



Mike Allen, left, plant manager for Kellogg's Pikeville plant, recently presented a check to Pikeville College President Hal Smith in support of the College's mission. "The Kellogg Company supports the education of our children, knowing that our children will be the leaders of tomorrow," said Allen. Smith said that, in addition to financial support, Kellogg's has provided opportunities for Pikeville College students to learn through internships and employment at the Pike County plant. "We believe a well-rounded student learns not only in the classroom, but also from experience. Kellogg's is one of the most successful companies in the world. The opportunity to learn from their management team is an invaluable resource for our students. We are very appreciative of their support of Pikeville College students."

Corps of Engineers to waive day use fees for veterans, soldiers on Veterans Day

WASHINGTON, D.C. — The U.S. Army Corps of Engineers will join other federal agencies in waiving day use fees for veterans, active duty service members and their families at its recreation areas nationwide on November 11.

"Our intent is to honor and support the men and women who have served our nation in the armed services," Major General Don T. Riley, the Corps' Director of Civil Works, said. "We chose this occasion to encourage our veterans and those on active duty to enjoy our parks and realize the benefits of outdoor recreation activities."

While waiving day use fees, the Corps also encourages all others to enjoy America's public lands and waters. The Corps is one of

the largest providers of outdoor recreation, operating more than 2,500 recreation areas at 456 projects (mostly lakes) and leasing an additional 1,800 sites to state or local park and recreation authorities or private interests.

The Corps hosts about 375 million visits each year at its lakes, beaches and other areas, and estimates that 25 million Americans (one in ten) visit a Corps project at least once a year to recreate. Additional information about the Corps' recreation program is available at <http://corpsslakes.usace.army.mil/visitors/visitors.cfm>.

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Mining deaths tied to lack of compliance with safety rules

The Associated Press

CHARLESTON, W.Va. — Most of the fatalities in the nation's coal mines in the last decade resulted from mine operators' failure to comply with safety rules, an analysis by the Sunday Gazette-Mail shows.

The newspaper examined federal records of the deaths of 320 coal miners in 297 accidents nationwide between 1996 and 2005. Nearly nine out of 10 fatalities could have been avoided if mine operators had complied with safety rules, the newspaper reported Sunday.

Mine operators failed to perform, or incorrectly performed, required safety checks in nearly one-fourth of the mining deaths during the period. Twenty-one percent of the fatalities resulted from violations of roof control, mine ventilation or other required safety plans.

Mining equipment that was not maintained in safe working condition was involved in more than 25 percent of the fatal accidents. Miners received inadequate training or no training in more than 20 percent of the accidents, the newspaper reported.

"We haven't invented new ways to kill people," said Davitt McAteer, who was director of the federal Mine Safety and Health Administration during the Clinton administration. "People are dying because we haven't kept up with particular statutes and rules."

Richard Stickler, the new MSHA chief, said earlier this year during his confirmation hearing that most mining deaths result from violations.

"This is really an outlaw industry," said Tony Oppgaard, a mine safety expert and former regulator from Kentucky.

During the same period, the median penalty paid by coal companies for a miner's death was \$250, the Sunday Gazette-Mail reported.

Mine safety problems entered the national spotlight this year after an explosion at the Sago Mine killed 12 miners and a blast at an eastern Kentucky mine killed five miners. But 286 of the 320 deaths that occurred during the last decade were single fatalities involving equipment or collapsed mine roofs, the newspaper reported.

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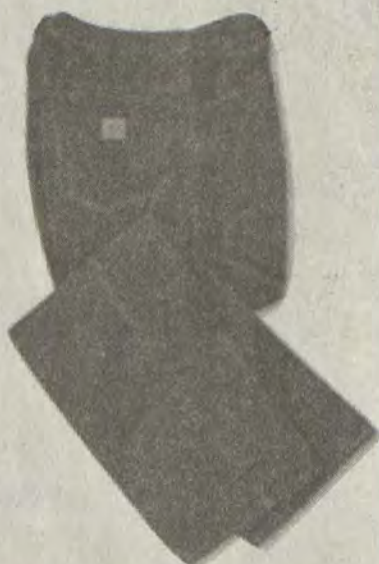
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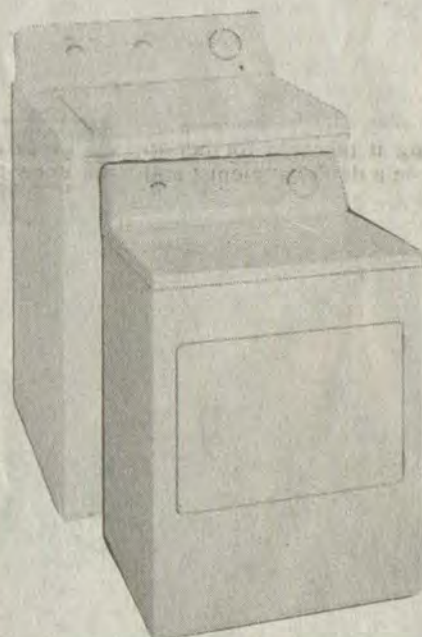
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Pike woman pleads guilty to black lung fraud

by ALEX SMITH
STAFF WRITER

PIKEVILLE — A Sadieville woman entered a guilty plea Nov. 2 in U.S. District Court in Pikeville to embezzling charges after she admitted to failing to notify the United States Department of Labor about her mother's death in 1999 and when continued to receive her coal miner's disability benefits, collecting over \$38,000.

Vesta Justice admitted that in October of 1994 her mother, Viola Slone, was determined to be eligible for monthly benefit payments through the Part B Black Lung Benefits Program after becoming disabled while working in a coal mine. Slone began receiving monthly payments in October 1994 and were issued to a U.S. Bank checking account in Pikeville through electronic funds transfer. Slone's daughter's

name was also listed on the account, and when Viola Slone died on April 11, 1999, Justice did not notify the U.S. Department of Labor that she had died.

The Department of Labor began investigating the matter in the spring of 2005 when they became aware that Viola Slone had died in 1999. Agents with Office of Inspector General learned that a post office box in Pikeville that Justice had obtained

April 3, 2001, was listed as the address for Slone's joint bank account.

Justice continued to collect her mother's benefits from May 1999 through July 2005. During this period she received \$38,087 and admitted to withdrawing the money from the joint account and transferring it into the separate account she had opened with another bank.

Justice's case has been continued

until February 6, 2007, when she will be sentenced. She faces a maximum of 10 years in prison and a fine of \$250,000, as part of her plea agreement she has agreed to make full restitution for the amount she received after her mother's death. Justice has also agreed to help the government collect any further information they may require from her in the case and has been released until the time of her sentencing.

Allen

into Floyd County, which would have meant the city would have no longer received funds from the government or have to pay city taxes.

Floyd County Sheriff John K Blackburn said before the election that Allen has only one police officer, and that the sheriff's office routinely patrols the area and would continue to do so if the

city were dissolved, which could mean the city will no longer employ an officer.

"We'll continue to do what we do now from time to time, and we'll patrol the area when we are in the area," Blackburn said.

The race for mayor of Allen appeared to be a foregone conclusion as of 9 p.m., as incumbent Mayor Sharon Woods held

77 percent of the ballots cast. Her opponent in the race was Jammie T. Kinzer.

Seven people were running for only four possible seats as city commissioner, and as of press time only one looked as though they were assured of a seat. Ernestine Burchett Hall held 26 percent of all ballots cast, and everyone else on the ballot had captured at least 9 percent.

■ Continued from p1

Congress

Lieberman ran as an independent, but will side with the Democrats when he returns to

Washington.

Sen. Rick Santorum of Pennsylvania became the first Republican senator to fall to the Democrats, losing his seat after two conservative terms to Bob Casey Jr., the state treasurer.

In Ohio, Sen. Mike DeWine lost to Rep. Sherrrod Brown, a liberal seven-term lawmaker.

In the battle for control of

the House, Rep. John Hostettler, R-Ind., and Anne Northup of Kentucky both lost to their Democratic challengers.

Hostettler, Santorum and DeWine all won their seats in the Republican landslide of 1994, the year the GOP won control of the House they were in danger of surrendering in this election.

■ Continued from p1

Other

nering 19 percent. The battle for the final spot looks to have come down to either Lonzie tackett and Tim Hall, who received 13 and 12 percent of the votes respectively.

The mayor position for the city of Wayland was also in the air as Tommy Robinson led his opponent Lisa Gray by 14 overall votes, holding 65 percent of the votes so far.

■ Continued from p1

Deer most likely animal to cause fatal wrecks

by JESSICA HALE
STAFF WRITER

Although deer may be one of the most beautiful animals that call Kentucky home, traffic accidents involving deer claim the largest number of lives compared to any other animal in the United States.

Automobile accidents involving deer on roads claim nearly 100 human lives and account for millions of dollars in insurance claims each year. The average deer vs. automobile collision results in approximately \$2,000 per claim.

During this time of year, nearly 50 percent of all collisions with deer occur, therefore making it very important to recognize this ever present risk. In November 2005, there were 711 reported deer colli-

sions in the state of Kentucky, higher than any other month of the year.

According to the Kentucky State Police website, there are several things you can do to avoid hitting a deer. Deer are more active in the early morning and evening hours, so be especially cautious during these times, use your high beam headlights whenever possible, look for other deer after one has crossed the road and always wear your seat belt because most people injured or killed in collisions with deer were not wearing a seat belt.

The KSP website also provides information on what to do if you do strike a deer with your car. You may visit the website at www.kentuckystatepolice.org for more information.

Prestonsburg

■ Continued from p1

promising that the sewer system be at the top of his list if voted Mayor, Fannin has said that he too is working diligently on the project.

As for Prestonsburg City Council, the leading eight candidates were Kelly Moore, Shag Branham, Morris Copley, B.D. Nunnery, Chris Slone, Don Willis, Gorman Collins Jr. and Donna Wells Blackburn, with Ann Latta and Danny Hamilton running closely behind.

Floyd County Clerk Chris Waugh said that many people may automatically think the new computerized voting

machines would make things run more smoothly, but actually the problem occurs when the election officials have to tally both the old and the new machines, then combine the numbers for an exact amount. He also says that anytime you use a new system for the first time, some unexpected problems do occur.

As expected, a measure on the ballot to annex Highlands Regional Medical Center into the city of Prestonsburg failed, as the only two voters eligible to vote in that race — who both live in the hospital — voted against the measure.

Board

■ Continued from p1

work toward ensuring a quality education for Floyd County students, overseeing a budget plan that puts student needs first, promoting vocational studies, supporting a more extensive drug education program in county schools, encouraging open communication between schools and families, and promoting improved security measures in all schools.

"I feel very blessed that this many people have supported

me and put their confidence in me," Gearheart said yesterday evening as it became apparent that she had successfully won her bid for the district seat. "I hope to be an effective representative for the district and I thank all my supporters. I look forward to working with the other board members toward promoting an effective school district," she said.

Gearheart celebrated her victory Tuesday evening at her home with family and friends.

LET'S TALK TURKEY and THE TRIMMINGS



Attention, Readers:

Wednesday, Nov. 15

This Special "Recipe" Section
will be published in the Floyd County Times

Please send us your favorite Holiday Recipes
that you'll be fixing for your family this Thanksgiving!

Maybe you have a special holiday tradition or funny
Thanksgiving mishap you'd like to share as well.

Please send your recipes and/or stories to:

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All entries must be received by Wednesday, Nov. 8, 2006.

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Odds & Ends

■ **SHALLOTTE, N.C.** — Students who need to use the restroom at West Brunswick High School can't go alone these days. They have to be escorted by school administrators.

It's been that way since early October, when hall passes were suspended after three trash cans were set on fire and fire alarms were pulled.

"If you're going to treat me like I was in kindergarten we should at least get recess and nap time," said senior Kristen Hughes, 17. "I was degraded."

The alarms forced all students and staff outside and they missed hours of teaching time. The culprits have been caught and punished.

Some of the 1,400 students complain that they're being treated like preschoolers, but principal Jim Jordan says he's more concerned about their safety.

"It's sort of a life lesson were trying to teach kids," Jordan said. "It takes all of us together to be a good school, not one individual."

Kyla King, a 17-year-old senior, said some students are wearing T-shirts with prison-like numbers stamped on them, but she feels students should lead by example.

"We kind of need to take the initiative to make sure this doesn't happen again," she said. "It's not a good situation being escorted to the bathroom."

■ **PROCTOR, Minn.** — If you're thinking of sneaking in a letter to The Proctor Journal that endorses your favorite candidate, you'll have to pay for it. Owner-publisher-editor Jake Benson is charging 5 cents a word for letters to the editor that back political candidates.

"After years of having candidates drop by the office, news release in hand but no ads, I just got tired of spending space and time and not getting any sort of advertising and then getting barraged with last-minute letters to the editor supporting issues and candidates," said Benson.

The Journal, a 100-year-old weekly newspaper in northeastern Minnesota near Duluth, has a circulation of nearly 2,000.

The twice-weekly Echo Press in Alexandria has had a similar policy for letters to the editor for more than 15 years. "It seemed to work" and does limit the numbers, said editor Al Edenloff, although "we still get tons of them."

Media ethics expert Bob Steele, of the Poynter Institute, didn't like the idea. "I believe the letters to the editor forum is a valuable one for the public to express thoughts and ideas and concerns," he said.

■ **SALT LAKE CITY** — How many toilet flushes does it take to power a light bulb?

Salt Lake City is exploring a pilot project that would convert sewer waste into energy to run a heating system in a downtown building, city water department official Jeff Niermeyer said.

It sounds gross, but should be perfectly sanitary.

The heat, Niermeyer explains, will come partly from solid waste, and mostly from warm water that runs in sewage pipes after draining out of toilets, showers and sinks.

The sewage temperature — between 55 and 60 degrees — combined with a constant ground temperature of about 55 provides a viable ground source for a heat-pump system.

Simply put, the system would transfer energy from one place to another.

Attorney John Lear's new offices will be the testing ground for the system. Lear, who specializes in gas and oil law, stumbled upon the idea last year while investigating alternatives to traditional heating and cooling systems.

It's a bit expensive — the system costs \$20,000 more than traditional systems — but if it works well, Lear hopes it could be eventually used by the masses.

■ **LAFAYETTE, Ind.** — Guns and driving don't mix — just ask a local police officer.

Officer Sullivan McCurdy, 41, a 10-year veteran officer with the Radcliff Police Department, accidentally shot himself in the leg while driving on an Indiana highway, police said.

McCurdy was driving south on Interstate 65 near Lafayette on Sunday trying to unload his gun when it discharged, Indiana State Police said.

Beside him in the car was his wife, Robin.

McCurdy was listed Monday in satisfactory condition at St. Elizabeth Medical Center in Lafayette, said hospital spokesman Matthew Oates.

■ **JACKSON, Mich.** — The party game asked people to name the stupidest thing they had ever done. Police say Jerry Rose answered, "Shot a guy in the head."

Now, Rose is charged with open murder and armed robbery in the March 22 slaying of 60-year-old Edgar Hawke.

Hawke's wife and 14-year-old granddaughter found his body at the bottom of the basement stairs in his Parma Township home. A large amount of cash and a .22-caliber rifle were missing. The Jackson Citizen Patriot reported Saturday.

Police were making little headway in their investigation until officers in neighboring Calhoun County questioned Rose's girlfriend about a series of break-ins. She told them about Rose's confession during a summer party, and they gave the information to Jackson County sheriff's detectives.

Rose, 29, was arrested Wednesday at his mother's home. He was arraigned Friday and was being held without

bond pending a preliminary hearing Nov. 15.

■ **ALBANY, N.Y.** — Drinking a shot of beer in New York could get you arrested for drunken driving. At least that's the way the state law reads.

Lawmakers this year approved a bill that sets the standard for driving while intoxicated at 0.18 grams of alcohol in a person's blood.

A person's body might produce that much alcohol naturally, said Ed Fiandach, a DWI lawyer in Rochester.

Instead of using grams, the law should have used blood-alcohol content as a measure.

"It was a typo," said Assemblyman David Gantt, who heads the transportation committee that approved the bill before it went to the Legislature. "If you go through our laws, mistakes are made all the time. We're human beings."

The purpose of the law is to set a level — 0.18 percent blood-alcohol content — that bans prosecutors from taking pleas to a lesser count of driving while impaired, similar to a traffic ticket. The law also would increase the penalties for a 0.18 blood-alcohol content.

The law was supposed to go into effect last week. But prosecutors won't be able to enforce it until legislators fix the typo, said Kristin Splain, who heads the DWI bureau in the Monroe County District Attorney's Office.

Gov. George Pataki signed the bill into law in September. Fiandach said he was told by

Pataki's office the governor was aware of the error but figured the Legislature would correct it with an amendment.

The Legislature could return in a special session this year to resolve the typo, or the law could be amended next year, Gantt said.

■ **MIDDLESBORO** — Pearlle Sutton didn't know what to what to make of a letter from the Social Security Administration informing her that benefits would be cut back — nine years ago.

Sutton, 81, received the unopened letter last week, even though it was dated 1997.

"It has been so many years since I received Social Security," she said. "I was surprised and shocked that it had been so many years in getting the letter."

The letter informed Sutton there had been a mistake in the amount of Social Security she should be receiving and that some would be deducted for a year until the overage was repaid.

Sutton said she's unsure how or when the SSA will respond to her inquiries about the letter, given that it set a 60-day limit to object to the withholdings.

■ **TOKYO** — Are the chefs slicing the raw tuna correctly? Is the rice sticky enough? Is that paprika in your sushi roll?

Tokyo is launching a campaign to crack down on restaurants abroad that bill themselves as authentic Japanese — but fall short of culinary stan-

dards at home.

A panel of food experts was appointed Thursday to discuss a certification system that would presumably certify restaurants that serve dishes served in the true Japanese tradition.

Though short on specifics, the system would promote "authentic Japanese culinary culture" abroad, according to the Agriculture Ministry.

"There are many restaurants overseas that call themselves

Japanese, yet use culinary techniques and ingredients far removed from those of authentic Japanese food," said a ministry statement.

It's not just Japanese traditionalists who want to weed out the fakes. The system will also promote Japanese agricultural exports and help Japanese food companies sell their products overseas, the ministry said.

It wasn't clear when the new system would kick off.

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What should you do to stop a friend from driving drunk? Whatever you have to.

Friends don't let friends drive drunk.



A group of students from the Pikeville College School of Osteopathic Medicine, along with G.O. Ministries support staff and Dominican doctors and interpreters, helped more than 1,000 patients during a weeklong medical mission trip to Batey 9, a small sugarcane community in the southwest corner of the Dominican Republic, located two hours from the border of Haiti.

Students travel abroad to minister through medicine

While on a medical mission trip in July, 17 students from the Pikeville College School of Osteopathic Medicine (PCSOM) traveled to the Dominican Republic where they incorporated the skills they learned in the classroom with the values they learned in church.

Preparation for the mission actually began last November as students worked to raise \$28,000 in funding. The trip became a reality with a lot of prayer and the generous support of friends, family, fellow students, faculty, and the local community.

The trip was scheduled through G.O. Ministries, a non-profit Christian organization in Louisville. The organization recruits, equips, and coordinates people for short-term missions throughout Haiti and the Dominican Republic. Volunteers work alongside Dominicans, which helps foster relationships through work, worship, ministry and fellowship.

This year's PCSOM team traveled to Batey 9, a small sugarcane community in the southwest corner of the Dominican Republic, approximately two hours from the border of Haiti.

"The bus ride from Santiago to the Bateys was about five hours and everyone was anxious, yet excited, about what God had in store for us. Looking back, none of us were prepared for how much God would humble us in such a short period of time," said Deana McReynolds, a

second-year medical student.

Nor were the student-doctors prepared for what the people of the Bateys would teach them about life.

"The people were so happy, yet they have so little," said PCSOM student Kris Fultz.

Second-year student Kelli Harris agrees.

"God was so alive and well in these people," Harris said. "I was blessed by hearing their stories and having shared a week in their lives. I grew a lot that week and the experiences I carried away will serve me throughout the rest of my life."

The students say they will never forget the heartbreaking experience of a young woman who came to the clinic after developing life-threatening health problems two days after a cesarean section. Without immediate care, which was beyond the scope of their clinic, the students feared the woman would die. She was

taken to a hospital, but denied treatment because she didn't have the money. The medical team met with a local pastor to see what they could do to help. Each team member donated \$5, a small amount to most people, yet enough to provide the patient with overnight care at the hospital and the life-saving treatment she desperately needed.

The group of volunteers treated more than 1,000 patients during the weeklong trip. They were joined by two Dominican doctors and a nurse, along with Dr. Jack Friedel, a family practice physician from Indiana whose daughter Patricia Friedel is second-year student at PCSOM.

"In America, we are so lucky to have access to medical care. We don't realize how much we take for granted the simple things like Tylenol or cough syrup," said

McReynolds. "These people suffer daily with nothing to ease their pain, yet they maintain such a wonderful spirit of love, patience, and humility."

The students say that the experience was life-changing. From the look on the children's faces, to the sound of their laughter, or the need for a simple sticker or hug, neither the trip nor the people will be forgotten.

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A Message From John Kirk:

Our law firm represents workers who have been injured. There are many different types of work injuries. A fall at work, is one. Being struck by a falling object or by lifting, are others. Do you know about Repetitive Stress Trauma? Workers who are hurt little by little, over and over, by little strains over a period of years until they're disabled may qualify for workers comp. An example of this is a heavy equipment operator whose work shakes and jolts him. Another example is an office worker who operates a keyboard which may cause carpal tunnel syndrome.

Many workers, such as coal miners and construction workers, develop hearing impairments from day to day exposure to noise at work. I commonly see workers who have lost 50% of their hearing capacity. Kentucky law provides for comp payments in many cases for workers who have stopped working...but, do you know that workers still on the job may also qualify? In many cases, they do.

Kentucky's new black lung law became effective in 2002, and applies to working miners, in some cases, and to others who have stopped. It may also apply to workers who have filed previous claims.

If a work injury is serious enough that you cannot go back to work, you may also qualify for other benefits such as Social Security. We represent disabled workers before the Social Security Administration.

This firm was founded many years ago to represent working people. My late father, Tom Kirk, worked inside the underground mines for 36 years. Both my grandfathers were coal miners. So are most of my uncles, some of my cousins, my brother and my brother in law.

If you need us for specific advice, call us. We'll meet with you to discuss matters, and if we represent you, we'll do so on a contingency basis.

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simple twists

add a special touch to

HOLIDAY CLASSICS

FAMILY FEATURES

At the heart of any holiday celebration is food. Certain tastes and aromas instantly conjure up images of the holidays, evoking memories of family, friends and seasons past. Everyone has a favorite dish, so hosts look for new ways to add special touches without snubbing tradition. According to a survey conducted by Equation Research, 81 percent of people say they look for new recipes to help put a fresh twist on holiday classics. And, while the main course tends to remain constant, cooks want simple ideas to bring new flavor and flair to appetizers, side dishes and desserts.

The classic Green Bean Casserole, which gets its unmistakable flavor from cream of mushroom soup, has been a mainstay on holiday menus for more than 50 years. To add a festive touch of color, mix in chopped red pepper. Using chicken broth instead of water adds rich flavor to Moist & Savory Stuffing. Pecans and cranberries lend a flavorful twist.

Of course, no holiday gathering would be complete without scrumptious desserts. Easier Than Apple Pie — a festive interpretation of the all-American favorite — showcases the classic tastes of apples and cinnamon in a simple, rustic tart. Or, trade in traditional pumpkin pie for Spiced Pumpkin Cake, an ultra-moist treat with spiced cream cheese frosting that will win rave reviews.

For more recipes that blend tradition and creativity, visit www.campbellskitchen.com, www.mccormick.com or www.swansonbroth.com.

Green Bean Casserole

Prep: 10 minutes
Bake: 30 minutes
Makes 12 servings

- 2 cans (10 3/4 ounces each) Campbell's Cream of Mushroom Soup (Regular or 98% Fat Free)
- 1 cup milk
- 2 teaspoons soy sauce
- 1/4 teaspoon ground black pepper
- 8 cups cooked cut green beans
- 1 can (6 ounces) French's French Fried Onions (2 2/3 cups)

1. Stir soup, milk, soy sauce, pepper, beans and 1 1/3 cups onions in 3-quart casserole.
2. Bake at 350°F for 25 minutes or until hot. Stir.
3. Top with remaining onions. Bake for 5 minutes more.

For a Festive Touch: stir in 1/2 cup chopped red pepper with soup.

Onion Gratin

Prep: 20 minutes
Bake: 45 minutes
Makes 8 servings

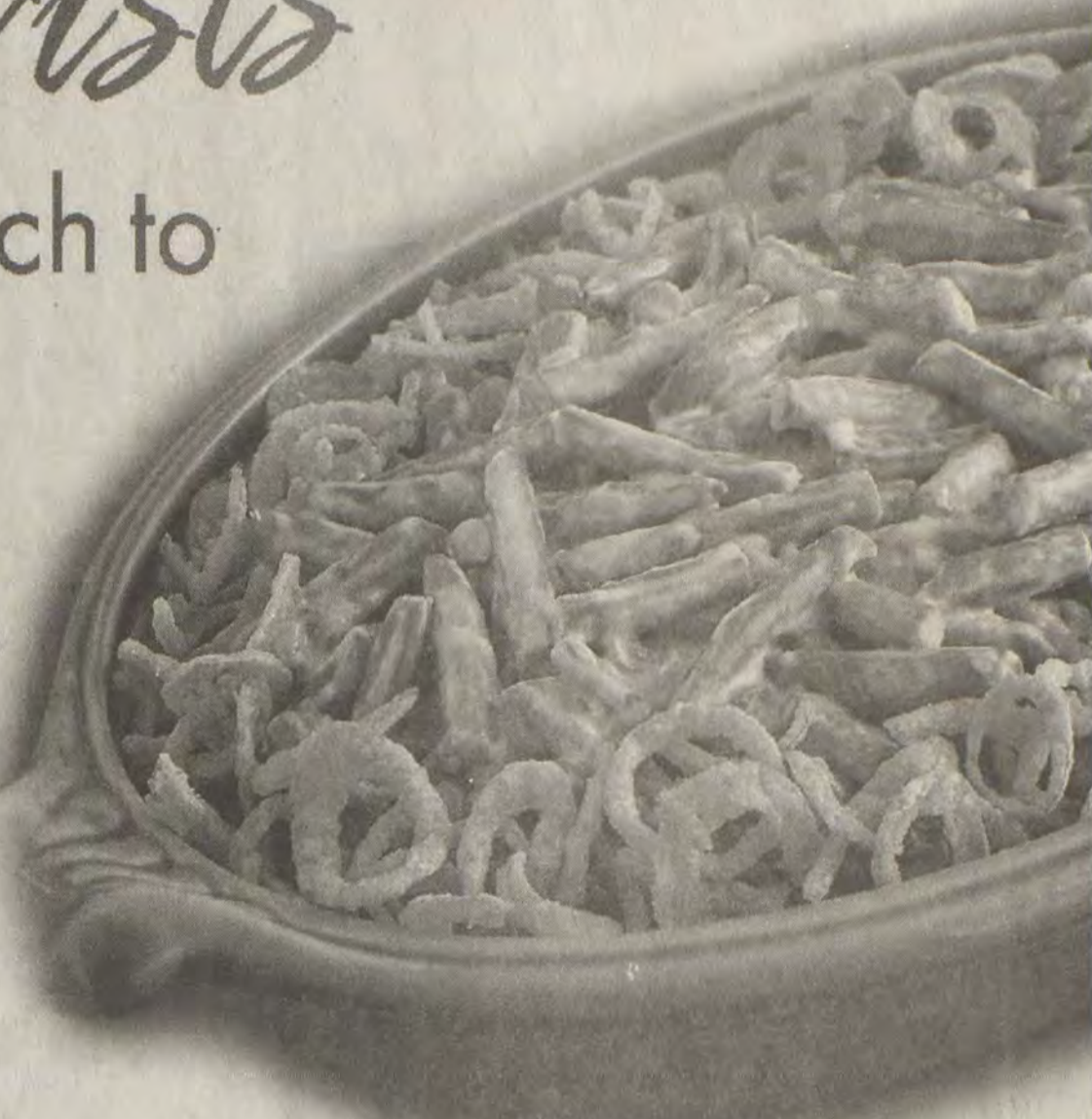
- 2 pounds small whole white onions (about 30 to 32), peeled
- 1 can (10 3/4 ounces) Campbell's Condensed Cream of Mushroom Soup (Regular or 98% Fat Free)
- 3/4 cup milk
- 1 1/4 cups shredded Cheddar cheese (about 5 ounces), divided
- 1/2 cup crushed corn flakes

1. Arrange onions in 12 x 8-inch shallow baking dish.
2. Mix soup, milk and 1/4 cup cheese in small bowl and pour over onions.
3. Mix corn flake crumbs with remaining cheese in small bowl and sprinkle over onions.
4. Bake at 350°F for 45 minutes or until hot and bubbly and onions are tender.

Try This Easy Method: For peeling small white onions, cut off ends of onions and place them in a bowl. Pour boiling water over onions and let stand for 5 minutes. Pour off water and then slip the skins off the onions.



Easier Than Apple Pie



Green Bean Casserole

Ultra Creamy Mashed Potatoes

Prep: 5 minutes
Cook: 20 minutes
Makes about 6 servings

- 3 1/2 cups Swanson Chicken Broth (Regular, Natural Goodness or Certified Organic)
- 5 large potatoes, cut into 1-inch pieces
- 1/2 cup light cream
- 2 tablespoons butter
- Generous dash ground black pepper

1. Heat broth and potatoes in 3-quart saucepan over medium-high heat to boil.
2. Reduce heat to medium. Cover and cook for 10 minutes or until potatoes are tender. Drain, reserving broth.
3. Mash potatoes with 1/4 cup reserved broth, cream, butter and pepper. Add additional broth, if needed, until desired consistency.

For Ultimate Mashed Potatoes: Stir 1/2 cup sour cream, 3 slices bacon cooked and crumbled (reserve some for garnish) and 1/4 cup chopped fresh chives into hot mashed potatoes. Sprinkle with reserved bacon.

For Mashed Potato Medley: Substitute 3 cups Yukon Gold potatoes, 2 cups sweet potatoes and 2 cups unpeeled red potatoes cut into 1-inch pieces for white potatoes.

Moist & Savory Stuffing

Prep: 5 minutes
Cook: 10 minutes
Makes 4 cups

- 1 3/4 cups Swanson Chicken Broth (Regular, Natural Goodness or Certified Organic)
- Generous dash ground black pepper
- 1 stalk celery, coarsely chopped
- 1 small onion, coarsely chopped
- 4 cups Pepperidge Farm Herb Seasoned Stuffing

1. Heat broth, pepper, celery and onion in 2-quart saucepan over high heat to boil. Reduce heat to low. Cover and cook for 5 minutes or until vegetables are tender.
2. Add stuffing and stir lightly to coat.

Savory Stuffing With Cranberries and Pecans: Stir 1/2 cup each dried cranberries and chopped pecans into stuffing mixture.

Sausage & Mushroom Stuffing: Add 1 cup sliced mushrooms to vegetables while cooking. Stir 1/2 pound cooked and crumbled pork sausage into stuffing mixture.

To-Do — Pantry Check

Before making the grocery list, check pantry staples to ensure all holiday cooking and baking starts with fresh ingredients. Some items to check: spices, dried herbs, flour, sugar, chocolate, and nuts. Even soup and broth have expiration dates.



Moist & Savory Stuffing

Easier Than Apple Pie

Prep: 15 minutes
Bake: 20 to 25 minutes
Makes 8 servings

- 1 refrigerated pie crust (from 15-ounce package)
- 1 egg white, lightly beaten
- 3/4 cup sugar
- 2 tablespoons cornstarch
- 1 tablespoon McCormick Ground Cinnamon
- 4 cups thinly sliced peeled apples (about 4 medium)
- 1 teaspoon sugar

1. Preheat oven to 425°F. Prepare crust as directed on package. Place on foil-lined 12-inch pizza pan. If necessary, press out any folds or creases. Brush crust with about 1/2 of beaten egg white.
2. Mix 3/4 cup sugar, cornstarch and cinnamon in medium bowl. Toss with apples. Spoon into center of crust, spreading to within 2 inches of edges. Fold 2-inch edge of crust up over apples, pleating or folding crust as needed. Brush crust with remaining egg white; sprinkle with 1 teaspoon sugar.
3. Bake for 20 to 25 minutes or until apples are tender. Cool slightly before serving.

Spiced Pumpkin Cake

Prep: 10 minutes
Bake: 35 minutes
Makes 18 servings

- 1 package (18 1/4 ounces) yellow cake mix
- 1 package (4-serving size) instant vanilla pudding mix
- 1 cup canned pumpkin
- 1/2 cup oil
- 1/2 cup water
- 3 eggs
- 1 1/2 teaspoons McCormick Ground Cinnamon
- 1 teaspoon McCormick Ground Cloves
- Spiced Cream Cheese Frosting (recipe follows)

1. Preheat oven to 350°F. Beat all ingredients except frosting in large bowl with electric mixer on low speed just until moistened, scraping side of bowl frequently. Beat on medium speed for 2 minutes or until well blended.
2. Pour into greased and floured 13 x 9-inch baking pan.
3. Bake for 30 to 35 minutes or until toothpick inserted in center comes out clean. Cool in pan on wire rack. Spread with Spiced Cream Cheese Frosting.

Spiced Cream Cheese Frosting: Beat 1 package (8 ounces) cream cheese, softened; 1/4 cup (1/2 stick) butter, softened; 1 teaspoon McCormick Pure Vanilla Extract; and 1/4 teaspoon McCormick Ground Cloves in large bowl until well blended. Gradually add 1 package (16 ounces) powdered sugar (about 4 cups), beating until well blended after each addition.

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Pageants



Jr. Miss Red, White & Blue 2006

Katlyn Ann Tackett was crowned "Jr. Miss Red, White & Blue" on October 12, 2006. She represented Allen Central Middle School. Katlyn is the 13 year old daughter of Brent and Kathy Tackett, of Printer. She is the granddaughter of Wade and Neva Tackett, of Printer, Donnie and Della Hackworth, of Prestonsburg, and Bertha and Jack Spears, also of Prestonsburg. She was escorted by Odie Walker who also attends Allen Central Middle School. Odie is the son of Ricky and Sherry Green, of McDowell. He is the grandson of Brenda and Odie Hicks, of McDowell, and Rick and Becky Green, of Drift. Katlyn was also awarded the titles of "Most Beautiful" and "Best Stage Presentation."



Baby Mr. Patriotic Prince 2006

Connor Brennan Lee Napier was crowned "Baby Mr. Patriotic Prince" during the 2006 Red, White & Blue Pageant, held in October at the Martin Community Center. Connor was also awarded the titles of "Overall Photogenic" and "Mr. Natural Handsome." He is the son of Henry and Shannon Napier, of David. He is the grandson of Palmer and Cheryl Slone, also of David, and John and Mona Dean, of Martin.



Tiny Miss title winner

Abigail Brooke Conn, the two year old daughter of Brian and Jennifer Conn, of Auxier, recently competed in the "Patriotic Tiny Miss" pageant, held at the Martin Community Center. Abigail was crowned first runner-up. She is the maternal granddaughter of Jim and Myra Gillispie, of Auxier. Her paternal grandparents are the late Albert and Irene Conn, of Martin.

New Arrivals



Oct. 25, 2006 A son, Gregory Lee Daniel Gibson, to Brandie Leann aughter, Andrea Denea Lambert, to Tiffany & Adam Lambert, of Jackson

Oct. 26, 2006 A daughter, Kieryona Aleeha Sherman, to LaDonna & Aaron Sherman, of Allen

Oct. 26, 2006 A daughter, Sophia McKenzie Spradlin, to Angela & Michael Spradlin, of Flat Gap

Oct. 26, 2006 A daughter, Autumn Cora Nichole McCoy, to Angela & William McCoy, of Debord

Oct. 27, 2006 A son, Zander Chase Isaac Tackett, to Kandi Elizabeth Tackett, of Van Lear

Oct. 27, 2006 A daughter, Audrey Nicole Moore, to Diana & Nathanael Moore of Vancleve

Oct. 27, 2006 A son, Joshua Cody Sparkman to Dellena Sparkman of Hindman

Oct. 27, 2006 A daughter, Josie Marie Limle to Jenni Louise Tiller of Flat Gap

Oct. 29, 2006 A son, Thomas Ray Collins, Jr. to Crystal Lynn Sorg of Garrett

Oct. 30, 2006 A daughter, Kaylin O'Shae Mullins to Pamela Marie & Joshua Mullins of Melvin

Oct. 30, 2006 A daughter, Izabella Danielle Lynn Howell to Elisha & Matthew Howell of Banner

Birthday



Happy 80th birthday!

Mrs. Gladys Irene Sturgill, of Toler Creek, in Harold, recently celebrated her 80th birthday on October 2, 2006. She celebrated this wonderful milestone in her life with members of her family including her sister, Earnestene Fincher and her husband, Joseph, of Princeton, West Virginia; her brother, Blake McKinney and his wife, Patsy, of Lincoln Park, Michigan; her children, John Sturgill, of Harold, Edna and Ercel Michael, of Fedscreek, Jettie and Rev. Elster Tibbs, of Romulus, Michigan, Betsy and Larry Burnette, of Pikeville, and Julie and Roger Johnson, of Harold; her granddaughter Jessica Sturgill, of Harold, and her fiancée, Timothy Joshua Hall, of Oceanside, California. Gladys' beloved pet poodle, "Happy" was also by her side for the special day of celebration. Everyone had a wonderful time and wishes for many more happy years are shared by all.

Family reunion?

Share your family news. If your family is having a reunion, the Times will publish a picture, along with basic information, about the happy gathering. Stop by the Times office, located on 263 South Cental Avenue (across from Ray Howard Furniture), or send info. to PO Box 390, Prestonsburg, KY 41653; or email to: features@floydcounty-times.com.



HALL RETIRES



photo by Kathy J. Prater
Bill Johnson, manager post office operations, Eastern Kentucky region (left) and Gale Scott, manager post office operations, Ashland district (right) visited Debbie Howard Hall on Monday, October 30, at the Auxier post office to present her with a gift and to wish her well in her retirement. Hall retired from her duties with the United States Postal Service last week following 36 years of service to four different Floyd County communities.

Challenger Center hosts Astronaut

The Challenger Learning Center of Kentucky in Hazard invites the public to meet Astronaut Dan Brandenstein on Saturday, Dec. 2. A Challenger Center Open House complete with "space" food and hands-on activities will be held at the Challenger Center on the Hazard Campus of Hazard Community & Technical College from 10 a.m. to noon. All students, accompanied by an adult, are encouraged to attend, as well as any one else interested in touring the Challenger Center and meeting Capt. Brandenstein. Then, at 1 p.m. Brandenstein will speak at The Forum at the Hal Rogers Center. Admission to both events is free. Autographed T-shirts, miniature shuttles, and individualized pictures with the astronaut will be available for sale at the Challenger Center.

Brandenstein was selected by NASA as an Astronaut Candidate in January 1978 and became an astronaut in August 1979. He was a pilot on STS-8—his first flight that launched on Aug. 30, 1983. The flight aboard Orbiter Challenger was the first mission with a night launch and night landing.

On his second mission, June 17-24, 1985, he commanded the crew of STS-51G aboard the Orbiter Discovery. During this seven-day mission, crewmembers deployed communications satellites for Mexico, the Arab League, and the United States. They used the Remote Manipulator System to deploy and later retrieve the SPARTAN satellite, which performed 17 hours of x-ray astronomy experiments while separated from the Space Shuttle.

He then went on to command two more missions. He is now retired from NASA and the U.S. Navy and has entered private industry as Vice President and Program Manager of the Lockheed Martin Space Operations Mission Support Operations Contract.

Brandenstein was inducted into the Astronaut Hall of Fame in 2003. "We're very fortunate that NASA and Lockheed Martin are sending this distinguished astronaut to Hazard," noted Tom Cravens, Challenger Center director. "Students will have a rare chance to hear Dan Brandenstein talk about his travels, as well as get their picture taken with him during a morning of fun activities. Dec. 2 is going to be a great day," Cravens said.

Later that evening, Brandenstein will attend the Christmas for Charity Ball at 8 p.m. at Hazard Community & Technical College in the First Federal Center.

Editor's Notice: The Floyd County Times is happy to announce your engagement, new marriage, new baby's birthday or family reunion free of charge. However, space is limited and we can offer no guarantee of the exact day your announcement will run. Readers may opt to purchase ad space if these conditions are not satisfactory. With the purchase of a paid ad, run date, size and placement may be guaranteed.

Korner

Continued from p5

The coach's/referee's of this Pee Wee league are big ol teddy bears that are getting their morning exercise and then some.

It was so touching to watch as a few of the smaller teammates tried so hard to hit that big tall net and the ball just wasn't quite making it to the half way point. Well, not until the coach's/referee's decided they'd give these tiny tots a helping boost anyway.

Yes, they all ran from one end to the other and when these little tikes had the ball one coach or another would hoist the little feller up and let him score!

And the crowd went wild! What an experience - they are learning to dribble (until they get tired and just pick up

the ball and run with it), they are learning to block shots (even from their own teammates), and most important, sportsmanship and they all seem to have that part down pretty good.

The teams line up facing one another as they stroll down the line giving high five's, which they seem to love.

My favorite part is it doesn't seem to matter who wins - they all come out feeling like they have and that they're on their way to being the next Magic Johnson even if they haven't a clue to who that is.

Go, Panthers!
Til Next Week
God Bless our little ones...