

# The Times

FLOYD COUNTY

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Volume 82, Issue 89 • 75 Cents



## SKILLS CAMP

— page B1

### briefs

**Lunsford attacks McConnell on energy**

The Associated Press

LOUISVILLE — Democrat Bruce Lunsford is turning up the heat in the debate on energy policy. He says Sen. Mitch McConnell misled the public by emphasizing expanded oil drilling when consumers are looking for quick relief from high gas prices.

Lunsford says you can't solve the problem by drilling.

McConnell on Thursday took to the Senate floor to accuse Democrats of doing too little to try to lower fuel prices.

Lunsford meanwhile touted an energy plan that includes opening the strategic petroleum reserve, providing a temporary gas-tax holiday and requiring oil companies to drill on millions of acres under lease.

Last week, McConnell debuted a TV ad linking Lunsford with a state law that raised Kentucky's gas tax.

Lunsford has called the ad deceitful.

## Storm takes toll on power lines

by JACK LATTA  
STAFF WRITER

A severe storm which blew through the region with high winds and lightning caused an estimated 13,000 power outages late Tuesday evening.

According to Kentucky Power, the

storm caused damage in the form of downed power lines due to broke utility poles and downed trees and tree limbs across lines.

Kentucky Power crews were out assessing the damage and working to

(See POWER, page seven)



Power lines weren't the only thing affected by Tuesday's storm. High winds blew away the roof of this building in West Prestonsburg, across from Action Petroleum.

photo by Ralph B. Davis

## 60TH ANNIVERSARY



Troopers Danny Caudill and Dallas Greer stand in front of the special 60th anniversary cruiser at Kentucky State Police Post 9 in Pikeville.

photos by Jarrid Deaton

## Pikeville post marks KSP anniversary

by JARRID DEATON  
FEATURES WRITER

PIKEVILLE — Officers with Kentucky State Police have protected and served the citizens of the Bluegrass for 60 years, and Post 9 in Pikeville celebrated the organization's anniversary on Thursday with a cookout in honor of both its history and its future.

"We're an agency with a rich history," said Lt. Shawn Welch. "When the Kentucky State Police first started in 1948, it wasn't the usual type of law enforcement people were used to having."

(See KSP, page seven)



An abundance of food was on hand as officers with the Kentucky State Police grilled out during their 60th anniversary celebration at Post 9 in Pikeville.

## Projects more costly without permits

by JACK LATTA  
STAFF WRITER

PIKEVILLE — Residents looking to run a gas line from their property to a road, building a driveway which connects to a state road, or bridge a creek need to remember to get their highway permits.

Gene Layne, permits supervisor at Highway District 12, says that anytime a resident uses, works on, or encroaches

on state right of way, they must have a permit.

"If you don't get a permit, we will work with you to correct the situation, as long as what you have done is within state regulations and guidelines," Layne said. "If not, you will have to remove the encroachment within a reasonable period of time or the state can remove it at your expense."

Layne says when tying into existing utilities, such as water,

sewer or gas, and going over state right-of-way to do it, a permit is required.

"Sometimes utility companies run their lines behind our right-of-way, if there is room," Layne said, "but not always. If you don't know whether you are encroaching on state right of way, call us."

"Our permit does not exempt a person from other

(See PERMITS, page seven)

## State trooper arrested in Pikeville

by JACK LATTA  
STAFF WRITER

PIKEVILLE — A Kentucky State Police sergeant has been suspended with pay after he was reportedly arrested on an alcohol-related offense in Pikeville Sunday night following a rock concert.

According to court records, Timothy Moore, 32, was "staggering and being very loud" as he walked along Huffman Avenue following the Poison concert at the Expo Center.

When approached by officers, Moore allegedly stated that, "He was not afraid of a (expletives deleted) from city P.D." Moore and his party continued toward the parking lot.

When the vehicle in which Moore was riding was stopped by Pikeville Police later, Moore reportedly would not talk to police, and told his wife, who was driving to "pull out and go."

According to the police report, at one point another passenger in the vehicle produced a KSP badge.

Moore, who reportedly had to be physically

removed from the vehicle, was placed under arrest and charged with alcohol intoxication, disorderly conduct and resisting arrest.

Moore works out of the Ashland Post and was off duty at the time of the arrest.

Lt. Phil Crumpton, of the Police Media Branch in Frankfort, said that his office could issue no statement other than to say that Moore has been suspended with pay pending an investigation.

Moore's attorney, Terry D. Jacobs, said in a telephone interview Thursday that, "Sgt. Moore respects the process, and will cooperate fully with the investigation, and feels that he will be fully exonerated."

Jacobs declined to comment further on the charges, or any other "collateral issues" that may arise.

Moore is a 10-year veteran of the Kentucky State Police.

Calls to the Pikeville Police department were not immediately returned. Moore is scheduled to be arraigned on August 5 in the Pike County District Court.



photo by Jack Latta

Brent Rose, who was selected to be the new principal of Prestonsburg Elementary School after the retirement of Gwen Hale-Frazier, was welcomed by staff and parents Tuesday Night. Rose, who has one child at PES, and three more soon to enroll, said, "This is a great facility and staff, and a great opportunity for me and my family."

2 DAY FORECAST

Today  
 Sunny  
High: 89 • Low: 65

Tomorrow  
 Mostly sunny  
High: 86 • Low: 67

For up-to-the-minute forecasts, see floydcountytimes.com

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# Obituaries

## Helen Hiscock Bennett Music

Helen Hiscock Bennett Music, 91, of Williamstown, formerly of Prestonsburg, Dexter, Michigan, and Meriden Connecticut, died Tuesday, July 22, 2008, at St. Elizabeth Medical Center, in Williamstown.

Born Saturday, March 10, 1917, in Ann Arbor, Michigan, she was the daughter of the late Dana Edward Hiscock and Cora Lanphcar. She was employed as a bookkeeper for Gulf Oil and Bratburg Furniture. She was a member and Past Grand Matron, Order of the Eastern Star in Ann Arbor, Michigan; a charter member of the Ann Arbor White Shrine of Jerusalem; Regent of the National Society of the Daughters of the American Revolution, Keziah Cooley Goss Chapter, in Ann Arbor, Michigan; a life member of Veterans of Foreign War Ladies Auxiliary in Prestonsburg; and a member of St. Andrews Episcopal Church, in Meriden.

She was twice married, first to William Edgar "Butch" Bennett, and later to William Donald Music. They both preceded her in death.

Survivors include a son, Jerre Bennett of Meriden, Connecticut; a stepson, William D. Music Jr. of Dublin, Ohio; six grandchildren; and a stepdaughter, Sally Skinner of Williamstown.

In addition to her parents and husbands, she was preceded in death by a sister, Alice Botsford.

Private services were held, with Rev. Darrell Morgan officiating.

Burial was in the Forest Lawn Cemetery, in Dexter, Michigan.

Arrangements, under the direction of Elliston-Stanley Funeral Home, Williamstown.

Memorials: donor's choice. (Paid obituary)

□□□

## Carolyn Slone

Carolyn Slone, 43, of McDowell, died Tuesday, July 22, 2008, at McDowell ARH.

Born April 8, 1965, in Springfield, Ohio, she was the daughter of Connie Owens Slone of Louisville, and the late James Edward Tackett. She was a homemaker.

She is survived by her husband, Rush (Baba) Slone Jr.

Other survivors include two sons: Jamie Lee Slone and Tommy Joe Slone, both of McDowell; a daughter, Cristy L. Tackett of Louisville; a brother, Jimmy D. Tackett of Wayland; four grandchildren: Jordan Tackett, Devon Slone, Tyra Coleman, and Lexie Slone.

Funeral services will be held Saturday, July 26, at 1 p.m., at the Martin Branch Freewill Baptist Church, in Estill, with James "Red" Morris, and others, officiating.

Burial will be in the Slone Family Cemetery, (Walnut Creek Dr.), Wayland, under the direction of Nelson-Frazier Funeral Home.

Visitation is at the church. (Paid obituary)

□□□

## Nancy Jane Slone

Nancy Jane Slone, 87, of Betsy Layne, died Tuesday, July 22, 2008, at the Pikeville Medical Center.

Born April 10, 1921, in Floyd County, she was daughter of the late Mathew and Ellen Mulkey Howell. She was a homemaker.

She was preceded in death by her husband, Charles Slone.

Survivors include four sons: Bobby Dean Slone, and Willie Ray Slone, both of Betsy Layne, Charles Ray Slone of Hurricane Creek, and Walter Matthew Slone of River Rouge, Michigan; four daughters: Margaret Ann Kashat of Betsy Layne; Lorraine Clardy of Taylor, Michigan; Mary Jane Gross of Dearborn Heights, Michigan; Jean Berk of Columbus, Ohio; four brothers: Billy Ray Howell of Betsy Layne; George Howell of Hazard; Willie Howell of Garrett; and Walt Howell of

Lexington; 32 grandchildren, 40 great-grandchildren, and five great-great-grandchildren.

In addition to her husband and parents, she was preceded in death by a son, a daughter, and three sisters: James Freddie Slone, Mary Ellen Wright, Bossie Burgis, Mary Ann Adkins, and Polly Ann Hall.

Funeral services will be held Friday, July 25, at noon, at Nelson-Frazier Funeral Home, in Martin, with Betsy Layne Freewill Baptist ministers officiating.

Burial will be in the Slone Family Cemetery, in Betsy Layne.

Visitation is at the funeral home. (Paid obituary)

□□□

## Estill Eugene "Gene" Taylor

Estill Eugene "Gene" Taylor, 70, of Auxier, died Monday, July 21, 2008, at the University of Kentucky Medical Center.

Born January 7, 1938, in Floyd County, he was the son of the late Estill Taylor and Celia Jane Burchwell Taylor. He was a retired employee of Majestic Manufacturing Co., in Huntington, Indiana, after 25 years service. He was a member of the Free Pentecostal Church of God, East Point.

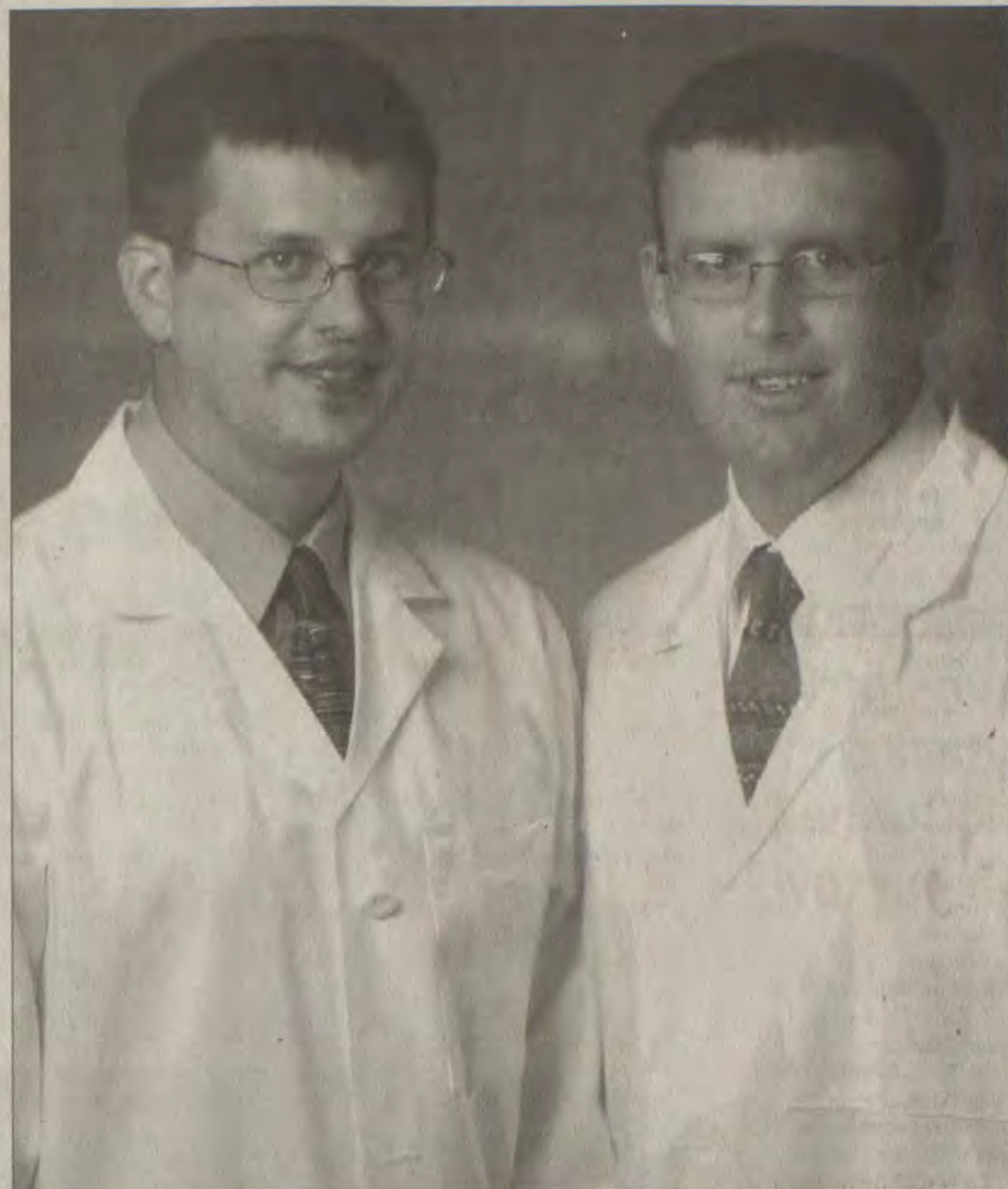
Survivors include a son, Rodney E. Taylor (Judy) of Andrews, Indiana; a daughter, Debra Kay Thorn (Scott) of Huntington, Indiana; three brothers: Walter H. Taylor (Judy) of Prestonsburg; Darl Taylor (Sandra) of Wabash, Indiana; and Larry E. Taylor (Sheila) of Prestonsburg; three sisters: Kathy Holbrook (Mark), and Brenda Sue Holbrook, both of Auxier; and Judy L. Howell (Kenny) of Louisville; three grandchildren: Brandi Thorn (Chris) Feldon, Brittney Nicole Thorn, and Bradley Christopher (Heather) Taylor.

In addition to his parents, he was preceded in death by a brother, Paul Dean Taylor and two sisters: Patricia Ann Taylor and Anita Taylor.

Funeral services will be held Friday, July 25, at 1 p.m., at the East Point Free Pentecostal Church of God, with Pastor Buster Hayton officiating.

Interment will be in the Auxier Relocation Cemetery.

The family has entrusted arrangements to Carter Funeral Home. (Paid obituary)



Drs Joshua and Brandon Crum

# Joshua and Brandon Crum, brothers and doctors, return to Eastern Kentucky

PRESTONSBURG — Highlands Regional Medical Center has welcomed brothers Dr. Joshua Crum and Dr. Brandon Crum back home to Eastern Kentucky, as they join the radiology staff in Prestonsburg.

The Crums, both Pikeville College graduates, are members of the Pikeville College School of Osteopathic Medicine Class of 2002. After two years of an internship in internal medicine at Norton

Community Hospital, in Virginia, and a four-year diagnostic radiology residency at Grandview Medical Center in Dayton, Ohio, they have gained experience in multiple imaging modalities. The two brothers joining Highlands are anxious to serve the people in their community.

Highlands Regional Medical Center is a not-for-profit community medical center committed to its charitable mission of serving individuals

regardless of their ability to pay. For more information regarding HRMC, please call 606-886-8511 or visit us on the web at [www.hrmc.org](http://www.hrmc.org).



## Charles William "Chuck" Gibson

Charles William "Chuck" Gibson, 73, of Riverview, Florida, passed away, Friday, July 18, 2008, in a hospital in Florida.

He was born December 11, 1934, in Prestonsburg, a son of the late Mont and Garnett Vaughn Gibson. He was of the Baptist faith.

He was a member and past master of Zebulon Lodge 273, F&AM, in Prestonsburg; a member and past master of East Point Lodge 657; a member and past master of Ted Adams Lodge of Research in Paintsville; a past District Deputy Grand Master of the Kentucky Grand Lodge; a member of both the York Rite and Scottish Rite bodies of Masonry, and a member of Oleika Shrine.

He is survived by Arlene, his wife of 37 years; three sons: Charles William "Chuckie" Gibson Jr., of Prestonsburg; Raymond Allen Gibson of Tampa, Florida; and Monty Lee Gibson of Riverview, Florida; two granddaughters: Shannon Gibson and Kayla Bashers; two brothers: John Gibson of Louisville; and Leroy Gibson of Prestonsburg; and a sister, Mary Martin of Prestonsburg.

In addition to his parents, he was preceded in death by a brother, Mont Gibson Jr., and a sister, Virginia Tennessee.

Funeral services were conducted Tuesday, July 22, at 10 a.m., at Stowers Brandon Chapel in Florida, with interment in Hillsboro Memorial Gardens.

Masonic funeral rites were conducted at the graveside by Brandon Lodge No. 114, F&AM.

Arrangements were under direction of Stowers-Brandon Funeral Home.

**HEARING TEST SET IN FLOYD COUNTY**

Free hearing tests will be given at the **Beltone Hearing Aid Center, Rm. 102, Archer Clinic, Prestonsburg, KY.**

The tests will be given by a licensed Hearing Aid Specialist **Tuesday, August 5th, from 9 a.m.-12 p.m.**

Anyone who has trouble hearing or understanding conversation is invited to have a **FREE** hearing test to see if this problem can be helped! Bring this coupon with you for your **FREE HEARING TEST**, a \$125.00 value.

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# For the Record

### Marriage Licenses

Sandra Mae Calhoun Branham, 51, of Prestonsburg, to Ronnie Dale Metcalf, 48, of Martin.

Jeantte Collins, 52, of Prestonsburg, to Randy Wayne Reynolds, 45, of Martin.

Cara Loraine Stewart, 27, of Covington, to Nathaniel David Green, 25, of Covington.

Angela Dawn Ferrell, 27, of Prestonsburg, to Damon Chadwick Spurlock, 30, of Prestonsburg.

Kristina Lynn Henegar, 36, of Tram, to Richard Brian Burchett, Jr., 20, of Tram.

### Civil Suits Filed

McDowell Appalachian Regional Hospital v. Mark Shepherd.

Natalie Lewis v. Tony and Melissa Smith  
Hazard Appalachian Regional Hospital v. Donna F. Johnson

Midland Funding LLC v. Doris Griffith

LVNV Funding LLC v. Stuart Isaac

LVNV Funding LLC v. Susan Musick

Arrow Financial Services v. Lois R Turner

LVNV Funding LLC v. Daryl Damron

Asset Acceptance LLC v. Rita Sparkman

North Star Capital Acquisition LLC v. James D. Newsome

Midland Funding LLC v. Hilda Blackburn

Marlene Whitaker v. Joe and Kimberly Poe

LVNV Funding LLC v. Rodney Frasure

Midland Funding LLC v. Rita Varney

### Small Claims Filings

Woodrow Mullins v. James Case

### Charges Filed

Charles Gibson Jr., 30, Frenchburg, alcohol intoxication.

Kessie Elliot, 22, Printer, reckless driving, fleeing and evading, second degree wanton endangerment, endangering the welfare of a minor, excessive window tint, failure to maintain insurance.

Hollie Kidd, Stanville, harassing communications.

Tony Elizabeth Perkins, 38, Martin, alcohol intoxication, disorderly conduct, menacing.

William Thomas Chaney, 25, Jenkins, drinking alcohol in a public place.

Jerry Shepherd, 37, East Point, operation on suspended license, failure to produce insurance, controlled substance not in original container, second degree possession of controlled substance.

Eric Neal Akemon, 29, Whitesburg, public intoxication.

Christopher H. Hamby, 25, Wheelwright, disorderly conduct.

Kendra Little, 20, Disorderly conduct.

Cheryl L. Necley, 46, Auxier, theft by unlawful taking.

John M. McKenzie, 36, Prestonsburg, terroristic threatening, wanton endangerment.

Michael Blackburn, 50,

Drift, alcohol intoxication.

Cecil Ricky Jones, 30, Hindman, alcohol intoxication.

Holly Ann Kidd, 41, Stanville, harassing communications.

Nicole R. Rister, 36, Wayland, operation of a Motor vehicle under the influence, driving on DUI suspended license, failure to maintain insurance, operating ATV on roadway, Disorderly conduct, menacing, no/expired registration, no/expired plates.

David Jeremiah Blevins Jr., 30, Staffordsville, terroristic threatening.

Shawn Elliot Murphy, 32, Langley, alcohol intoxication, 4th degree assault.

Tristan Martin, 24, Winston Salem N.C., fourth degree assault.

Blake Necessary, 19, alcohol intoxication.

April Leigh Hunter, 35, theft by unlawful taking.

Ray E. Ousley, 42, Auxier, alcohol intoxication.

Charles Heith Keathley, 32, Prestonsburg, terroristic threatening.

Wendy Roberts Hancock, 33, Printer, alcohol intoxication.

Candace Marie Osborne, 31, Garrett, third degree escape.

Terry Ell Click, 54, Martin, public intoxication of a controlled substance, theft by unlawful taking.

Ellen R. Hall, 40, Martin, public intoxication of a controlled substance, theft by unlawful taking.

Harold Baldrige Jr., 53, Martin, alcohol intoxication.

Tony Johnson, 18, Teaberry, fourth degree assault (2 counts).

Paul Combs, Martin, cruelty to animals.

Kim Artrip, 35, Martin, fourth degree assault.

Christopher Hayden, 19, Banner, alcohol intoxication.

Tiffany Renca Halbert, 27,

McDowell, public intoxication controlled substance.

Delores Slone, 45, Wheelwright, first degree wanton endangerment (2 counts), terroristic threatening (2 counts).

Kimberly Wise Murphy, 45, Tram, receiving stolen property over \$300.

Ted Reynolds, 50, Cicero In., fugitive from another state.

Austin Clark Shepherd, 26, Allen, theft by unlawful taking over \$300.

Berry Hall, 43, Prestonsburg, third degree assault on a corrections officer.

Michelle Gray, 24, Burlington N.C., traffic controlled substance within 1000 yards of school, possession of marijuana, possession of drug paraphernalia.

Christopher T. Miller, 23, Hi Hat, theft by unlawful taking over \$300, theft of identity of another (3 counts).

### Inspections

Wayland Quick Mart, Wayland, regular inspection.

Food violations noted: Lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous food, lack of numerically scaled thermometers for checking cooking and holding temperature of potentially hazardous food, food not protected during storage, food not protected during preparation, in use food dispensing utensil not properly stored, lack of effective hair restraints, food contact surface of equipment and utensils not clean, proper waste receptacles not provided, floors not in good repair, unnecessary articles in or around the establishment.

Food score: 89. Retail violations noted: Lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous food, lack of numerically scaled thermometers for checking

cooking and holding temperature of potentially hazardous food, in use food dispensing utensil not properly stored, proper waste receptacles not provided, floors not in good repair, unnecessary articles in or around the establishment. Retail Score: 92.

Wayland Fountain, Wayland, regular inspection.

Violations noted: Lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous food, food not protected during preparation, nonfood contact surfaces not properly installed, nonfood contact surfaces not properly maintained, food contact surface of equipment and utensils not clean, floors not constructed properly, floors not clean, floors not in good repair. Score: 93.

Dollar General Store, McDowell, regular inspection. Violations noted: Food not protected during display, food not protected during storage, food contact surface of equipment and utensils not clean,

sanitary towel or hand drying device not provided at lavatory or handwashing sink.

### Property Transfers

Gabriella Hall to John Ferrari; Rileys Branch.

Kenneth Hall to John Ferrari; Rileys Branch.

Larry Hall to Timothy McDaniel, Sr. and Willa McDaniel; Tanyard Branch.

David Hamilton to Amanda Hunt and Shane Hunt; property not listed.

Delphea Hamilton to Amanda Hunt and Shane Hunt; property not listed.

Frank Martin, Jr. to Merlene Dingus; property not

listed. Nationstar Mortgage LLC to Carisa Howell and Chris Howell; Still House Branch.

Elizabeth Patton to Larry D. Patton and Unia Patton; near Estill.

Van Duran Patton to Larry D. Patton and Unia Patton; near Estill.

Larry G. Roberts to Garry D. Roberts; Stumbo Addition of Lanesville.

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## Betsy Layne Elementary Girls Varsity Cheerleading Try Outs.

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## 50th Anniversary

Saturday, August 2, 2008 6 p.m.-8 p.m.

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Your presence is the only thing we ask for



## LPN / CNA for PEDIATRICIAN

This is an exciting opportunity for an LPN / CNA to join a NEW pediatrician with Albaree Health Services. The position is full-time and involves general LPN duties under the supervision of a Physician.

We are looking for someone with Pediatric experience. You will need to be motivated, enthusiastic and willing to help grow the practice. You must also be a team player and have good organizational and interpersonal skills.

We are offering a pleasant working environment, benefits and competitive salary.

If interested in this exciting opportunity, please forward your résumé and cover letter to the address below. Please include a copy of your Kentucky State License.

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We are looking for someone with office experience. You will need to be motivated, enthusiastic and willing to help grow the practice. You must also be a team player and have good organizational and interpersonal skills.

We are offering a pleasant working environment, benefits and competitive salary.

If interested in this exciting opportunity, please forward your résumé and cover letter to the address below:

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# Viewpoint

Worth Repeating ...

How my achievements  
mock me!

— William Shakespeare

**Amendment 1**

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

## — Guest View — Editorial roundup

*Press & Sun-Bulletin, Binghamton, N.Y., on Al Gore and the environment:*

Former Vice President Al Gore can be annoyingly self-righteous in his adopted role as spokesman for Earth, but he does serve to keep the environment in the public conscience. ...

Last week Gore challenged the United States to do away with all carbon-emitting forms of electricity production within 10 years — replacing them with alternatives such as solar, wind and geothermal power, conservation and “clean-coal technology” (which captures and stores all carbon emissions). ...

Gore did not call for an increase in nuclear power, which produces about 20 percent of electricity. Coal-fired plants generate about half; natural gas and hydroelectric dams most of the rest (oil isn't commonly burned for electricity). Renewable sources account for only 3 percent of the nation's electricity.

That 10-year timetable is ambitious bordering on absurd, but as Gore noted the nation went from blowing up rockets on launch pads to putting a man on the moon within that span in the 1960s. ...

He acknowledged that his plan would initially drive energy prices higher but proposed a payroll tax cut to offset those costs.

“I see my role as enlarging the political space in which Senator Obama or Senator McCain can confront this issue as president next year,” Gore said. ...

If the next president does that, Gore's 10-year timetable will become a lot more realistic.

*The Salina (Kan.) Journal, on fuel prices:*

City sidewalks are seeing a lot more foot traffic lately and rising fuel prices are the reason. Ditto for the flood of bicycles, motorized scooters and tiny electric cars we see on city streets.

While they come with a steep price, especially for the poor, these prices have done what Americans should have been doing all along — thinking more about conserving fuel than finding new ways to burn it. Today, we are seeing fuel prices that other countries have had for years, and our streets are starting to reflect their traffic.

Large SUVs are rare sights overseas, partly because of narrow city streets, but also because it costs a fortune in fuel to operate. ...

At long last, we are looking to wind farms for producing electricity, a means that has been employed elsewhere for decades. A massive project is under construction along Interstate Highway 70 west of Salina and news reports highlight the exploding wind-power industry in oil-rich Texas. ...

Sure, the short-term pain of fuel costs is affecting nearly every family and business, especially those lower on the earnings ladder. Fuel costs consume a larger part of their budget and any increase hurts.

But eventually, our society will adjust. In place of the heartburn will come a decrease in our dependence on foreign oil, and ending our reliance on places like Iran will be worth it.

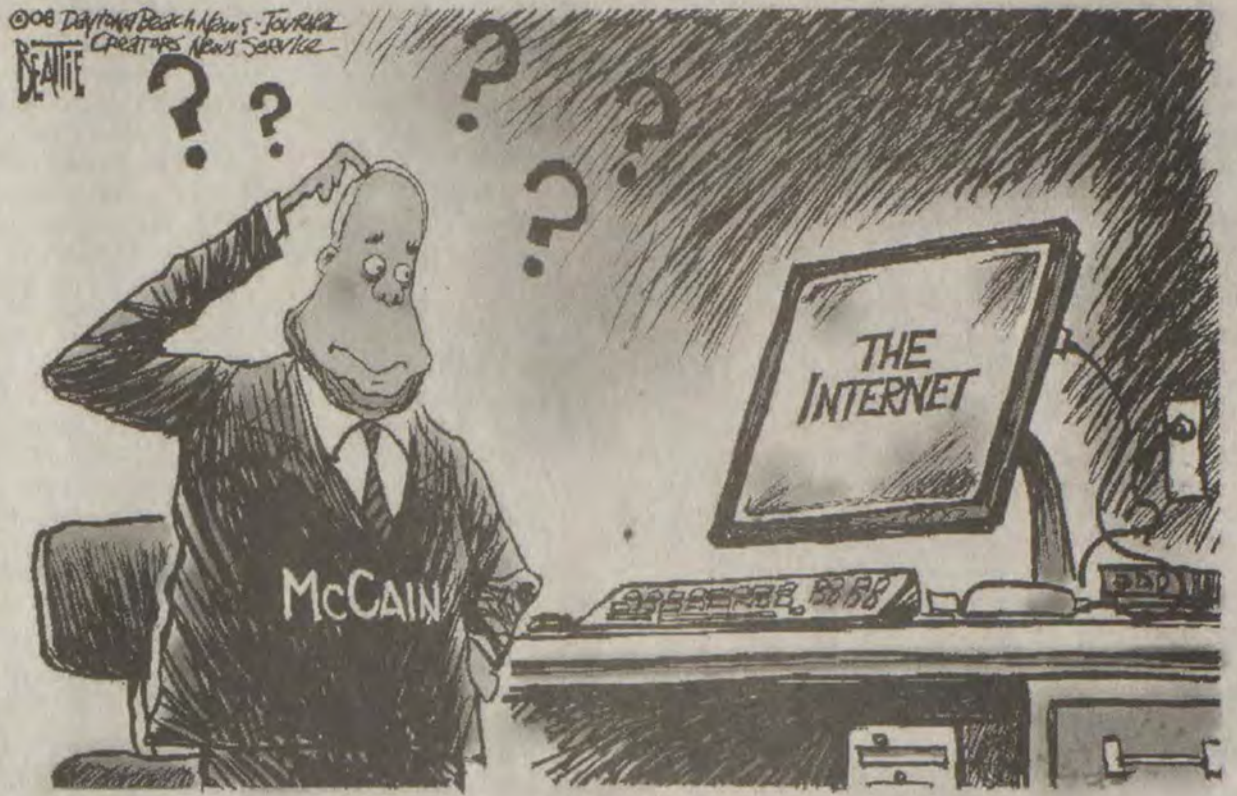
*The Palm Beach (Fla.) Post, on the price of FDA's slow salmonella investigation:*

Florida growers take no consolation from the federal government's announcement last week that all kinds of tomatoes are safe to eat. The damage — more than \$100 million of it — has been done to sales of the state's crop. The fear now is that damage might last longer.

Four months ago, the U.S. Food and Drug Administration pointed to tomatoes as the primary suspect for the salmonella outbreak that was spreading across the country. To date, more than 1,200 people in 42 states have gotten sick from something, but the government can't figure out what. No evidence exists to connect any of the illness with any of the state's produce.

Florida tomato growers correctly blame the FDA for stigmatizing their product without working more closely with the industry early on to trace the problem to its source. It appears that the government jumped to a convenient conclusion under public pressure to come up with an answer — any answer. Tomato sales have plummeted, and growers have no assurance that things will get better with the next harvest. Some farms may switch to other crops in the fall to avoid the risk of more wasted effort and heavy losses. ...

The FDA's inept and irresponsible response to the outbreak cost Florida growers mightily. They want compensation from the government, and they deserve to get it.



A Potential Leader of the Free World Faces Many Daunting Challenges

## — Guest column —

### What's wrong with selling your vote?

by SHELDON RICHMAN

Poor Max Sanders. The 19-year-old University of Minnesota student faces five years in jail and a \$10,000 fine; he is accused of putting his vote in the presidential election up for auction on eBay. He started the bidding at \$10. The charge is bribery, treating, and soliciting.

I'm confused. Aren't all our votes for sale? Each candidate tries to bribe us with future benefits of all sorts. Basically, a campaign is an effort to buy votes wholesale.

Why do you think Barack Obama is “refining” his positions on so many issues? He's in the process of buying the independent votes he needs to win in November. This creates a problem. If he goes too far in buying independent votes, he may have to return votes he already bought from left-leaning Democrats during the primaries. His updated positions on the Iraqi occupation, the death penalty, handgun bans, campaign finance, money for religious groups, and immunity for telecom companies that illegally helped the Bush administration wiretap us without warrants have upset people who thought their vote sales were final. In politics no sales are final.

John McCain may have a bigger problem. He's had trouble buying

votes from the conservative base of the Republican Party. Those voters don't seem eager to sell their votes to him because they don't like what he's promising to pay in return. While McCain is trying to close the deal with conservatives, he also needs to buy votes from independents. That's one of the dilemmas of politics. If you buy votes from, say, fiscal conservatives, you might have a hard time also buying votes from advocates of climate control through cap and trade, which would be a tax on energy production.

Keeping most campaign promises costs money. For politicians, money comes from the taxpayers, who are forced to surrender their cash whether they like it or not. As H.L. Mencken understood, “Every election is a sort of advance auction sale of stolen goods.” So the only difference I see between a politician who buys a vote and an eBay bidder who buys it is that the bidder spends his own money. Since people spend their own money more wisely than they spend other people's, we can conclude that the eBay sale might be preferable.

I'm sure many people were appalled that young Mr. Sanders — eligible to vote in his first presidential election — would even dream of selling his vote. How cynical he is, they must be thinking.

I don't think he's cynical. I think he's naïve.

He thought someone would be willing to buy his vote for \$10 or

more. Why would anyone do that? One vote isn't going to change the outcome of the election. The chance that McCain and Obama will tie in any of the 50 state elections is roughly zero. No single vote will be decisive. So we can be certain that for any voter, on election day it won't matter if he stays in bed.

Now, if a person's one vote doesn't matter, are two votes — his own and the vote he buys — likely to change the outcome of the election? Of course not. Yes, his vote total would increase 100 percent, but that only shows you how misleading percentages can be. It's still only one more. So why would anyone pay \$10 for it? If there is such a person, tell him I have newborn unicorns for sale.

Mr. Sanders's entrepreneurship would have run into other problems. How would the buyer know the vote he purchased was cast for his favorite candidate? There'd be no way to prove it. He'd have to rely on Mr. Sanders's honesty. That strikes me as a big risk to take with a stranger.

But I guess it's no bigger than the risk you take when you trust the honesty of a politician when you sell him your vote.

□□□

Sheldon Richman is senior fellow at The Future of Freedom Foundation, author of *Tethered Citizens: Time to Repeal the Welfare State*, and editor of *The Freeman* magazine.



## Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

# The Times

Published Sunday, Wednesday and Friday each week

263 SOUTH CENTRAL AVENUE  
PRESTONSBURG, KENTUCKY 41653  
Phone: (606) 886-8506  
Fax: (606) 886-3603  
www.floydcountytimes.com

USPS 202-700

Entered as second class matter, June 18, 1927, at the post office at Prestonsburg, Kentucky, under the act of March 3, 1879. Periodicals postage paid at Prestonsburg, Ky.

SUBSCRIPTION RATES PER YEAR:  
In Floyd County: \$59.00  
Outside Floyd County: \$76.00

Postmaster: Send change of address to:  
The Floyd County Times  
P.O. Box 390  
Prestonsburg, Kentucky 41653

**PUBLISHER** Joshua Byers  
jbyers@heartlandpublications.com  
**MANAGING EDITOR** Ralph B. Davis  
web@floydcountytimes.com

**ADVERTISING MANAGER** Jamie Vanhoush  
advertising@floydcountytimes.com

# Acid reflux no longer a simple problem, a risk for cancer

Acid reflux, also known as gastroesophageal reflux disease (GERD), is a very common problem affecting approximately 30 percent of all Americans. In recent years, treatment was felt to be simple; just take a pill and you feel better.

New issues have emerged that require a more comprehensive approach which is offered through the Heartburn

Treatment Center at Highlands Regional Medical Center.

Since 1975, there has been a dramatic increase in the frequency of GERD-caused esophageal cancer, causing great concern among physicians. This deadly cancer has proven to be related to GERD. This disease is typically referred to as heartburn or acid reflux, and new knowledge

changes how this problem should be approached and treated.

Gastroesophageal reflux is caused when the valve between the swallowing tube (esophagus) and stomach malfunctions. This valve, called the lower esophageal sphincter, is essentially too loose in most patients with GERD. The malfunctioning valve allows acid and stom-

ach contents to back up into the esophagus. Patients notice this back up as burning (from the acid) and regurgitation (bitter liquid in the back of the throat).

Regurgitation of stomach contents into the esophagus and throat causes a range of damaging effects. Symptoms include chronic cough, a raspy voice, gagging, damage to tooth enamel, worsening of asthma or emphysema, ear infections, and sleep disturbances. Many patients do not even realize that GERD is the underlying cause of their symptoms. The damaging effects can even occur without any of the "usual" symptoms of "heartburn".

The effects of reflux disease on the esophagus (swallowing tube) itself are more destructive. The repeated injury to the lining of the esophagus causes inflammation, ulcerations and scarring. With prolonged reflux, the lining of the esophagus can become prone to cancer. Acid suppressing medications often help patients feel less burning pain, but do not decrease the risk of developing esophageal cancer. In fact, there is some concern that acid suppression can actually increase the risk of developing precancerous changes in the esophagus. Aggressive research is ongoing.

In the past 30 years, the incidence of reflux-related esophageal cancer in the United

States has risen by 600%. This stunning increase has primarily affected young patients in their 40s, 50s and 60s. The main risk factor for developing esophageal cancer in these patients is longstanding reflux (more than 3-to-5 years). With 30-to-60 million Americans suffering from some degree of reflux, where do we start in the fight against esophageal cancer?

Concerned patients, physicians and scientists are looking for answers. Based on extensive research, a medical textbook was recently published that is entirely devoted to the relationship between reflux and esophageal cancer. Written by Dr. Parakrama Chandrasoma, a professor of pathology at the University of Southern California, the book provides insight as to how physicians can help halt the rise of this devastating disease. It also stresses that when GERD is treated, two goals should be paramount:

■ making the patient feel better, providing relief of symptoms

■ evaluating and addressing Cancer risk. This second goal is often ignored.

With this new knowledge, an up-to-date, state-of-the-art evaluation has been developed focused on the best interest of the patient suffering from GERD, whether 25 years old or 70 years old. This evaluation utilizing the latest technology, as well as, all treatment options are available through the Heartburn Treatment Center at Highlands Regional Medical Center.

Do you, a friend or family member suffer from acid reflux?? To review the full spectrum of safe acid reflux management and have questions answered or an appointment scheduled, call Kim Preston, RN, the specially trained Nurse Coordinator of the Heartburn Treatment Center at Highlands Regional at 606-886-7664. GERD is more than just heartburn. A complete review of symptoms, reflux-related cancer risk and treatment options are essential for all sufferers.

## SALES AWARD

Malcom Layne, left, of Layne Brothers Automotive, posed with John Wiggle, district parts and service manager with American Honda Motor Corp., after his dealership finished in the top 100 of Honda dealers for automotive accessories sales.

photo by Jack Latta



## The verdict on energy foods from around the world

by MARIA NOEL GROVES  
ASSOCIATED PRESS

With bars and beverages that promise to enhance your athletic prowess taking up ever greater chunks of retail real estate, it would be easy to mistake energy foods as a modern phenomenon.

But the belief that consuming special foods can enhance performance can be traced throughout much of human history. And some traditions are a bit better grounded in science than others.

### ANCIENT EUROPE: MEAT AND WINE

During medieval and Renaissance times, it was believed that a person could gain the attributes of a substance by eating it, says Ken Albala, food historian and author of "Eating Right in the Renaissance."

And so boiled meat (or muscle) was the preferred food for athletes and warriors.

While the Greeks believed beef was hard for the average person to digest, they also thought athletes and gladiators had exceptionally strong "digestive fire."

Gladiators also consumed large amounts of barley porridge, which was thought to provide energy and fat to protect them from injury. Their primary energy drink was wine, believed to boost confidence and courage.

VERDICT: Protein can help build muscle and carbohydrates (barley) consumed before competition can improve endurance, but the folks from this era probably indulged excessively.

And while wine may provide "liquid courage," it also impairs muscle re-synthesis and the body's ability to recover post-competition, says Jennifer Sacheck, assistant professor of nutrition at Tufts' Friedman School of Nutrition.

### CHINA AND JAPAN: SOUPS AND HERBS

Many Asian energy foods are broths and soups simmered with specific meats or seafood, vegetables and medicinal herbs, says Li Xu, a doctor of traditional Chinese medicine at Southwest Acupuncture College in Albuquerque, N.M.

Marathon runners will drink soup simmered with a whole turtle. Sumo wrestlers consume vast quantities of chankonabe, a Japanese stew typically made with chicken, fried fish, tofu, vegetables, mushrooms, noodles and rice.

Herbs believed to strengthen resistance to stress traditionally have been simmered into soups, teas and rice dishes.

Chinese and American ginseng, as well as the caterpillar fungus cordyceps, have been popular among athletes and

royalty for centuries. Reishi and shiitake mushrooms, lycium berries, jujube dates, astragalus and codonopsis roots also have consumed as energy foods.

VERDICT: While broths and soups provide easily digested nutrients, modern research on many medicinal herbs is limited, as is understanding of how they might work.

### INDIA: EGG WHITES, WHEAT AND ASHWAGANDHA-INFUSED MILK

According to ayurvedic traditions (India's traditional medicine system), athletes are believed have a fiery constitution. And so cooling, easily digested, nourishing foods and herbs are used to increase their strength and stamina, says Hilary Garivaltis, dean of the Kripalu School of Ayurveda in Stockbridge, Mass.

An athlete's diet may focus on egg whites, wheat, almonds, saffron-infused almond milk, lemon water, milk infused with ashwagandha, an herb believed to improve the ability of the body and mind to cope with stress.

Almonds, milk and saffron are believed to build internal strength, or "ojas."

VERDICT: Partly because of lactose intolerance issues, athletes in many other cultures avoid dairy, consider it to be too congesting. Also, Sacheck says the protein and fat in some dairy products can be slow to digest, making them poor choices prior to competition. But eggs and wheat are good sources of protein and carbohydrates. Though ashwagandha has a long history of use in Indian medicine, clinical research on it is slim.

### NORTH AMERICAN AND EUROPE TODAY: ENERGY DRINKS AND BARS

Today's energy drinks have many ancestors. During the 1800s in the American South, for example, ginseng-infused corn liquor was a popular beverage drunk as a shot. And an Atlanta druggist created Pemberton's French Wine Coca, an energy beverage containing wine, cocaine and kola nut (caffeine). During prohibition the wine was replaced with a sweet syrup and the drink was reborn as Coca-Cola.

More recently the beverage industry has exploded with high-caffeine energy drinks such as Red Bull and electrolyte-laced beverages such as Gatorade and Vitamin Water. This style of drink often sports vitamins, minerals, electrolytes, amino acids, caffeine, herbs and antioxidants.

Modern energy bars also have a long lineage. Native Americans made pemmican, dehydrated cakes of jerky-like meat, fat and wild berries. They provided large amounts of fat and protein for long-term energy.

VERDICT: Sports drinks and energy bars may provide fast energy, nutrients and electrolytes, and provide a boost from caffeine or other ingredients. But experts say they generally aren't critical for sports nutrition and may contain unnecessary calories, sugar and sodium. Electrolytes are mainly important for athletes who may compete for more than an hour at a time, or in very hot conditions, says Sacheck.

### WHO NEEDS WHAT?

The nutritional needs of athlete depend, in large part, on the type of activity they perform, says Sacheck.

Easily-digested carbohydrates in the form of bagels or pasta provide quick energy to

## Kindermusik

with Rebecca Haywood

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# Christmas in July

08

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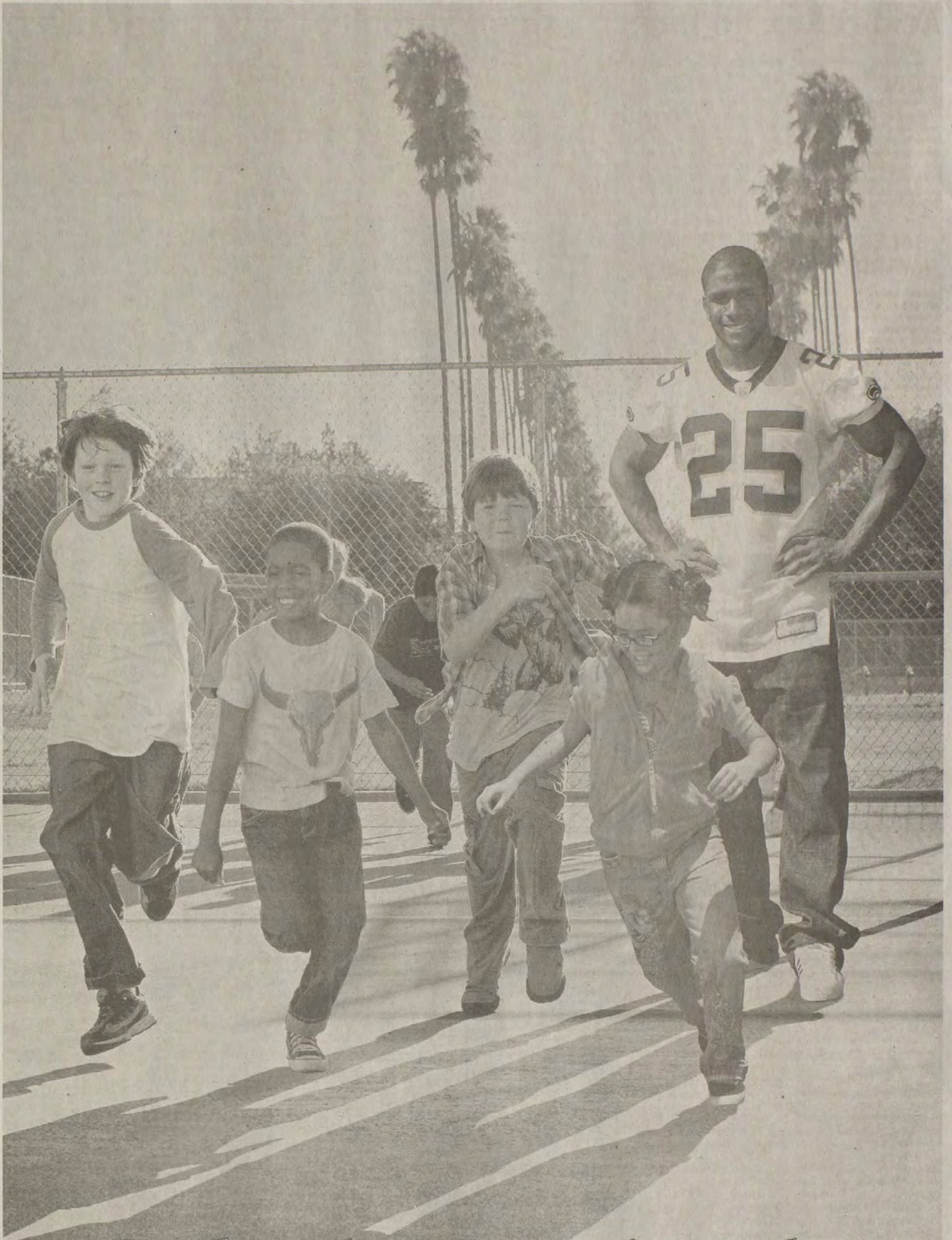
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**Power**

■ Continued from p1

return power as quickly as possible Wednesday morning.

According to Kentucky Power, as of 9 p.m. Tuesday evening, the following outage numbers were estimated by the company.

- Floyd County - 400
- Hazard - 3,900
- Paintsville - 200
- Pikeville - 4,000
- South Williamson - 1,000
- Whitesburg - 50

In a media release Wednesday morning, Kentucky Power cautioned residents to never approach a downed power line.

"No matter how harmless a downed wire may appear it should be considered energized and dangerous," said Ronn Robinson, communica-

tions manager for Kentucky Power.

If they encounter a downed power line, Robinson says, residents should report it to Kentucky Power or notify local emergency or law enforcement officials.

"Never approach anything that comes in contact with a downed power line," said Robinson.

According to Kentucky Power, customers may track outages by visiting their web site at [www.kentuckypower.com](http://www.kentuckypower.com). The site provides outages information county by county.

Kentucky Power is a part of American Electric Power and is responsible for providing electricity to approximately 175,000 customers in most of 20 Eastern Kentucky counties.



photo by Jack Latta  
A traffic accident late Tuesday evening closed Town Branch Road as police and emergency medical workers responded to the situation.

**KSP**

■ Continued from p1

In February of 1948, Kentucky became the 38 state to enact a State Police Act. The act was conceived by Gov. Earl C. Clemens, who cited the need of supplementing the local police departments with a statewide law enforcement agency. The newly formed Kentucky State Police inherited the officers and equipment of the Kentucky Highway Patrol.

Originally starting with an estimated 200 officers, the Kentucky State Police now has 16 posts and close to 1,000 troopers throughout the state. It also has six regional crime labs that provide a variety of forensic support to local law enforcement agencies.

In a press release, Kentucky State Police Commissioner Rodney Brewer said that the 60 anniversary event was a tribute to past and current employees.

"The successes of the Kentucky State Police are many, and the observance of its 60th anniversary is a tribute to all of the past and present employees of the agency, especially the 25 troopers killed in the line of duty," Brewer said.

The crowd in attendance at

the event included both current and retired officers, and the sense of camaraderie was evident as they enjoyed the grilled food that was prepared on site.

Andrea Shepherd, a resident of Betsy Layne, was driving by Post 9 when she noticed the crowd and the vintage anniversary cruiser in the parking lot.

"I just wanted to see what was going on, and I'm glad it's a celebration for the troopers," Shepherd said. "When you think about it, 60 years ago really isn't that long. I can't imagine not having the Kentucky State Police around. It just makes me feel safe to know they are close if anybody needs their help."

As the agency continues to grow with new officers and advanced equipment, current troopers know the importance of remembering the past.

"We were built on the backs and shoulders of the individuals that went before us," Welch said. "Today, the lives of our troopers have been changed by technology. We hope that the next 60 years will be at least as good or better."

**Permits**

■ Continued from p1

required permits, such as one from the Division of Water if you are crossing a creek," Layne added.

Layne said that each county has an inspector who will come to your site and let you know whether a permit is necessary or not. Layne himself is the inspector for Floyd County and can be reached at (606) 433-7791 or toll-free at (877) 433-7791.

There are five people who work with Layne in District 12's Permits Office: Inspectors Susan Holderby (Letcher and Knott counties), Roy Sawyers (Pike County), Brenda Watts (Lawrence, Martin and Johnson counties), Melvin Wilson (deals with billboards and junkyards in all seven counties), and Judy Pafunda, who runs the office and processes everything that Layne and the other inspectors do.

As of July 1, more than 220 applications have been filed for 2008.

Businesses and utility companies are also required to have permits, too. "The state's permit requirements are not just for private individuals. The law applies to everyone," Layne says.

As election season gets ready to return in November, Highway officials also warn residents about signs.

"No signs are allowed on state right of way except those the state installs, such as official highway signs," Layne warned. "Churches and civic groups are exempt under certain guidelines, but they still have to have a permit."

No one is exempt: contractors, utility companies, local government, private individuals, business owners — all have to have permits to cross, go under, or otherwise use state right of way.

"Every encroachment application must be filled out in detail. People and companies have to have a bond. Some businesses, like utility companies, have statewide bonds that cover all their permits. An individual may have a self-insured bond," said Judy Pafunda.

According to Layne, since the Transportation Cabinet is no longer installing private entrance pipes as part of their belt-tightening to reduce expense, the permit process is even more important.

According to officials, installation was previously performed by the state, after an individual bought the pipe and had a proper permit, to ensure proper drainage and water flow. Now, state officials merely monitor the installation of the pipe to insure it is done correctly.

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**ASSEMBLY OF GOD**

**First Assembly of God, Martin;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister.  
**In Victory Assembly of God, West Prestonsburg;** Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.  
**New Bethel Assembly of God, Burning Fork Rd., Salyersville;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.  
**Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

**BAPTIST**

**Allen First Baptist, Allen;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.  
**Auxier Freewill Baptist, Auxier;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.  
**Ball Branch Regular Baptist Church, Moushey Ky;** Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor. Contact Kemit Newsome 606-377-6891 for more information.  
**Benedict Baptist, Slick Rock Branch, Cow Creek;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.  
**Betsy Layne Free Will Baptist, Betsy Layne;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.  
**Big Sandy Community and Technical College Baptist Student Union, J 102;** Wednesday, 11:30 a.m.; Vera Joiner, 886-3863, ext. 67267.  
**Bonanza Freewill Baptist, Abbott Creek Road, Bonanza;** Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.  
**Brandy Keg Freewill Baptist, Corn Fork;** Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.  
**Calvary Southern Baptist, Betsy Layne;** Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.  
**Community Freewill Baptist, Goble Roberts Addition;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.  
**Cow Creek Freewill Baptist, Cow Creek;** Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathon Lafferty, Minister.  
**Daniels Creek Baptist Fellowship Church of God, Banner;** Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.  
**Drift Freewill Baptist, Drift;** Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister.  
**Endicott Freewill Baptist, Buffalo;** Sun. School, 10 a.m.; Church every Sun. Morning 11:00 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; First Sat. evening Service, All Welcome 7 p.m. Pastor Mark Hunt, 606-478-2698  
**Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin;** Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wireman.  
**Faith Freewill Baptist, 1/4 mile above Worldwide Egmt. on Rt. 1428;** Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Elder Donnie Patrick and Buddy Jones, Ministers.  
**First Baptist, Garrett;** Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.  
**First Baptist, Martin;** Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Graydon Howard, Minister.  
**First Baptist, Prestonsburg, 157 South Front Street;** Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minister.  
**Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410;** Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.  
**Free United Baptist, West Prestonsburg;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 7 p.m.  
**Free United Baptist, West Prestonsburg;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.  
**Grethel Baptist, State Rt. 3379, (Branham's Creek Rd.);** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

**Garrett Regular Baptist, Route 550, Garrett;** Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Grace, pastor; Asst. Larry Patton. Phone 358-4275.  
**Highland Avenue Freewill Baptist;** Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.  
**Jacks Creek Baptist, Bevinville;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trusty.  
**Katy Friend Freewill Baptist, 2 miles up Abbott;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor.  
**Lackey Freewill Baptist, Lackey;** Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.  
**Lancer Baptist Church; 71 Cooley St., Prestonsburg;** Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m., Evening Woshp. 6:00 p.m., Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter  
**Left Beaver Regular Baptist Church across from Garth School; 4th** Saturday & Sunday 10:00 am. Odd Saturday 6:00 pm; Gary Compton, Pastor.  
**Liberty Baptist, Denver;** Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.  
**Ligon Community Freewill Baptist, Ligon;** Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.  
**Little Rosa Regular Baptist Church of Jesus Christ, (Indian Bottom Association) Services: 1st Saturday & Sunday** of every month 9:30 a.m., 3rd Sunday 9:30 a.m., Odd Sunday 9:30 a.m.  
**Martin Branch Freewill Baptist, Estill;** Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.  
**Martin Freewill Baptist, Martin;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.  
**Maytown First Baptist, Main St., Maytown;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.  
**McDowell First Baptist, McDowell;** Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.  
**Middle Creek Baptist, Blue River;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Eugene Cook, Minister.  
**Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg;** Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home phone 285-3395  
**Pleasant Home Baptist, Water Gap Road, Lanoar;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.  
**Prater Creek Baptist, Banner;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; J.B. Hall, Pastor. Phone: (606) 874-3222.  
**Rock Fork Freewill Baptist; Garrett;** Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.  
**Rock Fork Regular Baptist, Garrett;** Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Grace Jr., Assistant Pastor.  
**Salt Lick United Baptist, Salt Lick, Hueysville;** Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123.  
**Sammy Clark Branch Freewill Baptist, Dana;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.  
**Stephens Branch Missionary Baptist, Stephens Branch;** Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.  
**The Third Avenue Freewill Baptist;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Phillip Ramey, Pastor.  
**Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers);** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.,

**Devotional Spotlight**  
**Lancer Baptist Church**  
Bobby Carpenter Pastor  
Sunday School 10:00 a.m.  
Sunday Worship 11:00 a.m.  
Evening Worship 6:00 p.m.  
Wednesday 7:00 p.m.  
Attention Church Organizations, send in a picture of your church, pastor, or youth leaders.

Wednesday, 7 p.m.; Chuck Ferguson, Minister.  
**Tom Moore Memorial Freewill Baptist;** Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.  
**Trimble Chapel Freewill Baptist;** Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m., Youth Services 7 p.m.; Everyone Welcome.  
**United Community Baptist, Hwy. 7, Hueysville;** Worship Service, 2 p.m.; Friday, 7 p.m.; Carlos Bevely, Minister.  
**Wheelwright Freewill Baptist, Wheelwright Junction;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferran, Minister.  
**CATHOLIC**  
**St. Martha, Water Gap, Mass;** Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday; Father Robert Damron, pastor.  
**CHRISTIAN**  
**First Christian, 560 North Arnold Avenue;** Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.  
**Victory Christian Ministries, 1428 E.;** Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sherm Williams, Minister.  
**CHURCH OF CHRIST**  
**Betsy Layne Church of Christ, Betsy Layne;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.  
**Prestonsburg Church of Christ, 88 Hwy. 1428;** Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.  
**Harold Church of Christ, Harold;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister.  
**Highland Church of Christ, Rt. 23, Hager Hill;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.  
**Hueysville Church of Christ;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.  
**Lower Toler Church of Christ, Harold;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonnie Meade, Minister.  
**Mare Creek Church of Christ, Starville;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.  
**Martin Church of Christ, Martin;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m. Gary Mitchell, Minister.  
**Maytown Church of Christ, 66 Turkey Creek Rd., Langley;** Sunday Bible Study 10:00 a.m., Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible Study 6:00 p.m.  
**Upper Toler Church of Christ, 3.5 miles up Toler Creek on right;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy Dale Bush, Minister.  
**Weeksbury Church of Christ;** Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m. Mike Hall, Minister.  
**CHURCH OF GOD**  
**Betsy Layne Church of God, Old U.S. 23;** Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.  
**Community Church of God, Arkansas Creek, Martin;** Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.  
**First Church of God;** Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.  
**Garrett Church of God, Garrett;** Sunday School, 10 a.m.; Worship Service, 11 a.m.; Family Training Hour - Thursday 7 p.m., Bill B. Tussey Jr, Pastor  
**Landmark Church of God, Goble Roberts Addition;** Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.  
**Little Paint First Church of God, 671 Little Paint Road, East Point;** Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Heater Jr., Minister.  
**The Ligon Church of God of Prophecy, Saturday Services, 7:00** p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.  
**EPISCOPAL**  
**St. James Episcopal;** Sunday Service, 9:45 a.m.; Holy Eucharist 11:00 a.m. Wednesday Study Group 6:00p.m., Holy Eucharist & Healing 7:30 p.m. Father Johnnie E. Ross, Rector.  
**LUTHERAN**  
**Our Savior Lutheran, Sipp Bayes Room Carriage House Motel,** Paintsville; Sunday Service, 11 a.m.; WKLW (600 am) 12:05 p.m.; Rolland Bentrup, Minister.  
**METHODIST**  
**Auxier United Methodist, Auxier;** Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Garfield Potter, Minister.  
**Betsy Layne United Methodist, next to B.L. Gymnasium;** Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.  
**Allen Christ United Methodist, Allen;** Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.  
**Community United Methodist, 147 Burke Avenue (off University Drive and Neely St.);** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Glen "Sandy" Douglass, Rev.  
**Elliott's Chapel Free Methodist, Rt. 979, Beaver;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.  
**Emma United Methodist, Emma;** Sunday School 10 a.m., Sunday Worship Service 11 a.m.; Pastor David Proffit.  
**First United Methodist, 256 South Arnold Avenue;** Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev Jim Adams, Pastor.  
**Horn Chapel Methodist, Auxier Road, Auxier;** Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Mid-week Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Larry J. Penix, Minister.  
**Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.;** Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.  
**Salisbury United Methodist, Printer;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.  
**Wayland United Methodist, Rt. 7, Wayland;** Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.  
**Wheelwright United Methodist, Wheelwright;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.  
**Vogle Day United Methodist Church, Harold;** Sunday School,

10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor.  
**Drift Pentecostal, Drift;** Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.  
**Free Pentecostal Church of God, Rt. 1428, East Point;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister.  
**Free Pentecostal Church of God, Weeksbury;** Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John "Jay" Patton, Minister.  
**Free Pentecostal Deliverance, Ext. 46 off Mt. Parkway at Campton;** Worship Service, Saturday and Sunday, 7 p.m.; Patricia Cridar, Minister.  
**Free Pentecostal Holiness, Rt. 122, Upper Burton;** Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis Sarlan, Minister; David Pike, Associate Minister.  
**Goodloe Pentecostal, Rt. 850, David;** Worship Service, 6 p.m.; Malcolm Stone, Minister.  
**Parkway First Calvary Pentecostal, Floyd and Magoffin County Line;** Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister. 297-6262.  
**Trinity Chapel Pentecostal Holiness, Main St., Martin;** Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Ellis J. Stevens, Minister.  
**Free Pentecostal Church, Dvale;** Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

**PRESBYTERIAN**

**Drift Presbyterian, Route 1101, Drift;** Worship Service, 11 a.m.  
**First Presbyterian, North Lake Drive;** Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev. Vicki Poole, pastor.

**SEVENTH DAY ADVENTIST**

**Seventh-Day Adventist, 5 miles West on Mountain Parkway;** Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3459, leave message. Everyone welcome!

**THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS**

**The Church of Jesus Christ of Latter-Day Saints; Sacramento** Mtg. 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Presthood/Primary, 12:00 p.m.; Wednesday, 6 p.m.; Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Ken Carriere, Bishop.

**OTHER**

**Pastor Atha Johnson** welcomes everyone to attend services at the **CHURCH OF GOD OF PROPHECY TRAM KENTUCKY.** Sunday school 10 a.m., Worship service 11 a.m.  
**Drift Independent, Drift;** Sunday, 11 a.m.; Thursday, 6:30 p.m.  
**Grace Fellowship Prestonsburg, (next to old flea market),** Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukanberg, Pastor 889-0905.  
**Faith Deliverance Tabernacle, West Prestonsburg;** Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.  
**Faith 2 Faith, Harkins Ave., West Prestonsburg;** Sunday School, 10 a.m.; Worship service, 11 a.m. and 6 p.m.; Thurs., 7 p.m. Randy Hagens, Minister. 886-9460.  
**Faith Fellowship, Allen Ky. Sun. School, 10 a.m.;** Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed., 7 p.m. Carl & Missy Woods, Pastors.  
**Faith Worship Center, US 460, Paintsville;** Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.  
**Full Gospel Community, (formerly of Martin) moved to Old Allen;** Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 pm.; Lavonne Lafferty, Minister.  
**Lighthouse Temple, Main St. and Hall St.;** Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.  
**Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge;** Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor: Curt Howard.  
**Martin House of Worship, Old Post Office St.;** Worship Service, 7 p.m., Saturday/Sunday.  
**Old Time Holiness, 2 miles up Arkansas Creek;** Martin, Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.  
**Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg;** Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-1003.  
**Town Branch Church;** Sunday School 10 a.m. except for first Sunday in each month; Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.  
**The Father House, Big Branch, Abbott Creek;** Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.  
**The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator,** 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Aiken.  
**Youth Fellowship Center, Wheelwright;** Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.  
**Zion Deliverance, Wayland;** Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayer Line: 358-2001; Darlene W. Arnette, Pastor  
**Taylor Chapel Community Church, formerly the old Price Food Service building, located 1/4 quarter mile above Worldwide Equipment, Rt. 1428. Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m. Kenny Vanderpool, Pastor.**  
**International Pentecostal Holiness Church, 10974 N. Main St.,** Martin. Rev. Ellis J. Stevens, Senior Pastor.  
**Rising Sun Ministries, 78 Court Street, Allen, Ky.;** Sunday, 10:30 a.m.; Wednesday, 6:30 p.m. Pastor: D.P. Curry.  
**Church of God of Prophecy, Sunday School 10 a.m.,** Worship Service 11 a.m., Sunday Night - 6 p.m., Wednesday Night - 6 p.m. Pastor Glenn Hayes. West Prestonsburg.  
House of Refuge, Rock Fork; Sunday Evening Worship 6 pm, Monday Bible Study 7:30 pm, Wednesday Prayer Meeting 7:30 pm, Bill B. Tussey, Pastor

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# Faith and Family



### KIM'S KORNER

## An unusual service

A few years ago, there was a story floating around titled, "The Sermon," by an unknown author, and I shared it in this space.

After leaving one of our local businesses this week, a gentleman approached me asking if I could reprint this particular story.

So here goes. Hope you enjoy!

"As a young minister, I was asked by a funeral director to hold a graveside service for a derelict man who had died while traveling through the area with no family or friends. The funeral was held way back in the country. This man would be the first to be laid to rest at this cemetery.

"As I was not familiar with the backwoods area, I became lost. Being the typical man, I didn't stop for directions. I finally arrived an hour late and saw the crew and backhoe, but the hearse was nowhere in sight. The workmen were eating lunch.

"I apologized to the workers (who looked puzzled) for my tardiness. I stepped to the side of the open grave to find the vault lid already in place. I assured the workers I would not hold them long, but this was the proper thing to do.

"As the workers gathered around, still eating their lunch, I poured out my heart and soul. As I preached, the workers began to say 'Amen. Praise the Lord and Glory.' I preached and I preached like I'd never preached before. I began from Genesis all the way to Revelation. I preached for two hours and 45 minutes. It was a long and lengthy service. I closed in prayer and it was finished.

"As I was walking to my car, I felt that I had done my duty and would leave with a renewed sense of purpose and dedication, in spite of my tardiness.

"As I opened the door and took off my coat, I overheard one of the workers say to another, 'I've been putting in septic tanks for 20 years, and I ain't never seen anything like this before.'"

"Til next week, laughter most definitely can be good medicine. God bless.



Kim Little Frasure

## Riverview hosts second annual vacation Bible school

PRESTONSBURG — Riverview Health Care Center recently celebrated its second annual week-long vacation Bible school for the community, residents and stakeholders.

Richard Greene, the full-time Chaplain, and the Quality of Life team worked together to make this evening program a success and truly intergenerational. The school consists of two classes — one for the children of the community and an adult class that is offered to residents and stakeholders.

This year's turnout was even better than the first Annual VBS — 23 children and 13 residents. The children and residents enjoyed the music, games, and prizes all while learning.

Riverview Health Care Center is a 120-bed nursing facility located on a 12-acre campus on South Lake Drive, which has a Chaplain Program, Quality of Life Program and a Therapy Program offering speech, physical and occupational therapy to serve the residents.

Missy Allen, administrator, expressed her excitement about the VBS program: "Riverview is proud to have an excellent therapy/rehabilitation department, a dynamic Quality of Life program, and now our Vacation Bible School."

E. Joseph Steier III, president and CEO of Signature HealthCARE, strongly supports spirituality in the workplace. "We brought personal spirituality back to the front of our organization through our chaplain program and stakeholder diversity focus causing a tremendous increase in resident outcomes and as a result we have earned trust among the community and stakeholders," Steier said.

Signature HealthCARE, headquartered in Palm Beach Gardens, Fla., is a family-based organization that is revolutionizing the long-term care industry through a culture of resident-centered health care services, personalized spirituality, quality of life initiatives and employee development and empowerment. With 64 facilities operated and managed by its affiliates in seven



Riverview Health Care Center recently held its second annual vacation Bible school for children, residents and stakeholders.



states, including 16 in the great state of Kentucky, Signature HealthCARE is redefining care by earning the trust of every resident, family and community it serves.



## Dobson beats out Howard Stern for radio honor

COLORADO SPRINGS, Colo. — Conservative Christian broadcaster James Dobson beat out shock-jock Howard Stern and others in national online balloting for induction into the National Radio Hall of Fame.

Dobson's Focus on the Family radio program is the first religious program to receive the honor, started in 1992 by the Chicago-based Museum of Broadcast Communications.

He joins a class of eight also headlined by Art Bell, host of a paranormal-themed AM radio show. Those who did not make the cut included Stern, Dr. Laura Schlessinger and Bob Costas.

Dobson was chosen in the "national active" category, which required a national broadcast contribution of at least 10 years. Orson Welles, Jack Benny, Paul Harvey and Rush Limbaugh are among the past honorees.

"Our radio program has not been a solo effort," Dobson said in a statement. "It has been a symphony performed by more than 10,000 people over the past 32 years. I am indebted to them all."

The program airs on more than 3,000 North American stations and in 27 languages in

160 countries. A gay rights organization, TruthWinsOut.org, opposed Dobson's nomination and has vowed to stage a protest at the induction, which is set for Nov. 8.

Divorce is not of God... Sometimes we get in a situation out of our control.

Know you are not alone.

God never leaves us nor forsakes us. He came so that we may have life and have it more abundantly.

With God all things are possible.

If we are faithful to Him He will restore everything to us that Satan meant for our harm.

Know there is hope for your future.

**Divorce Ministry**  
Faith Fellowship Church  
Allen, KY  
Tuesday Evenings @ 7:00 p.m.

- Group discussion...Videos and Workbook
- Confidential.

Classes will begin first Tuesday in August

To register send name, phone and email address to:  
**ANGIE COLLINS**  
P.O. Box 668, Allen, KY 41601  
or Call 422-4092  
or email:  
angiecollins2003@yahoo.com



## Perfect attendance in Sunday school

Elena Fouts, a 2008 graduate of South Floyd high School, has also achieved another big accomplishment. She has exercised her faith in Jesus Christ by not missing a single Sunday school session at Burton Pentecostal Church in eight years.

**Riverview Health Care Center**  
Prestonsburg, KY

**SPIRITUALITY**

- Church Services
  - Morning Worship
  - Afternoon Services
- Vacation Bible School
- Bible Study
- On-site Chaplain
- 24-hr. Chapel
  - Tuesday, 10:15
  - Wednesday, 10:15
  - Thursday, 10:15/11:15
  - Friday (3rd), 2:00
  - Sundays, 2:00

**QUALITY OF LIFE**

- Bowling
- Picnics
- Mall Shopping
- Baseball Games
- Dining Out with Friends
- Bingo
- Theme Days

**THERAPY**

- Neuromuscular re-education
- Therapeutic exercise
- Therapeutic activity
- Wheelchair management
- Gait training
- Orthotic and prosthetic training
- Ultrasound and electrical stimulation
- Adaptive equipment utilization
- Daily living re-education
- Orthopaedic rehabilitation
- Speech language and swallowing
- Cognitive retraining

**NURSING**

- IV Therapy
- Wound Care
- Enteral Feedings
- 24-hr. Nursing Care
- Respiratory Care
- Diabetes Care
- Nutritional Services

**RIVERVIEW HEALTH CARE CENTER**  
"Honoring Our Community One Resident at A Time"

## ELEGANT ENTERTAINING MADE SIMPLE

FAMILY FEATURES

*Cooking* shouldn't be a chore; it should be a celebration. To help achieve that, Chef Michael Chiarello has created some new recipes with Progresso broth and panko bread crumbs.

"Any chef knows that the secret to truly great cooking is not any special technique," says Chiarello. "To create incredible meals, all you need is high quality ingredients." Starting with a delicious wine is another way to turn any meal into a celebration. Let your evening shine with award-winning Cavit Collection wines and cook up your own perfect meal with these and all of Michael's recipes at ProgressoFoods.com. For more wine suggestions visit CavitCollection.com.



# Deliziosa!



## Angry Shrimp with Tuscan White Beans

## INGREDIENTS

**Bean Mixture**

1 can (19 oz) Progresso cannellini beans, drained, rinsed  
2 tablespoons extra-virgin olive oil  
3/4 cup Progresso chicken broth  
1 tablespoon lemon juice  
1 tablespoon chopped fresh Italian (flat-leaf) parsley

**Coating Mixture**

1 cup all-purpose flour  
4 1/2 teaspoons California chili powder  
1 tablespoon coarse sea salt (gray salt)  
1 teaspoon freshly ground black pepper  
1 egg  
1 cup Progresso panko bread crumbs

**Shrimp Mixture**

16 large uncooked shrimp, peeled (tail shells left on), deveined  
1/3 to 1/2 cup extra-virgin olive oil  
4 cloves garlic, thinly sliced  
1 small serrano chile, thinly sliced  
1 cup fresh whole basil leaves  
1 1/2 teaspoons grated orange peel  
Additional extra-virgin olive oil

## DIRECTIONS

- In small saucepan, heat beans, 2 tablespoons olive oil and the chicken broth to boiling. Reduce heat to low to keep mixture warm. (Lemon juice and parsley will be added later.)
- In small bowl, mix flour, chili powder, 1 tablespoon salt and 1 teaspoon pepper. In another small bowl, beat egg lightly. In third small bowl, place bread crumbs.
- Coat shrimp with flour mixture, shaking off excess; next dip shrimp into egg and then coat with bread crumbs. In 10-inch skillet, heat 1/3 cup of the oil over high heat. Add shrimp to skillet in single layer. (Do not toss or move shrimp.) Cook about 3 minutes. Turn shrimp over; cook until browned. Remove shrimp from skillet to cookie sheet.
- Add garlic to hot oil in skillet; cook and stir until light brown, adding more oil if necessary. Add chile; cook until soft. Carefully add basil (water in skillet will pop). Cook 45 to 60 seconds or until crisp.
- Meanwhile, stir lemon juice and parsley into bean mixture in saucepan; season to taste with additional salt and pepper.
- Stir orange peel into basil mixture in skillet. Remove from heat. Return shrimp to skillet; toss to combine.
- Spoon bean mixture onto platter or individual plates. Drizzle with olive oil. Top with shrimp; spoon some of basil mixture with some of its oil over top.

4 servings

**Wine Pairing:**  
**Cavit Riesling**

Vibrant with luscious aromas and flavors. Crisp and well-balanced with just a hint of sweetness.



## Home-Style Minestrone

## INGREDIENTS

1/4 cup extra-virgin olive oil  
6 medium cloves garlic, chopped  
2 cups finely chopped yellow onions (2 small)  
1 cup diced celery (2 medium stalks)  
1 cup diced carrots (2 medium)  
1 tablespoon finely chopped fresh rosemary or thyme leaves  
1 can (15 oz) Progresso cannellini beans, drained  
1 1/2 cups undrained Progresso diced tomatoes (half of a 28-oz can)  
4 cups diced green or yellow zucchini (5 small)  
1 cup uncooked tubetti pasta or other small tube pasta (4 oz)  
2 cartons (32 oz each) Progresso reduced-sodium chicken broth  
Salt and freshly ground black pepper, if desired  
1/2 cup shredded Parmesan cheese

## DIRECTIONS

- In 6-quart stockpot, heat oil over medium-high heat. Add garlic; cook and stir until garlic begins to brown. Stir in onions, celery and carrots; cook 8 to 10 minutes, stirring occasionally, until vegetables are tender.
- Stir in rosemary, beans, tomatoes, zucchini, pasta and broth; heat to boiling. Reduce heat.
- Cover; simmer about 20 minutes or until pasta is tender. Season with salt and pepper. Serve with cheese.

10 servings (about 1 1/2 cups each)



**Wine Pairing:**  
**Cavit Cabernet Sauvignon**  
A polished, rich and complex Cabernet. Medium-bodied with well-delineated fruit, smooth tannins and a clean, graceful finish.

## Turkey Polpettone

## INGREDIENTS

**Patties**

1 lb ground turkey  
1/2 cup Progresso Italian style bread crumbs  
2 tablespoons thinly sliced green onions  
1 egg yolk  
2 teaspoons chopped fresh sage leaves  
1 1/2 teaspoons finely grated lemon peel  
1/2 teaspoon Worcestershire sauce  
1 teaspoon sea salt, preferably gray salt  
Freshly ground black pepper  
2 oz whole-milk mozzarella cheese, cut into 4 equal pieces

**Coating**

1/2 cup all-purpose flour seasoned with salt and pepper  
1 cup Progresso panko bread crumbs  
1 egg  
Olive oil for frying

## DIRECTIONS

- Heat oven to 350°F. Place turkey in large bowl. Add remaining burger ingredients except cheese; work in gently by hand. Divide mixture into 8 equal pieces. Flatten each piece into round patty. Top 4 of the patties with a piece of cheese and then with second patty. By hand, press edges together to seal and make patties of even thickness.
- On separate sheets of waxed paper, place seasoned flour and panko bread crumbs. In shallow bowl, beat egg lightly. Coat patties lightly with flour mixture, next dip into egg and then coat with bread crumbs, pressing crumbs gently onto patties.
- Heat 10-inch ovenproof skillet over medium heat. Add enough olive oil until 1/8 inch deep. When oil is hot, add patties. Cook about 1 1/2 minutes until nicely browned, then turn and cook other sides 1 to 2 minutes or until browned. Place skillet with patties in oven; bake about 10 minutes until turkey is no longer pink in center. Serve patties with Radicchio Salad, if desired. Visit Progressofoods.com for the Radicchio Salad recipe.

4 servings

**Wine Pairing:**  
**Cavit Pinot Noir or Cavit Merlot**

Silky smooth with well-defined fruit aromas and flavors redolent of red berries and cherry. America's #1 Pinot Noir.\*  
A lush, supple Merlot with seamless texture and balance. Beguiling aromas and flavors of red fruit with accents of herbs.

\*Nielsen 52 weeks ending 4-5-08 FDL

# FLOYD COUNTY Sports

## Battle of the Bluegrass Tour set to visit PRP

TIMES STAFF REPORT

LOUISVILLE - The O'Reilly Battle of the Bluegrass DirtCar Series presented by Graphic Impressions will return to action on Saturday with its only visit to the Buckeye State in 2008 at Portsmouth Raceway Park in Portsmouth, Ohio. The travelers with America's most competitive touring regional Super Late Model series will be in action for the Grover Race Engines 40. The Late Model feature race will pay \$3,000-to-win.

The July 26 racing event will

feature a full program of practice, Racing Optics time trials, Wayne Bowen Racing Supply, K&N Performance Engineering, Graphic Impressions and Real Racing Wheels qualifying heats, B-Mains, and the \$3,000-to-win Grover Race Engines 40 O'Reilly A-Main event. Local divisions in action will include Modifieds, Limited Late Models and Bombers.

Activities for the Portsmouth Raceway Park event will see the pit and general admission areas open at 4 p.m. The drivers meeting will take place at 6:15 p.m. Practice is set to begin at

6:30 p.m. The practice session will be followed by Racing Optics time trials at 7 p.m. Racing is set for 8 p.m. Ticket prices for this event will \$15 in the general admission area and \$25 in the pit area.

The O'Reilly Battle of the Bluegrass DirtCar Series Super Late Model division has made one previous appearance at Portsmouth Raceway Park. In May of 2007, Audie Swartz of Minford, Ohio won the Junior Stephens Memorial race - a BoB-promoted event - at PRP.

The O'Reilly A-Main purse for the Saturday July 26 event at Portsmouth Raceway Park is

as follows: 1st-\$3,000, 2nd-\$1,500, 3rd-\$1,000, 4th-\$800, 5th-\$750, 6th-\$700, 7th-\$650, 8th-\$600, 9th-\$550, 10th-\$500, 11th-\$450, 12th-\$400, 13th-\$350, 14th-\$350, 15th-\$325, 16th-\$325, 17th-22nd-\$300, 23rd-24th-\$250.

Portsmouth Raceway Park is located 1.0 miles west of Portsmouth off Rt. 52 & 73/104. The track is a 3/8-mile high-banked clay oval that is promoted by Donna Rayburn and Chuck Greenslate. For more information, go online to www.portsraceway.com or call 704-354-3278 on raceday.



photo by Chris Belcher/201 Speedway  
LATE MODEL DRIVER JIMMY PERKINS made his way around 201 Speedway Saturday night during qualifying. Floyd County native Chuckie May owns the Johnson County dirt track.

## Relaxing - with the Reds

by RICK BENTLEY  
TIMES COLUMNIST

CINCINNATI - On days like this, I'll be the first to admit that God has openly blessed us, allowing us to see and do things that 99 percent of sports fans never get to enjoy. I understand that, and like to, in some small way, share the experience with you. Today we'll make that effort.

Cousin Brian and I spent Tuesday and Wednesday at Great American Ball Park, working on a couple of features we've been wanting to do. Brian does a solid job with a camera in his hands, and as long as he's up here with me I don't have to worry about him turning my water off.

Tradition is huge in Cincinnati, a fact that was evident during last weekend's hall of fame activities. It's also evident in the tunnel leading from the Reds clubhouse to the dugout, where huge banners hang honoring the five World Championship teams. The Reds, of course, won titles in 1919 - a championship overshadowed by the club they beat that year, the Black Sox of Shoeless Joe Jackson fame - 1940, the 1975-76 Big Red Machine titles and the 1990 crown.

We got to the park early on Tuesday for one of our features, arriving around 3:45 for a 7:10 start. Shortly after our arrival, batting coach Brook Jacoby and first-base coach Billy Hatcher emerged from the clubhouse, followed closely by a couple of the night's reserves in first baseman Joey Votto and shortstop Jolbert Cabrera. Both got some extra swings in, and soon were joined by injured utility player Jerry Hairston Jr.

Before long, the clubhouse emptied for what turned out to be an eventful round of batting practice, what with pitcher Josh Fogg taking one on the lip resulting in 30 stitches and being scratched from tonight's start.

The press box is open, spacious and fairly large - four tiered, with plenty of power outlets, TV monitors and wireless internet. A

surprisingly high number of writers and broadcasters are spread out in the facility, about 25 in all. On Wednesday, that number included former umpire Bruce Froemming, who retired after the 2007 campaign as the longest-tenured umpire in major league history with 37 seasons to his credit.

(See REDS, page two)



## Warren earns TR top driver award

by EDDIE BLAIR  
CONTRIBUTING WRITER

PRESTONSBURG - For 20 year old driver Ridge Warren the move from Illinois paid off this summer, as he captured his first driving title at the Thunder Ridge harness racing meet. Warren traveled to Kentucky this summer to drive primarily for the large stable of top trainer Brian Loney. Although veteran driver Bobby Wilson led in the driver standings for most of the meet, Warren got hot in the final two weeks to edge Wilson by 3 wins. Warren only began driving full time in November of 2007. On the final day of racing, Warren also took 7-year-old gelding My Roomie to the winner's circle posting the fastest mile of the meet in a sizzling 154.4 mile in the Open Handicap.

Eddie Blair covers harness racing for The Floyd County Times.



## Kinzer starts 12th, finishes eighth

by STEVE LeMASTER  
SPORTS EDITOR

CROSSVILLE, Tenn. - Chris Madden of Gray Court, SC nabbed his fourth victory on the seventh leg of the O'Reilly Southern Nationals tour Tuesday night at the Crossville Raceway to pull back into a tie for the points lead with fellow South Carolina driver Dennis Franklin of Gaffney. Three events remain in the 2008 season.

Allan driver Brandon Kinzer, who started 12th, finished eighth.

Madden took control with just three laps remaining in the 35-lap race with race-long leader Anthony White's departure and he outran his rival Franklin to the finish line. Only Madden and Franklin have reached victory lane on the tour, promoted by North Carolina driver Ray Cook. Polesitter Rick Rogers of Knoxville, Tenn. finished

third followed by Ronnie Lee Hollingsworth of Northport, Ala. and Billy Ogle Jr. (Knoxville). White, who started outside the front row, was listed 14th in the final rundown. The feature event was slowed by five cautions, including two in the final three laps. Results of O'Reilly Southern Nationals Series Event 7 of 10 at Crossville Raceway USA (Crossville, Tennessee) on Tuesday, July 22 follow.

Car Count: 29. Final Rundown: 1. (3) Chris Madden, \$3,500; 2. (4) Dennis Franklin \$2,000; 3. (1) Rick Rogers, \$1,200; 4. (5) Ronnie Lee Hollingsworth, \$800; 5. (9) Billy Ogle, Jr., \$600; 6. (10) Tony Knowles, \$580; 7. (13) Victor Lee, \$570; 8. (12) Brandon Kinzer, \$560;

9. (17) Ronnie Johnson, \$550; 10. (16) Brian Booze, \$540; 11. (14) Vic Hill, \$530; 12. (18) April Farmer, \$520; 13. (20) Brett Wyatt, \$510; 14. (2) Anthony White, \$500; 15. (15) Anthony Burroughs, \$495; 16. (19) Shon Flanary, \$490; 17. (22) Junior Brown, \$485; 18. (21) Daniel Baggerly, \$480; 19. (7) Ethan Hunter, \$475; 20. (11) Randy Weaver, \$470; 21. (8) Skip Arp, \$465; 22. (6) Tommy Kerr, \$460; 23. (23) Brandon Williams, \$455; 24. (24) Bryan Hendrix, \$450.

Integra Shocks Fast Qualifier (\$100): Rick Rogers, 12.126. Lap Leaders: Anthony White (1-32), Chris Madden (33-35). Cautions: 5 (Laps 7, 18, 24, 33, 33). PPM Racing Products Hard Charger of

the Race (\$50): Ronnie Johnson (17th to 9th). Barry Wright Race Cars Highest Finisher (\$100.00): Dennis Franklin. Rocket Chassis Highest Finisher (\$100): Billy Ogle, Jr. GRT Race Cars Highest Finisher (\$100): Brandon Kinzer. Delfh Communications Highest Finisher (\$50): Chris Madden. Wilwood Tough Brake Award (\$50): Fred Flatt.

American Racer Tires B-Main (Top Seven Advance): Randy Weaver, Victor Lee, Anthony Burroughs, Ronnie Johnson, Shon Flanary, Daniel Baggerly, Brandon Williams, Fred Flatt, Scott Jones, Eric Jacobsen (DNS).

Hoosier Racing Tires B-Main (Top Seven Advance): Brandon Kinzer, Vic Hill, Brian Booze, April Farmer, Brett Wyatt, Junior Brown, Bryan Hendrix, Doug Smith, Darren Baxter.



BRANDON KINZER

## Five Cats named Preseason All-SEC

TIMES STAFF REPORT

LEXINGTON - Five University of Kentucky Wildcats - offensive tackle Garry Williams, defensive end Jeremy Jarmon, cornerback Trevard Lindley and linebackers Braxton Kelley and Micah Johnson - were chosen for the Coaches' Preseason All-Southeastern Conference Team announced Monday by the league office.

Williams, Jarmon and Lindley were named to the second team, while Johnson and Kelley are third-team selections:

- Williams is the team's most experienced offensive lineman and has started the last 25 games at left tackle. He earned a second-team All-SEC honor.

- Jarmon, a junior from Collierville, Tenn., totaled 62 tackles last season, including 13.5 tackles for loss. He had nine quarterback sacks, ranking fourth in the SEC in that category. He was named first-team All-SEC by Rivals.com and second-team All-SEC by coaches.

- Lindley led the team last season with three interceptions and 11 pass breakups and also scored a touchdown on a fumble return in the win at Arkansas. He was third-team All-SEC in 2007 by Phil Steele's College Football.

- Kelley has 189 career tackles, including 63 last season. His best-known play was his game-winning tackle in the third overtime of the win over LSU, halting the Tiger running back one yard short on fourth-and-two.

- Johnson made 58 tackles last season, including four for loss. He also had two interceptions, returning one for a touchdown.

## Blackcat Football Skills Camp set for Saturday

by JAMIE HOWELL  
CONTRIBUTING WRITER

PRESTONSBURG - Prestonsburg High School Blackcat football coach John DeRossett has announced Saturday, July 26 as the date for the annual Blackcat Football Skills Camp. Players entering grades K-8 are encouraged to attend the camp. The camp will include fundamental instruction from members of the Prestonsburg coaching staff as well as former and current PHS players. The cost of the camp is \$25 per child. A T-shirt and lunch will be provided. Registration will begin at 8 a.m. at PHS. The camp will run from 8:30 a.m.-2 p.m. Any questions about the camp should be directed to Coach John DeRossett at 874-2550 or Coach James DeRossett at 794-3631.

## Pikeville College volleyball squad among 2007-08 NAIA Scholar Teams

TIMES STAFF REPORT

The National Association of Intercollegiate Athletics (NAIA) has announced the Scholar Teams for the 2007-08 year, and the Mid-South is again well represented. To be recognized, teams must earn at least a 3.0 GPA on a 4.0 scale during the '07-'08 academic year.

Georgetown College leads the MSC with an

impressive ten teams honored. The University of the Cumberlands, Campbellsville University, Lindsey Wilson College and Pikeville College also landed at least one team on the prestigious list.

The Pikeville College volleyball team, under the direction of veteran head coach Robert Staggs, earned the Scholar Team honor. Pikeville's volley-

ball team posted a 3.28 GPA. The Pikeville squad ranked above all other Mid-South Conference volleyball teams. The Campbellsville volleyball team notched a 3.27 GPA. Volleyball season is just around for the MSC squads. The volleyball team was the lone Pikeville College unit to earn the academic honor.

"We are extremely

proud of each and every team from the Mid-South that has been recognized," stated MSC Commissioner Mike Pollio. "Our teams continually prove that the Mid-South is stocked with national contenders not only on the playing fields, but in the classroom as well."

Listed below are the Mid-South Conference teams honored, with team

GPA's. Georgetown College: Men's Cross Country (3.49), Men's Outdoor Track & Field (3.16), Men's Golf (3.16), Women's Basketball (3.07), Women's Golf (3.29), Women's Soccer (3.37), Softball (3.14), Women's Tennis (3.32), Volleyball (3.08), Women's Cross Country (3.36). University of the

Cumberlands: Men's Golf (3.02), Women's Golf (3.23), Women's Soccer (3.14).

Campbellsville University: Softball (3.41), Volleyball (3.27).

Lindsey Wilson College: Women's Golf (3.49).

Pikeville College: Volleyball (3.28).

# Chad Johnson says he'll be in camp, ankle sore

## Georgetown set to host Bengals

by JOE KAY  
ASSOCIATED PRESS

CINCINNATI — Receiver Chad Johnson says he'll report on time for the Cincinnati Bengals' training camp next weekend, but his surgically repaired ankle will probably prevent him from fully participating.

Johnson also said in a phone interview Monday that he wants to move on from his failed attempt to maneuver a trade. He had threatened to sit out the season if he wasn't dealt, but the Bengals refused to trade him, turning down an offer from Washington before the draft in April.

The Pro Bowl receiver tried to repair his relationship with Bengals fans during an interview with The Associated Press, part of a promotion for an NFL video that will be released Tuesday. He's unsure how fans will receive him at the outset.

"People take it in a different context when I say I want out and I'm not happy," Johnson said. "They think, 'He doesn't want to be in Cincinnati anymore, he's dissing us as fans.' It's not like that. I love my fans. I wasn't able to get that point across. They've supported me. They've been good to me, and I've been good to them."

"I was going through a situation where I felt a change was needed. It didn't work out. Hey, I'm back. Get ready for the show."

Johnson showed up for a mandatory minicamp last month, but didn't fully participate the first two days because of a sore right ankle. He had surgery to remove bone spurs on June 18. Johnson estimated that he's about 60 percent recovered, and won't be able to go at full-speed when the Bengals hold their first training camp workout Monday in Georgetown.

"It's not where it needs to be," he said. "I can run, but I don't think I'm able to actually get right on the field and go at it. If I came back too early and reinjured myself, it would be a setback."

Johnson repeatedly declined to discuss the issues that led him to lobby for an offseason trade. He stopped talking to local media during a 7-9 season in which his flamboyant actions and a sideline

quarrel with quarterback Carson Palmer raised questions about his commitment to the team.

Johnson lobbied for a trade in a series of interviews with out-of-town media in the off-season. He said he'll continue to refuse local interviews when training camp starts.

Some of his teammates, including Palmer, grew weary of Johnson's offseason comments. Johnson doesn't think his relationship with teammates or coach Marvin Lewis has suffered. He said he has sent text messages to Lewis about the frustrations of his ankle rehabilitation. He also has spoken with Palmer.

"I talk to Carson all the time," he said. "I don't have a choice. He's my quarterback."

Johnson is unsure of the reaction he'll get from fans. Many were turned off by his lobbying for a trade — some even exchanged their Johnson jerseys for minor league hockey tickets during one local promotion.

Johnson agreed to a long-term deal with the Bengals two years ago. He'll get a \$3 million base salary this season, and is under contract with the Bengals through 2010. There's a club option for 2011.

"I'm still in Cincinnati," Johnson said. "This is one of those crazy things. I love Cincinnati. I love my fans. I love everything about it. I wasn't happy about certain things — the business side of it — and I spoke my mind and that was it."

"A true fan of mine knows what they've got. A true fan of mine sticks with me through thick and thin when things aren't going right. That's what a true fan does. Those that are upset because I spoke my mind? There's not much I can do but apologize."

Johnson agreed to an interview to promote "NFL: In Just One Play," a DVD that includes footage and interviews with NFL playmakers. Johnson hosts the video, which includes a section on his catches and touchdown celebrations. He worked on the NFL-Warner Home Video production while at the Pro Bowl.

The video calls receivers the NFL's rock stars, a description that Johnson likes.

"They've always been flamboyant," Johnson said. "They've always been flashy. It's just something you have to have. When you're playing receiver, you have to have a certain stigma about you. All of us all have different characteristics and personalities, but we're all rock stars."

## Reds

It was without the Fox Sports Ohio crew, taking one of their 17 games off this season. At least four were in the press facility on Tuesday night, not counting the four (at least) in the broadcast booth and the dozen or so camera operators.

Because we're up here in the press box, we can tell you things such as that Javier Valentin was starting behind the plate on Wednesday for the first time since April 16; that Greg Maddux opened the game six strikeouts shy of tying Phil Niekro for 10th on the alltime strikeout list; and that Tuesday's game was only the 35th time in 457 tries a game was played at Great American Ball Park without a home run.

We'd love to tell you that we know all this because

we're smart, but actually we have it because of the hard-working guys in the media relations offices of the Reds and Padres, who hand out stacks of information prior to each of the 162 games. Cincinnati's office is headed by Rob Butcher — as far as we know, he's not related to the famous Pikeville College Butchers — who is top notch in his profession.

The home run total, by the way, is fairly remarkable, and the streak lasted only three pitches into Wednesday: lead-off batter Jody Gerut hit a 1-1 pitch into the seats in right.

Talk about a relaxed atmosphere: We spent about 30 minutes in the

clubhouse of the Padres on Tuesday night and barely knew any players were around. The most common

time-waster was the USA Today crossword puzzle, which several players were working off photocopies. A card game or two were taking place, and that was about it. Of course, one of their teammates had just been dealt to Houston, so they may have been hiding in hopes of not joining him.

Greg Maddux was lifted from Wednesday's start with a 3-2 lead but on the first pitch by reliever Cla Meredith, Edwin Encarnacion hit a bomb into the left-field seats to put the Reds up 4-3. The no decision means that since winning his 350th game on May 10, Mad Dog is 0-5 with nine — count 'em, nine — no decisions. Of those nine, he left the game with the lead five times.

Maddux also left with four strikeouts, leaving him two shy of the Top 10 alltime. One

Continued from p1

last thing on Maddux: His career winning percentage is .600, which is third among active pitchers. Who does he trail? Only former teammates Tom Glavine (.692) and John Smoltz (.633).

Said Maddux, "Where's Randy Johnson on there? I thought he'd be up there."

Remember the night Bronson Arroyo had in Toronto? It was June 24 when he went one inning and allowed 10 earned runs. But with Wednesday's outing, he's now 5-0 with a 3.09 ERA in five starts since.

It's amazing what you can find with the day's media notes and some basic math skills. And I'll tell you this: I could get used to doing this every day. As Harry Caray used to say, "You can't beat fun at the old ball park."

# Kinzer cracks top-10 at Green Valley Speedway

by STEVE LeMASTER  
SPORTS EDITOR

GLENCOE, Ala. — Brandon Allen started 15th but managed to work his way up to 10th-place when the checkered flag flew Monday night at Green Valley Speedway in the O'Reilly Southern National Series Event No. 6 of 10. Dennis Franklin claimed first-place in the \$3,500-to-win Southern Nationals Series feature. Chris Madden (2), Ronnie Johnson (3), Tony Knowles (4) and William Thomas (5) rounded out the top-five.

Also finishing ahead of Kinzer in the top-10 were Ronnie Lee Hollingsworth (6), James Cline (7), Robert Gant (8) and David Gentry (9).

A breakdown of the feature race follows.

Results of O'Reilly Southern Nationals Series Event No. 6 of 10 at

Green Valley Speedway (Glencoe, Ala.), Monday, July 21 — Car Count: 32. 1. (1) Dennis Franklin, \$3,500; 2. (3) Chris Madden \$2,000; 3. (2) Ronnie Johnson, \$1,200; 4. (5) Tony Knowles, \$800; 5. (4) William Thomas, \$600; 6. (8) Ronnie Lee Hollingsworth, \$580; 7. (13) James Cline, \$570; 8. (9) Robert Gant, \$560; 9. (12) David Gentry, \$550; 10. (15) Brandon Kinzer, \$540; 11. (7) Anthony Burroughs, \$530; 12. (10) Rick Rogers \$520; 13. (11) Jake Knowles \$510; 14. (14) Anthony Hill \$500; 15. (21) Craig Scott \$495; 16. (18) Steve Harbottle \$490; 17. (16)

Brian Booze, \$485; 18. (19) Lee Sutton, \$480; 19. (22) Shon Flanary, \$475; 20. (6) Justin McRee, \$470; 21. (17) Daniel Miller, \$465; 22. (24) Tony Morris, \$460; 23. (20) Michael Williams, \$455; 24. (23) Scott Jones, \$450.

Integra Shocks Fast Qualifier (\$100): Dennis Franklin, 14,729. Lap Leaders: Dennis Franklin (1-35). Cautions: 4 (Laps 10, 16, 27, 32).

PPM Racing Products Hard Charger of the Race (\$50): James Cline (13th to 7th), Barry Wright Race Cars Highest Finisher (\$100): Dennis Franklin.

Rocket Chassis Highest Finisher (\$100): Tony Knowles. GRT Race Cars Highest Finisher (\$100): James Cline. Delph

Communications Highest Finisher (\$50): Chris Madden. Wilwood Tough Brake Award (\$50): Ethan Hunter; Provisionals: Scott Jones, Tony Morris.

American Racer Tires B-Main (Top Six Advance): Jake Knowles, James Cline, Brandon Kinzer, Daniel Miller, Lee Sutton, Craig Scott, Tony Morris, Danny Peoples, William Burton, Scott Jones, Daniel Baggerly (DNS).

Hoosier Racing Tires B-Main (Top Six Advance): David Gentry, Anthony Hill, Brian Booze, Steve Harbottle, Michael Williams, Shon Flanary, Ethan Hunter, Kenny Hall, Steve Endicott, Gar Dickson, Skip Freeman.

# Slive: League to decide on TV plans this fall

THE ASSOCIATED PRESS

HOOVER, Ala. — Southeastern Conference Commissioner Mike Slive says the league will make a decision on its television and multimedia rights this fall.

The TV deals with CBS, ESPN, Raycom Sports and FSN South run out at the end of the academic year.

Slive said at SEC football media days Wednesday that the options include an

SEC Network similar to the ones started by the Mountain West and Big Ten conferences and the NFL.

Slive said criteria the league is considering include the ability to provide national exposure and to air events for other sports besides football and basketball.

He also said the league wasn't able to be free of NCAA probation, a goal he set five years ago. But he noted only the Arkansas track program is currently in the

NCAA jailhouse.

INSIDE: Florida quarterback Tim Tebow took center stage at this year's SEC Media Days. More appears on Page B3.

ONLINE: www.secsports.com

## REPORT SCORES TO THE FLOYD COUNTY TIMES

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Email: sports@floydcountytimes.com

# Floyd fall soccer signups scheduled for August

TIMES STAFF REPORT

PRESTONSBURG — The Floyd County Youth Soccer Association has announced that registration for the Fall 2008 season has been scheduled for Saturday, Aug. 2nd and Saturday, Aug. 9 at the Prestonsburg McDonald's. Volunteers will be at McDonald's to accept registrations between the hours of 11 a.m. and 2 p.m. The registration fee remains \$40 per child.

Parents may also register their children by accessing the league website at www.kysoccer.net/ekysa or www.ekysoccer.org. The registration form

posted online should be printed, completed by the parent, and mailed to Robin Simpson Smith, Registrar, P. O. Box 746, Prestonsburg, Ky. 41653. Parents or guardians should include a check or money order in the amount of \$40.00 for registration fees. Floyd County Youth Soccer is not responsible for mail delivery and registrations are accepted on a first come, first served basis.

All children at least four (4) years of age as of Aug. 1, 2008 are eligible to participate in recreational soccer. Parents may be asked to provide a birth certificate or other record

for verification of the child's birthdate. Players in the Under6 and Under8 divisions play against other Floyd County teams only. Teams in the Under10, Under12 and Under14 divisions also play teams from surrounding counties. (In the fall, there are no Under16 or Under19 teams.) Floyd County Youth Soccer plays its games at the soccer fields located in Archer Park.

In the spring, over 200 boys and girls from Floyd County participated in youth soccer. For more information, contact Robin Simpson Smith, Registrar, at 886-9562.

# Louisville QB Cantwell named to Davey O'Brien Watch List

TIMES STAFF REPORT

FORT WORTH, Texas — University of Louisville senior quarterback Hunter Cantwell was named to the 2008 Davey O'Brien National Quarterback Award (The O'Brien) Watch List by the Davey O'Brien Foundation and its National Selection Committee.

The Watch List spotlights 31 Football Bowl Subdivision (formerly Division I-A) quarterbacks who will vie for the award honoring the nation's

best quarterback for the 2008 football season. In addition to the Watch List, all Football Bowl Subdivision quarterbacks are equal candidates for The O'Brien until semifinalists are selected.

Watch List candidates were selected by a subset of the National Selection Committee and approved by the Davey O'Brien Executive Committee. Semifinalists will be announced October 27; finalists November 24. This prestigious award focuses on accomplishments both on and

off the field. The Selection Committee is asked to evaluate all candidates on their quarterback skills and athletic ability, academics, reputation as a team player, character, leadership and sportsmanship.

The 2008 winner will be announced during The Home Depot College Football Awards Show on ESPN December 11. The recipient will be honored February 16, 2009, at the 32nd Annual O'Brien Awards Dinner at The Fort Worth Club in Fort Worth, Texas.

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## SPORTS FAN OF THE WEEK



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# COLLEGE FOOTBALL: Tebow takes center stage at SEC media days

by JOHN ZENOR  
ASSOCIATED PRESS

HOOVER, Ala. — Tim Tebow found himself once again wading through a throng of people who were trying to pin him down. This time it was Southeastern Conference media days, and Florida's Heisman Trophy-winning quarterback was just trying to make it in the front door and past dozens of Gators fans, not run through a defensive line intent on tackling him.

Tebow was as usual the center of attention during his visit to the Wynfrey Hotel after an offseason that was as atypical among college players as his own bulldozing quarterback style.

He went on mission trips during all three school breaks since summer practice, to the Philippines, Thailand and Croatia. Tebow would rather talk about that than a bid to win a second straight Heisman Trophy.

"It's something that I love doing," he said. "It's something that I'm very passionate about. It's more important

than football to me. Taking my platform as a football player and using it to be an influence and change people's lives, that's more important than football to me."

Leaving the country also happens to be a way to cut down on some of the attention that he said mostly keeps him out of malls and Wal-Marts. Most of the time he goes unrecognized, but Tebow said he was approached by fans at an airport in Germany and in Manila.

"There are some times when you get noticed," he said. "Most of the time you're just another person passing through."

Tebow's faith led Florida officials to decline to nominate him for Playboy's All-America team during the spring.

Gators coach Urban Meyer also took his wife and three children to the Dominican Republic for a mission trip in early July. A product of being around Tebow so much?

"Tim has done a lot of things that have opened my eyes and that's one of them," Meyer said. "To have our

children experience that with three other families, it was a life-changing experience. It's something we're going to do, if possible, every year."

**REAPING REWARDS:** Sylvester Croom and Mississippi State are reaping the recruiting dividends of last season's strong finish.

Croom said the Bulldogs have already landed 19 verbal commitments from upcoming high school seniors. It's largely a benefit of having won eight games and the Liberty Bowl last season.

"We are way ahead of where we've ever been in recruiting for next season," said Croom, the 2007 SEC coach of the year.

It remains to be seen if the Bulldogs have come far enough to achieve his goal of competing for an SEC title.

"I don't know if we'll be good enough," Croom said. "At the end of the day, we might not be. I think we have a chance to do that. Every year, we've played as good as we can. But our goal is to win the conference championship. I don't know any other way to do it, if you want to be the

best."

Croom's decision to make sophomore quarterback Wesley Carroll one of the two players he brought to SEC media days seems like evidence of Carroll's emergence as a team leader.

"I didn't read in a handbook where you had to have a senior," Croom quipped.

"I expect him to be even better this year," he added. "We're going to give him more options this year and allow him to make more decisions on the field, which we think will make us a more explosive offense."

Croom did say he would be willing to play two quarterbacks if junior college transfer Tyson Lee emerges.

**JOHNSON'S HOPES:** Bobby Johnson jokingly cringed when someone brought up that he has outlasted every other Vanderbilt coach hired since the mid-1980s.

He's going into season No. 7 with the Commodores, which would match George McIntyre's tenure that started in 1980. Job security questions are nothing new to him.

"I remember in my first press conference, the very first day I was at Vanderbilt, some guy said, 'How long do you think you got before they fire you?' Johnson said. 'Really, he did.'"

The Commodores are coming off their 25th consecutive losing season. But they were a respectable 5-7 last season and were still in bowl contention until a season-ending loss to Wake Forest.

"The thing is, our coaching staff has invested a lot into this program," Johnson said. "They've worked extremely hard. We want to see it be successful. We're hoping we can get it done. I think we've made strides toward that. I think we were extremely close last year."

Vandy must replace the entire offensive line and SEC all-time leading receiver Earl Bennett.

**SLIVE SPEAKS:** Commissioner Mike Slive said the league will make a decision on its television and multimedia rights this fall. The TV deals with CBS, ESPN, Raycom Sports and FSN South run out at the end

of the academic year.

The options include an SEC Network similar to the ones started by the Mountain West and Big Ten conferences and the NFL.

Slive said criteria the league is considering include the ability to provide national exposure and to air events for other sports besides football and basketball.

He also touted the SEC's progress in steering clear of trouble with the NCAA. The league didn't make his stated goal five years ago of being probation-free by the 2008 media days, because Arkansas' track program is on probation.

"If we believe that history teaches, we can anticipate one or more of our institutions making a mistake," Slive said. "And that will happen. But what's different is how our institutions handle these matters — with honesty and with integrity."

**QUOTABLE:** "It's here? Last I checked, mine is back at my parent's home in Jacksonville."

A surprised Tebow when asked about the Heisman

## Former NCAA executive Dave Cawood dies

THE ASSOCIATED PRESS

LOUISVILLE — David E. Cawood, a former high-ranking NCAA executive who helped run the Final Four for more than two decades, died Sunday at his home in Louisville. He was 64.

Cawood had just finished his morning run and complained to his wife that he was not feeling well; he then collapsed and was rushed to a hospital, where resuscitation efforts were unsuccessful, according to the NCAA Web site.

From 1975 to 1997, his

NCAA responsibilities included the coordination of media and marketing for the men's Final Four. In that role, he helped negotiate the first \$1 billion rights fee for a sporting event with CBS, and the subsequent \$1.725 billion agreement.

"Dave was a very dedicated and talented individual," said Thomas W. Jernstedt, NCAA executive vice president. "He also possessed a great knowledge of the association, and he could explain complicated concepts effectively, often using his great sense of humor."

Cawood, a native of Harlan, was a first cousin of the late Cawood Ledford, the legendary radio voice of the Kentucky Wildcats.

Before joining the NCAA as director of public relations in 1974, Cawood was a sports information director at Morehead State, Eastern Kentucky, Baylor, his alma mater, Southern Methodist and Arkansas.

Cawood was a member of the College Sports Information Directors of America (CoSIDA) Hall of Fame and the U.S. Basketball Writers Association Hall of Fame.

After leaving the NCAA in 1997, he joined Host Communications, an association management and athletics marketing company.

During his tenure at Host, he served as executive vice president of NCAA Football.

In April 2007, Cawood became president of FSA Group, an association management firm.

Cawood was a member of the board of directors of the Harlan Independent Schools Foundation.

He is survived by his wife, Sheila; a son, Jeff; and a brother.



photos by Chris Belcher/201 Speedway  
**TRIUMPHANT AT THE TRACK:** Jim LeMaster (above) and D.I. Henson (below) were among the feature race winners Saturday night at 201 Speedway. LeMaster (Open Wheel Modified) and Henson (Four-Cylinder) are regular racers at the Chuckie May-promoted racetrack.

## EKU picked second in OVC preseason poll

**Holland named  
2008 OVC  
Preseason  
Offensive Player of  
the Year**

EKU, JSU and EIU have been the most dominant programs in OVC football. The Colonels have gone 32-8 (.800) against conference foes and claimed the 2007 title in that span. Jacksonville State won the 2003 and 2004 crowns while piling up a 30-10 (.750) record in league games. Finally, Eastern

2005 and 2006 titles. Seniors Chris Coy, Zach Denton, Brandon Gathof and Allan Holland, along with junior Michael Howard earned preseason all-league accolades. Holland, the 2007 OVC Offensive Player of the Year, was named the 2008 OVC Preseason Offensive Player of the Year. The quar-

Both Coy and Gathof were first team All-OVC players in 2007. As a junior defensive end, Coy led the league in sacks (eight) and tackles for loss (18.5). Gathof finished with a team-high 59 solo tackles along with five interceptions one year ago.

Denton started all 12 games at free safety while recording five interceptions and seven pass break-ups as a junior. Howard is one of two returning starters on the offensive line. As a sophomore, Howard started every game at left guard, but could move to center this year.

Eastern Kentucky will be in search of its 31st consecutive winning season and 20th Ohio Valley Conference title this fall. Last year, the Colonels advanced to the NCAA Division I FCS playoffs for a record 18th time and went undefeated against OVC competition. EKU opens the 2008 season on Thursday, Aug. 28 at Cincinnati.



**NASHVILLE, Tenn.** — The Eastern Kentucky University football team was picked second in the 2008 preseason OVC poll as released by the league Tuesday at its annual football media day event. Meanwhile, five Colonels were selected to the preseason All-OVC team.

EKU received six first-place votes, as did Jacksonville State and Eastern Illinois. However, Jacksonville State finished with 113 total points, which was slightly ahead of the Colonels (111) and Panthers (108). This marked the closest preseason vote in Ohio Valley Conference history.

Over the last five years,



photo courtesy of EKU  
**Perry County native Al Holland Jr. is headed into his senior season for the Eastern Kentucky University football team.**

Illinois is 29-11 (.725) versus OVC opponents over the last five seasons and captured the

terback threw for 1,990 yards as a junior with 14 touchdowns and just four intercep-

— TIMES STAFF REPORT

## SPORTS CALENDAR

**East Kentucky Pro Basketball Youth Camps:** The East Kentucky Pro Basketball Youth Camp, conducted by East Kentucky Miners Coach Kevin Keathley, will be held at Sheldon Clark High School (July 31-Aug. 2). The three-day camps will run from 9 a.m.-3 p.m.

The preregistration fee for an individual East Kentucky Pro Basketball Youth Camp is \$65 per participant. Two siblings in the same immediate family who preregister can attend a single camp for \$100. Each additional sibling in the same immediate family will be able to attend a single camp for \$35 through preregistration.

The registration fee for the first day of the camp is \$75 per camper.

Registration for the camp will be held from 8-9 a.m. on the first day of the event.

Each East Kentucky Pro Basketball Youth Camp participant will receive a T-shirt, participation medal and certificate of completion. The camps will also include giveaways and the chance to win various prizes and awards, including basketball merchandise and trophies.

Lunch will be provided from noon-1 p.m. each of the first two days of the camp.

Camp applications are available throughout Eastern Kentucky counties and at the East Kentucky Miners office (located at 237 2nd Street Suite 5, Pikeville) and several area businesses. Applications are also available online at [www.ekminers.com](http://www.ekminers.com).

Checks for the camp should be made payable to Coach Kevin Keathley. For more information on the East Kentucky Pro Basketball Youth Camps, call 606-437-9715 or 606-794-6409. Additional information on the camps is also available via

email at [coachkeathley@yahoo.com](mailto:coachkeathley@yahoo.com), [coachkeathley@ekminers.com](mailto:coachkeathley@ekminers.com) or [stevenlemaster@suddenlink.net](mailto:stevenlemaster@suddenlink.net).

**Focus High School Football Combine:** The Focus High School Football Combine will be held Saturday, July 26. The combine will be comprised of the 40-Yard Dash, 20-Yard Shuttle Run, Bcnch Press (Repetitions of 185 pounds), Vertical Jump and Broad Jump.

Preregistration for the combine is still open. The combine is open to incoming high school freshmen, sophomores, juniors and seniors.

Results and video from the Focus High School Football Combine will be distributed to every NCAA, NAIA and junior college gridiron program in the nation.

Each combine participant will receive an event T-shirt, hat and copy of their individual and overall results. A post-combine meal will also be provided.

An awards program will honor combine participants who excel. Position and class awards will be based on individual performance.

Preregistration for the combine is \$50. Onsite registration will get underway at 8 a.m. on Saturday, July 26. Registration on the day of the combine is \$60.

Checks and money orders for the combine should be made payable to Steve LeMaster.

For more information on the Focus High School Football Combine, including hotel discounts for out-of-town participants who will have to stay overnight, call 606-794-6409 or [footballcombine@suddenlink.net](mailto:footballcombine@suddenlink.net).

## Only 2 Texas high schoolers positive for steroids

by PAUL J. WEBER  
ASSOCIATED PRESS

DALLAS — The nation's largest steroids testing program caught only two Texas high school athletes taking unauthorized substances out of more than 10,000 students who were tested, according to results issued Wednesday.

The results renewed criticism about the two-year \$6 million program approved by lawmakers last year.

The two students who tested positive weren't identified by name, school or sport. Documents obtained by The Associated Press showed that a senior tested positive for the anabolic steroid boldenone, and a 10th grader was found using a steroid called methylandrostandiol.

Four tests came back unresolved and three students refused to be tested, according to the figures released by the

University Interscholastic League. One athlete left a testing area without cause or approval, and 18 missed the mandatory testing without an excused absence.

Li Gov. David Dewhurst, one of the key figures in pushing the plan through the Legislature, was "encouraged" by the results Wednesday and feels the program's success should be measured by the number of students who never begin using steroids, said spokesman Mike Wintemute.

A critic, Republican state Sen. Dan Patrick, said the initiative is a "feel good" program that is not acting as a deterrent and should be abolished.

"It's turned out to be a colossal waste of taxpayer money," said Patrick. He said he would rather spend the money battling alcohol abuse among teens, arguing that it is a much bigger problem.

UIL spokeswoman Kim Rogers said the two students who tested positive are multi-sport athletes, but that the sports they play are unknown. Rogers said she did not know when conclusive results from the four unresolved tests would be ready.

Testing was conducted at 195 schools, testing 6,455 boys and 3,662 girls. Many participated in more than one sport. More than 3,300 football players were tested, more than three times the number of any other sport.

A supporter of the testing program urged its critics to allow a full year of testing before judging its effect.

"To use this test to come to the conclusion that we don't have a steroids problem in Texas is naive, at best," said Don Hooton of Plano.

He has traveled the country imploring state governments to pass steroid legislation after

his 17-year-old son, a high school baseball player, killed himself in 2003. Doctors believe Taylor Hooton became depressed after he stopped using steroids.

Testing started in February after the program was stalled while guidelines were created and a company was chosen to implement the program. The contract was awarded to the National Center for Drug Free Sport, which also handles testing for the NCAA.

In submitting its results to the UIL, the company wrote that "we must steer clear of the temptation to use the number of positive cases generated by this short period of testing to draw any conclusions about the success, or lack thereof, of this testing initiative."

Random testing resumes in the fall, and state officials say 40,000 to 50,000 student athletes will be screened during the school year.

# NASCAR IN THE PITS: Driver movement should heat up

by JENNA FRYER  
ASSOCIATED PRESS

CHARLOTTE, N.C. — The biggest domino in NASCAR's free agency season fell when Tony Stewart decided to bolt from Joe Gibbs Racing at the end of the year. It opened up a seat in the coveted No. 20, a ride loaded with a two-time championship winning team that will stay behind crew chief Greg Zipadelli.

Yet despite the promise and potential in the latest job opening, top-name drivers aren't exactly jockeying for the seat.

Carl Edwards and Greg Biffle re-signed with Roush Fenway Racing before Stewart's exit became official, and long before he muddied any potential relationship by tangling with JGR star Kyle Busch, Juan Pablo Montoya reconfirmed his support of slumping Chip Ganassi Racing.

Matt Kenseth is under contract, Kasey Kahne isn't available, Richard Childress has his talent under contract and the stars at Hendrick Motorsports aren't going anywhere.

So where does that leave Joe Gibbs Racing?

With Joey Logano, of course.

Gibbs officials have done nothing to dispel the notion that their 18-year-old phenom will fill the seat next season, and Stewart himself has endorsed the promotion.

"Of all people, he could do it. He's been a proven product in anything that he's driven,"

Stewart said on his Sirius Satellite Radio show. "I definitely think that Joey Logano has the talent that whenever — and I would say he's going to be in the Gibbs system a long time — so whenever the Gibbs family decides to put him in a Cup car that he'll be ready."

Zipadelli, who so patiently nurtured Stewart over the past decade, already has faith in Logano based on the few years the teenager has been in JGR's developmental system. He's tested with the kid, and based on feedback and on-track performance, is quick to argue Logano is far ahead of his age.

But with just five Nationwide Series starts to his career (albeit he's scored two poles and a win in that span), Zipadelli also admits there still are questions surrounding Logano.

"Experience is priceless," Zipadelli said. "It's one thing to do it in other divisions, but when they feed you to the sharks out here (in the Sprint Cup Series) on Sunday, you're going against the best in the world that have tons of experience. There's a lot to this sport ... mental, physical ... and that all comes with time."

"I think what we've seen so far, I think he has as good of a chance as any 18-year-old to come into this sport and succeed."

With everyone so high on Logano, only the sudden availability of an A-list driver should block his imminent promotion into Stewart's seat.

That means Stewart's

departure shouldn't create the big shuffling of rides that was widely anticipated — though there's still going to be movement.

Perhaps as early as this weekend, Daytona 500 winner Ryan Newman could announce his next job.

The Indiana native has long been expected to choose Indianapolis Motor Speedway, site of Sunday's race, to reveal where he's headed. All signs have pointed to Stewart's new venture at Stewart-Haas Racing, and Newman waited just a few days after Stewart's deal was complete to announce he's leaving Penske Racing at the end of the year.

It's plausible that Gibbs could swoop Newman up and put one of NASCAR's greatest qualifiers in Stewart's old seat. Richard Childress could potentially persuade Newman to jump into his expanding fourth car. But all signs point to all-Hoosier lineup at Stewart's new team.

With Newman's seat available, that could be filled by David Stremme. Out of the Cup Series all season, Stremme smartly declined opportunities to get in sub-par seats, a decision that landed him a deal as Penske's test driver this spring.

When Dario Franchitti broke his foot, opening up Stremme's old seat at Ganassi, he was unable to secure permission to fill in beyond a one-race emergency substitution. It raised questions about what kind of contract Stremme had

agreed to with Penske.

Why would a guy in search of a full-time Cup ride agree to a test contract that didn't have an out if a seat became available? Because he already had a job lined up, of course.

Casey Mears is on the market now that Mark Martin has nabbed his ride at Hendrick, and Martin Truex Jr. has yet to come to terms with Dale Earnhardt Inc. on his 2009 option year. One of the two could end up in Childress' No. 33, a ride loaded with potential but also with risks because it will start next season outside the top 35 in points. Because it will have to qualify for the first five races of next year, many top names weren't interested in the job, making it possible that a second-tier driver will get a chance in No. 33.

It could be Mears, who also is rumored to be in the running for a seat at Gillet Evernham Motorsports, while Truex might ultimately sign a long-term extension with DEL. That Truex still hasn't locked anything else up is good news for DEI, but the company has been plagued with sponsorship and stability questions that likely have Truex still scouring the market.

Assuming Stewart overhauls his new team and does bring Newman in, Scott Riggs will be out of a job and forced to join the flock of third-tier drivers that bounce from ride to ride. He could end up in a job with Petty Enterprises, particularly since David Reutimann has confirmed his

commitment in sponsor-troubled Michael Waltrip Racing.

With all the seats filling up, Reed Sorenson will probably end up re-signing with Ganassi. He's not likely to get a better offer than the No. 41 Dodge he currently drives.

The wild card, of course, is the economy. With so many companies struggling to find sponsorship dollars, teams that exist now may fold like Franchitti's No. 40 did last month. That could put numerous drivers out of work, flooding the market with talent willing to drive on the cheap.

One thing is certain, though — the next month promises to be a busy one, with everyone ready to move now that Stewart is settled.

**Strader to be interim chief on JR Motorsports' No. 5:** JR Motorsports announced Wednesday that Cam Strader will assume crew chief duties for the No. 5 Nationwide Series team starting this weekend at O'Reilly Raceway Park. He replaces Chad Walter, who has resigned.

Strader, car chief for the team since 2006, will serve in an interim capacity until a permanent replacement has been determined.

"We have complete faith in Cam Strader's abilities to continue the momentum the No. 5 team has gained in last two months," said Kelley Earnhardt, vice president and general manager of JR Motorsports. "We appreciate what Chad has brought to this

company, and wish him the very best."

Strader, 28, is from Wilson, N.C. He joined Hendrick Motorsports in 2003 and came to JR Motorsports when the companies merged Nationwide Series operations following the 2007 season.

The No. 5 team competes full time in the Nationwide Series with multiple drivers, including Landon Cassill, Mark Martin, Jimmie Johnson, Adrian Fernandez, Ron Fellows and team owner Dale Earnhardt Jr. Cassill will drive the No. 5 Chevrolet Saturday night in the Kroger 200 at O'Reilly Raceway Park in Indianapolis.

Through 21 races this season, the No. 5 team has one victory, one pole, three top-fives and 10 top-10s. Its victory came on March 1 in the Sam's Town 300 at Las Vegas Motor Speedway with driver Mark Martin. Last week at Gateway International Raceway, the team finished sixth and moved up to 10th in the Nationwide owner standings.

## NASCAR DRIVER STANDINGS

1. Kyle Busch, 2,881
2. Dale Earnhardt Jr., 2,619
3. Jeff Burton, 2,590
4. Carl Edwards, 2,509
5. Jimmie Johnson, 2,494
6. Jeff Gordon, 2,384
7. Greg Biffle, 2,318
8. Matt Kenseth, 2,317
9. Kevin Harvick, 2,308
10. Tony Stewart, 2,305

# VETERAN RACER: Hornish hoping for bounce back at familiar Brickyard

by WILL GRAVES  
ASSOCIATED PRESS

It all happened so fast Sam Hornish Jr. didn't really get a chance to realize exactly what was going on.

Chasing down Marco Andretti during the final yards of the 2006 Indy 500, Hornish swept past the son of racing royalty to win by about a car length, the distinct rumble of the yard of bricks under his wheels at the finish line telling Hornish he'd finally captured the most-coveted title in open-wheel racing.

"I couldn't have scripted it any better," Hornish said.

The fairy-tale finish hasn't necessarily led to happily ever after for the three-time Indy Racing League champion during his rookie season in NASCAR's Sprint Cup.

The winningest driver in IRL history returns to familiar territory for Sunday's Allstate 400 At The Brickyard in an unfamiliar position: struggling to find the magic that seemed to flow so easily during Hornish's dominant open-wheel career for team owner Roger Penske.

"We've been on a roller coaster, been on a lot of lows and we're waiting for it to come back up," said Hornish, who is 33rd in the Sprint Cup standings. "When we started out the season, we thought if we could be in the top 25 in points, win rookic of the year (it) would make it feel like a wonderful season."

Hornish still has a realistic shot at catching Regan Smith

for rookic of the year honors. Finding a way to sneak into the top 25 could be more difficult. Hornish hasn't finished higher than 13th in any of his 19 starts this season thanks to a mixture of the circuit's steep learning curve and a little bad luck.

"We really should be in the top 25 in points," Hornish said. "I've made mistakes and we've made mistakes as a team."

Even on days when the car appears to be right, strange things seem to happen. Hornish was running second in the LifeLock 400 in Michigan last month when a hot dog wrapper got stuck on his car's grill causing the engine to overheat. He ended up 22nd.

"I live for days like Michigan, where I feel like I could have won," he said. "It's not every day you feel like that."

Those days have been rare this year for a driver who won 19 IRL races before jumping to the Sprint Cup following the 2007 season. While Hornish didn't expect a seamless transition, he also didn't expect to spend so much time at the back of the field. His average finish over his last four races is 34th.

"You always feel like you should be able to head in the right direction," he said. "We've had some things that have been pretty tough, days when no matter what we did we couldn't make the car any better."

Though his patience has been tested, Hornish doesn't regret making the move to

NASCAR even after the IRL and ChampCar merged this winter, unifying American open-wheel racing for the first time in over a decade.

"In the IRL you felt like you could win every day, (but) I felt like I wasn't getting the challenge that I needed," he said. "It was time for something different."

Hornish hasn't ruled out a return to the IRL, though it would likely be an occasional cameo on Memorial Day weekend, much like Tony Stewart has done in the past. The thought of riding the Indy 500 during the day then hopping a plane and running the Coca-Cola 600 later that night is intriguing.

"Who knows?" he said. "I'm kind of a pessimist myself anyhow. Who knows? I could get fired tomorrow."

Unlikely, though Hornish will have at least one new teammate next season now that Daytona 500 winner Ryan Newman has announced he's leaving Penske and could be poised to join Stewart's fledgling team for the 2009 season.

"It's something to see him leave, but we have to continue to move forward," Hornish said.

That won't include a move into Newman's No. 12 car. Hornish plans to stay in the No. 77 as he tries to help Penske translate to NASCAR some of the success that's made him arguably the greatest owner in open-wheel racing.

"It's hard for any kind of organization to have (the) kind of success that Roger

has had in the IRL," Hornish said. "He's won over 100 victories over there, 12 championships, 14 Indy 500s. The Yankees are the only thing that's got anything close to that."

Hornish sees the day when Penske Racing is able to compete on a consistent basis with the Hendrick Motorsports of the NASCAR world. It just might not be Sunday.

"It takes time," he said. "It's not an overnight flip-the-switch kind of thing."

Zippering around the Brickyard in the bulky Car of Tomorrow will be a decided departure from running in the Indy 500. Yet Hornish is ready to step back on the grid, soak in the track's electric atmosphere and prove he can win at Indy regardless of what he's driving.

In a way, it's something Hornish might have been thinking about even during the greatest moment of his career. Consider that in the moments after winning Indy two years ago, Hornish went out and kissed the bricks, a tradition made famous not by Indy drivers but by the NASCAR boys after they began racing there in 1994.

"I just wanted to lay out there forever," he said. "I didn't know how they would come and scrape me up over there. ... I would love to be the first guy to kiss the bricks after the Indy 500 and the Brickyard 400. I'm looking forward to having a really good day."



photo by Amanda Webb  
**ROGER WALKUP** held its own during Thunder Ridge's recent harness racing meet. The Floyd County track wrapped the meet up last weekend.

## 2008 NASCAR Sprint Cup Remaining Schedule

- July 27 — Allstate 400 At The Brickyard, Indianapolis
- Aug. 3 — Pennsylvania 500, Long Pond, Pa.
- Aug. 10 — Centurion Boats At The Glen, Watkins Glen, N.Y.
- Aug. 17 — 3M Performance 400, Brooklyn, Mich.
- Aug. 23 — Sharpie 500, Bristol, Tenn.
- Aug. 31 — Sprint Cup 500, Fontana, Calif.
- Sept. 6 — Chevy Rock & Roll 400, Richmond, Va.
- Sept. 14 — Sylvania 300, Loudon, N.H.
- Sept. 21 — Dover (Del.), 400
- Sept. 28 — Kansas 400, Kansas City
- Oct. 5 — AMP Energy 500, Talladega, Ala.
- Oct. 11 — Bank of America 500, Concord, N.C.
- Oct. 19 — TUMS QuikPak 500, Martinsville, Va.
- Oct. 26 — Pep Boys Auto 500, Hampton, Ga.
- Nov. 2 — Dickies 500, Fort Worth, Texas
- Nov. 9 — Checker Auto Parts 500, Avondale, Ariz.
- Nov. 16 — Ford 500, Homestead, Fla.
- x-non-points race

# NSCRC upholds penalties against Truex's No. 1 team

TIMES STAFF REPORT

On July 21, 2008, the National Stock Car Racing Commission heard and considered the appeal of Dale Earnhardt Inc. regarding the No. 1 car. The appeal concerned four penalties issued by NASCAR stemming from opening day inspection on July 3, 2008, at the NASCAR Sprint Cup Series event at Daytona International Speedway.

The penalties concern Section 12-4-A of the NASCAR Rule Book "Actions detrimental to stock car racing;" Section 12-4-Q: "Any determination by NASCAR Officials that the car, car parts, components, and/or equipment used in the Event do not conform to

20-3.8A: "Roof of the car does not conform to the specifications of the NASCAR Rule Book."

The penalties assessed were:

- Loss of 150 NASCAR Sprint Cup Series championship car owner points for car owner Teresa Earnhardt.
- Loss of 150 NASCAR Sprint Cup Series championship driver points for driver Martin Truex Jr.
- \$100,000.00 fine; suspension from NASCAR for the next six NASCAR Sprint Cup Series championship events; suspension from NASCAR until Aug. 27, 2008, and probation until Dec. 31, 2008, for crew chief Kevin Manion.
- Suspension from NASCAR for the next six

championship events; suspension from NASCAR until Aug. 27, 2008, and probation until Dec. 31, 2008, for team member Gary Putnam.

The Appellants had requested and were granted a deferral of the suspension and fine penalties until this hearing could be convened.

The Appellants did not contest the rules violations, but argued that the penalties were too severe for the infractions. The Appellants explained that rigorous checks and balances in the fabrication process were in place at DEI and could offer no explanation as to why the roof failed to meet the inspection templates. They argued that the infractions were minor in nature, not deliberate, and that the resulting low-

according to their wind tunnel findings.

The Commission found that the infractions were clear-cut. The roof was low across a broad area. Accordingly, the penalties that were issued are warranted.

Therefore, it is the unanimous decision of the National Stock Car Racing Commission to uphold the original penalties assessed by NASCAR. The periods of the suspensions are to be adjusted from the date of this hearing.

The Appellants have the right under Section 15 of the Rule Book to appeal this decision to the National Stock Car Racing Commissioner.

Follow NASCAR and other auto racing in the pages of



photo by Amanda Webb  
**DRIVERS, TRAINERS AND OWNERS** from several

# Lifestyles

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### WELLNESS Q&A

## Sports good for kids — with appropriate safeguards

by ERNEST BREWER

DIRECTOR OF WELLNESS & REHAB  
HIGHLANDS REGIONAL MEDICAL CENTER



**Ernest Brewer**  
Helping you find the answers to your health concerns

*Question: I have 2 boys ages 10 and 6. They are both very athletic and very competitive. My husband is very supportive of them. I am really concerned. What age is too young to participate in sports and exercise? Or*

*am I worrying about nothing?*

**Answer:** Your biggest worry is that it sounds like you will be spending a great part of the next 12 years at one form of sports arena or another. Beyond that, you can be thankful that your boys are not a part of the staggering statistics of inactive children in today's age. Participating in sports and exercising can be quite rewarding to your children's futures in terms of health, social skills, self-confidence and gaining an appreciation for being rewarded for effort. The positives of sports participation greatly outweigh any negatives.

There are some basic guidelines that can be followed with younger kids to minimize risk of

(See WELLNESS, page six)

### DINNER DIVA

## Having a food plan

Last Wednesday on my radio show, a listener was asking me questions about nutrition. I answered them as best I could and her reply was incredible. She said, "Perhaps laying out our food for the next day is just as important as laying out our clothes." Not an exact quote, but close enough. I thought, "What a powerful statement!"



**Leanne Ely**

**YES, it is! She's absolutely right.** When we follow a set evening routine so we can be as well prepared as possible for the next day, we are way more successful in our work the next day. We glance at our calendars to see our appointments for the following day so we can get our mind around what we have to do. We lay our clothes out; we lock the doors, brush our teeth and go to bed. Ta da...evening routine is done. But what if we added to that, a cursory look at our refrigerators laid out our food to take to work the next day and actually **PLANNED** our next food move? Know what I mean? Instead of allowing ourselves to just "go with the flow" foodwise, we instead plan our food for the day and then get it ready to go; whether that's putting food out on the counter in baggies, throwing it in a cooler or putting it altogether on a shelf in the fridge to make it quick to pack the next morning. Having a plan and working that plan makes it so much easier!

(See DIVA, page seven)



Tina May Cobb

## Cobb has high hopes for music career

by JARRID DEATON  
FEATURES WRITER

Tina May Cobb has high hopes of heading to Nashville, and, with her recent success, she may be hitting the road toward the capital of country music very soon.

Cobb, a resident of Maytown, has been singing since she was 4-years-old.

"I have a real passion for music," Cobb said. "I had a couple of offers in the past but my son was really young then and I wanted to focus on raising him."

Cobb's musical influences include country legend Patsy Cline and the bluesy rock songs of Janis Joplin.

"I relate to old country," Cobb said. "I try to play every Thursday at the Mountain Arts Center. I've been getting a great reaction there and it's so much fun to get to play everything from rock to country to blues."

During the Mountain Art Center's "Front Porch Pickin'" series that takes place every Thursday evening at 7 p.m., Cobb received the Kentucky Colonel Award. Keith Caudill, director of the Mountain Arts Center, presented the award to her.

"I had no idea," Cobb said. "It was such a surprise and honor to be recognized that way."

The Kentucky Colonel Award is an honorary title bestowed upon individuals who have made exceptional efforts to enrich to lives of Kentuckians. The award is approved by the governor.

Cobb received the award for her work with children in Mt. Sterling before she came to her current job working with special needs adults at Community Connections.

Along with her hard work and compassion at her job, Cobb applies the same ethics to her music, writing many of her own songs and playing at as many events as possible.

"It's a great way for me to get the chance to express myself," Cobb said.

Through her own creativity and talent, Cobb hopes to connect with her audience by using her music to stir emotions.

"I just want to make people feel something through my music," Cobb said. "And I know I am going to Nashville. That's for sure."

## Howington recognized in national independent insurance agent magazine

**PRESTONSBURG** — A cheerful, expectant voice answers the line at Hall & Clark Insurance Agency — "This is Allison. How may I help you?"

Allison Howington has been answering calls and servicing claims for Hall & Clark since 2004. However, it is the work she has done for the agency since 2006 that has caught national attention.

Two years ago, Phillip Hunt, Hall & Clark's vice president, began to see the need for Hall & Clark to distinguish themselves as an industry leader in customer satisfaction. "Most agencies employ sales people and service people. The sales people generally click or connect with the customer in order to make a sale and then are moved on to service personnel for future service or claims filing. We saw the need to have sales people who maintained their rapport with the

customer for the long term by not just selling but also serving the client across the continuum. Therefore the customer receives more personal, one-on-one care and interaction with persons who truly come to know them," explained Hunt.

Thus, Hunt began to see potential in Howington to become what the insurance industry would term as a "hybrid employee." In other words, training a service person to become a sales-oriented team member became a simple means of achieving organic growth within the agency's existing customer base while also providing them with exceptional service and comprehensive insurance coverage.

"I handled all personal insurance lines and claims every day," Howington said. "I spoke with many of our customers on a daily basis and

(See EMPLOYEE, page seven)



Allison Howington's work as a "hybrid employee" at Hall & Clark Insurance Agency has gained national attention.

### FLY LADY

## Life is for the living

A couple of weeks ago our FlyLady family was hit by a terrible tragedy. FlyLady Dana's nineteen year old son was killed in a car accident. It is never easy to deal with death, especially the passing of a young man with his whole life ahead of him. After the funeral my sister Paddi and I drove to visit our Grand Mother a few hours away in Kentucky. Granny has buried both of

her children. She is ninety-three. She has a hard time seeing and hearing and her mind is not as sharp as it once was. It took her a while to figure out who we were. As we sat and talked, she made a profound statement that has me writing, "Live while you can!"

When we are surrounded by clutter, we allow stuff to suck the life right out of us. We are not dead but we sure

are not living our lives to the fullest. The clutter keeps us locked behind closed doors. We live in fear that someone will find out our dirty little secret. I have known instances when emergency services were not called because they would not be able to get a gurney into the house. There are other times when a couple would not go on vacation because they could not allow anyone in

the house to care for their cat. These are the extremes. I want to look at what happens with just our daily living. We spend more time searching for things than we do loving our family. We don't have people over because it is too hard to get the house presentable. Our children play at someone else's home. When our fami-

(See FLY LADY, page seven)



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# Family Medicine

**Martha A. Simpson, D.O., M.B.A.**  
Associate Professor  
of Family Medicine

Q Recently, I started having spells where I get short of breath, have chest pain, get sweaty and feel like I am going to die. I went to the ER with this and they said there was nothing wrong with me and that it was my nerves. I really felt terrible. What is going on with me? I am 24 and usually very healthy. Why is this happening?

A It sounds to me like you may have had a panic attack. A person having a panic attack experiences the sudden onset of feelings of intense fear. This overwhelming fear can then trigger a variety of physical symptoms. Some of these symptoms include sweating, chest pain, short-

ness of breath, rapid pulse, hot flashes, nausea and dizziness. You may feel like your whole world is falling apart, that you are having a heart attack, or even that you are about to die.

Panic attacks begin without warning. They can even come on during sleep. An attack lasts for about 15 minutes, and you feel tired when it has subsided.

Panic attacks are more common in women than in men and usually start during adolescence. In some people the underlying problem, known as panic disorder, resolves on its own over time. For others, treatment is needed because frequent panic

# Panic attacks produce overwhelming fear and physical symptoms

attacks have a negative impact on the quality of life.

Since panic attacks can happen anytime, anywhere and without warning, you may live in such mortal fear of another attack that you find yourself avoiding places where you have had an attack. For some people, the panic attacks are so severe that fear takes over their lives and they are unable to leave their houses or go to work.

You did the right thing by going to a hospital emergency department for a medical evaluation. The symptoms that you had should not be left undiagnosed. Once life-threatening health conditions have been ruled out, then you can deal with the underlying panic disorder. Panic attacks are thought to be stress related, but no one really understands why some people have them and others under an equal amount of stress do not.

There is no test that can be used to diagnose a panic disorder. It is diagnosed by first eliminating all the pos-

sible physical conditions — such as heart, thyroid or drug abuse — that might be causing symptoms close to the ones you are having. For this purpose, it's typical to run tests such as a complete blood count, EKG, heart enzyme level and thyroid function. A good history, physical exam and psychological evaluation are also helpful. Most likely the doctors in the ER did all of these as part of their diagnostic workup. Getting the right diagnosis is the only way to get the right treatment.

Treatment for panic attacks is aimed at eliminating all of your attacks. To accomplish this, behavior modification and cognitive therapy as well as the use of certain medications may be helpful. These can be used separately or in combination.

There are also many self-help programs available. Knowing that you do not have a deadly condition and understanding what triggers your attacks may be major steps in helping them to resolve.

If panic attacks are severe and impacting your life, your doctor may recommend medication first. Some people will have occasional relapses after their panic attacks have resolved, but knowing what they are and promptly reinstating treatment can keep them from getting out of control.

□□□

Family Medicine(r) is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to [readerquestions@familymedicine-news.org](mailto:readerquestions@familymedicine-news.org). Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions. Past columns are available online at [familymedicine-news.org](http://familymedicine-news.org).

## Employee

could see areas where they may require updates or the need for additional coverages. Providing sales-like updates to their service transactions seemed to be a natural and necessary transition."

The National spotlight fell on Howington and Hall & Clark when the writers of "Independent Agent" magazine contacted the Kentucky chapter of the Independent Insurance Association. After explaining the magazine's desire to feature a story on so-called "smart agencies" who cross-train and create "hybrid employees", the Kentucky IIA referred them to Phillip Hunt

and the Prestonsburg office of Hall & Clark.

"It was an honor to see what we considered as a more complete service experience end up as a feature story in a nationally distributed insurance agent's publication," Hunt acknowledged. "The best part is that it brought recognition to Allison's work ethic, customer dedication and commitment to our agency."

Howington's contributions to the agency did not stop with her daily customer interaction. Recently, as the office decided to update their logo and change their brand identity, Howington also created the

new Hall & Clark Insurance Agency tagline — "Raising the bar of customer service" — in conjunction with the golden "bar" featured in the new logo which was designed by her niece, Kelli Dean.

"Many other agencies can provide rate quotes and insurance types vary sometimes by only minuscule differences between companies but we go above and beyond for our customers," Howington said. "We hope to set the industry standard for service to customers in our county, within our state and just maybe, across the nation."

Continued from p5

## Wellness

over-training physically or psychologically.

Don't force your kids to participate if they do not want to. If they aren't enjoying themselves, help them find a sport or activity that they will enjoy.

Don't allow your kids to train everyday. Make sure that they encouraged to participate in non-sports related activities, and are allowed to be kids.

Don't force your kids to focus on one sport. At least until the high school years, encourage them to participate in a variety of sports. This can greatly reduce overuse injuries, especially those associated with throwing.

Weight lifting and running should be performed well below maximum levels. For example, when the child begins to demonstrate evidence of fatigue while performing a lift, stop the set and let him rest before performing the next set. Studies have shown that younger athletes actually make better strength and endurance gains if trained at lower intensities.

When performing weight lifting, the emphasis should be placed on the technique and not on the amount of weight being lifted. Give the child plenty of praise and feedback

regarding how smoothly the lift was performed.

In the past, there were a lot of concerns regarding growth plates and fears of kids having their growth stunted by lifting weights. There's no evidence that this has ever occurred, but by following these guidelines, you can be more assured that your children will greatly reduce their risks of injury. It's worth noting that there are real risks associated with participation in sports. However, there are some really nasty risks associated with a child leading a sedentary lifestyle.

Ernest Brewer is a physical therapist and athletic trainer

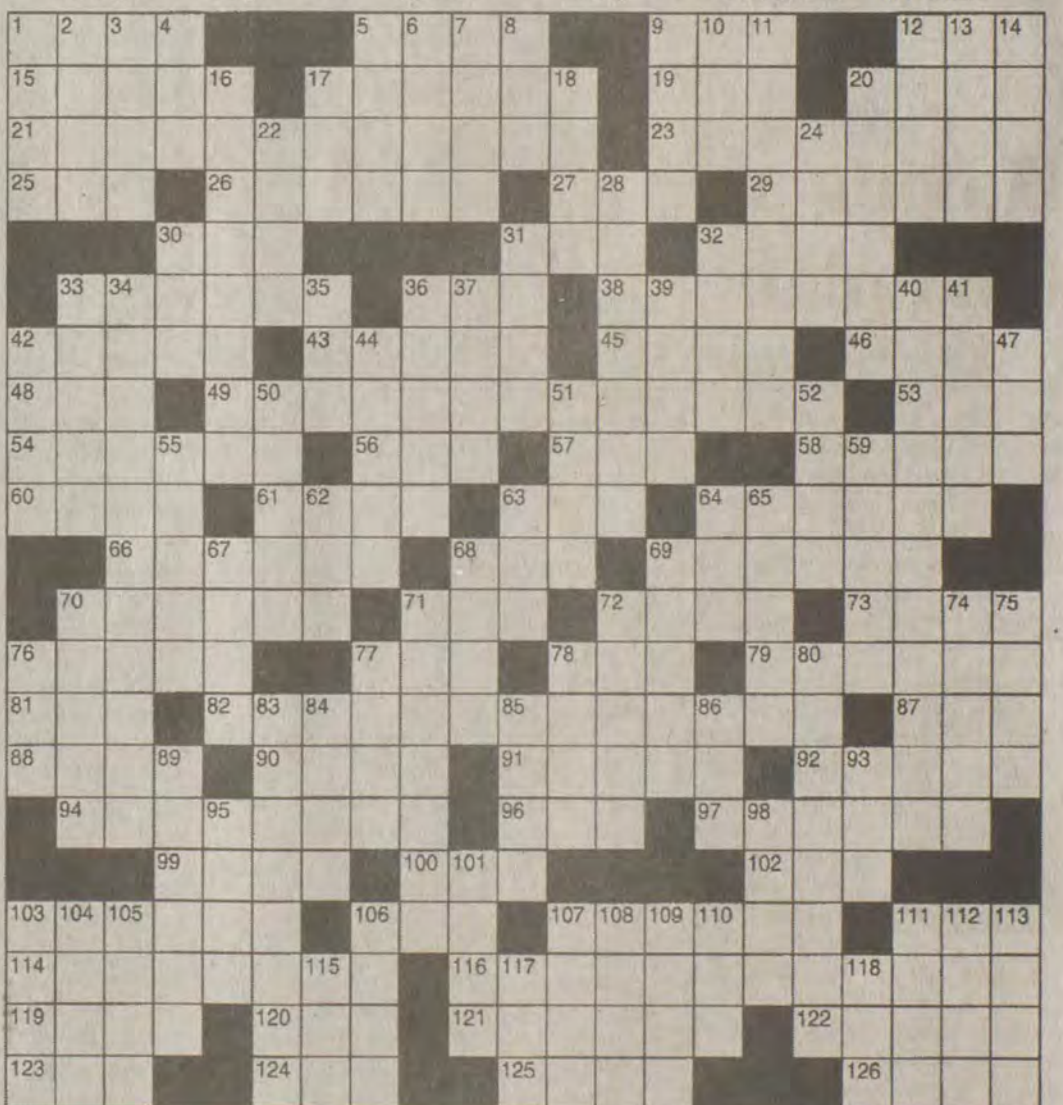
with over 20 years of clinical experience. In addition to his experiences in hospital, home health and outpatient settings, he has provided services to high school, college and professional sports including pro rodeo, ballet and basketball. He is the Director of Rehab and Wellness at HRMC.

The information presented is intended to be informative for the general reading audience and not intended to be utilized for creation of a personal treatment plan or replacement of the care of your current health care professionals. In all cases, seek the advice of your physician for a definitive answer for your specific health con

Continued from p5

## Super Crossword PUBLICATIONS

- ACROSS**
- 1 Move like a mouse
- 5 Neighbor of Java
- 9 "— Medicine" ('88 hit)
- 12 Corpulent
- 15 Early computer
- 17 TV's "— Heroes"
- 19 Campbell of UB40
- 20 Poorly
- 21 Restaurant critic's zine?
- 23 Librarian's journal?
- 25 Explosive initials
- 26 Column
- 27 Max — Sydow
- 29 Bunch of ballplayers
- 30 Solidify
- 31 Weber's "— Freischutz"
- 32 Prepared to drive
- 33 Let up
- 36 Arthur or Pons
- 38 — carrier
- 42 Snapshot
- 43 — Lama
- 45 Strained
- 46 DEA officer
- 48 Browning's bedtime?
- 49 Gardener's monthly?
- 53 — jongg
- 54 Hymns of praise
- 56 Viper
- 57 Milne creature
- 58 Digression
- 60 Gouda alternative
- 61 — River, NJ
- 63 Tenor
- 64 Like Simon Pearce
- 66 Groovy Austin
- 68 Pugilistic poke
- 69 Stephen King book
- 70 Mutiny
- 71 Produce a parka
- 72 — fide
- 73 Byzantine art form
- 76 Pants parts
- 77 Ram's ma'am
- 78 Directional suffix
- 79 Sock style
- 81 Feign
- 82 Tree
- 83 surgeon's periodical?
- 87 Middling mark
- 88 Whippet's wagger
- 90 Enormous
- 91 Terpsichore's sister
- 92 104 Down, e.g.
- 94 Broadway arrangement
- 96 Kennel feature
- 97 Kitten gear?
- 99 Petite pie
- 100 Sprite
- 102 "— Buttermilk Sky" ('46 song)
- 103 Classify
- 106 Maestro de Waart
- 107 "Electric —" ('83 hit)
- 111 To and —
- 114 Sailor's reading?
- 116 Depression era
- 123 Have unpaid bills
- 124 "Hiver" opposite-
- 125 "— to Order" ('87 film)
- 126 Highflying agcy.
- 3 Crowburst?
- 4 Lincoln son
- 5 Pipe part
- 6 Turkish title
- 7 Den
- 8 "Newhart" setting
- 9 Holstein's home
- 10 Flagon filler
- 11 Patois
- 12 Beat
- 13 Felipe, Jesus, or Matty
- 14 Little one
- 16 South African port
- 17 Cholesterol letters
- 18 Golfer Ballesteros
- 20 Nigerian city
- 22 "Aida" river
- 24 Forest ruminant
- 28 Ciceronian speech
- 30 "GoodFellas" gun
- 31 Place to pontificate
- 32 Correct
- 33 Forward
- 34 Rover's review?
- 35 Presidential monogram
- 36 Sanctify
- 37 Tombstone lawman
- 39 Shake-spearean heavy
- 40 Wholesome biker's publication?
- 41 Carpentry or printing
- 42 Monsieur Le Pew
- 44 Patriot Samuel
- 47 "Evita" character
- 50 — Park, CO
- 51 Uninteresting
- 52 Subdue
- 55 Pavarotti's
- 59 Bit of parsley
- 62 Northwestern st.
- 63 Mouth concoction
- 64 Anger or envy
- 65 Composer Albeniz
- 67 Slender trace
- 68 Be a wise guy
- 69 French impression-
- 70 Chingach-gook's son
- 71 Nailed a gnat
- 72 Boitano or Blessed
- 74 New York city
- 75 Require
- 76 The Kit — Club
- 77 In addition
- 78 Stocking shade
- 80 Antsy
- 83 Opera feature
- 84 Future of the present
- 85 Medieval menial
- 86 — de plume
- 89 One of the Jacksons
- 93 Gobbled up
- 95 Apparel
- 98 Debtors' letters
- 101 Stud site
- 103 Lhasa —
- 104 Cabbage
- 105 Philosopher
- 106 Bronte heroine
- 107 Where to find an onager
- 108 "Veni, vidi, —"
- 109 Markey or Bagnold
- 110 Fisherman's snare
- 111 Chalky cheese
- 112 Skates
- 113 Gumbo thickener
- 115 Absent
- 117 City on the Danube
- 118 Ashen



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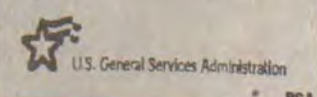


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**Lordy, Lordy Look Who's 40! Barbara "BJ" Conley**

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# Rental Central

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 Prestonsburg, Kentucky  
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 http://showtimes.hollywood.com

7/25/08 - 7/31/08

**Cinema 1—Starts Friday, July 25**  
**HELLBOY 2** (PG-13), Mon.-Sat. 7:00; Sun. (1:30) 7:00.  
**WANTED** (R), Mon.-Sun. 9:00 ONLY.

**Cinema 2—Held Over**  
**BATMAN: THE DARK KNIGHT** (PG-13), Mon.-Sat. 7:00; Sun. (1:30) 7:00.  
 Sunday Matinee—Open 1:00; start 1:30

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7/25/08 - 7/31/08

**Cinema 1—Held Over**  
**JOURNEY TO THE CENTER OF EARTH** (PG), Mon.-Sun. 7:00-9:15; Fri. (4:15) 7:00-9:15; Sat.-Sun. (2:00-4:15) 7:00-9:15.

**Cinema 2—Held Over**  
**MAMA MIA** (PG-13), Mon.-Sun. 7:00-9:15; Fri. (4:15) 7:00-9:15; Sat.-Sun. (2:00-4:15) 7:00-9:15.

**Cinema 3—Held Over**  
**HANCOCK** (PG-13), Mon.-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30.

**Cinema 4—Held Over**  
**SPACE CHIMPS** (G), Mon.-Sun. 7:05; Fri. (4:20) 7:05; Sat.-Sun. (2:05-4:20) 7:05-9:20.

**Cinema 4—Held Over**  
**WANTED** (R), Mon.-Sun. 9:05 ONLY.

**Cinema 5—Held Over**  
**HELLBOY 2: THE GOLDEN ARMY** (PG-13), Mon.-Sun. 6:50-9:20; Fri. (4:20) 6:50-9:20; Sat.-Sun. (1:50-4:20) 6:50-9:20.

**Cinema 6—Held Over**  
**BATMAN: THE DARK KNIGHT** (PG-13), Mon.-Sun. 8:00; Fri. (4:45) 8:00; Sat.-Sun. (1:30-4:45) 8:00.

**Cinema 7—Starts Friday, July 25**  
**STEP BROTHERS** (R), Mon.-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30.

**Cinema 8—Held Over**  
**BATMAN: THE DARK KNIGHT** (PG-13), Mon.-Sun. 8:30; Fri. (5:15) 8:30; Sat.-Sun. (1:45-5:15) 8:30.

**Cinema 9—Starts Friday, July 25**  
**X-FILES: I WANT TO BELIEVE** (PG-13), Mon.-Sun. 7:05-9:25; Fri. (4:25) 7:05-9:25; Sat.-Sun. (2:05-4:25) 7:05-9:25.

**Cinema 10—Held Over**  
**WALL-E** (G), Mon.-Sun. 7:05-9:25; Fri. (4:25) 7:05-9:25; Sat.-Sun. (2:05-4:25) 7:05-9:25.

by TOM DOTY  
 TIMES COLUMNIST

A batch of good releases were on hand this week that all deserve a look, though none of them scored at the box office.

■ **"21"** — Kevin Spacey stars here as a professor who coaches six math students to use their skills to break the banks in Vegas by counting cards at blackjack. This is a true story that probably takes some liberties, but is very entertaining and might just be an incen-

tive to get your teens to take math more seriously.

■ **"The Last Winter"** — A team of men stationed in North Alaska (to build a road for further expeditions to research drilling possibilities) begin to suffer hallucinations and die mysteriously in this eco-friendly thriller that serves up a fair amount of suspense. Ron Perlman stars as the guy in charge who must contend with the deaths and an Al Gore type on his staff. Is it an occult phenomenon or has their work dredged up ancient, and decidedly

deadly, gases? Check this one out if you like your chillers with ample amounts of mood and a social conscience.

■ **"Turn the River"** — Model/actress Famke Janssen stars as a pool shark who sets out to raise \$50,000 to get back the son she lost at birth to his alcoholic father (and his domineering mom). Good stuff here that gives Janssen a lot to work with and she totally delivers, as do the pool scenes.

■ **"Picture This"** — Teens should

enjoy this comedy that casts Allison Tisdale ("High School Musical") as an out-of-the-loop senior who snags a date to the year's biggest party with the school's most popular guy. Complications ensue when she must butt heads with her overprotective dad and dodge the machinations of her date's ex, who isn't ready to give him up. Light but fun.

Next week look for "Harold and Kumar 2" and check out "Doomsday" by Neil Marshall ("The Descent").

## Fly Lady

ly asks us to do something fun; we make excuses because the laundry needs doing or the dishes need washed. Even if you do go, you don't have fun because those things are going to slap you in the face when you walk through your door. How sad is that!

We have allowed stuff, our lack of routines and our perfectionism to keep us from living! We have become a slave to this way of life. We know no other way to live. I want to help you break these bonds of slavery to clutter and perfectionism. I want you to have the freedom to invite people over or go on vacation without worry. I want you to live your life to the fullest and follow your dreams.

My dear friend Eric Dodge, has a song on his latest CD, *Life is for the Living*, it was written by Tom Paden. Here are the lyrics for this song.

**"Life is for the Living"**

I looked down and saw he had a smile upon his face

Even on this sad occasion it was perfectly in place

He was my favorite uncle everybody's friend

And I can still hear him say right up til, the end.

Life is for the living.

If you're not embracing every moment you're wasting precious time

If you're not loving somebody your really not alive

this ain't no dress rehearsal our time down here on earth

Sometime it takes somebody leaving to remind us what it's worth

And All the blessings we've been given, Life is for the living

I loved a woman at least I thought I did

Til, she just couldn't take what I just wouldn't give

Spent all my time working when should have loved her more

And I can still hear her say as she walked out the door.

Life is for the living

If you're not embracing every moment you're wasting precious time

If you're not loving somebody your really not alive

No, this ain't no dress rehearsal our time down here on earth

Sometime it take somebody leaving to remind us what it's worth

And all the blessing we've been given, Life is for the living.

No this ain't no dress rehearsal our time down here on earth

Sometime it takes somebody leaving to remind us what it's worth

Continued from p5

And all the blessings we've been given. Life is for the living.

Life is for the living.

I want you to live your life to the fullest. Finally *Loving Yourself* is the key to open your shackles to a new life.

Eric's CD is available on Amazon. You can even download this one song.

□□□

For more help getting rid of your CHAOS; check out her website and join her free mentoring group at [www.FlyLady.net](http://www.FlyLady.net) or her book, *Sink Reflections* published by Bantam and her *New York Times* Best Selling book, *Body Clutter* published by Fireside. Copyright 2007 Marla Cilley Used by permission in this publication.

## Diva

Left to our own devices, we can be very much like spoiled children. We want what we want when we want it. We're unwilling to wait and are impatient as all get out, especially when our blood sugars are in our shoes! You know that feeling, don't you? You're starving and willing to eat just about anything, as long as it's quick!

But after you eat whatever it is that you've fallen prey to, there's the guilt, the remorse and the thought that you could have done better. We all know that feeling. It's only good for the first few minutes you're eating it, then there is dealing with the aftermath of knowing you did your body absolutely no good and maybe even damaged yourself. Why do we do

this? The answer is simple—we lack a plan! If we had the plan and we used it, it would look so much different! Life is so much simpler when we have worked the details out ahead of time. This is why we get ourselves in order the night before. Otherwise, our lives become too crazy and we're always trying to play catch up.

We hear ourselves telling our children and everyone else around us to hurry up, we have to go. The clutter of living in that kind of hurried chaos gets everywhere—our homes, cars, lives...even our backsides! This is summer—we have the bounty of fresh fruits and vegetables from farmer's markets and local gardens everywhere. How about incorporating some of that good stuff

into your food plan? Use what is local and fresh (and also cheaper!) to get the nutrition in. Having healthy, quality foods as a part of our lives means there is less room for the stuff that can hurt us. Eating well is all about loving ourselves. Loving ourselves is expressed in dozens of ways and laying out our food for the day is one terrific way of doing.

Continued from p5



Madison Grace Little is excited to announce the arrival of her baby brother, Elijah Scott Little. Elijah was born on Friday, June 20, at Highlands Regional Medical Center. He weighed eight pounds and six ounces and measured 20 inches. Madison and Elijah are the children of Sherry and Derek Little. They are the grandchildren of Pam and Keith Tackett, and Elsie and Jesse Little.



### Siena Slone celebrates first birthday

Siena Cheyenne Slone turned 1-year-old on July 3. Her parents are Jessica and Brandon Slone of Banner. Siena celebrated her birthday on July 6, at Dewy Lake Spillway with a teddy bear theme party. She has two older sisters, Kelsey, 13, and Madison, 8. She was joined by many family and friends.



Jeffrey and Retha Newsome of Virgie are pleased to announce the wedding of their daughter Amanda Dawn to Jason E. Shannon, son of Donald and Carlotta Shannon. The wedding will take place August 2, 2008, in Oahu, Hawaii.

## Specializing in Occupational Medicine

### Physician Services

- Physicals:
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- DOT
- Bus Driver
- Policeman
- Fireman
- Hazmat
- Respiratory Clearance Exams
- Back fit Evaluations
- FCE-Functional Capacity Exams
- IME-Independent Medical Exams
- Second Opinion Exams
- Basic Medical Exams
- Work related injuries and case management
- Preventative Medicine
- Medical Surveillance for Occupational Medicine Concerns

### Other services offered at office would include:

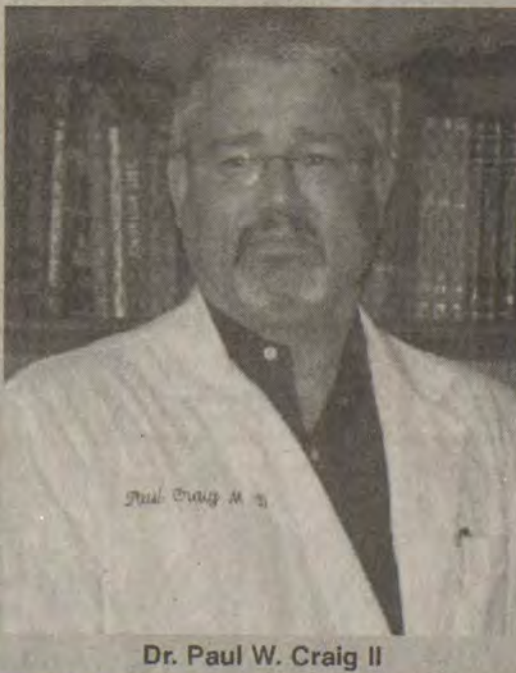
- Drug and Alcohol Screening
- Pulmonary Function Testing
- Audiometric Testing
- Paternity Testing

## Ohio Valley PHYSICIANS

PRIMARY CARE SPECIALISTS



We would like to welcome the newest member of our staff, Dr. Paul W. Craig II. He is a Diplomat for the American Board of Preventive Medicine (Occupational Medicine). Dr. Craig will begin his practice on August 5.



Dr. Paul W. Craig II

Ohio Valley Physicians/Occupational Medicine  
 5000 Ky Route 321, Ste 2008  
 Prestonsburg, Ky 41653  
 ph: 606-889-1601 • fx: 606-889-1603

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"For Sale Special" 3 lines/ 3 days only

\$16

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1. Call: (606) 886-8506, LeighAnn Williams
2. Fax: (606) 886-3603
3. E-mail: classifieds@floydcountytimes.com
4. Stop by: 263 S. Central Avenue, Prestonsburg
5. Mail: P.O. 390, Prestonsburg, KY 41653

Our hours: 8 a.m.-5 p.m.

DEADLINES:  
Wednesday's paper @ Mon., noon  
Friday's paper @ Wed., 5 p.m.  
Sunday's paper @ Thurs., 5 p.m.

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### The Best Way To Write An Ad:

- Begin with a key word (item for sale, etc.)
- Use descriptive words to identify your items
- State your price or terms
- Include a phone number and/or e-mail address

NAME \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
PHONE #: \_\_\_\_\_

Write your ad here:

(approximately 18 letters per line)

CREDIT CARD:

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The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

### AUTOMOTIVE

#### Wheels/Misc

- HICKS AUTO SALES**  
**DAVID ROAD**  
Chevy c60 Dump truck 14 foot bed \$3800.  
1995 GMC Conversion VAN \$3200  
1998 S-10 Blazer. 4 dr, 4 wd \$3,000  
2001 S-10 Blazer loaded \$4,495  
2003 Mist.  
Galant, sunroof, cd, loaded \$4,700  
2002 BuickCentury 37,000 miles loaded \$4,700  
2001 Jeep Cherokee sport loaded \$4,995

For sale: 2002 Suzuki XL7. \$5,000 or best offer. Call 377-6993 or 424-7657

For sale: 1967 Camaro. 70 percent restored. No matching numbers. Call 874-6805.

2005 Black Ford Mustang for sale. Automatic, 6cy, purchased extended warranty. For more information call Tonya at 230-0235.

For sale: 2002 Mitsubishi Montero

Sport. Asking pay-off. 88,000 miles. Call 874-0752.

**2002 Pontiac Sunfire.** Mileage 80,000. Price \$4,800. Phone 874-1007.

**2006 Harley Sporster.** Custom 1200cc, 1400 miles - \$7,200.00 and a 2006 Harley Dyna Lowrider 1600 miles - \$10,400.00. Both excellent condition. (606) 377-2028 or (606) 377-6229.

### EMPLOYMENT

**Post office Now Hiring!** Ave pay \$20/hr, \$57k/yr, incl Fed ben, OT. Placed by ad source. not USPS who hires. Call 1-866-668-5257.

The city of Prestonsburg is accepting applications for a laborer at stone crest golf course maintenance dept. Hourly wage \$7.00. Please see Brenda Hayes at Stone Crest Pro-shop, Monday and Tuesday 9:00am-3:00 pm for application. Applicants will be required to pass police background check.

**House keepers needed.** Must have experience and must work weekends. Come by and apply. Microtel Inn beside the Mountain Arts Center or call 889-0331.

**Positions available** at Paintsville pediatrics. RN, LPN, CNA, medical office receptionist/

billing specialist. Experience preferred. Mail resumes to 822 South Mayo Trail, Paintsville, Ky 41240 or fax to 606-789-9445. Resumes expected via mail, fax, or in person.

**Underground mining crew needed.** For an operating underground mine, 1 million plus. Recoupable to UNDERGROUND PO BOX 200 Main street, Paintsville, Ky 41240.

**Underground miners needed,** met's/ electrician's/ bolters / scoops / etc... Must have valid cards. Immediate positions available. Send resume to JOB OPPORTUNITY 305 Third Street Paintsville, Ky 41240.

**Local environmental company** looking to hire field technician (water sampling) in Eastern Ky area. Send resume to BCI P.O.Box 992 Prestonsburg Ky 41653.

**Paintsville Professional Associates, LLC.** 628 Jefferson Ave. Paintsville, Ky 41240. 606-789-6966. Is looking for part-time substance abuse counselor. Potential to increase to full-

time. Bachelor's degree required. Apply in person.

**CADC. Certified Alcohol and Drug Counselor** needed for Clinical Services Supervision for treatment center. Full time / part-time position. Apply in person, bring resume. Call 437-0047.

**Position opening.** Special Education / HI teacher, grades K-12; valid Ky teaching certification required. Kentucky certification / license or equivalent ability to work with deaf or hearing impaired students

**Will take care of** people at hospital for 8 hr. And will also sit nights with them. I am certified. Call 886-8072. Leave message.

**Mining / industrial sales assistant.** Specialty conveyor component manufacturer is seeking a full-time sales assistant to work with our customers in the mining industry in the eastern Ky and southwestern VA territory. Must be motivated, organized and energetic. Previous industry experience helpful. Send resume to c/o Sales secretary Richwood, PO Box 1298 Huntington,

WV 25714 or email info@richwood.com

**FULL TIME LPN POSITION :** Mtn Manor of Paintsville has a full time LPN ( 7a-7p) position available. Excellent wages and benefits. Apply in person at 1025 Euclid Avenue, Paintsville, Ky from Monday thru Friday between 8:00am-4:30 pm.

**Community Connections** is hiring for a Direct Care Providers. Paid training, all shifts available. There is a 15.00 application fee for a background check that is required for positions. Apply in person at Community Connections 4663 US 23 South level, KY 41602. Phone Number 606-874-1900.

**Miller Bros. Coal, LLC** is seeking qualified applicants for the position of Surface Mine Planning Engineer. Mining Engineering degree and experience required. Competitive salary

and benefits package. Interested applicants should send their resume in confidence to P.O. Box 990, Allen, Ky. 41601. Phone inquiries not accepted.

**100 Workers needed.** Assemble crafts, wood items. To \$480/wk. Materials provided. Free information Pkg 24 Hr. 801-428-4649.

**Heavy Equipment Steam Cleaning Company** needs employees. Must have valid drivers license and up to date surface mining papers. Mine Emergency Tech. is a plus. Call Mon. Thru Fri. 9:00 a.m. to 5:00 p.m. (606) 886-1759 If no answer leave message.

### Services

**If you need brick,** block, stone laid, fireplaces built call Perry Masonry. Call 606-424-2969.

**Looking for office cleaning job** to do in the Prestonsburg & Paintsville area. I am a married chris-

tian woman willing to work and can pass a drug test. Have references. Over 20 yrs in the cleaning industry. Can shampoo carpets, wax floors, run a 1000 rpm buffer. Have been trained in OSHA. Call 789-9172 anytime.

**Need your grass cut?** Call Corey Qualls anytime!! 1-606-216-4769 (C) or 606-889-9303 (H).

### Merchandise

**2- 6 ft glass display cases** for sale. Also 2- 5 ft wood cabinets for sale. Call 886-3142. 9am-5pm

**For Sale: Beautiful Maggie SoHero** wedding gown size 12 original cost \$1600, selling \$500. Call 606-886-9626. If interested please leave message and number.

**BOOK FOR SALE** A book by Donald Crisp "Growing up on Bucks Branch". In Floyd county, on sale now!!!! \$12.50

plus shipping and handling. Contact Donald at 285-3385.

### Animals

**For sale: 2 squirrel dogs.** Call 886-6495.

**Beautiful Eskimo Spitz puppies** for sale. \$75.00 each. Call 285-1980 or 478-7255.

**AKC Registered golden retriever puppies** for sale. \$250. Call 226-4464 or 454-3646.

### Furniture

**Sofa & /Chair for sale.** Newly apolstered. \$450 Must see to believe. Beautiful!!! Call 1-859-6283 or 1-422-5597.

**For sale: Suede couch & loveseat.** Beige in color. In excellent condition. 2 yrs old. Also brand new sealy pillow top mattress and box springs for sale. For mor info call 794-1176.

### Yard Sale

**Yard sale:** Baby girl clothing, children's toys, adult clothing, household items, avon products and much, much more. Home of Darrell Allen 8489 State Road Fork in Prestonsburg, Ky. You can call 606-886-6478. Yard sale will be held on July 28 thru August 2 between the times of 10:00 am to 5:00 pm. If it rains will not be set out!

**ESTABLISHED COMPANY WANTING A MACHINE SALESMAN** with SURFACE MINING EXPERIENCE

Excellent career, and benefits.

Send resumé to: P.O. Box 23 Banner, KY 41603

**AAA Real Estate Services, Inc.** 141 Hibbard St. Pikeville, KY *Let Us Bring You Home*

**BETSY LAYNE**  
**BRICK RANCH** Spacious 3 BR, 2 Bath brick ranch, just off US 23, 2 car attached garage, great room w/see through fireplace, formal LR, Family Room. \$159,000 MLS# 17005

**DANA**  
**LOVELY TRI-LEVEL** 3 BR, 1.75 Baths, LR, FR, Kitchen/Dining Combo, Lg. Utility, 10+/- Acres, Fenced Back Yard, Garage and MORE! \$119,900 MLS# 16489

**HAROLD**  
**MANY POSSIBILITIES** Lg. home w/2 Kitchens, Rec Room, lovely fountain area, 10 BR and more! Would make a great Bed & Breakfast! \$469,000 MLS# 16674

Call for an appointment today!  
Shirley Blackburn - Principal Broker/Owner

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Located just off US 23, at Mare Creek. 3 Bed, 2 Bath, Hardwood Floors, Cherry Custom Cabinets, Formal Dining Room, 2-Car Garage, 10 ft. Ceilings, Professionally Landscaped, 2550 sq. ft. including garage.  
Call 606-478-8100 for more details!!

**Shoppers, Retail, and Dining Establishments**  
Retail and dining establishments need undercover clients to judge quality and customer service. Earn up to \$100 per day. Please call: 1-888-534-5006.

**JOB OPENINGS**  
**For Experienced Legal Secretaries or Individuals with Paralegal Degrees.**  
Please send your resumé to: P.O. Box 960, Allen, Kentucky 41601

**NOW HIRING in Prestonsburg!** **DOLLAR GENERAL**  
**STORE MANAGERS** 1 year mgmt. exp. in a retail environment preferred  
**ASSISTANT MANAGERS** 6 months supervisory experience preferred  
**LEAD ASSOCIATES**  
**ASSOCIATES**  
This is retail! Dollar General Corporation is one of the fastest growing retail companies with more than 8,000 stores in 35 states. Jumpstart your retail career today!  
Apply in person at any area Dollar General location. For more information and to apply online for Management positions, visit: www.dollargeneral.com  
Supports a Drug Free Workplace • Equal Opportunity Employer

**Looking for a Challenge?**  
**We have an opportunity for you!**  
Position location: Paintsville  
**Loan Processor**  
Min. to start \$9.81-Max. \$14.78 per hour  
Job Duties:  
The individual will verify, compile and process application information for all types of loans. Track appraisals and abstracts ordered from all branches.  
Up to 18 months of post high school education or 12-18 months related experience and/or training or equivalent combination of both.  
This position is full-time and comes with a complete package of paid benefits, including health, dental, vision, life and long-term disability insurance, paid vacation and 401(k) retirement.  
Apply at any Citizens National Bank location  
P.O. Box 1488, 620 Broadway, Paintsville, KY 41240  
(606) 789-4001  
www.cnbonline.com  
**Citizens**  
The bank for your life  
An Equal Employment Opportunity Employer

**Enjoy working with numbers?**  
**We have the position for you!**  
Position location: Paintsville  
**Posting/Balancing Clerk I**  
Min., \$7.68—Max, \$9.63 per hour  
Job Duties:  
This position is to accurately input all information and post file maintenance and changes to existing accounts through the core system while verifying specific information required at the new account level. The position requires a working knowledge of all bank products as data entry applies to each, including, but not limited to, policies, procedures, rules and regulations that govern new account requirements. Also, to balance General Ledger and various other accounts daily.  
The position is full-time and comes with a complete package of paid benefits, including health, dental, vision, life and long-term disability insurance, paid vacation, and 401(k) retirement.  
Apply at any Citizens National Bank location  
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# Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.

**MESSER'S DEPARTMENT STORE**  
S.A.S., Eastland, Redwing, Carhartt & Levi's  
9 - 6 MON. - SAT., 1 - 5 SUN.  
606-285-3104

**HIGHLANDS REGIONAL**  
The Medical Center of Eastern Kentucky  
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**886-8511**  
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Member AHA and KHA Accredited by JCAHO  
Physician Referral 886-7586

**DILS & COMPANY**  
SERVICE AND SUPPLIES  
**437-4609**  
Mon. - Fri. 7:30 a.m. - 6:00 p.m.  
Sat. 8:00 a.m. - 3:00 p.m.  
Town Mt. Rd., Pikeville, Kentucky

**Hall Funeral Home**  
24-Hour Obituary Line  
  
Martin, Ky • 606-285-9261

**Nelson-Frazier Funeral Home**  
Our Family Caring For Your Family  
Two Locations  
Martin (606)285-5155 • Hindman (606)785-9808

**Tackett Furniture Superstore**  
Martin, Kentucky  
606-285-0900

**MedZone Pharmacy**  
Locally Owned & Operated  
Pharmacists: Cheryl Little & Sam Waddle  
Located past HRMC on Left.  
Convenient Drive-thru Service.  
**889-9003**  
Open: Mon. - Fri., 9 am - 5:30 pm • Sat., 9 am - 1 pm

**RS BODY CO. INC.** **Godwin**  
Manufacturing Co., Inc. Dunn, NC  
**PAGE SUSPENSIONS**  
Office: (606) 874-2151  
Toll Free: 800-826-7413  
Fax: (606) 874-9136

**Layne Bros.**  
  
level  
**478-1234**

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**Little Caesars PIZZA**  
Village Drive  
**886-8215**

**CATHOLIC HEALTH INITIATIVES**  
Phone: (606) 285-6400  
Fax: (606) 285-6409  
www.ohwh.org  
**Our Lady of the Way Hospital**  
11203 Main St. Box 910 Martin, KY 41649

**ASSEMBLY OF GOD**  
First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister.  
In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.  
New Bethel Assembly of God, Burring Fork Rd., Salyersville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.  
Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 60 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

**BAPTIST**  
Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.  
Auxler Freewill Baptist, Auxler; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.  
Ball Branch Regular Baptist Church, Mousay Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor. Contact Kermit Newsome 606-377-6881 for more information.  
Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.  
Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.  
Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m.; Vera Joiner, 886-3863, ext. 67267.

Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.  
Brandy Keg Freewill Baptist, Corn Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.  
Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.  
Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.  
Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathon Lafferty, Minister.  
Daniels Creek Baptist Fellowship Church of God, Banner Services; Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.

Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister.  
Endicott Freewill Baptist, Buffalo; Sun. School, 10 a.m.; Church every Sun. Morning 11:00 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; First Sat. evening Service, All Welcome 7 p.m. Pastor Mark Hunt, 606-479-2698.  
Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wireman.  
Faith Freewill Baptist, 1/4 mile above Worldwide Egpt. on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Elder Donnie Patrick and Buddy Jones, Ministers.  
First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.  
First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

First Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minister.  
Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.  
Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7 p.m.  
Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.  
Gretzel Baptist, State Rt. 3379, (Branham's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Crace, pastor; Asst. Larry Patton. Phone 358-4275.  
Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.  
Jacks Creek Baptist, Bevinville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trusty.  
Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor.  
Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.  
Lancer Baptist Church, 71 Cooley St., Prestonsburg, Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m., Evening Worship, 6:00 p.m., Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter.

Left Beaver Regular Baptist Church across from Garth School; 4th Saturday & Sunday 10:00 am. Odd Saturday 6:00 pm; Gary Compton, Pastor.  
Liberty Baptist, Denver; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.  
Ligon Community Freewill Baptist, Ligon Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.  
Little Rosa Regular Baptist Church of Jesus Christ, (Indian Bottom Association) Services: 1st Saturday & Sunday of every month 9:30 a.m., 3rd Sunday 9:30 a.m., Odd Sunday 9:30 a.m.  
Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.  
Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.  
Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.

McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.  
Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Eugene Cook, Minister.  
Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home phone 285-3385  
Pleasant Home Baptist, Water Gap Road, Lanoar; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.  
Prater Creek Baptist, Banner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; J.B. Hall, Pastor. Phone: (606) 874-3222.

Rock Fork Freewill Baptist; Garrett Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.  
Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Grace Jr., Assistant Pastor.  
Salt Lick United Baptist, Salt Lick, Hueysville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123.  
Sammy Clark Branch Freewill Baptist, Daria; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.  
Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.  
The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Phillip Ramey, Pastor.  
Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.;

Wednesday, 7 p.m.; Chuck Ferguson, Minister.  
Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.  
Trimble Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m., Youth Services 7 p.m.; Everyone Welcome.  
United Community Baptist, Hwy. 7, Hueysville; Worship Service, 2 p.m.; Friday, 7 p.m.; Carlos Beverly, Minister.  
Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferrari, Minister.

**CATHOLIC**  
St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday; Father Robert Damron, pastor.  
**CHRISTIAN**  
First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.  
Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sherm Williams, Minister.  
**CHURCH OF CHRIST**  
Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.  
Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.  
Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister.  
Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.  
Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.  
Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonie Meade, Minister.  
Mare Creek Church of Christ, Starville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.  
Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m. Gary Mitchell, Minister.  
Maytown Church of Christ, 66 Turkey Creek Rd., Langley. Sunday Bible Study 10:00 a.m.; Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible Study 6:00 p.m.  
Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy Dale Bush, Minister.  
Weeksbury Church of Christ; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m. Mike Hall, Minister.

**CHURCH OF GOD**  
Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.  
Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.  
First Church of God; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.  
Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Family Training Hour - Thursday 7 p.m., Bill B. Tussey, Jr. Pastor.  
Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.  
Little Paint First Church of God, 671 Little Paint Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Heater Jr., Minister.  
The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

**EPISCOPAL**  
St. James Episcopal; Sunday Service, 9:45 a.m.; Holy Eucharist 11:00 a.m. Wednesday Study Group 6:00 p.m., Holy Eucharist & Healing 7:30 p.m. Father Johnnie E. Ross, Rector.  
**LUTHERAN**  
Our Savior Lutheran, Sipp Bayes Room Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLV (600 am) 12:05 p.m.; Rolland Bentrup, Minister.  
**METHODIST**  
Auxler United Methodist, Auxler; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Garfield Potter, Minister.  
Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.  
Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.  
Community United Methodist, 147 Burke Avenue (off University Drive and Nealey St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Glen "Sandy" Douglass, Rev.  
Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.  
Emma United Methodist, Emma; Sunday School 10 a.m., Sunday Worship Service 11 a.m.; Pastor David Proffitt.  
First United Methodist, 256 South Arnold Avenue; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev Jim Adams, Pastor.  
Horn Chapel Methodist, Auxler Road, Auxler; Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Mid-week Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Larry J. Penix, Minister.  
Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.  
Salisbury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.  
Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.  
Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.  
Vogle Day United Methodist Church, Harold; Sunday School,

**Devotional Spotlight**  
  
**Lancer Baptist Church**  
Bobby Carpenter  
Pastor  
Sunday School 10:00 a.m.  
Sunday Worship 11:00 a.m.  
Evening Worship 6:00 p.m.  
Wednesday 7:00 p.m.  
Attention Church Organizations, send in a picture of your church, pastor, or youth leaders.

10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor.  
Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannor, Minister.  
Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister.  
Free Pentecostal Church of God, Weeksburg; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John "Jay" Patton, Minister.  
Free Pentecostal Deliverance, Ext. 46 off Mt. Parkway at Campbell; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Order, Minister.  
Free Pentecostal Holiness, Rt. 122, Upper Burton; Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis Sarlan, Minister; David Pike, Associate Minister.  
Goodloe Pentecostal, Rt. 850, David; Worship Service, 6 p.m.; Malcolm Stone, Minister.  
Parkway First Calvary Pentecostal, Floyd and Magoffin County Line.; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister. 297-8262.  
Trinity Chapel Pentecostal Holiness, Main St., Martin; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Ellis J. Stevens, Minister.  
Free Pentecostal Church, Dwalet; Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

**PRESBYTERIAN**  
Drift Presbyterian, Route 1101, Drift; Worship Service, 11 a.m.  
First Presbyterian, North Lake Drive; Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev. Vicki Poole, pastor.  
**SEVENTH DAY ADVENTIST**  
Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church: 886-3459, leave message. Everyone welcome!  
**THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS**  
The Church of Jesus Christ of Latter-Day Saints; Sacrament Mtg., 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Prest-hood/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Ken Carriere, Bishop.

**OTHER**  
Pastor Atha Johnson welcomes everyone to attend services at the CHURCH OF GOD OF PROPHECY TRAM KENTUCKY. Sunday school 10 a.m., Worship service 11 a.m.  
Drift Independent, Drift, Sunday, 11 a.m.; Thursday, 6:30 p.m.  
Grace Fellowship Baptist Church, (next to old flea market), Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.  
Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.  
Faith 2 Faith, Harkins Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thurs. 7 p.m. Randy Hagans, Minister. 886-9460.  
Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed. 7 p.m. Carl & Missy Woods, Pastors.  
Faith Worship Center, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.  
Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 pm; Lavonne Lafferty, Minister.  
Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.  
Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor: Curt Howard.  
Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m., Saturday/Sunday.  
Old Time Holiness, 2 miles up Arkansas Creek; Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.

Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-1003.  
Town Branch Church; Sunday School 10 a.m. except for first Sunday in each month; Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.  
The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.  
The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Aiken.  
Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.  
Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayer Line: 358-2001; Darlene W. Annette, Pastor.

Taylor Chapel Community Church, formerly the old Price Food Service building, located 1/4 quarter mile above Worldwide Equipment, Rt. 1428. Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m. Kenny Vanderpool, Pastor.  
International Pentecostal Holiness Church, 10974 N. Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor.  
Rising Sun Ministries, 78 Court Street, Allen, Ky.; Sunday, 10:30 a.m.; Wednesday, 6:30 p.m. Pastor: D.P. Curry.  
Church of God of Prophecy, Sunday School 10 a.m., Worship Service 11 a.m., Sunday Night - 6 p.m., Wednesday Night - 6 p.m. Pastor Glenn Hayes, West Prestonsburg.  
House of Refuge, Rock Fork; Sunday Evening Worship 6 pm, Monday Bible Study 7:30 pm. Wednesday Prayer Meeting 7:30 pm. Bill B. Tussey, Pastor

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**Rentals**  
**APARTMENT**

**For rent: 1 br** small efficiency apartment. Located between Allen & Prestonsburg on Rt 1428. Fully furnished. Suitable for 1 or 2 people only. Private parking. All utilities are furnished including basic tv cable. \$475 mth plus \$250 deposit. No pets. Call 606-262-4296.

**Nice apartment** for rent. Timberline estates prestonsburg. 2 br, 1 1/2 bath with kitchen appliances and w/d furnished. \$500 month plus utilities. Call 606-886-1997.

**Apartment** for rent. 2 br, 1 bath. Located on US 23 above Unisign at lvel. \$350 month plus security deposit. 1 yr lease. No pets. Call 606-478-8100

**Apartment** for rent. 3 Br, wall to wall carpet, living room, dining area. Unfurnished. \$ 500 - 525 per month. Plus utilities. Call 606-285-9000 10am - 9pm.

**1 Br apt for rent.** All utilities paid. \$475 per month. 4 miles West of Mtn Parkway. Call 886-6061.

**Apartment** for lease. 1 br furnished or unfurnished. Located close to town, on Old 114 Behind the Mountain Arts Center. No pets and no HUD. Call 606-205-9510 or 606-263-4323.

**2 BR extra nice unfurnished** apt. neat new Food City. Least and deposit required. No pets. no HUD. \$500 per month. Call 886-3565.

**APT FOR RENT** Branham height Apt Wheelright KY, is now accepting applications for one bedroom Handicap accessible Apt. rent is based on income. Contact Kathy 452-4777

**Apartment** for rent. 2 br excellent condition. References required. Call 886-8366.

**Houses**

**House for lease-** 3 br, 3 1/2 bath. Rt 80 at Garrett. Extremely private. Swimming pool available. Large

yard. Call 454-3646 or 434-1281.

**For rent: 2 Br** newly remodeled home. \$500 month security deposit required. Call Monday - Friday after 6pm 886-2239 or Sat-Sun before 2 pm. References required. HUD approved.

**For rent: 2 Br** house. Located at Cowcreek. Central heat / air. Call 874-9132.

**House for rent** on Little Paint Crk. Quiet neighborhood, very clean, renovated, about 1100 sq ft. Carport, storage building, lease required. No pets. \$600 month plus utilities. Call 886-3613 or 791-0565.

**House for rent** Allen, Ky @ Reynolds Hill. 3 Br, 2 bath big living room & large kitchen. \$700 month, \$500 deposit. Call 478-1122 or 791-5262.

**House for rent:** 1,500 sq ft. 2 Br, 1 bath fully furnished. All utilities. Located on US23 between Prestonsburg & Pikeville. \$795 deposit & \$795 month. Call 606-422-1862.

**2 BR Duplex** for rent, central heat and air. 1 mile North of

Prestonsburg. No pets, references and security deposit required. Call 889-9747 or 886-9007.

**Mobile Homes**

**New federal** lending program for landowners. No down payment & low monthly payments. Complete improvement packages available. Will also remove existing homes. Call 866-597-2083.

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**For sale: Dutch** 28x64 built up north was 65,500 now 45,000. Kitchen as new cabinets, stove with built in microwave. Also has dishwasher, fridge with ice maker, garbage disposal. 3 Br 2 bath, Master br has walkin closet, new floor, garden tub in master bathroom. Utility room w/space for w & d. New a/c unit, new duck work under

floor Also 24 round pool with 52 inch walls and cover and hot tub. For more info call 886-6371 or 226-2852.

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**For rent: 2 br** mobile home at Minnie. Call 606-637-6346.

**For rent: 3 br, 2** bath double wide at Hueysville. City water, nice yard, HUD approved. Deposit and references required. Call after 5:00pm 886-8223.

**2 Br mobile** home for rent. Call 889-0363.

**For rent: Nice 2** br Mobile home for rent in Prestonsburg. Call 874-0875 or 226-

3207.  
**LOTS FOR RENT** Dwale Mobile home Park. off US 23 near Prestonsburg. Nice quiet community. Restrictions apply. 606-377-2357

**2 Mobile homes** with land for sale. Located at Cliff - side. Approx 2 miles from town for more info contact 791-3727.

**1996 Mobile** home for sale. 14x72, 2 Br, 2 bath, newly remodeled. Call 606-353-4551.

**For rent: Very** good condition. 3 Br, 2 bath mobile home. Located close to Prestonsburg community college. Central heat / air. 2 inch installed metal top that reduces electric bill. Garbage, water, sewage provided. No HUD. Rent \$500

month with \$400 deposit. Must have 1 yr of references. Call 606-874-2162.

**Lots for rent.** For mobile homes and travel trailers. Nice, clean, well suited for retiree's. 4 miles west of MAC. Rt 114. Call 886-2288.

**Mobile home** for rent. 3 br nice location. \$400 a month, plus \$400 deposit. Located at Saltlick, community church rd. Call 358-4303.

**For rent: Small** furnished mobile home for rent. Just off of Mountain Parkway on old 114. Call 886-8724.

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**Legals**

**NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-7012**

In accordance with KRS 350.055, notice is hereby given that Matt/Co, Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653, has applied for a permit for a surface coal mining and reclamation operation located approximately 0.07 miles east of Big Branch in Floyd County. The proposed operation will disturb 37.98 surface acres within the permit boundary. The proposed operation is approximately 0.52 miles southeast from KY 3's junction with KY 1428 and located along Big Branch. The

proposed operation is located on the Lancer U.S.G.S 72 minute quadrangle map. The operation will use the haul road only method of surface mining. The surface area to be disturbed is owned by Frank and Judith Adams, Tri-Star Development, Inc., and Alma Land Company. The application has been filed for public inspection at the Department for Natural Resources' Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Mine Permits, #2 Hudson Hollow Complex, U.S. 127 South, Frankfort, Kentucky 40601.



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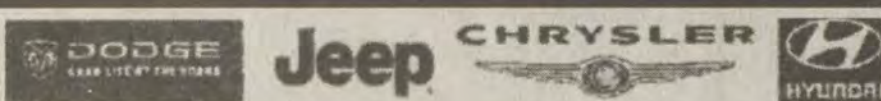
Victims of the recent hurricane need help immediately. The American Red Cross is on the scene—providing shelter, food and counseling. But your help is urgently needed. Your contribution will help the victims of the recent hurricane and thousands of other disasters across the country each year.

Make a financial contribution to the Disaster Relief Fund. Please contact the Red Cross at **1-800-HELP NOW** redcross.org



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