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Volume 82, Issue 2 • 75 Cents

PIARIST GETS WIN

— page B1

briefs

32 miners killed in accidents in 2007

The Associated Press

CHARLESTON, W.Va. — Federal statistics show that last year was the second deadliest since 2002 for U.S. coal miners.

According to the Mine Safety and Health Administration, 32 miners died on the job in 2007. That was down from 47 miners killed on the job in 2006, matching the total who died in 1995.

By comparison, 27 miners died in job-related mishaps in 2002, 29 miners were killed in 2003, 28 miners died in 2004 and 22 miners were killed in 2005.

Among the deadliest years since 1995: 2001 with 42; and 1996 and 2000, each with 38.

Most of the fatal accidents in 2007 involved one or two miners. However, six died after a cave-in at Utah's Crandall Canyon mine.

Special election set for Feb. 5

by JACK LATTA
STAFF WRITER

FRANKFORT — Gov. Steve Beshear signed an executive order for a Writ of Elections last Friday for both the 95th House seat and the 30th senatorial seat.

The special election to fill the two

seats is to be held on Tuesday, Feb. 5.

James Brandon Spencer, a Democrat, resigned his seat on Dec. 18, citing a lack of time with his family. "As a husband and a father of three children, I have a God-given responsibility to serve their welfare as well."

Daniel Mongiardo's senatorial seat became vacant when Mongiardo was

elected lieutenant governor.

According to Keith Bartley, the Democratic representative in the special election will take place at 10 a.m. on Saturday at the old courthouse in Prestonsburg. Bartley urges all Democratic Executive Committee members or anyone interested in seek-

ing the nomination to come.

So far, former seat holders Greg Stumbo and Charles "Chuck" Meade, have both stated that they would be happy to accept the committee's nomination. Meade has already announced his candidacy for next year's regular

(See ELECTION, page two)

ICED OVER



A city utilities crew worked to replace a water pipe on Abbott Mountain that burst early Wednesday morning.

photos by Jack Latta

One killed after arctic blast freezes area roads

by JACK LATTA
STAFF WRITER

Icy roads and whiteout conditions kept highway crews busy, and led to one fatal traffic accident on Wednesday.

Snow fighters from the Department of Highways District 12 had their hands full Tuesday night and Wednesday as snow and subfreezing temperatures descended on the mountains.

According to reports from District 12, whiteouts slowed motorists and snow plow operators Tuesday night, as visibility was reduced at times to zero.

"We kept all the state roads open except for a brief time on KY 317 in Letcher County.

(See ICY ROADS, page two)



Department of Highways snow plows worked non-stop trying to keep the roads clear during Wednesday's snow storm.

Hamilton files for rematch against Turner

by JACK LATTA
STAFF WRITER

Eric Shane Hamilton, of Knott County, announced his candidacy for the state Senate Wednesday afternoon.

"I want to represent the 29th Senatorial District," Hamilton said. "I promise to be honest, to respect the intelligence of our people, to obey the laws, and not bring disgrace to the good people of East Kentucky."

Hamilton lost his last bid for the 29th District seat in 2004 to current Sen. Johnny Ray Turner in a closely contested race. Early reports had Hamilton winning the election, but a final count of absentee ballots saw him fall by margin of 24 votes.

"We can have a better quality of life, but we must

(See HAMILTON, page two)



Hamilton



Johnny Ray Turner

Highway death toll down across state

by BRUCE SCHREINER
ASSOCIATED PRESS

LOUISVILLE — Kentucky's highway death toll reached a six-year low in 2007, which police attributed partly to a tougher seat-belt law allowing drivers to be ticketed simply for not buckling up.

A total of 852 people died in traffic crashes, Kentucky State Police said Wednesday, citing preliminary statistics. The statewide traffic death count was down by 61 from 913 in 2006.

"A lot of folks think

(See DEATHS, page two)

Sago explosion continues to buffet mining industry

by TIM HUBER
AP BUSINESS WRITER

CHARLESTON, W.Va. — Two years after an explosion tore apart the Sago Mine and killed 12 men, the aftershocks still rumble through the nation's coal mining industry.

The blast that investigators say unleashed unprecedented power deep inside the Upshur County mine loosed equally strong forces for change in Congress and the government agencies charged with keeping the more than 42,000 men and women who work in the nation's 670 underground coal mines safe.

Though much of the work begun

after Sago and two other high-profile fatal accidents in 2006 remains unfinished, the impetus for change shows no signs of abating. If anything, it may be strengthening after another deadly year punctuated by a high-profile accident that left nine dead in Utah.

The federal Mine Safety and Health Administration is working on reams of new rules and its own safety innovations, including an escape system. So, too, are regulators in West Virginia, the nation's No. 2 coal producer and largest producer from underground mines.

(See SAFETY, page three)



Highlands Regional Medical Center welcomes the first little miracle of 2008. Travis Blake Mollette arrived at 12:59 a.m., weighing 8 pounds and 4 ounces and measuring 18.75 inches long. Travis's proud parents are Brandy Fannin and Mark Mollette of Inez. Travis's parents received a Highlands Diaper Bag filled with baby clothing, stuffed animals and many other gift items given from the Highlands. The family will also receive a \$500 savings bond from Highlands Regional Medical Center.

2 DAY FORECAST
Today: Mostly sunny
High: 44 • Low: 28
Tomorrow: Cloudy
High: 49 • Low: 39
For up-to-the-minute forecasts, see floydcountytimes.com

inside
Obituaries.....A2
For the Record.....A3
Opinion.....A4
Lifestyles.....A5
Sports.....B1
Classifieds.....B6



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For the Record

Marriage Licenses

Kayla Case, 19, of Pikeville, to Matthew Irick, 20, of Betsy Layne.

Samantha Jackson, 20, to Sonny Haskins, 22, both of Stanville.

Rita Hall, 66, of Pikeville, to Shular Hurd, 75, of Ivel.

Christa Sheperd, 32, of David, to Trenton Ward, 34, of Martin.

Amanda Jarvis, 17, of Allen, to Wallace Calhoun Jr., 19, of Prestonsburg.

Dottie Allen, 45, to William Potter, 35, both of Prestonsburg.

Civil Suits Filed

Gallagher Bassett Services, Inc. vs. Scottie M. Prater

Charges Filed

Carol J. Hawks, 75, of Prestonsburg, failure to produce insurance card; no/expired KY registration receipt; possession of more than one operator's license.

Robin Campbell, 41, of Shelby Gap, theft by deception/cold checks, 12 counts.

John Edward Reed, 32, of Martin, public intoxication, controlled substance; disorderly conduct.

Rickey Newsome, 49, of McDowell, fleeing/evading police; alcohol intoxication, public place; resisting arrest; disorderly conduct.

Shannon Keith Newsome, 31, of Grethel, theft by unlawful tak-

ing. Mark L. Tackett, 29, of Grethel, theft by unlawful taking. Angelia Sue Tackett, 31, of Harold, theft by deception, cold check.

Harold Johnson III, 34, of Weeksbury, operating motor vehicle under influence of alcohol/drugs; failure to produce insurance card; first degree possession of controlled substance/unspecificed; second degree possession controlled substance/unspecificed - two counts; controlled substance prescription not in original container - three counts; failure to notify change of address to Dept. of Transportation.

Robin Coleman, age not listed, of Shelby Gap, theft by deception, cold checks - six counts.

Michael Jason Akers, 27, of Grethel, theft by deception, cold checks - two counts; forgery.

Inspections

Jerry's Restaurant, Prestonsburg, regular inspection. Violations noted: Food not protected during storage, Lack of effective Hair restraints, temperature of mechanical hot water sanitization of equipment and utensils is less than 180 degrees, cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing solution, garbage and refuse containers not covered as required,

light fixtures not shielded as required. Score: 89. Slumbo Elementary School, Grethel, regular inspection. Violations noted: Base boards found in disrepair of big hallway in boys restroom. Score: 98. Allen Elementary School, Allen, regular inspection. Violations noted: Girls restroom jr. high building in ned of cleaning, room 203a found with floor tile in disrepair, room 103 student desk and table in disrepair. Score: 94. Slumbo Elementary School Cafeteria, Grethel, regular inspection. Violations noted: Nonfood contact surfaces not properly constructed, nonfood contact surfaces not properly designed, presence of insects. Score: 95. Riverview Health Care, Prestonsburg, regular inspection. Violations noted: In use food (ice) dispensing utensils not properly stored, Food contact surface of equipment and utensils not free of abrasive, food contact surface of equipment and utensils not clean, all plumbing not installed according to law, all plumbing not maintained according to law. Score: 96. Allen Elementary Cafeteria, Allen, regular inspection. Violations noted: Food not protected during storage, food not protected during preparation, non-food contact surfaces not properly maintained, nonfood contact surfaces not properly constructed,

walls, ceiling, attached equipment not in good repair, employee personal items not stored properly. Score: 95

Coyote Den, Auxier, regular inspection. Violations noted: Lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, food contact surface of equipment and utensils not clean, nonfood contact surface of equipment and utensils not clean, floors not clean, walls, ceiling, attached equipment not in good repair, lighting not provided as required, employees personal items not stored properly. Score: 92.

Jenny Wiley State Resort Park Dining, Prestonsburg, regular inspection. Violations noted: Lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods. Score: 99.

Prestonsburg SR, Prestonsburg, regular inspection. Violations noted: Garbage and refuse containers not covered as required. Score: 98.

Allen Central High School Cafeteria, Eastern, regular inspection. Violations noted: Nonfood contact surface of equipment and utensils not clean, all plumbing not maintained according to law, floors not in good repair, walls, ceiling attached equipment not in

good repair. Score: 96.

Long John Silver's, Prestonsburg, regular inspection. Violations noted: food not protected during storage, lack of effective hair restraints, cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing solution, garbage and refuse containers not covered as required, floors not in good repair. Score: 93.

Property Transfers

James Adkins to Brenda Smith; location undisclosed. Alicia and Steven Dawson to Alicia Dawson Family Foundation Inc., Steven Dawson Family Foundation Inc., Steven and Alicia Dawson Family Foundation Inc., Frasures Creek. Billy Evans to Anna Stumbo; location undisclosed. Freda Goble to Ricky Gillespie; Still House Branch. Carlos and Darlene Huff to Matthew Short; Pen Hook Branch near Harold. Clarence and Deborah Johnson to Jancy Salisbury; location undisclosed. Anna, David, Gary, Latesha Lovely to Marjorie Lovely; Right Beaver Creek. Amanda, Benjamin, Carolyn Mahan to Clyde and Reba McKinney; Estep Branch. Gary Meade to Rhonda Meade; Frasures Creek.

Mara and Rex Music to Mara and Rex Music; Martin. Melodie Newsome to Edward Kendrick; Melvin.

Genevieve and John Perry to Floyd County Fiscal Court; Martin. Michelle Ramey to Charles Ramey; location undisclosed. Charles and Elizabeth Salyers to Sabrina and William Rose; Auxier. Brenda Smith to James Adkins; location undisclosed. Elizabeth and Steve Spears to Karen and Kermit Rowe; location undisclosed. Betty and Paul Steffey to Anna Stumbo; location undisclosed. Claudette Slumbo to Edward Kendrick; Melvin. Wanda Stump to Brenda Smith; location undisclosed. Helen Wells to Susan and Walter Holderby; location undisclosed.

Safety

Likewise, Congress continues to consider legislation designed to add more protections atop a sweeping mine safety law adopted after Sago and two other high-profile fatal mining accidents in 2006.

"What remains to be done is a sustained effort," said James Dean, who ran the West Virginia Office of Miners' Health, Safety and Training for six critical months following the Sago accident. Dean now leads an influential state task force that evaluates advanced fire sprinklers, carbon monoxide detectors and other safety equipment.

Some question just how much effort is being put into safety 24 months after Sago.

MSHA hasn't finished final requirements for brawnier methods of sealing abandoned sections of underground mines. Nor has the agency issued final rules designed to give mine rescue teams better equipment, more training and quicker response times, a requirement of sweeping mine safety legislation Congress adopted in mid-2006.

That legislation also required MSHA to work on rules requiring wireless underground communications and to consider airtight refuge chambers for trapped miners. Both remain undone, as do rules requiring fire-resistant conveyor belts.

The National Mining Association estimates the industry has ordered or installed 200,000 emergency air packs since government regulators required mines to store extras underground after Sago. MSHA director Richard Stickler, however, thinks all mines won't have enough devices until sometime in the first quarter.

Meanwhile, West Virginia has forged ahead. State safety chief Ron Wooten says mines have enough air packs to meet new rules. And mines have begun installing high-tech communications and tracking equipment and airtight refuge chambers designed to keep trapped miners alive for at least four days.

The changes haven't come cheap for the mining industry, which struggled with sluggish demand and weak domestic prices for coal used to generate electricity in 2007. MSHA has estimated it will cost the industry \$39.7 million a year to meet seal requirements. That comes atop an estimated \$50 million that West

Virginia's 250 underground mines are expected to spend purchasing airtight emergency shelters.

While West Virginia's actions are commendable, MSHA's inaction is lamentable to United Mine Workers President Cecil Roberts. He blames the mining industry for lobbying against similar measures nationally and MSHA for a lack of leadership on new rules and enforcement of existing ones.

"MSHA, quite frankly, for some time now, since about 2001, has not been the agency that it was mandated to be by Congress to protect the coal miners in this country," Roberts said. "MSHA, I think, has gone backwards."

Stickler sees it differently. To him, MSHA has made progress in the face of a shortage of trained mine inspectors, the time-consuming process of crafting new regulations, and accidents such as the Aug. 6 collapse at the Crandall Canyon mine near Huntington, Utah. Six miners were trapped and never found, and three rescuers were killed trying to find them.

"Nothing gets done as fast as I would like," Stickler said. "I think progress is being made."

For instance, Stickler says adopting stiffer penalties for certain violations is making a

difference. So, too, have a 42 percent increase in the number of citations issued from 2003-2007 and a 102 percent increase in temporary shutdown orders over the same period, he said.

"You've got to wonder where people are coming from when they say you're being soft on enforcement," Stickler said.

Likewise, MSHA has hired more than 270 new inspectors as well as a small contingent of new instructors to help provide 18 months of mandatory training. The agency has come under withering criticism from the UMW and others for failing to perform quarterly inspections at every underground mine.

"Until we get these folks fully trained and on board, it's very difficult to achieve what we want," said Stickler, who doesn't expect to have most of them fully trained until late this year.

"Unfortunately, a lot of what we've been doing is sort of focusing on yesterday's fires," Stickler said. "That takes away a lot of resources to do that. Where we want to get is looking ahead."

Crandall Canyon, for instance, prompted MSHA to re-examine roof control plans at all areas prone to the kind of ground shift believed to have caused the collapse and at all

mines engaged in so-called retreat mining, where pillars of coal left to support the roof are shaved down and sometimes removed altogether.

Still, Stickler says the agency is looking ahead. He hopes to propose rules for refuge chambers and alternatives such as hardened rooms by June. Rules addressing fire-resistant belts and a recommendation that mines be allowed to ventilate working faces with air sucked through belt tunnels also are due by June.

"That's going to take a lot of work with the small shop we have here," Stickler said.

Roberts, however, says

Continued from p1

there's more to be done, particularly in Congress, where pending legislation would address so-called belt air and issues such as a possible increase in black lung disease.

"We need to improve the agency with better leadership and enforcement," he said. "We also need some new laws."

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Viewpoint

Worth Repeating ...

"Before God we are all equally wise — and equally foolish."

— Albert Einstein

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— Guest View — Editorial roundup

The Daytona (Fla.) Beach News-Journal, on Congress, consumer credit and high interest rates:

It's the time of year when many Americans confront irresponsible spending — but now, the days of reckoning are taking on an air of desperation in many households, as families face bills they can't pay.

Nobody forced these families to spend beyond their means. And many debtors acknowledge that they are, themselves, to blame for much of their problem. But credit-card companies also must take responsibility for extending credit without a firm indication that debts could be repaid — and most certainly deserve blame for predatory practices that make the plight of many families far worse than it would otherwise be.

These companies' profits still are running high. In fact, many card companies have adopted policies that make it likely that the default rate will continue to spike, and purposefully target high-risk debtors, loading on fees that assure the accounts will be profitable even if the borrowers default. ...

But Congress and federal regulators also should examine the costs of high default rates on a wider scale, especially when coupled with the still-developing mortgage-foreclosure boom.

...Federal regulators should face reality: Too much of the U.S. economy is based on high-risk debt, much of which probably should never have been extended in the first place.

Greeley (Colo.) Daily Tribune, on the assassination of Benazir Bhutto:

Yes, her name looks strange. And the images of violence in the aftermath of her death come from far away.

But the assassination ... of Pakistan's popular opposition leader Benazir Bhutto is important. ...

Her assassination is a blow to a core value we all hold dear. In an area of the world fraught with violence and oppression, she represented a voice of hope and democracy.

The civil unrest in the wake of her assassination is another tragedy in a violence-plagued region, and gives us all reason for concern. Her death may push the nuclear-armed nation into outright chaos.

Pakistan, and its president, Pervez Musharraf, are key allies for the United States in the war on terror. ...

Islamic fundamentalists may flourish in the discord sown in Pakistan by the death of the woman officials say they killed. ...

However, there are good reasons to believe the nightmare scenarios in Pakistan may not materialize. The country's fundamentalist Islamic parties are not widely popular, and most Pakistanis don't support the fundamentalist agenda.

But nonetheless, the events that have already transpired should give us pause. ...

Everyone who cherishes democracy will feel the loss of Bhutto.

The (Cleveland) Plain Dealer, on the presidential race:

Here we have a presidential race with huge fields in both major parties, and with such long campaign periods both before and after the first primaries straining candidates' war chests to the point that most have to win early or bow out quickly.

Or more to the point, here we don't have it. Now, far be it from us ... to whine, but a couple of states whose importance lies in nothing more than dates on a calendar are poised to have a ridiculously outsized impact on the rest of the nation's presidential choices.

The numbers from the U.S. Census Bureau, the Iowa Caucus Project 2008 and The Associated Press tell the tale eloquently:

- 175 million U.S. registered voters
- 850,836 registered voters in Iowa and New Hampshire, combined

Any way you look at it, the primary process is terribly skewed. Either we're asking too much of Iowa and New Hampshire, or we're conceding too much to them.



— Guest column —

John Quincy Adams — if only he were running

by DANIEL M. SMITH
MINUTEMAN MEDIA

Surfing television and the Internet can be an exercise in serendipity.

Bored with the incessant rerun of "A Christmas Story" on Christmas day, I discovered C-Span's presentation of an October 2007 State Department Forum on "U.S.-Soviet Relations in the Era of Détente 1969-1976." The commentators were two men who were central figures in that period, former Secretary of State Henry Kissinger and former Secretary of Defense James Schlesinger.

What caught my attention was not the discussion of U.S.-Soviet relations but a comment by Kissinger about another key figure of the time: President Gerald Ford, the only occupant of the Oval Office who was never elected to the presidency or vice-presidency. President Nixon "nominated" and the Senate approved Ford as vice-president after Spiro Agnew resigned in disgrace in 1973, a scenario repeated in 1974 when Nixon resigned and Ford became president. In the context of the Nixon-Ford "transition's" effect on détente, Kissinger said: "Ford had never run for the presidency. He was as close to a normal human being as we'll ever get in that office."

Surfing the Internet Dec. 26, I found the web page of the U.S. Embassy in Moscow. The first item

noted that the embassy had accepted a statue of John Quincy Adams to mark the anniversary of the start of formal diplomatic relations between the U.S. and Russia in December 1807. Adams was the first U.S. diplomatic representative (1809-1814) to the court of Tsar Alexander I in St. Petersburg.

Adams' public service stretched 51 years beginning in 1797 as U.S. envoy to Berlin and ending with his death in 1848 while in the U.S. House of Representatives — 100 years before Gerald Ford's first election to the House in between. Adams:

- served six years (1803-1809) in the U.S. Senate;
- was Secretary of State under James Monroe (1817-1825), where he crafted the Monroe Doctrine;
- ran for president in 1824 against Andrew Jackson, Henry Clay, Monroe's Treasury Secretary William Crawford, and Secretary of War John Calhoun. Jackson won both the popular and the Electoral College polls, but failed to gain a majority in either count. The decision moved to the House of Representatives, where Clay threw his support to Adams, who was selected as the sixth U.S. president on the first ballot over Jackson. Jackson supporters cried foul when the new president then appointed Clay as Secretary of State;
- was elected to the House of Representatives in 1831, serving until his death 17 years later.

Again, like Gerald Ford, Adams owns a distinction no other occupant of the Oval Office can claim: he is the only president to serve in Congress both before and after his election as president.

Despite his Federalist pedigree,

Adams was not a prisoner of partisan politics but a man of principle — what I take to be the meaning of Kissinger's description of Ford as a "normal human being." Throughout his 17 years in the House, Adams stood as a genuine "people's representative," opposing slavery and the 1846-1848 Mexican-American War — the first war of America's "Manifest Destiny." And although Adams is remembered most of all by diplomatic historians for crafting, as Secretary of State, what came to be known as the Monroe Doctrine, it seems most appropriate that his post-presidential service was in the "people's chamber," both because of his stand on war and on slavery and because his election in 1830 was, according to historians, unexpected.

The 1911 Encyclopedia Britannica said of Adams: "Few men in American public life have possessed more intrinsic worth, more independence, more public spirit and more ability than Adams." History judges John Quincy Adams' presidency as a failure, but not the man. It may well be too soon to judge objectively the efficacy of Ford's presidency, but there is no doubt that Ford, like Adams, was a success as a human being.

Would that the same can be said of the person elected our next president.

More to the point, may the same be said of each of us in 2008 and beyond.

□□□

Col. Daniel M. Smith (Ret.), a West Point graduate and Vietnam veteran is the Senior Fellow for Military Affairs at the Friend Committee on National Legislation.



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SCHOOLNEWS

- Allen Central • page A6
- Betsy Layne Elem. • page A6
- McDowell Elem. • page A6

INSIDESTUFF

- New Arrivals • page A7
- Rental Central • page A7
- Pageant contestant • page A7

FAMILY MEDICINE

'Smelly sweat' could result from diet, poor hygiene or other cause — Page A6



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THROUGH MY EYES

But it sure was fun

Back at my desk following four - count 'em, four! - blissful days away, I was none too happy to wake up to a thick carpet of snow this past Wednesday morning!



Kathy Prater
Lifestyles editor

Not that I have anything against snow, really. Actually, I love the stuff. I just love it a lot more when I can stay home snuggled up under a warm throw on the sofa while watching a good tear-jerker on Lifetime.

I spent my days off cleaning up all the after-Christmas mess around the house (and making a mental note to get to that one hall-way closet in the next couple of weeks!), shampooing my carpets and organizing clothing. I'm still trying to incorporate the "Flylady" lifestyle into my life but I'm still a "Flybaby" taking baby-steps and doing the best I can. My friend,

(See EYES, page six)

DINNER DIVA

Feeding a family is a blessed responsibility

by LEANNE ELY

There are times when you cannot help but feel disheartened when you read what's happening at home and in the rest of the world. It's times like this when we need to keep our home fires burning, regardless of what is going on. The



Leanne Ely

one place where we do have some control is in our homes. We cannot control the Middle East, we cannot control the winds of war or the price of gas, but we can control the environment around us that we call "home."

Your home is a gift. Likewise your family is a gift, too. And with these gifts comes blessed responsibility. Every time you feed your family a meal, it is an expression of your love and nurture for them. That meal says that you love them, you care about their needs and that you're there for them. One of the first things a woman is able to do

(See DIVA, page six)



Enjoy another childhood tale by a Floyd County writer as we wait for warmer weather.

photo by Kathy J. Prater

Baby Buckeyes

From the Molly's Cabin series — The Adventures of Locus Krumb

by LANCE GREENLAY

"Locus, Locus, wake up!" my brother Arlie said as he shook me hard. "Momma has breakfast ready," he informed me.

I could smell that wonderful breakfast - fried ham, eggs, gravy, and Momma's big "cornerstone" biscuits! Now that's the way to wake up! Of course, we had almost the same thing for breakfast every morning except for the occasional flapjacks or oatmeal. But Momma's biscuits were my favorite. I almost always took an extra one in my pocket to eat for later while I was out playing.

After breakfast, I stuck a biscuit in my pocket and headed outside. Almost in a begging way, Momma said, "Locus, please be a good boy and be home at suppertime. Please don't get hurt or in any kind of trouble and don't stomp those awful looking toys of yours, anymore," she half-instructed, half-pleaded.

"And," she added, "don't forget that today is fried chicken day. And I'm gonna fix the feet, too, just for you! Supper will be on time and we have to eat it while it's hot so the grease won't set up into lard."

"Momma always thinks of everything," I thought to myself as I leaped

into the back yard and off on a day of play and adventure.

Arlie had already headed off to where the big boys were playing, so I was left alone to find something interesting all by myself.

In 1947, it was hard for the pop bottle company to get their empties back so they would give you a return ticket when you purchased your soda pop. One empty bottle, one ticket and one nickel would get you a new bottle of favorite pop - mine was orange.

I went around the upper camp trying to work out an extra ticket and empty bottle. My plan was to get two tickets and two empty bottles to return. Maybe, I figured, that would get me a big orange pop without the need of that nickel - nickels were awful hard to come by.

I finally got the extra pop ticket but no empty bottle. I carried two wash tubs of water for washing clothes outside for Aunt Nettie. It took me an hour or so to get that one extra ticket. I walked all over looking for an extra empty bottle for I knew that without it, there would be no orange pop for a little thirsty boy today.

I walked to the creek bed to take a look and walked a long ways in that cold water. Finally, I came upon a pile of cardboard and some dry sticks

that had gotten caught in a curve in the creek. I dug through it every bit - all the way down to the bottom. "Boy," I thought to myself, "if Momma caught me doing this, she'd tell Pop and he'd lean hard on my behind."

Finally, though, my determination paid off - a pop bottle! "Okay!" I yelled out in my happiness. Then, I washed that bottle off real good and ran back home to get my other bottle and two tickets.

Then I headed out for the "Commissary," or as the older folks called it, "The Company Store." Almost there, a man stood by an old red mule selling cabbage, lettuce and fryer chickens he had tied to his saddle bags. I noticed an old coffee sack bulging out with something in it. Turned out he was eating some odd-looking nuts that he had in that sack.

"What'cha got, boy?," he asked me.

"Got me two pop tickets and two empties to trade in at the commissary," I said. "Gonna get me a big orange pop."

"Want to trade them for two pockets full of these here nuts," he asked.

He called the nuts "chestnuts." I knew nothing about such nuts.

"I don't nuthin' about them there nuts, mister." I said. "They taste

good?"

"Here, try one," he offered as he took his pocket knife and peeled one back for me.

"Got brown fuzz on it," I said. "Peel it off and eat it," the stranger said. "See here, do it just like me." He put one in his mouth and started chewing. "Mmm, mmm," he said, "sure is good."

I put mine in my mouth and started chewing. I had to agree. "Gee," I said, "this is good."

A couple minutes later, I walked away with my two front overall pockets bulging with chestnuts. I ate about two handfuls and forgot all about my big orange pop. I had never eaten a nut before that tasted as good as these did. I knew I had made a good trade.

I made my way home and was pleased that I was in no trouble, nor was I hurt. "Momma will be proud me," I thought.

I sat down at the kitchen table and emptied my pockets out to show Momma all the wonderful nuts I had traded for.

"I got somethin' to show you, Momma," I said. As Momma's eyes fell upon the pile of nuts, she wanted to know why I had brought them

(See BUCKEYES, page seven)

FLY LADY

Old habits die hard

by MARLA CILLEY

Here we are in a brand New Year! The world is full of opportunities and surprises. We are excited about all the possibilities. But we do not have to wait for the year to change on our calendars to see a transformation in our own lives.

Many of you were seeking a new way of living when you found us in your newspaper or on the internet. We have all heard the proverb; when the student is ready the teacher will come. We had to be willing to take what we

were taught and apply it to our lives.

Learning is not easy! Especially when the lessons we are given call for looking deep inside ourselves. We can only do this when we quit blaming others for the problems we have and take that look inside of us to discover our reaction to them in the present.

Each day I receive thousands of emails. Many are whining and blaming people in their family for their messes. I can't help the others in your family; they did not join our group. I can only help you to see that the blaming and

whining doesn't do a thing to change the situation. I can give you new ways to look at the circumstances and teach you the gift of forgiveness. I don't force it down your throats or make you pay large sums of money for these lessons. They are free for the taking. All you have to do is use them. But you have to take action to make those changes occur.

Albert Einstein said once that the definition of insanity is doing the same thing over and over again and expecting different results. We have a new opportunity to see a different outcome if we will stop what we have been doing for so many years and try something new.

This week we have been introduced

to a new concept. Many of you have been using this way to communicate all your life. It is what your mothers were taught by their mothers. It is what your husbands and brothers were also taught by their mothers. This type of miscommunication has been going on for centuries.

Now is the time for us to quit blaming others and see our own faults and attempt to improve upon them. Maya Angelou said, "We do the best we can with what we know, and when we know better, we do better."

The problem with learning something new is that many times we get

(See FLY LADY, page seven)



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Family OHIO UNIVERSITY
College of Osteopathic Medicine
Medicine

Martha A. Simpson, D.O., MBA
Associate Professor
of Family Medicine

'Smelly sweat' could result from diet, poor hygiene or other cause

I'm a 42-year old male. Over the past couple of weeks I've noticed the smell of my underarm sweat has changed from "normal" to a sort of onion type of smell. I am not a dirty person, and I am horrified and totally embarrassed by this. There are no other symptoms. I don't feel any changes in me on the whole. Hope you can help.

Generally, sweat, itself, is odorless until it mixes with the bacteria on the surface of your body. Sweating is a very normal bodily function with the primary purpose of cooling the body. Hence, when you are in hot weather or exer-

cise strenuously, you tend to perspire. Since you've noticed this just recently and describe the odor as sort of an "onion type of smell," the first thing I might suspect is a change in your diet. Onions are one food that has been implicated as a possible cause of diet-induced body odor. Other foods that might cause body odor problems for some people include garlic, curry, certain spicy foods, coffee and alcohol. The reason onions and garlic can be problematic, for instance, is that they contain oils that are odorous when they are excreted through the skin. Caffeine and alcohol are problems

because they can act to increase sweating.

Before I answer your question more fully, it would help if I told you a little about the two distinctly different kinds of sweat that the human body produces. Only one of these types of sweat is a major contributor to body odor problems. Most sweat comes from eccrine glands located throughout the body. This type of sweat is produced by heat stimulation and by emotional factors. It's 99 percent water and has almost no smell at all. The other kind of sweat does smell. It comes from the apocrine glands that are located primarily in the underarm area - but are also found about the ears, nipples, navel and genital region. They are stimulated solely by your emotions - especially stress and sexual stimulation - and produce a thicker, slightly milky liquid.

The reason apocrine sweat smells is because it's composed of complex

organic molecules that are quickly decomposed by the bacteria on the skin. Further, the underarm environment is ideally suited for the growth of this bacteria. It's warm and supplied with additional moisture from eccrine sweat glands that are also located there.

Type of sweat and diet are, however, only two issues that affect the smell of sweat. Other common cause of body odor are emotional factors - like stress and anxiety - as well as bad hygiene, antibiotics, certain other medications and caffeine consumption. Also, certain underlying medical illnesses - such as diabetes and cancer - can cause body odor problems.

Once you are sure there is no underlying medical condition causing your body odor, the next thing you should do is to adjust your diet. Try eliminating caffeine, alcohol and the foods I mentioned previously. If this doesn't solve your problem, there are

still some things you can try.

Charcoal or chlorophyll tablets can help eliminate body odor, as can sage tea. Using powder to keep moist underarm areas dry, can help decrease odors. Some antiperspirants that contain aluminum chloride will stop excessive sweating.

Family Medicine® is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-news.org. Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions. Past columns are available online at www.familymedicine-news.org.

School Happenings

Adams Middle School Youth Services Center
•Lending Library available for student/parent use. Pamphlets, videos, books and more on a variety of topics available.
•A nurse from the FCHD is currently available at the school to provide services including: School physicals, immunizations, WIC, well-child exams, etc. Call 886-1297 to schedule an appointment. Child does not have to be a student at AMS to receive services. HPV vaccines and flu shots currently available.
•The Youth Services Center is open each weekday from 8 a.m. to 4 p.m., and later by appointment. Services offered to students and families regardless of income. Coordinator is Michelle Keathly. Center telephone is 886-1297.

Allen Central High School
•Center hours: 8 a.m. to 3:30 p.m., Mon. thru Fri. Sharon Collins, coordinator. Telephone 358-3048. Center provides services for all families regardless of income.

Allen Central Middle School
•Please scan your Food City Valu Card scanned for ACMS! Points help purchase school merchandise.
•Career Decisions and Job Development videos available in YSC lending library.

•The ACMS Youth Service Center offers services to all families, regardless of income. For more information, call Marilyn Bailey, center coordinator, at 358-0134.

Allen Elementary and Family Resource Youth Service Center.
• Call Allen Elementary Youth Service Center at 874-0621 to schedule your child's Hepatitis B vaccination, immunizations, and WIC appointments.

Betsy Layne Elementary
•Center hours are 8 a.m. to 3 p.m.,

Mon. thru Fri. Center offers services to all families, regardless of income.
•The Betsy Layne Elementary Family Resource Youth Service Center is located in the 7th and 8th grade wing. The goal of the FRYSC is to meet the needs of all children and their families who reside in the community or neighborhood by the school in which the center is located. For further information, please contact the center at 478-5550.
•Brian H. Akers, Center Coordinator.

Duff Elementary
•The center is in need of gently used clothing, shoes, belts and backpacks.
•Floyd County Health Dept. is on site three days per month. Services include 6th grade school entry physical; kindergarten, Head Start and well-child physicals (age birth to 18 years); T.B. skin test; T.D. boosters; and WIC services. Please call 358-9878 for appointment if you are in need of any of these services.
•The J.A. Duff Elementary Family Resource Center provides services for all families regardless of income. We are located in the area where the old main office used to be. Contact persons are Judy Handshoe, coordinator.

May Valley Elementary
•May Valley is currently accepting applications for the May Valley Elementary Early Childhood Program (3-4 year olds). Fee for services is \$18/per day. Services available Mon. thru Fri. Contact school at 285-0883 for more information. Slots will be filled on first-come, first-serve basis. Remaining applicants will be placed on waiting list.
•Parent Lending Library is available to parents for video check-outs. A variety of topics are available.
•Floyd County Health Dept. nurse at school every Wednesday. Services include Head Start physicals, kinder-

garten physicals, 6th grade physicals, well-child physicals, immunizations, TB skin test, WIC program, blood pressure checks, and more. Must call the FRC at 285-0321 for an appointment.

McDowell Elementary and Family Resource Center
•Parents of 5th grade students are urged to call the FRC and make an appointment for their child's 6th grade physical exam!
•Floyd County Health Department Nurse Joy Moore, is at the center the first three Mondays each month to administer immunizations, T.B. skin tests, well-child exams, WIC, prenatal and post-partum services, and school physicals. Call 377-2678 for an appointment.
•Parent lending library available to all parents for video/book check-outs. A variety of topics are available.
•Family Resource Center is open weekdays, 7 a.m. to 3:30 p.m. Center is located upstairs in the old high school building, on the McDowell Elementary School campus. For further information, call Clara Johnson, director, at 377-2678. The McDowell FRC provides services to all MES students and their families, regardless of income.

Mountain Christian Academy
•Tuition assistance and bus transportation is available. For more information or a tour of the school, call 285-5141 or 285-5142.
•Call 285-5141, Mon. thru Fri., from 8 a.m. to 4 p.m.
•MCA is an accredited non-denominational Christian school.

Prestonsburg Elementary and Family Resource Center
•The Family Resource Center is open weekdays 8 a.m.-4 p.m., and later by appointment. Office provides services for all families, regardless of income.
•After-School Child Care: 3-6

p.m.
• Call 886-7088 for information and referrals regarding GED classes, preschool child care, and other programs or services offered to the community.

South Floyd Youth Services Center
•Parents needing assistance with daycare may contact Mable Hall for information, or the "A Step Ahead" daycare center, at 452-1100.
•Walking track open to public (track closed during special events).
•The center has a one-stop career station satellite that is available to the community as well as students.
•All new students and visitors, stop by the Center, located on the South Floyd campus, Room 232, and see Mable Hall. Open 8 a.m. to 4 p.m., Mon. thru Fri.
•For more information call 452-9600 or 452-9607, ext. 243 or 153.

Stumbo Elementary/Mud Creek Family Resource & Youth Service Center
•Yearbooks are \$22 and will be on sale January 1, in school office.
•Lost & Found located in Family Resource Center.
•The Mud Creek FRYSC is located on the right, by the school gymnasium. Services are offered to all families, regardless of income. For more information, call Anita Tackett, center coordinator at 587-2233.

W.D. Osborne "Rainbow Junction" Family Resource Center
•The FRC accepts donations of children's clothing, shoes, belts, book bags, etc. May be used but need to be in good condition. Donated items will be appreciated and utilized by OES students.
•The Family Resource Center is located in the central building of W.D. Osborne Elementary. Those wishing more information about the center are welcome to visit, or call.

Ask for Cissy (center coordinator). Center telephone and fax: (606) 452-4553.

Wesley Christian School
•WCS Learning Center accepts toddlers, preschool age (2-4). Hours: 7:30 a.m. to 5:00 p.m., Mon. thru Fri.
•For more information about Wesley Christian School, call 874-8328.

Big Sandy Community & Technical College
Adult Education and GED
Monday: 8 a.m. to 12 p.m. - McDowell FRC; Martin Comm. Ctr.; Auxier Learning Ctr.; BSCTC.
1-4:30 p.m. - BSCTC; Martin Comm. Ctr.
1:30 - 5 p.m. - Wheelwright Baptist Church.
Tuesday: 8 a.m. to 12 p.m. - Mud Creek Clinic; BSCTC.
9:00 a.m. to 12 p.m. - David Craft Center.
9:30 a.m. to 12 p.m. - Dixie Apartments.
1-4:30 p.m. - BSCTC; Mud Creek Clinic; Floyd County Jail.
6-8 p.m. - Auxier Learning Ctr.; Martin Community Ctr.
Wednesday: 8 a.m. to 12 p.m. - Martin Comm. Ctr.; Auxier Learning Ctr.; BSCTC.
1-4:30 p.m. - Layne House; BSCTC; Floyd County Jail.
6-8 p.m. - BSCTC.
Thursday: 8 a.m. to 12 p.m. - BSCTC.
8 a.m. to 4:30 p.m. - Weeksbury CC.
9 a.m. to 4:30 p.m. - Betsy Layne YSC.
1-4:30 p.m. - BSCTC.
Kay Hale Ross - Manager of Adult Education, 886-7334
Lisa Pelfrey - Assistant, 886-7397
Ron Johnson, Stephanie Conn, Lynn Hall, Nancy Bornes, Cindy Justice and Wayne Combs - Adult Education teachers.
*All centers will re-open on Jan. 7.

Eyes

Bonnie, is a full-fledged "Flyer," however - right down to dressing to shoes, putting on her face first thing in the morning and tending to daily routines.

Ah, well, learned long ago that I'll never be the woman my "heroes" Bonnie and Aunt Barb are! Both these women are completely awesome! Both manage to do it all and do it well and keep radiant smiles on their faces the entire time! One of these days, I'm gonna have to introduce these two.

So, in speaking of Aunt

Barb, I have to mention that she has kept me and mine quite well-fed through the holidays. From all those Thanksgiving meal left-overs to a wonderfully generous "care basket" filled with everything from holiday ham to one of those gigantic, cheery popcorn tins from she and her wonderful sisters, right down to the most "splendiferous" Christmas dinner rivaling even the fare spread out at the country's best hotels and eating establishments, these staples Dr. Alzard snapped inside my head are

nearly ready to burst right out at the seams!

Oh, mc, oh my - Weight Watchers here I come?

Just HAD to share the following - read on and you'll see why! (And thanks, Pam, for sending it along!)

After Christmas Shock

"Twas the week after Christmas, and all through the house,

Nothing would fit me, not even a blouse!

The cookies I'd nibbled, the cggnog I'd tasted,

At the holiday parties had

gone to my "waist-ed"!

When I got on the scales, there arose such a number!

When I walked to the store (less a walk than a lumber),

I remembered the marvelous meals I'd prepared;

The gravies and sauces and beef nicely rared!

The wine and the rum balls, the bread and the cheese,

And the way I'd never said, "No, thank you, please."

As I dressed myself in my husband's old shirt,

And prepared once again to

do battle with dirt,

I said to myself, as only I can -

"You can't spend the winter disguised as a man!"

So away with the last of the sour cream dip,

Out with the fruit cake, every cracker and chip!

Each last bit of food that I like must be banished!

'Till all the additional ounces have vanished!

I won't have a cookie - not even a lick.

I'll be happy only to chew

on a long celery stick...

I won't have hot biscuits, or corn bread, or pie,

I'll munch on a carrot and quietly cry.

I'm hungry, I'm lonesome, and life is a bore,

But isn't that what January is for?

Unable to giggle, no longer a riot,

"Happy New Year" to all and to all a good diet!

~Author Unknown~

■ Continued from p5

Diva

after giving birth to a baby is feed it. The privilege of feeding our children and families goes beyond infant care and into the very fabric of our families' lives at the place we call our dinner tables.

The meals you prepare for your family is how you can bless them. We live in uncertain, scary times. We need the comfort of hearth and home and you have the privilege of bringing that comfort to your family with the meals you serve. Make your menu, put it

on the fridge and keep at it! You CAN do this! If you need a little help with menus, go to my website for a prepared menu and shopping list already made out for you www.savingdinner.com

I read once that the only wound a soul can never recover from is regret. The past is the past--but you don't have to live in regret. You have the opportunity of doing something different tomorrow. Big changes come about by little choices and sometimes, it

comes in the form of a recipe--enjoy!

Fiesta Casserole

- Serves 6
1 pound lean ground beef
1 (15 ounce) can spicy chili beans (15 to 16 ounces) -- undrained
1 cup salsa (jarred, your favorite)
2 cups coarsely broken tortilla chips
1/2 cup reduced-fat sour cream
4 medium green onions --

- sliced (1/2 cup)
1 medium tomato -- chopped (3/4 cup)
1/2 cup shredded Cheddar or Monterey Jack cheese
Tortilla chips -- if desired
Shredded lettuce -- if desired
Salsa -- if desired
Heat oven to 350 degrees. Cook beef in 10-inch skillet over medium heat 8 to 10 minutes, stirring occasionally, until brown; drain. Stir in the beans and salsa. Heat to boiling, stirring occasionally.

Place broken tortilla chips in ungreased 2-quart casserole. Top with beef mixture. Spread with sour cream. Sprinkle with onions, tomato and cheese. Bake uncovered 20 to 30 minutes or until hot and bubbly. Arrange more tortilla chips around edge of casserole. Serve with lettuce and salsa.
Per serving: 381 Calories; 15g Total Fat; (34% calories from fat); 25g Protein; 6g Dietary Fiber; 39g Carbohydrate; 61mg Cholesterol; 770mg Sodium

Food Exchanges: 2 Grain(Starch); 2 1/2 Lean Meat; 1 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

For more help putting dinner on your table check out Leanne's website, www.SavingDinner.com or her *Saving Dinner Book series* published by Ballantine and her *New York Times Best Selling book Body Clutter*, published by Fireside.. Copyright 2007; Leanne Ely Used by permission in this publication.

■ Continued from p5

New Arrivals

Highlands Regional Medical Center

Nov. 12, 2007

A son, Ethan Alexzander Houston Howell, to Ricky Jr. & Salecena Howell, of McDowell

A daughter, Riley Brooke Collins, to Ronald & Amanda Collins, of Raccoon

Nov. 13, 2007

A daughter, Kendra Lynn Adkins, to Alan Landale & Stephanie Kay Adkins, of Pikeville

A son, Miles Dwayne Shortridge, to Jodie & Michael Shortridge, of Prestonsburg

A daughter, Gabriella Faith Marcum, to Stephanie Howell, of Inez

A daughter, Breana Crace, to Daphne Demas, of Auxier

A son, Jacob Lee Collins, to Isadore & Stephanie Collins, of Topmost

Nov. 14, 2007

A son, Nathan Jay Goble, to Melissa Marie Mills, of Inez

A son, Jonathan James Tyler Carroll, to Johnny &

Jennifer Carroll, of Printer

A daughter, Olivia Ruth Mullins, to Tabitha Lee Tyler, of Hi Hat

A son, Isaiah Wilson Turner, to Sammie Todd & Tina Duisena Turner, of Booneville

Nov. 15, 2007

A son, Chase Riley Shepherd, to Jason Wayne & Christal Gale Shepherd, of Banner

A daughter, Abbigale Rose Deaton, to Granville Ray & Opal Michelle Deaton, of Altro

A daughter, Carley Isabella Watts, to Bryan Scott & Jessica Ellen Watts, of Hazard

Nov. 16, 2007

A son, Lamar Edwin Rohrer, to Harold & Joanna Rohrer, of Mousie

A son, Christian Charles Douglas Johnson, to Charles & Misty Johnson, of Weeksbury

A daughter, Emily Jane Brown, to Dusty & Kathy Brown, of Salyersville

A son, Brett Lee Spears Jr., to June Kelly Fick, of Langley

A son, Chancey Ray Hurley, to April Dawn Moore, of Chavies

A daughter, Marissa Abigail Hamilton, to Brad & Leigh Ann Hamilton, of Ivel

A son, Jaxon Randall Pratt, to Hiram Randall & Kristy Lea Pratt, of Viper

Nov. 17, 2007

A daughter, Kylie Michelle Couch, to Jessica Combs, of Hazard

Nov. 19, 2007

A daughter, Skyla Montae Hammond, to Kala Dawn Hammond, of Inez

A daughter, Rebecca Jolene Hall, to Tara Hall, of Tram

Nov. 20, 2007

A daughter, Morgan Rebecca Mcek, to Rebecca Carol & Elbert David Mcek, of Tutor Key

A son, Dontaye Franklin Samons, to Leslie Ann & Benjamin Samons, of Martin

A son, Jacob Matthew

Sandline, to Kayla Nicole & Jason Sandline, of Viper

A daughter, Jayda Mackenzie Johnson, to Rebecca Paige, of Prestonsburg

A son, Gaven Goble, to Kimberly & Ollis Goble, of Prestonsburg

A son, Brayden Jo Reed, to Stacie Marie & Robbie O'Bryan Reed, of Staffordsville

Nov. 21, 2007

A daughter, Cheyenne Dakota Stone, to Naomi & Craig Stone, of Wheelwright

A son, Noah Ryan McCloud Carter, to Christine & Richard Carter, of Estill

Nov. 23, 2007

A son, Dakota Richard Scott Johnson, to Linda & Johnny Johnson, of Combs

A son, John Derek Bryan Horn, to Stacy & Paul Horn, of Prestonsburg

Nov. 24, 2007

A son, Bradyn Allen Stacy, to Jessica & Brady Stacy, of

Clayhole

A daughter, Avery Caroline Conley, to Stacy & Trent Conley, of Hindman

Nov. 25, 2007

A daughter, Katelyn Savannah Leeann Keeton, to Tarena & Shawn Keeton, of Salyersville

STRAND TWIN PRESTONSBURG, KENTUCKY 606-886-2696

1/4/08 - 1/10/08 Cinema 1—Starts Fri., Jan. 4 ALVIN & THE CHIPMUNKS (PG)

RIVERFILL 10 PIKEVILLE 606-432-2957

1/4/08 - 1/10/08 Cinema 1—Held Over THE WATER HORSE (PG)

Cinema 2—Held Over P.S. I LOVE YOU (PG-13)

Cinema 3—Held Over I AM LEGEND (PG13)

Cinema 4—HELD OVER CHARLIE WILSON'S WAR (R)

Cinema 5—Held Over WALK HARD (R)

Cinema 6—Starts Fri., Jan. 4 ONE MISSED CALL (PG-13)

Cinema 7—Held Over ALVIN AND THE CHIPMUNKS (PG)

Cinema 8—Held Over NATIONAL TREASURE: BOOK OF SECRETS (PG13)

Cinema 9—Held Over ALIEN VS. PREDATOR (R)

Cinema 10—Held Over NO COUNTRY FOR OLD MEN (R)

ENCHANTED (PG), Fri. (4:20); Sat.-Sun. (2:10-4:20).

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U.S. General Services Administration PSA



Reil to vie for title of Miss Kentucky Teen USA

Shannen Reil, 15, of Paintsville, will compete for the title of Miss Kentucky USA 2008 on January 4 and 5, 2008, at the Center for Rural Development, in Somerset.

Miss Reil is the daughter of Richard and Brenda Reil. She attends Johnson Central High School where she is involved in the following activities: Cheerleading, FCA, DECA, and Spanish Club.

Sponsoring her in the Miss Kentucky USA 2008 Pageant are: Big Sandy Broadband, Dairy Queen of Paintsville, Big Sandy Heating & Cooling, Brenda Shepherd Photography, John Gray Pontiac-Bulck-GMC, Tropical Isle Tanning & Fitness Center, Premier Motor Sales, Paul Pelphrey State Farm Insurance, Patco Pools, Village Boutique, Atty. Larry D. Brown, and a multitude of family and friends.

Shannen is the recipient of a variety of modeling scholarships and has been profiled in the book, "100 Young Americans."

The Miss Kentucky Teen USA and Miss Kentucky USA Pageants are the official preliminaries to the Miss Teen USA, Miss USA, and Miss Universe Pageants, owned by Trump Productions. The young woman chosen as Miss Kentucky USA 2008 will go on to represent the state of Kentucky in the 2008 Miss USA competition, to be broadcast live on NBC television, one of the most anticipated television events of the year.

Buckeyes

things into the house.

"They're nuts, Momma. And they taste the best ever was," I said.

Momma screamed so hard I had to grab hold of my ears! "Locus!" she yelled, "Son, you didn't eat none of them little buckeyes, did you?" "Yeah, Momma, they's good," I answered. "But they ain't called buckeyes, Momma, they's called chestnuts. 'Cause the man I got 'em from said they was chestnuts," I said.

"Oh, my Lord!" Momma exclaimed. "You're poisoned, Locus," she screamed. "You're poisoned! Oh, my Lord, oh my Lord!"

Well, I didn't know what "poisoned" meant, but Momma sure made it sound awful bad. I was scared!

"Stay in that chair and don't you move!" Momma directed me.

Over the stove, she began to melt some fresh rendered hog lard. "What you gonna do with that lard, Momma?" I asked.

"Never you mind, Locus, never you mind," she said. "Just stay still in that chair. Don't you dare move."

It seemed I was in trouble and I began to fear that I was

about to find out just how bad my new troubles really were.

Momma added some other ingredients into that hog lard and filled a glass full of it all and then headed in my direction. "Sit here in my lap, Locus," she said. I did, and before I knew it, Momma had pushed my head back like she was about to play one of them saws I had seen the old men make music on!

She grabbed my nose and pinched it shut and threw my head back and commenced to pouring that awful tasting concoction down my throat. I gagged as it went down but Momma kept pouring until that glass was empty. She finally turned me loose and then she started praying real hard and asking the Lord to please just let her little boy be all right.

I shot out that back kitchen door and dove into the yard so fast I must have skipped the porch altogether. I was really sick now for sure as I gagged and coughed. I thought I was going to die. Momma ran out into the yard behind me and cried while she held my head over 'til I was done with my part.

"I think you'll be all right

now, son," she said with tears still in her eyes. She took me to the big, long chair she sat in all the time and I laid there for a long time until I finally drifted off to sleep.

After about two hours had passed, Arlie came home for supper. I awoke and heard Momma explaining to him that I had been real sick. All I could remember was that I hadn't been sick at all until Momma had given a dose of her cure.

"Locus, oh, Locus," Momma softly called. "It's time for supper, son. We're having your favorite - fried chicken."

All at once, all I could smell was that melted hog lard in that frying pan and all I could see was that big glass of cure-all that Momma had poured down my throat. I dove out the back door once again.

"What's wrong with Locus, Momma?" I heard Arlie ask. "Why'd he dive out the back door like that? What's a matter with him?"

"Baby buckeyes," Momma said. "Baby buckeyes."

Editor's Note: Lance Greenlay is the pen name of Stephens Branch resident, Carl Layne.

Continued from p5

Times Best Selling book, Body Clutter, published by Fireside. Copyright 2007; Marla Cilley. Used by permission in this publication.

Fly Lady

defensive and lash out against the teacher. It is only when the concept is brought to our attention that we realize the problems that surround it. Robert and I opened your eyes to the miscommunication we choose to call "womanspeak." It does not matter what you call it to yourselves as long as you quit blaming others for the words that are coming out of your own mouth. Along with this type of miscommunication are other actions that are not nice.

Did you ever ask a question and not get the answer you were expecting? At that point, any answer that could be given (except the one you wanted) would be assumed to be im-

lite. You may have replied with a hostile note of sarcasm. Sarcasm is a nasty form of womanspeak and miscommunication. Say what you mean and mean what you say. We would all be nicer people if we lived by this simple rule. Kindness trumps all values. You may, however, at certain times have to take a walk until the kindness comes back to you!

As a result of bringing this character flaw to our attention, one member has had her eyes opened to why she was abused as a child. She and her brother didn't understand the meaning behind the unrelated words that came from their mother's

mouth. They were slapped and put into the closet. She told me that all of her life she thought that she must be stupid because she did not understand her mother. This woman is one of the smartest people I know and has been my muse for almost eight years! Flylady group members know her as Vickie. I know her as "Dear Friend"! One day, I will get to meet her.

When we speak to our family in womanspeak we might as well be speaking a foreign tongue. If you want something, say it in plain and simple language. Say what you mean and mean what you say. You may actually get what you want! All the pouting, sarcasm, yelling,

punishing and praying will never take the place of a simple request made with a "please" and a "thank you".

Now is the time for changing the way you speak to your family. This one simple action can bring you into a new year of happiness. You get to stop the centuries of hurt feelings and double-talk. The buck stops here! Happy New Year! FLYING is all about LOVE!

For more help getting rid of your CHAOS; check out Flylady's website and join her free mentoring group at www.FlyLady.net or her book, Sink Reflections, published by Bantam and her New York

Rental Central

by TOM DOTY TIMES COLUMNIST

Violence ruled in the first releases of the new year, with four bloody tales hitting the racks. These efforts may jump genres, but each bears an R rating for some brutal content.

"War" — British tough guy Jason Statham ("Lock, Stock and Two Smoking Barrels") goes toe-to-toe with martial arts king Jet Li in this tense actioner which benefits from some superb fight choreography by Corey Yuen ("The Transporter"). Statham stars as an FBI agent whose investigation of Triad and Yakuza crime families gets his partner killed. Three years of bitterness follow until a mob killing puts him on the trail of a high paid assassin named Roguc (Li). When he learns that Roguc killed his partner, it gets personal. This one's pretty good and defi-

nately escalates after a slow start. "Shoot 'Em Up" — British tough guy Clive Owen squares off against the diminutive Paul Giamatti in this action fest which appears inspired by the works of John Woo. This one has some impressive sequences and a cartoon feel that appears to have been borrowed from the Road Runner show. Owen gets to do all manner of cool stuff here as he protects an infant by a mob led by Giamatti. You'll love the jaw-dropping stunts that include a midair gun battle and lots of things going boom. The dialogue is appropriately cheesy in this exercise in style over substance. "Resident Evil: Extinction" — Milla Jovovich returns for this third entry in the video game franchise that caught on with viewers hungry for zombie action. Here she joins the survivors of Raccoon City as they journey across the Nevada desert to

reach the safety of Alaska. Meanwhile, zombies and the top secret Umbrella Corporation mean to leave no witnesses. Lots of action in this entry which merges zombies with "Mad Max"-style stunts for 90 crazed minutes which will leave you entertained, though you probably won't remember much about it after a week. "September Dawn" — This drama has its share of historical violence as it concentrates on the massacre of 140 settlers by native Mormons in Colorado, circa 1857. Apparently no one cracked a history book here and this manages to be less than believable despite the fact that it actually happened. Jon Voight comports himself well as the lead, but this hoody drops the ball, violently. Next week look for Russell Crowe in the remake of "3:10 to Yuma," and check out the sci-fi drama "Sunshine" from the makers of "28 Days Later."

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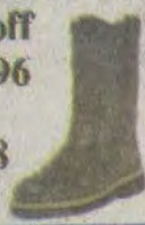


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Local horse trainer honored at RMHA Banquet

TIMES STAFF REPORT

PRESTONSBURG – The weather was seasonable, a raw day proceeded by several winter like days. After all it was the middle of December and the bad weather was due. However, nothing was to dampen the enthusiasm that surrounded the 19th Annual Rocky Mountain Christmas Dinner and Awards Banquet. There were over 100 people anxiously awaiting the annual affair. They had been gathering all day, arriving from Michigan, Georgia, North Carolina and the local tri-state area. The dinner and awards

banquet is an annual affair to honor the best horses and riders that competed in the Rocky Mountain Horse Show circuit the previous year.

With over 100 awards to be given out, RMHA president Pat Brandenburg opened the meeting with a brief statement before moved into the awards presentation.

Board member and Chairman of the Show Committee Denny Begley was brought to the podium to handle the awards. He opened with a brief recap of the 2007 season.

Prince Albert Stables of Floyd County played a big role

in the 2007 RMHA show season, having competed in all of the shows during the 2007 season – shows that start in Florida in mid-February and conclude in late August in Indiana.

The Rocky Mountain Horse is a product of the Mountains of Eastern Kentucky having been saved by the establishment of a breed registry and the urgency to find, catalogue and preserve the horse. Prince Albert Stables works exclusively with the Rocky Mountain Horse.

Prince Albert Stables trainer Josh Murdock was awarded the 2007 Trainer of the Year award. The association presented

Murdock, a Floyd County resident, with a personalized jacket embroidered with his 2007 accomplishments. Murdock is married to Heather Gray Murdock and resides at Water Gap. He is a Prestonsburg High School graduate.

Murdock is one of three trainers working out of the stables, delivering over 35 horses to the show circuit. He has been active with the Rocky Mountain Horse and Prince Albert since his teen age years.

The young and lovely juvenile Lucy Belcher earned the Juvenile Show Pleasure award.



Josh Murdock claimed the 2007 Trainer of the Year award during the recent RMHA Banquet.

(See TRAINER, page two)

National Guard to sponsor JRM's No. 5

SPECIAL TO THE TIMES

MOORESVILLE, N.C. – The Army National Guard will continue its involvement in the Nationwide Series in 2008 with a 21-race primary sponsorship of the No. 5 Chevrolet with drivers Landon Cassill and Dale Earnhardt Jr. The team will be fielded by JR Motorsports in partnership with Hendrick Motorsports.

Cassill, 18, will pilot 19 events in the No. 5, beginning Feb. 23 at California Speedway. The campaign will mark the most extensive racing action for the Cedar Rapids, Iowa, native and 2008 Raybestos rookie of the year candidate since he signed with Hendrick Motorsports in December 2006.

Providing bookends to the 2008 schedule, Earnhardt will drive the "Guard Car" in the Feb. 16 season opener at Daytona International Speedway and the Nov. 15 season finale at Homestead-Miami Speedway. The two-time circuit champion has earned five Nationwide-level victories at Daytona.

"The National Guard is very pleased to be sponsoring the No. 5 Nationwide Series car in 2008," said Lt. Col. Diana Craun, deputy division chief, strength maintenance division, National Guard bureau. "The Guard's presence at Nationwide Series races will honor America's finest citizen-soldiers in an exciting way by featuring a unique unit patch on the hood, deck-lid and rear quarter-panels of the car. Additionally, army guard soldiers from these honored units will be invited to watch the No. 5 car as it reaches Victory Lane."

In 2007, the National Guard backed 25 Nationwide-level races, including each of Cassill's six starts in the series. The 2008 season will mark the kickoff of Earnhardt's relationship with the Guard, which will also be a co-primary sponsor of his Sprint Cup Series efforts.

JR Motorsports and Hendrick Motorsports officially combined Nationwide Series operations following the conclusion of the 2007 racing season. The No. 5 Chevrolet will be fielded full-time under the JR Motorsports banner in 2008.

"We are extremely proud to have the Army National Guard

(See SPONSOR, page two)



KNIGHTS WIN

The Piariest School boys' basketball team worked its way into the win column for the first time in the 2007-08 season Saturday, defeating J. Frank White Academy (Harrogate, Tenn.) 61-60 in the Small School Classic held at Riverside Christian in Breathitt County.

The Knights are pictured above – Back row: Coach Greg Friend, Michael O'Shaughnessy (So.), Jordan Friend (Jr.), Caleb Hoskins (Sr.) and Brandon Hall (So.). Front row: Matthew Prater (fr.), Zach Parsons (Sr.), Seth Perry (So.) and Joseph Kidd (Fr.) Parsons is pictured lofting a shot for the Knights.



Alice Lloyd defeats Miami-Middletown

TIMES STAFF REPORT

BARBOURVILLE – Despite the best efforts from Miami-Middletown University, Alice Lloyd College soared for a 73-68 win in the first contest Sunday in the Union College/Best Western Wilderness Trail Inn Holiday Classic. The Eagles returned to the win column following a loss to Lincoln Memorial University in the event one day earlier.

Freshman Robby

Harmon had a career day for the Eagles with a double double. He grabbed a game-best 16 rebounds and poured in 12 points. Harmon also blocked a pair of shots.

William Dillard and Rodney Mitchell led Alice Lloyd (3-11) with 15 points apiece. Eric Mullins added 13 points for the Eagles.

Miami-Middletown (13-5) also saw a player register a double-double in points and rebounds.

Britten Alexander scored 15 points and pulled down

10 rebounds. Greg Tillman and Terry Heard netted 14 points each.

The first half saw six ties. The two teams entered halftime deadlocked at 33-33. Also, the lead changed hands on four occasions in the first 20 minutes. The fifth lead change, when Dillard scored the first two points of the second half gave Alice Lloyd the lead for good.

The Eagles would eventually build a 10-point advantage. Miami-Middletown fought back to

cut the deficit down to two points twice, but it was not enough.

Alice Lloyd is under the guidance of veteran head coach Gary Gibson.

The Union College/Best Western Wilderness Trail Inn Holiday Classic also included host Union College and Lincoln Memorial University.

Alice Lloyd vs. Lincoln Memorial • Page B2

BluegrassPreps.Com Rankings

Boys' Basketball: 1. Mason County; 2. Lexington Catholic; 3. Bryan Station; 4. Scott County; 5. Jeffersonton; 6. Covington Catholic; 7. Male; 8. University Heights; 9. Adair County; 10. Ballard; 11. Elliott County; 12. Holmes; 13. Paul Dunbar; 14. Paducah Tilghman; 15. Pleasure Ridge Park; 16. Corbin; 17. Shelby Valley; 18. Hazard; 19. June Buchanan; 20. Manual.

Girls' Basketball: 1. Iroquois; 2. Paul Dunbar; 3. Lexington Catholic; 4. Lexington Christian; 5. North Hardin; 6. Manual; 7. Montgomery County; 8. Pike County Central; 9. Elizabethtown; 10. Henry Clay; 11. Henderson County; 12. Muhlenberg North; 13. Franklin-Simpson; 14. Rockcastle County; 15. Butler; 16. Boone County; 17. Lafayette; 18. Calloway County; 19. Clay County; 20. Simon Kenton.

Elliott County outlasts Ladycats

by STEVE LEMASTER
SPORTS EDITOR

SUMMIT – Elliott County dealt Betsy Layne a second and final loss on Saturday in the consolation bracket of the Boyd County Invitational. Shae Ferguson scored 19 points and handed out eight assists as Elliott County defeated Betsy Layne 73-68.

The Lady Lions performed well offensively, hitting 27 shots and recording 22 assists.

Kelsey Ferguson added 18 points for the Lady Lions. Elliott County improved to 6-5 after winning the tournament game.

The Lady Lions ended the tournament with a fifth-place billing.

Walton-Verona beat Pendleton County 61-53 to grab seventh-place in the Boyd County tournament.

Megan Hamilton led Betsy Layne with 18 points. Hamilton was one of three Betsy Layne players to reach double figures in the scoring column. She also made the all-tournament team.

ELLIOTT COUNTY 73, BETSY LAYNE 68

BETSY LAYNE (68) – Lawson 4, Krista Flannery 16, Megan Hamilton 18, Hott 15, Tackett 4, Meade 9, Ray 2.

ELLIOTT COUNTY (73) – K. Ferguson 18, Adkins 14, Griffith 8, S. Ferguson 19, Ison 9, Fannin 3, Whitley 2.

BL.....15 21 12 20-68
EC.....16 21 18 18-73

All-Tournament Team:

Brandy Middleton (Moore), Ashmere Woods (Moore), Aisjah Ruan (Moore), Katie Hunter (Boyd County), Rainey Mosely (Boyd County), Holly Jude (Boyd County), Katrina Holmes (Russell), Samantha Sparks (Russell), Breslyn Harris (Minford, Ohio), Kelsey Ferguson (Elliott County), Shae Ferguson (Elliott County), Megan Hamilton (Betsy Layne).

Pace considered for player of the week

TIMES STAFF REPORT

PIKEVILLE – East Kentucky Miners guard Josh Pace received consideration for the CBA American Conference Player of the Week honor for the week ending December 30, 2007. Pace earned the league's American Conference Player of the Week honor for the week ending November 26, 2007.

Ronnie Fields of the Minot Skyrockets was named CBA American Conference Player of the Week honor for the week ending December 30, 2007. Fields is the second Skyrocket to earn the award during the 2007-08 season. John Strickland was named CBA American Conference Player of the Week for the week

ending December 3, 2007.

In two games against the Albany Patrons, Fields, a 6-4 guard from Farragut Academy, scored 39 points. He had a team-high 23 points and three steals in Minot's 102-92 victory over Albany. Fields currently has 5,471 points, placing him among the top-10 scorers in CBA history.

In road games last week versus Atlanta, Pace netted a total of 47 points. Pace is averaging 24 points per game.

Other players receiving consideration for the latest American Conference Player of the Week award were Jason Williams (Albany), Zach Marbury (Atlanta) and Carl Krauser (Pittsburgh).

Butte guard Aaron Cook was named CBA National Conference Player of the Week for the week ending December 30, 2007. Other players receiving consideration for National Conference Player of the Week included Moochie Norris (Yakama); Judson Stubbs (Oklahoma); Nate Green (Great Falls) and Rod Nealy (Rio Grande Valley).

The East Kentucky Miners are in Butte, Mont., playing the host Daredevils in a two-game series. Thursday night's East Kentucky-Butte game ended too late to make this edition. More on the Miners appears inside today's edition.



photo courtesy of Dusty Layne Photography/East Kentucky Miners

Josh Pace continues to rank as one of the CBA's top players.

Fiesta Bowl: WVU 48, OU 28

by ANDREW BAGNATO
ASSOCIATED PRESS

GLENDALE, Ariz. — Bill Stewart didn't have to lobby to become West Virginia's next coach.

Led by elusive quarterback Pat White, the 11th-ranked Mountaineers gave him a resounding endorsement in a 48-28 Fiesta Bowl victory over No. 3 Oklahoma on Wednesday night. Stewart served as interim replacement for Rich Rodriguez, who bolted for Michigan last month.

"They gave me my marching orders to get this team ready, and that's what we did," Stewart said.

Stewart later said he'd "cherish" the job but would support whomever the university hires.

His players say it should be Stewart. White, who ran for 150 yards and threw for 176 and two touchdowns in a 48-28 victory, began stumping for Stewart on the field after the game.

"He deserves it," White said. "A great man. A great coach. All the players respect him and all the players love him. You couldn't ask for a better man to lead us to victory today."

Fullback Owen Schmitt, who scored on a 57-yard run called Stewart the "glue" that kept the Mountaineers together during a rocky month.

"We're a family," Schmitt said. "That's why we prevailed."

An emotional Stewart relished what he called "a colossal win for our program."

"I never had a Gatorade bath," said Stewart, a native West Virginian who has been an assistant for most of his career. "It was special."

The Mountaineers didn't need Rodriguez. They had White, a relentless defense and a rushing attack that raced for 349 yards, most allowed by Oklahoma in a bowl game.

Since arriving in the desert last week, the Mountaineers (11-2) said they had bonded behind Stewart. And they vowed to rebound from a 13-9 loss to Pitt that knocked them out of the Bowl Championship Series title game.

The Mountaineers were right on both counts, turning in an emotional effort and overcoming the loss of star tailback Steve Slaton to a first-quarter leg injury. Noel Devine replaced Slaton and ran for 108 yards and two touchdowns — a 17-yarder and a 65-yarder that clinched the game in the fourth quarter.

The Mountaineers became the first of six teams to win under an interim coach this bowl season. They improved to 2-0 in the Bowl Championship Series.

"It's a great night to be a Mountaineer," Stewart said as he accepted the Fiesta Bowl trophy while thousands of West Virginia fans celebrated in the grandstand.

Stewart said his players

"never, ever quit believing."

Oklahoma (11-3) endured another disappointment on the same field where the Sooners lost a classic Fiesta Bowl to Boise State one year ago. The Sooners have dropped four straight BCS games.

"It's not very positive," said coach Bob Stoops, who led OU to the 2000 national title. "You get to this position, you're obviously doing a lot of things positive and good. But you need to finish out and play well in these games."

The Sooners had no answer for White, whose 79-yard touchdown pass to Tito Gonzales in the fourth quarter was the longest in Mountaineers bowl history.

Meanwhile, West Virginia's fourth-rated defense limited the potent Sooners to well below their scoring average of 43.4 points per game, third in the nation.

"That was very impressive," Stewart said. "Our guys fought hard."

The Mountaineers harassed Oklahoma quarterback Sam Bradford, sacking the nation's top-rated passer three times and intercepting him in the end zone. Bradford completed 21 of 33 passes for 242 yards and two touchdowns.

"I just wasn't myself," Bradford said. "I wasn't going through the reads, I was forcing things."

The Sooners rallied from an 18-point deficit against Boise State last January, taking a late lead before the Broncos forced overtime, where they won on a trick play.

This time, OU trailed 20-6 at halftime. But the Sooners cut it to 20-15 on Chris Brown's 1-yard run midway through the third quarter.

Then Stoops made two curious calls. First, he decided to go for two points. But Bradford's pass fell incomplete.

Then Stoops ordered an onside kick. The ball didn't go 10 yards, and West Virginia took over on OU's 39.

"We had the momentum, so if you get the onside kick, you have the chance to really give them a blow," Stoops said. "I thought we had the momentum. The opportunity was there. We just didn't execute."

The Mountaineers needed six plays to capitalize, scoring on Devine's 17-yard run.

West Virginia made it 34-15 on Darius Reynaud's 30-yard run with 20 seconds to go in the third quarter. The Mountaineers went 75 yards in three plays — 42 on an electrifying run by White, who weaved through tacklers along the left sideline.

After the Sooners scored on a 19-yard pass from Bradford to Quentin Chaney, White found Gonzales down the middle for a 79-yard TD that made it 41-21.

"People doubt us all the time," White said. "But we work hard, and we did the job."

Trainer

The young Belcher rides out of the stables and has been active with her mother Mary Ann, and the Rocky Mountain Horse.

Awards were given to several horses for their accomplishments as well. Mountain Motion — owned by Bucky Burchett of Prestonsburg — was awarded the 4 Year Old Stallion under Saddle High Point Award. Mystic Magic was given the 3 Year Old Award. Magic is owned by Chuck Blackburn of Delaware, Ohio.

Other awards were given to Red Iron for the Gelding High Points, Red Iron is owned by Jess Ross of Cattletsburg. Choco-Lot's Fancy Dancer for the 3 Year Old Filly's. Dancer is owned by Allen Bond of

Lexington. Sophisticated Lady was awarded the High Point Mare, and Lady of Night claimed the Trail and Trail Pleasure Awards only to be equaled in that feat by Hit the Big Time collecting the Show Pleasure and Show Pleasure Stallions awards. Sophisticated Lady and Hit the Big Time is owned by Jim and Judy Leek of Cedar Creek, Texas.

The night came to an end with photos and a dinner provided by the association.

ONLINE:
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Minford, Ohio holds off Betsy Layne

by STEVE LeMASTER
SPORTS EDITOR

SUMMIT — Minford, Ohio enjoyed a successful start Thursday night, defeating Betsy Layne 60-55 in the Colonel's Classic at Boyd County Middle School gymnasium.

Whitney McManus led Minford, Ohio with a game-high 21 points. Breslyn Harris followed with 17 points for the winning team. Ally Connard added 12 points for the Lady Falcons as part of a balanced scoring effort.

Megan Hamilton led Betsy Layne with 20 points.

Minford outscored Betsy Layne 17-8 in the opening quarter. The Lady Falcons carried a 30-24 lead into halftime.

Minford stayed a couple of possessions ahead of Betsy Layne in the

third quarter, outscoring the Ladycats 16-12 in the period.

Hamilton hit a pair of three-point field goals for the Ladycats.

Betsy Layne defeated Pendleton County 51-36 on Friday in a game played as part of the Boyd County Tournament. The Ladycats — with the win over Pendleton County — snapped a two-game losing streak.

MINFORD 60,
BETSY LAYNE 55

BETSY LAYNE (55) — Lawson 4, Flannery 9, Hamilton 20, Martin 10, Huff 12.

MINFORD (60) — McManus 21, Martin 3, A. Donahue 3, Justice 3, Connard 12, Harris 17.

BETSY LAYNE.....8 16 12 19-55
MINFORD.....17 13 16 14-60



photo courtesy of Dusty Layne Photography/East Kentucky Miners

ACROBATIC MOVE: East Kentucky guard Bryant Northern went up with a shot versus a Pittsburgh Xplosion defender. The Miners will return to action at home on Sunday against the visiting Yakama Sun Kings.

ATHLETES OF THE WEEK

Alex Hammonds,
Allen Central
Boys' Basketball

Megan Hamilton,
Betsy Layne
Girls' Basketball

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as such a prominent partner with us, not only in support of the No. 5 Nationwide car in 2008, but also as a co-primary for Dale in the Sprint Cup Series," said Kelley Elledge, vice president and general manager of JR Motorsports. "They have an unquestionable commitment to this program, and the enthusi-

asm they exude with both JR Motorsports and Hendrick Motorsports is extremely gratifying.

"I know Dale and Landon will represent the men and women of the National Guard well as drivers of the No. 5 Chevrolet, and we look forward to an exciting 2008 season for JR Motorsports."

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Herd defeats San Diego, 76-60

TIMES STAFF REPORT

HUNTINGTON, W.Va. — The Marshall University men's basketball team bounced back from its first home loss of the season in grand fashion as it never trailed in its 76-60 win over visiting San Diego on Monday at the Cam Henderson Center.

Thundering Herd freshman Tirrell Baines (Laurens, S.C.) scored a team- and career-high 19 points on a 6-for-8 shooting performance (7-for-9 from the FT line) with six rebounds in 27 minutes. The forward netted 12 first-half points, including Marshall's initial five points, while dominating the paint to get the Herd on track early after its loss to Lipscomb on Saturday.

Marshall (7-4) jumped all over the Toreros (7-9) from the opening tip and established a double-digit lead just seven-and-a-half minutes into the contest in a dominating first-half performance. Up

10-8, Marshall went on a 10-0 run thanks to some defense and nifty passing. Forward Robbie Jackson (Aberdeen, Md.) kick-started the run with a jumper in the post before guard Taurcan Marshall (Fort Washington, Md.) picked USD guard Devin Ginty's pocket on back-to-back possessions that led to uncontested layups for the senior.

A thunderous, two-handed dunk by Markel Humphrey (Atlanta, Ga.) off a nice drive and dish from Darryl Merthic (Lake Mary, Fla.), followed by two Jackson free throws, capped the MU run for a 20-8 Herd lead with 12:40 remaining.

A Brandon Johnson 3-pointer on USD's next possession sliced the Toreros' deficit to nine points, but that's as close as they would get the rest of the game as Marshall built as much as a 22-point lead in the first half. Marshall entered halftime up 43-24.

MU freshman Matt Walls finished with 12 points, two assists, two rebounds and a steal off the bench.

"The guys came back with a great focus and they had great compassion," Marshall Coach Donnic Jones said. "We knew (San Diego) played terrific against Kentucky and we just tried to take away some things. One of them, which was very difficult to take away, was Brandon Johnson. He's a very good player, but we managed to keep everyone else out of double figures."

Marshall maintained control in the second half and grabbed its biggest lead, 54-29, at 15:36. The Toreros would get no closer than 17 points the remainder of the game.

Marshall will play its final non-conference home game on Saturday, Jan. 5, when it welcomes Big South champion Winthrop to the Henderson Center. Tip-off is set for 2 p.m.

Bears push win streak to 10

TIMES STAFF REPORT

MANSFIELD, Ohio — Leading 59-24 at recess, the Pikeville College Bears opened the second half with a 24-8 run to pull away for an easy 115-85 win over The Ohio State University-Mansfield Wednesday night.

The run pushed the Bears in front 86-32, which turned out to be the biggest lead of the game. The remainder of the night saw the lead bounce between 46 and 52 points.

Pikeville improved to 13-2 and ran its winning streak to 10 straight.

Five players reached double digits for the Bears, with senior Jeff Ferguson leading the way with 26. Freshman Justin Hicks followed with 21, sinking five three-point shots, to go with nine assists and three steals.

Junior Ewan Linton followed with his eighth double-double of the season, scoring 14 and pulling down 11 rebounds. Junior Haakim Johnson finished with 13 and sophomore Adam Simmons came off the bench to toss in 10.

Mansfield, 2-15 with only eight players in uniform, got 15 from Kevin Murphy, who was perfect in six free throw attempts. Andrew Rice tossed in 14.

The Pikeville College men's basketball program has enjoyed a successful run under head coach Kelly Wells.

The 24th-ranked Bears, playing their first game since Dec. 15, will have another 10 days off before returning to action on Saturday, Jan. 12, when they travel to Berea to play the Mountaineers in a 7:30 p.m. contest.

Continued from p1

The Times

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AUTOMOTIVE

Wheels/Misc

HICKS AUTO SALES

DAVID ROAD
 98' GTP GrandPrix
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 886-2842
 886-3451.

1989 Crown Victoria for sale. Good condition \$1,200. Call 874-2421 or 226-5583

For Sale 2002 Pontiac Sunfire. 2-door, white automatic with sunroof. \$6,200 Call 874-2745 or 874-9703.

For Sale: 1987 Dodge ram B-250 Van. (Fair Condition) 1 owner. Can be used for passenger or cargo transport. \$1,295. Call 285-9112.

2001 Volvo S80. 78,000 mi., garage kept, all maint. records from Quantrell Volvo. Beautiful, well-maintained car. Contact Gary Frazier: 886-1878 (H), 886-9100 (W), 226-1375 (C). \$12,500

2006 Harley Sporster Custom 1200cc, 1400 miles - \$7,200.00 and a 2006 Harley Dyna Lowrider 1600 miles - \$10,400.00. Both excellent condition. (606) 377-2028 or (606) 377-6229.

FOR SALE Submersible deep well Meyer pumps. Half 3 quarter and 1 horse power. Call 358-2000.

EMPLOYMENT

Just For You Day Spa now hiring master cosmetologist. Call 606-788-0054

Homeworks has a job opening for inside sales person. Must be energetic, neat in appearance and willing to work. Apply in person at the Prestonsburg location. No phone calls please. 1wk

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Human Resource Director - We are looking for the right person to be a part of the management team who has a track record of building a culture of team work. The successful candidate will have human resource experience preferably in health care experience and be certified as a PHR or SPHR or whose combination of education and experience will give them the best opportunity for success. Interested candidates should send their resume to: Pikeville Healthcare Center David R. Baumgartner, S P H R "mailto:dbaumgartner@hqmmail.com" "dbaumgartner@hqmmail.com" (859) 806-1517 Fax (859) 523-5564 PO Box 910844 Lexington, KY 40591-0844

Miller Bros. Coal, LLC is seeking qualified applicants for the position of Surface Mine Planning Engineer. Mining Engineering degree and experience required. Competitive salary and benefits package. Interested applicants should send their resume in confidence to P.O. Box 990, Allen, Ky. 41601. Phone inquiries not accepted.

Heavy Equipment Steam Cleaning Company needs employees. Must have valid drivers license and up to date surface mining papers. Mine Emergency Tech. is a plus. Call Mon. Thru Fri. 9:00 a.m. to 5:00 p.m. (606) 886-1759 If no answer leave message.

BOOK FOR SALE Korners of inspiration (A collaboration of Kim's Korners). Priority mail \$13.30, shipping UPS \$20.00, allow 2-4 weeks for delivery. To order send check or money order to Kim Frausre 955 Abbott Mountain Road Prestonsburg Ky 41653, or email klfrausre@bell-south.net

2- 5 ft glass display cases for sale. Also 2- 5 ft wood cabinets for sale. Call 886-3142.

Merchandise

BOOK FOR SALE Korners of inspiration (A collaboration of Kim's Korners). Priority mail \$13.30, shipping UPS \$20.00, allow 2-4 weeks for delivery. To order send check or money order to Kim Frausre 955 Abbott Mountain Road Prestonsburg Ky 41653, or email klfrausre@bell-south.net

2- 5 ft glass display cases for sale. Also 2- 5 ft wood cabinets for sale. Call 886-3142.

9am-5pm
 For Sale Antiques: Antique John Deer Disc Harrow \$600. Antique G.E. Refrigerator \$350. Antique Horse Drawn Plows \$200. Antique Clawfoot Bathtub \$125. Antique double Washtub with Wooden Ringer \$125. Call 874-2421.

For Sale: Beautiful Maggle SoHero wedding gown size 12 original cost \$1600, selling \$500. Call 606-886-9626. If interested please leave message and number.

For Sale: Beautiful purple prom dress. Size 26W. Originally paid \$400 for dress asking \$100. Call 424-3794.

3 Carat diamond bracelet for sale. \$250. Call 791-0107.

BOOK FOR SALE A book by Donald Crisp "Growing up on Bucks Branch". In Floyd county, on sale now!!!! \$12.50 plus shipping and handling. Contact Donald at 285-3385.

Animals

One female full stock yorkie for sale. Comes with iron cage, water & food dish, mat, clothes and hair-bows. Asking \$500. paid over \$700 will not get over 5 pounds. Call 226-6257.

Christmas English Bulldog, AKC registered, Up-to-date shots. Health guaranteed, good with other animals. I am giving her to a lovely, and caring person / family this Christmas because she will be a wonderful Christmas

gift and companion for your Family. Ready to go. Email: spencer-micheal_1970@yahoo.com

Scarlet McCall \$500. Call 886-0622. 1wk 12/14

AKC registered Boxer pups. Asking \$350. Tails docked - dew claws removed - shots & wormer up to date. Call (606) 298-2529. Both male & female.

Misc.

Tanning Bed for sale. Call 886-8843 or 791-2727.

4 Wheels for 1995 3000 GT. Rims and tires \$500. Also 1996 Honda XR80 used very little \$500. Call 886-8775. 2wks 01/04

REAL ESTATE

Homes For Sale

Brick & Stone House for Sale. Four bedrooms, two and a half baths. 2900 square feet. Desirable location in Trimble Branch. Reasonably priced. Call 886-2020

For Sale: 35 acres of land, one story house with 1,600 sq.ft of living space, partial basement located at Hi Hat, Ky. Two acres of flat land with house, space for garden or two more residences. The home place of the late Cecil and Edna "Sweetie" Meade. Appraised value \$65,000. Price non-negotiable. Contact Mike Mullins at 606-785-5475 (8:00 a.m. - 5:00 p.m. weekdays) or 606-251-

HOUSE FOR SALE Newly constructed house for sale located at Abbott Creek. Vaulted living room ceiling, 3 BR, bonus room, fireplace, with cherry hardwood floors and cabinets with spacious attached garage. Located 4 miles from us 23. Panoramic view located in new subdivisions. \$210,000 asking price Seller willing to help with closing costs! Call 606-285-0054 606-791-0719, evenings 606-377-6042

Sale or Lease

Prestonsburg business for lease. Great location on the main road, close to downtown and the courthouse. lease as is, or change, many possibilities, ie restaurant, sports bar, office complex-ample parking. May consider selling. Call 791-3663.

Beauty shop for rent. Equipped with 3 stations and tanning bed. Would consider renting for commercial use other than beauty shop. Rt 122 1 mile South of Martin across from Garth Technical School. Must have references. 285-9112.

Commercial property 12 acres next to Walmart & McDonald's in Prestonsburg. 886-3023 after 5pm.

FOR SALE Property for sale between Prestonsburg and Paintsville. Also, double wide for rent. \$500 plus deposit. Call 606-789-6721 or 792-792-6721. No pets.

FARM FOR SALE

Floyd county 75 acres more or less, rt. 1100 off US 23 East Point Upper Little Paint. Lum Derossett Branch. Call 606-325-4430 or 606-325-2809. Level- Sloping and timber. HUNTERS PARADISE!! Could be made into a subdivision.

Rentals

2br 1 bath house for rent at Martin. Lg yard \$350. mth. \$350 deposit. Call 789-3724 or 791 9331.

APARTMENT

Apartment for rent on US 23 at level. 2bd, 1 bath \$350 mth \$350 security deposit. 1 yr lease. NO PETS. Call 478-8100.

Large Unicorn Apt for rent located at Stanville on US 23. 2br, 2 bath walk in closet. 1yr Lease. No pets. Please call 606-478-8100.

2br duplex for rent. Central heat and air. In excellent condition. 3 miles north of prestonsburg. Call 886-9007 or 889-9747.

1, 2, and 3 bedroom apartments for rent. Call 886-8366.

3br apt for rent. 2 baths, parking for trucks. Will rent to contractors. Mt Parkway 6 miles

from Prestonsburg. Call 886-8366

Townhouse 2 BR 1 Bath w/d hookup 2 car garage \$575 per month plus utilities plus deposit. Call : 606-522-4122 or 606-477-2783

1Br furnished apartment located 3 miles from Prestonsburg. Call 358-9483 after 6:00 pm or 794-9484.

Apt. For rent: 1 and 2 BR apartments on Rt. 321 near Porter school. Central heat and air, washer and dryer hookup. \$375 per month plus references and deposit. Seniors welcomed! Call 789-5973.

Houses

House For Rent - 3 BR, at Allen, Ky. \$800.00 per month + security deposit. Call 794-0249

2 Br house for rent on Cracker bottom at Martin. Call 886-9246.

Located in town. 2 br house for rent, one floor. Hardwood floors and all amenities. \$750 mth plus utilities and deposit. Call 358-4541 if no answer leave message. Or call 226-1925 or 285-9639.

Mobile Homes

16x60 mobile home for rent. Nice lot with stor-

age building. 1 mile from walmart. \$500. mth plus utilities. Call 886-0226 after 5:00pm.

3 BR 2 bath MH for rent with large deck.. Located at 315 Adams Cemetery Road. Call 791-8617 or 791-4471. \$450 per month.

Mobile Home for rent: NO HUD. 1/2 mile north of Prestonsburg Spradlin Branch. Call 889-0363.

2 Br Mobile home for rent or sale. Couples preferred. NO PETS. Call 874-2000.

LEGALS

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-0349

In accordance with the provisions of KRS 350.055, notice is hereby given that Miller Bros. Coal, LLC, P.O. Box 990, Allen, Kentucky 41601, has applied for a permit for a surface coal mining and reclamation operation, affecting 295.0 acres and will underlie an additional 433.0 acres, located 1.8 mile southwest of Grethel, in Floyd County. The proposed operation is approximately 0.8 mile west from Frasure Branch Road junction with KY Route 979, and located in Frasure Branch of Mud Creek. The proposed operation is located on the McDowell U.S.G.S. 7-1/2 minute quadrangle map. The operation will use the contour strip and highwall/ auger methods of mining. The surface area is owned by The Elk Horn Coal Company, LLC, Stelton & Eugenia Reynolds, Parson Heirs, Bobby Lawson, Thomas Kidd, Palmer Hamilton, Lewis Moore Heirs, Richard Moore, Miller Bros. Coal, LLC, Greeley Newsome, and Miller Bros. Coal, LLC et al. The operation will underlie surface area owned by The Elk Horn Coal Company, LLC, Stelton & Eugenia Reynolds, Parson Heirs, Thomas Kidd, Palmer Hamilton, Lewis Moore Heirs, Richard Moore, Miller Bros. Coal, LLC, Greeley Newsome, and Miller Bros. Coal, LLC, et al. The operation will affect an area within 100 feet of public road, Frasure Branch County Road, but no closer than 0' of Frasure Branch County Road. The operation will not involve relocation or temporary closure of the public road. The application has been filed for public inspection at the Department for Natural Resources, Division of Mine Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake

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POSITION AVAILABLE
 The Wheelwright Utility Commission will be taking applications for a part-time utility clerk on a temporary basis, approx. 20 to 30 hours per week. Some general office experience is required, and a knowledge of bookkeeping practices, and some basic computer skills.
 Must pass drug test, and person hired will be subject to random drug testing.
 Applications will be taken until January 11th, 2008.
 Anyone interested can pick up an application at the Utility Office in Wheelwright, between the hours of 8:00 a.m., and 4:00 p.m. The phone number to call with any questions is (606) 452-4273.

Drive, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Permits, No. 2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-5508 Renewal

(1) In accordance with KRS 350.055, notice is hereby given that FCDC Coal, Inc., 587 North Lake Drive, Prestonsburg, KY 41653, has applied for a renewal of a permit for an underground coal mining operation, located 1.0 mile southwest of Blue Moon, in Floyd County. The operation disturbs 8.07 surface acres, and underlies 1,113.81 acres and the total area within the permit boundary is 1121.88 acres.

(2) The operation is approximately 1.1 mile southwest of Little Mud Creek Road's junction with the Morgan Fork Road, and located adjacent to and 0.50 mile north of Morgan Fork of Little Mud Creek. The Latitude is 37 degrees, 29 minutes, 28 seconds. The Longitude is 82 degrees, 42 minutes, 33 seconds.

(3) The proposed operation is located on the McDowell and Harold USGS 7 1/2 minute quadrangle maps. The surface area disturbed is owned by The Elk Horn Coal Corporation. The operation underlies land owned by The Elk Horn Coal

Company, LLC, Reever Hamilton, Leon Greer, Charles McKinney, Venedith Meade, William and Dorothy Martin, Roy Spurlock, Estill Mullins, David Meade, Ella Martin, Clayborne Bailey, Ida Mae Newsome, et al., Sola Williams, Vannie Kidd, Charlie Elliot, Caner Hunter, John Hunter, Willie Lawson, Earl Watson, Roger Lee and Patricia Hunter, Earl Lee and Katherine Hall, and Ted Meade. The operation will affect an area within 100 feet of Morgan Fork Road. The operation will not involve relocation of the public road. (4) The application has been filed for public inspection at the Division of Mine Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite No. 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director of Division of Mine Permits, No. 2 Hudson Hollow Complex, US 127 South, Frankfort, Kentucky 40601.

NOTICE OF PERMIT CONFERENCE Pursuant to Application Number 836-5332 MA No. 1

In accordance with KRS 350.055, notice is hereby given that a permit conference is scheduled for January 23, 2008, at 10:00 a.m., at the Prestonsburg Regional Office for the Department of Natural Resources,

Division of Mine Reclamation and Enforcement, concerning the above application filed by V & M Mining Co. of Paintsville, Inc., 1509 Napier St., Flatwoods, KY 41139. The operation has applied for a revision to a surface and underground mining and reclamation operation, located approximately 1.2 mile north of Honaker, in Floyd County. The operation will disturb 4.94 surface acres, and will underlie 121.76 acres, and the total permit boundary will be 126.70 acres.

The proposed operation is approximately 0.8 mile south of the junction of CR 1426 and the Justice Branch Road, and is approximately 0.3 mile south of Justice Branch. This revision is for a land use change and to leave a road and pond as permanent. The proposed operation is located on the Harold U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be affected is owned by Michael Coleman and Charlie Akers.

The application has been filed for public inspection at the Department for Natural Resources, Division of Mine Reclamation and Enforcement's Regional Office, 3140 South Lake Drive, Ste. 6, Prestonsburg, Kentucky 41653. Any person whose interest may be adversely affected by the issuance of the proposed permit may present information relevant to the permit, in oral or written form, at the time of the conference.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-5507 Amendment 6

In accordance with KRS 350.070, notice is hereby given that FCDC Coal, Inc., 587 North Lake Drive, Prestonsburg, KY 41653, has applied for an amendment to an existing underground coal mining and reclamation operation, located 1.3 mile southeast of Drift, in Floyd County. The amendment will add 0 acres of surface disturbance, and will underlie an additional 105 acres, making a total of 2204.90 acres within the amended permit boundary.

The proposed amendment area is approximately 0.6 mile southwest from Morgan Fork's junction with Little Mud Creek Road, and located 0.2 mile south of Simpson Branch. The amendment will underlie land owned by Jamie Ray and Lisa Powell, Edith Huff, Roland Moore, Lewis Jr. and Susie Knott, Charles and Carolyn Wallen, Rudolph Parsons, Vernon and Pamela Stumbo, Everett Gayheart, and

Russell Shelton. The proposed amendment is located on the McDowell U.S.G.S. 7 1/2 minute quadrangle map. The amendment application has been filed for public inspection at the Department for Natural Resources, Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, KY 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Permits, No. 2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601. This is the final advertisement of this application; all comments, objections, or requests for a permit conference must be received within 30 days of this date.

REQUEST FOR BIDS

The City of Wheelwright will be taking sealed bids until January 15, 2008, to lay blocks to build a 26'x40' addition to an existing structure. Will need to pour a 26'x40' floor 4-6" thick. Call 452-4202 or stop by City Hall to get full details.

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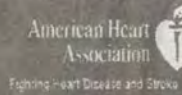
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