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Floyd board raises tax rate

by KATHY J. PRATER FEATURES EDITOR

MARTIN — Taxation was a topic that received a considerable amount of attention at Thursday evening's Floyd County Board of Education meeting...

issued to the board by the school system's financial director, Matt Wireman, the Floyd County Property Valuation office recently re-assessed the county's real properties with the result being that property values, for the most part, increased.

Saying that the school system is "facing more unknowns than knowns" in referral to state financial support, Supt. Paul Fanning advised Wireman to "go as high as you can" in regard to levying a tax rate that would most aid the school system in its budgetary struggles.

and yet we still have kids getting home at dark and past dark, and students that are sitting on floors because their facility doesn't have adequate seating, considering all that, I'm just not going to tell people 'I'm raising your taxes,' I'm just not going to," he said.

Frazier said that he was supportive of a decision that would set in place not a higher rate of taxation for property owners, but rather a "more equitable," according to Frazier, utility tax.

(See TAXES, page ten)

briefs

City seeks fire chief

The city of Prestonsburg has started accepting applications for fire chief, following the resignation of former chief Mike Wells due to medical reasons on July 31.

13 probable West Nile cases reported

Thirteen more people are believed to have contracted the West Nile virus in Kentucky, pushing the number of suspected cases in the state to 40, the Cabinet for Health Services reported Friday.

(See VIRUS, page three)

inside

Local News

- Odds and Ends...A2 Expressions...A4 Faith Extra...A5

Sports

- P'burg Football...B1 Sportsboard...B3 Sunday Classifieds...C6

College & Business

- Welding Expo...C1 Sunday @ Home...C4 Sunday Comics...C7

2 DAY FORECAST

Today Scattered storms High: 83 • Low: 54 Tomorrow Partly cloudy High: 77 • Low: 51 For up-to-the-minute forecasts, see floydcountytimes.com



Jack Howard, Hack Thornsbery, Donald Witten, Jim Lee and David Hall are members of the local bluegrass/gospel group "Five Mile from Nowhere."

'Five Miles from Nowhere' going places

by LORETTA BLACKBURN STAFF WRITER

"Five Miles from Nowhere," a local bluegrass/gospel group, has been playing everywhere from Poppy Mountain in Mount Sterling to the Sorghum Festival in West Liberty, and is looking forward to playing at Apple Day.

a group of young boys about five years ago, said Donald Witten, who plays rhythm and is one of the two left of the original band. After the boys left the band for college Witten and Jim Lee, who plays banjo, were later joined Hack Thornsbery, fiddle player, Jack Howard, bass player, and David Hall, mandolin player.

two years and has recorded a CD, "Lonesome Old Home," and is currently working on another that should be finished this year. The latest CD will be titled "Man From the Other Side" after one of the songs written Thornsbery.

(See BAND, page three)

Ethics commission joins investigations of Patton

by CHARLES WOLFE ASSOCIATED PRESS

FRANKFORT — Continuing to deny he abused his power, Gov. Paul Patton again said he would not resign from office as a state ethics commission decided Friday to investigate whether he misused his office in the course of an extramarital affair.

Tina Conner, who is suing Patton for sexual harassment, claims Patton assisted her businesses, including a nursing home in Clinton, during a two-year affair. When she broke off the relationship, state regulators cracked down on the nursing home and forced it into bankruptcy, Conner alleged.



Patton

(See PATTON, page three)

Board told schools at fault for book woes

by KATHY J. PRATER FEATURES EDITOR

MARTIN — Joyce Watson, director of instruction, says that a "textbook policy" is needed in order for the Floyd County school system to put its textbook woes behind it.

Watson, whose office recently received \$237,649 in textbook allotment funds, addressed the board Thursday evening to ask for an additional 10 percent increase in funds to make up shortages caused by increases in projected enrollments.

Textbook shortages have been a topic of heated debate in the system of late, with Watson coming under the gun on more than one occasion. Now, Watson says, the situation is close to coming under control, with only "consumable materials," such as student workbooks, being an issue for teachers and stu-

dents. Watson had been asked at prior board meetings to compile reports detailing each of the county's schools textbook orders and allocations. School principals, Watson had said earlier, were primarily responsible for seeing that their students received an adequate amount of text materials.

Gwen Hale-Frazier, principal of Prestonsburg Elementary School, said, "Each school receives adequate funds for the purchase of textbooks. The money is there. It is up to each school to decide how they will budget their money."

(See BOOKS, page three)

Salyersville child makes wish, gets it

by SHERRY HUFF-MARDIS CONTRIBUTING WRITER

SALYERSVILLE — Johnivan Patrick, the 7-year-old son of Johnnie Sue and Randall Patrick of Salyersville, last week received his wish of a \$1,500 Shopping Spree at the Ashland Town Center Mall.

Johnivan's shopping list included a computer, a motorized car and a VCR. Johnivan, along with his parents and sister Jerikia, were treated to a limousine-escorted round trip as part of the "wish."

(See WISH, page three)

Pike schools asked to ban perfume

The Associated Press

PIKEVILLE — The Pike County school board has voted down a proposal to ban students from bringing cologne, body spray or perfume to its schools.

Shelby Valley High School was attacked with the smelly products, causing her to have a severe asthma attack. Tim Belcher, an attorney for the student, warned that he may file suit to challenge the school board's decision.

(See PERFUME, page three)

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FESTIVAL EVENTS

Food Concessions
Throughout Paintsville

Music On The Streets
Friday - Saturday

SUNDAY, SEPTEMBER 29

3 - K Apple Run - Third Street
1:00 p.m.
Apple Baby Contest
PHS Gym
Girls - 2:00 p.m.
Boys - 3:30 p.m.

MONDAY, SEPTEMBER 30

Mini - Prince & Princess Contest
5:00 p.m. PHS Gym
Prince & Princess Contest
6:00 p.m., PHS Gym
Little Miss Apple Blossom Pageant
7:30 p.m., PHS Gym

TUESDAY, OCTOBER 1

Junior Miss Apple Blossom Pageant
5:00 p.m., JCHS Fieldhouse
Miss Apple Blossom Pageant
7:00 p.m., JCHS Fieldhouse

WEDNESDAY, OCTOBER 2

Little Apple Bowl
5:00 p.m., Memorial Field
Amusement Rides
Mini Apple Parade
1:00 p.m. Downtown

THURSDAY, OCTOBER 3

Flea Market - City Parking Lot
Amusement Rides
Grade School Folk Dance - Court Street
9:00 a.m. - 3:00 p.m.
Apple Bowl
8:00 p.m., Memorial Field

FRIDAY, OCTOBER 4

Arts & Crafts
9:00 a.m. to 9:00 p.m.
First Baptist Church Lot
Paintsville Grade School Lot &
College Street
Flea Market
City Parking Lot
Merchants Market
Court St. From 2nd to 3rd Streets
2nd St. from Court St. to Church St.
Amusement Rides
Postage Cancellation
9:00 a.m. - 6:00 p.m. College St.
Quilt Block Contest Awards
School Activities
10:00 a.m. Courthouse
Apple Arts Awards
Apple Penmanship Awards
Ol' Fashion Adding Match
Ol' Fashion Spelling Bee.
Terrapin Trot
1:00 p.m. Our Lady of the Mt.
School
Lip Sync & Karaoke Contest
1:00 p.m. - 5:00 p.m. Paint Creek
Park
Ol' Fashion Costume Contest
Registration 1:30 p.m.
Contest 2:00 p.m.
Clogging (Bring Lawn Chairs)
6:00 p.m. to 10:30 p.m.
Citizens Bank Lot Downtown
Crank-it-up
Registration 5:00 p.m.
Citizens Bank Lot - Broadway
Gospel Sing
4 the King, The Comptons, Billy
Fields, JCHS - 7:30 p.m.
Free Rock Concert featuring Rumors
Downtown - 8:00 p.m.

SATURDAY, OCTOBER 5

Arts & Crafts
8:00 a.m. to 7:00 p.m.
First Baptist Church Lot
Paintsville Grade School Lot &
College St.
Ducky Derby
11:00 a.m.
Flea Market
City Parking Lot

SATURDAY, OCTOBER 5

Merchants Market
Court St. from 2nd to 3rd Streets
2nd St. from Court St. to Church St.
Amusement Rides
Postage Cancellation
9:00 a.m. - 4:00 p.m. College Street
Gospel Sing with Billy Fields, Steppin Out
On Faith, Jackson Family and
others, Paint Creek Park - 10:00 -
2:00 & 3:00 - 4:00
Auto Shows
Antique, Corvette and Street
Machines, Registration Till Noon
Citizens Bank - Broadway

SATURDAY, OCTOBER 5

Bike Show
Cruising and Touring Bikes
Registration 8:00 a.m. - 12:00 Noon
Sears Parking Lot - Jefferson Ave.
Apple Festival Parade
2:00 p.m.
Free Country Music Show featuring:
RICOCHET and GONE COUNTRY
7:00 p.m. Downtown
Downtown Square Dance
6:30 p.m. - 10:30 p.m.
Citizens Bank Lot - Downtown
(Bring Lawn Chairs)

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**MECHANICAL
BULL RIDE**

**APPLE FAIR -
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Above Schedule Subject
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Floyd Chamber welcomes new teachers

On Sept. 19, the Floyd County Chamber of Commerce Education Committee, Floyd County Board of Education and with special support and in partnership from Prestonsburg Community College (RCCI Program) hosted the first annual "New Teacher Reception Banquet."

This event was organized to honor and welcome all new Floyd County teachers, with contributions from Chamber businesses. Each sponsoring business decorated their table and donated many wonderful door prizes.

Contributing businesses included Citizens National Bank, East Kentucky Science Center, First Commonwealth Bank, US Bank, BellSouth, AFLAC, Big Sandy RECC,

American Electric Power and Prestonsburg Community College.

The event honor the following new Floyd County teachers:

Floyd County Board of Education

- Kenneth Ramey, John M. Stumbo
- Kristi Fannin, Adams Middle School
- Martin Hall, Betsy Layne Elementary School
- Tara Clark, Allen Central Middle School
- Mattie Donta, Allen Elementary School
- Joey Caudill, South Floyd High School
- Priscilla Duncan, Allen Elementary School
- Ben Haney, Adams Middle

School
 ■ Jennifer Wade Wells, Allen Central Middle School

■ Carl Martin, Betsy Layne Elementary School
 ■ Mickey Lawson, Betsy Layne

High School
 ■ Patricia Gibson, South Floyd High School

■ Patrick Thacker, John M. Stumbo
 ■ Glenna Combs, Duff Elementary
 ■ Leslie Hall, John M. Stumbo



Business sponsors at the event included Dale Crisman, Earl Thacker, Lynda Spurlock, Ray Shubinski, Dennis Dorton, George Spiggle, Tracy Patton and Retha Shepherd.

Big Sandy District (KCTCS)

- John Maynard
- Richard Roe
- Nikki Stafford
- Sidney Meade
- Randall Robert
- Rebecca Mullins
- Larry Short

Morehead State University

■ Dr. Kitty Hazzer

East Kentucky Science Center

■ Eric Thomas

September

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60 month lease 1st Payment: \$189 Sec. Deposit: \$200 Down Payment: \$999 Total Due At Signing: \$1,388*	60 month lease 1st Payment: \$198 Sec. Deposit: \$200 Down Payment: \$499 Total Due At Signing: \$897*	60 month lease 1st Payment: \$207 Sec. Deposit: \$200 Down Payment: \$0 Total Due At Signing: \$407*

\$1,499 DOWN
60 month lease
 1st Payment: \$231
 Sec. Deposit: \$0
 Down Payment: \$1,499
 Total Due At Signing: \$1,730

2002 Toyota Camry LE \$231 A MONTH

A/C, am/fm/cass, CD, power windows/locks/mirror, tilt, cruise, remote, keyless entry, plus much more!

\$999 DOWN \$241 A MONTH	\$499 DOWN \$249 A MONTH	\$0 DOWN \$259 A MONTH
60 month lease 1st Payment: \$241 Sec. Deposit: \$0 Down Payment: \$999 Total Due At Signing: \$1,240	60 month lease 1st Payment: \$249 Sec. Deposit: \$0 Down Payment: \$499 Total Due At Signing: \$748	60 month lease 1st Payment: \$259 Sec. Deposit: \$0 Down Payment: \$0 Total Due At Signing: \$259

\$1,499 DOWN
60 month lease
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 Down Payment: \$1,499
 Total Due At Signing: \$1,678*

2003 Toyota Corolla LE \$179 A MONTH

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\$999 DOWN \$188 A MONTH	\$499 DOWN \$198 A MONTH	\$0 DOWN \$207 A MONTH
60 month lease 1st Payment: \$188 Sec. Deposit: \$0 Down Payment: \$999 Total Due At Signing: \$1,187*	60 month lease 1st Payment: \$198 Sec. Deposit: \$0 Down Payment: \$499 Total Due At Signing: \$697*	60 month lease 1st Payment: \$207 Sec. Deposit: \$0 Down Payment: \$0 Total Due At Signing: \$207*

\$1,499 DOWN
60 month lease
 1st Payment: \$279
 Sec. Deposit: \$300
 Down Payment: \$1,499
 Total Due At Signing: \$2,078*

2002 Toyota 4Runner 4x4 \$279 A MONTH

AM/FM/cass, CD, power windows/locks, alloy wheels, sunroof, running boards, keyless entry, plus much more!

\$999 DOWN \$289 A MONTH	\$499 DOWN \$299 A MONTH	\$0 DOWN \$308 A MONTH
60 month lease 1st Payment: \$289 Sec. Deposit: \$300 Down Payment: \$999 Total Due At Signing: \$1,588*	60 month lease 1st Payment: \$299 Sec. Deposit: \$300 Down Payment: \$499 Total Due At Signing: \$1,098*	60 month lease 1st Payment: \$308 Sec. Deposit: \$300 Down Payment: \$0 Total Due At Signing: \$608*


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Floyd County Times

Tax

think increasing the burden on property owners is the way [to fund the system]. Don't penalize people for owning property."

Frazier went on to say that the current tax situation increases reliance on state funding and that in light of this year's budgetary woes, the probability of decreased state funding for future years is one that is very real.

"The utility tax decreases this dependency on state funding. It is a much more fair and equitable way to support a school system," Frazier said. "Many property owners are older people whose children are not in school any longer, while many of the younger people, whose children are in school, are not property owners. And, while some people don't pay their property taxes, nearly everyone pays for their utilities.

"I don't think anyone resents supporting their school system. The greatest opposition you will most likely receive, if you should

decide to go with the utility tax, will come from the utility companies, because they don't want to collect it. But you will find that a utility tax will generate far more revenue."

According to both Frazier and Wireman, there are only approximately seven Kentucky school districts which do not currently make use of a utility tax, with Floyd County being one of them.

Although Supt. Fanning seemed to agree with Frazier's comments, saying that "a probable loss of future state funds is [a situation] to be considered seriously" and that "we must look at other ways to protect the students of this district," the board voted 3-2 to increase property revenue funding.

"It isn't as bad as it looks," Wireman said, "because of the compensating rate, you actually are generating the same amount of money as was generated last year

Continued from p7

due to the total evaluation of real property going up. What the board did was levy a rate that would generate 4 percent more revenue with current assessed values."

Last year, according to Wireman, the taxation rate was 60.6 cents per \$100 of assessed value. The new rate will increase that amount to 63 cents, an increase of 4 percent plus an added 0.6 percent.

When queried in regard to law calling for public vote in cases in which an increase of over 4 percent is levied, Wireman said that Kentucky statute KRS. 134.590 allows for increases of up to .07 percent to be levied without public vote in cases where the increase is levied as a means of recovering "prior year losses due to exoneration."

Board members Jeff Stumbo and Dr. Chandra Varia, district 2, cast the opposing votes to the rate increase.

Patton

Continued from p3

Stone said the panel might eventually have to branch off on its own. Patton promised to cooperate with the commission but presumably would be less cooperative with criminal investigators.

Chandler said Thursday that his office's public corruption unit was opening an investigation. The FBI has declined to comment on its role.

Patton said last week he would not consider a settlement, but he softened his stance toward Conner on Friday. While no settlement has been offered, "I would like to see that part of this controversy relative to Mrs. Conner disposed of," he said.

Patton also said he tried to contact Conner a week ago through a second party. "It was essentially to make her aware of the fact that we would be having a news conference" for his public confession, Patton said.

Earlier Friday, Conner appeared on NBC's "Today" show and said she is to meet with the FBI on Monday. "I'm assuming they want to discuss the evidence that I plan to produce for the abuse of power that I believe has taken place," Conner said in the interview.

However, her attorney, Fred Radolovich, said no meeting had been scheduled, though he has been trying. "She has talked to everyone but me," Radolovich said in a telephone interview. "Nothing's scheduled.... I'm trying to coordinate between a lot of people."

Conner did not elaborate on an allusion in the television interview to evidence and Radolovich has declined to describe what they purport to have.

Woman

Continued from p7

obviously I endured both sides of that double-edged sword."

She said her three children, ages 20, 17 and 11, are coping well with the controversy.

"I feel guilty about a lot of things, a lot of remorse," she said. "It's been a humbling experience."

Conner would not comment about any possible settlement of her lawsuit, nor would she discuss Birchtree's bankruptcy.

"This is not about money. It never has been about money," she said. "It's about our facility and the residents and the employees who lost their jobs

and the community that has suffered."

She said she said she has not had any communication with Patton or his staff since the controversy erupted and does not want to.

A registered nurse, Conner said she wants to maintain her ownership of Birchtree and get it recertified for Medicaid and Medicare so patients can move back in.

"Obviously we want to be whole again," she said. "Anyone would be if you had been wronged. Our facility did not deserve to be decertified."

South

Continued from p5

to be the ones that will grow. Theologically, that is not what a church is supposed to be about," Yeakley said.

Researchers said key things to watch for before the 2010 religious census is whether mainline Protestants can reverse their declines, whether Hispanics in the region will remain Catholic and whether Southern Baptists and Lutherans can avoid schisms between moderate and conservative wings.

"There are independent agents all over the South. You either go along or you could start your own. We have so many independent Baptist churches started because someone didn't like what they were doing at the other Baptist church," Benne said.


Benne also said that some so-called mega-churches are

terribly overgrown, putting them into the precarious position of "grow or die." There was no specific "mega-church" category in the survey.

"Now they are more entertainment-oriented. Some people want something more meaty than that, but some don't move beyond that," Benne said. "As they get more theological, what will happen?"

Yeakley looked to how churches will address the large number of people who do not claim any religion — half the country.

"Americans believe in God, and most would say they believe in Christ, but when you get down to asking if they are a member of a local congregation, you're down to half the population," Yeakley said. "That number is down, even here in the Bible Belt."



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Struggle

Continued from p9

Program, it later became Ready-to-Work (RTW), a joint endeavor of the CFC and the Kentucky Community and Technical College System.

As the Prestonsburg Community College campus coordinator for RTW, Rosenberg provided her clients with work-study referrals and information about education and training. RTW's work-study component opened the door for Justice to explore a newfound interest: social work. She landed a support staff job with RTW working with Rosenberg's clients.

With Rosenberg's help, Justice learned about assistance programs for which she was eligible, as well as rights she had as a tenant that could have protected her from past hardships and costs. For example, she learned that, under state landlord-tenant laws, a former landlord should have compensated her for damage to her home caused when a utility pole rotted and snapped on the rented lot where she had her trailer.

Justice credits access to information and the help of people in the know like Rosenberg with giving her a sense of control over her destiny. Then came another devastating blow. During Justice's final year of KTAP eligibility, her mother was diagnosed with lung cancer.

For some time after her diagnosis, Justice's mother was ineligible for hospice care. Justice had to balance work, school and caring for both her daughter and mother on a poverty-level income.

Soon after moving her mother into her home to care for her, Justice heard about work and

education opportunities and benefits offered by AmeriCorps, a service program administered in Kentucky by CFC's Commission on Community Volunteerism and Service. AmeriCorps matches members with community needs and provides workers a small living stipend. Upon completion of 1,700 hours of service, AmeriCorps members are eligible for an education bonus that can be used toward college classes or to pay off education loans.

In October 2001, Justice was assigned by AmeriCorps to the CFC Community Based Services office in Pikeville. After years of finding her way, often by trial and error, to the programs and services she needed, Justice used her hard-won knowledge to help other KTAP clients surmount their own challenges. She saw herself in the KTAP clients she met on the job. Most of them were single mothers, too.

"A lot of problems I've had were [the result of] just not knowing about programs and benefits I was eligible for," she said. "I wanted to give others the information I didn't have."

Last December, while still struggling to meet the needs of her terminally ill mother, Justice reached the five-year lifetime limit on KTAP benefits.

Unexpected auto repairs, utility rate hikes, weather-related increases in heating costs and other demands on her limited income continued to pop up. But by now, she had acquired new skills and resources that both helped her manage these expenses and left her confident that she could become self-sufficient.

Her mother died in March, but Justice had a new source of

support and encouragement to rely on — Joey Slone, a former coal miner and mine security worker. They married in July.

Justice's AmeriCorps term expired in August. She reapplied, but because of a reduction in the number of workers assigned per county, she was put on a waiting list. Using her AmeriCorps education bonus, she plans to re-enroll at Prestonsburg Community College and pursue a social work degree.

Her daughter's father has come back into his child's life. He is now providing child support and assuming other parental responsibilities, including visitation. Justice's husband, who is diabetic and recently underwent back surgery, receives disability income, which helps enhance the family's security.

Justice has moved her family into a more modern and comfortable trailer, which she is buying on time. The opportunity to do that "just came out of thin air," but she knows how to make the most of it, she said.

"I learned a lot about being smart with money from my mom," she said. "That was one woman who could stretch \$10 into \$100 when she had to."

Justice continues to look for work. She still has to prioritize her spending, and her family makes sacrifices when "we have more needs than wants."

But, because she used her time on KTAP to improve her prospects through education, job training and mastering consumer and homemaking skills, Justice is making it, and looking forward to still greater success for herself and her family.



CLARIFICATION

South Floyd played Fleming-Neon on Friday night, instead of Jenkins, another Letcher County high school team, as reported in an article in Friday's edition. South Floyd will play Jenkins on the road this Friday night, Oct. 4. Results of the South Floyd-Fleming-Neon game will appear in the Wednesday edition of The Times.

SOUTH FLOYD RAIDERS

Coach: Donnie Daniels
Class: A
Region: 4
District: 8



FRIDAY NIGHT
at Fleming-Neon

UPCOMING GAMES

Oct. 4 at Jenkins
Oct. 11 Hazard
Oct. 18 Allen Central
Oct. 25 Paintsville
Nov. 1 Open

H.S. FOOTBALL

**KHSAA BOARD
approves football
alignment**

by STEVE LeMASTER
SPORTS EDITOR

LEXINGTON - The Board of Control of the Kentucky High School Athletic Association approved a football alignment of schools at its Thursday meeting. KHSAA Commissioner Brigid DeVries has announced.

(See KHSAA, page three)

MIDDLE SCHOOL

**Hughes leads
Adams B-Team
past Warfield**

by JAMIE HOWELL
SPORTS WRITER

Rikki Hughes scored 10 of her game high 12 points in the second half to lead Adams past Warfield 27-24 in girls' basketball action on Thursday. Adams took the early lead at 6-4 after one quarter behind the play of Brittany Collins who scored 4 first quarter points for Adams.

Both teams struggled from the field in the second quarter as each team managed only one field goal.

(See HUGHES, page three)

Girls' 15th Region All 'A' moved

by STEVE LeMASTER
SPORTS EDITOR

PIKEVILLE - What was originally scheduled to be held at the Piarist School in Martin will now take place at Pikeville High School instead.

The site of the 2002-03 15th

Region All 'A' classic with be Pikeville High as Lady Panther head coach Maria Shockey and her program will host the event. First round games are scheduled to get underway on Monday, Jan. 20.

The tournament returns to Pike County during the upcoming season after being held at Phelps High

School last season. Paintsville hosted the event during the 2000-01 season. Last year's boys' tournament moved from Pikeville High School to Allen Central High. In previous seasons, Pikeville High School had a stronghold on the tournament.

(See **MOVED**, page four)



Betsy Layne and Allie Central are just two of the team that'll have to travel to Pikeville for the 15th Region All 'A' Classic in January, 2003.

Blackcats 30 vs. Whitesburg 0



photo by Rocky Rowe

The Whitesburg offense could get very little going against a stingy Prestonsburg defense.

**BLACKCATS HOLD
WHITESBURG SCORELESS**

by STEVE LeMASTER
SPORTS EDITOR

**Potent
Prestonsburg
offense puts
30 on board
against 'Jackets'**

PRESTONSBURG - Following a tough loss to Class 3A power Boyle County, the Prestonsburg High School football program had an open week on its schedule before it got into district play against the Whitesburg Yellowjackets. On Friday night, Whitesburg came into Prestonsburg looking to up its

record to a perfect 6-0 on the season. The Yellowjackets had opened the 2002 campaign with five straight wins, including two against district teams, East Ridge and Betsy Layne. Prestonsburg showed no signs of giving up its reign over the district on Friday night. The host Blackcats jumped out to a 6-0 lead and took it even further for a 30-0 win over the

(See **P'BURG**, page three)

GOLF

**P'burg boys,
AC girls win
conference**

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG - The Prestonsburg High golf team, the defending region champ, shot a collective 265 to win the Floyd County Conference this past week. South Floyd and Betsy Layne each shot a 328 to tie for second in the conference/district. Allen Central finished fourth with a team score of 336.

Prestonsburg golfer Zach Collins had the lowest individual score with a 65. Fellow P'burg student-athlete Wes Jenkins had the second low score with a 66. Another Blackcat golfer, Brooks Herrick, shot a 67. Prestonsburg's John Mark Tackett managed a 69. The four Prestonsburg golfers were the only

(See **BEST**, page three)



Fuzzy Zoeller visited StoneCrest Golf Course on Tuesday. Zoeller also played some other courses in the state this past week.

UPDATE

**Head injury stalled
Junior's season of
racing promise**

by JENNA FRYER
ASSOCIATED PRESS

His head was pounding, his timing was off and sometimes things seemed a little fuzzy. A hard hit in an April accident left Dale Earnhardt Jr. with a severe concussion and a bad case of paranoia - if word got out that his head was bothering him, Earnhardt was certain it would ruin his career.

"You just start back at zero," Earnhardt said about publicizing his concussion. "People are going 'Oh, he's finished, he'll never be the same.' And every time you run bad it's because of that reason, it's because of your head. So I just didn't say a thing."

Earnhardt was injured in a wreck at California Speedway when his car hit the wall at an estimated 130 mph, according to an on-board data recorder. He had the wind knocked out of him during the wreck and also hurt his ankle.

But there was something else that just wasn't right.

Sometimes, it took him a second longer than everyone else to get a joke. Sometimes, his speech wasn't smooth. Even worse, he sometimes couldn't react fast enough on the race

(See **JUNIOR**, page three)

PROFILE

Michael leading Western

TIMES STAFF REPORT

BOWLING GREEN - "In my 14 years at Western Kentucky, he is one of the outstanding leaders we have had here," Topper head coach Jack Harbaugh says. "Last season he was voted captain even though he was the third quarterback - I think that speaks volumes."

"His leadership abilities are very important because his teammates listen when he speaks," adds Willie Taggart, WKU's co-offensive coordinator and quarterbacks coach. "You need that mentality at quarterback as a coach on the field, and the team needs to hear from another player because sometimes what coaches say become routine."

"It's something we haven't had recently."

If these sound like endorsements for admission into the United States Military Academy, well, they could be. Because that's where Jason Michael was before coming to the Hill in the spring semester of 1999.

(See **LEADING**, page three)

I knew my time would come, that I would have a year to step in," Michael says. "Once last season was over it was my turn, and I was going to do whatever I needed to keep the job."



photo by Jamie Howell

Betsy Layne failed to get its first win of the season on Friday night, losing on the road to Pike County Central. Betsy Layne hosts Prestonsburg on Thursday night.

AUTO RACING

**Large field will challenge
Day's domination**

COEBURN, Va. - Competition is nothing new to the drivers at Lonesome Pine Raceway. Fourteen competitive cars raced every Saturday night, looking for the same prize, victory lane. Wade Day, driver of the number 96 Bailey's Chevrolet, found victory lane 17 out of the 20 times. Leaving the others hungry for a win.

With the competition stacking up, it seems that October 6, 2002 could be anyone's meal ticket to victory lane. The Bailey's Autumn Classic 300 is attracting attention from drivers and fans in both the NASCAR Atlantic Region and

(See **FIELD**, page three)

S P O R T S B O A R D

AUTO RACING

NASCAR Winston Cup

The 2002 NASCAR Winston Cup schedule (winners in parentheses) and driver point standings:

FEBRUARY

- Feb. 17 — Daytona 500, Daytona Beach, Fla. (Ward Burton)
Feb. 24 — Subway 400, Rockingham, N.C. (Matt Kenseth)

MARCH

- March 3 — UAW-DaimlerChrysler 400, Las Vegas. (Sterling Marlin)
March 10 — MBNA America 500, Hampton, Ga. (Tony Stewart)
March 17 — Carolina Dodge Dealers 400, Darlington, S.C. (Sterling Marlin)
March 24 — Food City 500, Bristol, Tenn. (Kurt Busch)

APRIL

- April 8 — Samsung/ RadioShack 500, Fort Worth, Texas. (Matt Kenseth)
April 14 — Virginia 500, Martinsville. (Bobby Labonte)
April 21 — Aaron's 499, Talladega, Ala. (Dale Earnhardt Jr.)
April 28 — NAPA Auto Parts 500, Fontana, Calif. (Jimmie Johnson)

MAY

- May 4 — Pontiac Excitement 400, Richmond. (Tony Stewart)
May 26 — Coca-Cola 600, Concord, N.C. (Mark Martin)

JUNE

- June 2 — MBNA Platinum 400, Dover, Del. (Jimmie Johnson)
June 9 — Pocono 500, Long Pond, Pa. (Dale Jarrett)
June 16 — Michigan 400, Brooklyn. (Matt Kenseth)
June 23 — Dodge/Save Mart 350, Sonoma, Calif. (Ricky Rudd)

(See RACING, page four)

HUNTING

Addington WMA closed during elk quota hunts

by STEVE LeMASTER SPORTS EDITOR

HAZARD — The Addington Enterprises Wildlife Management Area (WMA) in Perry, Knott and Breathitt counties will be closed to public access October 5-11, 2002.

During this period, only persons drawn to participate in the 2002 Quota Bull Elk Hunt will be permitted to enter Addington WMA lands.

Likewise, Addington WMA will be closed to public access during the quota cow elk hunt scheduled for December 7-13, 2002.

Hunters and other visitors to the Addington WMA are encouraged to obtain and read the 2002-03 Kentucky Hunting & Trapping Guide for complete information on recreational use of this WMA, and any other user restrictions that may apply.



by ED TAYLOR SPORTS WRITER

It was 1989 when I first walked into the E.P. Grigsby Jr. Fieldhouse at McDowell High School. I was just hired to become sports editor for The Floyd County Times and I was as green as they could get. But I loved the game of basketball and it was a basketball game I was at.

A LOOK AT SPORTS

Coach Akers optimistic for 2002-03

Up till then, I hadn't really much kept up with all the changes that had taken place in the high school coaching ranks that year, but I noticed a young lady who was now coaching the Lady Daredevils at McDowell. I remember asking Don Shannon who she was because she looked so familiar. I remember her playing grade school basketball when I use to referee.

Coach Akers took her Betsy Layne Lady Cat team to the All-A Classic last year at ECU and is expected to repeat again this year. The Classic will be without Elkhorn City, Feds Creek and Millard this season, leaving only seven teams in the good group of players.

(See SPORTS, page four)

SIDELINE SHOTS

P'burg-Betsy Layne game switched

by STEVE LeMASTER SPORTS EDITOR

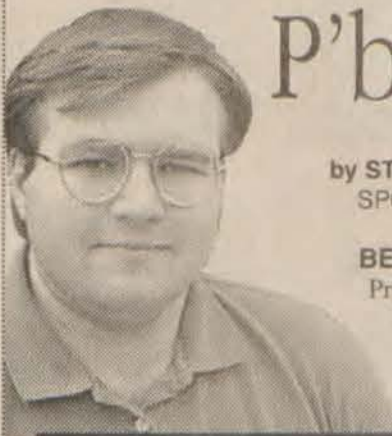
BETSY LAYNE — Prestonsburg and Betsy Layne will both have next Friday night off. Their reward

for not playing on Friday night will be playing on Thursday night. The Bobcats and Blackcats were scheduled to due battle on Friday night, but the game has instead been moved back to Thursday.

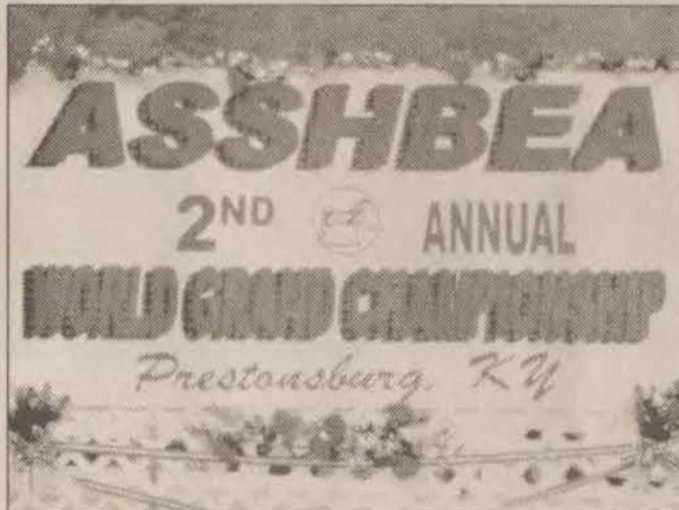
Several games across the state have moved from Thursday night to Friday night. Thursday night's area schedule of high school games may quite possibly be highlighted by the Johnson Central-Pointsville game. The Apple Bowl pits the two county rivals against one

another on the gridiron in a contest which sees thousands of fans in attendance. A complete list of high school games for the upcoming week follows.

(See SIDELINE, page four)



photos by John Whitlock



The American Standardbred Saddle Horse Breeders & Association World Celebration was held at Thunder Ridge Raceway in Prestonsburg Sept. 19-22. Last night, Thunder Ridge hosted a \$10,000-to-win Late Model dirt track race last night. Results were unavailable at press time.



FOOTBALL

AMERICAN CONFERENCE

Table with columns: Team, W, L, T, Pct, PF, PA. Rows: Miami, New England, Buffalo, N.Y. Jets.

Table with columns: Team, W, L, T, Pct, PF, PA. Rows: Indianapolis, Jacksonville, Houston, Tennessee.

Table with columns: Team, W, L, T, Pct, PF, PA. Rows: Cleveland, Baltimore, Pittsburgh, Cincinnati.

Table with columns: Team, W, L, T, Pct, PF, PA. Rows: Denver, San Diego, Oakland, Kansas City.

NATIONAL CONFERENCE

Table with columns: Team, W, L, T, Pct, PF, PA. Rows: N.Y. Giants, Philadelphia, Dallas, Washington.

Table with columns: Team, W, L, T, Pct, PF, PA. Rows: Carolina, New Orleans, Tampa Bay, Atlanta.

Table with columns: Team, W, L, T, Pct, PF, PA. Rows: Chicago, Green Bay, Detroit, Minnesota.

Table with columns: Team, W, L, T, Pct, PF, PA. Rows: San Francisco, Arizona, St. Louis, Seattle.

- Sunday's Games: Dallas at St. Louis, 1 p.m.; Chicago at Buffalo, 1 p.m.; New Orleans at Detroit, 1 p.m.; Miami at Kansas City, 1 p.m.; Carolina at Green Bay, 1 p.m.; Cleveland at Pittsburgh, 1 p.m.; N.Y. Jets at Jacksonville, 1 p.m.; Houston at Philadelphia, 1 p.m.; N.Y. Giants at Arizona, 4:05 p.m.; Tampa Bay at Cincinnati, 4:05 p.m.; New England at San Diego, 4:15 p.m.; Tennessee at Oakland, 4:15 p.m.; Minnesota at Seattle, 8:30 p.m.; Open: Indianapolis, Washington, Atlanta, San Francisco

- Monday's Game: Denver at Baltimore, 9 p.m.

- Sunday, Oct. 6: Tampa Bay at Atlanta, 1 p.m.; Oakland at Buffalo, 1 p.m.; Arizona at Carolina, 1 p.m.; New York Giants at Dallas, 1 p.m.; Cincinnati at Indianapolis, 1 p.m.; New England at Miami, 1 p.m.; Pittsburgh at New Orleans, 1 p.m.; Washington at Tennessee, 1 p.m.; San Diego at Denver, 4:05 p.m.; Kansas City at New York Jets, 4:05 p.m.; Philadelphia at Jacksonville, 4:15 p.m.

YOUTH SOCCER

Raptors down Thunder

TIMES STAFF REPORT

PRESTONSBURG — The Johnson County Youth Soccer Under 12 Ramada Raptors defeated the Martin County Thunder 7-1 on Saturday, Sept. 21.

Andrew Brown and Caleb Sloan took the field as forwards, with Victoria Parker, Clint

Combs and Mark Nordin taking the positions of mid fielders. The Raptors had a hard time holding off the Thunder, who penetrated the defense set up by Taylor Robinette, Josh Reed and Paige Pelphrey.

The Thunder scored a goal early on and led 1-0 at halftime. Alex Allen and Katie Hutchinson were substituted as defenders

along with Corey Reed as a mid fielder to explore some new playing strategies.

The second half of the game saw the original line up as the first half. After some discussion of a new strategy, it was obvious that the Raptors had corrected any problems they might have

(See RAPTORS, page three)

courtesy photo

Midfielder Jackson Osborne of the Floyd County Flames raced to keep the ball in play in a game on Saturday.



Leading

"I cared about football, but education was first on my list at the time," he says. "The academics at the academies are as good as any school in the country, including anywhere in the Ivy League. There wasn't really

a military background in my family, but not many people get a chance to go. Once I was there, though, I realized I went for the wrong reasons."

That left Michael searching for a new school, and he didn't

Sports

regional tournament.

"That is, if Piarist has a team, we will have seven," said Coach Akers.

The Betsy Layne mentor said her team had a good summer of basketball and she was rather surprised at how well they shot the ball.

"It was shocking. We will have some good scorers back this year," Akers said. "We lost four seniors from last year and we are going to miss them."

One of those was Devon Reynolds, who could fill it up from the outside and was one of the quickest players to play at Betsy Layne. Kim Tackett, who gave Betsy Layne a strong inside presence, is also gone, as well as Amy Keathley.

When Coach Akers told me Kim Clark was returning for "her sophomore season" I about fell over. I guess I have been gone too long. Kim has played forever and it seems she should be a senior this year.

"Kim's had a very good summer for us," Akers commented. "She has picked up her game and took up some slack where she needs to in handling the ball. We look for a good season out of Kim."

Last year's leading scorer, Whitney Lykens, returns and hopes are she will improve on her 16 points per game average that led the Lady Cats last season.

"She is just a junior," Akers said. "She led us last year and we look for even better things this season."

Whitney is an excellent basketball player and once she squares up with the basket, she will drain the three-point shot. I don't think she gets the credit for being a good rebounder and defensive player, as well, but does any good scorer?

One that I always enjoyed watching play the game of basketball was Natasha Stratton. The times I saw her on the court she was always hustling and playing hard. She had very strong moves in and around the basket but could also hit the 10-12 foot jumper as well. A very strong rebounder. Stratton was the team's second leading scorer last year.

Junior

corral it, because it's not corralled, it's not under control."

It's a sign that there's a serious side to Earnhardt, who has failed to shake the party-boy image that has followed him in his first three seasons in NASCAR.

By holding out on a new deal, he figures he's proving to competitors that he's not just in it for the money and the fame.

His on-again, off-again quest for a steady girlfriend is still an issue because he won't give up a "guys' night out" or playing video games in the middle of the afternoon. But he wants to be taken seriously and focus on the important things in life.

As the doting uncle to his 3-year-old niece, he's learned that that a child's needs outweigh the disappointment of, say, his satellite TV not working.

And as the co-owner of a Busch series car, he's accepted that being the life of the party also makes it hard to be the boss.

"When you go over and say something like, 'Get things

Continued from p2

Coach Akers said she will turn running the ball club over to Tiffany Meade at point guard.

"Tiffany had a good summer. She worked hard on handling the basketball," said Coach Akers.

Betsy Layne will be challenged by Allen Central, Prestonsburg and South Floyd for the district title, which Betsy Layne won last season.

"Allen Central is going to be tough," said Akers. "They have Amber Scott back with them and she is going to help them. We played them twice this summer and they played us tough, although we did win both games."

"Prestonsburg may be down a little bit, but they have some good players coming back in Heather (White) and Molly (Burchett)," said the Betsy Layne coach. "South Floyd will have Meagan (Stone) and Ashley (Johnson) back. They lost some good players from last year's team."

In the 15th Region, Coach Akers likes the looks of the returning team at Johnson Central. "They did not lose a player from last year's regional championship team," she said. "They are going to be the team to beat this year. Robin (Newsome) will have a good team over at Sheldon Clark with Desiree returning. She may be hurting at the guard spots but she will get a couple of good ones from the JV team."

Betsy Layne played Belfry four times this summer, winning three of those. "Pikeville has a good bunch of young players coming in, as well as Magoffin County," Akers said.

Akers said her team just started conditioning and will open practice on Oct. 15. "I was dreading it at first," she confessed, "but once you get started you get excited about it."

From McDowell to Betsy Layne, Coach Akers has made her mark as one of the outstanding coaches in the 15th Region. It had been a pleasure to cover the Lady Cats over the years. I wish them the best during the season.

Until Wednesday, good sports everyone and be good sports!

Continued from p3

tightened up around here,' they go, 'What's wrong with you? Junior must be having a bad day,'" Earnhardt said. "I guess I've kind of toned down just a little bit as far as being carefree and giving the appearance that I could care less so I can get a little more credibility."

Since the death of his father in a wreck at Daytona last year, he's been forced to take a more hands-on role in the family business. He wants to prepare himself for the day he moves off the race track and into the boardroom at DEI, but he doesn't want to change who he is to get there.

"You learn, like over the past two years, that things can change and be different in a heartbeat," he said. "Starting up that Busch team is going to maybe change everybody's idea of who I am."

"But I think when I'm 40, I'll want Carson, my little niece, to come out and hang out with me because I'm cooler than her mama. That's important to me that I stay cool. I hope I can hang onto that."

look far from home. Despite the fact that both his parents attended Eastern Kentucky, he remembered that Harbaugh and his staff had recruited him to play quarterback out of high school. "I had limited myself in recruiting the first time because I said if I got into one of the academies I would go there," he recalls.

Michael's love of football, which led him to Western, can be traced long before attending Lawrence County High. Prior to his high-school career, Michael's father served as coach of the Bulldogs, with Jason roaming the sidelines from the time he could

walk. Though he played both baseball and football growing up, Michael fell for football in part because of Louisa's love affair for the sport.

In high school, he was coached by Chuke Williams, a mentor who is definitely no stranger to state high school football fans.

"In Lawrence County, football is everything," he says. "Someone could have robbed the town blind on Friday night because everyone was at the game. Growing up in that atmosphere, seeing the love of the game and the interest from the

community, I think it had a lot to do with the decision to concentrate on football."

With graduation coming up at the end of the academic year, Michael already has engineering experience working both for one of his professors the last couple of summers as well as assisting the Alliance Corporation as they worked on renovating E.A. Diddle Arena and laying the new Astroplay surface at L.T. Smith Stadium this offseason. But that love of football keeps tugging at him, as he may stay involved with the sport while attending graduate school next fall.

"I have an opportunity to work as a graduate assistant coach," says Michael. "It would help pay for school and also let me hang on for a few more years."

Adds Harbaugh, "I would support Jason in anything he chooses to do. But I have such a love for this game and this profession - we need all the Jason Michaels we can get to support it. I'm all for him joining the ranks, and would certainly be very proud if he at least chose to give it a look."

But that's down the road for

Continued from p3

Michael and the Hilltoppers, who have 10 games left this season - beginning with today's 5:30 p.m. (CDT) kickoff against Kentucky State - in an effort to earn Western's third consecutive post-season appearance, a feat never before achieved in school history. He'll look to build on a performance at Kansas State in last week's season opener in which he posted career highs with seven completions and 11 pass attempts.

"If you took a poll in the locker room, you would find that Jason is one of the more popular players," Harbaugh says. "You can count on him in any phase of a relationship. Sometimes a good athlete can be hard to be around because he will carry himself with an air of arrogance, but Jason happens to be a good student who is a good football player who is a good friend."

"You can't have a better combination than that." The United States Military Academy may not have been the right fit, but the WKU football team will surely be happy to follow Michael's lead this fall.

HIGH SCHOOL FOOTBALL SCOREBOARD

Casey County 41	McCree Central 18
Tarter Gate/Pepsi Apple Bowl	
Kentucky School f/t Deaf 1	Beth Haven 0
(forfeit)	
Perry County Central 50	Powell County 12
Belfry 20	Pikeville 13
Bourbon County 52	Western Hills 17
Boyle County 58	Marion County 0
Breathitt County 49	Hazard 7
Bullitt East 27	Central 6
Christian Academy-Louis. 27	KCD 13
Cumberland 14	Williamsburg 6
Daviess County 20	Apollo 13
Dixie Heights 21	Highlands 14, OT
Doss 17	North Bullitt 14
East Carter 20	West Carter 16
East Ridge 19	Allen Central 12
Eastern 28	South Oldham 0
Elizabethtown 35	Washington Co. 21
Fairdale 15	Waggener 13
Fairview 51	Jenkins 0
Fort Knox 28	Fort Campbell 0
Frankfort 49	Lexington Christian 7
Glasgow 49	Hart County 20
Greenup County 36	Magoffin County 8
Henry Clay 34	Bryan Station 13
Hopkinsville 15	Christian County 7
Leslie County 36	Shelby Valley 0
Metcalfe County 48	Caverna 0
Paintsville 30	Phelps 0
Prestonsburg 30	Whitesburg 0
Pike Central 46	Betsy Layne 0

Raptors

Continued from p2

been having in the first half of the game. Forward Brown was relentless and scored four goals. Sloan put two of his own in with the assist of an upfield pass from Parker. Combs saw the opportunity to take possession of the ball and made an assist to Reed, who went on to score a goal late in the contest.

Goalkeeper Rachel Goble positioned her defenders - Robinette, Hutchinson, Pelphrey and Allen - in a defensive wall and refused any further attempts by the Thunder at scoring. The Raptors came away with the victory over Martin County. The Raptors were in action again in Pike County Saturday when they faced the Pike County Irish at 9 a.m. At press time results were unavailable.

Moved

Continued from p1

First round matchups feature Paintsville against Betsy Layne, Allen Central taking on Piarist and Phelps playing host Pikeville. South Floyd received a bye. The Phelps-Pikeville game is the only contest in the bottom bracket of the tournament. Second round games of the tournament will be played on Wednesday, Jan. 22, 2003. The finals of the tourney are set for Thursday, Jan. 23. Betsy Layne is the defending 15th Region All 'A' champion. The Pikeville girls won the tournament during the 2000-01 season.

Sideline

Continued from p2

Today
Newport Central Catholic-Covington Catholic.

Wednesday
Kentucky School f/t Deaf-Eminence.

Thursday
Breckinridge County - Waggener; Campbellsville - Metcalfe County -Cape Central, Mo.-Graves County; DuPont Manual-Atherton; East Carter-Mason County; Henry Clay - Woodford County; Johnson Central-Pointsville (Apple Bowl); Lawrence County-Rowan County; Lewis County-Fleming County; Lexington Christian-Nicholas County; Male-Southern; Morgan County-Estell County; North Bullitt-Central; Pikeville-Phelps; Prestonsburg-Betsy Layne; Valley Traditional-Fairdale; West Carter-Bath County; West Jessamine-East Jessamine.

Friday
Caverna 1-Beth Haven 0 (forfeit); Adair County-Russell County; Allen County- Scottville; Logan County; Barren County-Grayson County; Belfry-Pike County Central; Bell County-Paul Dunbar; Berea - Fairview; Bethlehem-Kentucky Country Day - Bryan Station-Scott County; Bullitt Central-Central Hardin; Bullitt East-Doss; Butler-North Hardin; Caldwell County-Fort Campbell; Calloway County -Marshall County; Campbell County-Simon Kenton; Casey County-Corbin; Cawood-Evarts; Christian Aca.-Louisville-Green County; Christian County-Madisonville-North Hopkins; Conner-Dixie Heights; Covington Catholic-Highlands; Crittenden County-Webster County; Cumberland-Harlan; Daviess County-Ohio County; Dayton-Beechwood; East Ridge - Clay County; Edmonson County-Glasgow; Fern Creek-Jeffersontown; Fleming-Neon-Whitesburg; Fort Knox-Frankfort; Franklin County-Montgomery County; Fulton City-Ballard Memorial; Fulton County-Mayfield; Greenwood-Owensboro; Hancock County-Murray; Harrodsburg-Somerset; Hazard-Allen Central;

Henderson County-Bowling Green; Henry County-Garrard County; Holy Cross (Covington)-Bellevue; Hopkins County Central-McLean County; Hopkinsville-Union County; Ironton, Ohio-Holmes; John Hardin-Franklin-Simpson; Knott County Central-Rockcastle County; Lafayette-Tates Creek; LaRue County-Elizabethtown; Leslie County-Breathitt County; Lexington Catholic-Bourbon County; Lincoln County-Marion County; Lloyd Memorial-Newport; Lynn Camp-Middlesboro; Madison Central-George Rogers Clark; Magoffin County -Ashland Blazer; Monroe County-Butler County; Moore-Washington County; Muhlenberg South-Reidland; Nelson County-Meade County; Newport Central Catholic-Ludlow; North Laurel-Pulaski Southwestern; Oldham County-Eastern; Owen County-Carroll County; Paducah Tilghman-Lone Oak; Paris-Raceland; Portsmouth West, Ohio-Russell; Powell County-Madison Southern; Providence, Ind.-Iroquois; Pulaski County-McCreary Central; Russellville-Todd County Central; Ryle-Boone County; Scott-Grant County; Shawnee-Bardstown; Shelby County-Ballard; Sheldon Clark-Boyd County; South Floyd-Jenkins; South Oldham-Trinity (Louisville); St. Xavier-Seneca; Trigg County-Heath; Trimble County-Holy Cross (Louisville); Warren East-Warren Central; Wayne County-Taylor County; Western-DeSales; Western Hills-Harrison County; Williamsburg-Pineville; Williamson, W.Va.-Shelby Valley.

Saturday
Perry County Central-Knox Central; South Spencer, Ind.-Owensboro Catholic.

Apple Day Run
The 25th annual 5K Apple Day Run will be today at 1 p.m. in Paintsville as part of the 40th annual Kentucky Apple Festival. Registration will be at noon at Paintsville High School. The cost is \$15. Trophies will be awarded and there will be T-shirts for all participants. For more information, call 606/788-0181.

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COLLEGE NEWS

Fall 2002 enrollment sets record in colleges

LEXINGTON - Colleges in the Kentucky Community and Technical College System (KCTCS) are enrolling record numbers of students this fall.

KCTCS colleges recently reported to the state Council on Postsecondary Education fall 2002 enrollment of 66,370 full- and part-time students.

Enrollment has increased this fall among both full-time students (up 4.1 percent) and part-time students (up 5.1 percent).

(See KCTCS, page three)

College Calendar
Wood Carving
The Prestonsburg Community College Community & Economic Development Office is has announced a wood carving class...

Domestic Violence talk at HCC
A presentation on "Domestic Violence: The Hidden Epidemic" will be Monday and Tuesday, Oct. 14 and 15 at Hazard

WELDING EXPO



WELDING EXPO GREAT SUCCESS

About 300 visitors a day visited the Welding Expo at the Technical Campus of Hazard Community College where visitors could use the latest welding and cutting equipment.

STUDENT CREDIT

Students get dual credit with HCC, ATC

HAZARD - The Technical Campus of Hazard Community College continues to work with the Area Technology Centers to allow their students to acquire credit from both the technology center and the college.

(See CREDIT, page three)

FINE ARTS

PCC Fine Arts Center selected as ArtsReach Kentucky

PADUCAH - Paducah Community College's Fine Arts Center has been selected as one of three pilot sites for ArtsReach Kentucky.

(See ARTS, page three)

MSU NEWS

Prizes part of MSU's 'Taste of Home'

MOREHEAD - Free recipes, cooking tips and prizes are all part of a special program that will be held at Morehead State University on Tuesday, Oct. 22.

MOREHEAD - MSU

Bookstore, sweatshirt and jacket; La Finca's, two gift certificates; Kroger distribution-Louisville, ten \$10 gift certificates; Ramada Inn/Iva's Cafe, \$25 gift certificate; Morehead Flea Market, Inc, set of lamps, \$100 value; Holbrook Drug, stuffed animal, \$15; Battson Drug, Cake Candle, \$12; Atkinson Florist, arrangement, \$25; Lane Stucky Funeral Home, \$25; Creative Touch; Northcutt and Son Home for Funerals, \$50; Wal-Mart, \$25 gift certificate; Root-a-Bakers, four gift certificates, caramel apple cake, pie, cookies and cinnamon rolls; Occasions, potpourri;

(See PRIZES, page three)

Alice Lloyd College Names Varia Scholars



Alice Lloyd College is pleased to announce that the following seven-teen Kentucky students have been awarded scholarships from the Varia Scholarship Fund: Kaila Bradley, of Hindman; Josh Cook, of Topmost; Brady Matt Curry, of Bypro; Kathleen Curry, of Hi Hat; Robert Hall, of Prestonsburg; Shaundra Hall, of Banner; Sheena Hall, of Wheelwright; Jared Handshoe, of Mousie; John Meade, of Bevinville; John Lundy, of Baxter; Annie Melton, of Pippa Passes; Jessica Pack, of Hi Hat; Erica Sexton, of Langley; Ryan Shannon, of Drift; Lindsay Slone, of Fisty; Kari Thornsbury, of Hollybush; and Jessica Thornsbury, of David.

The Varia Scholarship Fund provides

(See ALC, page three)

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Regional BUSINESS

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Isidore brings threat of con artists

Kentuckians have been "battering down the hatches" in preparation for possible flooding from Tropical Storm Isidore. With weather forecasters calling for anywhere from three to six inches of rain throughout central and eastern Kentucky, the Better Business

Bureau is urging homeowners to investigate before hiring any contractor to repair flood damage.

"In some areas of Kentucky, when flooding or other disasters strike, con artists are not far behind," said Heather Clary, BBB director of communi-

cations. "They know you want the flooded basement, leaky roof or other property damage taken care of as soon as possible. Con artists count on you not taking the time to check them out."

Clary urges homeowners to do a little homework before

hiring a contractor:

- Get two or three written estimates, if possible. Get a Member referral list of BBB member companies that do the kind of work you need as a starting point for comparison shopping. Also check with friends or relatives for recom-

mendations on reliable contractors.

- Don't pay the entire amount up front. Work out in a contract how you will pay, perhaps a portion up front and the rest upon completion of the job.

- Get it in writing! Many consumers who complain about contractors to your BBB never insisted upon a written contract outlining materials to be used, the job specifics, the cost, and the estimated time frame of the

(See **THREAT**, page three)

Medicare AND YOU



Donna R. Morton
Medicare Beneficiary
Outreach Coordinator
AdminaStar Federal

Q Can my Medicare contractor send my claim processing information to my supplemental insurance company?

A Yes. The two ways Medicare claim processing information can be crossed over to a supplemental insurance company are:

- Beneficiary history system generated automatic crossover
- Individual claim Medigap crossover

Q What is the 'beneficiary history system automatic crossover'?

A This type of crossover is dependent on the insurance company contracting with the Medicare contractors. If such a contract exists, the insurance company initially and periodically sends the Medicare contractor a computer tape of supplemental policyholders. The tape includes names, identification numbers and eligibility/end dates. Medicare loads the eligibility information on the history files. As claims are processed by the Medicare contractor, the information is crossed over to the supplemental insurance company as defined in the terms of the contract.

Q Can you explain the 'individual claim Medigap crossover'?

A This type of crossover is done on an individual claim basis - as claims are received at the Medicare contractor. It is dependent on correct/complete Medigap information included on each claim. Only providers that are participating (accept assignment on all claims) are eligible for Medigap crossover.

With either type of crossover, once a Medicare claim has completed processing that information cannot be sent again to the supplemental insurance company. At that point, the provider or person with Medicare would need to file a claim to the other insurance. Although Medicare providers are required by law to file claims to Medicare, there is not a Medicare regulation that requires a provider to file insurance information with a supplemental insurance company.

Have questions about Medicare? Call 1-800-MEDICARE (1-800-633-4227), TTY/TDD 1-877-486-2048 (toll free for the hearing impaired), or visit www.medicare.gov on the internet.



Viable home-based business options was the topic of discussion at the "Home-Based Business Fair" held recently at the Floyd County Extension Service office. The fair was co-sponsored by both the extension office and the Floyd County Chamber of Commerce.

photo by Kathy J. Prater

EXPLORING HOME-BASED BUSINESS OPTIONS



Turnout was good and the displays beautifully attractive at the home-based business fair.

photo by Kathy J. Prater

by Kathy J. Prater
FEATURES EDITOR

Always eager to help area homemakers in whatever capacity she can, Theresa Scott, Floyd County Extension Agent for Family and Consumer Sciences, was happy to join forces with Regina Becknell, Executive Director, Floyd County Chamber of Commerce, in a joint effort to promote home-based business.

The result - the first annual "Home-Based Business Fair," held September 20, at the Floyd County Extension Office building.

"We just wanted to show people that conducting a home-based business can be a viable option for many. Work-at-home moms, retired individuals, or anyone who is interested in managing their own business have many options available, though they may not necessarily realize it, that's why we decided to hold the fair," Scott said.

Many already established local home-based businesses and their respective representatives were on hand at the event to answer questions and outline steps to open

(See **HOME**, page three)

STATE NEWS

Kentucky offers businesses on-line bidding for state contracts

FRANKFORT - Vendors wishing to do business with the Commonwealth of Kentucky may now submit sealed bids electronically via an on-line system, the Finance and Administration Cabinet announced today.

"This new on-line bidding system saves both the Commonwealth and vendors time and money, which benefits us all," Finance and Administration Cabinet Secretary T. Kevin Flanery said. "We recently completed a successful pilot project and now we are ready to move forward with this new system."

Vendors who would like to respond to requests for proposals electronically must first register at <https://ky-purchases.com>. Complete instructions on how to register your business on-line are available by following the link for "vendor registration overview" on the eProcurement Web site at <https://kypurchases.com/servlet/KYECServlet?object=E-COMMERCE&action=showMainPage>. Vendors may also

(See **CONTRACTS**, page three)

FCC approves BellSouth long distance service for Kentucky

BellSouth, today, received Federal Communications Commission approval to offer long-distance telephone service in Kentucky, the final step in the company's six-year effort to bring the full benefits of competition home to customers.

"Today's approval takes Kentucky to a new level of competition in the telecommunications market, said Eddy Roberts, President-Kentucky. "We are now able to offer our customers a complete package of products, and customers will receive only one bill. We intend to offer long-distance service with easy to understand rate plans and at highly competitive prices," said Roberts.

The FCC's unanimous ruling also approved BellSouth's application to

(See **BELLSOUTH**, page three)

WOMEN PREVENTION GRANT

Kentucky Office of Women's Physical and Mental Health awarded Violence Against Women Prevention Grant

FRANKFORT - The Office of Women's Physical and Mental Health has received a \$50,000 grant from the Centers for Disease Control and Prevention for violence against women prevention planning in Kentucky.

The Office of Women's Physical and Mental Health, an agency of the Cabinet for Health Services, submitted a competitive grant application to the CDC to develop a strategic plan focusing on violence against women (VAW) in Kentucky. Funds will be awarded effective October 2002 through September 2003.

"We are excited to be joining forces with other programs in Kentucky to

reduce the harm of domestic violence and sexual assault against women," said Gwen Mayes, executive director of the Office of Women's Physical and Mental Health. "We want to make sure that public health workers are doing all they can to work on a local level to prevent domestic violence before it takes hold. Being safe in one's home and community is certainly a women's health issue."

The VAW Strategic Plan will be developed with oversight from an advisory board consisting of leaders in the domestic violence and sexual assault communities. The focus of the plan will be to identify VAW prevention policies in place at local health departments and

further evaluate their screening protocols. The plan will encourage and facilitate collaboration between local health departments and community rape crisis centers and seeks to develop effective VAW prevention strategies, rather than focusing solely on screening and treatment.

Carol Jordan, Executive Director of the Governor's Office of Child Abuse and Domestic Violence Services said, "Effective intervention from a health care provider can save the life of a woman victimized by violence, and can help restore the mental health effects of that experience. This grant speaks to the priority that health providers must give

to identifying and treating violence in the lives of their female patients."

Violence against women has become a public health priority for the nation, as well as for Kentucky. While victimization rates are difficult to assess and vary from source to source, most data indicate that Kentucky intimate partner victimization rates are higher than the national rate, 37 percent versus 25 percent, respectively.

It is well documented that violence against women has severe physical and mental consequences. In 2001, 25.9 percent of adult women treated at

(See **VIOLENCE**, page three)

Bankruptcies

The following is a list of bankruptcy cases filed with the U.S. Bankruptcy Court for the Eastern District of Kentucky in Lexington from Sept. 20 to 27.

Pikeville Division Chapter 7

Under Chapter 7 bankruptcy, a court-appointed trustee sells assets and the debtor is discharged of debts.

Adam M. Whitaker and Angela M. Whitaker, of Thornton.

Norman P. Bentley and Betty L. Bentley, of Leburn.

Ham Barnett, of Salyersville.

Erin Harmon, of Inez.

Dean Hohenacker, of Ivel.

Arnold Huff, of Lackey.

Patricia McNeil, of Prestonsburg.

Robert E. Perkins and Laura Perkins, of Salyersville.

Carson Thacker, of Mousie.

Curtis Franklin Preston and Neffie Ann Preston, of Paintsville.

Johnny Dale Gooslin, of Freeburn.

Rodney E. Tostin and Amy S. Tostin, of Elkhorn City.

Lacy Burke and Annette Burke, of Shelbiana.

Tammie Delena Damron, of Pikeville.

Lonnie Rollins, of Inez.

James H. Booth and Margie H. Booth, of Warfield.

Jennifer Lynn Cantrell, of Pikeville.

Gary Lee Artrip and Tonya Lynn Artrip, of Martin.

Langley Turner, of Prestonsburg.

Chapter 13

Under Chapter 13 bankruptcy, the debtor arranges to repay debt.

Kurt Randall Childress, of Steele.

Prizes

Johnson's True Value, \$50, Case pocket knife, and CoffeeTree Books.

OLIVE HILL — Superior Foods, grocery items; Speedway, insulated coffee pot and mugs; Dairy Queen, three gift certificates and 8" ice cream cakes; Jeff's IGA, grocery items; James Do it Best, hand mixer; Raybourn's Auto Parts, car care products; Parkers Carpet, \$20; Oney Henderson Funeral Home, \$30; Globe Funeral Home, \$25; Jr. Food Mart, \$10 gift certificate for gasoline; Hamilton's Furniture, two tables, \$60 value; Sally's Flowers & Gifts, Yankee Candle; Big Value, grocery items; and Porter's Tire, two gift certificates for oil changes.

GRAYSON — Farmer's True Value, two Pyrex covered casserole dishes; Dairy Queen, one 8" ice cream cake; Tudor's Biscuit World, three \$5 coupon books; Big Value, grocery items; Ralph's Foodfair, grocery items; Carter's Auto Parts, Inc., \$10; Spark's Funeral Home, \$50; Ross Reality, \$25; Heritage Bank, coffee mugs; Giovanni's Pizza, two free buffet and one 18" pizza; Advance Auto Parts, Max Reflector; Classic Bank, \$25; James Family Outfitters, \$20 gift certificate; Auto Zone, 52-piece racket set; Pizza

College

Continued from p1

Community College in the First Federal Center, Room 123 A from 12:30 - 1:30 p.m.

Dr. Patricia L. Peacock will head the Human Services and Social Work Association session.

The public is invited.

Mining Class

Hazard Community College Technical Campus will be offering New Miners Training on a monthly basis. Students can take either the initial 40-hour underground training or the 24 hour surface training class. These classes are taught in the evening beginning at 6 p.m. The next class is scheduled to begin on Monday, Oct. 7.

For a complete schedule and pre-registration call Christina at (606) 435-6101 ext. 8347.



McDowell ARH
August Employee
of the Month

McDowell ARH proudly announces that Bobbie Jones has been named as the August 2002 Employee of the Month. Bobbie has worked at McDowell ARH for eight years. She is presently working in the Health Information Department. Bobbie is a resident of Melvin. She and her husband, Ray, are the parents of one son, Jason. Bobbie is the daughter of Eshmel and Lillie Caudill, also of Melvin.

Threat

Continued from p2

job. Ask if the work is warranted, and get that in writing too. Find out the contractor's information (phone number, physical address, complete name of company or contractor). Beware if a contractor evades questions or hesitates to put anything in writing.

Ask to see the contractor's certificate of insurance for worker's comp, liability and damage.

Check out all contractors with your BBB @ 859-259-1008 or toll-free in Kentucky, 1-800-866-6668. Or visit our web site at www.ky.bbb.org.

ALC

Continued from p1

post-secondary education opportunities for those children delivered by Dr. Chandra Varia. The scholarships can be used for undergraduate credit and are renewable up to four years.

ALC President Joe Stepp would like to thank Dr. Varia for her support in educating mountain leaders!

PCC IT program offers opportunities in computers



Patricia Goodman

PRESTONSBURG

Prestonsburg Community College's Information Technology Program is booming with opportunities. Whether a student's interest lies in computer programming, network administration, electronic commerce or information systems support, PCC can accommodate them with training, practical experience and certification testing.

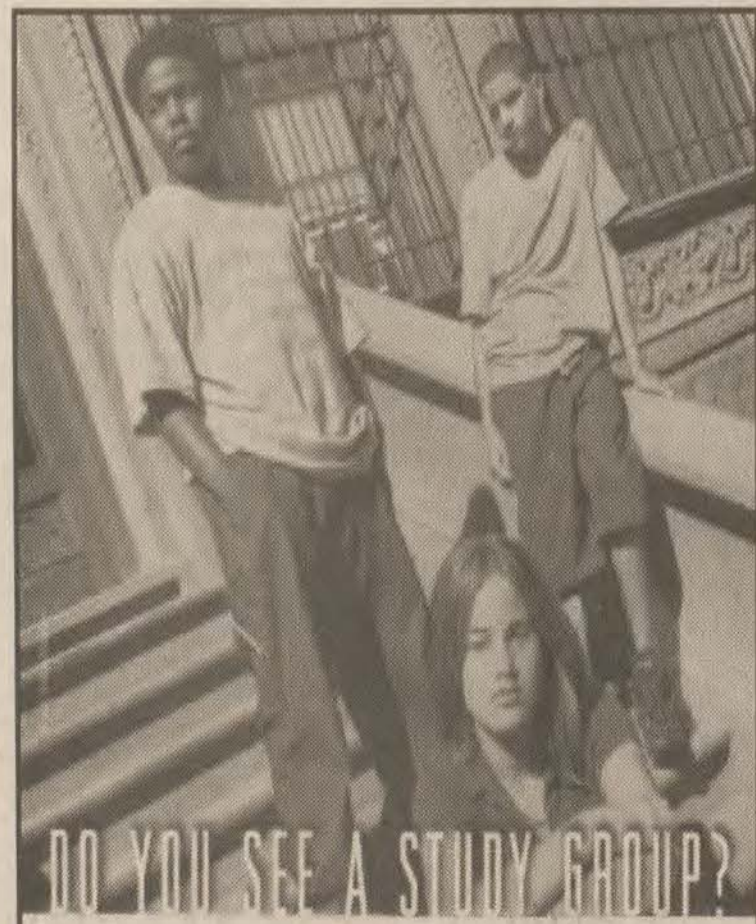
The college offers an associate in applied science degree with options in computer programming, network administration, electronic commerce or information systems support. Those who do not wish to pursue the AAS degree, may choose to complete one of eight certificates: A+, Computer Program-

ming, Novell Net-working, Microsoft Networking Enhanced, Electronic Commerce, Information Systems Support, IT Fundamentals or Cisco Networking Enhanced.

Practical experience is important in the IT field. Through the IT Internship Program, students are placed in the work environment, where they volunteer their time while gaining college credit and valuable work experience. Currently the college has students placed at Sykes Enterprises, Floyd County School System, U.S. Department of Labor in Pikeville, BellSouth, and Highlands Regional - Consolidated Health Systems.

Once a student has completed their course work, he or she may desire to obtain industry certification. As a member of the CompTIA Jobs+ Program(r), students can sit for the A+, Network+, Server+ and iNet+ certification exams at half the regular cost. Rather than driving long distances to sit for exams, students can test at the VUE Testing Center on the Prestonsburg Campus.

For more information about PCC's IT Program, contact Patricia Goodman, IT Program Coordinator, at 606-886-3863 ext. 287, or Patricia.Goodman@kctcs.edu.



DO YOU SEE A STUDY GROUP?

THEN YOU SEE THE POWER OF COMMUNITY COALITIONS.

They help community groups - like the PTA®, your church, clubs, even your employer - organize resources and focus them where they're needed most. Especially fighting to keep kids away from drugs. If you're in a community group, ask if you can do more by teaming up with a community coalition. It's really simple. Just go to www.helpyourcommunity.org or call 1-877-KIDS-313 to contact a community coalition in your area. They'll tell you exactly how your group can help. You'll be surprised at what you have to offer. And how much you can accomplish.

YOU GET MORE WHEN YOU GET TOGETHER

Continued from p1

Hut, two large pizza; Pilot Travel Center, GPX- Personal Stereo; Wendy's, three combo meal certificate coupons. Shoney's, two \$15 gift certificates; Western Steer, \$10 gift certificate; Super Quik, gift certificates; and Little Caesar's, gift certificate.

WEST LIBERTY — Frederick & May, cordless screwdriver; The Gift Gallery, fall serving platter; All Occasion Flowers, floral arrangement; Seasons Florist & Home Décor, Candleberry Kitchen-large candle; Commercial Bank, and Shop Wise, grocery items.

Sign ups are still being accepted from vendors and community groups who wish to reserve a table to sell their wares at the cooking school program, Stafford noted. "It is important that businesses register early if they wish their names included in the evening's program.

Tickets, at \$6 each, may be purchased in 312 Allie Young Hall on the campus from 8 a.m.-4:30 p.m. weekdays; by phone/fax with a credit card; or with a check, money order or credit card information, mailed to MSU-Taste of Home, 312 Allie Young Hall, Morehead, KY 40351-1689. Checks should be made payable to MSU-Taste of Home.

Credit

Continued from p1

tion rather than guessing and/or waiting until a late date to find they do not like the program in which they enrolled," Kidd said.

The second tier of the program allows high school students to enroll in regular program classes but under the technical campus schedule. In this arrangement, the students can gain full college credit, and can learn and perform at the same level as post-secondary students. Students, in some cases, complete an entry-level certificate and may enter employment upon graduation from high school. Many other students, upon graduation, can bring these courses back into their selected college programs and complete a certificate, diploma, or degree in short order.

KCTCS

Continued from p1

2001 to fall 2002.

KCTCS President Michael B. McCall attributed the increases to a variety of factors, including enrollment of high school students, continued growth in distance learning, and opening of new facilities.

"The Postsecondary Education Improvement Act of 1997, which created our system, assigned to KCTCS the responsibility to expand Kentuckians' access to higher education," McCall said. "Our colleges are doing exactly that, increasing enrollment by nearly half since KCTCS was established."

KCTCS has expanded access to postsecondary education by opening new buildings or campuses since fall 2001 in Shelbyville, Danville, Elizabethtown, Glasgow and Cynthiana. The Glasgow and Elizabethtown facilities are regional postsecondary education centers opened in partnership with Western Kentucky University. The Glasgow center, which opened in spring 2001, already has enrolled more than 100 students.

The regional centers - others soon will open in London and Prestonsburg - combine com-

"It is our individual success-

es that come together to manifest themselves in the achievement of our goals and to the benefit of those that we serve," Dixon said. "Those moving stories of our HCC family members reaching out to help students and stories of students assisting each other, demonstrate what our College is all about-it's a learning community dedicated to the success of all where everyone has a part to play in the big story of success."

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BellSouth

Continued from p2

offer long-distance in Alabama, Mississippi, North Carolina and South Carolina. The FCC approved Georgia and Louisiana in May. Today's approval means that seven of BellSouth's nine states have been approved to offer long-distance.

"Business and residential customers have told us for years they want the opportunity to

Home

Continued from p2

ing one's own business venture. "If one person finds an opportunity to improve their livelihood and therefore improve their lives, then we have met our objective with conducting this event," said Scott. "We've had a good response and we do hope to be doing this again in the future."

Participating exhibitors at the business fair included: Pat Hites, East Ky. Child Care Coalition, contact number, 886-1280; Bonnie Crisp, cake decorating, Martin; Aggie Fink, sewing and alterations, contact number, 432-2600; Linda Bailey, Home & Garden Design, contact number, 886-1708; Michelle Hall and Gail Meade, Park Lane Jewelry, contact number, 285-3990; Retha Mullins and Joy Adkins, Longenberger Baskets, contact number, 886-2374; Kelli Hall, MSU Small Business Development Center, contact number, 788-7331; Carl D. Perkins Job Corp Center, catering and culinary arts, contact number, 886-1037; Beth Mullins, Mary Kay Cosmetics, contact number, 285-0074; Rosalie Fields, Avon, contact number, 639-6633; Maxine Hager, Home Interior, contact number, 789-4109; Sr. Ruth Ann Iwanski, David Appalachian Crafts, contact number, 886-2377; B.J. Ousley, Heart-to-Heart Florist & Gifts, contact number, 886-0036; Kathy Hyden, Tupperware, contact number, 789-4069; Marie Holbrook, Tastefully Simple, contact number, 385-2421; Edith Dotson, Regency School of Hair Design, contact number, 886-6457; Jackie Bowling, Prestonsburg Community College Business Services, contact number, 886-3863.

select BellSouth as a single provider of all their communication services," said Roberts. We will begin marketing BellSouth Long Distance service on September 27, and I am confident that customers will be responsive to the long-distance plans we will offer," said Roberts.

Earlier this month, regulators in Florida and Tennessee endorsed BellSouth's applications. The company plans to seek FCC approval in those states in the very near future. All of the states in BellSouth's region operate on the same system for allowing competitors to interconnect and serve their customers.

Contracts

Continued from p2

access instructions for submitting on-line bids by clicking on the scrolling message at the top of the eProcurement home page.

All bidding opportunities with the Commonwealth of Kentucky may be found on-line at <https://ky-purchases.com/servlet/KYECSServlet?object=BrowseBidOps&action=showIssuingOffice&main=yes>. Only those bids marked "Yes" under "on-line bid accepted" are available for on-line responses.

Violence

Continued from p2

Community Mental Health Centers (CMHC) across the state responded positively to being a victim of physical abuse, up from 18.8 percent in 1998.

Additionally, 20.4 percent of the women served at CMHCs, reported being a victim of rape, sexual assault or sexual abuse, up from 13.1 percent in 1998.

Arts

Continued from p1

the Kentucky Arts Council will also work closely with the PCC Fine Arts Center and the other 13 centers to build capacity to increase arts participation that is tailored to communities. The opportunity to participate in ArtsReach Kentucky is a part of the START initiative.

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Sunday @ HOME

Sunday, September 29, 2002

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TIMES Email: web@floydcountytimes.com

Donna's Day Creative family fun

by Donna Erickson

Have Fun — It's Good for You!

Having a good time ... now that's something just about everyone I know loves to do. But did you know that having fun and doing lighthearted and sometimes silly activities, like the ones you find in this column, is actually good for you, too?

While writing my recent book, "Fabulous Funstuff for Families," I joined with the nationally recognized Search Institute to identify within each of my activities the assets that



DAVID LAROUCHELLE

help children grow and develop positively. Its research shows that the more developmental assets kids have, the more likely they are to make positive choices in school and the community. Identifying these assets within activities, games and crafts clearly showed that while family members are connecting and enjoying time together, children are learning and gaining a variety of values and social skills.

For example, when your child plays dress-up and makes homemade face paint, this activity aids in planning and decision-making. Think about it for a moment. When stirring up the paint and applying it to their cheeks, your children must plan ahead in order to choose which colors they would like to create and use.

When you rake the leaves for a neighbor this fall, your child will see and learn the value of service to others. Or, when your family visits an apple orchard and then later prepares apple snacks at home, your child learns the value of a healthy lifestyle with good habits.

So you see, planned activities you do together have benefits far beyond the "doing." Discover, as I have, that the things we do with our kids can make a difference in shaping the choices they will make in life. There are no magic secrets. But when we take time to be with children, we help them feel connected, guided and grounded. So go out and have lots of fun! It's good for all of you!

Write Donna with your questions and ideas at www.donnas-day.com. Donna's newly released book, "Donna Erickson's Fabulous Funstuff for Families," is now available in bookstores nationwide.



Artichokes are back in season

Aahhh! Artichokes. The fall harvest is coming to market and will continue for a while. Come spring, a second crop will be ready. Now you'll find plenty of medium and baby sizes from Castroville, Calif., the artichoke capital of the world, where Ocean Mist Farms grows most of our supply.

For those who have never cooked or tasted this strange-looking veggie, let's have a look at it. It is one — maybe the only — vegetable you are allowed to squeeze, because the squeak it emits tells you it's fresh. As an old Italian produce man once told me, a fresh artichoke "sings."

This sturdy vegetable is divided into three marvelous parts. The bottom, sometimes incorrectly called the heart, is considered the greatest delicacy. While I urge you to cook arties yourself, bottoms are available and ready to use in cans and jars, in oil or lightly salted water, and frozen. The light green center leaves, just a little lower in prestige, are tender and fully edible. Tucked in under these is the fuzzy choke, which is discarded after cooking. Finally, there are the outer rugged green leaves that, pulled inner side down over the lower teeth, make the artichoke a chic finger food.

Usual instructions are to cut off the top third of the petals. We use scissors to cut off only the thorny end of the petals. To retain color, it's best to use a non-reactive pan and water acidulated with lime or lemon juice or a

little vinegar.

In the recipe today we cut the artichoke in half lengthwise to reduce cooking time and make the removal of the choke easier. Cooked halves are filled with rice, lentils and feta cheese for a Mediterranean flavor.

THE CHOPPING BLOCK
by Philomena Corradeno

LENTIL & RICE STUFFED ARTICHOKES

- 4 medium artichokes
- 2 cups water
- 1 lemon, sliced
- 2 tablespoons olive oil
- 1 clove garlic, halved
- 1 (6.9-ounce) package rice pilaf mix*
- 1 cup red lentils
- 1 medium tomato, chopped
- 4 ounces Feta cheese, crumbled
- 1/2 cup chopped Italian parsley
- Black pepper and salt to taste

Rinse artichokes under running cold water. Cut off top third of petals and only very end of stem. Cut artichokes in half from top to bottom. Place halved artichokes, cut-side down, in large skillet or 9-by-13-inch non-aluminum baking pan. Add water, lemon slices, olive oil and garlic. For skillet cooking, cover and heat over medium-high heat to boiling; reduce to simmer; cook until a petal near center of artichoke pulls out easily, about 15 minutes. For oven, cover pan with foil and

Soup to fill you up - not out

The next time you have leftover ham you may want to try this soup recipe. You're not going to believe how easy and tasty this is until you try it. It's filled with flavor but not fat!

PRONTO HAM MINISTRONE

1 full cup diced extra lean ham
1 (16-ounce) can tomatoes, coarsely

chopped and undrained
1 (10 3/4-ounce) can reduced-fat tomato soup
1 cup water
1/2 teaspoon dried minced garlic
1 tablespoon Worcestershire sauce
1 tablespoon Italian seasoning
1 (16-ounce) can red kidney beans,

(See **FOODS**, page five)

by JoAnna M. Lund



To Your Good Health

by Paul G. Donohue, M.D.

Is it heartburn, Hiatal Hernia or both?

DEAR DR. DONOHUE:

I have a hiatal hernia that gives me heartburn really bad. Where is this hernia? How does it cause heartburn? Antacids help me, but I would like to take care of things without medicine. How about surgery? — F.A.

ANSWER:

Hiatal hernia and heartburn are not the same. A hiatal hernia is an upward bulge of the stomach into the chest through the diaphragm muscle. The diaphragm separates chest from abdomen.

Heartburn

(acid reflux) is an eruption of stomach juices and stomach acid into the esophagus, the long, muscular tube through which food makes its way from mouth to stomach. Think of it as the stomach being a volcano that erupts and spews red-hot lava into the esophagus.

Many people with a hiatal hernia also have heartburn. However, people can have heartburn without a hiatal hernia. The two are not always linked.

For heartburn, put 6-inch blocks under the bedposts at the head of your bed so gravity keeps stomach juices in the stomach. Nighttime is the time when acid reflux acts up the most. Don't ever lie down immediately after eating, and don't eat anything for three hours before retiring. Stay away from choco

(See **HEALTH**, page five)

Chicken Soup for the Soul: Soul mates

Fran LeB
(FROM "CHICKEN SOUP FOR THE TEENAGE SOUL")
Reprinted by permission of Fran LeB. (c)1996 Fran LeB.

I have often told my daughter, Lauren, the story of how her father and I met and of our courtship. Now that she is 16 years old, she is concerned because she realizes that her soul mate might be sitting next to her in a class or might even ask her for a date, and she is not quite ready to make the same commitment her parents made years ago.

I met Mike on Oct. 9, 1964. Our shy eyes met from across the patio at our friend Andrea's party. We smiled

and eventually found ourselves in a conversation that lasted the entire evening, to the exclusion of everyone else. I was 11 and he was 12. We went steady three days later, which ended after a somewhat tumultuous month.

Months later, Mike still invited me to his lavish bar mitzvah and even asked me to dance. (Years later he told me that despite my braces, my skinny legs and my flipped hair, he thought I was beautiful.)

Mike and I had many mutual friends and were in the same social

group at school, so our paths constantly crossed throughout the next few years. Every time I broke up with a boyfriend or had my heart broken by another, my mother would say, "Don't worry, you're going to end up with Mike LeB." I would shriek: "Never! Why would you think such a thing?" She would remind me how his name often came up in my conversations and what a nice guy he was.

Finally, I was in high school, and it was packed with new cute guys. I was ready. What did I care if Mike started

dating my best friend? Why, I wondered, was this slowly driving me crazy? Why did we find ourselves talking while waiting for our buses? I will never forget the navy-blue penny loafers he wore. Nobody else I knew had such great shoes. My mother's words often came to mind, but I still wanted to erase them.

By the summer after 10th grade, Mike and I had spent more time together — in the company of his girlfriend, also known as my best friend, and others. That summer Mike left for a Spanish program in Mexico. I found I really missed seeing him. When he returned in August, he called and came by my home. He was so adorable with his tan skin and worldly demeanor. He

still couldn't speak a word of Spanish, but he looked so good. It was Aug. 19, 1968, when we looked at each other outside my home and realized we had to be together. Of course, we had to wait until after the date I had that night with another guy. I told my date that I was going to start dating Mike, so I had to be home early. Mike then told his on-again, off-again girlfriend it was off again for good.

We kept our relationship our little secret until we could proudly announce it at the next party. We walked in late and boldly told all of our friends that we were officially a couple. Not a soul seemed surprised as

(See **SOUL**, page five)

Books: Reviewed by Cindy Elavsky

"Hanging Out the Wash"
By Adair Lara
(Conari Press, \$12.95)

"A Book of Courtesy"
By Sister Mary Mercedes, O.P.
(Harper San Francisco, \$18)

"Reluctant Healer"
By Susan Elizabeth Bock
(Azymuth Publications, \$12.95)

Reviewed by Cindy Elavsky

With summer now a memory, we all need a little inspiration to help us through the coming winter doldrums. Here are three books that are inspiring, enlightening and just plain fun to read.

gestions, and you'll find a new, improved you as you "sample the powerful religion of ordinary life."

In today's world of "me, me, me," Sister Mary Mercedes is trying to bring back courtesy, graciousness and respect. "A Book of Courtesy: The Art of Living with Yourself and Others" reads like a "What's What" of etiquette and manners, with a bit of charm thrown in for good measure. From writing a condolence letter to how to

properly eat soup, Sister Mary has an answer for every occasion. This is a fun read that may teach even the most polite of us a thing or two.

In "Reluctant Healer — The Journey of a Soul," Susan Elizabeth Bock's main objective is to teach her readers how to become more self-aware. "No one is here by chance, for chance plays no role in Divine plans." Bock has written each chapter as free-flowing parable. There is a lesson behind each story and a plan behind each lesson. "Reluctant Hero" is a self-made journey and a trip worth taking.

Resistance training tips

I bought a treadmill in January, and I have tried to get on it for 30 minutes to an hour, 5 days a week. I have started eating a low-fat, high-fiber diet and have lost a total of 16 pounds with no other changes. I felt that while the treadmill works my legs, my arm muscles really don't get much use. I would welcome any suggestions on some exercises to strengthen my arms.

- Julie E., Saskatchewan, Canada



the weight. Do two to three sets of 12-15 repetitions for each exercise.

Stand or sit with your feet shoulder-width apart. Place the dumbbells in your hands, with your palms facing forward. Stand or sit up straight, keeping your abdominal tight. Keep your arms straight by your side and wrists straight. Bend at your elbows, bringing your palms toward your biceps (front of arm). Hold at the top to feel the contraction. Lower arm down (not completely), then repeat.

Add more dumbbell exercises to your routine when you feel comfortable. Consult with a fitness or medical professional for proper technique. Not only will resistance training tone and strengthen your muscles, it will make everyday tasks a little easier. Keep up the great work!

Please consult a physician before beginning an exercise program. If you have a fitness or training question, e-mail Andrea at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475

First, let me congratulate you on your 16-pound weight loss. Your nutrition and cardiovascular programs seem to be right on track. Continue to incorporate them into your fitness routine.

Now, let's address the third element you mention, the one that will complete your fitness program: resistance training.

Resistance training is important for maintaining strong muscles and joints. During resistance training, stress is placed on your muscles. As you rest, your body rebuilds muscle tissue, preparing it for your next workout. Over time, this process will make your muscles stronger.

Using dumbbells as resistance can be extremely effective in toning muscles, protecting and strengthening bones and connective tissue (tendons and ligaments).

Try this bicep curl for your arms. Begin with a lightweight dumbbell until you have mastered the correct technique, and over time slowly increase

Sam & Dave

explain it all to you

by Samantha Weaver and Dave Smith

DEAR SAM AND DAVE:

My girlfriend, "Sandie," and I have been together for almost two years, and she just turned 30. I've noticed lately that when we're out at the grocery store or anywhere else, she stares at moms who have their kids in tow. TV commercials, too — she gets this weird, sort of faraway look in her eyes. It's creeping me out. We haven't talked about getting married, but I think she wants me to propose and then start having kids. I'm only 24, and I'm not ready to settle down yet — I don't know if I ever want to have kids. I love her, though, and I don't want to lose her. Help!

— SKITTISH IN SASKATCHEWAN

The threat of the biological clock

SAM SAYS:

Sounds like you're jumping the gun a bit there, bucko. You and Sandie haven't even talked about marriage, let alone started picking out kids' names yet. From your letter, it sounds like she's not even dropping hints about it, and yet you suddenly think she wants to get married and have babies. You may just be projecting your expectations of what a 30-year-old woman wants.

I'm not saying that Sandie doesn't have a biological clock — virtually all women do, and believe me, we can hear it ticking. The thing is, it's "biological", not intellectual, and most of us realize that. If a woman realizes that she's not emotionally or financially ready to have kids, that ticking won't change a thing.

Just talk to her about it. After two years, it's time you two had a talk about what your future plans are anyway. You

both ought to find out where the other sees the relationship going, and then you can plan from there. If it turns out that she does want marriage and kids, then the ball's in your court. You say you love her, but is she The One? If she is, then you'll want to be with her regardless. If not, then you'll be free to go sow some of your wild oats, and she can find someone who wants the same things she does.

DAVE SAYS:

I disagree with Sam here. She says that Sandie hasn't dropped any hints about marriage and kids, but what I'm hearing from you, Skittish, is that Sandie has put out enough of a vibe to freak you out.

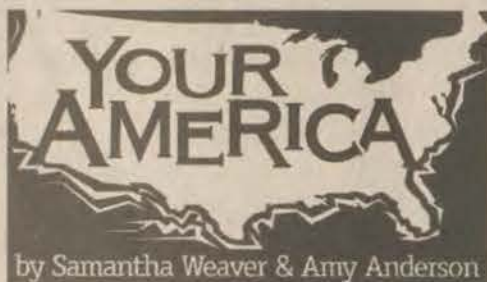
Chances are, if you're feeling the vibe, The Fear Is Real. This woman doesn't have a biological clock; it's a Commitment Time Bomb, and it's aimed in your direction, Slick.

What you need to do is sit down with yourself and really assess the situation in your own mind and in your own heart. No guy who's 24 thinks he's ready to settle down with a wife and kids. Heck, most guys who're 44 think they're not ready to settle down. What you need to do is ask yourself: If you HAD to make the commitment to Sandie, could you? Would you?

If you really love this woman and the thought of creating a new life with her doesn't make you feel like stealing a car and high-tailing it to Mexico, then calm down and go with the flow, and wait for things to progress in their own time.

Send letters to Sam & Dave in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. Or e-mail them at asksamand-dave@mindspring.com.

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William "Pudge" Heffelfinger would be proud. Ever since he took that \$500 payment to play for the Allegheny Athletic Association back in 1892 (and in doing so, became the very first professional football player), pigskin chasing has become big business. Could he have imagined the seriousness with which we take the game and its heroes today? (And when I say seriousness, I'm not kidding, Pudge.) Could he have imagined a multimillion-dollar facility that receives hundreds of thousands of visitors every year and is devoted solely to the game's most famous players?

Well, Canton, Ohio is the place that takes football memorializing seriously, and it does a seriously good job of it in the

Pro football hall of fame

Pro Football Hall of Fame.

There is much to see and do at the Hall of Fame, from movies to memorabilia, so include a stop in each of the following areas:

- The GameDay Stadium shows the film "Championship Chase," and is designed to give you a once-in-a-lifetime perspective of the game, combining elements of sound and sight in a sensory overload.
- The Exhibition Rotunda chronicles the first century of pro football.
- The Enshrinees Mementos Room shows all 199 Hall of Fame inductees, and includes personal effects of each.
- The Photo Art section displays the winning photos from the Hall of Fame's annual photo contest.
- The Super Bowl Room has mementos and effects from Super Bowls past.
- The NFL theater is where you can

see a different NFL film playing every hour.

■ The Interactive Gaming area, where you can play Tele-Trivia, QB-1 "You Call the Play" and many more games and interactive exhibits.

The Pro Football Hall of Fame, located on George Halas Drive, is open daily. Admission is \$12 for adults and \$6 for children, or you can pay a special \$30 family price that includes two parents and all children under 21. Go online for a coupon worth \$3 off admission for all family members. Call (330) 456-8207 or log on to www.profootballhof.com for more details.

Write to Your America in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or e-mail youramerica@hotmail.com.

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M&M's are the top-selling candy in the U.S.

Fishing is a popular sport around the world — but some of the people who participate aren't terribly bright. Take this, for example: A fisherman in Russia figured out a great way to catch a lot of fish at once. He connected a power cable to his house and put the other end in the water. The shock killed a lot of fish, and they were all floating belly-up on the surface. The fisherman was so excited, though, that he didn't remove the power cable from the water before he waded in to scoop up his catch.

Rebecca West observed: "The main difference between men and women is that men are lunatics and women are idiots."

Even though it almost looks like an island, with its only connection to other land being the small Sinai Peninsula, Africa actu-

Strange BUT TRUE

ally has a shorter coastline than any other continent.

M&M's are the top-selling candy in the United States. The rock group Van Halen, though, had an inexplicable aversion to the brown ones. Band members had a clause written into their contract that if they saw any brown M&M's in the vicinity, their concert would be canceled.

The Italians have a word for that annoying circular mark left on a table when a moist glass is set there without a coaster: "culacino."

All the world's coffee is grown within 1,000 miles of the equator, and a single coffee tree produces only about a pound of coffee beans every year.

Less than one-half of one percent of all convicted murderers are actually put to death in the United States.

Thought for the Day:

"I refuse to spend my life worrying about what I eat. There is no pleasure worth foregoing just for an extra three years in the geriatric ward." — John Mortimer

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INFOLINK

Was computer science ever cool?

Just as the enthusiasm for the Internet was exaggerated during the dot-com bubble, so has the pessimism been exaggerated in the wake of the bubble's bursting.

In a story titled "Tech's Major Decline," Ellen McCarthy of The Washington Post reports on the dramatic drop in the number of college students enrolling as computer-science majors. One youth is quoted as saying: "You can't get the chicks with that anymore."

You can't get the chicks? Any more? Wait a minute. I don't know where I've been, but was there ever a time when

you could get the chicks simply by being a computer-science major? When were computer nerds portrayed as anything remotely resembling a stud?

Wait, it's all coming back to me now. There was that week in '98 when my friends and I would go to the crazy, swinging singles bar and see how many chicks we could land by using the term "slide rule" in our opening lines.

Ah yes, women were everywhere, and my pale brethren and I would don our best pocket protectors and head out in search of fresh conquests, a wild pack of four-eyed wolves marauding the countryside in

search of fresh meat.

And the women loved us. Just like on the TV commercials, they loved the smell of cabbage. They loved our flood pants that revealed our socks that didn't match, which, incidentally, they also loved.

They loved our taped-up glasses and the armpit stains on our secondhand shirts, which we buttoned all the way up. Food for the imagination, we used to say. It only added to the mystique.

Yes, my friend, the geeks were sellin' and the babes were buyin'.

Like I said, it only lasted a week. OK, perhaps the good

old days numbered less than seven, but at least it was more than one. Well, maybe it never happened, as I said earlier. But if you cross your eyes a bit and hold your breath for about three minutes, the memories will come flooding back as quickly as the blood comes flooding back into your oxygen-starved brain.

And you will remember the time when computer-science majors were the lords of creation.

Comments? Questions? Contact InfoLink at kfsinfolink@aol.com.

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Foods

- rinsed and drained
- 1 cup shredded cabbage
- 1/3 cup broken uncooked spaghetti
- 1/4 cup grated reduced-fat Parmesan cheese

Continued from p4


utes or until spaghetti is tender, stirring occasionally. When serving, top each bowl with 1 tablespoon Parmesan cheese. Makes 4 (1/2 cup) servings.

Each serving equals: 219 calories, 3 g fat, 14 g protein, 34 g carb., 811 mg sodium, 7 g fiber; Diabetic Exchanges: 2 Meat, 1 1/2 Starch, 1 1/2 Vegetable.

Visit JoAnn's Web site at www.healthyexchanges.com

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The observation deck
Winning isn't everything,
BUT wanting to win is.



Vince Lombardi, 1913-1970

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Soul

Continued from p4

they uttered "finally."

After graduation from high school, I went away to college. I lasted 10 weeks before I transferred to a closer college to be near Mike. On June 18, 1972, we were wed. I was 19, and Mike was 20. We set up our love nest in married housing while we both finished our college degrees. I became a special-education teacher while Mike went on to medical school.

Now, 25 years later, I smile at our beautiful daughter, Lauren, and our handsome son, Alex. Although their parents' legacy causes them to look at high-school relationships a bit differently, they will never have to worry about their parents saying, "Don't take it so seriously; it's only puppy love."

Health

Continued from p4

late, peppermint, coffee, orange juice, tomato juice and any food that makes you have a heartburn attack.

Two tablespoons of a liquid antacid taken one hour after eating and another two tablespoons taken three hours after eating often control heartburn.

There are many effective medicines. Tagamet, Zantac, Pepcid and Axid turn the stomach-acid faucet to the almost-closed position. Prilosec, Prevacid and Protonix turn the faucet to the completely off position.

Surgery can be useful, particularly for those not benefited by medicines. Sometimes the surgery can be performed with a laparoscope. It's a telescope-like instrument inserted through a small incision in the abdomen. Readers who would like a more detailed account of hialal

hernia and acid reflux can obtain the report on that topic by writing: Dr. Donohue — No. 501W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.50 along with the recipient's printed name and address. Please allow 4-6 weeks for delivery.

DEAR DR. DONOHUE:

How much weight gain can I expect from stopping my cigarette habit? — G.P.

ANSWER: It is commonly stated that a former smoker gains five to 10 pounds after quitting. Many say the weight gain is less than that. Stopping smoking does immeasurably more for your health than the addition of a few pounds does harm. You can take the weight off by watching calories and exercising.

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CLASSIFIED

The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

AUTOMOTIVE

110-Agricultural

685 Case International Farm Tractor, w/ new loader, 1700 hrs, like new. 886-8366.

130-Cars

99 TOYOTA CAROLLA, 37,000 miles, auto., AC, one owner, has warranty. \$7,950. 606-523-6227.*

160-Motorcycles

2000 Custom Road King, Fuel injection. \$17,900. Garage kept. 874-8158.

2002 HONDA SHADOW, A.C.E. 750. Only 1500 miles. Has engine guard, windshield, custom, saddle bags & much more. Over \$8,000 invested. Only \$6,000. 789-1360.

180-Trucks

'87 CHEVY: SHORT WHEEL BASE, Fleetside, automatic V-8. 606-886-0365.

1995 GMC SONOMA, 4 cyl. 33,000 miles, 1 owner. 886-2275.

EMPLOYMENT

When responding to Employment ads that have reference numbers, please indicate that entire reference number on the outside of your envelope. Reference numbers are used to help us direct your letter to the correct individual.

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HELP WANTED: Dental Hygienist needed. Please call 886-8400.

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Food Service Distributor Needs Driver For Prestonsburg-Eastern Ky. Area

Rapidly expanding Kentucky-based food service distributor in need of one full-time delivery driver for the Prestonsburg-Eastern Kentucky area. This driver must possess 2 years tractor-trailer driving experience, a CDL Class A, be 25 years of age, be able to pass a D.O.T. physical exam and drug test, and will be Prestonsburg area based. Job duties include product delivery to customers based in the area. A full range of benefits are available, including 401k and insurance program. To apply, please phone 1-800-264-2633 between the hours of 1 p.m. and 4 p.m., Monday-Friday, beginning Monday, September 23rd. Ask for Stewart Meace to set up an interview.

- 110 - Agriculture
115 - ATVs
120 - Boats
130 - Cars
140 - 4x4's
150 - Miscellaneous
160 - Motorcycles
170 - Parts
175 - SUV's

- 180 - Trucks
190 - Vans
200 - EMPLOYMENT
210 - Job Listings
220 - Help Wanted
230 - Information
250 - Miscellaneous
280 - Part Time
270 - Sales

- 280 - Services
290 - Work Wanted
300 - FINANCIAL
310 - Business Opportunity
330 - For Sale
350 - Miscellaneous
380 - Money To Lend
390 - Services

- 400 - MERCHANDISE
410 - Animals
420 - Appliances
440 - Electronics
445 - Furniture
450 - Lawn & Garden
480 - Yard Sale
470 - Health & Beauty
475 - Household

- 480 - Miscellaneous
490 - Recreation
485 - Wanted To Buy
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505 - Business
510 - Commercial Property
530 - Homes
550 - Land/Lots

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GROWING MATERIALS TESTING FIRM, located in Prestonsburg, looking for a materials testing technician. Concrete, soils and water. Experience preferred, but will consider person with good organizational skills, willing to learn ASTM and WWA testing procedures. Legible handwriting a must. Must be diligent, willing to get dirty on occasion, and willing to work with and listen to others. Occasional work with land survey crew may be required. Thos with large ego and attitude need not apply. Wages and benefits based on work experience, and commitment to advancement. Reply to: Reference #214, P.O. Box 390 Prestonsburg, Ky 41653, or e-mail resume and note of interest to e-mail address: materialstesting@hotmail.com

DENTAL ASSISTANT NEEDED.

Experience preferred, but not required. Send resume P.O. 1024. Prestonsburg, Ky 41653.

460-Yard Sale

Garage Sale: Oct. 4, 5, & 6th. Fri., Sat. & Sun. at 253 Hager Street. 2nd house on left behind Bistol Grille (Old Lee's Chicken House), furniture, appliances, clothing, & much more.

8 FAMILY YARD SALE:

2 miles up Cow Creek. Oct. 3&4. Follow signs. 874-2802.

480-Miscellaneous

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570-Mobile Homes

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410-Animals

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610-Apartments

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1 B.R. Apt. for rent: In Martin area. 285-3980.

1 B.R. APT: Haywood Lane, \$350 mth + dep. partial utilities. 874-9056.

APARTMENT FOR RENT: Call 874-9174 or 874-2644.

630-Houses

2 B.R. HOUSE: in Prestonsburg, W&D hookup. Call 874-9488

3-4 B.R. HOUSE, River Side Dr. Prestonsburg. \$500 mth. + utilities. 886-2880.

2 B.R., 1 B.A. in P'burg. \$400 mth. \$200 dep. + utilities. 886-6186 or 886-8286.

2 B.R. HOUSE AT MARTIN, \$300 mth + \$100 dep. 285-9887.

640-Land/Lots

LOT FOR RENT: At Stone's Trailer Park, Blue River, Prestonsburg, 886-6186 or 886-8286.

2 B.R. MOBILE HOME: total elect. Located bewteen P'burg & Paintsville. No pets. 889-9747 or 886-9007.

2 B.R. furnished trailer, Auxier. \$300 mth. \$125 dep.+ utilities 886-8961.

650-Mobile Homes

14x76, 3 B.R., 2 B.A., Available Oct. 1st. stove, ref., A/C. Private lot, farm setting, 4 miles out of P'burg on Fitzpatrick Rd. \$350 mth + dep. Also 1 yr. lease HUD Approved. 606-886-6219 or 886-8459, or 281-538-4405.

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Notices

810-Auctions

Auction Garrett Storage Rental, Unit #16, Oct. 2, 11:00 a.m. 4 Stone Coal Road, Garrett.

650-Mobile Homes

When responding to Personal ads that have reference numbers, please indicate that entire reference number on the outside of your envelope. Reference numbers are used to help us direct your letter to the correct individual.

Looking for a woman who likes to fish, and the outdoors. Call 886-9297.

Bargain Basement

Exercise glider, \$20 Big Wheel, \$20.00 886-3086

LOST FAMILY CAT:

on North Arnold Ave. last seen at Taco Bell, orange & white, distinctive markings are 7 claws on each paw. 886-2656.

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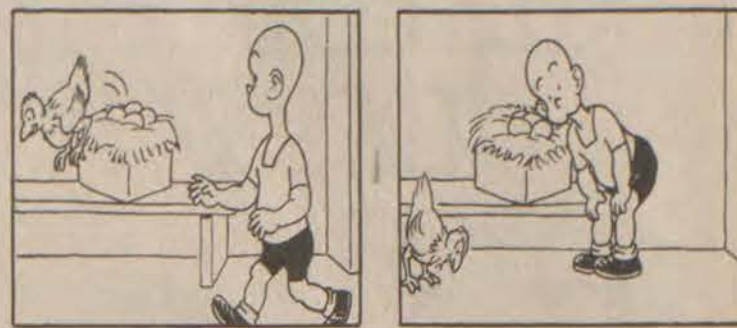
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Sunday Comics



Super Crossword SOUNDS RIGHT

- ACROSS**
- 1 Williamson of "Excalibur"
 - 6 The Brothers Urban
 - 10 transport
 - 13 Get the lead out
 - 18 Harden
 - 19 Stallion's son
 - 20 "Agnus"
 - 21 Mason's tool
 - 22 Cat-show judge?
 - 25 Puts aside
 - 26 Carpenter's item
 - 27 Cavity
 - 28 Model boat?
 - 30 Degraded
 - 33 Mongoose's enemy
 - 35 Bungle
 - 36 One of the Marches
 - 38 "If I — you . . ."
 - 39 White House grp.
 - 42 Beret kin
 - 45 Queen of mystery
 - 47 Tell it like it isn't
 - 49 Winter warmer-upper
 - 51 See 105 Down
 - 52 Sluggishly
 - 53 Dislike of a relative?
 - 56 Branch
 - 57 Swiss canton
 - 58 "— Dawn" ('73 song)
 - 60 Moving man?
 - 61 Strait-laced
 - 62 71 Across feature
 - 63 Support
 - 64 Not quite adult
 - 65 Kevin of "American Beauty"
 - 67 Renown
 - 69 Board game
 - 71 Casals' instrument
 - 72 Messenger
 - 74 "Younger — Springtime" ('49 song)
 - 75 Exceptional
 - 76 Be a buttnsky
 - 79 So be it
 - 80 Wallace of "The Princess Bride"
 - 81 Type of orange
 - 82 Bray beginning
 - 83 Lion's lair
 - 84 A different place to get married?
 - 87 Newscaster Lesley
 - 89 Mythical monster
 - 90 Danger
 - 91 UK honor
 - 92 Steven of "Exit Wounds"
 - 93 Comic Louis
 - 94 JFK info
 - 95 Literary lioness
 - 98 Edinburgh veto
 - 100 Westover or Tamblyn
 - 101 Emit
 - 103 Indiana river
 - 105 Wood-chopping mishap?
 - 111 Married Mlle.
 - 113 Identical
 - 114 Use logic
 - 115 Like a quick-fingered poker player?
 - 122 Chased rainbows?
 - 123 Competitor
 - 124 "Dies —"
 - 125 — colta
 - 126 Stratum
 - 127 TV's "Too Close — Comfort"
 - 128 Deserve
 - 129 Occurrence
 - 2 Shiba — (Japanese dog)
 - 3 Mongrel
 - 4 Rink legend
 - 5 Bowe blows
 - 6 Charge
 - 7 Reformer Lucretia
 - 8 Lilly or Mintz
 - 9 Command at a corner
 - 10 Perry White, for one
 - 11 Meyerbeer's "Huguenots"
 - 12 Lucknow lute
 - 13 Art Deco name
 - 14 Carrot or parsnip
 - 15 Crooked
 - 16 Trickle
 - 17 In addition
 - 21 "For shame!"
 - 23 "Sleeping with the —" ('91 film)
 - 24 Mediter-ranean port
 - 29 Foul
 - 30 Charm
 - 31 Aggressive-ness on Wall Street?
 - 32 Genesis figure
 - 34 Suits
 - 35 Disgusted
 - 37 Fills to the gills
 - 38 Moisten
 - 40 Letters of desperation?
 - 41 Machine part
 - 42 Kremlin tomb?
 - 43 Hawk's home
 - 44 One of the Yokurus
 - 46 "Swingin' School" singer
 - 48 Claire or Balin
 - 50 — impulse (suddenly)
 - 53 Landed
 - 54 Centipede's sensor
 - 55 Departs
 - 59 "My word!"
 - 61 Chum
 - 65 Medieval menial
 - 66 Kindly
 - 68 Pantry item
 - 69 Atlas or Aznavour
 - 70 Actress Goldie
 - 71 Java joint
 - 72 Wore
 - 73 Abrasive substance
 - 74 Bangkok native
 - 75 Poe crow
 - 77 Cover old ground
 - 78 Bellows
 - 80 Athlete's injury
 - 81 Triangular sail
 - 84 Mimic
 - 85 Word with on or off
 - 86 — degree (somewhat)
 - 88 Skater Lipinski
 - 92 Forms a dart
 - 96 Trudge
 - 97 Big ng
 - 99 Come to
 - 102 Employees
 - 104 Ms. Midler
 - 105 With 51 Across, central Asian lake
 - 106 Lucy Lawless role
 - 107 Shrewd
 - 108 Land in the ocean
 - 109 Action figure
 - 110 Greene's "The — of the Affair"
 - 112 Falco or Adams
 - 113 Injury after-effect
 - 116 Herd word
 - 117 Significant years
 - 118 Gun the engine
 - 119 Nev. neighbor
 - 120 Decorative vase
 - 121 Tended a tot

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17					
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CNKHEE BYWTROLJG
 EBYWURRPNKIGDBZ
 XVSQOMKIIGECAHP
 YWUSQSPYANLJHOU
 RSFOXABLETCAYNC
 YEWXNGOLDFINGER
 VUPAIRJOGRALESYE
 QPNMJADDMFKJOST
 HFECUVDBFZ9YXST
 VUTRQHOI POMOLI U
 KIHGEYTNELPD0KB

HOCUS-FOCUS BY HENRY BOLTIFF

Find at least six differences in details between panels.

- Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.
- 009 Buttercup
 - Goldfinger
 - Largo
 - Thumper
 - Dolly
 - Honey
 - Oddjob
 - Tiffany
 - Dr. No
 - Kissy
 - Solitaire
 - Vargas

Answers to Crossword Puzzle and Magic Maze can be found on page A2

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