

December 31, 2000

# The Times

FLOYD COUNTY

12/27/2004  
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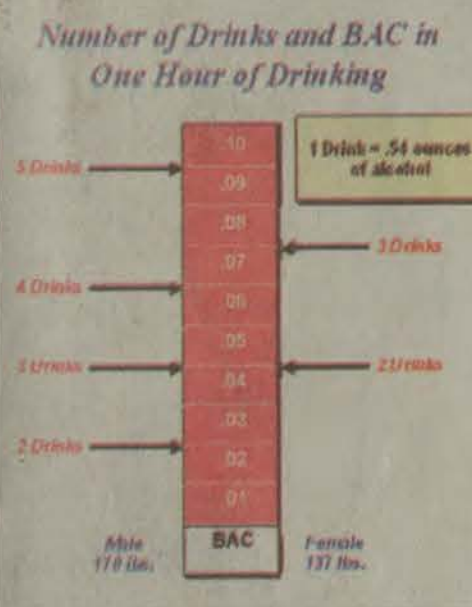
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## Briefs



## Have a happy but safe New Year's

In October, a new state law took effect lowering the blood-alcohol level in which a person is presumed intoxicated from .10 to .08. With many people indulging in alcohol during New Year's Eve, it is important to know what your limits are. The chart above shows the effects of alcohol. However, the best policy to follow is if you drink at all, don't drive.

## Two Day Forecast...

**Today**  
Sunny & cold  
High: 20 • Low: 14

**Tomorrow**  
Sunny & cold  
High: 24 • Low: 14

For up-to-the-minute forecasts, see  
[www.floydcountytimes.com/weather.htm](http://www.floydcountytimes.com/weather.htm)

# Deputy being hailed as hero

by KATHY J. PRATER  
STAFF WRITER

A young man from Dwale was saved from death in a fiery inferno late Thursday evening.

Justin E. Yeary, 22, was operating a 1986 Toyota two-door passenger vehicle at approximately 10:49 p.m. when he lost control and sent the car hurtling into a pole.

Witnesses say that the car burst

into flames almost immediately.

Arriving upon the scene within five minutes was Floyd County Sheriff's Deputy Bob Hackworth Jr.

Hackworth said that as he came upon the scene, he could see that the car was fully engulfed in flames and that he initially believed that there were no occupants within the vehicle.

As he got closer to the car, he shined a light toward it and it was

then that he could see that there was, indeed, a passenger in the vehicle.

Sheriff John K. Blackburn said that witnesses reported that bystanders were screaming — terrified that the young man would perish in the flames.

Hackworth said that he donned a pair of very thick leather gloves and approached the car and that as he approached the young man's arm and leg fell out of the car door open-

ing. Hackworth said that he closed his eyes tightly against the heat of the flames, grabbed hold of the man's limbs and managed to drag him to safety.

Hackworth said that Yeary was wearing a rather thick coat and that it had caught fire. The flames were extinguished as Hackworth dragged Yeary along the ground.

(See HERO, page two)



Hackworth

## TOP FIVE STORIES OF 2000

### Story of the Year

# Water, water everywhere ...

The story having the most impact on Floyd County in 2000 didn't involve amazing heroics or villainy, but it will have a tremendous impact on the lives of thousands of local residents for years to come.

Everywhere you looked in 2000, water was in the headlines, from a merger creating a super water district for the southern half of the county, to a Herculean effort to rehabilitate Left Beaver Creek, to an ambitious plan to bring city water to virtually everyone in the county.

In March, the Beaver-Elkhorn and Mud Creek water districts completed a merger creating the county's largest water district in terms of area.

At the time, County Judge-Executive Paul Hunt Thompson said the merger would allow the new district to be more competitive for grants and loans to extend waterlines throughout the southern half of the county, which had lagged behind northern Floyd County in the installation of new lines.

Weeks later, in April, Southern Water signed a management contract with U.S. Filter, a company which operates water and sewer systems all across the country.

During a fiscal court meeting, Rob Nicholas, a representative with U.S. Filter, echoed Thompson's earlier statements that the merger would mean more rapid growth for Southern Water and said his company would be chasing all the financial assistance it could find.

"We want to get as much grant money a possible in order to keep rates low and have quick expansion," Nicholas said.

By autumn, the county's plans for such expansion came into sharper focus, when Thompson unveiled an ambitious plan to extend water service to 95 percent of county residents within five years.

On October 25, Thompson presented his plan, which calls for spending nearly \$20 million to extend water



The Southern Water District covers the southern half of Floyd County

service to 1,749 households, mostly in the Southern Water District.

Of that amount, \$3.7 million has already been spent to add water lines in 2000. The remaining \$16 million called for in the plan has not been received, but is expected to come mostly from a variety of state and federal sources.

(See WATER, page two)

# Session means big bucks for county

Times Staff Report

Among some of the more notable events that took place in Floyd county during past year was an allocation of state monies that amounted to \$57 million, to be used to aid local arts and entertainment centers, to repair roads and to build bridges, just to name a few of the slated uses.

Of that amount, nearly \$9 million is in state general fund spending, over \$2 million is in coal-severance tax-funded projects and \$46 million is to be spent on local roads.

According to local officials, it looked for awhile as though the money would not come, as Republicans rejected a Democrat proposed budget in the House of Representatives as they battled against a tax increase.

Ultimately, however, the two sides came to agreement and adopted what the Republicans called a "tax-neutral" budget.

Of the general fund expenditures, the city of Prestonsburg was a big winner, securing more than \$5

(See LEGISLATURE, page two)

# A wild year at the ballot box

Times Staff Report

Results from local, state and national elections were big news during the past year, complete with upsets, surprises and at least one race which went into overtime.

The biggest upset of the year happened in the spring, when 20-year veteran state Sen. Benny Ray Bailey saw his political career come to an end, at least for now, when he was defeated by political newcomer Johnny Ray Turner.

Turner, a Floyd County native who enjoyed a healthy dose of popularity from his years as a basketball coach, capped off a March madness run to the Sweet 16 by his

(See ELECTION, page two)

# Kentucky West workers go on strike

The Prestonsburg Fire Department was not the only place to experience labor troubles during 2000, as Floyd County saw its second strike in as many years, this time at Kentucky West Virginia Gas Company.

Trouble began when the company announced in September that it had lost a contract with what it termed its "largest customer," Equitable Production.

To remain competitive in the wake of the loss, Kentucky West said it would seek to reduce its union workforce through voluntary separation and early retirement, with the ultimate goal of getting rid of 110 of its 140 employees represented by the Paper, Allied-Industrial, Chemical and Energy Workers Union (PACE) Local 5-512.

Union representatives quickly cried foul over Kentucky West's claims, however, noting that both Kentucky West and Equitable Production, the lost customer, are subsidiaries of the same corporation, Equitable Resources.

Union reps also pointed to record profits for Equitable Resources during the two previous quarters, calling into question the need to cut costs.

Finally, the union produced an internal memo from Kentucky West's attorney to management, calling it a blueprint for dismantling the union.

After hearing from both sides, public perception began to shift toward the workers and local leaders on both sides of the aisle followed suit. Democratic Floyd County Judge-Executive Paul Hunt Thompson blasted Kentucky West and said he would be hesitant to take any action which would be beneficial to the company in the future. Over in Pike County, Republican Judge-Executive Karen Gibson equated the company's actions with "union busting" and called for local leaders and the public to condemn the company.



Kentucky West Virginia Gas strikers set up their picket line along North Lake Drive in front of their employer's office.

When the union's contract expired October 15, strikers walked away from their jobs and to the picket line. Locally, workers set up a shanty along the roadside in front of Kentucky West's office, urging passersby to honk to show their support for the union.

Talks between the two sides took place intermittently, with one flare-up leading the company to file a lawsuit in U.S. District Court in Pikeville, accusing strikers of sabotaging company equipment and seeking an injunction to stop further acts of vandalism. U.S. District Judge Joseph Hood ruled against the company, however.

In December, the two sides reached a breakthrough which ultimately ended the strike.

Under terms of the agreement, 90 workers will be guar-

(See STRIKE, page two)

# Firefighters feud with city council

Times Staff Report

In viewing the events of the past year with a focus directed toward those which had the greatest impact on our community, the dispute between the city's firefighters and council members stands out in terms of sparking perhaps the most general unrest among city residents.

Allegations have been made to the effect that for several months, and most probably, for some years, there has existed within the city's fire department a problem of low morale. City officials say that fire department personnel have long been disgruntled in regard to city monies that have been spent on cosmetic improvements, such as land-

(See FIREFIGHTERS, page two)

# W'wright commissioners give employees job security

by KATHY J. PRATER  
STAFF WRITER

In one of their final acts as members of the Wheelwright City Commission, approval was given to an ordinance that provides increased job security for the city's employees.

Ordinance No. 2000-05 ensures that longtime city and utility employees will have the benefit of the security of permanent employment in a non-partisan atmosphere.

The terms of the ordinance are set out as follows:

"That all city and utility commission employees that have been satisfactorily employed for a period of five (5) years or more, shall be declared Merit System

Employees. This declaration to be retroactive to December 1, 2000.

"By becoming a merit system employee, any benefits already in place shall not be changed or replaced in any form. Additionally, all wages paid each employee shall be no less than his/her present rate nor shall any reduction in classification take place.

"All future city and utility employees shall become merit system employees upon the completion of five (5) years satisfactory employment.

"Employees of the Wheelwright City and Utility Commissions may not lose their jobs for any reasons other than cause. This includes but is not limited to: Disregard of rules and regulations, failure to obey supervisor's

orders or the abuse of benefits."

Wheelwright Mayor David Sammons said he "loves" the ordinance and feels city employees will find greater job satisfaction with the added protection of job security. The mayor also adds that it has been rumored that certain newly-elected commission members may try to abolish the ordinance.

When asked why they would want to do that, the mayor only answered, "For personal reasons."

Mayor Sammons vows to stand behind the ordinance and to support it in every way.

On January 5, at 11 a.m., the first meeting of the Wheelwright City Commission with its new members is scheduled to convene.



# Firefighter

scaping and the erection of the "City Bridge" sign located at the entrance to the Wal-Mart shopping center.

In addition to those grievances, firefighters have said off the record that they feel it is demeaning to the positions they hold to perform such duties

as hosing off the bleachers at the high school or spraying debris away from city streets. Certain firefighters have also expressed an opinion that they serve long hours and in return receive minimal pay.

The contention between the two

# Legislature

million.

Of the \$5 million, \$3 million was allocated to the city's mountain development project. The money is to be used to finish the Stonecrest golf course as well as streets and sidewalks within an adjacent residential section.

\$2 million was received by the Mountain Arts Center to pay off the facility's bonds, as well as increased appropriations of \$165,000 a year for operating expenses over the next two years.

In addition to these funds, the center received a state allocation of \$88,000 a year, bringing total state assistance to the center to over a quarter of a million dollars a year. These monies brought financial security to the arts center.

The city of Martin also received an allocation of \$2 million to be used to create and maintain a community center in Martin. The center will provide recreational opportunities for area youth and will also be used to operate a Drug Abuse Resistance Education program in county schools.

The East Kentucky Center for Science, Mathematics & Technology received \$1 million to be used toward the construction of a science center and planetarium on the Prestonsburg Community College campus.

\$500,000 was allocated for the construction of a new boat ramp at Dewey Lake; and an additional \$50,000 will be used to construct a "wave reduction barrier."

The newly restored historic Samuel May House was granted \$50,000 for enhancements.

The General Assembly also approved several projects to be funded by the county's share of the coal severance tax.

The money came from a fund normally reserved for road and economic development projects approved by the Department for Local Government. This time, though, the legislature made a one-time exception in order to fund assorted projects.

The largest of these projects is a \$1 million waterline extension project.

Other projects funded by the coal-severance tax included:

- \$300,000 for flood control projects; of this amount McDowell received \$200,000, Martin received \$60,000, and Sugar Loaf received \$40,000.
- \$200,000 to the fiscal court to purchase land for an industrial site.
- \$150,000 for parks and recreation, with \$50,000 to be used to

renovate the Wheelwright gym.

- \$100,000 for renovations to the old Floyd County Courthouse.
- \$100,000 each for renovations to the football fields at Betsy Layne and Allen Central high schools.
- \$50,000 to help pay for restoration of the Garth landfill.
- \$25,000 for renovations to the John M. Stumbo School Community Park.
- \$25,000 for equipment for the Wayland Community Center.
- \$25,000 for equipment for the David School.

As for the road expenditures, more than a third of the \$46 million has been budgeted toward a new Route 680 corridor from Minnie to Harold.

\$17.8 million will be spent on the new road, including \$1.2 million for design, \$14.8 million for property acquisition and \$2.8 million to move utility lines.

Other road projects include:

- \$6.5 million was allocated to remove a deadly stretch of road along Route 122 at Meade Hill, \$600,000 to move utility lines during the past fiscal year, and \$5.85 million for construction in the upcoming year.
- \$9.5 million to build a new access road from Jenny Wiley State Resort Park to the city's mountain-top development project, to begin in 2001.
- \$2.5 million to replace the Town Branch Bridge.
- \$250,000 to correct a rockfall hazard along Route 80. Of this amount, \$200,000 will be spent on property acquisition and \$50,000 spent on moving utility lines.
- \$2.3 million to replace the Twin Bridges in Martin.
- \$2 million to widen Route 1428 from the Levisa Fork Bridge to Prestonsburg High School.
- \$1.5 million to reconstruct Maggie Mountain Road from Lake Road to U.S. 23.
- \$1 million to replace the Midas Bridge.
- \$600,000 toward construction of an acceleration lane at the intersection of U.S. 23 and Route 80, including \$400,000 on property acquisition and \$200,000 to move utility lines.
- \$550,000 to replace a bridge on Granny Fitz Road.
- \$360,000 to replace a bridge along Route 1265, with \$60,000 for property acquisition and \$200,000 for moving utility lines.
- \$11,000 to design a replacement for the Bosco Bridge.

factions came to a head in late October when the Prestonsburg Professional Firefighters Union Local #3298 placed an advertisement in The Floyd County Times endorsing their choice of candidates for election to the city council. None of the four candidates endorsed were incumbent members of the council.

The advertisement made allegations to the effect that the current city council administration exhibited wasteful habits and focused its attentions on "pet projects" rather than the safety and well-being of city residents.

The ad directed readers to an internet website that would offer them further information and details concerning the allegations.

Posted upon the website were photographs that displayed fire department equipment in seemingly ill repair and outdated.

Also posted were instructions to click on the symbol "GGG." After doing so, the words "Gorman Gotta Go" were prominently displayed in reference to council member Gorman Collins Jr.

Following on the heels of this public endorsement and criticism, a special-called meeting of the city's personnel committee was held. During the meeting the council took several steps members said would hopefully be a step toward making improvements within the department.

Among the decisions were a plan to implement a changeover from a "24-hour on and 48-hour off" work sched-

ule to an eight-hour schedule with shift supervisors in order to insure more time would be available to address equipment repairs and to promote improved safety standards by the elimination of over-tired personnel.

Also a decision followed soon after providing for the elimination of the city's ambulance service. Due to the shutdown of the service, three firefighter positions were eliminated and Kenny Crisp, William Callihan and Michael Mays were laid off from the department. All were senior members who could claim years of service to the department.

The city supported its action, saying the operation of the ambulance service had not proven to be a financially sound investment for the city and that to continue to operate the service at a loss of thousands of dollars annually was not a positive move for the city.

The actions prompted a response from the president of the Kentucky Professional Firefighters Union, Bruce Roberts, who expressed concerns in relation to the motives of the city officials, who he said were "retaliating" against the firefighters for the endorsement ad that was placed by the union. He also stated that if he came to feel that the need existed, he would "move forward" with legal action against the city.

In the weeks that followed, many city residents became concerned about the situation at the fire station, especially so in regard to the loss of the ambulance service. Older citizens of the

community, especially, were fearful of the ramifications of this action.

Later, a decision was made to sell the city ambulance unit to D&L Services, operating as Respond Ambulance Services, for \$35,000. In addition, the city will also receive \$1,000 per month for the exclusive right to transfer all calls for ambulance service requests in the city to Respond.

In an attempt to quell the fears of the city's residents, Mayor Fannin said that he and the council had made sure that the city had adequate coverage for any type of emergency situation. He also said that in addition to responses from private services, the city would also send an emergency unit to accident scenes.

Fannin said that two of the city's smaller fire trucks had been equipped with emergency medical supplies and that personnel who arrived on the scene of an accident in the unit would be able to perform all the necessary life-saving techniques of an advanced life support ambulance service. The only thing they would not be able to do would be to transport the victim to the hospital.

Adding to the already controversial situation, the city council passed an ordinance providing for the merger of the city fire and police departments into one public safety department.

With the merger, current fire and police officers will be cross-trained to perform the duties of both jobs. Police officers will be trained in firefighting skills on site, but it will be necessary for firefighters to travel to attend a state

school in order to complete the training necessary for them to become police officers.

Police training is very physical in nature and to assist the firefighters in their conditioning and preparation for the training, the city has acquired exercise equipment that they have set up in the fire department building for the use of the firefighters. They also have made arrangements for the firefighters to attend a local fitness club free of charge.

Holding true to his word, Roberts very recently assisted the local firefighters union in filing a federal lawsuit against the city, its mayor and city council, and their fire chief.

The 36-page, seven-count complaint alleges that the city violated the firefighters' rights of free speech and free assembly, as well as broke the terms of a legal settlement from an earlier dispute.

As relief, the firefighters are seeking the restoration of Crisp, Callihan and Mays to their original positions within the department, along with the receipt of back pay and expunged employment records.

Additionally, the remaining firefighters are seeking an injunction preventing the city from infringing upon their constitutional rights, back pay, compensatory damages, punitive damages against each of the individual defendants, and attorneys' fees.

As of this date, no public statement from the city in regard to the lawsuit has been issued.

Continued from p1

Continued from p1

# Election

Johnson Central High School Golden Eagles with a victory in the 29th District state Senate race in May, but he had to come from behind to do it.

Early on election night, Turner fell behind to Bailey by losing two of the district's counties — Knott and Breathitt — and only barely carrying Johnson County, where his basketball success would have appeared to have given him an edge.

But the outcome of the race remained in doubt until late in the night, when Floyd County's results started coming in.

In the end, Floyd County pushed Turner over the top, giving him 1,776-vote edge locally and propelling him to a win over Bailey by fewer than 500 votes.

The primary election also proved kind to another political newcomer named Turner, as former Assistant Commonwealth's Attorney Brent Turner won the right to replace his former boss in the Commonwealth's Attorney's Office.

But getting there proved to be a highly contentious and expensive affair, as Turner faced a fierce springtime battle against former Commonwealth's Attorney Jerry Patton, who was seeking to return to his old job.

The advertising war between Turner and Patton proved to be ferocious, with Patton ulti-

mately coming under attack on the eve of the election in the form of a lawsuit filed by school board chairman Terry Dotson, who claimed to have been defamed in a Patton ad linking him to Turner.

Turner, however, may have scored the knockout punch by printing a tabloid calling into question Patton's record in office and publishing every case and its result during that previous stint.

Turner also enjoyed a healthy financial lead over his opponent, outspending Patton by nearly fivefold, \$203,498 to \$40,990.

In both campaigns, each candidate largely spent his own money, with Turner spending \$195,000 to Patton's \$37,250.

In the days preceding the election, with no polls to rely on, many locals watching the race felt it would be a close one. In the end, however, Turner's spending and aggressive campaign style may have been overkill, as he went on to trounce Patton by a 2-to-1 margin, 7,141 to 3,397.

Turner was to take office in January, but he got a sneak preview when former Commonwealth's Attorney John Earl Hunt resigned July 14 to accept an appointment from Gov. Paul Patton to be an administrative law judge.

Following May's hectic primary, the fall race was expected to be a sleeper, with city and school

board seats the only local races on the ballot.

But Floyd County and the rest of the nation were caught by surprise when a presidential race that was expected to be close proved too close to call for 36 days.

Newsrooms around the world were caught by surprise by the developments, and the office of The Floyd County Times was no exception.

Normally accustomed to wrapping up around midnight during any other election, Times staffers instead burned the midnight oil, waiting along with the rest of the country for a result to be called.

Finally, at 2:20 a.m., most major news networks declared Republican George W. Bush to be the winner, and Times staff members rushed to put the final touches on their election coverage, including a banner headline reading "Bush is new president" across the top of the page.

An hour later, all of that work proved for naught, as the front page had to be scrapped and stories rewritten when the race tightened yet again. "Bush — new president?" replaced the previous headline declaring him the winner, as the Texas governor still held on to a slim lead over Vice President Al Gore when the paper went to press at 5 a.m.

# Health tips for winter weather: preventive action is best

The freezing temperatures that have brought snow and ice to many Kentucky communities this month serve as a reminder that it's a good time to prepare for winter.

Exposure to cold temperatures can cause life-threatening health problems. Babies and the elderly are especially at risk, but anyone can be affected by cold weather.

Here are some suggestions from the National Center for Environmental Health, part of the Centers for Disease Control and

Prevention:  
**Plan Ahead — Emergency Supplies**

Prepare your home and car for winter. Keep food, a first aid kit, water, a battery-powered radio, flashlight, blankets and other necessities in case you lose power. Similar items should be kept in your car, along with maps, tool kit, booster cables, windshield scraper and other items.

Have your car's radiator serviced, replace windshield wiper

fluid and replace any worn tires.

**Dress Warm and Stay Dry**

Adults and children should wear: a hat, a scarf or knit mask to cover face and mouth, sleeves that are snug at the wrist, mittens, water-resistant coat and shoes, several layers of loose-fitting clothing.

Stay dry — wet clothing chills the body rapidly. Excess perspiration also will increase heat loss, so remove extra layers of clothing whenever you feel too warm. Shivering is a first sign that the body is losing heat.

**Avoid Exertion**

Cold weather puts an extra strain on the heart. If you have heart disease or high blood pressure, follow your doctor's advice about shoveling snow or per-

forming other hard work in the cold. Otherwise, if you have to do heavy outdoor chores, dress warmly and work slowly. Remember, your body is already working hard just to stay warm, so don't overdo it.

**Be Cautious About Travel**

- Listen for radio or television reports of travel advisories.
- Avoid traveling on ice-covered roads if at all possible.
- If you must travel by car, use tire chains.
- If you must travel, let someone know your destination and when you expect to arrive.
- Check and restock the winter emergency supplies in your car before you leave.
- Never pour water on your

(See TIPS, page eight)

# Hero

Yeary sustained burns and injuries to his hands, right leg and arm.

Deputy Hackworth suffered a minor burn to his face caused by his close proximity to the fire.

Yeary was transported to Highlands Regional Medical Center by Respond Ambulance Service.


Also arriving on the scene were Sheriff John K. Blackburn, Deputy Lance Hall, Deputy Greg Clark and the Allen Fire Department.

Hackworth had little to say about his involvement in the incident, appearing quite humble about the rescue.

Sheriff Blackburn, on the other hand, offered high praise for his action and said that he "highly commended" Hackworth for his heroic actions.

Blackburn also noted that the Allen Fire Department did an excellent job of extinguishing the burning car.


Continued from p1



**Goodness Sakes Alive!**  
**Don Bays is 65!**  
*with love, your daughter*

**Swearing-In Ceremony of Martin's Mayor and Council Members**  
Please join us for the swearing-in ceremony of Mayor Thomasine Robinson and Council Members Joe E Howard, Charles Justice, Eulene Ratliff, Mike Robinson, Bruce Salisbury and Mahendra Varia on January 2, 2001 at 6:00p.m. at the Martin Senior Citizens Center. Refreshments will be served immediately following the ceremony. The City of Martin wishes everyone a Happy New Year.

**Trading Post Homes of Pikeville, Ky.**  
*Proudly announces that*  
**J.R. Kidd has been promoted to General Manager**  
J.R. wants to invite all his friends and their friends to come in for a good deal on a mobile home.



**And remember, Trading Post Homes has been family operated since 1946. WE ARE HERE TO STAY!**

*Happy Holidays from all the staff at Trading Post Homes!*  
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# Water

While the future of the five-year plan remains in doubt, Thompson said at the time he unveiled his plan that he expects funding agencies to look favorably on Floyd County's planning efforts and reward it accordingly.

"Hopefully, they'll feel like since we've done this much work, we deserve a little consideration," Thompson said.

In addition to future waterline extensions, a return to the past was in store for one highly visible waterway during 2000.

In April, U.S. Rep. Hal Rogers, during a visit to McDowell

Elementary, announced that the county would receive a \$1.5 million PRIDE grant for the cleanup and rehabilitation of Left Beaver Creek.

Under the terms of the grant, Left Beaver and a host of its tributaries were slated for trash and debris removal, as well as the removal of trash-grabbing brush along banks of the waterways.

That project got underway in the fall, and much of the work on Left Beaver's tributaries was completed by December. Contractors then turned their attention to Left Beaver itself and the project is continuing.

# Strike

anteed jobs after June, with the rest receiving early retirement incentives which include a lump-sum cash payment, health insurance, and money for education and relocation.

But even with the strike over, ramifications are still being felt. Last week, Hubert Halbert, a Southern Water District commis-

sioner who was among the striking workers, was charged with wanton endangerment for allegedly pointing a gun at a security guard during the work stoppage. Halbert maintains that the security guard failed to stop after being told he was entering a union area and that at the time he feared for his safety.

The case is expected to be heard

Continued from p1



Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

—First Amendment of the U.S. Constitution—

# Viewpoint

## QUOTE OF THE DAY...

Most (batting) slumps are like the common cold. They last two weeks no matter what you do.  
—Padres catcher Terry Kennedy

Sunday, December 31, 2000 A3

## Editorial

### Make kids count

It's New Year's Eve and, of course, many of us have been considering what resolutions to set for 2001.

Many have undoubtedly chosen weight loss as a goal, and hopefully many have also decided to concentrate on quitting smoking or drinking.

Those are all fine, but if you're finding yourself short a resolution this year, we have one to suggest. In fact, even if you've already set your goal for the next year, you might want to add this one to your list.

Let's make our community a better place for our children.

Undoubtedly, many, if not most, of us already believe Floyd County is a great place to raise our kids. That's probably why many of us have remained here, rather than heading somewhere else where jobs are more plentiful and better paying.

And, in many respects, Floyd County is a wonderful place for our families. A strong moral character knits through our community and we are not saddled with urban problems such as crime and pollution.

But we can do better, and a report released by the Kentucky KIDS COUNT Consortium is a good blueprint for showing us where to focus our energies.

County rankings show some bright spots in Eastern Kentucky. Our neighbor to the north, Johnson County, for example, ranked 40th of the state's 120 counties.

Meanwhile, at the other end of US 23, Pike County fared even better, coming in at 23rd.

Sandwiched in between is Floyd County. Guess where we ranked? If you've kept up with school test scores over the past year, the trend should be a familiar one by now.

Floyd County came in at number 97.

Is Floyd County really so much different from Johnson and Pike? Can we really be an island of despair, bordered by prosperity but somehow immune to it?

We don't think it has to be that way, but we have work to do.

Statistics from the report show Floyd County sliding in several areas, particularly in the area of education.

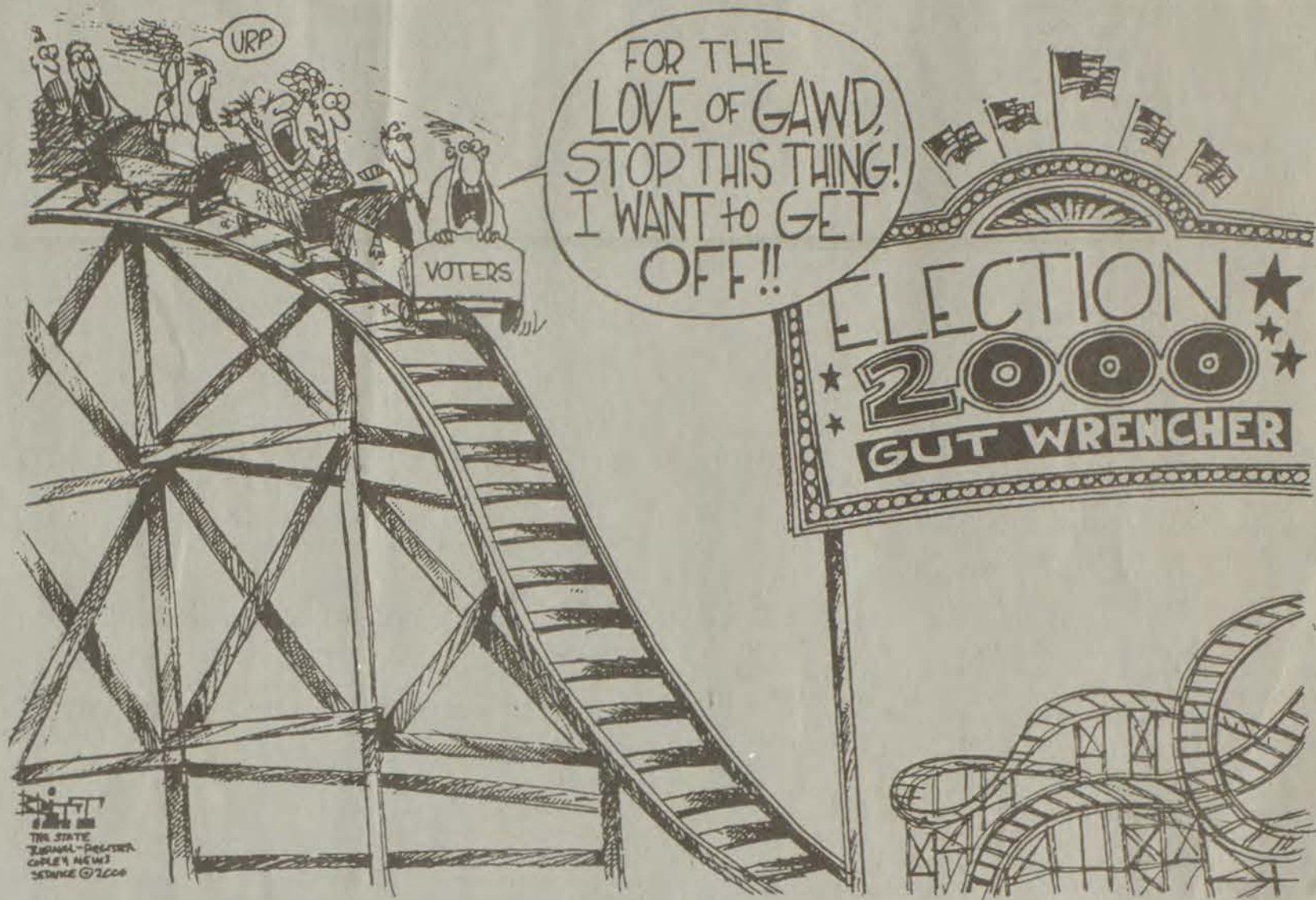
Average student attendance fell by 2 percent from 1993 to 1999, while the number of students held back a grade grew 250 percent during the same time period.

Sixth-grade reading skills remained virtually unchanged from 1997 to 1999, but were poor enough to rank 103rd in the state. At the same time, math skills actually declined, ranking Floyd County fifth from the bottom.

The number of high school dropouts increased slightly from 1993 to 1999, but that news is even worse when you consider that the number of students enrolled in school has fallen during that time. Meanwhile, the rate of those who earned their high school diplomas but neither found a job nor continued their educations nearly doubled.

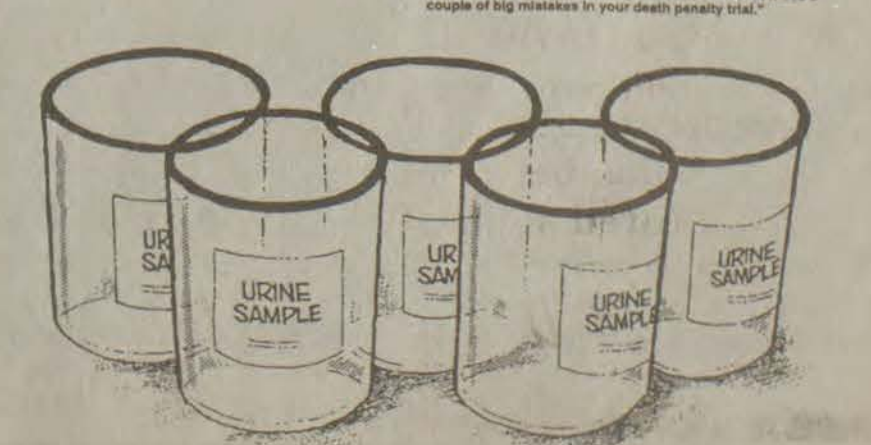
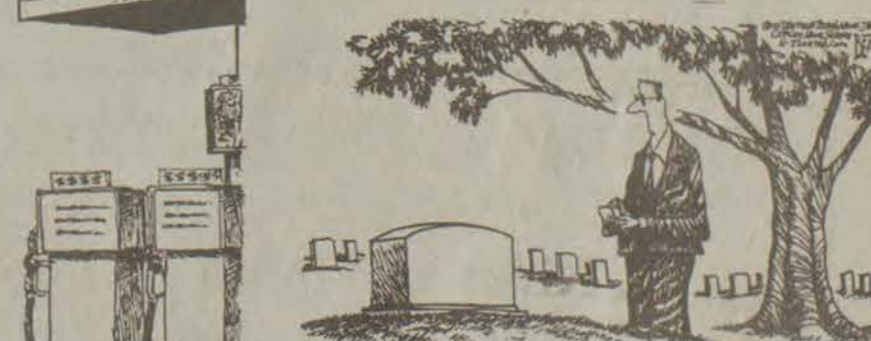
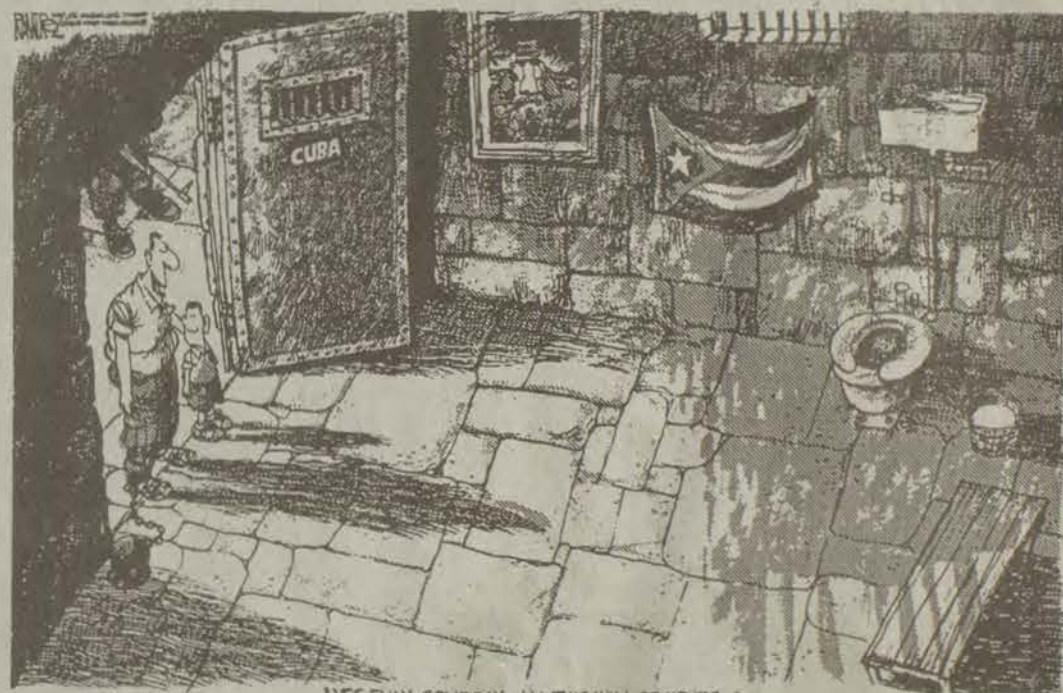
And our children's troubles are not limited to school. Over the past decade, the rate of babies born to unmarried mothers nearly doubled and the rate of low-birth-weight

(See KIDS, page seven)



# A L O O K B A C K

The year began with the biggest bang seen in a thousand years, and it only grew wilder and woolier as the days ticked by. From a 6-year-old boy who tore a country apart, to a presidential race which wouldn't die, the past year has certainly given us plenty to remember. As we say goodbye to 2000, we take a look back at the events which shaped our lives, as seen through the eyes of the cartoonist.



## The Floyd County Times

Published Wednesday, Friday and Sunday each week

cnhi

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# MARSHALL UNIVERSITY'S SOUTHERN MOUNTAIN CENTER

## Spring 2001 Schedule and Registration Times

Registration for Spring 2001 Classes Will Be  
From 10:00 a.m. until Noon and 1:00 p.m. until 3:00 p.m.

Wednesday, January 3, 2001 in Gilbert

At the Larry Joe Harless Community Center

Thursday, January 4, 2001 in Logan

At Southern West Virginia Community and Technical College

Friday, January 5, 2001 in Williamson

At Southern West Virginia Community and Technical College

## We Are.....Marshall



For More Information Contact:  
Dr. Donna L. Burgraff

Phone: 304/792-7098 ext. 303  
Email: burgraff@marshall.edu

*Classes  
Start  
January 8th*

### SOUTHERN MOUNTAIN CENTER Spring 2001 COURSES

CRN	CRS	NUM	SEC	HRS	CRS TITLE	LOCATION	TIME	ROOM
<b>MONDAY</b>								
1059	ACC	313	202	3	Intermediate Accounting III	Logan	4:00-6:20	Room 243
1060	ACC	313	203	3	Intermediate Accounting III	Williamson	4:00-6:20	Room 321
2096	ECN	501	203	3	Economic Analysis	Gilbert	6:50-9:10	DLC
4160	SWK	582	201	3	Family Victimology	Williamson	6:00-9:00	Conf. Rm.
<b>TUESDAY</b>								
1063	ACC	318	202	3	Cost Accounting	Logan	6:50-9:10	Room 243
1064	ACC	318	203	3	Cost Accounting	Williamson	6:50-9:10	Room 321
1085	ACC	510	203	3	Financial Accounting	Gilbert	6:50-9:10	DLC
3606	NUR	409	202	3	Nursing Research	Logan	4:00-6:20	Room 243
<b>WEDNESDAY</b>								
1072	ACC	429	202	3	Auditing I	Logan	4:00-6:20	Room 243
1073	ACC	429	203	3	Auditing I	Williamson	4:00-6:20	Room 321
2043	CULS	620	202	3	Men, Women, & Cultural Change	Gilbert	6:50-9:10	DLC
2044	CULS	620	203	3	Men, Women, & Cultural Change	Logan	6:50-9:10	Room 243
2046	CULS	620	205	3	Men, Women, & Cultural Change	Williamson	6:50-9:10	Room 321
4227	LS	730	202	3	Educational Facilities Planning	Logan	6:00-9:00	Conf. Rm.



**THURSDAY**

1076	ACC	441	202	3	Accounting Information Systems	Logan	4:00-6:20	Room 243
1077	ACC	441	203	3	Accounting Information Systems	Williamson	4:00-6:20	Room 321
1643	CI	662	202	3	Instructional Char. Of Autism	Will., & Gilb.	4:00-7:00	Conf, DLC
1703	CISP	535	202	3	Spec. Education-Curr. & Methods	Will., & Gilb.	6:00-9:00	Conf, DLC
	CMM	441		3	Develp. & Appreciation of Film Since 1930	Williamson	6:00-9:00	Room 227

**SATURDAY**

1660	CIRG	621	202	3	Curriculum Issues & Prob. Reading	Logan	9:00-3:00	Room 122
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(WEB CT Course--Visit [www.marshall.edu/supersaturday](http://www.marshall.edu/supersaturday) before registering)

**Additional Undergraduate Courses**

1203	ATE	495	201	3	Hist Dev in Workforce Prep	Statewide	TBA	
3618	NUR	422	207	5	Role Synthesis Practicum	Logan	TBA	

**Additional Graduate Courses**

1207	ATE	549	201	3	Occup Analysis Instruc Design	Statewide	TBA	
1210	ATE	570	201	3	Practicum	Statewide	TBA	
1214	ATE	595	201	3	Hist. Dev. In Workforce Prep.	Statewide	TBA	
1215	ATE	605	201	3	Foundations Bus & Mkt Education	Statewide	TBA	
1217	ATE	609	202	3	Devlp Local Training Plans B/I	Statewide	TBA	
1218	ATE	618	201	3	Literature Adult Continuing Ed	Statewide	TBA	
1219	ATE	637	201	3	Indv Computer Prog App	Statewide	TBA	
1220	ATE	653	201	3	Develop Management Curriculum	Statewide	TBA	

**HEITV TELECOURSES ON PUBLIC TELEVISION**

(Class Meetings are in Huntington)

2075	ECN	250	207	3	Principles of Micro Economics (Meets 1/20, 2/17, 3/17, 4/14)		Airs: Wed. 5:00-6:00 a.m.	
2551	HST	280	201	3	Sp. Tp.: People's Century II (Meets 1/8, TBA)		Airs: Fri. 5:00-6:00 a.m.	
3074	MTH	130	205	3	College Algebra (Meets 1/13, 2/10, 3/3, 3/31, 4/28)		Airs: Sun. 6:00-7:00 a.m.	
4093	SOC	497	201	3	Growing Old in a New Age (Meets 2/12, 3/12, 4/12, 4/23)		Airs: Tues. 5:00-6:00 a.m.	
4094	SOC	498	201	3	Death: A Personal Understanding (Meets 1/13, 2/17, 3/31, 4/28)		Airs: Sat. 5:00-6:00 a.m.	
4101	SOC	597	201	3	Growing Old in a New Age (Meets 2/12, 3/12, 4/12, 4/23)		Airs: Tues. 5:00-6:00 a.m.	
4102	SOC	598	201	3	Death: A Personal Understanding (Meets 1/13, 2/17, 3/31, 4/28)		Airs: Sat. 5:00-6:00 a.m.	

**Internet Courses**

1093	AH	151E	201	3	Medical Terminology			
1094	AH	151E	202	3	Medical Terminology			
1399	BUS	102E	201	3	Basic Economics			
1482	CHM	203E	201	3	General Chemistry I			
1878	COM	094E	201	3	Developmental Communications			
1890	COM	095E	201	3	Developmental Writing			
1894	COM	111E	201	3	Communications I			
1901	COM	112E	201	3	Communications II			
1904	COM	221E	201	3	Business Corres/Rpt. Write			
1908	COM	231E	201	3	Tech Report Writing			
2035	CSD	101E	201	3	Computers & Data Processing			
2528	HST	103E	201	3	Twentieth Century World		(International)	
2554	HST	342E	201	3	American Legal History			
2702	IT	107E	201	3	Internet Fundamentals			
2872	MAT	096E	201	4	Developmental Mathematics			
2893	MAT	097E	201	3	Developmental Algebra			
2895	MAT	098E	201	3	Developmental Geometry			
2897	MAT	115E	201	3	Business Mathematics I			
2899	MAT	116E	201	3	Business Mathematics II			
2903	MAT	145E	201	3	Technical Mathematics I			
2905	MAT	146E	201	3	Technical Mathematics II			
2907	MAT	150E	201	3	Applied Professional Math			
2923	MGT	320E	201	3	Principles of Management			
2984	MKT	340E	201	3	Principles of Marketing			
3895	PSY	201E	201	3	General Psychology			
4020	REA	138E	201	3	Academic Skills Review			
4035	SCI	101E	201	3	Unified Principles of Biology			

**WEBCT COURSES**

(Before registering students must visit <http://www.marshall.edu/supersaturday>)

1624	CI	515	202	3	Int. Meth & Mat: Sec. Ed			
1629	CI	580	201	3	Sp. Tp.: Diversity through Childrn Lit			
1641	CI	659	201	3	Symposium Elem/Sec Ed I			
1645	CI	675	201	3	Curriculum Theory			
1646	CI	680	201	3	Symposium Elem/Sec Ed II			
1647	CI	680	202	3	Symposium Elem/Sec Ed II			
1648	CI	680	203	3	Symposium Elem/Sec Ed II			
1672	CISE	574	201	3	Integrated Science for Elem. School			
1705	CISP	535	204	3	Gen. Spec. Ed. Programming			
1956	COUN	601	202	2	Counsel. Consulting Roles			
1957	COUN	601	203	2	Counsel. Consulting Roles			
1959	COUN	602	202	3	Human Devel. And Adjustment			
1960	COUN	602	203	3	Human Devel. And Adjustment			
1963	COUN	603	203	3	Counseling Theories			
1969	COUN	606	203	3	Career & Lifestyle Development			
1993	COUN	670	201	3	Interv. Current Issues School			
1995	COUN	672	202	3	Org. & Admin. Of Sch. Coun Prog.			
2122	EDF	502	201	3	Psy. Mid. Childhood Student			
2127	EDF	537	202	0	MAT Level I Clinical Experience			
2135	EDF	616	205	3	Adv Studies Human Develop			
2136	EDF	616	206	3	Adv Studies Human Develop			
2140	EDF	619	203	3	Educational Psychology			
2144	EDF	621	205	3	Educ. Research & Writing			
2145	EDF	621	205	3	Educ. Research & Writing			
2146	EDF	621	206	3	Educ. Research & Writing			
2147	EDF	621	207	3	Educ. Research & Writing			
2153	EDF	637	205	0	MAT Level II Clinical Experience			
2828	LITS	580	201	3	Literature for Teachers			
2829	LITS	600	201	3	Contemporary Irish Fiction			
2858	LS	506	201	3	Plan Res. & Eval for School Leadership			
2834	LS	506	202	3	Plan Res. & Eval for School Leadership			
2835	LS	510	201	3	The Principalship			
2836	LS	510	202	3	The Principalship			
2837	LS	520	201	3	Admin. Elem. Mdle. & Sec. Schools			
2839	LS	530	201	3	Human Relations			
2840	LS	530	203	3	Human Relations			
2841	LS	600	201	3	School Personnel Administration			
2842	LS	600	202	3	School Personnel Administration			
2846	LS	675	201	3	Legal and Policy Issues			
2847	LS	675	202	3	Legal and Policy Issues			
2850	LS	710	201	3	Principles of Leadership			
2851	LS	714	201	3	Higher Education Administration			
3994	PSY	674	202	3	Biological Bases of Behavior			
4144	SPSY	616	201	3	Advanced Dev. Psychology			





# Court News

## MARRIAGES

Doris Marie Hall, 17, Minnie to Steven Matthew Hutson, 17, Scornsville, Tenn.  
 Teresa Lynn Burchett, 29, Prestonsburg to James Edward Clay, 40, Dwale.  
 Danyell Anna Lee Penix, 19, to James Allen Prater, 22, both of Georgetown.  
 Lita Kim Ray, 40, Stanville to Gregory A. Nichols, 48, Martin.  
 Mary Elizabeth Dorgan Johnson, 21, to Robbie Dean Wright, 28, both of Wheelwright.  
 Amie Beth Ousley, 21,

Prestonsburg to Bryan Kevin Johnson, 21, Dema.  
 Keeshia Lynn Stone, 21, to Jason Allen Hall, 19, both of Banner.

## LAWSUITS

Kimble, Janette vs. Kimble, Virgil

## CHARGES FILED

William Thomas Johnson, 26, Prestonsburg, fourth-degree assault.  
 Gary Layne Hale, age unlisted, Martin, two counts of fourth-degree assault.  
 Donald Gene Rose, 26, Martin, alcohol intoxication.  
 B.J. Wood, 20, Hi Hat, public intoxication, disorderly conduct.  
 Jason Aaron Tackett, 20, Stanville, alcohol intoxication.  
 Janel L. Wood, 19, Hager Hill, disorderly conduct.  
 Delmar P. Baldrige, 43, Prestonsburg, alcohol intoxication.  
 Sterling J. Hamilton, 18, Prestonsburg, possession of marijuana, public intoxication.  
 Juanita Stump Owens, 25, Garrett, endangering welfare of a minor.  
 Brian Edward Lafferty, 24, Dwale, third-degree escape, giving false name/address, alcohol intoxication.  
 Teddy B. Tackett, 50, Teaberry, alcohol intoxication, disorderly conduct.  
 Georgie Martin, 24, Prestonsburg, fourth-degree assault.  
 Jason Branham, 21, Minnie, terrorist threatening.  
 Keith S. Barnett, 27, West Prestonsburg, fourth-degree assault, disorderly conduct.  
 Darin Blackburn, 27, Pikeville, harassing communications, terrorist threatening.  
 Stephanie Tackett, age unlisted, Teaberry, harassing communications.  
 Delmas Hall, age unlisted, Estill, fourth-degree assault.

Jimmy Carroll, age unlisted, Martin, indecent exposure, two counts of fourth-degree assault.  
 Michelle Carroll, age unlisted, Estill, terrorist threatening.  
 Satchel Paige, 34, McDowell, alcohol intoxication.  
 Bobby Darrell Dye, 35, Topmost, fugitive/governor's warrant.  
 Chadwick Conn, age unlisted, Grethel, auto theft by unlawful taking.

## BANKRUPTCIES

### Pikeville District

#### Chapter 7

*Under Chapter 7 bankruptcy, a court-appointed trustee sells assets and the debtor is discharged of debts.*

Jimmy Adkins Jr., Elkhorn City.  
 Melissa Breeding, Garner.  
 Martha Mae Combs, Hazard.  
 Brenda King, Pikeville.  
 Homer Mills Jr., Inez.  
 Janice Wright, Sitka.  
 Bobby J. Hylton, Gunlock.  
 Janice Risner and Willie Risner, Salyersville.  
 Hattie Castle, Paintsville.  
 Teddy Ray Brown, Whitesburg.  
 Ronnie Bentley, Jenkins.  
 Robert D. Standidur, Stanville.

#### Chapter 13

*Under Chapter 13 bankruptcy, the debtor arranges to repay debt.*

David Tuttle and Karin Tuttle, McDowell.

## INSPECTIONS

Conley's Motel, Allen, regular inspection. Violations noted: Restroom ceiling has discoloration in room 14, lighting is low in rooms 2 and 4 — exhibiting approximately 32 foot-candles and should be 50 foot-candles in front of vanity mirror, light is out over restroom sink in room 16. Score: 96.

Conley's Restaurant, Allen, regular inspection. Violations noted: Restroom has no soap at sink, waste basket does not have cover. Score: 98.

Allen Happy Mart, Allen, regular inspection. Violations noted: No hair restraints being worn during food preparation, metal storage shelves in walk-in cooler are dusty, soft drink trays in reach-in portion of walk-in cooler are soiled, partition between sink and urinal in men's restroom is rusted, metal door behind women's commode is rusted and full of cobwebs, outside dumpster not provided with lids or drain plug, wet mop head stored on floor beside mop sink. Score: Food service-93, Retail-94.

Country Roads Cafe, Harold, regular inspection. Violations noted: Not all refrigeration or freezer units have thermometers, onions stored on the floor, chest type freezer in bad repair, improper dish washing procedures at three-compartment sink, facility has no sanitizer for washing and disinfecting eating utensils, pizza boxes found stored on the floor, no soap in the restroom, mop head observed stored on the floor, house shoes stored with food equipment. Score: 84.

Action Mart, #14, Ivel, follow-up inspection. Violations noted: Critical violation #3 (pertaining to safe food temperatures) has been corrected — hot foods display unit now holding hot, ready to serve food items at temperatures above the 145-degrees Fahrenheit requirement. Items 15, 25, and 37 remain uncorrected from previous inspection held on 12-10-00. Follow-up score: 97.

Appalachian Restaurant, Route 3, regular inspection. Violations noted: Various items in cooler units

not labeled, thermometer needed for maintenance of safe temperatures, some items stored at less than 6 inches from floor, single items (cans of soft drinks) stored directly in ice machine, reach-in freezer unit has broken seal, no water available in hand sink, track lights above food prep area not shielded, no soap or towels available for use near handwash sink. Score: 89.

## PROPERTY TRANSFERS

Darvine Bryant and Cecelia Clark Bryant to Lee Hart and Ival K. Rose, land lying on the Big Sandy River in Floyd County.

Richard Martin and Phyllis Martin to Jerry Sizemore and Denise Sizemore, property on Hoods Fork.

Tonya Jean Blackburn and Alvin Gator Blackburn and Paul Edgar Blackburn to Alvin Blackburn and Tammy Blackburn, property on Little Paint Creek.

Melody Sue Meade to Duard Meade, properties on Toler's Creek.

Melody Sue Meade to Duard Meade, properties on the Left Fork of Toler's Creek.

Melody Sue Meade to Duard Meade, property located on Big Mud Creek.

Equitable Production — Eastern States, Inc. to Appalachian Natural Gas Trust, a conveyance of net profits interest.

Billy Hopkins and Glenda Hopkins and Phyllis Martin and Richard Martin and Donna Tuttle and Dorothy Miles and Larry Miles to Ronnie Hopkins, property on Frasures Creek.

Bill Delong, Bill Alan Delong, Teresa Delong, Connie Reffett and Harrison Doug Reffett to Brian Neil Delong, property on Highway

404, Floyd County.

Helene Spradlin and Hurley Spradlin to Robert Hunt, land located on Daniels Creek.

Kermit Newsome and Barbara Newsome to UniSign Corporation, Inc., land located in Floyd County.

Firststar Bank, N.A. to Dock Reynolds and Deborah Reynolds and Darrin Reynolds, property in Floyd County.

Emitt Hamilton, Jr. and Carolyn Joann Hamilton to Marty Keith Hamilton, land in Floyd County.

First Commonwealth Bank, Plaintiff vs. Morgan Joseph, United States of America, Department of Justice, Floyd County, Kentucky and City of Prestonsburg, Kentucky, Defendants, a civil action wherein property was sold and conveyed to Charlotte Keathley.

Elva McKinney and Elma McKinney and Willovene McKinney to Steven Douglas McKinney, property located in Floyd County.

John L. Maddox to Anthony Castle, land located in Floyd County.

Delana B. Whitworth and Randall W. Whitworth and Rodney Hayes and Lavonna Hayes and Jeffery Hayes and Tonda Matelski and Michael Matelski and Gregory Hayes Eaton and Denise Eaton, with their attorney-in-fact, Gregory A. Isaac to Reggie Caudill and Mavis Caudill, a quitclaim deed for property in Floyd County.

Delana B. Whitworth and Randall W. Whitworth and Rodney Hayes and Lavonne Hayes and Jeffery Hayes and Tonda Matelski and Michael Matelski and Gregory Hayes Eaton and Denise Eaton, with their attorney-in-fact, Gregory A. Isaac to Reggie Caudill and Mavis Caudill, property in Floyd County.

## INJURED By a Careless Driver? KIRK Law Offices

- Prestonsburg, Inez, Pikeville, Paintsville  
**Will Help You:**
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  - Get a rental car
  - Get paid for injuries
  - Get paid for doctor
  - Get your car repaired
  - Get paid for suffering
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 Pikeville, KY 41501

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 Welcome the association of  
**Dr. J.R. Geete, M.D.**  
 Psychiatrist

Dr. Geete is accepting new patients for  
 Psychiatric care of all ages.

Accepting most insurances, including Medicare,  
 Medicaid, and UMWA.

Please call 432-7233 or 432-7255 for  
 appointment.

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 Friday and Saturday — Dinner, \$7.95  
 All you can eat—Shrimp, Fish, Mussels, etc.

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Dine in or carry outs welcome

Quality food and friendly service!

Call 789-5313

**Mandarin House**  
 (formerly China Pearl)  
 US HWY 23 South  
 Paintsville, KY

## Calendar items will be printed as space permits

Editor's note: As a service to the many clubs and committees that meet in our community, The Floyd County Times' Community Calendar will post meeting and public service announcements. Articles for the Community Calendar must be submitted in writing to The Times no later than 5 p.m. Monday for Wednesday's publication, 5 p.m. Wednesday for Friday's publication, or 5 p.m. Thursday for Sunday's publication. These cannot be taken over the telephone.

### Meeting rescheduled

The regularly scheduled commissioners meeting of the Sandy Valley Water District has been changed from Monday, January 1, to Monday, January 8, at 7 p.m.

### Special meeting called

A special meeting of the board of commissioners of the Prestonsburg Housing Authority has been called for Wednesday, January 3, at 6:30 p.m., at the Green Acres office in Prestonsburg.

### Shelter reservation to be taken January 2 at Dewey Lake

The U.S. Army Corps of Engineers at Dewey Lake will take shelter reservations for 2001, beginning Tuesday, January 2 at 7:30 a.m. These include the three shelters located in the Downstream Recreation Area and the one located in Picnic Hollow above the dam. The price of a shelter is \$50 a day, which reserves it from 9 a.m. to 10 p.m.

During the first day of taking reservations, we accept phone calls only. Walk-ins will be accepted beginning Wednesday, January 3. Phone calls will be taken from 7:30 a.m. to 4 p.m. If you call before 7:30 am DO NOT leave your information on the answering machine because we DO NOT take reservations from these.

When calling to reserve a shelter, have your information ready along with a pen and paper to take down any information needed. You should have two dates you are interested in, in case one is already reserved.

To reserve a shelter, call the U.S. Army Corps of Engineers at 606-789-4521 or 606-886-6709.

### PCC testing announced

Prestonsburg Community College will hold orientation and assessment testing on the Prestonsburg Campus, according to the following schedule:

Orientation: Friday, January 5, 9 a.m. to noon.  
 Assessment Testing: Thursday, January 4;

Monday, January 8; Wednesday, January 10; and Thursday, January 11, 9 a.m. to 1 p.m.  
 For more information, call 606/886-3863, ext. 249.

### Mayo test slated

The Mayo Technical College Assessment Center will test on Friday, January 5, so that students who make a last-minute decision to start school may test in the morning and then register for classes. Those interested in taking the test should come to the center before 8 a.m.

### Alice Lloyd College still accepting applications

Alice Lloyd College is still accepting applications for the 2001 Spring Semester. Financial Aid is available. For more information, call 1-888-280-4ALC or 606/368-6036 and ask for John, Sean, or Bryan, or drop by the Admissions Office between the hours of 8 a.m. and 4:30 p.m. Monday-Friday and Saturday, 9 a.m. until 1 p.m.

### Blood drive at MARH

McDowell Appalachian Regional Hospital will have a blood drive on Tuesday, January 9, from 10 a.m. to 4 p.m., in the front parking lot. The activity is co-sponsored by the Central Kentucky Blood Center.

### Blood drive at Osborne

The Central Kentucky Blood Center will co-sponsor a blood drive at Osborne Elementary School on Tuesday, January 16, from 10 a.m. to 3 p.m., in the parking lot near the playground.

### Computer workshop

"Beginning Computer Skills for the Small Business," will be offered on Tuesday, January 9, in the computer lab at the Morehead State University/Big Sandy Extended Campus Center in Prestonsburg, from noon to 3 p.m. The fee is \$15, and pre-registration is encouraged since seating is limited. Call the SBDC office, 606/432-5848.

### Vet rep available

A Veterans Benefit Field Representative for the Kentucky Department for Veterans Affairs has an office on the third floor of the Floyd County Courthouse. He is there to assist veterans and their dependents in filing for state and federal benefits. This service is free and is provided by the commonwealth. Contact him at 606/886-7920. If there is no answer, leave a message and he will return your call.

### Help for addiction

Are drugs affecting your family or a friend? For more information, log onto [www.stopaddiction.com](http://www.stopaddiction.com) or call 1-800-468-6933. Narconon provides answers to drug addiction, and free assessment, evaluation and referral services to internationally recognized alternative and traditional treatment facilities. When continuing relapse is occurring, call Narconon 1-800-468-6933. Don't give up, drug addiction can be overcome. Call Narconon at 1-800-468-6933, or visit the Website at [www.stopaddiction.com](http://www.stopaddiction.com).

### 8th graders maybe

#### Robinson Scholars

The University of Kentucky Robinson Scholars program is informing 8th grade students in Floyd and surrounding counties that they may be eligible for a fully paid scholarship to UK or an area community college. If the parents of an 8th grade student in these counties do not possess a four-year college degree, the student is eligible to apply for the scholarship. Counselors and principals have nomination forms. Students can self-nominate. Call Brian Campbell at Prestonsburg Community College at 606/886-3863.

### Fibromyalgia support group meetings

The monthly meetings of Fibromyalgia Support Group are being held in the Betsy Layne Senior Citizens Building. These meetings are scheduled on the first Tuesday of every month. Contact Sharon, 478-5224, or Phyllis, 874-2769.

### Group sets meeting

The Ups of Down Syndrome support group now has a permanent meeting place and time. The group will meet the first Sunday of every month from 2-4 p.m., at the Pikeville YMCA, beside Pikeville Independent School. Call 606/377-6142 or 478-5099 for more information.

### Domestic violence

Are you in an abusive relationship and feel as if there is no way out? Call our 24-hour crisis line and talk to Certified Domestic Violence Counselors, discuss ways you can remedy the problem, call 886-6025 or out-of-the-area 1-800-649-6605, because "Love Doesn't Have To Hurt."



## Kids

babies increased as well. Infant and child mortality rates also remained the same.

However, there is good news mixed with the bad. While reports of emotional abuse and neglect stayed pretty much the same from year to year, physical and sexual abuse fell dramatically.

Babies are also born healthier to fewer teens and fewer high school dropouts, statistics which will certainly make a difference in years to come. And mothers in Floyd County are ahead of most other areas of the state when it comes to making frequent visits to the doctor while pregnant.

The number of children receiving food stamps and welfare decreased from 1996 to 1999, but that is likely a result of changes in the law, rather than any actual financial improvement. Evidence that poverty continues to be a problem for our families can be seen by an increase in the number of children receiving Medicaid benefits. Also, the raw number of students receiving free or reduced lunch fell only marginally at a time when schools saw a decrease in enrollment.

The numbers contained in the report are certainly troubling, but they are enlightening as well, giving us a direction in which to focus our

efforts.

As can be seen by the numbers, our children are getting a better start in life than ever before, and that is a credit to public health agencies and the medical community in Floyd County. By the time they reach school age, however, it is obvious that they are running into more hurdles than necessary.

Entering the new millennium, the evidence that we are beginning to solve many of our children's problems is clear. It's now time to finish the job.

— Ralph B. Davis

## Kentucky unemployment fell to 3.6 percent in November

Kentucky's unemployment decreased to 3.6 percent in November from 3.9 percent in October, according to the Department for Employment Services, a Cabinet for Workforce Development agency.

Kentucky's November 2000 jobless rate was below the 3.9 percent recorded for November 1999. The U.S. jobless rate rose from 3.6 percent in October to 3.8 percent in November.

"The last time Kentucky had a November unemployment rate this low was in 1973 when the rate was 3.6 percent," said Carlos Cracraft, the department's chief labor market analyst. "This is also the fifth consecutive month that the state has recorded an unemployment rate below 4 percent."

Four of the nine major job sectors had employment increases in November, while four reported employment losses and one stayed the same, Cracraft said.

The trade sector led all other categories by adding 7,000 more jobs in November, mainly in general merchandise stores (3,000), miscellaneous retail stores (1,400), apparel and accessory stores (1,200), and

grocery stores (400).

"Holiday shopping boosted retail trade employment in general merchandise such as department stores, and miscellaneous retail stores, which includes books, jewelry and sporting goods, Cracraft said.

The government sector showed an increase of 1,000 jobs in November. Local education added 1,100 positions, while the federal government sector had 400 more jobs in the U.S. Postal Services to handle holiday mailings, Cracraft said. Those gains were somewhat offset by losses in state government (-200), local government (-200) and state education (-100) in November.

Finance, insurance and real estate sector and the transportation, communications and utilities sector each had 100 more jobs in November.

The mining and quarrying sector remained the same with 20,800 jobs in both October and November.

Seasonal cutbacks in farm-related activities caused the agriculture sector to fall by 3,500 jobs in November. "Fewer workers are needed to help with tobacco because much of the tobacco stripping has been done by the time tobacco sales markets open in late November and most of the other crops have been harvested," said Cracraft.

Kentucky's construction sector also felt the effects of cold weather as jobs decreased by 400 in November. Heavy construction contractors, such as those in commercial building and highway/street paving, had 500 fewer employees on their payrolls. However, general building contractors added 100 employees in November.

"Large contractors in the construction industry begin to finish jobs at this time of year because their activities are largely dependent on the weather," Cracraft said. "Further, they are reluctant to start new projects, especially large projects in winter months."

Kentucky's services sector reported a decline of 400 jobs in November due largely to the end of warm-weather months. Employment losses were concentrated in such seasonal areas as amusement and recreation services (-800), agricultural services (-500), and hotels and other lodging places (-300).

The manufacturing sector recorded a 400-job decrease in November. While industries in durable goods dropped 700 jobs, 300 positions were added in non-durable goods.

The U.S. Bureau of Labor Statistics monthly estimate of the number of employed Kentuckians for November 2000 was 1,929,060. This figure is up 14,897 from the 1,914,163 employed in October 2000, and up 21,145 from the 1,907,915 Kentuckians employed in November 1999.

The monthly estimate of the number of unemployed Kentuckians for November was 73,073. This figure is down 3,863 from the 76,936 unemployed in October 2000, and down 3,690 from the 76,763 Kentuckians unemployed in November 1999.

The monthly estimate of the number of Kentuckians in the civilian labor force for November was 2,002,133. This figure is up 11,034 from the 1,991,099 recorded in October 2000, and up 17,455 from the 1,984,678 recorded for November 1999.

The civilian labor force includes non-military workers and unemployed Kentuckians who are actively seeking work. It does not include unemployed Kentuckians who have not looked for employment within the past four weeks. Employment and unemployment statistics are based on estimates. They are compiled to indicate employment trends rather than actually to count numbers of people who are or are not working.

## Obituaries

### Edna Johnson Akers

Edna Johnson Akers, 99, of Louisville, died December 20, 2000.

She was born November 26, 1901, at Cody, a daughter of the late Simeon and Alice Johnson. She was a charter member of Antioch Old Regular Baptist Church.

She was preceded in death by her husband, Roy B. Akers.

She is survived by a daughter, Margaret Zegaib; two sons, Astor Akers and Donald Akers; three sisters, Cora Johnson, Eva Sterling and Lillian Cope; five grandchildren; 13 great-grandchildren, and four great-great-grandchildren.

Funeral services were Saturday, December 23, at Schoppenhorst, Underwood and Brooks Funeral Home in Shepherdsville, with Bro. Hillard Newsome officiating. Burial was in Resthaven Cemetery. (Information courtesy of R.S. Jones & Son Funeral Home-Virgie Chapel)

### Earl Lee Honaker

Earl Lee Honaker, 47, of Ashland, formerly of Floyd County, died December 27, 2000, at Meadowview Regional Medical Center in Maysville.

He was born April 18, 1953, in Floyd County, and was the son of the late Sie and Birdie Mosley Hamilton. He was a concrete worker for Janie Ledingham Construction of Maysville, a member of Local 132 Operative Plasters Concrete and Cement Finishers, and a member of Masons International in Washington Courthouse, Ohio.

He is survived by his wife, Delena Rose Gibson Honaker; a son, Sean E. Honaker of Florida; a daughter, Melissa Irene Honaker of North Carolina; four brothers, Sie Hamilton Jr. of Price, Bobby Hamilton and Harold Dean Moore of McDowell, and Billy Green Hamilton of Marysville, Ohio; four sisters, Shelby Jean Moore of Stroth, Indiana, Audrey Stratton of Ivel, Opal Moore of McDowell and Charlene Mosley of Garner; and four grandchildren.

Funeral services were Saturday, December 30, at 1 p.m., at the Nelson-Frazier Funeral Home in Martin, with ministers of the Old Regular Baptist faith officiating. Burial was in the Orkney Cemetery at McDowell.

Pallbearers were Terry Marcum, Rick Lockhart, Joseph Stanley, Mike Moore and Sie Hamilton Jr.

## Regional Obituaries

### Pike County

Donald Eugene Coleman, 67, of Rockhouse, died December 26, at his home. Funeral services were December 29 at the Samaria Old Regular Baptist Church at Wolfpit.

Lola Marie Ratliff Johnson, 92, of Pikeville, died December 27, at Pikeville Health Care Center. Funeral services were December 29 in the J.W. Call & Son Funeral Home Chapel, with burial in the Ratliff Cemetery.

Marie Wolford Mikoch, 62, of Pikeville, formerly of Bucyrus, Ohio, died December 24, at Pikeville Methodist Hospital.

Funeral services were December 30, under the direction of Thacker Memorial Funeral Home of Pikeville.

Molly Lucas, 73, of Shelbiana, died December 25, at Pikeville Methodist Hospital. Funeral services were December 28, at the Justice Chapel, with burial in the J.U. Thacker Memorial Mausoleum at Annie E. Young Cemetery.

Cynthia Ann York, 72, of Merrimac, West Virginia, died December 27, in Merrimac. Funeral services were December 29, in the Chambers Funeral Home Chapel, with burial in the Merrimac Cemetery.

## The "Word" for the Week

by DR. DENNIS J. PRUTOW

### A goal for the year ahead

Saul set his heart to demonize and persecute Christians. Christ took hold of Him on a lonely desert road outside Damascus, Syria. Without sight for three days, he contemplated this Jesus he so vehemently opposed.

A man named Ananias went to Saul and spoke to him about Jesus. "Why do you delay? Get up and be baptized, and wash away your sins, calling on His name" (Acts 22:16). Saul became the well-known apostle Paul.

Paul was now a committed follower of Christ. There were new goals and priorities. He was willing to go to jail and even to die for the cause of the Savior. After decades of service to Christ, Paul had the same great goal.

"Not that I have already obtained it or have already become perfect, but I press on so that I may lay hold of that for which also I was laid hold of by Christ Jesus. Brethren, I do not regard myself as having laid hold of it yet; but one thing I do, forgetting what lies behind and reaching forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus" (Philippians 3:12-14).

We can embrace the words and the goal of the apostle Paul. They can set the tone in our lives in the year ahead.

## Jewish scholar's view of the Bible 'as it was' earns \$200,000 Grawemeyer Religion Award

LOUISVILLE — It might come as a shock to learn how many things the Bible doesn't actually say. Do we suppose that the serpent in the Garden of Eden was "Satan," or that Adam and Eve's sin marked humanity's "fall"? Then why, when we search the pages of the Bible, can we not find a clear word on these and a host of other taken-for-granted interpretations?

In "The Bible As It Was," published in 1997 by Harvard University Press, James L. Kugel turns to the earliest interpreters of the Pentateuch (Genesis through Deuteronomy) for answers. His efforts have won for Kugel the 2001 Louisville Grawemeyer Award in Religion, a \$200,000 prize presented by Louisville Presbyterian Theological Seminary and the University of Louisville.

Kugel demonstrates that certain understandings of the biblical texts were remarkably widespread among early Jewish and Christian readers. Some of these interpretations will strike the modern reader as whimsical or arbitrary, but Kugel shows how they were actually borne of painstaking attention to the texts' most minute details. By early in the Common Era, Kugel demonstrates, these understandings had become so deeply rooted in Jewish and Christian cultural consciousness that they were as well known as any words on the page. In many cases, the ancient interpretations live on today.

The Grawemeyer Award in Religion recognizes outstanding and creative works that promote understanding of the relationship between human beings and the divine. For centuries, study of the divine-human interaction in Scripture has focused on only one set of human beings, its inspired authors. Kugel suggests that greater consideration be given to the genius of those who first wrestled with Scripture's meaning and understanding, and who thereby generated what are today regarded as some of the Bible's most characteristic teachings.

A major achievement in Kugel's work is in demonstrating that Christians and Jews share more than just the written text of the

Hebrew Bible. Kugel writes, "What I wish to show is that ... rabbinic Judaism and Christianity emerged out of a common mentality including, prominently, a common set of beliefs about the Bible." In other words, both groups "received the same set of attitudes about how the Bible ought to be read and explained, what it was meant for and how it was to be used."

Kugel is Harry Starr Professor of Classical, Modern Jewish, and Hebrew Literature at Harvard University, where he has taught since 1982. He also is a member of Harvard's faculty of divinity and holds a professorship in Bible at Israel's Bar Ilan University.

Earlier this week, the University of Louisville announced Grawemeyer winners in four other categories. The award for music composition was presented to composer Pierre Boulez for "Sur Incises," and the psychology award went to researchers Michael

Posner, Marcus Raichle and Steven Petersen for their work in the field of cognitive science. The education award went to Derek Bok and William Bowen for their study of the effects of race-sensitive college admissions policies. Janine Wedel received the award for ideas improving world order for her book "Collision and Collusion: The Strange Case of Western Aid to Eastern Europe 1989-1998."

For information on Kugel and other winners, visit [www.grawemeyer.org](http://www.grawemeyer.org).



## KSP offers sobering suggestions

The New Year's holiday is one of the most celebrated of the year. However, New Year's Eve can also be one of the deadliest holidays on Kentucky roadways. With festivities and increased traffic associated with the holiday, the Kentucky State Police is urging motorists to make safety their number one priority.

The KSP will have additional troopers on duty, and they will be concentrating on DUI apprehension on New Year's Eve and the days following.

As you prepare to celebrate, the KSP suggests that if you plan on hosting a holiday party, remember to offer your guests non-alcoholic beverages and provide designated, sober drivers or call a cab for guests who have been drinking.

State police will work in conjunction with local police departments and sheriff's offices across the state throughout the official New Year's holiday, which began at 6 p.m. on Friday, and ends at 11:59 p.m. on Monday, January 1.

The KSP will utilize road blocks, as well as moving patrol to target intoxicated drivers, speed limit violators and safety belt and child safety seat violations. All motorists must be buckled up and all children under 40 inches tall must be restrained in a federally approved child safety seat.

Troopers will have a no-tolerance policy for travelers stopped on any of these violations.

There were five crashes and five fatalities on Kentucky roadways during the 2000 New Year's holiday. Two of the accidents were alcohol-related. Three of the victims were wearing seat belts.

Motorists can help law enforcement officers by reporting suspected drunk drivers, speeders and other erratic drivers to the KSP hotline at 1-800-222-5555. Callers may remain anonymous and should give a description of the vehicle, location, direction of travel and license number, if possible.

Big Sandy Health Care, Inc., wants to remind you that the

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# It's time to stop counting 'chads' and start counting calories

The dreaded January 2 is just around the corner. It's time to put away the party foods and snacks and drag out the scale. Deja vu, right?

With over half of the country now overweight, many people will be making a New Year's resolution to lose those unwanted pounds. In fact, this is one of the most popular New Year's resolutions. And, long-term weight loss is not easy to achieve — which is why this resolution reappears on many people's lists year after year.

Many overweight people feel that "diet" is a four-letter word. Yet, "diet" is not a bad word for successful dieters — and those dieters do exist. In fact, a recent survey conducted for the Calorie Control Council revealed that two-thirds of dieters have lost at least 10 pounds.

The Council, a non-profit trade association, has tracked dieting trends for over 20 years. The 2000 survey also found that approximately 24 percent (or 49 million people)

are currently on a diet. Another 47 percent are trying to control their weight — meaning that 124 million Americans over the age of 18 are

**So, what are the secrets of these successful dieters? According to the survey, the most popular methods of losing and controlling weight are:**

- Regular exercise
- Cutting down on foods high in fat and sugar
- Using reduced-fat and sugar-free foods and beverages
- Eating smaller portions of favorite foods
- Combining calorie reduction with exercise

trying to either control or lose weight.

"For many dieters and even those trying to control their weight,

the holidays are an especially difficult time," said Beth Hubrich, a dietitian with the Council.

Research conducted by the Council reveals that most Americans consume approximately 4,500 calories and a whopping 229 grams of fat from snacking and eating just a traditional holiday dinner with turkey and all the trimmings. And these figures don't begin to include the calories from other holiday dinners and parties.

"Most people are feeling very guilty now — they know they've blown their diet, and they haven't done a good job of watching their fat and calorie intake. And now, unfortunately, they'll be looking for quick weight loss, resulting in short-term changes rather than lifestyle commitments," Hubrich said.

Although the sensible "exercise more, eat less" approach is not glamorous and does not sell millions of books, health authorities agree that it works — especially

over the long term.

In order to lose one pound a week, the average consumer must reduce their caloric intake by 3,500 calories, an average of five hundred calories per day. But don't forget about the exercise — by reducing caloric intake by 300 calories and burning 200 calories through physical activity (and doing this consistently throughout the week), an individual can easily reach his or her goal of losing one pound per week.

Even small dietary changes such as substituting a diet soda for a regular soda each day can save you over 1000 calories over a week — which results in a 15 pound differ-

ence over the course of a year, if you don't compensate for the saved calories.

Unfortunately, low-calorie and reduced-fat foods have been unfairly blamed for weight loss failures and some people are returning to higher-fat diets, something many health professionals warn against. But the survey found that 61 percent of participants indicated they were able to balance their caloric intake by using lighter versions of their favorite foods and beverages. And, participants agreed that they did not consume more of traditional high fat foods on days they ate reduced-fat foods.

"The bottom line is calories still

count. You've got to balance your caloric intake with the amount of calories you're burning — and that's the real secret to successful dieting and weight maintenance," Hubrich said.

The 2000 survey findings are based on a nationally projectable sample of 1,200 Americans age 18 and older. The survey was conducted by Booth Research Services, Inc., for the Calorie Control Council, a non-profit international association of manufacturers of low-calorie, reduced-fat and light foods and beverages. For more information, visit [www.caloriecontrol.org](http://www.caloriecontrol.org).

Continued from p2

## Tips

windshield to remove ice or snow; shattering may occur.

■ Don't rely on a car to provide sufficient heat; the car may break down.

■ Always carry clothing appropriate for the winter conditions.

## Cold-Weather Health Conditions

Serious health problems can result from prolonged exposure to the cold. The most common cold-related problems are hypothermia and frostbite.

### Hypothermia

Prolonged exposure to cold temperatures causes your body to lose heat faster than it can be produced. The result is hypothermia, or abnormally low body temperature. Low body temperature affects the brain, making the victim unable to think clearly or move well. Hypothermia victims are most often elderly people with inadequate food, clothing, or heating; babies sleeping in cold bedrooms; and people who remain outdoors for long periods.

Warnings signs of hypothermia for adults are: shivering, exhaustion, confusion, fumbling hands, memory loss, slurred speech and drowsiness. For infants, the signs are bright red, cold skin and very low energy. If a person's temperature is below 95°, the situation is an emergency — get medical attention immediately. If medical care is

not available, begin warming the person, as follows:

■ Get the victim into a warm room or shelter.

■ If the victim has on any wet clothing, remove it.

■ Warm the center of the body first — chest, neck, head, and groin — using an electric blanket, if available. Or use skin-to-skin contact under loose, dry layers of blankets or clothing.

■ Warm beverages can help increase the body temperature, but do not give alcoholic beverages. Do not try to give beverages to an unconscious person.

■ After body temperature has increased, keep the person dry and wrapped in a warm blanket, including the head and neck.

### Frostbite

Frostbite is an injury to the body that is caused by freezing. Frostbite causes a loss of feeling and color in affected areas. It most often affects the nose, ears, cheeks, chin, fingers, or toes. Frostbite can permanently damage the body, and severe cases can lead to amputation.

At the first signs of redness or pain in any skin area, get out of the cold or protect any exposed skin — frostbite may be beginning. Any of the following signs may indicate frostbite: a white or grayish-yellow skin area, skin that feels unusually firm or waxy numbness, a victim is often unaware of frostbite until someone else points it out because the

frozen tissues are numb.

If you detect symptoms of frostbite, seek medical care. Because frostbite and hypothermia both result from exposure, first determine whether the victim also shows signs of hypothermia, as described previously. Hypothermia is a more serious medical condition and requires emergency medical assistance. If there is frostbite but no sign of hypothermia and immediate medical care is not available, proceed as follows:

■ Get into a warm room as soon as possible.

■ Unless absolutely necessary, do not walk on frostbitten feet or toes — this increases the damage.

■ Immerse the affected area in warm — not hot — water (the temperature should be comfortable to the touch for unaffected parts of the body). Or, warm the affected area using body heat. For example, the heat of an armpit can be used to warm frostbitten fingers.

■ Do not rub the frostbitten area with snow or massage it at all. This can cause more damage.

■ Don't use a heating pad, heat lamp, or the heat of a stove, fireplace, or radiator for warming. Affected areas are numb and can be easily burned.

For more information, see the CDC website: <http://www.cdc.gov/nceh/emergency/cold.htm>

## A View from the Hill...

Although the holidays are barely over, the spring semester at Pikeville College is fast approaching. Registration is set for Jan. 11 and classes begin Jan. 12.

As a senior majoring in mathematics/computer science and working on a minor in communication, I would like to share with you the reasons why I chose to attend Pikeville College. I hope sharing my experiences will be helpful as you make your own decisions.

There were many things I was looking for in my college choice; however, the major reason I chose Pikeville was size. As a private, liberal arts college with an enrollment of 1,500, class size is smaller, there is more one-on-one student-teacher interaction, and students have an opportunity to get involved in campus life. At Pikeville College the professors also know you by name and are interested in each person's academic and personal achievements.

You're probably thinking there are a lot of small colleges out there, but Pikeville College also provides convenience for me. By attending a college close to home, I can still visit my family and have my independence.

I have also formed lifelong relationships here. As a college student you will discover that friends become

like members of your extended family. Not only do you form those bonds with fellow students, but you form lasting bonds with members of the faculty and staff as well. This is what sets Pikeville College apart from larger schools.

From the beginning of my college experience, I have been impressed by the campus-wide dedication I've seen at Pikeville College, particularly the commitment to maintaining academic integrity. More than ever, I appreciate the quality of education I have received as a result of attending a small, private college.

If you are thinking of going to college, I encourage you to make an appointment with an admissions counselor. Visit our campus, observe a class, and join in some of the many activities. Take an opportunity to experience first-hand all that Pikeville College has to offer students.

You may contact the Office of Admissions at (606) 218-5251, Monday through Friday, from 8:30 a.m. to 5 p.m. If you would like to talk with me personally, just ask a counselor. I wish you the best of luck in your college search.

J.J. Walker is a senior majoring in mathematics/computer science and is president of the Student Government Association.



by J.J. WALKER

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## Ashland Inc. issues 2000 annual report

Ashland Inc. (NYSE:ASH) released its 2000 annual report to shareholders today, acknowledging its improved financial performance, its narrowed business focus, and its new corporate identity.

"In our 1999 annual report, we stated our intent to improve performance," states Chairman and CEO Paul W. Chellgren, in a 5-page letter to shareholders. "We did just that. Operating income, net income and earnings per share all reached record highs, excluding unusual items. Return on equity, excluding unusual items, reached 14 percent, an impressive increase given rising and volatile hydrocarbon costs. Excluding unusual items, we increased gross cash flow by 29 percent and repurchased 2.7 million shares of stock," Chellgren continued.

"But financials tell only part of the story. Following up on a pledge to unlock the value of our investment in Arch Coal, we distributed the majority of our Arch Coal shares to Ashland shareholders. We intend to sell our remaining shares in the first half of this fiscal year," Chellgren said.

"During the past year, we also better defined our mission and vision. Our new logo and tag line, "The Who In How Things Work(TM)" captures the diversity and innovative mentality that today define Ashland and its people. This new identity is a unifying force throughout the organization," Chellgren concluded.

The annual report spotlights six case studies in which Ashland employees provided innovative solutions to a customer, market or a community. Each case demonstrates that Ashland's successes have been employee-driven, either by individuals or teams.

The 2000 report may also be viewed at [www.ashland.com](http://www.ashland.com). The web version includes a printer-friendly version and an on-line version including brief digital video of the employees featured in the six narrative case studies. Copies of the annual report may also be obtained by calling (859)-815-5860.

The Ashland Inc. annual report has received national recognition as being the best in its industry by the National Association of Investor Corporation (NAIC) in recent years. The Ashland Inc. annual reports of 1982, 1983, 1996 and 1997 each received a Nicholson Award from the NAIC.

The 2000 Ashland annual report was produced by an internal team with design assistance from Inc Design of New York, N.Y. It was printed by The Hennegan Co. of Florence.

An annual report is a formal financial statement issued yearly by a corporation that includes descriptions of operations and operational goals; financial facts, such as assets, liabilities, revenues, expenses, earnings and debt; and other information for shareholders and the financial community. Ashland Inc. issues its annual report in mid-December each year, as its fiscal year is Oct. 1 to Sept. 30.

## People know Pueblo for its...



Sneaky Web Site? ([www.pueblo.gsa.gov](http://www.pueblo.gsa.gov))



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U.S. General Services Administration



FLOYD COUNTY Sports



BRANDON BRANHAM (44), of Prestonsburg, looks to pass the basketball off to a teammate as a Shelby Valley defender awaits. Branham is a senior.

page 2B



QUEEN OF THE BLUEGRASS TOURNAMENT

Kentucky Christian College

Betsy Layne wins big, Prestonsburg falls once again

by STEVE LeMASTER SPORTS WRITER

The Betsy Layne Ladycats scored a big 79-40 over Rose Hill in the second round of the Queen of the Bluegrass Tournament at Kentucky Christian College.

Layne a 20-point, 41-21 advantage at the half. Rose Hill could muster just six points in the third frame, thanks to a stingy Betsy Layne defense. The

BETSY LAYNE (79) - Parsons 19, Stratton 16, Mitchell 7, Reynolds 7, Meade 6, Clark 6, Newman 5, Whitt 2, Roberts 2.

ROSE HILL (40) - C. Wenning 17, Riddle 8, Click 4, J. Wenning 4, Yates 2, Daniels 2, Rougt 2, Quenn 1.

Table with 4 columns: Player, Points, Rebounds, Assists. Rows for Betsy Layne, Rose Hill, and Records.

Ladycats won the fourth quarter 26-13 to give them the convincing 39-point win. Jenny Parsons led Betsy Layne in scoring with a game-high 19 points. Natasha Stratton finished the

contest with 16 points. With the win, the Betsy Layne Ladycats are now 8-1 on the season.

Prestonsburg vs. Russell

The Prestonsburg Ladycats didn't fare as well as the Betsy Layne did in the Thursday session of the Queen of the Bluegrass Tournament.

The Ladycats trailed by a single point, 17-16 to Russell after one quarter, but were outscored 19-12 in the second quarter. The Ladycats of Prestonsburg were outscored 36-24 in the final two quarters, giving them a 72-52 loss, their fourth of the season.

Russell forced Prestonsburg into committing 29 turnovers, Russell freshman forward Samantha Nester turned in a big performance with 29 points and 13 rebounds. Natalie Dial added 19 points in the Russell win.

Prestonsburg was led in scoring by Brooke Coleman

(See BLUEGRASS, page three)

A Look At Sports

Sports! Sports! Sports!



by ED TAYLOR SPORTS EDITOR

Welcome to the last day of the year 2000. Remember all the fear we felt as they talked of computers shutting down at the turn of the century. How quick this year has gone by. We hope that everyone had a good New Year and that all are well.

When you think of past Kentucky basketball or football you have to think of the greatest to sit behind a mike and do the play-by-play of a game - Cawood Ledford.

Cawood is being treated for cancer and, although the family is requesting privacy in the matter, still it does not sound good for the former Voice of the Wildcats.

I remember the first time I saw Cawood, I attended a UKIT tournament at Memorial Coliseum. At that time, you could get to the floor level and walk around without anyone threatening to throw you out. Gary Thornberry and I walked over to where Cawood was sitting and Gary let him know, "Cawood, you are the greatest!" He just smiled and waved at Gary. That has been a long, long time ago.

Cawood's work behind the microphone was second to none and he sort of spoiled us as we would turn down the television and crank up the volume on the radio to listen to Cawood.

Cawood's work also helped us not to appreciate the work of Ralph Hacker and Sam Bowie on radio. What a contrast between the two. For years, Cawood was the eyes of every UK fan who could not attend a game. Listening to him was like being there.

With Hacker and Bowie, it forces you to leave the radio silent and turn up the television volume because anyone is better than the duo UK now has.

Certainly our prayers are with Cawood as he undergoes treatment for the illness.

In a couple of weeks we will be attending another All "A" Classic at Pikeville (men) and Paintsville (women). The All "A" grows larger each season, affording the smaller schools a

(See SPORTS, page three)



photo by Ed Taylor

MATT SLONE (42), along with a couple of Prestonsburg teammates, defend against a Shelby Valley player. The loss to Shelby Valley was the Blackcats second loss to the Wildcats this season.

Shelby Valley cracks century mark in win over Prestonsburg

Wildcats place five in double figures

by ED TAYLOR SPORTS EDITOR

If you like good old outdoor style basketball then Shelby Valley was the place for you Thursday night.

If you like watching both teams play from the three-point arc then Shelby Valley was the place for you Thursday night.

If you like to see a team put a lot of points on the scoreboard, definitely, Shelby Valley was the place for you Thursday night.

In what resembled anything but organized high school basketball, Coach Rodney Rowe's Shelby Valley Wildcats blistered the Prestonsburg Blackcats 102-66 in a three-point shootout.

If you took away the 30 plus turnovers committed by Prestonsburg you would have had a much closer game. Shelby Valley sank 10 three-point baskets and Prestonsburg hit nine.

The difference was the inability of the Blackcats in taking care of the basketball as they never led in the game and the score was tied once at 2-2.

Justin Allen and Matt Clay came off the bench and led the Blackcat scoring but it all had to be done from the outside as Shelby Valley

shut down the inside game for Prestonsburg.

Clay led with 17 points including three three-point baskets. Allen hit four long range bombs and finished with 14 points. Josh Justice and Brad

Bevins accounted for the other two Prestonsburg treys. Terry Wright led all scorers with 22 points. But Michael Riddle "riddled" the net for four three-point baskets and netted 19 points for the game. Shannon Akers pumped in 16 points that included three treys.

Jeremy Akers added 15 and one three-point basket. Jason Newsome had the other three-pointer.

After three-quarters Shelby Valley held a 72-54 lead heading into the fourth period. The Wildcats opened with full court pressure in hopes of cracking the century mark. The Wildcats went on a 10-3 run for an 84-57 margin.

On back-to-back baskets by Josh Goad, Valley was up 97-66 as the crowd urged the Wildcats to go for the 100 point mark. With 1:35 to play, Newsome drained a three-point basket off the left corner for point 100.

Phillip Akers only basket of the game put Shelby Valley over the century mark at 102. The game was



■ Matt Clay (12)

a milestone for senior and it came mid way of the first quarter when he drilled a three point basket to give him 1,002 points for his high school career. The game was stopped briefly to recognize the feat to the fans.

Prestonsburg had trouble with the full-court pressure used by the taller Wildcats and turned the ball over 16 times in the opening period as Shelby Valley put 32 points on the scoreboard in the first quarter alone and led 32-11 at the first stop.

Dustin Music tied the game for the first and last time with a jumper but Shelby Valley buried four straight three-point baskets ripping out to a 17-3 lead barely in the first

(See SHELBY VALLEY, page three)

Preview

Battle to ensue as Betsy Layne visits Prestonsburg

by ED TAYLOR SPORTS EDITOR

If you like good defense, good hard-nose basketball then you will need to be at the Prestonsburg Fieldhouse Tuesday night for a doubleheader of high school basketball.

Betsy Layne will invade the fieldhouse and special interest will be on the first game of the evening when Coach Cassandra Akers and Coach Harold Tackett take their respective teams to the hardwood in one of the bigger girls conference match ups in the county this season.

It will be the inside game of Prestonsburg hoping to offset the outside firepower of the Ladycats.

Betsy Layne leads the conference with a perfect 3-0 mark but it will mark the first conference outing for Prestonsburg this season.

If you want to base the outcome of this game on who the two teams have played in the first month of the season, then the edge would have to go to Prestonsburg.

The Lady Blackcats certainly has had very few (1)

cup cake through their first eight games. Prestonsburg owns wins over powerful Belfry and Whitesburg out of the 14th Region. They lost to Knott County Central and fell hard to Paul Dunbar in last week's tournament action.

The cream of the Betsy Layne crop would be Pike Central (a win) and North Laurel (a loss). Other than that, the Ladycats have faced the likes of Piarist, Millard, Paintsville, Allen Central and South Floyd, neither team with a winning record.

UNDER THE BASKET

The place to start looking for strengths would be around the paint area. Prestonsburg can put two of the regions best there in Ramanda Music (20 ppg, 11 rpg) and Amelia Conley (15 ppg, 8 rpg).

Betsy Layne does not have that high profile player in the middle although they play without a "true center." Kim Tackett roams the area for the Ladycats and Jenny Parsons (18 ppg, 10 rpg) is often found under the basket. But Parsons plays mostly outside of the painted area and most of her scoring comes off the breaks.

Edge? Prestonsburg.

BEYOND THE ARC

Betsy Layne has one of the purest shooters from the arc in freshman Whitney Lykens. Lykens, who struggled offensively in the first six games, seems to have found her eye. Her consistency to hit the three-pointer is uncanny at times.

Add Tabitha Mitchell and Betsy Layne has the ingredients to be a conference champion.

Megan Hyden is one of the most unselfish players in the county but can hit the treys when called upon. However, the fact that she does not look for the trey, gives the edge to Betsy Layne from the arc.

POINT GUARD

A very important position on any basketball team. Devon Reynolds runs the Ladycats from there and she is a hard one to beat. Reynolds has great court sense and sees the floor very well. She is a veteran here who can

(See PREVIEW, page three)

High School Basketball SCOREBOARD

BOYS

Table with 2 columns: Team, Score. Rows for Owsley Co., Lee Co., Riverside, and Evarts.

Father Lopez Sunshine Classic at Daytona Beach, Fla.

Table with 2 columns: Team, Score. Rows for June Buchanan and Barbourville.

Wolfe Co. Invitational First Round

Table with 2 columns: Team, Score. Rows for Cordia and Jackson City.

McDonald's Holiday Classic at Bath Co. Semifinals

Table with 2 columns: Team, Score. Rows for Lawrence Co. and Nicholas Co.

Table with 2 columns: Team, Score. Rows for West Carter and Bath Co.

Central Bank Classic First Round at Clark Co.

Table with 2 columns: Team, Score. Rows for Montgomery Co. and Breathitt Co.

Ashland Invitational Second Round

Table with 2 columns: Team, Score. Rows for Magoffin Co. and East Carter.

GIRLS

Johnson Central Invitational

Table with 2 columns: Team, Score. Rows for Pikeville and Lawrence Co.

Lady Invitational of the South at Allen Co.-Scottsville

Table with 2 columns: Team, Score. Rows for Allen Co.-Scottsville and Sheldon Clark.

Table with 2 columns: Team, Score. Rows for Campbellsville and Knott Co. Central.



**COLLEGE BASEBALL**

COLLEGE PRESEASON POLL

- |                    |                        |                       |
|--------------------|------------------------|-----------------------|
| 1. Georgia Tech    | 9. Miami, Fla.         | 17. Baylor            |
| 2. Southern Cal.   | 10. South Carolina     | 18. Auburn            |
| 3. Louisiana State | 11. Stanford           | 19. Central Florida   |
| 4. Nebraska        | 12. Cal. St. Fullerton | 20. Stetson           |
| 5. Clemson         | 13. Florida            | 21. Mississippi State |
| 6. Arizona State   | 14. Notre Dame         | 22. Long Beach St.    |
| 7. Rice            | 15. Oklahoma           | 23. Evansville        |
| 8. Florida State   | 16. Georgia            | 24. Alabama           |

**College Football**

**DIVISION I-A COACHING CHANGES**

Schools are listed with new coach first and the old coach in parenthesis:

- |                     |  |
|---------------------|--|
| Alabama             | Dennis Franchione (Mike DuBose, resigned)    |
| Arizona             | John Mackovic (Dick Tomey, resigned)         |
| Arizona State       | Dirk Koetter (Bruce Snyder, fired)           |
| Boise State         | Dan Hawkins (Dirk Koetter, resigned)         |
| Bowling Green       | Urban Meyer (Gary Blackney, resigned)        |
| Buffalo             | Jim Hofer (Craig Cirbus, fired)              |
| BYU                 | Gary Crowton (LaVell Edwards, retired)       |
| Georgia             | Mark Richt (Jim Donnan, fired)               |
| Maryland            | Ralph Friedgen (Ron Vanderlinden, fired)     |
| Memphis             | Tommy West (Rip Scherer, fired)              |
| Missouri            | Gary Pinkel (Larry Smith, fired)             |
| North Carolina      | John Bunting (Carl Torbush, fired)           |
| Ohio                | Brain Knorr (Jim Grobe, resigned)            |
| Oklahoma State      | Les Miles (Bob Simmons, resigned)            |
| Rutgers             | Greg Schiano (Terry Shea, fired)             |
| San Jose State      | Fitz Hill (Dave Baldwin, fired)              |
| Southern California | Pete Carroll (Paul Hackett, fired)           |
| TCU                 | Gary Patterson (Dennis Franchione, resigned) |
| Toledo              | Tom Amstutz (Gary Pinkel, resigned)          |
| Virginia            | TBA (George Welsh, retired)                  |
| Wake Forest         | Jim Grobe (Jim Caldwell, fired)              |

**Hunters encouraged to donate to Hunters for the Hungry**

It is not too late for late season deer hunters to get in the holiday spirit by donating a deer to Kentucky Hunters for the Hungry. There will still be opportunities for hunters in the late muzzle-loader and archery seasons.

"Kentucky Hunters for the Hungry would like to urge hunters to make a difference by harvesting a doe and donating it to help those in need," said Kentucky Hunters for the Hungry Executive Director Brent Harrel. "Donating a deer could give several needy families a brighter Christmas."

Kentucky Hunters for the Hungry is a non-profit organization whose main goal is to distribute donated venison from hunters to those in need in Kentucky. Every deer donated to Kentucky Hunters for the Hungry goes through a state or USDA processor to be deboned, ground in hamburger and frozen.

The meat is then picked up by Kentucky Harvest and other food pantries and distributed to shelters, missions and community services in Kentucky. Processors have agreed to process these deer for only \$30, half the cost of their regular fee. One donated deer produces on average 45 pounds of meat supplying 180-200 meals for the needy.

The donated deer from the late season muzzle-loader and archery seasons are very important for Kentucky Hunters for the Hungry because donations are thin during this time of the year. The smaller donations come at the coldest time of the year when shelters and missions are at their busiest and meat is needed most.

For a list of processors, consult the KDFWR home page at [www.kdfwr.us](http://www.kdfwr.us) or call 1-800-858-1549.

**Legends to make announcements**

by STEVE LeMASTER  
SPORTS WRITER

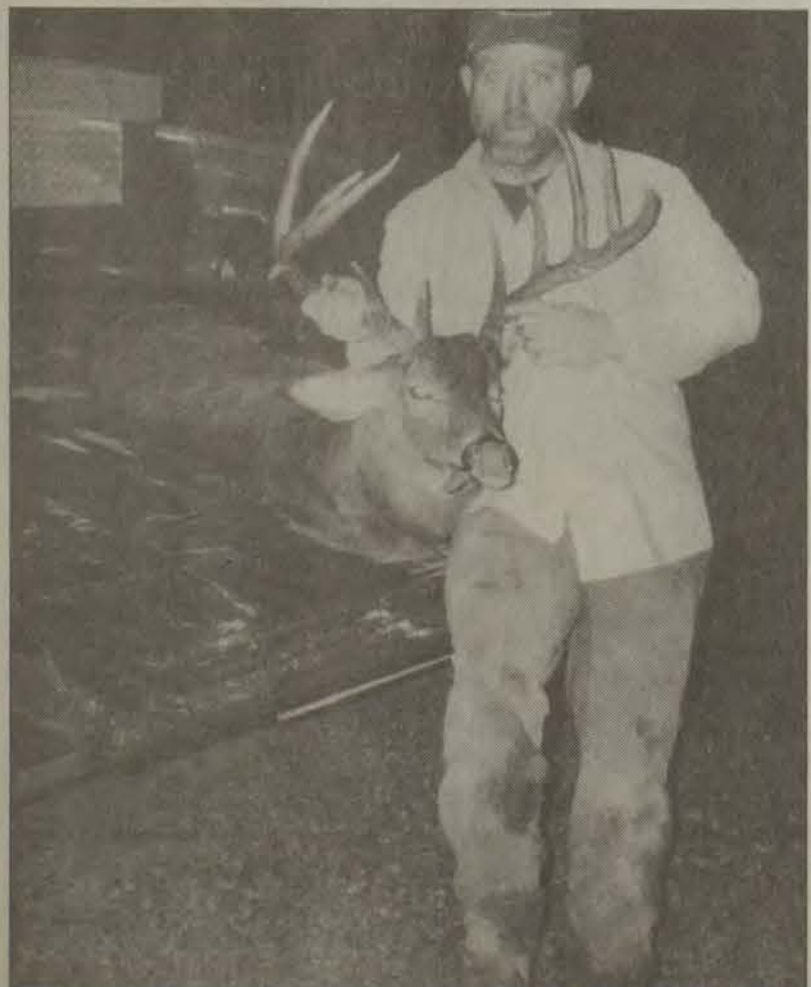
The Lexington Legends Professional Baseball Club is prepared to make three very important announcements. They will do so on Friday, January 5 at 10:00 a.m.

The Legends will announce their radio network flagship station, the official team hotel and the booster club president. The announcements will be made at the Ramada Inn and Conference Center's ballroom in Lexington.

Visit the Lexington Legends website at [www.lexingtonlegends.com](http://www.lexingtonlegends.com).

**LEGEND NOTES:**

- Larry Glover is the Legends radio play-by-play man.
- The Legends will begin their season on Thursday, April 5, on the road against the Charleston (WV) Alley Cats. The Legends home opener is scheduled for Monday, April 9, versus Hagerstown.
- Tickets are available at the stadium box office, over the phone at 859-252-4487 or via the Internet.
- Tom Kenny is the Lexington Legends media contact. He can be reached via e-mail at [tkenny@lexingtonlegends.com](mailto:tkenny@lexingtonlegends.com)



RICKY MOORE is shown with a 14-point buck that he recently bagged while on a hunt.

**SportsBoard**

**CINCINNATI REDS**  
Spring Schedule

**FEBRUARY**

Mon. 26: INTRASQUAD GAME, SARASOTA, 11:30 a.m.  
Wed. 28: Rollins College, Orlando, TBA

**MARCH**

Thu. 1: Cleveland Indians, Winter Haven, 1:05 p.m.  
Fri. 2: CLEVELAND INDIANS (SS), SARASOTA, 1:05 p.m.  
Fri. 2: Minnesota Twins (SS), Ft. Myers, 1:05 p.m.  
Sat. 3: PITTSBURGH PIRATES, SARASOTA, 1:05 p.m.  
Sun. 4: Texas Rangers, Port Charlotte, 1:05 p.m.  
Mon. 5: MINNESOTA TWINS, SARASOTA, 1:05 p.m.  
Tue. 6: NEW YORK YANKEES, SARASOTA, 1:05 p.m.  
Wed. 7: Pittsburgh Pirates (SS) Bradenton, 1:05 p.m.  
Wed. 7: PITTSBURGH PIRATES (SS), SARASOTA, 7:05 p.m.  
Thu. 8: PHILADELPHIA PHILLIES, SARASOTA, 1:05 p.m.  
Fri. 9: Boston Red Sox, Ft. Myers, 1:05 p.m.  
Sat. 10: TAMPA BAY DEVIL RAYS (SS), SARASOTA, 1:05 p.m.  
Sat. 10: Kansas City Royals (SS), Baseball City, 1:05 p.m.  
Sun. 11: TEXAS RANGERS, SARASOTA, 1:05 p.m.  
Mon. 12: Tampa Bay Devil Rays, St. Petersburg, 1:05 p.m.  
Tue. 13: Toronto Blue Jays, Dunedin, 1:05 p.m.  
Wed. 14: KANSAS CITY ROYALS, SARASOTA, 7:05 p.m.  
Thu. 15: Texas Rangers, Port Charlotte, 1:05 p.m.  
Fri. 16: DETROIT TIGERS, SARASOTA, 1:05 p.m.  
Sat. 17: Boston Red Sox, Ft. Myers, 1:05 p.m.  
Sun. 18: Minnesota Twins, Ft. Myers, 1:05 p.m.  
Mon. 19: Philadelphia Phillies, Clearwater, 1:05 p.m.

**NBA Standings**

**EASTERN CONFERENCE**

*Atlantic Division*

Philadelphia	20	8
New York	17	12
Miami	16	14
Orlando	13	16
Boston	11	17
New Jersey	9	19
Washington	5	24

*Central Division*

Charlotte	20	9
Cleveland	15	12
Milwaukee	15	12
Toronto	14	14
Detroit	13	16
Indiana	13	17
Atlanta	10	18
Chicago	3	26

**Wednesday's Games:**

New York 89, Washington 82  
Miami 91, Indiana 79  
Seattle 107, Houston 92  
Philadelphia 118, Golden State 110

**Thursday's Games:**

Milwaukee 107, Cleveland 89  
Orlando 102, Detroit 96

**WESTERN CONFERENCE**

*Midwest Division*

Utah	20	9
San Antonio	18	10
Dallas	19	11
Minnesota	17	13
Denver	15	14
Houston	13	15
Vancouver	8	20

*Pacific Division*

Sacramento	19	7
L.A. Lakers	20	10
Portland	19	10
Phoenix	17	9
Seattle	16	14
L.A. Clippers	10	19
Golden State	8	20

**Today's Games:**

Boston at New Jersey, (n)  
Portland at Utah, (n)  
Atlanta at Minnesota, (n)  
L.A. Clippers at Dallas, (n)  
San Antonio at Chicago, (n)  
Toronto at Denver, (n)  
New Jersey at Chicago, 2 p.m.  
Detroit at Washington, 9 p.m.



photo by Ed Taylor

**BRANDON BRANHAM (44), of Prestonsburg, looks to pass the basketball off to a teammate as a Shelby Valley defender awaits. Branham is a senior.**

**A Fish Story...**

Is it musky or muskie? For sports fishing enthusiasts, either way spells fun!

Not all the large muskies are caught in the fat North. A growing number of fishing fans are asking the question, "Why not enjoy hooking the big ones without the fighting the elements?"

Cave Run Lake in Eastern Kentucky offers the excitement of trophy muskies. Impounded in 1974, Cave Run encompasses 8, 270 acres that at one time were heavily forested, thus the lake's nickname "Kentucky's Flooded Forest." The state record muskie, caught in Cave Run Lake in 1998, weighed 44 pound five ounces and measured 53 inches in length.

This spring the action heats up at Cave Run, when Muskies, Inc., holds its annual Cabin Fever Challenge, April 5, 6 and 7. Kentucky Chapter 45 will host this tournament and challenge out-of-state chapters with great musky fishing.

April 21 and 22 at Cave Run Lake, the PMTT (Professional Musky Tournament Trail) will draw fishermen from across the country to hook a trophy fish.

As a wrap-up to the month of April at Cave Run, Musky Hunting Magazine will hold its annual Spring Musky School, April 27, 28 and 29. Instructors for the school will include the magazine's owner, Jim Saeric, Steve Heiting and Kentucky's own "Crash" Mullins.

For registration information contact Jim at 800-23MUSKY or "Crash" at 606-780-4260.

David "Crash" Mullins was born and raised in the area. His nickname came about following a couple of run-ins with lake stumps. Crash notes it can be pretty foggy some morning as you head out after that monster muskie, and only his boat has sustained damage.

Crash's landing offers bait, tackle, guide service and great fishing tales. Call The Landing at 606-780-4260.

**SOME THINGS ARE MEANT TO BE CLOSED**  
YOUR MIND ISN'T ONE OF THEM.



MDA has shown how valuable people with disabilities are to society. But they can't get past a closed mind. Keep yours open.

1-800-572-1717  
[www.mdaua.org](http://www.mdaua.org)  
Muscular Dystrophy Association

**Sports Briefs...**

**Baseball**

**TECH TOPS PRESEASON POLL**

The preseason top 25 Collegiate Baseball poll is out with the Georgia Tech Yellowjackets ranked No. 1. Southern California is ranked No. 2, followed by Louisiana State third, a surprising Nebraska team fourth and Clemson fifth.

**RAINES TO ATTEMPT COMEBACK WITH EXPOS**

Time Raines, 41, has agreed to a minor league contract with the Montreal Expos. The aging outfielder hasn't played in the majors since 1999. He made his debut with Montreal in 1979 and was an NL All-Star from 1981-87.

Raines retired last march 23 after hitting .293 in 24 at-bats for the Yankees while trying to return from complications caused from Lupus.

**REDS DECLINE TO OFFER**

The Cincinnati Reds have declined to offer a 2001 contract to LHP Jeff Wallace. The Reds will report to spring training in a little less than two months.

**Basketball**

**LEDFORD UNDERGOES CANCER TREATMENT**

Cawood Ledford is being treated for cancer and undergoing chemotherapy and radiation treatments. Ledford, 74, was a longtime announcer for University of Kentucky basketball and football games.

**BELFRY TAKES SCHOOLBOY CLASSIC**

The Belfry Pirates captured the Schoolboy Classic on their home court with a 65-61 win over Burch, W.Va. in the championship game. Boo Hagar led the Pirates with 17 points. Adam Reed and Curtis Childers added to the Belfry effort with 12 points each.

**MILLER PACES LAWRENCE PAST SHELDON CLARK**

Try miller hit for a game-high 33 points as his team the Lawrence County Bulldogs hung to beat the Sheldon Clark Cardinals in the McDonald's holiday Classic at Bath County. The Bulldogs outscored the Cardinals 19-6 in a decisive third quarter. Sophomore Adam Brown led the Cards with a team-high 18 points. Senior Chad Howell finished with 15 for the Cards.

**STOCKTON LEADS GLASGOW PAST PAINTSVILLE**

Glasgow junior Brandon Stockton poured in a game-high 39 points as his team scored a 75-70 win over Paintsville in the Fifth Third Bank Holiday Classic on Tuesday in Lexington. Brian Hale scored 15 points, all on three-pointers to lead the Tigers. Chas Harmon added 13 points and Brandon Gullett 11 for the Tigers (4-4).

**Football**

**SENIOR ALL-STAR GAMES**

The All-Star Gridiron Classic which pits Team USA vs. Team Florida will be held on Saturday Jan. 13 at Orlando, Fla. The game is set for a 1 p.m. kickoff. The East-West Shrine Classic will be held later that day in San Francisco. Kickoff for the Shrine Classic is set for 4 p.m.

The Senior Bowl will be played on Saturday Jan. 20 in Mobile, Alabama. The North will battle the South in a 2 p.m. game.

The Hula Bowl to be played in Maui, Hawaii, will also be played on Jan. 20. It is set for an 8 p.m. start.

**BENNETT QUIET ABOUT NFL**

Wisconsin junior tailback Michael Bennett stepped into the Badger backfield this year and never missed a beat as he replaced the departed Heisman Trophy-winning Ron Dayne. Bennett is now faced with the question of will he leave college a year early and join Dayne in the NFL. He is expected to make a decision in the very near future.

**WABASH NAMES NEW COACH**

Chris Creighton, the coach at Ottawa University for the last four years, has been picked for the same job at Crawfordsville, Indiana's Wabash College.

Creighton previously was offensive coordinator at Manchester, which will play Wabash in the 2001 season opener.

He succeeds Greg Carlson, who was asked to resign after a 6-4 record this season.

**MONDAY NIGHT FOOTBALL RATINGS FALL**

Monday Night Football ended the season with a 10.6 rating as the AFC Central champion Tennessee Titans rolled to a 31-0 victory over the Dallas Cowboys.

**BETTIS, DAWSON WILLING TO TAKE CUTS**

Jerome Bettis and former UK star Dermontti Dawson, the Pittsburgh Steelers two most accomplished players, have both elaborated that they are willing to make financial sacrifices to stay with their team.

Bettis is due to bargain for a new contract, as he is at the end of a four-year, \$14.4 million contract he signed in 1997.

Dawson has expressed that he is willing to eliminate a \$1 million bonus if it helps him stay with the team.

**Soccer**

**U.S. NATIONAL TEAM NAMED**

Seven players from the U.S. Olympic soccer team were named to the U.S. Women's National Team. Tiffeny Milbrett, Christie Pearce, Kate Sobrero, Seri Mullnix, Michele French, Lorrie Fair and Nikki Serlanga will be among the 18-member U.S. national team traveling to China in mid-January to face that country's powerful national team. The remainder of the team is made up of five collegiate players and six players who were high picks in the recent Women's United Soccer Association player draft.

**Cycling**

**ANDREU RETIRES**

Frankie Andreu, a teammate of two-time Tour de France champion Lance Armstrong, retired from cycling and will become American director of the U.S. Postal Service team.

The 34-year old rider from Dearborn, Mich., has raced for 11 years as a professional and has competed in the Tour de France nine times. He raced in the 1988 and 1996 Olympics.



# Quota Hunt Selection System Fair

There seems to be some misunderstanding among hunters about the selection process used for the quota deer hunts administered by the Kentucky Department of Fish and Wildlife Resources (KDFWR) on Wildlife Management Areas (WMAs). The process is designed to extend the best chance of selection for all hunters who apply without any favoritism or other factors entering the process.

"It is a fair and random process," said KDFWR assistant deer program coordinator David Yancy. "We use preference points to balance fairness in the more popular hunts."

The preference point system evolved after the 1998 installation of the phone system used to apply for quota hunts and gives hunters a better chance to be drawn than the old scheme. "In the old days, those who were drawn to participate in the most popular hunts were excluded for three full years afterward, but the preference point system allows those hunters a chance the next year," Yancy explained.

One preference point is awarded each year to those hunters who apply for a quota hunt and are not selected by the system. In a quota hunt drawing, those individuals or groups with the most preference points are selected first

and the computer then selects in descending order according to the amount of preference points.

The quota hunt selection is generated completely by computer using the confirmation number supplied to applicants when they apply. This confirmation number and their social security number is the only thing known of the applicant, not their name or address, which insures complete impartiality and fairness. Before the hunt drawings, the computer scans the pool of applicants' social security numbers and rejects those who applied twice to guard against an applicant trying to stack the deck in their favor.

The odds of being drawn for each quota hunt vary. For example, those who apply for the Ballard WMA quota hunt without any preference points have about a nine-percent chance of being drawn. At current interest levels for that hunt, it would take 11 years of applying to be guaranteed a spot. For some less popular quota hunts, the chances of being drawn are nearly 100 percent.

The KDFWR instituted quota deer hunts on WMAs with the hunter in mind. There used to be no quota hunts on WMAs and the result was overcrowded conditions and, consequently,

poor and unsafe hunting. "Quota hunts are a way of controlling the number of hunters in the area," Yancy said. "Hunter safety was our first priority, but a quality hunt with uncrowded conditions and more normally behaving deer was a big consideration in adopting quota hunts. Under this system, each WMA quota deer hunter usually will have about 35 acres of land to themselves to hunt."

**Waterfowl Dates/Guide Correction**  
Waterfowl season is in full swing. The statewide season for ducks, coots and mergansers is open until Jan. 21, 2001. The statewide snow goose season is open until Feb. 4, 2001 (except Fulton County and Snow Goose Conservation Order Season, see the 2001 Waterfowl Hunting Guide for details). The statewide season for white-fronted geese and brant is open until Jan. 31, 2001. The season dates for Canada geese are: Dec. 2, 2000-Jan. 31, 2001 in the Western Goose Zone (except Fulton County, see guide for details); Dec. 16, 2000-Jan. 31, 2001 in the Ballard Reporting Area; Dec. 28, 2000-Jan. 31, 2001 in Pennyroyal/Coalfield Goose Zone; Dec. 28, 2000-Jan. 31, 2001 in the West-Central Goose Zone (mandatory

free permit required); Dec. 13, 2000-Jan. 31, 2001 in the Eastern Goose Zone and Jan. 16-31, 2001 in the Northeast Goose Zone (mandatory free permit required, shooting hours end at 2 p.m.)

There was a misprint in the 2000-2001 Kentucky Waterfowl Hunting Guide in regard to shotshell length requirements for waterfowl hunting. It should read "Shot larger than size 'T' or shotshells longer than 3 inches may not be used or possessed while hunting waterfowl." Therefore, 3 inch shells are legal for hunting waterfowl. The guide inadvertently had the number 3 followed by the "degree symbol" instead of 3 inches.

The 2000-2001 Kentucky Waterfowl Hunting Guide is available by calling the KDFWR at 1-800-858-1549.

## Sports

chance to win a state title.

The girls tournament is scheduled for January 8-13 at Paintsville High School.

The folks at Paintsville deserve holding a tournament at their school but I have to agree with the fans who are not too happy about it. The gym is a bit small for such a classic.

The place will be packed to the proverbial rafters for the semifinals and finals. The girls tournament is getting better each year.

I like the smaller gym at Paintsville because you feel so much more a part of what is going on on the court. There is not much room in the end zones and the cheerleaders take up most of that area.

However, the thing I like about girls basketball is some teams have no cheerleaders and those who do, do not have the large numbers boys do.

Up at Pikeville, it is always a grand place to hold a tournament the size of the All "A." The gym is easily accessible and large enough to be comfortable.

The tournament will start rotating next season. I believe Allen Central will host the classic next year.

Favorites this year? Pikeville carries that role in both boys and girls divisions.

Again we remind everyone that

## Shelby Valley

Continued from p1

You knew things were going the Wildcats way and the century mark was in trouble when Shelby Valley scored 50 points in the first two quarters and led 50-31 at the half.

Prestonsburg took better care of the basketball in the second period at the Wildcats cutting a 27 point lead down to 18 points. An 18-4 run to open the third period put the Wildcats in front 68-35, their biggest margin, mid way of the third quarter.

Realizing they were not finding any passing lanes open to the middle, the Cats tried to match Shelby Valley with three-point baskets and nearly did. Outside the first eight minutes of the game and the first four of the fourth quarter,

Prestonsburg stayed nearly even with the Wildcats from the 59th District.

Music had an off night finishing with just six points. He did pull down seven rebounds and had two assists (unofficially). Ricky Powers and T.C. Hatfield added four points apiece while Brandon Branham and Bevins finished with three points. Matt Tackett and Ryan Martin netted two points apiece.

Prestonsburg will host the Betsy Layne Bobcats in their first conference game of the season this Tuesday night. Prestonsburg dropped to 2-6 on the season.

Visit my site at <http://www.pastoredtaylor.com>

Continued from p1

the 15th Regional tournament will have a new twist this year as both girls and boys will play their tournaments at the same site, a first.

What a week of high school basketball. Wow! We are going to witness some of the best girls and boys basketball than we have seen around here in a while.

Amidst all the tournament play surrounding the All "A", still there is the Coca Cola Classic at Pike Central and WYMT Classic at Knott

County Central.

Allen Central, a tradition, will play back-to-back tournaments competing in both the Pike Central and All "A." South Floyd will take part in the WYMT Classic.

The All "A" will make three tournaments in three weeks for Allen Central with a regular season game with Johnson Central sandwiched between the Shelby Valley and Pike Central tournaments.

Until Wednesday, good sports everyone and be good sports!

## Bluegrass

Continued from p1

and Megan Hyden with 12 points apiece. Ramanda Music finished the contest with 10 points.

**RUSSELL (72)** - Nester 29, Dial 19, Marshall 11, Faulkner 10, Hartman 3.

**PRESTONSBURG (52)** - Coleman 12, Hyden 12, Music 10, Conley 8, Nelson 4, White 4, Webb 2.

**Second Round**  
QUEEN OF THE BLUEGRASS SCORES

Betsy Layne	79	Estill Co.	48
Rose Hill	40	Lincoln Co.	43
Russell	72	Ashland	63
Prestonsburg	52	Jenkins	43
		Harrison Co.	64
		Boyd Co.	62
		Paul Dunbar	70
		Clark Co.	39
		Assumption	59
		Newport	48
		East Carter	88
		Lewis Co.	43

## Preview

Continued from p1

score on the three's.

Angela Howell, in all fairness, is in her first season at the point for Prestonsburg. While she struggled earlier, has come a long ways in becoming a very good point guard.

But experience is hard to beat and the edge goes to Betsy Layne.

### EXECUTION

There are not many teams in the region who will execute on offense like Prestonsburg does. Coach Tackett has taught his club well the art of passing the basketball and running their offense. Unselfish play highlight's the Lady Blackcats game and Brook Coleman is one of those players who will give up the ball for a better shot.

Betsy Layne is helter-skelter at times on offense, although they seem to be able to make the most of a busted offense, more so than any other team. A scrappy player in Natasha Stratton makes that possible.

But the edge here goes to Prestonsburg.

### DEFENSE

The pressing game is something

new to both ballclubs and both have break downs at time in trying to pressure the basketball.

Prestonsburg appears to be quicker where Betsy Layne takes better care of the rock. We will call it a tie when it comes to the defense.

### WIPING THE GLASS

Prestonsburg has two hard workers on the boards in both Conley and Music. But Hyden is a deceiving good rebounder as is Coleman.

However, every team has a garbage player who is on the floor for loose ball, blocking out for good position and Betsy Layne has many of those.

Music is one of the regions best

when it comes to working the boards. Edge? Prestonsburg.

Betsy Layne seems to be having fun and taking the game more serious than does Prestonsburg. The Lady Blackcats are a talented laden team and no doubt one of the regions best.

But the team that does what they are capable of doing, forgetting doing things they are not capable of doing, and taking care of the basketball, will go home with a win.

This is going to be a good one! No cup cakes here for either team. This will be an all out war and it happens Tuesday night at Prestonsburg.



THIS SOUTH FLOYD RAIDER FAN gave a double thumbs-up to Coach Henry Webb's Raider team at a recent game.

## 2001 NFL draft order

The order of the first round of the 2001 NFL Draft (x-subject to playoffs):

1. San Diego; 2. Arizona; 3. Cleveland; 4. Cincinnati; 5. Atlanta; 6. New England; 7. Cincinnati; 8. Chicago; 9. San Francisco; 10. Dallas; 11. Carolina; 12. Kansas City; 13. Seattle; 14. Buffalo; 15. Washington; 16. Pittsburgh; 17. Green Bay; 18. Detroit; 19. New York Jets; 20. x-New Orleans; 21. x-St. Louis; 22. x-Tampa Bay; 23. x-Indianapolis; 24. x-Denver; 25. x-Philadelphia; 26. x-Minnesota; 27. x-Miami; 28. x-Oakland; 29. x-Baltimore; 30. x-New York Giants; 31. x-Tennessee



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INSIDE THE PRO FISHING TOUR

# Walleye Circuit Offers Millions

Big-money tournaments have finally made it to walleye country. Operation Walleye recently announced the introduction of a \$2.9 million professional walleye fishing circuit known as the Wal-Mart RCL Walleye Series.

The new walleye trail was anticipated after the organization held its first walleye event three months ago — the \$1.4 million Wal-Mart RCL Championship in Green Bay — and awarded a top prize of \$300,000 to Scott Glorvigen of Grand Rapids, Minn.

Operation Walleye is a new division of the 18-year-old Operation Bass tournament group. The RCL Series will be the country's most lucrative walleye tournament trail and could become the center of attention for the nation's 4 million walleye anglers.

The new circuit is named for boat manufacturers Ranger, Crestliner and Lund, which are owned by Operation Bass boss Irwin Jacobs. The RCL Series

is intended to elevate competitive walleye fishing to national stature through lucrative tournaments and big-name sponsors, a formula that has worked well in the professional bass arena.

"We view this as an opportunity to help grow the sport as a whole," said Charlie Hoover, president of Operation Bass/Walleye. "After an extremely successful RCL Championship earlier this year, we decided to continue the momentum and build on the foundation laid by that event and by the tournament organizations that supported it."

The circuit will consist of four qualifying events and a year-end championship. Each full-field qualifier will award anglers \$390,750 and a Ranger, Crestliner or Lund boat. The top pro division award in each qualifying event is \$50,000 plus a boat. The top co-angler (amateur) division award is \$15,000. The RCL Championship will feature a top award of up to \$400,000 in the pro division and up to \$150,000 in the co-angler division. All told, the RCL series could award up to \$1.4 million cash.

The first tournament of the new series will be held April 11-14 on Lake Erie in Port Clinton, Ohio, followed by a stop in La Crosse, Wis., May 9-12, for a tournament on the Mississippi River. The two remaining qualifying tournaments will be held June 13-16 on Saginaw Bay in Bay City, Mich., and Sept. 5-8 on Devils Lake in Devils Lake, N.D. Green Bay will be the site of the 2001 RCL Championship Oct. 2-6.

Entry fees for the \$1.4 million RCL Walleye Championship are \$1,500 for pros and \$750 for co-anglers. For more information, call Operation Walleye at (270) 362-5259.

**BASSMASTER TV Returns** "The BASS-MASTERS," the award-winning tournament fishing television series, will be joining the ESPN2 lineup beginning with the airing of the Maryland BASSMASTER Top 150 from the Potomac River on Jan. 12 at 6 p.m. EST.

"We are thrilled to add the longest-running competitive bass fishing series to our extensive lineup of ESPN and ESPN2 outdoor programming," said Gary Morgenstern, director of brand management for ESPN.

ESPN2 features a weekly schedule of 14 hours of outdoors programming.

## Pro Power Ratings

Star indicates a pro who is coming on strong.

This Week	Last Week	Weeks on List	Angler, Hometown
1	1	78	★ Kevin VanDam, Kalamazoo, Mich. Leads BASS Angler of Year standings
2	2	61	★ Tim Horton, Spruce Pine, Ala. Reigning BASS Angler of Year
3	3	78	Rick Clunn, Ava, Mo. Fourth in Classic
4	4	78	Davy Hite, Prosperity, S.C. Won '99 BASS Masters Classic
5	5	78	★ Larry Nixon, Bee Branch, Ark. Won Top 150 season opener
6	6	78	Denny Brauer, Camdenton, Mo. Returning after surgery
7	7	56	★ Aaron Martens, Castaic, Calif. Won recent Calif. BASS Invitational
8	8	42	★ Shaw Grigsby, Gainesville, Fla. Won two Top 150s; third in Classic
9	9	48	Michael Iaconelli, Woodbury Heights, N.J. Placed 10th in Classic; finals of Top 150 opener
10	10	28	★ Gary Klein, Weatherford, Texas Won two FLW events and Tracker Legends

These ratings of America's top tournament bass pros are based on Tim's opinion of their talent, knowledge, experience and most recent tournament performances.

## Tips From the Pros



RICK CLUNN is a four-time BASS Masters Classic winner and the first pro to win \$1 million in tournament earnings. He lives in Ava, Mo.

### Muddy Water Clarified

"Contrary to what most fishermen think, muddy water isn't all bad. Muddy water doesn't mean that your chances of catching fish are gone. You just have to change your approach.

"Muddy water actually provides the angler with some advantages over clear water. It positions bass at a predictable depth. The fish tend to be less spooky, and muddy-water bass are more likely to hit a lure than those in clear water.

"When you're faced with muddy water, a rule of thumb is to fish in 2 to 5 feet of depth and stay near the bank. Bass in muddy water will almost always be positioned shallow. Since muddy-water bass depend almost entirely on hearing sound and detecting vibration, I prefer to use bulkier lures that create more vibration. My muddy-water choices are a big shallow-running crankbait, a large-bladed spinnerbait, a jig-and-pork combination, a buzzbait and fat plastic worms.

"The only times when muddy water is almost impossible to overcome is when it is cold or freshly churned up."

A weekly guide to sports in the wild, including the professional bass fishing tour

# Outdoors

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Gary Klein's daughter, Dakota, gets to tag along with Dad at a BASS weigh-in.

## Kids' Stuff

### Bass Pros Recall First Childhood Rod and Reel

By TIM TUCKER, Outdoors Writer

Today's professional bass fishermen own the top tackle money can buy. They spare no expense to get the best tools for doing their job. But it hasn't always been that way.

Their careers were born of humble beginnings. It is interesting to look back at how they began fishing, as well as the kind of tackle they first learned to use.

Texas pro Gary Klein, a two-time BASS Angler of the Year: "My very first fishing outfit was a Zebco 33 push-button reel. For youngsters just getting started, I would encourage their parents to get them a good piece of equipment because that is what is going to make them enjoy the sport of fishing. Fishing is a lot more fun when you have a rod and reel that works well.

"I was 5 or 6 years old when I got my first Zebco spincast outfit, which was real easy to use. Any youngster can learn to use it in minutes. And I used mine for a couple of years before moving up to spinning tackle."

Former BASS Masters Classic champion Jack Hains: "I was only 3 or 4 years old when I started fishing and I used a homemade stick pole. Then I moved up to a cane-pole. I fished an irrigation ditch in front of my house for years with the maid that took care of me. I fished with anything — even table scraps — and caught anything that would bite, even minnows. I practically lived on that ditch.

"I remember how excited I was to get my first store-bought outfit, which was a spinning rod and reel. And I remember that I was so

used to cane-pole fishing that when I hooked my first bass on that rod and reel, I just ran up the bank until I beached the bass. I was too excited to use the reel!"

Denny Brauer (seven-time BASS winner and 1987 Angler of the Year): "If I remember right, I started fishing when I was about 8 years old and we caught a lot of catfish on a cane-pole in a little old creek using grasshoppers for bait. That was a lot of fun.

"Later, I got a baitcasting outfit, a primitive Hiawatha reel. A spincast outfit was an upgrade for me. Regardless of what I was using, I always had a good time fishing back in those days. That's important even today."

Three-time BASS Angler of the Year Kevin VanDam: "As a kid, I became pretty serious about fishing almost right away. It was a lot of fun and I wanted to go as much as I could.

"I was 5 years old when my dad first took me fishing and I had a Shakespeare Wonder reel and a fiberglass rod. I would go through two or three of these outfits a year. I would drop them in the dirt and wind sand in them, so I would tear them up pretty quick."

Florida pro Bernie Schultz: "I started when I was 6 years old and I spent a lot of time fishing with a cane-pole on a lake in Sanford, Fla. When I was 10 years old, I got a Zebco 33 spincast reel on a fiberglass rod that I bought from Montgomery Ward. Then I moved up to a Mitchell 33 spinning reel on a Montgomery Ward rod, which I bought with money from my first job — I was paid a dollar an hour to pick watermelons.

"I was really proud of buying my own fishing rod and reel."

YOUR SPORTS

# Government Bucks Yours For the Asking

By JOHN E. PHILLIPS

Most sportsmen don't realize that the government has many thousands of acres of well-managed deer-hunting lands in its inventory. Uncle Sam wants you to hunt these lands to keep the deer herds on them from becoming overpopulated. Unfortunately, most outdoorsmen have very little information about the locations of these lands and the requirements to hunt on these deer-rich properties.

Last season as I sat on the front porch of White Oak Plantation near Tuskegee, Ala., in a rocking chair, I enjoyed the company of retired Col. James M. Stamper of Old Town, Fla. Stamper told me about some of his adventures while deer hunting on military bases in this country and abroad. When I asked if the military bases allowed civilians to hunt on them, Stamper's answer surprised me.

"Sure," he said. "The government bought those military bases with taxpayers' dollars. You own them, and the military encourages civilians to hunt on the bases."

For the last 50 years, Stamper has hunted military bases with great success, including Fort Bragg, N.C.; Fort Benning, Ga.; Fort Rucker, Ala.; Fort Stewart, Ga.; Fort Carson, Colo.; Fort Walters, Texas; and Camp Gary, Texas (now closed).

According to Stamper, sportsmen find outstanding deer hunting on military bases because each base usually has a wildlife biologist responsible for managing its herd. The bases also have game wardens who patrol the property and strictly enforce good management practices.

"I believe the intensive management of the deer herds, the planting of the food plots and the need to keep the herds below the carrying capacity of the land make deer hunting on the bases better than hunting on other public areas," Stamper said.

"The rod-and-gun clubs, which are the wildlife associations on the bases, usually have a board of officers, often with civilian members serving on that board. This board develops the rules and regulations governing hunting on the military reservation for maximum use of the hunting lands for both military personnel and civilians."

### LEARN MORE

You can learn more about military base hunting by calling (800) 627-4295

On the Web, go to [www.dtic.mil/soldiers/jan1998/post/post.html](http://www.dtic.mil/soldiers/jan1998/post/post.html), to see a list of all active Army posts in the country and around the world.

Although some military bases may experience fairly heavy hunting pressure at certain

times of the year, their quality deer-management practices afford excellent opportunities to bag a buck.

"I really enjoyed hunting and taking game on military bases in Italy and Germany," Stamper said. "But I preferred to hunt Fort Rucker, Ala., over all the other bases I hunted. This base had the best deer and turkey hunting I ever had seen."

"Many years ago, civilians would come to the base with 25 pickup trucks and about 100 dogs to drive the deer herd. Local hunters and military personnel would take stands, and we always harvested plenty of bucks. During those days, I bagged several eight-point bucks and one nice nine-point. I don't know if Fort Rucker still offers dog-deer hunting, but I know the base still has plenty of deer and turkey on it."

The military bases that allow hunting invite civilians to hunt. As Stamper said: "I believe more people don't take advantage of this type of hunting because they just don't know that many military bases throughout the nation offer public hunting. Also, many sportsmen don't discover the hunting opportunities on these government lands because they don't know how to obtain information about hunting military bases."

Stamper said that in most cases you must write the commanding officer of a particular military base you want to hunt and request information on how to obtain permission.

"Once the base commander receives your letter, he'll pass the letter on to a liaison officer, who will give your request to the wildlife association on the base. The wildlife association will send you all the information you need to hunt that base, including any fees, permits, regulations or courses you must attend to hunt there."

GEAR AND GOODIES

## The Truth About Turkey Hunting

If you love turkey hunting or know someone who does, get your hands on a copy of a new book, "The Truth About Spring Turkey Hunting According to Cuz." There has never been a turkey book like this one.

"Cuz" is Mississippi's Ronnie Strickland, a veteran woodsman, humorous storyteller and longtime filmmaker for the Mossy Oak brand of camouflage. Cuz is one of the most enjoyable people with whom I've ever shared a hunt camp or blind — and among the funniest.

Years ago, Strickland helped produce "The Truth" series of instructional videos for Primos Hunting Calls. In the process, he developed a different and amusing perspective on turkey hunting. In

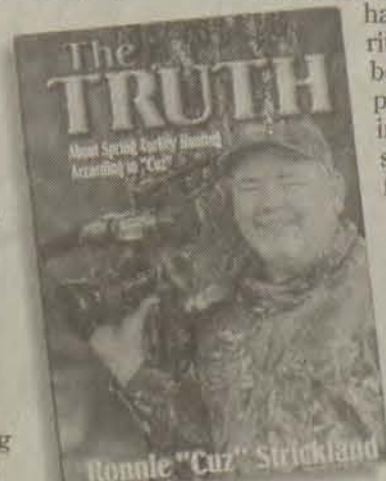
his new book, he covers such topics as superstitions, snakes, sleep deprivation, calling too much and too loud, and hunting neophytes.

This book will bring a smile to anyone who has ever witnessed these particular rites of spring. But in addition to being enjoyable reading, this book provides some time-tested instructional tips on locating, setting up, calling and scouting for spring gobblers.

Even the most seasoned veteran turkey hunter will get a hoot out of the turkey-hunting world according to Cuz.

— Tim Tucker

For more information, call Haas Outdoors at (888) MOSSYOAK.







Feature:  
 Hundreds of area children got an early taste of Christmas during Christmas in the Park on Thursday, December 21, at Archer Park.



*PostScript*

by Pam Shingler  
 Editor



**Resolved**

It's time again to "take a cup o' kindness." The threatening, frightening, mysterious year 2000 is closing out with barely a whimper, let alone the bang we were over-warned about.

It's hard now to believe the trepidation we felt this time last year when the '00 rolled over.

This year, as most years, I'm bowled over by the whirling gusts from time rushing by. In 2000, I had very little trouble getting the year right when writing the date, as I normally do. No, my biggest problem has had nothing to do with the year.

Rather, for 12 months, I've had a hard time getting the month right. In July, I kept wanting to write March — or the number 3 — in the month slot. Several times during the fall, I fought the urge to write May, 5, and once or twice (or more) I actually did.

I think I'm in some sort of time warp. If yesterday was July 4, how can today be the end of December? If last year was 1980, how can tomorrow be 2001 (which we thought back then came with a space odyssey)?

\*\*\*  
 I'm not doing resolutions this year. My resolve seldom holds up, I've found.

For years and years, I resolved to quit smoking, but come the afternoon of New Year's Day, I was invariably out in search of a pack of cigarettes. When I did quit the last time, it was in the fall of the year, long after resolutions were forgotten.

(I use the term "quit the last time" because I know it's an addiction that has to be faced day by day. Mark Twain is credited with saying, "Quitting smoking is easy. I've done it hundreds of times." It's the staying quit that's hard. Few days go by that I don't think about lighting one up.)

Most of my other resolutions have the same history. If I do it, the time of year is generally irrelevant.

Instead of making resolutions that I might feel guilty about not keeping, I think I'll just make a list of what I would like to do in '01.

First, I've had a strong longing lately to see old friends. I'd like to get on the road and make stops in Pennsylvania, Delaware, Georgia, Alabama, Arkansas and central Kentucky, to take up old conversations, to remember good times, to connect the dots of passing years, to feel loved.

Then, I'd like to have more people in my home. It needs a lot of work, and it has become my sanctuary, but I need to reach out and to share.

I'd like, too, to go to more movies and to get back into charting places to see in this region, both of which I miss dreadfully.

I'd also like to find a publisher for my non-newspaper writing.

More in the nature of a resolution (and with shades of Oprah), I'd like to stop allowing other people to steal my spirit.

And, I can't resist adding that I'd like to win the lottery. (I threw that in to convince myself the other desires are doable.)

Blessings on you in the new year.

\*\*\*

Greetings to subscriber Troy Hall of Somerset. Thanks for reading the Times.

# I resolve ...

The Times asked participants at senior citizens centers across the county to write down their resolutions for the new year. Here's what those who responded came up with.  
 Happy 2001!



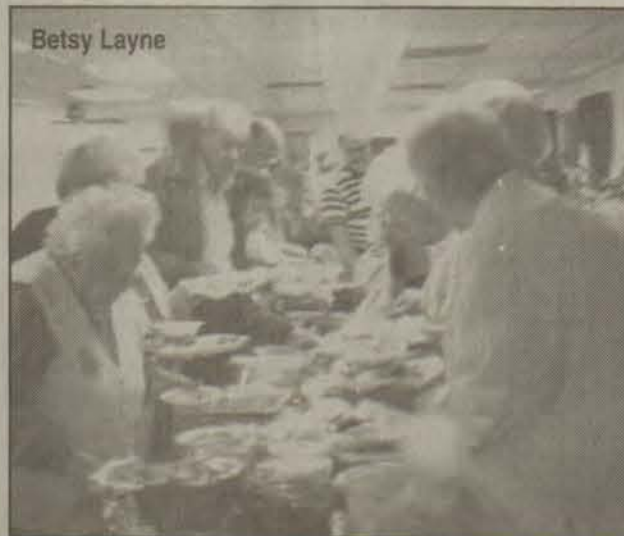
Betsy Layne

**McDowell Senior Citizens Center**

- I am going to try to quit smoking.  
—Alma Mosley
- I plan to lose weight and show Geraldine how to get a man.  
—Kathryn Youmans
- I am going to try to live every day as if it were my last.  
—Euka Hicks
- Keep looking for that special someone.  
—Geraldine Ward
- This coming year I'm going to promise to be as good as I can be to everyone  
—Dina Mullins
- To be a better person, and stay able to attend church and Sunday School and help where needed.  
—Celia Ward Little
- To be as good as I can be. Hoping to stay able to help Karen's children. Thank God for standing by me these last four years; without God I could have never made it.  
—Helen Stumbo
- Hope to make new friends at the center.  
—Opal Bentley
- I'm going to try and do the best I can.  
—Alma Tackett
- Come closer together; love each and everyone; think about the welfare of my soul.  
—Brooksie Gearheart

**Betsy Layne Senior Citizens Center**

- To serve God more. To count my blessing more each day and be happy for the days to come.  
—Elizabeth Little.
- Attend church more.  
—Alita Salvege
- Play more rook at Betsy Layne Senior Citizens.  
—Leabelle Rice
- Live a long Christian life.  
—Freeman Branham
- Have a faithful attitude.  
—Lem Meade



Betsy Layne



Mud Creek

- To be a better Christian and love everyone, and everyone will serve God.  
—Gracie Wilburn
  - To live a more faithful Christian life and pray for better health.  
—Lillian Sturgill
  - To lose weight and be a light to others.  
—Betty Kidd
  - Love everybody.  
Be a better person.
  - Love Duck more and more.  
Be good to my children.  
Think about getting along with George W. Bush.  
—Agnes Kidd
  - God bless everybody.  
—John Damron
  - Just glad to reach the New Year, looking forward to enjoying life.  
—Jo Laden
  - I would like to be more compassionate to each and everyone I meet.  
Velma Trivette
- Mud Creek Senior Citizens Center**
- Quit drinking coffee, live a better life, and live closer to the Lord.  
—Clois Hamilton
  - My New Year's resolution for 2001 is thank God for my new double wide trailer. And wish for all the children in the world to have a good Christmas. And have better life in this world.  
—Judy Hamilton
  - My New Year's Resolution for 2001 is: I resolve to live the best I can and do unto others as I will have them do unto me.  
—Carmel L. Akers
  - My New Year's resolution for 2001 is that I make my permit and license.  
—Maudie Music

(See RESOLVE, page three)

## This Town That World

*Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request. The following column was written in 1961.*

This sentence is written my friends to say to all readers in Floyd Knott Johnson Magoffin Pike and Martin counties and in the states of Ohio Michigan and points east west north and south that the comma key on this typewriter isn't working.

**THE EVIDENCE**

We're told we can take a verse or a sentence out of context and prove just about anything by the Bible. Isolated cases in the lives of men can be used for the same purpose.

Take the case of the fellow who had no education and finally found work in a slaughter-house, for instance. He flew into his work with such abandon that before long, the head man offered him a bookkeeping job in the office. Lack of education killed that move off, but the guy kept working and saving his money which he invested in odd bits of property till the day finally came when a big boom hit the town, property values skyrocketed, and he was worth a million dollars.

In the course of his business dealings he met with a railroad executive to transfer title of some of his property for a sizable sum. The exec peeled off and shoved the deed over to the hero of this story for his signature.

"I'm sorry but we'll have to have witnesses to my mark—I can't write," the wealthy landowner told the other.

Whereupon the railman sat back his chair and marvelled: "I just wonder what you would have been if you had got an education," he mused.

"That's easy," replied the other. "I would have been a bookkeeper in a slaughter-house."

**TRYING TO KEEP EVERYBODY HAPPY**

I've been dabbling around with the idea of writing a news-story which would offend nobody, and it has developed into quite a journalistic chore. Space will not permit my detailing every step of the way but this will suffice to show the method and the result.

We start with the lead paragraph of a hypothetical murder story:

"John Jones, 56, was shot and instantly killed yesterday afternoon at Mooseville by his friend of many years, Jason Voorhees, 64, church elder and bank president there."

Um-m...let's see. We said Voorhees is 64. Might be 65 and we might cause his family social security trouble. Better cut that. "Bank president"...no, the bank there will be sore as all get-out: prestige, you know. Out that goes. Church elder? Now there are several churches there and it isn't fair to those churches not involved.

Besides, his church is not to blame for what he did. More red-penciling. "Friend of many years"...now Jones' relatives will swear Voorhees was his blood enemy for many years and that a man of decedent's fine character would not disgrace the family name by being a friend to such a heel as this murderer. More of the old story gone. "Mooseville"...some mighty good people up that way—shouldn't put a blight on the whole town because of this one incident.

So...And "instantly killed"? Is anybody ever instantly killed? Almost, maybe, but not instantly. Let's not lie about it. And there's the matter of Jones' age. His wife who claims to be 35 will blow her stack if we say he's 56. So-o-o...

We're left with this story:

"John Jones was shot and killed." And what will we do about a headline equally clear and revealing? Hey, boy!—just put a little question mark for a heading.

(And now, after all this trouble, we come up with the idea that somebody is going to be sore because we didn't extol the many, many virtues of this paragon who has just bit the dust.)



# Things to Ponder

## Happy New Year—2001

by MABLE ROWE LINEBERGER, PH.D.

2001 is a new year and a new beginning. Suppose we all have the "perfect" plan of how a New Year celebration should be. Needless to say, it usually varies according to age. During my early teen years, I had an "ideal" mental picture of what a REAL New Year's celebration was. I can only recall one year that I spent the evening even close to what my perfect and ideal expectation was.

The year was 1960; now I'm really telling my age. I'd been dating a young man for about five months and he was the dream of my life (at the time) and the basic requirement of the perfect night. We spent most of the evening dancing to rock-and-roll music at the most popular place on Palm Beach. The party included about six or eight couples. Afterward, we went to my dream's house and fixed breakfast for everyone. It was such nice fun.

Now as years have gone by, New Year's Day brought on a new meaning. When son John was at home, we always enjoyed watching the Tournament of Roses parade. That was one of our major events. Who knows what this year will bring? What will you do for the New Year's celebration this year?

Would you believe that the celebration of the New Year is the oldest of all holidays? It all began 4,000 years ago in ancient Babylon. They did not have a written calendar, but around 2000 B.C., Babylonians celebrated the beginning of a new year on what is now March 23. Come to think of it, late March would be a logical choice for the start of the year, since it is time for spring and new crops are planted. In contrast, January 1 has no astronomical or agricultural significance. It was just picked.

Can you imagine a New Year's celebration that lasted for 11 days? Supposedly, each day had its own particular celebration and it is safe to say that our modern celebration is much less than those. Then the Romans observed the start of the year on March 25 until it was out of synchronization with the sun, after being tampered so by various emperors. Many years later and after the tampering had continued, Caesar arranged for a year to drag on for 445 days so that the new year could begin on January 1.

Like other traditions, New Year's Celebration has been impacted by the church. The early Catholic Church condemned the festivities as paganism, while the Romans continued to celebrate the New Year in the first centuries. Reportedly, as Christianity became more widespread, the early church began having its own religious observances along with many of the pagan celebrations, and New Year's Day was one of them. During the Middle Ages, the church remained opposed to celebrating New Year's, but January 1 has been identified by Western nations as a holiday for only about the past 400 years.

Then there are all of the more modern New Year's traditions. One cannot forget the time to make resolutions for the New Year—a new beginning to correct last year's mistakes or habits, such as losing weight or quitting smoking. The tradition of resolutions also began with the early Babylonians. Their most popular resolution was to return borrowed farm equipment.

Again, going back to the tradition of the Tournament of Roses Parade, it began in 1886 to celebrate the ripening of the orange crop in California. Members of the Valley Hunt Club decorated their carriages with flowers. Would they not be shocked with the number and type of flowers used in modern parades? The football game has not always been there; it was played first in 1902, replaced by Roman chariot races the next year, and returned in 1916 to be the center of attention of the festival.

It was interesting to find out about how the tradition of using a baby to represent the new year first began—by the Greeks around 600 B.C. At that time, they celebrated their god of wine by parading a baby in a basket, which was to represent the annual rebirth of their god as the spirit of fertility. The early Egyptians also used a baby as a symbol of rebirth. As usual, the early Christians denounced it all as paganism. Then the popularity of the baby as a sign of rebirth forced the Church to assess the situation again. Finally, the Church allowed members to celebrate the new year with a baby to symbolize the birth of the baby Jesus. The Germans first brought to America the idea of a baby with a New Year's banner as a symbol of the new year.

Attempting to have luck in the New Year has also been popular over the years. The belief was that one's luck was affected by what they did or ate on the first day of the year. Thus, celebrating the first few minutes of a brand new year with family and friends was important. Parties then began lasting until the middle of the night. The first visitor on New Year's Day was also thought to bring good luck that would be greatly improved if the visitor was a tall dark-haired man.

As we know, several foods are connected with increasing luck on New Year's Day for the rest of the year. One idea has been that anything in the shape of a ring was lucky—symbolizing "coming full circle" and completing a year's cycle. Thus, the Dutch have the tradition of eating donuts for good luck on New Year's Day. Of course, we are familiar with black-eyed peas with either hog jowls or ham as a lucky meal. In addition, cooked cabbage is another "good luck" vegetable consumed on New Year's Day.

A New Year's Eve celebration would not be complete without "Auld Lang Syne" playing over and over again, beginning at the stroke of midnight. Reports are that Robert Burns partially wrote the song in the 1700s, but it was not published until 1796 after his death. His version of the old Scotch tune was supposedly a modern version of the early variation of the song sung prior to 1700. "Auld Lang Syne" literally means "old long ago," or "the good old days." So Happy New Year! May you meet your resolutions! Here's to good luck for the coming year.

Dr. Lineberger is a Licensed Psychologist with a private practice in Prestonsburg. She provides psychological services—psychotherapy and testing—for all ages.

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**NEWS**

Theresa M. Scott  
Floyd County Agriculture Extension Agent  
University of Kentucky, College of Agriculture

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FAMILY & CONSUMER SCIENCES

## A New Year, a fresh start

January is a wonderful time of the year for taking stock of our lives. The cold, wintery weather encourages us to slow down, and the quietness of nature invites us to pause and to be still. It is a time for reflection, a time to be nurtured by silence, a time to pay close attention to the whisperings of our hearts.

Being in the month of January is like standing on the peak of a mountain on a clear day. To the left we see the challenges and choices of last year, and to the right unfolds the fresh landscape of the coming cycle of the seasons. Looking back at the past year, we can count our blessings and successes, and learn from the inevitable hardships and mistakes that are an essential part of the instruction in life's schoolroom.

Enriched by this perspective and the wisdom it brings, we gaze upon another year stretching out in front of us—a year filled with new opportunities and the priceless gift of time.

A survivor of life-threatening illness recently put it this way: "Cancer changed my whole perspective on life. It woke me up to the wonder and opportunity of each day and every precious moment. Life is too short for regrets, worries and pettiness. I know I've received a gift of time, and in turn, I want to give back to my loved ones and to the world."

How do you personally want to use the gift of time that the rest of the year will bring? Take a little while away from your normal responsibilities and ponder this question:

What would you most love to accomplish during this precious year of opportunity?

The key word in this question is "love." Thinking about and doing what we truly love is energizing. It's good for our physical health, and brings us joy and satisfaction. Doing what we love stimulates creativity and is one of the best motivators ever discovered.

Next, with pen and paper in hand, write down your answers to this simple yet profound question: What would you most love to accomplish during this precious year of opportunity?

Avoid mechanical answers. Take a few deep breaths and let your thinking be fresh, bold, creative. Allow your heart to dream and be adventuresome. Jot down whatever words or pictures pop into your mind. When you're finished, look over what you've written and pick out your "target"—a word, or phrase, or picture, or symbol that summarizes your answer, that pinpoints what you want to accomplish in the coming months.

Now, put your target in the center of a blank page and draw a small circle around it. Look at your target, and all around it jot down words and/or symbols of things that will help you achieve your target goal. Do this spontaneously, without censoring what comes out. What results is your vision map—an integrated picture of your target and the things that will help you reach it.

Take your one-page vision map and, if you wish, rework it or polish it up. You may want to draw connecting lines and arrows, insert key notes, or give your vision map a name. You may also wish to use bright markers or colored pencils to add richness and clarity to your diagram.

Show and explain your vision map to a few trusted loved ones and friends. Sharing your vision takes courage. It demonstrates your commitment to suc-

cess, and it gives you a chance to receive helpful feedback from those you respect. After you finish sharing, use the feedback you have received to fine tune your vision map. Then post it in a place where you will see it frequently, all year long.

### Here are a few tips for following your vision map to your target goal.

■ In the busyness of everyday life, it's easy to forget the importance of taking regular, small steps toward your vision. Creatively use reminders that will help you follow through—a string around your wrist, a note on your calendar, a pebble in your pocket.

■ We often fail simply because we give up. Don't. It's OK to fall down; it's OK to get discouraged. But don't give up. Remember that failure is another word for learning. Persevere. It will likely be your key to success.

■ Take a few moments here and there to visualize the end result of your vision map as if it were happening now. See your vision in living, moving color. If doubts or negative images start to crowd in, immediately let them go and again focus on your positive imagery.

■ Enlist the help of a special friend, confidant or counselor who believes in your vision and will support your year-long commitment to it. Perhaps he or she might check in with you once a week or so to see how you are doing and to encourage you.

■ Don't dwell on problems, but do prepare for potential obstacles. Think ahead and name obstacles you are likely to meet in reaching your target goal. Plan ways to go around or under or over these barriers. When we are prepared for obstacles we can more easily avoid them or nip them in the bud.

■ Stay flexible as you move toward your target vision. As appropriate, update your vision map. Remain true to your purpose, while allowing for new information and changing circumstances.

Along with Martin Luther King, we each must quietly, receptively search our souls until we can say, "I have a dream." Your dream is your inner, visionary call to adventure. A part of your dream is captured in your vision map. As a gift to yourself and to your world, bring your vision map to life. What a wonderful way to say thanks for the invaluable gift of time that this coming year will bring.

Prepared by Sam Quick, Ph.D., Human Development & Family Relations Specialist



Hundreds of area children got an early taste of Christmas during Christmas in the Park on Thursday, December 21, at Archer Park. Put on by the Prestonsburg Woman's Club, the event featured loads of activities, food and a visit from Santa.

## School happenings

### Adams Middle School Youth Services Center

■ Center is open weekdays, 8 a.m.-4 p.m. or later by appointment. 886-9812.

### Allen Central High School

■ ACHS Band is collecting Pepsi Musical Points, which enable the purchase of instruments. Points are on 12-pack cubes, 20 oz. and liter bottles of Pepsi, Diet Pepsi, Mountain Dew and Diet Mountain Dew. Give to any ACHS band member or mail to Eastern Band Boosters, PO Box 156, Eastern, KY 41622.

### Clark FRC

■ After school child care, 3-5:30 p.m., school days, openings available.

■ Nurse in the center on Thursdays. Appointments for sixth grade physicals now being scheduled. 886-0815.

### McDowell FRC

■ Floyd County Health Department nurse is at the Center each Monday to see patients. Call to schedule physical appointment for your 5th grader. Call 377-2678.

■ A counselor from Mountain Comprehensive Care is at the center one day a week to see students in need of counseling. Parents are encouraged to stop by the center if they think their child can benefit.

■ GED classes, free, Mondays, 8 a.m. - 11:30 a.m. Instructor, Linda Bailey of The David School.

■ Child Care, from school dismissal -5 p.m., \$20 per week/per child. For possible fee assistance, call East Kentucky Child Care Coalition, 886-1280.

### Prestonsburg Elementary PTA

■ PTA Dairy Queen Punch Cards for sale; \$10 for 18 uses between now and July 2001;

buy one item, get the next free. Good at Prestonsburg, Martin and Pikeville Dairy Queens.

### Prestonsburg FRC

■ Center is open weekdays, 8 a.m.-4 p.m. After School Child Care, 3-6 p.m., school days.

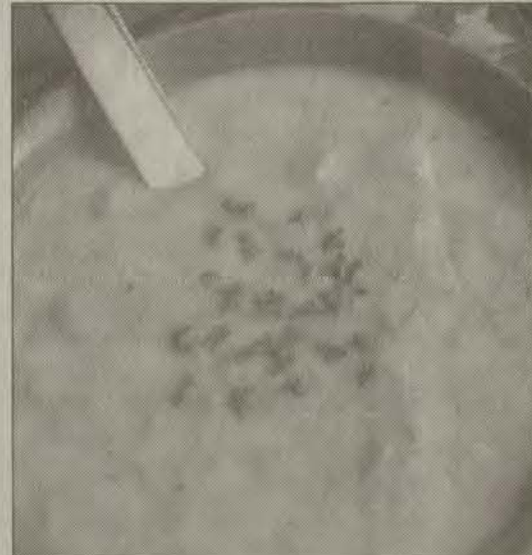
■ Counselor from Mountain Comprehensive Care at center one day a week to see students in need of counseling. Call 886-7088 or stop by.

■ 1-9: Family Reading Night, 6-7 p.m., library.

### South Floyd Youth Services Center

Walking track open to public. One stop career station satellite and adult education available. 452-9600 or 9607, ext. 243 or 242.

## Holiday Food, New Year's Bisque



You'll love these new recipes for Caramelized Onion Bisque. Whether or not the new year finds you trying to lose a few pounds, this cream-style soup is sure to please your palate. You won't even know you're eating "resolution-foods" because you'll be enjoying the flavorful richness of this quick and easy-to-make meal.

The culinary professionals at Pioneer Brand have developed two versions of this popular new taste combination. Both recipes use lots of onion, chicken or beef broth, and no-fat country or brown gravy mix. The onions take on a sweet flavor when just a bit of brown sugar is used to caramelize them; they soften and turn golden brown as the sugar liquefies. The flavor is enhanced even more with a splash of wine or sherry and a bit of Swiss cheese. "The gravy mix adds just the right seasonings and thickening needed for the soup, without adding my fat," says Margri Walstrom, culinary professional for Pioneer Brand. "When I'm entertaining

friends, I serve small portions of this rich soup as a first course to excite the taste buds and whet the appetite. Everyone loves it, says Walstrom.

Serve the bisque with Rosemary Biscuit Sticks, hot and fresh, straight from the oven.

### Creamy Caramelized Onion Bisque

The evaporated skim milk adds more creaminess to this soup.

4 large sweet onions, chopped (such as Vidalia, about 6 to 8 cups)  
2 tablespoons packed brown sugar  
2 tablespoons canola oil  
2 cans (14 1/2 oz. each) or 1 carton (32 oz.) fat-free, reduced-sodium chicken broth  
1/3 cup white wine  
1 package (2.75 oz.) Pioneer No-Fat or Regular Country Gravy Mix  
1/2 cup cool water

1 can (12 oz.) evaporated skim milk  
1 cup shredded Swiss cheese (4 oz.)  
2 tablespoons chopped fresh parsley, if desired.

In large saucepan, cook and stir onions, brown sugar and oil until onions are tender, about 10 minutes. Stir in chicken broth and wine; heat to boil. Reduce heat; simmer 10 minutes. In small bowl, dissolve gravy mix in water; stir into onion mixture. Cook and stir until slightly thickened. Remove from heat; add milk and cheese. Stir until cheese is melted. Garnish with parsley or additional cheese. Makes 8 servings.

### Caramelized Onion Bisque

This version uses broth and brown gravy mix to season the cream soup.

4 large sweet onions, chopped (such as Vidalia; about 6 to 8 cups)  
2 tablespoons packed brown sugar  
2 tablespoons canola oil

2 cans (14 1/2 oz. each) beef broth  
1/3 cup dry sherry  
1 package (1.61 oz.) Pioneer No-Fat or Regular Brown Gravy Mix  
1/2 cup cool water  
1 cup skim milk  
1 cup shredded Swiss cheese (4 oz.)  
2 tablespoons chopped fresh parsley, if desired

In large saucepan, cook and stir onions, brown sugar and oil until onions are tender, about 10 minutes. Stir in beef broth and sherry; heat to boil. Reduce heat; simmer 10 minutes. In small bowl, dissolve gray mix in water; stir into onion mixture. Cook and stir until slightly thickened. Remove from heat; add milk and cheese. Stir until cheese is melted. Garnish with parsley or additional cheese. Makes 8 servings.

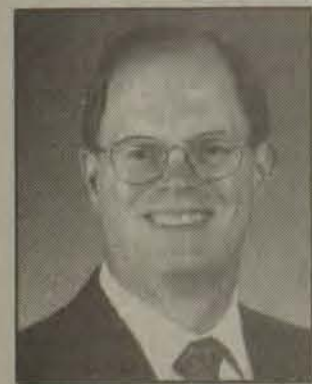
### Rosemary Biscuit Sticks

These crispy biscuit sticks are best served hot—right out of the oven.

3 cups Pioneer Buttermilk Biscuit & Baking Mix  
2 teaspoons dried or fresh rosemary leaves, crushed or snipped  
1 cup skim milk  
2 tablespoons olive oil

In large bowl, stir together biscuit and baking mix, rosemary and milk to make a soft dough. Turn out onto surface dusted with additional biscuit and baking mix. Knead 10 times. Divide dough into 16 pieces. Using the palms of your hands, roll out dough to make long narrow sticks. Place on baking sheets that have been coated with cooking spray. Brush with olive oil. Bake at 450° for 12 to 14 minutes or until golden brown. Makes 16 biscuit sticks (8 servings).

Visit the Pioneer Brand Web site at: [www.pioneerbrands.com](http://www.pioneerbrands.com) for more information.



## Family Medicine

John C. Wolf, D.O.  
Associate Professor  
of Family Medicine



## An hour's less sleep reduces alertness as much as two beers

Question: I can't seem to get enough sleep because of the demands of work and family. Obviously, I'm tired at times, but I could get even more done if I didn't need to waste so much time with sleep. Do you have any suggestions on balancing sleep, work and family, or as an alternative, would you lengthen the day?

(See SLEEP, page three)



Resolve

Mud Creek



My New Year's Resolution for 2001 is: I will start getting up out of bed earlier and try to live right and healthy.  
—James Bradley

To visit the seniors more often and have larger attendance at the center. Eat five healthy foods a day and exercise more, visit my family more often. Have a healthy new grandson.

—Claudette Hall  
I resolve to continue to be a pillar in my neighborhood. I resolve to serve God and my church to the best of my ability.  
—Mearl Tackett

My New Year's Resolution for 2001 is to lose weight by 50 pounds go to center more, and to go to church more.  
—Bob Tackett

My New Year's Resolution for 2001 is: I hope this New Year will be a good for everyone. I pray for all senior citizens that are sick and can't be heard. We love all the senior citizens. Wish all them a Merry Christmas and Happy New Year.  
—James and Irene Roop

My New Year's Resolution for 2001 is: Would love to see my husband, Claude Bentley, come home from McDowell Hospital. I hope all my

welcome my first great-grandson into the world. And that he lives a long and healthy life.  
—Ruth Light

My New Year's Resolution for 2001 is: To try and stop smoking. Try and get to walking better and use my arm and legs better.

To have a better walkway to get in and out my home.  
—Anzie Howell

My New Year's Resolution for 2001 is: I will try to quit smoking and stay healthy.  
—Milford Bryant

I will live a Christian faithful life as all the past years. And I hope everyone will love each other and live a Christian life.  
—Author Hall

My New Year's Resolution for 2001 is: Stop eating soupbeans, kraut and onions and corn bread.  
—Tivis Newsome

Go to church more often.  
—Opal Newsome

Stop smoking.  
—Pam Hamilton

Cut back on drinking Pepsi.  
—Patty Evans

To live another year round and stay in good health.  
—Marie Hall

To cut back on smoking.  
—Polly Music

Try to visit the sick more and to stay well and to be able to help take care as my brother and daughter.  
—Nina Howell

Wheelwright Senior Citizens

My New Year's Resolution: To let me live for God. Have good health. Help my children, friends and neighbors. Go to church. Help all I can. Love everybody. Do more for the Lord. Let me help the center more.  
—Ecie Moore

In the new year, I want to be a better person. Try to live a life that will be closer to my Lord. Treat everyone like I want to be treated. Live my life a good Christian. I love my family, always remembering them in prayer, as well as all people. My hope is for our center to prosper, that we will all have a good year. God bless everyone.  
—Audrey Hall

five grandchildren a good year the coming 2001.  
—Rexana Bentley

I am going to be the best I can be the rest of my life.  
—Ocie Alley

My New Year's Resolution for 2001 is: That I will be a more loving and caring person. And to

—Loretta Bentley

Try to come to the center more next year. Try my best to be good to my fellow man. Since I am only going through this world one time, I want to give it my best shot.  
—Ralph Hall

Love God first. Love myself and others.



Martin

Sleep

Continued from p2

Answer: I've had a number of people express the view that it would be wonderful if they could use that "wasted" one third of their life spent in sleep to do something productive. Sleep is an important but mysterious portion of our lives. To characterize it as non-productive or "wasted," however, reflects our general lack of understanding of the sleep process.

Perhaps this common view comes about because sleep — like food or exercise — can be neglected for a short period to accomplish some immediate gain. We know, however, that lack of adequate food and exercise over a period of time leads to illness.

The generally accepted view is that we adults need about eight hours of sleep every night. Unfortunately, since the dawn of the industrial revolution the sleep/wake cycle has been set by someone else rather than by our individual biologic needs. The demands of life today make it difficult for most of us to consistently get seven or seven-and-one-half hours of sleep. As a basis for comparison, in the last century before the widespread use of electric lights, most of our ancestors got about nine hours of sleep each night.

So what do we gain in compensation for the sleep we've lost when compared to our ancestors 100 years ago? Obviously, we gain an hour or more of awake activity. That time can be spent completing that report for work, cleaning the house, helping the kids with homework or spending quality time with family or friends. My personal view is that too much of it is wasted watching TV, but that is another story.

The cost of this lost sleep is difficult to tally. Inadequate sleep produces a number of subtle changes. It tends to make most people more irritable, although most don't recognize their lack of sleep as being the cause of their mood. Instead, it is easier to point to the stressful events of the day — the boss, the spouse, the kids, the teacher, etc.

Lack of sleep also has a negative influence on concentration. Sleeping just 30 minutes less than you need can adversely impact your learning and problem solving. This translates into decreased productivity at work or school.

Shortening your night's sleep by one hour can produce as much impairment as drinking two alcoholic drinks. The consequences of this should be clear without additional explanations.

A simple clue to your sleep needs can be found from your answers to the following questions. Do you "crash" for 10 or 12 hours on the weekend or on vacation? Do you have sleepy spells during the day? Do you need an alarm clock to get you up in the morning? Do you find it difficult to concentrate on the task at hand?

If you answered "yes" to any of these questions, then you probably aren't getting adequate sleep at night.

I can't increase the number of hours in your day, but I think you will be pleasantly surprised at the changes getting more sleep can bring. The increased vigor and ability to concentrate that accompanies being well rested usually more than compensates for the additional minutes of sleep it takes to produce this state.

The first thing I'd suggest you do is get that extra sleep on the weekend, then head to your library or book store for a copy of "The Promise of Sleep" by William C. Dement, M.D., Ph.D. Though Dr. Dement is a noted scholar in the field of sleep research, I think you will find his book quite readable and informative.

"Family Medicine" is a weekly column. To submit questions, write to John C. Wolf, D.O., Ohio University College of Osteopathic Medicine, Grosvenor Hall, Athens, Ohio 45701. Past columns are available online at [www.furadio.org/jm](http://www.furadio.org/jm).

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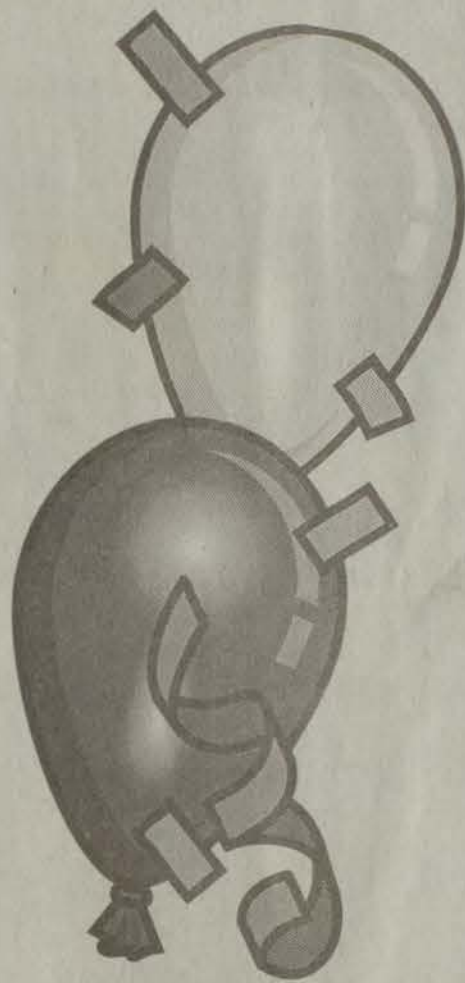


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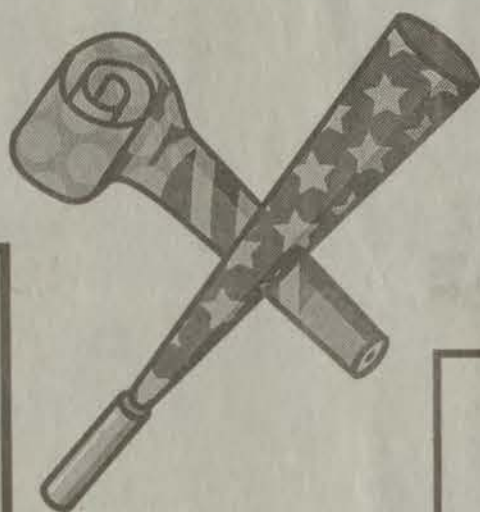
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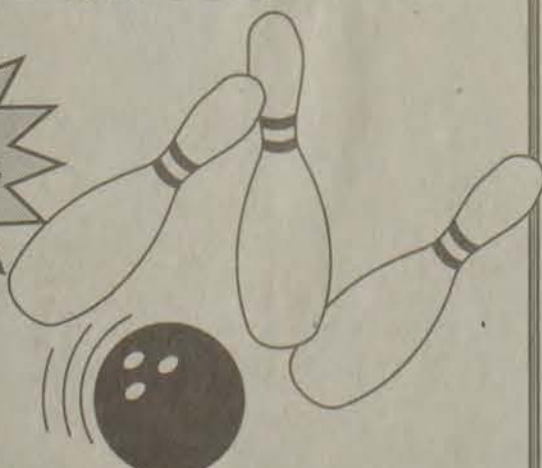
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Prestonsburg  
886-1400





## College financial aid resources help families

'Tis the season to be jolly, and for many families with seniors in high school, it's also the season to get busy with financial aid applications for college.

Experts at ACT offer the following information to help families find the resources they need to complete their financial aid paperwork.

The most important form is the Free Application for Federal Student Aid (FAFSA). The FAFSA determines eligibility for student financial aid from federal programs. Colleges and universities also use the FAFSA, but may also require students to fill out additional forms. Families can begin submitting their FAFSA forms any time after January 1, when they have the necessary income statements from the previous year to complete the form.

The FAFSA, available from high school counselors or at [www.fafsa.ed.gov](http://www.fafsa.ed.gov), collects information that is used to determine how much the family is expected to contribute toward the student's education (Expected Family Contribution, or EFC).

Families usually receive a Student Aid Report three to four weeks after submitting the FAFSA form. It will summarize the data reported on the application. (Families can get estimates of what their EFC may be and the costs of attending specific institutions by using ACT's Financial Aid Need Estimator at [www.act.org/fane](http://www.act.org/fane).)

Families can find information on more than 600,000 scholarships totaling more than \$1.6 billion at [www.collegenet.com](http://www.collegenet.com). This website provides a broad search of scholarships or a list of scholarships by category, such as age, academics, ethnicity, interests, nationality or sports. Students also can apply online for the scholarships.

For additional opportunities, including local scholarships, please send your school counselor.

Financial Aid tips from ACT:

- Apply early for admission and financial aid.
- Check with your college to determine if other financial aid forms are required
- Apply for scholarships and grants.
- Look into Work Study programs.
- Surf the web for financial aid information.
- Try these websites:

Financial Aid Need Estimator and financial aid information—[www.act.org/fane](http://www.act.org/fane); Free scholarship search—[www.collegenet.com](http://www.collegenet.com); The Financial Aid Information Page—[www.finaid.org](http://www.finaid.org); The Federal Government Financial Aid Page—[www.ed.gov/finaid.html](http://www.ed.gov/finaid.html); Free Applications for Federal Student Aid—[www.fafsa.ed.gov](http://www.fafsa.ed.gov); College Scholarship Search—[www.collegenet.com](http://www.collegenet.com); Scholarship Scams—[www.ftc.gov/bcp/online/edcams/scholarship](http://www.ftc.gov/bcp/online/edcams/scholarship).

## Pass the produce: Easy tips to help mom serve up tasty fruits and veggies kids will love

(NAPSA)—Ask a young child what his favorite vegetable is, and most likely, he'll answer french fries. And, his lunch box probably isn't filled with fruits and vegetables either. In fact, according to a study published in the Archives of Pediatrics and Adolescent Medicine (Vol. 150, Jan 1996), only one in five children eat the five or more daily servings of fruits and vegetables recommended by the United States Department of Agriculture (USDA).

But it's not time to throw in the towel yet; the new year is a perfect time for families to make healthier choices, like more fruits and vegetables, a regular part of their lifestyle. To help moms, Ragú® teamed up with health professionals to develop simple tips for incorporating fruits and vegetables into kids' meals. These tips are featured at right and on tearpads distributed to more than 20,000 health professionals across the country this month.

In addition, last year the USDA created the Food Guide Pyramid for Young Children (ages two to six), which is designed to make healthy eating more simple and realistic for parents and their kids. The foods featured in the Food Guide Pyramid for Young Children, which can be found at [www.usda.gov](http://www.usda.gov), are the healthy foods children like to eat, as well as those foods they should be eating more often.

"Parents have hectic schedules, and they may think fruits and vegetables take too long to prepare," said Jodie Shield, M.Ed., R.D., a registered dietitian with extensive experience in family and children's nutrition. "However, using simple tips and the USDA Food Guide Pyramid as a resource, it can be easy for parents to serve up fruits and vegetables even young kids will want to eat."

"Working with health professionals, we want to show families that fruits and vegetables can be convenient and delicious," said John Caron, Senior Director, Marketing, Ragú. "In fact, many everyday foods that families love, like Ragú tomato-based pasta sauce, easily deliver a daily serving of vegetables."



**It's in the Pasta Sauce**—A half-cup of 100 percent natural tomato or pasta sauce, like Ragú® tomato-based pasta sauce, delivers a daily serving of vegetables that kids love.



**Get Started on the Right Fruit**—Add bananas or strawberries to cereal and pancakes, and serve with a glass of 100 percent fruit or vegetable juice.



**Veggie Up Your Meals**—Add extra vegetables, like beans, peas or corn to pasta sauce.



**Pull Up an Apron**—Make a "pizza face" using pita bread, all-natural, tomato-based pasta sauce, broccoli pieces, carrot shreds, peppers, spinach and cheese.



**Snack Smart**—Cut fruit and vegetables into fun shapes and serve with peanut butter, salsa or low-fat dip, or pack dried fruit for the road. A half-cup of raw veggies or fresh fruit, or one-quarter cup of dried fruit equals one daily serving.

# Youth News

IN ADDITION TO THE PREVIOUSLY RUN PHOTOGRAPHS OF SCHOOL WINNERS IN THE CHRISTMAS THROUGH THE EYES OF A CHILD PROGRAM, STUDENTS FROM THE FOLLOWING SCHOOLS ALSO TOOK PART.

## Christmas through the eyes of a child...



Betsy Layne High School



South Floyd High School



Floyd Tech



McDowell Elementary



Adams Middle School

## The first Thanksgiving

by CALEB CONN  
DUFF ELEMENTARY SCHOOL

Our class has been studying early explorers. We learned that Captain John Smith was the leader of Jamestown. He brought more people to America and more food for them to eat.

Some of the colonist died from the disease caused by mosquitoes.

Captain John Smith died over 300 years ago. Later the Pilgrims came to the new world. After a long hard year, the Pilgrims and Indians got together for a big dinner. This was called the First Thanksgiving.

## Forest fires

by BREANNA MICHELLE DUFF  
DUFF ELEMENTARY SCHOOL

In my fourth grade class we are studying forest fires. We learned that forest fires can be a good source and a bad source for nature. Some good sources are to reseed trees, to recreate themselves over the years. Those are some good sources for nature. Do you know any?

Some bad sources are that forest fires kill animals. Their homes are burned in forest fires. Birds wouldn't have a place to lay their eggs because of forest fires. Sometimes people make forest fires on purpose. That is a bad source for nature.

A fire triangle is what makes fire burn. On a fire triangle there is fuel, heat and oxygen. On each side, one is on it. That is what causes fire. Without one of those fire could not burn. If you could take away one, which one would you choose? I wouldn't take away oxygen because we wouldn't be able to live.

I would choose to let some fire burn and not let some burn. If we let all of them burn, it would kill most of the animals and their homes. If we don't let some burn, trees wouldn't reseed and recreate over the years. It is important to save our world. I hope you will try to stop forest fires.

## Early settlers

by ALICIA MOSLEY  
DUFF ELEMENTARY SCHOOL

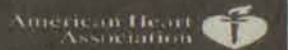
In Mrs. Vanover's class we have been learning about the early settlers. The early settlers are called pioneers. They sailed from England to Jamestown. The captain was Christopher Columbus. He had three ships.

## Local woman is MU grad

A Prestonsburg woman was among more than 900 students who received degrees during fall commencement exercises, December 15, at Miami University in Oxford, Ohio.

Carrie Hamilton Francis received a Bachelor of Arts degree in international studies.

Degrees were awarded to 75 associate's candidates, 706 bachelor's candidates, 120 master's candidates, one specialist in education, one doctorate of education and 13 doctorates of philosophy.



[www.americanheart.org](http://www.americanheart.org)

# MSU teaching program boosted

The teachers of today will be better prepared to teach the students of tomorrow, and have a greater understanding of various information resources, thanks to a grant from the U.S. Department of Education.

As the lead partner in an educational consortium, Morehead State University has received \$1.4 million for a special program, entitled "Preparing Tomorrow's Teachers to Use Technology" or the PT3 grant.

The money will be matched by an additional \$1.4 million from the consortium partners which include Carter, Morgan, Elliott, Fleming and Rowan county school districts, the Kentucky Department of Education Region 7 Service Center; Teacher Education Institute (TEI); Ventana East Corporation; and the Kentucky Educational Development Corporation.

The three-year project allows partners to share ideas among themselves, as well as with others across the nation who are engaged in similar partnerships. Three other Kentucky universities, Eastern Kentucky,

Murray State and Northern Kentucky, received similar grants.

To begin the process, MSU teamed with TEI to offer a special class, titled "Technology Integration," which allows faculty, current and future teachers, and principals and superintendents, to learn new ways to infuse technology into their specific content areas.

For the first time, MSU faculty members had the opportunity to take a class online. Upon completion of the course, they will become eligible to apply for release time or up to \$1,500 grant support for projects to integrate technology into the curriculum.

Students in the teacher education program who enrolled in the class receive college credit, as well as a free textbook. The rewards increased for those completing their professional semester, as student teachers and their supervisors enrolled together, allowing them to immediately incorporate technology in classroom experiences.

"Our teachers must be well prepared to use that technology effectively to enhance teaching and learning," said Dr. Elizabeth Regan, chair of the

Department of Information Systems. "Information technology and digital networks have changed the way we think about teaching and learning."

Reagan, along with Dr. Michael R. Moore, executive vice president for academic affairs, and Dr. Michael Seelig, interim dean of the College of Education and Behavioral Sciences, are co-directors of the project.

"The PT3 program is a critical part of MSU's initiative to transform teacher education for the 21st century," Moore said. "This grant, combined with other planned changes, will have a major impact on the future of teacher education."

"Technology was the impetus for making the changes in the way we teach," Regan said. "The world keeps getting smaller as students learn more about other cultures and enjoy opportunities that were not possible even a few years ago. They can interact and correspond with other countries and share an exchange with students who speak a different language."

"Students may now enjoy a simulated ride on a

spaceship and experience the feeling of 'floating in space,'" Regan added. "They are actual participants, not just reading about science in a textbook."

Thirty-nine faculty members, including MSU President Ronald G. Eaglin and Moore, are enrolled in the class, sharing ideas and learning from teachers in the field as part of their training. "Increasingly, technology is requiring the teacher to be not only an expert, but also an expert learner," Moore said.

"Our goal is to have students exposed to the best teaching possible," Eaglin said. "We want to take advantage of all those tools that would make us better."

As part of the classroom instruction, faculty members will learn to increase computer literacy, to integrate technology into the curriculum, to access information and complete research via the Internet, and to evaluate student projects that incorporate multimedia. Both faculty and students will be able to access a variety of pioneering ideas, such as materials from the George Lucas Educational Foundation, to enhance both teaching and learning.

The PT3 grant project at MSU is coordinated by the College of Education and Behavioral Sciences and the Department of Information Systems. Additional information is available from the web site at [www.pt3.org](http://www.pt3.org) or from Regan at 606/783-2730.



The Floyd County Times

# Classifieds

DEADLINES: WEDNESDAY PAPER, NOON MONDAY - FRIDAY PAPER, WEDNESDAY 5 P.M. - SHOPPER and SUNDAY, WEDNESDAY 5 P.M.



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**(606) 886-8506**



**FAX US YOUR AD:**

**(606) 886-3603**

**\*\*24 HOURS\*\***

The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

**FOR SALE**

**Autos**

**1988 FORD BRONCO:** 4 wd, cass. player. Runs good. \$2,000 firm. 886-1237.

**'88 OLDSMOBILE CUTLASS SUPREME:** For Sale or Trade. Very good condition. 889-0003.

**1995 ISUZU RODEO:** Low mileage, 4WD. Excellent condition. **Reduced To \$8,000.** 889-0363.\*

**'98 TOYOTA CAMRY:** Loaded, one owner, 36K. \$12,550. Warr. 606-546-3975.\*

**FOR SALE '91 FORD RANGER:** Runs good make a good work truck. Must see to appreciate. \$3000.OBO.889-9058. Leave message.

**'89 4 WD TEMPO:** Auto, all power. \$1,000. 606-587-2598.\*

**1998 JEEP CHEROKEE:** 4 wheel drive. 33,000 miles. \$14,000. 886-7828.\*

**'82 MACK:** With a Thermo King ref. box. 886-6186 or 886-8286.\*

**Sale / Misc.**

**CARPET FOR SALE:** Room sizes & remnants. 874-9017 anytime.\*

**Motorcycle / ATVS**

**FOR SALE:** 99 Honda Foreman 450 ES in Excellent Condition. (606) 358-4851.

**Furniture**

**RAY'S BARGAIN CENTER CHRISTMAS SALE** New & Used furniture: Come in & register for a \$100 gift certificate to be given away Dec. 23. **Shop At The Little Furniture Store & Save!!** RT. #122, McDowell. Call 606-377-0143.

**PROPERTY FOR SALE**

**NEW SINGLE OAR-ENT PROGRAM.** Government funds available. Call 606-478-1579.

**YEAR END SPECIAL** at Clayton Homes. 28 wides less than \$300 per mo. 478-9246, ask for Barry.

**WHO LET THE DEALS OUT** on mobile homes. Call 478-9246, ask for mike Jones.\*

**MANAGER SPECIAL:** 32 wides with skirting and air. 478-9246, ask for Barry.

**NEW BANK REPOS:** Only 3 left, still under warranty. Call 1-800-492-8259.

**MOBILE HOME TRADE-INS** welcome. Call 478-9246, ask for Mike Jones.\*

**NO CREDIT! SLOW CREDIT!** Bad credit, bankruptcy. No problem, we own the bank! Call 1-800-492-8259.

**REPOS:** 14 wides, less than \$150 per mon. 478-9246, ask for Barry.

**NEW SINGLEWIDE:** Make one monthly payment and move in. Loan pay off, 9 yrs. Call 606-478-1579.

**DOUBLEWIDE WITH LAND:** Already set-up, ready to move into. Call 800-492-8259.

**Real Estate**

**APARTMENT BUILDING:** 7 apts., 3 sleeping rooms & 3 business spaces. Out of Flood plane, 11276 Main St., Martin, KY. Call 285-0650.

**COMMERCIAL OFFICE BUILDING** for sale by owner. 1800 sq. ft., single story, located on North Lake Drive. Call 886-3929 (days) for information and/or floor plan.

**PROPERTY FOR RENT**

**For Rent**

**60X100 WAREHOUSE:** 886-6186 or 886-8286.

**Apartments**

**Apartments for Rent:** 1 & 2 BR. Executive suite also available. Call 349-5135 or 349-7285, leave message.

**NICE 2 BR APT.:** All electric. On Ky. 3, Auxier Heights. Call after 5 pm 886-3552.\*

**TIMBERLINE APTS.:** Super nice, 2 BR, 1-1/2 BA, kit., LR, W/D hookup. \$450 per month + util. 1 mile from PCC. 886-1997 & 889-0392.\*

**FOR RENT:** 3 BR Duplex, Van Lear Area. \$375 mo. Call 285-9891.

**1 BR APT.:** Located in downtown P'burg, across from Health Dept. \$300 rent & dep. + util. Laundry in basement. 886-3043.\*

**PILOT PROGRAM:** Renters Wanted. Call 606-478-1579.

**FURNISHED ROOMS:** \$150 weekly. Located near hospital at Martin. 285-0650.

**HOLIDAY SPECIAL FROM R & L APTS. TO YOU:** We are running a 50% off on deposit. Call for more information, 886-2797. **Happy Holidays!!**

**Houses**

**HOUSES & APTS:** On University Dr. Newly remodeled. AC. Lease, refer. & dep. req. 886-3565.\*

**HOUSE FOR RENT:** At HiHat. Gas & water furnished. \$500 month. HUD accepted. 285-3504.\*

**3 B.R. HUD APPROVED HOUSE:** 3 miles above Wayland. 447-2117.

**3 BR HOUSE:** With carport, total electric. Located 1 mile from P'burg on Abbott Cr. Ref. & dep. required. 874-1007, after 5pm.\*

**2 BR HOUSE:** At Wayland. All utilities hooked-up, central heat. Call 358-5524.\*

**PILOT PROGRAM:** Renters Wanted. Call 606-478-1579.

**Mobile Home Lots**

**LOT AVAILABLE:** Between P'burg & Paintsville, at Airport Trailer Court. 1992 models and up only. 886-9007.

**Mobile Homes**

**NICE 2 BR TRAILERS:** Call 874-0011.\*

**CLEAN, NICE 2 BR MOBILE HOME:** Partially furnished with stove & ref. Partial util. paid. Central heat & air. 606-886-3628.\*

**WORKING MAN'S SPECIAL:** 1/2 mile north of P'burg. 889-0363.\*

**2 BR TRAILER:** On private lot. Stove & ref., AC, total electric. 1 mile from PCC. 886-9460.\*

**2 BR MOBILE HOME:** 1 BA. Between P'burg & Paintsville. No Pets! 886-9007.

**WANT TO BUY/RENT**

**Want To Buy**

**WE BUY CLOSE-OUTS, NEW & USED** miscellaneous items. Such as: tools, furniture, etc. If you have merchandise for sale or even if you are just cleaning out your garage or home, we buy it, we haul it. Serious inquiries call Joe at 478-4338, after 6pm 478-1268.\*



**EMPLOYMENT**

*When responding to Employment ads that have reference numbers, please indicate that entire reference number on the outside of your envelope. Reference numbers are used to help us direct your letter to the correct individual.*

**Business Opportunity**

**AT&T- MCI Payphone Routes.** 75 Est. Locations. Proven income. 800-800-3470.

**Job Listing**

**SAM AN TONIO'S** Now Hiring All Positions: Apply in Person between 11 and 3. 886-3600\*

**MINERS WANTED:** Various positions. Danny Mead 606-452-

**2818.\***  
**FAST GROWING RENTALCOMPANY** is seeking aggressive, hard working individuals to fill account manager positions and grow with us. If you have a drive to succeed, apply in person at: A-Plus-Rent-to-Own, Paintsville, KY (beside Kmart).\*

**DR. GOPAL** is looking for a secretary to work the evening clinic at Martin, from 4-10pm. Person must be able to answer a multiple phone line, have some knowledge about an office. If interested please come by and see Wendy.\*

**AVON:** From now until end of Dec., no \$25 fee for sign-up. Call 1-800-796-7070 or 639-4294.\*

**ASSISTANT MANAGER NEEDED:** Background in collections and sales beneficial, but willing to train if management skills are present. Benefits available, salary negotiable. Apply in person at: A Plus Rent-to-Own, Paintsville (beside Kmart).\*

**JERRY'S RESTAURANT:** Now Hiring All Positions. Apply in Person Mon.-Thurs., 3-

**Help Wanted**

4pm only. **ATTENTION: Work From Home!** \$500-\$2,500/mo PT. \$3,000-\$7,000/mo FT. Free booklet. [www.ideal-](http://www.ideal-)

[dreamlife.com](http://dreamlife.com). 800-874-6332.

**372 STUDENT DRIVERS NEEDED!** Drive The BIG Trucks!! Earn The BIG Bucks!! 38K-42K Potential! NO Experience Necessary! 14 Day CDL Training NO cost Training If Qualified **CALL 1-800-394-2405**

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Coastal Coal Company, LLC, 117 Madison Avenue, Suite B, Whitesburg, Kentucky 41858, has immediate openings for the following positions: Production Foremen, Continuous Miner Operators, Miner Helpers, Roof Bolters Operators, Shuttle Car Operators, Electricians, Beltmen, and Scoop Operators. Coastal Coal offers: *competitive wages, paid vacation, paid holidays, paid medical insurance, and paid retirement.* Successful candidates must have valid Kentucky Miner Certification and up-to-date training. Applications are being taken at the Whitesburg Unemployment Office, Webb Avenue, Whitesburg, Kentucky.

**MANAGER WANTED**

Redi Mart is looking for a manager for a convenience store in Floyd County. We are looking for someone with experience in retail sales and in customer service. Experience is preferred in computers, cash registers, and budgets. Organization skills and the ability to see things from a customer's point of view, a must!

Rate of Pay: Salary Negotiable  
 Good Benefits (Health, Dental, Profit Sharing, and 401K)  
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If interested, please contact by mail:  
**Tom Asbury-Area Manager**  
 703 Wolfpen Crk Rd.  
 Mallie, KY 41836  
 or by e-mail at: [tom\\_asbury@redhedoll.com](mailto:tom_asbury@redhedoll.com)

**HUMAN RESOURCES DIRECTOR**

Big Sandy Health Care, Inc. is seeking an individual to provide direction for its Human Resource Department. Position requires a bachelor's degree in business administration, paralegal studies or a related field. Desired qualifications include 3 to 5 years of HR experience, outstanding organizational skills and proficiency with MS Word and Excel.

The person selected to fill this position will be responsible for recruiting and orienting new employees, maintaining personnel files and coordinating employee benefits enrollment.

Big Sandy Health Care, Inc. offers a competitive salary and benefits program. Qualified candidates should submit a resume by January 19, 2001 to:

Human Resources  
 Big Sandy Health Care, Inc.  
 1709 KY Route 321, Suite 3  
 Prestonsburg KY 41653

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999-8881 or 606-639-6410.

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**UNEMPLOYED VETERANS**

We can give you a free hand-up to help get you back on your feet. Please call Volunteers of America, (606)432-3111, or toll-free, 1(866)314-4860. **PERSON NEEDED** to live in & take care of lady cancer patient. Must have valid driver's license & furnish references. For app. call 285-9112.\*

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**STOP!**

You've cleaned out your attic, your basement, your garage and now you're ready to host a garage sale. Before you proceed, follow these signs for placing the type of classified ad that will help turn your event into a best-seller.

Be sure to include in your Garage or Yard Sale ad...

- 1 WHAT.** Describe the type of sale you're hosting. Is it mostly household goods? Nursery furniture? Apparel?
- 2 WHEN.** Give dates and time of sale, and rain date information.
- 3 WHERE.** Where the sale will be held, with directions or phone number for directions.

**GARAGE SALE Tips AHEAD**

- 4 WHY.** Reason for sale, especially if it is a "moving" sale, since these tend to attract more customers.

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**The Floyd County Times**

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- Friday's Paper and Shopper: Line/Display Ads, Wed. at 5 p.m.
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