

The Times

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HIGH SCHOOL FOOTBALL

— page B1

briefs

P'burg man charged with sex abuse

by JARRID DEATON
FEATURES WRITER

HUEYSVILLE — A Prestonsburg man is charged with first-degree sexual abuse and first-degree indecent exposure after an alleged incident involving a child in Hueysville on Monday.

According to the police report, Danny L. Waddles, 34, was inside a residence in Hueysville when the mother of a young girl at the home witnessed Waddles rubbing the girl's hair with his hand. Waddles then allegedly unzipped his pants and exposed himself to the child. The mother said she confronted Waddles and told him to leave, but he returned a short while later and exposed himself to the child again.

An officer with the Floyd County Sheriff's Department interviewed the child with her mother present and said that her statement described what took place in accordance with what the mother had said. The child allegedly told the officer that Waddles "unzipped his pants and pulled his privates out."

According to the police

(See ABUSE, page ten)

2 DAY FORECAST

Today
Partly cloudy
High: 88 • Low: 62

Tomorrow
Showers
High: 82 • Low: 59

For up-to-the-minute forecasts, see floydcountytimes.com

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SOLEMN REMINDER



Votive candles lined the fountain at Archer Park on Tuesday in remembrance of those who have lost their lives to drug and alcohol addiction.

photos by Jarrid Deaton

Speakers at vigil call for treatment

by JARRID DEATON
FEATURES WRITER



Floyd County District Judge Eric Hall spoke about the importance of treatment and recovery for drug addicts during the Floyd County Community Against Drug Addiction Coalition (CADA) and Operation UNITE's vigil in observance of National Recovery Month on Tuesday.

PRESTONSBURG — "What sets us apart from animals is the ability to make choices," Judge Eric D. Hall said, as he addressed a crowd attending the Floyd County Community Against Drug Addiction Coalition (CADA) and Operation UNITE vigil in observance of National Recovery Month on Tuesday.

Hall, a district judge in Floyd County, was one of multiple county and city officials that spoke at the event, and his involvement with drug court was highly touted by everyone that took the microphone.

"Everybody comes into this world as pure as the falling snow," Hall said. "But there comes a time when you have to make a choice. You have to choose to not snort that pill, or drink that whiskey, or take a hit off that joint."

As he recognized the members of drug court that were in attendance, Hall related a personal story about how drug addiction has hit his own family.

"A close relative of mine was at my home on July 1," Hall said. "He had his beautiful young wife and daughter with him, and everything looked wonderful.

(See VIGIL, page ten)

Two sought in weekend robbery

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG — An early morning robbery in Prestonsburg on Sunday has police searching for suspects.

According to reports, two white males with bandanas covering their faces entered Tiger Mart just after 4 a.m. Sunday and pointed semi-automatic handguns at the cashiers, demanding money and threatening them if they used the alarm system.

The entire robbery only took around 45 seconds, according to video recorded by the Tiger Mart's security camera. Officers are continuing to study the footage in an attempt to get more clues about the identity of the suspects.

The suspects reportedly left the scene in a white, four-door car and turned south onto U.S. 23, but a passerby told police that the car made a U-turn and headed in the opposite direction after driving out of view of Tiger Mart.

Because of this maneuver, officers believe that this isn't the first time that the suspects have committed a robbery, and are currently checking with surrounding counties to see if there are any other cases that have similarities.

According to police, one suspect is around 5 feet, 5 inches tall, with a ponytail, and the other suspect is around 6 feet, 2 inches tall, and heavy, with curly black hair.

(See ROBBERY, page ten)

Pike woman sued for posting movie

by JARRID DEATON
FEATURES WRITER

PIKEVILLE — A copyright infringement suit has been filed against a Belfry woman for allegedly uploading a movie to Kazaa, an Internet file-sharing site.

According to the complaint filed in U.S. District Court in Pikeville, Pam Hackney allegedly distributed a copy of the movie, "The Exorcism of Emily Rose" on Kazaa.

The plaintiff in the case, Screen Gems Inc., is asking for an entry of preliminary and permanent injunctions providing that Hackney shall be prohibited from directly or indirectly infringing on Screen Gems' rights in the copyrighted motion picture, or any motion picture, that they own. Screen Gems is also requesting that all copies of movies downloaded to Hackney's computer without authorization be destroyed.

Screen Gems, identified in the suit as one of the

(See MOVIE, page ten)

Coal prices show signs of weakening

by TIM HUBER
AP BUSINESS WRITER

CHARLESTON, W.Va. — Global demand for coal has shown some signs of slack, leaving investors to wonder what's next for U.S. producers who've seen prices at times triple over the past year.

Ocean freight rates, the U.S. dollar and other factors behind the big jump have begun to ease. Meanwhile, analysts are questioning whether a global

slowdown has begun to hurt the steel industry, which uses high-priced metallurgical coal to fire blast furnaces.

Investment bank Goldman Sachs downgraded the entire U.S. steel industry Thursday, citing risks such as the strengthening dollar and concerns about demand from China.

Shares in one of the biggest coal producers, Massey Energy Co. tumbled more than 9 percent, or \$5.15, to \$50.62 in midday trading on news that 2008 prices and production are show-

ing signs of weakness.

St. Louis-based coal giant Peabody Energy offered a more bullish assessment during a presentation at a Lehman Brothers investor conference Thursday. Peabody, the world's largest privately held coal producer, said world coal demand continues to exceed supply and prices remain strong and rising. Massey is due to present at the same conference Thursday afternoon.

Stifel, Nicolaus & Co. analyst Paul Forward blamed lower volumes of

metallurgical coal for lukewarm 2008 price and production guidance issued by Richmond, Va.-based Massey in a report Thursday. Met coal has soared to \$250 a ton at times this summer, from less than \$100 a ton a year ago. As Forward notes, Massey's stock has fallen about 40 percent in the third quarter after jumping 157 percent in the second quarter.

Should steel prices wane and U.S.

(See COAL, page ten)

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Obituaries

William Byron Brashear

William Byron Brashear, age 70, of Ballground, Georgia, formerly of Manton, passed away Thursday, August 21, 2008, at Kennestone Hospital in Marietta, Georgia.

He is survived by his wife, Lena; a son, Carl of Lexington; a brother, Richard Brashear of Ponce Inlet, Florida; and stepchildren: Toni Harms of Ballground, Georgia; Pam Coppage of Marietta, Georgia; Joe Scofield of Deltona, Florida; and Shell Edwards of Orlando, Florida; along with grandchildren, nieces and nephews.

A graveside service will be held at Davidson Memorial Gardens, in Ivel, on Wednesday, September 10, at 11:00 a.m.

In memory of William, the family suggests donations to Our Lady of the Mountains Catholic Church, 1908 Waleska Highway 108, Jasper, GA 30143; or The American Stroke Association, P.O. Box 15120, Chicago, IL 60693.

(Paid obituary)

Ethel Dudley Presley

Ethel Dudley Presley, 97, of Langley, died Tuesday, September 2, 2008, at her residence.

Born January 11, 1911, in Floyd County, she was the daughter of the late Felix and Lena Hoover Dudley. She was a homemaker and a member of the Bethel Old Regular Baptist Church, in Langley.

She was preceded in death by her husband, Tolby Presley.

Survivors include two daughters: Lois Martin and Zeda Martin, both of Langley; five grandchildren: Wanda Brown, Merita Vanderpool, Randy Martin, Delano Hagans and Tammy Martin; 10 great-grandchildren; and two great-great-grandchildren.

In addition to her parents and husband, she was preceded in death by a daughter, Helen Hagans; two brothers: Clyde Dudley and Angelo Dudley; and a sister, Edith Gayheart.

Funeral services will be held Friday, September 5, at 1 p.m., at Nelson-Frazier Funeral Home, in Martin, with Old Regular Baptist ministers officiating.

Burial will be in the Hayes Cemetery, in Langley, under the direction of Nelson-Frazier

Funeral Home.

Visitation is at the funeral home.

(Paid obituary)

Bessie Conn Samons

Bessie Conn Samons, age 92, of Banner, widow of Hezzie Samons, passed away Thursday, September 4, 2008, at Highlands Regional Medical Center, Prestonsburg. She was born March 11, 1916, in Dana, the daughter of the late Ike Conn and Geneva Boyd Conn. She was a homemaker, and a member of the Little Salem Old Regular Baptist Church.

Survivors include seven sons: Lowell (Mary) Samons, Troy B. Samons, Coy (Linda) Samons, Dan (Marge) Samons, and Wilburn Ray (Claudette) Samons, all of Banner; Hezzie Samons Jr., (Donette) of Sharps Chapel, Tennessee; and Bert Samons of Ashland; two daughters: Wanda (Gilbert) Marcum and Dovie Damron, both of Banner; 21 grandchildren: Lowell Samons Jr., Jacqueline, Janelle, Troy Jr., Craig, Michelle, Hugh David, Coy David, Jody, Patsy, Tina, York, Anzie, Amy, Jenny, Kevin, Brandon, Wesley, Brenda, Robin and Sean; 20 great-grandchildren: Lowell Curtis, Chad, Lindsey, Nicole, Lowell Thomas Samons III, Rocky, Tiffany, Donovan, David Lee, Brooklyn, Kerrigan, Sydney, Scottie, Ashley, Bryon, Kayla, Jason, Jacob Dylan, Kennedy, and Kent; and two great-great-grandchildren: Andrew and Grant.

In addition to her husband, and parents, she was preceded in death by three brothers: Willie B. Conn, Bert Conn, and Johnnie Conn; four sisters: Mona Boyd, Mary Ellen Nelson, Virginia Ratliff, and Eulavene Ratliff; and two grandchildren: Misty Samons and Dow Hezzie Samons.

Funeral services for Bessie Conn Samons will be conducted Saturday, September 6, at 11:00 a.m., at the Hall Funeral Home Chapel, in Martin, with Regular Baptist ministers officiating.

Burial will follow in Davidson Memorial Gardens, in Ivel, under the professional care of the Hall Funeral Home.

Visitation is after 6:00 p.m., Thursday, at the funeral home, with nightly services at 7:00 p.m.

Pallbearers: Lowell Thomas Samons Jr., Craig Samons, Coy David Samons, Jody

Samons, Wes Samons, Sean Damron, Bandon Samons, Kevin Samons, Chad Allen Webb, and Lowell Curtis Webb.

(Paid obituary)

Genevieve M. Stidham

Genevieve M. Stidham, age 77, of Eaton, Ohio, and formerly of Camden, Ohio, passed away Thursday, August 28, 2008, at Kettering Memorial Hospital, Kettering, Ohio, following a brief illness.

She was born August 5, 1931, in McDowell, (Floyd County) to the late Sam T. and Vada (Gibson) Meade. She was a longtime active member of the First Southern Baptist Church, Camden, Ohio, where she was also a member of the Faithful Workers Sunday School class. She retired from housekeeping at Miami University, Oxford, Ohio, in 1993.

She was preceded in death by her parents; her husband, Robert B. Stidham, who

passed away February 20, 1975; her brothers: Rex, Raymond, and Edgar A. Meade; and sisters-in-law: Ida Meade, Peggy Meade, and Georgia Tucker.

She is survived by her daughter and son-in-law: Betty Sue and Keith Ballinger of Eaton, Ohio; and daughter, Margaret A. Stidham of Eaton, Ohio; her grandson and his spouse, Brent and Jenny Ballinger; and her great-grandson, Brayden Ballinger, all of Eaton, Ohio; her sister and brother-in-law, Betty R. and Lester Breeding of London; her sisters-in-law and brothers-in-law: John and Jean Stidham of Goodlettsville, Tennessee; Betty and Bill Couch of Cincinnati, Ohio; Billie Smith of Hazard; Mattie and Dennis Smith of Hazard; Patty Ruth Meade of McDowell; and Bonnie Meade of McDowell; and numerous nieces, nephews, and special friends.

Funeral services were held at 11 a.m., Monday,

September 1, at the First Southern Baptist Church, 35 North Liberty Street, Camden, Ohio, with Rev. Greg Jackson officiating.

Burial was in Fairmount Cemetery, Camden, Ohio.

Visitation was Sunday, August 31, from 4 to 8 p.m., and also at the First Southern Baptist Church, Camden, Ohio.

Memorial contributions may

be sent to the church, or the American Cancer Society, 2808 Reading Road, Cincinnati, Ohio 45206.

Girton-Schmidt-Boucher Funeral Home, Eaton, Ohio, is assisting the family with arrangements.

Online condolences and other remembrances may be sent to the family, by visiting www.gsbfuneralhome.com.

(Paid obituary)



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It broke our hearts to lose you, but you didn't go alone. Because a part of us went with you, the day God called you home.

We will never be the same, but as God calls us home, We will be together again.

September 4, 2008, would of been 41 years together. We love and miss you very much.

Your wife, Willa Frasure,
Sons, Dean and Stanley Frasure

In Memory of Joe Ward

April 4, 1943 - September 2, 2007

*The deer are running, the dogs are barking,
Your friends are calling,
They miss you so much.*

*The snow has come and went,
And the flowers have gone.*

*Now the deer don't run from you,
Or the dogs don't bark for you.*

They cry for you, just like we do.

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For the Record

Marriage Licenses

Donna Sue Sammons, 34, of Prestonsburg, to Dale Lee Sullivan, 46, of Prestonsburg.
 Ashley Greg Bailey, 35, of Lexington, to Timothy Wayne Trusty, 37, of Prestonsburg.
 Kristi Dawn Martin, 26, of Wheelwright, to Shannon Dale Newsome, 32, of Wheelwright.
 Michelle Lynn Samons, 36, of McDowell, to Jon Barry Bowling, 35, of McDowell.
 Cynthia Deanna Rackey, 43, of Bevinville, to Jeffrey Murphy, 43, of McDowell.

Kristy Nicole Burchfield, 21, of Prestonsburg, to Scott Michael McColoch, 40, of Pikeville.
 Traci E. Music, 25, of Auxier, to William C. McCown, 27, of Auxier.

Civil Suits Filed

Tiffany Lewis vs. Elmer Lewis, petition for health care insurance.
 Brandi N. Delauder vs. Bradley A. Delauder, petition for child support and health care insurance.
 Danielle L. Adkins vs.

Matthew O. Little, petition for health care insurance.

Kimberly Ann Parsley vs. Timothy E. Parsley, divorce.
 Jeremy Kilburn vs. Jerry W. Davis, compensation for injuries in auto accident.

BB&T vs. Brian J. Little, debt collection.

Fayetta Ross vs. Jennifer Rubio, petition for child support and health care insurance.

Asset Acceptance vs. Rita C. Whicker, debt collection.

Henri Safi vs. Yelena Shelova Safi, divorce.
 Carolyn Somerville and

Scott Keith Somerville vs. Anthony Stumbo, M.D., Internal Medicine of East Kentucky, Carla McGlone, Kathy Salyer, and Cooley Apothecary, Inc., medical negligence.

Charges Filed

Gary Lee Adams, 33, of Meally, reckless driving, first-degree possession of a controlled substance.

Constance Nicole McQuire, 45, of Prestonsburg, fourth-degree assault, second-degree disorderly conduct, menacing, third-degree terroristic threatening, third-degree assault, resisting arrest, failure to notify address change to department of transportation.

Teddy Dean Johnson, 43, Martin, first-degree wanton endangerment.

Bridgett Dannene McPeck, 44, Shelbyana, first-degree possession of cocaine, public intoxication, use/possession of drug paraphernalia, possession of an open alcoholic beverage in vehicle.

Drema Collins, Harold, age not listed, theft by failure to make required disposition, second-degree forgery, theft by unlawful taking under

\$300.

Danny L. Waddles, 34, of Prestonsburg, first-degree sexual abuse, first-degree indecent exposure.

William Compton, 64, of Martin, second-degree assault, second-degree burglary, third-degree criminal mischief.

John B. Picklesimer, 45, of Auxier, alcohol intoxication in public, resisting arrest, fourth-degree assault, disorderly conduct.

Tiffany Vansckly, 22, Jonesville, Michigan, endangering the welfare of a minor.
 Bryan Newsome, 20, Beaver, third-degree criminal trespassing.

Property Transfers

Mary Elizabeth Anderson to Sarah R. King, property not listed.

Teresa Lynn Bentley to Stacy Bentley, property located at Frasure Creek.

Gary Beverly to Gloria Powers and Ted Powers, property located at Auxier.

Vickie Beverly to Gloria Powers and Ted Powers, property located at Auxier.

Bernice S. Branham to Astor Clay Collins, property not listed.

Everett Carrol to Tammy Wilburn, property not listed.

Margaret Carroll to Tammy Wilburn, property not listed.

Geraldine Hall to Harold Hall and Tammy Hall, property not listed.

James Hall to Harold Hall and Tammy Hall, property not listed.

Donna Jarvis to Andy Shepherd and Emma Shepherd, property located at Nelson Branch.

Larry D. Jarvis to Andy Shepherd and Emma Shepherd, property located at Nelson Branch.

Sharon Jarvis to Andy Shepherd and Emma Shepherd, property located at Nelson Branch.

William H. Jarvis to Andy Shepherd and Emma Shepherd, property located at Nelson Branch.

Pamela Sue Moore to Jack Bartley, property located near Hi Hat.

Jerry Mullins to Gary R. Slone, property not listed.

Teresa Newman to Joshua Berman Newman, property located at Jacks Creek.

Berman Newman to Joshua Berman Newman, property located at Jacks Creek.

Coal producers say new regulations cutting production

by TIM HUBER
 AP BUSINESS WRITER

CHARLESTON, W.Va. — Following a string of high-profile mine accidents that left dozens dead in recent years, coal operators say the federal Mine Safety and Health Administration has become extremely heavy-handed in an attempt to counteract accusations of lax oversight.

During the first 10 months of fiscal 2008, MSHA says it has slapped mine operators with \$97.4 million in fines — a 141 percent increase over last year's total. Citations and orders for various infractions are up nearly 8 percent as well.

Producers say the spike in enforcement actions have stifled productivity, increased costs and prevented mine operators from cashing in on soaring international demand.

Prices, particularly for metallurgical-grade coal for powering steel blast furnaces, have tripled over the past year in response to the weak U.S. dollar, foreign shipping bottlenecks, ocean freight rates and other factors. Met coal has fetched \$250 a ton at times, while spot prices for coal for electric utilities have tripled in Appalachia and the Illinois Basin.

Still, signs that Massey Energy Co., Arch Coal Inc., Alpha Natural Resources and other top U.S. producers were chafing under the oversight began about a year ago, just as MSHA was drawing renewed criticism from Congress and organized labor over enforcement. Critics blasted the agency for failing to perform mandatory inspections at underground coal mines despite high-profile fatal accidents including the Sago Mine explosion in 2006 that killed 12 and the Crandall Canyon mine collapse and rescue attempt that killed nine.

"Some of these citations or violations are extremely petty and probably in no way contribute to safer conditions," said National Mining Association spokesman Luke

Popovich. MSHA director Richard Stickler dismisses the notion that stricter enforcement isn't improving safety.

"Certainly when you find an unsafe condition and you require the operator to correct that condition, that has to be making the mine safer," Stickler said. "We're making more inspections, we're writing more violations, and we're assessing higher penalties."

"That's our job. One of the tools we have is enforcement."

MSHA's own statistics show the agency began upping the pressure beginning in 2007.

Citations and orders issued for various infractions jumped 2 percent to 78,687 between fiscal 2006 and 2007. Through the first 10 months of fiscal 2008, MSHA says citations and orders were up 7.7 percent to 84,744.

Fines doubled to \$40.4 million from fiscal 2006 to 2007 before this year's big increase.

Stickler said the agency was able to hire 170 inspectors and also cited federal legislation allowing increased fines across the board for better regulation.

Forcing a coal operator to stop mining even briefly is at the heart of the complaints. MSHA inspectors have the authority to order evacuations.

When a mine shuts down, costs per ton of coal removed spikes because miners are still paid. That cuts into company profits because most U.S. coal is sold at a set price under a long-term contract.

U.S. Department of Energy numbers show eastern coal production was down 0.6 percent through mid-August from a year earlier. Western coal production was up 0.9 percent over the same period.

Patriot Coal recently told Wall Street analysts that MSHA enforcement has increased costs as much as \$1.25 per ton. In the second quarter, for instance, Patriot's per ton costs jumped more than 8.6 percent.

Rick Abraham, president of

Rio Group Inc., which operates an underground mine in southern West Virginia, says inconsistent interpretations of the rules by inspectors has been a big problem.

MSHA inspectors brought to the region from other parts of the country have differed on what constitutes a violation and what does not, Abraham said.

"The crisis of the day that wasn't even an issue last week is now a reason to come and sit outside the mine while you correct it," he said. "To their credit, the pressure on them is political, it's extreme."

It's a refrain heard throughout the coal fields.

"If you go to any meeting of industry people, industry people involved with the operations area, we're all seeing the same thing, which is just there is a much heavier presence of regulators and inspectors and people who are involved in your mine," James River Coal Co. Chief Executive Peter Socha said during the company's latest earnings call with securities analysts.

Stickler, however, says extra scrutiny shouldn't hurt productivity.

"It comes back to the management skill and the priorities that the mine management sets at the mine. If the operator is committed to doing things a safe way, I think they can do both," he said.

A message from John Kirk To hurt, injured, or Disabled People

To those workers—like thousands of others for whom we have worked—who have been hurt on the job, *Beware*. There are things that must be done to protect you and insure that your rights for payment of lifetime medical plus other benefits are protected. That is exactly what we do at our law firm. As always, we Work for Workers, not the companies. Talk to us, if you wish, about your injury and we will give you advice based on what should be done. For additional information, see www.kirklawfirm.net.

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Elliott County jailer charged with rape

The Associated Press

ASHLAND — Kentucky State Police say an eastern Kentucky jailer is behind bars on a rape charge.

Police say 50-year-old Elliott County Jailer Charles F. Howard was arrested and is being held at the Boyd County jail in Ashland. His bond is set at \$100,000.

Howard's arrest report says the allegation was made by a woman whom Howard was transporting to another jail on Sunday. The woman's name

wasn't released.

Howard is charged with first-degree rape. It couldn't be determined Tuesday night whether he was represented by a lawyer.



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Viewpoint

Worth Repeating ...

There is nothing worse than aggressive stupidity.

— Johann Wolfgang von Goethe

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— Guest View —

Not this time Nation was ready for Gustav

Hurricanes are such a powerful force of nature that these days one moderate-sized storm can wipe out — or at the least badly disrupt — a national political convention 1,200 miles away.

That was the case Monday with Hurricane Gustav, which skirted past New Orleans but not before sucking most of the energy out of the opening day of the Republican National Convention in Minneapolis-St. Paul.

Given the echoes of Hurricane Katrina, which pounded New Orleans and humiliated the Bush administration three years ago, Republicans had little choice but to turn their convention hall into a giant phone bank, with prime-time appeals for donations to hurricane relief. Sen. John McCain, the soon-to-be Republican nominee, made the right calls in scaling back the convention's early events, visiting threatened areas a day before the storm hit, and staying out of the spotlight Monday. Democratic nominee Barack Obama also set aside normal campaigning to ask supporters to help hurricane victims.

The message of the day Monday was to place the nation's needs first and to put a pause on politics. Perhaps both sides should adopt aspects of that approach not just for the rest of this week but also for the next two months. Let's, by all means, have a robust debate over essential issues, the candidates' visions for the nation, and their qualification for the job. But let's set aside the personal attacks and the off-issue jibes that have dominated recent presidential campaigns, including this one until now.

As for Gustav, it shouldn't be left to fade away, before noting how dramatically different state, local and federal leaders responded this time than in 2005. Katrina was a national disgrace, but the debacle started with the utter failure of state and local governments to prepare for and respond to the storm. This time, by almost all accounts, government on all levels was ready.

Yes, this storm was weaker than Katrina and New Orleans was spared a direct hit, but the massive evacuation of residents and the massing of relief workers that took place over the weekend showed how well the lessons of Katrina have been learned.

State, federal and local governments worked well together and with private organizations such as the Red Cross and the Salvation Army.

Katrina is a lasting example of the suffering that is inflicted when government fails to meet its obligations. Gustav, although a lesser storm, illustrates the good that can occur when leaders at all levels live up to their responsibilities.

— The Indianapolis Star



— Guest column —

John McCain's choice

by ELAINE WASHBURN SHIBER

I've got to hand it to John McCain. His vice presidential choice, Gov. Sarah Palin, certainly seems to have a little something in it for everybody.

Her attractiveness and "hockey-mom-with-five-kids" image will doubtless give hope to all those mothers in the country who never dreamed that the art of multi-tasking could take one so far up the ladder of success.

Her remarkable ability to govern a town of less than 7,000 and a state of less than 700,000 speaks volumes for her administrative prowess.

Her 2007 trip abroad to U.S. bases in Germany and Kuwait to encourage Alaskan boys in uniform, without having to interact with the "natives,"

plus a prior trip to Ireland as a tourist, demonstrates her extensive international experience.

Palin's feistiness in tackling corruption in Alaskan government is a pretty impressive feat for a small-town girl, as is her taking on big oil companies for a piece of their profit "pie" which, I might add, was the least she could do for Alaskans, considering what they've suffered at the hands of big oil. Her ardent support for drilling in the Alaskan National Wildlife Refuge, however, appears to contradict her concern for Alaska, but it does take the edge off of McCain's opposition to this popular idea.

Gov. Palin proudly boasts that her young son will soon be deployed to Iraq ... a patriotic sacrifice ... one she's apparently happy to make for a war we all now know is illegal. This, together with her youngest child's profoundly unfortunate genetic condition and her poor 17-year-old daughter's pregnancy out of wedlock have suddenly become icons of the

"American family experience" and are somehow casting her as "heroic." I know many moms who have to deal with such problems on a shoestring 24 hours a day, often without a husband ... or a nanny. Now that's heroic.

Quite frankly, I am offended by Sen. McCain's choice of a running mate. It reeks of his desperation for attention ... a public relations stunt ... not prudent politics. There are many women out there who are 10 times more qualified and able to take on the presidency of our country at a moment's notice, if the occasion arises ... and who don't carry around such serious personal baggage.

As for Ms. Palin, call me old-fashioned, but I'd rather see her raise those five babies with her full attention and put the political career on hold.

Mrs. Shiber is a free-lance political writer and mother of two. She lives in Van Lear.



THE WARM RECEPTION

Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times.

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The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

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Rental Central

by TOM DOTY
TIMES COLUMNIST

September got off to a slow start with only a handful of new releases alongside two lower budgeted entries.

■ "Married Life" — Hitchcock gets the nod (or blame) for this sluggish film noir. Chris Cooper stars as a husband who confides to his womanizing best friend (Pierce Brosnan) that he is about to leave his wife and family for a

younger woman. The best friend turns out to have feelings for the wife, too, and ponders doing her in rather than letting her get hurt (there's some kind of logic there, I guess). Cooper is pretty good here but not enough to recommend this one.

■ "Then She Found Me" — Helen Hunt returns, and directs, this schmaltz-fest that centers on a middle-aged woman who loses her husband and adoptive mother during what could

only be classified as a bad run of luck. She may find romance with a new flame (Colin Firth) but who cares.

■ "Layover" — David Hasselhoff stars in this late to video entry and is actually pretty good as a guy who has an affair with a fellow passenger on his plane and then discovers he knows her dangerously unbalanced husband. Surprisingly this is nowhere near as bad as it sounds.

■ "The Morgue" — Six strangers

seek refuge in a rural morgue and find that they are being systematically murdered by a slasher-type maniac. You'll see the trick ending from a mile away here but this one is diverting for 81 minutes.

Next week could only be better and features Jet Li facing off against Jackie Chan in "The Forbidden Kingdom" as well as last summer's "Knocked Up" runner-up, "Baby Mama."

Vampire novels adapted for HBO's 'True Blood'

by KINNEY LITTLEFIELD
ASSOCIATED PRESS

CALABASAS, Calif. — As fictional lovers go, bubbly blond Sookie Stackhouse and tall, pale Bill Compton are as massively mismatched as they come. After all, Sookie (Anna Paquin) is exuberantly human and Bill (Stephen Moyer) is, well, totally undead in HBO's flamboyant new vampire saga, "True Blood."

"Bill is really genteel but that doesn't stop him from being blood-hungry," Moyer says of his menacing 173-year-old character in "True Blood," adapted for television by Alan Ball ("Six Feet Under") from the popular series of Southern vampire novels by Charlaine Harris.

"The tension between Bill and Sookie is quite palpable," Moyer says in between scenes in which the courtly vampire, who fought for the Confederacy in the Civil War,

escorts his lady friend Sookie, a telepathic roadhouse waitress, home on a dark and eerie night.

That sexually suggestive tension is key to "True Blood," premiering 9 p.m. EDT Sunday. Set in a small Louisiana town (actually the Santa Monica Mountains northwest of Los Angeles), the edgy series chronicles a time when synthetic blood supplies enable Bill and other vampires to live openly among humans, without necessarily feeding on them.

Like Barnabas Collins (Jonathan Frid) in the classic vampire soap opera "Dark Shadows" (1966-1971), Bill has returned to his ancestral home, where he woos Sookie and tries to fit into human society. Like Frid's Barnabas, Moyer's Bill is an unresolved paradox — part seductive protagonist, part menacing monster.

"He's not typically vampir-

ic," says Moyer, who played a vampire in the Brit miniseries "Ultraviolet." No long black cape and ghoulish grin for Bill, who dresses yuppie-casual. "But we do get to see him sort of sex-starved at one point," Moyer says. "And there are moments when he is quite confrontational with other vampires, when other people are predatory with Sookie."

"True Blood" also pushes the content boundaries of premium cable, with plenty of extravagantly gushing arteries and over-the-top bedroom antics to rival Showtime's "Californication" — all mixed with a good dose of Southern gothic goofiness.

Ball was looking to produce "lighter" fare after the life-and-death introspection of critically acclaimed "Six Feet Under."

"Charlaine has just created this amazing world that's funny and vibrant and scary and also a sort of social treat-

ise, you know what I mean?" Ball says.

"The books are violent and that's part of the appeal," he says. "It's visceral and predatory and unapologetically sexual. And it's unapologetically romantic in the sense of an old-fashioned romance novel."

The centuries-old vampire metaphor is "also about the terrors of intimacy, and about any kind of misunderstood, hated, feared minority — homosexuals, other cultures," Ball says. "When I first pitched 'True Blood' to HBO, I called it 'popcorn TV for smart people.'"

Still, vampire series are not always surefire. Last season, CBS spiked "Moonlight," despite its loyal following for undead hero Mick St. John (Alex O'Loughlin).

Like "Moonlight," "True Blood" plays on the thrill of a vampire-human hookup. But the mechanics of Bill and Sookie's romance proved tricky for Moyer and Paquin during filming.

"You do get fangs caught in places," Paquin says, remembering her first lip lock with Bill's lethal teeth, which pop down when he's lost in blood-lust. "Perhaps it's like people with braces trying to make it work. Puncture wounds aside, one gets used to it," she teases.

Although Ball says his series "is true to the spirit of

the novels," there are differences. "True Blood" takes the powerful and ruthless nature of vampire clans a little further than the novels do, he says. Sookie narrates the Harris books but not "True Blood." Instead, Ball has given Sookie a female best friend and confidante named Tara (Rutina Wesley).

The events in the 12 episodes play out over a fast and furious two-week period, like they do in Harris' first vampire novel, "Dead Until Dark." As in the novels, Sookie's mysterious boss Sam Merlotte (Sam Trammell) is very much in evidence, keeping close to Sookie.

But Ball has greatly expanded the characters of the roadhouse's gay short-order cook, Lafayette (Nelsan Ellis), and Sookie's bumbling and sexually indefatigable brother Jason (Ryan Kwanten).

"They've given me some really outrageous story lines," Kwanten says. "Jason just jumps into things before he thinks about them. He thinks he's Louisiana's answer to Casanova. Any reservations or inhibitions I had before starting the show have well and truly gone now in a good way," he says of his sex scenes. Then he laughs. "One of the grips jokes that he sees me naked more than he does his girlfriend."

Study: Workers to pay more for health care

by CANDICE CHOI
AP BUSINESS WRITER

NEW YORK — Get ready for another hike in copays and deductibles.

A survey being released Thursday by the Mercer consulting firm found 59 percent of companies intend to keep down rising health care costs in 2009 by raising workers' deductibles, copays or out-of-pocket spending limits.

On average, health care costs will go up by an estimated 5.7 percent next year for both workers and their employers, the study found. That repeats this year's 5.7 percent hike and a 6.1 percent jump in 2007.

The growth of health care costs has hovered at around 6 percent since 2005, according to Mercer. While that's down from the double-digit growth in previous years, it's still moving at a faster clip than inflation or workers wages.

"It's not something to cheer

about, especially since costs are getting passed on to employees," said Blaine Bos, author of the survey.

The results were preliminary findings, with about half of the 3,000 large companies surveyed reporting. Preliminary findings for the annual survey have historically been in line with final results.

Between 2003 and 2007, the average deductible for an individual grew from \$250 to \$400. For a family, it rose from \$1,000 to \$1,500, according to Mercer.

Deductibles are the amount workers pay for medical care out of pocket. Once workers spend that amount, they begin sharing costs with employers, with the company covering an average of 80 percent.

Health plans are trying to rein in costs by offering choices such as disease management plans and incentives for greater use of prescription drugs, said Robert Zirkelbach,

a spokesman for America's Health Insurance Plans, a trade association representing nearly 1,300 insurers.

"But there's certainly still more work to be done," Zirkelbach said.

He said AHIP has proposed a number of policies and measures to further curb costs.

The Mercer survey also found 47 percent of companies are encouraging enrollment in plans with lower premiums and higher deductibles.

Additionally, the survey found 19 percent of employers will start offering a consumer-directed health plan. These are high-deductible plans with employee-controlled spending accounts. They encourage employees to consider costs when by letting them save account money they don't spend for future needs.

Last year, 12 percent of all employers said they were "very likely" to implement such a plan by 2009.

Sen. McConnell touts McCain's military past

by BRUCE SCHREINER
ASSOCIATED PRESS

LOUISVILLE — Kentucky Sen. Mitch McConnell played up John McCain's military past and touted his credentials for the presidency, telling the Republican National Convention on Wednesday that McCain would take the same character to the White House that he showed as a prisoner of war in Vietnam.

McConnell, the Senate's top-ranking Republican, also praised McCain's running mate, Alaska Gov. Sarah Palin, saying she "will make a remarkable vice president."

In his short speech, McConnell traced McCain's long family heritage of military service and emphasized the Arizona senator's captivity during the Vietnam War.

"Those heroic deeds are not the only reason to vote for

John McCain," McConnell said. "But they tell us important things about the man. Because when the crowds fall silent, and the teleprompters are rolled away, what is left is character, proven character."

As a POW, McCain refused his captors' offer of early release and eventually returned home from his 5-1/2 years of captivity on crutches and unable to lift his arms.

"They say that the measure of a man is what he does when none are looking," McConnell said. "And in nearly six years of anguish, John McCain kept faith with his fellow prisoners. He honored the code. He put aside his own good for others. And I guarantee you this, he'll do the same as president."

McConnell, who is facing his toughest re-election fight in years, often mentions McCain on the campaign trail, though the two have differed on some key issues in the past

— most notably campaign-finance reform.

McCain is heavily favored to carry Kentucky against Democratic opponent Barack Obama in November.

As for Palin, McConnell said the first-term Alaska governor and former small-town mayor has a record that "the American people have already come to respect and admire."

Since her selection as McCain's running mate, Palin has come under intense scrutiny. The disclosures included the pregnancy of her unmarried 17-year-old daughter and that a private attorney is authorized to spend \$95,000 of state money to defend her against accusations of abuse of power.

McConnell had been scheduled to speak on the opening night of the GOP convention, but his time at the podium was scratched because of Hurricane Gustav.

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Cinema 9—Held Over
HOUSE BUNNY (PG-13), Mon.-Sun. 7:05-9:20; Fri. (4:20) 7:05-9:20; Sat.-Sun. (2:05-4:20) 7:05-9:20.

Cinema 10—Held Over
BABYLON A.D. (PG-13), Mon.-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30.

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The SKINNY on FATS

The Fats That Fit a Healthy Diet

FAMILY FEATURES

Yes, some fats can fit into a healthy diet. Our bodies actually require them. The USDA Dietary Guidelines recommend 20 to 35 percent of calories come from fats, predominantly unsaturated ones. They deliver certain vitamins, provide essential fatty acids and are a source of fuel.

But it's easy to get confused about the different kinds of fats, where they come from and how much of them to eat. So here are some fat facts to keep things straight.

The Bad:

Saturated fats are found in animal products like meat, poultry skin, eggs and high fat dairy products. Saturated fats are also found in high quantities in vegetable oils that stay solid at room temperature, such as coconut and palm oil. The American Heart Association recommends that only about 7 percent of calories should come from saturated fats.

Trans fats come in two forms. Natural trans fats are found in small amounts in dairy and meat. Artificial trans fats are made when liquid oils are hardened into solid form, called "partially hydrogenated" fats. These are in baked goods, packaged snack foods, some margarines, icings and crackers. Even small amounts of artificial trans fats can increase bad cholesterol and put you at risk for heart disease. The Dietary Guidelines recommend keeping trans fat consumption as low as possible.

The Good:

Good fats are unsaturated. These include polyunsaturated and monounsaturated fats. When eaten in moderation, they can help reduce the risk of heart disease.

Polyunsaturated fats

- are found in most vegetable oils
- include a plant-based, heart-healthy omega-3 found in flax, pecans and canola oil
- include an omega-6 that is important for the skin, found in canola oil, pecans and poultry

Monounsaturated fats

- may help protect the heart by lowering bad cholesterol when used in place of saturated fats
- are typically a good source of the antioxidant vitamin E
- are found abundantly in olives, avocados, canola oil and pecans

While all fats and oils have the same amount of calories per gram, you can make those calories work for you by making nutrient-rich choices. When you know the skinny on fats, getting the good ones into delicious family-friendly meals is easy.



Clockwise from lower right: Nuttin' Better Sauce, Pasta Alla Pecan, Zesty Pecan Salad Dressing, Mushroom Mix and Chicken Pizza, Sweet Pepper and Shrimp Pizza, Middle Eastern Vegetarian Pizza

Nuttin' Better Sauce

Makes 1 1/4 to 1 1/2 cups

This versatile spread can be used on its own, on a platter with cheese and vegetables, blended into dips and as a healthy ingredient in many savory dishes.

- 1 roasted red pepper
- 1/2 cup dry bread crumbs
- 1 large garlic clove, minced
- 1 tablespoon lemon juice
- 1 teaspoon ground cumin
- 1/4 teaspoon red pepper flakes
- 1/2 cup pecan halves
- 1/4 cup canola oil
- Salt to taste

Add red pepper, bread crumbs, garlic, lemon juice, cumin, red pepper flakes, and pecans to food processor. Pulse once or twice just to blend ingredients.

Add canola oil and blend ingredients to form smooth consistency. Add salt to taste.

Sauce can be stored in refrigerator, covered, for up to one week.

Canola Facts

Canola oil:

- has the best nutritional balance of any popular cooking oil
- is cholesterol free and has no trans fat
- is one of the best plant sources of omega-3 fat

Find more information at CanolaInfo.org.

Pecan Facts

Pecans:

- are the highest in antioxidant capacity of all nuts
- have over 19 vitamins and minerals
- are high in fiber and a good source of protein

Find more information at Texaspecans.org.

Pasta Alla Pecan

Makes 4 to 5 servings

- 1/2 pound linguini
- 3/4 to 1 cup Nuttin' Better Sauce
- 1/2 cup chopped pecans

Cook linguini following package instructions. Drain and reserve 3 to 4 tablespoons cooking water.

Return pasta to pot and place over low heat. Add sauce. Stir to coat linguini. If needed, add reserved pasta water to thin sauce. Serve immediately, garnished with chopped pecans.

Middle Eastern Vegetarian Pizza

Makes 4 servings

- 2 to 3 tablespoons canola oil
- 1/2 medium size eggplant, sliced into 2 x 4-inch slices
- 1/2 medium size zucchini, cut into 2 x 3/4-inch slices
- 1/2 medium red onion, cut into wedges
- 1/2 small red pepper, cut into 2 x 1/2-inch pieces
- 1/2 small yellow pepper, cut into 2 x 1/2-inch pieces
- 1/2 small orange pepper, cut into 2 x 1/2-inch pieces
- 4 6-inch whole wheat tortillas
- 4 to 6 tablespoons Nuttin' Better Sauce
- 10 to 15 cherry tomatoes, halved
- 2 to 3 tablespoons grated mozzarella cheese

Preheat oven to 375°F. Line baking sheet with foil. Pour canola oil into large bowl. Toss vegetables (except tomatoes) with canola oil until well coated. Layer on foil lined baking sheet and roast for approximately 20 to 25 minutes or until vegetables are soft and slightly browned. Remove from oven. Set aside.

Increase oven temperature to 400°F. Place tortillas on foil lined baking sheet. Spread 1 to 2 tablespoons sauce on each tortilla. Divide vegetables, along with tomatoes, evenly onto each tortilla. Sprinkle with cheese.

Bake for 5 to 10 minutes. Serve immediately.

Mushroom Mix and Chicken Pizza

Makes 4 pizzas

- 5 to 6 cremini mushrooms, sliced
- 5 to 6 white button mushrooms, sliced
- 5 to 6 oyster mushrooms, sliced
- 1 cup cooked chicken, coarsely diced
- 4 6-inch whole wheat tortillas
- 4 to 6 tablespoons Nuttin' Better Sauce
- 2 to 3 tablespoons grated mozzarella cheese

Preheat oven to 400°F.

Place tortillas onto foil lined baking sheet. Spread 1 to 2 tablespoons sauce on each tortilla. Divide mushrooms and chicken onto each of the tortillas. Sprinkle with cheese.

Bake for 5 to 10 minutes. Serve immediately.

Sweet Pepper and Shrimp Pizza

Makes 4 pizzas

- 1/2 yellow pepper, thinly sliced
- 1/2 orange pepper, thinly sliced
- 1/2 red pepper, thinly sliced
- 24 to 30 small, precooked shrimp, thawed
- 4 6-inch whole wheat tortillas
- 4 tablespoons Nuttin' Better Sauce
- 2 to 3 tablespoons grated mozzarella cheese

Preheat oven to 400°F.

Place tortillas onto foil lined baking sheet. Spread 1 to 2 tablespoons sauce on each tortilla. Divide peppers and shrimp onto each tortilla. Sprinkle with cheese.

Bake for 5 to 10 minutes. Serve immediately.



Baked Chicken Pecan

Baked Chicken Pecan

Makes 4 servings

- 4 chicken breasts
- 1/2 cup Nuttin' Better Sauce
- 4 tablespoons coarsely chopped pecans

Preheat oven to 350°F.

Spread approximately 2 tablespoons sauce on top of each chicken breast. Place on foil lined baking sheet.

Bake for 25 to 30 minutes or until chicken is done and juices run clear.

Garnish each chicken breast with 1 tablespoon chopped pecans. Serve immediately.

Zesty Pecan Salad Dressing

Makes 1 cup

- 1/2 cup canola oil
- 2 to 3 tablespoons lemon juice
- 3 tablespoons Nuttin' Better Sauce
- Salt and pepper to taste

In medium bowl, whisk together canola oil and lemon juice. Add sauce and whisk to blend. Add salt and pepper if desired.

Store extra salad dressing in refrigerator.

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WELLNESS Q&A

Exercising with arthritis

by ERNEST BREWER

DIRECTOR OF WELLNESS & REHAB
HIGHLANDS REGIONAL MEDICAL
CENTER
EBREWER@HRMC.ORG

Question: I have had arthritis in my knees and back for years. Now, it seems like I have it in almost all my joints. I've been told that exercise is important for me,

but when I try to exercise, I hurt worse. I don't know what to do. Can you help me?



Ernest Brewer

Helping you find the answers to your health concerns

Answer: I fully understand your frustration. Dealing with arthritis can be difficult because it often seems that you're

danced if you're active and danged if you aren't. The reason that it seems this way is that both are true. Let me explain.

There are multiple forms of arthritis, but the form that you seem to be describing is likely osteoarthritis (OA). The joints in your body have slippery structures covering the bones to decrease friction and some also have shock absorbing pads. (for example, the meniscus of the knees). When a joint is affected by OA, these structures often begin to become stiff, wear down and lose their ability to protect the bones of the joints. This can cause tendons and

(See WELLNESS, page nine)

DINNER DIVA

Better burgers

Have you ever gone to a cook-out, having saved all your calories for a great grilled hamburger only to be grossly disappointed? That was me this past weekend. The burgers were barely edible and



Leanne Ely

had I known going in, I would have opted for the grilled chicken which was also on the menu. Sigh. Let me tell you what went wrong so you too, don't kill your burgers. First up, the meat. The gal who hosted the party is very fat conscious. I appreciate that, so am I. But when it comes time to slap your patties together, you need a little fat to make 'em good. This is not what happened. Extra lean beef went into these dried burgers. It was also ground too fine, making it mushy. Ugh. Gotta have a little fat and make the meat coarsely ground.

Secondly, the fire. It was too cold. The grill has to be hot (and clean, did I mention clean? Black schmutz all over your burger is nasty! I don't want to eat what you had the weekend before!). Make it hot, hot, hot. Clean the grill, get it hot and then let your burger sit till it's ready to be flipped. If you flip it too soon, it will fall apart.

Third, defend against the urge to pat the patty! When you overly babysit the burgers, flattening it out with the spatula every 2 min-

FAMILY MEDICINE

Jury still out on chelation therapy for clogged arteries— Page A9

VFW to hold event for soldiers' children

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG — "A lot of people think we are just a bunch of old men who sit around and drink and tell war stories," said Paul Edwards, commander of the Prestonsburg office of Veterans of Foreign Wars.

Edwards is out to change that perception, and he wants the public to be aware of the charity work, donations and events that the VFW participates in to help the community.

One event that was planned by the VFW, a picnic mixed with fishing, will be taking place on Saturday at Dewey Lake, and Edwards says that all veterans and families of veterans are welcome.

"This is an event for the dependents of the deployed soldiers from this area," Edwards said. "We've adopted the whole unit, and that includes the families."

According to Edwards, 107 soldiers from the area are currently enlisted and serving in Afghanistan,

with most of them shipping out early in May from the 201st Combat Engineer Battalion of the Army National Guard in Prestonsburg.

Edwards said that some of the soldiers are currently home on leave and getting ready to go back to Afghanistan soon.

"We hope the families will bring their children to fish, and that the soldiers that are on leave will come," Edwards said. "Fish and Wildlife are going to run a lot of fish to the place where we will be and then block it off

for the day to make sure they have more of a chance to catch something."

Edwards believes in giving back to the community, along with helping and honoring those who are in the military.

Along with planning special events, the VFA also donated \$4,500 to Floyd County schools last year, along with numerous flags, and donates \$500 per month to the VA

(See VFW, page eight)

Big Sandy Idol gearing up for third year

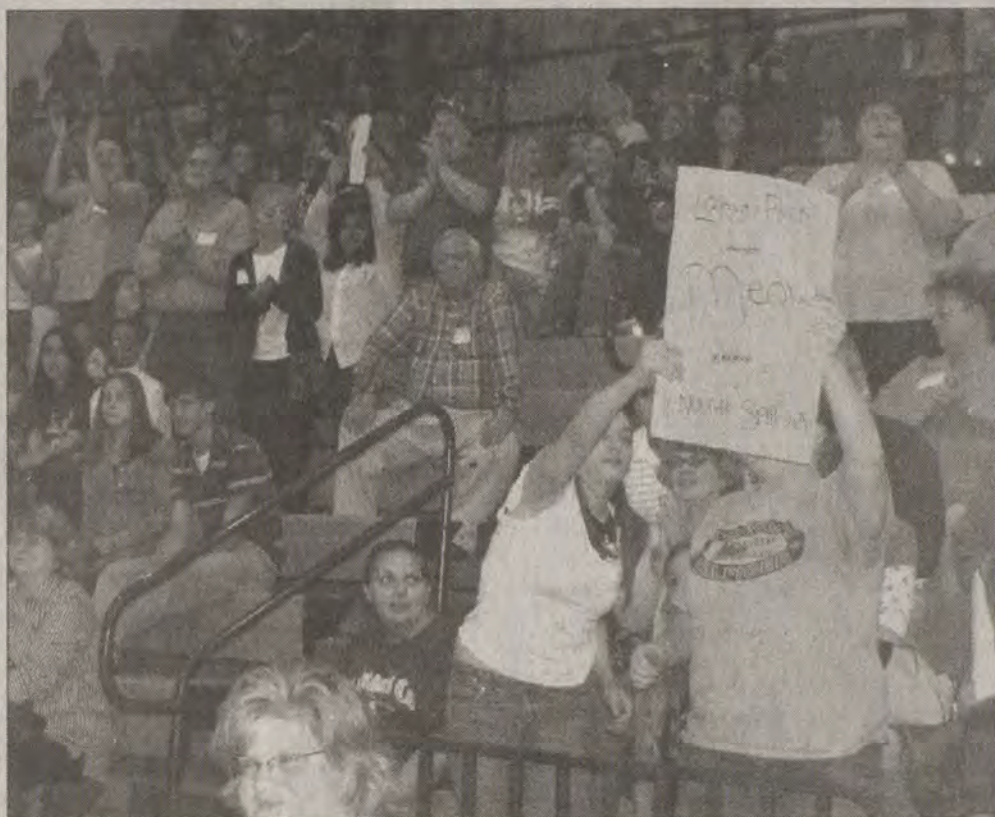
PRESTONSBURG — Big Sandy Community and Technical College HAS announced the third year of their music scholarship program for high school students.

Big Sandy Idol is a talent and scholarship competition that offers two winners from each of the 14 high schools in Pike, Floyd, Johnson, Magoffin, and Martin Counties, a chance to compete for a demo CD recording, a full-album recording, \$1,000 cash prize from Q95 FM, a \$1,200.00 vocal scholarship to attend BSCTC, along with a spot with the Big Sandy Singers who are directed by Laura Ford Hall.

Clayton Case, BSCTC's Music and Drama Assistant Director, serves as the director of the Big Sandy Idol Program. Case, along with Hall and Technical Director Timothy Cooley, have worked to organize sign-ups, auditions, recordings, and shows for each high school.

Through the sign-ups and audition process, approximately 10 to 15 students will be chosen to compete at the local high school level — in front of the student body at their own high school. From this group of local performers, two winners, a first place and runner-up, will be chosen to represent their school. After all of the winners are chosen, both winners will go on to the Mountain Arts Center on the last weekend of February to compete for the grand prize in the regional competition.

"We are so excited about the Big Sandy Idol program this year," said Case. "We hope everyone will come out to support the representatives



Johnson Central High School students were excited to watch a Big Sandy Idol show at their school. Big Sandy Community and Technical College will host auditions and a show at every high school in Floyd, Johnson, Martin, Magoffin, and Pike Counties to ultimately choose finalists to perform at the Regional Competition at the MAC in March to win scholarships to college at BSCTC.

of their school and to see the show. It would be hard to beat the talent we have among our eastern Kentucky high school students. It is amazing!"

Both the winner and the runner up at each school will receive a two-song demo recording at the Big Sandy Productions Studio on the BSCTC Campus and will be featured on the 2009 Big Sandy Idol Compilation Album, all produced by Cooley.

"It is so rewarding to go into the schools and see the vocal ability of our eastern Kentucky students," Hall said. "It truly is the most rewarding program I have

ever been involved with. And, I hope our talented students will not be afraid to come out and audition and give it their very best shot."

The sign-ups, auditions and school show will be held at each high school on the following dates, listed alphabetically:

Allen Central High School: Sign-ups Sept. 24; Auditions Sept. 30; Show Oct. 10, 1:30 PM

Belfry High School: Sign-ups Nov. 19; Auditions Nov. 24; Show January 16

Betsy Layne High School: Sign-ups Sept. 3; Auditions Sept. 9; Show Sept. 19, 1:30 PM

East Ridge High School:

Sign-ups Nov. 5; Auditions Nov. 11; Show Nov. 21, 1:30 PM

Johnson Central High School: Sign-ups Oct. 23; Auditions Oct. 28; Show Nov. 7, 1:30 PM

Magoffin County High School: Sign-ups Aug. 26; Auditions Aug. 28; Show Sept. 5, 1:30 PM

Paintsville High School: Sign-ups Nov. 4; Auditions Nov. 6; Show Nov. 14, 1:30 PM

Phelps High School: Sign-ups Oct. 1; Auditions Oct. 7; Show Oct. 17, 1:30 PM

Pike Central High School: Sign-ups Oct. 15; Auditions Oct. 20; Show Oct. 31, 1:30 PM

Who is hiding behind your mask?

Robert and I love our pets. We have three dogs: Gypsy our hound, Shadow our 110 pound Mastiff mix and Ginger who is Michele's dog and a Heinz 57. All of our pets are rescue animals. Last January our orange Tom Cat Geechie died.

Since Robert and I married twelve years ago we have always had a cat. In fact it was his cat Cyrus and my dog Lucy who approved of us. Cyrus didn't like anyone and he liked me and I was not even a cat person. Lucy was a campus dog and loved everyone but was very protective me. She thought Robert belonged to her.

I trust the instincts of our pets. One time I had a very friendly shop dog save me from harm. His name was Ranger. One morning a hitchhiker came into my country store and

back. Ranger stayed between that man and me. I looked at him and said I don't know what you have planned but this dog is about to take your throat out. He walked out the door and the dog stayed right with him and would not allow him close to the store again.

We missed having a cat in our home. I have never even been around kittens. A few days ago we went to visit our friend the CatMan. He has a no kill shelter. We found two precious little kittens. Robert interviewed the kittens to see which ones want to come home with us. He found a frisky white male kitten who had an orange tail and ears. This is the one that wanted to go home with him. I tried doing the interview process but that just didn't work for me. Mr. Sims told me a story of a little gray tabby female who was the lone survivor of her litter. The litter had been dumped in a field and all but this little kitty had been eaten by a hawk. This kitten had survived by being cautious and hiding under a porch.

She was a survivor. She needed a

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know. I could not take my hands or eyes off of her. Even when she wanted back in her cage. I would keep reaching back in to get her. She just needed to know that someone loved her and I was going to show her that she was loveable. Does this sound familiar?

We brought the kittens home and made a place for them in Robert's office. We had to allow our dogs to get used to the smell of our new pets. On Saturday we exited the dogs to the back yard and allowed the kittens to run free in our upstairs. The little gray female still hid. I pulled her out from under the couch and put her in a sunbeam on the window sill we had built for Geechie. She laid there for an hour enjoying the cat shelf. Then I put her beside me in the chair and she snuggled with me the rest of the day.

Today was a brand new day. We brought them upstairs and they began

express their personalities for the first time. The white kitten is still playful and the gray kitten is still cautious, but their true self is gradually showing through.

Sometime we hide behind masks of happy-go-lucky controlling faces and other times we hunker down and hide from the world. Each mask disguises us from who we really are. This is why I teach you to love yourself and it all starts with me loving you and showing you that you are loveable. Are you ready to FLY? Let me love you into giving FlyLady a chance.



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For more help getting rid of your CHAOS, check out her website and join her free mentoring group at www.FlyLady.net or her book, Sink Reflections published by Bantam and her New York Times Best Selling book, Body Clutter published by Fireside. Copyright 2007 Marla Cilley. Used by permission in this

Preventing educational failure goal of Institute

Repeated failure is one of the most common experiences shared by students who come to the James Still Learning Center in Hindman, Kentucky. The Learning Center, a program of Hindman Settlement School, has provided educational programs for children with dyslexic characteristics for the past 27 years.

According to Center Director Ola Pigman, "When you have a child who is 10 or 12 years old who has already failed at many educational endeavors, rebuilding their self-esteem is a major part of the challenge."

Current research suggests that preventing educational failure by identifying children with learning differences in pre-school is one way to avoid having to "undo" the harm caused by repeated failure.

The James Still Learning Center will offer a one-day institute "Prevention of Failure Institute: Children of Promise-Early Childhood to Higher Education" on Friday, October 17, 2008 from 9:00 am - 4:00 pm at Hindman Settlement School. The Institute is will bring together parents, teachers, early intervention specialists, child care providers and other area professionals who work with the community's youngest children.

Presentations will connect the latest information on brain research to language growth and early literacy. Special emphasis will be placed on early childhood settings, including pre-school and Kindergarten. Participants, especially parents, will receive guidance on how to recognize predictors of differences in learning and skill development. Organizers will provide information on local resources for intervention for young struggling learners before they fail.

The Institute will feature Dr. Victoria Molfese and Dr. Dennis Molfese from University of Louisville's Interdisciplinary Center for Research on Early Childhood Issues and Initiatives. Dr. Victoria Molfese is the Ashland/Nystrand chair and professor at the University of Louisville. She also directs the Center for Research in Early Childhood. Her research interests include the identification and prediction of early reading

skills in preschool children, and factors affecting the growth of language and reading skills.

Dr. Dennis Molfese is chair of the Department of Psychological and Brain Sciences at the University of Louisville. His research interests include developmental changes in the brain, and predicting cognitive and linguistic skills from infancy.

Hindman Settlement

School's James Still Learning Center works, in partnership with local school districts to provide instructional services, for students with dyslexic characteristics by operating a full-time school and a six-week summer tutoring program. After school tutoring programs are available in Floyd, Knott and Laurel Counties.

Hindman Settlement School, founded in 1902, pro-

vides educational and service programs that address critical needs of both youth and adults in the region, including the only full-time school in Appalachia for children with dyslexic characteristics.

Those interested in attending the Institute can call: 606-785-5475, 606-785-4044 or e-mail: JSLCinfo@HindmanSettlement.org. Registration is \$20 (lunch provided) and the deadline is October 6, 2008.



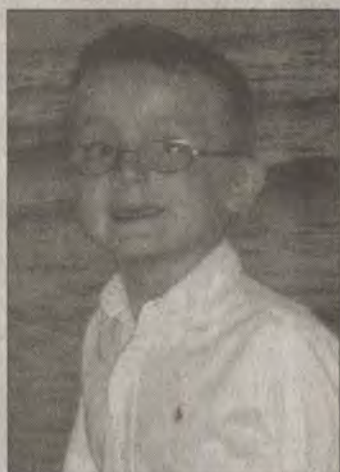
Brad Perry and Ashleigh Ousley, of Prestonsburg, would like to welcome their son, Braxton Joshua Perry. He was born on July 20, at 8:31 a.m. and weighed seven pounds and was 19 inches long. His maternal grandparents are Andela Ousley, of Prestonsburg, and Paul Ousley, of Allen, and great-grandmother, Betsy Keathley, of Prestonsburg. Braxton is also blessed to have his maternal great-grandparents, Delman and Dorothy Williams, of Ivel. His paternal grandparents are John and Jeanie Perry, of Auxier, and great-grandmother, Thelma Perry, of Prestonsburg. Braxton is also welcomed by his aunt, Summer Ousley, of Prestonsburg, and his uncle, Shawn Perry, of Auxier.



Dennis and Erlene Watts, formerly of Knott County, would like to announce the engagement of their daughter, Sarah Elizabeth "Beth" Watts, to Daniel Brian Burks, son of Richard and Karen Burks, of Woodbury, Tennessee. The bride-elect is a 2004 graduate of Knott County Central High School and a former member of the Kentucky Opry Junior Pros in Prestonsburg. She is a recent graduate of Middle Tennessee State University, where she earned a Bachelor of Science degree in the college of Mass Communication (Recording Industry). The future bridegroom is a 2002 graduate of Cannon County High School. He is employed as a lineman for the Murfreesboro Electric Co. in Murfreesboro, Tennessee. The couple is planning a May 16, 2009 wedding at East Main Church of Christ in Murfreesboro.



Don and Melinda Craft, of Langley, and Stevie Stephens, of Martin, are pleased to announce the upcoming marriage of their daughter, Samantha Renee Stephens to Joshua Daniel Scott, son of Rodney and Alicia Scott, of Garrett. Samantha is a 2007 graduate of Alice Lloyd College with a Bachelors Degree in biology, and she is currently employed at Fat Boy's Pizza & Grill/Video Magic in Martin, where she helps run the family business. Joshua is a coal miner and is employed by North Star Mining at Salt Lick. Samantha is the maternal granddaughter of Ken Hall and the late Rita Whicker Hall, of Martin. Her paternal grandparents are Clyde and Eva Stephens, of Martin. Josh is the maternal grandson of the late Bruce Vanhoose and the late Janice Slone Vanhoose, of Wayland. His paternal grandparents are the late Andy Scott and the late Callie Hale Scott, of Garrett. The two will exchange vows in a private ceremony at the Heritage House Inn in Prestonsburg on Saturday, October 4, followed by an open reception for all family and friends. The couple will reside at Martin.



Jacob Ryan Scott Hall, the son of Kevin and Krystal Hall, of Wayland, celebrated his sixth birthday on August 5. Many family members and friends joined Jacob at his "ARMY" themed bowling party. Jacob attends Duff Elementary, along with his older sister, Alexis. Jacob is the maternal grandson of Bruce and Kathy Scott, of Garrett, and the great-grandson of Sybol Bentley, of Wayland. He is the paternal grandson of Ann Tignor, of Wayland, and Palmer Hall, of Cleveland, Tennessee, and the great-grandson of Marie Slone, of Estill.

VFW

Continued from p7

nursing home in Hazard. These are just a few examples of the type of work that the Prestonsburg post of the VFW does, and Edwards said that they will continue to do everything they can to provide help to veterans, active soldiers and their families, along with supporting the community at large.

"All of us at the VFW are combat veterans, and most of us served in Vietnam," Edwards said. "We never had this opportunity. Nobody did these kind of things for us. We support them and their families because it's the right thing to do."

Job opening

Reporter

Are you looking for a job that will challenge you to take your writing skills to the next level while serving your community? Do you enjoy meeting new people and finding out about the fascinating stories that color their lives?

The Floyd County Times is currently accepting applications for a Staff Writer. The position entails covering news stories in a variety of settings (meetings, press conferences, interviews and breaking news events) for both The Times and associated special publications, plus proofreading and other duties as assigned.

Applicants should be able to write both hard news and human interest stories, have basic computer skills, be able to meet strict deadlines while juggling multiple tasks, and be familiar with photography. The position requires an excellent grasp of spelling and grammar, frequently working odd hours (including nights and weekends), extensive typing and reliable transportation. The ideal candidate will have a degree in journalism or a related field and/or previous experience as a reporter, and will be able to use page layout software or have the ability and willingness to learn to do so.

Benefits include a competitive salary, health/dental/vision insurance, 401K, paid vacation, sick time and personal days, and mileage.

Applicants should send a resume and writing samples to Managing Editor Ralph Davis at The Floyd County Times, P.O. Box 390, Prestonsburg, KY 41653 or by email to web@floydcountytimes.com.

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Family OHIO UNIVERSITY Medicine

Martha A. Simpson, D.O., M.B.A. Associate Professor of Family Medicine

Jury still out on chelation therapy for clogged arteries

I recently heard about something called chelation therapy to clean out clogged arteries. Wouldn't that be better than a bypass to prevent heart attacks? What is chelation therapy and how does it work?

Chelation therapy was developed in the mid-1900s for the treatment of heavy metal poisoning. It involves injecting chemical binding agents into the bloodstream. These chemicals will bind themselves to lead, as well as to certain other metals, including iron, mercury, copper and zinc. Once this binding has taken place, the chemicals and

the metals can be excreted from the body through the kidneys and stools. Another legitimate use of chelation therapy is to treat people who have a disorder called hemochromatosis that can lead to an unsafe buildup of iron in their bodies.

Two chemicals have been approved by the U.S. Food and Drug Administration (FDA) for chelation of lead and mercury poisoning. They are dimercaptosuccinic acid (DMSA) and ethylenediaminetetraacetic acid (EDTA). There are also other drugs — some of which can be taken orally — that have been used as chelating agents.

Anecdotally, some people who have received chelation treatments for lead poisoning said they felt much better overall after the procedure. There have also been reports that chelation therapy might improve circulation, as well. But, the claims don't stop there. You can find proponents advocating what they call "the miracles of chelation therapy" for improving a wide variety of conditions such as leg cramps, arthritis, multiple sclerosis, Parkinson's disease, vision problems, psoriasis and even sexual dysfunction.

Most of these claims are totally bogus. However, the high level of interest — and the anecdotal information I mentioned earlier — have led the National Institutes of Health (NIH) to launch a large scale investigation of chelation therapy for the treatment of coronary artery disease. Their goal is to enroll over 30,000

patients to see if there is any truth to the claims of chelation therapy clearing out arteries and improving cardiovascular health. This study has been ongoing since about 2003 and they hope to have it completed by 2010.

It may be worth waiting for the findings. If, indeed, chelation works to clear arteries, then we will hear about it. If not, we will hear that too. So, the jury is still out on the question of using chelation therapy to treat coronary artery disease. And, while chelation therapy is safe, there are possible side effects to both DMSA and EDTA, so the medications should not be used unless you really need them.

I would urge you not to seek chelation therapy for "clogged arteries" until the NIH jury returns its verdict. In the meantime, discuss your concerns with your family physician

or a cardiologist. If you want to know more about the NIH study, go to their Web site at www.ccam.nih.gov/chelation.

Family Medicine(r) is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-news.org. Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions. Past columns are available online at familymedicine-news.org.

Wellness

ligaments to stretch which can lead to some significant inflammation and pain. The process can ultimately lead to bone loss as well

As OA begins to cause swelling and pain of a joint, most people would choose to avoid the pain by drastically decreasing their activity levels. This decision helps with the pain at first, but leads to other problems in the future. Without activity, the supporting ligaments, tendons and muscles lose their flexibility and strength. This can cause the joint to become even less able to function correctly and lead to more rapid breakdown of the joint. By taking part in a regular exercise program, you can cause the joint to function better mechanically which decreases the amount of inflammation, break down and pain.

However, finding the balance between doing too much activity and too little can be quite a challenge. Your first step should be a thorough examination by your physician to make certain that the new pains that you are experiencing are truly because of arthritis. With your physician's approval, you should then develop an exercise routine that you can slowly ease into. It may be quite helpful, at this point, to be referred to a physical therapist to assist you in this process.

The initial exercise routine should focus mostly on stretching and unresisted motion exercises. Depending on your conditioning level and how inflamed your joints are, you may be able to add very

light weight to your exercises. A one or two pound weight can make big difference. The next step would be to find a form of conditioning that you can tolerate such as walking or using a stationary bicycle. As your conditioning improves, you may begin to add increased resistance to some of your strengthening exercises.

The frequency and intensity of your activities are really the keys to success. Your primary goal for the exercise is getting your joints moving and more flexible. So, as you add conditioning and strength exercises, these should be done at a level of intensity that will not negatively affect your primary goal. If your joints become more painful, inflamed or red, you need to decrease the intensity of your activity. More specifically, decrease the activities that are increasing pressure through the joints. The more pounding the joint takes, the greater your pain and inflammation will likely be. Furthermore, if the exercise causes your joints to hurt more for greater than one hour after exercise, the exercise is too difficult for you. The use of equipment such as stationary bicycles and elliptical trainers, as well as exercising in pools, are helpful ways to reduce the amount of pounding on your joints.

For the best results, try to develop a routine that you can perform everyday. The people who seem to do the best are those that are able to find a routine that they actually enjoy doing, so don't create a program that feels like torture every time you do it. Some

people find that doing multiple short bouts of exercises throughout the day is more effective for them.

Some of my fondest memories of being a therapist have involved someone coming into the office on their first visit hobbling on a cane or walker and expressing utter depression because of their belief that the remainder of their life would be filled with pain and continued loss of function, and then, seeing them progress to the point that they no longer limp. It is great to help someone improve their comfort and function, but it is absolutely a treasure to see someone have vitality and self-worth restored to them.

Ernest Brewer is a physical therapist and athletic trainer with over 20 years of clinical experience. In addition to his experiences in hospital, home health and outpatient settings, he has provided services to high school, college and professional sports including pro rodeo, ballet and basketball. He is the Director of Rehab and Wellness at HRMC. You can email him your questions at ebrewer@hrmc.org.

The information presented is intended to be informative for the general reading audience and not intended to be utilized for creation of a personal treatment plan or replacement of the care of your current health care professionals. In all cases, seek the advice of your physician for a definitive answer for your specific health con

Diva

utes, you are throwing the juiciness away and making a perfectly good burger into a hockey puck. Resist the spatula—they are for turning only, not patting!

Fourth, turn down the heat. Once you've flipped it once, turn down the heat, the grill will mark the other side nicely and now it's time to get the middle cooked. Having your grill at about a medium heat will do that beautifully. When your burger feels a little bouncy in the middle, it's cooked medium and is ready to pulled. Remember, it will continue to cook for just a minute, so it will be just right once you dig in.

Fifth, let 'em rest. Just 5 minutes is all you need. Then the juices settle, the pinkness goes away (unless you want the pink, which you really shouldn't do for health reasons) and your burger is right for the eating.

Sixth, let's eat. Toasted buns are best, stack the lettuce, tomato, and onion. Let the mayo, ketchup and relish have its way and dig in! Incidentally, my friend asked me for help with her burgers and this is exactly what I told her too, so don't think I'm rating her out! Anyway, here's a recipe for a great side dish:

16 ounces cabbage, shredded

3 green onions, chopped
3 teaspoons ginger, grated
2 cloves garlic, pressed

1 tablespoon soy sauce, low sodium

1 tablespoon sesame oil

2 tablespoons rice wine vinegar

1 tablespoon lime juice

1/4 cup lowfat mayo

Place cabbage and green onion in a large bowl.

In another bowl, whisk together remaining ingredients and pour over over cabbage mixture.

Toss, cover and refrigerate, allowing flavors to meld for at least an hour.

Per serving: 141 Calories; 8g Total Fat; 2g Protein; 12g Carbohydrate; 0mg Cholesterol; 223mg Sodium

For more help putting dinner on your table check out Leanne's website www.SavingDinner.com or her Saving Dinner Book series (Ballantine) and her New York Times Best Selling book Body Clutter (Fireside). Copyright 2008 Leanne Ely. Used by permission in this publication.



Braxton Chase Johnson will be celebrating his third birthday on Sunday with a party at the Wheelwright Skating Rink from 2 until 4 p.m. Braxton is the son of Darrin and Sabrina Johnson, of Melvin, and grandson of Annie and Critt Caudill, of Beaver. He is also the grandson of Donnie Tackett Willis and Debbie Johnson, of Melvin.

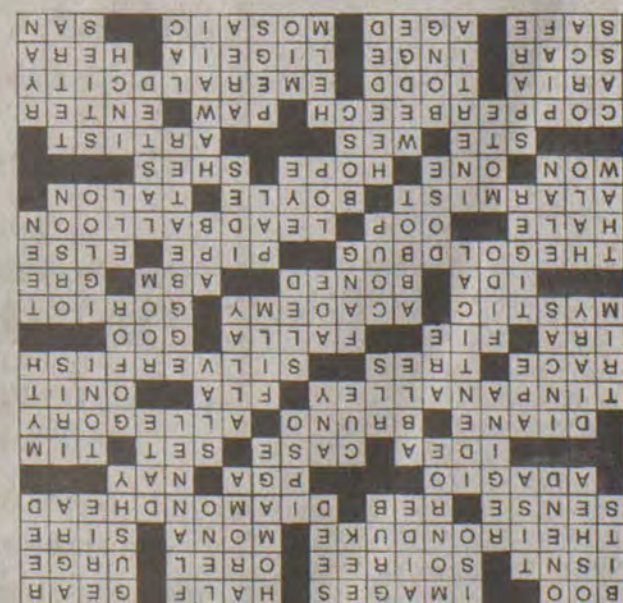
Asian Coleslaw Serves 4

Super Crossword ALL MINE

- ACROSS 1 Start to cry? 4 Representations 10 One of a pair 14 Equipment 18 "It a Pity?" (70 song) 20 Posh party 21 Hurler 22 Coax 23 Wellington's sobriquet 25 "Lisa" 26 Lassie's father 27 Austen title start 28 CSA soldier 29 Oahu feature 32 Barber's "for Strings" 34 Woods' org. 35 Aye opponent 36 Concept 38 Warehouse item 40 Salon request 41 Roth or Reid 44 Photographer 47 Psychologist 49 "Pilgrim's Progress," e.g. 51 Music center 53 Southern st. 54 "I'm working —" 55 Marathon 56 "— bient!" 57 He devours books 60 Private pension 61 "Pshaw!" 62 Composer 63 Hershiser 64 Moo — gai pan 65 Occult 67 Prep school 69 Balzac's "Le Pere —" 73 Moore or Tarbell 74 Filleted 75 SDI device 76 SAT's big brother 77 Poe tale 81 Mummy 83 In addition 84 Barbara of "Perry Mason" 85 "Alley —" 86 Complete failure 89 Chicken Little, for one 92 Peter of "Young Frankenstein" 93 Raptor feature 94 Triumphed 95 Waugh's "The Loved —" 96 Wish 97 Cows and sows 99 Canonized Mlle. 100 Baseball's Parker 101 Moses or Monet 105 Deciduous tree 110 Cat's dog 112 PC key 114 Merrill melody 115 Rocker 116 Dorothy's destination 119 Capone feature 120 "Splendor in the Grass" writer 121 Poe character 122 The Laura Bush of Olympus 123 Protected 124 Like fine wine 125 Byzantine art form 126 Japanese honorific 1 Drill accessories 2 Singer Tessie 3 Upright 4 Metric start 5 5th President 6 — de-camp 7 Baby beetle 8 Toon cry 9 Bird food 10 Vassal's allegiance 11 Smell to savor 12 Late-night name 13 Cozy cloth 14 Overly enthusiastic 15 Cleveland's lake 16 Akbar's city 17 Oliver of "Gladiator" 19 Actress Farrow 24 "Salve —" 30 — facto fruit 31 Granola 33 Like some twins 37 Skilled 38 Shuffleboard stick 39 "— Day Now" ('62 hit) 40 Eastern European 41 Author Morrison 42 Spring bloom 43 Legend 44 Frank book 45 Pizarro's victims 46 Mimic 48 "Treasure Island" monogram 49 Soothe 50 Like 51 Rickrack, e.g. 52 Live and breathe 53 Thin layer 57 "Ethan Frome" prop 58 Kitchen implement 59 Space 61 Hound's handle 62 Mr. Diller 63 Citrus cooler 66 Paper — 67 Head monk 68 Tour de force 70 Northern hemisphere? 71 Bean or Welles 72 "— Wolf" ('85 film) 75 PD alert 77 January event 78 Heavenly headgear 79 Dash 80 Health measure? 81 Buddy 82 Fateful 15th 83 Architect's add-on 86 Prune 87 Cyclone center 88 Stood up 90 Speck 91 Torpor 92 Cornice kin 96 Paid attention 98 Michener opus 99 Extra 100 Heel type 102 Foot part 103 Farm features 104 Neon — 105 Perennial pianist 106 Namu or Willy 107 Chanteuse Edith 108 Belfry sound 109 Tiller 110 Cello parts 111 Section 113 "Saving Private —" ('98 film) 117 "O Sole —" 118 Fond du —, WI

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Appeals court rejects some Ky. water regulations

by BRETT BARROQUERE
ASSOCIATED PRESS

LOUISVILLE — A federal appeals court rejected a Kentucky regulation for coal-mining discharge into waterways and ordered the Environmental Protection Agency to reevaluate the rule.

The 6th Circuit Court of Appeals on Wednesday also rejected the EPA's approval of five other water pollution regulations. It included a rule dealing with how much pollution from a concentrated animal feeding operation is acceptable to discharge into some lakes, streams and rivers.

The decision sends the regulations back to the EPA to be rewritten and backed by more facts and law.

The decision came as a result of a lawsuit filed in 2004 by the environmental group the Kentucky Waterways Alliance. The group sued the EPA during the decade-long dispute over the Clean Water Act, saying the agency approved rules for Kentucky that had so many exemptions that they were practically useless.

The court is requiring the EPA to reconsider Kentucky's exemption for coal-mining discharges. The exemption allows coal mines to dump in

areas with good water quality if the state finds a good social and economic need to add that pollution to the water.

Kentucky's regulations also exempted a variety of pollution discharges into waters where fish, shellfish and wildlife live.

U.S. District Judge Thomas Russell upheld the regulations in 2006.

The court found that the EPA, in approving the exemptions, failed to explain why the effect of them would be insignificant.

The appeals court did uphold the EPA's approval of how Kentucky

selects waterways meriting special protection.

Kentucky gave the EPA a letter saying how it planned to interpret the clean water regulations, a move that doesn't meet the requirements of the federal Administrative Procedures Act, Judge Deborah Cook wrote for the majority of the three-judge panel.

"This securing an informal commitment from a state agency rather than requiring the state to amend its regulations violates the federal approval procedure," Cook wrote. Senior Judge Eugene Siler joined Cook in ordering the EPA to rework the regulations.

Judge Eric Clay wrote a separate opinion saying he would have gone farther than his colleagues and required the EPA to rework all of Kentucky's regulations because they too often rely on assurances from the state without any legal backing.

"In my view, the EPA acted contrary to law by relying on these unenforceable commitments," Clay wrote. EPA spokeswoman Dawn Harris-Young declined comment Wednesday.

Judith Peterson, executive director of Kentucky Waterways Alliance, also declined to immediately comment.

Federal grand jury indicts three in bid-rigging case

by ROGER ALFORD
ASSOCIATED PRESS

FRANKFORT — A federal grand jury indicted former Transportation Secretary Bill Nighbert and contractor Leonard Lawson on Wednesday after a yearlong FBI investigation into alleged bid-rigging for highway construction projects.

Brian Russell Billings, an aide to Lawson, was also indicted.

Gov. Steve Beshear lauded the work of the FBI and the federal grand jury on Wednesday.

"For too long, the important work of the Transportation Cabinet and of its thousands of conscientious employees has

been tainted by misguided leadership and a culture of cronyism and corruption," he said. "Eliminating this culture, a culture we inherited, has been one of our chief goals and biggest challenges."

Nighbert's attorney, Howard Mann, said his client "will enter a not guilty plea and vigorously defend any and all charges." Lawson's attorney, Larry Mackey, said evidence will show his client committed no crime and should never have been charged. And Billings' attorney, Kent Wicker, said his client "vigorously denies the charges and looks forward to giving his side of the case in court."

An arraignment for the

three has been scheduled for Sept. 12 in U.S. District Court in Lexington.

A sworn statement by FBI Agent T. Clay Mason last month provided some initial details of the investigation, which involved allegations that Nighbert and Lawson improperly handled confidential cost estimates on highway construction projects in 2006 and 2007.

Mason's statement, filed as part of a request for a search warrant, alleged that Lawson paid a state engineer, James Rummage, \$20,000 for the estimates.

According to the 22-page indictment, Lawson, Nighbert and others conspired with Rummage, who was in charge

of overseeing the state's highway contracting process between 2005 and 2007, to get the estimates.

Rummage provided prosecutors with key evidence when he agreed to record conversations he had with Lawson. He is accused of taking \$20,000 from Lawson for the estimates.

Rummage had worked for the Transportation Cabinet since 1984. He resigned March 31 after agreeing to cooperate with FBI agents. It is not clear whether he will face charges.

The eight-count indictment against Nighbert, Lawson and Billings charges each with conspiracy, misapplication of property and obstruction of

justice.

Transportation Cabinet spokesman Chuck Wolfe said state officials have fully cooperated with the FBI's investigation.

"We will continue to cooperate fully," Wolfe said. "It is not believed, to the extent that I'm aware, that any other employees of the cabinet are implicated in this."

Prosecutors also allege in the indictment that Lawson funneled more than \$67,000 disguised as payment for a consulting contract. They also allege that during the investigation, Nighbert, Lawson and Billings obstructed justice by trying to persuade Rummage not to cooperate with authorities and suggesting what he should tell the grand jury.

Beshear said the state has instituted new policies and practices in the Transportation

Cabinet to protect against wrongdoing.

"I hope for a quick and thorough conclusion to this legal process," he said.

In a transcribed excerpt from a telephone conversation included in the indictment, Lawson told Rummage he doesn't need to worry about the investigation, that he had met with Beshear in March to talk about "the mistreatment of Rummage." Lawson said the governor told him "it was going to stop."

Beshear spokesman Jay Blanton said Beshear talked with Lawson in March but doesn't recall talking about Rummage.

"It was about Mr. Lawson's complaints or assertions that he or his company was not being treated fairly by the Transportation Cabinet," Blanton said.

Vigil

He was recently arrested on a very serious felony offense and I found out that he has been dependent on drugs for the last 15 years."

Hall believes that jailing those addicted to drugs and alcohol is not the best course of action to help curtail what is viewed as an epidemic by many law enforcement officials.

"Jail is not the answer to the drug problem," Hall said. "It can control your life. If you don't think it can, you have your head in the sand. Recovery and treatment is the key."

Floyd County Judge-Executive R.D. "Doc" Marshall told the crowd about his experience dealing with drugs when he worked as a medical professional, and his belief in the drug court system.

"Having been a health professional for 40 years, I saw things come full circle," Marshall said. "I saw how things were getting out of hand. I'm so proud to be in a county that has the kind of officials that we do. They all do what they can to help, and our drug court is changing lives."

Marshall and Prestonsburg

Mayor Jerry Fannin signed a proclamation designating September as "National Alcohol and Drug Addiction Recovery Month" for Floyd County.

Fannin also spoke at the event, and his voice had a constant tremor as he was visibly affected by the statement that he read about the difficulties in dealing with the impact of drugs on the community.

"UNITE has done a tremendous job, but more can be done," Fannin said. "Every single person has to join in the fight."

Fannin urged people to call

UNITE's tip line if they had information relating to drugs in the community, even if they feel apprehensive about getting involved in a friend or relative's problem.

"You might be saving a friend's life by making a phone call," Fannin said. "With all the treatment options available, there's no excuse in Eastern Kentucky for people not to get help."

Continued from p1

Movie

world's leading creators and distributors of motion pictures, cited Hackney's alleged actions as copyright infringements that allow others to unlawfully obtain and distribute for free unauthorized copyrighted works that the company spends millions of dollars to create and distribute. Screen Gems alleges that, "The distribution of even one unlawful copy of a motion picture can result in the nearly instantaneous worldwide distribution of that single copy to a limitless number of people."

According to the complaint, Screen Gems believes that Hackney's conduct caused, and will continue to cause, "great and irreparable injury that cannot fully be compensated or measured in money."

Also in the complaint, Screen Gems mentions that "The Exorcism of Emily Rose" includes a copyright notice before the movie begins that advises the viewer that it is protected by copyright laws. Screen Gems is asking for

actual damages or statutory damages, court costs, reasonable attorney fees and further relief as deemed proper by the U.S. District Court.

Screen Gems is represented by William L. Montague Jr., of Dinsmore and Shohl LLP, located in Lexington.

Continued from p1

Coal

steel producers cut production, the run for coal companies may be coming to and end, at least for now. Common-grade scrap steel, for instance, has dropped from as much as \$550 a ton to below \$400, making steelmakers who use electric furnaces more competitive with mills that burn coal, said steel analyst Charles Bradford of Bradford Research/Soleil Securities.

"The met coal is typically tied to the production of steel and I think, over the short term, production of steel by the integrated steel mills is going to slow," he said. "They've got to reduce sup-

ply." Just how that affects metallurgical coal demand and price is uncertain. International steel demand and production has remained relatively strong and China, a major importer, still faces a coal shortage, Bradford said.

Ocean freight rates have also helped push U.S. coal exports up an estimated 51 percent this year.

After doubling earlier this year, Bradford says freight rates have dropped more recently, though they remain higher than January's low point.

Continued from p1

Robbery

Continued from p1

As of Thursday, there are no new leads in the case. The amount of money taken during the robbery has not been disclosed.

The robbery is under investigation by Prestonsburg Police Det. Steve Little.

Anyone with information related to the robbery is asked to contact the Prestonsburg Police Department at (606) 886-1010.

Abuse

Continued from p1

report, no alcohol or drugs were involved in the incident.

Waddles has an extensive record, with most charges being misdemeanors ranging from assault to theft.

Waddles was taken to the Floyd County Detention Center on a \$5,000 cash bond. He was arraigned on Tuesday and a preliminary hearing is scheduled for Sept. 10.

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FLOYD COUNTY Sports

Inside

NASCAR • B3

Rebels impressive in '08 opener

by STEVE LeMASTER
SPORTS EDITOR

EASTERN — Allen Central did the things needed to win Friday in a season-opener versus Jenkins. The Rebels won in impressive fashion on the road, defeating Jenkins 28-12.

It isn't every day, or every season, three different Allen Central running backs rush for over 100 yards in a single game. Friday night, three different Allen Central running backs netted over 100 yards. Logan Crowder rushed for 154 yards on 17

carries. Hunter Crowder and Justin Jackson, both of whom scored two touchdowns, joined Logan Crowder in the 100-yards club. Jackson was Allen Central's second-leading ground-gainer, rushing for 107 yards via 14 carries. Hunter Crowder amassed 101 yards rushing through eight attempts.

As a team, Allen Central rushed for 395 total yards.

Rebel quarterback Chris Stumbo completed three-of-13 passes for 67 yards. The Jenkins defense intercepted three Stumbo-thrown passes.

Prater was Allen Central's leading receiver, catching one pass for 35 yards.

The Rebel defense intercepted six Jenkins passes in the opener. Logan Crowder intercepted three passes. Prater picked off two Jenkins passes and Stumbo returned the favor with one interception of his own.

Six Rebels had eight or more tackles. Hunter Crowder was the leading tackler for the Rebels, making 14 stops — seven of which were solo. Logan Crowder registered 12 tackles. Marty Dye made 11

tackles and Cory Conn posted 10 stops. Chase Handsford and Josh Prater each had eight tackles in the win.

Defensively, Allen Central allowed 104 rushing yards. The Rebels allowed 92 passing yards.

Tonight, Allen Central will host Magoffin County (1-0). The Hornets also opened the new season victorious Friday night, defeating South Floyd 32-26.

Kickoff for the Allen Central-Magoffin County game is set for 7:30 p.m.



Allen Central will look to win its second straight game in as many outings tonight when Magoffin County visits.

Back following football openers

by RICK BENTLEY
TIMES COLUMNIST

It's a fun time of year if you think about it. Yes, I know, it's blazing hot and the humidity makes it feel as if we're basting along at about 425 degrees with the



Rick Bentley

Thanksgiving turkey, but still, it's a good time.

For starters — and I apologize to all football fans for going here

first, but hang with me for a minute — it's time for the pennant chases in baseball. Nearly every division is still up for grabs and that means the wild card races are far from decided as well.

I love baseball. It's so bad that even with the Reds about 52 games behind the Cubs I'll watch them every night if I get the chance. On Wednesday night, for example, they were playing the Pirates and yet there I sat in the eighth inning trying to get a run across for the home team to pull out the "W."

For those wondering, yes, I know I need counseling and I also fully realize I made up at least 33 percent of FSN's viewers on Wednesday night as well, but I'll live.

I'm still holding my breath that the entertaining Tampa Bay Rays can hold off the Sox and win the AL East. It's not written in stone yet, but we're pulling for them pretty hard. And someone told me this week their dream in life was to see the Twins (or White Sox) catch the Red Sox and win the wild card in the American League, thereby ridding us of both the Yanks and Boston from this postseason.

I can't say I'd be too disappointed should that happen either, but something tells me Fox would refuse to carry the playoffs without either of those teams come October.

For what it's worth, I'll take Philly, Chicago and Arizona as division winners to go with Milwaukee in the National League, and Tampa, Minnesota and the insert-name-here Angels champs to go with, sadly, Boston in the American League.

That means neither New York team come October, and I can deal with that.

Last weekend brought on high school football season with, to be honest, several less-than-stellar games. I saw both nights of action in the Pike County Bowl and while the best game I saw was a good Corbin/Pikeville game, you must remember that the score in that one was 16-0 at one point. Still, the Panthers rallied, showing some heart, and made it a game right to the end.

I could spend a couple hundred words saying Belfry is still the

(See BACK, page two)



Allen Central captains (pictured above from left to right) are Brittany 'Hoogie' Hodge, KoKo Martin and Kimbo Blevins. Below: Brittany Clark with the kill attempt against Johnson Central.

AC wins 14 of first 15 matches

by STEVE LeMASTER
SPORTS EDITOR

EASTERN — Fourteen wins in its first 15 matches and Allen Central still shows no signs of slowing down. The Rebel volleyball team posted win No. 14 Wednesday night, blanking Johnson Central 2-0. Allen Central ranks as one of the top high school volleyball teams in Eastern Kentucky.

"We have been playing extremely well of late and hope to continue to do so," said Allen Central Coach Larry Maynard. "At 14-1 — the best start any Allen Central high school volleyball team has ever had — I am obviously very pleased with the way they are playing."

The Rebels registered 263 kills in their first 14 matches and were hitting .399 on the season. They had registered 225 assists with a 96-percent setting average and owned 172 service aces and were serving at a 90-percent clip. Defensively, Allen Central had stopped 86-percent of the 990 serve and hit attempts and had registered 340 digs. Also, Allen Central was averaging seven blocks a match prior to Wednesday's victory over Johnson Central — Win No. 14.

"We are playing well because we work together as one," Tiffany Clark commented. "We play against the opposing team and not each other."

"This group of young women has a strong work ethic and is dedicated to this volleyball program,"

Maynard added. "We have 24 players, with any six on the floor at one time competing. They fully understand that the needs of the few — or the one. We win or we lose as a team. Our vision for Allen Central Volleyball is move to the 'elite' level."

The AC players believe in a strong worth ethic.

"The reason our team is so good is because we are dedicated, work hard, play well together, and we don't play not to lose, we play to win!"

Allen Central is the all-time winningest Floyd County high school volleyball program.

"Our players have this vision in mind with everything they do and have willingly given up their personal time to

make this a reality," Maynard commented. "Not trying to get too philosophical but you can measure success in many ways, win-loss record, championships, etc. But, to me, any successes we have are due to the willingness of the girls to devote the hours required to being better at their craft. They believe in the program, the team, and their individual contributions to its success. They know that they must be committed to devoting a lot of effort, determina-

tion, time, and attitude in order to move to the 'elite' level."

Allen Central's success on the volleyball court hasn't been relegated to Floyd County or the 15th Region. The Rebels have enjoyed success against teams from several differ-



ent regions.

"The reason we play so good, is because we have a good program," Allen Central junior Kelsey Jones added.

The Rebel volleyball program is solid from top to bottom.

"The parents and the boosters are the backbone of the program," Maynard confided. "Our success depends upon the Volleybackers. They have helped us create the optimal environment for each player — they are involved and support their high school volleyball program and have totally embraced the philosophy of the Three Cs: Court, Classroom, and Community."

The Allen Central seniors are in their final go-around.

"We're going after everyone we play because we, as seniors, know it is our last shot," said senior Koko Martin. "With this in mind, the team — our players, eighth graders through seniors — pull together and are not getting flustered but playing through any adversity. They are not getting down on each other."

Sophomore Leigh Williams reiterated, saying "we believe in ourselves and support each other — that's what helps us succeed."

Each year, Maynard and his coaching staff reload. The latest

Allen Central volleyball team is vying for a spot as one of the best in school history.

"I am fortunate to have a group like this that comprises the 2008 version of Allen Central volleyball," Maynard added. "They have such a strong work ethic and are dedicated to this volleyball program. They worked in the off-season and devoted much of their summer to get better."

The Rebels are admittedly stronger.

"We're stronger than we were last year," said Brittany Hodge. "We are going to play hard, no matter who our opponent is."

The strength is show-

(See AC, page two)

Blackcats due to host Breathitt

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG — Turns out, Paintsville was just an appetizer for the Prestonsburg Blackcats. Tonight, Prestonsburg will host Breathitt County. Main course? The Blackcats hope so. But these Bobcats are hungry. Johnson Central defeated Breathitt County 26-14 Friday night in a season-opener. Prestonsburg crushed Paintsville 54-20 one day later.

Despite the season-opening loss, Breathitt County is still one of the state's top Class 3A teams. Following a 13-1 showing last season, Breathitt County is recharged for another possible state title run.

Senior tailback/strong safety Channing Fugate (1,727 yards rushing, 625 yards receiving last season) leads the way for the Bobcats.

Senior tight end Ryan Allen (45 catches for 851 yards) is another leading returnee.

Junior quarterback Jade Haddix — the younger brother of former Breathitt County signal-caller Justin Haddix — has taken over under center for the Bobcats. Justin Haddix ranks as one of the top quarterbacks in school history. Jade Haddix figures to follow in his older brother's footsteps.

Prestonsburg senior running back Allen Craynon didn't play in the opener. Craynon, who was out nursing a hamstring, is expected to play versus the Bobcats.

In Prestonsburg's opener, senior Seth Setser carried the Blackcat rushing attack. Setser will look to run past (or over) another group of Cats tonight.

Kickoff for the Prestonsburg-Breathitt County game is set for 7:30 p.m.

Route 7 Motocross announces schedule changes

TIMES STAFF REPORT

HUEYSVILLE — Route 7 Motocross Park management have made changes to the Floyd County track's schedule for the remainder of the season. The changes are due to other series races. Start times will remain the same. Sign-ins for Saturday races are set for 3 p.m.; practice at 4, and racing at 5. Sunday races will start with signups at 9 a.m. and practice following at 10 a.m. Noon is the start time for Sunday racing.

For directions and more information on the track, call 358-9505.

The track schedule is as follows: Round 11—Sept. 7; Round 12—Sept. 13; Round 13—Sept. 28; Round 14—Oct. 12; Round 15—Oct. 26 (Final race).



ALLEN CENTRAL defeated Johnson Central 2-0 Wednesday night in a 15th Region volleyball match. The Rebels have not lost to a 15th Region opponent thus far in the 2008 season. South Laurel dealt the Rebels a loss in a tournament last month.



photo by Lyna Tucker
SYDNEY GARRETT, 7, raced for the finish line during the 2008 Super Day 5K run at Fort Eustis, Va., Friday, Aug. 15. She was the youngest participant, finishing with a time of 30:22. Sydney Garrett is the daughter of Jamie and Pam Garrett of Newport News, Va. She is the granddaughter of Danny and Theresa Garrett of Prestonsburg.

**HIGH SCHOOL FOOTBALL
TONIGHT'S AREA GAMES**

Allen Central-Magoffin County, 7:30 p.m.
Ashland Blazer-Pikeville, 7:30 p.m.
Betsy Layne-Jackson County, 7:30 p.m.
(Bobcat Bowl)
Fairview-East Carter, 7:30 p.m.
Grundy, Va.-East Ridge, 7:30 p.m.
Johnson Central-St. Thomas More, Ont., 7:30 p.m.
(Big Sandy RECC Bowl)
Lawrence County-Belfry, 7:30 p.m.
Leslie County-Clay County, 6 p.m.
(Mountain Classic at Hazard)
Letcher County Central-Greenup County, 8 p.m.
Perry County Central-Knott County Central, 7:30 p.m.
Phelps-Paintsville, 7:30 p.m.
Powell County-Morgan County, 7:30 p.m.
Prestonsburg-Breathitt County, 7:30 p.m.
Russell-Boyd County, 7:30 p.m.
South Floyd-Evangel Christian, 8 p.m.

**Kentucky Associated Press
Prep Football Poll**

Class 2A
Rank-School FPVRCdTP
1. Fort Campbell (12) 1-0128
2. Newport Central Catholic -1-0115
3. Danville (1) 1-0107
4. Green Co. -1-073
5. Corbin -1-072
6. Prestonsburg -1-071
7. Owensboro Catholic -0-150
8. Bardstown-0-133
9. Trigg Co. -0-121
10. Lou. DeSales -0-117

**PC women's soccer
team 2-0 on season;
men drop opener**

TIMES STAFF REPORT

PIKEVILLE — The Pikeville College soccer programs haven't had a lot of success in the past, so it's not uncommon for the teams to still be piling up firsts.

A few more happened on Monday night, when the women's soccer team knocked off Freed-Hardeman University 1-0 for their first home win in school history. It also marks the first time the program has gotten off to a 2-0 start.

The men battled Freed-Hardeman to the end but fell 1-0 in their first match of the season.

The teams return home on Tuesday (Sept. 9) when they host Cumberland (Tenn.) University in a doubleheader that begins at 5 p.m.

Pikeville 1, Freed-Hardeman 0: A goal in the first few minutes of play stood up for the Lady Bears, who improved to 2-0 with the win.

Freshman Bridgette Snyder scored 2:30 into the match off a pass from Kerri Nichting for what proved to be the only goal of the match.

The Lady Bears had five shots on goal in the contest, while Freed managed only two. Becky Davenport played the first 83 minutes in goal and had both saves before giving way to Brittany Heiss.

Freed-Hardeman 1, Pikeville 0: Freshman Kevin Jamieson came off the bench to send in a header with 35:20 remaining in the second half to give Lions the a goal that would prove to be all they would need in a 1-0 win.

Jamieson's goal came on an assist from freshman Josh Oberlin that set him up right in front of the net.

Pikeville managed five shots on goal in the loss, while Freed had nine. Goalkeeper Rene Ruiz went the distance for Pikeville.

ATHLETES OF THE WEEK

Seth Setser, Prestonsburg Football

Brittany Hodge, Allen Central Volleyball

Back

class of the county, but I think we all know that. We'll revisit the Bucs in about a month when Pikeville rolls up on the schedule.

Saying Belfry's the best in Pike County is a little like pontificating that Prestonsburg rules the roost in Floyd. Yes it's true, but we already know that so what's the point in going on and on about it?

With apologies to several others who impressed, it was hard not to be dazzled by young Michael Chandler of Pike County Central, who scored two of his three touchdowns by returning punts to paydirt. If he keeps his nose to the grindstone, as I used to hear, he could be a

pretty special player to watch in the years to come.

To me, the interesting team to watch this year will be Pikeville, thanks to a brutal schedule. After losing to Corbin, they visit Ashland this weekend. Traditionally that's a place few teams leave with a win, but Raceland did it last weekend and Pikeville did just last year.

They also will play Lexington Catholic, Belfry, Prestonsburg and

Paintsville, with only one of those — Belfry — at home. That makes for a brutal schedule right there.

Pikeville College will open its 2008 campaign Saturday night in North Carolina, but

according to my friend and former editor Linda Breed — whose husband is reliving his Katrina nightmare by covering Hurricane Gustav in New Orleans this week — I shouldn't worry: She tells me the hurricane bearing down on North Carolina is scheduled to hit Friday, so we'll "only have hard rain on Saturday."

Thanks for that reassuring word. I think the Bears will be better this year, and if they can win on

Saturday — despite Brevard's only having four wins since starting the program in 2006, they're playing at home and already have a game under their

belts, unlike the Bears — I think they could be a six- or seven-win team this year.

Depth will be an issue, but if the team can keep it together health wise, I think we'll see quite a bit of improvement from them this time around.

And at some point Saturday evening I'll brave the hurricane to seek out Brevard assistant Jerry Mynatt, the second head coach in Pikeville College history and the one who led the Bears to their only playoff appearance.

Despite the humidity and my pending visit to the eye of a torrential storm, you've got to admit this is a great time to be a sports nut.

Continued from p1

AC

ing. The Rebels have a balanced offense and are extremely aggressive. They can attack from any position on the floor. They are not selfish. They don't care who gets the point as long as they get the point.

"It is all about the team — no one person is the most important and without your

teammates, you are nothing," said AC Rebel Brittany Smith.

"I could not ask for a better performance," Maynard exclaimed. "They have a balanced attack, a very good transition game, and cover the floor well. Our middles have given a new meaning to 'surfing the net.' We are

doing quite well now and they deserve the credit for it all. However, win or lose, they are champions! Our team shirt has 'WE ME' and that is why they are playing so well and I hope they don't peak until tournament time. They believe in themselves."

Allen Central is a confident team. The Rebels back

up what they say, too.

Kimbo Blevins summed up Allen Central's frame of mind, saying "We are the team to beat!"

It's safe to say Allen Central's 14 wins in their first 15 matches backs up that statement. The proof is in the wins.

Continued from p1

Back-to-back homers by rookies help Pirates win

THE ASSOCIATED PRESS

CINCINNATI — It's too early to say if Pittsburgh's three-way deal at the trade deadline is paying off, but the Pirates can dream, can't they?

Rookies Brandon Moss and Andy LaRoche, two of the players acquired by Pittsburgh in a six-player deal on July 31, hit back-to-back home runs to help the last-place Pirates snap a 10-game losing streak with a 3-2 win over the Cincinnati Reds on Tuesday night.

"Basically, we've been pressing the last few games," said Moss, who had a career-high three hits and is hitting .366 (15-for-41) with four home runs and six RBI in his last 11 games. "It's hard enough playing baseball and winning games without pressing. It's a roller-coaster with ups and downs, and we've been on a prolonged down."

Moss and LaRoche were both acquired in a three-way trade on July 31 that sent left fielder Manny Ramirez from the Red Sox to the Dodgers and left fielder Jason Bay from the Pirates to Boston.

The homers helped right-hander Ian Snell win for the second time in three starts. Snell (6-10) lasted six innings, giving up seven hits and two runs — one earned. He struck out five.

Matt Capps pitched a per-

fect ninth for his 18th save in 23 opportunities.

Chris Dickerson gave Cincinnati a 1-0 lead in the first inning with his fifth homer of the season and second leading off a game for the Reds.

Moss, sent to the Pirates from the Red Sox, hit his sixth home run since joining the Pirates in the second, and LaRoche followed with his fifth overall to give Pittsburgh a 2-1 lead.

"Brandon's made a lot of strides, I think," Pirates manager John Russell said, adding that hitting coach Don Long has been working with him on not chasing pitches.

"He's even laying off strikes — pitches that aren't good hitting pitches — and that's helping him center the ball. Andy's coming along as well."

The home runs were the 30th and 31st homers allowed by Cincinnati starter Aaron Harang, who trails only Houston's Brandon Backe in the National League. Harang missed almost a month with a strained right forearm.

"His velocity's still not quite where you want it to be," manager Dusty Baker said. "He's given up a few of those home runs, but when they're solo like that, they usually don't hurt you."

Jay Bruce led off the second with a single, stole second and

moved to third on catcher Ryan Doumit's throwing error as Ryan Hanigan was striking out. Bruce scored on Corey Patterson's soft lined single to right field.

The Pirates regained the lead in the third on Snell's leadoff walk, Nyjer Morgan's double and Nate McLouth's RBI groundout.

Harang (4-15) allowed five hits and three runs with two walks and four strikeouts in six innings.

"I threw a hanging breaking ball to LaRoche," Harang said. "A couple of pitches to Moss didn't go the way I was hoping they would go. I was trying to tie him up with fastballs, but one caught too much of the plate. If there's a happy zone for left-handers, that's it."

Adam LaRoche came close to hitting Pittsburgh's third homer of the night in the sixth, but Patterson went back to the center field wall, leaped, reached above the fence and pulled LaRoche's drive back into the ballpark.

Notes: Pittsburgh SS Luis Cruz singled to left field in the first inning in his first major league plate appearance. The Pirates purchased his contract from Triple-A Indianapolis on Tuesday. ... RHP Ross Ohlendorf, one of nine players Pittsburgh recalled on Tuesday, was scheduled to make his first career major league start

Wednesday. LHP Zach Duke's start was pushed back to Friday at San Francisco. ... The Reds activated RHP Jared Burton from the 15-day disabled list. The reliever hadn't pitched since July 10 because of a strained muscle in his right side. ... The Reds also recalled RHP Ramon Ramirez on Tuesday.

**Bengals put FB
Jeremi Johnson
on injured reserve**

THE ASSOCIATED PRESS

CINCINNATI — The Bengals put fullback Jeremi Johnson on injured reserve Wednesday and signed free-agent fullback Reagan Maui'a.

Johnson suffered a knee injury during practice Monday, coach Marvin Lewis said. Johnson had missed most training camp workouts while he reduced his weight and got in shape. But he will miss the 2008 season.

Maui'a was released Saturday by the Dolphins, who decided to keep Boomer Grigsby as their fullback because he is a better receiver. Maui'a started nine games last season and carried four times for 5 yards. He also caught a pair of passes for 5 yards.

Lady Rebs claim Right Beaver Classic title

TIMES STAFF REPORT

EASTERN — Amber Shepherd scored a game-high 23 points Friday night as host Allen Central claimed the Right Beaver Classic A-Team championship. Allen Central cruised past Stumbo 68-14 in the title game.

Shepherd was one of 10 different Allen Central players to provide scoring. Three different Lady Rebels reached double figures in the scoring column. Caitlin Kidd pushed in 13 points for the Lady Rebels. Sara Rife aided the Allen Central scoring effort with 10 points.

The Lady Rebels led throughout. Allen Central outscored Stumbo 19-3 in the opening quarter. The Lady

Rebels carried a 41-4 lead into halftime.

T.J. Tackett led Stumbo with seven points.

Allen Central won the team free throw award. Shepherd earned the individual free throw award.

AC head coach Rick Hancock won the coach award. Adams finished first in the cheerleading competition. Allen Central was the second-place cheerleading squad.

B-TEAM: AC 42, ADAMS 11 — Sarah Rife tossed in a game-high 19 points as Allen Central rolled past Adams in the B-Team title game.

Krista Parsons pushed in 10 points for the Lady Rebels. DeShea Elliott added six points in the Allen Central B-Team's championship effort.

Catherine Calhoun provided all of the scoring for Adams.

C-TEAM: JOHN M. STUMBO 32, AC 16: John M. Stumbo prevented Allen Central from any kind of Right Beaver Classic Tournament sweep, doubling up the Lady Rebels 32-16 in the C-Team championship game.


Timera Thacker paced John M. Stumbo with a game-high 16 points. Chloe Johnson pushed in seven points and Brandy Morrow added six for the Lady Mustangs.

Stumbo led at the end of each quarter.

Jeni Dingus and Jayla Spurlock scored six points apiece for the Lady Rebels.

Dairy Queen
of Prestonsburg

**SPORTS FAN
OF THE WEEK**



If you are the sports fan circled here...
it's your lucky day!

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at DAIRY QUEEN OF PRESTONSBURG. When claiming your ice cream cake, present this newspaper.

**HONOR THE
REBELS**



Host Allen Central won the Right Beaver Classic A-Team championship. The Lady Rebels also won the B-Team title.

California win has Johnson ready for championship run

by JENNA FRYER
ASSOCIATED PRESS

CHARLOTTE, N.C. — It's certainly been the season of Kyle Busch, and Carl Edwards has definitely proved himself a credible championship threat.

But lest anyone forget, this is Jimmie Johnson's favorite part of the year. The two-time defending NASCAR champion reminded everyone of that Sunday night with a dominating victory in California that most certainly served as a wake-up call to the competition.

Johnson led all but 22 of the 250 laps, then beat Greg Biffle to the finish line in Fontana by a cruise-control 2.076 seconds. It was his third win of the season and helped chip away at the lead Busch and Edwards will have over him when the Chase for the championship begins Sept. 14 at New Hampshire.

Plain and simple, it was a statement race.

Johnson will not quietly step aside. If he loses his title, he'll at least go down fighting.

"I feel like we're doing the right things to have a fighting chance at the championship," Johnson said after Sunday

night's win.

That's bad news for Busch, Edwards and everyone else in the 12-driver championship field.

See, this is the time of the year when Johnson and his Hendrick Motorsports team kicks into the highest gear. The No. 48 team races to win every week, but when the title is up for grabs, that crew literally takes no prisoners in pursuit of perfection.

Jeff Gordon certainly learned that the hard way last season, when Johnson's one-time mentor was tremendous during the 10-race title run. But his bid for a fifth Cup championship was cruelly denied when Johnson, his one-time protege and Hendrick teammate, was absolutely flawless down the stretch.

Johnson won four consecutive races to snatch the title from Gordon's grasp, and finished his title march with a jaw-dropping average finish of 5.0. He was outside the top 10 only twice — a pair of 14th-place finishes in the build-up to his sweeps at Martinsville, Atlanta, Texas and Phoenix.

By the time Johnson crossed

the finish line first at Phoenix, Gordon conceded. He visited Johnson in Victory Lane that day, jokingly bowing in the presence of greatness.

And last year wasn't even the first time Johnson has put on such a show. He won just one Chase race during his 2006 title run, but clawed out four runner-up finishes in five races to win the championship.

He won a pair of Chase races in 2005 — the year he was in contention for the title headed into the season finale, but wrecked out at Homestead when he blew a tire. Johnson also won four of five races, and finished second in the Homestead finale, to claw back into title contention in 2004. He ultimately finished second in the standings that season, but it set the tone for how Johnson and crew chief Chad Knaus would approach the Chase every year.

That's not to say they aren't serious during the 26-race "regular season." Johnson has 19 pre-Chase victories since 2004.

But he's been quiet this year, deferring to Busch's dominance and Edwards' recent emergence.

Busch has a Cup series-best eight victories this season — some of them by the same dominating standard Johnson showed Sunday night — and 18 overall spanning NASCAR's top three series. He's the Cup points leader, and will start the Chase at the top of the standings with at least 80 bonus points with one more race to go.

Edwards has six Cup victories and is second in the standings. But his bonus points only stand at 50 because NASCAR docked him 10 when his race-winning car failed inspection at Las Vegas.

Either way, those two drivers have dominated the schedule while the champ faded from the headlines.

Johnson doesn't mind, though, knowing the upcoming stretch is really all that matters and he's certainly among the contenders.

"We have three (wins) now, so we are halfway to Carl," he said. "I'm happy to see people are considering us as a realistic chance for the Chase and a championship contender because our results have shown that, and we have been chipping away at it and getting closer to

those guys.

"They have set the world on fire. Between the two of them, they have dominated the first half of the season. I recognize that and give them the respect that they deserve for that. We still have 11 races, a lot of racing left in the season, almost a third left, and hopefully we can switch this around and finish up the season as the dominant car."

Sunday night was the first test toward getting there. Not only did Johnson make his Chase case, but his championship crew used the race to iron out any kinks before the stakes get so much higher.

With roughly 60 laps to go, Johnson could be heard over his in-race radio encouraging his crew to handle the pressure of running so far out front. That seasoned group is pretty solid, but Johnson wants them ready for every upcoming scenario.

"Being up there with a lot to lose, I think had our guys under a different form of pressure than what they felt in a while," he said. "And to win this Chase, you're going to have to fight for wins every week, and every pit stop is going to count because you're going to have at least

(Busch and Edwards) to have to deal with."

NASCAR SPRINT CUP REMAINING RACES

Sept. 6 — Chevy Rock & Roll 400, Richmond, Va.
Sept. 14 — Sylvania 300, Loudon, N.H.
Sept. 21 — Dover (Del.), 400
Sept. 28 — Kansas 400, Kansas City

Oct. 5 — AMP Energy 500, Talladega, Ala.
Oct. 11 — Bank of America 500, Concord, N.C.
Oct. 19 — TUMS QuikPak 500, Martinsville, Va.
Oct. 26 — Pep Boys Auto 500, Hampton, Ga.

Nov. 2 — Dickies 500, Fort Worth, Texas
Nov. 9 — Checker Auto Parts 500, Avondale, Ariz.
Nov. 16 — Ford 500, Homestead, Fla.

NASCAR Notebook: Earnhardt Jr. has another inconsistent day

by MIKE HARRIS
ASSOCIATED PRESS

BROOKLYN, Mich. — All Dale Earnhardt Jr. could do was shake his head and lament what might have been.

The winner of the June race at Michigan International Speedway, appeared on the way to a top-five finish despite an ill-handling car in Sunday's 3M Performance 400 NASCAR Sprint Cup race. But his Hendrick Motorsports Chevrolet bounced off the wall on a late restart and Earnhardt wound up a disappointing 23rd.

"Yeah, I can drive 'em, man, they're just hard to drive like that all day," he said, laughing. "I ran fifth all day and maybe better than that at some parts of the race, and I'm a good enough driver. I should have finished somewhere around there with that car."

Earnhardt, who has only that one win this season, has been consistent and is still fourth in the season points despite failing to contend for wins most of the year. Sunday was typical, with Earnhardt leading early in the race, then trying to keep the other leaders in sight as he dealt with a very loose race car.

"It's been the same old story," he said. "We show up fast, but we can't put a whole race together. So we've got to do some homework. We've got to science it out and figure out what the heck is going on, because we are sure fast when that race starts."

"But I've been like that my whole career."

CRASH VICTIMS: Teammates Jimmie Johnson and Jeff Gordon couldn't stay out of each other's way Sunday and it wound up costing both of them.

On lap 91 of the 200-lap

race, Johnson, the two-time reigning Cup champion, bounced off the car driven by two-time Cup champion Tony Stewart and banged off four-time scrics champion Gordon. All three were running in the top 15 at the time.

Johnson had to pit almost immediately with a cut tire, costing him a lap he didn't make up until late in the race. He did make up some ground, but slid off the track on the final lap and wound up 17th.

Gordon went on after the accident, but eventually cut down a tire and slammed into the wall, sending him to the garage for lengthy repairs. He wound up 42nd in the 43-car field.

Stewart had no damage and went on to finish 12th.

"Originally, I thought that I ran right into Jimmie," Gordon said. "My spotter didn't say anything until the last second. He said two cars on the outside instead of three-wide. Ultimately we're responsible."

But that wasn't Gordon's only disappointment Sunday. "Our pit stops have been just terrible today," he said. "We finally got an awesome race car and we just didn't have the total package today. It's very disappointing. It's kind of been the way our season's gone. We get the pit stops awesome and we can't get the car right. What are you going to do?"

Gordon, who fell from sixth to ninth in the points, added, "I'm relieved because we've been going (in) every week, going, 'Well, we can't take too big of a risk, but we got to push hard enough.' Now we just don't worry about anything. We can just drive as hard as we can, do anything we possibly can and just go all out ... and see where we end up. That's all we can do."

UNHAPPY CAMPER: Denny Hamlin finished 39th with an engine failure late in the race, then let loose with some frustrated comments about his No. 11 Joe Gibbs Racing team.

"Loose then tight, loose then tight — we were struggling all afternoon," Hamlin said. "We had some really good pit stops and had the FedEx Office Toyota running in the top 10 before it all came apart. Everyone on the team is working really hard, we just need consistency."

"We are falling behind getting into the Chase and need to be more consistent ... we just can't seem to get there — every week it's something. ... At this point, we don't deserve to be in the Chase."

He might not make it. With three races remaining until the start of the stock car postseason, Hamlin is 12th, the final spot in the Chase, just 26 points ahead of Clint Bowyer and David Ragan, tied for 13th.

DRIVER CHANGES: The Cup garage continued to buzz Sunday with talk of a few more driver's seats to be filled. Although Richard Childress was not yet ready to confirm reports that Casey Mears, who will leave Hendrick Motorsports at the end of this season, will be in a fourth Richard Childress Racing Chevrolet next year, he did say, "I'll be glad to talk to you about the fourth car next week at Bristol."

Walt Czarniecki, an official at Penske Racing, said David Stremme is one of several drivers being considered to replace departing Ryan Newman in the No. 12 Dodge in 2009.

"David is certainly in the mix, but there's a lot of balls still in the air right now,"

Czarniecki said. "We hope to have something done in the next week or two, but nothing's set, yet."

It is expected that 18-year-old Joey Logano, who already has made nine Nationwide Series starts, with a win and seven top-10s, will make his Cup debut next month at Richmond. Logano reportedly will take over the No. 20 Gibbs entry after two-time Cup champion Tony Stewart leaves at the end of the season to become an owner-driver with Stewart-Haas Racing.

But Joe Gibbs Racing president J.D. Gibbs said Logano's racing future has not been determined, yet.

"He'll run some Cup races this year, whether or not he's running the full thing next year or not," Gibbs said. "Which ones we're going to run with him, we're still in the process of laying out how that works."

Gibbs also fields Cup cars for Kyle Busch and Denny Hamlin, meaning the team would be fielding four cars when Logano races in Cup this season.

"We're just trying to figure out when can we gear up and do that ourselves, internally," Gibbs said.

SPARK PLUGS: With Carl Edwards winning Sunday, car owner Jack Roush has 19 Michigan wins, including 11 in Cup and four each in Nationwide and trucks. ... The winner averaged 140.351 mph in the race slowed by seven cautions for a total of 27 laps.

... Australian Marcos Ambrose, coming off a career-best third-place finish a week earlier at Watkins Glen, finished 43rd Sunday with an engine failure after just 17 laps. ... Brad Coleman, making his Cup debut, finished 38th, three laps off the pace.



ADAMS DEFEATED PAINTSVILLE Saturday prior to the Prestonsburg-Paintsville high school football game.

Colts cut 2 backup QBs, RB Keith

THE ASSOCIATED PRESS

INDIANAPOLIS — The Colts cut two reserve quarterbacks on Saturday, a likely sign that Peyton Manning and backup Jim Sorgi are on the mend.

The Colts waived Jared Lorenzen and Quinn Gray, leaving the Colts with just Manning and Sorgi heading into the season opener Sept. 7 against Chicago. Lorenzen and Gray were among the final cuts that trimmed the Colts' roster to the NFL-mandated 53 players.

The Colts also placed linebacker Tyjuan Hagler and offensive guard Ryan Lilja on the reserve/physically unable to perform list.

Manning missed the entire preseason after having knee surgery in July. He was activated Tuesday and went through a pregame workout with the team before the final preseason game Thursday night, but didn't play. Manning said he expects to start against Chicago.

Sorgi has had a gimpy knee. Though X-rays and tests were

negative, he didn't play in the final two preseason games.

That left Lorenzen and Gray with all the playing time against Buffalo on Aug. 24 and Cincinnati on Thursday. Neither impressed as the Colts lost both games badly. Lorenzen finished the preseason with a quarterback rating of 61.0; Gray's was worse, at 49.5.

Kenton Keith was the other significant cut. He ran for 533 yards and scored four touchdowns as Joseph Addai's backup last season. He was arrested in April for criminal trespassing after he allegedly refused to leave a nightclub parking lot that was being cleared by police.

Six days after the arrest, the Colts drafted Michigan running back Mike Hart. Weeks later, Indianapolis brought free agent running back Dominic Rhodes back after he spent a year in Oakland.

Keith struggled in the preseason, gaining 35 yards on 14 carries. Hart led the Colts with 95 yards on 17 carries in exhibition games.

Gibbs Racing: Davis set for truck debut

THE ASSOCIATED PRESS

Besides the much-heralded Sprint Cup debut of Joey Logano at Richmond, another 18-year-old Gibbs driver, Marc Davis, will make his first start this weekend.

Davis is in the NASCAR Craftsman Truck Series on Saturday at Gateway International Speedway, in a truck fielded by the new Randy Moss Motorsports team.

Davis, who is black, was originally signed by Gibbs as part of the Joe Gibbs Racing/Reggie White diversity program. It seems only appropriate that Davis is moving up with the team owned by Moss, a star wide receiver in the NFL.

"This is a big day for me," Davis said. "I have been preparing for it all my life, a chance to race in NASCAR on a national level. Randy Moss and (team co-owner) David Dollar have given me a wonderful opportunity for my first start in the NCTS."

Moss, who had two-time Cup champion Jimmie Johnson in his truck for the team's debut two weeks ago at Bristol, said he is just as excited this week.

"This is why I came to NASCAR," he said. "This is pretty cool deal. Marc has worked hard and raced his way up to this level. I'm glad I have the opportunity to help him develop and succeed."

Davis is in the middle of his second season running in the NASCAR Camping World Series East for JGR and is fifth in the standings with three top-fives and six top-10s in 10 starts. The youngster is just 75 points out of second place.

Last year, while Logano was winning the championship, Davis finished ninth in points with four top-fives and six top-10s in 13 starts.

Davis began racing at age six with BMX, then continued through quarter midgets, bandoleros, and two national championships in legend cars before moving to limited and

late model stock cars. He has also made two starts in the ARCA/REMAX stock car series.

NEW DRIVER: Bill Davis Racing has hired 20-year-old Brian Scott as a full-time driver in the 2009 NASCAR Craftsman Truck Series.

The youngster from Boise, Idaho, has competed in 23 truck events the last two seasons. This season, Scott has one top-10 in 16 starts and is 21st in the points.

"We are excited about the addition of Brian Scott to our program," Davis said. "Brian has done a great job this season learning what it takes to win in the truck series and we are looking forward to having him in one of our Toyota Tundra entries in 2009. Our two veteran drivers, Mike Skinner and Johnny Benson, have done a great job mentoring both Scott Speed and Michael Annett, and I think they will both take Brian under their wings."

Bill Davis Racing's truck

program has been the most successful in the garage since joining the series in 2004. Since winning its first race in 2005, BDR has amassed 22 victories. The team, based in High Point, N.C., has accumulated 91 top-five and 144 top-10 finishes along with 39 poles.

NASCAR SPRINT CUP DRIVER STANDINGS

1. Kyle Busch, 3,609
2. Carl Edwards, 3,397
3. Dale Earnhardt Jr., 3,193
4. Jimmie Johnson, 3,191
5. Jeff Burton, 3,117
6. Tony Stewart, 3,013
7. Greg Biffle, 2,984
8. Kevin Harvick, 2,972
9. Jeff Gordon, 2,951
10. Matt Kenseth, 2,921
11. Denny Hamlin, 2,900
12. Clint Bowyer, 2,855
13. David Ragan, 2,843
14. Kasey Kahne, 2,799
15. Ryan Newman, 2,674

'Rumbling' man Pryor an instant TV star for UK

Defensive tackle takes over in season-opener

by JEFFREY McMURRAY
ASSOCIATED PRESS

LEXINGTON — Two days after Kentucky's 27-2 thumping of arch rival Louisville, coach Rich Brooks was still beaming about his team's new "rumbling" man.

That would be Myron Pryor, a 310-pound defensive tackle who picked up a critical fumble and ran — if you can call it that — 72 yards down the field. It was one of two defensive touchdowns for the Wildcats, who likely will ask that side of the ball to carry them a year after Andre Woodson and a potent offense led the way.

Kentucky fans may not be ready for the switch, but Brooks' message to them is that defense too can be fun.

"One thing I've found out about our fans is that they love offense, but they're not too keen on defense at this point," Brooks said. "We scored 14 points on defense, folks. That's kind of exciting stuff. Especially when you've got big Myron rumbling down the field."

Pryor's efforts were rewarded Tuesday with the Southeastern Conference defensive player of the week award — the first time since 1992 a Kentucky lineman had achieved that distinction.

As for the run, played on television repeatedly Sunday night and all day Monday, Pryor said he got plenty of congratulations along with a few stylistic tips. Eventually, he took his phone off the hook.

"I was trying to run as fast as I could, and afterward my legs were burned out," he said. "To do that and be in the spotlight on TV makes me proud. Afterward, people kept telling me to kick my knees up to go faster."

Cornerback David Jones joked that he didn't realize

just how slow Pryor's run was until he saw the replay on TV.

"I thought they had it in slow motion," Jones said. "He did a good job."

Not only is Kentucky's defense the apparent strength of this team, but the highlight of the defense is probably one of the best and most experienced lines in the SEC. Fellow tackle Corey Peters and ends Jeremy Jarmon and Ventrell Jenkins seldom give opposing offenses the luxury of double-teaming any one player.

Therefore, Pryor says he looks forward to highlight achievements from somebody in the unit almost every week.

"Those are the guys that don't really get very much recognition," he said. "We're in the trenches. We're not supposed to be making a thousand tackles, making big plays."

While Kentucky's defense performed as advertised for Brooks, who has predicted it will be his best defense he has had at Kentucky, the Louisville game also exposed several offensive challenges.

Quarterback Mike Hartline struggled in his debut, particularly with the deep ball. The team's top two rushers, Tony Dixon and Derrick Locke, averaged fewer than three yards a carry. And the offensive line proved vulnerable at times.

Kentucky's next opponent, Norfolk State, will be a heavy underdog, but Brooks is fearful of its defensive set, which features four linebackers and three linemen — a formation the Wildcats aren't accustomed to seeing.

"That will give us some problems on offense in an area where we do not need problems," Brooks said. "We have enough of our own we need to correct."

The adage in college football has always been that teams improve the most between Weeks 1 and 2. Brooks says he's hopeful one week will be enough time for his offense to grow into a true contender in what is shaping up, once again, to be the nation's toughest conference.

"Sometimes what you have been telling them does not

click until they actually see themselves in that situation," Brooks said. "I would not expect it to go from night to day, but hopefully (twilight) will arise for our offense."

Boyd returns to practice for Wildcats: Kentucky coach Rich Brooks says freshman wide receiver Aaron Boyd has returned to practice following a prolonged bout with mononucleosis.

Brooks said it's too early to tell if Boyd will be available on Saturday when the Wildcats host Norfolk State in their home opener. Brooks said that Boyd shows promise, but because he's missed many of the Wildcats' preseason practices and team meetings he's behind most of his teammates.

The Wildcats could use some help after a less than stellar debut by several new receivers in the win over Louisville. Though the receivers performed capably in the passing game, it was their lack of commitment to run blocking that drew criticism from Brooks.

Offensive tackle Gary

Williams injured his knee during Monday's practice and is questionable against Norfolk State.

Brooks wants UK fans pumped about defense: Coach Rich Brooks has a message for any Kentucky fans who may be disillusioned by their team's lukewarm offensive showing in Sunday's 27-2 victory over Louisville.

That message: Defense is fun to watch too.

Kentucky's defense dominated the Cardinals. Especially effective was defensive tackle Myron Pryor, who picked up a fumble and rambled 72 yards down the field for a touchdown. On Monday, Pryor was named the Southeastern Conference player of the year. It was the first time a UK lineman had won the honor since 1992.

The Wildcats open their home season Saturday against Norfolk State. Kentucky will be the huge favorite. However, Brooks says Norfolk's four-linebacker defense could give his offensive line trouble.

Wisconsin gets ready for Marshall

THE ASSOCIATED PRESS

MADISON, Wis. — Wisconsin coach Bret Bielema knows his team can't look past Marshall — neither the team nor its star player of the same name.

Sophomore Darius Marshall rushed for 115 yards and a touchdown to lead Marshall University to a 35-10 victory over Illinois State last Saturday. The Thundering Herd come to Camp Randall Stadium next

Saturday.

"The thing that jumped out to me as I watched film is Number 5 — their running back — is extremely talented," Bielema said Monday at his weekly news conference. "He's going into his second year now and is seasoned and has a good feel for the game. He got better as the game wore on."

Wisconsin also won its season opener, 38-17 over Akron. The Badgers were 13th last

week, and the new AP rankings will be released Tuesday.

Bielema knows first-hand that Marshall — the team — is capable of pulling off the upset. "Absolutely," he said. "When I was at Kansas State I really believe we were suffering from 'fat cat' syndrome. We were ranked (No. 6) at the time and they came in and beat us (27-20) in 2003."

While Bielema has watched a lot of video about his next

opponent, he said he's never seen "We Are Marshall," the film about the school's recovery from the tragic 1970 plane crash that killed 75 people, including 37 players and five coaches.

"I'm not a big movie guy," he said. "I've seen clips and read about it, but what I've tried to focus on is the Marshall team of 2008. I'm sure some of our guys are movie critics out there and have been on it."

Eagles defeat Southern Virginia 46-9

TIMES STAFF REPORT

MOREHEAD — Morehead State University sophomore quarterback Evan Sawyer, who made his first collegiate start, accounted for nearly 200 yards in total offense, passed for a touchdown and rushed for another to lead Morehead State to a 49-6 win over Southern Virginia in the 2008 season opener for both teams Saturday (Aug. 30) evening at Jayne Stadium in Morehead.

Sawyer hit 10-of-20 passes for 131 yards. His touchdown pass was a 30-yarder to Nick Feldman early in the second quarter. He rushed for 63 yards on 10 carries and scored the Eagles' first touchdown of the season on a 13-yard run at the 9:59 mark of the first quarter.

MSU rolled up 439 yards in total offense, 306 on the

ground and 133 yards through the air. The Eagle defense limited Southern Virginia to only 35 net rushing yards and only 146 yards in total offense. Eighty of those total yards came on SVU's only score of the game, a pass from quarterback Luke Taylor to receiver Tye Hiatt early in the fourth quarter.

Eleven different Eagles had rushing attempts, and all rushed for positive yardage. Behind Sawyer's 63 yards, fullback Drew Morgan rushed for 55 yards and halfback Erick Fitzpatrick rushed for 38 yards. Feldman caught four passes for 77 yards. Mason Webb kicked two field goals and averaged 39.0 yards on three punts.

Defensively, linebackers Wes McDermott and Tony Bachman led MSU with five total tackles each. Bachman

also had a sack and a fumble recovered. Freshmen defensive backs Quinton Daniels and Greg Taphouse each had an interception.

Taylor led the SVU offense with seven completions in 20 attempts for 111 yards, but he was sacked six times.

MSU led 14-0 at the end of one quarter and 31-0 at halftime. Coach Matt Ballard emptied his bench in the second half as the Eagles outscored the knights 18-6 after intermission.

Webb named PFL Special Teams Player of the Week

TIMES STAFF REPORT

MOREHEAD — Morehead State University senior kicker/punter Mason Webb (Hamilton, Ohio) has been

named the Pioneer Football League Special Teams Player of the Week for efforts in MSU's season-opening 49-6 win over Southern Virginia Saturday (Aug. 30) at Jayne Stadium.

Webb scored 10 points in that contest. He connected on both of his field goal attempts, a 33-yarder as time expired in the first half, and a 26-yarder in the third quarter. Webb was also perfect on his four PAT attempts and averaged 39.0 yards on three punts, with two of those punts being downed inside the 20-yard line.

The Eagles will travel to Robert Morris on Saturday. Kickoff at Joe Walton Stadium is scheduled for 1 p.m. EDT.

ONLINE:
www.msueagles.com

Colonels set to host Western Kentucky

TIMES STAFF REPORT

RICHMOND — Eastern Kentucky University and Western Kentucky University will meet on the gridiron for the 84th time this weekend as the two football teams square off in "The Battle of the Bluegrass."

Game time Saturday night at Roy Kidd Stadium is 6 p.m.

Both teams are coming off tough road losses last weekend as ECU fell to Cincinnati and Western dropped its game to Indiana. Hopefully the friendly confines of Roy Kidd Stadium will help Eastern tally its

first win of the year. Since 2000, Eastern Kentucky is 6-2 in home openers including a dramatic 26-21 win over Western Kentucky in 2006. In fact, the Colonels have won seven straight home games overall dating back to October 2006.

Eastern and Western first

met back in 1914 with the two teams splitting a pair of games that season. However, this could be the last time the two teams meet in Richmond for the foreseeable future as WKU will be completing the transition to Division I FBS next year.

Proffitt transfers to Morehead State

TIMES STAFF REPORT

MOREHEAD — Ty Proffitt, a former all-state performer and Kentucky Mr. Basketball candidate at South Laurel High School in London, has transferred to Morehead State University and has attended classes. Proffitt spent the 2007-08 season at Notre Dame and will sit out this season while meeting NCAA transfer requirements. He will be able to practice with the 2008-09 Eagles.

"Ty played for one of the best high school coaches in the state in Steve Wright at South Laurel where they won a state championship," said MSU Coach Donnie Tyndall. "He is proven winner and a tough, competitive young man. Not only is Ty a very good basketball player, he is an outstanding student and a fantastic person. We are thrilled to add Ty to our MSU basketball family."

Proffitt averaged 16.2 points, 3.6 rebounds and 3.4 assists as a senior at South

Laurel. As the starting point guard for three years, he led South Laurel to a 109-26 record, to three consecutive region championships and to the 2004-05 Kentucky state championship. In addition to earning all-state honors three times, he was a two-time member of the all-state tournament team. His AAU team, Kentucky Heat, won back-to-back state championships in 2005 and 2006.

"I am very excited about the opportunity to play for Coach Tyndall and be at Morehead State," Proffitt said. "I have followed the program closely since Coach Tyndall has taken over and believe it is a program on the rise. I hope that I can contribute and help to build on the success that the team and Coach Tyndall have already had."

"Being at MSU puts me closer to home so my family and friends can watch me play as well. I can't wait to get on the floor this week for workouts and get started as an

Eagle."

EKU men's team adds another freshman for '08-09

TIMES STAFF REPORT

RICHMOND — The Eastern Kentucky University men's basketball team recently signed its fourth incoming freshman to the 2008-09 Colonel roster — Jorge Camacho.

Camacho, a native of Hermosillo, Mexico, spent the last two seasons playing high school basketball at Archbishop Riordan in San Francisco, Calif. The 6-7 forward averaged 19.1 points and 12.6 rebounds per game as a senior on his way to earning San Francisco City Player of the Year honors. Under head coach Rich Buckner, Camacho totaled 21 double-doubles and helped the

Crusaders win the Central Coast Section Division III title with a 21-11 record. Camacho also played AAU basketball with the Bay Area Hoosiers.

"We are really pleased to add Jorge to our program," Eastern Kentucky head coach Jeff Neubauer said. "He is a very personable and likable young man. On the court, we hope that his court sense and understanding of the game add quite a bit to our team."

The addition of Camacho brings the 2008-09 men's basketball recruiting class total to six players. ECU has also signed Cordaro Ellis (6-8 forward from Lynchburg, Va.), Dayvon Ellis (6-0 point guard from Elgin, Ill.), Joshua Jones (6-4 guard from Indianapolis, Ind.), Mike Lewis (5-9 guard from Upper Marlboro, Md.) and Papa Opong (6-4 guard from Toronto, Canada).

The Colonels begin official practice for the upcoming season in mid-October.



photos by Brandon Marson
SOUTH FLOYD faced Allen Central Thursday night in a key district volleyball match. The South Floyd-Allen Central match ended too late to make this edition.



Rebels rout Johnson Central, 2-0

by STEVE LeMASTER
SPORTS EDITOR

EASTERN — Brittany Hodge registered eight kills and the Rebels recorded a .429 hitting efficiency as Allen Central defeated visiting Johnson Central 2-0 (25-15, 25-14) Wednesday night at J.E. Campbell Arena. With the win, Allen Central improved to 14-1.

Allen Central enjoyed a balanced attack.

Kimbo Blevins recorded five kills and two blocks and junior Kelsey Jones pounded in four kills while registering two blocks and three partials. Middle blocker Brittany Clark had three kills and notched her personal and team-best four blocks and six partials. Brittany Clark also had four digs. Outside hitters Tiffany

Clark and Sasha Jones added three kills and one kill, respectively.

Sophomore setter Leigh Williams dished out 13 assists and Koko Martin set up six and led the team with four service aces. Senior libero Brittany Smith posted a team-high 9 digs and Brittany Hodge registered six digs.

"I am extremely proud of our blocking defense and the way they shut down the Johnson Central hitters tonight," commented Allen Central Coach Larry Maynard. "We were organized and disciplined — our defense gave us the chance to get the win."

Both teams played evenly to begin the first game before the Rebels broke a 5-5 tie with four consecutive points, including a service ace from Tiffany Clark and two Hodge kills and a Blevins kill.

The Golden Eagles trimmed the score to 12-8 before a kill by Clark ended the scoring streak for Johnson Central.

Allen Central extended its lead to 22-14 on a Blevins block, a Brittany Clark service ace, and a Hodge kill.

A solid block by Kelsey Jones gave the Rebs a 23-15 advantage. Allen Central eventually cruised to a 25-15 game one victory.

Both teams played sluggishly at the start of game two until a solid Sasha Jones kill put the Rebels up 5-4. Both teams traded serves with Allen Central holding a 10-7 lead.

Koko Martin slapped in an ace and Hodge pounded in a kill. An unforced error by the Golden Eagles, and another service ace by Martin put the Rebs up 14-9. A big block by Brittany Clark gave the ball back to the Rebels and a kill by Jones put the Allen Central squad up 19-13. A hitting error gave the ball back to the Eagles but a crafty hit by Blevins found the floor for a kill.

Tiffany Clark rotated to serve and landed an ace. Brittany Clark and Kelsey Jones combined for a block that brought the crowd to its feet.

Then, back to back kills by Clark, Jones, and Hodge put the Rebels ahead 24-14. A Hodge kill down the line capped the game two win for Allen Central, 25-14.

Allen Central was on the road Thursday night at South Floyd. The Floyd County volleyball match ended too late to make this edition.



Faith and Family



KIM'S KORNER

Passing judgment

Earlier this week it was requested a column be written on judging others. Examples were shared and discussed and then after a few days had passed another conversation took place about the same subject.

It's so easy for us to come to conclusions about others lives simply by what we see on the surface. Without knowing any circumstances we sometimes find ourselves making little comments or passing judgment on another's behavior, the type of car they drive, or big nice home they live in, or maybe the big, fat, shiny rock they may sport on their finger. Maybe it's their children and their behavior we can find fault in. Whatever the situation may be, some are far too easy to pass comments and opinions on others' lives.

Judging others isn't something that only takes place outside our churches either. It can happen inside as well. And shame on us big time when it does.

Even worse, sometimes, is the occasion when we as Christians are caught in moments of weakness and exuding behavior not becoming, in front of someone or a group of those who may be lost looking at us to let God's light shine.

We have definitely got to be more aware of what we say, how we say it, how we react, and that there are consequences for our actions as well as our words.

And when those consequences involve those who may be lost souls, we best be shining our lights bright.

Matthew 7:2-5 declares, "For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you. Why do you look at the speck in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, 'Let me take the speck out of your eye' when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye."

When our time comes it is our own individual walk we are each going to have to give account for, not our spouses, children, family or friends.

Only ourselves!
We've got to abide in faith, hope, and love and most of all, most important, love.

'Til next week, God bless!



Kim Little Frasure

Pentecostalism obscured in Palin biography

by ERIC GORSKI
ASSOCIATED PRESS

ST. PAUL, Minn. — Sarah Palin often identifies herself simply as Christian.

Yet John McCain's running mate has deep roots in Pentecostalism, a spirit-filled Christian tradition that is one of the fastest growing in the world. It's often derided by outsiders and Bible-believers alike.

Palin was baptized Roman Catholic as a newborn. She was then baptized in a Pentecostal Assemblies of God church as a teen and attended that church until six years ago, when she and her family adopted a different home church, an independent evangelical church.

Maria Comella, a spokeswoman for the McCain-Palin campaign, has said Palin attends different churches and does not consider herself Pentecostal.

Details of Palin's religious background and its influence on her public policy are still emerging. As Alaska governor, she signed a proclamation as Alaska's governor honoring Christian Heritage Week and said creationism shouldn't be barred from classroom discussions.

She used traditional evangelical language in praying that a natural gas pipeline be built in Alaska and that the U.S. mission in Iraq was a "task that is from God." Yet she's also said she would not force her views on others.

Palin identifies herself only as Christian in her biography on the National Governors' Association Web site. In an Aug. 14 interview with Time magazine, she once again described herself as Christian. When pressed, she said she attended a "nondenominational Bible church."

"I was baptized Catholic as a newborn and then my family started going to nondenominational churches throughout our life," she said. She did not mention her longtime association with the Assemblies of God, which claims nearly 3 million members and is one of the biggest Pentecostal groups in the U.S.

Grant Wacker, an expert in Pentecostalism at Duke Divinity School in Durham, N.C., said he can understand why. He said the McCain campaign likely doesn't want Palin associated with the best-known Pentecostal to ever hold public office, former U.S. Attorney General John Ashcroft, an active member of the Assemblies of God.

"Though Pentecostals are diverse and rapidly mainstreaming themselves, the public still perceives them as sectarian and uncompromising,



Alaska Gov. and Republican vice presidential nominee Sarah Palin

and those traits will not help Palin's image," Wacker said.

Palin was baptized as a teenager in Alaska at the Wasilla Assembly of God, which she and her family attended until 2002.

"The fact is she has grown up and has associated with one of our Assemblies of God churches, which is a Pentecostal church, for years," said the Rev. Bill Welch, superintendent of the denomination's Alaska District. "Pentecostalism is bound to have some kind of impact and influence on her."

Pentecostals are conservative in their reading of the Bible and, often, culture. The Rev. Ed Kalnins, senior pastor at Wasilla Assembly of God since 1999, once questioned in a sermon whether people who voted for Democratic Sen. John Kerry in the 2004 presidential election would get into heaven.

Unlike most other Christians — including most evangelicals — Pentecostals believe in "baptism in the Holy Spirit." That can manifest itself through speaking in tongues, modern-day prophesy and faith healing.

The Assemblies of God teaches that spirit baptism must be accompanied by speaking in tongues. Still, some churchgoers never have the experience.

Before running for Alaska governor, Palin also frequented Wasilla's Church on the Rock, an independent Pentecostal church, senior pastor David Pepper said in a statement.

About six years ago, the Palins began attending their current church home, Wasilla Bible Church, an independent evangelical congregation of truck drivers, executives and teachers, pastor Larry Kroon said.

It's a "simple community church," Kroon said, that is not Pentecostal. Still, Palin has remained close to the Pentecostal community.

Her pastor for most of her time at Wasilla Assembly of God, Paul Riley, said he gave the invocation at Palin's inauguration. As governor, she renamed the church's street

"Riley Avenue" for him.

She sometimes worships at Juneau Christian Center, another Assemblies of God church, said Brad Kesler of the Alaska District of the Assemblies of God.

Palin used mostly traditional evangelical language when she spoke at a June ceremony for future mission workers at the Wasilla Assembly of God. A video of her talk was posted on the church Web site, then turned up elsewhere on the Internet.

Noting that her oldest son, Track, an Army private, is being sent to Iraq this month, Palin asked the audience to pray for military men and women. She also asked for prayer "that our leaders, our national leaders, are sending them out on a task that is from God."

"That's what we have to make sure that we're praying for — that there is a plan and that that plan is God's plan," she said.

She spoke about her responsibilities as governor, including job creation, and said she was trying to win support for a multibillion-dollar pipeline that would bring natural gas from Alaska's North Slope to the lower 48 states.

"I think God's will has to be done in unifying people and companies to get that gas line built," she said. "So pray for that."

Still, she said the state needed more than just economic development.

"Really, all of that stuff does

n't do any good if the people of Alaska's heart isn't right with God," she said. "Your job is going to be to be out there reaching the people — hurting people — throughout Alaska and we can work together to make sure God's will be done here."

Her current church, Wasilla Bible Church, stresses the inerrancy of Scripture.

Last Sunday's church bulletin advertised an upcoming Focus on the Family "Love Won Out Conference" in Anchorage. The conferences promise to "help men and women dissatisfied with living homosexually

understand that same-sex attractions can be overcome."

Palin opposes abortion and gay marriage. But in December 2006, she told The Associated Press that her stances on certain lightning-rod issues would not necessarily translate into public policy.

"I've honestly answered the questions on what my personal views are on things like abortion and a lot of controversial issues," she said. "I won't hesitate to answer those questions about what my personal views are, but I am not one to be out there preaching and forcing my views on anyone else."

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Prestonsburg, KY



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- Afternoon Services

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- Bible Study
- On-site Chaplain

- 24-hr. Chapel
- Tuesday, 10:15
- Wednesday, 10:15
- Thursday, 10:15/11:15
- Friday (3rd), 2:00
- Sundays, 2:00

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- Therapeutic exercise
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- Wheelchair management
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- Daily living re-education
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2. Fax: (606) 886-3603
3. E-mail: classifieds@floydcountytimes.com
4. Stop by: 263 S. Central Avenue, Prestonsburg
5. Mail: P.O. 390, Prestonsburg, KY 41653

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The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

AUTOMOTIVE

Wheels/Misc

HICKS AUTO SALES
DAVID ROAD
 Chevy c60 Dump truck 14 foot bed \$3800.
 1995 GMC Conversion VAN \$3200
 1998 S-10 Blazer. 4 dr, 4 wd \$3,000
 2001 S-10 Blazer loaded \$3,395
 Mark Dump truck \$3,200
 2001 S-10 \$4,195
 2001 Jeep Cherokee sport loaded \$4,595
 98 Jeep \$3195
 2000 Sunfire, moon roof, automatic \$3000
 2000 Toyota corolla auto, 116,000 miles \$3,200
 98 Jeep Cherokee Sport, loaded \$3,195
 2001 GT Mustang convertible, front end damage \$2500.
 886-2842

For Sale: 1992 Dodge Dakota. 2 WD v-6 (as-is). \$1,000. Call 886-3836.

1982 800 Mack. Runs & dumps good. Used off road. Call 226-0589 or 889-0427.

For sale: 2002 Mitsubishi Montero Sport. Asking pay-off. 88,000 miles. Call 874-0752.

2002 Pontiac Sunfire. Mileage 80,000. Price \$4,800. Phone 874-1007.

EMPLOYMENT

Employment Opportunity
 World wide distribution center is opening in the Paintsville, Ky, area. 13 people needed to start in full time positions leading to management. \$395 per week to start as per written agreement. No experience necessary. Paid vacations, weekends off, & room to excel. Must have good public relations skills, be 18 yrs of age or older & ready to start work full time. Interested parties may call Monday Sept 8th 9am-5pm. 606-788-7334.

This is an exciting opportunity for an LPN to join a NEW team in a NEW practice. The position is full time and involves general LPN duties under the supervision of a Physician. We are looking for someone with a minimum of 1-year experience in a physician environment. You will need to be motivated, enthusiastic and willing to help grow the practice. You must also be a team player and have good organizational and interpersonal skills. We are offering a pleasant working environment, benefits and competitive salary. If interested in this exciting opportunity, please forward your resume and covering letter to the address below. Please include a copy of your Kentucky State License. Eastern Kentucky Family Medicine P.O. Box 829 Paintsville, Kentucky 41240 An Equal Opportunity Employer Eastern Kentucky Family Medicine Paintsville, KY

Operations Manager for a major security company. Excellent pay & benefits. Send resume to 5 Village Street suite 3 Pikeville, Ky or fax to 606-433-0387.

Office Assistant for Family Medicine Practice
 This is an exciting opportunity for an office assistant to join a NEW team in a NEW practice. The position is full-time and involves general physician office duties (front desk, phones, scheduling, billing and accounts receivable follow-up etc). We are looking for someone with a minimum of 2 years office experience. You will need to be motivated, enthusiastic and willing to grow the practice. You will need to be a team player and have good organizational skills. We are offering a pleasant working environment, benefits, and competitive salary. If interested in this exciting opportunity, please forward your resume and covering letter to the address below, Eastern Kentucky

Family Medicine
 P.O. Box 829 Paintsville, Kentucky 41240 An Equal Opportunity Employer Eastern Kentucky Family Medicine Paintsville, KY

Progressive engineering consulting firm located in Stanville, Kentucky has immediate openings for the following positions: CADD Technician, geologist, environmental scientist and land surveying technician. Minimum of 2 years experience in mining related projects. Our company provides a very competitive salary and benefits package. Mail, email or fax resumes to Meade Engineering Company, Inc. PO Box 130 Stanville, Ky 41659, Fax 606-478-5559. Email mec@meadeeng.com. All resumes will be held as confidential.

Local shop needs:
 Experienced metal fabricator/welder. Underground equipment mechanic/electrician. 1st and 2nd shift jobs available. Wages depend on experience. If interested call Fannin Enterprises, Inc. at 606-874-6441 or come by our shop at 4766 Ky Rt 1428 Allen, Kentucky to fill out an application.

RN's or LPN's:
 Are looking for a 3pm-11pm or 7pm-7am shift? Mtn Manor has positions available now.

Comparable wages and benefits. Apply in person at 1025 Euclid Avenue, Paintsville, Ky from Monday - Friday between 8:00 am - 4:30 pm.

A local surface mine company, located in Johnson County, is hiring due to future expansion of their job. All positions experience required. Must submit to drug testing. Yearly bonuses, life insurance, Blue Cross/Blue Shield 90 / 10 health insurance, and vision/dental provided for family. Paid weekly. Call David Wright @ 606-213-1005 or send resume to Ridgeline Coal, PO Box 2121, Pikeville, Ky 41502.

Post office Now Hiring! Avg pay \$20/hr, \$57k/yr, incl Fed ben, OT. Placed by ADSOURCE not affiliated w/ USPS who hires. Call 1-866-668-5257.

Want to help people? Transit drivers needed. Sandy Valley Transportation Services Inc (SVTS) is seeking qualified applicants for the position of a Part Time Transit Driver in the Floyd County area. Senior citizens welcome. Must be 21 years old, pass drug test, DOT physical examination, driving history, conviction record and other qualifications listed with the Application for

Employment. Phone 1-800-RIDE / 7433, or write to SVTS at 81 resource Court, Prestonsburg, Ky 41653-7850 for an Application for Employment and more information. SVTS is an equal employment opportunity employer M / F / D / V.

Experienced ONLY Tower Climber needed for local work. Job also includes two way radios and car kit installs. Must have valid driver's license and pass drug screening. Must have references! Excellent benefits package available. Please send resume to PO Box 873, Prestonsburg, Ky 41653.

Independent Sales Agent wanted. Call 1-606-424-9593 or fax resume to 285-3272.

Miller Bros. Coal, LLC is seeking qualified applicants for the position of Surface Mine Planning Engineer. Mining Engineering degree and experience required. Competitive salary and benefits package. Interested applicants should send their resume in confidence to P.O. Box 990, Allen, Ky. 41601. Phone inquiries not accepted.

100 Workers needed. Assemble crafts, wood items. To \$480/wk. Materials provided. Free information Pkg 24 Hr. 801-428-4649.

Yard Sale

4 Family Yard Sale. About 1 mile past Hensley's Nursery on Mt Parkway. Sept 8th 9am-4pm.

5 Family garage sale! Rain or shine. Fri- Sept 5th & Sat Sept 6th. Located at Spradlin Street at Auxier. Men, women's, children, baby, & plus size clothes. Home decor and much much more!

Garage Sale !! Huge garage sale! Rain or shine! September 5th & 6th from 8:00am to 8:00 pm. Located on Rt 80, Right Fork of Bull Creek. 7th house on the left. Digital camera, Christopher radio, dishes, old pottery, radio, dishes, train sets, books, copier machine, ect.

Large church yard sale & bake sale. Spurlock old regular baptist church. Next to highway 23 above old Holiday Inn. Clothes, dishes, what nots, pop, hotdog's, cake, pies, candy, soup beans & cornbread. Sale Sept 3, 4, 5, & 6. 9 am - dark.

Misc.

Nice dining room suit for sale. Ladder back chairs used very little. Call 886-2474.

Moving Sale: Dining room furniture, sofa, trundle bed, end tables,

pics, & more. Sale Fri- Sun. Located at 6297 Ky Rt 302 Van Lear. Call 859-519-0464.

For sale: 2 800 Watt Max 10" subwoofers Volfenbag. Also Boss Amp 400 w X 2 Revolution series. \$ 200. Call 789-8792 or 792-8657

REAL ESTATE

Houses

House for sale. 572 Riverside Dr in Prestonsburg. 3 br, 1. bath. Quite neighborhood. In the process of being remodeled. Current price 48,000 or make offer. Call 859-294-7010 or 859-229-1916.

For sale: Manufactured Home at Valley View estates, Langley. 3 Br, family room, living room, dining room, kitchen has lots of cabinets. 2 full baths one has a jacuzzi tub and utility room. It sits on around 2 acres. Price \$95,900. Call 606-285-9694.

3 Bd house for sale. 1 1/2 bath new kitchen & app. Commercial bldg also located on property. Located

on Middle Creek. Call 8886-2699.

Sale or lease

For lease: 1,800 sq ft or commercial or office space. \$ 1,000 mth plus utilities. Call 794-0249

Giovanis building in Martin will soon be vacated. Ideal for another restaurant. Reasonable rent. If interested call 285-3025 Monday - Saturday 9am - 5 pm. 8/20 3wks

Land for sale: 1/4 acre, exiting septic, city water located at level between Prestonsburg and Pikeville. Call 606-422-1862.

Building for rent: approx. 2500 square ft. Former John P. Wells garage. Equipped with mechanics lift. Located on South Lake Dr Prestonsburg, Ky. Call 886-9690 for more info.

RENTALS

Apartment for rent. 1 bed 1 bath. Located in Prestonsburg above Safe life Autoglass. \$300 per month with \$300 security deposit. 1 yr lease,

no pets. Call 606-478-8100.

3 Br 2 full bath apartment for rent. Located at Martin. Utilities not included. \$600 mth plus \$300 deposit. Call 285-1000.

For Rent: Nice clean 1 Br unfurnished apartment for near NEW food city. Lease and deposit required. No pets, no HUD. \$ 425 per month. Call 886-3565.

Apartment for lease. 1 br unfurnished. Located close to town, on Old 114 Behind the Mountain Arts Center. No pets and no HUD. Call 606-205-9510 or 606-263-4323.

APT FOR RENT
 Branham height Apt Wheelright KY, is now accepting applications for one bedroom Handicap accessible Apt. rent is based on income. Contact Kathy 452-4777

Houses

4 Br Brick house for rent. Carport, central heat & air. 3 miles from Prestonsburg city limits. On Rt 404 in David. \$700 mth

JOB VACANCY

The Floyd County School system has an opening for a **Financial Analyst I.** Position is a 12-month position with a beginning salary of \$34,700. Permanent worksite is the central office, with work throughout the district required.

Minimum Education, Training and Experience:
 Any combination equivalent to: bachelor's degree in Business Administration and/or Accounting required. In addition, at least three years professional accounting/bookkeeping experience preferred. The ideal candidate should possess a working knowledge of MS Excel, MS Word, MS Access, experience with automated accounting systems, payroll, and experience in maintaining and completing inventory processes.

Duties and responsibilities include, but are not limited to: maintaining the financial records for assigned programs and activities, making appropriate journal and general ledger entries and preparing appropriate journal and general ledger entries; preparing appropriate accounting reports and financial statements for long- and short-term strategic planning. Planning, developing and monitoring related management information systems. Assisting Internal Audit with audits as assigned; assisting Budget Office in estimating portion of the overall District Budget and payroll related issues.

Apply at the Floyd County Schools Central Office, 106 North Front Avenue, Prestonsburg, Kentucky 41653, Human Resources Office. Phone: 606-886-2354. The Floyd County Board of Education does not discriminate on the basis of race, color, national origin, age, religion, marital status, sex, or disability in employment, educational programs, or activities as set forth in Title IX & VI, and in Section 504.



NEW HOUSE FOR SALE
 Located just off US 23, at Mare Creek. 3 Bed, 2 Bath, Hardwood Floors, Cherry Custom Cabinets, Formal Dining Room, 2-Car Garage, 10 ft. Ceilings, Professionally Landscaped, 2550 sq. ft. including garage. Call 606-478-8100 for more details!!

WANTED:
LPN for local Physician's Office
 Current license required and minor surgical experience preferred.
 Send resumé to:
 LPN Position
 P.O. Box 3510
 Pikeville, KY 41502

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Deskins Motors Deskins Drive Pikeville, KY

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Tuesday • Sept. 9
10am-2pm

STORE MANAGERS
 1 year management experience in retail environment preferred

ASST. MANAGERS
 6 months supervisory experience preferred

LEAD ASSOCIATES

Hiring for the Louisa, Warfield, Prestonsburg & Paintsville areas!

Apply in person: Dollar General
 206 North Main Cross Street
 Louisa, KY 41230

SAME DAY INTERVIEWS! Walk in with your resume and fill out an application, and jumpstart your retail career today!

DOLLAR GENERAL For details and to apply online if you can't attend, visit: www.dollargeneral.com

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Learn to prepare taxes and earn great seasonal income.

Call **866-891-1950**

LPN for Family Medicine Practice

price negotiable. 550. plus utilities. bath fully furnished. month. Call 606-422-1862. of Prestonsburg. No pets, references and security deposit required. Call 889-9747 or 886-9007.

Call 886-2842. Call 791-3663, 9/05 1wk
 For Rent: 2
 Bedroom house, House for rent: Prestonsburg & 2 BR Duplex for rent, central heat deposit & \$795 and air. 1 mile North
 Prestonsburg. \$ 1,500 sq ft. 2 Br, 1 deposit & \$795

Mobile Homes

New federal lending program for

landowners. No add on. Also 7 x 24 down payment & add on. Full front low monthly payments. Complete improvement packages available. Will also remove existing homes. Call 866-597-2083.

Mobile Home for rent. Meade rentals. Single and doublewide mobile homes. 3 br only. Located at Auxier. Call 789-8881 or 367-1169.

Mobile Home for rent. 3 miles from Prestonsburg on 404, David Rd. Quiet neighborhood. Call 886-3902.

Special FHA Finance Program \$0 Down if you own land or use family land. We own the bank your approved. Call 606-474-6380

LOTS FOR RENT Dwale Mobile home Park off US 23 near Prestonsburg. Nice quiet community. Restrictions apply. 606-377-2357

Nice 2 br Mobile home for rent. Located in Prestonsburg Call 874-0875.

2 Br mobile home for rent. Located at Auxier. Behind county line liqueur. Deposit & first month rent required. Call 886-6518 after 5 pm.

For Sale: 32 x 40 Clayton doublewide. 2 br. 2 bath. Has all appliances. Brand new, never been set up. Asking \$35,000. Call 874-8104 leave a message if there is no answer.

Modular Home for rent. Located on Little Paint crk. Quiet neighborhood, excellent condition, new carpet, carport, storage bldg. No pets, non-smoking. \$ 625.00 per month. Lease required call 886-3613 or 791-0565.

Mobile home lot for rent. 5 min from Highlands hospital, about 8 min from Porter grade school. 5 min from Dewy lake. Call 614-876-4516.

For Sale: 3 br mobile home. 12 x 60, 1 bath. 12 x 24

ADVERTISEMENT FOR BIDS
 Bid Proposals are requested for Water Line, Waste Drain, and Boiler replacement at our Town Center location.

The proposal needs to include all costs to replace all water lines, drain lines and boilers, serving 28 apartments.

The proposal needs to include the price for material and installation, references for the past 10 years, and a Bid Bond. The successful bidder must furnish Insurance Certificates, plus Payment and Performance Bonds.

Wages must be paid in accordance with all applicable Federal, State and Local wage requirements, plus other documents as required for working in public housing.

For more information, please contact Bruce Coleman, Housing Authority of Martin, P.O. Box 806, Martin, KY 41649, 606-285-3681.

All proposals must be received at the housing authority office by 2 p.m., local time. September 16, 2008.

The housing authority reserves the right to reject any and/or all proposals.

NOTICE TO PRESTONSBURG CITY'S UTILITIES NATURAL GAS CUSTOMERS

NATURAL GAS FACTS

Natural gas is lighter than air, non-toxic and contains no poisonous ingredients. Breathing natural gas is not harmful as long as there is adequate air to breath along with it. Natural gas will not burn by itself. Combustion can occur only when there is a mixture of gas and air containing between 5 percent and 15 percent natural gas and between 95 percent and 85 percent air. Because of its unique qualities of being lighter than air with a narrow band of combustion, natural gas is one of the safest energy sources available. It is also one of the most economical sources. Understanding and following safety procedures will make natural gas an even safer choice.

THE POTENTIAL HAZARDS OF NATURAL GAS

Gas accidents can be avoided if you understand the potential hazards.

(1) FIRE

Natural gas can be a fire hazard, if you let it. Don't let it. A very hot stove, open flame or pilot light can ignite any combustible materials that happen to be near. Keep paper, curtains, paints, solvents, etc.. away from gas appliances.

(2) EXPLOSION

Natural gas can be ignited by open flames or sparks. That's why un-burned natural gas should never be allowed to escape into a room. A spark, flame, lit match or cigarette, even the flick of a light switch may be enough to cause an explosion.

(3) CARBON MONOXIDE POISONING

Even though natural gas itself isn't poisonous, gas burners that aren't adjusted properly can produce deadly carbon monoxide. You can't see or smell carbon monoxide, but it's a killer. To avoid its dangers, always make sure that any natural gas appliances in your home are properly adjusted and vented to the outside..so they'll burn safely and efficiently.

(4) SUFFOCATION

Natural gas can cause suffocation if it replaces air containing oxygen. (Only air that has oxygen can sustain life.) This is another reason why natural gas should never be allowed to leak from appliances or build up in an enclosed area or room. FOLLOW THESE COMMON SENSE SAFETY RULES... IT'S UP TO YOU TO USE SAFE GAS APPLIANCES AND TO USE GAS APPLIANCES SAFELY!!!

- (1) KEEP COMBUSTIBLES such as papers, fluids, paints, curtains and rags away from furnaces, water heaters and gas ranges and dryers.
- (2) TEACH CHILDREN never to light or play with the controls of any gas appliances.
- (3) KEEP PILOT LIGHTS of your gas range lit. If you put them out to save energy, a dangerous gas build-up can occur if someone accidentally turns on the range.
- (4) KEEP GAS RANGE CLEAN — make sure burner bowls are free of used matches, grease, paper, etc.
- (5) AND, NEVER USE YOUR GAS RANGE to heat your home or apartment. This practice creates a serious fire hazard and puts you and your family at risk from dangerous carbon monoxide fumes.
- (6) MAKE SURE APPLIANCES ARE VENTED — Natural gas needs air containing oxygen to burn safely and efficiently. Without enough air, dangerous carbon monoxide is produced. For this reason, always make sure that your gas furnace and water heater are vented to the outside of the building. If you are not sure your appliances are vented properly, have them checked by a qualified heating contractor or plumber.
- (7) KEEP FLUES AND CHIMNEYS CLEAR — Have your fluepipe and chimney checked to make sure they're not blocked with debris such as nests, branches, or ivy. (Your heating contractor can inspect and clean fluepipes for you.)
- (8) SIGNS OF POOR FLUE VENTILATION — Indoor wetness (condensation); unusual smell in your home that doesn't go away; sick houseplants; yellow or wavering appliance flames; soot in your home; pilot light that keeps going out.

CERTAIN OLDER GAS CONNECTORS MAY BE DANGEROUS!

Gas connectors are corrugated metal tubes used to connect gas appliances in your home to fuel gas supply pipes. Some older brass connectors have come apart, causing fires and explosions resulting in deaths and injuries. These older brass connectors have a serious flaw in the process used to join their tubing to their end pieces. Over time, the end pieces can separate from the tubing, and cause a serious gas leak, explosion, or fire. To our knowledge, these dangerous uncoated brass connectors have not been made for more than 20 years, but many of them are still in use. The older these connectors get, the greater the possibility of failure.

Although not all uncoated connectors have this flaw, it is very difficult to tell which ones do. Therefore, any uncoated brass connector should be replaced immediately with either a new plastic-coated brass or a new stainless steel connector. Connectors can wear out from too much moving, bending, or corrosion. Connectors should always be replaced whenever the appliance is replaced or moved from its location.

WARNING: Only a qualified professional should check your connector and replace it if needed. Don't try to do this yourself! Moving the appliance, even slightly, whether to clean behind it or to inspect its gas connector, can cause the complete failure of one of these older weakened connectors, possibly resulting in a deadly fire or explosion.

DO NOT MOVE YOUR APPLIANCE TO CHECK THE CONNECTOR!

HOW DO I KNOW IF A GAS HAZARD EXISTS??? — YOUR SENSE OF SMELL SHOULD TELL YOU

(1) A GAS LEAK IS POTENTIALLY VERY DANGEROUS! — Gas may leak from faulty appliances, broken pipes or broken mains. Make sure all members of your family know what to do if they smell gas.

(A) IF THE ODOR IS STRONG:

- 1) Do not light matches.
- 2) Do not turn lights on or off.
- 3) Do not operate any controls or pull any plugs from outlets.
- 4) Do not use the telephone.
- 5) Notify everyone in the building or house to leave immediately, and leave the door open.
- 6) If possible, ventilate the building by opening doors and windows, starting where the odor is strongest. Do not re-enter the building for this purpose.
- 7) Call the utility company or fire department from a nearby building or house. Do not use the telephone in your house.
- 8) Do not re-enter your home until the utility company or fire department has released you to do so.
- 9) Never take chances! If your safety is threatened, get out quickly.

PRESTONSBURG CITY'S UTILITIES COMMISSION

Phone Number — 606-886-6871, Day or Night
 Phone Number — 606-886-2900, Day or Night

HOW TO RECOGNIZE A GAS LEAK OUTSIDE HOUSE OR BUILDING — Gas leaks outside are uncommon, but it is a good idea to know how to recognize them. Common signs include:

- I) A gas odor.
 - 2) A blowing or hissing sound.
 - 3) Dirt being blown or thrown into the air.
 - 4) Water bubbling or being blown into the air at a pond.
 - 5) Fire coming from the ground or burning above the ground.
 - 6) Brown patches in vegetation on or near gas pipeline.
- If you detect any signs of a gas leak outside, call Prestonsburg City's Utilities Commission immediately.

NOTICE TO PRESTONSBURG CITY'S UTILITIES COMMISSION NATURAL GAS CUSTOMERS ABOUT CUSTOMER SERVICE LINES

1. Prestonsburg City's Utilities Commission does not maintain customers' service lines beyond the gas meter setting. Customers are responsible for properly maintaining and repairing their service lines.
 2. If customers' buried piping is not maintained, it may be subject to the potential hazards of corrosion and leakage.
 3. Buried gas piping should be:

- I. Periodically inspected for leakage.
 - II. Periodically inspected for corrosion if piping is metallic.
 - III. Repaired if any unsafe conditions are discovered.
 - IV. Repaired, located, inspected and maintained by plumbers or heating contractors.
4. When excavating near buried gas piping, the piping should be located in advance, and the excavation done by hand. Safety comes first with Prestonsburg City's Utilities Commission. Below are some of the steps taken by Prestonsburg City's Utilities Commission to insure the safety of our employees and customers.

- 1. Continuous patrolling of gas system.
- 2. Monitoring pressures at various points in gas system.
- 3. Annual/ semi-annual leak surveys.
- 4. Immediate response to any reported problem.
- 5. Proper operation and maintenance of system
- 6. Continuing education of gas pipe line employees, including emergency response to gas emergencies/ accidents.

together with the help of our customers we can maintain a safe and reliable gas system.

NOTICE TO ALL CONSTRUCTION AND EXCAVATION COMPANIES

In accordance with federal and state regulations governing natural gas pipeline safety, Prestonsburg City's Utilities Commission is pursuing a damage prevention program to minimize accidents and/or disruptions that could involve its underground pipeline facilities. If you observe any type of construction or excavation, or if you plan to do any work requiring digging near a company pipeline, please call the Prestonsburg City's Utilities Commission so that we can send qualified personnel to locate and properly mark the exact location of the pipeline. Knowing the exact location of the underground pipeline will reduce the possibility of property and/or personal and financial loss to both parties.

David M. Ellis, Superintendent
 Prestonsburg City's Utilities Commission

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Kentucky Circuit Court Clerks Association
 Organ And Tissue Donation Awareness

opposition to the granting of the permit.

HON. KEITH BARTLEY FLOYD COUNTY ATTORNEY

BLASTING SCHEDULE

This is notice that Natural Resource Group, LLC, P.O. Box 792, Brevard, NC 28712, (828) 883-7277, Permit No. 836-5530, will be blasting at Conley Fork of Abbott Creek, Latitude 37°42'34", Longitude 82°52'19". Blasting will be done daily, Monday through Saturday. No blasting will be conducted before sunrise or after sunset. At least 10 minutes before the blast, access to the area will be controlled by Company personnel. Before each blast is detonated, the following type(s) of audible warning will be given from a siren: a one (1) minute series of long sirens, sounded five (5) minutes prior to the blast signal; immediately before the blast, a series of short sirens sounded, one (1) minute prior to the shot. The all-clear signal(s) after blasting will be a prolonged siren sounded, following the inspection of the blast area. Blasting will not be conducted at times different from those given above, except in emergencies, where rain, lightning, other atmospheric conditions, or operator or public safety, requires unscheduled detonation. Prior to these detonations, the following audible warning will be given: A one (1) minute series of long sirens, sounded five (5) minutes prior to the blast signal; immediately before the blast, a series of short sirens sounded one (1) minute prior to the shot. The all-clear signal(s) after blasting will be prolonged siren, sounded following the inspection of the blast area. Also prior to detonations in emergencies, the permittee, using audible signals, shall notify all persons within one-half (1/2) mile of the

blasting site.

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-8058 Renewal

In accordance with KRS 350.055, notice is hereby given that Prater Creek Coal Corporation, 750 Town Mountain Road, Pikeville, Kentucky 41501, has applied for renewal of a permit for a loading facility, coal processing facility, affecting 11.95 acres, located 0.25 mile east of Ivel, in Floyd County.

The proposed facility is approximately 0.25 mile southeast from U.S. 23's junction with Ivel Road, and

located 0.25 mile southeast of the Levisa Fork of the Big Sandy River. The latitude is 37°35'22". The longitude is 82°39'53".

The proposed facility is located on the Harold U.S.G.S. 7 1/2 minute quadrangle map. The surface area is owned by Appalachian Land Company, J. K. Stratton Heirs, and Windell Stratton. The operation will affect an area within 100 feet of public road, Ivel Road. The operation will not involve relocation or closure of the public road.

The application has been filed for public inspection at the Division of Mine Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake

Drive, Suite 6, Prestonsburg, Kentucky 41653-1410. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Reclamation and Enforcement, No. 2 Hudson Hollow Road, Frankfort, Kentucky 40601.

NOTICE OF INTENTION TO MINE Pursuant to Application Number 898-5979, Renewal

In accordance with KRS 350.055, notice is hereby given that Premier Elkhorn Coal Company, P.O. Box 130, Myra, Kentucky 41549, has applied for renewal of a permit for an existing underground coal

mining and reclamation operation located 0.90 miles north of Wales and is situated in both Pike and Floyd Counties. The proposed operation will disturb 15.63 surface acres and will underlie 1619.26 acres, and the total area within the permit boundary will be 1634.89.

The proposed operation is approximately 1.20 miles northwest from County Road 3514's junction with KY 122 and located along Arnold Fork.

The proposed operation is located on the Wheelwright U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Coastal Coal Company, LLC. The operation will

underlie land owned by William III and Shirley Hickman, Greg and Velvet Johnson, Randall and Paoletta Johnson, Estil and Stella Johnson, John Jr. and Bonnie Smith, Coastal Coal Company, LLC, Francis Tackett, Pearl Hylton, Jody and Trula Wright, Arthur and Sally Hall, Gary and Shirley Johnson, Gladys Justice, Hursel Tackett, Pete and Rita Little, Hugh Reynolds and Geraldine Tackett, Jerry and Tammy Hobson, Jerry Hobson, John and Nora Hylton, Marie Mullins, Milton and Dellie Hall, Chrystine Jones, Darling and Nelva Hall, Shirley Hylton, Bennie and Elnor Hall, Clyde and Brenda Conway, Conley

and Melinda Johnson, Georgia Taylor, Maudie Sorenson, Blument Corporation, Dixie Harmon, Steve and Allean Campbell, Burlean and Donna Hall, Conley and Eartha Bartley, Carol Newsome, Ernest and Terra Hall, Terry Newsome, Loretta Stanley, Jenny and Paul Ratliff, Lula Newsome, Teddy J. Newsome Estate, Bill Hall, Jr., Alvania Hall, Cassie Ward, Fannie Adams, Alma Land Company, Luther and Ethel Curry, Luther and Helen Mullins, Elbert and Sarah Cole, Gordon Tackett, Walter and Janet Hall, Frankie and Paul Tackett, Tammy and Morris Gilliam, Department of Augustine Bentley,

Perry and Polly Younce, Johnny and Shirley Johnson, Michael and Anna Johnson, Dixie Harmon, Steve and Allean Campbell, Burlean and Donna Hall, Conley and Eartha Bartley, Carol Newsome, Ernest and Terra Hall, Terry Newsome, Loretta Stanley, Jenny and Paul Ratliff, Lula Newsome, Teddy J. Newsome Estate, Bill Hall, Jr., Alvania Hall, Cassie Ward, Fannie Adams, Alma Land Company, Luther and Ethel Curry, Luther and Helen Mullins, Elbert and Sarah Cole, Gordon Tackett, Walter and Janet Hall, Frankie and Paul Tackett, Tammy and Morris Gilliam, Department of Transportation,

Jean and Jerry Mullins, Sonny and Karen Jones, Thelma Jones, Agnes Younce, Brenda Anderson, Brenda and William Anderson, Tony and Tracy Keen, Ruth and Buck Keen, The Elk Horn Coal Corporation and two unknown tracts. The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Pikeville Regional Office, 121 Mays Branch Road, Pikeville, Kentucky 41501. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

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FLOYD COUNTY FISCAL COURT TREASURER'S SETTLEMENT FISCAL YEAR ENDING - JUNE 30th 2008

Table with columns for Fund Name and Amount. Rows include GENERAL FUND, ROAD FUND, JAIL FUND, LGEA FUND, STATE GRANTS, FEDERAL GRANTS, BOND CONSTRUCTION, REVOLVING LOAN FUND, E-911 FUND, WITHHOLDING FICA TAX FUND, and PAYROLL.

THIS IS TO CERTIFY THAT THE ABOVE AND FOREGOING REPORT FOR THE FLOYD COUNTY FISCAL COURT, COVERING THE PERIOD JULY, 1 2007 THROUGH JUNE 30, 2008 RECAPS ALL RECEIPTS OF FUNDS COMING INTO MY HANDS AND DISBURSEMENTS MADE FROM THE ACCOUNTS ARE SHOWN TRUE AND CORRECT ACCORDING TO MY RECORDS AS OF JUNE 30, 2008, WHICH IS REPRESENTED IN THE ANNUAL SETTLEMENT. A COPY OF THIS STATEMENT IN DETAIL IS ON FILE AND AVAILABLE FOR PUBLIC INSPECTION AT THE FLOYD COUNTY JUDGE EXECUTIVE'S OFFICE OR THE FLOYD COUNTY CLERK'S OFFICE DURING NORMAL BUSINESS HOURS. IN ADDITION, COPIES OF THIS FINANCIAL STATEMENT ARE AVAILABLE TO ANY CITIZEN AT NO COST TO THE PUBLIC.

DATED THIS 26TH DAY OF AUGUST, 2008 DAVID A. LAYNE II FLOYD COUNTY TREASURER

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