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Owner not satisifed with board offer

by WILLIE ELLIOTT STAFF WRITER

Eminent domain is a method that government agencies use to make sure that land is available for public projects. It is used extensively in procuring rights-of-way for highways. While it is generally accepted as a good practice, what about the people on the receiving end?

Much has been said and written about the construction of the football complexes at South Floyd High School and Prestonsburg High School. Harold and Georgia Newman find themselves involved in the workings that go into getting land for the South Floyd site, even though they never wanted themselves or their property involved.

An appraiser sees land, bricks, boards and other construction materials that go into building a home, but invariably the owner sees much more that years of living add to a homeplace.

The Newmans built their home at Hi Hat with their own hands 23 years ago and, being retired from teaching, do not wish to enter into a longterm mortgage to build another home.

Harold suffers from emphysema and Georgia is being treated for two major health problems. Their daughter Tyra and her children consider the place home and would miss it as much as Harold and Georgia.

Newman said he agreed with eminent domain for such projects as highways, parks or any project that involved the general public. He said he was opposed to claiming land for football fields or parking for such fields.

Newman said he took extra steps in building his home that he would not do in a normal job. He mentioned the extra siding on his porch, the extra insulation to retain heat and cooling and block out sound, plus other touches that make the house a home to the Newman family.

While Newman declined to talk about the specifics of the negotiations between him and the Floyd County Board of Education, he did say he wanted to recoup enough money to replace a home much like the one he has plus the land to build the house.

(See NEWMAN, page two)



photo by Willie Elliot Harold Newman built this home himself and says the Floyd County Board of Education has not offered him enough to replace it. The board wants the property for a football field at South Floyd High School,

Officers arrest 3 while searching for stolen gun by RANDELL RENO STAFF WRITER A burglary of a Floyd County judge led the Floyd County Sheriff's Office on a chase Thursday and Friday, netting several arrests.

According to Lt. Deputy Ricky Thornsberry, Jeremy Kilburn, 18, of Dwale had asked Danny and Desirec Adams of Prestonsburg for a ride to District Judge Eric Hall's residence on Thursday.

While there, Kilburn apparently conversed with Hall's son, a longtime friend who was in a band with Kilburn, said Thornsberry.

Kilburn allegedly ransacked the judge's bedroom, taking a gun and other items, while the younger Hall was in



Grocery store gets food stamp death penalty

A Blue River grocery store has received the most severe penalty possible for food stamp fraud.

Delong's Grocery, owned by Willie Delong, has been permanently diqualified from participating in the food stamp program after the U.S. Department of Agriculture Food and Nutrition Service ruled that workers at the store had paid cash for food stamps.

"Trafficking is the most severe violation of the food stamp program that a store owner or his employees can commit," said Jane K. Lewis of the Food and Nutrition Service's Lexington office. "It is not only a violation of program rules, but it hurts the food stamp recipient's family and children, who depend upon the program for good nutrition, and taxpayers, who fund the program."

Food stamps can only be used to purchase unprepared food or seeds and plants to

(See PENALTY, page two)

Two Day Forecast...



Tomorrow Thunderstorms High: 88 . Low: 68

For up-to-the-minute forecasts, see www.floydcountytimes.com weather.htm



Free health clinic at OLW

Students from across the county came to Martin for the free health care clinic provided by the Our Lady of the Way Hospital. Above, tables were set up outside by various groups warning about the dangers of alcohol, drug abuse and teen tobacco use. Resource centers for area schools gave away shirts and school supplies. Other agencies addressed health care issues such as body mass index and safe and drug free schools. At right, Megan Layne sat patiently while Heather Osborne, a nurse from Our Lady of the Way, checked her blood pressure.

photos by Randell Reno

the bathroom.

Upon returning to their home at Regency Park apartments, Kilburn allegedly offered the Adamses some jewelry for the ride, said Thornsberry.

(See GUN, page two)

Deadline, completion looming for 911 system

by RANDELL RENO STAFF WRITER

A quorum plus one met for the Floyd County 911 Advisory Board meeting Wednesday evening. Chairman Jim Caldwell, vice chair Terry Triplett, secretary Chip, Salyers, Floyd County E-911 coordinator Bill Dotson, and Derek Thacker, fire chief at Left Beaver were enough for the small agenda.

In the short session, Caldwell reported that Floyd Fiscal Court had had its first reading of the new E-911 surcharge. That charge would place a 99 cent charge on residential lines and \$1.99 on business lines.

A second reading of that ordinance will officially adopt

(See 911, page two)

Hearing on new coal mine dust rule set for Thursday

The U.S. Department of Labor Mine Safety and Health Administration will hold a hearing on newly proposed coal mine dust control rules on Thursday and Friday, August 10-11, at Prestonsburg to get input from area coal miners and mine operators.

"We are bringing this hearing to Prestonsburg to make it convenient for area coal miners to attend," said David McAteer, assistant secretary of labor for mine safety and health. "We want to have the full participation of miners and mine operators in this rule-making process. All be given thorough consideration when we develop the final rules."

In the first comprehensive change in 30 years, MSHA is proposing to take over all sampling in undefground coal mines to check for compliance with dust limits set to prevent lung disease. Mine operators have performed most of this sampling for the past 30 years.

tor's dust control measures specified in its by MSHA inspectors.

comments received during the hearing will mine ventilation plan under more typical production levels before these plans are approved.

Currently each underground coal mine operator must have an MSHA-approved ventilation plan, but its effectiveness in controlling respirable dust is not verified prior to approval. Samples must reflect the quality of air that the miners are breathing.

Miners' representatives would have the The agency also proposes that MSHA right to observe the sampling for plan ververify the effectiveness of the mine opera- ification as well as compliance samplings

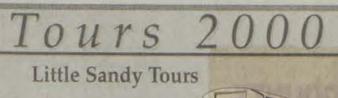
The proposed rule would also allow inspectors to issue citations for non-compliance when a full-shift sample demonstrates, at a high level of confidence, that the applicable dust control standard has been exceeded on an individual shift.

Currently, MSHA averages the dust concentration obtained from several fullshift samples (eight hours or less in duration) to determine noncompliance, a procedure that can mask significant single-shift

(See HEARING, page two)



Today **Partly sunny** High: 90 + Low: 70



August 20th-23rd Branson Tour Cost \$345.00



What can be said about Branson? Showtime, Showtime! This tour includes 3 shows, Lawrence Welk, Baldknobbers and Shoji Tabuchi We will visit School of Ozarks and have time for shopping at Engler's Block.

Call for information on upcoming trips.

1453 Anniston Dr. Lexington, KY. 40505

Glenn (606) 299-6693 In Eastern KY., Buretta (606) 358-4107



Ola B. Halbert, of Printer, celebrates her 86th birthday the 7th. She is the wife of the late Bee Halbert, the mother of Belva Halbert Crews, of Ashland, and Donald Ray Halbert, of Lexington. She has two grandchildren, Leneda Laing of Athens, Tn., and Donald Ray Halbert Jr., of Lexington; she also has two great-grandchildren, Westin Laing of Athens, Tn., and Kelsey Mae Halbert, of Lexington. We all wish her a very Happy Birthday!

Gun

While there Kilburn apparently began to brag about his alleged exploits to Danny Milligan, who also resides at Regency. After conversing with the Adamses, Milligan and the couple decided to take the pistol from Kilburn.

Danny Adams and Milligan pinned Kilburn while Desiree took the pistol from his pocket, said Thornsberry. Milligan then emptied the weapon and notified Thornsberry.

Dispatcher Will Parker contacted Judge Hall about the alleged theft, whereupon the judge soon verified he was missing the pistol and several other items.

While the sheriff's office was securing an arrest warrant and en route to Regency Park, Randy Bentley, 24, also of Regency Park, allegedly entered Milligan's residence and took the gun. Bentley allegedly used threats and intimidation toward the three to get the gun. He allegedly returned to the apart-

Newman

Newman said a letter from the board told him he would be doing a great service to the students of Floyd County and especially those of the South Floyd area. He said if 63 years of teaching experience (the total for him and his wife) is not a significant contribution, he didn't know what would constitute one.

The proposed field would serve students from the same schools that the Newmans taught (Wheelwright and South Floyd High School and Osborne Elementary).

Newman also said the letter he received from the board quoted a price lower than what was offered in the face-to-face meeting.

Newman did say that his house was appraised higher in 1994 by the

Penalty

be used to grow food. The benefits authorization is that store owners cannot be used to buy alcoholic beverages, tobacco, automotive products, paper products or pet food.

"Although many non-food items are necessities, purchasing these items with food stamp benefits or trafficking in food stamp benefits circumvents the intent of the program." Lewis said. "The program is designed to help low-income families buy the food they need for a healthy diet. Any other type of transaction with food stamp benefits is prohibited."

Before a store owner can partici-

ment telling the Adamses and Milligan if law enforcement were involved there would be serious repercussions and people would get hurt, said Thornsberry.

After arriving on the scene, the officers took statements from the Adamses and Milligan and then secured the jewelry offered to the Adamses.

Judge Hall confirmed that the three gold chains, a cross pendant, rings for a watch, and a pocket knife were his.

The judge immediately signed search and arrest warrants for Bentley. Upon a search of Bentley's home for the pistol, deputies found 17 Tylox capsules, a schedule II narcotic, and white powder inside an envelope.

After officers could not find the gun, Bentley told Sheriff John K. Blackburn that he had sold the gun just two hours after taking it to Greg Crace of Calf Creek.

Again the sheriff's office obtained warrants to continue the search for the gun and to arrest Crace. Officers discovered eight prescription pills in an unlabeled bottle. The pills were revealed to be Soma, a schedule IV narcotic, but the weapon was not found.

Crace had apparently sold the gun to another man on Friday. Thornsberry would not disclose the fourth man's name, saying, "He did not know it was hot."

Crace had apparently made a phone call to the man after the sale was made, telling him the gun had been stolen. The man immediately returned that weapon to the sheriff's office, said Thornsberry.

After chasing the weapon from perpetrator to perpetrator the sheriff's office was able to completely recover all the items taken from Hall's residence while citing several men in the exchanges.

Kilburn was charged with first-

Continued from p1

degree burglary, theft of a firearm and theft by unlawful taking over \$300.

Bentley was charged with firstdegree robbery - strong arm, theft of a firearm, tampering with physical evidence, and three counts of intimidating a witness. He also has an outstanding bench warrant from Johnson County for a misdemeanor charge of public intoxication. The powder found in the envelope will be sent to state labs for testing.

Crace was cited for receiving a stolen firearm and for having a prescription drug in an improper container.

He is currently facing trafficking charges that were brought against him by the sheriff's office in a separate case.

Kilburn is being held on a \$50,000 cash bond. Bentley is being held under two \$50,000 cash bonds. And Crace is under a \$10,000 cash bond

board than it was in 1999.

The Ronnie Meade property adjacent to Newman's property has already been purchased for \$180,000. On Saturday, July 29, various fire departments used the building to practice firefighting techniques and then the following day the building was burned to the ground.

In response to a statement by a board member who said Newman was asking three times the appraised value of the property, Newman said, "According to whose appraisal?"

Newman says that in order to move his house, land would have to be available on the same side of the creek as his place, and he says no such property is available. Another

property adjacent to Newman's may be needed to complete the complex.

Newman said he had great empathy for those people who had to

move to make room for the construction at the Prestonsburg site. So the Newmans hold on to the little hope that they may be able to

remain at the place that has been cuit clerk's office, three land comhome for all these years. The resolution will be played out in the courts. Barring this, the Newmans want compensated at a rate that would allow them to build a similar home to live out their lives. Newman said he is not able to do such work but said he would want to oversee the construction of his new

Continued from p1 go through under the present prices and conditions, he wouldn't want to pay property taxes in the county.

Newman said despite all that has been said and done about the situation, he has yet to receive a summons

According to records in the cirmissioners, Mike Vance, Elmo Allen and Darvene Hamilton, were appointed to appraise the property and returned an appraisal of \$250,000. Board attorney Mike Schmitt filed an exception to this appraisal, saying it was excessive.

According to personnel in the clerk's office, the summons is in Schmitt's possession and will be Newman said if the proceedings served at his discretion.

Continued from p1

tions. That number is (800) 424-9121. Violations can also be reported to the Food and Nutrition Service's Lexington office at (859) 233-2411.

Continued from p1 Variances, 4015 Wilson Blvd.

Arlington, Virginia 22203 Interested parties may also e-mail comments to comments@msha.gov or fax comments to 703-235-5551 proposing would act as the corner- ments on the proposed rules is Commenters should identify which September 8. For those who cannot part of the proposed rules their comments address. MSHA hopes to issue the rules Standards. Regulations and in final form by the end of the year.

must sign an agreement that they will abide by food stamp program rules

Violations of the rules result in sotres being disqualified for periods

Hearing

over-exposure by diluting a measurement of high dust exposure in the system to monitor - and with one of lower dust concentration.

"Together the changes we are one of a restructured system to prevent black lung and silicosis," said McAteer. "When we are able to get those changes in place, coal

Continued from p1

of time ranging from six months to free number for reporting viola-

The USDA has established a toll-

miners can have greater confidence

most importantly, control - dust

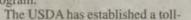
The deadline for written com-

that can harm their health.

program.

home.

permanently. The penalty for trafficking in food stamp benefits is permanent disqualification from the



pate in the food stamp program, he or she must certify that the store sells food for home preparation and consumption. Another condition for

attend the hearing, comments can be mailed to MSHA, Office of

"Thanks, Grandpa" never sounded so good.



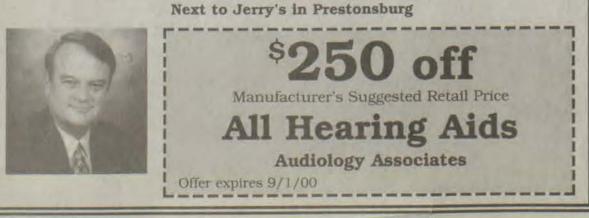
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911

the ordinance.

Two zip codes remain unfinished in the Coalfield Telephone exchange, Dotson reported. With an August 15 deadline to get the county complete, Dotson said the Harold and Ivel zip codes should be finished by next week and submitted to the postal service for approval.

Upon that approval, Dotson said the address notification letters are ready and are prepared to be sent. With that complete the county's enhanced 911 should be near 100 percent complete.

Dotson and aids will then begin to work on what he termed as the "fallout," residents that were missed in the mapping or addressing. Dotson said the fallout should be completed quickly.

Vesley	Chr	istia	n S	chool
2000-20	01 c	alen	dar	•

August 13 Orientation (parent and students) August 21	
September 4 Labor Day (no school)	
Septemeber 7-8 Picture days	1
October 12-13 Fall break	
October 25 Nine-week grading period ends	
November 22-24 Thanksgiving break	
December 21 - January 1 Christmas break	
January 11 Nine-week grading period ends January 15 . Martin Luther King Jr. Day (no school)	
February 19 Presidents' Day (no school)	
March 19 Nine-week grading period ends April 9-13 Spring break	
May 21 Last day of school	

Gold helps catch criminals, prevent diseases

(NAPSA)-Without gold, criminals might get away.

Using just one of gold's special properties-it is the world's best light reflector-the yellow metal makes portable forensic investigation devices, like those from Detection Limited, Inc., in Laramie, Wyoming, possible. Detectives place the smallest trace of an unknown substance, dried blood for example, on a gold dish. By shooting laser light at the dish and analyzing its nearly perfect reflection, they can identify the substance being tested while in the field.

"Gold has properties not found in any other substance." says Paul Bateman, President of the Washington, D.C.-based Gold Institute. "This makes it a vital part of today's high tech world including computers, telecommunications and even in biotechnology."

Because gold doesn't mix with chemicals in the human body, it has become standard issue for many medical researchers. At the U.S. Department of Energy's Brookhaven (N.Y.) Laboratory, scientists are piggy-backing microscopic gold tags on proteins and other molecules so they can trace their journey through our bodies. The tags can be followed by viewing with special X-Ray equipment or electronic microscopes. Gold makes the perfect tracking label because it is extremely dense and has no medical side effects. These tags have helped track the spread of cancer cells and identify proteins that foreshadow the Hepatitis B virus.

When it comes to computers and telecommunications, gold is unequaled for use as wires and con- the nectors. Gold does not tarnish, even www.goldinstitute.org.



under the harshest conditions, and extreme temperatures don't change its excellent electrical qualities. It is also easy to bend and shape without breaking no matter how thin you make it. Gold connections are used extensively in cell phones, PDAs, and electrical connections in cars, boats and even spacecraft.

To learn more about gold, ask for a free copy of America's Gold from The Gold Institute, 1112 16th St., NW, Washington, DC 20036 or visit website at

GREAT TIME TO INCREASE YOUR PHYSICAL ACTIVITY.

NEED SOMEONE

TO WORK

American Heart Association



These youngesters from left Jessica Collins, Brianna Halbert, Justin Combs and Korey Mullins got in some swimming on Friday at Allen Park. Students head back to school next week. School starts for students on August 9.

Curbing binge drinking by college students

(NAPSA) - Binge drinking is one of the most serious problems on college campuses today. Nearly 30,000 students each year go to the emergency department to be treated for alcohol overdose, and the American College of Emergency Physicians wants parents to recognize the dangers of drinking and talk about them with their teens.

"Nothing is more tragic than when a student dies of alcohol poisoning," said Kathleen Clem, M.D., of the American College of Emergency Physicians. "Alcohol is still the most widely used and abused drug among our nation's youth, and when kids drink, they are more likely to drink to get drunk, which increases their risks for certain health consequences."

Despite aggressive efforts of many colleges and universities to prevent drinking, many students still engage in high-risk drinking



Harvard University School of Public Health study, students who drink excessively are more likely to miss class, fall behind in school work, drive a car while intoxicated, be injured, engage in risky sexual activity, damage property, get in trouble with law enforcement, and use other drugs.

When discussing the dangers of drinking, parents should seek to alcohol activities.

their teen, rather than give a one- never drink and drive or get in a car time speech. In addition, they should:

· Allow teens to express their fears and concerns honestly.

· Focus on facts and circumstances.

· Make it clear that underage alcohol consumption and alcoholimpaired driving are against the law.

· Become informed about the nature and extent of the alcohol problem on campus; confront any misperceptions and exaggerations about alcohol use.

· Set a good example, avoiding contradictions between what you say and what you do; don't send mixed messages.

· Encourage students who live on campus to live in "substance free-halls."

· Encourage participation in non-

with someone who has consumed alcohol.

* Help teens learn how to treat and recognize alcohol abuse, as well as deal with emergency drinking situations before they occur.

"College is a turning point in the relationship between parents and children," said Dr. Clem. "While you may not be able to actively monitor your child away from home, you can be informed and available to listen and talk, which could make all the difference.

For more information about health and safety, visit www. acep.org.

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behavior. According to a 1997 establish open communication with

Emphasize that you should

UK alumni association membership tops 30,000

Kentucky Alumni Association has ber of the UK Alumni Association. reached a new plateau, topping 30,000 members for the first time in history

On July 31, membership reached 30,405, and includes 18,363 annual single and joint members, as well as + network with other alumni, mem-12,042 lifetime members. Last year's membership on July 31 was 29,650.

David L. Shelton of Alpharetta, Georgia, 2000-2001 persident of the Alumni Association, says the increasing numbers of members

Membership in the University of verifies the value of being a mem-"This kind of growth in one year's time offers proof that alumni and others see the very real advantages of being members."

> In addition to the opportunity to bers enjoy discounts to hotels, car rentals, the campus bookstores, books published by The University Press of Kentucky and UK Basketball Museum. They also have access to club drawings for tickets to UK football and basketball games

and receive a high quality, quarterly publication, "Kentucky Alumnus."

Policy for the Alumni Association is set by a 108-volunteer member board of directors that includes elected and appointed representatives and past presidents.

Peggy Collins, in charge of membership and marketing for the association, says more information on becoming a member is available by calling 859/257-8700 or (800) 269-ALUM or by visiting the site Association's web www.uky.edu/Alumni.

Beauty and the beach

(NAPSA) - Looking for some hot tips to help you look cool and feel confident the next time you hit the beach? Then follow these helpful hints for a summer of fun in the sun.

Save your skin. If sun-. bathing is still your thing, try to avoid the sun's strongest rays from 10am-3pm when the ultraviolet rays are most intense. If you find yourself in direct sun during these hours, don't forget a cover-up, a wide-brimmed hat, and a sunscreen with at least an SPF 15 (that should be reapplied at least every two hours when swimming) to protect yourself from sunburn. And, don't forget that lips burn too-many lipsticks come with SPF built right-in for easy and pretty protection.

· Find the right swimsuit. If swimsuit shopping isn't your favorite activity (which for most people it isn't) check out some of the latest swimwear trends for summer 2000. Many styles offer mix and match tops and bottoms which allow you to buy each piece separately to guarantee a perfect fit, Some even offer hidden, inner-con-



The right swimsuit, a close shave, and a stylish hat make for a perfect day at the beach.

struction to minimize bulges and enhance assets.

· Get the perfect shave. When you dare to go nearly bare at the beach, a close shave should be top of the list. To get the edge on the stubble, try the first triple blade razor designed exclusively for women, the Noxzema Skin Fitness K-3. Available in must-have shades for summer-including pink, aqua and blue-it's conveniently packaged in its own durable case which makes it ideal for travel. For more delicate, hard-to-reach areas, like the bikini line, try the first-ever

Nozzema Skin Fitness Bikini-Size disposable razor, which comes in a package of three in the same cool colors

Don't forget the hair on your head. Be aware that sun, salt water and chlorine can all damage your hair, especially if it has been chemically treated. Be sure to wear a hat whenever possible and look for hair care products with UV filters. You can also try applying a leave-in spray conditioner after swimming to prevent dryness and stripping.

Keep these tips in mind and you'll find that when it comes to looking and feeling your best this summer, a day at the beach can be,



The shekel was the basic unit of weight in the ancient Near East. It was about four-tenths of an ounce.

Ready For School?

State law requires all students to have certain records on file at school.

ENTRANCE REQUIREMENTS:

Pre-School and Kindergarten (3-year-old special needs, 4-year-old special needs and income eligible)

- 1. Children attending kindergarten must be 5 years old by October 1, 2000.
- 2. Must have an official birth certificate. (Must be full-size.)
- 3. Valid Kentucky immunization certificate.
- 4. Medical examination (KDE-dated December, 1999).
- 5. All Kindergarten enrollees and 4-year-old children attending pre-school must have a second dose of MMR (Measles, Mumps and Rubella) immunization before entering school.
- 6. Children born October 1, 1992, or later, will be required to have 3 doses of Hepatitis B at Kindergarten entry or to have begun the series of 3 doses of Hepatitis B immunicaitons which will be completed within 6 months of entry into Kindergarten.

YOUR CHILD CANNOT ENROLL INTO PRIMARY SCHOOL (KINDER-GARTEN) FOR THE 2000-2001 SCHOOL YEAR UNLESS THEY HAVE MET THESE REQUIREMENTS.

These items must be completed and the proper certificate for each item submitted to the school principal on the opening day of school.

6th Grade

- 1. A second dose of MMR (Measles, Mumps and Rubella) immunization. (Immunization certificate must list all shot dates.)
- 2. A physical examination on KDE approved form-dated December, 1999.

High School

TD (tetanus and diphtheria) vaccination needed in high school when immunization certificate has expired. ALL SHOTS must be listed on the immunization certification to be valid.

Students who fail to meet these requirements cannot be allowed to enroll in school or begin classes.

For further information, contact Jennifer C. Martin, District Health Coordinator/School Nurse located at central office, 886-2354, ext. 518.

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

> -First Amendment of the U.S. Constitution-



QUOTE OF THE DAY

God is really only another artist. He invented the giraffe, the elephant, and the cat. He has no real style. He just keeps on trying other things.

Pablo Picasso-

Sunday, August 6, 2000 A4

-Editorial-

The silence is deafening

It appears that the telephones are out of order here at the office. Several days have passed and we've not received one single phone call from anyone expressing outrage at yet another poor performance on the latest round of school test results.

Obviously, the postal service must be on strike as well, since we've not seen a single letter on that same subject.

You see, that's usually what happens in response to some public injustice. For instance, each and every time a rumor floats around about the Prestonsburg and South Floyd high school football fields, we receive calls and letters. A recent story about the death of a horse not only prompted calls and letters from around the country, but from as far away as New Zealand.

But when the latest round of damning test scores was released last Tuesday, and after we reported about it in Wednesday's paper, there was nothing but silence.

Strange, isn't it? That's why we're convinced that there must be something wrong with the phones. And the mail. And our email service.

Surely it couldn't be that the public cares more about athletics than academics. Surely the death of one animal, while tragic, doesn't rate public outrage while the continuing failure of our schools to educate our children merits not a whimper.

So it must be the phones. And the mail. And the e-mail. Still, the phone does ring for other concerns. And as you can see over to the right, the mail does arrive with other complaints. And you should see how full our e-mail inboxes get each and every day.

So maybe it's not the phones. Nor the mail. Nor the email

Can it really be that people do not care? After this county's long history of battles to improve our schools, have folks finally given up?

Surely the news that our sixth-graders rank 13th from the bottom and our freshmen rank 18th from the bottom is something to get a little riled up about.

Floyd County's schools have improved somewhat. Most of our third-grade classrooms, for example, are now scoring around average. It truly is sad to say that being average is an improvement, but it is and we recognize it as such.



Letters the Editor-

'An extreme amount of money'

Editor:

Having left eastern Kentucky some 30 years ago, I still keep in contact with relatives and the Floyd County Times. I have watched many elections come and go, not only in Kentucky, but also in Indiana, where I reside with my wife and children - or, should I say grown children.

I always enjoyed getting the paper during election time, and at times the stories were funny and at other times they were rather harsh. But, all-in-all, I don't believe that any of the candidates there are up to this past election. No one has ever spent what Arnold Brent Turner spent for a job that I'm sure extreme amount of money.

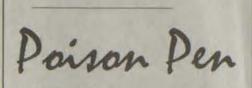
What could that much money be used for besides an election? It could feed a lot of hungry children in eastern Kentucky. How many kids could that send through college?

call. Mr. Turner says he has been a lawyer for a short time, working in the Commonwealth Attorney's office. Yet he was able to contribute to his own campaign, \$195,000.

I do remember his father being an attorney when I lived down there. I think the most upsetting thing of all about the election or rather the donations that Mr. Turner received was the number of people who didn't live in the county. As I recall, Pikeville still is in Pike County, right?

I could go on and on about this amount of money for a job for six years. Really, now people take a long look at that figure, \$203,498.19. What could doesn't pay what he spent - \$203,498.19. That's an most of the people in Floyd County do with that much money?

See. I am related to the Turners, the Cooleys, Pattons, Spencers, Bishops, Baileys and probably some that I wouldn't want known. No, not really I'm proud of my relatives, good or bad. You just take them for what they are, not for what you want them to be, because they are who they are - fami-



by Ralph Davis Managing Editor



The new and improved GOP

If Ronald Reagan were dead today, he'd be rolling in his grave.

Did you happen to catch a glimpse of the Republican National Convention this week? The whole thing looked more like a 1960s-style love-in rather than a political event.

The message from this year's convention — this is not your father's Republican Party.

Of course, conventions nowadays are not significant historically, in that they have become week-long, scripted infomercials. No longer is the convention a time of decision. It's a time of marketing.

This year's theme, as proclaimed from nearly every speaker representing nearly every demographic group except dyslexic lesbians, was that the Republican Party is now an inclusive party, open to everyone no matter their race, religion, income, sex, sexual preference or views on abortion.

But the fact remains that parents, teachers and administrators should not consider average scores acceptable, especially given the fact that the rest of the state is moving forward.

And the fact that our sixth and ninth grades are so far below average should cause some alarm.

It should, but it hasn't.

- Ralph B. Davis



Published Wednesday, Friday and Sunday each week

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Prestonsburg, Ker	s matter, intucky und	202-700 June 18, 1927 at the post off ler the act of March 3, 1879 aid at Prestonsburg, Ky.	lice at
In	Floyd Co	RATES PER YEAR: unty: \$38.00 County: \$48.00	
T	ne Floyd C P.O. B	hange of address to : County Times lox 390 Kentucky 41653	
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Compared to his opponent who spent \$40,990.17, the reaction from some friends and local elected officials was the same - a job well bought.

I think that the people of Floyd County should take this expenditure of the winner as a wake up

David Spencer

Zionsville, Indiana

Officials are failing the public

Editor:

In the last week the Lexington Herald-Leader has published informative articles on DUI. It should be a 'must read" for all of Kentucky and especially eastern Kentucky, Quoting from the Herald-Leader, "The first offense, five years, two to 30 days in jail or a \$200 to \$500 fine or both, a \$200 service fee, a 90day driver's license revocation and 90 days of alcohol abuse counseling. Seven days in jail, of which five can be probated, are mandatory for first offenders with a blood-alcohol percentage of 0,18." The DUIs are a threat to public safety and too many prosecutors and judges are undermining these protections by dis-

missing or reducing DUI charges. It would be beneficial to all Floyd Countians if you would publish each week all cases in court, those charged and the judges who preside.

The Prestonsburg City Council passed an ordipenalties for drunken driving for adults are - for a nance or rule that two or three on the city council could sign checks for purchases. That is not right. Checks should be signed by two on the finance committee and before the city council. What if someone wanted a Mercedes car? What would keep them from buying one? More strict observance of our (the taxpayers) money should be put in force.

> Arnie Arnett Prestonsburg



Letters to the Editor

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor. The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

And if you don't believe that, just ask all the rich, white, conservative, staunchly heterosexual, old men who were delegates.

What all this says to me is that, 20 years after it started, the Reagan Revolution is over. Now that Pat Buchanan has been banished and Pat. Robertson has apparently been given a Prozac prescription, we're unlikely to see the bitter divisiveness we've seen from the Republicans in previous years.

All of which raises a couple of questions, the first being if the Republicans are for real with their kinder, gentler approach to politics.

But even more important to the Republicans is whether this new approach might ultimately backfire. After all, the GOP took the White House in the 1980s and Congress in the 1990s by centering their policies + around a staunchly conservative base favoring tax cuts, outlawing abortion, unlimited freedom with guns and policies friendly to big business.

Now, though, the Republicans appear to be cutting away that base. While several concessions were made to leave the anti-abortion and antihomosexual planks in the party's platform, many of the beliefs which were previously given in any gathering of Republicans are suddenly gone.

You won't hear for calls to dismantle the Department of Education this year, just as you won't hear for any calls to end affirmative action.

For now, the hardcore conservatives seem to be taking it all in stride. Some have been quoted as saying they believe the softer touch is an effort to reach out for more votes in November. but that they know where George W. Bush's true loyalties lie and that he will work for them once he gets in the Oval Office.

But should W find himself the victor in November, I highly doubt he would want to take a chance on following his daddy's footsteps as a onetermer. He's promised a moderate agenda and that's what he will have to deliver to avoid voter anger in 2004. Otherwise, it will be "read my lips" all over again.

4

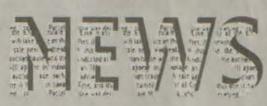
Black boxes aren't just for airplanes

(NAPSA) - The U.S. Food and Drug Administration (FDA) calls it a "boxed warning." Others call it a "black box warning." Regardless of what you call it-does anyone know what it means? We'll give you a hint: it has nothing to do with the flight data recorder on airplanes.

The boxed or black box warning is required by the FDA to inform physicians and patients of a potentially serious side effect or safety hazard associated with a particular prescription medication. As its nameimplies, the warning is outlined in a black box to make it stand out from the rest of the drug material. It is also intended to convey important safety information and call attention to a drug's risk/benefit ratio, which should be taken into consideration when a physician prescribes the medication. In itself, a black box warning associated with a particular medication does not mean every person will get this side effect, it just means that you should be aware that the possibility exists.

Example of a Black Box Warning

Where does the information in a black box warning come from? It is usually based on clinical data-in the absence of clinical data.



is used over time, more is learned about it and this may lead to the revision or removal of the warning. In some cases, drugs that are initially approved without a black box warning may receive one after additional data becomes available which might show side effects not originally seen in patients. Whenever a change like this is required. pharmaceutical companies typically inform physicians through a "Dear Doctor" letter where they notify the physician about what has changed and why and what this will mean to their patients.

The warning is put in the package insert, which contains information about the drug. including indication, dosage, drug interactions and who should/should not take it. The location of the black box warning varies depending on the FDA's decision-it could be animal data may be used. As the medication the first thing you see on the top of the first tures the medication.

page of the package insert, other times it is in the adverse reactions (side effects) section of the insert. The FDA, in collaboration with the pharmaceutical company producing the medication drafts the black box warning as well as the rest of the package insert. When a medication has a black box warning in its package insert, this important information is required to be included in all written materials about the drug (press materials, advertisements, information cards, sales aids, etc.).

Now that you know what a black box or boxed warning is, make sure you read the material you're given when you are prescribed a medication to see if, in fact, your medication has this type of warning. If you see one, it is very important to discuss this information with your doctor. He or she is the best person to consult with when you have a question regarding a drug's effect on your body. Not only is it important that you know what the drug will do to help you, but you should also know what other effects a drug may have on your body. For more information on what a specific black box warning means, please consult your physician or call the pharmaceutical company that manufac-

Virtual Library courier service to boost interlibrary loans

With this service all citizens will have quick

"So many of our libraries are exclusive

and easy access to collections housed in Kentucky libraries, and that, said Pattie, is a key

repositoires for regional and local content-rich

collections. Residents remote from those

libraries now have greater access to these won-

nize pick-up and delivery schedules is anticipat-

ed, the goal is overnight delivery to the local

library most convenient to the patron requesting

the materias. However, some smaller libraries

have pick-up and delivery two or three times a

week, which is still more expedient than prior to

County Public Library in Morehead, said she

Helen Williams, the director of the Rowan

While a brief adjustment period to synchro-

Ioans

benefit of the service.

the contract.

deful treasures," Pattie said.

Citizens across the Commonwealth now have the John F. Kennedy Memorial Library in West more timely and reliable delivery of interlibrary Liberty, said the courier service allowed her said Williams. "We will be able to really encourloans, thanks to a free ground courier service provided by the Kentucky Commonwealth Virtual Library.

The KCVL negotiated the contract on behalf of 182 of the state's public and educational institution libraries. The service went into effect August 3.

The library-to-library delivery service makes it possible for a resident serviced by a small library to request a book or resource from a larger library and have it delivered to the requesting library in as little as 24 hours.

"This is one of the KCVL initiatives to make information resources easily and quickly accessible to all Kentuckians," explained Ling-yuh W. (Miko) Pattie, the director of the KCVL

Prior to the contract, some libraries had to set limits on the number of interlibrary loans or pass the cost on the consumer because they were confined by their own budgets to pay shipping costs

Jackie Griffitts, assistant library director of appreciates having the service.

"It's just wonderful for us and our patrons." library to lift the \$1 fee assessed on interlibrary age the use of interlibrary loans."

At Madisonville Technical College, Library Director Jackie Calvert said she anticipates that this service will also increase public library use.

"This is a boost to al our libraries in the state. We will be able to provide more resources to our patrons which should increase library use overall," explained Calvert.

The KCVL is a part of the Kentucky Commonwealth Virtual University and is open seven days a week, 24 hours a day. Through the KCVL. Kentuckians can access more than 30 electronic databases with close to 5,000 full-text journal and newspaper titles and online library catalogs with nearly 10 million volumes housed in Kentucky libraries.

Residents can also request scanned journal articles to be delivered electronically. For more information, visit the KCVL at its web site at www.kcvl.org or call the library's call center toll-free at 1-877-740-4357, Monday-Friday, from 8 a.m. to 7 p.m.

"Dig Into" Presidential Log Cabin History in 2000

(NAPSA) - Just imagine yourself as a Revolutionary War soldier at Valley Forge living with 12 people in a log hut the size of a bedroom. Or meeting General Grant at the Civil War front with President Abraham Lincoln. Or imagine working side by side with Theodore Roosevelt, as he became a hardened cowboy, rancher and bison hunter in the Dakota



Theodore Roosevelt National Park, Medora, ND-is also under way. You can learn how Roosevelt rebuilt his body and sorrowing spirit and lived as a cowboy and rancher. In the Dakota Badlands, he formed views on conservation that helped shape policy during his presidency.

Ulysses S. Grant's Civil War headquarters cabin at Petersburg

FREE THINGS TO SEND FOR

(NAPSA)— For a free brochure airlines on how to make an outdoor storage building, write the Southern Pine Council at Box 641700. Kenner, LA or visit www. 70064. southernpine.com.

To find out about Internet coursework in graphic and web design, or to enroll, visit Sessions.edu at www.sessions.edu or call 1-800-258-4115.

To learn about portable appliances from VTech which can help family and friends keep in touch through e-mail, call 1-888-GO-VTECH or visit the website at www.vtechworld.com.

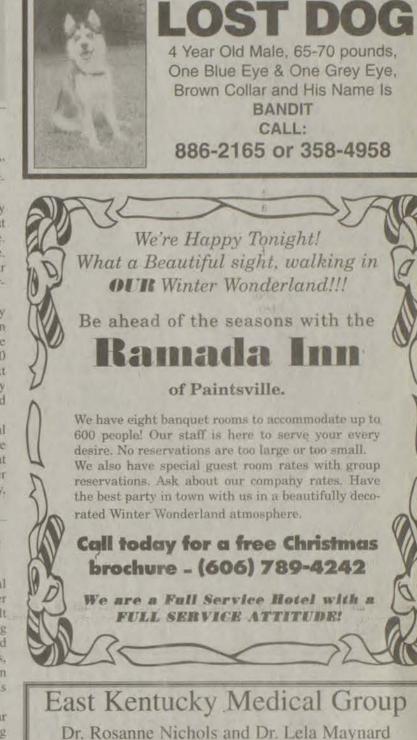
To learn about the Air Travel Card, which is the corporate travel payment system issued by over 27-

worldwide, VISIT airtravel.com or call (800) 854-9600.

To win a trip to Puerto Rico and other great prizes enter Howard Johnson's 75th birthday contest. For details, visit www. hojo.com or write to Howard Johnson Favorite Memory Sweepstakes, Box 5244. Parsippany, NJ 07054-6244. Entries must be received by May 10, 2000.

For information about FoodSaver products and accessories by Tilia, call 800 775-5452 and visit www.foodsaver.com,

To find out about Sonoma fruit butters and dipping sauce, which have no added sugar, call Timber Crest Farms at (707) 433-8251, fax (707) 433-8255 or visit www.timbercrest.com.



Badlands.

These are just a few of the fascinating real-life adventures that occurred at three log cabin sites which are being preserved and protected as part of the "Discover Presidential Log Cabins" program this year. Our nation's log cabins are cradles of American history and you are invited to visit the cabin sites in person or online at www.nps.gov/LogCabin.

You will learn about the history being discovered and preserved by the National Park Service at Valley Forge National Historical Park. Petersburg National Battlefield and Theodore Roosevelt National Park. The sites span three eras in

American history, two U.S. wars and four of our greatest leaders-George Washington, Abraham Lincoln, Ulysses S. Grant and Theodore Roosevelt.

Under way at Valley Forge National Historical Park in Valley Forge, PA, is an archeological dig of log hut brigade sites occupied Washington's George by

Revolutionary War. Here George Washington's tired, ragged soldiers were melded into a disciplined fighting force that went on to defeat the British. The dig will help park historians and archeologists discover more about the soldiers' lives.

The restoration of the Maltese Cross Cabin-built for Theodore Continental Army during the Roosevelt and now located at

layo Moments

by LINDA LYON

Roger Owens came to work at Mayo as an auto mechanics instructor several years ago. He came to campus with a smile on his face, and the times have been rare indeed when that smile has not been there.

He was assigned to me to mentor during his internship. One of the first things he told me was, "I love this job!" Many times over the past years I have heard him say that again and again.

Just this week he sat in my office and said, "You know this is the only place I have ever worked where when I get up in the morning I think, 'I get to go to work' and I smile."

This attitude not only affects him, but it also affects his students and his fellow staff members. You cannot be in Roger's presence very long without smiling or laughing out loud. He brightens the area around him. Consequently, he makes the day better and brighter for all of us and for his students.

In turn, he produces graduates who are happy in their classes, like what they are doing and enjoy their jobs. This shows in the employees they become and the way they interact with their peers. It is a chain of sunshine that starts with a smile.

Roger Owens is not the only instructor at Mayo who will greet you with a smile. The staff strives to make the educational experience of all students a happy one. Come by campus and talk to us about how to make that happen.

Mayo staff and faculty will participate in the Relay for Life on Friday night, August 4 and Saturday morning, August 5. If you can take part, call Suzanne White or Vanessa Sammons.

A reminder: The Alumni Committee is organizing a picnic for former employees and their families.



Roger Owens

If you have ever worked for Mayo or if you have a deceased family member who worked for Mayo, contact Ruth Perry for more information. Her phone number is 606/789-5321, ext 221. Her email is ruth.perry@kctcs.net.

It's not too late to get enrolled in school. Call Patty McKenzle today at extension 235 or come for a campus visit. We test every Monday and Tuesday at 8 a.m.



National Battlefield in Hopewell, VA, is also being restored. Hopewell, then known as City Point, was where President Lincoln visited General Grant to lay plans for the final battles of the war and reconstruction of the nation. During his stay in City Point, President Lincoln dreamed of his own death-two weeks before his assassination.

The Discover Presidential Log Cabins program is made possible by a public/private partnership between the National Park Service (NPS), the National Park Foundation (NPF) and Aurora Foods Inc., maker of Log Cabin syrup. Aurora Foods committed \$1 million over four years to the NPF's "Restoration of America's Log Cabins" program to restore historical log cabins in the National Parks.

So, dig into history. Visit one of these National Park sites or log on to learn about presidential log cabins this summer.

would like to welcome



Dr. Aaronda Derossett Wells Specializing in Pediatrics

Dr. Wells will begin seeing new patients August 1, 2000. 145 Weddington Branch Road . Crossroads Plaza Pikeville, Kentucky

Phone: 432-2172

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COMMUNITY CALENDAR

Calendar items will be printed as space permits

Editor's note: As a service to the many clubs and committees that meet in our community. The Floyd County Times' Community Calendar will post meeting and public service announcements. Articles for the Community Calendar must be submitted in writing to The Times no later than 5 p.m. Monday for Wednesday's publication, 5 p.m. Wednesday for Friday's publication, or 5 p.m. Thursday for Sunday's publication. These cannot be taken over the telephone.

FCCD celebrates anniversary

The Floyd County Conservation District will host an open house on Friday, August 18, from 10 a.m. to 2 p.m., in honor of its 50th anniversary. Bill Merritt is to be recognized at the event for his 50 years of service as a board member. All past cooperators, supervisors, employees, district conservationists, poster and essay winners, as well as members of the public, are encouraged to take part. Call 606/889-9800 or email conserve@eastky.net.

Gospel sing to benefit child

Drift Pentecostal Church, with Pastor Ted Shannon, will sponsor a benefit Gospel Sing on Sunday, August 13, from 5 to 9 p.m. Contributions to an offering box will go to the medical fund of Sydney Mullins, who is in need of a heart transplant.

Among singers who will participate are the Bluegrass Gospel Boys, Stepping Out on Faith, The Zions, Collins Family, Brian Woofter, East Wind, and Sister Tyson.

Dog training available A 10-lesson dog training course

begins August 28 in Prestonsburg, sponsored by the East Kentucky time will be from 11 a.m. until 3 Ioan proposal, the lending process, tion, call 606/432-5848. Kennel Club and Floyd County Animal Shelter. The fee is \$30, with proceeds going to the shelter. The training is free for dogs who come from the shelter. Registration is limited to 12 dogs and will close on August 24. To register, call 1-800-865-1360 before 9 p.m.

Open house

Allen Elementary will be having an open house Tuesday, August 8 from 6-7:30 p.m. Meet the Teachers-Class Homerooms will be posted.

Auction slated for church

An auction to benefit Cow Creek Freewill Baptist Church, which was recently destroyed by fire, will take place on Friday, August 11, at 7 p.m. at The Consignment Shop on South Lake Drive in Prestonsburg. Proceeds will go toward construction of a new church building.

Among items to be auctioned are gift certificates, furniture, pictures, new and old merchandise and more. Call 606/886-1165 for information.

Truck driving School career day

Monday, August 14, the Career Development Center Truck Driving School will have representatives in Prestonsburg giving area residents first hand information on jobs and training available for anyone interested in gettin their CDL (Commercial Driver's License). There will be an instructor, financial aid director, and job placement representative to answer any questions you might have about a career that can pay in excess of \$35,000 the first year.

This Career Day will be held in the parking lot of the Community Based Services at 895 North Lake Dr. A Career Development Center Truck Driving School truck will be located in the Community Based Services parking lot next to Dairy Queen.

Plan to attend this Career Day. The include financing basics, building a and lending programs. For informap.m. You may qualify for full finan- and lending programs. For informacial aid, so remember, your future is tion, call 606/432-5848. in your hands!

Youth revival at Boldman

Boldman Freewill Baptist Church will host a Back-to-School Youth Revival. August 11, 12 and 13. Services are at 7 p.m., with Dustin Elkins preaching. Special singing and refreshments are also planned.

McDowell FRC lists activities

The McDowell Family Resource Center will hold an Open House (for students enrolled at McDowell) on August 8 from 1-3 p.m. Parents are urged to attend. School supplies will be distributed to those who attend.

After-School Child Care Registration for the Center will be August 8 from 7 a.m. to 4 p.m.

Registration fee is \$15 per child. Tuition is \$20 per week per child, regardless of the length of time the child spends at the Center each day.

Women's Health Clinic will be August 14 at the Center. Services available include pap smear, breast exam, tetanus shots. urinalysis, hemoglobin, fecal occult, T.B. skin test. Fees range from \$5 to. \$10 and Medicaid will be accepted. Call the Center for an appointment, 377-2678.

Workshop focuses on business loans

"Small Business Loans" is the title of a workshop for prospective small business owners being offered by the Morehead State University/Small Business Development Center on Tuesday, August 8.

It is slated for 1 to 3:30 p.m. at the MSU/Big Sandy Extended Campus Center at 134 Collins Dr. in Prestonsburg. Topics to be covered

Safety seat check planned A free child safety seat check is

set for Thursday, August 10, from 3 to 6 p.m. at Music Carter Hughes Chevrolet at 713 S. Lake Dr. in Prestonsburg. Certified child safety seat techni-

cians from the National Highway Traffic Safety Administration will assist parents and caregivers in checking their seats for recall, how to install seats properly and how to position the infant or child in the child safety restraint properly.

The event is sponsored by Music Carter Hughes, Floyd County Health Department, Drive Smart Kentucky, Department of Transportation. Vehicle Enforcement, Kentucky State Police and the State Injury Prevention Program at the Kentucky Injury Prevention and Research Center.

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Historical group to meet

The Floyd County Historical Society will meet August 21 at 7 p.m. at the Floyd County Library. Charles Wells, local author and historian, will present a program titled "Have Your Ever Wondered?"

The meeting is free and open to the public. For information, call 606/886-6308.

Mayo alums host event

The Mayo Alumni Association will host a picnic for former employees of Mayo Technical College (formerly State Vocational and Technical School) and its extension centers on September 23. beginning at noon, at the Dewey Dam Spillway Shelter #3.

All former employees or families of deceased employees who are interested in attending should contact Ruth Perry at 606/789-5321, ext. 221, by September 1.

Woodcarvers to meet

East Kentucky Woodcarvers will meet on Sunday, August 20, at 2 p.m., at the Mountain Christian Academy, near Martin. Topic will be "Sharpening Tools." Bring your tools and honing stones. Call 886-9624

Domestic violence

Are you in an abusive relation-

See CALENDAR, page seven

The "Word" for



Blackburn pallbearers listed

Serving as pallbearers for the funeral of Gladys Blackburn were Phil Bradbury, Kevin Heslin, Ryan Heslin, Dan Wallen, Ron Wallen, Columbus Brown, Breck Hammond and Estill Carter.

Trov Frasure

Troy Frasure, 88, of Galveston, died Thursday, August 3, 2000, at Mountain Manor Nursing Home, Pikeville, following an extended illness.

Born on July 8, 1912, in Frasures Creek, he was the son of the late Oliver and Roxie Alley Frasure. He was a disabled coal miner and a member of the Church of Christ.

He is survived by his wife, Verlie Hamilton Frasure.

Survivors include seven sons, Ed Frasure of Pikeville, Palmer Frasure of Teaberry, Tom Frasure, Glen Frasure, Charles Frasure, Garrett Frasure, all of Galveston, Eddie Frasure of Collinsville, Virginia; one daughter, Geraldine Blankenship of Galveston; three half-brothers, Wade Frasure and Mose Frasure, both of McDowell, and Earl Frasure, of Ohio; one half-sister, Wilma Kiser of Lucasville, Ohio, 14 grandchildren and 20 great-grandchildren.

Funeral services will be conducted Monday, August 7, at 1 p.m., at the residence at Galveston, with Tommy Spears and Bonnie Blankenship officiating.

Burial will be in the Frasure Family Cemetery, at Galveston, under the direction of Nelson-Frazier Funeral Home, Martin.

George Rodney King

George Rodney King, 58, of Rainelle, West Virginia, former native of Drift, died Thursday, July 27, 2000.

He was the son of the late George Will King and Grace King Spencer, formerly of Drift.

He is survived by two sons, Ronnie King of Thompson, Ohio, Mark King of Mentor, Ohio; two brothers, Ray Mullins of Miamisburg, Ohio, Randy Spencer of Cleveland, Ohio; six sisters, Dottie Penrod of Greenville, Ohio, Jean McPeaks of Diamond, Ohio, Debbie Churderewicz of Mentor. Ohio, Brenda Yoder of Elyria, Ohio, Linda Proffitt of Cleveland, Ohio and Judy McKenzie of Urbana, Indiana; and 3 grandchildren.

Burial was in the All Souls Cemetery, Chardon, Ohio.

Bertha Helen

Hear Multi-Millionaire r. Russell Anderson

(Formerly of Floyd County Kentucky)

At An **Old Fashion Tent Revival**

August 14-18, 2000 7 p.m. Nightly

Located at the junction of Highway 23 and Route 80, 4 miles south of Prestonsburg

Also Hear

Dr. Jeffery J.



Fugate Pastor of the fast growing **Clays Mill Road Baptist Church** 3000 Clays Mill Road, Lexington, KY 40503

Dr. Jeffery J. Fugate

Dr. Russell Anderson

(859) 277-6811 Speaker on "The Voice of the Appalachians" radio broadcast

Biography of Dr. Russell Anderson-

Biography of Dr. Russell Anderson.
Russell Anderson was born in Floyd Comty, KY and raised in a house with "three rooms and a path." As a young boy he got his first job working in the corn fields for 50¢ a day. Later he bought himself a mule and made \$2 a day plowing in the corn fields. As time went along, he instant in the intermediate work at different jobs that would earth him money. He trapped muskats and minks early in the mornings and would stretch their hides. Then in the fall the would mail them to Sears & Robusk and Montgomery Wards for money. Later he got jobs working in timber, saw missed in a nonstruction. Then he got a job mining coal and was the number one coal loader out of a large group of men. In 1955, due to the instability of the work in the coal mines he left southeast Rentucky and moved to Ypsilam. There he started in the drywall business. He was an unawed man who had never once heard a clear presentation of the gospel of the Lord Jesu.
Mr. Anderson then met a young lady in Michigan who was from Middleshore, KY. As he tells the story. "After preparing one meal of southeast the to take the date." he wanted to marry her. Soon after their marriage Mr. Anderson heard the gospel of the Lord Jesu.
The young hady in Michigan who was from Middleshore, KY. As he tells the story. "After preparing one meal of southeast fired chicken he to take the date." he wanted to marry her. Soon after their marriage Mr. Anderson heard the gospel of the Lord Jesu.
The van old fashion work exits the learned as a boy and with his new found partner the Lord Jesus Christ, he continued in business. God microsoft he and of the sontimuses the a pay check himself he never missed paying a bill and in fact never missed for the years he became.
The an old fashion work exits he learned as a boy and with his new found partner the Lord Jesus Christ, he continued in business. God microsoft hey gospel to be lass him. In fact, in just a little over seven years he became a millionaire. He increa

The next few years. Brother Anderson now travels around the country speaking to challenge laymen and preachers alike to not only prove God with their money but to win the lost to Christ. In the year 2000, he will speak more than ten times throughout his home state of Kentucky in tent revivals and church conferences, as well as meetings in Florida, Oregon, Texas, Michigan, Indiana, Ohio and many other places.

Do you have a heavy heart or a burdened conscience? Jesus Christ says to you, "Come to me, all who are weary and heavy-laden, and I will give you rest. Take my yoke upon you, and learn from Me, for I am gentle and humble in heart; and you shall find rest for your souls. For My yoke is easy, and My burden is light" (Matthew 11:28-30).

by DR. DENNIS J. PRUTOW

STERLING, KANSAS 67579

Are you weary from the daily

drudgery of work at the office or

from keeping house? Are you laden

ith care, financial or otherwise?

an invitation to follow Jesus Christ. Christ offers rest to those who fol-

REGIONAL OBIT

the Week

An invitation to rest

Pike County

Lawrence Bostic, 78, of Kimper, died Monday, July 31, at St. Joseph Hospital, Lexington. He is survived by his wife, Thelma Lee Bostic, Funeral services were conducted Thursday, August 3, under the direction of J.W. Call & Son

Joyce Marie Adams McCoy, 53, of Regina, died Monday, July 31, at Pikeville Methodist Hospital. Funeral services were conducted Thursday, August 3, under the direction of Justice Funeral

Margaret Vass Bailey of Stone, formerly of Williamson, West Virginia, died Thursday, August 3, at the home of her niece. Funeral services were conducted Saturday, August 5, under the direction of Rogers Funeral Home.

Sherry Chafin, 37, of Ragland, West Virgnia, died Tuesday, August 1, at St. Mary's Hospital in Huntington, West Virginia, the result of injuries sustained in an automobile accident. She is survived by her husband, Jimmy Chafin. Funeral services were conducted Friday, August 4, under the direction of Chafin Funeral Home.

Ethel Whitt, 28, of Red Jacket, West Virginia, died Tuesday, August 1. Funeral services were conducted Friday, August 4, under the direction of Chafin Funeral Home.

"If you love Me, you will keep my commandments" (John 14:15). 1 John 5:3 says, "His commandments are not burdensome."

low Him. The Lord Jesus also

speaks of taking up His yoke. A

yoke is something you shoulder in

order to work. The work Jesus

Christ has for you involves follow-

ing His commandments. Jesus says,

You see, no matter what your daily tasks involve, if you reject Christ's rules for living, your yoke will be heavy. Your work will wear you out. Why? You will be striving against God. You can't reject God and His commandments and expect Here is a simple invitation. It is life to be easy. You need to accept Christ's invitation. He promises, "I will give you rest."

Myrtle Shepherd Blackburn, 77.

of Whitehall, Ohio, died Tuesday,

August 1, at Mount Carmel East

Hospital, Columbus, Ohio, Funeral

services were conducted Friday,

August 4, under the direction of

Edith Murphy Simpkins, 84, of

Beech Creek, West Virginia, died

Wednesday, August 2, at Williamson Memorial Hospital,

Williamson, West Virginia. Funeral

services were conducted Saturday,

August 5, under the direction of

Jeffrey L. Hunt, 36, of Phyllis,

died Wednesday, August 2, at

Pikeville Methodist Hospital. He is

survived by his wife. Sheila "Lynn"

Stanley Hunt. Funeral services will

be conducted Sunday, August 6, 11

a.m., at the Biggs Church of God,

under the direction of Lucas & Hall

James Coleman, 67, of Bidwell,

Ohio, died Wednesday, August 2, at

his home. He is survived by his

wife, Velma Spencer. Funeral ser-

vices were conducted Friday.

August 4, under the direction of

Ireland Kendrick, 55, of

Pikeville, died Thursday, August 3,

at Pikeville Methodist Hospital. He

is survived by his wife, Christine

Kendrick. Funeral services will be

conducted Sunday, August 6, 1

p.m., under the direction of Thacker

Memorial Funeral Home.

McCoy-Moore Funeral Home.

Chafin Funeral Home.

Chafin Funeral Home.

Funeral Home.

Dickerson Risner Bertha Helen Dickerson Risner, 60, of Prestonsburg. died Thursday, August 3, 2000, at Salyersville

Health Care Center, of an extended illness.

the

Born in Pike County, she was the daughter of the late James Auburn Dickerson and Berta Johnson. She was a clerk.

She is survived by her husband. Emzy Risner.

Other survivors include one daughter, Pam Clark of Prestonsburg; and two sons, Billy Risner of McGuffey, Ohio, James Risner of Ada, Ohio and two granddaughters.

Funeral services will be conducted Sunday, August 6, at 11 a.m., at the Carter Funeral Home Chapel, with Rev. Robert Greene officiating.

Burial will be in the Chestnut Grove Cemetery, Prestonsburg, under the direction of Carter Funeral Home.

Hervey Endicott

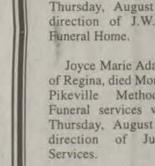
Hervey Endicott, 68, of Endicott, died Thursday, August 3, 2000, at Pikeville Methodist Hospital, following an extended illness.

Born on June 21, 1932, in Endicott, he was the son of Salirda "Coonie" Spears Endicott and the late William Endicott. He was a retired highway department employee.

Survivors include two sons, Eugene Endicott and Charles Endicott, both of Fleming County; two daughters, Shelia Tucker of Shelbiana, Gloria Endicott of Endicott; one brother, Thurston Endicott and one sister, Fay Endicott, both of Endicott; and seven grandchildren.

Funeral services were conducted Sunday, August 7, at 1 p.m., at the Nelson-Frazier Funeral Home, with Billy Compton officiating.

Burial was in the Goble Cemetery, at Endicott, under the direction of Nelson-Frazier Funeral Home, Martin.



SUNDAY, AUGUST 6, 2000 A7



Four Floyd Countians were on hand at Hazard Community College to help celebrate the acceptance of the Mountain Writing Project into the National Writing Project. Shown from left are project director Dr. Charles Whitaker, Willie Elliott, former co-director, Paula Collins and Anna Kidd (teachers at Adams Middle School). and Carol Stumbo, Region 8 Service Center Director. (Photo by Willie Elliott)

Calendar

out? Call our 24-hour crisis line and persons may call 358-9473 on talk to Certified Domestic Violence Wednesdays to speak with Hopkins Counselors, discuss ways you can or leave a message on other days. Or remedy the problem, call 886-6025 they may call the HOMES Inc. or out-of-the-area 1-800-649-6605, headquarters in Neon, toll-free, at 1because "Love Doesn't Have To 877-271-1791, ext. 10. Hurt."

Housing assistance in Wayland area

HOMES Inc. has opened an office in the Wayland Community Center to assist low income persons in the Right and Left Beaver areas with housing needs. Nelson Hopkins is in the office on Wednesdays from 7:30 a.m. to 4 p.m. to help persons who need repairs on their existing homes or

ship and feel as if there is no way with securing new housing. Area

Earn while you learn

The Big Sandy Area Community Action Agency is taking applications for the senior training program. You must be 55 years old, or older to apply. For further information, call 606/886-2929. Ask for Tammy Jervis.

The program's primary goal is to create employment for those 55 and over. SCSEP helps prepare older workers to compete for jobs'

HNDEERE

Continued from p6

by providing minimal training and placing eligible applicants into permanent employment. Training sites are expected to develop the participant's skill and hire or release them.

Social Security rep on Mud Creek

A Social Security Representative will be at the Mud Creek Clinic, each Tuesday, during the month of August.

The Representative will be in the clinic to assist people in filing Social Security claims and appeals.

People can also apply for Supplemental Security Income (SSI), Black Lung and Social Security numbers. You can also pick up booklets on Social Security and get questions answered.

FHA will insure more home mortgages in KY

Housing and Urban Development Secretary Andrew Cuomo says dramatic reforms by HUD's Federal Housing Administration (FHA) will mean more than \$3.6 billion in new home mortgages in Kentucky over the next five years.

"This is good news for hardworking families in Kentucky, because it gives them the opportunity to become homeowners-something many of them did not think was possible," Cuomo said. "Over the last several years, HUD has completely reformed the way the FHA does business and the result is, more families are reaching the American Dream of homeownership."

Kentucky State Coordinator John Milchick Jr. made the announcement recently at the HUD Next Door Kiosk Installation Ceremony held at New Directions Housing Corporation.

Milchick stated, "We are pleased that Kentuckians will reap some of the benefits of the strong FHA mortgage insurance fund. The new HUD Next Door Kiosk is one way in and other HUD resources beneficial to them."

Since 1997, FHA has implemented numerous reforms to improve administration of the mortgage insurance fund, reduce the number of foreclosures, and accelerate the process by which FHA sells the houses it does acquire through foreclosures.

The reforms to FHA have led to a dramatic improvement to its financial bottom line. An independent report issued by the accounting firm of Deloitte and Touche found that the FHA's Mutual Mortgage Insurance Fund is in its strongest financial condition since it was created in 1934, with a record economic value of \$16.6 billion in 1999 -

1438GS Sabre* Lawn Tractor

5-speed shift-on-the-go transmission

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Now \$1,429

an increase of \$5.3 billion over American families who would other-1998

\$1.5 billion to the U.S. Treasury in 1999

that are now being realized. FHA can commit even more resources to helping make homeownership more attainable for families who are not well-served by the conventional mortgage market - especially firsttime homebuyers and minorities.

The reforms to FHA include: · Automated Underwriting -

FHA dramatically cut the time needed to approve a loan from a few weeks to a few days

· Homeownership Centers -FHA consolidated all homeownership activities in four homeownership centers to speed up the process and reduce costs.

• Credit Watch - FHA cracks down on irresponsible lenders using a computerized system to identify lenders with an above-average number of defaults and foreclosures.

· Appraisal Reform - FHA has which first-time homebuyers and put into place a number of proceother citizens can learn about FHA dures to protect homebuyers by providing them with an unprecedented amount of information about the physical condition of the home they are purchasing.

Nationwide, FHA insured a record 1.3 million mortgages worth \$125 billion in 1999. Also in 1999, FHA-insured loans overwhelmingly went to first-time homebuyers, 80.8 percent compared with 64.4 percent in 1992, and helped minority borrowers, 37.7 percent went to minorities compared with 21.7 percent in 1992

FHA does not make mortgage loans directly, but rather insures loans made by private lenders to homebuyers. Because FHA mortgage insurance protects lenders from losses, it has enabled 30 million

wise be locked out of the mortgage FHA was able to return about market and homeownership to qualify for mortgages.

When homeowners fail to make As a result of greater efficiencies payments on mortgages insured by FHA, the agency first tries to help them stay in their homes through foreclosure avoidance. If this is not successful, the lender forecloses on a home and conveys it to FHA in exchange for FHA payment of the outstanding mortgage balance. FHA then puts the home up for sale.

FHA-insured loans also benefit homebuyers in these ways:

· FHA downpayments of 3 percent are lower than the minimum that many lenders require for non-FHA mortgages. Higher downpayments are a major roadblock to homeownership.

· FHA's requirement for homebuyer credit ratings are more flexible than those set by many lenders for non-FHA borrowers.

. FHA permits homebuyers to use gifts from family members and nonprofit groups to make their entire downpayment, while conventional loans generally require homebuyers to come up with a portion of the downpayment from their own funds.

· FHA permits a borrower to carry more debt than a private mortgage insurer typically allows.



Roses do well when thoroughly watered about once a week, soaking the soil to a depth of about 5 or 6 inches.

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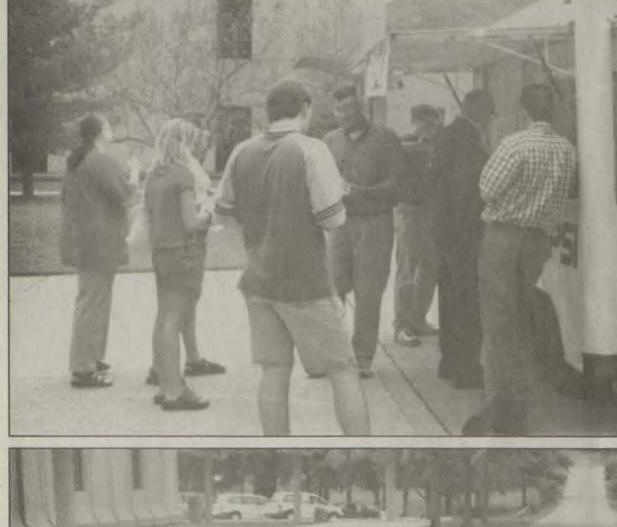


T105C Line Trimmer • 1.05-hp (19.8 cc) 15-inch cutting swath 8.4 pounds NOW \$16999

NOW \$279

JS60 Walk-Behind Mower • 6 hp • 21-inch steel deck







Students registering at Prestonsburg Community College Friday were treated to hot dogs, chips and soft drinks. The treat continues Monday as does registration for fall semester classes. Taking advantage of the pre-rain sun were April Howell of McDowell and Sabrina Paige of Wheelwright. Both are advanced freshmen and business management majors. (photos by Pam Shingler)



FOR THE RECORD

RESTAURANT, SCHOOL, AND MOBILE HOME INSPECTIONS

Dingus Mobile Home Park, Martin, 94; Lots not numbered conspicuously, one trailer has no underpinning to prevent harboring of insects and rodents.

Eastern Heights Motel, Ivel, 98; Lighting too low in reading areas - 20 foot-candles, water temperature only 85 degrees, overall this is a very clean motel.

Pizza Den, Ivel, 93: No test kit provided to check sanitizing water/chlorine levels, soft drink dispenser nozzles is in need of cleaning, no cover on garbage receptacle in ladies' restroom, little debris noticed around garbage dumpster, mop head stored on the floor.

Kentucky Oil Cardinal Country Store #4, Prestonsburg, 95, 97; Not all coolers and freezers have conspicuous thermometers, uncovered wieners stored below lettuce needing washing, outside dumpsters not provided with lids and have no drain plug.

Huddle House, Betsy Layne, 98; Ice dispenser at large ice cooler not stored properly, utensil behind waffle oven not being covered or inverted, overall this is a very clean and nice restaurant.

Sissy's Grocery, 100; No violation observed during inspection, limited retail market.

Taco Bell, Harold, follow up, 96; Holding temperature of cheese topping at 44 degrees, holding temperature of refrigerator unit now at 40 degrees, these temperatures met compliance standards, however close observation should be used of product holding temperature of this particular unit, other violations have been corrected with the exception of items, 22, 29 and 37

KORC Cardinal Mart #1, Stanville, 94, 93; Walk-in coolers and freezers not provided with conspicuous thermometers, no chemical test kits provided to check sanitizing water levels, cotton candy machine soiled heavily, soft drink dispenser nozzles need cleaned, inside of microwave oven slightly soiled, outside garbage receptacle not provided with lids, in back room wet mop stored on floor.

Burger King Express, Allen, 91; Lettuce, tomatoes, mayonnaise, pickles, etc. - all out of temperature at 73 degrees, not all workers

Hamilton, petition for health care insurance.

Larry D. Castle vs. Myrtle L. Jome, petition for child support and health care insurance.

Norma Jarvis vs. Monroe Jarvis, petition for health care insurance.

Angeline Boyd vs. Benjamin Boyd, petition for dissolution health care insurance.

Reynold David Dillion vs. Patricia Darlene Nelson Dillion, petition for dissolution of marriage.

Clydia Warrix Heintzelman vs. David Heintzelman, petition for dissolution of marriage.

DISTRICT COURT

Orris D. Smith, 45, of Dema; Trafficking in marijuana - first offense, trafficking in controlled substance first offense.

Stanley Skeens, 46, of Fedscreek; Fugitive - governors warrant from Tennessee.

Clyde V. Conn, 21, of Printer; Resident hunting/fishing/traffic without license or stamp.

Jimmy Patrick 33, of Printer; Resident hunting/fishing/traffic without license or stamp.

Kelly Allen of Martin; Required floatation device.

Fred Skeens, 18, of Hi Hat; Resident hunting /fishing/traffic without license or stamp.

Devonia S. Nickles, 44, of East Point: Live bait dealers without license

Jeff Gibson, 34, of Mousie; Alcohol intoxication.

Richard C. Short, 29, of Garrett; Alcohol intoxication first/second offense, prescription in improper container. \$25 fine, \$100 fine, \$81.85 court cost, 30 days probation with no drug charges, hold for Fayette County.

46, of Willie Burke, Wheelwright; Alcohol intoxication.

Sam Burchett, 28, of Prestonsburg; Alcohol intoxication. \$25 fine. \$61.85 court cost. Darrell Eugene Ball of Phelps;

Harassment. Robert Lafferty, 52, of Tram; Alcohol intoxication, disorderly conduct, resisting arrest, terroristic threatening, attempting to elude a police officer, operating on suspended license, speeding, resisting arrest, operating a motor vehicle under the influence of alcohol, leaving the scene of an accident. operating on a suspended license, Joann Jarrell Goble of Allen and James Edward Jarrell of Prestonsburg, property location not listed.

Delores Meade of Wayland to James Cecil Martin of Wayland, at Right Beaver Creek.

Craig Click, Peggy and Bernard N. Click, and James B. and Marcella Hays of Betsy Layne to Lynn C. Justice of Betsy Layne, at Harold.

Rodney Thornsberry and Bethel Ward to Charles E. and Bobbie Edwards of Wheelwright, at Wheelwright.

June Hawkins of Eminence to Benny Chug and Herma Kay Marshall of Eastern Kentucky, at Stone Coal Creek of Garrett.

Hall and Hylton Development Inc to Robert A. Simpson of Pikeville, at Pan Hook Branch.

Michael Keith and Vicky Chandler Horn of Lexington to Harrison Walker Horn Sr. of Banner, property location not listed.

Charles Roger Wright of West Prestonsburg to the Floyd County Board of Education, Lot 34 at Gasco Park Addition.

Carlos A. and Norma Neely of Prestonsburg to Floyd County Board of Education, Lot 22 At Gasco Park Addition.

Pamela G. Hazelett of Prestonsburg to Kathy Ann Phillips of Tomahawk, property location not listed.

Big Branch Development Company, inc. of Prestonsburg to Fannin Plumbing Company of Paintsville, at Big Branch of Abbott Creek.

John E. and Linda S. King of Michigan to the John E. King Trust and the Linda S. King Trust.

Rush and Justine Meade of Hi Hat to Meredith and Geneve Slone of Hi Hat, at Left Beaver Creek.

Hobart and Eura Lou Burke of Bevinsville to John Paul Burke of Bevinsville, at Frozen Creek.

Paul W. and Linda Smith of Washington, WV to Deborah Paige of McDowell, at Abbott Creek.

Mary Ann and Stewart K Vunangst of Naples, FL to Daniel K. Darby of Prestonsburg, property location not listed.

Charles Thomas Harris of Allen to Daniel K. Darby of Prestonsburg, property location not listed.

Edgar and Bobby Jean Hale Prestonsburg to Gwendolyn Sue Harmon of Hueysville, Anita Hale of Prestonsburg and Edwynna Gay

Back-to-School.



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\$25 NOKIA	Two-Way Radio Service Little Prater, Rt. 4 Grundy, Va. 800-208-8171	Appalachian Wireless Crossroad Plaza Pikeville, Ky. 606-432-6111	Greentree Cable 305 E. Pike St. Louisa, Ky. 606-638-0639	Appalachian Wireless Auxier Road, Prestonsburg, Ky. 606-886-6422
See transition of the second s	Appalachian Wireless Corner of Main & Euclid Ave. Paintsville, Ky. 606-789-0033	M.T.S. Mountian Telephone Data Systems 1709 Rt. 321, Suite 1 Prestonsburg, Ky. 606-886-9000	Appalachian Wireless 4400 East Mt. Parkway Salyersville, Ky. 606-349-1993	Mountain Telephone 405 Main St. West Liberty, Ky. 606-743-3122
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wearing hair restraints or hats, thermometer in walk-in refrigerator not working properly, no soap in men's or women's restrooms, outside dumpster not provided with lids or drain plugs.

Burger King Express, Allen, Follow-up; Food temperatures under compliance.

MARRIAGE LICENSES

Jeanette Hurd, 23, of David to Orville Moore, 32, of Prestonsburg.

Christina Kaye Allen, 28, to Rhonda Aster Blair, 30, both of East Point.

Jennifer Howard to Carlos Hoover, 43, both of Gunlock.

Darlene Campbell, 45, of Dana to Ballard Jones, 40, of Melvin. Karen Marie Cook, 33, of

McDowell to Billy James Hall, 45, of Drift. Jamie Lynn Little, 21, of Bypro

to Brian Edward Johnson, 24, of Weeksbury. Debra Lynn Coleman, 44, to

Tony Ray Fuller, 42, both of Prestonsburg.

Peggy Marie Risner, 19, of Wayland to Mitchell Fitzpatrick, 23, of Garrett.

Vonda Kay Jarvis Case, 37, to Tracy Lee Endicott, 28, both of Banner.

Rebecca Jarrel Whitt, 37, of Prestonsburg to Ronald Lee Francis, 42, of Salyersville.

Prestonsburg.

Robert Aster Blair, 30, both of East Point.

SUITS FILED

Molly Fay Bevins vs. Ernie Blevins, petition for dissolution of marriage.

Bonnie Moore, et al vs. Clarence Brown, et al.

Frank L. Slone vs. Barbara Slone, petition for dissolution of marriage.

Jason A. Bevins vs. Angela Dawn Bevins, petition for dissolution of marriage.

Eugene Shepherd, et al vs. Ishmell Shepherd, et al.

Teresa L. Hamilton vs. Bobby

harassment.

Tony Baril, 40, of Prestonsburg; Assault fourth degree.

Martin Shepherd, 53, of David; Trafficking in marijuana under five pounds --- three counts, trafficking in marijuana over five pounds two counts.

PROPERTY TRANSFERS

Albert Shepherd of Lexington to Lana Shepherd of David, at Official Hollow.

Robert Kent and Peggy Webb of Stockdale, OH, Mary Susan and Delbert Goins of Martin, Thomas J. and Mary J. Webb of Allen, Paul M. and Patricia Webb of South Charleston, OH, Jeanie K Tussey of Springfield, OH, and Claude J. I and Janet Webb of Langley to Maytown First Baptist Church, Inc., at Maytown.

Elk Horn Coal Corporation, to William H. and Phyllis B. Honshell at Maytown.

Alta Price of Prestonsburg to the Commonwealth of Kentucky. at Martin.

Deborah J. And Carl Edward Price of Pawley's Island, SC to Commonwealth of Kentucky, at Martin.

Ballard Hall of Banner to Ballard and Gaye Hall of Banner. property location not listed.

Hattie Jarrel of Prestonsburg to

Hale of Prestonsburg, at Left Fork of Beaver Creek.

Lynette Fitzer of Prestonsburg to Terence W. Fitzer of Prestonsburg, property location not listed.

Robert Crum of Prestonsburg to Jesse L. Wright of Louisville, at Middle Creek.

Dollie L. (Fraley) and Russel Music of Prestonsburg to Jesse L. Wright of Louisville, at Middle Creek.

Shane Marcus Justice of Betsy Layne to Stephen and Gayle Justice of Betsy Layne, at Pike-Floyd Hollow.

Don Holbrook of Prestonsburg to Jeremy and Lisa Wheeler of Stanville, at Windy Brooks Subdivision.

Edna Music of Prestonsburg to Jimmy and Linda Spears of Prestonsburg, at Prestonsburg.

Sally and Daniel Hornback of Ann Arbor, Mich. to Jerry L Hall. of Conyers, GA, at Prater Creek.

Ollie Howard of Hueysville to Glenda Howard of Hueysville, at Raccoon Creek.

Cheryl and Richard Arms of Dana to Misty Leigh and Michael Akers of Dana, at Simpson Branch. Brenda Rice of Price to Don and

Priscilla Ann Fraley of Hi Hat. property location not listed.

Sam B. Meade of Harold to Sam B. and Mariedith F. Meade of Harold, at Toler Creek.

Curfews implemented

(NAPSA) - Cities have implemented nighttime youth curfews at an increasing rate as a tool to help ensure the safety of their communities and to deter crime and violence among youth. A recent survey of 490 cities conducted by the National League of Cities (NLC) found that well over 300 have curfew laws. While five laws dated back to the 1950s, 110 cities reported their laws were passed just within the past five years. That nearly matches the number of curfews implemented in the previous 15 years between 1980 and 1995.

Among cities with curfews, 96 percent view their laws as effective. Most curfews require children under the age of 18 to be off the streets by

YOUTH CURFEWS **ON THE RISE**

11 p.m. during the week and midnight on weekends. Curfews have also generated controversy in some communities. Opponents cited a lack of enforcement, more important police priorities, and a belief that curfews "punish good kids and do nothing to deter the bad kids."

The survey group included 106 central cities, 231 suburban communities and 153 rural or non-metropolitan cities and towns. For more information, call (202) 626-3051 or website: visit the NLC www.nlc.org.

Christian Kaye Allen, 28, to

Jeanette Hurd, 23 of David to Moore, 32, of Orville



Wildcats Announce 2001 Men's Basketball Schedule

The Kentucký Wildcats men's basketball team will begin the 2000-01 season with its earliest season opener in school history, battling St. John's in the Coaches vs. Cancer IKON Classic in New York's Madison Square Garden on Nov. 9. Kansas plays UCLA in the other half of the tournament and the consolation and championship games will follow on Nov. 10.

The Classic opens a 28-game schedule for the Wildcats, who will be playing their 98th season of basketball. The schedule, released today by UK Athletics Director Larry Ivy, will rival last year's slate, which was rated No. 1 by two independent RPI polls.

"We will play a very competitive schedule once again, one that will test us against the nation's best competition." said Coach Tubby Smith, beginning his fourth season at Kentucky.

Sixteen of the Cats' 24 opponents advanced to postseason tournaments last season, including three NCAA Final Four teams and NIT runner-up Notre Dame.

"We've assembled a schedule that prepares us for conference and postseason play, one that should be ranked among the nation's best," Larry Ivy said. "And we're also pleased to renew old rivalries with both North Carolina and Notre Dame."

The Cats open their home slate on Nov. 25 against Penn State. Kentucky has won 20 straight games at Rupp Arena, the nation's sixth-longest home win streak. The Wildcats then play five of their next seven games away from Lexington. On Dec. 2, UK will play at North Carolina, with new coach Matt Doherty, renewing a home-and-home series that was discontinued after the 1990 season.

After a home match-up on Dec. 5 with Eastern Kentucky and new coach Travis Ford, a former Wildcat, UK plays at Georgia Tech (Dec. 9) and at defending national champion Michigan State (Dec. 16).

Two of the next three games will be played in Louisville's Freedom Hall as the Cats battle Indiana on Dec. 22 followed by the host Cardinals on Jan. 2. High Point, Coach Smith's alma mater, will visit Rupp Arena on Dec. 27.

The 16-game Southeastern Conference schedule begins Jan. 6 as Georgia invades Lexington and concludes with four of the last six regular-season games on the road — at Tennessee (Feb. 14), Vanderbilt (Feb. 17), Arkansas (Feb. 25) and Florida (March 4). UK will face one non-conference foe during the SEC schedule, renewing a series with Notre Dame on Jan. 13 in Lexington. The Cats and Irish have not played since Dec. '96.

The SEC Tournament, which has been held in Atlanta the last three years, will be played in Nashville at the Gaylord Entertainment Center, home of the NHL's Nashville Predators, March 8-11.

Every one of the Wildcats' regular-season games will be televised, including six games on CBS, eight games on ESPN or espn2, seven games on Jefferson-Pilot Sports and two games broadcast on Fox Sports South.

Schedule Notes :

The Kentucky-North Carolina game tips off the CBS Sports broadcast schedule for the 2001 season.

(See WILDCATS, page three)

A LOOK AT SPORTS

Legends: I like it

The Lexington Professional Baseball Company (Company?) revealed the name of the new professional baseball team this past Thursday and Legends won over Horse Flies.

I like the Legend name and is fitting for the Lexington team. I look forward to the start of the season next summer when the Kentucky team gets the first pitch. I hope to attend and cover some of the games.

I like the baseball team being in Lexington because it may afford some of our local talent a chance to play professional baseball.

Remember the old Kentucky Rifles baseball team that was stationed in Pikeville and Paintsville? They ran two seasons before they flunked out. But the games I attended there, I enjoyed.

There has been the Tri-State Yankees, a Paintsville team, then the Cubs who played baseball in Pikeville. So professional baseball is no stranger to this part of the state.

The Lexington team will give us all a chance to see some future major league stars. Of course, it will be just the first step in a long journey to the "biggies."

The many from White a

Prestonsburg Dance Cats...



Shepherd inspired by hard working Dance Cats

by STEVE LeMASTER SPORTS WRITER

Steve's Sideline Shots...



Coach has laid foundation, now EKU should push for move up College football has seen many colorful char-

acters. College football has had many great coaches. College football has bent a many a coach double, many to

the point of breaking. Can one coach stay at the same school for 37 years? He sure can, and he coaches right here in Kentucky.

If you ever ponder this question while on your way through central Kentucky, say Richmond, look no farther than Eastern Kentucky University. Just imagine a coaching career that began in the early 1960's and is still going in the year 2000.

Coach Roy Kidd has done more at EKU than most coaches ever dream of doing. Only seven wins stand between Kidd and 300 victories. The 300 victories would put him in the company of current Penn State head man Joe Paterno, along with the legendary Bear Bryant.

Not bad company, huh? Breathitt County's Waylan Chapman returns to call the signals for Eastern this season. What a career Chapman has had, and it still isn't over. Quality athletes is something Kidd has filled the Richmond school with for more than forty years now.

Coach Kidd has led the Colonels to a record 17 Division I-AA playoffs. Back in the early 1990's when Marshall University turned up their level of play on the gridiron. I often thought and still wonder what it would be like if both Marshall and Eastern Kentucky had made the jump to Division I football. Don't get me wrong, I enjoy Marshall football, as a matter of fact I was a big follower of Marshall football at one time. I still try to catch Marshall when I have the chance. What Jim Donnan accomplished at that school was outstanding. However, the Colonels are just as capable of playing a Division I schedule as many others who currently compete in Division I-A football. Yeah sure, they've had their down years, but Kidd has done so much good for the program. Simply put, he has elevated them to a level of supremacy on the I-AA level. Along the winding roads of his thirty-seven seasons, he has molded Eastern into one of the strongest programs in Division I-AA. Maybe a Division I team someday, maybe ... just maybe.

The name came from a "Name the Team" contest that the LPBC held.

TUBBY, SHAWN AND RECRUITING Was Tubby Smith and Shawn

Finney a victim of circumstances? The well-documented story of their recruiting violation has possibly cost

them a top recruit in Josh Carrier, Bowling Green. Carrier, who is leaning toward (or

was) has been dropped from the UK recruiting scheme of things. However, an NCAA ruling could very well make him eligible for recruiting by the Wildcats again.

I some how feel that Tubby and Shawn and were set up for this one. After all, they received word that a Tennessee recruiter was going to be at the Josh Carrier workout. Well, Tubby and Shawn were not going to let the Vols have the upper hand so off they go, at the invitation of Josh's pa, Daryl Carrier, to the workout.

Guess what? No Tennessee recruiter showed up but Tubby and Shawn were reported tossing the ball back to Josh as he shot lay up's and having a conversation with Carrier's family. Ironic that the workout was held in a "small auxiliary" gym where everyone is close.

Well this one could cost the Cats dearly unless the NCAA rules otherwise.

FOOTBALL

The high school football season is here and the grids are underway.

Prestonsburg had to travel to Corbin this past Friday night to meet the Redhounds in the first of their two scrimmage games.

The last time I covered a football game in Corbin was during the state playoffs and it never did quit raining. It was a good football game with the Blackcats losing in a close one.

Coach John Derossett's team will play at Breathitt County next Friday night in their final scrimmage before the start of the regular season. The numbers are down all over

(See SPORTS. page three)

Local squad to compete Labor Day

by ED TAYLOR SPORTS EDITOR

Behind every successful story there is always a driving force. For Jody Shepherd, six-year instructor with the Prestonsburg Dance Cats, hard work and dedicated dancers makes her job easy and enjoyable.

Shepherd' success story really began in her college days at Radford University where she received a degree in dance, an event that she has been involved in "all my life."

"After school 1 moved back here with my parents and opened my own dance studio," said Shepherd. "Some of the parents then talked me into taking over the high school dance team."

Of course, a dance team at the local high school was not

Courtside with Ed

something new.

"They had one here a year or two before I took over," she said. "They had never competed before until I came."

Over the six years as head of the Prestonsburg program the success of the team under Shepherd is well-documented. Five national championships and numerous other awards has them as one of the nation's best.

"I am extremely proud of them, all the teams, and especially proud because they come from a small school," said the Prestonsburg instructor. "We go all over the country and compete against schools with thousands of kids. The fact that we have so much talent is really wonderful and they are still coming in."

With the continuos success of the dance program, an observer would have to wonder when the talent pool would go dry. But Shepherd said she does not foresee that any time soon.

"I teach kids three-year's-old and up," she said. "They are just wonderful dancers. I don't see the talent pool stopping. We have strong dancers coming in every year."

Shepherd said at first she was a bit apprehensive about the success of the program continuing season after season.

(See DANCE CATS, page four)

Vanderbilt possible sleeper in SEC

The Vanderbilt Commodores have long been the SEC doormat, but that could soon be changing, possibly this season as the

(See SIDELINE, page three)

Coleman sets record straight

"IT WAS DURING THE '56 STATE TOURNAMENT THAT WAH WAH JONES HAD MADE SOME DEROGATORY REMARKS ABOUT ME IN THE PAPERS," - SAID COLEMAN

I love basketball. Have I said that before?

I often recall the days when I was in high school at Martin and the great Floyd County players who played in the late '40s and early to mid-'50s.

Of all the players I had seen play the game "King" Kelly Coleman was the best. Oh, there were plenty of good ones. Lowell Hughes from Prestonsburg. Porter Powers out of Auxier and the list could go on and on. But Kelly was just outstanding on the court because he could do

so much (that was unusual in that era).

Recently in one of my columns I printed a letter from a former journalist who took exception to a statement that Kelly had made back in the 80s.

Coleman was to allegedly have said, concerning another basketball great, Wah Wah Jones, that Jones "could not carry my jock strap."

The journalist took exception (and he read the alleged comment in another column not from me) and wrote stating the accomplishments of Jones and what a great player he was.

Kelly called me Friday after learning of the article and statement made, and he wanted to clarify some things and set the record straight.

"It was during the '56 state tournament that Wah Wah Jones had made some derogatory remarks about me in the papers," said Coleman. "I was asked what I thought of what he had said about me. Just off the top of my head I said. 'he couldn't carry my SHOES...' I did not say jock strap but shoes."

Kelly said at the time he did not know any thing about Jones except he played for Rupp at UK.

"That was 44 years ago," said Coleman. "Two months ago I was in Lexington buying a car and the salesman asked me if I remember Jones and did I make that statement. I held no malice toward Jones. I didn't even know him. I knew he was a great player for Rupp at UK. It came up at a time when UK was recruiting me."

Kelly said it was unfair to compare the two players because they came from different eras.

"It would be like trying to compare me with Michael Jordan today," he said. "We played at different times."

Kelly said the statement he made as a young basketball player was "he could

not carry my shoes." So the record has been set.

Also, Coleman said he was labeled "King" Kelly by one time sports writer Gordon Moore.

"He wrote where at one time coal was king in Kentucky but now there is a young basketball player who is king," said Coleman.

Thus the name "King" Kelly was dubbed on Coleman who won the hearts of Kentuckians everywhere.

Today, the name "King" Kelly Coleman is still a household name and easily identified with Floyd County and Kentucky basketball.

Again, we need a Floyd County Hall of Fame in order to keep the names of those who have made such an impact of our county sports alive. Coleman said he will be trand

(See COLEMAN, page four)

On the Street...

Can the Cincinnati Reds win with their current pitching staff?????



No, the Reds need some veteran leadership on the mound, such as Denny Neagle, whom the Reds traded away. Now that the trading deadline is over look for the Reds to hang close but finish second to the Cardinals.

Rick Hughes, Prestonsburg

-Yes, I think they can do it, if they come on strong very soon. In order to win the division they'll have to get some breaks along the way

Will Kendrick, Prestonsburg



Yes, the rotation can do it if they can get into first before McGwire returns.

Kenny Smiley, Prestonsburg

NASCAR Busch Series

2000 Official Standings After CARQUEST Auto Parts 250 **Gateway International Raceway**

Race No. 21 / July 29, 2000

Race r	NO. 21 / July 29,						
Pos	Driver	Pts	Starts	Wins	Top 5	Top 10	Winnings
1	Jeff Green	3322	21	5	16	18	770,050
2	Jason Keller	2775	21	1	8	11	504,385
3	Todd Bodine	2737	21	0	10	14	428,410
4	Kevin Harvick	2717	20	1	6	10	422,030
5	Ron Hornaday	2662	21	1	4	10	474,733
6	Elton Sawyer	2605	21	0	3	11	473,550
7	Randy LaJoie	2469	21	1	3	8	477,025
8	David Green	2279	21	0	2	7	436,430
9	Casey Atwood	2271	21	0	0	5	425,775
10	Tony Raines	2157	21	0	1	1	325,070
11	Kevin Grubb	2137	20	0	î	4	293,270
12	Hank Parker Jr.	2134	21	0	2	7	335,300
13	Phil Parsons	2112	21	0	ī	2	318,245
14	Jimmie Johnson		20	0	0	3	270,745
NHS-	Tim redewa	2034	20	1	2	4	321,130
e filos	Jay Santer	2008	20	0	J. Star	6	311,165
17	Jeff Purvis	1965	18	0	3	7	330,000
18	B. Hamilton Jr.	1929	21	0	1	4	278,780
19	Buckshot Jones	1878	21	0	1	2	319,565
20	Dick Trickle	1851	21	0	0	2	302,750
21	Jason Leffler	1825	20	0	0	1	248,580
22	M. McLaughlin		21	0	2	4	396,101
23	Matt Kenseth	1788	12	2	8	9	448,185
24	Mike Dillon	1788	21	0	0	1	283,660
25	B. Alexander	1735	20	0	0	2	246,310
26	Lyndon Amick	1733	20	0	0	3	270,725
27	Mark Green	1656	20	0	0	1	265,935
28	Mark Martin	1425	8	4	8	8	334,250
29	Andy Santerre	1297	12	0	1	3	197,120
30	Chad Chaffin	1288	17	0	0	0	198,285
31	Joe Nemechek	1152	9	1	4	6	224,490
32	Michael Ritch	1126	14	0	0	0	149,020
33	PJ Jones	1125	18	0	0	Ĩ.	198,925
34	Bobby Hillin	1100	13	0	0	1	147,635
35	Jeff Burton	1070	7	2	5	6	266,350
36	Wayne Grubb	1045	13	0	0	0	153,830
37	Kenny Wallace	960	9	0	1	4	139,945
38	Adam Petty	928	11	0	0	0	153,830
39	Hut Stricklin	901	10	0	0	2	154,510
40	Kenny Irwin	852	9	0	0	2	112,585
41	Jason Schuler	815	9	0	0	0	152,985
42	Justin Labonte	803	11	0	0	0	107,175
43	Jason Jarrett	788	11	0	0	0	121,380
. 44	Hermie Sadler	744	7	0	0	1	96,530
45	A.Lazzaro	718	10	0	0	0	86,965
46	Steve Park	618	5	0	0	2	66,155
47	M. Waltrip	573	5	0	1	2	85,330
48	M. Borkowski	567	8	0	0	1 .	103,145
49	Kevin Lepage	551	5	0	1	2	77,475
50	R. Hendrick	529	6	0	1	1	68,775
51	Kyle Petty	525	4	0	1	3	53,320

SportsBoard Sports Calendar

Fall Softball League

The Carl D. Perkins Job Corp Center will be having a fall softball league with games being played at the center's softball facilities. Entry fee for the fall league will be \$100 per team. For more information contact Billy Conn or Christi Salmons at (606) 886-1037, ext. 69, after 4 p.m.

Pepsi's 1st Annual Softball Challenge

Pepsi-Cola of Pikeville is sponsoring Pepsi's 1st annual Softball Challenge 2000. The men's softball tournament will be held Pikeville's YMCA softball field August 12 & 13. Entry fee for the tournament is \$100 per team. All teams must hit their own 47-cor softballs. Tee-shirts and trophies will be awarded. For more information on the upcoming tournament call Sam Smith at (606) 432-7163, or (606) 437-6271.

Kiwanis Golf Tournament

The annual Kiwanis Golf Scramble will be held at the Jenny Wiley Golf Course on August 12. All players must register by 6 p.m. on August 11. The registration fee for the scramble is \$40.

Prizes will be awarded on every hole.

VOLLEYBALL

GOLF

SOFTBALL

Floyd County Times Sports Department in need of schedules

The Floyd County Times Sports Department is in search of volleyball schedules from local high schools. All area coaches are asked to turn their schedules into the newspaper. Schedules can be faxed to (606) 886-3603.

FOOTBALL

The Pikeville College football team will hold a meet-and-greet day for both the media and fans on Sunday August 13, beginning at 2 p.m. for the media and starting at 4 p.m. for the fans. The team will be in the city park to meet the public shortly before or after 4 p.m.

BASKETBALL

Buddy Basketball schedules car wash for Saturday August 12

The Johnson County Buddy Buddy Basketball League is currently selling tickets on a \$500 Christmas shopping spree from Wal-Mart in Paintsville. The giveaway will be November 4 at 6 p.m. A car wash is scheduled for Saturday August 12 at the Burger King parking lot in Paintsville. The car wash will run form 9:30 a.m. to 3:30 p.m. A soap box derby is also in the works for later this fall. For more information on any of these events, or Johnson County Buddy Basketball in general, call William Fraley at (606) 789-1929, or Jimmy Guess at (606) 789-4725.

Pikeville High School Boosters to meet

The Pikeville High School Basketball Boosters will meet Wednesday August 9 at 8:15 in the Commons Area. Parents of players on jr. high, freshman, jr. varsity, and varsity teams are urged to attend.

CYCLING

Appalachian Bike Tour 2000

The Appalachian Bike Tour 2000 will be held on Saturday September 30, 2000. The starting point will be Yatesville Lake Marina in Lawrence County. Registration for the vent is set for 8 a.m. The fee is \$10 or \$7 with pre-registration. For more information call Mark Jackson at (606) 638-3234.



MI B Standings

Sports Briefs...

Football

DETMER SHINES IN BROWNS-EAGLES EXHIBITION

Ty Detmer took full advantage of the opportunity laid before him last Sunday when the Browns played host to the Philadelphia Eagles. Detmer threw two touchdown passes as host Cleveland won. The BYU alum completed 12 of 14 passes for 128 yards and directed three TD drives for Cleveland, all coming against Eagles reserves. Tim Couch started the game but only got the Browns moving after the Eagles put their second team defense in the game.

WARNER GETS 7-YEAR 46.5 MILLION DOLLAR CONTRACT

Grocery store clerk turned National Football League MVP Kurt Warner has signed a seven year contract worth \$46.5 million. The first three years Warner will make a total of \$15.7 million, and the last four years are worth \$30.8 million. Warner's \$11.5 million bonus is a franchise record eclipsing the \$7 million bonus Marshall Faulk received as part of a seven-year \$45 million deal he signed last year. The new contract also makes Warner the highest paid player in franchise history.

BENGALS SCOTT OUT FOR SEASON, YEAST MOVES **INTO STARTING ROLE**

Cincinnati Bengal Darnay Scott broke his leg in practice this past Tuesday at the Bengal camp in Georgetown resulting in his likely missing the entire football season. Former UK Wildcat Craig Yeast now finds himself with in a newfound starting role. The second year player out of Harrodsburg will line up at wideout along with rookie Peter Warrick.

Baseball

BOONE OUT FOR SEASON

Cincinatti third baseman Aaron Boone learned earlier this past week that he will miss the rest of the season with a torn anterior cruciate ligament in his left knee. Boone, who was hitting .285 with 12 homers and 43 RBI hurt the knee on back on July 5, then aggravated the injury four days later. He hasn't played since. Boone will have surgery Aug. 8 in Birmingham, Ala. Dr. James Andrews will operate, assisted by Reds team medical director Dr. Tim Kremcheck.

GARCIAPARRA STILL FLIRTING WITH .400

Boston shortstop Nomar Garciaparra remains red hot at the plate. Garciaparra's average has hovered around the .400 mark for most of the 2000 season. With a little over fifty games left in the 2000 campaign Garciaparra has a great chance of finishing up at .400 or better. The Red Sox shortstop currently checks in with a .393 average.

RAMIREZ STILL AN INDIAN

After listening to offers the Cleveland Indians decided to keep outfielder Manny Ramirez. Ramirez, hitting .329 with 23 homers and 71 RBI, remains on a team trying to get back in playoff contention but which may lose him for mere draft picks if he becomes a free agent after the season and signs somewhere else. Ramirez recently shared AL Player of the Week honors with Boston pitcher Pedro Martinez.

CLARK TRADED TO CARDINALS

The St. Louis Cardinals are Mark McGwire-less, and they seem to be feeling a little bit of heat from the up and down Cincinnati Reds. The Cardinals made a big trade move just before this past Monday's trade deadline, acquiring Will Clark from the Baltimore Orioles. Clark began his professional career in San Francisco before making stops at Texas, and then Baltimore. Clark will give St. Louis one of the better all-around first basemen in the game. The St. Louis roster now includes a single season home run king in Mark McGwire, an up and coming son of a Hall of Famer in Eduardo Perez, and Will "the thrill" Clark. Not a bad list of first basemen. Any one of those three could play on any other team in the Major Leagues.



Drills that include running the floor and driving the lane will help players when the start of the sea-

NASCAR Craftman Truck Series

2000 Official Standings After Michigan 200 Michigan Speedway

Pos	Driver	Pts	Starts	Wins	Top 5	Top 10	Winnings
1	Greg Biffle	2767	17	5	13	13	500,880
2	Mike Wallace	2574	17	2	11	14	421,735
3	Andy Houston	2558	17	2	9	13	325,428
4	Jack Sprague	2505	17	3	12	13	384,285
5	Kurt Busch	2503	17	2	9	11	387.780
6	Steve Grissom	2282	17	0	5	9	191,850
7	Randy Tolsma	2279	17	0	5	11	280,885
8	Dennis Setzer	2252	17	1	6	11	263,190
9	Rick Crawford	2213	17	0	1	9	188,230
10	Bryan Reffner	2182	17	0	2	11	191.640
11	Joe Ruttman	2176	17	1	5	6	272,628
12	Jimmy Hensley	2146	17	0	1	5	204,095
13	Marty Houston	2086	17	0	.1	8	194,235
14	Terry Cook	1997	17	0	1	6	186,905
15	Lance Norick	1724	17	0	0	1	161,415



ATIONAL LEAG				
AST DIVISIO	N			
	w	L	Pct	GB
tlanta	66	42	.611	-
lew York	61	45	.575	4
lorida	54	55	.495	12.5
Iontreal	48	56	.462	16
hiladelphia	46	60	.434	19
CENTRAL DIV	ISION			
it. Louis	59	48	.551	-
incinnati	54	54	.500	5
hicago	50	57	.467	9
littsburgh	46	61	.430	9
Ailwaukee	45	63	.417	14.5
ouston	40	68	.370	19.5
VEST DIVISIO)N			
rizona	60	48	.557	_
an Francisco	59	47	.556	-
os Angeles	57	50	.533	2.5
oloardo	51	55	.481	8
an Diego	50	58	.463	10
MERICAN LEAG	SUE			
EAST DIVISIO	N			
	w	L	Pct	GB
New York	59	45	.567	-
Boston	56	49	.533	3.5
oronto	57	44	.514	5.5
Baltimore	47	59	.430	13
ampa Bay	45	61 .	.425	15
CENTRAL DIV	ISION			
Chicago	65	42	.607	-
Cleveland	55	51	.519	9.5
Detroit	50	57	.467	15
Minnesota	50	61	.450	17
Cansas City	48	60	.444	17.5
VEST DIVISIO	DN			
Seattle	62	46	.574	-
Dakland	60	47	.561	1.5
Anaheim	57	53	.518	6
Texas	51	56	.477	10.5

Olympics

AUSTRALIA'S OLDEST MAN CARRIES TORCH

Australia's oldest man, 109-year-old Jack Lockett recently walked with the Olympic torch before lighting a community caldron in the Victorian state town of Bendigo. The Australian man carried the torch 200 meters.

SAMPRAS TURNS DOWN OLYMPIC OFFER

Pete Sampras was recently posed the offer of playing on the U.S. Olympic tennis team. Sampras shunned the offer, deciding not to play in Sydney this summer. The U.S. Olympic tennis team does consist of Andre Agassi and Michael Chang, both of whom have had great success in the sport.

Basketball

MERCER A BULL, DELK A SUN

Two former Kentucky basketball players signed with new pro teams this past week. Tony Delk signed a six-year, \$16,875 million contract with the Phoenix Suns. Delk comes over to Phoenix from the Sacramento Kings, following one year with that franchise. Ron Mercer also signed this week becoming a Chicago Bull. Mercer had said on numerous occasions since signing that he feels he can help to rebuild the Chicago team. Mercer signed a deal worth \$27 million over four years.



photo by Ed Taylor GO KART racing is held every Friday night at Riverside Raceway at Dwale. Gates open at 5 p.m. and racing begins around 7 p.m.



BRIAN HANDSHOE, JR. WON A silver medal in the recently completed Bluegrass State Games in Lexington. Handshoe competed in power tumbling.

Wildcats

Continued from p1 At Madison Square Garden, UK is 32-8, including a 1-1 record there last season in the Preseason NIT. Kentucky's annual game at the Firstar Center in Cincinnati will be played against Jacksonville State on Nov. 21, the first meeting between the two teams. UK's Senior Day opponent will be Auburn in Rupp Arena on Feb. 28

The first official day of basketball practice is Saturday, Oct. 13.

Nov. 2 (Thurs.)	E.A. SPORTS/CALIF. ALL-STARS (Exh.)	Home	7:30 p.m.
Nov. 9-10 (ThursFri.)	Coaches vs. Cancer		
Nov. 9 (Thurs.)	vs. St. John's (espn2)	New York	9 p.m.
Nov. 10 (Fri.)	vs. Kansas/UCLA (espn2/ESPN)	New York	9 p.m.
Nov. 16 (Thurs.)	ATHLETES IN ACTION (Exh.)	Home	7:30 p.m.
Nov. 21 (Tues.)	vs. Jacksonville State (UKTV Live)	Cincinnati	8 p.m.
Nov. 25 (Sat.)	ENN STATE (UKTV Live)	Home	8 p.m.
Dec. 2 (Sat.)	at North Carolina (CBS)	Chapel Hill	3:30 p.m.
Dec. 5 (Tues.)	EASTERN KENTUCKY (UKTV Live)	Home	8 p.m.
Dec. 9 (Sat.)	at Georgia Tech (ESPN)	Atlanta	Noon
Dec. 16 (Sat.)	at Michigan State (CBS)	E. Lansing	1 p.m.
Dec. 22 (Fri.)	vs. Indiana (ESPN)	Louisville	9 p.m.
Dec. 27 (Wed.)	HIGH POINT (UKTV Live)	Home	8 p.m.
Jan. 2 (Tues.)	at Louisville (ESPN)	Louisville	7 p.m.
Jan. 6 (Sat.)	GEORGIA (FSS)	Home	8 p.m.
Jan. 10 (Wed.)	SOUTH CAROLINA (JP)	Home	8 p.m.
Jan. 13 (Sat.)	NOTRE DAME (CBS)	Home	2 p.m.
Jan. 16 (Tues.)	TENNESSEE (ESPN)	Home	9 p.m.
Jan. 20 (Sat.)	at Ole Miss (CBS)	Oxford, Miss.	1 p.m.
Jan. 23 (Tues.)	at Alabama (ESPN)	Tuscaloosa	9 p.m.
Jan. 27 (Sat.)	VANDERBILT (FSS)	Home	8 p.m.
Jan. 31 (Wed.)	at Georgia (UKTV Delay)	Athens, Ga.	7:30 p.m.
Feb. 3 (Sat.)	at South Carolina (JP)	Columbia, S.C.	1 p.m.
Feb. 6 (Tues.)	FLORIDA (ESPN)	Home	9 p.m.
Feb. 10 (Sat.)	MISSISSIPPI STATE (JP)	Home	1 p.m.
Feb. 14 (Wed.)	at Tennessee (JP)	Knoxville	8 p.m.
Feb. 17 (Sat.)	at Vanderbilt (JP)	Nashville	1 p.m.
Feb. 21 (Wed,)	LOUISIANA STATE (JP)	Home	8 p.m.
Feb. 25 (Sun.)	at Arkansas (CBS)	Fayetteville	1 p.m.
Feb. 28 (Wed.)	AUBURN (JP)	Home	8 p.m.
Mar. 4 (Sun.)	at Florida (CBS)	Gainesville, Fla.	Noon
Mar. 8-11 (ThursSun.)	at SEC Tournament (JP/CBS)	Nashville, Tenn.	

TBA Exh. - Exhibition FSS - Fox Sports South JP - Jefferson-Pilot Sports All times Eastern and Subject to Change

Bank wins Red man Bass Event on Detroit River

Woodhaven, Mich., (July 31, ounce smallmouth that he caught of \$245 with a 4-pound, 6-ounce 2000)-Don Rank, 60 of Elkhart, Ind., out-fished 98 competitors Saturday to earn \$3,738 and 50 CITGO Challenge Points on the boater side of the Red Man Tournament Trail's Michigan Division event on the Detroit River.

Rank caught five smallmouth bass weighing 19 pounds, 6 ounces during the one-day event to top Barry Bucciarelli of Romulus, Mich., who finished with a fivebass catch of 18-1 worth \$1,869. pumpkin worm. Bucciarelli, a 37year-old contractor, won the Abu Garcia Big Bass Award in the Boater Division and collected an additional \$490 with a 5-pound, 7-

out of Lake Erie using a smoke color tubebait.

Art Ferguson of St. Clair Shores, Mich., took third place and collected \$935 with five bass weighing a David MacDonald of 16-15. Clinton Township, Mich., placed fourth and earned \$810 with five bass weighing 16-6, while David Lauer of South Bend, Ind., placed fifth and earned \$748 with five bass weighing 16-5.

First place in the Co-Angler Rank caught his limit using a 4-inch Division and \$1,869 went to Donald Whitaker, 42, of Warsaw, Ind., who topped 98 competitors with five bass weighing 15-15. Second place in the Co-Angler Division and \$935 went to Terry Bucciarelli of Ypsilanti, Mich., with five bass weighing 14-8, while William Goodman of Coldwater, Mich. took third place and \$467 with five bass weighing 14-5.

> Robert Minnick, 43, of Logansport, Ind., won the coangler Abu Garcia Big Bass Award

Sideline

Commodores are looking to make a big move up in the Southeastern Conference standings. Although ending camp without a starting quarterback, Coach Woody's quarterback cupboard is far from being bare. The QB position at Vandy isn't slim pickings as it has been so many times before. Returning starter Greg Zolman is being challenged by Redshirt freshman Benji Walker and Tim Olmstead, a transfer out of Florida.

The quarterback battle should be a good one. The defense at Vandy will be as tough as ever. Vanderbilt's defense kept the Commodores in so many games last season and the season before. Many pessimists refuse to see the progress Coach Woody Widenhofer has made since taking over the struggling program. Widenhofer prides himself on defense, and the brand of defense he has Vandy playing is down right dangerous to opposing teams. The 'Dores will be looking to make this the season they finally turn it around.

Prater a class act

The other day prior to the Betsy Layne Grid I spoke with Coach Corky Prater of the Lewis County Lions, a fellow who has done an outstanding job at a school where the interest in football has never been that great. Lewis County's situation is very similar to that of a

smallmouth that he caught on a green-pumpkin tubebait.

Philip Borsa, 36, of Redford, Mich, won the Berkley Power Bait award, a package of baits valued at \$200, for the heaviest overall catch on Power Bait or Frenzy lures. He caught five smallmouth bass weighing 12 pounds out of St. Lake Clair.

On Aug. 19. the RedMan Tournament Trail will visit Lake St. Clair for the fourth of five events in the Michigan Division. The boater with the most CITGO Challenge points after the division's season finale, a two-day Super Tournament Sept. 16-17 on the Detroit River, will be declared the Divisional Points Champion and awarded \$1,000. The co-angler amassing the most points by the end of the season will receive \$500.

Operation Bass was founded in 1979 on the principle that working anglers should be able to fish competitively without interfering with jobs and family. The trail's championship event, the Red Man AllAmerican, awards \$100,000 to the winning boater and \$50,000 to the winning co-angler. The highest placing CITGO Divisional Points Champion at the All-American receives \$10,000 in the Boater Division and \$2,500 in the Co-Angler Division. Overall, more than \$5,7 million could be awarded in 2000 based on full fields in each of the series' 119 events nationwide.

Red Man became the trail's title sponsor in 1983. Wal-Mart recently announced that it has assumed title sponsorship of the tournament series for 2001 and will rename it the Wal-Mart Bass Fishing League.

Sponsors of the 2000 season are Abu Garcia, BC Headache Powder, Black & Decker, Chevy Trucks, CITGO, Coleman, Energizer Batteries. Evinrude, Frenzy, Garmin, Poulan/Weed Eater, Power Bait, Ranger Boats, Shop-Vac, Stren, Timex, U.S. Bank, Visa USA and Wrangler.

For complete results, visit www.redmantournamenttrail.com

E Continued from p1

Betsy Layne or an Allen Central. Prater has managed to get Lewis County into the playoffs, and continues to field a competitive team year in and year out. The number of players at Lewis County as with Betsy Layne or Allen Central aren't that high for football, This year Coach Prater has a little over thirty players out for football.

Coaches Ted George and Kevin Spurlock are two men who devote a whole lot of time to coaching. If Betsy Layne and Allen Central can get more players out for the sport, then their programs would more than likely start to build. Both George and Spurlock really have a passion for coaching. Their time to bask in the coaching spot light will soon come, both men work too hard for it not to happen. That's all for now, get out and see a football game, the players need fan support.



Summer on the Trail

Sports

the county in football with the exception of Allen Central. The Rebels are enjoying healthy numbers.

I would have thought the numbers would not be down at South Floyd but they are. Hopefully all our county schools will pick up when school opens.

BASKETBALL

I am glad to see North Carolina back on Kentucky's basketball schedule. I look forward to the "big names" when they face UK. The Cats may also face Kansas, another team that should be brought back on a regular basis.

Notre Dame, remember the great battles the Cats and Irish had, makes a return. Kentucky never could beat Notre Dame back in the old days.

Of course, the Cats have their "cup cakes" in teams like Eastern Kentucky and (gulp) High Point, North Carolina. With the weak team the Cats will put on the floor this against always tough Johnson year, maybe we should have included more High Points and Eastern's Clark in the first two weeks of the on the schedule.

Central girls and boys basketball schedules and it looks like both will have some stiff competition this Continued from p1

season. The Rebels will open the season against the Piarist School but will have to face the likes of Feds Creek, Pike Central, Lawrence County, South Floyd and Betsy Layne. Outside of the Piarist School, all those will be tough game.

The Allen Central girls will open Central and have to meet Sheldon season

To the other schools, we would I was given a copy of the Allen like to get a copy of your basketball schedules as soon as possible.

Until Wednesday, good sports everyone and be good sports!

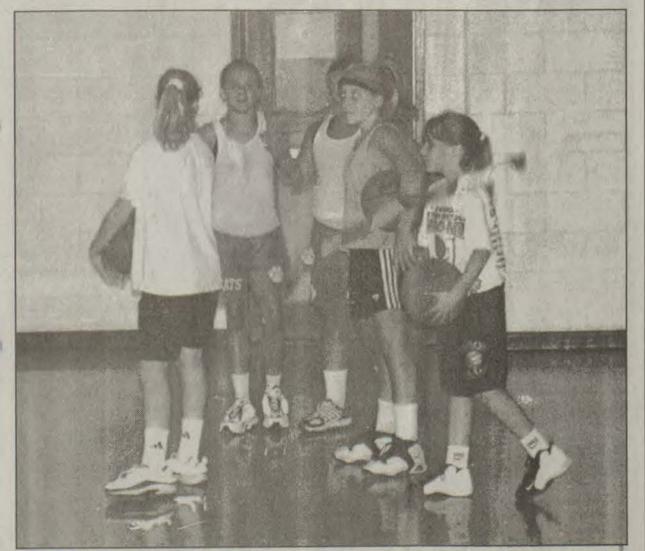


Photo by Steve LeMaster Players at the recent Adams Middle School girls basketball camp awaited their turn at a practice drill. Campers had four days of intense basketball under Coach Jennifer West.

Includes unlimited greens fees*

Trent Jones, the Trail is the place to be this summer. We have special Summer Package Rates that let you experience championship golf and wonderful travel destinations at truly affordable prices. The Robert Trent Jones Golf Trail offers eight sites and 378 holes of what the New York Times called "some of the best public golf on Earth". We've divided the Trail into

esigned by the legendary Robert ______ three super packages for your summer enjoyment. Pick the package you want-or design your very own 3-day package.

> Prices are good June 1 through September 30, 2000. Cart fee for each round is \$15. Hotel based on double occupancy. Must be booked a minimum of 15 days in advance. *3 consecutive days required for unlimited greens fees. Prices are per person. Some restrictions may apply.

3 Summer Trail Packages

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4-day, 3-night golf and hotel package includes OXMOOR VALLEY, HAMPTON COVE and SILVER LAKES. \$249 and up. On your own, you can visit the U.S. Space and Rocket Center in Huntsville and cosmopolitan Birmingham.

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3-day, 2-night golf and hotel package includes MAGNOLIA GROVE and MARRIOTT'S GRAND HOTEL. \$208 and up.

Stay at the legendary Marriott's Grand Hotel in Point Clear, named one of the best places in the world to stay by Condé Nast Traveler magazine. Play two days at the nearby Magnolia Grove course and one day at Marriott's Grand Hotel, the Resort Division of the Robert Trent Jones Golf Trail.

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ALABAMA'S ROBERT TRENT JONES GOLF TRAIL

www.rtjgolf.com

B4 SUNDAY, AUGUST 6, 2000

Free Elk Viewing Tours Available

Frankfort, Ky., July 27, 2000 -This fall, the bugle of rutting elk will break out in the hills of eastern Kentucky. The breeding season for elk, also known as the rut. typically begins about the first of September and is marked by an incredible display of grunting, bugling and sparring between the males of the species. The Kentucky Department of Fish and Wildlife Resources (KDFWR) and the University of Kentucky (UK) want the public to take part in hearing and viewing rutting elk again this year.

Last fall. KDFWR and UK personnel lead free public elk tours at Cyprus-Amax Wildlife Management Area (WMA), now called Addington Enterprises WMA, allowing those interested to hear the bugle of bull elk echo through the valleys and watch them gather cows into harems. Some observers were even able to

watch bull elk vigorously clash their antlers together and battle over cows.

or older and 28 are three years or older. These are the big, antlered animals that will bugle and spar this fall. These adult bulls and 20 younger bulls should produce the most intense bugling sessions heard in Kentucky in over 150 years.

For those interested, representatives from KDFWR and UK will be leading elk tours again this year at Addington Enterprises WMA near Hazard, Kentucky. The guided tours will be given every Saturday and Sunday morning September 9 through October 22. Space is limited to 25 people per day for guided tours, so anyone interested must reserve a place by calling Tra Edwards at the KDFY'R Information Center

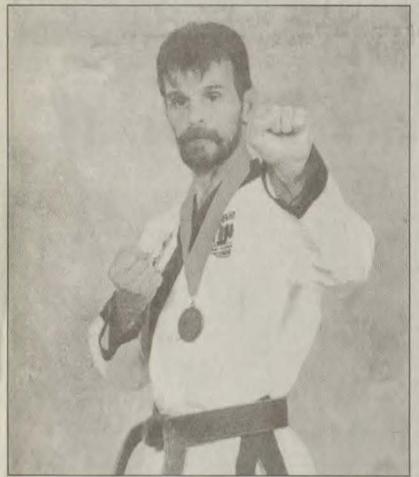
This year six bulls are four years.

1-800-858-1549.



THE FLOYD COUNTY TIMES

MELISSA SPEARS brought home three medals during the Summer Games in Lexington recently. She won a gold in weapons and silver in both forms and sparing.



It was one of the few things of which I was deprived in my education

I went to Lookout Elementary School, which boasted of nary a sport. From there it was off to Millard for junior- and senior-high. Many of my friends would say it also sponsored no sports.

They would be kidding. I think. Upon graduation, I spent two fine years in Pippa Passes at Alice Lloyd, and then transferred for two more years at Pikeville College.

And none of them afforded me the opportunity to play football.

Now, all these years later, I proudly sat at the podium last spring when it was announced that Pikeville College would field its first football team. These busy months later, those young men will move into Wickham Hall Sunday afternoon.

But in recent weeks. I got a surprise I welcomed just as much.

Imagine my pride to find that football fields in Pike County would sport a team wearing those (insert adjective of choice here) colors of brown and gold. Thats correct. The words football and Millard will now go together.

this autumn. Feds Creek will do the

BY RICH

The idea is that the schools will start junior high programs because about the time these your men enter high school, they will head to East Ridge High. There, they will be on a somewhat level playing field with those young men from Elkhorn City.

It's a fine notion. The powersthat-be have observed the problems of Pikes most recentlyopened high schools, Shelby Valley and Pike Central, and made this move in an attempt to prevent some of them.

Shelby Valley brought the youths of Virgie and Dorton together, while Pike Central united Johns Creek with Mullins, Football was foreign to Dorton and Mullins, which not only hurt the football programs as they moved from Single-A to Triple-A, but also slowed the segregating process. It kept kids thinking they were from Virgie or Dorton instead of Shelby Valley, and that's a battle that just now being won at those schools. Millard's group will be coached by Robert Kiser, who will be

assisted by Roger Coleman. Kiser played at Elkhorn City, graduating in 1983. "I wasnt a star by any means, but I started playing in Little League and didnt miss a year," he said. "I really enjoyed the

finer quality exists among men. Anyone who knows anything about Roger knows how much time he donates to the Little Leagues," Kiser said. "He gives up his time freely, and you can always count on him."

Millard recently completed twoa-day workouts, and all 31 young men who started are still with the team. "When you figure all we've done is condition," said Kiser, 'that's not an easy thing to do."

Kiser though the conditioning would continue through yesterday, with the first contact drills starting today. "Were just teaching fundamentals right now," he said. "Were trying to create excitement and a knowledge about football."

Without a field, Millard has been holding practice on the old high school baseball field at Fishtrap Dam. Those of us who remember playing on it recall it is basically one large rock.

"Its rough in some places," said Kiser. "We try to avoid those spots.

Work is currently being done to convert the schools current baseball field into a duel-sport complex.

Kiser gave high praise to three groups:

Coleman

Homecoming on Labor Day.

Coleman scored 4,337 points, fifth best in the nation, and is the all-time leading scorer in Kentucky photo by Ed Taylor

OBSERVING EYE. South Floyd coaches met as they kept an eye on the team during drills last week at Brackett Field. The Raiders open their season August 18 at Evarts

Pike County Superintendent Frank Welch and Assistant Superintendent Paul Dotson. "They've bought uniforms and equipment, and know the parts well need. Without the board, we couldnt do this," he said.

The parents. "Im really amazed with them, and impressed with the way they have gotten behind this," he said. "They go at it 100 percent, trying to help us with get the things we will need here,"

The staff at Elkhorn City, "Mr. (Principal Kenneth) OQuinn and Coach (Randall) Akers have offered us any type of assistance they can," he said. "Theyve let us know that if theres anything they can do, they will."

The Mustangs will play 12 games this fall, Kiser said, playing home-and-home contests with such schools as Elkhorn City, Feds Creek, Mullins, Virgie and Johns Creek

It's an exciting time for us former Mustangs. Weve lived through some long winters in the past, and had to suffer through some stormy springs as well.

But now, football will be played at Millard. They say there's no better way to begin a school year. We're about to find out.

Play with pride, Brown and Gold. Play with pride.

E Continued from p1

Marshall of the Wayland college ball at Kentucky Wesleyn and played in the old, old American Basketball Association for Chicago.

When I was in the service and overseas I used to follow his pro career by reading the Chicago Sun. Now the records have been set straight.

MIKE GAMBILL captured a silver medal in weapons during the 2000 Bluegrass State Games in Lexington.



JUSTIN BILITER won two bronze medals in this year's Bluegrass State Summer Games. He placed third in the Men's open doubles and Men's A singles.

Oh, its not high school. The school will field a junior high team.

Dance Cats

son, you worry that you might have to face a rebuilding year. But we haven't run into that yet. Ever though we lose strong girls we continue to get strong one's in," said Shepherd.

She said that next season looks very promising and this year's team will lose only three seniors.

"I know next year we have kids coming up that are extremely talented. Right now I don't perceive a let down happening in the program. If it does, then we will continue to rebuild. Competition is not the most important thing."

Being a Dance Cat is not a guaranteed happening in a young girls life. She has to go through a rigorous auditions, something that Shepherd has no part in.

"It is an audition process," she said. "I bring in judges from college dance teams to hold the auditions. That way they don't know any of the kids. However, there are kids who don't make the team.'

Just like the summer, the fall season looks to be just as rigorous for the Dance Cats, according to Shepherd.

"They have had three choreographers in this summer and have been working hard toward competition in September," she said. "The one we have in now is the third one this summer. Stacia Hodges, from California, acme in and taught a routine. We had another guy in from Los Angeles and taught them a routine and now Liz Matoli, who is from Rutgers, is teaching them a routine they will use in competition this year. So they have been working with chorcographers all summer."

The Prestonsburg Dance Cats

Coleman, a Millard alum, will make up for his lack of playing experience with this, a most admirable of attributes: He is as fine a fellow as you could hope for

"They will practice every day

With school in session and no

rest awaits the Dance Cats as they

immediately will begin prepara-

tion for the nationals in January, a

trip that will take them to St.

three days a week as well as some

'The kids make it easy for you

Does it ever get tiresome?

because they love it so much,"

said Shepherd. "If they are work-

weekends," Shepherd said.

to get ready," said Shepherd.

ration for the event.

boys basketball. He holds the Kentucky state tournament record of 63 points in one game.

After a stint with the New York Knicks, George Mikan said of Coleman. "he is the purest shooter I your children to be around. No have ever seen." Coleman played

"If they were coming in here

and not getting anything done then

that would be different. But they

work hard and I see good things

coming out of it. It is a lot of extra

time on my part besides my nor-

Being part of a dance team is

"They will learn a competition

routine and learn it in two days

with choreographers in," she said,

"Normally they are routines you

would spend weeks learning. They

mal schedule, but I enjoy it."

tion, according to Shepherd.

"They will practice at least more than just physical prepara-

wasted time. It is worth it.

Kentucky basketball will continue to turn out great players, but there may never be another "King" Kelly Coleman.

Continued from p1

"Every year, after a strong sea- use every day in August in prepa- time you do have with them isn't routines and they have to remember them all.

> "The type of choreography they do, they are all over the place, and they have a lot of different parts. They move around a lot and it takes a lot of memory. They really have to work as a team. They have to know their parts. It is really important they know their stuff."

This season, as you watch the local team perform, remember, it is more than just looks, physical ability - it takes dedication on the part of every dancer. But it takes a dedicated instructor who has no thoughts of doing anything have learned three competition else.



photo by Ed Taylor will enter their first competition in COACH JODY SHEPHERD'S Prestonsburg Dance Cats has been one of the nation's top dance teams over September on Labor Day and will the past five years. Three competitions await the local team this year

TEEING OFF Rival to Challenge Tiger Woods Is Nowhere in Sight

n every golf era there have been archrivals who drove one another to excel. Harry Vardon had Ted Ray and John Henry Taylor; Walter Hagen had Gene Sarazen. There was Sam Snead vs. Ben Hogan and Byron Nelson, then Arnold Palmer vs. Jack Nicklaus, Nicklaus against Tom Watson, and most recently, Nick Faldo and Greg Norman, a high-pitched rivalry that drove them both to be their best. But it seems that for the foreseeable future, the only person that will drive Tiger is his chauffeur. Is there a rival from among the current tour stars who's ready to step up? Not likely.

Each of the potential challengers listed below has a flaw, an Achilles heel, that unless it is eliminated, will prevent him from moving out of the pack.

Fred Couples: bad back

Sergio Garcia: loopy swing too

hard to time Phil Mickelson: loose swing; putting stroke a bit too tight from

four feet Colin Montgomerie: too

temperamental David Duval: weird swing

makes him streaky; needs perfect timing on every swing for top form Ernie Els: has perfect timing but

also has a swing fault that pops up

at worst time

Lee Westwood: bends left arm Darren Clarke: out of shape; lacks drive

Tom Lehman: misses too many crucial putts; pitching is suspect

Vijay Singh: no one switching putting styles like he does can

regularly keep up with Tiger Hal Sutton: suspect putting stroke on really fast greens

Jesper Parnevik: heart problems; plus he distracts himself with antics

Davis Love: Tiger intimidates

him; case closed Nick Price: can really play, but

past his day

Greg Norman: has had to change his swing because of a bad shoulder and bad hip; too many outside interests

Nick Faldo: fallen too far Johnny Del Prete: not enough experience

Who is Del Prete? He's an 11year-old who shot 72-64 (yes, 64) to win his age division in the Optimist International Junior Golf Championships this July.

I live on the 18th hole of the course he blitzed from the white tees, and I can tell you it's not that easy. It's from the ranks of the Del Pretes that Tiger's rival will come.

ASK THE PRO

insider

Q: I have two questions:

1. I have had shank problems and have tried to rework my swing, especially from the top of the backswing to the start of the downswing, trying to get my hands to drop in the "slot," and attacking the ball from the inside out. Is there a way to get (or ingrain) a "feel" that will just about automatically get your hands into the "slot" as you get ready to strike the ball, which then will bring the center of the clubface into the back of the ball more consistently?

2. I cannot get my right hand/forearm to roll over the left after coming into contact with the ball and swinging through it. For whatever reason, as soon as I make contact, I want to push/direct the clubface straight through.

> -Ed Fort Wayne, Ind.

A: Ed, you're catching the ball on the club's hosel because your swing is too much in-to-out. That's also why you feel as if you must rotate your right arm (a difficult move to time correctly).

The club comes to the ball on an inside path because the downswing begins with a shift to the left side. When you do that with no manipulation of the upper body, the club automatically slots.

To Ask the Pro a question about golf, e-mail him at: TJInsider@ aol.com.

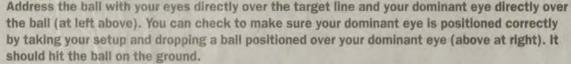
IT'S GOOD FOR YOUR GAME

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by t.j. toması

Director of the Players School at PGA National





Eyes in Proper Alignment Help Putts Find the Cup

strong determiner of how your dominant. muscles move, your putting stroke will follow your eye alignment - in essence, you putt where you look. Thus, how you position your eyes at address affects where you'll see the hole. With your eyes outside your target line, you'll see the hole as being left of where it really is and you'll miss a well-stroked putt to the left. With your eyes inside the target line, you'll aim to the right. leaving a correctly putted ball to the right of the cup. When you misaim both your eyes and your putter head, the only chance you have to hole the putt is to make a bad putting stroke. and this is not the way to become a good putter. Here are two essentials for correct eye alignment; 1. An imaginary line connecting your eyes should line up parallel to and directly over the target line at address.

ecause your visual system is a with the object, then the eye you closed is

QUOTE OF THE WEEK

66

I've never met him and I don't want to meet him. I don't think much of the way he's handling his daughters.

99

-Earl Woods, responding to Sports Illustrated writer Rick Reilly's question about Richard Williams, father of tennis players Venus and Serena Williams

BIRDIES & BOGEYS

To the Moon, Callaway

Well, it must be good if they're suing. Bridgestone Sports has filed a complaint against Callaway Golf Ball Co. in U.S. District Court, alleging that Callaway's new Rule 35 golf ball infringes on several of Bridgestone's U.S. patents covering technologies related to the design of golf balls. Maybe that commercial about the moondust is true.

We Suspected It All Along

According to the August Men's Health magazine, if you're not a very good golfer, your body has to work harder when you play than it would if you were an expert, which means you'll burn more calories. So you may

DON'T MISS IT Monday Night Golf

If you like the made-for-TV, head-to-head matchups popularized by the Shell Wonderful World of Golf series, Don't Miss Tiger Woods (the best player in the world) vs. Sergio Garcia (the most overrated player in the world), or the Battle at Bighorn, as it's being billed. In 72-hole events, Sergio is competitive only on courses where he can hit a couple of wayward drives and get away with it. This should be fun to watch, although the outcome proves nothing. It's on Aug. 28 in prime time on ABC.



TEE TIMES

ABOUT THE AUTHOR

Dr. T.J. Tomasi is the director of the Players School at PGA National in Palm Beach Gardens, Fla. He is a member of the elite Top 100 Teachers chosen by Golf Magazine and is a Class A PGA teaching professional

2. Your dominant eye should be directly over the ball.

You can determine which eye is dominant as follows: With both eyes open, look at an object about 20 feet away. Raise a finger and line it up so that your finger is overlapping the object.

Now close one eye. If it looks like your finger "jumped" and is no longer in line

Your dominant eye is the one that focuses on specific parts of the target. Your other eye gathers information to help you determine distance by locating other objects that surround your target as reference points. The brain then takes information from both eyes and fuses it together into a composite.

Basically, we guess where things are using our third eye, the "mind's eye." Most of the time this works out pretty well for locating

large objects of interest like bears and bridges, but a 4 1/4-inch hole 30 feet away demands special procedures. You can improve your "guess" dramatically if you set up correctly.

At address, square your shoulders and hips to the target line, then bend forward from your hip sockets until your eyes are

directly over the target line. Making sure that your eyes are still over the target line, rotate your head just enough to position your dominant eye directly over the ball. Position the putter shaft in the middle of your body with the ball directly in front of the putter face.

To locate the target from this position, you need only rotate your head instead of disrupting your eye line by lifting your head. Be sure to return your eyes to their original position before you putt.

be playing lousy, but at least you're losing weight. And the worse you play, the more you lose. A 180-pound person shooting a 72 for 18 holes burns 1,473 calories, while the same person shooting 110, uses up 2,227 calories. In golf, there truly is something for everyone.

GOLF SPOKEN HERE

PAR is the number of strokes an expert player would expect to play the hole in. A BOGEY is one stroke over the par, a DOUBLE BOGEY is, two over and so on.

While a BIRDIE is one stroke under the par, two under the par is not called a double birdie. It's called an EAGLE (a bigger bird). A rare bird indeed is three under the par, called a DOUBLE EAGLE, aka an albatross (a really big bird).

Seniors Go to School in November

• C etting ready for the Senior Tour? Here's what you need:

1. A signed application and a \$2,500 entry fee. 2. Certified birth certificate proving that you're 50 years old on or before Jan. 31, 2001.

3. Two letters of recommendation (from a PGA of America member or Senior PGA Tour member) that attest to your character and your ability to play golf at a high level.

Once you get this done you're ready for the national qualifying that begins with regionals on Nov. 7 at the sites listed below:

Rio Rico Resort, Rio Rico, Ariz. Moors Golf Club, Milton, Fla.

MetroWest Country Club, Orlando, Fla. Marsh Creek Country Club, St. Augustine, Fla. Canyon Springs, San Antonio, Texas PGA Southern California Golf Club, Calimesa,

Calif.

The finals will be Nov. 28-Dec. 1 at: Walt Disney World Resorts, Eagle Pines Golf Orlando, Fla.

All regionals are 72 holes, and the finals will consist of 108 players over 72 holes. Sixteen players will get their cards, and only the top eight finishers will be fully exempt into open, full-field competition in 2001. Look out, Hale Irwin!

THE GOLF DOCTOR Well-Placed Layup Leaves Ball Sitting Pretty

The layup shot should be one of the easiest shots in golf, but if you don't give this shot some thought, you could wind up with a difficult. uneven lie.

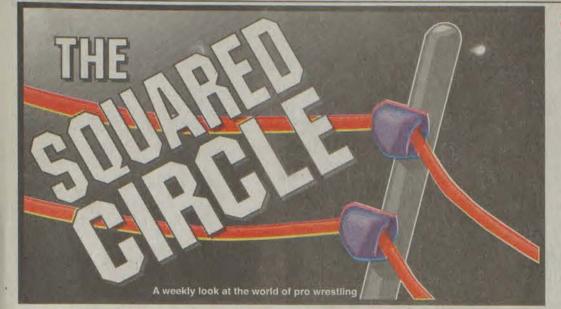
When you're making your plan for the shot, forget that old advice about playing one shot at a time and realize that golf is a series of "leaves," as they're called in billiards. The shot you just hit is only as good as the position it puts you in ---leaves you in --- to play the next shot.

A common mistake players make when laying up is not checking the terrain of the landing area they've selected. The next thing you know, you've left yourself an approach to the green from an uphill or sidehill lie.

There aren't many things that give the everyday player more trouble than shots from hilly lies. This is why you have to remember that the person who built the course ---- the architect ---- knows you might be laying up, so he designs the course to make you think about the shot before you play it.

I recommend that you get real good at playing from uneven lies, which is one reason I've covered this topic in such detail in previous pages. I also recommend that you get smart about your layup shots. You'll take two shots off your game simply by planning your layup shot so you have, an even the for your next shot

How you position your eyes at address affects where you'll see the hole.





- 1. The Rock, WWF
- 2. Justin Credible, ECW 3. Booker T., WCW
- 4. Chris Benoit, WWF
- 5. Triple H, WWF
- 6. Rhino, ECW
- 7. Chris Jericho, WWF
- 8. Val Venis, WWF
- 9. Sabu, XPW

Sama and a sama and a

10. Lance Storm. WCW



- SATURN
- VAL VENIS

Look for: Perry Saturn to receive a bigger push with Terri Runnels.



-

- WCW, New Blood Rising. Vancouver, B.C., Aug. 13
- WWF. SummerSlam, Raleigh, N.C., Aug. 27
- ECW, Anarchy Rulz, Oct. 1. St. Paul, Minn.

MAILBAG

Tell us what you think about professional wrestling, its stars, trends and story lines.

Also, if you have a question or comment about a subject, write to us at The Squared Circle, c/o Sports, News Journal, 70 W. Fourth St., Mansfield, Ohio 44903. You can fax it to us at (419) 521-7415 or e-mail to zman262@go.com. Please include your hometown along with this information.

Dear Squared Circle. How old is Stone Cold Steve Austin? I read he was born in December of 1964 but my husband claims he's older

> -Sheila Young Murfreesboro, Tenn.

A. Tell your husband he's wrong, Sheila. Stone Cold was born in December 1964, and made his pro wrestling debut in 1989.

- Dear Squared Circle, My top 10 wrestlers are:
- 1. The Rock
- 2. The Undertaker
- 3. Kane
- 4. Matt Hardy 5. Jeff Hardy
- 6. Booker T.
- 7. Mike Awesome
- 8. Tommy Dreamer.
- 9. Sandman
- 10. Spike Dudley

When will Billy Gunn return and will he be back with DX? - Brett Sadler

Ashburn, Ga.

A. Gunn will return around September and probably won't be with DX.

- Dear Squared Circle, My top 10: Stone Cold Steve Austin
- 2. The Rock
- 3. Undertaker

IN THE SPOTLIGHT

Booker T. pounds on Big T (Ahmed Johnson) during a match early this year.

SAVE THE DRAMA FOR YOUR MAMA

By Josh Zartman Squared Circle Editor

inally, WCW has changed the looks a little in the heavyweight title chase.

Not since Ron Simmons in 1992 has an African-American wrestler owned the world one person. I really don't think too much into it as far as those guys being the reason why I am who I am," said Booker. "I stuck it out here in WCW for eight years due to the fact that I've been given a chance in certain areas. My brother and I have captured more tag team titles than anyone in the history of WCW, and the law-

AFTER THE BELL

News and gossip from the wrestling world:

Billy Gunn has been cleared to return to action in late September.

Tori's surgery in Birmingham, Ala., took longer than expected but was successful. She should be 100 percent in three to four months.

Trish Stratus is expected to break away from T&A in the next few weeks to manage Val Venis and continue her feud with Lita.

Hulk Hogan, along with Eric Bischoff, will be taking over head booking for the WCW "Thunder" shows. This will leave Vince Russo in

charge of WCW Monday "Nitro."

Rey Mysterio Jr. and Juventud Guerrera of the Filthy Animals are in for a strong push as a tag team,



starting in a month or so.

It appears the plan for SummerSlam's main event is either a three-way dance, with Rock, HHH and Benoit, or a fourway dance with Kane or the Big Show, with either man possibly being managed by Shane McMahon.

WCW wrestlers have been making fun of Billy Kidman backstage because his real-life girlfriend, Tori Wilson, kissed Shane Douglas on "Nitro."

Former WWF manager and current Ohio Valley Wrestling booker Jim Cornette was involved in a fracas in a **Tennessee Mountain Wrestling show** promoted by and involving Terry Landel on Friday, July 21, in Knoxville that may have led to warrants being issued for his

4. Kane 5. Sandman 6. Sabu 7. Kevin Nash 8. Chyna 9. Rikishi 10. Jeff Hardy Is Stone Cold coming back, and if so, when? - Robbie Francis

Americus, Ga.

A. Nice top 10. No date has been set for Austin's return. The WWF wants to wait for the perfect story line to reintroduce the Texas Rattlesnake.

FEUDOFTHE WEEK Lita vs. Trish Stratus, WWF CATCH PHRASES

"Matt Hardy's quicker than a hiccup."

— Jim Ross

championship title in WCW. The WWF has had only one black athlete

(The Rock, who has Somoan and African-American heritage) wear the belt dating back to 1963.

Simmons (now in the WWF as Farooq of the Acolytes) defeated Big Van Vader on August 2, 1992, to become the first of only two black heavyweight champions in either of the two major promotions. Not since that time has an African-American wrestler boasted the most prestigious belt in the sport today.

Well, during the Bash at the Beach payper-view event in early July, Booker T. ended that drought with a win over WCW champ Jeff Jarrett. He finally achieved his dream after eight long years in the business, mainly as a tag team specialist (with Harlem Heat).

Just winning the belt on Sunday night, it seemed like there were a lot of people in the building that were rocking," said Booker in a phone interview with Wrestleline.com. "It seemed like the building was just shaking, actually, from the excitement, the adrenaline rush from the people

"It's been a long time coming, but I think it's not overdue, it's just due.

Cynical fans may believe the Sunny Ono's pending lawsuit may have influenced the transfer of the belt. The suit is claiming minorities of the business aren't given the opportunity to succeed

Was Booker T.'s win a way to encourage Ono to drop his legal action?

'My take on the lawsuit is that you've got a lot of guys who formed this thing, not just

suit wasn't pending then.

"I captured six TV titles and the lawsuit wasn't pending then. Now that I captured the World Title, they want to bring it up that the lawsuit is the reason Booker T. is getting his big push. Well, I don't believe that. I believe that all the hard work that I've put in, and I know that all the hard work that I've put in over the past eight years is the reason why I'm here today.

"If they didn't want to give me that belt. lawsuit or not, they wouldn't have given it to me.'

Booker T. is a rare specimen. Not many wrestlers have his love for the sport. Night after night, he performs at an elite level for the fans and for the love of the sport. He has been compared to the Rock, with his attitude and dapper appearance. But most of all, he is fulfilling his dream of being the heavyweight champion.

Does pro wrestling hold back some of the superstars because of their skin color?

It's not an easy question to answer. But if they truly do, look at what their missing.

Booker T. is the picture of what a champion should be. He wields heart, dedication to the sport and a relentless, bluecollar attitude.

Many people are now anticipating a Goldberg vs. Booker T. title match in the near future.

Will it happen? As of now, Booker has kept the title around his waist. The No. 1 contendership is still up in the air right now. But only time will reveal Booker T.'s next title opponent.

arrest in Tennessee.

Lita trained with Matt and Jeff Hardy starting over a year ago. She first broke into the business with ECW in 1999, going under the names of Miss Congeniality and Angelica.

It has been rumored that Y2J's brother. Vic. has wrestled some dark matches for the WWF. He comes out with Chris' music and states that he is his brother.

Look for Kurt Angle and Triple H to go at it at "SummerSlam," with the big prize being the lovely hand of Stephanie McMahon-Helmsley.

IN YOUR TOWN

Upcoming wrestling shows across the U.S.:

WWF... Aug. 6, Washington D.C. WCW... Aug. 7, "Nitro," Denver

Aug. 8,

"Thunder."

Colorado

Springs, Colo.

Aug. 14, "Nitro,"

Kelowna, B.C.

Aug. 4, Huntington, W.Va. Aug. 11, Fort Lauderdale, Fla. Aug. 12, St. Petersburg, Fla. Aug. 18, Virginia Beach, Va.

ECW....

MARKED WANTER WITH A SHOULD BE AND A SHOULD BE

REAL NAMES

Undertaker

Mark Calloway

6-9, 328

Hometown: Death Valley, Calif.

Birthday: March 24, 1962

Pro debut: 1989

MATMEMORIES

A look back at memorable moments in pro wrestling history:

April 30, 1981: Dory Funk Jr. beats Bruiser Brody and Terry Funk in Matsudo, Japan, to win the vacant NWA International title.

October 23, 1991: The firstever match between WWF champ Hulk Hogan and Ric Flair takes place in Dayton, Ohio. Flair wins the bout by count out.

WHO'S HOT/WHO'S NOT

ONTHE RISE

Undertaker: Sporting a new look and attitude, The Undertaker is in the best shape of his life. With a big push, he should be sporting gold soon.



Godfather: No longer able to be escorted by his Ho' Train, the Godfather will be searching for a new gimmick. Remember the Papa Shango angle?

ON THE WEB

www.wrestlezone.com www.wrestleScoop.com www.WWF.com www.WCW.com www.ECWwrestling.com www.wrestleline.com www.24-7wrestling.com

> Share a new or hot wresting Web site. Send it to Zman262@go.com

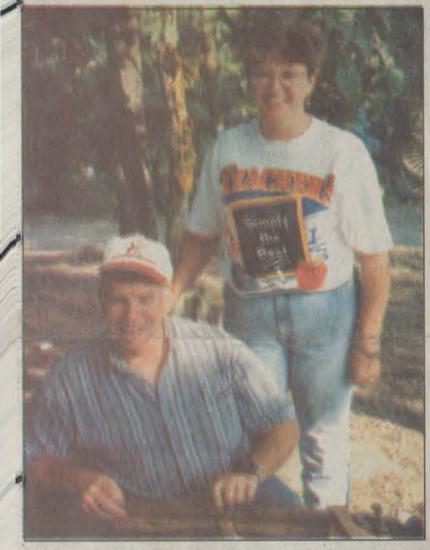








One year, all of the cooks for the festival gathered for a photograph. They served upwards of 5,000 people. (photos by Carlos and Norma Neeley)



Over the last couple of decades, the Slone Mountain Squirrel Festival has come to be a tradition for families in Floyd County and surrounding areas.

In mid-September, thousands of people would flock to the mountain, near McDowell, to see crafts demonstrations, to play games, to listen to local musicians, to mingle and, as important as anything, to eat - kettles and kettles of food provided by the Slone family and their friends.

Way before the public was invited, the gathering was of the Cassell and Slone clans. It came to include anyone who wanted to come, as the definition of "family" expanded.

Few things are unique, but the Squirrel Festival was one. It championed the best of mountain traditions, it proved you can have fun without rides and gritty sideshows. it redefined neighborliness and generosity, and it was truly about family values.

If you missed it, too bad. The last Slone Mountain Squirrel Festival, it turns out, was last year. The family has announced it cannot continue, for a number of reasons, including the age and health of those who constitute the driving forces behind the festival.



Carlos and Norma Neeley demonstrated the ancestral way of making soap every year at the festival. She is the daughter of the festival founders.



At the second annual Slone Mountain Squirrel Festival, a young Tim Cooley and Charlie Neeley perform for the crowd.



Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County. through his eyes. His columns are being reprinted due to request. The following column was written in 1960.

They say man is a creature of habit. I've been writing this column for years now, and I could quit tomorrow-just like that.

HOW INTERESTING

I once read, some place, that if a columnist ever runs short of ideas-perish the thought! All he or she has to do to turn out interesting copy is to write something about food or health.

That still leaves me out in left field. As for food, all I know about it is that it's to be eaten if you can afford it; that corn bread and sweet milk still stand unbeaten as a cereal-and whoever had the idea of putting sugar in cawn bread should be deported. Besides, I'm considering going on a diet. And my knowledge of health matters extends only to "allin' " and "puny" or "peart" and "tol able"...I'm just 'tol'able"-how're you,...Interested?

"At the risk of having some youngster call me a liar or pop me one in the snort. I hereby state, with the rural schools opening next Monday morning, that these are their finest hours and happiest days. What's fun about studying? Don't ask me-but there are a lot of things that are worse.

I now recall some of the anguish of soul and body that school days brought, 'way back then, but from this distance I see that I never had it so good. Even those rules teacher used to make, with revisions, amendments, eliminations, additions and so on continuing through the year, leave a pleasant sort of glow, these days

Let's try to recall some of the "thou shall nots" of the day.

There was the one forbidding any of us to climb a tree to a point higher than our heads. We complied with that one by reasoning that we never got higher than our heads, since we went up, headfirst.

There was another which said throwing a buckeye by impaling it on the end of a sharp stick and heaving said buckeye off into the wild, blue yonder would draw for the offender an hour "standing up." Some complied with that rule, some continued to make buckeyes disappear, but the smart boys fashioned a sling and used rocks, a la David. Teacher had said nothing about rocks. Then there were those regulations which forbade any pupil playing fox-anddog to lead the chase farther than top of the hill or to be late when "books took up." Still the fox and some willing hounds always seemed to wander farther and farther away as the time for study drew nearer. And most of these fellows came up with excuses that would have done a politician proud. Some of them even may have gone into politics later. Branch-wading, especially during "dog days," was a capital offense, and so was splashing water on the girls. Tobacco chewing was verboten, but they said nothing about cigarettes. Fact is, I do not recall that cigarettes had been introduced in our circle at that time. Indeed those were good days. Old days true. But there wasn't a car to dodge, boys and girls could splash dust between their bare toes without ever a fear of being run down on the highway, the air was good and pure, and, most places, you could yell your head off and the only answer would be an echo. I am an old fogey, you brats of 1960 say? Just you wait till 1980 and come around and tell me-if you can find methat those school days weren't the most wonderful.

Meredith and Geneve Slone, with their handmade dulcimers, participated for many years in the arts and crafts segment of the Squirrel Festival.



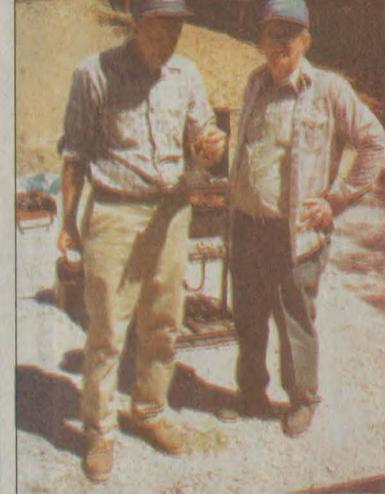
The late Nedra Slone was a faithful helper at the Squirrel Festival. Here, she cooks up a pot of vittles.

As a farewell and a tribute, the Times asked family members to contribute their thoughts about the experience. - Pam Shingler

See ERA, page three



Virginia Cassell Slone, 89, is one of the originators of the Slone Mountain Squirrel Festival.



Kelly and Ray Slone, sons of Virginia and the late Helton Slone, are long-time hosts of the Squirrel Festival.

say, that we're all we will be mentally by age five. (Thank goodness.) They now say we can continue to expand and adapt our brains well into

The secret is to exercise our brains daily. You who are reading this are doing just that, as inane as my prattle may be at times. We need to be reading material that will engage us, make us think and perhaps even act.

time to time can keep us intellectually pert - something akin to a bite of fresh tomato on our tongue.

Television is not on the list of brain exercises, according to the report. "When you watch television, your brain goes into neutral," said Dr.

I'd like to think that shows such as promote themselves as challenging.

PortScript by Pam Shingler



Nothin' could be finer

When it comes to fine eating, there's no better time than August. Now's the only month you can eat

fresh tomatoes every day and still have plenty left over.

And cucumbers and green beans and peppers - all abundant and at the peak of succulence.

I was just at the table and didn't want to get up. I had a big bowl of tomatoes, cucumbers and bell peppers with a little bit of Ken's Steakhouse Ranch dressing - a little goes a long way, mixed with vegetable juice.

I heated a couple of ears of fresh, white corn in the microwave. It didn't even need butter, but I added a little anyway.

My cousin cooked some greasy beans the other day and invited me to take the remainder home after dinner. I did not have to be asked twice. Hot or cold, they suit my taste buds, Greasy in more ways than one, these have an ample portion of beans, balanced against the green pods.

My penchant for green beans is. by the way, well known in my family. As we sat down to a big Thanksgiving feast several years ago. a cousin announced, "Mommy opened two cans of beans, one for Pam and one for the rest of us."

I'm not sure if these things make you live longer, but they make living worthwhile.

On the subject of worthwhile liv-

ing, I saw a report the other day that discussed how we can remain more alert and more able into old age.

The report presented research that

indicates we might fend off

Alzheimer's and other types of senil-

ity by keeping our brains finely

parts, I suppose it's true that if you

don't use your brain, you lose it. That

does make me wonder, though, about

some folks I've known. They should

have been pretty much dysfunctional

20s and 30s to begin now to flex the

mental muscles that will keep them

The report advised people in their

It's not true, the scientists now

As has been said about other body

about packed it in.

tuned.

by middle age.

vital as they age.

This interests me greatly when I consider that if the next 30 years go old age. by as quickly as the last, I've just

A good healthy "Ah-ha!" from

Amir Soas, one of the researchers.

"Jeopardy!" still count, although I do have my doubts about the others that

All this is kind of scary, though. Time was when I could not shut my brain down. I mulled and pondered over all kinds of things, big and small, constantly. I created stories, dialog, characterizations.

For ages, friends advised me, "Just don't think about it," when I couldn't keep from fretting over injustices and slights and ignorance.

Lately, I'm finding that I can allow my brain to lie idle. Just my luck, when I learn how to do something, it turns out to be bad for me.

Greetings to subscriber Charles 'Blocky" Layne of Phoenix, Arizona. He writes that he is 81 years old and was born in Prestonsburg. He is retired from Alcoa. He and his wife, the former Ruth Wallingford, welcome correspondence from this area: 4222 N. 31st Dr., Phoenix, AZ 85017.





Brandi Louetta and Elmer Douglas Caudill

Tackett-Caudill are married

Elmer Douglas Caudill were married Saturday, May 20, 2000, at Shelby Valley Church of Christ.

The ceremony was performed by Greg Johnson, and a reception followed at Shelby Valley High School.

The bride is the daughter of Larmar and Brenda Tackett of Melvin. Maternal grandparents are Eshmel and Lillie Caudill, also of Floyd High School and a 1999 Melvin. Paternal grandparents are Croma Tackett of Dorton and the late Narvin Tackett.

She is a 1996 graduate of Shelby

Brandi Louetta Tackett and Valley High School and attends the University of Kentucky. She is employed at Tot's Landing Day Care in Lexington.

The groom is the son of Michael and Rita Caudill of Bevinsville. Maternal grandparents are Arlis Bates and the late Vonda Bates and Elmer and Alma Rene Caudill, all of Bevinsville.

He is a 1995 graduate of South graduate of UK. He is employed as a web programmer for Lexmark International in Lexington.

The couple resides in Lexington.



Wagner-Kennedy

Mr. and Mrs. Roger Wagner of Pikeville announce the engagement and forthcoming marriage of their daughter, Rachel Anne, and Todd Porter Kennedy, the son of Mr. and Mrs. Joseph E. Kennedy of Durham, North the Unit he bride-to-be is a graduate of ity of Kei College of Law and is employed by Robinette-May and Associates of Pikeville. She is the granddaughter of Peggy Keene of Pikeville and the late Warren C. Keene, and of the late Della and Stanley Wagner, formerly of Endicott. Her fiance is also a graduate of the UK College of Law and is employed by Boehl, Stopher and Graves of Lexington. The wedding will take place at the First Baptist Church of Pikeville, on September 30, 2000, at 2:30 p.m. The custom of open church will be observed.



Mr. and Mrs. Terry Michael Hall

Pack and Hall wed

Shandrea Jo Pack and Terry Michael Hall were married May 20. 2000, at the Drift Pentecostal Church.

The bride was given in marriage by her father and mother, Johnny and Peggy Pack of Drift. The groom's parents are Terry and Shirley Hall of Minnie

The ceremony was performed by the bride's grandfather. Ted Shannon.

The matron of honor was Teddi Frasure, sister of the bride.

Bridesmaids were Belinda Stumbo, Genna Goble, Lisa Stumbo, Bridget Stumbo, Billie Stumbo, Amy Tackett and Courtney Tackett.

Serving as flowergirls were Holly Goble, Hayli Stumbo and Brandi Stumbo.

The miniature bride was Chelsea Frasure, the bride's niece.

groom's father, Terry Hall. Groomsmen were Daniel Newsome, Oscar Mosley, Stevie Hall and Nicky Castle.

The ringbearer was Derron Skeens, and the miniature groom was Joseph Northup. Aisle runners were Greg Stumbo and Greg Frasure.

The wedding director was Bobbie Lynn Moore, and the photographer was Ricky Kidd. Running the video cameras were Tina Compton and Charlie Williams.

Music was provided by Jody Conley. The reception was directed by Sandy Holt, and the cake was designed by Cathi Tackett. The wedding floral designs were created by the bride's mother, Peggy Pack.

The couple honeymooned in Myrtle Beach, South Carolina, and Gatlinburg, Tennessee. They reside



Things to Ponder

Angry young adults may have hardened arteries

by MABLE ROWE LINEBERGER, PH.D.

When I became a non-traditional, older-than-the-average student, or what the younger ones called a "retread," my situation was not much different from others in the same position.

Since I may have been more bound and determined to be succossful than I had brains, I landed with a bang on the campus of the University of South Florida at Tampa at 40 years of age to get my first major degree in psychology. I had an Associate of Arts degree from my local community college on the east coast of Florida and I was headed for the "big time."

I knew that I wanted eventually to get a Ph.D. in psychology but really did not know what I was in for. However, having sought guidance from upperclassmen - the 20-something-yearolds - I understood that I needed to be a research assistant for a graduate student of a "major professor" in psychology, who was a "significant" faculty member.

So if I arranged my life around helping a graduate student collect his major research data, an understood payoff was that the mighty professor supervising him would write a letter of reference for the non-paid assistant for her application to graduate school.

Of course. I tried to make a point of getting with the most widely known - hopefully nationally known - "expert" in psychology. Well, for one of my four volunteer scientific endeavors, I picked Dr. Charles Speilberger, who had been the president of most every national psychological organization that could be thought of.

Now, this Dr. Speilberger, who was also as hard to catch up with as a wet eel, was "thrilled" to have me on his team, so he said. First of all, he had arranged some research projects to be done at the Veterans Hospital on the other side of campus. Second, for some strange reason, he thought that it would be impressive to have an experienced RN on one of his research teams.

For two afternoons a week for a semester, the lowly undergraduate approached patients having blood drawn for complete lab work, "chemistries," to complete the questionnaire Dr. Speilberger designed to measure a person's level of hostility/anger feelings.

All of this occurred in the fall of 1981. I never did know how much Dr. Speilberger's name on one of my "letters" influenced my being accepted for graduate school. Really, it is just one of those hoops we jump through to get what we think we need/want.

Anyway, after comparing all those lab results with people's hostility scores, the young graduate student's numbers showed no significant relationship among blood chemistries and how angry one was.

Like so many other things of life, it just seems that many of the same things keep going around, like that old phrase of history repeating itself. Well, lo and behold, a recent article on the Internet caught my eye (Journal of the American Medical Association, May 2000).

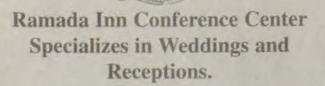
It seems that a large national investigation of the risk factors for cardiovascular disease had been going on since 1985, following about 5,000 young adults aged 18 to 30 and including white and African-American men and women. The specific results I was interested in paid attention to a group of 374 individuals.

The general outcome was that "young adults who score high on a test of hostility are more likely to have calcium deposits in

Are you feeling stressed by family, work or parenting? If so, ATTEND OUR **Stress Management Seminar** PRESENTED BY: Morehead State University/ Small Business Development Center and Pike County Chamber of Commerce Wednesday, August 9, 2000 * 12:00-4:00 p.m. Pike County Cooperative Extension Service Building 148 Trivene Drive Pikeville, KY 41501 Cost: \$25.00 per person Sponsored by:

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Martin-Robertson

The wedding of Crystal Lee Martin and Jesse Charles Robertson is planned for Saturday, August 12, 2000, at 4 p.m., at the Maytown Methodist Church at Langley. The bride-elect is the daughter of Tom and Pam Martin of Eastern and the granddaughter of Dockie and Geneva Prater of Hueysville, and of Theodore and Ruth Martin of Eastern. A 1998 graduate of Allen Central High School, she attends the University of Kentucky, where she is majoring in biology. The prospective groom is the son of Charles and Sandra Robertson of Prestonsburg, and the grandson of Willie Mae Dockery of Alabama. He is a 1998 graduate of the Piarist School and an accounting major at UK.

Here comes the bride

(NAPSA)-Weddings are in full bloom during the summer months. And nothing expresses the personality of the bride and can complete the look of a wedding party like flowers. But you don't necessarily have to spend a fortune to achieve the look you want. An imaginative florist can help you interpret this vision with flowers that meet your budget. Here are some cost-savings tips from the experts at 1-800-FLOWERS.COM:

· It's important to establish a relationship with your florist. Discuss your budget and show your florist different styles that you like.

· Select flowers that are in season and locally grown. They are more plentiful and can be a big cost-cutter.

· For the church, consider splitting the cost of the church flowers with the couple who is getting married before or after you.

· For the centerpieces, decorate each table with smaller floral clusters, giving each couple a small arrangement to take home.

A wedding is a special time,



steeped in tradition and filled with memories that will last a lifetime. Hold on to all of your wedding day keepsakes with a wedding storage box. Photos, cocktail napkins, gift cards, dried flowers, even champagne corks, the wedding storage box is the perfect place to keep it all forever. Click on 1800flowers.com to order a charming wedding storage box or send a stamped, selfaddressed envelope to 1-800-FLOWERS.COM, Public Relations-JC, 1600 Stewart Avenue, Westbury, NY 11590, to get instructions on how to make one yourself.

their heart arteries, and that's a potential sign of early heart disease... very intriguing possibility that high hostility levels in young adults are contributing to early atherosclerosis... Basically, the higher the level of hostility, the higher the prevalence of calcium deposits in the heart arteries."

Besides many known risk factors for cardiovascular disease, such as smoking, level of physical activity, and weight, the research subjects filled out a questionnaire to evaluate their level of hostility, plus their heart's blood vessels were checked for calcium deposits.

Although the major author also felt that the findings needed to be confirmed, she was not surprised by the results, "...time we started to acknowledge that chronic stresses affect (brain-hormone) pathways and are part of the cardiovascular risk equation."

Two possible ways were identified where hostility can lead to cardiovascular risk equation: (1) Health behaviors, smoking and not exercising, are more often found in hostile, angry people; and (2) psychosocial factors, such as things in one's daily life that produce chronic stress or hostility, affect the body.

Chronic stress impacts on body parts, like the stomach (ulcers) and intestinal tract (irritable bowel syndrome), so it seems reasonable that it may cause calcium to collect in blood vessels. Similar to other studies in this area, the authors stressed how the treatment of psychosocial factors was important and needed to take place earlier.

Needless to say, everyone admitted that it was difficult to explain what "hostility" meant. However, a general impression was that the emphasis was on chronically irritable people "who are always angry and ready to explode... the outward expression of anger seems to be the most toxic.'

I think of the folks who are described as having a "bad, hot temper and you never know when they are going to let go. They wouldn't be happy in heaven.'

The point of treatment would be for individuals with these reactions to stress to relearn how to react to situations so that they are not always dumping their emotions on their cardiovascular health.

However, as another researcher said, "Unfortunately, hostility is a trait that's very resistant to change. It's necessary to alter the person's coping strategy, not attempt to change the trait itself."

Therapy usually helps the "hot head" to realize how he is causing damage to himself physically and to his relationships and other techniques, including relaxation training, to decrease his need to produce all that anger. It has to go somewhere. My viewpoint is that "It's easier to prevent than cure."

How do you deal with stress? Do you hold it in and "save" it or do you let it erupt all over everybody else, while you don't take responsibility for your feelings and behaviors? Are you afraid to tell a family member that he or she is like living with an angry bull in a china shop? There are other ways for everyone to cope with life better.

Sometimes, the person is depressed or keeps holding longtime emotional pain inside. As usual, help everyone by speaking up to the "emotional" one in your home, where it does not need to be.

Dr. Lineberger is a Licensed Psychologist with a private practice in Prestonsburg. She provides psychological services, testing and therapy, for all ages in individual, family, and couples sessions.

BIRTHDAYS How to prepare for your high school reunion



Soon to be 8

Aaron Scott Adkins, son of Steven and Teresa Adkins of Auxier, will celebrate his eighth birthday on August 12, 2000. He is the grandson of Tommy Honeycutt and Sue Marsillett of Auxier, and of David and Donna Adkins of Prestonsburg.



Is one-year-old

Steve Tyler Adkins celebrated his first birthday on May 19, 2000, at his home. The theme of his party was "Bear in the Big Blue House." He is the son of Steve and Teresa Adkins of Auxier and the grandson of Tommy Honeycutt and Sue Marsillett of Auxier and of David and Donna Adkins of Prestonsburg.



many people dreading your high school reunion? Don't sweat it. Many people have attended their reunions fearing the worst; the truth is, almost everyone feels the same way.

"When I attended my high school reunion, I was afraid of what people were going to think of me. Maybe I wasn't successful enough or as pretty as I used to be," said Samantha Johnson, who works for a non-profit organization in Colorado.

"But I decided to go anyway and I had a blast. I even danced with people I wasn't really close to back then. It's funny how time can change people's attitudes. The peer

person wasn't an issue anymore."

While Johnson didn't do much to prepare for her reunion except for buying a new evening outfit that suited her slightly bigger size, others go all out.

"I decided I wanted to lose about 15 pounds," said Barbara Thompson, a businesswoman in Tennessee. "So I started eating healthier and began a regular exercise regimen. It was harder than I thought. I only lost 10 pounds, but it did make a difference. I had a great time, worry-free. All my old friends were happy to see me again and commented on how healthy I looked."

Karen Voight, one of the most

(NUE) - Are you one of the pressure to accept or not accept a sought-after fitness consultants, said a balanced diet should include some fat, but not more than 30 percent of your daily calories.

> "If you haven't started exercising yet, then begin with a walking program of 5 to 10 minutes, then build up to 20 to 30 minute walks nonstop. You'll then be ready to try other activities, such as biking, swimming or aerobic dance exercise," Voight said.

Thompson said even the little things she did to change her eating habits - like substituting Molly McButter for butter or margarine in recipes - made her feel better. She also used Molly McButter sprinkled on baked potatoes and popcorn, instead of using regular butter or

· Third annual McCoy Reunion, August 13, beginning at 10 a.m.. Sardis Association Building on Brushy Creek, Pike County. Covered dish dinner begins at 1 p.m. Call Betty Howard, 606/432-1601; Bertha Blackburn, 606/631-1005; Donna Taylor, 631-1763; Marquietta Deskins, 631-1811.

 Pack-Meddings family reunion, Sunday, August 13. Ramada Inn, Paintsville; buffet dinner at 12:30 p.m. Call Mary Pack Richmond, 60/789-4551; Lillian Pack Arrowood, 606/789-4210; or James A Pack Jr., 606/789-5149.

· James L. and Sally Tuttle family reunion, Sunday, August 20, City Park, Plymouth, Ohio. Bring covered dish and table serving; lunch around 1 p.m. Contact Brenda Tuttle by e-mail, btuttle@cybrtown.com.

· Childers family reunion, Saturday, August 26, Dewey Dam, Picnic Hollow, Shelter House No. 3, beginning at 11 a.m. Bring a

coverd dish and cold drinks. Descendants of Abraham and Elizabeth Preston Childers, who settled in what is now Lawrence County in early 1800s. Contact Donna Cox, 1720 Phillip St., Ironton, Ohio 45638; 740/532-6301, or e-mail coxd@zoomnet.net.

margarine.

(Serves 4)

MOLLY'S CHICKEN

WRAPS

1/2 chopped red bell pepper

I cup chopped cooked chicken

1 cup chopped cooked potatoes

3 tablespoons Molly McButter

Spray skillet with nonstick cook-

ing spray. Heat over medium heat.

Saute onion and pepper until tender.

about 5 minutes. Stir in remaining

1/2 cup chopped onion

Roasted Garlic Flavor

Salsa if desired

Sprinkles

4 flour tortillas (8 inch)

Nonstick cooking spray

*Miller reunion, descendants of James Wilse and Sam Jr., Sunday, August 27, Shelter No. 2, Spillway, Dewey Lake, JWSRP. Bring covered dish, copies of old and new photos of family members and brief family tree, Call Carol Sherman, 606/859-748-5460; e-mail, csherman@searnet.com.

. Layne family reunion, Sunday, September 3, Tom's Creek Baptist Church, Ivel, 1-4 p.m. Bring covered dish. Call 606/874-2821.

 Maytown Community Reunion, Labor Day Weekend, September 1-3. Contact Libby Ree Flanery, 606/285-3413.

· McDowell High School Homecoming, September 1-4,

ingredients except tortillas and salsa. Heat through, stirring constantly. Divide chicken mixture evenly between tortillas. Fold or roll up. Serve topped with salsa if desired.

Prep time: 10 minutes

Cook time: 10 minutes Per serving: 180 calories; 6 grams fat; 10 milligrams cholesterol; 360 milligrams sodium; 20 grams carbohydrates; 15 grams protein.

To receive a free sample of Molly McButter, send a legal-size, self-addressed, stamped envelope to The Londre Company, Attention: High School Reunion, 3365 Barham Blvd., Los Angeles, CA 90068:

McDowell Elementary Campus. Call 606/377-2678.

· Wayland Homecoming 2000, September 1-3, sponsored by Wayland Historical Society. Call 358-9471.

· Garrett School Reunion, September 2, Wilkinson-Stumbo Convention Center, JWSRP. For information, write Garrett Reunion, PO Box 170, Eastern, KY 41622.

· Auxier Homecoming 2000. September 1-3; registration, \$25/couple, \$15/stag. PO Box 65. Auxier, KY 41602.

· Paintsville High School All-Alumni Weekend, September 1-4, Paintsville High School. Call J.C. Blevins, 606/789-3126.

(** New to list)

The Reunion Calendar is a free service. Send reunion announcements to Pam Shingler, Floyd County Times, PO Box 390, Prestonsburg, KY 41653; fax 606/886-3603; e-mail fctimes@eastky.net.

Era

VIRGINIA CASSELL SLONE, MOTHER THE CO-FOUNDER

My late husband, Helton, and I started the family get-together years ago when our children were young. They grew up participating in the preparation of the activities each year

After becoming adults, they took over the responsibility of the family get-together and the Slone Mountain Squirrel Festival evolved.

Our children have made the festival a tribute to us. Such a tribute made both of us proud.

ting a precedent for what was to become the Slone Mountain Squirrel Festival, merged atop one of Kentucky's most beautiful sites.

Early in the spring of 1976, we began discussing the possibility of another large gathering. That first festival, held in its present location, 1,100 feet above sea level, gave the participants a magnificent view. Eight mountain peaks spread into the far distance with a misty halo hanging softly over the multi-colored tops.

On one small stage with a background of tall trees was the center of gospel, country and rock music from nine in the morning until six in

of volunteers would begin to prepare many types of meats, such as beef, venison, pork, mutton, goat, groundhog and, last but not least, souirrel.

The small stage for entertainment increased to five stages. The western side of the mountain has a natural amphitheater feature, where gospel and bluegrass came to be performed all day long.

The eastern slope became the location of stages for country and rock music. Stage five was above the cooking and serving area, so people could be entertained as they waited in line.

Persons could stroll along the



Reunions ** Scott family reunion, · Hopkins family reunion, Sunday, August 6, 11 a.m., Summit

Correctional Institution Training

Center, near Ashland. Bring a cov-

ered dish. Call D. Osborne,

dants of William and Oma Reffitt

Hicks, Saturday, August 12,

JWSRP. Luncheon buffet begins at

noon at May Lodge, cost \$10; meet-

ing and social gathering, 2 p.m.,

convention center. Call Delphia

Bailey family reunion, Saturday,

August 12, beginning at 11 a.m., at

Stumbo Park Convention Center,

Allen. Bring favorite dish and infor-

mation and pictures on the family.

Call 606/358-4381 or 285-3246.

· Pete Bailey and Jane Arnett

Hicks, 606/886-3108.

· Hicks family reunion, descen-

606/377-6772.

September 2 and 3, The Pines, Jenny Wiley State Resort Park. Bring covered dish and dessert: meat is furnished. Call Buretta Scott Moore at 606/358-4107, or Ralph Scott, 606/358-4267.

** Prater family reunion, Saturday, August 19, at the homeplace on Prater Fork, beginning at noon. Bring covered dish. Call Clearance Prater, 606/285-9833.

 Samons family reunion. Sunday, August 6, Clark County Fish and Game Club, Water Works Road, Winchester, 9 a.m.-6 p.m. Bring prepared dish or dessert; chicken will be available. Call Garland Mayo, 606/744-2070; Hubert Mayo, 606/744-9370; or James Mayo, 606/744-0290.

Turns two

Whitley Kaitlyn Lashae McKinney turned two on July 17, 2000. She celebrated her birthday on July 29 with family and friends at an "Elmo" theme party. She is the daughter of Marty and Sheila McKinney of Martin, and the big sister of Jacob McKinney. Her grandparents are Randall and Barbara Scarberry of Langley, and Charles and Shirley McKinney of Printer.





Little McKinney

Jacob Austyn Kent McKinney was born, March 28, 2000, at Highlands Regional Medical Center to Marty and Sheila McKinney of Martin. He weighed eight pounds, 10 ounces, and measured 21-1/2 inches long. He is the brother of Whitley Kaitlyn Lashae McKinney and the grandson of Randall and Barbara Scarberry of Langley, and of Charles and Shirley McKinney of Printer.

SANDY SLONE, DAUGHTER

The soft, low-hanging mist lifted slowly from its morning position between the majestic mountain peaks of eastern Kentucky, revealing an artist's pallet of fall colors. The dew was still busy giving the shady plants of wild ferns, mushrooms and Lilies of the Valley a last refreshing drink for the day.

A newly-constructed road. which wound through the small hollows and from bench to bench atop the mountain, led to a clearing shaded with tall hickory nut and oak trees. This was the selected spot for the first Slone and Cassell picnic.

Mommy (Virginia Cassell Slone) and her family did not have the opportunity to visit as often as they would have liked. Work and miles kept them apart.

On the other hand, the family of Daddy (Helton Slone) lived nearby. It really did not matter to Daddy if you were a family member or not. If he met you, you were invited.

So, on this beautiful morning, Cassells, Slones and numerous friends, not knowing they were set-

the evening

That year, there was only one large iron pot of soup beans simmering over a slow, wood-burning fire. Daddy had reserved a cooler spot underneath a huge oak tree to prove he could cook the finest squirrel and make the best squirrel gravy in the state of Kentucky.

Next to him was another fellow who declared he could cook groundhog, gourmet-style.

To the right was a medium-sized barbecue pit holding a fairly large pig, guarded by a soft-spoken man who had been on duty, along with a couple of friends, since the evening before.

Placed on four tables covered with white cloths were many other dishes, ranging from chicken to combread. Cakes and pies were the desserts, and Kool-Aid, coffee and water were the beverages.

In later years, instead of one lonely pot hanging over a fire, there would be as many as 12 of them filled with soup beans and sauerkraut. A long line of barbecue pits replaced that first one.

The day before the event, a team

87th Infantry division of WWII to reunite

September 10 to September 17, the 87th (Golden Acorn) Infantry Division will hold and celebrate its 51st annual reunion at the Fairview Park Marriott in Falls Church, Virginia.

The 87th Infantry Division was activated and trained as a combat Infantry Division in both World Wars. In 1917 the Division joined Gen. Pershing's A.E.F., and as it was being assigned to the Western Front, the Armistice was signed.

In World War II, the Division went into combat at Metz, France. During 154 days of almost continual combat, the Golden Acorn Combat Team fought in France, Belgium, Luxembourg and Germany. It advanced more than 345 miles in the European Theater, taking 63,338 prisoners and liberating hundreds of towns.

Veterans of the now famous GAPEX1@aol.com.

Battle of the Bulge, crossing of the Mozelle and Rhine rivers, and the 'lightening streak' in pursuit of the Nazis across the heart of Germany, fighting many bitter battles from the once impregnable Siegfried

Line to the Czechoslavakia Border. The combat ability of the 87th Infantry Division was held in high regard by Gen George Patton, Commander of the U.S. Third Army, and this Division received three Bronze Battle Stars for its most valiant efforts in the battles of the Ardennes, Rhineland, and Central Europe.

For additional information of the 87th Infantry Division Reunion and the 51st annual Reunion, contact Gladwin Pascuzzo, 2374 N. Dundee Ct., Highland, Michigan 48356-3716. Telephone; 248/887-E-Mail, 9005 by 10

shady arts and crafts area where they might become involved in their almost forgotten mountain history. And we did not forget the children. Games, such as greasy pole climb, greasy pig chase, egg toss, crazy crawl, and sack races, kept them entertained all day.

Before we realized it, the sun had begun to disappear behind the mountains, and a lonely feeling replaced the smiles and laughter of the day. Once again, the mountain was host to only a few friends and family who lingered.

MAGGIE SLONE, DAUGHTER ENTERTAINMENT CHAIR

I have had a wonderful experience working with the most gifted and caring gospel and bluegrass musicians. Many of the musicians have participated for 18 years. Stage 4 will always belong to this group.

I also have had an opportunity to provide supervised, old-fashioned games to the children who were visiting Slone Mountain.

I recall a pleasant conversation last year with Phillip Damron. We agreed that the young generation needs to learn about the history of mountain musical instruments, quilt-making, and other crafts that are a part of our heritage.

CARLOS NEELEY, SON-IN-LAW ARTS AND CRAFTS CHAIR

The Squirrel Festival is the best of all the fall festivals. It is different from the rest because it was held back in the hills, away from hot asphalt and commercial trappings.

It gave me an opportunity to visit with our outstanding local craftsmen. I admire and appreciate their returning year after year.

Some have been there almost every year since the festival started, such as Terry Ratliff, Carolyn Cook. Larry Blackburn, Krystal Hale, Mr. and Mrs. Terry Hager, Bernice McHarux, Marlene Bentley and Peggy Greathouse. These people helped make our festival special.

Furniture maker Terry Ratliff was a regular participant in the Squirrel Festival, demonstrating how he uses old implements to make quality wood keepsakes.



Family members Sandy Slone and Lorrie Neeley have been involved with the Squirrel Festival throughout the years.

ARTS & CRAFTS CO-CHAIR

I love everything about the festival, starting with the beautiful mountains where it is held and ending with the sight of the brilliant moon that rises to light the way of the last guest who leaves the premises.

It means wonderful family memories that have been provided by Mom and Dad. It means the aroma of roast pig, as it slowly cooks over a gently-glowing fire. It also means the sound of music in the background and the happy faces of children playing games.

It means the renewal of old friendships and the making of new ones, such as the Civil War re-enactors who circulated throughout the crowd last year and taught us about the courting candle and the forgetme-not doll.

It means being a part of the arts and crafts group, meeting those wonderful, talented people and learning to appreciate beautiful handmade crafts.

All in all, it means a time each year when our family, friends and anyone who desires can meet just to relax and have fun.

> RAY AND KELLY SLONE, SONS FESTIVAL HOSTS

We would like to thank all the people and organizations who provided financial support and the dedicated people who cooked and served the food. Without their help, the festival could not have been a success.

NORMA NEELEY, DAUGHTER



Dorothy Ruppelp and her son Frank at the home of Jimmy and Gracle Ann Johnson at HI Hat. (Photo by Willie Elliott)

Former missionary returns to area

by WILLIE ELLIOTT STAFF WRITER

Steamboat, Iowa, was back in Floyd the work as he attended the well-County last week to visit the area known Moody Bible Institute in where she and her late husband Carl did missionary work some 50 years ago

Dorothy Ruppelp and her son Frank came to the home of Jimmy Johnson and spent some time before going on to visit Danny Johnson at Paintsville.

The Ruppelps came to the Hi Hat area in 1935 as newlyweds to start their missionary work. They traveled from school to school teaching

stories.

The first time they went to a school they had to walk 4-1/2 miles A 90-year-old woman from one way. Carl was well trained for Chicago.

Dorothy said they had to borrow money to live and the churches in Iowa sent some. She said they never worried but kept their faith in God.

Besides the school work, the Ruppelps visited homes to offer assistance and encouragement during times of stress. Dorothy said they represented no denomination but relied on faith.

In addition to Frank Ruppelp and students religious songs and biblical his brother Paul, the Ruppelps had Kentucky by the Ruppelps.

two other children, both of whom are buried on the Newman Cemetery at Hi Hat.

When they were growing up, Gracie Ann Johnson's mother had a great deal of trust in Frank, so he became the driver of several young people in the community. From this association, a lasting relationships developed between the two families.

During his school days in the Wheelwright area, Paul became good friends with Johnson Central guidance counselor and assistant basketball coach Danny Johnson. So a visit to Danny is always included on the yearly trip from Steamboat, Iowa, to eastern

Life without a gallbladder provides reminder to eat healthy

Question: What does the gallbladder do, and what problems should I expect if I must have mine removed?

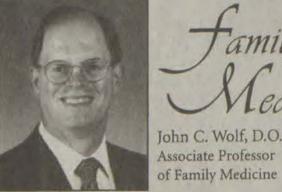
Answer: I'll describe the gallbladder's location and role in good health first. The gallbladder is a muscular, sack-like structure attached to the liver, which is located in the right upper part of the abdomen under the lower ribs on that side.

Confused? You thought the lungs were the organs protected by the ribs, didn't you? Well, they are. However, the ribs also form a bony cage that protects the liver. The diaphragm separates the lungs, which are in the chest, from the liver, which is in the abdomen.

The liver is one of the most important organs of the body. It is a veritable chemical factory that converts the foods and medicines we consume into substances the body. can use. The liver also recycles various by-products of the body's chemical reactions into other useable compounds or waste products.

It is in this role as a recycling censtances, pigments that are the residue of recycled blood cells, and other components. The liver produces bile rather slowly, and then stores it within the gallbladder.

Bile is used in the emulsification, digestion and absorption of foods, particularly fats. The gallbladder collects bile as the liver produces it. Then, when it is called for to help digest that burger and fries you had for lunch, it is "squirted" into the digestive tract at a point just "down-



stream" from the stomach in an area called the duodenum.

Typically, this addition of bile begins about 30 minutes after eating a high-fat meal.

At times, the bile can become so concentrated that stones form within it, thereby creating gallstones. You might be surprised to learn that 80 percent of the population ultimately develops these stones. Most of us, however, are fortunate and our gallstones never cause any problems.

On the other hand, about 500,000 people each year do have sufficient pain that they must have their gallbladders removed.

You shouldn't panic if your doctor recommends that you join this large group of "gallbladder-less" individuals. The immediate risks of surgery are relatively small, and I'm sure that he or she will explain these to you and your family.

The long-term consequences, fortunately, are also rather small. The liver continues to make bile, just as you would assume. However, now it continually drips the bile into the duodenum instead of being stored in www.fhradio.org/fin.

the gallbladder until a high-fat meal is eaten.

edicine

Eating a high-fat meal after having the gallbladder removed can overwhelm the amount of bile that is available to assist in its digestion. Consequently, a stomachache and or diarrhea ensues

These complications are significantly less frequent and less intense than the discomfort that made it necessary to have the surgery in the first place.

My patients who have had their gallbladders removed rarely complain about their decision. The amount of discomfort associated with eating a high-fat meal is minimal and usually is viewed simply as a reminder to eat a healthy diet rather than an infringement upon their lifestyles.

"Family Medicine" is a weekly column. To submit questions, write to John C. Wolf, D.O., Ohio University College of Osteopathic Medicine, Grosvenor Hall, Athens, Ohio 45701. Past columns are available online at

How to prevent school violence

(NAPSA)-Educators, parents, legislators, law enforcement officials and other groups across America are looking for more effective ways to prevent school violence.

Many factors have been blamed for school violence.

They include declining educational standards, inadequate gun control, poor parenting, medications, video games and the media.

But many experts now believe that whatever the cause-and wherever the blame lies-the only real and durable solution may lie in fostering and enhancing spirituality in America's young people.

A number of church groups are working on ways to help.

son as a spiritual being (which in be likened to a switchboard. It's a Scientology is termed a "thetan") can lead to greater happiness, well-being and enthusiasm for life.

Problems may arise, say Scientologists, when people attempt to remedy emotional problems or spiritual emptiness with medication. People are more than a chemical imbalance in the brain.

The thetan, as explained in the bestselling book What is Scientology?, based on the works of the religion's founder L. Ron Hubbard is the person himself, not his body, his name or his mind.

The thetan is defined as that which is aware of being aware, the identity which is the individual. The One church, the Church of mind, says Hubbard, is not the brain. Scientology, says that treating a per- The brain is part of the body and can Hubbard.

conduit that, like a telephone wire, carries messages. The mind accumulates thoughts, conclusions, decisions, observations and opinions. The thetan uses the mind to handle life.

Recognition of oneself as a spiritual being, Hubbard adds, helps people gain ability and awareness. Thus many parents may find that Scientology can be the bridge to helping their children believe in themselves and improve their lives.

For many Scientology offers surprisingly effective solutions. People can learn about the religion from the What is bestselling book. Scientology (Bridge Publications) based on the works of L. Ron

Could someone in your family be more than just shy?

doesn't seem to be as far in life as they could be? Does a fear of embarrassment cause them to avoid doing things or speaking to people? Do they have a difficult time making friends, dating, holding jobs or attending school? Do they avoid social interaction at all costs and maybe even abuse alcohol? If this sounds like someone in your family. as social phobia).

(NAPSA)-Do you have a afraid of acting in a way that will be spouse, sibling, child or cousin that embarrassing or humiliating, causing them to completely avoid such situations in the future or endure these "everyday" situations with These situations may dread. include: speaking in public, initiating or maintaining conversations with strangers or people in authority, participating in meetings or classes, attending parties or dating.

According to a study conducted he or she may be suffering from by Freedom From Fear, a national social anxiety disorder (also known mental health advocacy group, and researchers at Columbia University College of Physicians and der that disrupt people's lives and Surgeons, the average social anxiprevent them from fulfilling their potential," said Mary Guardino, ety disorder sufferer waits nearly 8 executive director, Freedom From years to confide in a friend or family member and nearly 13 years Fear and co-author of the study. before talking to a mental health "Excellent treatment networks are available where those in need can professional about their symptoms. find appropriate help," she contin-"Due to the very nature of the condition, social anxiety disorder ued. If social anxiety disorder sympsufferers are not likely to approach anyone about their condition," says toms sound familiar to you and you Dr. Daniel Christensen, clinical suspect that one of your family professor of psychiatry, neurology members is suffering from this condition, there are several steps you and pharmacology at the University of Utah School of Medicine. can take to help: "Family members need to be aware of the symptoms of social anxiety disorder and treatment options so disorder so that they can help motivate their loved ones, if they are suffering from the condition, to seek treatment and regain control of their lives." The good news is that treatment is available. Cognitive-behavioral therapy (CBT) is an effective method for treating social anxiety disorder. CBT can help social anxi-. ety disorder sufferers understand that their thoughts and beliefs are . distorted. Sufferers learn, through

handle social anxiety provoking situations. In 1999, the FDA approved the first and only medication, Paxil® (paroxetine HCI) to treat social anxiety disorder. Medicines like Paxil work by restoring the balance of the brain that is believed to be involved in social anxiety disorder. Often the best method of social anxiety disorder treatment is a combination of medication and CBT.

"Mental health professionals need to do a better job of teaching family members to recognize the symptoms of social anxiety disor-

ter that the liver produces the substance called bile. Bile is made from cholesterol, certain fat-like sub-

Social anxiety disorder, the third most common psychiatric disorder after depression and alcoholism, affects more than 10 million Americans, yet only five percent of sufferers seek treatment. Many people with social anxiety disorder also suffer from other mood and anxiety disorders such as depression, panic disorder and alcoholism, which makes the condition even more difficult to diagnose.

"As a child my son Steve was always a little shy, but in junior high school the problem became much more severe," says Christine Fox. a 50-year-old mother and high school secretary. "He became so terrified of participating in class and engaging in other social interactions that I was afraid he would drop out of school permanently."

Social anxiety disorder usually appears during the adolescent years and continues throughout adulthood if left untreated. People with social anxiety disorder have an intense fear of being negatively scrutinized by other people in social or performance situations. They literally become "sick with fear" and are exposure techniques, to be able to

OLBH to offer Strength for Caring program

Our Lady of Bellefonte Hospital will offer Strength for Caring, a patient education program for cancer patients and their family and friends, Saturday, August 12, 9 a.m.-1 p.m. in the education classroom.

Sheila Stephens, MSN, oncology clinical nurse specialist, will present the program. Topics will include the definition of cancer, its treatment, chemotherapy and radiation, and understanding and managing the common side effects of chemotherapy (including blood counts, pain, fatigue, nausea, and hair and skin changes).

A continental breakfast will be provided. For more information, contact the Careline at 606/833-CARE (2273)

A call for poems

Write a poem and win the \$1,000 grand prize. Hollywood's Famous Poets Society is sponsoring a new poetry contest, open to everyone. There is no entry fee, and nothing to buy.

To enter, send one poem of 21 lines or less to Free Poetry Contest, PMB126, 1626 N. Wilcox Ave., Hollywood, CA 90028. Or enter on-line at www. famouspoets.com.

"This is our big contest of the year," says Poetry Director Martha French. "We trust our prizes will encourage new poets to share their talent.

The deadline for entering is August 29.

you can better understand what your loved one is experiencing Have patience, but continuously encourage your family member to find treatment

Learn about social anxiety

Recognize and praise small accomplishments

Modify expectations during stressful periods

Measure progress on the basis of individual improvement

Work to maintain a normal routine

Let the person with the disorder set the pace for recovery

To learn if you or a loved one may be suffering from social anxiety disorder, call 1-888-442-2022 to locate a mental health professional in your area who will provide you with a free screening for this illness. Information can also be obtained by visiting freedom fromfear.org.

Pet owners get proactive * on pet health care

(NAPSA)-The Humane Society Of America reports that dog owners can expect to pay at least \$1,000 a year and cat owners \$800 a year to care for their pets. A national survey revealed nearly two-thirds of pet owners believe the cost of pet health care maintenance is rising.

"While pet care costs are rising, today's pet owners have numerous choices to taking care of their pets," explained Dr. Robert Whitney, veterinarian and former Acting U.S. Surgeon General. "Practicing preventative care for your pets is the first of several steps that helps pet owners avoid situations where life or death decisions about a cherished pet are made based on economics."

Dr. Whitney offers these tips to reduce costs of your pet's health care:

Make certain your pet gets frequent exercise and routine check-ups at the veterinarian.

Look for ways to handle routine care yourself, such as using over-the-counter products such as Hartz® Advanced CareTM Brand Flea and Tick Drops and Hartz® Flea Control Capsules™. This new product line makes technology previously available by prescription accessible at a savings of over \$100.

Serve your pet nutritious, high-quality pet fooda bad diet has just as serious implications for your pet as for yourself.

Lots of love and attention also works wonders to keep your pet healthy.

To make treating flea and tick problems easier, Hartz' Web site, hartz.com, provides pet owners with complete resources for pet products. The site includes the only downloadable streaming videos featuring flea and tick



www.hartz.com offers tips and resources to help pet owners control rising pet healthcare costs.

product applications and dosage demonstrations for greater ease and efficacy in preventing a pet's potential flea and tick problem. Pet owners can also access tips for determining existence and severity of a pet's flea and tick infestation, additional measures to help owners take control and prevent flea and tick problems, and qualified veterinarians to answer questions about caring for a family Det.

Long-term care insurance: What you should know

(NAPSA)-Many older Americans realize planning for long-term care is an important part of a financial plan. Some people choose to "take their chances" with long-term care because of the high premiums sometimes associated with long-term care insurance. In most cases, if individuals don't require long-term care, they feel they have lost a considerable amount of money in premium payments.

Alternative long-term care protection, which can include an annuity-based component (which is subject to market risk), offers both



long-term care insurance and a cash-value benefit. This might be a single premium/long-term care life

annuity

With some annuity-based products, if you die before the annuity value has grown to the original investment amount, beneficiaries may receive the original investment back, less any amounts withdrawn or paid out for long-term care. An annuity may even offer a return on investment over time as well.

Be prepared to discuss long-term care protection with your financial professional so you can ensure that you both have considered this important component of a complete estate plan. Long-term care insur-

insurance policy or a long-term care ance can help protect your retirement savings, as well as ensure that a portion of your estate is available to heirs in the future. Many advisors consider it a responsibility to offer long-term care products as a part of the client's financial plan.

> For a prospectus containing more complete information on long-term care products, including changes and expenses, contact your investment professional or call Nationwide Life Insurance Company, Columbus, Ohio, at 1-888-242-3073. Please read the prospectus carefully before investing any money.



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HOME HEALTH NURSE WANTED

The Johnson-Magoffin HHA is now accepting applications for the position of Community Health Nurse - Home Health. The primary responsibilities of the position is to provide moderately difficult intermittent skilled nursing services to individuals in their place of residence. Minimum requirements are a Bachelors degree in nursing from an accredited school or graduate of an associate degree program in nursing from an approved school. One year of experience in nursing practice. The entry salary is dependent on the applicant's experience and education. An application may be obtained at the Johnson-Magoffin County Home Health Agency, located at 747 Parkway Drive, Salyersville, (349-6243), or the Johnson County Health Department, 630 James S. Trimble Blvd., Paintsville, Kentucky, (606) 789-2590, Applications must be received by August 15, 2000.

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> FOR MORE INFORMATION, CALL (606) 789-5321, Ext. 253

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Local students participating in . **UK Young Women in Science**

Hannah Goble, Tricia Newsom, Jenna Patton, Amber Roberts and Tommie Sue Tussey are participating in a three-year program offered by the University of Kentucky and designed to encourage young women from Appalachia to pursue scientific careers in drug abuse research.

Goble, Newsom, Roberts and Tussey are in the first year of the program, and Patton is in the second year.

These young women are among 52 participants involved in the Young Women in Science program, run by the UK Center on Drug and Alcohol Research (CDAR).

on their academic achievement. especially in science and math, participation in extracurricular and community volunteer activities, ability to articulate a career goal, ability to benefit from the program, and strong personal references.

The young women are given in-depth training and education in drug abuse research at UK for three weeks each summer and five one-day weekend sessions each year over the three-year period.

lab work and sports activities, the young women go on field trips to local attractions, such as the Louisville Science Center, Old Kentucky Chocolates, and the Lexington Shakespeare Festival. Each young woman also has

been paired with female mentors pleted Adams Middle School in

McGarey is

State

has

presidential scholar



Hannah Goble

Students were selected based in the scientific and local communities.

Each participant will earn a stipend upon completion of the summer study and a scholarship to the college of her choice upon completion of the three-year program.

Newsom, the daughter of Cheryl and George Newsom of Betsy Layne, recently completed Betsy Layne Elementary School and will enter Betsy Layne High School in the fall.

Roberts will enter South Floyd Along with lectures, scientific High School this fall, after having completed South Floyd Middle School. She is the daughter of Connie and Ricky Roberts of

Drift. Tussey and Goble both plan to enroll at the Piarist School for their high school work. They com-



Tricia Newsom

Amber Roberts

the spring. Tussey is the daughter of Thomas and Miranda Tussey of David, and Goble's parents are Herbert Jr. and Charlene Goble of Auxier.



Jenna Patton



Tommie Sue Tussey

Patton will be a sophomore this fall at the June Buchanan School at Pippa Passes. She is the daughter of Jeffery and Pam Patton of Garrett.

Ivel student in **UK program**



606-358-2292

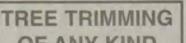
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announced that Derek K. McGarey of Eastern is among those students receiving a Presidential Scholarship for the fall semester.

Morehead

University

McGarey, the son of Donald and Sandra McGarey, is a graduate of South Floyd High School. A member of Beta Club and academic team, he was a participant in a gifted and talented program. He also has been a Special Olympics volunteer and is listed in "Who's Who Among American High School Students."

Derek McGarey To be eligible for the

Presidential Scholarship, applicants must be admitted to MSU as an entering freshman and meet one of the following criteria: be a National Merit Scholar or Finalist; be a valedictorian or salutatorian from MSU's Kentucky Service Region with an ACT composite of 30, or be a Kentucky Governor's Scholar. Applicants with a minimum grade point average of 3.75 and a minimum of ACT composite of 28 also are considered.

Applications and information on scholarships and grant programs at MSU are available from the Office of Admissions at (800) 585-6781.

Wins scholarship

Melissa Crider, daughter of Dwight and Karen Crider of Prestonsburg, has been awarded a \$2,500 Presidential Scholarship to Eastern Kentucky University. She will transfer to EKU this fall from Prestonsburg College Community where she has participated in many law enforcement program projects, from portraying the prosecuting attorney in a mock rape trial to visiting Ashland prisons. She also wrote articles for The Times on arson investigations and worked in the office of Mike Dixon. PCC's law enforcement coordinator. At PCC, she had a 3.7 grade point aver-



Melissa Crider

age and was on the Dean's List for three semesters and the President's List for one semester. Crider, 23, will major in police administration at EKU.

Jeni Spurlock of Ivel spent three weeks between June 11 and June 30, at the University of Kentucky as a participant in the Appalachian Explorers program. The program is supported by the Robinson Trust fund and includes students representing the counties within the Appalachian region of eastern Kentucky.

The program consisted of science classes, laboratory work, field trips, visiting scientists and scientific research. Both class and lab work focused on scientific concepts in areas such as erosion, chemistry, and energy. Using scientific experiments, participants spent several days investigating research questions.

The primary field trip involved a three-day trip to Robinson Forest. During the trip, students particpated in environmental activities and examined areas reclaimed by coal companies.

The Appalachian Explorers program is sponsored by the UK College of Education, Dr. J. Truman Stevens is the project director.

BLHS grad wins Byrd scholarship

graduate is among 95 recent high school graduates in Kentucky to be awarded a Robert C. Byrd Honors Scholarship for 2000-01.

Christina Blackburn will receive a \$1,500 scholarship from the US Department of Education, and it is renewable for up to four years.

Students from each of Kentucky's six congressional districts were selected to receive the scholarships. Criteria include difficulty of high school courses, college entrance exam scores, an essay, teacher recommendations,

A Betsy Layne High School academic honors, school activities and community service.

The Robert C. Byrd Scholarship Program provides funds to eligible graduating high school seniors and GED recipients in each state.

The scholarships were established in honor of US Sen. Robert C. Byrd of West Virginia, whose career has focused on the education and training of young people.

Other recipients from this area include Janie Castle, Johnson Central High School, and Tiffany Caldwell, Pike County Central High School.



Karen's Kare Learning Child Care celebrated Mother Goose Week recently with the children in costumes. Front, from left, Garrett Hammond as Olde King Cole, Lauren Davis as Humpty Dumpty, Josh Crider as Little Boy Blue; second row, from left, Dalton Parker as Little Boy Blue, Chris Mullins as the Cat and the Fiddle, Erin and Adam Castle as Jack and Jill; third row, from left, Zack Blanton as Jack and the Beanstalk, and Teresa Rowe, assistant director, as Mother Hubbard.