

The Times

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HIGH SCHOOL FOOTBALL

— page B1

briefs

Miner killed in W.Va.

The Associated Press

PRENTER, W.Va. — The state has identified a contract worker killed at a Massey Energy mine in West Virginia.

Apprentice miner Steven Cain, 32, of Comfort, died after being pinned between the wall and a supply car at Massey's Justice No. 1 underground mine in Boone County late Wednesday, said Jama Jarrett, a spokeswoman for the state Office of Miners' Health, Safety and Training. Cain worked for contractor Mountaineer Labor Solutions.

"Our thoughts and prayers are definitely with the family," Massey spokesman Jeff Gillenwater said Thursday. "It's a terrible, terrible situation."

A telephone message left with Mountaineer was not immediately returned.

A spokeswoman for the federal Mine Safety and Health Administration said Cain was crushed between a railcar and the mine wall about 11 p.m. Amy Louviere said Cain was pronounced dead about 45 minutes later on the surface.

State mine inspectors and MSHA investigators planned to recreate the accident Thursday afternoon, Jarrett said.

First Lady visits to promote adventure tourism

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG — First Lady Jane Beshear was in Prestonsburg Wednesday to promote adventure tourism, an initiative that her husband, Gov. Steve Beshear, has announced his support for on numerous occasions.

Beshear spoke at a meeting held at the Big Sandy Area Development District office, and she touted the expected impact of adventure tourism, specifically the Rails-to-Trails program, on the Big Sandy Region.

"We have a real opportunity with adventure tourism," Beshear said. "Because we live in the state, we don't realize the what this kind of tourism can bring to Eastern Kentucky. We take it all for granted."

Beshear, a horse enthusiast, talked about the type of tourists that the trails would bring in, including horse riders and cyclists.

"These are people that are my age and they have disposable incomes," Beshear said. "They want to spend their money in

(See ADVENTURE, page three)



Jane Beshear, wife of Gov. Steve Beshear, looks at a map of the Big Sandy Region. Beshear came to Prestonsburg on Wednesday to discuss adventure tourism at the Big Sandy Area Development District office.

photo by Jarrod Deaton

JENNY WILEY FESTIVAL



photo by Sheldon Compton

Even with less than half of the vendors and attractions that will eventually make up the Jenny Wiley Pioneer Festival this weekend, the first arranged section of the festival in downtown Prestonsburg was lively Thursday afternoon with a variety of food and entertainment in full swing. The festival will wind down tomorrow.

Officials hope website will promote area

SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — Locals are well aware of the many attractions Eastern Kentucky offer to tourists. The Country Music Highway, The Mountain Arts Center, StoneCrest Golf Course, and many others.

But the city's tourism board members are trying to spread that word, and fast.

What is partly at issue is, of course, the current economic climate, but a general misunderstanding of what the area has to offer is foremost, according to Freddie James, executive director of tourism for Prestonsburg.

"I've been spending more time on this committee of late," James told board members Wednesday, speaking of the Country Music Highway Committee. "We're trying to establish a marketing arm for our region. Too often we have visitors who will say they came to the Country Music Highway and nothing was going on."

This marketing arm plan would consist a website that would offer a schedule of events. Those who have plans to visit the region would ideally be able to access the site and enter the dates they plan to travel. Once this has been done, a list of events taking place on the date or dates would appear.

One of the challenges is coordinating and getting a list of events from agencies in the county and painting a clearer picture for potential visitors of what events they might have available to them, James said.

"The bottom line is to try to stop the mindset that nothing is going on along the Country Music Highway," said James. "So once we have the list of scheduled events, we would also have an email blast system."

This system would "blast" a web-based blanket list of events to countless agencies, local governments and tourism departments across the region, as well as major employers such as boards of education and colleges.

The idea for this marketing approach was first brought up following a difficult hit absorbed by organizers of an event that took place in Paintsville this past spring.

The Kentucky Headhunters appeared at Paintsville Lake at that time. The cost for securing the act? According to James, \$6,000.

"Unfortunately, very few people showed up for

(See TRAILS, page three)

(See WEBSITE, page three)

Tourism board explores appeal of trails network

SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — A recreational trail committee was formed Wednesday in Prestonsburg in hopes of seeing more progress made in identifying trails that could be used for all-terrain vehicles and horse riding enthusiasts.

A suggestion from Prestonsburg Tourism board member Suzanne Hyden led to chairman Denzil Allen appoint-

ing her to chair the committee, which is to be called Recreational Trails Committee.

"I think it would be a good idea to have a committee to look into this in further detail and then report suggestions back to this board," Hyden said.

The formation of the committee was approved by other board members Ralph Little and Mike McKinney. The tourism board has a vacant seat and the two other remaining board members — Johnny McKinney and Ralph

Compton — were not present to approve creation of the committee.

Following Allen's appointment of Hyden as chair, he expressed concern that Prestonsburg's mapping system was outdated, a key element to successfully gaining state approval for a regulated trail system.

"I requested a map, which anyone can do if they have \$10 to

(See TRAILS, page three)

Governor says state economic future uncertain

by JOE BIESK
ASSOCIATED PRESS

FRANKFORT — Kentucky revenue dropped in September, with the state taking in nearly \$40 million less than a year ago, signaling that "storm clouds continue to gather over our economy," Gov. Steve Beshear said.

Beshear said Thursday that he was

assembling a team of top government officials to monitor Kentucky's economy. Like other states, Kentucky is bracing for the possibility of a prolonged economic downturn.

"In the long run, we're going to be fine. The people of this state, they're going to be fine," Beshear said at a Capitol press conference. "But we're going to go through some tough times

right now."

Kentucky lawmakers approved a two-year \$19 billion state budget earlier this year expecting that state revenue would grow by 2.6 percent over the next two fiscal years. Economic forecasters have projected the state is facing a \$900 million drop in revenue over the next two fiscal years that started on July 1.

In September, the revenue dropped 4.6 percent compared to the same month a year ago.

Officials will update the financial forecast by the end of the month, said state budget director Mary Lassiter.

State tax revenue is down by nearly 1 percent for the first three months of

(See ECONOMY, page three)

2 DAY FORECAST

Today
Partly cloudy
High: 73 • Low: 45

Tomorrow
Sunny
High: 77 • Low: 45

For up-to-the-minute forecasts, see floydcountytimes.com

inside

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Obituaries



Mary Halbert Salisbury Anderson

Mary S. Anderson, 51, of Pembroke Pines, Florida, formerly of Frankfort, Kentucky, died September 25, 2008.

Born February 2, 1957, in Prestonsburg, Kentucky, she was the daughter of the late Dr. Jack D. and Margaret Fincel Salisbury.

She is survived by her husband, Graham Anderson of Pembroke Pines, Florida; and a sister and brother-in-law: Chadie Salisbury and Robert Fruehwald of Cape Girardeau, Missouri.

Following her service in the US Navy as a petty officer, including service as one of the first women ever to be given billed on a US Navy vessel as an electronics technician, and her service with the Department of the Army, again as an electronics techs. She was an Occupational Hygienist and a 11 © investigator in the Cincinnati area office, before accompanying her husband, Graham, in a work-related relocation to Antwerp in Belgium. Upon their return, she was a health and safety inspector in the Ft. Lauderdale, OSHA area office for several years before accepting a position in the Department of Labor in Washington, D.C., and from which she took early retirement last year.

Visitation will be from 12:00 to 1:00 p.m., October 11, 2008, at the Harrod Brothers Memorial Chapel, Frankfort, Kentucky.

Services will be conducted at 1:00 p.m., at the funeral home, Deacon John Borders will officiate.

The interment will follow at Frankfort Cemetery at 2:00 p.m.

Flowers will be most welcome; however, if you prefer to help Mary to do one last good deed, in lieu of flowers, please make a donation in her name to any charitable organization of your choice that you are satisfied carries out good works in your community.

Arrangements are under the direction of Harrod Brothers Funeral Home, and condolences may be shared via the online guest book at:

www.harrodbrothersfuneralhome.com, or Harrod Brothers Funeral Home, 312 Washington St., Frankfort, KY 40601.

(Paid obituary)

□□□

Pearlie Mae Lewis

Pearlie Mae Lewis, 82, of Prestonsburg, died Monday, October 6, 2008, in Prestonsburg.

Born May 15, 1926, in Prestonsburg, she was the daughter of the late Clyde and Hester Wallen Miller. She was a homemaker, and a member of the Spurlock Old Regular Baptist Church.

She was preceded in death by her husband, Larce H. Lewis.

Survivors include three sons: Clyde P. Lewis, wife Brenda, of Prestonsburg; Roger D. Lewis, wife, Mable, of Nicholasville, Virginia; and

Larce David Lewis, wife, Charlene, of Paintsville; a daughter, Connie Mae Roatcap; husband, Robert, of Piercetown, Indiana.

In addition to her husband and parents, she was preceded in death by five brothers: Earl, William (Bill), Lonzo, Russell, and Frank Lewis.

Funeral services will be held Friday, October 10, at 11 a.m., at Nelson-Frazier Funeral Home, in Martin, with Old Regular Baptist ministers officiating.

Burial will be in Davidson Memorial Gardens, in Ivel, under the direction of Nelson-Frazier Funeral Home.

Visitation is at the funeral home.

Pallbearers: Jerry, Davey, Jason, Preston, John, Kit, Shawn and Justin.

Honorary pallbearers: Jeff Reed, Darrell Calhoun, Milton Harvey, Russell Hicks, and Jeff Smith.

(Paid obituary)

□□□

Avery Newsome

Avery Newsome, 85, of Grethel, died Sunday, October 5, 2008, at the Pikeville Medical Center.

Born January 17, 1923, in Grethel, he was the son of the late T.N. and Ella Newsome. He was a member of the Grethel Baptist Church and a

member of the UMWA.

He is survived by his wife, Hannah Howell Newsome.

Other survivors include a son, Burchell Newsome of Grethel; three daughters: Glenna Faye Evans and Annette Martin, both of Grethel; and Euletta Cox of Portland, Oregon; two brothers: Adron Newsome of Ezel; and Fred Newsome of Grethel; 10 grandchildren; five great-grandchildren; and two step-grandchildren.

In addition to his parents, he was preceded in death by a brother, Phil Newsome.

Funeral services were held Thursday, October 9, at 10 a.m., at Nelson-Frazier

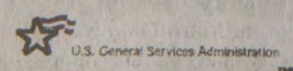
Funeral Home, in Martin, with J.B. Hall and Greg Frasure officiating.

Burial was in the Newsome Cemetery, in Grethel, under the direction of Nelson-Frazier Funeral Home.

Visitation was at the funeral home. Services were held nightly at 7 p.m. (Paid obituary)

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 Peebles

FCB donates \$100K to Highlands

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG — The Highlands Foundation recently received a big boost thanks to a \$100,000 donation from First Commonwealth Bank.

"First Commonwealth Bank is grateful for the opportunity to contribute to the construction of Highlands Regional Medical Center's new emergency department," said Greg Wilson, president and CEO of First Commonwealth Bank. "The hospital's newest addition will provide state-of-the-art care for the people of Floyd, Johnson, Martin and Magoffin County and we are happy to help in this mission."

The new emergency department at Highlands Regional Medical Center will be a two-story, 11,400 square foot facility that will replace the current 6,400 square foot department. It will accommodate an annual minimum capacity of 30,000 patients, with 5,000 square



First Commonwealth Bank recently donated \$100,000 to the Highlands Foundation to be used for the construction of a new emergency department at Highlands Regional Medical Center. Pictured from left to right are Phillip Elliott, SRVP, CFO, First Commonwealth Bank; Greg Wilson, president and CEO, First Commonwealth Bank; Kathy Rubado, director of the Highlands Foundation; Robert Allen, SRVP-Adm/Retail Banking, First Commonwealth Bank.

feet of new space on the second floor.

The existing emergency department was constructed in 1985 to accommodate around 15,000 patient visits per year. According to representatives from the hospital, an increase in the patient load to over 25,000 visits per year makes

the new emergency facility a necessity.

"We sincerely appreciate this donation. It will go a long way," said Kathy Rubado, director of the Highlands Foundation. "It certainly shows the community spirit of the bank. It's not just an investment for the here and

now, it's an investment into the future of the community. It's really going to be a major, major help to the whole region."

The Highlands Foundation has a goal of raising \$1.75 million to help complete the emergency department project. The current amount raised for the project is \$1.25 million.

The Highlands Foundation was created to establish an environment which will result in increased philanthropic support of Highlands Regional Medical Center for the purpose of the promotion of health, establishing programs of community education and involvement, and development of community services.

According to Rubado, the project is close to being ready to move into the first phase, which will start with the official opening of the new emergency department. The old facility will then be shut down and gutted before being remodeled to match the new department.

Adkins-Yates Wedding Saturday, Oct. 11



Ronald and Lisha Yates of Prestonsburg, would like to announce the wedding of their daughter, Veronica Lynn Yates, to William Duran Adkins, the son of Barry Adkins and Kathy Adkins of Shelbyana.

Veronica is a 2006 graduate of Prestonsburg High School, and works at the Operations Center for Community Trust Bank in Pikeville.

William is a 2000 graduate of Shelby Valley High School, and works for Wayne Supply in Pikeville.

The couple will reside in Shelbyana.

Veronica and William would like to invite all to attend their wedding this Saturday, October 11, 2008, at the Mountain Home Place in Staffordsville, as the clock strikes 2:30 in the afternoon.

Adventure

Kentucky, and we should take advantage of that."

Rails-to-Trails is a national organization committed to converting former rail lines and connecting corridors to public trails for enjoyment, exercise and transportation.

Beshear spoke about the proposed Rails-to-Trails project that will link Magoffin, Johnson and Breathitt counties, through a trail known as Big Lovely, or the

Dawkins Line.

If constructed, the trail would be 36 miles long, making it the longest trail in the state.

"We already have the money to buy this trail," said Sandy Runyon, executive director of the Big Sandy Area Development District.

Officials from Johnson County, including Judge-Executive Tucker Daniel,

expressed their support for adventure tourism and Rails-to-Trails at the meeting.

Representatives from the Kentucky Rails-to-Trails Council were also at the meeting to talk about the project.

The Kentucky Rails-to-Trails Council was formed in 1994 and is fully staffed by volunteers.

For more information on Rails-to-Trails, visit www.kyrailtrail.org.

Continued from p1

Trails

spend on one," Allen said. "I intended to make use of it once I received in the mail a couple of days later."

But there was a problem that quickly prompted questions for Allen.

"When I started looking at the map, I saw that it was dated for 1998," he said.

This prompted him to call and ask why he had received a map so outdated. The answer was alarming. Due to federal funding for mapping, the most recent map for the area was 1998.

"I asked if there had been changes in that time, which I knew there had been, and they said of course," Allen said.

The task for Prestonsburg officials to gain ground on seeing a regulated trail system put in place has been a bumpy road to say the least.

Allen made reference to several meetings held in the past year with state and federal officials that seemed, at first, to bear fruit, but then later became entangled in governmental red tape, and Hyden added dismal news from a decade ago concerning recreational trails as part of tourism for Eastern Kentucky.

"Ten years ago, when we first started trying to get trails for recreation, one of the things explicitly mentioned at that time was that (the

Kentucky Department of) Fish and Wildlife didn't want ATVs or horses on those trails," Hyden said.

Bringing Fish and Wildlife officials on board is vital, said Allen, who has suggested to Hyden a meeting with these officials to discuss possibilities for use of land in proximity to Dewey Lake.

As of Wednesday, Hyden, who will be charged with filling out the committee with members, said she had some

citizens in mind, but did not name anyone specifically. However, according to the board's bylaws, the committee must consist of at least one other member of the tourism board.

Anyone interested in learning more about the newly formed committee or who might have inquiries should call the Prestonsburg Convention and Visitors Bureau at (606) 886-1341.

Continued from p1

Economy

the new budget, including a 45.2 percent dip in corporate income taxes.

Right now the state is meeting its financial obligations and has "no cash problems," but it is unclear what would happen if it were unable to meet them, Beshear said.

"We're on a very sound financial basis from a state government standpoint," Beshear said. "That's because we continue to manage our business very well."

Nevertheless, the governor and his advisers are looking for ways to protect and expand the state's economy, while two other panels will try to boost education in early childhood and college, Beshear said.

On Tuesday, the state sold \$390 million worth of bonds to finance construction projects on university campuses and

business expansions.

Beshear says his administration also is setting up a Web site to help people with home mortgage information and finding health insurance.

"We must be looking to the future," Beshear said. "We cannot sit here and wring our hands and do nothing."

Website

that show," continued James. "They cleared less than \$1,000 and suffered a significant loss."

James says this can be avoided through the website of events, essentially providing a marketing and promotion tool that easily surpasses, for instance, word-of-mouth and basic advertising efforts.

Continued from p1

Continued from p1

Presenting the 27th Annual **JENNY WILEY FESTIVAL** October 5th - 11th, 2008

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<p>SATURDAY NIGHT JEFF BATES</p>	<p>SUNDAY AFTERNOON (5th) JENNY WILEY PAGEANT SATURDAY MORNING (11th) JENNY WILEY CAR SHOW</p>	<p>SATURDAY AFTERNOON JENNY WILEY PARADE</p>

SCHEDULE OF EVENTS

<p>SUNDAY, OCTOBER 5th JENNY WILEY BEAUTY PAGEANT <small>* Mountain Arts Center at 1:00pm * For info, call Jennifer at 606-886-2335</small></p> <p>MONDAY, OCTOBER 6th RIVERVIEW HEALTH CARE LUNCHEON <small>* Riverview Health Care from 11:00am - 2:00pm * For info, call Missy at 606-886-9178</small></p> <p>TUESDAY, OCTOBER 7th GUITAR HERO CONTEST <small>* Downtown City Stage at 6:00pm * For info, call Brent at 606-886-2335</small></p> <p>WEDNESDAY, OCTOBER 8th LOCAL VARIETY TALENT <small>* Downtown City Stage from 6:00pm - close * Featuring local talent from the area! * For info, call Dave at 606-789-3071</small></p> <p>BATTLE OF THE FORCES II <small>* Downtown City Stage at 8:00pm * Fire Department vs. Police Department !!</small></p> <p>DANCE ETC. STUDIO OF DANCE <small>* Prestonsburg High School Gym at 6:00pm * For info, call Dance Etc at 606-886-3111</small></p> <p>FAMILY ACADEMY OF MARTIAL ARTS demo <small>* Downtown City Stage at 7:00pm * Martial Arts Demonstration * For info, call Jennifer at 606-886-2335</small></p>	<p>THURSDAY, OCTOBER 9th GRAND OPENING: ARTS AND CRAFTS !! <small>* Held in the Big Tent starting at 8:00pm</small></p> <p>GRAND OPENING: INFLATABLE FUN ZONE !! <small>* Held in Downtown Court Street</small></p> <p>CANDLELIGHT VIGIL FOR DOMESTIC ABUSE <small>* Downtown City Stage at 6:00pm</small></p> <p>LOCAL GOSPEL TALENT <small>* Downtown City Stage from 12:00pm - 6:00pm * For info, call Dave at 606-789-3071</small></p> <p>DOWNTOWN CITY STAGE SPOTLIGHT GOSPEL NIGHT presented by JWF <small>* Featuring DAVID TAYLOR and friends * Downtown City Stage at 7:00pm * For info, call 606-886-2335</small></p> <p>FRIDAY, OCTOBER 10th DOWNTOWN CITY STAGE SPOTLIGHT LUNCHTIME ENTERTAINMENT presented by JWF <small>* Downtown City Stage starting at 1:00pm * For info, call Dave at 606-789-3071</small></p> <p>PRESTONSBURG IDOL presented by Main Street <small>* Downtown City Stage at 1:00pm * For info, call Brent at 606-886-2335</small></p> <p>BLUEGRASS EXTRAVAGANZA presented by JWF <small>* Downtown City Stage from 4:00pm to 11:00pm * For info, call 606-886-2335</small></p> <p>THE MORON BROTHERS presented by JWF <small>* Downtown City Stage at 8:00pm * For info, call 606-886-2335</small></p>	<p>cont. FRIDAY, OCTOBER 10th FAMILY ACADEMY OF MARTIAL ARTS demo <small>* Downtown City Stage at 4:00pm * Great Martial Arts demonstration!</small></p> <p>ANNUAL JENNY WILEY CORNHOLE TOURNAMENT <small>* City Hall Parking Lot at 6:00pm * For info call Morris at 606-424-3925</small></p> <p>SATURDAY, OCTOBER 11th ANNUAL JENNY WILEY FESTIVAL CAR & BIKE SHOW <small>* Mountain Arts Center from 9:00am - 1:00pm * For parade info, call Donna at 606-886-6539</small></p> <p>ANNUAL JENNY WILEY WACKY DUCK RACE <small>* Race begins at Town Branch Bridge at 10:00am * For sponsorship, call Jennifer at 606-886-2335</small></p> <p>DOWNTOWN CITY STAGE SPOTLIGHT NIGHT TRAIN presented by JWF <small>* Downtown City Stage starting at 12:00pm * For parade info, call Donna at 606-886-6539</small></p> <p>ANNUAL JENNY WILEY WACKY DUCK RACE <small>* Race begins at Town Branch Bridge at 10:00am * For sponsorship, call Jennifer at 606-886-2335</small></p> <p>DOWNTOWN CITY STAGE SPOTLIGHT NIGHT TRAIN presented by JWF <small>* Downtown City Stage starting at 12:00pm * For parade info, call Donna at 606-886-6539</small></p> <p>JEFF BATES presented by JWF <small>* Downtown City Stage starting at 9:00pm * For info, call 606-886-2335</small></p>
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Viewpoint

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Guest View

Editorial roundup

The Star-Ledger, Newark, N.J., on food label legislation:

Federal legislation prompted by a spate of food safety scares, some of them deadly, took effect recently. ... It will require labels identifying the country of origin of fresh fruit, vegetables, nuts, meats and frozen produce. Seafood origin has been labeled since 2005. ...

While this law is a good beginning, more can be done.

Food and other goods from some countries have been the source of so many incidents that the mere mention of the country's name can cause alarm, as in the case of China.

While the country-of-origin label might unfairly taint some harmless goods, consumers have a right to know where food was produced and then decide for themselves. ...

Given a choice between apples grown in China, which produces 35 percent of the world's supply, and those grown in upstate New York, many consumers might prefer the latter, even if they have to pay more for them.

The labeling law is not perfect, and it doesn't cover everything. ...

Ultimately, the goal must be to improve food safety worldwide.

Education, tighter food handling rules and other precautions are needed to prevent food-borne illnesses. ... To do so would require expanding the role of the Food and Drug Administration, which often finds itself reacting to deadly outbreaks instead of having the tools to prevent them. ...

The Cincinnati Enquirer, on the economic rescue package:

It's not pretty and it is certainly not perfect, but the \$700 billion economic rescue package approved by the House Friday is a necessary evil to keep the economy moving.

This bill did not pass to bail out a bunch of greedy Wall Street fat cats. All the rhetoric to deny such people "golden parachutes" was meant to soothe any voters who clogged the Congressional phone lines. The real purpose of this bill is to safeguard the jobs and capital of millions of companies and employees about to be left in the cold by an unyielding credit freeze.

That's what all the sound bites about Wall Street vs. Main Street were all about. Rep. Jean Schmidt, R-Miami Township, who changed her early no vote to help pass Friday's version of the bill in the House by a 263-171 vote, said she heard from "all the CEOs on Fourth Street, and I mean the one in Cincinnati, not New York." All told her stories about the credit crunch and warned their companies would not be able get the loans their businesses depend on if Congress didn't act, she said. ...

House Republican Leader John Boehner, of West Chester, supported the bill early in the week and again on Friday. Like the others, he despised having to pass the bill, but warned that further delay risked another precipitous decline in the stock market, which would cause far more long term pain for millions of Americans. ...

We agree. Seeking a perfect solution could not be allowed to defeat what was possible, and necessary.

The Tuscaloosa (Ala.) News, on the bailout plan:

It's typical that the Bush administration was caught by surprise when the markets crashed.

Treasury Secretary Henry Paulson's bailout plan is hastily thrown together. It fuels suspicions that Bush was as ill-prepared for the financial crisis as he was when the situation in Iraq began to grow sour in the hours after the overthrow of Saddam Hussein.

Bush and his advisers clearly expected Iraqis to welcome American troops as liberators. They were viewed instead as occupiers. It took Bush years to revise his playbook for Iraq, at the cost of thousands of lives and billions of dollars.

The Wall Street crisis has strong parallels. Despite months of advance warnings that there was a growing problem with bad mortgages and a looming credit crunch, administration figures insisted that the economy was sound. Things would work themselves out. There would be no need for a bailout.

There's a pattern here. Bush has ignored warnings on global warming. He disregarded reports on the frailty of the levees in New Orleans. Like his father, he doesn't get "the vision thing."

He reacts and too often when he does it's inadequate.

So it is with the bailout.

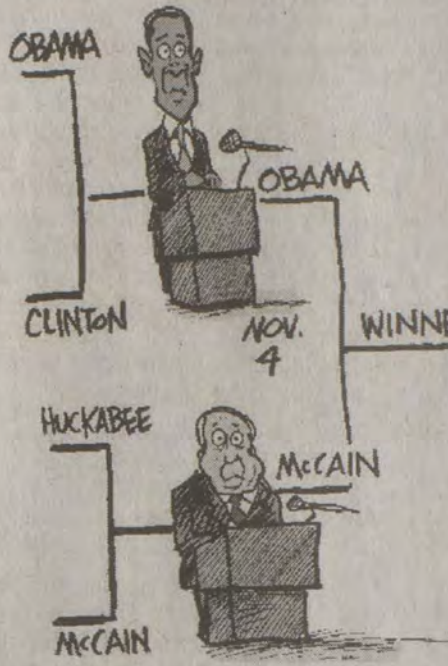
As Republican U.S. Sen. Richard Shelby of Tuscaloosa said after voting with a small minority not to accept the plan last week, "The choice we faced was between pursuing an informed response or panic, and I think we chose panic." ...

Worth Repeating ...

Those who dream by day are cognizant of many things which escape those who dream only by night.

— Edgar Allan Poe

THE CLARION LEDGER CREATES STUDENTS



Letters



Crying for the 'love boat'

My name is Jennifer Hopkins and I have a little girl, Kayla Eve Hopkins, who is 4 years old. Every weekend, I take her to the park and

she loves to play on the "love boat."

This past weekend, I told her about the love boat being torn down and a basketball goal being put in its place. She cried her eyes out.

Now she wants to know if the boat is not going to be used if we could have the boat to put in our backyard.

I will have someone to tear it down to save you money.

My little girl, Kayla, would be so happy and she said other kids can come to our house and play on the boat, too.

I have enclosed a picture of Kayla and she has also written a letter to express her wishes to have the pirate ship.

Jennifer Hopkins
Printer

Wants pirate ship

My name is Kayla Eve Hopkins and I'm only 4 years old. I play in the pirate ship all the time. Please don't tear down the ship.

If you have to tear the ship down, can I please have it so I can put it in my backyard? It will make me so happy to get to play in the pirate ship all the time. Other kids can come and play in the ship with me, just like at the park. Please let me have the pirate ship.

Kayla Eve Hopkins
Printer

Guest column

House week in review

by MIKE HELTON

It's that time of year again when state employees, teachers and retirees across Kentucky are looking over their health insurance options in preparation for open enrollment in the state health insurance group.

Open enrollment for the 2009 plan year is October 13 through the 24th, and all eligible active employees by now should have received a special ID and password in the mail allowing them to enroll on-line. Active employees may also fill out a paper application if they desire (retirees must enroll via paper applications from their retirement systems).

No matter which enrollment method is selected, the state has made it clear that every single employee wanting coverage must enroll this year—no exceptions. Those who do not enroll will automatically have their benefits waived, meaning they will lose their benefits and contributions to any Health Reimbursement Account (HRA) they may have. So be sure to enroll on time, if not early.

Some good news for parents about the new plan year is that dependent coverage will be expanded in 2009 to unmarried dependents up to the end of their birth month of the year they turn 25, with some contributions allowed to be paid on a post-tax basis. Then there is a "Premium Holiday" planned for this December as the state switches from a pre-paid system to month-of-coverage collection starting in January 2009. The state health insurance group says some families could save over \$500 during the switch, more than covering the cost of any premium increases they incur in 2009.

That said, I am pleased to announce that the state has held down the cost of most premiums for singles, couples and families in 2009 with only slight increases in rates and a decrease in the cost of its highest cost premium plan, the Optimum PPO (similar to the current Commonwealth Premier plan), in all coverage options except single, which increased slightly to \$25/monthly.

The state will continue to pay the full premiums for the single option in all plans except the Optimum plan to honor our tradition of doing all we can to keep state health insurance group rates low. The trick is finding out which plan is right for employees and their families.

The Optimum plan is a good choice for those who are willing to pay more for coverage in exchange for lower annual out-of-pocket maximum and deductible costs. Maximum Choice, which replaces the current Commonwealth Select plan, includes an HRA of between \$1,000 and \$2,000 depending on coverage to cover medical, dental, vision and other costs. Capitol Choice, which replaces the Enhanced plan, offers a \$500 per family member up-front allowance not offered under any other plan for in-network expenses and a \$100 per-admission copay for hospital admission that covers 100 percent of hospital facility charges after payment of a \$500 deductible. Then there's the Standard plan—the lowest cost plan in terms of premiums but with the highest out-of-pocket maximum costs. Employees who just want minimum coverage usually choose this value-based option.

The range of costs that employees can expect to pay under each plan is as follows: There is no premium cost for employees with the single option under the Standard, Capitol Choice or Maximum plans. Parent Plus coverage ranges from \$64.72 under the

Standard plan to \$167.32 for the Optimum plan, while rates for Couple coverage range from \$305.38 under the Standard plan to \$445.04 under the Optimum plan and \$376.72 under the Standard plan to \$531.92 under Optimum for families. Under all plans, most costs will be borne by the state, other employer groups or retirement systems which pay on average 85 percent of the health benefit costs in the state health group.

A couple of important points to mention about the 2009 plan involve those interested in an HRA. First, if you are now enrolled in the Commonwealth Select plan, you MUST choose the Maximum Choice plan in order to rollover unused funds from 2008. Also, if you waive coverage, you will receive the same \$175 monthly contribution in an HRA that is offered this year as long as you are an active employee.

Flexible Spending Accounts, or FSAs, will also be offered again allowing employees to set aside pre-tax dollars from their paychecks for eligible healthcare or dependent care expenses. Just remember that, unlike an HRA, unused balances on an FSA do not roll over from year to year, and retirees along with those with Health Savings Accounts are not eligible to participate in an FSA.

You will be hearing more about open enrollment in the next few days from your insurance coordinator, or you can call the state's health insurance administrator Humana at 1-877-KYSPIRIT (1-877-597-7474) for additional help. I encourage you to attend the local benefit fair on Oct. 9 from 2-6 p.m. at Pike Central High School's Conference Room for one-on-one assistance from the state Department of Employee Insurance, Humana and Express Scripts who will all be on hand.

Here's wishing you a great fall season and good health in the months ahead.

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Rental Central

by TOM DOTY
TIMES COLUMNIST

A mediocre week saw two theatrical releases compete with two direct-to-video efforts, with neither side offering anything special.

■ "Don't Mess with the Zohan" — Adam Sandler co-wrote and stars in this low brow comedy that finds a Mossad agent faking his own death to live the American dream as a New York City hair dresser. If that concept

appeals to you then you might get a few yuks out of this, but it isn't anywhere near as funny as "Happy Gilmore."

■ "The Happening" — Director M. Night Shyamalan tries his hands at an R-rated chiller with mixed results, as a nuclear family flees from a populace that has gone mad. Stephen King did this one better in "The Cell," but there are enough Hitchcockian touches here to thrill fans of "The Birds" and other ecological horror yarns. Mark

Wahlberg and John Leguizamo star.

■ "Jack Brooks: Monster Slayer" — A slacker type must contend with a demanding girlfriend, therapy sessions and night school until his routine is shaken up by the arrival of a centuries-old demon that possesses his professor. Okay chills that benefit from a great turn by Robert Englund (Freddy Kruger) who gets all of the best lines here.

■ "Feast 2: Sloppy Seconds" — The first horror effort from "Project

Green Light" turned out to be their best film and the only one to spawn a sequel. This one finds the survivors of the previous film coming to the aid of a neighboring town that gets infested with the same creatures from the previous installment. No rocket science here but the formula remains fun.

Next week can only be better as Harrison Ford returns as Indiana Jones and Mena Suvari gets a homeless man caught in her windshield in "Stuck."

MSHA adds hearing sites for expanded drug testing

by TIM HUBER
AP BUSINESS WRITER

CHARLESTON, W.Va. — Federal regulators are trying to make it easier for miners to testify about proposed rules that would expand drug testing in the industry after receiving complaints from a union official.

The Mine Safety and Health Administration hopes to add Price, Utah, and Madisonville, Ky., to five previously scheduled hearing locations, agency spokeswoman Amy Louviere said Tuesday night.

She also said testimony also will be taken from all seven locations, including Beckley, W.Va.; Birmingham, Ala.; Englewood, Colo.; Pittsburgh; and Washington,

D.C.

The change in plans comes after the United Mine Workers, in a letter to MSHA director Richard Stickler released Tuesday, accused federal regulators of trying to prevent miners from testifying by offering a single webcast in Washington, D.C., Pittsburgh and Denver. People could have listened, but not testified, in West Virginia and Alabama.

West Virginia is the nation's second-largest coal-producing state, while Alabama ranks 13th.

Typically, the agency brings a panel of experts to West Virginia, Kentucky, Alabama and at least one western coal state to take testimony on proposed rules.

"My guess is that these locations were chosen to pur-

posely limit if not eliminate the miners' participation," UMW official Dennis O'Dell wrote. "Historically, Denver Colorado has had very low turnouts for MSHA's past public hearings. I am also trying to figure out how many active coal miners live in the Washington, DC area that will be participating on the day of the teleconference. My guess is ZERO."

Louviere said in a news release that MSHA is committed to making the hearings "as accessible as possible to our stakeholders."

"Each and every comment will be carefully considered as we work toward drafting a final rule," she said.

O'Dell's letter also renewed the union's request that MSHA extend the dead-

line for written comments another 60 days or withdraw the proposed rules, which would prohibit the possession of drugs and alcohol at coal, copper, gold and other types of underground mines. The rules also would require testing for job applicants and random testing for active miners.

A 60-day delay in the comment period would make it difficult for MSHA to adopt final rules before a new president takes office.

While the proposal has support from the National Mining Association; the UMW calls it unnecessary because most coal companies already test miners.

"As pointed out in our earlier comments, MSHA has not determined there is a significant problem with improper drug and alcohol use in the coal mining industry and provides no statistical data to prove this need is as great as suggested in the proposal commentary," O'Dell wrote.

Trial date set in bid-rigging case

The Associated Press

LEXINGTON — A trial date has been set in the federal bid-rigging case against a prominent Kentucky road contractor, his aide and a former top-ranking state official.

U.S. District Judge Danny Reeves on Wednesday set

April 28 for the start of the government's trial against Lexington construction contractor Leonard Lawson, former state Transportation Secretary Bill Nighbert and Lawson aide Brian Russell Billings. The case will be tried at the federal district court in Frankfort.

The three were indicted Sept. 3 on charges of conspiracy, misapplication of property and obstruction of justice after a yearlong FBI probe into the awarding of some \$130 million worth of state highway construction contracts.

The trial had previously been set to begin in November.

PMC sponsors free diabetes symposium

PIKEVILLE — Pikeville Medical Center will host a free symposium for physicians and nurses focusing on the updates and medical management of diabetes. The event will take place in the second floor atrium of the May Tower on Saturday, October 25, from 8:00 a.m. - 11:45 a.m.

Physicians, nurses, and other health care professionals involved in patient diabetic care are encouraged to attend. PMC provides this service to bring health care providers the latest guidelines and relevant research on the treatment of diabetes. A maximum of 3 AMA PRA Category 1 Credit(s) for physicians and 3.3 nursing contact hours can be given for participation in this program.

The symposium presenta-

tions include: "Inpatient Hyperglycemia," by Dr. Guillermo Umpierrez; "Initiating Pramlintide Therapy," by Dr. Stephen Grubb; and "Overcoming the Challenges of Type 2 Diabetes in Children," by Dr. Jackson Smith.

PMC will provide local health care providers with the most current information concerning screening, diagnosis, testing and monitoring of patients with diabetes.

According to the Centers for Disease Control and Prevention (CDC), in 2007, Kentucky was rated 9th in the nation for diabetes diagnosis. The CDC further states, "Diabetes is the 6th leading cause of death in the Appalachian counties of Kentucky." These statistics do

not exempt the children of Kentucky, approximately 2,800 may have diabetes.

PMC's primary goal is progressive patient outcomes. Providing continuous up-to-date medical education opportunities for area physicians and nurses, PMC is able to offer our region the best healthcare available.

To register for this symposium or for more information, please contact Brenda Adams at (606) 218-3931.



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Cinema 2—Held Over
NICK AND NORA'S INFINITE PLAYLIST (PG-13) Mon.-Sun. 7:05-9:30; Fri. (4:30) 7:05-9:30; Sat.-Sun. (2:05-4:30) 7:05-9:30.

Cinema 3—Held Over
NIGHTS IN RODANTHE (PG-13) Mon.-Sun. 7:05-9:25; Fri. (4:25) 7:05-9:25; Sat.-Sun. (2:05-4:25) 7:05-9:25.

Cinema 4—Held Over
EAGLE EYE (PG-13) Mon.-Sun. 6:50-9:15; Fri. (4:15) 6:50-9:15; Sat.-Sun. (1:50-4:15) 6:50-9:15.

Cinema 5—Held Over
IGOR (PG) Mon.-Sun. 7:00; Fri. (4:10) 7:00; Sat.-Sun. (2:00-4:10) 7:00.

Cinema 6—Held Over
HOW TO LOSE FRIENDS & ALIENATE PEOPLE (R) Mon.-Sun. 9:10 ONLY.

Cinema 7—Starts Friday, Oct. 10
CITY OF EMBER (PG) Mon.-Sun. 7:00-9:10; Fri. (4:10) 7:00-9:10; Sat.-Sun. (2:00-4:10) 7:00-9:10.

Cinema 8—Held Over
BEVERLY HILLS CHIHUAHUA (PG) Mon.-Sun. 7:10-9:20; Fri. (4:20) 7:10-9:20; Sat.-Sun. (2:10-4:20) 7:10-9:20.

Cinema 9—Starts Friday, Oct. 10
QUARANTINE (R) Mon.-Sun. 7:10-9:30; Fri. (4:30) 7:10-9:30; Sat.-Sun. (2:10-4:30) 7:10-9:30.

Cinema 10—Held Over
BLINDNESS (R) Mon.-Sun. 6:50-9:15.

Cinema 10—Held Over
AN AMERICAN CAROL (PG-13) Fri. (4:30); Sat.-Sun. (2:15-4:30).

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FAMILY MEDICINE

Arachnophobia more common in those of European ancestry — Page A7

WELLNESS Q&A

Second Sunday

by ERNEST BREWER
DIRECTOR OF WELLNESS & REHAB
HIGHLANDS REGIONAL MEDICAL
CENTER
EBREWER@HRMC.ORG

I'm ditching the normal format of this week's column to provide you with some information regarding an event that will be held October 12 all over the state of Kentucky. The event is called



Ernest Brewer
Helping you find the answers to your health concerns

S e c o n d Sunday, and its slogan and goal are "It's time to get Kentuckians moving in the right direction." It is being organized by the U K Cooperative Extension Service, and is being made a reality by local officials and other organizations.

The basic idea of the event is that each of the participating counties will close a road, or roads, from 2 to 6 p.m. on October 12, which is the second Sunday of the month. This will give people an opportunity to have a place to exercise in a safe, community-friendly environment.

The idea originated in Bogotá, Columbia, where more than 70 miles of city streets are closed to cars every Sunday, encouraging thousands of people to merge onto

(See WELLNESS, page seen)

DINNER DIVA

Breast cancer and your diet

When you consider that 2/3 of all disease is lifestyle induced, it's not hard to make the argument that you are what you eat. To illustrate that concept, there is a commercial on television for some kind of cereal showing a woman walking down the street who has (apparently) just eaten cinnamon buns and is quite literally wearing them on (where else?) her buns. I love that commercial...such a visual!

Leanne Ely

You can end up "wearing" the wrong foods for sure (as in the cinnamon bun lady). I've often said there is no need for me to eat certain foods, I should just apply them to my thighs and skip all the work of eating and digestion—that's where it will end up anyway!

But more than just outer appearances, food impacts our health and the inner workings of what's going on in our bodies, significantly. There are healthy foods lists (I've written several over the years) telling you what to eat and why, there are books of the same genre and people (like me) speaking all over the country, trying to get people to understand the impact of eating the wrong food. It may be a life and death matter.

Cancer, and particularly breast cancer for women, is a disease that chills the blood of most women. The fear of losing a breast or both is a palpable concern, as we've known someone who has or has had this disease. It's become all too common.

So what can we do as women, to combat this disease?

(See DIVA, page seven)

The Charlie Sizemore Band

GOOD NEWS



GIVING BACK

Annual 'Bluegrass for Education' concert on tap

by JARRID DEATON
FEATURES WRITER

Charlie Sizemore loves to return to his Eastern Kentucky home and play music. He is also an ardent supporter of education in Appalachia, so the Bluegrass for Education benefit concert scheduled for Saturday at the Mountain Arts Center is the perfect fit for Sizemore and his music.

Sizemore, a native of Magoffin County, credits much of his success and inspiration to the area where he was born and raised.

"I am a country boy, raised on Puncheon Creek," Sizemore is fond of saying.

After spending many years touring with Ralph Stanley's band, Sizemore decided to return to school. He graduated from Prestonsburg Community College, which is now know as Big

Sandy Community and Technical College. He then went on to obtain a law degree.

In 2003, Sizemore decided to return to the institution that led him to his successful career in order to raise money for scholarships to benefit students at Big Sandy Community and Technical College.

"There is nothing that is too much for me to do for this college in return for what it gave me," Sizemore said. "I am happy to be a part of an event that will make it possible for more students to go to college and succeed in life."

A special VIP reception will begin at 5:30 for guests who purchase the VIP tickets. The reception will include refreshments, priority seating, and a meet and greet session with the performers, including Charlie Sizemore. Proceeds from the benefit will go toward student needs, including scholarships.

"The money is distributed by our scholarship committee, based on needs of the students," said Linda Lyon, public relations director for Big Sandy Community and Technical College. "Over the past five years, more than 40 students have benefited from this scholarship money. We have raised approximately \$40,000, and all of it goes to students."

The event will begin at 5:30 p.m. with the VIP reception for those that purchased VIP tickets. The Big Sandy Singers will take the stage at 6:30 p.m., followed by 5 Miles to Nowhere at 7. An auction will take place at 7:30, and The Charlie Sizemore Band will close the show starting at 8.

General admission tickets are priced at \$10, and VIP admission is \$25.

For more information, contact the Mountain Arts Center at (606) 886-2623.

FLY LADY

Little ropes that hold you down

Tonight as I placed my head on my pillow I closed my eyes and opened up my heart to listen to where the my next column was going to take me. I had been in the bed for about thirty minutes when the midnight editor told me I had to get up and write. I turned over and told my sweet darling that the midnight editor had given me an assignment and he told me to do what I had to do. He asked, "without breaking the muse can you tell me what the message is?" I told him to imagine Gulliver being tied down by the Lilliputians. Then I closed the door behind me and turned on my computer.

I can just see Gulliver with thou-

sands of little ropes all securing him firmly to the ground. He was much bigger than those tiny people that had strapped him down. We are much bigger than those little voices in our heads too. We have allowed them to hold us captive in our own thoughts. The ropes that are holding us back are our resentments toward them. We are the ones that give them permission to enter our heads. We are the ones that allow their negative attitude to invade our personalities. It is us that can't move forward because we are stuck in the past with ugly words and unkind gestures.

How do we release those bonds of resentment and quiet those voices that keep us tied down to our past. This is more of that clutter that we need to get rid of. We can't just throw it all out the door at once; we have to take babysteps to break one string at a time. The pain of this clutter has taken years to accumulate and slowly it will go away. You will begin to let go of the pain by forgiving the people that have hurt you.

Along with this pain comes anger.

Then the mad turns to sad and depression sets in. We lose ourselves because we have a hard time forgiving. I am not saying that you have to forget but if you will start to forgive then you will be breaking free from their grasp to keep you from succeeding.

My life has made me who I am. If I had had any other mother or father I would not be me. It is because of everything that has ever happened to me helps me to understand and to be able to mentor in my own way. I didn't set out to do this; but someone put me on this path and knew that I would need to weather these storms in order to find the peace that allows me to open up my sails and to listen when the midnight editor calls.

With each bit of resentment I release from the pain in my past I am building the foundations of a new life. I am thankful for every bad thing that has ever happened to me because

without the bad I would not know how wonderful the good really is.

After all the best revenge for those who have said you could never be anything is to be happy with who you are. They can't take that away from you! Quiet those negative voices by recognizing who they are from your past or present and forgive them. Someone hurt them once upon a time and it is that resentment that keeps on hurting others. Letting go of it stops the hurt forever.



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Family Medicine

OHIO
UNIVERSITY
College of Osteopathic Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor
of Family Medicine

Arachnophobia more common in those of European ancestry

Q My teenage daughter has developed an intense fear of spiders. In fact, every time she sees a bug of any type, she thinks it's a spider and starts to scream and run into another room. What causes this fear, and what can be done to help her?

A The fear of spiders is more prevalent in those of European descent. Apparently, this is because in the Middle Ages Europeans noted that spiders were often found in the thatched roofs of houses near black rats. This may have been one of the reasons that Europeans started to

believe that spiders were the source of the plague. It was actually fleas that carried the plague from the rats to humans, but this was not discovered until many centuries later. This negative attitude toward spiders was apparently passed down in European families. In many non-European cultures, spiders are actually considered signs of good luck.

A mild aversion to spiders because of one's cultural heritage or other factors is generally not a major problem. But an intense reaction like your daughter's is called a phobia. The specific type of phobia she has — fear of spiders — is called

arachnophobia. It is more common, probably for the reasons discussed, in those with European heritage.

A phobia can be defined as an intense fear of an event, object or feeling. The fear is so intense that it causes a person to change his or her behavior. Phobias — which affect 10 to 20 percent of the adult population — are actually a kind of anxiety disorder.

Arachnophobia is classified by psychologists as a specific phobia, also called a simple phobia. These types of phobias involve the fear of an object or situation, such as fear of spiders, snakes, dogs, animals, heights, small spaces or flying. The phobia can be so severe that it changes a person's life. A person who is phobic about flying either never travels by plane, or seeks medical attention for help with the problem.

Social phobias are another common type of phobia. These involve a fear of embarrassment or humiliation in social situations. Sometimes this is limited to specific situations, like stage fright, or it may be generalized to any social setting. These phobias also alter behavior, usually through avoidance of a social setting. This causes people to miss important events like school plays, company picnics or meetings at which they might be asked to make a report or otherwise participate. In some cases, the sufferer might also avoid eating in public or shun the use of public restrooms. Oftentimes, people with social phobia use alcohol to try and help them cope with their fears.

Medication is available for all types of phobias, and most sufferers respond well to treatment. Psychotherapy can also be very effective,

especially in the case of specific phobias. So, I'd recommend that you ask your family doctor for the proper referral to help your daughter deal with her fear of spiders.

□□□

Family Medicine(r) is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-news.org. Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions. Past columns are available online at familymedicine-news.org.

Diva

The answer of course is to eat better. I can help you with that, I love food! And I love lists, so here's a little one:

The top five foods for combating cancer are:

Cruciferous Vegetables: Broccoli, cabbage and cauliflower, oh my! These mighty veggies contain indole-3-carbinol that may help fight breast cancer by changing up cancer promoting estrogen into a more protective type of estrogen.

Tomatoes: Turns out lycopene, the phytonutrient in tomatoes that is linked to a decreased risk of prostate cancer, can work its same magic with breast cancer risk as well. New research has shown that to properly absorb lycopene, you need to eat it along side a little oil. I'm thinking olive oil and tomatoes sounds good, huh?

Carrots and Their Orange Colored Friends: The pretty beta-carotene does more than color your carrots orange. It may also protect the DNA in the cell nucleus from cancer causing chemicals outside the membrane. Think of beta-carotene as a shield every you nibble a carrot!

Citrus Fruits: The lovely orange and gorgeous grapefruit contain monoterpenes that may help prevent cancer as this compound sweeps the body of car-

■ Continued from p6
cinogens. How cool is that? A cancer swifter!

Seaweed: When you consider this amazing sea vegetable is chocked full of beta-carotene, fiber and chlorophyll as well as chlorophyllones, fatty acids that may help fight breast cancer, you just can't say no to sushi! Domo arigato!

And while you're digesting those five foods, how about cooking up this delicious, cancer fighting soup?

Cream of Broccoli Cheddar Soup

Serves 6

1 tablespoon olive oil
1 onion - chopped
1 bag frozen chopped broccoli
2 cups chicken broth
1 1/2 cups mashed potatoes - leftovers
2 cups low fat milk
1 cup low-fat cheddar cheese - shredded
Salt and pepper - to taste

In a soup pot, heat olive oil over medium high heat and cook onion. When onion is translucent, add broccoli and chicken broth. Cook till broccoli is tender, about 3 minutes or so.

Add mashed potatoes, mixing well till incorporated. Heat for 5 minutes then add milk and heat a little while longer. Add cheese and stir. Serve.

To Our Patients:

After much thought and consideration, we have decided to relocate our OBGYN practice to Danville, Virginia.

We both have enjoyed our time here in Pikeville. We feel that we have some of the best patients in the world. We will be working in Pikeville until November 10, 2008.

We will try to accommodate any patient desiring appointments or surgery prior to our leaving.

One free copy of your office chart can be requested prior to the office closing by calling 606-433-1970. Please call prior to dropping in at the office.

If you desire the names of local physicians who can take care of your OBGYN needs, please feel free to call the office for their names and numbers.

Sincerely,

Dr. James Robert Pigg

Dr. Sammie S. Gibson

A Message From John Kirk

We, at Kirk Law Firm, have undertaken to do what we can to see that justice is done regarding the Tragic Deaths of Joe Rigsby of Louisa, Ronald Haney of Nippa, Joey Kirk from Inez, and Mary Ward, from Harold, a college student who received catastrophic injuries when her Cougar coupe was hit by a speeding truck; for Brooke Castle, a Lawrence County High School girl who was seriously hurt when a car in which she was a passenger was struck by a speeding truck, for Kenzie Little, an infant who was injured at Weeksbury when her mother's car was hit by a school bus, and for Carol Brown and her daughter, Misty, of Louisa, who were seriously injured when their car was struck by a speeding coal truck. Ronald and Joe died in crashes involving large trucks. Joey was killed by a drunk driver.

The purpose of this message is to seek information from all those who have knowledge of the facts surrounding the events set out below. We respectfully ask that if you were a witness to any of the events, or if you have talked with anyone who was, or if you have any useful or helpful knowledge, that you please contact KIRK LAW FIRM at any of the following numbers: 297-5888; 886-9494; 377-7785; 298-3575; 638-0606; 437-9234; or 739-8000, or go to www.kirklawfirm.net.

We have filed Civil Actions for the children and wives of Joey, Ronald and Joe, and trials are set for them at Louisa early next year. We have also filed Civil Actions for Brooke, Kenzie, Mary and Carol, and Misty brown. A trial has also been set for Brooke. We will describe below the dates and events so that you can see if you were a witness to what we are talking about.

Joey Kirk was killed at Louisa on December 14, 2007

Joey and his wife, Sharon, lived near Inez. Joey died when the vehicle in which he was a back-seat passenger, was crashed into while it was stopped at a red light. The driver of the vehicle that crashed into the car Joey was in, has been charged with the crime of Second Degree Manslaughter. He was impaired by drugs or drink. He was not injured, but the other two people in the car Joey was in, Paul Justice and Mark Skaggs, were injured. The accident occurred on U.S. 23 at a red light at Louisa where you exit to go to the hospital.

Joey's wife, Sharon, goes on the best she can with the loss of this good and gentle man. If you are a witness to this, please call John Kirk.



Joey Kirk

Mary requires constant care following 2006 accident

August 10, 2006, started as another great summer day for Mary A. Ward of Harold. Young, healthy and with a vibrant enthusiasm for life, according to her family and friends, she could hardly wait to get to it, because that day was to be the special day that Mary, age 23, would enroll in that nursing program at Mayo, and follow in the footsteps of her mom, Janice Ward.

Everything went as planned, at first. Mary drove her Cougar coupe to Paintsville and by 4:00 p.m. she had completed her enrollment, got her class schedule, and started home traveling on KY 321 to the intersection with US 23 at Turner Branch, a place where a tragic accident would spare her young life, but would leave her a mere shadow of her former effervescent self.

At 4:53, according to a report from Paintsville Sheriff's officer, T. Wyatt, Mary's little car was struck on US 23 by a big tractor-trailer owned by a South Carolina company and Mary was air-lifted to Saint Mary's Hospital at Huntington where a team of doctors and nurses fought to keep her alive. Mary stayed at Saint Mary's for two months and then was cared for in a nursing home. Two years later, Mary still receives constant care.

There were a number of witnesses to the tragedy. One of them is Katrina Mohl of Lowmansville whose affidavit states that the truck "came out of nowhere" and that it was "traveling 80 miles per hour." If you were a witness to this, Mary needs you. After all, Mary cannot talk and tell what happened. The family gives her love and care every minute of every day and they need a hand. Please call John Kirk, if you were a witness.

Ronald Haney was killed at Louisa on March 14, 2007

Ronald, age 34, and his wife, Wendy, were traveling south on US 23, when Ronald was killed in a crash with a loaded coal truck. Wendy was so seriously hurt that she spent months in a hospital and nursing home. The crash occurred at a red light, where you turn into the hospital. Wendy lived at Nippa at the time with their infant children, Kristen and Tony. She now lives at Tomahawk.

Wendy—with substantial and serious injuries—was hurt so badly that she cannot remember what happened. An accident reconstructionist has measured skid marks and has calculated that the truck was traveling 80 mph as it approached the light at the hospital road.

Wendy has two little sons to raise without their father and needs you to come forward, if you saw this accident. If you did, please call John Kirk.



Ronald Haney

Joe Rigsby was killed on US 23 on February 5, 2007

Joe Rigsby was killed where Dogwood Fork meets US 23 at Wittensville, when the vehicle driven by Joe was hit by a tractor-trailer.

Joe left young sons, Seth and Aaron.

If you are a witness to this tragedy, please call John Kirk.

Kenzie Little received life-changing injuries

Kenzie, age 3 at the time, received injuries to her beautiful face and injuries to her brain and spine when her mother's car was crashed into by a school bus at the intersection of Poplar Fork and Ky. 466, near Weeksbury. The crash occurred in April 2007. Kenzie's little brother, Gary, and her mother, Stacey Scott, were also injured, but not as seriously as she was. Kenzie has required several surgeries so far, and will need more.

Did you see this? If yes, please call John Kirk. Kenzie and her mom need you.

Brooke Castle was saved by medics after crash

Brooke is a senior at Lawrence County HS. On October 16, 2006, Brooke was a passenger in a car that was crashed into by a large drilling truck. She was hurt very badly and certainly might have died had it not been for the wonderful work of the medics, the doctors and nurses. Brooke was hospitalized for several weeks and was in a coma for some time. Her medical expenses exceed \$300,000 and she has consequences from the injury that will continue to cause her significant problems.

The accident occurred one mile south of Louisa on US 23. If you are a witness to this, please call John Kirk.

Carol and Misty Brown are 'hit by coal truck'

Carol Brown and her daughter, Misty, were traveling on 645 in Lawrence County on July 23, 2008, where their car was hit by a loaded coal truck, which, according to Carol, was traveling very fast. Both Carol and Misty were very seriously hurt and their injuries appear to be permanent. The driver had been cited for speeding on four previous occasions, had been sent to traffic school several times following speeding tickets, and had even been previously warned by the Division of Driver Licensing.

Carol is facing additional serious surgery and lifetime medical care. Her medical bills may amount to \$1 million, or more. Did you see this crash? Please call John Kirk if you did.

This is an advertisement

Riverview Health Care

would like to
Welcome
Everyone
to the
Jenny Wiley
Pioneer Festival!

Wellness

them for walking, biking, picnicking and meeting with friends and strangers. In this country, individual municipalities have occasionally done their own variation. The Kentucky Second Sunday is the first time such an event has occurred across an entire state.

The UK Cooperative Extension Service has created this event with the vision that this will become a regular occurrence that will ultimately encourage and enable the citizens of our state to take an active role in their health and wellness.

I will be participating at the Floyd County event that is being held in Martin at the new development site beginning at 2 p.m. In addition to the closing of a road for people to use for exercise, there will also be some fun activities, educational materials and instructional sessions to participate in. By participating in activities, you can become eligible to participate in multiple raffles for some valuable prizes including bicycles. Mayor Thomasine Robinson and County Judge-Executive R.D. Marshall will be on hand for the opening of the event.

This event makes sense to

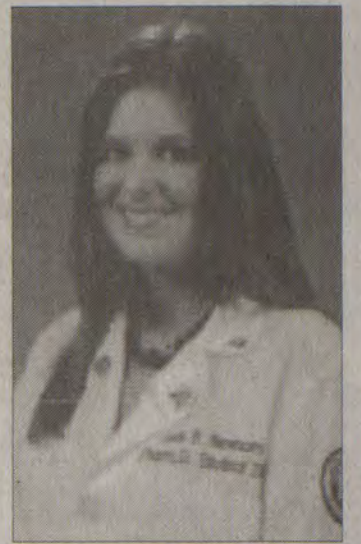
me, and I welcome it. Before moving to Kentucky, I lived in Houston, a city full of amazing parks. When I moved here, one of the obvious differences that I saw immediately is that we have a lack of available space safe for people to get out and walk, run or ride bikes. A person wanting to exercise can find places to do it, but it can be difficult to find a place that is really safe from traffic. The road that I live on, for example, can be scary to take walks on. When my kids want to ride bikes, I much prefer to pile the bikes into the van and drive to a parking lot somewhere. Exercise is one of those things that people tend to do less of if it is not convenient or safe to do. Having a community making space available and creating a fun, social environment to get out and move around in, may be just what some people need to get them started with a more healthy lifestyle. I'm proud to be a part of this event.

I encourage you to take part in Second Sunday; if not at the Floyd County event, then at

one of the other participating counties. Contact your local Extension Agency office for more information. The Floyd County contact person is Theresa Scott (606-886-2668)

Ernest Brewer is a physical therapist and athletic trainer with over 20 years of clinical experience. In addition to his experiences in hospital, home health and outpatient settings, he has provided services to high school, college and professional sports including pro rodeo, ballet and basketball. He is the Director of Rehab and Wellness at HRMC. You can email him your questions at ebrewer@hrmc.org.

The information presented is intended to be informative for the general reading audience and not intended to be utilized for creation of a personal treatment plan or replacement of the care of your current health care professionals. In all cases, seek the advice of your physician for a definitive answer for your specific health concern.



Jada Brianne Newsome has earned a Doctorate in Pharmacy. She received a scholarship from Pikeville College where she studied for two years and then became a student at the University of Kentucky, where she received a Bachelor's degree in Biology. She was accepted into the University of Appalachia School of Pharmacy's accelerated program, where she became one of the charter class members. On May 17, Jada received her Doctor of Pharmacy degree during the inaugural commencement exercises and hooding ceremony, which took place in Virginia. She is now employed with Kroger Pharmacy of Lexington. Jada is the daughter of Kim and Jeff Newsome of Banner. She is the granddaughter of Anna Lea and Earl Hall of Banner, and Joy and Ray Newsome of Teaberry.

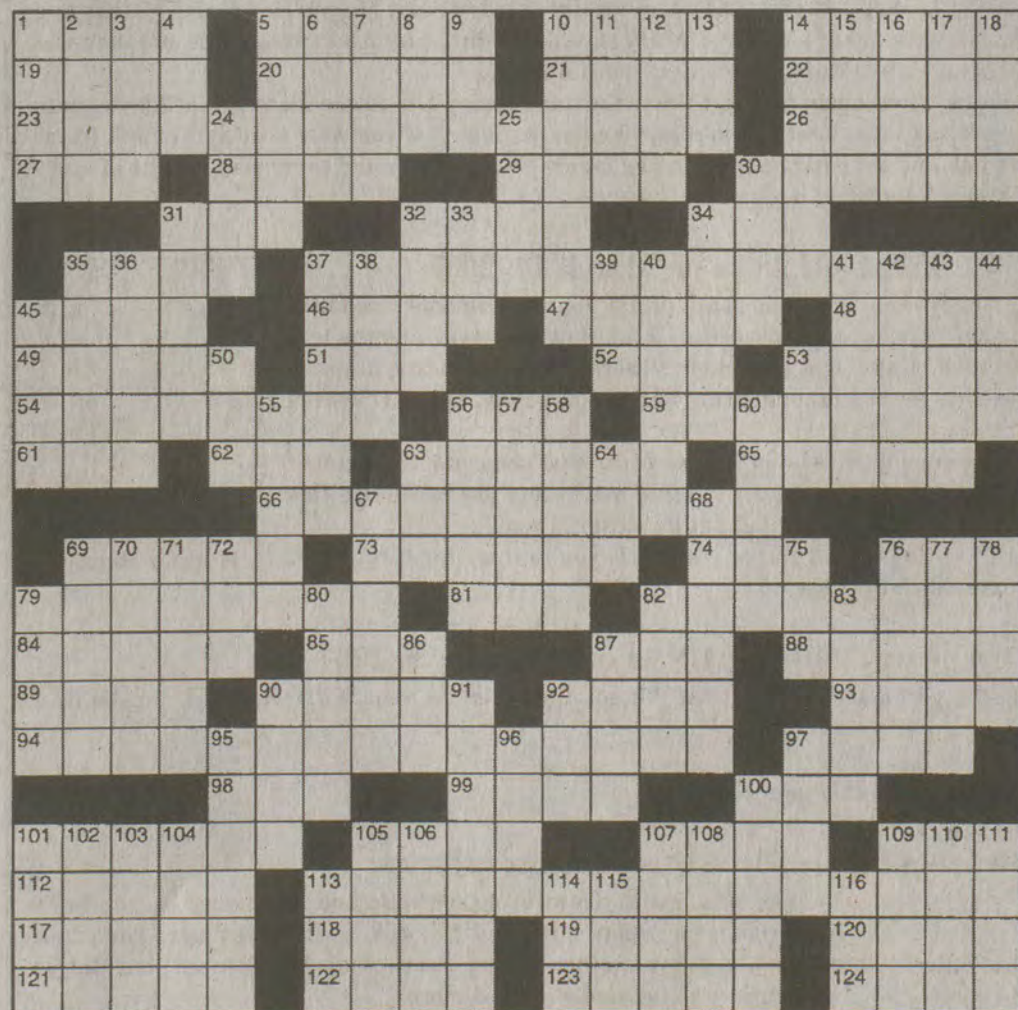


Brice Johnson celebrated her seventh birthday on Oct. 5. Brice is the daughter of Christy and Delmas Johnson, of Hi Hat. She is the granddaughter of Gary and Loretta Tackett, of Hi Hat, Becky and Art Dalton, of Pikeville, Charles and Joyce King, of Indiana, and the late Delmas Johnson, of Wheelwright. She also has a little sister, Emily La'shea Johnson, of Hi Hat.

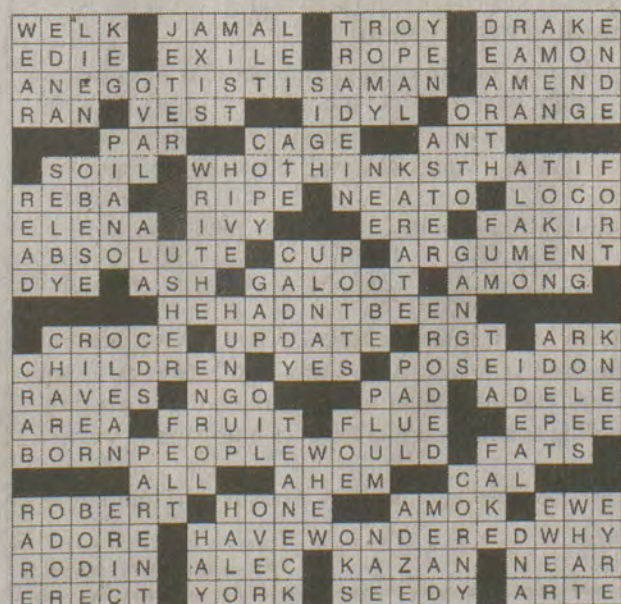
Visit us online at
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Super Crossword SELF-POSSESSED

- ACROSS
- 1 Myron Floren's boss
- 5 Malcolm Warner
- 10 Priam's kingdom
- 14 Daddy duck
- 19 Adams or Sedgwick
- 20 Napoleon's late
- 21 Something to skip?
- 22 De Valera of Ireland
- 23 Start of a remark by Dan Post
- 26 Rectify
- 27 Sprinted
- 28 Part of a suit
- 29 Pastoral poem
- 30 Sherbet flavor
- 31 Norm
- 32 Rib
- 34 One of "Them!"
- 35 Dirty
- 37 Part 2 of remark
- 45 Colleague of Dolly and Loretta
- 46 Mature
- 47 Peachy-keen
- 48 Plumb crazy
- 49 "Maria" (41 song)
- 51 College growth
- 52 Before, to
- 53 Mendicant monk
- 54 Utter
- 56 See 90
- 59 Dispute
- 61 Pigment
- 62 Hibachi residue
- 63 Oaf
- 65 "Love — the Ruins" (75 film)
- 66 Part 3 of remark
- 69 "I Got a Name" singer
- 73 Add info
- 74 Mil. group
- 76 Genesis vessel
- 79 "Little —" (64 hit)
- 81 "Be my guest!"
- 82 God with a trident
- 84 Storms
- 85 — Dinh Diem
- 87 Paw part
- 88 Jergens or Astaire
- 89 Field of knowledge
- 90 With 56 Across, common appetizer
- 92 Chimney part
- 93 Duel tool
- 94 Part 4 of remark
- 97 Domino or Waller
- 98 Herriot title start
- 99 "Excuse me"
- 100 Western st.
- 101 Mugabe of Zimbabwe
- 105 Whetstone
- 107 Out of control
- 109 She's a sheep date
- 112 Venerate
- 113 End of remark
- 117 "The Kiss" sculptor
- 118 One of the Waughts
- 119 "East of Eden" director
- 120 Imminent
- 121 Upright
- 122 Michael of "Cabaret"
- 123 Unkempt
- 124 "Vissi d' —" ("Tosca" aria)
- 4 Beer barrel
- 5 Baseball's Derek
- 6 Shaft
- 7 Freshen a fuchsia
- 8 Cover girl
- 9 Kapaa keepsake
- 10 Auto transaction
- 11 Actress Schneider
- 12 Fall birthstone
- 13 Craving
- 14 Lack
- 15 "— Lama Ding Dong" (61 tune)
- 16 Prayer finale
- 17 Hong —
- 18 "The NeverEnding Story" author
- 24 — Office
- 25 Regret audibly
- 30 In the know
- 31 Nero's instrument
- 32 Duplicate
- 33 Savored the seitan
- 34 Fall flower
- 35 David of "Dark Shadows"
- 36 Too tubby
- 37 Twist and turn
- 38 Bee flat?
- 39 Born
- 40 You'll get a kick out of it
- 41 Texas landmark
- 42 Symbol
- 43 Buttercream, e.g.
- 44 Laramie or Sumter
- 45 Devour Dostoevsky
- 50 — carte
- 53 "Fee, Fi, Fo, — . . ."
- 55 Leading man?
- 56 Container
- 57 Arm bones
- 58 Annie of "Designing Women"
- 60 Jets and Sharks
- 63 Opening
- 64 UK honor
- 67 Delayed
- 68 Worn down
- 69 Cugat consort
- 70 Mississippi or Missouri
- 71 New York city
- 72 Bk. offerings
- 75 It's in the bag
- 76 Skilled
- 77 Romeo and Juliet
- 78 Banjo locale
- 79 Grouch
- 80 Register
- 82 Hogan or Hindemith
- 83 Perfect
- 86 Word with baby or snake
- 87 Horner's fruit
- 90 Sensed
- 91 New Jersey town
- 92 Adversary
- 95 One who no's best?
- 96 "What a relief!"
- 97 Charlatan
- 100 Uncool
- 101 Hard to find
- 102 Miasma
- 103 Portend
- 104 Rohmer or Carmen
- 105 Sign of sanctity
- 106 "Glad All —" (64 hit)
- 107 Carpenter's tool
- 108 Knight's quaff
- 109 Kind of pitcher
- 110 "Huh?"
- 111 Bronte heroine
- 113 Horse hash
- 114 Endorses
- 115 Duncan's denial
- 116 "Jurassic Park" stuff



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Be an Angel.

Become a Kentucky organ & tissue donor. For information contact: 1-800-525-3456, or www.trustforlife.org



In keeping with its mission of improving the lives of people throughout the region, the Big Sandy Area Community Action Program recently awarded 16 academic scholarships to students pursuing higher education degrees. Recipients were chosen in each of the five Big Sandy counties served by BSACAP, with more than \$7,000 in scholarship grants disbursed. BSACAP has awarded the annual scholarships for more than 20 years, helping hundreds of students continue their education. The scholarships are funded through the federal Community Services Block Grant program. Pictured receiving their scholarships are L to R Tammy Brown of Prestonsburg, BSACAP Community Service Workers Kim Vicars and Wendy Bolin, and Santanna Stumbo, also of Prestonsburg.

TEAMSTERS LOCAL UNION NO. 651 ENDORSES

WES GILLIAM

FOR SCHOOL BOARD IN DISTRICT 3

TEAMSTERS LOCAL UNION NO 651

100 Blue Sky Parkway • Lexington, KY 40509-9418
Tel: (859) 263-6115 • Fax: (859) 263-1134 • Toll Free: (800) 489-5115

September 2, 2008

Voters of District 3
Floyd County, Kentucky

Dear Voters:

As most of you may know, Wes Gilliam is running for office of school board in District 3 this November. What most of you may not know is that Wes is a Teamster, a soldier and a personal friend of mine.

Wes is a dedicated member of Teamsters Local Union No. 651 and has been a card-carrying member for over five years. Wes also served as a chief union steward at the UPS shop in Prestonsburg, Kentucky. During his tenure as steward, he made himself readily available to his fellow employees and also took steward workshops to make himself better for the members at his shop.

Wes is also a dedicated soldier in U.S. Army. I am a retired Sergeant Major and have known Wes for most of his eighteen-year service career. I can honestly say that he has done an outstanding service for our country and can be very proud of that accomplishment.

Last but not least, Wes Gilliam is my friend. He is an honest person that would give you the shirt off his back. He is someone that really takes care of others.

I'm proud to know Wes in all aspects, whether it is as a union member, soldier or friend. There is no doubt that Wes would be an asset to the Floyd County board of education. He has my endorsement not only personally, but also professionally. Teamsters Local Union No. 651 is proud to endorse, Wes Gilliam the candidate to the office of school board in District 3.

Fraternally,
John R. Roush
John R. Roush
President

Paid for by International Brotherhood of Teamsters

JOHN R. ROUSH
President

BILLY ARMELL
Secretary-Treasurer

RICKY RUTLEDGE
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FLOYD COUNTY Sports

EK Miners sign former Wildcat Wayne Turner

TIMES STAFF REPORT

PIKEVILLE – One of the top players in the history of the University of Kentucky men's basketball program has signed to play for the East Kentucky Miners during the 2008-09 season. East Kentucky Miners Coach Kevin Keathley has announced the signing of 6-2 guard Wayne Turner. Turner, who won two national championships with Kentucky, holds the NCAA record for most games played in a four-year career (151). The Boston native ranks ahead of former Duke standout Christian Laettner

(148) for the most games played record. Turner is Kentucky's all-time leader in steals. He is fourth in all-time assists for the Wildcats.

The former Wildcat is anxious to hit the hardwood and play in a Miners uniform.

"This is definitely a good opportunity to get back in Kentucky and play professionally," said Turner. "Kentucky is home for me. I'll always be a Wildcat – and now I'm a Miner."

Turner brings another winning attitude to the Miners organization.

"This is the biggest signing

for us as an organization to date," Keathley commented. "When you think of Wayne Turner, the first thing that comes to mind is – winner. He is a proven leader on the basketball court and is a true lead guard in every sense of the word."

The Miners organization has remained committed to landing a Kentucky player.

"Since the first day I arrived here, I have wanted to sign a player who everyone would recognize from their time at the University of Kentucky," Keathley confided. "But, the circumstances were never right.

However, with Wayne, we have someone who not only played at UK, but was a star that delivered wins in a big way."

As a senior at Kentucky – during the 1998-1999 season – Turner averaged 10.5 points, 2.8 rebounds and 3.9 assists per game. He came to Kentucky as a highly-acclaimed McDonald's All-American. Turner scored 1,170 points in his four-year career for the Wildcats. He is 37th on Kentucky's all-time scoring list.

At Kentucky, Turner played

(See TURNER, page two)

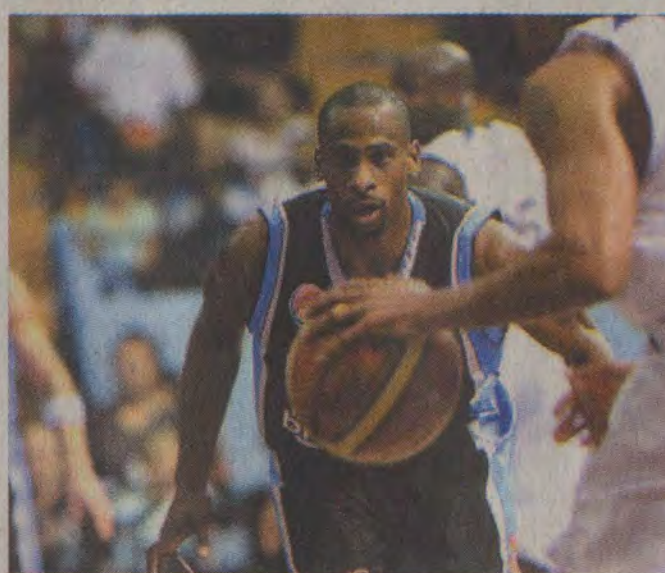


photo courtesy of New Zealand Breakers
FORMER UK WILDCAT WAYNE TURNER is now an East Kentucky Miner. Turner recently signed with the Miners.

Now, here's some food for your thoughts

by RICK BENTLEY
TIMES COLUMNIST

So I was sitting at home Wednesday night, pontificating about this column and watching Bobby Flay throw down with some lady in Nashville making biscuits and jam.



Rick Bentley

Lemme tell you something: I like me some biscuits just fine.

Biscuits are absolutely awesome. There's

just about nothing better. I can't think of a bread I like more. I love rolls and garlic bread and of course cornbread, but is there a better bread than a nice, warm, fluffy, light biscuit?

(Right now some of you are thinking, "What's up with Rick? Has he finally, officially lost it? Isn't this a sports column?" I say, in order, not much, just now?, and hang in there. I'm getting to the point.)

Some biscuits aren't right. Some are too heavy; we're not making baseballs. Some are too dry. And please, don't even talk to me about canned biscuits. Those are something – I'm not sure what – but they sure ain't biscuits.

And that leads me to this: Nobody loves to eat more than me, I just really enjoy it. Heck, take a look at me and you can tell that. And other than seafood, there's very little I won't try.

But what is your favorite food for a game?

The classics, as you know, are popcorn and hot dogs. I like them both. But I'm not wild about them, at least not the ballpark variety.

I like popcorn okay, but it's just not my favorite thing. This year I've already been to about 10 football games, a half-dozen volleyball matches and a few soccer contests, and to this point, I've had one small cup of popcorn. And that was about three hours before the event.

I like it the way I like most things: Cheesed up. And at a game, that's difficult to do. But I was in the concession stand at the gym a couple of weeks ago and Robert Staggs had some of that cheesy salt stuff there so I picked up one of his Pepsi cups and had a little corn.

I know people who just can't go to a game without having some popcorn. They simply have to have it. I'm not that way.

It was good, but just not something I have to have.

Personally, I prefer nachos. I'm sure Dr. Chad is thrilled to read that.

(See FOOD, page two)



photo by Paula Goble
Prestonsburg will face Beechwood on the road Sunday evening. The Blackcats and Tigers are both undefeated. Beechwood is the reigning Class A state champion.

Blackcats set to face Beechwood in battle of gridiron unbeatens

by STEVE LeMASTER
SPORTS EDITOR

BEECHWOOD – Prestonsburg Blackcat football fans will invade Northern Kentucky Saturday evening for a non-district game versus Class A frontrunner Beechwood. The matchup is a battle of unbeatens as the visiting Blackcats (5-0) take a perfect record in against Class A favorite Beechwood (6-0). Ranked first in Class A, Beechwood owns wins over Dixie Heights, Lloyd Memorial, Dayton, Bishop Brossart, Ludlow and Covington Catholic. Prestonsburg is the lone Eastern Kentucky foe on Beechwood's schedule. The Blackcats are ranked first in

this week's Kentucky Associated Press Class 2A football poll.

Beechwood pulled out a hard-fought 38-21 win over Prestonsburg last season en route to a Class A state championship. That game, played at Blackcat Stadium, went down to the wire. Prestonsburg was poised to score and go ahead late in the matchup when the Tigers grabbed the momentum and tacked on a couple of late touchdowns.

Neico Teipel leads the 2008 version of the Beechwood Tigers in rushing. In six games, Teipel has rushed for 878 yards and 11 touchdowns. Joe Colosimo and Matt Rigdon have each rushed for over 250 yards.

Through the air, Rigdon has completed 17-of-38 passes for 469 yards and six touchdowns.

The Beechwood starting quarterback has thrown two interceptions.

Eight different receivers have hauled in catches for the Tigers. Joe Daniels leads Beechwood in receiving with five catches for 158 yards. Alex Downton has reeled in six catches for 95 yards and two scores.

Defensively, Kody Klug has four interceptions for the Tigers.

Prestonsburg had an open date on its schedule last week. The Blackcats compiled a 5-0 record in the first half of the regular-season thanks to a balanced offensive attack.

In five games, Prestonsburg senior running back Seth Setser has rushed 104 times for 701 yards and 12 touchdowns.

Prestonsburg junior quarterback Michael Burchett has completed 33-of-53 passes for 775 yards and 10 touchdowns.

Senior wideout Austin Gearheart has been a sure-handed receiver for the Blackcats. In five games, Gearheart has grabbed 20 catches for 504 yards and seven touchdowns.

Defensively, junior Austin McKinney has a team-high 42 tackles for the Blackcats.

Kickoff for the Prestonsburg-Beechwood game is set for 4 p.m.

Rebs beat Betsy Layne in shootout

by STEVE LeMASTER
SPORTS EDITOR

BETSY LAYNE – Allen Central outlasted Betsy Layne 58-30 last Friday night in a district game that featured several highlights for both teams.

A diverse Allen Central offense ran its way past the Bobcats. Logan Crowder led Allen Central on the ground, rushing 13 times for 205 yards and three touchdowns. Hunter Crowder rushed 20 times for 89 yards and a score. Justin Jackson carried 18 times for 70 yards as the Rebels prevailed.

Mickey Parsons and Travis Adkins, combined, rushed four times for 35 yards.

Adkins also scored once.

Through the air, Allen Central senior quarterback Josh Prater completed six-of-10 passes for 47 yards.

Chris Stumbo hauled in two catches for 23 yards and one touchdown for the Rebels. Jackson netted three receptions for a team-best 29 yards.

The Allen Central defensive unit also excelled. Hunter Crowder paced AC defensively, making eight tackles.

Parsons and Stumbo each returned an interception for a touchdown in the Allen Central triumph. Parsons, Stumbo and Prater each had two interceptions.

Both Allen Central and

Betsy Layne have tonight as an open date.

"It was a win," said Allen Central Coach Jeremy Hall. "We saw a bunch of things we need to work on. We looked a little sluggish, like we were just going through the motions. That worries me going into an off week. We got some great play out of our younger boys. Mickey Parsons stepped up greatly at the corner position with two picks. We also got some strong running from Travis Atkins. The defense nearly shut down the run until late in the game. We had a lot of picks, but they threw a lot of passes. We give up some big passes for touchdowns late and we need to just get back

to the basics on defending the pass."

Betsy Layne sophomore quarterback Nathan Martin completed five-of-eight passes for 209 yards and three touchdowns.

Martin rushed eight times for a team-high 69 yards for the Bobcats. Dylan Maldonado rushed 11 times for 26 yards in the district game.

Casey Adkins led the Bobcats in receiving, hauling in three catches for 124 yards and two touchdowns.

Allen Central improved to 4-2 after posting the win. Betsy Layne, following the loss, dropped to 2-4.

Eagles picked fourth, MSU women tabbed sixth in OVC Preseason Poll

TIMES STAFF REPORT

NASHVILLE – Ohio Valley Conference Basketball Media Day was held Wednesday (Oct. 8) in Nashville. Preseason polls and Preseason All-OVC Teams were announced.

The Eagle men were picked fourth in a poll of head men's basketball coaches and sports information directors. Murray State was picked first, followed by UT Martin, Austin Peay, MSU, Tennessee State, Tennessee Tech, Eastern Kentucky, Southeast Missouri, Eastern Illinois and Jacksonville State.

The Eagle women were tabbed sixth. Eastern Illinois topped the poll of head women's basketball coaches and sports information directors and was followed by Murray State, Southeast Missouri, Tennessee State, Jacksonville State, MSU, Tennessee Tech, Eastern Kentucky, Austin Peay and UT Martin.

Eagles Leon Buchanan and Kenneth Faried were named to the 2008-09 Preseason All-OVC Men's Basketball Team. UT Martin's Lester Hudson was the Preseason Player of the Year.

MSU's Chynna Bozeman was named to the women's preseason team. Ashley Hayes of Murray State was the Preseason Player of the Year.

KHSAA Board considers state football proposal

TIMES STAFF REPORT

LEXINGTON – Representatives from the Bowling Green Convention & Visitor's Bureau and Western Kentucky University made a presentation before the KHSAA Board of Control to host the 2009 and 2010 Commonwealth Gridiron Bowl State Football Championships at the Board's meeting Monday held Monday, Sept. 29. Bowling Green/WKU was the only venue to submit a proposal to host the event.

The Board voted to table a decision until its Oct. 24 special meeting in Lexington to allow the KHSAA Commissioner and staff to visit the site as well as individuals within the corporate community on support for the event.

"Overall we were very pleased with the proposal," KHSAA Commissioner Brigid DeVries said. "The Board wanted additional time to review the proposal submitted which will allow the Commissioner and staff the opportunity to visit the facility and with folks from the corporate community who had expressed an interest in sponsorship of the event."

WKU's Houchens/L.T. Smith Stadium recently received a \$50 million dollar renovation that included increasing seating capacity to 21,649, video board and locker room renovations.

The 2008 Commonwealth Gridiron Bowl is scheduled for Dec. 12-13 and will be played at the University of Louisville's Papa John's Cardinal Stadium.

SENIOR KNIGHTS ON SENIOR NIGHT: The Piarist School recognized its senior volleyball players Tuesday, Sept. 30 before its match with Jenkins. The Knights won their 11th match of the season versus Jenkins in just the second year of volleyball play. Piarist student-athletes recognized were Taylor Moak (3), Whitney Hackworth (4), Julia Burchett (5) and Liz Kilburn (6). Shown with the players are Assistant Coach Tom Moak and Coach Darlene Moore.



HIGH SCHOOL FOOTBALL Tonight's Games of Local Interest
Morgan County at Bath County
Magoffin County at Belfry
Perry County Central at Clay County
Breathitt County at Fleming County
Lynn Camp at Harlan
East Ridge at Haysi, Va.
Pineville at Jenkins
Leslie County at Knott County Central
Whitley County at Letcher County Central
Estill County at Phelps
Sheldon Clark at Pike County Central
South Floyd at Pikeville
Lawrence County at Rowan County
Tug Valley, W.Va. at Shelby Valley
(Kickoff for all games set for 7:30 p.m.)

Bengals QB Palmer limits throwing in practice

by JOE KAY
ASSOCIATED PRESS

CINCINNATI — Bengals quarterback Carson Palmer will limit his throwing during practice this week to rest his sore elbow, hoping to be ready for the New York Jets on Sunday.

Palmer strained his right elbow in a loss to the Giants on Sept. 21, when his arm was hit while he threw a pass. He sat out a 20-12 loss to Cleveland the following week, when backup Ryan Fitzpatrick threw three interceptions and fumbled.

He didn't participate in passing drills the first two days of practice last week, giving the elbow time to heal. He threw on Friday and played in a 33-21 loss at Dallas that left the Bengals (0-5) at the bottom of the NFL. Palmer said his elbow came through that game without problem.

"Probably go with the same approach as last week and hopefully be ready to play," Palmer said Wednesday. "Throw as little as possible and let it rest as much as possible, and make a decision later in the week and see what the doctors say."

He didn't fully participate in practice Wednesday. Left tackle Levi Jones missed practice entirely with a bad back.

Palmer went 23-of-39 for 217 yards and a pair of touchdowns with one deflected interception against the Cowboys. Several of his passes were uncharacteristically off the mark. Palmer said the elbow injury didn't affect his throwing, but made him more cautious about what he tried to do.

"There were a couple times where I didn't have the confidence I normally have, just because my arm's not the same as previous to the injury," he said. "As far as throwing balls, I felt like I missed a couple of throws I shouldn't have missed. But the only thing I noticed was just a little less confidence in throwing some. I saw holes (in the coverage) in certain spots that I kind of held back on and moved on to the next guy."

After Palmer acknowledged holding back on some throws Wednesday.

Mitchell sidelined with injury; already eyeing healthy return

TIMES STAFF REPORT

HI HAT — South Floyd senior running back Tyler Mitchell recently tore his meniscus. The injury has Mitchell, one of the leading players for the Raiders, sidelined. Mitchell, a two-sport athlete who also excels on the baseball diamond, helped to lead South Floyd prior to the injury. He rushed for 334 yards and five touchdowns before being injured in last Thursday's district game versus Phelps.

Mitchell was also one of the leading pass-catchers for South Floyd with 175 yards and three touchdowns.

Earlier in the summer, Mitchell attended the Focus High School Football Combine at Prestonsburg High School. He is drawing interest from college football and college baseball programs.

South Floyd will be on the road at Pikeville tonight. Kickoff for the South Floyd-Pikeville game is set for 7:30 p.m.



SOUTH FLOYD SENIOR TYLER MITCHELL
ATHLETES OF THE WEEK
Logan Crowder, Allen Central Football
Whitney Hackworth, Piarist Volleyball

Food

Anyway, I like hot dogs pretty well, but they're difficult to eat, at least for me, without coming away with a new design in my shirt. I prefer not to wear a dog, so usually I'll steer clear of them at games.

I do make an exception at our tailgate party at Bears games. They have polish sausages, which in my estimation isn't anywhere near like a dog, and I usually have a couple of them — no buns — and maybe some ketchup.

That's one thing that stuck with me from my trip on the Adkins diet a few years ago. In most cases, I can live with or without bread. My world-

famous homemade chili, for example, is eaten without crackers. I never did it that way before, but I've found crackers add nothing to it.

My chili is very thick and hearty, so I don't need crackers to bite into.

The same goes with the sausages at Bears' games. I just don't need the buns.

Right about now my friend Charolette is laughing at me, wondering who that guy was devouring all those rolls at Reno's during lunch this week. That was me. And they were terrific.

Anyway, I'm really excited about Saturday's Bears' game. It's our annual home-

coming game, and that means barbecue sandwiches at the tailgate party, baby! That's a good time right there.

And, if Miranda Lambert happens to be reading this, come on by — barbecue is on the big man Saturday!

Sorry about all that. They make extra good barbecue for the homecoming game. I get a little carried away just thinking about it.

Anyway, I'm sure you have your favorite ballpark food. I spend most of my time in the press box, where pizza is usually the food of choice. That's fine with me. I like pizza as much as the next fat guy. It's usually not my

Continued from p1
favorite pizza, but it's practical.

Oh, one more thing: A special tip of the cap to those concessionaires who fix burgers on a grill at the park. That's how it's done right there. I love it when the smell of a good grill fills the air.

So what do you get when you head to the concession stand?

I can't wait to get some feedback here. Speaking of feedback, it's time for me to get back to some feed ... I mean, food.

See you in line at the stand.

BIG EAST Notebook: "Big Brown" delivering for Mountaineers

by WILL GRAVES
ASSOCIATED PRESS

West Virginia coach Bill Stewart is finding out what "Big Brown" can do for the Mountaineers.

After watching his team struggle in short-yardage situations early in the year, Stewart has turned backup quarterback Jarrett Brown into the team's de facto power back.

Stewart invented the "Big Brown" package to highlight Brown's athleticism and help the Mountaineers get the kind of tough yards that have been hard to come by during their so-so start.

The formation is simple. Brown replaces quarterback Pat White in short-yardage situations and lines up in an empty backfield. At the snap, he bulls his 6-foot-4 body forward in hopes of converting a first down. More often than not, it's worked. Brown finished with 44 yards rushing, many of them between the tackles, during a 24-17 win over Rutgers.

"He's a long-legged guy that can pick'em up and put'em down more than most players," Stewart said. "Once he gets going, he's going. He may not be a 4.3-something like Pat, but top-end speed he's right there."

Brown's play also helps keep White healthy, though he did get banged up during a run late in the third quarter against the Scarlet Knights.

White, second on the NCAA's career quarterback rushing list, is expected to play on Saturday against Syracuse. Stewart would prefer if White lets Brown take all the big hits.

"We have a highlight tape every Sunday and the last two

weeks (Brown) has been running over guys, flat over them," Stewart said.

BAD BYE: Success hasn't sat well with No. 24 Pittsburgh in recent years, a main reason why the Panthers would rather have not had 16 days off to enjoy their upset win at South Florida last week.

The layoff is Pitt's longest since a 19-day break caused by the Sept. 11 terrorist attacks in 2001.

Pitt has rebounded from its 27-17 opening-game loss to Bowling Green to win four in a row, a possible sign the Panthers (4-1, 2-0 in Big East) are beginning to turn the corner following three consecutive non-winning seasons.

If nothing else, the extra break gives the Panthers extra time to work on defending against Navy's triple-option offense, which they never slowed during a 48-45, double-overtime loss to the Midshipmen last season.

That performance confounded coach Dave Wannstedt, especially when the Panthers went on to allow only two of their final six opponents to score more than 17 points.

KICK AND BARE IT: The forecast in Memphis for Friday night's game between Louisville and the Tigers is for temperatures in the 70s, which is good news for Louisville kicker Ryan Payne.

Payne, a redshirt freshman, will likely see his first action when the Cardinals play their former Conference USA rivals. Not only will Payne be busy — the teams used to get in annual shootouts before Louisville left for the Big East in 2005 — but he'll be kicking barefoot.

Payne will split time with

Chris Philpott against the Tigers after Tim Dougherty was suspended two games for conduct detrimental to the team. Philpott has struggled, making just 1-of-3 field goals this season while Payne has yet to attempt a field goal.

Payne's problem hasn't been length but accuracy, though coach Steve Kragthorpe said he's been pleased with Payne's progress in the past week.

THAT'S CHAZZ WITH TWO Zs: Timothy Anderson goes by his middle name — Chazz — as a way to set himself apart. His father also is named Timothy.

"My dad has the same first name and Chazz is just unique, so I like to go with it," the redshirt freshman said. "It's actually 'Chazz' on my birth certificate — my middle name."

Anderson came to Cincinnati from Pickerington Central High School in central Ohio, about a two-hour drive away. He took a redshirt season in 2007, when Ben Mauk led the Bearcats to 10 wins and a No. 17 final ranking, the highest in school history.

He was low on the depth chart when this season began. Injuries to quarterbacks Dustin Grutza (broken leg) and Tony Pike (broken forearm) forced coach Brian Kelly to turn to his two redshirt freshmen, Anderson and Zach Collaros. Anderson made his first career start last week and went 16-of-26 for 158 yards and a touchdown in a 33-10 win at Marshall. Anderson will start against Rutgers on Saturday in Cincinnati's Big East opener.

During his redshirt season, Anderson spent time with Mauk, who gave motivational speeches at churches in his

spare time. Anderson also is deeply religious, and has changed his major from architectural engineering to communications so he can do something similar.

"Ben did just a phenomenal job in leading by his actions, showing me how to run the offense and how to be socially and spiritually," Anderson said. "We did a couple of speeches together in the offseason."

HONORS: Pittsburgh running back LeSean McCoy is proving to be the 'workhorse' coach Dave Wannstedt envisioned when he brought the highly touted running back to campus. The sophomore was the Big East Offensive Player of the Week for his 142-yard performance in last week's 26-21 win over South Florida. Two of McCoy's 28 carries went for touchdowns and he added three receptions for 23 yards.

Pittsburgh linebacker Scott McKillop earned Defensive Player of the Week for the third time this season for his play against South Florida. McKillop has 12 tackles, two sacks and three tackles for loss in the victory.

Cincinnati defensive end Connor Barwin was selected as the Special Teams Player of the Week after helping the Bearcats to a 33-10 win over Marshall. Barwin blocked two punts, including one that went out of the end zone for a safety. He added three tackles, a sack and a pass breakup while on defense.

AP Sports Writer Joe Kay in Cincinnati, John Kekis in Syracuse, NY, and Alan Robinson in Pittsburgh contributed to this report.

Turner

Continued from p1

for both Rick Pitino and Tubby Smith. His storied career included three straight appearances in the NCAA championship game. Turner was a key member of 30-plus win Kentucky teams in 1996, 1997 and 1998.

Turner developed into a leader early on in his Kentucky career. He's been a leader at every stop since leaving the Lexington, Ky., school as well.

"I want to do what I do best," Turner commented following his signing. "I want to be a leader and bring the energy as a Miner."

Following college, Turner played in the NBA for the Boston Celtics in 2000. It was a homecoming for Turner, who starred at Boston's Beaver Country Day in high school.

"I coached Wayne's teammate, Anthony Epps, for two seasons and we won a championship together and came close to capturing a second title," Keathley added. "I'm hoping we can have the same type of success together here with

the Miners. Wayne's signing will help a lot in bringing more experience to next year's team. He's played well overseas and getting him here is big for us as a franchise. Wayne is the type of player that will fit well into our offensive

I'm excited about getting the opportunity to work with Wayne in bringing a championship to the basketball fans of Eastern Kentucky."

Turner played for the Indiana Pacers as part of a summer league later in 2000.

The Kentucky basketball legend played for the Harlem Globetrotters in 2001. That same year, Turner played for a team representing the New York Knicks in a pro summer league held in Boston.

Turner has played overseas in Turkey, Italy, Australia, Belgium and New Zealand. He averaged 12.4 points, 3.4 rebounds, 3.1 assists and 1.3 steals per game while shooting 55.8-percent from the field for the New Zealand Breakers of the NBL during the 2007-08 season.

Turner is no stranger to the CBA. He played in the CBA for the Dakota Wizards during the 2004-05 season, averaging 10.2 points, 4.6 assists and 2.3 rebounds per game.

Turner is poised to become the first former University of Kentucky Wildcat to play for the East Kentucky Miners.

WAYNE TURNER WINS

WAYNE TURNER
Awards/Achievements
McDonald's All-America — 95

NCAA-Champion — 96, 98

West Regional All-Tournament Team — 97

SEC Tournament MVP — 98

NCAA South Regional MVP — 98

SEC Championship — 98

Third Team All-SEC — 99

SEC All-Tournament Team — 99

Australian NBL Semifinals — 03


All-Australian NBL 3rd Team — 03

CBA Regular Season Champion — 05


CBA Western Conference Finalist — 05

scheme." Keathley is eager to give Turner a formal welcome to the loyal, ever growing East Kentucky Miners fanbase.

"I look forward to getting Wayne down to Pikeville and introducing him to the East Kentucky fans," Keathley commented. "More important-



SPORTS FAN OF THE WEEK



If you are the sports fan circled here...
it's your lucky day!

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at DAIRY QUEEN OF PRESTONSBURG. When claiming your ice cream cake, present this newspaper.

NASCAR In The Pits: Yellow line is always out of bounds

by JENNA FRYER
ASSOCIATED PRESS

TALLADEGA, Ala. — The speech hasn't changed in the seven years since NASCAR first delivered it during a 2001 driver's meeting at Daytona.

"This is your warning," race director David Hoots begins. "Do not go below the yellow line. If in NASCAR's judgment you go below the yellow line to improve your position, you will be black-flagged."

So why the surprise that Regan Smith was penalized Sunday for dipping below the out-of-bounds line to pass Tony Stewart on the last lap at Talladega Superspeedway?

The debate over the frantic finish raged on Monday, with claims that the rookie driver was robbed of his first career victory because NASCAR used its judgment to give a two-time series champion a coveted Talladega victory. NASCAR defended its ruling late in the day, then cleared up any confusion about what's allowed on the final lap of a restrictor-plate race.

NASCAR put the yellow-line policy in place in its first return to Daytona following Dale Earnhardt's fatal 2001 accident. By outlawing a portion of the asphalt at Daytona and Talladega, NASCAR shrunk the racing surface and took control of daredevil driving at the two most dangerous tracks on the circuit.

Stewart broke the rule that very first race, dropping two tires below the line to avoid running into Johnny Benson after Benson tried to block Stewart's attempted pass. Stewart was immediately black-flagged — a directive he ignored — and had a heated exchange with NASCAR following the race.

Hoots has yet to change the language of his pre-race warning in the 29 Cup restrictor-plate races since. Seriously. The script is so tight, drivers, crew chiefs and any other regular attendee knows the directive by heart.

So when Smith passed Stewart below the line, then moved above it to cross the finish line first, Stewart knew the move would be disallowed.

"I've been a part of every one of the driver meetings since they implemented the yellow line rule, and it always starts with 'This is your warning. Do not improve your position below the yellow line,'" Stewart said Monday. "If you are passing another car and you are below the yellow line, back off, fall back behind the car you are trying to pass and you won't be penalized."

"The driver's meetings have been very clear about that from Day 1. They've never wavered in the terminology they've used or the language they've used. It's always been the same."

But Smith disagreed, and found a good deal of support across the garage.

It can be argued that Stewart forced him below the line to block Smith from passing, a maneuver that can also be penalized if NASCAR believes the intent was obvious.

Although Stewart admits he was blocking, the two cars were running bumper-to-bumper — not side-by-side — when Smith made the deci-

sion to slide below the line. And, Stewart gave him room to return to the racing surface. Had Smith come back behind Stewart, no harm done. But Smith had already completed the pass by the time he moved back onto the surface.

NASCAR president Mike Helton said Monday that scoring officials did not believe Stewart forced Smith under the line. But it was mostly irrelevant because it wasn't even the defense anyone was taking for Smith's maneuver.

Instead, drivers cited a 2007 Truck Series race in Daytona when Benson went below the yellow line to pass Travis Kvapil for second place in a three-wide finish. NASCAR said at the time that Benson's move was legal because the rule had wiggle room: If a driver can see the checkered flag waving, essentially anything goes over the final push to the finish line.

"Evidently Regan Smith knew what the deal was and went for it," said two-time series champion Jimmie Johnson. "He saw the truck later, did some research and made a move he felt was

going to win the race.

"What I was told is ... when you could see the flagman, anything goes."

Several drivers concurred with that interpretation, but Stewart was adamant no such leeway exists.

"They've never said that," Stewart said with a chuckle. "If that were the case, you'd have guys lying in Turn 1 on the last lap saying they could see the start/finish line and see the flagman. But that's never been said from NASCAR's standpoint."

"They've always been very clear that you can not improve your position by passing under the yellow line, and if you interpret that any differently than that you are more creative than I am, because I don't know how it can be spelled out more clearly."

Stewart also argued that if anyone had a question about the interpretation, it should have been asked when Hoots opened the floor at the end of Sunday's meeting. No one raised their hand, and Smith later said he wanted to ask, but felt uncomfortable as a

rookie requesting clarification.

Shame on Smith for being shy, but also shame on NASCAR for having yet another rule that is open to interpretation by competitors and enforced by judgment from series officials.

The rule should be rather simple — don't drive under the yellow line, period. And if for some reason drivers end up below it, they should wait for a gap in traffic before easing back into the field and nothing else should be permitted.

Late Monday, Helton said no passing will ever be permitted under the yellow line at Daytona and Talladega, including "any passing below the yellow line near the start/finish line on the final lap."

NASCAR can clear it up a day later, and argue that Smith was in the wrong on Sunday. But it's leaders are just as much to blame for allowing so many gray areas in the rules that nothing seems black and white anymore.

Talladega win has Stewart thinking 2 in a row

by JENNA FRYER
ASSOCIATED PRESS

CHARLOTTE, N.C. — Tony Stewart had victory in sight with a five-second lead and three laps to go in his last race at Lowe's Motor Speedway.

When his worn-out right front tire couldn't last the final four miles, Stewart lost yet another race in a season defined by heartbreaking setbacks.

"That's definitely the one that sticks out the most in my mind," he said of the Coca-Cola 600 loss in May.

The two-time Cup champion returns to Lowe's this weekend looking for redemption and fresh off his first win of the season — a dramatic victory Sunday at Talladega Superspeedway. His track record shows that Stewart could very well make it two in a row.

One of the streakiest drivers in NASCAR, Stewart has a knack for grabbing momentum and turning it into multiple wins.

He won five of seven races during a stretch of his 2005 championship season, back-to-back events in late 2006, and three of four midway through last year. Buoyed by

the results from last month's test at Lowe's and a strong record at the Concord track, Stewart is looking forward to Saturday night more than any of the remaining six races.

"We've had a lot of success at all these tracks coming up, but I think the way that we have ran the last three races at Charlotte, we're pretty excited about it," he said. "I feel like we've got a shot at this weekend's race. If we can do what we've been doing, we've got just as good a shot as anybody else."

And that could be just what it takes to get Stewart back into the championship hunt.

His win at Talladega surged him four spots in the standings to seventh, but he's still a distant 203 points behind leader Jimmie Johnson. It's a deep hole to climb out of, but past personal history is preventing Stewart from conceding just yet.

Stewart was third in the standings as the 1995 USAC Silver Crown Championship wound down, and he was only included in the title conversation because he was mathematically still in contention. When favorites Jack Hewitt and Dave Darland had problems in the final race, Stewart

won the championship by two points.

"When you use that experience, knowing that as long as you're mathematically in the hunt, you still have a shot," he said. "I've always said, if you win races, the points will take care of itself. We could still by theory win the next six races in a row and still not win the point championship."

"For us it's about going out and doing what we can do, and the other 11 drivers are going to dictate their fates, too."

But making himself a factor in this race will require Stewart and his Joe Gibbs Racing team to not let his impending departure from the No. 20 car distract them over the final six weeks of the season.

Stewart is leaving JGR at the end of this year, his 10th with the team, to become an owner-driver for Stewart-Haas Racing. Crew chief Greg Zipadelli has admitted the impending move — and the buildup as Stewart made his decision to leave — have at times been a distraction.

Many have wondered whether Stewart, who has been busy hiring personnel and searching for sponsors, has been focused on winning

races. Zipadelli has defended his crew, which has weathered many storms in its decade working with Stewart.

"My guys, they've done a good job all year of trying to stay focused doing their job, trying to prepare good race cars," he said. "Hopefully (Talladega) will give us a little momentum for the last few races, and we can get ourselves back in the top five where I think we belong."

So the driver doesn't think the title is out of reach yet, but the crew chief is shooting for a top-five finish? Has Zippy given up on the title?

"I'm not. I'm just realistic," he said. "When we were 11th last week, we headed in the right direction. We're seventh now, so let's try to get ourselves in the top five. Let's try to get ourselves with a couple races to go where we can mathematically have a chance for the championship, and we adjust our goals as we go."

"Honestly, we need to work on getting ourselves in the top five, then go race those guys. I would hope a win gets everybody going. After the year we've had, I hope it gives everybody a shot in the arm."

Truex looking for wins, stability at DEI

by DAN GELSTON
ASSOCIATED PRESS

TALLADEGA, Ala. — Martin Truex Jr. is aware of the criticism that Dale Earnhardt Inc. might be in trouble. One car is leaving at the end of the season, sponsorship is scarce, and the wins have all dried up.

Daunting challenges are surely ahead for DEI, but as the face of the organization, Truex isn't ready to say their time as a contending team in Sprint Cup is over. Truex bristled at the idea that DEI can't return next year as a stable, competitive organization — and the 2007 Chase driver expects to be the one to lead the renaissance.

"For everybody to look at our season and say we haven't performed or DEI is in big trouble, they're not looking in the right places," Truex said. "It's not fair. We're going to be just fine."

Maybe, but this season hasn't really offered much proof that everything is fine with DEI or Truex.

Truex failed to build any momentum off last season when he raced his way into the Chase, won his first career Sprint Cup race and appeared on the brink of becoming a regular threat to win and contend for a title. Truex has only three top-five finishes and eight top-10s this season, down from his seven top-fives and 14 top-10s a year ago, including a third, seventh and sixth in the final three Chase races of the year.

He finished 11th in the final standings.

More solid than spectacular for a chunk of the season, Truex was the only of DEI's four drivers to contend for a spot in the coveted 12-driver Chase field. But a blown engine in Texas and another late-race accident at Talladega in a pair of April races spoiled what had been solid runs. The more crippling blow came in July when his team was penalized 150 points for bringing an illegal car to Daytona. The penalty knocked Truex from 14th in the standings to 18th, all but ending his shot at a repeat run for the title.

"We should be in the Chase. Our team is capable of being in the Chase," Truex said. "Without an engine blowup and a 150-point penalty, we're in."

Maybe, but a handful of drivers who fell just outside the top 12 could point to an accident here or blown engine there that also cost them a shot at driving for a meaningful prize over the final 10 Cup races.

Truex is 17th in the standings and was knocked out of Sunday's race at Talladega Superspeedway after only 68 laps when he was caught up in a wreck.

With a trip to Victory Lane all that's really left to accomplish this year, Truex might have to turn his attention to helping DEI net some sponsorship deals to keep it a four-car team. Truex has a full-time sponsor in Bass Pro

Shops for next year, but the U.S. Army is leaving the car Aric Almirola will drive, and Regan Smith's entry has not had full funding all of this year.

Paul Menard announced last week he will leave DEI at the end of the season to join Yates Racing.

Truex, who assumed the role of top guy at DEI when Dale Earnhardt Jr. left for Hendrick Motorsports, wished Menard had given the organization more notice he was leaving the team. He has faith Almirola can be competitive over a full season in the ride he shared this year with Mark Martin, and Regan Smith is leading the rookie standings.

"I'm not really sure what the deal is or why we've been having trouble finding sponsorships," Truex said.

Smith nearly pulled off his first-career victory at Talladega, but his last-lap pass below the yellow out-of-bounds line was ruled illegal and dropped him to 18th. DEI got a needed boost last weekend when it qualified all its drivers in the top 10 and saw Menard finish second and Almirola 13th.

"That's the main thing I want people to remember, the day that DEI had as an organization," Smith said. "We had four great cars, any of which could have won the race. We've been kicked around some in the media this year and a good bit in the last week, so we needed to have day like we had."



BETSY LAYNE QUARTERBACK NATHAN MARTIN looked to pass during a game earlier in the season.

Goodyear thinks softer tires the answer at Indy

by MICHAEL MAROT
ASSOCIATED PRESS

INDIANAPOLIS — Goodyear may have an answer for one of Indianapolis Motor Speedway's toughest challenges: Softer tires.

As drivers took a break during Tuesday's latest testing session at the speedway, NASCAR and Goodyear officials explained they had seen dramatic improvement in tire wear, prompting optimism they could avoid a repeat of the Allstate 400 debacle in July.

"We're not all the way there, but we're pretty close to it," said Robin Pemberton, NASCAR vice president of competition. "We were in about an eight- or nine-lap window before (during testing), and that got up to 10, and now we're in the mid-20 range. So it's improved 300 percent already. We walked the track last night, and the track was taking on rubber, so that's a good sign."

Things improved more after Pemberton's midday news conference.

Speedway officials said one driver made a 33-lap run on the tires and another put in a full fuel run, generally 35 to 40 laps on Indy's 2.5-mile (4-kilometer) oval, before it started raining in the afternoon.

It was the second testing session at Indy since NASCAR officials were forced in July to turn one of the series' signature races into a series of 10- to 12-lap sprints because of tire wear. NASCAR officials even apologized to fans for the fiasco.

The latest testing session comes in the midst of more tire questions for Goodyear.

Last Sunday's race at Talladega was marred by four tire failures and a fifth occurred during practice. One of the failures sent Denny Hamlin, who drives for Joe Gibbs Racing, hard into the wall. He was hospitalized overnight before being

released on Monday. Hamlin is one of 12 drivers in the Chase for the Cup.

Stu Grant, general manager of worldwide racing for Goodyear, said early assessments indicated all of the tires at Talladega were punctured, though they are still undergoing analysis, and Pemberton believes the problem had more to do with debris than tires.

"At Talladega, we went clean, then we had a few tires that lost air for a while and then we were clean again," he said. "So my guess is there may have been debris on the track and it wasn't all cleared off. But that's just speculation."

The problems at Talladega caused yet another image problem for Goodyear, the sole supplier of tires for

NASCAR's three series, after the disastrous race in July when NASCAR officials continually called competition cautions.

Drivers were disgusted with the tire problems as dust particles constantly flew around the track surface and into the stands. Some complained afterward that Goodyear needed to look seriously at improving the tires because they had been having trouble with them for several years at the speedway.

Grant seemed to acknowledge as much Tuesday when he said testing in 2005 and 2006 also showed tires were wearing out after about 10 laps.

The company plans to hold another tire test at Indy in April, in hopes of smoothing out any additional complications, before returning for what is expected to be a more normal Allstate 400 next summer.

"In simple terms, it's a softer tire. I use the term stickier," Grant said. "I can say, at this point, we're really, really encouraged by what we've seen at this test so far."

NASCAR SPRINT CUP DRIVER STANDINGS

1. Jimmie Johnson, 5,718
2. Carl Edwards, 5,646
3. Greg Biffle, 5,641
4. Jeff Burton, 5,619
5. Clint Bowyer, 5,566
6. Kevin Harvick, 5,547
7. Tony Stewart, 5,515
8. Jeff Gordon, 5,486
9. Matt Kenseth, 5,473
10. Dale Earnhardt Jr., 5,469
11. Kyle Busch, 5,387
12. Denny Hamlin, 5,383
13. David Ragan, 3,539
14. Kasey Kahne, 3,422
15. Ryan Newman, 3,181
16. Brian Vickers, 3,168
17. Martin Truex Jr., 3,151
18. Kurt Busch, 3,011
19. Bobby Labonte, 2,983
20. Jamie McMurray, 2,949



Faith and Family



KIM'S KORNER

The new preacher

My dear friend Jim Holbrook shared this week's content with me via email. He wrote, "Kim, Judas betrayed Jesus for 30 pieces of silver and here the preacher almost sold Jesus for 25 cents. Good food for thought. Thought you may want to share it," Jim.

"Several years ago, a preacher accepted a call to a church in Houston, Texas. Some weeks after he arrived, he had an occasion to ride the bus from his home to the downtown area.



Kim Little Frasure

"When he sat down, he discovered that the driver had accidentally given him a quarter too much change. As he considered what to do, he thought to himself, 'You'd better give the quarter back. It would be wrong to keep it.' Then he thought, 'Oh, forget it, it's only a quarter. Who would worry about this little amount? Anyway, the bus company gets too much fare; they will never miss it. Accept it as a 'gift from God' and keep quiet."

"When his stop came, he paused momentarily at the door, and then he handed the quarter to the driver and said, 'Here, you gave me too much change.'

"The driver, with a smile, replied, 'Aren't you the new preacher in town?'

"Yes," he replied. "Well, I have been thinking a lot lately about going somewhere to worship. I just wanted to see what you would do if I gave you too much change. I'll see you at church on Sunday."

"When the preacher stepped off of the bus, he literally grabbed the nearest light pole, held on, and said, 'Oh God, I almost sold your Son for a quarter.'

"Our lives are the only Bible some people will ever read. This is a really scary example of how much people watch us as Christians, and will put us to the test! Always be on guard — and remember — you carry the name of Christ on your shoulders when you call yourself 'Christian.'

"Watch your thoughts; they become words.

"Watch your words; they become actions.

"Watch your actions; they become habits.

"Watch your habits; they become character.

"Watch your character; it becomes your destiny."

"Til next week, thanks, Jim. God bless.

Movie tells tale of a young Billy Graham

by **MARTHA WAGGONER**
ASSOCIATED PRESS

RALEIGH, N.C. — Robby Benson knows how it sounds. But his reason for making a movie about the life of a young Billy Graham, the director says, is simple: "I wanted to make a movie about goodness."

"Billy: The Early Years" focuses on Graham's life as a teenager growing up on a dairy farm in Charlotte through his years as a young man, when he became a super-evangelist, drawing hundreds of thousands of people to his preaching tour "crusades."

The film premieres in theaters Friday in more than a dozen Southern states, including Kentucky, where it will be shown in Princeton and Somerset.

"It's just a love story to Billy," said Benson, who despite a long career as a television and film director is still best known for his days as teen heartthrob in movies such as "Ode to Billy Joe" and "Ice Castles."

"And it's also a love story to trying to do the right thing, just trying your best to be decent and not hurt others and add to the planet."

At the age of 52, Benson has had three open heart surgeries, and he's not easily separated from his wife and children and their home in New York, where he teaches at New York University.

"I was attracted to this project for, I think, all the right reasons for me, and spiritually, the things I believe in," Benson said. "To me, young Billy is just such a good, decent human being. I wanted to make a movie — this sounds trite — but I wanted to make a movie about goodness."

He believes this film will not only appeal now to "anyone, any faith, any skin color" but also has a decades-long shelf life.

Just as "Amadeus" used Salieri to tell the composer's tale, Graham's story is told through the eyes of Charles Templeton, a former evangelist turned nonbeliever who was Graham's lifelong friend. On his deathbed, Templeton tells how Graham held on to his faith in the face of the horrors such as the Holocaust, while Templeton walked away from God.

The 1949 Los Angeles crusade depicted in the film was

scheduled to run for three weeks. It lasted eight, helping turn Graham into the leader of a worldwide crusade-based ministry that for six decades packed stadiums with believers, put him on the pulpit in front of millions, and led him to counsel every U.S. president since Harry Truman.

The movie ends with that crusade, with Hammer's Graham at a lectern, superimposed over black-and-white footage of crowds — footage built specifically for the film by using an amalgam of crowds from various meetings.

"Most people know him as a counselor to presidents and addressing the nation, a man with beautiful, silver hair," said Graham's daughter, Gigi, who endorses the movie and has spoken at churches where the movie is screened. "They don't realize he was a tall, gangly fellow who just accepted a call to preach."

The ailing Graham today rarely leaves his home in rural Montreat, a small town in the Blue Ridge mountains of western North Carolina. His wife, Ruth Bell Graham, died last year following a long illness, and the 89-year-old has a variety of health problems.

But producer Larry Mortorff, who met with Graham after the movie was finished, described the evangelist as "as very alert. His mind is as clear as anything. He's just weak. But he just pierces you with those blue eyes."

The task of playing the Graham during a relatively unknown time in his life fell to Armie Hammer, the 22-year-old great-grandson of industrialist and philanthropist Armand Hammer in his first major acting role.

He practiced by watching interviews with Graham on YouTube, learning that Graham "has so much spunk and personality that I had no idea about."

He studied Graham's body language in sermons, saving his exact movements for the final scene at the crusade. At the beginning, Hammer said he made Graham's motions "wild and flailing because he hasn't formed himself."

Trying to portray Graham during a relatively unknown time in his life "came with both a blessing and curse," said Hammer, whose next role is as the son of Lucifer in "The Reaper" on the CW network. "Everybody knows Billy

Graham. If I don't get up there and don't act just like Billy Graham, people are going to know it."

On the other hand, "everybody tends to know Billy Graham the Christian, the figurehead of Christendom," Hammer said. "Most don't know Billy Graham the human. So I did have a little bit of leeway there. That was kind of my security blanket."

Friday's opening follows special screenings held at about 50 churches across the South. Such screenings and endorsements from the pulpit have helped other films, including "Passion of the Christ," succeed financially even though they weren't typical Hollywood fare.

The independent movie

was made without the blessing of Billy Graham Evangelistic Association, the Charlotte-based ministry now run by Graham's eldest son, Franklin.

But at some of those early screenings, a few pastors incorrectly said the movie was backed by the association.

Gigi Graham believes that mistake led to the tension between the filmmakers and her brother, who has said the movie "lacks my father's greatest passion: to preach the Gospel of the Lord Jesus Christ to the world and point men, women and children to the saving power."

Benson said he's perplexed about Franklin Graham's concerns, attributing them to "family politics."

"I think all of us are very

confused as to why he would have problems with the movie and why anyone who sees the movie would come away saying anything other than, 'What a great man.'" Benson said.

Association spokesman Mark DeMoss said Franklin Graham has seen the movie, and only wants the public to understand it was made independent of the association.

Gigi Graham said her father at first didn't want to see the film, but following the visit with Mortorff at his home, the evangelist asked when he would be able to watch it.

"It was an honor for me to meet with one of my heroes," Mortorff said. "Billy, in all of our research, led an exemplary life. He's an amazing man."

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Ben Detwiler hoped to make the world a better place. That hope died when he was killed by a drunk driver.

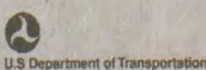
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Legals
NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-0330 Major Revision No. 4

In accordance with KRS 350.070, notice is hereby given that Wolverine Resources, Inc., 587 North Lake Drive, Prestonsburg, Kentucky 41653, (606) 889-8440, has applied for a major revision to an existing surface coal mining and reclamation operation, located 1.0 mile southwest of Brainard, Kentucky, and in Floyd and Magoffin Counties. The major revision will not add any surface disturbance acreage to the permit area; however it will delete 8.4 acres, bringing the total permit area to 586.47 acres. The proposed major revision area is approximately 0.62 mile southeast from KY 114's junction with Holbrook Branch, and located 0.20 mile southwest of Middle Creek, and 0.75 mile northeast from Puncheon Camp Branch's junction with Line

Camp Branch. The nearest intersection is KY 114 and Prater Branch Rd. The latitude is 37°39'26". The longitude is 82°54'44". The operation is located on the Ivyton U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be affected by the major revision is owned by Richard and Bernice Risner, Kathleen Miller, Fork Farm Inc., C/O Della W. Burke, and Jamie and Lisa Powell. The major revision proposes to change previously approved method of operation of area mining and auger mining, to area, contour and auger mining. The revision also proposes to change the previously approved post mining land use of Forestland, to Pastureland for a 267.8 acre area. The application has been filed for public inspection at the Division of Mine Permits, Department for Surface Mining, Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653, phone (606) 889-1746. Written comments or objections

must be filed with the Director, Division of Permits, No. 2 Hudson Hollow, U.S. 127 South, Frankfort, KY 40601.

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-0342 NW

In accordance with KRS 350.055, notice is hereby given that Frasure Creek Mining, LLC, 4978 Teays Valley Road, Scott Depot, WV 25560, (304) 204-1455 has applied for a permit for a surface coal mining and reclamation operation located 1.7 miles northeast of Hippo, Kentucky in Floyd County. The proposed operation will disturb 373.34 surface acres and will underlie 4.92 acres, and the total area within the permit boundary will be 378.31 acres. The proposed operation is approximately 0.8 miles south from KY 1210 junction with Alum Lick Road and located 0.2 miles southwest of Caney Creek. The proposed operation is located on the Martin USGS 7 1/2 minute quadrangle map. The operation will use the mountaintop removal and auger methods of surface mining. The surface area to be disturbed is owned by George Thornsby, et. al, Evie Thornsby, et. al, Shade and Patricia K. Pitts, Lou Ellen Pitts, et. al., Big Branch Holding Company, LLC, Chris Damron, Danny Ousley,

Rosie Reffitt, Craig Ousley, et. al, Betty Litsey, Charles Litsey, Gordon Ousley, Donald and Brenda Ousley, Adrian Bradley, James and Rose Marie Bradley, Ronald and Jackie Bradley, Sally R. Kessie, Charles E. Bradley, Amy Bradley, Abby Bradley, Adam Bradley, Johanna L. Silveus, Kenneth Silveus, Earl and Peggy Stephens and Sianna Risner, Mont Ousley Heirs, Edward L. and Sadie Shepherd, J.T. and Anna Lea Thornsby, Phyllis Reffett, Glen Hurd-Estate, Curt and Anna Howard and Harrison D. Reffett. The application will underlie land owned by Shade and Patricia K. Pitts, Lou Ellen Pitts, et. al., Big Branch Holding Company, LLC and Mont Ousley Heirs. The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, KY 41653. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Permits, #2 Hudson Hollow Complex, U.S. 127 South, Frankfort, Kentucky 40601. This is the final advertisement of the application. All comments, objections, or requests for a permit conference must be received within 30 days of today's date.

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The Floyd County Cooperative Extension Service is currently soliciting bids for the projects listed below. Project specifics can be discussed in further detail by calling (606) 886-2668.

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The Floyd County Extension Service serves all people regardless of race, color, age, sex, religion, disability or national origin.

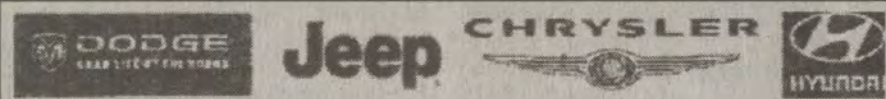
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The Carl D. Perkins Job Corps Center, Prestonsburg, KY, is now accepting bids for the position of Center Physician. The position will require 10 hours on Center each week. The deadline for bids will be Friday, October 10, 2008. Late bids will not be accepted. For more information, please contact Paula Davis at (606) 886-1037, ext. 104, or Tracy Reichenbach at (606) 886-1037 ext. 131, between 8 a.m. and 4:30 p.m., Monday-Friday. The Carl D. Perkins Job Corps Center reserves the right to reject any or all bids received.

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