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The Times

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Volume 81, Issue 122 • 75 Cents

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PHS FACES DISTRICT FOE
— page B1

briefs

Transylvania comes to Prestonsburg Nov. 19

LEXINGTON — Transylvania University will hold an information night for prospective students and their parents in the Prestonsburg area from 6:30-8 p.m. on Monday, November 19, at the Heritage House Hotel—formerly the Holiday Inn Prestonsburg.

Spend an evening talking with some of Transylvania's students, professors, staff and graduates about one of the nation's best liberal arts colleges. Learn about Transy's excellent academic programs, the wide array of student activities, the advantages of attending a college where caring, dedicated professors inspire their students and the generous scholarship and financial aid opportunities that make a Transylvania education affordable.

For more information, call the admissions office at (800) 872-6798 or register online at www.transy.edu/admissions/events.htm.

Transylvania, founded in 1780, is the nation's sixteenth oldest institution of higher learning and is consistently ranked in national publications as one of the top liberal arts colleges in the nation.

Board considers ways to fix traffic

by KATHY J. PRATER
FEATURES EDITOR

MARTIN — Traffic problems have gotten a bit better at the new Prestonsburg Elementary School location, but board officials expressed concern when they met in special session at Opportunities Unlimited school Wednesday evening.

Board chair Jeff Stumbo said that he was concerned to know that some parents had parked along Route 114, the four-lane highway that runs along the

front of the school, in order to walk their children to class, in addition to being concerned about vehicles being parked along the small bridge leading on to the school property.

"I think it's important that the public know we are talking about this," he said as he encouraged his fellow board members to think about solutions to the problem.

Interim superintendent Ronald "Sonny" Fentress said that he believes that the answer lies in increasing the size of a parking lot on the property

just completed this week. "That lot now holds about 75 automobiles," he said. "I think if we could double that number, it would help."

Fentress estimated the cost of increasing the lot's capacity from 75 to holding about 150 vehicles would cost the district "about \$100,000."

Board member Linda Gearheart said that she has spoken with school principal Gwen Hale-Frazier and that Hale-Frazier was supportive of the idea of a larger lot on school grounds. However, Fentress said that the possibility of a

larger parking lot is only one option currently being explored in order to find a solution to the afternoon traffic tangle at the school.

Other options include the possibility of opening "an old county road that goes near the school," he said. Fentress said that perhaps, with the opening of an additional roadway, students could be picked up both in front, and to the rear, of the new school.

"It's a major undertaking to build a

(See BOARD, page seven)

DECORATING THE TOWN



photo by Kathy J. Prater

City workers were at work Wednesday evening dressing up the streets of Martin in preparation for the town's Red, White & Blue Festival that is now fully underway. The festival boasts a carnival, food, games, crafts and an annual pageant and parade. A special visit from Miss Kentucky, Kaitlyne Postel, will be an added feature when the beauty queen appears in Saturday's parade, set to begin at 3 p.m.

RW&B Fest now underway

by JENNIFER LAWSON
STAFF WRITER

festival schedule include:

MARTIN — The 38th Annual Red, White and Blue Days festivities kicked off yesterday and will continue throughout the weekend.

Throughout the festival there will be a carnival, inflatables of all sizes and appearances by Miss Kentucky Kaitlyne Postel.

Events remaining on the

Friday, Oct. 18
5:30 p.m. — Veterans Memorial Dedication at Redevelopment Site
6:30 p.m. — Veteran Memorial Dinner at Martin Community Center
7:30 p.m. — Red, White and Blue Bowl at Allen Central High School featuring Allen Central Rebels vs. South Floyd Raiders

Saturday, Oct. 20
9 a.m. — Car show at US Bank
12 p.m. — DAV Flat Raising featuring Allen Central ROTC and Grand Marshal Truman Messer
3 p.m. — Parade

Saturday's events will also feature wrestling by KoKo Warrior and a fireworks display at dark.

Man charged with holding gun on hunters

by JENNIFER LAWSON
STAFF WRITER

An Allen man is now facing felony charges after interfering with a youth hunting trip last weekend by allegedly holding a juvenile and an accompanied adult at gunpoint.

Rick Branham, 48, is facing two separate felony charges of wanton endangerment and false imprisonment after he allegedly held 15-year-old Jarred Robinson and Cody Goff, 20, the adult who was overseeing the hunt, at gunpoint for hunting near his land.

According to the criminal complaint filed in Floyd County District Court Tuesday afternoon, Branham manifested extreme indifference to human life by forcing the two males to lie on the ground with their hands behind them while holding a gun to them and threatening to kill them.

According to Robinson's mother, Pamela Wilson, the two were hunting Sunday afternoon on government property near Branham's home when he spotted them and forced them to lie face down in the road with their hands behind them, telling them that he would kill them if he moved. Being the adult, Goff told Branham that he had to call Robinson's mother, at which time he attempted to get up, allegedly prompting Branham to cock the gun and hold it near Goff's head

while Robinson walked forward. At one point Robinson was finally able to contact his mother, at which time she said she heard Branham in the background telling the two to just go home and it would all be forgotten about. Goff and Robinson were then able to leave.

The situation struck fear in both Goff and Robinson and has spurred a lot of questions at school for Robinson, who attends Betsy Layne High School. While he may have an interesting tale to tell from the weekend, he says the experience was terrifying.

"I was scared to death," said Robinson. "He kept yelling and cussin', I actually thought he was going to kill us. When he cocked that gun, I thought it was the end."

For Goff however, it was a "mind-boggling" experience.

"I just didn't know what to do," said Goff. "In a situation like that, you just never know what you're gonna do."

Despite the fear caused by the situation, both say they will continue to hunt and have been encouraged to do so by game warden Eric Thomas, but will just be more careful about where they go.

"I've been hunting since I was 10," said Robinson. "I always thought that if someone had a problem

(See GUNPOINT, page seven)

WOMEN IN BUSINESS

Shepherd shares love of dance with students

by STEVE LeMASTER
SPORTS EDITOR

Over the last 14 years, Jody Shepherd has mentored over 1,000 young dancers at her studio in Prestonsburg.

Shepherd is the owner and instructor at Dance Etc. Studio of Dance, one of the state's top dance schools.

Dance has been a part of Shepherd's life for most all of her

life. She began dancing at the age of 5 with the Bristol Ballet. She then studied for the next 12 years with the Academy of Performing Arts in Coeburn, Va., and the Wise School of Dance in Wise, Va. Born in Prestonsburg, Shepherd spent a great portion of her childhood in the Virginia border town.

Shepherd graduated from Radford University (Radford, Va.)

(See SHEPHERD, page seven)



Jody Shepherd, with some of her many students at Dance Etc.

For more features, check out the "Women in Business" section in today's paper, Section C.

2 DAY FORECAST

Today
Morning storms
High: 74 • Low: 50

Tomorrow
Sunny
High: 71 • Low: 44

For up-to-the-minute forecasts, see floydcountytimes.com

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Obituaries

Gertrude Allen

Gertrude Allen, 83, of Printer, died Tuesday, October 16, 2007, at Our Lady of the Way Hospital, in Martin.

Born May 20, 1924, in Floyd County, she was the daughter of the late Fed and Kate Salisbury Allen. She was a retired post mistress.

Survivors include a sister, Lucille May of Martin; two nephews: Mike May and Bill May; and a special friend, Nora Martin.

In addition to her parents, she was preceded in death by a special friend, Kathy Keithman.

Funeral services were held Thursday, October 18, at 1 p.m., at Nelson-Frazier Funeral Home, in Martin, with Ted Shannon officiating.

Burial was in the Drift Cemetery, under the direction of Nelson-Frazier Funeral Home.

Visitation was at the funeral home.

www.nelsonfrazierfuneralhome.com
(Paid obituary)

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Martha Mae Hopson

Martha Mae Hopson, 52, of Martin, died Tuesday, October 16, 2007, at the Pikeville Medical Center.

Born December 18, 1954, in McDowell, she was the daughter of the late Jim and Hannah Jones Tackett. She was a homemaker.

She is survived by her husband, Robert Hopson.

Other survivors include her sons and daughters-in-law: Larry (Marsha) Nobili of Virgie, and Joshua Hopson of Martin; her daughter: Tara (Joey) McIntosh of Martin; brothers: Danny Tackett and Curt Tackett, both of Ligon and Donald Ray Tackett of Michigan; her sisters: Gladis Stone and Irene Lee, both of Ligon, Gladys Tackett and Geraldine Petty, both of Melvin and Ethel Johnson of Michigan; and a grandchild, Ethan McIntosh.

In addition to her parents, she was preceded in death by two brothers: Berry Tackett and Eugene Tackett.

Funeral services will be held Friday, October 19, at noon, at Little Nancy Old Regular Baptist Church, in Hi Hat, with Old Regular Baptist ministers officiating.

Burial will be in the Newman Cemetery, at Hi Hat, under the direction of Nelson-Frazier Funeral Home, Martin.
www.nelsonfrazierfuneralhome.com
(Paid obituary)

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Vernon Ousley

Vernon Ousley, age 75, Blue River, husband of the late Anna Mae Arnett Ousley, passed away Monday, October 8, 2007, at his residence.

He was born February 7, 1932, in Risner, the son of the late James L. Ousley and Nancy Jane Pitts Ousley.

Survivors include a son, Lawrence Ousley of Blue River; three daughters: Dianna Ousley of Huntington, West Virginia, Eva (Charles) Gearheart of Blacksburg, Virginia, and Barbara Moore of Martin; four brothers: Gardis Ousley of Prestonsburg, Rabon Ousley of Warsaw, Indiana, Claude Ousley of Columbia City, Indiana, and Elva Ousley of Prestonsburg; a sister, Evie Thornsberry of Risner; and four grandchildren: Briana Wills, Jessica Moore, Justin Moore, and Grant Gearheart.

In addition to his wife, and parents, he was preceded in death by a son, Curtis Eugene Ousley; and a brother, Adam Ousley.

Funeral services were conducted Thursday, October 11, at 11:00 a.m., at the Hall Funeral Home Chapel, in Martin, with Rev. Charles Gearheart officiating.

Burial was in the Ousley

Cemetery, in Martin, under the professional care of the Hall Funeral Home.

Visitation was at the funeral home.
(Paid obituary)

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Roger "Bud" Reynolds Sr.

Roger "Bud" Reynolds Sr., 80, of Banner, died Monday, October 15, 2007, at Highlands Regional Medical Center, Prestonsburg.

Born March 25, 1927, in Water Gap, he was the son of the late Earnest and Catherine Shepherd Reynolds. He was a general laborer, and a WW II Navy veteran.

He was preceded in death by his wife, Margie Crum Reynolds.

Survivors include a son and daughter-in-law: Roger Jr., and Lorraine Reynolds of Banner; two brothers: Everett Reynolds of Big Sandy, Tennessee, and Jackie Reynolds of Piercetown, Indiana; his grandchildren: Brian and Melissa Reynolds of Banner, Christi and Dwayne Reynolds Tussey of Columbia, South Carolina; and three great-grandchildren: Trenton, Tyler, and Alexis.

In addition to his parents and wife, he was preceded in death by a brother, Oscar Reynolds; and two sisters: Earnestine (Judy) Creekmore and Clara Hutto.

Funeral services will be held Friday, October 19, at 1 p.m., at Nelson-Frazier Funeral Home in Martin, with Jim Smith and Eugene Cook officiating.

Burial will be in the Davidson Memorial Gardens, in Ivel, under the direction of Nelson-Frazier Funeral Home.

Visitation is at the funeral home.
www.nelsonfrazierfuneralhome.com
(Paid obituary)

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Tona Michelle Rhea

Tona Michelle Rhea, 35, of Wheelwright, died Saturday, October 13, 2007, at St. Mary's Medical Center, Huntington, West Virginia.

Born December 30, 1971, in Pikeville, she was the daughter of Alfred Rhea of Wheelwright and the late Alberta Jackson Rhea. She was a pastry chef and a member of Light House Temple of Wheelwright.

In addition to her father, survivors include two brothers: Victor Rhea of Wheelwright and Anthony Rhea of Columbus, Ohio; a

nephew/brother, Bryan Rhea of Morrisville, North Carolina; and a sister: Alfreda Barnes of Germantown, Maryland.

In addition to her mother, she was preceded in death by two sisters: Eldora Rhea and Jeanetta Rhea.

Funeral services will be held Friday, October 19, at 2 p.m., at Light House Temple, in Wheelwright, with Micheal Armour officiating.

Burial will be in Peaceful Gardens, at Wheelwright, under the direction of Nelson-Frazier Funeral Home, in Martin.

Visitation is at the church.
www.nelsonfuneralhome.com
(Paid obituary)

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Thomas Edwin "Tommy" Rose

Thomas Edwin "Tommy" Rose, 63, of Prestonsburg, died Saturday, October 13, 2007, at his residence.

Born August 13, 1944, in New Albany, Indiana, he was the son of the late Kent Rose and Maxine Stevens Rose. He was a self-employed real estate appraiser. He previously owned and operated Rose's Rexall Drug Store.

He was a member of the First Baptist Church; a member of the Appeals Board, Property and Evaluation Administration; and a member of Zebulon Lodge No. 273, F&AM.

He is survived by his wife, Linda Wells Rose.

Other survivors include two daughters: Kimberly Hurley and Amanda Rose, both of Lexington; a stepdaughter, Jessica Johnson of Mt. Sterling; a step-son, Gregory Ray of Prestonsburg; a brother, John Michael Rose of Fowler, Colorado; two sisters: Nancy Allen Rose of Kalispell, Montana, and Elizabeth Ann Rose of Morristown, Tennessee; a granddaughter, Megan Olivia Meyers; two stepgrandsons: Wesley Johnson, and Samuel Johnson; and a special nephew, Kent Rose.

In addition to his parents, he was preceded in death by a brother, William Kent "Bucky" Rose.

Funeral services were held Tuesday, October 16, at 11 a.m., at the First Baptist Church, with Rev. Jerry Workman officiating.

Interment was in Gethsemane Gardens, in Prestonsburg.

In lieu of flowers, contributions are suggested to the First Baptist Church Christmas Basket program, 157 South Front St., Prestonsburg, Ky.

The family has entrusted arrangements to Carter Funeral Home.

Active pallbearers: Seldon Horne, Paul Nunn, Ted Nairn, Estill Carter, Floyd Greene, and Roger Hayes.

Honorary pallbearers: Fred Goble, Oscar Collins, and Roy Roberts.
(Paid obituary)

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Christopher Vernon Salisbury

Christopher Vernon Salisbury, age 45, of Hunter, passed from this life on Tuesday, October 16, 2007, at his residence.

He was born September 18, 1962, in Pikeville, the son of Vernon Salisbury of Printer; and the late Mary Jo Lowe Salisbury. He was a conductor for CSX Railroad.

He is survived by his father, Vernon Salisbury of Printer; two sons: Brandon Christopher Salisbury and Codi Braxton Salisbury, both of McDowell; a daughter, Christan LeShae Salisbury of McDowell; and a brother, Scottie Salisbury of Hueysville.

Funeral services will be conducted Saturday, October 20, at 1:00 p.m., in the Hall Funeral Home Chapel at Martin, with Carl Eugene Shepherd officiating.

Burial will be in Gethsemane Gardens in Prestonsburg, under the direction of Hall Funeral Home.

Visitation is at the funeral home.
(Paid obituary)

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Sharon Kay Stricklin

Sharon Kay Stricklin, 51, of Martin, died Monday, October 15, 2007, at St. Joseph East, in Lexington.

Born December 6, 1955, in

Martin, she was the daughter of the late Henry and Syble Burket Stricklin.

Survivors include three sisters: Lisa Lynn Stricklin of Harold, Pamela Watkins of Clintwood, Virginia, and Carolyn Stricklin of Betsy Layne; four nephews: Brandon Case, Ray Watkins, Kalen Watkins, and Christopher Stricklin; and two nieces: Jennifer Jarvis and Taylor Caldwell.

In addition to her parents, she was preceded in death by a

sister, Henrietta Stricklin.

Funeral services were held Thursday, October 18, at 2 p.m., at Nelson-Frazier Funeral Home, in Martin, with ministers of the Dorton General Baptist Church officiating.

Burial was in Davidson Memorial Gardens, at Ivel, under the direction of Nelson-Frazier Funeral Home.

Visitation was at the funeral home.

www.nelsonfrazierfuneralhome.com
(Paid obituary)

Card of Thanks
From the Bates Family

The family of Myrtle Bates would like to express our appreciation and heartfelt thanks to everyone who sat with us, sent food, flowers, spoke comforting words, and remembered us in prayer. Thanks to the Little Rock Old Regular Baptist Church for being so compassionate and caring; and The Floyd County Sheriff's Office for their assistance in traffic control. Again, from the heart, thanks to everyone. The funeral was under the direction of Hall Funeral Home.

THANKS FROM THE FAMILY OF MYRTLE BATES

DINGUS GENEALOGY WORKSHOP

Saturday, October 20th, 2007
2-5 p.m., at the Prestonsburg Inn

for the descendants of
James Henderson and Sarah B. (Halbert) Dingus
Charles Wesley and Nancy J. (Flannery) Dingus
Samuel P. and Frances A. (Flannery) Dingus
David Crockett and Victoria (Halbert) Dingus
Phoebe Louisa (Dingus) and Thomas Osborne

Bring family photos to share with other descendants, copies will be made, you keep your originals.

To be followed by a Dingus Family Weiner Roast at the P.M. (Boy) Dingus Home Place, at 7 p.m.
Bring your own chair and stick.

POC: Walter Clyde Dingus Jr. — 606-285-0352.

ALLEN BAPTIST CHURCH

The Seminar on Prayer

With presenter
Margaret Therkelsen

at
Allen Baptist Church

Friday and Saturday, October 19-20

HAS BEEN CANCELLED
DUE TO SICKNESS

For more information
Call Jody Conley, 606-874-9468

General Assignment Reporter

The Floyd County Times is currently accepting applications for a full-time or part-time general assignment reporter. The ideal candidate will possess strong writing skills, dedication to the principles of journalism, strong people skills and a go-getter attitude. Experience is preferred and the ability to work flexible hours is a must.

You may submit your resume and writing samples to:

Managing Editor Ralph B. Davis,
The Floyd County Times
P.O. Box 390, Prestonsburg, KY 41653

or via email to:
web@floydcountytimes.com

THE SUPERINTENDENT SCREENING COMMITTEE
for the
FLOYD COUNTY SCHOOLS

will meet
October 22, 2007 at 5:15 p.m.,
at Stumbo Elementary School.

In Memory
of
Boone Kilgore

Born: Oct. 20, 1915 Deceased: Sept. 20, 2001



*Pastor Manford Fannin came in and spoke softly to him, while holding his hand.
Dad spoke out, he knew he was going to a better land.
We sat by his bed till his last breath was gone.
God sent an Angel down to take him home.*

Written by his daughter, Opal Brown

Sadly missed by his kids,
Myrtle Adams, Lou Jean Shepherd,
Opal Brown, Ruby Moore,
Tommy Kilgore, Johnny Kilgore,
and the late
Robie Kilgore

For the Record

Marriage Licenses

Valerie Kersey, 31, to Michael Burchett, 44, both of Prestonsburg.
 Linda Grogan, 48, of Prestonsburg, to Ralph Coleman, 57, of Pikeville.
 Katrina Combs, 42, to Doyle Osborne, 41, both of Hueysville.
 Tina Preston, 19, of Boonscamp, to Steven Taylor, 21, of Printer.
 Nathan Cray, 19, of Auxier, to Terra Calhoun, 18, Allen.
 Lawrence Hicks, 21, to Krystal Spurlock, 24, both of Hueysville.
 Jeremy Charles, 19, to Jennifer Hall, 21, both of Beech Spring.
 Terra Calhoun, 19, of Allen, to Nathan Lazar, 18, of Auxier.
 Tina Preston, 19, of Boonscamp, to Steven Taylor, 21, of Printer.
 Renee Tapp, 28, to Emmitt Kidd Jr., 21, both of Prestonsburg.
 Janey Goble, 54, to Carlen Harris, 53, both of Winona Lake, Indiana.
 Sandra James, 47, to Tom Rowland, 43, both of Prestonsburg.

Civil Suits Filed

Sarah Mudd vs. Jaime Negron
 Megan Wright vs. Richard Wright
 JoAnn Williams vs. Clell Williams
 Chrystal Jacobs vs. Nathan Jacobs
 Nioka Hunter vs. Dean Hunter
 Kevin Nelson vs. Kimberly Nelson
 Floyd County Board of Education vs. City of Prestonsburg
 Chad Niese vs. Nicole Niese
 Kentucky Farm Bureau vs. Michael McDonald
 Carolyn Martin vs. Derrick Martin
 Steve McCutcheon vs. Leslie McCutcheon
 Marie Miller vs. Roy Thornsby
 Julie Montgomery vs. Paul Montgomery
 Barry Collins vs. Roger Blackburn
 Denise Lynch vs. Marty Lynch
 Tammy Newsome vs. Kelly Newsome
 Verline Janke vs. Tony Harris
 Verline Janke vs. Angelina Harris
 Roberta Castle vs. Joshua Baisden
 Jacqueline Akers vs. Ricky Akers
 Kentucky Foster Care vs. Sheila Adkins
 Asset Acceptance LLC vs. Curtis Tackett
 HSBC Bank USA vs. Doris Hackworth, et al
 Commonwealth of Kentucky, et al vs. Keathley-Ford Property Management, Inc., et al
 Pamela Blankenship vs. Mark Blankenship
 Carter Lee Smith, et al vs. Carter Lee Smith Jr., et al
 Karen Crum vs. Jimmy Crum
 Asset Acceptance LLC vs. Angela Schoolcraft
 Green Tree Servicing vs. James Sherman
 First Resolution Investment vs. Denise Isaac
 Discover Bank vs. Liddie Hall

Small Claims Filings

KY Medical Services Foundation vs. Craig Hubbard
 GE Money Bank vs. Linda Watson
 Moorehead Community Federal Credit vs. Jessica Hill
 Capital Alliance Financial vs. Claude A. Adams Sr.
 CACV of Colorado vs. James M. Moss
 Asset Acceptance LLC vs. Brian Johnson
 First Resolution Investment vs. Helen Vance
 GE Money Bank vs. Versa Clark

Charges Filed

Karen Crum, 51, of Prestonsburg, harassing communications.
 Joshua R. Miller, 22, of Prestonsburg, alcohol intoxication.
 Mark Milburn, 45, of Cardington, Ohio, alcohol intoxication.
 Linda Y. Hunt, 38, of Stanville, harassment.

Nicholas L. Hill, 22, of Hager Hill, alcohol intoxication, possession of marijuana, use/possession of drug paraphernalia.

Miste Ousley, 23, of Paintsville, alcohol intoxication, possession of marijuana, use/possession of drug paraphernalia.

Christopher Ratliff, 27, of Hueysville, alcohol intoxication, possession of marijuana, use/possession of drug paraphernalia.

Richard W. Miller, 39, of Banner, operating motor vehicle under influence, operating on revoked license, failure to maintain insurance, failure to surrender revoked license, possession controlled substance not in original container.

John M. Hicks, 40, of Whitewood, Va., alcohol intoxication, assault, disorderly conduct.

Roscanna D. Conn, 25, of Martin, alcohol intoxication.

Arthur D. Martin, 50, of Printer, alcohol intoxication, disorderly conduct, assault.

Stephanie Lawson, 32, of David, terroristic threatening.

Dee Mart Music, 57, of Garrett, violation of local burning ban.

James Willie Spears, 31, of Prestonsburg, drinking alcoholic beverage in public place.

Charles E. Kidd, 48, of Harold, poaching, use of artificial light.

Corey Castle, 20, of Harold, criminal trespassing.

Jeremy C. Click, 23, of Betsy Layne, criminal trespassing.

Amanda Lee Hall, 31, of McDowell, harassing communications.

Melissa Gay Wiley, 37, of Grethel, assault.

Dewey Meade, 18, of Melvin, assault.

Robin Ann Lafferty, 33, of Dwale, harassing communications.

Inspections

Pizza Hut, Prestonsburg, regular inspection. Violations noted: Food not protected during storage, food not protected during service, lack of effective hair restraints, chlorine sanitizer concentration level for mechanical sanitizing of utensils and equipment less than 50 ppm, cloths used for food and nonfood contact surfaces not stored and rinsed frequently in water sanitizing solution, nonfood contact surface of equipment and utensils not clean, improper storage of single-service articles, sanitary towel or hand drying device not provided at lavatory or handwashing sink, employee personal items not stored personally. Score: 87.

Seasons Inn, Allen, regular inspection. Violations noted: Walls and carpet in disrepair, light in restroom (fixture) shield missing. Score: 96.

Osborne's Rest and Pizza, McDowell, regular inspection. Violations noted: Lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, dishwashing facility not properly maintained, dishwashing facility not properly operated, where chemical sanitization methods are employed, operators not providing and using chemical test kits, cloths used for food and nonfood contact surfaces not stored and rinsed frequently in water sanitizing solution, toilet room doors not self-closing, sanitary towel or hand

drying device not provided at lavatory or handwashing sink, no effective measures taken to prevent flies, insects and rodents in the establishment. Score: 89.

Family Dollar, Martin, regular inspection. Violations noted: Improper storage of single-service articles, floors not clean. Score: 96.

Rogers Self Service, Eastern, regular inspection. Violations noted: Toiled room doors not self-closing, sanitary towel or hand drying device not provided at lavatory or handwashing sink, lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, toilet room doors not self-closing, sanitary towel or hand drying device not provided at lavatory or handwashing sink. Score: 97.

Catering, Prestonsburg, regular inspection. Violations noted: Walls, ceiling, attached equipment not in good repair, cleaning and maintenance equipment not properly stored. Score: 98.

Giovanni's, Martin, regular inspection. Violations noted: Lack of effective hair restraints, where chemical sanitization methods are employed, operators not providing and using chemical test kits, floors not in good repair, walls, ceiling, attached equipment not in good repair. Score: 96.

Boyd's Grocery, Banner, regular inspection. Violations noted: Lack of effective hair restraints, nonfood contact surfaces not properly maintained, cloths used for food and nonfood surfaces not stored and rinsed frequently in water sanitizing solution, toilet room doors not self-closing, floors not in good repair, cleaning and maintenance equipment not properly stored. Score: food, 95; retail, 96.

Castle's Grocery, Wayland, regular inspection. Violations noted: toilet room doors not self-closing. Score: 97.

Triangle Market, Martin, regular inspection. Violations noted: Cloths used for food and nonfood contact surfaces not stored and rinsed frequently in water sanitizing solution, food contact surface of equipment and utensils not clean, nonfood contact surface of equipment and utensils not clean, sanitary towel or hand drying device not provided at lavatory or handwashing sink, walls, ceiling, attached equipment not in good repair. Score: 92.

Hot Rod's Pizza, Garrett, regular inspection. Violations noted: Lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of effective hair restraints, cloths used for food and nonfood surfaces not stored and rinsed frequently in water sanitizing solution, toilet room doors not self-closing, walls, ceiling, attached equipment not constructed properly, light fixtures not shielded as required. Score: 93.

Family Dollar Store, Prestonsburg, regular inspection. Violations noted: Food not protected during storage. Score: 98.

McDonald's of Martin, Martin, regular inspection. Violations noted: lack of effective hair restraints, where chemical sanitization methods are employed, operators not providing and using chemical test kits, cloths used for food

and nonfood surfaces not stored and rinsed frequently in water sanitizing solution, light fixtures not shielded as required. Score: 96.

Double Kwik, Minnie, regular inspection. Violations noted: Dishwashing facility not properly maintained, where chemical sanitization methods are employed, operators not provided and using chemical test kits, food contact surface of equipment and utensils not clean, nonfood contact surface of equipment and utensils not clean, garbage and refuse containers not covered as required, cleaning and maintenance equipment not properly stored. Score: food, 92, retail 97.

Kentucky Tech and Alternative School, Hite, regular inspection. Violations noted: Industrial classroom light not operable, floors in moderate disrepair throughout campus buildings. Score: 96.

Owens Trailer Park, Prestonsburg, regular inspection. Violations noted: Mobile home lots not systematically numbered, driveways and parking in need of repair, mobile home parking not in compliance, mobile home lot size not in compliance, park lacks sufficient number of individual garbage containers, several lots contain moderate amounts of debris. Score: 88.

Rorrer's Trailer Park, Prestonsburg, regular inspection. Violations noted: Mobile lots not properly numbered, mobile home lot size not in compliance standards. Score: 96.

Burkes Trailer Park, Prestonsburg, regular inspection. No violations noted. Score: 100.

George's Trailer Park, Prestonsburg, regular inspection. Violations noted: Lots not clearly numbered in order of placement, lot size not in compliance. Score: 96.

Big Sandy Community and Technical College Grill, Prestonsburg, regular inspection. Violations noted: Cloths used for food and nonfood contact surfaces not stored and rinsed frequently in water sanitizing solution, floors not clean. Score: 98.

Dollar General Store, Martin, regular inspection. Violations noted: Lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, improper storage of single-service articles, garbage and refuse containers not covered as required, floors not clean, walls, ceiling, attached equipment not in good repair. Score: 94.

Vance Quick Mart, Hi Hat, regular inspection. Violations noted: Lack of effective hair restraints, where chemical sanitization methods are employed, operators not

providing and using chemical test kits, nonfood contact surface of equipment and utensils not clean, all plumbing not maintained according to law, toilet facilities dirty, floors not constructed properly, floors not in constructed properly, walls, ceiling, attached equipment not in good repair, cleaning and maintenance equipment not properly stored. Score: food, 91, retail, 95.

Stone's Grocery, Prestonsburg, regular inspection. Violations noted: Lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, floors not in good repair, walls, ceiling, attached equipment not in good repair, lighting not provided as required. Score: 96.

Rite Aid, Prestonsburg, regular inspection. Violations noted: Improper storage of single-service articles, garbage and refuse containers not covered as required. Score: 97.

Papa John's Pizza, Prestonsburg, regular inspection. Violations noted: Lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, improper storage of single-service articles, sanitary towel or hand drying device not provided at lavatory or handwashing sink, toxic items not properly stored, cleaning and maintenance equipment not properly stored. Score: 90.

Double Kwik, Prestonsburg, regular inspection. Violations noted: Hand

cleaner not provided at lavatory or handwashing sink, sanitary towel or hand drying device not provided at lavatory or handwashing sink, lighting

(See RECORD, page six)

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LIFELINE OF FLOYD COUNTY

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 Thursday — Allen Baptist Church — 7 p.m.-8 p.m.
FAMILY SUPPORT GROUP—"Concerned Persons"
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 For Information on Groups, Call:
 Shirley Combs—606-434-8400 • Tom Nelson—226-1708
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 Ministry of Floyd County UNITE • (Allen Baptist Church) 606-874-9468

LIFE-CONTROLLING PROBLEMS:

A life-controlling problem is anything that masters our lives.
 "Everything is permissible for me"—but not everything is beneficial.
 "Everything is permissible for me"—but I will not be mastered by anything."
 1 Corinthians 6:12 (NKJV)

Life-controlling problems fall into three categories:

- 1.) **Substance**—drugs, alcohol, food, prescription medications
- 2.) **Behavior**—gambling, pornography, outbursts of anger, etc.
- 3.) **Relationships**—co-dependent, unhealthy, or enmeshed relationships

Websites: www.floydcountyunite.com • www.teenchallengeky.com
www.lifelineofeastky.com

THE FLOYD COUNTY BOARD OF EDUCATION and the SUPERINTENDENT SCREENING COMMITTEE

will conduct a joint meeting on October 22, 2007, at 5:00 p.m., at Stumbo Elementary School.

OFFICE RELOCATION NOTICE

Jason Charles Reichenbach, Esq.
 Attorney at Law
 1031 Broadway Street • Suite No. 4
 Paintsville • Kentucky • 41240
606-788-0022
 Car Wrecks • Criminal • Divorce

Viewpoint

Worth Repeating ...

"Before God we are all equally wise — and equally foolish."

— Albert Einstein

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

— Guest View —

Editorial roundup

Chicago Tribune on the State Children's Health Insurance Program veto:

With no fanfare other than a wave of his pen, President Bush on Wednesday vetoed a bill that would have expanded government-sponsored health insurance for lower-income kids. That was a shortsighted move.

Now the heat's on the U.S. House to override that decision. We enthusiastically support that effort. ...

The Senate margin was veto-proof, but the House fell short by about two dozen votes. Instead of scheduling an immediate vote, House Democratic leaders are taking the next couple weeks to lobby Republicans and a scattering of Democrats who voted against the bill. ...

We urge them to take a second look at the facts before voting to uphold the president's veto and block expansion of vital health insurance coverage to more kids in lower-income families.

The bill would boost enrollment in the State Children's Health Insurance Program (CHIP) from 6.6 million to about 10 million at an extra cost of about \$35 billion over five years. The overwhelming majority of those kids would be in families earning less than twice the poverty rate, which comes to about \$41,000 for a family of four. The president's rival plan, a \$5 billion boost over the same period, isn't enough and could cause some kids to be tossed from the rolls. ...

Denver Rocky Mountain News, on torture:

It's bad enough that the Bush administration, in the months after the 9/11 attacks, took the position that international bans on abusive questioning of enemy prisoners no longer applied. What's worse is the administration's lack of second thoughts on the matter — its persistence in the face of bipartisan congressional opposition and even legislation.

To be sure, administration officials, from President Bush down, have repeatedly insisted that the United States does not torture prisoners. But these assurances are in part possible, it appears, because torture itself has been redefined. An infamous August 2002 Justice Department memo suggested, for example, that torture involves discomfort "equivalent in intensity to the pain accompanying serious physical injury, such as organ failure, impairment of bodily function, or even death," or enduring psychological harm.

A remarkable story published in The New York Times last week provides further evidence of the stubborn defense by the administration of unacceptable interrogation tactics. Though the White House finally rejected torture in a December 2004 legal opinion, the Times reported on a classified memo from February 2005 that allowed "waterboarding" and other repugnantly coercive techniques. ...

It's a chilling and dispiriting story that challenges the fragile credibility of an administration that has too often said "trust us" when asked about its handling of suspects in the war on terror.

The Herald, Everett, Wash., on the search for aviator Steve Fossett:

In theory, we are all equal. In practice, not so much.

Last week, the search for millionaire aviator Steve Fossett, who disappeared a month ago in Nevada, was suspended again after what the Civil Air Patrol described as one of the largest efforts to locate a missing plane in modern history. ...

According to The Associated Press, the search encompassed a 20,000 square-mile area, involving Civil Air Patrol pilots from Nevada and seven other states, the Nevada National Guard, the Air Force Rescue and Coordination Center, the state Department of Public Safety and ground crews organized by local authorities.

Experts in radar analysis from the Federal Aviation Administration, Air Force, Navy, National Transportation Safety Board and the Civil Air Patrol also were involved, using high-tech methods to try to determine Fossett's flight path. A sonar-equipped boat has been used to search a lake to determine whether Fossett's plane crashed there.

After the first two weeks, organizers estimated the effort cost about \$600,000.

Would every missing pilot get a search of this magnitude? Of course not. ...

We hope the Fossett family steps forward and pays for the unprecedented search. Otherwise, what does the Civil Air Patrol say to the family of Average Joe Pilot when his plane goes down, and the search is suspended after two days?



KIRK
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— Guest column —

Ahmadinejad

by SHELDON RICHMAN

President Mahmoud Ahmadinejad of Iran is no one to admire, but when was the last time President Bush stood before a critical college audience and fielded tough questions? Bush appears only before handpicked friendly crowds. Even news conferences are barely adversarial because the media has the curious rule that the president — any president — deserves to be treated like royalty.

For all his weird statements about freedom, women, and homosexuals in Iran, not to mention his views on the Nazi treatment of Jews, at least Ahmadinejad took on all comers. He even accepted his host's insults with equanimity.

That people panicked about his appearance at the forum only made him look respectable. Too bad Ahmadinejad didn't use his time better. He might have educated the American people about the history of U.S.-Iran relations, of which most Americans are unforgivably ignorant.

He could have told them that in 1953 the CIA conspired with a brutal monarch who had been driven from power to overthrow an elected secular prime minister and restore the monarch to his throne. The shah of Iran, Mohammed Reza Pahlavi, proceeded to rule as a dictator for the next quarter century with the help of his secret police, SAVAK, and U.S. money and weapons. U.S. presidents often praised him as a great ally of the United States. The Iranian people understood who his patron was.

When they finally dethroned the hated shah in the religious revolution of 1979, and the U.S. embassy and

personnel were seized, the American government pretended it was the aggrieved party. It has conducted subtle warfare against Iran ever since.

Ahmadinejad might also have taught the American people that in the 1980s, the U.S. government backed its ally — Saddam Hussein of Iraq — in his decade-long war against Iran. It provided Iraq critical economic aid and weapons, as well as intelligence and diplomatic recognition, and placed warships in the Persian Gulf to protect Iraqi oil in Kuwaiti tankers from Iranian attack.

Most interesting, the U.S. government licensed American companies to provide Saddam the means to make chemical and biological weapons. (Chemicals were used on the Iranians and Kurds. For a history of the conflict and U.S. involvement, see my "United States in the Persian Gulf" at http://www.cato.org/pub_display.php?pub_id=912).

During the war the USS Vincennes, while in Iranian waters, shot down an Iranian civilian airliner over the Persian Gulf. All 290 people aboard were killed. American officials claimed — dubiously — that the plane was thought to be a military aircraft. No apology was ever issued, though compensation eventually was paid.

Contrast this with an incident about year earlier, when an Iraqi warplane attacked the USS Stark, killing 28 men. The Reagan administration accepted Iraq's apology — then blamed Iran for the tragedy.

The neoconservatives, who so demonized Saddam Hussein before the 2003 invasion, were his enthusiastic backers against Iran in the 1980s. (The 1986 Iran-Contra arms deal was a glaring exception.)

Ahmadinejad should have also pointed out that the U.S. government has warships in the Persian Gulf threatening Iran to this day and maintains economic sanctions, a form of warfare, against his country. To those who say that Iran is developing nuclear technology and helping to kill Americans in Iraq, he could point out that it's the U.S. government that invaded two of Iran's next-door neighbors and executed "regime change." Why shouldn't Iran be defensive and interested in acquiring a deterrent?

This would have been a useful lesson for Americans. Unfortunately, Ahmadinejad let the opportunity pass.

The American people would have no reason to fear this man if the U.S. government were not provoking him. There's an easy way to ensure that Iranians aren't killing Americans: bring the troops home and stay out of Middle East affairs.

Instead the Bush administration follows a policy that makes Ahmadinejad a hero, even among Arabs: threatening war. As Glenn Greenwald wrote at Salon.com, "Nobody has done more to inflate the importance and power of Mahmoud Ahmadinejad (who, just by the way, is not even the leader of Iran, let alone the WorldWide Evil Axis of Hitlerian Dictators) than those who have focused on him obsessively."

Once again, an American president imperils the people by creating an enemy.

Sheldon Richman is senior fellow at The Future of Freedom Foundation, author of *Tethered Citizens: Time to Repeal the Welfare State*, and editor of *The Freeman* magazine.



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The Times

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Rental Central

by TOM DOTY
TIMES COLUMNIST

A mix of real-life stories and outlandish science fiction hit the shelves this week and offered a higher quality of new releases than usual.

■ **"The Hoax"** — Richard Gere stars here as an out-of-work author who manages to convince a major magazine, as well as a publishing house, that he has been writing the memoirs of famed millionaire and recluse Howard Hughes. Turns out he's a big liar but this actually happened, though it was way before Oprah so Irving was not punked out during an interview. The film is slow to get started but stick with it and you'll be glad you did. Alfred Molina (*Dr. Octopus in "Spider-Man 2"*) all but steals the film as Irving's researcher who also acts as the author's conscience.

■ **"A Mighty Heart"** — Dramas about the War on

Terror don't get any harder to watch than this account of the kidnapping and eventual murder of Wall Street Journal reporter Daniel Pearl. The film traces his journalist wife Marianne's efforts to track him down after he's kidnapped by a radical Muslim sect while reporting from Pakistan. The filmmakers wisely avoid melodrama and even resist showing Pearl's execution (which was televised). It is anchored by Angelina Jolie's turn as Pearl's wife Marianne, whose best moment occurs when she stares down a thoughtless reporter who asks her if she watched her husband's death. Strong stuff served up without any attempt to exploit your emotions and more the powerful for it.

■ **"Transformers"** — Escapist entertainment doesn't get any better than this summer confection which should appeal to audiences regardless of whether they watched the cartoon series it was based on.

Shia LaBeuf stars as a young man who buys a used car only to find out it's a robot in disguise. It's also a member of an army which is here to stop an invasion by evil robots, which sets the stage for some spectacular action sequences that should have you tapping on your remote for repeat views. Jon Voight and John Turturro costar.

■ **"Planet Terror"** — The second half of "Grindhouse" hits DVD in a two-disc special edition that actually slows down the action a little, as this was meant to be a fast and furious movie. However it's all in good fun and features Freddy Rodriguez and Rose McGowan as the unlikely protectors of a small Texas town after a chemical weapon unleashes a horde of killer zombies. A top notch supporting cast includes B-movie veterans like Michael Biehn, Tom Savini, Jeff Fahey and Bruce Willis. This is the one where McGowan plays a stripper

who gets fitted with a machine gun prosthesis after the undead take her leg and the image of her spritzing loads of zombies with lead is worth the rental.

■ **"The Reaping"** — A professional debunker of miracles sees her beliefs challenged when she journeys to Louisiana to confront signs of the apocalypse in this thriller that plays like "The Seventh Sign." Hillary Swank takes a breather from her high brow career here and is pretty good as the investigator who begins to suspect that the plagues from the Bible are starting to come true. Creepy visuals and a credible cast (that manages to keep a stiff upper lip) help sell this effort which will keep you entertained, though enlightenment is out of the question.

Next week look for more chills with the release of "Hostel 2" and watch Kevin Costner subvert his good guy image as a sociopath/serial killer in "Mr. Jones."

'30 Days of Night' has soft bite as vamps run loose in Alaska

by DAVID GERMAIN
AP MOVIE WRITER

With the very cool idea behind the graphic novel "30 Days of Night" — vampires tramping up to Barrow, Alaska, for a monthlong feeding frenzy during winter's prolonged darkness — it was virtually assured that Hollywood would turn it into a movie.

Yet while the flick is a huge cut above most of the gore fests passing themselves off as scary movies today, the premise and its repetitive gimmicks gradually grow as monotonous as, well, 30 days of night.

You can only see so many snarling hissy fits by vampires with perpetually bloody chins before they start looking less like monsters and more like ill-tempered circus clowns whose makeup is running.

With a crisp setup to establish that it's the eve of Barrow's long night, when the sun will set and not rise again for 30 days, director David Slade (the independent feature "Hard Candy") propels the audience into a bout of frenetic and frightening action.

The vamps cut power and phone lines and massacre packs of sled dogs as they remove all obstacles that could disrupt their extended banquet.

Then they start munching on human necks with an animal ferocity unlike the more civilized style of other screen bloodsuckers. Slade fashions some memorably graphic and startlingly artistic images of the initial frenzy, among them wide crane shots showing the snowy streets of Barrow randomly stained with blood, like splashes on a Jackson Pollock canvas.

The momentum begins to fade once a little band of survivors, led by the local sheriff, Eben (Josh Hartnett), and his estranged wife, Stella (Melissa George), hole up in an attic to figure out how to ride out the month until the sun comes up and sends the vampires to bed without any more supper (the sun actually goes into hiding in Barrow for about two months and change, but the title "60-Some-Odd Days of Night" doesn't have that same ring).

The movie's three screenwriters include Steve Niles, who created the "30 Days of Night" comic with Ben Templesmith.

The filmmakers rightly conclude that you don't need much plot beyond the basic premise, but they wrongly plug in a lot of ill-formed characters, with only Eben and Stella getting the vaguest of back stories. (She's a fire marshal who left hubby, he wants her back, she returns for a fire inspection, misses the last plane out before nightfall and gets stuck in Barrow for the



"30 Days of Night," released by Sony's Columbia Pictures, is rated R for strong horror violence and language. Running time: 113 minutes.

Two stars out of four.

whole month. So planes can't take off at night north of the Arctic Circle?)

Everyone else is there to eat or be eaten, though Barrow is decimated so quickly it seems the vampires might need to order out for another remote Arctic town to get them through winter.

Leading the vampires is the generally versatile Danny Huston, who's stuck here talking mostly in a guttural, subtitled language as he leads his pack.

The rest of his gang are

meant to behave like dogs and succeed well enough, though it doesn't help their fright factor that one of the hissy underlings resembles Marilyn Manson after a sloppy helping of spaghetti without a bib.

The usually stiff and lifeless Hartnett gives a more supple performance here, and the filmmakers craft a starkly moving ending around his and George's characters.

Ben Foster, a scene-stealer as Russell Crowe's deranged lieutenant in "3:10 to Yuma," is effective with some more

crazed moments here, playing a human doing the vampires' dirty chores, hoping to become one of them.

Produced by "Spider-Man" overlord Sam Raimi and his production partner Rob Tapert, "30 Days of Night" was filmed in New Zealand, and the movie's behind-the-scenes star has to be production Paul Austerberry.

The Barrow he recreates far from Alaska, buried in artificial snow that looks icy and authentic, is a truly forlorn outpost, an ideal place for creatures of the night to come and put on the feedbag.

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Cinema Three • PG HELD OVER THE GAME PLAN Mon.-Sun. 8:55-9:30; Fri. (4:30), 8:55-9:30; Sat.-Sun. (1:55-4:30), 8:55-9:30	Cinema Eight • R STARTS FRI., 10/19 30 DAYS OF NIGHT Mon.-Sun. 7:00-9:25; Fri. (4:25), 7:00-9:25; Sat.-Sun. (2:00-4:25), 7:00-9:25
Cinema Four • R HELD OVER WE OWN THE NIGHT Mon.-Sun. 8:55-9:30; Fri. (4:30), 8:55-9:30; Sat.-Sun. (1:55-4:30), 8:55-9:30	Cinema Nine • R STARTS FRI., 10/19 RENDITION Mon.-Sun. 8:50-9:20; Fri. (4:20), 8:50-9:20; Sat.-Sun. (1:50-4:20), 8:50-9:20
Cinema Five • PG-13 HELD OVER WHY DID I GET MARRIED? Mon.-Sun. 8:50-9:20; Fri. (4:20), 8:50-9:20; Sat.-Sun. (1:50-4:20), 8:50-9:20	Cinema Ten • R HELD OVER MICHAEL CLAYTON Mon.-Sun. 8:50-9:20; Fri. (4:20), 8:50-9:20; Sat.-Sun. (1:50-4:20), 8:50-9:20

38th Annual

Red, White and Blue Days 2007

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SERVING TIME: 5:00 p.m.-9:00 p.m.
ADULTS: \$15.95 CHILDREN AGE 12 AND UNDER: \$7.95
*Price includes beverage

ACTIVITIES

6:30 p.m.—APPALACHIAN TROUBADOURS: Come and enjoy the sound of these up and coming artists. This traditional bluegrass band will have you on the edge of your seats. Join us in Meeting Room #3 for this event.

8:00 p.m.—SQUARE, FOLK, & COUNTRY LINE DANCING: Kick up your heels with some dancing in Meeting Room #3. There is no experience necessary as all dances are easy and will be taught.

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The Floyd County
PRIDE Fall 2007 Clean-up
Will be running from
Wednesday, October 17, thru
Wednesday, October 31, 2007

Residents will be able to take items to the
Waste Connections Facility
Located at Garth
FREE OF CHARGE during this time.

Operating Hours are
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Saturday & Sunday, CLOSED

No Tires, Batteries, Air Conditioners,
Refrigerators or Freon Items,
Liquids, or Oil will be accepted.
All Paint Cans must be empty & dried out.

If you or a group would like to
participate in a Clean Up in the county,
Please contact Lon May,
Floyd County PRIDE Coordinator
at **886-0498**

Register your group and location today!!

Record

not provided as required. cleaning and maintenance equipment not properly stored, lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of numerically scaled thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of numerically scaled thermometer for checking cooking and holding temperature of potentially hazardous foods. Score: food, 96, retail, 98.

Crum and Michael Hall. Located at Little Mud Creek. Richard Burchett, Richard Burchett Jr., Tabatha Burchett to Brooke Lawson. CBS Investments Group Inc to Terry Johnson. Location undisclosed. Angie and Roy Collins to Angela Chaney and Micah Sayers. Location undisclosed. Charles Crum to Clifford and Kathy Hall. Location undisclosed. Marie Crum to Clifford and Kathy Hall. Location undisclosed. Carmel and Paula Davis, Sherry Fitzpatrick to Jimmy and Karen Crum. Location undisclosed. Beverly and Tim Floyd to Miller Brothers Coal. Location undisclosed. Palestino Gibson, Anthony and Belinda Greer to Charles Crum and Michael Hall. Located at Little Mud Creek. Eddie Hall to Okie Hall. Location undisclosed. Michael Hall to Clifford and Kathy Hall. Located at Little Mud Creek. Nora Hall to Okie Hall. Location undisclosed. Victoria Hall to Ryan Hall. Located at Otter Creek. Anna Hamilton to Brenda and Wade Hamilton. Location undisclosed. Wade Hamilton to Anna Hamilton. Located at Big Mud. Phyllis Latta to Charles Crum and Michael Hall. Located at Little Mud Creek. Arthur Martin to Jerry Martin. Location undisclosed. Jimmy and Mary McKinney to Jimmy and Karen Crum. Location undisclosed. Emma and Kenny Music to Charles Crum and Michael Hall. Located at Little Mud Creek. Kenneth and Shirline Patton to Jeremy Clark. Location undisclosed. Donna and Rodney Smith to Jackie and Tonia Fugate. Located at Copperas Lick Estates. Audrey Stanley to Charles Crum and Michael Hall. Located at Little Mud Creek. Misty and Orville Tackett to Charles Crum and Michael Hall. Located at Little Mud

Creek. Patricia Tackett to Paul and Virginia Tackett. Location undisclosed. Caren Thacker to Terry Johnson. Location undisclosed. Doug, Ewell, Paul, and Paula Thomas to Paul Thompson. Located at West Minister Street. Carlotta, Clara, Clinton, Edgar, Esta, Hank, Lorain, Michelle, Myrna, Patricia, Paul, and Tracy Williams to Charles Crum and Michael Hall. Located at Little Mud Creek. James and Toni Bailey to Brenda Handshoe. Location undisclosed. Harold Baldrige to A&L Rentals. Located at Richmond Subdivision. Barbara Bow to Jerry Bow. Location undisclosed. John Clark to Christopher Hunter. Location undisclosed. Hazel and James Cole to Bobby and Mary Lawson. Located at Ferguson. Dustin and Megan Conn to Billy and Sharon Mullins. Location undisclosed. Jack Conn to Jerry Bow. Location undisclosed. Megan Conn to Billy and Sharon Mullins. Located at Arkansas Creek. Clayton and Paula Cooley to Nadine Cooley. Location undisclosed. G&B Rental to Reba Johnson. Located at Richmond Division. Interstate Natural Gas Company to Beverly Newsome. Located near Teaberry. Alma Jackson to Ernest Jackson. Located at Garrett. Hubert Lawson to Harry and Phyllis Lawson. Located at Spurlock. Malcolm Layne to Brittany and Kayla Hancock. Location undisclosed. Brian Nelson to Angie and Roy Collins. Location undisclosed. Betty and Gold Slone to Reba Johnson. Located at Richmond Subdivision. Warren Yates to Warren and Wynona Yates. Location undisclosed. Wynona Yates to Warren and Wynona Yates. Location undisclosed.

State parks offering Thanksgiving buffet

FRANKFORT — Thanksgiving is just a few weeks away and the restaurants at the Kentucky State Parks are preparing for one of the busiest days of the year. All 17 resort park restaurants will be serving the annual Thanksgiving Day buffet, a tradition for the parks and many families across Kentucky. "The Thanksgiving buffet at the state parks is a great way for families and friends to celebrate this holiday," said Parks Commissioner J.T. Miller. "Our chefs and restaurant staff really enjoy providing this special meal for our guests." The buffet will include soups, cheeses and salads for starters. Entrees include roast Young Tom Turkey with Kentucky cornbread dressing and cranberry sauce, baked ham, choice beef carved on the line and southern fried catfish with hushpuppies. Vegetables include old fashioned candied

yams, Kentucky Wonder green beans, and mashed potatoes with giblet gravy. There will be a variety of desserts including pecan pie and pumpkin pie. The cost for the buffet will be \$15.95 for adults; \$6.95 for children ages 6-12 and children 5 and under are free. Beverages are not included. The buffet will operate from noon to 8 p.m. For more information about state parks and park events, visit www.parks.ky.gov

Attorney general's office wants to block ethics probe

The Associated Press FRANKFORT — Attorney General Greg Stumbo's office is attempting to block a state ethics panel from investigating how it handled a probe into Governor Ernie Fletcher's administration. Stumbo's office has asked a Franklin County judge to block the Executive Branch Ethics Commission from investigating the matter with a temporary injunction. An anonymous, "informal" complaint to the commission claims Stumbo used the Fletcher investigation to help his political career. Stumbo unsuccessfully ran this year for lieutenant governor and is considering a run for U.S. Senate. Stumbo's office investigated Fletcher's administration on claims that political supporters were improperly given protected state jobs. Fletcher was indicted on three misdemeanors that were eventually dropped in a deal with prosecutors. The attorney general's

office argued in a court filing that the commission does not have legal authority to review anonymous complaints. Jill LeMaster, the commission's executive director, has declined to say how the com-

mission is handling the anonymous complaint. Franklin Circuit Judge Thomas Wingate is scheduled to hear arguments regarding the attorney general's motion on Monday.

Property Transfers

Anna Akers to Charles

Wildfire

Beware & Prepare

Prepare your home, family & community for survival.

- Keep flammable vegetation and leaves at least 30 feet away from your house. Keep dry grass and brush cut short. Clean roof and gutters of flammable materials and leaves. Have an evacuation plan ready. Remember backfiring is illegal. In a wildland fire emergency, call 9-1-1, your local Fire Department, or your local Division of Forestry district office.



BLACKCAT BASKETBALL BOOSTERS Present Fall Festival Please come join us for lots of fun, crafts, and a soup bean dinner October 27, 2007 10:00 a.m. till 4:00 p.m. Prestonsburg High School ADMISSION: \$2.00 for adults

Our Yesterdays

The Floyd County Times reported in its September 3, 1937, issue that work was ready to begin on Prestonsburg's new grade school building.

Front Page of The First Issue of The Floyd County Times. Printed June 19th, 1927. Includes newspaper masthead and various headlines like 'Fiscal Court Lets Big Mud Contract', 'Estimate 5,000 Are Vaccinated on Beaver Typhoid Threat', and 'Health Centers Are Established in Five Towns'.

You never know what you might be missing, if you are not reading "Our Yesterdays," printed each Wednesday in The Times.

AG candidates agree law should require meeting agendas in advance

The Associated Press

LEXINGTON — The candidates for attorney general agree that state law should require public agencies in Kentucky to release the agendas of their meetings at least 24 hours before the meeting.

Republican Stan Lee said such a law would encourage more public participation in government.

"If the public were aware of what's going to be on the agenda, they would be more interested in it," said Lee, a state lawmaker from Lexington.

Lee's Democratic opponent, Jack Conway of Louisville, agreed. "What on earth is the harm if they see the agenda beforehand?" Conway asked.

Conway and Lee made

their statements earlier this week during a forum on open-government issues sponsored by the University of Kentucky's First Amendment Center, UK's Institute for Rural Journalism and Community Issues and the Society of Professional Journalists.

A major function of the attorney general's office is interpreting open-government laws. Formal attorney general's opinions in such matters have the force of law.

Kentucky law requires agendas for special meetings to be made available to the public before the meeting, but there is no such law for regular meetings.

That was a hot topic at the university last spring, when its Board of Trustees announced

it would not make its agenda available until the day of its meeting. Many newspapers and community members were angered over the news, and the board relented.

Asked if there should be a law guaranteeing that regular-meeting agendas be public, Conway said he saw no problem with a law requiring them to be made available "at least 24 hours in advance."

Lee said any such law needs "a certain amount of

flexibility" to prevent important actions of public agencies from being invalidated on grounds that they did not obey the letter of an agenda law.

He cited the UK example, but in answering the question did not endorse a specific law. Asked about it in an interview afterward, he said agendas should be available 48 hours before a meeting, excluding Saturdays and Sundays.

The candidates also found general agreement on open

records relating to business development. Conway was more specific, saying such records should be open unless there is sufficient evidence that making the information public would help competing businesses obtain an advantage.

"We want business to come to Kentucky and we want Kentucky to prosper," Conway said, but he called the current business-records exemption "very, very, very broad."

Lee said, "That's something that probably needs to be looked at. The citizens of this state are beginning to ask, and rightly so," whether they are getting their money's worth from the state's many incentive programs.

Lee and Conway are vying in the Nov. 6 general election to replace outgoing Attorney General Greg Stumbo, who ran unsuccessfully for lieutenant governor in the primary election.

Election officials looking for poll workers

The Associated Press

FRANKFORT — Some election officials across the state are still looking for people to work the polls during the November election, according to the secretary of state's office.

Many counties across Kentucky are in need of people to work on Election Day, Secretary of State Trey Grayson said. The

general election is Nov. 6.

"Precinct election officers are the lifeblood of the elections process in America," Grayson said. "Without the service of these individuals, our democracy would not be possible."

To qualify, a prospective poll worker must be a qualified voter, have not changed political parties within a year and not be a candidate or close relative of a

candidate. Every precinct in the state needs to have four poll workers, or precinct officers, working during the election, according to a press release.

Poll workers are paid a minimum of \$60 per election and get paid for mileage and training.

People looking to be a poll worker should contact their local county clerks.

Gunpoint

Continued from p1

with my hunting, they'd at least ask, not pull a gun."

Branham was arrested Tuesday, after Wilson filed charges with the Floyd County attorney's office and was released Wednesday after posting a \$1,000 bond.

"I just want people to know

about this man and that he can be dangerous," Wilson said. "He could've killed them, and next time he may actually kill someone's child."

Branham, who refused to comment, is expected to appear in court for a preliminary hearing on Oct. 24.

Board

Continued from p1

new school," Fentress said as he commended the board members for the work they have done in regard to the new structure. "Things have really gone very well overall and are now improving."

In other business, the board approved the addition of a home/hospital teacher position for the district, increasing the number of visiting home teachers from two to three, though board member Sherry Robinson expressed some concern in regard to how the decision might affect the board's current budget.

"This is another position coming out of the general fund," she said. "It seems like every month, there's another position coming out of general fund... In the end, we're the ones responsible for the budget."

Fentress said that the creation of an additional position could cost the district "from \$35,000 to \$38,000, depending on whether we hire an experienced or an beginning teacher." He also suggested that a teacher might be hired not on a salary, but on a "unit basis."

After some discussion, Robinson said, "I understand that the children need a teacher, I just want to make sure all our options are looked at" before casting her affirmative vote to create the additional position which was also

approved by the rest of the members of the board.

Opportunities Unlimited Principal Bonita Compton, following a presentation of a report on her school, asked board members to consider a proposal creating an evening period of class time for "those students having trouble attending the traditional school day."

Compton said that she often encounters students who are unable to attend during the day due to work/family obligations and that she believes holding classes from "about 3 to 7 (p.m.) would be of benefit to these students."

Board member Carol Stumbo asked Compton to put together a formal proposal on the matter for the board's review.

The next meeting of the Floyd County Board of Education will be held at 5 p.m., on Monday, October 22, at Stumbo Elementary School when a superintendent screening committee will meet with Mike Oder, of the Kentucky School Boards Association, to continue work on hiring a new superintendent for the district. Former superintendent Dr. Paul Fanning vacated the position in August when he assumed a new position for a Georgia school district.

Following, the board will hold its regularly scheduled monthly meeting, to convene at 6:30 p.m. at the school.

Shepherd

Continued from p1

with a bachelor's degree in dance in 1993 and opened Dance Etc. Studio in Prestonsburg one year later. While at Radford, Shepherd was a member of the University Ballet Theatre for four years, collegiate dance team for three years and cheerleader for one year.

After 14 years, Shepherd still enjoys teaching dance.

"The kids — watching them grow up — is one of my favorite things about the profession," said Shepherd. "Radford was a big part of my life. I had a teacher who inspired me to teach dance. It's a job I love to go to every day."

Shepherd has been an instructor for Eastern Dance Association, traveling and teaching dance camps across the Eastern United States. She has also been a member of their training staff, training other EDA instructors and their curriculum staff as well as choreographing dance routines to be taught at EDA summer dance camps. The Radford graduate was the former seven-year coach of the Prestonsburg Dance Cats, a tradition-rich team she led to many awards and honors, including several National Championships. She currently instructs weekly classes at the studio as well as coaching the

studio's four Elite all star dance teams, all of whom have won numerous National titles. In addition, Shepherd works with other dance teams throughout the area.

Shepherd-coached Dance Etc. students perform throughout Eastern Kentucky. Dance Etc. Studio of Dance students will take the Mountain Arts Center stage Dec. 4-6 in the annual performance of The Nutcracker, a holiday favorite among many Eastern Kentuckians.

Students from 10 counties attend classes at Dance Etc. Studio of Dance.

Dance Etc. Studio of Dance is growing. Ground was recently broke for a new facility. The new Dance Etc. facility will be a 12,500 square-foot structure at Oakridge Court, approximately one-half mile from the current location. The new Dance Etc. facility will be located next to Hyden Dental Practice and include four studios.

Shepherd's hobbies and interests include spending time with family and being involved in church, where she teaches Sunday School.

She lives in Prestonsburg with her husband Greg, and their two children, Gregory Chase (8) and Makenna Kate (4).



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Sharin' the Scarin'



Fun Ideas for Halloween

FAMILY FEATURES

Witches and cobwebs and ghosts, oh my! Make your neighborhood Halloween party a spook-tacular feast perfect for sharing — and scaring — with family and friends. There's no trick to preparing these oh-so-simple recipes — they're sure to tingle the spine of any ghoulish goblin. Cast a spell on a bowl of delicious freshly popped popcorn coated in gooey marshmallow creme and watch as it transforms into Boo-Licious Popcorn Bars and Spooky Popcorn Witches. Ordinary trail mix becomes All Hallows' Popcorn Munch with the drizzle of Candy Melts over the bewitching salty-sweet taste of kettle corn, chopped nuts and dried fruit. Top with ghostly icing decorations and "poof!" your guests will be howling for more!

For more frightfully fun ways to share the scarin', visit www.jollytime.com and www.wilton.com.



All Hallows' Popcorn Munch

- 2 bags (3 ounces each) Jolly Time Healthy Pop 94% Fat Free Microwave Kettle Corn
 - 1-1/2 cups coarsely chopped pecans or walnuts
 - 1 cup chopped dried fruit bits
 - 1 package (14 ounces) white Candy Melts brand confectionery coating
 - 3 packages (0.9 ounces each) Petite Ghosts Icing Decorations
1. Pop popcorn according to package directions. Open bag carefully and pour into jelly roll pan; discard unpopped kernels. Sprinkle pecans and dried fruit over popcorn.
 2. Melt candy according to package directions. Drizzle over popcorn mixture; stir to coat mixture. Stir in icing decorations. Chill until candy has set, about 5 minutes. Break into pieces.
- Makes about 12 cups.

Marshmallow Halloween Treats

- 1 bag (3.5 ounces) Jolly Time Blast O Butter Microwave Pop Corn
 - 1 jar (about 7 ounces) marshmallow creme
 - Favorite icing color (optional)
 - Vegetable pan spray
1. Pop popcorn according to package directions. Open bag carefully and pour into large bowl; discard unpopped kernels.
 2. In large microwave-safe bowl, microwave marshmallow creme 1 minute at 50 percent power. Remove bowl from microwave; if desired, stir in icing color. Gently stir in popcorn, mixing until evenly coated. Lightly spray hands with vegetable pan spray. Shape as described below.
- Makes 8 balls or 12 bars.

Use Marshmallow Halloween Treats to make Spooky Popcorn Witches and Boo-Licious Popcorn Bars.

Spooky Popcorn Witches

- Wacky Witch Silly-Feet! Silicone Baking Cups
 Gum drops, mini candy-coated chocolates, red and black licorice, chocolate nougat candy, taffy, mini colored mints and other favorite candies
 Ice cream sugar cones
 Chocolate sandwich, gingersnap or other cookies
 Tube decorating icing, any color
1. Shape Marshmallow Halloween Treats into 8 balls; press into Silly-Feet! silicone baking cups. Flatten top of ball slightly where hat will be placed. While the popcorn balls are still warm, press in candy for teeth, nose, eyes and hair, attaching with icing if necessary.
 2. To assemble witch's hat, cut sugar cone approximately 2 inches from pointed tip; attach to cookie with icing. Attach hat to top of popcorn ball with icing.

Makes 8 popcorn balls.

Note: Silly Feet! silicone baking cups can be purchased at craft and hobby stores or www.wilton.com.

Boo-Licious Popcorn Bars

- Lavender, orange, green or other Candy Melts brand confectionery coating
 Assorted Halloween sprinkles, sugars and nonpareils
 Petite Ghosts and Smiling Pumpkin icing decorations
1. Spray 8- or 9-inch square pan with vegetable pan spray; press Marshmallow Halloween Treats into pan. Let stand until completely cooled. Cut into bars.
 2. Melt candy according to package instructions. Dip or drizzle bars with melted candy. Add sprinkles, icing decorations and drizzles of contrasting colors of melted candy as desired.
- Makes about 12 bars.

Note: Bar recipe can be doubled. Microwave 2 jars marshmallow creme 1 minute 30 seconds at 50 percent power. Stir in 2 bags popcorn. Press mixture into 13x9-inch pan. Proceed as directed above.



Ghostly Guest House

Creating a wickedly cool haunted house is easy when you start with a ready-to-decorate Wilton Halloween Cookie House kit available at craft and hobby stores. Just a few simple steps take your house from plain to scary.

- Prepare icing following instructions. Attach house to base with icing.
- Outline door with orange icing; attach jelly beans. Add orange icing window and doorknob; attach candy dot doorknob.
- Outline black icing windows and fill in with orange icing; add candy dots.
- Decorate house eaves with orange icing zigzags; add candy dots.
- Pop popcorn. Spatula ice roof; gently press popcorn onto icing.
- Spatula ice front walkway; break orange Candy Melts into pieces and press into icing.
- Prepare Marshmallow Halloween Treats (see recipe), tinting marshmallow mixture green before adding popcorn.
- Press green marshmallow-popcorn mixture onto base around house; sprinkle with orange jimmies.

Use your own imagination and candies to create a menacing mansion of your own!

Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.

MESSER'S DEPARTMENT STORE
S.A.S., Eastland, Redwing, Carhartt & Levi's
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Sat. 8:00 a.m. - 3:00 p.m.
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ASSEMBLY OF GOD
First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Yannucci, Minister.
In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.
New Bethel Assembly of God, Burning Fork Rd., Salyersville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.
Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

BAPTIST
Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.
Auxier Freewill Baptist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.
Ball Branch Regular Baptist Church, Mousy Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor. Contact Kerml Newsome 806-377-6881 for more information.
Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.
Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.
Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m.; Vera Joiner, 886-3863, ext. 67267.

Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.
Brandy Keg Freewill Baptist, Corn Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.
Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.
Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.
Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathan Lafferty, Minister.

Daniels Creek Baptist Fellowship Church of God, Banner Services; Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.
Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m.; Jim Fields, Minister.
Endicott Freewill Baptist, Buffalo; Sun. School, 10 a.m.; Church every Sun. Morning 11:15 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; Third Sun. evening Service, 6 p.m.; First Sat. evening Service, 7 p.m. Hobert Meek, Pastor, welcomes everyone.

Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wieman.

Faith Freewill Baptist, 1/4 mile above Worldwide Egypt on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Buddy Jones, Minister.

First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.

First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

First Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minister.

Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7 p.m.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Grethel Baptist, State Rt. 3379, (Branchman's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Crace, pastor; Assist. Larry Patton. Phone 358-4275.

Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.

Jacks Creek Baptist, Bevinsville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trusty.

Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor.

Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.

Lancer Baptist Church, 71 Cooley St., Prestonsburg, Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m., Evening Worship, 6:00 p.m., Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter

Liberty Baptist, Denver; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.

Ligon Community Freewill Baptist, Ligon Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.

Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.

Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.

Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Vamey, Minister.

McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.

Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Eugene Cook, Minister.

Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home phone 285-3385

Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.

Pleasant Valley Old Regular Baptist Church, Tinker Fork; Meeting time 1st Saturday & Sunday of each month, 3rd Sunday Evening at 8:00 p.m.; Moderator, Gary Compton; Assist. Moderator, Jimmy Conley.

Prater Creek Baptist, Barner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; J.B. Hall, Pastor. Phone: (606) 874-3222.

Rock Fork Freewill Baptist; Garrett Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.

Devotional Spotlight
Pleasant Home Baptist
Mark Tackett, Minister
Sunday School 10:00 a.m.
Worship Service 11:00 a.m.
Evening Service 6:00 p.m.
Wednesday 7:00 p.m.

Attention Church Organizations, send in a picture of your church, pastor, or youth leaders.

CATHOLIC
St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday; Father Robert Damron, pastor.

CHRISTIAN
First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.
Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sherm Williams, Minister.

CHURCH OF CHRIST
Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.
Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.

Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister.
Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Vamey, Minister.
Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonie Meade, Minister.

Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.
Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m. Gary Mitchell, Minister.

Maytown Church of Christ, 66 Turkey Creek Rd., Langley; Sunday Bible Study 10:00 a.m.; Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible Study 6:00 p.m.
Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy Dale Bush, Minister.

Weeksbury Church of Christ; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m. Mike Hall, Minister.

CHURCH OF GOD
Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.
Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.

First Church of God; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.
Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Donald Bragg, Minister.

Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.
Little Paint First Church of God, 671 Little Paint Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Heater Jr., Minister.

The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

EPISCOPAL
St. James Episcopal; Sunday Service, 9:45 a.m.; Holy Eucharist 11:00 a.m. Wednesday Study Group 6:00p.m., Holy Eucharist & Healing 7:30 p.m. Father Johnnie E. Ross, Rector.

LUTHERAN
Our Savior Lutheran, Sipp Bayes Room Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLV (600 am) 12:05 p.m.; Roland Bentrup, Minister.

METHODIST
Auxier United Methodist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Garfield Potter, Minister.
Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.

Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.
Community United Methodist, 141 Burke Avenue (off University Drive and Nealey St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steve Pescosolido, Minister.

Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.
Emma United Methodist, Emma; Sunday School 10 a.m., Sunday Worship Service 11 a.m.; Pastor David Profit.

First United Methodist, 256 South Arnold Avenue; 9 a.m. Contemporary Service; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m. and 5 p.m. UMYS Service; Wednesday, 7 p.m.; Mark D. Walz, Pastor.

Horn Chapel Methodist, Auxier Road, Auxier; Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Mid-week Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Larry J. Perix, Minister.

Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.

Salisbury United Methodist, Printer, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.
Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.

Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.
Vogle Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor.

Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister.

Free Pentecostal Church of God, Weeksbury; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John "Jay" Patton, Minister.
Free Pentecostal Deliverance, Ext. 46 off M.L. Parkway at Campton; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Crider, Minister.

Free Pentecostal Holiness, Rt. 122, Upper Burton; Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis Sanlan, Minister; David Pike, Associate Minister.
Goodloe Pentecostal, Rt. 850, David; Worship Service, 6 p.m.; Malcolm Stone, Minister.

Parkway First Calvary Pentecostal, Floyd and Magoffin County Line; ; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister. 297-6262.
Trinity Chapel Pentecostal Holiness, Main St., Martin; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Ellis J. Stevens, Minister.
Free Pentecostal Church, Dwake; Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

First Presbyterian, North Lake Drive; Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev. Vicki Poole, pastor.

SEVENTH DAY ADVENTIST
Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3459, leave message. Everyone welcome!

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS
The Church of Jesus Christ of Latter-Day Saints; Sacrament Mtg., 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Priesthood/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Ken Caniere, Bishop.

OTHER
Pastor Atha Johnson welcomes everyone to attend services at the CHURCH OF GOD PROPHECY TRAM KENTUCKY. Sunday school 10 a.m., Worship service 11 a.m.

Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30 p.m.
Grace Fellowship Prestonsburg, (next to old flea market), Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.

Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.
Faith 2 Faith, Harkins Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship services, 11 a.m. and 6 p.m.; Thurs. 7 p.m. Randy Hagans, Minister. 886-9460.

Faith Fellowship, Allen, Ky, Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed. 7 p.m. Carl & Messy Woods, Pastors.

Faith Worship Center, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.
Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 p.m.; Lavorne Lafferty, Minister.

Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.
Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor: Curt Howard.

Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m., Saturday/Sunday.
Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.

Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-1003.

Town Branch Church; Sunday School 10 a.m. except for first Sunday in each month; Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.

The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.
The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Aiken.

Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.
Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayer Line; 358-2001; Darlene W. Amette, Pastor

Taylor Chapel Community Church, formerly the old Price Food Service building, located 1/4 mile above Worldwide Equipment, Rt. 1428, Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m. Kenny Vanderpool, Pastor.

International Pentecostal Holiness Church, 10974 N. Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor.
Rising Sun Ministries, 78 Court Street, Allen, Ky.; Sunday, 10:30 a.m.; Wednesday, 6:30 p.m. Pastor: D.P. Curry.

Church of God of Prophecy, Sunday School 10 a.m., Worship Service 11 a.m., Sunday Night - 6 p.m., Wednesday Night - 6 p.m. Pastor Glenn Hayes. West Prestonsburg.

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FLOYD COUNTY Around Our Schools



Floyd students return from Governor's School for the Arts

The Governor's School for the Arts accepted 226 high school juniors and seniors from across Kentucky to participate in the 20th annual three-week intensive arts training program, held on the campus of Transylvania University, in Lexington, this past summer. The program is managed by The Kentucky Center, based in Louisville.

Attending students worked with teachers and peers in one of eight areas of interest: architecture, creative writing, dance, drama, musical theatre, instrumental music, vocal music and visual art. Over 3,500 students have graduated from the program since it began in 1987. A number of former students have studied the arts in college, and many have led successful careers to express their creative talents.

Attending from Floyd County were Kristina Pescosolido, left, (Vocal Music) and Natalie Combs, right (Visual Art), pictured above.



Piarist School student Rachel Prater, of Salyersville, practices lifesaving techniques on a dummy provided by Our Lady of the Way hospital.

Piarist freshmen are lifesavers

by ELIZABETH DAVIS
STUDENT REPORTER
THE PIARIST SCHOOL

The man's eyes are lifeless and cold. His mouth gapes open. "He's choking," the nurse calmly informs a nearby girl. But strangely, the girl merely observes. She knows the victim isn't alive. He's... a dummy?

The Piarist School freshman health class learned a different approach to respiration this week with hands-on Adult CPR training, sponsored by Our Lady of the Way Hospital. Carol Jo May and Kim Castle, nurses at the hospital, instructed the students in the process of CPR and obstructed airway techniques.

"[The program is] part of our CPR Heart Saver program in schools," explained May, "and all the students will receive a certificate in CPR for free."

The freshmen, who were at first apprehensive, soon found themselves absorbed in treating their artificial counterparts. Compressing chests, checking pulses, and even asking for permission from the dummies, they made sure the "victim" was treated as realistically as possible.

"It's extremely tiring," stated Minus Helton when asked about the process. And after watching multiple repetitions of CPR on the solid rubber figures, it was easy to see why.

The nurses presented various situations in which those being instructed had to adapt

their techniques, ranging from pregnancy to unsafe situations like traffic. But even then, the freshmen were expert.

As Fr. David Powers, health teacher and guidance counselor, stated, "They did well. They have the basic skill, and wouldn't panic if someone was having a heart attack or choking."

The students' favorite part of learning emergency response skills?

"I liked doing the Heimlich maneuver," Laken Hamilton

declared. "And naming the dummies was fun. I named mine Renardo. The Heimlich buddies were Gary and Larry."

And of course, there was the relief of being prepared for threatening situations.

"I feel like if anything happens, I'll know what to do," said Whitney Hall.

One thing's for sure—no one can call the freshmen dummies when it comes to saving lives (oh, come on, you knew it was coming).



Members of The Piarist School junior class pose for a photo at the base of the Statue of Liberty. Students pictured are, back row, left to right: Whitney Hackworth, Maegan Leslie, Elizabeth Davis, Elizabeth Kilburn, Taylor Moak, and Julia Burchett. Left to right, front: Jordan Friend and Warren Vierheller.

Piarist juniors travel to Statue of Liberty

by TAYLOR MOAK
STUDENT REPORTER
THE PIARIST SCHOOL

Have you ever traveled 1631 miles in a fifteen passenger van in five days? How about going to Philadelphia, the Statue of Liberty, and Baltimore with seven of your closest friends and two teachers? For the Piarist Junior Class, the answer to both of these questions is "yes."

Students left on Sunday, September 9, to begin the week-long trip and traveled 500 miles that day. Monday proved to be much better, when students traveled to Gettysburg, PA and Lancaster, PA. That evening the group headed to Philadelphia, where they spent the next three nights and visited the King of Prussia Mall, the second largest mall in America.

Rain was falling when the students awoke on Tuesday morning. Plans were to walk around

Philadelphia, so all headed to Valley Forge with the hopes the rain would pass. After watching a video at Valley Forge, the junior students took a train into the city and headed to Independence Hall (where the Declaration of Independence and the Constitution were signed) and to see the Liberty Bell. The rain didn't hinder the group's walk around downtown Philly. Everyone still enjoyed a visit to some of the places that were most important to the founding of our country.

Wednesday was a favorite day of the field studies group. This day was spent at Ellis Island and visiting the Statue of Liberty in New York City. The weather could not have been more perfect. It was 75 degrees with a warm breeze and a clear blue sky, which made for some great picture taking. Students toured Ellis Island, where nearly 12 million immigrants came into this country. That experience was

eye-opening. The Statue of Liberty was wonderful to visit because it is an important symbol to America. However, the best part was taking photos of friends posing like the statue!

Thursday, the last full day of field studies, was spent in Baltimore, MD. Students toured Fort McHenry (where Francis Scott Key wrote the Star Spangled Banner) in the morning. After lunch, everyone headed to Baltimore's Inner Harbor. Some class members went to the aquarium, while the rest walked around the wharf area. The highlight of Thursday's afternoon was paddle boating in the harbor.

Field Studies is an awesome program of The Piarist School and the junior class was definitely thankful for the opportunity to travel together. A trip of 1631 miles through seven states definitely offers a chance to make memories that will last a lifetime!

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FLOYD COUNTY Sports

Inside

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■ UK Football • B4

Blackcats preparing for district foe Valley

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG — One of the state's top Class 2A teams, Prestonsburg is fresh off a 27-12 win over Pikeville. Prestonsburg has won five of its last six games. The Blackcats have this week as their open date before facing district rival Shelby Valley on Friday, Oct. 26 in a much-anticipated regular-season home finale. Prestonsburg has a perfect 2-0 Class 2A, District 8 record. After taking on Shelby Valley, Prestonsburg will square off

against Perry County Central Nov. 2 on the road in the regular-season's final game.

Prestonsburg junior running backs Allen Craynon and Seth Setser continue to rush their way through opposing defenses. In eight games, Craynon has rushed for 1,137 yards and 16 touchdowns on 136 carries. Setser has rushed for 613 yards and eight touchdowns on 86 carries.

Prestonsburg senior quarterback Bobby Hughes had completed 15-of-46 passes for 437 yards and six touchdowns before suffering what appeared to be a season-end-

ing injury in last week's game versus Pikeville. Hughes had only been picked off twice.

Austin Gearheart currently leads Prestonsburg in receiving yardage with seven catches for 228 yards and two touchdowns. Craynon has hauled in a team-high three touchdown catches for the Blackcats. The versatile junior running back has caught five passes for 158 yards.

Shelby Valley had its open date in Week Two following a 34-12 win over county rival Pike County Central. The Kevin Saunders-coached

Wildcats are 4-3. Shelby Valley will host Morgan County tonight in a key district game. Kickoff for the Shelby Valley-Morgan County game is set for 7:30 p.m.

BLACKCAT FOOTBALL RECORD: 6-2
REMAINING GAMES

Oct. 19 Open

Oct. 26 Shelby Valley, 7:30 p.m.

Nov. 2 at Perry County Central, 7:30 p.m.



Matt Blevins (52) blocked for Allen Craynon (3) during a Prestonsburg football game earlier in the season. The Blackcats have this week as their open date.

New football heavyweights — just maybe

by RICK BENTLEY
TIMES COLUMNIST

It's January 7, 2008, the most improbable day in the history of competitive sporting events.

Go ahead, look for yourself. Go all the way back to the days of the first Olympiad, when people ran, by and large. Ran or hurled things. That's what they



Rick Bentley

did back then. And for good reason. That's what they had. They had feet and they had things to

throw. Womenfolk, in all likelihood, were happy on those days. Large sticks or small boulders were being thrown in competition and not at them.

Go all the way back. Seek out the surprises. See what you can find. Today, this cool winter's eve, will see the most shocking sporting event of alltime.

Forget Appy State beating Michigan. Totally dismiss Stanford handling USC. This tops those in a great manner.

You're thinking about that spring night in 1985 in Rupp Arena when Villanova played the perfect game to beat mighty Georgetown in the championship of college basketball? Or the night two years earlier when Jimmy V. led NC State past Phi Slamma Jamma and Houston and then couldn't find a soul to hug?

Nice nights. Big surprises. Pale in comparison.

I see you over there. You're thinking about March of 2006 when George Mason University went from a nice, quiet school in Virginia to the Final Four. Great story. Big-time surprise.

Nothing like tonight.

And what of 1991's World Series, perhaps the most even baseball competition of all time? You remember the Braves and Twins and worst to first and all like that. They weren't supposed to get a sniff of the Series. How'd they wind up playing each other?

Nice, but nothing like this evening.

The only one I'll give you, the only one that may hold up in a court of law when compared to tonight's sporting event, is the one that happened thousands of

(See FOOTBALL, page two)



DISTRICT TOURNAMENT MOST VALUABLE PLAYER BRITTANY HODGE (ALLEN CENTRAL) is pictured sending an offering back over the net. Hodge and the Rebels claimed their third straight district championship before falling to Pike County Central in the 15th Region Tournament.

AC, Betsy Layne fall in opening round

by STEVE LeMASTER
SPORTS EDITOR

PAINTSVILLE — Postseason runs ended for a pair of Floyd County volleyball teams earlier in the week

as 55th District champion Allen Central and runner-up Betsy Layne both fell in the opening round of the 15th Region Tournament at Johnson Central. Tournament host Johnson Central defeated Betsy Layne 2-1 (25-22, 16-25, 25-14) Monday evening in the tournament's first



KOKO MARTIN (ALLEN CENTRAL)

match. Allen Central had its season come to a disappointing end Tuesday following a loss to Pike County Central. The Hawks defeated Allen Central 2-0, winning 25-23, 25-20.

During the regular-season, Allen Central outlasted Pike County Central 2-0 (25-17, 25-22). Allen Central will reload for the 2008 sea-

son. The latest edition of the Rebel volleyball team didn't feature any seniors. Allen Central, however, featured a large, talented junior class

In other opening round matches, Belfry doubled up Pikeville 2-1 (23-25, 25-14, 25-15) and Magoffin County blanked Pike County Central 2-0 (25-14, 25-17).

In the region semifinals Wednesday, longtime rivals Belfry and Pike County Central earned the right to meet back up in a championship match. Belfry eliminated host Johnson Central 2-1 (36-38, 25-18, 25-16) and Pike County Central ousted Magoffin County 2-0 (25-18, 25-12).

At press time Thursday, Pike County Central and Belfry were battling for the 15th Region title.

HIGH SCHOOL SCOREBOARD

16th Region Girls' Soccer Tournament at Pikeville

Monday, Oct. 15
South Laurel 6, Belfry 0
North Laurel 3, Shelby Valley 0

Tuesday, Oct. 16
South Laurel 4, Pikeville 2
North Laurel 6, Prestonsburg

Thursday, Oct. 18
South Laurel-North Laurel
(Score unavailable.)

15th Region Volleyball Tournament at Johnson Central

Monday, Oct. 15
Johnson Central 2, Betsy Layne 1
(25-22, 16-25, 25-14)

Belfry 2, Pikeville 1
((23-25, 25-14, 25-15)
Pike Co. Central 2, Allen Central 0
(25-23, 25-20)

Magoffin County 2, East Ridge 0
(25-14, 25-17)

Wednesday, Oct. 17

Belfry 2, Johnson Central 1
(38-36, 25-18, 25-16)
Pike County Central 2, Magoffin County 0 (25-18, 25-12)

Thursday, Oct. 18
Belfry-Pike County Central
(Score unavailable)

Deer seasons not affected by ban on open burning

TIMES STAFF REPORT

FRANKFORT — Deer hunters won't be able to build campfires until the recent ban on outdoor burning is lifted. Otherwise, the ban will have no impact on deer seasons this year, said Jon Gassett, commissioner of the Kentucky Department of Fish and Wildlife Resources.

"While we received dozens of calls from people who thought hunting seasons were being cancelled because of the outdoor burning ban, nothing could be further from the truth," Gassett said. "Hunting seasons have not changed. In fact, we're expecting an outstanding deer harvest this year."

Governor Ernie Fletcher issued the ban on outdoor burning Oct. 4. The ban includes bonfires, campfires, agricultural burning and other types of open fires, unless approved first by the Kentucky

Environmental and Public Protection Cabinet.

"We're asking hunters to honor this ban by using camp stoves and lanterns instead of building campfires," Gassett said. "Hunters also should be careful about parking their trucks or ATVs in high grass — a hot exhaust system could start a fire."

This is the second time this fall that department personnel have fielded numerous calls involving rumors of deer season cancellation. Other calls involved this year's outbreak of epizootic hemorrhagic disease.

Department officials have received nearly 3,800 documented reports of deer dying from the disease this year. The actual number of deaths is higher because not all of the deer deaths are being reported.

"While we don't know the exact number of deer that have been killed by this disease, the number of deer being checked

by hunters this season shows us that there's still a large deer population out there," said Tina Brunjes, big game program coordinator for Kentucky Fish and Wildlife. "Because the harvest numbers are strong, we don't see the need to change any deer zones or seasons this year."

Epizootic hemorrhagic disease cannot be transmitted to humans. As a precaution, hunters should not eat deer that appear sick prior to harvest, or have obvious signs of infection or abscesses. The disease is caused by a virus, which is transmitted by the bite of a gnat. Outbreaks generally cease with the first insect-killing frosts.

INSIDE THE NUMBERS: As of Thursday, Oct. 18, 66 deer had been harvested in Floyd County.



photo by Dewey Mosley

RAIDERS AND REBELS: South Floyd will visit county rival Allen Central tonight for a key Class A, District 8 matchup. Kickoff for the Red, White & Blue Bowl is scheduled for 7:30 p.m.

Keep safety in mind when you hunt for deer this season

TIMES STAFF REPORT

FRANKFORT — Although hunting is one of the safest activities you can pursue, deer hunters should keep some important considerations in mind as early muzzleloader season runs from Oct. 20-21 and modern gun season opens Nov. 10 in all deer zones in Kentucky.

Always wear your safety harness whenever you use a tree stand. It is the single most important safety item a deer hunter can use. One of the leading causes of injury to deer hunters isn't an errant shot from another hunter; it is a fall from a tree stand.

"In Kentucky, one in five hunting incidents involves a tree stand," said Bill Balda, hunter education coordinator for the Kentucky Department of Fish and Wildlife Resources. "One in four tree stand incidents results in a fatality."

Do not hang the harness too low on the trunk while you're in the tree stand. Place the harness at least head high behind you so the harness keeps you in the stand if you fall, instead of hanging below it.

Some hunters build their own stand out of plywood for the floor and scrap boards nailed to the tree for steps. It is unwise to trust these types of tree stands on opening day without first checking their structural integrity. Falling limbs throughout the year can hit and weaken the floor and lead to a painful fall. Steps weakened through 11 months of rain, heat, cold and freeze can easily break free and cause serious injury.

"They are an injury waiting to happen," Balda said. "Commercial tree stands are safer, sturdier and easier to set up."

As the years go by, we all gain a few pounds. Don't shoot deer on steep slopes or in areas that require you to drag your deer a long way if you aren't in the shape you were in high school. Plan ahead and consider how you're going to get the deer out of the woods as easily as possible when you're picking your hunting spot.

All hunters during modern gun deer season, or any other period when firearms can be used for deer hunting, must comply with hunter orange clothing requirements. Hunters must wear solid, unbroken hunter

orange color visible from all sides on the head, back and chest. Hunter orange must also be worn by anyone accompanying a gun deer hunter. Camouflage patterns with splotches of hunter orange do not meet the requirements. Wearing hunter orange while walking to and from the deer stand, but taking it off while in the deer stand, does not meet the requirement. It's much wiser to keep your hunter orange on at all times while you're in the field, even if you're just eating lunch.

After getting into a deer stand before sunrise and sitting there for hours and hours without so much as a sign of a deer, it is easy to lose patience. Avoid the temptation to fire just at a sound, movement or color. It may not be a deer.

"Be sure of your target and be sure of your backstop behind the target," Balda said. "Almost half of Kentucky's reported hunting incidents involve a victim who was mistaken for game or out of sight of the shooter. Once a shot is taken, there is no way to call back the arrow or the bullet. It is the hunter's responsibility to make absolutely sure his or her target is the intended game animal."

Do not cross a fence without completely unloading your firearm beforehand. It is easy for a firearm laid against a fence to slide off, hit the ground and discharge. If you're hunting with a companion, unload your firearm then hand it to the other person to hold while you're crossing the fence.

Hunter education is required for all hunters born on or after January 1, 1975, except kids under 12 and hunters who are license exempt. However, a one-time temporary hunter education exemption permit is available for \$5 online, which allows hunting for one year from the date of purchase without a hunter education card while accompanied by a legal adult hunter. Log on to fw.ky.gov to find a hunter education course near you, or to purchase an exemption permit.

"Since hunter education became mandatory in 1991, the rate of fatalities has decreased by 40 percent," Balda said. "Also since hunter education became mandatory, total youth hunting incidents are down 37 percent and youth fatalities are down 46 percent. Hunter education works."



Jacob Gardner recently completed his third season in the Bluegrass Miracle League. Gardner batted 1.000 with eight homeruns and numerous RBIs. He has pitched and played second and third bases. The league is open for all children with disabilities. To find more on the league, go online to bluegrassmiracleleague.org or contact Kevin Haury at kevin@bluegrassmiracleleague.org or 502/863-4841.

MSU men's basketball team to host scrimmage prior to football game

TIMES STAFF REPORT

MOREHEAD — The Morehead State University men's basketball team will be on display in an intrasquad scrimmage from 11 a.m.-12:30 p.m. EDT, immediately prior to the MSU-Butler Homecoming 2007 football game on Saturday (Oct. 20).

The scrimmage will be held in Johnson Arena of the Academic-Athletic Center. Normal football parking locations and rates will apply. There is no charge for the basketball scrimmage, and tickets for the football game will be avail-

able at the Jayne Stadium ticket windows.

Eagle fans are urged to come to campus for the basketball scrimmage, the Homecoming football game and all the activities on Saturday and throughout the weekend.

Donnie Tyndall is set to enter his season season as MSU head coach.

Last month, MSU traveled to Canada for a tour that included four games.

ONLINE: www.msueagles.com

Lady Rebels roll past Allen girls

TIMES STAFF REPORT

ALLEN — Allen Central didn't have any trouble getting past Allen Wednesday. The Lady Rebels prevailed in A-, B- and C-team games. More on each game follows.

A-TEAM — Allen Central 67, Allen 19; Amber Shepherd continued her high-scoring ways, netting a game-high 24 points. Megan Jones and Caitlin Kidd also reached double figures in the scoring column, finishing with 14 and 11 points, respectively.

Logan Cline and Krista Parsons each had six points for visiting Allen Central (18-3).

The Lady Rebels outscored Allen 26-6 in the first quarter and entered halftime out in front 40-10.

Four different players provided scoring for the Allen A-Team.

B-TEAM — Allen Central 40, Allen 2; Krista Parsons fired in a game-high 12 points as Allen Central dominated Allen in the B-Team game. Amber Shepherd and Caitlin Kidd added six points apiece for the Allen Central B-Team (17-0). Jeni Dingus followed with four points for the Lady Rebels. Hannah Macellose, Deshea Elliott, Jayla Spurlock and Katerina Poston chipped in two points apiece for the winning team.

Allen Central led 24-2 at halftime.

C-TEAM — Allen Central 44, Allen 5; Krista Parsons pushed in a game-high 10 points as a balanced Allen Central squad defeated Allen in the C-Team game. Deshea Elliott, Katerina Poston and Lanah Gibson netted six points apiece for the Lady Rebels. Brooklyn Martin, Jeni Dingus and Alyssa Moore contributed four points apiece as Allen Central won. Jayla Spurlock and Kelsey Parsons also got into the scoring act, posting two points apiece.

Two different players scored points for the Lady Eagles.

Allen Central currently ranks as the top grade school/middle school girls' basketball program in Floyd County.

Attention coaches: Fax your scoresheets and game information to *The Floyd County Times* at 606/886-3603.



UP AND OVER: Allen Central's Tiffany Clark delivered a smash during last week's district tournament title match versus Betsy Layne. Clark and the Allen Central volleyball team captured a third straight district championship.

Miners acquire Ivan Jenkins

TIMES STAFF REPORT

PIKEVILLE — In a monumental trade that transpired late Monday, Oct. 15, the East Kentucky Miners traded the rights to guard Dwight Jones and a 2008 3rd Round pick in the CBA Draft to the Rio Grande Valley Silverados for the rights to guard Ivan Jenkins. The trade essentially gave East Kentucky the rights to two of the 2007 CBA Draft's top four picks. The deal between the Miners and Silverados is the year's first CBA trade.

An explosive backcourt player, Jenkins was an NAIA All-American as a senior at Lambuth University last season. He was also named the 2007 Basketball Times NAIA Co-Player of the Year. A native of Durham, N.C., Jenkins averaged 18.7 points, 3.4 assists and 2.6 rebounds per game while shooting 40.8 percent from the field and 36.1 percent from 3-point range in 31 outings. The Silverados drafted Jenkins in the first round of the 2007 CBA Draft. He was the second overall selection.

Jenkins spent three seasons as a member of the Winthrop men's

basketball team, an NCAA Division I squad. A player with Kentucky ties, Jenkins played for NAIA powerhouse Georgetown College during the 2004-05 season.

In his lone season at Georgetown, Jenkins averaged 10.4 points, 4.1 assists, 2.0 rebounds and 1.5 steals per game as a junior.

Following an outstanding prep career at Southern Durham High School in Durham, N.C., Jenkins averaged 8.3 points, 1.8 rebounds and 2.4 assists per game during his sophomore season as a Winthrop Eagle.

The Miners drafted Jones in the 4th Round of the 2007 CBA Draft. Jones was an NAIA All-American at Houston Baptist.

"This is a move that will benefit both organizations," commented East Kentucky Coach Kevin Keathley.

East Kentucky made former Syracuse standout Josh Pace its first-ever signee last week. Pace is the reigning New Zealand Player of the Year. The Georgia native was a key player on Syracuse's 2003 national championship team.

ATHLETES OF THE WEEK

Austin Gearheart,
Prestonsburg High School Football

Brittany Hodge,
Allen Central High School Volleyball

Football

Continued from p1

years ago when young David picked up a three smooth stones and used one of them — and only one — to slay the goliath named, um, well, Goliath.

That one you can argue. The rest don't measure up.

Because tonight in Nawlins, on national television aired all over the world as the legendary Ole Anderson once said, tonight, football's national championship is on the line.

In one corner, hailing from the land of the Mouse, age of only 11 years, is the University of South Florida.

And in the other, standing atop a mound of flattened basketballs, is the University of Kentucky.

Tonight, the Bulls and the Cats play for the national title of college football. Nobody, not even the coaches or quarterbacks themselves, dreamt this one up when practice began back in July. Hey, forget about coaches and players; their very own mothers wouldn't dare to dream this big.

But tonight it happens. Oh, on the undercard was the end of another long battle. On it, the Bear finally slew the Baron. More than 50 years after Mr. Rupp was handed a Cadillac and Coach Bryant a cigarette lighter and the two became sworn enemies, it finally happened tonight.

Football has finally triumphed basketball in the land where the grass is blue.

How did we come to this? How do we stand amidst the carcasses of maize and blue, of Rocky Top, of Trojan horses and Cornhuskers? Where are the Buckeyes of the north or the

three-headed beast of the Sunshine State? What of the Sooners and Longhorns of the Midwest or the Bayou Bengals of the gulf coast?

All of them have fallen in the wake of tonight's titans. In the glow of all those who were supposed to be here but aren't, the Cats and Bulls will fight like cats and dogs until someone emerges the champion of all things football.

No one saw this coming. Not Lee Corso, not Keith Jackson, not even the legendary Beano Cook thought they'd live to see the day Kentucky and South Florida met in the national title game.

Well, the jury's still out on whether Beano's actually still with us, but still. You get the point.

Tonight, Kentucky will play South Florida, not in basketball, not in baseball nor volleyball or golf. Tonight, the football championship will be combated between those two less than legendary names.

And tomorrow, the pollsters will proclaim one of them champs. They will, won't they? Will the powers that be actually be able to do it?

Or will the top five on the list be Ohio State — excuse me, *The Ohio State* — USC, LSU, Texas and Nebraska?

Will the pollsters actually be able to break free of habit and proclaim one of the so-called little guys the national champ?

They will. It will be Kentucky.

Or it will be South Florida.

And, too, it could be a cold day in, well, you get the picture.

But a man can dream, can't he? For one fun, glorious autumn, can't he dream?



of Prestonsburg

SPORTS FAN

OF THE WEEK



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Stewart maintains a great passion for his roots in dirt track

by MIKE HARRIS
ASSOCIATED PRESS

The intense, often irritable Tony Stewart who races in the Nextel Cup series is very different from the Tony Stewart who shows up as often as he can at some of America's grass-roots dirt ovals.

This Stewart, owner of two-car teams in the World of Outlaws sprint car series and the U.S. Auto Club's National Sprint and Midget Car series, as well as iconic Eldora Speedway in Rossburg, Ohio, is more fan than competitor.

"I just enjoy it," Stewart said. "I'm passionate about the sport. I've always been passionate about all of dirt racing, but it seems like the World of Outlaws series and the USAC series are two that I really enjoy being a part of right now."

Early in his career Stewart became the first Triple Crown Champion in USAC history, winning all three of its major series in the same year, then went on to win the IndyCar Series title before heading for NASCAR, where the two-

time Cup champion is locked in a tense battle for another title.

Heading into Sunday's race at Martinsville Speedway, the sixth of 10 races in the Chase for the championship, Stewart is fourth in the standings, 198 points behind leader Jeff Gordon.

Even so, Stewart was all smiles last week the day before the Cup race at Lowe's Motor Speedway when he introduced reigning World of Outlaws champion and current series points leader Donny Schatz as a new member of Tony Stewart Racing.

"This guy is a champion," Stewart said. "You don't have to be a great evaluator of driving talent to know that. All you have to do is read the race results in the paper."

Stewart, however, does have a good eye for talent.

Among his drivers, Jay Drake has gone on to the IRL's Indy Pro Series and current USAC drivers Josh Wise, the 2006 Sprint car champion, and Ricky Stenhouse Jr. are moving on. Wise is going to be a development dri-

ver for Michael Waltrip Racing and Stenhouse will have the same role for Roush Fenway Racing.

For team owner Stewart, that's a double-edged sword.

"It's hard to lose good guys like that," he said. "I mean, you've got good guys and you've got them really meshing with their crews and, all of a sudden, somebody hires them away."

"But you know, as much as that's a negative, for us as a race team I look at it as a positive, too. ... All these guys have got a ton of talent, so I look at it as an honor that we've helped these guys get to a level they want to go to."

"It's similar to when I ran for Steve Lewis. He had a lot of guys come from that No. 9 midget. That's what made his team so elite. They knew if they ran well in that car that it was probably going to give them their best shot to move forward. So it's neat to make a kind of full circle and now be a car owner and help these guys get their chances, too."

Stewart lights up when he talks about his race team or his track.

Schatz, who has driven for his family team until now, is thrilled with Stewart's enthusiasm for dirt track racing.

"He gives a lot of support, pumping these guys up all the time," Schatz said. "He's a champion and he knows what it takes to win these races and he'll provide us with everything we need, whatever technology there is, whatever support there is. I can hardly wait to get started."

Stewart has repeatedly said he has no intention of following in the footsteps of other Cup drivers and his boss, Joe Gibbs, by becoming an owner in NASCAR's top stock car series.

"That's just too hard," Stewart said. "It's too serious and expensive. It's no fun."

It is likely, however, that his future, beyond driving a race car, will be built around his dirt track teams.

And he'll be as hands on as possible.

"When I get a chance to go to the track ... like at Talladega, when the Outlaws used to run Talladega Short Track at night during race weekend,

we'd be over there every night so I could be down there with the guys working," Stewart said. "I'm kind of the grunt."

Stewart added he does all the odd jobs, the things nobody else wants to do.

"With only three crew guys on a team, when you can help one guy out and lighten his load from the 90-some races they run every year — if I can help them by doing something they don't have to do — it makes that night a lot easier for them," he said.

"It's fun. It's fun to hang out with the guys, fun to hang out with the drivers. I'm not saying, 'Well, this is what you've got to change and this and that,' That's the crew chief's job. I look at it as playing the Joe Gibbs role, except we don't trust Joe to work on anything in the pits."

But one thing remains the same about Stewart the driver and Stewart the car owner: He wants to win.

Asked why he decided to leave his family team to drive for Stewart, Schatz grinned and replied, "The motto for Tony is: 'Don't ask for permission, ask for forgiveness.'"

Three-race stretch sends Stewart sliding out of contention

by JENNA FRYER
ASSOCIATED PRESS

CHARLOTTE, N.C. — Tony Stewart might be NASCAR's most talented driver, and he's undoubtedly the most volatile.

His skill has helped him collect two championships, 32 victories and more than \$62 million in winnings.

His raw emotion likely has cost him just as much, including a shot at a third Nextel Cup title.

Oh, sure, Stewart still can mount an incredible five-race rally that might put him back in contention. But with five races left in this Chase for the championship, he's fourth in the standings and fading by the week.

A miserable three-race stretch that can be blamed on bad luck, mental error and a simmering feud with Paul Menard has dropped Stewart

from two points out of first to a distant 198-points behind leader Jeff Gordon.

"It isn't over until you tell me mathematically we can't do it," crew chief Greg Zipadelli declared after Saturday night's race at Lowe's Motor Speedway.

That kind of thinking might get Stewart and his Joe Gibbs Racing crew a win or two before the season ends. But the reality is it will take a miracle for Stewart to win the title, and that makes him the biggest disappointment of this Chase.

When the Chase started Sept. 16 in New Hampshire, there was tremendous potential for an epic showdown between the top three drivers, Gordon, Jimmie Johnson and Stewart — drivers with a combined eight championships — opened the 10-race title hunt ranked 1-2-3 with just 30 points separating them.

So long as the trio kept up the pace, there was no reason to believe they wouldn't fight all the way to the Nov. 18 finish.

Gordon, with two Chase wins, and Johnson, with three top-10 finishes, have delivered. Stewart was right with them, until a crazy day in Kansas sent him into a downward spiral.

That race three weeks ago had two lengthy rain delays and a flurry of freak accidents. So when Zipadelli gambled to put Stewart in the lead before the second rain delay, they thought they had the win locked down.

But when racing resumed, Stewart got stacked up in traffic, and slight contact with another car crumpled his fender. Believing the damage was minimal, they decided not to come in for a repair. That backfired horribly when sheet metal rubbed against the tire, causing it to blow.

Stewart's temper wasn't far

behind, as he angrily slammed equipment through his wrecked car before climbing out for a 39th-place finish.

Kansas was bad luck, but it changed Stewart's strategy: He no longer could race conservatively if he planned to close the gap.

So his team went all-out at Talladega, where Stewart has finished second a mind-boggling six times. Determined to finally score a win, they ran an aggressive race that contradicted Gordon and Johnson's strategy. While they hung back, waiting to pounce late, Stewart ran out front for 38 laps.

But when the heavyweights began their charge to the front, Stewart made two tactical errors that cost him the win. He went too wide when he tried to block Johnson, and the slip sent him up the track and out of the lead. That knocked him out of the draft and incapable of pre-

venting the Hendrick Motorsports train when Johnson, Gordon and Casey Mears charged to the front.

Stewart then grew impatient, and pulled out of line way too early in an attempt to get back into the lead. He got almost no help, faded back again and had to work alone to salvage the race.

His day was ruined when he found himself inadvertently pushing Gordon to the win while settling for an eighth-place finish.

Last Saturday, a personal grudge with Menard boiled over on pit road for the second time in this Chase when the rookie refused to give the champion room to work during an early stop.

With his car in a full stop, Stewart was all too aware of the leaders speeding away from pit road without him. When he finally peeled out, he was

oblivious to Kasey Kahne coming in and ran right into him.

The incident left Zipadelli frustrated with his driver and their fading title chances.

"The blame is I don't think (Stewart or Menard) have any respect for each other," he fumed. "The 15 car was a minor thing, and then everybody got hollering on the radio and we never saw (Kahne). That's what did the damage, the 15 just scraped the paint off."

Stewart rallied to finish seventh but lost more ground in the standings as Gordon won for the second straight week.

The frustration seeped from Zipadelli, left behind to speak for the team for the third consecutive race as Stewart was too angry to answer questions.

Technically, Stewart and his team are still in it, but if the driver can't get his head back in the game, they don't have a chance.

Gordon and Johnson navigate friendship through Championship Chase

by JENNA FRYER
ASSOCIATED PRESS

CHARLOTTE, N.C. — Jimmie Johnson was languishing in the Busch Series, facing possible sponsor problems, when he had the good fortune to be seated next to Jeff Gordon during a drivers meeting.

He needed advice, and gathered up the nerve to ask Gordon for help. It led to a chat that grew into a solid friendship as Gordon made Johnson his hand-picked protege and helped him land his ride at Hendrick Motorsports.

That was more than seven years ago, and that friendship is being tested on the race track as they battle each other for the Nextel Cup title.

"If things continue on the way they are, it's definitely going to push the limits of it and put it to the test," Gordon said last week. "We both want it so bad. We both want to win. We both want to win the cham-

pionship. I know Jimmie well enough to know that friendship is as important to him as it is to me.

"But we're race car drivers, and we want that championship."

Gordon already has four titles, and Johnson earned his first last season. With 12 wins between them this season, they have been on a crash-course toward another championship all year.

The two went to Lowe's Motor Speedway last weekend locked in an intense battle, with Gordon leading Johnson in the standings by a mere nine points that he earned with a last-lap pass of his teammate to steal a win at Talladega. With it shaping up to be a two-man race to the title, their competitors moved closer to conceding.

"I know it probably won't happen, but it would be nice if Jimmie and Jeff quit sharing notes, started to hate each other and wrecked each other on the

racetrack," contender Carl Edwards said. "It would really help the rest of us out."

Then Johnson had an uncharacteristic spin at Lowe's that took him out of contention for the win. The error pretty much handed the victory to Gordon, who won for the second consecutive week to open up breathing room in the standings.

Johnson, who worked his way back to the front after the spin, had a pickup problem on the final restart that contributed to a 14th-place finish.

He now trails Gordon by 68 points as they head into Martinsville Speedway, where the two staged a classic duel in April.

The two ran nose-to-tail for the final 53 laps as Gordon frantically tried to bump his teammate out of the lead. Gordon tried everything short of wrecking Johnson, and never could make the pass.

"That was probably the hardest driving I've ever

done," Johnson said after holding Gordon off for the win by 0.065 seconds.

Gordon, who handed over his notes before the race to help Johnson make his car more competitive, was upset after the finish.

"The only way I could get by him was to wreck him, but he's my teammate and I tell you what, there's going to be some interesting racing going forward because he blocked me really bad," Gordon said.

The two have made good on that promise by turning up the heat on each other as they race for the title.

Johnson was frustrated when he allowed Gordon to pass him at Talladega for the win, and he was disappointed when his mental lapse opened the door for Gordon at Charlotte.

He's always aware when Gordon is around him on the track, and the passes aren't as easy as they were before the Martinsville finish in April.

"Our racing has intensified since then," Johnson said. "He's gotten pretty aggressive around me, and I race people how they race me. That happens all the time. ..."

"Lately, Jeff and I always end up racing each other really hard. That's all just part of the different relationships you have with everyone on the track."

Now, as the stakes have never been higher, the two have to figure out how to balance the on-track competition with their off-track friendships.

Gordon has raced a teammate for a title before, losing the 1996 championship to Terry Labonte by just 37 points. And both Gordon and Johnson were in the hunt for the 2004 Chase championship, which was won by Kurt Busch.

Since Johnson entered the Cup Series in 2002, he's been one of the most dominant drivers and Gordon has had to contend with him every week. With five races to go in the

Chase, they are certain nothing will change.

"It's something that I think we've been dealing with for a long time," Johnson said. "We understand that on the track, we're competitors. We try to help each other, work with each other the best that we can."

"But at the end of the day, I know he's trying to win races same as I am, and that goes for the championship race as well. I'm not saying it's a piece of cake, especially if we get to Homestead and it's Jeff and I fighting for the championship. It's going to be very challenging. But through it all and through the years and with all the competitive moments we've had, we've always had a lot of respect for one another, and I don't see that changing."

NASCAR Nextel Cup Driver Standings

1. Jeff Gordon, 5,880
2. Jimmie Johnson, 5,812
3. Clint Bowyer, 5,802
4. Tony Stewart, 5,682
5. Carl Edwards, 5,640

Dynasty driver: Kimmel claims ninth ARCA RE/MAX championship

TIMES STAFF REPORT

TOLEDO, Ohio — Frank Kimmel officially clinched the 2007 ARCA RE/MAX Series Championship on Sunday afternoon at Toledo Speedway, marking his ninth title and eighth consecutive on the 55-year-old national stock car tour.

Kimmel, a Clarksville, Indiana native and 19-year veteran of the tour, remains the series' all-time champion and all-time money winner. He has family ties leading back to Floyd County, Ky.

"It's just real cool and very rewarding," said Kimmel. "To be able to win this championship despite all of the competitive teams in ARCA this year. Michael [McDowell] and Eddie Sharp Racing put a lot of pressure on us and they made us want to run well. We struggled this year with all kinds of adversity. We didn't have a sponsor and despite the problems we had the team

stuck together and it was good to be able to win a ninth championship."

En route to the 2007 title, Kimmel earned race victories



Frank Kimmel ranks as one of stock car racing's top all-time drivers. Kimmel recently won his ninth ARCA championship.

at Iowa Speedway, the Illinois State Fairgrounds and The Milwaukee Mile, bringing his career total to 71, just eight shy of Iggy Katona's all-time win record in ARCA competition. He posted 11 top-5 and 17 top-10 finishes in 23 races.

For Kimmel, the opportunity to officially clinch the 2007 title during ARCA's Championship Weekend festivities at Toledo Speedway was very fitting. He earned his career first victory at Toledo Speedway in 1992 and is the track's all-time ARCA RE/MAX Series winner at Toledo with nine victories at the .5-mile track.

"The whole thing always seems to come back here to Toledo," said Kimmel. "My first race in ARCA ever was here at Toledo in a car fielded by Jack Wallace. My first win in ARCA came here at Toledo, and I have nine wins here. And of course, Toledo is special to ARCA as well since this is the series' hometown

track. To be able to come back here to Toledo and celebrate a ninth championship is pretty special."

In addition to the 2007 championship, Kimmel is the 1998, 2000, 2001, 2002, 2003, 2004, 2005 and 2006 ARCA RE/MAX Series Champion. He has been a top-ten points finisher the past 16 consecutive ARCA RE/MAX Series seasons and in 349 career starts since 1990, Kimmel has 207 top-5 finishes and 258 top-10s, more than any other active driver in both categories.

Kimmel and the Tri State Motorsports Team will formally accept the 2007 Championship at the ARCA RE/MAX Series National Championship Awards Banquet on Saturday, Dec. 8 at the Northern Kentucky Convention Center in Covington. The event is open to the public and tickets are available by calling the ARCA Home Office at 734/847-6726.

ONLINE:
www.arcaracing.com



ALLEN-BASED DRIVER BRANDON KINZER has the upcoming weekend off from the dirt track racing scene.

2007 NASCAR NEXTEL CUP

AS OF LATE:

- Sept. 2 — Sharp AQUOS 500, Fontana, Calif. (Jimmie Johnson)
- Sept. 8 — Chevy Rock-and-Roll 400, Richmond, Va. (Jimmie Johnson)
- Sept. 16 — Sylvania 300, Loudon, N.H. (Clint Bowyer)
- Sept. 23 — Dodge Dealers 400, Dover, Del. (Carl Edwards)
- Sept. 30 — LifeLock 400, Kansas City, Kan. (Greg Biffle)
- Oct. 7 — UAW-Ford 500, Talladega, Ala. (Jeff Gordon)
- Oct. 13 — Bank of America 500, Concord, N.C. (Jeff Gordon)

DOWN THE STRETCH:

- Oct. 21 — Subway 500, Martinsville, Va.
- Oct. 28 — Georgia 500, Hampton, Ga.
- Nov. 4 — Dickies 500, Fort Worth, Texas.
- Nov. 11 — Checker Auto Parts 500, Avondale, Ariz.
- Nov. 18 — Ford 400, Homestead, Fla.

Kentucky's once-maligned defense now being heralded as 'physical'

by JEFFREY McMURRAY
ASSOCIATED PRESS

LEXINGTON — With the game on the line against a Kentucky defense that ranked next-to-last nationally just a year ago, LSU coach Les Miles decided to run the ball right at the Wildcats.

It worked last year for the Tigers in their 49-0 rout of Kentucky in Baton Rouge. It worked a week earlier against Florida, a team far more heralded for its defense.

So in triple-overtime Saturday, then-No. 1 LSU tried to pick up a first down with four straight runs. Kentucky's defense got four straight stops, including a game-saver by Braxton Kelley.

Still, the players say they don't blame Miles for trying.

"You look at their offensive line," linebacker Wesley Woodyard said. "You look at our defensive line and our linebackers. You would think they could get those two yards."

If it wasn't known before, that fourth-down halt let the secret out: this Kentucky defense isn't the same as last year's. Well, most of the players are the same, but now there are whippers throughout the Southeastern Conference that you could even call this crop of Wildcats "physical."

Even Arkansas' Darren McFadden,

one of the nation's leading rushers, used that term after the Wildcats limited him. So too have Miles and other coaches whose teams have been shocked by a Kentucky program that everybody knew had a great offense, but whose defense has become dangerous almost overnight.

"As a defensive player, having somebody call you 'physical,' it means the world to you," Kelley said.

No. 8 Kentucky (6-1, 2-1), which hosts defending national champion Florida Saturday, may not have a defense breaking any records, but it's not costing the offense games. It currently ranks 60th in yards allowed, but compared to last year, that is a leap over about half of the teams in the country.

"You can't win in this league without being physical," coach Rich Brooks said. "You need speed, you need playmakers, but it's still a by-and-large defensive league."

Woodyard, who in the past has appeared to be a one-man team, swarming to the ball wherever it is, says now the veterans have confidence in the younger players. As a result, the Wildcats are cutting down on the big plays that he says sunk the defense's national rank a year ago.

"It's the same guys, most of the same stuff we ran last year," Woodyard said. "It's just more confi-

dence and more knowledge of what you have to do."

Much of the credit has been heaped on Steve Brown, who replaced Mike Archer as the unit's defensive coordinator this year. Brown has simplified the schemes, but otherwise, he chalks up the breakout to experience.

"A year's maturity does wonders," Brown said. "They're actually practicing, focusing harder. They understand the implications that if they practice well, they usually play well."

Brown's sideline demeanor is far lower key than Archer's was, but his players insist that doesn't mean his practices are soft.

"We do a lot of physical stuff," safety Marcus McClinton said. "Rarely do you see us on a Tuesday with just helmets on."

In many ways, Woodyard and McClinton personify the defense. They're far smaller than most SEC players at their position, but they hit as hard as any of their competitors.

Teammates say that rubs off on them when they face teams like LSU, Florida or Auburn who can scare opposing offenses just by their stature and size.

"They might have the bigger — probably better — players, but we have something most teams don't have," defensive tackle Myron Pryor said. "We have that extra kick."

ESPN College GameDay to visit UK

TIMES STAFF REPORT

LEXINGTON — ESPN's College GameDay will be on the University of Kentucky's campus this weekend for the matchup between eighth-ranked Kentucky and 14th-ranked Florida. It is the first time the network has sent its signature college football show to Lexington.

ESPN has chosen the northwest side of the William T. Young Library (facing Rose Street) for its College GameDay set location. ESPN will go live from Lexington Friday for a short segment around 5 p.m. College GameDay is scheduled for Saturday from 10 a.m.-noon.

Kentucky and Florida square off Saturday at 3:30 p.m., in a nationally-televised contest on CBS. It is

Kentucky's second-straight week on CBS, following the Cats' 43-37, triple-overtime win over then-No. 1 LSU last Saturday.

Fans with Commonwealth Stadium parking permits are encouraged to walk to the library from the stadium. Fans without stadium parking permits may park in Parking Structure No. 2, which is accessed from Hilltop Avenue.

ESPN's College GameDay Built by The Home Depot is hosted by Chris Fowler with analysis from Lee Corso, Kirk Herbstreit and Desmond Howard. This year will mark the 21st season of college football coverage by College GameDay with 14 of those years being on the campus of college football's top game of the week.

KENTUCKY FOOTBALL REMAINING SCHEDULE

- Saturday Florida, 3:30 p.m.
- Oct. 27 Miss. State, 12:30 p.m.
- Nov. 10 at Vanderbilt, TBA
- Nov. 17 at Georgia, TBA
- Nov. 24 Tennessee, 1 p.m.

Phillips, Woodson claim national offensive honors

TIMES STAFF REPORT

LEXINGTON — Kentucky offensive coordinator Joker Phillips and quarterback Andre Woodson have received national honors following Kentucky's 43-37 triple-overtime win over then-No. 1 ranked LSU last Saturday.

Phillips was named National Coordinator of the Week by Rivals.com and National Offensive Coordinator of the Week by the Master Coaches Survey. Kentucky scored 27 points and had 333 yards total offense in regulation play — the most given up this season by the stout LSU defense, and most points the Tigers had allowed in regulation since the 2005 SEC Championship Game. This is the second time that

Phillips has won the honor from the Master Coaches Survey, also winning following the 2006 win over Georgia.

Woodson was named National Player of the Week by Rivals.com. He completed 21 of 38 passes for 250 yards and three touchdowns, including the game-winning seven-yard TD to wide receiver Steve Johnson in the third overtime. He also rushed three times for 16 yards, including a 12-yard TD run. This marks the fourth time in his career, and third time this season, that Woodson has received a National Player of the Week honor.

For more on these awards, go to websites www.MCSpoll.com and www.Rivals.com.

Brooks: Woodson is

Heisman candidate if Wildcats keep winning

THE ASSOCIATED PRESS

LEXINGTON — Now that Kentucky quarterback Andre Woodson has climbed back into the Heisman Trophy race, coach Rich Brooks knows there's only one way for his quarterback to stay there.

"Promotion ends up on the field in his numbers and our winning," Brooks said. "If we continue to beat the people we're beating, Andre Woodson is right at the first discussion in every Heisman ballot, and he should be. So we just have to keep going."

After a disappointing performance on Oct. 4 at South Carolina, Woodson responded with a heady performance in

Kentucky's 43-37 triple-overtime victory over top-ranked Louisiana State last Saturday. Woodson threw for 250 yards and three touchdowns, including the game-winner to Steve Johnson in the third overtime as the Wildcats beat a No. 1 team for the first time in 43 years.

Woodson will be under the spotlight against on Saturday when the eighth-ranked Wildcats (6-1, 2-1 Southeastern Conference) host No. 14 Florida (4-2, 2-2).

"Andre Woodson was not in the conversation when we started the year," Brooks said. "He's in every conversation now, as he deserves to be."

Brooks said the practice of schools sending out promotional material to help a player's chance to win the award

has been made unnecessary by advances in technology.

"I think the old days of sending out mailers in September and August and everything to promote a guy for the Heisman when nobody could pick up on the internet and see things and watch highlights on ESPN and get the talking heads doing all of their updates every week, those days are gone," Brooks said. "The Heisman is decided by what you do every week on the field these days."

GAME CAPTAINS:

Wide receiver Steve Johnson and kicker Lones Seiber have been chosen as game captains for the upcoming contest versus Florida, Kentucky Coach Rich Brooks has announced.

Game captains are usually

chosen based on performance in the previous game. Last Saturday, Kentucky defeated then-No. 1 ranked LSU, 43-37, in triple overtime.

Johnson, a senior from San Francisco, Calif., had career highs with seven catches for 134 yards, including the game-winning seven-yard touchdown in the third OT.

Seiber, a sophomore from Knoxville, Tenn., made two fourth-quarter field goals to send the game into overtime. In the second overtime period, he made a crucial 43-yard field goal that sent the game into the decisive third overtime.

Johnson and Seiber will join permanent captains Andre Woodson and Wesley Woodyard at the coin toss.

— TIMES STAFF REPORT

Cards back on track following win over Cincy

by WILL GRAVES
ASSOCIATED PRESS

LOUISVILLE — The down marker flipped from three to four, and there was no doubt in Steve Kragthorpe what he wanted to do.

Leading then-No. 15 Cincinnati by four on Saturday night, the Cardinals faced a fourth-and-one from their own 29 with just over seven minutes left.

Conventional wisdom would say punt and let the defense take over. But Kragthorpe kept quarterback Brian Brohm on the field, and one push from Brohm's 6-foot-4 frame brought the Cardinals a crucial first down in a game they would go on to win 28-24.

Kragthorpe said he wasn't trying to send a message to the Cardinals (4-3) by going for it.

"You guys read too much into all that stuff," Kragthorpe said Monday. "At that point in time I'm trying to get a first down. I'm trying to keep the ball. So at that point in time all I'm thinking is the last time we got a quarterback sack, we got three yards. We need a little bit under a yard to get it, so I wanted to go ahead and do it."

The Cardinals (4-3, 1-1 Big East) went for it again on fourth down in the final minute. Though their fourth-down run was stuffed at the Cincinnati 1, the move meant the Bearcats had to go 99 yards in 36 seconds with no timeouts. It didn't happen.

Message or not, the players viewed Kragthorpe's gamble as a much-needed vote of confidence for a team that struggled during a tumultuous first half of the season.

"Everybody on sideline want-

ed to go for it," said wide receiver Pat Carter. "We would have been more mad if we didn't go for it. We knew we were going to get it. Mentally it felt like we had an advantage over them."

It's an advantage that has been hard to come by this year for the Cardinals. But after putting together what Kragthorpe called his team's most complete performance of the season in a rare victory over a ranked opponent on the road, the Cardinals know their coach still believes the season can be salvaged.

"It's reassuring because he has faith in our ability," Carter said. "He sees how we work in the weight room. He knew we were going to convert for fourth down."

Louisville will try to take that optimism on the road Friday when the Cardinals play at

Connecticut. The Huskies (5-1, 1-0) are one of the nation's more surprising teams and have the nation's sixth-ranked defense.

Yet Louisville's offense — which stumbled early in losses to Utah and Syracuse — seems to have found its rhythm again. Wide receiver Harry Douglas returned after missing two games with a leg injury and caught seven passes for 118 yards and Carter had five receptions for 59 yards and a career-high two touchdowns.

"It's great confidence that our hard work is paying off," Carter said. "Throughout the course of the season, we've all been working hard. To drop three games makes you question yourself and what might you have done better, or might have done wrong. This conference is still open and we can still win it."



photo courtesy of University of Arkansas
PAINTSVILLE NATIVE JOHN PELPHEY is entering his first season at the helm of the Arkansas men's basketball program.

Wrestling show set for Nov. 10 to benefit National Guard program

TIMES STAFF REPORT

PRESTONSBURG — The Appalachian Wrestling Federation and Hardcore Championship Wrestling will once again present a night of professional wrestling on Saturday, Nov. 10 at the Prestonsburg National Guard Armory. Belltime is set for 7:30 p.m. and proceeds from the event will go to benefit the National Guard's Family Readiness Program.

Scheduled to appear are AWF Champion "Showtime" Shawn Christopher, HCW

World Champion The American Eagle, HCW International Champion J.R. Roc, AWF Tag Team Champions The Lynch Boys, The Zodiak and more stars of HCW and the AWF. The card is subject to change and all seats are \$7.

The Appalachian Wrestling Federation and Hardcore Championship Wrestling have both been featured in national wrestling publications and are members of the Kentuckiana Wrestling Promoter's Alliance.

STRUGGLING: Bengals can't convert third down

by JOE KAY
ASSOCIATED PRESS

CINCINNATI — An offense with some of the biggest names in the game — Pro Bowl MVP quarterback Carson Palmer, Pro Bowl receiver Chad Johnson — can't get one of the basic things right. On third down, these high-powered Cincinnati Bengals go nowhere.

The Bengals (1-4) have been dismal the last two games on the down that matters most, setting up a pair of losses that have pushed their season to the brink. They failed to convert any of their seven third-down plays in a 34-13 loss to New England, and were only 1-of-11 in a 27-20 loss at Kansas City.

For an offense with so many weapons, it's fairly stunning. The Bengals spent extra time in practice Wednesday working on third-down plays. Their passing offense is still one of the league's most prolific, but it can't stay on the field long enough to score enough points.

Blame it on third down. "We hit it pretty good today in practice," Johnson said. "Hopefully we can get out there and keep ourselves on the field Sunday, which will end up in points."

It also would keep one of the

league's worst defenses off the field longer, another good thing. The Bengals' defense has given up the third-most yards and the fourth-most points in the league.

"It's a team thing," defensive captain John Thornton said. "We don't convert on third down and it puts the defense back on the field."

The last two games have dropped the Bengals to last in the AFC in converting third downs. They're making only one of three on the season.

Why so bad? "I'm not sure," Johnson said. "It's a complicated explanation."

The offensive line has been in disarray all season because of injuries. Right tackle Willie Anderson missed the Kansas City game with foot and knee injuries. Left tackle Levi Jones got benched during the game because of poor blocking, but is expected to start Sunday against the New York Jets (1-5).

"We're counting on him to bounce back," coach Marvin Lewis said. "I believe he will. He's a very prideful young man. I know he's excited to go back and put his best foot forward again."

The Bengals have missed running back Rudi Johnson as well. He sat out the Patriots

game with a pulled hamstring, and had only four carries against the Chiefs.

Finally, the Bengals miss having a No. 3 receiver. Chris Henry is suspended for the first eight games for violating the NFL's conduct policy, and no one has emerged to assume his role.

The Bengals hoped that Tab Perry would grow into the job, but a chronic hip problem ended his season on Tuesday, when he had surgery. Perry originally hurt the hip last season.

Receiver Antonio Chatman also is hurt again, limited by a hamstring injury. Chatman played in only three games last season because of a groin injury.

The Bengals don't throw to their tight ends or their running backs very often, further limiting their options. One telling statistic: Johnson and receiver T.J. Houshmandzadeh have accounted for 1,083 yards on catches, which is nearly 60 percent of the team's offense.

It's way out of whack, and there's a chance to fix it on Sunday. The Jets have allowed opponents to convert 49 percent of their third downs, one of the league's worst in that category.

Palmer sensed a renewed enthusiasm to get it right,

regardless of the opponent.

"Guys are fired up," he said after practice Wednesday. "It felt like everybody wanted to play today, just to get this past month of bad taste out of our mouths. We can't wait until Sunday."

MOVES: Receiver Tab Perry and safety Ethan Kilmer were placed on injured reserve Tuesday, ending their chances of playing this season for the Cincinnati Bengals.

The Bengals also signed free agent receiver Courtney Roby to a two-year deal and activated cornerback Johnathan Joseph, who was suspended by the NFL for last Sunday's game in Kansas City.

Perry severely injured his hip last season, but felt good in training camp and hoped to take the No. 3 receiver role that opened when Chris Henry was suspended by the league for the first eight games.

Perry played in the first two games, had one catch and returned seven kickoffs before the pain returned in his hip.

Kilmer hasn't played all season because of a knee injury.

Roby was a third-round draft pick by Tennessee in 2005. He played in 25 games, starting six of them, during his career with the Titans, which ended when he was waived on Sept. 1.

Individual tickets for Miner home games go on sale

TIMES STAFF REPORT

PIKEVILLE — The East Kentucky Miners professional basketball

organization is now offering individual game tickets for the 2007-08 season. Individual game tickets went on sale Monday, Oct. 15. The Miners will play 24 home games in the East Kentucky Expo Center during their debut campaign. Tickets — individual and season — remain available for all 24 home games.

The Miners offer the following individual game seating options: Courtside, Purple Section — \$40; Class One, Blue Section — \$20; Class Two, Yellow Section — \$15; Class Three, Green Section — \$10; Class Four, Red Section — \$5.



In addition, the East Kentucky professional basketball team offers group ticket rates for groups of 20 or more.

East Kentucky will host Pitsburgh in its first home game on Sunday, Nov. 18. Tip-off for the home opener is set for 4:05 p.m.

For more information on tickets, call the East Kentucky Miners office at 606/437-9715.

SCHOOLNEWS

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FAMILY MEDICINE

Facts can help men overcome stigma of having 'female disease' — Page B6



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THROUGH MY EYES

Sweet and sour

Whew! One more festival weekend to go and then...well, it would be nice to say that "then we can rest," but I know better.



Kathy Prater
Lifestyles editor

As we all know, there's "no rest for the weary" and that's especially true around a newspaper office, I think.

But it's been fun the past few weeks - taking photos of lovely lasses in frilly frocks, tiny Indian braves in native costume, and happy faces tossing candy from atop pioneer themed floats.

Not to mention having had the opportunity to meet and talk with some pretty interesting local women while helping put together today's Women in Business section. From hotel managers to doctors, attorneys and a few "nine to five" working women, it's pretty clear that our area boasts some strong women with

(See EYES, page seven)

DINNER DIVA

Soup celebration

by LEANNE ELY

I had to turn the heat on this morning, much to my delight. We've been going through an unusually long and hot summer here in North Carolina, complete with a drought that has caused landscapes to droop and lawns to brown across the state.



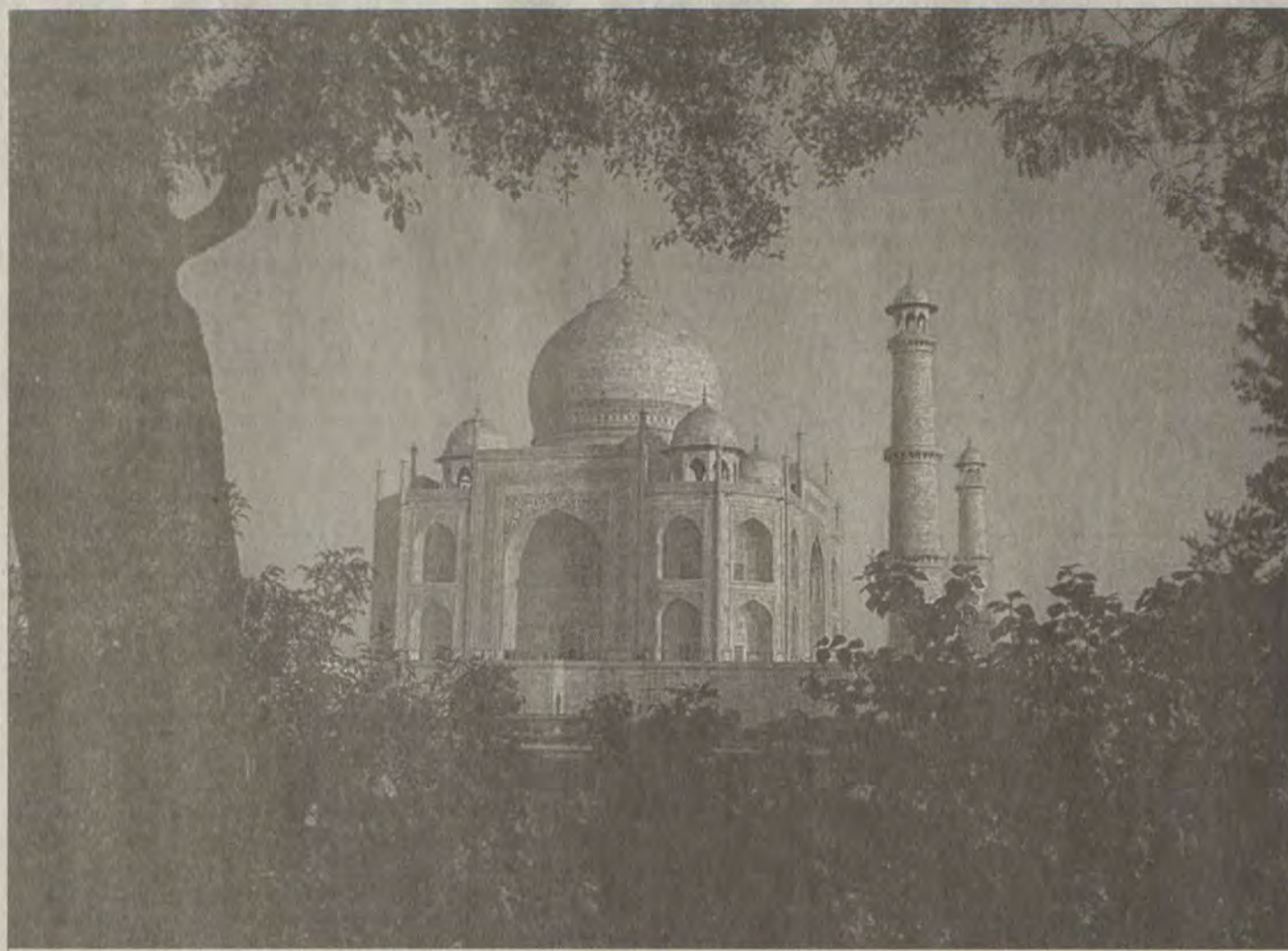
Leanne Ely

And while we really need some rain, we at least have cooler temperatures...finally! To celebrate, I decided a good pot of soup was in order. With colds and flu being just around the corner, having a good dose of garlic in your soup will help you fight those cooties!

So if the temperatures are starting to dip where you live and you want to celebrate the end of summer and the start of fall with soup, here is a favorite soup of mine to celebrate with:

Garlic Vegetable Soup
Serves 6

(See DIVA, page seven)



This week, we invite our readers to enjoy a Sri Lankan wedding tale, as recounted by local Prestonsburg resident, Dr. Phyllis Puffer.

Wedding in Sri Lanka

by DR. PHYLLIS PUFFER

The aristocratic automobile crept into view just at dusk. It floated by inches the long way through the jumble of gardens and small dwellings in this thoroughly traditional neighborhood of Colombo, the capital of Sri Lanka. It was a show for all of the neighbors and relatives. In time, the vehicle slowly and gently stopped in front of the house where the groom's parents were standing in the lighted doorway. The most important relatives stood on a small patio several feet from the door with a clear view. The young, newly married, hopeful couple left the automobile and approached the older, weathered couple. The bride wore red. She was traditionally dressed in sari, heavily trimmed with gold embroidery. The groom wore a matching red tie with a red handkerchief in his light gray Western suit. The groom's father wore the traditional sarong with a pale gray, Nehru-style jacket and his spouse wore sari. The new couple stopped in front of the parental couple. The groom bowed, bending forward from the waist. Then the bride bowed. She bowed much more deeply and dramatically than the groom and specifically to the mother-in-law. The bride slowly and gracefully went all the way to her knees and then placed her forearms and forehead on the ground. The mother gently bent over and touched her. They both straightened up together, the bride remaining below the mother. Then all of them went into the brightly lighted house. The rest of us remained outside and arranged ourselves for dinner.

This house was small by US standards but was larger and better constructed than many of the houses around. It was white and might have been made of cement blocks plastered over. There was a good sized, nicely finished front room, perhaps two bedrooms opening from it, and a dark, small, kitchen in back. This was a traditional kitchen without cabinets, refrigerator, built-in sink, drawers, nice counter tops or even a table to work on. It was quite a contrast with the rest of the house which was bright and modern. The house sat quite close to the dirt, one lane, road/street along which the wedding automobile had driven. In the small space between the road and the side of the house was the patio. The patio was not attached to the house but was a cement or ceramic tiled rectangle perhaps ten feet from the front door. It was large enough to quite comfortably hold five outdoor dining tables. The dinner was a buffet. Earlier I had watched the caterer and crew setting up. They were small, thin, brown, quickly moving men. They worked from the back of a van full of built in shelves. From the shelves, the workers pulled a quantity of large, rectangular, sturdy, aluminum pans like those I had seen a million times in the steam tables of US school cafeterias. Those in the van were rather dented, bent, and beaten as if they had seen lengthy service and might have been purchased second hand to begin with when this caterer started business. One of the men was rapidly wiping a cloth over a tall stack of sturdy, white, undecorated plates. I

concluded that this was not the most expensive caterer. This was not a wealthy family. I seemed to have found the local middle class. The daughter of the family, who had invited me to the wedding, seated me at a table on the patio. My table companions seemed to be the highest status and most affluent guests there. They were also taller than the others and lighter skinned. Everyone at my table spoke good English rather than the local language of Sinhala. One man in the group was about 5 feet 8 inches or even taller. He might have been in his early 40s. He was thin, quick moving, intelligent, and intense. He was introduced as an uncle and a bachelor. I wondered first that his marital state was noted to a stranger so quickly and second how he had managed to remain single in a land of arranged and seemingly universal marriage. But immediately his companions also noted that he took in deserving young relatives. Two young ladies at the table were introduced as staying in his house here in Colombo to go to school. Judging by their age, they were surely in high school and probably from a smaller city or town somewhere where there either was no higher level school or an inadequate one. The others at the table were adult twins. Both were wearing sari rather than Western dress and looked late 30s. They were quiet and reserved, saying little. I gravitated between my assigned table and the buffet tables, watching everything and also hungry. As usual I was among the first to start down

the dinner line. Not recognizing anything and worried about extra hot chilies being in the food, I took some of every dish but only a little. The result, nonetheless, was a heaping plate. Returned to the table, I started to eat but abruptly realized there were no knives, forks, or spoons. While I sat there looking around, trying to decide what to do, I saw that my high class, cultivated, expensively dressed table companions were eating with their fingers! This was a shock, but I watched their technique closely. They delicately gathered a bit of rice into a ball with the ends of their fingers, dipped it in one of the other foods, which were basically sauces, and put it in their mouths. I started following their motions and was proud of how well I was doing, when my hostess came up with a spoon. Perhaps I had not been doing that well and was embarrassing the company. Later I read in the guidebook under the heading, "Culture Shock," that the local custom of eating with the fingers shocks Americans. My sweet hostess was responsible for my second shock of the evening. I had arrived by taxi and the driver hung around rather than going back on the street. I concluded that this was the custom, that the driver joined the party until the fare was ready to go home. The price had already been arranged and I was not worried about what it would cost me. Early in the party my hostess took a minute from overseeing things to report that she had given the driver a drink. She did

(See WEDDING, page seven)

FLY LADY

head until January? Hold on a second. Now get some paper—an old spiral notebook with some pages left will do nicely—and your calendar. By the time you finish this article, your cruise will have begun, and stress will have missed the boat! Let's build your Holiday Control Journal. Keep this with you at all times; it will think for you! A few minutes planning your BabySteps now can save you money, frustration and time in December. At the top of each page write these headings: Menus/Recipes, and shopping list on opposite page; Baking plans/Recipes, and shopping

list on opposite page; Gift List to buy: Who, what, and price. Think: clutter-free gifts; Gifts to make: Who, what, and make a shopping list. Keep it simple; Travel preparations: Car repair, plane tickets, packing list; Decorations: What's needed, Rooms to decorate; Packages to ship; Catalog orders; Home Preparation (clean and declutter), whether traveling or not; Dates to remember (put these on your calendar). We are all good at making lists; our

(See FLY LADY, page seven)



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Holiday cruising

by MARLA CILLEY

Do you dread the holidays? Are you so wrapped up in creating the "picture perfect" Christmas that you have lost your joy in the season? How would you like to cruise through the holidays starting December 1st? Not enough time to get everything done before our imaginary departure? Let me help you relieve this self-inflicted stress.

Where does this stress come from? Purchasing gifts, making gifts, cooking, cleaning, house guests, parties,

traveling, wrapping presents, greeting cards, mailing packages, decorating, shopping, or family squabbles? NO! It comes from our attitudes. With our perfectionism we feel we don't have enough time to do it right so we procrastinate, then we overspend and wear ourselves out, all because we did not take the time to plan and do a little each day. No wonder you aren't having fun anymore!

Are you feeling overwhelmed? Is your bed calling your name? Do you feel like pulling the covers over your



Family Medicine

Martha A. Simpson, D.O., MBA
Associate Professor
of Family Medicine

Q A male friend of mine was just diagnosed with breast cancer. I didn't know men could get this, too. Should men have regular tests, like mammograms? How common is this?

A Men can get breast cancer as you have just found out, but it is far less common in men than in women. About 100 women are diagnosed with breast cancer for every man that is diagnosed. It is estimated that slightly over 2,000 men will be diagnosed with breast cancer in the U.S. and 450 will die from it this year.

Men obviously have much less

breast tissue than women. This is one factor in their reduced risk; another is their lower level of estrogen production. The lack of awareness that men can get breast cancer is a risk factor in itself. Usually when a man is diagnosed with breast cancer, the disease has spread.

This was the case with former U.S. Senator Edward Brooke of Massachusetts, whose cancer had spread to nearby lymph nodes before it was diagnosed in 2003. For several months, he had ignored the initial symptoms and passed off the discomfort in his right breast as simply muscle strain or the affects of aging. Then

Facts can help men overcome stigma of having 'female disease'

his wife felt a lump under his nipple and pressured him to see a doctor.

When Sen. Brooke was diagnosed, his first reaction was complete surprise that men could even get breast cancer. Once he had undergone the surgery, Sen. Brooke had a great deal of difficulty telling anyone - even other members of his own family - about his diagnosis and treatment. This is very typical of male breast cancer patients, because of the stigma associated with having what is generally considered a "female disease." Eventually, though, Sen. Brooke was able to overcome his reticent attitude, and has become an active spokesman for raising male breast cancer awareness.

Several risk factors have been identified that increase a man's likelihood of developing breast cancer. The biggest of these is longevity. The average age at time of diagnosis is between 60 and 70. As with women, having a family member with breast

cancer, either male or female, increases a man's risk. Other risk factors include exposure to radiation in the chest area - especially if it occurred early in life and a rare genetic condition called Klinefelter's syndrome.

Finally, being overweight and having a chronic liver disorder can also make a man more prone to breast cancer. That's because both of these can raise a man's estrogen level.

The signs of male breast cancer are similar to those in women. A lump in the chest area, changes in the nipple, dimples or puckered skin around the breast area, redness or scaling of the nipple or breast skin, and discharge from the nipple are all signs that should send a man to his doctor.

If a lump is found or malignancy is suspected, a man will undergo the same tests as a woman - history and physical exam, mammography, and possibly a biopsy. Treatment for breast cancer is determined by the type of cancer as well as the stage of the can-

cer at diagnosis. Generally treatment involves surgery, chemotherapy, radiation treatment and hormone therapy.

As with any cancer, early diagnosis allows for the best outcome. Men should learn from Sen. Brooke's experience and not ignore changes in the chest area that could signal breast cancer.

Family Medicine® is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-news.org. Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions. Past columns are available online at

School Happenings

Adams Middle School Youth Services Center

- Oct. 22 - Respect Society.
- Oct. 23 - Magic Me, 3:30-4:30 p.m., weather permitting.
- Oct. 25 - Fall Festival, 6-8 p.m.
- YSC will be sending home calendars and newsletters with school events and other information on the last day of each month. Please watch for your student to bring home these items.

- Lending Library available for student/parent use. Pamphlets, videos, books and more on a variety of topics available.

- A nurse from the FCHD is currently available at the school to provide services including: School physicals, immunizations, WIC, well-child exams, etc. Call 886-1297 to schedule an appointment. Child does not have to be a student at AMS to receive services.

- Parents, guardians, and community members interested in volunteering at the school may contact the YSC to schedule a time for Confidentiality Training/Crime Check. Training must be completed each year in order to remain on the approved volunteer list. Call 886-1297.

- The Youth Services Center is open each weekday from 8 a.m. to 4 p.m., and later by appointment. Services offered to students and families regardless of income. Coordinator is Michelle Keathley. Center telephone is 886-1297.

Allen Central High School

- Oct. 19 - Football Senior Night.
- Oct. 24 - Open House, 5-7 p.m.
- Oct. 31 - Big Sandy Idol sign-ups.

- Center hours: 8 a.m. to 3:30 p.m., Mon. thru Fri. Sharon Collins, coordinator. Telephone 358-3048. Center provides services for all families regardless of income.

Allen Central Middle School

- Oct. 22 - Respect class, 7th grade girls.
- Oct. 22 - Pledge day; signing of posters.
- Oct. 23 - Alcohol awareness program, 6th grade.

- Oct. 24, 25 - Alcohol awareness program, 7th and 8th grades.
- Oct. 25 - KY Youth Outcomes survey, 6th and 8th grades.

- Oct. 29 - Respect class, 7th grade girls.

- Career Decisions and Job Development videos available in YSC lending library.

- The ACMS Youth Service Center offers services to all families, regardless of income. For more information, call Marilyn Bailey, center coordinator, at 358-0134.

Allen Elementary and Family Resource Youth Service Center.

- Call Allen Elementary Youth Service Center at 874-0621 to schedule your child's Hepatitis B vaccination, immunizations, and WIC appointments.

Baptist Learning Center

- Now accepting applications for new students, Toddler 1 class thru Pre-K class. Located in the First Baptist Church, S. Front Ave., downtown Prestonsburg. Call 886-8681.

Betsy Layne Elementary

- Center hours are 8 a.m. to 3 p.m., Mon. thru Fri. Center offers services to all families, regardless of income.

- The Betsy Layne Elementary Family Resource Youth Service Center is located in the 7th and 8th grade wing. The goal of the FRYSC

is to meet the needs of all children and their families who reside in the community or neighborhood by the school in which the center is located. For further information, please contact the center at 478-5550.

- Brian H. Akers, Center Coordinator.

Duff Elementary

- Oct. 23 - Open House, 4-7 p.m.
- Oct. 26 - Spotlight ceremony, 1 p.m.

- Oct. 30 - Costume dress-up day.
- Floyd County Health Dept. is on site three days per month. Services include 6th grade school entry physical; kindergarten, Head Start and well-child physicals (age birth to 18 years); T.B. skin test; T.D. boosters; and WIC services. Please call 358-9878 for appointment if you are in need of any of these services.

- The J.A. Duff Elementary Family Resource Center provides services for all families regardless of income. We are located in the tan metal building at the rear of the school. Contact persons are Judy Handshoe, coordinator.

May Valley Elementary

- Parent Lending Library is available to parents for video check-outs. A variety of topics are available.

- Floyd County Health Dept. nurse at school every Wednesday. Services include Head Start physicals, kindergarten physicals, 6th grade physicals, well-child physicals, immunizations, TB skin test, WIC program, blood pressure checks, and more. Must call the FRC at 285-0321 for an appointment.

McDowell Elementary and Family Resource Center

- Oct. 22 - Flu shots available (by appointment) from McDowell FRC. If interested, please call for appointment.

- Oct. 23 - Parenting class, 1 p.m., FRC library. Topic: "Healthy Lifestyles." Presenter: Lola Ratliff.

- Oct. 30 - "Drug Awareness" program, 1 p.m., presented by Gary Booth. Held in celebration of Red Ribbon Week.

- Nov. 8 - "Parent University," 9:30-1:30, Wilkinson-Stumbo Convention Center. Workshops will sessions on the following topics: MySpace, Healthy Habits, Overview of Test Scores, and Holiday Stress Busters. Lunch will be provided. Door prizes to be awarded. All parents urged to attend.

- Parents of 5th grade students are urged to call the FRC and make an appointment for their child's 6th grade physical exam!

- Floyd County Health Department Nurse Joy Moore, is at the center the first three Mondays each month to administer immunizations, T.B. skin tests, well-child exams, WIC, prenatal and post-partum services, and school physicals. Call 377-2678 for an appointment.

- Parent lending library available to all parents for video/book check-outs. A variety of topics are available.

- Family Resource Center is open weekdays, 7 a.m. to 3:30 p.m. Center is located upstairs in the old high school building, on the McDowell Elementary School campus. For further information, call Clara Johnson, director, at 377-2678. The McDowell FRC provides services to all MES students and their families, regardless of income.

Mountain Christian Academy

- Tuition assistance and bus transportation is available. For more information or a tour of the school, call

285-5141 or 285-5142.

- Call 285-5141, Mon. thru Fri., from 8 a.m. to 4 p.m.

- MCA is an accredited non-denominational Christian school.

Prestonsburg Elementary and Family Resource Center

- School Hours: 8:15 a.m. to 3 p.m.*

- The Family Resource Center is open weekdays 8 a.m.-4 p.m., and later by appointment. Office provides services for all families, regardless of income.

- Call 886-7088 for information and referrals regarding GED classes, preschool child care, and other programs or services offered to the community.

South Floyd Youth Services Center

- Parents needing assistance with daycare may contact Mable Hall for information, or the "A Step Ahead" daycare center, at 452-1100.

- SFMS parents with concerns about your child's grades, visit the STI Home! site at <http://iidod.sstis.com> and click on the STI program. Select state, county, school, child's pin number and password. You may view your child's attendance record, class average, schedule, grades, and discipline referrals. Questions? Call 452-9607.

- Walking track open to public (track closed during special events).

- The center has a one-stop career station satellite that is available to the community as well as students.

- All new students and visitors, stop by the Center, located on the South Floyd campus, Room 232, and see Mable Hall. Open 8 a.m. to 4 p.m., Mon. thru Fri.

- For more information call 452-9600 or 452-9607, ext. 243 or 153.

Stumbo Elementary/Mud Creek Family Resource & Youth Service Center

- Oct. 24 - Halloween safety program, K-3rd. Presenter: OLWH.

- Oct. 25 - KIP surveys (6th and 8th grades).

- Oct. 22-26 - Red Ribbon Week. Activities: Monday - Wear red ribbons provided by FRYSC; Tuesday - Wear Hat Day; Wednesday - "War Against Drugs" (wear camouflage); Thursday - Wear Red Day; Friday - Pencil Day "Stay Sharp, Don't Dull Your Mind" pencils provided by FRYSC.

- Lost & Found located in Family Resource Center.

- The Mud Creek FRYSC is located on the right, by the school gymnasium. Services are offered to all families, regardless of income. For more information, call Anita Tackett, center coordinator at 587-2233.

W.D. Osborne "Rainbow Junction" Family Resource Center

- Oct. 22-26 - Dental screenings for grades 1-4. Healthy Floyd County 2010 Oral Health Initiative.

- Oct. 23-31 - Red Ribbon campaign week. All students, Pre K thru 6 may participate in activities promoting drug use prevention.

- Oct. 30 - Head Start parent/guardian meeting, 12 p.m., in library. Topic: Discipline. Lola Ratliff will present "Back to School" presentation at 1 p.m.

- The FRC accepts donations of children's clothing, shoes, belts, book bags, etc. May be used but need to be in good condition. Donated items will be appreciated and utilized by OES students.

- The Family Resource Center is located in the central building of W.D. Osborne Elementary. Those wishing more information about the

center are welcome to visit, or call. Ask for Cissy (center coordinator). Center telephone and fax: (606) 452-4553.

Wesley Christian School

- WCS Learning Center accepts toddlers, preschool age (2-4). Hours: 7:30 a.m. to 5:00 p.m., Mon. thru Fri.
- For more information about Wesley Christian School, call 874-8328.

Big Sandy Community & Technical College Adult Education and GED

- Monday: 8 a.m. to 12 p.m. - McDowell FRC; Martin Comm. Ctr.; Auxier Learning Ctr.; BSCTC.

- 1-4:30 p.m. - BSCTC.
- Tuesday: 8 a.m. to 12 p.m. - Mud Creek Clinic; BSCTC.

- 9:30 a.m. to 12 p.m. - Dixie Apartments

- 1-4:30 p.m. - Betsy Layne FRYSC; BSCTC.

- 6-8 p.m. - Auxier Learning Ctr.
- Wednesday: 8 a.m. to 12 p.m. - Martin Comm. Ctr.; Auxier Learning Ctr.; BSCTC.

- 1-4:30 p.m. - Layne House; BSCTC.

- 6-8 p.m. - BSCTC.

- Thursday: 8 a.m. to 12 p.m. - Mud Creek Clinic; BSCTC.

- 8:30 a.m. to 1:30 p.m. - Weeksbury CC.

- 1-4:30 p.m. - Betsy Layne YSC; BSCTC.

- 6-9 p.m. - Martin Comm. Ctr.

- Also, from 10 a.m. to 12 p.m., Mondays and Wednesdays at Drug Court.

- Kay Hale Ross - Manager of Adult Education, 886-7334

- Lisa Pelfrey - Assistant

- Ron Johnson, Stephanie Conn, Lynn Hall, Nancy Bormes, and Wayne Combs - Adult Education teachers.

JWT presents holiday productions for Halloween, Christmas

Jenny Wiley Theatre has two great productions in the works for fall and holiday presentations.

This month, Jenny Wiley Theatre presents a chilling retelling of Washington Irving's classic, *The Legend of Sleepy Hollow*. Come see Ichabod Crane as he attempts to woo the beautiful and wealthy Katrina Van Tassel under the jealous eye of her long-time suitor Brom Bones. It's an evening of fascinating stories of ghosts and goblins, and Ichabod has no idea that he's soon to meet the lead character in his favorite tale of *The Headless Horseman*. It's fun, imaginative and scary all at the same time. *The Legend of Sleepy Hollow* will be onstage at the Mountain Arts Center throughout October, just in time for Halloween.

A Christmas Carol returns to Jenny Wiley Theatre in November. This classic of English literature is one of the most popular holiday novels of all time. Since its initial publishing in 1843, this timeless story has been adapted for stage and film on numerous occasions, and has enjoyed tremendous commercial success. A Christmas Carol annually enthralls the masses with its tale of the stingy old miser Ebenezer Scrooge and the ghostly lesson he learns one blustery Christmas Eve. The originality of Dickens' story remains a fresh and heart-warming holiday tradition. All performances

will be at the Pikeville High School Alumni Auditorium.

Don't miss these exciting productions! School matinees and public evening performances are planned for both productions. Educational packages are available for participating schools. For more information with complete schedule and/or tickets visit www.jwtheatre.com or call toll free at

877-CALL-JWT.

Jenny Wiley Theatre is a non-profit organization and receives funding from individuals, corporations, Prestonsburg Convention and Visitors Bureau, Paintsville Tourism, the Kentucky Arts Council, the National Endowment for the Arts, and the Kentucky Department of Travel.

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BIRTHDAYS

BIRTH



Chase is 4!

Billy Chase Conley turned four years old on September 27, 2007. He celebrated with his friends at KIDDIE-LAND Daycare. Chase is the son of Bill and Tonya Conley, of Hueysville.



Emma is 2!

Emma Grace Dudleson turned two years old on September 16, 2007. She celebrated with all her friends at KIDDIE-LAND Daycare with a "Backyardigans" themed party. Emma is the daughter of Michael and Jamie Dudleson, of Drift.



New Arrival

Abygae Rylee Johnson was born on June 12, 2007, at Pikeville Medical Center, to proud parents Keith and Rebecca Johnson. She weighed 8 lbs., 7 oz. Abby is the granddaughter of John and Sherree Wright, of Printer, and Greg and Melody Cable, of Pikeville. She is the great-granddaughter of Trula May Yonce, of Melvin. Abby's family wishes to thank all their friends and family who came together to help celebrate baby Abby's birth!

Eyes

strong work ethics. We hope you enjoy reading the inspiring stories of our featured role models.

So, moving on, I took note earlier that tomorrow is "Sweetest Day" around the nation. I wasn't quite sure what Sweetest Day was, actu-

ally, so I googled it this morning. Turns out it's kind of a spin-off on Valentine's Day. Wikipedia tells me that many claim it is sort of a fabricated holiday concocted by the candymakers of the land in order to sell more chocolates and such. Funny that it would be

observed in October when Halloween candy sales are already in the mix for the season.

Oh, well, another excuse to buy, give and eat chocolate. I doubt that many of my stressed-out lady friends will find reason to complain. As

the cute little plaque in my Aunt Barb's kitchen reads: "I tried a dessert called 'Death by Chocolate'....It only made me stronger."

Yeah, we women get our strength in any form available.

See ya next week!

Continued from p5

Diva

- 2 tablespoons olive oil
- 1 small chopped onion
- 2 medium carrots, chopped
- 2 medium stalks celery, chopped
- 1/4 medium head cabbage, chopped
- 6 cups low sodium chicken broth
- 2 (14.5-oz.) cans diced tomatoes
- 3 cups water
- 3 cloves garlic, pressed

Salt and pepper to taste
Heat the oil in a large saucepan with a tight-fitting lid over medium heat; sauté onions, carrots, celery and cabbage for about 5 minutes, stirring well. Raise heat to high and add broth, tomatoes and water. Bring to a boil, reduce heat to low, cover and simmer gently for 1 hour. Remove from heat and add garlic and salt and pepper to

taste.
NUTRITION per serving: 110 Calories; 6g Fat; 6g Protein; 8g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 793mg Sodium. Exchanges: 0 Grain (Starch); 1/2 Lean Meat; 1 1/2 Vegetable; 1 Fat. Points: 2
SERVING SUGGESTIONS: Serve with a big spinach salad and grilled cheese sandwiches for a hearty

and healthy meal.

For more help putting dinner on your table check out Leanne's website, www.SavingDinner.com or her Saving Dinner Book series published by Ballantine and her New York Times Best Selling book *Body Clutter*, published by Fireside. Copyright 2007; Leanne Ely Used by permission in this publication.

Continued from p5

Fly Lady

problem is that our lists overwhelm us because we don't know how to break them into easy-to-use BabySteps. You can do anything for 15 minutes! Even get ready for the holidays. Your Holiday Control Journal doesn't have to be perfect. It is your ticket to enjoying the process.

CHAOS (Can't Have Anyone Over Syndrome) is going to keep you from enjoying the process. We are going to focus on our homes right now. Don't skip this part. It is the foundation to being able to

get the rest done. Put on a relaxing holiday CD and light a scented candle.

Let's get started. Grab a timer—the most important part of Crisis Cleaning 101. We can do anything for 15 minutes, and that is how this works. After you get dressed to your lace-up shoes, start in your kitchen. When the timer goes off, move to the living room, then to the bathroom. After three 15-minute sessions it is time to sit down and rest for 15 minutes. You cannot let your perfectionism take over.

You have to rest or you will crash and burn. Then you can do three more 15 minute sessions of crisis cleaning. Remember this is surface cleaning and not the time to dig deeply or clean out a closet. For more details on keeping your home looking nice, go to my website www.FlyLady.net or my book *Sink Reflections*. We teach you to FLY (Finally Love Yourself) by using BabyStep routines.

Are you ready to Cruise Through the Holidays? We can help you with our Holiday

Control Journal that you can download for free or follow these directions and build one for yourself.

For more help getting rid of your CHAOS; check out Flylady's website and join her free mentoring group at www.FlyLady.net or her book, *Sink Reflections* published by Bantam and her New York Times Best Selling book, *Body Clutter* published by Fireside. Copyright 2007 Marla Cilley Used by permission in this publication.

Continued from p5

Wedding

not mean water and was only showing me how thoughtful she was, but I was startled. Those people drove awful enough as it was. The word, "kamikazi" would pretty much describe their manner of tearing around the country. Being drunk on top of it would not be pretty. When she saw that I had turned pale, she assured me, "Only a little."

After dinner we sat around talking. People left their seats, walked around, met others, and in general socialized and enjoyed the evening. Slowly I became aware that something special was going on in the little house. At intervals guests were entering the house singly and in small groups. I peeked in and witnessed formal greetings. A guest would enter the living room which was bare of furniture except for a nice sofa on which sat the bridal couple and the groom's parents. The guest approached the smiling group, exchanged brief, pleasant conversation and departed. The whole was recorded by a smiling man opposite the door who video taped the guest from the moment of entering through the moment of departing.

This looked interesting and

I thought it would be fun. I asked the people around me whether I could do that, too. Everyone encouraged me.

I went to the door. The smiling photographer lifted his lights and started his camera. The new relatives smiled toward me. I walked over to them, exchanged a few words of congratulations and best wishes, turned and left. The photographer turned off his lights and camera and lowered them again. It was fun.

Dancing started. On the other side of the little road, among the trees, where dining tables had been placed before, an open place had been created and people were dancing. I hesitated, not sure whether I should join, but I finally decided it would be acceptable and started in. Nobody seemed to have a constant partner but moved from one partner to another while dancing. I did an inexpert variation on the old fashioned twist and moved in time with one man and then another in a general group activity. It was a wonderful party, and I had another few moments on film. The photographer videoed the dancers and flattered me by pointing his equipment in my direction.

Suddenly into the stream of music there broke a singer. The voice was strong, clear, and lovely. I looked toward the stage and there was the bride in her red and gold wedding sari. She stood confidently in front of the crowd and sang and sang.

The dancing continued with me part of it. Then without warning she was there, dancing as my partner in the crowd of partners. I felt honored to dance with the bride.

It was a little sad to compare her there as the talented star in princess garb with her future home. I had arrived at the wedding home extremely early, partly from uncertainty about the starting time and partly because of allowing for getting lost finding it. The old sections of the city did not have street names or addresses and you had to ask everywhere for your host and hostess by name until you came to their neighborhood where someone would know their house. While the others were busy getting ready, I was able to wander around and look at everything. Some men of the family were getting the bride's new home ready. The house was much smaller than the

parents' home, which might be expected, and brown rather than white. It looked as if it were made of an adobe material. It was right next door to the parents' home, but well hidden by thick vines, bushes, and large trees, giving it complete privacy. There was no yard or mown grass and the bushes and trees came right up to the house in back. These men's ideas of cleaning house consisted of throwing everything out a back window where, I have to admit, it pretty much disappeared into the vegetation. But I suppose many brides share this reverse Cinderella experience.

I ended the party dancing on the patio with a little girl who was about 10 or 11. She wore a pretty Western party dress and her mother sat next to us watching and smiling. She was kind enough to compliment my dancing. I left well before midnight with the dancing still going on.

Editor's Note: Dr. Phyllis Puffer is a professor of sociology at Big Sandy Community and Technical College. She has traveled extensively throughout her life and enjoys writing of her experiences.

Continued from p5



Newly married

Attorney Eric C. Conn recently hosted the wedding of Ken and Newt Sturgill. The couple were married in a Christian ceremony held on September 29, 2007, at half past twelve o'clock in the afternoon, at Shore Condominium, located on Ocean Drive, in Thailand. Pictured, from left to right, are: Newt Sturgill, Ken Sturgill, Atty. Eric C. Conn, and Jaidee Wongsawan.



Proclamation signed in observance of First Baptist 100th anniversary

Floyd County Judge-Executive Robert D. Marshall signs a proclamation in recognition of "First Baptist Church Irene Cole Memorial Day" to be observed on Saturday, October 20, 2007, as current Pastor Jerry C. Workman looks on. The church will celebrate 100 years of service in the Prestonsburg area on October 20-21 with a banquet and special weekend services. Judge Marshall encourages all to join in this 100th Anniversary of First Baptist Church Irene Cole Memorial as the congregation commemorates the past, celebrates the present and commits to the future.

His life is in pieces that fit.

Mark knew more about crime than he did about building. Today, he's learning more than carpentry. He's learning that he's valued, able, and important to his community.

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Wheels/Misc

HICKS AUTO SALES DAVID ROAD

Look here for a GREAT DEAL!!!!
 '98 Cherokee Classic, \$3,795 4.0, automatic.
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 1995 GMC Conversion VAN \$3800
 886-2842
 886-3451.

For Sale: 1997 Jimmy. 164,000 miles. Excellent mechanically. Some damage on front fender. \$2,000 firm. Call 874-2887.

For sale: Honda Goldwing, good condition, runs good. Also Kawasaki 4-wheeler 300. Call 946-2443.

2001 Volvo S80, 78,000 mi., garage kept, all maint. records from Quantrell Volvo. Beautiful, well-maintained car. Contact Gary Frazier: 886-1878 (H), 886-9100 (W), 226-1375 (C), \$12,500

2006 Harley Sporster Custom 1200cc, 1400 miles - \$7,200.00 and a 2006 Harley Dyna Lowrider 1600 miles - \$10,400.00. Both excellent condition. (606) 377-2028 or (606) 377-6229.

FOR SALE Submergible deep well Meyer pumps. Half 3 quarter and 1 horse power. Call 358-2000.

1998 wolverine 4 wheeler for sale. Call 889-8426.

EMPLOYMENT

Employment Opportunity Experienced oil & gas well service operator. Must have a minimum of 5 years experience. References mandatory. Drug testing required. Salary negotiable. Please send resume to P. O. Box 474, Salyersville, Ky.

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Attention Area Stylist. Pro hair of Prestonsburg located in the walmart shopping center is now taking applications from licensed cosmetologist. Great pay!! Hourly plus commission. Bouns and vacation pay. Please call 886-1460 or come by for an application.

Prestonsburg Health Care Center has an opening for a full time LPN OR RN. We offer competitive wages and excellent benefits, with new wage scale. If interested please stop by or send resume to 147 North Highland Ave. Prestonsburg, Ky 41653 (beside of Prestonsburg Elementary Call 886-2378.

Customer service Positions available with Essco Express. Looking for responsible individuals to work flexible hours under minimum supervision. Please call 306-351-0140.

Mountain Manor of Paintsville is taking applications for C.N.A. positions. Excellent wages and benefits. Apply in person at 1025 Euclid avenue, Paintsville, Ky. Monday-Friday from 8:00A.M. to 4:00P.M.

MARKET PLACE: Taking applications for cashier and deli worker. Apply direct.

AVON Sign up for 10.00 and Receive Free gift. Earn pocket or career money, you decide. Call Jency at 886-2082

Human Resource Director - We are looking for the right person to be a part of the management team who has a track record of building a culture of team work. The successful candidate will have human resource experience preferably in health care experience and be certified as a PHR or SPHR or whose combination of education and experience will give them the best opportunity for success. Interested candidates should send their resume to:

Pikeville Healthcare Center David R. Baumgartner, S P H R "mailto:dbaumgartner@hqmmail.com"dbaumgartner@hqmmail.com (859) 806-1517 Fax (859) 523-5564 PO Box 910844 Lexington, KY 40591-0844

Mtn Manor is taking applications for RN's and LPN's. Excellent wages and benefits. Apply in person at 1025 Euclid Avenue, Paintsville, Ky between Monday- Friday 8 am to 4:30pm.

Austin Powder are seeking a full time driver at their Manton, Ky location. To operate company vehicles to transport products to and from specified destinations. This position is responsible for operating company equipment at the

job-site under the direction of the location Manger, performing duties of load/plant crew or shot service crew and/or assisting the Location Manager. Must possess a current Class A CDL with Hazmat endorsement, high school diploma or GED and 2+ yrs driving experience. Tanker endorsement is a plus. Please forward your response information to Austin Powder Company, Fax (606) 285-5171, Call: (606) 285-5166. Or email: humanresources@austinpowder.com

Employees needed for Dental Office- Part time- Computer experience would be help-

ful but not necessary. Send resume to 415 N. Lake Dr. Ste 201 Prestonsburg Ky. 41653

Miller Bros. Coal, LLC is seeking qualified applicants for the position of Surface Mine Planning Engineer. Mining Engineering degree and experience required. Competitive salary and benefits package. Interested applicants should send their resume in confidence to P.O. Box 990, Allen, Ky. 41601. Phone inquiries not accepted.

Job Openings Goodwill Industries of KY will open a Donated Goods Center in Prestonsburg in

November. Job Openings will include a Center Manager, Assistant Center Manager, Production clerks and a Baler/Material Handler. To apply for positions, mail or fax or email resumes to Karen Cogdill, Donated Goods Manager Goodwill Industries at 370 S Hwy 27 Suite 9-A Somerset, KY 42501. Fax # 606-678-4185 or email kcogdill@gwik.org Closing date when positions are filled. Goodwill Industries of Kentucky EOE

100 Workers needed. Assemble crafts, wood items. To \$480/wk. Materials provided. Free information Pkg 24 Hr. 801-

288-4649. Heavy Equipment Steam Cleaning Company needs employees. Must have valid drivers license and up to date surface mining papers. Mine Emergency Tech. is a plus. Call Mon. Thru Fri. 9:00 a.m. to 5:00 p.m. (606) 886-1759 If no answer leave message.

JOB OPENING Renos Roadhouse in Prestonsburg is now hiring for all positions. Shifts- Day and Night. Apply in person only.

Wanted: Lady to stay with elderly Perter week-

days. Call 789-6337

Wanted: Need work. Will do odd jobs. Call 889-8426.

Misc.

BOOK FOR SALE Korners of inspiration (A collaboration of Kim's Korners). Priority mail \$13.30, shipping UPS \$20.00, allow 2-4 weeks for delivery. To order send check or money order to Kim Frausre 955 Abbott Mountain Road Prestonsburg Ky 41653, or email kifrasure@bell-south.net

Services

For Sale: Beautiful Maggie SoHero wedding

DRIVER NEEDED

C & S Vaults, manufacturer of steel burial vaults is seeking a driver for the Inez warehouse.

Applicants must have a Class B CDL lincense. Ability to perform physical labor. Must be dependable. Drivers load, unload and deliver steel grave vaults throughout regions in Kentucky, Tennessee, Ohio, Virginia, and West Virginia. Must be comfortable dealing with customers.

Benefits available after 90 days. Full-time position. Please fill out an application at:

C & S Vaults Industrial Dr. Inez, KY 41224 Phone: 606/298-7710

LOCATION MANAGER

We are seeking a Location Manager to manage location assets and personnel in the Martin, KY area to meet established location goals and strategies in support of the regional strategic plan. Responsibilities include safety and health training, managing location operating costs and inventory, and ensuring compliance with all company policies and procedures.

Qualifications include:

- High school diploma or equivalent (GED)
- 5+ years of heavy industry specific or mining industry experience
- 2+ years of supervisory experience
- MSHA Safety and Health training
- Ability to perform physical labor
- Equipment/vehicle knowledge and operational skills
- Basic computer skills

Only candidates meeting the requirements of all State and Federal explosives laws will be considered.

Please forward your response information to Austin Powder Company, fax: 216-591-1568 or email: humanresources@austinpowder.com

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Our facility is currently in need of a certified Medical Technologist or Medical Laboratory Technologist. Experience preferred. We offer an excellent benefit package. We are an EOE, and We Drug Test.

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The individual will balance general ledger and various other accounts daily to see that accounts are in balance. Also perform a variety of departmental duties as assigned.

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Individual will manage all activities regarding sold bank checks, including balancing and transmission of daily totals. Maintain dormant accounts, managing returned mail and a variety of clerical duties.

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Clinical Nurse Managers, RNs, LPNs, Home Health Nurses

McDowell ARH Hospital McDowell, KY

Clinical Nurse Managers, RNs, LPNs, Home Health Nurses

Middlesboro ARH Hospital Middlesboro, KY

Clinical Nurse Managers, RNs, LPNs, Home Health Nurses, Paramedics

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Clinical Nurse Managers, RNs, LPNs, Home Health Nurses

Summers County ARH Hospital Hinton, WV

Clinical Nurse Managers, RNs, LPNs, Home Health Nurses

Whitesburg ARH Hospital Whitesburg, KY

Clinical Nurse Managers, RNs, LPNs, Home Health Nurses

Williamson ARH Hospital South Williamson, KY

Clinical Nurse Managers, RNs, LPNs, Home Health Nurses

Please apply online at www.arh.org or send resume to Debbie Fugate, 100 Airport Gardens Road, Hazard, KY Email: dfugate@arh.org Fax: 606-487-7515 EEO/AAEM/F/H



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gown size 12 original cost \$1600, selling \$500. Call 606-886-9626. If interested please leave message and number.

3 Carat diamond bracelet for sale. \$250. Call 791-0107.

BOOK FOR SALE
A book by Donald Crisp "Growing up on Bucks Branch". In Floyd county, on sale now!!!! \$12.50 plus shipping and handling. Contact Donald at 285-3385.

Animals

LOST DOG
Brown male doberman mix. Lost in McDowell area near hospital. **REWARD.** Please call 606-424-1701.

Furniture

For sale: Benchcraft two-piece sectional-green \$300. Also power wheel pink barbie jeep \$75. Call 874-4822.

Yard Sale

Moving Sale: Sm. Carpet shampooer, tools, nurse scrubs 25-30, 125 record albums 60's, 70's & 80's. UK collectables, framed posters, UK sweat-shirts & books. Great flea market items. Call 606-377-2054

Miscellaneous

Repo Buildings** Factory has (3) arch style steel buildings for immediate sale 30x38 / 45x72. Must sale. Call Bill @ 1800-941-1140.

For Sale: Two adjacent burial plots in the Christ section of Davidson Memorial Gardens for \$800 each or \$1,500 for the two. Call Paul Hager 1-859-986-3414 or 113 Lorraine CT, Berea, KY 40403.

\$500. Reward Offered. For the arrest and conviction of the person or persons that went into the home of Avery Goble on the left fork of bull creek .and took 6 guns sometime between Oct.7th & Oct 10th. Anyone with information please contact us at 606-874-9510 or 226-0190.

Attention Hearing Aid users FLOYD COUNTY Appalachian Hearing Care "Service Center" 1st-3rd Mondays 1887 US HWY 23 North. The Prestonsburg Inn. Call 606-857-2200.

For sale: Like new scooter, steering wheel, electric start, basket & lights. Also comes with battery charger. Bought in 2006. Call 789-3505.

REAL ESTATE

Houses

3 Story House for sale with 1/2 acre-land. 4 br, 1 bath. 3000 sq ft. Asking \$50,000. No land contracts. Call 285-9340.

Brick & Stone House for Sale. Four bedrooms, two and a half baths. 2900 square feet .Desirable location in Trimble Branch. Reasonably priced. Call 886-2020

For Sale: 4Br house. 2 acers of

land on 979 between the old and new post office at Teaberry. With large living room. Also has a barn and carport. A very nice location. Call 587-3141.

House for sale by owner: 3 BR but could be made into 4, 1 1/2 bath, oak flooring, full basement, nice paved driveway. Big lot. Interested inquires only. Call 358-3469.

HOUSE FOR SALE
Located on Front Street at Wayland. Third house above Castels store on right on Front Street. Central heat and air. 5 BR 2 bath LR 30X18 and dining room & sunroom .Huge cobbel stone chimney carport. 2 lots, fenced in. Asking \$65,000 call 606-358-4137 for appointment

For Sale: 35 acres of land, one story house with 1,600 sq.ft of living space, partial basement located at Hi Hat, Ky. Two acres of flat land with house, space for garden or two more residences. The home place of the late Cecil and Edna "Sweetie" Meade. Appraised value \$65,000. Price non-negotiable. Contact Mike Mullins at 606-785-5475 (8:00 a.m. - 5:00 p.m. weekdays) or 606-251-3414.

HOUSE FOR SALE
Newly constructed house for sale located at Abbott Creek. Vaulted living room ceiling, 3 BR, bonus room, fireplace, with cherry hardwood floors and cabinets with spacious attached garage. Located 4 miles from us 23. Panoramic view located in new subdivisions. \$210,000 asking price Seller willing to help with closing costs! Call 606-285-0054 606-791-0719, evenings 606-377-6042

Established business with 240 ft. road frontage, 2 adjoining lots available on main road through town, close to courthouse. 606-791-3663.

Sale or Lease

Established business with 240 ft. road frontage, 2 adjoining lots available on main road through town, close to courthouse. 606-791-3663.

Prestonsburg business for lease. Great location on the main road, close to downtown and the courthouse. lease as is or change, many possibilities, ie restaurant, sports bar, office complex-ample parking. May consider selling. Call 791-3663.

House for lease with option to buy. 4 BR 3,500 sq. ft. Barn available. \$900 per month, call 886-8366.

House For Lease with option to buy. 4Br 3,500 sq ft. barn available. \$900 Mo. Call 886-8366.

FOR RENT
Beauty shop equip with 3 stations and tanning bed. Would consider renting for commercial use other than beauty shop. Rt. 122 1 mile South of Martin across from Garth Technical School. Must have references. 285-9112.

For Sale: 2Br mobile home. 2005 model. Looking for someone to take over payments must be moved. Call 358-4353 After 6:00 pm. tfn donna

Commercial property 12 acres next to Walmart & McDonald's in Prestonsburg. 886-3023 after 5pm.

Land For Sale on Route 194. 4 acres M/L with unfinished building. Call 606-874-1433 . Leave a message.

FOR SALE
Property for sale between Prestonsburg and Painstville. Also, double wide for rent. \$500 plus deposit. Call 606-789-6721 or 792-792-6721. No pets.

FARM FOR SALE
Floyd county 75 acres more or less, rt. 1100 off US 23 East, Point Upper Little Paint. Lum Derossett Branch. Call 606-325-4430 or 606-325-2809. Level- Sloping and timber. HUNTERS PARADISE!! Could be made into a subdivision.

RENTALS

Small home for rent. New Allen, no pets, suitable for couple. \$350 per month plus utilities. Call 874-2238

Mobile Home for rent at Allen. Call 874-2805

For Rent: 3Br house 2 full baths located 2 miles south of Martin on old Hite rd, left beaver creek. \$600.mo plus utilities. \$300 security deposit required. All electric must furnish references. Call 285-9112

For Rent: House located at lvel. 2Br, 1 bath. Nice living room, dining room, kitchen, and basement. \$550 mo plus security deposit. Also 3 br, 2 bath mobile home . \$550.mo plus security deposit. Call 874-6700.

Building for rent 50x90 18' ceilings, 12x12 garage door, \$450 per month. Martin, Ky 285-3368.

APARTMENT

Apartment for rent 2 bedroom, 1 bath. Located above Unisign at lvel on U.S. 23. \$350.00 per month rent, \$350.00 security deposit, 1 year lease and no pets. Call (606) 478-8100

Townhouse
2 BR 1 Bath w/d hookup 2 car garage \$575 per month plus utilities plus deposit. Call : 606-522-4122 or 606-477-2783

1 Br apt for rent in Prestonsburg . NO PETS. Call 886-8991.

For Rent 1 Br Apt. Utilities pd. No pets. \$425. mo. \$175 deposit. Call 226-0999.

Apt. For rent: 1 and 2 BR apartments on Rt. 321 near Porter school. Central heat and air, washer and dryer hookup. \$375 per month plus references and deposit. Seniors welcomed! Call 789-5973.

Furnished 1 bedroom Apt. Central heat & air. Rent starting at \$375. month, + \$300. deposit water included. Located near HRMC. 606-889-9717.

Houses

House For Rent - 3 BR, at Allen, Ky. \$800.00 per month + security deposit. Call 794-0249

BUILDING FOR RENT 50X90, 18' Ceilings, 12X12 Garage Door, \$450.00 per month. Martin, Ky. 285-

3368
2 Br house for rent at Martin, Kyt. \$500 a month plus security deposit. Call 794-0249.

2 BR HOME AT COW CREEK FOR FOR RENT! Call 874-9132.

HOUSE FOR RENT
EXCELLENT NEIGHBORHOOD
1600 Sq ft house 3 BR 2 bath, kitchen, utility room, heat pump, built in vacuum. Gated community, references and deposit required. Located in Knott County. \$535 per month. call 438-6104.

For Rent: 3 br, 2 bath house at Allen. \$650. mo plus security deposit. Call 478-1122 or 791-5262.

3BD,2 bath, Log Home in Oaklawn, Hager Hill. Central H/A low utility bills. Large covered deck, big storage barn, acres of privacy. \$990 OBO Ava. October. per month 850-222-2222 Leave message. See pix at www.YesFLA.com

Mobile Homes

3 BR MH for rent NO HUD NO PETS. Call 874-0267.

3 BR 2 bath MH for rent with large deck. Located at 315 Adams Cemetery Road. Call 791-8617 or 791-4471. \$450 per month.

LOTS FOR RENT
New mobile park lots, Allen Dwale area, Floyd County. Restrictions apply. Paved Streets, lighted area, parking pads. All sizes call 606-377-2357

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-5521

In accordance with the provisions of KRS 350.055, notice is hereby given that Homer Short Company, Inc., 7766 Route 321 South, Hager Hill, Kentucky 41222, has applied for a permit for an underground coal mining operation, located 0.01 mile north of lvel, in Floyd County. The proposed operation will disturb 26.08 surface acres, and will underlie 291.38 acres, and the total area within the permit boundary will be 299.90 acres.

The proposed operation is approximately 0.20 mile north from Davidson Branch Road's junction with U.S. 23, and located 0.01 mile north of Davidson Branch. The proposed operation is located on the Harold U.S.G.S. 7-1/2 minute quadrangle map. The surface area to be disturbed is owned by S.P. Davidson Heirs. The operation will underlie land owned by S.P. Davidson Heirs, and Marshall Davidson.

The application has been filed for public inspection at the Department for Natural Resources Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Permits, No. 2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

PUBLIC NOTICE

Notice is hereby given that Charles Butcher, has filed an application with the Natural Resources & Environmental Protection Cabinet to add a 300 sq. ft. addition to the building located at 240 Francis Court in Prestonsburg, KY. Any comments or objections concerning this application shall be directed to: Kentucky Division of Water, Water Resources Branch, 14 Reilly Road, Frankfort, KY 40601. Phone: (502) 564-3410

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-0317

In accordance with the provisions of KRS 350.055, notice is hereby given that FCDC Coal, Inc., P.O. Box 77, lvel, Kentucky 41642, has applied for a Permit for a surface coal mining auger and reclamation operation affecting 411.70 surface, and 107.6 acres of underground, for a total of 519.30 acres, located 1.00 mile southeast of Printer, in Floyd County.

The proposed permit area is approximately 1.10 mile southeast from Ky. 122's junction with Ky. 2030, and located on Shop Branch. The Latitude is 37°31'36". The longitude is 82°44'04".

The proposed operation is located on the Harold U.S.G.S. 7 1/2 minute quadrangle map. The operation will use the contour, area and auger/Highwall mining method of surface mining. The surface area is owned by Black Diamond Mining Company, LLC, Tandy Spurlock, James Ervin Halbert Heirs, Sally Neil Halbert and Talmadge Robinson Heirs, Denver and Mickie Meade, Ruby Halbert, David F. May, Donald Ray Halbert, Merlene Jo Dingus, Russell W. and Bonita B. Jarrell, John Melvin and Jeanie Mullins, John Paul and Sherree Wright, Lisa and Greg Stone, The Elk Horn Coal Company, LLC, Joseph C. and Belva Jean Crews, Alan and Gina Salisbury Moore, John A. and Karen C. Salisbury, Bruce Salisbury, Alma Land Company, and Tommy and Sherry Shelton. The operation will affect an area within 100 feet of public road 2030. The operation will not involve relocation or closure of the

public road. The application has been filed for public inspection at the Department for Natural Resource's Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, Kentucky 41653-1410. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Permits, No. 2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-0317

In accordance with KRS 350.055, notice is hereby given that Mat/Co, Inc., 439 Meadows Branch, P.O. Box 77, lvel, Prestonsburg, Kentucky 41653 has applied for a permit for a surface coal mining and reclamation operation located 3.6 miles northeast of Lancer in Floyd County. The proposed operation will disturb 454.15 surface acres and 165.26 acres of underground area, making a total permit area of 619.41 acres.

The proposed operation is approximately 2.9 miles east from Corn Fork Road's junction with KY 3 and is located on Corn Fork of the Levisa Fork.

The proposed operation is located on the Lancer USGS 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Clark Pergrem and Jesse Rudd, Steven Todd and Bonnie Harris, Floyd Harris Heirs, Bill Monroe Thompson, and Bill Monroe Thompson Heirs. The permit area will underlie land owned by Floyd Harris Heirs, Clark Pergrem and Jesse Rudd, Steven Todd and Bonnie Harris, Bill Monroe Thompson, Bill Monroe Thompson Heirs, Holly Rose, Mike and Teresa Stratton, Evan and Mary Rose, John Hunt, Lewis and Emma Hunt, Mary Lucille Willis, Jewel Crider, Donald L. and Joyce Goble, Rhonda Gail Goble Ousley, Ransom Hunt, and Lewis Hunt. The operation will use the area, contour, underground, and auger/highwall methods of mining. The application has been filed for public inspection at the Department for Natural Resources' Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653.

Written comments, objections, or requests for a permit conference must be filed with the Director of Mine Permits, #2 Hudson Hollow Complex, U.S. 127 South, Frankfort, Kentucky 40601.

This is the final advertisement of the application. All comments, objections, or requests for a permit conference must be received within 30 days of today's date.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-0330 Amend. No. 3

In accordance with KRS 350.070, notice is hereby given that Wolverine Resources, Inc., P.O. Box 77, lvel, KY 41642, (606) 889-8440, has applied for an amendment to an existing surface coal mining and reclamation operation, located 1.0 mile southwest of Brainard, Kentucky, and in Floyd and Magoffin Counties. The amendment will add 103.08 acres of surface disturbance, making a total area of 621.58 acres within the amended permit boundary.

2) The proposed amendment areas are approximately 0.26 mile southwest from KY 114's junction with Holbrook Branch, and located 0.20 mile southwest of Middle Creek, and 0.75 mile northeast from Puncheon Camp Branch's junction with Line Camp Branch, and located 2.10 miles southwest of Middle Creek. The latitude is 37°39'26". The longitude is 82°54'44".

3) The operation is located on the Ivyton U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed by the amendment is owned by Charlie Prater Estate C/O Ezra Allen Jr., Richard and Bernice Risner, Alma Land Company, Fork Farm Inc., C/O Della W. Burke, Johnnie C. and Linda Adams. The operation will use the area mining method of surface mining.

4) The application has been filed for public inspection at the Division of Mine Permits, Department for Surface Mning Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653, phone (606) 889-

1746. Written comments or objections must be filed with the Director, Division of Permits, No. 2 Hudson Hollow, U.S. 127 South, Frankfort, KY 40601. 5) This is the final advertisement of this application; all comments, objections and/or requests for a permit conference must be received within thirty (30) days of this

COMMON-WEALTH OF

KENTUCKY FLOYD CIRCUIT COURT DIVISION NO. 1 CASE NO. 06-CI-00603 MILLER BROTHERS COAL, LLC PETITIONER VS. TOMMY BENTLEY, ET AL RESPONDENTS NOTICE OF COMMISSIONER'S SALE *** BY VIRTUE OF** Judgment and Order of Sale of the Floyd Circuit Court entered on the 23rd of July, 2007 in the

Park Place Apartments
"Fall special"
First months rent FREE with paid security deposit. Offer valid through October 21, 2007.
Rents starts at
1 BR \$280
2 BR \$304.
Please call Judy for more information. Monday, Wednesday, Friday at 886-0039.

LABORATORY WORKER NEEDED
Must be attentive to details, accurate, methodic, thorough, and good in math. Must know Microsoft Excel and Word. Dependable and can work unsupervised. Good phone communication skills. High School Diploma with good math scores. Non-smoking work environment.
Good Pay & Benefits
Please send resume with references to:
Laboratory Worker
P. O. Box 2688
Pikeville, KY 41502

HELP WANTED MANAGEMENT
We are looking to fill Manager and Assistant Manager positions for a convenience store in our Prestonsburg, Kentucky, market area.
Applicants must be determined and strong leaders with a team-oriented personality. Attention to detail and strong work ethics are also required. We offer great benefits and competitive salaries for those willing and able to lead.
Please send your resumé and job history to:
Management Position
P.O. Box 390
Prestonsburg, KY 41653

Branch Managers needed for Holiday Rush.
We need 21 people ASAP to help with the Holiday Rush.
If you're looking for:
*Full time hours
*Permanent positions
*Flexible Schedule
*Nice bonuses for the holidays
*Quick advancements
Earning potential \$425/525 per wk.
Then call us immediately. We need help in eight departments.
Start training this week.
No experience necessary.
Call Monday October 22 ONLY from 9a.m. to 5p.m.
606-788-7334

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has an opening for
Safety & Security Officer
Education and Experience Requirements:
High School diploma and two years related experience
Responsibilities:
Works with staff, students and local public service officials to ensure safe and healthy environmental conditions for the center's training program.
Applicants with OSHA and other safety trainings preferred.
Applicant must have valid driver's license with acceptable driving record and be able to pass a drug test and background check.
Competitive benefits package including Medical, Dental,
Paid Sick Leave, Paid Vacation, Paid Holidays, Tuition Reimbursement, and 401-K Retirement
Qualified candidates should submit resume to:
Human Resources Department
Carl D. Perkins Job Corps
478 Meadows Branch
Prestonsburg, Kentucky 41653
Fax (606) 886-6073
Equal Opportunity Employer
M/F/V/D

Salysersville Health Care Center
An Extencicare Facility
Is seeking qualified candidates for the following positions:
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Open RN /LPN positions for all shifts.
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Full-Time position available.
If you are interested in joining our caring team, please apply to:
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571 Parkway Drive
Salysersville, KY 41465
(606) 349-6181
E.O.E./ADA/AAP

Floyd Circuit Court, in the above styled action, I shall proceed to offer for sale at the Old Floyd County Courthouse Door, South Central Avenue, Prestonsburg, Kentucky; (behind the new Floyd County Justice Center) to the highest bidder, at public auction on Thursday, the 18th day of October, 2007, at the hour of 11:30 a.m., the following described

surface property, located and lying in Floyd County, Kentucky, and more particularly described as follows: LOT 3: Deed from Frances Tackett to Charlie & Dora Bentley dated June 1, 1940 of record at Deed Book 119, Page 43. Beginning on an apple tree just below the well at the lower end of a small garden at the Samuel Bentley residence, corner to Lot #4; thence

down Hoods Branch along the road N 72 W 273 1/2 feet to a stake; S 83 W 208 feet to a stake in bed of said branch; thence up hill S 19 W 647 feet to a small black gum on point; S 29 15 W 204 feet to 2 dogwoods and sourwood on the point N 21 1/2 W 371 feet to a stake S 6 W 172 feet to X on rock S 46 1/2 W 252 feet to a stake in outer boundary near 4 chestnuts S 76 E 98 feet to 2 small chestnut oak bushes, 40 corner in boundary N 36 1/2 E 191 1/2 feet to a stake N 40 1/2 E 227 1/2 feet running down a point N 43 1/2 E 187 feet N 34 E 138 feet N 34 45 E 227 feet N 55 E 27 feet to a stake in field N 80 4 73 feet to a stake, a corner to Lot #4; thence with line of Lot #4 reversed N 37 1/2 E 425 feet to a stake running down behind the orchard and barn lot; then crossing the branch N 27 E 159 feet to the apple tree, the beginning, containing 15 and 3/10 acres more or less. LOT 4: Deed from Pollie Bentley to Charlie Bentley dated April 30, 1930 of record at Deed Book 85, Page 571. Beginning on an apple tree near the well at loore end of small garden at the Sam Bentley residence and beginning corner to Lot No. 1, and 2 and 3; thence up the hill N 15 -15 W 16 45 feet to a hickory a corner to Lots No. 1 & 2; thence N 61 E 309 feet to stake; thence down hill and drain S 35 E 41 feet to stake S 31 1/2 E 727 feet to stake in drain or gully S 41 1/2 E 148 feet S 16 1/2 E 587 feet to stake near the left hand branch; thence crossing the branch and up side of fork point S 36 E 667

feet to stake on top of said fork point then leaving outside boundary line and running and crossing right fork of branch S 63-45 W 780 feet to a stake above the orchard N 37 1/2 W 425 feet to a stake; thence crossing branch N 27 E 159 feet to apple tree the beginning. Containing 29 acres more or less. LOT 5: Commissioner's Deed dated January 12, 1929 to Charlie Bentley of record at Deed Book 97, Page 319. Beginning on corner to Lots Nos. 3 and 4 a stake at the fence above upper end of orchard; thence up hill with lines of Lot 3 reversed. S 80 E 473 feet stake S 55 W 207 feet stake S 34-45 W 227 feet S 34 W 138 feet S 43 1/2 W 187 feet S 40 1/2 W 227 1/2 feet to stake S 36 1/2 W 191 1/2 feet to two small chestnut oaks, S 11 1/2 E 373 feet S 29 E 171 feet N 35 E 1800 feet to beech at branch; N 47 W 105 feet stake N 63-45 W 155 feet to the beginning, containing 19.9 acres. LOT 6: Deed from Elsie Frasure, et vir., to Charlie Bentley dated May 7, 1930 of record at Deed Book 92, Page 239. This being Lot No. 6 in the said estate bounded and described as follows: Beginning on a stake on fork point a corner to Lot No. 4 and running with a line of same S 63-45 W 605 to a stake in said call S 47 E 105 ft. to a beech then 35 W 1800 feet to a stake S 29 E 45 feet S 29 E 221 feet S 22 E 312 feet S 57 1/2 E 158 feet S 79 E 159 1/2 feet N 76 E 239 feet 15-70 feet to a beech thence S 67 E 120 feet S 54 E 220 feet into a line of Lot No. 8 and 9 then up

the hill with said line N 14 15 E 690 feet then with boundary line reversed N 89 W 156 feet to a corner in No. 4 lot the beginning. LOT 7: Deed from Teddy Hall, et ux., dated December 28, 1940 of record at Deed Book 119, Page 42; and deed from Gertie Hamilton, et vir., dated April 18, 1942 of record at Deed Book 119, Page 43, to Charlie and Dora Bentley. Beginning on a corner line of No. 8 & 9 above H. F. Bentley present residence and with line of same south 14 x 15 W 12.80 ft. to stake in boundary line then with boundary S 86 1/2 W 468 feet S 76 W 50 ft. then with line of Lot #6 N 19 1/2 E 15 170 ft. to a beech at branch; then up the branch S 67 E 120 ft. then S 54 E 220 ft. to the beginning, containing 13.7 acres. LOTS 8 & 9: Deed from J. W. Hamilton, et ux., dated November 16, 1935 of record at Deed Book 108, Page 568; deed from Mines Elliott and Berty Elliott of record at Deed Book 108, Page 569; deed from John B. Newsome, et ux., dated December 10, 1938 of record at Deed Book 113, Page 259, to Charlie and Dora Bentley. Beginning on a stake on the fork point corner to Lot 6 then running up said fork point with direct boundry S 81 E 246 feet to stake top of point N 85 E 91 feet to stake on point N 72 E 131 feet to stake top of point S 82 1/2 E 245 ft. to marked chestnut then down hill S 4 W 197 ft. to stake S 8 W 172 ft. to stake a sower wood and 2 chestnut oak bushes S 18 W 161 feet to stake in drain near a small maple S 24 W 121 ft. to stake in

guley S 2 W 157 ft. to stake in bed of branch then up the branch S 83 E 79 ft. to a beach then up the hill S 35 W 386 ft. to stake S 35 1/2 W 85 ft. to stake S 10 1/2 W 119 ft. S 14 W 80 ft. S 7 1/2 W 256 ft. S 4 W 157 ft. S 38 1/2 W 187 ft. to stake near top of ridge then down ridge S 68 W 347 ft. to stake N 63 1/2 W 405 ft. then N 14-15 E 1280 ft. to a corner in No. 7 then same course 6090 ft. to the beginning containing 35 acres more or less. Five (5) acres more or less of mineral as reserved in severance deed from Samuel Bentley to Northern Coal and Coke Company by deed dated February 16, 1903 and of record at Deed Book 6, Page 370, in the office of the Floyd County Clerk. There is reserved and excepted herefrom the Bentley Family Cemetery as described below and reasonable access thereto: The existing cemetery has State Plane NAD 27

Coordinates as follows: Description North (Y) Easting (X) Fence Corner 4 1 5 4 7 4 . 4 6 8 2 8 8 4 9 4 6 . 6 3 6 Fence Corner 4 1 5 5 0 5 . 8 8 7 2 8 8 4 8 8 9 . 8 4 7 Fence Corner 4 1 5 4 0 9 . 5 3 3 2 8 8 4 9 2 0 . 6 7 9 Fence Corner 4 1 5 4 3 2 . 5 8 8 2 8 8 4 8 6 0 . 5 4 2 TERMS OF SALE: (a) At the time of sale, the successful bidder, if the other than the Plaintiff, shall either pay cash or 10% of purchase price, with the balance on credit for thirty (30) days. (b) The successful bidder shall be required to execute a bond with good surety thereon for the unpaid purchase price of said property, if any, bearing interest at the rate of

twelve percent (12%) per annum from the date of sale until paid, having the force and effect of a Judgment. (c) The property shall be sold subject to any easements and restrictions of record in the Floyd County Clerk's Office and such right of redemption as may exist in favor of the United States of America and/or the record owners thereof, pursuant to 28 U.S.C. 2410 or KRS 426.530. (d) The purchaser shall be required to assume and pay all city and county ad valorem taxes for the year 2007, and all subsequent years which are not yet due and payable. Any and all delinquent city and county ad valorem taxes will be

paid from the sale proceeds. (e) If the successful bidder is a party to this action, he/she shall be given credit on the balance of the purchase price to the extent of his/her ownership interest in the above described real property, subject to payment of sufficient funds to satisfy the costs of sale and for the master commissioner. Any announcements made on date of sale takes precedence over printed matter contained herein. PLAINTIFF'S COUNSEL: Martin L. Osborne, Esq. 119 E. Court Street 2nd Floor Prestonsburg, Kentucky 41563 WILLIAM S. KENDRICK Master Commissioner P. O. Box 268 Prestonsburg, Kentucky 41653

CITY OF WHEELWRIGHT ORDINANCE No. 2007-04
AN ORDINANCE RELATING TO FIXING THE TAX RATE FOR THE YEAR 2007.

NOW, THEREFORE, BE IT ORDAINED BY THE CITY OF WHEELWRIGHT:

SECTION 1. There is hereby laid and levied for the taxable year of 2007, an ad valorem tax of FORTY (\$.40) cents upon each \$100.00 worth of taxable property (property as used in revenue statute means everything of value that a person owns, that is or may be the subject of sale or exchange, or that when offered for sale will bring some price. And, so, any existing, enforceable, collectable demand upon which it is a lien, or out of which it can be collected, is properly) real, tangible and intangible, within the corporate limits of the City of Wheelwright, Kentucky. Said levy is laid upon the valuation as of January 1, the taxes being subject to a two (2%) percent discount before September 25, and a six (6%) percent penalty, after October 25, these dates being subject to change according to when the tax roll is received.

SECTION 2: The taxes to be collected thereon to be used for the purpose of maintaining the City of Wheelwright, and to pay and reduce any debts, incurred by the City of Wheelwright.

SECTION 3. That this Ordinance will take effect and be in force, after its passage and publication as required by law.

DAVID M. SAMMONS, Mayor
Attest:
MARY ANN SLONE, City Clerk

Call Donnetta Mullins today to place your classified ads. 886-8506 Ext. 19

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WWIB

WOMEN IN BUSINESS



Neva Francis

DIRECTOR OF COMMUNITY
OUTREACH, OUR LADY OF THE WAY

by JOSHUA BYERS
PUBLISHER

When Neva Francis says working for Our Lady of the Way Hospital in Martin is the perfect job for her she's not kidding.

"I think it's a calling," Francis says of her position as director of community outreach at Our Lady of the Way, a position which she's held for the past 14 years.

Combining her strengths in nursing, teaching and counseling, the position was "a good fit."

Not only that, since Catholic Health Initiatives runs the hospital, its faith-based mission is in keeping with her own beliefs.

"I'm very passionate about doing the Lord's work in the community," she said, adding working with CHI is a perfect fit as it allows the Martin hospital the chance to work with

other sister hospitals in Kentucky, including St. Joseph Hospital in Lexington. "We can do anything a big hospital can do."

Francis was born in Knott County, the youngest in a family of six, with parents Sada Hall, mother, and Estill Hall, father.

"She was a role model and should have written the book on parenting," Francis says of her mother.

This became obvious to her when her mother was in the hospital fighting cancer and all of her children were gathered around talking.

"All of us thought we were the special one to her," she said. "I think that's amazing."

Indeed, Estill sounds like a lucky man.

"When I was growing up we interacted a lot with our siblings," she said of Nora, Charles, James, Darrell and Glenda. Darrell was the "smart

one in the family" and he would help them with their homework.

"I always had that ambitions streak," she said, adding she also had a strong work ethic. "That's how I grew up and it's paid off for me."

She started her career as a midnight RN in 1978 and was also an OB Nurse — a position she really enjoyed.

"It was one of the most rewarding things of my career," she says. "Each delivery I was involved in was different. Every one was a miracle in itself."

Our Lady of the Way was one of the first in the area to have 'rooming in' and they also provided childbirth classes.

"We were kind of the leader in that time and era," she says. "I had my babies here and I wouldn't have had them anywhere else."

She calls her husband Larry

"one of the greatest people you'll ever meet. We're very different in many ways but we have a great marriage. He's a terrific guy; it's been a wonderful journey."

The couple lives in Floyd County and has two sons: Travis, 24, who graduated from Morehead State University with a business degree and Austin, 22, a senior at Eastern Kentucky University, studying criminal justice.

Once she began to raise a family, Francis started thinking of moving to a different career.

"After the kids I thought I would want to do something that would better fit their schedules," Francis said.

In the early '90s she got her elementary education degree and later added a degree in counseling. She taught for a year in Betsy Lane and then spent another year teaching in



Neva Francis

Martin.

"After that, this job came open and it was perfect," she says. "I don't have typical days, with my position. No two days are ever alike. It's a unique job."

"Part of our mission is to promote a healthier community and that's special because you're helping people," she says. "I think in my role,

because we are a faith-based hospital, I'm very mindful of what my mission is."

"I can't imagine being a nurse and not having compassion," she says, "once an RN always an RN."

"I think everything has a reason and I think God has led me through my life to where I am today," she said.

One thing Francis is involved in is a program called 'RESPECT.'

"It's an abstinence program for Middle School Kids," she explained. "It aims to build up their self esteem — empower them to do what they want to do. I hope that I have made a small difference with that."

In the course of life, not only has Francis made a difference in the lives of those young girls, but also in our community, as it's clear to anyone associated with OLW and the work Francis does.

Jennifer Burke Elliott ATTORNEY

Jennifer Burke Elliott



by JOSHUA BYERS
PUBLISHER

Attorney Jennifer Burke Elliott says that growing up she was always told there was nothing she couldn't do. Combine that attitude with a strong work ethic and you have one of the top lawyers in Floyd County.

"Nobody told me I couldn't be a lawyer," she says. "I just strived to be what I wanted. Even when I was a little girl, my grandmother told me I could be whatever I wanted to be."

Elliott says that lesson is vitally important.

"You need to do what makes you happy," she says.

Her parents are Barbara Reed Burke and Harry Robert Burke and she was an only child.

"I had wonderful parents," she says. "They never said 'you have to do this, you have to do that.'"

Elliott says her grandmother, Nell Beverly Reed, was a tremendous influence on me.

"Little girls need to know there is no ceiling," she says. "God gave me little boys and I try hard to let them know that

there's nothing they can't do."

Elliott is a Floyd County native who went to Prestonsburg Elementary and Prestonsburg High School. She graduated in 1981 and went to college in Danville, at Centre College. She graduated from there in 1985 with an English degree and a minor in government.

Elliott says one of the best opportunities in life was the chance to study abroad when she was in college.

"Even though I didn't quite appreciate it until later in life," she says.

She spent three weeks at Oxford studying and then traveled to Scotland.

"It was really a fabulous experience," she says. "I learned to be independent and self-sufficient and to live not only with other people but different nationalities."

After graduating from Centre she went to the University of Louisville school of law. Ironically, or perhaps not, Elliott's grandfather, Harry R. Burke, was a local attorney and also graduated from law school in Louisville.

Burke chose to go into fam-

ily law when she first went to law school.

"I could have practiced anything," she said. "That was just a calling I had, I always felt like being an advocate for children."

She says today family law accounts for roughly 70 percent of her practice.

Elliott moved back to Kentucky from Florida in 1994 and worked for State Farm Insurance in Lexington.

She said it was a good move that enabled her to return to the work force but still be a mom. But then after a few years she noticed something wasn't quite right.

"I missed the childhood that I had and I wanted that for my children," she said. So the family packed their bags and moved back to Prestonsburg in 1998. "I wouldn't change that for anything in the world."

Elliott worked in the field with some other lawyers locally and then in 2004 she opened up a sole practice, finally realizing her lifelong dream.

"It was very scary, but I'd wanted it for so long," she said. "It was exciting. I knew at the end of the first month that I could do it and then it

just kept going. It's always scary when you have kids. You know you can take care of yourself, but will your kids be on that path?"

"That's why I enjoy so much the type of law I practice. I really truly feel it's my calling to help people."

One of her most treasured memories is of a sensitive nature. It involves a juvenile case in which she was appointed by the court to be the Guardian Ad Litem — or an advocate for the child.

Elliott often communicates with younger children through drawing. In this case the child drew a picture of an angel with wings that was wearing glasses.

"You said you were my Guardian Angel," the child told Elliott. To this day, that drawing is one of her most

memorable possessions.

"You hear so many people talk about the negatives of Eastern Kentucky and we do have our issues," she said.

"But just last night I was at the middle school football game and you've got stands full of people to watch a game. That's special."

"These roots, this heritage ... there's just a Mayberry feel to it," she said. "This happens to be my community."

She and her husband, Phillip Elliott, are parents to three sons: Phillip William, a business major at the University of Kentucky; Burke, a freshman at UK studying journalism and Alex, an 8th grader at Adams who plays on the football team.

She says her husband never ceases to amaze her and she considers him one of the

smartest men she knows.

"I hope I leave a legacy for my boys that they can be proud of me and know I did the best I could and loved them more than life itself," she said.

Elliott said she doesn't try to be an inspiration for others, but sometimes that's not always your choice.

"Downtown there are four men's names on awnings at lawyers' offices and one woman's name and if that's an inspiration to girls who want to be lawyers then that's great."

It's pretty clear that Elliott is not only an inspiration to girls that want to join the field but also to anyone who has compassion for children and wants to help them realize their dreams.

Jennifer Burke
Elliott
ATTORNEY AT LAW

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Brenda Shepherd

PHOTOGRAPHER, BRENDA
SHEPHERD'S PHOTOGRAPHY

by JENNIFER LAWSON
STAFF WRITER

A picture may be worth a thousand words to some, but for Brenda Shepherd, owner of Brenda Shepherd's Photography, it's a paycheck.

Raised in Floyd County on Bull Creek, Shepherd began her career in photography as

an employee for PCA, a photography company that has locations in various department stores. However, she was laid off, at which time she began working for Olan Mills and even helped to open the location in Paintsville.

After five years of working there and serving as a photographic supervisor, Shepherd

said she began to realize how much money she was making for the company. She decided she'd rather have the profits, so she decided to open her own studio.

"The time was just right," said Shepherd. "I had some experience, my children were in high school and didn't need taken care of as much and my

husband had just become disabled."

Opening the business at a location on Star Fire Hill located on Route 321 in Paintsville, where it remains today, Shepherd admits it was a struggle and that times got hard.

"There were many nights I'd leave here in tears wondering how I was going to make it," said Shepherd.

In an attempt to not have a pool of debt to drown in, Shepherd said she tried to pay cash for nearly everything she bought, such as props and backdrops, and would rely on big jobs to purchase a big item.

"I would have something that would pay big, like photographing a baseball team or something, and then I would buy something big," said Shepherd in reference to an electronic backdrop changer that was purchased without going in debt.

Though it was a struggle, Shepherd said that it's all been worth it and good advertising was what helped her clientele go from only three to four people a week to as high as 50 a week now. While she specializes in a variety of photography, including animals, seniors, outside, seasonal and sports, she says that photographing children is her favorite.



Brenda Shepherd

"They are the most natural and so easy to capture doing natural things like playing," said Shepherd.

To enhance the look of the children playing and make their experiences more enjoyable, Shepherd continuously changes props and often features live animals such as baby ducks and bunnies. Through photography, Shepherd says she literally gets to watch kids grow up.

"I've photographed most of my regulars when they're a newborn and will probably do their senior pictures in a few years," said Shepherd. "That's why I try to always have something new for people to choose from, so that my regular customers don't get bored."

While children are her favorite subject, she says her

least favorite would probably be groups of children and cats.

"In a group of kids they're usually all different ages and all want to do something different," said Shepherd. "Cats don't do well either."

Even though the business is now established and doing rather well, Shepherd says she is continuously thinking of ways to improve and grow and is even considering eventually opening a new location, one in which she may have some help as her daughter, Pamela, is also planning enter into the world of photography.

"I just want to keep growing and always get better," said Shepherd. "Photography is just something that I have a passion for. My heart is in it, and that makes it all worthwhile."

Dr. Joanna Santiesteban

OB/GYN, PHYSICIANS FOR WOMEN

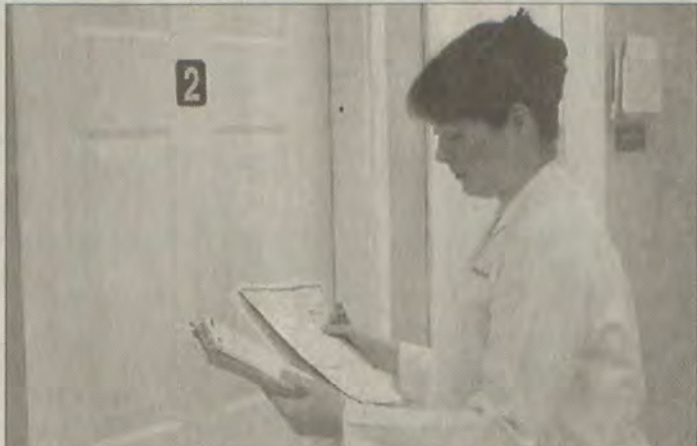
by JENNIFER LAWSON
STAFF WRITER

While some people go through their whole lives trying to figure out what they want to be when they grow up, Joanna Santiesteban said she decided in second grade that she wanted to be a doctor, though it wasn't until she was in medical school doing her rotations that she figured out what kind of doctor.

It was during her rotation while in medical school in Chicago that "Dr. S," as her patients call her, realized the importance of women's health and thus decided to specialize in the field of obstetrics and gynecology.

"I just felt that I could identify with women," said Santiesteban, who is now employed with Physicians for Women in Auxier.

Born and raised in the midwest, Santiesteban now resides in Prestonsburg with her husband of 15 years, Brent Graden, who is the director of economic development for the city of Prestonsburg. Together they have four children, ranging in age from 10 months to 7 years, as well as two dogs. Being on call every other night for emergencies and baby deliveries, Santiesteban said that though it helps that the children are generally sleeping at night when she's called out, her husband is forced to share



Dr. Joanna Santiesteban

motherly duties.

"He's learned to be a pretty good 'Mr. Mom,' though," she said.

Drawn to Kentucky for its friendly people, Santiesteban said it also helps that they live between both sets of parents and that living in Kentucky is long term.

"We like it here," Santiesteban said. "Kentucky is so friendly. It's just the kind of place that we wanted to raise a family in."

In realizing that all aspects of women's health affect a woman's family, Santiesteban said it is good to be able to work for a company that provides health care to all women, regardless of insurance coverage or financial status.

"Moms take care of everyone else," Santiesteban said. "I take care of the moms."

In the future, Santiesteban

says she would like to return to college and seek a master's degree in business, but for now, her goals are a little more simple.

"I just try to survive day to day," she said.

On being a physician, she said she loves the thought of always being able to work with people.

"I'm a people-person," she said. "From the little girls to the older women, I love to interact with my patients and get to know them."

Though Dr. S. says she always enjoys learning new things, she is constantly stressing to women how important it is to get good health screenings, and that even though women don't always enjoy them, they're extremely necessary.

"A healthy mom is a healthy family," she noted.

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Dr. Kate Shutts

PEDIATRICIAN, KIDS CARE PEDIATRICS

by JENNIFER LAWSON
STAFF WRITER

Though taking care of kids, especially when they're sick, may seem like a chore to some, for others it's a passion and a natural ability, all of which is the reason Dr. Kate Shutts chose to specialize in the field of pediatrics.

Developing a love for science during her high school years, it was just that along with the chance to help others that drew Shutts to the medical field. Attending medical school at the University of Kentucky College of Medicine, Shutts had the opportunity to work in many different fields, but said she was naturally drawn to pediatrics.

"It just came natural to me," said Shutts. "I love working with kids."

Graduating summa cum laude from UK with honors in biology, Shutts also completed her pediatric residency at UK. Opening her own practice in



Dr. Kate Shutts

July 2006. Kids Care Pediatrics, which is located on the second floor of the Medical Office Building at Highlands Regional Medical Center. Kids Care is a division of Hometown Family Care, which has three family practice physicians. A second location of Kids Care is scheduled to

open in Paintsville on Oct. 22 with Dr. Leslie Devers.

While Shutts was born in Wise, Va., where she spent her early childhood years, she along with her brother Mark Miller, sister Jody Shepherd, and parents Mark and Connie

(See SHUTTS, page five)

Debra Huffman LANDMARK INN

by KATHY J. PRATER
FEATURES EDITOR

Nowhere else is a big smile and an engaging personality more important than in the hospitality industry, and the Landmark Inn's Debra Huffman happens to possess both.

And that's a good thing for customers who are fortunate enough to encounter Debra during their interactions with the Inn's many services.

"I enjoy people," Debra said. "And I enjoy staying busy."

And busy she stays as she oversees the management of both the Landmark Inn Motel and the Landmark's Top of the Inn Restaurant.

"Actually," she said, "my husband mostly manages the motel and I manage the restaur-

ant, but we really work together to get it all done. And we both stay pretty busy with the Mark II Lounge, which we manage together."

Prior to the debut of the Landmark Inn, Debra cut her teeth in the hospitality industry working at former Pikeville establishments the Mayo Trail and Colley Motels. She, along with husband Thomas, have been at the helm of the Landmark since April 1984.

Debra, a native of Pike County's Virgie community, attended Pikeville College following high school graduation and, while still a student there,

she landed a job at the local Sears store.

"I started out working the floor in customer service," she said. "Then I began doing more secretarial type of work . . . before I left, I knew how to do everything in that store," she laughed. "I guess that's really where I got a feel for dealing with customers and what it takes."

Debra's advice for young women wishing to embark on a career in the hospitality industry is to "be prepared to work hard."

"Be good to your cus-

(See HUFFMAN, page five)



Debra Huffman

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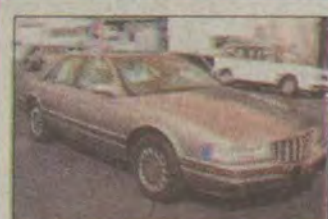
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Betty Tackett

COMMUNITY CHIEF NURSING
OFFICER, McDOWELL ARH

by RALPH B. DAVIS
MANAGING EDITOR

"Community" is a word with strong significance in the life of Betty Tackett.

In addition to spending her entire life in McDowell, she has devoted her entire 30-year career to working at McDowell ARH Hospital, where she serves as community chief nursing officer.

But the hospital is not just a place of employment for Tackett. It has played a role throughout her life.

"As a small girl, I played in this facility and I visited here," Tackett recalled. "Really, I never wanted to work anywhere else."

Tackett started working at McDowell ARH just two days after graduating from her nursing program. She worked as a staff nurse for "a couple of years" before being promoted to nurse manager, and she has worked in management ever since.

Tackett did not see herself as a manager when she began working for the hospital. She credits ARH for bringing the best in her.

"I guess I didn't see me going as far as I have, but I guess ARH saw something in me," she said.

The transition to management was not necessarily an

easy one to make. Tackett said it required her to rethink her approach to her career.

"When you're a nurse, you think about technical things," she explained. "But as you become a manager, you have to know 'why'... My job in nursing is impacted just as much by what's happening in house-keeping or the maintenance department, as it is by what's happening in my own department."

And working in a small-town hospital, Tackett says she found that she required a more broad range of knowledge than if she had specialized in one department in a large urban hospital. Over the course of her career, she has had to become familiar with operations in other departments, such as pharmacy, respiratory care, medical records, utilization and review, infection control and social services. To gain that knowledge, Tackett took additional classes to learn about all facets of hospital care.

"I knew I had to know what went on in all the units, to be accountable for those units,"

she explained.

"I think in 30 years at this facility, there is not a nook or cranny I haven't been in," Tackett said.

Today, Tackett has responsibility for the nursing department across all of the McDowell ARH campus, including the clinics and other programs, as well as the hospital. She oversees 60 employees in nursing, as well as 20-to-30 more in other departments.

The key to success, she says, involves a juggling act of having the commitment to get a job done, while at the same remaining open to change.

"The profession of nursing is ever-changing," Tackett said. "You must be able to adapt to those changes and be flexible... I have done just about every role there is in nursing — and some that are not... [but] I think you have to be stubborn. I think you have to be strong-willed. I think you have to be passionate and determined to be a manager."

During the course of her career, Tackett has seen many changes, including the role of

women in the workplace. When she first began working for McDowell ARH, management positions were occupied solely by men. Over time, however, women have gained higher profile jobs and today, all but two management positions at the hospital are filled by women. The hospital has had two female CEOs during her employment.

But just as management positions have become open to both sexes, nursing has also begun to cross gender lines. Although the profession is still largely dominated by women, Tackett has seen more men choose nursing as a career.

"I would just as soon have a male employee as a female employee," she said.

While her career took an unexpected turn into management shortly after she began and has increased in responsibility over the years, Tackett says she is not necessarily looking to continue to climb the career ladder — but she's not shy about accepting new challenges in the future.

"I'm happy and satisfied



Betty Tackett

where I am," Tackett said. "I would gladly stay here and do this job until I am ready to retire. But if I can be used in a better capacity, I would be willing to consider that as well."

Still, one thing that hasn't changed for Tackett over the years is the importance of community in her life and in her profession. McDowell ARH draws heavily on the local community for its staffing, and

Tackett works with six people who were in her high school graduating class.

"I don't know that if I went somewhere else that I would have gone as far as I have here," she said. "I have no desire to leave the ARH organization. Hopefully, I will be able to stay in McDowell and at this hospital and see this hospital thrive and continue to grow."

"This is where I belong."

Shutts

Continued from p4

Miller, later relocated to Prestonsburg to be closer to her grandparents Loretta and the late Lloyd Blackburn and Bill and Doris Miller, along with other extended family. Shutts still resides in Prestonsburg along with her husband, Clint Shutts, who is the owner of Impact Signs and Grafix. While they have no children of their own yet, she says a family is definitely in their future.

"My husband and I are looking forward to starting a family of our own," said Shutts.

When not caring for kids, Shutts likes to spend her time involved in church, where she teaches Sunday school and children's church. And when she has the time, enjoying a good book.

"I'm also a big UK fan," said Shutts. "I love watching UK sports."

In the future Shutts said she definitely plans to stay in Eastern Kentucky and hopes her pediatric practice will continue to grow.

"I hope to always be able to continue offering quality health care to the children of Eastern Kentucky," said Shutts.

Huffman

Continued from p4

tomers, and always remember that the customer comes first," she said. "And," she added, "be good to your employees, too. If you work hard and do these things, everything will work out for the best, and that's really all we can ever hope for."

Debra says she meets each day with enthusiasm and always looks forward to greeting her customers, both old and new, and that she enjoys those with whom she works.

"I have great employees," she said, "and I love them all."

Debra says that a career in hotel/motel and restaurant management leaves little time for hobbies/leisurely pursuits but that she enjoys spending time when she can with her family which includes son Thomas Huffman II, of Pikeville; daughters Tosha Yunker, of Birmingham, Alabama, and Tonya Huffman, of Pikeville; step-son Jim Huffman, of Pikeville; and step-daughters Jeannie Baker, of Frankfort, and Jane Raines, of Anchorage, Alaska.

"My husband and I also stay busy taking care of our two dogs, Caesar and Carma, a rottweiler and great dane," she said.

Debra and Thomas, who have been married for the past 32 years, reside on Smith Hill, in Pikeville.



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Thelma Crider

by RALPH B. DAVIS
MANAGING EDITOR

It was 1990 and Thelma Crider, who at the time was employed as director of day care program for Southside Free Will Baptist Church in Paintsville, received news that might have stopped many careers in their tracks.

In 30 days, the day care center would be closing.

But in that moment of adversity, Crider instead strengthened her resolve. With little more than her determination and the kindness of many friends, Crider met the challenge before her and built a business that has withstood the test of time — TLC Child Development Center.

It wasn't easy, of course, and at first there was not much reason to think that opening a day care center in 30 days would be possible. For starters, Crider didn't have a building, staff or any equipment. And, she remembers, she most certainly did not have the money to obtain all those things.

"I think I had 52 cents in the bank," Crider remembers with a chuckle now.

But Crider did see one thing that outweighed all the obstacles in her way — a need. Forty families relied on the services of the Southside Day Care, and once it closed, there would

be nowhere else to turn.

Over the next month, things began to fall into place. First, Paul Brown, owner of Redd, Brown and Williams Real Estate, offered Crider a good deal on what would become TLC's first home, and even renovated the building for her.

Families of the students also chipped in, donating toys and equipment the new center would need.

For the rest, Crider and her staff would have to rely on their own ingenuity.

"We had to make everything we had," Crider recalls. "We had nothing."

Starting her own business was the farthest thing from Crider's mind when she first began working in the child care business 33 years ago. At first, she just needed a job.

"I was a busy mother trying to raise my children," Crider remembered. "Then, when I went back to school, I did start to have an idea about wanting to have my own center. But I never would have done anything to hurt the church, because it did have such a good reputation."

After working as an aide for Southside Day Care for seven years and going back to school to earn a degree in early childhood development, Crider was named director of the Southside program and remained so until the center closed in 1990.

Over the years, Crider has invested herself fully not only in her business, but in all aspects of child care. She serves on the Johnson County Early Childhood Coalition and teaches Sunday school at her church. After seeing the impact of drug abuse on many of the families using her services, she joined the board of directors of Hope in the Mountains, an organization that plans to open a drug rehabilitation center for women in Floyd County. And in a similar vein, Crider opened Threads of Hope, a thrift store that uses its profits to help those who cannot afford rehabilitation.

"Anything that involves children and families, I try to be part of it," Crider explained. "That's not just how I make my living; that's how I make my life."

Ten years after opening TLC, Crider was thrown another curveball. The center was looking to move again because Redd, Brown and Williams needed their building on Euclid Avenue for new offices. This time, however, the move may have been a blessing. Over the years, TLC had grown and was on the verge of outgrowing their 2,800 square foot home.

Now TLC has its home in the former offices of Mountain Comprehensive Care near the intersection of Broadway and Depot Road in Paintsville, and, the center occupies



Thelma Crider

over 10,000 square feet. The business has grown from 40 students in 1990 to up to 200 now on alternating schedules.

With so much work to do, Crider says she spends most of her waking hours at work, but she doesn't mind.

"This is more like home for us," she said. "I guess I'm here more than home, and I feel like I'm coming home when I come in."

Crider employs up to 16 staff members during the busiest times of the year, but she says that in a business with notoriously high turnover like child care, she has been fortunate to have kept many of the same employees who worked for her during

the early days of TLC.

"I'll tell you, that's what has kept the center together — the workers," Crider said.

Having been successful in business, Crider says many people who start businesses just aren't prepared for what they'll face. Too many people, she said, go into business unprepared for the amount of work they will face, or with unrealistic expectations of becoming rich overnight.

Crider says the key trait people need when starting a new business is tenacity.

"That's what business is about — how much do you want to make it?" Crider said.

Crider says she feels she was prepared by her upbringing for the hard work involved in running her own business.

"My dad taught us whatever we did, if it was shoveling dirt, whatever we did, we worked as hard as we could," she explained. "That's how we were taught."

And after 33 years of working in child care, Crider says cannot see herself retiring.

"It's something I've never tired of," Crider said. "I could have retired many years ago, but I don't want to retire from something that gives me a reason to get up in the morning."

"I hope I can work and do what I like to do as long as I'm alive."

Furnell Rife

ASSOCIATE CHIEF NURSING OFFICER
PAUL B. HALL REGIONAL MEDICAL CENTER

by JENNIFER LAWSON
STAFF WRITER

With education and faith in God keeping her going, Furnell Rife says she has no plans of ever stopping her education or career.

An employee at Paul B. Hall Regional Medical Center, Rife has been in the nursing career for nearly 30 years and is currently the associate chief nursing officer and is over infection control and employee health. Though she said she never regrets going into nursing, it wasn't her original plan.

"I always wanted to be an archeologist," Rife said.

But it was her mother, Ruth Rife, who had over 20 years' nursing experience, who influenced her.

"She said that I wasn't going to go around digging up bones, but that I was going to do something where I could take care of myself, which was being a nurse," said Rife. "And I always listened to my mom."

Though Rife was born and raised in Floyd County, she now resides in Johnson County with husband James A. Davis and her three dogs.

Beginning her education in 1978 in a combined nursing program between Pikeville College and Eastern Kentucky University, Rife is still striving to pursue more and more degrees and experience, and goes to great lengths to do so.

"At one time I was driving



Furnell Rife

three hours one way to Tennessee just for classes," said Rife, who is now working on her dissertation for her doctorate through Eastern Tennessee State University.

Though it's not been easy, Rife says that it's all been worthwhile and that a mind is a terrible thing to waste.

"The good Lord gave me a good mind and I hope to use it," she said. "Getting an education has broadened my mind so much."

In the future, Rife said she hopes to be able to use her education to act as an advocate to increase health care availability throughout Eastern Kentucky based on the "triple A theory," which she refers to health care being accessible, available and acceptable.

"Eastern Kentucky people are very independent. We don't like to beg for things," said Rife. "We need to increase health care to where it doesn't feel like a handout."

Even though doing advocate work is a future goal of Rife's, it may be hard to find the time as she fulfills her duties at Paul B. Hall as house supervisor, visits each and

every patient admitted, is a liaison for families, staff and physicians, handles general assignments, checks every infection lab, plans ways to keep the facility clean to prevent spreading of infectious diseases, provides educational resources to employees and the public, and is a member of the hazardous materials team.

"I just keep things runnin'," said Rife. "Whatever needs done, I'll do."

Despite all of her combined tasks, Rife said that it is nursing she is passionate about and she would recommend the profession to anyone and at the same time encourages people

to give back to their home community.

Nursing is hard work, but it's the most fulfilling jobs that's ever done," said Rife. "People who live in rural areas want to get to the city glitz, but there is nothing like home. It's okay to leave home for school, but people should bring what they learn back to the people here."

In her spare time, when she

has it, Rife says she enjoys going to church, Praise Assembly in Prestonsburg, collecting antiques and fishing.

Despite the hard work, time and educational opportunities that Rife has encountered, she said she's loved every minute of it.

"I love what I do or else I wouldn't be doing it," said Rife.

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Mae Jarrell

BUSINESS SUPPORT SPECIALIST APPALACHIAN WIRELESS

by KATHY J. PRATER
FEATURES EDITOR

Plunging right into the world of business following high school graduation, Mae Jarrell, a business support specialist with Appalachian Wireless, says that her career in business could not have led her to a happier place in life.

"This is a great place to work," she said. "Our customers are great and my co-workers are some of the best."

Mae's first career move was into the world of banking. Following her graduation from Prestonsburg High School, Mae's parents, the now late Ethel and Phil Thompson, moved their family to Jackson, Ohio. It was there that Mae began working as a bank teller.

"I became vault teller and then head teller," she said of her years spent with Oak Hills Banks. "From there, my next stop was at First Commonwealth Bank, when I came back to Eastern Kentucky."

At First Commonwealth, Mae found herself learning new skills as a loan review officer and customer service repre-

sentative.

In 2002, Mae set her sights on a position with Appalachian Wireless.

"It wasn't that I didn't enjoy what I did at First Commonwealth," she said, "I did. I guess I was just looking for a change."

That change turned out to be a positive career move for Mae, who was named employee of the month at her new company in December 2002, just months after coming on board with the telecommunications leader. Mae credits the company's training program for helping her win that distinction.

"When I first came here, I couldn't even program a phone," she said. "Brittany Ratliff, our training coordinator, soon changed that."

Mae also notes that of 119 employees, 74 are currently women in the Appalachian Wireless offices.

"I think that says a lot," she said. "It's tough in the business world, but you just have to hang in there and soon you find that you can do it."

Mae believes that finding an organization that is supportive of women in the

workplace is a big help toward finding success in the world of business.

Mae's position at Appalachian Wireless requires that she keep tabs on the company's large business accounts.

"I have accounts that have anywhere from 10 lines to 800 lines," she said. "My job is make sure that everything is working well and that our account holders' needs are being met."

And that's a job that she does quite well, as evidenced by the many awards adorning her office walls. Mae has been named employee of the month twice in her five years at Appalachian Wireless (December 2002 and May 2006), in addition to receiving an award for dedicated service in 2005, as well as multiple other customer service awards. She is also a graduate of Leadership Floyd County.

Mae lives on State Road Fork, in the Abbott Creek area, with her husband of 22 years, Donnie, and their two children, Kimmie, 13, and Bradley, 7, with whom she enjoys spare time riding four-wheelers and caring for the family's four dogs and four horses.



Mae Jarrell

Dr. Mary Lyn T. Lu

PLASTIC SURGEON

by KATHY J. PRATER
FEATURES EDITOR

It was while in medical school that Dr. Mary Lyn T. Lu, of Pikeville, had the opportunity to witness the repair of a cleft palate. Amazed by the surgical procedure and wonderful results, it was then that Dr. Lu decided that she wanted to be a part of the growing field of plastic surgery.

In 1987, Dr. Lu was admitted to the Tulane University School of Medicine, in New Orleans. One of only two resident students admitted per year into the surgical residency program, it was during this time that Dr. Lu realized that the specialty she had chosen was about "enhancing the lives" of her patients.

Afterwards, Dr. Lu was afforded an even greater opportunity—that of studying under the skilled eyes and hands of Dr. D. Ralph Millard Jr., one of the world's foremost plastic surgeons.

Coming to the U.S. in 1981, Dr. Lu came from a Philippine family life that included eight children, of which she is the oldest. Growing up in the southern Philippine town of Davao City, Dr. Lu shares that she and her siblings were "all expected to get an education." Dr. Lu says that she decided on the field of medicine while in high school.

During her studies and early years of practice in the U.S., Dr. Lu met Pikeville dermatologist Ronald Hall, who encouraged her to come to Eastern Kentucky and be a member of his private practice. "Dr. Hall has always been very supportive of my career," she said.

Though Dr. Lu performs many cosmetic type surgeries such as breast augmentation (enlargement, reduction and reconstruction), body contouring (liposuction, tummy tuck), facelifts, eyelid lifts, ear and nose reshaping, and lip enhancement, she maintains

Dr. Mary Lyn T. Lu



that the bulk of her practice "is not isolated to cosmetic surgery."

"I actually do more reconstructive than cosmetic work," she said. "Such as those associated with skin cancers. Skin cancer is very common in Eastern Kentucky."

Dr. Lu that says that in working to remove skin cancer lesions from the body, that she often does the removal and reconstruction work at the same time. "Reconstructive work is important," she said, "because it helps make a person feel whole."

Dr. Lu wishes to remind everyone to keep an eye on any moles they may have, dark spots, or areas that won't heal. She also advocates the use of sunscreens, in both summer and winter months, and she encourages everyone to have routine exams performed by their family physician or dermatologist.

"Especially with melanoma (a type of skin cancer), early diagnosis is key," she said. Dr. Lu has authored many medical articles on melanoma that have been presented before her colleagues.

Dr. Lu feels grateful for the many opportunities that have been made available to her as both a medical student and a practicing surgeon. As such, she strongly believes in "giving back" and does so often through volunteer work with

the Philippine Medical Association of Eastern Kentucky.

"Whether in Eastern Kentucky or back home in the Philippines, volunteering is very much a part of my work ethic," she said. "I am very grateful for my blessings, abilities and artistry."

Dr. Lu shares that she has been very influenced by her mentor, Dr. Millard, and that and that she often recalls the following quote from him: "He who uses his hands is a laborer; he who uses his hands, eyes, and brain is an artisan; but he who uses his hands, eyes, brain and his heart, is an artist."

In regard to young women looking to make decisions in regard to career paths, Dr. Lu advises that they "be passionate about what they do and then they will be successful."

Dr. Lu shares that she has "three loves in life": plastic surgery, education and the attainment of knowledge.

"I believe in doing what one can in order to continue to grow. Without this continuance of growth, one becomes stagnant."

True to her beliefs, Dr. Lu is currently engaged in studying for her law degree. She has no plans to switch career paths or change professions, however.

"I am just very interested in law, in knowing about the Constitution of my new coun-

try, in the happenings in Washington . . . These things affect our lives in many ways," she said.

Dr. Lu is married to Dr. Jose Espanol, an anesthesiologist,

with whom she has four grown children, and "one chocolate lab who thinks he is a human."

She became a certified member of the American Board of Plastic Surgery in

1990. Dr. Lu practices through her private offices at the Kentucky Center for Plastic Surgery, located in the Uniplex Building, 126 Trivette Drive, in Pikeville.



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