



The Times

FLOYD COUNTY

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Volume 81, Issue 38 • 75 Cents

END OF AN ERA



Pauline and Bernice rest in between customers behind the storefront window at the establishment they've worked at for over 30 years.

photo by Jessica Hale

Landmark store changes owners

by JESSICA HALE
STAFF WRITER

PRESTONSBURG — Some call it the "female version of a barber shop," and now this staple in the downtown Prestonsburg community has closed its doors, at least temporarily.

Many people know Factory Outlet Shoe Store for its friendly atmosphere, accented by two ladies who enjoy having nice chats with customers during a slow day to catch up on the news in town. Now they'll have to find a new place to share their tidbits of life's trials and tribulations.

Pauline Owens and Bernice Prater have each worked at Factory Outlet for over 30 years. Both now in their 70s, Owens and Prater say the closing of the store was only a matter of time.

Local citizens and shoppers
(See **STROE**, page seven)

Mayor files countersuit over signs

by JESSICA HALE
STAFF WRITER

PRESTONSBURG — Counsel for Prestonsburg Mayor Jerry Fannin filed a counterclaim and motion for dismissal in relation to a suit filed against the mayor for payments allegedly owed to T&K Signs and More for purchases made during the 2007 campaign for mayor.

Phillip Simpson filed the suit in Floyd County District Court on March 6, alleging that Fannin owed nearly \$14,000 for campaign signs. According to court documents, Fannin was part owner of T&K Signs. Simpson claims that Fannin failed to pay for 10 purchases which totaled \$13,932.45.

On Tuesday, Fannin's attorney filed a counterclaim that denies that Fannin owes the money.

In a motion for dismissal also filed by Fannin's attorney, Fannin claims that he entered into the business venture when he purchased half of the company for

\$35,000 in December 2005. The parties agreed that Fannin would be a nonparticipating shareholder and Tim Vandine, Simpson's stepson, would actively operate the company ensuring that all bills and taxes were paid.

According to court documents, Fannin only received money one time in the amount of \$4,000 for reimbursement for equipment purchased for the company. During that year, Fannin alleges he never received any other form of payment for his half interest in the company.

In December 2006, Fannin was contacted by the Floyd County Attorney's Office and advised that Vandine had written a check that the bank account for which the company used did not have sufficient funds. Sometime later, he received a second call from a merchant in town advising him that a check had been returned to him due to insufficient

(See **MAYOR**, page seven)

WIN \$500!

briefs Police receive grants

by JESSICA HALE
STAFF WRITER

WASHINGTON — Homeland Security Funds will soon be making their way to Eastern Kentucky for local police prevention efforts.

U.S. Rep. Hal Rogers announced Thursday that \$130,000 in Homeland Security grants will be distributed to public safety agencies in Bell, Jackson, Johnson and Knott Counties and those in the areas of Burnside, Hazard and Prestonsburg.

The Department of Homeland Security's Commercial Equipment and Direct Assistance Program increases the overall preparedness throughout the nation by focusing on regional capabilities and smaller jurisdictions. The money will go towards night vision and thermal imaging gear and hazardous material detection equipment.

"Any of our law enforcement agencies may be called on at a moments notice to deal with any number of threats or disasters," said Representative Rogers. "Having the right tools for the job is essential for the safety of our men and women in uniform and the citizens they protect."

2 DAY FORECAST

Today



High: 72 • Low: 53

Tomorrow



High: 75 • Low: 56

For up-to-the-minute forecasts, see floydcountytimes.com

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Man charged with putting explosive device on SUV

The Associated Press

PAINTSVILLE — An Eastern Kentucky man has been charged with putting an explosive device on his vehicle, which was parked near a building being used as a temporary courthouse.

Randy J. Back, 33, of Campton was charged Tuesday with second-degree use of a weapon of mass destruction and first-degree wanton endangerment. Police allege Back made a false report that caused

Magoffin County sheriff's deputy Axel Simonetti to endanger his life while investigating.

A police report said the device on the hood of the sport utility vehicle consisted of two blasting caps and one "booster," which Trooper Scott Hopkins described as similar to TNT.

Back denied the charges and said he was "framed." He said the call to police about the device was made from a cell phone he no longer uses.

(See **BOMB**, page seven)



photo by Kathy J. Prater

Seventh graders from Betsy Layne Elementary shared how they had incorporated the use of technology into helping struggling readers at their school at the Floyd County Schools Technology Showcase, held Wednesday evening at the Wilkinson-Stumbo Convention Center. The students have spent the past year paired as "book buddies" with students in their school's reading recovery program. Along with reading aloud to, as well as listening to, their individual buddies, each pair of students wrote a book, printed it, recorded an audio tape of it, and, finally, transferred both the written and audio versions to computer programs by which they could be shared with others. The activity was conducted under the STLP (Student Technology Leadership Program).



Native son and lieutenant governor candidate Greg Stumbo greeted supporters Tuesday afternoon when the doors were opened on his local campaign office, located on South Lake Drive, near the Strand Theater. The office was crowded with well-wishers and those signing up to help man the local headquarters. Stumbo is Bruce Lunsford's running mate in the race for the governor's office.

photo by Kathy J. Prater

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Obituaries

Mattie Gibson

Mattie Gibson went to be with her Heavenly Father on Tuesday, March 27, 2007, at the Mary Breckinridge Hospital, in Hyden.

She was born on November 28, 1912, in Wayland.

She was preceded in death by her father, Joseph Gibson, and her mother, Margaret Turner Gibson.

Surviving loved ones include a son, William Edward Gibson, of Jackson.; a brother, James Richard (Bubby) Gibson (Lillian) of New Haven, Indiana; sisters, Ethel Gibson Kruger of Libertyville, Illinois, and Audrey Gibson Marshall of Lawrenceville, Georgia.

She was preceded in death by the following brothers and sisters: Roy Gibson, Ray Gibson, and Joseph Gibson Jr.; Carrie Gibson Banks, Nell Gibson Hagewood, Verna

Gibson Taylor, Minnie Gibson, and June Gibson Webb.

Ray and Roy Gibson, and Joseph Gibson Jr., and June Gibson Webb were twins.

Funeral service for Mattie Gibson will be conducted Saturday, March 31, at 11:00 a.m., in the Hall Funeral Home Chapel, in Martin, with Rev. Doug Lewis officiating.

Burial will follow in the Gibson Cemetery, in Raven.

Visitation is Friday, 5-9 p.m., at the funeral home.

Pallbearers: Don Kreuger, Paul Kreuger, Kevin Webb, John Carl Knuckles, Hobert Webb Jr., Kevin R. Brown, and Corey Webb. (Paid obituary)

□□□

Gary Lee Wright

Gary Lee Wright, 37, of Prestonsburg, died Sunday, March 25, 2007, at his residence.

Born February 21, 1970, in

Paintsville, he was the son of Herbert Gary Wright of Emma, and Susan Ewald Soell of Dove Creek, Colorado; step-mother, Bertha Burchett Wright of Emma. He was a gun builder for Meek Wireless.

Other survivors include a son, Landon Wright of Prestonsburg; two brothers: Kevin Richard (Sherry) Wright and Brian Keith (Denise) Wright, both of Prestonsburg; his grandparents: Ernest and Yvonne Burchett of Emma; nieces, nephews, aunts, uncles and cousins; and special companion, Tammy Blair.

He was preceded in death by his step-father, Lewis Soell; his grandparents: Ed and Josephine Wright, and Jerome and Evelyn Ewald.

Funeral services will be held Friday, March 30, at 1 p.m. at

(See OBITUARIES, page six)

**COMING TO MARTIN,
WEDNESDAY APRIL 4TH, 4 to 6 p.m.
Located inside Dr. Roger Tackett's Dental office**

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Hazard: (606) 886-3574 or (606) 422-7870

Ann Stratton "The Diet for People Who Hate to Diet"



Tony lost 135 lbs.

"I even considered Gastric-By-Pass Surgery before starting Pounds Away. Now, I have lost 135 lbs. since February 2006!"



Tony before

HOURS: (PIKEVILLE) Wednesday 11 a.m. - 6 p.m. and Thursday 10 a.m. - 6 p.m.
(PRESTONSBURG) Tuesday 9 a.m. - 7 p.m.
(HAZARD) Monday 11:30 a.m. - 6 p.m. in New Hope Christian Center

ATTENTION: FLOYD COUNTY RESIDENTS

The Floyd County
PRIDE Spring 2007 Clean-up
Will be running from
Monday, April 9, thru
Saturday, April 28, 2007

Residents will be able to take items to the
Waste Connections Facility

Located at Garth

FREE OF CHARGE during this time.

Operating Hours are

Monday-Friday, 8:00 to 5:00

Saturday & Sunday, CLOSED

No Tires, Batteries, Air Conditioners,
Refrigerators or Freon Items,
Liquids, or Oil will be accepted.

All Paint Cans must be empty & dried out.

If you or a group would like to
participate in a Clean Up in the county,
Please contact Marie Martin-Holbrook,
Floyd County PRIDE Coordinator
at **886-9193**

Register your group and location today!!

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| Prestonsburg High School | Floyd County P.R.I.D.E |
| Allen Central High School JROTC | Office of the Attorney General |
| Floyd County Judge Executive-Office | Cub Scout Packs 813 & 802 |
| Boy Scout Troop 802 | Girl Scout Troop 427 |
| Carl D. Perkins Job Corps | PEPSI |
| Big Sandy Community & Technical College | |

We invite the public to participate in the

"Operation Clean Sweep"

Registration begins at 10:00 a.m.
at the office of Recreation and Interpretation
next to the Jenny Wiley Boat Dock.

A complimentary cookout will be at the office at 2:00 p.m.
for all volunteers. "Operation Clean Sweep" T-shirts will be
given to all volunteers who pick-up two bags of trash (limit
one shirt per person while supplies last).

For additional information, contact
Trinity Shepherd at (606) 889-1790 or
Stonney Burke at (606) 886-6709.



For the Record

Marriage Licenses

Allison Brooke Hackworth, 25, of Martin to George Dalton, 31, of Inez.
 Angela Lynn Lohnes, 25, of Harold to Clyde Lee Bush, 31, of Harold.

Civil Suits Filed

Goodell, Taunya vs. Goodell, Robert G., dissolution of marriage.
 Reahard, Betty vs. Reahard, Rodney, dissolution of marriage.
 Allen, Rachel vs. Lawson, Emmitt, et al.
 Wells Fargo Financial vs. Wageman, John, debt.
 Countrywide Home Loans, Inc., vs. Osborne, Karen, debt.
 York, Bridgett vs. York, Jason Ray, dissolution of marriage.
 Manns, Tracey vs. Manns, Bryan C., dissolution of marriage.
 Cabinet for Health and Families KY Foster Care vs. Tackett, Sherrie, petition for child support and healthcare insurance.
 Duff, Michael K. vs. Duff, Janelle, petition for child support and healthcare insurance.
 Patton, Tommi vs. Patton, James A., petition for healthcare insurance.
 Portfolio Recovery Association vs. Allen, Alma J., debt.
 Conn, Chasity N. vs. Howard, Jarod D., petition for healthcare insurance.
 Hoover, Patsy K. vs. Hoover, Jackie R., petition for healthcare insurance.
 Goble, Tina L. vs. Goble, Ollie J., petition for healthcare insurance.
 Owens, Misty D. vs. Owens, Tommy, petition for child support and healthcare insurance.
 Cabinet for Health and Family Services KY Foster Care vs. Butcher, Vanesha M., petition for child support and healthcare insurance.
 Davis, Floyd, et al vs. Knott Floyd Land Co., Inc.
 Porter, Beatrice vs. Ray, Amanda, motor vehicle accident.
 Pospisil, Rex vs. Hall, Shelly J., motor vehicle accident.
 Discover Bank vs. Potter, Charmaine, debt.
 Kentucky Farm Bureau Mutual vs. Adkins, Willard.
 Rhea, Alfred vs. Rhea, Earnie, joint petition for dissolution of marriage.

Charges Filed

Kathy Horn, 48, Allen, theft by unlawful taking.
 Pamela Phillips, 45, McDowell, assault, 4th degree, domestic violence.
 William Castle, age not listed, Tutor Key, theft by deception.
 Bruce Johnson, 39, Melvin, operating motor vehicle while under influence of alcohol; operating motor vehicle on suspended/revoked license; possession of controlled substance, drug unspecified; failure to register transfer of motor vehicle; failure to wear seat belts, two counts; failure of owner to maintain required insurance; failure to produce insurance card.
 Joey Meadows, 21, Prestonsburg, criminal mischief, 3rd degree.
 Luke Jones, 45,

Wheelwright, disorderly conduct.

Denise Conn, age not listed, Langley, assault, 4th degree, minor injury.

April L. Hunter, age not listed, Banner, theft by deception.

Ricky Joe Smallwood, 36, Wheelwright, alcohol intoxication in public place; endangering welfare of minor; resisting arrest; disorderly conduct; terroristic threatening.

Terry Castle, 49, Allen, assault, 4th degree, visible injury.

Rodena Kayla Stumbo, 45, Prestonsburg, harassing communications.

Wade Martin, 39, Drift, assault, 4th degree, domestic violence, no visible injury.

Ellina Daniels, age not listed, Prestonsburg, parent/custodian failure to send child to school.

Kristy Dorton, age not listed, Meally, menacing.

William T. Horn, 48, Prestonsburg, alcohol intoxication in public place.

Randal C. Holbrook, 33, Bevinville, alcohol intoxication in public place.

Brenda Moore, 59, Langley, assault, 4th degree, domestic violence, minor injury.

Suzanne Everage, 31, Hindman, theft by deception.

Eugene Caudill, 42, Bypro, alcohol intoxication in public place.

Crystal Lynn Nichols, 35, Harold, parent/custodian failure to send child to school.

Tammy Osborne, 28, McDowell, parent/custodian failure to send child to school.

Drema Collins, 29, Betsy Layne, harassment, no physical contact.

Property Transfers

Clara Hicks Johnson to Kenneth Hamilton, property location undisclosed.

JP Morgan Chase Bank as Trustee to Billy R. and Wanda Conn, property location undisclosed.

Loretta Jude to Earl hall and Michael Slone, property location undisclosed.

Barbara Keathley to Jimmy D. Keathley, property location undisclosed.

Bernard Randall Kidd to Gregory Lee and Tammy Jean Kidd, property located at Little Mud Creek.

Bernard Randall Kidd to Gregory Lee and Tammy Jean Kidd, property located at Little Mud Creek.

Bernard Randall Kidd to Gregory Lee and Tammy Jean Kidd, property located at Little Mud Creek.

Harold Kidd to Gregory Lee and Tammy Jean Kidd, property located at Little Mud Creek.

Harold Kidd to Gregory Lee and Tammy Jean Kidd, property located at Little Mud Creek.

Harold Kidd to Gregory Lee and Tammy Jean Kidd, property located at Little Mud Creek.

Rebecca Jane Kidd to Gregory Lee and Tammy Jean Kidd, property located at Little Mud Creek.

Rebecca Jane Kidd to Gregory Lee and Tammy Jean Kidd, property located at Little Mud Creek.

Rebecca Jane Kidd to Gregory Lee and Tammy Jean Kidd, property located at Little Mud Creek.

Paul David Lafferty to Mary Louis Collins, property location undisclosed.

David Lawrence Legge to Shirley D. Rice and Floyd P. Spradlin, property located at Abbott.

David Lawrence as Guardian to Shirley D. Rice and Floyd P. Spradlin, property located at Abbott.

W. Lee Legge to Shirley D. Rice and Floyd P. Spradlin, property located at Abbott.

Lee M. Lewis to Anita Glaser, property location undisclosed.

Wendell Lewis to Clotine Lewis, property located at Mare Creek.

Andrea Meade to Jessica D. and Shawn A. Tibbs, property located at Mud Creek.

William S. Meade to Jessica D. and Shawn A.

Tibbs, property located at Mud Creek.

Jill Mitchell to Executrix to Charles Horne, property location undisclosed.

Olivia Mitchell to Brenda and Gary Mays, property location undisclosed.

Olivia Mitchell to Billy Hutchinson, property location undisclosed.

Donna Moore to Bobby R. Collins Sr. and Michelle L. Collins, property location undisclosed.

Jeanne Moore to Bobby R. Collins Sr. and Michelle L. Collins, property location undisclosed.

Backed Mortgage Loan Certificate Series 2004-SP2 to Billy R. and Wanda Conn, property location undisclosed.

Brian Ousley to Devon Prater, property located at Raccoon Creek.

Lillian C. Ousley to Rudolph Ousley, property location undisclosed.

Willard L. Ousley to Rudolph Ousley, property location undisclosed.

Willard L. Ousley to Rudolph Ousley, property location undisclosed.

Molly Owens to Lema Sue Owens Bradley, property loca-

tion undisclosed.

Mary Lynne Pigman to Shirley and Tommy Kilgore, property location undisclosed.

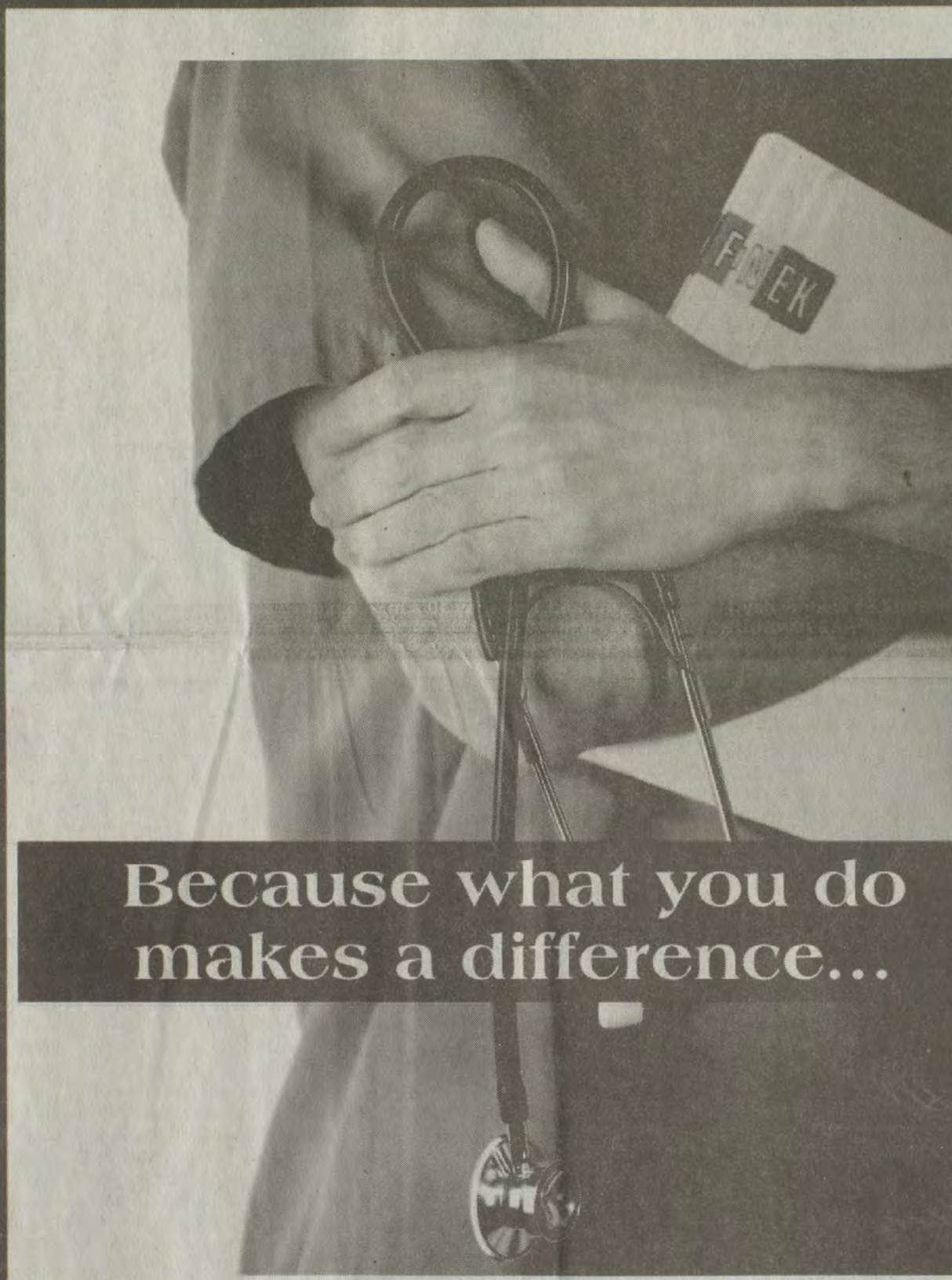
Bobby Joe Reffitt to Thomas Edward Reffitt, prop-

(See RECORD, page six)

Local Planning Committee Meeting

The Floyd County Schools' Local Planning Committee will conduct a meeting on April 12, 2007 at 6:00PM at the May Valley Elementary School, 481 Stephens Branch, Martin, Kentucky. This meeting is one of a series of meetings to develop a District Facilities Plan for the Floyd County Public Schools.

The Public is invited.



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Happy Doctors' Day!
 March 30, 2007

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Viewpoint

Worth Repeating ...

"Before God we are all equally wise — and equally foolish."

— Albert Einstein

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

— Guest View —

Editorial roundup

The Orlando (Fla.) Sentinel, on the Bush administration and the Mideast:

After an on-again, off-again approach throughout much of his presidency, George W. Bush finally seems to be giving the Mideast peace process the sustained, high-level attention it deserves. Secretary of State Condoleezza Rice has met with leaders in the region four times in the past four months.

It makes sense for Rice to keep talking with Palestinian President Mahmoud Abbas even after his Fatah faction formed a coalition government this month with Hamas, which refuses to recognize Israel or renounce terrorism. Otherwise, the United States would weaken Palestinian moderates and lose any possible influence with the new government.

But it would be irresponsible and immoral for the United States to resume direct aid to the new government until both its partners accept Israel and reject terrorism.

Seasoned observers of the Mideast peace process know better than to count on breakthroughs. Even so, some recent developments suggest the window of opportunity could be opening a crack for easing the enmity between Israel and its neighbors. ...

For U.S. credibility throughout the Mideast, it's essential for the Bush administration to remain engaged in the peace process. And history says breakthroughs are unlikely without U.S. involvement.

The Star-Ledger, Newark, N.J., on conflicts of interest in the FDA:

The federal Food and Drug Administration has taken a small first step toward making sure that when it seeks expert advice about a new drug, those opinions come from experts who do not have thick financial ties to the drug's maker or its competition.

The FDA is proposing that scientists with any combination of drug company stocks, fees, grants or other income totaling more than \$50,000 not be allowed on the committees that advise the FDA about drug safety and effectiveness. Those with thinner financial ties may be allowed in on the discussions but would not vote when the committee compiles its recommendations. ...

Setting a money limit is not enough. The FDA has for some years required experts to disclose their industry ties, but the FDA handed out so many waivers that it rendered the disclosure requirements impotent. Unless the FDA gets stingy with waivers and exemptions, the new rules will not mean much.

The drug companies seek out certain scientists for the same reason that the FDA does: They are the best in their field. It may be that the government needs to put some of those experts on retainers that leave them conflict-free at least for a period of time to give objective advice when an important new class of drugs emerges, for instance.

Having failed to tackle the problem of conflicts head-on until now, the FDA has a long way to go when it comes to making sure its expert advice comes without strings.

The Democrat and Chronicle, Rochester, N.Y., on the firing of U.S. attorneys:

It hasn't been that long ago that attempts to hide the truth about what essentially was a clumsy burglary brought down the Nixon presidency. President Bush seems oblivious to that history.

He should revisit his resistance to allowing key advisers to testify before Congress about the firings of eight United States attorneys.

If Bush has nothing to hide, then why is he only willing to allow Karl Rove, his chief political consultant; Harriet Miers, his former White House counsel; and two others to meet privately and off the record with members of Congress investigating the firings?

Democrats rebuffed Bush off the bat, and understandably so. Under Bush's terms, there is no way of ensuring that what's said in private is truthful. Transcripts would be prohibited. New York Sen. Chuck Schumer, who was tapped by fellow Democrats to help them gain political leverage, is clearly partisan. But that doesn't mean there's no validity to his contentions. "It would be almost meaningless to say that they (Bush advisers) would be under some kind of legal sanction," Schumer said of private, no-oath meetings. ...

Rather than invoking executive privilege, which by the way didn't help President Nixon, Bush should do two things: First, send Gonzales back to Texas and name a replacement. Then notify the Senate Judiciary Committee that Rove, Miers and whomever else the panel needs to talk to on the record are at its disposal.



— Guest Column —

Thank goodness we can ignore the wars

by SHELDON RICHMAN

New York Times foreign-affairs columnist Thomas Friedman laments that most Americans are disengaged from the wars in Iraq and Afghanistan. During a recent radio appearance, Friedman cited comedian Bill Maher's complaint that "the enemy" has had to fight only 140,000 Americans rather than all 300 million of us.

You hear this a lot. Commentators seem to long for World War II, when "the whole country was at war." They criticize President Bush for letting most Americans shirk their responsibility. When he's queried about what sacrifices he's asked of the American people, Bush says they have forgone peace of mind and paid higher gasoline prices. Naturally, this does not satisfy his critics.

Let me suggest that Friedman and Maher couldn't be more wrong. (Neither could Bush, of course.) It is a good thing that the current wars are not total wars and that most Americans are disengaged from the horrors inflicted by the U.S. government on Iraq and Afghanistan. Why?

Because total war has terrible effects even on the belligerent whose society is not directly involved. If most of us have been able to avoid being sucked into that vortex, then I say, "Thank goodness."

Total war brutalizes a society. It brings out bloodlust and hate. It stimulates an ugly nationalism (gussied up as patriotism) which boasts that "we" are better than "them." It distorts vision, causing people to see something honorable in being slaughtered and maimed — as long as the dead and disabled are "our guys." It distorts judgment too, making people think that killing strangers who have never threatened us is heroic.

War makes people say stupid things. For example, they tell members of the armed forces, "Thank you for your service to our country," when they aren't serving their country at all — they're serving the hack politicians and bureaucrats who send them to war. The same soldiers are told they are fighting for "our freedom," when in fact the commander in chief they are obeying is destroying our freedom as he issues orders that inevitably kill innocents in foreign countries. Making enemies deserves one's country.

War makes people afraid to think the truth. Heaven help the person who believes the lives lost were lost in vain. Look at what happened when Sens. John McCain and Barack

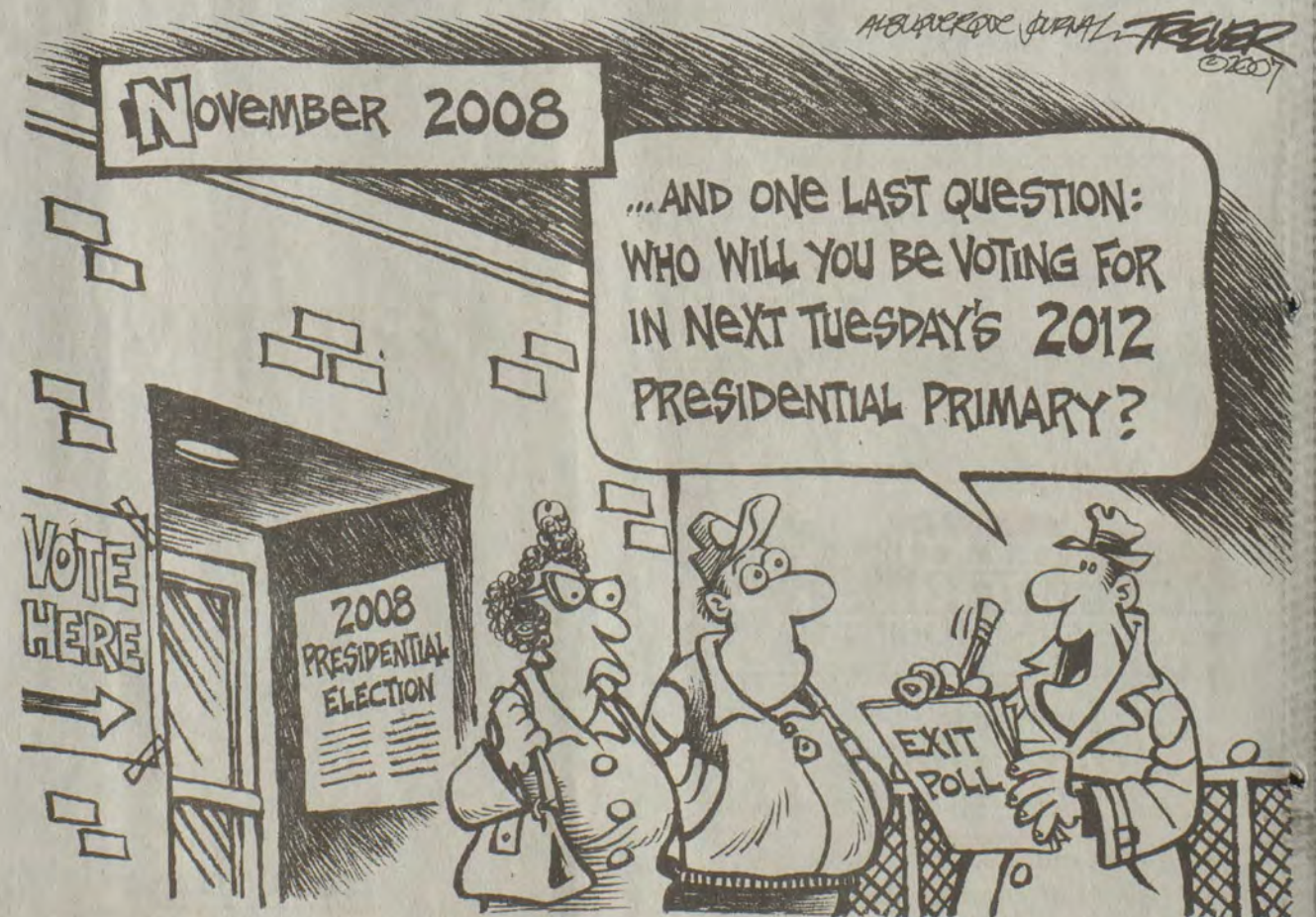
Obama used the word "wasted" in connection with the casualties in Iraq. They were slammed and had to retreat.

But of course the lives lost and ruined by Bush's wars were lost and ruined in vain. For those who fight, a nondefensive war is the epitome of waste. Without the Bush lies about weapons of mass destruction and revenge for 9/11, who would have volunteered to go to Iraq or Afghanistan? Who would have chosen to finance those wars?

War also makes people collectivists. In a free society people go about their own peaceful business, freely joining with others for common causes and mutual benefit. In total war the people become a herd lorded over by the state. It takes most of their incomes, rations their food, and perhaps conscripts them. They are told this sacrifice is necessary because they are all part of a great cause. Those gulled by the politicians feel good about their regimentation and deprivation. But the war and its sacrifices are only for the glory of rulers. The people gain nothing and lose much.

□ □ □

Sheldon Richman is senior fellow at The Future of Freedom Foundation, author of *Tethered Citizens: Time to Repeal the Welfare State*, and editor of *The Freeman* magazine.



Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

The Times

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Rental Central

by TOM DOTY
TIMES COLUMNIST

March went out like a lion this week, for video enthusiasts, with several quality films hitting the racks that ran the spectrum of genres.

■ "Children of Men" — The plot line of this grim drama sounds like a cheesy sci-fi movie of the week. The year is 2027 and fertility is a thing of the past. When a woman finds herself pregnant she becomes vital to the future of mankind and must be spirited away to an enclave of scientists who may be able to steer the race away from extinction upon studying her. What follows is not an action film but a sobering journey through a harsh landscape as a desperate man must get this woman to safety. Clive Owen, Michael Caine (as the world's last hippie) and Julianne Moore star.

■ "Curse of the Golden Flower" — The director of "Hero" and "House of the Flying Daggers" returns with another highbrow martial arts extravaganza that is, once again, a feast for the eyes as well. Amazing fight scenes, out of this world cinematography and elaborate costumes are melded here to a story of intrigue in ancient China and infighting amongst a royal family. Gong Li is fetching as a princess who has outlived her use to her husband, well played by a villainous Chow Yun-Fat.

■ "Happy Feet" — Penguins are in this year and that trend won't be slowed down by this animated effort about a quest to find the cause of a famine afflicting a colony of emperor penguins. The story has plenty of light

moments and an underlying message about accepting others for who they are that is as timely as it is consistently necessary. Elijah Wood, Robin Williams and Hugh Jackman lend their voices.

■ "The Pursuit of Happyness" — Touching drama based on a real life account of the struggles of a single father. Will Smith dials down his usual energy to play a single father who risks everything to change careers and provide a better life for his son in the wake of incredible

hardships.

■ "Pumpkinhead: Ashes to Ashes" — A belated sequel to the Pumpkinhead franchise that centers on a demon who is summoned forth to right wrongs but indiscriminately kills everyone in its wake and winds up teaching its conjurers that revenge isn't always that sweet. Here the demon goes after a family of grave robbers who are led by Pinhead himself, Doug Bradley. Lance Henriksen, who starred in the original, costars as the ghost of his character from the first

installment. Shot in Romania and it premiered on the Sci-Fi Channel, so consumer beware.

■ "Turistas" — American tourists backpacking in Brazil are stranded in the jungle when their bus crashes. Things only get worse when they run into a black market human organ syndicate. You can blame the success of "Hostel" for this one.

Next week look for Matt Damon in "The Good Shepherd" and see a bunch of sorority girls in peril in the remake of "Black Christmas."

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Cinema Two • PG-13 HELD OVER  PREMONITION Mon.-Sun. 7:05-9:30; Fri. (4:30), 7:05-9:30; Sat.-Sun. (2:05-4:30), 7:05-9:30	Cinema Seven • G STARTS FRI., 3/30  MEET THE ROBINSONS Mon.-Sun. 7:10-9:25; Fri. (4:25), 7:10-9:25; Sat.-Sun. (2:10-4:25), 7:10-9:25
Cinema Three • PG-13 HELD OVER  WILD HOGS Mon.-Sun. 7:05-9:30; Fri. (4:30), 7:05-9:30; Sat.-Sun. (2:05-4:30), 7:05-9:30	Cinema Eight • PG-13 STARTS FRI., 3/30  BLADES OF GLORY Mon.-Sun. 7:10-9:25; Fri. (4:25), 7:10-9:25; Sat.-Sun. (2:10-4:25), 7:10-9:25
Cinema Four • R HELD OVER  300 Mon.-Sun. 6:45-9:15; Fri. (4:15), 6:45-9:15; Sat.-Sun. (1:45-4:15), 6:45-9:15	Cinema Nine • R HELD OVER  THE HILLS HAVE EYES 2 Mon.-Sun. 7:15-9:30; Fri. (4:25), 7:15-9:30; Sat.-Sun. (2:15-4:30), 7:15-9:30
Cinema Five HELD OVER  DEAD SILENCE Fri.-Mon.-Sun. 7:10; Fri. (4:25), 7:10; Sat.-Sun. (4:25), 7:10	Cinema Ten • R HELD OVER  SHOOTER Mon.-Sun. 6:45-9:15; Fri. (4:15), 6:45-9:15; Sat.-Sun. (1:45-4:15), 6:45-9:15

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The Home & Garden Expo features various sections with on-going guest speakers which rotate hourly. There is an area showcasing products and services of area businesses and a questions and answer booth with demonstrations and free literature on many various topics. Also, you and your family can have fun with "hands-on" youth and family activities. There are free herb, vegetable, and flower seeds available to all participants.

Come enjoy, have fun, and learn!

Record

Continued from p3

erty location undisclosed.
 Claudette Reffitt to Thomas Edward Reffitt, property location undisclosed.
 Mildred Marie Keese Reffitt to Thomas Edward Reffitt, property location undisclosed.
 Shelby Jean Reynolds to Bobby R. Collins Sr. and Michelle L. Collins, property location undisclosed.
 Shirley D. Rice to Carlos Nadine Booth, William Booth, David Lawrence Legge, W. Lee Legge, Helen S. Spradlin, Roger A. Spradlin, Allen W. Taylor, Linda L. Taylor, property located at State Road Fork.
 Service Link Attorney In Fact to Kayla Ray and Jeremy Tackett, property located at Left Beaver Creek.
 Betty Shepherd to Randall C. and Sherry L. Shepherd, property located at Allen.
 Christine Vandine Simpson to Chad A. Fitzpatrick and Misty Anne Little, property located at Brairwood Subdivision.
 Philip R. Simpson to Chad A. Fitzpatrick and Misty Anne Little, property located at Brairwood Subdivision.
 Floyd P. Spradlin to Carlos Nadine Booth, William Booth, David Lawrence Legge, W. Lee Legge, Helen S. Spradlin, Roger A. Spradlin, Allen W. Taylor, Linda L. Taylor, property located at State Road Fork.
 Helen S. Spradlin to Shirley D. Rice and Floyd P. Spradlin, property located at Abbott.
 Roger A. Spradlin to Shirley D. Rice and Floyd P. Spradlin, property located at

Abbott.
 Betty Jean Stanley to Mark and Miranda Fraley, property located at Middle Creek.
 Paul David Spradlin to Mark and Miranda Fraley, property located at Middle Creek.
 Michelle Staten to Bobby R. Collins Sr. and Michelle L. Collins, property location undisclosed.
 Bonnie Campbell Stephens to Garnard and Phyllis Campbell, property located at Little Paint Creek.
 Allen W. Taylor to Shirley D. Rice and Floyd B. Spradlin, property located at Abbott.
 Linda L. Taylor to Shirley S. Rice and Floyd B. Spradlin, property located at Abbott.
 Brian Wallace to Allen and Shelia Rose, property location undisclosed.

Kenneth Wallace to Allen and Shelia Rose, property location undisclosed.
 Meredith Wallace to Allen and Shelia Rose, property location undisclosed.
 Olivia Wallace to Allen and Shelia Rose, property location undisclosed.
 Virginia B. Wallace to Allen and Shelia Rose, property location undisclosed.
 Bennett L. Blankenship to Clement Edward Blankenship, property location undisclosed.
 Bennett L. Blankenship to Clement E. Blankenship, property location undisclosed.
 Bennett L. Blankenship to Clement E. Blankenship, property location undisclosed.
 Donald Roy Dotson to Clifford Glover and Christina Howard, property located at Auxier.

Darrell Hall to Ernest and Rocky Boyd, property located at Prater Creek.
 Gene H. Hall Trustee to Gene H. Hall, property location undisclosed.
 Gennell Hall to Rocky Boyd, property located at Prater Creek.
 Janet Hall to Robert and Sandra Skeans, property location undisclosed.
 Josie Faye Boyd Hall to Ernest and Rocky Boyd, property located at Prater Creek.
 Kenny Hall to Rocky Boyd, property located at Prater Creek.
 Leon Hall to Betty and Gold Slone, property located at West Prestonsburg.
 Steven W. Hall to Robert and Sandra Skeans, property location undisclosed.
 Zettie Hall to Betty and

Gold Slone, property located at West Prestonsburg.
 Amy Hamilton to Dixie Land Company and Sandy Hamilton, property location undisclosed.
 Tony Hamilton to Dixie Land Company and Sandy Hamilton, property location undisclosed.
 Corbett Edwin Hurt Jr. to Albon Meade and Sons Constructions Company Inc., property location undisclosed.
 Ethel Mae Hurt to Albon Meade and Sons Constructions Company Inc., property location undisclosed.
 Berlyn Little to Amy Marie and William Clay Branham, property located at Weeksbury.
 Gerri Little to Amy Marie and William Clay Branham, property located at Weeksbury.
 Margaret G. Meade to

Lewis Newman, property located at Frasure Creek.
 Warren H. O'Shaughnessy to Judith E. Valade, property located at Big Sandy Land Development.
 Chris Sanchez to David and Sarah Fitch, property located at Spurlock Creek.
 Brittany Spears to Richard Noble and Brittany Spears, property location undisclosed.
 Johnny Ray Turner to Robert and Sandra Skeans, property location undisclosed.
 Linda Turner to Robert and Sandra Skeans, property location undisclosed.
 Michael Dean Watkins to Brittany Hope Watkins, property located at Abbott Creek.
 Michael Dean Watkins to Brittany Hope Watkins, property located at Shaun Howell Subdivision.

Obituaries

Continued from p2
 Nelson-Frazier Funeral Home, in Martin, with Tommy Reed and David Profitt officiating.
 Burial will be in the Emma Family Cemetery, in Emma, under the direction of Nelson-Frazier Funeral Home.
 Visitation is at the funeral home.
 Active pallbearers: Jamsie Mollett, Charles Wright Jr., Timothy Carr, John Garrett, Scotty Garrett, Ricky Donald Wright II, Steven Chaffin, Rust West, Tony West, and Hugh Sammons.
 Honorary pallbearers: Doug Branham, Charlie Wright, Ricky Wright, J. B. Wright, Ernest K. Burchett, Tommy Nelson, and Gary Carr.
 www.nelsonfrazierfuneralhome.com
 (Paid obituary)

Strike

Continued from p1
 According to Candace Elkins, a representative for ARH, in the event of a strike ARH wishes to assure surrounding communities that they have the intentions of remaining open and have made arrangements to continue to provide care to their patients.
 Elkins also says that progress is being made and they are working toward a solution by the end of contract on April 1.

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Store

from miles around come to the store to get great deals on name brand shoes with prices that can't be beat anywhere else. But it's not just about the shoes, say many who have been visiting the store since its beginning 36 years ago. It's about catching up on family, friends and overall everyday life.

Both Owens and Prater have watched the town blossom over the years. From the storefront windows they witnessed the construction of the new courthouse and can usually tell you who has had business with the judge that day. The store has been through countless floods, most occurring after hours, with one in particular catching the two some right in the middle of a workday.

"The water just kept coming in and we tried to dip it out at the back door," said Prater.

"But we looked down and saw that we were standing in ankle deep water and decided it was time to go home," said Owens, while finishing her comrade's sentence.

Their comments go to show how much diligence they both possess and how attached they became to the store, willing to wade water to keep the store going.

The owner of the store, Pauline Campbell, says it's just time for her to retire. She's the second owner of the chain of stores which have been in operation for nearly 40 years.

Although Owens and Prater know they probably won't seek other jobs, they say they'll find some way to keep

themselves busy. Owens says she's always wanted to keep up with her housework better and she'll have plenty of time to work in her garden this year.

Prater breathes a sigh of relief, seeing as how she's recently been hospitalized for pneumonia, and she'll have time to pay more attention to

her health.

A day before its closing, the owner of Factory Outlet sold the business to Vickie Spencer, an employee at Cooley Medical in Prestonsburg. She says she and her family had been looking for a nice business to venture into and the opportunity to reopen this

store was a blessing.

"It's been an icon in town for so long," said Spencer. "We see the store as a really good business opportunity."

Spencer plans to reopen under new management soon and says not much will change about the store, noting that it is already very well established.

However, Owens and Prater say they will not be returning.

The store closed its doors on Thursday and not only did they pack up some of the remaining shoes, they packed up memories of something that began as a job and ended as a piece of their lives they and others will truly miss.

Mayor

funds.

According to Fannin, he requested an account history from the bank and found out that Vandine had allegedly withdrawn more than \$170,000 in cash and, upon further investigation, Vandine had allegedly failed to pay taxes owed by the company for the entire year of 2006.

Fannin then alleges that he contacted Vandine and asked that he purchase his portion of the company for the \$35,000 originally given for it. During this time, a criminal investigation against Vandine was allegedly pending in regards to money paid through T&K Signs, for which Vandine allegedly provided evidence requested in the form of shredded invoices.

In January of this year, Fannin and Vandine negotiated a sale of Fannin's interest in the company and agreed all matters between them, including any future prosecution of Vandine, would end.

During the 2007 campaign, Fannin alleges that he paid all purchases for campaign signs in full. Documents also allege that the corporation was dissolved in November 2006, before the time when Simpson

claims he purchased the accounts receivable for the company.

Fannin is claiming that Simpson is acting in retaliation for money paid in restitution for his stepson in regards to Vandine's purchase of Fannin's share of the company.

According to court documents, Vandine's mother is the owner of what is now T&K Signs and Window Tinting, operated from the same location as T&K Signs and More once was.

The motion for dismissal says that Simpson's suit has no legal basis and requests the court dismiss the claim and reimburse Fannin for his legal fees.

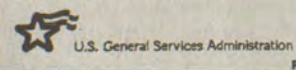
Bomb

Continued from p1

Back's vehicle was parked near a call center where he works, which is adjacent to the courthouse. The street in front of the plaza was blocked for nearly four hours and nearby offices evacuated while a state police bomb squad removed the device Monday evening.

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ASSEMBLY OF GOD
First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister.
In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.
New Bethel Assembly of God, Burning Fork Rd., Salyersville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.
Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

BAPTIST
Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.
Auxiler Freewill Baptist, Auxiler; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.
Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.
Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.

Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m.; Vera Joiner, 886-3863, ext. 67267.
Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.
Brandy Keg Freewill Baptist, Com Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Roger Music, Minister.
Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.

Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.
Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathon Lafferty, Minister.
Daniels Creek Baptist Fellowship Church of God, Banner Services; Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.
Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister.
Endicott Freewill Baptist, Buffalo; Sun. School, 10 a.m.; Church every Sun. Morning 11:15 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; Third Sun. evening Service, 6 p.m.; First Sat. evening Service, 7 p.m. Hobert Meek, Pastor, welcomes everyone.

Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Stuart E. Swanberg.
Faith Freewill Baptist, 1/4 mile above Worldwide Egypt on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Buddy Jones, Minister.
First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.
First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

First Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minister.
Filpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.
Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7 p.m.
Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.
Grethel Baptist, State Rt. 3379, (Branchman's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Crace, pastor; Assist. Larry Patton. Phone 358-4275.
Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.
Jacks Creek Baptist, Bevinville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trundy.
Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jim Price, Minister.
Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.

Lancer Baptist Church; 71 Cooley St., Prestonsburg; Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m., Evening Worship, 6:00 p.m., Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter
Liberty Baptist, Denver; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.
Ligon Community Freewill Baptist, Ligon; Sunday Service, Sunday, 11:00 a.m. Thursday, 7 p.m.
Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.


Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.
Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Vamey, Minister.
McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.
Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Eugene Cook, Minister.

Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home phone 285-3385
Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.
Pleasant Valley Old Regular Baptist Church, Tinker Fork; Meeting time 1st Saturday & Sunday of each month, 3rd Sunday Evening at 6:00 p.m.; Moderator, Gary Compton; Assist. Moderator, Jimmy Conley.
Prater Creek Baptist, Banner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; J.B. Hall, Pastor. Phone: (606) 874-3222.
Rock Fork Freewill Baptist; Garrett Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.

Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Crace Jr., Assistant Pastor.
Salt Lick United Baptist, Salt Lick, Hueysville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123.
Sammy Clark Branch Freewill Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.
Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.
The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Phillip Ramey, Pastor.

Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.
Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.
Trimble Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m., Youth Services 7 p.m.; Everyone Welcome.
United Community Baptist, Hwy. 7, Hueysville; Worship Service, 2 p.m.; Friday, 7 p.m.; Carlos Beverly, Minister.

Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferrari, Minister.
CATHOLIC
St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday; Father Robert Damron, pastor.
CHRISTIAN
First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.
Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sherm Williams, Minister.
CHURCH OF CHRIST
Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.
Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.
Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; James H. Harmon, Minister.

Devotional Spotlight

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Wednesday 7 PM
Attention Church Organizations, send in a picture of your church, pastor, or youth leaders.

Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.
Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Vamey, Minister.
Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonnie Meade, Minister.
Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.
Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m. Gary Mitchell, Minister.
Maytown Church of Christ, 66 Turkey Creek Rd., Langley; Sunday Bible Study 10:00 a.m.; Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible Study 6:00 p.m.
Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy Dale Bush, Minister.
Weeksbury Church of Christ; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m. Mike Hall, Minister.

CHURCH OF GOD
Betsy Layne Church of God, Old U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.
Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.
First Church of God; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.
Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Donald Bragg, Minister.
Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.
Little Paint First Church of God, 671 Little Paint Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Heater Jr., Minister.
The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

EPISCOPAL
St. James Episcopal; Sunday Service, 9:45 a.m.; Holy Eucharist 11:00 a.m. Wednesday Study Group 6:00p.m., Holy Eucharist & Healing 7:30 p.m. Father Johnnie E. Ross, Rector.

LUTHERAN
Our Savior Lutheran, Sipp Bayes Room Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLV (600 am) 12:05 p.m.; Roland Bentrup, Minister.

METHODIST
Auxiler United Methodist, Auxiler; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Garfield Potter, Minister.
Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.
Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.
Community United Methodist, 141 Burke Avenue (off University Drive and Neeley St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steve Pesocoslido, Minister.
Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.
Emma United Methodist, Emma; Sunday School 10 a.m., Sunday Worship Service 11 a.m.; Pastor David Proff.

First United Methodist, 256 South Arnold Avenue; 9 a.m. Contemporary Service; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m. and 5 p.m. UMYS Service; Wednesday, 7 p.m.; Mark D. Walz, Pastor.
Horn Chapel Methodist, Auxiler Road, Auxiler; Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Mid-week Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Larry J. Penix, Minister.
Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.
Salisbury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.

Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.
Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.
Vogel Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor.
Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.
Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister.

Free Pentecostal Church of God, Weeksbury; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John "Jay" Patton, Minister.
Free Pentecostal Deliverance, Ext. 46 off Mt., Parkway at Campton; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Crider, Minister.
Free Pentecostal Holiness, Rt. 122, Upper Burton; Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis Sanlan, Minister; David Pike, Associate Minister.
Goodloe Pentecostal, Rt. 850, David; Worship Service, 6 p.m.; Malcolm Stone, Minister.
Parkway First Calvary Pentecostal, Floyd and Magoffin County Line; ; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister. 297-6262.
Trinity Chapel Pentecostal Holiness, Main St., Martin; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Ellis J. Stevens, Minister.

Free Pentecostal Church, Dwale; Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.
PRESBYTERIAN
Drift Presbyterian, Route 1101, Drift; Worship Service, 11 a.m.
First Presbyterian, North Lake Drive; Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev. Vicki Poole, pastor.

SEVENTH DAY ADVENTIST
Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3459, leave message. Everyone welcome!
THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS
The Church of Jesus Christ of Latter-Day Saints; Sacrament Mtg., 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Priesthood/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Ken Carriere, Bishop.

OTHER
Pastor Atha Johnson welcomes everyone to attend services at the CHURCH OF GOD OF PROPHECY TRAM KENTUCKY. Sunday school 10 a.m., Worship service 11 a.m.
Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30 p.m.
Grace Fellowship Prestonsburg, (next to old flea market), Sunday School, 10 a.m. Worship, 11 a.m. Rev. Bill Stukenberg, Pastor 889-0905.
Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.
Faith Revelation Ministry, 1/4 mile above Worldwide Equipment; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Randy Hagans, Minister.
Faith Worship Center, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.

Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 p.m.; Lavonne Lafferty, Minister.
Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.
Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor: Curt Howard.
Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m., Saturday/Sunday.

Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.
Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-1003.
Town Branch Church; Sunday School 10 a.m. except for first Sunday in each month; Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.
The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.

The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Aiken.
Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.
Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayer Line: 358-2001; Darlene W. Amette, Pastor

Taylor Chapel Community Church, formerly the old Price Food Service building, located 1/4 quarter mile above Worldwide Equipment, Rt. 1428. Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m. Kerry Vanderpool, Pastor.
International Pentecostal Holiness Church, 10974 N. Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor.
Rising Sun Ministries, 78 Court Street, Allen, Ky.; Sunday, 10:30 a.m.; Wednesday, 6:30 p.m. Pastor: D.P. Curry.
Church of God of Prophecy, Sunday School 10 a.m., Worship Service 11 a.m., Sunday Night - 6 p.m., Wednesday Night - 6 p.m. Pastor Glenn Hayes, West Prestonsburg.

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INSIDESPORTS

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- Softball tourney • page A11

ON TARGET FOR THE WEEKEND

The District Archery Tournament will be held on Saturday at Adams Middle School. The district competition is scheduled to get underway Saturday morning at 10 a.m.

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Big Blue Caravan schedule released

by STEVE LeMASTER
SPORTS EDITOR

LEXINGTON – The 2007 edition of the Big Blue Caravan won't be making a stop in Prestonsburg at StoneCrest Golf Course. The Floyd County golf course has welcomed in the Caravan and University of Kentucky representatives in previous years. The 2007 Caravan schedule, includes five stops, one of which will take the Big Blue contingent into neighboring Tennessee.

The annual Big Blue Caravan is returning to four different communities around the Commonwealth. UK coaches and Athletics Director Mitch Barnhart will join several of the school's dedicated student-athletes for the journey. The Caravan

allows loyal and dedicated UK fans the opportunity to interact with Wildcat coaches and other members of the athletics department.

The typical daily order of events shapes up like this: Golf registration begins; Boxed meal served; Golf tee time; Buffet dinner. The Caravan will kick off in Louisville and tour five communities, winding up on May 21 in Union.

The 2007 Big Blue Caravan Schedule (subject to change) is as follows: May 7 at The Polo Fields Golf and Country Club, Louisville, Tee time - 1 p.m. EDT; May 11 at University Club of Kentucky, Lexington, Tee time - 1 p.m. EDT; May 16 at Country Club of Paducah, Paducah, Tee time - 10 a.m. CDT; May 17 at Legends Club, Franklin, Tenn., Tee time - 8 a.m. CDT; May 21 at Triple Crown Country Club, Union, Tee time - 1 p.m. EDT.



HONORED: Allen Central High School Coach John Martin received the 15th Region Coach of the Year Award at Rupp Arena last week during the Boys' Sweet 16 state basketball tournament.

photo by Jamie Howell

PCC levels Lady Raiders

TIMES STAFF REPORT

HAZARD – The South Floyd High softball team suffered its second loss to a 14th Region team in as many outings Wednesday, falling on the road at Perry County Central. The Lady Commodores allowed South Floyd just a couple of runs, beating the Lady Raiders 17-2.

South Floyd struck first, scoring one run in its first at-bat in the top half of the opening inning. Perry County Central came across with two runs in the bottom half of the first inning and never trailed again.

Angel Crisp led the South Floyd offensive effort, going 2-for-3 at the plate. Lindsey Dye, Trista Damron and Nikesha Thornsberry each had one hit for the Lady Raiders. Dye scored one of South Floyd's two runs. Damron smacked a double, driving in a run for visiting South Floyd.

Faith Johnson, after drawing

(See PCC, page ten)

Lady Blackcats edge Belfry 12-10

TIMES STAFF REPORT

BELFRY – Prestonsburg scored a pair of runs in the bottom half of the ninth inning and broke open a 10-10 tie Tuesday on the road against Belfry. The Lady Blackcat softball team posted its first win of the new season, beating Belfry 12-10.

Alisha Mayfield scored three runs for the Lady Blackcats. The Prestonsburg batting order was effective from top to bottom. Leadoff hitter Brittany Collins and cleanup batter Linsey Fields both scored twice.

Alexis DeRossett pitched and earned the win for Prestonsburg (1-1).

The two teams exchanged runs in the first inning, leaving the game knotted at 1-1. Belfry plated three runs in the top half of the second inning to go out in front 4-1. The two teams were tied 4-4 at the start of the fourth inning. Belfry went back out in front and led 6-5 at the end of the

(See BLACKCATS, page ten)

Kinzer team debuts new racecar

TIMES STAFF REPORT

ALLEN – The Brandon Kinzer Motorsports team debuted a new GRT racecar last Friday night at Volunteer Speedway in Bulls Gap, Tenn. Brandon Kinzer laid down a strong lap in qualifying, good enough for third-fastest time overall. But when Kinzer took to the track for the \$2,000 to win feature event, track officials

told him that he was to start 11th instead of from the inside of the second row. Instead of hanging his head due to his improper starting position, Kinzer got up on the wheel of the new No. 18 GRT machine and started his march to the front of the field. After advancing several spots, the Allen native once again suffered some bad misfortune. The bearing in his steering shaft seized up, which caused him to nearly hit the wall at the ultra-fast Volunteer State speedplant. Kinzer was able to keep the car off of the wall, despite the steering problems. The Kentucky driver managed to finish 20th.



TOURNAMENT CHAMPION: Ashland Softball, coached by Bill Klaiber, finished first in the inaugural Rage Against Drugs Softball Tournament held over the weekend at Archer Park. More on the tournament, including photos of the other six participating teams, appears inside today's edition.

photo by Joy Baldridge

HOME TURF



photos by Jamie Howell

Prestonsburg entertained Paintsville and Johnson Central during a home meet Tuesday evening. Prestonsburg track and school records fell during the meet.

Blackcat track and field program hosts meet

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG – The Prestonsburg High track and field program hosted rivals Johnson Central and Paintsville Tuesday evening in its first home meet of the season.

Prestonsburg won the girls' team competition. Paintsville edged the Blackcats in the boys' portion of the meet.

Final team rankings were as follows: Girls (16 events scored) – 1. Prestonsburg, 74; 2. Paintsville, 59; 3. Johnson Central, 24. Boys (12 events scored) – 1. Paintsville, 52; 2. Prestonsburg, 50.

Prestonsburg managed to set both track and school records during the meet.

■ Hannah Fitzpatrick: Track and School Record – 800 Meter Run (2:51.26).

■ Elizabeth Chaffin: Track Record – 1600 Meters (6:38.98).

■ Emily Stanley: Track Record – 100 Meter Hurdles (19.85), 300 Meter Hurdles (57.11) and High Jump (4-06.00).

■ Chayse Martin: Track Record – High Jump (5-04.00).

Other first-place female finishers for Prestonsburg were Alli Hopkins (400 Meter Dash); Amber Whitaker (200 Meter Run); Jackie Joseph (200 Meter Run); Beth Allen (200 Meter Run); the 4x100 Meter Relay team of Jackie Joseph, Kelli Burchell, Beth Allen, Amber Whitaker; and the 4x200 Meter Relay team of Jackie Joseph, Kelli Burchell, Beth Allen, Amber Whitaker.

Other first-place boys' finishers for Prestonsburg were Martin (400 Meter Dash); Matt Blevins (400 Meter Dash); Taylor Clark (200 Meter Dash); Kaegan Dove (800 Meter Run); Wes Woods (Shot Put); and Nick Yonts (Shot Put).

"Overall, good numbers for the first meet of the year," said Prestonsburg Coach Dewey Jamerson. "These are numbers that you really build on."

Fitzpatrick's efforts caught the attention of many, including her coach.

"Hannah (Fitzpatrick) is also within 0.50 seconds of the school record for the 400 meter dash and this is her first year running," Jamerson added.



Cards fold Rebels

by STEVE LeMASTER
SPORTS EDITOR

ALLEN – Starting pitcher Brady Horn turned in a solid effort on the mound and the visiting team's bats were alive and well Tuesday evening as defending 15th Region champion Sheldon Clark posted an 18-5 win over host Allen Central.

Horn earned the win for Sheldon Clark. Daniel Harless and Chris Ward also pitched for the Cardinals.

Sheldon Clark wasted very little time in going out in front of Allen Central. The Cardinals scored seven runs in the first inning before Allen Central recorded its first out.

Sophomore pitcher Josh Prater took the loss for the Rebels.

"We were not ready to play this game," commented Allen Central Coach Kenneth Johnson. "We did not prepare ourselves mentally or physically. We are a young team this year and we're still trying to find out what we're made of. We have a tough schedule, and our young underclass-

(See FOLD, page ten)

Blackcats drop opener to JC

by STEVE LeMASTER
SPORTS EDITOR

PAINTSVILLE – Prestonsburg committed seven errors Monday evening in its season-opener against perennial 15th Region title contender Johnson Central. The two prep baseball squads combined to commit 10 errors. But Johnson Central provided the most hitting and made the most of Prestonsburg's miscues. The Golden Eagles scored 11 runs on eight hits. Johnson Central held the Blackcats to just two hits, beating Prestonsburg 11-1 in the season-opener.

Despite the final score, it wasn't all rough sailing for the Prestonsburg Blackcats. Prestonsburg got on the scoreboard first.

Prestonsburg's Bobby Hughes scored on a Johnson Central in the top half of the first inning, accounting for what was ultimately the only run of the game.

(See DROP, page ten)

Blackcats

fourth inning. The Lady Pirates maintained some sort of lead before Prestonsburg rallied for four runs in the seventh inning. Prestonsburg led 10-9 before Belfry came across with a lone run in its final regulation at-bat.

The Lady Blackcat defense tightened up after the fifth inning, holding Belfry (0-2) to just two runs in its last four plate appearances.

Collins and Alisha Mayfield each scored for Prestonsburg in the top half of the 12th inning. Erica Meade, Whitney Caudill, Rikki Hughes, Katie LeMaster and Laken Lowe each scored once for the Lady Blackcats.

Nikki Dotson suffered the loss for the Lady Pirates.

Prestonsburg was back in action Thursday evening on the road at Knott County Central. The P'burg-KCC game ended too late to make this edition.

Johnson Central 12, Prestonsburg 2: Johnson Central pitcher Sarah Williams fanned 10 batters in six innings as the Lady Eagles turned back Prestonsburg Monday evening in a season-opener for both squads. The Lady Eagles won via the mercy rule. Johnson Central never trailed. The Lady Eagles jumped out to a 4-0 lead in the first inning before Prestonsburg struck for its first

runs. Linsey Fields reached on an error to open up the second for the Lady Blackcats. Fields eventually scored for Prestonsburg when Katie LeMaster grounded out to first. Johnson Central scored runs in each inning. Prestonsburg scored its only other run in the top half of the fifth inning, keeping the game within reach. Leadoff hitter Brittany Collins, back to action following an injury, scored Prestonsburg's second and final run. The Lady Eagles scored two runs in each of the third, fourth and fifth innings. Jordan Rice provided Johnson Central's game-winning hit in the bottom half of the sixth inning.

KCC

a walk, scored for South Floyd.

Thornberry, Andrea Conn and Tara Gearheart also drew

walks for the Lady Raiders.

Following the loss, South Floyd fell to 0-2. The game was a season-opener for Perry

County Central (1-0).

PCF.....2 0 4 0 11 x-17
SF.....1 0 1 0 0 0-2

Fold

men have to come to the field in preparation for who they're playing. This is something that will take some time. We just have to keep working hard."

Allen Central was able to chip away at Sheldon Clark's early lead. The Rebels scored a trio of runs, cutting Sheldon Clark's advantage down to a 7-3 lead. But the Cardinals added more runs and won

handily.

"We had a rough first inning, finding ourselves down 7-0 before we got an out," Johnson added. "We just weren't prepared. After the first, we settled down, and played good baseball for about four innings. We put a few runs on the board and cut it to 7-3 at one point, but then our inexperience got us again. We

just haven't been making smart plays, and we've been committing too many errors. Hopefully, the more we play, the more confident our young guys will become in their roles."

Allen Central was hosting Pikeville at press time Thursday evening. The AC-Pikeville game ended too late to make today's edition.

Drop

for the Blackcats. Johnson Central batted through its order the first time up and held a commanding 7-1 lead at the conclusion of the initial inning.

After holding Prestonsburg scoreless in the top half of the second inning, Johnson Central added two more runs. The Golden Eagles scored their last two runs in the bottom portion of the fifth inning as the game

ended via the mercy rule.

Mike Conley tossed four innings and earned the pitching win for the Golden Eagles (1-0). Conley helped his cause at the plate, going 2-for-3 and driving in four runs.

Prestonsburg junior pitcher Josh Rodebaugh got the start and pitched well at times. Seven defensive errors took a toll on the Blackcats (0-1) in

the season-opener.

Blackcats scratch Phelps: Prestonsburg defeated host Phelps 13-4 on Tuesday for its first win. Complete statistics from the game were unavailable at press time. The Blackcats were back in action Thursday evening on the road at East Ridge. More on each of the two games will appear in Sunday's edition.

Talented Tigers too much for Bobcats

TIMES STAFF REPORT

PAINTSVILLE - Playing on the road Monday evening at Charlie Adkins Field, visiting Betsy Layne struck first against the host Paintsville Tigers. In a game that served as a season-opener for both high school baseball teams, Betsy Layne scored the game's first run in the top half of the opening inning, then was never heard from again. Paintsville answered with 16 runs on nine hits in five innings. The Tigers won easi-

ly, beating the Bobcats 16-1 via the mercy rule.

Brennan Case got Betsy Layne going in the top half of the first inning when he doubled. Shawn Keathley delivered a two-out single, allowing Betsy Layne to score its first and only run. Heath Tackett also provided a single for the Bobcats. Paintsville senior pitcher Jonathan Miller, however, proved to be in complete control. Betsy Layne managed just three hits off of the Paintsville senior hurler. The Bobcats also struggled defensively, committing five errors.

Paintsville scored two runs in its first at-bat and added eight runs the second time around to take a 10-1 lead into the third inning.

Corey Adams paced Paintsville offensively, going 3-for-3 while driving in two runs and scoring four times.

Miller picked up the win for Paintsville, tossing four innings and striking out nine batters while allowing just one earned run. Travis Ison pitched the final inning for the Tigers: Patrick Butcher was 2-for-2 for the Tigers. Cory Humphrey, Daniel Pugh, Kyle Sublett and J.D. VanHoose each had one hit for Paintsville.

Travis Hamilton took the loss for Betsy Layne (0-1), giving up 13 runs on six hits in three innings. Tackett pitched one inning for the Bobcats.

Betsy Layne...100 00-1
Paintsville.....283 3x-16

ATHLETES OF THE WEEK



Hannah Fitzpatrick,
Prestonsburg
Track & Field



Hunter Crowder,
Allen Central
Baseball

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Lady Raiders fall to KCC

by STEVE LeMASTER
SPORTS EDITOR

MINNIE - The South Floyd High School fast-pitch softball team dropped its season-opener Monday, falling at home against visiting Knott County Central. The Lady Patriots plated four runs in the first inning and never trailed en route to a convincing 17-6 win.

The game went the regulation seven innings. Knott Central finished very strong, scoring eight runs in its final at-bat.

After jumping out to a 4-0 lead, Knott Central only surrendered one more run before adding to its lead. South Floyd scored its first run in the bottom half of the second inning. The Lady Patriots scored five runs in the top half of the fifth inning. Knott Central led 9-1 heading into the sixth inning. The Lady Raiders managed to score five runs in the last two innings.

Andrea Conn went 2-for-3, driving in a pair of runs for the Lady Raiders. Branda Hamby, Trista Damron, Tori Castle and Amber Tackett each had one hit for homestanding South Floyd. Damron drove in two runs in the season-opener. Hamby and Damron each doubled for the Lady Raiders.

Damron pitched 6 1/3 innings for the Lady Raiders, fanning seven batters. Dye pitched the other 2/3 innings for South Floyd, striking out a pair of batters.

SF.....0 1 0 0 3 2-6
KCC.....4 0 0 5 0 8-17

Dates set for PC Basketball Camp

TIMES STAFF REPORT

PIKEVILLE - Pikeville College and coach Kelly Wells will be hosting their 2007 Youth Basketball Camp for ages 6-14 on June 11-14, and for grades 9-12 on July 2-5 at the Pikeville College Gymnasium. There is a \$100 registration fee, which includes a \$50 nonrefundable deposit. Each camper will receive a T-shirt, certificate of participation and a PC camp basketball. Awards will also be given for contest winners throughout the week. For more information, call Wells at 606/218-5352 or email kwells@pc.edu.

Thunder At the Y: The Huntington YMCA and the West Virginia Thunder Basketball Club will be hosting a double-elimination boys/girls youth basketball tournament for the age groups in grades four, five and six March 30-April 1.

For additional information, call Larry Lambert at 304/633-3718, Scott Johnson at 304/412-0452, Brian Byrd at 304/697-7113, or go online to www.wvthunder.com.

UK hires firm to assist with coaching search

by JEFFREY McMURRAY
ASSOCIATED PRESS

LEXINGTON - The same executive search firm that helped lure Tubby Smith away from the University of Kentucky is now aiding in the search for his replacement.

Tubby Smith's wife to be replaced on horse racing board

THE ASSOCIATED PRESS

FRANKFORT - The wife of former Kentucky coach Tubby Smith will be replaced on the state's Horse Racing Authority board, where she had served for three years.

Donna Smith's term ended in January, but she will remain

Atlanta-based Parker Executive Search lists the Kentucky men's basketball coaching position on its Web site as one of the company's current assignments.

President Dan Parker didn't return calls Wednesday from The Associated Press. His secretary said Parker was out of town.

Kentucky media relations director Scott Stricklin declined to confirm that a search firm had been hired.

Other current assignments

listed by the firm include basketball coaching jobs at Iowa, Northern Illinois and Denver, as well as the position of vice president for education services at the NCAA.

Smith, who spent 10 seasons at Kentucky, left last week to take the head coaching position at Minnesota.

The Wildcats went 22-12 this season and made it to the NCAA tournament, but lost to top-seeded Kansas in the second round.

Phelps doubles up AC in opener

by STEVE LeMASTER
SPORTS EDITOR

ALLEN - Allen Central fell behind 8-0 Monday in its season-opener versus Phelps. The Baseball Rebels couldn't overcome the slow start. Allen Central scored four unanswered runs after spotting the Hornets the early advantage, but still fell short. Phelps prevailed in the opener, winning 8-4.

Dillon Stiltner recorded the win for visiting Phelps. Stiltner pitched five innings, recording six strikeouts and allowing just three hits. The Phelps starting pitcher hit one batter.

Alex Hammonds suffered the loss for Allen Central. In 1 2/3 innings, Hammonds gave up one hit and walked four batters. Hammonds fanned two batters in the season-opener.

"We are a young team this year," said Allen Central Coach Kenneth Johnson. "I started five freshmen in the opening game versus Phelps. But just because we're young doesn't mean we're down this year. We have some good young talent."

Errors hurt the Rebels. Allen Central outthit Phelps 6-3.

"Our biggest fault was that we did not do the little things," Johnson added. "Alex (Hammonds) started out pretty good, but then couldn't find the strike zone. He had a bunch of walks, but when he came out we were only down 2-0, and very fortunate to only be down by two."

Logan Crowder, a freshman, came in and shut down Phelps in the third inning. But in the fourth inning, Allen Central didn't make plays behind its

pitcher, committing four errors and allowing Phelps to get four more runs. Crowder pitched into the sixth inning, when Chris Stumbo, another freshman pitcher, took over. Again, walks and unforced errors allowed Phelps to get two more runs and move ahead 8-0.

Phelps benefitted from good pitching.

"Phelps has one very talented pitcher, who is one of the top pitchers in our region, in Dillon Stiltner," Johnson commented. "He is a good lefty with a sneaky fastball, and a decent offspeed pitch. He pitched well through five (innings), allowing only three hits. However, we did hit him pretty good, but we could never find any holes."

Allen Central scored three runs on three hits in the sixth inning, but couldn't make up for the slow start. The Rebels got the sixth inning runs off of a Phelps relief pitcher.

Phelps managed to score its eight runs on three hits, 12 walks and eight errors.

"The positive side is that the errors were learning plays and not just bad plays," said Johnson. "When our boys get a few games under their belt, we will beat a lot of teams that may overlook us."

Offensively, Hammonds and Hunter Crowder went 2-for-3 at the plate and led defending 58th District champ Allen Central. Ethan Conley and John Bryant each went 1-for-3 for the Rebels. Crowder and Bryant each had triples for Allen Central. Hammonds and Conley each had a double in the loss.



P'BURG TRACK AND FIELD: The Prestonsburg girls' track and field team finished first over Paintsville and Johnson Central in Tuesday's meet. The Prestonsburg boys ended the meet second behind Paintsville.

photo by Jamie Howell



CAREER MILESTONE: Paintsville High School Coach Bill Mike Runyon was honored for 500 career wins one week ago during the state tournament.

photo by Jamie Howell

BENTLEY COLUMN: Billy D. to Kentucky...maybe

by RICK BENTLEY
TIMES COLUMNIST

It's been a pretty hectic week, what with rumors and questions flying around about the coaching situation at the University of Kentucky.

I thought it was interesting when I read about a professor at UK who got sucked into the hype. Hearing from a student the false report from The Cats' Pause that the Kentucky had agreed to a seven-year deal with Billy Donovan, she ran across the hall to share the news with a colleague.

One thing is certain: There are rumors flying everywhere, and everybody knows somebody's realtor or gardener who knows something about somebody who absolutely knows what their talking about.

We mentioned earlier this week the most often-asked question we've heard is, "Who's gonna be the coach?" Of course, I know about as much as the next person, and I've heard about as many rumors as everybody else too.

But before we get too carried away here, let's make this clear. Again, what is to follow is only my opinion, but that's why you come to this page

each Friday, so here goes:

I believe Billy Donovan is the right man for the job. And I believe he's at least a little interested. He started fielding these questions as soon as his Sweet 16 game ended on Friday night. If he wasn't interested, he's had ample opportunity to say so.

He's yet to squelch the rumors, so you've got to believe he's interested.

Furthermore, I was also intrigued by how he answered the question when posed to him on Friday. He wasn't agitated by the query; he didn't seem disturbed by it at all. He didn't say "I know nothing about it," "I'm focused on the task at hand," or "I can't believe you're asking me that here."

What he said, and this is a paraphrase because I don't think it's worth doing a lengthy Internet search for, was that it wasn't his decision to make, that was up to the folks at Kentucky and they'd make the right decision when the time comes.

Allow me to say this: If you're in the Billy Donovan camp right now, you need to re-read that graph. And when you're through and rejoin the rest of us here, you'll realize that there's not one ounce of "I don't care about Kentucky" in it.

I too have heard the rumors about this, that Billy and his family bought a farm in Lexington, that his daughter is really into horses, that it's already been signed. Sorry, but I don't believe a lot of that.

What I do believe is he's at least interested. I will also repeat what I wrote last Saturday: I have no idea why he'd be interested. He's a god in Florida, can basically do no wrong, whereas Kentucky's fan base just ran off one of his mentors and good friends.

One thing I read that interested me about Donovan's situation at Florida is that the 12,000-seat arena the Chest-Thumping Noah's call home was only sold out for one (count 'em, 1) non-conference game this season. That's coming off a national championship, and that is just sad.

Another question I've heard pretty regularly is, "Who do you want to see coach the Cats?" That's an easy one there, one I answer unapologetically: I wanted to see Tubby Smith coach the Cats, so clearly, I'm not getting my way. It's not about who I want at this point; the guy I want is ice fishing in Minnesota.

What worries me is this: What happens if it all falls through, if Billy decides he's too smart to fall for all this and doesn't want to compete against his old coach who is 75 miles

down the interstate.

Then we've got problems.

The list is lengthy, mostly because there's not a real solid name on it. To be honest, I don't truly care for any of them. The one I like best is Tom Izzo of Michigan State, but the complaint I guess I got most tired of hearing during Smith's tenure was the style of play was too boring, and Izzo wouldn't change that enough so you'd notice.

Of the rest, who do you like? The names I hear are Mike Brey (Notre Dame), Tom Crean (Marquette), Billy Gillispie (Texas A&M), Jay Wright (Villanova), and, gulp, John Thompson III (Georgetown).

And don't let any contract extension in Memphis lead you to believe John Calipari wouldn't walk to Lexington with a case of hair gel on his back for the job.

Need I go through them and tell you why they aren't high on my list? Didn't think so.

OK, now that we're nearing the end, let me do this: Here's my prediction. I've heard rumors and different things, and I want to make this clear: I know absolutely nothing for sure. I haven't talked with anybody, haven't gotten the scoop from anybody, and for the record, I haven't personally talked with my friend Donnie Jones (Donovan's top assistant at Florida) in

an embarrassingly long time. But trust me when I tell you, this ain't the time to be calling him.

So here goes: Donovan comes to Kentucky. He pulls a surprise and brings John Pelphrey back to Lexington as his top assistant (there's got to be a reason he hasn't landed at Michigan, Iowa, or South Florida yet).

And Jones goes back home and takes the Marshall job, starting his head coaching career in a winnable league (Conference USA) but one with enough credibility to make it a very lucrative position.

Now, if that happens, both Patterson and Lucas will be on the next bus to Lexington and Mason County's senior-to-be Darius Miller will spend the summer in Wildcat Lodge, practicing his signature for the early period when he too can become a Cat.

But if it hasn't happened by next week's column, we're in trouble.

If it doesn't happen, this thing will have officially blown up in our faces faster than Arkansas firing Stan Heath and not being able to find the phone number for Gillispie.

It's prayer time, Cat fans.

And for starters, I'd pray for a Florida repeat on Monday. That will make it a lot easier for Billy the Kid to become Billy the Cat.



Rick Bentley

RAGE AGAINST DRUGS

First-ever Rage Against Drugs Softball Tournament held

TIMES STAFF REPORT

PRESTONSBURG - The beautiful weather, a park full of fans and competitive teams made the first-ever Rage Against Drugs Softball Tournament a roaring success. The tournament served as a great warmup for the 2007 season for local teams as

well as teams that traveled in from the bordering states of Ohio and West Virginia. Teams competed all day Saturday and Sunday to have the honor of being called the winner of the inaugural benefit tournament. The game for first-place was full of excitement, going into extra innings with TMK Enterprises falling just short to

Ashland Softball/Tanel. The Ashland team held off TMK with bases loaded in the bottom of the eighth inning to win 24-23. The final standings were first place - Ashland Softball/Tanel; second-place - TMK, and third-place - Nightstorm. The tournament home-run leader honor was shared by Scott Hammonds of TMK with four home runs each. "I hope this is the first of many tournaments to be hosted by the park," said Park Director David Baldrige. "This tournament was a kickoff to show that men's softball is back in Prestonsburg." Baldrige also stated that the park will host a men's softball league, which is tentatively

scheduled to start mid-May.

"There has already been a lot of interest in the league," Baldrige added. "I've already spoken to about 10 teams that are interested in participating."

For more information regarding the league or upcoming events at the park, call David Baldrige at 886-6390.



TMK Enterprises (Larry Maynard, Coach)



Loose Cannons (Donnie Owens, Coach)



Rage Softball (Ronnie Baldrige, Coach)



Young Guns (Doug Holbrook, Coach)



Nightstorm (David Smiley, Coach)



Road Dogs (Randy Ferrell, Coach)

photos by Joy Baldrige

COMING SOON: Youth soccer camps headed to Floyd County

TIMES STAFF REPORT

Kentucky Youth Soccer, in conjunction with three members associations, has announced the formation of a summer camp program this June. The camp program will be led by Adrian Parrish, Kentucky Youth Soccer's Director of Coaching and Player Development, and a group of highly experienced coaches from around the state and country. The camps will have both recreational and competitive camp levels and the cur-

riculum will create a fulfilling time for each camper.

The dates and locations are: Marshall County, June 4-8; Elizabethtown, June 11-15; Floyd County, June 18-22 and Letcher County, June 18-22. Registration is extremely limited and players are urged to register early.

Each venue will host two different variations of camps - a recreational camp open for recreational players between 6 and 16 years old and a select camp for select players

between 9 and 16 years old.

The Recreational Camp is a fun filled week open to recreational players who wish to learn more fundamental techniques and tactics necessary to play the game. Players will be given the opportunity to learn elite dribbling skills; perfect their passing ability; score stunning goals and develop their whole game in preparation for the soccer season.

During the week, players will be challenged through skill tests and have the opportunity to play soccer

with old and new friends in small sided games.

Each child who attends will receive a Kentucky Youth Soccer Association Camp T-Shirt, Soccer Ball, Water Bottle, Participation Certificate and the opportunity to win numerous prizes.

The Select Camp is open for players currently playing select soccer who are dedicated and serious about progressing to the next level. The curriculum will simulate the sessions taught to the Olympic Development

Program players.

The coaches will teach the players individual skills and technique by breaking them down and explaining through small group practices. Once the skills have been mastered we will introduce higher intensity half pitch and game related practices, which incorporate decision-making and develop player's tactical awareness.

Each child who attends will receive a Kentucky Youth Soccer Association Camp T-shirt, soccer ball, water bottle and a player evaluation.

PC bowling teams bound for nationals

TIMES STAFF REPORT

PIKEVILLE - Pikeville College is one of seven schools which have both its men's and women's bowling teams heading to Wichita for the USBA Intercollegiate Team Championships next month after a strong showing at last weekend's Chattanooga sectionals at Brainard Bowl.

The women's team was ranked No. 1 in the country heading into the sectionals and did nothing to lose that lofty perch, claiming the sectional crown with a 64-Baker game total of 12,057. They finished nearly 200 pins ahead of Central Florida's 11,861. Ohio State (11,265) and Ball State (11,153) also qualified for the national event from Chattanooga.

The Lady Bears will appear in their sixth consecutive national tour-

namment since beginning the program. They have never missed the national event. In addition, it was the fifth win of the sectional crown in six tries.

"Our girls bowled very well," said Coach Ron Damron, the 2004 national coach of the year. "I'm extremely proud of them. If we can take this level of intensity and focus to the nationals we'll be in good shape."

The men's team qualified for its second trip to the nationals, finishing second behind defending national champion Saginaw Valley State. Pikeville led the Chattanooga sectional after Saturday's 32 games, holding a 6,389 to 6,236 edge over Saginaw.

But the champs exploded Sunday morning with a 16-game total of 3,322 (average: 207.625) to take the lead and won the title with a 64-game total of 12,617, with Pikeville finish-

ing at 12,291.

Central Florida and Florida State also qualified from the Chattanooga sectional.

"Our guys worked hard all weekend," said Coach Kyle Wilson. "We're young, and because of that nobody gave us much of a chance to make it. I'm excited for Kevin (Kovash), our only senior, and for all our guys to make it back."

"It's the equivalent making Sweet 16 in the basketball tournament, which is a good thing. We've got a chance to win a national championship, and we're excited about that."

The 2007 USBC Intercollegiate Team Championships, featuring 16 men's and women's teams who qualified from the sectionals, are scheduled for April 18-21 at Northrock Lanes in Wichita, Kan.

Wildcats begin spring practice

TIMES STAFF REPORT

LEXINGTON - The University of Kentucky football program started spring practice Wednesday morning at the Nutter Training Facility. All Kentucky spring practices are open to fans. For practices at Nutter, fans should stand behind the ropes in the porch area. Fans may sit in the stands for practices at Commonwealth Stadium.

In case of bad weather, practices

might be moved inside to the Nutter Field House.

The Wildcats finished the 2006 season 8-5. Kentucky defeated Clemson 28-20 in the Music City Bowl.

Spring Football Calendar - Practices held at Nutter Training Facility unless noted otherwise. March 28 - 9 to 11:30 a.m.; March 30 - 9 to 11:30 a.m.; March 31 - 1:15 to 3:45 p.m. (Commonwealth Stadium); April 2 - 9 to 11:30 a.m.; April 4 - 9 to 11:30 a.m.; April 6 - 9 to 11:30 a.m.; April 7 - TBA; April 9 - 9 to 11:30 a.m.; April 11 - 9 to 11:30 a.m.; April 13 - 9 to 11:30 a.m.; April 14 - TBA; April 16 - 9 to 11:30 a.m.; April 18 - 9 to 11:30 a.m.; April 20 - 9 to 11:30 a.m.; April 21 - Blue/White Spring Game, 1 p.m. at Commonwealth Stadium.

Dozen set to enter KHSAA Hall of Fame

TIMES STAFF REPORT

LEXINGTON - Twelve former high school coaches, athletes, officials and/or administrators make up the 20th class to be inducted into the Dawahares/KHSAA Hall of Fame. The class was first recognized at the annual Dawahares/KHSAA Hall of Fame golf outing last June at the Marriott Griffin Gate Resort in Lexington. The class of 2007 will be inducted in ceremonies April 14 at the Lexington Center. The induction of the 12 will bring the total number of individuals honored to 343.

The 2007 Class includes the following individuals: Shaun Alexander, Phil Coomes, Tim Couch, Dermontti Dawson, Paul Dennison, Homer Goins, Dan Haley,

M.E. Ligon, Ralph Richardson, Irene Moore-Strong, Donna Wolfe and Orville "Bud" Williams.

Two other individuals have previously been voted into the Hall of Fame but declined induction at that time. Wayland native Kelly Coleman (1989) and John Reynolds (1994) have yet to accept the honor. They or their representatives would be added to the induction class in the year the honor is accepted.

Prestonsburg High School hosted its first track and field meet Tuesday evening. Prep track and field programs took advantage of the spring-like weather earlier in the week and competed.

The KHSAA (Kentucky High School Athletic Association) Board of Control approved sites for the

2007 and 2008 State Track & Field Meet at its meeting in mid-February. The Board reviewed presentations from representatives from the University of Louisville and Paul Dunbar High School.

The Board voted to hold the 2007 event at Jon Akers Stadium on the Paul Dunbar High School campus in Lexington and is contingent on school not being in session. If school is in session, the 2007 meet will be held at the University of Louisville. The meet is scheduled for June 1-2.

The 2008 State Track & Field Meet was awarded to the University of Louisville and will be held at Owsley B. Frazier Stadium in Cardinal Park. The 2008 State Meet is scheduled for May 30-31.



ON THE ROAD: Members of the Piarist School senior class are pictured at the southernmost point in the U.S. in Key West, Florida on their recent class trip. Pictured in back are Matt Hicks, Chris Baker, Matt Doyle and T.J. Hollyfield. In front are Josh Ousley, Hannah Blackburn, Whitney Howell and Jake Moak.

UK summer softball camps announced

TIMES STAFF REPORT

LEXINGTON - The University of Kentucky softball will host a pair of camps this summer. Registration for the various camps is currently underway.

The Day Camp is for campers ages 6-11 and will be held June 18-20. The camp will run from 9 a.m. to 3 p.m. and will introduce the fundamental skills of fast-pitch softball. Qualified instructors will teach softball specific skills in an atmosphere conducive to learning the exciting game. The Day Camp will focus on basic defensive fundamentals and defensive position development. The camp will also focus on basic offensive fundamentals including drills for hitting, bunting and base running.

"We are excited to be hosting two camps this summer," said UK Assistant Coach Brooke Monroe. "Our day camp is designed to introduce the basic fundamental skills to young kids. We had a great turnout this past Sunday at our free clinic following our game and we hope to build on those numbers for the summer. It is our goal to build awareness for fast-pitch softball in the area."

The Wildcat Summer Softball Overnight Camp is for those ages 12-18 and will take place July 15-18. The camp will introduce fundamental and advanced skills to players that are interested in making themselves better on and off the field. This camp will offer specialized and advanced offensive techniques to help each player improve the efficiency of their

swing. The camp will also cover defensive techniques and position play and a breakdown of all skills will be done through video analysis.

Strength and conditioning skills, as well as college compliance information will be offered. Commuters are also welcome to partake in the camp.

"Our overnight camp is a great opportunity for our players and coaching staff to spend one-on-one time with campers," said Monroe. "Our attendance for this camp has increased every year. We have drawn interest both regionally and nationally and we look to continue this development for this coming summer."

For more information, call 859-257-9152 or email uksoftballcamps@email.uky.edu.

Pitino not interested in returning to Kentucky

by WILL GRAVES
ASSOCIATED PRESS

LOUISVILLE - Kentucky's search for its next basketball coach won't include Rick Pitino.

Pitino said Monday that while he enjoyed his eight years with the Wildcats, he's happy coaching Louisville and wouldn't consider returning to the school he led to the national championship in 1996.

"I would never ever leave (Louisville) to go to another college because they're my family," Pitino said.

Though Pitino said he was "shocked" by Tubby Smith's sudden departure last week, he sees too much potential in the Cardinals to consider leaving. Louisville went 24-10 this season and finished second in the Big East before falling to Texas A&M in the second round of the NCAA tournament.

While Pitino acknowledged leaving Kentucky following the 1997 season was a "mistake," he joked that at age 54 he's "too old to leave"

Louisville, but understands why there's so much speculation about his interest in the job.

"It's a great job. I had eight years of Camelot, I've said that," he said. "It's the Roman Empire of college basketball."

Florida coach Billy Donovan, who played for Pitino at Providence and spent several years as a Kentucky assistant under Pitino, could be among the candidates to replace Smith. Pitino declined to speculate on whether Donovan is considering

leaving Florida.

The defending national champions play UCLA in the Final Four on Saturday and are trying to become the first team since Duke in 1992 to win back-to-back titles.

"Billy is like a son to me and I stopped telling Billy what to do and what not to do in 1987," Pitino said. "He's got a great opportunity right now. He's not thinking of anything else."

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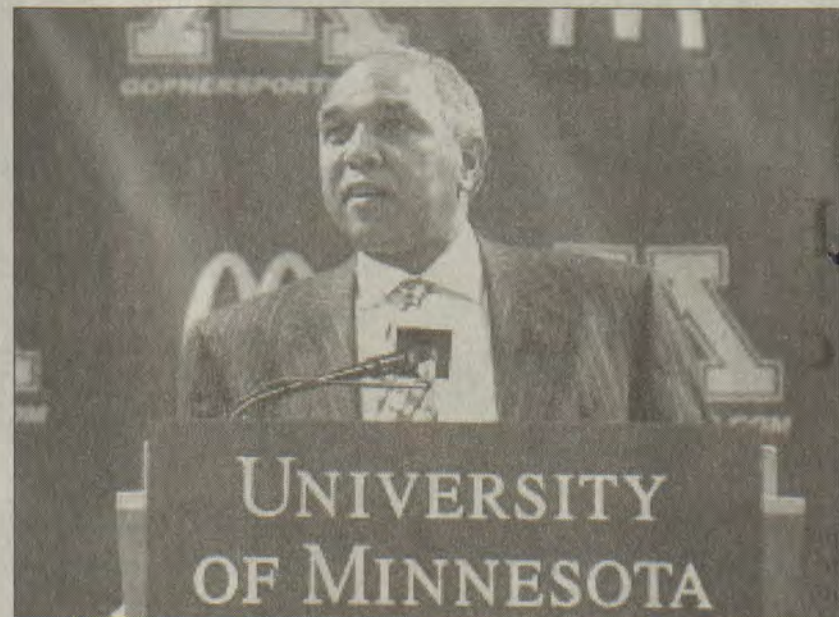
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BOYS' HIGH SCHOOL BASKETBALL 15TH REGION RECORDS (FINAL)

Team	Record	Team	Record
Shelby Valley	29-4	Johnson Central	11-17
Belfry	24-8	Prestonsburg	11-17
Allen Central	20-10	Betsy Layne	11-18
Phelps	18-8	East Ridge	8-18
Pikeville	18-12	Sheldon Clark	6-20
Magoffin County	15-16	Piarist School	5-24
Pike Co. Central	14-15	South Floyd	4-24
Lawrence County	11-15	David School	0-26



A NEW FACE IN A NEW PLACE: Tubby Smith is settling in as the new head coach at the University of Minnesota.

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THROUGH MY EYES

A welcome aggravation

by Kathy J. Prater
Features Editor

I didn't want anything to do with her, I really didn't. Although undeniably cute and colored like an oreo cookie, I tried to turn my eyes away when my son and his girlfriend tried to sneak into the house near 1 a.m. one morning last summer carrying that sweet bundle of baby fat and puppy breath all wrapped up in a cozy pink velour blanket. Thought I was asleep, they did. But I wasn't and I saw them. I saw her. And I didn't much care for the situation - not one bit. After all, I already had a dog, two cats and three teenagers in the house - I didn't need to get a degree in rocket science to figure out that my plate



Kathy Prater
Lifestyles editor

(See EYES, page sixteen)

DINNER DIVA

Picking produce

by Leanne Ely

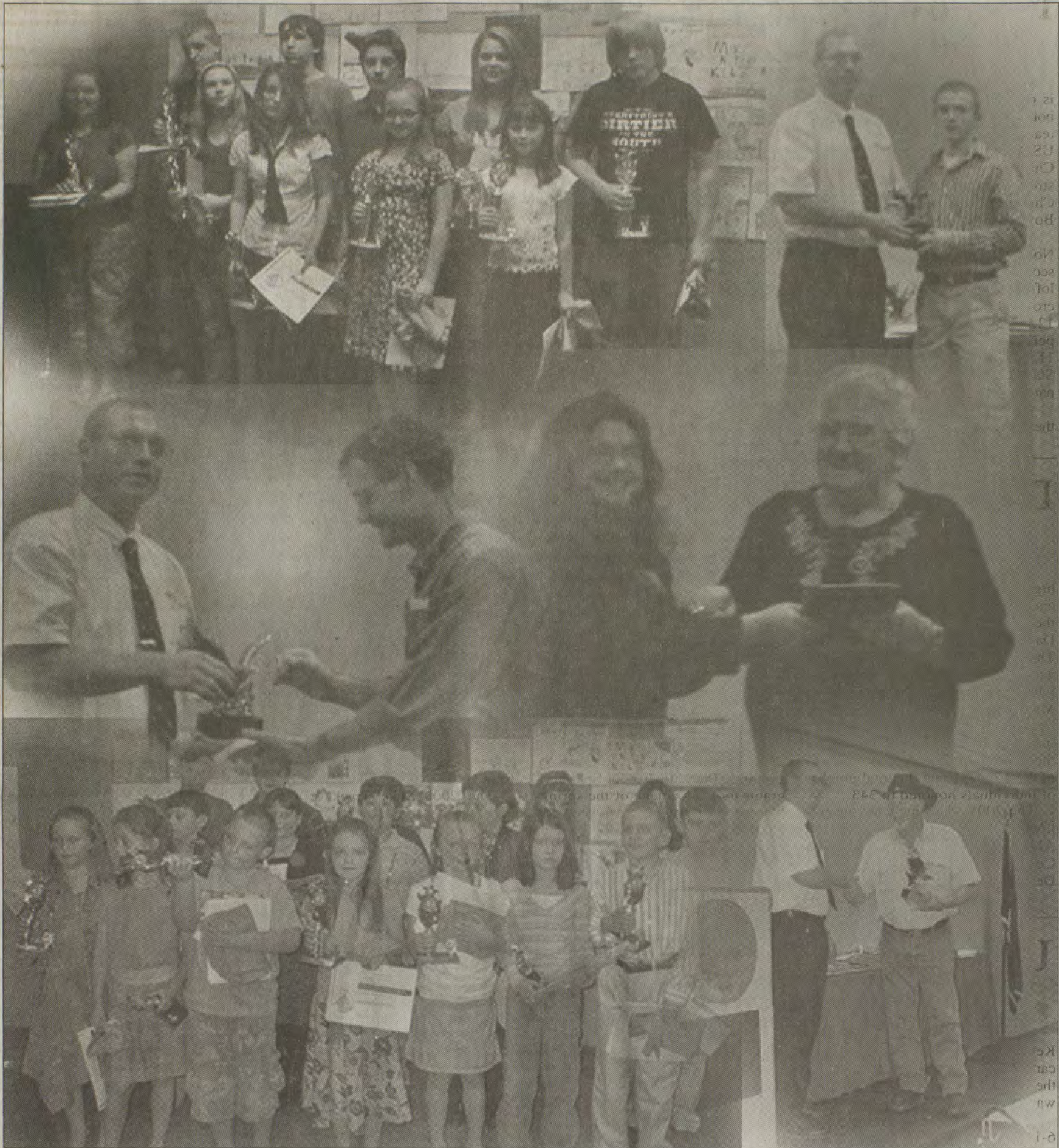
A lot of the questions I get asked frequently have to do with fresh produce. Not just how to buy it, but how to store it and maximize the life of it. When you're trying to be mindful of your money and making sure everything gets used up, this is an important question. We've all been guilty of opening the produce drawer of our fridges to find a green slimy thing in a plastic bag that used to be a head of lettuce.



Leanne Ely

To battle the slime fest in your fridge, you need to know what to buy that you can store for a longer period of time, what to buy sparingly and what to look for. The first thing you need to know is what to look for when purchasing produce. Obviously, the more unblemished and the fresher your produce, the longer it will last. Wilting, discolorations, spots and a dried-out end will signal to you that that particular produce selection is well past its prime and won't last long. You want heavy melons, hard apples

(See DIVA, page sixteen)



2007 FCCCD Awards Banquet honors students, community members and KY lands

by Kathy J. Prater
FEATURES EDITOR

The Floyd County Conservation District held its annual awards banquet on Friday evening, March 23, at the Wilkinson-Stumbo Convention Center, Jenny Wiley State Resort Park. Among those honored and recognized for their efforts toward "good stewardship" of Kentucky's lands were Big Sandy Community and Technical College Biology Professor Thomas Vierheller; Mrs. Virginia Artrip, for her contribution to the KACD Auxiliary Scholarship Program; and Mr. Robert Bailey, who was named 2007 Cooperator of the Year.

Ethan Joel Conley, an Allen Central High School senior, was named the recipient of the FCCD's \$1,000 scholarship for this year.

Students who were named winners in the District's 2006-2007 school art and writing contests were also recognized, receiving t-shirts, certificates and trophies for their outstanding entries.

The following students were recognized:
School Kindergarten Winners: Dalton Mollet, Renea Pinion (Betsy Layne Elementary); Cameron Walker, Braxton Turner, Austin Combs (James A. Duff Elementary); Tannon Hamilton, Emily Williams, Natalie Lester (May Valley Elementary); Brenden Little, Johnny Collins (W.D. Osborne Elementary); Joseph Burchett, Makayla Slone, Sage Jervis (Prestonsburg Elementary); Amy Adkins, Garrison Yates, Harrison Ward (Wesley Christian School).

School Art Winners: Rebekah Tackett, Joshua Williams, Austin Jarrell (Allen Elementary); Drew Wright, Tamera Tuttle (Clark Elementary); Joseph

Slone, Chris Horn, Joshua Bailey (James A. Duff Elementary); Olivia Slone, Jacob Ison, Madelyn Hamilton (May Valley Elementary); Daniel Halbert, Caitlin Shepherd, Trey Damron (McDowell Elementary); Diamond Griffey, Taylor Berger, Kennady Newsome (W.D. Osborne Elementary); Austin Bertrand, Summer Shepherd, Hunter Brown (Prestonsburg Elementary); Nicholas Osborne, Riley Flowers, Brooklynn Newsome (John M. Stumbo Elementary); Connor Risner, Madison Lafferty, Abigail James (Wesley Christian School).

School Writing Winners: Victoria Hampton, Donald Craft, Zach Rowe (James D. Adams Middle); Jeremy Conley, Cody Case, Lauren Mullins (Allen Central Middle); Kari Watkins (James A. Duff Elementary); Savannah Meade,

(See FCCD, page sixteen)

FLY LADY

Fear of decorating

by Marla Cilley

Did you ever glance at those well lit pictures in a magazine and wish for a room that looked as inviting as the images in their pages? We want the feel of those pictures but we have no clue where to start to accomplish it. But, don't feel bad because I can help you

get started on your dream home and it can be done in babysteps.

Our biggest problem is that we don't know where to start! We see these beautifully put together rooms and we get overwhelmed. Then we put the magazine down and give up before we ever get started.

I was scared to death to remodel our home. When Robert and I married ten years ago, I had a houseful of clutter and so did he. We put our clutter together and then went to estate auctions to buy more. Oh, we got some great deals but it is so hard to see what you have when your home is filled with clutter.

It was only when we started to get

rid of our clutter that we could selectively know what we needed to purchase. It took us about nine months to slowly eliminate our clutter. I like to think of it as giving birth to a new me. As the clutter disappeared, I could see in my mind's eye what I wanted for our home and not the piles of stuff that clouded my vision. I began to feel the peace that I had always searched for and it was hiding underneath my hot spots.

Slowly our home became clutter free and peaceful. It still was not decorated as those pictures in the magazines, but it hugged us when we walked in the door. Even with the green shag carpet from the seventies our

home was inviting and my routines were helping me to keep our home company ready just for us. This was a blessing but it also created another level of fear in me.

With the clutter gone, we could see that our home needed updating. Every room in our home needed help. We could actually see the forest, and not the trees, for the first time. We looked closely at each room. I took a note pad and put on a different set of eyes to examine our home. Just imagine that you are a real estate agent and you are going to help your client get their home ready to sell. Grab a clipboard and your

(See FLY LADY, page fifteen)



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3. Discover the egg. The egg is located on public property in an easily accessible hiding place. No Fear Factor® stunts required!
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Martha A. Simpson, D.O., M.B.A.
*Associate Professor
of Family Medicine*

Family Medicine



Healthy diet, watching weight and screening prevent colon cancer

Question: My father was just diagnosed with colon cancer. He had extensive surgery, and the doctors are pretty sure they got all of the cancer. Dad is only 65 and never really had any problems with his bowels. The doctors say my brothers, sisters and I should have some testing done because this runs in families. Besides testing, are there things we can do to prevent colon cancer?

Answer: Colon cancer is one of the most common types of cancer, accounting for about 8 percent of all forms of this

disease. The probability of being diagnosed with colon cancer increases with age. Over 90 percent of colon cancer cases are in people over 50.

Before I answer your question directly, a brief anatomy lesson might be of help. The colon, or large intestine, forms the last five to six feet of your gastrointestinal tract. Before arriving in your colon, the food you eat must pass through your stomach and small intestines — where the nutrients are absorbed into the bloodstream. Once in the colon, water is removed from the leftover products of digestion, and the stool is pushed

further along. When it reaches the final six inches of the colon — an area known as the rectum — it is ready for elimination from the body through the anus. Since cancer can strike anywhere in the colon, including the rectum, I'll use the broader term colorectal cancer in the rest of today's column.

There can be many symptoms of colorectal cancer, but most are very non-specific. These include tiredness, weakness, change in bowel habits, weight loss, abdominal pain, cramping or bloating. Colon cancer can be present for many years before symptoms develop. The symptoms also depend on the location of the tumor. Tumors in the right side of the large intestine can become quite large before they are diagnosed, because the right side of the colon is very wide. Tumors in the left side of the colon have symptoms earlier, since this side of the colon is narrower than

the right.

Many risk factors have been identified for colorectal cancer. One of these is having a close relative with the disease. A chronic bowel condition called ulcerative colitis can also increase your risk if you have it for more than 10 years. These factors cannot be changed.

Fortunately, there are some risk factors that you can control. These include smoking, obesity and diet. You can help prevent colorectal cancer by eating a diet high in fresh fruits and vegetables and keeping your weight down. There have been studies suggesting that having a diet high in calcium and taking aspirin can help reduce some types of colorectal cancer. On the down side, research has shown that people who eat a diet high in fat as well as those that eat a lot of red meat have an increased risk of getting colorectal cancer.

And yes, your doctors gave you

good advice about the screening tests. Get all that they recommend. Most colorectal cancers start out as precancerous growths called polyps. Having regular colon screening tests so that these polyps are removed as soon as they are found can prevent colorectal cancer altogether. Colon cancer is highly preventable with proper screening.

Family Medicine® is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine.org. Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions. Past columns are available online at www.familymedicine-news.org.

School Happenings

****Floyd County Schools 2007-2008 Kindergarten registration packets are available at local schools. Parents and guardians are invited to visit their schools and pick up a packet.****

****Please turn in your Food City receipts to your local school by March 16! Thank you!****

Adams Middle School Youth Services Center

■ "Get Moving AMS," an exercise/nutrition program for students will meet on Wednesdays, during the month of March. Heather Nelson, Floyd County 4-H Agent, will facilitate. Interested students may sign up in the YSC.

■ March 19 thru 23 - Spring Book Fair. Parent volunteers who wish to assist may call 886-1297.

■ March 22 - Parent Support Group meeting for AMS and Clark parent/guardians, 8:30 a.m., in YSC office. Refreshments and door prizes.

■ March 27 - "Magic Me," weather permitting.

■ To learn about Smarty Camp scholarships, contact the center. Smarty Camp will instruct students in art, music, drama and science, as well as providing recreational activities.

■ Exercise class for adults now in session. Classes conducted by Floyd County Health Dept. staff. Those interested may contact the center for more information.

■ Exercise class for students also being offered. Those interested may contact the center to sign-up.

■ The Youth Services Center is open each weekday from 8 a.m. to 4 p.m. Coordinator is Michelle Keathley. Center telephone is 886-1297. Please call for information on center programs and services.

Allen Central High School

■ March 16 - ROTC Spot Team trip.

■ March 17 - Pre-season baseball and Knott Central.

■ March 21 - Youth leadership at BSCTC.

■ March 24 - ACT workshop.

■ March 24 - Military Ball.

■ March 27 - TAG trip.

■ March 28 - Sophomores order class rings.

■ March 29 - Internet safety at ACMS, 6 p.m.

■ Center hours: 8 a.m. to 3:30 p.m., Mon. thru Fri. Sharon Collins, coordinator. Telephone 358-3048. Center provides services for all families regardless of income.

Allen Central Middle School

■ March 21 - Parent support

group meeting, 1:30 p.m. Topic: "Discipline/Managing Behaviors."

■ March 22 - Respect class, 2 p.m., 7th grade girls.

■ March 26, 27, 28 - Genetics presentation, 7th and 8th grades.

■ March 29 - Parent support group meeting, 6 p.m. Topic: "Internet Safety," presented by Trooper Scott Hopkins. Everyone welcome!

■ Career Decisions and Job Development videos available in YSC lending library.

■ The ACMS Youth Service Center offers services to all families, regardless of income. For more information, call Marilyn Bailey, center coordinator, at 358-0134.

Allen Elementary and Family Resource Youth Service Center

■ Call Allen Elementary Youth Service Center at 874-0621 to schedule your child's Hepatitis B vaccination, immunizations, and WIC appointments.

Betsy Layne Elementary

■ March 19 - Kindergarten registration; 8:30-11:30 a.m. For information, contact Teresa Frazier, counselor, at 478-9751, ext. 2809.

■ Lost and Found items will be located in the center. Items not claimed within two weeks will become FRYSC property.

■ Center hours are 8 a.m. to 3 p.m., Mon. thru Fri. Center offers services to all families, regardless of income.

■ The Betsy Layne Elementary Family Resource Youth Service Center is located in the 7th and 8th grade wing. The goal of the FRYSC is to meet the needs of all children and their families who reside in the community or neighborhood by the school in which the center is located. For further information, please contact the center at 478-5550.

■ Brian H. Akers, Center Coordinator.

Clark Elementary

■ Dairy Queen coupon cards for sale - \$10 each. Contact any Clark student or call Family Resource Center for information.

■ F.I.T. Club meets each Tuesday and Wednesday after school, 3:15-4:15 p.m. (Fitness activities for 3rd, 4th, and 5th grade students.) Focus on physical exercise and nutrition.

****Fridays are "School Spirit" days! (All year long!) Wear Clark colors (green and gold) or Clark t-shirts. Students, staff, parents - show your support for CES!****

■ Nurse services: Floyd County Health Department nurses will be in the Resource Center on selected dates (March 8, 16, and 22). Now taking appointments for 6th grade exams,

WIC, and well-child exams for birth-18 years. Flu shots may also be scheduled. Call 886-0815 for an appointment.

■ Lost and Found located in Resource Center.

■ The Clark Elementary Family Resource Center provides services for all families regardless of income. We are located in the Adams Middle School building.

Duff Elementary

■ Yearbooks on sale - \$22.

■ FRC is also in need of clothing, sizes 3T thru adult, for emergency clothing use and burnouts. If you have clothing to donate, please call the FRC.

■ Floyd County Health Dept. is on site three days per month. Services include 6th grade school entry physical; kindergarten, Head Start and well-child physicals (age birth to 18 years); T.B. skin test; T.D. boosters; and WIC services. Please call 358-9878 for appointment if you are in need of any of these services.

■ The J.A. Duff Elementary Family Resource Center provides services for all families regardless of income. We are located in the tan metal building at the rear of the school. Contact persons are Judy Handshoe, coordinator.

May Valley Elementary

■ March 19, 20, 21 - Program on personal hygiene.

■ March 27 - V.I.P. Parent Support Group meeting; 1-2 p.m., in library.

■ March 29 - Presentation on weather by the Jackson Weather Station.

■ March 30 - Big Sandy Singers.

■ Parent Lending Library is available to parents for video check-outs. A variety of topics are available.

■ Floyd County Health Dept. nurse at school every Wednesday. Services include Head Start physicals, kindergarten physicals, 6th grade physicals, well-child physicals, immunizations, TB skin test, WIC program, blood pressure checks, and more. Must call the FRC at 285-0321 for an appointment.

McDowell Elementary and Family Resource Center

■ Floyd County Health Department Nurse Joy Moore, is at the center the first three Mondays each month to administer immunizations, T.B. skin tests, well-child exams, WIC, prenatal and post-partum services, and school physicals. Call 377-2678 for an appointment.

■ Parent lending library available to all parents for video/book check-outs. A variety of topics are available.

■ Family Resource Center is open weekdays, 7 a.m. to 3:30 p.m. Center is located upstairs in the old high

school building, on the McDowell Elementary School campus. For further information, call Clara Johnson, director, at 377-2678. The McDowell FRC provides services to all MES students and their families, regardless of income.

Mountain Christian Academy

■ Call 285-5141, Mon. thru Fri., from 8 a.m. to 4 p.m.

■ MCA is an accredited non-denominational Christian school.

Prestonsburg Elementary and Family Resource Center

■ The Family Resource Center is open weekdays 8 a.m.-4 p.m., and later by appointment. Office provides services for all families, regardless of income.

■ Call 886-7088 for additional information regarding the Prestonsburg Elementary Family Resource Center or its programs.

South Floyd Youth Services Center

■ Parents needing assistance with daycare may contact Mable Hall for information, or the "A Step Ahead" daycare center, at 452-1100.

■ SFMS parents with concerns about your child's grades, visit the STI Home! site at <http://iid.ssts.com> and click on the STI program. Select state, county, school, child's pin number and password. You may view your child's attendance record, class average, schedule, grades, and discipline referrals. Questions? Call 452-9607.

■ Floyd County substance abuse counselor will be on the South Floyd campus half a day on Mondays and for a full day on Fridays. If you need to contact the counselor, please call the Youth Service Center.

■ Call center for: list of visiting speakers and presentations to be held throughout year; to make appointments to attend Parent Volunteer Training sessions; or for information in regard to Adult Education programs.

■ Walking track open to public (track closed during special events).

■ The center has a one-stop career station satellite that is available to the community as well as students.

■ All new students and visitors, stop by the Center, located on the South Floyd campus, Room 232, and see Mable Hall. Open 8 a.m. to 4 p.m., Mon. thru Fri.

■ For more information call 452-9600 or 452-9607, ext. 243 or 153.

Stumbo Elementary/Mud Creek Family Resource & Youth Service Center

■ Lost & Found located in Family Resource Center.

■ The Mud Creek FRYSC is located on the right, by the school gymnasium. Services are offered to all families, regardless of income. For more information, call Anita Tackett, center coordinator at 587-2233.

W.D. Osborne "Rainbow Junction" Family Resource Center

■ March 19 - Family Read/Activity Night, 6 p.m., OES library. Please make plans to attend!

■ March 20 - "Read Together, Talk Together," parent meetings, 9:30 a.m., in Family Resource Center. Presenter: Stephania Conn, BSCTC.

■ Monthly meetings: "Nutrition/Plan Healthy" - second Tuesday of each month, 10 a.m., in library; "OES Homemakers" - second Tuesday of each month, 11 a.m., in library.

■ Lost & Found located in the Family Resource Center. Items not claimed within 3 weeks become the property of the FRC.

■ The FRC accepts donations of children's clothing, shoes, belts, book bags, etc. May be used but need to be in good condition. Donated items will be appreciated and utilized by OES students.

■ The Family Resource Center is located in the central building of W.D. Osborne Elementary. Those wishing more information about the center are welcome to visit, or call. Ask for Cissy (center coordinator). Center telephone and fax: (606) 452-4553.

Wesley Christian School

■ WCS Learning Center accepts toddlers, preschool age (2-4). Hours: 7:30 a.m. to 5:00 p.m., Mon. thru Fri.

BSCTC Adult Education & GED

■ Mondays: 8 a.m. to 12 p.m. - McDowell FRC, Martin Comm. Ctr., Auxier Learning Ctr., and BSCTC; 1-4:30 p.m. - Layne House, BSCTC; 4:30-9 p.m., Auxier Learning Ctr.

■ Tuesdays: 8 a.m. to 12 p.m. - Mud Creek Clinic, BSCTC; 1-4:30 p.m. - Dixie Apts., Betsy Layne FRYSC, BSCTC; 6-8 p.m. - Auxier Learning Ctr.

■ Wednesdays: 8 a.m. to 12 p.m. - Martin Comm. Ctr.; Auxier Learning Ctr.; BSCTC; 1-4:30 p.m. - David Craft Center, BSCTC; 6-9 p.m. - BSCTC.

■ Thursdays: 8 a.m. to 12 p.m. - BSCTC, Mud Creek Clinic, Weeksbury Comm. Ctr.; 1-4:30 p.m. - BSCTC, Betsy Layne YSC, Weeksbury Comm. Ctr.; 4:30-9 p.m. - Martin Comm. Ctr.

■ Adult Education teachers are: Ron Johnson, Stephania Conn, Lynn Hall, Nancy Bormes, Vanessa Adkins and Susan Stephens.

■ Program manager: Kay Hale Ross (886-7334).

Fly Lady

pen. I am going to walk you though your home.

We started with our kitchen and our copper appliances. I began to jot down everything that I felt made our home outdated. Then we looked at the outside of our home, our bathrooms, living room, bedrooms and back deck. We examined our heating unit and our side porch.

Then we went to dinner to discuss what to do first. This was so frightening to me. I was afraid of allowing the clutter and CHAOS to invade our home again. Once I realized that I could do this by taking baby steps and by taking care of me during this process; I was willing to take the next step.

You can do this too with your rou-

tines in place to guide you and by flinging your clutter so that you have a clean palette to start with. You will be surprised at how much better your home will feel when you love yourself enough to take baby steps. I will be telling you more about this in the future. Many people have this same problem and we want to help you all have the confidence to make your

home feel comfortable.

The best compliment I have ever received is that our home "looks just like us." This is because we only have things in our home that make us smile. Are you ready to FLY into building your dream home one baby step at a time?

For more help getting rid of your

CHAOS; check out Flylady's website and join her free mentoring group at www.FlyLady.net or her book, *Sink Reflections* published by Bantam and her *New York Times Best Selling book, Body Clutter* published by Fireside. Copyright 2007 Marla Cilley Used by permission in this publication.

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New Arrival



New Arrival

Derek and Trish Conley, of Alexandria, are pleased to announce the birth of their daughter, Maci Kegan. Maci was born on March 10, 2007, at Saint Luke East, in Fort Thomas. She weighed 6 lbs., 12 oz., and was 19.5 inches long. Maci is the granddaughter of Roger and Linda Conley, of Hueysville, and Tom Caudill and Laura Meadows, of Martin. She is also very much adored by her Aunt Kelly and Aunt Megan.



Dana Maddox, professional choreographer from NYC instructs the High School Musical Dance Workshop offered by Jenny Wiley Theatre in November 2006. The dance workshop was one of the many workshops and camps offered by JWT.

Stage Talk

by Martin Childers

(Martin Childers is Executive Director of the Jenny Wiley Theatre at Prestonsburg. His column about theatre happenings and back stage activities appears weekly.)

Part of our mission at the Theatre is to offer educational activities that will encourage and foster appreciation for and learning about theatre. To that end, we manage a number of programs each year for students of all ages.

One that is very popular with young people is our SMAR-T-Y Camp. SMAR-T-Y is an acronym for Science, Music, Art and Theatre for Youth and the program provides area students an opportunity to experience those subjects through active and innovative methods not always avail-

able to them in school. SMAR-T-Y Camp is a collaboration between Jenny Wiley Theatre, East Kentucky Science Center, Prestonsburg High School, Floyd and Magoffin County FRYSC, s, Floyd County, Magoffin County and Martin County 4-H, Magoffin County Gifted and Talented Program, the Mountain Arts Center, Morehead State University at Prestonsburg and Big Sandy Community and Technical College.

SMAR-T-Y Camp is open to students entering grades 3-9, and is scheduled for June 11-29 this year. One-, two- or three-week sessions with professional instructors are offered. The camp will be held at Prestonsburg High School.

Some of the other workshops provide are In-School Theatre, Dance, Advanced Acting Skills, and a Professional Audition Workshop. The Theatre Education Institute provides graduate credit and is also offered by the Theatre in conjunction with Morehead State University for individuals seeking advanced professional development. Last but not least, the

Theatre-on Wheels Tour takes a full theatrical production to schools across the state with a complete educational package.

It would be impossible for the Theatre to offer all of these opportunities without assistance, and we are most grateful to Equitable Resources, which provided us with an educational grant, the Kentucky Arts Council, Randy and Polly Bradley, Dr. Pepper, Toyota Motor Manufacturing and the countless individuals to support JWT each year. Thanks to their help, several scholarships are also available.

Some of the students from our workshops go on to perform in our summer theatre. You may see them in this year's great lineup: Disney's High School Musical, West Side Story, Forever Plaid, and especially in The Princess and the Pea, which features the Jenny Wiley Youth Teen Company.

There is more information about our educational programs and the shows being offered this summer at our web site: jwttheatre.com.

Diva

Continued from p13

and fresh smelling green vegetables. If it smells fresh, it is. If it doesn't, steer clear.

Marked down produce, unless used right away, is usually not a good purchase. The exception being overly ripe bananas—I buy them whenever I can, peel them, freeze them and use them for smoothies, but you can use them for banana bread and other things, too.

Potatoes, onions and garlic can all be stored for about a month. They need to be stored in a cool place (not the fridge), and not together (when stored together, they produce gasses that spoil both). I have two bins in my pantry, one for onions and one for potatoes, that keep my produce friends cool and comfortable and keeps them from sprouting, too.

In the refrigerated section, carrots and celery will last a good 2 weeks (take the tops off of carrots to extend their life otherwise the end; the plant part of the carrot, will continue to grow and sap the root part; the part you eat, causing the carrot to wither and dry out). While different fruits like oranges, grapefruits, lemons, limes, apples and some grapes all can be stored safely for 2 weeks, maybe even 3 weeks. Again, the trick is bringing home very fresh produce.

Broccoli and cauliflower will easily last the week in your fridge. The stuff that is tricky is the fresh greens—lettuces and spinach especially.

These need to be used up within the week. The way to keep them from going bad is to plan on having the more perishable veggies for dinner as soon as you can after you purchase them. So you'll have a lovely big green salad for dinner the day after you've grocery shopped, a nice spinach salad a day later and by the time the end of the week comes 'round, you'll be down to carrots or scrounging the freezer for frozen green beans. That's okay—you haven't wasted a thing; you should be proud!

To maximize the life of your produce, make sure they are kept in the produce drawers of the refrigerator (there is better humidity in there than the rest of your fridge), get the air out of the bags they're in as best you can, and check the temperature of your drawers—they should be right at about 40 degrees.

And remember, don't refrigerate tomatoes—they will continue to ripen if they're left out and will taste better. Hard squashes such as butternut and acorn squash and sweet potatoes also don't need refrigeration, but will fair well in the pantry with your onions and potatoes.

Fresh produce can be both a healthy choice and a budget saver when bought in season (seasonal produce is cheaper) and in the right quantities. Just remember that a bargain isn't a bargain if it rots in your fridge!

FCCD

Continued from p1

Andrea Akers, Olivia Boyette (Betsy Layne Elementary); Austin Bailey, Sara Hall, Josh Clemons (W.D. Osborne Elementary); Ashleigh Hayton, Johnathan Ousley, Brooke Hatfield (Prestonsburg Elementary); Sarah Caldwell, Brian Howell, Kimberly Little (South Floyd Middle); Kristen Fitch, Kelsey Hall, Garran Newsome (Wesley Christian School); Samantha Wilson, Bridget Slone, Cassie Hyden (Allen Central High School); Steven Collins, Whitney Mosley, Greg Perry (Prestonsburg High School).

County Kindergarten Winners: Amy Adkins, first place, Wesley Christian School; Cameron Walker, second place, James A. Duff Elementary; Joseph Burchett, third place, Prestonsburg Elementary.

County Art Winners: Nicholas Osborne, first place, W.D. Osborne Elementary; Joseph Slone, second place, James A. Duff Elementary; Rebekah Tackett, third place, Allen Elementary.

County Writing Winners:

Kristen Fitch, first place, Wesley Christian School; Sarah Caldwell, second place, South Floyd Middle School; Savannah Meade, third place, Betsy Layne Elementary.

The current Floyd County Conservation District Board of Supervisors are: Thomas Hardwick, chairman; Ernie Tackett, vice-chair; James J. Carter II, treasurer; Bert Layne, secretary; and Ruby Akers, Floyd B. Allen and Daniel Branson, members.

Floyd County Conservation District staff include: Tony W. Grubb, Conservation Technician; Michelle L. Goble, Environmental Educator; and Chris Slone, NRCS District Conservationist.

To learn more about the Floyd County Conservation District and its various school, community and scholarship programs, call 889-9800 or email to: conserve@bell-south.net.

Editor's Notice: The Floyd County Times is happy to announce your engagement, new marriage, new baby, birthday or family reunion free of charge. However, space is limited and we can offer no guarantee of the exact day your announcement will run. Readers may opt to purchase ad space if these conditions are not satisfactory. With the purchase of a paid ad, run date, size and placement may be guaranteed.

Eyes

Continued from 13

(or house, should I say) was already full.

So, in the next few weeks, even when my youngest would tell me, "Gah, Mom, you're being a hard butt," I still would not relent. I did not, repeat, did not, want to become attached to another something to take care of.

But, I have been an animal lover since my exit from the womb. Puppies, kitties, bunnies, duckies, horsies, you name it, I loved them when I was a child and I love them to this day. Heck, I even like my neighbor's chickens. So, with a heart like that, the inevitable had to occur. Before long, I was sneaking this round little ball of energy a forbidden bite of whatever goodie I myself was snacking on, patting its little velvety head and finding that my "no-don't-get-in-my-lap's" were losing a bit of their edge.

As the weeks wore on, I got in on helping my son with the housebreaking routine, finding myself making sure that she had been fed and that her water bowl was filled, cleaning off muddy paws and becoming less and less irritated when I found yet another chewed up shoe, a munched up pair of panties in the hallway or living room, and, most recently, another danged chewed up stick strewn all over the front porch.

As "Cammie the Dog" grew, she kept my front porch and door nice and muddy, not to mention the back door, too; she learned that she could make a nice little mess by sticking her head into the cat's litter boxes and she discovered that it was a lot of fun to sneak into the bathroom early in the morning, stick her head behind the shower curtain and lick my

naked, wet butt.

Yes, what an aggravation she could be. But, at the same time, and especially so after a good long play outdoors, she could be a real sweetheart. Calmed down and ready to nap near anyone settled down and watching tv, she soon managed to steal a rather big chunk of my old jaded heart.

So, when she, somehow managed to stray off about two miles from home Wednesday afternoon, out from the long, hollow where our house resides and to the busy two-lane highway from which our sleepy hollow juts from, she met with a terrible fate. From what we have been told by those who witnessed it, a black Chevy blazer exceeding the speed limit on the winding country road slammed into our little Cammie. Well, actually, being a boxer, she isn't so little, after all, but she is only ten months old and that accounts for "little" in my eyes.

At this writing, Cammie is undergoing surgery in Dr. Rudolph Ousley's clinic. When she awakens later, she will discover that she is missing a leg. Crushed from the impact of that speeding vehicle, Cammie's right rear leg was badly mangled and unable to be saved.

Hopefully, though, all will go well and our precious pet will be saved and able to eventually return to good health and back to some of those irritating habits.

I think, even, that I may go scouting for one of the "juiciest" big sticks in our yard for her to feast upon.

I'd rather sweep away wood and debris from my porch than tears from my family's eyes.

Floyd County Extension District Board to hold meeting Tuesday

The Floyd County Extension District Board will have their regular meeting at 12 p.m. (noon), on Tuesday, April 3, at the Extension Office, 921 South Lake Drive, Prestonsburg. All meetings of the University of Kentucky Cooperative Extension Service are open to the public. Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability, or national origin.

Mountain Dew Festival students to hold Grand Reunion

All former students of Prestonsburg Community College and Big Sandy Community College and Technical College will celebrate the "good old days" with a first time ever reunion, Saturday July 28, 2007. The Mountain Dew Festival held seventeen years, extending through 1981, was an assembly of community college students from around the State competing in numerous athletic events, queen competitions, and concert dance.

KCTCS President, Dr. George Edwards, faculty, and staff will host an afternoon ceremony and campus tour beginning at 1:00 pm.

A reception will begin at the Mountain Arts Center at 4:00 pm that will bring old friends back together again. THEN, just like in years past, all will enjoy the sounds of that 60's era favorite band, "EXILE." Pass the word to all former students, faculty, and staff, to plan for this fun day rekindling good times, friendships, and fond memories. Contact Fred James at 1-800-844-4704, or 606-886-1341, e-mail at fred@prestonsburgky.org

New exhibit in BSCTC Art Gallery

"Drafting: The Language of Industry" is the newest exhibit in the BSCTC Art Gallery, located in the Magoffin Building, on the Prestonsburg campus of Big Sandy Community and Technical College. The exhibit opened Monday, March 26 and will run through Friday, April 6.

Featured in the exhibit are actual drafting "tools of the trade" (both past and present), hand and computer drawn floor plans and building designs, actual scale models of buildings constructed by drafting & architecture students, surveying tools and many more items of interest.

In addition, along with brochures about the BSCTC drafting program, materials about pre-engineering, engineering and architectural programs at EKU, MSU, U of L, and UK will be available to visiting middle and high school students and other individuals who might be considering careers in these fields. (Nearly 50 schools in the region have been invited to bring their students to this interesting and informative exhibit.)

Exhibit hours will be Monday-Friday, from 9:00 a.m. - 4:00 p.m. Someone will be on hand at all times to answer your questions.

Improve your Spanish, join local conversation group

Interested in improving your Spanish-speaking skills but can't afford a trip south of the border? A new conversation group is forming for Conversación Española or Spanish Conversation!

Sandra Saad, Spanish instructor at Big Sandy Community and Technical College, and Marco Pacheco, co-owner of the Fiesta Place, are starting a group for informal get-togethers involving conversation, learning, friendship and fun. This group will accommodate all Spanish speakers from novice learners to native speakers. Native speakers who wish to improve their English are also welcome to participate since the learning can definitely work both ways.

Conversación Española is currently scheduled to meet twice each month. The next meeting is scheduled for Friday, April 6, at 10 a.m., in the Student Center, Prestonsburg campus. A second meeting will be held on Saturday, April 21, at 10 a.m., at the Fiesta Place, at 461 North Mayo Trail in Paintsville.

For more information, contact Sandra Saad at 606-889-4782 or toll-free 888-641-4132 ext. 64782 or via email: Sandra.Saad@kctcs.edu.

There is no charge to join this group and all you need to bring is your Spanish conversational ability and a willingness to listen, speak and learn. ¡Hablamos!

The Times

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5. **Mail:** P.O. 390, Prestonsburg, KY 41653

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NAME _____
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(approximately 18 letters per line)

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The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

AUTOMOTIVE

Boats

FOR SALE
 Ranger Boat 390V, 200 H.P. Johnson, new 80lb. Minn Kota. Livewells, rod box, storage boxes, tandem trailer, with brakes, cover, hot foot, on board battery charger. 1989 model, great shape. Asking \$10,000. 889-0039.

Cars

HICKS AUTO SALES
 David Road March Special!! '99 Grand Caravan \$2,495
 '02 Ranger 4 cylinder 5 speed, \$4,295
 2001 Ford Tarus SES 80,000 miles. \$4,495, Moonroof.
 '92 Pathfinder, automatic, \$2,295
 2001 Impala 75,000 miles LS \$5,395. '97 Camry, Moon roof, 4 cylinder. \$2,195.
 '97 S-10 Automatic, 4.3. \$2,195.
 886-2842
 886-3451.

FOR SALE OR TRADE
 '82 Volkswagon Rabbit Convertible. 874-2421 or 259-1844.

FOR SALE
 Kawasaki KDX Replica. 2007 brand new, great starter bike. \$375 call 330-701-8719.

MISC

FOR SALE
 Submergible deep well Meyer pumps. Half 3 quarter and 1 horse power. Call 358-2000. 1 year 3/14

FOR SALE
 16 Ft. coach main camping trailer. Good condition. \$1,700. Call 874-9548 or 791-0454. 3/9 1wk

EMPLOYMENT

When responding to Employment ads that have reference numbers, please indicate that entire reference number on the outside of your envelope. Reference numbers are used to help us direct your letter to the correct individual.

Job Listings

JOB OPENING
 Experienced loan

officer. Minimum of 2 years experience necessary. Please send resume to: Bank of Hindman Attn: Valery Bartley. PO Box 786. Hindman, KY. 41822.

JOB OPENING
 Heavy Equipment steam cleaning company needs employees. Must have valid drivers license and up to date surface mining papers. Mine emergency tech is a plus. Call Mon. thru Friday 9a-5p. 606-886-1759. If no answer leave message.

JOB OPENING
 Help wanted! \$40,000-\$60,000 yearly! Demo, insurance, 401k, paid vacations. Great opportunity. Must submit to drug testing and background screening. Call 789-5301, ask for Jenny.

JOB OPENING
 Are you 55+, low income, need extra income? Apply for the SCSEP older workers program today! (Breathitt, Knott, Leslie, Perry, Letcher, Pike & Floyd counties) For an application call the Kentucky River Area Development District at 606-436-3158.

JOB OPENING
 Full time retail position available in Pikeville gift shop. 422-9222.

JOB OPENING
 Management position with local shoe store. Exciting career opportunity. Retail experience preferred. Competitive benefits package. Apply at SHOE SHOW, 370 Village Dr. Prestonsburg. EOE M/F

JOB OPENING
 Truck dispatcher located at Betsy Lane. Good pay, retirement, insurance plan, paid vacations. Must have 1 year experience. 478-9501. Ask for Chris.

JOB OPENING
 Experienced tower climber/ Radio installer needed. Must have valid drivers license. Eastern KY location. Benefits package. Please call (606)-886-3181. For more information, or fax a copy of your resume to (606)-886-8335. Please do not call unless you have experience in these fields.

JOB OPENING
 Security guards needed for the Pike county and Floyd County area. Please apply at S.W.A.T. Security at 805-633-3798, sign on bonus.

JOB OPENING
 Transitman & Rodman - Environmental

Design Consultants, Inc. has an immediate opening for a Transitman and Rodman. Transitman must have a minimum of 2 years experience in surface and underground work. Rodman must have valid Kentucky underground, surface certification and drivers license. Competitive wages and benefit package (Health, Dental, Vision, Life & Retirement). Please mail resume to: Transitman/Rodman, 43 Village Street, Pikeville, KY 41501 or fax resume to 606-437-0110.

JOB OPENING
 Sandy Valley Transportation Services, Inc. (SVTS) is seeking qualified applicants for the position of Maintenance Assistant. The position is Forty (40) hours per week. Must be at least 21 years old, and pass a Pre-Employment Drug Test. Phone 1-888-444-RIDE / 7433 or write to SVTS at 81 Resource Court, Prestonsburg, Kentucky 41653-7850 for an Application for Employment and more information. SVTS is an equal employment opportunity employer. M/F/D/V.

JOB OPENING
 Tired of cold calling? Want to be independent and have preset appointments? We offer very competitive life and health products. Call 606-780-7167.

JOB OPENING
 Otter Creek Correctional Center is currently accepting applications for Advanced Registered Nurse Practitioner and Family Practitioner. Must be licensed in the state of KY. Interested applicants may apply in person at 327 Correctional Road, Wheelwright, KY 41669, online at www.correction-scrcorp.com or you may fax your resume to 606-452-9703. Otter Creek Correctional Center is an Equal Opportunity Employer.

JOB OPENING
 Contract Highwall Mining LLC - (Frankie Justice - Greg Henzman) is now accepting applications for a certified electrician, foreman and other mining positions in Knott and Floyd County. Full time positions available. Excellent pay and benefits including health and dental insurance. Please call our office at 606-437-4603 for an application.

JOB OPENING
 Immediate opening for the following full-time positions with a new manufacturing plant located in Wurtland, KY. Experienced Welders/Fabricator, able to work from blueprints and pass welding test. Mining Electrician experience with repairing underground mining equipment. Machinist experience in line boring. Competitive pay, insurance and 401(k). To apply send cover letter and resume to: Appalachian Fuels, HWM Shop-Attn: Office Manager, 1033 Port Road, Wurtland, KY 41144-0742.

JOB OPENING
 Renos Roadhouse in Prestonsburg is now hiring for all positions. Shifts-Day and Night. Apply in person only.

JOB OPENING
 On call home assistance caring for the elderly. Call Joyce at 606-889-

JOB OPENING
 Mountain International Trucks is seeking a technician with a minimum of three years experience in the medium heavy duty truck, diesel engine and school bus repair field for our Allen KY location. Competitive pay and benefit package offered. Mail resume to HD Blackburn, PO Box 591, Allen, KY 41601 or email resume to hdblackburn@mountaininternational.com

JOB OPENING
 Drivers needed seeking ft and p/t on call drivers for 7 passenger minivan's in Shelby and Martin. Drug screen, clean MVR and 7 years. Valid DL required. 1-800-471-2440. References # 26, EOE.

JOB OPENING
 100 Workers needed. Assemble crafts, wood items. To \$480/wk. Materials provided. Free information Pkg. 24 Hr. 801-428-4649.

JOB OPENING
 Dietary Aide/Cook: Apply in person at Mtn. Manor of Painstville, 1025 Euclid Avenue, Painstville, KY from Monday -Friday between 8am and 4pm.

JOB OPENING
 Mountain Manor of Painstville is taking applications for LPN, RN and CMA (7a to 7p) positions. Excellent wages and benefits. Apply in person at 1025 Euclid Ave. Painstville Ky 41240 between 8a and 4p. Mon-Fri.

JOB OPENING
 Estate Sale Thursday, Friday and Saturday, April

JOB OPENING
 3 Family yard sale! Clothing, plus size, women's, toddlers, furniture and toddler items. 1134 Riverside Drive, Prestonsburg. April 6 and 7. 8am-?

JOB OPENING
 Immediate opening for the following full-time positions with a new manufacturing plant located in Wurtland, KY. Experienced Welders/Fabricator, able to work from blueprints and pass welding test. Mining Electrician experience with repairing underground mining equipment. Machinist experience in line boring. Competitive pay, insurance and 401(k). To apply send cover letter and resume to: Appalachian Fuels, HWM Shop-Attn: Office Manager, 1033 Port Road, Wurtland, KY 41144-0742.

JOB OPENING
 On call home assistance caring for the elderly. Call Joyce at 606-889-

8529. Also, accepting applications for caregivers.

Services

LAWN CARE
 If Lawn Care and tree trimming needed throughout Summer months. Please call Rondell at 606-358-2117 morning or evening.

MERCHANDISE

Animal

LOST!!! David/ Hippo area. German Shephard black/brown answers to Buckley. Also Solid black Lab Mix answers to Oscar. REWARD OFFERED. 886-3374 OR 226-5774

FOUND!! Large Bred dog. To identify call 874-5269. Anonymous callers rejected. Call 886-6378

FOR SALE TO A GOOD HOME
 Neutered male Doberman Mix. Great watch dog but is also very affectionate to owners. \$50.00. CALL 424-1707. Also **FREE TO A GOOD HOME..** A Neutered male cat, gray s tiger stripes. Excellent mouser! 424-1701. Leave MSG

Yard Sale

GARAGE SALE
 Rain or shine 5 1/2 miles in Frasure Creek, follow signs. Call 377-6176:

YARD SALE
 3 Family yard sale! Clothing, plus size, women's, toddlers, furniture and toddler items. 1134 Riverside Drive, Prestonsburg. April 6 and 7. 8am-?

ESTATE SALE
 Thursday, Friday and Saturday, April

5th, 6th, 7th. Treadmill cookbooks, lots of glassware, kitchen items, and much more. Different items each day, rain or shine! Rote 80 at Watergap, Right Fork of Bull Creek, first right and up hill to brick house.

RUMMAGE SALE! Sat. Mar 31 8a-3p at Prestonsburg Presbyterian Church next to Jerrys Restaurant

Misc

WOLFF TANNING BEDS NEW & USED. Monthly payments, free delivery within 100 miles of London. Parts-Lamps-Services. 1-888-554-0058.

FOR SALE
 3 Lawn Mowers, 2 new, 1 slightly used. Call 886-6378

FOR SALE
 Glass Antique show case and other antique items available. Call 259-8411 or 874-2421

FOR SALE
 2 Gravelly tractors with attachments. Call after 4pm 447-2728.

LOT FOR RENT
 Located at Old Allen Road. \$200 per month. City sewer available. 874-2421 and 259-1844.

Want to rent

WANTED TO BUY
 Interested in buying land or home from Hindman or Martin or McDowell area. 606-634-2960

REAL ESTATE

ESTATE SALE
 Thursday, Friday and Saturday, April

FOR SALE
 Gas well interest for sale. Owners desire to sell their 20% interest in 2 gas wells at Viper, Ky. If seriously interested call 478-1002,

House

HOUSE FOR SALE 3.5 acres 3 BR 2 bath, attached 2 car garage with work shop or 1/2 acre lot for sale. Prestonsburg, meadows branch area. Call 889-0149.

HOUSE FOR SALE 4 BR Brick house apx 1500 sq. ft. 2 baths, living room, family room, kitchen, utility room, large deck, double carport on nice corner lot. Hardwood floors in living room, kitchen, family room and one bedroom. New carpet in 3 bedrooms. Also has Gas log fire place, electric heat pump. Located 2 miles up Abbott Rd. on Frasure Hill Dr. Prestonsburg, KY. 606-886-6778. Shown by appointment. www.sharphome.com

HOUSE FOR SALE 3 BR 2 bath house completely remodeled inside and out. South River view lane. Prestonsburg. 886-8991.

HOUSE FOR SALE Newly constructed house for sale located at Abbott Creek. Vaulted living room ceiling, 3 BR, bonus room, fireplace, with cherry hardwood floors and cabinets with spacious attached garage. Located 4 miles from us 23. Panoramic view located in new subdivisions. Seller

HOUSE FOR SALE 3 BR 2 bath house completely remodeled inside and out. South River view lane. Prestonsburg. 886-8991.

willing to help with closing costs! Call 606-285-0051, evenings 606-377-6042

HOUSE FOR SALE 388 Hammond Rd Prestonsburg 4 BR 3 full bath, jacuzzi tub in master bedroom. All kitchen appliances, security system, family room has hardwood floors with gas fire place. All new paint. 1 car garage, large deck over looking 1/2 acre flat fenced yard. 2 min. to RT. 23, 5 min to downtown Prestonsburg. Recently appraised at \$156,000. Priced for quick sale \$145,500. Immediate occupancy. Call 285-9277 422-8197 226-4551.

YOUR AD COULD BE HERE! 1 MONTH WITH A PICTURE INCLUDED JUST

FOR SALE
 Mobile home and pontune boat for sale. Call 606-791-1411 or 606-791-2481

FOR SALE
 2003 16x80 mobile home. Fire place, dishwasher, garden tub, walk in shower, shingle roof, gutters, used for short time. Good price. Central air. Located outside

STAND OUT!!!!
 Get Noticed!! Sell your items faster! Place your ad in a box! Call LeighAnn for special pricing! 886-8506

Storage Units for rent
 10x10 \$40.00
 10x20 \$60.00
 10x30 \$80.00
 Located on 1428 Old Allen Rd. Call 874-4511.

HOME FOR SALE
 2 1/2 Miles on Abbott, at 111 Creekside. Maple Cabinetry, carpet, 2 BR, fireplace. Recently remodeled. Call 886-0893.



1996 Jayco pop up camper w/ 5x8 awning, screen RM very nice- Air conditioner, stove, ref, nice oak cabinets, porti-potty, sleeps 8. Call 886-3721 \$3,000



House for sale
 Very well build home with heritage. Corner lot across from old Allen Grade School. 4 BR, LR, DR, LR built in kitchen, Utility room, family room. Lots of closets and storage space. Carpet covered hardwood floors. Full sized unfurnished basement and new roof. Shown by appointment. Interested buyers only. 606-874-9520 606-874-917

HIGHLANDS REGIONAL

HRMC 886-8511 www.HRMC.org

EMPLOYMENT OPPORTUNITY

Director of Registration

One of Eastern Kentucky's best hospitals is searching for an experienced Director of Registration. This position is responsible for the overall functions of the registration and outpatient scheduling departments, including registration services for inpatient, outpatient and emergency department, insurance verifications and pre-admission services. The Director will also manage the registration employees and ensure teamwork and produce quality services in a fast paced environment and excellent customer services.

Requirements
 Bachelor's Degree in Business Administration or equivalent experience with thorough knowledge of third-party payer requirements. Two to three years' previous experience in Registration or Patient Accounting is preferred. Previous experience in a supervisory or lead position in a hospital registration or business office is desired.

HRMC offers a competitive salary, and a generous benefits package.

Interested applicants may apply to the Human Resources Department, HRMC 5000 Ky. Rt. 321, Prestonsburg, Ky. 41653 (606) 886-7530
 Fax (606) 886-7534
 E-mail: tclark@hrmc.org

Highlands is an equal opportunity employer.
 Please visit Highlands web site at: www.hrmc.org
 "Think Healthy, Think Highlands!"

City limits. Call 886-2474

FOR SALE
Commercial property 12 acres next to Walmart & McDonald's in Prestonsburg. 886-3023 after 5pm.

FOR RENT
Beauty shop equip with 3 stations and tanning bed. Would consider renting for commercial use other than beauty shop. Rt. 122 1 mile South of Martin across from Garth Technical School. Must have references. 285-9112.

FOR SALE
Property for sale between Prestonsburg and Painstville. Also, double wide for rent. \$500 plus deposit. Call 606-789-6721 or 792-792-6721. No pets.

FOR SALE
Baby farm for sale possible commercial site 6.50 acres with house and out-building approximately 3/4-1 acre building site out of floor plain. Location: Just above Mtn. Arts Center on Mountain Parkway. Contact Franklin Fitzpatrick at 886-3533 after 6pm. Interested parties only.

FARM FOR SALE
Floyd county 75 acres more or less, rt. 1100 off US 23 East Point Upper Little Paint. Lum Derosssett Branch. Call 606-325-4430 or 606-325-2809. Level- Sloping and timber.

RENTALS

APARTMENT

FOR RENT
Furnished apartment, real clean, quiet near Jenny Wiley lake. Suitable for 2 people. NO drugs. Call 886-3941.

FOR RENT
2 BR apt for rent. Unfurnished, nice, quiet neighborhood. Deposit and references required. Call 358-9123 Leave message.

FOR RENT
Branham Heights Apartments - Now accepting applications for 1 and 2 BR apts. Rent based on 30% of income. Appliances furnished. very nice, central heat and air, water, garbage and sewer included. Please contact the manager 606-452-4777. Equal Opportunity housing.

FOR RENT
2 BR Apt for rent 2.5 bath, garage, W/D hookup, 1 year lease. \$790 per month \$790 deposit. 874-1660

APT FOR RENT
Newly remodeled 2 BEDROOM 1 Bath apartment located in Prestonsburg, above safelite auto-glass. Call 478-8100 for price.

MARCH MADNESS Park Place apartments first month rent FREE w/deposit paid in full -\$280, 2BR -\$304. Offer valid thru 3/31/07. All electric and HUD accepted. Call 886-0039.

Furnished 1 bed room Apt. Central heat & air. Rent starting at \$375. month, + \$300. deposit water included. Located near HRMC. 606-889-9717.

Houses

HOUSE FOR RENT
Beautiful 2 story

home with white columns for rent at level, KY.

3 BR for. \$750 includes water and garbage bill plus utilities. Owner pays water and garbage bill. No HUD, NO pets. Quiet neighborhood. Large yard. References required. Central Heat and Air. Dish washer/washer dryer stove and refrigerator furnished. Office with Computer link. Call 437-6507 or 434-9008.

HOUSE FOR RENT
2 BR house on Martin. \$500 per month. Call 606-794-0249 or 606-437-0910.

HOUSE FOR RENT
Very nice, 2 BR, equip. kitchen, new paint, new carpet. Must have references! Call 886-0825 OR 886-2944 after 5.

HOUSE FOR RENT
2 BR house at Riverside drive. \$550 per month plus utilities and deposit. Call 886-0124 after 5pm.

Mobile Homes

FOR RENT
2 1/2 Miles from MAC on Jim Potter Branch. Spurlock Creek, Prestonsburg KY. 889-9825

MH FOR RENT
2 BR, At Garrett HUD approved. Call 285-3504 or 432-9110.

FOR RENT
Nice 3 BR MH for rent in Prestonsburg. 874-0875 or 226-3207.

LEGALS

PUBLIC NOTICE
Prestonsburg Health Care Center, Prestonsburg, KY, is licensed in the state of Kentucky as a Nursing Facility. All persons qualifying for nursing care shall be admitted to the facility, regardless of race, color, creed, national origin, handicapping condition, age or religious preference. Elaine Hunter Administrator, Prestonsburg Health Care Center

NOTICE OF PUBLIC MEETING

Under the Land and Water Conservation Fund Act of 1965 (Public Law 88-578), citizens are afforded the opportunity to express their views concerning the recreational needs of their community. To provide a forum for discussion, an open meeting is being held on April 4th, 2007, at 12 p.m., at Minnie Park. The Floyd County Fiscal Court is sponsoring the meeting. The specific purpose of this meeting is to discuss plans for developing public input regarding Minnie Park. Anyone with a significant supporting or opposing view is invited to voice that opinion at this meeting, or in writing to: Land and Water Conservation Fund Program GOLD 1024 Capital Center Drive, Suite 340 Frankfort, KY 40601 within two (2) weeks of the date of the meeting. For more information about the meeting, contact Denise Thomas at Big Sandy Area Development District, at 886-2374.

NOTICE OF BOND RELEASE

In accordance with

KRS 350.093, notice is hereby given that Parsons Branch Development, 43 Village Street, Pikeville, Kentucky 41501, has applied for Phase III bond release on Increments 1, 2, and 3 of permit number 836-0302 which was last issued on July 7, 2004. The application covers an area of approximately 1.68 acres located 3.0 miles southwest of Harold in Floyd County. The permit area is approximately 0.7 miles west from KY Route 979's junction with Parsons Branch Road. The latitude is 37° 30' 07". The longitude is 82° 39' 35". The bond now in effect for Increment #1 is a Letter of Credit for \$6,100. Approximately 100% of the original bond amount of \$6,100 is included in the application for release. The bond now in effect for Increment #2 is a Letter of Credit for \$800. Approximately 100% of the original bond amount of \$800 is included in the application for release. The bond now in effect for Increment #3 is a Letter of Credit for \$3,100. Approximately 100% of the original bond amount of \$3,100 is included in the application for release. Reclamation work performed includes: Backfilling and grading as per approved permit which were completed 2004. Written comments, objections, and requests for a public hearing or informal conference must be filed with the Director, Division of Mine Permits, #2 Hudson Hollow, Frankfort, Kentucky 40601, by May 27, 2007. A public hearing on the application has been scheduled for May 28, 2007, at the Division of Mine Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, Kentucky 41653. The hearing will be cancelled if no request for a hearing or informal conference is received by May 27, 2007.

The proposed amendment is located on the Ivyton, David, and Martin USGS 7 1/2 minute quadrangle maps. The surface area to be disturbed by the amendment is owned by Roger Lee Shepherd, Denver Shepherd, Kenneth Bradford, Eunice Shepherd, Philip E. Allen, Christine Bradford, et.al., and Marvin Music, Jr. The operation will use the area method of surface mining.

NOTICE OF INTENTION TO MINE
Pursuant to Application Number 836-0329, Amendment No. 3

In accordance with KRS 350.070, notice is hereby given that Wolverine Resources, Inc., P.O. Box 77, level, Kentucky 41642 has applied for an amendment to an existing surface and auger coal mining and reclamation operation located near David of Floyd County. The amendment will add 149.12 acres of sur-

face disturbance making a total area of 196.59 acres within the amended permit boundary. The proposed operation is approximately 0.19 miles northwest from KY Route 404's junction with Rough and Tough Creek and Buckeye Branch of the Left Fork of Middle Creek, and Mill Branch of Middle Creek.

The proposed amendment is located on the Ivyton, David, and Martin USGS 7 1/2 minute quadrangle maps. The surface area to be disturbed by the amendment is owned by Roger Lee Shepherd, Denver Shepherd, Kenneth Bradford, Eunice Shepherd, Philip E. Allen, Christine Bradford, et.al., and Marvin Music, Jr. The operation will use the area method of surface mining.

Kays Wallpaper 205 Depot Rd. Painstville, KY.

-We have hundreds of patterns of quality wall coverings and borders, all under \$10.00. Now open regular hours M-F 3-6. Sat 12-4. Call 789-4127. You may call after 10am for service other than regular hours-

PUBLIC ANNOUNCEMENT

The Floyd County Board of Education will receive Proposals from qualified Architect/Engineer firms for design services.

The intended project is: (1) Betsy Layne High School Renovation

Interested and qualified firms can receive a copy of the official Request for Proposals (RFP) in one of the following manners:

- Submitting a one-page letter of interest to: Gregory Adams, Floyd County Schools, 23 Martin Street, Allen, KY 41601
- Submitting a one-page letter of interest via e-mail to: Greg.adams@floyd.kyschools.us
- Downloading the Request for proposal via the internet at: <http://www.floyd.k12.ky.us/publicnotice.html>

The Floyd County Board of Education will not retain the services of a Construction Manager for this project.

The Floyd County Board of Education will receive A/E Proposals at the Administrative Offices, located at 106 North Front Avenue, Prestonsburg, KY 41653, until 2:00 p.m., on April 19, 2007. Proposals received after this date will not be accepted.

Proposals shall be submitted only on the form of proposal as received from the Floyd County Board of Education.

Proposals shall be enclosed in sealed envelopes which are clearly marked "Proposal for Architect/Engineer Services".

Proposing A/E's will be required to meet 702 KAR 4:160 and certain qualifications set out in the RFP, and which include the following:

1. Experience in Designing Educational Buildings;
2. Errors and Omissions Insurance;
3. Ability to Provide Experienced Staff.

Questions concerning Request for Proposals or the intended projects should be addressed to:

Gregory Adams, Director of Facilities
Floyd County Schools
23 Martin Street
Allen, KY 41601
Email: greg.adams@floyd.kyschools.us
Phone: (606) 874-9569

The amendment application has been filed for public inspection at the Department for Natural Resources' Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Mine Permits, #2 Hudson Hollow Complex, U.S. 127 South, Frankfort, Kentucky 40601.

Notice is hereby given. David Martin, 1991 Turkey Ck., Langley, KY, has filed an application with Natural Resources/Environmental Protection Cabinet to place a fill on property near Rt. 80 bridge on Front St., Garrett, Ky. Direct comments/objections to Division of Water, Frankfort Office Park, 14 Reilly Rd., Frankfort, KY 40601.



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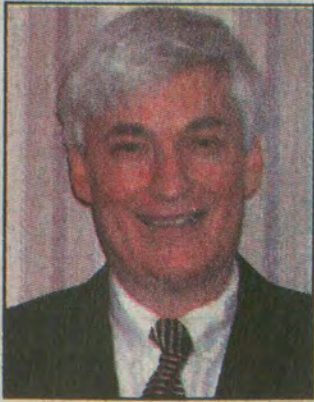
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- Dr. Charles J. Hieronymus Family Practice
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- Dr. Kitta Kousa Internal Medicine
- Dr. Loey Kousa Internal Medicine
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- Dr. Jason Rice Family Practice
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- Dr. Thomas A. Smith Family Practice
- Dr. Steven Woolley Radiology

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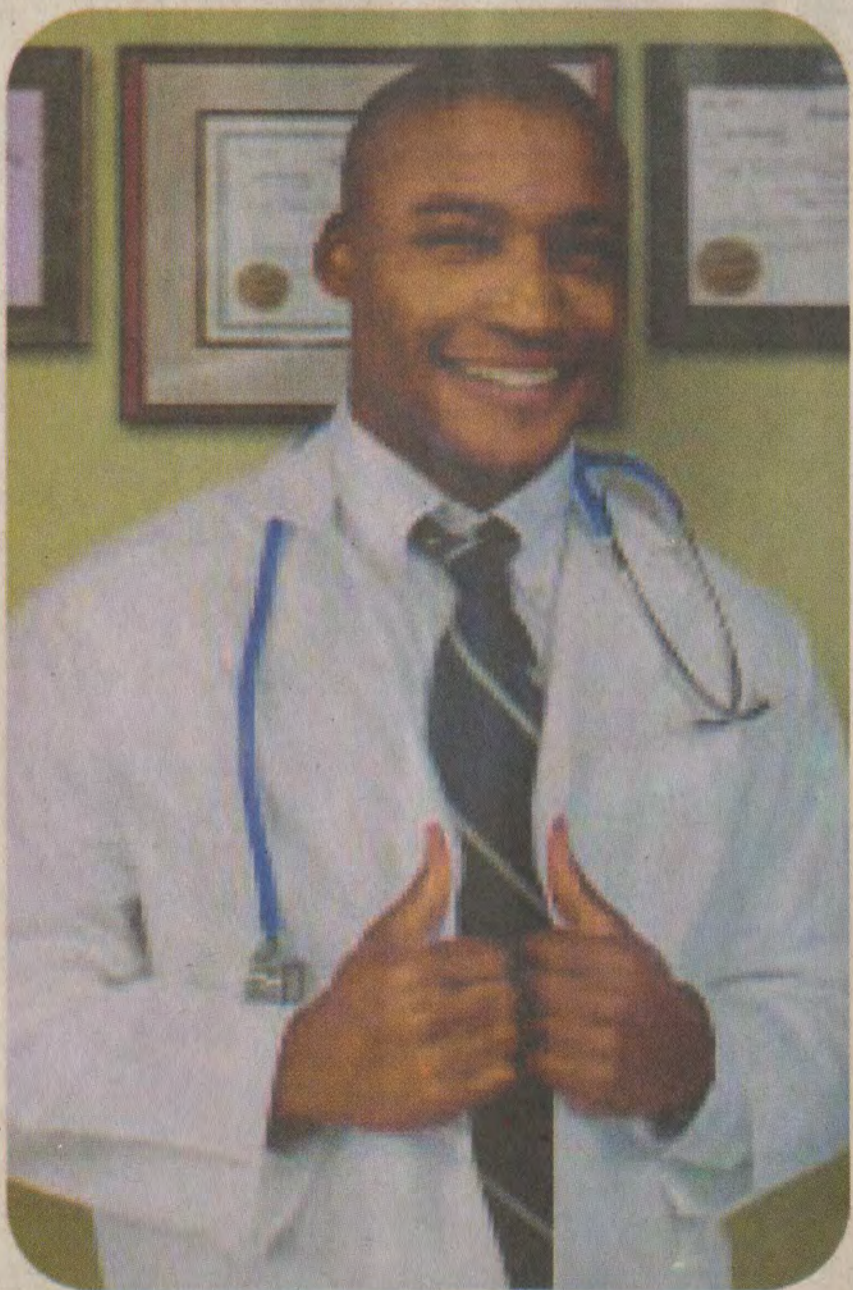
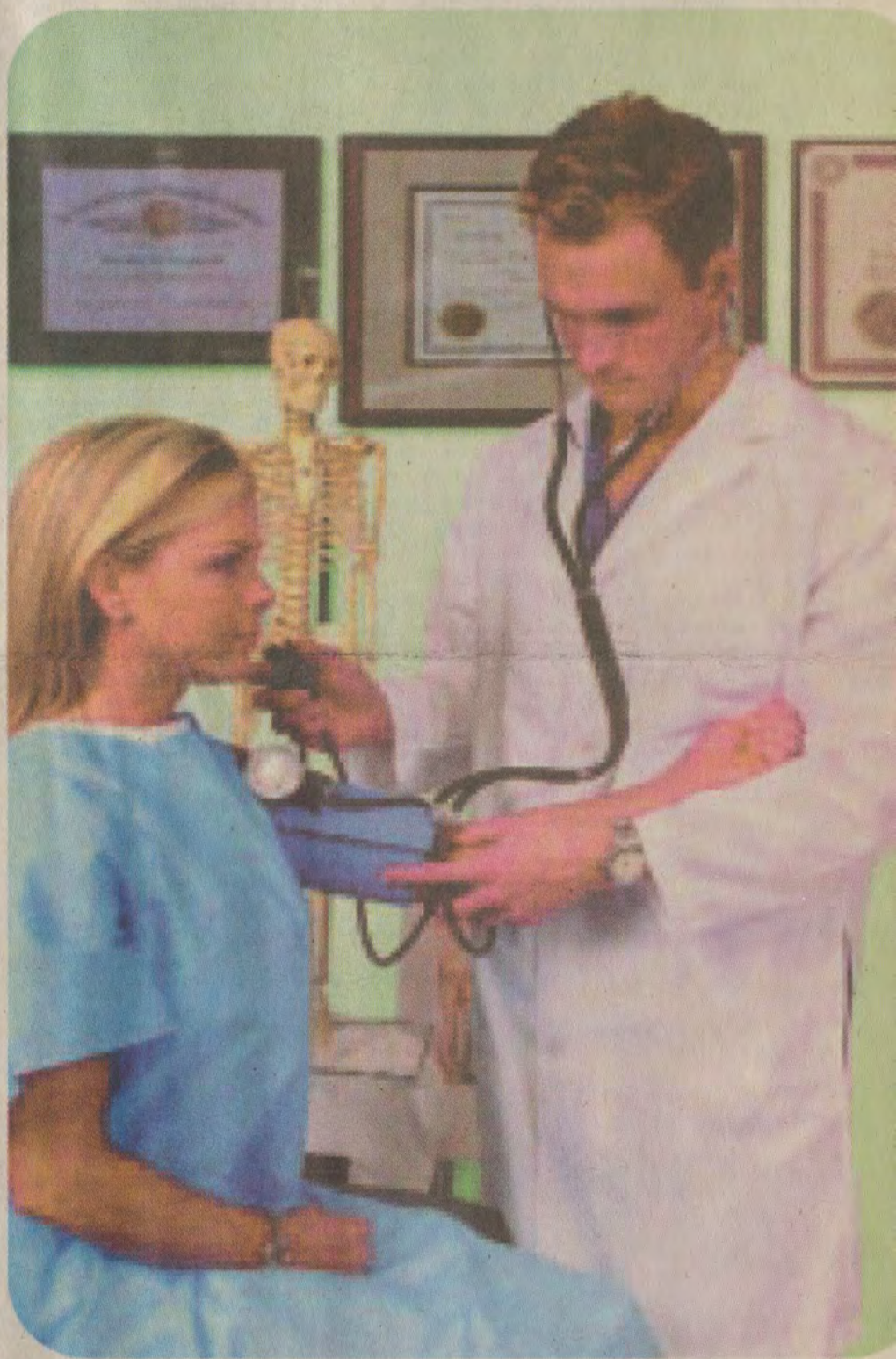
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In Recognition of Doctors' Day—Friday, March 30, 2007



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Printed as a supplement to *The Floyd County Times* — Friday, March 30, 2007

Our Lady of the Way honors medical staff

MARTIN — Our Lady of the Way Hospital is very pleased to honor their medical staff on March 30, Doctors' Day.

"We are very appreciative of our medical staff and it is wonderful that a day has been designated to honor them each year," stated Kathy Stumbo, President and CEO. "Our medical staff is very dedicated to our patients and provide care that is reflective of our mission and core values."

This year, Our Lady of the Way is celebrating their 60th anniversary and their rich history of "family atmosphere" and "quality care" has been reflected in their Medical Staff's decision to be part of this tradition. "When I came to Our Lady of the Way, I got a real feeling of family caring," stated John Splet, D. O. "It was an easy decision for me."

"Our Lady of the Way is a family," stated Lowell Martin, D. "I have been practicing medicine since 1962 and it has been a wonderful ride."

"In 1979, I came for six months, but I am still here,"

stated Chandra Varia, M. D. "I love the work I do and I can't imagine practicing anywhere else - Mahendra and I consider the mountains our home."

The first Doctors' Day observance was held on March 30, 1933, by the Barrow County Auxiliary in Winder, Georgia. Eudora Brown Almond, wife of Dr. Charles B. Almond, began the tradition of setting aside one day each year to pay tribute to physicians and the day was chosen to coincide with the anniversary of the first administration of anesthesia. On March 30, 1958, a resolution commemorating Doctors' Day was adopted by the United States House of Representatives. In 1990, legislation was introduced in the House and Senate to establish a National Doctors' Day. Following overwhelming approval by the United States Senate and the House of Representatives, on October 30, 1990, President George H.W. Bush signed the resolution designating March 30 as National Doctors' Day.

Our Lady of the Way Hospital was recently named

by the Kentucky Society for Human Resource Management in conjunction with the Kentucky Chamber of Commerce as one of the top 25 best places to work in Kentucky. Additionally in 2006, OLW's Emergency Department team was named "Best of the Best" by a poll conducted by the Floyd County Times.

Our Lady of the Way is a member of Catholic Health Initiatives, a national non-profit corporation based in Denver, Colorado. The Catholic Health Initiatives health system, which is comprised of affiliated non-profit corporations located in 19 states, includes 68 hospitals; 44 long-term care, assisted and independent living and residential facilities; and five community-based health organizations. Catholic Health Initiatives represents more than 67,000 employees and consolidated annual operating revenues of \$6.1 billion. It is the second largest Catholic health system in the United States.

Acid reflux: No longer a simple problem — a risk for cancer

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(Gastroesophageal Reflux Disease (GERD) typically referred to as heartburn or acid reflux.) is caused when the valve between the swallowing tube (esophagus) and stomach malfunctions. This valve, called the lower esophageal sphincter, is essentially too loose in most patients with GERD. The malfunctioning valve allows acid and stomach contents to back up into the esophagus. Patients notice

this back up as burning (from the acid) and regurgitation (bitter liquid in the back of the throat). Regurgitation of stomach contents into the esophagus and throat causes a range of damaging effects. Symptoms include: chronic cough, a raspy voice, gagging, damage to tooth enamel, worsening of asthma or emphysema, ear infections, and sleep

(See HEARTBURN, page six)

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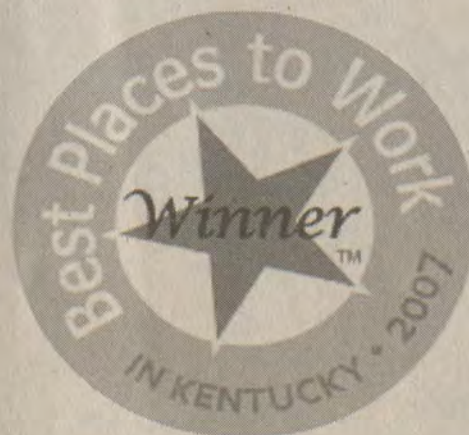
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extends a heartfelt thanks to each member of their Medical Staff. We appreciate your commitment to providing care with reverence, integrity, compassion and excellence. Your contribution to OLWH is one of the reasons it is the "Best Place to Work."



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www.olwh.org

Our Lady of the Way Hospital

11203 Main St. Box 910 Martin, KY 41649

Highlands Regional Medical Center physician's directory

ANESTHESIOLOGY

GREGG ARENA, MD
Arena & Monaco, PSC
Highlands Regional Medical
Center
Prestonsburg, Ky. 41653
(606) 886-8511

ARIF M. RAFI, MD
Arena and Associates
SOUHEL ZEIDEN, MD
Arena and Associates
MINA MAJMANDAR, MD
HC 69, Box 475
Prestonsburg, Ky 41653
(606) 886-1714

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**CUMBERLAND CARDI-
OLOGY**
Highlands Medical Office
Building
Suite 4102
Prestonsburg, Ky. 41653
(606) 886-7595
**RICHARD PAULUS, MD,
FACC**
**TERENCE C. ROSS, MD,
FACC**
**RICHARD A. ANSINELLI,
MD, FACC**
CHRIS EPLING, DO
PAM PARKER, ARNP

EAST KENTUCKY CARDI- OLOGY

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400 University Drive
Prestonsburg, Ky 41653
606-886-0892
SRIHARSHA VELURY, MD
Suite 205, Archer Clinic
400 University Drive
Prestonsburg, Ky. 41653
606-886-0892

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Allen, Ky. 41601
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Highlands Medical Office
Suite 6
Paintsville, Ky. 41240
(606) 789-5979
DEBORAH HALL, MD
Harold Primary Care
73 Old Harold Road
Harold, Ky. 41635
(606)478-8787
BRANDI COLLINS, DO
520 N Mayo Trail
Highlands Medical Offices,
Suite 1
Paintsville, KY 41240
606-789-8666
**CHARLES HIERONYMUS,
MD**
Archer Clinic Suite 103
Prestonsburg, Ky. 41653
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THOMAS S. SMITH, MD
Broadway Medical Center
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Lackey, Ky. 41643
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Prestonsburg, KY 41653
(606) 886-3831

GASTROENTEROLOGY

**BAHRAM FOROUZAN-
DEH, MD**
Highlands Clinic
Prestonsburg, Ky. 41653
(606) 886-7471

GENERAL SURGERY

FARUQUE AHMED, DO
Big Sandy Surgical Practice
5230 KY Rt. 321, Suite 2
Prestonsburg, KY 41653
(606) 889-8895
SYED BADRUDDUJA, MD
Archer Clinic

376 University Drive Suite
203
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Paintsville, Ky. 41240
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Prestonsburg, Ky. 41653
(606) 889-9994

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(606) 789-4949
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Highlands Medical Office
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Prestonsburg, Ky. 41653
(606) 886-7645
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Archer Clinic

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205
Prestonsburg, Ky. 41653.
(606) 886-8109

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MD**
Mud Creek Clinic, Rt. 2
Grethel Ky. 41631
(606) 587-2200
EYAD ALBEREE, MD
906 E. Mtn. Pkwy.
Salyersville, Ky. 41465
606-349-8100

AYESHA SIKDER, MD
Riverview Professional
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5230 Ky. Rt. 321
Prestonsburg, Ky. 41653
(606) 886-8880

KEITH WEBB, MD
286 US Hwy. 23
Suite 101
Prestonsburg, Ky. 41653
(606)-874-0009

SONJA WEBB, MD
Potter Clinic
80 Millard Allen Drive
Lackey, Ky. 41653
(606) 358-2381

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Prestonsburg, Ky. 41653
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HAMMAD QURESHY, MD
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Inez, Ky.
(606) 298-4000

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606-349-8100

NEUROLOGY

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**ALEXANDER TIKHT-
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Highlands Clinic
Prestonsburg, Ky. 41653
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Eastern Ky. Nephrology
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Street
Prestonsburg, Ky. 41653
606-886-3894
GHAZALA QUDDUS, MD
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Williamson, WV 25661
(304) 237-4715
Prestonsburg, Ky. 41653
(606) 886-7471
**BEHRAM MOHMAMAND,
MD**
P.O. Box 1636
Williamson, WV 25661
(304) 237-4715
Prestonsburg, Ky. 41653

(606) 886-7471

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Highlands Medical Office
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**BRUCE KINNEY, MD,
FACOG**
Highlands Medical Office
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Prestonsburg, Ky. 41653
(606)889-6041

**ANGELA K. MAGGARD,
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Auxier, KY 41602
(606) 886-8997

**KAMAR IKRAMUDDIN,
MD**
5251 Ky. Hwy. 321
Prestonsburg, Ky. 41653
(606) 886-0682

**JOANNA SANTIESTEBAN,
MD**
23 Willow Drive
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(606) 886-8997

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Highlands Cancer Clinic
Prestonsburg, Ky. 41653
(606) 886-0999
FADI HAYEK, MD
Highlands Cancer Clinic
Prestonsburg, Ky. 41653
(606) 886-0999

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Highlands Eye Clinic
Prestonsburg, Ky 41653
(606) 886-7471

DAVID COWEN, MD
Highlands Eye Clinic
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**THOMAS KEIGH ISON,
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387 Town Mtn. Rd.
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DAVID GARRETT, MD
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Highlands Eye Clinic
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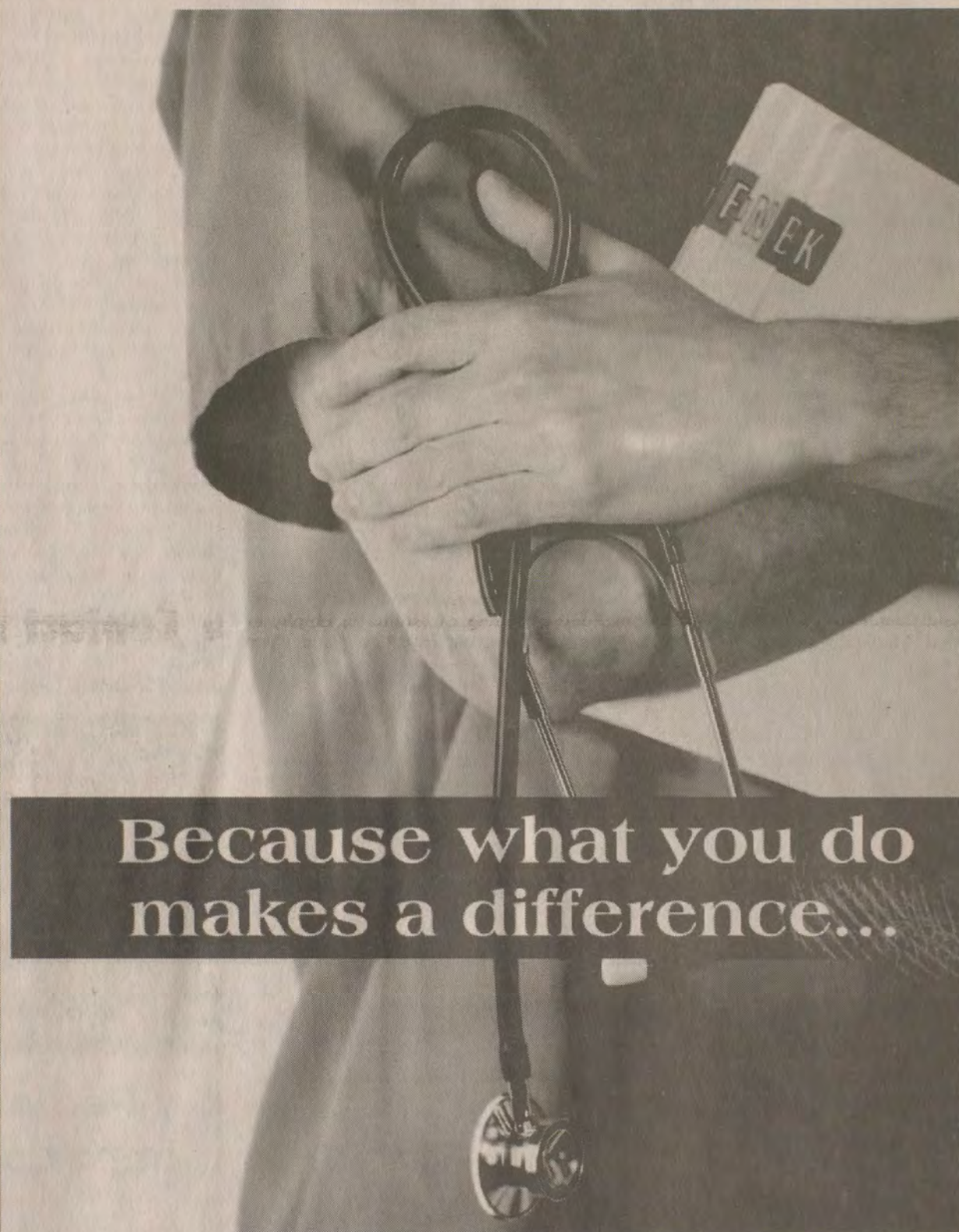
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(See **HIGHLANDS**, page fo



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National Sleep Foundation and PBH Sleep Diagnostic Lab launch campaign to improve quality of sleep

PAINTSVILLE — Does having more energy, feeling refreshed and zipping through the day with a rejuvenated spirit sound intriguing or, maybe even impossible? It could be easier to achieve than you think. One solution may be to get a better night's sleep! An astonishing 70 million Americans experience sleep problems that impact relationships, health, productivity at work and even driving skills. In order to combat this growing epidemic, the National Sleep Foundation (NSF) and Paul B. Hall Regional Medical Center's Sleep Diagnostic Lab will launch the NSF Great American Sleep Challenge™, a nationwide, online campaign designed to focus America's attention on getting better sleep.

quantity of our sleep plays a significant role in our daily lives. NSF and PBH's Sleep Diagnostic Lab believe that the Sleep Challenge will provide eye-opening results for those plagued with poor sleep habits and will also educate about how to get the sleep we need."

Participants are encouraged to enlist as many people they can. Everyone who participates will be entered into a drawing to win sleep-related prizes. Inviting others to join the Sleep Challenge can be done by sending an e-card or e-mail to family, friends and colleagues. NSF and PBH's Sleep Diagnostic Lab aspire to have all of America on the fast track to better sleep.

If an individual's Sleep Challenge goals are not met, and trouble sleeping continues to be a problem, the easy-to-print sleep journal can be shared with a family physician, and a sleep study can be ordered using PBH's One Call Scheduling Unit, (606) 789-3511.

The NSF Great American Sleep Challenge is a promo-

tion of National Sleep Awareness Week (NSAW). NSAW is the week leading up to the return of Daylight Saving Time, March 5 - 11, 2007 when clocks "spring forward" and people throughout the country may lose an hour of needed sleep. Launched in 1998, National Sleep Awareness Week is an opportunity for communities and organizations to partner in drawing attention to the importance of quality sleep and the treatment of sleep problems for good health, productivity, and safety. A highlight of the Week's activities is the release of NSF's annual Sleep in America poll, the only annual barometer of how Americans are sleeping. This year's poll will focus on the sleep habits and attitudes of American women.

For additional information on sleep or the importance of sleep, call PBH's Sleep Diagnostic Lab at (606) 789-2805. The Lab also offers free bi-monthly classes open to the public on sleep disorders, their symptoms, and treatments available.

Continued from p3

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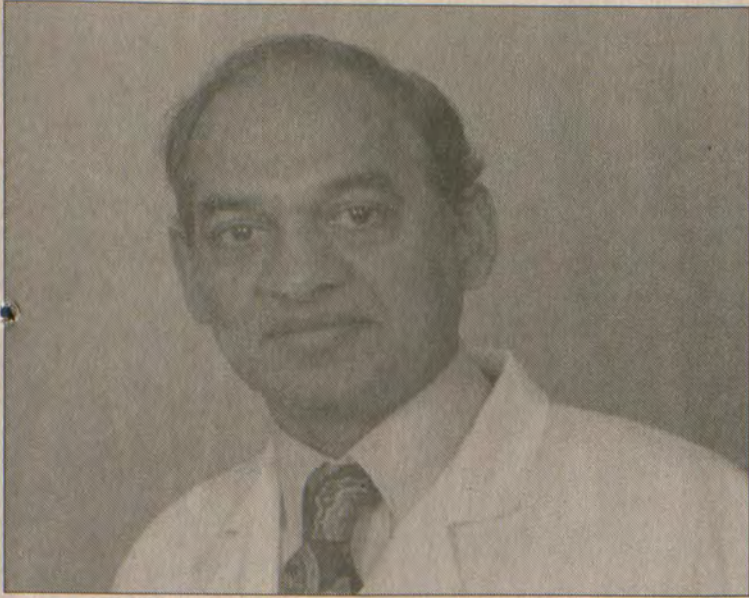


Doctors' Day

March 30, 2007

Appalachian Regional Healthcare would like to say thank you to all of the doctors that are a part of our healthcare system. Your contributions and dedication enable ARH to provide quality care to the communities we serve.





Dr. Jagan Annabathula, BSHC's medical director and internist at the Mud Creek Clinic.



Dr. Joanna Santiesteban, OB-GYN physician at Hope Family Medical Center and Physicians for Women.



Dr. Angela Maggard, OB-GYN chief at Physicians for Women.



Dr. Patrick Collins, family medicine at Mud Creek Clinic.



Dr. Zaher Msallaty, internal medicine physician at Hope Family Medical Center.



Dr. Radhika Cherukuri, internist at Shelby Valley Clinic.

Cancer society recommends MRIs for women with breast cancer gene or family history

by MIKE STOBBE
AP MEDICAL WRITER

ATLANTA — Up to 1.4 million U.S. women — those with an unusually high risk of developing breast cancer — should get annual MRIs as well as mammograms, the American Cancer Society advises in new guidelines.

And a new medical study suggests that all women newly diagnosed with breast cancer should get MRIs, too. The scans revealed cancers in the opposite breast that were missed by ordinary mammograms in 3 percent of these cancer survivors.

The study came out after the cancer society developed its guidelines, which are the first to recommend MRI for screening women who show no signs of cancer.

The guidelines are directed at symptomless women age 30 and older who have a mutation in the BRCA1 or BRCA2 genes; those who were treated for Hodgkin's disease; or those with a strong family history of the disease, such as women with two or more close relatives who had breast or ovarian cancer or who have a close relative who developed breast cancer before age 50.

As many as 1.4 million women fall into the affected group, according to an American Cancer Society estimate.

Doctors usually screen for breast cancer using mammography, an X-ray technique that can spot dense masses like tumors.

MRI, or magnetic resonance imaging, makes more detailed images with a magnet and radio waves — but without radiation. MRIs are better at showing increased or abnormal blood flow in the breast, a sign of early cancers not visible on a mammogram. They also are better than mammograms at detecting cancer in women with dense, non-fatty breasts.

But MRI screening is not being recommended for most women. One reason is the test's error rate, which can lead to unnecessary biopsies.

Another is the high cost. While a mammogram costs roughly \$100 to \$150, an MRI can cost \$2,000 or more at some medical centers, experts said.

"It's very, very expensive," said Robert Smith, the cancer society's director of cancer screening. Many insurers cover MRI screenings, but not all do, Smith and others said.

Insurers generally follow government guidelines, but the cancer society guidelines could prove influential,

according to experts.

The new guidelines were being announced Wednesday, the same time the New England Journal of Medicine was releasing a national study that suggests women who have cancer diagnosed in one breast should get an MRI in the other.

The study, led by Dr. Constance Lehman of the University of Washington Medical Center, looked at nearly 1,000 women recently diagnosed with cancer in one breast but who had no detected cancer in the second breast.

MRIs of the second breast found possible tumors in 121 of the women. Biopsies confirmed cancer in 30 of them.

"It's a pretty striking effect," said Dr. Carl Jaffe of the National Cancer Institute, which sponsored the study.

But it does not suggest MRIs should replace mammograms, which spot calcium deposits better than MRIs do, said Dr. Etta Pisano of the University of North Carolina, one of the study's authors.

"The take-home message of our paper is not, 'Don't get mammography.' It's 'Get MRI and mammography,'" she said.

Cancer society officials urged women to carefully choose the clinic that does the MRI. They noted that some

(See **CANCER**, page six)

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Joanna Santiesteban, M.D.

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Mud Creek Clinic
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Jagan Annabathula, M.D.
Patrick Collins, D.O.

Shelby Valley Clinic
Pikeville, KY

Radhika Cherukuri, M.D.



Vinand Chua M.D., internal medicine, Salyersville Medical Center.



Maribel Mamonluk-Chua M.D., asthma, allergy and immunology, Asthma and Allergy Center.



Leonor Pagtakhan-So M.D., asthma, allergy and immunology, Asthma and Allergy Center.

Heartburn

Heartburn. Many patients do not even realize that GERD is the underlying cause of their symptoms. The damaging effects of reflux disease can even occur without the "usual" symptoms of heartburn. The effects of reflux disease on the esophagus (swallowing tube) itself are more destructive. The repeated irritation to the lining of the esophagus causes inflammation, ulcerations and scarring. Prolonged reflux, the lining of the esophagus can become prone to cancer. Acid-reducing medications often help patients feel less burning, but do not decrease the risk of developing esophageal cancer. In fact, there is some concern that acid suppression actually increases the risk of developing precancerous changes in the esophagus. Extensive research is ongoing.

In the past 30 years the incidence of reflux-related esophageal cancer in the United States has risen by 50%, causing great concern among physicians and patients. It affects young patients between the ages of 40 and 50

years of age. This deadly cancer has proven to be related to this very common condition: Gastroesophageal Reflux Disease (GERD) typically referred to as heartburn or acid reflux. The main risk factor for developing esophageal cancer in these patients is longstanding reflux (more than 3 to 5 years). With an awareness of new emerging knowledge in the treatment of acid reflux we should be changing the way we approach and treat this disease that is now affecting 30 to 60 million Americans.

Where do we start in the fight against esophageal cancer?

Concerned patients, physicians and scientists are looking for answers. Based on extensive research, a medical textbook was recently published that is entirely devoted to the relationship between reflux and esophageal cancer. Written by Dr. Parakrama Chandrasoma, a Professor of Pathology at the University of Southern California, the book provides insight as to how physicians can help halt the rise of this devastating disease.

It also stresses that when GERD is treated, two goals should be paramount:

■ Making the patient feel better.....providing relief of symptoms

■ Evaluating and addressing cancer risk. This second goal is often ignored.

With this new knowledge, an up-to-date, state-of-the-art evaluation has been developed, focused on the best interest of the patient suffering from GERD, whether 25 years old or 70 years old. This evaluation utilizes the latest technology, as well as, all treatment options available through the Heartburn Treatment Center at Highlands Regional Medical Center.

Do you, a friend or family member suffer from acid reflux?? To review the full spectrum of safe reflux management and have questions answered or an appointment scheduled, call Kim Preston, RN, the specially trained Nurse Coordinator of the Heartburn Treatment Center at Highlands Regional at 866.886.7664. GERD is more than just heartburn. A complete review of symptoms,

reflux-related cancer risk and treatment options are essential for all sufferers.

Highlands Regional Medical Center is a 184-bed (154 acute care, 18 skilled nursing, and 12 geriatric psychiatric) not-for profit, community owned and operated healthcare facility that is fully

accredited by the Joint Commission on Accreditation of Healthcare Organizations. As a full-service facility with an active medical staff of more than 100 physicians, Highlands Regional Medical Center features 24-hour emergency care, same-day surgery and outpatient care, advanced

pulmonary care, physical therapy and rehabilitation services, broad-based diagnostic services including on-site CT and MRI, cardiac services, pediatric care, senior wellness programs and an on-site clinical laboratory.

■ Continued from p2

Cancer

facilities that offer MRI lack the expertise and equipment to do an MRI-guided biopsy, meaning the MRI will have to be repeated elsewhere if a possible tumor is found. Breast MRIs should be done at places that do biopsies as well, they said.

This year, the American College of Radiology is expected to start a voluntary accreditation program to help ensure the quality of breast MRI testing, cancer society officials said.

For women at high risk for breast cancer, the test is definitely worthwhile, said Courtney From Hirsch, 26, of Raleigh, N.C. She feels that

way despite MRI errors that led to two unnecessary biopsies.

Hirsch's mother was diagnosed with breast cancer in 2004, and Hirsch and her younger sister both tested positive for the BRCA1 mutation. They are among an estimated 22,000 women in the United States who have tested positive in the 10 years since the test became available.

Hirsch said she also has the kind of dense breasts that are problematic for mammograms.

She's had four breast MRIs in the past two years, two of them done as part of biopsies, but fortunately nothing has

been found.

There are downsides, she said: Lying in an MRI scanner for an hour or more can be uncomfortable. Her family has paid \$10,000 out-of-pocket for uncovered costs from mammograms, MRIs and biopsies in the last two years. It can be difficult to schedule "magnet time" at the busy UNC cancer center where she gets her screenings. False positives can be frightening, and one of the biopsies left scarring that she said was visible at her February wedding.

"I'd rather have as many scars as I need to on my body to prevent getting cancer," she said.

■ Continued from p5

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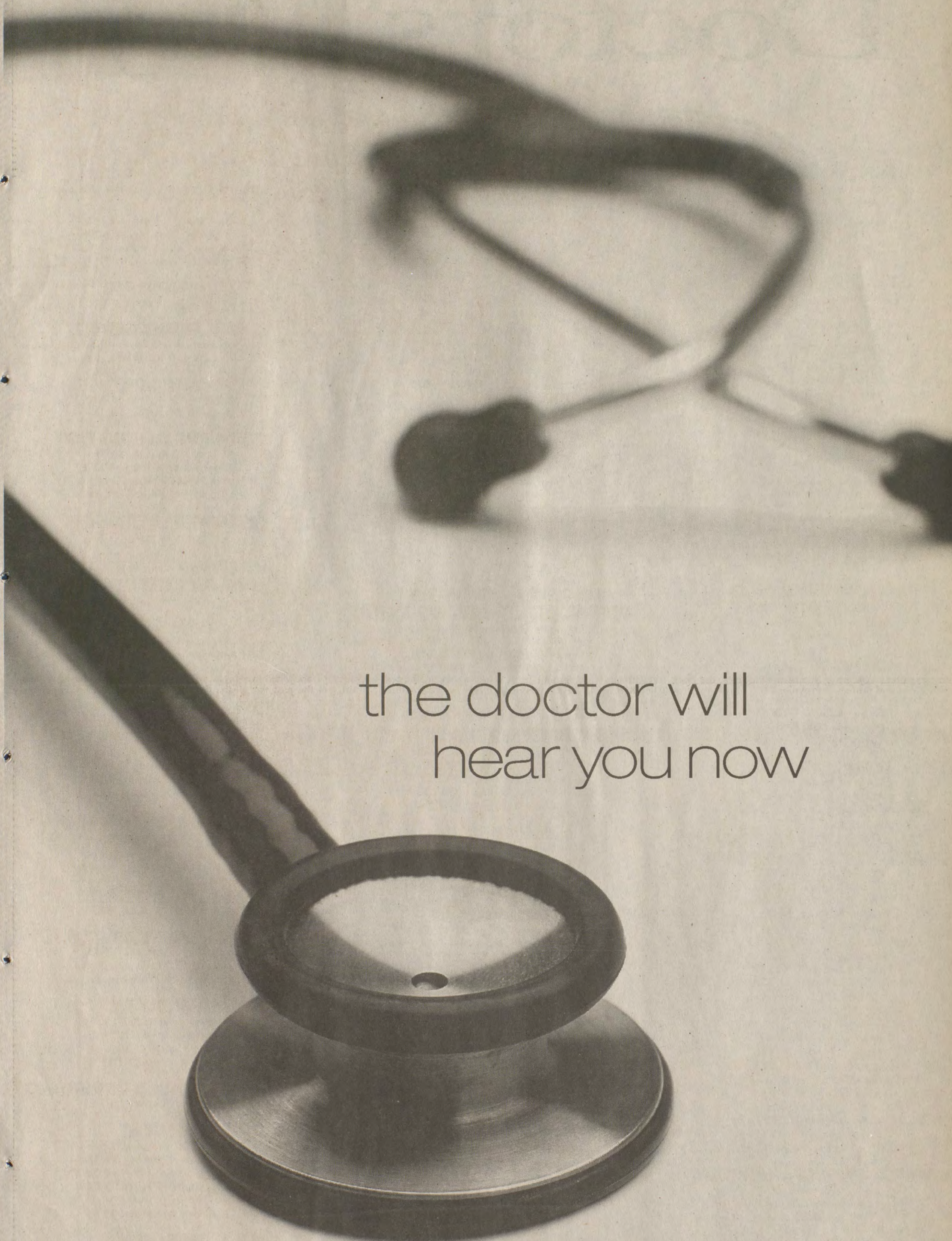
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Doctors' Day

MARCH 30

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