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— Page A10

briefs
Fraud charge reduced

by MARY MUSIC
STAFF WRITER

PRESTONSBURG — Felony charges were amended this week for a Floyd County woman accused of welfare fraud.

Rebecca J. Wakeland, 29, of Green Hill Branch in Banner, pleaded guilty to an amended misdemeanor charge and received a 12-month suspended sentence for the crime.

The ruling came during a preliminary hearing Wednesday in District Judge James R. Allen's courtroom.

Lawrence A. Bercheit, an investigator with the Attorney General's Office, signed a complaint against Wakeland last month, alleging that she received more than \$40,000 in fraudulent welfare benefits.

Bercheit claimed that Wakeland failed to report changes in her household income and inappropriately received \$5,519 in AFDC funds, \$7,260 in food stamps, and \$29,387 in medical assistance from the state.

She pleaded not guilty to the crime earlier this month and changed that plea in court Wednesday.

Judge Allen also ordered Wakeland to pay \$145.50 in court costs.

Cocaine ring members sentenced

by MARY MUSIC
STAFF WRITER

PRESTONSBURG — Commonwealth Attorney Brent Turner says he's glad his office proceeded with state charges against two of the five men convicted in federal court for their participation in a cocaine trafficking ring.

The cases against Harold Glen Thornsberry and Vernon Slone culminated with sentence hearings in circuit court yesterday.

Thornsberry, charged with eight counts of cocaine trafficking, received an eight-year sentence, running concurrently with his 42-month federal sentence for conspiracy to commit drug trafficking.

Slone, originally charged with two counts of cocaine trafficking, received 10 years for the crime. His sentence will run concurrently with a federal sentence of 144 months, Turner said.

Turner said that most of the people he dealt with in reference with the cocaine ring cases were "surprised" when he decided to continue to pursue state charges against them. State charges against criminals are usually dismissed, he said, when federal cases are introduced against them.

"They entered their federal plea agreements with no consultation with us about what we planned to do," Turner said. "These men were significant drug traffickers."

(See COCAINE, page three)



Sabrina Blakeman, 39, of Maytown, was arrested on Wednesday for housing a runaway teen and lying to officers who stopped by her home looking for the youngster earlier in the day.

Maytown woman accused of harboring runaway

by TOM DOTY
STAFF WRITER

MAYTOWN — The search for a missing 15-year-old ended Wednesday when the Floyd County Sheriff's Office recovered the youth at a Maytown home.

"We put in many hours and finally located her at Maytown," said Sheriff John K. Blackburn.

One resident of the home, Sabrina Blakeman, 39, was arrested after allegedly lying to officers about the youth and claiming that she wasn't the one they were looking for.

"She [Blakeman] told us that the teen wasn't there," Blackburn said. "We also found six other teens there who were supposed to be in school. The investigation is ongoing but we expect to file more charges."

Blakeman was charged with hindering an investigation and endangering the welfare of a minor.

The investigation into the teen's disappearance got an assist Wednesday morning when Lt. Greg Clark arrested the youth's father for costs owed to the district court stemming from cases that go back to 2000 and 2001. Clark was told by the father, William Blackburn, that he had an idea where his daughter was and Clark proceeded to that address along with Deputy Jeremy Shepherd.

Blakeman allegedly told the officers that the youth wasn't one of several teenagers at her residence. Deputy Shepherd thought one of the teens did resemble the missing girl and asked her point blank if she was the one they were looking for. The teen replied that she wasn't and gave a false name, which Blakeman allegedly corroborated.

(See RUNAWAY, page three)



photo by Tom Doty
William Blackburn, who was arraigned in district court Thursday for money owed to the court, helped officers find his daughter, who had been missing since Friday.

Participants say Drug Court changing lives

by TOM DOTY
STAFF WRITER

PRESTONSBURG — The Floyd County Drug Court program, which offers an alternative for incarceration for offenders who are addicted to drugs and want to regain control of their lives, has been up and running for a year.

Drug Court is a diversion program which operates in three phases. It provides intensive supervision and drug abuse treatment for offenders. Each applicant needs a year to complete the program, which is broken down into three phases.

Phase one is an intensive 4-to-8-week period during which the offender attends one status session a week, held in the court of the presiding judge as well as attending five or six treatment sessions a week, four Alcoholics Anonymous or Narcotics Anonymous meetings, and submitting to three or four urine screenings.

Phase two begins next and offers the same programs in somewhat lesser increments over a 8-to-12-month period. The last phase lasts anywhere from 3-to-5 months and still allows for a court session each month, one or two urine screens a week, two or three treatment sessions and one of two AA or NA meetings.

Statistically speaking, graduates of the program are less likely to get arrested and, more importantly, less likely to return to drug use. Economically speaking, the program costs less than maintaining an offender in prison. A total of \$5.58 is returned to the commonwealth for every dollar that is spent on using drug court over jail time.

(See COURT, page three)

Witness tampering charges dropped

by MARY MUSIC
STAFF WRITER

PRESTONSBURG — District Judge James R. Allen has dropped misdemeanor counts against two Floyd County residents charged with harassing a witness in an ongoing sexual abuse case.

Jeanette Bray, 46, and Carl Frankie Burke, 28, will not be prosecuted for the alleged crimes, Judge Allen ruled during arraignment hearings Wednesday.

Bray, of Prestonsburg, and Burke, of Martin, were both charged with harassing a witness after a complaint was filed against them by a female who claimed they threatened to hurt her and her children if she did not drop charges against Larry W. Owens, 49, of Martin.

Owens was arrested last month and charged with first-degree sexual abuse for allegedly abusing a 7-year-old.

(See DROPPED, page three)

Big Sandy ADD makes personnel changes

by MARY MUSIC
STAFF WRITER

PRESTONSBURG — Big Sandy Area Development District leaders announced personnel changes during a regularly scheduled board meeting yesterday.

Amy Barnes, former development associate for the district, is stepping up to replace former economic development director Stephanie Stumbo, who was appointed in February to oversee Gov. Ernie Fletcher's Office of Local Development.

"She leaves big shoes to fill," Barnes said yesterday, "but like I said, I truly appreciate the opportunity. I'm very anxious and very excited about it."

Barnes, who joined Big Sandy ADD in 1999, said she will continue the district's efforts to coordinate goals of the region's economic developers.

At the board of directors meeting yesterday, officials also announced the appointment of Barry Butcher to his post as the district's new transportation planner.

Butcher, formerly employed in the district's GIS department, replaces Freddie Goble who left the Big Sandy ADD earlier this year.

Transportation Committee meetings, held bimonthly, will be announced and open to the public, Butcher said, pointing out the importance of coordinating regional concepts to advance the area's transportation projects.

Carol Grider was also appointed as Employment Specialist for the Kentucky Works Program in Wayne Russell, and McCreary counties.

In other news, Big Sandy ADD participated in a ribbon cutting ceremony March 5 at the U.S. 23 County Music Highway Museum in Paintsville. The museum, located on Stage Branch Road near the Johnson County Tourism Center, is scheduled to open on April 5, tourism business manager Lenada Fuller said.

It showcases each U.S. 23 artist. Their books and CDs are available in the museum.

(See ADD, page three)

2 DAY FORECAST

Today Sunny
High: 58 • Low: 36

Tomorrow Showers
High: 53 • Low: 36

For up-to-the-minute forecasts, see floydcountytimes.com

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Odds & Ends

■ **ATLANTIC CITY, N.J.** — It was a simple case of mistaken identity, and it nearly cost a casino \$25,000.

New Jersey casino regulators, who had fined the Borgata Hotel Casino & Spa for letting a banned gambler stay overnight, rescinded the penalty Wednesday, admitting that it was the son of reputed mobster Anthony "Gaspipie" Casso, not Casso himself, who checked in and played table games at the casino one night in 2003.

It couldn't have been Casso, regulators learned after imposing the fine two months ago: He's doing life in a federal prison.

"We all make mistakes," said Casino Control Commission member Michael Fedorko.

The incident stemmed from Casso's status on the commission's "exclusion list," a blacklist of 171 people deemed to be bad influences on Atlantic City casinos and banned from enter-

ing them.

Casso, 64, of Brooklyn, N.Y., was a suspected street boss in the Lucchese family organization who was added to the list in 1990. He was captured in 1993 and pleaded guilty to murder and racketeering charges in 1994 after turning government witness. He is serving a life sentence at the Administrative Maximum Facility in Florence, Colo.

■ **WEST COVINA, Calif.** — As Paul Moghadan puts it, a good toilette is good for the bottom line.

A chandelier, silver columns and a marble counter adorn the bathroom at his Chevron gas station in West Covina, some 20 miles east of Los Angeles. The walls are decorated in rich earth tones and blue stone tiles, giving the 10-foot-wide room a slight Tuscan ambiance — or maybe a touch of Vegas.

"I wanted to give the restroom the greatest look I could. I want-

ed to show how much I respect my customers," said Moghadan, 55. "I started with Chevron in 1966, and they trained us back then that the No. 1 priority was the station bathroom."

Moghadan started remodeling the indoor, unisex bathroom 13 years ago, spending \$5,000 more than he would have for a standard bathroom. He asked his brother, an architectural designer, to concoct something motorists wouldn't forget.

"It's the best restroom I've ever seen," said Jose Montes of West Covina. "You feel like you're rich when you're in there."

In the last dozen years, Moghadan said he has an average of 20 compliments a day about the bathroom.

"I have customers from Palm Springs and Las Vegas who make a point of stopping here," he said. "Some even bring in relatives to show them the bathroom."

■ **WILSONVILLE, Ore.** — Sally Miller might have been grateful if her 8-year-old son had come home from school with a nice-looking haircut.

But when he showed up with "next to nothing" on his head, Miller threatened to sue.

The West Linn-Wilsonville School District recently agreed to pay Miller \$10,000 because a school employee cut the boy's hair without permission.

The case was settled last month, but its documents were not released until The Oregonian newspaper filed a public records request.

"First I was shocked," Miller told the newspaper. "Then I was embarrassed that I didn't have the money to get him a haircut. And then I was mad ... I thought, 'What nerve. How invasive.'"

The single mother said she tried to keep her son's hair looking neat.

"There was one stinking

day, and I'm not lying, that I didn't brush his hair," Miller said.

Superintendent Roger Woehl said Wednesday the employee was wrong to play barber. "If someone needs a haircut, we'd be more than happy to go into our wallets to give them 20 bucks," he said.

The school district's insurance company paid the \$10,000 settlement but admits no liability, said Peter Merserau, an attorney for the school district.

■ **KNOXVILLE, Tenn.** — Prosecutors summoned parents of repeatedly truant children to attend a meeting about the law concerning excessive absences. About 40 percent of the adults didn't show up.

Knox County District Attorney General Randy Nichols mailed letters about the Tuesday evening meeting to 582 parents, but 241 were absent.

State law allows prosecutors to hold parents accountable for their children's school absences. Knox County in February arrested 19 parents whose children had 10 or more unexcused absences from school. Parents found guilty can be punished by a year in jail.

"We have only just begun," Nichols said. "We mean this. I don't know how else to say it. You're going to send your child to school."

Cecelia Donaldson, who received a letter about her 5-year-old grandson's absences, went to the school where the meeting was held but refused to enter the auditorium.

She said her grandson has asthma and other medical problems.

"I don't want to hear what Randy Nichols has to say," she said. "He needs to call my house when (my grandson is) up at 3 in the morning throwing up everything he ate."

Weather Service offers flood safety tips

The U.S. Department of Commerce's National Oceanic and Atmospheric Administration's (NOAA) National Weather Service (NWS) will hold its first annual flood safety awareness week campaign from March 21-25.

The goal of this campaign is to highlight ways floods occur, the hazards associated with floods, and safety measures to protect life and property. During the 20th century, floods were the number one natural disaster in the United States in terms of the number of lives lost and property damage. In the 20 year period (1984-2003), on average, nearly 100 people died annually due to flooding while

flood damages averaged \$4.6 billion a year. In 2004, seven people in the state of Kentucky lost their lives due to flooding.

Floods are unique severe weather events that can occur every month of the year in Kentucky and are a threat from border to border. Floods do not respect time or location. From persistent rains from slow moving systems in the winter to torrential thunderstorms in the spring and summer, and remnants of tropical systems in the autumn, floods can be a threat throughout the year.

People often underestimate the force of water. More than half of all flood-related deaths are attributed to vehi-

cles that are swept downstream. Of these drownings, many are preventable simply by not driving or walking onto flooded roads. Most vehicles lose control in six inches of swiftly flowing water and can be swept away in 18-24 inches of moving water. Remember, when approaching a flooded roadway, Turn Around Don't Drown.

The All-Hazards NOAA Weather Radio and the NWS Jackson Website (<http://www.crh.noaa.gov/jkl>) are among the best sources of official flood watches and warnings. Knowing what to do before, during and after a flood can save lives and reduce injuries and property

damage.

The NWS works with and relies on strategic partners involved in floodplain management, flood hazard mitigation, flood preparedness, and flood warnings to reduce the loss of life and property due to floods. Key partners include the U.S. Geological Survey, the U.S. Army Corps of Engineers, the Bureau of Reclamation, FEMA, the National Hydrologic Warning Council, the Association of State Floodplain Managers, the American Red Cross, the National Safety Council, the Federal Alliance for Safe Homes, media outlets, and many other government and private sector organizations.

Additional information about National Flood Safety Awareness Week is available on the NWS Flood Safety website at: <http://www.weather.gov/floodsafety>

This site contains a wealth of information about flood safety and what you can do to save life and property.

and take cover from other threatening weather as soon as possible.

■ Listen to the All Hazards NOAA Weather Radio to receive flood warnings from the NWS.

■ Turn around don't drown when approaching a flooded road...Barricades are put up for your protection...Drivers can lose control of their vehicles in as little as six inches of water and two feet of water will carry most vehicles away, including SUVs...Remember, road beds may have been scoured

or even washed away during flooding creating unsafe driving conditions.

■ Remember, floods can occur nearly anywhere and at anytime of the year from coast to coast and border to border...persistent thunderstorms over the same geographical area can lead to flash and river flooding.

■ Develop a flood emergency action plan.

■ Determine your flood risk and purchase flood insurance if necessary. Flood damage is not covered by homeowner's insurance.

Today in History

The Associated Press

Today is Friday, March 18, the 77th day of 2005. There are 288 days left in the year.

Today's Highlight in History: On March 18, 1965, the first spacewalk took place as Soviet cosmonaut Aleksei Leonov left his "Voskhod 2" capsule, secured by a tether.

On this date:
■ In 1766, Britain repealed the Stamp Act.

■ In 1837, the 22nd and 24th president of the United States, Grover Cleveland, was born in Caldwell, N.J.

■ In 1922, Mohandas K. Gandhi was sentenced in India to six years' imprisonment for civil disobedience. He was released after serving two years.

■ In 1931, Schick Inc. marketed the first electric razor.

■ In 1937, more than 400 people, mostly children, were killed in a gas explosion at a school in New London, Texas.

■ In 1940, Adolf Hitler and Benito Mussolini met at the Brenner Pass, where the Italian dictator agreed to join Germany's war against France and Britain.

■ In 1959, President Eisenhower signed the Hawaii statehood bill.

■ In 1962, France and Algerian rebels agreed to a truce.

■ In 1974, most of the Arab oil-producing nations ended their embargo against the United States.

■ In 1979, Iranian authorities detained American feminist Kate Millett, a day before deporting her and a companion for what were termed "provocations."

Ten years ago: The United States Catholic Conference's administrative board criticized a Republican welfare reform plan, saying it would hurt poor chil-

dren and could push women to have abortions. Spain's Princess Elena married a banker, Jaime de Marichalar y Saenz de Tejada, in Seville; it was Spain's first royal wedding in 89 years.

Five years ago: Taiwan ended more than a half century of Nationalist Party rule, electing an opposition leader, Chen Shui-bian, whose party favored Taiwan's formal independence from the rest of China.

One year ago: Addressing thousands of soldiers at Fort Campbell, President Bush warned that terrorists could never be appeased and said there was no safety for any nation that "lives at the mercy of gangsters and mass murderers." Overruling its staff, the Federal Communications Commission declared that an expletive (the "F-word") uttered by rock star Bono on NBC the previous year was indecent and profane.

Today's Birthdays: Actor

Peter Graves is 79. Composer John Kander ("Chicago") is 78. Author John Updike is 73. Nobel peace laureate and former South African president F.W. de Klerk is 69. Country singer Charley Pride is 67. Singer Kevin Dobson is 62. Actor Brad Dourif is 55. Jazz musician Bill Frisell is 54. Actor Thomas Ian Griffith is 43. Singer James McMurtry is 43. Singer-actress Vanessa L. Williams is 42. Olympic gold medal speed-skater Bonnie Blair is 41. Country musician Scott Saunders (Sons of the Desert) is 41. Rock musician Jerry Cantrell (Alice in Chains) is 39. Rock singer-musician Miki Berenyi is 38. Rapper-actress Queen Latifah is 35. Rock musician Stuart Zender is 31. Singer Devin Lima (LFO) is 28.

Thought for Today: "Liberty is from God, liberties from the devil." — Old German proverb.

Flood Safety Tips

■ Climb to safety if you hear or see signs of a flood



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Area churches invite the public to attend a "FREE" movie, **Keep Your Underwear ON!!** Wednesday, March 30, at 7 p.m., at the Mountain Arts Center. This movie deals with sexual purity for today's youth.

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photo by Mary Music

Mayor Jerry Fannin, left, signed a proclamation yesterday declaring March Social Workers Awareness Month. Also pictured are Jayme Burchett, student, and Dr. Mary Margaret Just, senior facilitator of the program.

Mayor recognizes social workers

by MARY MUSIC
STAFF WRITER

PRESTONSBURG — Mayor Jerry Fannin signed a proclamation Tuesday declaring March as Social Workers Awareness Month. The designation came during a reception at the Morehead Extended Campus.

Morehead has offered a four-year bachelor's degree program in social work for several semesters at the Prestonsburg campus, but few area residents are knowledgeable of the opportunity, facilitator Elizabeth Bishop said.

The reception, hosted by the school's Student Association of Social Workers, honored students and community members who are affiliated with the social work field.

Sherri Newsome, a junior, expects to join the social work program as a full-time student next semester. A mother and former cosmetology instructor, Newsome said she would-

n't be attending classes if they were not available so close to home.

Her remarks mirrored those given by Elsie Bailey, a junior in the program. Bailey, who commutes each week from Martin County to attend classes in Prestonsburg, says, "The education you get here is just like you go to Morehead and get."

The program is affiliated with the National Association of Social Workers.

It is a "great opportunity" for area citizens to get a degree without leaving home, said Jayme Burchett, president of the Student Association of Social Workers.

"We appreciate all the stuff that Morehead has done to have their facilities here to train people in the social work field," Fannin said. "This is an area that we need a lot of help in and we're excited that they're here and thankful for all the good work that they are doing."

Dropped

Continued from p1

old female by forcible compulsion in last spring.

Owens pleaded not guilty to the crime. His case has been referred to a grand jury.

Charges against Bray and

Burke were dismissed without prejudice, the documents say. Judge Allen ordered that they have no contact with the complaining witness or her family.

Court

Continued from p1

The productivity of graduates is also a factor, with clients maintaining employment and making more child support payments than offenders who spend their sentence in prison.

The Drug Court most recently met Thursday and 15 of the 17 members were present. The court called each one individually. Judge Eric Hall, who started the program and now oversees it, spoke to each with encouraging words about their progress before giving them homework assignments which involve writing down their experiences as they progress through the program.

Several members were instructed to try to improve their progress in certain areas but no one heard the harsh admonitions about mending their ways that are often heard at sentences throughout the courts.

Afterwards case manager Sue Blackburn was happy to discuss the progress of drug court and noted that, "They are nervous at first when they hear that the program requires them to stand in front of a judge every week, but that feeling fades away after they see how it is conducted."

Blackburn has been with the program from its inception last year and said, "Right now we have 16 members who were brought in by Judge Hall and one from Judge James Allen. I

would like to see us get referrals from circuit court, too, because we know the need is everywhere."

Blackburn was a police officer for years and noted that she never saw her relationship with people she arrested as adversarial, saying that she often told DUI suspects, "I am saving your life. Use this time to think about that."

Some members were not shy about talking to the media and included Larry, who was the first recruit.

"I took my GED today," Larry said. "I almost can't believe how far I've come. I would have been dead without this program. I have no doubt about that."

One other attendee, Rick, said, "It's definitely a life change. I feel like I'm living for the first time."

The men talked about surviving wrecks and being amazed to still be alive.

No one in the program has been arrested since entering Drug Court. Judge Hall also pointed out that the people in the program saved the county \$300,000 in incarceration expenses for the year.

Runaway

Continued from p1

roborated.

A call to an area high school later determined that the teen whose name the officers were given at the Maytown home was actually in school that day. The officers went back to the Maytown home, along with Sgt. Terry Chaffins, and made the arrest.

"It's never a good idea to lie to a police officer conducting an investigation, especially when children are involved," Blackburn said.

Blakeman was released from jail on a \$700 cash bond Thursday. A pretrial conference date has yet to be scheduled.

Cocaine

Continued from p1

We had the original cases on them and we feel we were obliged to the citizens of Floyd County to get fair depositions in the cases instead of letting it go."

The original charges against Slone, Thornsberry, and three other men involved — David Slone, Michael Slone and Rodney Thornsberry — came from a 2003 grand jury indictment.

The pursuit of state charges, however, was postponed after federal indictments were issued against the men in U.S. District Court.

All men involved have pleaded guilty and have or are serving federal time on related cocaine trafficking charges.

State charges against two of the men, David Slone, charged with one count of cocaine trafficking, and Rodney Thornsberry, facing three counts of cocaine trafficking, were dismissed earlier this year after their attorneys cited issues with a restrictive double jeopardy clause in Kentucky law that prevents individuals from being charged on both the state and federal levels with the same offense.

The commonwealth said it had no basis to object to the motion to dismiss state charges against Rodney Thornsberry because of the double jeopardy law.

Harold Thornsberry sub-

mitted a similar motion to dismiss state charges against him last month, but his motion was overruled because he and Vernon Slone both pleaded guilty in federal court to conspiracy to commit drug trafficking, charges that differ from state offenses of "straight drug trafficking," Turner said.

Though the sentences imposed against Vernon Slone and Harold Thornsberry run concurrently with their current federal sentences, Turner said their state court convictions still send a positive message to area residents.

Harold Thornsberry will likely be most affected, Turner said, because he's already served two years of his 42-month federal sentence. Vernon Slone, serving a 144-month federal sentence, will likely have served his entire state sentence by the time he completes service for the federal charges against him, Turner said.

Michael Slone, who pleaded guilty to state charges and has already completed his state sentence, is now trying to "back out of it," Turner said, after hearing news of the double jeopardy law.

Vernon Slone and Harold Thornsberry will both be returned to their federal holding cells to serve the remainder of their time.

ADD

Continued from p1

um's gift shop. The museum also has space available for meetings and weddings.

Paintsville Mayor Doug Pugh, who presented a plaque of appreciation during the meeting to Libby Ratcliff for her work with the museum, said officials are currently looking to fill the site director's position. Interviews begin next week, Fuller said.

It was also announced during the meeting that Big Sandy 50-Plus Olympics are scheduled to be held in Floyd County this year. Indoor games will take place at the Pin Zone Bowling Center in Prestonsburg on Friday, May 13. Outdoor games will be held at Dewey Lake on May 20.

Viewpoint

Worth Repeating ...

"All animals except man know that the ultimate in life is to enjoy it."

— Samuel Butler

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Guest View

Editorial roundup

The Buffalo (N.Y.) News, on tax cuts and increased spending:

Federal Reserve Chairman Alan Greenspan's warning that ballooning federal deficits are "unsustainable" should be a much-needed splash of cold water for a White House that too often puts ideology before fiscal reality.

Greenspan thinks the problem demands spending cuts and a reassessment of efforts to cut taxes. The Bush administration and congressional Republicans think he's only half right. They ought to be listening with both ears. ...

The deficit problem is driven more by Medicare than Social Security. The federal government has passed huge entitlement increases, primarily a Medicare prescription drug benefit, at the same time it has cut its own revenue by "temporary" tax cuts that the White House still wants to make permanent. Anyone who prepares a household budget knows what happens when you increase expenses while losing income. ...

Regardless of what Vice President Cheney thinks, deficits do matter. They pay for current needs by mortgaging the country's future. But those bills eventually come due. Greenspan is right to worry that ever-increasing debt, plus ever-increasing interest costs on that debt, could mean disaster when that debt collides with increasing baby boomer Medicare and Social Security obligations, let alone the costs of wars. ...

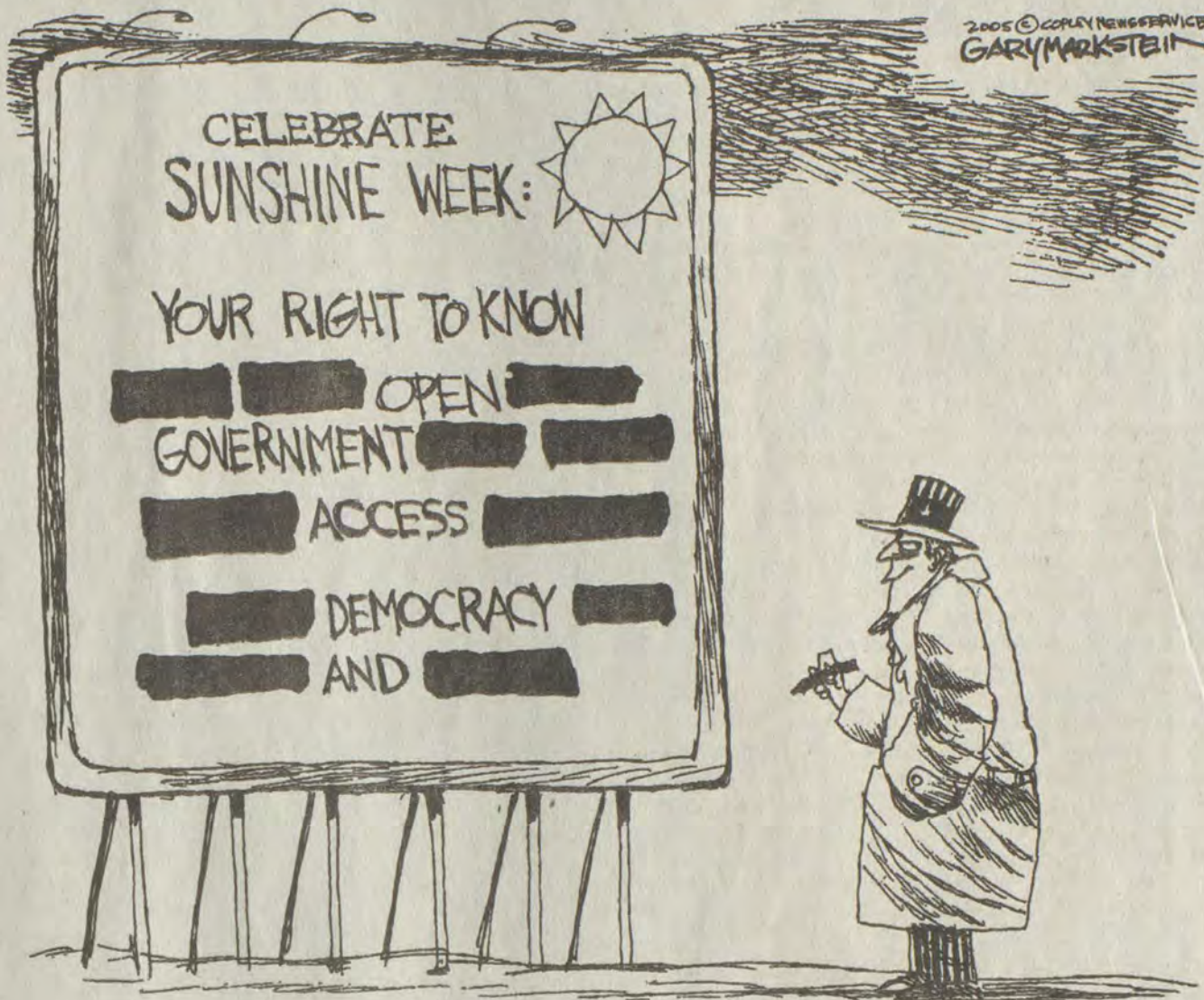
The News Tribune, Tacoma, Wash., on public disclosure laws:

Self-preservation is human nature, and so it is not surprising when someone tries to hid a potentially embarrassing or compromising bit of information about himself. That instinct leads some government officials to keep their dealings secret. Problem is, the information they want to keep under wraps isn't primarily about them. It's about us. ...

That's the aim of public disclosure laws - to make sure private citizens can get at the information that affects their daily lives, whether they know it or not. ...

Sunshine Week, an effort spearheaded by the American Society of Newspaper Editors, is intended to highlight the importance of public disclosure laws and to call attention to their erosion. Journalists' fight against government secrecy is the public's fight; reporters and editors just are the first to notice encroachments on the public's right to know. ...

The fight will never end because government will always be a human endeavor. The people we put in charge need constant reminders that they avoid embarrassment at the public's peril and eventually, their own. It's not about them. It's about us.



Guest Column

Democracy may be breaking out, but is freedom?

by SHELDON RICHMAN

Virtually everyone from President Bush to the New York Times sees democracy on a roll. Afghanistan, Iraq, the Palestinians, and Saudi Arabia (men, not women) have had elections. Egypt could be next. Is something really happening in that part of the world?

Perhaps. The real question is, what is happening? People are indeed going to the polls to elect parliaments and presidents, and are doing so under risky conditions. One should admire their willingness to defy murderers in order to have a say in who will govern them. After many years of living as subjects under repressive regimes, those populations apparently and correctly believe they deserve no less.

But it would be a mistake to equate democratic procedures with freedom, which the Bush administration and many others are eager to do. There is a big difference between democracy and freedom. In fact, democracy can be, and has been, the engine of freedom's destruction.

Definitions matter. What is democracy? Literally, it means that the people rule. But what does that mean? The 19th-century French political philosopher Benjamin Constant identified two notions of liberty, one ancient, one modern. The ancient notion held that liberty lay in the right to participate in the democratic

process, to cast one's vote. In this way the polity freely carried out its will, regardless of the impositions on individuals. The majority could even determine the society's religious practices. Ultimately, this is a collectivist version of liberty. The freedom of the individual may not thwart the "will" of the group.

In contrast, Constant wrote, the modern notion of liberty is individualistic. It denotes the right to conduct one's own affairs, to control one's property, to practice whatever religion one wishes (or none at all), and so on. Participation in the political process is one - rather minor - aspect of this liberty; after all, what means more in the everyday lives of most people: voting or controlling their own persons and property?

These two notions are in irreconcilable conflict. We often hear democracy described as a system in which the majority rules, but the rights of the minority are protected. But this is glib. If the rights of the minority are truly protected, does the majority truly rule?

The key word is "rule." In the United States, the majority wasn't supposed to rule except in the highly restricted sense of choosing who holds office. But what officeholders could do was not up to the majority. An overarching set of rules set limits. That set of rules was the Constitution, which is nothing if not a constraint on the majority.

Today the Constitution has lost its force, and democracy, consequently, has gained ground. Elected officials have a virtual free hand, leaving large groups of citizens vulnerable to the pillage of the working majority or a well-organized minority. In other words, democracy unlimited by a constitution is the enemy of freedom.

This is a long-recognized problem. As Aristotle wrote in his *Politics*, "Where laws are not sovereign ... since the many are sovereign not as individuals but collectively ... such a democracy is not a constitution at all."

The upshot is this: if people in the Middle East see in voting a way to throw off authoritarianism and establish the modern, individualistic idea of freedom, then this is indeed a happy development. (One can acknowledge this without sanctioning the Bush administration's imperial foreign policy.)

But if they see in voting a way to impose the "collective will" on individuals, then they will be trading one form of repression for another. The incantations of democracy cannot turn slavery into freedom.

Sheldon Richman is senior fellow at *The Future of Freedom Foundation*, author of *Tethered Citizens: Time to Repeal the Welfare State*, and editor of *The Freeman* magazine.

Letters

Bill's defeat a victory

The defeat of HB 8, the overweight truck bill, was a tremendous victory for the citizens of Kentucky over powerful business interests and huge amounts of money. It came as the result of hard work and creative effort by a diverse coalition with one common goal — their safety, the

safety of their families, and the safety of their neighbors. Wayne Fleming, a Letcher County magistrate whose son was killed by an overloaded gravel truck, started the movement and worked tirelessly to its conclusion.

Another key factor was the involvement of the well-known Kentuckians For The Commonwealth (KFTC), who came in at a crucial point and provided a lot of credibility and much-needed access to the legislature and the media. KFTC members kept up a drumbeat of communications to

both groups that finally raised awareness to the point that the whole state became aware and then concerned. They also kept an almost minute-by-minute status of events which allowed almost immediate reaction, and they provided daily leadership and guidance in the capital.

Everyone who opposed this bill is pleased but is keeping a cautious eye on the future and is prepared to go into action again.

Dean Cornett
Blackey

Was it worth it?

It was around this time last year when I wrote and suggested that we seriously review our invasion and occupation of Iraq and ask ourselves, "Was it worth it?"

Well, it may have been worth it to our government, but it is really difficult to comprehend how the Iraqis can seriously believe it has been worth it to them. I'm referring to the general population, not the powerful and well-connected.

The British scientific journal, *The Lancet*, published a report that conclud-

ed that about 100,000 Iraqi civilians have been killed since 2003. Although it was brave of the authors to have interviewed nearly 1,000 Iraqi families in order to arrive at this estimate, it was a relatively small survey pool with limited geographical scope, for obvious reasons.

The Iraq Body Count (IBC) website (<http://iraqbodycount.net>), however, is a pretty reliable source that your readers can go to for up-to-date information. These people keep a daily count of civilian deaths, and under what circumstances, from U.S. occupation-related incidents. They are currently reporting that monthly innocent Iraqi casualties

are on the increase. Compared to last year at this time, the number has nearly tripled.

Based on the IBC's minimum and maximum numbers, an average of 18,238 innocent Iraqis have been killed since March 2003. One can only imagine how many thousands more have been seriously injured and/or have lost their homes. In Fallujah alone, over 300,000 people are now homeless due to US air and ground attacks in the city.

That's an awful lot of "collateral damage," if you ask me.

Elaine Shiber
Van Lear

The Times

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A former CBS correspondent tells 'Bad News' about journalism in his new book

by **FRAZIER MOORE**
AP TELEVISION WRITER

NEW YORK — Tom Fenton couldn't be more surprised by his new calling at age 74: activist.

A veteran foreign correspondent recently retired from CBS News after 34 years, Fenton now is sounding off about TV's neglect of global news, and the resulting benightedness of the audience he says TV journalism has so ill-served.

He has compiled his concerns in a new book, "Bad News — The Decline of Reporting, The Business of News, and the Danger To Us All" (ReganBooks).

Its central thesis: The fall of communism coincided with growing concentration of U.S. media ownership. The nation became complacent about external threats, and less vigilant. So did news media, as their corporate bosses found it hard to justify the expense of pricey foreign bureaus and legions of correspondents stationed around the globe — especially when wall-to-wall coverage of a domestic spectacle like the O.J. Simpson trial attracted far more eyeballs than a complex story from a faraway land.

In that decade leading up to 9/11, Fenton argues, the news

media abdicated its responsibilities.

"As surely as 9/11 pointed up the myriad failures of official agencies in Washington, it also revealed the abject failure of the news media," he writes. "We had failed to warn the American public of the storm clouds approaching our shores. And in failing to do so, we betrayed the trust of the public."

As just one instance of the media's myopia, he writes that cutbacks in CBS' foreign coverage scuttled an interview with Osama bin Laden he was arranging in 1996. "Our bosses saw him as an obscure Arab of no interest to our viewers."

Fenton is neither a scold nor whiner; a dapper man in a double-breasted blue suit, he seems too much the gentleman. But he's dead serious — except when catching himself in his unaccustomed role.

"This is all new to me," he admits, breaking into a chuckle. "I've spent a lifetime reporting, not advocating. And now, all of a sudden, I have an agenda."

Based at CBS' London bureau for much of the past quarter-century, Fenton writes that, whereas CBS once maintained two dozen foreign bureaus, it currently has just three "staffed by correspondents in the entire world." (A

spokeswoman for CBS News puts the number at five staffed by full-time correspondents.)

For some coverage, then, footage is purchased from stringers and news agencies to fill the gap, with the network packaging that video into a story.

"I think CBS viewers began to think there's a Harrods (department store) in just about every capital of the world," Fenton cracks, "because we kept doing our standups in front of the CBS London bureau — and there's Harrods in the background."

But Fenton isn't picking on CBS. His indictment includes all of TV news.

He wonders how any of the three broadcast networks can still justify a half-hour evening newscast, rather than expanding to an hour.

As for the cable news networks, where the problem with time is so much to fill, he complains that correspondents are kept on the air throughout the day — "they don't have a chance to go out and do reporting. They bring us talk, not news."

And, all too often, it's news-talk dwelling on the woes of Michael Jackson and other crowd-pleasing pageantry.

Duly amused, does the audience feel shortchanged? "No," concedes Fenton,

"because we have dumbed down the viewers, so they don't even know what they're missing. We have trained them to accept the coverage they're getting. We've got to sell foreign news, we've got to get people interested again."

With that in mind, "Bad News" isn't so much a media-bashing book as a highly readable crash course in stuff you didn't know you never knew — a sort of "Global Affairs for Dummies."


"I want readers to be surprised at what they don't know, through no fault of their own," says Fenton. "Most Americans get their primary news, God help them, from television. We've got to do something about TV news."

But what? For one thing, Fenton proposes that journalists form a pressure group to shame the media stewards into fulfilling their public trust — "a lobby for better news."

"We need to get the debate going, to get people to start thinking about the news they're missing, and how important it is," he says. "We in the media have less credibility now than at any time I can think of, and the country is so polarized. I can't believe it! But the real story of the news isn't what's left and what's right — it's what's left out."

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<p>Cinema Five • PG-13</p> <p>HELD OVER</p>  <p>CURSED</p> <p>Mon.-Sun. 7:00-9:30; Fri. (4:30) 7:00-9:30; Sat.-Sun. (2:00-4:30) 7:00-9:30</p>	<p>Cinema Ten</p> <p>HELD OVER</p>  <p>BECAUSE OF WINN DIXIE</p> <p>PG—Mon.-Sun. 7:10; Fri. (4:25) 7:10; Sat.-Sun. (2:10-4:20) 7:10</p> <p>THE JACKET R—Mon.-Sun. (9:20) only</p>

Rental Central

by **TOM DOTY**
STAFF WRITER

The third week of March shaped up as a good one for family flicks as well as a primo week for horror fare.

"The Incredibles" — The good folks at Pixar Studios continued to set the standard for animated films with this effort, which soared at the box office and continued the winning streak for the company which is still tallying its profits from "Finding Nemo." This time Pixar has taken their knack for blending drama with astounding visuals and applied it to the burgeoning superhero genre. The film focuses on a family of superheroes who have to keep their powers under wraps after a law is passed banning super powers. Director/writer Brad Bird ("The Iron Giant") handles the material with a surprising degree of maturity and delivers a multileveled action drama which should appeal to parents as much as children.

this remake of the 1966 London-based film which launched the career of Michael Caine. Here the action shifts to New York City, but the main character is still an Englishman who enjoys dating but has an aversion to commitment. A fine supporting cast includes Susan Sarandon and Marisa Tomei.

"Being Ron Jeremy" — This comedy doesn't always work. It's a spoof of a movie that was far funnier, but it does offer a rare chance for mainstream audiences to get acquainted with adult film star Ron Jeremy. Though he looks like the human equivalent of a hedgehog, this actor managed to eke out a career in adult films for more than a quarter century. Here an adult video store clerk develops the ability to step inside Jeremy and finds that it isn't that easy to be a porn star. This one has about all of the appeal of a Pauly Shore movie, so consumer beware.

"The Toolbox Murders" — Cult film director Tobe Hooper ("Poltergeist" and the original

"Texas Chainsaw Massacre") delivers a few good scares in this remake of a 1979 splatter film. Hooper throws out the plot of the previous film and crafts an original take on Hollywood as a town that consumes fresh, young faces. The story centers on a low-rent apartment complex that caters to Hollywood hopefuls but contains a sinister secret. Angela Bettis (star of the "Carrie" mini-series) is fine here as an unemployed school teacher who stumbles across the building's secrets and must elude a madman within the building's walls while her friends try to rescue her. Some great shocks here prove that Hooper has lost none of his edge when it comes to frightening audiences.

"Dead Birds" — This Civil War set horror movie packs a lot of scares and chills into its story, which works as a combination ghost story and heist movie. When their regiment is disbanded, a crew of soldiers rip off a bankroll and hold up at a seemingly deserted plantation which

was the site of inhumane treatment to slaves who are still around in spirit. Henry Thomas ("E.T.") stars.

Next week look for Johnny Depp in "Finding Neverland" and a DVD collecting the "Star Wars: Clone Wars" shorts that aired on Cartoon Network.

Entrepreneur Center launches program for juniors

PAINTSVILLE — The Kentucky Highlands Entrepreneur Center in Paintsville is searching for the next generation of great entrepreneurs.

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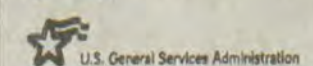
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Obituaries

J. E. Bentley

J. E. Bentley, 57, of Teaberry, died Wednesday, March 16, 2005, at his residence.

Born December 24, 1947, in Beaver, he was the son of the late Troy and Hazel Hamilton Bentley. He was a disabled coal miner.

Survivors include two daughters: Melissa Jameson of Greenwich, Ohio, and Angel Bentley of Harold; a grandson, Joshua Mullins; two sisters: Brenda Joyce Newsome, and Mabel Newsome, both of Beaver.

In addition to his parents, he was preceded in death by a brother, Wade Bentley.

Funeral services will be conducted Sunday, March 20, at noon, at the Samaria Old Regular Baptist Church, at Teaberry, with Old Regular Baptist ministers officiating.

Burial will be in the Elliott Cemetery, at Beaver, under the direction of Nelson-Frazier Funeral Home, in Martin.

Visitation will be Friday, March 18, at 2 p.m., at the church. (Paid obituary)

Arnold Chaffins Sr.

Arnold Chaffins Sr., age 84, of Garrett, passed from this life on Wednesday, March 16, 2005, in the Cabell-Huntington Hospital, in Huntington, West Virginia, following an extended illness.

Born May 6, 1920, in Garrett, he was the son of the late Oliver and Roxie Bolen Chaffins.

He was a retired farmer, and of the Baptist faith.

Survivors include one son, Arnold Junior Chaffins Wicker of Garrett; one brother, Dempsey Chaffins of Garrett; three sisters: Hazel Reed of Garrett, Opal Chaffins of Willard, Ohio, and Beatrice Moore of Michigan; and one grandson, Phillip Chaffins Wicker.

Funeral services will be held Saturday, March 19, at noon, in the Hall Funeral Home Chapel, in Martin, with Old Regular Baptist ministers officiating.

Burial will be in the Chaffins Cemetery, at Rockfork, near Garrett, under the direction of Hall Funeral Home.

Visitation is at the funeral home. (Paid obituary)

Nora Schultz

Nora Schultz, 72, of Knoxville, Tennessee, formerly of McDowell, died Wednesday, March 16, 2005, at the University of Tennessee Medical Center, in Knoxville, Tennessee.

Born March 20, 1932, in Floyd County, she was the daughter of the late Kay and Vadie Hamilton Reynolds. She was a retired nursing assistant in Springfield, Ohio.

She was preceded in death by her husband, William G. Schultz.

Survivors include a son, Ricky W. Jones of Knoxville, Tennessee; a daughter and son-in-law: Donna J. and Jerry Floyd of Knoxville, Tennessee; five grandchildren: Clinton, Chad, Brian, Scott, and Courtney; two great-grandchildren: Michael and Makenzy; and four sisters: Alice McKinney of Craynor, Wyoma Duff and Lula Newsome, both of McDowell, and Mindy Little of Columbus, Ohio.

In addition to her husband, and parents, she was preceded in death by four brothers: Kay Reynolds Jr., Dennis Reynolds, William Reynolds, and Dingus Reynolds; and four sisters: Maudie Jones, Martisha Davis, Arizona Martin, and Caldonia Paige.

Funeral services will be conducted Saturday, March 19, at 1 p.m., at the Nelson-Frazier Funeral Home, in Martin, with Shannon McKinney, and other Old Regular Baptist ministers, officiating.

Burial will be in the Jack Hall Cemetery, in McDowell, under the direction of Nelson-Frazier Funeral Home.

Visitation is Friday, March 18, at 6 p.m., at the funeral home. (Paid obituary)

James Hall

James Hall, 75, of Hi Hat, died Monday, March 7, 2005, at the McDowell Appalachian Regional Healthcare.

Born March 31, 1929, in Knott County, he was the son of the late Hiram Hall and Nancy Isaac Hall Slone. He was a retired coal miner; and a U.S. Army and Korean War veteran.

He was preceded in death by his wife, Anna Louise Fields Hall.

Survivors include two sons: Randall Hall (wife, Pamela) of Hi Hat, and James Hall Jr., of Louisville; two daughters: Helen Hamilton and Ruby Hall, both of Hi Hat; five grandchildren: Amy Johnson, Eric Hamilton, Joshua Hall, Alana Hall, and Brianna Glover; and two great-grandchildren: Brittany Hamilton and Jacob Johnson.

In addition to his parents and wife, he was preceded in death by six brothers: Gilbert Hall, Martin Hall, Linzie Hall, Richard Hall, Marlin Hall, and Hi Hall; two sisters: Nannie Hall, and Nora Johnson; and several infants.

Funeral services were conducted Thursday, March 10, at noon, at the Little Nancy Old Regular Baptist Church, in Hi Hat, with Old Regular Baptist ministers officiating.

Burial was in the Newman Cemetery, in Hi Hat, under the direction of Nelson-Frazier Funeral Home, in Martin.

Visitation was at the church, and nightly services were held at 6:30 p.m. (Paid obituary)

Macel Elizabeth Thornsberry

Macel Elizabeth Thornsberry, age 78, of Topmost, widow of Edd Thornsberry, passed away Tuesday, March 15, 2005, at her residence.

She was born May 16, 1926, in Friendship, Ohio, the daughter of the late Jack Alley and Alvania Howell Alley; and was the niece of the late Clara Mae Hamilton. She was a homemaker, and a member of The Providence Old Regular Baptist Church, Topmost.

Survivors include one son, Donald Ray Thornsberry Sr., of Ruskin, Florida; one daughter, Carolyn Sue Cook of Topmost; four grandchildren: Donald Ray Thornsberry Jr., Wendy Jackson, Marie Lynn Newton, and Christopher Thornsberry; three great-grandchildren: Corey Blake Mosley, Dylan Ray Thornsberry, and Savannah Leshae Newton.

She was also preceded in death by two brothers: Elmer Alley, and Elbie Alley; and one sister, Hazel Garrett.

Funeral services for Macel Elizabeth Thornsberry will be conducted Friday, March 18, at 11 a.m., at the Providence Old Regular Baptist Church, Topmost, with Regular Baptist ministers officiating.

Burial will follow in the Joe Hall Cemetery, in Topmost, under the professional care of the Hall Funeral Home, in Martin.

Visitation is at the church. (Paid obituary)

Orville "Porchie" Clark

Orville "Porchie" Clark, age 91, of Dana, husband of Fannie Edna Johnson Clark, passed away Monday, March 14, 2005, at the Pikeville Medical Center.

He was born March 13, 1914, in Honaker, the son of the late Willie Franklin Clark, and Lillie Martin Clark. He was a U.S. Army Airforce World War II veteran, and a member of the Sammy Clark Freewill Baptist Church, in Dana.

Survivors in addition to his wife, include two sons: William Lee Clark, and Franklin Conley Clark, both of Ashland; two daughters: Roberta Josephine Bolton of Pikeville, and Vicky Lee Dinsmore of Berea; one brother, W. F. "Red" Clark Jr., of Prestonsburg; one sister, Betty Jean Martin of Prestonsburg; and nine grandchildren, eight great-grandchildren, and nine great-great-grandchildren.

In addition to his parents, he was preceded in death by one sister, Oval Martin.

Funeral services for Orville "Porchie" Clark were conducted Thursday, March 17, at 2 p.m., at the Hall Funeral Home Chapel, in Martin, with Shane Powers and Hershel Kidd officiating.

Burial was in the Johnson Memorial Park, in Pikeville, under the professional care of the Hall Funeral Home.

Visitation was at the funeral home. (Paid obituary)

Orleen Castle Flanery

Orleen Castle Flanery, 77, of Martin, died Tuesday, March 15, at her residence.

Born March 23, 1927, in Pike County, she was the daughter of the late Ozz Puckett and Hazel Castle. She was a retired restaurant worker.

She was preceded in death by her husband, Merlin Flanery Sr.

Survivors include a son, Timothy Wayne Flanery of Anchorage, Alaska; two daughters: Merleen Combs of Hazard, and Janny Hackworth of Martin; a sister, Beatrice Greer of Winchester; a special grand-

son, Tavis Flannery; and several grandchildren and great-grandchildren.

In addition to her husband and parents, she was preceded in death by a son, Merlin Flanery Jr.

Funeral services will be conducted Saturday, March 19, at 11 a.m., at the Nelson-Frazier Funeral Home, in Martin, with Bobby Osborne officiating.

Burial will be in the Martin Cemetery, in Martin, under the direction of Nelson-Frazier Funeral Home.

Visitation is at the funeral home. (Paid obituary)

Turner says extra road funds in budget will bring improvements to Floyd

FRANKFORT — Local governments in Floyd County will receive additional funds for roads under the budget passed this week by the Kentucky General Assembly.

"City and county budgets have been squeezed in recent years and these dollars for the basics should really help," said Senator Johnny Ray Turner, D-Drift.

Floyd will receive \$594,550 over its current road fund allocation, which can be used for bridges and paving and rehabilitation of existing roads. For city streets and bridges, Allen

will receive \$1,983; Martin \$8,371; Prestonsburg \$47,771; Wayland \$3,941 and Wheelwright 13,781.

The extra dollars come from a \$150 million bond fund legislators created in the budget for roads. Half of the additional money comes directly back to counties and cities, based on the formulas set up under the law for the County Road Aid Program and the Municipal Road Aid Program. The funds come from gasoline taxes.


In addition, counties and cities will be able to obtain funding for road projects by

applying to Bill Nighbert, Commissioner for the Department of Intergovernmental Programs with the Transportation Cabinet.

"This money is desperately needed. We must make sure our roads and bridges are safe," Turner said.



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Community Calendar

Calendar items will be printed as space permits

Editor's note: To announce your community event, you may hand-deliver your item to The Floyd County Times office, located at 263 S. Central Avenue, Prestonsburg; or mail to: The Floyd County Times, P.O. Box 390, Prestonsburg, KY 41653; or fax to 606-886-3603; or email to: features@floyd-countytimes.com. Information will not be taken over the telephone. All items will be placed on a first-come, first-serve basis as space permits.

Special presentation featuring a special Easter play

An Easter play, "Back to the Present," the events of the past, present and future of what was, is, and will be, according to the Bible. Join us Easter day, March 27th, at Trimble Chapel at the junction of 23 & 80, at 11:00 a.m.

Bring family and friends. Everyone welcome!

UNITE Drug Coalition

The Floyd County Drug Coalition of UNITE will host a prayer conference on Sunday, March 20, at 6 p.m., at the Mountain Arts Center. Clay County Pastor Doug Abner will lead the service, which will focus on garnering community support for a May 1st march against drugs. The community is also invited to join UNITE members each Saturday at 1 p.m., until May 1, in a prayer session. Prayer services will begin this Saturday, March 19, at 9 a.m., at the Allen First Baptist Church.

Jenny Wiley A.A.R.P. 3528 plans election of officers

Jenny Wiley Chapter No. 3528, AARP, plans to hold an election of officers at the meeting to be held on Friday, March 18, at the First Presbyterian Church, Prestonsburg. John Rosenberg of Prestonsburg, Issue Specialist-Predatory Lending, for the AARP state office, will be our guest. This is a very important meeting, and all members and friends of AARP are urged to attend. The meeting begins at 6 p.m.

Worship/Youth center

There is now a Worship / Youth center in Old Allen, that meets on Tuesdays, at 6 p.m. Women's Bible study meets on Wednesdays, 2-6 p.m. (youth). Thursday prayer meeting is held at 7 p.m. All meetings are free and the center's sponsor is the Daniels Creek Baptist Fellowship Church of God, pastor Henry Lewis. For more information, contact Tina Hall at 874-0544.

Reunion

First Four Mile Reunion of Knott County will be held on Saturday, May 28, at 10 a.m., at the Corps Recreation area, Jenny Wiley State Park, Shelter #2. Bring covered dish, table service, pictures, etc. All welcome to attend.

Christ United Methodist Church

March 19 - Children's Easter Egg Hunt and Pizza Party, 12 p.m.
 March 20 - "Joy Service" with special singing by "Voices of Faith."
 March 24 - Maundy Thursday Service, 7 p.m.
 March 27 - Sunday morning worship service - Chancel Choir will present Easter Cantata "Behold the Lamb," at 11 a.m.

BLHS High School Reunion

Classes of the 1930's, 1940's, 1950's and 1960's. To be held Saturday, June 25. For info.,

call Joe Hinchman at 874-2821 or Marvin Williamson at 478-3310.

BLHS Class of 1955

Reunion to be held on Friday, June 24 and Saturday, June 25. For information, call Marvin Williamson at 478-3310 or Gene Davis at 874-2873.

Senior Expo

Sponsored by HRMC and area agencies. To be held May 4, at the Jenny Wiley State Park's Stumbo Convention Center. For those age 55 and older. Broad range of topics including Preventing Exploitation, Nutrition, Aging and Gardening Tips. For more info., contact Melissa Vance, Dir. of Comm. Dev. at HRMC, at 886-7468.

Diabetes Support Group

To meet on March 22, at McDowell ARH Hospital (Teled Room), at 4:30 p.m. Topic: Weight Management. Guest speaker: Dr. Debra Jacobs. For more info., contact Theresa Scott at 886-2668.

HRMC Comm. Calendar - March

Mar. 31 - Living Well with Diabetes, Meeting Place A&B, Highlands Medical Office Bldg., 5-6 p.m. For more information, call 886-7424.

Attention: BLHS Class of '85

It's been 20 years! Reunion is being planned. If you are a classmate, or if you know of a classmate's whereabouts, please email addresses to Debbie Hall Parsons or Gwen Cecil at: dochallparsons@charter.net.

Belfry Class of 1970

Is planning a mini-reunion for May 28. Classmates will be responsible for their own meal. Reservations are required by May 1. Contact Nancy Varney Bryan by calling 433-9200 or 433-0820. You may also write to: P.O. Box 101, Pikeville, KY 41502 or email to: nbryan@setel.com. It's been 35 years, classmates, let's have a little fun!

Big Sandy 4-H Club

Is seeking new members! Do you like to have fun? Meet new people? Help your community? Then join our club! For more info., contact Chuck Stamper at 886-2668.

Basic Computer Training

To be taught by Ray Tackett at the Martin Community Center, located on Route 80, at Martin, on March 18; and April 1, from 1-3 p.m. Cost - \$7. This is an 8-week training series designed for those who have little or no experience using computers. Space is limited - call 886-2668 today to register!

D.A.V. Chap. 18

The Big Sandy Chapter 18, Disabled American Veterans, of Auxier, is looking for honorably discharged veterans to join the Chapter, which meets at the Auxier Fire Dept., on the 1st and 3rd Fridays of each month, at 6 p.m. Those interested may bring their DD214 and join the Chapter and receive a D.A.V. ball cap.

Floyd County Democratic Women's Club

Meets the 2nd Monday of each month at 6 p.m., at Brenda's Restaurant, in McDowell. All invited to attend.

Free Body Recall classes

Free Body Recall Exercise Classes will be held Monday, Wednesday, and Friday, at 9:30, at the Presbyterian Church in Prestonsburg. Classes are held Monday, Wednesday, and Thursday, at 11 a.m. at the old R & S Building. Classes are offered by the Floyd County Health Department. Call the health department, 886-2788, for more information.

'Earn While You Learn'

The Big Sandy Area C.A.P. office is taking applications for its "Senior Training Program." You must be 55 or older to apply. In Floyd, call 886-2929; Johnson, call 789-6515; Magoffin, call 349-2217; Pike, call 432-2775; and in Lawrence, call 638-4067.

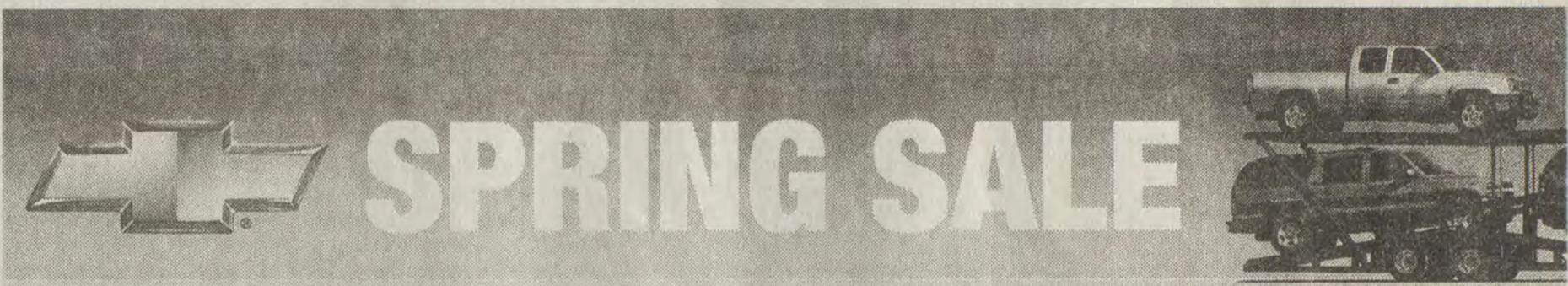
Age 55 or older?

If so, and you are also unemployed, and would like to make money while being trained in skills that will help you gain employment, or become re-employed, contact Bill Little, Senior Community Service Employment Program, Big Sandy Area Development District, at 886-2374. "Area Employers are Looking for Dependable Workers like YOU!"

External Diploma Program

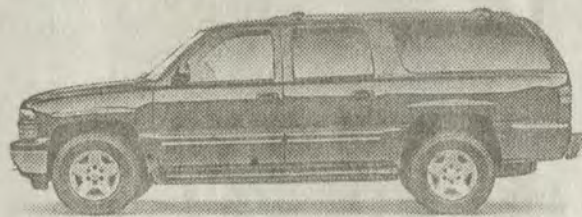
Kentucky residents age 25 and older can earn a high school diploma by demonstrating skills learned on the job or in raising a family. Flexible scheduling is provided and confidentiality maintained. Classes are held at the Carl D. Perkins Rehabilitation Center, in Thelma, Mon. thru Fri. with evening classes on Thursday, from 4:30-8:30. Contact Andy Jones at 800-443-2187, ext. 186, or Linda Bell, at ext. 160 to make an appointment.

(See CALENDAR, page eight)



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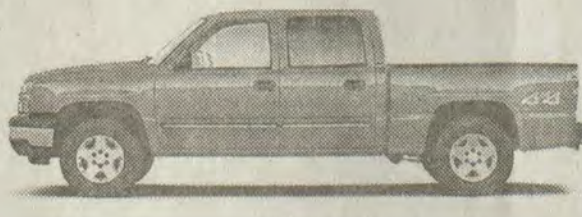
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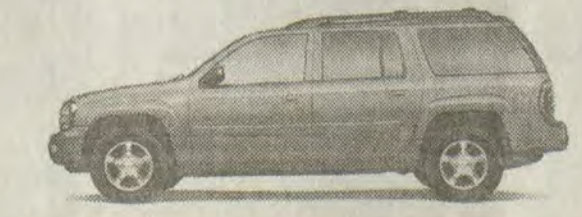
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College volunteers donate blood, help Floyd County drive

DAVID — Students, faculty and volunteers at the David School rolled up their sleeves recently to save lives. The school, founded in 1974, seeks to provide comprehensive educational program for Appalachian youth and adults who have limited financial resources and the potential to succeed in a non-traditional setting.

Blood drives with Central Kentucky Blood Center have been a staple of the school's community service, but on March 7, the school and its volunteers stepped up the effort, resulting in its most successful blood drive ever.

About 36 people volunteered to give blood, ultimately boosting the region's blood supply during the normally slow winter months. Eight blood drives had to be cancelled recently due to the flu outbreak and a bout of ice and snow. The cancellations resulted in the loss of 360 pints of blood that was expected to be collected. The strong showing at the David drive strongly contributed to the recovery.

CKBC Donor Recruitment Specialist Russ Cassidy said the drive and the cooperation of the volunteer group was an important one and shows what even the smallest group can do when asked.

"Every unit of blood we collect makes a difference in the lives of patients across Eastern and Central," Cassidy said. "And it's groups like The David School that really respond when we need them. They help us in our mission to help hospital patients."

Many from a group of students from St. Ambrose University in Davenport, Iowa, and Notre Dame University in South Bend, IN, who were at the school volunteering, also played a role in the drive's success, giving blood alongside local residents.



Central Kentucky Blood Center Phlebotomist Brandy Little, left, works with donor Robert Bieger, a senior at The David School, during the successful blood drive held at the school Monday, March 7. Bieger joined 35 others in giving the gift of life, making it one of the school's most successful blood drives.

The college groups are a common site at David, with the school relying on volunteer labor each year to help it in its continuing growth. Since the school's inception, thousands of volunteers have come each Spring to do everything from pick up garbage in the surrounding community to putting a new roof on a building.

This year's volunteers substituted in the classroom, cleared debris left by the summer floods on the baseball field and partnered with David School students in their adopt-a-highway cleanup effort.

Any Floyd County resident who is interested in giving blood can come to the Prestonsburg Donor Center, located in the Municipal Building on North Lake Drive. It is open from 10 a.m. to 6 p.m. Monday through Wednesday.

Also, blood drives are currently planned for the following sites in Floyd County:

■ Food City in Prestonsburg is partnering with Respond Ambulance Service for the Floyd County Emergency Responders

blood drive, April 18, 10 a.m. to 5 p.m. on the bloodmobile in the Food City parking lot;

■ Our Lady of the Way Hospital in Martin will hold a drive April 27, 10 a.m. to 4 p.m. on the bloodmobile in front of the hospital; and

■ Betsy Layne High School will hold a drive May 10, 9 a.m. to 2 p.m. in the school library.

For more information on these drives or to set up a mobile blood drive with CKBC, contact Cassidy at 1-800-775-2522, ext. 5712.

Central Kentucky Blood Center is a non-profit community blood center and the sole supplier of blood to 67 hospitals and clinics in 59 Central and Eastern Kentucky counties, including hospitals in Floyd and Pike County. CKBC operates four donor centers in Pikeville, Prestonsburg, Lexington, Somerset and holds five to seven mobile blood drives each day. Visit ckbc.org for times, dates and locations of all mobile blood drives. Click "Donate Blood", then "Find a Mobile Blood Drive."

Court says nepotism rules in schools stand

by MARK R. CHELLGREN
ASSOCIATED PRESS

FRANKFORT — Nepotism rules for schools, even if they seem to treat some relatives different than others, are still valid, the Kentucky Supreme Court ruled Thursday.

The restrictions on hiring relatives of school board members was an integral part of the landmark 1990 Kentucky Education Reform Act.

In fact, it was the Supreme Court that prompted an overhaul of school policies, funding and procedures by the General Assembly.

Justice William Graves noted the connection in the decision Thursday.

"We noted that waste and mismanagement could include improper nepotism, favoritism and misallocation of school monies and that if such inadequacies exist, they must be eliminated," Graves said in the unanimous decision of the seven-member high court.

The law prohibits school board membership for anyone who has a father, mother, brother, sister, husband, wife, son, daughter, aunt, uncle, son-in-law or daughter-in-law employed by the school district.

Notably absent from the list was any reference to nieces or nephews, who are generally considered to be have the same familial connections as aunts or uncles.

That's what prompted Greg Crutchfield to sue. Crutchfield was elected to the Garrard County board of education in November 2000. He took the oath of office, but the attorney general's office argued that Crutchfield was prohibited from taking office because he had an uncle who was employed as a bus driver by the school system.

Coincidentally, another member of the Garrard County school board

has a niece who is an office worker in the schools, but he is not barred from office by the statute, the court said.

While there may seem to be a contradiction in the guidelines for nepotism, Graves said, that is the province of the General Assembly.

"We will not invalidate on equal protection grounds legislation which we simply deem unwise or

inartfully drawn," Graves said.

"Removing nepotism is a legitimate state interest," Graves continued.

"When formulating the definition of 'relative,' the General Assembly had to draw the line somewhere. The General Assembly is under no constitutional obligation to craft perfectly sensible statutes," Graves said.



The Pikeville College School of Osteopathic Medicine Student Associate Auxiliary (PCSOM SAA) recently presented a check to John Strosnider, D.O., FACOPF, vice president and dean of the medical school, to support preservation efforts at the Andrew T. Still Memorial and birthplace located in Jonesville, Va. Still was the founder of osteopathic medicine and founded the first college of osteopathic medicine. "PCSOM thanks the SAA for their gracious gift," said Strosnider. "They are truly the advocates of the profession." Strosnider, along with students from the medical school and the PCSOM SAA, has taken an active role in maintaining the historic landmark. Members of the PCSOM SAA have raised money in support of the effort for the last four years. "We are delighted to help Dean Strosnider with his mission to improve the birthplace site," said SAA advisor Debby Murphy. PCSOM is the 19th osteopathic medical school in the country and is located less than 90 miles from the A.T. Still Memorial. Presenting the check to Strosnider are, from left, Stacey Hamilton, fundraising chairman, with son Tommy, Strosnider, and Lacey Ballas, SAA vice president.

Calendar

PARENTS!

Are you in need of child care services? If so, contact the Big Sandy Area Community Action Program, Inc. The office is partnering with Eastern Kentucky Child Care Coalition. For more information on how we can help you, call Cheryl Endicott at 886-1280, or toll free at 888-872-7227.

Also, if your child is currently enrolled in a child care program, find out if your provider is a member of the STARS for KIDS NOW voluntary program for exceeding licensing standards.

And, learn about how you can stay home with your own children and still earn an income by caring for other children. Find out more by calling Cheryl Endicott at 886-1280, or 888-872-7227 (toll free).

Floyd County Extension

Homemaker Club Meetings
Allen: 1st Monday, 11 a.m., at Christ United Methodist Church Fellowship Hall.

Cliffside/Prestonsburg: 3rd Wednesday, 12:30 p.m., at Cliffside Community Room.

David: 1st Monday, 1 p.m., at St. Vincent's Mission.

Martin: 1st Tuesday, 6 p.m., Martin Church of Christ.

Evening Quilt Group: 4th Thursday, 6 p.m., Extension Office.

Maytown: 3rd Thursday, 6 p.m., Maytown First Baptist Church.

Nimble Thimble Quilt Guild: 1st/3rd Wednesdays, 10 a.m., Extension Office.

Prestonsburg: 2nd Tuesday, 1:30 p.m., Extension Office.

South Prestonsburg: 3rd Tuesday, 7 p.m., Home of members (call 886-2668 for info.)

"Looking For a Support Group?"

• **Alzheimer's Association Care-giver Support Group** - Meets on the second Tuesday of each month at the First Presbyterian Church (near Jerry's Restaurant), at 6 p.m.

For more info., call Dana Caudill at 886-0265, or Jane Bond at FCHD.

• **Alzheimer's Association, East-ern KY Regional Office** - 24 hour Helpline, call 1-800-272-3900 for emotional support, local resources, and other information.

• **MS Support Group** - Meets third Monday of each month at 7:00 p.m. at the Seton Complex, Martin. Offers group support for MS patients and their caregivers.

• **Overeater's Anonymous (O.A.)** - Meets each Monday, at 3:30 p.m., at the St. Martha Catholic Church, Water Gap Road. For more info., call 886-2513.

• **US TOO! Prostate Cancer Survivors Support Group** - For all men with prostate cancer and their families. Group meets the 3rd Thursday of each month, at 6 p.m., at the Ramada Inn, Paintsville.

• **Community Weight Loss Support Group** - Meets Thursday's at 6:30 p.m., at the

Martin Community Center. For more info., call 377-6658. Those who have had gastric bypass surgery most especially welcome to attend. Meetings being offered as support to anyone needing extra support in dealing with weight loss.

• **Domestic Violence Hotline** - 24-hour Crisis Line manned by Certified Domestic Violence counselors. Call 886-6025, or 1-800-649-6605. Remember, "Love Doesn't Have to Hurt."

• **Kentucky Baptist Homes for Children** - Free, confidential assistance for unplanned pregnancy concerns. Talk with someone who cares about you and your baby. Call 1-800-928-5242.

• **Disabled?** - You may be eligible for grant money to assist in your daily living. For an application or more information, call 886-4326.

• **A.S.K. (Adoption Support for Kentucky)** - Support

group for all adoptive parents (public, private, international, and kinship care), foster parents and all others interested in adoption. To meet the 2nd Thursday of each month, at Pizza Hut, in Prestonsburg. For more information, contact Nelva Skaggs, adoptive parent liaison, at Blueboy@foothills.net.

• **East Kentucky S.T.A.R.S. Homeschoolers** - Will hold monthly meetings at the Paintsville Recreation Center. For more information, call Trudy at 889-9333, or 297-5147. Everyone welcome.

• **Narcotics Anonymous (NA)** - Each Wednesday, from 7-8 p.m., in the Atrium Conference Room, 2nd floor, May Tower, Pikeville Methodist Hospital. For more info., contact Chris Cook at 606-433-1119 or christopher-cook@hotmail.com

Continued from p7

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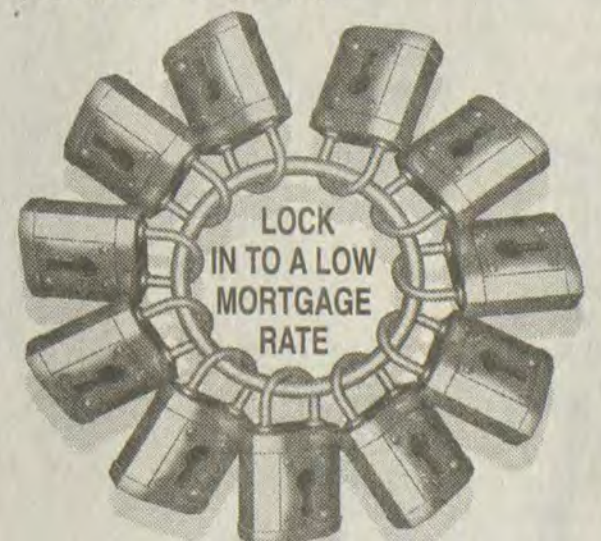
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Marriage Licenses

Edith F. Cline, 69, of Draffin, to Clyde F. Hancock, 73, of Wayne, W.Va.

Pauline Shepherd, 50, of Prestonsburg, to Paul David Shepherd, 47, of Kenton, Ohio.

Amy Colleen Nichols, 24, of Michigan, to Dennis Ray Hall Jr., 22, of Pikeville.

Holly Q. Le, 30, to Danh C. Huynh, 27, both of Vietnam.

Donna Sue Davis, 29, of Johnson County, to Thomas Boone Kilgore, 30, of Floyd County.

Betty Lou Hayes, 41, of Pikeville, to Clyde Lee Bradley, 52, of Wayland.

Ronny Michelle McCoy, 27, of Logan, W.Va., to John William Moore, 18, of Pikeville.

Civil Suits Filed

Discover Bank vs. Roger and Katherine Powers; complaint.

Cabinet for Health and Families vs. Rebecca Collins; petition for child support and health care insurance.

Anna Frazier vs. Wayne Frazier; petition for health care insurance.

Betty Steward vs. Josh Tackett; complaint.

Sharon Johnson vs. Timothy Johnson; divorce.

Sherry Boyd vs. Jeremy Boyd; petition for health care insurance.

Fora Collins vs. Gregory Collins; petition for child support and health care insurance.

Ruby F. Moore vs. Harrison Don Moore; divorce.

Billy R. Auxier vs. Charles J. Gallion; complaint.

California Casualty vs. Miona Hall; complaint.

Credit Acceptance Corporation vs. Ray Tipton; complaint.

Vanderbuilt Mortgage and Finance Inc. vs. Dorothy Hall and the estate of Wayne C. Hall; complaint.

Discover Bank vs. Raymond and Jerri Burke; complaint.

Yvonne Prater vs. Darrell Prater; divorce.

Stacy Blanton vs. Martin R. Minix, DMD and Kentucky Unemployment Insurance, complaint.

Green Tree Servicing vs. Matilda and William Marsillett; complaint.

Community Trust Bank vs. Don Harrison and Judy Howell; complaint.

Walter Mortgage Company vs. Iva Jean and Randy Boring, Della Rene Davidson, Melanie D. Davidson and spouse, Michelle Davidson and spouse, Randall Keith Davidson Jr., Floyd County, Herman Jones, Sally Ann Jones; complaint.

Small Claims Filings

Dr. Brent Clark vs. Sabrina Hall; payment for services.

Dr. Brent Clark vs. Joey Bartley; payment for services.

Dr. Brent Clark vs. Timothy Cantrell; payment for services.

Dr. Brent Clark vs. Russell Frye; payment for services.

Dr. Brent Clark vs. Maxine Rose; payment for services.

Grant R. Rickmon vs. Timmy Craft; alleged debt.

Triple M. Credit vs. Greg Johnson; alleged debt.

Brian and Brandy Kidd vs. Kentucky Carpet; seeking refund on completed work.

Glenda Newsome vs. Tammy and Erin Cantrell; rental dispute.

Gopal R. Majmudar vs. John and Mary Spurlock; rental dispute.

Charges Filed

Dena M. Bowling, 18, Ashland; public intoxication of a controlled substance.

Mary Case, 22, McDowell; disorderly conduct, harassment.

Jim Marsillett, 48, Fort Wayne, Ind.; terroristic threatening.

Tonya Johnson, 31, Harold; third-degree criminal mischief.

Shawn M. Henson, 24, Hueysville; fourth-degree assault.

Michael J. Ratliff, 23, Banner; public intoxication of a controlled substance, controlled substance not in original container.

Tameka Moore, 20, Ivel; public intoxication of a controlled substance.

Dewayne Bevins Jr., 20, Banner; possession of alcohol by a minor, open alcoholic beverage in an automobile.

Greg Howell, 46, Stanville; second-degree assault, first-degree unlawful imprisonment.

Dwayne E. Charles, 45, Raccoon; public intoxication of a controlled substance, failure to surrender revoked license.

Mary E. Case, 22,

McDowell; disorderly conduct, harassment.

Tonya Johnson, 31, Harold; third-degree criminal trespass.

Shawn M. Henson, 24, Hueysville; fourth-degree assault.

Dewayne Bevins, Jr., 20, Banner; possession of alcohol by a minor, possession of an open alcoholic beverage in a vehicle.

Matthew B. Wyatt, 21, Mt. Sterling; public intoxication.

Samuel Wallen, 21, East Point; first-degree criminal trespass.

Everette Newsome, 36, Beaver; third-degree criminal trespass.

Larry Allen, 45, Martin; possession of marijuana.

Larry C. Adams, 28, Inez; public intoxication, disorderly conduct.

Donald Smith, 48, Banner; public intoxication.

Kristie R. Robinette, 29, Prestonsburg; felony theft.

Dewone Younce, no age listed, Pikeville; felony theft.

Brian D. Isaac, 23, Wheelwright; first-degree sexual abuse.

Inspections

Burke Mobile Home Park, Prestonsburg, regular inspection. Violations noted: Lots not numbered systematically, size of lots not in compliance, insufficient number of garbage cans. Score: 94.

Daniel's Mobile Home Park, Prestonsburg, regular inspection. Violations noted: Lots not

numbered systematically, insufficient number of garbage cans. Score: 96.

Yates Mobile Home Park, Prestonsburg, regular inspection. Violations noted: Not all lots numbered systematically, lighting not in compliance. Score: 96.

Ryan's Mobile Home Park, Dana, regular inspection. Violations noted: Some driveways unpaved, areas of standing water, several lots have build up of debris. Score: 94.

Prestonsburg Elementary, regular inspection. Violations noted: Floors and walls in disrepair, several classrooms have carpet in disrepair, some desks in disrepair. Score: 94.

McDonald's, Martin, regular inspection. Violations noted: Proper hair restraints not in use by all staff, food item on floor in walk-in freezer. Score: 97.

Dairy Queen, Martin, regular inspection. Violations noted: Thermometers not provided for all refrigeration units, walk-in door in disrepair, wiping cloths improperly stored, ice machine floor drain not working properly, floor tile in disrepair, not all lights in food prep area properly shielded, clothing items observed stored on food and food equipment. Score: 92.

Redi-Mart, Lackey, follow-up inspection. Violations noted: All critical items corrected, some non-critical items uncorrected involving floors and lighting. Score: Food 97, Retail 99.

Home Town IGA, Martin, follow-up inspection. Violations

noted: Critical items corrected, some non-critical items uncorrected involving floors and lighting. Score: Food 96, Retail 95.

Dave's Stop and Shop, David, regular inspection. Violations noted: Not all refrigeration and freezer units sport easy to see thermometers, chemical test strips not readily available, restroom has no towels, garbage can in food prep area not covered properly. Score: Food 93, Retail 97.

Sharon's Pizza, David, regular inspection. Violations noted: Freezer and refrigerator units lack conspicuous thermometers, pizza boxes stored on floor, proper hair restraints not in use, floor in food prep area not in compliance, clothing stored with food equipment. Score: 93.

Billy Ray's Restaurant, Prestonsburg, regular inspection. Violations noted: Easy to see thermometers not present in refrigerator and freezer units, proper hair restraints not in use, gasket on ice machine in disrepair. Score: 96.

Martin Kwik Stop, regular inspection. Violations noted: Thermometers not conspicuous in all refrigerator and freezer units, some employees without proper hair restraints, employee restroom door not self closing, garbage can in food prep area not properly covered, no lid on dumpster outside which is overflowing, walk-in light not properly shielded. Score: Food 92, Retail 95.

Reno's Roadhouse, Prestonsburg, regular inspection. Violations noted: Easy to

spot thermometers not present in refrigerator units, hand wash sink in employee restroom leaking, no towels at handwash sink in food prep area, floor tile in disrepair, garbage containers in food prep area not properly covered. Score: 90.

Taco Bell, Prestonsburg, regular inspection. Violations noted: Hand wash sink in food prep area without soap, garbage containers in food prep area uncovered. Score: 96.

Pizza Hut, Prestonsburg, follow-up inspection. Violations noted: Some non critical items remain uncorrected, inspector could not inspect a critical violation regarding the holding temperatures for pizza as unit was not working at time of follow-up inspection.

Property Transfers

Christopher Hall to Teddy Hall, property location undisclosed.

Herman C. Porter to Paul Douglas and Denise Ousley Porter, property located at Beaver.

Mary Elizabeth Hagans Barnett to Bill Hagans, property located at Right Beaver.

Billy Gene Conn to Juanita and Dwayne Bevins Jr., property located at Orchard Branch Subdivision.

Orville and Helen Bentley to Lonzo and Ramona Kay Bowling, property location undisclosed.

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LADYCATS REGAIN REGION'S TOP SPOT

These Ladycats
can start and finish

by RICK BENTLEY
TIMES COLUMNIST

PAINTSVILLE – The tide began to turn early Tuesday night. After Pike Central scored six of the game's first eight points, Betsy Layne turned it on its ear with one of the most dominating performances you'll ever see.

It wasn't that they made the game one-sided the rest of the half, it was (ital) how (ital) it happened. During their 10-0 run over the next four-plus minutes, the Lady Bobcats grabbed six of the game's seven rebounds and went from down four to ahead by six (12-6).

It was still early – the first quarter still had two minutes to play – but that's when it happened. That Betsy Layne would win the 15th Region championship game 68-58 was a mere formality, as it turned out. The game ended early on when Cassandra Akers' club crashed the boards and obliterated the younger, undersized Lady Hawks en route to the second regional title under her tutelage.

At recess, Betsy Layne led on the scoreboard 35-20, but in the game's most important category, the difference was even more earth-shaking. While the Lady Cats had 26 rebounds, the Lady Hawks had managed a mere seven.

Even more telling is where those seven came from – three of them were team rebounds, meaning it was a rebound for Pike Central because no one controlled it and it bounced out of bounds off Betsy Layne.

It was about as one-sided as you'll ever see in the rebounding category.

Consider:
■ Senior Kristal Daniels had seven first-half rebounds herself, while Candice Meade missed equaling Pike Central's total by only one;
■ Nine of the 26 boards were offensive, a no-no in any coach's book;
■ As a result, Betsy Layne had five more field goal attempts than Pike Central, meaning five more chances to add points to the total;
■ Finally, while Betsy Layne was fielding its own misses, Pike Central was not. Of the 19 shots missed by the Lady Hawks, Betsy Layne rebounded 17 of them.

Betsy Layne was also making hay with solid ball movement. Guards Kristen Smith (seven) and Candice Meade (five) were credited with a dozen assists on their team's 15 field goals in the first half.

Ball movement and rebounding dominance will win you games most of the time. On Tuesday, it was enough to overcome 10 first-half turnovers and help Betsy Layne build its 15-point lead at the break.

By the time the game ended, Betsy Layne's rebounding edge was 41-24 and the assist total had reached 20, thanks to 10 by Smith and eight for Meade.

With numbers like that, they didn't need to hit 83.3 percent (15-of-18) from the line, something they did all tournament long. For the week, the Lady Bobcats were 75.8 percent from the stripe, and that will win you a lot of basketball games.

While Kim Clark was a deserving tourna-

(See FINISH, page two)



photos by Steve LeMaster

HANGING ON – Betsy Layne senior Kristen Smith got off a shot over a defending Haley Ratliff of Pike County Central. Smith handed out 10 assists and scored nine points in Betsy Layne's regional championship win over Pike Central. Also pictured in action for Betsy Layne is junior forward Candice Meade.

Betsy Layne too much for Pike Central

Starting five scores all points, Ladycats headed back to Bowling Green

by STEVE LeMASTER
SPORTS EDITOR

PAINTSVILLE – Betsy Layne has played in the 15th Region championship game three out of the last four years. Now, after Tuesday night, in three of the last four years, Betsy Layne has found championship game at the end of the title game. In the latest regional championship game appearance Tuesday night at Johnson Central, Betsy Layne totaled a 35-20 lead into halftime and in the second half, held off defending champ Pike County Central. Betsy Layne senior Kim Clark scored 24 points and pulled down six rebounds as the Ladycats beat Pike Central 68-58. All four Betsy Layne seniors again rose to the occasion. Senior center Kristal Daniels finished with 16 points, 13 rebounds and five blocked. Eleven of Daniels' 13 rebounds came on the defensive end. Breann Akers added 15 points and five rebounds, while Kristen Smith added nine points, 10 assists and four rebounds.

Junior forward Candice Meade, the only non-senior in the Betsy Layne starting lineup, added four points, seven rebounds and eight assists for the Ladycats.

Betsy Layne's starting five accounted for all of the Ladycat scoring.

The rebounding battle proved to be key. Betsy Layne owned the glass in the first half, outrebounding Pike Central 26-7. The Ladycats went on to rebound Pike Central 41-24. The Lady Hawks managed just six offensive rebounds.

Pike County Central knocked Betsy Layne out of the 2004 regional tournament, beating the Ladycats in the semifinals. The 2005 regional championship

game belonged to Betsy Layne. The Ladycats are set to make their second trip to Bowling Green and the Houchens Industries/KHSAA Girls' Sweet 16 State Basketball Tournament.

Betsy Layne's four seniors were playing in their third regional championship game. The victory celebration that followed Betsy Layne's regional championship triumph wasn't without tears shed from coaches, players and fans.

"This is the most emotional I've been in a while," Akers admitted. "We had a lot of adversity this year with this team. It's a dream come true to go once, but to go twice is just phenomenal. It's unreal."

In 2003, Betsy Layne celebrated on the same Johnson Central hardwood following a regional championship game victory.

"We had a little team meeting before we got on the bus to come here and talked about what we needed to do," Akers added. "We did what we needed to do."

Pike Central, which mounted a second-half comeback that buried Allen Central in the regional semifinals, held its own with Betsy Layne in the first half. The first quarter ended in a 12-12 tie.

Betsy Layne overpowered the Lady Hawks in the second quarter, outscoring Pike Central 23-8, due in large part to the dominant rebounding performance.

"We won the game in the first half," said Akers. "We just had to come out and finish it in the second half."

In the second half, Pike Central steadily chipped away at Betsy Layne's lead. But the Ladycats never

(See LADYCATS, page two)



Breann Akers, pictured sharing a championship hug with Coach Cassandra Akers, drained a pair of free throws that helped Betsy Layne to the regional title.

Clark named regional tournament MVP

by STEVE LeMASTER
SPORTS EDITOR

PAINTSVILLE – In three regional tournament games, Betsy Layne senior Kim Clark averaged 19.3 points and seven rebounds. Ranked as the 15th Region's top player heading into the



Kim Clark

season, Clark put yet another exclamation point on her prep career Tuesday night. But she's not done playing yet. At the conclusion of the 15th Region Tournament's championship game, Clark and three of her Betsy Layne

teammates were named to the all-tournament team. Clark was also named regional tournament MVP.

Joining Clark on the all-tournament team were teammates Kristal Daniels, Kristen Smith and Breann Akers. Betsy Layne's four selections led the all-tournament team. Haley Ratliff, Mishay Weddington and Kayla Lowe

(See MVP page two)



The 15th Region All-Tournament Team included four Betsy Layne Ladycats. Betsy Layne senior Kim Clark was named the 15th Region Tournament MVP.

Finish

ment MVP, it would have been easy to choose a teammate. Clark averaged 19.3 points and seven rebounds in the three regional games, and got lots of help.

Daniels nearly averaged a double-double, putting up 14.3 points and 9.7 rebounds per game. Smith had 19 assists in the three games and averaged 12.3 points, putting on a clinic at the free throw line. After going only 2-of-5 in the first-round win over Paintsville, she hit 22-of-26 in the last two games.

And then there was Breann Akers, who had 15 of her 29 points in the finals, stepping up when her team needed her. She missed only one free throw in 12 attempts and grabbed five rebounds championship night.

In the 10-0 run that turned the game early, she had four points while Daniels chipped in the other six and pulled down two rebounds.

Meanwhile, all Smith did was find her teammates time after glorious time, recording assists on four of the five buckets during that stretch.

Now, Betsy Layne and its 24-8

record head to Bowling Green for the Sweet 16, where it will meet up with Fifth Region champion Washington County next Thursday.

The Lady Cats have won eight straight and 11 of their last 12, and have a legitimate chance to advance — Washington County is only 17-16 on the season, and, prior to winning three straight in the region, had lost four of its last six games.

Washington will be looking for its fourth straight win, something it hasn't done all season. In fact, entering the regional tournament it had only won three in a row once the entire season.

Things are looking up for Betsy Layne and its coach, who has continued a run of dignity at her alma mater. Cassandra Akers does a solid job and should be appreciated for her accomplishments.

As for her players, if they continue the job they've done — rebounding, moving the ball and sinking free throws — they could hang around Bowling Green for a while.

Continued from p1

Ladycats

panicked. Betsy Layne took a 46-42 lead into the final quarter. It was in the final period that the Ladycats put distance between themselves and Pike Central.

With less than one minute left to play, Pike Central's Mishay Weddington sunk a three-pointer and pulled the Lady Hawks within six points as Betsy Layne led 63-57.

On Betsy Layne's next possession, senior Breann Akers provided two of the game's most crucial shots. With 41.9 remaining and Betsy Layne leading 63-57 — Breann Akers sunk a pair of free throws and stretched the lead out to a 65-57 advantage.

Even later in the game, Clark went one-of-two from the free throw line and Daniels hit two-of-two from the stripe with 9.1 left to make the final 10-point margin.

Betsy Layne shot 15-of-18 from the free throw line.

Kaitlin Lawson, Whitney Tackett and Krista Flannery also played for Betsy Layne in the title game.

Haley Ratliff led Pike Central with 18 points and nine rebounds. Weddington and Taylor Brown each finished with 11 points apiece.

Washington County, the champion out of the 5th Region, awaits Betsy Layne. The Ladycats are scheduled to take on Washington County in the opening round of the girls' state tournament on Thursday with tip-off set for 1:30 p.m.

Betsy Layne finished 1-1 in its last state tournament trip.

A LOOK AT THE WASHINGTON COUNTY COMMANDERETTES

FIFTH REGION FINALS — Washington County 55, Nelson County 45: Washington County looks to be playing some of its best basketball at the right time. The Washington County girls, coached by J.T. Burton, beat Nelson County Tuesday night in the 5th Region championship game. Junior forward Brittany Edelen, a University of Kentucky recruit, had 27 points and 10 rebounds to lead the Commanderettes to the victory.

Georgetown College signee Kate Filiatreau added 13 points for Washington.

Continued from p1

MVP

made the all-tournament team from Pike County Central.

Allen Central and Belfry each had two players named to the all-tournament squad. Allen Central senior Becky Thomas and junior Alanna Cline represented the Lady Rebels. Belfry teammates Brittany Chapman and Brooke Stanley also earned all-regional tournament recognition. Shelby Valley's Esther

Fleming, East Ridge's Amy Shortridge, Paintsville's Chelsea Jarrell and Magoffin County's Michaela Howard were also named to the all-tournament team.

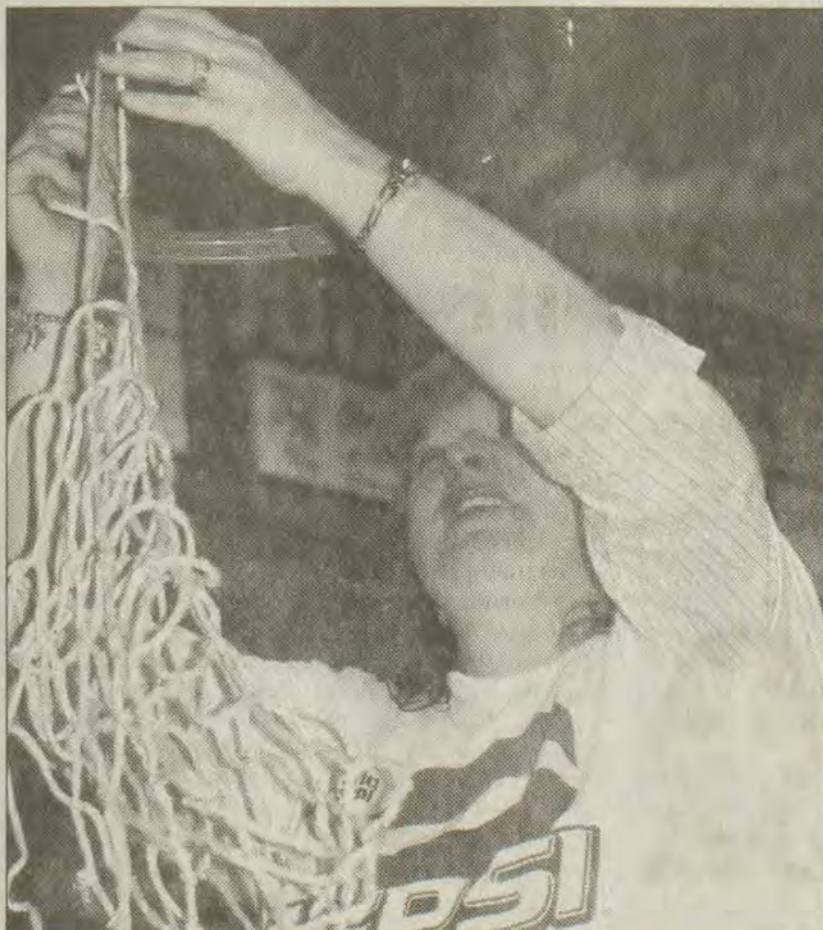
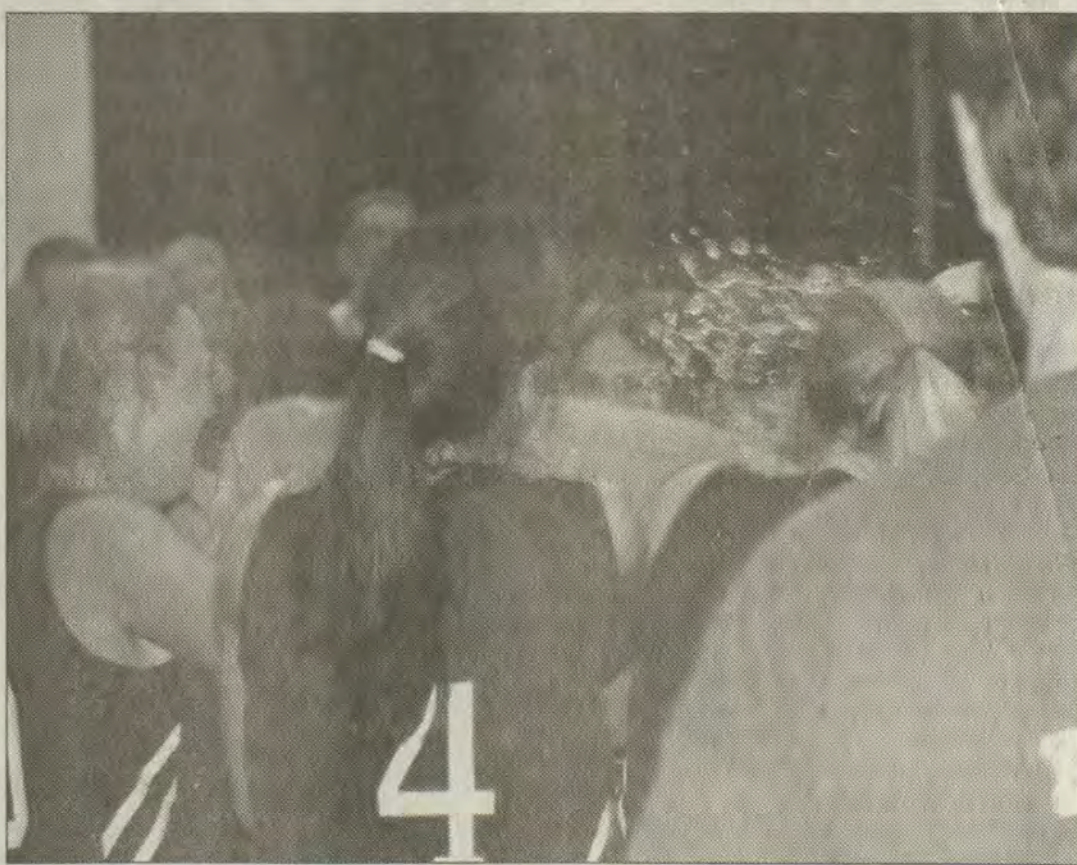
15TH REGION GIRLS' ALL-TOURNAMENT TEAM

Esther Fleming, Shelby Valley
Amy Shortridge, East Ridge
Chelsea Jarrell, Paintsville

Continued from p1

Michaela Howard, Magoffin Co.
Brittany Chapman, Belfry
Brooke Stanley, Belfry
Alanna Cline, Allen Central
Becky Thomas, Allen Central
Haley Ratliff, Pike County Central
Mishay Weddington, Pike Co. Cent.
Kayla Lowe, Pike County Central
Kim Clark, Betsy Layne
Kristal Daniels, Betsy Layne
Kristen Smith, Betsy Layne
Breann Akers, Betsy Layne
MVP: Kim Clark, Betsy Layne

BETSY LAYNE'S TITLE RUN



photos by Steve LeMaster
Top: Betsy Layne junior Candice Meade put a shot up and over the Pike Central defense.
Second from top: The Betsy Layne faithful cheered the Ladycats on from the opening tip through the post-game celebration.
Second from bottom: Betsy Layne seniors doused Coach Cassandra Akers during a victory celebration.
Bottom, right: Akers took her turn on the championship net.

ATHLETES

OF THE WEEK



Breann Akers,
Betsy Layne
High School
Girls' Basketball

Trevor Compton,
Prestonsburg
High School
Boys' Basketball

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South Laurel, Elizabethtown, Pleasure Ridge Park, Louisville Ballard advance in Sweet 16

by MURRAY EVANS
ASSOCIATED PRESS

LEXINGTON — Shooting free throws is like "money in the bank" for Pleasure Ridge Park, senior guard JaJuan Spillman says.

The Panthers showed why on Wednesday, setting a tournament single-game record for free-throw percentage en route to a 64-61 overtime win over Pendleton County in the first round of the Boys Sweet 16 basketball tournament.

Pleasure Ridge Park finished 18-of-19 from the line for 94.7 percent. Mason County held the former record of 93.9 percent (31-of-33), set against Mayfield in 1981.

Other first-round winners included South Laurel of London, 63-55 over Ohio County; Elizabethtown, 70-60 over Perry County Central; and Louisville Ballard, 59-41 over Bullitt East of Mount Washington.

Friday's quarterfinals will pit Pleasure Ridge Park (30-5) against crosstown rival Ballard (29-2) and South Laurel (29-4) against Elizabethtown (27-4).

Pleasure Ridge Park, the 6th Region champion, went 8-of-8 from the line in overtime after 10th Region champion Pendleton County (29-5) forced overtime on a 3-pointer by Jon Elrod with 22 seconds left. Spillman, who led Pleasure Ridge Park with 22 points and four assists, missed a 13-foot jumper at the buzzer.

The Wildcats took their first lead since the second quarter on another Elrod 3-pointer 25 seconds into overtime, but didn't score again until 54 seconds remained. In the interim, Pleasure Ridge Park went 6-of-6 from the line, with Keithson Smith making four and Vincent Crutcher adding two.

Spillman's driving basket — the Panthers' only overtime field goal — put his team ahead 62-58 with 39 seconds left. Tyler Mains brought the Wildcats within one point on a 3-pointer with 25 seconds left, but Spillman — a Louisville football signee — made two free throws with 12.8 seconds left to give Pleasure Ridge Park a 64-61 lead.

"There's never a day when we don't work on free throws," Spillman said. "So when we get up there, there's no pressure on us."

Elrod missed a 3-point attempt with two seconds left. Crutcher had 16 points and

nine rebounds for Pleasure Ridge Park, which has won 17 straight games. Joey Verax and Keaton Belcher, a Belmont University signee, scored 15 points each for Pendleton County, which was making its first Sweet 16 appearance since 1971. The Wildcats had a 12-game winning streak snapped.

In South Laurel's win, Ty Proffitt went 6-of-8 from the line in the final 2:01, enabling the Cardinals to hold off an Ohio County rally. Proffitt finished with 21 points, twice his season average.

Proffitt scored 15 points in the first half as 12th Region champion South Laurel led 32-26. The Cardinals extended that lead to 13 points in the third quarter and still led 3rd Region champion Ohio County (26-8) by 10 points with five minutes left.

But South Laurel missed five straight free throws, allowing the Eagles to rally. Ohio County pulled to 54-53 with 2:49 left on a put-back by Josh Clemons. The Eagles had two chances to take the lead, but Jordan James and Josh Vaught each missed a shot.

Proffitt started a game-clinching 7-0 run by South Laurel by making the second of two free throws with 2:01 left.

Center Walt Allen had 18 points, 14 rebounds and four blocked shots for South Laurel, while forward Eric Fields added 16 points, seven rebounds and three steals.

Matt Karn scored 12 points and Clemons added 10 for Ohio County, which was making its third Sweet 16 appearance. Clint Reisz, the team's leading scorer, had eight points and 15 rebounds.

The inside duo of Steffphon Pettigrew and Zipp Duncan led 5th Region champion Elizabethtown past Perry County Central (23-8).

The Commodores, the 14th Region champion, had no answer for Pettigrew, a 6-foot-4 sophomore who had 24 points and 13 rebounds, or Duncan, a 6-4 senior who has signed to play football at Kentucky. Duncan finished with 23 points and 11 rebounds.

The Panthers led by as many as 11 points in the first half and 38-28 at halftime. Perry County Central cut the lead to two points on three occasions in the fourth quarter, the last at 54-52 with 5:16 left. But each time, Duncan or Pettigrew scored from close

range to extend Elizabethtown's lead.

A 13-2 run in the late stages sealed the win for Elizabethtown.

Daniel Combs went 11-of-16 from the field, including 6-of-11 from 3-point range, and scored 30 points for Perry County Central.

Wilbert Reeves had 20 points and eight rebounds for 7th Region champion Ballard, which avenged an earlier loss to 8th Region champion Bullitt East (25-8).

The Chargers — who beat Ballard 64-50 on Dec. 18 — made just one of 13 3-point attempts and shot 25.6 percent from the field in the rematch.

Montel Harvey added 13 points for the Bruins, who won despite committing 18 turnovers.

Ryan Troutman led Bullitt East with 11 points — all from the free-throw line — while Robert Troutman scored 10 points. Daniel Alcorn, the Chargers' leading scorer at 20.9 points per game, scored only four on 2-of-15 shooting.

GIRLS' H.S. BASKETBALL SCOREBOARD

1ST REGION CHAMPIONSHIP at Murray State University
Paducah Tilghman 82, Marshall Co. 64
2ND REGION CHAMPIONSHIP at Hopkins Co. Central
Henderson County 72, Caldwell Co. 48
3RD REGION CHAMPIONSHIP at Apollo
Ohio County 55, Muhlenberg North 49
4TH REGION CHAMPIONSHIP at Western Kentucky University
Clinton County 57, Franklin-Simpson 42
5TH REGION CHAMPIONSHIP at Marion County
Washington County 55, Nelson Co. 45
6TH REGION CHAMPIONSHIP at Fairdale
Iroquois 74, Butler 47
7TH REGION CHAMPIONSHIP at Louisville Gardens
Christian Academy-Louisville 56, Mercy 41
8TH REGION CHAMPIONSHIP at Oldham County
Scott County 55, Bullitt East 30
9TH REGION CHAMPIONSHIP at Ryle
Newport Cent. Catholic 56, Boone Co. 54
10TH REGION CHAMPIONSHIP at Campbell County
Montgomery County 71, Macon Co. 69
11TH REGION CHAMPIONSHIP at Eastern Kentucky University
Lexington Catholic 44, Lex. Christian 32
12TH REGION CHAMPIONSHIP at McCreary Central
South Laurel 76, Mercer County 64
13TH REGION CHAMPIONSHIP at Cawood
Rockcastle County 57, Clay County 43
14TH REGION CHAMPIONSHIP at Breathitt County
Knott County Central 66, Whitesburg 46
15TH REGION CHAMPIONSHIP at Johnson Central
Betsy Layne 68, Pike County Central 58
16TH REGION CHAMPIONSHIP at Morehead State University
Rowan County 60, Russell 50

• Region Champion

15th Region Girls' Basketball Tournament

Magoffin County 74		
	Mar 9, 6:30 PM at Johnson Central	Pike County Central 71
Pike County Central 86		
	Mar 14, 6:30 PM at Johnson Central	Pike County Central 58
Shelby Valley 45		
	Mar 9, 8:00 PM at Johnson Central	Allen Central 48
Allen Central 70		
	Mar 15, 7:30 PM at Johnson Central (championship)	Betsy Layne
Betsy Layne 49		
	Mar 10, 6:30 PM at Johnson Central	Betsy Layne 66
Paintsville 41		
	Mar 14, 8:00 PM at Johnson Central	Betsy Layne 68
Belfry 84		
	Mar 10, 8:00 PM at Johnson Central	Belfry 58
East Ridge 66		

Girls' Sweet 16

Rockcastle County	Mar 23, 12:00 PM at E.A. Diddle Arena, Bowling Green	Lexington Catholic
		Mar 25, 12:00 PM at E.A. Diddle Arena, Bowling Green
Henderson County	Mar 23, 1:30 PM at E.A. Diddle Arena, Bowling Green	Scott County
		Mar 26, 10:00 AM at E.A. Diddle Arena, Bowling Green
South Laurel	Mar 23, 6:30 PM at E.A. Diddle Arena, Bowling Green	Ohio County
		Mar 25, 1:30 PM at E.A. Diddle Arena, Bowling Green
Rowan County	Mar 23, 8:00 PM at E.A. Diddle Arena, Bowling Green	Montgomery County
		Mar 26, 8:00 PM at E.A. Diddle Arena, Bowling Green (time subject to change)
Newport Central Catholic	Mar 24, 12:00 PM at E.A. Diddle Arena, Bowling Green	Paducah Tilghman
		Mar 25, 6:30 PM at E.A. Diddle Arena, Bowling Green
Washington County	Mar 24, 1:30 PM at E.A. Diddle Arena, Bowling Green	Betsy Layne
		Mar 26, 11:30 AM at E.A. Diddle Arena, Bowling Green
Clinton County	Mar 24, 6:30 PM at E.A. Diddle Arena, Bowling Green	Christian Academy-Louisville
		Mar 25, 8:00 PM at E.A. Diddle Arena, Bowling Green
Knott County Central	Mar 24, 8:00 PM at E.A. Diddle Arena, Bowling Green	Iroquois

Lady Patriots capture 14th Region title

TIMES STAFF REPORT

JACKSON — For one half Tuesday night in the 14th Region championship game, Whitesburg hung right with Knott County Central. But the Lady Patriots eventually pulled away, beating the Yellow Jackets 66-46 on the Breathitt County High gym floor and thus earning a trip to Bowling Green, Western Kentucky University and the Girls' Sweet 16 State Tournament.

Knott Central, coached by Rhett Gibson, shot 67 percent in the second half and also kept up on the defensive end.

Heather Martin paced the Lady Patriots with 22 points and 11 rebounds. Kasi Mullins-

Galloway added 18 points, three assists, three steals and two blocked shots. Mullins-Galloway is headed to the University of Kentucky.

Whitesburg, again the defending 14th Region All "A" Classic champion, couldn't counter all of Knott Central's offensive firepower. The Lady Yellow Jackets, coached by Dickie Adams, ran out of answers in the second half.

Knott Central senior forward Keisha Johnson added 10 points. Johnson hit three-of-four three-point field goal attempts.

Whitesburg's Camille Cook led all scorers with 25 points. She also had 12 rebounds and two steals.

14th Region Girls' Basketball

Team	Record
Knott County Central	30-3
Perry County Central	26-5
Whitesburg	25-8
Breathitt County	19-10
Wolfe County	18-10
Owsley County	16-12
Leslie County	14-12
Fleming-Neon	13-14
Jenkins	12-17
Lee County	11-13
June Buchanan	11-15
Buckhorn	11-16
Powell County	11-16
Cordia	10-12
Hazard	10-15
Jackson City	5-22
Riverside Christian	4-23
Letcher	1-21

• Region Champion

University Heights 62, Rowan County 53

by MURRAY EVANS
ASSOCIATED PRESS

LEXINGTON — University Heights of Hopkinsville, the smallest school in the Boys Sweet 16 basketball tournament, beat Rowan County 62-53 on Thursday in a first-round game.

University Heights (31-4) has an enrollment of 88 students and won the All 'A' Classic championship last month. The Blazers, who have won 24 of their last 25 games, will play either Lone Oak of Paducah or Corbin in the quarterfinals on Friday.

Joshua Mack scored 19 points for the Blazers, who lost

in the first round of the tournament last year. The Sweet 16 win was University Heights' first since 1995. The Blazers won the state title in 1992.

University Heights, the 2nd Region champion, rallied from an 11-point second-quarter deficit thanks in good part by shooting 59 percent from the field in the second half. The Blazers shot just 33.3 percent in the first half.

Rowan County (27-6), the 16th Region champion, scored the first seven points and led 28-17 with 2:57 left in the first half, but the Vikings didn't score again before halftime.

University Heights closed within 28-26 by halftime and took the lead for good at 34-31 with 5:29 left in the third quarter on a traditional 3-point play by Patrick Metcalfe, who scored 10 points.

The Blazers pushed their lead to nine points in the fourth quarter. Rowan County pulled within 52-49 with 3:17 left, but consecutive buckets by Metcalfe and four free throws by Mack sealed the win for University Heights.

Matthew Daniel scored 14 points and Bryant Furman added 11 for the Vikings, who have not won a Sweet 16 game in four appearances.

Osborne signs with Union College

by STEVE LeMASTER
SPORTS EDITOR

HI HAT — South Floyd High School senior Joe Osborne will play football at the next level. On Thursday afternoon, Osborne made his college choice known during a signing ceremony, inking with Union College.

Osborne, a running back who finished fifth statewide in Class A in the individual rushing category, gained 1,670 yards on 185 carries during his final prep season. He scored 16 touchdowns and carried in 10 two-point conversions for a scoring average of 10.5 points per game.

Osborne chose Union over Campbellsville, Morehead State and Hanover.

As a team last season, among Class A squads, South Floyd led the state in rushing with an average of 353.3 yards per game. South Floyd ranked sixth in scoring.

During the signing ceremony, South Floyd Coach Donnie Daniels touted Osborne's character and work ethic.

"He has worked hard everyday that he's been here," said Daniels.

"Joe will do well."

Osborne spoke after the signing. He thanked his high school football teammates and encouraged them to continue to work hard.

Head coach Tommy Reid was one of two Union College coaching staff members present at Thursday's signing.

Reid welcomed Osborne into a Union College football program that appears to again be ready to make some noise in the more than competitive Mid-South Conference.

"We're excited to have Joe joining us at Union College," Reid said.

Union College finished the 2004 season in winning fashion, beating Cumberland (Tenn.) University 48-25.

Union College finished the season with a 4-7 overall record and a 4-6 Mid-South Conference worksheet.

South Floyd assistant coach/running backs coach Bobcat Jackson, also in attendance at the signing ceremony, also spoke during the signing event.

"I just wanna ask Joe if he feels it," Jackson commented. "In practice and in games I always ask them if they feel it. So, Joe, do you feel it?"

Osborne acknowledged that he felt it, saying, "yes, sir."



South Floyd High senior Joe Osborne, a running who rushed for 1,670 yards and 16 touchdowns last fall, joined on Thursday by family, coaches and teammates, signed with Union College.

photos by Steve LeMaster

15TH REGION GIRLS' BASKETBALL

TEAM	RECORD
Magoffin County	24-6
* BETSY LAYNE	24-8
Belfry	20-8
Johnson Central	18-9
Pikeville	7-12
East Ridge	16-12
Pike County Central	15-16
Phelps	13-13
Paintsville	12-13
Allen Central	12-16
Prestonsburg	11-16
Shelby Valley	10-16
South Floyd	9-16
Sheldon Clark	3-20
Piarist School	3-20

* Region Champion

Pikeville YMCA releases softball info

PIKEVILLE — The Pikeville YMCA softball leagues are now accepting teams for the following three leagues: Men's Weeknight League, Men's Sunday Only League and Church League. To enter a team or for more information, call Carl Mullins at 606/432-4658.

The 2005 Hillbilly Days Men's Softball tournament will be held April 16-17 at the Pikeville YMCA Softball Field. For more information, contact Mullins.

Seed snub behind him, Pitino prepares for 'toughest first-round matchup I've ever had'

by CHRIS DUNCAN
ASSOCIATED PRESS

LOUISVILLE — Louisville coach Rick Pitino has gotten over the disappointment of the fourth-ranked Cardinals earning a No. 4 seed in the NCAA tournament.

"It's behind us now. Too much time has been spent speaking about things you can't do anything about," Pitino said Wednesday. "We're just concentrating on the matter at hand."

The Cardinals (29-4), the Conference USA champions and winners in 18 of their last 19 games, open tournament play Friday in Nashville, Tenn., against 13th-seeded Louisiana-Lafayette (20-10).

Saturday, Pitino told his team it was playing for a No. 1 or No.

2 seed before the tournament title game against Memphis, which the Cardinals won 75-74.

A day later, the team gathered at a restaurant to watch the selection show. But when the pairing appeared, Pitino shook his head as his players sat in stunned silence.

Tournament selection committee chairman Bob Bowlsby said later the Cardinals were seeded lower because of the quality of the teams ahead of them.

"Ultimately, you go down line by line and collectively our opinion was that we wouldn't take anybody off those first three lines to put anybody from line four in there," he said.

On his radio show Monday, Pitino called the seeding "a Joe Frazier punch right to your stomach."

By Wednesday, he said it was time to move on.

Now, Pitino said the players are squarely focused on the Ragin' Cajuns, a team Pitino said is capable of sending the Cardinals home early — not a bad thing.

"This is the toughest first-round matchup I've ever had as a coach, but I'd probably rather have it that way," he said. "We play better against better talent anyway."

Pitino is 27-9 in 10 NCAA tournament appearances, but he's lost two of three NCAA games since he's been at Louisville. He's more optimistic about Louisville's chances this time.

"This year, we have injuries, but we can overcome it because we're deeper, more of a veteran ballclub," he said. "The Ragin'

Cajuns are very capable of beating us. We know that. But, we're capable of staying with anybody because we play it close and we can win close games."

Ravaged by injuries early in the season, Louisville will have to overcome one more as the tournament unfolds.

Reserve Otis George sat out Saturday's game after a stress fracture was discovered in the third metatarsal of his right foot. Earlier this season, the 6-foot-8 George missed eight games to heal a stress fracture in a different bone in the same foot. The two injuries are unrelated, sports information director Kenny Klein said.

George, averaging six rebounds and five points per game, will not practice all week and will wear a protective boot

until he's evaluated again on Friday.

Pitino was hoping he could get 10 to 12 minutes out of George, who's averaged 20 minutes per game this season off the bench.

"Hopefully, he'll be out of the boot for Friday's game," Pitino said. "Anything's a bonus."

If George can't play, his absence would magnify what Pitino says is still Louisville's most glaring weakness: rebounding. The Cardinals rank 28th in the nation in rebound margin (+5.9), but Pitino said the statistics are deceptive.

"I don't think we rebound well at all," he said. "We don't box out and we're not quick to the ball and we don't have great length. It's not effort, but we get pushed. Physically, we're a little

weak."

Louisville has made up for that weakness all year in other areas, ranking third in the nation in field-goal defense (38 percent), sixth in scoring offense (81 points per game) and 13th in 3-point field goal percentage.

The Cardinals also lost only once on the road — at Houston on Jan. 5 — and Pitino said its road success could translate to a deep tournament run.

"The good thing about where we stand right now is that every game we're going to play will be a very close game and we're going to have to really execute," he said. "That's why being a good road team will help us. All these road games were very tough down the stretch and we had to execute down the stretch. That will be great experience for us."

Kentucky 72, Eastern Kentucky 64

by MICHAEL MAROT
ASSOCIATED PRESS

INDIANAPOLIS — Kentucky didn't have to rely on its 3-point shooting Thursday. Instead, the Wildcats took advantage of their powerful inside game.

Kelenna Azubuike and Chuck Hayes each scored 16 points and second-seeded Kentucky dominated the middle to hold off state rival Eastern Kentucky 72-64 in the first round of the NCAA tournament.

Kentucky (26-5) extended its record for NCAA tournament victories to 94 and is now 37-9 in NCAA tournament openers. The Wildcats advanced to Saturday's second round of the Austin Regional and will face either Cincinnati or Iowa.

The Colonels (22-9) were led by Matt Witt with 21 points and Michael Haney with 12 points, but their first tournament appearance since 1979 ended quickly. Eastern Kentucky's longest winning streak since 1964-65 ended at seven. The Colonels are now 0-6 in NCAA tournament games and 0-9 against the Wildcats.

The biggest difference was Kentucky's dominant interior players. They outscored Eastern Kentucky 42-24 and drew enough fouls to put the Colonels' two best post players — Haney and Alonzo Hird — in foul trouble. Hird finished with 11 points and 14 rebounds.

Eastern Kentucky was sloppy in the first half, and coach Travis Ford, a former Kentucky player, tried everything to get his team settled down. He slammed his foot on the floor, pleaded with his players and even tried to coax the officials into making calls.

The other problem was converting fast breaks. About a half-dozen times, the Colonels threw the ball away or missed layups on breakaways.

And that was all Kentucky

needed to take control.

The Wildcats used a 25-9 run midway through the first half to take a 35-20 lead.

Eastern Kentucky rallied to within 40-32 at halftime and 44-36 early in the second half, but the Wildcats countered with an 8-0 run to make it 52-36.

It appeared then that the Wildcats would roll.

But the Colonels answered with their own 8-0 run, and later Witt hit two straight 3-pointers to close the gap to 67-62 with 2:13 to go.

Kentucky sealed the win by shutting out the Colonels for the final 89 seconds.

Rajon Rondo scored 12 points and was the only other Wildcat to reach double figures.

No. 7 KENTUCKY 72, EKENTUCKY 64

EKENTUCKY (22-9): Haney 6-10 0-0 12, Hird 5-7 1-2 11, Ingles 2-7 0-0 4, Witt 9-21

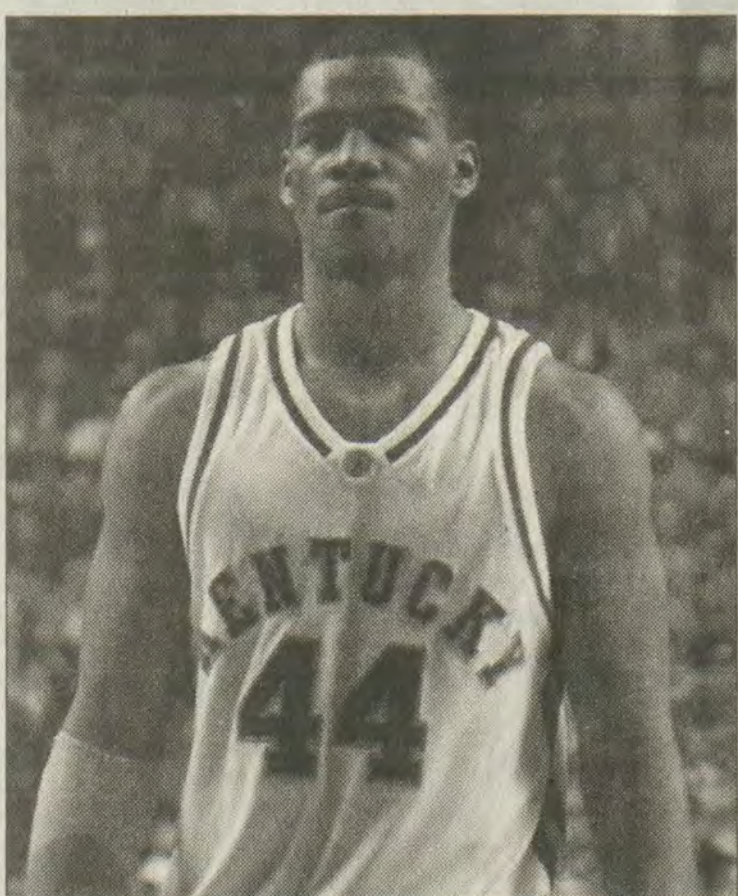
0-0 21, McLeish 1-6 5-9 7, Long 0-1 0-0-0, Rushing 3-5 0-0 9, Dials 0-0 0-0 0, Wiersma 0-2 0-0 0. Totals 26-59 6-11 64.

KENTUCKY (26-5): Azubuike 6-9 3-5 16, Hayes 6-13 4-4 16, Morris 3-4 2-4 8, Rondo 3-5 6-6 12, Sparks 0-2 0-0 0, Moss 2-4 1-2 6, Bradley 0-1 0-0 0, Obrzut 2-2 1-1 5, Perry 2-6 1-2 5, Thomas 2-3 0-2 4, Crawford 0-2 0-0 0. Totals 26-51 18-26 72.

Halftime—Kentucky 40-32.

3-Point Goals—EKentucky 6-18 (Rushing 3-3, Witt 3-8, McLeish 0-3, Ingles 0-4), Kentucky 2-11 (Azubuike 1-2, Moss 1-2, Rondo 0-1, Crawford 0-2, Perry 0-2, Sparks 0-2).

Fouled Out—None. Rebounds—EKentucky 35 (Hird 14), Kentucky 31 (Hayes 9), Assists—EKentucky 14 (Ingles 4), Kentucky 11 (Rondo, Sparks 4). Total Fouls—EKentucky 20, Kentucky 11. A—15,000.



KENTUCKY'S CHUCK HAYES

Bowlers begin postseason competition Saturday

TIMES STAFF REPORT

CHATTANOOGA, Tenn. — The women's bowling team of Pikeville College will begin defense of its national championship this weekend as the International Bowling Championships will hold its Sectional Qualifiers.

The field of 64 teams in both the men's and women's divisions will be split into four sectional tournaments, with the top four teams in each section advancing to the 2005 IBC championships, held this year at The Cherry Bowl in Rockford, Ill., April 20-23.

Both of Pikeville's teams will compete in Chattanooga, the first time the teams have been assigned to a section here. The other three sectional sites are Fairview Heights, Ill.; San Jose, Calif.; and Allentown, Penn.

While the men's bowlers will be seeking their first trip to the national finals, the women have won the Sectional championship in all three years of their existence.

The sectionals will consist of 32 Baker System games each day for a total of 64 Baker games. The top four teams based on total pinfall in each

division following the completion of competition at each sectional will advance to the 2005 IBC. Under the Baker format, a team of five bowlers roll two frames each in a game.

Sectional assignments are based on the Team Ranking System points earned in CBUSA-sanctioned competition throughout the season. Sectional Qualifier assignments will be made to balance the field strength with no more than four of the top 16 ranked teams based on the final TRS standings in each. Sectional Qualifier fields are determined by taking geographic distance, economics and field size into consideration.

The women's fields are relatively balanced. Each Sectional has two of the top eight teams in the most recent rankings, with No. 3 Pikeville sharing the Chattanooga lanes with eighth-ranked Kansas. No. 10 Purdue is also in Chattanooga, along with McKendree (Ill.) College, meaning the top four teams in Pikeville's sectional are all in the Top 11.

No. 1 Wichita State will compete in Fairview Heights, while second-ranked West Texas A&M is in San Jose. Digging deeper, Wichita State

seemed to have the deepest pool of competition, with nine of the Top 25 in its sectional. Six are in with Pikeville — No. 19 Ball State and No. 23 Florida State join the top four — while five others are each in the other two sections.

The men's bowlers enter the field ranked eighth nationally and will share the lanes in Chattanooga with defending national champion Kansas. The Jayhawks, much like Pikeville's women, enter defense of their first-ever national crown ranked third in the country.

No. 10 Saginaw Valley State, which lost to KU in the 2004 finals, and No. 15 Western New England College are also in Chattanooga.

Top-ranked Cal. State-Fresno is at home in the San Jose sectional, while second-ranked Wichita State is in Fairview Heights.

Unlike the women's field, which sees nine of the nation's Top 25 in one sectional, the men's field is entirely more balanced. Three sections feature six teams in the Top 25 — Pikeville is joined by No. 19 Florida State University and No. 24 Cincinnati — with one, Fairview Heights, hosting seven.

Bengals to open against New England

THE ASSOCIATED PRESS

CINCINNATI — The Cincinnati Bengals will open the preseason this summer against the two-time defend-

ing champion New England Patriots, and will end it against Indianapolis, the club said Wednesday.

Both games are at Paul Brown Stadium. In between,

the Bengals will play at Washington and Philadelphia.

Dates and times for the games have not been announced.

Rivals in races, Busch brothers are family off the track

by TOM GARDNER
ASSOCIATED PRESS

LAS VEGAS — Shortly after finishing third in the UAW-DaimlerChrysler 400, Kurt Busch casually dumped some of his Coke down the neck of his younger brother — Kyle Busch, who was second in the race.

"Pepsi's better," Kyle said, shrugging off the chilly splash.

Different teams, different sponsors, but the Busch brothers are a pair to be contended with in races and part of a devoted racing family off the track.

"I've been able to work on race cars and work all around them for years — my dad and myself and Kurt," Kyle said. "You kind of get the fundamentals and gradually step up as far as racing goes. You also step up and gradually learn ... what it takes to make them go faster."

Tom Busch, who turned his talent as an auto dealership mechanic into building and driving race cars, shared his skills and love of the sport with his sons.

"He's been a mentor for me since I began racing, building race cars together and setting them up together and looking at one another as friends or as crew chief and driver more so than we did as father and son," said Kurt Busch, the reigning Nextel Cup champion.

"We meant it as Saturday night family fun. We never thought it would go much farther than we could afford," he said. "We were able to meet the right people along the way and the right sponsors and we definitely had some results on our side to help. We took it seriously, but we were having fun, bottom line."

The brothers Busch raced with each other — and their father — at the local short track, winning in various categories before moving up in competition.

As a high school junior, Kyle drove in six NASCAR Craftsman Truck Series races for Roush Racing and had a pair of top 10 finishes. After a move to Hendrick Motorsports, he finished eighth in the American

Speed Association in 2002, then won two ARCA stock car races and made seven Busch Series starts in 2003. Last year, he was the Busch Series runner-up.

Kurt's advancement also was fast. He began driving Cup cars in 2001 at age 22 after finishing second for Roush Racing in Craftsman Trucks in 2000 and winning the NASCAR Southwest Tour title in 1999. Last year he was crowned champion of NASCAR's top series.

On Sunday at Las Vegas Motor Speedway, two brothers who once competed in go-karts found themselves side by side in the closing stages of the race. Kyle outraced Kurt to finish second behind Jimmie Johnson.

"I hope this wasn't just a fluke. Qualifying on the pole two weeks ago in California and finishing second here in the race is just a tremendous opportunity for the whole team," Kyle Busch said.

His pole at Fontana put him in NASCAR's record book as the youngest driver to start a

race from the front at age 19.

"I'm very proud of him," his 26-year-old brother said after following Kyle to the checkered flag Sunday. "Congratulations to my little brother and it officially stops now — the advice to Kyle — because he beat me fair and square."

Both brothers said they share some racing information, but not too much. Kurt Busch runs with Roush Racing and teammates Matt Kenseth, Mark Martin, Greg Biffle and Carl Edwards.

Kyle, who took over the No. 5 ride in Hendrick Motorsports when two-time series champion Terry Labonte opted for partial retirement, is teammates with Johnson, Jeff Gordon, Brian Vickers and Labonte.

"We talk a little bit about how the race track changes and what kinds of setups you need to incorporate into your car," Kyle Busch said of his brother. "Honestly, I'm going to him a lot more than he is to me. You know, there's 41 other guys out there that we both want to beat."

Longtime racing star Martin sees teammate Kurt Busch as a protege and Kyle Busch as a serious challenger.

"In my eyes, he's the most talented young driver that's come along since or including Jeff Gordon — and the only one that jeopardizes that is Kyle," he said.

Tom Busch said he always urged his sons to keep the fenders on their cars and to race for a one-two finish in cars that could still start the next weekend.

Before Sunday's race, he said he thought it was a little early in Kyle's Nextel Cup career to hope for a one-two finish.

Afterward, Kurt praised his younger — but taller — brother, who he called "shrub" when they were growing up.

"He did it at Vegas, of all places. I'm beside myself, really, because I didn't expect it from him so early. The only place I beat my little brother today was to the media center."

When Kurt started racing, he went with his dad to junkyards for brakes, motors and other spare parts.

"That way he could see how much it took to get one to the race track," Tom Busch said. "Now, maybe, he'd think twice if he had a spot that was risky. You see a lot of dads would just keep buying cars, but I didn't have that dough."

"I had plenty of guys that would sell me their old car and we'd fix it up in the offseason and beat them in the following year and they'd try to trade me their brand new car for their old car back," he said.

Tom Busch worked as a spotter for Kyle at times last year in the Busch series. This season his observations come from off the track, and are directed at both sons.

"He said, 'It looked like your car got a little loose in (turns) three and four,' and I was explaining to him, just like in old days, then all the cameras draped on top of me and I didn't get into detail," Kurt said.

"He always tries to take care of us. When we're in trouble — whether it's on track or off track — he's an experienced father."

Cheating is part of the game in NASCAR

by JENNA FRYER
ASSOCIATED PRESS

CHARLOTTE, N.C. — There's an old saying in NASCAR: If a team ain't cheating, it ain't trying. With a murky rule book open to various interpretations, drivers and crews constantly push the limits to see what they can get past inspectors.

"Being creative is my job," crew chief Chad Knaus said when he earned his first major penalty in 2002. "If I am going to get fined and penalized for being creative, then that's just part of it."

"Besides, the other guys are cheatin' more than we are."

Maybe so, but Knaus and his peers may start thinking about following the rules to the letter of the law from now on: Knaus and two other crew chiefs were suspended this week as NASCAR cracked down on its culture of cheating.

All three crew chiefs will be allowed to compete in Atlanta this weekend while the National Stock Car Racing Commission prepares to hear their appeals next week.

Knaus was suspended for two weeks and fined \$35,000 after race-winner Jimmie Johnson's car was found to be too low following a victory in Las Vegas. Johnson was docked 25 points, which cost him his spot atop the Nextel Cup standings.

Make no mistake about it, Johnson should consider himself fortunate he was allowed to keep the win.

NASCAR has a long-standing tradition of not changing the race winner after an event. The argument is that it is confusing to the fan, who just cheered his driver on to victory, only to go home and read in the next day's paper that his guy actually didn't win the race.

But in NASCAR's push to stop cheating — the sanctioning

body first relied on monetary fines, then upped the stakes to docking points in 2002 before issuing Tuesday's suspensions of Knaus and the crew chiefs for Kevin Harvick (one month) and Kyle Busch (two weeks) — taking victories just might be the next step.

"It is not fair to the fans or to the cars that are legal for a victory to be tainted," said NASCAR spokesman Jim Hunter. "We've tried money and we've tried points and nothing works. Hopefully the light will go by some crew chiefs taking a vacation and we won't have to do anything else."

"But if we have to consider further action, we will."

NASCAR might have to because, as word spread through the Nextel Cup circuit about the suspensions, some considered the penalties a slap on the wrist.

"I've got three drivers who would trade \$25,000, 25 points and a suspension for a win," said Chip Ganassi, car owner for Sterling Marlin, Jamie McMurray and Casey Mears.

"You want to stop cheating? Take the wins away."

The problem is, NASCAR never will be able to 100 percent police cheating — because what it deems illegal, a crew chief might view as a loophole in the rules.

The late Smokey Yunick was the master of massaging the rule book, maintaining that if something was not specifically outlawed, it was assumed to be legal. It led to a decades-long feud between Yunick and NASCAR's ruling France family, and inspectors spent hours each week picking over Yunick's race entries.

In one of the most notorious Yunick stories, NASCAR questioned the fuel mileage of one of his cars after rivals accused him of having an oversized fuel tank. NASCAR removed the fuel tank, and after a heated

argument, Yunick climbed into his car and drove it away without a fuel tank.

Now that Brian France, grandson of NASCAR founder Bill France, is running the sport, he's more interested in integrity than the tradition of teams trying to pull a fast one over on inspectors.

That's why the latest round of penalties was so stiff, and why NASCAR found no humor in Todd Berrier admitting to illegally rigging Harvick's fuel tank.

In a different day, Berrier's boasting would have been funny. But when he essentially told the media he knows why he got caught, and wouldn't hesitate to do it again, France and NASCAR president Mike Helton hit the roof.

"Anybody is free to be as aggressive against the line as they want to be, that's their job — to go all the way to the line but still be in compliance," France said. "If they miscalculate, even in the smallest way, we have to address it to maintain the credibility of the rules process."

Car owner Rick Hendrick has maintained that the penalties against Knaus and Busch crew chief Alan Gustafson were too harsh and he is appealing. So is Childress, even though Berrier told reporters that his boss encourages him to tweak the rules.

But at least one driver said NASCAR is finally on the right track.

"It's getting to the point where NASCAR doesn't want to see people cheating. They want it to be fair for everybody, which I think is great," said 2000 series champion Bobby Labonte. "By NASCAR taking points away and fining them and giving them suspensions, it keeps escalating."

"It's going to get to a point where everybody says this is way too much. Is it too much right now? No, but it's taking steps to get people's attention, I guess."

Johnson loses points lead, crew chief suspended

by JENNA FRYER
ASSOCIATED PRESS

CHARLOTTE, N.C. — NASCAR has turned its penalty system up a notch, stripping Jimmie Johnson of his lead in the points and suspending three crew chiefs for cheating at Las Vegas Motor Speedway.

It's NASCAR's most severe meting out of punishment since the sanctioning body began docking points in 2002.

Johnson's winning car failed to pass inspection after Sunday's race, falling short of the minimum height requirement. For that, NASCAR suspended crew chief Chad Knaus, fined him \$35,000 and docked Johnson 25 points in the Nextel Cup standings in a swift crack-down Tuesday.

Johnson defended his crew chief, considered among the best in the garage, and said his Chevrolet was too low because a bolt came loose during the UAW-DaimlerChrysler 400.

"I have 100 percent trust and confidence in Chad that he is going to do everything within the rules," Johnson said.

The points reduction dropped Johnson from first to second in the standings. He now trails series champion Kurt Busch by 10 points.

Also suspended Tuesday was Todd Berrier, crew chief for Kevin Harvick, who was given a

four-week sentence and fined \$25,000 for rigging the fuel tank to appear full when it actually wasn't during qualifying.

Alan Gustafson was suspended for two weeks and fined \$25,000 because Kyle Busch's runner-up car was too high in the post-race inspection.

"Guys have just got to stop playing games with the rules," NASCAR spokesman Jim Hunter told The Associated Press. "We've got to do whatever we have to do to protect the integrity of this sport."

Harvick and Kyle Busch also were docked 25 points apiece. And 25 car-owner points were taken from Rick Hendrick, the car owner for Kyle Busch; Jeff Gordon, who owns Johnson's car, and Richard Childress, who owns Harvick's.

Hendrick and Childress said they plan to appeal.

"I'm not disputing NASCAR's right to levy sanctions," Hendrick said in a statement. "As a team owner, I understand why these standards are in place and have always taken pride in the fact that our organization has kept a very clean record."

"In this particular instance, though, we disagree with the severity of NASCAR's stance and plan to appeal their decision. I want to make it clear that we in no way intentionally ignored guidelines, and I'm cer-

tain everyone understands that."

Childress echoed his fellow team owner.

"I understand NASCAR's reasons for imposing a penalty," he said. "However, I think the penalty they have given us is out of line, so we have decided to appeal their ruling."

Berrier admitted intentionally rigging the 22-gallon tank to appear full when it had just five gallons of gas in it — thereby allowing the car to go faster.

The team was caught because Harvick qualified fourth. If he had been outside of the top five, his car might not have been checked following his run.

And if NASCAR officials weren't already angry, their patience was tested when Berrier showed little remorse after being caught.

"If I had to do it again, I'd still play it to try to get away with it, because I know how I got caught," he told NASCAR.com.

Hunter hopes the penalties serve as a wake-up call to the teams.

"This is just unacceptable," he said. "So maybe the crew chiefs being at home will help remedy this issue."

None of the suspended crew chiefs will be permitted to communicate with their race teams via cell phone or radio during the time they are suspended, Hunter said.

Mears ready for big jump in NASCAR

by MIKE HARRIS
ASSOCIATED PRESS

It took Casey Mears a while just to get used to having a roof over his head on the racetrack.

Mears, the nephew of four-time Indianapolis 500 winner Rick Mears, thought he was born to be racing sleek open-cockpit cars, not boxy, claustrophobic stock cars.

But opportunities were scarce in the world of open-wheel racing, and in 2002 Mears found himself racing stock cars in NASCAR's Busch Series for Chip Ganassi, a team owner who also came from an open-wheel background.

"I always saw myself in an IndyCar," said Mears, now in his third full season driving for Ganassi in NASCAR's top series and his first season as what he and his team hope will be a serious contender for a spot in the Chase for the Nextel Cup championship.

"The first time I probably saw myself as a stock car driver was probably halfway or toward the end of my Busch season," Mears said. "I didn't expect to be in the Busch car. It kind of just happened, and I didn't know anything about it."

For Mears, who had two top-10 finishes in 34 starts in Busch, moving up to Ganassi's No. 41 Dodge in NASCAR's top series the following year was just as surprising as to most observers.

But Ganassi showed confidence in the youngster, who

turned 27 last Saturday.

"I know the kind of talent Casey has because I've watched him come up through the ranks," Ganassi said when he moved Mears up to Cup. "He brings energy and a tremendous work ethic to the team."

For a while, it looked like a failed experiment.

Mears struggled through his rookie season in 2003, earning no top 10s, failing to finish 10 races and winding up 35th in the points.

It wasn't a completely lost year, though. Ganassi kept Mears busy learning the basics of stock car racing, also running him in ARCA and Busch. Mears showed enough to keep the boss happy, winning a trio of ARCA races and also coming up with four top-10s in 14 Busch starts.

Last year, expectations were high, but Mears got off to a miserable start before finally starting to show some strength in the second half of the season — coming up with a career-best finish of fourth on the road course at Watkins Glen and finishing 22nd in the standings.

After a crash in the season-opening Daytona 500 and an overheating problem at California, it appeared Mears might be destined for another tough year in 2005. But things turned around last Sunday in Las Vegas with a seventh-place finish.

That boosted Mears 13 spots to 15th in the standings, only 46 points out of the coveted top-10 heading into Sunday's Nextel Cup race at Atlanta Motor

Speedway.

"We really needed that after the first two races," Mears said. "We're definitely in position now to start making some good gains."

Ganassi agrees. "Casey's performance last season was a huge jump from his first year," said Ganassi, who also fields Cup cars for Sterling Marlin and Jamie McMurray. "We're looking for a jump like that again in 2005. We'd just like to see a little more consistency."

A big difference in Mears is his confidence level compared to this time a year ago.

"Night and day," Mears said. "From the first year and the first part of last year, totally different. All the way around things have gotten better, and it just came with time and experience."

"Anything you start out doing, you get a couple of years down the road and look back and think you didn't know anything. As long as we continue to keep learning and keep growing the way we've been doing, I don't see any end to it."

Mears said the biggest difference he sees in himself is patience.

"I thought I had patience," he said. "But I've learned what that word means now. I've learned when to be aggressive and maybe when to let a guy by if he's catching me. It's all trial and error. Nobody can teach you. You need to get seat time and it's just something you learn for yourself."

Georgia Gov proclaims NASCAR Day

SPECIAL TO THE TIMES

Governor Sonny Perdue proclaimed March 16, 2005 as 'NASCAR Day' in Georgia.

In a proclamation ceremony including NASCAR drivers and officials from the Atlanta Motor Speedway, Governor Perdue praised the racing industry for its positive influence on the Georgia economy.

"NASCAR racing brings almost a quarter of a million fans to the state of Georgia in one weekend, creating jobs and contributing millions to the state economy," said Governor Sonny Perdue. "Georgia has known for years what others are now realizing—NASCAR racing is one of the most entertaining and fastest growing sports in America."

In just two race weekends each year, NASCAR will contribute \$455 million to the Georgia economy.

The Governor was joined by Atlanta Motor Speedway President and General Manager Ed Clark, NASCAR Managing Director for Licensed Products Blake Davidson, Chairman of the NASCAR Hall of Fame Committee for Atlanta Mark Lazarus and NASCAR drivers Terry Cook, Bill Elliott, Bill Lester and Todd Kluever.

As part of the NASCAR Day 2005 celebration, NASCAR is sponsoring three children's charities. Victory Junction Gang Camp (VJGC) was founded by Kyle and Pattie Petty in honor of their son, fourth-generation NASCAR driver Adam Petty.

The mission of VJGC is to enrich the lives of children with chronic or life-threatening illnesses by creating a racing-themed camp experience. Speediatrics is a NASCAR themed pediatric unit at Halifax Medical Center in Daytona Beach and Homestead Hospital in Miami. Lastly, Speedway Children's Charities provides funds to organizations like the Make-A-Wish Foundation to meet the direct needs of children with medical, educational or social challenges.

On March 20, Atlanta Motor Speedway will host the Golden Corral 500, which is expected to draw approximately 250,000 visitors. The Atlanta Motor Speedway is located in Hampton, Georgia, which has a population of 2,700.

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FLOYD COUNTY Lifestyles



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THROUGH MY EYES

To sleep, perchance, to dream

Wow, just got through reading this week's Family Medicine column and am amazed, and also relieved, to find out that, apparently, it isn't just my teenagers that like to stay awake half the night and sleep in the next half of the following day. Even more, according to Dr. Martha A. Simpson, who pens the column, staying awake until midnight and sometimes later, is not even their fault. Rather, the "fault" can be found in the hormonal shifts affecting their teenage bodies.

And all this time, here I was, being a bit of a "night owl" (as my

(See EYES, page seven)



Kathy Prater
Lifestyles editor

POSTSCRIPT

Apologies and outrages

First off, let me apologize for last week's rerun. I normally get the column to Kathy Prater sometime on Tuesday, but last week, it was midday Wednesday before I even thought of it, and I was in the middle of a deadline project.

I emailed Kathy that my timing is off these days. I can't seem to keep my days straight.

I suspect this is a consequence of advancing old age, but I'd prefer to think it's because my brain is just too full. I liken it to a computer,

(See POSTSCRIPT, page seven)



Pam Shingler
contributing writer

Women in History

Theresa Scott



photo by Kathy J. Prater

Theresa Morgan Scott, Floyd County Extension Agent for Family and Consumer Sciences, says that the role she plays within our community is actually that of "an advisor," sharing information and helping to facilitate and carry out local efforts.

Impacting Floyd County communities positively through extension programs

by Kathy J. Prater
FEATURES EDITOR

She comes to Floyd County by way of Danville - and Florida, Pennsylvania and Ohio. The Florida years being spent in early childhood, after which her family returned to their Danville, Kentucky home; the Pennsylvania and Ohio years having been spent as she departed college days toward the first steps in building a career.

Beginning her working days in the food industry as a sales representative for the food service and food manufacturing industries, Scott says that she spent many lonely years on the road that left her searching for a position that would better serve her warm personality

and love of people.

Having a bachelor's of science degree in vocational home economics education, as well as a master's degree in education, both from Eastern Kentucky University, Scott says that she was thrilled when the opportunity arrived for her to be employed as a vocational home economics teacher in Chillicothe, Ohio.

Though her "first love" is teaching and she shares that her "heart will be always in the classroom," Scott nevertheless thoroughly enjoys the work she is now doing serving as Floyd County's Extension Agent for Family and Consumer Sciences. "This position is so full of networking opportunities and I've found, also, that this community is such a won-

derful community in which to work, that I have to say that I simply could not be any happier anywhere," she said.

Scott, who is, in her own words, "a very well-rounded person," brings to her current position a wealth of experience stemming from a diverse background and wide expanse of interests. Some of the areas in which she has divested her energies since coming to the University of Kentucky Cooperative Extension Service, include an active involvement in the Extension Homemakers program, conducting a diabetes support group, helping to found and underwrite grants for the Floyd County Community Early Childhood Education pro-

(See THERESA SCOTT, page eight)

THINGS TO PONDER

Productive Anger

Anger is one of those very frequently used words in everyday speech. Wonder if it is not said sometimes out of habit or if the person really feels angry. Although volumes have been written about anger - its characteristics, sources, consequences, and control - the Merriam-Webster's Collegiate Dictionary identified the word as being around since the 14th century and defined it simply as "a strong feeling of displeasure and usually of antagonism." Anger is the most general term that labels these feelings without conveying anything about the intensity, justification, or manifestation of such an emotional state. As a result, many other words have gradually

been associated with or used "same as" to refer to anger. Rage relates to the loss of self-control with violence when emotional, "screaming with rage." Fury is even greater destructive rage that can verge on madness. Wrath tends to suggest a desire or intent to obtain revenge or punishment. In contrast, indignation reflects a "righteous" anger where the person views the situation as unfair, mean, or shameful. Since everyone is likely to feel angry at some time in life, how would you describe your anger - the frequency, the intensity, why, and the outcome?

Even though many folks perceive anger as rarely paying, research pertaining to anger reveals that the red-hot emotion has a positive side. Results have shown that anger can aid in clarifying relationship

problems, finalize business deals, get political issues going, and provide people with a sense of control during uncertain periods. On a larger scale, anger can stimulate a complete culture to change for the better, such as the women's suffrage movement in the early 1900's and the 1960's civil rights movement.

The concept or idea of constructive anger is yet to be defined, since it varies according to the situation and what is happening. Generally, anger has a bad reputation due to it frequently being wrongly connected to violence. In contrast, anger seems to be followed by aggression only about 10 percent of the time; aggression happens many times without anger. Numerous studies have demonstrated that

there are circumstances where anger (without violence) is often beneficial, such as when it is usually "played out" in homes. It also seems that the routine, everyday episodes of anger are more beneficial than the more dramatic ones. In some research during the 1980's, anger episodes were found to help strengthen relationships about half of the time. More recently, a report described how 40 percent of a group perceived positive long-term effects of anger episodes, 36 percent were neutral and 25 percent expressed negative long-term outcomes. In a study involving Russians and Americans, an anger episode was thought to produce a positive outcome. It was interesting that about one-

(See PONDER, page seven)



Mable Rowe Lineberger,
Ph.D.

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"There are two ways of spreading light:
to be the candle or the mirror that reflects it"
Vesalius in Zante

Ponder

third of this group thought that the episode aided them in seeing their own faults. Some individuals, who were targets of anger, reported, "I really understand the other person much better now - I guess I wasn't listening before." An opinion was that an assertive-type of response is always the best choice over an angry expression, but that the angry statement might be an important part of alerting the other person and "leads to deeper understanding of the other person and the problem."

Then there's the "positive feedback loop" that constructive anger is capable of creating. Several factors can make the difference between constructive and destructive anger, with regard to everyday anger. Constructive anger results

when two individuals involved with the issue are able to interact. The ideal is also that the angry person verbalizes his anger to the other person, the target, and the target hears the person and reacts appropriately. Thus, the misunderstanding is usually corrected, if the angry feeling is justified and the response is appropriate. Another factor supporting constructive anger is when individuals use it in terms of solving a mutual problem, instead of just taking the opportunity to vent their feelings. "What can we do to solve the problem?" One researcher stressed the importance of realizing that the outcome of an anger episode is based on what issues are present and the social setting. If anger is not constructive, it moves into being an undesir-

able emotional expression. It is well known that anger expressed to others can turn into violence and aggression. In contrast, anger "turned inward" or kept inside and not expressed can cause depression, health problems and communication difficulties.

A researcher at Stanford University concluded that anger also plays a powerful and arguably positive role in the workplace and in politics. These are situations where anger is often used for status, power, control, and strategic purposes rather than for emotional expression. It was interesting that people give more support to politicians and to colleagues who express anger than to those who express sadness or guilt. Another study found that anger served as an

empowering function following the events of September 11, 2001. Anger is probably beneficial from this perspective, because it increases people's sense of control. An additional researcher further found that angry people had a stronger sense of control and certainty than fearful people. However, these tendencies are not always justified or helpful, since angry people are also less likely than others to think they will have a heart attack or get a divorce, when they are actually more prone for these negative events.

Dr. Lineberger is a Licensed Psychologist with a private practice, New Perspective Psychological Services, in Prestonsburg, and provides therapy and psychological testing for all ages.

Continued from p6

Eyes

dad liked to call me) myself, thinking I was to blame for passing along my bad sleeping habits. Whew, what a relief to know that I can blame the entire situation on a hormonal bodily function and not my own lack of parenting skills.

One thing of particular interest to me was in learning that a number of school districts across the country have elected to change their school day starting times to a time more suited to these common teenage sleeping patterns. If any may recall, I myself commented in recent weeks, in this very column, that if the Floyd County Board of Education ever desired to change their school starting times from the current "bright and early" 8:15 a.m. to a bit less bright and early 10:15 a.m., that I would stand firmly behind them. Heck, I'll stand outside the high school in one of those sandwich signboards gathering up signatures of those who also support such a move if need be.

Among some of the districts who have instituted such a change is that of dear old Lexington, Kentucky. Simpson's column notes that in the districts that instituted delayed school day starting times, that significant reductions in both absences and tardiness were shown. You paying attention, members of the board?

Let 'em sleep a little bit longer and they'll come to

school wider awake, more often, and with, I would presume, better attitudes.

Another significant finding that I noted with great attention was that such changes have shown decreases in teenage car accidents. Knowing now that I am doing nothing more than repeating a small segment of Simpson's column, I have to still point out that it has been reported by the National Highway Transportation Safety Administration that young drivers (age 25 and under) are involved in more than one-half of all fall-asleep crashes. A fact that comes more than a little too close to home, considering that one of my children's best friends was killed in just such a crash early last August as he fell asleep at the wheel while on his way home from an evening out with friends.

Teenagers live busy lives - many of them hold part-time jobs, they are socially active and, being in high school, they often have time-consuming homework assignments, not to mention time-consuming, as well as physically draining, extracurricular activities.

I think it makes perfect sense to let them sleep a little later in the mornings before getting up to tackle another hectic day.

So, like I said, anytime you guys want me to wear the sandwich board, I'm ready - just make sure it comes in "plus size."

Continued from p6

Postscript

where you have to clean out the garbage every so often so the machine will work. Well, I tend to think that's true of our brain, too - at least it is in my case.

A technician recently offered to show me how to do something new on my computer at work, but I had to tell him I refuse to learn anything new until I get rid of some of the trivia that's filling up my memory bank. He laughed. I was dead serious.

If I had written a new column last week, here are a couple of items I wanted to pass along.

First, the Lexington paper had a short piece in the business section recently about the bonuses corporate bosses received last year.

Would you believe that bonuses for CEOs at 100 major US corporations went up by close to 50 percent? The median bonus was \$1.14 million.

An interesting example was Michael Eisner, the head of Walt Disney Co. He was almost fired last year, but the board, nevertheless, gave him a bonus of more than \$7 million.

Likewise, the chief honcho of Tyson Foods, John Tyson, received a bonus of

more than \$5 million, even though he's been under investigation by the Securities and Exchange Commission.

With bonuses and salaries, the CEOs are making about 160 times as much as the average production worker.

Think about that when you plan that trip to Disney World or when you fry up a pan of chicken.

Here's one to think about when you read the warning labels on prescriptions.

An advisory panel, appointed by the Food and Drug Administration, recently voted that a group of strong painkillers should continue to be marketed - and we of all people know how controversial some painkillers are.

Anyway, the kicker is that 10 members of the 32-member panel have direct ties to some of the drug companies that make the drugs being voted on.

Some of the panelists had been paid to speak at drug company events, and some received money from the companies to do research.

Do you suppose they're impartial? I'm a little skeptical.

Continued from p6

Visit www.floydcountytimes.com

Big Sandy Community and Technical College Dean's List and President's List for Fall 2004

Big Sandy Community and Technical College (BSCTC) is proud to present the Dean's List and President's List for fall 2004. The Dean's list students earned a grade point average of 3.5 or better during the fall 2004 semester. The President's List students earned a grade point average of 4.0.

BSCTC DEAN'S LIST FALL 2004 (3.5 GPA or better)

FLOYD COUNTY: Brittany Danielle Bailey, Bambi Sue Baisden, Kevin Richard Bellamy, Danny Paul Blackburn, Melissa Ann Blackburn, Nathaniel Curtis Blackburn, Natasha Dawnelle Bowling, Ashley Nicole Boyd, Dennis Anthony Buckley, Kitty Lynn Burchett, Diane Burke, Michael K. Burke, Tyler John Burke, Melanie Nicole Burns, Jordan Brown Caldwell, Laura Leigh Ann Carroll, Terra Lynn Childers, James N. Clay, Jeremy C. Click, Miranda Lynn Click, Allison J. Clifton, Melissa Collins, Matthew Wayne Cooke, Lindsay Nichole Cooley, Carolyn C. DelBello, Keri M. Dingus, Ashlee Raye Ellis, Austin Larry Francis, Paul David Francis, Debra J. Gambill, Calvin R. Gamblin, Brandy M. Gibson, Steven Gillespie, Rebecca Madge Goines, Gregory Scott Griffith, Genoa Hackworth, Amber Nichole Hall, Amber NaShea Hall, Brandon Gene Hall, Carla Marie Hall, Casandra Ellen Hall, Cassandra Jane Hall, Leslie Sue Hall, Lucrecia S. Hall, Vickie Lynn Hall, Adam Christopher Hamilton, Helen LeAnn Hamilton, Abby Hansel, Katrina Lynette Holliman, Kevin Dale Horn, Jonathan W. Howard, Marla Howard, Ronald Howell, Shawn Clayton Howell, Jason Adam Hughes, William Cooky Inklebarger, Della F. Jervis, Brenda S. Johnson, Audrey M. Jones, Jamie Sue Jude, Jonathan Katz, Amy B. Keathley, Joshua Kyle Kinzer, Miranda NaShae Lafferty, Joshua K. Lawson, Ricky William Lemaster, Shawna LeeAnn Little, Katherine P. Lowe, Mary Ruth Lynn, Jeffery Gerald Martin, Amy Nicole Mast, Brandon Joey Maynard, Deborah Darlene Meade, David Brandon Meyers, Ashley Nicole Milburn, Foster Darwin Mitchell, Jerri N. Mitchell, Gregory D. Morrison, Anita Carol Mullins, Darah J. Mullins, James Daniel Neeley, Nova L.

Newsome, Jenna E. Patton, Jessica Ruth Perkins, David L. Pigman, Janet Fay Prater, Sheila L. Prater, Dianne Sue Price, Jessica R. Reed, Courtney Reid, Michele R. Romans, Jonathan Andrew Russo, William D. Schlick, Erica Renee Shepherd, Matthew R. Slone, Wesley Con Smith, Jessica L. Spears, Lloyd M. Stacy, Stacia Nicole Stanley, Travis Daniel Starnes, Danielle N. Steele, Matthew D. Stephens, Scottie Alan Stumbo, Chad D. Stump, Cory Michael Belue Sturgill, Amanda Elaine Tackett, Amy Marie Tackett, Rodney W. Tackett, Joe Dustin Taylor, Samantha Taylor, Stephanie Estelle Taylor, Ashley Jo Thomas, Connie G. Thompson, Larry Michael Watson, Amanda Leigh Webb, Jada Denise Webb, Benjamin Eugene Whitaker, Gary M. Whitt, Shawn A. Whitt, James Edward Williamson II, Marjorie D. Woods, Theodore B. Wright, Larry Kevin Younce

BSCTC PRESIDENT'S LIST FALL 2004 (4.0 GPA)

FLOYD COUNTY: Brittany Danielle Bailey, Dennis Anthony Buckley, Terra Lynn Childers, Miranda Lynn Click, Melissa Collins, Matthew Wayne Cooke, Lindsay Nichole Cooley, Carolyn C. DelBello, Paul David Francis, Brandy M. Gibson, Rebecca Madge Goines, Amber NaShea Hall, Carla Marie Hall, Lucrecia S. Hall, Adam Christopher Hamilton, Katrina Lynette Holliman, Kevin Dale Horn, Ronald Howell, Shawn Clayton Howell, Della F. Jervis, Shawna LeeAnn Little, Katherine P. Lowe, Gregory D. Morrison, Darah J. Mullins, James Daniel Neeley, Nova L. Newsome, Jessica Ruth Perkins, Dianne Sue Price, Erica Renee Shepherd, Matthew R. Slone, Stacia Nicole Stanley, Travis Daniel Starnes, Danielle N. Steele, Matthew D. Stephens, Scottie Alan Stumbo, Rodney W. Tackett, Samantha Taylor, Shawn A. Whitt, Theodore B. Wright

School Happenings

Adams Middle School Youth Services Center

- March 15-22 - "Magic Me" will meet, weather permitting.
- March 21 - Nutrition program, 6th grade.
- March 21-25 - Scholastic Book Fair. Volunteers needed.
- March 23 - "Career Exploration Day," 8th grade.
- March 24 - "Give Yourself a Break Day," for all Floyd County parents/guardians. To be held at the MAC. Registration at 8:30 a.m. Fun workshops, door prizes and free lunch.
- March 28 thru April 1 - SPRING BREAK!!
- If you would be interested in volunteering at AMS, contact the Youth Services Center to schedule a time for Volunteer Orientation.
- Adams Middle School Youth Services Center is open each weekday from 8 a.m. to 4 p.m. The center offers services to all families regardless of income. For more information about any of the activities or services of the center, please contact the center at 886-1297. Center Coordinator - Michelle Keathley; Assistant - Sheila Allen.

Allen Central Middle School

- March 21 - SBDM meeting, 5 p.m.
- March 23 - Career Expo.
- March 24 - "Give Yourself a Break Day," 8:30 a.m. to 2:00 p.m., at Mt. Arts Center.
- March 31 - Last day to turn in Food City receipts!!
- The ACMS Youth Service Center is open each day from 8:00 a.m. to 3:00 p.m., or later by appointment. For more information about the center, call LaDonna Patton, coordinator, at 358-0134.

Allen Elementary and Family Resource Youth Service Center

- Call Allen Elementary Youth Service Center at 874-0621 to schedule your child's Hepatitis B vaccination, immunizations, and WIC appointments.

Betsy Layne Elementary

The Betsy Layne Elementary Family Resource Youth Service Center is located in the 500 building of the campus. The goal of the FRYSC is to meet the needs of all children and their families who reside in the community or neighborhood by the school in which the center is located. For further information, please contact the center at 478-5550 or 478-9751, ext. 310.

Brian H. Akers, Center Coordinator; Charlotte Rogers, Program Assistant II; Debra Hayes, School Nurse.

Clark Elementary

A nurse from the Floyd County Health Dept. is in the center weekly and sees WIC patients, does well-child exams (birth-18 years), and gives immunizations. Currently scheduling exams for students who will be in the 6th grade in the next school year. Call for an appointment - 886-0815.

The Clark Elementary Family Resource Center provides services for all families regardless of income. We are located in the Clark Elementary School building and can be reached by calling 886-0815.

Duff Elementary

Floyd County Health Dept. is at the school each Tuesday. Services include 6th grade school entry physical; kindergarten, Head Start and well-child physicals (age birth to 18 years); T.B. skin test; T.D. boosters; and WIC services. Please call 358-9878 for appointment if you are in need of any of these services.

The J.A. Duff Elementary Family Resource Center provides services for all families regardless of income. We are located in the tan metal building at the rear of the school. Contact persons are Judy Handshoe, coordinator, and Ruby Bailey, assistant.

May Valley Elementary

- Parent Lending Library is available to parents for video check-outs. A variety of topics are available.
- Floyd County Health Dept. nurse at school every Wednesday. Services include Head Start physicals, kinder-

garten physicals, 6th grade physicals, well-child physicals, immunizations, TB skin test, WIC program, blood pressure checks, and more. Must call the FRC at 285-0321 for an appointment.

McDowell Elementary and Family Resource Center

Floyd County Health Department Nurse Joy Moore, is at the center each Monday to administer immunizations, T.B. skin tests, well-child exams, WIC, prenatal and post-partum services, and school physicals. Call 377-2678 for an appointment.

Mountain Christian Academy

Now accepting applications for enrollment for Kindergarten for the 2005-06 school year. Call 285-5141 for more information.

Prestonsburg Elementary and Family Resource Center

March 24 - "Give Yourself a Break Day," 8:30 a.m. to 2:00 p.m., at the Mountain Arts Center. Parents, grandparents and guardians, please join us!

April 4 - FRC Advisory Council meeting, 3:15 p.m., in FRC office.

April 11 - Last day to turn in Food City receipts!

May 24, 25 - Kindergarten registration for 2005-2006 school year, 8:30 a.m. to 1:00 p.m., in school auditorium. The following information is required before enrollment: Student's birth certificate, social security card, immunization records, physical exam, and eye exam. Please bring these documents the day you register your child.

The Family Resource Center is open weekdays 8 a.m.-4 p.m., and later by appointment. Office provides services for all families, regardless of income.

After School Child Care, 3-6 p.m., school days.

Call 886-7088 for additional information regarding the Prestonsburg Elementary Family Resource Center or its programs.

South Floyd Youth Services Center

Committee sign-ups may be done through the Youth Services Center office.

Walking track open to public.

The center has a one-stop career station satellite that is available to the community as well as students.

Anyone interested in Adult Ed may contact the center for information.

All new students and visitors, stop by the Center, located on the South Floyd campus, Room 232, and see Mable Hall.

For more information call 452-9600 or 9607 and ask for Mable Hall, ext. 243, or Keith Smallwood, ext. 242.

Stumbo Elementary/Mud Creek Family Resource Center.

March 24 - "Give Yourself a Break Day," for all Floyd County parents, grandparents and guardians, at Mountain Arts Center.

March 24 - "Let's Talk About Drugs," Our Lady of the Way Hospital, 1 p.m., for K-3.

FRC monthly Advisory Council meetings will be held the first Wednesday of each month, at 4 p.m. Call for more info.

Lost & Found located in Family Resource Center.

Resource Center hours are 8:00 a.m. to 4:00 p.m. Parents and community members are welcome to visit. For questions, call 587-2233 - ask for Tristan Parsons, Center Coordinator, or Anita Tackett, Assistant.

W.D. Osborne "Rainbow Junction" Family Resource Center

Character Words for the Month: Tolerance and Kindness.

March 18 - Heart Health/CPR demonstration, 5th grade, 1:45 p.m., in gym. Presented by Kim Sanders, OLWH.

March 24 - "Give Yourself a Break Day," at Mountain Arts Center, registration at 8:30 a.m. For parents, grandparents, guardians of Floyd County students. Learn to relax while you relax and enjoy guest speakers, door prizes, and a free lunch. For more info., call 452-4553.

March 28-April 1: SPRING BREAK!!

"Lost & Found" is located in the FRC. If your child has lost any clothing or other personal items, please remind them to check in the FRC. Items not claimed within 2 weeks, become the property of the FRC.

Rainbow Junction Family Resource Center is located in the W.D. Osborne Elementary School. Hours of operation - 8 a.m. to 4 p.m. Monday through Friday, or later by appointment. Call 452-4553 and ask for Cissy or Karen. Parents/community members free to visit any time.

Wesley Christian School

Wesley Christian Daycare and Infant/Toddler Care accepts infants and toddlers up to 2 years and Preschool age 2-4. Daycare hours: 7 a.m. to 5:30 p.m., Monday thru Friday.

For additional information, call 874-8328. Summer office hours: 9 a.m. to 1 p.m.

Floyd County Adult Ed Class Schedule

BSCTC, Prestonsburg campus: Mon., Wed., Fri. - 8:30 a.m. to 4:30 p.m.; Tue., Thur. - 11:30 a.m. to 7:30 p.m. Contact: Jason Cassell - 886-3863, ext. 67219, Room m207 (second floor, Library).

Auxier Lifelong Learning Center: Tue., Thur. - 8:30 a.m. to 4:30 p.m. Contact: Lucille Fuchs - 886-0709.

Martin Extended Education Service Center: Tue., Thur. - 8:00 a.m. to 4:00 p.m. Contact: Vanessa Tackett - 285-5111.

Wayland EESC: Mon., Wed. - 8:00 a.m. to 4:00 p.m. Contact Vanessa Tackett - 358-3400.

Wheelwright: Mon., Wed. - 9:00 a.m. to 4:00 p.m. Contact: Penny Fell - 452-4324.

McDowell: Tue., 1:00 to 3:00 p.m.

For more information about Adult Education class schedules, contact the David School at 886-8374. All classes and materials free of charge.

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College of Osteopathic Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor of Family Medicine

Changes in body clock affect teen sleep patterns



Question: My 16-year-old son won't go to bed at bedtime. My husband and I turn in around 9 p.m., but our son is up until after midnight. During the week, we all get up at about the same time, 6 a.m., but on weekends we don't see him until after noon. What can I do to stop this behavior? I think he is resisting going to bed to be "cool." He seems tired all the time. This worries me, as well, since he has just started to drive.

Answer: Mom, your concern is well-founded. However, your son's problem of not getting to sleep before midnight may be primarily due to his age rather than any conscious effort on his part to be cool or trendy. Adolescents have physiolog-

ically different sleep patterns than younger children or adults.

A lot of research has been done recently into adolescent sleep patterns. On average, children need 10 hours of sleep nightly, adults 8.25 hours and adolescents 9.25 hours of sleep every night.

As a result, many concerned parents want high school starting times changed. A number of school districts across the country have already done this. These include schools in Arlington, Va.; Lexington, Ky.; and Minneapolis, Minn. These districts report that after the change, students get more sleep and show reductions in absences and tardiness.

Another important benefit of this change is that it should lead to a decrease in car accidents. In fact,

research reported by the National Highway Transportation Safety Administration shows that young drivers (25 or under) are involved in more than one-half of fall-asleep crashes.

Why is it that people in this age group don't have the same sleep patterns as their younger siblings or their parents?

During the middle teenage years, our biological clocks undergo a change that makes it hard to fall asleep until later in the evening. This could be as late as 10 p.m. or even 11 p.m. The problem results from a "time shift" in the secretion of melatonin, one of the hormones that helps regulate sleeping and waking patterns. After age 16, the nightly release of melatonin takes place later than it does in early adolescence, making it harder to fall asleep until later in the night.

It is not clear why this change in our body clock — or circadian rhythm — occurs. Some feel this is due to the hormonal and physical changes taking place during this developmental period. Teenagers' erratic schedules — up

early during the week and sleeping in on weekends — can also cause sleep phase circadian rhythm problems.

So what can be done? Understanding that this is a developmental phase can help. At the same time, talk with your son about how he can get better sleep. Here are some tips.

- Get about 9 hours of sleep nightly.
- Stay on the same sleep/wake schedule, even on weekends.
- Avoid bright lights, which signal the body to wake up, in the evening.
- Get into bright lights as soon as possible upon awakening.
- Avoid caffeine and nicotine after noon.
- Avoid alcohol.
- Relax before going to bed — but NO computer games.

This is one of the phases he will out-grow, but it's a good idea to promote good sleep habits at any age.

Family Medicine® is a weekly col-

umn. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicinews.org. Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions. Past columns are available online at www.familymedicinews.org.

Choose Healthful Foods

PSA

Theresa Scott

as well as the Floyd County Cancer Coalition, and helping to spearhead the "Get Moving Kentucky" program for Floyd County.

Scott also serves, or has served, on the following advisory boards: the Floyd County Emergency Food Board, the David Appalachian Crafts/St. Vincent's Mission Advisory Committee, Healthy Communities 2010 Committee, the Clark Elementary School Advisory Board, the Floyd County Chamber of Commerce Government/Civic Affairs Committee, and has served as a delegate in the Mid-South Cancer Conference (Lexington) as well as project coordinator for the Breast and Cervical Cancer Project, Floyd County.

Currently, she is helping to identify a target group of those in the area believed to be at highest risk for colorectal cancer, as well as preparing to embark upon a new project, "Weight the Reality," an 11-week individualized health improvement weight program that will be open to public participation at no, or minimal, charge. "I anticipate lots of good things with this program," Scott said. "We are going to be using the new American plate method of learning how to eat. The method incorporates the idea of having at least two-thirds of your plate be filled with greens, fruits and grains; then a small section of protein and low-fat, high fiber foods." The Weight the Reality program will kick-off in the Floyd County area on May 5.

Still, of all the various programs and projects in which Scott is involved, the one seemingly closest to her heart would be the Extension Homemakers program. "The Homemakers program has a wonderful history - in both Floyd County and Kentucky. In Floyd County alone, we have 189 members. That's an impressive number for any organization," she said. "And, as has been shown many times over, there is real strength in numbers."

"The Homemakers program is the largest predominately female organization in the state," she continued. "It is full of leadership opportunities, training, social support...it helps its members to become rejuvenated, to help find that all-important balance between doing for others

and doing for oneself. This program, this office, is full of accurate, research-based information. Information that is science-based and factual. There is a wealth of knowledge to be found here - information on health, dental, estate planning, retirement, most anything a person would find a need for," she said.

And, as always, Scott issues an open invitation to all Floyd Countians to become members of the Homemakers program, and to feel free to call upon their county extension agents at anytime. Scott, as well as extension agents Ray Tackett and Chuck Stamper, may be contacted at 886-2668.

Theresa Scott, our Women in History profile for this edition, resides in Prestonsburg with husband, Tom.

Continued from p6

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Illness doesn't stop guest from enjoying park

FRANKFORT - How would you react if a doctor told you that you had inoperable lung cancer? For some folks, the grim news might prompt them to curl up and wait for the inevitable.

Orbin Sparks, a 77-year-old retiree from Flemingsburg, is having none of that. He didn't let his illness keep him from enjoying an elk tour recently at Jenny Wiley State Resort Park in Prestonsburg. He had the time of his life.

"I liked everything about it," he said in a recent phone interview. "They (staff) were just out of this world."

The close-up views of the elk were like nothing he'd ever seen, he said.

Sparks and his daughter, Madonna Gray of Greensboro, N.C., were visiting relatives in Pike County and were guests at Jenny Wiley on Feb. 11 when they learned about an elk tour the next day.

It was a cold, clear morning when Mr. Sparks, Ms. Gray and a half-dozen other guests climbed into a van to make the 40-minute ride to the Addington Wildlife Management Area in Knott County.

During the trip, the group's host, park naturalist Ron Vanover, chatted with the guests, including Mr. Sparks.

"He was very jolly," Vanover recalled. "You would never have known he was sick."

They quickly found out that they had a lot in common. Mr. Sparks asked if Ron was related to any Vanovers in McCreary County. In fact, that is Ron's home, he responded. Ms. Gray mentioned that her aunt ran a retirement home near Cumberland Falls. Ron replied that his mother had worked there for 27 years.

The van climbed the gravel road to a grassy ridge. They were met at the wildlife man-

agement area by Department of Fish and Wildlife biologist Karen Alexy, who answered questions about the state's successful program to re-establish an elk population to Kentucky.

Before long, the guests saw what they came for - a herd of huge, majestic elk.

"We saw probably 19 bulls and about 20 cows and calves," Vanover said. "At some points, we were within 25 yards of some of them," viewing the elk from the comfort of the van.

Mr. Sparks reveled in the moment.

"He was very excited," Vanover recalled. Mr. Sparks snapped picture after picture as the elk serenely paced around the pasture.

After a while, the group realized that hunger had overtaken curiosity, and the talk

turned to having an "old-fashioned" breakfast. On the trip home, the group stopped by a local restaurant known for its down-home cuisine.

"The group thoroughly enjoyed it," Vanover said.

After the meal, Mr. Sparks went behind the counter to hand out tips to the waitresses and cooks.

"He made my day," Vanover said. "When you think you're having a bad day, then you meet somebody like him, it just makes you have a different outlook on life."

Mr. Sparks' daughter, Madonna, said the tour was an unexpected bonus for their visit.

"It's a whole experience," she said. Neither she nor her father expected to be able to get such good views of the majestic animals.

"For two weeks, that's all

he's talked about," she added.

While chemotherapy slowed Mr. Sparks down in the fall, he has since taken several trips.

Given the prognosis, "everything that we do is a bonus," Ms. Gray said.

Mr. Sparks said he feels fine and he's making plans to visit the Land Between the Lakes next weekend.

If everything works out, he'll be back next fall to take another elk tour, he added.

The park conducts escorted van tours in the winter and fall to visit elk habitat. The last tour of the season was held March 5, and tours resume in September, October, November and December. For additional information on the elk viewing tours, call Ron Vanover at 606-889-1790 or e-mail him at rvanover@charterinternet.com.



Tours provide the opportunity for close-up views of elk.

Weddings



Cline-Hancock

Mr. Clyde Francis Hancock, of Wayne, West Virginia, and Ms. Edith Frances Cline, of Allen, are happy to announce their upcoming wedding which will be held on Saturday, March 26, 2005, at one o'clock in the afternoon, at the Cow Creek Freewill Baptist Church. Rev. Garner Smith, of Clarksville, Tennessee, will officiate. Immediately following, a reception will be held in the church annex building. The gracious custom of an open church wedding will be observed.

Talented local artist opening for Doyle Lawson

Floyd County's own, Chris "Bo" Isaac and his band "The Wheelwrights" will be opening for Doyle Lawson & Quicksilver this Saturday, March 19 at the MAC. Bo is a very talented young man who began his career playing fiddle with the Kentucky Opry at the tender age of five. His grandfather Isaac started giving Bo lessons when he was only 4 years old. Kentucky Opry's Founder and Director, Billie Jean Osborne, saw this young boy and realized that he had great potential. She arranged for Kentucky Opry's former fiddle player, David Morris to provide him with private lessons and also have him perform in the KO show. Billie Jean says that "Bo was put on Earth to entertain - I expect to hear great things from him. I can't wait to see him on stage this Saturday."

Bo's first bluegrass affiliation was with a group called Shades of Tyme followed by stints with Ernie Thacker & Route 23, Dave Evans & Riverbend, Gerald Evans & Paradise. He has also done some guest appearances with Larry Cordle, IIIrd Tyme Out and now has his own band, "The Wheelwrights."

Bo's natural talent as a musician and entertainer has made it very apparent that he takes center stage. His manager/agent, Ken Carriere, president of Goodytyme Productions Inc, is very excited

to be working with Bo and says that "there will be no stopping him once he gets started, he has everything going for him." Goodytyme Productions will not only manage Bo's career, but is currently in preparation to record his first CD on the Goodytyme Label. Steve Gulley from the very talented group, Mountain Heart, has agreed to produce Bo's first project. The planned release date is scheduled for this fall.

Doyle Lawson & Quicksilver with Bo Isaac and The Wheelwrights in concert this Saturday night, March 19 at the Mountain Arts Center. Concert begins at 7:30 PM. Ticket information is available by calling 886-2623.



Chris "Bo" Isaac

Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.

ASSEMBLY OF GOD

First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Yannucci, Minister.

New Bethel Assembly of God, Burning Fork Rd., Salyersville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.

Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

BAPTIST

Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.

Auxier Freewill Baptist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.

Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.

Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.

Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m.; Vera Joiner, 886-3863, ext. 67267.

Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.

Brandy Keg Freewill Baptist, Corn Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.

Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.

Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.

Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathan Lafferty, Minister.

Daniels Creek Baptist Fellowship Church of God, Banner. Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.

Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister.

Endicott Freewill Baptist, Buffalo; Sunday School, 10 a.m.; Worship Service, 6 p.m.; Wednesday, 7 p.m.; James H. Smith, Pastor.

Faith Bible Church, an independent Baptist church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Stuart E. Swanberg.

Faith Freewill Baptist, 1/4 mile above Worldwide Ept. on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Buddy Jones, Minister.

First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.

First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

First Baptist, 54 S. Front St. (Irene Cole Memorial); Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Dr. Floyd Price, minister.

Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7 p.m.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Grethel Baptist, State Rt. 3379, (Branham's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.

Jacks Creek Baptist, Bevinville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jeff Barrett, Minister.

Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jim Price, Minister.

Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.

Lancer Baptist Church, 71 Cooley St., Prestonsburg, Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m., Evening Woshp, 6:00 p.m., Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter

Liberty Baptist, Denver; Sunday Service, 11 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.

Ligon Community Freewill Baptist, Ligon Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.

Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.

Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.

Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.

McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.

Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Eugene Cook, Minister.

Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister.

Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.

Pleasant Valley Old Regular Baptist Church, Tinker Fork; Meeting time 1st Saturday & Sunday of each month, 3rd Sunday Evening at 6:00 p.m.; Moderator, Gary Compton; Assist. Moderator, Jimmy Conley.

Prater Creek Baptist, Banner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; J.B. Hall, Pastor. Phone: (606) 874-3222.

Rock Fork Freewill Baptist; Garrett Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.

Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Earl Slone, Minister; Jerry Manns, Assistant Minister.

Salt Lick United Baptist, Salt Lick, Hueysville; Worship Service, 10:30 a.m.; 4th Sunday; Thursday, 6:30 p.m.; Pastor, Chester Lucas.

Sammy Clark Branch Freewill Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.; Pastor, Robert Shane Powers.

Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.

The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.

Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.

Trimble Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m., Youth Services 7 p.m.; Everyone Welcome.

United Community Baptist, Hwy. 7, Hueysville; Worship Service, 2 p.m.; Friday, 7 p.m.; Carlos Beverly, Minister.

Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferrari, Minister.

CATHOLIC

St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday; Father Robert Damron, pastor.

CHRISTIAN

First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.

Garrett Community Christian, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Donnie Hackworth, Minister.

Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sherm Williams, Minister.

CHURCH OF CHRIST

Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.

Church of Christ, South Lake Drive; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Benny Blankenship, Minister.

Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; James H. Harmon, Minister.

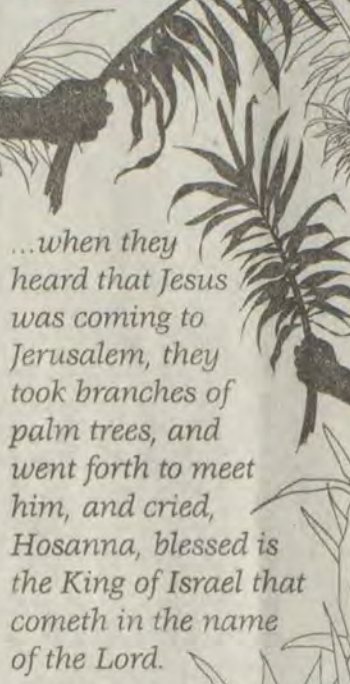
Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.

Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonie Meade, Minister.

Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Return to your Bible



...when they heard that Jesus was coming to Jerusalem, they took branches of palm trees, and went forth to meet him, and cried, Hosanna, blessed is the King of Israel that cometh in the name of the Lord.

JOHN 12:12,13

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Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m. Gary Mitchell, Minister.

Maytown Church of Christ, 66 Turkey Creek Rd., Langley. Sunday Bible Study 10:00 a.m., Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible Study 6:00 p.m.

Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy Dale Bush, Minister.

Weeksbury Church of Christ; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m. Mike Hall, Minister.

CHURCH OF GOD

Betsy Layne Church of God, Old U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.

Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.

First Church of God; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.

Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Donald Bragg, Minister.

In Victory Assembly of God, Sunday School, 10:00; Worship Service, 11:00 & 6:00; Wednesday Evening, 6:30; Gary Stanley, Pastor.

Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.

Little Paint First Church of God, 671 Little Paint Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Heater Jr., Minister.

The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

EPISCOPAL

St. James Episcopal; Sunday Service, 9:45 a.m.; Holy Eucharist 11:00 a.m. Wednesday Study Group 6:00p.m., Holy Eucharist & Healing 7:30 p.m. Father Johnnie E. Ross, Rector.

LUTHERAN

Our Savior Lutheran, Sipp Bayes Room Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLW (600 am) 12:05 p.m.; Rolland Bentrup, Minister.

METHODIST

Auxier United Methodist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Garfield Potter, Minister.

Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.

Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.

Community United Methodist, 141 Burke Avenue (off University Drive and Neeley St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steve Pescosolido, Minister.

Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.

Emma United Methodist, Emma; Sunday Worship Service, 2 p.m.; Jack Howard, Minister.

First United Methodist, 256 South Arnold Avenue; 9 a.m. Contemporary Service; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m. and 5 p.m. UMYS Service; Wednesday, 7 p.m.; Mark D. Walz, Pastor.

Horn Chapel Methodist, Auxier Road, Auxier; Sunday Morning Service, 9 a.m.; Sunday School, 10 a.m.; Mid-week Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Garfield Potter, Minister.

Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.

Salisbury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Bobby G. Lawson, Minister.

Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Brad Tackett, Minister.

Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.

Vogle Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor.

Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.

Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister.

Free Pentecostal Church of God, Weeksbury; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John "Jay" Patton, Minister.

Free Pentecostal Deliverance, Ext. 46 off Mt. Parkway at Campton; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Crider, Minister.

Free Pentecostal Holiness, Rt. 122, Upper Burton; Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis Sanlan, Minister; David Pike, Associate Minister.

Goodloe Pentecostal, Rt. 850, David; Worship Service, 6 p.m.; Malcom Slone, Minister.

Parkway First Calvary Pentecostal, Floyd and Magoffin County Line; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister. 297-6262.

Trinity Chapel Pentecostal Holiness, Main St., Martin; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Ellis J. Stevens, Minister.

Free Pentecostal Church, Dwale; Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

PRESBYTERIAN

Drift Presbyterian, Route 1101, Drift; Worship Service, 11 a.m. First Presbyterian, North Lake Drive; Sunday School, 9:30 a.m.; Worship Service, 11 a.m.; George C. Love, Minister.

SEVENTH DAY ADVENTIST

Seventh-Day Adventist, 5 miles West on Mountain Parkway; Sunday School, 9:15 a.m.; Worship Service, 10:30 a.m.; Gary Sheph. Minister.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

The Church of Jesus Christ of Latter-Day Saints; Relief Society/Preisthood/Primary, 9:30 a.m.; Sunday School, 10:30 a.m.; Sacrament Mtg., 11:20 a.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Ken Carriere, Bishop.

OTHER

Pastor Atha Johnson welcomes everyone to attend services at the **CHURCH OF GOD OF PROPHECY TRAM KENTUCKY.** Sunday school 10 a.m., Worship service 11 a.m.

Drift Independent, Drift, Sunday, 11 a.m.; Thursday, 6:30 p.m.

Grace Fellowship Prestonsburg, (next to old flea market), Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.

Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.

Faith Revelation Ministry, 1/4 mile above Worldwide Equipment; Sunday School, 10 a.m.; Worship service, 11 a.m. and 6 p.m.; Randy Hagans, Minister.

Faith Worship Center, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.

Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 p.m.; Lavonne Lafferty, Minister.

Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.

Living Water Ministries Full Gospel Church, Conley Fork of Spurlock, Prestonsburg; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor: Curt Howard.

Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m., Saturday/Sunday.

Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.

Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-1003.

Town Branch Church; Sunday School 10 a.m. except for first Sunday in each month; Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.

The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.

The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Aiken.

Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.

Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayer Line: 358-2001; Jeff Kinslow, Pastor

Taylor Chapel Community Church, formerly the old Price Food Service building, located 1/4 mile above Worldwide Equipment, Rt. 1428. Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m. Kenny Vanderpool, Pastor.

International Pentecostal Holiness Church, 10974 N. Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor.

Rising Sun Ministries, 78 Court Street, Allen, Ky.; Sunday, 10:30 a.m.; Wednesday, 6:30 p.m. Pastor: D.P. Curry.

Church of God of Prophecy, Sunday School 10 a.m., worship Service 11 a.m., Sunday Night - 6 p.m., Wednesday Night - 6 p.m. Pastor Glenn Hayes. West Prestonsburg.

Godwin
R&S Truck Body Co., Inc.
P.O. Box 420, Allen, KY 41601
8555 South U.S. Highway 23,
Ivel, KY 41642
Phone: (606) 874-2151
Watts: (800) 826-7413
Fax: (606) 874-9136

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The Floyd County Times

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Classified Rates: for 20 words or less
Sunday, Wednesday, Friday, only \$12.00
Sunday, Wednesday, Friday & Shopper \$13.00
 An additional charge of .25 per word for every word over 20
Classified Manager: Jessica Luman, ext. #19

DEADLINES:

- **Wednesday Paper, Noon Mon.**
- **Friday Paper and Shopper, Wed. 5 p.m.**
- **Sunday Paper, Thurs. 5 p.m.**

CONTACT US AT: (606) 886-8506



Send Us Your Ad
(606) 886-3603
 24 HOURS

100 - AUTOMOTIVE	210 - Job Listings 220 - Help Wanted 230 - Information 250 - Miscellaneous 260 - Part Time 270 - Sales 280 - Services 290 - Work Wanted	350 - Miscellaneous 360 - Money To Lend 380 - Services	480 - Miscellaneous 490 - Recreation 495 - Wanted To Buy	590 - Sale or Lease	690 - Wanted To Rent	750 - Mobile Home Movers 755 - Office 760 - Plumbing 765 - Professionals 770 - Repair/Service 780 - Timber 790 - Travel	830 - Miscellaneous 850 - Personals 870 - Services 890 - Legals
110 - Agriculture 115 - ATVs 120 - Boats 130 - Cars 140 - 4x4's 150 - Miscellaneous 160 - Motorcycles 170 - Parts 175 - SUV's 180 - Trucks 190 - Vans	300 - FINANCIAL 310 - Business Opportunity 330 - For Sale	400 - MERCHANDISE 410 - Animals 420 - Appliances 440 - Electronics 445 - Furniture 450 - Lawn & Garden 460 - Yard Sale 470 - Health & Beauty 475 - Household	500 - REAL ESTATE 505 - Business 510 - Commercial Property 530 - Homes 550 - Land/Lots 570 - Mobile Homes 580 - Miscellaneous	600 - RENTALS 610 - Apartments 620 - Storage/Office Space 630 - Houses 640 - Land/Lots 650 - Mobile Homes 660 - Miscellaneous 670 - Commercial Property	700 - SERVICES 705 - Construction 710 - Educational 713 - Child Care 715 - Electrician 720 - Health & Beauty 730 - Lawn & Garden 735 - Legal 740 - Masonry 745 - Miscellaneous	800 - NOTICES 805 - Announcements 810 - Auctions 815 - Lost & Found	

The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

AUTOMOTIVE

130-Cars
Hicks Auto Sales
 David Road
 1998 Toyota Camry, 96K Miles, Loaded, \$5,995. 1999 Toyota Corolla, Auto, CD, 80K Miles, \$4,595. 1998 S 10 Extra Cab, \$3,995. Call 886-2842

For Sale 1993 Ford Crown Victoria. 138,000 miles. \$1,200. call 606-874-0467

For sale 1991 Toyota Corolla needs work \$800 firm call 606-886-8339 after 5 pm.

FOR SALE: 1988 Pontiac Bonneville, no title, good for parts. \$800 obo. Call 874-4094.

140-4x4's
FOR SALE: Honda '93 Fourwheeler, Honda '97 300 Fourwheel drive. Looks good and runs good. Call 886-0875.

150-Miscellaneous
GRAVELY TRACTOR FOR SALE, electric starter & plow. Call 358-3416

160-Motorcycles
For Sale 1998 YAMAHA YZ80 New tires, pro-circuit pipe. \$1600. Call 606-452-9599 for more info.

180-Trucks
Wanted used full size pick-ups 1998 thru 2003, will pay cash call 800-789-5301

EMPLOYMENT

When responding to Employment ads that have reference numbers, please indicate that entire reference number on the outside of your envelope. Reference numbers are used to help us direct your letter to the correct individual.

210-Job Listing
SALESPERSON NEEDED, Must Have Sales Experience. Call for Appointment between 8-5 Mon-Fri, Overhead Door of East KY. 478-3000

EXCELLENT INCOME-National Capitol Funding Group Now Hiring Court House Researchers. Will Train to Work From Home Using Your Computer. No Experience Necessary. Call 1-800-440-7234

WELDING POSITIONS AVAILABLE, call between 8am-5pm M-F for an appointment to fill out application. Call 285-9358

Prestonsburg Health Care Center has an opening for Full Time C.N.A.'s. We offer competitive wages and excellent benefits. If interested please send a resume to 147 N. Highland Ave., Prestonsburg, KY, 41653 (behind Prestonsburg Elem.) or call 886-2378

NEEDED-Truck Driver, must have CDL and Maintenance Men. Call 478-9501

220-Help Wanted
WORKERS NEEDED-Laborers with CDL License Needed. Contact Mary at Star Construction, 874-1263

HELP NEEDED! Someone to stay with elderly lady. For more info: 886-3984 or 886-0837

Oil Field Company has openings for hard working responsible drivers. Must be of age 21 or older. Must have CDL with HAZ-MAT and tanker endorsements, good driving record and some mechanical aptitude. Please apply in person at: Universal Well Services, Inc., 5252 Rt. 1428, Allen, KY 41601 606-874-3487. Accepting applications Mon. thru Fri. between the hours of 8am and 4pm.

Taking application's for CDL Driver's, must be at least Class B. Apply in person at Waste Management, 200 Garth Hollow Rd., Martin, KY.

Medical Secretary Needed to work Mon.-Fri., 9:30-4:30, alternating between Prestonsburg and Martin Office, prefer some Secretarial and Billing Experience. Call 886-1714 or 285-9000

410-Animals
RABBITS FOR SALE. Mini Rex & Holland Lops, 6 weeks old. Call after 4pm or leave message. 377-9290

FULL STOCK WOLF PUPPIES For Sale, 6 Weeks Old \$300, Call 859-806-2188

445Furniture
Solid Wood Office Desk For Sale. Call 789-6320 or 367-1506

RAY'S BARGAIN CENTER
 New & Used Furniture & Appliances @ unbelievable prices. Come in today for incredible savings. Shop At The Little Furniture Store & Save!! Route. #122, McDowell. Call 606-377-0143.

470-Health&Beauty
WOLFF TANNING BEDS
 Financing available, Free delivery & set up within 75 miles of London, KY. Bulbs, Parts, Lotions at Wholesale Prices. Call 888-554-0058

475-Household
MARCH MADNESS SALE! All Instock Carpet, Vinyl, Harwood & Ceramic Tile on Sale While Supplies Last. Select Style & Color Plush Carpet In Stock Starting at \$10.95 per yard Installed with Pad. Select Style & Color Berber Carpet In Stock Starting at \$12.95 per yard Installed with Pad. Select Style & Color Vinyl Floor In Stock Covering Starting at \$10.95 per yard Installed. Ceramic Tile In Stock Starting at .69 per sq. ft., Cash & Carry. Porcelain Tile Starting at \$1.99 per sq. ft., Cash & Carry.

C & C Carpet & Vinyl Outlet
 417 Hanbley Blvd. Pikeville, KY41501
 606-437-1919
 1-800-798-1199

480-Miscellaneous
STEEL BUILDINGS- Final Clearance All Must Go. Repo's, Damaged, Cancellations! use Your Tax Returns to build your dream building. Call 800-405-7501 ext. 1558.

Porch and inside Sale at 28 Beaver St. in Allen, KY. Firday, March 18 & Saturday, March 19.

FOR SALE: House Furniture, Washer & Dryer, Miscellaneous Yard & Farm Equipment. Grocery Store Furnishings also will Rent House and Grocery Store in Pippa Passas. Call 270-358-8837.

For Sale: 8' refrigerated deli case, \$1000, small pizza oven, \$400, small juice cooler, \$150, washer & dryer, \$150 pair. Call 606-886-2367.

For Sale: 8 ft' dell cooler, \$950 and Gas convection oven, \$450. Call 606-886-2367.

Kay's Wallpaper 205 Depot Road Paintsville, Ky. Hundreds of Patterns of Wallpaper & Borders. All under \$10.00. Open Tues - Fri. 10 a.m. to 5 p.m. Sat. 10 a.m. to 3 p.m. Closed Sun. & Mon. 606-789-8584.

REAL ESTATE

505-Business
S M A L L BUSINESS FOR SALE. Grocery, Deli, Carryout & Tanning. Great Investment Opportunity. Located at Banner, KY. Serious Inquires Only. Call During Business Hours 9am-7pm 606-874-9190

530-Houses
New 1,950 sq. ft. Home For Sale located in Country Oaks Subdivision in Harold, KY. Call 478-9993

3 or 4 BR House For Sale. Has been remodeled, \$49,900 or best offer. Priced to Sale. Call 889-9821

550-Land/Lots
2 Lots For Sale on Stonecrest Golf Course. Approximately 3 1/3 Acres each. Call 886-3313

1 1/2 Acre Lot For Sale, Level House Seat, Hunters Branch Rd., Martin, KY, \$11,000 Call 763-566-4025

Adult Education Teacher Opening

Job Description: Teach (part-time) students age 16 and up basic education, reading, math, GED prep., college prep, parenting, job skills, etc., at various locations throughout Floyd County.
Requirements: 4-year College Degree. Teacher Certification and experience preferred.
Send cover letter, resumé, and references to The David School, PO Box 1, David, KY 41616. Qualified applicants will be contacted for interviews.

Director of Social Services

Salyersville Health Care Center is recruiting for a qualified candidate to fill our Director of Social Services Position.

The qualified candidate must have:

- Bachelor's degree in social work, or a bachelor's degree in a human services field, including, but not limited to, sociology, special education, rehabilitation counseling, and psychology.
- One year of supervised social work experience in a health care setting, working directly with individuals.

Candidate should forward a resumé to:

Salyersville Health Care Center
 571 Parkway Drive
 Salyersville, KY 41465
 Fax: 606-349-5962
 Attention: B. Boso

570-Mobile Homes
NEW 3 BR, 2 BATH SECTIONAL HOME. Heat pump, skirting, w/d, zone 3 insulation, glamour bath, dishwasher. Less than \$289 per month. Call 800-405-5274. (WAC)

LIKE NEW 16X74 NORRIS. Vinyl & Shingles, Whirlpool Tub, W/D, C/A, skirting, SBS, dishwasher, microwave, free delivery & set-up for less than \$209 per month. Call 1-800-406-5274 (WAC).

Final clearance 2004 lot models and 2005 models now available! If you are serious about purchasing a new home you need to be with experienced staff to get the right home at a great price. The Home Show-South William son, Inc. US 119, Belfry, Ky. 41514 606-353-6444 or toll free 877-353-6444

SMALL TRAILER FOR SALE. Needs minor work, partially furnished, \$800 Call 358-3416

FOR SALE: 12x70, 2 BR, Appliances included. Asking \$5,000 Call 377-6040

Home at invoice, New Double Wide Only \$31,599, Includes Delivery, Set-Up, A/C and Skirting. Call 888-246-1075 Fleetwood homes of Louisiana.

All Drywall, Dutch with 2x6 walls, and 5/12 roof pitch, ultimate kitchen package, glass block window, and many more extras. Set up for viewing. For details call 606-353-6444 or toll free 577-353-6444 the home show

RENTALS

610-Apartments
Duplex For Rent: 2 BR Central Heat & Air, Total Electric, Excellent Condition. On US 23 North, 1 Mile From Prestonsburg, No Pets. Call 889-9747 or 886-9007

Renovated Apartment's, Like New, Furnished in

Downtown Martin. Call between 9am-5pm daily. 285-3025

2 bed room 1 1/2 bath Townhouse also 1 bed room furnished or unfurnished located in Prestonsburg, NO PETS call 606-886 8991

March Madness! First Month's Rent Free with Security Deposit Paid in Full! Through 3/31/05. Place Apartments in Prestonsburg, Elderly, Handicapped & Disabled Available for Immediate Occupancy. Rent 1 BR/\$309, 2 BR/\$345 Call 886-0039

Furnished 1 bed room Apt. Central heat & air. Rent starting at \$375. month, + \$300. deposit water included. Located near HRMC. 606-889-9717.

To place your ad in the Floyd County Times call Jessica at 886-8506

OFFICE POSITION AVAILABLE
 Computer Experience Preferred!
 Accounts Receivable
 Competitive pay plan/hospitalization, 401K retirement plan.
WALTERS Chevrolet & Buick
 Apply at:
 505 North Mayo Trail — Pikeville, Kentucky
No phone calls, please!

Citizens National Bank
 is looking for an enthusiastic, self-motivated, individual for the position of
Call Center Supervisor
SUMMARY
 Supervises and coordinates activities of Call Center agents performing customer-oriented telephone activities and various operational duties.
EDUCATION and/or EXPERIENCE
 Associate Degree or one to two years related experience and/or training, or equivalent combination of education and experience.
Mail Resumé to:
 Attn: Human Resources
 P.O. Box 1488
 Paintsville, KY 41240
An Equal Employment Opportunity Employer

PREMIER ELKHORN COAL COMPANY
JOB FAIR
Monday, March 21, 2005

Now is your opportunity to work for one of the leading coal companies in Eastern Kentucky! Premier Elkhorn Coal Company — a subsidiary of TECO Coal Corporation is seeking experienced applicants for underground coal mining jobs in Pike and Letcher Counties. Positions are available on all shifts for section supervisors, continuous miner, roof bolter, ram car, and scoop operators, electricians, repairmen, beltmen, and general inside laborers. MET/EMT, foreman certifications and electrical certifications are a plus.

Competitive wages and benefits include:

- Excellent Medical Plan
- Dental, Vision, and Prescription Coverage
- Up to 3 weeks paid Vacation
- Nine paid Holidays
- Four paid Personal Days
- Company paid Basic Life insurance plus Supplemental Life Options
- Long Term Care Insurance
- Short and Long Term disability benefits
- 401(k) Savings Plan with company match
- Company funded Retirement Plan with Retiree Medical and Life Insurance
- Employee Assistance Program
- Safety Bonuses

Qualified persons should apply during the Job Fair at the Department of Employment Services, 138 College St., Pikeville, KY, Monday, March 21 (8:30 a.m. to 6:00 p.m.)

Premier Elkhorn Coal Company subscribes to a drug free work environment and is an Equal Opportunity Employer.

MEDICAL POSITION REGISTERED NURSE
 Day Shift and On-Call Positions Available
 Hospice neither helps nor hinders death
 Which is a part of living.
 Would you like to help someone to Live their last days as pain free
 As possible and offer support to the family?
 We believe that people should live as They wish and try to enjoy their time Left to them.
 Registered Nurse, practice your medical skills as you have never practiced them before,
 Join the caring team at Hospice of Big Sandy.
 Call for an interview at 606-789-3841
 Office located at 1420 Ky. Hwy. 1428
 Hager Hill, Ky. 41222

Big Sandy Health Care, Inc.
 seeks candidates for
Office Manager
 Exciting opportunity to become part of the team at Mud Creek Clinic in Grethel, KY
 Requirements include an associate degree in Business Administration or equivalent. Minimum of one year experience in health care management preferred.
 We offer a competitive salary and excellent benefit package
Send resumé to:
 Human Resources
 Big Sandy Health Care, Inc.
 1709 KY Route 321, Suite 3
 Prestonsburg, KY 41653
 Fax (606) 886-8548
 Email: Lhacker@bshc.org
 A proud tradition of providing access to quality health care.
 Big Sandy Health Care is an Equal Opportunity Employer

Director of Social Services
 Salyersville Health Care Center is recruiting for a qualified candidate to fill our Director of Social Services Position.
The qualified candidate must have:

- Bachelor's degree in social work, or a bachelor's degree in a human services field, including, but not limited to, sociology, special education, rehabilitation counseling, and psychology.
- One year of supervised social work experience in a health care setting, working directly with individuals.

Candidate should forward a resumé to:
 Salyersville Health Care Center
 571 Parkway Drive
 Salyersville, KY 41465
 Fax: 606-349-5962
 Attention: B. Boso

Classifieds ads work Call 886-8506

620-Storage/Office

FOR RENT: 2 Office Suites, New Construction. 900 sq. ft. each. Ample Parking. Can be Combined for Total of 1,800 sq. ft. Convenient Location, New Office Behind Sav-A-Lot in Prestonsburg. Call 886-1515 for info.

For Lease Finished Office Space for lease in prime location near BSCTC, (PCC) and the new Food City -- **2100 sq. ft.** Ground floor location with up to five private offices, conference room, kitchen, bath, parking lot call Today 606-424-2690 or 226-2266

FOR LEASE - Utility Storage. 2,500 sq. ft., Concrete Floors, 15 ft. Ceiling Height, 10 Overhead Doors; Suitable for General Storage/Warehouse, Light Automotive Repair Containing Wash Bay, Spray Painting Bay. Equipped with City Water and Gas Heat; Located at 834 S. Lake Dr., Prestonsburg, KY. Call 606-886-8883 from 8am-5pm, M thru F, 606-889-9396 Evenings and Weekends. Ask for Bud.

Medical Office For Lease: Medical Office in McDowell directly adjacent to Post Office, Dollar Store, bank, pharmacy and shopping complex. 1250 sq. ft. with 3 exam rooms, 2 offices, waiting room, triage room, 2 bathrooms and accessories. Reasonable Lease rates. Ready for immediate occupancy. For further information or to view property please call 606-377-2006 or 606-377-1088 Monday thru Friday.

FOR RENT: 900 Sq. Ft. Office/Commercial Space located next to Reflections beauty salon, 3 quarter miles south of Martin on Rt. 122 across from the Garth Tech. School. Call 285-9112

630-Houses

HOUSE FOR RENT: 239 Francis Court, Prestonsburg. 2BR 2 Bath 1400 Sq. Ft., Suitable for office, small business or residence. Not suitable location for children or pets. \$500 per month + utilities. 886-6362

3 BR HOUSE FOR RENT. Utility Room, LR, DR, Built in Vacume Cleaner, Heat Pump. Very Nice Home Located at Kite on State Rt. 7 Call 447-2200 or 438-6104

HOUSE FOR RENT in Prestonsburg, central heat & air, yard, no pets, references required \$550 mo. Call 886-0226.

FOR RENT 3 BR house. Newly remodeled, references required. 886-8366.

640-Land/Lots

Trailer lot for rent on old U.S. 23 between Prestonsburg and Paintsville call 606-886-9007 or 889 9747

For Rent : newly constructed Mobile Home Lots in new Allen, reference required call 606-874-2212

650-Mobile Homes

2 BR TRAILER, 1 Bath Located at Left Fork of Bull Creek. For More Info Call 874-2836

Trailer For Rent: On Rt. 7 at Salt Lick, No Pets, \$300 per Month, Call 358-4524

Trailer For Rent on the Left Fork of Abbott. Call 886-9479 or 886-9076

14x70 Mobile Home For Rent, 3 BR, Excellent Condition, \$425 per month + Utilities, Security Deposit and References Required. 874-2082

2 BR Trailer For Rent Available April 1st, at Branham's Creek. HUD Approved, Security Deposit Required. Call 828-754-4801

Small Furnished Trailer For Rent Just Off Mtn. Pwy. on Old 114 Call 886-8724

SERVICES

710-Educational

Develop the skills needed for the rapidly expanding field of HEALTH CARE Call The National College of Business & Technology 1-800-791-4295

770-Repair/Services

CARPENTRY WORK all types. New construction or remodeling. Garages, decks, etc. Concrete work & siding. Free estimates. Call 886-8896.

780-Timber

D & D Tree Service Tree Trimming Tree Removal Free Estimates! Lowest Prices Guaranteed! Call 606-785-0316 or 785-9810

NOTICES

812-Free

FREE PALLETS: can be picked up behind The Floyd County Times.

900-Legals

NOTICE OF INTENTION TO MINE PURSUANT TO APPLICATION NUMBER 836-5427, AMENDMENT NO. 4

In accordance with KRS 350.070, notice is hereby given that FCDC Coal, Inc., 750 Town Mountain Road, Pikeville, KY 41501, has applied for an amendment to an existing underground coal mining and reclamation operation, located 1.70 mile northwest of Grethel, in Floyd County. The amendment will add 6.14 acres of surface disturbance, for a total area of 1180.40 acres within the revised permit boundary.

The proposed amendment area is approximately 1.31 mile east of Drift, in Floyd County, Kentucky. The operation is approximately 1.80 mile east of KY's 122 junction with the Simpson Branch County Road, and located 0.10 mile southeast of Simpson Branch. The proposed amendment is located on the McDowell U.S.G.S. 7 1/2

minute quadrangle map. The surface area to be disturbed by this amendment is owned by Stella Martin Hamilton, Dorothy Martin, Ella Martin, Cassie Martin and Earl Martin. The amendment application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 S. Lake Drive, Prestonsburg, KY 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Permits, #2 Hudson Hollow Complex, U.S. 127 South, Frankfort, KY 40601.

NOTICE OF INTENTION TO MINE PURSUANT TO APPLICATION NO. 898-0722 AMENDMENT 1

In accordance with KRS 350.070, notice is hereby given that CAM Kentucky, LLC, P.O. Box 901, Pikeville, Kentucky 41501, has applied for an amendment to an existing surface coal mining, and reclamation operation, located 1 mile northwest of McCombs, in Pike County, Kentucky. The amendment will add 125.88 acres of surface disturbance, making a total area of 227.34 acres within the amended permit boundary.

The proposed amendment area is approximately 0.5 mile west of the Bevins Branch Road junction with KY 194, and located 0.2 mile west of John's Creek. The latitude is 37-39-59. The longitude is 82-35-48. The proposed amendment is located on the Thomas USGS 7 1/2 minute quadrangle map. The surface area to be disturbed by the amendment is owned by Sue Ellen Wilkerson, Bobbie Thompson, Martin Collinsworth, Bill Burchett, Ross Harris, Ray Taylor, and Denzil Allen. The operation will use the combination of surface and auger mining.

The amendment application has been filed for public inspection at the KYEPPC's Division of Field Services, Pikeville Regional Office, located at 121 Mays Branch Road, Pikeville, Kentucky 41502. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Permits, No. 2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

PUBLIC HEARING NOTICE

To all interested citizens of Prestonsburg, Kentucky, and Floyd County, Kentucky: The Governor's Office for Local Development is accepting application material under the 2005 Community Development Block Grant (CDBG) Program. The City of Prestonsburg intends to apply for assistance to provide funds for the administration of the proposed Layne Recovery Kentucky Substance Abuse Center. The City will hold a public hearing prior to the submission of the pre-submission form. The public hearing will be held on Thursday, March 25, 2005, at 12:00 noon, at the offices of the Mountain Comprehensive Care Center, located at 18 Front Street, Prestonsburg, Kentucky. The purpose of this hearing is to obtain views on housing and community development needs, review proposed activities, and solicit public comments. Technical assistance is available to help groups representing low and moderate-income persons in developing proposals.

The following information concerning the CDBG program is available for public inspection at Office of the Mayor during regular business hours: A. Amount of funds available, and range of activities that may be undertaken. B. Estimated amounts of funds proposed to be used for activities benefiting persons of low and moderate income. C. Plans for minimizing displacement of persons as a result of activities associated with CDBG funds, and plans for providing assistance to those persons to be actually displaced as a result of CDBG-funded activities. D. Records regarding the past use of CDBG funds. E. A summary of other important program requirements. Comments on Application A copy of the CDBG application material will be on file at the Office of the Mayor, for citizens' review and comment during regular business hours, from March 15, 2005, through March 25, 2005. Comments on the proposed application may be submitted to the attention of the Mayor, until the close of business on March 25, 2005.

Discrimination Clause

The City does not discriminate on the basis of race, color, national origin, sex, age, religion or disability, and provides, upon request, reasonable accommodation, including auxiliary aids and services, to afford an individual with a disability, an equal opportunity to participate in all services, programs and activities. Any persons requiring special needs assistance should contact Scott Walker at the Mountain Comprehensive Care Center (606/886-8572) at least 24 hours prior to the meeting. The TDD number for the hearing impaired is 1/800-648-6057. NOTE: ADA Contacts Department for the Blind 1/877/KYBLIND, www.kyblind.state.ky.us American Printing House, 1/800/223-1839, www.aph.org Commission for the Deaf and Hard of Hearing, 1/800/372-2907, www.kcdhh.org For Interpreter Directory, www.hcdhh.org/access/interpdir.html State Relay TDD Number, 1/800/648-6057

NOTICE OF SALE OF AN ELECTRIC FRANCHISE Notice is hereby given that the City Council of Prestonsburg, Floyd County, Kentucky, at a regular meeting held on the 28th day of February, 2005, directed me, the undersigned, to advertise for sale an electric franchise and, THEREFORE, pursuant to Order and Ordinance of said Council, and in accordance with the terms and provisions of the same, Notice is hereby given that I, Peggy Bailey, City Clerk of Prestonsburg, Floyd County, Kentucky, or in my absence, Jerry S. Fannin, Mayor of the City, will, at the front door of the City Building, in City of Prestonsburg, Floyd County, Kentucky, on the 28th day of March, 2005, at the hour of 6:00 p.m., Prestonsburg Time in the City of Prestonsburg, offer for sale an electric franchise, in accordance with the terms and conditions of the aforesaid ordinance of said City Council, and subject to conditions of said Ordinance, which Ordinance and conditions are as follows, to-wit:

SECTION NO. 1

That there be sold at public auction to the highest and best bidder, the franchise, privilege, right and authority to acquire, maintain, construct and operate in, above, under, across, and along the streets, thoroughfares, alleys, sidewalks, bridges, public ways and other public places (as the same now exists or may hereafter be laid out) of the City of Prestonsburg, Floyd County, Kentucky, lines, poles and equipment for the distribution of electric energy, either by means of overhead or underground conductors, with all the necessary or desir-

SECTION NO. 2

Said lines and appurtenances shall be constructed so as to interfere as little as possible with the traveling public in its use of the streets, thoroughfares, alleys, sidewalks,

SECTION NO. 3

The franchise, privilege, right and authority shall be in full force and effect for a period of twenty (20) years from the date of the passage of the ordinance granting it.

SECTION NO. 4

The grantee of this franchise shall save the City harmless from any and all liability arising in any way from negligence of the grantee in the erection, maintenance, or operating of said lines and appurtenances.

SECTION NO. 5

The grantee of this franchise shall have

the right and privilege

to take up such portion or part of any pavement and make such excavation in the streets, thoroughfares, alleys, sidewalks, bridges, public

NOTICE TO BIDDERS

City of Prestonsburg will be accepting bids on the construction of two 100-stall barns. Bids must be turned in by noon on Monday, March 21. For more information and specifications, contact Mayor Jerry Fannin at Prestonsburg City Hall, 886-2335.

MATTRESS SALE
MAJOR BRAND NAMES
 INCLUDING MEMORY FOAM
 BELOW FACTORY WHOLESALE PRICES!
SAVE \$\$\$
 NO CREDIT • SLOW CREDIT • BANKRUPTCY—NO PROBLEM!
FINANCING AVAILABLE

VALUES TO \$1,500	VALUES TO \$2,500
FIRMS	PILLOWTOPS & MEMORY FOAM
Queen \$250 set	Queen \$450 set
King \$350 set	King \$550 set

Intersection of Ky. Rt. 321 and 1107 (3 miles South of Paintsville)
606-788-0407
LIQUIDATION STATION

The Floyd County Board of Education is currently accepting sealed bids for Bank Depository for the contract period of July 1, 2005, or the board approval date (whichever is later) through June 30, 2007. Sealed bids are subject to the terms and conditions of the invitation to bid. Copies of this invitation to bid may be obtained in the Finance Department at the address below, Monday through Friday, between 8:00 a.m. and 4:00 p.m., prior to the time and date specified for bid opening, or on the internet at http://www.floyd.k12.ky.us/Public_Notice.html

Bids must be mailed or delivered to Matthew C. Wireman, Director of Finance/Treasurer/CIO, Floyd County Board of Education, 106 North Front Street, Prestonsburg, Kentucky 41653. All envelopes must clearly be marked on the outside of the envelope, **"BID: BANK DEPOSITORY BID."**

Bids will be accepted until 1:00 p.m., Wednesday, March 23, 2005, Eastern Standard Time, and will be opened at 1:05 p.m., Eastern Standard Time, Wednesday, March 23, 2005. All bids must be received by the time designated in the invitation, and none will be considered thereafter. The Board of Education cannot assume the responsibility for any delay as a result of failure of the mails to deliver bids on time. Bids will be opened and read at the time and location stated above. Advertisements for this invitation to bid are/have been in March 13th, 16th, and 18th editions of the Floyd County Times, and on the internet at http://www.floyd.k12.ky.us/Public_Notice.html

Bids are scheduled to be awarded at the board meeting, held at 6:30 p.m. Eastern Standard Time, March 28, 2005, at Adams Middle School, 2520 S. Lake Drive, Prestonsburg, Kentucky.

The Floyd County Board of Education is currently accepting proposals for Financial Audit Services for the contract period of July 1, 2005, through June 30, 2007. Proposals are subject to the terms and conditions of the Request For Proposal. Copies of this Request For Proposal may be obtained in the Finance Department at the address below, Monday through Friday, between 8:00 a.m. and 4:00 p.m., prior to the time and date specified for bid opening, or on the internet at http://www.floyd.k12.ky.us/Public_Notice.html

Proposals must be mailed or delivered to Matthew C. Wireman, Director of Finance/Treasurer/CIO, Floyd County Board of Education, 106 North Front Street, Prestonsburg, Kentucky 41653. All envelopes must clearly be marked on the outside of the envelope, **"FINANCIAL AUDIT PROPOSAL."**

Proposals will be accepted until 1:00 p.m., Wednesday, March 23, 2005, Eastern Standard Time, and will be opened at 1:05 p.m., Eastern Standard Time, Wednesday, March 23, 2005. All proposals must be received by the time designated in the invitation, and none will be considered thereafter. The Board of Education cannot assume the responsibility for any delay as a result of failure of the mails to deliver bids on time. Proposals will be opened and read at the time and location stated above. Advertisements for this Request For Proposal are/have been in March 13th, 16th, and 18th editions of the Floyd County Times, and on the internet at http://www.floyd.k12.ky.us/Public_Notice.html

Proposals are scheduled to be awarded at the Regular board meeting, held at 6:30 p.m., Eastern Standard Time, March 28, 2005, at Adams Middle School, 2520 S. Lake Drive, Prestonsburg, Kentucky.

NOW ACCEPTING APPLICATIONS
IN THE FLOYD COUNTY TIMES
CIRCULATION DEPT.
ASSEMBLING NEWSPAPERS

Part-time:
Day and night shifts

APPLY AT 263 S. CENTRAL AVE.
No Phone Calls, Please!
E.O.E.

ways and other public places of the City of Prestonsburg, as may be deemed necessary for the construction and maintenance of its lines, wires, or cables, but whenever the grantee of the franchise shall begin the erection of any lines or other equipment, it shall promptly and diligently prosecute the work until completion and leave the streets, thoroughfares, alleys, sidewalks, bridges, public ways and other public places where such work is done in as good condition of repair as before such work was commenced.

SECTION NO. 6
Wherever in this franchise either the City of Prestonsburg or the grantee thereof is referred to, it shall be deemed to include the respective successors and assigns of either, and all rights, privileges, and obligations contained in this franchise shall be binding upon, and inure to the benefit of, the respective successors and assigns of said City and said grantee, whether so expressed or not.

SECTION NO. 7
The grantee of this franchise to be offered for sale may make such rules and regulations, covering the furnishing of said electric energy, as may be fair and reasonable and consistent with the standard practice of the grantee. Said grantee may charge such rates for electric services as shall be fair and reasonable. The said grantee shall render services under said franchise of like quality, that is, adequate, efficient and reasonable, to that now being rendered to said City.

SECTION NO. 8
The consideration paid by the successful bidder for the franchise, privilege, right and authority provided for herein shall be complete compensation and consideration for the sale of said franchise, privilege, right and authority and for the use and occupancy of the streets, thoroughfares, alleys,

sidewalks, bridges, public ways and other public places of the City, in lieu of any street of alley rental or of any charge for the use and occupancy of said streets, thoroughfares, alleys, sidewalks, bridges, public ways, or other public places of the City, and in lieu of any pole tax or meter tax.

SECTION NO. 9
City Clerk of the City of Prestonsburg, Floyd County, Kentucky, is hereby appointed Special City Councilmember to sell said franchise, privilege, right and authority hereby ordered sold, and said Special Councilmember is directed to offer said franchise for sale at public auction and shall sell same to the highest bidder at the front door of the City Building in Prestonsburg, Floyd County, Kentucky, at 6 p.m., on March 28, 2005, after he/she has advertised the same, terms, conditions and place of sale, pursuant to law by inserting a notice of sale in the Floyd County Times Newspaper of general circulation in Prestonsburg, Floyd County, Kentucky, once a week for three (3) consecutive weeks prior to the date of said sale, said advertisement to include this Ordinance.

SECTION NO. 10
Each bidder for the sale of said franchise, privilege, right and authority, shall file, as a part of his bid, a certified copy of his bid a Certificate of Convenience and Necessity from the Public Service Commission of Kentucky, issued under the authority of KRS 278.020(3).

SECTION NO. 11
Bids and proposals for the purchase and acquisition of the franchise, privilege, right and authority hereby directed to be sold shall be in writing and shall be delivered to the Mayor or the City Clerk upon the date and at the time fixed by the Clerk and/or Mayor in said advertising for receiving

bids. Thereafter, the Clerk and/or Mayor shall report and submit to the City Council, at the time and place to be fixed by it, said bids and proposals for said Council's approval, and said City Council reserves the right for and on behalf of the City of Prestonsburg to refuse any and all bids for said franchise, privilege, right and authority. In the event the bids reported by the Clerk and/or Mayor shall be refused by the said City Council, it may direct, by resolution or ordinance, said franchise, privilege, right and authority to be again offered for sale from time to time, until a satisfactory bid therefor shall be received and approved. Each bid shall be accompanied by a deposit and each bidder shall post bond in the accordance with the provisions and requirements of KRS 96.020. However, such deposit and bond need not be made by a corporation or person already owning, in or adjacent to the City of Prestonsburg, Floyd County, Kentucky, a plant and equipment sufficient to render the service required by this resolution.

SECTION NO. 12
This Ordinance granting this franchise shall be accepted by the grantee thereof within sixty (60) days from the date of its passage. Done by a Resolution of the City Council of the City of Prestonsburg, Floyd County, Kentucky, entered at its meeting held on the 28th day of February, 2005.

WITNESS MY HAND, this the 28th day of February, 2005.
Sharon Schoolcraft
City Clerk of the City of Prestonsburg
Floyd County, KY

COMMUNITY AND TECHNICAL COLLEGE SYSTEM PRESTONSBURG, KENTUCKY

Sealed bids will be opened at 10:00 a.m. EST, Friday, April 8, 2005, at the Kentucky Community and Technical College System, Office of Facilities Management, 300 North Main St., Versailles, KY, for the purpose of the sale of a '91 Ford Explorer at Big Sandy Community & Technical College. Bid forms and other information may be obtained by calling Ron Carter at 606/886-3863 ext. 6225, Monday through Friday, 8:30 a.m. to 4:00 p.m. The bid(s) will be awarded to the party offering the best and highest bid. All items sold "as-is." The Kentucky Community and Technical College System reserves the right to reject any and all bids.

ROGER'S TREE TRIMMING
Free Estimates
CALL 606-889-9189

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Seamless Guttering, Siding and Metal Roofing
Located at Weeksbury, Ky.
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Train at your convenience.

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No Job Too Big or Too Small!
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New Construction • Remodeling
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Decks/Porches/Garages
Concrete Work
FREE ESTIMATES

JOB LISTING FOR PRESTONSBURG AND SURROUNDING AREA

Title	City	State	Sal Min	Sal Max	Pay Period	Edu
WAREHOUSE CLERK	MARTIN COUNTY	KY				12
RECEPTIONIST	PRESTONSBURG	KY				12
MATH TEACHER	MARTIN	KY				16
ELECTRONIC TECHNICIAN	EASTERN KY AND SOUTHWESTERN WV	KY				13
ENGLISH TEACHER	MARTIN	KY				16
FAST FOOD WORKER	INEZ	KY	5.50	5.50	Hourly	
DIESEL MECHANIC	LANGLEY	KY				
TRACTOR TRAILOR OPERATOR	LANGLEY	KY				
FAST FOOD WORKER	PRESTONSBURG	KY	5.15	5.15	Hourly	
HEAVY EQUIPMENT OPERATORS	FLOYD COUNTY AREA	KY	12.00	15.00	Hourly	
DRYWALL INSTALLER, FINISHER AND PAINTER.	PRESTONSBURG	KY				
WAREHOUSE WORKER/DELIVERY DRIVER	ALLEN	KY	5.15		Hourly	12
RIGHT OF WAY CLEARERS	EAST KY/W VA	KY	7.00		Hourly	
MAINTENANCE WORKER	BETSY LAYNE	KY	5.15		Hourly	12
COOK	BETSY LAYNE	KY	5.15	5.15	Hourly	
TRACTOR-TRAILER-TRUCK DRIVER	ALLEN	KY				
GIS SPECIALIST	PRESTONSBURG	KY				16
COMMUNITY HEALTH NURSE, RN	BIG SANDY AREA	KY				13
SERVICE MANAGER	STAFFORDSVILLE	KY				12

Contact the Office of Employment & Training
686 North Lake Drive, Prestonsburg
Phone: 606-889-1776

Wildfire Beware & Prepare
Prepare your home, family & community for survival.

- Keep flammable vegetation and leaves at least 30 feet away from your house.
- Keep dry grass and brush cut short.
- Clean roof and gutters of flammable materials and leaves.
- Have an evacuation plan ready.
- Remember backfiring is illegal.

In a wildland fire emergency, call 9-1-1, your local Fire Department, or your local Division of Forestry district office.

STOP!
You've cleaned out your attic, your basement, your garage and now you're ready to host a garage sale. Before you proceed, follow these signs for placing the type of classified ad that will help turn your event into a best-seller.

Be sure to include in your Garage or Yard Sale ad...

- 1 WHAT.**
Describe the type of sale you're hosting. Is it mostly household goods? Nursery furniture? Apparel?
- 2 WHEN.**
Give dates and time of sale, and rain date information.
- 3 WHERE.**
Where the sale will be held, with directions or phone number for directions.
- 4 WHY.**
Reason for sale, especially if it is a "moving" sale, since these tend to attract more customers.

GARAGE SALE Tips AHEAD

Let one of our "ad-visors" help you with your ad.
Call 886-8506

The Floyd County Times