

The Times

FLOYD COUNTY

Planning to build a home?
Give us a call!



Member FDIC
Subject to credit approval. Property insurance required.

Member AP, KPA, NNA

Serving the Citizens of Floyd County since 1927

Volume 82, Issue 95 • 75 Cents



BACK TO SCHOOL

— C section

briefs

Former highway commish has ethics charge dropped

The Associated Press

FRANKFORT — An ethics charge brought last year against former state Highway Commissioner Marc Williams has been dropped.

The Executive Branch Ethics Commission dismissed the charge at its July meeting, adopting a recommendation by hearing officer Ann Sheadel. She noted the only witness who implicated Williams was former State Highway Engineer Sam Beverage.

There had already been an admission of ethics violations by Beverage and another former highways engineer concerning the handling of a Harrison County bridge contract.

Williams was highway commissioner during the administration of Gov. Ernie Fletcher.

2 DAY FORECAST

Today

Sunny

High: 91 • Low: 65

Tomorrow

Mostly sunny

High: 90 • Low: 67

For up-to-the-minute forecasts, see floydcountytimes.com

inside

- Obituaries.....A2
- For the Record.....A3
- Opinion.....A4
- Faith & Family.....A9
- Sports.....B1
- Lifestyles.....B5
- Classifieds.....B8



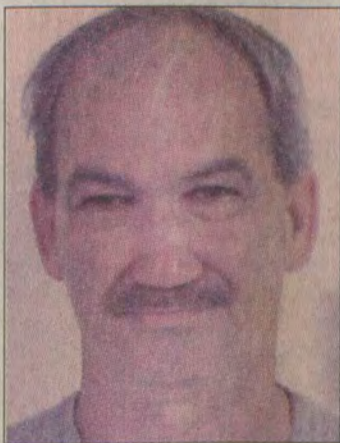
The Floyd County Times is printed on 100 percent USA recycled paper



Russel Johnson



Tammy Johnson



Arlie Miller Jr.



Mark Randall Smith



A.W. Stanley Jr.

Five arrested in Wheelwright roundup

by JACK LATTA
STAFF WRITER

WHEELWRIGHT — Warrants were executed on several sealed indictments and at least five people were arrested for drug trafficking Wednesday during a series of raids by law enforcement agencies in

Wheelwright. Officials say the months-long investigation has been a combined effort by Operation UNITE and the Kentucky Attorney General's Department of Criminal Investigation, centered around illegal trafficking in a variety of prescription narcotics.

According to UNITE officialst, offi-

cers from four departments went to the residence of 57-year-old Russell Johnson on Route 306 in Wheelwright to serve a seven-count arrest warrant. Officers located Johnson across the street at Russell's Game Room, a small store and amusement center that he operates.

According to Dale Morton with

UNITE, following Russell Johnson's arrest, a search was made at his residence and store, where more than 300 prescription pills including oxycodone, methadone, hydrocodone, alprazolam, and diazepam were found, as well as roughly \$1,900 in cash.

(See DRUGS, page eight)

BIG PROBLEMS



A tractor-trailer flipped on its side while dumping mulch in a yard at Green Acres in Prestonsburg on Wednesday. The extended bed of the truck knocked down power lines causing a blackout for parts of the area. (See story, page A8.)

photo by Jarrid Deaton

One shooting victim dies, another arrested

by JACK LATTA
STAFF WRITER

ALLEN — One person is dead and another is in jail after an apparent drive-by shooting took place early Tuesday morning on the normally quiet streets of Allen.

Sally B. Vance, 30, of Prestonsburg, who was reportedly a passenger in the vehicle, died at the University of Kentucky Hospital from injuries she sustained in the gun battle.

Jessie Dulaney, 26, of Banner, who was reportedly driving the car, was treated and released for a gunshot wound.

According to Kentucky State Police reports, at approximately 4 a.m., a gunfight broke out between Dulaney and Vance, who were riding in the vehicle, and the occupants of 74 Third Street in Allen. Police officials have not said who



Jessie Dulaney

started the shooting, or how Vance was shot.

"The details surrounding the shooting incident are sketchy at best, but statements indicate an exchange of gunfire occurred between at least two individuals," said Det. Mike Goble in a released state-

(See ARREST, page eight)

Relay figures down from '07

by JARRID DEATON
FEATURES WRITER

The estimated numbers for the Floyd County Relay For Life are in, and they are down over \$30,000 from last year's total, with officials citing economic hardships as the primary reason for the steep decline.

According to Teresa McCoart, chair of public relations, the tally is currently at \$50,184. Last year's event brought in \$83,095. The goal set for this year's Relay For Life was \$100,000.

"We feel fortunate to have raised that much with the eco-

nomie times that we are going through," McCoart said. "We had 22 teams that signed up and 15 of them were able to turn money in."

This year's event was held at Archer Park instead of the usual location at the Prestonsburg campus of Big Sandy Community and Technical College. Organizers decided to move the event because of the large size of the track at the college.

"The move worked out really well," McCoart said. "The smaller area for walking kept the

(See RELAY, page eight)

MISSED TURN



photo by Jack Latta

EMTs responded to the scene of a single-vehicle accident near the Prestonsburg High School football field after a woman driving the vehicle apparently lost control, went up onto the sidewalk and bounced off the wall.

BIG SANDY HEATING & COOLING

"The King of Comfort"

24 HOUR EMERGENCY SERVICE

FREE ESTIMATES

1-888-297-HEAT

#MO4205

www.bigsandyheating.com

Floyd County is eligible to apply for The Center/ARC mini-grants

Floyd County is eligible to apply for up to \$20,000 in funding support through the Developing and Implementing Community Strategies program, administered by The Center for Rural Development, to develop a strategic plan or implement a community project outlined in an existing community-based strategic plan.

The Center, a non-profit economic development organization headquartered in Somerset, is accepting applications for grant proposals through Friday, Aug. 29, in the second round of funding released by the Appalachian Regional Commission (ARC). Thirty-two Southern and Eastern Kentucky counties, which have been identified by ARC as distressed counties for

the 2008 fiscal year, may apply for The Center/ARC mini-grants.

As part of the Developing and Implementing Community Strategies program, The Center will be providing technical assistance and seed money to assist local units of government with the creation of a strategic plan or with the implementation of priority community development projects identified in existing community-based strategic plans.

Communities will be given an option to apply for an implementation grant to implement portions of their existing comprehensive strategic plans or a plan development grant to assist them in the creation of a comprehensive community-based strategic

plan. All implementation grant projects will be drawn from a community-based strategic planning process document. Communities cannot apply for both grants.

"At the core of The Center's mission is to stimulate innovative and sustainable economic development solutions in the region we serve, and these grants target communities that have the ideas, but lack the resources, to move them forward," said The Center for Rural Development President and CEO Lonnie Lawson. "The Center/ARC grants awarded in 2005 made a significant impact on each of the counties and cities that received them and served to underscore the critical importance of strategic thinking and planning - regardless of the

size of the community. We fully expect that this funding will build on that beginning and impact our region to a much greater extent."

Individual project awards range from \$5,000 to a maximum of \$20,000. Selected communities will be required to provide a local match of 20 percent in an amount relative to their grant award. The project period will be from Oct. 15, 2008, to April 15, 2009. Grant projects must be completed six months from the award date.

Grant recipients are scheduled to be announced Sept. 26. Four Southern and Eastern Kentucky communities were awarded mini-grants in the first cycle of funding released earlier this spring. Counties, and their cities

within, are eligible to apply for funding support. They include: Bath, Bell, Breathitt, Casey, Clay, Clinton, Cumberland, Estill, Floyd, Harlan, Jackson, Johnson, Knott, Knox, Lawrence, Lee, Leslie, Letcher, Lincoln, Magoffin, Martin, McCreary, Menifee, Monroe, Morgan, Owsley, Perry, Rockcastle, Russell, Wayne, Whitley and Wolfe.

An application form will be e-mailed to prospective applicants upon request. For more information, contact Pat Bradley, associate vice president of arts, culture and entertainment and Developing and Implementing Community Strategies program manager, at 606-677-6000 or pbradley@centertech.com.

Obituaries

Doris Evelyn Cooley

Doris Evelyn Cooley, age 62, of Martin, passed away Tuesday, August 5, 2008, at the Mountain View Health Care Center, in Elkhorn City.

She was born June 23, 1946, in Martin, the daughter of the late Walter Clyde Dingus Sr., and Winnie Calton Dingus. She was a former employee of the First Guaranty Bank, and a member of the Martin Methodist Church.

Survivors include five brothers: Walter Clyde Dingus Jr., Wilton Everett Dingus, and Charles Wesley Dingus, all of Martin; Mark H. Dingus of Payne, Ohio; and Thomas O. Dingus of Clintwood, Virginia; three sisters: Dollie Wray Dingus of Danville, Illinois; Marlene Elizabeth Soard of New Virginia, Iowa; and Lenore Mae Swetnam, of Pleasant Grove Alabama.

She was preceded in death by her parents, and a brother, Chad Dingus.

Funeral services for Doris Evelyn Cooley will be conducted, Friday, August 8, at 11:00 a.m., at the Hall Funeral Home Chapel, Martin, with Clergyman Don Crisp officiating.

Burial will follow in the Dingus Cemetery, in Martin, under the professional care of the Hall Funeral Home.

Visitation is at the funeral home.

Michael M. Dearing

Michael M. Dearing, 65, of Wayland, died Monday, August 4, 2008, at Ephram McDowell Hospital, Danville.

Born January 13, 1943, in Fleming Neon, he was the son of the late Malcolm E. and Alberta Martin Dearing. He was a retired foreman for General Motors; and a member of Golden Rule Masonic Lodge No. 345, Covington.

He was preceded in death by his wife, Sue Caudill Dearing.

Survivors include a son, Steve Dearing and Donna of Lancaster; a daughter, Theresa Dearing Ross of Eastern; his girlfriend, Virginia Johnson; a niece, Debra Dearing Hampton of Pikeville; a great-nephew; Brandon Hampton; his grandchildren: Suesanne Rose Dearing, and Shelbi Catlyn Dearing.

In addition to his wife and parents, he was preceded in death by a brother, Everett Malcolm Dearing.

Funeral services will be held Friday, August 8, at 1 p.m., at Nelson-Frazier Funeral Home, in Martin, with Jerry Manns and Jack Howard officiating.

Burial will be in Davidson Memorial Gardens, in Ivel.

Visitation is at the funeral home.

(Paid obituary)

Counties say Ten Commandments posting is secular

The Associated Press

LOUISVILLE — A federal judge will allow attorneys for two Kentucky counties to argue their motives have changed for posting the Ten Commandments.

The Courier-Journal reports that U.S. District Court Judge Jennifer B. Coffman on Monday made permanent an injunction barring McCreary and Pukaski counties from posting documents containing the commandments.

The case went all the way to the U.S. Supreme Court, which in 2005 upheld the injunction, citing county officials' statements of religious motivation.

However, the divided court left open the possibility that the counties could someday post the commandments if they could demonstrate secular motives.

Coffman is allowing the counties to

argue that resolutions passed in October 2007 have "purged the taint" of past efforts to promote religion, which "is unconstitutional."

Officials in both counties approved similar resolutions in 2007 noting that the makeup of both fiscal courts had changed almost entirely.

The resolutions also declared the displays would educate people "on some of the documents and symbols that played an important role in the foundation, development and history" of the counties, state and nation.

Each county also "expressly disclaims any purpose to endorse religion in its desire to display the Foundations of American Law and Government display and expressly repeals, repudiates and disavows any public statements or testimony that may be mistakenly construed to the

contrary," the resolutions say.

The ACLU of Kentucky plans to respond, attorney William Sharp said.

"Given the history of this case and the resolutions that came before, one would certainly have to be at least cautious in accepting any such statement of purpose by the counties," he said.

Attorney Mathew Staver of the Liberty Counsel, which represents both counties, said officials have made it clear that their motivations are now secular.

"We're not repudiating the fact that the Ten Commandments have a religious aspect," he said. "But the primary purpose of putting them up would not be religious. This is not an expression of religious doctrine. This is an expression of heritage that happens to include religious as well as other heritages."

State board discusses assessment, literacy, finance

FRANKFORT — At its regular meeting Wednesday and Thursday, the Kentucky Board of Education heard presentations, had in-depth discussions and made decisions on a number of items.

The board's Nominating Committee recommended that current chair Joe Brothers be elected to serve another term as chair and that C.B. Akins be elected to serve as vice-chair. The recommendation was accepted by the full board. The chair and vice-chair will serve one-year terms and may be re-elected.

The board presented a resolution honoring the late Rev. Louis Coleman Jr. for his advocacy on behalf of school children throughout the state.

The board heard a presentation from the Blue Ribbon Task Force on Interventions in

Low-Performing Schools. The report outlines processes and directions for staff at the Kentucky Department of Education as they work with academically low-performing schools and districts. The board agreed to accept the report and authorized staff to move forward with implementation.

The board approved 703 KAR 5:070, the state regulation related to the inclusion of special populations in the state-required assessment and accountability program. The approved regulation reflects new technologies, federal requirements for students with limited English proficiency and state requirements.

Other presentations included:

- a discussion of the state regulation related to school

and district report cards

- an update of the facilities plan for the Kentucky School for the Deaf

- a status report on an action plan for alternative education programs

- a review of the state regulation related to Extended School ServicesThe board took the following actions:

- approved 703 KAR 5:080, the Administration Code for Kentucky's Educational Assessment Program

- approved 702 KAR 3:270, SEEK Funding Formula

- approved the district facility plan for Erlanger-Elsmere Independent

- approved district facility plan amendments for Anderson and Bourbon Counties

- approved the Kentucky Education Technology System (KETS) unmet need for FY09

- approved 702 KAR 3:080, a state regulation related to treasurer's bonds

- approved a declaration of emergency for two school dis-

(See BOARD, page five)

(Paid obituary)



Community Trust Bank's CareFree CD

You have the option of increasing* your rate once during its 17 month term so you don't have to worry about missing out on better rates!

3.77% APY
(Annual Percentage Yield)
\$5000.00 Minimum to earn APY

Allen 606-874-0408

Prestonburg 606-336-2382

Paintsville Wal-Mart 606-788-9934

Knott County 606-785-5095



Community Trust Bank
building communities...built on trust®

Member FDIC

*Rates are tied to the 1 year Treasury Bill rate. The customer may increase rate once during the term of the CD after the initial 50 days @ the 1 year Treasury Bill rate plus 1.5% becomes greater than the initial APY of 3.77%. Interest cannot remain on deposit and payout of interest is required. Non-renewable. Non-negotiable. Penalty for early withdrawal APY is variable of 66/97/03. Available for a limited time only.

"Open House"

Allen Elementary

will be having

OPEN HOUSE

Thursday

August 14, 2008

6:00 p.m.-8:00 p.m.

Classroom Schedules will be posted.

Free Hotdogs and Drinks!

Door Prizes!



GO EAGLES!

For the Record

Marriage Licenses

Lashona Faith Bradford, 17, of David, to Cody Don Williams, 22, of Salyersville.
 Sabrina Nicole Reid, 21, of Printer, to Casey Dwayne Duncan, 20, of Printer.
 Nina Patrice Smith, 48, of Harold, to Gary Lee Salisbury, 55, of Harold.
 Regina Renee Kidd, 18, of Melvin, to Carlos Matthew Pennington, 18, of Weeksburg.
 Amanda Dawn Hall, 18, of Melvin, to Bradley David Henderson, 18, of Melvin.
 Valerie Francis Slone, 20, of Stanville, to Martin Keith Meade, Jr., 22, of Stanville.

Civil Suits Filed

IDT Camel Inc. v. Roger Hunt
 Arrow Financial Services LLC v. Ricky Meade
 Asset Acceptance LLC v. Mella D. Blankenship
 North Star Capital Acquisitions LLC v. Brenda Bryant
 LVNV Funding LLC v. James W. Hall
 Asset Acceptance LLC v. Melinda Mosley
 North Star Acquisitions LLC v. Everett Johnson
 Palisades Collections LLC v. Ivan Gunnels
 Velocity Investments LLC v. Rose E. Spurlock

Charges Filed

Terry Fisher, 54, Wheelwright, unlawful transaction with a minor, third degree sexual assault.
 Paul A. Grubbs, 36, Hi Hat, public intoxication of a controlled substance.
 Melissa Ann Kelly, 32, David, public intoxication, disorderly conduct.
 Isaac N. Cottrell, 21, alco-

hol intoxication, theft by unlawful taking.

William A. Nuncmaker, 20, Banner, drinking alcoholic beverage in public, possession of alcohol by a minor.
 Jessica Sullivan, Ashland, public intoxication of a controlled substance, endangering the welfare of a minor.
 Ricky Ferrell, 36, Allen, alcohol intoxication.
 Trista Downey, 21, Fort Wayne In., alcohol intoxication.
 Pamela Bear, 36, Huntington In., alcohol intoxication.
 Jimmy Burchett, 49, Prestonsburg, alcohol intoxication.
 Charles D. Hall, 45, Ivel, terroristic threatening.
 Wendell Gilliam, 42, Martin, theft by deception.
 Mark Kidd, 35, Harold, harassment.
 Marie Crum, 50, Banner, alcohol intoxication, illegal possession of a legend drug (3 counts), third degree possession of a controlled substance, controlled substance prescription not in original container, possession of drug paraphernalia.
 Brian K. Milky, 36, Wayland, alcohol intoxication, disorderly conduct, drinking alcohol in a public place.
 Robbie Prater, 30, Prestonsburg, theft by unlawful taking.
 Angela D. Robinson, 29, Dana, failure to appear, operating on a suspended or revoked license.
 Joe Lowe, 44, Auxier, criminal littering.
 Michael Dwayne Kimmel, 34, Betsy Layne, criminal trespassing.
 Jamie Shawn Johnson, 35,

Weeksburg, fourth degree assault.

Cathy Hurd, 33, Prestonsburg, harassment.
 Leigh Ann Crider, 45, Prestonsburg, harassment.
 Pamela Henson, Estell, harassing communications.
 Timothy James Butler, 30, Wheelwright, criminal mischief, fourth degree assault.
 Brenda Meade, 44, Prestonsburg, fourth degree assault.
 Matthew Shepherd, 18, Prestonsburg, criminal trespassing.
 Sandra Eberling, 42, Prestonsburg, harassment.
 Angel Bowers, 38, Prestonsburg, harassment.
 Jonathan D. Caudill, 25, Prestonsburg, no registration plates, no registration receipt, operating on suspended license, failure to maintain insurance, operating motor vehicle under the influence, possession of drug paraphernalia, failure to surrender revoked license, second degree possession of controlled substance.
 Gerald Maynard, 43, Endicott, alcohol intoxication.
 Brittany Mullins, 20, Weeksburg, alcohol intoxication.
 Maclene Kauahi, 38, Prestonsburg, fourth degree assault.
 Mikale Rex Frasure, 35, McDowell, terroristic threatening.
 Mark Spears, 34, Hunter, harassment.
 Angel Bowers, 38, Prestonsburg, criminal trespassing.
 Robin Howard, 35, Garrett, criminal trespassing.
 Matthew P. Tackett, 26, Drift, fourth degree assault.

William D. Gregory, 47, Langley, terroristic threatening.

Chris Hall, 28, Wayland, theft by unlawful taking.
 Keisha Blocker, 20, Ivel, theft by unlawful taking (4 counts)
 Billy Gene Osbourne, 24, Printer, theft by unlawful taking.
 Virginia Barnett, 46, Martin, alcohol intoxication, controlled substance no in original container.
 Shane Lemaster, 33, Prestonsburg, possession of marijuana, possession of drug paraphernalia.
 Jared Hale, 30, Prestonsburg, operating ATV on roadway, operating ATV without headgear, failure to maintain insurance, operating a motor vehicle under the influence, operating on suspended license, disorderly conduct.
 Beverly Burchett, 41, Auxier, public intoxication of a controlled substance, possession of marijuana.
 Charles D. hall, 45, Ivel, alcohol intoxication.
 Ercella Pickens, 23, Prestonsburg, receiving stolen property over \$300.
 John Lafferty, 55, Prestonsburg, theft by unlawful taking over \$300.
 James Allen Prater, 24, Minnie, fleeing and evading, first degree possession of a controlled substance.
 Caroline Martin, Wayland, theft by unlawful taking over \$300, criminal mischief.
 Brian Thomas Shepherd, 24, Prestonsburg, driving on DUI-suspended license, oper-

ating a motor vehicle under the influence, fleeing and evading, endangering the welfare of a minor.

Dickie Tackett, 38, Harold, criminal mischief.
 Roger Ratlin, 34, West Liberty, no registration receipt, controlled substance prescription not in original container, possession open alcohol beverage, first degree possession of controlled substance, second degree possession of controlled substance, possession of marijuana, operating a motor vehicle under the influence, driving on DUI-suspended license, failure to surrender revoked operators license, failure to produce insurance.
 John C. Jenkins, 35, Bevinville, driving on DUI-suspended license, operating a motor vehicle under the influence, obstructed vision.
 Ellis G. Blackburn, 38, Prestonsburg, flagrant nonsupport.

Inspections

Prestonsburg Senior Citizens, Prestonsburg, regular inspection. Violations noted: cloths used for food and non-food contact surfaces not stored and rinsed frequently in water sanitizing solution, food contact surface of equipment and utensils not clean.
 Riverview Healthcare, Prestonsburg, regular inspection. Violations noted: Nonfood contact surfaces not properly maintained, nonfood contact surfaces not properly constructed, nonfood contact surfaces not properly designed, floors not in good repair, lighting not provided as

required.

Property Transfers

Olivia Brown to Bennie Slone and Phyllis Slone, property located on Town Branch.
 Audrey King to Brad West and Deana West, property not listed.
 Pearl M. Lewis to Crista Lewis and Preston Lewis, property not listed.
 Bill May to Bennie Slone and Phyllis Slone, property located on Town Branch.
 Margaret Ann May to Bennie Slone and Phyllis Slone; property not listed.
 Robert Vicars to Traci Vicars and Virginia Vicars, property located at Martin.



Health Educator to be Guest Speaker at Jenny Wiley AARP

Jane Bond, health educator from the Floyd County Health Department, will be the guest speaker at the meeting of Jenny Wiley Chapter 3528 AARP, to be held Tuesday, August 19, at 6 p.m., in the Presbyterian Church, in Prestonsburg. She will address the subject, "Preparedness for Medical Emergencies in Floyd County." She will also discuss the need for volunteers. John Rosenberg, chapter president, urges all members and friends to attend.

Governor's order allows electric cars on Ky. roads

by JOE BIESK
 ASSOCIATED PRESS

FRANKFORT — Kentucky residents willing to pay thousands for a low-speed electric car may now have an alternative to \$4-a-gallon gas guzzlers.
 Gov. Steve Beshear signed an executive order Tuesday allowing three and four-wheel electric cars to pitter along Kentucky roads that have posted speed limits of 45 mph or less. State officials say they're working with at least one manufacturer in hopes of landing a plant somewhere in Kentucky.
 "As of today, we're well on the way to implementing the use of electric vehicles in Kentucky and helping people save money and reducing our carbon footprint," Beshear said.
 Such slow-moving electric vehicles have not been allowed on Kentucky roads, but some state lawmakers had proposed legislation that would make them street legal. The proposal stalled in the General Assembly earlier this year.
 Transportation Cabinet Secretary Joe Prather said his agency has reviewed the electric cars and found them safe for use under certain conditions. Prather said it may take up to three months for an emergency regulation to be in place setting up the official limits.
 Prather is also supposed to report back to Beshear with any needed legislative propos-

als or regulations by December.
 "These tough times call for creative and resourceful solutions," Beshear said.
 David Cole, chairman of the Center for Automotive Research in Ann Arbor, Mich., said there are safety concerns, such as how they would withstand a crash with faster and heavier vehicles. Cole also said it's uncertain whether consumers will buy the cars given some of their restrictions.
 "It's pretty expensive technology — at least right now," Cole said.
 Currently, a Zap Xebra sedan retails for about \$11,700 while the truck version retails for about \$12,500, Zap company spokesman Alex Campbell said.
 Other full-performance electric vehicles may cost upward of \$100,000.
 Ohio lawmakers recently passed legislation allowing the three-wheeled vehicles to travel its roads starting in September.

Randall Waldman, head of Integrity Manufacturing in Shepherdsville, said his firm is considering locating a plant to manufacture Zap electric vehicles in Kentucky. Waldman estimated the facility could eventually employ up to 2,500 people.
 Waldman said the vehicles are safe and meet the same federal safety requirements as motorcycles.
 Nevertheless, Russ Rader, a spokesman for the Insurance Institute for Highway Safety, said crash data isn't available on the vehicles. It's uncertain how many vehicles are on the roads and what happens to them when they are involved in crashes with larger vehicles, Rader said.
 "Not only do they not have to meet the safety standards of other passenger vehicles, they're also very lightweight," Rader said. "And in a crash they would be no match for a typical small car, let alone the SUVs and pickups that are out there."



What is a hero?
 This child, and thousands like her, have the hope of a better future and the power to make it happen. By taking part in afterschool programs, kids explore, learn, grow, and most importantly, find the hero inside themselves. Let us know you want afterschool programs in your area. Call 1-800-USA-LEARN.

Afterschool programs
 Helping kids find the hero within.

www.afterschoolalliance.org

The Floyd County Emergency and Rescue Squad was organized on April 27, 1958, as a result of the tragic school bus disaster on February 28, 1958. Twenty-six children and the driver lost their lives.



On August 6, 7, and 8, from 3:00 p.m. to 10:00 p.m., on WDOC 1310 AM and Q95 WQHY; and August 9, from 12:00 noon to 10:00 p.m., on WDOC 1310 AM, and Q95 WQHY, we will be conducting our

42nd ANNUAL RADIO AUCTION

This is the Squad's primary means of funding

All personnel serve entirely as volunteer members. The squad does not receive a tax base. We rely heavily upon people like you, who realize the importance of a strong, well-equipped rescue squad.
 The Floyd County Emergency and Rescue Squad would like to encourage everyone to listen in, and bid, and buy, on this 42nd Annual Radio Auction. We thank you for your support.

BEIGE, BROWN & WOODGRAIN WINDOWS ALSO AVAILABLE

White Vinyl Welded Double Hung Replacement WINDOWS

Any Size! **\$189** INSTALLED

DOUBLE PANE INSULATED GLASS

Call For A FREE In-Home Estimate!

www.windowworldinc.com

6509 Rt. 1428 · Allen, KY 41601 **606-874-3004**

Window World, inc. Simply the Best for Less!

TOLL FREE 888-874-3004

VISIT OUR SHOWROOM

IT'S TIME FOR SOCCER!

Register for the Fall 2008
 Floyd County
 Youth Soccer Season

Saturday, August 2nd
 and
 Saturday, August 9th
 11:00 a.m. to 2:00 p.m.

Prestonsburg McDonald's

All children at least four (4) years of age on August 1, 2008, are eligible to participate. Parents may be asked to provide a birth certificate or other record for verification of child's birthdate. A registration fee of \$40.00 is necessary to cover costs associated with youth soccer.

For more information, contact Robin Simpson Smith, Registrar, at 886-9562

Viewpoint

Worth Repeating ...

How my achievements mock me!

— William Shakespeare

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof, abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

— Guest View — Editorial roundup

Pensacola (Fla.) News Journal, on the electoral process and the next elections:

Barack Obama's request that all Florida and Michigan delegates be counted in the Democratic convention is a gracious gesture, if basically meaningless because he already has clinched the nomination.

It's also clever politics, because the Republican Party has yet to call off the restrictions that allow only half of Florida's delegates to count toward the equally secure nomination of John McCain.

Score one for the more nimble Obama campaign.

From here, it is important for both parties to get a handle on the nomination process. When both major parties are at war with their own state parties and delegates, it's hard to say they need to be kinder to the opposition.

Worse, it is an unhealthy distraction from the what should be paramount: nominating presidential candidates.

Combined with recent problems with elections themselves in a number of states, including Florida, there is a growing lack of confidence in the electoral process itself. That is supposed to happen in banana republics, not here. ...

Vail (Colo.) Daily, on federal marijuana laws:

Why this country allows its citizens to consume alcohol, but not marijuana, is a bit of a mystery.

Both substances have mind-altering capabilities. Both substances, if abused, can destroy the lives of the user and anyone who crosses the user's path.

But both substances can be used responsibly and moderately, according to Rep. Barney Frank, a Massachusetts Democrat.

And perhaps most importantly, our government spends an inordinate amount of time and money arresting and prosecuting pot users — about 12 million citizens have been arrested on a marijuana-related charge since 1965, according to NORML, an organization that wants marijuana use to be legalized.

Frank announced recently that he would introduce a bill that would decriminalize the possession of less than a quarter-pound of marijuana. Advocates argue that because alcohol is a legal substance, marijuana should be, too. Instead, marijuana should be regulated in the same way as alcohol, and the threat of arrest should be limited for only those whose use affects someone else, such as in the case of driving while intoxicated by the drug. ...

It would be nice if Frank's proposal sparked an honest debate about the effectiveness of the war on pot, especially in a nation grappling with the war on terror, wars in Afghanistan and Iraq and facing the largest deficit in its history.

The Observer, London, on fuel prices and poverty:

Since oil and gas are costly to produce and much in demand, it makes sense that they are expensive to use. Given the additional cost to Britain of dependency on unreliable energy-exporting regimes and the cost to the world of climate change it is also, arguably, no bad thing if high prices encourage people to be frugal with fuel.

But that is no consolation to those who struggle to pay for even modest energy consumption. It is the poorest in society who suffer most when heating bills soar.

So when last week, customers of British Gas learnt simultaneously that their fuel bills would go up by around a third and that the company's owner, Centrica, made profits of >992m, they did not accept the news as evidence of global markets not working properly. They were angry. ...

A much more activist approach is required by government. That does not mean hitting the energy companies with a crude tax that would, in all likelihood, be purloined by the Treasury to cover its other liabilities. A neater solution has been identified by the Liberal Democrats. They advocate compelling energy producers to divert money they have made through the European Union emissions trading scheme. Since they got those lucrative permits free from the government, they have enjoyed a de facto subsidy - >9bn over five years, according to energy regulator Ofgem. ...

The utility companies have responsibilities to the public just as pressing as the commercial dues they owe to shareholders. ...



— Guest column —

McCain's 'offshore drilling' fantasy

by MARK WEISBROT
MINUTEMAN MEDIA

"Gas prices — \$4, \$5, no end in sight, because some in Washington are still saying no to drilling in America," says the narrator in the TV ad that Republican presidential candidate John McCain played last week.

"Who can you thank for rising prices at the pump?"

Cut to crowd, chanting: "Obama, Obama."

Yes, this is a real political ad on TV, complete with "I'm John McCain and I approved this message." It is not "The Onion."

Reality check: First, Senator McCain's proposal to "drill more in America and rescue our family budgets" — that is, to open up environmentally sensitive offshore areas to oil drilling — would take about a decade to produce any oil. That's according to the Energy Information Administration (EIA) of the U.S. Department of Energy.

Maybe by "family budgets" McCain meant rescuing families in 2018. Or maybe not. According to the EIA, the total amount of oil that this drilling would produce at peak 20 years from now would be less than

0.2 percent of world production. This would be too small to have any significant effect on the price of oil or gasoline, according to the EIA.

Last Sunday, on the ABC morning talk show "This Week," Senator McCain again mentioned "offshore drilling" as part of a plan to reduce dependence on foreign oil. He got away with it, since the host didn't ask him how such a tiny amount of oil would have any significant effect on imports. He included a number of other things, too, but did not mention mileage standards for cars, mass transit, or conservation generally.

Fuel efficiency standards for passenger vehicles in the United States have barely changed since 1985. If we had chosen to raise these standards (for cars and light trucks) by less than one half mile (0.4 miles) per year, the average car on the road would be getting 32 miles per gallon. This would reduce our oil consumption by 3.3 million barrels per day, or more than 16 times what McCain's offshore drilling would get us twenty years from now.

Mass transit could also be greatly expanded, as today's gasoline prices have made people more than ready to use it. This would not only save a lot more oil imports than offshore drilling, it would also provide jobs and an economic stimulus at a time when it is badly needed.

The U.S. economic downturn is just beginning: we built up an \$8 tril-

lion housing bubble during the decade from 1996-2006, and only about 60 percent of it has burst so far. At the current rate of house price declines, another \$2 trillion in housing wealth will disappear this year. Consumer spending, which is 70 percent of the economy, is likely to decline and the labor market will continue to weaken. The prior stimulus package passed in February has given some boost to the economy for the first half of this year, but much more will be needed.

A "green stimulus" package would give the economy a lift while simultaneously reducing energy consumption. This would include not only mass transit but also tax credits for homeowners and businesses to make building improvements that conserve energy. These would include renovations such as solar panels and insulation. Sizeable tax credits in this area would also help the ailing construction industry, an important part of our economy that has collapsed with the housing bubble.

All of these measures make a lot more sense than drilling for very little oil in environmentally sensitive areas, while trying to blame Barack Obama for rising gasoline prices.

Mark Weisbrot is Co-Director of the Center for Economic and Policy Research, in Washington, D.C.



"It's even MORE fuel-efficient than a hybrid."

The Times

Published Sunday, Wednesday and Friday each week

263 SOUTH CENTRAL AVENUE
PRESTONSBURG, KENTUCKY 41653

Phone: (606) 886-8506

Fax: (606) 886-3603

www.floydcountytimes.com

USPS 202-700

Entered as second class matter, June 18, 1927, at the post office at Prestonsburg, Kentucky, under the act of March 3, 1879. Periodicals postage paid at Prestonsburg, Ky.

SUBSCRIPTION RATES PER YEAR:
In Floyd County: \$59.00
Outside Floyd County: \$76.00

Postmaster: Send change of address to:
The Floyd County Times
P.O. Box 390
Prestonsburg, Kentucky 41653

PUBLISHER

Joshua Byers
jbyers@heartlandpublications.com

MANAGING EDITOR

Ralph B. Davis
web@floydcountytimes.com

ADVERTISING MANAGER

Jamie VanHoose
advertising@floydcountytimes.com

Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

Rental Central

by TOM DOTY
TIMES COLUMNIST

A slow week was rescued by two films that barely played theaters and one major release based on a popular "young readers" novel.

■ "Nim's Island" — The kids will like this fluff, which focuses on a young girl who resides on an island paradise with her adventurer dad. When dad goes missing, she invites a writer to the island, but said wordsmith turns out to

be ineffectual as she is terrified of open spaces. A good cast sells this one, which relies heavily on the talents of Abigail Breslin ("Little Miss Sunshine"). Jodie Foster appears to be phoning it in as the scribe and there is an all-too-brief turn by Gerard Butler ("300") as the missing father.

■ "Starship Troopers 3" — This one shapes up as a decent sequel which is far superior to the straight-to-video film which followed Paul Verhoven's ("Robocop") adaptation of Robert

Heinlein's classic sci-fi novel. Caspar Van Dien returns as Johnny Rico (from the first film), who is called back into service when a marine transport ship crash-lands on a planet held by the enemy (huge bugs, if you haven't seen the other films). Lots of gunplay and gore ensues and there is a little more of the political undertones which accompanied Verhoven's original film. Fun and instantly forgettable.

■ "Rogue" — Director Greg McClean finally follows up his slasher

hit "Wolf Creek" with this killer crocodile opus. Australia is, once again, the setting, as tourists take a river cruise into terror which is supplied by the titular creature. You don't get a lot of deep characters here, but at least the crock has a huge appetite and causes plenty of mayhem. Good effects work rules here, though you will no doubt have a hard time remembering this one a week later.

Next week appears more promising with the release of "Smart People" and the final season of HBO's "The Wire."

'Traveling Pants' lose some magic in sequel

by CHRISTY LEMIRE
AP MOVIE CRITIC

Yes, the pants still exist, but now they're covered in patches and jewels and etched with the memories and dreams of the four young women who've been wearing them. And they still travel — to New York and Vermont, Turkey and Greece, and various points in between.

But the magic in those jeans, and in the bond that linked the friends who've shared them over the years, seems to have faded in "The Sisterhood of the Traveling Pants 2."

The sequel to 2005's surprisingly tolerable "Sisterhood of the Traveling Pants" finds our eclectic group of heroines a little bit older and wiser and a lot less connected, despite the promise they made to ship the jeans to each other along with a note containing the juicy details of their latest adventures. Now, they barely have time to dash off an e-mail saying hi.

Makes sense that they'd go off to college and begin forming separate lives, but the film from director Sanaa Hamri



"The Sisterhood of the Traveling Pants 2," a Warner Bros. release, is rated PG-13 for mature material and sensuality. Running time: 111 minutes.

Two stars out of four.

("Something New"), taking over for Ken Kwapis, feels disjointed, too. It bounces from one girl's story line to another's without much tonal cohesion, and it doesn't help that the situations the characters find themselves in are often soapy and contrived. (The script from Elizabeth Chandler is based on the second, third and fourth books of Ann Brashares' series of novels.)

And because they spend so little time talking, laughing and bonding, it depletes the sequel of much of the original's spark. Part of the allure of the first film came from watching these women support each other no matter what, in a way that was real and believable without feeling too treat-

dy. Imagine how "Sex and the City" would play if its four stars never got together to dish.

One consistency remains, though: America Ferrera pretty much steals the whole movie out from under her co-stars as the quick-witted Carmen, who's now studying drama at Yale. Ferrera is an actress with a likable, accessible presence who always makes her performances look effortless — that's something we knew even before she became the Emmy-winning star of TV's "Ugly Betty," but her charms only seem to strengthen as she grows older and more seasoned.

Carmen, who also serves as our narrator again, had hoped to spend the summer after her

freshman year back home in Bethesda, Md., with her three best girlfriends. Instead, she ends up working backstage at a Vermont theater company when it becomes obvious that everyone else has made other plans — and she finds herself making an unexpected star turn, much to the annoyance of the WASPY drama queen (Rachel Nichols) who'd invited her there.

Tragic Tibby (Amber Tamblyn) is at NYU film school and, somewhere along the way, transformed herself into a goth version of Liza Minnelli. She does out snarky, unsolicited advice to customers at the video store where she works (and gets a few amusing lines in there) but her relationship with nice-guy Brian (Leonardo Nam, returning from the first film) has turned suddenly serious. (Her plot line is the one that veers the most drastically all over the place.)

Gorgeous tomboy Bridget (Blake Lively, who has some fresh clout of her own as the star of "Gossip Girl") is playing soccer at Brown and still struggling to heal from her mother's suicide. As she continues to run from herself in painfully symbolic fashion, she jets off to Turkey to volunteer at an archaeological dig. There, she receives some

insightful advice from a professor (Shohreh Aghdashloo) which inspires her to seek out the grandmother (Blythe Danner) she barely knows in hopes of learning about her own past.

And quiet Lena (Alexis Bledel) is an art student at the Rhode Island School of Design. (Wait a second. All four of them got into selective, top-notch schools? No one ended up at community college or waiting tables? This really is a fantasy.) Lena's still heartbroken over the way things ended with her first love, Kostos (Michael Rady), on the Greek island of Santorini. Or at least she's supposed to be heartbroken — Bledel is so ethereally placid, it's hard to tell. But she does get a second chance at romance with the sexy model from her drawing class (newcomer Jesse Williams).

Stuff happens, feelings are hurt, boys dramatically enter and leave their lives and major problems wrap up a bit too neatly, especially at the picturesque ending. That "Traveling Pants 2" offers material that's tailored to an underserved audience — girls and women who like films that allow them to think and feel — is, of course, a solid start. You just wish it were a more comfortable fit.

Report: Too many Ky. babies born early, too small

The Associated Press

LEXINGTON — According to the Annie E. Casey Foundation, too many babies in Kentucky are born too early, too small or to teenage mothers.

The report shows that 9.1 percent of

Kentucky babies have low birth weights, 15 percent are born before 37 weeks of gestation and 12 percent are born to teenage mothers.

Kentucky Youth Advocates Executive Director Terry Brooks says poor birth outcomes are linked to more infant deaths and higher health care costs.

Board

Continued from p2

districts ending the fiscal year with deficits (Russell and Wayne Counties)

■ approved the nominations of Pamela Hembree of Knox County Middle and Rebecca King of Pikeville High to serve on the Kentucky Writing Program Advisory Committee

■ approved the state regulation related to the Commonwealth Diploma program

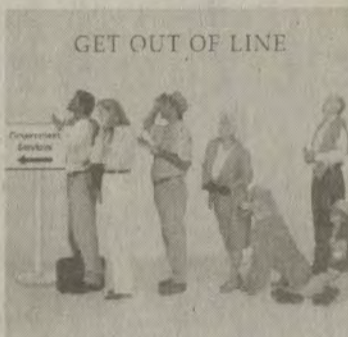
■ approved the Kentucky Adolescent Literacy Plan

■ approved a request from the Webster County school district for an extension of a

waiver of 704 KAR 3:410, which related to lead teacher requirements in the preschool program

The board's next regular meeting will be October 6 and 7 in Frankfort. More informa-

tion about the board is available at <http://www.kdc.statc.ky.us/KDE/Administrative+Resources/Kentucky+Board+of+Education/default.htm>.



Now you don't have to wait in line for government services and information because now the government is officially online at FirstGov.gov. Lose the wait.

FirstGov.gov
The official web portal of the Federal Government

For government information by phone, call 1-800-FED-INFO (that's 1-800-333-4636).
U.S. General Services Administration

REGISTER NOW

FOR FALL CLASSES

AT

Big Sandy

Community & Technical College
HIGHER EDUCATION BEGINS HERE

PRESTONSBURG
606-886-3863

PIKEVILLE
606-218-2060

PAINTSVILLE
606-789-5321

COME TO THE ADMISSIONS OFFICE TO REGISTER AT:
PRESTONSBURG CAMPUS
PIKEVILLE CAMPUS OR
MAYO CAMPUS (IN PAINTSVILLE)

CHECK THE WEBPAGE FOR FALL SCHEDULES AND CAMPUS MAPS:
WWW.BIGSANDY.KCTCS.EDU

FALL CLASSES BEGIN
AUGUST 18TH

WANTED



MARIJUANA GROWERS

Report illegal marijuana growers and remain anonymous!!

Complete and mail to:

Appalachia HIDTA
P. O. Box 5070
London, Kentucky 40745

Name of Grower: _____
Street/Road or directions: _____
City: _____
County: _____
Description of the home and/or location of where the marijuana is growing.
Please provide as much information as possible. Attach an additional sheet of paper if necessary:

Or Call the Toll Free
AHIDTA Tip Line (Anonymous)
1-866-424-4382

The use of marijuana has adverse health, safety, social, academic, economic and behavioral consequences. Help join us to eradicate marijuana from Kentucky.





Faith and Family



KIM'S KORNER

'In God We Trust'

This is one of those emails that is so worth sharing. Enjoy!
 You always hear the usual stories of pennies on the sidewalk being good luck, gifts from angels, etc. This is the first time I've ever heard this twist on the story. Gives you something to think about.

Several years ago, a friend of mine and her husband were invited to spend the weekend at the husband's employer's home. My friend, Arlene, was nervous about the weekend. The boss was very wealthy, with a fine home on the waterway, and cars costing more than their house.



Kim Little Frasure

The first day and evening went well, and Arlene was delighted to have this rare glimpse into how the very wealthy live. The husband's employer was quite generous as a host, and took them to the finest restaurants. Arlene knew she would never have the opportunity to indulge in this kind of extravagance again, so she was enjoying herself immensely.

As the three of them were about to enter an exclusive restaurant that evening, the boss was walking slightly ahead of Arlene and her husband.

He stopped suddenly, looking down on the pavement for a long, silent moment.

Arlene wondered if she was supposed to pass him. There was nothing on the ground except a single darkened penny that someone had dropped, and a few cigarette butts. Still silent, the man reached down and picked up the penny.

He held it up and smiled, then put it in his pocket as if he had found a great treasure. How absurd! What need did this man have for a single penny? Why would he even take the time to stop and pick it up?

Throughout dinner, the entire scene nagged at her. Finally, she could stand it no longer. She casually mentioned that her daughter once had a coin collection, and asked if the penny he had found had been of some value.

A smile crept across the man's face as he reached into his pocket for the penny and held it out for her to see. She had seen many pennies before! What was the point of this?

"Look at it," he said. "Read what it says."

She read the words, "United States of America."

"No, not that; read further."

"One Cent?"

"No, keep reading."

"In God we Trust?"

"Yes!"

"And?"

"And if I trust in God, the name of God is holy, even on a coin. Whenever I find a coin I see that inscription. It is written on every single United States coin, but we never seem to notice it! God drops a message right in front of me telling me to trust Him? Who am I to pass it by? When I see a coin, I pray, I stop to see if my trust is in God at that moment. I pick the coin up as a response to God; that I do trust in Him. For a short time, at least, I cherish it as if it were gold. I think it is God's way of starting a conversation with me. Lucky for me, God is patient and pennies are plentiful!"

When I was out shopping today, I found a penny on the sidewalk. I stopped and picked it up, and realized that I had been worrying and fretting in my mind about things I cannot change. I read the words, "In God We Trust," and had to laugh. Yes, God, I get the message.

It seems that I have been finding an inordinate number of pennies in the last few months, but then, pennies are plentiful! And, God is patient.

"Til next week, God bless!"

Renowned speaker at Prater Creek Baptist

STAFF REPORT

Dr. Don Boys, a celebrated religious scholar and speaker, will be speaking at Prater Creek Baptist Church in Banner on Sunday, August 24.

Boys will be speaking on the subject, "What about Cain, Cave Men, Giants, Long Lifespans, Jonah and Other Difficult Questions?"

Boys says that most people are surprised and even shocked at the support that history and archeology give to the Bible.

Boys is published in many papers and journals and has also authored 13 books, including "Evolution: Fact, Fraud or Faith?"

Boys spent seven years researching evolution for the book, and has debated noted scientists on television and radio. Boys also participated in a dig at the famous Paluxy River area in Texas where dinosaur tracks and man prints have been found at the same level.

"Such information indicates that men and dinosaurs lived at the same time and destroys the fairy tale of evolution," Boys said.

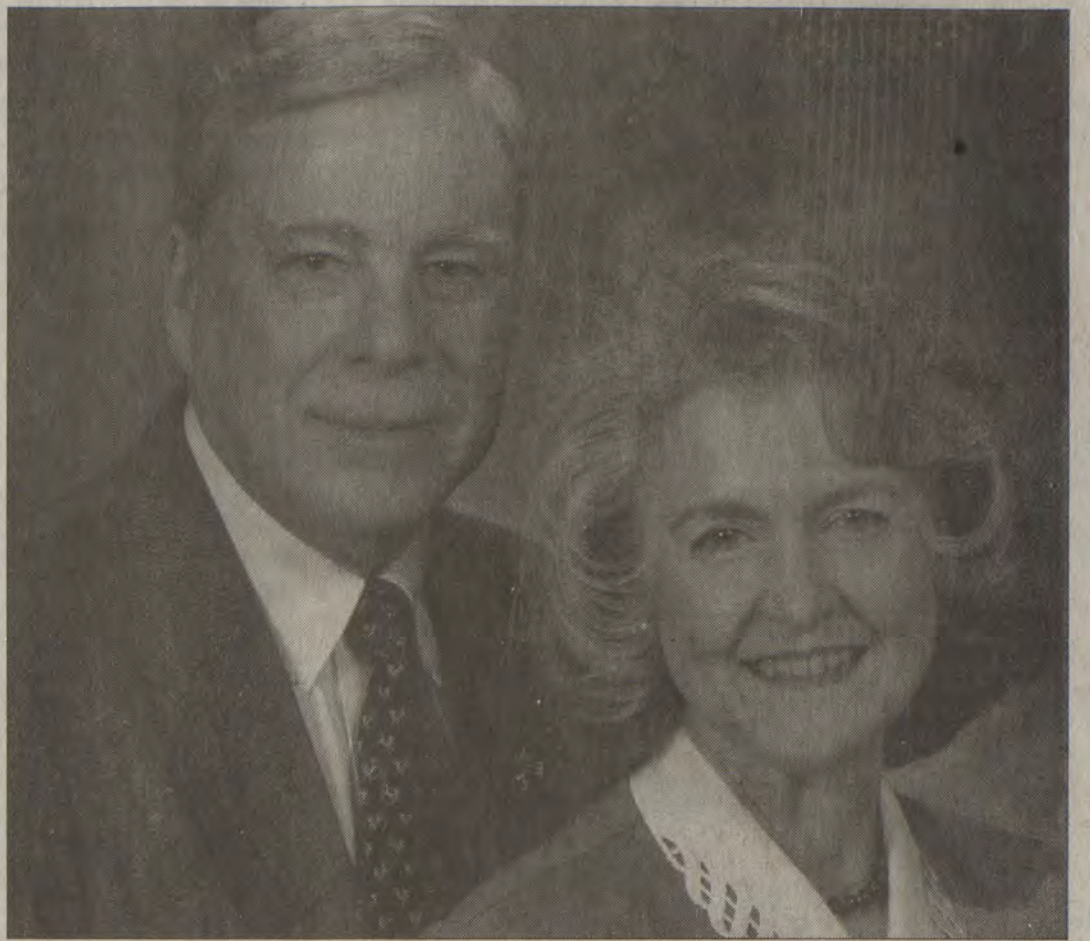
Boys is also a former member of the Indiana House of Representatives where he was voted as the "Most Conservative Member of Congress" by the media.

Among his many appearances, Boys has defended Christian and conservative positions on hundreds of talk shows and news programs in the United States, Australia and England.

J.B. Hall, pastor, invited Boys to speak at Prater Creek Baptist Church.

"He will be dealing with many important and exciting issues," Hall said. "The church and I are very excited about having Dr. Boys and his wife, Ellen, in the area and hope that many will take advantage of the opportunity. Everyone is invited."

The services will be at 10 a.m., 11 a.m., and 6 p.m.



Dr. Don Boys and his wife, Ellen

Court rejects suit opposing religion in veterans care

by RYAN J. FOLEY
 ASSOCIATED PRESS

MADISON, Wis. — Taxpayers cannot sue the U.S. Department of Veterans Affairs for incorporating religion into its health care programs for the nation's veterans, an appeals court has ruled.

The 7th Circuit Court of Appeals ruled Tuesday the Madison-based Freedom From Religion Foundation and three of its members have no legal standing to bring the case.

The group was trying to end the department's practice of asking patients about their religion in "spiritual assessments," its use of chaplains to treat patients, and drug and alcohol treatment programs that incorporate religion. It claimed those practices violated the separation of church and state.

But the court ruled that federal taxpayers cannot challenge those expenditures. The court cited a U.S. Supreme Court decision last year in which the same group was not allowed to sue over President Bush's faith-based initiative.

In that case, the court ruled 5-4 the executive branch cannot be sued by taxpayers for expenses that allegedly promote religion. Cases can only be brought when the questionable expenditures are explicitly authorized in a congressional spending bill, the court ruled.

Congress never authorized spending on the chaplain services, pastoral care and other programs challenged, the 7th Circuit ruled.

Annie Laurie Gaylor, the foundation's co-president, criticized the ruling but said an appeal to the Supreme Court was unlikely. She said the group would look for VA patients who object to their

treatment to be potential plaintiffs but said such a case would still be difficult to win.

"The courts are moving to the position where government can fund religious activities and endorse religion without restraint," she said. "It's really very disturbing."

The veterans agency, which treated 5.3 million people at its facilities in 2005, says it believes spirituality should be integrated into care, but it allows patients to decide whether that involves religion.

Its spiritual assessments ask patients a series of questions about their faith, such as how often they attend church and how important religion is in their lives. Agency officials say the assessments help them determine patients' needs.

Divorce is not of God... Sometimes we get in a situation out of our control.

Know you are not alone.

God never leaves us nor forsakes us. He came so that we may have life and have it more abundantly.

With God all things are possible.

If we are faithful to Him He will restore everything to us that Satan meant for our harm.

Know there is hope for your future.

**Divorce Ministry
 Faith Fellowship Church
 Allen, KY**

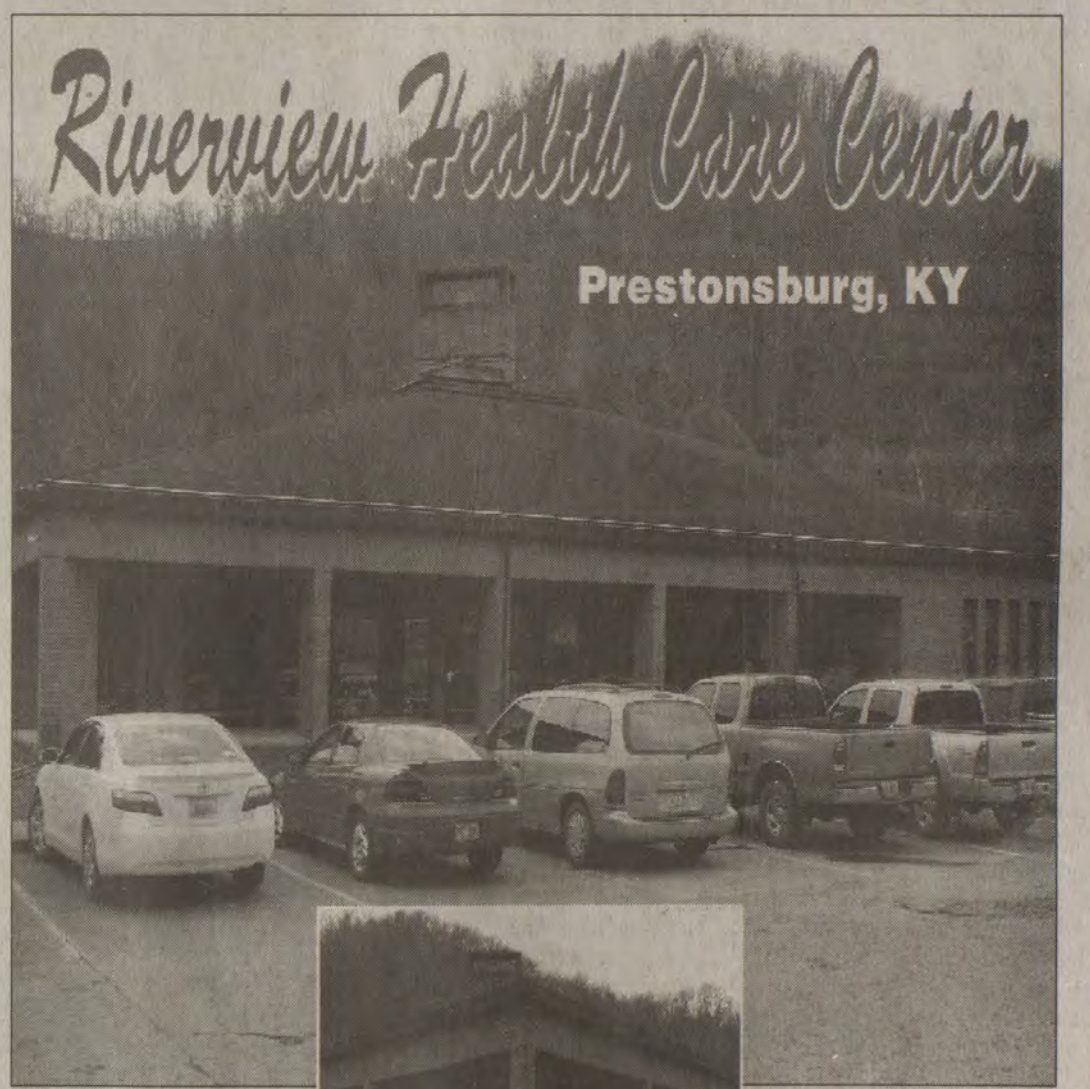
Tuesday Evenings @ 7:00 p.m.

• Group discussion...Videos and Workbook

• Confidential.

Classes will begin first Tuesday in August

To register send name, phone and email address to:
ANGIE COLLINS
 P.O. Box 668, Allen, KY 41601
 or Call 422-4092
 or email:
 angiecollins2003@yahoo.com



SPIRITUALITY

- Church Services
- Morning Worship
- Afternoon Services

- Vacation Bible School
- Bible Study
- On-site Chaplain

- 24-hr. Chapel
- Tuesday, 10:15
- Wednesday, 10:15
- Thursday, 10:15/11:15
- Friday (3rd), 2:00
- Sundays, 2:00

THERAPY

- Neuromuscular re-education
- Therapeutic exercise
- Therapeutic activity
- Wheelchair management
- Gait training
- Orthotic and prosthetic training
- Ultrasound and electrical stimulation
- Adaptive equipment utilization
- Daily living re-education
- Orthopaedic rehabilitation
- Speech language and swallowing
- Cognitive retraining

QUALITY OF LIFE

- Bowling
- Picnics
- Mall Shopping
- Baseball Games
- Dining Out with Friends
- Bingo
- Theme Days

NURSING

- IV Therapy
- Wound Care
- Enteral Feedings
- 24-hr. Nursing Care
- Respiratory Care
- Diabetes Care
- Nutritional Services

RIVERVIEW HEALTH CARE CENTER

"Honoring Our Community One Resident at A Time"

Visit The Times Online

www.floydcountytimes.com

Drugs

Continued from p1

While in the area, police set up a traffic checkpoint along Route 306. As a result, two individuals also wanted in conjunction with the investigation were located and arrested. Two other suspects were reportedly spotted at a nearby residence and arrested.

According to UNITE officials the arrests thus far include:

■ Russell Johnson, 57, charged with seven counts of trafficking in a controlled substance.

■ Tammy Johnson, 30, charged with two counts of trafficking in a controlled substance.

■ A.W. Stanley, 38, charged with trafficking in a controlled substance.

■ Mark Smith, 40, charged with three counts of trafficking in a controlled substance and two counts of second-degree trafficking.

■ Arlie Miller, 57, charged with two counts of trafficking in a controlled substance.

According to Paul Hayes with Operation UNITE, the operation is still "somewhat active," with more arrests expected in the next several days.

Law enforcement agencies that took part in Wednesday's drug raid, include officers from UNITE, Wheelwright Police Department and the Floyd County Sheriff's office.

Those arrested are currently being lodged in the Floyd County Detention Center.

In 2003, Fifth District Congressman Harold "Hal" Rogers worked to create Operation UNITE, a regional anti-drug initiative designed to empower citizens and community leaders in 29 southern and eastern Kentucky counties. Rogers has reportedly directed \$36.6 million in federal funds to the counter-drug initiative over the past five years. For more information on UNITE, contact Karen Engle toll-free at (866) 678-6483.

Flipped truck cuts off power in north end of Prestonsburg

by JARRID DEATON
Features Writer

PRESTONSBURG — A bizarre accident involving a tractor trailer caused a power outage for a significant portion of Prestonsburg on Wednesday.

According to officials at the scene, the tractor trailer was unloading mulch in a yard located at Green Acres when it turned over on its side. The

bed of the truck, extended in the air while in the process of dumping the mulch, caught the power lines when the truck overturned and pulled them to the ground.

Many businesses, including an abundance of restaurants, in the area were without power after the accident, and police and emergency personnel were on site to keep onlookers from getting close to the downed wires.

Some residents of Green Acres who happened to be at home at the time of the accident wandered outside after hearing the vehicle turn over, or in an attempt to find out why their power suddenly went off. There was an obvious expression of surprise at the sight the large truck jacked up in their backyard and the fallen utility pole and wires laying in the street.

Multiple emergency vehi-

cles, including fire and rescue, arrived at the scene under the impression that a possible injury had occurred due to the strange nature of the accident, but officials say that the driver of the tractor trailer was not injured and no charges are expected to be filed.

The street was still blocked off on Thursday as crews continued to work on repairing the fallen power lines and clearing debris from the area.

Arrest

Continued from p1

ment. Dulaney was reportedly picked up in Banner during a traffic stop, and was interviewed by detectives at KSP post 9, before being placed under arrest.

"Jessie Dulaney was charged on a warrant from Floyd District Court with five counts of attempted murder in connection with the shooting," Goble said.

According to KSP, those reportedly present at the residence at the time of the shooting include Janette Tackett, J. R. Allen, Tammy Grigsby, Tony Grigsby and John Grigsby. There has been no report on whether or not any of those in the residence were injured during the shooting.

KSP detectives have reportedly inter-

viewed several persons who were present in the neighborhood during the shooting. The investigation is ongoing, and more arrests are believed to be pending.

While KSP officials have not said whether or not charges will be brought against those in the residence, according to Kentucky Revised Statute 503.080, known as the "castle doctrine," "The use of physical force by a defendant upon another person is justifiable when the defendant believes that such force is immediately necessary to prevent: The commission of criminal trespass, robbery, burglary, or other felony involving the use of force, or under those circumstances permitted pursuant to KRS 503.055, in a

dwelling, building or upon real property in his possession or in the possession of another person for whose protection he acts."

When asked if that statute would play a role in the case, Commonwealth's Attorney Arnold Brent Turner said, "It's certainly something that could be a factor, though it's too early to say whether that would exonerate anyone."

No motive for the violence has been offered yet from KSP investigators.

Turner, who says he has been in contact with the detectives investigating the matter, said that at this point, the evidence indicates that the shooting is not drug related.

Relay

Continued from p1

teams closer together and the sound system worked better because it was able to get out to everyone for the announcements."

Floyd County Judge-Executive R.D. "Doc" Marshall attended the event and praised the survivors who started the Relay For Life with a single lap around the walking area.

"I am in awe of all of you," Marshall said. "You have decided to fight back. That's what this event is all about."

While the numbers are down significantly, McCoart

knows that the amount the event raised will still help their cause.

"We really want to thank all of the people who did donate and all of our sponsors," McCoart said. "Without them, we couldn't have raised as much as we did. It's really going to help the American Cancer Society."

The funds collected by each Relay For Life event are used by the American Cancer Society for research and treatment in hopes of finding a cure for the disease.

Democratic senate candidate releases ad

by BRUCE SCHREINER
ASSOCIATED PRESS

FRANKFORT — Democrat Bruce Lunsford went on the attack Thursday with a TV ad portraying Republican Senate leader Mitch McConnell as the "master" of Washington's insider system, saying the incumbent helps oil companies get tax breaks while politicians receive millions in campaign donations.

Lunsford said in the new ad that consumers "get the short end of the stick."

The statewide ad, Lunsford's second of the fall campaign, is the latest in a back-and-forth fight as Kentucky's U.S. Senate candidates try to link one another to high fuel prices.

Until now, McConnell was the aggressor, running ads tying Lunsford to the state's gas tax. The ads said Lunsford, as a gubernatorial aide many years ago, played a role in passing a law resulting in periodic increases in Kentucky's fuel tax.

McConnell's ads also claim his challenger, a wealthy Louisville businessman, has personally profited from investing in oil and has sought campaign money from oil

interests. Lunsford deflected the attack with his own ad, pointing to newspaper editorials lambasting McConnell's television spot. Lunsford's campaign said McConnell invested in a mutual fund that includes oil stock, and said gas prices have risen \$2.50 per gallon since the Republican started his fourth term.

Some prominent Democrats have said in recent days that Lunsford needed to go on the offensive against McConnell, a savvy strategist known for setting the tone of campaigns.

Running as an outsider, Lunsford said in the new ad that the way Washington works, "politicians get millions in campaign cash" and special interests get what they want.

"Mitch McConnell is the master of this system," Lunsford said. "It's how Big Oil gets billions in tax breaks, and we get \$4 a gallon gas."

McConnell's campaign did not immediately respond Thursday to Lunsford's newest ad.

Lunsford's ad also refers to the recent indictment of long-time Sen. Ted Stevens on corruption charges, though the ad doesn't name the Alaska Republican.

Peebles NOW THRU MONDAY!

SALE 12.99
GUYS ROCKER TEES
By Atonement, Fender, Hybrid, M-XXL
Reg. 20.00-24.00.

30% OFF
KIDS SEPARATES
By Cupid's Cup, Angels' and more.
Reg. 8.00-34.00,
Sale 5.60-23.80

30% OFF
JUNIORS BANDED-BOTTOM TOPS
From Moa Moa.
Reg. 34.00,
Sale 23.80
Banded-bottom dresses also on sale.

BACK-TO-SCHOOL SALE 25%-40% OFF Our Back-to-School Best

30% OFF
GUYS U.S. POLO ASSN.
Striped and solid polos, jeans and more.
Reg. 34.00-48.00, **Sale 23.80-33.60**

SALE 31.99
GUYS LEVI'S JEANS
559, 527 and 569 styles.
Reg. 44.00-48.00.

SALE 14.99
JUNIORS SCREEN TEES
Great prints by Almost Famous and Fang.
Reg. 24.00.

30% OFF
CHAPS' & IZOD SPORTSWEAR
Polos and woven shirts. Men's M-XXL.
Reg. 36.00-65.00, **Sale 25.20-45.50**

60% OFF
STERLING SILVER EARRINGS
Hoops, studs and drops.
Reg. 20.00-50.00, **Sale 8.00-20.00**

SALE 24.99
3-PC. PAJAMA SETS
By On Stage. S-XL.
Reg. 34.00.

SALE 2/\$14
INFANTS PLAYWEAR
Boys and girls styles by Specialty Baby.
Reg. 10.00 each.

25% OFF
FALL HANDBAGS
Handbags by Del Mano and Rosetti.
Reg. 36.00-48.00, **Sale 27.00-36.00**

SALE 16.99
MISSES HANNAH TEES
3/4 sleeved essential tees.
Misses S-XL. Reg. 24.00.

SALE 2/\$20
KIDS SEPARATES
Graphite and Specialty Girl tops and pants. Reg. 14.00 each.

BUY ONE 1/2 OFF
ENTIRE STOCK SHOES
Ladies, men's and kids. Reg. 16.00-125.00.
2nd pair must be of equal or lesser value.

SALE 34.99
MISSES LEVI'S 545 JEANS
Slim fit style in assorted washes.
Reg. 44.00.

STOREWIDE CLEARANCE BLOWOUT! SAVE 70%* ENTIRE STOCK RED-TICKET MERCHANDISE

*Total savings off original prices.

FRIDAYS ALIVE! DOWNTOWN CONCERT SERIES

Have Fun & Discover Downtown Prestonsburg!

Aug 8: Premium Gospel Night

Aug 15: Southern Blvd Band

Aug 22: Available SEATING, FOOD, & GAMES!

Aug 29: The 80's

Aug 31: The Ultimate Get 10 - The Show!

Prestonsburg Idol

All Shows Start at 7:00pm Downtown City Stage

Any Questions? Call Brent at 606-886-2335

Discover Downtown Prestonsburg!

Cellfire GET EXTRA COUPON SAVINGS Sent directly to your cell phone! Text PEB to 22888 Free sign-up at cellfire.com

GIFT CARDS! Order at www.peebles.com In all stores, or order toll-free 1-800-743-8730

FLOYD COUNTY Sports

Inside

NASCAR • B3
College Football • B4

Brooks: Wildcats improve in second practice

TIMES STAFF REPORT

LEXINGTON — The University of Kentucky football team held its second practice Wednesday afternoon at the Nutter Training Center, with Coach Rich Brooks noting improvement from the first practice.

"I think it was a little crisper today, a little sharper, got the first-day jitters out of the way," Brooks said. The Wildcats worked out in helmets, jerseys and shorts in a split-squad format, with each group getting approximately two hours, 10 minutes on the field.

An interesting facet of the first two days has been the effort of freshman Randall Cobb, who is seeing time at both quarterback and wide receiver. It is difficult enough for freshmen to learn one position, yet Cobb seems to be adjusting well with two sets of assignments.

"(Cobb is) Bright, hard-working, focused," Brooks said. "He's a young Keenan Burton as far as work ethic and attention to detail. Just a special, special guy."

Brooks said that Cobb would continue to split time through Thursday's practice, then the coaches probably would decide

to have him spend the majority of time at one position. At this point, Brooks noted the coaches were leaning toward giving him more extended action at quarterback, thanks to the ability shown by the other freshman wide receivers.

"The receiving corps, we haven't had anything like that as a group since I've been here," Brooks said. "Some of the linemen have, too. We'll wait a few more days before we anoint anybody. Once the pads get on you can tell a little bit better."

Brooks also said the impression made by the first-year wide receivers is also a credit to the

veteran wideouts.

"DeMoreo (Ford), even though he's limited in what he's doing (while recovering from injury), is coaching the heck out of them in the first (split-squad) practice," Brooks said. "Dicky (Lyons) is coaching the heck out of them in the second practice, so the experience we do have, they're utilizing it not only for to get better themselves (but also for the benefit of the freshmen)."

The Wildcats returned to the practice field Thursday afternoon and were work out in helmets, shoulder pads and shorts at press time.



file photo
ANDRE WOODSON left a void at the quarterback position for the University of Kentucky football program.

Summer's ending signals start of fall sports

by RICK BENTLEY
TIMES COLUMNIST

Pay no attention to the calendar. Summer is over. If you don't believe me, ask pretty much anyone you know under the age of 18. They'll tell you.



And, of course, if they happen to play a fall sport, it's been that way for a couple of weeks now. Football practice is in full swing these days, which leads me to believe the same can be said for volleyball and soccer and likely Cross Country.

By the way, anybody know why Cross Country is capitalized while no other sport is? I'd love to get an answer to that one.

But with sports being in full gear, I'd like to leave the student-athletes behind for a moment and issue a challenge of sorts to those who coach them.

First off, let me say thank you. Unless you're non-tenured, you don't have to spend the extra time it takes to be a coach and I want you to know I appreciate it. I don't know exactly what we pay high school coaches - or college ones either, for that matter - but I do know unless things have drastically changed in recent years - right - it's not nearly enough.

If people knew what these people are being compensated for their time as a coach, they'd likely back off on these message boards and even in the stands. The better-paid coaches are paid only a few thousand dollars a year for their time, and the assistants aren't getting anywhere near that. It's shameful, to be honest.

But with your signature on the contract comes a certain amount of

responsibility, and I'd like to either remind you of one of them or perhaps add to the list by asking that we be mindful of our status as a role model and watch our language this season.

Right there, several coaches stopped reading and others rolled their eyes. Hopefully they'll come back to finish this with the rest of us.

We may not like it, but as a coach or a person in a position of

leadership we have a certain responsibility to behave like an adult. We also have to remember our role in the educational process. Be it on a football

(See FALL, page two)



The Prestonsburg High School football program held its annual Media Day Sunday at Blackcat Stadium. Prestonsburg will host a pair of scrimmages prior to the start of the 2008 season.

Prestonsburg High School Football
Coach: John DeRossett

2008 Schedule

- Aug. 30 Paintsville, 7:30 p.m.
- Sept. 5 Breathitt County, 7:30 p.m.
- Sept. 12 at Bath County, 7:30 p.m.
- Sept. 19 at Lawrence County, 7:30 p.m.
- Sept. 26 at Morgan County, 7:30 p.m.
- Oct. 3 Open
- Oct. 11 at Beechwood, 4 p.m.
- Oct. 17 Pikeville, 7:30 p.m.
- Oct. 25 at Cooper, 4 p.m.
- Oct. 31 at Shelby Valley, 7 p.m.
- Nov. 7 Perry County Central, 7:30 p.m.



KHSAA staff reorganization announced

TIMES STAFF REPORT

LEXINGTON — Commissioner Brigid DeVries announced several changes in staffing at the KHSAA offices today, and outlined a framework for other changes that may be forthcoming. "Probably the most notable change is the designation of a Compliance Coordinator," DeVries said. "We are at a point in our history where our membership and other constituent groups are supportive of an increased emphasis on compliance by our member school coaches and representatives. The KHSAA has long been a leader within National Federation of State High School Association membership, and this innovative compliance approach will be another chance to focus on a very important initiative for Kentucky high schools."

DeVries announced that Assistant Commissioner

Darren Bilberry, who has been with the staff since February, 2007, has been designated as the Compliance Coordinator for the office. Bilberry has extensive compliance experience. Prior to being hired by the Association, he had over 11 years of experience in this area at the University of Kentucky, Southern Illinois University and Auburn University.

"Rules Compliance is not just about investigations and transfers," DeVries said. "It is about developing an attitude of compliance and institutional control that is vital for the KHSAA membership." Bilberry will continue with other sports assignments, but will be the primary contact person for compliance and inquiries.

DeVries announced the promotion of Butch Cope, who has been the KHSAA Director of Promotions and Media Relations, to the Assistant Commissioner position vacated by the

retirement of veteran Assistant Commissioner Larry Boucher. Cope, who will begin his new position on August 11, will continue his work as the primary contact for KHSAA Corporate Sponsors and several special programs in addition to taking on day to day responsibilities in Golf, Volleyball and Tennis.

"Mr. Cope has proven his ability not only to manage events, but to manage the professional relationships within the Association, and will be a great contributor as an Assistant Commissioner," DeVries said. "He has done a wonderful job in his current position, but is certainly deserving of an opportunity to expand his role within the Association and continue contributing to our success."

Cope joined the Association in 1995 as Sports Information Director, and was promoted to Director of Promotions and

Media Relations in 2002. He was recently selected to serve a four year term on the National Federation of State High School Associations Citizenship Committee.

A 1986 graduate of Marshall County High School, Cope holds a Bachelor's Degree of Business Administration in Marketing (1990) and a Master's Degree in Sports Management (1995), both from the University of Kentucky.

"I'm so appreciative of the opportunity to further my career with the KHSAA," Cope said. "The last 13 years have been most rewarding and I look forward to working with individual sports as well as continuing efforts with our great special programs."

The Association will be posting an announcement for a Sports Information Director in the near future

(See KHSAA, page two)

9th Annual Youth Hunt/Campout scheduled

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG — The 9th Annual Youth Hunt/Campout will be held Aug. 15-16 at German Bridge Campground. Each youth must be accompanied by at least one parent or guardian. All campers must bring their own hunting, fishing and camping equipment. Age groups for the event include 7-9, 10-12 and 13-15.

The event, which is free, will include a bear and elk update and no pets are allowed.

The event is sponsored by the Floyd County Hunter Education Organization, Dewey Lake Fish & Game Club, Kentucky Department of Fish & Wildlife and the Kentucky Hunter Education Association.

Youth hunters over age 12 must have a hunting license. Hunting with shotguns is permitted only. All federal, state and WMA game regulations apply.

The youth hunt/campout will also feature a BB gun shoot, canoeing, archery and a turkey calling contest. Campers must bring their own turkey call.

Door prizes, including shotguns, will be given away. Each youth camper will receive a gift, a hat and a chance to win a shotgun.

Pre-registration is required and spaces are limited.

For additional information, call Tom Bormes (606/285-5061), Joe R. Bolton (606/496-8683), Tim Goble (606/874-2490) or Gerald Jones (606/886-8656).

Anyone willing to donate to the event should contact Bolton.

Hall takes over SFHS gridiron program

by STEVE LeMASTER
SPORTS EDITOR

HI HAT — Longtime assistant coach Jody Hall has been named head coach of the South Floyd High School football program. He replaces veteran head coach Donnie Daniels, who will remain on the Raider staff as an assistant coach. Hall, who played at Corbin High School before finishing his prep career in a South Floyd uniform, inherits a program that competes in Class A, District 8 along with Pikeville, Paintsville, Allen Central and Betsy Layne.

"We were extremely pleased with the hire and look forward to great things from our football program," said SFHS Athletic Director Barry Hall.

Joe Marson is the new South Floyd High School Principal. Marson takes over for Keith Henry, who has moved into the positions of Floyd County AD and OU (Opportunities Unlimited) Principal.

Football Eagles report to campus

TIMES STAFF REPORT

MOREHEAD — The Morehead State University Football Eagles began reporting to campus for pre-season workouts when the freshmen arrived on Sunday, Aug. 3. The veterans will report on Aug. 5.

The Eagles of Coach Matt Ballard are coming off a 7-4 season that saw them finish 5-2 and in third place in the Pioneer Football League. One of the highlight wins came when the

Eagles handed NCAA Mid-Major National Champion Dayton its only loss of the season, 42-35 at Jayne Stadium.

The 2007 Eagle defense led the nation (NCAA Division I Football Championship Subdivision) in rushing defense. Cornerback David Hyland (in the picture that accompanies this story) led the nation in interceptions per game. Prestonsburg native John Gilliam is the MSU defensive coordinator.

Hyland, middle linebacker Wes McDermott and lineman Andrew Doan are among the key returnees on defense. Wide receiver Nick Feldman and linemen Nick Schoenfeld (center) and Chris Setters (tackle) are among the all-star candidates who return on offense.

MSU will open the 2008 season on Aug. 30 when Southern Virginia visits Jayne Stadium for a 7 p.m. contest.



Honoring Pops: Allen Driver Brandon Kinzer won the 2nd annual Pop's 40 Late Model feature at the 201 Speedway Saturday night. Pictured with Kinzer are Walker Prater's daughters, Pam Frasure (right) and Tamyra Hughes (left).

Weeks has 4 hits, Brewers beat Reds 6-3

by JOE KAY
ASSOCIATED PRESS

CINCINNATI — Shoves? What shoves?

Struggling leadoff hitter Rickie Weeks matched his career high with four hits Wednesday, and the slumping bottom of the Milwaukee Brewers' batting order chipped in, too, setting up a 6-3 victory over the Cincinnati Reds that set a lot of things right.

The Brewers took two of three in a series that started with a pair of ugly shoves and concluded with a pair of uplifting wins that showed resiliency.

"We've got guys that don't care about situations that happen on or off the field," Weeks said.

The defining moment of the series happened in the dugout. First baseman Prince Fielder twice shoved pitcher Manny Parra during a 6-3 loss Monday night, when the Brewers had their NL wild-card lead trimmed to a mere half-game over St. Louis. Fielder apologized a day later, and the Brewers were on their best behavior the rest of the way.

They even managed to get some clutch hits, the thing they've missed the most during their recent slide of seven losses in 11 games.

"The doom and gloom that was in here two days ago, and we end up with a 4-2 road trip and again, we're doing fine," manager Ned Yost said.

Jeff Suppan (7-7) handled the Reds' free-swinging lineup for the third time this season, allowing an RBI groundout and a two-run homer by Jay Bruce. Suppan has given up only six earned runs in those three starts against Cincinnati.

Eric Gagne struck out Edwin Encarnacion with two runners aboard to end the eighth. Salomon Torres pitched the ninth for his 22nd save in 26 chances.

The way the Brewers handled themselves in the two wins made those two shoves seem insignificant.

"When you get a team that's a little more experienced, you're able to understand the situations, confront them and move on," Suppan said. "You can see that maturity with our team. That's starting to show."

Weeks drove in a pair of runs with his second single off Homer Bailey (0-6), who failed to last six innings for the third start in a row. In those three games, the 22-year-old rookie has allowed 30 hits and 16 runs in 12 1-3 innings.

Bailey's fastball had slipped under 90 mph earlier this season, but was back up around 93

consistently and occasionally hit 96 on Wednesday.

"He pitched better," manager Dusty Baker said. "He had his best velocity since I've been here. He walked three (two) guys in the third inning and they scored, but he did throw the ball better."

Weeks had been in a 5-for-29 slump that dropped his average to .223, lowest in the starting lineup aside from Suppan. He singled in each of his first three at-bats, keeping constant pressure on Bailey. Weeks' four singles overall marked the second time in his career that he had a four-hit game.

"Ricky had great at-bats, sparked our offense big-time," Yost said. "I was real proud of Rickie. Rickie got hot this time of year last year, too. Even though there's a lot of people that get on him because they really don't look beyond the day-to-day happenings, Rickie's been swinging the bat very well since the All-Star break."

Slumping center fielder Mike Cameron had three hits, scored twice and drove in a run while batting seventh. Catcher Jason Kendall, who followed him in the order, broke the game open when he came to bat with the bases loaded in the sixth inning. Kendall hit a comebacker that deflected off Bailey's glove and rolled past second baseman Brandon Phillips into right field for a two-run single.

"It nicked the side of the glove," Bailey said. "It was just out of my reach. If I had to do it over again, I'd watch it and let Brandon field it."

The Brewers need to play well to take advantage of a fortuitous stretch of their schedule. They're three games into a streak of 10 straight against some of the NL's worst teams — Cincinnati, Washington and San Diego.

Milwaukee was tied with the Cubs for first place in the NL Central on July 26, but got swept by Chicago at home in a four-game showdown last week. When the Brewers lost their opener in Cincinnati, the frustration boiled over in the dugout.

Notes: Weeks also had four hits on May 21, 2007, at Los Angeles. ... Since he returned from a stay on the disabled list with a sore elbow, Suppan is 2-1 in four starts. ... Reds C David Ross snapped an 0-for-17 slump. ... Bruce extended his hitting streak to 10 games, two shy of his season high. ... Bailey, a former first-round draft pick, is 4-8 in 17 career starts with a 6.70 ERA.

Fall

field, a soccer field, a basketball court or a classroom, we're still teachers and should be mindful of that.

Language is something we have tremendous control over, and like it or not, it's something our student-athletes pay particular attention to. We have to do a better job of this and remember that we're setting an example that they will follow.

Because we're primarily talking about coaches of junior high and high school students, it's even more important that we be mindful of our language. By this age, many have closed off mom and dad as persons they want

to emulate. It'll be that way for the next several years and as such, they're looking for other adults to base their lives on.

Like it or not, if they play a sport, the coach is going to be one of those persons.

And even if you don't like that, you should keep this in mind: Sadly, it's just as likely the example they're getting at home isn't a good enough one. That said, if they see the other person they spend an extraordinary amount of time around behaving in a better way or finding better ways of expressing themselves, they can see that they too don't have to behave that way.

The truth is the truth: We learn from every person of authority we come into contact with. Some we learn how to behave from, others we see things we shouldn't do. As a coach, we have to keep these things in mind.

It's very early in the current school year, and there's still time to curtail our behavior. I would beg of you as coaches or other persons of authority to clean things up that come out of our mouths and show these impressionable young people that there are better ways to behave.

Success is measured in ways other than wins and losses. On the high school

Continued from p1

level, we pretty well have to play the hand that's dealt us, meaning we shouldn't have any control over the talent level we have. Most schools still don't recruit a whole lot, so we're just kind of stuck with the players we have.

But we're still educators, still role models, and if we can adjust the behavior or language of just one child, we will have been a success.

And if one member of each team at every school in our region is touched, Eastern Kentucky will be a better place for all of us.

And, clearly, that would make winners of us all. Each and every one of us.

Steelers offensive line a worry without Faneca

by ALAN ROBINSON
ASSOCIATED PRESS

LATROBE, Pa. — For everything, the Pittsburgh Steelers' offensive line did right a season ago, there now seems to be a major worry in its place.

Ben Roethlisberger passed for a team-record 32 touchdowns and threw only 11 interceptions, a year after throwing 23. The problem: 47 sacks, giving the offensive line a worrisome 93 in two seasons.

Willie Parker led the NFL in rushing until late December, and the Steelers have since added first-round draft pick Rashard Mendenhall to complement him. The problem: Parker broke a leg, and the Steelers lost their final two games as the rushing yardage dried up.

Roethlisberger and coach Mike Tomlin profess to having considerable trust and faith in the offensive line, traditionally the strength of the offense. But the Steelers are entering the great unknown without All-Pro left guard Alan Faneca.

One of the best linemen in team history, Faneca signed with the Jets in the offseason.

The Steelers appear to have enough talent to challenge again for the AFC North title, but only if the line doesn't become a week-to-week worry.

"I think some people look at it and are a little nervous, but I like the young attitude we have," Roethlisberger said.

The Steelers have yet to see this Faneca-less offensive line

in game action, but will Friday when they play the Philadelphia Eagles in the first of four exhibition games for each team.

"It's always an issue," right guard Kendall Simmons said of the increased focus on the line. "But going into the end of the year, Willie Parker probably would have won the rushing title if it wouldn't have been for that (injury). To me, I don't see it being a big issue."

Replacing seven-time Pro Bowl pick Faneca is Chris Kemoeatu, a 2005 sixth-round draft pick who has made only three NFL starts. He missed the first eight days of training camp with a triceps injury, an unwelcome development for a player who wanted to get established quickly.

"You lose a potential Hall of Fame lineman, there's always going to be questions," Simmons said. "Chris needs to set the tone, and let people recognize who he is and not try to worry about (replacing Faneca)."

Simmons and left tackle Marvel Smith are holdovers. At center, Justin Hartwig, who was released by Carolina, and Sean Mahan, who had a mediocre season after replacing the retired Jeff Hartings last season, are competing.

No matter who wins the job, neither Hartwig nor Mahan is expected to draw comparisons to the three former Pro Bowl centers who previously manned the position in Mike Webster, Dermontti Dawson and Hartings.

The right tackle's job was

supposed to be open, although 2007 starter Willie Colon appears to be holding off Max Starks, who started when the Steelers won the Super Bowl three seasons ago. In a quirky offseason move, Starks agreed to a tender offer of nearly \$7 million that will make him one of the team's highest-paid players even if he doesn't start.

The Steelers wanted to retain Starks' rights with the intention of doing a long-term contract that would negate the tender, but the two sides didn't reach terms.

Tight end is a position of strength in what was the NFL's No. 3 rushing offense last season, now that Heath Miller has developed into as adept a blocker as he is a receiver.

From the way the players are talking, the transition along the line came last year when Tomlin and new offensive line coach Larry Zierlein arrived. Faneca and Zierlein clashed at times over technique.

"Z sat back and kind of let us do our own thing last year," Simmons said. "This year, everybody is really paying attention and trying to do that because you can't have combat between two different styles."

To Hartwig, limiting the sacks will eliminate most of the worries. Using the no-huddle offense on a regular basis may help accomplish that.

"There's definitely a sense of urgency around the locker room as far as giving up sacks," he said. "I think

there's a little different chemistry from what I understand. Kendall and Marvel kind of stepped up as leaders, and I think everybody's on board."

LB Keith Rivers has first day at Bengals camp: Linebacker Keith Rivers joined the Cincinnati Bengals at training camp Wednesday after ending a 10-day holdout. The team's top pick promptly made a rookie mistake.

Rivers did the wrong exercise — jumping jacks — at the end of calisthenics, drawing a round of boos from teammates.

"It shows I haven't been here for a while," said Rivers, who participated in a mandatory minicamp in June. "I forgot how that rolls. Hopefully, next time I'll get that right."

Rivers, who signed a five-year contract Tuesday night, has some other catching up to do. He missed 12 practices, including the club's intrasquad scrimmage, besides meetings and film sessions.

"He looked like he did last time I saw him," coach Marvin Lewis said. "We'll see how we go through the week and see whether we play him, or how much. Unless I can find something major, I expect him to play some."

The Bengals open their preseason Monday night at the Green Bay Packers.

Rivers, the ninth pick out of Southern Cal, ran drills with the second-team defense, playing behind third-year player Brandon Johnson.

Terms of Rivers' contract haven't been disclosed.

REPORT SCORES TO
THE FLOYD COUNTY TIMES
Phone: 886-8506
Fax: 886-3603
Email:
sports@floydcountytimes.com

KHSAA

to complete the staff.

In addition, DeVries announced that Michael Barren, former Athletic Director at Paul Dunbar High School, has been named to the newest Assistant Commissioner position authorized by the Board of Control. Barren, who recently retired after 28 years with the Fayette County Public Schools, will begin his duties in early September.

"I am sure Mike would have been perfectly content to retire following the outstanding career he had in public education including serving as a full-time classroom teacher, department chair, and Athletic Director, simultaneously," DeVries said. "Mike has an excellent sports background and is well qualified for the varied responsibilities of an Assistant Commissioner. I was pleased that he showed interest in this position, and feel that he will be an excellent member of our Association leadership team."

Initially, Barren will transition into handling the daily responsibilities for student eligibility, Cross Country, Track and Wrestling. He will also be a liaison with the Athletic Directors in the state and coordinate other special programs. Barren received his Master Athletic Administrator Certification from the National Interscholastic Athletic Administrator Association in 2006 and has been active among the group including

serving as a state liaison. He served as president of the 11th Region Athletic Directors Association and is a member of the Board of Directors of the Kentucky High School Athletic Directors. Barren's previous experience also includes a three year stint on the KHSAA Board of Control, including one year as vice president.

Barren is a 1975 graduate of North Hardin High School and received BA (1979) and MA (1985) degrees from the University of Kentucky.

"This is a goal I have worked toward and is an exciting opportunity to serve high school athletics," Barren said. "I look forward to being a part of the team."

Barren and his wife Brenda are the proud parents of twins Madelyn and Ethan and new born Tristan. He will begin his duties with the KHSAA September 5.

DeVries noted that Ken Tippet, former Principal at Woodford County High School and a Fundraising Consultant on the KHSAA staff since 1992, has decided to retire. While at the KHSAA, Tippet assisted in the formulation of the "Sweet 16 Club" for basketball and was instrumental in the creation of the Forcht Group of Kentucky/KHSAA Statewide Sportsmanship Recognition Program. He assisted and helped develop the existing corporate sponsor program during his tenure with the Association as well as efforts

Continued from p1

with the Dawahares/KHSAA Hall of Fame and golf tournament and was responsible for several corporate sponsorships.

"Ken Tippet is one of the most dedicated educators I have ever come in contact with," DeVries said. Tippet had been on a year-to-year contract with the Association, and decided that following the 2007-2008 year, he would retire. "He has given of himself tirelessly and will be missed by the Association. Ken stated that he and his wife Sharon have many things they want to do and we wish him nothing but the best in his retirement."

DeVries also announced long-time

Assistant Commissioner Julian Tackett will assume the duties related to the Officials Division and oversee technology management for all sports. He will also manage the regular season in boys' and girls' basketball vacated with the retirement of Boucher. DeVries noted that some of the job assignments are obviously subject to change over the coming months. The KHSAA Board of Control, at its August 1 meeting, approved the hiring of a full-time general legal counsel to work in the Association office in Lexington.

"This is an exciting time and we all are looking forward to the addition of staff," DeVries said. "We will continue to provide the services and manage our events in a first-class manner as we have in the past."



SPORTS FAN

OF THE WEEK



**If you are the sports fan circled here...
it's your lucky day!**

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at **DAIRY QUEEN OF PRESTONSBURG**. When claiming your ice cream cake, present this newspaper.

VISIT THE FLOYD COUNTY TIMES ONLINE
www.floydcountytimes.com

In The Pits: Kyle Busch likely to race for more wins

by JENNA FRYER
ASSOCIATED PRESS

CHARLOTTE, N.C. — Kyle Busch can't win everywhere, proven by two horrendous races this season at Pocono Raceway.

The Sprint Cup Series points leader ran out of gas Sunday and wound up a frustrating 36th. As miserable as the final result was, it was still an improvement over his last-place finish there in June.

He bounced back from that accident-ending first visit to Pocono, reeling off three wins in the five races that followed. Whether he can do it again — or will even try — remains to be seen.

Busch and his Joe Gibbs Racing team have a decision to make over the next five weeks: they can try to reclaim the momentum Busch has used all season while earning a series-best seven Cup wins, or they can start planning and preparing for the Chase for the championship.

Jimmie Johnson took the latter route the past few years as he and crew chief Chad Knaus used this part of the schedule to fine-tune their Chase package. Although it cost them victories

in August, they were rewarded with back-to-back championships the past two seasons.

But patience is hardly one of Busch's virtues, and trying to get NASCAR's resident wild child to rein it in for a monthlong test session could be an impossible challenge.

"I am not so sure he's capable of backing off," team owner Joe Gibbs said. "I think he's kind of got a mind-set — which I think is the best way to race for a championship — to go after it every week. We wouldn't want to have him do anything other than try to win every race."

Fortunately for Busch, the points system encourages him to do just that.

Since NASCAR implemented a 10-point bonus last year for every "regular season" victory, there's a renewed emphasis on racing for wins rather than top-10 finishes. Busch already has a series-best 70 bonus points he'll roll into the Chase, and his closest challenger is Carl Edwards, who now has 30 bonus points after Sunday's win at Pocono.

Edwards should actually have 40 bonus points, but he was docked 10 after his race-winning car in Las Vegas failed inspec-

tion. But in closing the gap at Pocono, Edwards took some of the shine off of Busch's comely lead by becoming his closest current Chase challenger at just 40 points back.

But is Edwards' sudden surge — he's got a win and a pair of second-place finishes in the past four races — enough to put a panic in Busch? Or maybe force crew chief Steve Addington to contemplate strategy over the rest of the month?

Probably not. Gibbs is correct in doubting Busch can pull back a bit and focus on the bigger picture. For all the strides the 23-year-old has made this year in maturity, he's still a moody driver who is deeply affected by his on-track performance.

"I'm not a happy person when I'm not running well," he admitted.

And that's putting it politely.

When Busch is winning — and he's done so a NASCAR-record 15 times this season spanning three different series — he gains both a swagger in his gait and a mind-set that's he's unbeatable. That's how Addington needs his driver when the Chase starts in

September.

Quelling his momentum through big-picture planning risks sending Busch into the championship run without the mental edge he's held over the competition most of the season.

Busch seems to think he can be conservative — once the Chase begins. But until then, he doesn't want to stop racing for wins. And now that he's in contention for Jeff Gordon's record of 13 Cup wins in a season, Busch wouldn't mind making a run at the mark.

"You try to look forward at things and hopefully you can say that 13 is reasonable," he said. "It was pretty cool growing up and watching him and those times when he was able to run well and get those marks and think of the unbelievable seasons that he was having watching him when I was a kid."

"If there's a shot for it that would be pretty cool."

That would mean Busch needs to be aggressive the next five races, and maybe even during the Chase. Wins take a back seat to solid runs during the 10-race title hunt, and Busch insists he understands that.

"When the Chase starts,

there's going to be a different race going on," he said. "There's not going to be the race of going out for wins and doing pit strategy things and stuff like that which will take your chance out of a good top-10 or a good top-five. You just have to be consistent and stay up there in order to get those finishes."

But as soon as the words are out of his mouth, Busch contradicts himself. Known for making spectacular moves to gain a position or two on the track, he admits he won't be able to abstain from doing that during the Chase.

"If there's going to be a way to get through it, then I'm going to do it," he said.

Truex agrees to stay at DEI through 2009: Martin Truex Jr. has finally agreed to a contract extension with Dale Earnhardt Inc. that keeps him in the No. 1 Chevrolet at least through 2009.

The two sides held a mutual option on the 2009 season, but Truex had been reluctant to commit even though DEI was eager to retain him. He tested the market, and had verbally agreed to stay with the team several weeks ago, but declined signing

anything before agreeing on Wednesday.

Now that he's signed, the two sides are working on a longer deal.

Truex, who won consecutive championships in the then-Busch Series for DEI, made the Chase for the championship last season. He's currently 17th in the standings, 248 points out of the 12th and final spot with five races to go.

NASCAR SPRINT CUP DRIVER STANDINGS

1. Kyle Busch, 3,059
2. Dale Earnhardt Jr., 2,883
3. Carl Edwards, 2,874
4. Jimmie Johnson, 2,859
5. Jeff Burton, 2,833
6. Jeff Gordon, 2,678
7. Kasey Kahne, 2,592
8. Greg Biffle, 2,589
9. Tony Stewart, 2,569
10. Denny Hamlin, 2,547
11. Kevin Harvick, 2,520
12. Clint Bowyer, 2,512
13. Matt Kenseth, 2,501
14. David Ragan, 2,466
15. Ryan Newman, 2,339

Roush says Edwards ready to win title

by MIKE HARRIS
ASSOCIATED PRESS

Jack Roush isn't one to keep his opinions to himself.

But Carl Edwards was obviously taken aback when the co-owner of Roush Fenway Racing looked over at the driving star after last Sunday's victory at Pocono and made a surprising comment. "I'll look at Carl when I say this, and he can slap me if he wants," Roush said. "He wasn't ready to win a championship, I think, until this year."

"I think, this year, he can go head-to-head with Jimmie Johnson, Tony Stewart, with anybody else that's there. And I think he can close the deal."

That was news to Edwards, in his fifth season driving for Roush and with points finishes of third and ninth on his resume.

"I understand what Jack is saying," Edwards noted. "I don't necessarily agree 100 percent, but I get the point."

"I'll put it this way: I feel like I'm better as a race car

driver than I've ever been. I don't know if I wasn't ready to win a championship or something like that, but I can tell you that I feel like I've learned a lot."

Kyle Busch has garnered most of the headlines this season, winning seven of the first 21 races and building a 176-point lead over runner-up Dale Earnhardt Jr. with just five races remaining before the start of the Chase for the championship.

But it could be argued that Edwards has had the next best season, winning four times and sitting third in the points.

If the 10-race Chase were to begin this week, the seeding of the 12 eligible drivers — with each awarded 10 bonus points for every victory — Busch would be on top and Edwards would begin the post-season in second, just 30 points behind.

Roush, considered a strong judge of driving talent, has accumulated two Cup titles, two Nationwide championships — one by Edwards

last year — and one truck title.

So he has a pretty good idea how championships are won and who wins them.

"The championship ultimately winds up being determined by how well you do when things go bad," Roush said. "(It's) when you have to say, 'My car's not right, we've had a little wreck,' you know, something's happened."

"Do you go on and self-destruct or do you manage to be in the frame of mind where you can go on and get the most out of it?"

Heading to Watkins Glen this week, Roush Fenway also has Biffle eighth in the standings.

Roush, who also fields Cup cars for 2003 champion Matt Kenseth, Jamie McMurray and David Ragan, praised Kenseth and his crew chief, Chip Bolin, who got caught out on strategy Sunday. Kenseth finished 11th, falling to 13th in the standings, just 11 points behind Clint Bowyer, 19 behind Kevin Harvick and 35 in front of Ragan in the battle

to make the Chase.

"Matt's done a great with Chip," he said. "Right now, they and Carl and Bob are in the same league with the best. Unless you've got that level of maturity and wisdom and presence and experience that gives you that, within the organization, having a lot of speed in the car, being able to win a lot of races, is not going to do it."

"When things go bad, you're going to disintegrate. Carl is going to be able to (overcome) that this year. I'm real confident."

And, Roush, who had all five of his drivers at the time in 2005, still has high hopes for veterans Biffle and Kenseth and second-year Cup driver Ragan, too.

"I have hopes still of getting David Ragan in (the Chase), which will be real exciting," Roush said. "Of course, Matt and Greg will make a good accounting of themselves, too. They're in championship form. The organizations look great."

Robby Gordon: Owner/driver needs a win

by MIKE HARRIS
ASSOCIATED PRESS

Car owner Robby Gordon sees Sunday's NASCAR Sprint Cup race at Watkins Glen International as a chance to show the team's progress and woo potential sponsors.

Driver Robby Gordon just wants to feel what it's like to win again.

It's been five years and 178 races since Gordon took the checkered flag, winning the 2003 event at The Glen to complete a sweep of the two Cup road races that season while driving for Richard Childress Racing.

Since starting his own team in 2005, Gordon's success has been limited. His only top-five finishes the past three seasons have been a second, fourth and fifth at Watkins Glen.

Worse, each ensuing season, sponsorship money has become harder to find and he's still got a one-car operation — a distinct disadvantage against powerhouses like the three-car Joe Gibbs Racing, four-car Hendrick Motorsports and five-car Roush Fenway Racing operations.

But Gordon's roots are in road racing, in sports cars and IndyCars, and he was a top-notch off-road racer. He remains one of NASCAR's best on tracks with right and left turns.

"We put a lot of effort into our road racing," he said Tuesday during a video conference. "Not that we don't put a lot of effort into our oval racing as well, (but) this is something I've done for 15 years now and I have a lot of experience road racing."

There is constant speculation that Gordon's time as an owner could end soon if he doesn't find more sponsors. But Gordon, who insists he is not spending his own money, said he's confident

Robby Gordon Motorsports will have a sponsor next year. Jim Beam is the current sponsor.

Gordon said getting the team running three years ago was the hardest part. He sees the outfit as mature and stable now, learning from mistakes and finding solutions to problems.

"Every year we've climbed the ladder in points and we work ourselves up into a higher position," Gordon said. "I'm confident by the end of the year this year we'll learn from some of the mistakes we made again with the Car of Tomorrow."

Even one-car teams, Gordon says, can struggle getting everyone to work together.

"It sounds crazy," Gordon said. "You would think everybody working together would be on the same team anyway. But you have a lot of cliques, a lot of groups. There's a lot of egos in this sport."

And a lot of races. The 36 events over 10 hectic months add to the challenge for a small team. Gordon likened NASCAR to a season-long version of the 16-day Dakar rally.

"By the time you get home on Monday, you got to be already having cars ready so that they can roll on the truck on Wednesday and go the next weekend," he said. "You've got to really look into the future of what you're going to need to make your team better."

Gordon's team is getting used to the routine, enough so that he would like to add a second car if the team has enough success.

"Like I said, we're four years into it now," Gordon said. "We're not racing the race of Wednesday or Thursday to get the car in the hauler. We're actually

racing the race on the race track, and that's the most important thing."

A few wins would help, too. Perhaps starting Sunday.

Almirola back in No. 8 car

THE ASSOCIATED PRESS

Aric Almirola returns to NASCAR Sprint Cup racing this week, driving the No. 8 Dale Earnhardt Inc. Chevrolet at Watkins Glen International.

It will be the sixth Cup race of the season and first since June 29 at New Hampshire for the 24-year-old rookie, who is sharing the ride this season with Mark Martin. But it will be Almirola's first start since last month's announcement that he will drive the No. 8 entry full-time for DEI in 2009.

The youngster is scheduled to compete in 12 Cup races this season, including three in the next four weeks.

Though a road course might not be an easy return for Almirola after a layoff of more than a month, he is looking forward to the challenge, despite starting 40th and finishing 28th in the June road race at Sonoma.

"Once I started to get a hang of racing on a road course I actually started to like it," Almirola said. "The goal for Watkins Glen will be the same as in Sonoma, to keep all four tires on the pavement and get the best finish possible."

Tony Gibson, crew chief for the No. 8 Chevrolet, liked what he saw at Sonoma.

"Aric did everything we asked of him, and more," Gibson said. "He kept the

car out of trouble, stayed on the lead lap and improved as the race went on. He's a quick learner who has loads of talent."

Almirola, who also had six Cup starts last year, doesn't particularly enjoy watching races from the pits and could hardly wait to get back in the car.

"Don't get me wrong, I am fortunate to learn from Mark, but being on the sidelines is not any fun," Almirola said. "I want to get in there and be part of the action. I am really looking forward to the next four weeks."

NEW DEAL: The IndyCar Series and Infineon Raceway have reached a three-year agreement that will keep the open-wheel series in the Sonoma Valley through 2011.

IndyCars returned to the road circuit in Northern California's wine country in 2005 after a 35-year absence. With the recent unification of the IndyCar Series and the now-defunct Champ Car World Series, raceway officials decided it was the right time to extend the relationship beyond year-to-year.

"This series has tremendous momentum, with larger fields, emerging new stars and terrific racing," said Steve Page, president and general manager of Infineon Raceway. "The future of IndyCar racing is bright ... and we're excited to see that future play out on the corners and straightaways of Infineon Raceway."

Infineon is the only facility in the country that hosts every major form of motor racing, including NASCAR Sprint Cup, AMA motorcycles, NHRA drag racing, the Grand Am Rolex Sports Car Series and IndyCar.

This year's IndyCar event is scheduled Aug. 22-24.



photo by Jamie Howell

THE PRESTONSBURG HIGH SCHOOL cheerleading squad is set to enter the 2008 football season.

Carpentier focused on now

by WILL GRAVES
ASSOCIATED PRESS

Patrick Carpentier couldn't help but laugh.

Racing in front of his home fans during last weekend's Nationwide Series race in rain-soaked Montreal, Carpentier wasn't too busy chasing his first stock car win to keep from taking a look at one of the big TV screens, where he caught Carl Edwards using a squeegee on his windshield.

"I thought that was the highlight of the race," Carpentier said. "I was like, 'Where the heck did he get that squeegee at?' I thought maybe he stopped at a gas station on the way to the track. It was funny."

Carpentier's rookie NASCAR season hasn't been quite as amusing.

The former open wheel star enters this weekend's Sprint Cup race at Watkins Glen 37th in the season points standings. He'll need to crack the top 35 to guarantee his No. 10 Gillett Evernham Motorsports team a spot on the series next year.

If Carpentier is nervous about his job status, it doesn't show. The easygoing Canadian has become popular with fellow drivers and seems to smile no matter the situation. He knows this weekend could be his final opportunity to convince his sponsors he deserves another year, but he's not going to treat every lap as his last.

"If you worry about it, you'll perform worse most of the time," he said.

The race at the Glen marks the one-year anniversary of Carpentier's Sprint Cup debut. He navigated the tricky road course deftly last summer, finishing 22nd after starting 40th.

"We had a good race," he said. "I went off track a couple of times (but) the car was fast and hopefully we'll have the same type of car this weekend."

Good cars have been hard to come by this year. Carpentier failed to qualify for Daytona and didn't finish in the top half of the field in his first 15 races, but thinks his team is turning it around. He won his first pole in New Hampshire, then finished a season-best 14th in Chicago.

"The last five races and ever since we won the pole in Loudon, it's given us a little bit more confidence and now we're running top-20 a little bit more," Carpentier said. "I'm starting to battle with

(the Cup) drivers a little bit more where I couldn't early on out there."

Now, the two-year transition from open wheel to NASCAR's top circuit appears to be paying off for Carpentier, who has quickly gained the respect of his fellow drivers.

His Nationwide Series results have been good, too. Carpentier has four top 10s in five starts this year and might have won in his home country if the Montreal race hadn't been shortened by rain. He settled for second.

The fact he was in position to win is a testament to Carpentier's patience, something he had in short supply early in the season.

"In Indy cars, you can attack all the time," he said. "You still have to be smooth, but you can enter (a corner) as late as you want and just attack the car. I think you need a little bit more finesse with a stock car than you do with an Indy car, otherwise you will just burn everything up."

It's a lesson Carpentier learned early in the season. Every weekend he'd find himself in a battle of wills with his car, and most of the time the car won.

"You have to let the car do what it wants," he said. "That's the biggest thing I've learned. I'm still learning. Every race that we go to, every track that I race on, I'm still learning a little bit more and more."

He hopes that knowledge will translate at the Glen. While he's still a little leery running in traffic on big ovals, Carpentier feels comfortable when the track makes you turn left and right.

"Things don't happen so fast as when you're in an Indy car," he said. "Even at an (oval) track like Las Vegas, I was coming down the straightaway and I would snap sideways with the car. But on a road course, things happen a little bit more slowly."

A strong finish this weekend would make a compelling argument for Carpentier's return next year. Even if Gillett Evernham decides to let him go, don't expect Carpentier to return to his open wheel roots.

"I like NASCAR," he said. "I like the ovals and that's what I want to do. The IRL is going away from ovals and for me, I have no interest in going back."

PREVIEW: Dawgs, Gators share top SEC billing

by JOHN ZENOR
ASSOCIATED PRESS

Georgia and Florida are rivals with much in common.

Both have a talented junior quarterback, a dynamic playmaker and a youthful-looking coach with a ridiculous career winning percentage.

One of them is also the hot Southeastern Conference team du jour. Which one depends on who's picking.

They both fit the bill, but coach Urban Meyer, quarterback Tim Tebow and the Gators already have a national title and a Heisman Trophy.

The Bulldogs have averaged a hair above 10 wins in coach Mark Richt's seven seasons, but they haven't added to the SEC's expanding trophy collection.

Might this be their year? Richt's peers think so, picking Georgia preseason No. 1 in the coaches poll. League media, on the other hand, picked Florida to win both the SEC East and the overall championship.

Tough crowd, this SEC.

The 'Dawgs will leave any politicking to the end of the year. They're already trotting out references to last September's Appalachian State win over Michigan.

The message: Beware Georgia Southern, the opening opponent.

"We can't listen to the hype and the media," Georgia defensive tackle Jeff Owens said. "We don't want to end up like Michigan last year losing to App State. We've got to learn from their mistake."

Games at South Carolina,

Arizona State, LSU and Auburn are more dangerous. Not to mention the Florida rivalry across the state line in Jacksonville, intensified by the Bulldogs' end zone dance in last season's win.

Defending national champ LSU is getting overshadowed largely because, unlike Florida and Georgia, there's no proven quarterback on the roster. Ditto for Auburn, Tennessee and South Carolina.

LSU's Les Miles is the fifth current SEC coach to win a national title, and new Arkansas coach Bobby Petrino had a pair of one-loss seasons at Louisville. Not to mention Tommy Tuberville's unbeaten 2004 season at Auburn.

"To claim that many national championships among your group of coaches, it's kind of intimidating sometimes, I guess," Richt said.

Then again, he ranks fourth among active coaches by winning 79.1 percent of his games, right behind Meyer, No. 3 at 81.4 percent.

Florida and Georgia both have the bulk of their starters back, and each has at least one legitimate Heisman candidate.

Bulldozing quarterback Tebow is going for two in a row, but versatile Percy Harvin also is getting plenty of buzz. So is Georgia's sophomore tailback Knowshon Moreno.

The Bulldogs also have quarterback Matthew Stafford and a potentially dominant defense that returns nine starters from a group that held high-powered Hawaii to 10 points and forced six turnovers in the Sugar Bowl.

The Gators should be

improved on defense, with eight starters back from a unit that ranked last in the SEC against the pass. Meyer, though, knows he has plenty of company among SEC teams with notions of a title.

"Once again, any given nine think they're going to play in a conference championship," he said. "I don't know if you see that anywhere else in America."

His quarterback is hungry for victories after the Gators followed up a national title by losing four games.

"I'd trade (the Heisman) for a national championship any day of the week," Tebow said after an offseason that included three mission trips to foreign countries. "It was a dream come true to win the Heisman, but it doesn't compare to a national championship."

A capsule look at the teams in predicted order of finish:

EAST

GEORGIA — Key players: QB Matthew Stafford, Jr.; RB Knowshon Moreno, So.; MLB Dannell Ellerbe, Sr.; CB Ahser Allen, Jr. Returning starters: 8 offense, 9 defense.

Notes: Moreno emerged late last season, and the normally stoic Richt came out of his sideline shell. The result was a strong finish and a No. 2 final ranking. Moreno could have some help in the backfield from highly touted freshman Caleb King. Defense must replace SEC sack leader Marcus Howard.

FLORIDA — Key players: QB Tim Tebow, Jr.; WR Percy Harvin, Jr.; DE Jermaine Cunningham, Jr.; LB Brandon

Spikes, Jr. Returning starters: 8 offense, 8 defense.

Notes: Tebow and Harvin shouldn't have to shoulder so much of the load. Redshirt freshman tailback Chris Rainey figures to get plenty of carries, along with USC transfer Emmanuel Moody. ... Defense ranked last in SEC yards passing, but three freshmen started last year, including hard-hitting safety Major Wright.

TENNESSEE — Key players: QB Jonathan Crompton, Jr.; RB Arian Foster, Sr.; OT Anthony Parker, Sr.; S Eric Berry, So. Returning starters: 8 offense, 6 defense.

Notes: New offensive coordinator Dave Clawson has four starters returning on offensive line, including second-team All-American Parker. ... Berry and DE Robert Ayers lead defense that ranked 11th in SEC yards allowed last season.

SOUTH CAROLINA — Key players: LB Jasper Brinkley, Sr.; WR Kenny McKinley, Sr.; S Emanuel Cook, Jr.; LB Eric Norwood, Jr. Returning starters: 7 offense, 10 defense.

Notes: Head ball coach Steve Spurrier turns to another quarterback, Tommy Beecher, and to son Steve Jr. for primary playcalling duties. ... Brinkley returns after a medical redshirt and Ellis Johnson is the new defensive coordinator.

KENTUCKY — Key players: WR Dicky Lyons, Sr.; RB Tony Dixon, Sr.; CB Trevard Lindley, Jr. Returning starters: 4 offense, 8 defense.

Notes: 'Cats vying for third straight bowl game. Must over-

come huge losses on offense, including the loss of backfield stars Andre' Woodson and Rafael Little and receiver Keenan Burton.

VANDERBILT — Key players: QB Mackenzi Adams, Jr.; CB DJ Moore, Jr.; WR George Smith, Sr. Returning starters: 3 offense, six defense.

Notes: Trying to avoid a 26th consecutive losing season ... The offense returns only three starters and none are linemen. Also, go-to receiver Earl Bennett is gone.

WEST

AUBURN — Key players: RB Ben Tate, Jr.; CB Jerraud Powers, Jr.; DE Antonio Coleman, Jr.; Tray Blackmon, Jr. Returning starters: 9 offense, 7 defense.

Notes: Tailback U is switching to a fast-paced spread offense under new coordinator Tony Franklin. Either Chris Todd or Kodi Burns will be running it. ... The defense should be formidable again under new boss Paul Rhoads, led by linemen Coleman and Sen'Derrick Marks and LB Blackmon.

LSU — Key players: WR Demetrius Byrd, Sr.; OT Ciron Black, Jr.; DT Ricky Jean-Francois, Jr.; LB Darry Beckwith, Sr. Returning starters: 7 offense, 5 defense.

Notes: Les Miles still has a talent-laden roster, but plenty of uncertainty at quarterback. Andrew Hatch and Jarrett Lee are vying for job. ... Defense can just reload despite losing Glenn Dorsey and other stars. Doug Mallory and Bradley Peveto are co-defensive coordinators, replacing Bo Pelini.

ALABAMA — Key players: QB John Parker Wilson, Sr.; RB Terry Grant, So.; S Rashad Johnson, Sr.; MLB Rolando McClain. Returning starters: 7 offense, 6 defense.

Notes: Year 2 for coach Nick Saban will feature a veteran quarterback and offensive line. Other positions will need help from youngsters, especially receiver and linebacker. ... Focus will be on finishing games and the season better after losing last four regular-season games in 2007.

MISSISSIPPI STATE — Key players: S Derek Pegues, Sr.; RB Anthony Dixon, Jr. Returning starters: 6 offense, 8 defense.

Notes: Coach Sylvester Croom finally has a year to build on, including a bowl win. He also has experienced Wesley Carroll at quarterback. ... Top three tacklers are back on defense, plus Pegues.

MISSISSIPPI — Key players: QB Jevan Snead, So.; DE Greg Hardy, Jr.; DT Peria Jerry, Sr.; OT Michael Oher, Sr.

Notes: New coach Houston Nutt inherits a team that won only three league games in Ed Orgeron's three seasons ... Snead is a Texas transfer.

ARKANSAS — Key players: QB Casey Dick, Sr.; C Jonathan Luigs, Sr.; DT Ernest Mitchell, Sr. Returning starters: 6 offense, 5 defense.

Notes: The Razorbacks made an NFL trade: Coach Bobby Petrino for backs Darren McFadden and Felix Jones, first-round draft picks. ... Games at Texas and Auburn don't help Petrino's cause.

QB Pulley dismissed from Kentucky football team

by WILL GRAVES
ASSOCIATED PRESS

LEXINGTON — Curtis Pulley's off-field problems never allowed him to live up to his on-field promise.

The talented but troubled Kentucky quarterback was dismissed from the team Tuesday by coach Rich Brooks for a violation of team rules, a move that hands the starting quarterback job Pulley was vying for to sophomore Mike Hartline.

"I'm in the business of taking a young man and building him into a responsible young man, and obviously I feel like I've failed in this situation," Brooks said. "Sometimes for the better good of the whole, some parts have to be sacrificed."

The dismissal follows a turbulent offseason for Pulley that included a pair of run-ins with police. Pulley was arrested on traffic charges in Hardin County on July 22 and pleaded guilty to speeding in district court last week. He received a citation for marijuana possession in Louisville in June.

Brooks said last week Pulley would miss playing time because of his legal troubles but still had a chance to win the starting

job. The coach reconsidered after getting more details on Pulley's situation.

"There is basically a little more as I delved into it than I was aware of at the time," Brooks said.

The decision came as a "shock" to Hartline, who will likely be the starter when the Wildcats open the season at Louisville on Aug. 31.

"I knew he was going to get in some playing time troubles," Hartline said. "But in the end it's all about what you have and how you plan to move on. Since he's not on our team anymore, it's tragic and everybody wants him on our team, but we can't really dwell on it."

Brooks said he's not concerned about Hartline's ability to lead the Wildcats, though he would have preferred to give the job to Hartline based on merit, not necessity.

"I had hoped this wouldn't be the way that the starting quarterback would be named," Brooks said. "I would have rather have done it on the field and without controversy."

Controversy, however, seemed to dog Pulley nearly from the moment he stepped on campus.

Named Kentucky's "Mr. Football" following his senior season at Hopkinsville (Ky.) in 2004, Pulley's combination of speed and athleticism caught the eye of offensive coordinator Joker Phillips.

"When you recruit a kid, you get all these expectations of Curtis being a great player, and he is a great player, we just never saw it at Kentucky," Phillips said.

Pulley played sporadically at wide receiver and quarterback in 2005 and 2006, but left school briefly after losing a quarterback battle with Andre Woodson. He returned last fall and starred on the offensive scout team and appeared to have turned a corner during the spring, showing flashes of brilliance at times during the team's annual Blue-White game. Pulley passed for 134 yards and ran for another 82.

Brooks said afterward he was in no hurry to name a

starter, though Phillips hinted during the summer that Hartline had gained an edge during offseason workouts by displaying the kind of leadership qualities Phillips is looking for in a quarterback.

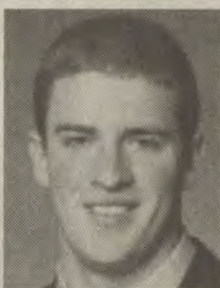
"(Curtis) had improved, it wasn't as bad as it was the year he lost his job to Andre," Phillips said. "We just thought that Mike was the guy that was leading the guys the right way. Curtis was better, but Mike was ahead of him in the area as far as leading."

Pulley has two years of eligibility remaining, and Brooks said he anticipates Pulley transferring to a Football Championship Subdivision school.

Brooks said he wasn't trying to send a message by dismissing Pulley but felt it may have shown his players that they will be held accountable for their actions both on and off the field.

"I'd like to think we try to keep a fairly high standard here," Brooks said. "I want to continue that, but it still breaks my heart any time something like that happens."

Follow UK Football in *The Floyd County Times*.



Mike Hartline

Wildcats conduct first practice at Nutter Center

TIMES STAFF REPORT

LEXINGTON — The University of Kentucky football team held its first practice of the 2008 season Tuesday afternoon at the Nutter Training Center.

The Wildcats worked out in helmets, jerseys and shorts in a split-squad format, with each group getting approximately two hours, 10 minutes on the field.

"It turned out to be a pretty good day, a little cooler and breezier than anticipated, so that was good, too," Kentucky Coach Rich Brooks said. "I think they're anxious to get going. It's obvious that a lot of guys have done a lot of hard work this summer and prepared for this."

"It (the split-squad format) gives us a lot more time to work with our young players and the ones who didn't play as much last year. We'll do this at least the first three days and see how it shakes out after that."

Brooks also was asked

about the urgency of making every practice count.

"We've discussed all of that, and particularly at the receiver position, because there's going to be some of those guys playing out there," Brooks said. "They have a lot of work to do and they don't have a lot of time to do it."

Fan Day on Saturday: The annual Kentucky Football Fan Day is slated for Saturday at Commonwealth Stadium. Stadium gates 4 and 9 open at 6:30 p.m., when posters and schedule cards will be given away. There will be special activities on the stadium concourse, including the giant inflatable games for young Wildcats. The first 2,000 fans will receive a coupon for a free hot dog and drink (redeemable on Fan Day only).

Brooks and the team will be introduced at 7:15 p.m., followed by an autograph session with the Wildcat coaches and players. An equipment stand will be set up and fans can try on UK helmets and

shoulder pads. UK athletic trainers also will have a station, demonstrating ankle taping and other activities. The autograph session ends at 9 p.m. and the event concludes with a fireworks show.

Warford ineligible; C. Johnson injured

TIMES STAFF REPORT

LEXINGTON — University of Kentucky cornerback Paul Warford is ineligible to play and will redshirt the 2008 season, Coach Rich Brooks announced Monday.

Warford, a junior from Richmond, started all 11 games in which he played last season. He made 41 tackles, including a career-high seven stops in the upset of No. 1-ranked LSU. He had two interceptions and nine pass breakups, second on the team in both categories.

Warford will not be in

school during the fall of 2008 but plans to re-enroll in January. He has a redshirt season available and has two years of eligibility remaining in 2009 and 2010.

C. Johnson Injured, also has eligibility issue: Offensive guard Christian Johnson has been sidelined by a back injury and also is dealing with an eligibility issue.

Johnson, a senior from Ft. Campbell, hopes to return to practice by the end of August and will be enrolled in school for the fall semester. However, either the injury or possible ineligibility could force him to sit out the 2008 season. He has a redshirt year available and could return for the 2009 season.

Johnson has played in 36 games over the last three seasons, including 15 starting assignments. He was team's starting left guard as a sophomore during the 2006 season.

ONLINE:
www.ukathletics.com

Spurrier Jr.: A chip off the head ball coach

by PETE IACOBELLI
ASSOCIATED PRESS

COLUMBIA, S.C. — He looks and sounds like his famous father. Now, Steve Spurrier Jr. sees if can call plays as well as South Carolina's ball coach.

In the spring, Gamecocks coach Steve Spurrier ceded duties as chief playcaller to his oldest son, the team's receivers coach, in effort to change things up and give a fresh look to South Carolina's inconsistent offense.

"I've been close to his offense for a long time," Steve Jr. said Sunday. "In the past I've agreed a lot with how we've done things. Hopefully, I think similarly to the way he does."

The elder Spurrier remains the offensive coordinator and can veto things he doesn't like. However, he will leave the weeklong planning, scripting and scheming to his 36-year-old son.

"Hopefully, he'll be ready to fire 'em in there quickly," Spurrier said.

Gamecocks fans watched in disgust as Spurrier's Florida teams generally manhandled South Carolina for more than a decade. That changed after Spurrier signed on as coach in 2004 and talk of a productive "Cock 'n' Fire" attack rivaling Spurrier's "Fun 'n' Gun" days with the Gators.

But that hasn't happened. Spurrier has continually shuffled quarterbacks because of injuries, suspensions and shoddy play. South Carolina finished an un-Spurrier like eighth in the SEC in offense and scoring last season.

After ending 2007 with a five-game losing streak and out of the bowl picture, Spurrier knew things had to change. That apparently included his role as full-time playcaller.

"I'm excited about the opportunity," Steve Jr. said. "I feel like I'm prepared to take on the task."

How did father tell son?
"That's a good question. I don't know," Steve Jr. said. "Probably read in the paper. It's hard to say how we exactly came to it."

Steve Jr. played at Duke, starting there in 1990 right after his dad left the Blue Devils to coach Florida. Father and son reunited on the Gators' staff from 1994-98. Spurrier Jr. left for Oklahoma in 1999, serving on Bob Stoops' staff for three seasons.

After that, the Spurriers hooked up again for two years with the NFL's Washington Redskins.

When Spurrier was named Gamecocks coach, Steve Jr. left Arizona to rejoin his father.

"I think Steve's a good coach," Spurrier said with fatherly pride. The younger Spurrier will be charged with thinking, studying, and drawing up plans for South Carolina's next opponent. The head coach will be in on offensive meetings.

But with the schemes clearly on Junior's shoulders, the elder Spurrier can spend more time teaching and mentoring South Carolina's young, untested quarterbacks. The son has been active in South Carolina's playcalling the past three years with limited success. "I suggest a lot. Some go in, some don't," he said.

Not all father-son partnerships work out. Jeff Bowden resigned in 2006 as Florida State's offensive coordinator after the son of coach Bobby Bowden was harshly criticized for the Seminoles' offensive struggles.

And then there were the Spurriers' predecessors at South Carolina — head coach Lou Holtz and offensive coordinator son, Skip.

Skip left a burgeoning career as Connecticut's head coach to join his father with the Gamecocks. However, it was evident early on that Skip's philosophy was more like a Spurrier than Lou's emphasis on a strong running game.

Things ended disastrously after a 63-17 home loss to Clemson in 2003. Lou relieved Skip of his coordinator title, although the younger Holtz remained quarterbacks coach for the 2004 season — Lou Holtz's final one before retirement.

The 63-year-old Spurrier joked with reporters at the SEC's pre-season football gathering last month that if a play doesn't work, "I did it. If it goes pretty good, he did it. That will be the way it will go."

Spurrier Jr. says he carries more than his father's game-calling imprint. At Oklahoma, Spurrier Jr. wrinkles in the passing game from fellow assistants Mike Leach, the current Texas Tech coach, and Chuck Long, now heading San Diego State. Spurrier Jr. learned about the run game there from Mark Mangino, who brought Kansas into the national title picture last season.

The younger Spurrier's ready to call things his own. Don't be surprised if stellar playcalling runs in the family.

"We'll look at some things a little bit differently," Spurrier Jr. said. "But certainly I've been raised on his way of thinking on offense. Hopefully, I've absorbed some information."

Phone: (606) 886-8506
Fax: (606) 886-3603

Members:
Associated Press
Kentucky Press Association
National Newspaper Association

Lifestyles



INSIDESTUFF

- Crossword • page B6
- Three sisters • page B6

FAMILY MEDICINE

Breastfeeding is good for health of baby and mother — Page B6

www.floydcountytimes.com

"The BEST source for local and regional society news"

Email: features@floydcountytimes.com

WELLNESS Q&A

See doctor before starting exercise

by ERNEST BREWER

DIRECTOR OF WELLNESS & REHAB
HIGHLANDS REGIONAL MEDICAL CENTER

Question: I am a 45-year-old man with no history of health problems. I have always considered myself to be in pretty good shape; I work at a physical job (carpenter), I don't smoke, I drink alcohol very rarely and not much when I do, I have little stress overall, and I have a small spare tire, but definitely not overweight. Over the past 3 months, I have checked my blood pressure using a machine at a pharmacy, and was told that it was mildly to moderately high. I'm thinking about trying to get started with an exercise program. Do you have any suggestions?



Ernest Brewer
Helping you find the answers to your health concerns

Answer: I feel your pain. Really irritating stuff seems to start happening to a lot of us after we pass up 40. The good news is that it sounds like you have the right attitude about it and that you do not have many of the usual high risk issues in your life such as excessive weight, smoking, alcohol use, inactive life-style and

(See WELLNESS, page six)

LENDING A HELPING HAND



Earlene Nelson unpacks clothes and school supplies at the Town Branch Christian Victory Fellowship in Prestonsburg. The church will be giving away the items on Saturday.

photo by Jarrid Deaton

Church helps with back-to-school prep

by JARRID DEATON
FEATURES WRITER

The basement of the Town Branch Christian Victory Fellowship in Prestonsburg was filled with boxes of clothes and school supplies on Thursday in preparation for the church's annual distribution project for the start of the new school year.

Earlene Nelson, wife of pastor Tom Nelson, hopes to have a big crowd of parents and their children when the church opens its doors to give out the clothes and supplies on Saturday.

"We would really like for the parents to bring their kids with them because we plan on having a clown show and other activities," Nelson said. "It's going to be a big day for the kids."

A table in the church's basement provided a good example of the supplies that will be handed

out on Saturday, with crayons, dresses, shoes, pencils and other items ready to be packaged.

Two years ago, 500 people showed up at the church to take advantage of the distribution project, and Nelson hopes just as many will show up this year.

"The church is involved in all kinds of activities," Nelson said. "We always have something going on, and this is one of our big projects. We are going to have games and prizes for the children, so we are hoping for a big crowd."

The clothes are provided by TLC Ministries, of Pennsylvania, and members of that organization will be at the church on Saturday to help with the distribution of the items. They will also be providing entertainment at the event, including a show by the clowns.

Members of the Town Branch Christian Victory

Fellowship provided the school supplies. Toothpaste, shampoo, soap and other items will also be handed out to those in attendance.

The church has been providing the community with school items for 18 years, and Nelson hopes that as many people as possible will be able to benefit from what they have to offer.

"We don't want publicity or anything like that," Nelson said. "We just want to make sure that people are aware of our project and that they are able to pick up all of these items for their children."

The event is scheduled to begin with the clown show at 10 a.m. on August 9, and will continue until 2 p.m. All activities will be taking place at the church, located near the bridge on Town Branch. For more information, contact the Town Branch Christian Victory Fellowship at (606) 889-9286.

DINNER DIVA Back to school

I love the scent of a new box of crayons. I can almost smell Burnt Sienna and Red Violet—two of my favorite colors back in the day. The aroma of a freshly sharpened #2 pencil is also hard to beat...can you tell that it's time to go back to school?

In households across America, there is a collective sigh of relief being exercised and parents begin the countdown...only X more days until school starts. That

means back to more structured routines with kids going to bed at a reasonable time finally, greeting the school bus each day and getting homework done.

It also means packing a lunch, doesn't it? The dread of it all! How do you pack a lunch your child is going to eat when you know perfectly well that lunches are traded, thrown away or given to someone else?

This is one place that good nutritional habits can be built. You need to get your child involved. Here are some things to do:

1. Start With A Plan. Bring your child in on the planning. Ask your child—what do you want to see in your lunchbox? What healthy foods will you eat and what don't you like? Take notes, parents! This is valuable information.

2. Go Shopping. Have your child pick out his or her lunchbox.

(See DIVA, page six)

FLY LADY

Become a calendar aficionado

I have been brainstorming on how to help you enjoy using your calendar. I have put together a list of 11 Tips to make your calendar work for you!

1. Color Code your calendar. Use a high lighter for each member of your family, a dot or some color to help you recognize who has something when you look across the room at your calendar.
2. Use blank address labels to cover up mistakes or changes in your calendar.
3. Don't procrastinate about putting appointment on your calendar. Do it now! You're your calendar working for you! This way you don't have to try to remember everything.
4. Look ahead so that you can plan for special events or doctor's appointments. Do

you need to fast, how about that suit that needs cleaned or a new dress for the wedding.

5. Check the family calendar morning, afternoon and evening. This habit is the Shiny Sink of your brain.
6. Put your calendar in a place that is in front of the family. After all out of sight is out of mind for us.
7. Allow your family to help you use the calendar. This is teaching them the calendar habit. Using a calendar as a tool is giving your children wings.
8. Each week have a family meeting to synchronize your schedules and put them on the family calendar. This is about communicating with each other and having all the information in one place.
9. When you walk in your door; THINK! Do we have

something to post on the calendar? Put up a note to remind you. Having that PTA or church bulletin in your purse, the sports schedule in the backpack or that invitation in back of the calendar is not going to get it posted to your family calendar. This habit will keep things from slipping up on you! Don't wait to do it later. Later will be that frantic phone call!

10. Make it your family calendar fun! Use sticker, stars and smiley faces to decorate as well as celebrate accomplishments.

11. Use your calendar to chart your family's milestones. Your calendar will become your family history! Yes you can save your calendars. They will help you to scrapbook.

These 11 tips will help

you to use your calendar instead of just buying it and allowing yet another calendar to become clutter in your home. Our calendar is big enough to hold your family's appointments. Are you ready to FLY with a calendar that helps you stay on your flight path?

□□□

For more help getting rid of your CHAOS; check out her website and join her free mentoring group at www.FlyLady.net or her book, *Sink Reflections* published by Bantam and her *New York Times Best Selling* book, *Body Clutter* published by Fireside. Copyright 2007 Marla Cilley Used by permission in this publication.



© 2001 FlyLady All Rights Reserved



Family Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor
of Family Medicine

Breastfeeding is good for the health of both baby and mother

gold medal, he or she needs to have a support network that includes family, friends, community and professional trainers. The same is true for the mother who wants to "go for the gold" and give her baby the immense advantage that breastfeeding offers.

A recent meta analysis, the Cochrane Review, evaluated 34 trials from 14 different countries and concluded all forms of support — both professional and lay — when combined together significantly extended the duration of breastfeeding. This support had an even greater impact on the length of time that a mother would exclusively breastfeed her child.

For a long time research has been showing us the many advantages of breastfeeding. These include a decrease in infant mortality, fewer respiratory infections, a better chance of normal development, less diarrhea and fewer childhood cancers. As the breastfed child develops, he or she will also tend to exhibit higher IQ

scores, be less likely to be obese and have a reduced risk of diabetes.

We've had evidence for some time that being breastfed boosts a baby's immune system. Now there's interesting research that's beginning to show that these benefits carry over into adulthood. For instance, one study has found that human breast milk contains stem cells. The researchers — from the University of Western Australia — have theorized that breast milk may take over from the placenta at birth and that the "key markers" it contains may guide genetic development into adulthood.

If you decide to breastfeed your little boy, you'll also obtain many health benefits yourself. These include a reduced risk of breast and ovarian cancer, and a lesser likelihood of developing Type II diabetes. And, you'll regain your shape more quickly as breastfeeding stimulates contractions that help the uterus return to its normal size. Breastfeeding is also just downright

easier — no messing with cleaning and preparing formulas and bottles. And, it's less expensive.

It seems to me that your choice is clear. Unless unusual medical circumstances dictate otherwise, you should breastfeed your son. Welcome to the joys of motherhood!



Family Medicine(r) is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-news.org. Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions. Past columns are available online at familymedicine-news.org.

Q I'm pregnant with my first child, but I'm not sure if I should breastfeed or use a bottle when my son is born. Yes, we already know the sex. My parents are amazed, but that's a different story! Could you tell me the advantages and disadvantages of each feeding method? Thanks.

A Yes, I'll be glad to answer your timely question. It's timely because we are now in the midst of World Breastfeeding Week (WBW), which runs from Aug. 1-7. The theme this year is "Mother Support: Going for the Gold." Since the Olympics start right after the end of World Breastfeeding Week, the

organizers have adopted this Olympic-themed slogan. And, it's very appropriate — because mothers need the same level of support as Olympic athletes to reach their just as important goal.

Before I tell you a little more about the WBW theme, let me give you the short answer to your question: There are many advantages to breastfeeding — both for your baby and for you. For a healthy mother, there are virtually no disadvantages.

Now, how do you, the new mother-to-be, "go for the gold" and reach your goal of raising a child who is healthy — both mentally and physically. In order for an athlete to win a



Emilee Little



Haven Little



Erin Little

Sisters have good attendance record

Emilee, Haven and Erin Little just completed the school year at Osborne Elementary. Emilee missed one day due to being sick, Erin missed one day for a dentist appointment, and Haven has had perfect attendance for two years. All three are honor students. The three sisters are in the care of their proud grandparents, Jessie and Elsie Little, of Weeksburg.

Wellness

stress. It also sounds like you are quite willing to begin an exercise program, and I applaud this. However, before you proceed, you may want to allow your family physician to examine you, with particular focus on your hypertension issue and your cardiac health.

Dr. Charles Hieronymus, MD, one of our local primary care physicians echoes this advice. He states that men, in particular, who decide to begin exercising after years of inactivity, are taking a risk if they do not get checked out first. He feels that having a stress test done is worth consideration. He notes that you may feel that this is being overly cautious, but adds that, "It's not really being overly cautious; it's just eliminating the possibility of problems that may be unknown. The hidden problems are the riskiest."

Here are some other things that you should consider:

1. Control your weight. Keep your BMI (body mass index, a measurement of weight in relation to height) in the range of 18.5-24.9, and

you will be doing your heart and blood pressure a favor. Any extra weight you carry around is like bricks in a backpack, putting pressure on every part of your body.

2. What you eat matters. Eat plenty of whole grains, fruits and vegetables. Have at least seven to eight of each.

3. Limit meat, fish, and poultry to two servings a day. When you do have meats, fish, and poultry, always chose lean varieties.

4. Limit fats and oil to two to three servings per day. Fats are the most concentrated source of calories. Limiting them will help you control your weight.

5. Easy with the salt. Limit your sodium intake to approximately 2,400 milligrams a day (a moderate level). This means eating fewer canned and processed foods, and more fresh foods.

6. Get moving. Exercising at least 30 minutes per day can significantly reduce blood pressure. Any form of physical activity, done most days of the week, will do the trick.

The fact that you're taking an active role in trying to bring your blood pressure issues under control greatly increases your chances that will be able to make a positive difference. I wish you the best.



Ernest Brewer is a physical therapist and athletic trainer with over 20 years of clinical experience. In addition to his experiences in hospital, home health and outpatient settings, he has provided services to high school, college and professional sports including pro rodeo, ballet and basketball. He is the Director of Rehab and Wellness at HRMC.

The information presented is intended to be informative for the general reading audience and not intended to be utilized for creation of a personal treatment plan or replacement of the care of your current health care professionals. In all cases, seek the advice of your physician for a definitive answer for your specific health con

Diva

Look for portability, the ability to keep things hot or cold and how well it will keep food from being damaged. A new lunchbox will not only keep your child's food better than an old, worn out one, but he'll enjoy carrying it!

3. Get Groceries. Using the list you made with your child, take him to the grocery store with you. Have him pick out his apples or oranges. Have him select his own string cheese, etc. Making those kinds of choices will involve him and give him a personal responsibility over his own food choices.

Keep in mind that you are still the parent and need to

keep your child's lunchbox a healthy place. Healthy food means a healthy mind and she'll be better equipped for her afternoon class if she's eaten well at lunch!

This is not a place for junk food, although other kids will certainly be sporting a lot of junk in their lunches. Explain to your child what this does to your child's body. Find out together (online) what hot dogs are made out of, how fast food is made and what makes that candy pink (it's BUGS, surprise!)—that will get them eating healthier (and you too!). Most likely, they'll share this information with their friends and you might get a bona fide

health food nut out of the deal!

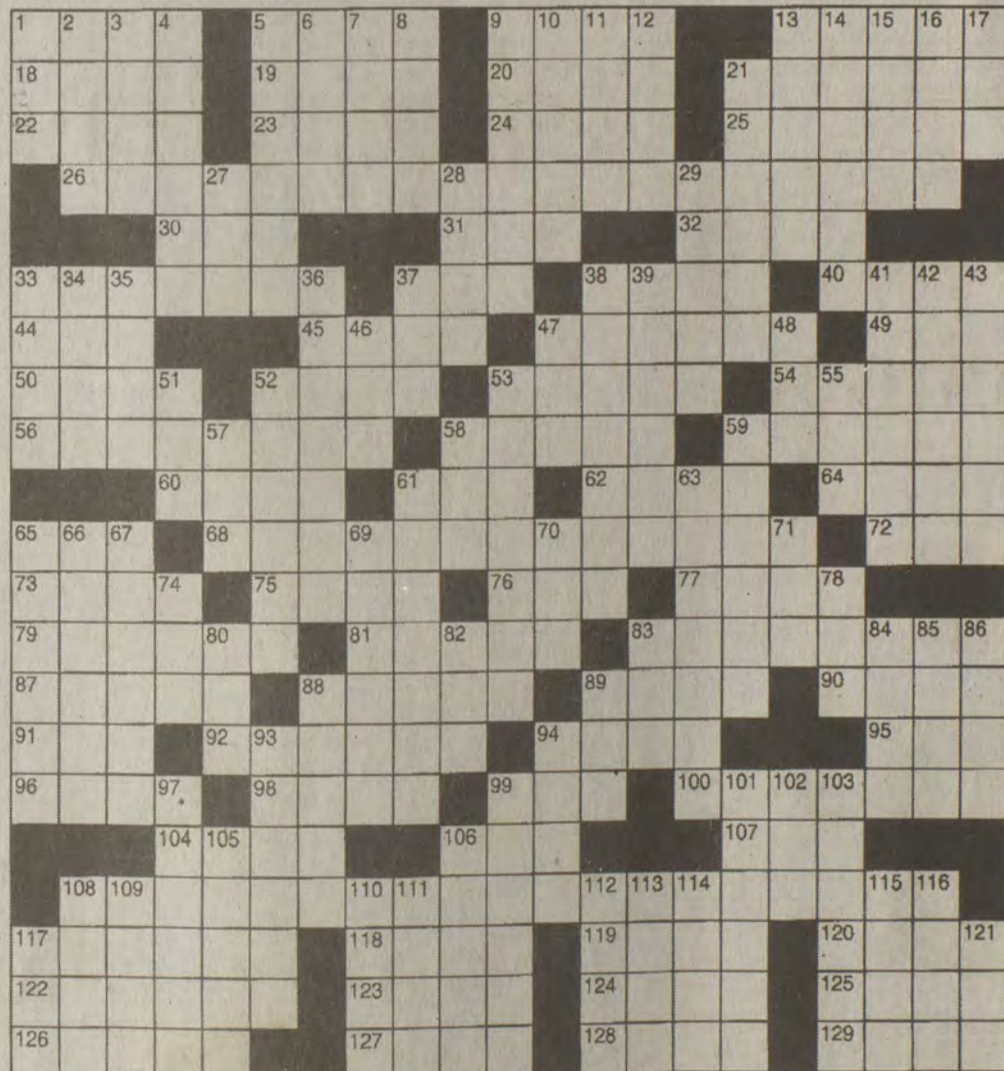
A lunchbox is an ideal way to get your child well fed and fueled for the rest of his or her school day. Make sure you pack it with care and remember; having a child involved in the process will insure that his lunchbox gets eaten!



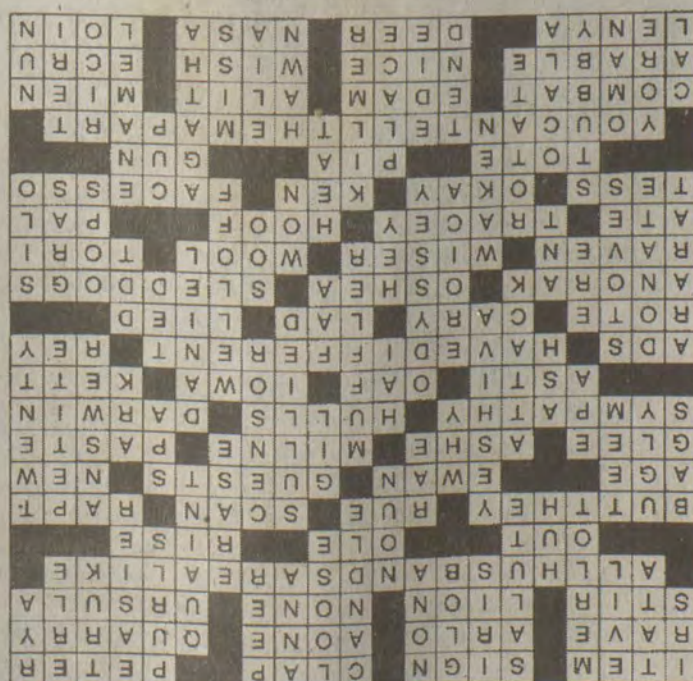
For more help putting dinner on your table check out Leanne's website www.SavingDinner.com or her Saving Dinner Book series (Ballantine) and her New York Times Best Selling book Body Clutter (Fireside). Copyright 2008 Leanne Ely. Used by permission in this publication.

Super Crossword CLONES

- | | | | | | |
|---|---------------------------|---------------------------------|---------------------------------|------------------------|--------------------------------|
| ACROSS | 52 Tennis legend | 92 Ullman or Gold | 3 Sinister variety | 36 New York university | 80 Picnic pest |
| 1 News bit | 53 Kanga's creator | 94 Flicka's foot | 4 Wine variety | 37 — Dawn Chong | 82 "Yo!" |
| 5 Billboard | 54 Crafter's need | 95 Chum | 5 Greet the general | 38 Made mucky | 83 — Canals |
| 9 Request an encore | 56 Anderson's "Tea and —" | 96 Harper of "Tender Mercies" | 6 Rainbow goddess | 39 Faultfinder | 84 Klutz's cry |
| 13 Flying Pan? | 58 Shucks | 98 Adequate | 7 Whipped-cream serving | 41 Response | 85 Mardi — |
| 18 Praise passionately | 59 "Beagle" passenger | 99 Under-standing | 8 Hendryx or Gaye | 42 Clothing category | 86 Farm feature |
| 19 Singer Guthrie | 60 — Spumante | 100 Part 4 of remark | 9 Wicked thing? | 43 Jacksonian bill | 88 Rouse |
| 20 Top-notch | 61 Lout | 104 Lug | 10 At large | 46 Kid's query | 89 Finished first |
| 21 Pit | 62 "State Fair" state | 106 Actress Zadora | 11 — May | 47 Hodges of baseball | 93 Act like the Earth |
| 22 "— It Up" (73 hit) | 64 Etta of the comics | 107 TV's "Have — Will Travel" | 12 Jury member | 48 Loser's locale | 94 "— Wave" ('63 hit) |
| 23 A roaring success? | 65 Commercials | 108 End of remark | 13 Knitting stitches | 49 Cornic Kaye | 97 Comic Kaye |
| 24 Nary a soul | 68 Part 3 of remark | 117 Infantry action | 14 Less demanding | 51 Antipollution grp. | 99 "Trees" poet |
| 25 Actress Address | 72 Actor Fernando | 118 Cheese-board choice | 15 Part of Micronesia | 52 Storm | 101 Author Christie |
| 26 Start of a remark by Laurence J. Peter | 73 Learning method | 119 Landed | 16 Colleague of 101 | 53 Winter wear | 102 Word with fruit or Stanley |
| 30 Unfashionable | 75 Grant or Elwes | 120 Bearing | 17 Rug type | 55 Joan Van — | 103 Crown covering |
| 31 Castilian cry | 76 Youngster | 122 Like Corn Belt soil | 21 Like a Vermont village | 57 Lava particles | 105 Florida city |
| 32 "— and shine!" | 77 Emulated Pinocchio | 124 — list | 27 "What?" | 58 "Bali —" | 106 Locale |
| 33 Part 2 of remark | 79 Winter wear | 125 Beige | 28 It may be common | 59 '73 Elton John hit | 108 Knight time |
| 37 "Golden Girl" McClanahan | 81 Milo of "Ulysses" | 126 "The Threepenny Opera" star | 29 Rub out | 61 Ancient epic | 109 Muscat's nation |
| 38 Read quickly | 83 Malamutes and huskies | 127 Antlered animal | 33 Packs groceries | 63 Prosperous | 110 Be inclined |
| 40 Spellbound | 87 Poe crow | 128 Out-of-this-world org. | 34 "The — Dachshund" ('66 film) | 65 Genesis peak | 111 Magnus or McClurg |
| 44 Generation | 88 More owlsh | 129 Meat out | 35 Swarm (with) | 66 Contribute | 112 "Laugh-in" name |
| 45 McGregor of "Train-spotting" | 89 Coat material | | | 67 Ranges | 113 Literary pseudonym |
| 47 Company | 90 Singer Amos | DOWN | | 69 Beethoven symphony | 114 Pine for |
| 49 Hot off the press | 91 Relished the rigatoni | 1 April initials | | 70 Air safety org. | 115 Puerto — |
| 50 Mirth | | 2 "Cheerio!" | | 71 Nugent or Knight | 116 Garr of "Mr. Mom" |



©2008 King Features Syndicate, Inc. World rights reserved.

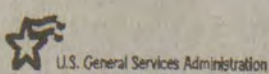


People know Pueblo for its...



Famous Hot Salsa?

In Pueblo, the free government information is also hot. Dip into the Consumer Information Center web site, www.pueblo.gsa.gov. You can download all the information right away.



Visit us online at

www.floydcountytimes.com

The Times CLASSIFIEDS work for you!

sell — buy — rent — hire — find

Over 18,000 Readers every issue!

Local Rates Include Online

only \$5.50 for the first three lines, \$1.00 each additional line
 Bargain Basement - Items under \$100 - 3 lines, half price
 Yard Sale Ads - 1 Day \$5.00 - 3 days \$12.00
 (30 words or less)

"For Sale Special"
 3 lines/
 3 days only

\$16

5 Easy ways to place your ad:

1. Call: (606) 886-8506, LeighAnn Williams
2. Fax: (606) 886-3603
3. E-mail: classifieds@floydcountytimes.com
4. Stop by: 263 S. Central Avenue, Prestonsburg
5. Mail: P.O. 390, Prestonsburg, KY 41653

Our hours: 8 a.m.-5 p.m.

DEADLINES:
 Wednesday's paper @ Mon., noon
 Friday's paper @ Wed., 5 p.m.
 Sunday's paper @ Thurs., 5 p.m.

Visa - MC - Discover
 Check

The Best Way To Write An Ad:

- Begin with a key word (item for sale, etc.)
- Use descriptive words to identify your items
- State your price or terms
- Include a phone number and/or e-mail address

NAME _____
 ADDRESS: _____
 PHONE #: _____

Write your ad here: _____
 (approximately 18 letters per line)

CREDIT CARD: _____

Our CLASSIFIEDS Will WORK For You!!!

The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

AUTOMOTIVE

Wheels/Misc

HICKS AUTO SALES

DAVID ROAD
 Chevy c60 Dump truck 14 foot bed \$3800.

1995 GMC Conversion VAN \$3200

1998 S-10 Blazer. 4 dr, 4 wd \$3,000
 2001 S-10 Blazer loaded \$4,495

2003 Mist. Galuant, sunroof, cd, loaded \$4,700

2002 BuickCentury 37,000 miles loaded \$4,700
 2001 Jeep Cherokee sport loaded \$4,995

For Sale: 1989 Chevy 4x4. 4.3 Eng Automatic with air. \$ 1,600. Call 377-2107 or 226-1164.

2005 Black Ford Mustang for sale. Automatic, 6cy, purchased extended warranty. \$ 12,500 or best offer. For more information call Tonya at 230-0235.

1994 Ford Pick up for sale. Good conditions. 6 cyl, automatic. \$1,600. Call anytime 285-3641.

For sale: 2002 Mitsubishi Montero Sport. Asking pay-off.. 88,000 miles. Call 874-0752.

2002 Pontiac Sunfire. Mileage 80,000. Price \$4,800. Phone 874-1007.

2006 Harley Sporster Custom 1200cc, 1400 miles - \$7,200.00 and a 2006 Harley Dyna Lowrider 1600 miles - \$10,400.00. Both excellent condition. (606) 377-2028 or (606) 377-6229.

EMPLOYMENT

Battery Repair man / PT driver. Class A CDL & mining certification required. Call 606-377-2032.

Work from home! Earn up to \$500 a week or more! Free details. Call 1-800-654-5041.

Local shop needs: Experienced metal fabricator / welder. Underground equipment mechanic / electrician. 1st and 2nd shift jobs available. Wages depend on experience. If interested call Fannin Enterprises, Inc. at 606-874-6441 or come by our shop at 4766 Ky Rt 1428 Allen, Kentucky to fill out an application.

Truck Drivers hiring now. Heavy hauling local and long distance. Call Bill 606-791-8238.

Part-time employee needed for small business in Prestonsburg area. Hours will be 30 to 35 per week. Must be proficient in windows XP and microsoft office. Pay range 7.00 to 9.00 pr hour depending upon experience. Please send resume along with cover letter to 180 Town MNT. RD. STE. 112 Pikeville, Ky 41501.

HELP WANTED

Large Distributor Center getting ready for 100 yr anniversary. Is opening a factory authorized sales & service center in the Paintsville & Prestonsburg area. 28 people needed in all departments. No experience necessary. We will train you if you qualify. Pay starts at \$325 - 588.40 per week as per written agreement. Must be 18 yrs of age or older and be ready to start full time. Rapid advancements & paid vacations available. Call Monday August 11th only. 9 am- 4 pm 606-788-0402.

Immediate opening for an experienced Crew Chief & Rodman with underground and surface surveying. Must have all necessary papers

required by the state. Immediate opening for an AutoCAD Technician with prior experience or a graduate of AutoCAD from a vocational school. Immediate opening for a mining permit technician. The applicant should have experience in preparing all phases of a DNR mining permit (Surface & underground). We offer an excellent benefit package. Applications may be picked up at A b b o t t Engineering, Inc 3073 Ky Rt. 321 Prestonsburg, KY 41265 or call 606-886-1221.

Kentucky Oil now hiring for the following positions: maintenance and truck drivers. Those applying for truck-driving jobs must have a class A & B hazmat with tanker endorsement CDL license. Pay will be discussed in interview. For more information call 606-478-9501 during the hours of 8:00 am to 5:00 pm Monday through Friday.

Meade's Stop N Go / Topcat liquor. Now hiring all positions. Apply in person at the junction of Rt 3 & 321 near Thunder Ridge. Call 886-6395 or 886-6393.

Prestonsburg Health Care Center has openings for full time and part time LPN's, RN's, and C.N.A.'s. We

offer competitive wages and benefits. If interested please stop by or send a resume to 147 Highland Ave. Prestonsburg Ky 41653 (beside Prestonsburg elementary) or call 886-2378.

A local surface mine company, located in Johnson County, is hiring due to future expansion of their job. All positions available. 2 years experience required. Must submit to drug testing. Yearly bonuses, life insurance, Blue Cross/ Blue Shield 90 / 10 health insurance, and vision / dental provided for family. Paid weekly. Call David Wright @ 606-213-1005 or send resume to Ridgeline Coal. PO Box 2121, Pikeville, Ky 41502.

Post office Now Hiring! Avg pay \$20/hr, \$57k/yr, incl Fed ben, OT. Placed by ADSOURCE not USPS who hires. Call 1-866-668-5257.

Housekeeping & Dietary Aide: Mtn Manor of Paintsville has housekeeping and dietary aide available. Excellent wages and benefits. Apply in person

at 1025 Euclid Avenue, Paintsville, Ky from Monday-Friday between 8:00am to 4:30 pm.

Now hiring caring individuals to work with people with developmental disabilities in the Floyd County area. Candidates must possess good communication and writing skills. Also must be able to pass criminal background check and drug screen and must have a valid driver's license. All training will be provided. One week paid vacation and bonuses. Interested parties should call 606-377-1009 or fax resume to 606-946-2925.

Underground mining crew needed. For an operating underground mine, 1 million plus. Recoupable to UNDERGROUND PO BOX 200 Main street, Paintsville, Ky 41240.

Underground miners needed. met's / electrician's / bolters / scoups / etc... Must have valid cards. Immediate positions available. Send resume to JOB OPPORTUNITY 305 Third Street Paintsville, Ky 41240.

Local environmental company looking to hire field technician (water sampling) in Eastern Ky area. Send resume to BCI P.O.Box 992 Prestonsburg Ky 41653.

CADC. Certified Alcohol and Drug Counselor needed for Clinical Services Supervision for treatment center. Full time / part-time position. Apply in person, bring resume. Call 437-0047.

Community Connections is hiring for a Direct Care Providers, Paid training, all shifts available. There is a 15.00 application fee for a background check that is required for positions. Apply in person at Community Connections 4663 US 23 South Ivel, Ky 41602. Phone Number 606-874-1900.

Independent Sales Agent wanted. Call 1-606-424-9593 or fax resume to 285-3272.

AVON Sign up for 10.00 and Receive Free gift. Earn pocket or career money, you decide. Call Jency at 886-2082

Miller Bros. Coal, LLC is seeking qualified applicants for the position of Surface Mine Planning Engineer. Mining Engineering degree and experience required. Competitive salary and benefits package. Interested applicants should send their resume in confidence to P.O. Box 990, Allen, Ky. 41601. Phone inquiries not accepted.

Heavy Equipment Steam Cleaning Company needs employees. Must have valid drivers license and up to date surface mining papers. Mine Emergency Tech. is a plus. Call Mon. Thru Fri. 9:00 a.m. to 5:00 p.m. (606) 886-1759 If no answer leave message.

Services

If you need brick, block, stone laid, fireplaces built call Perry Masonry. Call 606-424-2969.

Need your Corey cut? Call Corey Qualls anytime!! 1-606-216-4769 (C) or 606-889-9303 (H).

Merchandise

2- 6 ft glass display cases for sale. Also 2- 5 ft wood cabinets for sale. Call 886-3142. 9am-5pm

Animals

AKC Boxer for stud service. \$350 stud fee. 606-874-9646.

Eskimo Spitz puppies for sale. \$6500 each. Call 285-1980 or 478-7255.

Yard Sale

4 Family Yard Sale: furniture, house hold items, home decor, designer brands, men's, women's, and children's clothing. August 9th 8:00am - 1:00

Seeking Experienced Manager

Newly acquired small Metal Manufacturing Company at Lowmansville, Ky, is seeking key person for management position. Must be experienced in manufacturing and marketing of Heavy Duty Truck and Trailer products.

Full time position with excellent benefits, including Health, Life, 401(k), and Credit Union.

Apply on-line at www.thetruckpeople.com
 Email to: judy.lusk@thetruckpeople.com

Mail résumé to:
 HR/Metal
 P.O. Box 1370
 Prestonsburg, KY 41653

EOE

PERRY COUNTY COAL CORPORATION, Hazard, KY, a subsidiary of TECO COAL CORPORATION, Corbin, KY, is now accepting applications for the following position:

Mine Personnel Manager to administer the human resources function, under the direction of Director of Personnel, of a large coal mining operation in Eastern Kentucky. Responsible for hiring, discipline, employee relations, benefits, records maintenance and problem resolution related to those duties. Must have at least three years experience in human resources. Coal industry HR experience preferred. Excellent computer skills and experience with database applications required. BS degree or equivalent required. You may mail or email applications to:

Paul D. Matney, Personnel Director
 TECO Coal Corporation
 200 Allison Blvd.
 Corbin, KY 40701
 pdmatney@teccoal.com

TECO Coal Corporation is an Equal Employment Opportunity Employer.

PHYSICIANS FOR WOMEN CENTER

Auxier, KY

seeks candidates for

Certified Nurse Aid/Certified Medical Assistant

Physicians for Women Center operates Monday thru Friday from 8:00 a.m.-5:30 p.m.

Requirements include current CNA/CMA Kentucky certification, current CPR, and computer experience.

An excellent benefit package accompanies this position.

Mail or fax resume to:
 Big Sandy Health Care, Inc.
 1709 KY Route 321, Suite 3
 Prestonsburg, KY 41653
 Fax: (606) 886-8548

"A proud tradition of providing access to quality health care"
 Big Sandy Health Care is an Equal Opportunity Employer

HIGHLANDS REGIONAL

The Medical Center of Eastern Kentucky.

EMPLOYMENT OPPORTUNITY

Director of Case Management & UR

Highlands Regional Medical Center is seeking a full-time Director of Case Management & UR. This individual will be responsible for the implementing and supervision of the day to day operation of the Case Management and Utilization Management Programs of the Hospital. Manage activities necessary to ensure appropriate utilization of the Hospital and its resources while maintaining optimal achievable standards of patient care. Maintains the strictest confidentiality of all patient information. Promotes the concept of cooperation and develops open lines of communication with department employees, patients, and visitors and other personnel within and outside the hospital

The qualified candidate must be a graduate of accredited registered nursing program and currently licensed to practice professional nursing in the state of Kentucky. Bachelor's Degree in Health Care related field strongly preferred. Master's Degree in Nursing, Health Care Administration, Public Health, Business Administration, preferred. Working knowledge of Federal, State and regulatory requirements in quality assessment, case management, resource management, hospital systems, accreditation, and licensure is desired.

- * Nine (9) Paid Holidays
- * Medical/Dental Insurance
- * Retirement Plan
- * Life Insurance

Interested applicants may apply to the Human Resources Department, HRMC 8000 Ky, Rt. 321, Prestonsburg, Ky. 41653 (606) 886-7530 • Fax (606) 886-7534 E-mail: tolark@hrmc.org

Highlands is an equal opportunity employer.

ESTABLISHED COMPANY WANTING A MACHINE SALESMAN with SURFACE MINING EXPERIENCE

Excellent career, and benefits.

Send résumé to:
 P.O. Box 23
 Banner, KY 41603



www.wrightconcrete.com

WRIGHT CONCRETE & CONSTRUCTION, INC.

is accepting applications for the following positions:

- Project Superintendents
- Construction Foreman
- Concrete Form Carpenters
- Rebar Installers

Excellent Working Environment with Top Pay & Benefits: Health, Dental, Vision, & 401K Retirement

Fax or Mail your résumé to:
 Wright Concrete & Construction, Inc.
 9430 US HWY 23 S
 Pikeville, KY 41501
 FAX: (606) 639-4482
 or Call: 800-670-6985

CAREER OPPORTUNITY



NOW TAKING APPLICATIONS SERVICE TECHNICIAN

WE OFFER 401K, VISION PLAN, DENTAL, HEALTH. STARTING PAY DEPENDS ON EXPERIENCE. WE WILL PROVIDE ALL THE NECESSARY TRAINING FOR HYUNDAI & CHRYSLER CERTIFICATIONS. PREFER ASE CERTIFIED.

Apply in person at Deskins Motors. No calls, please! See Gary Kidd, Monday-Friday - 8 a.m.-5 p.m.

Deskins Motors

Deskins Drive
 Pikeville, KY

pm. If it rains August 10 12:30 - 3:00. 171 West Keyser Heights Pikeville

Yard Sale: Aug 8 & 9 Fri and Sat 9 to ?/ Across from McDowell car wash at little Rosa Church. Clothes, household items and lots of furniture. Call 377-2107 or 226-1164.

Yard sale : Friday & Saturday. 4-wheeler, clothing, toys, furniture and ect. Brick house behind Allen Centrals Football field at Eastern. For more information call 358-4220.

Misc.

8 Foot fluorescent light out of Tackett Furniture Building of Martin. 1 or 100. Call 285-0899. 8

For sale: 5 adjoining burial plots Davidson Memorial Gardens on US 23 between Ivel and Allen Ky. \$3500.00 Serious inquiries only, call 886-8539 after 5 pm.

For Sale: Kawasaki 2 passenger Model JT100 Jet ski, 120 HP. with trailer. Serious inquires only, \$3,000. Call after 5pm (606) 886-8539.

Want to buy junk cars. Will pay up to \$100. Running or not. Will pick up for free. Call 606-226-8111 or 859-621-0787.

For sale: 2 800 Watt Max 10" subwoofers Volfenbag. Also Boss Amp 400 w X 2 Revolution series. \$ 200. Call 789-8792 or 792-8657.

REAL ESTATE

spot. Price reduced \$175,000. Call 889-0544 after 6pm Monday - Friday. Or call 791-3742.

For sale: Home at Valley View estates, Langley. 3 Br, family room, living room, dining room, kitchen has lots of cabinets. 2 full baths one has a jacuzzi tub and utility room. It sits on around 2 acres. Price \$ 95,900. Call 606-285-9694 or 606-757-9661.

House for sale: 3 br, dining room, kitchen, single bath with full size unfinished basement. 5,500 sq ft with garage area. Located half mile south of World Wide Equipment. Call 874-2421.

3 Bd house for sale. 1 1/2 bath new kitchen & app. Commercial bldg also located on property. Located on Middle Creek. Call 8886-2699.

Brick & Stone House for Sale. Four bedrooms, two and a half baths. 2900 square feet .Desirable location in Trimble Branch. Reasonably priced. Call 886-2020

HOUSE FOR SALE Newly constructed house for sale located at Abbott Creek. Vaulted living room ceiling, 3 BR, bonus room, fireplace, with cherry hardwood floors and cabinets with spacious attached garage. Located 4 miles from us 23. Panoramic view located in new subdivisions. \$210,000 asking price Seller willing to help with closing costs! Call 606-285-0054 606-791-0719, evenings 606-377-6042

Sale or lease

House for sale: 572 Riverside Dr, Prestonsburg. Call 1-859-294-7010 or 1-859-229-1916.

3 br, 2 ba brick home for sale. Located in Prestonsburg 1/2 mile from the MAC at Spurlock Creek. First brick with fenced in yard, carport, .75 acre, fireplace, and a garden

Land for sale: 1/4 acre, exiting septic, city water located at Ivel between Prestonsburg and Pikeville. Call 606-422-1862.

Office space for rent: Located on 1320 North Lake drive Prestonsburg. Good location for hair stylist. Call 886-

6336. If no answer call 794-6204.

Building for rent: approx.2500 square ft. Former John P. Wells garage. Equipped with mechanics lift. Located on South Lake Dr Prestonsburg, Ky. Call 886-9690 for more info.

Beauty Shop For Rent: fully equipped located on South Lake Dr Prestonsburg, Ky. Ready to move in! Call 886-9690 for more info.

FARM FOR SALE Floyd county 75 acres more or less, rt. 1100 off US 23 East Point Upper Little Paint. Lum Derossett Branch. Call 606-325-4430 or 606-325-2809. Level- Sloping and timber. HUNTERS PARADISE!! Could be made into a subdivision.

RENTALS

1 Br furnished apt for rent. 5 miles from Martin on Rt 1210. Suitable for 1 or two people. \$450 month plus \$200 deposit. Utilities included. No pets. Call anytime. Call 285-3641.

For rent: Townhouse, houses, also 1 br apartment. Call B & O Rentals @ 886-8991. No pets.

For rent: 1 br small efficiency apartment. Located between Allen & Prestonsburg on Rt 1428. Fully furnished. Suitable for 1 or 2 people only. Private parking. All utilities are furnished including basic tv cable. \$475 mth plus \$250 deposit. No pets. Call 606-262-4296.

Apartment for rent. 2 br, 1 bath. Located on US 23 above Unisign at Ivel. \$350 month plus security deposit. 1 yr lease. No pets. Call 606-478-8100.

APT FOR RENT Branham height Apt Wheelright KY, is now accepting applications for one bedroom Handicap

accessible Apt. rent is based on income. Contact Kathy 452-4777

Houses

For rent: 2 br, 1 bath house. Located at Martin. \$ 500 month plus \$500 deposit. Call 478-8139 or 791-9992.

House for rent: 3 Br, 1 bath. Located at 735 Kelly Lane in Prestonsburg. \$625 per month. Call 226-0669.

3 br, 3 bath house for lease. With 2 car garage. Located at Spradling Branch. Call 889-0363.

House for rent: 1,500 sq ft. 2 Br, 1 bath fully furnished. All utilities. Located on US23 between Prestonsburg & Pikeville. \$795 deposit & \$795 month. Call 606-422-1862.

2 BR Duplex for rent, central heat and air. 1 mile North of Prestonsburg. No pets, references and security deposit required. Call 889-9747 or 886-9007.

Mobile Homes

New federal lending program for landowners. No down payment & low monthly payments. Complete

improvement packages available. Will also remove existing homes. Call 866-597-2083.

Mobile home for rent. Meade rentals. Single and doublewide mobile homes. 3 br only. Located at Auxier. Call 789-8881 or 367-1169.

For rent: fully furnished. 2 Br mobile home & apt. Ready to move into. Real clean, quite, ready to move into. Located near Prestonsburg. Working men come see these places. Very suitable for one or two working people only. Near J.W. Lake good place to live. Out of town workers welcome. Call 886-3941 or 606-205-0215.

LOTS FOR RENT Dwale Mobile home Park. off US 23 near Prestonsburg. Nice quiet community. Restrictions apply. 606-377-2357

For rent: Very good condition. 3 Br, 2 bath mobile home. Located close to Prestonsburg community college. Central heat / air. 2 inch installed metal top that reduces electric bill. Garbage, water, sewage provided. No HUD. Rent \$500 month with \$400 deposit. Must have 1 yr of references.

Call 606-874-2162.

Legals

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-5521

In accordance with the provisions of KRS 350.055, notice is hereby given that Homer Short Company, Inc., 7766 Route 321 South, Hager Hill, Kentucky 41222, has applied for a permit for an underground coal mining operation, located 0.01 mile north of Ivel, in Floyd County. The proposed operation will disturb 32.23 surface acres, and will underlie 291.38 acres, and the total area within the permit boundary will be 299.86 acres.

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-7012

In accordance with KRS 350.055, notice is hereby given that Matt/Co, Inc., 439 Meadows B r a n c h ,

7-1/2 minute quadrangle map. The surface area to be disturbed is owned by S.P. Davidson Heirs, and Marshall Davidson. The operation will underlie land owned by S.P. Davidson Heirs, and Marshall Davidson. The application has been filed for public inspection at the Department for Natural Resources' Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. The proposed operation will disturb 37.98 surface acres within the permit boundary. The proposed operation is approximately 0.52 miles southeast from KY 3's junction with KY 1428 and located along Big Branch. The proposed operation is located on the Lancer U.S.G.S 72 minute quadrangle map. The operation will use the haul road only method of surface mining. The surface area to be disturbed is owned by Frank and Judith Adams, Tri-Star Development, Inc.,

Request for Bids for Vehicles

Big Sandy Area Community Action Program is now accepting bids for a basic cargo van for use with the Weatherization Assistance program. Sealed proposals will be accepted by the agency until 4 p.m., Wednesday, August 20, 2008, at which time they will be publicly opened and read.

Request for Bids should be addressed to Mr. Mike Howell, BSACAP Executive Director, 230 Court Street, Johnson County Courthouse, Paintsville, KY 41240. Bids may also be submitted in person, 8 a.m. to 4:30 p.m., Monday thru Friday, at the same address.

Questions regarding the bid procedure or other specifics may be directed to: Mr. Steve Arms, Weatherization Assistance Program Manager, at 193 East Court Street, Prestonsburg, KY 41653, Monday through Friday, 8 a.m. to 4:30 p.m., or by telephone at (606) 886-2929.

Any and all revisions to this request shall be made only by written addendum issued by BSACAP. No oral statements by any person shall modify or otherwise affect the terms, conditions or specifications stated in this request.

Technical Specifications

1. 6-cylinder, 4-speed with automatic transmission
2. Air conditioning

BSACAP accepts no responsibility for any expense incurred by the bidders in the preparation and presentation of a bid. Such expenses shall be borne exclusively by the bidder.

Bid responses that do not conform to the terms and conditions in this bid request will be subject to rejection. BSACAP reserves the right to accept or reject any and all bids and proposals, and further specifically reserves the right to make the award in the best interest of BSACAP.

ADVERTISEMENT FOR BIDS


The City of Prestonsburg is now accepting bids on a new **Six-Yard Rear Loaded Garbage Truck**. Bid specs can be picked up at City Hall or at the Public Works Department. Sealed bids must be submitted no later than 4:00 p.m., on Friday, August 15, 2008. For questions, please contact Ronnie Rice at (606) 886-3537.

The City of Prestonsburg reserves the right to accept or reject any or all bids.

ADVERTISEMENT FOR BIDS

The City of Prestonsburg is now accepting sealed bids for a new **Skid Steer Loader**. A specifications sheet may be picked up at City Hall, or Public Works Department. Bids must be turned in by 4 p.m., August 15, 2008. For questions, please contact Ronnie Rice at 606-886-3537.

The City of Prestonsburg reserves the right to accept or reject any or all bids.



The Housing Authority of Floyd County, does not discriminate in admission or access to or treatment or employment in subsidized housing on account of race, color, religion, national origin, sex, age, handicap, or familial status.

Telephone 606-285-3833
TDD: No. 1-800-648-6056
(For Hearing Impaired)

The Floyd County Housing Authority has decent, affordable rental housing, located in Martin, Minnie, Ivel and Mud Creek areas for all qualified applicants. Rent is based on income. All apartments have central air and heat. For more information, please call: 285-3833, 377-2422, 478-4224, 478-4440 or 886-1235, or stop by the offices located in the complexes at Warco on Rt. 80; Left Beaver Creek Townhouses on Ky. 122; Ivy Creek Townhouses, Ivel, Ky.; and Creekside Village Apartments on Rt. 979, Harold, Ky. Warco has one, two, three and four bedroom apartments; Left Beaver Creek Townhouses consist of 50 three bedroom apartments; Ivy Creek has two, three and four bedroom apartments; Creekside Village has two and three bedroom apartments.

We do business in accordance with the Federal Fair Housing Law.

Deals on Wheels

Send a photo with description, along with check or money order, or credit card, for only \$50, and your Deals on Wheels will continue to run until Sold.

Contact: Donnetta Mullins, 606-886-8506, today, or mail to P.O. Box 390, Prestonsburg, KY 41653

 <p>1994 Dodge 350 Extended Cab Van All shelves, Reese hitch, ladder rack, new tires, and air conditioning. A good work van! \$1,995.00 Open Road Auto 886-9220</p>	 <p>Beautiful 1980 Corvette T-Tops Air conditioning. \$5,995.00 Open Road Auto 886-9220</p>	 <p>2001 Toyota Tundra Extended Cab Rino bedliner, power windows and steering. \$12,500.00 Open Road Auto 886-9220</p>
 <p>2004 Ford Mustang \$10,800.00. 40th Anniversary Edition. V6, Gas Saver!! Glossy Red. Call AB Motors 606-886-1922 606-434-5551</p>	 <p>2005 Dodge Ram 4x4 SLT \$17,900.00. NADA price \$19,300. Local, 1-owner, 4-door, 4-WD, auto. Looks brand new, inside & out, charcoal in color. Call AB Motors 606-886-1922 606-434-5551</p>	 <p>2002 Toyota Sienna \$9,999.00. NADA price \$12,000. Local, 1-owner, Carfax certified, champagne in color. Heated leather seats with sun-roof, V6, Gas Saver!! Call AB Motors 606-886-1922 606-434-5551</p>

Service

IS OUR BUSINESS

THE ELECTRIC WORKS

Residential • Commercial

Installation & Maintenance

• Free Estimates •

James Warrix (Licensed)
(606) 874-9123

ROSS' MINE TRAINING MET SURFACE & UNDERGROUND

"WILL TRAIN AT YOUR CONVENIENCE"

606-358-9863

Professional Cleaning Service

MISSION:
To create a clean work environment conducive to a pleasant workplace.

DUTIES:
Surface Areas, Floors, Windows, Bathrooms

OFFER:
Liability Insurance, Background Check, References Upon Request.

Phone: 606-874-3287
606-422-4592

J & L

Electrical Contracting
Residential & Commercial
Electrical Services
Home Improvements and Repairs

Free Estimates • Reliable

Ph: (606) 886-2785
Pager: (606) 482-0229
John K. Lewis, Master Electrician
Licensed: ME8643, CE8644

Mine Safety & First Aid Training

Newly Employed
24 hr. Class (surface)
40 hr. (underground)
8 hr. refresher (surface & underground)
Also Drug Testing

285-0999
Train at your convenience.