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Local News

Terrier mix at animal shelter needs a home.



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Sports



Prestonsburg Three-peat: Goble sparks Prestonsburg past BLHS in finals

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Lifestyles

Nurse has been part of Our Lady of the Way for half century



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New senator plans night to meet residents

Stormy Saturday ...



age but did cause some inconvenience. A downed 7,200volt power line, at left, on Front Street in Prestonsburg left nearby residents without power for hours. The line went down around 11 a.m. and Prestonsburg firefighters, above, were called to the scene to prevent traffic and pedestrians from getting near the line. American Electric Power workers, below, finished repairs at 3 p.m., but not before having to shut down a power grid for 45 minutes, leaving most of the city in the dark.



Lawsuit filed over paralyzing work accident

by RANDELL RENO STAFF WRITER

A Prestonsburg family has filed a lawsuit against a local trucking company and others seeking damages for injuries that allegedly occurred while unloading a tractor-trailer.

Filed last Friday, May 19, the suit alleges Randall Risner was injured May 21 of last year in the process of working for the Billy Frasure Trucking Co. Inc.

Risner was unloading a tractor-trailer belonging to the Overnite Transportation Company which was loaded with chalk figurines from Martha Liza Mexican Imports of Laredo, Texas. Those figurines were allegedly stacked in layers with the upper layers supported by a wooden support system built into the trailer, according to the suit.

Risner alleges that while he was unloading the cargo from the trailer, the wooden support system collapsed and crashed down on him causing severe injuries and permanently paralyzing him.

The family names Overnite Transportation,

(See LAWSUIT, page three)

Homeowners protected from mine blasting

by RANDELL RENO STAFF WRITER

Coal mine blasting is a serious public concern and has been the topic of much debate in recent years. Kentucky leads the nation in the use of explosives, primarily due to coal mining activities.

Three families currently have cases in Floyd Circuit Court alleging their homes or properties were damaged by mine blast. Just a few years ago that number was much larger.

With coal companies returning to the area to remine old sites and to open new sites, more com-

Johnny Ray Turner, who voters elected to serve as the new state senator for Floyd, Johnson, Knott and Breathitt counties, is inviting his new constituents to get to know him a little better.

Turner will be at Archer Park from 5 to 8 p.m. on Thursday to meet local residents and hear their concerns, said his nephew and campaign manager, Glenn Turner.

Signs at the park will point the way to the event.

Louisville woman killed by coal truck in Pike County

A Louisville woman is dead after the truck she was riding in went out of control and slammed into a coal truck.

Shirley Plymale was driving north on Route 199 at Stone when she lost control of her vehicle and slid under a southbound coal truck driven by Foster D. Mitchell.

A passenger in the pickup, 69-year-old Lois Ann Ball, was killed.

Plymale was taken to Williamson Memorial Hospital for treatment. Mitchell was not injured.



For up-to-the-minute forecasts, see www.floydcountytimes.com/weather.htm



plaints could appear.

Although coal mining in the eastern portion of the state is not what it once was, many area citizens are still concerned with the effects of mining on

(See BLASATING, page two)

One soldiers story...

Korea — the forgotten war he couldn't forget

by CLYDE F. HANCOCK

Note: The following account, submitted to The Times by a local veterans' group, is being reprinted in honor of Memorial Day as a tribute to those who sacrificed so much for the rest of us. The author now lives in Wayne, W.Va., and dedicated this essay to his brother, Bob. It has now been over 49 years since,

as 17-year-old boy, I landed at a place called Inchon with the 92nd AFA BN SP. Soon it will be 48 years since I departed the unit from somewhere in Korea, and I have yet to forget. It is true that now at age 67, my sight

is much dimmer than then, my recall is now what it was, my walk is not as swift, and there are some things that I have forgotten - like the actual day of my birthday on September 26, 1950, just a few days after landing in Korea. And then, when I turned 19 in 1951, I have forgotten just where in Korea I was. But there are some things burned into my memory about the Korean War that I will never forget, even though there are some I wish I could.

I shall never forget when the reality of being in a war really hit me. The landing on the beach, the planes making bomb runs and the battleships firing the big guns didn't do it. It came a few days after we were in Korea and our 155 mm

firing positions at Suwon at the end of the air field. In one of the first few fire missions, a man in Battery "B" was killed. We all heard the news but we did not see the blood. The next day or so we got word that some enemy heavy tanks were approaching our position. "C" Battery, of which I was a member, was called on to pull two of our 155 mm howitzers out of position and move forward a few miles, set up a road block, and stop the enemy tanks should they appear. I was a member of one of the howitzer crews chosen for the task.

howitzers arrived. We were in our first

We moved into position with one howitzer on each side of the road, aimed the howitzers in on a spot in the road and waited. Part of each crew was to stay on the howitzer, awake and ready to fire, while part of the crew was to get some sleep. Sometime in the early hours before dawn, I was given permission to bed down, which I did in a small building near the road. Daylight came, but no enemy tanks. Then someone called my name and instructed me to getup and wake the other men with me. With my eyes not ready to open and my body not yet ready to wake up, I tried as best I could to follow orders. The first person I tried to wake was dead, and so was the second. They were soldiers

killed in the battle for Seoul. Unknown to me and the men with me, we had bedded down where the KIAs had been collected for removal from the battlefield. When I saw American blood brought by weapons of war from an enemy, the reality of war set in.



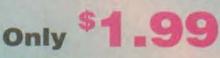
lines and given orders to prepare for an invasion with the 1st Marine division somewhere on the west coast of North Korea. We moved toward the Port of Inchon and finally we were loaded on the landing crafts. Battery "C" men and equipment were aboard LST Q074, a U.S. Navy vessel with a Japanese crew. Bunks were in short supply and large demand, so three men were assigned to each bunk in eight-hour shifts. I made friends with some of the crew and was allowed to eat in the crew's mess and sleep in their lounge.

After 14 days aboard Q074, we sailed into Pusan Harbor and were transferred to a Navy ship for the sea voyage north by way of the Sea of Japan to a place called Iwon. It is now November and the weather has already turned bitter cold. We supported the Marines for about three weeks, and then we were told the war was all but over, and that we would be getting ready to leave Korea and would be home in the good, old U.S. of A. by Christmas. However, we didn't know about the plans the Chinese had made that included us.

Thanksgiving Day 1950 until Christmas Eve 1950 will forever remain in this old soldier's mind as one continuous nightmare. Either Thanksgiving, or the day after, we were given orders to load up lock, stock and barrel and be ready to move with gas tanks full and weapons at the ready. The weather was bitter cold, snow was falling and we were headed in the wrong direction to be going home. When the orders came down, we headed out for a place we

(See KOREA, page two)

Any Croissant Sandwich & 32-oz. **Fountain Drink**







Korea

would later refer to as the "Frozen Chosen." After all these years, I cannot recall just how long it took us to make the move, but I can see the narrow snow-covered roads, the hairpin curves and steep mountainsides in my mind. After much weary travel fighting sleep and the cold, we arrived at our assigned position and began to take the enemy under fire sometime around the last of November or first of December 1950.

As time went on, things turned for the worse. The weather turned colder each day until it reach 30 degrees below zero. Just a short time after our arrival in the Frozen Chosen, we were surrounded and cut off by the enemy. Ammunition and food ran dangerously low and warm clothing was not to be had. I was afraid to go to sleep, thinking I might freeze to death, and afraid to go on guard duty for fear of being killed by the enemy. After a while, I didn't much care because I thought I would die one way or the other.

One cold day while we were engaging the enemy in all directions, we were told that help, food and supplies were on the way. The overcast skies then turned gray with blowing snow and the airdrops would be at least hindered, in not prevented altogether. We then heard the roar of aircraft engines which we couldn't see. It seemed they had missed us altogether as they were flying north and the sound of the ancraft began to fade. Then, all of a sudden, three or four flying boxcars approached from the north at what appeared to be less than a thousand feet and dropped cargo in various colored chutes. It appeared that Christmas had come early for the 92nd AFA BN, but it was not to be.

www.americanheart.org

It's a Toddler Shower! For Angeline Collins 13-month-old child of the late Denver B. Collins Everyone Welcome! Please Join Our Celebration!

Thursday, June 1, at 6:30 p.m. at Rising Son Ministries

(across from Corner Market • Prestonsburg)

Angelina is size 12 months & Size 3 shoe She is registered at: Lad n' Lassie - Prestonsburg Wal Mart - Prestonsburg JCPenney-Pikeville

New parents: Annie and Michael Newsome

As we rushed to get the muchneeded food and supplies, we found much to our dismay that it was not for us. As I recall, it was all .30-caliber ammo for M1s — no food. A day or so later, some soldiers that had been trapped just to the north of us broke out and began their march to the sea and safety. I watched as the column went by. Some of the men had burlap sacks tied around their feet for warmth. Many of them never made it to the waiting ships at Hungnam.

Soon it was time to start our march to the sea and the waiting ships. It was a fight all the way, and I shall never forget that day and some of the things I saw. We approached a place on the road the enemy had held until early that morning, and a place where much U.S. equipment had been destroyed and many U.S. servicemen had been slaughtered. As our column slowed to work our way around the dead and through the wreckage, 1 looked down from the ring mount of the halftrack on which I was riding and there by the road lay a soldier that I had remembered seeing pass by our position a few days before. I shall never forget what I

The young man had been killed by the enemy just a few miles from the waiting ships and safety. He had fallen to the cold ground on his back, his right hand still holding his weapon and near his left hand was his wallet with the wind turning the pictures. I still see him in my mind and wonder if he died looking at pictures of his loved ones.

I shall never forget the planes from the carriers that flew so close to us, dropping napalm on the enemy — so close to us that we could feel the heat. We finally arrived at the seaport of Hungnam and took up firing positions. We fired our 155 mm howitzers until the very last minute before they had to be loaded on the ships. When the howitzers were gone, we more or less fought as a rear guard until we were given orders to load on the landing crafts that would take us out to the waiting ship.

I was sick when I got to the ship on Christmas Eve, but I was so glad to be there I did not mention it. I was placed on kitchen duty for the cruise to Pusan. When we arrived in Pusan, I had a temperature of 106 and was placed in the aid station and given penicillin every four hours for a few days. When the orders came down for us to start our march back toward the north, my temperature was down to 102 and I was declared fit to man a .50-caliber machine gun mounted on a halftrack for the trip to once again engage the enemy.

Christmas 1950 is now history. We are in a new year and still going the wrong direction to be going home. The weather, though not as cold as it was in the Frozen Chosen. is still a problem. We worry about freezing to death and even more so after two men went to sleep in a foxhole and froze to death one bitter cold night. We are moving a lot, and this helps in fighting the cold and time on our hands. Each new position requires us to dig personal foxholes, powder and ammo pits, which is both time-consuming and tiring, but helped us to sleep better when we did get to bed down.

January 1951 and the snow turned into February 1951 with more snow and cold. Finally, it's March and spring is just around the corner, but now word about the end of the war and going home.

The last of March 1951, and replacements start arriving. One of those replacements is Pfc. Calvin C. Grant, who receives word after his arrival that his wife Mary has given birth to their daughter, Patricia, in Danville, Virginia. I shall never forget the joy that Calvin expressed to all of us, and the joy we had for him and his family at the announcement of Patricia's birth. We did not know at that time that Calvin C. Grant would never see his daughter, and Patricia would never see her daddy. Calvin C. Grant was killed in action defending our position against enemy soldiers trying to overrun and destroy the 155 mm howitzers of "C" Battery on April 24, 1951.

April 1951 came with the arrival of replacements and talk of a truce. A program called rotation would allow some men to leave for home very soon. Also with April came the rain, but now May flowers — just mud. I had hopes every day that I might be told to pack up and go home, but the rains, mud and extreme heat kept coming. I kept hoping — however, May turned to June to July and on into September, and a few of us that left Fort Hood, Texas, with the unit were still with Two things stand out in my mind about September 1951. The first was that I was promoted to SFC (E6) in the early part of the month. The second was that I turned 19 on September 26.

October and cool weather came, and I was thinking that winter was not far off and not sure that I could survive another winter in Korea. November and the snow came, and I wondered if I would even make it home for Christmas 1951.

December found me still in Korea, fighting a fight that I didn't start and wanting very much to go home. Then the day came, the list was read and my name was on it, and I said goodbye to the best group of soldiers that ever put a pair of combat boots on. A few days later, I departed Korea from the same place that I had entered the country, and on the same ship that I had left the U.S. And yes, I did make it home

Blasting

their homes.

Explosives are necessary to mine coal. Miners must remove the rock overlaying the coal seam to extract the mineral. Equipment today is large but in spite of its size the rock must be broken or fragmented for the equipment to handle it. Blasting is the only way to break the large amount of rock that must be moved on surface mines.

A small percentage of the escaping energy that comes from a blast causes the vibration, or shockwaves, which are felt in surrounding homes.

Ever since blasting powder was invented, people have asked how much shaking a house can withstand before damage occurs.

Mining is most visible when it comes to blasting. Air blasts and ground vibrations associated with blasting can travel a significant distance away from the actual mine site. Current regulations establish limits for air blasts and ground vibrations, and require the notification of local citizens prior to initiation of blasting operations.

The average person will feel ground movement and notice his/her house shake from blasts that are well below the vibration levels that regulations allow.

The chief concern of homeowners is fear that their homes are being damaged by the vibrations, states a 1996 report from the Bureau of Mines. The report states that any vibration-produced structure rattling, including secondary affects such as window rattling and movement of loose items on shelves, can fuel the fear.

Continued from p1

for that Christmas.

I was discharged on January 18, 1952, but could not get over the war and readjust to civilian life. I had a serious drinking problem, but even that wouldn't let me forget and put the war behind me. I held several jobs and even went back to school for a while. But all this time I was like an old man to my peer group and just could not fit in or cope. On November 11, 1952, I reenlisted in the Army and would pull one more tour in Korea before the war ended.

At war's end, I wore a battle starfor every major campaign fought in Korea. I stayed with the Army until I retired on December 1, 1969. I was a heavy drinker until the Lordsaved me in the winter of 1968. But all the drinking still did not let me forget. The years have come and

(See KOREA, page three)

Continued from p1

Mines is the leading authority on the effects of blasting to residential structures. Their research has been used to develop the blasting guidelines used by coal companies and the construction industry today. Following the guidelines should prevent structural damage.

Complaints should be directed to the regional DSMRE office serving your area or to the Division of Field Services in Frankfort. The DSMRE complaint investigation includes speaking with the complaining party, visiting the property which is reported to be damaged, and reviewing the blasting operations surrounding the property. DSMRE or the Department of Mines and minerals may perform seismic monitoring to find out actual ground vibration and air blast levels if blasting is still taking place.

Threshold damage is defined by the Office of Surface Mining as the occurrence of cosmetic damage, that is, superficial interior cracking of the type that develops in all homes independent of blasting.

Research performed by the OSM found that household activities also produced considerable strain. As examples, the slamming of a sliding patio door produced strains near the door similar to a 0.5 inches per second blasting induced ground vibration: sinking nails for pictures produced strains at various locations similar to 0.38 to 0.92 inches per second blast; and low jumps produced mid-wall strains similar to 0.26 inches per second blast.

The same research determined that the breakage of window glass in structures should occur at lower levels than other damage. In other words, if an air blast did not break a window, it probably didn't cause drywall damage. As a house responds to an air blast, it produces a considerable amount of higher frequency secondary noise (rattling). Occupants not hearing the direct sound attribute the rattling and possible floor vibration to ground vibrations At least 30 days before the mine can initiate blasting they must notify, in writing, all residents, homeowners and owners of other structures located within one-half mile of the mine site. Residents, within that half-mile may request a pre-blasting survey. The survey should determine the condition of the home and document any preblast damage or other, physical condition that might be affected by the blast. Structures such as pipelines, cables, transmission lines and cisterns, wells and other water systems warrant special attention. Each blasting plan is reviewed to see if proposed blasting operations will be conducted to insure public safety. Blasters are required to make records of each blast. The U.S. Office of Surface Mining is charged with overseeing the enforcement of the federal strip mine law in Kentucky. In a recent meeting in Perry County, William Koviac, director of the Kentucky field office of the U.S. Office of Surface Mining admitted that the OSM does not review the actions of the Department of Mines and Minerals regarding strip mine blasting waivers. He said blasting waivers in Kentucky get "special handling for waivers over 40,000 pounds. No other states have this." Six Floyd County mining companies applied for waivers to blast over 40,000 pounds of explosives. Addington Mining Inc. led the county in use of explosives in 1999, applying for and being granted 23 waivers. Addington was granted waivers to use 80,000, 100,000, 120,000, 200,000, and 350,000 pounds of explosives.

TIRED OF PEOPLE MUMBLING

Do you ask people to repeat?

- Do you shake your head yes when you do not hear voices?
- Do you feel like your ears are stopped up?

Over 50 Million People have some hearing loss. It may be ear wax accumulation or the start of a permanent hearing loss.

WE CAN HELP

For over 23 years, we have been helping people like you. You owe it to your self to have a professional evaluation by an expert in hearing health care.

MAY IS BETTER HEARING MONTH

Hearing

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To celebrate better hearing month, our office will provide free hearing screenings and consultation.

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Satisfaction

Audiology Associates 1428 N. Lake Drive Prestonsburg, KY 0FFER EXPIRES 5/31/00 By Appointment The report also said that when people's fears are not allayed, any perceptible rattling is a potential problem.

There are currently 2,006 surface mines and 1,449 underground mines in the state. In 1991, 61.5 percent of Kentucky's mine operations were in full compliance with all permit conditions and state regulations.

The Kentucky Department for Surface Mining is charged with enforcing the blasting regulations on coal mine sites.

Coal mines must submit a specific blasting plan to the department if homes, schools or utilities are within 1,000 feet of the permitted areas.

Air blasts can also produce structural vibrations and rattling and similar fears of possible damage.

The coal company is responsible for repairing any blasting-related damages. It is the responsibility of the citizen to pursue damage claims through the local circuit court.

With the enactment of the Energy Policy Act of 1992 and the passage of House Bill 38 in Kentucky, mine operators must promptly replace water supplies contaminated, diminished or disrupted by mining.

Kentuckians for the Commonwealth recently presented a list of demands to the OSM and the DSMRE, asking for the full enforcement of the Surface Mining Control and Reclamation Act of 1977 that was supposed to protect coalfield citizens and their property from mining damages; protection of people, property and quality of life; trash the new post-mine land use study; access to blasting records; pre-blast surveys that will hold up in court; no more blasting waivers.

The Department for Surface Mining Reclamation and Enforcement received 269 use-ofexplosives complaints in 1997, 235 in 1998, and 294 in 1999. The office estimates that approximately 75 to 80 percent of the complaints received are damage claims.

The United States Bureau of



Lt. Gov. Steve Henry looks at what used to be the sawmill area of Baillie Lumber in Leitchfield. Eight employees survived inside the twisted and flattened building.

Henry surveys tornado damage, promises assistance to industry

Lt. governor Stephen L. Henry flew to Leitchfield on Wednesday to survey and assess damages from a tornado that touched down in the community on the previous evening.

He was accompanied by representatives from the Governor's Constituent Services Office, Emergency Services and other agencies concerned with helping the tornado's survivors get their jobs and lives back on track.

Governor Paul Patton is in Japan in the second week of an economic development mission, but was advised immediately of

the disaster.

The LL Governor's helicopter landed near the Liggett and Platt plant, which was one of those in an industrial complex where the tornado touched down and inflicted severe damage.

Dr. Henry said that one of the state's primary concerns is to get the industries back up and running so that the nearly 2,000 jobs affected could be restored. He said the effect on individuals is devastating, but a tornado also does inestimable economic damage to a community.

The Kentucky National Guard,

Kentucky Disaster and Emergency Services and several other agencies also had representatives already on site to assist, as well as the Red Cross.

Dr. Henry and his group walked through the affected industrial sites, talked with workers who shared their experiences with him, and visited the owners of nearby homes hit by the twister.

He encouraged all of them to work together to rebuild and restore, and told them that everyat Kentucky State one Government would do everything possible to assist them.

Korea

gone, but I have not forgotten. My wife and children have helped to ease the pain, my work helping others has also helped, but I have not forgotten. I still find myself crying from time to time when November and December roll around each year. It is not as bad as it once was, but it is still there. Yes, I still remember the Korean War and many of the brave young men that fought there. Some of the names I remember I can't put a face to, but I do remen

phone number to call for information. My heart was beating fast as I dialed the number and waited for the voice on the other end. When the phone was answered. I told the person who I was and the reason for the call. He told me his name was Guy McMenemy and that he had been my gunner in Korea. My heart filled with unspeakable joy at the sound of his voice. We talked for a while and he said he would send me information about the reunion and a days and told me it would be okay roster of names of all the members that they had been able to locate. The list included names, addresses and phone numbers. I set out to contact as many of them as I could put names and faces together. I was able to contact several of the men that I had fought with and the healing seemed to begin almost at once. I was excited about making plans to attend the reunion, and my family shared that excitement with me. My daughter took time off from work and she, my wife and I attended the reunion. What a joy it was to see so many of those that had shared the sacrifices, hardships of war, cold, mud, heat, rain, sorrow and pain of being in a faraway place that was so distant from family, friends and the comforts of home. and the encouragement of my dear and I will make my last move. I daughter, I endeavored to find the family of Calvin C. Grant. My daughter located two families with the last name of Grant, but they had a North Carolina address and Grant had been from the state of

Continued from p2

Virginia. The first number I called did not answer. I called the only other number I had and the lady that answered the phone was a sister-in-law to Calvin. She informed me that Calvin's wife had remarried and that she and the daughter were still living in Virginia. She stated that she would contact them for me and find out if it would be okay for me to get in touch with them. She called back in a few to call and I did Once again, I felt

Lt. governor attends conference on aging

Lt. Governor Stephen L. Henry says he will take the initiative in a call to action to help focus attention on aging issues and bring members of the senior population more and better services.

"I want a better quality of life for senior citizens," he told 300 people at the Governor's Conference on Aging held in Louisville this week.

Dr. Henry said House Resolution 80 (1996) "raised good issues, but nothing has happened." He said he has waited for the legislature to act and feels the time for waiting is past.

Six months ago, he said, he talked with Health Services Cabinet Secretary Jimmy Helton and told him, "I want to be involved with aging issues." He thanked Secretary Helton for helping with efforts to focus on the problems of the elder-

The initiative will be kicked off at the October 18 meeting of the Kentucky Nurses Association (KNA).

"This is a valuable time to move this grassroots effort forward," said Dr. Henry.

The KNA will be a lead organization joined with many different advocacy groups. Dr. Henry said he would seek involvement by the Kentucky Medical Association.

The aging population is confused about accessing services, said the lt. governor. The call to action will teach the elderly to practice basic healthcare, assist the elderly in recognizing health issues, help in accessing care and promote home safety. Call to Action volunteers will be called facilitators.

"We want to make sure we are educating our senior citizens and we need everyone's help to do that," he said.

He commented on the federal government's resistance to providing money for needs of senior citizens, and the need for an antidote for the managed care situation. Managed care is becoming more prevalent and, said Dr. Henry,

"Everyone knows it means less care for individuals and in particular children and senior citizens are victimized.

Dr. Henry also called for the creation of a special office for senior citizen services, similar to other commissions focusing on special groups. The Department for Aging

Services is now part of the Cabinet for Health Services, but Henry said health is not the only issue.

"I will commit to you on getting that done," said Dr. Henry. "It may take four years to create, but it will

(See AGING, page eight)

Lawsuit

Continued from p1

Martha Liza Mexican Imports, Martha Liza Martinez, Rosalinda Menchaca Martinez, Billy Frasure Trucking, and other unknown parties as defendants in the lawsuit. They are seeking an undisclosed amount in compensatory and punitive damages for the alleged injuries.

Risner is represented by Masten Childers and Anita Johnson of the Gary C. Johnson law firm.



ATTENTION MEDICARE and MEDICAID PATIENTS with DIABETES!!!!!!

Did you know that Medicare and Medicaid will pay for you to have a custom-fitted, hand-made pair of stylish, leather shoes every year.

You should qualify for this benefit if you have any of the following conditions:

- · Poor circulation or neuropathy in your lower extremities
- · History of foot/leg ulcers, but no active ulcers
- · Callus formation on feet caused by improperly fitting shoes

To learn more about this benefit and to be fitted for your new pair of shoes, please make your reservations now by calling 886-8306.

Make plans to attend:

SHOE DAY at Medi Home Care 1900 KY Route 321 Prestonsburg, KY 41653 Tuesday, June 6th, 2000 10 a.m. - 4 p.m.

Come join us ANY time during these hours.

The staff of Medi Home Care and Shawn Wilkerson R.N. from MedXpress will be available to answer questions and fit you for your shoes!

•PLEASE remember to bring your Medicare card as well as any other insurance cards.

METAL ROOFING & SIDING

Spring Cleaning Sale

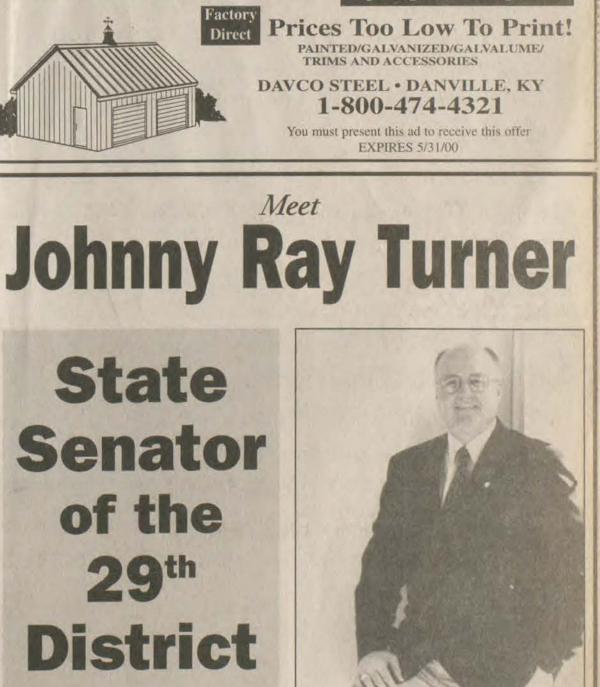
In the summer of 1999, at the encouragement of my daughter, after almost 48 years since I had last spoken to a member of my combat unit, I began an Internet search for my war buddies, in the hope that if I made contact with some of them, it would be a healing for me.

I recalled a best friend had been from South Carolina and I found his address and phone number and called. I left a message on an answering machine and waited. That evening my phone rang and at the other end a young lady informed me that the man I was seeking was indeed my friend and her granddaddy, but that he had passed away in 1997. I was saddened at the news and angry at myself for procrastinating. It was a setback for a while.

A few days later I received a call from my sister-in-law informing me of an ad in the DAV for that month about the 92nd AFA BN having a reunion at Columbus, Georgia, in October. She gave me a a little more healing and a closing to a chapter in my life that was long overdue.

Forty-eight years is a long time, but not long enough to make me forget. I can still today see some of the scenes of the Korean War as if it had been only yesterday. Once in a while it seems I can hear Lt. Turner saying, "fire mission," and hear SFC David Cowan saying into the EE8 telephone, "Number 3 is ready, SIR." Sometimes I wake in the middle of the night thinking someone has given CSMO (close stations march order).

Now I am at a place in my life, in the army of the Captain of salvation, and I will no doubt soon hear the last CSMO in this life. As a result of the unit reunion This old then will be folded up will then never hear "fire mission, number 3 is ready," nor the blast of the howitzer again. But until then, and only then, I will be unable to forget Korea, the forgotten war that I can't forget.



PHOTOGRAPHY •Outdoor Portraits Indoor Portraits •Weddings •Reunions •Cap and Gown Call 886-1237 For Special Cap and Gown Portraits

ED TAYLOR

Floyd, Knott, Breathitt and **Johnson** Counties

Archer Park Thursday, June 1st. 5:00 to 8:00 p.m.

od for by Johnny Ray Turner, Glenn Martin, Treasurer

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.



-First Amendment of the U.S. Constitution-

QUOTE OF THE DAY...

Every man's work is a portrait of himself. – French proverb

Sunday, May 28, 2000 A4

--Editorial The Unknown Soldier

The following poem was submitted by the Monroe Vanderpool Memorial Chapter 128 of the Disabled American Veterans in Martin.

There's a graveyard near the White House Where the Unknown Soldier lies, And the flowers there are sprinkled With the tears from mothers' eyes.

I stood there not long ago With roses for the brave, When suddenly I heard a voice Speak from out of the grave.

"I am the Unknown Soldier," The spirit voice began, "And I think I have the right to ask Some questions man to man.

"Are my buddies taken care of, Was their victory so sweet? Does that big reward you promised Mean being homeless on the street?

"Did they really win the freed They battled to achieve? Do they still respect the Purple Heart Above that empty sleeve?

Does the Gold Star in the window Mean anything at all? I wonder how my mother feels When she hears a bugle call?

"And I wonder if the profiteers Have satisfied their greed, I wonder if a soldier's mother Ever is in need?

"I wonder if the men who planned the wars Are ever satisfied? They played their game of checkers



—Guest Column — The security threat

The Clinton administration abandoned the sidelines and declared the global spread of AIDS threatens the security of the United States. Thus, for the first time, an infectious disease has been designated as a menace to the welfare of the government and its people.

The havoc AIDS has wrought in this country is terrible enough. Late last year, the United Nations estimated there are 860,000 cases of HIV/AIDS in North America, the majority resulting from homosexual contact.

By contrast, there are 23 million cases in southern Africa, overwhelmingly resulting from heterosexual contact. The disease is poised to wipe out the current generation of young adults aged 15 to 49 and imperil the future of the next.

Today, 6,000 men and women in sub-Saharan Africa will die of AIDS; 6,000 more will die tomorrow and every day after for the foreseeable future. Every minute, 11 people worldwide become infected with the AIDS virus; of these, 10 live in southern Africa. The consensus of U.S. government analysts is that trends now seen in Africa could be repeated, perhaps exceeded, in Southern Asia and the former Soviet Union. Some of the hardest-hit countries face a "demographic catastrophe" during the next 20 years, warns an intelligence report prepared by the analysts. It warns of dramatic declines in life expectancy, along with the risk of revolutions, ethnic wars, genocides, the destabilization of governments in developing states and the toppling of free-market democracies. All of this will affect U.S. military and trade policies and eventually the national budget.

For now, the Clinton administration is requesting \$254 million — double the previous amount to combat AIDS overseas and has created a White House task force to develop new strategies.

The administration talks a good fight but is reluctant to put its money where its mouth is. It envisions a medical and political Armageddon. Yet it is enlisting in the battle with only \$254 million. That's a lot of money in itself but pretty puny when compared with other defense measures. As one foreign policy adviser noted, the Pentagon has been known to spend more than that on a single aircraft.

AIDS is often compared to the Black Death that

Poison Pen

by Ralph Davis Managing Editor



Voters in revolt

Following the results of this past week's elections, the various pundits around the state have devoted considerable ink and airtime to analyzing each race individually. At the forefront of their attention has been our local state Senate race, which saw the defeat of 20-year incumbent Benny Ray Bailey.

While it is true that the outcomes of that race and others are interesting on their own merits, it is far more fascinating to look at them collectively.

When you do, what you will see is a wholesale voter revolt touching every corner of Eastern Kentucky.

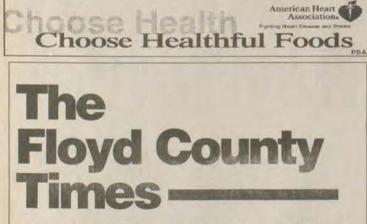
Beginning with Bailey's defeat locally, journey over to Pike County where longtime politician Wayne T. Rutherford was defeated by Keith Hall. From there, head down Route 80 to the 17th Senate district, where Glenn Freeman was beaten by newcomer Daniel Mongiardo.

Even in our own commonwealth's attorney race, there was a hint of the

And 11 million died.

"I am the Unknown Soldier, And maybe I died in vain, But if I were alive, and my country called, I'd do it all again."

- Billy Rose



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ravaged Europe in the 14th century. But that plague was almost inescapable. It was transmitted through the air people breathed and the water they drank. AIDS is a disease of behavior, a product of promiscuity. The difference is something nobody, certainly not the Clinton administration, wants to talk about.

- Reprinted from the Indianapolis Star

America and peacekeeping

It is hard to argue with the Clinton administration's position on U.S. involvement in Sierra Leone: Regional powers should take the lead in peacekeeping in the war-ravaged West African nation, and the United States should provide logistical support and financial assistance.

It also is hard not to see that the United States — along with the rest of the world — needs to take a good look at the conditions under which it will engage in peacekeeping and what kinds of contributions should be made by nations involved in these missions.

For any number of reasons, Sierra Leone is a peacekeeping mission gone bad. The seeds of this failure lay in the power-sharing agreement signed last year between Revolutionary United Front rebel leader Foday Sankoh, a convicted war criminal once sentenced to death, and President Ahmad Tejan Kabbah. The accord was supposed to end nine years of civil war launched by the RUF

The situation has further deteriorated because U.N. peacekeepers, who lack adequate communications and sufficient troops and have a limited mandate, have been struggling to keep a lid on the crisis since Nigeria withdrew the last of its troops recently Nigeria had sent the largest contingent of troops after last year's powersharing agreement, and hundreds of its soldiers have been killed attempting to keep the peace in Sierra Leone. Popular support in Nigeria for the mission has all but disappeared.

Without U.S. leadership, international peacekeeping missions cannot succeed. The United States is one of the few countries that has the ships and planes required to transport large

It is hard to argue with the Clinton adminisnumbers of troops and supplies over long distion's position on U.S. involvement in Sierra tances.

But under what conditions should we commit our forces? We got involved militarily in the Persian Gulf, Bosnia, Kosovo and Somalia. But we stayed out of the conflicts in Rwanda, Congo and other disintegrating African nations, and it is not hard to understand our reluctance to get involved. What would we accomplish? At what cost?

But the United States and all other U.N. members have a humanitarian interest in halting conflicts in which powerless civilians are being raped, mutilated and killed. And in most cases the world can intervene on the side of civilians.

In the presidential campaign, both Al Gore and George W. Bush have articulated some ideas about America's role in peacekeeping missions.

The key questions appear to be whether America should act only in its own national interests; whether peacekeeping should be mostly a regional responsibility, as it is in East Timor; whether there are strictly humanitarian reasons for deploying U.S. forces as part of U.N. peacekeeping forces.

The West African nations, led by Nigeria, appear willing to attempt to form a regional force to bring order to Sierra Leone if the West helps finance the effort. That seems the right thing to do.

And, while no one rule will apply to every peacekeeping situation, America should continue to define its role in this complicated post-Cold War world.

- Copley News Service

Letters to the Editor

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

same movement, as voters turned away former prosecutor Jerry Patton in favor of Brent Turner, an established name but a new face.

Add all of them up and you soon see a picture of an electorate rejecting the establishment in favor of new faces. And even if there wasn't a fresh face in the race, voters tended to go with the newest one available.

The meaning of such a trend could be debated and it is impossible to know precisely what motivated voters to cast their ballots the way they did.

However, it seems obvious that Tuesday's results signal a growing dissatisfaction among those who live in Appalachian Kentucky, a discontent with the ever so slow progress our region is making which runs so deep that people are hungry to try something new, anything new to see if it will make a difference.

But was Tuesday's election a brief tantrum, a one-time warning sent to both those officeholders who survived and those who rose to power that things had better change? Or was it the signal of an even greater shift in the electorate, one which will make its effects felt in coming years?

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Only time will tell.

Read a piece the other day by a writer who asked the question, if money buys elections, then why is voter turnout so low? Obviously, that's dig at the vast majority of folks who would like to see the political process cleaned up by taking big money out of the picture.

On the surface, the question appears to expose a flaw in the logic of calling for campaign finance reform. Unfortunately, like most rhetoric, it addresses a fairly complex problem far too simply.

For one thing, no one has ever claimed that excessive campaign spending brings more voters to the polls. In fact, most of the time it does quite the opposite, since such large sums of money are generally used to finance highly negative television campaigns.

We can all identify with that. After watching a particularly brutal campaign in which the candidates tear each other

(See POISON PEN, page five)

Stumbo student adds to call for improvements

To the people of Floyd work with the County:

Hi my name is Denise Hall and I am a sixth grade student from Stumbo elementary. I am writing to voice my concerns about our school. I saw what was published in the paper by one of My friends. Miss Brittany Mitchell, and I agree with every word that she said plus I have a little more to add. As I read what Brittany wrote, tears came to my eyes because of the awful shape our school is in. I know with all of my heart that I alone cannot help the situation, but with the faculty, staff, students, the board of education, and the community behind me, I think that maybe we can help in some form or another

1 play basketball and volleyball, and I participate on the academic team and the schools that I have been to don't even compare to Stumbo. Some schools have two floors when ours just has one. Other schools have lockers when we have nothing. There are many differences between Stumbo and schools like South Floyd, Betsy Layne and Allen.

At basketball games I have seen many close injuries due to She fact that Stumbo's gym is very small. Recently our PTO raised enough money to buy bleachers, but they are dangerously located right on the sidelines. How could the coaches expect their players to give 110 percent and hustle when the risk of injury is at stake! In volleyball, due to the fact that we did not have padding over our volleyball equipment, we were not allowed to have any games at our school. Therefore, our season was cut short. The academic team has had the same buzzers for at least 10 years. It takes up at least 30 minutes of our practice time because we have to

buzzers. Therefore we are not that prepared when it comes meet time. It really makes people wonder

why one school can receive money to build a football field. when Stumbo needs a new gym and remodeling done to the entire school.

Prestonsburg High School just recently received so much money to build a new football field when we need that money to remodel Stumbo and get it somewhere near the other schools in Floyd County.

The gym serves more than one purpose for us here at Stumbo. It serves as an auditori-

um, gym, and cafeteria.

In the gym, there is a small sports equipment room, which is known to all the ballplayers as a locker room. The visiting team's locker room is a classroom and bathrooms. It's not much of a choice but it is all Stumbo has to offer.

Each day when the bell rings to change classes, the students have to lug around six books plus any notebooks, bookbags or purses. We don't have a place to keep these books or any other items.

how bad John M. Stumbo recall in the Governor's Cup. We

stand what Stumbo's students have to deal with for seven hours each day, for 175 days out of the year, would be to enroll as a student here at Stumbo.

Stumbo is one of the best schools athletically and academically, considering what we have to work with. Our A-team mustangs won the 1999-2000 Floyd County Basketball Championship, the Lady Mustangs volleyball team won the Floyd County Volleyball Championship, and the academic I could go on for hours about team placed second in quick Elementary's condition is, but are very proud of our accom-

the only way you could under- plishments this year, but we think if we are going to continue to excel in athletics and academics, then we need the proper facilities and equipment to work with.

> I hope that the people who read this feel that something needs to be done about this school and help support us in our fight with the Floyd County Board of Education to update Stumbo Elementary.

Thank You,

Denise Hall A sixth-grade pupil of Stumbo Elementary. Grethel

How to really find what you need on the web

(NAPSA)-According to a recent study conducted by the NEC Research Institute, Inc., the World Wide Web contains 1 billion pages. How do you find the information you need? To help sort through it all, many Internet users turn to search engines. But people complain that search engines return too many disorganized, irrelevant results. Some search engines are now using humans to help searchers navigate the Web. But can human beings accurately and efficiently search and retrieve 1 billion Web pages for the millions of people who search the Web every day?

One search engine claims that a more automated approach is necessary to fulfill adequately the needs of serious searchers. North ernLight.com uses both human and artificial intelligence to prioritize and organize search results into what it calls Custom Search Folders, to provide users with the most relevant results from their searches. Their theory is that while ideal, the all-human approach to Web searching can't possibly accommodate millions of searches a day.

Joyce Ward, Vice President of Custom Search Folders, which Editorial Services for Northern organize the user's results into sim-Light says, "Northern Light's approach imitates the reference librarian asking clarifying questions, but doesn't require users to

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There's a search engine that could help many people find what they need on the Web.

constantly rephrase their queries. Furthermore, our solution is automated and can therefore support millions of queries a day."

Ms. Ward, a librarian herself, continues, "Northern Light asks the reference librarian's 'clarifying questions' in the form of the ilar groups. A folder may group all documents that meet the search criteria and are about a specific subject or from a particular Web site."

Using patented classification technology, the little blue custom folders try to point users to exactly what they are searching for. For instance, if you do a search on the word "taxes" you might receive over 6 million results. Since Northern Light doesn't know which aspect of taxes interests you most, it will give you options from which to choose such as Internal Revenue Service (IRS), Government sites, or Accounting. It's almost as if the search engine is asking you "Is this what you had in mind?", much like a reference librarian might. You then click on the folder you want and the search engine presents a new results list of just the information relevant to that folder, narrowing your results considerably and saving you valuable time.

Northern Light has a very specific mission for their search engine. David Seuss, Northern Light Technology, Inc.'s Chief

Executive Officer, explains "As we approach the billion-document age, it is essential for search engines to develop new tools for effectively navigating this overwhelming wealth of information. While other search engines are dumbing down and developing their online shopping features, we are maintaining our singular focus on building the best search engine anywhere."

According to many searchers and industry insiders, the user comes out on top when using Northern Light. As the size of the Web grows, so does the frustration people experience at trying to find useful information. In this age of "information overload," Northern Light.com's approach to Web searching just might be the answer so many Web searchers are looking for.

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Mae Noe 1914-1996

God saw you were getting tired, a cure was not to be. So he put his arms around you, and whispered come with me.

With tearful eyes we watched you and saw you fade away,

Although we love you dearly, we could not make you stay.

A golden heart stopped beating, hard working hands to rest.

God broke our hearts to prove to us, He only takes the best.

In life we miss you dearly, In death we love you still, In our hearts you hold a special place,

No one else could ever fill.

Happy Birthday Your sister Billie and Hubert

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Weddings • Engagement • Anniversary

Water, water everywhere: test your flood IQ

Warnings about the impending storm fill the airwaves and flood advisories are issued, cautioning the public. Despite last-minute efforts. your home is submerged in floodwater. Damage immeasurable and the relief funds you expected turn out to be loans that you'll have to pay back. Suddenly, you're left low on funds and you feel hopeless. Had you only known, you would have been prepared.

(NAPSA)-Flooding is the most common and widespread natural disaster, caused by hurricanes, runoff from melting snow and heavy rains. It can occur just about anywhere, anytime. And yet, most Americans are still unprotected against flood loss. Whereas no one can prevent flooding, the National Flood Insurance Program (NFIP), a part of the Federal Emergency Management Agency (FEMA), wants to lower your risks by raising your Flood IQ. What is the National Flood Insurance Rogram? A federal program enabling property owners to purchase insurance protection against losses from flooding. This insurance is designed to provide an alternative to disaster assistance to meet the escalating costs of repairing damage to buildings and their contents caused by floods. What is a flood? The Standard Flood Insurance Policy defines a flood, in part, as a general and temporary condition of partial or complete inundation of normally dry land areas. Flooding is caused by overflow of inland or tidal waters or by the unusual and rapid accumulation or runoff of surface waters from any source. It must affect either two or more adjacent properties or two or more acres.

insurance policy is less than \$350 per year for more than \$120,000 worth of coverage. However, for homes in lower risk areas, a flood insurance policy is available for significantly less. About 25 percent of all NFIP flood insurance claims come from low-to-moderate-risk areas.



walls, floors or ceilings, or personal belongings that may be kept in a basement, such as furniture and other contents, it does cover structural elements, essential equipment and other basic items normally located in a basement.

How much coverage can you purchase? Homeowners can get up to \$250,000 of structural coverage and businesses up to \$500,000. There is separate contents coverage, up to \$100,000 for residential and \$500,000 for nonresidential dwellings, so renters can get flood insurance, too.

What does insurance cost and what does it ever? The average premium for an NFIP flood Knowing how to prepare for a flood may help homeowners to keep their head above water in an emergency.

National Flood Insurance is available for homes, condominiums, apartments and commercial structures, as well as for their contents. It is sold through the more than 90 participating insurance companies that write and service policies through a special arrangement with the Federal Insurance Administration, as well as through thousands of insurance agents throughout the country. While flood insurance does not cover basement improvements, such as finished

How do I file a claim? Contact the insurance agent who wrote your policy to file your flood insurance claim. Flood insurance claims are paid, even if a disaster is not declared by the President, reimbursing you for all covered losses. In filing a flood insurance claim, you can request a partial payment immediately. Flood insurance claims are paid from policyholder premiums, not taxpayer dollars.

What's the difference between disaster assistance and flood insurance? Typically, federal disaster assistance is a loan that must be paid back with interest, and is only available if the President declares a major disaster. Moreover, the average duration of a Small Business Administration disaster home loan is 20 years. On the other hand, flood insurance pays for all covered losses and is not a loan that has to be repaid. The annual cost for flood insurance is about the same as the monthly payment on a disaster home loan.

For more information about NFIP, ask your insurance agent or company, visit the website at www.floodalert.fema.gov or call the NFIP's tollfree number at 1-888-CALL-FLOOD, ext. 445.

Let your family and friends know!

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Editorial: Run first time free! Advertising: Run again for only \$45.00 in either Wednesday, Friday, or Sunday Edition

Pikeville Regional Technology Center Offers Nurse Aide Class

Pikeville Regional Technology will be offering an 8-week Nurse Aide Class. The classes will be held each Tuesday, Wednesday, and Thursday, from 6 p.m.-9 p.m. The class will begin June 13, thru August 11, 2000.

The classes will be held at the Pikeville Regional Technology Center, 120 South Riverfill Drive, Pikeville, Ky.

Call now to register, space is limited. Local number 218-2060 Very reasonable costs.

Kentucky schools get learning centers funding

FRANKFORT - Ten Kentucky schools, school districts and educational cooperatives will receive more than \$6 million in funding under the U.S. Department of 21st Century Education's Community Learning Centers (CCLC) Program.

The program allows schools to stay open longer to provide learning opportunities for children and adults and offers youth tutoring and homework help; academic enrichment; college prep activities;

Poison Pen

from limb to limb, who among us is overly enthusiastic about selecting between the combatants?

Some of us hold our noses and make a choice anyway, but a growing number of people refuse to associate with such nastiness and skip going to the voting booth altogether.

That creates a situation which can easily be manipulated by the special interests who fund such campaigns. By driving down the turnout percentage, candidates can focus on getting smaller groups of people to the polls - core constituencies and one-issue voters who make all their voting decisions based on one topic, such as guns, abortion or taxes, rather than look-

Continued from p4

ing at the entire picture. In other words, ungodly sums of money in campaigns corrupts the electoral process by driving down the vote, meaning fewer actual votes are needed to win.

While that scenario may be more efficient for the campaigns themselves, any strategy which predicates its success on placing voting decisions in fewer hands is a cancer on the American political process.

Of course, we could always take the simple approach, too, with a question of our own for the antireform crowd:

If campaign spending is free speech, why is it that the more money that is spent, the less we hear about the issues?

enrichment including chorus, band, drama and the arts; technology education; drug and violence prevention counseling; supervised recreational opportunities; and services for youth with disabilities.

The USDOE received more than 2,000 applications requesting a total of about \$1.3 billion for grants under this competition.

About \$185 million was available for funding highly-qualified applications for first-year funding of the three-year grants.

The districts or cooperatives and their estimated first-year funding are Elizabethtown Independent Schools, \$518,442; Green River Educational Cooperative Inc., \$912,000; Hickman County Schools, \$961,630; L. C. Curry Elementary (Bowling Green Ind.), \$220,745: McCreary County Schools, \$814,645; Metcalfe County Schools, \$596,353; Ohio Valley Educational Cooperative, \$768,000; Rockcastle County Schools, \$344,471; Russell County \$400.358: Schools, Schools, Whitley County \$499,411.

The focus of this program, authorized under Title X, Part I, of the Elementary and Secondary Education Act, is to provide expanded learning opportunities for children in a safe, drug-free and supervised environment.

About 1,600 rural and inner-city public schools in 471 communities - in collaboration with other public and non-profit agencies, organizations, local businesses, post-secondary institutions, scientific/cultural and other community entities - are now participating as 21st Century CLCs nationwide.

For additional information, go to http://www.ed.gov/21stcclc/.

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COMMUNITY CALENDAR

Calendar items will be printed as space permits

Editor's note: As a service to the many clubs and committees that meet in our community. The Floyd County Times' Community Calendar will post meeting and public service announcements, Articles for the Community Calendar must be submitted in writing to The Times no later than 5 p.m. Monday for Wednesday's publication, 5 p.m. Wednesday for Friday's publication, or 5 p.m. Thursday for Sunday's publication. These cannot be taken over the telephone.

Plan for camp

The McDowell Family Resource Center has applications for summer camp at Camp Shawnee in Prestonsburg. Several different camps are being offered throughout June and July, including several overnight camps for ages 9-11, 12-14, 10-12, and 7-13. There are both day and overnight camps for 6-8 year olds. Registration fee is \$10. Parents who are interested or want more details should call the Center, 377-2678 or send a note with your child to pick up an application.

McDowell FRC activities told

McDowell Family Resource Center will have an Advisory Council meeting on June 1, at 6 p.m. in the Resource Center.

Parents who have not scheduled their fifth grade student's school physical should call immediately, 377-2678. A child cannot go on to the sixth grade without this physical and a booster, if needed. The nurse is at the McDowell Family Resource Center only on Mondays. Her appointments

The "Word" for the Week ... Making changes

by Dr. DENNIS J. PRUTOW STERLING, KANSAS

Sometimes we think there is no way to get there from here, from where we stand. The hurdles seem insurmountable. Old habits stubbomly cling to us. We just don't seem to be able to shake them. Sin has the upper hand. What's wrong? Is it supposed to be this way?

First, look at Romans 6:14. "Sin shall not be master over you, for you are not under law but under grace." People receiving the grace and mercy of God are not attempting to prove they are able to make the grade. These people know they cannot make it to heaven on their own merit. They are not under law but under grace.

In this status, the Bible declares, sin is not your matter. You have a new King. His name is Jesus. "Jesus is Lord" (Romans 10:9). Sin remains. It no longer reigns. Since this is the case, you are able to break old habits and form new ones. It is possible. It takes a lot of persistent practice. Here is a second word. "Just as you presented your members as slaves to impurity and to lawlessness, resulting in further lawlessness, so now present your members as slaves to righteousness, resulting in sanctification" (Romans 6:19). Practice the things pleasing to God. Do them over and over again. By the grace of God, change will result.

should contact the center.

The center will be open during the The South Floyd Youth Services summer months if a child or family is The center will be hosting summer

ext. 243.

activities for students enrolled at McDowell. Week One (July 10-14) is Nutrition Week provided by Our Lady of the Way Hospital and Floyd County Health Department. The remaining two weeks have not been finalized, but should be within the next few weeks.

fill up quickly.

in need of assistance.

GE, classes are offered at the center each Monday from 8 to 11:30 a.m. The classes are free.

Election slated at SFHS

SBDM Parent Election for South Floyd High School will be held on Tuesday, May 30, from 7 a.m. to 7 p.m., in the Foods Lab. Parents of 8th grade, freshmen, sophomores, and juniors are eligible to vote. Candidates for available positions are as follows: Jamie Justice Cornett, Debby Engle, Eddie D. Hall, Dickie Skeens, and Gene Tackett.

South Floyd High walking track

Walking track at South Floyd High School is open to the general public 7 a.m. until 5 p.m. It is closed during special events. The Family Resource center is sponsoring several guest presentations. Contact the center for time and subjects. The center has a One Stop Career Station satellite, available to the community as well as to students. Stop in Monday-Friday, 8 a.m.-3 p.m. Anyone interested in Adult Education Center is located on South Floyd's campus In room 232. For more information contact Keith Smallwood or Mable Hall 606/452-9600, ext. 242 or

Juvenile justice is conference topic

A live teleconference on "How Shall We Respond to the Dreams of Youth" will take place June 7 from 3:30 to 5:30 p.m. at the Mountain Arts Center. This live national satellite link will be hosted by the Office of Juvenile Justice and Delinquency Prevention and provided by the Centernet network.

The videoconference will be the culmination of a two-day National Juvenile Justice Summit in Washington, DC. To reserve a seat, for which there is a small fee, call the MAC at 606/889-9125.

Water workshop

is June 3

A Watershed Watch Training program will be conducted Saturday, June 3, from 9 a.m. to 3 p.m. at the Campbell Science Building at Prestonsburg Community College. The training is for persons interested in monitoring waterways in the area, as part of the Big Sandy River Watershed Watch

Cathy Neeley of the East Kentucky Center for Science, Mathematics and Technology will lead the morning session. Two sessions are slated for the afternoon, one for experienced watershed watchers and the other for new volunteers.

To register, call Dr. Tom Vierheller at 606/886-3863, ext. 316; e-mail Thomas. Vierheller@kctcs.net, or visit the website. http://kywater.org/watch/bsr.htm

Parents can

claim clothes Shirts and jackets that belong to stu-

dents have been brought to the Youth Service Center at Allen Central Middle School. Parents can come in between 8 a.m. and 3 p.m., Monday through Friday, to claim their children's clothing. If not claimed before school is out, the clothing items will be given to the needy.

 May 26 — 5th Dinner and Dance June 2 — 5th grade DARE picnic Fridays: GED classes, 8:30-11:30 a.m. Full-time summer child care program. Call 886-0815.

Woodcarvers plan club

Plans are underway for starting a woodcarvers club in eastern Kentucky. The purposes would be to share ideas on marketing, materials and tools. There would be a chance to learn other types of carving and to organize a yearly show. If you are interested, call Sr. Judy Yunker, at 606/886-9624, and leave name and number.

Memorial service

The Floyd County Retired Teachers Association will hold its annual memorial service for deceased retired teachers Thursday, June 1, at the Josie Harkins schoolhouse at Jenny Wiley State Resort Park. Registration will begin at 10 a.m. This service is open to the public.

P'burg Elementary

schedules SBDM meet

Prestonsburg Elementary School will hold its regularly scheduled SBDM council meeting in the school auditorium on Monday, June 5, at 6 p.m.

McDowell FRC activities

GED classes are offered each Monday from 8 to 11:30 a.m. at the McDowell Family Resource Center. These classes are free and are taught by Linda Wallen with the David School.

Floyd County Health Department nurse, Joy Moore, is at the Center each Monday to see patients. If you have a child enrolled in the fifth grade at McDowell Elementary and have not scheduled an appointment for a physical, call 377-2678. Your child cannot go into the sixth grade without this physical.

Health Fair for McDowell Elementary will be May 26.

Parents interested in any or all these programs and would like more information, call the 377-2678.

Computer classes offered The Adams Middle School Youth Services Center and Clark Family Resource Center are offering free computer classes for any parent or community member who would be interested in attending. Call 886-9812 for more information.

Mental health is conference topic

Kentucky River Community Care will host the fourth annual Mental Health Consumer Conference on June 15, at Knott County Central High School in Hindman. Speakers will include representatives from Mental Health Advocacy Groups and Sen. Benny Ray Bailey. For more information and registration form, call 606/785-0961 between the hours of 8 a.m. and 3 p.m. (Monday-Friday). Preregister by June 5.

Support group forming

Persons interested in starting a Scleroderma support group may call Phyllis Centers at 606/285-3437.

Support for former addicts

As recovering addicts, we have found it is possible to live without the use of drugs with the help of Narcotics Anonymous. If you are still using and can't stop, we can help. Give yourself a break. Call 886-6760, 886-9167 or 1-888-987-7700 for more information.

Martin High alumni

Mark your calendar now for Martin Purple Flash Bash, 2000 on Memorial Day weekend, 2000. This will be perhaps the last Martin Purple Flash Homecoming. The event will begin on Friday evening and end Saturday night with the alumni dance.

You or someone you know can't stop drinking

Alcoholics Anonymous is willing to help. For more information, call 1-800-

467-8019.

Al Anon: For support and understanding of the disease-meets, 8 p.m., Saturdays, at the Presbyterian Church in Prestonsburg. (Alanon is for family members of alcoholics).

Depressed Anonymous

Are you feeling lonely, hopeless and trapped in a self-constructed prison and can't overcome it or get out? This support group is not for those people who need it but for those people who want it. We understand. For more information, call: Randall, 886-0483; Jim, 886-3027: Jane-886-8219; Sue-789-8712.

G.E.D. classes

Linda Bailey of the David School will teach GED classes at the James A. Duff Family Resource Center each Thursday from 12:30 p.m. to 4 p.m. Classes are free. If you need more information, call Judy Handshoe, at 358-9878.

PHS SBDM council meeting

The Prestonsburg High School SBDM council will have a regular meeting on Thursday, June 1, at 5 p.m. in the library.

Clark Family **Resource** Center

We are now scheduling appointments for physicals for children entering kindergarten in the next school year. Also, we have appointments available for 5th grade students entering 6th grade. Call the center at 886-0815 for more information.

GED Classes: Fridays, 8 a.m.-11:30 a.m.

Child abuse prevention

When children witness the abuse of a parent, they are more likely to repeat the behaviors in their own relationships. If you are being abused, think of

(See CALENDAR, page seven)

REGIONAL OBITUARIES

Pike County

Duran France, 70, of Pikeville,

Clark FRC lists activities

Appointments are being scheduled for physicals for children entering kindergarten next year and for fifth graders entering sixth grade.

• May 31 - In-school Girl Scouts, K-3

Rev. Marvin E. Hylton Jr., 29, of Hellier, died Tuesday, May 23, at his home. He is survived by his wife, Freda Bartley Hylton. Funeral services were conducted Thursday, May 25, under the direction of Bailey Funeral Home.

Brenda Fern Looney Damron, 52, of Harless Creek, died Tuesday, May 23, at Stanton, the result of injuries sustained in an autombile accident. She is survived by her husband, Nelson Damron. Funeral services were conducted Friday, May 26, under the direction of Lucas & Hall Funeral Home.

Colbert Darnell Jr., 75, of Chesapeake, West Virginia, died Sunday, May 21, at his home. He is survived by his wife, Lois Darnell. Funeral services were conducted Wednesday, May 24, under the direction of Casdorph & Curry Funeral Home.

Columbus Carroll, 78, of Shelbiana, died Monday, May 22, at his home. He is survived by his wife, Phyllis Hopkins Carroll. Funeral services were conducted Thursday, May 25, under the direction of Bailey Funeral Home.

died Wednesday, May 24, at Central Baptist Hospital in Lexington. He is survived by his wife, Shirley Arlene Drake France. Funeral services were conducted Saturday, May 27, under the direction of Lucas & Hall Funeral Home.

Freelin Marcum, 62, of Oak Hill, Ohio, formerly of Hatfield, died Wednesday, May 24, at his home. He is survived by his wife, Ethel Burnett Marcum. Funeral services were conducted Saturday, May 27, under the direction of Hatfield Funeral Chapel.

Darwin Woods

Darwin Woods, 79. of Prestonsburg, died Thursday, May 25, 2000, at Highlands Regional Medical Center, following an extended illness.

Born on May 23, 1921, in Floyd County, he was the son of the late George and Mary Branham Woods.

He was retired coal miner, a member of U.M.W.A. 5899, Wheelwright, and a member of Goble-Roberts Freewill the Baptist Church.

He is survived by his wife, Sarah Elizabeth Lewis Woods.

Survivors include five sons, Carl Douglas Woods and Larry Woods, both of Pikeville, Darwin Woods Jr. of Bevinsville, Darrell Woods of Dayton, Ohio, Mark Woods of Prestonsburg; one daughter, Janice McKay of Columbus, Ohio: one sister, Dorothy Hall of Marion, Ohio; 13 grandchildren and 12 greatgrandchildren.

Funeral services will be conducted Sunday, May 28, at 1 p.m., at the Nelson-Frazier Funeral Home, with Paul Coleman and Belmont Johnson, officiating.

Burial will be in the Davidson Memorial Gardens, at Ivel, under the direction of the Nelson-

Ed Hall

THART

Ed Hall, 75, of Allen, died Thursday, May 25, 2000, at Highlands Regional Medical Center, Prestonsburg.

Born on April 21, 1925, in Ligon, he was the son of the late Riley Hall and Florence Hall. He was a retired truck driver, formerly employed by Standard Oil, Allen; a U.S. Army World War II veteran; a member of John W. Hall Masonic Lodge No. 950; a member of Allen Baptist Church; and a member of the American Legion and Amvets.

He was preceded in death by his wife, Mary Marie Hall.

Survivors include one son, Danny Hall of East Point; three daughters, Mary Sue Dillion of Vermillion, Ohio, Edmona Calhoun and Thelma Jones, both of Allen: four brothers, John M. Hall of Lexington, James Riley Hall and Fred Hall, both of Allen, Troy Hall of Somerset; three sisters, Fennie Cresswell of Ashland, Fannie Goble of Allen, Annie Gunnels of Panama City, Florida; 12 grandchildren and 9 great-grandchildren.

Funeral services will be conducted Sunday, May 28, at 2 p.m., at the Hall Funeral Home Chapel, Martin, with Clergymen Wayne Burch and Arnold Turner Jr., officiating.

Burial will be in the Riley Hall Cemetery, Allen, under the direc-

Esmer "Duck" Robinson

Esmer "Duck" Robinson 80, of Dry Fork Greasy Creek, Pikeville, KY. died 5:40 p.m. Friday, May 26, 2000 at Pikeville Methodist Hospital.

Born March 7, 1920, in Pike County, KY. He was the son of the late Eline Adkins Robinson and John Buck Robinson. He was a retired Coal Mner of Republic Steel and was a member of the U.M.W.A.

He is survived by his wife Bulah Mae Coleman Robinson

Other survivers include his five sons, Gerald Allen Robinson of Pikeville, KY, Rell K. Robinson of Pikeville, KY, Freddy Ray Robinson of Shelbiana, KY, Tony Robinson of Pikeville, KY and Palmer Keith Robinson (Deceased); daughter Brenda Carol Coleman of Betsy Layne, KY.; brother Ersel Robinson of Pikeville, KY,; sister Orbie Counts of Wheelwright, KY;; six great grandchildren and three great-great grandchildren

Funeral will be held 11:00 a.m. Monday, May 29, 2000 at J.W. Call & Son Funeral Home. Ministers Hiram Adkins, Windell Hamilton, Clayman Adkins and others There will be visitation after 6:00 p.m. Saturday May 27, 2000 at J.W. Call & Son Funeral Home. There will be services each evening at 7:00 p.m.

Burial will be at Johnson Memorial Park at Pikeville, KY. under the direc-San - CITTI Call C. Can Fringers I

Sunday, May 28—Gospel Sing at 7 p.m. Drama: 8 p.m.

Location:

JUDGMENT

The Outdoor Drama

TH

Praise Assembly

and

Outreach

Presents

Good News Evangelistic

Praise Assembly parking lot, located at 23 & 80 Junction, Prestonsburg, Ky. If raining, drama will be moved indoors at the church. Pastors J.M. & Donna Sloce and the congregation invite everyone to join them on this special night.

Continued from p6

Calendar

who may be affected the most by the labuse, you or your children? "Love Doesn't Have To Hurt," call the Big Sandy Family Abuse Center at 886-6025 or out-of-the-area 1-800-649-16605. There are options available to you to stop the abuse.

Floyd County 4-H programs 2000 summer camp

Flovd County 4-H'ers will be camp-

ing at the Diederich 4-H Camp, July 24-28. Fee is \$80. Camp applications have been distributed during club meetings, but can be obtained by calling the Floyd County Cooperative Extension Service at 606-886-2668. Registration deadline is July 15.

Little Rosa Church asks

for yard sale items

Little Rosa Church of New Salem Association is asking for re-usable vard sale items, for their ongoing rummage sale. Benefits go to building a church building. Call 377-6887, 377-2056, 377-6418 or 377-6076.

Pikeville High School announces 85th

reunion

The Pikeville High School Alumni Board has announced "Celebration 2000," the 85th Reunion for PHS Alumni and Friends. The 85th Reunion will be held on July 28-30, at Pikeville High School. The centerpiece of Celebration 2000 will be a musical depiction of the changes over the decades at PHS. If you are interested in working in this musical production,

contact Modena Sallee, Pikeville High School, 120 Championship Dr., Pikeville, KY 41501 or call 606/432-0185 and ask for Sandra Branham. Assistance in developing sets/costumes/music and acting parts is needed.

Mission statement

The SBDM council of Clark Elementary School accept that all children can learn. We endeavor to make our school the focus of our community and to make our children the focus of our school. Through nurturing love of learning and respect for individuals, we hope to prepare our students to become contributing members for the community.

Domestic violence

Domestic violence tends to be a pattern within a relationship, rather than something that only happens once. If you are being abused by an intimate partner, or if you know of someone who is, give them this number 886-6025 or 1-800-649-6605, call and discuss ways to break the pattern of domestic violence, don't become just another statistic.

Pikeville Methodist Hospital May 1-31-Free Speech and Hearing

Screening all month long during Pikeville Methodist Hospital's celebration of "Better Hearing and Speech Month". Call 437-3507, ext. 3444 to schedule your appointment.

May 30-Pikeville Methodist Hospital will host an educational meeting for area Medicare beneficiaries addressing major issues such as health care availability, quality of care, Social Security issues, Long Term Care, durable medical equipment and other areas in which Seniors may be experiencing difficulty. The Medicare Partners meeting will begin at 10:30 a.m., include lunch for participants, and end at 3 p.m. For more information, contact Pikeville Methodist Hospital's health educator at 606-437-3525.

June 2-The Leonard Lawson Cancer Care Center would like to invite you to the National Cancer Survivor's Day celebration to be held in the Pikeville City Park from 2 until 4 p.m. A cancer survivor is anyone who is living with a history of cancer from the time of diagnosis through the remainder of life. For more information, contact the Leonard Lawson Cancer Care Center at 437-3500, ext. 3822.

June 6-Learn more about epidural

use self-propelled mower that has a 2-in-1 system to mulch and bag.

type of grass you have, because

each species requires a different

cutting height-from 1" to 3." Cool-

season grasses, such as Kentucky

bluegrass, grow upright and require

a higher cutting height. Warm-sea-

sle, but in the long run it helps the

environment, and the health and

appearance of your lawn," says

improve the fertility of the soil and

the color of the grass. A mulching

mower such as the Yard-Man by

MTD 979L with a Supreme

MulchTM, 21" high vacuum deck

provides finely cut clippings, which

fertilize your lawn one or two times

If you don't mulch regularly.

rapidly decompose.

Mulch the grass clippings to

Schultz.

Make sure you know what

anesthesia during an Epidural Class at 7 p.m. at the Education Center, located in the Wallen & Cornette Building. Pre-register by calling 437-3938.

Earn while you learn

The Big Sandy Area Community Action Agency is taking applications for the senior training program. You must be 55 years old, or older to apply. For further information, call 606/886-2929. Ask for Tammy Jervis.

The program's primary goal is to create employment for those 55 and over. SCSEP helps prepare older workers to compete for jobs by providing minimal training and placing eligible applicants into permanent employment. Training sites are expected to develop the participant's skill and hire or release them.

Revive your lawn with terrific tips from landscaping expert Warren Schultz lawns. The Yard-Man by MTD per year. 559K is an example of an easy-to-



son grasses like Bermuda grass require a lower blade height setting. (NAPSA) - It's the perfect time Avoid sharp turns, which can to think about getting your lawn in scalp your lawn. The Yard-Man by shape for the lawn care season. MTD D604G riding lawn tractor Warren Schultz, author of "A Man's has a TightTurn® capability that Turf: The Perfect Lawn," and MTD provides increased maneuverability Products Inc, the manufacturer of around trees and flowerbeds. Yard-Man by MTD lawn care Sharpen or replace your equipment, have created a handy mower blade every two months. guide for lawn owners. "Consumers Mow only when grass is dry should make sure right now that and never remove more than onethey have the right equipment and third of the grass blade. know-how, if they want to improve The importance of mulching and beautify their lawn this year," "Mulching may seem like a has-

A Helpful Guide to a Beautiful Lawn

says Schultz.

Mowing the lawn is more than a Saturday morning ritual

"Too often homeowners view lawn mowing as a chore to hurry through, not realizing different lawns require different methods," says Schultz.

Only use a riding lawn tractor for yards that are one acre or larger, and a push mower for smaller

Watering is a Science

"A common error in lawn care is over or under watering," according to Schultz. "Knowing how much to water, and when, is one of the most important steps for a beautiful lawn.

During the driest period of summer, apply 1" of water every week in the early morning.

Most sprinklers need to run approximately four hours in one spot to provide 1" of water.

If water runs off the lawn before 1" is applied, turn the sprinkler off, let the water soak in, then continue watering.

Appearance is everything

"Landscaping is a fruitless effort unless you take the time to save your grass from growth-stunting debris like leaves and sticks.' advises Schultz.

Try using one machine that has chipping, shredding and vacuuming capabilities, such as the Yard-Man by MTD 020D for quick and easy maintenance.

For more tips on how to keep your lawn looking its best, check the Yard-Man Web site at www. yardman.com. For the complete story of the American lawn, look for A Man's Turf: The Perfect Lawn (Clarkson Potter, 1999, \$35.00 hardcover, \$24.95 paperback) at your local bookstore.



Prestonsburg Mayor Jerry Fannin had dinner with his grandmother Mindy Crider during Riverview Nursing Home's pig roast on May 19. The pig roast was part of National Nursing Home Week. Crider said, "Jerry is a good boy, or he is when he's around me.'



photo by Willie Elliott

internet are tumbling down

Web can be a lonely place. Jumping from site to site is an individual thing, difficult to share with other users. Chat rooms, on the other hand, provide that sense of community, and unite people with common interests, but these freeflowing dialogues can monopolize a user's attention, making it near impossible to browse the web at the same time.

Fortunately, there's free software available online that combines the features of chat rooms and web browsers to create "dynamic roaming communities" on the Internet. Now every website can be a chat room, as users are able to converse with one another as they surf the Net.

One example of this kind of "freeware" is Gooey, a program that creates a dynamic, real-time forum for communicating with others. Gooey allows web surfers to see who else is visiting the same Internet site and communicate with them instantly-this roving Internet platform for communications, entertainment and information transforms web browsing into a social activity.

While you surf and chat you can also view streaming video. Right now Gooey features channels such as

(NAPSA) – For many Internet users, the World Wide Bloomberg News and Fashion TV. This access to continuously updated headlines allows users to keep current on the latest activity in world news, business, sports and technology. By clicking on the headline, users can launch a separate browser window and view the full text of the story.

The buddy lists create a sense of community by making it possible for users to communicate with one another regardless of their web location. Like traditional instant messaging, users are notified when people on their buddy lists have logged onto the web. In addition, the software features a "reverse list" option, where users can see on which other lists they appear and, if desired, take themselves off.

We believe with our buddy list capability, news updates and streaming video. Gooey truly centralizes all of your Internet communication and information gathering needs," said Shai Adler, co-CEO of Hypernix, the company that developed the software. "Gooey empowers Net users to transform the relatively static, solitary experience of surfing the Web into a more enriching, interactive and fun one."

You can download Gooey free at www.gooey.com.

Jefferson, E'town faculty to serve on KCTCS board

LEXINGTON - Faculty members in the Kentucky Community and Technical College System (KCTCS) have elected peers from Elizabethtown Technical College and Jefferson Community College to represent them on the KCTCS Board of Regents for the next three years.

The 14-member Board of Regents includes eight regents appointed by the governor and six elected to represent students, faculty and staff. Staff regents will be elected soon.

KCTCS faculty recently elected Penny Logsdon of Elizabethtown and Dr. Jack Hanel of Jefferson, Hanel was re-elected. Logsdon will replace Mayo Technical College faculty member and interim director Bobby McCool, who did not run for re-election

Kentucky chairs the KCTCS Board Logsdon said. "As a representative of of Regents. She said: "We welcome the technical college faculty, I want to Dr. Hanel back to the board; he has communicate with the people I would

provided valuable leadership over the be representing. ... My main goal will last three years. We look forward to be to have input from a majority of working with Ms. Logsdon as well, and the board thanks Bobby McCool for the hard work he has put into representing technical college faculty."

Logsdon serves as radiography instructor and program director at ETC. She is a member of the American Society of Radiologic Technologists, Kentucky Society of Radiologic Technologists, and Association of Educators in Radiologic Science.

She earned her bachelor's degree in allied health education from Western Kentucky University. She also has a Rank I professional certification and is a registered radiograph-

"I think communication is the key Martha C. Johnson of northern element in making KCTCS strong,"

faculty members in order to represent them in KCTCS matters."

Hanel is a full professor who teaches psychology at Jefferson CC-Southwest Campus. On the

KCTCS Board of Regents, Hanel has served as chair of the Academic Affairs and Curriculum Committee. He is a member of the board of the Kentucky Psychological Association.

Hanel received his bachelor's degree from Houghton College, his master's degree from Western Kentucky University and his Ph.D. from Indiana State University; all were in the field of psychology.

"KCTCS is being watched nationally and is recognized as being in the forefront as a leader in community and technical college education," Hanel said. "I believe it is a great system of higher education, with the potential of becoming even greater."



Synchronization-the click of a button will synchronize your information.

(NAPSA) - It seems that every-

where you look people are talking on their cell phones, looking up schedules on their Palm or working on their laptops. Wouldn't it be great to have a service that allows users to easily keep information consistent and updated across all products? Well, look no further. Now, a solution is available. It is a free service by fusionOne (www.fusionone.com) that uses the Internet and wireless networks to update documents, calendars, address books, bookmarks, and more across all of a user's personal devices-including PCs, Palms and cell phones, and web applications, such as online calendars.

With fusionOne, enter information into any device and the service automatically updates the other devices and Web services you have selected to sync. Even when you're on the road, at a hotel or airport, you can still quickly and easily access all your information through any Internet connection. Simply go to your favorite Web portal, such as Snap.com, and your updated information will be ready and waiting for you, accessible from any device. You no longer need to worry about changing a phone number in your cell phone, in your Palm AND in your PC. fusionOne does it all for you, saves you valuable time and creates an incredibly simple way to have the most up-to-date information at any given moment.

How it Works

Getting information "in sync' across your devices is easy. Simply go to www.fusionone.com and click on the "sign up for free" button. Follow the easy instructions for setting up an account and one-time download for each PC.

Syncing All Your Personal Information Is A Cinch

Specify which of your devices you would like to sync and within minutes everything will be connected and ready for any changes you make on any device. To refresh your information, click on the "sync" button on your device, and your data is immediately synchronized across your mobile devices. With fusionOne, all updates are made over the Internet allowing you to throw away any cumbersome wires and cords that you may have used with other syncing applications.

For the busy mobile professional who is juggling two cell phones. a Palm, home PC, work PC and laptop, to the person who owns just one cell phone and PC, fusionOne offers a free and essential solution for keeping organized and saving valuable time. With fusionOne, no matter where you are or what you're using, your information is always available and always up-to-date. For more information about keeping your information "in sync," visit www.fusionone.com.



photo by H. Allen Bolling

This female terrier mix has been spayed and at 12 pounds would be easy to fit into any family's lifestyle. She is available for adoption at the Floyd County Animal Shelter, located on Sally Stephens Branch in West Prestonsburg. Shelter hours are 9 a.m. to 5 p.m., Monday through Friday, and 11 a.m. to 2 p.m. on Saturdays. For more information, call 886-3189.

Armand Assante: Wake up call to the world

by SALLY STONE

In the 1950s, the Cold War between the United States and the Soviet Union dominated the cultures of both countries. Each believed that nuclear attacks were imminent either by design or, even more frightening, by accident. People knew that if you didn't die

fallout

Such fears were spelled out by writer Nevil Shute in his book, "On the Beach" in which the only survivors of one such "accidental" attack waited for the radiation cloud to reach them and end the human race forever. In 1959, a Hunter.

in the actual attack, you might very movie based on the book was well die from exposure to radiation released starring Gregory Peck, Ava Gardner, Fred Astaire and Bill Hunter, marking his movie debut.

> On May 28, Showtime will air a new version of "On the Beach" starring Armand Assante ("The Odyssey"), Rachel Ward, Bryan Brown and featuring the same Bill

soon after he returned from wrapping up a yet-to-be-named film costarring Benjamin Bratt and asked him if he thought today's audience would find relevance in the Showtime film considering the fact that the Soviet Union is now dismantled and the Cold War has been consigned to history.

"This may surprise you," Assante said, "but the movie is probably more relevant today because we're living with a far more dangerous nuclear threat than we did 40 years ago. At that time, it was only the United States and the Soviets who had atom bombs. There was a lot of threatening going on, but both countries knew that if one launched an attack, it would be answered in kind, and would probably end in mutual destruction. Today, atom bombs are part of the arsenal of any number of

by JUDITH SHELDON

recent Experimental Biology 2000

meeting appears to show that eat-

ing foods rich in beta-glucan — a

soluble fiber found in oatmeal and

barley — can help control appetite

by improving the feeling of full-

University of Minnesota Medical

School, divided 60 mildly over-

weight men and women with ele-

vated cholesterol levels (over 240

ily absorbed by the body. A second

group was given muffins rich in

barley bran, which also contained

beta-glucan (5 g), but in a form

less easily absorbed. The third

group ate muffins made of refined

(not whole) wheat flour, which --

as readers of this column know,

are low in fiber and contain no

were asked to rank their feelings

of fullness before, during and

directly after the study. At the end

of the study, Keenan found that the

group who ate muffins high in soluble fiber felt significantly fuller

and more satisfied throughout the

study than those who ate the

refined wheat muffins.

Meanwhile, all participants

beta-glucan.

Joseph Keenan, M.D., of the

ness.

A research study presented at a

them [are] led by people who could easily rationalize an attack, for example, on the Western democracies with the United States being the prime target. They could also launch attacks on long-time adversaries such as we see with Pakistan and India or among the countries in the Middle East. So, yes, I'm sorry to say the movie still holds a great deal of relevance for today's audiences.

In fact, Assante made the point that the film could prove to be more relevant today than it was in the '50s and '60s because today's population may very well be in denial that nuclear war still poses a threat.

"People either assume there's no nuclear threat anymore or assume that if there were one, we could deal with it," he said. "Well, nuclear proliferation is a very real threat to all of us, and I'm not sure

Health and Nutrition

I spoke with Armand Assante governments [and] too many of how we could deal with it if we don't wake up and admit that it really exists."

The 1959 movie drew support for a "Ban the Bomb" movement started by scientists and artists around the world. Could Showtime's version have a similar impact today?

"It's hard to say," Assante answered. "It's a powerful movie. People who have already seen it find it riveting. If it were nothing else, it would be a remarkable dramatic work. But I would hope that people would also find it a wake-up call for our future.

"In many countries the people have no say about such things. We do. We can tell our politicians that we want them to stop pretending that there's nothing to worry about and start acting to stop the proliferation of atomic technology before it's too late."

Dollars and Sense...

By DAVID UFFINGTON

Don't think there's an easy fix for bad credit. Credit bureaus can list negative information for seven years, and bankruptcy information shows up for as long as 10 years.

So beware anyone who promises to clear up that bad credit quickly and for a fee.

The Federal Trade Commission and the Department of Justice make periodic sweeps to crack down on fraudulent practices. But creditrepair schemes are still proliferating, thanks to the Internet and e-mail marketing

One recent scam called "file segregation" basically induces victims to set up a separate identity through use of an employee-identification number obtained from the IRS. This number is then used for applying for new credit, substituting a different address and phone number which

Aging

happen."

Statistics indicate that between 2000 and 2020, the age 40-64 population will increase by 29 percent, while the number over 65 percent will be increased by 45 percent. In contrast, the number of people under 40 will decrease by 2 percent according to projections.

Of Kentucky's current population of almost 4,000,000, approximately 494,000 are 65 or older. That number is expected to increase to about 550,000 in the year 2010 and 717,000 in 2020 following a nation- at home, he said. Such an incentive wide pattern

to past credit history. Consumers are then told to build up good credit by getting a new bank or retail credit card and paying it off quickly.

While these services may be advertised as "completely legal," it's actually a felony to establish a new identity for such a purpose.

If you're trying to clean up your credit history, you should find out what's on your report. The Fair Credit Reporting Act entitles consumers to dispute information on their credit report if they think it's wrong. If you've been denied credit recently, request that the creditor that turned you down give you the name, address and phone number of the credit bureaus it used. You have a right to a free copy of that report.

After you get your credit report, you will also receive a free number to call if you wish to dispute any of and by paying off the old debt.

makes it difficult for creditors to link the information. Tell the bureau's operator which items are in question and ask them to investigate. While that investigation is underway, you can add a statement to the report giving your side of the story. In most cases, if an error is found, the reporting bureau will send a copy of the corrected credit report to anyone who requested one in the previous six months.

> If the negative information is accurate, however, there's nothing you - or a credit-repair company - can do to change it. So don't believe any agency that says they can remove that information.

Remember, there's nothing that a for-profit credit-repair company can do for your credit that you can't fix for yourself for little or no cost. And the only way to truly heal your credit is by making on-time payments

Continued from p3

Approximately 40 percent of those over 65 will eventually need long-term care at a cost from \$30,000 to \$65,000 annually, placing a huge burden on Medicaid and on families. Dr. Henry, who is incoming pres-

added.

ident of the National Conference of issues Lieutenant Governors, said he plans to propose legislation to help prevent the elderly from having to spend down their assets, and to provide incentives to buy long-term care insurance. The Medicaid route impoverishes the spouse left behind plan is working in other states, he at Galt House East.

Dr. Henry said he is starting now to develop legislation for the next Kentucky legislative session and wants to provide an incentive for the legislature to move forward on these

The Governor's Conference on Aging is co-sponsored by Pfizer Inc., Lifeline and Bell South. About 300 consumers, advocacy groups, community leaders, business groups, insurance industry representatives and government entities at all levels are attending the three-day meeting

The American way of planning for the financial future



Insurance Company of America fied investments and only one-third survey uncovered good news and have a written financial plan. A full bad news about Americans' attitudes toward financial planning and security The good news is, most Americans know they must prepare for their financial future. The bad news is, most Americans lack the information they need to do so.

(NAPSA)-A recent Prudential life insurance or a group of diversi-

mg) into three groups. For four weeks, subjects in one group were **VETERANS POST** given muffins rich in barley endosperm, which contained 7 g of beta-glucan in a form that's eas-

by FREDDY GROVES

Almost to the day that Elián Gonzalez was taken by the Immigration and Naturalization Service to be reunited with his father, the United States marked the 102nd anniversary (April 24, 1898) of the start of the Spanish American War. When the war ended, the U.S. had acquired several former Spanish colonies, including Cuba and the Philippines, to whom we later granted independence. Ironically, we're now the only major nation that has no economic, let alone political, ties with Cuba. But there seems to be a growing sentiment that since neither we nor the Cuban people can expect Fidel Castro to give up power any time soon, it may be time to reconsider that policy. What do you think?

Note: As part of this year's National Memorial Day Concert on PBS, the show's companion Web site features a Korean War Visitors Book and Virtual Vietnam Wall. Vets are encouraged to share thoughts and messages at www.pbs.org/memorialdayconcert in remembrance of those who served in Korea and Vietnam. Also, tune into PBS's salute to America's veterans May 28. Check local

"We attribute the improvement satiety almost entirely to the

body weight changes. Those who ate the barley foods reported some sumed the beta-glucan-rich muffins had significantly reduced total cholesterol (11 percent) and

artery-damaging LDL cholesterol (12 percent), while levels of HDL, the "good" cholesterol, remained unchanged.

On Another Note: St. John's Wort and possibly several other herbal supplements may interfere with birth control drugs and other preparations. Check with your

If you have a health-related question or comment, you can e-Judith Sheldon at mail letters.kfws@hearstsc.com. Or write to her in care of King Features Weekly Service, 628 Virginia Drive, Orlando FL 32803.

weight loss while those who ate the refined wheat foods gained a half-pound per week. The study also showed that those who condoctor.

Satiety levels also reflected

A better understanding of financial products could help more Americans make proper plans for the future.

According to the nationwide study, half the people surveyed found it difficult to determine how much to put aside as "emergency funds," fewer than half have either

Louisville foundation grants half-million dollars for old-growth forest preservation

The James Graham Brown Foundation recently awarded a \$500,000 grant to the Kentucky Natural Lands Trust to preserve Kentucky's largest and most significant old-growth forest, Blanton Forest in Harlan County.

Only one of the two tracts of Blanton Forest is protected in any way. The Blanton Forest Preserve design plan calls for 6,700 total acres to be protected. The 2,350 acres of old-growth forest will remain undisturbed.

The remaining 4,350 acres will serve to buffer the old-growth tracts from outside disturbance and help protect the biological diversity of this part of Pine Mountain.

This buffer area will also provide opportunities for public access and an environmental education center-or living laboratory-so that children and adults can learn the importance of forest ecology first-hand.

Marc Evans, the Kentucky State Natural Preserves ecologist who first recognized the true significance of Blanton Forest, commended the foundation for its gift to the forest fundraising campaign.

"We are so pleased the James Graham Brown Foundation has recognized the importance of this rare Kentucky treasure. Gifts such as this will reap countless benefits for the entire community of Kentucky and open many possibilities for the future," commented Evans.

This is a critical time for the preservation and stewardship of Blanton Forest. A mere hundred years ago, old-growth forests blanketed the Appalachian region. More than 95 percent have already been damaged or degraded. Blanton Forest represents one of the few ancient forests of its kind. It is considered both globally outstanding and critically endangered.

The Kentucky Natural Lands Trust (KNLT) is a nonprofit organization spearheading the fundraising campaign to help the Kentucky State Nature Preserves Commission preserve Blanton Forest and ensure its future for generations to come.

KNLT's efforts are backed by statewide environmental community groups, including the Kentucky Natural Resources and Environmental Protection Cabinet, MACED (Mountain Association for Community Economic Development), the Harlan Revitalization Association, concerned citizens in Harlan County and the Commonwealth, and Gov. Paul Patton. The Kentucky General Assembly has also shown its support through an appropriation of \$600,000 for land purchases.

The future of Blanton Forest relies on donations of all sizes from individuals, foundations and corporate contributors. To make a taxdeductible donation or for more information, call toll-free 877/367-5658, or visit www.blantonforest.org.

two-thirds said it was difficult to figure out how much to put aside for retirement planning.

"The survey demonstrates the extent to which people have a difficult time understanding financial issues and making financial and insurance decisions," said John Scicutella, CEO of Prudential's Individual Financial Services based in Newark, N.J. "This problem is magnified by the number of Americans who rely on financial advice from well-meaning but untrained friends or family members.

A well-educated consumer is in the best position to plan a strong and secure financial future. According to Kevin Frawley, Chief Compliance Officer of Prudential's Individual Financial Services. "Consumers should seek professional advice and follow three basic principles:

Be prepared to describe your background and family needs. For instance, are you planning on getting married? Having children? Retiring in 20 years?

Realize your financial plan doesn't begin and end on the day it is created, rather it's modified as your life changes-when you get married; have children; retire; or lose a loved one.

3. Resources like magazines, publications and the Internet can provide you with a wealth of information on financial planning, but only a professional can custom tailor a plan that's right for you."

The survey also revealed that most Americans rely on short-term financial planning and that saving for their retirement is secondary to spending money on consumer goods. "People place a higher priority on purchasing consumer goods than on obtaining life insurance coverage." Scicutella noted.

More than one-third of all Americans feel they have less life insurance coverage than they really need, but out of this group, fiftypercent said they have more than they really need of at least one consumer good, including items as diverse as clothing, radios, TVs, appliances and magazine subscriptions

beta-glucan." Keenan said. "Foods rich in beta-glucan stay in the stomach for a longer period of time compared to foods low in this fiber."

listings for details.

Write to Freddy Groves in care of King Features Weekly Service, 628 Virginia Drive, Orlando Fl 32803 or send an e-mail to letters.kfws@hearstsc.com.

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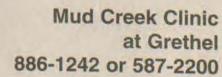
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"A proud tradition of providing access to quality health care."



Howell named MVP in girls softball



Coach Anthony Moore

by ED TAYLOR SPORTS EDITOR

The girls' district softball tournament ended this past Thursday night with the Prestonsburg Lady Blackcats repeating as district champions for a third straight time.

Along with the presentation of the winner and runners-up trophies, the All-Conference and All-District teams were named.

Allen Central coach Anthony Moore was named the conference Coach of the Year after his Lady Rebels won the conference championship.

Shanna Howell, pitcher for Allen Central, was named the conference's Most Valuable Player.

Howell was one of the region's top hurlers but ran into some control problems when it came tournament time. Allen Central fell to Prestonsburg in the first round of the district.

"I just couldn't do good that day," said Howell, still hurting from the setback.

Howell was a leader for Allen Central on the field. Not only did she star from the mound but the plate as well.

ALL CONFERENCE TEAM

Minnie Tackett, South Floyd: Tackett, like Howell, led her team from the mound. At one point in the season she was as good as any pitcher in the region. Tackett, like Howell, ran into control difficulties in the first game of the district against Betsy Layne.

Shenna Allen, South Floyd: Battery-mate for Tackett and a solid catcher for the Lady Raiders. A solid hitter and a good backstop behind the plate. Always smiling, you showed she enjoyed the game

Angela Howell, Prestonsburg: Another catcher a good one. Howell was lead off hitter for Prestonsburg and a good one. She had a very good on-base percentage and could hit the ball to all fields. Margaret Damron, Prestonsburg:

A first baseman for Prestonsburg and a good one. Damron really blossomed as a player her junior and senior seasons. A good bat and very strong defensive play in the field was vital to Prestonsburg repeat-

Denise Jones, Betsy Layne: Still, a third catcher. Jones is one of the top catchers in the area and has proven over the years that she can hit the ball as well as catch it. She is daring behind the plate and not afraid to throw to the bases. Will make some college a good catcher.

Kim Tackett, Betsy Layne: Tackett, just a sophomore, has been consistent all season and not afraid to change her delivery to become a better pitcher. She is solid

(See **HOWELL**, page two)



Minnie Tackett

Royals vs Rangers

Stephens homers, triples in 8-4 win against Rangers **Rodebaugh fans** nine in relief

by ED TAYLOR SPORTS EDITOR

Josh Rodebaugh came on in relief and Nathaniel Stephens belted a home run and tripled in leading the Prestonsburg 9- and 10year-old Royals to an 8-4 win over a good Prestonsburg Rangers team.

Stephens hit his home run in the third inning and tripled home a run in the fourth. Rodebaugh came on in the first inning with no one out and surrendered only one run while giving up just one hit to the Rangers.



Goble sparks Prestonsburg past Betsy Layne in finals

A Look At Sports Football, coaching jobs and other stuff



Several of our high school football players will be in All-Star play in June and then it will be on to the next level of competition.

Football season, really, is not that far off. I realize we haven't entered June yet but when you think that the

preseason really begins in July when they head to camp and then practice officially begins in August, then that is not too far off.

The regular season will kick off in late August and for 10 weeks we will be following the teams as they try to make it to Louisville.

Yes, Louisville will be the site of the state championships once again after the KHSAA said it would not be held there in looking for a more suitable place to play. But with the promise of the city folks to make some

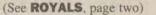
improvements, the championships will return. If approved, the years 2001-2002 will bring new alignment to the football districts. In the proposed plan, not much will change as far as the regular season goes but it could have bearing in the state playoffs. We will just have to wait and see. I like the setup now because of the less distance our teams have to travel.

Nathaniel Auxier started on the hill for the Royals but failed to retire a batter, walking the first three.

Seth Hackworth started for the Rangers and absorbed the loss. He walked three batters, struck out seven while giving up eight runs and scattering seven hits.

Rodebaugh then came on and struck out the side, but not until he walked three, leaving the bases loaded. The Rangers scored three times in the inning of six walks. The runs were credited to Auxier.

The Royals scored one run in the first





, Dodgers hit hard with penalties; **Wohlers nears** return to Reds

by ED TAYLOR SPORTS EDITOR

Major League baseball sent a message to the rest of the league that fighting in the stands and with fans will not be tolerated after Frank Robinson suspended 19 Los Angeles Dodgers for their melee at Wrigley Field last week.

Robinson suspended the players for as many as eight games and as few as three. The Dodgers called the penalties "ridiculous."

One Cincinnati Red, lefthander Denny Neagle, agreed with the judgment passed down by Robinson and said one of the fans could very well have had a knife and things could have gotten bad.

Most of the Reds thought the penalties were a little harsh and Dimitri Young said he was going to protect himself if a fan comes after him.

One of the fans attacked by the Dodger ballclub has filed a suit against both the Dodgers and Cubs, and baseball executives are fearing that more are in the making.

Cincinnati reliever Mark Wohlers is just a pitch or two away from returning to the Reds



Who column of Prestonsburg softball, but this past Thursday night, Sarah Goble was her team's MVP as she helped lead the Lady Blackcats past the Betsy Layne Ladycats and a third straight girls' district championship.

With two Gobles on the squad — the other is pitcher Stacy Goble - Sarah collected two hits and drove in three runs as the team's designated hitter.

field singles picking up RBIs on both hits. She batted in a run on a fielder's choice play in the fifth inning.

For Prestonsburg it was "old hat" as they won their third title in as many years

"We just keep getting better," said Prestonsburg Coach Bridget Clay, who likes being in the shadow of things, but is also the catalyst of the team. "This is the third time we have won it."

Prestonsburg entered this week's tournament as a surprising fourth seed but won seven of the final eight games that Clay coached. Her absence of two weeks saw the Lady Blackcats play mediocre softball, thus the fourth seed.

"We lost to South Floyd just before the season ended," she said. "But we played well in the tournament.

Stacy Goble, a left hander, gave up 10 hits to Betsy Layne but the Ladycats could never find anyone who could get the clutch hit.

The difference in this game was not on offense but on defense. Betsy Layne's fielders committed an uncharacteristic 12 errors in the game, making all but two of the Prestonsburg runs unearned.

Kim Tackett suffered the loss but by no Coleman stopping at third base. Coleman fault of her own. She pitched well and had Prestonsburg hitting the ball where she wanted, but the Ladycats failed to make the play.

Betsy Layne stranded 11 base runners, leaving two runners on base in every inning except the first, when one was stranded.

The opposite was evident for Prestonsburg as they committed only three miscues in the contest while collecting eight hits in the game.

They stranded nine base runners.

Megan Hyden collected two Prestonsburg hits along with Goble.

Prestonsburg scored first in the opening inning when Angela Howell reached second on a two-base error and scored when Brook Coleman's bouncer was misplayed at second base

The Lady Blackcats made it a 2-0 game with a lone second-inning run. Hyden blooped a single over the first baseman's head and scored on Sarah Goble's first base hit.

Coach Clay's team went in front 4-0 with The left handed batter had two opposite two runs in the third inning. Brook Coleman opened the frame by striking out. However, Denise Jones dropped the swinging third strike and threw wildly to first for an error. Amelia Conley then doubled to right center with



photo by Ed Taylor PRESTONSBURG'S SARAH GOBLE COLLECTED two hits and drove in three runs in leading the Prestonsburg Lady Blackcats to a 9-4 win over Betsy Layne in the finals of the girls district Thkursday night.

> came on to score on Brittany Carey's RBI single and Conley scored on Sarah Goble's second hit of the game.

Betsy Layne got two runs back in their half of the third. The inning unfolded with Heather Hamilton lining hard back to the mound on a play that Stacy Goble made a good play on.

(See PRESTONSBURG, page two)

COACHING JOBS

Coaching positions for the next school year have been posted and names submitted for positions around the county. Don't look for too many changes, if any, this season. A couple of girls' coaching positions could change, well. one definitely will at South Floyd. There could yet be another one. All the boys' coaches will be back, I am sure.

The high school summer camps will get underway in June and much of July.

South Floyd should be naming a new girls' coach soon. Paul Cline resigned the position. In talking with Paul, he would like to return to South Floyd next season and remain with the softball program. I know this, he has done a very good job with it and if he does come back to South Floyd, then he certainly should retain the position.

I was told today (Friday) that one of our top coaches in the region has applied for a coaching position in the county. If we can land that person, wow!

BASEBALL REGIONAL

The boys' regional baseball tournament will be held at Pike Central High School next week. Unsure of when the tournament will actually, begin but I look for the first pitch to be thrown Monday.

The girls' softball regional will be played at Pikeville High School. Again, look for a Monday beginning.

MORE

Congratulations to Allen Central's Shanna Howell for being named Conference Player of the Year. Shanna had a great season.

Also congratulations to the Prestonsburg Lady Blackcats for winning their third straight district championship. To think, most of them will return next season.

The boys' district did not end until Friday evening. Information on the finals will be posted in Wednesday's sports section.

Allen Central basketball coach Johnny Martin will run his summer basketball camp in about two weeks. Give Coach Martin a call and get signed up. Call him at the high school.

Who will coach the football Raiders? I don't know and neither does school principal Henry Webb. The school is still looking.

Until Wednesday, good sports everyone and have a safe Memorial Day! We care about you!

Prestonsburg Youth Baseball

REDS VS RANGERS

Alex Griffith hit a home run and ollected two hits but the Reds fell to he Rangers 13-2 in minor league play Archer Park. Griffith had two of the even Reds hits.

Tosha Wallen collected three hits or the winning Rangers. D.J. Ousley ad two hits as did Kayla Cooley and Max Cornette. Dustin Coleman finshed with three hits in the game.

The Rangers scored seven times in the fourth inning in putting the game

The Reds got a run in the second and one in the third. Griffith hit his tothe run in the second inning. icholas Conn, Chase Caudill, Vathaniel Fraley, Bryan Branham and ared Robinson had one hit each for the Reds.

> NOLON LOOK er cut at this

itch against

restonsburg

hursday night.

Betsy Layne fell

Blackcats 9-4 in

o the Lady

mais.

PIRATES VS CUBS

The Minor League Pirates collected 19 hits in scoring a 24-4 win over the Cubs at Archer Park.

Josh Craynor, Michael Burchett, Tyler Poe, Wil Allen, and Evan Haves had five hits each. Chad Wallace collected three. Amanda Miller had one hit for the winners.

Josh Blackburn had two hits for the Cubs as did Jonathan Dye. Mike Hackworth, J.D. Head, Robby Grigsby, Ethan Blackburn and Leslie Bentley collected one hit apiece for the Cubs. Head had a third inning triple. Burchett, Poe and Wallace had doubles for the Pirates.

RANGERS VS REDS

The Rangers pounded out 15 hits against the Reds and posted a 13-2 victory in Little League play.

1111

Tosha Wallen, collected three hits in the win. Dustin Coleman, D.J. Ousley, Kaya Cooley and Mar Cornette had two hits apiece for the winners. Halee Hicks, Kyle Welch and Micaya Canterbury had one hit apiece. Josh Craynon had a safety.

Megan Henderson and Alex Griffth collected two hits for the Reds. Nicholas Conn, Chase Caudill, Nathaniel Fraley and Jared Robinson had one hit each. Griffth had a second inning solo home run for the Reds.

DIAMONDBACKS VS DEVIL RAYS

Travis Welch and Matthew Sword had two of their teams six hits en route to a 6-5 edging of the Diamondbacks in the 9-10 year old league. Billy Robinson and Alex Shepherd had one hit apiece.

The Diamondbacks collected only two hits in the game and both came off the bat of Camerson Tincher in the third and fourth innings.

The Devil Rays took a 4-0 lead in the top of the first with four runs. Sword tripled home two of the runs.

The Diamond Backs picked up two in their half of the first for a 4-2 game. three walks and an error allowed the runs to score.

It was 5-4 after the two teams batted in the third inning with the Devil Rays on top.

ROYALS VS DEVIL RAYS

Nathaniel Stephens was perfect from the plate in collecting four hits in as many plate appearances as the Royals won over the Devil Rays 12-2. Stephens had a three-run home run in the third inning. Austin Gearheart

collected two hits and an RBI in the win. Josh Rodebaugh and Teddy Ratliff had one hit each. Alex Shepherd had the lone hit for

the Devil Rays.

Rodebaugh picked up the win in going the distance and striking out 11 batters. He fanned the first six he faced until he hit Matt Sword with a pitch leading off the third for the Devil Rays. He came back and struck out the next three, striking out nine of the first 10 batters he faced.

He allowed a fourth inning base hit and two runs to the Devil Rays in the fourth inning.

REDS VS METS

Brook Herrick pitched a complete game as the Reds defeated the Mets 14-3 in Little League play at Archer Park. Herrick also collected three hits in the win while teammates Michael Lackey, Michael Stephens, Zach Ousley and Justin Conn had two hits each. Sam Chaffin and Chris Baker had one safety apiece.

Carman Maines had two hits for the Mets. Nathan Robinson, Cory Welch, Justin Wallen had one hit apiece.

Denis Harrington

from the plate and has two great years ahead of her.

Howell

Devon Reynolds, Betsy Layne: Just does it all on the field or at the plate. A good bat, a great glove, and just a tremendous attitude. She is only a sophomore and has caught the attention of the college coaches.

Terri Mullins, Allen Central: Little but loud. Just a super athlete all the way around. She can roam the outfield with the best of them and, from the plate, can out hit most of the others. Great, great future.

Jennifer Risner, Allen Central: Steady, confident, and determined. Risner plays third for the Lady Rebels. She has a good bat but her hustle and attitude is outstanding.

M Shannon Sizemore, Allen Central: Just a tremendous athlete with a tremendous attitude. She can play anywhere on the field and swings a strong bat. Super athlete with another year to go.

Kristi Howard, Allen Central: Rarely does one come along with the determination of Continued from p1

photo by Ed Taylor

Howard, Just a freshman, Howard swings a very potent bat and is equally good in the field. With the right attitude, she is going to be a tremendous player.

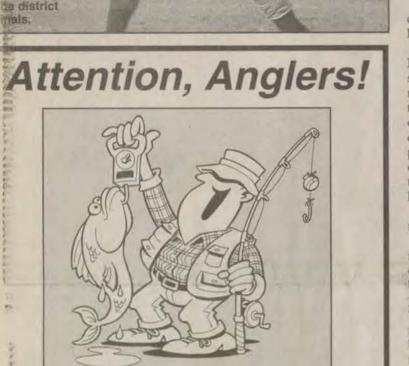
Of course, Howell also was named to the All-Conference team as well as being the conference MVP

Four Prestonsburg players headed up the All-District team with the Lady Blackcats placing four players on the elite team.

Angela Howell, Megan Hyden, Stacy Goble and Amelia Conley topped the list of nine players. Betsy Layne, the runner-up, put three players on the team: the trio being, Devon Reynolds, Kim Tackett and Denise Jones.

One player from Allen Central and South Floyd completed the list. Kristi Howard represented Allen Central while Megan Ousley, an eighth-grader, represented South Floyd

Ousley is one of those players who does it all. She plays shortstop for the Lady Raiders and one of the team's leading hitters.



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championships in he National Football League.

Sports

Bobby Layne, one of the NFL's most storied quarterbacks, said, "A team that consistently maintains a 60-40 ration between the run and the pass will win not only games but titles as well. It can be 60 percent running and 40 percent passing or vice versa, that doesn't matter. Just so long as this balance is maintained you'll have a championship club.'

It was simply a matter of mathematics in Layne's view.

"Once you start passing much more than you run the ball defenses are going to just lay back their ears and come after your quarterback." he said. "Pretty soon you have to keep more people in to pick up the blitzes and dogs and your receivers become marked men., You've got to keep the defenders guessing and hesitating, giving

Team balance is what wins Possession is still nine-tenths of the law. Only the team with the ball can put points on the board. Make the other guy play catchup. The percentages are dead against him doing so. He'll give

you the ball more often than not." Remember the San Diego Chargers when Dan Fouts was at the offensive helm? The Bolts had one of the most explosive aerial shows in the annals of pro football and never got any closer to a Super Bowl than the ticket window.

The same can be said for the Dolphins during the Dan Marino years. For a truth Miami did make it through to the Big Game once but on that occasion they were badly outclassed by a wellbalanced San Francisco 49ers club. Frisco running backs Roger Craig and Tom Rathman relentlessly pounded the Dolphins defense so that QB Joe Montana experienced little pressure in doing his overhead thing. The 49ers had the ball on a 2-to-1 basis for the game and won easily, 38-16. During John Elway's long reign with Denver the Broncos made five Super Bowl appearances. A trio of these came in the late 1980s when they lost to the Giants, Redskins and 49ers by a total points differential of 136-40. New York, Washington and San Francisco fielded well-balanced teams on these occasions while Denver was largely Elwayoriented. Come the 1997 and 1998 seasons. Elway's passing excellence was more than ably augmented by a powerful ground attack featuring running back Terrell Davis. As a result the Broncos posted back-to-back Super Bowl triumphs. They simply out-balanced the Green Bay Packers and Atlanta Falcons in that order. This year the Tennessee Titans proved to be a formidable club given the grinding dashes of running back Eddie George and a good aerial strike force. Much of the same can be said for the surprising St. Louis Rams. Despite the histrionics of quarterback Curt Warner, the league's MVP. St. Louis also has been able to tear up real estate in eye-opening fashion via the ball carrying of Marshall Faulk. It can be said both the Titans and the Rams are well-balanced clubs who like to control the clock and wear out the defense. Back when Jimmy Johnson coached the Cowboys to a pair of Super Bowl victories he was asked about his offensive philos-"Whenever I'm in doubt about what to do," he said, "I just tell Troy Aikman to give the ball to Emmit Smith. Everything else flows from this simple strategy." Ironically, what spelled Johnson's demise in Miami was his inability to mount a running attack that would keep the wolves off an aging and ailing Marino. Balance - championship teams don't leave home without it.



BRITTANY CAREY OF PRESTONSBURG WAS safe at home while

Betsy Layne catcher Denise Jones held the ball. Prestonsburg defat-

ed the Ladycats 9-4 to win their third straight district championship.

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you the time needed to develop a successful pattern of play calling.

During the past few decades such teams as the Miami Dolphins and Pittsburgh Steelers of the 1970s, and the Dallas Cowboys and the San Francisco 49ers of the 1990s all displayed an overall offensive balance which simply overwhelmed the opposition.

Another old-timer who knew a thing or three about the play-forpay game is George Blanton, himself a former quarterback and the NFL's all-time leading scorer.

"Championship teams all have the same formula for success," he said. "They run the ball to control the clock and the tempo of the game, and they pass to score.

Forget the Ties, Go for the Tees

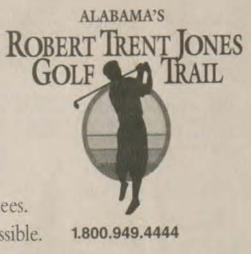
e's paid the mortgage, paid into the college fund and spent countless hours with the kids at the ball park.

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Dugout Dope

bullpen. Wohlers has not pitched for the Reds since obtaining him from the Atlanta Braves three seasons ago.

The Reds were ready to give up on the hard-throwing righthander but have since seen remarkable improvement in his velocity and control.

Reds pitching coach Don Gullet said Wohlers is about a week away from pitching competitive in a minor league rehab assignment. But Gullet added that Wohlers must also put together several decent outings in a row

Wohlers says he feels good about his pitches thrown in batting practice. Wohlers had mixed his fastballs, sliders and split-fingered fastballs well while pitching. He said he is excited about the prospect of returning.

REDS PITCHING

The very thing that most of us were beating as the downfall of the Reds was their pitching and that has been one of the bright spots for the Reds of late.

At the start of the season both starters and bullpen were struggling big time but that seems to have been corrected since the month of May has rolled around.

Prestonsburg

Devon Reynolds singled, Jones walked and Bentley legged out a base hit to load the bags for Betsy Layne.

Kim Tackett then bounced to Carey at third and the toss to home forced out Reynolds. Jones, on a wild pitch, scampered home for the first run and an error behind the plate allowed Bentley to come home for a 4-2 game.

Prestonsburg scored an unearned run in the fourth inning when Betsy Layne committed two errors in the inning. Coleman, who reached on a third baseman error, scored on an error by the catcher.

Prestonsburg burst the game

Continued from p1

The Reds are in second place, two games behind the hot St. Louis Cardinals as of Friday.

A look at the starting rotation of the Reds and you can see that no one in the rotation has pitched all that bad. Denny Neagle has been the victim of no offensive support as well as rookie Rod Bell. Ron Villone has been impressive with six victories and only Steve Paris has shown inconsistency this year but of late has pitched well.

Peter Harnisch has been the biggest disappointment in the Reds rotation and he is on the DL for as long as it takes to get him in pituh ing shape.

Danny Graves is 6-0 out of the bullpen but you don't put much stock in the short innings in terms of winning six games. However, Graves, along with last year's National League Rookie of the Year, Scott Williamson, has pitched well out of the pen.

The big bats of Sean Casey, Ken Griffey Jr., Dante Bichette and Dimitri Young need to come around. If the foursome gets on a tear, the Reds will be dangerous. But it seems when the hitting comes around, the pitching goes south.

See you around the diamond!

Continued from p1

open with a four-run fifth, an inning that Betsy Layne would commit three errors. Hyden led off the inning with a base hit and the rest was all errors as Prestonsburg built a 9-2 lead.

The Ladycats got a single run in the sixth inning and one in the seventh. Hamilton singled to start the sixth and scored on Jones' RBI single. Jenny Parsons opened the seventh with a single and came on to score on Hamilton's second hit of the game. Danielle Newsome also had a safety in the inning.

Both teams advance to next week's girls' regional tournament at Pikeville High School.



by Jason Blanton

One of the best times of the year is here for me as the postseason is underway for the high school baseball teams.

Being a former player, of course a long, long time ago, this was a special time of the season. I was also fortunate to play on some very good teams at Johnson Central in the early 80s (1980s, not 1880 like some people may think).

Last week, I worked the 57th district helping in running the tournament.

It turned out to be a very good tournament, but as I took a seat atop the field and was watching the championship game, it donned on

County have been.

squared off against Johnson Central in the finals. It matched two of the best

coaches that have ever graced the region in Tiger boss Charlie Adkins and Eagle mentor Mike Collins.

I have known Coach Adkins for as long as 1 can remember. With over 700 career wins and one state title, he is the dean of area coaches. He took a few years off, but came back to guide the Tigers and I am surely glad.

Adkins is one of the main reasons baseball is at the level it is here in eastern Kentucky. And anyone that has spent anytime with him can tell you he knows a heck of a lot about the game.

Adkins and Collins deserve credit for bringing local baseball to another level

me how fortunate Adkins is he can remember some people in Johnson of the great stories of former players and games. I can remember his Paintsville teams of the late 1970s. They were probably better than his 1990 State Championship team. As I was growing up, Paintsville dominated the district and regional every year.

> It wasn't until my sophomore year in 1982 when Johnson Central defeated Phelps in the finals of the 15th Region Tournament that snapped the Tigers run in the area.

> A good part about when you see Adkins at the field is his long time assistant Bill Mike Runyon. Runyon also knows the game and has anchored the third base coaching box for Adkins for a long, long time. Runyon and Adkins make a great team whether it is in baseball or basketball.

On the other side Wednesday was Collins. Being a former play-But one of the best things about er, I find it hard sometimes to think would be without him.

He has had only one losing season since taking over in 1981 and this past January he was inducted into the Kentucky Baseball Coaches Association Hall of Fame. of which Adkins is also a member.

Collins might have started out not as vocal as Adkins but let me tell you from experience if he wants to make a point he can. He has four regional championships and over 400 wins and has brought the Golden Eagles to a higher caliber of the game.

So in Johnson County, the two high school baseball coaches are both Hall of Famers and have com-

what the Johnson Central program bined for over 1,100 wins and all but six regional titles since 1976.

Those numbers are hard to beat anywhere. And the two local schools should be very happy to have two coaches of that caliber on the field guiding their teams.

Turner and Hall ready for Frankfort

A former coach and referee hit it big last Tuesday. While we usually don't mix sports with politics, we would like to congratulate both Johnny Ray Turner and Keith Hall. Turner, the former coach of

Johnson Central, might have had

the biggest win of his career as he turned away a long-time incumbent in the 29th District state Senate race. Hall also had to fight the establishment to win a state representative seat in Pike County.

Dealing with sports for almost two decades, I can honestly say that I respect both of these men greatly. Turner showed the class he has always had as he rebuilt Johnson Central, while Hall was the best at calling the big game.

I have all the faith that both will do a great job in Frankfort.

Now, I am just trying to figure out what office to make a bid for-Governor Blanton? Sounds good to me.

. Swimming advisories continue at several sites in Kentucky

Department for Health Services are continuing swimming advisories that have been in place for several areas of the state over a period of years.

Water sampling for 2000 has begun for the Licking River, the North Fork of the Kentucky River and the Upper Cumberland River, and results indicate that previous advisories should remain in effect.

Kentuckians should avoid swimming and other recreational contact with waters in these areas of the Commonwealth because of the presence of high levels of fecal coliform bacteria. This type of bacteria, present in human and animal waste, indicates the presence of untreated or inadequately-treated sewage. The bacteria create a potential for acquiring infectious diseases, particularly diarrheal illnesses.

Swimming advisories remain in effect for the following:

Upper Cumberland River

The Cumberland River from Fourmile Bridge (Highway 2014) to Pineville at the Highway 66 Bridge and from Wallins Creek Bridge (Highway 219) to Harlan.

Martins Fork from Harlan to the Cawood Water Plant

All of Catrons Creek, all of Clover Fork and all of Straight Creek.

Poor Fork from Harlan to Looney Creek.

Looney Creek from the mouth to Lynch Water*

The Kentucky Division of Water and the systems contribute to water quality problems in the area.

North Fork of the Kentucky River

The swimming advisory continues for the North Fork of the Kentucky River upstream of Chavies. Numerous illegal straight pipe discharges of sewage contribute to water quality problems along this section of the river.

confluence with the Ohio River remains under a swimming advisory. The advisory includes all of both Banklick Creek and Three Mile Creek. High fecal coliform pollution in this area is caused by combined

Urban areas

The agencies also recommend against swimming or other full-body contact with rivers in and directly below urban areas, particularly after a significant rainfall. This recommendation is for urban areas along waterways throughout Kentucky because of the increased potential for exposure to pollution from illegal straight pipe discharges, bypasses from sewage collection systems and combined sewer overflows

Both the Division of Water and the Department for Public Health continue to monitor these areas. A number of programs are implementing solutions to resolve these problems.

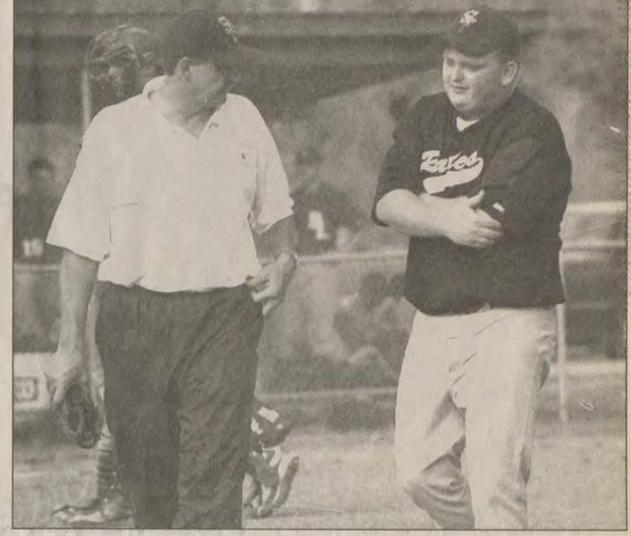


photo by Ed Taylor IN PAIN WAS SOUTH FLOYD LEFTHANDER Nick Moore as he was escorted off the field holding his left shoulder. Moore was the second pitcher for the Raiders before leaving the game.



Licking River

The Licking River from Banklick Creek to the sewer overflows and sanitary sewer overflows.

Plant Bridge. Illegal straight pipe discharges, failing septic systems and bypasses from sewage collection



Touching bases at the district tournaments

With apologies to Peter Gammons, today we offer Diamond Notes.

Next week, Pike County will be the host of the regional tournaments in baseball and softball.

Here in neighboring Floyd County, all four spring-playing schools will be participating. Allen Central and South Floyd will play on the baseball field, while Betsy Layne and Prestonsburg have advanced to the softball regionals.

It's also interesting that the eight teams which will represent Pike County in the tournament come from the same four schools. Only Pikeville and Shelby Valley in one district and Belfry and Elkhorn City in the other will be involved next week.

That leaves the 57th District, which will have Johnson Central participating in both tournaments, while Sheldon Clark qualified for neither. That leaves Paintsville, the baseball champion, and Magoffin County, the softball runnerup, who have qualified for one of the toumaments.

Pikeville will host the softball tournament, which it usually does. It's centrally located and they typically do a fine job, so expect it to go off without a hitch

The baseball tournament will be played at Pike County Central. Normally when a team hosts a tournament it isn't playing in, there is cause for alarm. But with Rob Taylor in charge on Buckleys Creek, that shouldnt be a problem at all.

South Floyd will be making its first appearance in the 15th Region baseball tournament next week. The school is wrapping up its seventh year and is having what is unquestionably its best athletic campaign to date.

When things started this season, the

only program to have much in the way of success was football. None of the others - boys' or girls' basketball, baseball or softball - had ever made it to the regional tournament.

Then in March, the basketball team advanced to the opening round of the regional before being upset by Magoffin County, and now the baseball team has reached the second level.

It will be interesting to see if the school can maintain this success, or if Left Beaver is simply having a good run of talent go through its system.

There wasn't much in the way of upsets in district play, but Shelby Valley's baseball team surviving Pike Central could be considered one.

Rob Taylor's club is a traditional power and it's a surprise to see a regional tournament field without it represented.

Excuse me, but does anyone have an arm we can borrow?

Have you seen the scores these teams are putting up? It's borderline embarrassing.

The Floyd County tallies, which included South Floyd's 15-10 win over Betsy Layne - a 10-home run affair - can be dismissed because the tournament is being played at the two-yearold Garrett facility, which doesn't exactly have the dimensions of the early-day Astrodome.

But I watched two softball games which saw the winners combine to beat their foes 28-3, and need only seven innings to do so. In the 58th softball district, Pikeville squeezed by Millard 19-2 on Tuesday, and Wednesday saw Shelby Valley beat Pikeville 15-2.

Then there was the annual Belfry vs. Feds Creek debacle on the baseball side, which ended 31-1. That was right before Shelby Valley beat Pike Central 15-10.

The tournament week got started Monday when Elkhorn City beat Phelps 11-1 and Pikeville blew open its game with Millard to win 12-4.

Maybe the haves are just that much better than the have-nots, but it just seems to me somebody's arm must be aching from throwing all these pitches.

And I dont even want to ask about their ERA.

With tournament week in full swing, it was a referee who pulled the week's biggest win.

A relative newcomer with a black eye or two, he entered the big game facing a grizzled old veteran in the big showdown. His former mentor had even turned his back on the young gun, choosing to side with someone a little older and more worn, much like himself.

Early in the game, it didn't look good. He was behind, and it looked like one more big stand for the oldtimers.

But then in the late innings the home-field advantage came into play, and the young man pushed across a couple of big runs to pull out a comfortable decision.

It had to be a sweet win for his team. Many had told him he shouldn't bother, that he could never get it done. But he faced the establishment, bent but didn't break, and in the end, he pulled out the big victo-

Congratulations, Keith Hall. Its time for one more ride for one-half of the great tandem of Frank and Jesse. Let's hope the road ahead is paved a little smoother than the ones in the rear-view mirror.

TIME IS RUNNING OUT!!

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B4 SUNDAY, MAY 28, 2000

insider

THE FLOYD COUNTY TIMES

Golfers Get No Breaks From Scheming Architects

know what the answer is before I even ask the question, but I'm going to ask it anyway. Why do architects make their golf courses so hard?

TEEING OFF

©2000 Universal Press Syndicate

Why is there so much water out there? Especially in Florida, it seems almost mandatory to have water on one side or the other of every hole.

Then there are the tricky breaks: Even if you're fortunate enough to hit a good chip, you haven't much chance to make a putt from anything more than 6 feet. What are all those bunkers doing out there, and why isn't his

name Pete Pleasant instead of

Pete Dye? I'll tell you what I think. I think architects are out to get us. I think they treasure their golf courses as loved ones, and they're not about to let any hotshot golfers armed with \$500 drivers wreak havoc on them.

It's strictly a personal thing. They want to beat us up, and make us feel like we've been in a war. They try to intimidate us with forced carries over water, and bake us to death by making us spend more time in the sand than Lawrence of Arabia.

Architects fool us with optical illusions, then put hazards in our way to make us pay for our sins. They're not into redemption; they're into punishment. And the honest ones will tell you this is true.

In the words of course designer Robert Trent Jones Jr.: "(T)he designer may position a tee so that it is exposed to wind and weather in an attempt to distract you and cause you uncertainty. ... (S)ome tees are positioned with the psychological element in mind. For e.g., some tees are positioned to ... create a certain intimidation factor for the golfer. ... (D)esigners love to use this technique to create indecisiveness about your club and shot selection."

I ask you, is there any love here at all? We golfers definitely need a hug.

ASK THE PRO

Q: I want to work out for golf; which muscles do I need for the golf swing?

- Ranaldo from Dallas

by t.j. tomasi

Director of the Players School at PGA National

A: George Knudsen, the great Canadian player, said the only muscle in the body you don't use in the golf swing is in your left toe.

Before you do anything, check with your doctor. After that, here are the four most important points:

1. Your golf swing is two-sided, so you should strengthen the golf muscles on both sides of your body equally.

2. Since your hips supply the major source of power on the downswing, concentrate on developing your thigh and hip muscles.

3. Your ability to rotate around the fixed axis of your spine is critical to generating coil during your swing. Stretching exercises will preserve your rotational flexibility, and exercising your back muscles will give you the stability you need to coil.

4. The rotator cuff muscles in your shoulders require special exercises because they are the most active of all your upper-body golf muscles.

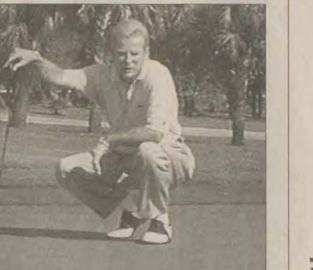
To Ask the Pro a question about golf, e-mail him at: TJInsider@ aol.com.

The works and interest one works of

TOUR STATS The Quiet Man

Who finished fifth on the PGA Tour money list last year with \$2,145,707? Vijay

IT'S GOOD FOR YOUR GAME



Your commitment to the line of your putt is temporary because as you study your line from different angles, you may change your mind. Begin behind the hole (above left), then move between the ball and the hole on the low side of the green (below). The final stop is behind the ball (above right), where you make a final commitment that stays with you through your entire stroke.

Measure Line of Putt From Three Positions

our brain's an expert at tracking objects. All it needs is information. But many golfers fail to provide that information when it comes time to read a putt. To accurately peg the position of the cup in relation to your ball you need to use triangulation — looking at your putt from three vantage points.

our brain's an expert at tracking objects. All it needs is information. But many golfers fail to provide that changes. This is as it should be because, as you gather more information from different vantage points, your brain adjusts the line or curve of the putt auto-

QUOTE OF THE WEEK 66 I don't know. 27

13-year-old Aree Wongluekiet's response when asked where the city of Bradenton (Florida) is. She was sent there to live and study with a golf teacher by her parents at the age of 11.

BIRDIES & BOGEYS

Cheap Talk

Despite all the talk from TV analysts about how the greenside bunker is no challenge for the modern PGA Tour player, the stats tell a different story. Last year the best at getting up and down from a greenside bunker was Jeff Sluman at 67 percent; Davis Love was at 54 percent, Tom Kite had 39 percent, and the best player on the planet, Tiger Woods, was at 57 percent. Tiger failed to get it up and down 43 percent of the time!

These are greenside bunkers, which means the pros are only a few yards from the hole, and it takes them on average three shots to reach the hole. It can't be easy if they're that close and can't get it up and down any better than that.

And if it's tough for the pros under perfect conditions — every grain of sand is combed for impurities before the tournament begins, then again after each round, and every bunker is raked after each shot imagine how hard it is for the average golfer whose ball is liable to land in a footprint with a rock behind

Singh? Phil Mickelson? Hal Sutton?

Reasonable guesses, but the answer is Chris Perry. At 6 feet 1 inch, 200 pounds, Perry is hard to miss, but many do. You might have heard of his father, Jim Perry, a major league pitcher, or his uncle, Gaylord Perry, a Baseball Hall of Famer. But unless you're a golf aficionado, you may not know that there were only four players who finished ahead of him last year, and that makes him one of the best players on our planet.

Last year Perry led the PGA Tour with 468 birdies and was fourth with 14 eagles. He ranked fifth in greens in regulations (69.2 percent) and seventh in the all-around category. He finished the season by making the final 27 cuts with 10 top-10 finishes in his final 14 events.



ABOUT THE AUTHOR

Dr. T.J. Tomasi is the director of the Players School at PGA National in Palm Beach Gardens, Fla. He is a member of the elite Top 100 Teachers chosen by Golf Magazine and is a Class A PGA teaching professional.

DON'T MISS IT Perfect Putting

■ If you want to improve your putting, Don't Miss The Putting Instructor, a simple device that fits on your putter head and gives you feedback on soling your putter properly, the correct eye position and the alignment of your putter face. It also lets you know when you're hitting the ball on the sweet spot. About the only thing it doesn't do is stroke the putt for you. For more information, call (800) 447-2444. When you use just one vantage point to determine the location of an object, you're likely to encounter parallax — distortion that can throw you off. That's why surveyors use more than one position to measure the exact location of objects. They can't afford to be fooled and neither can you.

The three vantage points match points on a triangle: (1) from behind the hole; (2) from midway between the hole and the ball, on the low side of the green; and (3) from behind the ball.

As you move from point 1 to point 3 on the triangle, your commitment to the line of the putt often matically.

Your brain needs to keep "changing its mind" until it gets it right, so don't feel uncomfortable or confused. Don't gaze off into the distance or think about the last drive you hit into the woods. For your brain to do its work, the only thing you have to pay is attention.

Gathering enough information about distance and direction to get the ball in the hole should be part of your regular putting routine. Give your routine a permanent structure so it's an integral part of the shot.

Going through the process of triangulation will bring you to your final commitment on the line and speed of your putt. Then, with your tracking system locked on the target, you can proceed directly to the ball without hesitation, and let your instincts make the putt.



THE GOLF DOCTOR Pitch Relies on Whole Body Movement

A common mistake golfers make when pitching the ball is stopping the rotation of the body and putting a "hit" on the ball using the hands and arms. When you jerk your body to a stop, your left wrist collapses, flipping the clubhead past your hands and making it almost impossible to control the distance of your shot.

Avoid the "stop-and-flip" by keeping everything moving well into your follow-through. To do this effectively you must keep your left hip rotating as you swing through the ball with no change of pace or speed.

In other words, you don't add or subtract any

force; you simply "hit it with your turn," as they say.

So to pitch the ball well, your hips turn the club back and through the ball. This keeps you hitting down and through the ball with no unauthorized slow downs.

The junior golfer pictured just hit a nice pitch shot. Because he turned well through the ball and kept his body moving, his wrists stayed firm. Notice the mark of a good pitch: The butt end of his club is still in line with his front forearm, a move that allows him to slide the flange under the ball without the leading edge digging in the ground. it. This time the stats don't lie: No matter who you are, bunkers are hazards to your game.

Record-Setting Rounds

According to the National Golf Foundation, 1999 set the record for the most rounds ever played in a single year in the United States: 564.1 million rounds played by 26.44 million golfers. That's 21.34 rounds per player. If \$60 is the price of the average greens fee, that's more than \$3 billion.

GOLF SPOKEN HERE

A number of terms in golf lingo have more than one meaning. "Tee" is one of them.

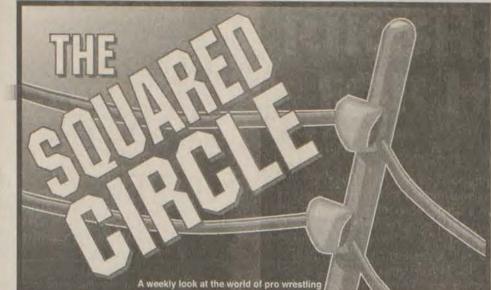
TEE UP YOUR BALL: To place the ball on a special support that elevates it enough to make it easier to hit.

A TEE: A peg, usually made of wood, to place your ball on at the teeing ground only.

THE TEE: The teeing ground itself.

TEE IT UP: To start the game, as in "Let's go tee it up."





TOP 10

- 1. The Rock, WWF 2. Jeff Jarrett, WCW
- 3. Justin Credible, ECW
- 4. Chris Benoit, WWF
- 5. Scott Steiner, WCW
- 6. Chris Jericho, WWF
- 7. Raven, ECW
- 8. Lance Storm, WCW
- 9. Sabu, XPW
- 10. Crash Holly, WWF



RAVEN

WCW, Baltimore, **Great American** Bash, June 11

PAY-PER-VIEW

WWF, Boston, King of the Ring, June 25

Look for: The team of Gedo and Jedo to return to ECW this summer.

MAILBAG

Tell us what you think about professional wrestling, its stars, trends and story lines.

Also, if you have a question or comment about a subject, write to us at The Squared Circle, c/o Sports, News Journal, 70 W. Fourth St., Mansfield, Ohio 44903. You can fax it to us at 419-521-7415 or e-mail to aconchel@thomnews.com. Please include your hometown along with this information.

Dear Squared Circle, Some things that I do not like about professional wrestling:

1. Triple H reversing the decision and firing the referee when Chris Jericho beat him in a match.

2. All wrestlers beating each other with baseball bats.

3. Outsiders interfering with a match going on in the ring.

4. People distracting the ref so that he purposely takes his eyes off the wrestlers.

5. Vince McMahon and Eric Bischoff on camera.

6. The loser beating up the winner with help from the outside.

7. Non-combatants beating up the heroes in the back hallways. - Mary Bedford, Montgomery, Ind.

A: If none of those things took

place, wrestling would become rather boring, Mary. It seems like this reader longs for the days of Verne Gagne and Wilbur Snyder in a 30-minute scientific match. But pro wrestling 2000 is sports entertainment, so the run-ins, bats and on-camera owners will continue.

....

Dear Squared Circle, Where are Jimmy Valiant, Brett and Buzz Sawyer and Johnny Powers?

I'd like to see Mark Calloway resurrect his original Undertaker character, um and all.

RIKISHI'POPULAR FOR HIS MOVES

By Anthony Conchel Squared Circle Editor

What do you get when you mix Jerry Lawler's son with a little-known wrestler who has bad hair and, for good measure, you throw in a 423-pound former Samoan Swat Team member?

to exist and The Headshrinkers were born. This wasn't the first time a Samoan tag team would terrorize the promotion. A decade earlier, Afa and Sika, under the tutelage of Captain Lou Albano, ran roughshod over the competition. Afa is Rikishi's uncle and the man who trained him for the sport; Sika is his cousin.

This version did pretty well also, capturing

AFTER THE BELL

THE ROCK

News and gossip from the wrestling world:

Buff Bagwell was suspended for 30 days after he struck a WCW employee who was carrying carpet out of the building at a "Thunder" taping.

Ric Flair has been told to have surgery on his ailing shoulder. An MRI taken a few weeks ago revealed that it's actually gotten worse over the past few months. Flair's health is in question since he collapsed last week after a taping of "Thunder". His blood pressure was 180/120. But medical personnel at the arena stabilized the 15-time world heavyweight champion. Flair, 51, was supposed to see his doctor in Charlotte, N.C., to find out what caused the inner ear imbalance to flair up. (No pun intended.)

NCAA amateur wrestling champion Brock Lessnar met with WWF officials recently to discuss signing with the organization. Lessnar has become a source of attention as both the WWF and WCW have expressed strong interest in signing him. With Kurt Angle's successful transition from amateur to professional wrestling, some think Lessnar could do the same. He has the size, speed and look that many consider to be important.



Sabu is the XPW champion, having won a tournament in California. ECW is pursuing legal action against XPW.

The cast has been removed from Kane's arm. But he's not quite ready to return.

Diamond Dallas Page initially didn't want wife Kimberly involved in the angle where she leaves him for a younger wrestler. But he decided to go along with it to help boost WCW's sagging ratings.

Vader (Leon White) returned from Japan to his Colorado home, where he is recovering from elbow surgery. He won't be back in the ring until August.

ECW has had talks with both Vader and King Kong Bundy as it seeks to bring in another big guy to offset the loss of Mike Awesome.

Rikishi Phatu goes into his popular dance routine.

IN THE SPOTLIGHT

Lonnie Miller Parts Unknown

A: Buzz Sawyer died several years ago. The others have disappeared from the big-time wrestling scene and might be on the indy circuit.

....

Dear Squared Circle. Will Austin tag team with The Rock? Where was Kane born? - Micahel Hoffer Hagerstown, Md.

A: It's possible the two will become partners in the often wacky WWF. Kane was born in Knoxville, Tenn.



"I am that damn good." - Triple H

Well, you've got a pretty cool mixture. In fact, you've got Too Cool and Rikishi Phatu, the hottest trifecta in the WWF since Doink, Dink and Wink.

Brian Christopher, better known as Grand Master Sexay, Scott Taylor (Scottie Too Hottie) and Rikishi joined forces a few months ago and WWF fans haven't been able to get enough of this threesome ever since. Whether it's Sexay's leap from the top rope, the outrageously funny Worm performed by Scottie, or Rikishi putting his ample posterior in an opponent's face (the Stinkyface), these three wrestlers have quickly captured the imagination of fans from coast to coast.

They get loud pops wherever they go --Wrestlemania, "Raw Is War" or WWF house shows. The loudest pop often comes at the end when the trio dances in the middle of the ring, with Rikishi flanked by Too Cool.

But where did this blond Samoan come from - and haven't we seen him in the ring before? Harken back a few years to the Samoan Swat Team (SST), and you've got your answer.

Cousins Fatu and Samu worked for World Class Wrestling in Texas at the start of their ring careers, before being noticed in 1988 by scouts with the National Wrestling Alliance, later World Championship Wrestling. The Samoan Swat Team was managed by Paul E. Dangerously (ECW's leader Paul Heyman) and enjoyed a fair amount of success.

After a few years working for the NWA, the cousins embarked for the World Wrestling Federation. In 1992 the Samoan Swat Team ceased

the WWF world tag team crowns from The Quebecers on April 26, 1994. But it was a short-lived reign as the WWF had plans for a popular tag team — that of Shawn Michaels and Diesel (Kevin Nash). Michaels and Diesel won the belts on Aug. 28, Samu left the WWF and Fatu was left without a partner.

Like many wrestlers who've had success as a member of a team, Fatu struggled to find a good persona - and he tried several.

They all led to frustration, particularly the role of The Sultan.

'That was the downfall of my career," Fatu told WOW Magazine. "My heart and soul weren't into the character ... it just didn't get over."

Unsure of his future in the sport, the big man took some time off, coached community football in Florida and knocked around the independent circuit. After an appearance on the Heroes of Wrestling pay-per-view last fall, he got a call from Vince McMahon.

The master of gimmicks had an idea for a new one - a modern-day sumo wrestler. With that thought, Rikishi Phatu was born. He dyed his dark hair blond and became an instant hit with the fans, most of whom don't care about the failed personas of the past or were too young to even remember the SST

His patience has paid off. Now fans can't wait to see the team of Too Cool and Rikishi.

"I'm very lucky that I got another chance with the World Wrestling Federation," Phatu says.

Rikishi is grateful for his opportunity and WWF fans have been quick to embrace and cheer for this popular threesome.

Curt Hennig's contract with WCW expires in June.

With Lance Storm heading to WCW, look for Steve Corino to get a major heel push.

Apparently the New Jack-Sandman fight that took place didn't have any lasting repercussions. The two drinking buddies made up later that night and reportedly were joking with each other the next day.

Tonomi Jumbo Tsuruta died of kidney failure in the Philippines recently. He was 49 and a former Japanese champion who spent some time wrestling in WCW.

COMING TO YOUR TOWN

A look at upcoming wrestling shows across the country:

WWF...

May 27, Calgary, Alberta May 28, Edmonton, Alberta May 29, Vancouver, B.C., "Raw Is War" May 30, Tacoma, Wash., "Smackdown!"

WCW May 29, Seattle, "Nitro" May 30, Boise, Idaho "Thunder" taping

ECW... May 27, Columbus, Ohio

June 2, New Orleans June 3, Pensacola, Fla. June 9, Erie, Pa. June 10, Pittsburgh

REAL NAMES

Dustin Rhodes, Goldust

Dustin Runnels 6-5, 260

nometown: Austin, Texas Birthday: April 11, 1966 Pro debut: Sept. 13, 1988

MATMEMORIES

A look back at memorable moments in pro wrestling history:

June 12, 1961: Fred Blassie beats Edouard Carpentier in Los Angeles to win the WWA heavyweight title for the first of four times.

May 2, 1981: Killer Kahn leaps off the top rope onto Andre the Giant during a match and breaks Andre's left ankle, igniting a feud.

WHO'S HOT/WHO'S NOT



Eddy Guerrero: The member of the Radicalz has teamed up with Chyna to generate some serious Latino Heat. Eddy's mat skills should keep him in the spotlight.



Evan Karagias: This youngster has been buried by WCW in recent weeks after getting a great deal of TV time several months ago.

www.wwfdivas.com www.24-7wrestling.com If you know of a new or hot wrestling Web site,

www.ECWwrestling.com

www.wrestlezone.com

www.WWF.com

www.WCW.com

www.wrestleScoop.com

share it with Squared Circle readers. Send it to aconchel@thomnews.com

WRESTLING ON THE WEB

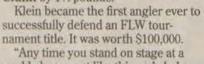
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SUNDAY, MAY 28, 2000 **B6**

INSIDE THE PRO FISHING TOUR Klein Repeats In Memphis FLW

eteran Texas pro Gary Klein came on strong Saturday to successfully defend his championship in the Wal-Mart FLW Tour's Mississippi River tournament out of Memphis. His final-round five-bass limit weighed a whopping 21 pounds, 5 ounces, and put

him ahead of recent FLW winner Rick Clunn by 11/2 pounds.



world-class event like this and shake Rick Clunn's hand for finishing second, it's unbelievable," said Klein, who caught his fish on a jig.

While many of the competitors

Tim **Tucker's** Tour Notebook

chose to make runs of more than 120 miles downstream to highly productive oxbows, Klein stuck to the game plan that earned him last year's victory and fished Tunica Lake (about 70 miles south of Memphis).

"I think maybe they are going to start calling me Mr. Tunica," Klein said.

It was Klein's third top-five appearance in the last three FLW events this season.

Former BASS Masters Classic winner Ken Cook of Oklahoma placed third with 19-14. Reigning Classic champion Davy Hite was fourth with 18-6.

. . .

Chapman Wins BASS Young Kansas pro Brent Chapman wrapped up his first national tournament victory Saturday with an 18-pound final-round catch to win the \$206,000 BASSMASTER Louisiana Central Invitational on the Red River. Chapman's three-day total of 50 pounds, 3 ounces was worth \$40,000.

Local favorite Rodney Wagley was second with 441/2 pounds, followed by Oklahoma's O.T. Fears with 43 pounds.

The final event of the Central Invitational circuit sent five pros to the Classic: Scott Rook of Arkansas; Curt Lytle of Virginia; Edwin Evers of Oklahoma; Randy Jackson of Missouri; and Chapman. All except Chapman qualified for their first Classic appearance.

. .

Coble Takes Red Man Jeff Coble, 37, of North Carolina won the 17th annual Red Man All-American Bass Championship and \$100,000 recently on Lake Hamilton near Hot Springs, Ark., with a final-round catch of five bass weighing 11 pounds, 6 ounces. Arkansas' Keith Green finished second (11-1), followed by Ricky Smith of Mississippi (9-9) and Florida's Gary Simpson (8-7) in the elimination event.

. .

Departing Pros Expect to hear soon that Ranger Boats has lost two or more of its pros who have been forbidden to compete in the World Championship Fishing boating/fishing series sponsored by BASS. For those young pros - whose only compensation is the use of a boat they must sell at the end of the year, and a few paid entry fees - missing out on the WCF means losing the opportunity to make a lot of money and gain a boatload of exposure. Even if he finishes dead last in all five events, a pro can still take home \$25,000. And there is a chance of winning the \$251,000 top prize in each WCF contest.

THE FLOYD COUNTY TIMES

A weekly guide to sports in the wild, including the professional bass fishing tour

Congwing Publications Inc. Peter M. Gentile, Editor. Write to us at P.O. Box 15045, Sarasota, Fla. 34277

YOUR SPORTS

Play's the Thing Getting a Bite Just the Start

By TIM TUCKER, Outdoors Writer

he biggest difference between the weekend bass angler and the tournament pro can be seen during the battle between fish and fisherman. Most anglers concentrate considerably more on enticing a strike than on fishing's version of hand-to-hand combat.

"Most people don't give nearly as much thought to how they play fish as they should," four-time BASS Masters Classic champion Rick Clunn said. "Setting the hook and playing fish are two of the weakest areas for both the tournament pro and the average angler alike.

There is a definite art to handling those nerve-jarring moments between hook-set and net. It begins with the strike, that split-second when everything is out of control. After the strike and hook-set, the adrenaline surge takes over and the battle ensues. And it is this one-on-one duel that truly separates the pros from the amateurs. The ability to quickly subdue a big bass is one of the dividing lines in fishing ability.

The act of playing fish has experienced a significant transformation in recent years as tackle technology entered the space age.

Four-time BASS MegaBucks champion

Larry Nixon emphasizes that the trend toward using lighter lines and lightweight, limber rods has forced us to rethink the way we play fish. "The days of using big, stout rods, 25-pound test line and simply overpowering fish are over," the Arkansas pro said. 'Nowadays, we're using more 10- and 12-pound line and rods with limber tips, so we have to finesse the fish more."

There are still situations like flipping a jig in heavy cover where the strong rod and big line are used to winch bass out of some bad places. But the everincreasing fishing pressure and the clearing water in many aging reservoirs have forced a move to light line and small, finesse lures to get strikes. And that has changed the way we approach fighting fish.

Properly playing a fish is all about decision-making. a mental process as a physical one And



PHOTO = TTM TUCKER Arizona pro Dean Rojas lands a 13-pound bass.

"In clear water, you can quickly see how the fish is hooked. If it's dirty water, I'm waiting for the fish to come up to the surface or jump. Then I'm looking for where the bait is hooked and how well. Can I see where the hook is? Can I see any part of the bait? That information helps you determine how much pressure you can put on that fish,

Perhaps the most vulnerable time during the fight occurs when a fish becomes airborne. It is during the jump that a fish can use slack line, the weight of the lure and its violent momentum to dislodge the bait. The fisherman has little control over the action.

It is for that reason that knowledgeable anglers do everything possible to keep the fish from jumping. Grigsby and Clunn have enjoyed the most success by battling bass with the top half of the rod in the water and using the reel to keep pressure on the fish When playing a bass, Nixon uses rod pressure to move the fish from side to side and make it tire quickly. And Nixon holds the rod tip low, except for the times when he is struggling to keep the fish on the surface and away from submerged structure.

"When people think of California bass fishing, they

fishermen in the West are the ones who have mastered the

finesse stuff, but also know the value of fishing big jigs.

automatically think of light-line finesse fishing. But the better

"Big ¹/₄- and 1-ounce jigs have a definite time and place

anywhere in the country. A big jig with a good-sized pork or

plastic trailer can be the very best big-bass bait of all at times.

It has a big profile that attracts bigger bass, and you can fish it

"At the same time, you can get a subtle presentation from a

before settling on the bottom. The traditional way to fish a jig

is to hop it along the bottom. But you can also get a finesse

presentation from a big jig that will get inactive bass to bite

on heavy line and a big rod, so you have a better chance of

big jig that quietly enters the water and then softly sinks

getting those big fish to the boat.

it."

YOUR SPORTS

Horseshoes **Ring In Start Of Summer**

By STEVE GUST

s the prime picnic season approaches, the great outdoors will soon be filled with the familiar thud and clink of the quintessential summertime activity: horseshoes. Horseshoe pitching may seem as American as a Norman Rockwell painting, but its origins actually go back to Roman times, when soldiers came up with the game as an amusement.

Today, horseshoes are tossed in all corners of the globe. The National Horseshoe Pitchers Foundation estimates there are 15 million people in the U.S. alone who regularly throw horseshoes.

One of them is Walter Ray Williams Jr., 40, whose first sporting love is horseshoes. However, more people know him by his secondfavorite sport: He is a five-time Bowler of the Year with more than \$2 million in career earnings on the Professional Bowling Association tour.

"If there was money in horseshoes, that's what I'd be doing full time," he said.

From a young age, Williams excelled at competitive horseshoes. His pitching prowess earned him junior titles and an appearance on Dick Cavett's TV talk show in 1971 at the age of 11. He has gone on to earn five world titles and, perhaps not surprisingly, the nickname 'Deadeye.'

"Horseshoes remind me of a big family reunion," Williams said. "The beauty is that everybody can participate, the young and old, even people in wheelchairs."

The game is simplicity itself. Toss the horseshoe at the stake in the ground 40 feet away. If it hooks the stake - a "ringer" - you get three points. Otherwise, the player closest to the stake gets one point. Backyard games are often played to 21 points; tournament games, 40.

illiams, who grew up in California, plays in 10 to 15 horseshoe tournaments a year, even passing up bowling events with large purses.

After decades, the horseshoe thrill is still there for the bowling star.

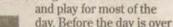
"Getting a ringer isn't that difficult, but it's getting four or five in row when I need them the most - that's what feels the best," he said.

Chuck Grothe of Indianapolis is 76 and has been throwing shoes for more than 40 years. These days, he doesn't toss them quite as hard as when he was winning American Horseshoe Pitchers Association championships. But to Grothe, there is more to it even than winning a national title.

"There's lots of good people throwing," he said. "Every now and then you run into what you might call a snob, but overall there's lots of friends.

And the sport of horseshoes stands out for one other reason: economics.

"This has got to be one of the cheapest sports around," Grothe said. "You can spend \$5 to get into a tournament



Tim Tucker's Pro Power Ratings

O Sta	r indic	ates a p	pro who is coming on strong.
THE Week	Last Week	Wooks	Angles, Hometown
1	5	49	O Kevin VanDam, Kalamazoo, Mich. BASS Angler of Year runner-up
2	3	32	O Tim Horton, Spruce Pine, Ala. BASS Angler of Year; made four Top 150 finals
3	6	49	Rick Clunn, Ava, Mo. Won FLW Open; made 27th straight Classic
4	2	49	Davy Hite, Prosperity, S.C. Won '99 BASS Masters Classic
5	4	49	O Larry Nixon, Bee Branch. Ark. Won Top 150-opener, made 22nd BASS Classic
б	1	49	Denny Brauer, Camdenton, Mo. Runner-up in '99 Classic; Fla. Top. 150 finals
7	8	27	O Aaron Martens, Castaic, Calif. Calif. BASS winner; made last 3 Top 150 finals
8	9	13	O Shaw Grigsby, Gainesville, Fla. Won two Top 150s; made MegaBucks finals
9	11	19	Michael Iaconelli, Woodbury Heights, N.J. Won Vt. Top 150; runner-up in Fla. Top 150
10	10	49	Stephen Browning, Hot Springs, Ark. Third in FLW Angler of Year race
11	14	4	Skeet Reese, Cotati, Calif. Won BASS Western Invitational
12	7	32	David Fritts, Lexington, N.C. Two Top 150 finals; Millennium runner-up
13	13	46	Clark Wendlandt, Cedar Park, Texas Won S.C. FLW event
14	-	1	David Walker, Cannon, Ky. Made BASS Classic; '99 FLW Angler of Year
15	15	39	Roland Martin, Clewiston, Fla. Runner-up in Top 150 opener; 6th in Miss. FLW

These ratings of America's top tournament bass pros are based on Tim's pinion of their talent, knowledge, experience and most recent tournament

the cerebral side of fighting fish begins instantly.

"It's important to analyze things immediately," Florida pro Shaw Grigsby said. "As soon as the hook is set, the first thing I'm looking for is how well the fish is hooked.

Tips From the Pros Think Big Jigs for Big Bass



of the West's most decorated tournament pros and a twotime BASS Masters Classic qualifier. He lives in Castaic, Calif.

Chris Knox of Oklahoma

takes aim. Knox, 30, has

tossed since he was a child.

you can easily get your money back or even make some.

Although horseshoes may seem a fairly sedate activity, don't be fooled. It can be dangerous, and not mainly for the participants.

"You've got these heavy shoes being thrown at 30 miles per hour," Williams said. "I've been at tournaments where people walk around where shoes are thrown."

So, for spectators, a bit of advice: Heads up! Grothe remembers one spectator who could have used that advice decades ago.

"When I first started, I was throwing them hard," he said. "One of them hit the stake and popped right off. We were trying to yell and warn people, but there was this one guy sitting there looking at girls."

The shoe struck the man in the chest.

PHOTO = STEVE GUST

"It knocked him out," Grothe said. "We had to revive him.

That, however, is the exception to the rule. Injuries are rare. So when you start planning that Memorial Day picnic, don't forget to pack the horseshoes.

WRITE TO US

The Outdoors page is published weekly by Longwing Publications Inc., P.O. Box 15045, Sarasota, FL 34277. If you have a question that you would like Tim Tucker to answer on this page, write to him in care of Longwing Publications. Sorry, no phone calls.

PRO BASS FISHING RESULTS

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Louisiana Invitational		31. Thomas O'Bryant, Hollywood, Md.	15/0		Contraction of the second se		12/0	25-15		
contribute mattacional		32. Kelly Jordon, Mineola, Texas	14/0	31-10						
re the top finishers in the BASSMASTER Lousiana		33. Kevin Short, Mayflower, Ark.	15/0	31-8				12/0	25-12	
nvitational held May 18-20 on the Red River at		33. Roger Schofield, Killen, Ala.	12/0	31-8	71. Steve Price,			12/0	25-10	
rt/Bossler City, La., including an			35. Jimmy Jeansonne, Natchitoches, La.	15/0	31-7	72. Stade Dearr				25-8
ch (and number of dead fish), ar			36. Kent Priel, North Platte, Neb.	12/1 31-5	73. Kazuhiro N			24-15		
			36. Ken Sheets, Festus, Mo.	13/0	31-5	73. Clift Swift,			11/1	24-15
Chapman, Shawnee, Kans.	15/0	50-3	38. Jeff Kriet, Ardmore, Okla.	14/0	31-4	75. Sam Henry,			11/2	24-11
y Wagley, Baton Rouge, La.	15/0	44-8	39. Lucy Mize Berl, Lomond, Ark.	11/3	31-0	76. Terry Conne			10/0	24-5
ears III, Sallisaw, Okla.	15/0	43-0	40. Randy Allen, Shreveport, La.	15/0	30-12	77. Tom Lester,			11/2	24-8
Dallas Gray, Jr., Minden, La.	14/0	41-10	41. Deryl Janzen, Altus, Okla.	11/0	30-10	78. Mark Rando				24-7
inato, Branson, Mo.	14/0	41-2	42. Allen Ryland, Keithville, La.	15/0	30-9	78. Jeff Holder.			12/0	24-7
urns, Carbondale, III.	14/3	40-13	43. John M. Clark, Bossier City, La.	13/0	30-8	78. Ted Pate, A			9/0	24-3
Evers, Mannsville, Okla.	15/0	40-0	43. Stan Gerzsenyi, Mineola, Texas	14/0	30-8	81. Bill Cook, S	andspring	is, Okla.	10/1	24-1
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Urbanovsky, West, Texas	14/3	39-9	46. Ladd Shannon, Atkins, Ark.	14/0	30-2	\$3. Kenyon Hill	Norman,	Okia.	11/0	23-19
Brauer, Osage Boach, Mo.	15/0	38-6	47. Mike McClelland, Springdale, Ark.	13/2	30-1	84. Mike Boyles	, Ozark, M	10.	12/0	23-13
L. May, Wichita, Kans.	15/0	38-3	48. Truman Hudnall, Ferriday, La.	12/0	29-8	84. Patrick Lass	tio, Lafitte	e, La,	13/0	23-11
Hall, Lehighton, Pa.	13/0	38-0	49. Jason Lee Barber, Gunbarrel, Texas	13/0	29-7	86. Patrick Star	nes, Larec	do, Texas	12/1	23-12
Rook, Little Rock, Ark.	15/0	37-5	50, Bert Thompson, Benton, La.	14/0	29-4	87. Nelson Sch	errer, Festi	us, Mo.	10/0	23-3
Martin, Haughton, La.	13/0	37-2	51. David Wharton, Sam Rayburn, Texas	11/0	28-15	88. Eason Down	fen, Many	, ta.	11/2	53-1
Pauley, Columbia, Mo.	13/0	36-8	52. Ray Welch, Bossier City, La.	12/0	28-14	89. Jimmy Gree	r, Pinevill	o, La.	12/0	22-13
Snowden, Springfield, Mo.	15/0	36-7	53. Bruce C. Johnson, Montrose, Ark.	11/0	28-10	90. Bill Guillon	, Jasper, 1	Texas	9/0	22-14
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Embry, Fort Scott, Kans.	12/1	33-8	62. Jason Reynolds, Stratford, Okia.	12/0	27-1	1 7	48	29	92	1,605-7
Evans, Vivian, La.	14/3	33-0	63. David Underwood, Waco, Texas	14/4	26-12	2 7	11	18	74	1.535-10
Ruby, Stamps, Ark.	15/0	32-14	64. Jerry "Doc" Wright, Waco, Texas	13/2	26-10	3 6	47	30	75	1,384-6
Lowenthal, Prairieville, La.	13/4	32-13.	65. Randy Dearman, Onalaska, Texas	11/0	26.7	1.5	06	.77	241	4,525-7
Bothe Stidell, La:	15/0	32-11	66. Mike Whitlock, Gonzales, La.	11/0	26-3	-	14			
ruitt. Sam Rayburn, Texas	15/1	32-0	67. Terry Gamer, Mansfield, Texas	14/0	26-1					

GEAR AND GOODIES Coleman Extends WeatherMaster Family

ummer is just around the corner, and to many outdoors enthusiasts that means family camping trips.

Just in time for the summer camping season, Coleman has introduced some new additions to its innovative line of Weather-Master tents designed to accommodate the outdoors family. There are now 13 models in the Weather-Master series, which feature sturdy steel pole structures that help them withstand gusty winds and torrential rains.

New this year are two- and threeroom dome versions. The 13-by-13 three-room family dome tent is in response to the trend toward multiroom tents that are family-friendly. It has a large primary room and



two separate rooms that are perfect for sleeping or stowing camping gear. Its two entry doors, two windows and two mesh ceiling vents provide easy access and

plenty of ventilation. It sleeps six to eight people.

The two-room dome tent is 10-by-10 in size and has a hanging divider that can be removed to create one large room. It has two separate doors, two oversized rear windows and three_ mesh ceiling vents. It can sleep

four or five people.

- Tim Tucker

For more information, contact Coleman at (316) 832-2702



The Lady o f

has been part of **OLW** for half-century

UKSE

Story and photos by WILLIE ELLIOTT STAFF WRITER

4

Have you heard of people who were there and a business or organization grew around them?

With Wanetta Newsome and Our Lady of the Way Hospital in Martin that's almost the case.

During a birthday party at the hospital on Wednesday, the staff helped Newsome celebrate her 78th birthday and 53 years of service to the hospital.

When the Catholic sisters arrived in Martin in 1947, Newsome and one other employee, Pauline Wallace, were "daring enough" to face the nuns who were taking over the former Gearheart Community Hospital.

One person told the story this way: "When the Sisters came in the front door, some of the nurses and aides went out the back door because 'We're not goin' to work with them Catholics."

After Newsome started a family, the hospital became the family's extended home. When her first daughter, named Mary Helen after one of the sisters, was born, Newsome would bring this nursing infant to work with her.

Mary Helen was under the care of one of the sisters, but at feeding time, Newsome was called to the office to nurse her daughter, after which she then returned to patient care on the floor.

Newsome has contended all along that "God has always been in this hospital.

She told of this experience as proof or her conviction: Forty years ago, a patient of Dr. Sherman, a noted physician of the time, died. He opened her chest and massaged her heart. She lived another 30 years.

Dr. Lowell Martin, a practicing physician at the hospital, said Newsome "worked like a horse," putting in long hours just as the nuns did.

According to hospital records, Newsome, at one time, was a patient in the hospital and was chosen for a patient interview when the hospital was being surveyed.

Needless to say, the hospital got a glowing report, but Martin said, if not for the work and dedication of Newsome, the hospital would have folded years ago.

(See NURSE, page three)

Wanetta Newsome was treated to cake and conversation in honor of her 78th birthday and 53 years of service to Our Lady of the Way Hospital.



Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request. The following column was written in 1960.

We asked for Fishtrap Dam funds and got beans. Thanks for the beans!

JUST A TIP

We salute the town of Salyersville as it prepares to celebrate its centennial. The boys over there are wearing beards. Prestonsburg undertook a sesquicentennial celebration, and one. thing we learned: The easy thing about such undertakings is whiskersprouting.

There's a guy named Ray Wencil who may never join the immortals, because of his writings, but one line of his will, will make him long remembered by me. It reads:

The easiest way to get a youthful figure is to ask a woman her age."

A magician can saw a woman into two, or make you think so. But that is a trick deserving of no more than a passing glance. Almost any man can easily make his wife fly into pieces.

CRAZY MAN!

While looking over some photographs of cave-man drawings and still other art works from an ancient tomb recently, I decided those artists weren't the most talented we've had. But further thought about the matter, caused me to wonder ... maybe those old boys were tops.

A little comparison with modern art caused me to give those oldtimers the benefit of doubt. Suppose (I reasoned) this civilization is blasted to smithereens, and then some day-a thousand or so years later. say-whatever form of life is left starts digging in the rubble and comes up with a bit of this surrealism that passes for art, these days. What do you think the poor creature would say about the ability of artists, back in the dim past of 1960?



Remembering day...

Many people share a memory similar to the one I have parents and they made it possible for their children to of family gatherings at the cemetery on Memorial Day.

It struck me the other day that not only has the custom all but disappeared, but so have many

of the people I shared the experience with back then.

Mammaw died in the '60s. Aunt Era and Uncle Elmer died almost a decade ago. Mom and Cousin Fred have been gone a couple of years.

Several of the others, such as Uncle Walter, who trekked up the hill on John's Creek with their own families, have also joined their ancestors.

Last week, the husband of a close cousin died. Paul and Mary (Louise to the family) Williams were among those who would drive from Dayton to observe Decoration Day in the hills in the 1950s and '60s.

I always admired Paul, and for a time he was a kind of surrogate father to me.

He was as good a father to his three children as anyone could hope to have. He was strict, but there was so much love attached that they didn't much mind. He taught by example, and it was always a good one.

PostScript

by Pam Shingler Editor



succeed.

Paul had a marvelous sense of humor, dry and low

key. You couldn't be in a bad mood around him for long. Most of the humor came from stories about people, including himself.

One I remember clearly has to do with his going to Ohio to look for a job, shortly after he got out of the service and before he and Louise were married.

He applied at a shop, he said, and the owner told him, "You Briars are the best workers I've ever seen, but I just can't get you to stay. You hire on and three weeks later, you leave and go back home."

Paul said he assured the man that he wouldn't be like that. So the man gave him a job. "Exactly three weeks later, I quit and come back home," he said, his eyes disappearing behind a smile that would warm a cold room.

Paul was among the oldest of 12 children, and he became a father figure for several of his siblings, as well as many of Louise's clan, including

(See POSTSCRIPT, page three)

THE RESULTS

"Make a better mousetrap and the world will beat a path to your door." Elbert Hubbard advised, years ago. The story is told of a man from Chicago receiving as a gift while visiting in this county a pint of the "best" moonshine whiskey produced hereabouts. He took it with him.

"Now look what you've done." exclaimed a friend of the donor of the bottled goods, a few days later, pointing to a special train loaded with company officials from Chicago.



Seth Carter was one of hundreds of area children who enjoyed the recent Winnie The Pooh performance at the Mountain Arts Center. Winnie, Tigger and Piglet entertained three sell-out audiences, two as part of the MAC Series for Young People for schools, and one for a general audience.

me. He was a hard worker and a good money manager. With Louise's help, they had a much better life than their

C2 SUNDAY, MAY 28, 2000

Wedding Rules

bout weddings. Everything is flexble, maybe too flexible, but that's mother story. You and your fiance make your own rules. Bearing that n mind, here are the top ten rules hat will help you plan your wedling successfully (and good luck):

It's better to laugh than to cry. Keep your sense of humor, or thing off your list.

It's important to remember that rent one for the duration. Don't get here are no hard and fast rules too stressed out; you won't accomplish anything. In that respect it's just like real life.

Get organized.

Make a list of all the things you need to do immediately and get them accomplished early on. You will feel a real sense of accomplishment every time you cross some-

THE FLOYD COUNTY TIMES

Establish a budget. Until you know what you can afford to spend on the entire affair, you can't allocate your money properly; and you won't want to blow it all on one piece of the pie.

Don't assume anything.

Get second, third, and fourth opinions from the "experts." Think how long you would shop around for a great pair of shoes. Shouldn't you pay at least that much attention to your wedding?

Talk to him.

Ask your fiance's opinion for two reasons. One: You don't really want to do anything that he finds absolutely repellent. Two: If something goes wrong, you can blame him later for not talking you out of

Don't make new friends. And don't think you have to expensive one is the best. invite everyone from your past.

Don't listen to anyone else, Or more specifically, listen and filter out everything you don't agree

with. Don't pay too much attention to other people's advice or you will go crazy!

You get what you pay for. As much as you want to keep things affordable, don't choose a photographer because he is the cheapest one around. By the same token, don't assume the most

Don't rush it.

Don't plan on getting married in four months and expect to have a full-fledged wedding, unless you

hire a professional to help you. Hey, Rome wasn't built in a day.

Stop talking about it.

No one else, including your fiance, is as fascinated by this as you are. Contrary to popular belief, the world doesn't revolve around your wedding. It should, but it just doesn't. So keep things in perspec-

From "Getting Hitched Without A Hitch: How to Plan Your Dream Wedding in the Real World" by Dona Chernoff Eichner, \$12.95 Trade Paperback.

Settlement schools focus of seminar

Pine Mountain Settlement School showcase regional talent. n Harlan County will sponsor a ymposium on Settlement Schools in ie Southern Mountains on June 7-10. The conference will explore the

ettlement tradition and how it might ddress critical issues in today's vorld. It will also include traditional uts performances and classes. Featured speakers and artists

nelude Loyal Jones, Jean Ritchie, Ron Eller, Lee Sexton, Judi Jennings ind Jennifer Rose.

A folk dance party on Thursday vening will feature Charlie Whitaker of Carcassonne and Randy Wilson of Big Creek and their bands. An outtoor concert on Friday night will

All events are free and open to the public, but reservations are advised since seating is limited. There is a charge for meals and overnight lodging, and reservations should be made by May 31.

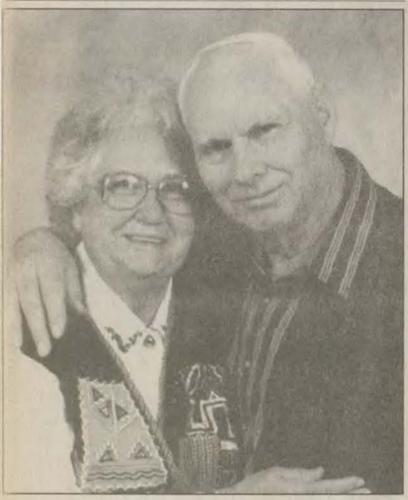
The symposium is co-sponsored by the Hindman Settlement School and partially funded by the Kentucky Humanities Council, Kentucky Arts Council, National Endowment for the Humanities and National Endowment for the Arts.

For more information, call Pine Mountain Settlement School at 606/558-3571 or e-mail pinemountain@kih.net.



Local youth have again helped the staff of Jenny Wiley Theatre beautify the grounds in preparation for the 36th season of musical performances. For the past three years, members of the Floyd County 4-H Teen Council and Talented and Gifted Leadership Challenge have provided community service by helping to clean up and plant flowers. The students were assisted by Pat Barnette, Tammy Francis and Mary Frazier, all of the school system's talented and gifted program; Chuck Stamper, county 4-H director, and David Crisp, horticulturist with the City of Prestonsburg.





Miss Kentucky pageant to be held June 22-24 At Transylvania University

The 55th annual Miss Kentucky Scholarship Pageant will be held June 22, 23, and 24, with 31 contestants from around the state. The pageant will take place in Haggin Auditorium at Transylvania University in Lexington.

Award winning singer Johnny Porrazzo, Miss Kentucky 1999 Shanna Moore, former Miss Kentuckys Veronica Duka and Chera-Lyn Cook, along with a host of dancers, will entertain audiences throughout the preliminary competitions.

On Saturday evening, they will be joined by Miss America 2000 Heather Renee French in a special

WYMT-Hazard, WAVE-Louisville, WQTV-Paducah, WKNT-Bowling Green and WWAZ-Evansville, Indiana.

Admission is \$20 for each preliminary competition and \$25 for the final night of competition. Tickets may be purchased at the door, or in advance by sending a check or money order along with a self-addressed, stamped envelope to: Miss Kentucky Scholarship Organization, 2408 Brookshire title is Miss East Kentucky. Circle, Lexington, KY 40515.

For more ticket information, call 859/273-5344.

Contestants will compete in four phases of competition at the compete for the Miss America title the daughter of Steve and Debbie in Atlantic City, New Jersey, in October.

Three area women are compet-

Jenny Rena Shepherd of Pikeville is a graduate of Pikeville College. The daughter of Johnny and Tessie Shepherd, she will make a vocal presentation. Her platform is domestic violence awareness and prevention. Her

Stephanie Lauren Treap is music education.

Ousley. Contact Peggy Johnson,

Hyden reunion, Sunday, May 28,

beginning at 11 a.m., at the Pines

Building, Jenny Wiley State Resort

Park, Call 606/886-3944 or 789-

May 28, G.F. Johnson Elementary

· 16th annual Bartley Reunion,

· The Johns Creek DeLong-

606/358-3077.

5024

Treap of Pikeville and a student at Kentucky Christian College. She will present a dance routine, and her platform concerns arts in the schools. She is Miss Grayson Heart-of-the-Parks.

 Mellanie Jo Howington, Miss Magoffin County, will present an oboe performance. She is the daughter of Randell and Connie Howington of Salyersville, and her platform is

Celebrating 50 years

Gardis and Maudie Ousley of Middle Creek, Prestonsburg, will mark heir 50th wedding anniversary with a celebration for family and riends on Sunday, June 4, at the Memorial Shelter at Archer Park. The vent is slated for noon to 3 p.m. The couple was married on June 12, 1950, in Prestonsburg. They are the parents of four daughters, Janet Faye Prater, Janice Sue Shepherd and Lisa Gay Johnson, all of Prestonsburg, and Denise Porter of Allen. They also have two granddaughters, one grandson and one great-grandson.

presentation.

"A Brand New Day" is the theme for this year's pageant, featuring music from "EFX" and "Zorro." Nancy Cox and Michael Brooks of WLEX-TV 18 will cohost the pageant ceremonies.

Preliminary competitions will begin at 7:30 p.m., on Thursday, June 22, and Friday, June 23. Winners will be selected each night in the fields of talent and swimsuit.

The final night of competition will begin with a pre-show at 6:30 p.m., Saturday, June 24, and can be seen live on WLEX-Lexington,

pageant, including talent, interview, evening gown and physical fitness in swimsuit. During the pageant, each contestant will also discuss her chosen platform, a social or community issue of concern to herself and our society at large.

During her year of service, Miss Kentucky will travel across the state, speaking to government officials, business leaders, community groups, school children and all types of citizens about her platform issue and encouraging them to become involved in her cause. She will also be eligible to

ships need to be between the Mr. and Mrs., and not involve outsiders. Also, it is not healthy for married adult children to allow their parents to make demands of them that interfere with the couple's married life and responsibilities to family.

For couples with children, absorb the impact of a baby's entrance into the marriage. The couple must learn to continue the work of protecting their own privacy." Hopefully, by the time children begin to arrive to the family, the married couple have learned to make compromises about their needs, wants, and desires, so that they don't just have to play golf, but can communicate clearly in regard to their children, such as making sure that grandparents follow the same rules for the children.

Learning to "Confront and master the inevitable crises of life" is way up there close to No. 1. The quote of the day is. "I get so fired that every time he gets upset or doesn't like

Is last year's wedding bliss still aglow?

time setting boundaries to protect each partner's autonomy:

So often a wife will say, "It seems OK for him to go hunting every weekend with his old boyfriends, but it's not OK for me to go shopping with my girlfriend from high school. I get tired sitting at the house all of the time by myself."

Another important thing couples need is to "Establish a rich and pleasurable sexual relationship and to protect it from the incursions of the workplace and family obligations." Seems this is similar to the idea that sexual relation-

something, he throws out-'Just pack your bag and leave."" Thank goodness, this couple has been working on how they can "save their marriage" and each is learning to not always react emotionally, when the other one is upset.

Another psychological task similar to the last one is, "Maintain the strength of the marital bond in the face of adversity. The marriage should be a safe haven in which partners are able to express their differences, anger, and conflict."

Some real important issues come up about anger control: (1) Each person needs to be able to show impulse con-

· Derossett-Ousley family School, Virgie, 10 a.m.; dinner at 1 reunion, through noon, Monday, p.m. Bring covered dish. For information, call 606/639-6341, 639-May 29, Camp Shawnee, near 6624, or 432-6538. German Bridge at JWSRP. Descendants of Sarah and Clyde

· Third annual Akers and Holt family reunion, Saturday, June 3, beginning at 10 a.m., Shelter 2 at Dewey Lake, Corps Recreation Area, Jenny Wiley State Resort Park. Bring refreshments. For information, call 447-2731 or 785-3735

· Hughes-Laferty Reunion, Saturday, June 10, Shelter 4 at Dewey Lake, JWSRP; lunch 12:30

trol, such as not having explosive episodes; (2) One person does not need to always be in CONTROL-of the other person, situations, or decisions-communicate, compromise, and cooperate; (3) The need to learn to be flexible. based on the situation and not how "Dad always did it this way" or "we have to do it like this."

Of course; most everyone knows about the nice, positive things that couples can do to benefit the other person or support their marriage. However, it is just hard to think about pleasantries when we feel upset and trying to convince the other that she is wrong.

"Use humor and laughter to keep things in perspective and to avoid boredom and isolation." While things are going along well, make a list of choices to use when feeling upset with one's partner and a "magical" word to notify the other one that a cool-down period be taken and then come back to problem-solving.

"Keep alive the early romantic, idealized images of falling in love." This is so important. Everyone likes to think the love of his life thinks he is special and does not need anyone else. BUT, that idea has to be maintained by consistent behavior that supports the concept. This is another one of those perceptions that is easily broken and hard to repair or replace.

Even though most of you know all of the above, how many days a week do you make an effort to follow through? Why don't you do what you know you need to do? Is the person or object you are allowing to get in your way, worth it? What would you do differently today, if you knew you could slow down the chance of a marriage. breakup?

A common recommendation to individuals coming for marital therapy is, "Have a date before you come back, Fertilize your relationship as you would your garden. When feeling upset with your partner, think about what YOU can do to change or help the situation."

Best wishes to all of our summer brides and grooms and those couples who are working together not to support the 50 percent ranks of being divorced. Don't forget, life is full of choices. We don't live in a vacuum alone.



by MABLE ROWE LINEBERGER, PH.D.

Just as they say. There's a time for all seasons. Gradually, the possibility of snow days has gone. Many folks have started going to the tanning beds to get a jump-start on looking healthy and getting that brown look of summer.

Finally, to the delight of kids and especially graduating seniors, all of the signals of the end of the school year have come. However, moms have begun worrying about how they will survive summer.

But, never fear, yet another season is here. Activities for another one of society's "rites of passage" have appearedthe big Wedding Day. Similar to "what were you worried about this time a year ago," can you recall the important weddings of last summer? Did those marriages last through all of the seasons, since the bells stop ringing?

Supposedly, at least 50 percent of them have, Nonetheless, in an effort to escape the ax and be a part of the stats about broken relationships, there are things couples can do to increase the likelihood that their happy union will prevail, no matter what happens.

Following are the "psychological tasks" needed for a good marriage from "The Good Marriage: How and Why Love Lasts.

"Separate emotionally from the family of one's childhood so as to invest fully in the marriage and, at the same time, to redefine the lines of connection with both families of origin." This is such a need for a young, fresh relationship. The just-starting-a-nest couple needs to have time for themselves.

Ideally, they should NOT live so family members can

observe, inspect, comment, and boss. Since the older ones have been "supervising the young ones" over a lifetime, the supposedly "more knowing" ones of the family may determine that the new home is an extension of the original household.

This brings up the need to "Build togetherness based on mutual identification, shared intimacy and an expanded conscience that includes both partners, while at the same



Paul Olds, left, member of Frankfort's Evergreen Baptist Church, and Don Akers of Appalred, flank the Voices of Faith, from left, Beverly Hackworth, Sue Clark, Donna Blackburn Wells and Carolyn Sparks.

Frankfort church to send volunteers

by Pam Shingler LIFESTYLES EDITOR

Members of a church in Frankfort will be in Floyd County for a week next month to volunteer through, a team of Evergreen their time to do repairs on substandard houses, thanks to the music ministry of a local church.

The story of why the Evergreen Baptist Church in the state capital came to have an interest in eastern Kentucky is full of twists, turns and coincidences.

housing effort of Appalachian Research and Defense Fund in at the First United Methodist Prestonsburg, spoke a few months Church in Prestonsburg. ago at the Frankfort church about gram to upgrade housing for local out that several members of the people who cannot afford to have the work done and cannot do it themselves.

whose sister, Debbie Holland, on requires "fairly extensive"

Faith, from Faith Freewill Baptist who is an invalid. Church, to take part in a gospel sing his church was sponsoring.

By the time all the speeches. songs and fellowshipping were members had made a commitment to donate their time and skills to help.

Several members have already made some trips to the area to gauge what they will be doing and what materials they will need.

In the truest sense of ecumeni-Don Akers, who heads the cism, while the 30 to 40 Baptist volunteers are here, they will bunk

> Evergreen church are from Pike County originally.

Akers said that one of the hous-Evergreen member Paul Olds, es the Frankfort group will work lives in Floyd County, asked a repairs, including widening a door local gospel group, the Voices of to better accommodate a resident call.

Don't let kids brush

their oral care aside

Akers added that the volunteers with Appalachian Service Project are returning to the area on June 11. They will again stay at the old Wheelwright school which the county maintains for that purpose.

The old Auxier school, owned by Father Ralph Beiting, will also be used for lodging for other volunteers.

Akers said HOMES Inc. of Neon in Letcher County, which also repairs and builds houses for low income people, has opened a branch in Wayland in the community center.

A volunteer with the Christian Donna Blackburn Wells, who Appalachian Project (CAP), Elmer the blossoming, cooperative pro- also works at Appalred, pointed Simurdak, is working with Akers to coordinate the housing project. Anyone who knows of someone who is low income and needs housing repair assistance should call Simurdak or Akers at 606/886-3876. In addition, anyone who wants to volunteer to help should

ATLA Consumer News

Class actions

by RICHARD H. MIDDLETON JR. & PENNY GOLD

Imagine that you visit your local hamburger joint to buy a quick dinner, but end up infected with e.coli poisoning instead. Then imagine that, after spending several days painfully ill, you read a newspaper article about your local hamburger joint.

The article reveals that many customers have gotten sick there over the past year, including two children who died of the same e.coli poisoning you had. As you read on, you learn that the restaurant knew its food-handling practices were making people sick, but failed to do anything about it.

What would your reaction be? You might be angry that someone would choose to risk your life. You'd probably want to make sure this didn't happen to anyone else. You might join with other people who got sick to take the owners of the hamburger joint to court in a class action.

This way, you would have strength in numbers-it's more economically feasible to go to court as a class. Your claims could be argued together, instead of clogging the court's docket one by one. Your lawyers could use the same evidence to argue the case, reducing litigation costs.

Now imagine that, after you and your fellow e.coli victims file the suit in your state court, you hear that the defendants in the case-the restaurant-have had your case "removed" to federal court. What does that mean?

It means that your class' case-if federal law allows it to be tried at all-will now be heard in a federal court, by judges appointed by the federal government. It means that your state judges, who may have been elected by the citizens of your state, won't hear the

Worst of all, it may mean that your case will take much longer to be heard. Because the federal government hasn't confirmed enough judges, and because the

number of federal criminal cases has risen, federal courts are now dealing with a backlog.

So why would removing cases to federal court be a good idea? In light of legislation being pushed in Congress, that's a question we should ask our elected representatives. Two bills-S. 353 in the Senate and H.R. 1875 in the House-would "federalize" state class action suits.

The bill's proponents know that the federal civil dockets are severely backlogged due to the unprecedented number of judicial vacancies and the federalization of state and local criminal drug laws. Federalizing a majority of state class actions only ensures that such cases will go to the back of the line.

Even Eleanor D. Acheson, Assistant Attorney General of the U.S. Department of Justice, has said that federalization of class actions would deny state residents a forum (and in many cases a meaningful ability to seek recovery for their injuries), replace the public policy of all 50 states about how to operate their courts...and overburden the federal judiciary with class actions dealing solely with issues of state law."

Taking away state judges' power to handle matters of state law is extremely foolish. Federalizing class action suits would infringe upon the rights of states to manage their own judicial affairs.

All states' citizens should take a good, long look at this proposed legislation. It is their rights that are in danger, because, after, all, justice delayed is justice denied. No one should have to jump through extra hoops-just to keep a restaurant from making anyone else sick.

For more health and safety information and tips. visit ATLA's "Keep Our Families Safe" Web site at http://familysafety.atla.org.

Richard H. Middleton Jr., president of the Association of Trial Lawyers of America, is a partner in the Savannah, Georgia, law firm of Middleton, Mathis. Adams & Tate, P.C.

Penny Gold is the executive director of the Kentucky Academy of Trial Lawyers.

Chocolate

may prevent

disease

and promote

vascular

health

chocolate may be good for our health, not bad for it. What do you think?

Answer: Most forms of chocolate can hardly be considered health food. They're usually high in sugar, calories and saturated fat. However, at one time, chocolate and cocoa were extensively used as medicine in Europe and in cer or stroke. North and South America.

Question: I read in a recent ural compounds called antioxiedition of Science News that dants that may benefit the heart and blood vessels. These antioxidants counteract a process known as oxidation that is part of our normal metabolism. This oxidation process creates unstable and potentially dangerous compounds called "free radicals" that can damage our cells and make us more prone to heart disease, can-

whole-grain foods are rich in

liminary. So for now, the bottom line is that more research will be needed before I can say that chocolate should join tea, red wine and cruciferous vegetables as staples in a heart-healthy diet.

The beneficial consequences of eating chocolate were the result of consuming one small square of dark chocolate, or a cup of hot chocolate a day. There really isn't anything wrong with eating Many fruits, vegetables, and chocolate in these modest quantities if you don't have diabetes. If you are like my daughter, however, who like many people consider chocolate one of the major food groups, limiting your consumption to this level will be a major accomplishment. You see, each American, on average, consumes 12 pounds of this delicacy each year - and that's certainly not healthy!

John C. Wolf, D.O. Associate Professor of Family Medicine

Laboratories, a leader in the kids' toothbrush and toothpaste categories,

their teeth at bedtime is one of the

(NUI) - Getting kids to brush average age of 2.7 years.

But parents are not powerless. There's much they can do to make the important oral care routine easier for both them and their children.

A survey commissioned by Oral-B Laboratories to help parents teach their preschool-aged children good oral care practices found 90 percent of parent respondents agree that oral care products that are easy for kids to grip make brushing less of a chore.

In addition, 81 percent of parents responded that fun oral care products with characters children love and recognize are helpful in getting the little ones to brush their teeth.

Good oral care is priceless, and it is wise for parents to introduce their kids to its benefits early on. According to parents' comments in the survey, parents should start brushing their child's teeth at the

dren as soon as the first "baby" tooth arrives.

However, experts recommend

three most difficult tasks parents that parents start implementing for children who aren't tall enough

What can parents do specifically to make oral care less of a chore? Here are some tips from Oral-B Laboratories:

Like their parents, kids should visit the dentist regularly and brush their teeth twice a day for two minutes per brushing. Since two minutes can seem like an eternity for kids, parents might try a brushing timer, like the ones Oral-B makes for kids. These timers help children stay focused on the task at hand.

Get creative with the kids and make-up cute, silly brushing songs such as "the top teeth are connected to the bottom teeth, the bottom teeth are connected to the gums," and so on.

Let the kids choose their own toothbrush and toothpaste at the pharmacy or grocery store. This will give them a sense of ownership and enthusiasm when it comes to

according to Oral-B good brushing habits for their chil- to see themselves in the bathroom mirror. This will allow them to watch themselves and make funny faces as they brush.

Buy small, hand-held mirrors

brushing at the bathroom sink.

Oral care needs to be fun for kids: a bright, colorful toothbrush with fun characters such as the Oral-B "Blue's Clues" toothbrush and Blue's Berry Bubble toothpaste encourage children to brush.

Protect toothbrushes by rinsing them out well and then placing them in a safe and dry place.

Replace toothbrushes at least every two months to avoid germs and bacteria that contribute to tooth decay, bad breath and common infections.

Children should start flossing early to remove harmful plaque from between teeth.

Kids may fuss for a while, but if they get into the habit of using effective dental products, implementing proper oral care techniques and having regular dental checkups now, then their great smiles will be thanks enough later.

In fact, historians have documented that chocolate has been used in the past to treat all sorts of illnesses - including gastrointestinal upset, tuberculosis, anemia and kidney stones. It is still included in some herbal remedies. particularly those used in Europe.

Now, some modern-day research that you saw reported in a recent issue of Science News claims chocolate may not be as bad as we once thought. And while it's too early to talk about chocolate as a health food, this new research does suggest that eating chocolate might be "OK" as long as you don't overindulge.

Scientists have found that chocolate and cocoa contain nat-

The staff at the hospital knows

how to pick gifts - no plaques or

certificates that would go into a

drawer and be no use. In a practical

show of regard for Newsome, the

hospital plans to built a ramp to her

home because she has trouble get-

She also was given an azalea

There was one symbolic, and

appropriate, dress item - a shirt

Nurse

lar health."

antioxidants. The scientists reporting in the Science News article believe that chocolate has similar benefits to these foods in limiting the oxidation of cholesterol and reducing plaque buildup in the arteries.

Also, independent of the antioxidant effect, natural chemicals in chocolate apparently trigger biological actions that reduce inflammation and increase nitric oxide levels in the blood. These higher nitric oxide levels help relax the inner surface of blood vessels and promote good "vascu-

However, I cannot emphasize enough that these studies are pre-

with the inscription, "Touched by

In addition to her service as a

nurse, Newsome has worked over

the years as patient coordinator,

health care coordinator, utilization

review and quality assurance coor-

dinator, and utilization review and

director of volunteers, with respon-

Since 1988, she has served as

discharge planning coordinator.

sibility for the gift shop.

an Angel."

"Family Medicine" is a weekly column. To submit questions, write to John C. Wolf, D.O., Ohio University College of Osteopathic Medicine, Grosvenor Hall. Athens, Ohio 45701. Past columns are available online at www.fhradio.org/fm.

Continued from p1

Continued from p1

"She is great - she embodies the very compassion she admires in the hospital," a tribute to Newsome said. "Her life is one of those lives that explains why God has always been here, why God is still here."

To all this attention, Newsome simply said, "I don't know if I can live up to all that.'

No one present believed that for a moment.

How to choose a gem of a Jeweler

requires important decisions. Just as you consult with other professionals for important advice, such as a family doctor or lawyer, you should turn to a professional jeweler to make a jewelry purchase a pleasurable event.

How do you select a professional jeweler? The non-profit Gemological Institute of America

(GIA)-considered the world's foremost authority on gemologyoffers these valuable guidelines.

First, a professional jeweler should have the knowledge and training to help you make an informed purchase. Look for credentials that indicate professional experience. For example, the initials G.G. (Graduate A.J.P. Gemologist). or (Accredited Jewelry Professional) after a jeweler's name indicate that the jeweler has had a high level of gemological training from GIA.

In addition to product knowledge, a jeweler's reputation is one of his or her most valuable assets. Ask friends to recommend a jeweler or ask a jeweler to provide references. Find out how long the jeweler has been in business, check for affiliations with industry associations and ask bers nearby.

(NAPSA)-Purchasing a piece of jewelry whether he or she is a member of GIA Alumni and Associates.

> If you are buying a diamond or colored gemstone, consider getting a report from an independent laboratory with your purchase. For example, professional jewelers worldwide provide independent diamond grading reports with their fine

diamonds. The most widely used and respected are those issued by the GIA Gem Trade Laboratory, the inventor of the diamond grading system.

A jeweler can arrange to have your diamond's unique GIA Diamond Grading Report number, or even a personal message, laser inscribed onto its girdle (outside edge) for easy identification.

Be sure to ask jewelers about the types of services they provide-repairs, appraisals, inscriptions-the range of products offered and the store's return policy and credit terms.

For a list of professional jewelers who have undergone training through the Gemological Institute of America, visit the Institute's web site at www.gia.edu. Check the GIA Alumni and Associates searchable database for a list of mem-

Postscript

bush, which she wanted.

ting up her steps.

The custom when we got out of high school was to go to the Dayton suburb of Fairborn and stay with Paul and Louise until we were able to make it on our own. The small, three-bedroom, tract house was often packed to overflowing.

By the time, they'd moved to roomier digs, the stream of family had about dried up.

For a time, while I was attending Wright State University, I kept house for Paul and Louise. Both of them worked, he on day shift and she on second shift.

We've joked since that time that I learned to cook on Paul, but I suspect he didn't laugh much about it back then - though I never knew him to say a unkind word to me.

I've envied many of my cousins

who were taught to cook by Mammaw. I've heard them talk about her patiently taking them through the steps for recipes and tolerating their missteps.

By the time she got to me, some of her patience had run out. (I understand that much better now.) Generally, when I didn't get it right soon enough, she'd take over and say, "Here, let me do it." I quickly grew out of the stage where I wanted to know.

Consequently, I knew little more than what I'd learned in freshman home economics, and, though pecan rolls are good, you cannot eat them every day.

When his sister-in-law kept house for the family, Paul had become used to having supper on the table as soon as he got home and washed up.

That seldom happened with me in

charge of the kitchen. Meat always took longer than I figured it would to cook, and peas and potatoes a lot less. (I've never really got the timing down.)

But Paul would act as if it didn't matter. He just altered his routine and read the paper before supper instead of after. If he complained, it was not to me, and that's something to be grateful

When I left to attend the University of Georgia, I was glad to be shed of the responsibility of cooking, and I suspect he was glad for me.

Paul died last week, and the world has a void.

Greetings to subscribers Raymond and Gertrude Goble of Hippo. Thanks for reading the Times,

sional help when choosing

jewelry.





June Buchanan School wins the 2000 we the people... state competition

won the Project Citizen State competition on accomplishing the goal. When completed, the May 22 held in Frankfort. "Project Citizen" is a portfolio-based civic education program for middle school students. The program promotes earning about public policy through participaion in state and local government. "Project Citizen" is sponsored by the Kentucky Court of

As part of "Project Citizen," students research a local problem and devise a plan for addressing the problem. Students design a fourpart portfolio outlining the following: explanation of the problem, alternative solutions, rec-

June Buchanan School of Pippa Passes has ommended solution, and an action plan for tor may provide tutoring to students or just give portfolios are submitted to the Administrative Office of the Courts in Frankfort, to be judged on overall persuasiveness, practicality, coordination, and reflectivity of the portfolio.

Under the direction of teacher Paula Smith, June Buchanan School's 8th grade class chose to develop their portfolio upon the need for a mentoring program to prevent juvenile delinquency within the school. New students or students earning below average grades will either be assigned a mentor or will be able to choose a mentor to assist them in the school. The mena new student someone to build a relationship with. The following students participated in the portfolio development: Shah Ashfaq, Jessica Bailey, Weston Childers, Seth Combs, Chase Cornett, Tyler Cox. Angela Madden, Jade Maggard, Morgan Salisbury, Adam Slone, Ryan Smith, Tiffany Stephens, Jenilee Stepp, Hannah Tackett, and Lance Williams.

Their portfolio advances on to the national competition in Chicago, Illinois, sponsored by the Center for Civic Education and the National Conference of State Legislatures.



environment

Dracula, Wolfman and Frankenstein make energy fun

Louisville Science Center visitors will enter the world of Hollywood's classic 1930s horror movies as the famous monsters of the silver screen demonstrate the awesome power of the atom in a new temporary exhibit "The Atoms Family

The exhibit opened May 27 and is presented by Kentucky Education Savings Plan Trust.

The Atoms FamilyTM" interactive exhibit uses an environmental set design and gothic horror characters as hosts to encourage exploration of fundamental energy concepts-the power of the sun, energy conservation, energy transformation, electricity and fossil fuels.

Throughout the exhibit, computer interactives, hosted by the likes of Frankenstein, Dracula, the Mummy and Wolfman, help visitors gain a basic understanding of atomic structure and explain the role of actions in matter and energy.

The exhibit is learner-focused, allowing guests to find their own answers through simulations, demonstrations, videos and computer interactives.

Within a mansion-like facade, the Phantom of the Opera's Portrait Parlor introduces the principles of atoms and matter as the building blocks of the universe.

Showcased in the Portrait Parlor is a short film entitled "The Powers of Ten," which transports visitors to the edge of the universe and then, magically, into the proton of a carbon atom. A large diffusion cloud chamber renders the invisible visible, allowing the visitor to "see" natural background radiation in ghostlike particle tracks under protective glass.

A passage leads to Dracula's Library, complete with gothic architecture and a spooky gargoyle encased fireplace. Dracula's image greets visitors and introduces them to the properties of light, waves and particles. Visitors can touch a glowing Omnisphere to create a lightning-type effect from the flow of electrons through a combination of 15 rare gases.

Just outside this room, an eerie fog enshrouds the Ghostly Graveyard where visitors will be met by Wolfman. It is here that various forms of fuels used to create energy and electricity are explained. Guests can start a chain reaction simulating the behavior of nuclei during the nuclear fission process. Visitors can also squeeze "organic matter" to create coal.

The final section of the exhibit is the Mummy's Tomb. Here visitors are introduced to energy-saving information that can be utilized in thier homes. Wrapped himself, the Mummy will demonstrate the value of insulation, make a comparison of incandescent and fluorescent bulbs and show how we can improve energy effi-

ciency in our daily lives. "The Atoms Family" was created by the Miami Museum of Science. The temporary exhibition will be at the Louisville Science Center through September 11.

The Louisville Science Center, 727 West Main St., is a not-forprofit educational institution dedicated to improving public understanding of science, math and technology through interactive exhibits and programs.

The Science Center houses the only IMAX Theatre in Kentucky, is the state's largest field trip destination, and served more than 500,000 people in 1999. The Science Center receives generous support from the City of Louisville.



by ANGEL POTTER

A full day of fun was had for four students from Opportunities Inlimited. Angel Potter, Jeff ackett, McKay Ousley and Mike Zemo spent a day with their science and math teacher, Solomon Kilburn, at Jenny Wiley State Resort Park.

Oh, what a day. We spent the day studying for the "Envirothon" and learning all about wildlife, soil, forestry, and aquatics.

Our first task was to study aquatics. We took two tests to letermine the pH and nitrate in the water. Our results were not good. The nitrate was too high. This

could be too high due to the water draining from the golf course into the lake and also the fact that oil and gases seep from the boats on the water.

Our second task was to meet with Ron Vanover, who showed us 20 types of animals and how to distinguish one from the other. He explained how each played a role in helping our environment.

Our third task was to explore the types of trees in the forest. We specifically studied the various colors, textures, shapes, and angles of the leaves, and the different texture and shape of the bark on the trees. While traveling on the trail, the

group had the good fortune of dis-

covering a bridge that went across the flowing waters. After positioning ourselves on the bridge, we were able to observe many aspects of the four elements: soil, wildlife, forestry, and aquatics.

By this time the group was exhausted and decided to take a break and eat at the lodge. The food was wonderful and the service was great. After lunch, the group decided to sit on the benches and relax and listen to the birds sing.

go home, but we made one more stop. We went to the boat dock to look at the different boats. As we else who had a part in providing us were walking in between them, we with the information for the enviglanced down into the water and

saw many fish, some small and some medium sizes. We decided to take one more test of the water before we went home.

The day was very interesting. We all enjoyed it, we all worked together as a team, all of us learning a little of everything about the environment-only if we could have more days, learning like this.

We thank Ron Vanover for sharing his time with us and for being so generous in helping us prepare We all were tired and ready to for the day of competition. He was a really big help.

> We also want to thank everyone rothon

Jessica

Lois Michelle Rogers

Monica Kaye McKinney

Students featured on WSAZ

Goble

Four Floyd County seniors are being honored in the WSAZ NewsChannel 3 salute to the "Best of the Class 2000."

They are Jessica Goble of Allen Central High School, Lois Michelle Rogers of Prestonsburg High School, Monica Kaye McKinney of South Floyd High School, and Elizabeth Blackburn during May and June.

of Betsy Layne High School.

More than 200 top scholars from the WSAZ viewing area are being featured in public service announcements that were videotaped during a luncheon at the Huntington Museum of Art on May I.

The announcements are airing



Three Piarist School juniors were recently named Centre Fellows. Matthew Goeing of Melvin, and Nora Traum and Thommy Greene of Prestonsburg attended Centre College Fellows Day on April 29.

Only those students meeting the following qualifications were considered for the honor; ranked in the top five percent of their class, have taken strong college prepatory classes, scored at least 28 on the ACT or 1250 on the SAT. In addition, they must have participated in extracurricular activities.

Once the students were nominated, a selection committee at Centre College reviewed their applications. Centre Fellows, upon attending Centre, are guaranteed a scholarship of at least \$4,500. The scholarship is available for all four years as long as the student maintains a 3.0 gradepoint average.

They also receive priority consideration for Centre's top scholarship awards, guaranteed participation in the college's internship pro-

The Piarist School is a private, college preparatory high school, located on KY 80 in Martin. for more information about the school, or to register to take the upcoming entrance examination, call 285-3950.

EKU to host music camp in June

RICHMOND - Young musicians are invitd to participate in Eastern Kentucky University's 65th annual Stephen Collins Foster Music Camp. The state's longest-running music camp features five camping options for musicians ages 12-18 and will be June 11-30.

The Middle School Instrumental Camp, designed for students with one to three years playing experience, will be June 11-16. Students will receive instruction in concert band, symphony orchestra and small ensembles, and receive daily master classes on their instrumen-

The cost for the camp is \$258 for resident campers, \$149 for commuters.

I The Foster Piano Camps, for piano students in grades 6-12, will be offered in three sestions. Piano Camp I, for students in grades 6-8, will be in session June 11-16. Piano Camp II, for students in grades 9-12, will operate June 18-24. Honors Piano Camp, a new camp for selected outstanding students from the Piano II camp, will be held June 25-30.

Each student will receive three private lessons during the week in addition to daily classes in music theory, keyboard skills and nano literature.

Resident camper fees for Piano Camp I are \$264; commuter camper fees are \$165. Resident camper fees for Piano Camp II and Honors Piano Camp are \$279; commuter camper fees are \$165. Limited enrollments are maintained to ensure quality experiences for all campers, so early application is suggested.

instrumental students with three or more years of playing experience, will be June 18-30. Students will receive experiences in concert band, symphony orchestra, chamber ensemble, jazz ensemble, brass choir, percussion ensemble, clarinet choir, flute choir and a variety of other string, woodwind, brass and percussion chamber groups.

A concert will be performed each week by the Concert Band and Symphony Orchestra. Resident camper fees are \$485; commuter camper fees are \$235. Optional private lessons are available at the extra cost of \$40 a lesson.

■ The Foster Vocal Camp, June 24-30, is designed to give vocalists in grades 9-12 both conventional choral experiences through a concert choir offering and choreographic experiences through daily show choir activities.

Students also receive a daily voice class and may take private lessons at additional cost of \$20 per lesson. Solo opportunities in a student recital and a final performance by the show choir and concert choir complete the week's musical activities.

Resident camper fees for the Vocal Camp are \$307, which includes a \$5 fee for music the student will take home; commuter fees are \$176.

Students in all camping options are housed in air-conditioned residence halls under the supervision of counselors selected and overseen by the camp administrator. Meals are provided in Powell Cafeteria. All rehearsals and other musical activities are held in the air-conditioned Foster and Campbell buildings.

Planned recreational activities are provided

The High School Instrumental Camp, for on all evenings a musical event is not scheduled. Faculty performances are also a part of each camp, as well as student recitals in the piano. and high school instrumental and vocal camps.

Campers are urged to complete their applications early to assure their place in the camp of their choice. Applications should reach the camp office at least two weeks prior to the opening of camp to allow for completion of all the precamp procedures.

Group rates are available for all camping options when eight or more students attend a particular camping option from a single school or four or more from the studio of a single teacher

Students also may be considered for limited scholarship assistance by contacting the camp director

For more information, or applications, contact Dr. Joseph Allison, director, at 606/622-3161, or write him at Department of Music, Foster 101, Eastern Kentucky University, 521 Lancaster Ave., Richmond, KY, 40475-3102.





VISA

RATES: (4 lines minimum) \$1.25 per line for Wednesday and Friday Paper \$1.60 per line for Wednesday, Friday Paper, and Shopper \$2.00 per line for Wednesday, Friday, Sunday Paper, and Shopper

Contact Sandra or Tammy at extension #15 at: (606) 886-8506



FAX US YOUR AD: (606) 886-3603

hych.

The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

College Faculty

In preparation for an increase in course offerings and expansion of programs, National Business College is currently seeking applicants for adjunct faculty positions. Subject areas include Business, Computers, and Accounting. Masters Degree or equivalent professional preparation required. Practical experience highly recommended. For more information on how you can be part of National Business College, call (606) 432-5477, between 8:00 a.m. and 5:00 p.m., and ask for Gail Slone.

Phlebotomy Opportunity Education

* A Low Cost Training Program in the Medical Field . Classes being held at the Louisa Library.

Starting June 19th, at 4:30 p.m. Classes are Monday and Wednesday evenings only, for

six weeks/100 clinical hours. After completion of training, students are eligible to take he International Academy of Phlebotomy Science exam, making it possible to work as a certified phlebotomist at a hospital or clinical site anywhere in the USA.

> For information or an application call (606) 286-8010. Instructors: Brenda Burris, C.P.T. & Kathy Harris, C.P.T.

FOR SALE 1977 C-70 CHEVY: Mobile home moving truck, Webber bed & Autos hydraulic \$3,500. 874-2035.

1988 FORD BRON-'89 DODGE CARAVAN. CO: 4 wd, cass. player. Runs good. \$2,800 auto, A.C. A.M./EM. casfirm. 886-1237 sette, excellent cond. 1

owner. 874-1398 after 5. 1995 FORD TAURUS GL: \$4,500. 886-1497.*

'87 MERCURY SABLE: 886-9959

'85 FORD RANGER. standard, with campertop. 874-1398 after 5 p.m. Asking \$750.

UTILITY TRAILER: 16' long, duel axle. \$500. 874-2035.*

1991 CHEVY S-10 PICKUP Excellent condition, new tires, runs great. \$3,500 firm. 886-1237

Boats

1995 RUNABOUT STARCRAFT 17': 130 HP/ IO / halftop. Excellent condition. Books for \$7,300. Asking \$7,000 firm. 478-2684 after 5 pm. Serious inquiries only!"

2035.*

21' JET BOAT: Like new, garage kept

Books WORDS 'N STUFF Call 606-789-3592

or visit us at: The Intersection of KY. RT. 1107 & 302 at Van Lear, KY. Pic's

of the Month: "Flatheads & Spoonevs" fishing for a Living in the Ohio River Valley, By Jens Lund. List price \$24.95, our price \$6.95. "Common Sense Cooking", by June Rice \$5. Current Stock of Audio Tapes, 1/2 price.*

Sale / Misc.

COMPTON'S MARKET Wholesale & Retail Huge selections of Memorial flowers at Great Prices! Bushes, baskets, hanging wreaths, easels, head-

stone & side vases & more. We also have ceramics, concrete lawn ornaments & birdhouses

Located 5-1/2 miles west of P'burg on 114. Phone: 886-6041

RACING GO-CART: Great condition, ready to race. \$750. 285-9924.

WEDDING GOWN: Perfect condition, size 6, can be aultered.

Motorcycle / ATVS

1989 YAMAHA 60 4-ZINGER: 4-wheeler for a kid, \$950 OBO. Call 889-0647 or 886-5210.*

Furniture

RAY'S BARGAIN CENTER Memorial Day Sale Now In Progress! NEW: Mattress sets starting @ \$99.95; Living Room suits starting @ \$349.95; Bedroom suits. Dinetes, \$449.95: \$119.95. USED furniture and appliances reduced to unbelievable prices. Sale ends June 10, so hurry in today for incredible savings. SHOP AT THE LITTLE FURNI-TURE STORE & RT. #122, SAVE!! McDowell. Call 377-0143

Pets and Supplies

BEAUTIFUL COCKER SPANIEL PUPPIES: 8 wks. old, shots & wormed. \$100 each. 789-5266.*

FREE TO A GOOD Beautiful HOME: house kittens, litter trained. 886-2804.*

PROPERTY

HOUSE & LOT: 3 BR Brick, 2 BA, carport & large block building. Also available: Large tract with new 30x30 barn & nice house seat. All located American behind Standard. Call evenings 789-4828.*

3 BR HOUSE with 2-1/2 acres. 1/4 mile up Mare Creek Rd. at Stanville. Call 606-478-4450.*

FOR SALE BY OWNER: New 3 BR Rt. 1210. house. Garage, 2 BA, country porch, price reduced. 886-8366.*

1 & 1/2 ACRE LOT at Wilderness Heights. Restricted. Stanville, Ky. Call 606-478-5600 days or 606-478-4450 evenings."

3 BR, 2 BA OLDER MOBILE HOME: On 3/4 acre lot. Large LR, new carpet in bedrooms. On U.S. 23, 5 minutes from Allen or P'burg. Very affordable. 886-1846.

16 ACRES HILLSIDE with one lot developed with road & city water on property. Call 606-478-4450.

COMMERCIAL **OFFICE BUILDING** for sale by owner. 1800 sa. ft., single story. located on North Lake Drive. Call 886-3929 (days) for information and/or floor plan.

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APTS .: 2 BR, washer & dryer hook-up, beautiful & clean, safe neighborhood, all amenties!!!!! Don't wait call today!!! 606-886-9921 day-606-886-2563 time, evening.

FURNISHED 1 BR APT .: \$400 month + \$100 deposit. Furnished sleeping rooms, \$300 month + \$100 deposit All utilities paid. Located near hospital at Martin. 285-0650.

R & L APARTMENTS. Under new management: We now have coin laundry for tenants. We have apts. available. One easy payment, all utilities & cable included. Call 886-2797.

Houses

2 BR HOUSE: 1 mile from Prestonsburg. Available June 1. 886-8201. leave message.*

BEAUTIFUL 2 BR HOUSE: Located on Graham St. 886-9076.

COUNTRY HOME: Floyd Co., approx. 3 miles from Rt. 80, city water. \$350 + deposit. Available June 1st. 859-734-6775, leave

LARGE LOT: Located close to Paintsville. All utilities on lot. 886-9007 TY: One at Garrett,

one at Wayland. Will sell together or separately. For information Call 606-785-5734 and leave message.

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Rental Properties

B & O RENTAL PROPERTIES BR Apt.: Briarwood.

Chandler **Medical Center** numbers, please indicate that entire reference number on the outside of your envelope. Reference numbers are used to help us

services to at-risk families assess family needs for services, provide health education, referral recommendation, advocate on behalf of families to health and human service agencies. Requirements include high school diploma or GED, 1 year of related experience, and valid Kentucky driver's license.

Deadline for receipt of resume/application is June 9, 2000, but may be extended if additional candidates are needed, Submit resume to job number SJ24498, Human Resources/ Employment, 112 Scovell Hall, Lexington, KY 40506-0064



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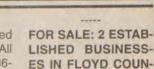
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tial. 1-800-800-3470.

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Call 886-8172 seats 8. \$4,500. 874evenings.*

FOR SALE: Upright freezer, couch & chair, misc items. Phone 874-0112.

RUSSELL MAY original oil painting. 1982, of Dewey Lake & Jenny Wiley State Park. \$3,750. 886-6165.*

ANTIQUES: Drop leaf table, poster beds, 2dressers, ceder chest, rocking chairs, 9 piece dining room suit & wicker furniture, glass ware, McCoy dishes. 606-886-2042.*

LIVING ROOM SUIT with large oval chair & round revolving table, complete queen size bedroom suit, 6 pieces of redwood furniture, gas cook stove, china cabinet, washer & dryer, redwood outdoor furniture, rugs 8x11 & 6x9. 606-886-2042.*

FOR SALE **Mobile Homes** LITTLE'S MOVERS Located at Highway

80, Martin. Insured. 285-0633, 886-5514 or 285-5116.

LOOKING FOR SOMEONE to take over payments on a new 14x80 mobile home. 886-9959.

TRAILER FOR SALE on land contract. On rental lot at Myrtle Br. on Abbott Crk. Call 889-9902 after 7 p.m.

Real Estate

MOREHEAD/CAVE RUN - homes, cabins, farms. Call today for free information. DeRossett Realty, Inc. 606-780-4848.

PROPERTY FOR RENT

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OFFICE / RETAIL SPACE: N. Lake Drive, month. 886-8366.*

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OFFICE SPACE N. Lake Dr. 2800 sq. ft. which can be divided. Utilities provided, free parking. Accross from Muncicipal building. 886-2391.

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Apartments for Rent: 1 & 2 BR. Executive suite also available. Call 349-5135 or 349-7285. leave message.

2 BR TOWNHOUSE: Partially furnished, one year lease required. Call 606-478-9593 or 874-9033.*

EFFICIENCY, 1 BR APT .: Central heat & air, carpeted, stove & ref. \$350 month + utilities. 886-1032.

1 BR APT .: 4 miles of P'burg. west Includes Utilities. \$350 month. 886-6061. after 5 pm call 886-1368.*

APTS: 1 or 2 BR, furnished. On Mtn. Parkway. Pay dep. with rent. 886-8366.

message.

3 BR, 2 BA: Country, ATTENTION: central heat & air. from home! \$500-\$350 month. 886-\$2,500/mo PT, \$3,000-1175. \$\$7,000/mo FT. FREE

BOOKLET. (212)615-HOUSE FOR RENT: 6762 Located on Abbott Rd. Shown by appointment only. 789-5164. AT&T. BELL PAYPHONE RTS: 20 Hi traffic loc's.

3 BR, 2 BA BRICK HOME: 686 Riverside Dr. Call 886-2407.

NICE HOUSE IN IVEL: 3 BR, 2 BA, carport, washer/dryer. \$550 per month + util. & dep. Ref. req. 478-2518.1

3 BR HOUSE: One mile from P'burg, \$400/month. 889-9991.

4 BR HOUSE: In HiHat. \$550 month, will furnish gas & water. HUD accepted. 285-3504."

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TRAILER LOT FOR RENT: On Cow Creek, \$80/mo. Call 874-2802, J. Davis.

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AUCTION Tuesday, May 30th at 10:00 a.m. MIDDLE CREEK, KY

INSPECTION PERIOD: Friday, May 26th, 4 - 6 p.m. PERSONAL PROPERTY

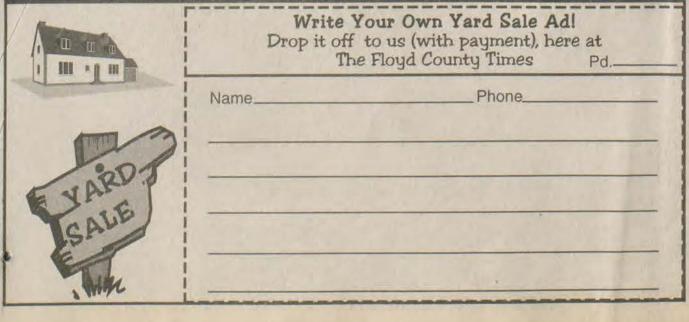
10' X 12' storage shed, tillers, garden tools, grill, grinder, vise, water hoses, lawn chairs, chest freezer, washer, dryer, range, dinette set w/4 chairs, couches, chairs, floor model TV, end tables, coffee table, 2 bedroom suites, dishes, pots, pans, lamps, quilts, VCR, vacuum cleaner, and much more!

DIRECTIONS: 3431 Spurlock Middle Creek Rd., Prestonsburg, KY TERMS: 10% Buyer's Premium added to determine final sales price. MOBILE HOME: 10% downpayment on the day of the auction, balance due within 15 days, mobile home and storage building must be removed from the property PERSONAL PROPERTY. Payment in full on the day of the auction, immediate removal. Being sold "as is, where is" with no warranties either expressed or implied Announcements made on the day of the auction take precedence over previously written material or statements made.



YARD SALE PACKAGE 10

Includes: 20 words or less (each extra word is 15¢), 2 consecutive insertions of Ad in the paper + 1 Yard or Garage Sale Sign.



C6 SUNDAY, MAY 28, 2000

THE FLOYD COUNTY TIMES

Job Listing

DENTAL ASSISTANT NEEDED: 3 days / week. Send resume to: 415 N. Lake Drive, Ste. 201, Prestonsburg, Ky. 41653.

JOB OPPORTUNITY: Jerry's Restaurant in Prestonsburg is now taking applications for waitresses, cooks, diswashers, and busboys. Jerry's offers BC/BS insurance, paid vacations, meals and uniforms. Apply in person, only! No phone calls,please. Applications may be obtained Mon.-Fri. 3-4 p.m. only.

GROWING FAST COMPANY looking for self/motivated, career minded individuals with prior management experience to fill positions in Southeast Ky. area. Good pay and benefits. Send resume to: 6251 N. Ky. Hwy 15 #108, Hazard, KY 41701.

SAM AN TONIO'S Now HIRING ALL Positions: Apply in Person between 11 and3, 886-3600*

RECEPTIONIST **NEEDED:** For Dental office. Benefits available. Please send resume & handwritten cover letter to: P.O. Box 404 Prestonsburg, KY 41653.*

FAST GROWING RENTALCOMPANYis seeking aggressive, hard working individuals to fill account manager positions and grow with us. If you have a drive to succeed, apply in person at: A-Plus-Rent-to-Own, highland Plaza, University Dr., Prestonsburg, Ky.* STYLIST HAIR NEEDED for Cost Salon. Cutters Located inside Walmart Super

Concrete Work

TOP DOG CONCRETE 15 yrs experience. Building floors, basements, driveways, pool decks, parking lots, etc. You have one chance to get concrete right! Personal satification guaranteed. 377-6354.

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Locksmith

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Repair Services

LAWNBOY MOWERS Sales-Parts-Repair SANDY VALLEY HARDWARE 119-Main Street Allen, 874-0072 Small Engine Equipment **Plumbing Supplies** Hardware / Tools







From right, Alex Lester, Barry Hall, Brooke Risner, and Jon Ross Gibson share their objects made from recycled materials. They are students at May Valley Elementary in Anna Shepherd's class.



Howell awarded physical . therapy Master's Degree

Anthony Howell, son of 184 students graduating from The Clinical Laboratory

tal and vision insurance, and 1 wk. pd. vacation. If interested call Stephanie at (606)432-6629.

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SITTER NEEDED: Must be willing to travel: For 3 children. 889-9111.

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WILL DO HOUSE CLEANING evenings. Call 886-3146 after 6 pm."

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Students of Anna Shepherd's class had an "Eating Through the Alphabet" party during snack time. Students ate items for each letter of the alphabet. They say "Thanks" to their parents.



Stephen Osborne tests objects following his prediction to see if they would sink or float. He is a student at May Valley Elementary in Anna Shepherd's class.

Vickie and Wendell Howell of Auxier, was recently awarded a master's degree in physical therapy from the University of Kentucky College of Allied Health Professions.

Students were honored during a recognition ceremony at the Singletary Center for the Arts on May 7

Howell, who was the recipient of the UK Merit Scholarship, was a member of the Golden Key National Honor Society and Phi Theta Kappa Honor Society. The Dean's List student is one of

the College of Alhed Health Professional this year.

The University of Kentucky College of Allied Health Professions, established in 1966, emerged from a small school of three programs to a large coll of nine disciplines-Athletic Training, Clinical Laboratory Sciences, Clinical Nutrition, Communication Disorders, Health Services Management, Pastoral Counseling. Physician Assistant Studies, Physical Therapy, and Radiation Sciences.

Science division was ranked No. 1 in 1999 among the top 15 programs in the United States by Clinical Laboratory Science, a national trade jour-

nal. The Physical Therapy and Communication Disorders divisions also have been ranked among the top programs in U.S. News & World Report; and in 1999 the College was ranked 13th in the country for research in allied health professions by the National Institute of Health.



Cyndi Lauper (nee Brandy Jarrell) of May Valley Elementary does "Girls Just Want to Have Fun," backed up by, from left, Jan Michael Hicks, Heather Johnson and Chris Moore, during practice for "Putting on the Hits." (photo by Willie Elliott)



Piarist school student artists

Displaying some of the acrylic paintings they recently finished in Duna Comb's art class are Piarist School juniors from left, John Layne of Martin, Joel Castle of East Point, and Nathan Hall of Allen.