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**Sunday**  
January 23, 2000



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# The Times

FLOYD COUNTY

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A copy of the Ten Commandments now hangs in the Floyd County courthouse, after the fiscal court voted to allow a local preacher to hang the document in the old courtroom which now serves as the court's meeting palce. (photo by Ralph B. Davis)

## Fiscal court allows posting of Ten Commandments

by **Randell Reno**  
Staff Writer

As the Floyd Fiscal Court moved into the public comment portion of its meeting on Friday, the court received a gift.

Rev. Bobby Isaac, of Wheelwright, offered the court a copy of the Ten Commandments to be posted inside the courtroom.

After a brief discussion of all positive comments, the court decided to take a chance on breaking any law prohibiting the document and accepted the gift.

"I think they ought to have been there all the time," said Commissioner Gerald DeRossett.

Most of the audience sat silently and smiled as Isaac hung the document on a vacant nail on the wall.

"We will put them up until the federal government does something about it," said County Judge-Executive Paul Hunt Thompson.

That could come sooner than the court would like. With renewed interest in the public display of the Ten Commandments in Kentucky over the past year, several local governments have come under fire for taking actions such as the fiscal court did Friday.

The American Civil Liberties Union has filed lawsuits against the Pike County Fiscal Court and Harlan County Board of Education for displaying the documents on public walls.

In other news, five ordinances were given their first readings in the meeting. Each ordinance dealt with adding unbudgeted receipts to county funds.

Two of the ordinances were receipts received from Natural Resources and Environmental Protection Cabinet Division of Abandoned Lands totaling \$13,023.96. Those funds will be used to increase expenditures in the county's the groundwater study.

Carryover funds totaling \$168,701 from the previous year will be used for cleaning supplies, food, office supplies, routine medical expenses and transfers at the jail.

Other carryover funds totaling \$246,140 will be applied to the county road funds. That money will be used for road worker wages, road materials, health insurance and transfers.

The budget will also reflect increased

receipts for E-911 funds. The prior year carry-over in the amount of \$78,214 will be used for state police dispatching, E-911 equipment, transfers, mapping staff, Social Security and unemployment insurance.

**We will put them up until the federal government does something about it.**

— County Judge-Executive Paul Hunt Thompson

In other budget matters, the court received a letter from William Joe Kendrick, county electrical inspector.

Kendrick collected \$2,105 and submitted to the court \$526.25.

Emergency funds were granted to the sheriff's office in the amount of \$36,371.55.

The sheriff submitted a request for that amount, saying he would not have the funds to complete the fiscal year.

Lodestar Energy, formerly Costain Coal, filed an application through the Kentucky Revenue Cabinet seeking a tax refund from the county. For the years of 1996, 1997 and 1998, Lodestar was granted a refund from the county totaling \$16,764.33.

In other matters on Friday's agenda:

(See Fiscal Court, page two)

## Bill would mean money for school system

Times staff report

A bill sponsored by Floyd County's two officials in the state House of Representatives could bring a financial windfall to the Floyd county Board of Education if passed.

House majority floor leader Greg Stumbo and Rep. Ira Branham have filed a bill which would bring an additional \$331,000 to Floyd County schools, money the two legislators say should have gone to the district anyway.

The aim of House Bill 293 is to sidestep a 1998 court ruling which placed money raised through the taxation of unmined minerals into the state Department of Education's budget, rather than returning the money to the county from which it originated.

Floyd County's share of the money would

(See Money, page two)

## Wheelwright council mulls changes for utilities board

by **Randell Reno**  
Staff Writer

Drug testing and a lack of job security could face Wheelwright utility Commissioners very soon.

Wheelwright city commissioners had the first reading of an ordinance which would give city commissioners the right to remove the utility commissioners at will.

The ordinance will also give the city leaders the power to request drug screenings and criminal background checks, as well.

The city also voted to donate \$500 to city AAU teams. The money was meant to be used half for insurance policies and the remaining money for uniforms or whatever the teams may need.

Inmates from the prison have built several

(See W'wright, page two)

## Another year, another national championship...



Members of the Prestonsburg High School Dance Cats celebrated their national championship win during the American Spirit competition in St. Louis this week. The Cats' win marked the continuation of a dynasty, as the team gathered their fourth championship in as many years. For full story, see Sports Plus.

## Shingler leads Times to good showing in state awards

Time staff report

The Floyd County Times placed high in competition among the state's multi-weekly newspapers during the Kentucky Press Association's winter awards banquet Friday night, with senior editor Pam Shingler carrying much of the load.

Shingler brought home five awards, plus a share of one more, to nearly single-handedly give the Times its best showing in KPA competition in several years.

Included in Shingler's haul were two first-place prizes. Shingler won top honors in the highly-competitive editorial and column competitions.

Shingler also won second-place awards for best headline and best spot news package. She brought home a third-place prize for best general news story and an honorable mention in the best editorial competi-

tion — her second award in that category.

In addition to her numerous awards, Shingler also shared third-place honors with Times staff writer Willie Elliott for best ongoing/extended coverage.

Other Times staff members also got in on the act.

Sports editor Ed Taylor was awarded a second-place prize for best sports story, while composing director Heath Wiley was given third-place honors for best use of graphics.

In addition to the newspaper's numerous awards, another Times staff member was also recognized for writing while working at another newspaper.

Managing editor Ralph B. Davis was given an honorable mention in the editorial category for a piece he wrote while employed at the Appalachian News-Express in Pikeville.

The Times competed in the KPA's multi-weekly category for newspapers published two or three times a week.

The paper was pitted in competition against such other publications as the Appalachian News-Express, London Sentinel-Echo, Georgetown News-Graphic, The Kentucky Standard of Bardstown, The Paintsville Herald, The Central Kentucky News-Journal of Campbellsville and the Princeton Times-Leader.



Pam Shingler

## What's Inside



### Briefs

#### Vandals strike car dealership

Four cars were damaged in a local car lot late Wednesday night or early Thursday morning.

Someone took the liberty of breaking out the driver's side front windows of four vehicles on the lot of Red's Auto Sales in Harold.

Located just a few hundred feet off US 23, Red's Auto Sales sits just past the railroad tracks.

"Someone walking by busted three windows out on the driver's side on the side of the lot," said Joe Hamilton, manager of Red's Auto Sales. The suspect also broke the window on a car located in the front lot and stole a Pioneer radio out of it.

"I think it was somebody who had too much time on their hands," said Hamilton.

The incident is under investigation by Kentucky State Police. Officers told the owners that fingerprinting the cars is nearly impossible because of the number of people who have test-driven the cars.

The suspect, if caught, will be charged with criminal mischief.

#### Public meetings

■ The Big Sandy Area Development District board meeting has been rescheduled for 11 a.m. Tuesday at the Holiday Inn.



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## Fiscal court

The court opened bids submitted for the use of equipment with operators. A total of four bids were submitted and the court decided to keep all four for further examination. Thompson said the county may have more than one project going at a time so all the bids need to be looked at closely. Companies submitting bids were J&H Enterprises, Warco Land

Improvement, Coex Inc. and Johns Construction.

No bids were submitted for the autopsy transport and other examinations for the Floyd County coroner. Members chose to continue with the current system at the same rate, if possible.

Bids will be accepted by the court for 20,000 feet of four-inch water pipe. The waterlines will be used for further construction of the waterline projects going on across the county.

The county has decided to sell surplus property in the form of construction equipment. Put up for sale are a 1972 544B John Deere rubber-tired loader and a 1987 310C John Deere backhoe.

The court also approved the purchase of property near the Warco Housing Project from the Kentucky Transportation Cabinet. The land will be used to expand the project's sewer system.

Travel expenses were raised from 31 cents a mile to 32.5 cents a mile.

Approval was given for the E-911 executive board to hire one employee for the mapping staff. The employee will be used on an as-needed basis and will be hired as a temporary employee.

The hiring of a part-time secretary was also approved by the court. The secretary will be

used in the DES/floodplain office.

Travis Dale Hall Jr. was given a raise. He will be moved to an hourly rate of \$10.90.

The court confirmed its recognition of Dennis Dorton from Johnson County and Dana Howard of Magoffin County to serve on the Honey Branch

Industrial Development Authority Inc.

The Floyd County Rescue Squad was paid \$3,003.40 from the surplus property project grant.

Chris Waugh was granted the issuance of a check to pay \$3,224.10 to the Kentucky state treasurer.

(Continued from page one)

## Money

(Continued from page one)

be the second-highest among the state's counties. Only Pike County, which would receive \$1.3 million, would profit more from the bill.

Overall, 32 counties lost money from the court ruling, with 20 counties losing more than \$100,000.

"Our coal county school districts were able to make significant improvements with the extra money (from the unmined minerals tax), such as reduce student-teacher ratios, buy playground equipment and additional equipment for vocational schools, and keep on track with matching technology money," Branham said, in statement jointly released by the two men. "Traditionally, our schools have

suffered from inadequate revenues, and the unmined minerals assessments were significant additional benefits. We propose to rectify this situation and bring this money back where it belongs."

Before the court ruling giving the money to the state Department of Education, a 1989 decision had placed the money from the unmined minerals tax into a pool to be returned to coal-producing counties.

"As a result of this ruling, counties such as Pike, Floyd and other coal-producing counties have suffered significant lost revenue," Stumbo said. "Rep. Branham and I hope to correct this situation with our legislation."

## W'wright

(Continued from page one)

wooden boxes to be distributed throughout the city. Those boxes have been filled with salt for the residents to spread over icy roads and sidewalks.

Commissioners voted to purchase more lumber in order to build more of those boxes.

In other issues facing the city, the commission voted to give \$2,000 to the fire department to expand its existing building. The expansion is to create a training room.

William Bottoms was once more approved to perform the city audit.

The Clubhouse remains untouched in its promised renovations. City leaders voted to ask the building's owner to appear at the next commission meeting. The owner promised the city he would make immediate renovations if allowed to purchase the building.

Police officer Charles Johnson got the nod to purchase a winter uniform. And part of the kitchen area of City Hall will be transformed to an evidence locker room.

The Thursday evening meeting was held despite the slick roads in the city.

## Kid care during the cold winter months

By Sheila Ellison, author of the 365 series of parenting books

(NAPSA)-Keeping kids comfortable and looking good during the cold winter months can be a challenge. Use a few inexpensive products and the following 'head to toe' tips to keep hair and skin looking good and to prevent chapped lips, and let kids have fun in the process.

**Hair care:** Dry air and low humidity in the winter months can help dry out hair and skin. To seal moisture into the hair, use a shampoo that provides added conditioning, like Suave for Kids 2 in 1 Extra Conditioning Shampoo (it smells like cherries which kids will love). If tangles are a problem, spray hair with a detangler before combing with a wide tooth comb. Kids enjoy brushing mom's hair too, so when the tangles are smooth hand over the brush and give the kids a chance to be the beauty experts.

**Skin:** The sun still shines even when it's cold, so don't forget sunscreen. A moisturizing lotion is a must to help prevent dry chapped winter skin. Therapeutic lotions actually create a physical barrier

that keeps moisture in the skin. Applying lotion to damp skin is a good way to lock in moisture.

**Nose:** Have facial tissues readily available in the house and in the car. Make sure kids only use them once and throw them away immediately.

**Hands:** Make hand washing a requirement before and after meals, when using the bathroom, and often throughout the day. Use a mild, moisturizing anti-bacterial liquid like Suave Anti-bacterial Liquid Hand Soap with Extra Aloe Vera Moisturizing.

**Mouth:** Get kids into the habit of applying a lip moisturizer to avoid cracked lips. Highly flavored lip balms may cause kids to lick their lips more frequently, which could make them even drier. Choose a lightly flavored product like Vaseline Intensive Care Lip Balm. Use fabric paint to personalize towels with a child's name or favorite design and stack paper cups near household faucets for quick drinks.

**Feet:** Play outside and exercise. Nothing feels better than a foot massage after a day scurrying around in the snow or the rain. Use a moisturizing lotion and make sure to rub firmly so it doesn't tick-

## A New York icon commemorates 70 years

(NAPSA)-Landmarks define the essence of any city, and New York is no exception. While New York City is enjoying a renaissance period, visitors from around the world are flocking to its most spectacular attractions. Gotham is home to such a vast array of world-renowned sites and structures that residents almost take them for granted. From historic landmarks including Ellis Island and United Nations, to the capitalist edifices such as Rockefeller Center and The World Trade Center, New York's key attractions have never been more popular.

Conveniently nestled in the center of the Big Apple, and within walking distance to some of the best shopping, museums and theaters, New York's legendary '21' Club is enjoying its own renaissance.

The '21' Club toasts its 70th anniversary at 21 West 52nd Street this year with a year-long tribute that celebrates its beginning as a speakeasy, as well as its rise to one of the most highly-acclaimed restaurants in New York. This

quintessential New York landmark serves as a constant in a city whose landscape has considerably changed over the past 70 years.

One way '21' Club is commemorating this special milestone, rarely achieved by other New York eateries, is by offering a delectable seven-course Chef's Tasting Menu for, what else, \$70. Some of the tantalizing menu items guests will enjoy include: pan-seared snapper with manilla clams, stoneground corn and spicy paprika sauce, foie gras with figs and pomegranates, or mixed grill of wild game with roasted brussel sprouts and oven dried tomatoes. Additionally, tables ordering the Chef's Tasting Menu will receive a complimentary bottle of champagne as a thank you from '21'.

When '21' opened its doors in 1930, it flourished as Manhattan's hottest speakeasy serving the glamorous and influential. Today, the restaurant remains a favorite gathering spot for its fine dining, award-winning wine list, attentive service, and celebrity spotting. For reservations, call 800-7-21-Club or visit www.21Club.com.

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# How to protect your child from poison



Young children are poisoned most commonly by things found in the home, such as drugs and cleaning products.

(NAPSA)-A child is accidentally poisoned every 30 seconds, and more than half of these poisonings occur at home to children under age 5.

As the nation recognizes National Poison Prevention Week during the third week in March, it's important to remember that young children need to be closely supervised at all times.

Young children can be poisoned by:

- Medications
- Alcoholic beverages

- Cleaning products
- Cosmetics
- Pesticides
- Paints and solvents

"Children naturally explore by tasting things in their mouths" said Dr. Richard O'Brien of the American College of Emergency Physicians. "In the time it takes to answer a phone or go to a door, a child can find and swallow poison, if it's not locked away. Adults must pay even closer attention when their child visits a home that may not be childproofed."

Here are some tips from the American College of Emergency Physicians to help prevent accidental poisoning:

- Keep all substances that may be dangerous to your child locked away and out of your child's reach. Use child-resistant packaging, and always replace safety caps after use.
- Never call medicine candy.
- Do not store harmful products with food or in food containers, which could be confusing to a child.
- Keep a small bottle of syrup of ipecac on hand-out of children's reach, but use only as directed by a

physician or a Poison Control Center.

Before using pesticides, remove children and toys for recommended times (read label).

"Signs that indicate poison has been swallowed include severe throat pain, breathing difficulty, unexplained nausea and vomiting, and burns on the lips or mouth," said Dr. O'Brien. "A

child also may appear drowsy or sluggish, and a foreign substance may remain around his or her mouth and teeth. You also may be able to smell the substance on the child's breath."

If you suspect your child has ingested poison, get emergency help right away. Call 911 and your local Poison Control Center. Be prepared to

give the facts, including any information and first aid instructions from product labels. If you go to the emergency department, take the poison with you (e.g., chemical container, medication bottle, plant part). For household chemical products, follow first aid instructions on the label, and don't make the child vomit. To locate

the Poison Control Center nearest you, call (202) 362-7217.

For a free flier on what to keep in a "Home First Aid Kit," visit ACEP's web site at [www.acep.org](http://www.acep.org) or send a self-addressed, stamped, no. 10 envelope to Home First Aid Kit, 1111 19th Street, NW, Suite 650, Washington, DC, 20036.

## Don't stress out, workout

(NAPSA)-Stress is an inevitable part of our everyday lives, increasing our risks of heart disease, immune deficiency and memory loss. More than 89 percent of Americans report they feel high levels of stress on a regular basis. Although people manage stress in a variety of ways, one proven antidote is exercise.

According to the Russell Athletic "For The Long Run" national survey, only 18 percent of Americans polled recognize exercise as a means to reduce their

stress levels. However, clinical studies show regular physical activity not only helps improve the way you look, but can reduce levels of anxiety, tension and fatigue, all outward signs of crippling stress.

Russell Athletic offers the following fitness tips to help you cope with stress:

- 1) Make Time to Exercise-Don't put your health last on your list. Set aside 20 to 30 minutes a day, three to four times a week to exercise.
- 2) Walk Away From Stress-Take a simple stress-relieving and ener-

gizing walk to clear your mind, boost your energy level and increase your brain's production of endorphin's (naturally occurring chemicals that relax and rejuvenate you).

3) Relax-Finish your workout by closing your eyes, playing soft music and dimming the lights. Concentrate on the tension in your muscles. Slow, deep breathing will bring your heart rate and respiration back to normal.

4) Sleep Well-Exercise will not only help you be more alert during

the day, but it will help you sleep better at night. However, try exercising in the mornings or afternoons. Exercise late in the evening shoots your energy level up when you should be winding down.

Russell Athletic is a division of Russell Corporation, an international consumer products company specializing in activewear, casualwear and athletic uniforms. Its major brands include Russell Athletic, Jerzees, and Cross Creek. For more information about Russell Athletic, visit [www.russellathletic.com](http://www.russellathletic.com).

## Ross gets ideas from talking with children

The following article is third in a series of profiles of Floyd County's school board members. January is National School Boards Recognition Month.

by Willie Elliott  
Staff Writer

Johnnie Ross, pastor of St. James Episcopal Church in Prestonsburg and St. David's Episcopal Church in Pikeville, as well as chief environmental technologist with the Kentucky Transportation Cabinet, has been on the board for two years. He represents Floyd County Education District 1.

Ross said that one thing he has done well as a board member is to listen to children. He said he used the same practice with his congregation, Boy Scout troops, students he tutors and friends.

"During my tenure as a member of this board, I have not only taken time to listen to children, but have provided a means by which children can speak with me directly," Ross said referring to a program he calls Breakfast with Board and Business.

On these visits, Ross arrives early, greets the children as they get off the bus, and sits with them to eat breakfast. While sitting around the table eating with them, they talk about the food, their bus ride, the books they have read, their playground equipment and the desks they sit in.

"It was from a student that I learned that their air conditioning was not working in their class-

room," Ross said.

Ross said they complained, he complained, and it got fixed. A kindergarten child told him a story about dirty and torn carpet. The child complained, he complained, and it, too, was fixed.

Ross said that board members tend to confine themselves to act within a "district box," swapping and trading one vote for another.

"This behavior has stopped



Johnnie Ross

with this board because it is simply unacceptable," Ross said.

Ross said parents should get involved and stay involved with school business. He asked that parents and citizens come to board meetings or watch them on television and form an informed opinion. Ross said the board wants to hear the community's ideas. He suggested that people become members of PTA/PTO and site-based decision making councils,

volunteer to supervise activities at school, or simply show up at school and eat lunch with their children in the cafeteria. He said this will not only please the child, but will help parents to know that students are well-supervised and offered a balanced meal.

"All the research on student achievement indicates that when parents are involved in an educational system, children simply perform better," Ross said.

Ross also suggested that students talk to board members and explain what is good and what is bad at school and then demand from the board, teachers and administrators that the bad be corrected.

Ross said he has two major goals that are interrelated. He wants to have a concentrated focus and he said deliberate effort needs to be made to improve instruction and curriculum. He said this effort needs to include library, music, drama and physical education. He said that this may help in raising the standards and the number of students meeting those standards.

His other major goal, improvement of facilities, would help students meet the needs of those increased standards, Ross said. Ross said he would also like to see an incentive package for teachers. He suggested that the board, Floyd County Teachers Association and Kentucky Education Association work together on this project to formulate a plan that would be a model for the rest of the state.

Ross said he would give the present board a solid B for progress, perhaps even a B-plus. Ross recounts how the board took over a system in shambles, and with the help of state assistance, put the school back on an operational basis. Ross said the situation had gotten so bad that it seems this board "made the impossible possible." Ross said hiring a superintendent the caliber of Dr. Paul Fanning would help the system move forward.

### Better Diabetes Management

## Points to consider before traveling abroad

(NAPSA)-For people with diabetes, getting a vacation off on the right foot may require a few extra steps.

In many foreign countries, the medical facilities are simply not as well equipped-or as readily available-as they are in the United States, so it's important for travelers to realize they may not be able to

get help as quickly as they need it. One well-traveled person who takes no chances with his diabetes is Christopher Damon, who recently worked as a researcher on the MTV television program "Road Rules." This globe-trotting, high-adrenaline show takes its cast to exotic and remote locations for heart-pounding adventures, such as sky diving and running with the bulls in Pamplona, Spain.

In the past year, Damon-whose job it was to handle logistics for the cast and crew on their out-of-the-ordinary missions-traveled to India, Kenya and Malaysia. It can sometimes be difficult to remain in good health in such locations, and especially for someone with diabetes.

Damon offers these tips for anyone with diabetes traveling to a foreign country.

- See your doctor before you leave to make sure you're in good health and to find out what to do and what medications to take in case of illness. Damon, for instance, travels with something to settle his stomach, because if he can't keep food down, his blood sugar levels can plummet, and this can be serious for someone with diabetes.
- Bring extras of everything you need-medication, syringes, test strips for your blood glucose meter, etc.
- If you need to use syringes for insulin injections, bring a doctor's note. Otherwise, customs

agents in some countries may confiscate them.

Finally, select diabetes supplies and equipment that are conducive to travel. For example, Damon uses the FastTake@ Compact Blood Glucose Monitoring System because it was created for on-the-go testing with a compact size that's easier to pack and carry. This meter produces accurate results in just 15 seconds-with no cleaning required, making it easier to use on the road. Also, the meter is accurate for a wide range of climates, elevations and settings.

The FastTake Meter has a 150-test memory that can be downloaded to LifeScan's In Touch@ Diabetes Management Software for analysis when returning from a trip, or any other time. This Windows™-based software displays easy-to-follow charts that can help patients spot trends to help them make appropriate lifestyle changes. And now, the software is compatible with all LifeScan blood glucose meters. This is especially helpful for people who use multiple meters, such as the FastTake Meter when traveling and another LifeScan meter when at home.

To find out more about the FastTake Meter and blood-glucose control, ask your healthcare professional or call LifeScan at 1-800-277-8862, or visit the company at [www.LifeScan.com](http://www.LifeScan.com) on the World Wide Web.



Chris Issac, who works in composing at the Times, and his wife Stephanie brought their new baby daughter Allison Faith to the office to show her off. Allison was born on January 14. (photo by Willie Elliott)

### SPECIALIST IN UROLOGY

**WILLIAM C. THORNDYKE**  
MDCM FRCS

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Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

—First Amendment of the U.S. Constitution—

# Viewpoint

Sunday, January 23, 2000 A4

QUOTE OF THE DAY...

The absence of alternatives clears the mind marvelously.

Henry Kissinger—

## Editorial

### Sagging enrollment could have much greater impact than just short-term budget problems

Lower than expected enrollment has resulted in budget shortfalls at the University of Kentucky, Morehead State University and Eastern Kentucky University for this academic year. However, in the long run, flat or declining enrollment at Kentucky's state-supported universities could have a much greater impact than just making it more difficult for the schools to balance their books.

In a state with one of the nation's lowest percentages of adults with college degrees, having fewer students attending the state universities does not bode well for Kentucky's economic future. The lack of an educated workforce is one of the biggest obstacles Kentucky faces in recruiting new industry.

UK's actual enrollment was 650 students fewer than expected, mostly at the university's Lexington campus — a loss of nearly \$4 million in tuition revenue. At Morehead State, the drop was 229 students fewer than the 8,400 estimated, which equals about \$700,000 in lost revenue. Eastern Kentucky reported a roughly 300-student shortfall, but it has yet to put a dollar amount on that loss.

MSU and EKU administrators said the shortfalls should be covered by budget reserves and won't lead to any significant cuts. UK, however, is asking its academic colleges on the Lexington campus to delay filling certain jobs, hold off on renovations and some purchases, and cut back on faculty travel.

For most of the 1960s, 1970s and 1980s, Kentucky's universities and community colleges enjoyed remarkable growth, but enrollment figures began to flatten out about a decade ago and have shown little change since then. That's partly because the number of students graduating from Kentucky high schools has changed little in recent years, and the tuition charged by the universities has increased far faster than the inflation rate.

The bottom line is that many young Kentuckians capable of doing college work either think they cannot afford to attend or are discouraged from doing so. That's too bad. Without more people either completing college or a postsecondary technical program, Kentucky cannot compete in today's global economy.

—Ashland Daily Independent

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## Guest Column

### Online retailing has its surprises

Sales over the Internet during the holiday season may have reached \$11 billion, tripling the amount from a year before. But it would be a mistake to think that online retailing is evolving along a simple, straightforward progression. Surprises and challenges keep arising.

A year ago, for example, dot.com retailers acted as though they knew that traditional brick-and-mortar firms couldn't compete in the digital environment. The 1999 holiday season proved that expectation wrong.

A number of national retailers reported significant online sales, including J.C. Penney, Barnes and Noble, The Gap and Wal-Mart.

Those "click and mortar" companies tended to have larger individual sales online than did Internet-only retailers. The average amount spent per order at Amazon.com, for example, was \$128. At the Web site of Best Buy, an electronics dealer now venturing into online retailing, it was \$233.

Brand-name loyalty, analysts said, turned out to be a powerful asset for traditional retailers. Traditional retailers can also be heartened that many consumers in 1999 searched online for information on specific products, but then went to a traditional retail store to buy them.

That helps explain why only 2 percent of holiday

purchases were actually ordered online in 1999, even though 17 percent of U.S. consumers said they "shopped" on the web for gifts. (In 1998, 7 percent of consumers said they did so.)

Online consumers, analysts say, are generally opting to buy standard-issue products such as toys and music CDs, rather than items such as clothing, which people want to examine directly.

Retailers that operate entirely via the Internet can point to successes of their own. The list of most visited Internet retail sites in 1999 included Internet-only retailers such as Amazon.com, auction company eBay.com, eToys.com, Bay.com (which sells computers, books and music items), CDnow.com and EGreetings.com (a greeting card company).

Challenges loom for many online retailers. A number of companies, most notably Toys R Us, failed to provide timely delivery of Christmas gifts ordered at the last minute. Many other companies have saddled themselves with significant fixed costs by offering to ship items free.

The 1999 holiday season, with its rising online sales activity, points toward a new type of consumer economy. The one certainty is that predicting the precise shape of that retail economy is difficult at this early stage of development.

—Reprinted from the Omaha World-Herald

### U.S. shouldn't usurp rights of Cuban father

Preserving the natural rights of parents to care for their children is the foundation of American family law. In this age-old legal tradition, the state only usurps parental rights in extreme circumstances, usually when a child is in physical danger.

But in the case of 6-year-old Elian Gonzalez, the shipwrecked migrant boy from Cuba, 200 years of legal precedent have been cast aside. Although President Clinton said that politics shouldn't influence the case, that's exactly what's happening.

In most international or domestic child-custody cases, the desires of the surviving parent are automatically followed. But in the case of Elian, a long custody and immigration battle looms in court. Contrary to Clinton's stated intentions, the actions of our government appear likely to keep Elian from his father for a long time.

Elian was found drifting in an inner tube 20 miles north of Miami on Thanksgiving morning, after the boat he was in with his mother and 11 other migrants sank en route from Cuba to Florida. Elian's divorced mother and her boyfriend died. His father, who remains in Cuba, wants the boy returned to his homeland.

While the young boy mourns his mother and misses his father, anti-Castro Cubans in south Florida and Cuban leader Fidel Castro are both exploiting the situation for political capital. That's terrible. The only question in determining the boy's future should be: What's the morally correct thing to do for his well-being?

Elian should be returned to Cuba immediately. In fact, the Immigration and Naturalization Service made a mistake by paroling the boy to distant relatives in Miami whom he had never met and who have now hired a lawyer to try to keep the boy in this country.

While Castro ignites noisy protests in Havana and threatens to march on the U.S. Mission there, the relatives in whose custody Elian now resides are exploiting him for the political aims of the south Florida Cuban community. They claim the boy wants to stay here, although Cuban news stations have broadcast the voice of the boy saying he wanted to return to his father.

That's all quite preposterous.

Six-year-old children cannot make decisions about where they will live. Such a claim by a young child, or an attorney representing him, would never be valid in an American family court. Based on centuries-old legal precedent, the biological parent has the right to determine where a child will live, not distant relatives or the U.S. government.

It is clear what's happening here. Politics. While it's good for the United States to put pressure on Cuba to reform, it's unacceptable to exploit a 6-year-old

(See Guest, page five)

### Quizlet poll results

Last week's question: "What should be done with 6-year-old Elian Gonzalez?"  
Send him home to his father in Cuba - 27  
Allow him to remain in the U.S. - 9  
36 total responses

This week's question: "Should the Ten Commandments be displayed in public buildings?"

To answer this question, visit the Times' website at [www.floydcountytimes.com/opinion.htm](http://www.floydcountytimes.com/opinion.htm)

Results will be published each Sunday on this page.

### Letters to the Editor

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

## Poison Pen

by Ralph Davis  
Managing Editor



### My brain broke down on the information superhighway

If you find it a little bit difficult to read my column this week, it may be because I can't get my head out of the internet.

In case you missed it, The Floyd County Times went digital on Monday, officially opening up shop at our new website, "http://www.floydcountytimes.com/"

Being the person primarily responsible for putting that page together, I found myself immersed in a terribly busy week. As anyone who has ever put together a website can tell you, it's a lot easier to update a web page than it is to construct from square one. But that's exactly what I found myself doing Monday morning ... and afternoon ... and evening.

As a result, the first issue of The Floyd County Times Interactive didn't make it on the 'net until about 6 p.m. Monday

Now, that wasn't entirely unexpected. Having put together a number of websites, I knew that getting everything up and running would not be a flawless affair. It takes time — much more than you ever budget for yourself — as well as a healthy dose of patience.

But the site is now up and, if I say so myself, I'm fairly pleased with the results. Especially for a first incarnation.

One thing I've learned about publishing on the internet is that, once you think you're done, you're only just getting started.

As such, we will tweak and fix and add and delete from here to eternity to make the website better. And once we think we've got it just right, it'll be time to tear it all down and start all over again.

If you haven't had a chance to make it to the website yet, here's a little primer on what to expect once you get there. Of course, since this is the newspaper's website, you're going to find news, sports, opinion, features, classifieds and community announcements.

But that's only the beginning. Realizing the internet is much more than cathode-ray book or magazine, we have tried to add some features which will make a trip to our site more enjoyable.

First, you can open your own web-based email account with a down-home flavor. You can choose from having an email address such as Your-Name@floydcountytimes.zzn.com, to having one with your high school mascot, such as Your-Name@BLHS-Bobcats.zzn.com.

We have also opened a chatroom where local folks can meet and talk with other local folks, wherever they may be. The chatroom, however, doesn't appear to work on certain browsers, but we're working on fixing that.

One fun aspect of the website is that rather than just reading about the local news, you can now voice your opinion on it with the click of a mouse. On the opinion page, we are running a weekly poll about issues of interest. This week the question is about the Ten Commandments. Ouch, that should be a hot one.

If you will look at the bottom of this page, you will see the results of last week's question about Elian Gonzalez. Although you can see instant results of how the voting is going when you cast your ballot, the final results are published in Sunday's regular paper.

But that's enough talking about the website. You really won't appreciate it until you go see it for yourself.

In the meantime, I'm going to go home and go to bed so that I can finally get this HTML out of my head.



# First national Colorectal Cancer Awareness Month

(NAPSA)-The United States Senate has officially declared March 2000 as the first annual National Colorectal Cancer Awareness Month.

The Cancer Research Foundation of America together with the American Digestive Health Foundation and the National Colorectal Cancer Roundtable have been working with senators to designate the month.

Approximately 130,000 new cases of colorectal cancer, cancer of the colon and rectum, are diagnosed every year and another 56,000 people die annually. It is the second leading cause of cancer



Preventable. Treatable. Beatable!

deaths for men and women combined and African Americans and Hispanics are more likely to be diagnosed in advanced stages.

"We are gratified that the Senate has recognized the importance of colorectal cancer," said Carolyn Aldigé, president and

founder of the Cancer Research Foundation of America. "Colorectal cancer is a disease that no one has to die from. It is preventable...treatable...beatable. Colorectal cancer is preventable through regular screenings, a healthy diet and regular exercise. It is treatable when detected in its earliest stages and can be beaten."

The campaign is made possible through contributions from presenting sponsor, Hoffmann-La Roche and sustaining sponsor, Bristol-Myers Squibb Oncology.

For more information, call 1-877-35-COLON (2-6566) or visit [www.preventcancer.org/colorectal.htm](http://www.preventcancer.org/colorectal.htm).

## ■ The ABC's of Reading

### Medicine Labels:

# Becoming Your Pet's Eyes and Ears

By Steven Fox, MS, DVM, MBA, PhD

(NAPSA)-Reading medicine labels every time you use a prescription or non-prescription medication, and learning about potential drug interactions are two critical steps to your pet's good health. You can avoid most potentially harmful drug interactions and adverse reactions with a little bit of knowledge coupled with common sense.

The U.S. Food and Drug Administration estimates extra healthcare costs from lack of compliance with medicine directions to be at least \$20 billion a year. Reading the medicine label is an important way to help prevent unnecessary drug complications and associated expenses.

When medications are prescribed by veterinarians for pets, owners should read the labels carefully in order to answer these very important questions:

- What is the name of the medication, and what is it supposed to do?
- How and when do I give it, and for how long?
- What foods, liquids, other medicines, or activities should my pet avoid while taking this medication?
- Are there side effects? What signs should I watch for? What do I do if they occur?
- Will this new prescription work safely with other prescriptions and medicines my pet is taking?
- Is there written information available about the medicine?

It's smart to write down the answers to these questions immediately to make sure you'll remember all the details.

When actually reading labels and handling medicine containers, try to practice the following:

- Carefully read medicine labels for a description of the drug, its indications, dosing and administration, contraindications and precautions, warnings and information on adverse reactions.
- Always give all of the medication prescribed



for your pet, unless otherwise directed by your veterinarian.

- Discard outdated medicine.
- Store medicine in its original container, where the label identifies it and gives directions.
- Storing medicine properly not only protects curious children and pets, but prevents container mix-ups. Avoid exposure to children and other pets.
- Keeping more than one medication in the same bottle also creates confusion and may alter the chemical composition of certain drugs.
- Always use child-proof caps on medication bottles.
- Never use medicine for purposes not mentioned on the label, unless directed to do so by the veterinarian.
- Read the label about the product's tamper-evident features.
- Look at the package for tampering signs such as broken seals, puncture holes, or open or damaged wrappings.

Understanding label lingo is sometimes half the battle. Have you ever read a prescription written "T.I cap. p.o. q.d.?" Unless you're a Latin scholar you are unlikely to know that this is pharmacist talk for "take one capsule by mouth every day."

Finally, make sure you consult your veterinarian with any questions related to prescribed medications. It's a good idea to check the prescription before you leave the veterinarian's office. If there's anything you don't understand, ask about it. Make sure you thoroughly understand how your pet could exhibit side effects. It's important to take the extra time needed to fully understand these labels - your pet will thank you for it.

Dr. Steven Fox, managing technical services veterinarian in the Companion Animal Division of Pfizer Animal Health, is an expert on pain management in companion animals.

## Online sales site helps shoppers save time and money

(NAPSA)-Finding a retail sale or bargain has just gotten much easier, whether you shop at a local retailer, from a catalog or on the Internet. A new web site points out the best buys, making it simpler to find the items you want at the prices you crave.

This "sales site" is not a retail outlet; you cannot buy merchandise from the site. Instead, the site offers sales information from other retail venues, including local "offline" retail stores, online web stores and catalogs. All types of products and services are included. Through the site, consumers can receive information on the best buys among the more than \$3 trillion in consumer goods and services purchased annually. Regular sales can be searched along with sales events, coupon offers, rebate offers, and even offers requiring store club memberships.

Using proprietary authoring and administration software, SalesMountain.com has been designed to achieve results for all different types of sales lovers - "browsers" who want to search by category, store, price, driving distance, or location, and product-oriented shoppers who search by brand or specific item.

The free sales data is personalized and updated continuously as retail sellers and service providers plan and advertise their sales.

Consumers can shape and limit the "mountain" of data to meet their preferences and shopping styles.

The "SalesGenie" personal shopping system constantly searches on behalf of a consumer and sends special email "alerts" to help shoppers find the latest bargains. As soon as a sale is posted, the consumer is notified. Consumers may run as many SalesGenie searches as they want, all for free.

The web site is also a marketing boon for vendors. Retailers and service providers of any size can post their sales (FREE for the time being) through the simple web interface on the site or by sending the information directly to SalesMountain. You don't have to be web savvy either. SalesMountain can take your data and pictures in whatever formats you have. This is

the Internet at its best: new technology enabling superior communication between retailers and consumers at virtually zero cost.

The site provides local sales content, so consumers can enter their ZIP codes and search for sales in their own neighborhoods. In addition, the site is hailed as the first online "sales site" to:

- Include "real world" stores, online stores, service providers and coupons on one site;
- Integrate coupon sales data with other types of sales information into one searchable database; and
- Provide a web interface that permits vendors to post their own sales directly onto the site.

For more information, visit [www.SalesMountain.com](http://www.SalesMountain.com), email [info@SalesMountain.com](mailto:info@SalesMountain.com) or telephone (310) 216-1144.

## Quest

(Continued from page one)

boy for the ambitions of anti-Castro Cubans and the politicians who pander to them. Castro may be wrong for seriously escalating tensions over this matter. But he's right that Elian should be returned home.

Anti-Castro Cubans say Elian would have a better life in America. The U.S. government, by not returning the boy to Cuba, appar-

ently agrees.

But that's not the U.S. government's decision to make. That is, not unless we're prepared to undermine the natural rights of parents and start letting the federal government decide what's best for our children.

—Copley News Service



From left are Angie Woodward, executive director of Leadership Kentucky; Jim Brown, vice-president with Community Trust Bank; and Hal Smith, president of Pikeville College, at a recent Leadership East Kentucky meeting held on the Pikeville College campus.

## Leadership program approaching second year

Leadership East Kentucky is one of several ventures that came as a result of the annual East Kentucky Leadership Conference. Gov. Paul Patton made this program possible by providing state funds as well as funds from the Appalachian Regional Commission.

The program is designed much like Leadership Kentucky. There were nine sessions that focused on particular topics such as education, infrastructure, employment, health-care, technology, environmental issues, the justice system, citizenship, and governance.

Each of these issues was examined by the class to enable class members to get a better understanding of the challenges and successes of the region.

In addition to these specific issues, other focuses included collaboration, regionalism, and community decision making.

There were also opportunities for the class members to better

understand their leadership skills and how to work with others who have different styles and skills.

Each session was held in a different community of east Kentucky including Morehead, Hazard, Jenkins, Ashland, Harlan, Somerset, Prestonsburg, West Liberty, and Pikeville.

The second class will begin in

June. Members of the 1999 class will serve as advisors to the program based upon their experiences in their first year.

Anyone interested in being a part of Leadership East Kentucky should contact Linda Gayheart at 606/785-9009, P.O. Box 105, Hindman, Ky. 41822. The deadline for applications is March 30.

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## Does your teddy bear have the sniffles?



"There's no cure for the common cold." That old saying is hardly reassuring when your children get sick during cold and flu season.

Providing relief for your children's coughing, runny nose, sore throat and other cold symptoms is important. So is making sure a persistent cold is not something more serious like bronchitis, pneumonia or the flu. Finding the right health care may help your children - and you - breathe a little easier this winter.

Dr. Saifullah, board certified pediatrician at the Mud Creek Clinic, can help. His services are available to everyone. If you do not have insurance, Medicare or a Kentucky medical card, you may have to pay as little as 20% of the total.

So with a pediatrician like Dr. Saifullah - and a clinic like Mud Creek just down the road, there is every reason to get the health care needed by your children.

And their teddy bears, too.

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A proud tradition of providing access to quality health care.



# OBITUARIES COMMUNITY CALENDAR

## Debra Lynn Hamilton

Debra Lynn Hamilton, 41, of Teaberry, died Wednesday, January 19, 2000, at her residence, following an extended illness.

Born on January 11, 1959, in Tennessee, she was the daughter of Fred Howell of Kosciusko, Mississippi, and the late Glenda Tyler Howell. She was a teacher at Stumbo Elementary, and was a member of the Church of God of Prophecy at Tram.

She is survived by her husband, Terry Hamilton.

Other survivors include one son, Nathan Hamilton of Teaberry; two daughters, Corinne Hamilton of Circleville, Ohio, Faith Hamilton of Teaberry; two brothers, Albert Tyler and Doyle Tyler, both of Mississippi; four sisters, Louvenia Hall of Columbus, Ohio, Charmene Wyeth, Shania Howell and Lora Howell, all of Mississippi; and one grandchild.

Funeral services will be conducted on Sunday, January 23, at noon, at the Nelson-Frazier Funeral Home, Martin, with Don Fraley Jr. and Phillip Smith officiating.

Burial will be in the Davidson Memorial Gardens, at Ivel, under the direction of Nelson-Frazier Funeral Home.

## Willie Bryant

Willie Bryant, 74, of Wheelwright, died January 21, 2000, at St. Joseph's Hospital, Lexington.

Born December 18, 1925, in Wheelwright, he was the son of the late Buddy Bryant and Viola Bryant. He was a plumber and member of the Old Regular Baptist Church.

He was preceded in death by his wife, Rose Ann Johnson Bryant.

Survivors include two sons, Billy Bryant and Jessie Bryant; two daughters, Tiann Branham and Carolyn McCray; two brothers, Bert T. Bryant and Frank Bryant; four sisters, Gertrude Burke, Tarie Johnson, Arinda Collins and Betty Stone, all of Wheelwright; 14 grandchildren and six great-grandchildren.

Funeral services will be conducted Monday, January 24, at 11 a.m., at Joppa Old Regular Baptist Church, Melvin, with Old Regular Baptist ministers officiating.

Burial will be in the Hall-Little Cemetery, under the direction of R.S. Jones & Son Funeral Home, Virgie.

## Calendar items will be printed as space permits

Editor's note: As a service to the many clubs and committees that meet in our community, The Floyd County Times' Community Calendar will post meeting and public service announcements. Articles for the Community Calendar must be submitted in writing to The Times no later than 5 p.m. Monday for Wednesday's publication, 5 p.m. Wednesday for Friday's publication, or 5 p.m. Thursday for Sunday's publication. These cannot be taken over the telephone.

## Exams for census extended

Opportunities for persons interested in working with the 2000 Census to take the required exam are much broader than originally announced. The exams will be administered at sites throughout Floyd County from now through March. For information on times and locations, call 1-888-325-7733. Jobs are available as census takers and crew leaders and pay between \$6.50 and \$13 an hour. If you call the toll-free number, indicate that you live in the Ashland, Kentucky, region.

## ADD meeting rescheduled

The board of the Big Sandy Area Development District has rescheduled its meeting, which had been set for January 20, to Tuesday, January 25. The meeting will take place at the Holiday Inn of Prestonsburg at 11 a.m.

## McDowell Elementary to hold Site-Based meet

McDowell Elementary will conduct its January monthly meeting for the Site Based Decision Making Council on January 25th, in the school library at 6:00 p.m.

## Center time change

The Mud Creek Senior Citizens Center is changing its hours of operation, old hours were 8 a.m. to 4 p.m. New hours move back by half an hour, 7:30 a.m. to 3:30 p.m. This is to take effect February 1.

## Support for former addicts

As recovering addicts, we have found it is possible to live without the use of drugs with the help of Narcotics Anonymous. If you are still using and can't stop, we can help. Give yourself a break. Call 886-6760, 886-9167 or 1-888-987-7700 for more information.

## Retired teachers to meet

The Floyd County Retired Teachers Association has scheduled a called business meeting for February 3, at 10 a.m., at May Lodge, Jenny Wiley State Resort Park.

## Pikeville Methodist Hospital Community Calendar February, 2000

January 26: CPR Community Class will be offered from 9-12 a.m., at the Education Center, located in the Wallen & Cornette Building. Pre-register at 437-3965.

January 28: An AIDS class will be offered at 6 p.m., at the Education Center, located in the Wallen & Cornette Building. The class will be taught by Dr. Mary Fox. Call to register at 437-3965.

February 14: ABC (After Breast Cancer) Support Group meets at 6:00 p.m., at the First Christian Church located on Chloe Road. This support group meets during the second Monday of every month.

February 15: Prepared Childbirth Classes will be offered from 7-9 p.m., at the Education Center, located in the Wallen & Cornette Building. Pre-register at 437-3938.

February 17: CPR Community Class will be offered from 9-12 a.m., at the Education Center, located in the Wallen & Cornette Building. Pre-register at 437-3965.

PANDA Program, a one-hour smoking cessation class, will be offered at 6 p.m., at the Education Center, located in the Wallen & Cornette Building. Call to register at 437-3563.

February 18 & 19: ACLS (Advanced Cardiac Life Support). This two-day seminar will be offered from 8-12 a.m., at the Education Center, located in the Wallen & Cornette Building. Pre-register at 437-3965.

February 25: An AIDS class will be offered at 6 p.m., at the Education Center, located in the Wallen & Cornette Building. The class will be taught by Dr. Mary Fox. Call to register at 437-3965.

February 29: So your going to have a baby? An Epidural Class will be offered from 7-9 p.m., at the Education Center, located in the Wallen & Cornette Building. Pre-register at 437-3938.

For a complete listing of hospital-sponsored events, call our Events Line at 437-2003.

## Adams Middle School PTA to meet

The Adams Middle School PTA will meet January 24 at 7 p.m., in the Media Center.

## Domestic violence?

Is your intimate partner jealous? Do they try to control you? Do they have an explosive temper, even over little things? Do they have difficulty expressing their feelings? Do they often blame you for everything wrong in their lives? Do they call your names or use put downs to damage your self-esteem? You may be a victim of domestic violence, even though no one hits you. Emotional abuse can be just as hurtful as a fist. Don't wait around to see if it's going to get worse, call the crisis line at 886-6025 or out-of-area, 1-800-649-6605, we are here 24-hours a day, every day, because "Love doesn't have to hurt."

## Power Wheelchairs available

January, 2000, The Senior Wheels Program USA makes available Power (Electric) Wheelchairs, to non-ambulatory Senior Citizens (65 years old and up) and others at no out-of-pocket expense if they qualify. The Power Wheelchairs are provided to those who are in a wheelchair, and are not able to self-propel in their living area, and meet the additional qualifications of the program. No deposit required. Call for more information on the details of the program. No nursing homes, or HMO's please. Call 1-800-360-8765.

## Fibromyalgia group meeting

The Fibromyalgia Family Support Group meeting for individuals with FMS and the people who care about them are encouraged to attend our meetings.

The meeting will be held the first Tuesday in each month at 7 p.m. in the Betsy Layne Senior Citizens Building.

For more information, call: Phyllis at (606) 874-2769 or Sharon at (606) 478-5224.

## SSI representative to visit Mud Creek Clinic

A Social Security representative will visit the Mud Creek Clinic each Tuesday during the month of January.

The representative will be in the clinic to assist people in filing Social Security claims and appeals.

People can also apply for Supplemental Security Income (SSI), Black Lung and Social Security numbers. You can also pick up booklets on Social Security and get questions answered.

## Energy Assistance Program

Are you in a crisis with your home heating costs? If so, Big Sandy Area Community Action Program Inc. may be able to help you through its Low-Income Home Energy Assistance Program.

Applications for home heating assistance will be taken beginning January 10 through March 15, or until all of the agency's crisis funds have been expended, between the hours of 8 a.m. to 4 p.m., at your local Community Action Program Office.

To be eligible for Crisis assistance, a household must:

- meet the 110% poverty income guidelines, and
- the household is within four (4) days of running out of fuel if bulk fuel (coal, fuel oil, propane, kerosene, or wood) is the heat source; or
- has received a past due/disconnected notice if natural gas or electric is primary heat source; or
- the household's home heating costs are included as an undesignated portion of the rent, and the household has received an eviction notice for non-payment of rent.

To make application, clients should bring social security numbers, birth dates, and proof of income for the previous month for all household members, certification that the household is out of heat or going to be out of heat or has a past due/disconnect notice from their heating source as stated above.

The program is funded through the Cabinet for Families & Children Community Based Services and the Kentucky Association for Community Action.

For more information, contact Big Sandy Area Community Action Program Inc., in Floyd County at 886-2929.

## County Pictorial History 2000 calendar available

The Floyd County Pictorial History 2000 Calendar containing 18 pictures of various county locations and scenes is available from any member of the Floyd County Historical Society. The cost is \$8.

## You or someone you know can't stop drinking

Alcoholics Anonymous is willing to help. For more information, call 1-800-467-8019.

Al Anon: For support and understanding of the disease—meets, 8 p.m., Saturdays, at the Presbyterian Church in Prestonsburg. (Alan is for family members of alcoholics).

## Depressed Anonymous

Are you feeling lonely, hopeless and trapped in a self-constructed prison and can't overcome it or get out? This support group is not for those people who need it but for those people who want it. We understand. For more information, call: Randall, 886-0483; Jim, 886-3027; Jane—886-8219; Sue—789-8712.

## Big Sandy Abuse Center

If you are a victim of abuse, remember it is not your fault! The abuser is responsible for their behavior. If there is no intervention, the abuse will only get worse over time. Break the cycle of abuse; call the Big Sandy Family Abuse Center's 24-hour crisis line to find a way out of victimization.

Call 886-6025, or out-of-the-area 1-800-649-6605. Remember: Love doesn't have to hurt!

## G.E.D. classes

Linda Bailey of The David School will teach G.E.D. classes at the Mud Creek Community Family Resource/Youth Service Center each Tuesday from 8:30 a.m. to 12:30 p.m. Classes are free.

## SF Youth Service Center

Walking track is open to the general public, 7 a.m. till 5 p.m. (walking track is closed during special events). The Center is sponsoring several guest presentations. Contact the center for time and subjects. The center has a One-stop Career Station satellite, available to the community as well as to the students. Stop in Monday-Friday, 8 a.m.-3 p.m. Anyone interested in Adult Education should contact the center.

The South Floyd Youth Services Center is located on South Floyd's campus in room 232. For more information, contact Keith Smallwood or Mable Hall 606/452-9600, ext. 243.

## Martin High alumni

Mark your calendar now for Martin Purple Flash Bash, 2000 on Memorial Day weekend, 2000. This will be perhaps the last Martin Purple Flash Homecoming. The event will begin on Friday evening and end Saturday night with the alumni dance.

## McDowell Family Resource Center Activities

G.E.D. classes are each Monday from 8 a.m. to 11:30 a.m., free of charge for those interested in earning their G.E.D.

The Floyd County Health Departments Nurse is at the Center each Monday to see patients needing immunizations, T.B. Skin tests, pre-natal W.I.C., W.I.C., and school physicals (head start, kindergarten, 6th grade).

Call to schedule an appointment, 377-2678.

A Mountain Comprehensive Care counselor is at the Center each Tuesday to see students in need of counseling services. If you feel your child is in need of counseling services, call the Center for more information, 377-2678.

If you would like more information on any of the above programs or services contact the Center, 377-2678.

## Veterans rep.

A Veterans Benefit Field Representative for the Kentucky Department for Veterans Affairs has an office on the third floor of the Floyd County Courthouse. He is there to assist veterans and their dependents in filing for state and federal benefits. This service is free and is provided by the commonwealth. Call 606/886-7920. If there is no answer, leave a message and he will return your call.

## Apples for the students

James A. Duff is collecting Food City receipts that will help us to get free computers and other items that we can use in our school. Help us by saving your receipts and either send them to school with your child or dropping them off at the Family Resource Center. You may also drop them off at the front office of our school. We would appreciate any help you could give our school with this project.

## Veterans affairs

The Kentucky Department of Veterans Affairs is trying to locate family members of missing soldiers that fought in the Korean War, U.S. and North Korean Governments have been negotiating to bring our missing comrades home. If you are a family member of such a serviceman, from any branch of service, or know of someone that is, please contact your local KDVA field representative, Roger Belcher at 606/ 886-7920.

## REGIONAL OBITUARIES

### Magoffin County

Arlen Dyer, 84, of Salyersville, died Saturday, January 15. Funeral services were conducted Monday, January 17, under the direction of Salyersville Funeral Home.

### Pike County

Shirley Mae Baldwin Owens Allgier, 81, of Paducah, died Monday, January 17, 2000, at Lourdes Hospital. Private graveside services were conducted Thursday, January 20, under the direction of Milner and Orr Funeral Home.

Bobby E. Hager, 57, of Meador, West Virginia, died Tuesday, January 18, 2000. He is survived by his wife, Ernestine "Tina" Blankenship Hager. Funeral services were conducted Saturday, January 22, under the direction of Hatfield Funeral Chapel.

Edwin Phillip Bevins, 70, of Sidney, died Tuesday, January 18, 2000. Funeral services were conducted Friday, January 21, under the direction of Hatfield Funeral Chapel.

Estella Marie Hensley, 75, of Pikeville, died Tuesday, January 18, 2000. Funeral services were conducted Friday, January 21, under the direction of J.W. Call & Son Funeral Home.

Mildred Marie Martin, 74, of Frankfort, formerly of Elkhorn City, died Monday, January 17,

2000. Funeral services were conducted Saturday, January 22, under the direction of Bailey Funeral Home.

Emogene Hinkle Conway, 62, of Pikeville, died Wednesday, January 19, 2000. Funeral services were conducted Saturday, January 22, under the direction of Lucas & Hall Funeral Home.

Juanita Marcum Vance, 76, of Virgie, died Wednesday, January 19, 2000. She is survived by her husband, Billy R. Vance. Funeral services were conducted Saturday, January 22, under the direction of R.S. Jones Funeral Home-Virgie Chapel.

Rexford Polley, 63, of Nicholasville, died Wednesday, January 20, 2000. He is survived by his wife, Norma Polley. Funeral services were conducted Friday, January 21, under the direction of Betts & West Funeral Home.

Douglas Potter, 63, of Cleveland, formerly of Elkhorn City, died Wednesday, January 19, 2000. Graveside services were conducted Monday, January 24, under the direction of J.W. Call & Son Funeral Home.

Anna Rae Looney, 72, of Elkhorn City, died Thursday, January 20, 2000. Funeral services were conducted Saturday, January 22, under the direction of Thacker Funeral Home.

## The "Word" for the Week

### Millennium challenge number four

by Dr. Dennis J. Prutow

Are you a teacher, an engineer, a lawyer, a plumber, an electrician, a doctor? What is your calling? Do you understand the question?

God called you into your vocation. Your work is not just a job. God designed you with specific gifts and talents. He bestowed a particular temperament with your calling in mind. When you recognize this vocation as coming from God, life is much more enjoyable.

There is a deeper calling you should acknowledge, the calling to follow Jesus Christ. After all, Christ is Lord (Romans 10:9). He died on a cross as a ransom payment for sin (Mark 10:45). He is risen from the dead (Romans 1:4,

Acts 1:1-11). He sits on the throne of the universe as "King of Kings and Lord of Lords" (Revelation 19:16).

The pieces of life fit together when you recognize Christ. He is the One who created you, redeems you, and sustains you. If you turn your back on the Lord over the course of life, you can hardly expect His support and encouragement. Ultimately, Jesus Christ is your leader at work. He designed you to fill a particular niche in the world. When you recognize this, life and work simply go better.

Here is the millennium challenge. Recognize your vocation as God's calling. Recognize your talents as God's gifts. Serve God in your calling.

## Ross to speak at prayer breakfast

Frankfort — The annual Governor's Interfaith Prayer Breakfast will be held Wednesday, January 26, from 7:30 to 9 a.m. at the Farnham Dudgeon Civic Center in Frankfort.

Gov. Paul Patton, First Lady Judi Patton, and Lt. Gov. Steve Henry will host the breakfast in partnership with the Frankfort-Franklin County Ministerial Association, led by its president, Rev. K.L. Moore Jr.

The Rev. Johnnie E. Ross, pastor of St. James Episcopal Church in Prestonsburg, will

be the devotional speaker. Jody Lassiter, director of Constituent Services in the Governor's Office will again serve as master of ceremonies.

Hollis Rosenstein is in charge of the musical program, which will include solos by Amy Parker as well as presentations by the Winchester Chorale, the Young Thoroughbreds, and Encore. Speaker of the House Jody Richards, State Senators Jack Westwood and Lindy Casebier, Supreme Court Justice James Keller

and Secretary Carol Palmore will also take part in the service.

The Kentucky State Police Honor Guard under the direction of Sgt. Tony Edwards will again open the service with the Presentation of Colors this year.

Cost of the breakfast is \$5 per person and tickets can be purchased by calling 502/564-2611, ext. 369. Tickets will be available for pick up at the Civic Center, where the doors will open at 7 a.m. the morning of the breakfast.



## Columbia Natural Resources provides \$20,000 to establish computer learning center

Columbia Natural Resources Inc. (CNR) recently gave a donation of \$20,000 to The David School, a private, nonprofit educational system located in the former coal camp community of David, Kentucky. The donation is being used to equip a new technology center at the school where students will be able to gain valuable experience in personal computing and basic programming.

The David School provides an educational program for Appalachian youth and adults in a non-traditional setting. The school was founded by Daniel Greene in 1974, after he discovered that far too many students and parents throughout the region were illiterate. Greene, who serves as the school's executive director, opened the school with 10 students and two other volunteers in an abandoned coal company building. In 1997, the school was moved to a new complex built on 200 acres purchased by The David School through the generosity of the David community. Today, the school serves about 100 students a year along with an additional 500 adults enrolled in its G.E.D. and literacy classes held throughout Floyd County.

"One of the missing ingredients at The David School has been the lack of a state-of-the-art computing center," Greene said. "This is being remedied, thanks to the generous donation from Columbia Natural Resources." CNR's funds were used to equip the school with 10 new PC workstations, an instructor's computer, a 35-inch color instructor's television and a printer.

"This new technology center will assist The David School in seeking to ensure that our students meet or exceed the profiles for technology-literate students as set forth by the National Educational Technology Standards Project," Greene said. "CNR's contribution will be a major help in these

efforts."

"Columbia Natural Resources is pleased to be helping to expand educational and learning opportunities for the students and adults served by The David School," said W. Henry Harmon, president and CEO. "Our company has extensive operations and a long history in eastern Kentucky, and the establishment of this computer learning center is another part of our commitment to being a good corporate neighbor." Over the past several years, Columbia Natural Resources has helped establish similar computer learning centers in several other locations where it operates, and has expanded computer-based literacy education opportunities throughout West Virginia.

Columbia Natural Resources is the exploration and production unit of Columbia Energy Group, and is one of the largest producers of natural gas and oil in the Appalachian Basin. Headquartered in Charleston, West Virginia, CNR has holdings that include the equivalent of 860 billion cubic feet of gas reserves, produced from 8,000 wells, and more than 5,400 miles of natural gas gathering pipelines. CNR was recently awarded the ISO 14001 certification for its environmental management program. The company is a wholly owned subsidiary of Columbia Energy Group.

Columbia Energy Group, based in Herndon, Virginia, is one of the nation's leading energy services companies, with assets of approximately \$7 billion. Its operating companies engage in all phases of the natural gas business, including exploration and production, transmission, storage and distribution, as well as retail energy marketing, propane and petroleum product sales, and electric power generation.

Information about Columbia Energy Group (NYSE:CG) is available on the Internet at [www.columbiaenergygroup.com](http://www.columbiaenergygroup.com).

## Laws often start as a private citizen's idea

As the 2000 Kentucky General Assembly reaches full stride, Kentucky residents living far from Frankfort may feel unable to influence events at the Capitol.

But a University of Kentucky political scientist says private citizens should be confident of their ability to help shape the state's laws.

"Legislators do tend to be responsive to constituents who contact them about specific problems," said UK professor Donald Gross.

Gross noted legislators actually seek comment from voters back home on the bills they consider for enacting into statutes.

And sometimes the legislators get the ideas for proposed laws from constituents themselves.

"Sometimes some personal experience with specific problems is a good way to generate ideas for the legislature," Gross said.

Gross noted the legislature's consideration two years ago of a bill requiring returnable containers, which was proposed by a group of eastern Kentucky high school students. The bill failed but is being considered at the current session.

Gross offered some ideas on how private citizens can propose legislation.

First, a citizen needs to think through the problem and decide whether it is best addressed with a state law. If it is purely a local issue, perhaps the people to approach are city or county officials.

If the problem is widespread enough to require the state legislature's attention, the citizen should perform research to determine if any laws or state regulations are already in place, Gross said.

Local libraries will have state government resources that can identify appropriate agencies for specific problems.

The citizen should then perform some basic research on the problem: How many people does it affect? How can it be addressed? How much is it likely to cost?

"It may be helpful to prepare a brief outlining the problem and the need for legislation. The degree to which one has done his homework is something legislators can appreciate," Gross said.

The citizen should then decide whom to approach to propose the legislation. He or she might seek out the local state representative or

senator, or may choose to identify and speak with the legislator who chairs or serves on the legislative committee that will evaluate the bill.

"It never hurts to remind your local legislator that you are a constituent," Gross said.

If a meeting is scheduled, the citizen should attend with an appropriate attitude. "Don't threaten, because that never works. Be polite, courteous and respectful, and understand that legislators have many demands on them," Gross recommended.

Timing also can contribute to the success — or failure — of a proposal. "It's probably a little difficult at this point to move a significant piece of legislation forward during this session of the General Assembly," Gross said.

"The more complicated a bill, the earlier it needs to be introduced."

It's not too early to think about the next general session, he added.

Gross also urged patience and persistence in trying to gain passage. "Even if something is a good idea, it may not make it through the legislative process the first time it's considered," he said.

Gross pointed out the state Legislative Research Commission maintains a Web page (<http://www.lrc.state.ky.us/home.htm>) loaded with information about legislators, legislative procedures and bills under consideration this year and from the 1998 General Assembly.

"This will help in finding out the names of senators and representatives and offer guidance on contacting them and making your views known about the bills they'll be considering," Gross said.



Where are they now? This group of 1992-93 seniors continued the tradition of dressing up for Halloween. We told you then, this photo would come back to haunt you. (photo by Willie Elliott)

## Education pays in dollars and cents

FRANKFORT, Ky. - If you had a crystal ball to tell you what jobs would be the best paying and most readily available as we enter the 21st century, it would make choosing a career easier. While the Kentucky Occupational Outlook to 2006 report doesn't have fortune-telling abilities, it does have reliable data on what jobs will be hot and the education and training needed to prepare for a successful career.

According to the report prepared by the Department for Employment Services in the Cabinet for Workforce Development, education will be the most critical factor in career success because the higher skilled jobs will continue to expand and change. In general, the more education and training Kentuckians have to meet the job requirements of these skilled jobs, the more opportunities and higher pay they will receive.

The difference in mean annual earnings between people who do not have a high school diploma or GED and those who do is more than \$6,000, according to a U.S. Department of Commerce, Bureau of Statistics' 1994 report. A person who has a high school degree or a GED makes \$26,002 annually compared to someone with a bachelor's degree who makes \$45,022 a year.

"Education literally pays in dollars and cents," said Cabinet Secretary Allen D. Rose. "Plus, education pays because it gives you more options and flexibility in the job market. As we look to the future, education will continue to be critical to success in the workplace."

The trend in jobs is toward more education and training. According to the Employment Services' Kentucky Occupational Outlook to 2006 report, employment in occupations that require education and training beyond high school will increase, while those that do not require additional education and training past high school will decline in total share. Jobs requiring extensive post-secondary or employer training will comprise 25 percent of the total Kentucky job growth through 2006, and positions that call for a high school diploma and/or some post-secondary training will make up 40 percent of the state's total job growth.

In comparison, jobs in which a

high school diploma is preferred but not often required will increase by 19 percent, according to Employment Services' statistics. Most of the occupations that are projected to decline the fastest through 2006 do not require education beyond high school, according to the Outlook. As these occupations decline, the greatest impact will be on lesser educated workers. Changes in technology will be a major factor in the reduction of employment opportunities in these areas.

"It's not guaranteed that you'll make more money over your lifetime, but continuing your education is like stacking the deck in your favor. Workers with more education and training can expect more opportunities for advancement in their careers and that means more money you can earn over your lifetime," Rose said.

### Growing Up Isn't Always Easy

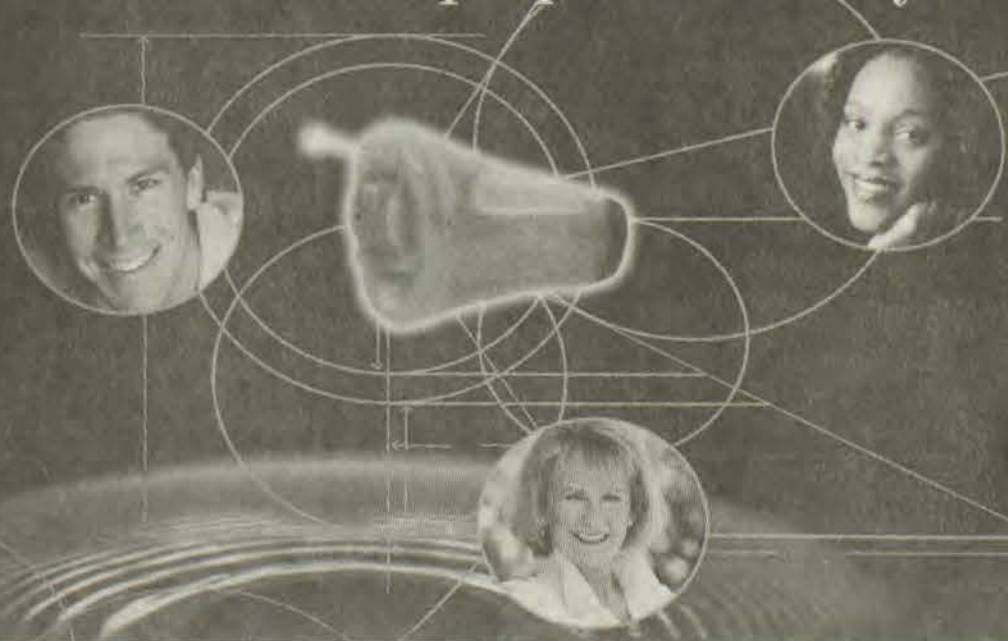
That's why Pikeville Methodist Hospital and the PMH Junior Health Club are proud to sponsor Kid Power.

Such topics as nutrition, behavior modification, exercise and medical issues will be discussed during weekly classes. Learn skills that will promote a healthier lifestyle both physically and emotionally.

So if you are between the ages of 7 and 17 and are interested in a healthier lifestyle, call Kid Power at 433-4915. Classes start January 25, 2000.

**Pikeville Methodist Hospital**  
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# Kentucky virtual high school set to begin first semester

The Kentucky Virtual High School (KVHS), a statewide educational service delivering high school courses and online learning opportunities to Kentuckians, is conducting registration for its first semester.

"The Kentucky Virtual High School will make Kentucky a national leader in delivering innovative curriculum and high quality instruction to students in our high schools," said Governor Paul Patton. "This is a major step forward in terms of equality of opportunity for all students, particularly those in rural areas and in small schools."

Through the KVHS, any Kentucky public high school student may request enrollment in for-credit classes taught by certified teachers and receive credit from their local high schools. The KVHS does not grant credit nor compete with local public high schools. Through KVHS, Kentucky's public high schools can expand course offerings to their students.

Courses are delivered through the Internet and range from basic to very advanced. In future semesters, admission will be open to those who are not public high school students, and the range of courses offered is expected to increase semester by semester.

"This is our pilot semester at the KVHS, and we hope to expand the course offerings every year," said Linda Pittenger, interim director of the KVHS. "The teachers we've selected for KVHS are very enthusiastic about working with

online learning. They are some of Kentucky's very best, and we are proud to have them on staff."

During the pilot semester, 15 teachers will teach 21 courses in arts and humanities, English/language arts, mathematics, science, social studies and foreign languages. All KVHS teachers are Kentucky-certified in the subject area of their courses. KVHS teachers will manage course schedules and assignments so that students begin and end within the parameters of their home schools' academic calendars. Students must take final exams with a certified proctor at their high schools.

The pilot semester teachers and their home districts are:

- Fayette County—Chuck Duncan, Joan Jahnige, Liz Moore, Analy Scorsone, Kitty Stephens
- Harrison City, PA—Nancy Sterniak
- Harrison County—Jessica Andrews\*
- Jefferson County—Ghennady Chernavski\*
- Jessamine County—Melanie Stamper\*
- Laurel County—Regina Bishop\*
- Madison County—Larry Barton\*
- Muhlenberg County—Jason Groppel\*
- Russell County—Larry West
- Shelby County—Sandra Byrd\*
- Taylor County—Linda Beal\*

\* currently a teacher or administrator in the district

Each single semester course costs \$300 per student. The school

district may pay the fee if the credit earned from the course will count toward high school graduation. The student may be asked to pay the fee if the course is above and beyond the daily instructional time or if the student elects to take the online course in lieu of one already available at the high school to gain credits toward graduation.

Online registration opened January 10, and will end on February 11. The first day of classes is January 24, and the semester ends in mid-June. KVHS also will offer courses during the summer for students whose schools support summer enrollments.

Students will have access to a toll-free help desk number for technical issues and to a virtual student center with research tools. All KVHS students will receive access to the Kentucky Commonwealth Virtual Library.

The KVHS is a collaboration between the Kentucky Department of Education, the Council on Postsecondary Education and the state's major education partners. The KVHS campus is powered by eCollege.com, a provider of technology and services that enables institutions to offer an online environment for distance and on-campus learning.

"eCollege.com is proud to partner with the Kentucky Department of Education and support its vision of the KVHS," said Rob Helmick, president and CEO of eCollege.com. "The creation of KVHS marks a day when every high school student in the state of

Kentucky can take advantage of tremendous educational opportunities, independent of the size, location and course offerings of their respective high schools."

"I applaud Kentucky for its innovative approach in bringing Internet-based learning to the students who need it," said John

Blair, president of class.com, which provides resources for KVHS. "To be able to encourage a young mind to learn has to be one of the greatest accomplishments anyone can have. class.com is pleased to be part of the pioneering effort that has given Kentucky online, highly interactive courses

that are designed to support the kind of multimedia presentation students like."

The KVHS website is located at <http://www.kvhs.org>. Questions about the project may be directed through the online inquiry form on the website or to Linda Pittenger at (502) 564-2020, ext. 302.



Senator Benny Ray Bailey, D-Hindman, left, and Senator Glenn Freeman, D-Cumberland, discuss legislation on the Kentucky Senate floor. Lawmakers started the 2000 legislative session on January 4. Bailey represents Kentucky's 29th Senate District in Breathitt, Floyd, Knott, and Johnson counties. Freeman represents the 17th District in Bell, Harlan, and Perry counties.

## The new revolution in domain registration

(NUI) - The biggest news in the Internet industry isn't about who's suing whom in the latest antitrust law suit.

For once, there's some good news coming out of Silicon Valley that can benefit everyone from the 21-year-old Internet entrepreneur to the 60-year-old corporate executive.

Internet Domain Registrars (IDR) recently announced that you can now register Internet domain names with up to 67 characters in length. Previously, Internet domain names could not exceed 26 characters.

This is a major breakthrough for Internet companies and entrepreneurs who are finding it difficult to come up with short domain names for their businesses, or just need to add to their existing names.

Based out of San Francisco, IDR is the first domain registration service to accept longer domain names. So whether your Web site address ends with a .com, .net or .org, you can be a part of the new revolution.

Experts say this will dramatically increase Internet domain registration, especially by companies rushing to secure domain names. But they need to secure them before Internet "squatters" register and own the rights to domain names. Squatters buy up domain names they

think will be in great demand and later sell them to companies for a huge profit.

Until recently, all domain registration services were provided by a government-sanctioned monopoly called Network Solutions, based in Herndon, Virginia. Then in 1998, the government decided to transition the domain name system to the private sector, making competition possible for the first time. In 1999, the Internet Corporation for Assigned Names and Numbers (ICANN) accredited IDR as one of the official top-level domain registrars.

IDR was instrumental in helping the government draft new policy about domain naming and bringing it into the private sector. And now that the industry is no longer government-regulated, there are very few restrictions placed on domain registration.

With more than 30,000 generic domain names being registered each day, up from 4,000 a day in 1996, you need to hurry and register your company's domain names as soon as possible before anyone else does.

To learn more about registering a domain name with up to 67 characters, contact IDR at 1-800-850-8282 or visit [www.registrars.com](http://www.registrars.com).

## Two tax credit programs for employers extended

FRANKFORT, Ky. - Two federal tax credit programs for employers who hire welfare recipients and people from other certain groups have been extended through Dec. 31, 2001.

The Work Opportunity Tax Credit (WOTC) and the Welfare-to-Work Tax Credit (W2W Tax Credit) programs offer employers an annual tax savings for each eligible hire.

Margaret Whittet, commissioner of the Department for Employment Services, which administers the programs, said the programs are designed to help individuals who have historically had the most difficulty obtaining employment. The department is an agency of the Cabinet for Workforce Development.

"The programs are beneficial to employers because they provide a significant financial incentive when employers hire welfare recipients and others who have had special problems getting and keeping a job," Whittet said. "The programs can give some people the break they need to get work."

Both programs have played a significant role in welfare reform.

The WOTC program gives employers a federal income tax credit of up to \$2,400 for each eligible person hired. Among those potentially eligible for the WOTC are certain welfare recipients, food stamp and Supplemental Security Income recipients, young people living in federal empowerment zones and enterprise communities, veterans, people with disabilities

and ex-felons.

The W2W Tax Credit program provides up to \$8,500 federal income tax credit for each eligible hire.

Those eligible for the W2W Tax Credit program are generally persons who have been long-term welfare recipients.

The actual amounts of the tax credits for both programs are based upon wages paid and length of time the worker is employed.

Kentucky employers who want more information on how to take advantage of the program may contact Barbara Gilley, state WOTC coordinator, at (502) 564-7456. Information also is available at Department for Employment Services local offices throughout Kentucky.

## MSU seeks award nominees

Morehead State University is seeking nominations for its 2000 Founders Day Award for University Service.

"We encourage our faculty/staff, students, alumni and other friends to nominate deserving candidates who have given superior service to Morehead State University through the years," said MSU President Ronald G. Eaglin.

The award is to be presented during the annual observance on Thursday, April 6, as the university celebrates its 77th year as a public institution of higher learning. Morehead Normal School, MSU's predecessor institution, opened its doors in 1887, and the campus was converted to a state normal school in 1922.

"On this special day, we will continue our efforts to recognize and honor many of those whose efforts have contributed to our growth," Eaglin said.

Nominations for the 2000 award should be submitted in writing to Founders Day Chairperson, Morehead State University, Palmer Development House, Morehead, KY 40351-1689.

Current full-time employees of MSU are not eligible. Nominees must have demonstrated extensive service to the university as an employee and/or volunteer.

Nominations must be post-marked by Friday, February 18.

The Founders Day Award for University Service was established by MSU's Board of Regents

in 1978. Recipients have included W.E. Crutcher, 1978; Linus A. Fair, 1979; U. S. Rep. Carl D. Perkins, 1980; Dr. Warren C. Lappin, 1981; Dr. Ted L. Crosthwait, 1982; Monroe Wicker, 1983; Lloyd Cassity, 1984; Grace Crosthwaite, 1985; Boone Logan, 1986; Dr. Rondal D. Hart, 1986; George T. Young, 1988; John E. Collis, 1989; Dr. Wilhelm Exelbirt, 1990; Dr. R. H. Playforth, 1991; Dr. Mary Northcutt Powell, 1992; Sen. Woody May, 1993; Dr. J.E. Duncan, 1994; Harlen L. Hamm and Sherman R. Arnett, 1995; Dr. Adron Doran, 1996; Robert S. Bishop and K. Martin Huffman, 1997; Dr. Charles J. Pelfrey, 1998; and Carolyn S. Flatt, 1999.

### Funny Faces

Your Clue

"Is she a coal miner's daughter?"

Guess Who

Call

886-8506

Last Week's

Winner:

Ruby

Osborne

guessed correctly

Rod Collins

Can you guess who is pictured? Each caller who guesses correctly will have their name entered in a drawing for a weekly prize.

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Prestonsburg  
Ladies Sterling Silver  
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15" Pepperoni  
Pizza

## Attention all Grandparents!



Brianne Raye Hatfield

Granddaughter of Leo and Sue Roberts of Harold, Tony and Mary Scarpetta of Lexington, and the late Cleidith Hatfield.

Show your lil' Valentine  
you love them!  
(and brag on them too!)

Submit a photo of your Grandchild to be published in our Valentine's Day Sweetheart Guide on February 11th, 2000.

\$7.50 PER PHOTO\*

Bring your photo to

The Floyd County Times  
263 S. Central Ave.  
Downtown Prestonsburg

or mail to:

The Floyd County Times  
P.O. Box 390  
Prestonsburg, KY 41653

Name of Child/Children \_\_\_\_\_

Name of Maternal Grandparents \_\_\_\_\_ ; of: \_\_\_\_\_

Name of Paternal Grandparents \_\_\_\_\_ ; of: \_\_\_\_\_

\*Only one or two children per photo please!

Photos must be submitted by February 4th, 2000.



# FLOYD COUNTY Sports



Feature:  
 Colleges covet  
 Prestonsburg's Music  
 Sports Plus Inside • S1

SOUTH FLOYD



Ryan Shannon (5) puts up a three-point basket in the game against the Phelps Hornets. South Floyd easily defeated the Hornets to advance to the semi-finals of the All "A" Classic. Shannon finished the game with 19 points. (photo by Karen Joseph)

Raiders place five in double figures

## roll over Hornets

by Karen Joseph  
 Sport Writer

It's two down and two to go for the South Floyd Raiders in their quest to the capture the All "A" Tournament for the first time since South Floyd has been in existence.

The Raiders defeated the Pikeville Panthers in the first round of the tournament, and in the second round the Raiders didn't have much trouble defeating the Phelps Hornets.

Sophomore Rusty Tackett led both teams in the scoring department. Tackett finished the game with 26. Ryan Shannon followed with 19 points. Freshman Michael Hall finished the game with 14 points while Jimmy Stumbo and John Meade finished with 12 and 10, respectively.

Phelps placed two players in double figures. Dallas Cline led the Hornets with 21, while Bobby Little had 17.

Ryan Shannon got the game started by scoring the first five points. Shannon hit a two-point basket, then a three-point basket.

Bobby Little finally scored for the Hornets. Little was fouled by Jimmy Stumbo and converted the three-point play to make the score 7-3.

Jimmy Stumbo blocked a shot for the Raiders in the first quarter, but was also called for two fouls. Phelps was plagued with turnovers in the first quarter and the Raiders were hit with fouls. The Raiders were called for six fouls in the first quarter alone.

The Raiders may have fouled the first four minutes of the first quarter, but in the last four minutes of the first quarter they scored. The Raiders outscored the Hornets 18-5 to take a commanding lead at the end of the first quarter, 27-15.

In the second quarter, Rusty Tackett came off the bench for the Raiders and went on a shooting spree.

(See RAIDERS, page three)



Freshman Michael Hall (10) puts up two of his 10 points in the game against the Phelps Hornets on Thursday night in the All "A" Classic. The Raiders defeated the Hornets by a score of 93-62. (photo by Karen Joseph)

South Floyd vs Feds creek

### South Floyd advances to All "A" finals

by Ed Taylor  
 Sports Editor

The South Floyd Raiders continue to set new school records in basketball this season and they set another one this past Friday night when they posted a 84-38 win over the Feds Creek Vikings in the semifinals of the boys' All "A" regional tournament at Pikeville.

The Raiders advanced to the semifinal round with a first-round win over Pikeville and by beating Phelps in the second round. Feds Creek got a win over Elkhorn City in their first round game.

The win improved the Raiders to 14-3 on the season, the most games they have won in a single season. South Floyd won 13 games last season, the most in a single season until this year. The large South Floyd following cheered the Raiders on.

The Raiders will meet the Paintsville Tigers in the championship game of the tournament in an effort to win a berth in the All "A" tournament in Richmond next week.

It was the underclassmen who led the Raiders against the Vikings.

Freshman Michael Hall and sophomore Rusty Tackett finished with 14 points each. Jimmy Stumbo, who managed to stay out of foul trouble, finished with 11 points and senior point guard Ryan Shannon netted 10 points.

Paul Hess took game scoring honors with 16 points for the Vikings, the only player to score in double figures for Feds Creek.

The Vikings had all kinds of trouble against the pressing defense of the Raiders. But South Floyd had trouble getting on track in the early going.

The game was tied at 2 and Feds Creek took its only lead at 4-2. A second tie came at 4-4.

Byron Hall put the Raiders on the scoreboard first with a rebound basket. He finished the game

(See FINALS, page two)

### Blackcats get third win of season

Five place in double figures for Blackcats

by Karen Joseph  
 Sports Writer

It has been a long year for the Prestonsburg Blackcats, but things are starting to look better. In the last two weeks, the Blackcats have won three games. This includes a win on Friday night against the Piarist Knights.

It has also been a long year for the Knights. They continue to look for their initial win.

Both teams are playing better basketball lately. Prestonsburg was coming off

(See WIN, page three)

■ Prestonsburg vs Magoffin County

### Wells scores 18 as Prestonsburg race past Magoffin County

by Ed Taylor  
 Sports Editor

The Prestonsburg Lady Blackcats placed three players in double figures Thursday night and went on to post a one-sided 58-37 win over the Lady Hornets of Magoffin County at Prestonsburg.

Both teams opened as cold as the weather outside the Prestonsburg Fieldhouse, but Prestonsburg caught fire and coasted to the win, although there were some anxious moments.

It was only the second home game of the season for Coach Bobby Hamilton's team.

Brandy Wells scored all 18 of her points in the second half to lead Prestonsburg's scoring. Amelia Conley added 13 points and Ramanda Music tossed in 10.

Prestonsburg took a 12-4 lead after the first quarter behind Conley and

(See PRESTONSBURG, page three)



Prestonsburg's Seth Crisp (20) drives toward the basket as Piarist's Matt Goeing (10) puts up some defense. Prestonsburg defeated the Knights by a score of 93-65. (photo by Karen Joseph)



PRESTONSBURG'S AMELIA CONLEY (44) made a strong move to the basket against Magoffin County last Thursday night. Conley scored 13 points in her team's 58-37 win over the Lady Hornets. (photo by Ed Taylor)



#### Boys

Boys' All "A" at Pikeville

Paintsville 87, Millard 59  
 South Floyd 84, Feds Creek 38

Boys' All "A" at Hazard

Owley Co. 70, Cordia 55  
 Hazard 72, Letcher Co. 60  
 Belfry 70, Betsy Layne 68  
 JCHS 80, Lawrence Co. 69  
 Prestonsburg 93, Piarist 65  
 Perry Co. 80, Breathitt Co. 47

#### Games on tap

##### Girls

Mon., Jan. 24  
 Betsy Layne at Magoffin County  
 Allen Central at Shelby Valley  
 Pike Central at Prestonsburg

Tues., Jan. 25  
 Prestonsburg at Allen Central

##### Boys

Tues., Jan. 25  
 Prestonsburg at Allen Central  
 South Floyd at Fleming Neon



# Bentley's COMMENTS

BY RICK BENTLEY

Ten years ago, high school basketball in Kentucky was revolutionized.

Oh, you won't read about it in the metro papers. To them, it doesn't mean much. There aren't a lot of small schools in Lexington and Louisville. But to the folks outside those cities, high school basketball will never be as it was before January of 1990.

That's when the first All "A" Classic was played on the statewide level. For several years it had been confined to the northern Kentucky region, this brainchild of Stan Steidel. But when the last decade began, Steidel's dream came true and his tournament was open to every small school in the commonwealth.

By the way, Steidel's Dayton High School has never advanced to the state level in this tournament.

Now, 10 years after the begin-

ning of the tournament, the 15th Region tournament committee has selected the 1990s Team of the Decade. A unique format was used for this, one which easily meets our approval: Every coach who has ever appeared in the field was allowed to vote on this.

Now that's a good idea.

The team was to be honored Friday during the semifinals of the event.

For the most part, it's a solid list. For some reason, 11 people were named to the team. And while there are probably at least 11 others who could be here, most of these are easy selections.

If there's a problem here, it's that the team is heavy toward four schools, but then again, the tournament has been as well. Coming into this season, Pikeville has 21 wins, Paintsville 19 and Elkhorn City 18. Allen Central is next with seven

wins.

Of these 11, four are from Paintsville, while Allen Central, Elkhorn City and Pikeville have two each. The only other is Feds Creek's Jody Thompson.

Here's a look at these 11 players:  
 ■ J.P. Blair, Pikeville. For a guy who played football and baseball on the college level, he was a pretty fair hoopster. Big, strong and rugged, it seemed he never left football shape, but he couldn't be stopped.

■ Todd Conley, Elkhorn City. Rick's controversial line of the week is this — For all-around play, the total package, Todd Conley may have been the best to ever play in the 15th Region. Yes, he could score, yes, he shot a lot, and yes, he could board. But you know what? His best skill was passing. And on the night his Cougars beat Allen Central 98-89 for the 1994 champi-

onship, he scored a smooth 52. In a word, he was unbelievable.

■ Murray Garvin, Pikeville. Many of you may have forgotten about him, but make no mistake, he was a force in the early years of this field. Pikeville won the first two tournaments, and in 1992, when the Panthers lost in the finals to Elkhorn City, Garvin scored a then-record 107 points in four games. Nice pick.

■ Jeremy Hall, Allen Central. Okay, back to the 1994 title game. Going into that game, Conley held the record for three-point baskets in a game with six. In the second half, Conley broke his own record with seven. It lasted about 10 minutes. On the night Conley scored 52, Jeremy Hall tossed in an eye-popping 12 three-point baskets and finished with 46 points. That was the greatest game in the history of this tournament, thanks to two of the best to ever play in the 15th.  
 ■ Thomas Jenkins, Allen

Central. The Rebels were in the finals of both the 1994 and 1995 tournaments, thanks to Hall and Jenkins. He simply couldn't be stopped. Young and athletic, Jenkins could do it all on the basketball court.

■ Josh McKenzie, Paintsville. The first of the four Paintsville players, McKenzie was underappreciated and often overlooked. This young man played on the same team as Ratliff, Tackett and VanHoose, all of whom signed with NCAA Div. I schools. And many times, he was the best of the bunch.

■ B.J. Radliff, Elkhorn City. What a player. Here was a guard who started all four years. For the first three, he hardly took a shot, but things changed during his senior season, and he became a scoring machine. Very little negative could be said about this young man, who had the misfortune of playing all four years when Paintsville domi-

nated the event.

■ Craig Ratliff, Paintsville. At 6-8, he could be a force inside, but with his touch — and teammates like VanHoose and McKenzie to patrol the post — he could be deadly from the arc on in. Beyond question, he was a key to Paintsville winning four straight titles, although he only played on the first two. He set the stage for things to come.

■ Nick Samons, Allen Central. Many of you are scratching your head here, but consider this: Samons did something the more heralded combination of Hall and Jenkins didn't — he won the tournament. His 25 in last year's finals was the key in the 84-79 upset of eventual 15th Region champ Pikeville.

■ Todd Tackett, Paintsville. Cocky? Yes. Talented? Terribly. He could handle it and he could shoot it, and was one of the leading forces behind Paintsville's domination of this tournament from 1995-98. During his four years of high school, the Tigers were 12-0 in the 15th Region All "A". Need you know more?

■ J.R. VanHoose, Paintsville. The mack-daddy of 15th Region players. Polished, smooth and skilled, this young man should be playing in Lexington now, because he made central Kentucky his home during state tournament weeks in January and March. Probably the best of them all. It was simply a pleasure to watch him perform, and even better to get to talk with him after the games.



RAMANDA MUSIC OF PRESTONSBURG had an offensive rebound against Magoffin County Thursday night. Music scored 10 points in her team's 58-37 win. (photo by Ed Taylor)

## Sports In PERSPECTIVE

Denis Harrington

If an event puts people in the seats in significant numbers, then television will be waiting in the wings.

Keeping viewers in front of that rectangular screen is an all-consuming business for the major networks. With the advent of cable TV and more innovative programming, the alphabet soup boys in New York find themselves in a bind — a financial bind.

For years they've tried to pound "gag-a-maggot" sitcoms down the collective throats of the masses and have come away considerably lighter in the pocket for their efforts. But they've always been able to recoup some of their losses with a steady diet of sports coverage, the major spectator variety.

Since the early 1970s NBC, ABC, CBS, Fox Broadcasting, the Turner Network and ESPN have romanced professional football and the National Football League in particular.

Why? Because the mercenary strain of the gridiron sport evolved into a Sunday passion for Americans of every persuasion, it blew past all other athletic endeavors — including the former national pastime major league baseball — and truly became the opiate of the people.

The merchandising of NFL products — jerseys, uniforms, jackets, etc. — reaps millions of dollars a year in income for both the NFL and licensed outlets. And all because the pro game found a way to put fans in the seats on a perpetuating basis.

Currently, there is no greater single sporting endeavor in all the world than the Super Bowl. Advertisers spend seven figure amounts just for a few seconds of telecast time during the "big show."

But there was a time when pro football had all the appeal of a measles epidemic. It was considered a pimply-faced pretender to the more respectable and trendy product produced by the college and university system. But, oh, how the worm has turned.

Now, history is repeating itself. In mid-November of this year, NBC and Fox signed a \$3 billion pact with NASCAR to televise stock car racing on both the Busch Series and Winston Cup circuits for most of their respective schedules beginning in 2001.

Dick Ebersol, chairman of NBC Sports, said, "We're excited about this. I can tell you for the better part of the last two years, this is something we sought out. The only race available to us one year ago was the Winston Cup Pennzoil 400 and we were aggressive in buying the rights for that. We have begun our learning curve, becoming more and more educated about NASCAR, and here we are."

So what prompted NBC and FOX to spend such big bucks on "redneck" auto racing?

Said Ebersol, "NASCAR is clearly the healthiest sport in terms of television growth of any sports right now. It only has an upside. We are sitting on some of the great stories in the world of sports that have not been in regular places, where there have been up to six different (television) carriers. Except for your most devoted fans, they aren't sure every week where it is going to be. The casual fans that haven't been there will now know where it is going to be."

Reduced to basics, Ebersol is talking people paying power. NBC got into the picture because the network moguls saw the huge crowds NASCAR races were drawing week after week. And they sorely needed something to take the place of pro football as a week-end diet for their consumers.

Speaking to this point, NBC "Tonight" host Jay Leno said, "It's a good thing NBC has NASCAR because they'll have something other than sitcoms that will crash and burn."

The aged adage which states, "The only way to replace an old love is with a new one," has direct application to NBC. Now, the network could care less about the NFL. It has a new love — NASCAR. And so it goes.

Said NASCAR president Bill France, Jr., "I think it (the network contract) will work. I think it will be good for us. I think we're going to get great promotion out of it, the networks will have all the incentive in the world to promote NASCAR."

When the turnstiles start clicking, can TV be far behind?

More power to the people.

## Finals

(Continued from page one)

with nine rebounds and seven points.

Hess scored the first basket for the Vikings to knot the game and the Vikings took their only lead on a basket by Timmy Morales.

After two free throws by Stumbo tied the game for the second time, it was all South Floyd from that point.

The Raiders raced out to a 21-7 first-quarter lead. John Meade, as he has done all season, came off the bench and scored five points to awaken a sleeping offense for the Raiders.

In the last four minutes of the first quarter, Feds Creek scored only one field goal, a three-point basket by Hess.

The Raiders started running their offense better in the second quarter as Hall found the range from the three-point arch, hitting two treys.

South Floyd connected on all six of their free throws in the period.

Feds Creek Coach Gary Walton was talking to himself on the sideline mentioning that the Raiders had only seven fouls called against them in the game. By the time the reserves played, the total grew to 12 team fouls.

South Floyd was all over the

Vikings, double- and, at times, triple-teaming the player with the ball. The Raiders took a 39-17 lead to their locker room at the half.

Feds Creek came out in the third quarter and did not solve the pressure defense of the Raiders, as they scored only 10 points in the period to trail 64-27 after three quarters. Hess had six of those 10 points for the Vikings.

The Raiders outscored Feds Creek 25-10 in the third period.

Hall scored six of his points in the third and Byron Hall had five. John Meade and Rusty Tackett both hit three-point baskets.

With the large margin, the officials let play continue and the game became rough at times between the two schools. The biggest lead of the game came at 48 points, 82-34 late in the fourth quarter.

Coach Webb went to his bench early in the fourth and got some good play out of those who sat at the far end of the bench.

Meade finished with eight points while Dusty Tackett scored six. Kyle Tackett had three points in the game, but pulled in four rebounds. Tyler Hall, Anthony Hall and Joe

Platkus scored two points each. James Slone looked impressive with four points, while Wes Hyden added one.

Morales, Josh Damron, Justin Chaffins and Michael Webb scored four points apiece for the Vikes. Jeremy Cantrell, C.J. Tomlin, and Ryan Hunt tossed in two points.

South Floyd hit six three-point baskets in the contest. The Raider defense forced Feds Creek into 22 turnovers.

The Raiders shot well from the free throw line, hitting 20 of 24 attempts. The Vikings were five of 12.

Subscribe to the Floyd County Times at 886-8506





by Jason Blanton

# UK get Parker; Owners give Selig more power and All "A" info

One of the best local football talent with join Prestonsburg's Jeremy Caudill at the University of Kentucky next fall.

Lawrence County's Gerard Parker made an oral commitment to Kentucky Friday.

The Bulldogs finished 12-3 this past season as Parker caught 65 passes for over 1,500 yards.

He ranks first in his class and has a perfect 4.0 grade-point-average. "He's only going to get better,"

Lawrence County coach Chuke Williams said. "I've never seen anything close to him."

Parker, who is 6-3 and 195 pounds, set a state record with 238 career receptions for 4,808 yards.

He had narrowed his choices to Marshall, Western Kentucky and UK before visiting this week.

At UK, he was offered and accepted the scholarship.

### ■ The end of baseball?

Sorry, but what in the heck are the major league owners doing?

This week owners overhauled

the management structure, which eliminated the American and National League offices and placing all power in the hands of the commissioner.

Bud Selig in total control!

Please Joe, say it ain't so.

He will be able to override all baseball rules, even block trade, and attempt to impose a salary cap, if he thinks bargaining with the players after the 2001 season has reached an impasse.

Selig also had gained the powers to ignore the ownership hawks that want a salary cap at all cost.

Players and fans should not go for this. The owners have started the downfall of baseball, because Selig, now with the power, can do what he wants.

If he really had the "best interest of the game, then he would quit, go back to Milwaukee and disappear.

Two years from now when the fans face another strike because of the Hitler-like demeanor of Selig, then maybe and only then, we might be able to get rid of Selig.

### ■ All "A" Classic on the net

If you can't make it to Richmond this week for the Kentucky All "A" Classic, information on the tournament is as fast as a click of the mouse.

The Classic and iHigh.com will be working together to provide information on the tournament.

"Partnered with the National Federation of High Schools and state Associations, High.com is building a linked system of internet sites geared towards high school students, parents and alumni.

"Each individual high school site created by "High.com will contain local scores and statistics, news, schedules and other information needed to follow your-or-any-high school sports team in the United States," said a release by the company.

During the tournament, click on High.com for the latest information on the tournament. The site will

update the brackets and have scores and other tournament information.

If your local radio station doesn't carry the two local winners then you can hear all the action of the All "A" Classic by calling 1-800-846-4710. TRZ Communications, Inc. in conjunction with the All "A" Radio Network will provide coverage.

Once you have made the call, you will be charged \$1.00 for the first minute and .75 cents for each additional minute. The average game in a state tournament will cost a little over \$50.00.

This is a great way for out of state family members to be able to listen to the games of the All "A" Classic.



Prestonsburg's Seth Crisp puts up a shot in the game between Prestonsburg and Piarist. George Hall (21) defends against Crisp. Prestonsburg defeated the Knights to get their third win of the season. (photo by Karen Joseph)

## Prestonsburg

(Continued from page one)

Angela Howell, Conley scored five of her points in the opening quarter. Howell scored the final four points of the period on a lay-in off a nice assist by Megan Hyden, and a 15-foot jumper.

Prestonsburg went on a 7-2 run that netted the team a 19-6 lead at the onset of the second period. Whitney Lovely had a basket off a steal to open the period for the Lady Hornets. But the Lady Blackcats scored the next seven on baskets by Music and Conley.

Prestonsburg took a 25-13 lead at the half.

Prestonsburg opened the third with six unanswered points on baskets by Brook Coleman and two baskets by Music.

Late in the third period, Wells

became involved in the offense of Prestonsburg and got it started with a three-point basket. She scored seven of the final nine points for the Lady Blackcats in the third period, who led 44-23.

Magoffin County rallied at the start of the fourth quarter and pulled to within 12 points by going on a 10-1 run. Wells took charge and scored the first five points for the Lady Blackcats to extend her team's lead back to 49-33.

Magoffin County scored only four free throws over the final five minutes as Rachel Mitchell completed the scoring by drilling a three-point basket for Prestonsburg for the final 21-point margin.

Whitney Lovely led the Lady Hornets with 11 points, Nikki Love

and Kelli Montgomery scored 10 points each in the loss. Cassie Howard finished with four points and Desiree Prater scored two points.

Hyden netted four points for Prestonsburg, as did Howell. Mitchell added three on her try, and Coleman had three points. Stephanie Adams, who returned to the team after a brief absence, finished with two points. Laura Majaakey had one point.

Magoffin hit six of eight free throws while Prestonsburg connected on eight of 22, which was unacceptable with Coach Hamilton.

Prestonsburg improved to 10-6 on the season, winning their third in a row.

## Win

(Continued from page one)

a loss to Betsy Layne in the Coca-Cola Classic last Saturday night and Piarist was coming off a loss to Millard in the opening round of the All "A" Tournament on Wednesday. So both teams were hoping to bounce back and get a win.

The Knights played the Blackcats a very good game in the first quarter, but just ran out of steam in the second quarter. Darnella Bradley only has seven players on her varsity team and when a team has several more players that can get some rest, it is difficult for a team with a few players to keep up physically. And that is what happened to the Knights.

The Blackcats were led in scoring by senior Seth Crisp. Crisp finished with 18 points on the night for Prestonsburg. Dustin Music had 14, Josh Justice had 13, Ricky Powers had 11 and John Dixon finished with 10 for the Blackcats.

For the Knights, it was the Halls. George Hall led the Knights with 17, followed by Brett Hall with 15 and Robert Hall with 14.

The Knights took the first lead of the game when George Hall hit a two-point jumper. George Hall then hit a free throw to give the Knights a 3-0 lead.

On the next trip down the floor, the Blackcats committed a turnover and Robert Hall scored, making the

tally 5-0. Finally, with over two minutes having been played in the game, John Dixon put the Blackcats on the board when he connected for a layup.

But the Knights would quickly answer, Brett Hall hit a two-point basket and then George Hall hit two free throws to give the Knights a 9-2 lead with a little over four minutes to play in the first quarter.

John Dixon hit a two-point basket for the Blackcats, but again the Knights would answer. This time Matt Georing hit a three-point basket to give the Knights their largest lead of the game, 12-4.

But the Blackcats would go on a run of their own. The Blackcats fired off a 7-2 run to pull back within two of the Knights.

The two teams traded baskets for the remainder of the quarter, and the Knights managed to hold on to a one-point lead at the end of the first quarter, 22-21.

But by the second quarter, the Knights were getting tired. Prestonsburg took its first lead of the game when Josh Justice hit a three-point basket to start the second quarter. The Blackcats would maintain the lead for the duration of the game.

George Hall brought the Knights back to within one point when he hit a three-point basket of his own. But the Blackcats would score six unanswered points to give the team a five-point lead with a little over five minutes to go in the first half.

The Blackcats outscored the Knights by 12 points in the second quarter and went into the locker room with an 11-point advantage.

In the second half, it was pretty much all Prestonsburg. They outscored the Knights by 17 points in the second half.

Prestonsburg went on to defeat the Knights by a score of 93-65.

Prestonsburg will travel to Harrison County on Saturday night and will travel to Allen Central on Tuesday night (Jan. 25) for a district match-up.

The Piarist Knights will travel to Betsy Layne on Monday night to take on the Bobcats in a district match-up.

Prestonsburg (93) Crisp 18, Martin 2, Music 14, Powers 11, Dixon 10, Shepherd 2, Clay 4, Elliott 3, Turner 8, Slone 2, Justice 13, Hatfield 2, Murdock 4.

Piarist (65) Goeing 9, Rose 4, G. Hall 17, Mulliken 6, B. Hall 15, R. Hall 14.

Prestonsburg	21	24	25
23—93			
Piarist	22	12	13
18—65			

## Raiders

(Continued from page one)

Tackett scored 22 of his 26 points in the second period. Tackett was unstoppable. Tackett made a couple of steals that he converted into points. In a two-minute period, Tackett hit four three-point baskets.

Jimmy Stumbo and Michael Hall also hit three-point baskets for the Raiders in the second quarter. At the end of the first half, the Raiders enjoyed a 61-34 lead over the Hornets.

In the second half, the Raiders were not able to connect on the three-point baskets in the second half like they were in the first half, but they continued to play outstanding basketball.

Coach Henry Webb, substituted most of the second half. Dusty Tackett played very well in the second half for the Raiders. Tackett had four points for the Raiders, as well playing very good defense. Michael Hall had three assists in the third quarter, as well as four points of his own.

The Raiders played together very well. Everything seemed to click for the Raiders. Coach Henry Webb played everyone on the bench and the Raiders went on to defeat the Hornets by a score of 93-62.

The Raiders also got a win over the Vikings of Feds Creek to set up a Saturday night final game match up with the Paintsville Tigers, who defeated the Millard Mustangs.

The Tigers have won the tournament four of the last five years. Allen Central was defending champs of the All "A" Tournament, but the Tigers eliminated them on Wednesday night.

South Floyd has never won the tournament.

Prestonsburg's Ricky Powers shoots a long, very long, three-point basket in the game against the Piarist Knights. The Blackcats won their third game of the season by defeating the Knights. (photo by Karen Joseph)





# FROM THE TACKLE BOX

by Jim Lyon

## Streams uninhabitable for aquatic life

Not many anglers go down to the creeks and rivers to spend the day fishing anymore. There are several things that are causing them to be less attractive to anglers. Streams and rivers have become shallow, with banks that are fenced with timber and underbrush. Our smaller streams are dammed with drifted trees and garbage. It is hard for an angler to gain access to our streams and rivers, and even more difficult to navigate them when fishing.

Water quality has in the past, present, and will in the future, been a very critical matter in the lives of all of us. It is our nature to accept things that do not immediately have an impact on our lives. However, the deteriorating condition of our waterways will, in the future, have long-range effects on each of us. Water is a necessity to sustain life, without it both plant and animal life will perish.

Many of the circumstances that now exist which cause a deterioration of our waterways are now a violation of the law. Unfortunately, enforcing the law for all the violations that contribute to the degrading of our waterways would take no less than an army. Laws to protect our environment can only be effective if we all take part and help make them effective in solving our problems.

The two polluted streams are the left and the right fork of Newcome Creek, located in Elliott County. Newcome Creek runs into the Little Sandy River and feeds the Grayson Reservoir, a 1,512-acre water conservation lake. Grayson Lake has largemouth bass, smallmouth bass, hybrid striped bass, bluegill and catfish. The pollution upstream may critically damage the fish habitat in this lake providing swift action is not taken.

These two streams in years past ran 30 to 40 feet wide and were excellent fishing streams in the 1930s and 1940s time period. They contained abundant habitat for largemouth bass, bluegill, smallmouth bass and catfish. Today, these streams are shallow, narrow, choked with bushes and trees.

Saltwater is the contamination which has destroyed aquatic life in these creeks. The source of the conta-

minants in Newcome Creek has not yet been determined. Many of the oil wells are not in production and are not a threat. In recent years drilling of deep wells for gas has become common in this area. The matter is still under investigation by the state and county environmental officials.

Through time, silt has filled these streams to make them shallow. The water began to cut itself through narrow meandering channels. Trees and underbrush began to grow in the fertile soil along the banks, choking the flow of water. When the streams overflow their narrow banks, the swift turbulent water erodes more soil away and re-channels itself, washing more silt into the streams. This process has been aggravated in the last few years by major timber logging and strip mining operations. Farm lands are often in the floodplain. When floods come and overflow the plowed fields, the soil is washed into the creek and settles. All these operations combined have caused accelerated decline of our pristine waterways.

On the brighter side, records show us that all these conditions can be corrected. The Ohio River and the Kanawha River in West Virginia and several rivers in Pennsylvania at one time were so polluted that many forms of aquatic life could not exist. Fish habitat was critically damaged due to heavy industrial areas along the rivers dumping waste product into the rivers and streams. These conditions were corrected through a long process of law enforcement as well as the development of water purification methods. This changed the process of discharging contaminated industrial waste into waterways by mills and chemical factories. The rivers and streams slowly returned to more acceptable aquatic habitats.

It will take years of future improvement in water quality to restore these streams to safe and

healthy waters. Great improvements have been noticed in the Ohio River. However, it is not recommended that you eat some of the bottom-dwelling fish. When streams are polluted with toxic chemicals, it may take

decades to return them to acceptable fisheries.

As a dedicated, avid angler, I am thankful for programs that are now underway that will in time, improve our waterways and the habitat for fish. Serious consideration should be given to cleaning the trees and bushes from the banks of our streams, small and great. We should all have aspirations of seeing the day they will be returned to the deep, wide, free-running streams of years past. Perhaps some day in the future, the smallest of streams will be returned to the beautiful clear-running habitat of abundant aquatic life. This will take years of hard work and care to accomplish, but it will pay off in very large dividends, not only for the angler, but for sustaining a healthy productive life for all who live in our great state.

## State parks offer deal for folks fishing for fun

FRANKFORT — If you're fishing around for something to do this winter, the Kentucky state park system has a deal for you.

Ten participating resort parks will offer a special promotional package now through April 30 for anglers. For \$99 per person (based on double occupancy), guests can enjoy two nights in a park lodge room, plus four meals.

The park will even fill your Thermos bottle with coffee for free as you set out to catch the one that got away last year.

Participating parks are Barren River Lake, Buckhorn Lake, Dale Hollow Lake, Greenbo Lake, Jenny Wiley, Kenlake, Kentucky Dam Village, Lake Barkley, Lake Cumberland, and Rough River Dam.

For more information, call toll-free 1-800-255-PARK.



MORGAN RAE VANCE, formerly of Floyd County, won the 1999 Rowan County Football Homecoming Queen. She is the daughter of Greg and Linda Carol Hall Derosssett of Morehead and the late Robert Randall Vance of McDowell.



Jimmy Stumbo (45) scores two of his 12 points. Stumbo and the Raiders have played very impressively in the All "A" Classic. The Raiders will take on the Tigers in the championship game. (photo by Karen Joseph)

# CHECK IT OUT

## HITTING NEWS STANDS FEB., 1<sup>ST</sup>, 2000

REGIONAL SPORTS COVERAGE



# Regional Sporting Times

- Grade School Scores
- Player Profiles
- Personal Interviews
- Current Sport Standings
- Hunting News
- Plus Much, Much More!

A Supplement of the Floyd County Times



INSIDE THE PRO FISHING TOUR

# First-Day Haul Carries Grigsby

Florida pro **Shaw Grigsby** scored the largest catch of his professional career — a near-BASS-record five-bass limit weighing 32 pounds, 15 ounces — on the opening day of the \$409,500 Big Kmart BASSMASTER Florida Top 150, and rode that catch to an easy victory Saturday on Lake Toho.

Grigsby supplemented that impressive limit with three smaller catches to collect a four-day total of 53 pounds, 11 ounces, and score his sixth BASS career victory. His reward: a cool \$100,000.

"I had an amazing calm today that I don't usually have in this situation," the eight-time BASS Masters Classic qualifier said Saturday about entering the final round with a cushion of nearly 12 pounds.

"As it turned out, I didn't even need to go fishing today.

"I kind of stumbled the last few days because my shallow fish moved out because of the (10- to 25-mph) wind. I didn't quite adjust enough to weigh in the limits that I would have liked on the past two days. But I am very thankful for the win."

Grigsby's success came on a black neon Enforcer lizard tied to 25-pound test Stren line. He caught bass both sight-fishing and flipping into heavy cover.

His closest competitor was young New Jersey pro **Michael Iaconelli**, who brought the largest stringer of the finals to the scales (14-3) and the day's biggest bass (a 6-pound, 13-ounce largemouth). He finished second with 45-1, mostly caught on a jerkbait worked through spawning areas.

"I tried to focus on the northern ends of Lake Toho and Kissimmee because I thought those would be the first areas the spawning fish would be moving into," Iaconelli said. The New Jersey pro can now rightly be called an up-and-coming star, based on his '99 Classic appearance, his unexpected victory in October's Vermont Top 150, and his runner-up performance on Lake Toho.

The Florida event shook up the BASS Angler of the Year standings. Despite finishing 23rd, young Alabama phenom **Tim Horton** fell to third behind California's **Skeet Reese** and Iaconelli. Reigning Angler of the Year **Kevin VanDam** of Michigan, who finished fourth at Toho, is fourth in the standings.

**Missing in Action** Missing from the Florida Top 150 event was four-time veteran **Guido Hibdon**. The former Classic champion and Angler of Year was resting at his home in Gravois Mills, Mo., recovering from recent radiation treatment for throat cancer. According to son **Dion** (the 1997 Classic champion), Guido's prognosis for a full recovery is excellent and he could return to fishing next month.

**How I Got My Start** BASS Angler of the Year **Kevin VanDam** of Michigan: "As a kid, I became pretty serious about fishing almost right away. It was a lot of fun and I wanted to go as much as I could. I was 5 years old when my dad first took me fishing, and I had a Shakespeare Wonder reel and a fiberglass rod. I would go through two or three of these outfits a year. I would drop them in the dirt and wind sand in them, so I would tear them up pretty quick."

## Tim Tucker's Pro Power Ratings

Star indicates a pro who is coming on strong.

This Week	Last Week	Weeks on List	Angler, Hometown
1	1	31	Denny Brauer, Camdenton, Mo. <i>Runner-up in 1999 Classic; still the man to beat</i>
2	2	31	Davy Hite, Prosperity, S.C. <i>Won '99 BASS Masters Classic</i>
3	3	31	Larry Nixon, Bee Branch, Ark. <i>Won BASS Top 150 opener; made Md. finals</i>
4	4	31	Kevin VanDam, Kalamazoo, Mich. <i>Won N.Y. BASS event; third in Md. Top 150</i>
5	5	31	Rick Clunn, Ava, Mo. <i>Runner-up in Vl. BASS Top 150</i>
6	8	14	Tim Horton, Spruce Pine, Ala. <i>Won Md. Top 150; leads Angler of Year race</i>
7	6	14	David Fritts, Lexington, N.C. <i>Two top-10 finals; Millennium runner-up</i>
8	7	31	Stephen Browning, Hot Springs, Ark. <i>BASS Mich. Top 150 finals</i>
9	—	1	Michael Iaconelli, Woodbury Heights, N.J. <i>Won Vl. Top 150; runner-up in Fla. Top 150</i>
10	10	28	Zell Rowland, Montgomery, Texas <i>Finals of Vl. BASS Top 150</i>
11	11	28	Clark Wendland, Cedar Park, Texas <i>Won FLW Open; MegaBucks runner-up</i>
12	12	11	Darrell Robertson, Jay, Okla. <i>M-1 champ; won \$850,000 in two months</i>
13	13	31	Mark Davis, Mount Ida, Ark. <i>Narrowly missed Md. Top 150 finals</i>
14	14	21	Roland Martin, Clewiston, Fla. <i>Runner-up in Top 150 season-opener; 21st in Md.</i>
15	15	9	Aaron Martens, Castaic, Calif. <i>Calif. BASS winner; WON Bass Angler of Year</i>

These ratings of America's top tournament bass pros are based on Tim's opinion of their talent, knowledge, experience and most recent tournament performances.

## PRO BASS FISHING RESULTS

### Florida Top 150

Here are the top professional and amateur finishers in the BASSMASTER Florida Top 150 tournament held Jan. 12-15, 2000, at Lake Toho.

Rank	Angler	Hometown	Weight
1	Shaw Grigsby Jr.	Gainesville, Fla.	32-15
2	Michael Iaconelli	Woodbury Hts., N.J.	45-01
3	Kyle Greene	Bloomfield Hills, Mich.	43-07
4	Kevin VanDam	Kalamazoo, Mich.	40-00
5	Basil E Bacon	Springfield, Mo.	42-14
6	Terry Bakay	Monroe, La.	41-13
7	Chad Brauer	Osage Beach, Mo.	35-13
8	Skeet Reese	Cotati, Calif.	35-13
9	Denny Brauer	Camdenton, Mo.	35-03
10	Wood Daves	Spring Grove, Va.	27-05
11	Jim Bittler	Fruitland Park, Fla.	27-00
12	Mike Wurm	Hot Springs, Ark.	26-09
13	Carroll Hagood	Auburndale, Fla.	26-03
14	Paul L. Elias	Pachuta, Miss.	26-01
15	Lendell Martin Jr.	Nacogdoches, Texas	25-01
16	Mike Terry	Obion, Tenn.	25-01
17	Stanley Mitchell	Fitzgerald, Ga.	24-14
18	Mark Davis	Mount Ida, Ark.	24-12
19	Guy H. Eber	Cherryville, N.C.	24-09
20	Jerry Rhyme	Denville, N.C.	24-08
21	Hickey Bruce	Burford, Ga.	24-06
22	Timmy Horton	Spruce Pine, Ala.	24-02
23	Bud Pruitt	Sam Rayburn, Texas	23-15
24	Ken McIntosh	Leesburg, Ind.	23-10
25	Larry Nixon	Bee Branch, Ark.	23-07
26	Mark Hardin	Canton, Ga.	23-06
27	Davy Hite	Prosperity, S.C.	23-05
28	Carl Maxfield	Summerville, S.C.	23-04
29	Tony Couch	Atlanta, Ga.	23-03
30	Jim Murray Jr.	Cordele, Ga.	23-03

A weekly guide to sports in the wild, including the professional bass fishing tour

# Outdoors

©Longwing Publications Inc. Peter Gentile, Editor.



Angler Terry Nash pulls a crappie out of a cold Georgia lake.

## Go Deep for Winter Crappie

By TIM TUCKER, Outdoors Writer

Limits of crappie can still be caught consistently in the winter with the proper approach. But it requires fishing for them in deep water, which can be intimidating.

Deep-water fishing, in which marine electronics replace the naked eye for locating fish, is no more popular with crappie enthusiasts than it is with their bass-fishing counterparts. In shallow water, crappie are both easier to locate and, generally, simpler to catch than in deep water.

During the winter, though, limits are rarely caught in shallow water. Yet fishing in the so-called off-season is so productive that it is worth the time and effort to learn the methods for going deep for crappie. Most crappie fishermen avoid deep water simply because they have never learned how to fish it.

During the winter, crappie spend the majority of the time in deep water (defined as 10 feet or more), which makes them more challenging to locate. But once you find deep-water crappie, the experts say, it is often the same easy-to-catch creature that makes its appearance in the shallows each spring.

The first step toward finding deep-water crappie is studying a quality topographic map. Maps are available covering most major lakes and reservoirs. Since crappie will likely be around invisible structure and submerged cover, it is important to look for deep-water ledges, creek channels, roadbeds and old submerged sloughs. The elevation markings on the map

offer an indication of areas that might contain those types of structure or cover.

From there, it takes a little skill with electronics to find potential deep-water crappie havens and then actually locate the fish. The consistent crappie angler has mastered the use of a flasher or liquid crystal display unit, which can read the bottom contour with amazing precision.

Kentucky Lake guide Steve McCadams, who has a degree in fisheries biology, locates likely areas such as creek channels and sloughs, looking for sharp drop-offs. A creek channel that offers 12- to 15-foot depths on one side and drops to 30 to 40 feet is a prime spot for deep-water crappie because it offers a place where the fish can ambush food and move to deeper water for comfort.

Underwater sandbars, points and other bottom irregularities will hold fish. If you can find stumps or brushpiles along any of these irregularities, your chances of finding crappie are even greater.

The key to winter crappie fishing is establishing a depth at which the crappie are found," McCadams said. "The most active crappie, invariably, will be those that are along the breakline or ledge.

"I idle over the deep water looking for suspended crappie (on the depthfinder). Those crappie are extremely hard to catch, but if you will move to the closest break (drop-off or ledge) to those suspended fish, you will find more fish from that school. And those on the drop-off will be the most active crappie. You can catch those."

## Tips From the Pros



KEN COOK is a former BASS Masters Classic champion who lives in Meers, Okla.

### Give Spinning Tackle a Second Look

"Are you one of those bass fishermen who still think of spinning tackle only as gear for light line and sissy baits? If that's the case, think again!

"I recently returned from Lake El Salto in western Mexico, where the bass grow huge and mean. I went with a group of fishing writers who had one goal in mind — testing out spinning tackle on trophy bass. Our main purpose was to try to catch a 10-pound-plus bass on spinning gear, which was considered practically impossible in years past.

"Using Abu Garcia's new CD spinning reel, 20-pound test Berkley FireLine and a Fenwick Techna AV 7-foot spinning rod, I hooked into and landed a largemouth weighing 10 1/2 pounds.

"I have to credit Abu Garcia's new center drag technology for providing the toughness and instant adjustability necessary to tame a double-digit fish.

"Such new technology has made spinning tackle viable for all kinds of techniques."

## YOUR SPORTS

# Snowboarders Are Slope Of Things to Come

By STEVE GUST

Winter wonderlands all over the world are now besieged by a new breed of thrill-seeker — the snowboarders.

Armed with their flat, colorful boards, the new ski bums are becoming firmly entrenched in the winter sports landscape.

Just ask Lee Crane. He's a disciple of the sport, having purchased his first board in 1978 from snowboard pioneer Jake Burton.

"I was a snow skier and a skateboarder," Crane said. "Because snowboarding is a lot like skateboarding, I was immediately attracted to it."

That attraction has led to a long association with the sport. Crane became active with TransWorld Snowboarding magazine in 1989 and has worked as a television commentator for ESPN, Fox and the Outdoor Life Network. He said that snowboarding has gained most of its followers in just the past 10 years.

Where is this sport the most popular? "Anywhere there is snow," Crane said. And that doesn't include just the American peaks. Snowboarding is now popular in Europe, Japan, South America, Australia and New Zealand, Crane said.

Part of its appeal is that it doesn't take a lifetime to master the sport.

"In two days, you can be sliding all over the mountain," Crane said. And you don't need as much equipment as you do for skiing.

"For people who grew up skiing, riding a snowboard completely changes the way it feels to move down a mountain," he said. "You have no poles, the boots are more comfortable, and standing sideways allows much more expression."

For those just starting out, another insider, Crispin Cowan, advises the "linoleum test" for a potential snowboarder. He advises that novices get in their stocking feet and run toward their kitchen and slide across the linoleum floor.

"Observe which foot goes forward," Cowan said. "Then put that foot forward on your snowboard."

The MTV generation is really drawn to the sport, as most film clips of snowboarding will testify — loud rock music blares as young male athletes compete.

"The average age is 20," Crane said. "Currently there are about 4.6 million snowboarders in the United States, and it is quite popular in the 13-to-19 crowd."

It's also predominantly a male crowd, although more women are becoming interested all the time, he said.

The sport has moved beyond just being fun for kids, though. There are international organizations, including the International Snowboard Federation and the Federation International de Ski. In the U.S., there are the United States Ski and Snowboard Association and the American Snowboard Association. There is also a U.S. Collegiate Snowsports Association, which sponsors an annual college snowboarding championship. Its Web site (at www.uscsa.com) is a good place to find out more about snowboarding.

Snowboarding was first featured in the Olympics at Nagano, Japan, in 1998, Crane said. But world championships have been around longer.

"The longest-running contest is the U.S. Open, held each March at Stratton Mountain, Vermont," Crane said. "It's almost 19 years old."

There, competitors participate in different events, including Alpine racing, half pipe (similar to skateboard freestyle competitions), boardercross (in which six or so competitors race together) and Big Air, which is similar to skiing aerials.

It's also big business. Cowan said that today there are at least 65 snowboard equipment manufacturers making the boards, boots and bindings.

"The cost of snowboard equipment is very comparable to ski equipment, with a wide range of costs and boards," Cowan said. Crane estimated that a complete board setup will cost about \$800. Lift tickets can run \$50 a day.

The ski resorts have also seen the potential of the new sport. In the 1980s, less than one in 10 ski areas allowed snowboarders. Today, 97 percent welcome them.

Snowboarding may be part of the slopes for many more years to come because, at least to Crane, "it is more fun than skiing."

Steve Gust is a writer in Edmond, Okla.



Maneuvers like this are part of the allure of snowboarding.

## GEAR AND GOODIES

### Lightnin' Shad Takes on Two New Shapes

When Storm Lures first introduced its innovative Lightnin' Shad crankbaits in 1997, the line was immediately embraced by the bass and walleye fishing communities. With its unique dorsal fin and thin-bodied baitfish shape, the Lightnin' Shad proved to be a consistent fish-catcher on the national tournament scene.

The original Lightnin' Shad was available in deep-diving and medium-running versions that were shaped like no other crankbaits. Now, fishermen throughout the nation will be happy to hear that the Lightnin' Shad family has been expanded with the birth of two new models.

The Lightnin' Shad LS04 is a

small (1 1/2-inch and 1/4-ounce), sleekly shaped version that produces a tight, frantic wiggle when retrieved through the water. It is designed to run 1 to 3 feet deep and can be cast or trolled.

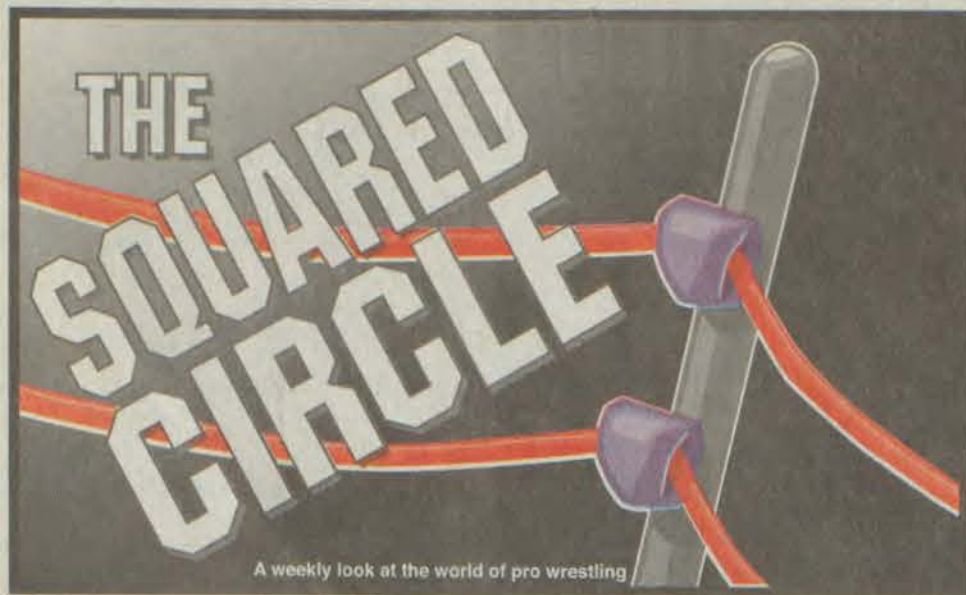
The new Lightnin' Shad DLS04 is the same size, but has a larger lip that enables it to dive as deep as 12 feet. Its clear, contoured lip makes the DLS04 model an ideal tool for finding fish hiding in weeds or around bottom cover.

For more information, call Storm Lures/Normark at (612) 933-7060, or go to the Web site at www.storm-lures.com.



Storm's new Lightnin' Shad lures.





A weekly look at the world of pro wrestling

**TOP 10**

1. Triple H, WWF
2. Mike Awesome, ECW
3. Chris Benoit, WCW
4. The Rock, WWF
5. Chris Jericho, WWF
5. Chyna, WWF
6. Jeff Jarrett, WCW
7. Masato Tanaka, ECW
8. Sid Vicious, WCW
9. Rhino, ECW
10. Rob Van Dam, ECW



■ CHRIS JERICHO ■ CHRIS BENOIT

Look for: Rakishi Phatu to get a bigger push in WCW. Fans just love him.

**PAY-PER-VIEW**

- WWF, Royal Rumble, New York City, Jan. 23
- WCW, San Francisco, Feb. 20
- WWF, No Way Out, Hartford, Conn., Feb. 27
- ECW, Living Dangerously, March 12

**MAILBAG**

Tell us what you think about professional wrestling, its stars, trends and story lines.

Give us your feedback on wrestlers or issues you'd like to see on this page.

Also, if you have a question or comment about a subject, write to us at The Squared Circle, c/o Sports, News Journal, 70 W. Fourth St., Mansfield, Ohio 44903. You can fax it to us at 419-521-7415 or e-mail to aconchel@cosmg.com. Please include your hometown.

Dear Squared Circle, I would like to know if these are the same people: Johnny Polo/Raven; Percy Pringle/Paul Bearer; Dr. Isaac Yankem/Kane; Alundra Blaze/Madusa; Robert Fuller/Col. Rob Parker? Also, is that Yokozuna I saw on TV?

— Charles Aukerman  
Mansfield, Ohio

A. Yes on the personas, except Yokozuna. That wrestler is Rakishi Phatu.

Dear Squared Circle, Will Steve Austin ever come back to wrestling? Also, what happened to Yokozuna, Doink the Clown, The Bushwhackers and Shawn Michaels?

— Charlie Adkins  
Prestonsburg, Ky.

A. Yokozuna isn't wrestling. Doink (Matt Borne) and the Bushwhackers wrestle for various independent promotions. Michaels and his wife, Rebecca, just had a son. His return to active wrestling is doubtful because of injuries, but both the WWF and ECW would like to have him in some role.

Dear Squared Circle, I don't care that Triple H called himself The Game. But I don't like the way he treated Stone Cold, Test and the McMahon family.

— Paco Garcia  
San Antonio, Texas

Dear Squared Circle, My top 10:  
1. The Big Show  
2. The Rock  
3. Kane  
4. Mankind  
5. Edge  
6. Matt Hardy  
7. Test  
8. Jeff Hardy  
9. Christian  
10. Chris Jericho

— Laura Justice  
Mansfield, Ohio

**FEUD OF THE WEEK**



**nWo vs. Old Age Outlaws, WCW**

**CATCH PHRASES**

"I call it right down the middle, daddy."  
—Bill Alphonso

**REAL NAMES**

**Bam Bam Bigelow  
Scott Bigelow**

6-3, 360

**Hometown:  
Mount Laurel, N.J.**

**Birthday: Sept. 1, 1961**

**Pro debut:  
Aug. 23, 1985**

**MAT MEMORIES**

A look back at memorable moments in pro wrestling history:

■ Aug. 15, 1946: The legendary Gorgeous George appeared in the main event at the Winter Garden in Chillicothe, Ohio. He beat Hungarian Al Apple Szasz and then got into a brawl with the crowd before police intervened.

— Dick Routh  
Historian

**WHO'S HOT/WHO'S NOT**



**Spike Dudley:** Getting a title shot against Mike Awesome is sure to elevate the career of the ECW giant killer. He hasn't missed a show in two years.



**Randy Savage:** Reports indicate that The Macho Man's contract with WCW has expired. No word on whether he'll try to re-sign with WCW or go to the WWF.

**IN THE SPOTLIGHT**



■ Jeff and Matt Hardy represent the new breed of high-flying wrestlers who will take the sport into the year 2000 and beyond.

**NEW STARS BEGIN TO SHINE**

By Anthony Conchel  
Squared Circle Editor

Wrestling fans enjoyed a banner year in 1999. The feuds were hotter, the competition between the Big Two got more intense and a third player, ECW, entered the national landscape.

Overall, last year was a great one for fans of all three major promotions. The deaths of Owen Hart, Gorilla Monsoon and other former mat stars aside, it was truly a great year.

So what does 2000 have in store for followers of the squared circle?

The first issue revolves around injuries and who won't be able to compete for a while. Already Stone Cold Steve Austin is on the shelf, and The Undertaker is just now returning to active duty. Now WCW has lost Bill Goldberg for an undetermined amount of time with an injury. It seems like the injury bug is biting the performers more than ever before.

Mankind is counting down the days until his retirement because of the 15 years of punishment he's put his body through. Guys are taking more risks, pushing the envelope more than ever, and the result is shortened careers or long lapses away from the ring to allow for recuperation.

I think this will be the year that a new breed of wrestler steps up.

Look for The Hardy Boyz, Edge, Christian, Too Cool, Chris Jericho and D-Lo Brown to get huge pushes in the World Wrestling Federation.

Likewise, I expect Buff Bagwell and Chris Benoit to get major title opportunities in World Championship Wrestling.

ECW always has guys on the shelf because of their high-flying and extreme styles. Yet they always seem to find someone to step up and carry the flag. It appears that Mike Awesome, The Impact Players,

Masato Tanaka and Jerry Lynn will join Rob Van Dam, Sabu, Raven and The Sandman as Paul Heyman's group tries to build its fan base through its TV deal with The Nashville Network.

The day of the smaller, more agile wrestler has arrived. The larger stars have really been banged up recently, and the younger high-fliers will be counted upon to carry their respective companies into the new millennium.

Anyone who saw the ladder match between the Hardy Boyz and Edge and Christian at No Mercy last year has to be impressed with how these four young lions laid it on the line. I know that sounds like Jim Ross, but it's true. They did some things in the ring that I still can't believe.

They have taken aerial wrestling to the next level. The capacity crowd responded with a standing ovation for both teams, thus signifying the respect this foursome has already earned in the sport.

This match may have represented a changing of the guard. Ric Flair, Hulk Hogan, Austin, Mankind and "Taker are in the twilight of their careers. It's time for some new talent to rise to the top, and I think this year will mark a new era in wrestling.

Main-event pushes for young, hungry wrestlers should occur this year. All three promotions have strong talent pools and no shortage of budding stars just waiting for their chance to shine.

**AFTER THE BELL**

News and gossip from the wrestling world:

■ Chris Jericho got engaged recently to girlfriend Jessica Nessman. No date has been set. She accompanied him on WCW's Bruise Cruise last spring. The Big Show also reportedly has gotten engaged.

■ The Hardy Boyz make most of their outfits themselves. They learned to sew as teen-agers after their mother died.

■ Vampiro is taking classes to become a chef in his hometown of Thunder Bay, Ontario.

■ The shakeup continues within the ranks of WCW. Vince Russo, hired away from the WWF as head writer several months ago, was demoted last Friday. Booking will be back to a committee format, headed by Kevin Sullivan.

■ Sting will play the role of undercover cop Riley Davis in a TNT movie in February. The WCW wrestler took acting classes for nine months before filming "Shutterspeed" in Vancouver. He and his wife are expecting their third child, a daughter, this month. They have two sons.



■ The WWF has released Kurrgan (Robert Maillet) saying it had no role for the 7-foot, 335-pounder. The Canada native is working independent shows and will travel overseas unless either ECW or WCW shows an interest in him.

■ Jeff Jarrett's orange sunglasses cost \$160 and are made by Detroit.

■ Hacksaw Jim Duggan is considering running for mayor of Titusville, Fla., his home.

■ Vince McMahon has turned down offers to write a book, citing lack of time as a reason. With the popularity of Mankind's book and The Rock's also getting a lot of advance publicity, Vinnie Mac might want to reconsider the idea. He's got a great story to tell, and fans would love to read it.

■ Fitness models Tylene Buck and April Hunter accompanied Scott Steiner to the ring on "Nitro" last week.

■ ECW wants Blitzkrieg to work some shows with Super Crazy.

■ Sandman missed Guilty As Charged to be with his sister, recently diagnosed with a brain tumor.

■ WCW has announced Fall Brawl will take place Sept. 17 in Buffalo.

■ Balls Mahoney worked some shows in Japan earlier this month and is now back in ECW.

■ WWF's "Raw Is War" beat WCW "Monday Nitro" for the 59th straight week on Jan. 10.



**Austin surgery successful**

SAN ANTONIO — Stone Cold Steve Austin's surgery was successful on Monday, Jan. 17.

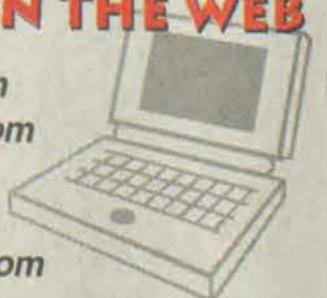
Dr. Lloyd Youngblood, who performed the operation, said Austin was stable during the procedure, which took three hours to complete.

The surgery removed three bone spurs from Austin's spinal cord, which caused pain in his neck, arms and legs.

Youngblood said the normal recovery period can take up to six months. He added that once the bone heals it should be stronger than ever.

**WRESTLING ON THE WEB**

- www.wrestlezone.com
- www.wrestleScoop.com
- www.WWF.com
- www.WCW.com
- www.ECWwrestling.com
- www.bad-boyz.com
- www.24-7wrestling.com



If you know of a new or hot wrestling Web site, share it with Squared Circle readers. Send it to aconchel@cosmg.com





**One I** Feature:  
**The Rules For Being Human**  
 ■ Chicken Soup for the Soul • C3



## New JWT manager finds niche for success



Story and photos by Pam Shingler

Martin Childers considers himself fortunate to have found a job that uses his mind and his heart.

He is the new managing director of Jenny Wiley Theatre, a position that requires both his financial skills and his passion for the arts.

Childers, who has been involved in the local theatre for more than a



■ Martin Childers

decade, explains he has been through some soul searching over what he wanted his life to be. "Last year, I had to stop and look at what I want to do with my life," he said.

He was living in Lexington and working with the Don Jacobs auto dealership, when he decided he really wanted to do something in the arts field.

So, he went to school in

Louisville to learn "faux" painting, a decorating art that makes an ordinary wall look like it is brick or marble or some other type of surface. He then began to accept painting jobs, many in Pikeville, where he formerly worked.

Shortly after he heard on a radio station that former manager Carla Coburn has left the theatre, he got a call from a board member to gauge his interest in the job — "out of the blue," he says.

Childers talked with some of the board members a couple of times and then "decided to do it," he says. His first day on the job was January 17.

In the first week, the new manager has been cramming over budget documents, contracts and schedules, familiarizing himself with the nuts and bolts of theatre operation.

He is already thoroughly familiar with JWT. He has been a performer, a fund-raiser, a member of the board of directors for five years, and president of the board for two years.

Childers says he first auditioned for the theatre in 1987, but then decided to go on a mission trip with his church and passed up the opportunity.

Two years later, he worked up the courage to audition again and won the part, he jokes, of "Chorus Person #20" in a production of "Camelot." "I had a wonderful

(See JWT, page two)



Martin Childers, new managing director of Jenny Wiley Theatre, poses among the snow-filled seats of the amphitheater. By June when the first show opens, the snow will be a memory.



The Jenny Wiley Theatre was covered with snow last week, belying the fact that the area will be alive with theater-goers and performers in six short months. The summer repertory theater is one of the cultural highlights of the region.

## This Town That World

*Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request. The following column was written in 1960.*

### This Town—That World

This is, I trow, the leanest week of all in the matter of news. Our employees have heard my moans so much this week that one finally remarked, "Well, if you think I'm going to walk in front of a car, just to fill up that hole on Page One, I quit!"

### NO, THANKS

It may interest some of our readers to learn that Pinkerton's Detective Agency Inc. has written me, suggesting that this outfit might do well to avail itself of the services of the Pinkertons. The idea, I gather, is to assure us greater plant security, protection against those low fellows who would filch our hard-earned gains, if any, or walk off with anything weighted down by anything less than the anchor from the Queen Mary.

All this just goes to show you that even the Pinkertons don't know everything. They don't know for instance:

(1) That the only insecurity this plant suffers from is when the owner is forced to look his banker squarely in the eye; (2) that there isn't anything in said plant that a "low fellow" would snitch—he would have to be "high" to bother with it; (3) that we usually forget to put all the stray dogs out when we lock up, and so the jernit is well-guarded if the dogs will only wake up; and (4) the last fellow who moseyed into this establishment looking for cash voluntarily submitted to a padded cell, loudly avowing that anybody as crazy as he needed such protection.

### JUST AHEAD

Between sneezes and gusts of wintry winds, there have been times in recent days when we may have felt Spring would never come. But take heart! ...We of this generation don't even have to watch for the first robin. We merely have to go to the post office and listen for the mail-order chickens to chirp.

There is, we learn, a lipstick crisis at hand. Wurra, wurra! Seems that certain colors have a cancer-producing factor. Wanted: A lipstick with a thinking woman's filter and a smooching man's taste... If this matter gets any more hazardous, the men will begin using the stuff.

### ANNIVERSARY

Today, Jan. 28, 1960, is an anniversary. You had forgotten? So had we. And how could we? For that was the day the Big Flood hit its crest here, three years ago. One of the valley's darkest.

Looking back on it, you lose some of its awesome effect, though. You recall some of the lighter moments of the day, if you could call them that. I recall my reaction to predictions that the water would rise into this office and

(See Town-World, page two)

## 2000 Season Jenny Wiley Theatre

### ■ The King and I

Rodgers & Hammerstein's musical about an English governess' adventures in Siam (now Thailand). Familiar songs: "Whistle a Happy Tune," "Hello, Young Lovers," and "Shall We Dance?" June 16, 17, 18, 20, 21, 22, 23, 24, 30, July 1, 7, 12, 15, 20, 27, 28, August 3, 6, 8, 12, 17, 18.

### ■ South Pacific

Another Rodgers & Hammerstein classic, based on James Michener's book, "Tales of the South Pacific." Set in the Pacific Islands during World War II, the show features such familiar songs as "Some Enchanted Evening," "There is Nothing Like a Dame," and "I'm Gonna Wash That Man Right Outta My Hair." July 5, 6, 9, 11, 14, 21, 29, August 2, 5, 13, 15.

### ■ The Legend of Jenny Wiley

The story of local heroine Jenny Wiley features music by Scott Bradley, lyrics by Peyton Dixon, and script by Patrik Baldauff. June 28, 29, July 8, 13, 23, 25, August 4, 10, 19.

### ■ The Hunchback of Notre Dame/ Trouble on the Santa Fe Trail

Two one-act plays in the same performance. Victor Hugo's classic tale of the hunchback recounts the adventures of Quasimodo, the beautiful Esmeralda and the wicked priest Claude Frollo. Act 2 is a story of three mountain men, a minister and his wife, two Indians and a lost boy. July 18, 19, 22, 26, 30, August 1, 9, 11, 16.



## Classic Christmas

Tuesday evening, the evergreen trees between Ramey Insurance and the city parking lot off North Lake Drive were laden with fresh snow and old Christmas lights. They cast a classic glow that, though beautiful, seemed more suited for the Christmas season, a month ago. But, wait, let them be, (photo by Pam Shingler)

## 'Voice of Rage & Ruin' displayed at PCC

A showing of Morgan County artist Ron Gevedon's work opened January 13 at Prestonsburg Community College in the Magoffin Learning Resource Center Art Gallery and will be displayed through

February 10.

Gevedon is noted for his use of vivid color in depicting the many aspects of eastern Kentucky life. His works range from moody and sometimes disturbing subjects to the sentimental and uplifting.

Gevedon is a member of Foothills Artists and has participated in numerous showings with that group, as well as independent exhibitions. The prolific artist's works are sought out by collectors throughout the area and nation.

Tom Whitaker, PCC art professor and fan of Gevedon's work, says of his friend, "Don't try to label Gevedon. You can't."

A reception for the Cannel City artist is set for Tuesday, January 25, at the Art Gallery from 5:30 to 8 p.m. Refreshments will be served.

For more information about Art Gallery exhibits, call Tim Sizemore at 606/886-3863, ext. 342.





# PostScript

by Pam Shingler  
Editor



## Community sensed

At the Chamber of Commerce After Hours Tuesday at the new Ramey Insurance offices, I enjoyed hearing Rose Price and Rebecca Derossett talk about their youth in Prestonsburg, in an era not so far away in time as in distance.

Rose and Rebecca both took music lessons and were a part of a culturally rich experience.

They spoke nostalgically about three "eccentric ladies" at the center of the local culture — Winnie Johns, her sister Edith James, and Bess Stephens. (In fact, they told some wonderful stories that I won't repeat.)

They spoke of programs presented at the grade school and high school, musicals with singing, dancing and live musicians, many of the performers taught from early childhood by the ladies.

"Ours was the last generation to have this type of experience," Rose said.

Actually, the experience was waning when Rose came along. She and Rebecca were in on the end of an era, something we tend to know only in retrospect.

I remember the same sort of thing in Paintsville where I grew up. We had musical presentations every year in school, it seems, including a senior class play or musical. Music and art were an integral part of our education, thanks to multi-talented, community-minded teachers.

A highlight of the year was a community musical with people we all knew — lawyers, doctors, teachers, insurance salesmen, mail carriers, homemakers — acting parts, making costumes, building sets, selling tickets.

This community production, to the best of my knowledge, was at the root of what would become Jenny Wiley Theatre.

Community is at the root of what Rose, Rebecca and I remember.

The time, of course, was so much different. Our alternatives were greatly limited. Though we had it, television had not yet taken over our lives. The mountains were not so open to travel. Staying close to home was what we did in those days before we relied on others to entertain us.

Most of us lack — and hunger for — that sense of community these days. We live in one spot, work in another, go to school and/or church in another, and have kinfolk in yet another — all of which were once within a few square miles.

Our range has considerably broadened, but our sense of community has been diluted.

We miss the "eccentric" ladies and the "let's put on a show" spirit that made us feel unique. I wouldn't want to do without the better roads and the improved opportunities, but I regret that it has to be one or the other.

...  
A friend, who sympathizes with my extended bouts of melancholy and laments my daily struggle to go on, and who lives too far away, sent me a card recently that saved me for a few more days.

From American Greetings by an anonymous author, it is titled "My Promise to You." It is what increasingly rare friendship is about and is worth sharing.

"If you're feeling empty inside, I'll fill your heart with favorite 'you and me' stories to make you smile.

"If neither one of us knows what to say, I'll sit quietly with you in the closeness we share that needs no words.

"If you start to doubt, I'll help you find your courage again.

"If the climb is steep and long, I'll hold your hand and we'll walk each step of the way together.

"And if you say, 'Who cares?' I'll remind you how very much I do.

"Because when I say 'I'm here for you,' I mean it for as often and as long and in whatever way you need me."

As the song says, "That's what friends are for."

# THINGS TO PONDER

## Bully—Bully: In the Workplace

by Mable Rowe Lineberger, Ph.D.

As some may recall, there have been past discussions about the problems associated with children bullying other children at school, such as the bully usually needing as much, if not more, assistance as the receiver.

Of course, bullies are not absent from the workplace. My experience across institutions and across regions is that they tend to dart from one dark corner to another one, while at other times, they just don't care who sees and/or hears what. Similar to many of you, I have had some very meaningful episodes over the years.

The first one to come to mind was an extremely bright, well-versed, kind of short, very successful, pediatrician at the Good Samaritan Hospital in West Palm Beach—many years ago. During those first days out of nursing school, I tended to be young and idealistic, thinking that if you are nice to others, they will be nice to you.

Ha! Ha! Boy, was I surprised when I realized that he didn't "pick" on all of the nurses on the pediatric floor. It seemed the young nurse with the long black, just-curling hair, could "do no wrong" from his viewpoint.

Finally, after a couple of years and I could take it no longer, I unexpectedly set limits one day for him. It was a nice relief to learn that he would back off with firm guidelines in certain terms. That was a shaky and a great, new experience, especially when he took care of the Director of Nurses' little girl. But, I had several powerful supporters and made it through all in one piece.

Then, over the years and as I changed from nursing to psychology, bullying continued to erupt its ugly head, when it is least expected. Some time ago, I lost the "everyone will be nice in exchange" concept. In turn, I have tried to recognize what needed to be done and what I could do about it.

Needless to say, there are always situations where the "monster" is greater than you and the best thing to do is to do what you can for yourself and let other things go. Of course, that is often more difficult to do than one might want to bear. The most helpful thing to remember is that you are not stuck!

Of course, similar to other situations in life, my belief is that the more you know about it (your enemy), the more likely you are to be successful for overcoming it.

In thinking and reading about "workplace bullying," this general definition was found: "All harassment is bullying as long as the actions have the effect, intended or not, of hurting the Target. Without harm felt, the tyrant's maneuvers are not bullying."

The additional following facts were found in regard to bullying from the Campaign Against Workplace Bullying. "Bullying—is the deliberate, hurtful, repeated mistreatment of a Target person by a bullying harasser driven by her or his need to control others (1 in 5 U.S. workers is estimated to experience it); is sustained by the Target's undesired shame, witness inaction and employers' inadequate or inappropriate responses and societal silence; involves women and men perpetrators who torment others of both sexes and all races and ages, in all work places regardless of size or type of business; is insidious, cumulative harassment whose harmful effects range from the erosion of a Target's confidence to irreversible physical illness from stress-induced trauma; violates employees' right to a workplace free of psychological violence, though current anti-harassment laws offer no legal remedy; destroys lives, careers and families—resolved primarily by the Target's expulsion, stealing the Target's livelihood which triggers a decline in relationships; poisons the workplace with fear, distrust and possible sabotage when the organization responds to complaints with retaliation vs. justice; is preventable by employers who choose to create and enforce anti-bullying policies and to punish, rather than promote, bully-violators; and is a multi-faceted issue that requires multi-disciplinary solutions: legal, ethical, psychological, medical, individual and organizational. ("Freedom From Bullies At Work Week," Gary Namie, Ph.D., 1999)

A major question addressed by some studies is "Where do Bullies come from?" Thus, some common characteristics of a Bully have been identified, according to Dr. Namie.

A Chronic Bully tries to dominate people no matter where they are—at work, at home, and in restaurants. Have you ever been out in public and the person alongside you seems like he wouldn't be happy in his perfect dream? Reportedly, the Chronic Bully's motivation is his own failure to confront his deepest feelings of personal inadequacy, his self-loathing.

It's too bad that he was not raised to analyze himself with the expectation of improving himself. The self-control required to admit and overcome his shortcomings is placed painfully on those he seeks to dominate. Chronic Bully creates flaws in others that really are mirroring his own, and then irrationally attacks them to feel good about himself.

Most of us would not be shocked to know that the school yard bully, who was never stopped in childhood, continues to grow up to be a bigger, taller bully wherever he is—at home or in the workplace.

Usually nobody has stopped him over the years, and he

still expects to get his way, so that a self-reinforcing cycle is established. He dominates, others give in, so he dominates even more. In dog-eat-dog, competitive situations, the Chronic Bully is everywhere and is viewed as a "leader."

Researchers feel that the Chronic Bully is trapped over a lifetime and couldn't change even if he wanted. The Chronic Bully is viewed as mean-spirited, nasty, inflicts harm, and manipulates everyone on some level. He often ends careers and shatters the emotional lives of those who get in his path. He often is prone to delight in humbling other people into subservience.

Different types of bullies have been identified:

- Opportunist Bully is the one most often at work. He is the "climber," but he can stop his competitiveness on other sites, such as being a great father and a good citizen. But at work, he justifies to himself his behavior as a survival instinct. However, opportunist bullies can be stopped.

- Accidental Bully has been labeled as a "social fool," since he is sincerely unaware of his actions on others. He goes about life as though the rest of the world did not exist. He seems awkward and child-like.

- Accidental Bully hurts others with inappropriate comments or actions, such as sexist or personal affronts. He also has generally failed to learn the subtlety of social interactions. In contrast, A.B. will retreat immediately and apologize, when confronted, and never does it again. He can learn social skills.

- Substance abusing bully is usually very dangerous and threatening due to not being in control of his decisions at all. Would you believe that, reportedly, 74 percent of substance abusing Americans are employed? A big problem is that the addicted person is not inhibited, so that his self-control that determines social politeness is closed. Anything goes, such as frequent unpredictable mood swings.

Different substances or combinations may be used, since rank, which begets higher salaries, enables higher ups to maintain a life of using.

Dr. Namie made a good point in closing, "We know that 89 percent of bullies are bosses. Drug testing is ordered by bosses for their subordinates. Therefore, most drug-using bosses, whose altered states may account for much of the chaos and madness Targets endure, remain undetected, free from the privacy-robbing experience of urinating in a cup."

What would you say about your workplace? Do you always feel overwhelmed by work, not the things you need to do, but by others with whom you must work?

Remember, you are not stuck! Stay tuned for more about identifying and coping with those who would like/try to bully you on the job.

(Continued from page one)

## JWT

time," he says. "I was kind of hooked."

One of his more notable parts was the Prince in "Cinderella."

Along the way, he became involved in the behind the scenes business of producing the summer repertoire, particularly fund-raising, which is imperative for a non-profit operation, such as JWT.

All the while, his day job was with (no relation) Childers & Venters auto dealership in Pikeville, where he had settled after graduating from Pikeville College with a degree in business administration.

Despite the business bent, the Hindman native had participated in grade school and high school speech competitions in acting. While in Lexington, he became a member of his church's drama team, which performs every week, an activity he plans to continue.

Leading up to his acceptance of the local

job, Childers says, "I knew I needed to go into what I love, and I have always known I liked the theater."

His biggest challenge right now is the nitty-gritty, mundane-but-necessary task of raising money to cover the cost of putting on five shows, paying production fees and salaries of cast and crew, feeding and sheltering the workers, and buying materials for costumes and sets, among other costs.

"We're a little bit behind on fund-raising right now," Childers says. His immediate tasks include working with a committee of community volunteers to write letters and grant proposals, to plan fund-raising activities, and produce a brochure for the 2000 season.

He hopes to do more to recognize the generosity of "people who do support us." He says that, whenever possible, JWT will buy what it needs from local businesses.

He's also charged with recruiting the cast and crew for the summer productions. He has scheduled local auditions for February 10, 11 and 12 (watch for details) and recruiting trips to a couple of theater conferences.

Childers is committed to bringing in professionals to work with the local actors and crew members. "The professionals come in and train us," he says. "They make us better."

Although he's holding close the details, the manager is hoping to bring in a "special guest" for the opening of the theatre season on June 16. The opening show is "The King and I," which Childers describes as "a big family show, with lots of roles for kids."

The other shows on the roster are "South Pacific," the first show ever performed at JWT; "The Legend of Jenny Wiley," the perennial favorite; and a two-show presen-

tation of "The Hunchback of Notre Dame" and "Trouble on the Santa Fe Trail" (or "A Walk in the Sky").

Much of the theater budget of about \$600,000 goes back into the community, Childers says. About a third is payroll for cast and crew.

Money coming into the theater is essentially doubled for the community. Childers cites estimates that for every dollar spent in the theatre, \$2 are spent in the community, particularly on food, lodging and souvenirs.

The new manager wants the theater to have a higher profile among locals. And he especially wants young people to become familiar with JWT and to appreciate what is available to them locally.

"I really believe in Jenny Wiley Theatre," he says. "To me, it's important that we have this."

# ATTENTION NEWS

## Drift Woman's Club reports on December meet

by Celia Little  
Secretary

The KFWC Drift Woman's Club met at the Viola Bailey Community Center on December 20, 1999.

President Alice Osborne opened the meeting by reading a story from the Harvester, about the Christmas flower, the poinsettia. The "winter rose" is the flower of the Holy Night, with 50,000 sold during the holiday season.

The Christmas Dinner Committee planned a buffet menu, and President Osborne asked the blessing.

Members present were Ruby Akers, Roney Clark,

Celia Little, Donna Allen, Alma Mosley, Brooksie Gearheart, Geraldine Ward, Ruby Damron, and Kathryn Youmans, along with guest Eukie Hicks.

Communications read by the president included a thank you card from the seventh district vice president for hosting the district fall conference at the Holiday Inn, and a letter from Judge Julia Paxton inviting members to an open house on December 12.

The following donations were announced: Hugh O'Brien Foundation for a sophomore honor student, \$175; Left Beaver Fire Station #2, \$100; and South Floyd High School Art Department, \$100.

Christmas gifts were exchanged, and door prizes were

won by Ruby Akers, Roney Clark, Ruby Damron and Kathryn Youmans.

The next meeting was scheduled for January 17, with Kathryn Youmans as hostess. The program was to be on education.

Women who are interested in community improvement projects are invited to join the club meetings the third Monday of each month. Contact a member of the KFWC Drift Woman's Club to learn more.

## Town-World

(Continued from page one)

warnings that mebbe we'd do well to move a few things around; how I calmly and pontifically gave forth with the reassuring statement that there was no danger, that water never had invaded these parts ("Just look at the floor!" I shouted).

Then I recall, too, that I chanced to take a gander across the street to behold a fencepost casually floating into Ray Howard's place. Forty-five minutes later, after some rather frantic operations, we were all wading out with something less than a MacArthurian air of "I shall return."

HOW IT BEGAN

Since the 1957 flood, a large part of Prestonsburg has gained protection from all ordinary floods by the installation of a floodgate and pumping machinery. This was a project applied for, long before the flood, by Mayor Harry Sandige, and what happened later developed from that early work he did toward getting federal aid.

# DAR Chapter meets

by Frances Brackett

John Graham Chapter, Daughters of the American Revolution, met Monday, December 13, 1999, for a luncheon-business meeting.

Regent Frances Brackett conducted the Ritualistic Service, Virginia Goble led the Pledge of Allegiance to the Flag of the USA, and Karen Ousley led the American's Creed.

The National Defense message was taken from the DAR Magazine, quoting a speech given by Charlton Heston at Yale University in 1999.

DAR Good Citizen chairperson Ousley reported that the DAR Good Citizen is Sara Virginia May, Prestonsburg High School senior and daughter of Gary and Linda Baldrige May. PHS faculty mem-

bers assisting were Carolyn Stout, Ronnie Robinson, and Phillip Price.

Delegates elected to the Kentucky State Conference to be held in March in Covington were Brackett, Vivian Hale, and Karen Ousley. Alternates were Goble, Mary Goebel Baldrige, Betty Conn, and Evelyn S. Widner.

Delegate to the National Continental Congress in April, Washington, D.C., was Frances Brackett with alternate, Evelyn Widner. Pages for the KSDAR Conference are Jennifer Ousley and Angela Brackett.

Registrar Goble stated that Widner had been voted an associate member of John Hanson, Prince Frederick, Maryland, and Brackett an associate member of Louisa Chapter at Louisa. Assistance had

been given to Ella Faye Moore, Louisa, and Nancy Karen Albright, Alexandria, Va., on the Revolutionary soldier Moses Preston Sr.

Discussion was held on the combined 75th anniversary of John Graham, Pikeville, and Harman Station, all chartered in 1925. John Graham's one charter member remaining is Maurine Mayo of Lexington.

Christmas cards and notes were sent to members who are ill: Norma Stepp, Eleanor Horn, Maurine Mayo, Margaret Spradlin, and to Vivian Hale, whose nephew, Bob Webb, formerly of Allen, had passed away in Tennessee.

The next regular meeting will be a business meeting only in January.



# WEDDINGS/ ENGAGEMENTS



## February wedding planned

Jimmy and Barbara Meade of Pikeville announce the engagement of their daughter, Crystal Casey, and Randall Gene Woods, son of Larry Woods of Allen, and Beata Donahue of Hamlin, West Virginia. The bride is a graduate of Pike County Central High School and the Regency School of Hair Design. She is employed as a nail technician by South Mayo Beauty Salon. Woods is a graduate of Betsy Layne High School, Prestonsburg Community College, and the Kentucky State Police Academy. He is employed by Kentucky State Police Post 9. The wedding will take place at 1:30 p.m., on Saturday, February 19, 2000, at the First Presbyterian Church in Pikeville. A reception will follow at the church. The custom of open wedding will be observed.



Mr. & Mrs. Benjamin McKay and Cody

## Couple wed in outdoor ceremony

Candy Lynn Newsome and Benjamin Talt McKay were united in marriage on December 31, 1999, at Grethel. The ceremony took place at 7 p.m., outdoors under the clear, night sky, with candles and thousands of clear Christmas lights, at the home of Paula Mitchell. Floyd County Judge-Executive Paul Hunt Thompson performed the ceremony, and the couple's nine-year-old son, Cody McKay, participated in the wedding party. The couple were high school sweethearts and rekindled their love last year. The bride is the daughter of Arnold and Lois Newsome of Grethel and is employed as a nurse at the Asthma and Allergy Center in Pikeville. The groom is the son of Wilma McKay of Welcome, North Carolina, and the late Charles McKay. He is an electrician at Ellis in North Carolina.



## Wedding planned for May

Nevelyn N. Parker and William (Bill) R. Everly have announced their plans to marry on May 20, 2000. The bride-elect is the daughter of Vivian Garrett of Trimble County and the late Hugh Parker. The prospective groom is the son of John and Joyce Everly of Prestonsburg. The Rev. Greg Schuller, pastor of Christ the King Catholic Church in Lexington, will officiate at the wedding mass. The couple plans to live in Lexington.

# The rules for being human

By Bobbie Probst

1. You will receive a body.  
You may like it or hate it, but it will be yours for the entire period of "this time around."
2. You will learn lessons.  
You are enrolled in a full-time informal school called Life. Each day in this school, you will have the opportunity to learn lessons. You may like the lessons or think them irrelevant and stupid.
3. There are no mistakes, only lessons.  
Growth is a process of trial and error: experimentation. The "failed" experiments are as much a part of the process as the experiment that ultimately "works."
4. A lesson is repeated until learned.  
A lesson will be presented to you in various forms until you have learned it. When you have learned it, you can then go on to the next lesson.
5. Learning lessons does not end.  
There is no part of life that does not contain its lessons. If you are alive, there are lessons to be learned.
6. "There" is no better than "here." When your "there" has become a "here," you will simply obtain another "there" that will again look better than "here."
7. Others are merely mirrors of you. You cannot love or hate something about another person unless it reflects something you love or hate about yourself.
8. What you make of your life is up to you. You have all the tools and resources you need. What you do with them is up to you. The choice is yours.
9. Your answers lie inside you. The answers to Life's questions lie inside you. All you need to do is look, listen and trust.
10. You will forget all this.

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To receive a catalog of all the "Chicken Soup for the Soul" books and tapes, call (800) SOUP-BOOK. To submit a story for future publication, send it to P.O. Box 30880-K, Santa Barbara, CA 93130.  
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## Connecting with the "B" family

by JoAnn Prophet, MS, RD  
American Institute for Cancer Research

### Fit after fifty

The B Vitamins attract a great deal of attention from the older population. Doctors—gerontologists, in particular—sometimes prescribe them to patients, and those patients wonder about their purpose and effectiveness. A clear understanding of the precise biological role of these vitamins is clouded somewhat by the fact that several different B vitamins exist. The phrase "Vitamin B Complex," often used in food and supplement labeling, is simply a marketing term for the wide range of B vitamins the body requires.

The B family includes 8 individual vitamins: Thiamin (Vitamin B1), Riboflavin (B2), Niacin, Pyridoxine (B6), Vitamin B12, folate (folic acid or folacin), biotin, and pantothenic acid. All are water-soluble, which means that our bodies are unable to store them; we must therefore consume adequate amounts each day.

Each of the B vitamins functions uniquely, but all are involved in energy usage and in cell development. Thiamin is important for brain and nerve cell development as well as heart function. Riboflavin is

essential for growth and red blood cell production, and niacin is required by the skin, nerves and digestive system. Both pantothenic acid and biotin are involved in metabolizing food and developing various hormones and other body chemicals. Folacin is important in the synthesis of DNA.

Vitamin B6 is allied with our body's immune system and is directly involved with many of the chemical and physical changes of normal metabolism. Studies have also suggested B6 plays a role in altered brain functioning as we age. It has been found useful in preventing recurrence of kidney stones, but attempts to use B6 in rheumatoid arthritis treatment have had no effect.

The National Academy of Sciences has increased the Dietary Reference Intakes for several B vitamins. Folacin's Dietary Reference Intake has increased most dramatically, and now stands at 400 micrograms (up from the RDA of 180 and 200 for males and

females). The RDI for Vitamin B12 is 2.4 micrograms (up from 2); and Vitamin B6's RDI is now 2 (not a change for males but up from 1.6 for women).

Vitamin B12 has long been associated with red blood cell formation and with the functioning of the central nervous system. In a new food guide for the elderly, researchers at Tufts University in Boston have recommended Vitamin B12 supplements for persons over 60. Studies have shown that approximately 10-30% of persons over 60 do not form enough stomach acid to release the vitamin from its food source. Experts recommend synthetic B12 supplements over B12 injections.

Cereals constitute the major source of B family vitamins because cereals are fortified with all of them except biotin. A single serving usually provides about one-fourth of the daily requirement. All of the B vitamins are found in meats, although dark green leafy vegetables, legumes, and citrus fruits are better sources of folacin

than most meats. Whole grains and pork are good sources of thiamin. Milk and other dairy products are a good source of riboflavin while niacin is found in pork, fish, and nuts. Eggs, milk, fish, whole grains, and lean meats are good sources of pantothenic acid and biotin.

Poor eating habits can result in Vitamin B deficiencies. Studies have determined that a substantial number of older Americans are at risk for various B deficiencies. This is due occasionally to medical problems, but more often to poor dietary choices. Enjoying foods that are rich sources of the B family every day is simple if you follow the American Institute for Cancer Research's recommendation to eat a mostly plant-based diet for lower cancer risk and better overall health.

While some maintain that large amounts of B supplements are not dangerous because our body excretes any excess amount of water-soluble vitamins, a word of caution is needed. Large doses of some nutrients can act as a drug rather than as a nutrient and can cause side effects before they are excreted. Use large amounts of supplements only on the advice of your physician.

## Ten home "Pet Peeves"

(NAPSA)-According to a recent survey of how homeowners feel about their homes, they would like to make them safer, more comfortable and healthier; and even though 91 percent of respondents said they were satisfied with their homes, many still cited pet peeves in a survey conducted by Honeywell.

The Top Ten Home Pet Peeves are:

1. Inconsistent temperature (between rooms, levels, or at different times of the day)
2. Dust, pet hair and other allergens
3. High utility bills
4. Dry air in the house
5. Window condensation
6. Odors in the house
7. Outdated kitchen
8. House not secure from break-ins
9. Stuffy rooms/Inefficient

floor plans (tie)

10. Damp basement  
"The good news" said Honeywell's Deb Massof, who leads the company's Home Vision group, is that "many of these problems can be solved today with solutions that are available to anyone building, remodeling or simply updating a home."

In a home with more than one level, it is difficult to keep room temperatures consistent. Technologies like programmable heating and cooling control systems, and temperature zoning systems, give homeowners control, said Massof.

Homeowners labeled dust, pet hair and other pollutants the second biggest home pet peeve. According to the Environmental Protection Agency and the National Safety Council, most indoor air contains higher concen-



trations of pollutants than outdoor air—sometimes two-to-five-times higher.

"When we seal in warm and cool air at home, we trap pollutants, as well as dust, mold and mildew. This can cause health concerns in even the cleanest, best-constructed homes," said Massof.

An air cleaner with a high-efficiency filter will reduce the level

of airborne particles by capturing them as they pass through. While an air cleaner may provide some relief to individuals suffering from allergies or other respiratory problems, Massof notes, it should be considered a part of an overall allergy treatment program.

Homeowners also are thinking about home security, but many have yet to translate those thoughts into action.

According to the survey, almost 80 percent of the respondents agree that they are most interested in home technology that improves safety and security, but only 37 percent of the respondents have a security system.

The Honeywell Your Home Expert ([www.honeywell.com/yourhome](http://www.honeywell.com/yourhome)) is an easy-to-use, online resource for expert advice about comfort, safety and health in the home.

## The beauty of today's fence is that it's maintenance free

(NAPSA)-Ever dreamt of owning a house surrounded by a white picket fence? Well now the beauty of a picket fence can be attained with virtually no upkeep.

Welcome to the world of maintenance-free vinyl fencing. With many of the same applications as wood fencing, vinyl looks great in picket, privacy and post and rail styles.

Although the initial cost of vinyl fencing is more than wood, vinyl fencing upkeep costs are minimal. About the only upkeep involved is pressure washing.

Vinyl fences are also strong. Ralph Palmieri, of Bufftech, said, "We're looked at in lieu of ornamental iron because vinyl is durable like ornamental iron."

Besides its strength, vinyl has several other advantages. For instance, it never has to be repainted. Vinyl also does not rot; thus, it rarely has to be replaced. Most

vinyl manufacturers guarantee their product for 20 years, and some even guarantee it for life.

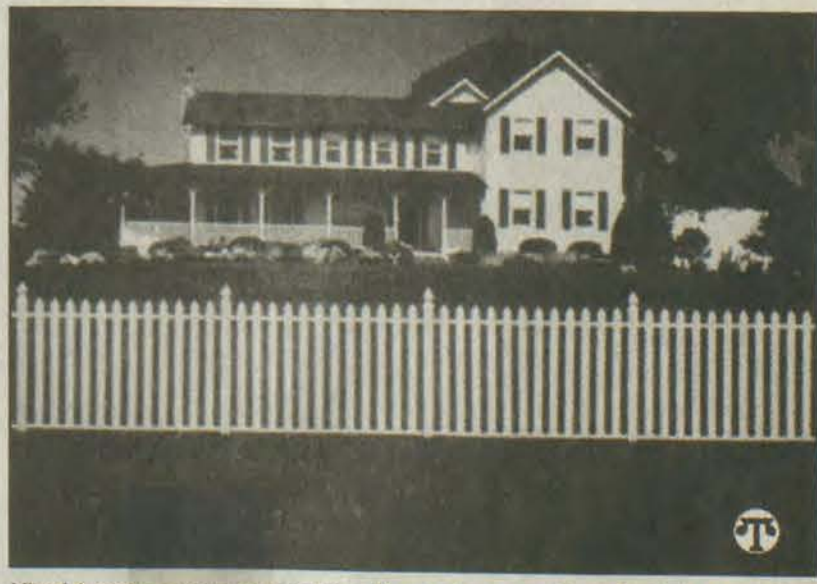
"It enhances the look of your home. It looks much neater, like the day it was installed," said Cheryl Hamlin of Nebraska Plastics. "It's really, really popular."

Palmieri says vinyl's aesthetic qualities are well documented. "We've had overwhelmingly positive feedback on the beauty of it."

It comes in many styles and has many uses, such as privacy, security and decoration. Some manufacturers offer several colors like white, ivory, tan and gray.

"It really catches an eye; it doesn't look like plastic," Hamlin said. In addition, vinyl fences are "good neighbor" fences because they look the same on both sides, according to Palmieri.

"There's a high interest in a maintenance-free product with durability and good looks,"



Vinyl fences are good neighbor fences because they look the same on both sides.

Palmieri said. For a reputable fence contractor in your area, please contact the

American Fence Association at (800) 822-4342 or visit the web site at [www.americanfenceassoc.org](http://www.americanfenceassoc.org).



# KOUNTY KETTLE

"The following recipes are reprinted from Irene Hayes cookbook "What's Cooking for the Holidays."

## BROCCOLI SOUP

Combine in large heavy cooker:  
4 (10 3/4-oz.) cans chicken broth (or 2 large cans)  
Equal amount of water (as broth)  
2 (10-oz.) pkgs. frozen chopped broccoli  
5 or 6 pared and diced potatoes  
Salt and pepper to taste  
Chopped parsley  
Simmer over low heat 2 or 3 hours. Mash vegetables.  
Serve hot with shredded cheddar cheese.

## U.S. SENATE BEAN SOUP

Soak overnight in water to cover: 2 cups white beans  
Pour off water.  
Add:  
Ham bone (with some meat)  
3 qts. fresh water  
Simmer 1 hour.  
Stir in: 1/2 cup mashed potatoes  
Mix thoroughly.  
Then add:  
1 bunch celery, stalks and tops, chopped fine  
3 medium onions, chopped fine  
1/4 cup finely chopped parsley  
1 pod red pepper (optional)  
1 clove garlic, minced  
Salt to taste  
Simmer 1 hour longer. Remove ham bone.  
Chop up all meat and return to soup. Serves 6.

## JESSE STUART'S CHEESE SOUP

Saute in 1/2 stick butter: 3 onions, grated  
Add:  
3 stalks of celery, chopped (including leaves)  
3 carrots, grated  
Then add:  
3 (10 3/4-oz.) cans cream of potato soup (undiluted)  
2 (10 3/4-oz.) cans chicken broth  
1 oz. American cheese (3 slices)  
8 ozs. sour cream  
Stir in chopped parsley, coarse pepper and bottled hot sauce to taste.  
Simmer 30 minutes. Serves 10 to 12.

## CHICKEN VELVET SOUP

Melt in saucepan: 6 tbsps. butter or margarine  
Blend in: 6 tbsps. flour  
Stir in:  
1/2 cup milk  
1/2 cup light cream  
3 cups chicken broth  
Cook over medium heat, stirring constantly, until mixture thickens and comes to a boil. Reduce heat.  
Then add:  
1 cup finely chopped cooked chicken  
Dash of pepper  
Return to boiling point. Serve immediately. Makes about 5 cups.

## CHICKEN SOUP

Combine:  
1 1/2 cups diced cooked chicken  
2 scallions chopped (spring onions)  
6 water chestnuts, sliced  
1 3/4 cups chicken stock  
Bring to a boil. Simmer, covered, 15 minutes.  
Add:  
1 tbsp. sherry  
Salt and pepper to taste  
Serve very hot. Serves 6.

## SOPA DE LIMA

(Soup)  
Combine in 4-qt. cooker  
5 or 6 choice chicken pieces  
1 onion, chopped  
Add: Salt and pepper to taste  
Cook over medium heat until tender. Keep water above chicken during boiling. Lift chicken from broth. When cool enough, remove from bone. Tear into small pieces.  
Return to broth.  
Add:  
2 bouillon cubes  
1/2 bell pepper, chopped  
1 tomato, chopped  
1 onion, chopped  
Boil until vegetables are tender. Ladle soup into soup-bowls.  
Crumble over soup: Tortillas or fritoes (optional)  
Place a slice of lemon or lime in each serving.

## POTAGE CRESSONIERE

(Soup)  
Saute in large saucepan in 1/4 cup butter:  
1/2 cup chopped onion  
Cook until tender.  
Add:  
3/4 cup water  
1 qt. thinly sliced raw potatoes  
1 tsp. salt  
1/4 tsp. pepper  
Simmer until almost tender.  
Cut into 1/8-inch lengths: Stems from 1 bunch of watercress  
Chop leaves coarsely. (Reserve half of leaves for garnish.)  
Add to potato mixture:  
Watercress stems and half the leaves.  
1 1/2 cups water  
1 1/2 cups milk  
Cook over medium heat for 15 minutes. Place mixture in blender and puree. Return to saucepan and reheat.  
Blend together:  
2 egg yolks  
1/2 cup heavy cream  
Gradually add to soup. Cook, stirring constantly, until slightly thickened. Garnish with remaining watercress leaves.

## PHYLLIS' TURKEY-NOODLE SOUP

Place left-over turkey from 15 to 20 lb. bird in 8-qt. kettle or Dutch oven.

Add:  
1 cup chopped onion  
1 cup chopped celery  
7 chicken bouillon cubes  
1/2 cup chopped celery leaves  
1 bay leaf  
5 qts. water  
1 tsp. salt  
1/4 tsp. pepper  
Cover and heat to boiling. Reduce heat. Simmer 1 hour.  
Cover and heat to boiling. Reduce heat. Simmer 1 hour.  
Remove turkey and allow to cool.  
Then add to vegetables in kettle:  
1 cup green beans, cut  
1/2 cup chopped parsley  
1 cup peas  
1 cup sliced carrots  
Heat to boiling. Reduce heat and simmer 10 minutes or until vegetables are tender. Remove meat from bone.  
Return meat to kettle. Heat to boiling.  
Add: 4 cups fine egg noodles  
Cook, uncovered, 10 minutes  
Melt in small skillet: 1/4 cup butter  
Stir in: 1/4 cup flour  
Cook over low heat, stirring constantly, until flour is browned. Stir into boiling soup. Return to boiling and stir until well mixed. Reduce heat and simmer 5 minutes. Makes 5 qts.

## DANISH SOUP

Combine in saucepan:  
1 cup crab meat or small shrimp  
1 (10 3/4-oz.) can tomato soup  
1 (10 3/4-oz.) can pea soup  
1 cup cream  
Mix thoroughly. Heat through.  
Add:  
2 tbsps. sherry or Worcestershire sauce  
Salt and pepper to taste  
Serve immediately. Serves 4.

"The following recipes are reprinted from the Northeast Area Extension Homemakers' new cookbook "From Our Table to Yours." The cookbook can be purchased for \$12 from any area homemaker or by calling Theresa Scott at 886-2668.

## SOUR CREAM CORNBREAD

Majel Rice  
Hilma Willis  
Maloneton Homemakers  
Greenup County  
1 c. sour cream  
1 sm. (8 1/2-oz.) can cream-style corn  
2 eggs  
1/2 c. Crisco oil  
1 c. self-rising meal  
2 tsp. baking powder  
Mix first 4 ingredients. Add dry ingredients to mixture.  
Bake in iron skillet 30 minutes at 400°.

## RUTH'S SOUR CREAM CORNBREAD

Joan Litteral  
Argillite, KY  
1 c. self-rising meal  
1 c. sour cream  
1/2 c. oil  
1/2 c. canned cream-style corn  
3 eggs  
Preheat oven to 450°. Grease and preheat a large cast iron skillet (use 2 tablespoons oil). Mix all ingredients in a large bowl by hand. Put in prepared skillet and bake until browned, about 20 minutes. Bread can be baked at 400° for 25 minutes. Other pans may be used, but cast iron gives best results. Preheating helps with browning and should not be skipped.

## SOUTHERN BANANA BREAD

Ruby Jean E. Smith  
Pike County  
1 c. sugar  
1 1/2 c. all-purpose flour  
2 eggs  
Pinch salt  
1 stick margarine, melted  
3-4 very ripe bananas  
1/2 c. chopped pecans  
1 tsp. soda  
Beat eggs. Add sugar and melted margarine. Beat bananas and add to mixture. Add flour, soda, salt and nuts. Mix well. Pour in 2 standard loaf pans lined with waxed paper. Bake at 350° for 1 hour.

## BAKED BARBECUE PORK CHOPS

Brenda Kilgore  
Pike County  
1 c. onion  
1/4 c. salad oil  
1 c. water  
3/4 c. ketchup  
1/3 c. lemon juice  
3 T. sugar  
2 T. Worcestershire sauce  
1 T. mustard  
2 tsp. salt  
5-10 pork chops  
Layer all ingredients in a baking dish and bake 30 minutes at 400° till done.

## PORK RIBS WITH KRAUT

Ellene J. Sword  
Pike County  
4 lbs. pork ribs  
1 lg. onion, chopped  
1 green pepper, chopped  
2 cans kraut  
1 tsp. pepper  
Cook ribs in 3 cups water in large saucepan for 1 1/2 hours or until tender. Add remaining ingredients. Cook for 15 minutes longer. Yields 6 servings.

## SPARE RIBS

Pauline Ross  
Greenup County  
1/4 c. flour (all-purpose)

1 1/2 c. barbecue sauce  
1/2 c. chopped onion  
1/2 c. chopped green pepper  
3 1/2 lbs. pork spareribs, fat trimmed  
1 lg. (14 x 20-inch) oven cooking bag  
Preheat oven to 325°. Shake flour into the cooking bag.  
Place into a 13x9x2-inch baking pan. Add barbecue sauce, onion and green pepper. Squeeze bag to blend ingredients. Cut ribs into serving size pieces. Place in bag. Turn bag to coat ribs with sauce. Arrange ribs in even layer, close with nylon tie. Make 6 (1/2-inch) slits in top of bag. Bake 1 1/2 hours or until tender. Makes 4-6 servings.

## CREAMED CHICKEN BREAST

Ellene J. Sword  
Pike County  
4 whole chicken breasts, split, boned and skinned  
8 (4x4-inch) slices Swiss cheese  
1 (10 3/4-oz.) can creamed chicken soup  
1/4 c. white grape juice  
1 c. herb farm stuffing mix, crushed  
1/4 c. melted butter  
1 sm. can mushrooms  
Arrange chicken in lightly greased 13x9x2-inch dish. Top with cheese. Combine soup and grape juice, stirring well. Spoon over chicken, small can mushrooms, then sprinkle with stuffing mix. Drizzle butter over crumbs. Bake in 350° oven for 45-55 minutes.

## OVEN CHICKEN PARMIGIANA

Brenda Kilgore  
Pike County  
3/4 baking mix  
1/2 c. grated Parmesan cheese  
1 tsp. paprika  
2 1/2 to 3 1/2-lb. fryer chicken, cut-up  
1 (5-oz.) can evaporated milk  
1/4 c. butter or margarine  
Mix baking mix, cheese and paprika. Dip chicken into evaporated milk; coat with cheese mixture. Place skin sides up in ungreased rectangular pan, 13x9x2-inch; drizzle with margarine. Bake until done, about 1 hour. Makes 6 servings. Preheat oven to 350°.

## SERAPPLE

Gerry Bradley  
Upper Stinson Club  
Carter County  
1 1/2 c. yellow meal  
1 lb. pork sausage  
1/2 tsp. dried sage leaves  
1/2 tsp. salt  
1 T. chopped parsley  
1 (10 3/4-oz.) can condensed chicken broth  
In a small bowl, blend together meal and 1 cup water. In a large pan, combine sausage, sage, salt, parsley and chicken broth. Gradually stir in 2 cups water, being careful to separate sausage into fine pieces. Bring to a boil. Slowly add meal to boiling mixture. Stir constantly. Reduce heat, simmer uncovered 15 minutes. Turn into a loaf pan. Cool and refrigerate and cover. Slice and fry. Good with eggs.  
County Kettle, 10/13

The following recipes are reprinted from the Northeast Area Extension Homemakers' new cookbook "From Our Table to Yours." The cookbook can be purchased for \$12 from any area homemaker or by calling Theresa Scott at 886-2668.

## TOFFEE-SPRINKLE PRETZELS

Rachel Fankell  
Carter County  
1 (7 1/2-oz.) pkg. almond bricicle chips  
12 oz. chocolate candy coating, chopped  
1 1/2 c. chocolate chips  
1 (10-oz.) pkg. sm. pretzel twists  
Melt candy coating and chocolate chips in a heavy medium saucepan over low heat. Remove from heat (if chocolate begins to harden, return to heat). Drop several pretzels at a time into chocolate, stirring to coat. Transfer pretzels to a baking sheet lined with waxed paper. Before chocolate hardens, sprinkle bricicle pieces over pretzels. Chill 2 hours. Store in an airtight container in a cool place.

## HOLIDAY PICKLES

Helen Perry  
Carter County  
1 qt. dill pickles  
1 1/4 c. sugar  
2 T. dried onion flakes  
1 tsp. celery seed  
3 T. vinegar  
Drain pickles, discard liquid. Slice each pickle lengthwise into quarters. Repack pickle strips in jar, add remaining ingredients alternately with pickles. Cover; let stand at room temperature for 1 day. Shake jar frequently to dissolve sugar. Jar will be about 2/3 full of liquid, and pickle strips will be crisp. Refrigerate.

## CARAMEL CORN

Joleen Ramey  
Carter County  
7 qt. popped corn  
2 c. brown sugar  
1/2 c. white corn syrup  
1 tsp. salt  
1 c. margarine  
1/2 tsp. baking soda  
1 tsp. vanilla  
In a large pan, combine sugar, corn syrup, salt and margarine. Bring to a boil and boil gently, stirring constantly for 5 minutes. Remove from heat, add soda and vanilla. Stir quickly and pour over popped corn in large bowl. Stir well, until popcorn is coated, then pour on cookie sheets and bake at 250° for approximately 1 hour. Stir occasionally. Cool and break into pieces. Store in airtight container.

## SELF-RISING FLOUR

Cheryl Fultz  
Carter County  
4 c. flour  
2 T. salt  
2 T. double-acting baking powder

Mix all together and store in airtight container. Use soon. Makes 1 pound.

## AUTUMN POPCORN MIX

Rachel Fankell  
Carter County  
24 c. popped popcorn  
1 c. butter or margarine  
2 c. firmly packed brown sugar  
1 tsp. vanilla extract  
2 (12 1/2-oz.) pkgs. candy corn  
2 c. pecans  
1 tsp. salt  
1/2 c. molasses  
1 tsp. apple pie spice  
1/2 tsp. baking soda  
Preheat oven to 250°. Combine popcorn and pecans in a lightly greased large roasting pan. In a large heavy saucepan, melt butter over medium-high heat. Stir in brown sugar, molasses and salt. Stirring constantly, bring mixture to a boil. Boil 5 minutes without stirring. Remove from heat; stir in vanilla, apple pie spice and baking soda (mixture will foam). Pour syrup over popcorn mixture, stir until well coated. Bake 1 hour, stirring every 15 minutes. Spread on lightly greased aluminum foil to cool. Sprinkle candy corn over popcorn mixture. Store in airtight container. Yield: About 30 cups.

## GRANDMA'S LYE SOAP

Dora Slone  
Floyd County  
4 cans lye  
8 gal. water (rain water or melted snow)  
1 box Borax  
16 lbs. meat drippings (rendered from pork)  
Place all in large cast iron kettle and boil for 1 hour. Turn into shallow crocks. Cool and the next day, cut into bars.

## HOT CHEESE PENNIES

Helen Perry  
Carter County  
1/4 lb. butter, soften (1 stick)  
1/2 lb. grated sharp Cheddar cheese  
1/2-lb. pkg. dried onion soup mix  
1 1/2 tsp. salt  
1 c. flour  
Cream together butter and cheese. Work in flour, salt and onion soup mix. Mix well and form into a one-inch thick roll. Refrigerate several hours or overnight. Slice into 1/4-inch thick rounds and place on an ungreased cookie sheet. Bake at 375° for 10 minutes or until golden brown. Serves 6-8.

## MICROWAVE CARAMEL POPCORN

Jane Tackett  
Johnson County  
Brown paper bag  
6 qt. popped corn  
1 c. brown sugar  
1/2 c. margarine  
1/4 c. light corn syrup  
1/4 tsp. salt  
1 tsp. baking soda  
Put popcorn in bag. Combine brown sugar, margarine, corn syrup and salt in a 2-quart measure. Microwave 2 minutes on high; stir, microwave 2 more minutes on high. Add 1 teaspoon baking soda. Stir. This very hot mixture will foam up when stirred. Immediately pour hot mixture over popcorn in bag. Close bag and fold top over 2-3 times. Shake bag well to coat popcorn. Microwave on high for 1 1/2 minutes. Shake bag well. Microwave another 1 1/2 minutes. Again, shake bag well. Return to microwave for 1 more minute on high. Pour contents of bag onto large piece of waxed paper. As it cools, break apart clumps of popcorn. Store in an airtight container.

## HOG DOG SAUCE

James R. Shepherd  
Floyd County  
1 1/2 lbs. ground beef  
1/4 tsp. red pepper  
1/2 tsp. paprika  
3/4 tsp. chili powder  
8 oz. ketchup  
1/2 c. water  
3 T. dry onions  
Salt & pepper  
Brown and drain ground beef. Combine with other ingredients. Cook on medium heat, uncovered, until desired consistency.

## BOLOGNA SALAD SANDWICHES

Wilma Wells  
Carter County  
1 1/2 lbs. bologna or ham, ground  
3/4 c. sweet pickle relish, well drained  
3 T. chopped onion  
1 T. Worcestershire sauce  
30 slices bread  
15 slices process American cheese  
Lettuce leaves (opt.)  
Mayonnaise (as needed)  
In a bowl, mix bologna, mayonnaise, relish, onion and Worcestershire sauce. Use about 1/3 cup of the salad for each sandwich and top with a slice of cheese and lettuce if desired. Salad will keep for 4-5 days in refrigerator.

## HOT DOG SAUCE

Joleen Ramey  
Carter County  
2 lbs. ground beef  
1/4 c. oil  
1 lg. onion, chopped  
1 (15 oz.) tomato sauce  
2 (6 oz.) tomato paste  
1 tsp. garlic powder  
1 tsp. pepper  
2 tsp. salt  
2 bay leaves  
5 T. sugar  
1 tsp. vinegar  
Mix all ingredients together in pan on stove or in crock-pot. Cook on medium for 2 hours or longer.



# The Floyd County Times Classifieds

DEADLINES: WEDNESDAY PAPER, NOON MONDAY - FRIDAY PAPER, WEDNESDAY 5 P.M. - SHOPPER and SUNDAY, WEDNESDAY 5 P.M.



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The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

**FOR SALE**

**Autos**

**1988 S-10 BLAZER:** Sunroof, power windows, AC. \$2000. 886-9959.

**1985 FORD LTD:** Also 11' cab over camper, 886-6836.

**CHEVY S-10 PICKUP:** With camper top. 874-2818.

**'97 S-10:** Ext. Cab, LS Package, 29K miles, 4.3, auto., air, '98 F-150 4x4, Ext. Cab, 3-door, 15K miles, Ext. warranty. Extras on both. 886-9527.

**1999 MERCURY COUGAR:** Fully loaded, tinted windows, Auto.- Brand New! Call 285-0166, serious inquiries only.

**CARS FROM \$29/MO!** Police impounds and tax repos. For listings call now! 800-319-3323 ext. A919.

**1986 CHEVY TRANSFER VAN:** 16 passenger. Very low miles. \$7,000. 886-1832 or 886-1237.

**Books**

**EAST KENTUCKY'S LARGEST SELECTION OF NEW & USED BOOKS,** including Floyd Co. Kentucky History and History of Families of Knott Co. Kentucky Published by Turner Publishing Co. Call 606-789-3592 or visit Words' N Stuff at the intersection of Ky Rt 1107 & 302, at Van Lear, KY.

**Sale/Misc.**

**SHAKER STYLE BABY BED:** With mattress. White oak, like new. 886-2137.

**ATTENTION!!! ATTENTION!!!** Video Store Selling Out! 100 new title releases. 800 older previously released titles. All in excellent condition. \$5,000 for all. Some are children titles no longer available, some shelving and other video supplies included. Serious inquiries call (606)587-1130.

**SMALL GROCERY STORE BUSINESS:** For more info call 886-2873, 8 am-5 pm.

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**HOUSE FOR SALE OR RENT:** Left fork of Little Paint. 3 BR, 2 BA. Call 889-0780, after 4 pm.

**Motorcycle / ATVS**

**4-WHEELERS, MOTORCYCLE:** Repairs & parts new & used. Will ship anywhere u.p.s. Gobles Marine. 886-3313.

**'99 HONDA TRX300E:** Call 874-4552, leave message.

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**10% off everything in Store** during the month of January. **New & used** furniture & appliances reduced to unbelievable prices. Mattress sets starting at \$99, Living room suits \$399, dinettes \$149. Large selection of used furniture & appliances, such as: stoves, refrigerators, washers & dryers. **SHOP WITH US & SAVE!!** RT. #122, McDowell. Call 377-0143.

**PROPERTY FOR SALE**

**Mobile Homes**

**PURCHASE A NEW SINGLE WIDE** for as little as \$499 down, a doublewide for just \$999 down, with approved credit. Call 1-888-999-7410.

**OVER STOCKED!** We have way too many used homes in inventory! These homes must go now! No offer Refused! Many nice homes to choose from, Hurry! Easy Terms - Low Down Payments - Low Monthly Payments! (606)478-4530.

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**LOOKY HERE!** All Display Models Reduced: '98 Doublewides, \$500 over Invoice! '99 Doublewides, \$750 over Invoice! '98 Singlewides, \$250 over Invoice! '99 Singlewides, \$500 over Invoice! You would have to be a Dealer to beat these prices! Hurry before they are all gone!  
**Southern Energy Homes of Ivel** 478-4530

**14X70 2 BR 2BA** new furnace & water heater. A nice front porch. Can be left on rented lot. \$7,900. Call 874-0947 or 498-3794.

**STARTER HOME!** Beautiful New 14' wide with a front kitchen, lots of cabinets, 2 big bedrooms, Bay windows, Glamour Bath, Washer & Dryer, Central Air and Underpinning! All for only \$181 per month with a small down Pmt. 478-4530.

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**WINTER SPECIAL!** 2000, 5 BR, 2 BA doublewide. Only \$39,995 or \$269 per month! 478-4530.

**WE'LL TAKE YOUR USED MOBILE HOME** on trade. Lots of new models to pick from. Call 1-888-999-7410.

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**BUY A MOBILE HOME,** Single or Doublewide, and we'll make the first 3 payments. Call 1-888-999-7410.

**KENTUCKY MOBILE HOME DEALER:** Repo Lot. We buy & sell used trailers. Financing Available. **CRUM'S MOBILE HOME MOVING SERVICE:** Insured with permits. 886-6665 Fax 889-9662.

**Real Estate**

**4 BR, 2-STORY HOME:** In Wayland. Nice big fenced in yard & driveway, new roof. \$26,500. 358-4079.

**3 BR HOUSE:** unfinished second floor, 2 BA, garage, acre lot. 886-8366.

**3 BR HOUSE:** 2 decks, central air & heat pump, sets on large lot. Located at 137 Bryant Br., Price, Ky. \$36,000. 606-561-9270.

**HOUSE, LOCATED IN PAINTSVILLE:** Country setting, 2 miles from shopping center, built in 1992. 3 BR, 2 BA, Lg. Kit. with separate dining, dishwasher, range, ref., 2-car garage, 23 acres. \$113,000. 297-5464.

**2 BR HOUSE:** Prestonsburg. 606-743-7979.

**HOMES FROM \$5,000:** Forclosed and repossessed. No or low down payment. Credit trouble O.K. For current listings, call 1-800-311-5048 x 3908.

**BRICK HOME:** Abbott Cr. 2 BA, lg. kit, 2/3 BR, patio, fen. bkyd., 12x18 stbd. 606-358-9380.

**PROPERTY FOR SALE:** At Stanville, Ky., on Mare Cr Rd. One-30 acre track and 1-1/2 acre lot. Owner will finance. 606-478-4450.

**COMMERCIAL RENTAL:** Nice lot with 2 buildings & mobile home. Excellent location, Allen. Call 874-8978 evenings.

**PROPERTY FOR RENT**

**Office Space**

**BRICK OFFICE BUILDING FOR RENT:** On Hwy 23, halfway between Prestonsburg & Pikeville. 5800 square feet. Ample storage and parking. ideal for insurance agency, claims office, administrative office, accounting or Legal. Call toll free 877-404-1445.

**OFFICE SPACE:** Downtown Prestonsburg, beside courthouse. 886-6362.

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**FOR LEASE:** Large Commercial Building. Retail or Office use. Available July 1st. On N. Lake Dr., P'burg. 606-745-1556.

**Apartments**

**1 & 2 BR APTS:** Newly decorated, totally furnished. Util. paid, except gas. Dep. & ref. req. Call M. S. at 349-5135 or 349-7285 & leave message.

**1 BR FURNISHED APT:** McDowell. \$225 + utilities & security deposit. HUD acc. 377-6881.

**3 BR DUPLEX (Like New):** 1 BA, central heat & air. Located on Rt. 1750. \$350. 788-0064 or 886-0064.

**2 BR DUPLEX:** 624A N. Arnold Ave., Prestonsburg. Appliances furnished; central heat & air. Rent + utilities, deposit required. Washer/dryer hook-up 886-6460.

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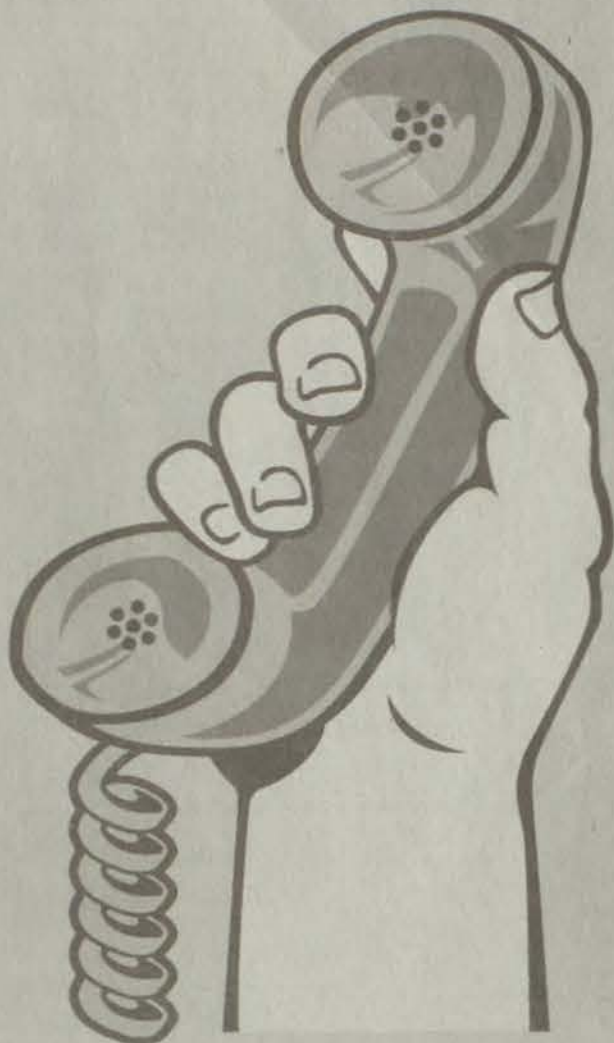
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**The Floyd County Times**

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**TOMORROW**



# Sports *Plus*

Ed TAYLOR

Sunday  
January 23, 2000

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■ Dance Cats  
Champs Again!  
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Supplement  
to the  
Floyd  
County Times





# From the... PRESSBOX

by Ed Taylor



COACH JOHNNY TURNER is preparing his team for the final 11 games of the regular season as the Eagles are the top pick in the 15th Region. (photo by Ed Taylor)

## Turner optimistic as the last weeks unfold

by Ed Taylor  
Sports Editor

The high school basketball season is just over three weeks away from ending its regular season but there will be plenty of basketball left as the districts, regional and state tournaments unfold in late February and early March.

The 15th Region has seen a year of surprises but for one coach and his team, it was the expected norm.

Coach Johnny Ray Turner has his Johnson Central Eagles flying high as the number one team in the 15th Region and the Eagles are unbeaten through nine meetings with other regional teams.

For Coach Turner, the success this season for his team against other regional teams has been a surprise, but a pleasant one.

"That is something you never really think about going into a season," said the Golden Eagle coach. "I am sort of surprised a little bit. It is tough to keep the intensity and the motivation night in and night out."

Up until now, the Eagles have been able to do that with some of the top players in the region dotting the Eagles roster. This is a veteran Johnson Central team with eight seniors.

Coach Turner is hoping the good success his ballclub has found will continue.

"We would like to win out," he said. "But they say a loss is good for you. We have had a lot of losses over the years and we have learned a lot from them. We also have learned from our wins. If we lose in the rest of the season, we will take it in stride, go on and prepare for the postseason."

Coach Turner has won the respect of Johnson Central fans, faculty and the players. His success has been documented from his good teams at old McDowell High School. Turner said he has do a little preaching once in awhile.

"I preach to them (his team) every day in practice and off the court and tell them that the last game they (seniors) play is going to hurt. When it is your last game you are going to miss the other players. I try to emphasize to them 'You are a senior and every game is important.'"

The Johnson Central coach has always been a motivator and seems to get the job done on the court without a lot of shouting, raving, pointing at referees. He said this year's team is a "dream team."

They are a dream to coach," he said. "The average GPA of this group is 3.5. You don't have to repeat anything," said the Eagle mentor. "You go out there and show them one time. They know what you are talking about. They understand the game of basketball and they care for each other. This team just loves playing basketball together."

Coach Turner and the Eagles have faced a strong schedule this year. He feels that it has been a season where his team has matured some.

"I feel like we have played a good schedule," he said. "In getting ready for the district tournament, we did well in the two tournaments we played in (WYMT Classic, Clarence Rice Invitational). I feel like we had a good field of teams in our own invitational. We have played some of the toughest competition in the 15th Region."

In years past, the 57th District was thought to have been the weakest of the four districts that make up the region. And Coach Turner admitted that was his mindset until he came to the 57th.

"When I was at McDowell I used to feel like Floyd County was the toughest district," he said. "It was always tough to get out of that district to the regional tournament."

"When I came here, I suppose it is just the perspective you're looking at. Paintsville was a dominating team for several years. You had to be good to compete in this district. I feel right now this is one of the toughest districts. It will change from year to year."

"That is not to say the other teams are patsies. The other teams in the region are going to be competitive come tournament time."

Coach Turner used the old cliché, "You can throw the records out the window" when it comes tournament time.

"For several years Paintsville and Magoffin played each other in the finals of the regional tournament. That speaks well for the 57th District. When we were drawing for the district tournament, we drew Paintsville, so it seemed. But now that we are seeding, we ended up having to play them anyway."

Coach Turner believes in his team and its ability to make it to Rupp Arena.

"Well, I think this team is capable of making it to the Sweet Sixteen," he said. "I think they have the desire and the work habit. They have the togetherness and experience. We just have to go out and get the job done."

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# Inez, Pikeville, Paintsville won most regional's

by Ed Taylor  
Sports Editor

What school has won more 15th Region championships than any other school?

What team won the regional title but is not a member of the 15th Region today?

Good questions!

The old Inez High School, located in Martin County and now Sheldon Clark High School, won nine regional championships. But so did the Pikeville Panthers and

Paintsville Tigers. If you add the one that Sheldon Clark won in 1983, then you could score 10 for the folks in Martin County.

Outside of the Inez Indians, the only other team to win a state championship from the 15th Region was Bill Mike Runyon's Paintsville Tigers in 1997.

Paintsville won seven regional titles under Coach Runyon. Those all came in streaks. The Tigers won in '85, '86, '87 with players like John Pelphrey and Joey Couch.

But from 1994 to 1998,

the Tigers dominated the region with four consecutive titles with great players like Craig Ratliff, J.R. Vanhoose and Todd Tackett.

Old Virgie High School was the first regional champion back in 1932 when the Eagles defeated Pikeville 20-16 in a barn-burner. Virgie would end up winning seven regional titles before consolidation took them out.

Virgie won three straight titles from 1977 until 1979. Todd May and Rodney Rowe led the Eagles.

After being dethroned in

by Betsy Layne and Coach Junior Newsome in 1980, Virgie returned to the title games with championships in 1981 and '82 under Coach Bobby Osborne.

The Inez Indians reign began in 1934 when they won four straight titles, they won over Maytown and then captured two from Betsy Layne before winning over Paintsville in the championship game in 1937.

What team won the regional title but is not a member of the region today?

Frenchburg snapped the Inez Indians' streak by defeating Pikeville in 1938 in a blow out, 28-16. After the short reign of Frenchburg, Inez returned to reel off three more titles consecutively from 1939 to 1941.

The last title for Inez came in 1954 with a win over Pikeville.

Elkhorn City was the top regional team from 1943 to 1945 with three straight championships.

From the early '60s

Floyd County teams began to dominate the regional tournaments with teams like Garrett, Wayland, McDowell, Martin and Maytown, and later Wheelwright, taking charge.

The regional tournament this year will be hosted by Allen Central. Likely winners include, yes, Paintsville. But don't count out the South Floyd Raiders and Johnson Central Eagles.

It has been good talking around the water cooler. Have a good sports day!



## Alice Lloyd College Eagles 1999-00 Men's Basketball Schedule

JANUARY			
27	Milligan College	Away	7:30
29	Tennessee Wesleyan	Home	6:00
FEBRUARY			
3	King College	Away	7:30
5	Temple Baptist	Home	4:00
8	Clinch Valley	Away	7:30
10	Pikeville College	Home	7:30
12	Covenant College	Home	7:30
15	Virginia Intermont	Away	7:30
17	Milligan College	Home	7:30

February 23-26 T.V.A.C. Tournament  
Conference games in bold print.

## PIKEVILLE COLLEGE WOMEN'S BASKETBALL SCHEDULE

JANUARY			
Mon. 24	Bluefield	Pikeville	6:00
Wed. 26	Transylvania	Lexington	5:30
Sat. 29	Spalding	Pikeville	2:00
FEBRUARY			
Thur. 3	U.Va.-Wise	Pikeville	5:30
Sun. 6	Indiana-Southeast	New Albany, Ind	1:00
Tues. 8	Cumberland	Williamsburg	7:00
Sat. 12	Lindsey Wilson	Pikeville	3:00
Tues. 15	Union	Barbourville	7:00
Sat. 19	Brescia	Pikeville	3:00
Tues. 22	Georgetown	Pikeville	7:00
Sat. 26	Spalding	Louisville	1:00

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# Colleges covet Prestonsburg's Music



## Sophomore has accumulated

by Ed Taylor  
Sports Editor

Music: "The art and science of combining vocal or instrumental sounds or tones in varying melody, harmony, rhythm and timbre, so as to form structurally complete and emotionally expressive compositions."

In our world, there are many different sounds of music. Some like the sound of a waterfall, or the singing of birds, the playing of instruments. All that is "music to the ears!"

But for a young lady who has known nothing much in life but the game of basketball, Prestonsburg's Ramanda Music is making a different kind of sound — that of "string music."

Music is the much sought-after forward that colleges around the country are seeking. Today she is one of the more coveted players in Kentucky, but she is only a sophomore.

Already a recipient of numerous awards that started being

heaped on her when she was in grade school, Ramanda Blackcat just wants to get better and better.

"I love the game of basketball, and I put a lot of time and effort into it. School, basketball, that pretty much describes my life. I love playing the game and I just hope I can do well with it."

To find the beginning of an already successful career, you have to go back to the days when she was in first grade at Clark Elementary and the days when her father, Kenny Music, took her to the Arroyo games.

"I always followed my dad when he went to the park," she said. "I got interested in basketball when I would sit around and watch the game. I just started playing when I was in middle school. I am playing in high school."

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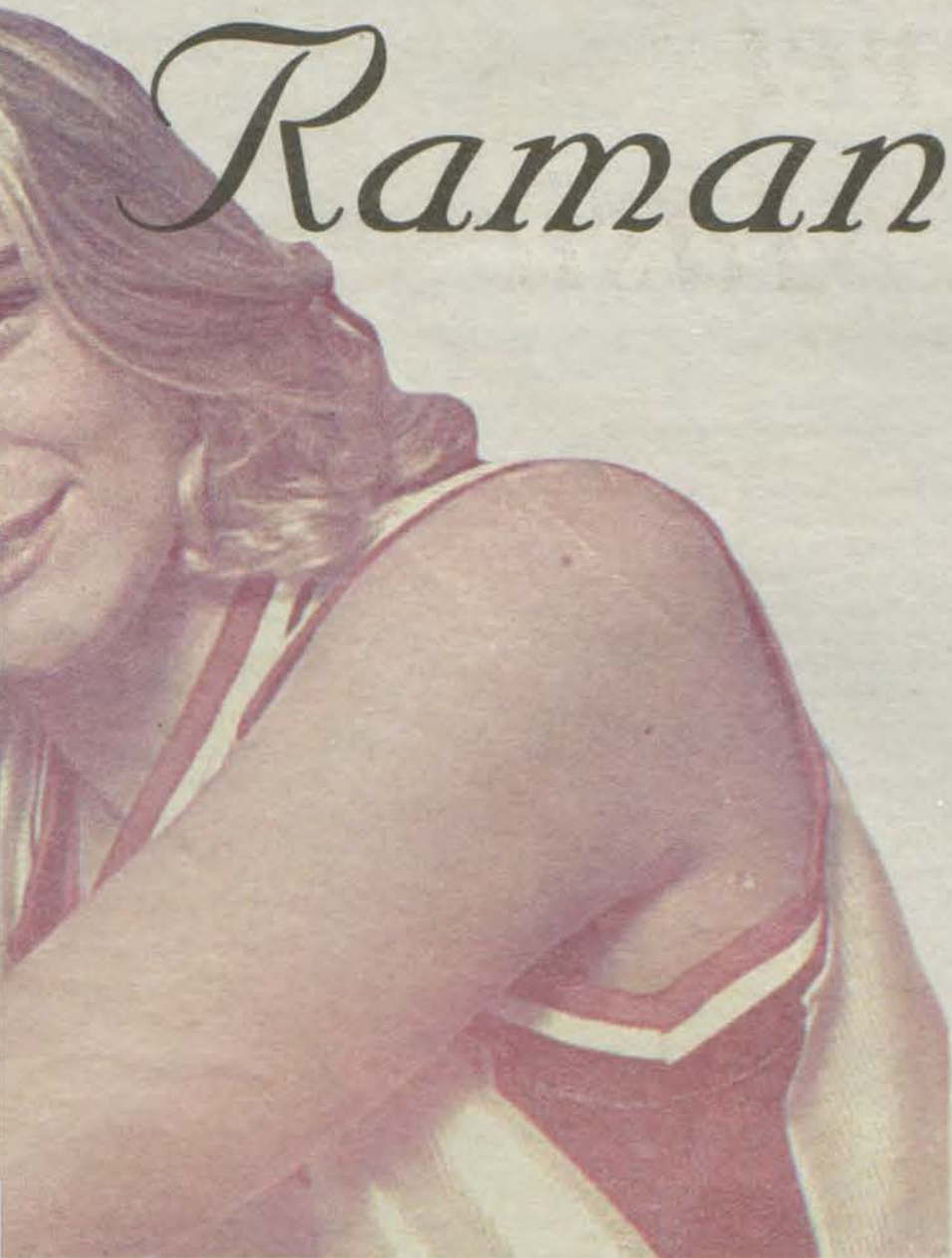
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# Ramanda Music



## numerous awards already

ade school, the 5-11 Lady  
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" she said. "I put a lot of  
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that I can continue doing

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n he would play over at the  
in playing basketball. He  
nes at home and I did too.  
the fourth grade and now

Music is hoping that her basketball career does not end after she leaves high school but is hoping to continue at the next level at a college and hopefully the next level after that.

"My goal in life is to go to college," she said. "And I even want to play pro basketball. I hope I can. Maybe it will happen if I keep working hard."

It has been a difficult season for Music after losing her grandfather this past summer. The loss has weighed a lot on the young player's mind, but she has proven to be able overcome and seems to have put the season in focus and just wants her team and teammates to do well this season.

"I would love for this team to go to the state tournament," said Music, who made the trip last year with the Belfry Lady Pirates. "It is great down there. I loved it. It was a pleasure. It is exciting. I just want to go down there and win a game this

See Music, page six

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# Music

(continued from page five)

time. It is good experience."

Last year, Music was named in the Who's Who in Sports. She has been named to all-district and all-regional teams, as well as being named Honorable Mention All-Stater as a freshman.

Prestonsburg is the third high school for Music. Her high school career began when she came up from Allen Elementary and played some varsity ball as a seventh-grader.

"I didn't play that much, just a few games."

Her eighth-grade season, at Allen Elementary, Music combined to play for the Lady Eagles as well as start in the middle for the Allen Central Lady Rebels. She led Allen to a county championship and kept the road hot, moving from one game to change uniforms and play a high school game.

Disillusioned, Music attended Belfry High School her freshman season, where she played for Cindy Halbert, who had the reputation of building championship programs. Music was not disappointed. Belfry won the girls 15th Region and went to the Sweet Sixteen last year.

With the hardship of commuting to Belfry every day for school, Music

decided to return to the high school she had started with in 1999 and enrolled at Prestonsburg, waiting to be ruled eligible to play for the Lady Blackcats.

With the presence of Music on the Prestonsburg roster, it was clear the Lady Blackcats would be loaded and definitely the team to beat in the 15th Region. But for Prestonsburg, success has not come easy, even with all the talent. The Cats struggled early in the season and are currently 10-6 on the year.

"Everyone had high hopes for us this year," said Music. "We have a lot of talent on this team and we had to adjust to how we use that talent."

Music rejoined old grade school teammates like Amelia Conley, Brook Coleman and Rachel Mitchell at Prestonsburg.

"Amelia, Brook and Rachel and I played in grade school," she said. "We knew each other on the floor. But we had to adjust to certain things this season. When you have a lot of talent like that you are going to have a lot of scoring and a lot of rebounding from everyone."

Music realized that for her team to succeed it was necessary for all the players

play as a team. She was willing to make that adjustment in her game so that the team effort would be there.

"We have improved a lot since the season began," said Music. "With volleyball, we didn't get started on our conditioning. But after some adjustments, the chemistry is better."

Music pointed to the recent win the Lady Blackcats enjoyed over regional rival Johnson Central.

"There we worked together real well," she said. "Our ball movement was good and our defense has really come along."

Prestonsburg has not been at home much this year (twice all season) and Music said playing in front of the "home folks" would be a welcome change.

"It has been disappointing not playing many home games," she said. "You always want to play at home in front of the home crowd. We have been on the road all season and when you go on the road, the competition is greater. Hopefully, we will get a better schedule next year."

While Music has had a great early career, still there have been disappointing times.

"I guess the biggest disappointment would be last year when I hurt my arm as a freshman," she said. "That held me back a lot. I had to build my strength back up."

Music said that her plans after this season are to hit the weightroom in an attempt to get stronger.

To say that her father has been an influence on her career would be an understatement. Kenny has been the motivator, instructor as well as being a father.

"Dad is always teaching me. He will tell me 'Don't block shots, don't block shots.' I try to listen to him."

Music realizes that her presence on the court is more important than on the bench in foul trouble.

"Amelia is the shot blocker," said Music. "She is so strong in the legs and she can jump. She gets a lot of clean blocks. But they are still going to call some fouls if they are clean or not."

In grade school, Ramanda had always been "head and shoulders" above the other players.

"I have always had the height advantage when I was in grade school," she admitted, "but that has caught up with me in high school. Everyone is the same size now."

Music said that changing schools has its drawbacks and there have been times of frustration.

"It bothered me a little bit moving around so much," she said. "But I adjusted to it."

Music said the biggest adjustment was friendship. A very friendly and modest person, Music has always been able to accumulate friends. She said leaving those friends and moving on hurt.

"When I went to Belfry I didn't know anyone," she said. "But everyone over there was real tight and got a long real well."

Watching Music run the court and playing her position, you can see the love she has for the game. She has always been a hard worker who speaks highly of her teammates.

Another side of Music that most fans never see is her love for the classroom as well. She has never missed a day of school, but came close to having to decide on school or basketball.

While at Allen Central, the Lady Rebels were heading to Richmond for the All "A" state tournament. While a student at Allen Elementary, Music would have been counted absent had she made the trip to Richmond with the team.

The morning the team was to leave for Richmond, school had been called off because of the weather and Music made the trip to

Richmond and got considerable recognition for her play as a freshman.

One of the colleges whose eye Music caught is the University of Kentucky and Coach Bernadette Mattox. The Ladycats also caught the eye of Music.

"I would like to go to UK," said Music. "I want to go to a school away from home, but UK is really close. I like the school. I like the campus."

Music also has heard from schools such as Tennessee and Eastern Kentucky University, as well as local colleges such as Pikeville and Alice Lloyd.

"I don't know," said Music. "Tennessee, that is everybody's dream. I will just have to wait and see."

Music said that she intends to make the normal summer tour of camps this year.

"Last year I attended some blue chip camps in Tennessee," she said. "There you get a lot of recognition."

While the basketball season begins to wind down, Music is hoping that her team can continue on after the regular season ends and make that coveted trip to the Sweet Sixteen. Until that time she will continue to make sweet "string music" throughout the 58th District and the 15th Region.



THIS BASKETBALL FAN got in the spirit of the grade school tournament and painted his face in support of the Allen Eagles. (photo by Ed Taylor)

## KENTUCKY Wildcats

### 1999-2000 Basketball Schedule

Month	Date	Opponent	Time	TV
January	26	Georgia	8:00	A
	29	Miami, Fla.	1:00	A
February	1	Tennessee	9:00	H
	5	South Carolina	TBA	H
	8	Florida	9:00	A
	13	LSU	TBA	A
	16	Alabama	8:00	H
	19	Georgia	8:00	H
	23	Tennessee	8:00	A
	26	Arkansas	Noon	H
29	Mississippi State	9:00	A	
March	4	Florida	Noon	H

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# TOUCHING BASES

*with Ed Taylor*

## “Batter up!”

The sound of the bat meeting the ball is not that far away as we circle the bases and touch them all with the major league season not that far away.

Baseball has done some things that I don't like and lately the thing that could really hurt the game would be placing all the authority to run the leagues with just one man, Bud Selig.

Major league baseball owners have placed complete and total say so in the hands of the new baseball commissioner and I don't think that is good.

Selig is not for the little teams but for the money people and he will try and cut the little market out if possible. I understand there will not be an American League president or a National League president, except in name only. All operations of both leagues will fall under Selig.

There will no longer be American League umpires or National League umpires, but only major league umpires who will work both in the American and National league games.

Now, if that is the way it is going to be, then don't you think the rules should be the same? The same strike zone, and either both leagues having the DH or not?

Also, Selig will have complete control over teams' television contracts, as well as power to veto trades. I feel that is going a little too far and it makes Selig the most powerful man in baseball and that is not good.

Someone with more of a timid spirit would make a good commissioner, but not Selig who is a very arrogant person, according to past dealings.

Look for major league baseball to continue to take even more of a nosedive and open the door for another competitive league to come in.

Remember in 1994 when the Major League Players Association went on strike and shut down the World Series? I don't feel that major league baseball has recovered from all that.

When the current agreement baseball's management has with the Players Association runs out after this coming season, look for Selig and others to attempt to break the players union and cause havoc in the ranks.

You have to wonder if Selig will ever give Pete Rose a fair hearing in his attempt to be reinstated to the game. As long as Selig remains in power, Rose will remain outside of baseball.

In another story closer to home, Deion Sanders wants to return to the Cincinnati Reds. Sanders has been given a minor league contract and will report to the Reds spring training facilities next month. It is a non-guaranteed contract. Sanders will have to make the club.

Reds fans remember when Sanders played for the Reds before giving up baseball to concentrate more on his football career with the Dallas Cowboys. Sanders has always said he would play for no other major league team other than the Reds.

Mark Portugal returns to the Reds with a spring training contract. He, along with Johnny Ruffin, has been invited to the Reds facility in February.

Even closer to home, the high school baseball season gets under way the latter part of March. Betsy Layne and Allen Central will have new head coaches.

South Floyd, which has captured the sports scene in basketball, may very well do the same in baseball. Coach Barry Hall will field a strong unit this spring.

In women's softball, look for Coach Bridget Clay and the Prestonsburg Ladycats to carry the favorite's role this season in the

district.

Coach Anthony Moore and the Allen Central Lady Rebels will be a strong contender as well.

Betsy Layne, with a new field, could be the team to look at this season, as they will have pitching,

hitting and good fielding.

South Floyd is just a pitcher away from being a contender.

Until the next time, be sure you touch all the bases as you circle them in the game of life. Leave none untouched!



THE SOUTH FLOYD CHEERLEADERS were on hand to support the Raiders in the opening game of the boys' All "A" Classic Tuesday night at Pikeville. (photo by Ed Taylor)

### Louisville Cardinals 1999-2000 Schedule

January			
Thur. 27	CINCINNATI (ESPN)	FREEDOM HALL	9:00
Sat. 29	Saint Louis (ESPN)	St. Louis, Mo.	1:00
February			
Tues. 1	Georgetown (ESPN2)	Washington, D.C.	7:30
Sat. 5	Memphis (ESPN2)	Memphis, Tenn.	7:00
Thur. 10	SYRACUSE (ESPN)	FREEDOM HALL	9:00
Sun. 13	MARQUETTE (ESPN2)	FREEDOM HALL	6:00
Wed. 16	UNC Charlotte (WDRB/WFTE)	Charlotte, N.C.	7:35
Sat. 19	DePaul (ABC)	Chicago, Ill.	1:30
Wed. 23	SAINT LOUIS (WDRB/WFTE)	FREEDOM HALL	8:00
Sun. 27	Cincinnati (ESPN2)	Cincinnati, Ohio	7:30
Tues. 29	SOUTH FLORIDA (WDRB/WFTE)	FREEDOM HALL	7:30
March			
Sat. 4	Houston (ESPN Regional/WFTE)	Houston, Texas	1:00
Wed.- 8	Conference USA Tournament	Memphis, Tenn.	TBA



# Dance Cats — champs again

by Karen Joseph  
Sports Writer

The Prestonsburg Dance Cats headed to St. Louis this past weekend for the fourth year in a row to compete in the ASC National Championship, and once again the local team came home with a National Title.

But it wasn't as easy as it seems to add that fourth national trophy to the team's growing collection.

The dance team first competed on Saturday at St. Louis's legendary Union Station in the preliminary round of the competition. They competed against other high school varsity teams in the pom-pom and jazz categories.

The Dance Cats qualified for Sunday's finals. They placed second in the jazz category and third in the pom category behind Knightline Dance Team of O'Fallon Missouri and West Moore High School of Moore, Oklahoma.

The team was pleased to have made it to the finals but had to figure out how they were going to be able to move

into first place. Saturday's scores were dropped and Sunday's competition began with a clean slate.

The team still had the same routines and the same set of judges that had placed them second and third on Saturday.

The girls quickly got over the disappointment of not qualifying in first place and knew they had to get serious about why they were there if they intended to do better on Sunday.

Team Coach Jody Shepherd said, "The girls did pretty well on Saturday but that wasn't good enough. They just weren't focused and they truly didn't have their hearts in it."

So after Coach Shepherd practiced the girls until almost midnight on Saturday night, the team felt they could come back on Sunday to do what they needed to do.

On Sunday, the Dance Cats headed to the America's Center next to the TWA Dome for Sunday's national finals. Just like the hordes of fans crowding the TWA Dome for the St. Louis Rams playoff game, the Dance Cats were pumped up and ready to claim

a victory, despite the fact that several team members were battling the flu.

The team first took the stage with their pom routine. The team performed like never before, bringing the crowd to their feet.

"I was reduced to tears," Coach Shepherd said. "I was so proud of them. All 20 girls were outstanding. Their faces were lit up and you didn't know who to look at. They really wanted it and it showed."

"When the music stopped, the girls were so excited they couldn't stop jumping up and down. I didn't think they were going to get off the stage."

They knew they had done well, but had they done well enough? They would soon know. Members of the ASC staff who said they were worried after Saturday's performance said, "Now, that's Prestonsburg," after Sunday's showing. They said the Dance Cats looked like a completely different team on Sunday. After performing an equally successful jazz routine, the team gathered to discuss the possible outcome before the awards were announced.



The team leader, Coach Shepherd, said she told the girls after their performance, "No matter the outcome, you should all give each other a pat on the back, because every single one of you have truly done your personal best and the team could not have performed any better and now it is just up to the judges."

Everyone was hoping for the best, but the girls felt so good about their performance that they would have been proud of themselves regardless of how they placed.

Finally, it was time for the awards and although the Dance Cats remained in second place in the jazz category, their pom routine jumped from third to first place, making the team a national champion for the fourth time.

But there would be more good news. The team had tied for the Senior Grand National title with the Memphis Elite All-Stars of Memphis, Tennessee. The grand championship means the Dance Cats' routine had the highest score of any routines performed all weekend, including varsity school teams, as well as varsity all-star teams, which are made up of the best dancers from various schools in an area.

For a school team to equal the score of an all-star team is exceptional.

The Dance Cats went from a group of disheartened girls on Saturday evening to national champs by Sunday afternoon, but they certainly had earned it.

All of them. All of them

can hold their heads high and know that when they pull together as a team and put their hearts into their work, that absolutely nothing is out of their reach. If you want something bad enough it is always possible.

Dance Cat Tess Collins competed in the junior individual competition and placed first in her division, giving the team another national champion. Tess is a freshman at Prestonsburg High School. She received a medal and jacket for placing first in her division.

But there is no rest for this talented group. The Dance Cats are now preparing to compete in the United States Dance and Drill Team Championships, February 12 and 13 in Orlando, Florida.

# Dance Etc. Junior Elite regains title

by Karen Joseph  
Sports Writer

The Prestonsburg Dance Cats may receive a lot of the hype, but there is another group of talented young dancers in the area which can boast of being national champs as well.

The Dance Etc. Junior Elite All-Star Dancers competed in the ASC National Championships in St. Louis this past weekend.

The team is made up of top students from Dance Etc. Studio of Dance in Prestonsburg. Most team members study ballet, tap and jazz weekly at Dance Etc., as well as practicing with the All-Star Team.

The dancers are students in 5th thru 9th grades and represent five counties and eight different schools.

The team won a national title in 1998 but placed third in 1999 and was determined to win back their crown.

They competed in the junior all-star pom and jazz categories. The

girls qualified first in the preliminaries on Saturday, which meant they got to perform last in Sunday's finals, which is good since judges tend to judge the first teams harder to leave room for those coming up.

The team's coach, Jody Shepherd, said, "After preliminaries, I knew they were going to be up there in the rankings. They just did a tremendous job. They had so much energy and the crowd loved them."

Well, they did win back their title. The Dance Etc. Elite took first place in the pom and jazz categories, giving them two national titles, as well as being awarded the Junior Grand National Championship for their pom routine. To receive grand nationals, a group has to score the highest on one individual routine than anyone else scores in all of the competition.

The Elite is now preparing to compete in the cheer and dance America Competition in Orlando, Florida on March 25.

