

# The Courier

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Volume 81, Issue 136 • 75 Cents

**Miners win home opener**  
— Page B1

**briefs**

**Superintendent interviews underway**

by **KATHY J. PRATER**  
FEATURES EDITOR

PRESTONSBURG — Floyd County Board of Education members began the process of conducting interviews this week with five candidates recommended by the superintendent screening committee for the position of superintendent of Floyd County Schools.

Interviewed on Tuesday, at May Lodge were Dr. Susan E. Compton, a Floyd County native and current superintendent for the Russell Independent Board of Education; Jeffery D. May, current superintendent of Lawrence County schools; Jerry L. Meade, current district achievement gap coordinator for the Kentucky Department of Education; and Henry L. Webb Jr., also a Floyd County native and current director of instruction for Floyd County Schools.

Dr. James A. Kemp, current superintendent of Webster County Schools, will be interviewed today. Jeff Stumbo, chair of the Floyd County Board of Education, reported Tuesday that no final decision will be made during this first round of interviews.

"We may even decide later to interview more candidates," he said. Stumbo said earlier that even though the board had set a goal of making a decision by Dec. 1, that the final decision may be made at a later date.

The Floyd County Board of Education will next meet in regular session on Monday, Nov. 26, at Duff Elementary/Allen Central Middle School, at 6:30 p.m.

**Correction**

An item in last Friday's "For the Record" listed First Guaranty Bank as being sued by Ray Cook. The item should have said that the bank involved as First Guaranty National Bank, doing business as US Bank.

## Commissioner killed in wreck

by **JENNIFER LAWSON**  
STAFF WRITER

DORTON — The Wheelwright Community is mourning the loss of a businessman and city commissioner after he died during a Pike County car accident Saturday morning.

Timothy Hall, 45 of Wheelwright, was pronounced dead after a single-car accident at Dorton. According to Kentucky State Police Post 9, Hall was traveling

northbound on U.S. 23 when his 1999 Lincoln Navigator crossed the median, striking an embankment and overturning.

Hall was pronounced dead at the scene by Pike County Coroner Russell Roberts. The incident remains under investigation by Tpr. Melissa Hampton.

Co-owner of Hall's Supply, Hall also took office as Wheelwright city commissioner Jan. 1. Hall's seat on the commission will be hard to fill, say city officials. "He was a very easy person to work with,"

said Mary Ann Slone, Wheelwright City Clerk. "Tim was just a very special person."

Hall is survived by his wife, Teresa Johnson Hall and son Timothy Matthew Hall, both of Wheelwright, and parents Zenith and Nora Jones, of Bevensville.

Wheelwright City Hall will be closed today in observance of Hall's funeral which will be held at 11 a.m. at Wheelwright Freewill Baptist Church in Bypro, followed by burial at Wid Hall Cemetery in Bevensville.



Timothy Hall

### FOOD, FRIENDS, FUN ... FREE



photo by Kathy J. Prater

Students on the BSCTC-Prestonsburg campus enjoyed a free Thanksgiving dinner, catered by the campus grill staff and provided through a joint effort of the student services and student activities offices. Students on the Pikeville campus were also treated to a free turkey with all the trimmings.

## College gives students free Thanksgiving meal

by **KATHY J. PRATER**  
FEATURES EDITOR

PRESTONSBURG — For some, it may be the only Thanksgiving meal they receive; for others, perhaps a

"warm-up" for the big day to come. But, for all, it was a day for camaraderie and appreciation.

"Free food day — pretty dang awesome," said Big Sandy Community and

Technical College student Justin McKinney, of Salyersville. "I really enjoyed it. Quite a bit, actually."

On Tuesday afternoon, all

(See **MEAL**, page seven)

## May Valley looking to open day care center

by **KATHY J. PRATER**  
FEATURES EDITOR

PRESTONSBURG — The younger they begin learning, the better — so says May Valley Principal Tonya

Williams. As such, Williams appeared before the Floyd County Board of Education on Monday evening to ask their approval of the creation of an early childhood education center to be located on the May

Valley campus. "We see it as a win-win situation," Williams said. "By providing early intervention to the children."

(See **CENTER**, page seven)

## Nurses to meet with W.Va. governor today

by **JENNIFER LAWSON**  
STAFF WRITER

While Appalachian Regional Healthcare officials say they were hopeful that negotiations with the Kentucky and West Virginia Nurses Association Union would progress into the weekend, talks have been stalled as the union has been invited to attend a meeting with West Virginia Gov. Joe Manchin beginning today.

Meeting with a federal mediator Friday afternoon,

James Smith, an attorney representing ARH in the negotiations, said the day consisted of discussions and focused on the patient care issues the union says the strike is about. However, the meeting came to an abrupt end without an agreement.

"We had nothing else to talk about," said Pat Tanner, of the Kentucky and West Virginia Nurses Association. "They left negotiations on the table

(See **STRIKE**, page 13)

## Pictures of minor net 7-year sentence

by **JENNIFER LAWSON**  
STAFF WRITER

PRESTONSBURG — A Johnson County man will serve seven years after police found him in possession of several suggestive pictures of a minor, during a routine traffic stop in Prestonsburg earlier this year.

It was Feb. 28 that Floyd County Sheriff's Deputy Kenneth Prater stopped Brian Gilbert, of Staffordsville, for reckless driving as he was leaving Big Sandy Community and Technical College. During the stop, deputies noticed

several computer discs in the vehicle which were later discovered to contain at least 30 sexually suggestive photos of a minor.

During an investigation and by working with officials from the U.S. Attorney's office, it was later discovered that Gilbert had obtained the pictures from someone out of state using computers at the college. However, the nature of the photos were not provocative enough to qualify it as a federal case.

The computer which Gilbert used at the college

(See **PLEA**, page 13)

### COLORS OF LIFE

## Walz fights illness one day at a time

by **JOSHUA BYERS**  
PUBLISHER

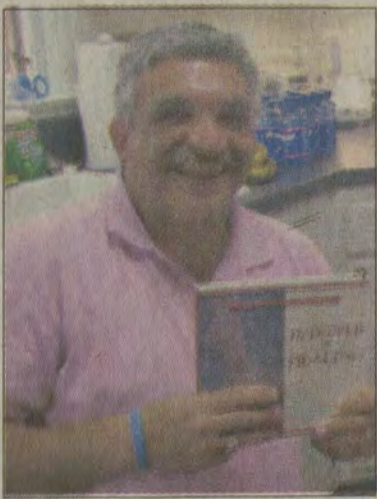
PRESTONSBURG — All Mark Walz thought was that he'd pulled a muscle carrying his youngest child to bed one night after he fell asleep on the couch. But the uncomfortable feeling lingered and became pronounced during a trip to Baltimore to visit his brother.

"I didn't feel like eating," he said. "I thought I had pulled a muscle or had a bladder infection ... You do all of this self-diagnosis and you never think cancer."

Walz, the pastor at First United Methodist Church in Prestonsburg, had just turned 51.

"I dreaded a colonoscopy; I was

(See **WALZ**, page 13)



Mark Walz



For more inspirational stories of survival and perseverance, see our special magazine in today's paper, "Colors of Life."

**inside**

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(3) Country Gravy and Biscuits .....1.99 2 Buttermilk Biscuits and Gravy	(1) Hash Browns or Home Fries (2) Orange Juice or Tomato Juice (3) Country Gravy





# Community Calendar

**Calendar items will be printed as space permits**

**Editor's note:** To announce your community event, you may hand-deliver your item to The Floyd County Times office, located at 263 S. Central Avenue, Prestonsburg; or mail to: The Floyd County Times, P.O. Box 390, Prestonsburg, KY 41653; or fax to 606-886-3603; or email to: [features@floydcountytimes.com](mailto:features@floydcountytimes.com). Information will not be taken over the telephone. All items will be placed on a first-come, first-serve basis as space permits.

**Zebulon Lodge 273 F&AM**  
**Friend-to-Friend dinner, to be held November 29**  
 Past Grand Master Robert W. Davenport will be the speaker at a Friend-to-Friend dinner to be held by Zebulon Lodge 273, F&AM, on Thursday.

November 29, at 6 p.m. Members of the fraternity are encouraged to invite their non-Masonic friends, and their wives, to the dinner.

**Let SNOOP wrap your holiday gifts**

Members of SNOOP (Spay and Neuter Organization of Prestonsburg) will be wrapping Christmas gifts at the Prestonsburg Food City on Saturday, December 1, from noon until 6 p.m. For a less stressful holiday, drop off your gifts, do your shopping and then pick up your wrapped packages! The cost is a donation to SNOOP which will be used to provide spay and neuter certificates to local low income families. •

**Small steps to health and wealth!**

Where: BSCTC  
 Prestonsburg Campus  
 When: November 15, 20, & 29  
 December 6, 13, & 20  
 Time: 12-1 p.m., (Bring your brown bag lunch, if desired.)

Cost: \$6.00 (make check payable to Floyd County Extension)  
 Contact: Theresa Scott at 886-2668, or Kelly Adam at 886-3863, to register.

**BSCTC Relay for Life Christmas Bazaar**

The Big Sandy Community and Technical College (BSCTC) Relay for Life Team is hosting a Christmas Bazaar at the Mountain Arts Center, Hal Rogers Drive, Prestonsburg, November 24, from 9:00 a.m. to 5:00 p.m. Registration deadline is November 16. Doors will open for vendors on Saturday morning at 8:00 a.m. Space donations are \$25.00. For more information about this event, contact Della Pack at [della.pack@kctcs.edu](mailto:della.pack@kctcs.edu) or call 606-886-7343.

**Christmas Bazaar**

The City of Martin will host a Christmas Bazaar on Saturday, December 1, from 9 a.m. to 5 p.m., in the gymnasium at the Opportunities Unlimited School. The bazaar will feature arts/crafts, baskets, candles, purses, and baked goods. For more information contact Martin City Hall at 285-9335.

**MAC looking for military pics**

The Mountain Arts Center is looking for pictures that have been sent home from loved ones who are currently serving overseas - military personnel in such places as Iraq, Afghanistan, and Korea - those serving our country in some capacity during the upcoming holiday season. Photos may be emailed (Jpeg) to [ann@macarts.com](mailto:ann@macarts.com), or mailed to: G. Ann Lafferty, Marketing Director, Mountain Arts Center, 50 Hal Rogers Drive, Prestonsburg, KY 41653. Send along a stamped, self addressed envelope and your photos will be returned. Pictures will be used as part of a slideshow during a special song presentation during the KY Opry Christmas show.

**(NASW) Kentucky Chapter to hold meeting, November 26**

The National Association of Social Workers (NASW) Kentucky Chapter recently revised the Eastern Kentucky Chapter and has begun to work in the area to stimulate membership and networking. Further, the NASW State Board Chair, Dr. Ed Wunsch, recently announced the Eastern Kentucky Initiative, designed to re-energize the Eastern Kentucky Chapter. Whether you are an active NASW member or not, you are invited to attend the next East Kentucky Chapter meeting. It will be held on Monday, November 26, at 6 p.m. (with refreshments served as 5:30 p.m.) in the Post Secondary Education Building on the campus of Big Sandy Community and Technical College, Prestonsburg, Room 135. Please contact Deirdra Robinson, East Kentucky Chapter Chair, at 606-233-3400 for more details.

**Thanksgiving gospel singing**  
 Featuring: Michael Combs, The Barrett Family, Singing Cookes and Cooke Brothers  
 Friday, November 23rd—7 p.m., at South Laurel High School gym in London. For tickets or more information, you may call 606-598-9265.

**Recipes are Wanted for PHS Cookbook**

Prestonsburg High School Senior Class would like to invite alumni, parents, and community members to contribute favorite recipes for a cookbook. We will gather recipes, print them with contributors' name, and create a cookbook for all to purchase and enjoy. Please submit recipes to Karen DeRossett or Sharon Vaughan at 825 Blackcat Boulevard, Prestonsburg, KY 41653.

**Democratic Woman's Club meets at Floyd Co. Library**

The Floyd County Democratic Woman's Club meets regularly on the 2nd Monday of the month at 6:00 p.m., at the Floyd County Library.

**Hope in the Mountains**  
 Hope in the Mountains will host public meetings on Mondays, at 9 a.m., at the junction of U.S. 23 and Rt. 80, on Watergap Rd., behind the Trimble Chapel Church. Meetings focus will be to offer information in regard to community resources available to women seeking freedom from drug abuse. Family members are also welcome to attend. The Hope initiative proposes to help women break free from addictive lifestyles to become self-respecting contributing members of society. Call 874-2008 or 788-1006 for more information.

**Prestonsburg Rotary Club**

Prestonsburg Rotary Club meets, 12 noon to 1 p.m., at Made From Scratch Restaurant, 1566 North Lake Drive. For additional information, contact

(See CALENDAR, page five)

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 Cinema 2—Held Over  
 FRED CLAU (PG), Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.  
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**11/23/07 - 11/29/07**  
 Cinema 1—Starts Wed., 11/21  
 THIS CHRISTMAS (PG13), Mon.-Sun., 6:55-9:30; Fri. (4:30) 6:55-9:30; Sat.-Sun. (1:55-4:30) 6:55-9:30.  
 Cinema 2—Starts Wed., 11/21  
 AUGUST RUSH (PG13), Mon.-Sun. 7:05-9:30; Fri. (4:30) 7:05-9:30; Sat.-Sun. (2:05-4:30) 7:05-9:30.  
 Cinema 3—Held Over  
 BEOWULF (PG13), Mon.-Sun. 6:55-9:15; Fri. (4:15) 6:55-9:15; Sat.-Sun. (1:55-4:15) 6:55-9:15.  
 Cinema 4—Held Over  
 BEE MOVIE (PG), Mon.-Sun. 7:10-9:20; Fri. (4:20) 7:10-9:20; Sat.-Sun. (2:10-4:20) 7:10-9:20.  
 Cinema 5—Held Over  
 MR. MAGORIUM'S WONDER EMPORIUM (G), Mon.-Sun. 7:10-9:20; Fri. (4:20) 7:10-9:20; Sat.-Sun. (2:10-4:20) 7:10-9:20.  
 Cinema 6—Held Over  
 FRED CLAU (PG), Mon.-Sun. 7:00-9:25; Fri. (4:25) 7:00-9:25; Sat.-Sun. (2:00-4:25) 7:00-9:25.  
 Cinema 7—Starts Wed., 11/21  
 ENCHANTED (PG), Mon.-Sun. 7:00-9:25; Fri. (4:25) 7:00-9:25; Sat.-Sun. (2:00-4:25) 7:00-9:25.  
 Cinema 8—Starts Wed., 11/21  
 THE MIST (R), Mon.-Sun. 6:50-9:25; Fri. (4:25) 6:50-9:25; Sat.-Sun. (1:50-4:25) 6:50-9:25.  
 Cinema 9—Starts Wed., 11/21  
 HITMAN (R), Mon.-Sun. 7:05-9:15; Fri. (4:15) 7:05-9:15; Sat.-Sun. (2:05-4:15) 7:05-9:15.  
 Cinema 10—Held Over  
 DAN IN REAL LIFE (PG13), Mon.-Sun. 6:45; Fri. (4:30) 6:45; Sat.-Sun. (4:30) 6:45.  
 AMERICAN GANGSTER (R), Mon.-Sun. 8:30; Fri. 8:30; Sat.-Sun. (1:30) 8:30

**Nicole Turns Eight**



Tamara Rayelynn "Nicole" Burchett turned eight on November 18th. Nicole celebrated her 8th birthday at Pin Zone Bowling Alley of Prestonsburg. She enjoyed and celebrated her birthday with many family members and friends. Her party theme was "High School Musical."

Nicole wants to tell everyone who made her birthday a special one, "THANK YOU!" She is the daughter of Jon and Kim Burchett of Slickrock; the granddaughter of Kenny and Imogene Robinson of Martin; and Eddie Burchett, and the late Tamara Ann Burchett of Slickrock. She is also the great-granddaughter of Josephine Scarberry, and the late Junior Scarberry of Langley; and also the late Sam and Ella Robinson of Martin.

**The Floyd County Animal Shelter PET OF THE WEEK**



Russel is a Jack Russel Terrier mix and is about three pounds and 12 weeks old.

The Floyd County Animal Shelter is located at Sally Stephens Branch in West Prestonsburg  
 Phone 886-3189

**If you have any information on a quilt made by Sheila Amburgey for her grandson, Weston, please call 886-6760 or 477-0783.**

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# Viewpoint

Worth Repeating ...

"Speak out in acts; the time for words has passed, and only deeds will suffice."

— John Greenleaf Whittier

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

## Guest View

### Lapdog, not watchdog

It's time to recall Nancy Nord.

The acting chief of the Consumer Product Safety Commission was weak-kneed in dealing with a series of recalls of tainted products made overseas last summer. And she has acknowledged accepting free trips worth thousands of dollars from the very industries she is supposed to be watching.

Nord and her predecessor, Hal Stratton, claim they were sharing information with industry leaders about commission priorities and discussing toy safety. They defend their trips as a way to stay in contact with manufacturers and to hear their concerns.

Haven't they heard of the telephone? E-mail? Teleconferencing?

The Washington Post reported that records showed nearly 30 trips since 2002 by Nord and Stratton that were paid for in full or in part by trade associations or manufacturers of products ranging from space heaters to disinfectants.

Perhaps we'd be more forgiving if Nord was doing a bang-up job as acting chairman. But she was slow to react to the spate of problems with toys and other products imported from China. And the scares keep coming: last month, fake Halloween teeth tainted with lead; last week, a toy contaminated with the date-rape drug.

Nord can't be blamed for the inability of the Chinese to police themselves. But she even opposed a measure that would have added staff to the commission. She opposes provisions in the bill that would extend protections to whistle-blowers and make it easier for the government to make public reports of shoddy products.

We'd agree with the assessment offered by Ann Brown, who chaired the commission during the Clinton administration:

"Acting Chairman Nord is totally wrongheaded in her approach. She's forgotten that it's the Consumer Product Safety Commission, not the Business Product Safety Commission."

— Milwaukee Journal Sentinel



"Forget about the sports memorabilia ... I want your help getting back my stuff that was used as evidence against me in the first trial."



## Guest Column

### Pikeville medical school helping address Kentucky's 'doctor drought'

by BOYD R. BUSER, D.O.

Thank you to the Kentucky Institute of Medicine (KIOM) and the media for recent reports about the shortage of physicians in Kentucky. The Comprehensive Statewide Physician Workforce Study prepared by the KIOM Task Force presents compelling evidence regarding this problem. I encourage your readers to visit the Web site of the KIOM at [www.kiom.org](http://www.kiom.org) and read the entire report. Very few issues are as important as this one in terms of impact on the future of Kentucky's economy and quality of life.

Fortunately, there is some good news to report, as a special medical school in the mountains of East Kentucky has been making significant progress on this problem. The Pikeville College School of Osteopathic Medicine has been working for the last 10 years to help alleviate the shortage of primary care physicians in rural Kentucky.

Osteopathic medicine (D.O.), like allopathic medicine (M.D.), provides fully-qualified and licensed physicians who serve in a variety of settings, from family practice in small towns to specialists at the largest hospitals and research institutions. Osteopathic medicine's overall philosophy, however, tends to attract students who are more interested in primary care, which is the greatest need in rural Kentucky and Central Appalachia. As noted in the Task Force report, D.O.'s are more likely than M.D.'s to select family practice as a specialty (46 percent vs. 11 percent) and to practice in rural areas (18.1 percent vs. 11.5 percent).

The Pikeville College School of Osteopathic Medicine (PCSOM) opened in the fall of 1997, accepting 60 students in its first class. The school has trained more than 400 physicians in the first seven graduating classes. And, with early success, enrollment has subsequently been raised to 75 per class, so 300 students are currently engaged in study to become osteopathic physicians.

The establishment of this new medical school was the result of the hard work of a number of visionary



Dr. Boyd Buser

leaders, including Governor Paul Patton, Burlin Coleman and the founding dean, the late Dr. John Strosnider, as well as the extraordinary generosity of Paintsville attorney G. Chad Perry and others.

The mission of PCSOM is to recruit students primarily from rural Kentucky and Central Appalachia, train them in rural Kentucky and Central Appalachia, and encourage them to stay in the region to serve their neighbors. As planned, many of the physicians have in fact stayed in the region after completing their study. Approximately 150 of the 400 new physicians have finished their residence requirements and started practicing medicine. Since the first graduates of PCSOM entered practice in 2004, more than 60 new physicians have opened offices within a two-hour drive of Pikeville. Several more have located in rural communities in Western Kentucky and throughout Appalachia. Approximately 90 percent of PCSOM graduates are working in primary care; and 80 percent have located in medically underserved areas.

Importantly, our students and alumni are receiving high praise from the physicians and healthcare administrators with whom they work. PCSOM students and alumni stand out for their commitment and care for patients as "whole" persons.

One great asset for keeping these physicians in Kentucky has been a program established by the Kentucky General Assembly, which provides a student loan program that includes forgiveness for each year Kentucky residents remain in Kentucky and practice after finishing their medical study. This modest investment of a little over a million dollars of coal sev-

erance tax funds each year is helping many physicians stay in rural Kentucky. We certainly believe it is a wise investment of the taxpayers' resources.

A new physician's impact on the quality of life and economy of a small town in Kentucky is tremendous. Researchers say a new physician has a \$2 million annual economic impact, creating 16 to 25 new jobs and providing \$1.5 million in new income for their referring hospital. One need look no further than the significant growth and expanded quality services at the Pikeville Medical Center and other hospitals and medical centers in the region over the last few years to see the economic impact of the new physicians. By forging strong partnerships with healthcare professionals in Pikeville and across East Kentucky, we have helped create a new region where quality healthcare is readily available. As a result of these partnerships, the economy has been strengthened by the creation of hundreds of new high-paying jobs.

We realize there is much more work to be done to provide an adequate number of primary care physicians for rural Kentucky and Central Appalachia. We are working daily with the University of Kentucky, the University of Louisville, other medical schools, hospitals and medical centers throughout Kentucky and Appalachia, to help fill this need. We know the Pikeville model works, and other medical schools — from Blacksburg, Virginia to Yakima, Washington — are following our example.

We applaud the work of the Kentucky Institute of Medicine's Task Force in preparing the Comprehensive Statewide Physician Workforce Study, and we endorse the recommendations contained in the report. We hope policy leaders in our Commonwealth will continue to support this effort as we move forward together with our programs. While we still have much work to be done, we are certainly making a solid contribution toward reducing the predicted "Doctor Drought" in rural Kentucky and Central Appalachia.

□□□

Dr. Boyd Buser is currently serving as dean of the Pikeville College School of Osteopathic Medicine. He has previously served as associate dean for Clinical Affairs at the University of New England College of Osteopathic Medicine (UNECOM) in Biddeford, Maine, where he has also served as interim dean.

## Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objection-

able. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

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Calendar

Continued from p3

Chris Daniel, 886-7354, or Tommie Layne, 886-2321, ext. 1297.

UNITE

The UNITE coalition of Floyd County will meet on the SECOND Monday of each month, at 5:30 p.m., at the New Allen Baptist Church. All interested persons welcome to join UNITE's fight against drugs.

•"Living Free" - A support group sponsored by the Floyd County UNITE Coalition. Group will meet weekly at the old Allen Baptist Church, on US 23 N., between Allen and Banner, on Tuesdays, at 1:15 p.m.

Living Free is a faith-based 12-step support group open to all who are searching for recovery. There is no fee to attend. For more info., contact Shirley Combs at 874-3388 or 434-8400.

'Earn While You Learn'

The Big Sandy Area C.A.P. office is taking applications for its "Senior Training Program." You must be 55 or older to apply. In Floyd, call 886-2929; Johnson, call 789-6515; Magoffin, call 349-2217; Pike, call 432-2775; and in Lawrence, call 638-4067.

diploma by demonstrating skills learned on the job or in raising a family. Flexible scheduling is provided and confidentiality maintained. Classes are held at the Carl D. Perkins Rehabilitation Center, in Thelma, Mon. thru Fri., with evening classes on Thursday. EDP classes are also held at the Mullins Learning Center, in Pikeville, on Tuesdays, from 4:30-8:30 p.m. Contact Andy Jones at 606-788-7080, or 800-443-2187, ext. 186, or Linda Bell, at ext. 160 to make an appointment.

GED classes are also available.

**Floyd County Extension Homemaker Club Meetings**  
Allen: 1st Monday, 11 a.m., at Christ United Methodist Church Fellowship Hall.

Dixie: 3rd Thursday, 12:30 p.m., Dixie Community Room.

David: 1st Monday, 1 p.m., at St. Vincent's Mission.

Martin: 1st Tuesday, 6 p.m., Martin Church of Christ.

Maytown: 3rd Thursday, 6 p.m., Maytown Learning Center.

Cliff: 3rd Tuesday, 12 p.m., Community Center.

Prestonsburg: 2nd Tuesday, 10:30 a.m., Extension Office.

South Prestonsburg: 3rd Tuesday, 7 p.m., Home of members (call 886-2668 for info.)

Left Beaver: 2nd Tuesday, 10:30 a.m., Osborne Elem. School Library.

Special interest groups:  
Nimble Thimble Quilt Guild: 1st/3rd Wednesdays, 10 a.m. to 2 p.m., Extension Office.

Newbees Quilt Group: 4th Thursday, 6 p.m., Extension Office. (The Newbees do not

meet during the months of January and February.)

Looking for a Support Group?

•Floyd County Alzheimer's Support Group meets regularly at Riverview Manor Healthcare Center. Call the center for meeting times.

•Domestic Violence Support Group - The Big Sandy Family Abuse Center holds meetings

each Wednesday from 5:30 to 6:30 p.m. The meetings are free of charge. Call Jessica Slone at 886-6025 for more information.

•Overeater's Anonymous - Meetings held each Wednesday at 6:30 p.m., at the old Allen Baptist Church, located in Allen, just past red light. Call 889-9620 for more info.

•US TOO! Prostate Cancer Survivors Support Group - For all men with prostate cancer and

their families. Group meets the 3rd Thursday of each month, at 6 p.m., at the Ramada Inn, Paintsville.

•Community Weight Loss Support Group - Meets Thursday's at 6:30 p.m., at the Martin Community Center. For more info., call 377-6658. Those who have had gastric bypass surgery most especially

(See CALENDAR, page six)

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**Senior employment program**  
Are you a senior citizen on a fixed income struggling with soaring medical bills and living expenses? Could you use some extra spending money but don't know how to get back into the workforce?

If you are at least age 55, the Senior Community Service Employment Program (SCSEP) may be able to help. Earn extra money, learn new skills, and help your community at the same time! To find out more, call: 886-2929

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**'07 Chevy Silverado:**  
4x4, Crew Cab, Sharp!



**'06 Mitsubishi Eclipse:**  
Alloys, Rockford Fosgate Stereo, Sunroof, Sharp!



**'07 Jeep Grand Cherokee:**  
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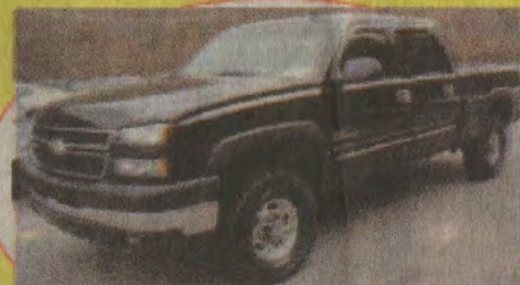
**'05 Hummer H2:**  
Sunroof, Leather, Alloys, Low Miles, Sharp!



**'07 HHR:**  
Auto, AC, T-Top, Chrome Trim, Leather, Sunroof, 100,000 Miles, Fuel Warranty!



**'01 Chevy ZR2 X-Cab:**  
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**'06 Chevy 2500 HD Duramax:**  
Crew Cab, 4x4, Low Miles!



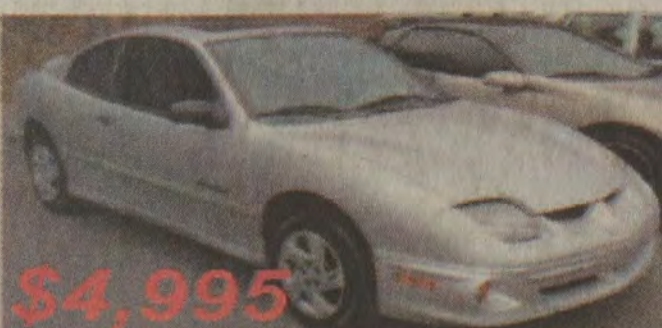
**'05 Chevy Trailblazer LT:**  
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**'00 Chevy Camaro Z28:**  
Auto., T-Tops, V8, Local Trade, Loaded!

**Obituaries**

Continued from p2

homemaker, and a member of the Little Rosa Old Regular Baptist Church.

She was preceded in death by her husband, Millard Moore.

Survivors include a daughter and son-in-law, Thelma and Edward Ray Moore of McDowell; two grandchildren: Ernie (Rita) Moore and Tammy (Phillip) Ratliff; two great-grandchildren: Monica Lance and Peyton Ratliff; and two great-great-grandchildren: Courtney Christina Moore and Ethan Christopher Jason Lance.

In addition to her parents and husband, she was preceded in death by three brothers: Curtis Newsome, Edward Newsome, and Ray Moore; two sisters: Hazel Hunter and

Lillie Mae Newsome; and a great-grandchild, Ernie Christopher Moore.

Funeral services were held Monday, November 19, at 11 a.m., at the Little Rosa Old Regular Baptist Church, with Old Regular Baptist ministers officiating.

Burial was in the Lucy Hall Cemetery, in McDowell, under the direction of Nelson-Frazier Funeral Home, in Martin.

Visitation was at the church. [www.nelsonfrazierfuneral-home.com](http://www.nelsonfrazierfuneral-home.com)

(Paid obituary)

**James Calvin "Bub" Reynolds**

James Calvin "Bub" Reynolds, age 62, of Ligon, husband of Sandra Ann Osborne Reynolds, passed

away Wednesday, November 14, 2007, at his residence.

He was born September 19, 1945, in Ligon, the son of Mertie Newsome Reynolds of Ligon, and the late Effort Reynolds. He was a truck driver for T & T Equipment and attended Rock Fork Regular Baptist Church, in Garrett.

Survivors include his wife and mother; a daughter, Lesa Gaye Reynolds Shepherd of Ligon; a sister, Freda Hayes of Burgin; and a granddaughter, Andrea LaShae Shepherd.

In addition to his father, he was preceded in death by a brother, Billy Gene Reynolds and a sister, Faye Reynolds Kemp.

Funeral services were conducted Saturday, November 17, at noon, at the Rock Fork Regular Baptist Church, in Garrett, with Clergymen Earl Slone, Jerry Manns and Willie Crace, Jr. officiating.

Burial was in the Reynolds Cemetery, in Ligon, under the direction of Hall Funeral

Home, in Martin.

Visitation was after 5 p.m., Thursday, at the funeral home and after 1 p.m., Friday, at the church.

(Paid obituary)

□□□

**Lee Roy Ross**

Lee Roy Ross, age 44, of Harold, husband of Dianna Justice Ross, passed away Sunday, November 18, 2007, in the Pikeville Medical Center.

He was born November 10, 1963, in Morganton, North Carolina, the son of William

Raymond Ross of Sneeds Ferry, North Carolina, and his mother, Mary Alice Shuffler Hagans of Nebo, North Carolina. He was a member of the Upper Toler Church of Christ, in Harold, and was a carpenter.

In addition to his wife and parents, survivors include two sons: Jacob Lee Ross and Nathan Alexander Ross, both of Harold; a daughter, Lauren Casey Ross of Harold; a brother, William Wesley Ross of Nebo, North Carolina; his stepmother, Emmelene Ross

of Sneeds Ferry, North Carolina, and stepfather, Dennis Allen Hogan of Nebo, North Carolina.

Funeral services for Lee Roy Ross will be conducted Wednesday, November 21, at 1:30 p.m., at the Hall Funeral Home Chapel, in Martin, with Clergyman Tommy Bush officiating.

Burial will follow in the Justice Cemetery, in Harold, under the professional care of the Hall Funeral Home.

Visitation is at the funeral home.

(Paid obituary)

**Calendar**

Continued from p5

welcome to attend. Meetings being offered as support to anyone needing extra support in dealing with weight loss.

•A.S.K. (Adoption Support for Kentucky) - Support group for all adoptive parents (public, private, international, and kinship care), foster parents and all others interested in adoption. To be held the first Monday of each month, at the Department for Community Based Services office, 1009 North Lake Drive, Prestonsburg, from 6-8 p.m. Childcare will not be provided. For more information, contact Dedra Slone, adoptive parent

liaison, at 432-4110 or 422-7927, or email to: [doslone@eastky.net](mailto:doslone@eastky.net).

•East Kentucky S.T.A.R.S. Homeschoolers - Will hold monthly meetings at the Paintsville Recreation Center. For more information, call Trudy at 889-9333, or 297-5147. Everyone welcome.

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**Downtown Prestonsburg Christmas Parade**  
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Events include:

- All float entries will be covered in Christmas Lights! Prizes for best floats!
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# Plea deal brings 15-year sentence for trafficking

by JENNIFER LAWSON  
STAFF WRITER

PRESTONSBURG — One of the longest drug trafficking sentences as the result of a plea agreement was recommended Friday for a Martin man.

It was in June that Millard Ray Conn, 58, of Arkansas Creek, was indicted on two counts of first-degree trafficking in a controlled substance. According to Commonwealth's

Attorney Brent Turner, on Jan. 4, an informant purchased six methadone tablets for \$60, and on Feb. 27 purchased .26 grams of cocaine for \$50.

Conn is a persistent felony offender and was received a 10-year sentence in 2002 for trafficking charges but was released on parole before completion.

Conn pleaded guilty to the trafficking charges Friday in Floyd Circuit Court in exchange for a 15-year sentence, which Turner

will recommend to the parole board that he serve to completion.

"I hope the parole board will take his drug trafficking charges more seriously," said Turner. "There should be some distinction made between him, who has a record, and someone who doesn't."

A final sentencing will be held on Dec. 14.

In a separate case, an eight-year sentence was recommended for Jimmy Spears, who pleaded guilty to both drug trafficking and drug

possession charges.

According to Turner, undercover Kentucky State Police officers purchased cocaine from Spears and he was indicted on the charges in June.

It was recommended that Spears receive an eight-year sentence for the trafficking charge and three years for possession. However, the sentences will run concurrently.

A final sentencing will be held for Spears Dec. 21.

## Meal

BSCTC students, on both the Prestonsburg and Pikeville campuses, were treated to a Thanksgiving meal of turkey and dressing and all the trimmings.

"It's our way of letting our students know that we appreciate them," said Billie Jean Cole, associate dean of student affairs.

"It was a lot of work," said Nellie Baldwin, manager of

the campus grill, "but it was worth it, to do it for the students. We baked 28 turkeys and we cooked for two days. We put in some long hours, but we've enjoyed doing it."

"On a day dedicated to giving thanks of what you already have, it's good to have the college promoting these values," said BSCTC student Shane Spencer.

The students were served,

from 11 a.m. to 2 p.m., by college staff and personnel. Many took advantage of the unseasonably warm weather to enjoy their meals outside, while others made merry with friends at specially decorated tables set up in the campus atrium.

In addition to Cole, Baldwin and the kitchen staff, others helping to make the project a success included

Vera Joiner, director of student activities; Melinda Justice, director of student services; and Jeff Hicks, counselor/assistant professor.

Summing up the day of free food and fun in one word, was student Jordan Williams, of

Lancer, who gave the "thumbs up" sign and had only this to say when asked what he thought about the event: "Yay!"

The BSCTC staff plan to continue the event on an annual basis. "We think our stu-

dents are worth it," said Bobby McCool, chief institutional officer for the school.

Continued from p1

## Center

The center, which will serve 20 3- and 4-year-old children, will be funded by parents willing to pay a daily fee of \$18 that will pay the salaries of an associate teacher and one assistant. Williams said that she expects the center to serve families who are already paying childcare costs that are interested in having their children receive age-appropriate early childhood education through enrollment at the May Valley center.

"High quality early childhood education benefits children, we already know that," she said. Studies have shown, according to Williams, that short-term effects include gains in IQ scores as well as improved social behavior, higher language skills, and better scores on pre-reading and pre-math achievement tests. Long-term effects include higher scores on academic achievement tests.

greater high school graduation rates, and less grade retention or placement in special education.

"I see this as win-win," said interim Supt. Ronald Fentress, "there will be no cost to the school district, no cost to the taxpayers. I see it as a good thing."

Children enrolled in the early childhood education center will be provided lunch and snack each day and will be housed in a room in the May Valley building, as

approved by the state fire marshal. Children will attend classes five days a week and will be able to have their needs met from 7:30 a.m. until 4:30 p.m. by center staff.

The center will open on Jan. 2, as approved by board members Monday night at a meeting held at Prestonsburg Elementary School.

Board member Sherry Robinson was absent from the meeting.

Continued from p1

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It is impossible for Registered Nurses at ARH Hospitals to provide the quality of care you and your family deserve because of the unsafe staffing levels and mandatory overtime policies that currently exist there.

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BUSINESS & PROFESSIONS

# Landmark downtown building gains new life as art gallery



photo by Jennifer Lawson

Having a passion for art all of her life, Sandra Marcum is finally making her dream come true.

by JENNIFER LAWSON  
STAFF WRITER

PRESTONSBURG — In hopes of catering to every artistic taste, Black Ridge Gallery is now open for business.

Being a professional artist for over 10 years, Sandra Lee Kansas Marcum has always dreamed of having her own gallery featuring work of artists near and far. Aspiring to make that dream a reality, she has come to downtown Prestonsburg to open.

Located inside the old Harkins Law Office building, the interior of the building retains its charm from its early days in the 1910s including an original cast iron safe which will soon be transformed into a display.

Originally from Wayne County, W.Va., Marcum said she wanted a classic small town to call her own.

"I knew this was a great town because there are generations of people here," said Marcum. "And this is still kind of close to my family and church."

Though Marcum said she is gifted in any medium of art, most of her work is focused on

paintings in oil and acrylics.

"I think it's best to just learn what you can do and pick one thing to be successful at," said Marcum.

Working closely with clients on custom projects, she creates unique pieces including portraits and furniture. Marcum also works with designers providing original art and corresponds with agents to recruit artwork from all over the country.

Whether it be an original painting portraying a coal mine, featuring pieces of real coal, still life or abstract, Marcum said she

draws inspiration from everywhere.

"I do not have boundaries when I paint," she said. "I want to be inspired by what I see or what I can imagine."

The gallery, located at 107 South Arnold Avenue, is open Wednesday, Thursday and Friday from 10 a.m. to 7 p.m. and Saturday noon to 5 p.m. Sunday, Monday and Tuesdays are by appointment only.

For more information, to schedule an appointment or order a custom piece, call (606) 886-8004.

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# Food City pharmacy to offer free amoxicillin prescriptions

ABINGDON, Va. — Company officials recently announced that Food City Pharmacy would once again be filling Amoxicillin prescriptions free of charge. This marks the sixth year that Food City has offered this valuable money-saving service to their pharmacy customers.

"Food City was fortunate to be able to provide several thousand customers with the flu vaccine this year, and we're now happy to be able to offer the added convenience of free Amoxicillin prescriptions for the sixth straight winter," stated Don Clark, vice president of pharmacy operations.

Beginning Friday, Nov. 23, and continue through Feb. 29, when a doctor writes a prescription for Amoxicillin bring your prescription to your neighborhood Food City Pharmacy. Amoxicillin suspensions, capsules or chewable tablets will be filled free of charge. Customers should make sure their prescriptions are not for Amoxil 875mg and

400 mg strength or Amoxicillin in combination with other active ingredients since those dosages are not part of the promotion. The free Amoxicillin is limited to a 10-day supply.

"Food City takes pride in serving our community. We felt that we needed to do something to assist citizens with the high costs of their medications, by providing a popularly prescribed antibiotic like Amoxicillin free of charge," commented Steve Smith, Food City president and chief executive officer.

Traditional antibiotics like Amoxicillin must be prescribed by an appropriate health care provider and are for the treatment of Bacterial Infections. They are not appropriate for the treatment of viral infections, such as the Flu.

Inappropriate use of antibiotics can lead to resistant strains of bacteria. Please see your physician for appropriate medications to treat your symptoms.

Headquartered in Abingdon, Va., K-VA-T Food Stores, Inc. currently operates 94 retail food outlets and 66 Food City Pharmacies throughout the tri-state regions

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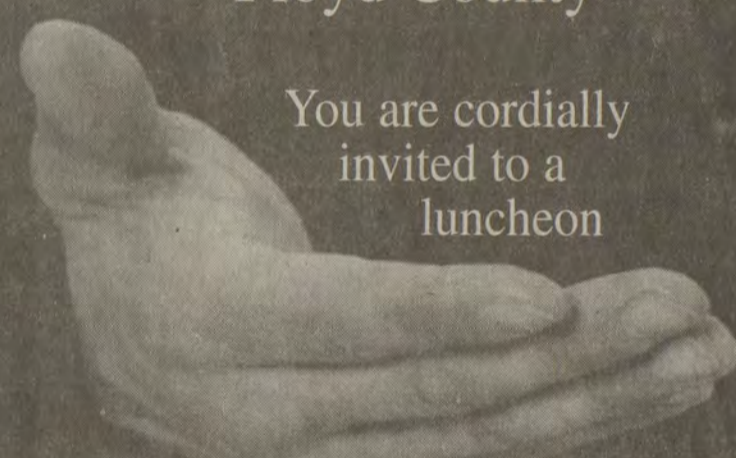
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BUSINESS & PROFESSIONS

# State unemployment rate down in October

FRANKFORT — Kentucky's seasonally adjusted unemployment rate fell from 6.1 percent in September 2007 to 5.6 percent in October 2007, according to the Office of Employment and Training (OET), an agency of the Kentucky Education Cabinet. October 2006's jobless rate was 5.7 percent.

The U.S. seasonally adjusted jobless rate remained at 4.7 percent from September 2007 to October 2007, according to the U.S. Department of Labor.

Four of the 11 major nonfarm job North American Industry Classification System (NAICS) sectors reported employment increases in October 2007, while six decreased, and one was unchanged, according to OET. A decrease of 100 jobs in October 2007 brought Kentucky's nonfarm employment to a seasonally adjusted total of 1,856,500. Since October 2006, Kentucky's nonfarm employment has increased by 12,500.

According to the seasonally adjusted employment data, the government sector, which includes public education, added 1,900 jobs in October 2007. Since October 2006, this sector has risen by 4,000 jobs.

The financial activities sector grew by 400 jobs in October 2007. This segment, which includes businesses involved in finance, insurance, real estate and property leasing or rental, has added 1,700 jobs over the past 12 months.

"The financial activities sector gained overall; however, real estate and rental busi-

nesses lost 100 jobs in October 2007. This employment decrease is reflective of weakness in the housing market and the credit crunch. Both of these factors act to reduce mortgage and home-equity loan applications," said Justine Detzel, OET chief labor market analyst.

The employment figure in the natural resources and mining sector rose by 300 jobs from September 2007 to October 2007. Since October 2006, the segment has risen by 600 jobs.

The state's other services sector, which includes such establishments as repair and maintenance businesses, personal and laundry services, religious organizations, and civic and professional organizations, gained 300 jobs in October 2007. This area had 900 more jobs in October 2007 than in October 2006.

The number of jobs in the professional and business services sector was unchanged from September 2007 to October 2007. This area had 3,900 more employees in October 2007 than in October 2006. The professional and business services sector includes professional, scientific and technical services, management of companies and administrative and support management, including temporary help agencies.

Kentucky's educational and health services sector decreased by 1,000 jobs in October 2007. Since last October, this segment has gained 2,500 jobs. This sector includes private and nonprofit

establishments that provide either education and training, or health care and social assistance to their clients.

"The majority of job losses in the educational and health services sector occurred in health care and social assistance businesses and primarily resulted from a strike at a major hospital chain," Detzel said.

The manufacturing sector recorded 800 fewer jobs in October 2007 compared to September 2007. Compared to October 2006, jobs in the sector were down by 4,200 in October 2007.

"Both the durable and non-durable goods subsectors of the manufacturing sector experienced employment losses, but the majority of the decline was in non-durable goods such as clothing. In an effort to make ends meet, consumers are cutting spending on non-necessities to compensate for rising energy prices," Detzel said.

The construction sector declined by 600 positions in October 2007. Since October 2006, employment in this job area has gone up by 700.

The leisure and hospitality sector lost 300 jobs in October 2007. Since October 2006, employment in the sector has increased by 1,700 positions. The leisure and hospitality sector includes arts, entertainment, recreation, accommodations, and food services and drinking places industries.

"The decline in leisure and hospitality employment is reflective of consumers cutting discretionary spending in

response to the credit crunch, housing slump and rising energy prices," said Detzel.

Kentucky's trade, transportation and utilities sector had 200 fewer jobs in October 2007. This area includes retail and wholesale trade, transportation and warehousing businesses, and utilities, and is the largest sector in Kentucky with 378,500 employees. Since October 2006, the number of jobs in this sector has increased by 400.

The information sector reported 100 fewer jobs in October 2007. This segment, which includes firms involved in publishing, Internet activities, and broadcasting and news syndication, had 300 more jobs in October 2007 than a year ago.

Unemployment statistics are based on estimates and are compiled to measure trends rather than actually to count people working.

The U.S. Bureau of Labor Statistics' monthly estimate of the number of employed Kentuckians for October 2007 was 1,944,093 on a seasonally adjusted basis. This figure is down 1,137 from the 1,945,230 employed in

September 2007, but up 11,030 from the 1,933,063 employed in October 2006.

The monthly estimate of the number of unemployed Kentuckians for October 2007 was 116,407, down 9,222 from the 125,629 Kentuckians unemployed in September 2007, and up 446 from the 115,961 unemployed in

October 2006.

The monthly estimate of the number of Kentuckians in the civilian labor force for October 2007 was 2,060,500. This figure is down 10,359 from the 2,070,859 recorded in September 2007, but up 11,476 from the 2,049,024 recorded for October 2006.

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## Food City Fuel and Pharmacy Bucks back by popular demand

ABINGDON, Va. — As fuel prices continue to climb, Food City officials recently announced the return of their highly successful Fuel Bucks saving program to locations throughout their market area.

Beginning Nov. 23 and continuing through December 15, Food City ValuCard shoppers will have two ways to earn fuel/pharmacy bucks. For every \$10 in Food City store brand purchases (which include the Food City, Food Club, Full Circle, Paws, ValuTime, Top Care, Academix, Domestic, Electrix, Easy Clix, World Classics and Dining-In family of products) in a single shopping trip, shoppers will receive a \$1 fuel/pharmacy buck.

On top of that, shoppers will also receive a bonus \$1 fuel/pharmacy buck each time they purchase one of several bonus items, which will rotate on a weekly basis. Bonus items will be identified in

Food City's weekly newspaper insert.

For example, a \$50 purchase of Food City store brand products which included three bonus items would result in \$8 in fuel/pharmacy bucks to the shopper.

Fuel/pharmacy bucks will automatically dispense at the checkout at the conclusion of each shopping trip, and customers can redeem fuel/pharmacy bucks at any Food City Gas 'N Go or Food City Pharmacy location before Dec. 29. To redeem the vouchers, customers should present their fuel/pharmacy bucks to the Gas 'N Go or Pharmacy cashier along with their ValuCard when making fuel or pharmacy purchases and their order total will be reduced accordingly. Some pharmacy restrictions apply and customers should see their pharmacist for details. The campaign does not include the purchase of videos, gift cards, cigarettes or alcohol and

select Food City Fresh meat, produce and deli items are also excluded. And each fuel/pharmacy buck can only be used at either the fuel center or the pharmacy, but not both.

"As rising fuel prices continue to present a challenge for the family budget and place additional strains on food expenditures, we felt compelled to provide some much-needed relief for our shoppers," said Steven C. Smith, Food City president and chief executive officer. "Customer service is the top priority at Food City. We live, work and educate our children in the communities where we operate, and we are very aware of the effect climbing fuel costs are having on the families we serve."

Headquartered in Abingdon, Food City operates 94 retail food outlets throughout the tri-state region of south-east Kentucky, southwest Virginia and northeast Tennessee.

## Patriot Coal reports loss

The Associated Press

CHARLESTON, W.Va. — Newly minted public company Patriot Coal Co. said Tuesday it lost \$39.45 million in the third quarter.

Patriot, which was spun off by St. Louis-based Peabody Energy on Oct. 31, said the loss amounted to \$1.50 per share for the three-month period that ended Sept. 30. Patriot lost \$2.95 million, or 11 cents per share, in the same period

of 2006.

Patriot said the results are not representative of its performance. Adjusting for changes such as a repriced coal contract, Patriot said it would have lost \$18.4 million in the quarter.

St. Louis-based Patriot consists of about 19 former Peabody mines and preparation plants in West Virginia and Kentucky.

Its stock fell 76 cents, or 2.66 percent, to \$27.85.

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Why Not a 42" flat screen instead of a 36". Why Not leather upholstery instead of that plaid. Why Not Bora Bora instead of the backyard. Why Not the fifty yard line instead of a nosebleed. Why Not a room with a view instead of a room. Why Not the sirlon instead of the chuck. Why Not sleepaway camp instead of day camp. Why Not a ski week instead of a ski weekend. Why Not a new wardrobe instead of a new suit. Why Not first class instead of coach. Why Not surround sound instead of 'what'd he say?'. Why Not April in Paris, Paris, Texas. Why well as the horses. Why Not a great wine rack. Why Not third of the balcony. Why party mix. Why Not of the regular. Why of the sapling. Why Not 80 gigs instead of 20. Why Not the yacht instead of the dinghy. Why Not the castle instead of the cottage. Why Not the antique instead of the repro. Why Not season tickets instead of scalping. Why Not the sloop instead of the sunfish. Why Not the signed print instead of the print. Why Not a house on the beach instead of the bay. Why Not 'I'll take it' instead of 'I'll think about it'. Why Not the autographed jersey instead of the jersey. Why Not Rome, Italy instead of Rome, New York. Why Not a 3-carat solitaire instead of 2. Why Not the gold instead of the silver. Why Not go to the playoffs instead of watching them. Why Not have your cake and eat it too, in Venice. Why Not five acres instead of two. Why Not the coupe over the sedan. Why Not the cruise instead of the jaunt. Why Not a limo instead of a taxi. Why Not a safari instead of a zoo. Why Not the mags instead of the radials. Why Not a new deck and a pool instead of a new deck or a pool. That's right. Why Not ?

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# The holiday shopping countdown

## Early start or last minute — retailers are ready for all shoppers

FAMILY FEATURES

"BLACK FRIDAY" has long been regarded as the kick off of the holiday shopping season. However, now that retailers are unveiling their Christmas products earlier every year, and catering to the needs of late shoppers, the stores are filled with people in pursuit of the perfect gift anywhere between Labor Day and December 25.

In fact, according to the National Retail Federation, the number of "extreme" early birds and procrastinators has been on the rise in recent years. Last year, 40 percent of all consumers began their holiday shopping before Halloween, and 15 percent of consumers reported that they had not begun any of their shopping by December 5. As a result, retailers are updating their products, merchandising and marketing plans to meet the needs of these two very different sets of shoppers.

One clear example of how this has affected the retail world can be seen in the greeting card industry. Christmas remains the top card-sending occasion, with nearly two billion cards sent annually, and greeting card manufacturers have taken note of this evolving consumer demand.

"We have definitely noticed the trend of consumers pushing up the unofficial start of the holiday shopping season," said Heather Bentley, Christmas Program Manager at American Greetings. "In response to this, shoppers will start to see the cards in stores by November 1, and the complete holiday card line will be available before Thanksgiving."

"We have also enhanced our offering of convenience items like gift card holders for the late season shopper. And overall our holiday cards reflect a more conversational tone and generally sendable quality to help shoppers with multiple tasks to get in and out of the card aisle more quickly," Bentley said.



Every Christmas wish list seems to have tech gadgets on it, and even the card aisles are reflecting the trend. American Greetings will debut tech-inspired cards this holiday season as the perfect pairing for all of the hottest gizmos. The cards will feature special extras like blinking lights, sounds of the season and popular holiday songs.

### The early bird gets the special ...



True early birds can use their spare time to wrap packages with warmth, texture and color. For instance, new or gently used scarves can act like "ribbon" while mittens and gloves continue the cozy theme as "bows."

For those shoppers getting out before Halloween costumes even appear, remember: time is your friend. Holiday trend experts offer the following tips for taking advantage of the extra time you have given yourself to get everything done.

- **Use that extra time to actually shop:** Reward yourself by taking more time to peruse the aisles to find the perfect gift, card, wrap and accessories for everyone on your list. This year you can enjoy spending some of that extra time in the greeting card aisle. American Greetings has new sound, song and light cards for the holiday, which feature seasonal tunes and bright, beautiful images to put anyone into the spirit. Because you are getting such a head start, you'll have time to listen to every sound, hum along with every song and smile at every festive scene that the cards offer before choosing your favorites.
- **Enjoy the lack of traffic:** Congratulations, you have ensured yourself the avoidance of long lines and crowded malls. Take advantage of your situation to actually enjoy your shopping experience in a leisurely fashion. Since you've given yourself the luxury of allowing for additional shipping time, you can even utilize the convenience of online shopping.

- **Spread out your holiday tasks and hunt for bargains:** Starting your holiday preparations early means that you'll have more time to commit to all of your various seasonal tasks. This includes sending holiday cards, grocery shopping, baking and cleaning. It also means that you can bargain shop for the essentials. Make a list of everything you need to get done and then spread out your holiday chores as you go. Use down time to fill out greeting cards, bake and freeze on the weekends and pick up a few items for the big holiday meal every time you head to the grocery store. Take advantage of early sales and specials as you go.
- **Solicit help:** Make sure to get some help from your family and friends. Enlisting help for this busy time of year is essential. And since you are likely to be helping others as well, you will have an even bigger pool of helpers to choose from.
- **Dress up your gifts:** In addition to having more time to get everything done, the early bird also has more time to dress up their gifts. You took extra time to choose that thoughtful gift, so take care to make it look like it from the outside in. Accentuate any gift with a handmade attachment or other thoughtful touch.

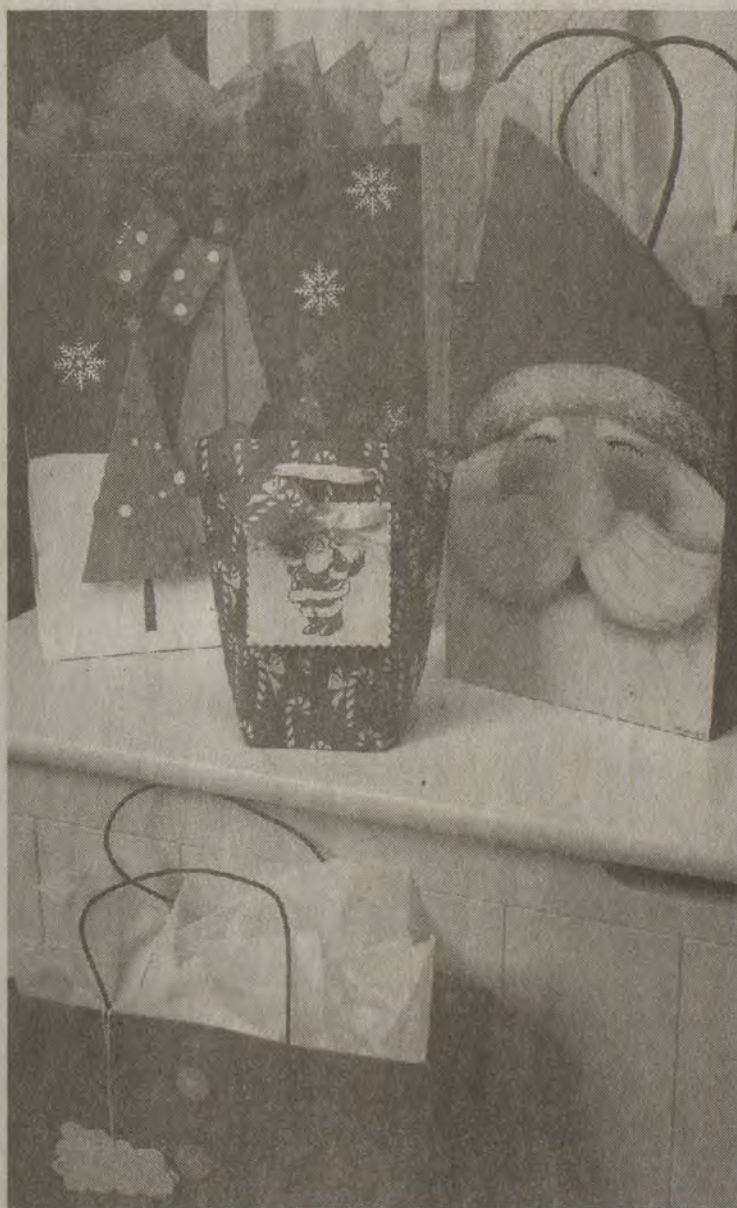
### Procrastinators can still get it all done

Procrastinators usually are in the scrambling mode not because of short sightedness, but rather because they haven't had the time to get their shopping done. This year that isn't a bad thing, as retailers are becoming even more last-minute shopper friendly. Holiday trend experts have tips to make that mad dash to the holiday shopping finish line stress free.

- **Make the best use of the time you have:** Use modern conveniences and opportunities to get last minute gifts and cards out. Many

busy professionals send cards to colleagues via inter office mail, or hand deliver gifts during pre and post season get togethers or office parties. In short, if you can put off buying the gift right this second, do so.

American Greetings has expanded its offering of generally sendable greetings to make it even easier to find the perfect card for any family member, work associate or friend. The greeting card company has also enhanced its newest boxed cards with stylish finishings and attachments.



Few items are more cherished for a late-season shopper than a trendy gift bag, and this year's options have stylish finishings and details. Enhancements such as fabric attachments and 3-D features make them much more than just glorified shopping bags.

- **Escape the traffic:** Try to take advantage of the usual extended hours and plan your shopping for earlier or later in the day. You will be able to eliminate a lot of the casual shoppers and those just "hanging out" by doing so, which will make your trip much more efficient.
- **Take advantage of sales ... seriously:** Just because you weren't able to get a jump on your shopping doesn't mean you will have to pay top dollar. Retailers, recognizing the trend of procrastination, are introducing late season sales to lure some of this growing market. So be sure to check online and in your newspaper to see what specials are being offered before heading out.
- **Ask for help:** Trying to get everything done at the last minute is difficult, trying to find the perfect gift for everyone with no time to spare, well that is just impossible. Ask friends and family members for tips to ensure that you choose the right color, size or style.
- **Be craftier and flexible in your gift presentation:** Trendy gift bags can add style to any present. Fun gift card holders instantly increase the personalization of a convenient gift card to a favorite store or restaurant. If all else fails, you can always head to the gift-wrapping station at your mall. Just make sure no one sees you.

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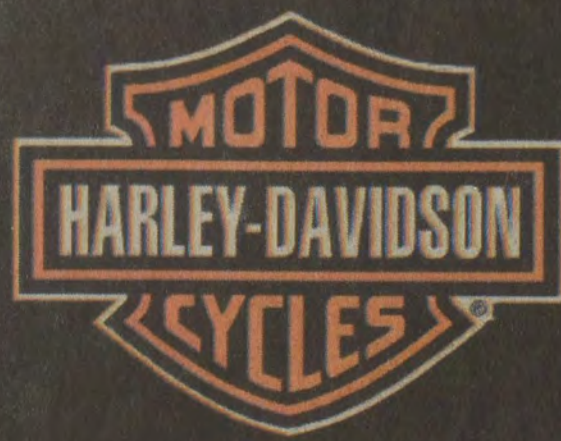
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**ASSEMBLY OF GOD**  
First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister.  
In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.  
New Bethel Assembly of God, Burning Fork Rd., Salyersville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.  
Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

**BAPTIST**  
Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.  
Auxier Freewill Baptist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.  
Ball Branch Regular Baptist Church, Mousley Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor. Contact Kermit Newsome 606-377-6881 for more information.  
Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.  
Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.  
Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m.; Vera Joiner, 866-3863, ext. 67267.  
Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.  
Brandy Keg Freewill Baptist, Corn Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.  
Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.  
Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.  
Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathon Lafferty, Minister.  
Daniels Creek Baptist Fellowship Church of God, Banner. Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.  
Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister.  
Endicott Freewill Baptist, Buffalo, Sun. School, 10 a.m.; Church every Sun. Morning 11:15 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; Third Sun. evening Service, 6 p.m.; First Sat. evening Service, 7 p.m. Hobert Meek, Pastor, welcomes everyone.  
Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wireman.  
Faith Freewill Baptist, 1/4 mile above Worldwide Egpt. on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Elder Donnie Patrick and Buddy Jones, Ministers.  
First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.  
First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.  
First Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minister.  
Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.  
Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7 p.m.  
Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.  
Gretel Baptist, Slate Rt. 3379, (Branham's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.  
Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Crace, pastor, Assist. Larry Patton. Phone 358-4275.  
Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.  
Jacks Creek Baptist, Bevinsville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trusty.  
Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor.  
Lackey Freewill Baptist, Lackey, Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.  
Lancer Baptist Church; 71 Cooley St., Prestonsburg, Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m., Evening Worship, 6:00 p.m., Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter  
Liberty Baptist, Denver; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.  
Ligon Community Freewill Baptist, Ligon Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.  
Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.  
Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.  
Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.  
McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.  
Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Eugene Cook, Minister.  
Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home phone 285-3385  
Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.  
Pleasant Valley Old Regular Baptist Church, Tinker Fork; Meeting time 1st Saturday & Sunday of each month, 3rd Sunday Evening at 6:00 p.m.; Moderator, Gary Compton; Assist. Moderator, Jimmy Conley.  
Prater Creek Baptist, Banner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; J.B. Hall, Pastor. Phone: (606) 874-3222.  
Rock Fork Freewill Baptist; Garrett Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.  
Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Crace Jr, Assistant Pastor.  
Salt Lick United Baptist, Salt Lick, Hueysville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123.  
Sammy Clark Branch Freewill Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.  
Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.  
The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Phillip Ramey, Pastor.  
Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.  
Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.  
Trimble Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m., Youth Services 7 p.m.; Everyone Welcome.  
United Community Baptist, Hwy. 7, Hueysville; Worship Service, 2 p.m.; Friday, 7 p.m.; Carlos Beverly, Minister.  
Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferran, Minister.

**Devotional Spotlight**  
**Lancer Baptist Church**  
Bobby Carpenter  
Pastor  
Sunday School 10:00 a.m.  
Sunday Worship 11:00 a.m.  
Evening Worship 6:00 p.m.  
Wednesday 7:00 p.m.  
Attention Church Organizations, send in a picture of your church, pastor, or youth leaders.

**CATHOLIC**  
St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday; Father Robert Dammor, pastor.

**CHRISTIAN**  
First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.  
Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sherm Williams, Minister.

**CHURCH OF CHRIST**  
Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.  
Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.  
Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister.  
Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.  
Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.  
Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonie Meade, Minister.  
Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.  
Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m. Gary Mitchell, Minister.  
Maytown Church of Christ, 66 Turkey Creek Rd., Langley, Sunday Bible Study 10:00 a.m., Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible Study 6:00 p.m.  
Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy Dale Bush, Minister.  
Weeks Church of Christ; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m. Mike Hall, Minister.

**CHURCH OF GOD**  
Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.  
Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.  
First Church of God; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.  
Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Donald Bragg, Minister.  
Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.  
Little Paint First Church of God, 671 Little Paint Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Heater Jr., Minister.  
The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

**EPISCOPAL**  
St. James Episcopal; Sunday Service, 9:45 a.m.; Holy Eucharist 11:00 a.m. Wednesday Study Group 6:00p.m., Holy Eucharist & Healing 7:30 p.m. Father Johnnie E. Ross, Rector.

**LUTHERAN**  
Our Savior Lutheran, Sipp Bayes Room Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLW (600 am) 12:05 p.m.; Roland Bentrup, Minister.

**METHODIST**  
Auxier United Methodist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Garfield Potter, Minister.  
Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.  
Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lamaster, Minister.  
Community United Methodist, 141 Burke Avenue (off University Drive and Neeley St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steve Pescosolido, Minister.  
Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.  
Emma United Methodist, Emma; Sunday School 10 a.m., Sunday Worship Service 11 a.m.; Pastor David Profit.  
First United Methodist, 256 South Arnold Avenue; 9 a.m. Contemporary Service; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m. and 5 p.m. UMY'S Service; Wednesday, 7 p.m.; Mark D. Walz, Pastor.  
Horn Chapel Methodist, Auxier Road, Auxier; Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Mid-week Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Larry J. Penix, Minister.  
Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.  
Salisbury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.  
Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.  
Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.  
Vogle Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor.  
Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.  
Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister.  
Free Pentecostal Church of God, Weeksburg; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John "Jay" Patton, Minister.  
Free Pentecostal Deliverance, Ext. 46 off Mt. Parkway at Campton; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Crider, Minister.  
Free Pentecostal Holiness, Rt. 122, Upper Burton; Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis Sanlan, Minister; David Pike, Associate Minister.  
Goodloe Pentecostal, Rt. 850, David; Worship Service, 6 p.m.; Malcolm Stone, Minister.  
Parkway First Calvary Pentecostal, Floyd and Magoffin County Line; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister. 297-6262.  
Trinity Chapel Pentecostal Holiness, Main St., Martin; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Ellis J. Stevens, Minister.  
Free Pentecostal Church, Dwale; Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

**PRESBYTERIAN**  
Drift Presbyterian, Route 1101, Drift; Worship Service, 11 a.m.

**SEVENTH DAY ADVENTIST**  
Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3459, leave message. Everyone welcome!  
THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS  
The Church of Jesus Christ of Latter-Day Saints; Sacramento Mtg., 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Prethoold/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number, 285-3133; Ken Camere, Bishop.  
OTHER  
Pastor Atha Johnson welcomes everyone to attend services at the CHURCH OF GOD OF PROPHECY TRAM KENTUCKY. Church school 10 a.m., Worship service 11 a.m.  
Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30 p.m.  
Grace Fellowship Prestonsburg, (next to old flea market); Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.  
Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.  
Faith 2 Faith, Harkins Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship service, 11 a.m. and 6 p.m.; Thurs. 7 p.m. Randy Hagans, Minister. 886-9460.  
Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed. 7 p.m. Carl & Missy Woods, Pastors.  
Faith Worship Center, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.  
Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 p.m.; Lavonne Lafferty, Minister.  
Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.  
Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor: Curt Howard.  
Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m., Saturday/Sunday.  
Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.  
Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m. Jim Stephens, Minister. 886-1003.  
Town Branch Church; Sunday School 10 a.m. except for first Sunday in each month; Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.  
The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.  
The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Aiken.  
Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.  
Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayer Line: 358-2001; Darlene W. Amette, Pastor  
Taylor Chapel Community Church, formerly the old Price Food Service building, located 1/4 mile above Worldwide Equipment, Rt. 1428, Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m. Kenny Vanderpool, Pastor.  
International Pentecostal Holiness Church, 10974 N. Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor.  
Rising Sun Ministries, 78 Court Street, Allen, Ky.; Sunday, 10:30 a.m. Wednesday, 6:30 p.m. Pastor: D.P. Curry.  
Church of God of Prophecy, Sunday School 10 a.m., Worship Service 11 a.m., Sunday Night - 6 p.m., Wednesday Night - 6 p.m. Pastor Glenn Hayes. West Prestonsburg.

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Walz

Continued from p1

worried because of the prep-work. In February the attitude was 'let's wait.' I was in no hurry."

Right before that, around Feb. 18 or 19, the Lexington newspaper had a story outlining the symptoms of colon cancer.

"I didn't say anything to my wife, but of 10 symptoms, I thought 'I've got eight of these,'" Walz confessed. The day before the colonoscopy he told Julie of his fears.

That same day, March 7, his brother called and said 'I've got kidney cancer.'

"I don't remember anything about it; I don't remember anything I was so out of it," Mark recalls of his colonoscopy on March 8.

The doctor was talking to him afterward and said they took an X-ray to "see if it spread."

Mark's reaction was "what spread?"

Julie asked him: "Do you remember the doctor telling you that you have cancer?"

"That was such a blow ... You think how can this happen?" he said, adding there was no family history of cancer. "And now my oldest brother and I have it."

But the news got worse, not only did he have colon cancer but it had spread to the liver.

He said that was "devastating news."

Walz says he's been around people with cancer all of his life as a chaplain at Pikeville Medical hospital for 10 years but he never thought about having cancer himself.

"This happened so quickly," he said. "I didn't have time to prepare spiritually, mentally or

emotionally."

"After my diagnosis I said 'I hope you know what you're getting into,'" he said.

"It's a life-changing event."

Walz said he was soon flooded with all of these terms with which he wasn't familiar.

"It's a whole new lingo that I've learned," he says, giving the example of 'Ned' meaning, "No evidence of disease."

"Cancer patients have to be proactive," he said, "if not, it is very difficult to get help."

Walz also says you must ask questions.

"All these doctor friends of mine said 'get yourself a good oncologist and fight it,'" Walz recalls.

Luckily he had a 'doctor friend' who did find him a good doctor: Dr. Phillip DeSimone, at UK.

"I was fortunate to get him," he says.

Walz explains that the doctor prepares treatment plans and chemotherapy plans and also recommends a radiation specialist.

The last time Walz had to go through surgery he was prepared and found a doctor in Charlotte, N.C. That surgeon was a liver specialist, one of only five or six on the East Coast.

Normally, jaundice will occur when people have similar surgeries on their liver, but Walz was lucky. "The doctor said 'Basically you're really healthy except for your cancer,'" he says. "I try to keep focusing on day-to-day rather than the big picture."

"I think keeping a positive attitude is key to this whole process," he says. "One thing I

always heard and I didn't understand was when people would say 'They fought a courageous battle ...' "Now I know what that means."

Walz said there are very few hours of the day that he doesn't think of his situation.

"Lots of people want to know how much time they have," Walz says, "I never asked that question because I didn't want to know. I think not knowing has helped me."

Walz said somebody told him: "You have to get your affairs in order."

Walz however, took a different approach.

"What's the next step?" he wondered. "Every time you fight this horrible unseen disease you think 'I'm going to beat this,' 'I'm not going to let this disease win.'"

Indeed, the last 30 months have been an unending cycle of surgery, chemotherapy and radiation.

Walz has had five surgeons, 58 treatments of radiation and eight months of chemotherapy.

My oncologist told me 'I hope to get you 60 months' and

I thought 'I want to get more than 60 months.'

As a pastor, Walz still comes across many people who are diagnosed with cancer. He said many people's response is: Woe is me.

"I don't sit in a room watching TV," he says. "You need to rest, you are doing too much," are the typical comments he often hears.

Less than five days after his most recent surgery in Charlotte he was up and walking around the neighborhood. His hosts were shocked.

"I've got to get out," he said. "To me that's what I've got to do."

Mark and Julie have five kids: Matthew, a fourth-grader, Christine, an eighth-grader, Michael, a sophomore in high school, Katie, a senior, and Mark Jr., a communications major at Mark's alma mater, Asbury College.

"I didn't push him into it," Mark swears.

Julie is working on her master's degree in special education.

"My kids keep me going," he

says. "I go to soccer games and we often go on trips."

Last fall the family went to Niagara Falls. They've also been to New York City recently. Mark says it's all about keeping a positive attitude and not giving in.

After a CT scan in March, everything appeared well so the family decided to go to the beach.

"My 13-year-old girl said 'I'm so glad we went to the beach when we did'"

Since maintaining a website to keep loved ones and friends informed of his battle, he's had a number of surprising responses.

One woman named Jean told Mark how he's affected her life. "I'm thinking 'how can I possible help someone I've never met?'" he says. "I don't have any idea where she even lives."

She told him that his positive attitude is what's helped her the most. But still Mark questioned how that was possible.

"That's maybe why I'm doing so well," he says. "God has a purpose for me and right now I've been called to help

these people."

Walz says the calls and e-mails never cease to amaze him.

"A pastor in June called to say 'it's so encouraging to see how you have your faith and you don't give up,'" Mark says.

Another pastor, at one of the largest Methodist churches in Nashville, called Walz for advice.

"That to me is real humbling," he said. "You have people struggling with life and death issues ..."

Walz says it's never easy. The chemotherapy takes away his taste for chocolate and coffee; it also leaves a tingling sensation in his fingers.

"I've had to wear gloves at a restaurant. That's so embarrassing."

But still Walz continues to show that spirit that has helped so many other cancer victims.

"I'm a believer in miracles," he says. "I trust that God is going to help get me healed."

For more information on Mark's battle you can visit Walzhope.com.

Strike

Continued from p1

that were never discussed. We have never walked away from a negotiation. The meeting just ended."

According to Tanner, the negotiations are going nowhere because their resources are being exhausted.

"We're tired of answering untrue information from ARH," said Tanner.

ARH President and CEO Jerry Haynes says ARH is unaware of the proposed meeting with the governor, when the meeting will take place, or who will be involved in the

meeting. According to Tanner, the union was invited by Gov. Manchin to meet this morning at 9 a.m. However, she adds that the results are unclear.

The KNA/WVNA presented proposals focused on successorship and seniority to ARH Tuesday morning and, as of press time, Tanner was in Lexington awaiting an additional meeting.

This is the third phase of negotiations since over 600 nurses walked out declaring a strike on Oct. 1.

Plea

Continued from p1

was taken to Kentucky State Police officials in Frankfort for further testing, but no additional information was discovered.

Gilbert had also been previously involved with a sexual abuse charge and was participating in a sex offender treatment program. According to Commonwealth's Attorney Brent Turner, it is required that anyone who is convicted of a sex crime in the state of Kentucky to participate in the program.

Gilbert was originally charged with 30 counts of distribution of matter portraying a sexual performance of a minor, though the charges were later amended to possession of matter portraying a sexual performance of a minor, since there was no proof that he had ever actually distributed the photos.

While each charge holds a 1-to-5 year sentence, there was the possibility of the charges being enhanced due to the fact

that Gilbert had been previously convicted. However, a sentence of seven years total was recommended along with completion of the sex offender treatment program.

A final sentencing date is scheduled for Dec. 27.

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### 5 Easy ways to place your ad:

1. **Call:** (606) 886-8506, LeighAnn Williams
2. **Fax:** (606) 886-3603
3. **E-mail:** classifieds@floydcountytimes.com
4. **Stop by:** 263 S. Central Avenue, Prestonsburg
5. **Mail:** P.O. 390, Prestonsburg, KY 41653

Our hours: 8 a.m.-5 p.m.

**DEADLINES:**  
 Wednesday's paper @ Mon., noon  
 Friday's paper @ Wed., 5 p.m.  
 Sunday's paper @ Thurs., 5 p.m.

Visa - MC - Discover Check

### The Best Way To Write An Ad:

- Begin with a key word (item for sale, etc.)
- Use descriptive words to identify your items
- State your price or terms
- Include a phone number and/or e-mail address

NAME \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_  
 PHONE #: \_\_\_\_\_

### Write your ad here:

(approximately 18 letters per line)

\_\_\_\_\_

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CREDIT CARD: \_\_\_\_\_

## Our CLASSIFIEDS Will WORK For You!!!

The **FLOYD COUNTY TIMES** does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

### AUTOMOTIVE

#### Wheels/Misc

**HICKS AUTO SALES DAVID ROAD**  
 Look here for a GREAT DEAL!!!!  
 '98 Cherokee Classic, \$3,795 4.0, automatic.  
 '96 Toyota Avalon, 140,000 miles. Extra sharp. \$3,700  
 '98' GTP GrandPrix 92 Pathfinder, 80,000 miles \$3,800 automatic, \$1550.  
 '96' Buick Century \$1,100.  
 Chevy c60 Dump truck 14 foot bed \$3800.  
 1995 GMC Conversion VAN \$3800  
 886-2842  
 886-3451.

**For Sale:** 03 Toyota corolla. Excellent condition. 96,000 miles. Good gas mileage Asking payoff only. Call 886-1626

**1998 Dodge Grand Caravan V-6** Auto. Front & rear A / C 4 captin seats & a bench seat in the rear. New fuel pump, a / c compressor & battery. Nice vehicle. A bargain at 1,900. Call 874-8675.

**1985 dodge ram** heavy duty 8 lug. 85,000 miles. New mud / snow tires. Would be a good work truck. also for sale 351 windsor motor. low miles \$800. Call 886-6258.

**2001 Grand Am** for sale. Call 886-8843 or 791-2727.

**For Sale 2002** Pontiac Sunfire 2-door, white automatic with sunroof. \$6,200 Call 874-2745 or 874-9703.

**For Sale: 1987 Dodge ram B-250 Van.** (Fair Condition) 1 owner. Can be used for passenger or cargo transport. \$1,295. Call 285-9112.

**2001 Volvo S80.** 78,000 mi., garage kept, all maint. records from Quantrell Volvo. Beautiful, well-maintained car. Contact Gary Frazier: 886-1878 (H), 886-9100 (W), 226-1375 (C). \$12,500

**2006 Harley** Sporster Custom 1200cc, 1400 miles

- \$7,200.00 and a 2006 Harley Dyna Lowrider 1600 miles - \$10,400.00. Both excellent condition. (606) 377-2028 or (606) 377-6229.

**FOR SALE** Submergible deep well Meyer pumps. Half 3 quarter and 1 horse power. Call 358-2000

### EMPLOYMENT

**United Refrigeration** now has an opening for a warehouse / truck driver position. Apply in person.

**Window Wold** is now hiring for window and door installers. Truck, tools, brake, insurance and experience required. call 1-800-353-4313.

**Wright lumber** company has a job opening for a cashier. must be energetic, neat in appearance and willing to work. Apply in person at the Martin location. No phone calls please.

**Employment Opportunity** Experienced oil & gas well service operator. Must have a minimum of 5 years experience. References mandatory. Drug testing required. Salary negotiable. Please send resume to P. O. Box 474, Salyersville, Ky. 41465

**ASAP Plumbing** is looking for Licensed electricians and hvac. Pay based on Experience. Call 886-6046 for more info.

**Mtn Manor of Paintsville** is taking applications for Dietary Aides. Excellent wages and benefits. Apply in person at 1025 Euclid Avenue, Paintsville, Ky. Monday- Friday from 8:00am to 4:30 pm.

**AVON** Sign up for 10.00 and Receive Free gift. Earn pocket or career money, you decide. Call Jency at 886-2082

**Human Resource Director** - We are looking for the right person to be a part of the management team who has a track record of building a culture of team work. The successful candidate will have human resource experience preferably in health care experience and be certified as a PHR or SPHR or whose combination of education and experience will give them the best opportunity for success.

Interested candidates should send their resume to: **Pikeville Healthcare Center David R. Baumgartner, S P H R** "mailto:dbaumgartner@hqmmail.com" (859) 806-1517 Fax (859) 523-5564 PO Box 910844 Lexington, KY 40591-0844

**Miller Bros. Coal, LLC** is seeking qualified applicants for the position of Surface Mine Planning Engineer. Mining Engineering degree and experience required. Competitive salary and benefits package. Interested applicants should send their resume in confidence to P.O. Box 990, Allen, Ky. 41601. Phone inquiries not accepted.

**Job Openings** Goodwill Industries of KY will open a Donated Goods Center in Prestonsburg in November. Job Openings will include a Center Manager, Assistant Center Manager, Production clerks and a Baler/Material Handler. To apply for positions, mail or fax or email resumes to Karen Cogdill, Donated Goods Manager Goodwill Industries at 370 S Hwy 27 Suite 9-A Somerset, KY 42501. Fax # 606-678-4185 or email kcogdill@gwik.org Closing date when positions are filled. Goodwill Industries of Kentucky EOE

**100 Workers needed.** Assemble crafts, wood items. To \$480/wk. Materials provided. Free information Pkg 24 Hr. 801-428-4649.

**Heavy Equipment Steam Cleaning Company** needs employees. Must have valid drivers license and up to date surface mining papers. Mine Emergency Tech. is a plus. Call Mon. Thru Fri. 9:00 a.m. to 5:00 p.m. (606) 886-1759 If no answer leave message.

### Merchandise

**BOOK FOR SALE** Corners of inspiration (A collaboration of Kim's Korner). Priority

mail \$13.30, shipping UPS \$20.00, allow 2-4 weeks for delivery. To order send check or money order to **Kim Frausre 955 Abbott Mountain Road Prestonsburg Ky 41653**, or email klfrausre@bell-south.net

**2- 6 ft glass display cases** for sale. Also 2- 5 ft wood cabinets for sale. Call 886-3142. 9am-5pm tfn

**For Sale Antiques:** Antique John Deer Disc Harrow \$600. Antique G.E. Refrigerator \$350. Antique Horse Drawn Plows \$200. Antique Clawfoot Bath tub \$125. Antique double Washtub with Wooden Ringer \$125. Call 874-2421. TFN

**For Sale: Beautiful Maggie SoHero** wedding gown size 12 original cost \$1600, selling \$500. Call 606-886-9626. If interested please leave message and number.

**3 Caret diamond bracelet** for sale. \$250. Call 791-0107.

**BOOK FOR SALE** A book by Donald Crisp "Growing up on Bucks Branch". In Floyd county, on sale now!!!! \$12.50 plus shipping and handling. Contact Donald at 285-3385.

### Animals

**CKC Choc Lab** puppies ava. 11/ 27 Call 297-4229 or 434-7508

### Furniture

**Rowe couch and loveseat** for sale. Practically new.

## "Old Man Winter's Coming!!"

Relax to our low utility costs At Park Place Apartments!  
 Move in by **November 30, 2007**  
 Get your 1st Month Rent FREE!  
 Security Deposit to be paid in full.  
 Rents starting at:  
 1BR-\$280, 2BR-\$304  
 Rent includes water, sewer, garbage pickup  
 Laundry Room on site  
 Equal Housing Opportunity

**Fall Spa Season Is Here!**  
**Holiday Pools, Inc.**  
 429-4788  
 www.holidaypool.info  
 Huntington, WV

**Bought for \$3,500. But will sell for \$500.** Looks brand new must see to believe. 358-4524

**ALLEN FURNITURE ALLEN, KY**  
 Furniture, used appliances, living / bedroom suits, bunk beds, and lots more! Call 606-874-9790.

### Wanted

**Rental Home needed** in Prestonsburg by Dec 1. Must allow pet. Call 859-333-5500.

### Personal

Would like to meet nice lady. Ages 62-72 ? Where are you ? Please call , collect if needed 606-789-1344.

### Miscellaneous

Get out of debt, need cash fast, tired of the bills, tired of the run around, quick easy loans available, personal, business, vacation, home renovations, business start up. Good, bad, even bankruptcy, free consultations, no fees call toll free 1 (866)-585-5308

**Tanning Bed** for sale. Call 886-8843 or 791-2727.

**For Sale:** Firewood, hardwood, seasoned. \$55. a load. Call 886-4038.

**FOR SALE: GRAPE VINE TREES.** CALL 606-285-9650

**FOR SALE:** Prom & Pageant Gowns. Brand-Exclusives, color-royal blue halter with split on

the side, beaded size6. Brand-Femme-paris, color Aqua, size1 straps with pearls beaded at the top and bottom. Also brand-xcite color-royal blue size6 one shoulder strap. Beaded from top to bottom. For more info call 886-2692 or 791-2692

### Real Estate

#### Houses for Rent

**Estate 3 Bd House w / carport** 1088 sq ft ground level living space. Out skirts of Martin on 0.07 Acre on Rt 1428. Asking & appraised at 34,000. Call 606-474-8243 or 285-3101.

**Brick & Stone House for Sale.** Four bedrooms, two and a half baths. 2900 square feet .Desirable location in Trimble Branch. Reasonably priced. Call 886-2020

#### House For Sale

**For Sale: 35 acres** of land, one story house with 1,600 sq.ft of living space, partial basement located at Hi Hat, Ky. Two acres of flat land with house, space for garden or two

**Big Sandy Health Care, Inc.**  
 is seeking candidates for  
**MEDICAL RECORDS CLERK**  
 Requirements include a high school diploma or equivalent. Experience in medical office procedures including filing, typing, and/or records work.  
 Mail or fax resume to:  
 Kelly Akers, MBA  
 Big Sandy Health Care, Inc.  
 1709 KY Route 321, Suite 3  
 Prestonsburg, KY 41653  
 Fax: (606) 886-8548  
 Email: kakers@bshc.org  
 "A proud tradition of providing access to quality health care"  
 Equal Opportunity Employer

**Jerry's RESTAURANT Prestonsburg**  
 HELP WANTED: Waitresses, dish-washers/busboys, cooks. Paid vacation, health insurance available. Uniforms furnished.  
 No phone calls, please!  
 Apply in person.

**APARTMENTS FOR RENT**  
 1, 2, 3, 4 Bedrooms  
 available for extremely low-income people at Highland Heights Apts. in Goble-Roberts Addn., and Cliffside Apts. on Cliff Road, Prestonsburg. Computerized learning centers offer social/educational programs for children and adults. All utilities included at Highland Hgts., utility allowance at Cliffside. Call (606) 886-0608, 886-1927, or 886-1819. TDD: 1-800-648-6056. Highland Heights and Cliffside Apartments do not discriminate in admission or employment in subsidized housing on account of race, color, national origin, sex, age, disability, religion and familial status.

**1/4 mile on Abbott Creek Rd.** 3Br 2 bath swimming pool. 1 acre of flat land for more information call 886-3508 or 791-4433. Asking \$130,000.

**MOVE IN READY 3 / 4 BR HOUSE FOR SALE**  
 Full basement LARGE LOT, nice paved driveway. Interested inquires only. Located at Martin only Call 358-3469.

**HOUSE FOR SALE** Located on Front Street at Wayland. Third house above Castels store on right on Front Street. Central heat and air. 5 BR 2 bath LR 30X18 and dining room & sun-room . Huge cobbel stone chimney carport. 2 lots, fenced in. Asking \$65,000 call 606-358-4137 for appointment

**For Sale: 35 acres** of land, one story house with 1,600 sq.ft of living space, partial basement located at Hi Hat, Ky. Two acres of flat land with house, space for garden or two

**Big Sandy Health Care, Inc.**  
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 Requirements include a high school diploma or equivalent. Experience in medical office procedures including filing, typing, and/or records work.  
 Mail or fax resume to:  
 Kelly Akers, MBA  
 Big Sandy Health Care, Inc.  
 1709 KY Route 321, Suite 3  
 Prestonsburg, KY 41653  
 Fax: (606) 886-8548  
 Email: kakers@bshc.org  
 "A proud tradition of providing access to quality health care"  
 Equal Opportunity Employer

**Jerry's RESTAURANT Prestonsburg**  
 HELP WANTED: Waitresses, dish-washers/busboys, cooks. Paid vacation, health insurance available. Uniforms furnished.  
 No phone calls, please!  
 Apply in person.

**APARTMENTS FOR RENT**  
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more residences. The home place of the late Cecil and Edna "Sweetie" Meade. Appraised value \$65,000. Price non-negotiable. Contact Mike Mullins at 606-785-5475 ( 8 : 0 0 a . m . - 5 : 0 0 p . m . week-days ) or 606-251-3414.

**HOUSE FOR SALE** Newly constructed house for sale located at Abbott Creek. Vaulted living room ceiling, 3 BR, bonus room, fireplace, with cherry hardwood floors and cabinets with spacious attached garage. Located 4 miles from us 23. Panoramic view located in new subdivisions. \$210,00 asking price Seller willing to help with closing costs! Call 606-285-0054 606-7911-0719

**For Sale: 35 acres** of land, one story house with 1,600 sq.ft of living space, partial basement located at Hi Hat, Ky. Two acres of flat land with house, space for garden or two

**HOUSE FOR SALE**  
 Nice 3 bedroom / bath. Carport, total electric, nice fenced in yard, location at Right Fork of Bull Creek, Hatfield Estate, Prestonsburg, Ky. By appointment only, 889-0036 \$99,000

**Save on auto insurance.**  
 At Nationwide®, we go the extra mile to save you money. That's why we offer a variety of auto premium discounts, including our multi-car discount, our safe driver discount, airbag discount and more. Call us and start saving money today.  
 Nationwide Is On Your Side®  
 Kimber McGuire  
 303 University Drive  
 Prestonsburg, Ky.  
 (606) 886-0008 (Office)  
 (606) 886-9483 (Fax)  
 Nationwide Insurance & Financial Services

**WELDING POSITION AVAILABLE.**  
 EXCELLENT PAY. DRUG SCREEN REQUIRED  
 CALL  
 MONDAY-FRIDAY  
 8:00AM-5:00PM  
 285-9358

**Mechanical Technician Wanted**  
 Good Benefits • Good Pay (Including 401K)  
 Great Working Environment  
 ASE and/or GM Certified preferred but not required  
 Drug Testing Required  
 Send resume to:  
 Job Opening  
 534 East Main Street  
 Stanville, KY 41659

**Beauty shop for rent.** Equipped with 3 stations and tanning bed. Would consider renting for commercial use other than beauty shop. Rt. 122 1 mile South of Martin across from Garth Technical School. Must have references. 285-9112.

**Commercial property 12 acres next to Walmart & McDonald's** in Prestonsburg. 886-3023 after 5pm.

**FOR SALE**  
Property for sale between Prestonsburg and Painstville. Also, double wide for rent. \$500 plus deposit. Call 606-789-6721 or 792-792-6721. No pets.

**FARM FOR SALE**  
Floyd county 75 acres more or less, rt. 1100 off US 23 East Point Upper Little Paint. Lum Derosssett Branch. Call 606-325-4430 or 606-325-2809. Level- Sloping and timber. HUNTERS PARADISE!! Could be made into a subdivision.

**Rentals**

**APARTMENT**

**For Rent: Two bedroom furnished apartment** with all utilities paid. Also available unfurnished four room house. Located in Prestonsburg. Call 886-5959 and leave telephone number.

**2br duplex for rent.** Central heat and air. In excellent condition. 3 miles north of prestonsburg. Call 886-9007 or 889-9747.

**3br apt for rent.** 2 baths, parking for trucks. Will rent to contractors. Mt Parkway 6 miles from Prestonsburg.

**Townhouse**  
2 BR 1 Bath w/d hookup 2 car garage \$575 per month plus utilities plus deposit. Call : 606-522-4122 or 606-477-2783

**1Br furnished apartment located** 3 miles from Prestonsburg. Call 358-9483 after 6:00 pm or 794-9484.

**Apt. For rent: 1 and 2 BR apartments on Rt. 321** near Porter school. Central heat and air, washer and dryer hookup. \$375 per month plus references and deposit. Seniors welcomed! Call 789-5973.

**UniCourt Apt for rent.** 2br, 2baths. Custom cabinets. \$600.mth \$600, security deposit. 1 yr lease. No pets. Located at Stanville on US 23. 606-478-8100.

**2br, 1 bath apt for rent.** Located above Unisign on US 23 at Ivel. \$350.mth and \$350, security deposit. 1 yr lease. No pets. Call 478-8100.

**QuikSilver Townhouse** coming available Dec 1st. 3 Br 2 baths hardwood floors. No pets & no smokers. Call 285-9639 or 226 1925

**2br, 1 1/2 bath QuikSilver Townhouse** with carport coming available Dec 1st. Call 285-9639 or 226-1925

**Furnished 1 bed room Apt.** Central heat & air. Rent starting at \$375. month, + \$300. deposit water included. Located near HRMC. 606-889-9717.

**Houses**

**House For Rent - 3 BR,** at Allen, Ky. \$800.00 per month + security deposit. Call 794-0249

**For Rent: 2br newly remodeled townhouse.** Also 1 br apt. Both located 3 miles from Prestonsburg near World Wide Equipment. Call 358-9483 after 6pm or 794-9484.

**House for rent:** 2 baths, 2 car carport. 2 miles up Abbott Creek. \$ 700.mth plus utilities. Call 886-3662

**Mobile Homes**

**16x60 mobile home for rent.** Nice lot with storage building. 1 mile from walmart. \$500. mth plus utilities. Call 886-0226 after 5:00pm.

**Special FHA Finance Program** \$0 Down if you own land or use family land. We own the bank your approved. Call 606-474-6380

**Nice 2 br mobile home for rent.** Call 874- 0875 or 226-3207.

**2Br mobile home for rent.** HUD approved. Near Garrett. Call 432-9110.

**3 BR 2 bath MH for rent with large deck.** Located at 315 Adams Cemetery Road. Call 791-8617 or 791-4471. \$450 per month.

**LOTS FOR RENT**  
New mobile park lots, Allen Dwale area, Floyd County. Restrictions apply. Paved Streets, lighted area, parking pads. All sizes call 606-377-2357

**Mobile Home for rent.** \$250. mth Located on Rt 7 at Salt Lick in floyd County. call 606-358-4524.

**For Rent :** Nice clean mobile home lot. 4 miles west on Mt Parkway. References & deposit .required. Call 886-2288.

**3 br mobile home for rent at Harold.** \$400 a month with \$200. security deposit. 2 car parking only. NO HUD Call 606-478-5335

**2 mobile homes for sale with land.** Can be sold separate with land. Call 791-3727.

**LEGALS**

**NOTICE OF PUBLIC SALE**

The following item will be offered at public sale on November 23, 2007, at 11 a.m., at First Guaranty Bank, 39 Triangle Street, Martin, Kentucky. 2000 Chevrolet S-10 4x4 Pickup, Serial Number : 1GCDT14WOYK23 5107. All items are sold "as is where is." Seller reserves the right to bid and to reject any or all bids. Items are to be paid following the sale, or satisfactory arrangements are made with the seller. Announcements at the sale take priority over ad. Purchaser to pay all taxes and transfer fees. First Guaranty Bank 39 Triangle Street P.O. Box 888 Martin, KY 41659

**NOTICE OF**

**BOND RELEASE**

Permit No. 836-0268 Increment Nos. 1 & 2 in accordance with the provisions of KRS 350.093, notice is hereby given that Carbon Tech Fuels, Inc., Rt. 2, Box 445, Haysi, VA 24256, has applied for a Phase I bond release on Increment No. 1 & 2, on permit No. 836-0268, which was last issued on June 11th, 2007. The application covers an area of approximately 154.33 acres, located approximately 1.0 mile south of the community of Honaker in Floyd County, Kentucky. The permit area is approximately 0.40 mile southwest from the intersection of Ky. Rte. 2030's junction with Big Branch Road, and is located along the waters of Little Mud Creek. The latitude is 37d 31m 13s. The longitude is 82d 40m 37s. The bond now in effect for Increment No. 1 is \$29,300; Increment No. 2 is \$2,500; of which 60% of the total for each increment listed is included in the application for release. Reclamation work performed includes: Grading, seeding, and mulching, and successful establishment of the post-mining land use, which was completed in April of 2002. Written comments, objections, or requests for a public hearing or informal conference must be filed with the Director of the Division of Field Services, No. 2 Hudson Hollow Complex, Frankfort, Kentucky, 40601, by January 16th, 2008. A public hearing on the application has been scheduled for 9:00 a.m., on January 17th, 2008, at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite No. 6, Prestonsburg, Kentucky 41653. The hearing will be cancelled if no request for a hearing or informal conference is received by January 16th, 2008.

**NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-0352**

In accordance with KRS 350.055, notice is hereby given that Clarence Hayes, 156 Layne Hill Drive, P.O. Box 157, Betsy Layne, Kentucky 41605, has applied for a permit for surface area, contour and auger mining operation, affecting 10.06 acres, located at Betsy Layne, in Floyd County, Ky.

The proposed operation is located on Layne Hill Drive, 0.8 mile north of the intersection of US 23/460 & Ky. Rt. 80 and Ky. Rt. 979.

Located on the Harold U.S.G.S. 7 1/2 minute quadrangle map. The latitude is 37°32'56". The longitude is 82°37'59".

The operation will use the area, contour and auger methods of surface mining. The surface area to be disturbed is owned by Clarence Hayes, Darvene Conn, Kenneth Layne, and Bufford Layne. There is no blasting proposed for this operation.

The application has been filed for public inspection at the Department of Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite No. 6, Prestonsburg, Kentucky 41653. Written comments or objections must be filed with the Director, Division of Permits, No. 2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky, 40601.

**NOTICE OF BOND RELEASE**

In accordance with KRS 350.093, notice is hereby given that Enterprise Mining Company, 5703 Crutchfield Drive, Norton, VA 24273, has applied for Phase III bond release on permit number 836-5454, which was last issued on 8/06/03. The application covers an area of approximately 12.90 surface acres, and 990.00 underground acres, located 1.5 mile north of McDowell, in Floyd County. The permit area is approximately 0.80 mile south from Ky. 979's junction with Ky. 122, and located along Hays Branch. The bond now in effect for the 836-5454 is a surety bond for the amount of \$14,500.00. The entire remainder of the original bond amount of 27,400.00 is included in the application for release. Reclamation work performed includes: Backfilling, grading, seeding, mulching and planting trees. Written comments, objections, and requests for a

**NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-0350**

In accordance with KRS 350.055, notice is hereby given that Frasure Creek Mining, LLC, 4978 Teays Valley Road, Scott Depot, West Virginia 25560, has applied for a permit for a surface coal mining and reclamation operation, located 1.1 mile northeast of Gunlock, and is situated in both Magoffin and Floyd Counties. The proposed operation will disturb 614.12 surface acres, and 44.27 acres of auger area of which 40.19 acres underlie proposed surface area, making a total permit area of 618.20 acres.

The proposed operation is approximately 1.1 mile southwest from Brushy Fork Road's junction with KY 7, and is located on Brushy Fork of the Licking River. The proposed operation is located on the David USGS 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Abe Shepherd Heirs, Big Branch Holding Company, LLC, Gladys Shepherd, Clyde Allen Estate, Ruie Reagan et al., Nannie Ruth Ousley, William May, and Kelly Hale Heirs. The permit area will underlie land owned by

**NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-0350**

In accordance with KRS 350.055, notice is hereby given that FCDC Coal, Inc. 587 North Lake Drive, Prestonsburg, Ky.

**NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-0350**

In accordance with KRS 350.055, notice is hereby given that FCDC Coal, Inc. 587 North Lake Drive, Prestonsburg, Ky.

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**NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-0350**

In accordance with KRS 350.055, notice is hereby given that FCDC Coal, Inc. 587 North Lake Drive, Prestonsburg, Ky.

public hearing or informal conference must be filed with the Director, Division of Field Services, No. 2 Hudson Hollow, Frankfort, Kentucky 40601, by January 25, 2008.

A public hearing on the application has been scheduled for January 28, 2008 at 9:00 a.m., at the Department for Surface Mining Reclamation and Enforcement's Regional Office, 3140 South Lake Drive, Prestonsburg, KY 41653. The hearing will be cancelled if no request for a hearing or informal conference is received by January 25, 2008.

The proposed operation is approximately 0.45 mile east of Junction KY Route No. 2030 with County Road No. 1142. The latitude is 37°30'58". The longitude is 82°42'44".

The proposed operation is located on the Harold/Martin U.S.G.S. 7 1/2 minute quadrangle map. The operation will use the area, contour and auger/hi-wall mining methods of mining. The surface to be disturbed is owned by Appalachian Land Company, Locust Grove Inc., John H. Kidd, Jeffery and Judith Gayheart, Joe Roberts, Sonny and Linda Gayheart, and The Elk Horn Coal Company, LLC. All underground areas to be disturbed are owned by the Elk Horn Coal Company, LLC.

The application has been filed for public inspection at the Division of Mine Reclamation and Enforcement, Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, KY 41653. Written comments, objections, or requests for a permit conference must be received within thirty (30) days of today's date.

Written comments, objections, or requests for a permit conference must be received within thirty (30) days of today's date.

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41653, has applied for a permit for a surface coal mining and reclamation operation affecting 201.64 surface acres, and will underlie 71.49 acres, and the total area within the permit boundary will be 273.13 acres, located approximately 2.0 miles southeast of Printer, in Floyd County.

The proposed operation is approximately 0.45 mile east of Junction KY Route No. 2030 with County Road No. 1142. The latitude is 37°30'58". The longitude is 82°42'44".

The proposed operation is located on the Harold/Martin U.S.G.S. 7 1/2 minute quadrangle map. The operation will use the area, contour and auger/hi-wall mining methods of mining. The surface to be disturbed is owned by

Appalachian Land Company, Locust Grove Inc., John H. Kidd, Jeffery and Judith Gayheart, Joe Roberts, Sonny and Linda Gayheart, and The Elk Horn Coal Company, LLC. All underground areas to be disturbed are owned by the Elk Horn Coal Company, LLC.

The application has been filed for public inspection at the Division of Mine Reclamation and Enforcement, Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, KY 41653. Written comments, objections, or requests for a permit conference must be received within thirty (30) days of today's date.

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Gladys Shepherd, Clyde Allen Estate, Big Branch Holding Company, LLC, and William May. The operation will use the area, contour, and auger/highwall methods of mining. The application has been filed for public inspection at the Department for Natural Resources' Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Mine Permits, No. 2 Hudson Hollow Complex, U.S. 127 South, Frankfort, Kentucky 40601. This is the final advertisement of the application. All comments, objections, or requests

for a permit conference must be received within thirty (30) days of today's date.

**PUBLIC NOTICE**

Pursuant to 405 KAR 8:010, Section 16(5), the following is a summary of permitting decisions made by the Department for Natural Resources, Division of Mine Permits, with respect to applications to conduct surface coal mining and reclamation operations in Floyd County:

Matt Co., Inc. 836-0307 10/11/07  
Mason Coal Inc. 836-5465 10/16/07  
Landmark Mining Company Inc. 898-4220 10/08/07

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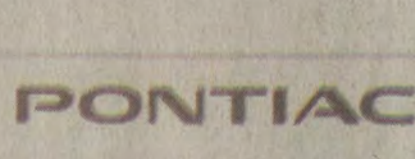
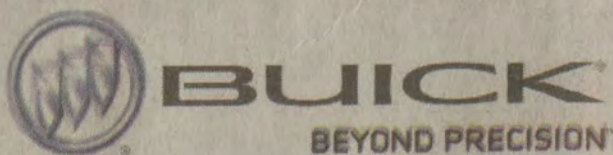
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# FLOYD COUNTY Sports

Inside

■ Kentucky Football • B2

■ NASCAR • B3

## Wildcats to meet Tennessee on Senior Day

TIMES STAFF REPORT

LEXINGTON — Having secured back-to-back seven-win seasons for the first time in 30 years, the University of Kentucky football team looks to return to its winning ways, playing host to the 19th-ranked Tennessee Volunteers, on senior day Saturday at Commonwealth Stadium. Kickoff is scheduled for 1:30 p.m. EST, and the game will be carried live on CBS.

The Wildcats will look to end the nation's longest losing streak to one opponent, having dropped the past 22 meetings with the Volunteers. Kentucky ranks as

the league leader in passing offense, averaging 268.7 yards per game through the air. Leading the air attack for the Wildcats is senior quarterback André Woodson, who ranks atop the SEC with 265.5 yards per game. Linebacker Wesley Woodyard leads the SEC in tackles per game, averaging 10.3 stops each contest.

Last time out, UK fell to the eighth-ranked Georgia Bulldogs in Athens on Saturday. UK jumped out to an early 10-0 lead, highlighted by a 36-yard touchdown strike from Woodson to Keenan Burton. UK's opportunistic defense forced four Bulldog

turnovers, but UGA rallied in the second half, coming back to notch a 24-13 win.

The game marks the final home contest for 16 UK seniors, who will be honored in a ceremony on the field prior to kickoff.

**NOTES**

- Sixteen Wildcats will be honored during Senior Day.

- UK has posted seven wins in back-to-back seasons for the first time since 1976 and 1977.

- Kentucky ranks 18th in the nation and fourth in the SEC in scoring offense, averaging 35.5 points per game. UK has scored at least 40 points in six of 11 games this season.

- Kentucky leads the SEC in passing offense (268.7) and ranks fourth in the SEC in total offense (427.2). Kentucky had charted at least 300 yards of total offense in 16 consecutive games before being held to 283 against Georgia. Twice this season UK has gone over the 500-yard total-offense mark (vs. Florida and Florida Atlantic).

- UK ranks in the top three of six SEC statistical categories, leading the league in pass offense (268.7), first downs (250) and kickoff coverage (43.7 net yards).



photo by Jamie Howell

Keenan Burton is one of 16 Kentucky seniors who'll be honored on Saturday when the Wildcats host Tennessee.

## Ten girls' teams play in TJ Compton Panorama

TIMES STAFF REPORT

EASTERN — Ten girls' high school basketball teams from around the region squared off Saturday at Allen Central High School. The Panorama named for the late T.J. Compton, featured all of the Floyd County girls' high school basketball teams pitted against 14th Region and 15th Region opponents.

In the first game of action, East Ridge jumped out to 16-4 first quarter lead before Prestonsburg went on a 23-8 scoring run in the second quarter to lead at the half 27-24.

The Lady Blackcats went on to outscore the Lady Warriors 25-20 during the second half and win 52-44.

Brittany Collins led the scoring for Prestonsburg with 17 points. She was joined in double figures by teammates Lyndsey Fields and Hannah Fitzpatrick who collected 13 and 11 points, respectively.

Brittany Swindall and point guard Hollie McCarty combined for 31 points to lead the way for East Ridge.

In Game 2, Sheldon Clark — a team out of the 57th District — took on South Floyd. Pressure defense allowed the Lady Cardinals to take a 18-7 lead at the end of the first quarter. Sheldon Clark went on to win 72-41.

Patience Brewer pumped in 24 points to lead all scorers.

In Game 3, host Allen Central and June Buchanan squared off what was probably the closest game of the day as neither team led by more than six points through out the game. June Buchanan took advantage of the size difference during the first half and with a balanced scoring attack, lead the Lady Rebs 22-20 at the half.

"We felt at the half, we had to pick up the intensity on their ball-handlers," said Allen Central Coach Mark Martin. "Due to their size if they were able to set up and look inside to the big girls in a half-court situation we were going to struggle."

Allen Central went to an all out press during the second half and it paid off for the Lady Rebs. Both teams continued to swap baskets

(See PANORAMA, page two)



University of Kentucky men's basketball players from various decades reunited recently in Stanton at the home of Harold Hurst. Floyd County resident Pete Grigsby was among those in attendance. Grigsby, who played for legendary head coach Adolph Rupp, helped to organize the event. Joe B. Hall, another former Wildcat head coach, joined several others at the gathering.

## FORMER WILDCATS REUNITE



## Mid-game run leads Bears past Union

TIMES STAFF REPORT

PIKEVILLE — Pikeville College closed out the first half with the final five points and then opened the second half with a 19-9 run to blow open a tight game and pick up a 79-57 win over Union College Saturday.

Leading 33-26 late in the first half, the Bears scored the last five with junior Ewan Linton going 3-of-4 from the line. The second half began with a 19-9 run thanks to junior William Harris, who had 12 points including a couple of fierce dunks and a pair of three-point baskets.

When Harris sank his second three of the run with 10:09 remaining in the half, the lead was 57-35.

In the second half, the Bears hit 70.8 percent from the floor (17-of-24) and held the Bulldogs to 32.4 percent (11-of-34) to pull away for the win.

Four Bear starters reached double figures in the win, with senior Jeff Ferguson leading the way with 18. Harris had 15 while going 3-of-4 from the arc and had six rebounds and three steals.

Juniors Ewan Linton and Haakim Johnson had 12 markers each. Johnson had five assists and four rebounds while Linton had eight rebounds.

Union (2-2) had only one player in double digits, as senior Chris Stinson scored 10. Sophomore Aaron Dunaway, who had 31 last year against the Bears in a Union win in Barbourville, was limited to eight.

## First half run too much for Lady Bears in Gatti's finale

TIMES STAFF REPORT

PIKEVILLE — Shawnee State scored the first eight points of the game and closed the first half with a 12-0 run and rolled to a 94-70 win over Pikeville College in the final game of the 2007 Gatti's Classic Saturday afternoon.

The two outbursts by Shawnee State combined with some aggressive defense helped build a 50-17 lead at the break. Pikeville made only 5-of-34 first-half shots for 14.7 percent.

In the second half, the more aggressive home team played and shot better, hitting 55.2 percent from the floor and sinking 5-of-8 from the arc, but could do nothing more than cut the margin of defeat on a night they were 'outrebounded' 54-41.

Junior Alice Daniel sank 5-of-7 from the arc and finished with 18 to lead all scorers. Freshman Lakinia Bailey came off the bench for 13 points and seven rebounds. Freshman guard Ashly Chandler finished with five points, nine rebounds and six assists.

Shawnee State, ranked 21st in the country in NAIA Div. II, had five players in double figures. Senior Shannon Leasure led the way with 17 points, while junior Becky Babione followed with 16. Sophomore Jennifer Grandy tossed in 15 while junior Kelly Wagner had 12 and freshman Keilee Guthrie added 10.

Pikeville (0-6) will be back in action on Saturday afternoon when it hosts Rio Grande at 2 p.m.

## Miners defuse Xplosion in home opener, 112-98

TIMES STAFF REPORT

PIKEVILLE — Host East Kentucky jumped out to a 9-0 lead and held visiting Pittsburgh scoreless until the 8:55 mark of the opening quarter Sunday evening en route to a commanding 112-98 win in its home opener at the East Kentucky Exposition Center. The Miners never trailed in their first-ever home game after falling 123-118 in overtime Friday night on the road in a season opener versus the Xplosion.

East Kentucky — one of four Continental Basketball Association (CBA) expansion teams — doubled Pittsburgh up 36-18 in the opening quarter. The Miners took a comfortable 62-44 lead into halftime.

Josh Pace led East Kentucky with a game-high 22 points. Boo Jackson turned in a double-double of 20 points and 10 rebounds for

the Miners. Marcus Heard also had 20 points for the host team. Bryant Northern scored 19 points as four Miners netted double figures in the scoring department.

"This was a great win in front of a phenomenal home crowd," said first-year East Kentucky Coach Kevin Keathley. "Coming into the game we knew we wanted to get up and down the floor and put points on the scoreboard. Our guys played extremely hard and we were able to do just that."

Defensively, East Kentucky was limited Pittsburgh on more than one offensive possession.

"It's good anytime you can hold a team under 100 points on this level," Keathley added.

Shawn Fountain and John DeGroat each had 19 points for Pittsburgh. Five different members of the Xplosion reached double figures in the scoring column. Antonio Graves netted 18 points

and Odell Bradley added 15.

The Miners led 84-70 at the end of the third quarter.

East Kentucky prevailed 5-2 in the quarter points department.

The attendance for East Kentucky's home opener was 2,217.

**EAST KENTUCKY MINERS UPCOMING HOME GAMES**

- Nov. 26 vs. Rio Grande Valley, 7:05 p.m.
- Nov. 28 vs. Butte, 7:05 p.m.
- Nov. 29 vs. Butte, 7:05 p.m.
- Dec. 2 vs. Atlanta, 4 p.m.
- Dec. 3 vs. Atlanta, 7:05 p.m.
- Dec. 10 vs. Minot, 7:05 p.m.

## PHS football program to host region rally

TIMES STAFF REPORT

PRESTONSBURG — The Prestonsburg High School football program will host a breakfast/pep rally on Friday morning in the PHS Gym from 9:30-10:30 a.m. as the Blackcats prepare to travel to Louisville to face DeSales in a regional championship matchup. Kickoff for Friday night's regional championship football game is set for 7:30 p.m. All Blackcat football fans are invited to the breakfast/pep rally.

Prestonsburg last played in Louisville in 2001 at Cardinal Stadium in the Class 2A State Finals.

Prestonsburg claimed a district championship Friday night, defeating familiar foe Shelby Valley 38-0. The Blackcats rolled in the second half after taking a one-touchdown lead into half-time. Prestonsburg ended the season undefeated versus district competition.

# Men's College Basketball: Louisville 84, Jackson State 53

by WILL GRAVES  
ASSOCIATED PRESS

LOUISVILLE — Louisville forward Earl Clark just laughs when talking about the wide-eyed freshman who looked lost on the floor at times last year.

Clark says he's grown up now, more comfortable. He certainly looked at ease while putting together the finest game of his young career in Louisville's 84-53 win over Jackson State on Sunday.

Clark scored 20 points to go with 14 rebounds and seven assists while showcasing the all-around play that coach Rick Pitino thinks will land Clark in the NBA one day.

Not so fast, said Clark. After spending most of last season trying to find himself in Pitino's demanding system, he's only too happy to focus on the present and not worry about what lays down the road.

"Last year, everything just came so

fast," Clark said. "I wanted success too early. I didn't want to go through what all freshmen go through. I was just looking to come in (and star) but it was a stage that I had to go through and I went it. Now I just want a chance to get a lot of minutes and make my teammates better."

Andre McGee matched his career-high with 18 points and Derrick Character had 11 points and eight rebounds as Louisville (2-0) had little trouble with the Tigers (0-4).

A day after Terrence Williams recorded the third triple-double in school history, Clark nearly matched the feat. Feeding teammates from the high post, he hit cutters driving to the basket and looked comfortable handling the ball in the open floor.

"I just wanted to get my teammates involved," Clark said.

Louisville center David Padgett scored nine points in 12 minutes before leaving the game late in the first half after injuring his right knee

while setting a pick. He limped to the training room and spent the second half watching from the bench with his knee wrapped in ice.

Padgett underwent surgery on both knees following the 2005-06 season, but should be available Wednesday when the Cardinals play at UNLV.

Though Clark struggled to find his shot early, he made up for it by attacking the basket and getting to the free throw line, something he rarely did last year as a skinny freshman.

"Something just clicked," Clark said. "I'm just out there reacting now. I'm not thinking too much."

The hot shooting that led the Cardinals to a 35-point rout of Hartford on Saturday abandoned them against the Tigers. Louisville shot just 43 percent from the field and made just six 3-pointers against Jackson State — 16 less than the school-record 22 they poured in against the Hawks.

It took the Cardinals awhile to fig-

ure out they weren't going to make every shot. They looked lackadaisical early on, allowing the Tigers to stay within three late in the first half.

"Coach told us we weren't going to make everything and we needed to get the intensity up," McGee said. "We know it starts with our defense and we just wanted to push the tempo."

With Clark and McGee leading the way, Louisville overpowered the Tigers. The Cardinals outrebounded Jackson State 53-39 and blocked seven shots, including three by Clark.

The Cardinals, who looked sloppy trying to press Hartford, had more success against the Tigers. Louisville forced the defending SWAC champions into 17 turnovers and held the Tigers to 30 percent shooting from the floor, including just 26 percent in the second half.

"Playing back-to-back games is very difficult," Pitino said. "We did what we had to do. As Bill Russell

says, the only statistic that matters is the 'W' and we got the 'W.'"

Darrion Griffin led the Tigers with 15 points and Grant Maxey added 10 points for the Tigers, but Jackson State wore down against Louisville's relentless pressure.

The Tigers hung close early and trailed by just three late in the first half, but Louisville pulled away with a 25-9 run spanning the end of the first half and the beginning of the second half.

"I thought we played well early on, but as the game went along, I thought we got a little fatigued," said Jackson State coach Tevester Anderson. "Our big guys got in foul trouble and naturally we need them to be successful."

"We did this to try and make ourselves tougher," Pitino said. "It's going to be quite a test. We didn't play bad but we can't play those teams like we played these two games."

## Panorama

late in the game. Senior Sara Johnson scored on a driving layup with under 10 seconds left to seal the victory for Allen Central. Johnson led all scorers with 23 points.

"It was a good way to start things out for this group, they continue to get better and I felt Kim Bilitier played a solid game," Martin added. "She's pretty good off the dribble and she made some good things happen for the other girls on the offensive end. Sara had a good day and happy for her hitting that game winning shot. Those two are pretty tough."

Game 4 pitted Betsy Layne against Paintsville. Betsy Layne — returning all of the players from last season's district championship team — played a near-even game

against the 57th District opponent Paintsville. Paintsville lead through out the second half and held off a late Lady Bobcat rally to win 50-47.

Game 5, the nightcap, Coach Amanda Collins Stiltner's Belfry Lady Pirates matched up against 14th region opponent Knott County Central. In a game that featured a lot of size and quickness, Belfry behind a fullcourt press wore down point guard Megan Mosley and the Lady Patriots. Belfry was able to stretch out to a 29-16 halftime lead and went on to defeat Knott County Central 48-31. Senior Shae Deskins and Junior Melissa Pruitt lead the scoring attack for Belfry by scoring 19 and 17 points, respectively.

Mosley was the only player

to score in double figures for Knott County Central. The senior guard collected 12 points.

"Overall, felt like it was a good day of basketball. Athletic Director Colonel Maynard and I tried to come up with five good games by trying pit our county teams against some of the better teams in the area and scores of each game pretty much reflects that," Martin added. "All teams played hard and were well prepared."

"We want to thank all of the schools and coaches for participating and allowing us to put on a good day of basketball. We are already starting to make plans to make next year's T.J.Compton Panorama an even better event."

Continued from p1

# No. 8 Georgia 24, No. 22 Kentucky 13

by PAUL NEWBERRY  
ASSOCIATED PRESS

ATHENS, Ga. — Georgia has done all it can to reach the Southeastern Conference championship game. Even if it's not enough, the No. 8 Bulldogs will certainly be content with their impressive turnaround this season.

A team that looked down and out a month ago clinched a tie for first in the SEC East with a 24-13 victory over 22nd-ranked Kentucky on Saturday, rallying from an early deficit, overcoming four turnovers and stifling one of the country's highest-scoring teams.

"We surprised a lot of people," said defensive end Marcus Howard, who had two sacks. "This wasn't a rebuilding year. This was a reloading year."

Knowshon Moreno ran for 124 yards and Kelin Johnson set up the go-ahead score with a blocked punt, helping the Bulldogs finish off a stirring, emotional run through the second half of their SEC schedule.

It looked as though Georgia would wrap up the East title when Tennessee fell behind 24-9 at home to Vanderbilt. But the Vols rallied for 16 points in the fourth quarter and a 25-24 victory that kept them in control of the East race.

Now, the Bulldogs have to pull for the team they just beat. If Tennessee wins at Kentucky next week, the Vols claims the East title on the tiebreaker; if not, Georgia is the division champ outright and advances to play top-ranked LSU in Atlanta on Dec. 1.

"We can't control what Tennessee does," Georgia center Fernando Velasco said. "We did our part today. We'll just have to see what happens."

The Bulldogs (9-2, 6-2 SEC) were hardly thinking championship after a 35-14 loss at Tennessee on Oct. 6. The following week, Vanderbilt was driving for a late touchdown that would have finished off Georgia's season.

But the Bulldogs forced a fumble, marched the other

way and kicked the winning field goal as time expired. They've looked unbeatable since then, scoring 40 points in three straight games — including wins over Florida and Auburn — then beating Kentucky with perhaps their best defensive effort of the season.

"Somehow, we turned it around," said Georgia's Mark Richt, who became only the eighth major-college coach to win 70 games in his first seven seasons. "I'll have to look back one of these days and figure out how it happened."

While the Wildcats (7-4, 3-4) already had been eliminated from a shot at playing in the SEC championship game, they were trying to win out and claim at least a share of the division crown.

But their potent offense, averaging more than 37 points a game, couldn't take advantage of two interceptions and two fumbles by the Bulldogs.

Georgia's defense saved the day, holding Kentucky to its lowest output of the season, despite spotting the Wildcats a 10-0 lead, and helping avenge a 24-20 loss in Lexington last season.

Andre Woodson, who came in with an SEC-leading 29 touchdown passes and just seven interceptions, had a rough afternoon against Georgia's blitzing defense. He was 24 of 41 for 268 yards, managed only one TD pass and was sacked five times.

"Woodson is probably a first-round draft pick," Howard said. "But he wasn't going to look like a first-rounder on our watch."

The Bulldogs came up with two huge stops in the fourth quarter of their home finale.

First, with the Wildcats facing third-and-4 at the Georgia 15, Howard sacked Woodson for an 18-yard loss that forced Lones Seiber to try a 51-yard field goal. It was wide and a little short. After Kentucky got it back again deep in its own territory, Geno Atkins dumped Rafael Little for a 2-yard loss on third-and-1 with under 5 minutes to go.

Georgia got it back on a

punt and pushed into field-goal range for Brandon Coutr, who wrapped up the win by hitting a 46-yarder with 2:09 left.

"When you get four turnovers, you have to put points on the board," Woodson said. "Our running game isn't working, so they didn't have to worry that. They could just drop back and protect the pass. They ran a lot of stunts, and we had a hard time picking them up."

One week after wearing black jerseys for the first time in an emotional win over Auburn, the Bulldogs returned to their usual home red and got off to another rousing start. Asher Allen returned the opening kickoff 82 yards to the Kentucky 18.

But Moreno fumbled inside the 10 and Jeremy Jarmon recovered for the Wildcats.

Kentucky built a 10-point lead before the first quarter was done. Woodson tossed a 36-yard touchdown pass to Keenan Burton, then Seiber connected from 31 yards after Matthew Stafford threw the first of his two interceptions.

That was Kentucky's only points off a turnover.

Georgia made it 10-7 just before halftime when Moreno powered over from the 1. The freshman bounced back from that early mistake for his fifth straight 100-yard rushing game, the first Bulldogs back to accomplish that feat since Heisman Trophy winner Herschel Walker in 1982.

Georgia surged to its first lead after Johnson blocked Tim Masthay's punt on the first possession on the second half, the Bulldogs falling on it at the Kentucky 19. Thomas Brown scored from the 1 to make it 14-10.

Stafford gave the Bulldogs some breathing room, catching the Wildcats off guard with a 10-yard touchdown run. He faked a handoff to Brown running to his left, then took off the other way and slid into the end zone.

Georgia closes the regular season next Saturday at Georgia Tech — then hopes to make a return trip to Atlanta the following week.

"We've done everything we can do," Richt said.

# USF routs Cards, 55-17

by FRED GOODALL  
ASSOCIATED PRESS

TAMPA, Fla. — Louisville's potent offense was no match for South Florida's tenacious defense.

Mike Ford rushed for 140 yards and two touchdowns and USF forced seven turnovers while holding Brian Brohm to a season-low passing total as the Bulls manhandled the Cardinals 55-17 on Saturday night.

Brohm was intercepted three times and his backup, Hunter Cantwell, was picked off once. The Cardinals also lost three fumbles while being held to 405 yards, well below their Big East-leading season average of 497.6 per game.

Louisville (5-6, 2-4) turned the ball over on the opening kickoff and never recovered.

Trent Guy fumbled returning the kick, USF's Nate Allen picked up the loose ball at the Cardinals 3 and continued into the end zone, a place the Bulls would visit five more times in the first half alone.

USF (8-3, 3-3) also scored on Trae Williams' 64-yard interception return and Ford's 6-yard TD that capped an 89-yard drive in which the freshman tailback also ran for 43 and 23 yards on consecutive plays.

Ford carried 24 times a week after posting the first 100-yard game of his career.

Meanwhile, dual-threat quarterback Matt Grothe scored on a 14-yard run and threw TD passes of 7 yards to Marcus Edwards and 30 yards to Carlton Mitchell to help the Bulls to a 41-10 halftime lead.

Brohm completed 18 of 37 passes for 213 yards while becoming the Big East's career passing leader. He tied the Cardinals' single-season record for TD passes with his 29th, but also was intercepted three times before being removed early in the fourth quarter.

At 5-6, Louisville's streak of nine consecutive bowl trips is in serious jeopardy. The Cardinals must win their finale against Rutgers to avoid a los-

ing season and become bowl eligible, however that still may not ensure they'll get a berth.

A week after gaining a school-record 582 yards in a 41-10 rout of Syracuse that stopped a three-game losing streak, USF amassed 482 yards against a Louisville defense that has struggled all season.

Grothe was 17-of-23 for 194 yards, two touchdowns and one interception. He also rushed for 67 yards on 12 carries.

Brohm became the Big East's all-time passing leader on a 9-yard completion to Harry Douglas early in the second quarter. In three seasons since Louisville joined the league, he's thrown for 9,719 yards, boosting the senior's career total to 10,538.

Douglas scored Louisville's first touchdown on a 59-yard reception late in the second quarter. He finished with eight catches for 136 yards and also a 71-yard catch-and-run wiped out by a holding penalty.



photos by Jamie Howett  
THE ALLEN CENTRAL MIDDLE SCHOOL B AND C GIRLS' BASKETBALL TEAMS recently captured Floyd County championships.



# WKU turns back MSU

TIMES STAFF REPORT

BOWLING GREEN — Morehead State scored the first points of the game and the last points of the game, but Western Kentucky's high-powered offense scored often in between, and the Hilltoppers rolled to a 52-12 college football win over the Eagles Saturday at L.T. Smith Stadium. MSU ended the 2007 season with a 7-4 record. It was the Eagles' 10th winning season and 11th non-losing season in the last 12 years.

After MSU won the coin toss and elected to defer its decision to the second half, Western Kentucky elected to receive. In a surprise move,

Eagle kicker Mason Webb executed a perfect on-side kick, and MSU recovered. The Eagles then drove 57 yards on four plays to score on a 15-yard touchdown pass from Brian Yost to Erick Fitzpatrick. The PAT snap was bobbled, the try failed and MSU led 6-0 with 13:49 left in the first quarter.

After WKU scored 52 consecutive points, the Eagles scored on a 51-yard pass from Yost to Dontae Gibson. A two-point conversion attempt failed.

The Hilltoppers raised their record to 7-4 going into WKU's season-finale next week at North Texas State. A Sun Belt Conference member

in other sports, Western Kentucky is making the transition to NCAA Division I Football Bowl Subdivision and will be joining the Sun Belt in football also.

Yost passed for 207 yards, but the aggressive Hilltopper defense picked off three passes and sacked him seven times. Fitzpatrick caught five passes for 61 yards, and Gibson caught four passes for 105 yards.

Defensively for MSU, Josh Ballard, who filled in much of the game for ill starting middle-linbacker Wes McDermott, had 13 total tackles including eight solos, 1.5 tackles for loss and one sack.

# Johnson wins 2nd championship with cool Sunday drive at Homestead

by JENNA FRYER  
ASSOCIATED PRESS

HOMESTEAD, Fla. — Totally calm and cool, Jimmie Johnson left the pre-race drivers' meeting Sunday afternoon flashing the peace sign at people wishing him luck.

Two fingers. Two straight championships.

Johnson became the first driver to win consecutive championships since Jeff Gordon in 1997 and '98, wrapping up the title by finishing a trouble-free seventh in the season finale at Homestead-Miami Speedway. Matt Kenseth won the race.

When it was over, he and crew chief Chad Knaus were already thinking about a third.

"We're just really hitting our stride," Johnson said. "I think that we have a lot of good years ahead of us and we'll be fighting for more championships and certainly winning more races as the years go by, and hopefully be a three-time champion in the near future."

This Sunday drive was a coronation, and Johnson knew it. Deep down, so did everyone else, too. NASCAR is changing eras next season, but the Johnson era atop the sport is just getting started.

Team owner Rick Hendrick was along for the ride when Gordon ruled the sport, and said it's clear this is Johnson's time now.

"Jimmie's just getting better and better, phenomenal," Hendrick said. "He's as determined as anybody I've ever seen sit down in a race car. I don't see anything that's going to slow Jimmie down. I hope that we can keep it together. We can do some phenomenal things in the future."

"Can we get 10, guys?" Hendrick asked, looking at Johnson and Knaus. "OK, we're going to get 10."

Johnson came into the event with a cushy 86-point lead over Gordon, his friend, mentor and teammate at Hendrick Motorsports. Although Johnson only needed to finish 18th or better, he refused to play it safe and Knaus gave him a pole-winning car.

Johnson led the first lap to earn a quick five-point bonus, then settled in for the 400-mile ride into the record books. At a time when no single team is supposed to dominate, the No. 48 crew did just that in leading Johnson to 10 victories and a stout 5.0 average finish during the Chase for the championship.

It put it out of reach for Gordon, who was hoping to add a fifth Cup title to his dream season. He became a father in June, won six races and his fourth-place finish Sunday was his NASCAR-record 30th top-10 finish of the year.

"It's an awesome year, but you know what? We wanted to win a championship and we got beat," said Gordon, who pulled alongside Johnson for a celebratory nudge and pumped his fist in excitement during Johnson's burnout.

Gordon was also terrific in the Chase, winning twice and averaging a 5.1 finish. But it wasn't enough against Johnson, his hand-picked teammate who wound up surpassing him as the sport's dominant driver.

Johnson became the first driver since Gordon to win double-digit races, four in a row and the consecutive titles. His 77-point victory margin was the largest in the four years of the Chase.

"I'll be honest, I really thought that as aggressive as they were being, it was going to bite them," Gordon said. "I guess I was just a little bit too confident in the old consistency thing. ... Man, if they didn't pull it off. That's how good they are."

It was a far different approach from last year, when Johnson fretted over everything — especially the outcome. He had lost the championship in 2004 and 2005, and the stress of it made him unable to relax.

"Losing those two championships taught us a lot. It

was painful," Johnson said. "And there were points there where we went back, looked at it and tried to adjust. And it's led to these two championships."

Finally winning last year chilled him out, and the California kid had a "no worries" attitude during the entire Chase. He packed a quick trip to Mexico into his schedule two weeks ago, spent time hanging out in New York City and even made plans for his championship party a week in advance.

"After what I experienced last season and coming into this season, and even this night, it just went so much smoother for me," he said. "I was in the right frame of mind, was focused on the right things. I had great support from the crew guys, great support from my loving wife and everything came together. We're rocking."

The attitude was infectious for the entire team.

Before the Super Bowl in South Florida nine months ago, Colts quarterback Peyton Manning said he slept for 12 hours the night before the game — and knew that was a good sign.

Same thing here. This was Johnson's Super Bowl, and his team couldn't have been more relaxed.

Knaus — the sort of guy who frets over every detail — went to bed at 9 p.m. Saturday, awoke at 8 a.m. and couldn't have been calmer when he got to the track a couple hours later.

"I've got the best team and the best driver," Knaus said.

Who can argue? Certainly not NASCAR.

"He is having a run that in the modern era is maybe unmatched," NASCAR chairman Brian France said before the race. "He is just at a dif-

ferent level and I think it's hats off to him."

The sport has come a long way from the days when Richard Petty won 27 races in a season, and too many teams are competitive for any one driver to dominate. But Hendrick Motorsports did it, with its four drivers winning 18 of the 36 races and Johnson taking the lion's share while giving HMS its seventh Cup championship.

It came in a season when NASCAR phased in its Car of Tomorrow, a safer, cost-efficient car that was also designed to improve the rac-

ing. But teams had to flop back and forth between the current car and the CoT, and mastering both programs was a chore.

Sunday's finale was the last race for the current car, as a new era begins next season when NASCAR will use the CoT exclusively. The series name also is changing, from Nextel Cup to Sprint Cup.

And the dynamic at Hendrick also will be different, with Dale Earnhardt Jr. — NASCAR's most popular driver — set to replace the temperamental Kyle Busch

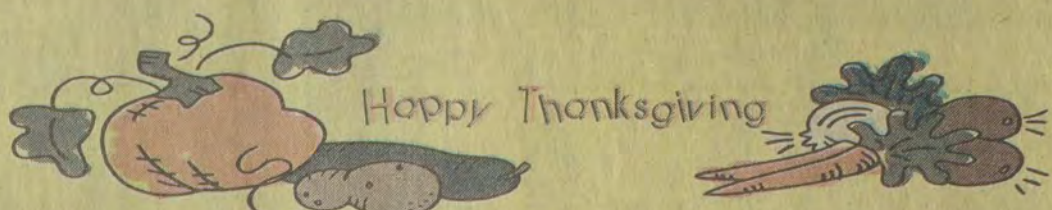
on the four-car team. The addition will give Hendrick another championship-caliber driver and a colorful personality on a team often criticized for being a bit bland.

It's stretched to Johnson, who despite his success isn't embraced by a fan base that views him as a little too polished and a lot too nice. But he proved he's not perfect last December, falling from the top of a golf cart and breaking his wrist in the process. Embarrassed by the incident and afraid of what it would do to his image, he

initially lied about how it happened and was angry when the truth came out.

When it didn't harm him, Johnson realized he doesn't always have to be the consummate corporate poster boy and can show his wild side. He did just that when he crossed the finish line Sunday, immediately radioing to his crew to get ready for the party.

"South Beach, here we come," said Johnson, who promised to "watch the sun come up and smile."

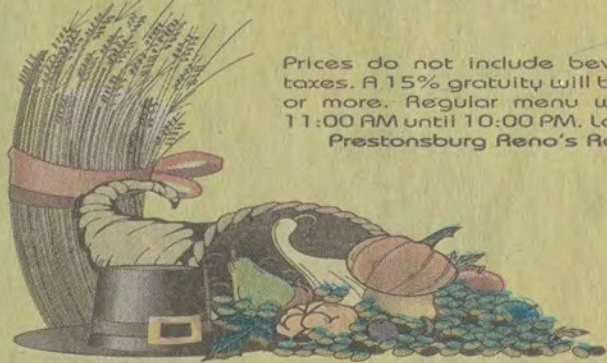


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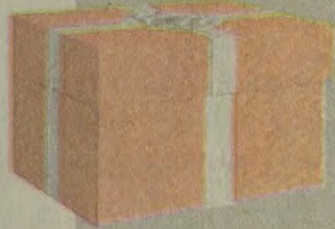
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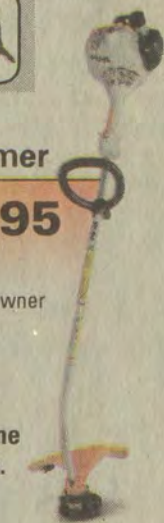
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# FLOYD COUNTY Lifestyles

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### POISON OAK

## On mid-afternoon darkness

I've about decided that my impatience is enhanced by my years, for I don't remember ever before having to fight this feeling of gloominess every time I pass the sign at the bank that gives me those chilly temperature readings.



Clyde Pack

When I was a kid, summer, fall, winter, spring (which when bunched together was also the name of the Indian princess on "The Howdy Doody Show") were all the same. Living an eastern Kentucky coal camp, where the crop of kids eventually outgrew the production of coal, there was always something going on. That long awkward pause between Thanksgiving and the first day of spring, being no exception. Of course, Christmas was stuck smack in the middle of that time span, and just as it is now, Christmas was Christmas was Christmas.

But cold weather and seasonal changes mattered little to the kids at Muddy Branch. They were always readily available for a game of cowboys and Indians, or tackle football, because, most likely to maintain their sanity, our mothers shoved us out the back door as soon as we'd had breakfast on non-school days, and immediately after supper when school was in session. I was never actually told not to come back inside until it was too dark to even play a game of kick-the-can, but seems like I can recall a look of disappointment on Mom's face when she'd realize that little brother Joe and I had returned for the night.

(See OAK, page seven)

### KIM'S KORNER

## Triangles, squares and circles

Last week while spending one of my favorite pastimes (babysitting my niece & nephew) I found myself in awe of how smart little ones are these days.

Colby is now 7 years old and Kennedy is 4 going on 24.



Kim Little Frasure

He is definitely all boy, loves basketball, football, fishing, and fascinated with fireworks. She is as girly-girl as it gets. Never have I ever seen a 4-year-old so into fashion and painting fingernails as Miss Kennedy.

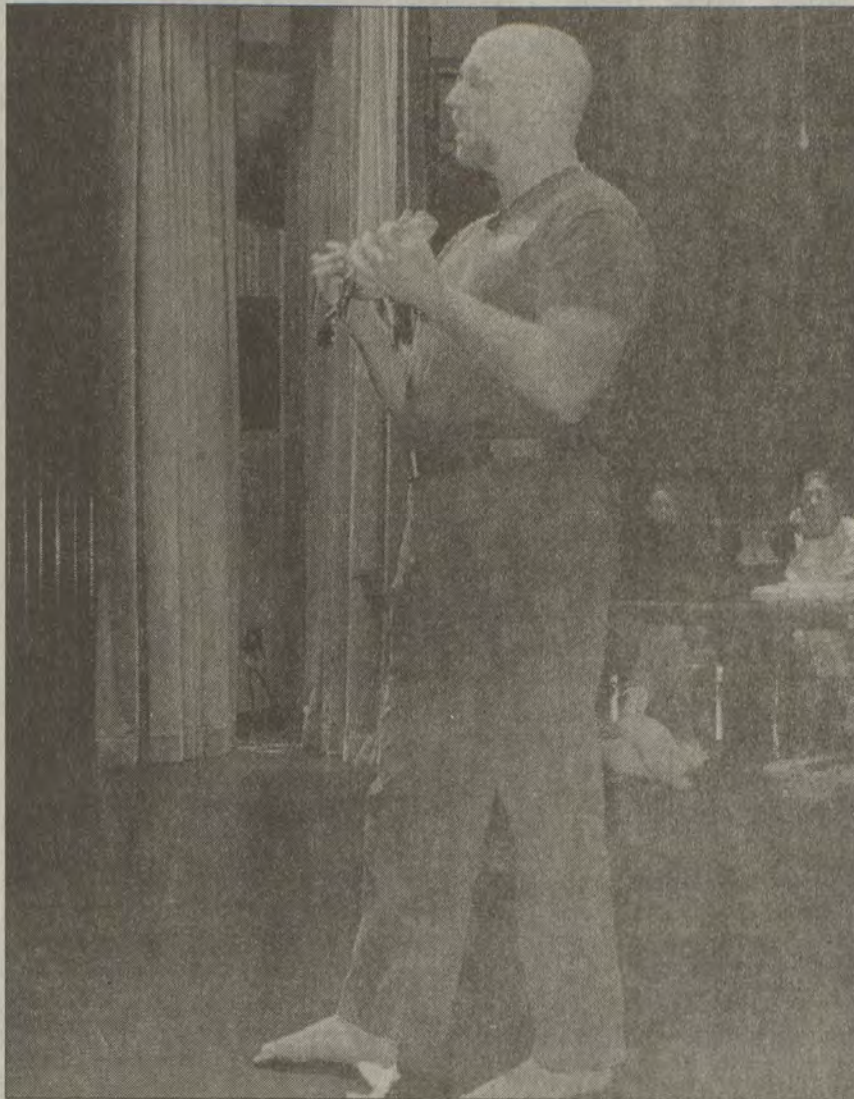
They are both so precious and so free with their bear hugs and love you can't help but want to squeeze them to pieces.

When it came time for baths and bedtime they were ready and willing without hesitation and both spouted directions on how to wash their hair and what shampoo to use.

Though Kennedy took a little while deciding which pj's she wanted to wear, all went pretty smooth and it was off to bed.

As we all laid down together and it was time to say our prayers Colby

(See KORNER, page seven)



Jim Harrison, director, Kentucky Reptile Zoo, held a baby American alligator up for display during his talk on alligators and crocodiles.



Kristen Wiley, curator, Kentucky Reptile Zoo, allowed this Argentine boa to wrap itself around her body during a presentation on reptiles held Friday evening at Big Sandy Community and Technical College.

# Snakes alive!

## BSCTC Biology Club holds annual reptile show

by KATHY J. PRATER  
FEATURES EDITOR

They smell with their tongues, never close their eyes (even when sleeping), and, regardless of their shiny exteriors, are dry, not slimy, to the touch. Of course, we are speaking about snakes and a few fun facts learned about them at the Big Sandy Community and Technical College's Community Biology Club's Annual Reptile Show, held Friday evening on the Prestonsburg campus.

On hand for the presentation was Jim Harrison, director, Kentucky Reptile Zoo, and his wife, Kristen Wiley, zoo curator. Harrison, Wiley and their staff at the zoo work to educate the public about the lives of reptiles and to help correct harmful misconceptions about the animals and to demonstrate their importance to the world's ecosystems.

The zoo, according to Harrison, provides 600 to 1,000 venom extractions per week for hospitals all over the world. "There are 0 to 12 snake bite deaths per year in the United States," Harrison said, "contrary to what many believe." According to Harrison, "snakes do not want to bite, especially humans."

"Humans are not prey for snakes," Harrison continued. "Snakes want to save their venom to use on their prey, for their food. They don't want to waste it by biting humans...snakes won't chase you and they don't want to bite you," he said. Additionally, Harrison informed, ninety-five percent of all snake bites do not contain enough

venom to kill a human being. "But if you do happen to get bitten," he said, "go to a hospital. Don't waste your money on snake bite kits, get yourself to a hospital where they can take care of you."

As such, Harrison's best advice to those who encounter snakes on their property or while taking nature walks or hikes, is to "leave the snake alone." "If you see a snake, go in the opposite direction," he said.

The husband-wife team share that, through their work, they want to teach people to not inflict malicious behavior on snakes. "Yes, some snakes are venomous, the majority are not," Harrison said. "But even the venomous ones are not out 'to get you,'" he said. "Snakes prefer to be left alone and, when left alone, are actually beneficial to have around. They eat insects, rodents, and, in some cases, each other." The common non-venomous black King snake, according to Harrison, can kill and eat venomous copperhead and rattlesnakes. "So, when you see a black snake," he said, "please, leave it alone."

The venom provided by the Kentucky Reptile Zoo is used to make serum to treat those who have been bitten by snakes, and also for medical research. "Recent studies have shown that snake venom can stop the spread of breast cancer cells," Harrison said. "So, snakes may end up saving your life someday."

Harrison advocates "being smart" when outdoors and refraining from doing such things as "sticking body parts - hands, feet, heads - into holes and dark places." "Snakes that may be rest-

ing inside will see this as an intrusion, and yes, they will bite because they feel threatened," he said.

If, in spite of Harrison's teachings, you still can't bring yourself to feel comfortable about the thought of having snakes nearby, Harrison advises keeping your lawns mowed and free of items in which snakes might enjoy crawling into or resting upon. "And, please," he said, "be aware that the use of insecticides and lawn treatments are harmful to the common green snake. Green snakes are harmless; they like to hang around in trees and eat insects. They don't bother people."

For those who want to learn more about snakes and other reptiles, Harrison advises "to read a good book." "Be wary of the documentaries and shows on television," he said, "they tend to 'dumb' everything down. Their focus is to entertain, not educate. And, when you see them holding a snake upside down by its tail, they are damaging the animal's body. We won't do anything to harm an animal. If you really want to learn about reptiles, get yourself a good book."

The Kentucky Reptile Zoo is located at 200 L&E Railroad Road, in Slade, KY. They are open from 11 a.m. to 6 p.m., Friday through Sunday, during the spring and fall, and daily during the summer. They will close for the winter season on November 22.

You may email them at kyreptil@mailhost.mis.net.

Prof. John Shiber sponsors the BSCTC Community Biology Club.

### CRITTER CORNER

## Keep wildlife from seeking shelter inside your home this winter

Temperatures are dropping and days are getting shorter, which reminds wildlife that it is time to seek winter quarters. The wildlife conflict specialists at The Humane Society of the United States (HSUS) want people to be aware that raccoons, skunks and squirrels may seek shelter in places that homeowners do not even realize they are providing through openings in their chimneys, attics, vents, porches and sheds. Homeowners should take some simple steps before Thanksgiving, in order to keep unwanted winter visitors out of the house.

John Griffin, director of Humane Wildlife Services for The HSUS reports, "Animals are the first to alert us to unknown openings above our gutters and out of our sight lines on roofs and chimneys - places homeowners rarely inspect. Unfortunately, once they have

alerted us, they've already been using them. This is the optimal time of year to see if openings exist and to make immediate repairs so that there is not a conflict in the future. The best way to do this is by inspecting your house from foundation to roof."

Exterior openings are not just attractive to animals; they are energy-robbing outlets for heat to escape and damaging moisture inlets for weather to infiltrate. So it is a good time to combine your fall exterior tasks like gutter cleaning and limb-trimming with a comprehensive inspection where you "view" your house through the eyes of wildlife around you.

The HSUS warns that it is imperative, however, that before closing, sealing or cap-



"Gus," a 13-year old male pug, was happy recently to take over the role of "son" in the Eddy and Robin Clark household while real son, Taylor, was away participating in the Governor's Scholar program. Here, Gus is pictured getting ready to take a cruise around town in Taylor's truck! "Gus has a favorite brown leather chair he enjoys," Robin said. "He likes to stay outdoors in the daytime but he comes around scratching at the door at about 5:00 every evening. He's pretty old now and doesn't do a whole lot, but he's still really funny and he likes to snore!" Gus is much loved by his family, Robin, Eddy, Taylor, and Caitlin.

(See CRITTER, page eight)

# YESTERDAYS

(Items taken from  
The Floyd County  
Times,  
10, 20, 30, 40, 50, 60,  
70 years ago.)

## Ten Years Ago

(December 3 & 5, 1997)

State education officials are hoping to give Floyd Countians an important Christmas present—three new members for the board of education. Lisa Green, spokesperson for the Department of Education, said Tuesday, that officials are hoping to have a full board in place by Christmas.

Federal officials are not investigating circumstances surrounding the November shooting death of Billie Jo Mitchell of Ivel. A Floyd County grand jury recommended, on November 6, that the FBI conduct an investigation into the way the case was handled by local authorities.

A Banner couple's home was burglarized, November 25, by a couple posing as rug salesmen. Cecil Crum, 69, and his wife, reported that a man and woman entered their home last Tuesday, pretending to be interested in selling them a rug, according to sheriff's detective Homer Neeley.

An Ohio man was jailed, last week, on two felony charges after he allegedly dragged a Mountain Comprehensive Care Center employee across a parking lot while trying to steal the woman's purse.

Martin Mayor Alan Whicker will devote all his time to that city's business if he can get a leave of absence from his job. At a special city council meeting, Monday, Whicker asked council to raise his pay so he can tend to the City's office, temporarily, on a full-time basis.

Julius Keith Mulley, 25, of Minnie, and William Calloway Ayers, 26, of Pikeville, A&C Equipment Supply employees, were arrested, last week, for allegedly using the company's credit card to purchase thousands of dollars worth of merchandise for themselves.

Claude Isaacs, 19, was lodged in the Floyd County Adult Detention Center, and charged with first degree robbery for allegedly stealing a large amount of money from his uncle, Chester Newsome of Teaberry.

Some of the items stolen from the Little Nancy Old Regular Baptist Church over the weekend were recovered, Tuesday, from behind the church by Floyd detective, Jim Rederick, and church member Chuck Hall.

The first annual Floyd County Senior Citizens Center Conference will be held today, December 3, from 11 a.m., to 2 p.m., at the Mountain Arts Center in Prestonsburg.

Chaos in the Floyd County school system for the past couple of years may have filtered down into some classrooms, if the latest state KIRIS scores are an indication. Ten out of the county's 19 schools regressed from their baseline standards for achievement, but two schools have already met two-year goals in the testing cycle.

Criminal charges against Tracy Martin, 27, of Drift, who was arrested after she allegedly refused to seek medical treatment for her four-year-old daughter were dismissed last month during her arraignment in Floyd District Court.

Construction is underway on a third Neighborhood Network Center in housing projects in Floyd County. Cliffside Housing residents will soon have a Neighborhood Network Center where they can learn skills, such as computer literacy, the center's director Kay Hale Ross said Tuesday.

Family members and friends of Dallas Marsillett have already received at least one of

their Christmas gifts—a miracle. Dallas, a seven-year-old Floyd County boy who accidentally hung himself on November 15, has almost fully recovered from the "freak accident" and is expected to be home before Christmas.

Prestonsburg Community College president Deborah Floyd has denied any wrongdoing alleged in a civil discrimination lawsuit filed last month by a PCC employee against the school and the University of Kentucky. Floyd is not named as a defendant in the suit.

A fatal mishap in Johnson County, Wednesday night, is apparently more than just an accident involving three area residents and a vehicle that struck and killed Mark Allen Justice, 21, of Grayson.

There died: Martha A. Boyd, 88, of New Castle, Delaware, formerly of Floyd County, Monday, December 1, at Christina Hospital in Newark; Elbert Perry, 50, of Leander, Wednesday, November 26, at St. Mary's Hospital in Huntington, West Virginia; Lula Ann Elkins, 92, of Springfield, Ohio, formerly of Floyd County, Wednesday, November 26, at St. John Center, Springfield; Barry Allen Stevens, 43, of Lafollette, Tennessee, formerly of Pikeville, Monday, November 24; Maudie Mae Watkins, 88, of Blue River, Monday, December 1, at the Riverview Manor Nursing Home, Prestonsburg; Leota Leake DeRossett, 83, Friday, November 28, at the Owensboro Mercy Health System; Walker Stumbo, 77, of McDowell, Tuesday, December 2, at Highlands Regional Medical Center; Maudie Edmonds, 84, Monday, December 1, at the Wirth Regional Hospital, in Oakland City, Indiana; Bertha M. Roberts, 70, of Louisville, formerly of Robinson Creek, Monday, November 24, at Jewish Hospital in Louisville; Rhomer Osborne, 89, of Eastern, Monday, December 1, at Paul B. Hall Medical Center; William Phil Holbrook, 72, of Prestonsburg, Wednesday, November 26, at Highlands Regional Medical Center, Prestonsburg; George Burton Wyatt, 83, of Prestonsburg, Wednesday, November 26, at Mountain Manor Nursing Home, Prestonsburg; Daniel Lee, 78, of Wayland, Friday, November 28, in Thomasville, Ohio; Aaron Justin Johnson, 17, of Somerset, Monday, December 1, at his residence; Joann Maynard, 47, of Pikeville, Tuesday, November 25, at the Pikeville Methodist Hospital; Nora Blackburn, 92, of Salem, Ohio, formerly of Endicott, Tuesday, December 2, at the Salem Community Hospital; Troy Hall, 68, of Kite, Tuesday, December 2, at the Hazard Appalachian Regional Hospital; Irelene Patton, 74, of Martin, Thursday, December 4, at Our Lady of the Way Hospital, Martin; Ruby Hall Hobson, 74, of McDowell, Tuesday, December 2, at Central Baptist Hospital, in Lexington; Pierre "Pete" Mather, 71, December 3, at his home in Montgomery, Ohio; Guyland Meade, 57, of Prestonsburg, Thursday, December 4, at Highlands Regional Medical Center, Prestonsburg; Hope Horn Hall, 69, of Prestonsburg, Wednesday, December 3, at Highlands Regional Medical Center.

## Twenty Years Ago

(December 2, 1987)

Peco Resources, a Tennessee drilling company, has citizens of the Abner Mountain area, at Melvin, upset that the continued drilling would dry up the the area's water resource.

The Annual Christmas Parade is slated to be

held this coming Saturday.

The First Baptist Church will observe their 80th anniversary this coming weekend.

Doreen Martin, native of Great Britain, and director of the Presbyterian Christian Service Ministry at the Drift Presbyterian Church, is becoming a necessary individual to the lives of many Floyd Countians, as she provides clothing and food pantry items to many in the areas of Drift and Left Beaver.

The Floyd County Solid Waste Company has filed suit against 32 homeowners and businesses who have neglected to pay waste disposal fees.

A Martin program, The Genealogical Library, located at the Mormon Church, can provide area residents with a wealth of information concerning their ancestors.

There died: Polly Howell, 82, at her residence at McDowell.

Norman Allen, 76, of Dry Ridge, formerly of Risner, Sunday, at the Dry Ridge Personal Care Center.

Ernest J. Wiley, 63, of Prestonsburg, at his residence.

Geneva Spurlock, 88, of Ivel, Thursday, at Our Lady of the Way Hospital in Martin.

Lee King, 89, of Melvin, Thursday, at the Pikeville Methodist Hospital.

Sylvia Woods Hall, 84, of Sevierville, Tennessee, formerly of Wheelwright, November 22, in Tennessee.

Charles Trego, 59, of Greenfield, Ohio, October 18, at the Greenfield area Medical Center. Robert W. Trego, 32, of Greenfield, Ohio, November 3, at Riverside Hospital, in Columbus, Ohio.

Kasalene Blackburn, 60, of Westland, Michigan, formerly of Emma, November 26, at her residence.

## Thirty Years Ago

(November 30, 1977)

The Prestonsburg Shoe Co., operated by the United States Shoe Company, will close its plant next month, officials announced Monday.

The oil spill in the Big Sandy River which, last week, contaminated the Pikeville water supply, brought a water famine of longer duration in upper Floyd County, than it did to Pikeville. This extended into the weekend in some communities. Affected were Harold, Betsy Layne, Stanville and the entire Mud

Creek section.

Fire protection was resumed at Wheelwright, Tuesday afternoon, for the first time since November 21, when the building housing the fire department and city hall there was burned in a series of crime outbreaks.

Results of contract talks now underway in Charleston, W.Va. will decide if some 1,500 union employees of the Columbia Gas System will continue to work, or go on strike at midnight, Wednesday.

Both the United Mine Workers and the Bituminous Coal Operators' Association appear to be resigned to failure of all attempts to reach agreement on a new contract in time to prevent a nationwide soft coal strike at 12:01 a.m., December 6.

Miss Ramona Lynn Johnson, daughter of Mr. and Mrs. Sylvia Johnson, of Melvin, and Miss Ella Jean Holbrook, daughter of Mr. and Mrs. Ellis Holbrook, of Melvin, have been selected for the 1976-'77 edition of Who's Who Among American High School Students. Both are seniors at Wheelwright High School.

There died: Eva Hughes Meador, 81, of West Prestonsburg, last Wednesday, at Mountain Manor Nursing Home, here; Everett Marcum, 62, of Allen, Saturday, at his home, victim of an apparent heart attack; Joe E. Hicks, 76, of Wayland, died, last Wednesday, at the McDowell Hospital; Sarah Honeycutt Vance, 93, of Topmost, died November 22, at a Martin hospital; Earl Martin, 85, of Middletown, O., formerly of Wayland, died in Middletown, Sunday; the body of Clinton Hall, 42, Mud Creek merchant, was found November 17, in the Ohio River, near Cincinnati; Susie Jane Smith, 69, of Betsy Layne, died Monday, at a nursing home, here; Leon Bailey, 30, of Hippo, was found dead at his home, Sunday morning; Charles Curtis Hackworth, 49, of Homer, Mich., formerly of this county, died Saturday.

## Forty Years Ago

(November 30, 1967)

The Floyd County Comprehensive Health Services Program will have two outposts in operation in the county by Jan. 1, it was said.

Construction of 75 rent-supplement housing units which may involve the expenditure of

(See YESTERDAYS, page seven)

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**Terms:** Buyer is required to submit a 10% earnest money deposit, balance on or before 30 days. Property is offered "AS IS, WHERE IS" with no warranties expressed or implied. All inspections are the responsibility of the buyer. Announcements day of sale take precedence over prior information.

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Realtor participation invited. Realtors must call auctioneer for details and required registration form. Realtor registration deadline 24 hours prior to auction

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**Yesterdays**

Continued from p5

nearly \$800,000 will be begun here by a non-profit organization, formed by the Prestonsburg Ministerial Association

Police, here, are seeking the identity of two men who, Monday night, broke into the Standard Service Station operated on Lake Drive here by B. M. Nuckles

Contract for construction of the uncompleted portion of the Prestonsburg-Inez highway has been awarded to the Winston Ford Company Inc., of Prestonsburg

Miss Beth Martin, of Wayland, was named Miss Snow Queen of 1967, here, Saturday

Married: Miss Brenda Joyce Gayheart, of Wetumpka, Alabama, and Mr. Henry Thomas Maca, of Wichita, Kansas, Nov. 4, at Wetumpka

There died: Jeff Goble, 76, Tuesday, at his home at Endicott; Mrs. Myrtle B. Blair, 65, of Endicott, last Wednesday, at the

Prestonsburg General Hospital; John Hamilton, 67, of Teaberry, Tuesday, at the Methodist Hospital, Pikeville; William Stewart,

47, Friday, at his home at Ligon; Miss Johnnie Ellis, 47, of Drift, Tuesday, at the McDowell Appalachian Regional Hospital; Lee

Bolen, 74, Wednesday, at his home, at Mousie; Luther Reedy, 66, of Bevensville, Saturday, at the McDowell Appalachian Regional

Hospital; Stephen Clark, 64, of Wheelwright, Sunday, at St. Joseph's Infirmary, Louisville; Garland Garrett, 46, Tuesday, at his home at Stanville; Mrs. Anna Simmons Blackburn, 69, last

Tuesday, at her home at McCombs; Charles Russell Jarrells, 24, last Thursday, at the home of his parents, in Dwale.

**Fifty Years Ago**

(November 28, 1957)

Engineers of the State Highway Department are at work on the road from the Dewey Lake State Park boat dock, to the junction with the existing road leading from Hager Gap to Dewey Dam, it was learned here, this week

The cost of absenteeism to the Floyd County school system, up to the end of the fourth month, now ending for most schools, stands at approximately \$36,324, according to the superintendent's office

Manis Conley will be the first of those officials-elect named at the Nov. 5, Floyd County election, who will take office, with his induction to the office of Tax Commissioner, scheduled for next Monday

Prestonsburg Police Chief Epp Lafferty, in an attempt to identify the source of illegal firecrackers around Prestonsburg, caught a West Prestonsburg boy with four boxes of the noise makers, but the youth told the officer only that he'd "ordered" em front a "funny book"

Organization of the first P.T.A. Association to serve. Prestonsburg high school, since its occupancy in the new school building, here, will be affected in a meeting set for Friday, Dec.

Married: Miss Carlos Evalyne Horn, of Prestonsburg, and Mr. Charles C. Wells, of Paintsville, Nov. 15, at the Prestonsburg Methodist Church

Born: to Mr. and Mrs. Gervin Waddle, of the Abbott Road, a daughter, Vicky Lynn, Nov. 19, at the Prestonsburg General Hospital; to Mr. and Mrs. Mancy Harmon, of Berea, Ky., a son, James David, Oct. 18

There died: Blaine Salisbury, formerly of Hunter, Saturday afternoon, in a car wreck at St. Mary's O.; Pete Boto, 69, formerly of Martin, last Monday, at the home of a daughter, in Whitley City, Ky.; Farris C. Collins, 62, of Beaver, Ohio, Friday, at his home; Mrs. Nannie Burke, 45, of McDowell, Monday; Mrs. Beulah Horn, 48, of East McDowell, Friday, at McDowell Memorial Hospital; Mrs. Rebecca Cornett, 59, Friday, at the home of a daughter, at Cliff; Mrs. Nan Hurd, 77, of Ivel, Monday, at the home of a daughter.

**Sixty Years Ago**

(November 27, 1947)

Engineers for the Chesapeake & Ohio Railway Company are reported as preparing to make surveys of three possible rail routes into the Spring Fork of Quicksand section of Breathitt County, to tap rich coal resources of the region

Slatefalls in Floyd mines have, within the week, claimed two lives: instantly killed, Friday, was Adam Smith, 23, of Eastern,

**Korner**

Continued from p5

began. "Now I lay me down to sleep, if I should die before I wake I pray the Lord my soul to take. Amen," he said.

Kennedy says, "I'm going to say a different prayer tonight, Sissy Kim." She began, "Now I lay me down to sleep, I thank you for triangles, squares, circles, horizontal and vertical lines we learned in school today cause they were soooooo much fun."

Well, trying to refrain from losing it and keeping quiet was totally lost once Colby burst into laughter and children I

thought I was gonna roll out of that bed.

She opened those big blue eyes looks over at me and says, "What's so funny? They were fun, Sissy Kim."

Colby says, "You forgot to say amen, Kennedy." She says, "Oh, sorry. Amen, Lord."

Oh, it was priceless and so precious.

There truly is nothing better than out of the mouths of babes!

Til Next Week,

May you all have a wonderful and blessed Thanksgiving!

**Oak**

Continued from p5

while there were still 30 or 40 minutes of daylight left.

Now don't get me wrong. As anybody who knew her can attest, Mom was a kind, generous, and loving woman. But she was also human, and I'm sure longed for those hours of peace and quiet when two rambunctious imps were not underfoot, fighting and scrapping. About the only time we were forced to stay indoors was during the dead of winter, when the temperatures hung around in the teens for two or three weeks at a time. Although she despised fireworks, I'm sure she secretly prayed for the Fourth of July during those days.

But now, more than 60 years later, once the time changes, and the sun goes down in the middle of the afternoon, the drabness of

eastern Kentucky gets to me. I usually read about a dozen books, and Wilma Jean and I are about even on the number of Scrabble games we've won. I probably have more afternoon naps than she, and certainly more than I reasonably justify.

It's not like that I'm a farmer or something, and can't wait to turn a new ground or plant my onions and lettuce, but I do look forward to the return of spring. In the meantime, I'll try to combat the growing impatience and enjoy as best I can the coming winter, with all the slush and ice, and deep, dark depression that comes with the sub-zero weather that is sure to accompany it all. Perhaps I'll get into Billy Clyde and the Cats, and time will pass a little quicker.

Here's hoping, anyway.

in the Hall & Gibson Coal Co. truck mine near Maytown; the second victim was Walter VanHoose, 37, of Wayland, assistant foreman for the Elk Horn Coal Corporation, who died at the Beaver Valley Hospital, Martin, Tuesday, about eight hours after he had been trapped beneath slate

Freeing education from the \$5,000 salary ceiling will halt raids from other states, among teachers of Kentucky's institutions, prominent educators declared, Nov. 22

The third Floyd County coal mine employee to die within the last week of injuries sustained in slatefalls, was John Patton, 44, who died at St. Mary's Hospital, Huntington, W.Va., Tuesday, of injuries suffered in the Diamond Elkhorn Coal Company mine at Bosco, nine hours earlier

Married: Miss Ethel Marie Sammons, of Prestonsburg, and Willoughby Patton, of Garrett, Nov. 2, at Yuma, Arizona

Born: to Mr. and Mrs. Bill Francis, of Garrett, a son, Danny Franklin, Nov. 17; to Mr. and Mrs. Webb Hall, of Drift, a son, Nov. 21

There died: Margaret Elizabeth, 11-year-old daughter of Deputy Sheriff and Mrs. Ed Craft, of Dwale, Nov. 19, at the Beaver Valley Hospital, Martin; Bee Johnson, 86, Monday, at Risner; Phyllis Fay James, 15, Sunday, at her parents' home on Buffalo Creek; Mrs. Elizabeth Webb, 86, of Garrett, last Thursday, at the Methodist Hospital, Pikeville.

**Seventy Years Ago**

(December 2, 1937)

A proposed school program which would affect 63 schools of

Floyd County, eliminate four senior high schools and one junior high school, was outlined here, Tuesday evening, by Freddie Riddle, assistant director of the state school survey

Ersell Martin, 25, of Hunter, died in the Martin city jail, and his cellmate, Woodrow Conn, 24, of Martin, narrowly escaped death as the jail caught fire, Sunday night

A renewed warning that public eating and drinking places in Floyd County must clean up, was voiced this week by Dr. Marvin Ransdell, director of the Floyd County Health Department

When Graddon Martin, 25, Goose Creek, sheep owner, tried to kill one of two dogs which he found attacking his flock of 30 sheep, he ran into complications. After he shot the dog, he explained the dog bit him. He shot him again, but the bullet glanced and came out of the dog's body and struck Martin in the leg. He then attempted to step over the "dead" dog to get a better shot at the other. The dog "came to life" and clamped his teeth in Martin's ankle. Martin again fired into the dog's body, but the bullet struck a rib, glanced, and entered his leg again. As the other dog escaped, Martin gave up the chase and limped home

Hughes Drug Store, Prestonsburg, this week, ran a special on Wahoo Bitters, "the old Indian Blood, Nerve, Stomach, Liver and Kidney remedy, on the market since 1858." A \$1.00 bottle for 25 cents

Married: Miss Sallie Sparks, of Ivyton, and Mrs. Eli Smith, of Brainard, November 19

Born: to Mr. and Mrs. Carl Lemaster, a son

There died: Everett Hamilton, 20, of Grethel, last Friday, at the Gearheart Hospital, Martin; W. B. Burke, 67, former Prestonsburg businessman, last Thursday, at Ashland.

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**Dr. Alan Hyden**  
Family Practice

Highlands Regional Medical Center proudly welcomes Dr. Seth Hyden, Pediatric Dentist, back home to eastern Kentucky! A native of Prestonsburg, Dr. Hyden is a graduate of Eastern Kentucky University and the University of Louisville College of Dentistry. His postgraduate training includes General Practice Residency certification from the University of Kentucky College of Dentistry and certification from the University Of Kentucky Division Of Pediatric Dentistry. Dr. Hyden most recently served as Chief Pediatric Dentistry Resident at the University of Kentucky and as a resident medical staff member at the Kosair Children's Hospital in Louisville, KY. Dr. Hyden specializes in medical dentistry for children and adults of all ages, and is now accepting patients. Dr. Seth Hyden will be joined at his practice location at 38 Grace Drive in Prestonsburg by his father, Dr. Alan Hyden, who graduated from the University of Kentucky and served his family practice internship and residency at the St. Elizabeth Medical Center in Dayton, OH. Dr. Alan Hyden has been a member of the medical staff at HRMC since 1977 and has served as Chief of Staff at HRMC since 2000. For more information or to schedule an appointment, call Hyden Pediatric Dentistry at (606) 886-6565 or Alan Hyden, MD - Family Practice at (606) 886-9456!

Join us on Thursday, November 29, 2007 from 4:00 PM to 7:30 PM for the Grand Opening and Open House at the new clinic!



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4:00 PM to 7:30 PM

**November 29, 2007**





# Santa Shops Here

## Easy solutions for the hard-to-please man in your life

If the man in your life is anything like my husband and he sees something he likes, he buys it. That doesn't leave a whole lot of room to navigate inventive yet budget-conscious ways to say, "I love you." Finding a gift for your husband, father or helping your kids pick out something for Dad can be difficult.

Poised as a roving gift-trend reporter, I headed to the stores to uncover some useful ideas that the man in your life may find useful. I hope my little shopping expedition saves you time going from store to store. Hopefully, this will help you eliminate at least one thing from that endless to-do list.

One of the first things I found was an item I was actually directed to by a friend who is something of an automotive enthusiast - and that is something of an understatement, actually. He loves cars, motorcycles or almost anything on wheels. Whether he admires it most on the dirt or in the driveway doesn't matter - it doesn't even have to run, truthfully; an internal combustion engine and wheels are the only requirement for adoration. The item he recommended is called The Absorber; it's a tool that a lot of clean-car devotees use to dry their vehicle - a lightweight, reusable

drying towel that's safe for even the most precious paint job (or precious purveyor of paint). It's washable, so it saves loads of wear-and-tear on the washer and dryer (never mind the person operating said machines - and you know who that is!), and it is good for the environment. Plus it is quick, easy to use, and won't leave lint or pull off the protective wax coat. Overall, it's a pretty handy gift for the discriminating gear-head in any family.

On the other end of the spectrum, of course, there is the man who likes to look good but couldn't really tell the tail pipe from the front fender. For him, I've found The Glosser to be an exceptional stocking stuffer. This handy little fun-pack is packaged with five microfiber towels that are filled with car wash and polish. Just wipe on, wipe off, grasshopper, and the car is

almost instantly returned to showroom glory with very little elbow-grease. Now that's my kind of car wash! Better yet, The Glosser can be tucked under the seat or in the glovebox to be used on the road or before an important meeting (or when he's picking you up for your intended-to-be-weekly-but-only-happens-annually "just the two of you" date).

To be sure that the interior of the car doesn't suffer from neglect, throw in The Dash Gear cleaning towel and you have an easy gift set. Designed specifically for instrument panels and electronics, The Dash Gear is constructed of an ultra-fine microfiber that lifts dust, dirt, and grime without scratching surfaces or requiring liquid cleaners.

If you really want to go overboard, you could offer to help with the application of any one of these fine gifts. But

really, in my opinion, that's giving away the farm. If he gives you a diamond, he doesn't offer to wear it for you, now does he? So I'd give him the gift pack and set him free in the garage all by his lonesome. Tell him that's part of the gift, too.

The Dash Gear, The Glosser, and The Absorber make excellent stocking stuffers - all are inexpensive (retailing from about \$6 to \$13) and easy to find at Wal-Mart, Target, Kmart, Pep Boys, and other stores. Have a fine holiday season and if you would like any additional information on these products, call CleanTools at 1-800-654-3933.



Our roving reporter unearths gift ideas that are inexpensive, useful and appreciated by the auto aficionado in your life.

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# Toy recalls aren't child's play

The toy industry has been reeling this year due to a number of product recalls by the Consumer Product Safety Commission (CPSC), which pulled everything from dolls to wooden trains off of store shelves.

Roughly 10 million units of toys have been recalled in the United States alone over the past year. Toys decorated with lead-laden paints and products containing tiny magnets that can cause intestinal blockage or perforation were just some of the recall targets. The majority of these recalled toys were

manufactured in China.

### Seeking Out Safe Toys

Now that the holiday season has arrived and toys are likely at the top of many children's wish lists, how can you safeguard those you love from dangerous toys?

■ Beware of used toys. Sure, they may seem like a bargain, but those garage sale finds or toys you purchased from online auction sites may be dangerous. In fact, reports have indicated that many recalled toys find a second life on popular auction sites such

as Ebay. These Web sites provide an easy way to liquidate dangerous merchandise. Before you shop, be sure you have the facts about the toys.

■ Know where to find answers. The CPSC is responsible in the United States for keeping track of the safety of products and will often list current recalls on their Web site: www.cpsc.gov. Other sources of recall information include local newspapers/Web sites, "Consumer Reports," which includes recalls in the beginning of each issue, and toy and manufacturer Web sites. You

can also phone toy/product manufacturers to check on recalls.

■ Follow the age guidelines. Most toys are sold with age requirements posted right on the packaging. Therefore, heed the age guidelines and do not allow children to play with items that may be out of their league. Age restrictions may not be restricted to physical hazards from toys. Age suggestions are also based on subjective matters such as intended use (toy weapons) and connotation (sexual innuendo, story content).

■ Use common sense. If a toy seems dangerous or contains parts that make you nervous, you may want to pass it up for something else. Keep an eye out for small parts, magnets, sharp edges, etc. You may find you're ahead of the game with a product recall.

### Dangerous Toys of the Past

All of the 2007 recalls may have parents wondering if toys are getting more dangerous or if government officials are cracking down on potential hazards. Through the years there have been a number of dangerous toys (now unavailable) that have resulted in injuries that may make today's toys seem innocent. Again, if you find any of these toys lurking in an attic or online, it's best to keep them away from kids. Here's a look:

■ Gilbert U-238 Atomic Energy Lab (1951); dangers: radioactive elements  
 ■ Johnny Reb Cannon (1961); dangers: spring-loaded

cannon balls launched 35 feet into anything in their path

■ Creepy Crawler Thingmaker (1964); dangers: burns - open hot plate that heated toxic rubber to 300 F to form critters

■ Battlestar Galactica Missile Launcher (1979); dangers: missile-shaped projectiles choked and put out eyes

■ Lawn Darts (1980s); dangers: sharp points that impaled

■ EZ Sales mini-hammock (1984-1995); dangers: strangulation

■ Cabbage Patch Snacktime Kid (1996); dangers: motorized mouth "bit" fingers and entangled child's hair

■ Sky Dancers (1994); dangers: launched doll could cause various injuries, from blindness to facial lacerations

■ Fisher-Price Power Wheels Motorcycle (2000); dangers: motorcycle throttle locked, keeping the motorcycle in accelerated speeds forcing kids to face crashes or falls.

## Holiday shopping and safety tips

While the holidays can be a joyous time for adults and children alike, they may also bring a smile to the face of criminals. That's because amid the excitement and confusion of holiday shopping and travel, many people leave themselves susceptible to theft. Willing thieves are waiting in the wings to lighten your holiday shopping load.

To ensure the holidays will be as happy as possible and not spoiled by criminals lurking in the shadows, consider these safety and comfort tips.

### Be Alert and Confident

Distraction and the element of surprise are key tactics in any theft scheme. Pickpockets' favorite places for action are on crowded lines, in elevators, on escalators, and when going through revolving doors. Always be aware of your environment and those around you. Do not shop while talking on a cell phone or while listening to your MP3 player. Keep your eyes and ears open and project a confident and alert posture.

### Play It Safe

There is safety in numbers, so heading to the shopping center with a group of friends or family and sticking together makes you less of a target. If shopping after dark, always

park your car as close to the entry of the store as possible and find a spot that is under a light so the car will be visible and illuminated.

If you are bogged down by tons of packages you may not be able to react in the event of a theft. Therefore, space out shopping and deposit your purchases in your car periodically to keep your hands free as much as possible. Remember to keep gifts in the car out of view, so a trunk is

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Never flash your money conspicuously and keep your wallet or pocketbook close to your body at all times. If you're paying with cash primarily (keep in mind credit and debit cards are safer), it is wise to spread out the money in different pockets or locations on your person. This way if you are robbed, you won't be lifted of all of your cash. Always protect your credit and debit cards as well, and be

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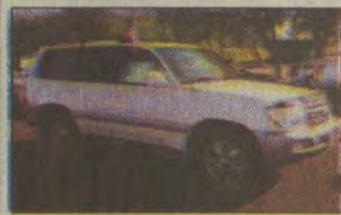
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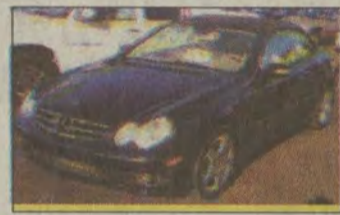
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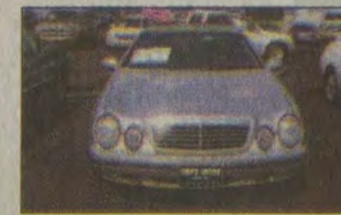
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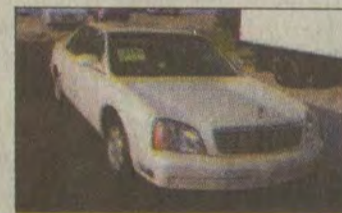
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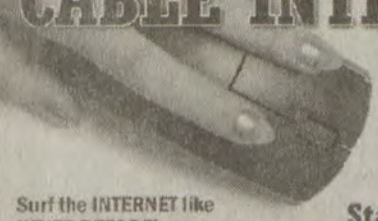
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photo by Kathy J. Prater

Winn and his mother look at important dates on a calendar in their kitchen. Planning ahead is an important routine in Winn's life.

# Winn Ford



## Local man finds security in routines, community

by **KATHY J. PRATER**  
FEATURES EDITOR

Living with autism “doesn’t come without its trials and tribulations,” said Carolyn Ford, of Prestonsburg, but she and son, Winn, certainly seem to have worked out any trying kinks that may have ever come their way.

Winn, who just celebrated his 40th birthday August 5, was diagnosed with autism at about the age of 4, during a time when very little was

actually known about the condition by the medical community at large.

“When when we were taking Winn to doctors, no one could really tell us anything,” Carolyn Ford said. “As a matter of fact, the doctor at UK that diagnosed Winn told us that Winn was the first autistic case he had ever seen.”

With little to go on, Carolyn and late husband, Winston “Sonny” Ford, had to dig in and start doing research on their own. “There was hardly any information available,” she said.

“There were no computer websites to access, not like today. We just had to do the best we could.”

After visiting “what they called a school,” in Texas, Carolyn said that she and her late husband decided “on the spot that this was not what we were looking for.”

“The ‘school,’ as they called it, was actually nothing more than an institution ... It wasn’t what we were looking for for our son,” she said.

Story continues, next page

What the Fords were looking for was a place where Winn could receive an education. "We knew he was special," Carolyn said, "but at that time, there were no laws in place that would guarantee him an education ... When he was 7 years old, we took him to a boarding school in Ft. Lauderdale, Fla.

"Talk about something hard to do," she continued with a wavering voice. "That was hard. Leaving our little boy in Florida ... but we knew we had to do it, for his sake."

Winn spent the next four years away at school in Florida, returning home for holidays and summer vacations, until, in 1978, new legislation was passed allowing Winn to return home and enroll in the public school system. In May 1987, he became a graduate of Prestonsburg High School.

Autism, defined as a brain development disorder characterized by impairments in social interaction and communication, and restricted and repetitive behavior, is generally exhibited before a child is 3 years old. At the time of Winn's diagnosis, one in 10,000 babies born were diagnosed with the disorder; today, one in 150 are born with the disorder.

"I find that very interesting," Carolyn said. "At this rate, it looks like, eventually, we are all going to be autistic."

While it is true that the number of people known to have autism has increased dramatically since the 1980s, it is unclear whether statistics are due partly to more babies actually being born with the disorder, or simply due to changes in diagnostic practices.

Autism affects many parts of the brain, but how is still poorly understood. There is no cure for the disorder but those with milder cases, such as Winn, can achieve a rather high level of independent living. On a recent occasion when Carolyn was called upon to make an unscheduled trip to Pikeville to assist a friend in need in the middle of the night, she made the decision to leave Winn at home sleeping rather than disturb his slumber.



photo by Kathy J. Prater  
**Winn Ford, left, and mother Carolyn, enjoy living life to the fullest despite Winn's diagnosis of autism.**

"I knew it wouldn't take me that long to get up there and back, so I just left him sleeping," she said. "His sister checked in on him and when I got back, I was so happy to see that he had gotten himself up, dressed for church and was ready to go when I got home. I remember being so proud of him and thinking to myself, 'You're going to be okay, boy.'"

In daily life, Carolyn shares that "routines and calendars are very important" to her son. "Holidays are also very important," she said. As such, Winn can fairly easily tell a visitor or family member of important dates lying ahead, often even those lying several years ahead.

"It's really rather amazing how the autistic mind works," Carolyn said. "A counselor once told me that the autistic mind is like a large (movie) reel; instead of their brains being like ours are, with information stored in various spots, theirs are like large reels that move forward and backward ... For this reason, it takes them longer to respond. They have to move those reels back and forth, you know, to find the information. Sometimes, I can look at Winn and just about see those reels moving

back and forth in his mind."

Those visiting with Winn and interacting with him on a regular basis soon discover that he is a fellow who enjoys life. He works throughout the week at Mountain Comprehensive Care Center's Auxier Greenhouse, attends weekly services at the First Presbyterian Church, where he takes up the offering and enjoys handing out candy to children and favorite individuals ("He always gives candy to all the children," Carolyn said, "and he has his favorite people that he always remembers, but Teresa Lester is very important to him ... She always gets several pieces of candy."), is a regular player at a local bingo parlor, and enjoys trips out of town for favorite activities.

At home, Winn has established routines that comfort and guide him through daily living.

"He enjoys organizing his bags of candy and CDs and he helps with the laundry ... Each night before he goes to bed, he turns on the dryer and the dishwasher," said his mother. Following his father's death, Winn's mother also said that she noticed that in his father's absence, Winn began to take on a few tasks that his father had previously taken care of.

"Sonny always cleaned up the kitchen after dinner," Carolyn said. "I would come in and cook, then when I was lying down after dinner, he would stack up the dishes and straighten the kitchen. After his death, I began to notice that Winn had begun to do those things. So, in his own way, he knows lots of things. He just can't communicate them as well as we do."

Carolyn, now a special education teacher, says that the best advice she can give other parents of autistic children is to do their best to "help them learn to stand on their own two feet." "It's hard to not be overprotective," she said, "but you have to think of them, of what's best for them.

"Learn all you can and be a support, but let them do everything they can for themselves," she said.

Winn has two sisters, Leslie, a speech pathologist, and Kelly, a special education teacher.



# Ralph Dingus

## Fighting disease to pursue love of art

by JENNIFER LAWSON  
STAFF WRITER

Despite the fact that his disease prevents him from being able to hold a pencil steady to sign his name, Ralph Waldo Dingus, of Martin, doesn't let that prevent him from dipping a paintbrush into his soul and exhibiting an amazing talent.

Diagnosed with Parkinson's disease 13 years ago, Dingus is a former assistant principal at Adams Middle School where he retired with a disability and now spends his time exploring the world of art, whether

Story continues, next page



Using old photos and family memories for inspiration, Ralph Dingus loves to include family members in his art work, such as this collection titled "Chicken n' Dumplins" featuring his mother.

photo by  
Jennifer Lawson

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it be painting, sculpting or building.

Always having a love for art, Dingus also once taught art classes throughout Floyd County schools.

While some people may limit their artistic abilities to paints and canvases, Dingus likes to go outside the lines and spread his talent as much as possible. Whether it be painting a mural on his outside shed or building a miniature Christmas village portraying the movie "It's a Wonderful Life," Dingus could hardly sit still as he showed off all of his projects during an interview with The Times.

While some people chose to purchase their home decor, Dingus adds his own personal touch to nearly everything in his home. Whether it be mosaic designs on his coffee and end tables or painted



photo by Jennifer Lawson

Despite the fact that Ralph Dingus can't hold a pencil steady enough to sign his name, that didn't stop him from designing, in detail, a Christmas village portraying scenes from the movie "It's a Wonderful Life."

stained glass in the windows, everything in Dingus' home truly lets a piece of his personality shine through.

Dingus has just finished

designing a calendar, with each month featuring a painting portraying scenes from downtown Martin, which he is selling. He also designed a postage stamp

used during Martin's annual Red, White and Blue Days Festival.

Being given a motorized

Story continues, next page

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photo by Jennifer Lawson

Discovering a beautiful image beneath some old paint on a passed down dinette set, Dingus used it as inspiration for a painting and embroidery to match in redoing the set.

wheelchair to help him get around easier, Dingus refuses to confine himself to such measures. However, he did spend the past summer building a deck and wheelchair ramp that he can use as the disease worsens.

"I just wanted to build it myself," Dingus said.

While he does purchase some material from Lowe's Home Improvement or craft stores such as Michael's in Huntington, W.Va., Dingus also takes advantage of his surroundings and has collected pieces of glass from a demolished church to use for mosaic purposes.

While Dingus said his writing is nearly impossible to interpret, his artwork never lacks intricate detail, though he said it is getting harder to do the fine detailed points.

"When the medicine wears off, it's gets hard," Dingus said.

Dingus often finds inspiration for his work from old pictures or scenes of nature. He also likes to use images from his past to inspire him, such as one of his favorites, titled "Chicken 'n Dumplin's." A two-piece painting, the first shows his mother slaughtering a chicken, and the second shows her in the kitchen making dumplings.

He also likes to use his artwork as gifts. After his mother passed away, he designed frames for doilies his mother had owned and gave them to each of his sisters to remember her by.

Dingus' work will be on display for viewing during an exhibit at the Mountain Arts Center on May 8, 2008.

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# Chris Prater

## Living life 'normally'; Coping with epilepsy

by **KATHY J. PRATER**  
FEATURES EDITOR

Growing up with epilepsy can make a kid feel "different," but 21-year-old Chris Prater, of Hueysville, says that he was determined to live as normal a life as possible while dealing with his condition as he was growing up in Floyd County.

Chris, who reminds us that epilepsy "is not a disease," says that he was diagnosed with the disorder at about age 4. "I've been going to doctors ever since," he said.

Epilepsy is defined as a common chronic neurological disorder that is characterized by recurrent unprovoked seizures. These seizures are due

to abnormal, excessive or synchronous neuronal activity in the brain. About 50 million people worldwide have epilepsy, according to recent statistics.

Epilepsy can be controlled, but not cured, through the use of medication. In difficult cases, surgery may be considered. "Doctors talked once about surgery with me," Chris said, "but it didn't sound like anything I really wanted to do, so I decided against it."

Chris said that when his epilepsy first began to present itself, he "didn't fully understand what it was, or what was going on."

"Back then," he continued, "I didn't fully know how to

explain it, like to my friends and all, because I didn't really know myself."

As a child, this sometimes made Chris feel as though he stood out as different and he sometimes experienced teasing from schoolmates who, themselves, were unable to understand Chris' condition.

"It isn't something that's easy for other people to understand," he said. "And I can't tell when I'm going to have a seizure. It just happens. My doctors tell me that mine is one of the most unusual cases of epilepsy they have ever seen because of the type of seizures I have. I have what they call



Chris Prater, of Hueysville, has dealt with epilepsy since early childhood and says he doesn't allow the condition to place restrictions on his life.

Story continues, next page

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petit mal seizures. They last for about 5 to 10 seconds and I know what's going on around me as they are happening. I can't control what's happening, but I'm aware. It looks like I'm just staring off into space, but I know what's going on."

Another type of seizure, referred to as grand mal, has been experienced by Chris, "maybe two or three times in my whole life." "At those times," he said, "I pretty much just blacked out. I didn't know I was having them. But those cases have been rare in my life. For the most part, I have the small seizures and I know what's going on."

One of the biggest inconveniences, Chris says, in dealing with epilepsy is that, due to his condition, he is unable to drive. "I know people with epilepsy who do drive," he said. "I guess they feel pretty sure that their medication is going to keep things under control, but I think they are taking a risk. I just don't feel comfortable taking a risk like that myself. I mean, what if something happened and I ended up going over a guard rail or causing other people to be hurt? It just isn't the worth the risk to me. I want to be more careful than that."

In some cases, epilepsy syndromes are confined to particular stages of childhood. "Sometimes, people grow out of it," Chris said, "but that hasn't happened to me yet, unfortunately."

In some cases, epilepsy has been known to be triggered by such provocants as flashing or flickering lights, reading, hot water on the head or hyperventilation. In Chris' case, however, no such provocants seem to

exist.

"I don't know of anything that really causes me to have an episode," he said. "Flashing lights certainly don't bother me. I go to shows and concerts all the time where strobe lights are being used and yeah, the lights bother my eyes, but they bother everybody's eyes," he laughed. "They don't cause me to have seizures."

Chris shares that being a young person and being

unable to drive sometimes hinders his freedom and causes him to become depressed. "I get kind of depressed sometimes," he said, "but you know, I have to deal with it and I do. I try really hard to not let my epilepsy keep me from enjoying life."

Chris says that he hopes that in sharing his story, others will come to more fully understand that "epilepsy is not a disease," and that those with the disorder can

lead full and happy lives. "I just don't let it stop me," he said. "I would tell anyone with epilepsy to just go ahead and do all the things that their friends are doing. I never let it stop me from hanging out with my friends. You can't let it control you in that way. Learn what you can about it and explain it to your friends, then they will understand. For myself, I just have vowed to live my life as normally as possible."

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# Ruth Shelton



## Kept busy while fighting cancer — twice

by JENNIFER LAWSON

STAFF WRITER

At 49 years old, Ruth Shelton was starting to think that getting old “sucks,” as she often felt tired and weak. But after her fatigue kept getting worse, she knew there was something wrong and visited her family doctor, who insisted she see a gynecologist.

Upon scheduling a visit to the gynecologist, Shelton also discovered that it was time for her mammogram, as she had only had one in her life. Despite the suspicious radiology readings that resulted, Shelton said she never thought anything was really wrong.

Traveling to Lexington for a biopsy, it took less than a half an hour for the doctor to give her the devastating

results — her tiredness and suspicious readings were all linked to breast cancer.

Visiting an oncologist to sort out her options, it was decided that a lumpectomy would be necessary.

“Even after hearing all the news, I was in denial,” said Shelton. “No one in my family had cancer including my 11 siblings. I was sure they had made a mistake.”

It wasn’t until after the lumpectomy surgery that Shelton realized there was no mistake, and what was happening was real. Removing 16 lymph nodes, she said the surgery was a dramatic experience.

“When I first woke up I thought they had cut my arm off,” said Shelton in reference to the incisions made to successfully perform the surgery.

Despite the dramatic experience, Shelton was determined to regain use of her arm and would use the ceramic tiles in her shower to measure her progress.

“Every time I’d shower, I’d make myself reach up one more tile,” said Shelton, who still experiences limited use of her arm from time to time.

Despite the six rounds of chemotherapy treatments and 39 radiation treatments, Shelton would only miss one day of work as director of patient services at Our Lady or the Way Hospital for each treatment.

“My treatments were on Friday. I’d miss that day, then Monday I’d be right back,” said Shelton. “I tried to keep myself busy so I didn’t have time to feel sorry for myself.”

See RUTH, next page

# Allen Shelton



## Developed cancer from Agent Orange

by JENNIFER LAWSON

STAFF WRITER

As if serving in the Vietnam War and being shot in the heart weren’t enough, it was no surprise that Allen Shelton, of Martin, continuously wondered “Why me?” when he was diagnosed with throat cancer in 1989.

Deciding to visit with his family doctor after having frequent sore throats and developing a raspy voice, the doctor instantly knew there was something wrong and referred Shelton to doctors in Pikeville to perform a biopsy. Immediately following the biopsy, Shelton was sent to Cincinnati, where he remained for the next 17 days.

Before undergoing surgery in attempts to remove the affected vocal cords, Shelton knew his voice would

be gone temporarily but feared his voice box may have to be removed completely. Therefore, he and his wife Ruth made up a communication system in which Shelton would tap once for “yes” and twice for “no” when asked questions.

After being cut under his chin completely from ear to ear, Shelton would hold up one finger then two fingers in attempts to communicate with his wife, but no avail. It wasn’t until days later that he was able to scribble her a “nasty note” and finally get an answer to what he wanted to know, “Had they removed one vocal cord, or two?” The answer: Only one.

After the surgery, he didn’t have to undergo any chemotherapy or radiation treatments and only had to return to doctors for body scans to be sure the cancer hadn’t come back.

Since there had not been a history of illnesses in the family, Shelton couldn’t figure out what may have caused the cancer and was having a hard time dealing with the situation.

“It’s just so scary,” said Shelton.

Though it was later acknowledged by the government that the cause of the cancer was due to time Shelton came in contact with Agent Orange during the Vietnam War. Despite the circumstances, Shelton said he has no regrets.

“I’ve never once regretted joining the Army,” said Shelton, who served for two-and-a-half years before being shot. “As a matter of fact, when 9/11 happened, I was ready to go back.”

For his wife though, Ruth Shelton said the most terrifying part of the

See ALLEN, page 12

## Ruth

■ Continued from p10

After beating breast cancer, like Shelton said she always knew she would, little did she know that another battle was yet to come.

"I had been cancer-free so long and I felt, 'Yes!, I may have really survived this dreadful disease,'" said Shelton.

Over nine years had passed when Shelton began developing a severe cough, which she attributed to bronchitis, and again began feeling tired, which she blamed on work. However, as the symptoms persisted, she went back to the family doctor.

Due to her previous cancer experience she wanted a lung scan, but the doctor blamed the symptoms on things such as allergies and asthma, both of which she had never had. After visiting a lung specialist in hopes of getting more answers, Shelton was instead told she was being uncompliant.

With continuous persistence, she was finally sent for a positron emission tomography, a scan that detects areas of cancer known as "hot spots" which was again read by radiologist as suspicious and she was referred for a bronchoscopy biopsy. Within a few days Shelton was diagnosed with metastatic cancer of breast to lungs and from there things were all a "whirlwind."

Even though oncologist John Gohmann was on vacation during the week of Thanksgiving, he still called Shelton and offered her options. Discovering there were two tumors and five nodules in her throat, the following Monday Shelton was sent for surgery and that Thursday began chemotherapy treatments.

Upon learning she had cancer again, Shelton didn't understand how, since she had never smoked or been exposed to dangerous chemicals, but said she never questioned God and instead thought of ways to tell her family.

"I didn't want them to know," said Shelton. "I prayed to God to let me stay a little longer. I had so many things I needed to do before leaving



**Ruth and Allen Shelton have each fought and overcome cancer.**

this world."

The fact that all of her hair, eyebrows, and eyelashes, were gone within two days after her first chemotherapy treatment, didn't bother her.

"Those little issues were not my battle," said Shelton who first used special hats that had been designed by Kathleen Keitha, a victim of cancer who had passed away, and were given way for free, to cover her bare head. "The hats were so neat. There was one that kept my head warm and another designed to catch the hair as it came out."

Later, she discovered that the American Cancer Society would provide free wigs. Her wig, which she still often wears as her hair is regrowing, is made of synthetic hair and is designed in a style she would normally wear. With a simple "shake" to fluff it up, Shelton can have it on her head in a matter of seconds and one would never know it wasn't her own.

Along with a "wonderful" oncolo-

gist, Shelton said it was the Lord and the unbelievable response from the community that kept her going.

"They all thought it was a death sentence or something," said Shelton. "But I never thought I was going to die."

As prayers and cards of support poured in from everywhere and even from people she didn't know, Shelton's coworkers also played a major role in her recovery.

It was nearing Christmas when Shelton walked into her living room and discovered the whole office staff, dressed as elves and wearing Santa Claus hats, singing Christmas carols.

"They had moved the office Christmas party to my house," said Shelton. "It got me up off the couch and motivated me to get well so I could go back to work."

Finishing her last radiation treatment in March, Shelton still goes for regular PET scans and has "hot spots" on both lungs, but it's not

## Ruth

■ Continued from p11

active cancer and is controlled with daily "tumor blocker" medication.

Besides cancer, Shelton is also a diabetic, has Crohn's disease, and osteoporosis to the severity that she has the bone density of a 90-year-old.

"You can feel sorry for

yourself if you want and you can lay in the floor and cry, or you can just live every day to the fullest," was Shelton's advice to people who may be battling the illness. "You just have to take the hand you're dealt in life, and deal with what you're given."

## Allen

■ Continued from p10

experience was breaking the news to their 11-year-old son.

"They (Shelton and his son) had the closest relationship you could possibly have," Ruth Shelton said. "I just kept thinking that if it could happen to me instead, things would be much easier."

Little did she know, her

time was yet to come as Ruth Shelton was later diagnosed with both breast and lung cancer.

Despite the Shelton's hard times, they say they never got discouraged.

"I just knew that it wasn't my time to go," said Allen Shelton. "We've just been a very blessed family."

# Gary C. Johnson, P.S.C.

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# Kyle Riddle

## Learned to take control of life after diabetes diagnosis

by JENNIFER LAWSON  
STAFF WRITER

Blaming her low energy and frequent bathroom trips to age, Kyle Riddle never imagined that a simple insurance exam would change her life forever. However, it was in 2005 that a clerical error, though she calls it good faith, sent her for a life insurance exam a year early, only to detect that she not only had high blood pressure and glaucoma, but was also a diabetic.

Throughout most of her adult life, Riddle said she always put everyone else, including her four children, first and never made time for herself to go to the doctor. She also spent much of her time, devoted to her husband, who became paralyzed before their fifth anniversary.

Working in the mines, Don Riddle came home from work one day complaining that his feet hurt. Less than a day later, he was completely paralyzed from his sternum down. The paralyzation was later attributed to a virus that attacked his spinal muscles, forcing him to spend months in hospitals, times that Kyle Riddle couldn't spend with him, due to having four small children at home, including 14-month-old twins.

"I had my children really fast," said Riddle, who gave birth to four children in less than five years. "But looking back, it's a good thing I did, otherwise I might not have had any."

Spending their fifth anniversary in the hospital, Kyle Riddle said after that it was all about learning to adjust to the circumstances.

As the family learned to cope, Riddle and her husband were able to successfully raise

their four children who each turned out to be what some consider as very successful. Having a son in the Air Force, another in the Navy, and the third an engineer for CSX, not to mention a daughter who is a bilingual teacher, tends to make it somewhat appropriate for one to boast.

As time went on, Riddle said she found herself to be not quite as energetic as she once was and making frequent trips to the bathroom. However, she just thought it was something natural that came with age.

"I was getting older," said Riddle. "I just thought that was part of it."

Although she had developed a routine and had gotten used to only taking vitamins, one insurance exam sent her home with six different varieties of medication.

"I just felt like I was falling apart," said Riddle.

Though she once had good health insurance through her husband's former employer, the business later went bankrupt, leaving her with none. Taking advantage of the services and programs offered by Highlands Regional Medical Center and the work of Dr. Brandi Collins, Riddle said she was able to learn to manage her illness and develop a new sort of routine to cope.

"If it wasn't for the people at Highlands, I don't know what I would've done," said Riddle. "Everyone there was just so wonderful, I can't express enough thanks to them. There are so many assistance programs available to people today that there's absolutely no reason to neglect your health"

Checking her sugar levels twice a day, Riddle said she has learned to control and bal-



Kyle Riddle

ance what she eats and focuses on minimizing her carbohydrate intake.

"It's the breads and pastas that are everywhere it seems," said Riddle. "It's hard not to eat those things, but you learn

to balance them out."

According to Riddle, in this day and time, there's absolutely no reason not to be able to eat right.

"There are so many sugar-free things and sugar substitutes out there today that there's no reason to feel deprived," said Riddle.

Though it took adjustments and a few more doctor visits, she said she was forced to take a good look at her life and realize that she had no choice but to learn to deal with it.

"You can either take control of your life or you can miss out," said Riddle, who didn't dare want to give up her times with her grandchildren or miss out on an opportunity due to an illness.

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# Floyd Davis

## Managing pulmonary hypertension; Prognosis for disorder improving

by KATHY J. PRATER  
FEATURES EDITOR

After having spent many years of service in the field of healthcare, Floyd Davis, 56, of Pyramid, now finds himself on the receiving end of health services. Diagnosed in June, 2000 by Dr. Rodney Handshoe, Davis finally got an answer he had been seeking for several years prior when he was informed that he had a rare lung disease, pulmonary hypertension.

Pulmonary hypertension is a simplified name for a complex health problem: high blood pressure in the lungs. It is a disease that affects people of all ages and ethnic backgrounds; and one that is difficult to diagnose.

"Many people actually have symptoms long before a definitive diagnosis is ever made," Davis said. "It is so rare, and so difficult to diagnose, that most people are symptomatic for years before it's found. As a matter of fact, many people die before it is found."

Davis says that in his case, he knew for several years "that something was wrong." "I kept going to doctors and going and going...finally, I reached the point where I just made up my mind that I wasn't going to any more doctors. If something was wrong, well, I just didn't care anymore."

Davis said that he had experienced symptoms such as shortness of breath, heart palpitations, feelings of faintness, edema, and other such symptoms such as seeing his fingernails turn blue following some light yard work, to the point that he had come to believe that if something was wrong with him, nothing could be done about it.

Thanks to a dedicated doctor that had been his family physician for years, Dr. Roger Jurich, Davis said that he finally got on the right path to diagnosis and treatment. "Dr. Jurich did a lot of work...he made sure I was comfortable and he took a great interest. I credit him with a lot," he said.

Pulmonary hypertension is a rare blood vessel disorder of the lung in which the pressure in the pulmonary artery (the blood vessel that leads from the heart to the lungs) rises above normal levels and may become life threatening. The condition is extremely rare, occurring in about two persons per million population each year. Historically, it has been a chronic disorder and known as incurable with a poor survival rate. With advancements in medical technology, new treatments are now available which offer a significantly improved prognosis in those who are diagnosed.

"I've been extremely lucky, blessed really," Davis said. "Four new drugs have been developed since my diagnosis. It seems that as I've needed them, God has seen fit to provide them."

Along with daily medications, Davis' condition also requires that he be on a continuous oxygen feed twenty-four hours a day. "I had asthma as a child," Davis said. "That alone would not cause any predisposition to ph (pulmonary hypertension), but other problems, along with genetic markers, probably triggered it."

Not one to succumb easily, Davis said that he continued to work from the time of his diagnosis to 2003. "I enjoyed my work," he said, "and I certainly did not want to quit. I



**Floyd Davis, diagnosed with pulmonary hypertension, has to be on oxygen 24 hours a day. He says he finds peace in reflective repose in his study at his home, located near Pyramid.**

photo by  
Kathy J. Prater

would have worked until I died." But as his condition progressed, it soon became apparent that he would have to give up his duties in the healthcare and teaching fields.

Davis said that he told his wife, Nancy, that he "would take care of the house and cook" once he quit work to stay home and take care of his health. "People with pulmonary hypertension become very dependent on their spouses and families," he said. "They have to take over all the things we used to do, and deal with our problems. I'm very grateful to my wife and children, for all the support they've given me."

A longtime member of First United Methodist Church, Prestonsburg, Davis says that he remains as active as possible in church related activities and functions and that his faith has been a cornerstone in helping him to cope with his disorder. "I definitely believe that there is a higher power that is interested in us," he said. "I have great faith that there is a purpose to the world that extends far beyond just ourselves."

"At the end of the day," he continued, "what matters most is your family and friends. It's important to take time for

those you love."

With pulmonary hypertension being a disease that is more common in women than in men, Davis offers this piece of advice to those men who may be experiencing symptoms of the disorder: "If you are a man and you are having symptoms, and you don't want to tell your wife, you don't want to tell your friends, you don't want to tell your family, whatever - then that's all good and well, but for heaven's sake, do tell your doctor."

Some symptoms of pulmonary hypertension include: breathlessness or shortness of breath, especially with activity; feeling tired all the time; lightheadedness, especially when climbing stairs or upon standing up; swollen ankles, legs, or abdomen; chest pain, especially during physical activity; and fainting.

With new research, those diagnosed with pulmonary hypertension today may successfully manage their disorder for 15 to 20 years or longer.

"The sooner it's found, the sooner it's treated, the better off you are," Davis said.

Davis and his wife have two children, Rachel, 23, and Patrick, 22.

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