baptist Convention church are eligible to participate.

Approximately 90 students will participate in the combined choir and orchestra, which meet every summer for a retreat, followed by a concert tour at Kentucky Baptist churches. This year's tour is scheduled for June 20-27.

The March 6 auditions will be held at the following locations:

- Bowling Green: Rich Pond Baptist Church
- Corbin: Central Baptist Church

- Hazard: First Baptist Church

- Louisville: The Southern Baptist Theological Seminary
- Owensboro: Lewis Lane Baptist Church

- Paducah: Lone Oak Baptist Church

- Walton: First Baptist Church

The March 13 auditions will be held at the following locations:

- Bowling Green: First Baptist Church
- Louisville: Parkland Baptist Church

- Mt. Sterling: First Baptist Church

- Owensboro: Lewis Lane Baptist Church

- Paducah: Lone Oak Baptist Church

- Walton: First Baptist Church

All auditions will be held from 10 a.m.-12 p.m. local time. Youth who are selected and participate do not have to re-audition each year, as long as they remain a member in good standing.

Registration for auditions is just \$10 per person and must be completed two weeks prior to the audition date. Those selected for the Choir and Orchestra pay a total of \$395 for the eight-day concert tour in June.

For more information or to register for an audition, go to

[www.kybaptist.org/asyco](http://www.kybaptist.org/asyco) or contact the KBC's Worship & Music Department at 502-489-3524 or 866-489-3524 (toll free in KY).

The Kentucky Baptist Convention is a cooperative missions and ministry organization made up of nearly 2,400 autonomous Baptist churches in Kentucky. A variety of state and worldwide ministries are coordinated through its administrative offices in Louisville, Ky. including: missions work, disaster relief, ministry training and support, church development, evangelism and more. For more information, visit [www.kybaptist.org](http://www.kybaptist.org).

KIM'S KORNER



## 45 years of friendship ... and counting

by KIM LITTLE FRASURE  
TIMES COLUMNIST

Last week, six of eight lifelong friends returned home from sunny South Florida and one of the most amazing vacations ever experienced.

In 1967, W.D. Osborne Elementary was where it all began. Seven little girls in pigtails and ponytails formed a friendship that would take them on life's journey like no other.

We shared cookies and popcorn and helped one another with homework.

We had more pajama parties than our parents care to remember, cheered on the Eagles and Trojans and twirled batons. We built pyramids that felt as though they reached the sky and gathered in a circle when one of us cried.

Yes, life made us friends but, God made us sisters and we are truly Sisters of the Heart.

Oh, the lessons we have had to endure during our 45 years together. We've shared such joy when each of us walked down the aisle as most of us stood side by side at the weddings. We've experienced the birth of our children together as well as their sniffles and graduations.

We've experienced some of our children's weddings together, and becoming Proud, Proud Grandmothers together.

We've gone through the loss of some of our parents, side by side with our shoulders broad and ready to be leaned on. We've gone through the unthinkable loss of one of our Sisters losing her only child. We've experienced another's loss of her husband that she had married when we were but sophomores in High School. We've endured one's loss of her brother just recently and each and every one of our hearts broke more and more each time.

But somehow God grants us the strength to give one another. To empower one another with love, hugs and words of encouragement just when it's needed most.

Each and every sister has an important role in each and every life.

About a year ago now, we had to receive another hard blow when one of our own was diagnosed with breast cancer. Oh, we have rallied together in prayer and claim God's Miracle Healing powers for our Monica.

The trials and tribulations she has endured have been astounding. The chemo, radiation, weakness and sickness, yet what a pillar of positivity, what a walking testimony she is!

No matter how much pain she may be in she never complains, no matter how much hair she may lose she continues to smile as bright as the sun. She is so amazing to each of us.

KJ (Kathi Jo Caudill-Robinson) my cousin, my friend, my sister, now resides in South Florida. KJ arranged this phenomenal vacation for us to come visit her this month from the Feb. 4-11.

The excitement we had to be able to spend an entire week together gave a whole new meaning to fun in the sun.

From the time we all gathered at Jean Holbrook-Williamson's house to begin our trip to the airport the laughter began.

Berthie (Cathy Hall-Arnold) would catch up with us at the Ft. Lauderdale airport for she was flying in from Tennessee. Berthie is the life of a party.

Michelle Mullins-Couch was a first time flyer and just as she cleared the check-point at the gate looks down and finds a glistening silver cross placed just at her feet. Yes, God is Good!

Sherry Huff-Mardis, Tammy Hamby-Sennivinin, Monica Jones-Hall and I round out the rest of our sisterhood and enjoyed one of the most amazing gatherings of our lives.

We soaked up some rays, ate from daylight to dark, enjoyed the Super Bowl, shopped, laughed, cried, prayed, and shared scripture with one another daily.

We danced, had a fashion show on KJ's catwalk behind the pool, loved the hot tub, sang to the top of our lungs, and even had a blast at a photo shoot compliments of KJ's talented photographer daughter Kaitlin.

Played dress up in Taylor's and Katy's heels and slept very little.

This year marks our 50th birthdays.

We have high hopes to be able to celebrate turning the big 5-0 together somewhere, somehow.

We are so thankful God has blessed us with forty-five years together and we are looking so forward to what all that lies ahead for each of us.

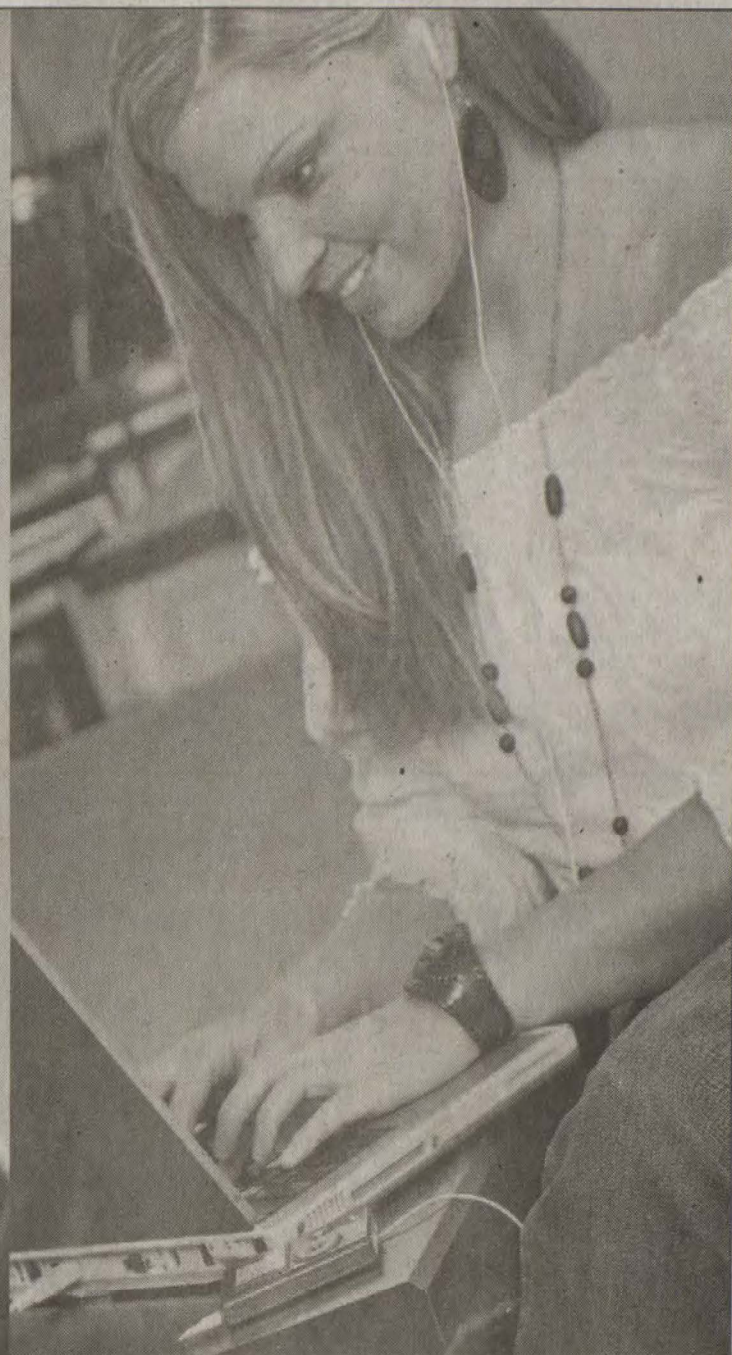
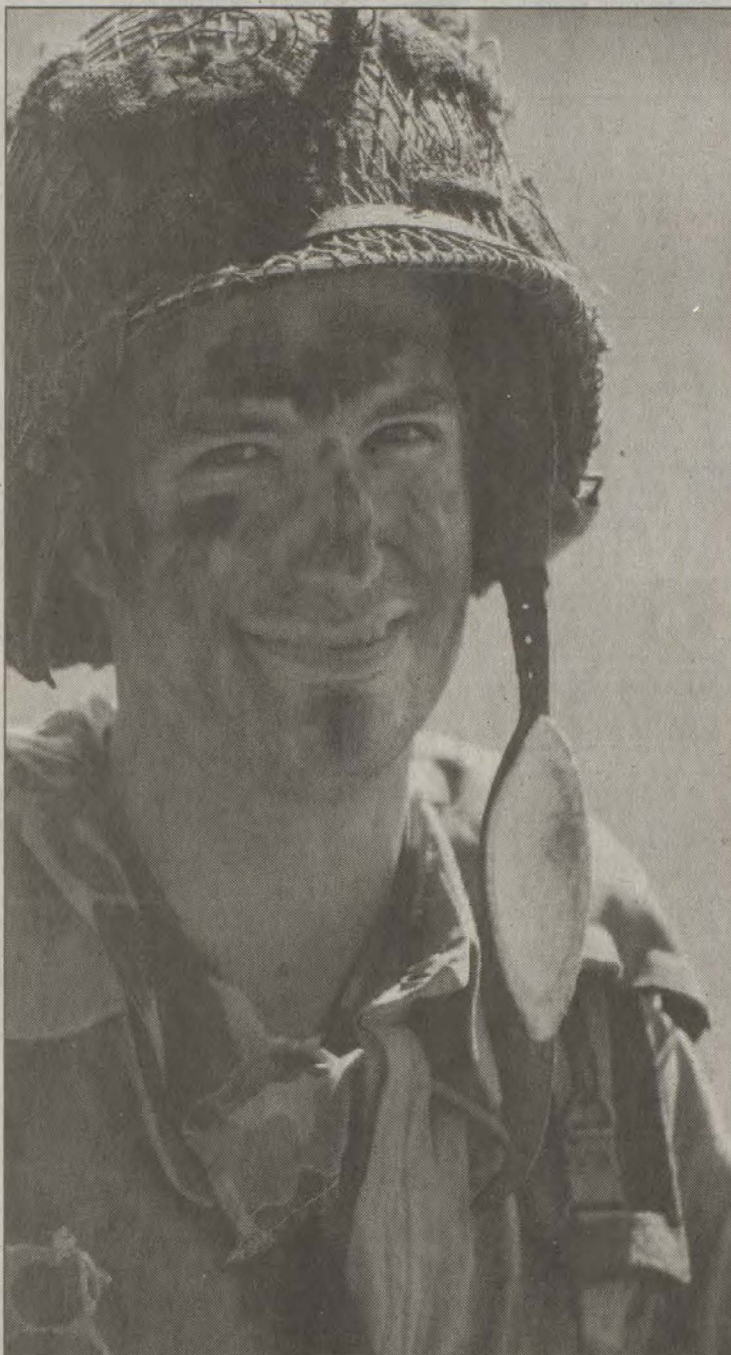
To KJ and Gene, our hearts are full of gratitude for the love and opening of your home to each of us and making us feel your home was ours.

To each of my sisters, KJ, Sherry, Monica, Jean, Tammy, Berthie and Michelle I love you and pray God's favor and blessings in each of your lives.

'Til next week, cherish your friends.



Kim Little Frasure



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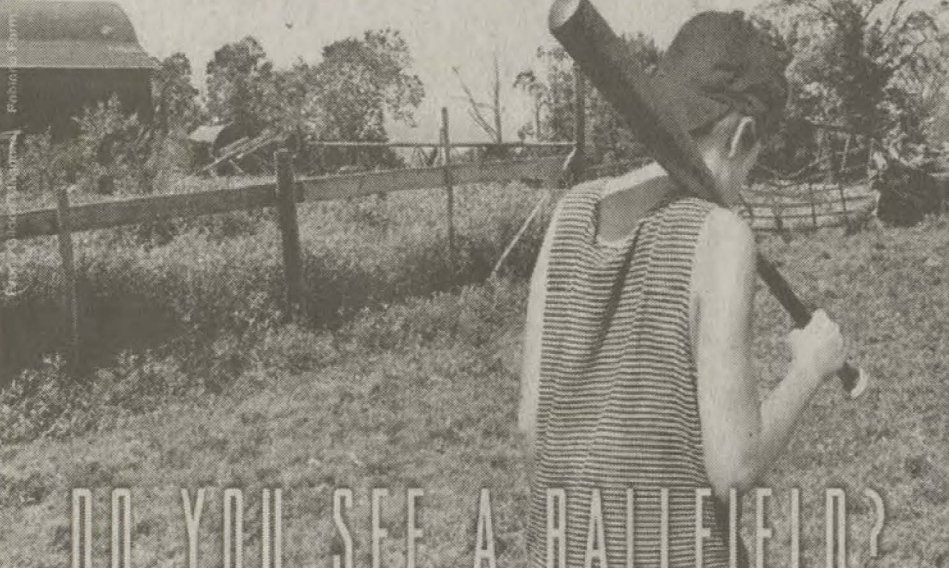
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### GERIATRIC PSYCHIATRIC POSITIONS

St. Joseph-Martin Hospital in Martin, KY soon will be opening Senior Renewal, a geriatric psychiatric out-patient treatment center. We have need for the following positions:

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### PUBLIC NOTICE

Notice is hereby given that Darrell Crider Jr., 302 Emma Rd., has filed an application with the Natural Resources and Environmental protection Cabinet to haul fill dirt and install a 16x80 mobile home. The property is located at the intersection of Emma Road and Bridge Street at Emma, 3 miles from Allen, Levisa Fork of the Big Sandy. Any comments or objections concerning this application shall be directed to: Kentucky Division of Water, Water Resources Branch, 14 Reilly Road, Frankfort Office Park, Frankfort, Kentucky 40601. Phone: (502) 564-3410.



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**Help Wanted - General**

Marketing Position: A central/eastern Kentucky engineering firm is seeking a Manager of Business Development. The preferred applicant should have experience in marketing professional services. Please send resume to: Engineer/Marketing Position, 131 Summit Drive, Suite 303, Pikeville, KY 41501

**Medical**

Prestonsburg Health Care Center currently has openings for full and part time Certified Nurse Aides. We offer competitive pay and benefits. For more information please call 606-886-2378.

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Quality office space for rent. 900 sq ft with blacktop parking. Suite 102 in the Moak & Nunnery building in Prestonsburg, Ky. Call 886-1515.

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2 BR Duplex for rent, central heat and air. 1 mile north of Prestonsburg. No pets, references and security deposit required. Call 889-9747 or 886-9007.

2 Br, house for rent. Located 3 miles from Prestonsburg on Rt 1428. Hardwood flooring. No HUD accepted. Call 358-9483. After 6pm

**Houses For Rent**

**For Rent**  
3 BR, 2 full bath mobile home for rent. 14X 70. With central heat and air. \$500 a month. Call 889-0036.

**4000 Manufactured Housing Rentals**

Beautiful 2006 2 br, 2 ba mobile home for rent. \$550 month plus \$500 deposit Call 226-6652 or 886-8072 ask for Janice Pennington.

3 br, 2 full bath doublewide for rent. Located at Auxier. \$600 per month. Contact Jim or Todd 367-1169 or 367-1605.

2 Br, 2 bath mobile home for rent. Located 2 miles North of Prestonsburg on Rt 321. References and deposit required. Call 367-7431.



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**NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-5571 NW**

In accordance with KRS 250.055, notice is hereby given that Matt/Co, Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653, has applied for a permit for an underground mining operation located approximately 0.5 miles northwest of Craynor in Floyd County. The proposed operation will disturb 7.14 acres of surface disturbance and will underlie an additional 1,681.18 acres making a total of 1,688.32 acres within the total permit boundary. The proposed operation is located 1.3 miles southwest from State Route 979-s junction with Mink Branch Road and located 0.7 miles south of Hamilton Branch. The proposed operation is located on the Pikeville U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Gustavia Howell Heirs, Charlie Howell Heirs, and Rockbridge Coal Corporation. The permit area will underlie land owned by The Elk Horn Coal Company, LLC, Gustavia Howell Heirs, Charlie Howell Heirs, Rockbridge Coal Corporation, Emit Howell Heirs, Della Jones, Robert Howell, Squire Hamilton, Levi and Mary McKinney, Frank and Ivalee McKinney, Pauline Tackett, Milford Howell, Acie Tackett, Earl Evans, Martha Newsome Estate, David Akers, Charlie Bentley Heirs, Jerry Fonce Howell, JRM Coal Company, Inc., Jack Gayheart, Bert Dye, Ivan Stumbo, Rudolph Jones, Sam Martin, Jenny Elley, Blaine Slone, Joseph Mining Co., Lee Tackett, Loretta Sue Newman, Tessie Hall, Dorothy Bentley Estate, Brenda G. Moore, and Zelli Slone. The application has been filed for public inspection at the Department for Natural Resources' Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be received within 30 days of this date.

**NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-5458, Amendment No. 1**

In accordance with the provisions of KRS 350.070, notice is hereby given that Matt/Co, Inc. 439 Meadows Branch, Prestonsburg, Kentucky 41653 has applied for an amendment to an existing underground coal mining and reclamation operation located 1.5 miles southeast of Banner in Floyd County. The proposed operation will disturb 5.08 surface acres and SEQ CHAPTER 14r of which 2.22 acres overlies currently permitted underground area for a total area within the permit boundary of 119.80 acres. The proposed operation is located 0.4 miles east of Hall Branch Road's junction with State Route 1426 and located 0.30 miles east of Prater Creek. The proposed operation is located on the Harold U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by the Michael Keith Hall Estate and Hazie Boyd. The amendment application has been filed for public inspection at the Department for Natural Resources, Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601. This is the final advertisement of this application; all comments, objections or requests for a permit conference must be received within 30 days of this date.

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Kentucky Circuit Court Clerks Association Organ And Tissue Donation Awareness PSA

**COMMONWEALTH OF KENTUCKY FLOYD CIRCUIT COURT DIVISION NO. II C.A. NO. 09-CI-00788 AMERICAN GENERAL FINANCIAL SERVICES, INC. PLAINTIFF VS. LORI LOWE DEFENDANTS NOTICE OF COMMISSIONER'S SALE \*\*\*\*\***

By virtue of a Judgment and Order of Sale of the Floyd Circuit Court entered the 27th day of October, 2009, in the above cause, for the sum of \$27,881.72 with interest thereon, plus additional sums and costs; please be advised that I shall proceed to offer for sale at the Old Floyd County Courthouse Door, South Central Avenue, Prestonsburg, Kentucky, (behind the new Floyd County Justice Center), to the highest and best bidder, at public auction, on the 4th day of March, 2010, at 9:15 a.m., upon the terms set forth following the description, the follow described property, to wit:  
Beginning at an iron pin on the East side of the driveway, said pin being a corner of Jim Thompson and Tim Blevins; thence down the edge of the driveway N 29° 30' W 34.82 feet to an iron pin; thence leaving said driveway N 02° 07' E 12.62 feet to an old fence post of the Hurley line; thence still with the said Hurley fence line N 25° 02' E 42.87 feet to an old fence post; thence continuing with said Hurley fence line N 34° 03' E 53.76 feet to a 36' oak tree; thence up the hill S 68° 42' E 62.70 feet to an iron pin; thence around the hill with the line of Jim Thompson S 37° 33' W 86.36 feet to a 14" sycamore tree; thence still with the Jim Thompson line back to the point of beginning, containing 0.15 acres, more or less.  
Being the property conveyed in General Warranty Deed from Don Cox and Janice Cox, spouse, to John Christopher Lowe and Lori Lowe, spouse, dated 05/15/2004, recorded 05/19/2004, in Deed Book 498, Page 501, in the County Clerk's Office for Floyd County, Kentucky.  
A. The successful bidder shall either pay cash or make a deposit of 10% percent of the purchase price with the balance on a credit of sixty (60) days, in which event the successful bidder shall be required to execute bond with good surety thereon. Said bond shall be for the unpaid purchase price and bear interest at the rate of 12% per annum from the date of sale until paid. Said bond shall have the force and effect of a Judgment for which execution may issue, and a lien shall be retained upon the above described real estate as additional surety.  
B. The purchaser shall be required to assume and pay all taxes or assessments upon the property for the current tax year and subsequent years. All taxes or assessments upon the property for prior years shall be paid from the sale proceeds if properly claimed in writing and filed of record by the purchaser prior to the payment of the purchase price.  
C. The property described above is sold subject to any easements, restrictions, defects, liens or encumbrances of record in the Floyd County Clerk's Office and such rights of redemption as may exist in favor of the United States of America and/or the record owners thereof. Any announcements made on date of sale takes precedence over printed matter contained herein.  
Hon. William S. Kendrick, Master Commissioner

**Commercial**

Businesses for rent/lease. 286 US Hwy 23 N. Next to Allen baptist. 874-0032 or 793-4920. Ask for Linda. Old Huddle house building in Prestonsburg.

1 Br apt for rent. Ready to occupy. Everything you need, very clean, quite, a.c., good place. Also small furnished mobile home. Both suitable for 2 working people no more. No drugs. Near Prestonsburg J.W. Lake. Out of state workers welcome. Call 606-205-0215 or 886-3941.

**NOTICE TO UNKNOWN SPOUSE OF ELLANOEL HOWES WARNING ORDER**  
Notice is hereby given that the undersigned attorney has been appointed to notify the Defendant, UNKNOWN SPOUSE OF ELLANOEL HOWES, that a civil action has been filed against her in Floyd Circuit Court, Division II as C.A. No.: 10-CI-00088. Said Defendant must immediately file an Answer in this matter, otherwise, judgment may be entered against him. Said Defendant should contact the undersigned attorney immediately.  
**Anthony Craig Davis**  
Davis Law Office  
104 Hays Complex  
P.O. Box 220  
Betsy Layne, Kentucky 41605  
Office: (606) 478-1002

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To stay safe from fires:  
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 Practice your plan at least twice a year  
 Install smoke alarms and escape ladders  
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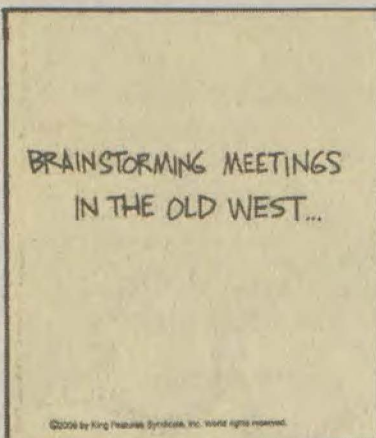
fun & games

Amber Waves



by Dave T. Phipps

Out on a Limb



by Gary Kopervas



R.F.D.



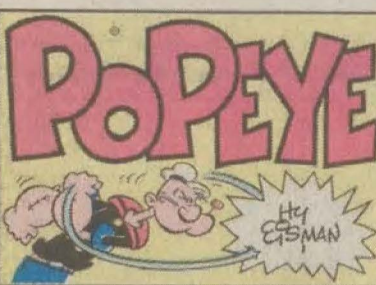
by Mike Marland



The Spats



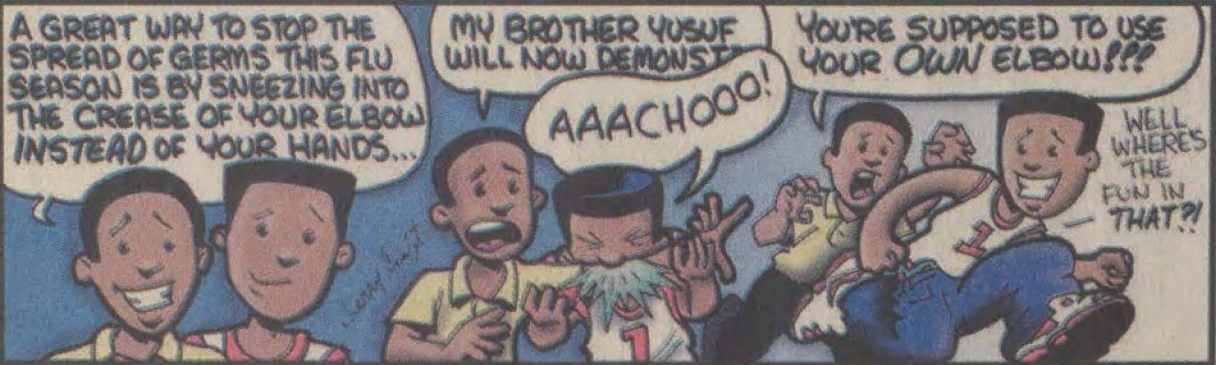
by Jeff Pickering



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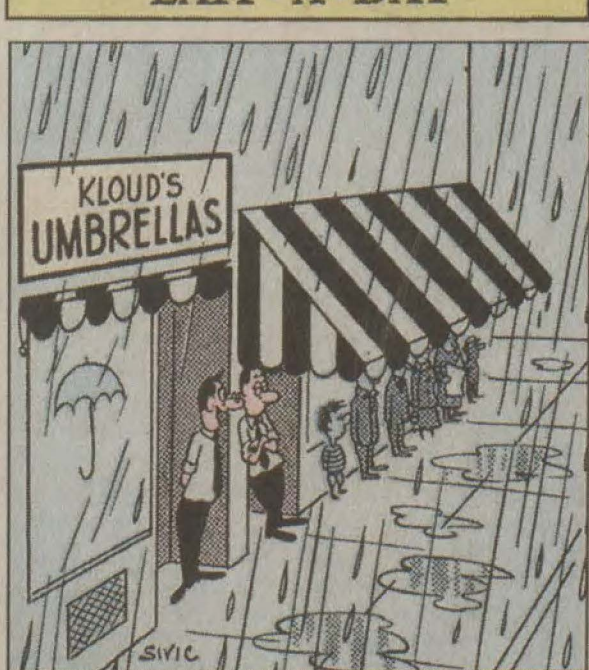


Just Like Cats & Dogs

by Dave T. Phipps



LAFF-A-DAY



King Crossword

ACROSS

- 1 Amazement, plus
- 4 Glistened
- 9 Insulation material (Abbr.)
- 12 That girl
- 13 Melodic and harmonic
- 14 Golf ball's position
- 15 Tinseltown
- 17 Help
- 18 Having a bug
- 19 Villain, slangily
- 21 Asian capital
- 24 "— It Romantic?"
- 25 Sprite
- 26 Lorne Michaels' brainchild, for short
- 28 Quarrels
- 31 Union payments
- 33 Obtained
- 35 Any time now
- 36 Refine metal
- 38 "Holy cow!"
- 40 Kimono sash
- 41 Bad witness
- 43 In the thick of
- 45 Hallux
- 47 Couric's network
- 48 Fuss
- 49 Glenn Miller

1	2	3	4	5	6	7	8	9	10	11
12			13						14	
15			16						17	
			18				19		20	
21	22	23					24			
25			26		27		28		29	30
31		32		33		34		35		
36			37		38		39		40	
		41		42		43		44		
45	46					47				
48			49		50			51	52	53
54			55					56		
57			58					59		

- classic
- music
- 32 Narrow cut
- 54 Virgo neighbor
- 7 Judd or Campbell
- 34 Head of the class?
- 55 Waste conduit
- 8 Firstborn
- 37 Follower of Lao-tzu
- 56 Pair
- 9 Greenhouse buy
- 39 Hearth remains
- 57 Pop
- 10 Henry —
- 42 Actress Zellweger
- 58 Crocodile
- 11 Relinquish
- 20 Blackbirds
- 44 Doctrine
- 59 Blunder
- 16 Back talk
- 21 Kennedy and Koppel
- 45 Hairless
- DOWN
- 1 Bonfire residue
- 2 Personal question
- 3 Conger, for one
- 27 Journal chains
- 4 Fashions
- 5 Coyotes' din
- 30 Fit of peevishness
- 6 Yoko of

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Weekly SUDOKU

by Linda Thistle

	8		9	1	7			
4			6		8			3
	2	9		5	1			
6		2		8				9
		4	6		2			1
	9		5	1				4
2		7	9					3
	6			3	4			5
1			2	8		9		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

- ★ Moderate
- ★★ Challenging
- ★★★ HOO BOY!

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Trivia test by Fifi Rodriguez

1. LANGUAGE: In old England, what was the profession of someone known as a baxter?
2. TELEVISION: In what country was "Jeopardy!" host Alex Trebek born?
3. MEDICAL: What is the medical name for "the bends"?
4. ANIMAL KINGDOM: What kind of animal would be described as "lupine"?
5. MUSIC: How many members are in the Mormon Tabernacle Choir?
6. GEOGRAPHY: The Mystic River flows through which U.S. state?
7. GENERAL KNOWLEDGE: What would a vexillologist study?
8. COMICS: In the comic strip "Peanuts," where was Snoopy born?
9. MOVIES: What film's theme song was "Lose Yourself" by Eminem?
10. FAMOUS QUOTATIONS: Who once said, "Depend upon it, sir, when a man knows he is to be hanged in a fortnight, it concentrates his mind wonderfully"?

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HOCUS-FOCUS BY HENRY BOLTIFF



Find at least six differences in details between panels.



Differences: 1. Mailbox is black. 2. Apron is different. 3. Door has small window. 4. Woman has headband. 5. House is missing. 6. Mailman's arm patch is gone.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: N equals J

- Y MFQ, EPDFVYU MFCI HYO
- NJOS VZLAFVSWI YLI FO LZH
- OWCAFLQ SFEW. FS'O Y
- NYFUDZJOW CZV.

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A big, mythical bird was just convicted and is now serving time. It's a jailhouse roc.

CryptoQuip

Solution time: 21 mins.

Answers

King Crossword

1	3	5	2	8	4	9	6	7
9	6	8	1	7	3	4	2	5
2	4	7	9	5	6	1	3	8
8	9	3	5	1	2	7	4	6
5	7	4	3	6	9	2	8	1
6	1	2	7	4	8	3	5	9
7	2	9	8	3	5	6	1	4
4	5	1	6	2	7	8	9	3
3	8	6	4	9	1	5	7	2

Answer

Weekly SUDOKU