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HIGH SCHOOL FOOTBALL

— page B1

briefs

Arrest made after Magoffin robbery

by SHELDON COMPTON
STAFF WRITER

FALCON — An Elliott County man is in jail in connection to an armed robbery in Magoffin County on Tuesday.

David Bowen, 34, of Isonville, was arrested Wednesday by Kentucky State Police Trooper John Preece. Preece said he discovered Bowen was allegedly connected following an investigation.

State police were first informed Tuesday by clerks at BJ's Liquor along Route 40 in Falcon that two male subjects entered the store armed with a knife and demanded money from the register.

However, the two failed to obtain the money asked for and promptly left the store in a vehicle at just before 7 p.m., police said.

Bowen was picked up on a warrant without incident in Elliott County the following day and is currently being held at the Carter County Detention Center on one charge of first-degree robbery.

2 DAY FORECAST

Today



High: 31 • Low: 16

Tomorrow



High: 41 • Low: 22

For up-to-the-minute forecasts, see floydcountytimes.com

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Search takes police to Middle Creek

by SHELDON COMPTON
STAFF WRITER

MIDDLE CREEK — A six-year long investigation into the disappearance of a Lexington woman brought that city's police officers and also federal agents to Floyd County Wednesday.

Members of the Lexington Police Department and agents with the Federal Bureau of Investigations descended on the property of Bill Crider Sr., along Middle Creek west of Prestonsburg, Wednesday to search for evidence in the case of missing person Joyce Crider.

Joyce Crider was married to the property

owner's son, Bill Crider Jr., a "subject of interest" in the woman's disappearance. Crider went missing six years ago just before she was scheduled to give a deposition as part of the former couple's divorce proceedings in Lexington.

Sgt. Paul Williams, the lead investigator with the Lexington Police, said from the site Thursday morning that searching the Middle Creek property was the next step of many that had preceded it in the last six years.

The Middle Creek home, though belonging to the elder Crider, was a location police believed Crider planned to move to from

(See **SEARCH**, page five)



Federal agents and members of the Lexington Police Department spent most of Wednesday and Thursday at the site of this burned home along Middle Creek. The agencies' joint effort was part of the six-year long investigation of missing person Joyce Crider.

photo by Sheldon Compton

GETTING THEIR KICKS



photo by Sheldon Compton

Area youngsters took part in a karate class at the Floyd County Public Library in Prestonsburg Tuesday. The class is held every week. For more information, contact the library at (606) 886-6113.

Sex offender lands in hot water again after plea

by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — An Allen man was handed down a two-year jail sentence after admitting to sexually abusing and imprisoning a minor Wednesday in Floyd Circuit Court.

Sean Bobo, 37, of Allen, pleaded guilty to two counts of first-degree sexual abuse and one count of unlawful imprisonment by Circuit Judge Danny P. Caudill. All counts, which were class C felonies in the original indictment, were amended to class D felonies as part of the plea agreement.

Bobo, who told Caudill during the hearing that he had only completed the seventh-grade, admitted to engaging in sexual intercourse with the minor, who was 11 years old at the time of the offense in May of this year.

From April 26 to May 19 of this year, according to the indictment, Bobo said he engaged in sexual intercourse with the minor. He admitted the same when questioned by Caudill during Wednesday's hearing.

"What exactly did you do?" Caudill asked Bobo before taking the recommendation from the commonwealth's attorney's office.

"Fooled around with a young girl," Bobo said flatly, and then when pressed further, added in a clipped tone, "Had sex."

The Allen man was also ordered to participate in a sexual offender class and also register on the Kentucky State Police's sexual offender registry.

The 37-year-old Allen resident, who has been imprisoned on the charges since May, scanned the mostly empty courtroom as police escorted him before the judge Wednesday. In attendance were Bobo's victim and her mother, who became emotional and broke into tears during the proceedings.

The victim, on the other hand, remained calm while Caudill addressed Bobo, embracing her moth-

(See **PLEA**, page five)

KCHIP announcement draws little local interest

by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — Gov. Steve Beshear formally announced an enrollment initiative for the Kentucky Children's Health Insurance Program (KCHIP) via a webcast held at Big Sandy Community and Technical College yesterday.

United Way of Eastern Kentucky hosted the webcast and has stated its plans to increase enrollment in the program by providing information to funded agencies, community partners, health care providers and social work-

ers. There are an estimated 67,000 eligible children who are not enrolled in KCHIP, Beshear told those attending the event live in Frankfort Tuesday. About 100 people were on hand in Frankfort for the announcement, while attendance for the local webcast was far less. The room was empty on the college campus as Beshear started into the details of the collaborative plan.

"We have a lot of work to do," Beshear said Tuesday. "Too many children in Kentucky do not have health care and this is unacceptable. Our challenge is to enroll these children and

make sure they stay enrolled." The program provides health insurance to children whose families have income that is below 200 percent of the federal poverty level, or about \$42,400 a year for a family of four.

Beshear also pointed to taking care of the health for our next generation translating a more stable commonwealth years down the road, referencing the current economic climate in doing so.

"During these extremely economic times, we must not underestimate the value of preventive health care for our children," said Beshear. "With families

struggling now more than ever, we must make sure they get the assistance they need to provide their children with the appropriate health care."

This past September, Beshear announced that the program's application process would be revised and simplified. Then, just this month, a new website was created with easier application procedures.

According to Beshear, the goal with the new website, which can be found at kidshealth.ky.gov, and streamlined application was to enroll more than

(See **KCHIP**, page five)

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Obituaries

Pauline (Watson) Gilbert

Pauline (Watson) Gilbert, 82 of Fife Lake, formerly of Floyd County, passed away peacefully on Monday, November 17, 2008, at Kalkaska Memorial Health LTC, in Michigan.

She was born August 2, 1926, in Floyd County, the daughter of the late Bill and Clara (Williams) Counts.

On May 17, 1947, Pauline married Redie Watson, and they had two sons.

In 1974, she married Al Gilbert.

Pauline is survived by her son, Donnie (Diane) Watson; her grandchildren: Jennifer, Katie and Rebecca; and her brother, Kermit Counts.

Preceding Pauline in death were her son, Jimmy Joe Watson; a sister, Goldy Akers.

Visitation will be held Thursday, Nov. 20th from 5:00 until 9:00 p.m., at Hall Funeral Home in Martin.

The funeral service will be Friday, November 21, at 11:00 a.m., at the funeral home, with Pastor Heiko Giese, of the Pikeville Kingdom Hall of Jehovah's Witnesses, officiating.

Burial will be in Davidson Memorial Gardens, Ivel.

(Paid obituary)

Evelyn Emogene Hamilton

Evelyn Emogene Hamilton, age 79, of Betsy Layne, joined the Lord, Tuesday, November 18, 2008, at her home.

She was born May 13, 1929, in Harold, the daughter of the late Dayton and Katie Moore Duvall. She was a homemaker and a member of the Betsy Layne Church of Christ since 1952.

In addition to her parents, she was preceded in death by her husband, Virgil Hamilton, and one brother, Russell Duvall.

She is survived by three children: David (Karen) Hamilton of Banner; Katie (Steve) Cordial of Newport, Tennessee; and Rita Ray of Pikeville; one brother, Dayton (Nancy) Duvall of Nitro, West Virginia; 11 grandchildren: Rusty, Bridgette, Amanda, Todd, Tyra, Lorie, Bo, Kyle, Sunshine, Michael, and Stevie Jade; and 13 great-grandchildren.

Funeral services will be conducted Saturday, November 22, at 2:00 p.m., in the Hall Funeral Home Chapel, in Martin, with Tommy Spears officiating.

Burial will follow in the Davidson Memorial Gardens, in Ivel, under the professional care of the Hall Funeral Home.

Visitation is at the funeral home.

(Paid obituary)

Chester Paul "Mutt" Higgins

Chester Paul "Mutt" Higgins, of Columbus, Ohio, passed away peacefully in his sleep, at home, on Monday, November 17, 2008, surrounded by his loving family.

He was born in Garrett, Floyd County, on October 13, 1930, the son of the late Harry and Grace (Pennington) Higgins.

This basketball guard gradu-

ated from Garrett High School in 1950; then met and married the love of his life, Helen Jean (Castle), in December, that same year. He entered the US Air Force during the Korean War and served his tour in Guam. When his service ended, Mutt and Helen settled in Columbus, Ohio, where he began his 35-year career at Trans World Airlines, and a 25-year membership of South Gate-Potter Lodge No. 782 F&AM.

He was a wonderful person, always generous and ready to lend a hand, and he never met a stranger. He could always make you feel at home with his easy-going manner and wit, and was just a big "kid" at heart.

He was the most wonderful husband and daddy in the world, and he will be greatly missed by all who knew him — especially his "girls," Helen and Paula. Most importantly, he lived a good and honorable life.

In addition to his parents, he was preceded in death by an infant son, Chester Paul Higgins II, and his brothers Carlos and Hubert.

Left to mourn his passing are Helen, his beloved wife of 58 years; a loving daughter, Paula (Mark McPeck); a brother, Norman (Jane); a sister, Dorothy; and numerous sisters-in-law, brothers-in-law, cousins, nieces, nephews, and friends.

Visitation, Thursday 2-4 and 6-8 p.m., at Evans Funeral Home, 4171 E. Livingston Ave., where services will be held Friday, November 21, at 10:00 a.m., with Pastor Rodney Kuhn officiating.

Entombment will follow at Forest Lawn Cemetery, 5600 E. Broad St.

In lieu of flowers, memorial contributions may be directed to The Mount Carmel Hospice, 1144 Dublin Rd, Columbus, Ohio 43215. www.evansfuneralhome.net

(Paid obituary)



Franklin Delano Osborne

SGM, Franklin Delano Osborne, US Army retired, died September 9, 2008, at his home in Knoxville, TN, after a long illness.

Born November 11, 1936, at Hite, KY, he was the son of the late Maryland Osborne and Allie Taylor Osborne Anderson.

He was preceded in death by his wife of 46 years, Carolyn Evans Osborne.

Survivors include two daughters, Lisa Osborne of St. Augustine, FL., and Crystal

Osborne and husband, Rev. Roger Ellis; and granddaughter Shelby Osborne of Lexington, KY. Frank is also survived by sisters, Winifred Hale of Blue River, Janice Paul of Conyers, GA., Julia Dolores Steward of Universal City, TX, Mary Jean Johnson of Cincinnati, OH, Shannon Wells of Oshkosh, WI, and Shirley Barker of Dale City, VA; and brothers, Donald W. Osborne and James Maryland Osborne of Prestonsburg, KY, and Stephen Anderson of Martin, KY.

In addition to his wife and parents, he was preceded in death by a brother, Ronald Osborne of Kilcun, TX.

Frank joined the US Army in 1953 at age 17, and served his country for 24 years. He was extremely proud of his service and accomplishments and distinguished himself with numerous awards for meritorious service and bravery in combat. He was awarded the Bronze Star with "V" Device for Valor and the Vietnamese Cross of Gallantry for his actions on November 11, 1965 (his birthday). On this date, while acting as Senior American Advisor to the Vietnamese 2nd/10 Armored Cavalry Troop, the unit became heavily engaged in a series of three running battles in which they were surrounded by a superior Viet Cong force and in imminent danger of being overrun. Frank's forceful leadership and expert tactical advice steadied the panicked Vietnamese troop commander and rallied the troops to mount a strong defense. Finally, after a fierce day-long battle in which Frank called in American air and artillery strikes and after suffering more than 50% casualties, SGM Osborne and the remaining members of the troop broke through the enemy encirclement and reached friendly lines. Frank also received the Meritorious Service Medal with Oak Leaf Cluster as well as many other notable awards and achieved the rank of Sergeant Major during his long and successful career.

After retiring from the Army in 1977, Frank continued to serve by teaching JROTC for two years in Sarasota, FL. He then became employed as a postal worker in Sarasota, FL., and worked there for 19 years until retiring in 1998 due to worsening illnesses related to his military service. A graveside memorial service will be held for SGM Franklin Delano Osborne on November 23, 2008, at 3:00 p.m., at the Osborne family cemetery at Hite, KY, with military honors performed by DAV. In lieu of flowers, contributions may be made to DAV.

Funeral services will be held Friday, November 21, at 1 p.m., at Nelson-Frazier Funeral Home, in Martin, with the Allen Baptist Church minister officiating.

Burial will be in the Richmond Cemetery, Prestonsburg, under the direction of Nelson-Frazier Funeral Home.

Visitation is at the funeral home.

Ida Mae Hall Slone Pritchard

Ida Mae Hall Slone Pritchard, 96, of Dwayne, died Monday, November 17, 2008, at Riverview Health Care in Prestonsburg.

Born January 14, 1912, in Knott County, she was the daughter of the late Walter and Luetta Watts Hall. She was a mother, grandmother, homemaker, and a member of the Allen Baptist Church.

She was twice married, first to L. C. Slone, and later to Walter L. Pritchard. They both preceded her in death.

Survivors include her sons: Larry Slone, wife Glenna, of Carroll, Ohio; James Slone, wife Jean, of Phoenix, Arizona; and Randy Slone, wife Sari, of Martin; her daughters: Naomi Wampler, husband Jerome, of Lancaster, Ohio; Loma Fain, husband the late Harry, of Pickerington, Ohio; Bernice Akers, husband Paul, of Norfolk, Virginia; Joy Ann Jones of Pittsburgh, Pennsylvania; Margaret McKinley, husband Bill, of Galloway, Ohio; Mary Lynn Meeks, husband Don, of Columbus, Ohio; and Judy Kendrick, husband Gary, of Prestonsburg; a stepdaughter, Shasta Lee Dawson of Australia; one brother, Bill Hall of Nicholasville; 30 grandchildren, 43 great-grandchildren, 30 great-great-grandchildren, one great-great-great-grandchild; and a special granddaughter, Linda (Willard) Lafferty of Prestonsburg.

In addition to her parents and husbands, she was preceded in death by her children: Carl Slone, Willis Slone, Loretta Blair, Rosa Lee Slone and Roger Slone; her grandparents: Floyd Hall and Malinda Huff Hall, and Silas and Sally Watts; five grandchildren, and three great-grandchildren; her brothers and sisters: Clarence Hall, Orbin Hall, Harold Hall, Ivis Hall, Arvil Hall, Lillian Elliott, Gracie Slone, Ethel Combs, Vina Slone and Marie Thacker.

Funeral services will be held Friday, November 21, at 1 p.m., at Nelson-Frazier Funeral Home, in Martin, with the Allen Baptist Church minister officiating.

Burial will be in the Richmond Cemetery, Prestonsburg, under the direction of Nelson-Frazier Funeral Home.

Visitation is at the funeral home.

(Paid obituary)

Maxine Conley Reed

Maxine Conley Reed age 98 of Hueysville, passed away on Monday, November 17, 2008, at her residence.

She was born July 28, 1910, at Handshoe, the daughter of the late John Morgan and Phoebe Jane Coburn Conley.

She was a retired postmaster at Hueysville, and a member of the Hueysville Church of Christ.

She was the wife of the late Commodore Reed.

Surviving are: her nieces: Lois H. Conley, Anita Snyder, Bessie Draughn, Regina Eckle, Carolyn Lewis, and numerous others; her nephews: Judge Hollie Conley, Carlos R. Conley, Merle R. Conley, Dexter Conley, Lowell M. Conley, Don Luther Conley, and numerous others.

Funeral services were held Thursday, November 20, at 1:00 p.m., in the Hall Funeral Home Chapel, Martin, with Chester Ray Varney officiating.

Burial was in the J.M. Conley Cemetery on Salt Lick Creek, in Hueysville, under the direction of Hall Funeral Home.

(Paid obituary)

Marjorie Rudder

Marjorie Rudder, 83, of Martin, died Tuesday, November 18, 2008, at St. Joseph, Martin.

Born May 13, 1925, in Blackey, she was the daughter of the late Jim and Martha Large Manuel. She was a mother, grandmother, homemaker, and a member of Martin Freewill Baptist Church.

She was twice married, first to Walter Raleigh England, and later to Frank Rudder. They both preceded her in death.

Survivors include three daughters: Patty Peters of Allen; Mary Lou England and Evelyn Denise Martin, both of Martin; one sister, Loretta Meadows of Langley; two grandchildren: Tracie Lynn Layne of Langley; and James Eric Triplett of Friendship, Tennessee; six great-grandchildren: Kyle, Ethan and T.J. Layne, all of Langley; and Britney, Teyha; and Remington Triplett, all of Friendship, Tennessee.

In addition to her parents and husbands, she was preceded in death by one brother, Arnold Manuel; and four sisters: Cordia Childers, Ruby Shepherd, Virginia Smith, and Carmia Sturgill.

Funeral services will be held Friday, November 21, at 11 a.m., at Nelson-Frazier Funeral Home, in Martin, with Ted Shannon and Chester

Varney officiating. Burial will be in Davidson Memorial Gardens, in Ivel, under the direction of Nelson-Frazier Funeral Home.

Visitation, is at the funeral home.

Pallbearers: Eric Triplett, Danny Meadows, Bobby Mcadows, Johnny Layne, Teddy Meadows, Daniel Meadows and Ralph Crisp.

(Paid obituary)

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For the Record

Marriage Licenses

Sarah Nicole Reed, 24, of Prestonsburg, to Chase Edward Ousley, 21, of Prestonsburg.

Crystal Renee Davis Bays, 18, of Pikeville, to Daniel Ray Blair, 25, of Prestonsburg.

Susan Denise Shepherd, 41, of David, to Jeffrey Clark Young, 39, of Allen.

Brittany Renee Crum, 18, of Prestonsburg, to Dallas Lee Music, Jr., 30, of Prestonsburg.

Peggy Lynn Johnson Moore, 37, of Hueysville, to Garnis Eugene Caudill, Jr., 38, of Eugeneville.

Civil Suits Filed

Citimortgage Inc. vs. Stephen L. Brewer; complaint.

Capital Alliance Financial LLC vs. Joyce Daniels; complaint.

Grizzly Processing LLC vs. Wausau Underwriters Insurance; complaint.

Ousley Concrete Construction Inc. vs. Brock-McVey Co.; complaint.

Arnold Howell vs. Melissa Collins; petition for health care insurance.

Brandy M. Evans vs. William F. Evans; petition for health care insurance.

Sherry Shepherd vs. Michael Chaney; petition for health care insurance.

Candi Mullins vs. Steven D. Slone; petition for health care insurance.

Heather F. Acebedo vs. Jim E. Boyd; petition for health care insurance.

SSB Investments LLC vs. Bellerose Development LLC; complaint.

Credigy Receivables Inc. vs. Ricky Perry; complaint.

Brian Collins vs. Bethany Collins; divorce.

Citibank South Dakota vs. William R. Hendrick III; complaint.

Small Claims Filings

Barbara Caudill vs. Boomer Holbrook; debt collection.

Gopal Majmundar vs. David Patrick; debt collection.

Gopal Majmundar vs. Michelle Rowe; debt collection.

Newman's Shop A Lot vs. Edward Conn; debt collection.

Charges Filed

Kevin Hall, 24, Hueysville; intimidating a participant in legal process.

Susan L. Marshall, 41, Hueysville; complicity to commit murder.

Tommy Crum, 20, Hueysville; complicity to commit murder.

Tina Lynn Adkins, 33, Hueysville; complicity to commit murder.

Delmar Barnett, 50, Eastern; custodial interference.

Daphne M. Johnson, 34, Bevsinsville; harassment.

Lee Roy Newsome, 44, Teaberry; fourth-degree assault.

Barry Robinson, 49, Prestonsburg; fourth-degree assault.

Ryan Hardee, 28, Prestonsburg; alcohol intoxication.

Kathy N. Garrett, 50, Martin; harassing communications.

Kenneth Hayden, 21, Prestonsburg; second-degree wanton endangerment.

Ryan L. Hall, 38, Bevsinsville; fourth-degree assault.

Kenneth Hayden, 21, Prestonsburg; second-degree wanton endangerment.

Kenneth L. Hayden, 21, Prestonsburg; menacing, obstructing a highway.

Inspections

Double Kwik, Prestonsburg, regular inspection. Violations noted: lack of numerically scaled thermometer for checking cooking and holding temperature of potentially hazardous food, lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing solution, sanitary towel or hand drying device not provided at lavatory or hand-washing sink. Food score: 96.

Violations noted: lack of numerically scaled thermometer for checking cooking and holding temperature of potentially hazardous food. Lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing solution, sanitary towel or hand drying device not provided at lavatory or hand-washing sink. Retail score: 96.

College Grill, Prestonsburg, regular inspection. Violations noted: lack of numerically scaled thermometer for checking cook-

ing and holding temperature of potentially hazardous food, food not protected during storage, cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing solution, improper handling of clean equipment and utensils, garbage and refuse containers not covered as required, floors not clean. Score: 92.

Adkins Quick Stop, Honaker, regular inspection. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, garbage and refuse containers not covered as required, floors not con-

structed properly, floors not in good repair, unnecessary articles in or around the establishment, cleaning and maintenance equipment not properly stored. Score: 95.

Property Transfers

Charlotte Adams to Nancy Adams and Nancy Manuel, property located at Middle Creek.

Danny Adams to Nancy Adams and Nancy Manuel, property located at Middle Creek.

Donnie Adams to Nancy Adams and Nancy Manuel, property located at Middle Creek.

Larry Adams to Nancy Adams and Nancy Manuel,

property located at Middle Creek.

Mary Adams to Nancy Adams and Nancy Manuel, property located at Middle Creek.

Paul Adams to Nancy Adams and Nancy Manuel, property located at Middle Creek.

Adam Adkins to Kinzer Investment Realty, property located near Eastern.

Geraldine Adkins to Dan Slone, property located in Allen.

Heath Adam Adkins to Kinzer Investment Realty, property located near Eastern.

Cecil Baldrige to Nancy Adams and Nancy Manuel, property located at Middle

Creek.

Georgia C. Baldrige to Nancy Adams and Nancy Manuel, property located at Middle Creek.

Della H. Brown to Dianna C. Hackworth and Mikel Hackworth, property located at Abbott.

Jimmy Brown to Dianna C. Hackworth and Mikel Hackworth, property located at Abbott.

Greg Dixon to Dianna C. Hackworth and Mikel Hackworth, property located at Abbott.

Kathy Dixon to Dianna C. Hackworth and Mikel Hackworth, property located at Abbott.

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Viewpoint

Worth Repeating ...

A committee is a cul-de-sac down which ideas are lured and then quietly strangled.

— Sir Barnett Cocks

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof, abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Our View

Community is more than just geography

Tuesday marked a first for us in the news business. It was the first time that we've gone to cover a public meeting for which the public completely failed to show.

The occasion was Gov. Steve Beshear's kickoff of a push to increase the number of children enrolled in the state's KCHIP program. And although the main event was held in Frankfort, a satellite teleconference was held locally at Big Sandy Community and Technical College.

With health care such an important topic these days, and with tightening economic times making it tougher than ever for families to afford health insurance, we considered this event to be one of importance to our readers and certainly worthy of coverage.

So imagine our surprise when our reporter walked in the door, only to find he was the only person to show up.

Now, we're not talking about a lack of attendance from the general public. We've grown accustomed to attending various public forums and finding we're the only representative of the common man. It's not a good thing, but it happens. But at least at those, there are various public officials and other interested parties present, if only because their employer mandates it.

No, we're talking about showing up for a public event to find that our reporter is the only living, breathing mammal in the room. That's quite a different story, and a sad one at that.

Now, it would be simple for us to slam out 500 fiery words, taking everyone to task for this civic failure and bemoaning the shamefulness of it all. Simple, but probably not very effective.

Instead, we will sheath our poison pen and offer a stern but gentle reminder of the importance of public participation.

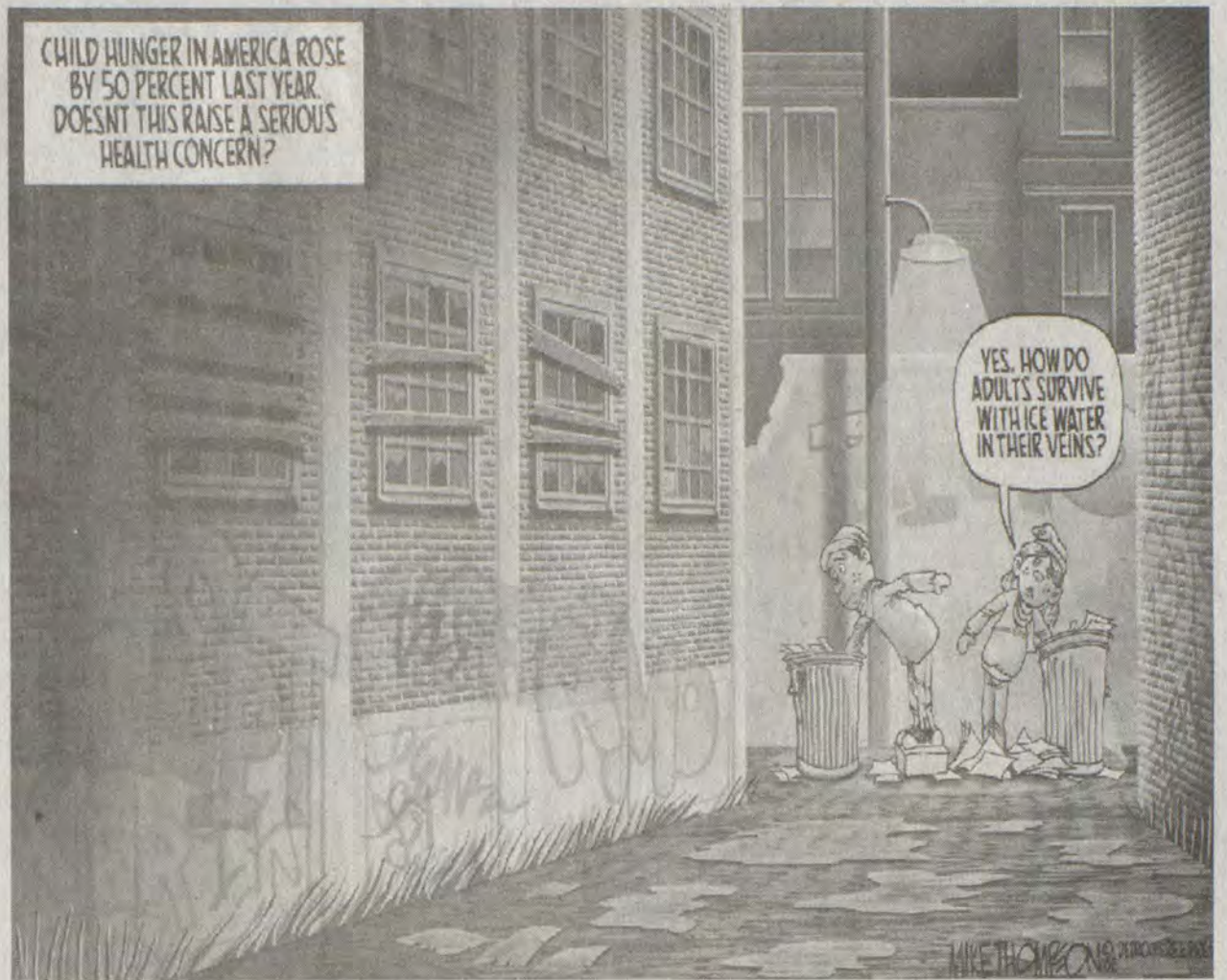
It is quite well documented that the health of any community is tied directly to the level of civic involvement of its members. Communities thrive and prosper where residents take an active role in shaping their shared direction. But when residents are too concerned with their own lives to get involved, those communities wither and, if not die, then languish.

Now, Floyd County might not have ever had some of the advantages available to other parts of the country, but at least we have always had each other. You can see that in the Floyd County Rescue Squad, which was borne out of tragedy and grew to become a vital community resource. You can see it in the throngs of volunteers who sacrifice their evenings and weekends as the backbone behind childhood memories of baseball, basketball, football and soccer.

And that is precisely why we cannot understand the apparent complete disinterest in providing health care to as many children as possible. We can understand if the Average Joe cannot take off in the middle of a workday to attend an admittedly self-congratulatory address by the governor. But to see no attendance from those involved in health care, education or social service? It is perplexing and disturbing.

Floyd County is better than this.

— The Floyd County Times



Guest column

House week in review

by REP. HUBERT COLLINS

Recommended changes to the state penal code including an increase in the dollar amount of what constitutes felony theft and the state's drug laws proposed by committees of the Kentucky Criminal Justice Council were shared with a legislative subcommittee this month.

The proposals, which are intended to reduce the state's growing prison population, could lead to legislative changes in the next regular legislative session beginning in January. However, they must first be approved by the Council later this month and delivered to Governor Steve Beshear by Dec. 1.

Some of the recommendations shared with the legislative Subcommittee on the Penal Code and Controlled Substances Act from the Council's Penal Code Committee Chairman Chris Cochran included applying a statute of limitations on certain Class D and C felonies (with an exemption for sex offenses),

increasing the threshold for felony theft from \$300 to a larger amount, grading thefts based on severity of the crime, making DUI a felony after a third rather than a fourth offense and improving aid to county jails, among others. Cochran said reimbursing counties for the 30 to 60 days that inmates spend in jail awaiting sentencing would help.

Another way to impact the jail system, said Justice and Public Safety Cabinet Secretary J. Michael Brown, is to waive pre-sentence investigations upon agreement of the parties. Brown said such a move would help the state meet its current state guidelines requiring that inmates be moved from the jail within 45 days after their conviction.

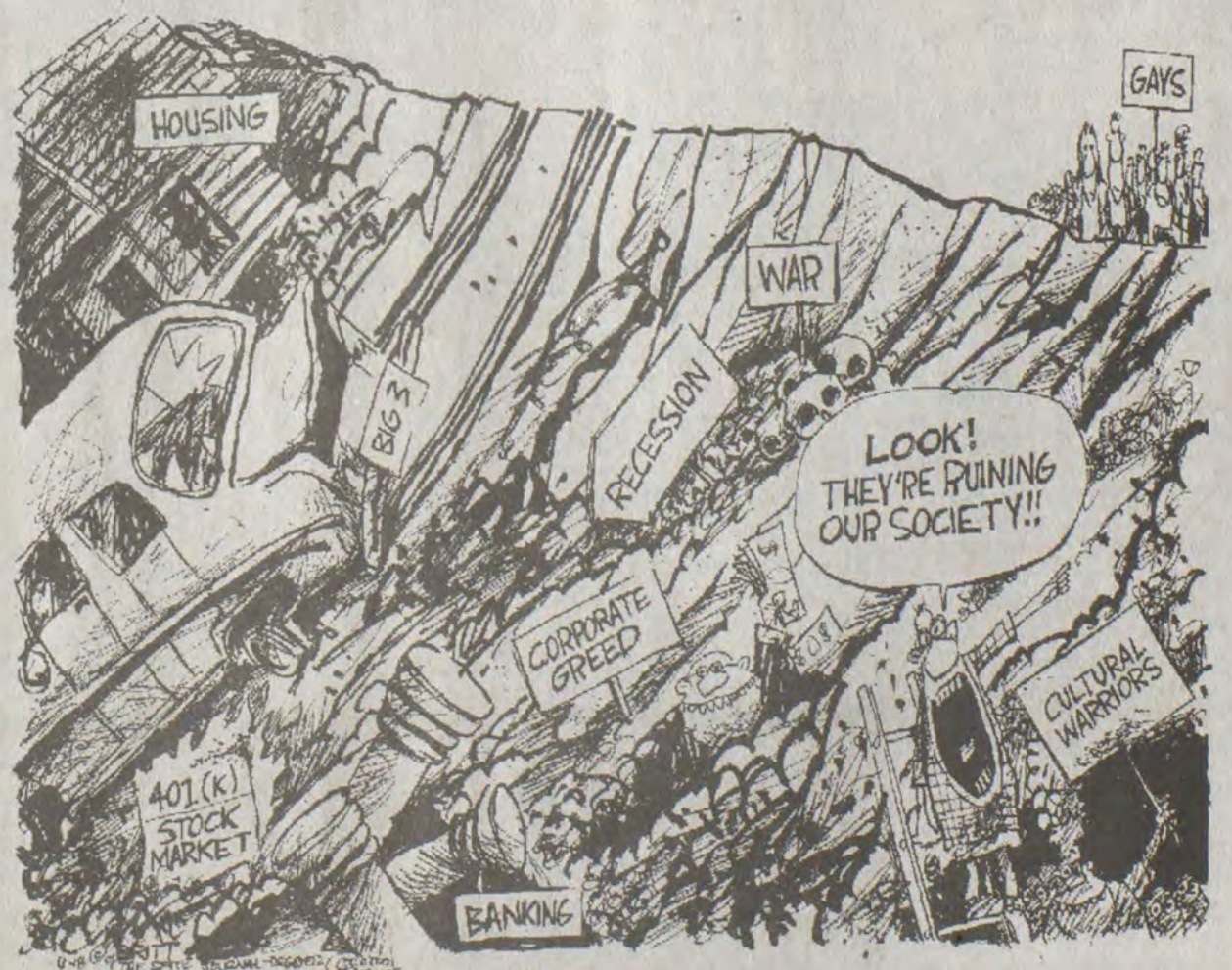
The Subcommittee then heard recommendations for changes to the state's drug law statutes. Drug cases, as we all know, are a major drain on the justice system. Prosecutors like Cochran said it would be best to address inmates' drug issues before they reoffend and are possibly disenfranchised from society.

One change to the state drug laws that has been recommended by the Council's committees would be to pass a "drugged driver" law (proposed in previous legislative ses-

sions) that would make driving under the influence of a controlled substance without a prescription a "per se" or clear offense. Other proposals could change laws that determine proximity to public and private places by drug offenders, and alter some penalties.

Subcommittee Co-Chair Sen. Gerald Neal, D-Louisville, who proposed the resolution that created the Subcommittee on the Penal Code and Controlled Substance Act this year, said as of now many areas of the penal code are "piece meal" and that a more comprehensive code is needed. Taking such an inclusive look at the justice system will, he said, help lawmakers and state officials "promote rationality, at the same time...carrying out what justice requires."

I believe changes may be needed to what admittedly has become somewhat of a hodgepodge of criminal penalties and laws dating back three decades or more. Along those lines, I am eager to work with the Council and the governor to improve our penal code and Controlled Substances Act so that we can streamline our justice system and the laws that govern it while preserving public safety.



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In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

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Rental Central

by TOM DOTY
TIMES COLUMNIST

Three sturdy flicks shared shelf space with only one loser this week as a trio of films hit DVD that offered something for each age group.

■ **"WALL-E"** — Pixar's latest may have been over-hyped, but it totally delivered on the entertainment front and should appeal to the whole family. The story is set in the future on a hastily vacated earth and follows a lonely robot who cleans up mountains of debris while occasion-

ally collecting knick-knacks. A second robot eventually turns up and our hero embarks on a journey to be reunited with this machine that involves cosmic adventure and new companions such as a pet cockroach (we all knew they'd survive) and some misfit robots. Good fun.

■ **"Tropic Thunder"** — Adults should get a kick out of this smart spoof of action movies from Ben Stiller. The film manages to poke fun at colossal egos, overbearing studio chiefs and method actors, while providing a few thrills as

well. Stiller stars as an action star whose attempt to play it straight led to his being savaged by critics for a "Forest Gump"-type film. Robert Downey Jr. is also on hand as an actor who undergoes surgery to play an African American soldier and refuses to break character, and he easily outshines Jack Black who has less to do as a comedian/drug addict who is trying to reinvent himself. These guys are known for their comedy, but it's Tom Cruise who gets the biggest yuks as a studio chief who calls all the

shots and alternates between heckling his assistants and busting plenty of urban dance moves.

■ **"Sisterhood of the Traveling Pants 2"** — Teens should enjoy this superior sequel which follows four friends as they move away from home to begin their first year at separate colleges. The original cast returns (Amber Tamblyn, America Ferrare) and acquit themselves well, as the movie charts their continued growth and the comfort they find in their shared friendship. Based on a series

popular young adult novels.

■ **"Zombie Diaries"** — The video diaries of three Europeans chart a zombie plague in this low-budget effort which should turn you off of zombie flicks for the next decade. Despite the fact that this preceded George Romero's similar "Diary of the Dead," it's nowhere near as good and makes "The Blair Witch Project" look like "Citizen Kane."

Next week offers more summer movies with the arrival of "Hancock" and "Space Chimps."

Search

Lexington in the near future. Williams said the property was on investigator's radar, but that awareness intensified in early October when the home burned down.

"We don't know what the cause of the fire was," Williams said, "but I find it curious that the home occupied by Joyce and Bill Crider also burned just before they separated six years ago."

According to police, that home, located in Lexington, was to be one of the subjects discussed during the deposition Joyce Crider never showed up for the last day she was seen on Oct. 27, 2002.

"They had received an insurance settlement from that fire," Williams said. "And now

we have another burned home."

The search has received a great deal of media coverage since Crider's disappearance. It has been reported the couple were married on Nov. 20, 1999, breaking up just before their two-year anniversary. Crider went missing the day before she was set to give a deposition in the divorce case, a deposition during which she had supposedly intended to implicate her soon-to-be ex-husband for insurance fraud in connection to their burned Lexington home.

The focus of the site investigation at Middle Creek, which Williams said he expected to have concluded Thursday, centered on evi-

dence.

Large amounts of piled dirt surrounding the burned remains of Crider's home were already at the location, Williams said. Digging at the site was conducted with single excavator to clear away some of the fill dirt in order to search the sewer system, but no other digging had taken place.

"Certain interviews we've conducted as part of the investigation led us to believe that the person possibly involved in her disappearance may have had an assistant who moved some of the evidence," Williams said Thursday. "That person, we believe, may not have been aware of their involvement. It's evidence

we're searching for here today."

Floyd County has now joined numerous other sites across the state that have been searched or investigated to find clues into Crider's disappearance. In the past six years, authorities have conducted searches on both a farm and a construction site in Fayette

County, as well as an old strip mine in Perry County.

All these searches, including those conducted on Wednesday and Thursday at Middle Creek, were the result of federal search warrants.

Joyce Crider's family has promised a \$20,000 reward for anyone able to successfully recover their daughter.

Continued from p1

Plea

er and watching the proceedings with interest.

Her strong front was cracked, however, as police escorted Bobo back to the holding room. Just before disappearing through the side door of the courtroom, when he was closest to the victim and her family, Bobo, a menacing gaze covering his features, extended his middle finger to the mother and daughter and mouthed the words, "Nine months."

The teary-eyed mother could only assume Bobo had made reference to the amount of time he thought he would serve before being released on probation. "I guess he meant

that's when he'd be coming after us," she said before informing Caudill of what had happened.

As Caudill was told of the incident, he immediately called Bobo back into the courtroom and questioned him about the incident, at which time he admitted to making the gesture and speaking to the mother and his victim.

Caudill, explaining this violated the orders of the court for Bobo to have no contact with the family, added a contempt of court ruling to his case. The matter will be more fully dealt with during Bobo's sentencing hearing, Caudill said. That hearing will be held on Jan. 13.

Continued from p1

KCHIP

35,000 children in the program by the end of the 2010 fiscal year.

Part of the new approach would eliminate the face-to-face interview requirement and make way for applicants to mail in materials and to download, print and fill out applications from Beshear's website.

In addition, there was an amendment made in the denial process that provides a new 30-day grace period for applicants to get more information following a denial.

Other plans have the state contacting the parents of every newborn in Kentucky with a postcard that would provide information about KCHIP enrollment and a move to distribute applications during back-to-school campaigns, as well as the creation of a list serve for all school districts to send messages each year encouraging staff to assist in identification and enrollment into the program.

There have also been several training exercises and courses for staff members who will be able to focus their collective attention on dealing with any



Continued from p1

photo by Sheldon Compton

Gov. Steve Beshear announced health insurance plans to a decidedly empty room, during a webcast at Big Sandy Community and Technical College Tuesday. The sole person pictured was a college employee responsible for setting up the webcast and who left shortly after proceedings began.

new waves of enrollment under the new guidelines. Beshear said Tuesday that there are 26 new staff members to tackle this aspect of the program.

Dr. Mary Fallai of Kosair's Children Hospital, introduced Gov. Beshear and called the program and the push to up enrollment to improve chil-

dren's health care a matter of "utmost priority" Tuesday.

"Gov. Steve Beshear is committed to providing affordable, accessible health care to all Kentuckians," Fallai said. "He has a vision for the betterment of Kentucky's children and affordable health care and wellness are matters of utmost priority."

Court approves road plan

by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — Members of the Floyd County Fiscal Court gave a green light for Judge-Executive R.D. "Doc" Marshall to sign an agreement this week that will see nearly a quarter of a million dollars come into the county for blacktopping.

Marshall signed the agreement, which is between the county and the Kentucky Transportation Cabinet, and sent the paperwork to Frankfort immediately afterwards.

"We are going to hand-deliver this to Frankfort as soon as this meeting is over," Marshall said.

The funding will come as a reimbursement for \$253,180, an amount that can be used as county leaders see fit, according to the agreement.

However, there is already well-laid plans for just where the money will be used for blacktop. Marshall included with the agreement a list of a dozen roads throughout the county that will benefit from the funding.

Of those roads, 10 have

been scheduled for resurfacing while the remaining two will undergo initial surfacing.

The following is a list of the roads and the amount of each road that will see work as part of the project. Unless otherwise noted, the roads are to be resurfaced.

- Bee Fork for 1,046 miles.
- Riley's Branch for 0.8 miles.
- Middle Branch for 0.6 miles.
- Stanley Branch Road for 0.3 miles.
- Clark Branch Road for 0.11 miles.
- Adkins Branch Road for 0.4 miles.
- Pineridge Road for 0.4

miles.

- Little Ace Stone Road for 0.4 miles.
- Bluebird Lane for 0.2 miles (initial surfacing).
- Jack Arnett Branch for 0.3 miles.
- Holbrook Lane for 0.4 miles.
- Monroe Adams Road for 0.11 miles (initial surfacing).

It was stipulated in the agreement that any costs that might exceed the amount provided by the cabinet would be the responsibility of the county.

Magistrate Donnie Daniels was not present to consider the agreement and formally vote for authorization. All other members were present.

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A public service message from the U.S. General Services Administration

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Dear Prestonsburg,

2008 has been a long year for your Prestonsburg Foodland. We have encountered heavy competition and an economic downturn, which has resulted in poor store conditions and unpleasant shopping experiences. Many thought we would close the store. After spending hours on the sales floor listening to you tell us how we just had to have a Foodland, I decided to stay and fight. So, after many blows, we are still standing. Although not perfect yet, store conditions are improving and we are moving forward. We are here to serve you for the holidays, and many more to come. We have just renewed our lease.

This Thanksgiving, all of us at Foodland are truly thankful for our store, our jobs and most of all, our loyal customers.

Arvin Thompson, President

Here's A Great Deal On Coke Products To Say Thank-You and Happy Thanksgiving!

Coke Products
12-Pack Cans

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Limit 10 per family, please

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11/21/08 - 11/27/08

Cinema 1—Starts Fri., Nov. 21
TWILIGHT (PG-13), Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.

Cinema 2—Starts Fri., Nov. 21
BOLT (PG), Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.

SPECIAL SHOWING OF TWILIGHT
Thursday, Nov. 20, at Midnight
Sunday Matinee—Open 1:00; start 1:30

RIVERFILL 10 PIKEVILLE
http://showtimes@hollywood.com
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606-432-2957

Tickets may be purchased in advance for any show on the date of purchase. Bargain Matinees Until 6 p.m.

11/21/08 - 11/27/08

Cinema 1—Held Over
HAUNTING OF MOLLY HARTLEY (PG-13), Mon.-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30.

Cinema 2—Held Over
QUANTUM OF SOLACE (PG-13), Mon.-Sun. 7:00-9:20; Fri. (4:20) 7:00-9:20; Sat.-Sun. (2:00-4:20) 7:00-9:20.

Cinema 3—Held Over
FIREPROOF (PG), Mon.-Sun. 6:45-9:15; Fri. (4:15) 6:45-9:15; Sat.-Sun. (1:45-4:15) 6:45-9:15.

Cinema 4—Held Over
SECRET LIFE OF BEES (PG-13), Mon.-Sun. 7:00-9:20; Fri. (4:20) 7:00-9:20; Sat.-Sun. (2:00-4:20) 7:00-9:20.

Cinema 5—Held Over
ZACK & MIRI MAKE A PORN (R), Mon.-Sun. 7:05-9:30; Fri. (4:30) 7:05-9:30; Sat.-Sun. (2:05-4:30) 7:05-9:30.

Cinema 6—Held Over
ROLE MODEL (R), Mon.-Sun. 7:05-9:30; Fri. (4:30) 7:05-9:30; Sat.-Sun. (2:05-4:30) 7:05-9:30.

Cinema 7—Starts Fri., Nov. 21
BOLT (PG), Mon.-Sun. 7:00-9:10; Fri. (4:10) 7:00-9:10; Sat.-Sun. (2:00-4:10) 7:00-9:10.

Cinema 8—Starts Fri., Nov. 21
TWILIGHT (PG-13), Mon.-Sun. 6:55-9:25; Fri. (4:15) 6:55-9:25; Sat.-Sun. (1:50-4:15) 6:55-9:25.

Cinema 9—Held Over
MADAGASCAR 2 (PG), Mon.-Sun. 7:00-9:20; Fri. (4:20) 7:00-9:20; Sat.-Sun. (2:00-4:20) 7:00-9:20.

Cinema 10—Held Over
HIGH SCHOOL MUSICAL 3 (G), Mon.-Sun. 7:10-9:25; Fri. (4:25) 7:10-9:25; Sat.-Sun. (2:10-4:25) 7:10-9:25.

SPECIAL SHOWING OF TWILIGHT
Thursday, Nov. 20, at Midnight

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Choosing Wisely
Choose Healthful Foods

Phone: (606) 886-8506
 Fax: (606) 886-3603

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 Kentucky Press Association
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Lifestyles



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FAMILY MEDICINE

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WELLNESS Q&A

You can be healthy AND happy

by ERNEST BREWER

DIRECTOR OF WELLNESS & REHAB
 HIGHLANDS REGIONAL MEDICAL
 CENTER
 EBREWER@HRMC.ORG

In honor of the Great American Smoke Out and with respect to so many health care facilities choosing to become

"Tobacco-Free," such as Highlands Regional Medical Center and the University of Kentucky Medical Center, we have elected to rerun a column that printed in July in regards to smoking cessation. If you



Ernest Brewer
 Helping you find the answers to your health concerns

are among the many who have recently decided to eliminate tobacco from your life, I wish you the best and hope that today's column is helpful to you.

Question: I've been smoking cigarettes about 20 years now, and have seriously tried to quit four different times, but every time I did, I gained a bunch of weight. So, I started smoking again because I figured that being overweight is bad for my health, too, and it makes me miserable physically and emotionally. I need some help with this issue. Should I be unhealthy and miserable or unhealthy and happy?

Answer: Your frustrations are obvious, and rightfully so. It is extremely frustrating trying to quit smoking, and it is equally frustrating gaining unwanted weight. However, there is a third option: being healthy and happy. Achieving that can be very challenging, but not impossible.

Let's take a look at why weight gain is common after someone quits smoking. Cigarette smoking increases the rate that the body burns energy because the heart is forced to beat faster. This would seem like a good thing because of the extra calories burned, but the price that you pay may be deadly because this causes extra stress on the heart and plays a role in heart disease, the most common cause of smoking-related death. When we stop smoking, heart rate slows down somewhat, causing metabolism to dip a bit as well.

According to John Turner, R.Ph., pharmacist at Highlands Regional, after a person quits smoking, they may notice a difference in their eating habits. In part, it has to do with needing a replacement for the act of smoking. Smokers have a very strong hand-to-mouth relationship and eating is a hand-to-mouth activity. Additionally, John states that food simply tastes better without cigarette tar clogging taste buds on our tongues. It's not unusual for ex-smokers to say that food tastes entirely different than it did when they smoked. There is also the fact that food signals comfort for many of us. Many people, regardless of whether they have ever smoked, or not, use food to soothe and pacify. John notes that nicotine use triggers the release of dopamine in the brain, a neurotransmitter responsible for feelings of happiness and satisfaction. Because of this, those who are dealing with the discomforts of nicotine withdrawal have a natural tendency to turn to food to ease raw nerves and emotions.

By about now you are probably

(See WELLNESS, page seven)



Kentucky State Police Sgt. John Hunt presents Judge Eric Hall and Pete Grigsby, Jr. with \$4,000 in seized drug funds to be used for archery programs in Floyd County schools.

photo by Jarrid Deaton

AIMING HIGHER

Grants help continue, expand school archery program

by JARRID DEATON
 FEATURES WRITER

The arrows will soon be flying toward the targets at Floyd County's four high schools, as recent money from the Kentucky State Police and coal severance funds provide the opportunity to promote the sport of archery in physical education classes.

The archery program originally started almost four years ago in the elementary and middle schools in the county, with Assistant Superintendent Pete Grigsby, Jr. and Floyd County District Judge Eric D. Hall seeking out the necessary funds to get bows and arrows in the hands

of interested and enthusiastic students.

"The kids that we've cultured in middle school want to carry on with archery when they reach high school," Hall said. "Also, the biggest part of these kids aren't involved in other sports, so it's important to give them another option."

With the Kentucky State Police donating \$4,000 in forfeited drug money to the archery program, and \$10,000 over the course of two years from coal severance funds, both Hall and Grigsby hope that archery will stick in the schools and become a regular part of the physical education programs.

"A lot of the recent cuts have caused a loss in physical education, band, and the arts," Grigsby said. "Judge Hall really sold me the bill of goods on archery four years ago and gave some money to help us get started. Now, with these funds, I hope we can turn that around. We should have archery up and going in the high schools by the start of the second semester."

Hall, who has been involved in archery for 40 years, believes that the archery program will produce more talented young archers like McKinley Minix, a student at Adams Middle School that recently placed sixth in the nation during a tournament held

in Louisville. "He really has a good chance of going pro," Hall said. "Now he will be able to continue to participate through high school along with competing at East Kentucky Archery."

East Kentucky Archery will also be giving a boost to the program with the donation of eight full archery outfits for those students who can't afford to purchase bows.

"If we can give the kids that don't really like going to school something to get excited about, along with getting other kids interested in archery, then it is a great thing for the school system," Hall said.

FLY LADY

Not my fortune cookie

We went to our favorite Chinese Restaurant, Twin Dragons for dinner tonight. Robert and I always look forward to our fortune cookies! When I opened mine I wanted a recall! This could not have been my fortune cookie! It said, "You have a yearning for perfection!" This could not be me! I told Robert he had my fortune. But mine did not fit him either.

I got to thinking about this fortune and I finally realized that I do have a yearning for perfection! It happens every day and I have to fight that

yearning because it is no different from any craving. My food drug of choice of Marconi and Cheese; I have fought this desire for many years.

My yearning for perfection started as a child. I was taught from an early age that if you can't do it right; don't do it at all! I was forced to redo jobs till they passed inspection. Didn't you grow up with that too? I think we all did! That perfectionism is part of the reason that procrastination has reigned strongly in my life and the lives of my members.

Here is what happens when it comes to our yearning for perfection. We see a job that needs to be done then we look at the clock. When we can't find several hours to work on a job that's when we put it off and do nothing. Then there is another side to our yearning for perfection. We feed it by hyper-focusing. We work ourselves into the ground. You know how we crash and burn! We don't have to live this way.

Many years ago I recognized my yearning for perfection and my obsessive personality. I was a stained

glass artist. I would spend twenty hours a day working on a window. After three weeks of pushing myself toward perfection; I would be sick. The window would be finished and be beautiful but I was in the bed for two weeks afterwards. I realized that I threw myself into my work because of my need to be perfect. I was also not being kind to myself. After looking hard at this yearning for perfection I decided that I was never going to be perfect and starting making a mistake in each window. It became my signature piece.

This was a big step for me! I started pacing myself and being kind to me for the first time ever! My first step was recognizing my yearning for perfection and putting a stop to it. That was seven years before I became FlyLady. I never dreamed that my perfectionism was the reason I was living in clutter and CHAOS.

The simple act of Finally Loving Yourself will eliminate your yearning for perfection! For when you love yourself, you will not be mean to you. We have lived our lives thinking that if we were not perfect that we were not worthy of being loved! You are worth loving!

I want your yearning for perfection to be replaced by a desire for peace in your life. This peace begins with you! Are you ready to FLY!



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For more help getting rid of your CHAOS; check out her website and join her free mentoring group at www.FlyLady.net or her book, Sink Reflections published by Bantam and her New York Times Best Selling book, Body Clutter published by Fireside. Copyright 2007 Marla Cilley Used by permission in this publication.

Time is the best healer for the chest pain of costochondritis

human body. They form a protective cage around the vital organs within the chest. In addition to their protective role, the ribs also must move — sort of like the sides of a bellows — to help force air into and out of the lungs. Accommodating these two roles poses some mechanical dilemmas. The best protective rib cage would be rigid, while the best “bellows” action requires movement. Creatures with a bony skeleton, including humans, are designed solve this problem in a similar way.

Ribs are rigid because they are bone, and this rigidity provides an excellent protective cage as well as a firm structure for the attachment of muscles. Each rib is attached to the vertebra of the backbone with a type of joint that allows a gliding motion. The situation is a little different in the front of the chest where most ribs are attached to the breastbone with a section of flexible cartilage that bends to

accommodate rib motion instead of gliding as most joints do. Only the 11th and 12th rib pairs are not attached to the breastbone in this manner.

Costochondritis occurs most often to the cartilage that connects the second and third ribs to the breastbone — either on one or on both sides of the chest. Ribs move with respiration, particularly with the deep breathing of exercise, and are also attached to some of the muscles that move the neck and shoulder. As you might assume from this arrangement, costochondritis can turn simple activities like taking a deep breath or reaching to retrieve a can from the pantry shelf into difficult and painful experiences.

The symptoms of costochondritis usually clear up without treatment in a few months, but that probably seems like a long time to wait for the pain to go away. There is no specific medication or treatment that works best for this problem, and we have found no

treatment that shortens the length of the illness. Pain medication, anti-inflammatory drugs including aspirin, and heat can ease the discomfort and make it more bearable while you wait until your body and time can do the healing. That's why I recommend that you talk to your doctor about an anti-inflammatory medication that is less irritating to your stomach than aspirin.

Family Medicine(r) is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-news.org. Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions.



Family Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor
of Family Medicine

Q I'm having a terrible time with chest pain. My doctor says I have costochondritis, and he has recommended that I take aspirin. It helps my pain, but it hurts my stomach enough that I can't continue to take it. What causes costochondritis, and what can I do for it since I can't take aspirin?

A Chest pain from various causes is a common symptom. Males will often assume they are having a heart problem and females may think they have breast cancer. These are normal reactions, and it's always a good idea to get

unidentified chest pain checked out promptly. If you are found to have costochondritis, like our reader, you are fortunate. Though it can make you mightily uncomfortable, it is not life threatening and is what we doctors call a “self-limiting” condition.

In short, costochondritis is a painful inflammation of the junctions where the ribs join with the cartilage that holds them to the breastbone. If the pain is accompanied by swelling, it's referred to as Tietze syndrome.

Let me explain this a little more clearly with a brief anatomy lesson. Our ribs are an important part of the



photo by Willie Elliott

The 128th chapter of the Disabled American Veterans recently met on the Lee Moore Cemetery to pay honor to Private Palmer Moore, a veteran who was killed in the line of duty on Luzon, an island of the northwest Philippines. As part of the ceremony, Commander Madison Martin presented a folded flag to Moore's only son Philip Dale. Private Moore also had two stepsons, Rodney and Evert Moore. The citation for Private Moore's Purple Heart reads, “This is to certify that the President of the United States of America pursuant to authority vested in him by Congress has awarded the Purple Heart established by General George Washington at Newburgh, New York, August 7, 1782 to Private Palmer Moore for military merit and wounds received in action resulting in his death February 11, 1945.”

Wellness

thinking, “Alright Buddy, I didn't need to know that quitting smoking will make me more prone to gaining weight. I already knew that. Tell me what to do about it.”

First of all, overcoming your addiction to nicotine should be the primary focus initially. Accept that you will likely see some weight gain. On average, that gain is between 4 to 10 pounds the first year. Narrow your focus on losing your addiction to nicotine first and losing the weight second. Once you're comfortable in your new life without smoking, you'll be better equipped to apply your time and energy toward losing weight successfully. For that matter, there is absolutely nothing better for a person's self-confidence and ability to tackle challenges effectively than succeeding at smoking cessation.

Just because you are being told that you will likely gain weight, don't take this as a license to start grazing. You can make some choices that will help you avoid weight gain and enhance how you feel overall. Try to eat a well

rounded diet and avoid fast food and junk food. A diet rich in nutrients helps us be at our physical and emotional best, which, in turn makes it easier to maintain the strong will and determination that is necessary to successfully recover from nicotine addiction.

Overcoming the oral fixation problem is tough, but can be eased by trying to find a substitute. It is very important that you find a substitute for cigarettes that is not food. Some common replacements are toothpicks, straws or sugar-free suckers.

In dealing with your body's loss of the affects of nicotine, recognize that exercise releases the same brain chemical, but in a healthy way that allows us to enjoy the pleasant effects of dopamine without risking our health to do it. Exercise also breaks down fat and releases it into the bloodstream. This works to curb feelings of hunger. The next time you feel tense or have the urge to smoke, head out for a brisk 5-minute walk up the street and back. It works wonders for snapping you out of a bad mood and gets your heart

pumping too.

I hope that you have found some encouragement in what you have read. Of course, when going through something as physically and emotionally stressful as quitting smoking can be, let your primary care physician know and seek his or her advice as well.

Ernest Brewer is a physical therapist and athletic trainer with over 20 years of clinical experience. In addition to his experiences in hospital, home health and outpatient settings, he has provided services to high school, college and professional sports including pro rodeo, ballet and basketball. He is the Director of Rehab and Wellness at HRMC. You can email him your questions at ebrewer@hrmc.org.

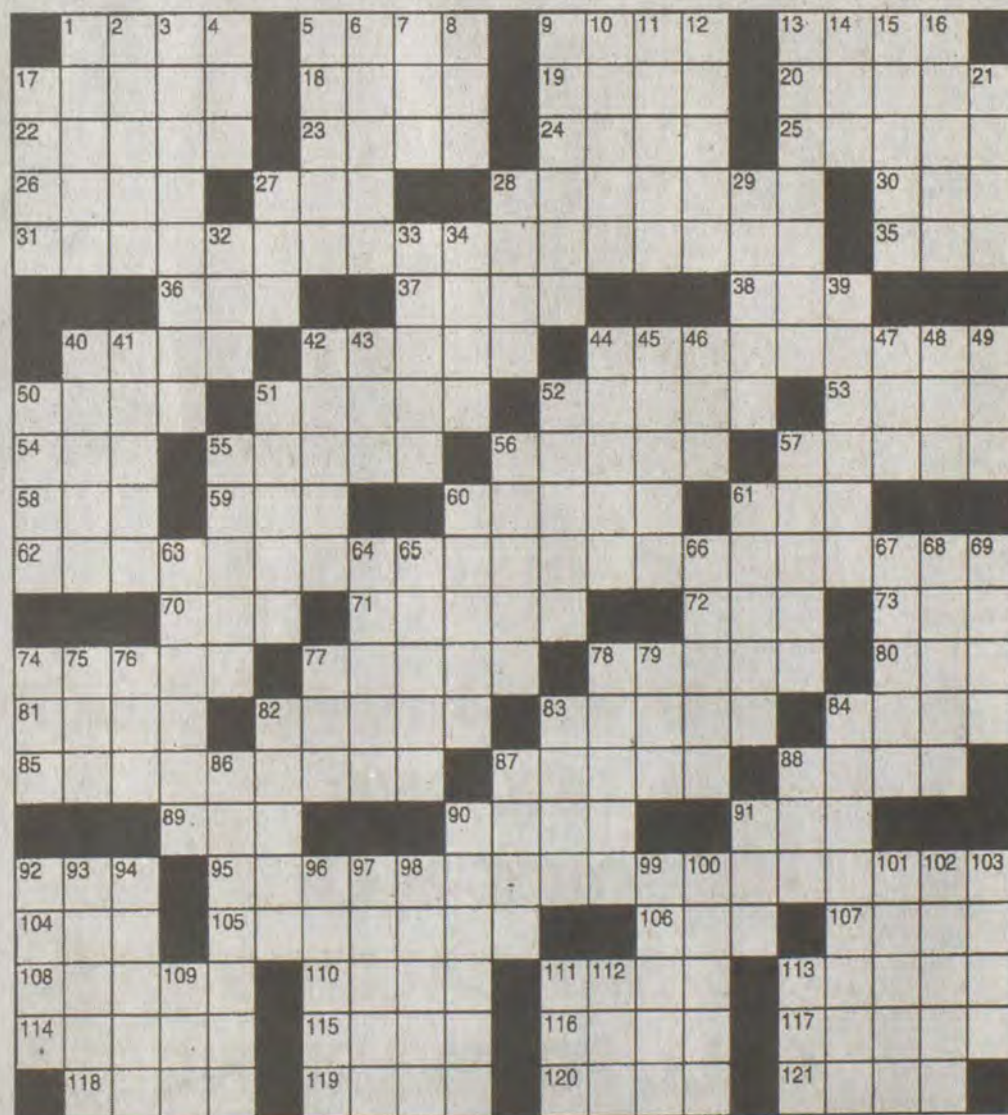
The information presented is intended to be informative for the general reading audience and not intended to be utilized for creation of a personal treatment plan or replacement of the care of your current health care professionals. In all cases, seek the advice of your physician for a definitive answer for your specific health con

Continued from p6

Super Crossword

NO WHEY!

- | | | | | | |
|-----------------------------------|---------------------------|-------------------------------------|-----------------------------|---------------------------------|------------------------------|
| ACROSS | 52 Yesterday's thresher | 87 Pianist Jorge Lillian or Dorothy | 3 Stiffened a shirt | 44 With 47 Down, Italian export | 82 Swash-buckling novelist |
| 1 TV host John | 54 Ivy Leaguer | 88 — Old Cow Hand | 4 Contains | 45 Produces pies | 83 '48 Hitchcock film |
| 5 Full of oneself | 55 Fancy dessert | 89 Objective | 5 Expand | 46 Actress Long | 84 Texas town |
| 9 Amontillado container | 56 First dog in space | 90 Counter change | 6 Free-for-all | 47 See 44 Down | 86 "I Love Lucy" surname |
| 13 Beseched | 57 Where cats congregate | 91 Botanist Gray | 7 City on the Danube | 48 Manipulate | 87 Tour-de-France vehicle |
| 17 Nile feature | 58 Pie — mode | 92 Age | 8 Day — | 49 Diffident | 88 Adjectival suffix |
| 18 In good health | 59 Lofty peak | 95 End of remark | 9 Finger food | 50 Drum din | 89 Aptitude |
| 19 — Without Love | 60 Distribute the donuts | 104 Road to enlightenment | 10 Stun | 51 Nick of "Q&A" | 90 Aptitude |
| 20 Sanctuary | 61 Keats composition | 105 Generally | 11 Less loopy | 52 Gets on | 91 Say please |
| 22 Hood's handle | 62 Middle of remark | 106 — choy | 12 TV's "— Landing" | 53 Perkins role | 92 Pound of poetry |
| 23 Admiral Zumwalt | 63 Malicious to the max | 107 Rocker Billy | 13 Symbol of immortality | 54 "Frederica" composer | 93 Extend |
| 24 Tiny part of a second | 70 Born | 108 Tracking tool | 14 Drink like a Doberman | 55 Descendant | 94 Wrestling giant |
| 25 Wagner work | 71 '87 Peace Prize winner | 110 Manuscript enc. | 15 Happening | 56 Ready to reduce | 96 Twangy |
| 26 Annealing oven | 72 Solidify | 111 "Surely you —" | 16 Writer Walcott | 57 Mature | 97 Commerce city |
| 27 Flagon filler | 73 — Shook Up | 113 Lowliest cadet | 17 Tyne of "Cagney & Lacey" | 58 Descendant | 98 Classical nonet |
| 28 Newspaper | 74 Corny goddess? | 114 Caustic | 18 Writer Walcott | 59 Ready to reduce | 99 "Hedda Gabler" playwright |
| 30 Take-home | 75 Colossal commotion | 115 Yemeni port | 19 Teyve's | 60 New York city | 100 Club creed |
| 31 Start of a remark | 76 Malicious to the max | 116 "New Jack City" actor | 20 Audacity | 61 Bator | 101 What i.e. stands for |
| 35 Ring stat | 77 Where rams romp | 117 Beast of Borden | 21 West. alliance | 62 New York city | 102 "Ora pro —" |
| 36 Thwack | 78 Where rams romp | 118 Long lunch? | 22 Audacity | 63 Aussie walker | 103 Painter Paul |
| 37 Compact cotton | 79 Thirteen, to a baker | 119 For fear that | 23 Teyve's | 64 Cell stuff | 109 Word on a pump |
| 38 "Great Expectations" character | 80 Soprano | 120 Non-stereo | 24 Teyve's | 65 Dandy | 110 Bowie or Bakker |
| 40 Cad | 81 — impasse | 121 Little ones | 25 Teyve's | 66 Hailing from | 111 Author Umberto |
| 42 Mythical being | 82 Dachshund or donkey | DOWN | 26 Teyve's | 67 Aberystwyth | 112 Author Umberto |
| 44 Hatful | | 1 Word form for "end" | 27 Spare part? | 68 In accord | 113 Cosset a corji |
| 50 Give a little | | 2 Nobelist | | | |
| 51 Green | | Root | | | |



Be careful when cooking Thanksgiving meal

For many families, Thanksgiving Day centers around the traditional home-cooked meal, completed with roast turkey and all the fixings.

With all the cooking involved, it may be no surprise that Thanksgiving is the peak day throughout the nation for home cooking fires. In 2005 alone, cooking accounted for 1,300 home fires, three times the daily average, said Kentucky State Fire Marshal William Swope.

“Thanksgiving is a wonderful time for families to come together and enjoy a meal,” Swope said. “By taking commonsense precautions, you can ensure that your holiday is not marred by a cooking accident.”

The National Fire Protection Association (NFPA) offers several tips for ensuring a safe Thanksgiving Day:

- Never leave the kitchen unattended when cooking.

- Keep children away from cooking areas.

- Keep flammable items like oven mitts off the stove-top.

- Keep the oven and stove-top clean of food and grease.

- Don't allow food to over-cook and burn. Use a timer if necessary.

- Use the stove-top's back burners if possible.

More tips are available at the NFPA Web site, <http://www.nfpa.org>.



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FLOYD COUNTY Sports

Inside

■ South Floyd
Boys' Basketball • B2

Schedule set for AC Thanksgiving Panorama

Preseason boys' basketball event to feature 3 Floyd teams

TIMES STAFF REPORT

EASTERN — Allen Central High Athletic Director Larry Maynard and new boys' basketball coach

Mark Martin have announced the field for the annual Allen Central Thanksgiving Panorama which will be held Wednesday, Nov. 26 at the John E. Campbell Arena.

This year's field will include three 58th District teams competing against three area teams. Betsy Layne, Prestonsburg, and Allen Central will square off against Coal Grove, Ohio, June Buchanan, and Pikeville.

"We want to thank each of the teams and coaches that are participating," said Allen

Central Coach Mark Martin. "We think the matchups are going to produce three exciting games and should be a good day of basketball. With four of the six schools having new coaches, we think that it is going to be a drawing card in which the respective fans will want to get out and see how things are going at the respective schools."

In the first game — which will feature two first-year coaches — 14th Region member June Buchanan, under first-year mentor Josh Cook will square off against veter-

an coach Jack Pack and the Prestonsburg Blackcats. Pack is set to begin his second stint as head boys' basketball coach at Prestonsburg.

In the second game, Martin and the Runnin' Rebels will compete against Coach Bart Williams and the Pikeville Panthers.

The third and final game will feature new yet, veteran Coach Junior Newsome and the Betsy Layne Bobcats against another veteran coach in Randy Ward and Coal Grove, Ohio.

"There's a lot of experi-

ence from the coaching standpoint in this year's field with veteran coaches like Coach Pack, Newsome, and Ward," said Martin. "All of those coaches have experienced quite a bit of success during their respective careers. Coach Williams has had a good start at Pikeville after serving as a longtime assistant. I guess Coach Cook and myself are going to try to establish our styles of play. I think our group will come out and play hard. We are still just trying to get everyone moving in one

direction."

Allen Central Thanksgiving Panorama Wednesday, Nov. 26 Schedule

Game 1: June Buchanan vs. Prestonsburg, 4:30 p.m.
Game 2: Pikeville vs. Allen Central, 6 p.m.
Game 3: Coal Grove vs. Betsy Layne, 7:30 p.m.

Playoffs enter second week, several area teams still alive

by **RICK BENTLEY**
TIMES COLUMNIST

The high school football playoffs reach their second week tonight, with three teams in our area and a couple of more on the periphery remaining alive.



Crowds will gather for football games at Pikeville and Prestonsburg and on Pond Creek, for a game and possibly the lynching of Joe Kinzer.

Playoff time in football is different from any other time, basically because unlike all the others, football takes a week between each game. Win a basketball game in the playoffs and you play the next night. In some sports — softball, for example — you may end up playing again that very day.

But in football, you get a week to think it over.

It works out well for folks like me. It gives me something to write about and on Monday night, it essentially took up the entirety of The Sports Guys. While we hoped to touch on the sorry weekend of football and basketball at the University of Kentucky and the combined 10-1 start for the basketball teams at Pikeville College, at last check those were all but still on the back-burner.

It's another of the reasons I prefer football. We get so much life out of these games. In the regular season, each game accounts for 10 percent of a season. At the season's open, many teams will play 30 percent of their games in a 14-day stretch. In the post season, you must win to advance in every round.

And regardless of which it is, we have a lot of time to mull things over. Just as I prefer baseball for its daily grind, I also enjoy football for the time allowed between contests.

It's not always a good thing. Many coaches do their dead-level best to keep players from reading Internet sites such as Bluegrass Rivals and Bluegrass Preps. I'm sure they also encourage them to avoid our radio show each Monday night and to not read columns such as this one. They read things like how great they are and how they cannot possibly lose and — blush — how a team might be "fed" to them and lose their focus on the task at hand.

I apofogize for that, but also point out that at least in my case, it's the job. If you see my picture

(See **PLAYOFFS**, page two)



Prestonsburg quarterback Michael Burchett has led the Blackcats on numerous scoring drives during the 2008 season.

Blackcats set to host Middlesboro

P'burg eyeing third straight trip to regional finals

by **JAMIE HOWELL**
CONTRIBUTING WRITER

PRESTONSBURG — After playing an entire regular season fighting off injury after injury, Prestonsburg had hopes of making a deep run in the 2008 Playoffs with a healthy team. Unfortunately for Prestonsburg, the Injury Bug struck once again in the opening round last Friday. Senior starter Seth Setser left the Knott County Central game early in the first half with a cut on his

leg. Setser would return for the second half, but is doubtful for tonight's contest with Middlesboro. The Blackcats enter tonight's match up with a 10-1 record while Middlesboro boasts an 8-3 mark.

Prestonsburg will turn to senior tailback Allen Craynon to carry the load if Setser is unable to play. Craynon had battled a nagging hamstring injury throughout most of the season as well. After sitting out most of the first half of the 2008 campaign, Craynon has recently rounded back into form. The senior has rushed for over 200 yards in two of the last four games. Prestonsburg will also look to senior wideout Austin Gearheart as a big threat through the air. Gearheart

leads, Prestonsburg in receptions and touchdown catches. Junior signal caller Michael Burchett has performed well throughout the season and could be called upon to throw the football more often tonight. Most teams have double covered Gearheart this season, opening the door for Matt Sword. Sword is the Cats' second leading receiver.

On defense, Prestonsburg will look to senior defensive end Clay Jamerson and junior linebacker Austin McKinney for leadership. The two have combined to lead the Prestonsburg defensive unit this season. Special teams play has been a bright spot for Prestonsburg for the most part during the season. Clay and Joseph Jamerson

have shared the kicking duties while Craynon, Setser and Gearheart have performed well returning kicks.

Middlesboro is led by Mr. Everything Hunter Adams. On the state's most underrated running backs, Adams has carried the Yellowjackets on both sides of the ball. The tailback has rushed for well over 1,200 yards. Prestonsburg will look to slow down Adams and keep the Middlesboro offense off the field.

Kickoff for the Prestonsburg-Middlesboro game is set for 7:30 p.m. at Blackcat Stadium. Tonight's winner will take on the winner of Corbin-Bath County matchup next Friday in the regional championship matchup.



BELFRY HIGH SCHOOL GRADUATE DAVID JONES (7) is nearing the end of his college career for the University of Kentucky football team. Jones and the Wildcats still aren't sure which if any bowl they'll be playing in. The Music City Bowl and Liberty Bowl have both shown interest in the Cats. UK has played in the Music City Bowl each of the last two years.

Maldonado enjoys breakout campaign

by **STEVE LEMASTER**
SPORTS EDITOR

BETSY LAYNE — To say Betsy Layne sophomore running back Dylan Maldonado enjoyed a breakout season could very well be an understatement. After a solid freshman campaign, Maldonado hindered opposing defensive units during his sophomore campaign, rushing 125 times for 1,130 yards and four touchdowns in 11 games for the Bobcats. Maldonado joined elite company as a 1,000 yards rusher for the Betsy Layne football program. Betsy Layne finished the 2008 season 3-8.

Maldonado rushed for four of Betsy Layne's seven rushing touchdowns. He completed one of two passes for a 24-yard touchdown. Maldonado ranked as Betsy Layne's third-leading receiver, hauling in five catches for 129 yards and three touchdowns.

Maldonado led Betsy Layne in scoring with 52 points.

As a team, Betsy Layne rushed for a collective 2,083 yards. Casey Adkins was the second-leading rusher for the Bobcats, carrying 54 times for 334 yards and one touchdown. Bobcat quarterback Nathan Martin rushed 29 times for 214 yards and one touchdown. Bronston Jarrell, R. Corey Jarrell and Jordan Hall also rushed for over 100 yards apiece for resurgent Betsy Layne.

V. Corey Jarrell led Betsy Layne in receiving, hauling in 14 catches for 247 yards and three touchdowns. Maldonado, Adkins and Cody McKay were other leading pass-catchers for the Bobcats during the recently-completed season.

Defensively, V. Corey Jarrell intercepted a team-high three passes for the Bobcats.

Leading tacklers for Betsy Layne included V. Corey Jarrell, Zach Hall, R. Corey Jarrell, Austin Hall, Jordan Hall, Cody McKay and Robert Hall.

Betsy Layne Coach Jon Parsons and his staff are eager to put the Bobcats back to work in the weightroom during the off-season.

UK coaches begin game plan for Vols

TIMES STAFF REPORT

LEXINGTON — The University of Kentucky football coaches began introducing the game plan for Tennessee and also had extended conditioning work during a two-hour practice Wednesday morning at the Nutter Field House.

Kentucky (6-5 overall, 2-5 Southeastern Conference) has an open date this week before closing the regular season at Tennessee on Nov. 29. The Volunteers play at Vanderbilt on Nov. 22 before playing host to the Wildcats.

"The open date gives you more preparation time, more opportunity to study your opponent," Kentucky Coach Rich Brooks said. "You get to introduce things at a little slower pace. We also got some extra conditioning done before they take a couple of days off (Friday and Saturday)."

Wildcat coaches being considered for awards

TIMES STAFF REPORT

LEXINGTON — Fans have the opportunity to vote online for Kentucky Head Coach Rich Brooks and Wildcat defensive line coach Rick Petri for a pair of "Coach of the Year" awards.

Brooks is one of the top 25 vote-getters for the Liberty Mutual Coach of the Year Award. Despite major gradu-

tion losses from last year, and key injuries this season, Brooks has guided the Wildcats to a 6-5 record. UK is bowl-eligible for the third-consecutive season. If the Wildcats go to a bowl, it will be the first time since 1949-50-51 that UK has accomplished that feat in three-straight years.

To vote for Brooks, fans can go to the website www.coachoftheyear.com.

Fans can vote once per day. Petri is one of four finalists for a national award for defensive line coaches. FootballScoop.com is sponsoring national coach of the year honors for assistant coaches at each position group.

The defensive line has been one of the key components of the Wildcats' success this year. The UK defensive linemen have combined for

161 tackles, including 31.5 tackles for loss and 13.5 quarterback sacks. In addition, linebacker Johnny Williams has seen spot duty as a rush end and contributed five sacks in that role. The UK linemen also total 10 pass breakups, four fumbles caused, two fumble recoveries (one returned for a touchdown) and one blocked field goal which was returned for a

touchdown.

As a unit, Kentucky has one of the nation's most improved defenses, going from 80th in the nation in scoring defense last season to 36th currently this year. UK also has improved from 67th in the nation last year in total defense to 40th this season. To vote for Petri, go online to the www.footballscoop.com website.

Chilton leads Bears on football all-conference team

TIMES STAFF REPORT

PIKEVILLE — In case you're still wondering how good a football player Kyle Chilton is, consider this: On Wednesday, he was named All-Mid-South Conference East Division.

Twice. Chilton, the extraordinary kicker, was named to both the offense and defense units, taking the honor of first-team place-kicker and first-team punter.

He was joined on the list by teammates Jamar Porter and Nate Howard.

Chilton, a 5-11, 190 pound junior from Clearwater, Fla., has been honored by the league all season long. He has been named Special Teams Player of the Week four times this season, and was named NAIA Player of the Week once.

In his illustrious career, he has been honored by the MSC seven times and by the NAIA three times. It's the second — or is it third? — time he's been named all-conference, and was honorable mention once.

For the season, he hit 7-of-9 field goals, including his last five in a row. His season long was 49 yards, a dozen shy of his school-record 61-yarder. He was also 18-of-19 on PATs for the season. His 39 punts led the Bears in scoring this season.

As a punter, Chilton averaged 39.1 yards on 64 punts. He had a long of 65 yards and buried opponents inside the 20 17 different times.

Chilton, however, is likely most proud of his four solo tackles he made on special-teams plays this season.

Porter, a 6-2, 235 pound sophomore from Union, S.C., finished the season with 63 tackles from his defensive end position, 29 of them solos. He had 12 tackles for loss of 39.5 yards and recorded 2.5 sacks. In addition, he recovered three fumbles on the season.

Porter was an honorable-mention member of last year's list.

Howard, the starting center, was the only Bear to repeat as a first-team member. He anchored the Bears' offensive line, calling all the blocking schemes this season. A 6-4, 270-pound junior from Huntington, W.Va.

In addition, Howard worked as a long-snapper and recorded nine solo tackles on special teams plays this year.

Morehead State signs in-state star Ballou

TIMES STAFF REPORT

MOREHEAD — Darren Ballou of Adair County High School in Columbia has signed a national letter-of-intent to play basketball for Coach Donnie Tyndall and the Morehead State University Eagles.

A 6-8, 225-pound forward, Ballou averaged 17.4 points and 9.3 rebounds per game as a junior. He hit 51.7 percent from the field, including 41.3 percent from three-point range. Ballou already has career totals of 1,435 points, 818 rebounds and 203 blocked shots.

"Darren is a versatile post player who has the skill level to step out on the floor as well as play with his back to the basket," Tyndall said. "His size will allow him to contribute to our team early in his career."

"I believe Darren is one of the top three players in

our state this year, and he has played for an outstanding coach in Mark Fudge."

Ballou is the reigning 5th Region Player of the Year and was the most valuable player of the 2007 5th Region Tournament that Adair County won to advance to the Kentucky State Tournament.

"I met with all the Morehead State coaches and players this summer, and it seems like I will be a good fit in their program," Ballou said. "I'm very excited about having the opportunity to play for Morehead State and Coach Tyndall."

"I wanted to play my college basketball in Kentucky, so my parents and other family members will have a chance to see me often. I also wanted to sign during the early signing period, so that I can concentrate just on playing ball my senior year."

ATHLETES OF THE WEEK

Clay Jamerson, Prestonsburg High Football
TJ Tackett, Stumbo Basketball

Playoffs

with these words it's an indication that I'm offering my opinion, and it was my opinion that Belfry would have little trouble winning last week.

Apparently, my opinion is not always right. Who knew.

So players, keep in mind you shouldn't always believe and fall for everything you read. People like me don't always know what we're talking about. Often that seems to be the case, by the way, when you lose focus on the task at hand.

It's a vicious cycle.

For those not still involved in the playoffs we're at that awkward downtime known as November. When school starts several sports are already in progress and it continues right along, often until school is out.

But if you haven't had a great football season or you don't advance in the playoffs, November can seem like the great gulf between the rich man and Father Abraham. Football, volleyball, soccer and Cross Country are over and basketball can't begin until December.

What are we to do with November?

Well, we could — make that should — get out and support those who are still playing football. It's the only sport going on right now to my knowledge and we should support those youngsters, even if they represent the rival school.

I know, however, that many just won't do that. Those wounds cut too deep.

Another idea is to get out

and support Pikeville College. Unlike our comrades at Kentucky we seem to be winning at the local level. Kelly Wells' team came back from Illinois 4-1 and will play at home on Saturday afternoon. Bill Watson's Lady Bears took a trip to Ohio last night with six wins and no losses.

We can also try to decide what the coaching staff or the administration should do in Big Blue land. Somebody on that team has to be able to handle the basketball; we should find a way to get them some playing time sometime soon.

I said on Wednesday that while Billy Gillespie was "peeling the paint," as the lovely Erin Andrews said at halftime in Chapel Hill on

Continued from p1

Tuesday, he would have been better served to have Patrick Patterson stand up and introduce him to the rest of the team. "This is our teammate," he should have said. "He's the best player on the floor. We should, at some point, throw him the ball."

In fact, I have an idea as to what we should do. We should do all of that.

We should support Belfry and Pikeville and Prestonsburg. We should go out and see Pikeville College play. And we should try to help those in need in Lexington.

It is, after all, the time to give. We should give of ourselves. We may just enjoy it.

Or we could just lynch Joe. Either way is fine.

Raiders set to face Pikeville in scrimmage

by STEVE LeMASTER
SPORTS EDITOR

HAT — South Floyd High School boys' basketball head coach Barry Hall is eager to rebuild the Raider program. During the preseason, South Floyd has focused on fundamentals. A hardworking South Floyd coaching staff welcomed back several injury-riddled football players last week. The Raiders will travel to Pikeville Saturday for a scrimmage versus the host Panthers. Tip-off for the South Floyd-Pikeville exhibition game is set for 6:15 p.m.

Numerous Raiders, many fresh off of the football field, continue to nurse injuries.

"They are mostly hurt with knee problems," Hall said, commenting on the football players making the transition back to the hardwood. "Tyler Mitchell is out for I don't know how long with the operation on his. Ray Jones is out. Kyle Howell is focusing on a plan to play at ECU and they are showing quite a bit of interest so he will not be playing basketball."

FCT SPORTS FYI

P'burg Little League to host board member election

Prestonsburg Little League will host a board member election Sunday (Nov. 23) at StoneCrest. The board member election is scheduled to get underway at 6 p.m.

South Floyd will field one of its deepest teams in several years. Players in all four classes are expected to make great contributions for the Raiders.

"Luke Shapiro-Rhea is a freshman that is very quick and before he leaves here I think will really improve our play," Hall commented. "I really like the way we are looking in practice with the little quick guards in Wes Light and Andrew Vance. They can torment people with their defense. I don't see anyone in the district dominating but who knows how the county will play out. We are still very young with a freshman and two sophomores probably starting and if they play hard they could get a lot of minutes. Tommy Joe Hall is back at full strength after the broken wrist that sidelined him all of last season which really destroyed us as a team. He has grown and is working very hard with the team concept we have been pushing. No great players yet but definitely some that in another year or two with Shannon Turner, Dakota Hall and one of the better freshman to come along in a while

Brandon Marson, I think will be heard from."

South Floyd has suffered its share of losses in recent years. The Raiders are ready to deal some overdue payback.

"We are tired of getting thumped for the last couple of years and I know that injuries play a big part especially at a small school," Hall confided. "Corey Paige at 6-5 and Dylan Langdon at 6-4 give us another option for play inside. Matt Tackett has been a good leader and hopefully will play in a game the way he does in practice. If we can keep all healthy it is going to be fun. Chris Gibson is another of my seniors that is trying to help and be a leader both on the court and off."

Hall has an established coaching staff in place. Every day warrants a team effort from the entire South Floyd program.

"Rady Martin has been running practice and putting in a few little wrinkles for us," Hall commented. "Rady is one of the better coaches around the region and I am just thankful he decided to stay here where

he is appreciated both on the bench and more importantly for our school in the classroom. Byron Hall is my nephew and is a big help as is the wisdom of Zenith Hall. Sometimes when Joe Marson can get to a very late practice he even gets to help out. Mason Hall worked with these guys a lot this summer in the weight room and I think it will show. As I've said before it sure helps having so many good people."

Conner Brock Hamilton is a student assistant for the Raiders. Hamilton is Hall's eight-year-old grandson.

Another Raider Run? It could be in the making.

"We're back close but not quite, to where we made a good run in Floyd County for about five or six years with winning districts and All As," said Hall. I still believe that to be successful you must have good people to guide you and that don't care to speak up knowing it may not be what you want to hear. That's the way we roll here this year because they say what needs to be said. I wouldn't have it any other way."

No. 12 Union defeats Pikeville

TIMES STAFF REPORT

JACKSON, Tenn. — The Union University Bulldogs, ranked No. 12 in the NAIA, improved to 3-0 on the season with an 85-79 win over Pikeville College in the McKendree University Classic. Union continued their play against top NAIA teams as Pikeville entered the game 3-0 and receiving votes in the preseason rankings.

Union jumped out to a 10-0 lead to start the game. However, Pikeville (3-1) answered with an 8-0 run to cut the Union lead to just two points. The Bulldogs maintained a slight lead until Pikeville tied the game at 18-18, and then took their first lead of the game at 25-22 with 5:34 left in the first half. Union answered and led 34-31 with just seconds left in the half.

Following an offensive foul called on Union, Pikeville's Josh Samarco drained a three-pointer at the buzzer to send the game to the half, tied at 34-34.

In the second half, Union began to convert on offense as last season's NAIA leading scorer Matt Neaville began to heat up. Neaville scored 20 of his game-high 30 points in the second half, including four of his six total three pointers. Union stretched their lead to as many as eight points late in the second half and used perfect free throw shooting from Neaville and Tacuma Alexander down the stretch to clinch the win.

The game featured 12 ties and six lead changes. The 10-point lead to start the game was Union's biggest lead; while Pikeville's largest lead was three points on three occa-

sions.

Neaville led with 30 points. Greg Truvillion added 18 points and Martez Hawkins scored 11 points. Bolivar, Tenn. native Brian Lake added a double-double with 11 points and 13 rebounds. Union shot 48-percent from the field, 39-percent (10-26) from behind the arc, and 65-percent (13-20) from the free throw line. Union shot 55-percent from the field in the second half, including 42-percent (5-12) from three-point-range.

Hazard native Justin Hicks paced Pikeville with 21 points, including 5-of-12 from behind the arc. Samarco added 16 points, JB Smiley scored 11 points, and Haakim Johnson scored 10 points. Pikeville shot 44-percent from the field, 41-percent from behind the arc (9-22), and 77-percent (10-13) from the free throw line.

Samarco named MSC Player of the Week

TIMES STAFF REPORT

PIKEVILLE — He had 13 points in a win at Shawnee State, 16 more in a loss to 12th-ranked Union (Tenn.) University. But it was on Saturday that Josh Samarco really turned some heads.

The 6-1 junior from Ypsilanti, Mich., hit 8-of-10 from the newly-extended three-point line en route to scoring 38 points to help the Bears improved to 4-1 on the season and knock off Indiana-South Bend in the McKendree College Classic in Lebanon, Ill.

For his efforts, Samarco was named Player of the Week in the Mid-South Conference.

Samarco, a transfer from the University of Detroit, averaged 22.3 points and 3.3 rebounds in Pikeville's three

games last week. In addition, he had six assists, three steals and a blocked shot. He sank 46.2 percent of his field goals and 50 percent (13-of-26) three-point shots, and was 6-of-7 from the free throw line.

Beginning this season, the three-point line in men's college basketball is 20 feet, nine inches. From its inception in the 1986-87 season, it had been 19-9.

At this early stage in the season, Samarco is third in the Mid-South Conference with his 17.6 points per game. He has hit 16-of-34 from the arc, which is a second-best 47.1 percent. His average of 3.2 three-point shots made per game leads the league.

Samarco sparked the Bears to their win over Shawnee State in Portsmouth, Ohio, on Monday, hitting three second-

half three-pointers and scoring 11 of his 13 of his points after intermission in a 65-60 win. On Friday night in the opener of the McKendree Classic, he had 16 points and five rebounds in Pikeville's 85-79 loss to Union.

On Saturday, Samarco was 6-of-6 from the arc and 9-of-11 from the field to have 24 of his 38 by recess. He added three rebounds, two steals and an assist in the 84-71 win over TUSB.

Samarco is the first player to win the player of the week honor for the 2008-09 season. Players of the week are nominated and voted upon by the sports information directors in the Mid-South Conference. Beginning in January, the conference winner will be nominated for the national honor.

CONTACT THE FLOYD COUNTY TIMES SPORTS DEPARTMENT

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Verification is necessary to determine state record fish

SPECIAL TO THE TIMES

FRANKFORT — The waters of Cave Run Lake surrendered another state record muskellunge when Sarah Terry caught a 47-pounder Nov. 2.

Terry, a 14-year old freshman at Montgomery County High School, and her stepfather, Scott Salchli, went through the proper steps to make sure her catch was certified as the official state record. If you catch what you think is a potential state record fish, you must follow the correct instructions to insure your fish makes the official state record fish list. This list is on page 33 and 34 of the 2008 Kentucky Fishing and Boating Guide.

First, you must catch the fish by pole and line. Fish taken by commercial gear, trotlines, gigging, snagging, limb lines, hand grabbing or bow fishing are not eligible for state records.

Secondly, a fisheries biologist must verify the catch. "We

have a fisheries biologist verify the fish to make sure it is identified correctly," said Gerry Buynak, assistant director of fisheries for the Kentucky Department of Fish and Wildlife Resources. "We have 14 fishery biologists and several research biologists."

The phone numbers for the fisheries biologists are listed on page 33 of the current fishing guide.

Next, you must have the fish weighed on scales certified for trade by the Kentucky Department of Agriculture and witnessed by three other people. The three witnesses must sign the application for a Kentucky State Record Fish. Official applications should be supplied by the fishery biologist or you may print an application from Kentucky Fish and Wildlife's web page at fw.ky.gov.

Anglers who catch a state record often want to release the

fish, but can be difficult to follow all of the steps to certifying and keep the fish alive.

"If they can keep it alive while taking photos, having a biologist identify it and weighed on certified scales, then more power to them," Buynak explained. "It is not a short process. The chances of the fish dying are pretty good."

Salchli knows how tough it can be. "It was a three-hour ordeal," he said. They took the record muskellunge to a grocery store, but the scales weren't big enough for such weight. "Then, someone contacted Southern States and the manager drove from the other side of Flemingsburg to Morehead on a Sunday evening," he said.

It is possible, although difficult, to keep your record alive. Bruce Midkiff released his 104-pound Kentucky state record blue catfish after he caught it in 1999.

So, if you catch a potential state record, follow these steps and bask in the glow of catching a rare state record fish.

Teen catches new state record muskellunge

TIMES STAFF REPORT

FRANKFORT — A 14-year-old freshman at Montgomery County High School landed a 47-pound muskellunge while fishing with her family on Cave Run Lake Nov. 2, Sarah Terry's fish is now Kentucky's state record muskellunge.

"I saw it come to the boat," she said. "It went under the boat and then came back out and hit it. It really chomped that bait. If I had a dollar for every time I said 'Oh, my God, I would be rich.'"

Terry and her stepfather, Scott Salchli, were fishing the

edge of a weed bed near the Claylick Boat Ramp late in the afternoon when the fish struck. Terry caught the record muskie on a Double Cowgirl in-line spinner with two size 10 gold blades and a purple skirt.

The 54-inch fish succumbed as Terry made a figure eight in the water with her lure. Muskellunge that follow a lure but don't strike often fall for this old trick.

"She did the figure eight perfectly," Salchli said. "She made really good, wide circles. The fish struck just as she was making her second figure eight."

The new state record is only the third muskellunge the teen has caught since she started fishing for them last September. "It didn't fight that long, but was still unbelievable," she said. "I was running around the boat ramp. I felt like doing jumping jacks. I could've run laps around the

whole lake."

Salchli, who works for a soft drink company, also guides anglers for muskellunge on weekends on Cave Run. He is also a member of the Professional Musky Tournament Trail.

"This is the first Sunday I've had off in a while," he said. "This was the only fish we saw all day."

Terry won the in-line spinner that caught the record at a Muskies Incorporated banquet earlier in the year. The teenager realizes the significance and rarity of her catch. "I've been to Muskies Inc. banquets and saw older people who fished for 50 years trying to catch this kind of fish," Terry said.

Her record muskellunge surpassed the previous state record by nearly three pounds. Lexington resident Scott Flatt caught the former record, a 44.38-pound fish, from Cave Run Lake in 1998.



Hippo resident Tristan Reed, 12, shot a six-point buck on Saturday, Nov. 15 on family-owned property in Magoffin County. This is the second deer for him. Last year he shot a doe.

50 more hunters drawn for special season cow elk hunt

TIMES STAFF REPORT

FRANKFORT — Elk hunters who applied for this year's hunt but were not drawn now have a second chance.

The Kentucky Department of Fish and Wildlife Resources has selected an additional 50 hunters from among the previous pool of unsuccessful applicants for a special cow elk hunt in January and February.

This special season for antlerless elk is designed to help private landowners reduce damage from elk in portions of Knott, Bell and Harlan counties.

Hunters who bought an elk lottery application for the 2008-09 season can now go to Kentucky Fish and Wildlife's website at fw.ky.gov to see if they were drawn. Applicants must enter either their Social Security number or their date of birth and the 19-digit number

that appears on their elk lottery application. Applicants without Internet access may call the Kentucky Fish and Wildlife Information Center toll-free at 1-800-858-1549 from 8 a.m. to 4:30 p.m. (Eastern) during the week.

The special season will take place Jan. 24 - Feb. 6 on private land within two of the state's Elk Management Units.

"What we're hoping to accomplish is to have some animals removed from specific landholdings that have had problems with elk," said Tina

Brunjes, big game program coordinator for Kentucky Fish and Wildlife. "The primary goal is to provide these landowners an opportunity to have elk taken from their property during the time of year when most damage occurs."

Drawn hunters must purchase a quota elk permit from Kentucky Fish and Wildlife. Permit fees of \$30 for Kentucky residents and \$365 for nonresidents are the same as for the regular-season quota elk hunt. After confirming that they were drawn online, hunters will

see several information links detailing special season hunt regulations, where to send a check or money order for the permit, and who to contact to find a place to hunt.

Hunters must possess an annual Kentucky hunting license in addition to the quota elk permit. General elk hunting regulations, including equipment restrictions, hunter education requirements and more, are available in the 2008-09 Kentucky Hunting & Trapping Guide at fw.ky.gov and wherever hunting licenses are sold.

Cards sign four for 2009-10

TIMES STAFF REPORT

LOUISVILLE — Four impressive high school products have each signed a national letter-of-intent to continue their basketball playing careers at the University of Louisville, ranking this Cardinal group among the nation's top recruiting classes.

The list of stellar signees includes: Rakeem Buckles, a 6-8, 200-pound forward from Miami (Fla.) Monsignor Pace High School; Mike Marra, a 6-4, 200-pound guard from Smithfield, R.I. who currently plays at Northfield (Mass.) Mount Hermon; Peyton Siva, a 5-11, 180-pound guard from Franklin High School in Seattle, Wash.; and Stephan Van Treese, a 6-9, 220-pound forward from Indianapolis (Ind.) North High School. The group has the Cardinals' recruiting class currently ranked among the top 12 teams by ESPN.com, 12th in the nation by Rivals.com and 19th by Scout.com.

"The thing that sticks out about this class is that I couldn't tell you which player has the most potential," said U of L Coach Rick Pitino. "They're all terrific four-year basketball players. Peyton is probably the highest ranked player right now, but only hard work will determine who will go the farthest in four years. I think they will all have stellar college careers and our fans will get a great thrill out of watching them develop. This group, combined with our current freshman class, gives us eight or nine young players to form a very important nucleus for the future of Louisville Basketball."

Red team rolls to 106-48 win: Freshman center Samardo Samuels scored 33 points and grabbed 12 rebounds to lead the Red team to a 106-48 victory over the White squad in an intrasquad scrimmage for the University of Louisville men's basketball team on Saturday at the Yum! Center.

Terrence Williams approached a triple double with 19 points, nine assists and eight rebounds for the Red team, which consisted of the primary starters for the Cardinals. Williams has been back to practice for a week after arthroscopic surgery on a medial meniscus tear in his right knee had sidelined him for three weeks.

All of the Red team members scored in double digits. Point guard Andre McGee hit 5-of-11 three pointers and scored 23 points with six assists and only two turnovers. Earl Clark totalled 16 points, eight rebounds, three assists and two blocked shots. Jerry Smith produced 15 points, seven assists and six rebounds.

"I think the Red team is ready to open (the season)," said U of L Coach Rick Pitino. "I think they're sound in every area. I was really impressed with their passing, execution and defense. Our biggest glaring weakness is rebounding. Samardo and Earl are just not hitting someone and creating enough rebounding space. That's what we have to work on in the next few days."

Preston Knowles led the White team with 13 points and Reginald Delk added 11 points and a game-high 13 rebounds. The White team shot 29.9 percent from the field and committed 26 turnovers.

The Red team built a 61-20 halftime advantage while shooting 59.4 percent, assisting on 14 of its 19 first-half baskets and committing just six turnovers.

The Cardinals were without four injured players in the scrimmage, including Edgar Sosa (sprained fingers in his right hand sustained in practice on Friday; expected back by Tuesday), Kyle Kuric (high right ankle sprain sustained in the Cards' exhibition against Georgetown College; day-to-day), Lee Steiden (sprained right ankle; out 2 weeks) and Chris Brickley (strained left hamstring; day-to-day).

Ranked third in both the AP and ESPN/USA Today polls, the Cardinals will start their season at least a week later than any other Top 25 team. U of L will open its season against Morehead State in the first round of the Billy Minardi Classic on Nov. 22 at 5:30 p.m. U of L will play six of its first seven games at home in Freedom Hall, beginning with the Minardi Classic, an event named in memory of Pitino's brother-in-law who died in the Sept. 11, 2001 terrorist attacks on the World Trade Center.

The Cardinals will play either South Alabama — which posted a 26-7 record, won the Sun Belt Conference East Division title and reached the NCAA Tournament last season — or Florida A&M (15-17 in '07-'08) on Nov. 23 in the event.

Coach Kevin Keathley Show available online

TIMES STAFF REPORT

PIKEVILLE — The Coach Kevin Keathley Show is on its way back for a second season on CBS affiliate WYMT-TV. The highly-popular show featuring East Kentucky Miners head coach Kevin Keathley drew a 3.0 rating in its first season on the Hazard, Ky.-based TV station. The Coach Keathley Show is set to air Saturdays at 7:30 p.m., beginning Saturday, Nov. 22. Satellite subscribers who don't have WYMT-TV through their provider can catch the show online

at www.wymtnews.com. Each episode will be available live on WYMT's official website.

"We're extremely excited about the show returning for a second season," said Keathley. "The difference this year is the fact that not only will viewers of WYMT-TV be able to catch us every Saturday night at 7:30 but Miners fans and CBA fans across the state and around the world will be able to watch now via the internet."

WYMT-TV sportscaster Derek Forrest will be alongside Keathley on the show's set for a second season as the host.

The East Kentucky Miners organization is nearing the start of its second season in the Continental Basketball Association. East Kentucky reached the CBA Playoffs in its debut season. The Miners finished the 2007-08 regular-season 26-22.

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Faith and Family



KIM'S KORNER

Interesting story

Do you sometimes engage in idle and often malicious talk about the personal affairs of another? "The words of a gossip are like choice morsels; they go down to a man's innermost parts." (Proverbs 18:8)

When our tongues are used as instruments of righteousness, our stock will rise in heaven. "Let the words of my mouth, and the mediation of my heart, be acceptable in thy sight, O Lord, my strength, and my redeemer" (Psalm 19:34)



Kim Little Frasure

Gossip can be a most malicious and evil tool. For those who start it, spread it, and even for those who listen to it, the ramifications that can result from such behavior can literally change another's life. Gossip can cause such hurt the healing process can take years to accomplish. Multitudes of actions may result of such behavior from minor to extreme. Resentment, bitterness, and even the loss of job can take place simply because of gossip.

In Taming the Tongue it is stated, "Does it make you feel superior to know something negative about somebody that the hearer doesn't know? Are you envious of your subject's accomplishments? Why are you willing to use the temple of God (your body) as a "trash receptacle" by being a receiver of gossip?"

There's not a one of us living and breathing that hasn't taken part in gossip in one form or the other. Be it repeating it, or listening to it. And what a wake up call it is to know how very, very important it is we bridle our tongues.

(Psalm 15:1-3) "Lord, who may dwell in your sanctuary? Who may live on your holy hill? He whose walk is blameless and who does what is righteous, who speaks the truth from his heart and has no slander on his tongue, who does his neighbor no wrong and casts no slur on his fellow man."

It doesn't get any plainer than that folks!

To share a very short but very interesting story that even brings all this home even more, read below.

A young couple moves into a new neighborhood.

The next morning while they are eating breakfast, the young woman sees her neighbor hanging the wash outside.

"That laundry is not very clean," she said. "She doesn't know how to wash correctly. Perhaps she needs better laundry soap."

Her husband looked on, but remained silent.

Every time her neighbor would hang her wash to dry, the young woman would make the same comments.

About one month later, the woman was surprised to see a nice clean wash on the line and said to her husband: 'Look, she has learned how to wash correctly. I wonder who taught her this?'

The husband said, 'I got up early this morning and cleaned our windows.'

And so it is with life.

What we see when watching others depends on the purity of the window through which we look.

'Til next week, may we not yield our tongues as an instrument of gossip

Be blessed!

Toby elected Kentucky Baptist Convention president

LEXINGTON — John Mark Toby, pastor of Beacon Hill Baptist Church in Somerset, was elected president of Kentucky's largest denomination today.

Messengers affirmed Toby by acclamation during the afternoon session of the 171st annual meeting of the Kentucky Baptist Convention at Immanuel Baptist Church. There were no other candidates.

Also elected unopposed were Skip Alexander, pastor of Campbellsville Baptist Church in Campbellsville, as first vice president, and E. Lee James, pastor of Bellview Baptist Church in Paducah, as second vice president.

The convention also reelected Wilma Simmons as secretary and Mike Melloan as assistant secretary.

This is the second consecutive year in which there was only one candidate for each elected position.

Charles Barnes, a member of Hurstbourne Baptist Church in Louisville, nominated Toby. Barnes praised Toby's strong support of the Cooperative Program and his years of experience in KBC life.

Toby served as president of the Kentucky Baptist Convention Pastors' Conference in 2006 and as first vice president of the Convention in 2005-2006.

"He has a passion for the lost, he has a passion for missions, and he has a passion for the mission of the KBC," said Barnes.

Toby has served as pastor of Beacon Hill Baptist Church for the past nine years and as chaplain with the Kentucky Army National Guard since 1983. He previously served in pastorates at First Baptist Church of Fairdale and Hedgeville Baptist Church in Danville.

Toby is a graduate of Luther Rice Seminary, The Southern Baptist Theological Seminary and Eastern Kentucky University.

James Jones, pastor of Pleasant Hill Baptist Church in Campbellsville, nominated Alexander.

Alexander, who has served at Campbellsville Baptist Church since 2002, previously held the office of KBC second vice president in 2003-2004 and has also served on the KBC Mission Board. He is currently vice chair of the Western Recorder's board of directors and served this year on the Southern Baptist Convention's Committee on Nominations.

Alexander previously served Kentucky Baptist churches in Louisville and Shelbyville. He is a graduate of Georgetown College, The Southern Baptist Theological Seminary and Beeson Divinity School at Samford University.

Don Mathis, staff evangelist at Eastwood Baptist Church in Bowling Green, nominated James for the office.

Simmons is a member of Big Spring Baptist Church in Ekron. Melloan is a member of Yellow Creek Baptist Church in Owensboro.

Also during the Tuesday afternoon session, two individuals and several churches were recognized for outstanding leadership and support of the Cooperative Program, Southern Baptists' method for collectively funding mission and ministry efforts.

Anna White and James Jones received the Distinguished Cooperative Program Leadership Award for their leadership in supporting the Cooperative Program.

A lifelong missions educator, White served in a variety of positions with the Kentucky Woman's Missionary Union for 40 years. Jones serves as pastor of Pleasant Hill Baptist Church in Campbellsville and has served in a variety of leadership roles for the KBC, including president of the Convention in 1989.

Six churches were also recognized as top givers to the Cooperative Program. Three were recognized for total dollars given in 2007: Living Hope Baptist Church, Bowling Green, which gave \$436,102.05; Immanuel Baptist Church, Lexington, 349,131.24; and Porter First Baptist Church, Owensboro, \$273,402.31.

Three were recognized as the top per capita givers, including: Paducah Korean, Paducah, whose 10 members gave a total of \$4,247.99, or \$424.80 per member; Riverview Baptist Church, Catlettsburg, whose six members gave \$1,796.11 or \$299.35 per member; and Journey Church, Union,

whose 39 members gave \$9,680, or \$248.21 per member.

Billy Compton, executive associate for Cooperative Program and resources, announced that the KBC is preparing to launch a three-year Cooperative Program emphasis called the "CP Missions Challenge."

Compton said a steering committee has been put together to provide leadership for the effort. Rallies for the challenge will be held in the spring at 11 locations across the state.

Messengers also affirmed KBC President Bill Henard's nominations to the Committee on Committees, the committee that names members to all other standing Convention committees. Those named include: Micah Carter of Mackville Baptist Church, Mackville; Dan Summerlin of First Baptist Church of Lone Oak, Paducah; and Hershael York of Buck Run Baptist Church, Frankfort.

Kevin Smith, pastor of Watson

Memorial Baptist Church in Louisville, delivered the convention sermon during the Tuesday afternoon session.

During a report from the Committee on Arrangements, messengers approved a motion to host the 2011 annual meeting to Florence Baptist Church in Northern Ky., where the church is currently building a new facility.

New board members for the coming year were also approved by messengers during a report from Farrell Isenburg, chairman of the Committee on Arrangements.

At the open of the Tuesday afternoon session, 725 messengers were registered, along with 169 church members and 14 visitors.

The Kentucky Baptist Convention is a cooperative missions and ministry organization made up of more than 2,400 autonomous Baptist churches in Kentucky. A variety of state and

worldwide ministries are coordinated through its administrative headquarters in Louisville, Ky. including: missions work, disaster relief, ministry training and support, church development, evangelism and more. For more information, visit www.kybaptist.org.

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"Big Sandy Community and Technical College now offers an AAS Degree in Motorcycle Technology. Earn a Degree in Motorcycle Repair or Motorcycle Retail or a Certificate in Motorcycle Repair. Contact Eugene Blackburn at 889-4728. Remember Higher Education Begins Here!"

Animals

REWARD!! 1 male spitz still missing with the name Ceasar. Female has been returned. 6 yr old would love to have Ceasar back. Lost in the McDowell, hi hat area. Does need medical attention has ear and heart problems. Call 438-

5152 or 436-3839. a \$100 reward offered no questions asked. A special thanks to Erica Turner her mother, father and aunt.

For sale: AKC register labs. Blonde & Red. 2 boys and 2 girls. \$300 each. Call after 5:00 606-437-0367 or 794-4077 before 5:00.

AKC lab pups for sale. All colors, vet record, shots & wormed. Chocolate \$350, and black & yellow \$250. Call 606-791-5494.

Appliances

Murrell's Appliance Good used refrigerators, ranges, washers, dryers, & more with 90 day free warranty. Delivery available. Stone Coal Rd Garrett, Ky. 606-358-9410

Misc.

NEEDED: Part time house cleaner. Must be animal friendly. 9 miles outside of Prestonsburg. Toward Salyersville. Call 606-886-8761.

For Sale: Brass bed, queen size. Original price \$1,300 asking \$500. Call 874-2873.

For sale: Lots of solid Oak blinds, 4 computer monitors \$20 each, antique desk & chair \$50, entertainment center \$20, antique 3 tower cherry table, new 5 ft marble vanity originally \$1,200 will sell \$75 also lots of cheap yard sale stuff. Call 606-620-4131 anytime.

Need a Attorney. Before Nov 26. Call 606-791-7596.

2006 Hallmark DLX for sale. Vee nose cargo trailer. Single axle 7 x 14, 6 ft high. Ramp load with side door in excellent condition. \$3,500 OBO. 606-285-5081.

Plot for sale. Asking \$1,000. Located at Davis Memorial. Located around the following families Snyder, Tussey, Ratliff & Cole. Located 131 block c unit 4 for sale. In the Chirstus Section. Call 606-789-6302. Leave message if no answer!

Firewood for sale. \$75 a pickup load. Oak, hickory, and beechwood. Call 259-1356 or 886-6848.

REAL ESTATE

Houses

3 br house for sale. Located in Ivel, Ky. Just off four lane at Ivel, Ky in Floyd County. Call 606-424-1150.

Government funds available for home buyers who own land. Call toll free 877-310-2577 for preapproval.

Jack and Doris Hyden Estate, downtown Prestonsburg, at 1428 and S. Central Ave. 3 Houses/ lots. Asking \$499,000. Serious inquiries call 259-3453 or 886-9668.

Sale or lease

BEAUTY SHOP for lease. Downtown Prestonsburg. One/ Two stations; Utilities included- \$435.00 Call 886-1312.

House for lease

on Trimble Branch in Prestonsburg. 3 br, with central heat and air. No pets and no HUD. \$650 .00 per month plus deposit and utilities. Phone 874-9976 after 5 pm.

Commercial property for lease. Across from Social Security, Office. 2,200 sq ft. Plenty of parking. Serious inquires only. Call 606-226-1925 or 886-8583.

RENTALS

APARTMENT

1 Br up stairs apt for rent. Located in town in Prestonsburg. Utilities included. \$425 mth with \$150 deposit. Call 889-0208.

1 Br furnished apartment for rent. Washer and dryer

included. No animals, single person or married couple. \$425 monthly plus \$150 security deposit. Call 886-2239 after 6:00pm. ONLY!!

Apartment for rent. Nice 2 br with large living room. Extra nice, central heat / air. \$ 350 plus deposit. Located 1.5 miles south of Wayland. NO HUD or NO PETS. Call 606-226-1925.

Town house apartment for rent. 2 br, 1/12 bath, stove, fridge, w/d hook up, dw, city limits at US 23 & Hwy 80. \$650 mth plus utilities with \$350 deposit. No pets. 1yr lease. 606-237-4758.

2 BR apartment for rent. Located in Prestonsburg. \$700 per month includes utilities. Call 794-0249.

2 Br, townhouse for rent. Located on Rt 1428. Newly renovated. No HUD accepted. Call 358-9483 after 6 pm.

APT FOR RENT Branham height Apt Wheelright KY, is now accepting applications for one bedroom Handicap accessible Apt. rent is based on income. Contact Kathy 452-4777

For rent: Furnished apartments. No drugs or pets allowed. Ready to occupy, very clean, private and quiet. Good location near Prestonsburg & Jenny Wiley Lake. Suitable for 2 working people. Out of state workers, pipeline, railroad all welcome. Rent reasonable. Call 886-3941 or 205-0215.

CAREER OPPORTUNITY



NOW TAKING APPLICATIONS SERVICE TECHNICIAN

WE OFFER 401K, VISION PLAN, DENTAL, HEALTH. STARTING PAY DEPENDS ON EXPERIENCE. WE WILL PROVIDE ALL THE NECESSARY TRAINING FOR HYUNDAI & CHRYSLER CERTIFICATIONS. PREFER ASE CERTIFIED.

Apply in person at Deskins Motors. No calls, please! See Gary Kidd, Monday-Friday • 8 a.m.-5 p.m.

Deskins Motors Deskins Drive Pikeville, KY



THEN YOU SEE THE POWER OF COMMUNITY COALITIONS.

They help community groups organize resources and fight to keep kids away from drugs. Contact a community coalition and find out what your group can do.

www.helpyourcommunity.org
 or 1-877-KIDS-313

YOU GET MORE WHEN YOU GET TOGETHER

Office of National Drug Control Policy



PREMIER ELKHORN COAL COMPANY, a subsidiary of TECO COAL, located at Myra, KY, is now accepting applications for the following positions:

Underground Inexperienced Miner Trainees No previous coal mining experience required. High School education or GED preferred.

TPP Repairman / Equipment Operator with 2 years prep plant experience. Requires KY Surface Mine Certification.

TPP Welder / Pipefitter / Repairman with 3 years prep plant experience. Must be able to cut, fit, and weld pipe. Requires KY Surface Mine Certification.

Applications will be accepted at: Kentucky Department for Employment Services 138 College Street, Pikeville, KY 41501
 Premier Elkhorn Coal Company is an EOE.

Medical Office needing a Physician Assistant or a Nurse Practitioner

Candidates must be certified. This is for an office based practice. No hospital rounds or on-call duty. Excellent pay with benefits package.

Please send résumé to: P.O. Box 2158 Pikeville, KY 41502

You may also fax résumé to 606-432-6009

EXCITING CAREER OPPORTUNITY



At Prestonsburg Health Care

We currently have openings for CERTIFIED NURSE AIDES and LPNs

These positions are full-time and Part-time on the 6A-6P Shift

We offer competitive pay and benefits.

Please call 606-886-2378 for more information

Houses

3 BD 2BA, Log Home in Oaklawn, Hager Hill, KY Central H/A low utility bills. Large covered deck, Large storage barn. Acres of Privacy. \$1050.00 month. Call 850-222-2222. Leave message. See pix at www.YesFLA.com.

House for rent. Also 1 br & 2br apartments for rent. All located in downtown Prestonsburg. No pets & no children. Call 886-8000 or 886-9466.

3 br house for rent: Located at level, Ky. Call 606-424-1150. NO HUD or NO PETS.

House for rent. Excellent neighborhood, gated community, 4 br, 2ba, 1,800 sq ft. Built in vacuum system. Stove, ref, with w & d. House completely remodeled. No animal, non smoking, heat pump. Total electric. Located in Knott Co. Call 438-6104.

House for rent: 1,500 sq ft. 2 Br, 1 bath fully furnished. All utilities. Located on US23 between Prestonsburg & Pikeville. \$795

deposit & \$795 month. Call 606-422-1862.

2 BR Duplex for rent, central heat and air. 1 mile North of Prestonsburg. No pets, references and security deposit required. Call 889-9747 or 886-9007.

Mobile Homes

Special FHA Finance Program \$0 Down if you own land or use family land. We own the bank your approved. Call 866-597-2083

Mobile home for rent. Call 874-

9790. LOTS FOR RENT Dwale Mobile home Park off US 23 near Prestonsburg. Nice quiet community. Restrictions apply. 606-377-2357

2002 14 X 70 mobile home for sale. Located in Martin. Call 606-285-9171.

2002 14 X 70 mobile home for sale. Located in Martin. Call 606-285-9171.

Nice 2 br Mobile home for rent. Located in Prestonsburg Call 874-0875 or 226-3207.

Mobile home lot for rent. 5 min from Highlands hospital, about 8 min from Porter grade school. 5 min from Dewy lake. Call 614-876-4516.

1 br efficiency apartment for rent. Fully furnished, all utilities included, also tv / cable included. Located between Allen & Prestonsburg on RT 1428 on private lot. \$475 mth plus \$250 deposit. No pets & No hud. Call 606-262-4296.

Available Now!! VA & FHA loans for eligible buyers with minimum income of

\$1500.00 per month. To Pre Qualify call 859-498-7725.

A 3 br, 2 bath doublewide priced for quick sale!! Call 859-498-7725.

\$7500.00 Tax Credit for new homebuyer!! Call 276-679-1100 for details.

AAA only 18 payments left on home-move in! 276-679-1100.

Legals

TO MINE Pursuant to Application

Number 836-0342 NW In accordance with KRS 350.055, notice is hereby given that Frasure Creek Mining, LLC, 4978 Teays Valley Road, Scott Depot, WV 25560, (304) 204-1455 has applied for a permit for a surface coal mining and reclamation operation located 1.7 miles northeast of Hippo, Kentucky in Floyd County. The proposed operation will disturb 373.34 surface acres and will underlie 4.92 acres, and the total area within the permit boundary will be 378.31 acres. The proposed operation is approximately 0.8 miles south from KY 1210 junction with Alum Lick Road and located 0.2 miles southwest of Caney Creek. The proposed operation is located on the Martin USGS 7 1/2 minute quadrangle map. The operation will use the mountaintop removal and

auger methods of surface mining. The surface area to be disturbed is owned by George Thornsby, et. al, Evie Thornsby, et. al, Shade and Patricia K. Pitts, Lou Ellen Pitts, et. al., Big Branch Holding Company, LLC and Mont Ousley Heirs. The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, KY 41653. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Permits, #2 Hudson Hollow Complex, U.S. 127 South, Frankfort, Kentucky 40601. This is the final advertisement of the application. All comments, objections, or requests for a permit conference must be received within 30 days of today's date.

Harrison D. Reffett. The operation will underlie land owned by Shade and Patricia K. Pitts, Lou Ellen Pitts, et. al., Big Branch Holding Company, LLC and Mont Ousley Heirs. The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, KY 41653. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Permits, #2 Hudson Hollow Complex, U.S. 127 South, Frankfort, Kentucky 40601. This is the final advertisement of the application. All comments, objections, or requests for a permit conference must be received within 30 days of today's date.

City of Prestonsburg Request for Proposal Subdivision Regulation and Zoning Ordinance, and Comprehensive Plan Updates

I. GENERAL INFORMATION

The City of Prestonsburg is currently accepting proposals for planning services to be provided to the City. Specifically, the City is seeking proposals from firms interested in assisting in updates to the Subdivision Regulations and Zoning Ordinance, and Comprehensive Plan. The selected firm will be asked to prepare amendments to the Zoning Ordinance that are consistent with the City's Comprehensive Plan's intent and current zoning and planning principles. The selected firm will also be responsible for presenting the amendments to the City's Planning and Zoning Commission at a public forum to receive their consent on the amendments prior to being taken to the City Council. It is expected that the selected firm will work closely with city staff, the City Council, the Mayor and other interested parties. The assignment will involve attendance at public hearings, planning Commission meetings, and City Council meetings.

II. GENERAL TERMS AND CONDITIONS

Indemnification: The contractor shall indemnify, defend and hold harmless the City of Prestonsburg, its officers, agents, employees, representatives, and assigns. Consultant agrees to comply with all laws, ordinances, and rules of the City of Prestonsburg and the Commonwealth of Kentucky. The city reserves the right to reject any or all proposals, waive formalities and select the consultant that best meets the needs of the City. The City reserves the right to request additional information during the evaluation period.

III. PROFESSIONAL LIABILITY INSURANCE

The selected consultant shall maintain a general liability limit of no less than \$1,000,000.

IV. RFP AMENDMENTS

The City of Prestonsburg reserves the right to amend this RFP anytime prior to the closing date.

V. SCOPE OF SERVICES

The City of Prestonsburg intends to amend its Zoning and Subdivision Regulations and ordinance to comport, generally, with the adopted Comprehensive Plan and to be consistent with current zoning, planning and land use principles. It is the City's desire that the new regulations be easily understood by the public, easy to administer, and effectively regulate land uses within the City.

VI. LENGTH OF STUDY

It is anticipated that this study will span approximately 12 to 24 months. However, the City is requesting that the study be broken into segments, with segmental amendments being recommended to the Planning and Zoning Commission, and subsequently the City Council for approval within the study period.

VII. EVALUATION OF PROPOSALS AND AWARD OF CONTRACT

Proposals will be due to the City by/on December 15, 2008. After this proposal closing date the City will review submitted proposals and award the contract within 30-45 business days.

AWARD OF CONTRACT

The City of Prestonsburg will award the services in the manner that will obtain the highest quality of services at the most competitive price. The City reserves the right to negotiate or reject any and all proposals. Proposals will be initially evaluated using the following criteria:

- 1) Proposed cost of service.
- 2) Experience in providing the requested services, with preference given to those who have completed Subdivision regulations and zoning ordinances and comprehensive plan updates projects in similar size municipalities.
- 3) Firm reference quality, with preference given to those firms that have conducted similar work in the Eastern Kentucky region and/or the Big Sandy Area Counties.
- 4) Compliance with specifications as outlined in Section V.
- (5) Ability to provide deliverables within a reasonable time frame throughout the project schedule. In addition, any innovative approaches to this project will be evaluated. Please note that no formal opening for the proposals will take place. Proposals will be evaluated and the successful firm will be contacted prior to official City Council approval.

VIII. TERMINATION OF CONTRACT

Either party may terminate this agreement by giving the other party no less than two (2) months written notice. If the vendor terminates the contract prior to completion of the project, all work completed to date shall be given to the City of Prestonsburg. Additionally, the vendor shall reimburse the City for any out of pocket costs incurred in acquiring and retaining a new vendor.

IX. CALENDAR OF EVENTS

- ACTIVITY DATE**
 RFP Sent November 7, 2008
 RFP Question Period November 7th, 2008-December 15, 2008
RFP Submittals Due December 15th, 2008
 Consultant Recommendation to Planning Commission of the Whole January 8th, 2009
 Council Approval January 2009
 Study Kickoff February 2009

X. TERMS AND CONDITIONS FOR PROPOSERS

A. INQUIRIES FROM PROPOSERS
 Please use the contact information below for questions concerning this RFP. All questions may be submitted in writing or via telephone; email is preferred. Questions must be submitted before **December 15th, 2008**.
Questions should be directed to:
Prestonsburg Planning Commission
 197 South Lake Drive, Suite 103
 Prestonsburg, KY 41653
 606-886-1312
 or
 Frank Fitzpatrick, Chair
 tdfitz@mail.com

B. COSTS INCURRED IN RESPONDING

All costs, directly or indirectly related to the preparation of a proposal, including any oral presentations required to supplement and/or clarify a proposal shall be the sole responsibility of the vendor.

C. RESPONSE INSTRUCTIONS

One (1) digital copy of the proposal should be returned in PDF format bearing the name and address of the respondent and labeled "Request for Proposal for Subdivision Regulation and Zoning Ordinance and Comprehensive Plan Update," along with Seven (7) mailed or delivered hard copies to:

Prestonsburg Planning and Zoning Commission
 197 South Lake Drive, Suite 103
 Prestonsburg, KY 41653

Proposals must be submitted by **Monday, December 15th, 2008, by 4:30 p.m.** The City of Prestonsburg shall not be responsible for late delivery of the proposals under any conditions.

1. PROPOSAL ACCEPTANCE PERIOD

It is understood that upon submission of the proposal the fees proposed will be valid for a period of ninety (90) days.

2. TERM OF PROJECT CONTRACT

The project contract length will be determined based upon the amount of time the consultant requires for completion of the project, as negotiated.

XI. OWNERSHIP OF MATERIALS AND CONFIDENTIALITY

All information from vendor reports becomes the property of the City of Prestonsburg and its employees. All information must remain confidential at all times.

XII. PROPOSAL FORMAT

OVERVIEW OF REQUIRED SECTIONS

1. Cover Letter
2. Table of Contents
3. Consulting Firm Background and Statement of Staff Experience
4. Statement of Equal Employment Opportunity Practices
5. Scope of Required Services
6. Proposed Schedule of Implementation
7. References
8. Concluding Remarks
9. Cost Proposal for Services
10. Attachments (if applicable)

A. COVER LETTER

The cover letter should contain the name of the proposing consultant, the address of the firm, and the contact individual(s) authorized to answer technical, price, and contract questions. Include contact individuals' telephone numbers, email addresses, and mailing addresses. Identify the key personnel of the firm who will be assigned to this project. The cover letter must be signed by a person or persons authorized to bind the proposer.

B. TABLE OF CONTENTS

The contents of the proposal shall be included in an index at the beginning of the proposal and should include all contents and attachments.

C. CONSULTING FIRM BACKGROUND AND STATEMENT OF STAFF EXPERIENCE

Describe the organization of the staff team that would service the contract. Provide a listing of the management level members of the staff team. Include name, title and length of service with the vendor, resume, education level and any professional achievement/certification of any staff that will assist with the project. This section should include the range of services previously performed by the vendor and the vendor's background in providing the requested services to public entities.

D. STATEMENT OF EQUAL EMPLOYMENT OPPORTUNITY PRACTICES

This section should explain the methodology proposed in accordance with the requested scope of services found on page 2 of this RFP. If there are additional services recommended, please list them separately with a separate fee. Any proposed additional services related to the update of the Zoning Ordinance will be reviewed for applicability.

F. PROPOSED SCHEDULE OF IMPLEMENTATION

The proposed project schedule is expected to last between 12 months and 24 months with incremental updates to the Subdivision Regulations and Zoning Ordinance being recommended to the Planning Commission and City Council throughout the study period. The project timeline should therefore include proposed study junctures where recommendations will be made, i.e. every 2 months, etc. Any and all recommendations/suggestions for a project timeline will be considered within the 12 to 24 month maximum.

G. REFERENCES

Please list all clients serviced over the past three years and include examples of work for review. Provide a contact person and telephone number for each reference.

H. CONCLUDING REMARKS

This section shall contain any final comments or an elaboration that the proposer believes is important in order to gain a better understanding of the proposed services and/or proposer's capabilities.

I. COST PROPOSAL

Cost of service quotes should be included for all required components referenced above, detailing personnel and all other costs associated with the project. Proposers should include payment terms as part of the cost proposal, including the timing of any progress payments.

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NOTICE OF INTENTION TO MINE

Pursuant to Application Number 898-0828 A#1

In accordance with KRS 350.055, notice is hereby given that Viking Mining, LLC, 800 North Side Drive, Suite 27, Summersville, WV, 26651, has applied for an amendment to an existing surface and underground coal mining and reclamation operation located 1.25 miles southwest of Hartley in Pike & Floyd Counties. The amendment will add 65.47ac. of surface disturbance and will underlie an additional 10.00 ac. making a total area of 204.01 acres within the amended permit boundary. The proposed operation is approximately 4.5

miles southwest from KY State Route 1469's junction with KY State Route 610. The proposed operation is located on Turkeypen Br. of Indian Ck. of Long Fork of Shelby Creek. The proposed operation is located on the Wheelwright USGS 77 minute quadrangle map. The operation will use the surface contour and area, methods of mining. The surface area to be disturbed under this operation is owned by Collins and Mayo Collieries Company. The application has been filed for public inspection at the Department for Natural Resources, Pikeville Regional Office, 121 Mays Branch Road, Pikeville, Kentucky 41501. Written comments, objections, or requests for a permit conference must be filed with the Director,

Division of Mine Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, KY 40601. This is the final advertisement of the application. All comments, objections, or requests for a permit conference must be received within thirty (30) days of today's date.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-5502, Renewal No. 2

In accordance with KRS 350.055, notice is hereby given that FCDC Coal, Inc., 587 North Lake Drive, Prestonsburg, KY 41653, has applied for a Renewal of a permit for an existing underground mining operation, affecting 15.8 acres of surface disturbance and underlies 588.14 acres,

for a total permitted acreage of 603.94 acres, located 0.25 mile east of Drift, in Floyd County.

The operation is approximately .50 mile northeast from KY 1101 junction with KY 122, and located .10 mile east of Left Beaver Creek. The latitude is 37 degrees, 29 minutes, 18 seconds. The longitude is 82 degrees, 45 minutes, 25 seconds.

The operation is located on the Wayland and McDowell 7-1/2 minute quadrangle maps. The surface area is owned by Harry and Reba Martin. The operation underlies land owned by Harry and Reba Martin. The operation underlies land owned by Harry and Reba Martin, H.D. Martin, Clannon Martin, Pete Butler, and Robert Martin.

This application has been filed for public inspection at the Department for Natural Resources' Prestonsburg

Regional Office, 3140 South Lake Drive, Prestonsburg, KY 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Permits, No. 2 Hudson Hollow Complex, Frankfort, KY 40601. This is the final advertisement of the application. All comments, objections, or requests for a permit conference must be received within thirty (30) days of today's date.

NOTICE OF BOND RELEASE

In accordance with the provisions of KAR 350.093 notice is hereby given that AEP KENTUCKY COAL, L.L.C., 251B Tollage Creek, Pikeville, Kentucky, 41501, has applied for Phase III release on Permit Number 836-5433, which was last

issued on 12/2/02. The application covers an area of approximately 4 acres, located 1 mile south of Estill, in Floyd County. The permit area is approximately 0.5 mile northwest from Rt. 7 junction with KY Rt. 1086, and located 0.2 mile southwest of Right Fork of Beaver Creek.

The remaining bond in effect for 836-5433 is \$2,800. The remaining bond is being requested in the release.

Reclamation work performed includes, grading and seeding, completed on 1/22/03.

Written comments, objections and requests for public hearing or informal conference must be filed with the Director, Division of Field Services, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601, by January 14, 2009.

A public hearing on the application has been sched-

uled for 10:00 a.m., January 15, 2009. The Department for Surface Mining Reclamation and Enforcement, Floyd County Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, KY 41653.

The hearing will be cancelled if no request for a hearing or informal conference is received by January 14, 2009.

PUBLIC NOTICE

Pursuant to 405 KAR 8:010, Section 16(5), the following is a summary of permitting decisions made by the Department for Natural Resources, Division of Mine Permits with respect to applications to conduct surface coal mining and reclamation operations in Floyd County:

McCoy Elkhorn Coal Corporation 836-5396 10/27/2008
Matt/Co. Inc. 836-5488 10/13/2008
Mason Coal Inc. 836-5534 10/08/2008

FCDC Coal, Inc. 836-8064 10/10/2008

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-5522

In accordance with KRS 350.055, notice is hereby given that FCDC Coal, Inc., 587 North Lake Drive, Prestonsburg, KY 41653, has applied for a permit for underground coal mining operation, located 1.5 mile southwest of Dana, in Floyd County. The proposed operation will disturb 27.7 surface acres, and will underlie 964 acres, and the total area within the permit boundary will be 971.7 acres.

The proposed operation is approximately 0.2 mile west of KY Route 1426's junction with Orchard Branch Road, and located 0.20 mile east of the Orchard Branch. The proposed

operation is located on the Harold U.S.G.S. 7-1/2 minute quadrangle map. The surface area to be disturbed is owned by Melissa Stevens, James Johnson, and John George. The operation will underlie land owned by Claude and Tommy Ryan, Thomas & E m a g e n e Hamilton, Eva Hamilton, Billy Ray and Vickie Compton, Jerome Kinzer, Fair Bentley Estate, Clyde & Mary Conn, James & Emily Allen, Michael Bryant, Teddy Ray Akers, Melissa Stevens, James Johnson, John George, Romey Spears, Bessie Samons, Lowell & Mary Samons, Paul Patton, Kenis Hall, Thomas Kelly, Iodella Bartrum, Everett Crisp, Roger Dale Barnette, Earl Branham, Glenn Akers, Bethel Click, Shannon Click, Edward Webb, Frasure Mfg., John Gordan Stephens, Gary & Donna Crum, Wyvonna Giles, Bud & Bonny Morris, Merrilyn Hurd, Robert Mulkey, Rita Kay Howell, Leonard Akers Jr., Leonard Akers, Nathan Innis Jr., Clyde Boyd, Burgess Akers, Patty Jones, Jimmy & Ernestine Carr, Phillip & Lisa West, Douglas Goble, Rodney Conn, Byron Coburn, and Mac Akers. The operation will affect an area within 100 feet of public road KY Route 1426. The operation will not involve relocation or closure of the public road. The application has been filed for public inspection at the Department for Natural Resources, Mining Division, Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Permits, No. 2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601. This is the final advertisement of the application. All comments, objections, or requests for a permit conference must be received within thirty (30) days of today's date.



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Call AB Motors 606-886-1922 606-434-5551



2005 Dodge Ram 4x4 SLT
\$17,900.00. NADA price \$19,300. Local, 1-owner, 4-door, 4-WD, auto. Looks brand new, inside & out, charcoal in color.
Call AB Motors 606-886-1922 606-434-5551



2002 Toyota Sienna
\$9,999.00. NADA price \$12,000. Local, 1-owner, Carfax certified, champagne in color. Heated leather seats with sun-roof, V6, Gas Saver!!
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