

The Times

FLOYD COUNTY

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Volume 82, Issue 68 • 75 Cents



SLONE

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— page B1

briefs

Jury awards \$6.2 million for shooting

by JACK LATTA
STAFF WRITER

FRENCHBURG — A circuit court jury in Menifee County awarded 6.2 million dollars in a verdict this week to the estate of a Langley man who was shot and killed in 2004.

Christopher Akers, of Pike County, entered a plea bargain pleading guilty to first-degree manslaughter in the shooting death of Benjamin "Frankie" Martin who was killed in October 2004 while visiting his sister's cabin near Cave Run Lake.

After the two-day trial, a jury awarded Martin's estate \$200,000 for lost income, \$1 million for pain and suffering, and \$5 million in punitive damages.

Martin's estate was represented in the trial by Bobby Rowe & Associates of Prestonsburg, and Lucas & Carter of Pikeville.

Bobby Rowe said that the Martin's family had always been upset about Akers only receiving a 20-year prison sentence and that they now "finally feel justice is done, and they can now have some closure."

Detective says suspect admitted killing

by JACK LATTA
STAFF WRITER

PRESTONSBURG — Two Prestonsburg men suspected of murdering another Floyd County man and attempting to cover up the murder with a fire were in Floyd District Court Wednesday for a preliminary hearing.

Kentucky State Police troopers were called out to the home of Tommy Bentley, 46, on Luke Ward's Drive at 1 a.m. last Saturday after receiving reports of a fire. A preliminary investigation determined that Bentley, who was discovered inside the home near the front door, had been shot in the head.

During Wednesday's hearing, Det. Mike Goble, of the KSP, testified that the preliminary results of the autopsy on Bentley was death by gunshot wound.

Goble said that arson investigator Det. Rodney Carroll had determined through his preliminary investigation that arson was the cause of the fire because the fire had two points of origin, but that his initial investigation showed that no accelerants had been used to start the blaze.

Goble said that John Blair Jr., a nearby resident, had heard what he thought sounded like change hitting the streets, and upon investigation found a .22 caliber rifle laying in the road, with some change. Blair left the scene where he saw the rifle, only to return later to find the rifle missing.

Goble said that later, a KSP trooper noticed a car parked across the road from the burning home, and upon inspection, discovered Tim Marsillett with the car.

According to Goble, Marsillett, 39, told



photo by Jack Latta
Tim Marsillett, right, and Richard Adkins, left, were in Floyd District Court Wednesday for a preliminary hearing. Marsillett and Adkins are charged with last week's murder of Tommy Bentley.

(See MURDER, page nine)

PROJECT BEGINS



photo by Jack Latta

Highway Department road crews began taking down the traffic lights on North Lake Drive as part of the planned construction work to separate the storm and sewer lines in downtown Prestonsburg. At least one traffic accident and several near-misses were reported due to the rerouting of traffic.

Last of laidoff road workers brought back

by JACK LATTA
STAFF WRITER

PRESTONSBURG — Six more county road crew employees who were laid off earlier this year were brought back to work Wednesday during a special called session of the fiscal court.

After meeting in executive session for nearly two hours, members of the Floyd County Fiscal court voted unanimously to bring back six road crew workers, as well as one office worker who had been laid off due to budget constraints in January.

Thirty-two county employees, representing 60 percent of the county workforce, were laid off due to the cuts. The employees brought back were Donnie Gayheart, Bruce Prater,

Chad Frasure, Duran Newsome, Danny Blanton, Brad Tackett, and Donna Dye.

According to Magistrate Jackie Owens, all road crew employees have now been brought back to work.

The court determined in April that the employees would be brought back based on job classification and skill, when the fiscal court was financially able.

Fiscal court members said at the time of the layoffs that the Fletcher Administration, which in its last year awarded no money for Floyd County roads, as well as a number of outstanding loan payments, was to blame for their budget woes.

"I'm glad we have all of the road workers back,"

(See COUNTY, page ten)

2 DAY FORECAST

Today



High: 95 • Low: 70

Tomorrow



High: 95 • Low: 70

For up-to-the-minute forecasts, see floydcountytimes.com

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Study: Finished highway system a boon for Appalachia

by MICHAEL FELBERBAUM
ASSOCIATED PRESS

RICHMOND, Va. — The hills of Appalachia, one of the country's most poverty-stricken regions, could provide tens of thousands of jobs and billions of dollars once a nearly finished highway system is complete, according to a study released Thursday.

Finishing the more than 3,570-mile Appalachian Development Highway System created more than four decades ago will enhance competitiveness, improve travel times and help link the 13-state region to a global trade network, according to the study by the Appalachian Regional Commission.

"You can see the economic benefit; that it is a wise investment for both Appalachia and the rest of the country," said Anne Pope, co-chairman of the ARC, a federal-state partnership that works to create opportunities for economic development and quality of life improvement in the region that stretches from southern New York to northeast Mississippi.

About 85 percent of the system authorized by Congress in 1965 is complete, but some of the most isolated and destitute areas lie within the 434 miles to be completed, and the ARC is depending on federal money to finish the project.

(See ROADS, page ten)



photo by Jack Latta

Floyd County Tourism Director Fred James, Mayor Jerry Fannin, Judge-Executive R.D. "Doc" Marshall, Denzil Allen, Jeff Crowe and Vicki Kidd were on hand Thursday for the grand opening of the new Country Music Highway tourism kiosk located in front of the Bull Creek Trade Center. Kidd, president of Southern & Eastern Kentucky Tourism Development Association, said the kiosk is designed to attract tourists traveling along the highway and give them ideas about activities in the region.

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Obama still unknown to some Kentuckians

by BRUCE SCHREINER
ASSOCIATED PRESS

LOUISVILLE — Eastern Kentucky Democrat Herbie Deskins came face-to-face with a jaw-dropping misperception about Barack Obama, who clinched his party's presidential nomination despite the primary shellacking he took from Hillary Rodham Clinton in the Bluegrass state.

Deskins was talking about

Obama when a friend blurted out, "Well, he's a Buddhist isn't he?"

Deskins said the recent encounter shows that the Illinois senator, who is Christian, remains a mystery to some in a region where Democrats generally need a big turnout to boost their chance at statewide success.

"People really don't know who he is," said Deskins, a Pikeville attorney and former

state lawmaker.

Now, two weeks after Clinton trounced Obama by a more than 2-to-1 margin in the state's primary election, Kentucky Democrats awoke Wednesday to the reality that he'll be their party's presidential nominee.

Clinton carried all but two of Kentucky's 120 counties in winning 65.5 percent of the vote to Obama's 30 percent on May 20. Obama won the two

most populous counties but lost badly in rural regions.

"It's going to take some time for Kentuckians to adjust to it," JoEtta Wickliffe, a Clinton supporter and a Democratic National Committee member, said of Obama's status as nominee-in-waiting. "I think they will. We want to have a Democratic president and I feel sure that we'll all come together when the time comes."

Wickliffe said she remained committed to Clinton as a party superdelegate and would do so until she's told otherwise by Clinton or until the New York senator concedes.

"When I give my word, I give my word," Wickliffe said.

Democrats began assessing Obama's chances in November against presumptive Republican presidential nominee John McCain, and how the Illinois senator could boost his dismal showing in Kentucky's primary. President Bush easily carried Kentucky in the last two presidential elections.

Some Democrats urged Obama to choose Clinton as his running mate, saying it would give him a needed boost.

"To secure the White House, he needs to unite the party, and the only way he can unite it is to take her," said Pike County Judge-Executive Wayne T. Rutherford, a Clinton supporter. "He's going to have to have a lot of help, and Hillary can help him."

In some predominantly Democratic Appalachian counties, Clinton beat Obama by eye-popping margins. In Pike County, Clinton outpolled Obama 12,916 to 936, while in Floyd County the difference was 11,714 to 693, according to unofficial election results.

Democratic state Rep. Greg Stumbo, who represents Floyd County, said the lopsided outcome was due partly to the region's fondness for Clinton. But it also reflected uncertainty about Obama, which could hold down turnout in

November in a heavily Democratic area unless he connects with voters, Stumbo said.

"He has to gain some trust with voters up there," Stumbo said. "They are good Democrats, but they may just stay home if they have some doubts about him. He has to quell those doubts."

A low turnout could have serious implications for other Democrats down the ballot, he said, including Senate candidate Bruce Lunsford, who is challenging Senate Republican leader Mitch McConnell.

Had Clinton been the party's presidential nominee, "It would have made Bruce Lunsford's race a whole lot easier," Stumbo said. "It would have made every Democrat's race a whole lot easier," except those in urban areas where Obama is already popular.

Stumbo said there are opportunities for Obama to connect with working-class whites in Appalachia.

Obama should tout his days working as a community orga-

nizer in Chicago, he said. And Stumbo suggested that Appalachians and blacks have had shared experiences.

"We've felt some discrimination through the years," he said. "We get called bad names, perhaps like African-American people have been, just because of the way we talk or where we happen to live."

Democrats said Obama needs to come back to Kentucky and talk about core issues such as job creation, education, health care and an energy policy that includes coal — an abundant resource in the state.

"If he'll come to Kentucky and talk to us and assure us of what he plans to do, then I think he can mend some fences," Wickliffe said.

Scott Lasley, a political scientist at Western Kentucky University, said Kentuckians shouldn't count on seeing much of Obama in the state in coming months.

"If he didn't spend any time here in the primary, he's not going to spend a whole lot of time here in the general election," he said.

Obituaries

Henry Shannon Bailey

Henry Shannon Bailey, age 90, of Pikeville, passed from this life on Wednesday, June 4, 2008, after a lengthy illness.

He was born May 24, 1918, in Greenup County, the son of the late James Riley and Emma Cordelia Easterling Bailey.

He was retired from the coal industry, having worked as a miner and operator for more than fifty years. He was a longtime member of Coal Operators and Associate, and a member of the Oleika Shrine Temple. He was a paratrooper during World War II, and made many jumps in the European Theatre. As a young man, he was a member of the Civilian Conservation Corps.

He is survived by his loving wife, Ida Mae (Hall) Bailey; his daughters: Jackie (Donny) Bowling and Gerry (Danny) Adkins, both of Pikeville; his grandchildren: Matthew (Pie) Adkins, Erica Pena, Jackson Howie, and Andrew Bowling; and his great-grandchildren: Anabelle and Alex Adkins.

Funeral services will be held Saturday, June 7, at 11:00 a.m., at Hall Funeral Home, Martin, with Tracy Patton officiating.

Burial will be in the Buckingham Cemetery at Bevinville, under the direction of Hall Funeral Home.

Friends can call after 5:00 p.m., Thursday. (Paid obituary)

Wanda Williams Davis

Wanda Williams Davis, 60, of Inez, passed away Wednesday, June 4, 2008, at King's Daughters Medical Center, in Ashland.

She was a member of the First Baptist Church of Inez. She was a 1965 graduate of Betsy Layne High School, and a 1972 graduate of Morehead State University and was retired from the Office of Human Resources in Inez.

She was born February 16, 1948, in Floyd County, the daughter of Pete Williams (deceased) and Lazelle Williams of Banner.

In addition to her mother, she is survived by her husband, William Ronnie "Bill Bo" Davis of Inez; a son, Brian Christopher Davis of Inez; a brother, Keith Williams of Banner; and several nieces and nephews.

Funeral services will be at 1 p.m., Friday, June 6, at the First Baptist Church, in Inez, with Rev. Paul Schmidt officiating.

Burial will be made in the Williams Family Cemetery, at Banner.

The family will receive friends at 6 p.m., Thursday, June 5, at Richmond-Callahan Funeral Home, Inez.

(Paid obituary)

Robert Mario Ranier "Bobby"

Robert Mario Ranier "Bobby", 72, of Daytona Beach, Florida, formerly of Prestonsburg, died Sunday, June 1, 2008, at Halifax Medical Center, Port Orange, Florida.

Born July 10, 1935, in Paintsville, he was the son of the late Tony and Regina Echols Ranier. He was a retired Pikeville Post No. 9 State Trooper; a former 2-term city councilman and police commissioner for City of Prestonsburg; a former Prestonsburg city police officer; a gunsmith by trade; a US Army veteran; and a member of the American Legion and Amvets.

He is survived by his wife, Harrietta Bowens Ranier.

Other survivors include two daughters and son-in-law: Deborah Ann Ranier of Virginia; and Regina Michelle (Daniel) Sprague of Daytona Beach, Florida; two grandchildren: Ciara Elise Sprague and Maegan Leighann Sprague.

In addition to his parents, he was preceded in death by a brother and three sisters: Harry Bruno Ranier, Blanche Hall, Rose Margaret Ranier, and Toodles Ranier.

Funeral services will be held Saturday, June 7, at noon, at Nelson-Frazier Funeral Home, in Martin, with Frank Jr. Kidd, Bruce Coleman, and others, officiating.

Military funeral services will be conducted by the Betsy Layne DAV Chapter 169.

Burial will be in the Lucy Hall Cemetery, in McDowell.

Visitation is Friday, after 5 p.m., at the funeral home.

(Paid obituary)

Macon A. Ray

Macon A. Ray, 81, died at his home in Corydon, Indiana, on Tuesday, June 3, 2008.

He attended Western State University, and graduated from the University of Kentucky. He continued graduate work and received a masters degree from Indiana University.

He served in the Merchant Marines during WWII, and continued to serve in the U.S. Army, and U.S. Army Reserves, where he retired as a Captain.

As a high school art teacher for 30 years, he started his career at South Hopkins High School, continuing at Bardstown High, Nazareth College, and retiring from Corydon Central High.

In addition to teaching, he performed at both Stephen Foster The Musical, and Young Abe Lincoln for twenty plus years. He was a proud member of the distinguished organizations: The Kentucky Colonels, as well as the State of Indiana Council of the Sagamores of the Wabash.

He is survived by Linda Berry Ray, his wife of 51 years; two sons: Wyman A. Ray of Owensboro; and Warren B. Ray (Melissa) of Louisville.

He was preceded in death by a sister, Jean Carol Johnson.

Macon's life will be celebrated on Sunday evening, June 8, at 7 p.m., at his church, The Corydon Presbyterian Church, 568 Hwy. 62 West, Corydon, Indiana.

Arrangements are handled by Gehlbach & Roysse Funeral Homes Inc., Corydon, Indiana. (Obituary information, courtesy of Nelson-Frazier Funeral Home, Martin) (Paid obituary)



Paula J. Terry

Paula J. Terry, 44, wife of J. Patrick Terry, died Tuesday, June 3, 2008, at her residence.

Born in Pikeville, she was the daughter of Martha Kendrick Porter of Allen, and the late Paul Porter.

She was a graduate of Prestonsburg High School and Lexington Community College. She was a registered dental hygienist, a longtime employee of Smith & Steckler, PSC, and a member of Porter Memorial Baptist Church. Paula was a loving mother to every child she ever met.

Survivors in addition to her husband and mother, include a daughter, Emily Nicole Terry; a son, James Parker Terry; two brothers, James L. (Phyllis) Porter and Paul D. (Denise) Porter; a sister, Linda L. (Virgil) Conn; six nephews; three nieces; and numerous other relatives.

She was preceded in death by her first husband, Mark Howard.

Funeral services will be at 7 p.m., Friday, June 6, at Porter Memorial Baptist Church, 4300 Nicholasville Rd., Lexington.

Visitation will be at 4 p.m., Friday, until the time of the service at the church.

Burial will take place at 2 p.m., Saturday, in the Grace Allen Webb Cemetery, in Allen.

An educational fund has been established for Paula's children. Donations may be made payable to: Emily N. Terry and James P. Terry Educational Fund, c/o American Founders Bank, 3616 Walden Dr., Lexington, KY 40517.

Kerr Brothers Funeral Home, Harrodsburg Rd., Lexington, is handling the arrangements. (Paid obituary)

Williams suspends Senate office renovations

The Associated Press

FRANKFORT — Senate President David Williams has halted renovations on Kentucky lawmakers' digs at the Capitol Annex.

Williams, a Burkesville Republican, sent a letter to Legislative Research Commission director Robert Sherman on Wednesday informing him of the decision to indefinitely suspend renovation work at the annex.

State officials were review-

ing bids this week to renovate the building's second floor. Plans called for new Senate offices, caucus rooms with kitchens, a news conference room and a Senate lounge. There were also plans to buy new furniture, appliances and electronics.

In his letter to Sherman, Williams says he determined to indefinitely suspend the renovations because of "present financial constraints affecting segments of state government."

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Card of Thanks

The family of Betty Sue Vicars would like to gratefully acknowledge and thank everyone who, in anyway, offered support and comfort during the loss of our loved one. Special thanks to Louie Ferrari and the singers of Wheelwright Freewill Baptist Church. You did a wonderful job. Thanks, also, goes to Charles Collins and John Allen for their part in the services. We appreciate Nelson-Frazier for their help. Betty was loved, and will always be missed. She holds a special place in our hearts.

THE FAMILY OF BETTY SUE VICARS

Card of Thanks

The family of Clova Fuller would like to express our heartfelt appreciation to friends, neighbors, and loved ones who helped comfort us during this time of sorrow. Thanks to all who sent food, flowers, cards, prayers, or who spoke kind words. A special thanks to Hall Funeral Home; and everyone in the surroundings areas of Hueysville, Martin, and Prestonsburg. Also a special thanks to Hospice, and to family and friends.

THE FAMILY OF CLOVA FULLER

For the Record

Marriage Licenses

Tiffany Hopson, 23, to Jerry Fannin, 51, both of Prestonsburg.
 Wendy Hall, 22, to Shawn Smith, 29, both of Prestonsburg.
 Pamela Younce, 20, to Kevin Wright, 21, both of Morehead.
 Johna Lawson, 33, of Prestonsburg, to Wesley Kilborne, 31, of Eolia.
 Darlene Yarkic, 43, to Jackie Woods, 49, both of Prestonsburg.
 Sharon Sturgill, 42, to Christopher Jenkins, 31, both of Wayland.

Civil Suits Filed

Larvonia Jackson vs. Shane McCray, et al
 Stephanie Kaea vs. Michael Kaca
 Pinnacle Credit Services vs. Ollie Johnson
 Sandy L. Carroll vs. Jody W. Carroll
 Lora Gibson vs. Scotty L. Gibson
 Cynthia Salisbury vs. Cristie S. Howell
 DH Capital Management vs. Sharon Potter
 Citibank South Dakota vs. Robert B. Bolen
 Tiffany Hopson vs. Steve Moreno
 Lamarsha Hall vs. Britta Younce
 Lamarsha Hall vs. Arlie Younce
 Bobby Meade vs. Tina Meade
 Mike Patrick, et al vs. Arvin Thompson
 Midland Funding vs. Angela Clark

Small Claims Filings

Collins Financial Service vs. Phyllis Crider
 Collins Financial Service vs. Tina Pinson
 Collins Financial Service vs. Tommy Newsome
 Collins Financial Service vs. Patrinn McKinney
 Collins Financial Service vs. Lonnie Allen
 Abbott Engineering, Inc. vs. Carl Compton
 Randy Osborne vs. Patricia Devers
 AIS Services vs. Gary D. McCoy
 Midland Funding vs. Angela Blair
 Asset Acceptance vs. Douglas Maynard
 Arrow Financial Services vs. Douglas Johnson
 Credigy Receivables vs. Christopher Clark
 Midland Funding vs. Laura Kilgore
 Elite Recovery Services vs. Rhonda Conn
 Prestonsburg Housing Authority vs. Teresa Collins
 Allard Newsome vs. Emogene Engle
 Cash in Hand vs. Rachel Johnson
 Cash in Hand vs. Judy F. Stephens
 Cash in Hand vs. Stephanie Hunt
 Cash in Hand vs. Hal Duncan
 Cash in Hand vs. Roger Dean Garrett
 Cash in Hand vs. Cory Mondragon
 Capital One Bank vs. Audrey Parsons
 Capital One Bank vs. Felicia Johnson
 Worldwide Asset Purchasing vs. Georgiana Cecil
 Midland Funding vs. Lisa Cole
 Capital One Bank vs. Tracey L. Risner
 Roy Blackburn vs. Ercella Pickens

Charges Filed

William David Guess, 38, of Prestonsburg, criminal trespassing.
 Sandra Lee Guess, 45, of Prestonsburg, criminal trespassing.
 Billy Daron Ward, 40, of Hi Hat, receiving stolen property; terroristic threatening.
 James A. Osborne, 44, of

Prestonsburg, dogs at large.
 Angel M. Hartman, 22, of Grethel, disorderly conduct; menacing; terroristic threatening.
 Jessica Lafferty, 22, of Minnic, assault/domestic violence.
 Shell Akers, 32, of Teaberry, disorderly conduct; menacing.
 Paul Douglas Shepherd, 39, of David, harassing communications.
 Dora L. Lazar, 48, of Auxier, criminal trespassing.
 Samuel D. Chaffins, 35, of David, alcohol intoxication in public place; possession open alcohol beverage container in motor vehicle.
 Burlin Stone, 45, of Blue River, alcohol intoxication, public place.
 Christopher Tyson Jenkins, 31, of Wayland, alcohol intoxication, public place; public intoxication, controlled substance.
 James P. Jarvis, 29, of Banner, alcohol intoxication, public place.
 Bradley Roberts, 36, of Harold, public intoxication, controlled substance; theft by unlawful taking/shoplifting.
 Teddy Hamilton, 47, of Teaberry, harassment.
 Clinton Roberts, 59, of Harold, sexual misconduct.
 Shauna S. Dooley, 29, of Langley, assault/domestic violence.
 Alisha R. Stanley, 28, of Martin, public intoxication, controlled substance.
 Jonathon N. Dooly, 25, of Wayland, assault/domestic violence.
 Michael Burchett, 45, of Prestonsburg, menacing; resisting arrest.
 Christopher Williams, 21, of Sturgis, Michigan, alcohol intoxication, public place; disorderly conduct.
 Vickie K. Sizemore, 55, of Allen, possession controlled substance; controlled substance, prescription, not in original container (2 cts.).
 Jeffery Scott Gibson, 42, of Mousie, alcohol intoxication, public place.
 Christine R. Keathley, 33, of Teaberry, public intoxication, controlled substance.
 Stephanie M. Howard, 26, of Prestonsburg, failure to send child to school.
 Susan R. Akers, 28, of Harold, public intoxication, controlled substance.
 Grady Lee Yates, 32, of Honaker, harassing communications.
 Gregory Salisbury, 39, of Printer, criminal mischief.
 David E. Ferrell, 41, of Prestonsburg, alcohol intoxication, public place.
 Phillip Grant Dickerson, 36, of Pikeville, trafficking in marijuana.
 Shaun Little, 21, of Pikeville, criminal trespassing.
 Sean Patton, 20, of Printer, public intoxication, controlled substance; resisting arrest.
 Jason T. Kenner, 19, of Island City, trafficking in marijuana.
 Clement Little, 46, of Pikeville, criminal trespassing.
 Levon Thacker, 46, of Wayland, menacing; disorderly conduct; resisting arrest.
 Leta J. Griffith, 37, of Ivel, criminal trespassing.
 Brigitte Crum, 23, of Garrett, alcohol intoxication, public place; criminal trespassing.
 Jonathan Fitzpatrick Jr., 37, of Langley, alcohol intoxication, public place.
 Ronnie L. Hall, 33, of Paintsville, no/expired KY registration receipt; failure to maintain required insurance; operating on suspended/revoked operator's license; excessive window tinting; no tinting label; improper/no windshield; failure to surrender revoked license; improper registration plate.
 Courtney Crace, 21, of

Prestonsburg, assault/domestic violence.
 Richard Lee Adkins, 31, of Inez, murder.
 Timothy Marsillett, 39, of Prestonsburg, murder.
 Robert L. Blanton, 34, of Prestonsburg, theft by unlawful taking.
 Shawn David Allen, 29, of McDowell, receiving stolen property.
 Tammy Hall Sykes, 37, of McDowell, receiving stolen property.
 Kimberly Poe, 42, of Martin, criminal mischief; theft by unlawful taking.
 Shauna Conley, 31, of Prestonsburg, theft by unlawful taking/shoplifting.
 Claude Donald Isaac, 29, of Teaberry, operating ATV on roadway; driving DUI on suspended license; operating motor vehicle under influence of alcohol/drugs; failure to maintain required insurance; no/expired registration plate; no/expired KY registration receipt.
 Willis Buddy Rice, 37, of Blue River, theft by failure to make required disposition.
 Vickie K. Sizemore, 55, of Allen, identity theft.
 Woodrow Crum, 56, of Prestonsburg, theft by deception/cold checks (2 cts.).
 Eric DeRossett, 19, of Hi Hat, cultivation of marijuana.
 Henry Clifton Jr., 38, of Prestonsburg, operating motor vehicle under influence of alcohol/drugs; carrying concealed deadly weapon; controlled substance, prescription, not in original container; tampering with physical evidence.
 Greg Conley Gannon, 25, of Wittenville, custodial interference.
 Steven Scott McKinney, 31, of Prestonsburg, fugitive from another state.

Inspections

Champ S Country Cookin', McDowell, regular inspection. Violations noted: Lack of effective hair restraints. Cloths used for food and nonfood contact surfaces not stored and rinsed frequently in water sanitizing solution. Floors not in good repair. Score: 97.
 Learning Ladder, Prestonsburg, regular inspection. No violations. Score: 100
 Country at Heart, Prestonsburg, regular inspection. Violations noted: Cloths used food and nonfood contact surfaces not stored and rinsed frequently in water sanitizing solution. Toilet room doors not self-closing. Food Score: 97
 Retail: 98
 Down to Earth, Prestonsburg, regular inspection. Violations noted: Lack of effective hair restraints. Nonfood contact surfaces not properly constructed or designed. Where chemical sanitization methods are employed, operators not providing and using chemical test kits. Unnecessary articles in or around the establishment. Score: 96.
 Sandy's, Prestonsburg, regular inspection. Violations noted: Food not protected during storage. Food not protected during storage or preparation. Lack of effective hair restraints. Improper storage of clean equipment and utensils. Toilet room doors not self-closing. Sanitary towel or hand drying device not provided at lavatory or hand washing sink. Light fixtures not shielded as required. Unnecessary articles in or around the establishment. Score: 92.

Property Transfers

Alan, George, Helen, Linda, Margaret, and Max Akers to Commonwealth of Kentucky; Big Mud Creek.
 Christine Blair to Brandon and Brittany Blair; Dodson Branch.
 Jefferey and Sherry Collins to Ashley and Joshua Prater; Puckett Fork of Abbott Creek.

Dairy Cheer Inc. to William Powell, Larry and Lola Wells; location undisclosed.
 Gary and Susan Dodson to SBS Properties LLC; location undisclosed.
 Brian and Coleen Griffith to Brian and Elizabeth Griffith; Bull Creek.
 Gerald Hall to Commonwealth of Kentucky; Big Mud Creek.
 Larry hall to Toby Hamilton; Left beaver Creek.
 Stella and Troy Hall to Hall Family Revocable Living Trust; Allen.
 Karen Hamilton to Amanda and Christopher Cole; County Oaks Subdivision Little Mud Creek.
 Billy and Phyllis Haynes to SBS Properties LLC; location undisclosed.
 Travis Hughes to Bobbi Hughes; Toler Creek.
 Lola Hughes to Harold Thornsberry; Otter Creek.
 Master Commissioner William Kendrick to Commonwealth of Kentucky; Big Mud Creek.
 Jacquelynn and Luke Kidd to Commonwealth of Kentucky; Big Mud Creek.
 Matthew Kidd to Cathy Rose; Sammy Clark Branch of Little Mud Creek.
 Lasalle Bank National to Ray Ernest; Mouth of Frazier's Creek.
 Jean and Ronald Lemaster to Christopher Spears; location undisclosed.
 Ollie, Richard, and Rita Leslie to SBS Properties; location undisclosed.
 Sherain Lopez to Emiley and Robert Hurd; location undisclosed.
 Estill Martin to Avean Green; location undisclosed.
 Miller Bros Coal LLC to Anitra and Homer Ratliff; Slayers Br of Salt Lick.
 Jesse and Melinda Osbourne to Leah Hopkins; Coppers Lick
 Paul Ward Thompson Trust to Paul Norman Thompson; Lancer.
 Shelby Reynolds to Robin Reynolds; Frasures Creek.
 Robert and Sharon Smith to

Linda Dooley; Wayland.
 Brenda Steele to Curtis Hall Rentals LLC; location undisclosed.
 Paul Hunt Thompson Trustee to Paul Norman Thompson; Lancer.
 Paul Ward Thompson Trustee to Paul Norman Thompson; Lancer.
 Herbert and Peggy Tipple to SBS Properties LLC; location undisclosed.
 US Bank to Paul Hunt Thompson; Wheelwright.
 Ethel and Fred Weekley to SBS Properties LLC; location

undisclosed.
 Hollis Whitthead to Amanda and Christopher Cole; County Oaks Subdivision Little Mud Creek.



Prestonsburg Parks and Recreation will be hosting a CHURCH/COED/RECREATION SOFTBALL LEAGUE

at the Sportspark on StoneCrest Mountain

All interested teams should attend a meeting on Tuesday, June 10, at 6 p.m., at the Sportspark facilities. A special invitation to all churches, businesses, and other organizations that want an opportunity to fellowship and enjoy time with friends and colleagues. Rules and scheduling will be discussed at the Tuesday meeting.

Hope to see you there!

If you have any questions or comments, feel free to contact David Baldrige at (606) 886-6390 or (606) 791-3537



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Viewpoint

Worth Repeating ...

You can only be young
once. But you can
always be immature.

— Dave Barry

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

— Guest View — Editorial roundup

Los Angeles Times, on gas prices:

In some of L.A.'s wealthier neighborhoods, the homeowners seem to have swapped cars with the hired help. While just last year the well-off were commuting to work in SUVs even as domestic workers pulled into their neighborhoods in cheap subcompacts, today you're likelier to see the moneyed set behind the wheels of Toyota Priuses, while their maids shuttle about in behemoth Lincoln Navigators.

Until recently, nobody knew when the gas-price tipping point — the level of pain at the pump that would prompt car buyers to change their behavior — would arrive. With gas now above \$4 a gallon in most of California, we are clearly there. SUV sales have fallen off a cliff; even the resale market is so bad that about 36% of people trading in SUVs in May owed more on the vehicle than it was worth, according to the Wall Street Journal, which is why these automotive brontosaurus are suddenly becoming affordable for low-income motorists.

All this is proving very painful for U.S. automakers, which are deeply reliant on SUV sales. On Tuesday, General Motors Corp. announced that it would close four North American truck plants and might sell its gas-guzzling Hummer brand (if it can find anyone willing to buy it). Ford and Chrysler are suffering as badly or worse. The only silver lining is that sales of small cars and smaller SUVs are taking off. ...

The country will not, and cannot, continue to give corporations a free pass to emit greenhouse gases and pollute the air. With some kind of carbon-pricing scheme all but inevitable (even if it takes a few years), the companies that invest a little in reducing their carbon footprints now will save a lot down the road. Those that refuse probably will be road kill.

The Times, London, on Sen. Barack Obama:

Sixteen years ago, as the worst race riots in modern American history engulfed Los Angeles, a young black man stood blinking before a phalanx of television cameras and asked: "Can we all get along?"

Rodney King's question was for his city, but more especially for his country. In that year, the United States saw ugly proof on every rolling news channel that its social fabric was still riven along racial lines despite the great sermons and legislative triumphs of the civil rights era; despite the subtler preaching of The Cosby Show and The Fresh Prince of Bel Air; despite decades of affirmative action in its armed forces and universities; and despite the yearnings and convictions of the most shamelessly optimistic electorate on Earth.

Since then, the failed presidential campaigns of Jesse Jackson and Al Sharpton have dented some of that optimism. They forced voters to ask not only whether Americans could ever elect a black president, but whether a black candidate could ever sublimate his country's tortured racial history and move beyond it, to offer a message of colour-blind progress rather than confrontation.

Such questions have been answered by Barack Obama in a way that has already rekindled America's faith in its prodigious powers of reinvention — and the world's admiration for America. He could still lose the White House to John McCain. It has been a bruising journey from the Iowa caucuses to Minneapolis, where he staked his claim last night to the Democratic nomination. But today at least the tide of history seems to be with him. Win or lose in November, he will have gone farther than anyone in history to bury the toxic enmity that fueled America's civil war and has haunted it ever since. ...



— Guest column —

Obama, McCain both wrong

by SHELDON RICHMAN

Barack Obama's call for talks with "our enemies" is shaping up as a major bone of contention between him and John McCain in the presidential campaign. As usual, both the Democrat and the Republican get it wrong.

Obama says he would sit down with so-called adversaries such as Iranian President Mahmoud Ahmadinejad, Cuban President Raul Castro, and Venezuelan President Hugo Chavez to talk out their differences. Although somewhat vague, he emphasizes that such talks should be held with few conditions. As his website puts it, "Obama is willing to meet with the leaders of all nations, friend and foe. He will do the careful preparation necessary, but will signal that America is ready to come to the table, and that he is willing to lead."

McCain has slammed Obama, arguing that his position shows his "inexperience and reckless judgment."

How can both be wrong?

McCain and Obama are wrong because they operate from the imperial premise that virtually anything that goes on in the world is the business of the U.S. government.

McCain, whose hero is the belligerent nationalist Theodore Roosevelt, embraces a policy of confrontation with "our enemies" — i.e., foreign governments that have never threatened to attack the United

States. He enthusiastically supported the invasion of Iraq, and his attitude toward Iran was made clear when he sang, "Bomb, bomb, bomb, bomb, bomb Iran." No doubt he would apply the same "what we say goes" policy to Cuba, Venezuela, North Korea, China, Russia, and any other country that did not pay sufficient deference to America's "leadership."

That, of course, is a recipe for perpetual conflict, cold and hot, which for obvious reasons is contrary to the interests of most Americans, whose well-being depends on peace and free trade.

Does that mean Obama's policy of negotiation is the right one? No. Ironically, McCain asks the right question, "What should we talk about?" What indeed?

What would be the agenda of a meeting between President Obama and President Ahmadinejad? Perhaps Obama wants to talk about the allegations that Iran trains Iraqi insurgents and supplies explosives that kill American troops. (We'll accept those charges for the sake of argument.) What's to talk about? The surest way to prevent Iran from aiding attacks on American forces is to withdraw those forces. No talks are needed.

This brings up a larger issue, Iran's relationship with Iraq. Why is that any business of the United States? An American president should no more be meddling in that relationship than an Iranian president should meddle in the relationship between the United States and Mexico. It's Iran's neighborhood, not the United States'. How would McCain or Obama react if

Ahmadinejad issued a suitably revised Monroe Doctrine?

The American ambition to manage Iran's dealings with Iraq is ludicrous, considering how much it has messed up in the past. After Iraq attacked Iran in 1980, the Reagan administration sided with Saddam Hussein. Later, in the Iran-Contra affair, it sold arms to the Islamic Republic. Then, in 2003, the U.S. government removed the barrier to Iranian dominance in the region by toppling Saddam's regime and helping to install a government with close ties to Iran. When will U.S. presidents learn to leave well enough alone?

What about Iran's supposed ambitions to become a nuclear power? There is no reason to see that as a threat to the American people. The value to Iran of nuclear weapons in the Middle East would be to deter attacks from the United States and Israel, which right now is the nuclear monopolist in the region. The lesson of Iraq is not lost on them. Would the United States have attacked if Saddam had had a nuke?

The best course for the American people is to withdraw from the Middle East and let the parties find their own way to accommodation. Contrary to McCain, the alternative to talking is not confrontation. It's nonintervention, free trade, and peace.

□□□

Sheldon Richman is senior fellow at The Future of Freedom Foundation, author of *Tethered Citizens: Time to Repeal the Welfare State*, and editor of *The Freeman* magazine.

The Times

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THROUGH MY EYES

Goodbye, girl

I don't think I realized it when I first began working here, but, as the years have passed, one after another as they do, I came to realize that perhaps the best all around thing about working for a newspaper is the way in which you have



Kathy Prater
Lifestyles editor

the opportunity to record bits and pieces of what will eventually come to be known as "history."

The photographs we take today of children tumbling about public pools, or of wrongdoers being marched off to jail, serve equally well to record, for future generations, what life was like "back then."

I haven't had much time to do it in the years I've been here, but what fun it is to look back in time into the pages of past annals of this publication. Just going back ten years marks significant changes. All one has to do is note the prices in grocery store ads, the cost of automobiles, changes in clothing and hairstyles.

Time passes quickly and even more so it seems, the more birthdays I celebrate.

(See EYES, page six)

DINNER DIVA

Summer rubber chicken

by LEANNE ELY

It's starting to warm up out there! And with energy bills going up and the price of food rising too, it's just smarter, cooler and more cost effective to keep your oven off this time of year.



Leanne Ely

I have had several emails from readers asking for my Summer Rubber Chicken recipe. This is the summer version of my original Rubber Chicken recipe that takes one roasted chicken and makes three meals out of it. Sort of the mother of all frugal recipes, if you will. But with the heat starting to crank up, making Rubber Chicken would just be wrong—we need to cook outside! So here you go, Summer Rubber Chicken—enjoy!

(See DIVA, page six)



The natural beauty of the Dewey Lake German Bridge campground area is one of the area's greatest attractions for those who enjoy riding the trails.

Big Sandy Trail Riders hold second annual German Bridge trail ride

by KATHY J. PRATER
FEATURES EDITOR

One of the fastest growing clubs in the region, The Big Sandy Trail Riders Club, recently held its second annual Spring Trail Ride event at the Dewey Lake German Bridge campgrounds, located at Endicott. According to Bonita Jarrell, club secretary, almost 400 riders, many from states away, attended the Memorial Day weekend outing.

On Friday, May 23, club members enjoyed greeting one another, catching up, and embarking on a short ride of

about eight miles through the beautiful eastern Kentucky trails. Following their return, the campers and horse enthusiasts finished settling in for the weekend and enjoyed their first night of camp-out barbecue meals. The fun continued on Saturday as club members saddled up to enjoy a long ride of approximately 17 miles before heading back to the rustic comforts of camp. Following an evening of more fun and fellowship, campers wound up their weekend of riding fun with another eight mile ride

(See RIDE, page seven)



Megan Goble, recent PHS graduate, with her horse, "Dragon."



A love for horses, rustic trails and the great outdoors appeal to riders of all ages who all enjoyed a weekend of doing what they love best during the Memorial Day holiday at the German Bridge campgrounds.

FLY LADY

Clearing the clutter

Flylady
By Marla Cilley
Vacation dread

Does the thought of getting ready to go on vacation make you want to go crawl under the covers and hide for the rest of the summer? Vacations are supposed to be fun, not a hassle. We don't have to dread going on vacation. We always have a good time once we get there. So let's start now and make it a joyous occasion. We can do this by taking babysteps using the tools that help

us most: our timers and our Control Journals.

I travel a lot during the year. Michele, my assistant, and I have gotten this down to a science. It is always fun to get away from home for a little while, but there is nothing much better than sleeping in your own bed after several days of travel.

You know that feeling you get walking into a fresh clean hotel room. I want you to have that same feeling when you return home after your journey. You can do this very easily by not being rushed

and with a little planning.

Let's first think about the way you want to come home to your castle. Walking in the door and being greeted with a clean home will make it all worth it. Then, crawling into a bed that has fresh clean sheets; these things have to be done before you leave.

Sit down with a nice glass of iced tea and your note cards. I keep my Packing Control Journal on 4 X 6 note cards in a small photo album. These are personalized for me. I have a checklist card for clothes, equipment, my purse and carry-on luggage, food, toiletries, speech bullet points, first aid bag and things to do before I leave and when I get home.

Here are the headings for each card:
Travel Arrangement: tickets, car repair, directions;

Food: for car, for condo, to buy once you get there;

Clothes: This is a card for each family member with their specific needs;

Equipment: Babybed, stroller, computer, sleep machine, cpap, crockpot, (you get the idea);

Toiletries: main bathroom bag and personalized toiletries for mom and dad;

Things to do before you leave: Stop mail, board dogs, set thermostat, check freezer door;

(See FLY LADY, page six)





Family Medicine
OHIO UNIVERSITY
College of Osteopathic Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor
of Family Medicine

Clothing, repellent and inspection prevent tick-borne disease

Q This year the ticks seem to be very prevalent. I have brushed many off of the dog and last night my son came in with a tick on him. It hadn't bitten him yet, so I was able to get it off him and kill it. What kind of problems do ticks cause? I hear they spread many diseases.

A First, let me assure you that you don't have anything to worry about with your son. A tick can spread a disease only if it bites a person and becomes imbedded under the skin. A tick that is still crawling around does not cause dis-

ease. You were lucky that you caught the tick at this stage, before it could burrow into your son's skin.

But your larger point is correct. Ticks can be the carriers of several types of disease. To help you and my other readers out, I will give you some general information on tick-borne diseases in the United States.

In most tick-borne diseases, the tick is the "travel host" of the illness. By this, I mean that the tick doesn't actually have the disease but acquires a disease-causing agent - a bacteria, virus or parasite - from an animal host. Then, when the tick feeds on a

human it can pass the disease-causing agent on to the person, who may become sick. In these cases, the tick does not have the illness; it just transmits it to an unlucky human recipient. It usually requires several hours of feeding on a human for disease to be transmitted.

There are a wide range of animals from which ticks can acquire disease-causing agents. These animals - called "reservoirs" in the language of public health officials - can include deer, mice, horses, squirrels, chipmunks, birds, raccoons, and even sometimes dogs.

Many of the symptoms of tick-borne illnesses are similar. They include rash, fever and general malaise. Generally there is about a seven-day window between the tick bite and the onset of illness.

The proper way to remove an imbedded tick is to put firm, steady traction - in other words, pull gently

on the body of the tick - until it releases its grip on the human flesh. This also works on dogs and cats. If you yank on the tick, the body will come off leaving the head and mouth parts behind. This can cause a localized skin infection.

Once a tick has been successfully removed, make a note of the date and time. Keep an eye on the person for signs of illness, like fever and fatigue, as well as an unusual rash. If your child or loved one becomes ill, be sure to tell the doctor that you removed an imbedded tick, show the doctor the site and tell him or her when you removed it. This can be a vital piece of medical history.

As I've said many times before, prevention is preferable to treating the illness once it develops. Wear a hat, long pants and a long sleeved shirt when going out in the woods or tall grass. Use of repellants with DEET is also a good idea. Check

yourself and your pets for loose ticks and get them off before they bite. And, don't panic if you find an imbedded tick. Remove it promptly and properly and write down the date and time. Most of the time the person won't come down with a disease, but it's always better to be prepared.

Family Medicine® is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-news.org. Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions. Past columns are available online at familymedicine-news.org.

School Happenings

Adams Middle School Youth Services Center

•Appointments now available with the Floyd County Health Dept. nurse. Nurse can do school physicals and immunizations on site. Students served do not have to attend AMS. Please call 886-1297 to schedule an appointment.

•The Youth Services Center provides services to families regardless of income. Please contact the center for more information on center services and programs. Call the center at 886-1297. Coordinator is Michelle Keathley.

Allen Central High School

•Center hours: 8 a.m. to 3:30 p.m., Mon. thru Fri. Sharon Collins, coordinator. Telephone 358-3048. Center provides services for all families regardless of income.

Allen Central Middle School

•The ACMS Youth Service Center offers services to all families, regardless of income. For more information, call Marilyn Bailey, center coordinator, at 358-0134.

Allen Elementary and Family Resource Youth Service Center

• Call Allen Elementary Youth Service Center at 874-0621 to schedule your child's Hepatitis B vaccination, immunizations, and WIC appointments.

Betsy Layne Elementary

•Center hours are 8 a.m. to 3 p.m., Mon. thru Fri. Center offers services to all families, regardless of income.

•The Betsy Layne Elementary Family Resource Youth Service Center is located in the 7th and 8th grade wing. The goal of the FRYSC is to meet the needs of all children and their families who reside in the community or neighborhood by the school in which the center is located. For further information, please contact the center at 478-5550.

•Brian H. Akers, Center Coordinator.

Duff Elementary

•Parent/guardians may call Duff FRC to schedule physical exam for children. Call 358-

9878.

•Floyd County Health Dept. is on site three days per month. Services include 6th grade school entry physical; kindergarten, Head Start and well-child physicals (age birth to 18 years); T.B. skin test; T.D. boosters; and WIC services. Please call 358-9878 for appointment if you are in need of any of these services.

•The J.A. Duff Elementary Family Resource Center provides services for all families regardless of income. We are located in the area where the old main office used to be. Contact persons are Judy Handshoe, coordinator.

May Valley Elementary

•Floyd County Health Dept. nurse at school every Wednesday. Services include Head Start physicals, kindergarten physicals, 6th grade physicals, well-child physicals, immunizations, TB skin test, WIC program, blood pressure checks, and more. Must call the FRC at 285-0321 for an appointment.

McDowell Elementary and Family Resource Center

•Parents of 5th grade students are urged to call the FRC and make an appointment for their child's 6th grade physical exam!

•Floyd County Health Department Nurse Joy Moore, is at the center the first three Mondays each month to administer immunizations, T.B. skin tests, well-child exams, WIC, prenatal and post-partum services, and school physicals. Call 377-2678 for an appointment.

•Family Resource Center is open weekdays, 7 a.m. to 3:30 p.m. Center is located upstairs in the old high school building, on the McDowell Elementary School campus. For further information, call Clara Johnson, director, at 377-2678. The McDowell FRC provides services to all MES students and their families, regardless of income.

Mountain Christian Academy

•Tuition assistance and bus transportation is available. For more information or a tour of

the school, call 285-5141 or 285-5142.

•Call 285-5141, Mon. thru Fri., from 8 a.m. to 4 p.m.

•MCA is an accredited non-denominational Christian school.

Prestonsburg Elementary and Family Resource Center

•The Family Resource Center is open weekdays 8 a.m.-4 p.m., and later by appointment. Office provides services for all families, regardless of income.

• Call the PES Center at 886-7088 for information and referrals regarding GED classes, preschool child care, and other programs or services offered to the community.

South Floyd Youth Services Center

•All new students and visitors, stop by the Center, located on the South Floyd campus, Room 232, and see Mable Hall. Open 8 a.m. to 4 p.m., Mon. thru Fri.

•For more information call 452-9600 or 452-9607, ext. 243 or 153.

Stumbo Elementary/Mud Creek Family Resource & Youth Service Center

•June 9 - Head Start applications and screenings, 8 a.m. to 3 p.m. Parents/guardians should bring proof of income, child's birth certificate, and child's social security card.

•June 16-20 - Summer Line Dancing Camp, 1-2:30 p.m., in school gym.

•June 17-19 - Kindergarten Camp, 8:30 a.m. to 12:30 p.m.

•Resource Center hours are 8:00 a.m. to 4:00 p.m. Parents and community members are welcome to visit. Center is located on the right of the school, near the gymnasium. Services available to all families, regardless of income. For questions, call the center at 587-2233 and ask for Anita Tackett, Center Coordinator or Joyce Blackburn, Assistant.

W.D. Osborne "Rainbow Junction" Family Resource Center

•The Family Resource Center is located in the central building of W.D. Osborne Elementary. Those wishing

more information about the center are welcome to visit, or call. Ask for Cissy (center coordinator). Center telephone and fax: (606) 452-4553.

Wesley Christian School

•WCS Learning Center accepts toddlers, preschool age (2-4). Hours: 7:30 a.m. to 5:00 p.m., Mon. thru Fri.

•For more information about Wesley Christian School, call 874-8328.

Big Sandy Community & Technical College Adult Education and GED

Monday: 8 a.m. to 12 p.m. - McDowell FRC; Martin Comm. Ctr.; BSCTC
8:30 a.m. to 12:30 p.m. - Highlands Regional Medical

Center
10 a.m. to 12 p.m. - Drug Court

1-4:30 p.m. - BSCTC; Martin Comm. Ctr.

1:30 - 5 p.m. - Wheelwright Baptist Church.

Tuesday: 8 a.m. to 12 p.m. - Mud Creek Clinic; BSCTC; David Craft Center

8:30 a.m. to 12 p.m. - Dixie Apartments

9-11 a.m. - Hope House

1-4:30 p.m. - BSCTC; Mud Creek Clinic; Floyd County Jail.

6-8 p.m. - Highlands Regional Medical Center; Martin Community Ctr.

Wednesday: 8 a.m. to 12 p.m. - Martin Comm. Ctr.; BSCTC
8:30 a.m. to 12:30 p.m. -

Highlands Regional Medical Center

9-11 a.m. - Hope House
1-4:30 p.m. - Layne House; BSCTC; Floyd County Jail.

6-8 p.m. - BSCTC.

Thursday: 8 a.m. to 12 p.m. - BSCTC.

8 a.m. to 4:30 p.m. - Weeksbury CC.

10 a.m. to 4:30 p.m. - Betsy Layne YSC.

1-4:30 p.m. - BSCTC.

6-9 p.m. - Betsy Layne Kay Hale Ross - Manager of Adult Education, 886-7334

Lisa Pelfrey - Assistant, 886-7397
Ron Johnson, Stephania Conn, Lynn Hall, Nancy Bormes, Cindy Justice and Wayne Combs - Adult Education teachers.

Fly Lady

Continued from p5

Things to do when you get home: start mail, get dogs, unpack bags immediately, start laundry;

Clean house checklist: Change sheets, swish and swipe, dishes done, vacuum, hotspots checked;

First aid kit: Medications, bandages, sunscreen, bug spray.

Making this list now will help you get ready to leave without you becoming a vacation banshee.

I have even made a Packing Control Journal just for you to download for free.

http://www.flylady.net/page/s/control_journals.asp

Have a great vacation whether you travel or stay home. I just want you to enjoy the process and not get stressed out over it. This summer is going to be fun if we will do a little planning now and not put things off to the last minute.

Are you ready to FLY into Fun this summer?

For more help getting rid of your CHAOS; check out Flylady's website and join her free life coaching at www.FlyLady.net, listen to her channel www.blogtalkradio.com/channels/flylady show or read her books, *Sink Reflections* published by Bantam and her *New York Times Best Selling* book, *Body Clutter* published by Fireside. Copyright 2008; Marla Cilley. Used by permission in this publication.

Diva

Continued from p5

Day One: Marinate as much chicken as you need to make three meals. Let's say you are a family of 5; you will use 12 chicken breasts total (which is how many are often in 2 bags of individually frozen chicken breast halves; the boneless ones). What I do is marinate 12 breasts in two zipper topped plastic bags (6 each) with teriyaki sauce, balsamic vinegar, a squeeze of lemon or lime, garlic powder, oregano and a liberal grinding of pepper. Or if I'm in a huge hurry, I'll split a bottle of Italian salad dressing between the two bags and call it a day. Remember, the longer you marinate, the more time the flavors of your marinade have to infuse themselves into your chicken. In other words, I'd do this first thing in the morning so your chicken is wonderful that night.

On your outdoor grill, barbecue ALL of the chicken, reserving 6 cooked breasts for later. I will serve coleslaw, green salad and maybe a potato salad with the meal. The breakdown of the 12 breasts is 6 used the first night (your husband or teenager will volunteer to eat the extra one), 3 used the second night and the last night, 3 used again.

Day Two: Take 3 of the leftover chicken breasts and cube them for Chicken Taco Salad. Use a bag of pre-washed salad (I like the spring mix), shredded cheese, a can of drained and rinsed black beans, chopped green onions, chopped cilantro, chopped tomatoes and anything else you like. Toss altogether with a little Italian dressing and you've got a nice dinner. You can make quesadillas to go with this salad, if you like.

Day Three: Take the remaining chicken breasts and chop for Summer Chicken Salad Sandwiches. Add

chopped hard-boiled egg, chopped red onion, pesto (you can buy it in a jar or make it if you have a bounty of basil), mayo (use low fat), salt and pepper to taste. Serve on hearty wheat rolls with sliced tomato and leaves of Romaine lettuce. Add a tossed salad and you're there!

There you have it—Summer Rubber Chicken. Chicken cooked once and stretched into 3 tasty and easy meals! Notice we never turned on any appliance in the kitchen—your kitchen will stay cool and so will you!

For more help putting dinner on your table, check out Leanne's website www.SavingDinner.com or her *Saving Dinner* Book series (Ballantine) and her *New York Times Best Selling* book *Body Clutter* (Fireside). Copyright 2008 Leanne Ely. Used by permission in this publication.

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Office of National Drug Control Policy

Eyes

Continued from p5

My time here has been a learning experience in more ways than I could ever count, but as we all know, in order to keep learning, we sometimes have to make changes. And with that said, I share, dear readers, that this serves as the last of my columns that will appear on the pages of this publication.

Before I go, I want to take the opportunity to let my home

community know how very much I have enjoyed serving them as reporter and editor for this prestigious publication. I have gotten to know you and, I hope, you have gotten to know me.

It is not without a certain sense of sorrow that my time here has ended, but there comes a time when it is "just time."

I hope to still be around for

many of your upcoming events and celebrations and to perhaps, even, have the chance to share upcoming projects.

In the mean, know what you have meant to me. You have each and every one forged a place in my heart and it is there that you will remain.

Until we meet again, love one another and keep your best loves close.

Rental Central

by TOM DOTY
TIMES COLUMNIST

June got off to a poor start this week with four mediocre releases hitting the shelves.

■ "Semi-pro" — Will Ferrell stars in this 1970s-set basketball comedy that should have been better but at least affords a few chuckles. He stars as a one-hit wonder rock star who uses his royalties to purchase a Flint, Mich.,

team. He opts to coach and play, but is no great shakes in either role so he hires a veteran to help the team out. Woody Harrelson scores as the faded star who boosts the team but there just aren't enough yuks here to go around.

■ "Meet the Spartans" — This send up of "Gladiator" movies suffers from not having enough films to spoof and some lame jokes. Though this was marketed as a "Scary Movie" type comedy, it doesn't offer anywhere enough

moments to sustain the comparison. However it's nice to see Kevin Sorbo (TV's Hercules) getting a check.

■ "The Eye" — If you saw the original Asian film, then you'd best skip this remake which follows the previous version pretty closely. Jessica Alba stars as a young woman who receives new eyes from an unknown donor. It's a gift horse who should have had his molars examined, however, as it turns out these eyes have seen some terrible things.

Slow going but the ending packs a punch.

■ "Mama's Boy" — Jon Heder ("Napoleon Dynamite") phones one in here as a slacker who must break up his mom's new romance if he is to continue his current lifestyle. Just awful, though Jeff Daniels has a few moments.

Next week could only be better as Jack Nicholson returns to the screen in "The Bucket List," while Hayden Christian stars in "Jumper."

Ride

before packing up their gear and heading home.

"The weather was great and the lake was beautiful," Jarrell said. "Everyone seemed to have a really good time. I even had a great time, too, even though I had a little mishap along the trail and managed to fall off my horse." Jarrell laughingly reported that her

spill resulted in "only some minor bruises" and a bit of "a dent" to her ego.

The Big Sandy Trail Riders Club thanks Floyd County Judge-Executive R.D. "Doc" Marshall and the members of the Floyd County Fiscal Court for their support of the event, along with Mayor Fannin and the City of Prestonsburg,

Randy Bradley, and other local sponsors and organizations that rallied together to help make the spring trail ride event such a success. Special thanks also goes to Lena Craft, who warmly greeted each visitor as they arrived at the campground.

"We're planning a fall trail ride, too," Jarrell said. "The

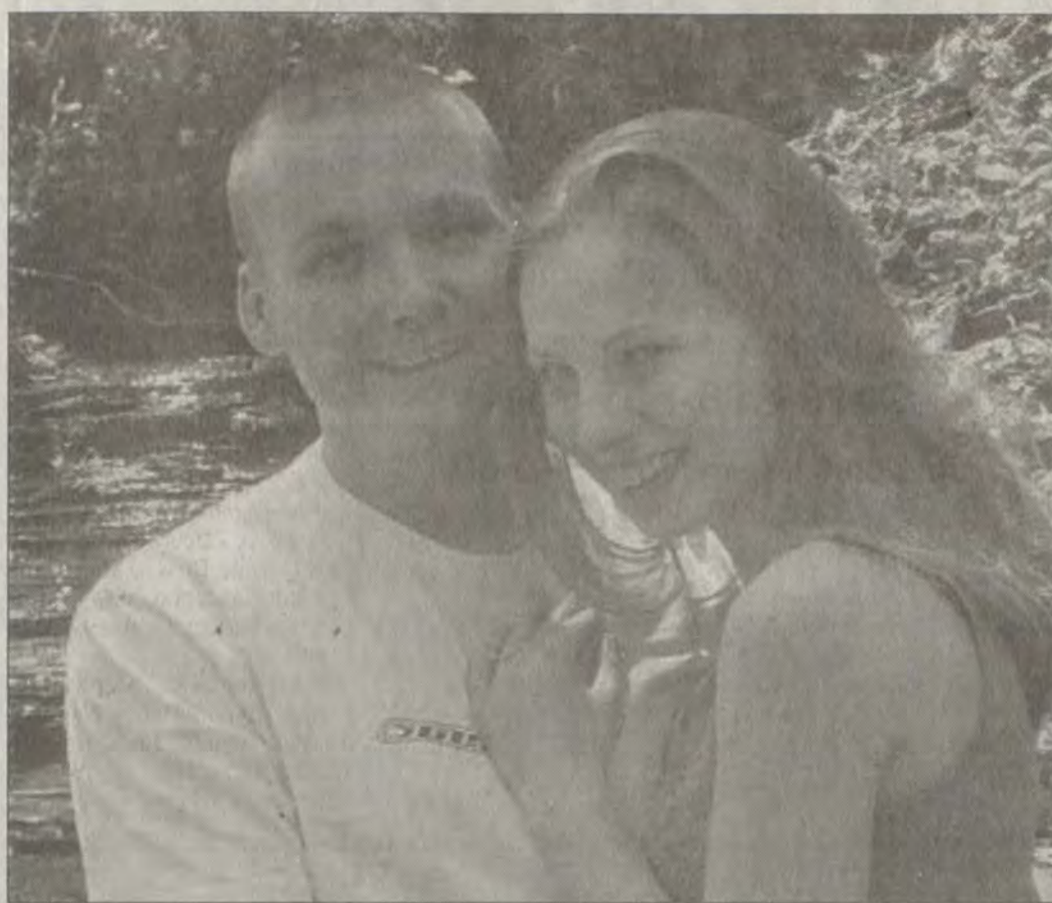
colors should be gorgeous then and fall weather is so nice. We're hoping for another great turnout."

Recently, the Big Sandy Trail Riders got together for a ride held June 6-7, at Cave Run Lake. Another ride is planned for June 27-28 at a location in nearby Morgan County. For more information about the upcoming Morgan County ride, in addition to the

fall trail ride that is currently being planned, contact Keith Stapleton at (606) 874-9486 or Warren Jarrell at (606) 285-9502.

The Big Sandy Trail Riders invites all those interested to inquire about membership in their fast growing, interactive organization. "This is the perfect club for people who love horses," Jarrell said. "We have a lot of fun."

Continued from p5



Hale-Thompson

Mr. and Mrs. Jackie and Krystal Hale, of Prestonsburg, are pleased to announce the forthcoming marriage of their daughter, Jessica Rae Hale, to John William Thompson, of Prestonsburg, the son of Matilda Marsillett.

Jessica, a graduate of The David School and Alice Lloyd College, is the granddaughter of Pauline and Hershel Owens, of Prestonsburg, and the late Chester and Ethel Hale. She is currently employed as a teacher at The David School.

John, a graduate of Prestonsburg High School, is employed as a parts consultant at John Gray Pontiac-Buick-GMC, in Paintsville.

The couple will wed in a ceremony that will take place on Saturday, June 28, 2008, at six o'clock in the evening, at The David School, in David. Friends and family are cordially invited to attend.



Brown-Halbert

Anita Hall and Ellis and Veneta Brown, all of Maytown, along with Luke and Sharon Halbert, of McDowell, are pleased to announce the forthcoming marriage of their children, Nekisha Breann Brown and Christopher Luke Halbert.

The couple will wed in a garden-side ceremony that will be held on Saturday, June 21, 2008, at three o'clock in the afternoon, at the home of the bride's parents in Maytown.

The gracious custom of an open wedding will be observed.

Following, the newlyweds will honeymoon in Gatlinburg, Tennessee, after which they will return to reside in Prestonsburg.



Sweet Sixteen

Amanda Rose Bellamy celebrated her 16th birthday on May 13, 2008, with family and friends. Amanda is the daughter of Janet and Terry Bellamy. She is the granddaughter of Harold and Josephine Prater, and Bill and Mildred Bellamy.

SBDM Parent Representative Nominations and Elections

Nominations for Parent Representatives will be accepted until Friday, June 6th, 2008, at 3:00 p.m., in the office at Prestonsburg High School.

Elections will be held Monday, June 9th, from 9:00 a.m.-5:00 p.m. in the Prestonsburg High School Youth Service Center.

ATTENTION:

Looking for Gwen (VanHoose) Griffith, who was a nurse at HRMC, or Carolyn Bentley or Ansel.

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6/6/08 - 6/12/08

Cinema 1—Starts Friday, June 6

YOU DON'T MESS WITH THE ZOHAN (PG-13). Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.

Cinema 2—Starts Friday, June 6

KUNG FU PANDA (PG). Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.

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6/6/08 - 6/12/08

Cinema 1—Held Over

WHAT HAPPENS IN VEGAS (PG-13). Mon.-Sun. 7:00-9:15; Fri. (4:15) 7:00-9:15; Sat.-Sun. (2:00-4:15) 7:00-9:15.

Cinema 2—Held Over

INDIANA JONES (PG-13). Mon.-Sun. 6:45-9:20; Fri. (4:20) 6:45-9:20; Sat.-Sun. (1:45-4:20) 6:45-9:20.

Cinema 3—Held Over

INDIANA JONES (PG-13). Mon.-Sun. 7:05-9:40; Fri. (4:40) 7:05-9:40; Sat.-Sun. (2:05-4:40) 7:05-9:40.

Cinema 4—Held Over

IRON MAN (PG-13). Mon.-Sun. 6:45-9:20; Fri. (4:20) 6:45-9:20; Sat.-Sun. (1:45-4:20) 6:45-9:20.

Cinema 5—Held Over

BABY MAMA (PG-13). Mon.-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30.

Cinema 6—Starts Friday, June 6

KUNG FU PANDA (PG). Mon.-Sun. 7:00-9:15; Fri. (4:15) 7:00-9:15; Sat.-Sun. (2:00-4:15) 7:00-9:15.

Cinema 7—Held Over

THE STRANGER (R). Mon.-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30.

Cinema 8—Starts Friday, June 6

YOU DON'T MESS WITH THE ZOHAN (PG-13). Mon.-Sun. 7:05-9:30; Fri. (4:30) 7:05-9:30; Sat.-Sun. (2:05-4:30) 7:05-9:30.

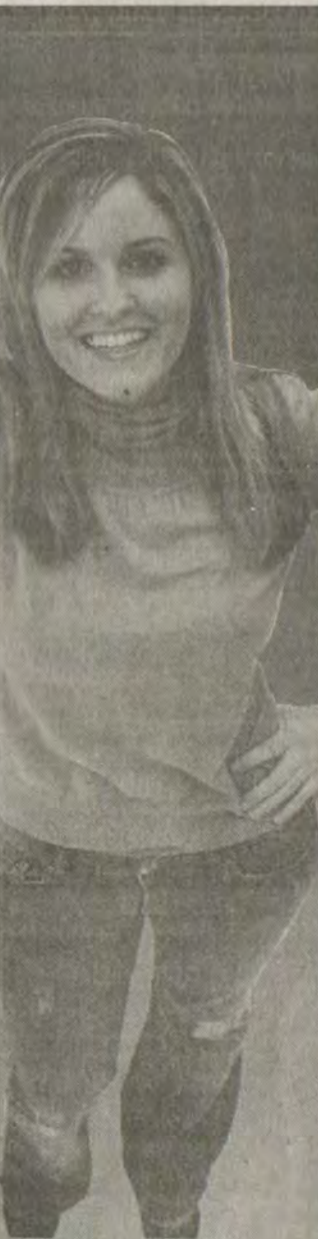
Cinema 9—Held Over

SEX IN THE CITY (R). Mon.-Sun. 8:00; Fri. (4:50) 8:00; Sat.-Sun. (1:50-4:50) 8:00.

Cinema 10—Held Over

CHRONICLES OF NARNIA: PRINCE CASPIAN (PG). Mon.-Sun. 8:00; Fri. (5:00) 8:00; Sat.-Sun. (1:45-5:00) 8:00.

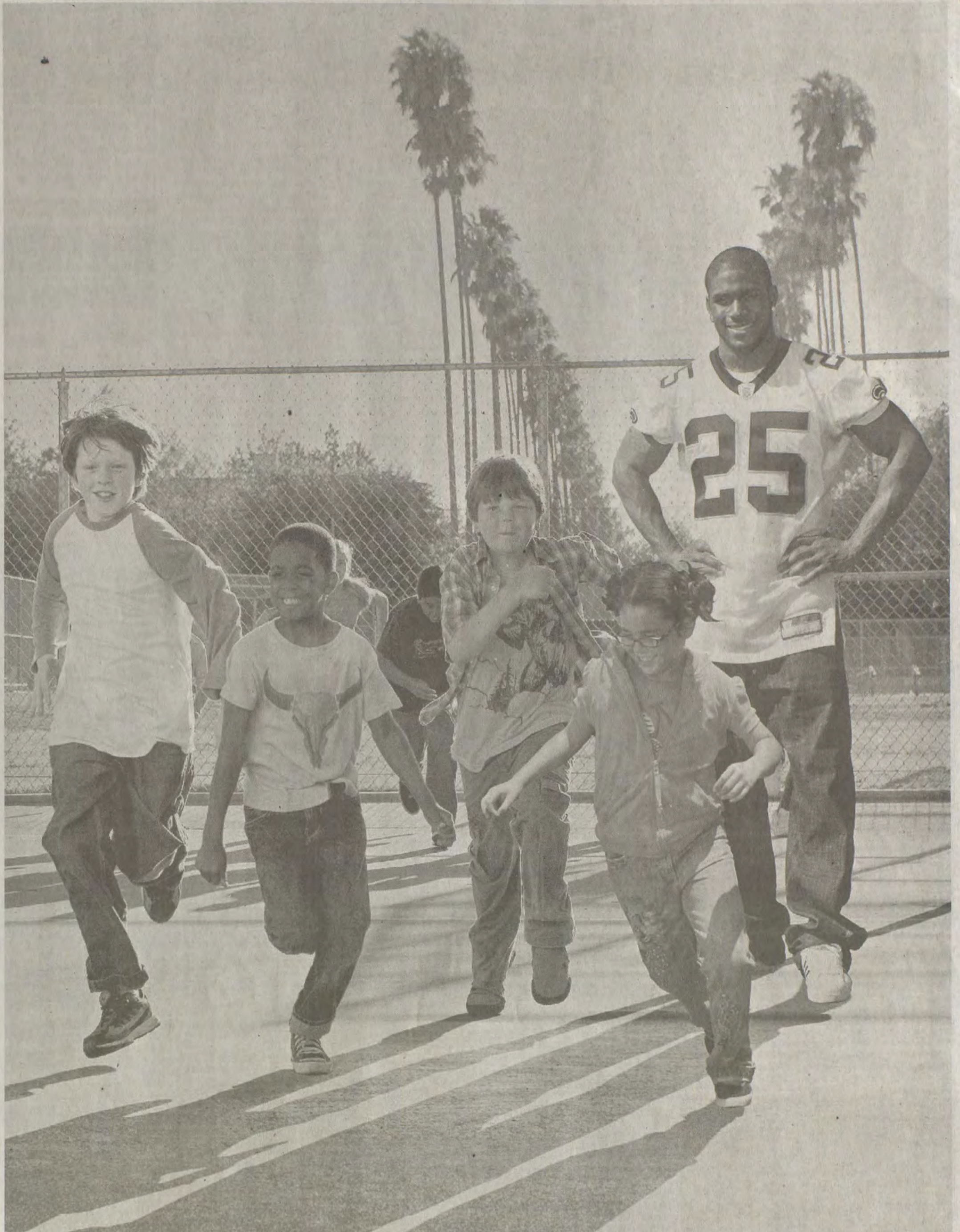
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HRMC welcomes Dr. Phillip Crace back to East Ky.

PRESTONSBURG — Highlands Regional Medical Center has announced the addition of a new general surgeon to join Dr. Jody Johnson at Kentucky Laparoscopic and Advanced Surgical Specialists.

Dr. Crace grew up in Paintsville and was a 1993 graduate of Paintsville High School. He graduated cum laude from Georgetown College in 1997 with a bachelor of science degree in biology. Dr. Crace then went on to graduate Summa Cum Laude with a master's degree in biomedical sciences from Barry University in Miami, Fla., in 1999.

Dr. Crace returned to Kentucky, attending the University of Kentucky College of Medicine, receiving his doctor of medicine degree in 2003. After graduating medical school, Dr. Crace completed a five-year general surgical residency program in Cincinnati before making the move back home, where he will join the team at Kentucky Laparoscopic in Prestonsburg.

Dr. Crace will be performing advanced laparoscopic procedures such as colon, anti-reflux and complex hernia surgery, as well as providing a full range of other common general surgery procedures such as laparoscopic gallbladder removal, endoscopy, breast and endocrine surgeries.

Dr. Crace wanted to return to his hometown to practice medicine. "I always envisioned having my practice here in Eastern Kentucky,"

said Dr. Crace. "I want to bring the newest technology and state of the art care to our area."

"It is always better for patients to remain close to home while receiving their care and we have the best physicians and facilities to make that happen."

Dr. Crace, an avid outdoorsman, and his wife Amy, along with their 1-year-old son, Charles, are looking forward to being back in the community.

Dr. Phillip Crace will practice with Dr. Jody Johnson at

Kentucky Laparoscopic and Advanced Surgical Specialists located at 5322 KY Route 321, Suite 1, which is the old Social Security building and adjacent to Dr. Mark Veronneau's office. Dr. Crace will be seeing patients starting on July 14, 2008. Please call (606) 886-8240 to make an appointment.

Highlands Regional Medical Center is a 184-bed (154 acute care, 18 skilled nursing, and 12 geriatric psychiatric) not-for profit, community owned and operated healthcare facility that is fully accredited by the Joint

Commission on Accreditation of Healthcare Organizations. As a full-service facility with an active medical staff of more than 100 physicians, Highlands Regional Medical Center features 24-hour emergency care, same-day surgery and outpatient care, advanced pulmonary care, physical therapy and rehabilitation services, broad-based diagnostic services including on-site CT and MRI, cardiac services, pediatric care, senior wellness programs and an on-site clinical laboratory.



Dr. Phillip Crace

Murder

Continued from p1

the trooper, "he was just there watching the fire."

When questioned by defense attorneys about why the trooper confronted Marsillett at the scene, Goble testified that Marsillett watching from across the road made the trooper suspicious. "It's a known fact among investigators that people who start fires like to watch fires," said Goble.

The investigating trooper found bags of marijuana and scattered money around Marsillett's car, as well as a .22 caliber rifle, the suspected murder weapon, in the creek bed behind his car.

Goble said that the two men were found with over \$3,000 in cash on their persons. "I assume they got the marijuana from Mr. Bentley," Goble said.

Marsillett was issued a field sobriety test and arrested for driving under the influence.

According to Goble, a cold and wet Richard Adkins was picked up by Trooper William Petry around 7 a.m. after he had apparently wandered around the mountains all night.

Goble said Petry asked Adkins, 31, why he was out in the hills, and that the suspect responded, "You know why." Adkins was found with .22 caliber bullets in his pocket.

Goble further testified that during questioning at the KSP post, Adkins confessed to Bentley's murder.

"He said he was the devil," Goble testified, adding that Adkins said he wanted to kill himself. Goble asked Adkins, "Just like you did Tommy?"

Goble testified that Adkins responded, "Yeah, I blew his [expletive deleted] head off."

Goble said that though Adkins confessed to the murder and robbing Bentley of both marijuana and money, he claims he did not set the fire.

Goble said Adkins' motive for wanting to kill Bentley was a little uncertain. He indicated that Marsillett and Adkins had spoken to Bentley earlier in the evening, and that Bentley had run the two off and spoken to them harshly, which had apparently upset Marsillett.

According to Goble, both Adkins and Marsillett had been seen together earlier that night at Skeans' Marathon.

Goble said the investigation is ongoing and that the results of several tests are not known.

Judge Allen found enough probable cause in Goble's testimony to refer the case to a grand jury for consideration.

Adkins and Marsillett are both being held in the Floyd County Detention Center.

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Roads

"A number of these miles have to be built in some of the most difficult terrain there is in Appalachia," Pope said. "But we can't stop now after all the investments we've already made."

The study estimates the cost of completing the system at \$11.2 billion to \$16.6 billion. But it places national return at \$3 for every \$1 invested in the system.

According to the study, completing the system is expected to create 80,500 jobs and more than \$5 billion in increased economic activity, including \$3.2 billion in wages by 2035. National savings in travel time, operating costs and increased safety are also estimated to grow to more than \$5.1 billion by 2035.

The system will allow about 57 percent of the counties in the region to see travel time reductions to the nearest commercial airport, the study's authors said. About 80 percent of the counties are expected to increase accessibility to buyer and supplier markets within a three-hour drive.

The research takes into account economic changes and rising costs, said Dan Hodge, principal author of the study done by Cambridge Systematics Inc., Economic Development Research Group and HDR Decision Economics.

"No matter how we look at it, completing the system shows a return on investment for both the region and the country as a whole," Hodge said.

The study also looked at specific areas as case studies, including a stretch of road from Interstate 79 near Weston, W.Va., to Interstate 81 in Strasburg, Va. Portions of the road have been completed, while other parts — mostly mountainous two-lane highways — are unfinished and limit the "attractiveness of this route for freight and passenger travel," the study said.

Among those affected by the completion of this part of the system is the Canaan Valley Resort, a four-season resort in Tucker County, W.Va., situated in the Allegheny Mountains.

"The most difficult part about getting to this most beautiful place is the access from the roads," said Troy Cardwell, the resort's general manager. "With the access, it just puts more of our folks to work and keeps them working more on a consistent basis throughout the year."

Cardwell estimates that year-round average occupancy would go from about 60 percent up to between 70 and 80 percent at the resort three hours from Pittsburgh and Washington.

The benefits of completing the system also go beyond economic ones, said Robert Byrd, the West Virginia Democrat who has supported the project through his tenure as the longest-serving U.S. senator in history.

"Unfortunately, there are still children in Appalachia who lack decent transportation routes to school; and there are still pregnant mothers, elderly citizens and others who lack timely road access to area hospitals," Byrd, the chairman of the Senate Appropriations Committee, said by e-mail.

Continued from p1

County

said Magistrate Donnie Daniels.

The fiscal court also voted Wednesday on two motions concerning the rebidding of East Kentucky Utilities.

The court had received two bids, one from Martin Gas Company and another from Kentucky Frontier.

Frontier was awarded the bid to purchase the Floyd County Gas System by the fiscal court in 2005, but had failed to get Public Service Commission approval.

The court voted to rebid the sale.

According to Keith Bartley, Kentucky Frontier encountered problems last time with their purchase that were not related to the Floyd County Gas purchase. Bartley said the last bid was tied to the purchase of several companies, and another company had a federal lien against it, which stalled the process.

Court members voted to reject the Martin Gas offer and accept the Kentucky Frontier

offer.

"We want to put them on a short rope," said Bartley, adding that the court had given Kentucky Frontier a long time to iron things out on the last bid.

According to the resolution passed, "Kentucky Frontier shall deposit \$700,000 into the appropriate escrow account within 30 days of this resolution and must have PSC approval by Nov. 1, 2008, or the Floyd County Fiscal Court shall reconvene to determine to either rebid and/or reject this bid."

The Martin Gas bid was rejected because, according to the treasurer David Layne, it would not satisfy the indebtedness owed by the Floyd County gas system.

Court members also held a budget work session during the meeting. Owens recommended that all fiscal court

employees pay be set the same as the previous year, with the addition of 2.5 percent for cost-of-living increase.

Owens also recommended, and it was agreed by the rest of the court, that special project money be allocated equally among the districts. Each district will be allotted \$25,000 for special projects in the new budget.

Equitable Resources representatives were also on hand Wednesday to present the fiscal court with a check for \$20,000 that will be distributed equally among county parks, according to Judge-Executive R.D. "Doc" Marshall.

Also during the meeting, Magistrate Daniels told court members that, barring any further problems, he anticipates the Wheelwright swimming pool will be open within the next couple of weeks.

Continued from p1

EAST KY RAINBOW HOMES



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Dr. Nguyen comes to King's Daughters from Cincinnati, where he has practiced and taught since 2006. He joins the many physicians of Tri-State Radiology, who provide radiologic services exclusively at King's Daughters Medical Center. As an interventional radiologist, Dr. Nguyen has special training to diagnose and treat illnesses using miniature tools and imaging guidance. Dr. Nguyen joins fellow interventional radiologist Wes Lewis, M.D., as the second such specialist at KDMC.

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HONORED: Landon Slone named All-Big Sandy MVP

by STEVE LeMASTER
SPORTS EDITOR

PAINTSVILLE – Another exciting season of Big Sandy regional high school basketball recently concluded. Citizens National Bank management and employees have asked local sports fans to join them in congratulating the 34 outstanding players in four counties who were selected as CNB Most Valuable Players (MVPs) for the 2007-2008 high school basketball season. During the season, a total of 34 MVP awards were announced. At the end of the

regular-season, based on their performances throughout the campaign, four All County MVPs and one All-Big Sandy MVP were selected. CNB and its radio station partners WSIP, WQHY, WKLW and WRLV has announced the following players were named CNB All-County MVPs: Floyd County – Brennan Case (Betsy Layne High School); Johnson County – Landon Slone (Paintsville High School); Magoffin County – Tyler Hunley (Magoffin County High School) and Pike County – Elisha Justice (Shelby

Valley High School). The 2007-2008 All-Big Sandy Basketball MVP for a third straight year was Slone.

In the name of all 2007-2008 basketball MVPs, Citizens National Bank donated more than \$4,300 to the general education scholarship fund at high schools in the local counties where CNB has branches. This is the sixth season CNB has sponsored this basketball and education rewards program. Founded by CNB in 2002, the program recognizes local basketball and football high school athletes by donating money to

general education scholarship funds for outstanding athletic performances.

"Citizens National Bank is proud of the 34 athletes who have performed well on the court," said CNB President and CEO Dennis T. Dorton. "We are pleased to be able to donate funds in the name of these athletes to students who are excelling in the classroom. Every aspect of a child's education is a valuable learning tool for preparing him or her for the future. We want to do what we are able to make these educational opportunities available."



Floyd County native Landon Slone, a standout for the Paintsville High School basketball program, chose to attend the University of Kentucky as a walk-on during his freshman season.

Reading heats up in the summer

by RICK BENTLEY
TIMES COLUMNIST

Summer tends to bring on a little more opportunity to relax with a lack of sports on the docket, and for me, that means a chance to catch up on some reading.

The lion's share of the time I read one of two things: sports books or those on Christianity, and this spring I picked up the book by ESPN's baseball expert Tim Kurkjian called "Is This a Great Game, or What?"

It was published in May 2007 and has been everything I expected it to be. A former beat writer for the Rangers and Orioles - he claims to have covered the second-most losing games by his teams in the 1990s - before joining The Worldwide Leader, Kurkjian has hit the jackpot with this excellent book. I enjoyed it so much I thought today I'd share with you some items from it. Hopefully if either Tim or his publishing house, St. Martin's Press, reads this - I suspect my column is every-Friday-reading for him, but I can't be sure - they'll accept it as the compliment it's intended to be and not sue me for everything I don't have for copyright infringements.

And finally, as you're reading this, you should know one more thing: All of this came out of the first chapter of the book.

Enjoy the breakdown and we'll see you again next week:

– Remember Ruben Sierra? His 20-year career wound down after the 2006 season, and one stat sent Kurkjian scurrying the box scores every morning: He wasn't hit by a pitch after the 1990 season.

– Former Reds pitcher Pete Harnisch had an interesting job while pitching at Fordham University: He appeared in police lineups.

"Twenty-five bucks for a regular case," he said, "fifty bucks for a murder case."

– Orioles pitcher Mike Flanagan, like many youngsters, worked on his stuff in the back yard. But there was, ahem, a catch: His catcher was his 72-year-old grandfather. "If I threw too far inside or too far outside, he couldn't reach it, and if he missed it, he would have to chase it," Flanagan said. "So I learned to hit the target."

– George Wright, a rookie for the Rangers, went 3-of-5 on opening day in 1982. Kurkjian asked if he had fun. "Yeah," Wright said, "I'd never been to a major-league game before."

– In the first big-league game he ever saw, he had three knocks.

– Most people think the best

(See **READING**, page two)



Prestonsburg High School track & field athletes competing in the state meet were Brad Stanley, Josh Holbrook, Taylor Clark, Joseph Jamerson and Kelli Burchell. Coach Dewey Jamerson guides the PHS track and field team.

PHS athletes compete in state meet

TIMES STAFF REPORT

LEXINGTON – Five Prestonsburg High School track and field athletes – Brad Stanley, Josh Holbrook, Taylor Clark, Joseph Jamerson and Kelli Burchell – competed in the state meet last weekend. Jamerson, an eighth-grader, ranked as one of the state's top young track and field athletes during the state event. The Adams Middle School eighth grader finished fourth in the 110 meter hurdles (15.88). Complete results from the Class 2A portion of the state track and field meet will appear in Sunday's edition. The State Track Meet, Class 2A Boys' Standings were as follows: 1. Paducah Tilghman 77; 2. Highlands 65; 3. Lexington Catholic 61; 4. Lloyd Memorial 55; 5. West

Jessamine 51; 6. Lone Oak 33; 7. Bourbon County 30; 8. Muhlenberg South, Webster County 28; 10. Knox Central 23; 11. Russell 21; 12. North Bullitt 20; 13. Elizabethtown 17; 14. Boyle County 15; 15. Mason County 14; 16. Newport 13; 17. Bullitt East, Franklin-Simpson 12; 19. Franklin County, East Cartel 11; 21. Owensboro Catholic, Western Hills, Adair County 10; 24. Rowan County 8; 25. Marion County 7; 26. Hart County, North Oldham 6; 28. Prestonsburg, Taylor County, Lawrence County 5; 31. Butler County, Warren East, Mercer County 4; 34. Corbin, Greenup County 3; 36. Hopkins Co. Central, Muhlenberg North 2; 38. Bell County, LaRue County, Heath 1; 41. Casey County and Henry County .50.



Ratliff, VanHoose join Herd Hall of Fame

TIMES STAFF REPORT

HUNTINGTON, W.Va. – The Marshall University Hall of Fame, celebrating its 25th year, has announced the election of seven new members. The induction class of 2008 covers a wide spectrum of former Thundering Herd greats.

The MU Hall of Fame, started in 1984 by Dr. Sam Clagg and former AD/golf coach Whitey Wilson, is celebrating its 25th Anniversary Year in 2008. The Hall of Fame honors the best of the best in the history of Marshall Thundering Herd athletics.

The induction class includes: Louisa native Phil Ratliff, an All-American lineman from 1989-1992 for the Marshall football team; Jim Donnan who served as head football coach from 1990 to 1995 and helped Marshall to its first national championship in 1992; J.R. VanHoose (1998-2002) who ranks second all-time in rebounding and fifth in scoring in Marshall basketball

history; Byron Carmichael (1999-2002), a three-time All-Mid-American Conference player and leading scorer all-time in men's soccer; Anna Miina, one of the best-ever in women's tennis from 1999-2002, and the first women's tennis player to be elected to the Hall; and Tom Kies, a three-time All-Southern Conference player for men's golf, and 1988 All-American, playing from 1985-89.

In addition, the Hall of Fame induction has been moved from Homecoming weekend to the Friday night before the opening game of the football season, August 29, for the banquet at the Marshall Memorial Student Center. On August 30, the class will be introduced to the crowd at the Herd's opening game of 2008 against Illinois State.

"With so many events already held during Homecoming weekend, the committee felt it would be great for fans and alumni to not have to choose between

attending the alumni receptions, class reunions and other activities or attending the Hall of Fame banquet," said Woody Woodrum, Hall of Fame committee member since 1999. "Now, the Hall of Fame inductees will have a night before the Herd's opener that is dedicated to only this significant honor."

The banquet will start at 7 p.m. on August 29 in the Don Morris Room of the Marshall University Memorial Student Union. HOF introductions will be made at the football game with Illinois State.

One of the "Kentucky Headhunters" on the early 90's offensive line for the Herd (along with Johnson County native Chris Deaton), Ratliff was recruited in 1989 by George Champ and started as a freshman on the defensive side of the ball, both at tackle and nose. Jim Donnan's arrival as head coach in 1990 moved Ratliff to offensive guard and it was there he excelled. He started eight of 11 games for the 6-5 Herd, missing three with a

broken hand. Those 16 starts in the first two years would be added to 30 straight in the next two, as Ratliff was the unquestioned leader of the 1991 team that was 11-4 and National Runners-Ups and the 1992 12-3 National Championship team, that set a new MU record for single-season wins at the time.

Ratliff won the Jacobs Blocking Award in 1992 as the Southern Conference's best offensive lineman, the first Marshall player to win the award in MU's first 15 years in the league. He was first team All-Southern Conference in 1991 and 1992, as well as a team captain. He was a first team All-American on the Walter Camp team and third team AP All-American in 1991, but was consensus First Team All-American in 1992 on the AP, Sports Network and Walter Camp teams.

Since graduation, Ratliff has been a highly successful area high school, first as

(See **HALL**, page two)

Speedway set to host NASCAR's Nationwide Series

TIMES STAFF REPORT

SPARTA – NASCAR stars Clint Bowyer, Kyle Busch and Carl Edwards along with rock group Smash Mouth and Univ. of Louisville Basketball Coach Rick Pitino will create an all-star atmosphere at Kentucky Speedway June 14 when the NASCAR Nationwide Series visits for the Meijer 300 Presented by Oreo.

"We're certainly excited to welcome the Nationwide Series back to our venue for one of our region's largest sporting events. Our field is shaping up to be one of the strongest ever with the top drivers in the NASCAR Sprint Cup and Nationwide Series. We'll also see top developmental drivers such as Joe Gibbs Racing young gun Joey Logano, Brad Keselowski of Dale Earnhardt, Jr.'s, JR Motorsports team and Steve Wallace of Rusty Wallace, Inc.

"While the Sprint Cup stars have to be considered favorites to visit Victory Lane, keep in mind that then developmental drivers Stephen Leicht and David Gilliland won our previous two events and we haven't witnessed a repeat winner in seven years.

"Add a pre-race concert with Smash Mouth, Coach Pitino as our honorary starter and our Flag Day salute to the mix and we're in for quite an entertaining day at the track," Kentucky Speedway Executive Vice President and General Manager Mark F. Cassis said.

The summertime spectacular will feature the current top 10 drivers in Nationwide Series standings. Bowyer competes with Richard Childress Racing and will enter the series June 7 event at Nashville Superspeedway with a 121-point lead over Busch, the Joe Gibbs Racing star who has earned four wins in both the Nationwide and Sprint Cup series this season. Busch, a 2004 Meijer 300 Presented by Oreo winner and 2003 ARCA RE/MAX Series race winner at Kentucky Speedway, holds a 142-point lead over Jeff Burton in the Sprint Cup Series standings after earning a win at Dover International Speedway June 1.

The 43-car Meijer 300 Presented by Oreo grid will contain all the drivers currently in the top 10 in the series standings. That group includes Roush Fenway racers and Sprint Cup Series competitors Edwards and David Ragan. Edwards won the 2005 "Meijer 300 Presented by Oreo" and earned his first NASCAR-sanctioned win in Kentucky in the 2003 NASCAR Craftsman Truck Series "Built Ford Tough 225 Presented by the Greater Cincinnati Ford Dealers." Ragan took an eighth-place finish in his Nationwide Series Kentucky debut last season and posted a second-place finish in a 150-mile ARCA RE/MAX Series race at the track in 2004.

Other talents scheduled to compete include 2002 "Built Ford Tough Presented by the Greater Cincinnati Ford Dealers" winner Mike Bliss, 2003 "Meijer 300 Presented by Oreo" champ Bobby Hamilton, Jr., former "Built Ford Tough 225 Presented by the Greater Cincinnati Ford

(See **SPEEDWAY**, page two)



THE YELLOW TEAM (LEFT) WON THE LEFT BEAVER FIRST & RESCUE 3-ON-3 HOT SHOTS BASKETBALL TOURNAMENT was held recently at McDowell Elementary. Team members were Justin Holbrook, Jimmy Stumbo, Scott Shannon and Jason Shannon. All proceeds from the tournament went to the squad and its annual Christmas Santa Claus Run (toys for children) fundraiser campaign. The Maroon team finished runner-up.



Reading

defensive third baseman to ever live was former Oriole Brooks Robinson. Hall-of-Famer Robin Roberts joined the O's late in his career, and ran in front of Robinson on a bunt attempt, preventing him from making his trademark barchanded catch-and-throw (think Chipper Jones, only better). "Let me have that one next time," Robinson said politely. "I'm good on that play."

- Kurkjian tried to prove his point that baseball players do things other pro athletes simply can't, and referenced Danny Ainge, who made the pros in two sports but was infinitely better as a basketball player than baseball. He once asked former Oriole Tippy Martinez what he threw to get Ainge out. "Strikes," he said.

- "I saw Burt Blyleven strike out nine batters in one game," Kurkjian writes, "all on called third strikes."

Read that one again and let it sink in.

- And think about the statistical probability of this one: "I saw Jeff Stone make an out at all four bases in one game."

- How about this, from the 1992 NLCS, the famous game in which Francisco Cabrera hit off Stan Belinda to score Sid Bream for the title.

"It remains," Kurkjian writes, "the only postseason Game 7 ever to end on a two-out hit that took a team from behind to ahead."

- Baseball is, he says, "the only major sport in which ... a team that hasn't played in 80 years, the 1927 Yankees, are still mentioned in causal conversation, as in, 'The Indians are a good hitting team, but they're not the '27 Yankees.'"

- He argues that the greatest pitcher of all-time was Walter

"Freight-Train" Johnson, and not because he graduated from Walter Johnson High School. "... (B)ut because he threw 113 shutouts, more than Roger Clemens, Greg Maddux and Curt Schilling combined."

- And then there's this: "Who is better, Bonds or Ruth? Entering the 2006 season, Ruth had as many career shutouts as Pedro Martinez (17). When Bonds becomes a pitcher," Kurkjian writes, "then we'll talk about who is the greatest baseball player of all time."

- When Tiger Stadium was left behind in 2001, Hall of Fame broadcaster Ernie Harwell - perhaps, in my mind, the greatest ever - wanted a piece of memorabilia

from the park. His choice? A urinal from the visiting clubhouse.

Why? "It's personal," he said. "Every great visiting player in the American League history used it. I'm going to clean it up and make it into a planter for my wife."

- And what baseball book would be complete without the humor of

Bob Uecker? "Half the people thought I was the worst player they've ever seen," Uke said, "and the other half thought I was a disgrace to the uniform."

- Here's a stat for you: "Jim Palmer never gave up a grand slam in nearly 4,000 innings, amazing considering that Chan Ho Park gave up two in one inning, and, in 2005, Braves reliever Joey

Devine became the first pitcher ever to give up a grand slam in his first two major-league appearances."

- Kurkjian reports he once set out to write a story for Sports Illustrated on third base. Particularly, he was seeking an answer to two questions: Why is it so hard to play, and why are there fewer third basemen in the Hall of Fame than any other position.

The common answer, he says, was "I don't know ... which happens to be the name of the third baseman in the great Abbott and Costello routine

"Who's on First?"

- He follows that up with this: "Speaking of which, how great was the night that Glenn Abbott pitched for Detroit and Marty Castillo caught, making the battery Abbott and Castillo? Or the night Bud Black pitched and Steve Decker caught, a Black-and-Decker battery."

- This is downright peculiar: "How can it be that pitcher Dennis Eckersley could go four years between pickoffs, then the first guy he picked off in 1982 was the last guy he picked off in 1978, Kenny Williams."

- And finally, I'll say a hearty "Amen!" to the final graph of this impressive chapter. Wrote Kurkjian:

"A lot of people get it. They get baseball. And they will always get it. They're the lucky ones. They know, and always will know, that baseball is the best game."

Email Times Columnist Rick Bentley at rbentley@pc.edu.

Speedway

Dealers" pole award winner Jason Leffler along with fan favorites Mike and Kenny Wallace, Michael Waltrip Racing, competitor David Reutimann, Australian Marcos

Ambrose as well as veterans Jason Keller and David Stremme.

Race tickets can be reserved online through the "Tickets" pages of this Web

site, at speedway ticket offices located at 400 Buttermilk Pike, Suite 100, in Ft. Mitchell, Ky., near Montgomery Inn and the Sparta Fan Center located off

of I-71 Exit 57 and Ky. Hwy. 35 N, by phone at 888-652-RACE (7223) and through Meijer stores.
ONLINE: www.kentuckyspeedway.com

Team Big Brown eyes merchandising blitz

by STEVENSON JACOBS ASSOCIATED PRESS

NEW YORK — Get ready for Big Brown-themed Beanie Babies, lapel pins, ball caps and maybe even booze.

As Saturday's Belmont Stakes draws closer, the prized colt is the favorite to capture the first Triple Crown in 30 years. His handlers are already eyeing ways to cash in on the feat, if he wins, and that means merchandising — lots of it.

"We're definitely going to mass market in a way that's never been done in our industry," said Kelly Wietsma, president of Equisponse, a horse racing marketing agency that represents Big Brown's owner, IEAH Stables. "I want every kid in America to be able to walk into a Wal-Mart and buy a Big Brown shirt or a Big Brown Beanie Babe."

To make that happen, IEAH has partnered with sports marketing firm 16W Marketing, which handles licensing and sponsorship deals for current and former players from the National Football League.

Big Brown's team is betting that big TV exposure for the Belmont coupled with the rarity of a Triple Crown shot will translate into major licensing and endorsements deals. There's even talk of Big Brown making that most-coveted pilgrimage usually reserved for the country's most celebrate athletes.

"We did get a phone call about him going to Disneyland," Wietsma said, adding that no decision has

been made on the trip.

Frank Vuono, president of 16W Marketing, said other offers have been pouring in from companies eager to attach their products to Big Brown. While declining to name them or the financial terms of any deals, he said plans are in the works for apparel, memorabilia, collectibles, blankets and "probably an alcoholic beverage," among other products.

"It runs the gamut in licensing," Vuono said. "We've actually got the possibility to do postage stamps."

Big Brown, who is sponsored by UPS Inc., the shipping giant he was named after, is also being courted as a pitch horse for other brands and to make other appearances, Vuono said.

"I don't think you'll see him on David Letterman ... but you may see him in a milk mustache commercial or on a Wheaties box," he said.

But the splashy marketing blitz carries risks. For starters, Big Brown has to actually win Saturday's race for any licensing deals to go through. The undefeated 3-year-old colt has a cracked left hoof but is still the odds-on favorite to win.

"All the licensing agreements are contingent on Big Brown winning the Triple Crown," Vuono said. "If he doesn't win, there won't be as much interest."

Besides losing, a soft economy could also foil purveyors of Big Brown swag. Soaring costs for gas, food and other necessities have cut into

Americans' wallets, seemingly making them less likely to rush out for Big Brown bobbleheads and tote bags.

But history may be on Big Brown's side: Secretariat, the 1973 Triple Crown winner, is still selling T-shirts, books, photographs and DVDs more than 20 years after his death.

And even Triple Crown losers have made out OK. Funny Cide, who won the 2003 Kentucky Derby and Preakness, got his own brand of beer, wine and ice cream after finishing third at the Belmont.

Leonard Lusky, president of Secretariat.com, which started in 2002 to sell licensed merchandise in the horse's name, said sales on the Web site usually jump by 30 to 40 percent during the Triple Crown.

"I would say this year it's probably even a little bit more because of Big Brown," said Lusky. "When there's a Triple Crown on the line, it filters down. We all feel it."

Ben Erps, president of All Pro Championships Inc. in Louisville, the official Big Brown merchandise vendor at Saturday's Belmont, predicted people will hit souvenir stands with open wallets if Big Brown wins Saturday.

"The Big Brown effect will at least double our Belmont business and, if he wins, maybe triple it," said Erps, whose company will be selling T-shirts, caps, posters and bumper stickers. "Then we'll see what kind of legs he has, how well he continues to cap-

ture the public's imagination."

Some say Big Brown has already fallen short on that front. Unlike past champions Funny Cide, Barbaro and Smary Jones, Big Brown's face hasn't been plastered on the cover of national magazines and doesn't appear to have won over droves of casual fans.

Michael Iavarone, Big Brown's co-owner, has rejected the idea that revelations that he was fined and suspended for securities violations in his 20s should detract from Big Brown's achievements.

"Everybody makes bad decisions," Iavarone said. "I think people see what we're about."

Looking ahead, he and trainer Rick Dutrow Jr. insist Big Brown will race beyond Saturday if all goes well, though they've already signed a stud agreement with Three Chimneys Farm as part of a \$50 million deal — potentially removing him from the spotlight.

Lusky, the steward of Secretariat's image, said retiring Big Brown too quickly could weaken his allure among fans.

"If he's hustled off to stud and the public can't get an affection for him, he will not endure as strongly or as long," said Lusky. "You've got to promote your horse and keep the legacy alive."

AP racing writer Richard Rosenblatt contributed to this report.

Former WKU, UK star Sparks arrested on DUI charge

THE ASSOCIATED PRESS

BOWLING GREEN — Former Kentucky star Patrick Sparks was arrested on May 30 and charged with driving under the influence.

Sparks, 25, was arrested by Bowling Green police around 2:30 a.m. CDT after being pulled over for

making an improper turn near the Western Kentucky University campus. Sparks' eyes were bloodshot and his speech was slurred, according to the citation.

Sparks was administered a Breathalyzer test, which determined his blood alcohol level as .141, nearly double the state legal limit of .08. He

was taken to the Warren County Regional Jail before being released.

Sparks, who lives in his hometown of Central City, played two seasons at Western Kentucky before transferring to Kentucky. He averaged 10.3 points in two seasons with the Wildcats. He is currently out of basketball.

ATHLETES OF THE WEEK

Kelli Burchell, Prestonsburg Track

Joseph Jamerson, Prestonsburg Track

Redshirt freshman Martin leaving Cards

Running back ranked as one of nation's best

THE ASSOCIATED PRESS

LOUISVILLE — Louisville redshirt freshman Dale Martin says he has received his release from playing for the university and will change schools.

The running back from Bolingbrook, Ill., says he's been fighting injuries and feels like he needs a fresh start. The 6-foot, 208-pounder was ranked as the No. 20 running back nationally.

Martin signed with the Cardinals the day before former coach Bobby Petrino left for the Atlanta Falcons in January 2007, choosing Louisville over Iowa and Tennessee. But he needed shoulder surgery after his

senior year of high school and redshirted last year. Leg injuries also hampered him, including a pulled muscle during spring drills that sidelined him for this year's spring game.

Martin hasn't decided on a new school yet. He will have to sit out the upcoming season under NCAA transfer rules. He told The Courier-Journal he'll use the time to get healthy.

Hall

Continued from p1

defensive coordinator at Lawrence County (where those teams advanced far into the Kentucky high school playoffs in numerous years). As the head coach of nearby Spring Valley High School, Ratliff coached the Timberwolves to the state play-

offs in three of his four years at the helm, 2001-02-03, was the MSAC Coach of the Year in 2001 and helped MU teammates Mike Bartrum and Troy Brown to found the Bartrum-Brown Football Camp at SVHS in 1999. Ratliff moved on to coach the tight ends at James Madison University, for former MU assistant/JMU Head Coach, Mickey Matthews, and the Dukes won Ratliff a second national I-AA championship in 2004 in addition to winning 20 games in his two seasons in Harrisburg, Va. In 2006, Ratliff returned to Marshall to work on Mark Synder's second squad, coaching All-American tight end Cody Slate. In the upcoming 2008 season, Ratliff will coach tight ends and tackles for the Herd. He and his wife, Jenni, have two children, Haley (11) and Dylan (8).

Another Herd great from Eastern Kentucky, VanHoose was a four-time All-Mid-American Conference player, being named first team in 2001, honorable mention in 2000 and

2002 and MAC All-Freshman in 1999.

VanHoose, 6-foot-9, was named an Academic All-American as a senior. He is No. 5 in scoring all-time at Marshall with 1,803 points, and No. 2 all-time in rebounds with 1,086 - the only player over 1,000 rebounds and over 1,500 points besides fellow Hall of Fame member Charlie Slack.

VanHoose, coached by another Hall of Fame member in his head coach Greg White, also played alongside of Tamar Slay, who is sixth in scoring with 1,792 points and currently pursuing a professional career. VanHoose is third in free throws attempted and made (472-of-630); fifth in field goal percentage (56 percent); sixth in field goals made (664) and games played (113); eighth in blocked shots (74); 10th in field goals attempted (1,185); 22nd in steals (97); and 24th in assists (154). He led the Herd in scoring in 1999 (397 points, 14.7 average).

VanHoose led the team in rebounds for four consecutive years (averaging 11.1 per game in 2001 - third best in the nation - and 10.6 per game in 2002, second in the MAC) as well as field goal percentage all four years (with a best of .594 as a freshman) and free throws made

each of four seasons (best of 141-184 his sophomore season). He led the Herd in field goals made in both 1999 (149) and 2001 (160). VanHoose averaged a double-double his junior and senior seasons and his 39 as a junior led the nation. He became the first Marshall player to do that since Bob "Too Sweet" Williams in 1974-75 season, and he played 35 minutes a game as a senior despite a bone injury that plagued his sophomore, junior and senior seasons.

VanHoose helped lead Marshall to 70 wins in four seasons and the 2000 team advanced to the MAC Tournament semifinals, MU's only trip that far in eight seasons, before falling to Miami, Ohio. His senior season, VanHoose won the Leo Byrd, Charlie Slack and Hal Greer awards. In 2002, he was drafted by North Charleston Lowgators of the NBDL in the seventh round. Later in 2002, he played for the Charleston (W.Va.) Bombers in the USBL. In April of 2006, VanHoose signed at West Virginia Wild of the IBL, and averaged 25.2 points per game, 15.5 rebounds, shot 50 percent from the floor and 34 percent from the three-point line that season. VanHoose is the head girls' basketball coach at Phelps High School.

Dairy Queen
of Prestonsburg

SPORTS FAN
OF THE WEEK

If you are the sports fan circled here...
it's your lucky day!

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at DAIRY QUEEN OF PRESTONSBURG. When claiming your ice cream cake, present this newspaper.

Votto spoils no-hitter, Volquez dominant in Reds' victory

by ROB MAADDI
ASSOCIATED PRESS

PHILADELPHIA — Edinson Volquez had no room for error, so he didn't make any mistakes.

Jocly Votto's two-out RBI double in the seventh inning spoiled Brett Myers' bid for a no-hitter, and the Cincinnati Reds beat the Philadelphia Phillies 2-0 on Wednesday night behind another impressive start by Volquez.

"I can't say enough about him," Votto said. "He was great. He took care of us."

A sellout crowd hoping to see Ken Griffey Jr. hit his 600th homer saw an old-fashioned pitcher's duel in the rarest of places — hitter-friendly Citizens Bank Park.

Junior wasn't in the Reds' lineup for the third consecutive game because of general soreness, including a sore left knee. For the second straight game, he walked as a pinch hitter in the eighth and pitcher

Bronson Arroyo ran for him.

Volquez (8-2) allowed two hits, struck out eight, walked two and hit two batters in seven innings, lowering his ERA to a major league best 1.32.

Bill Bray got two outs in the eighth and Francisco Cordero got the last four to complete the two-hitter and earn his 12th save in 14 chances.

"A shutout against this club in this ballpark is almost impossible," Reds manager Dusty Baker said. "Volquez was awesome."

Griffey hit No. 599 at home Saturday against Atlanta. He went 2-for-3 Sunday, but hasn't started since. The only players to reach 600 are Barry Bonds, Hank Aaron, Babe Ruth, Willie Mays and Sammy Sosa.

Cameras flashed during every pitch from Myers (3-7) to Griffey and fans booed when he walked.

"I was trying to go right after him," Myers said.

Acquired from Texas in the trade

for Josh Hamilton, the 24-year-old Volquez has been dominant for the Reds. He hasn't allowed more than two earned runs in any of his 12 starts. The right-hander overpowered hitters with a 94 mph fastball and kept them off-balance with a darting changeup.

"The biggest thing is more confidence," Volquez said.

Myers retired the first 13 batters before he walked Adam Dunn with one out in the fifth. He gave up one run, one hit and walked a season-high six in 7 1-3 innings, striking out eight.

Myers got in trouble when he walked Adam Dunn with one out in the seventh, and Phillips stole second. After Dunn fled to left, Votto ripped a hanging 0-2 pitch to left-center to put the Reds ahead 1-0.

"I tried to put something in play and get the runner home," Votto said. "I'm glad I came through in that situation."

The Reds didn't come close to a

hit until Votto delivered. Jerry Hairston lined out right to shortstop Jimmy Rollins to start the game. Phillips sent right fielder Geoff Jenkins to the warning track leading off the fifth.

Votto got another RBI double in the ninth off J.C. Romero to give the Reds an insurance run.

Despite the loss, it was an encouraging performance for Myers. He seems back on track after a poor start, lowering his ERA from 5.91 on May 14 to 5.13. Myers enjoyed being a closer last year after moving to the bullpen for the first time in his career.

He prefers finishing games, but agreed to be a starter after the team acquired Brad Lidge from Houston. Lidge is 15-for-15 in save chances.

"I knew it would come down to who would make the first mistake and unfortunately I made it," Myers said.

Volquez had control issues in the fifth. He hit Chris Coste with a pitch,

walked Shane Victorino and hit Chase Utley to load the bases with two outs. But Ryan Howard flied out to left on the first pitch to end the threat.

"He had effective changeup and throws in the high 90s and also has a good slider," Victorino said. "When you have three pitches like that, you tip your hat to the guy."

Reds second baseman Phillips made an outstanding over-the-shoulder, diving catch to rob Pedro Feliz in the second.

Notes: Eagles quarterback Donovan McNabb took some hacks with the Phillies during batting practice. The five-time Pro Bowl selection hit a one-hopper over the wall in left-center. ... The Reds will call up RHP Homer Bailey from Triple-A Louisville to make his first start of the season in Thursday's series finale. ... Myers didn't allow a run in the first inning for the first time in eight starts. ... The game started 12 minutes late because of a rain delay.

Padres outlast Cubs 2-1 on four-hitter

THE ASSOCIATED PRESS

At San Diego on Wednesday, Kevin Kouzmanoff hit a tiebreaking sacrifice fly in the eighth and Greg Maddux and two relievers combined on a four-hitter as San Diego snapped the Cubs' nine-game winning streak.

Brian Giles led off the eighth with a double off Ted Lilly (5-5). After he moved to third on a flyout, Kouzmanoff hit his sacrifice fly to center off Carlos Marmol to make it 2-1.

Chicago's winning streak was its longest since 2001. The Cubs (38-22) still have the best record in the majors.

Maddux, ninth on the all-time wins list with 350, allowed one run and three hits in seven innings. Maddux has not won in five starts since getting his 350th victory on May 10 against Colorado. He has one loss and four straight no-decisions since.

Heath Bell (3-3) pitched a perfect eighth and Trevor Hoffman faced four batters for his 12th save.

Pirates 5, Astros 2: Zach Duke allowed two runs over 7 2-3 innings and Raul Chavez

drove in three runs for Pittsburgh.

Duke (3-4) gave up seven hits, struck out two and walked two. The left-hander had his longest outing of the season and won for the first time in seven career starts against Houston. Matt Capps pitched a perfect ninth for his 12th save.

Ty Wigginton hit a solo home run and Carlos Lee had an RBI single for the visiting Astros, who have lost six of seven, scoring 10 runs in that stretch.

Roy Oswalt (4-6) lost to the Pirates for the first time since April 25, 2005. He went six innings, allowing three earned runs and nine hits.

Brewers 10, Diamondbacks 1: Corey Hart hit a three-run, inside-the-park homer and Russell Branyan followed with a conventional shot for Milwaukee in its sixth straight win.

Brewers starter Manny Parra (4-2) tied a career high with eight strikeouts in seven innings, retiring his final 14 batters as Milwaukee finished its homestand 8-1 and swept Arizona for the first time since Aug. 21-23, 2000.

After Gabe Kapler singled

with two outs, Ryan Braun hit an RBI triple and Prince Fielder walked to bring up Hart, who flared a pitch from reliever Edgar Gonzalez down the right-field line.

Justin Upton dived, but couldn't come up with the ball and slipped getting up as it rolled to the wall. That allowed Hart to circle the bases for Milwaukee's first inside-the-park homer since Fielder did it at Minnesota last June 17.

Marlins 6, Braves 4: Hanley Ramirez hit two homers, including a two-run shot in a four-run ninth inning, to lead Florida's rally.

Mike Rabelo hit a tying two-run homer in the top of the ninth as Manny Acosta blew a 4-2 lead. Acosta (3-3) recorded only one out while giving up four hits, three for extra bases, and four runs for his second blown save in five opportunities.

Justin Miller (2-2) pitched two perfect innings for the win. Kevin Gregg pitched the ninth for his 11th save.

Rockies 2, Dodgers 1: Aaron Cook pitched eight sharp innings and Jeff Baker drove in both Colorado runs with his first home run of the

season in the top of the second.

Cook (8-3) allowed a run and six hits, struck out six and walked one. Brian Fuentes pitched a perfect ninth for his eighth save.

Clayton Kershaw (0-1) threw 104 pitches in five innings, allowing two runs and five hits with five strikeouts and four walks. The Dodgers have lost 10 of 13 and are averaging 2.46 runs during that stretch.

Mets 5, Giants 3: Jose Reyes had three hits, including a two-run home run, and Carlos Beltran added a two-run double as visiting New York won for the seventh time in nine games.

John Maine (6-4) got a 3-0 lead in the first inning and made it hold up. He pitched six innings for the third straight start, allowing one earned run and seven hits. Billy Wagner worked the ninth for his 13th save.

Reyes, who had his 18-game hitting streak stopped Tuesday night, connected off Matt Cain (2-4) in the fourth for his eighth home run of the season.



THE LEFT BEAVER FIRE & RESCUE SQUAD 3-ON-3 TOURNAMENT was comprised of 11 teams.



Dakota Conn recently spent a weekend fishing at Cherokee Lake in Tennessee. Conn, 10, caught 11 of the 21 fish that were reeled in during the trip. The biggest one he caught was a 26 inch long striped bass. Conn is the son of Dustin and Tonya Conn. He is the grandson of Ed and Dora Handshoe and Delano and Delores Conn — all of Floyd County. The Allen Elementary fourth grader was accompanied on the trip by his papaw, Ed Handshoe. He says when grows up he wants to be a professional fisherman and own his own fishing/hunting supply shop.



Reds to host Joe Nuxhall Night

TIMES STAFF REPORT

CINCINNATI — The Cincinnati Reds will host Joe Nuxhall Night on Thursday, June 10. The event is being presented by Great American Insurance Group.

The Reds face the St. Louis Cardinals at 7:10 p.m. Tickets are available at cia phone at 513-381-REDS, or online at reds.com.

Pregame ceremonies will honor the Reds legend and his family.

The first 30,000 fans will receive a free bronze statue of the "Ol' Lefthander." It's a replica of the statue on Crosley Terrace that was dedicated on July 20, 2003.

June 10 is the 64th anniversary of Nuxy's big league debut on June 10, 1944, when he pitched against the St.

Louis Cardinals at Crosley Field.

Also on June 10, the City of Cincinnati, Hamilton County and the Reds will honor Nuxhall by renaming the portion of Main Street in front of Great American Ball Park "Joe Nuxhall Way." Marty Brennaman will host a brief public ceremony to dedicate "Joe Nuxhall Way" at 5 p.m. The Nuxhall family will be present, along with city and county officials.

Fans are also encouraged to visit the "Ol' Lefthander" exhibit at the Reds Hall of Fame and Museum. This fitting tribute displays a wide range of artifacts from Joe's remarkable career and includes a film tribute to Joe and special listening stations where fans can revisit some of his most memorable calls.

Guadalcanal goes for a big upset in Belmont Stakes

by MIKE FARRELL
FOR THE ASSOCIATED PRESS

NEW YORK — Fred Seitz believes Guadalcanal has a lot of heart.

Maybe enough to pull off a huge upset Saturday in the Belmont Stakes.

Guadalcanal will try to win his first race in an unlikely place: the 1 1/2-mile final leg of the Triple Crown.

Seitz, who is both owner and trainer, bought the colt last year after an ultrasound test revealed Guadalcanal had the cardiac profile of a horse who would relish long-distance races.

As proof, Seitz points to Guadalcanal's last race: a loss by a nose at 1 1/2 miles on the turf at Churchill Downs.

That effort set in motion the 50-1 shot's entry in the Belmont.

"It was based on the distance," Seitz said of the decision. "It's a big question for all these horses. Most are going into uncharted waters."

Still, it's a tall order for a horse winless in five tries facing the likes of the unbeaten Big Brown.

"He's going to be running at the end," Seitz said. "I firmly believe that. We think he can be on the board. If he does, we'll be very happy."

A BIG HANDFUL: Big Brown was a handful the day after his final workout leading up to the Belmont Stakes on Saturday.

"He was very rough this morning around the barn," trainer Rick Dutrow Jr. said. "I've never seen him like this. I see it as a very positive sign, following a breeze. I just could not be any happier with this horse."

On Tuesday, Big Brown went five furlongs in 1:00.03. He stayed in the barn Wednesday, keeping dry while a groom hand-walked him in circles on a rainy morning.

Dutrow remained supremely confident Big Brown will be the first horse in 30 years to complete the Triple Crown sweep.

"You got today, you got tomorrow and Friday and Saturday. As long as he gets there the way he is right now, he will win, without a doubt," the trainer said.

Hoof specialist Ian McKinlay stopped by to check on the crack in Big Brown's left front foot that will get an acrylic patch Friday.

"He looked at it. He loved it," Dutrow said. "It's great, 100 percent. We are right on target."

HIS TURN: David Carroll twice has stood in the winner's circle following the Belmont Stakes.

This time, Carroll hopes to have his name engraved on the trophy.

Carroll was the exercise rider for Easy Goer, the 1989 Belmont winner who stopped Sunday Silence's Triple Crown bid. One year later, he joined his brother, Raymond,

an assistant to trainer Dermot Weld, for the celebration following Go and Go's victory.

Carroll, a native of Ireland, will saddle Denis of Cork, a late-running colt who came from 20th to get third in the Kentucky Derby.

This a homecoming of sorts for Carroll, who spent six years at Belmont working for Hall of Fame trainer Shug McGaughey during the Easy Goer era.

"This was one of my favorite tracks and I'm looking forward to seeing my friends," Carroll said. "We are here to try and win this race. I have tremendous respect for Big Brown, Casino Drive and all the horses in this race. I want our horse to do well and prove himself."

The 48-year-old Carroll came to the U.S. when he was 25 and landed the job with McGaughey. He opened his own stable in 1992.

"When I left Belmont, I was an exercise rider," he said. "I'm coming back as the trainer of a Belmont contender."

Denis of Cork is bucking history. No third-place finisher in the Derby has won the Belmont. The colt won his first three races before finishing fifth in the Illinois Derby, his final prep before the Kentucky Derby.

RIDERS UP: There was considerable jockeying for riding assignments for the Belmont.

As usual, Kent Desormeaux will be aboard Big Brown.

Desormeaux also rode Casino Drive, the unbeaten colt from Japan, to victory in Belmont's Peter Pan Stakes last month. With Desormeaux committed to Big Brown, Edgar Prado snagged the ride on Casino Drive. Prado is a two-time Belmont winner with Sarava (2002) and Birdstone (2004).

Prado's two wins ended Triple Crown bids by War Emblem and Smarty Jones.

John Velazquez will ride Ready's Echo for trainer Todd Pletcher. They teamed to capture last year's Belmont with the filly Rags to Riches. To ride Ready's Echo, Velazquez obtained a release from trainer Nick Zito, freeing him from a previous commitment to ride Anak Nakal. Julien Leparoux now gets the mount on Anak Nakal.

Zito, Birdstone's trainer, also will send out Da'Tara with Alan Garcia aboard.

Eibar Coa retains the mount on Tale of Ekati, as does Jeremy Rose on Icabad Crane.

Garrett Gomez replaces Leparoux on Macho Again while Robby Albarado, second by a nose in last year's Belmont with Curlin, replaces Calvin Borel on Denis of Cork.

Guadalcanal, a surprise late Belmont entrant, has yet to win in five tries. He just missed in his latest effort on the grass at Churchill Downs with Leparoux aboard. Javier Castellano landed the mount in the Belmont.

Redlegs Run for Home 5K slated for Saturday

TIMES STAFF REPORT

CINCINNATI — It's not too late to sign up for the 7th Annual Jones Fish Hatcheries Redlegs Run for Home 5K on Saturday, June 7.

The chip-timed 5K is one of the most popular and unique races in the Tri-state. The 3.1 mile course starts outside the stadium on Mehring Way, winds through downtown and finishes near home plate inside Great American Ball Park.

Online registration is closed, but runners can register the day of the race or at

the scheduled packet pick-up on June 5 at Great American Ball Park.

Full race details can be found online at www.reds.com/5K.

The 5K starts at 9 a.m. for walkers and runners. The One Mile Kids Run starts at 9:30 a.m. and Gapper's Kids Fun Run starts at 10:15 a.m. The Corporate Challenge matches teams of four people each running the 5K. All four 5K times are added together for the team time in men, women and co-ed divisions.

Registration costs: 5K - \$30; Corporate Challenge - \$107 (total for 4 people); One

Mile Kids Run - \$16.50 (kids 12 and younger); Gapper's Kids Fun Run - \$11.50 (kids 10 and younger).

All participants will receive a race T-shirt, post-race party on the Fan Zone, goody bag and one View Level ticket for the June 11 Reds-Cardinals game.

The title sponsor is Jones Fish Hatcheries and is presented by Fleet Feet Sports, WLWT-TV 5, Kiss 107.1 and 700WLW.

All proceeds from the event will benefit the Reds Community Fund.

CONTACT THE FLOYD COUNTY TIMES
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Kyle Busch poised for historic cross country triple threat

Driver continues to lead NASCAR Sprint Cup Series points standings

by JENNA FRYER ASSOCIATED PRESS

CHARLOTTE, N.C. — Kyle Busch and his buddies had big plans last year at Darlington Raceway, where they took a rare race off to grill out and enjoy some downtime. The cookout was ruined two laps into the Nationwide Series race when Busch and Jeff Dickerson, his agent, spotter and most trusted confidant, realized they'd rather be racing.

"It drove us crazy not being in the race," Busch said. "We were sitting there on a Friday night with cars on the track and we couldn't figure out why the heck we were just sitting there."

And so began Dickerson's relentless quest to fill Busch's schedule with as many races as possible. The journey hits historic levels this weekend, when Busch becomes the first driver in NASCAR history to attempt all three national series on one weekend at three different tracks.

The itinerary calls for Busch to practice and qualify his Sprint Cup Series car in Pocono Raceway on Friday, then jet off to Texas Motor

Speedway for Friday night's Truck Series race. It's back to Pocono after the race so Busch can practice in his car on Saturday morning before hustling to the Nationwide Series event in Nashville.

Then it's back to Pocono, where Busch will attempt on Sunday to widen his lead in the Sprint Cup standings.

Dickerson, who will make the manic journey with Busch and spot all three events, insists this is not a publicity stunt for NASCAR's newest superstar.

"It's just in your blood. You're either a racer or you're not," Dickerson said. "If they line up some cars, put people in the grandstands and give out a trophy, then someone is going to get their picture taken with a pretty girl. It doesn't matter if it's Friday, Saturday or Sunday — we want to get a trophy, and we want a picture taken with a pretty girl."

With 10 wins spanning NASCAR's top three series this year, the duo is well on the way to filling a 2008 photo album. Busch has scored a series-best four Cup victories, four Nationwide wins and two in the Truck Series.

He's got a cozy 142-point lead in the Cup Series, is second in the Nationwide standings and, after initially leading the Truck standings, he's missed two of eight races and dropped to 16th.

Although there's been talk of racing for all three championships, conflicts with the Truck and Nationwide schedules make it impossible for Busch to race all three series the rest of the season and he is prepared to

concede the driver title in the Truck Series.

So why even attempt this exhausting cross-country trifecta?

For Busch, it's about both his love of racing and a loyalty to truck team owner Billy Ballew.

"It's not about merchandise sales, or fan club members or Q-ratings — he's not jaded enough to think of things like that yet," Dickerson said of the 23-year-old phenom. "It's just about winning races. Every driver says it, but I don't think every fan believes them. With Kyle there is no doubt.

"Love him or hate him, every person in that grandstand knows that Kyle is there for one reason, and it's to win that race."

And that's why Busch is going to Texas, where he feels he's the best option to keep Ballew in contention for the Truck Series owners' championship. Ballew is currently fourth in the owner standings, just 33 points behind the truck that owner Tom Mitchell fields for Rick Crawford.

Busch has put Ballew in contention, with four top-10s and 304 laps led in his six races. When he missed Kansas and Mansfield for scheduling conflicts, fill-in driver Shane Sieg finished 18th and 21st and didn't lead a lap.

"I want to keep Billy up front, and no one else can do it," Busch said. "I think it's cool that as long as he's been in the sport, he's finally got a chance to win a championship and I want to help him keep that alive."

Busch accepts no money for driving from Ballew, an original owner

from the inaugural 1995 truck season, and all his winnings are returned to the race team. He and Dickerson also brought NOS Energy Drink to Ballew this season as a sponsorship partner.

"He's been around so long, and he's never had a full-time driver capable of winning him a championship," Busch said. "I'd like to be the one to do it for him."

Loyalty aside, the Cup Series remains Busch's priority. Should there be delays in Pocono, Busch will remain with his Joe Gibbs Racing team until its work is finished. So long as the No. 18 Toyota remains his top focus and that effort doesn't suffer, the team has no issues with Busch's hectic schedule.

"I think it's a concern for us if you watch him and he gets tired, or physically run down," said team president J.D. Gibbs. "I think where Kyle is right now, being 23, he can run pretty hard."

So JGR officials don't stand in Busch's way of filling his schedule, and this triple effort isn't the only stunt he's got planned for this season. Eddie D'Hondt recently approached Dickerson about his fledgling race team, wondering if Busch might be interested in running the Nationwide Series race at Watkins Glen in August.

In what Dickerson calls "the dumbest idea in racing," Busch agreed to pilot the car if Dickerson is the crew chief and fellow driver David Stremme is the race engineer.

"We're going to have some fun with it, make Stremme dress up like an engineer and I'll act like I know everything — which every crew

chief I've worked with will attest to — and we'll go try and win a race," Dickerson said. "As good a road racer as Kyle is, I expect to be in Victory Lane by the end of the day."

And in the end, that's the only place Busch really wants to be.

"I don't have a family of my own that I have to focus on or be with all the time, and racing is what's in my blood," Busch said. "I want to race every day, all day, every minute. I want to be in a car, by myself, because that's where I am happiest."

NASCAR SPRINT CUP DRIVER STANDINGS

- Kyle Busch, 2,050
- Jeff Burton, 1,908
- Dale Earnhardt Jr., 1,779
- Carl Edwards, 1,713
- Greg Biffle, 1,658
- Jeff Gordon, 1,646
- Jimmie Johnson, 1,644
- Clint Bowyer, 1,633
- Denny Hamlin, 1,630
- Kevin Harvick, 1,566
- Tony Stewart, 1,551
- Kasey Kahne, 1,524
- David Ragan, 1,516
- Ryan Newman, 1,495
- Martin Truex Jr., 1,441
- Matt Kenseth, 1,429
- Juan Pablo Montoya, 1,390
- Travis Kvapil, 1,370
- Brian Vickers, 1,327
- Bobby Labonte, 1,325

Mears looking for consistency with Hendrick

by DAN GELSTON ASSOCIATED PRESS

DOVER, Del. — Junior, Jimmie and Jeff.

The three J's of Hendrick Motorsports boast the titles, fan support, endorsements and marquee wins most other drivers would envy. Dale Earnhardt Jr., Jimmie Johnson and Jeff Gordon are respected in the garage, largely beloved off the track, and arguably turned Hendrick into NASCAR's most decorated and dominant team.

Then there's Casey Mears. Winner of one career Sprint Cup race.

Not even close to the top-12 in points or making a run at the Chase.

Often viewed as the weakest link in the Hendrick powerhouse.

While Johnson (twice) and Gordon (four times) are both Cup champions, and Earnhardt is the most popular driver in NASCAR, Mears has failed to come close to matching the talented trio in popularity or performance. He's jumped teams, been shuffled around cars and assigned new crew chiefs, but the changes haven't helped Mears find any kind of regular success in a six-year Cup career.

"All those guys have had a

lot of success over the years and deserve all the recognition," Mears said. "For myself and the team to get on that same recognition level, you have to go out and win races. That's the way the sport works. We've got to step up, start making things happen and we'll get the same recognition."

A little more than a year ago, Mears appeared on the brink of turning his career around. He raced to victory at the Coca-Cola 600 on Memorial Day weekend, on the same day once synonymous with Mears' greatness. His uncle Rick Mears is the four-time Indianapolis 500 champion, and the relatives shared an emotional conversation after Casey Mears finally burst through into Victory Lane.

The milestone victory, though, did little to spark Mears' season. He finished 15th in the points and was the only Hendrick driver who failed to make the Chase for the championship.

Mears also had to deal with the rumors that he might be on his way out at Hendrick to make room for Junior. Instead, it was Kyle Busch who got the boot. Busch has been sensational and the top Cup driver in his first season at Joe Gibbs Racing, showing that it is possible to make a smooth transition

to a new team.

Mears has had to deal with at least a new crew chief, team he previously ran for Chip Ganassi Racing) or car almost every season. He's in the No. 5 this year — after driving the No. 25 last season — and paired with crew chief Alan Gustafson.

"He's got a ton of talent. So does this whole team and when we get it right we're fast," Mears said. "For some reason, it's been taking a little bit longer to mesh like we thought."

Gustafson is the fourth crew chief Mears has had in four seasons. He had two different crew chiefs at Ganassi, then was moved away from the No. 25 team and Darian Grubb when Hendrick shuffled things for Earnhardt.

"It's not easy getting to know a new person every single year and trying to adapt to that," Mears said. "Don't get me wrong, I think we should be doing better than where we are right now, that's not our excuse. But it's not an easy transition to make every single time."

Mears started last week 39th at Dover International Speedway and finished 17th, moving him up to 25th in the standings. But he is still a whopping 331 points behind Kasey Kahne for the 12th and final spot in the Chase.

"I don't feel like we're that far off," Mears said. "I think it looks worse than it is. There's no reason why we can't get a good car."

Again, Mears has fallen way behind the other three drivers at Hendrick, Earnhardt is third, Gordon sixth and Johnson seventh in the points. Oh, and the Hendrick driver who got away after last season — Busch — leads the points race and has a Cup-best four victories this season.

"It's been tough on him and the whole team," said Johnson, the two-time defending champ and Mears' closest friend in the series. "I really hope for them they've hit bottom and are working their way up. I hope a good time's right around the corner."

There is a bright side to this season. Mears is set to become a first-time father, though he declined to discuss a due date.

Mears can only hope he'll deliver another victory first.

"If we can get on a serious roll and get us in the Chase that would be great," Mears said. "Right now, I'm just worried about getting more consistent, making us where when we go to each race we're considered to be in the top 10. Once you get in the top 10 consistently, anything can happen."

2008 NASCAR SPRINT CUP REMAINING SCHEDULE

- June 8 — Pocono 500, Long Pond, Pa.
- June 15 — Michigan 400, Brooklyn
- June 22 — Toyota/Save Mart 350, Sonoma, Calif.
- June 29 — Lenox Industrial Tools 301, Loudon, N.H.
- July 5 — Sprint Cup 400, Daytona Beach, Fla.
- July 12 — Chicagoland 400, Joliet, Ill.
- July 27 — Allstate 400 At The Brickyard, Indianapolis
- Aug. 3 — Pennsylvania 500, Long Pond, Pa.
- Aug. 10 — Centurion Boats At The Glen, Watkins Glen, N.Y.
- Aug. 17 — 3M Performance 400, Brooklyn, Mich.
- Aug. 23 — Sharpie 500, Bristol, Tenn.
- Aug. 31 — Sprint Cup 500, Fontana, Calif.
- Sept. 6 — Chevy Rock & Roll 400, Richmond, Va.
- Sept. 14 — Sylvania 300, Loudon, N.H.
- Sept. 21 — Dover (Del.), 400
- Sept. 28 — Kansas 400, Kansas City
- Oct. 5 — AMP Energy 500, Talladega, Ala.
- Oct. 11 — Bank of America 500, Concord, N.C.
- Oct. 19 — Sprint Cup 500, Martinsville, Va.
- Oct. 26 — Pep Boys Auto 500, Hampton, Ga.
- Nov. 2 — Dickies 500, Fort Worth, Texas
- Nov. 9 — Checker Auto Parts 500, Avondale, Ariz.
- Nov. 16 — Ford 500, Homestead, Fla.
- x-non-points race

Stiltner wins three straight at Thunder Ridge

by EDDIE BLAIR CONTRIBUTING WRITER

PRESTONSBURG — In live harness racing action Wednesday at Thunder Ridge, two local drivers fared particularly well. James Stiltner II, a driver and trainer from Kimber, opened Wednesday's racing card on a solid note, winning the first three races. Stiltner began by taking 7-year-old gelding JohnnyisaJohnny to the

Winner's Circle, followed by 4-year-old Jakes Spur in the second race, and longshot 8-year-old gelding Papprika Pete in the third race. Joe Jayne of Prestonsburg also had a good day, scoring wins with 4-year-old mare Miss Georgia in the fourth race and finishing out in front with 7-year-old trotting mare Strong Kiss in the evening's final race. Driver Pat Melloy of Albion, Ill. stayed hot with two wins. Melloy had four wins last week.

Pocono set to challenge NASCAR Sprint Cup drivers

by BRIAN KACHARABA ASSOCIATED PRESS

NASCAR SPRINT CUP
Pocono 500
Site: Long Pond, Pa.
Schedule: Friday, qualifying (Speed Channel, 3:30 p.m.); Sunday, race (TNT, 12:30 p.m.).

Track: Pocono International Raceway (triangular oval, 2.5 miles, 14 degrees banking in turn 1, 8 degrees in turn 2, 6 degrees in turn 3).

Race distance: 500 miles, 200 laps.

Last race: Kyle Busch dominated the second half of the 400-mile race, at Dover International Speedway and raced to his series-best fourth win of the season. Busch made it 10 victories total this season, including two in the Craftsman Truck Series and four in the Nationwide Series. He won for the third time in the last six Cup races.

Last year: With his brakes failing and rain falling, Jeff Gordon held off a charging Ryan Newman to win at Pocono Raceway and give Hendrick Motorsports its 10th win in 12 Cup races. The race was delayed three hours by rain and started close to the time the race usually ends.

Fast facts: Five of the top 12 cars in the standings failed to finish last week's race. Denny Hamlin was involved in an accident and finished 43rd, knocking him from fourth to

ninth in the standings. Tony Stewart, Kevin Harvick, Dale Earnhardt Jr. and Clint Bowyer also ended early. ... Gordon has jumped from 14th to sixth in the standings over the last four weeks. He has four wins, two poles, 15 top-five finishes and 21 top-10s in 30 career starts at Pocono. ... Points leader Busch is expected to become the first driver to compete in all three NASCAR national series on three different tracks over the same weekend. He will compete with the trucks in Texas on Friday before traveling to Nashville for the Nationwide event the next night. ... Tony Stewart has had an average finish of 21st over the last six races.

Next race: Michigan 400, June 15, Brooklyn
On the Net: <http://www.nascar.com>

NASCAR NATIONWIDE
Federated Auto Parts 300
Site: Lebanon, Tenn.
Schedule: Saturday, qualifying (ESPN2, 3 p.m.), race (ESPN2, 7 p.m.).

Track: Nashville Superspeedway (tri-oval, 1.33 miles, 14 degrees banking in turns).

Race distance: 300 miles, 225 laps.

Last race: Denny Hamlin made it a whopping nine victories for Joe Gibbs Racing in the series this season, leading all but 69 laps to crush the field and win at Dover International

Speedway.

Last year: Carl Edwards raced to his fourth victory of 2007, easily beating Clint Bowyer in the Federated Auto Parts 300 for his third straight win at Nashville.

Fast facts: Eighteen-year-old rookie Joey Logano, who also races for JGR, finished sixth in his national-level debut last weekend. Logano was eligible to drive once he turned 18 last week and is scheduled to run about 18 Nationwide races this year and might be positioned to make the move to Sprint Cup if JGR expands to a four-car team as early as next season. ... Dario Franchitti finished 15th at Dover, his first race since breaking his left ankle in a race last month. ... Scott Wimmer won the Pepsi 300 at Nashville on March 22. ... A series-only driver has won at Nashville in nine of the previous 14 races at the track.

Next race: Meijer 300, June 14, Sparta, Ky.
On the Net: <http://www.nascar.com>

NASCAR CRAFTSMAN TRUCKS
Sam's Town 400
Site: Fort Worth, Texas
Schedule: Thursday, qualifying, 7 p.m.; Friday, race (Speed Channel, 8:30 p.m.).

Track: Texas Motor Speedway (quad-oval, 1.5 miles, 24 degrees banking in turns).

Race distance: 250.5 miles,

167 laps.

Last race: Scott Speed made it three straight first-time winners in the series, pulling away at Dover International Speedway to win his first career race. Speed won in only his sixth career start.

Last year: Todd Bodine beat Mike Skinner to the checkered flag again at Texas, holding on to win after another green-white-checker finish in the Sam's Town 400. Bodine edged Skinner by 0.188 seconds for his first victory since making a last-lap pass that beat Skinner by 0.116 seconds the previous June at Texas in the closest finish at the track.

Fast facts: Speed followed Donny Lia at Mansfield (Ohio) Motorsports Park and Matt Crafton at Lowe's Motor Speedway as first-time winners in the series. ... Rick Crawford is atop the standings for only the second time in 280 career truck starts. His first lead was in 2003 after he won the season opener at Daytona. ... Kyle Busch led a race-high 96 laps last week, but finished 27th after running into transmission trouble. ... Bodine and Brendan Gaughan are tied for the most wins at Texas with four. ... The top 10 drivers in the standings are separated by only 105 points.

Next race: Cool City Customs 200, June 14, Brooklyn, Mich.
On the Net: <http://www.nascar.com>

KENTUCKY SPEEDWAY BOUND



photos courtesy of Kentucky Speedway
KYLE BUSCH (above) AND CARL EDWARDS (below) are headed back to Kentucky Speedway for a June 14 Nationwide Series race.





Faith and Family



KIM'S KORNER

It's all about the attitude

It's all about our attitudes. And one of my favorite television pastors, Joel Osteen, often encourages through his messages how vital it is for all of us to keep our sunny dispositions.

Yes, our attitudes determine how our days go. Are we starting our day in the "positive" frame of mind or the negative? Do we use the word "can't" more often than "can?"

One of my favorite verses in the Bible is Philippians 4:13: "I can do all things through Christ who strengthens me." Oh yes, there are times when these flesh and bones feel they can't last through another trial or tribulation, then that one verse flashes through my mind. "Set your mind on things above, not on things on the earth." (Col. 3:2)

Osteen challenged his congregation recently and those in the television audience to begin pre-conditioning their minds. He urged them to start each day in a positive light and to be conscious of the words we speak. He told how our words are similar to seeds. By speaking them out loud, they are planted in our subconscious minds and take on a life of their own. They take root, grow and produce fruit of the same kind. Therefore, if we speak positive words, our lives will move in a more positive direction. He says, we can't speak negative words and expect to live in victory. Remember we reap what we sow!

'Til next week, may each of your days begin in the positive, and may your seeds sprout endless blessings.



Kim Little Frasure

by KAREN NELSON MARCUM

Once upon a time, there were four friends. They were Alana Reed, Lou Goble, Terri Wells, and Karen Nelson. Their favorite class was music as they all loved to sing. Alana and Lou played the piano for Mrs. Carlos's music class when they weren't singing.

Life went happily along until Alana's father, Alan Reed, died at an early age. About three years later, her mother announced that she was remarrying and that they were moving to Ashland. We were all devastated but agreed to keep in touch with letters, phone calls and whatever visits we could manage. The last time we were all together was in December of 1968 in Prestonsburg at Lou's wedding. Alana, Terri, and I were bridesmaids in red velvet dresses. I still have mine as I couldn't part with it as it reminded me of our last happy time with the four of us. Alana and I visited after that, but I don't know that Terri and Lou ever got to see Alana again. I was the only one left in Prestonsburg.

One horrible evening in 1969, I heard about a plane crashing and thought it was the one Alana was travelling on as she flew back to Stephen's College in Missouri for her sophomore year. I called Alana's house and talked with her Mother. She was so distraught not knowing if Alana was on the plane or not till I couldn't bring myself to call back. I heard then that Alana was on that plane. I searched the Ashland newspaper until I found an obituary notice. Alana's plane had crashed close to Indianapolis with 82 people perishing in the crash. It all seemed so unreal that this lovely, happy girl was just gone. She was the first friend I ever had to die. Terri, Lou, and I were living in different places, but we grieved together. We never forgot the wonderful smiling friend of our childhood and teenage years.

In September of 1972, Terri had a lovely baby girl whom she named Robin Alana. We wanted to tell Alana's mother and sister but couldn't locate them. There was no listing for a Vada or Matthew Young in Ashland.

When Highlands Regional Medical Center was built in Prestonsburg, the lovely chapel was dedicated to the memory of Alana Susan Reed. I was pleased and surprised the first time I saw that. I don't remember ever going to the hospital for any reason that I didn't at least stick my head in the door of the chapel and think a happy thought about my dear friend, Alana. Sometime ago, I went to the hospital. They had remodeled the chapel and removed Alana's Dedication plaque. I wanted to take a picture of Alana there and leave it. I don't know why they couldn't have just left the plaque as a memorial. Alana had many school friends who visited the hospital as well as me.

Last weekend, which was Memorial weekend, Terri was waiting for me in front of the Hospice Center in Ashland where her beloved father, Jeff Wells, was taken. She said, "Come with me. I have to show you something." That something was breath taking. It was Alana's piano. Terri's brother had discovered it in the Hospice Center. The label on it said, "Donated in memory of Alana Susan Reed by Vada Reed Taylor and Joan Reed Dudley". The music we sang when we were young was still in the piano bench with Alana's name written on some of the pieces. I just had to sit

down at the piano and play some of Alana's music. Terri had been playing as well. Terri and I looked at each other and just smiled. We were there for such a sad occasion, but Alana's piano gave us comfort. I had to call Lou to share the wonderful news with her after I had visited with Terri's dad.

The big question was the why and how of why Alana's piano was in the Hospice Center. This was no ordinary place. When I walked through the door, my first thoughts were, "Wow! What an awesome place." It was a fitting place for our Beloved Friend's piano.

I went to the desk as I was leaving and asked about the piano but couldn't find any answers. They did give me a phone number to call the following week. I talked with Susan Hunt. She was happy that the piano had given us such comfort and was amazed that the piano was the first connection we'd had to Alana since her death in 1969. She did tell me that Alana's mother had been a volunteer at that facility. I found out later that Vada (Alana's mother) had been on the board and had worked hard to get the center built and had been a wonderful volunteer. The lady at the Hospice Center could only tell me that the piano had come from Louisville and that Vada had passed away about four years ago. She said that she would call some of Vada's volunteer friends to see if they had Joan's phone number. She called to say she had the number and that she had talked to Joan and Joan would be happy to talk to us. I called and left my number.

In the meantime, I went back to the Hospice Center on the following Saturday. As I walked in, I turned into the room to visit Alana's piano. Terri was playing the piano. I thought that was a wonderful comforting thing for her to be doing as they had only given her Dad about 24 hours to live. Terri and Jeffrey (Terri's brother) had been there all night as they didn't want to leave him alone. I know that it is such a strange thing for that piano to be comforting at such a horrible time as Jeff's getting ready to leave this earth, but it was. I think that he would have felt the same way as he loved music and musical instruments, and he knew how much we loved Alana.

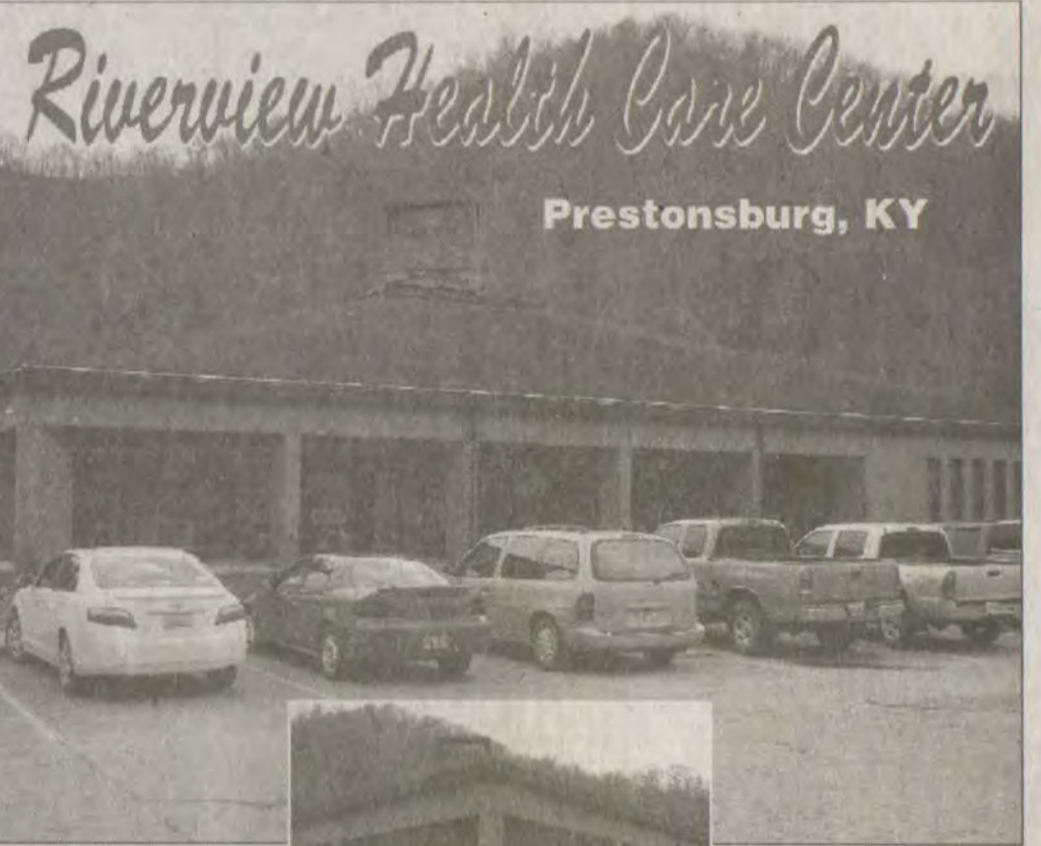
Joan (Alana's only sibling) returned my call, and we caught up on the past 39 years. Her mother had passed away in the same Hospice Center in 2004. That's how Alana's Piano ended up there. Joan nor her family could play, so she donated it to the Hospice Center. She could have had no idea of the joy it would bring to Terri, Lou, and me. We had never forgotten Joan in all those years as we always wondered how she was doing and where she was. Joan said that things had come full circle as we had discovered Alana's piano and that it gave her comfort in knowing this.

Our souls clung to Papaw Jeff's and weren't ready for him to go. But, Heaven was waiting. Saturday night he went on to sing in the Heavenly Choir. I'm sure they welcomed his lovely voice. Maybe Alana is playing the piano as he sings. That lovely thought makes my heart smile. Maybe now I can finally tell Alana goodbye. And, maybe not. Maybe someday the four of us can sing together in Heaven.

Oops! We can't forget Papaw Jeff. We will need his lovely voice too. And our beloved Mrs. Carlos-Haywood to direct.

READER TESTIMONIAL

Alana's piano



Riverview Health Care Center
Prestonsburg, KY

SPIRITUALITY

- Church Services
 - Morning Worship
 - Afternoon Services
- Vacation Bible School
- Bible Study
- On-site Chaplain

24-hr. Chapel

Tuesday, 10:15
Wednesday, 10:15
Thursday, 10:15/11:15
Friday (3rd), 2:00
Sundays, 2:00

QUALITY OF LIFE

- Bowling
- Picnics
- Mall Shopping
- Baseball Games
- Dining Out with Friends
- Bingo
- Theme Days

THERAPY

- Neuromuscular re-education
- Therapeutic exercise
- Therapeutic activity
- Wheelchair management
- Gait training
- Orthotic and prosthetic training
- Ultrasound and electrical stimulation
- Adaptive equipment utilization
- Daily living re-education
- Orthopaedic rehabilitation
- Speech language and swallowing
- Cognitive retraining

NURSING

- IV Therapy
- Wound Care
- Enteral Feedings
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- Respiratory Care
- Diabetes Care
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 (30 words or less)

"For Sale Special"
 3 lines/
 3 days only

\$16

5 Easy ways to place your ad:

1. Call: (606) 886-8506, LeighAnn Williams
2. Fax: (606) 886-3603
3. E-mail: classifieds@floydcountytimes.com
4. Stop by: 263 S. Central Avenue, Prestonsburg
5. Mail: P.O. 390, Prestonsburg, KY 41653

Our hours: 8 a.m.-5 p.m.

DEADLINES:
 Wednesday's paper @ Mon., noon
 Friday's paper @ Wed., 5 p.m.
 Sunday's paper @ Thurs., 5 p.m.
 Visa - MC - Discover - Check

The Best Way To Write An Ad:

- Begin with a key word (item for sale, etc.)
- Use descriptive words to identify your items
- State your price or terms
- Include a phone number and/or e-mail address

NAME _____
 ADDRESS: _____
 PHONE #: _____

Write your ad here:

(approximately 18 letters per line)

CREDIT CARD:

Our CLASSIFIEDS Will WORK For You!!!

The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

EMPLOYMENT

Post office Now Hiring! Ave pay \$20/hr, \$57k/yr, incl Fed ben, OT. Placed be ad source, not aff w / UPS who hires. Call 1-866-668-5257.

Help wanted: local contractor seeking concrete finisher. 5 yrs experience. Transportation and hand tools required. Call 606-886-8373.

LPN / RN : Are you interested in a rewarding career caring for the elderly? MT Manor of Paintsville is taking applications for LPN /RN position (7a-7p) shift. Apply in person at 1025 Euclid Avenue, Paintsville, Ky from Monday - Friday between 8:00am thru 4:30pm.

NEEDED Class II A water plant operator. Submit resume to: Wheelwright Utility Commission, PO Box 353 Wheelwright, Ky 41669. Attn: Gary McCoy or Audrey Yates or call 606-452-4273.

18 years or above needed, you must have computer skills, accounting experience not needed. Any job experience needed, you will earn up to \$25,000 monthly. Email me at norrisnelson40@yahoo.com.

News paper route available. From Allen to Wayland. \$1,200 profit potential. Must be able to be bonded. Call 1-800-999-8881 or 606-633-8701.

Prestonsburg Health Care Center has opening for full time and part time C.N.A's. We offer competitive wages and benefits. If interested please stop by or send

resume to 147 N. Highland Ave. Prestonsburg Ky 41653 (beside Prestonsburg elementary) or call 886-2378.

Position available @ H.T. Hackney Co. Receptionist / data processing. Apply at H.T. Hackney Co. Harold Ky.

Interviewer Positions Research Company seeks candidates to conduct face-to-face interviews in Floyd. Study goes through July and August and includes 1 day training in June. Candidates must be willing to work weekends and evenings. Competitive pay. Please send resumes to HumRRO, PO Box 6640, Lawrenceville, NJ 08648 or fax to 1-609-512-3730.

Dietary Aides: Mtn Manor of Paintsville has Dietary Aide positions available. Comparable wages and benefits. Apply in person at 1025 Euclid Avenue, Paintsville, Ky from 8:00 am to 4:30 pm, Monday-Friday.

Auto CAD Tech- Job opening with an established Eastern Kentucky Mining Company. Applicant must have 3 years coal and land experience. Must be able to work with AutoCAD and AutoCAD to plot deeds and use of GPS for property line locating. Excellent pay and benefit package. Please send resumes to Human Resource Dept, PO Box 1169, Pikeville, KY 41502. An equal opportunity employer-M/F/D/V. 06/06 1wk

Abbot Engineering, Inc has an immediate opening for a rodman with underground surveying experience. Must

have outside/underground certification papers/card. Excellent pay and benefits. To apply, please come by 3073 KY Rt.321, Prestonsburg, Ky 41653 or call 606-886-12210

EARN \$500 A DAY by selling Final Expense Insurance policies to the ever growing senior market. Same day advances, great agent benefits, proven lead system, liberal underwriting, exotic incentive trips. **LIFE INS. LICENSE REQUIRED.** Call 1-888-713-6020.

Community Connections is hiring for a Direct Care Providers.. There is a 15.00 application fee for a background check that is required, also a Bachelor's degree in Human Services. Salary is negotiable. Apply in person at Community Connections 4663 US 23 South level, Ky 41602. Phone Number 606-874-1900.

Independent Sales Agent wanted. Call 1-606-424-9593 or fax resume to 285-3272.

Movie extra's needed. Earn up to \$200 per day. All looks needed to work with film & TV production companies. No experience required. Please call 1-888-585-9562.

AVON Sign up for 10,00 and Receive Free gift. Earn pocket or career money, you decide. Call Jency at 886-2082

Human Resource Director - We are looking for the right person to be a part of the management team who has a track record of building a culture of team work. The successful candidate will have human

resource experience preferably in health care experience and be certified as a PHR or SPHR or whose combination of education and experience will give them the best opportunity for success.

Interested candidates should send their resume to: **Pikeville Healthcare Center** David R. Baumgartner, S P H R "mailto:dbaumgartner@hqmmail.com" "dbaumgartner@hqmmail.com" PO Box 910844 (859) 806-1517 Fax (859) 523-5564 PO Box 910844 Lexington, KY 40591-0844

Miller Bros. Coal, LLC is seeking qualified applicants for the position of Surface Mine Planning Engineer. Mining Engineering degree and experience required. Competitive salary and benefits package. Interested applicants should send their resume in confidence to P.O. Box 990, Allen, Ky, 41601. Phone inquiries not accepted.

Heavy Equipment Steam Cleaning Company needs employees. Must have valid drivers license and up to date surface mining papers. Mine Emergency Tech. is a plus. Call Mon. Thru Fri. 9:00 a.m. to 5:00 p.m. (606) 886-1759 If no answer leave message.

Services

If you need brick, fire, stone laid, fireplaces built call Perry Masonry. Call 606-424-2969.

Need your grass cut? Call Corey Qualls anytime!! 1-606-216-4769 (C) or 606-889-9303 (H).

Merchandise

2- 6 ft glass display cases for sale. Also 2- 5 ft wood cabinets for sale. Call 886-3142. 9am-5pm

BOOK FOR SALE A book by Donald Crisp "Growing up on Bucks Branch". In Floyd county, on sale now!!! \$12.50 plus shipping and handling. Contact Donald at 285-3385.

Animals

For sale: 2 squirrel dogs. Call 886-6495.

I have 2 english bulldogs, 1 male and 1 female. I would like to give their puppies away. If you are interested you may contact me at rev_petercolins11@yahoo.com.

Appliances

Murrell's Appliance Good used refrigerators, ranges, washers, dryers, & more with 90 day free warranty. Delivery available. Stone Coal Rd Garrett, Ky. 606-358-9410

Furniture

Sofa & Chair for sale. Newly apolstered. \$450 Must see to believe. Beautiful!! Call 1-859-6283 or 1-422-5597.

Yard Sale

Yard sale: at Kustom canine south lake dr (old giovanni). Boys clothes size 8-10, baby clothes, much

more. juniors & ladies. Mens work clothes, boots. Microwave, sewing machine, camcorder, motorcycle boots & round bath tub. Friday & sat June 6,7 from 9-5 rain or shine.

Three family yard sale. June 2-7, 9am-7. Rain or shine. Books, cosmetics, tanning samples, dishes, clothes, knickknacks, gas dryer, portable vehicle refrigerator, window air conditioner, bunk bed and more. **EVERYTHING MUST GO!** 142 S. Cardinal Dr. turn across from Mayo cemetery Prestonsburg.

Huge two family yard sale. Rain or shine. Friday June 6 and Saturday 7th. 9am- 4 pm. First and only one of the year. 1 1/2 miles up Stephens branch at Martin beside Country shop.

4 Family yard sale at Emma. Friday 6th & Sat 7th. Leslie Lane. 3rd blacktop road on right. Follow signs.

Huge Yard sale. 80 S Circle, Briarwood, Friday & Saturday. 8 - 1. House hold items, toys, clothes, tools, pictures, ect. Look for signs & ballon.

7 Family garage sale! Rain or shine. 6-7-08 (-Saturday) at Spradlin Street Auxier. Follow bright colored signs. Men, women, boy, girl, baby, plus clothing, total gym exercise equipment, tools, toys, home decor, lawn furniture, electric weed eater, baby bed and other baby items plus name brand purses. Much much

Huge Yard sale! Beautiful antique wardrobe, lots of great toys, childrens books, playstation 1 with games and steering wheel, boys clothes 4T, 5, 10, and 12. Ambergrombie, polo, and more. Ladies size 10, 12 all name brand. Purses and jewelry. Mens size 34, 36, and large .And tools. Sale Friday June 6 8am-? 2 blocks from Prestonsburg high school on Arnold Ave.

Misc.

Wanted: House to rent or land contract. Elderly couple prefer all rooms on one floor. Call 889-9279 or 791-7339.

1988 South wind motor home. Shower, bath. Separate bedroom, lg living room & kitchen. If interested call before 8:30 pm. 606-454-1511.

2 Br home- would like someone to rent half of house. For \$200 month. Call 886-9297.

For sale: Hospital bed full electric twin size. Comes with trapeze & chrome adjustable side rails. Inner spring, water proof mattress. Used 3 w/s. Asking \$350. 606-791-8962.

For sale: 2 800 Watt Max 10" subwoofers Volfenhag.

Also Boss Amp 400 w X 2 Revolution series. \$ 200. Call 789-8792 or 792-8657.

Glass dining table with 4 chairs \$200. Coffee tables, end tables , couch table 4 pieces \$250. If interested call 606-454-8858.

For sale: New carpet 8x8. Tan Berber \$45.00. 8x8 & 4x12 Beige Plush \$75.00, 12x8 Beige Plush \$65.00, 12x12 Grey commercial \$75.00. 11x11 Ky blue Plush \$75.00 12x11 Beige Plush \$75.00. If interested call 606-454-8858.

2 karat diamond choker necklace for sale. Call 791-0107.

For sale: Two jet skis one 750 cc, one 700cc with dual trailer, \$3,500. One 900cc Jet ski with trailer, \$3,000. Serious inquires only 606-886-8539 after 5:30 pm.

REAL ESTATE

Houses

3 Houses for sale 3 BR, 2 story \$129,500 in Floyd County. 2 Br, 1 story \$69,500 in Floyd County. 2 story colonial with white columns and 8 acres. \$350,000. Pike County. No rent to own or

PREMIER ELKHORN COAL COMPANY
 Myra, KY
 is now accepting applications for the following position:
Blaster with surface mine experience. Requires KY Surface Mine Certification, KY Blasters License, and CDL.
 Applications will be accepted at:
Kentucky Department for Employment Services
 138 College Street
 Pikeville, KY 41501
 Premier Elkhorn Coal Company is an EOE.

WELDING POSITIONS AVAILABLE EXCELLENT PAY. Drug screen required. Call Monday-Friday between 8 a.m.-5 p.m. 285-9358

"NOW RENTING" Park Place Apartments "\$100.00 Free Gas Special" Valid 6-01-08 to 6-30-08 Rents starting at: 1BR-\$280; 2BR-\$304 All electric—HUD Accepted. Call: (606) 886-0039 EQUAL HOUSING OPPORTUNITY

POSITION AVAILABLE Full-time delivery technician with a progressive, fast-growing medical equipment company.
 • Competitive pay
 • Benefits
 • Experience helpful, but not necessary
 • Must be 21 years of age with good driving record
 Applications available at 1184 South Lake Drive Prestonsburg, Ky. 41653

MANAGER OF HEALTH AND SAFETY
 International Coal Group (ICG), a major coal producer, with mining operations in WV, KY, IL, and MD, is seeking to fill the position of Manager of Health & Safety for its ICG Knott County business unit, located in Kite, KY.
 Qualified applicants should possess a Bachelor's Degree in Health and Safety, or at least 3 years experience in a mine safety position.
 Minimum 3 years experience in coal mining operations. Knowledge of MSHA related safety activities is required. Experience with Underground and Surface Mining is a must. Applicant should be knowledgeable of mine safety laws, possess MSHA qualifications to perform Regulatory Mine Safety Training, and Noise and Dust Sampling. Position requires travel to mine sites within the Kite and Raven Communities.
 Company offers a competitive benefit package and bonus opportunity; starting salaries are commensurate with experience.
 Please submit resume and salary history to:
 Email: tosborne@intcoal.com or call 606-447-3600

CAREER OPPORTUNITY

NOW TAKING APPLICATIONS SERVICE TECHNICIAN
WE OFFER 401K, VISION PLAN, DENTAL, HEALTH. STARTING PAY DEPENDS ON EXPERIENCE. WE WILL PROVIDE ALL THE NECESSARY TRAINING FOR HYUNDAI & CHRYSLER CERTIFICATIONS. PREFER ASE CERTIFIED.
Apply in person at Deskins Motors. No calls, please! See Gary Kidd, Monday-Friday • 8 a.m.-5 p.m.
Deskins Motors Deskins Drive Pikeville, KY

For Sale: 2001 Chevy Suburban, new tires. 102,000 miles. 4 captains seats, tan leather interior, excellent condition. If interested call 606-454-8858.

For sale: 2002 Mitsubishi Montero Sport. Take over payments. 88,000 miles. Call 874-0752.

1996 Toyota camry for sale. As is \$2,500. Call 606-886-6612.

2006 Harley Sporster Custom 1200cc, 1400 miles - \$7,200.00 and a 2006 Harley Dyna Lowrider 1600 miles - \$10,400.00. Both excellent condition. (606) 377-2028 or (606) 377-6229.

land contracts. Houses not available to rent. Call 437-1950 or 424-1150.

House for sale! 3 Br, 1 bath, kitchen, livingroom, diningroom, large utility room and office space. Located at McDowell with in walking distance from the school. For more info call 606-377-2680.

House for sale: 3 br, dining room, kitchen, single bath with full size unfinished basement. 5,500 sq ft with garage area. Located half mile south of World Wide Equipment. Call 874-2421.

3 Bd house for sale. 1 1/2 bath new kitchen & app. Commercial bldg also located on property. Located on Middle Creek. Call 8886-2699.

Brick & Stone House for Sale. Four bedrooms, two and a half baths. 2900 square feet. Desirable location in Trimble Branch. Reasonably priced. Call 886-2020

HOUSE FOR SALE Newly constructed house for sale located at Abbott Creek. Vaulted living room ceiling, 3 BR, bonus room, fireplace, with cherry hardwood floors and cabinets with spacious attached garage.

Located 4 miles from us 23. Panoramic view located in new subdivisions. \$210,00 asking price Seller willing to help with closing costs! Call 606-285-0054 606-791-0719, evenings 606-377-6042

Sale or Lease

Level lot for sale: 100x300 with city water. \$15,000 Call 886-8366.

Acres for sale. Located at Rt 80 close to Martin. Possible commercial property. \$85,000. Call 886-8366.

Building for rent: approx.2500 square ft. Former John P. Wells garage. Equipped with mechanics lift. Located on South Lake Dr Prestonsburg, Ky. Call 886-9690 for more info.

Beauty Shop For Rent: fully equipped located on South Lake Dr Prestonsburg, Ky. Ready to move in! Call 886-9690 for more info.

Prestonsburg business for lease. Great location on the main road, close to downtown and the courthouse. lease as is or change, many possibilities, ie restaurant, sports bar,

office complex-ample parking. May consider selling. Call 791-3663.

FARM FOR SALE Floyd county 75 acres more or less, rt. 1100 off US 23 East Point Upper Little Paint. Lum Derossett Branch. Call 606-325-4430 or 606-325-2809. Level- Sloping and timber. HUNTERS PARADISE!! Could be made into a subdivision.

Rentals

APARTMENT

New town house Apt for rent. 2 br, 1/12 bath, stove, fridge, DW, W/D hookup. City limits at 23 & 80. \$650 mth plus utilities and \$350 deposit. 1yr lease. NO PETS Call 237-4758.

For rent: small, clean, furnished studio apt. Suitable for one person. \$275 per month. Deposit required. Call 886-6208.

For rent: Furnished 2nd floor studio apt. Suitable for 1. Located on University Drive near food city and BSCTC. Utilities included. No Hud and no Pets. Call 886-3565.

APT FOR RENT Branham height

Apt Wheelright KY, is now accepting applications for one bedroom Handicap accessible Apt. rent is based on income. Contact Kathy 452-4777

2 br, 1 ba apt for rent. Living room, dining room. Fully furnished. All utilities furnished. Located at lvl. \$795 per month plus \$795 security deposit. call 606-422-1862.

For rent: Furnished 1, & 2 br apt. No drugs or pets allowed. Ready to occupy, very clean, private and quiet. Good location near

Prestonsburg & Jenny Wiley Lake. Suitable for 2 working people. Call 886-3941 or 205-0295.

Townhouse 2 BR 1 Bath w/d hookup 2 car garage \$575 per month plus utilities plus deposit. Call 606-477-2783

Apt. For rent: 1 and 2 BR apartments on Rt. 321 near Porter school. Central heat and air, washer and dryer hookup. \$375 per month plus references and deposit. Seniors welcomed! Call 789-5973.

Houses

3 Br, house for rent. \$600 per month. Also 4 br, house for \$800 per month. Security deposit required. Call 794-0249.

2 Br, house for rent. Fully equipped kitchen, newly remodeled. Located at N.Lake Drive. Call 886-0825 daytime and 886-2944 after 5pm.

3 br house for rent. Furnished or unfurnished. Central heat & air. With W / D hookup. Covered parking. No pets. Suitable for working people. Located at Harold. Quite neighborhood. Call 886-

9158 or 226-9472.05/23 2wks

3 br house for rent. Furnished or unfurnished. Central heat & air. With W / D hookup. Covered parking. No pets. Suitable for working people. Located at Harold. Quite neighborhood. Call 886-9158 or 226-9472.

Mobile Homes

Mobile home for rent. Call 874-9790.

2 Br, mobile home for rent with washer and dryer. Just of Mt Parkway on RT 114. Call 886-8724.

2 Br, 2 ba mobile home for sale. 1992 14x68. New heating & cooling unit. Set up in Mobile home park in left beaver. Asking \$10,500. Call 377-2032 Monday - Friday 8-4:30.

LOTS FOR RENT Dwale Mobile home Park. off US 23 near Prestonsburg. Nice quiet community. Restrictions apply. 606-377-2357

Mobile home for rent. Beautiful, 3 br, 1 bath. Located on Cow Creek. \$410 mth plus utilities and security deposit. No dogs. Hud accepted. Call 874-2802.

2 Br, mobile home for rent. Located at banner. Also have stump grinder for sale. Call 874-8077.

Mobile home lot for rent. Located 6 miles from the Mountain Arts center at Blue River. \$ 125 per month. Call 886-9317 or 791-9311.

Mobile home for rent: Clean, good neighborhood, nice yard, storage building and paved parking. 16 ft wide mobile home. Spacious living room & kitchen. 2 br 2 bath, garden tub in master bedroom. Some restrictions. \$500 mo plus utili-

NOTICE TO PRESTONSBURG CITY'S UTILITIES NATURAL GAS CUSTOMERS

NATURAL GAS FACTS

Natural gas is lighter than air, non-toxic and contains no poisonous ingredients. Breathing natural gas is not harmful as long as there is adequate air to breath along with it. Natural gas will not burn by itself. Combustion can occur only when there is a mixture of gas and air containing between 5 percent and 15 percent natural gas and between 95 percent and 85 percent air. Because of its unique qualities of being lighter than air with a narrow band of combustion, natural gas is one of the safest energy sources available. It is also one of the most economical sources. Understanding and following safety procedures will make natural gas an even safer choice.

THE POTENTIAL HAZARDS OF NATURAL GAS

Gas accidents can be avoided if you understand the potential hazards.

(1) FIRE

Natural gas can be a fire hazard, if you let it. A very hot stove, open flame or pilot light can ignite any combustible materials that happen to be near. Keep paper, curtains, paints, solvents, etc., away from gas appliances.

(2) EXPLOSION

Natural gas can be ignited by open flames or sparks. That's why unburned natural gas should never be allowed to escape into a room. A spark, flame, lit match or cigarette, even the flick of a light switch may be enough to cause an explosion.

(3) CARBON MONOXIDE POISONING

Even though natural gas itself isn't poisonous, gas burners that aren't adjusted properly can produce deadly carbon monoxide. You can't see or smell carbon monoxide, but it's a killer. To avoid its dangers, always make sure that any natural gas appliances in your home are properly adjusted and vented to the outside..so they'll burn safely and efficiently.

(4) SUFFOCATION

Natural gas can cause suffocation if it replaces air containing oxygen. (Only air that has oxygen can sustain life.) This is another reason why natural gas should never be allowed to leak from appliances or build up in an enclosed area or room.

FOLLOW THESE COMMON SENSE SAFETY RULES... IT'S UP TO YOU TO USE SAFE GAS APPLIANCES AND TO USE GAS APPLIANCES SAFELY!!!

- (1) **KEEP COMBUSTIBLES** such as papers, fluids, paints, curtains and rags away from furnaces, water heaters and gas ranges and dryers.
- (2) **TEACH CHILDREN** never to light or play with the controls of any gas appliances.
- (3) **KEEP PILOT LIGHTS** of your gas range lit. If you put them out to save energy, a dangerous gas build-up can occur if someone accidentally turns on the range.
- (4) **KEEP GAS RANGE CLEAN** — make sure burner bowls are free of used matches, grease, paper, etc.
- (5) **AND, NEVER USE YOUR GAS RANGE** to heat your home or apartment. This practice creates a serious fire hazard and puts you and your family at risk from dangerous carbon monoxide fumes.
- (6) **MAKE SURE APPLIANCES ARE VENTED** — Natural gas needs air containing oxygen to burn safely and efficiently. Without enough air, dangerous carbon monoxide is produced. For this reason, always make sure that your gas furnace and water heater are vented to the outside of the building. If you re not sure your appliances are vented properly, have them checked by a qualified heating contractor or plumber.
- (7) **KEEP FLUES AND CHIMNEYS CLEAR** — Have your fluepipe and chimney checked to make sure they're not blocked with debris such as nests, branches, or ivy. (Your heating contractor can inspect and clean fluepipes for you.)
- (8) **SIGNS OF POOR FLUE VENTILATION** — Indoor wetness (condensation); unusual smell in your home that doesn't go away; sick houseplants; yellow or wavering appliance flames; soot in your home; pilot light that keeps going out.

CERTAIN OLDER GAS CONNECTORS MAY BE DANGEROUS!

Gas connectors are corrugated metal tubes used to connect gas appliances in your home to fuel gas supply pipes. Some older brass connectors have come apart, causing fires and explosions resulting in deaths and injuries.

These older brass connectors have a serious flaw in the process used to join their tubing to their end pieces. Over time, the end pieces can separate from the tubing, and cause a serious gas leak, explosion, or fire. To our knowledge, these dangerous uncoated brass connectors have not been made for more than 20 years, but many of them are still in use. The older these connectors get, the greater the possibility of failure.

Although not all uncoated connectors have this flaw, it is very difficult to tell which ones do. Therefore, any uncoated brass connector should be replaced immediately with either a new plastic-coated brass or a new stainless steel connector. Connectors can wear out from too much moving, bending, or corrosion. Connectors should always be replaced whenever the appliance is replaced or moved from its location.

WARNING: Only a qualified professional should check your connector and replace it if needed. Don't try to do this yourself! Moving the appliance, even slightly, whether to clean behind it or to inspect its gas connector, can cause the complete failure of one of these older weakened connectors, possibly resulting in a deadly fire or explosion.

DO NOT MOVE YOUR APPLIANCE TO CHECK THE CONNECTOR!

HOW DO I KNOW IF A GAS HAZARD EXISTS??? — YOUR SENSE OF SMELL SHOULD TELL YOU

(1) A GAS LEAK IS POTENTIALLY VERY DANGEROUS! — Gas may leak from faulty appliances, broken pipes or broken mains. Make sure all members of your family know what to do if they smell gas.

(A) IF THE ODOR IS STRONG:

- 1) Do not light matches.
- 2) Do not turn lights on or off.
- 3) Do not operate any controls or pull any plugs from outlets.
- 4) Do not use the telephone.
- 5) Notify everyone in the building or house to leave immediately, and leave the door open.
- 6) If possible, ventilate the building by opening doors and windows, starting where the odor is strongest. Do not re-enter the building for this purpose.
- 7) Call the utility company or fire department from a nearby building or house. Do not use the telephone in your house.
- 8) Do not re-enter your home until the utility company or fire department has released you to do so.
- 9) **Never take chances!** If your safety is threatened, get out quickly.

PRESTONSBURG CITY'S UTILITIES COMMISSION
Phone Number — 606-886-6871, Day or Night
Phone Number — 606-886-2900, Day or Night

HOW TO RECOGNIZE A GAS LEAK OUTSIDE HOUSE OR BUILDING — Gas leaks outside are uncommon, but it is a good idea to know how to recognize them. Common signs include:

- 1) A gas odor.
- 2) A blowing or hissing sound.
- 3) Dirt being blown or thrown into the air.
- 4) Water bubbling or being blown into the air at a pond.
- 5) Fire coming from the ground or burning above the ground.
- 6) Brown patches in vegetation on or near gas pipeline.

If you detect any signs of a gas leak outside, call Prestonsburg City's Utilities Commission immediately.

NOTICE TO PRESTONSBURG CITY'S UTILITIES COMMISSION NATURAL GAS CUSTOMERS ABOUT CUSTOMER SERVICE LINES

1. Prestonsburg City's Utilities Commission does not maintain customers' service lines beyond the gas meter setting. Customers are responsible for properly maintaining and repairing their service lines.
2. If customers' buried piping is not maintained, it may be subject to the potential hazards of corrosion and leakage.
3. Buried gas piping should be:
I. Periodically inspected for leakage.
II. Periodically inspected for corrosion if piping is metallic.
III. Repaired if any unsafe conditions are discovered.
IV. Repaired, located, inspected and maintained by plumbers or heating contractors.
4. When excavating near buried gas piping, the piping should be located in advance, and the excavation done by hand. Safety comes first with Prestonsburg City's Utilities Commission. Below are some of the steps taken by Prestonsburg City's Utilities Commission to insure the safety of our employees and customers.

- 1. Continuous patrolling of gas system.
 - 2. Monitoring pressures at various points in gas system.
 - 3. Annual/ semi-annual leak surveys.
 - 4. Immediate response to any reported problem.
 - 5. Proper operation and maintenance of system
 - 6. Continuing education of gas pipe line employees, including emergency response to gas emergencies/ accidents.
- Together with the help of our customers we can maintain a safe and reliable gas system.

NOTICE TO ALL CONSTRUCTION AND EXCAVATION COMPANIES

In accordance with federal and state regulations governing natural gas pipeline safety, Prestonsburg City's Utilities Commission is pursuing a damage prevention program to minimize accidents and/or disruptions that could involve its underground pipeline facilities. If you observe any type of construction or excavation, or if you plan to do any work requiring digging near a company pipeline, please call the Prestonsburg City's Utilities Commission so that we can send qualified personnel to locate and properly mark the exact location of the pipeline. Knowing the exact location of the underground pipeline will reduce the possibility of property and/or personal and financial loss to both parties.

David M. Ellis, Superintendent
Prestonsburg City's Utilities Commission

Attention: Floyd County Bid Proposals

Floyd County Fiscal Court is advertising for sealed bids for the fiscal year July 1, 2008, through June 30, 2009. Bids for the following items are being accepted — cleaning supplies, gravel, asphalt & placement, use of equipment with hourly rates, the grade placement of concrete slabs & footers per yard, drain pipes & gabion baskets, bridge materials, pool chemicals, park supplies, food for Floyd County Detention Center, fuel filters, oil, grease, and other vehicle materials, double walled plastic, heating & cooling, construction of concrete bridges, and diesel fuel.

Bid packets may be picked up at the front desk of the Floyd County Judge/Executive office, beginning June 9th, at 8:00 a.m., and the sealed bids will be accepted no later than 4:00 p.m., Thursday, June 26th, at the office, of the Floyd County Judge/Executive. The sealed bids will then be opened at the special meeting of the Floyd County Fiscal Court, Friday, June 27, 2008, at the hour of 10:00 a.m.

If you have any questions, please call (606) 886-9193; ask for Libby.

Fishing for customers?

WE CAN HELP!

This newspaper has technology that helps local merchants and businesses find Internet solutions. Our on-line newspaper has more local traffic than any other Internet site in this trade area.



www.floydcountytimes.com

ties. Phone 886-0226 after 5 pm and weekends.

Legals

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-5528 Renewal

In accordance with KRS 350.055, notice is hereby given that Goose Creek Energy, Inc., P.O. Box 226, Eastern, KY 41622, has applied for renewal of a permit for an underground coal mining and reclamation operation, located 1.2 mile east of Garrett, in Floyd County. The proposed operation will disturb 9.55 surface acres, and will underlie 580.00 acres, and the total area within the permit boundary will be 589.55 acres. The proposed operation is approximately 1.3 mile southeast of State Route 80's junction with Goose Creek County Road, and located along Goose Creek.

The proposed operation is located on the Wayland U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Rondell and Jacqueline Lawson and William D. Allen. The operation will underlie land owned by Arthur and Burette Moore, June Martin, Herbert Lawson, Ralph and Mae Martin, Ed Bentley, Lesley and Freda Scott, Willie and Ida Hunter, American Electric Power Company, Charles W. Hicks, Howard Hicks, Earl and Verlie Bays, John and Linda Thornsby, Jackie Lynn Terry, Darrell and Rosa Chaffins, Bob and Tessie Campbell, DLT Enterprises, Harold Dean and Arvella Martin, Willie Jr., and Gwendolyn Martin, Richard Hagans, Rebecca Conley Estate,

Rondell and Jacqueline Lawson, Willie and Margie Goodman, Bobby Don Jacobs, Kenneth Roberts, Mary Allen, D. Martin, Gilbert Sherer, Mrs. S.D. Martin, and Elk Horn Coal Corporation. The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections or request for a permit conference must be filed with the Director, Division of Permits, No. 2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

BLASTING SCHEDULE PERMIT NO. 836-8060

This is notice that The Elk Horn Coal Company, LLC, 554 South Lake Drive, Prestonsburg, KY 41653, (606) 886-2330, will be blasting 1.9 miles north of State Route 122's junction with State Route 979 at Price, KY, Latitude 37° 24' 08", Longitude 82° 44' 28". Blasting will be done daily. No blasting will be conducted before sunrise or after sunset. At least 10 minutes before the blast, access to the area will be controlled by Company personnel. Before each blast is detonated the following type(s) of audible warning will be given from an air horn: a one (1) minute series of long sirens, five (5) minutes prior to the blast signal; immediately before the blast a series of short sirens, one (1) minute prior to the shot. The all-clear signal(s) after blasting will be a prolonged siren following the inspection of the blast area. Blasting will not be conducted at times different from

those given above except in emergencies where rain, lightning, other atmospheric conditions, or operator or public safety requires unscheduled detonation. Prior to these detonations, the following audible warning will be given: Three (3) long sirens, five (5) minutes prior to the blast signal; immediately before the blast a series of short sirens, one (1) minute prior to the shot. Also prior to detonations in emergencies the permittee, using audible signals, shall notify all persons within one-half (1/2) mile of the blasting site.

NOTICE OF PERMIT CONFERENCE Pursuant to Application Number 836-5530 NW

In accordance with KRS 350.055, notice is hereby given that a permit conference is scheduled for June 25, 2008 at 10:00 a.m. at the Prestonsburg Regional Office for the Department of Natural Resources, Division of Mine Reclamation and Enforcement, concerning the above application filed by Natural Resource Group, LLC, P.O. Box 792, Brevard, North Carolina 28712. The proposed operation has applied for a permit for an underground coal mining operation located 1.8 miles northwest of Bonanza in Floyd County. The proposed operation will disturb 18.16 surface acres and will underlie 641.89 acres, and the total area within the permit boundary will be 650.23 acres. The proposed operation is approximately 0.6 mile west of Conley Fork Road's junction with KY Route 1750 and located 0.1 miles south of Conley Fork. The proposed operation is located on the Ivyton and

Prestonsburg U.S.G.S. 7 1/2 minute quadrangle maps. The surface area to be disturbed is owned by Sonja Ratliff, David & Linda Bowling, and Renee Spaulding. The operation will underlie land owned by Sonja Ratliff, David & Linda Bowling, Renee Spaulding, Mike Taylor, Billie Merritt Heirs, John & Christine Ross, Acie & Gail Rogers, James & Larry Ramey, Eugene & Rushie Spears, Estill Blair et al, William & Betsy Baldridge, Gregory & Tina Burke, Stephanie Watson, Kermit & Joann Conley, Janet Martin, Dennis & Helen Hammonds. The application has been filed for public inspection at the Department for Natural Resources, Division of Mine Reclamation and Enforcement's Regional Office, 3140 South Lake Drive, Ste. 6, Prestonsburg, Kentucky 41653. Any person whose interest may be adversely affected by the issuance of the proposed permit may present information relevant to the permit, in oral or written form, at the time of the conference.

NOTICE OF BLASTING SCHEDULE Permit No. 836-8064

In accordance with the provisions of 405 KAR 16:120, FCDC Coal, Inc., P.O. Box 77, Ivel, KY 41642, (606) 889-8441, intends to conduct blasting operations on permit No. 836-8064, located at latitude 37 degrees, 31 minutes and 25 seconds, and longitude 82 degrees, 43 minutes and 30 seconds, located on Spurlock Creek on the Harold quadrangle map, in Floyd County, KY. The acreage affected by this operation consists of 273.13 acres. Blasting shall be conducted daily.

No blasting will be conducted before sunrise or after sunset, unless an unavoidable hazard occurs that would cause a safety hazard if delayed until the next day. Five minutes prior to the detonation, the area shall be cleared and secured of personnel and equipment, and a warning signal of a one minute series of long blasts of an airhorn will be sounded. One minute prior to detonation, the blast signal will be given. The blast signal will consist of a series of short blasts of an airhorn, followed immediately by the detonation of the shot. After the blast, the area will be inspected. After the area has been inspected, an all-clear signal of a prolonged blast of an airhorn will be sounded.

NOTICE OF BLASTING SCHEDULE Permit No. 836-0330

In accordance with the provisions of 405 KAR 16:120E, Wolverine Resources Inc., P.O. Box 77, Ivel, Kentucky 41642, phone (606) 889-9440, proposes the following blasting schedule. The blasting site consists of approximately 417.24 acres, located in Floyd and Magoffin Counties, located primarily 0.75 mile southwest from KY 114's junction with Prater Branch, and located 0.92 mile southwest of Middle Creek. The latitude is 37°39'26". The longitude is 82°54'44". Detonations of explosives are proposed to occur from sunrise to sunset, Sunday thru Saturday. The blasting schedule is

for the period from June 1, 2008, to June 1, 2009. Entry to the blasting area will be regulated by signs and barriers. An authorized company representative will prohibit access to the blasting area by unauthorized persons, at least 10 minutes prior to each detonation. Prior to each blasting event, two signals will be sounded with an airhorn, whose signal is audible up to within one-half mile of the blast site, as per the following: (1) Five (5) minutes prior to the blast signal, a warning signal of a one (1) minute series of long airhorn blasts will be given. (2) One (1) minute prior to the shot, a blast signal consisting of a series of short airhorn blasts will be given. After the blast has been successfully conducted, an all-clear signal of one blast, lasting twenty (20) seconds duration will be sounded from the same airhorn, following the inspection of the blast area. Events which could necessitate as unscheduled blast include, but are not limited to, rain, lightning, other atmospheric conditions, or deteriorated explosives, which involve personnel, operational or public safety.

NOTICE OF BLASTING SCHEDULE Permit No. 836-0329

In accordance with the provisions of 405 KAR 16:120, Section 3, notice is hereby given that Wolverine Resources, Inc., P.O. Box 77, Ivel, Kentucky 41642, (606) 889-8440, proposes the following blasting schedule. The blasting site con-

sists of approximately 206.06 acres, located 0.65 mile northeast of David in Floyd County, Kentucky. The proposed operation is located approximately 0.19 mile northwest of State Route 404's intersection with Rough and Tough Creek County Road, and is within the Mill Branch, Rough and Tough Creek, and Buckeye Branch watersheds. The mine site is located at latitude 37°36'26", and longitude 82°52'58". Detonations of explosives are proposed to occur, Sunday through Saturday, sunrise to sunset, from June 1, 2008, to June 1, 2009. Control of the blasting area will be maintained by blocking the access roads to the area at least ten (10) minutes before the blast. Traffic on all public roads within 800 feet of the blast site will be controlled at least ten (10) minutes prior to the blast to prevent any vehicles from entering the blasting area. Entry to the blasting area will be regulated by signs and barriers. An authorized company representative (flagmen) will check the area for unauthorized persons or property, and prohibit access to the blasting area by unauthorized persons, at least ten minutes prior to each detonation. The pre-detonation warning signal shall consist of a one (1) minute series of long siren blasts, five (5) minutes prior to the blast signal. The blast signal shall consist of a series of short siren blasts one (1) minute prior to the shot. The all-clear signal shall consist of a prolonged siren blast, following the inspection

of the blast site. All roads leading to or near the blast site will remain closed until the all-clear signal is given. The warning and all-clear signal will be audible within one-half (1/2) mile from the blast point. Signs will be posted and maintained which outline the blasting schedule, and the meaning of the blast warning signals.

All of the 4-wheel drive roads and trails near the permit boundary will be blocked using earthen berms or large boulders to prevent access. Signs will be posted regarding the blasting in the traveled areas. Before blasting, these areas will be checked by company personnel.

INVITATION TO BID/ REQUEST FOR PROPOSALS

Pursuant to KRS 45A.365 and Board Policy 04.32, the Floyd County Board of Education is hereby providing notice that the Board will receive sealed bids for the following items and/or services listed below:

- Soft Drink Machine Vending
- Fencing
- Waste Water Treatment
- Facilities Maintenance
- Backhoe & Excavation
- Oil & Lubricants
- Diesel Fuel & Gasoline
- Auto Replacement Parts
- School Pictures
- Miscellaneous Items

Bid Specifications and Bid Forms may be obtained by contacting Michael Long via phone at 606-886-4528, via e-mail at:

michael.long@floyd.kyschools.us; or via mail at 106 North Front Avenue, Prestonsburg, Kentucky 41653. In addition, electronic copies can be obtained on the internet at the following website:

<http://www.floyd.kyschools.us/publicnotice.html>

Bids will be accepted until 1:00 p.m. EDT, on Wednesday, June 18, 2008, and will be opened on this date at 1:05 p.m. EDT. All envelopes must be clearly marked **SEALED BID** on the outside of the envelope, with the items or services you wish to bid on. All proposals must be received by the time designated, and none will be considered thereafter. The Board of Education cannot assume the responsibility for any delay as a result of failure of the mails to deliver the bids on time. Proposals will be publicly opened and read at the time and location stated above.

The contract(s) may be awarded to the lowest and/or best evaluated qualified proposal meeting all specifications and conditions, subject to all other provisions of the item/service request for proposal, and be in the best interest of The Board of Education. A one-year contract with the option to renew annually for each item/service listed above is scheduled to be awarded at the board meeting to be held at 6:30 p.m., June 23, 2008, at Betsy Layne High School, 554 Bobcat Blvd., Stanville, KY 41659.

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FAMILY FEATURES

Janet Evans, former Olympic champion, knows the importance of maintaining good health. She won five Olympic medals, 45 national titles and 17 international titles for distance swimming in her career. She broke a total of seven world records and still holds one.

Today, Evans is a businesswoman, motivational speaker and mother. And she knows that you don't have to be an Olympic athlete to have winning health. Two important things to do are eat nutritious foods and exercise regularly.

Evans notes that it's good for your heart to maintain a normal weight and be physically active, regardless of athletic ability.

"Try to balance physical activity and the amount of calories you eat daily," she recommends. "Swim, bike, run — whatever you enjoy. Just vary your activity and have fun. Get friends or family members involved so you can motivate each other."

A nutritious diet includes heart-smart foods like vegetables, fruits, whole grains, beans and canola oil. It's easy to incorporate these basic ingredients in simple recipes that offer both great flavor and nutrition.

"I love to cook with my family," says Evans. "Some of our favorite recipes are for arrabiata pasta, vegetarian taco salad and smoothies with fresh, healthy ingredients."

Like an exercise routine, good recipes start with a strong foundation. Canola oil is the basis of a great recipe with its healthy fats, neutral taste and light texture.

"Canola oil is one of the healthiest oils in the marketplace," says Evans. "It has the lowest amount of saturated fat of any common cooking oil, zero trans fat and cholesterol. Canola oil also showcases the natural flavors of my dishes."



The U.S. Food and Drug Administration authorized a qualified health claim for canola oil due to its ability to help reduce the risk of heart disease.

About 1.5 tablespoons a day is enough to help protect the heart when used in place of saturated fat without increasing total daily calories.

For more information about canola oil and its "Go for the Gold" wellness campaign, visit www.CanolaInfo.org.

Berry Good for You Smoothie

Smoothies are a great way to get a dose of fruit, fiber and good fats. This shake is loaded with antioxidants and full of flavor. Adding a little canola oil gives it omega-3 fats and vitamin E as well as a smoother taste. Every body wins with canola oil!

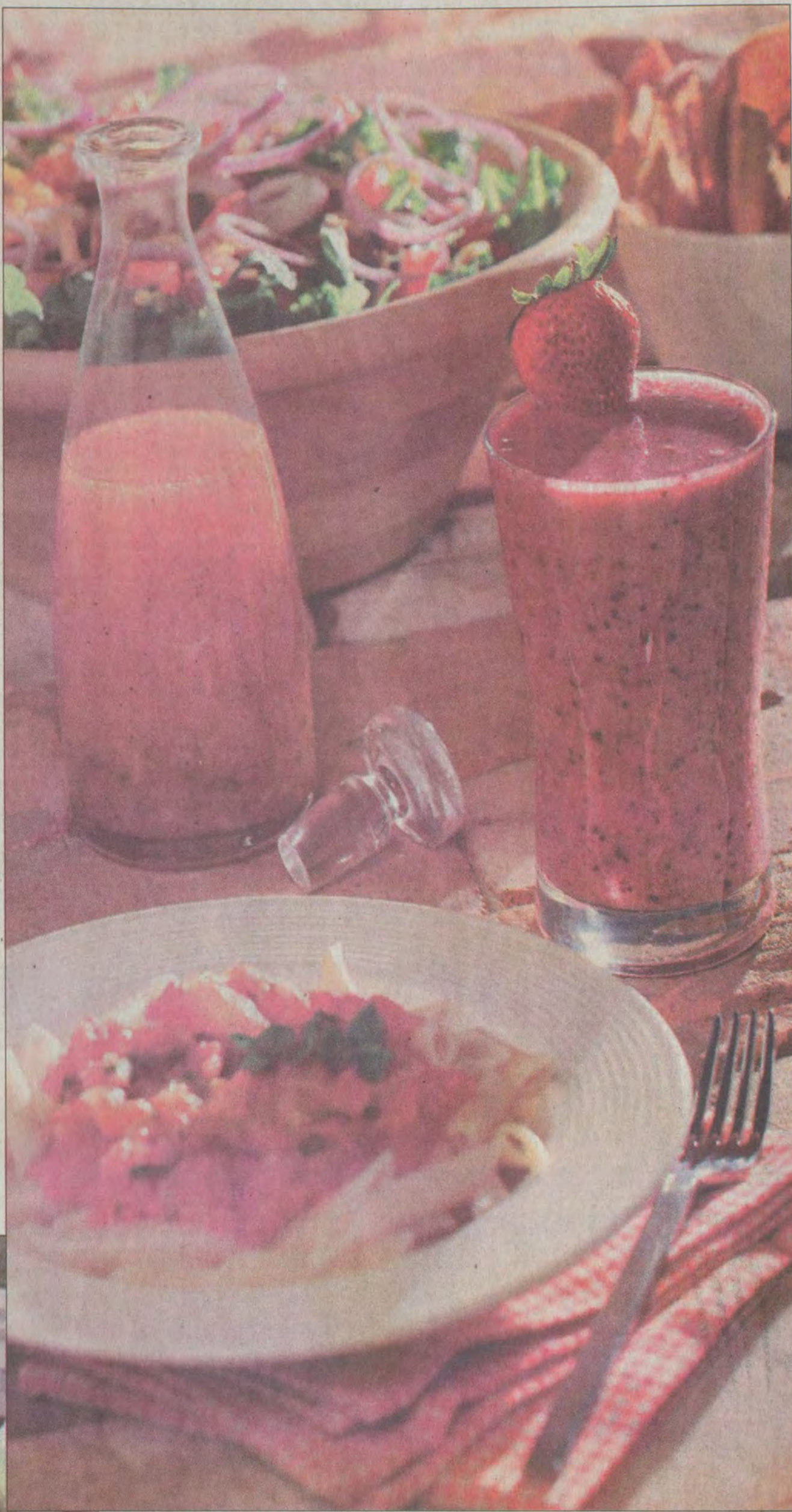
Yield: 2 cups

- 1 medium banana
- 1/2 cup blueberries
- 1/2 cup strawberries
- 1/2 cup green tea, cooled
- 1/2 cup cranberry juice,
- 4 ice cubes
- 2 tablespoons canola oil

1. In blender, add banana, blueberries, strawberries, green tea, cranberry juice, ice cubes and canola oil.
2. Blend until combined. Serve immediately.

Tip: Use fresh or frozen fruit. Your favorite cold tea may be substituted for green tea.

Per 1/2-cup serving: 120 calories, 7 g total fat, 0.5 g saturated fat, 0 mg cholesterol, 0 mg sodium, 15 g carbohydrate, 2 g fiber, 1 g protein



Gold Medal Recipes by Janet Evans

Taco Salad With Homemade Pita Wedges

Using canola oil in the dressing makes it low in saturated fat and trans fat-free! Canola oil also allows the savory and sweet flavors to shine through.

Serves 6 to 8

Dressing:

- 1 cup canola oil
- 1/4 cup white vinegar
- 2 tablespoons lime juice
- 1 garlic clove, minced
- 1/4 teaspoon dry mustard
- 2 tablespoons sweet pickle relish
- 2 tablespoons ketchup
- 1/2 teaspoon salt
- 1/8 teaspoon pepper

Salad:

- 1 head romaine lettuce, washed and torn
- 1 (15-ounce) can red kidney beans, drained and rinsed
- 1/2 cup low-fat cheddar cheese
- 1/4 cup red onion, sliced
- 1 tomato, diced
- 2 small whole wheat pitas, split in half and quartered

1. In bowl, whisk together canola oil, vinegar, lime juice, garlic, mustard, relish, ketchup, salt and pepper. Refrigerate until ready to use. Dressing will keep for 3 to 4 days.
2. Preheat oven to 350°F. Brush each pita quarter with 1/2 teaspoon of dressing. Place on baking sheet and bake for 8 to 10 minutes or until crisp.
3. In large bowl, combine lettuce, beans, cheese, onion and tomatoes. Divide salad into 8 servings. Add 2 tablespoons dressing to each serving and toss. Serve with baked pita wedges.

Per serving: 250 calories, 17 g total fat, 1 g saturated fat, 0 mg cholesterol, 210 mg sodium, 19 g carbohydrate, 6 g fiber, 7 g protein

Arrabiata Pasta Sauce

Pasta with a spicy tomato sauce is a quick, easy and healthy meal. The key to a great sauce is layering flavors, and it all starts with canola oil in a sizzling pan. With high heat tolerance and a neutral taste, canola oil is the perfect first ingredient.

Arrabiata means "angry style" in Italian, and it's named as such due to the heat of the peppers. This simple, spicy sauce goes well with plain penne pasta. Adding fresh garden tomatoes to the sauce makes it hearty enough to go well with chicken or fish. If you like hot spice, add more red chili flakes!

Yield: 4 cups or 8 servings

- 3 tablespoons canola oil
- 1 onion, diced
- 1 garlic clove, minced
- 1 teaspoon red chili flakes
- 8 cups Roma tomatoes, seeded, chopped
- 1 teaspoon salt
- 1/4 teaspoon granulated sugar
- 3 tablespoons fresh oregano, chopped
- 3 tablespoons fresh basil, chopped
- Pepper to taste

1. Heat canola oil in saucepan over medium high heat. Sauté onions in canola oil until softened. Add garlic and red pepper flakes. Add tomatoes and simmer with lid on for 20 minutes.
2. Remove lid, stir and simmer for 15 minutes. Add salt, sugar, oregano and basil. Stir to combine. Season with pepper to taste and serve.

Tip: You can substitute fresh tomatoes with two 28-ounce cans of low-sodium diced tomatoes.

Per 1/2-cup serving: 100 calories, 6 g total fat, 0 g saturated fat, 0 mg cholesterol, 300 mg sodium, 11 g carbohydrate, 3 g fiber, 2 g protein