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Wednesday
December 10, 1999

Section



Volume 72 • Number 120

75 Cents

The Times

FLOYD COUNTY

Serving Floyd County since 1927

Council squabbles over control of golf course

by Randell Reno
Staff Writer

A debate over the creation of a golf course advisory board raged on with the Prestonsburg city council during a special meeting Monday.

The debate over the function of the board became so heated, council member Trent Nairn resigned his position on the city ordinance committee.

A 3-4 vote struck down a motion that would have created a golf advisory board. The board would have been in charge of the general supervision, control of operations and maintenance of the city golf course.

Citing the lack of control over the functions of the Mountain Arts Center, the two sides debated whether to give the board the powers to act alone or to be under the direction of the city council.

Nairn said that he and fellow councilmen Estill Carter, Robert Allen and Billy Ray

Collins had worked long hours to come up with the proposal.

The ordinance would have given the board

"We have created a nightmare at the Mountain Arts Center and I just won't be a part of another."

— Billy Ray Collins.

the power to make day-to-day operating decisions and to make any pertinent move deemed necessary without the approval of the city council including rates, improvements, hiring and rules and regulations of the course.

The problem with that proposal, said member Gorman Collins, is that the council will not have any power to make decisions about the golf course.

Collins told the council that some of the

problems with the Mountain Arts Center could have been avoided if the council had not surrendered its authority to an advisory board.

"Poor management has caused the problems at the MAC," said Bill Collins. "Now are we going to set up another one. We have to have checks and balances in everything that we do, with every board."

Two new proposals, one offered by Gorman Collins and the other by Mayor Jerry Fannin, were presented to council, each giving the council greater power over the course.

"The council will have some kind of balance and control," Bill Collins said. "Absolute power corrupts."

Gorman Collins presented to the council Webster's definition of "advisory," arguing that an advisory committee should do just that. He wanted to amend the original motion by proposing the council create a golf department.

(See Golf course, page three)



Prestonsburg city council members struck down a proposal that would have given a golf course advisory board specific powers during a heated session Monday. Members opposing the ordinance said it did not give the council enough say in operations of the recreational facility. (photo by Randell Reno)

Martin asks judge for project help

by Randell Reno
Staff Writer

Hope for a future new downtown area looms larger for the residents of Martin.

Council members Thomasine Robinson, Rick Caudill, Mahendra Varia and Eugene Hutchinson met with Floyd County Judge-Executive Paul Hunt Thompson Monday to ask for county sponsorship of the city of Martin's flood project.

While Thompson said he could not speak for the fiscal court, he did give the council members a positive word.

"Martin is part of Floyd County," the judge said. "No matter what, we are going to support it. To what extent is the question."

With limited income coming into the Fiscal Court, Thompson could not see a specific way to make the payments for the project, but suggested tapping into the coal severance tax.

"I well realize you all are in a tough spot, like a lot of small towns," Thompson said. "Our budget doesn't go up any. I will recommend to the Fiscal Court to fully fund this project. I'll look into the coal severance tax to see if it can be funded."

Thompson questioned the council about the rebuilding efforts within the project. City Attorney Tim Parker and Big Sandy Area Development District Director Roger Recktenwald told

(See Martin, page two)

Authority OKs sale of industrial site

by Ralph B. Davis
Managing Editor

The Floyd County Fiscal Court is well on its way to owning a new industrial park.

Members of the Floyd County Industrial Development Authority yesterday unanimously approved selling an 11-acre site in Harold to the fiscal court. In exchange, the county will pay off the \$350,000 debt owed on the property.

The site is located along U.S. 23, across from R/S Truck Body.

During the November meeting of the fiscal court, County Judge-Executive Paul Hunt Thompson obtained permission from commissioners to purchase the property.

Commissioners approved

spending up to \$375,000 for the site. Money for the purchase will come from Floyd County's share of coal severance tax money set aside for industrial development.

Thompson, who also sits on the development authority's board, said he expects the purchase to close by the end of January, at which time interest on the authority's note for the property may have pushed the price tag to \$360,000.

Now that the transaction has the blessing of both the court and the development authority, Thompson said the county must now get the Cabinet for Economic Development's approval to release the coal severance funds for the purchase.



Prestonsburg firefighters were called to extinguish a fire at the home of Joe Gearheart on May's Branch in Prestonsburg. Although the fire was contained to the roof and second floor of the structure, the rest of the house sustained heavy smoke and water damage. No one was injured in the incident. (photo by Ralph B. Davis)

One road, one morning, three wrecks

by Randell Reno
Staff Writer

Three accidents with injuries were reported to the Kentucky State Police along Route 379 Sunday morning, two involving vehicles crashing into stationary objects.

About 12:46 a.m., a caller reported to state police that a one-vehicle accident had occurred less than a mile from Harold.

The Floyd County Sheriff's office reported that the accident had involved two vehicles. Nathan Hayes and Elma Caudill had collided in the predawn hours at an apparently slick section of the highway.

Caudill, who is four months pregnant, and her eight-month-old son traveled over the hill inside the vehicle.

The extent of the injuries in the

incident was unknown at press time.

The child, who was uninjured in the incident, was firmly strapped in a child safety seat. Kentucky State Police Trooper Watkins said the baby was laughing with the ambulance crew afterwards.

Sergeant Shawn Roop of the Sheriff's Department worked the scene. He was assisted by the Betsy Layne Fire Department, DHP ambulance service, and Trooper Watkins.

At about 4:22 a.m. Trooper Ronald Peppi was called to the scene of a one-vehicle accident on Rt. 979.

Brent Mitchell, 19, apparently struck a tree while driving out of the Mud Creek area. The vehicle came to rest in front of the Mud

(See Wrecks, page two)

Accident claims Martin man

by Randell Reno
Staff Writer

A single-vehicle accident in the Arkansas Creek area has claimed the life of Christopher Michael Patton, 25, of Martin.

According to Kentucky State Police, Patton was traveling eastbound on Graceland Road when he attempted to turn onto Arkansas Creek Road. The 1982 Buick Regal ran off the roadway, overturned and became submerged in a creek.

Patton is believed to have drowned, but severe injuries to his neck and head were con-

(See Fatality, page two)

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Briefs

Noland named interim education commissioner

Kentucky will have a new education commissioner January 1 — at least temporarily.

Kevin Noland, who currently serves as associate commissioner of the Department of Education's Office of Legal Services, was named interim education commissioner by the state board yesterday.

Noland will fill the vacancy being left by retiring commissioner Wilmer Cody until a successor is chosen.

Public meetings

■ Floyd County Fiscal Court, noon today. Items for discussion during the special meeting include the sale of real estate, adoption of current road names for the enhanced 911 system, and a budget amendment for the sheriff's office.

■ The December meeting of the McDowell Elementary Site-Based Decision Making Council has been rescheduled for Thursday, December 16, at 6 p.m. in the school library.

Shave and a haircut ... and a few bits of gossip

by Randell Reno
Staff Writer

Established in 1927, Wright's Barber Shop, now Wright's Hair Styling, is downtown Prestonsburg's oldest business. Its longevity can be traced for 72 years.

Wright's is a hub of news and downright gossip for the town, said owner Elder Gary Wright. The men and women have been frequenting the business, each telling a little story, spreading their knowledge on for years.

"This has been called Wright's Gossip Emporium," Wright said.

Wright has run the business since April 24, 1960. He served the citizens of Prestonsburg eight years before taking over the family business in 1960, working side-by-side with his father.

Originally located downstairs in the Bank Josephine building, Wright took over the busi-



Part five in a series of articles exploring
Floyd County businesses which have
survived the death of downtowns.

ness after he lost his parents to a drunk driver. The family business is now in it's fourth generation. Wright has a son, daughter and granddaughter in the business of hair care. While his son, Gary Michael, was forced to retire because of poor health, the tradition of hair care has continued.

Open six days a week from 6 a.m. to 7 p.m.,

Wright has seen every hairstyle coming and going. From bowl cuts to mohawks to flat tops to designs cut into a person's hair, Wright and his entourage have seen them all.

He and two others, Dave Calhoun and Linda Wright, have kept the kids and adults of Prestonsburg "looking good" for years. Calhoun has worked alongside Wright for 22 years. Linda Wright, his daughter-in-law, has been there for nine.

Wright's offers a variety of care to the public, including perms, bleaching and thinning to name a few.

He and his father, Elder K., have served a few celebrities at the shop over the years. A.B. "Happy" Chandler, Tom T. Hall and Loretta Lynn have been in the shop quite a few times.

The hair cutting business may always be there but

(See Wright's, page two)



Faithful customer

Camden Garret said he has been a patron of Wright's Barber Shop for most of his life.

photo by
Randell Reno

Martin

(Continued from page one)

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Thompson the rebuilding was limited to residential development.

While the city of Martin will not be rebuilt completely, the Army Corps of Engineers has promised to rebuild the residential areas. There are no plans for the commercial or industrial areas to be rebuilt by the Corps.

Thompson proposed an interlocal agreement between the county and Martin, but Recktenwald said that type of agreement would not be necessary.

"The Corps will come back to the Fiscal Court, because it is on the dotted line," Recktenwald said. "They will mail the county a proposal that will be as thick as a Louisville phone book that will outline the proposal."

Parker told council members that loss of control in the project would be worth getting the project.

Thompson told council members if an agreement is made, an advisory

council would be formed. In such a council, three members should be from Martin, he said.

Recktenwald told those attending the Corps was getting antsy and the sponsorship needs to be inked out. He suggested that the agreement should not be in the form of an interlocal agreement.

"You need a simple resolution saying you agree on sponsorship," said Recktenwald.

The Martin City council will have a special meeting Thursday evening to adopt an official request for the Floyd Fiscal Court to be presented in next Friday's meeting.

"We missed the boat once. I say let's not miss it again," said Caudill.

Immediate funding may not be a problem but the future could be a problem.

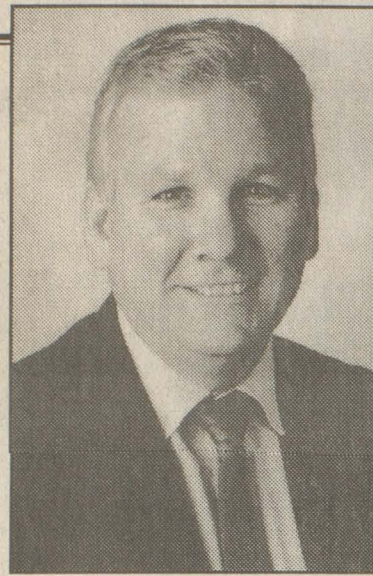
"The first year and second year doesn't look too strenuous," said Thompson, "but the third and fourth years could be a strain."



Members of the Martin City Council met with County Judge-Executive Paul Hunt Thompson, asking for sponsorship of the city's flood project. (photo by Randell Reno)

The promise of the new Martin downtown area will return dividends to the county through taxes, said the members.

"We don't want to lose it for the sake of money," said Varia, "and Martin represents money."



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Wright's

(Continued from page one)

Wright's takes care to keep the "regulars" coming in and he said new customers are added to the business.

"We get a lot of strangers," said Wright of the new customers that drop in while in town.

But the proof of service is in the friendliness. During this interview, Calhoun relayed to a customer via telephone that he would be at her home to give the gentleman a haircut before he entered the hospital. A barber who makes house calls has to be rare.

As for the talk of the town, it all comes through Wright's "more than what people want," he said. The friendly banter can range from

local, regional and national politics, college and local sports, to the discussion of the local residents' health.

Wright often uses his shop to testify his religious convictions to his patrons.

"You will hear a lot of Bible in here," Wright commented.

He holds a Bible study inside the barber shop at 6 p.m. on Tuesday nights.

Wright has kept some of his customers for all of his nearly 40 years of managing the shop. He spoke of a 93-year-old man who visits every day, and who is tagged "The Detective" by one of the patrons.

The Wrights have been blessed

to run the business for nearly three-quarters of a century. The tradition of passing the business on from father to son has been preserved. And as an example to the residents of Prestonsburg and Floyd County it will one day be passed on once more to the next generation.

The quality of customer care has been in the business for generations. It goes hand-in-hand with the many friendships that have been built. Friendship combined with a good haircut for a good price has been passed on for years.

Fatality

(Continued from page one)

tributing factors in his death, said Floyd County Coroner Roger Nelson.

"The injuries probably knocked him comatose," he said "and then he took a few breaths while he was under the water."

Patton was pronounced dead on the scene by Nelson.

Two passengers, Ted Sammons and Sherry Robinson, were transported to Our Lady of the Way Hospital in Martin. Sammons was admitted, while Robinson was treated and released.

Kentucky State Police Sergeant Avery Shrum and Troopers Robby Woods and Mike Thorpe were assisted on the scene by TransStar Ambulance, Respond Ambulance, the Allen Fire Department, the Floyd County Rescue Squad and the Floyd County Sheriff's Office.

Patton is survived by his parents, one son, Jezreel Eaton, two brothers and a sister.

A full obituary can be found on page A7.

The accident is still under investigation.

Wrecks

(Continued from page one)

Creek Fire Department Station Two.

The Left Beaver Fire and Rescue and Mud Creek Fire Department offered aid on the scene, where Mitchell was reportedly ejected from his vehicle.

Suffering from severe head trauma, Mitchell was transported to the McDowell Appalachian Regional Hospital, then to the Pike County Airport where he was transferred to a University of Kentucky medical helicopter and flown to the UK Chandler Medical Center.

Mitchell has been placed in a protective coma and is in the intensive care unit.

The Left Beaver Fire and Rescue, the Mud Creek Fire Department and Trooper Darrin Stapleton were called to the scene of yet another accident on Rt. 979 later that morning around 10 a.m.

Minor injuries were reported after a vehicle driven by April McKinney's collided with a telephone pole.

McKinney was traveling to church services where she was to be baptized.



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Golf Course

(Continued from page one)

The department outlined in Gorman Collins' proposal would make recommendations to the city council.

"I know that it will work because we have an advisory board that is currently building a \$16 million golf course right now and we haven't had a problem with it," Gorman Collins said.

The advisory board has made recommendations to the city council, said Collins, "and at no point have we had a problem. I am very satisfied with it. It is an advisory board and they have no power and they are still building a \$16 million golf course."

"Anything that we have control over, I am going to have a say so," Bill Collins added.

Members spoke about personal attacks they had received concerning the MAC, but all agreed they can't do anything about perceived problems with the facility because of a lack of control.

"The only thing that we do is give them money," said Gorman Collins. "The problem we have right now is we have the power to get rid of people but nobody is going to do it (at the golf course). There is not a city that owns a golf course that does not have a golf department. We can talk committee or management, but we gave them (the MAC board) the power of day-to-day operations and that's what I don't like about it."

But Naim argued in favor of giving an advisory board those func-

tions.

"The city has paid a golf professional \$40,000 to run the day-to-day operations of the course," said Gorman Collins. "Why did we hire him to do the day-to-day operations if we need a board to do the operations. I think he has to do his job or get fired. We can't do that at the Mountain Arts Center. Why are we giving things away that the voters put us in here to take care of?"

"I think the authority is here," said Robert Allen. "We just chose not to exercise it."

"If the golf course is a department under the city, then there's no question if we have the authority," said Gorman Collins.

"It's like we have these kingdoms set up out here," said Bill

Collins. "We create kingdoms so people can run them."

"I want them (ordinances) to be simple. I don't want it to say they have all these duties and then we can take them away," said Gorman Collins, whose new proposal states the golf course advisory board shall make recommendations concerning programs, improvements and rates to the council. "There is no question as to who is in charge," he said.

Collins and Naim debated the exact parameters of what the council had asked for in the original proposal. Collins maintained that the original proposal would have set up a management committee, not an advisory board.

"Advisory means advisory, it does not mean management," said Gorman Collins.

"We have created a nightmare at the Mountain Arts Center and I just won't be a part of another," said Bill

Collins.

Bill Collins also raised the possibility of the ordinance committee and council revisiting the issue of how the MAC is operated, saying there were two votes on the committee in favor of restructuring it. It was at that point Naim resigned his position on the ordinance committee.

"I'm going to give you all an opportunity to have a third (vote on the committee) right now. I'd like to be taken off the ordinance committee..." Naim said. "I can voice my opinion on the council and bring my own ordinance if I want to."

In other matters, the council also discussed a resolution giving the city two acres of land.

David and Lois May offered the city and M & M Enterprises two separate tracts of land at the bottom of the hill near the golf course. The deeds were in error when written

up. The city will trade the two acres in its deed to M & M Enterprises, which received the land intended for the city.

The council also decided to re-advertise bids for a street sweeper. No bids were sent in to the city as of yet.

Bids for a new pickup truck will also be re-advertised.

A special called meeting was set for Tuesday for a second reading of the ordinance forming a golf department/advisory board. That meeting was later canceled.

All members except Estill Carter were present at Monday's meeting.

Low-income housing coalition formed

by Willie Elliott
Staff Writer

State, regional and local leaders met last week to approve the incorporation of an organization known as Low Income Coalition of Floyd County Inc.

The purpose of the organization is to improve the housing conditions of very low- and low-income families in Floyd County, neighboring counties and Kentucky. The group will attempt to alleviate some of the housing shortages by construction of new housing, rehabilitation of current housing, financing of housing and other non-profit activities which organizers hope will improve the quality of life for very low- and low-income citizens in eastern Kentucky.

The group consists of members from a number of organizations. At last week's meeting, those members introduced themselves and explained their expertise and degree of involvement in the organization.

Don Akers with the Kentucky Housing Corporation (KHC) explained how his organization worked with the Floyd County Fiscal Court to bring 1,000 volunteers to Auxier, Wheelwright and Maytown this past summer.

These groups brought no-cost

labor to the area and \$71,000 in supplies. Akers said even better coordination could increase the number of volunteers to 2,000, bringing in as much as \$200,000 in supplies.

Trent Naim told the group how his group, Repair Fair, was not doing as many activities as it could because two to three people were doing most of the work. He sought help from the newly-formed organization to make Repair Fair more effective.

Lewis Sizemore, with KHC, said the purpose of the organization was to raise awareness of the program and thus get more people involved.

Eddie Patton, from the county judge-executive's office, said it would be very beneficial to Naim and his group to start an association with bigger organizations. He said two key people in such organizations are the PR person and the person heading fund raising.

Gary Tickles, who has recently taken over as director of the Carl D. Perkins Job Corps, offered the services of students at the center. He said those students could do much skilled work including carpentry, dry walling and mason work.

Jerry Hermann, from Dove House Ministry, said the suggestion of Tickles' should be taken a

step further and use resources of the local college and high schools.

Lenny Cieslak, who works in the social services sector, said he could assist the group in identifying people who would qualify for housing or sewage assistance. "We want to be part of the solution to the problem," Cieslak said.

The list of board of directors of organization illustrates how strong the group is. The directors include Judy Music, Mountain Comprehensive Care Center; Delinda Huff and Geoff Barrett, Christian Appalachian Project; Tammy Jervis, Big Sandy Community Action Program; Paula Preece, Jon Rosenberg and Don Akers, Appalachian Research and Defense Fund; Sr. Kathleen Weigand, St. Vincent's Mission; Eddie Patton, Floyd Fiscal Court; Patsy Ryan, Floyd County Housing; Carol Holbrook, Floyd County Health Department; Jerry Herman, Dove House Ministry; Clara Johnson, Family Resource Center; Den Hunter, citizen; Doreen Martin, Christian Service Ministry; Lenville Martin, Floyd County Technical Center; Tommy Layne, First Commonwealth Bank; and an unnamed representative from Appalachian Service Project.

The next meeting will be at 10:30 a. m., January 20, at the

Prison design contract awarded

DAYTON, Ohio - The federal government has awarded the design contract for the federal prison project along the Martin and Johnson county line.

The Site/Civil Design service line at Woolpert LLP was recently awarded the \$140-million contract to design the prison and an adjacent prison camp for the Federal Bureau of Prisons. The project is one of Woolpert's first design-build projects.

Woolpert formed a Kentucky-based joint venture with KZF Architects to actively pursue this project in early 1998. Woolpert/KZF then contacted P.J. Dick Incorporated, a large contractor from Pittsburgh, to form a design-build team to take on the project.

The prison is being built to address overcrowding in the FBOP's prison system. The prison will be a high-security institution with living units and support facilities to house 996 inmates. It will have a total building area of approximately 50,000 square meters consisting of several one- and two-story buildings, a Federal Prison Industries factory, and three general housing buildings of four stories each, all within a secure compound.

The prison camp will be a minimum-security facility and consist of living units and support facilities to house 128 inmates. The total building area of the camp will be approximately 2,500 square meters.

The entire facility will be situated on a 300-acre site.

Numerous site constraints include steep mountainous topography, sandstone, abandoned coal mines, and mine spoils. The site

has been previously mined for coal both by stripping and deep underground methods. Numerous abandoned mines still exist on the site. Due to the mountainous terrain and previous mining activities, the site will require an extensive amount of earthwork to support the proposed facility.

Once the project was awarded, work began immediately. Aerial mapping and site planning have been completed. Woolpert is now in the process of finalizing a rough-grading package to allow the contractor to begin the major task of moving approximately four million cubic yards of earth. Once rough-grading plans have been completed, final site and building design will follow. Construction is scheduled to be complete in August of 2002.

Woolpert LLP is a professional services firm that offers consulting expertise in a wide range of engineering/architectural-related disciplines. With a staff of more than 700 people, Woolpert provides a variety of services to meet the challenges facing military, private industry, local municipality, institutional and private development clients throughout the United States and abroad. The firm delivers its services through its eight service lines — environmental engineering, facilities planning and design, geographic information services/information technology (GIS/IT), surveying/global positioning systems (GPS), photogrammetry, site/civil design, transportation, and water resources. Woolpert has 21 offices in 13 states and has ranked in the top 100 in the Engineering News-Record ranking of the top 500 design firms since 1996.

Allen Elementary to host showcase

Eight area schools will compete in the Sixth Grade Academic Showcase Saturday, December 11, at Allen Elementary School.

Participating in the Quick Recall contest at 11:30 a.m., will be students from Allen, John's Creek, Kimper and Pikeville ele-

mentary schools and Virgie, Inez, Warfield and Allen Central middle schools.

The event is sponsored by the Kentucky Association for Academic Competition (KAAC).

An awards ceremony will follow the Quick Recall match.

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—First Amendment of the U.S. Constitution—

Viewpoint

QUOTE OF THE DAY...

Life is anything that dies when you stomp on it.

—Dave Barry

Wednesday, December 8, 1999 A4

Editorial

Do what it takes to keep prison open

Many times, three simple words are all it takes to ignite a furor in eastern Kentucky — out of state.

We can understand the emotion behind that sentiment. It seems that our region has fallen victim too many times to things which originated out of state. Whether they be coal companies, piles of garbage or well-meaning but misguided saviors, it seems that nearly every time we hear those three little words, it usually means something bad will follow.

So it wouldn't be surprising if a knee-jerk reaction follows Otter Creek Correctional Center's proposal to fill that facility with 600 inmates from Indiana.

Not surprising, but not well-founded, either.

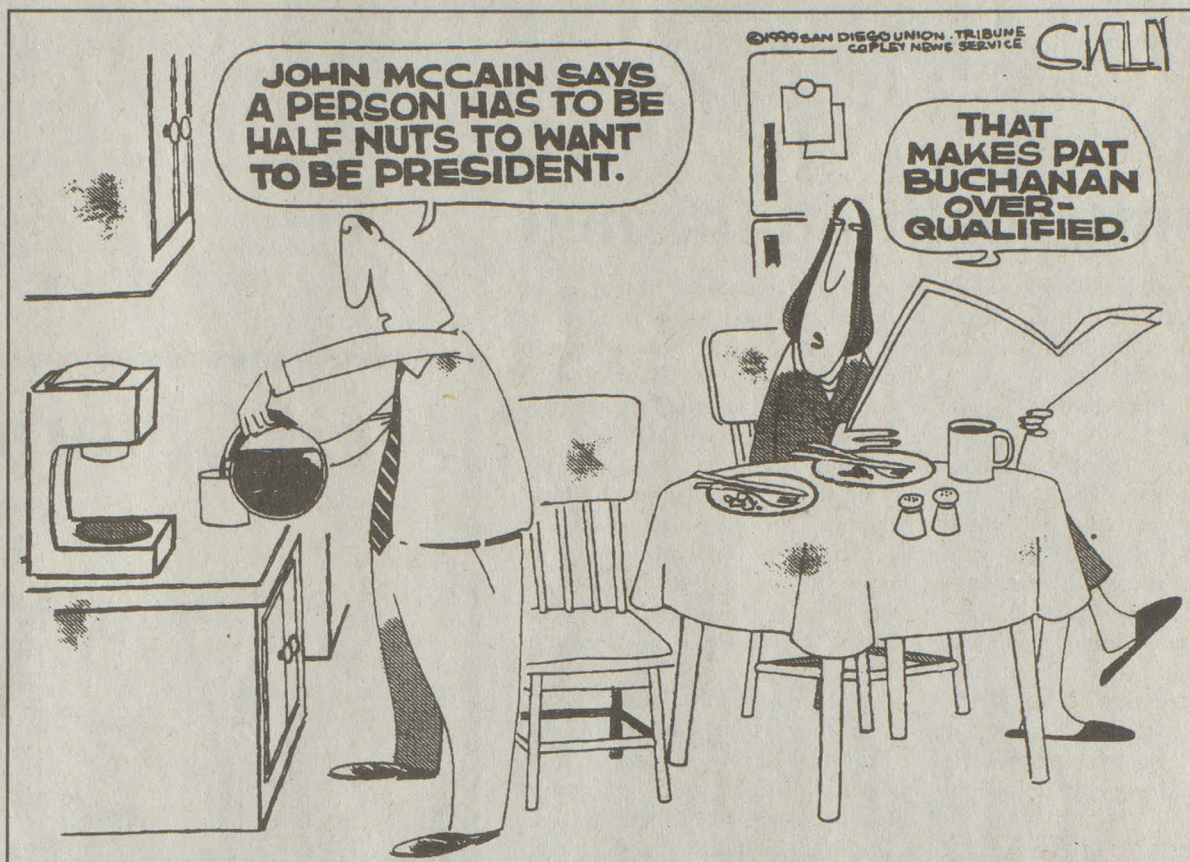
Prison officials say they are facing two hard choices — bringing in out-of-state prisoners or closing down the facility.

While the words "out of state" may sound unsavory at first, the prospect of losing the prison in its entirety — as well as its \$4.5 million annual payroll — is truly frightening.

Let's face it, there aren't too many multimillion dollar employers knocking on Floyd County's door. We must therefore be willing to do what it takes to keep the few we have.

When you boil down the two alternatives, there really is no choice. If it takes out-of-state prisoners to keep the prison open and its 128 employees employed, then by all means fill it up.

—Ralph B. Davis



Letters to the Editor

PTO thanks businesses

Editor:

The Prestonsburg Elementary P.T.O. would like to thank the following businesses for making our Fall Dance and Silent Auction a success.

Ritchie's Hallmark, Brock McVey, Paula's Studio, Billie Ray's Restaurant, Hi-tech Sign & Graphics, Penelope's Pet Shop, Martin Minix, D.M.D., Hock Shop, Collector Corner, Nails by Jessica, Hopson's Jewelers, Hyden's Paint, South Lake Coal Sales, Hair Decisions, Little Rascals, Read-More Bookstore, Prestonsburg Cycle Shop, Mountain Art Center, Russell May's Art Gallery,

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Susan Ellis
Prestonsburg Elementary
President PTO

Guest Column

Martin Student Center afterthoughts

by John M. Rosenberg

There will be some sad faces in our community when the Martin Student Center demolition begins on the campus of Prestonsburg Community College in February 2000. The center is one of the original buildings on the campus and has been a home for thousands of students.

The replacement building—to be built on the same site—promises to be a beautiful state-of-the-art facility. Whether or not, under the circumstances, the current center building could have or should have been retained and the new building built nearby will continue to be a matter for conjecture and perhaps a lesson for developing a better, more timely decision making process in the future.

At the recent meeting of the board of directors of Prestonsburg Community College on October 14, Martha Tarrant, the architect for the new PCC Student Center, and KCTCS facilities personnel convinced the board to proceed with the destruction of the Martin Student Center, and to construct a new building on the same site.

The board's action has prompted me to reflect on the delay of this project, funded almost four years ago, with the hope that we will see better progress and decision-making with the two additional buildings waiting to be built on the PCC campus and funded by the 1998 Legislature, the Northeast Post-Secondary Education Building and the East Kentucky Science Center.

It appears that the decision by the PCC board to demolish the Martin Student Center was largely determined by a desire to avoid further delay and additional non-construction expenses, rather than by logic which would likely have produced a different result a year or two ago. The board rejected the proposal from various members of the community staff that the Martin Student Center be left intact for current PCC uses and for community needs, and that the new building be built nearby, since it appeared there was ample space to do so.

At the October meeting, Tom Underwood, PCC's student body president and a member of the PCC board eloquently argued against the Martin Student Center's destruction. (Tom also sits on the board of

the Kentucky Community and Technical College System). He pointed to the fact that the building is sound structurally and that there were many uses to which it could be put, including its current use as a student center. He said the grill was back in operation and students were using the center on a daily basis.

"That is all students have left on the campus," he said.

He pointed out that it would take a relatively modest amount of money to do any sort of interim upgrading. He noted that in eastern Kentucky there simply were very few buildings with the space that the Martin Student Center provided and that it was a shame to destroy a good building of that size. The Wellness Center could be moved to the current Martin Student Center which had excellent restroom and shower facilities, freeing up classroom space in the Johnson Building, he noted.

Other members of our community had raised questions similar to Tom's about the propriety of the destruction of the building, notably Mayor Jerry Fannin, PCC Board Chairman Gearheart, and Greg Stumbo; and I had raised them as well.

According to Ms. Tarrant and the KCTCS personnel, a decision to retain the student center would have entailed months of further delay and additional costs upward of \$100,000 for more design changes. Apparently more than \$500,000 has already been spent in the design and redesign of this \$5.3 million dollar building funded by the 1996 Legislature, virtually as a joint building for Morehead and PCC, and subsequently solely for PCC.

The new PCC building would have almost twice as much space as the current Martin Student Center, (although more than a fourth of the initially projected space had been lost with increased construction costs due to the delay) and the board was concerned that further delay might even put the whole project into jeopardy.

Ms. Tarrant pointed out that the new building was only Phase I and that the plans include a design for a second building, Phase II, in the future. Phase II is not currently recommended for funding on the KCTCS priority list, and its future funding is doubtful.

See Guest, page five

Letters to the Editor

Letters to the Editor are welcomed by The Floyd County Times.

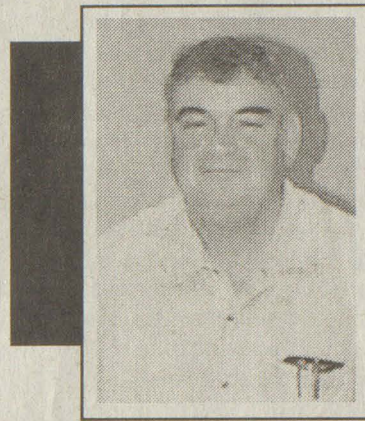
In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

Mountain Voices

by Willie Elliott
Staff Writer



Notes from an executive session

Sometimes we go to a Floyd County Board of Education meeting and there is an agenda that is followed (more or less). Eventually, everything on the agenda is discussed, approved or tabled. Keeping up with all the motions, who made motions, who made seconds and things like that keep the night moving.

Sometimes we move so long that the material begins to lose interest even for the most curious. After the session has gone on beyond 11 p.m., I think someone could make a motion to allow Madonna to be a cheerleader at one of the county schools and the motion would pass.

I know some of you Madonna fans are going to reply: "What's wrong with Madonna being a cheerleader here?" I'll tell you why. She is too old. She has already used up her eligibility.

So, what do I do when the board meets and immediately goes into executive session? Sometimes there are a large number of parents, teachers, administrators and some people who just wander in because they see all the cars in the parking lot. A person can usually start a conversation with these people. Granted, it takes several conversations to fill in the time for some of the more lengthy executive sessions.

Some of the best conversations are those conducted with those people who just wander in. Sometimes I learn more from them (unofficially) than could ever be obtained through normal channels. Of course, none of that material can be printed, but the information does make for good philosophical pondering.

But what about the times when Gwen Hammonds, board secretary, and I are pretty much the only ones there? Gwen, being somewhat smarter than I, (I know many of you think it should be "me," but "I" is correct) brings something to read and gives me dirty looks when I ask foolish questions like, "What about those Dawgs?" She says, "Willie, what are you talking about?"

"I don't know," I say. "I heard it on television and thought it was kind of cute."

Gwen will tolerate so many questions of that inane nature before she threatens to hit me with a wet squirrel. So I have to figure out some way to entertain myself.

Now, I have a hard enough time entertaining myself at home where I have television, radio and other electronic wonders, not to mention that all-time time killer, the Internet.

I asked Gwen what I should do about the down time, and she simply said to bring something to read.

"What?" I asked. "Something that you can read in the time it takes the board to conduct the executive session," she suggested.

"I'm not carrying that huge book The Complete Works of William Shakespeare to a board meeting," I told her.

So I came up with this idea: Get a laptop and write some while I was waiting for the sessions to be finished.

Does it work? Well, you be the judge of that. The first night that I took my laptop, I wrote this little piece.

See Voices, page five

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Guest

(Continued from page four)

However, some board members felt that having plans completed for Phase II would be helpful in obtaining funding for it at a later time.

Ms. Tarrant also noted that there would be substantial expenses involved in the upkeep and refurbishing of the Martin Student Center, if it were not torn down. She

said there would be problems with electricity, plumbing and the HVAC. She also noted that since the Martin student center was in the flood plain, there was a limitation of half the value of the building above which spending for renovations would be prohibited. The current value of the building is estimated at about \$1.2 dollars. (Tom Underwood argued that upkeep maintenance would hardly require \$600,000, half the building's value).

Interestingly, architect Tarrant also noted that one of the alternatives which had been proposed to KCTCS involved the retention of the Martin Student Center on its site until Phase II was ready to get underway. The Phase I building would be built first. When Phase II construction was ready to start, the Martin Student Center would be torn down and the Phase II building would be put on the Martin Student Center site.

Ironically, it appears this was the very plan which Underwood and others were still promoting, without considering Phase II, i.e. build the

Phase I building as a new separate building on the site originally proposed for Phase I and retain the Martin Student Center until it is no longer needed, or until it is too expensive to maintain, whether Phase II is completed or not. Had this alternative been chosen at an earlier time, conceivably construction of the Phase I building could have already begun. At the least, the preloading of dirt for the site on which the Phase I building would have been built could have been completed by now. (Since the site for the new building is in the flood plain, it will have to be preloaded with dirt for about 4 to 5 months to bring about sufficient compaction for construction to start).

With the pressure to proceed and the desire to avoid further delay, the board of directors voted to demolish the Martin Student Center and to put the new building in its place. As one board member put it, "a bird in the hand is worth two in the bush." The president of KCTCS has supported that decision.

One may well ask whether the decision to demolish the center

would have been answered the same way if the public presentation to the board of last month had taken place a year or more ago.

The demolition of the Martin Student Center building itself is not without its costs, being estimated in the neighborhood of \$50,000, in addition to the attendant inconveniences of finding space for the various classes and activities currently taking place in the center. The leasing of temporary buildings will likely cost again as much.

We now await the demolition of the construction of the two additional new buildings on the PCC campus funded by the 1998 legislature, the East Kentucky Science Center/Planetarium/Theater, and the Northeast Post Secondary Education Center which will include space for the Morehead State University Extended Campus

Center. Both of these projects promise to provide exciting new opportunities for the citizens of this area and indeed for the visitors from outside of the area. Two years have already

passed since their funding. Hopefully they can now proceed, and not be beset with type of delays and attendant costs that were part of the new Phase I PCC Student Center building program.



by Stan Stumbo & Vonce Thacker

A RECIPROCAL ARRANGEMENT

A reciprocal saw is likely a second-tier tool on the homeowner's list. It is not needed on a daily basis, but it is essential for all phases of demolition work that mark a serious do-it-yourselfer. It cuts through plaster, metal pipes, and wood framing, all of which can be expected with a repair or major remodeling. This workhorse of a tool gets its name from the back-and-forth cutting stroke of the blade, for which there is no blade guard. This feature allows the saw to be used in tight quarters or situations that would pose problems for a circular saw. It allows for plunge cuts and wall-stud cuts in ways that make it an indispensable part of the home workshop.

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HINT: Reciprocal saw blades coated with tungsten carbide abrasive grit are used for cutting stone, ceramic tile, and cast iron.

DSA endorse anti-lock brakes

(NAPSA)-Driving teachers have found another way to put motorists on the road to safety. The Driving School Association of the Americas (DSAA) has endorsed anti-lock brake technology in recognition of its significant contribution to automotive safety.

The DSAA, a nonprofit organization representing 2,500 driving schools, also announced its official endorsement of a curriculum designed to teach drivers about the proper use of anti-lock brake systems.

The ABS Education Alliance, the industry's first coordinated effort to inform the public about the proper use and benefits of ABS brakes, encourages driving instructors to download the curriculum from its Web site (www.abs-education.org) to ensure their students understand the proper use of anti-lock brakes and how they differ from conventional brakes.

The non-copyrighted curriculum is available to the general public as well.

The Alliance offers these tips when driving a car equipped with four-wheel ABS:

- Keep your foot on the brake while making a panic or sudden stop. Maintain firm, continuous pressure on the brake while steering precisely to enable four-wheel ABS to work properly.
 - Allow enough distance to stop. Follow three car lengths or more behind vehicles when driving in good conditions, more time if conditions are hazardous.
 - Practice driving with ABS in an empty parking lot or other open space. Become accustomed to the noise and/or brake pedal pulsations when ABS is activated.
 - Consult the owner's manual for additional driving instructions on anti-lock brake systems.
- The ABS Education Alliance also

reminds motorists not to drive an ABS-equipped vehicle more aggressively than a vehicle without ABS. Driving around curves faster, changing lanes abruptly or performing other aggressive steering maneuvers is neither appropriate nor safe with any vehicle.

Voices

(Continued from page four)

"Piece of junk?" Okay, but is it

any more junky than the stuff I usually write? I see that I have written over 500 words. My union forbids me from going over that quota at one sitting so I will just have to end this first attempt of "Writing at the Board Meetings" and read the dictionary. I can do that since the meetings are usually held in the libraries of the various schools. If this turns out okay and I go to enough board meetings, I may turn this into a book. Maybe you readers could send me suggestions for a title. (Be nice now!) More writings done during executive sessions at board meetings to follow.

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KCTCS employees pledge \$93,000 to support charities

Employees of the Kentucky Community and Technical College System have pledged more than \$93,000 to support such charities as the Christian Appalachian Project, Community Health Charities of Kentucky, and the United Way.

Employees of the statewide system of 15 technical colleges and 13

community colleges made the pledges during the recent Kentucky Employees Charitable Campaign. KECC collects contributions—through payroll deduction or cash gifts—from state and other public employees across the Commonwealth.

The pledges made by KCTCS employees account for nearly 10 percent of the total pledged by employees of 30 public agencies and institutions. This is the first year that KCTCS has participated in the campaign.

"Our 3,500 faculty, staff and administrators have truly shown their heart for service to the

Commonwealth," said Dr. Michael B. McCall, KCTCS president.

"Our system goal of \$87,500 was considered quite ambitious by many. Even more remarkable, we have exceeded our goal by more than \$5,500. Accordingly, more than \$93,000 will be available for use by many worthy charitable organizations throughout the Commonwealth," McCall said.

KCTCS, which was created by the Kentucky Postsecondary Education Improvement Act of 1997, provides accessible and affordable education and training through academic and technical associate degrees; diploma and

certificate programs in occupational fields; pre-baccalaureate education; adult, continuing and developmental education; customized training for business and industry; and distance learning.

KCTCS includes the following institutions: Ashland Technical College; Ashland Community College; Bowling Green Technical College; Central Kentucky Technical College; Cumberland Valley Technical College; Elizabethtown Technical College; Elizabethtown Community College; Hazard Community College; Hazard Technical College; Henderson Community

College; Hopkinsville Community College; Jefferson Community College; Also, Jefferson Technical College; Laurel Technical College; Madisonville Community College; Madisonville Technical College; Maysville Community College; Mayo Technical College; Northern Kentucky Technical College; Owensboro Community College; Owensboro Technical College; Paducah Community College; Prestonsburg Community College; Rowan Technical College; Somerset Community College; Somerset Technical College; Southeast Community College; West Kentucky Technical College.




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Will the next "real" superstars please don a milk mustache?

(NAPSA)-They may not own the single season home run record or claim the 1999 U.S. Open tennis title, but Karen Leedy and Josh Crittendon from Charleston, W. Va., have one thing in common with Mark McGwire and Serena Williams: They have their own milk mustache ad.

Sharing one of the intimate moments that "make" a milk mustache ad, Crittendon got down on bended knee and asked his now fiancée to marry him. Together they promised to love, cherish and drink at least three glasses of milk a day for the calcium they need.

The newly engaged couple's ad will appear in a future issue of People magazine to help educate Americans how calcium can help prevent osteoporosis, which affects more than 28 million Americans and is responsible for 1.5 million fractures annually.

The largest grassroots calcium education program stopped at more than 120 cities nationwide to educate Americans about osteoporosis. Along the way, the tour also searched for the next "real people" milk mustache celebrities to appear in special edition ads in People, Teen People and People en Español magazines.

Teens Splash onto Milk Mustache Scene
Milk mustaches also made a

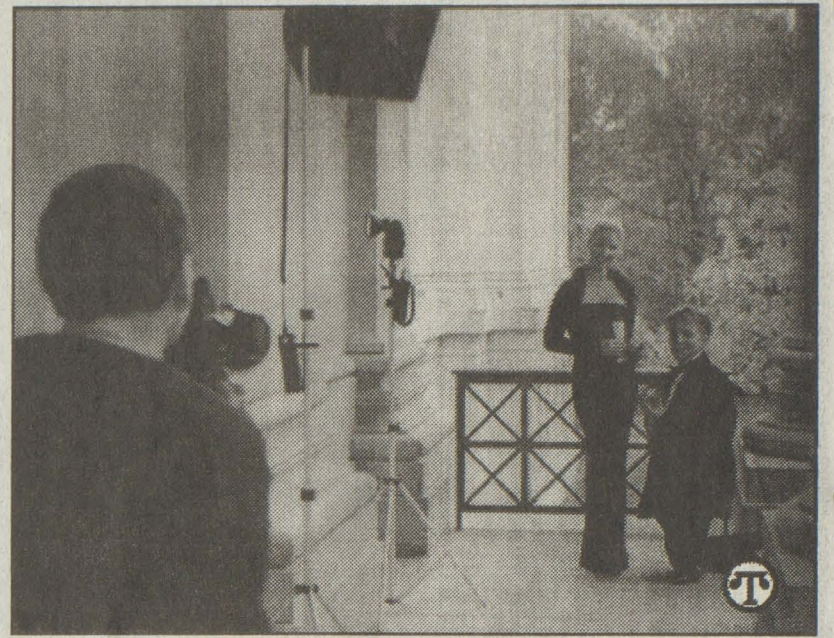
frothy splash as teen swimmers Kelsey Dawson, Megan Tritsch and Brittany Bohnett sported star-studded 'staches during a Milk Mustache Mobile stop at the Colorado Springs Olympic training center. The trio's ad will surface in a future issue of Teen People magazine to help drown the fact that four out of five teenage girls do not get the recommended amount of calcium each day in their diet.

Medical Student Gets "Shot" at Fame

University of California at San Diego medical student Arturo Suarez got his "shot" at fame when the Milk Mustache Mobile stopped at his campus. Suarez will appear in a future issue of People en Español to help show readers how three glasses of milk a day keeps the doctor away. New studies have shown that 2-3 servings of lowfat milk products can help prevent hypertension, which affects more than 50 million Americans.

The American Cruise for Calcium

While the tour snapped photos of prospective stars, it also assessed Americans' bone health, which revealed a calcium crisis. The on-site osteoporosis risk assessments showed that more than four out of five people are not getting the recommended number



of servings of milk products a day in their diet. This finding is consistent with USDA research, which indicates that more than 75 percent of Americans are not getting enough calcium in their daily diet.

"Like the superstars in the milk mustache campaign, calcium has become known as the super-nutrient of the 90s," said David MacCarron, M.D., professor of medicine, Oregon Health Sciences University. "The Milk Mustache Mobile Cruise for Calcium has gone a long way to educate America on the need for calcium to help prevent osteoporosis and

hypertension."

In fact, the Milk Mustache Mobile Cruise for Calcium tested the bone density of more than 8,000 people and performed more than 10,000 blood pressure tests to highlight the important role calcium-rich milk plays in helping to build better bones and eating heart smart.

For more information about the Milk Mustache Mobile 100-City Cruise for Calcium or to see photos of individual city winners, log onto www.whymilk.com. For free brochures on bone health, calcium and milk, call 1-800-WHY-MILK.

AAA announces top cars for 2000

After evaluating 200 different vehicles for the AAA New Car and Truck Buying Guide, the nation's largest organization for motorists named the winners of its Top Car Award for 2000. Vehicles in a dozen different categories were honored.

"Determining which vehicles deserve the AAA Top Car Award is as difficult as the choices many consumers face when shopping for a new car," said Dan Dickson, public relations manager for AAA Blue Grass/Kentucky. "In the end, AAA's selections hinge on which vehicles offer the best combination of performance, design, quality and value."

Eleven of the 12 Top Car vehicle classes are based on vehicle cost and type. The 12th category is new for this year—"Coolest Car"—and is judged by AAA editors based on unique characteristics.

The highest scoring Top Cars for 2000 are:

- Under \$15,000—Ford Focus—156 points
- \$15,000-\$20,000—Mitsubishi Galant—158 points
- \$20,000-\$25,000—Buick LeSabre—164 points
- \$25,000-\$30,000—Acura 3.2TL—163 points
- \$30,000-\$35,000—Lincoln LS—164 points
- \$35,000-\$40,000—Cadillac DeVille—168 points
- \$40,000-\$50,000—Lexus GS400—172 points
- More than \$50,000—Mercedes-Benz S500—174 points

- Minivan—Dodge Grand Caravan
- Sport Utility Vehicle under \$25,000—Nissan Xterra—151 points
- Sport Utility Vehicle over \$25,000—Chevrolet Tahoe/GMC Yukon—159 points

AAA judged as the "Coolest Car" the Audi TT Quattro, a racy looking sports sedan with an art deco interior that's described as "pure fun" to drive.

AAA's ratings are based on comprehensive reviews conducted for AAA's 2000 New Car & Truck Buying Guide—an annual evaluation of new vehicles. The book features ratings and color photographs of vehicles ranging from sports cars to sport utility vehicles. After a review, each vehicle is awarded up to 10 points in 20 different categories for a maximum of 200 points. The highest scoring

vehicle was the Mercedes-Benz S500 with 174 points.

To evaluate cars for AAA's New Car & Truck Buying Guide, experts tested vehicles under everyday driving conditions. The book features a written review, a point rating, color vehicle photos, safety checklists, specifications, options and pricing information. There are also car buying tips.

AAA's New Car & Truck Buying Guide is available in bookstores and at the two Lexington branches (Downtown and the Palomar Centre) of AAA Blue Grass/Kentucky. The price is \$14.95.

AAA Blue Grass/Kentucky is a not-for-profit automobile club serving 120,000 members in 61 counties in central and eastern Kentucky and parts of Virginia and West Virginia.



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Appalachian P-16+ Council to convene for first time

A new partnership is evolving in the eastern region of Kentucky designed to bring representatives of higher education, pre-kindergarten, elementary, middle and secondary education to the same table with other interested community stakeholders to address issues of student achievement and success.

The Appalachian P-16+ Council will convene for the first time on Thursday, December 9, from 1 to 4 p.m., in the Riggle Room of the Adron Doran University Center on the Morehead State University campus.

The council is comprised of presidents and chief academic officers of both public and private universities, community colleges and technical schools, superintendents of several regional school districts, representatives of business and industry and local governments, as well as representatives of the Kentucky Department of Education, the Kentucky Council on Postsecondary Education, the Kentucky Educational Development Corporation, the Kentucky Education Professional Standards Board and the Prichard Committee.

"The work of this council will complement the work of the recently established Kentucky P-16+ Council organized to address state-level issues and concerns," said Dr. Ronald G. Eaglin, president of Morehead State University and co-chair of the regional council effort. "There are several problems unique to our region that also must be addressed, and this is an opportunity for those of us in east Kentucky to come together in a way that has not happened before." The council is also being co-chaired by President Angelina Dvorak of Ashland Community College and Larry Graves, superintendent of Ashland Independent School District.

The council's agenda will include a presentation of the national trend of P-16 councils by Paul Ritz of the Education Trust, a private association based in Washington, D.C., and a presentation of the state P-16+ Council in Kentucky by Jim Applegate of the Kentucky Council on Postsecondary Education.

A case will be made for forming P-16 regional councils in Kentucky and the Council members will

address business issues related to staffing, funding and taking on tasks related to the improvement of student performance from pre-kindergarten through college and beyond.

"This is truly a significant happening for all of us who are committed to strengthening the success of all students in our region," concluded Dr. Eaglin.

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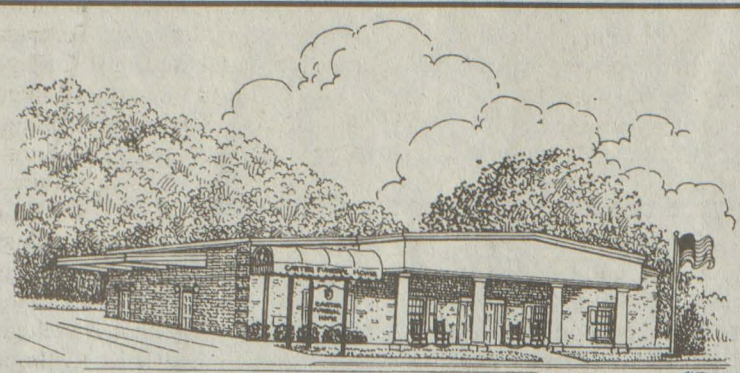
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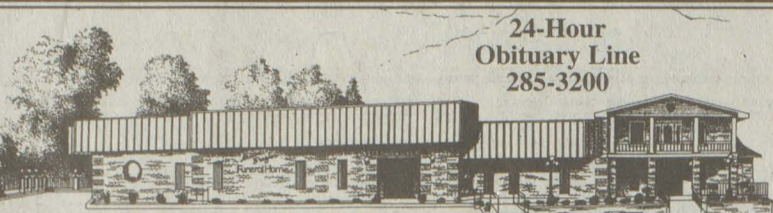
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Moore pallbearers listed

Serving as pallbearers for the funeral of Joyce Moore were Ben Meade, Jonathan Cox, David Meade, Terry Collins, Curtis Jarrell, Orville Tackett, Mike Mosley and John Frabutt.

Estep pallbearers listed

Serving as pallbearers for the funeral of John Wallace Estep Jr. were Mike Hunter, Chris Stumbo, Mike Shepherd, Cline Estep, Johnathan Estep, Shannon Rogers, Gordon Maynard and Vernon Oliver.



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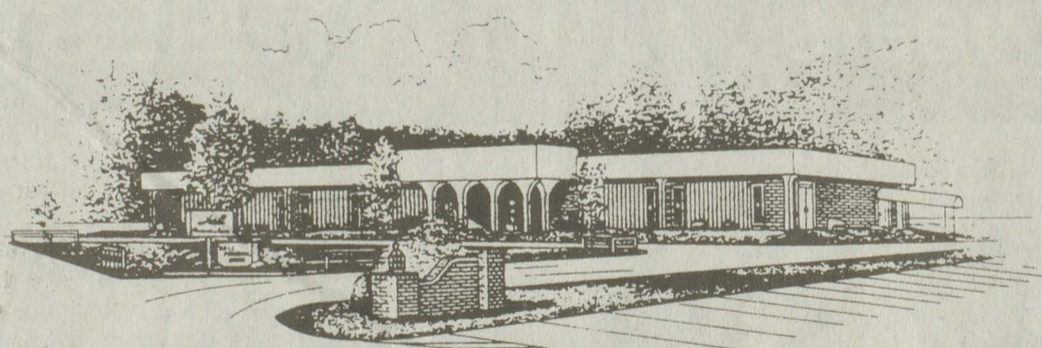
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Eugene Sparkman, 62, of Minnie
Truman Johnson, of Virgie

I have glorified thee on earth;
I have finished the work which
thou gavest me to do. JOHN 17:4



Abe Cline Howell

Abe Cline Howell, 62, of McDowell, died Monday, December 6, 1999, at McDowell Appalachian Regional Hospital, following an extended illness.

Born on April 5, 1937, in Floyd County, he was the son of the late Dee Howell and Polly Mosley Howell. He was a disabled coal miner and a member of the Pilgrims Rest Old Regular Baptist Church at Price.

Survivors include his wife, Christine Dye Howell; five sons, Rodney Cline Howell and Abe Howell Jr., both of Minnie, Jerry Howell of Martin, John Howell of Topmost, Donald Howell of McDowell; seven daughters, Tina Kendrick and Nancy Slone, both of Wheelwright, Linda Gayheart of Martin, Lora Howell of McDowell, Melissa York and Rhonda Losinger, both of Minnie, Rachel Stephens of Indiana; eight brothers, Homer Howell, Olivine Howell, Eugene Howell, and Claude Howell, all of McDowell, Estill Howell of Somerset, Dee Howell Jr. and Dallas Howell, both of McDowell, and Earl Howell of Hamilton, Ohio; two sisters, Rose Hall of McDowell, Julie Elliott of Portsmouth, Ohio; 35 grandchildren and 2 great-grandchildren.

Funeral services will be conducted Wednesday, December 8, at 10 a.m., at the Pilgrims Rest Old Regular Baptist Church, at Price, with ministers of the Old Regular Baptist Church officiating.

Burial will be in the Howell Cemetery, McDowell, under the direction of Nelson-Frazier Funeral Home.

Eugene Sparkman

Eugene Sparkman, 62, of Minnie, died Sunday, December 5, at the McDowell Appalachian Regional Hospital, following a short illness.

He was born September 10, 1937, in Knott County, the son of the late Irvin Sparkman and Hazel Slone Sparkman. He was a retired Kentucky West Virginia Gas Company Warehouse employee and a U.S. Army Veteran.

He is survived by his wife, Anna Dean Williams Sparkman.

Survivors include two sons, Rodney Sparkman of Pikeville, Darren Sparkman of West Liberty; one daughter, Karen Sparkman Johnson of Minnie; five brothers, James Sparkman of Marion, Ohio, Carl Sparkman of Stanton, Marvin Sparkman of Louisville, Glidden Sparkman of Dayton, Ohio, Lawrence Ray Sparkman of Russellville; five sisters, Corean McIntosh of Hindman, Racine Terry of Williamson, West Virginia, Betty Sparkman and Sandra Kay Ratliff, both of Leburn, Ruby Anderson of Winchester; and two grandchildren.

Funeral services will be conducted Wednesday, December 8, at 11 a.m., at the Old Beaver Regular Baptist Church, at Minnie, with the Regular Baptist ministers officiating.

Burial will be in the Davidson Memorial Gardens, Ivel, under direction of the Hall Funeral Home, Martin.

Roy Michael Hamilton

Roy Michael Hamilton, 41, of St. Cloud, Florida, died Wednesday, November 24, 1999, in Florida.

He was born December 17, 1957, in Dayton, Ohio, the son of Elmer and the late Loretta Akers Hamilton. He graduated from Fairmont East High School in Kettering, Ohio, in 1975. He worked as a cement finisher and later became a sound engineer in music production. He played with several bands in the Kettering area as well as in Florida. He had also written several songs.

Survivors, other than his father, include one sister, Joy Hamilton of Kettering; and two brothers, Jerry Hamilton of Kettering and Craig Hamilton of Winter Park, Florida.

He is also survived by an uncle, Leroy Akers, and an aunt, Margie Parsons, both of McDowell.

Funeral services were conducted at the Woodland Mausoleum in Dayton, Ohio, Monday, November 29, with Rev. Harvey Smith officiating.

Arrangements were under the direction of Routsong Funeral Home in Kettering, Ohio.

Christopher Michael Patton

Christopher Michael Patton, 25, of Arkansas Creek, Martin, died Saturday, December 4, 1999, at Arkansas Creek, following an auto accident.

Born on June 23, 1974, in Martin, he was the son of Terry Bentley of Hueysville and Francis Patton of Martin.

He was a laborer.

Survivors, other than his parents, include one son, Jezreel Eaton; one brother, Joseph Kyle Patton of Martin; one-half brother, Brian Bentley of Hueysville; and one sister, Tasha Nicole Patton of Martin.

Funeral services were conducted Monday, December 6, at 1 p.m., at the Nelson-Frazier Funeral Home, Martin, with Chuck Hall officiating.

Burial was in the Patton Family Cemetery, Martin, under the direction of Nelson-Frazier Funeral Home.

Serving as pallbearers were Marion Kilburn, Mike Crisp, Everett Crisp Jr., Steven Crum, Joey Crum, Roger Hall and Keith Jones.

Glenna Ritchie

Glenna Ritchie, 60, of Talcum, died December 4, 1999, at the Hazard Appalachian Regional Medical Center.

She was born in Knott County, on July 18, 1939, the daughter of Martha Dobson Ritchie Fugate, and the late Columbus Ritchie.

She is survived by her husband, Clifton Ritchie.

Other survivors include four brothers, Amel and Billy Ray Ritchie, both of Talcum, Kenneth Ritchie of Mousie, and Paul Jean Napier of Springfield, Ohio; and one sister, Ethel Ritchie of Talcum.

Funeral services were conducted, Tuesday, December 7, at the Hindman Funeral Services Chapel, with Denzil Ratliff and Hurley Smith officiating.

Burial was in the Little Jink Ritchie Cemetery at Talcum, under the direction of the Hindman Funeral Services.

See Obituaries, page eight



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Dorothy "Dotty" Gay Martin Yabroff

Dorothy "Dotty" Gay Martin Yabroff, age 57, of Wilmington, DE, died on December 6th, 1999, at home, following a courageous struggle with ovarian cancer.

Mrs. Yabroff was born in Paintsville, Kentucky, on June 8, 1942, to Dorothy Turner Martin and William Martin of Drift Kentucky. While her father served in World War II, she lived in Lexington, Kentucky with her mother and brother, where her mother completed her masters degree in business education at the University of Kentucky. After a short stay in Florida, the war ended and the family returned to Drift, Kentucky. Dotty attended Drift elementary school for one year and her remaining years were spent at Martin elementary and high school, where she graduated valedictorian in 1959. That fall she started college at the University of Kentucky in Lexington with a Kroger scholarship. She transferred in her junior year to Cornell University in Ithaca, New York. She received her BS in June 1963, with a major in interior design.

She married Ronald Yabroff, a chemical engineering student, in August of 1963. She began her studies for an MA in design with an emphasis on tapestries at Cornell University while her husband was completing his Ph.D. degree. After one year, they moved to his new job with DuPont in Newburgh, New York. Soon after, two daughters were born, Robin and Ann. The family was then transferred to Tennessee in 1967 and Dotty started teaching interior design. The family was again transferred, this time to Wilmington, Delaware. Dorothy continued teaching interior design, and added weaving, and art for both adults and children. She completed her MA in tapestries from Cornell in 1972. Their third daughter, Jennifer, was born in 1974. The family was then transferred to Louisville, Kentucky in 1977 and back to Wilmington, Delaware in 1986. She continued teaching weaving and art for both adults and children. She lectured about tapestries, demonstrated weaving and spinning, and exhibited her weaving extensively in juried shows, one-woman shows, galleries, and fairs.

Dorothy and her weaving were the subject of several feature articles in papers, including *The Nashville Tennessean*, *The Louisville Courier-Journal*, *The Oldham Extra*, and *The Wilmington News-Journal*. During the last twelve years, she has taught at Wilmington Friends School and the Center for Creative Arts in Yorklyn, and for the past nine years, she has worked quarterly at Greenville Capital Management.

Dotty was an active longstanding member of Aldersgate United Methodist Church in Wilmington. She was a member of the Philadelphia Handweavers Guild and helped found the Harmony Weavers Guild in Wilmington in the early 1970's. She was a frequent officer of both the Harmony Weavers Guild and the local Wilmington Chi Omega Alumnae Sorority. She was recently inducted into the National League of American Pen Women Incorporated.

She was preceded in death by her brother, William Gary Martin, in 1961, and her father, William Martin, in 1997. She is survived by her husband of 36 years, Ronald Yabroff; three daughters and sons-in-law, Robin Yabroff and David King, of Washington, D.C.; Ann Yabroff, of Chicago, IL.; and Jennifer and Patrick Walsh, of Falls Church, VA; and her mother, Dorothy Martin, of Martin, KY. She is also survived by parents-in-law, David and Evelyn Yabroff; her brother-in-law and wife, Stephen and Jean Yabroff; niece, Heidi Lovett and family; her aunts, Edith Martin and Stella Martin; and many cousins.

Services will be at Hall Funeral Home on Saturday, December 11, 1999, at 2:00 p.m. with Clergyman Arnold Turner, Jr., officiating. Burial will take place in the Turner family cemetery, Drift, Kentucky, under the professional care of the Hall Funeral Home, Martin, Kentucky.

Instead of flowers, the family would appreciate contributions to Aldersgate United Methodist Church, the Wilmington Friends School Fund, and Delaware Hospice.

(pd. obituary)

OBITUARIES

Oliver Bryant

Oliver Bryant, 71, a resident of Countryside Continuing Care Center, Fremont, Ohio, died Tuesday, November 30, 1999, in Fremont Memorial Hospital.

He was born in Hi Hat, June 11, 1928, the son of the late Willard and Delilah Bryant. He worked as a coal miner in Kentucky most of his life until the mid 1960s, when he became disabled.

He was a member of Grace Freewill Baptist Church.

He is survived by his wife, Madgie Compton Bryant, of Albion, Michigan.

Other survivors include six daughters, Charlotte McConnell of Albion, Debbie Rollheiser of Oak Harbor, Patty Lonsbury of Tiffin, Linda Naugle of Bowling Green, Carol Bishop of Port Clinton, Brenda Collins of Printer; four sons, Ricky Bryant of Albion, Danny Bryan of Drift, Jesse Bryant of Homer, Michigan, and Donald Bryant of McDowell; one sister, Gladys Mullins of Price; 26 grandchildren and 12 great-grandchildren.

Funeral services were conducted Friday, December 3 at the Grace Freewill Baptist Church, Albion, Michigan.

Burial was in the Riverside Cemetery, Albion.

REGIONAL OBITUARIES

Pike County

Ellis Martin Stiltner, 75, of Jenkins, died Wednesday, December 1, 1999. He was a retired coal miner. He is survived by his wife, Ora Geneva Johnson Stiltner. Funeral services were conducted Saturday, December 4, under the direction of Lucas & Hall Funeral Home.

Raymond H. England, 73, of Pikeville, died Thursday, December

2. He was retired from the C & O Railroad. Funeral services were conducted Sunday, December 5, under the direction of J.W. Call & Son Funeral Home Chapel.

Chandious Johnson, 71, of Belleville, Michigan, formerly of Speight, died Friday, December 3. Funeral services were conducted Tuesday, December 7, under the direction of David C. Brown Funeral Home.

Josephine Vanover Sanders, 92, of Jenkins, died Thursday, November 25. Funeral services were conducted Sunday, November 28, under the direction of Polly & Craft Funeral Home.

Richard J. Goodman, 55, of Pikeville, died Friday, December 3. He was a teacher and principal, employed by the Pike County Board of Education. He is survived by his wife, Marsha Carroll

Goodman. Funeral services were conducted Monday, December 6, under the direction of Lucas & Hall Funeral Home.

Johnson County

Elizabeth Davis Mollett, 86, died Monday, November 29. Funeral services were conducted Thursday, December 2, under the direction of Jones-Preston Funeral Home.

COMMUNITY CALENDAR

Calendar items will be printed as space permits

Editor's note: As a service to the many clubs and committees that meet in our community, The Floyd County Times' Community Calendar will post meeting and public service announcements. Articles for the Community Calendar must be submitted in writing to The Times no later than 5 p.m. Monday for Wednesday's publication or 5 p.m. Wednesday for Friday's publication. These can-

not be taken over the telephone.

Toys needed

Otter Creek Correctional Center is requesting donations of repairable toys. Inmates are repairing the toys to give to needy children in the region for Christmas. Donors can drop them off at the center or a staff member will pick them up. Call Jeff Little or Greg Compton at 606/452-9700.

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Depressed Anonymous

Are you feeling lonely, hopeless and trapped in a self-constructed prison and can't overcome it or get out? This support group is not for those people who need it but for those people who want it. We understand. For more information, call: Randall, 886-0483; Jim, 886-3027; Jane, 886-8219; Sue, 789-8712.

East Point Masonic Lodge to meet

East Point Masonic Lodge will meet, December 11, at 6 p.m. The Master Mason degree will be conferred, and election of officers for year 2000 will be held. Brethren are requested to bring a covered dish. All Master Masons are welcome.

Conservation district meet

The Floyd County Conservation District will hold its regular monthly meeting on Tuesday, December 21, at 11:30 a.m. The meeting is open to the public.

Clark Family Resource Center Nursing Services

A nurse from the Floyd County Health Department is in the center on Fridays. Services available: Physicals for the 5th grade students entering 6th grade in the next school year; pre-school, headstart, and kindergarten physicals, physicals for any student, age birth-21 years old; blood pressure screening, TB skin tests, baby shots. Call the center at 886-0815 for an appointment. These services are available to anyone in the community.

- Parent Support Group Meeting—December 8.
- Christmas Dance for students—Sponsored by PTA, December 17, 6-8 p.m.
- Christmas Store for students—Sponsored by PTA, December 7-8-14-15.

Martin High alumni

Mark your calendar now for Martin Purple Flash Bash 2000 on Memorial Day weekend, 2000. This will be perhaps the last Martin Purple Flash Homecoming. The event will begin on Friday evening and end Saturday night with the alumni dance.

Attention all LI HEAP applicants:

To all those who have applied for assistance to heat with coal, wood, propane, kerosene or fuel oil; your voucher has been taken to the vendor that you selected at the time of your application. Check with them for pick-up or delivery.

Also, if you missed your day, and still want to apply for heating assistance, call the Floyd County

Community Action Office for an appointment, before Thursday, December 9.

Further assistance may be obtained by calling Tammy Jervis, Floyd County coordinator, Big Sandy CAP, 886-2929.

Holiday event for Floyd County Homemakers

The Floyd County Homemakers will have a potluck lunch from 10 a.m. until 2 p.m., on Thursday, December 9, at the Floyd County Extension Office at 921 South Lake Drive in Prestonsburg. To pre-register, call Theresa Scott at 886-2668. Members and public are welcome. Bring a holiday craft to share.

Reminder: Homemaker dues are to be paid by December 15. Dues are \$4.25.

Hospice service

Hospice of Big Sandy Inc. will hold the annual Memorial Service on December 9, at 6 p.m., in the parking lot of the office at Hager Hill. A candle lit in the memory of a loved one during this season of Christmas is one of the ways to express love and remembrance. A donation to help with expenses would be appreciated.

Clark SBDM meeting

The SBDM Council at Clark Elementary School will have its regular monthly meeting on December 9 at 6 p.m. in the school library.

Card of Thanks

The family of Ravenna Lyons would like to extend their appreciation to all those friends, neighbors and love ones who helped comfort them during their time of sorrow. Thanks to all who sent food, flowers, prayers, or spoke comforting words. A special thanks to the Regular Baptist ministers for their comforting words; the sheriff's department for their assistance in traffic control; and the Hall Funeral Home for their kind and efficient service.

THE FAMILY OF RAVENNA LYONS

Card of Thanks

The family of Marie Martin Cook wishes to thank all of those who were so kind and considerate during our time of grief. We want to thank those who sent flowers and gifts of love. We especially want to thank the clergymen, Arnold Turner Jr. and Ralph Turner, for their comforting words; the sheriff's department for their assistance in traffic control; and the Hall Funeral Home for their kind and professional service.

THE FAMILY OF MARIE MARTIN COOK

WANTED: A part-time (20 hours a week) piano accompanist.

To apply, please contact **St. Martha Catholic Church at (606) 874-9526 Monday through Friday from 9 a.m. to 5 p.m.** The deadline to apply is the end of November.



Card of Thanks

The family of Joyce Moore wishes to gratefully acknowledge the thoughtfulness and kindness of friends, relatives, and neighbors in the loss of our loved one. Thanks to all who sent food, flowers, prayers, or spoke comforting words. We are especially grateful to the Pilgrim Rest Regular Baptist Church; the Regular Baptist ministers for their comforting words; the sheriff's department for their assistance in traffic control; and the Hall Funeral Home for their kind and professional service.

THE FAMILY OF JOYCE MOORE

Card of Thanks

The family of Willie Hunter would like to take this opportunity to thank everyone for their help in the loss of our loved one: those who sent food, flowers, or just spoke comforting words. We deeply appreciate you all. A special thanks to the clergymen, Tom Kidd, Richard Griffith and Raymond Lawson, for their comforting words; the sheriff's department for their assistance in traffic control; and the Hall Funeral Home for their kind and professional service.

THE FAMILY OF WILLIE HUNTER

Card of Thanks

The family of Julia Layne Martin wishes to thank all those friends, neighbors, and family who helped them in any way upon the passing of their loved one. Thanks to those who sent food, flowers, and gifts of love. We especially want to thank the clergymen, Jerry Manns and Earl Slone, for their comforting words; the sheriff's department for their assistance in traffic control; and the Hall Funeral Home for their kind and efficient service.

THE FAMILY OF JULIA LAYNE MARTIN

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KCTCS receives 'clean' financial audit

The Board of Regents of the Kentucky Community and Technical College System has accepted the first comprehensive, independent audit of the 2-year-old system.

The audit, performed by the Deloitte & Touche accounting firm, was presented during the

regents' regular meeting today at the System Office in Lexington. Deloitte & Touche described the recently completed audit, which covered the fiscal year that ended June 30, 1999, as "clean and unqualified."

Representatives of Deloitte & Touche complimented KCTCS's ratio of assets to liabilities.

"The system has the ability to pay its current operating bills and have some left over," said Bernie Backert of Deloitte & Touche.

Auditors also recognized KCTCS' successful integration of different accounting systems that predated the creation of the system by the Kentucky Postsecondary Education Improvement Act of 1997. KCTCS includes 13 community colleges previously managed by the University of Kentucky and 15 technical colleges that formerly were part of

state government.

"This report is so incredible when you think of how we were conceived and put together," Martha C. Johnson, chair of the Board of Regents, said of the performance of the financial staff during the early months of the system's existence. "This does put us on a firm foundation."

In other action, the Board of Regents:

- Approved a resolution that asserts support for the Postsecondary Education Improvement Act. KCTCS intends to seek no changes to the act during the 2000 session of the General Assembly. The regents also approved the system's 2000 legislative agenda, which reflects the budget request submitted recently by the Kentucky Council on Postsecondary Education.
- Gave initial approval to a pro-

posal by Owensboro Community College and Owensboro Technical College to consolidate certain programs, functions and services. Dr. Jackie Addington, president of the community college, Sandra Appling, interim director of the technical college; Dr. Bill Chandler, chairman of the community college Directors; and Fred Reeves, of the local Chamber of Commerce, testified in favor of the proposal. Chandler and Reeves praised the consolidation proposal and the responsiveness of KCTCS to community needs.

• Approved an associate degree in Welding Technology to be offered by Elizabethtown Technical College.

• Approved an associate degree in Medical Office Technology to be offered by Laurel Technical College.

• Approved two associate

degrees to be offered by Somerset Technical College: Medical Office Technology and Industrial Maintenance Technology.

• Because Elizabethtown Technical College already offers an associate degree, the approval for its new program is final, and the college may begin to offer the Welding Technology degree. Because Laurel and Somerset technical colleges previously have not received approval to offer associate degrees, their proposals must be approved by the Council on Postsecondary Education.

All four degree programs involve collaborations with neighboring community colleges.

• Ratified the appointments of Dr. Jon Hesselzden of Lexington, as KCTCS' interim vice president of information technology and Jim Byford of Midway, as interim vice president of finance.

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Open registration scheduled at Prestonsburg Community College

Open registration for the 2000 Spring Semester at Prestonsburg Community College begins January 5, and runs through January 14. Classes begin January 10, and end April 29.

The college is offering more than 400 classes this spring. These include courses in its Prestonsburg location in general education, law enforcement, real estate, art, accounting, business, pre-nursing, computer science, Appalachian studies, family studies, religion, and social work.

Health, physical education and recreation courses will be offered in the fields of walking, volleyball, golf, low-impact aerobics, aerobics, concepts in health and fitness, weight training and conditioning,

line dancing, first aid and emergency care, human health and wellness, and nutrition and physical fitness.

More than 70 classes are scheduled for the Pikeville location. Course offerings include accounting, art, biology, business and office, communications, computer science, developmental education, literature, economics, English, history, law enforcement, word processing, mathematics, typing, political science, philosophy, psychology, and sociology.

Additional courses will be taught at off-campus centers in Inez and Salyersville at Sheldon Clark and Magoffin County High Schools, respectively. English 102 V2 and Math 109 V2 are available

for high school students at both Magoffin County and South Floy High Schools via Interactive.

Registration will be held on both the Prestonsburg and Pikeville campuses. Registration for new students with placement scores and returning students will be held on Wednesday, January 5, according to the following: 8 a.m.-11 a.m. students with last name beginning with N-Z; 11 a.m. to 1 p.m. for A-G; 1 p.m. to 3 p.m. for H-M; and 3 p.m. to 6 p.m. is open registration for all others.

Open registration will also be Thursday, January 6, through Friday, January 7, from 8 a.m. to 6 p.m. For the convenience of the

community, open registration will also be held on Saturday, January 8, from 10 a.m. to 1 p.m.

Late registration will be held at both locations from January 10 through January 14. Hours each day will be from 8 a.m. to 6 p.m.

In-state resident tuition for the spring semester is \$46 per credit hour for a part-time student and \$685.75 for a full-time (12 or more credit hours) student. Out-of-state tuition is slightly higher.

For additional information about available classes or fields of study, call the Prestonsburg campus at 606/886-3863, ext. 266, or the Pikeville campus at 606/432-4800, ext. 221.

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newsworthy trends

Job seekers tuning and clicking in...

(NAPSA)-It's now possible for job seekers to tune in to enhance their careers. How do they do that? By tuning into a new national television program. The weekly program furnishes technological updates, inside information, and hot tips for improving or building a career. Viewers can then go directly to the Internet for real-time jobs and video clips of employers featured on the show-along with links to information and websites referenced during the broadcast.

Each episode includes a variety of standard segments, including Hot Companies, Plugged In, Around The Water Cooler, The Right Stuff, CTV Biography, and On the Inside. Companies will also take the opportunity each episode to feature their organizations' unique benefits, corporate culture and departmental openings through Career Profiles and Career Bulletins.

The CareerShop.com site powers CareerTV's Internet Portal, CareerTV.net-an on-line network of job and career information with access to over 50 top job sites and resume postings to over 100 participating job boards and news groups. CareerTV demonstrates true convergence of broadcast TV and the

Internet, which provides viewers with the immediacy necessary to be competitive in today's job market.

The show, which airs nationally each Sunday at noon EST and PST (11:00 a.m. CST) on NBC's PAX TV Network, also carries segments intended to convey information to help professionals get the most out of career opportunities. These include employment news training, resume posting on the Internet, career development and even ways to create resume video clips for the Internet.

Streaming video featured on the show can be accessed via CareerTV.net as well as known affiliate sites at Alta Vista, Excite and others.

PAX TV is the nation's seventh and newest broadcast network. It is committed to airing family-friendly programming like CareerTV. A complete listing of stations and markets served can be found by visiting the company's web site at www.paxtv.com.

CareerShop.com is a privately owned, Florida-based company that offers a variety of on-line recruiting products and services. Visit the website at www.CareerTV.net for more information.

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Keep UL's Operation Decoration Campaign in mind when decorating

(NAPSA)-Electrical holiday decorations are beautiful accents to the home. However, if they're used improperly, the risk of fire or personal injury to you or your loved ones can certainly cast a dark shadow on your holiday merriment.

According to the Consumer Product Safety Commission (CPSC), more than 1,500 people made emergency room visits last holiday season due to electrical decoration mishaps. This holiday season, Underwriters Laboratories Inc. (UL), an independent, not-for-profit product safety testing and certification organization, in cooperation

with the National Fire Protection Association (NFPA), a private non-profit fire safety advocate group, is sponsoring its annual "Operation Decoration" campaign to promote holiday decorating safety.

The safety professionals at UL and NFPA offer the following tips and precautions:

If purchasing live, cut trees or greens, carefully inspect the needles. Make sure they're not brown or break off easily. When you take your tree home, put it in a sturdy, non-tip stand and keep it filled with water at all times.

If your family prefers decorating with artificial trees or greens, purchase those that are flame retardant. The product packaging will indicate if the branches of your artificial tree or greens have been treated with flame retardant material.

Place your tree or greens at least



three feet away from fireplaces, radiators and other heat sources. Also make sure the tree isn't blocking a doorway or other exit route.

Use light strings and animated or electrical decorations that bear the UL Mark. The UL Mark on a product means that UL engineers have tested samples of the product for

foreseeable safety hazards such as fire and electric shock.

Before you begin decorating, your first step should be to read and follow the manufacturer's instructions concerning installation and maintenance of the electrical decorations you'll be using.

Carefully inspect each decoration before use. Cracked sockets, frayed, loose or bare wires, and loose connections may cause a serious electric shock or start a fire. Replace damaged items with new, UL Listed decorations.

Don't support light strings in any way that might damage the cord's wire insulation.

Check the markings on your electrical decorations to determine the maximum number of decorative light strings that may be connected together. If the product packaging does not indicate the number of

light strings that may be connected together, practice this rule of thumb; Do not connect more than three midget (push-in bulbs) light string sets together. Light strings with the screw-in bulbs (C7s and C9s) should have a maximum of 50 bulbs connected together.

Don't overload extension cords - it could cause the cord to overheat and start a fire.

Don't allow children or pets to play with light strings, candle lights or other electrical decorations. These decorations aren't toys and could produce a deadly electric

shock if they are misused.

Turn off all electrical light strings and decorations before leaving home or going to bed.

Make sure your home is equipped with working smoke alarms and fire extinguishers that bear the UL Mark.

Develop and practice a fire escape plan for your household.

These and other product safety tips are also available at UL's Web site at www.ul.com or by calling UL's fax-on-demand hotline, 1-800-473-4766.

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SURGEON GENERAL'S WARNING: Cigarette smoke contains carbon monoxide.

FSA seeks eligible voters

Hampton Henton Jr., state executive director of the U.S. Department of Agriculture Farm Service Agency in Kentucky, reminds farmers of the importance of voting in the upcoming County Committee elections.

"FSA needs everyone's help in obtaining names and addresses of all eligible voters before the committee election, scheduled for March 2000," Henton said. The Farm Service Agency (FSA) continues to seek voters and candidates for the upcoming committee elections. "All eligible voters, including spouses, are urged to contact their local FSA Office if they have not received election ballots in the past."

"To work best, the county committee must represent the whole of local agriculture," Henton said. "By seeking diversity, FSA will bring a greater range of expertise, different perspectives, and a broader under-

standing of the various business and marketing aspects to the committee's work."

The Farm Service Agency is currently taking applications for the disaster assistance through Emergency loans, the Emergency Conservation Program (cost-share assistance), and the Livestock Assistance Program.

For additional information on County Committee elections or FSA programs, contact the Johnson-Floyd-Martin-Pike FSA Office, USDA Service Center, 100 Left Fork Teays Br. Rd., Paintsville, or call 606 789-3766 for additional information.

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status.

Two turtle doves, 600 rounds of golf, and a partridge in a pear tree

The perfect gift is just a phone call away. The American Cancer Society's 2000 Golf Pass will fill up a stocking nicely and thrill even the most humbug-like employee. Turtle doves and pear trees aside, the American Cancer Society's 2000 Golf Pass allows play at some of the most beautiful courses in the state.

The pass gives golf enthusiasts play at more than 200 courses offering 600 rounds of golf in Kentucky, Tennessee, West Virginia, Ohio, and Indiana. The 2000 Golf Pass also offers free practice/range balls at 28 driving ranges. Some restric-

tions apply.

The golf pass is valued at more than \$3,000, but you can get it for just a \$35 donation to the American Cancer Society. Each additional pass is just \$25. The pass entitles the golfer to free or reduced green fees. Golf carts required, but not included. The golf pass may be used through the end of 2000, with some exceptions noted on the pass. Take advantage of this opportunity to give the gift of golf and help in the fight against cancer.

You can order your 2000 Golf Pass by calling toll free 1-800-480-GOLF and tee off against cancer!

Free program leads to free software

(NAPSA)-A free program that scours the Internet to retrieve free software and upgrades custom-tailored to each consumer's needs, EBot is at www.ebot.com.

For great quick and easy recipe ideas, check out the Comstock and Wilderness pie fillings website at www.piefilling.com.

A new line of collectible dolls is designed to motivate girls to academic achievement. For more information, visit www.smarteesdolls.com.

For information about creating custom holiday cards, including tips on printing ideas and what type of picture reproduces best, visit the Hewlett Packard Web site at www.hp.com, and look for "Printville".

A web site has been created that helps consumers choose a long distance or cellular phone plan. For more information,

check out <http://www.decide.com>.

For ideas on renewing and creating family holiday traditions, visit the Photography by JCPenney website at www.JCPfortraits.com.

One web site, MapBlast! (www.mapblast.com), offers even more features, including traffic reports, hotel reservations and local Yellow Page listings.

To avoid ice problems, you can apply liquid calcium chloride, just prior to or immediately at the beginning of a freezing rain or snow. To learn more about this technique, visit The Dow Chemical Company's Web site at www.dowcalciumchloride.com.

An online shopping destination created to offer special savings and exclusive benefits from leading retailers to its 59 million cardmembers is at www.firs-tusa.com/connections.

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Views On Dental Health

DR. MARTIN R. MINIX, D.M.D.

WHAT IS ROOT CANAL?

Years ago, a badly infected tooth was doomed to be pulled. Today, that's a last resort. Root canal treatment consists of: 1) the removal of the infected pulp that lies within the root canals of the tooth, and 2) the sealing of the root ends to prohibit any further infection.

The pulp is the tooth's center core of soft tissue (nerves, blood vessels and fibers). When the dentist removes a "nerve" from a tooth, he really removes pulpal tissue that contains the nerve.

Removing the pulp from the tooth does not produce a "dead" tooth. It will be very much alive and functioning, because it has a source of blood and nerve supply from the surrounding tissues that hold it in place. The tooth will have no sense of feeling, because the nerve has been removed, but the tooth itself will be fine: it should last as long as your other teeth, and could even be eventually used as an anchor tooth for a denture or bridge.

Prepared as a public service to promote better dental health. From the office of: DR. MARTIN R. MINIX, D.M.D., 123 North Lake Drive, Prestonsburg, Kentucky, phone: 886-0808

FLOYD COUNTY Sports

Serving Floyd County since 1927

Prestonsburg captures Lady Hawk Tipoff Classic

By Karen Joseph
Sports Writer

The Lady Blackcats improved their record to 4-0 on Saturday by defeating the Leslie County Eagles to claim the winners trophy of the Ladyhawks Invitational Tournament.

The Blackcats got to the finals by defeating Pikeville and Betsy Layne. Leslie County defeated South Floyd and Pike County Central to make it to the championship game.

This was a match up of two very good ball teams. Leslie County had the speed and height to match up with the Blackcats, but it was the Blackcats coming away with the championship.

Both teams were physically worn out. Prestonsburg had faced tough opponents on Wednesday and Thursday night. On Wednesday night the Blackcats had a scare with the Panthers of Pikeville, but pulled it out in the fourth quarter to defeat the

Panthers. And then on Thursday night, the Blackcats had another tough battle with the Bobcats of Betsy Layne.

Leslie County easily defeated the Raiders of South Floyd on Tuesday night but had a tougher time defeating the host team, the Lady Hawks of Pike Central, on Thursday.

Prestonsburg put the first points on the scoreboard when Ramanda Music got the first two points of the game. Leslie County didn't waste any time getting on the score board. But the Blackcats answered.

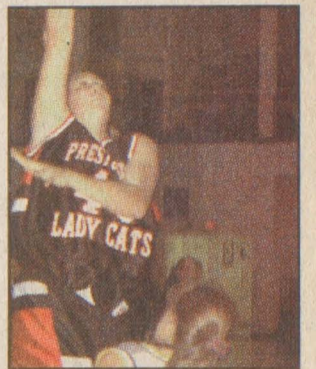
Megan Hyden and Amelia Conley each had two quick baskets for the Blackcats to give their team a 12-6 lead with three minutes remaining in the first quarter.

But the Eagles would not go away. Leslie County scored six unanswered points to come within four at the end of the first quarter.

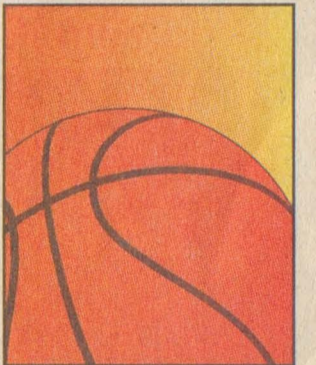
(See P'burg, page two)



■ Crawford Scores
27 in Win
Section • B2



■ County
Standings
Section • B3



■ Sports In
Kentucky
Section • B6

THE Score BOARD

■ Girls

**Lady Hawk Tip Off Classic
Championship game**
Prestonsburg 62, Leslie Co 56

Consolation
Pike Central 73, Betsy Layne 62

**Three Rivers Conference
Tournament**
June Buchanan 56, Piarist 22

Shelby Valley 77, Pike Central 37
Allen Central 64, Letcher 28
Belfry 93, Millard 33
Boyd Co. 76, JCHS 75
Jenkins 80, Hazard 53

■ Boys

Allen Central 66, Knott Central 63

Clarence D. Rice Tipoff
JCHS 58, Betsy Layne 56
South Floyd 66, Greenup Co. 62
JCHS 78, South Floyd 63

Shelby Valley 95, Prestonsburg 44
June Buchanan 83, Piarist 39
Elliott County 91, Morgan Co 62

Games on tap

■ Girls

Thurs., Dec. 9
Sheldon Clark at Allen Central
Prestonsburg at Belfry

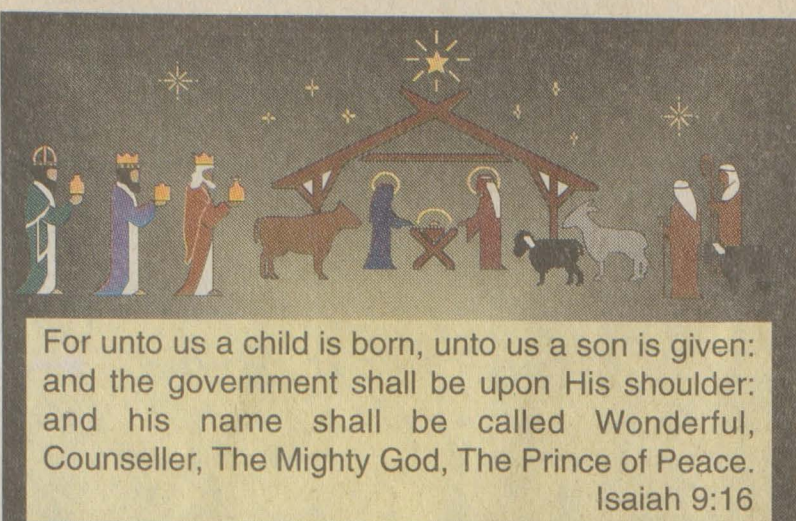
Fri., Dec. 10
South Floyd at Rosehill

Sat., Dec. 11
South Floyd at Raceland
Betsy Layne at Madison Central

■ Boys

Fri., Dec. 10
Johnson Central at Allen Central
Fleming-Neon at Betsy Layne
South Floyd at Jenkins
Magoffin at Prestonsburg

Sat., Dec. 11
South Floyd at Pike Central



For unto us a child is born, unto us a son is given:
and the government shall be upon His shoulder:
and his name shall be called Wonderful,
Counsellor, The Mighty God, The Prince of Peace.
Isaiah 9:16

Branham & Carter PSC
Ira E. Branham Miller Kent Carter
Pikeville, 432-2704
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Ira E. Branham, proud to serve as
State Representative, 94th District



Prestonsburg Lady Blackcats
Lady Hawk Tip-off Champions

Coleman pumps in 24 as Central captures own invitational

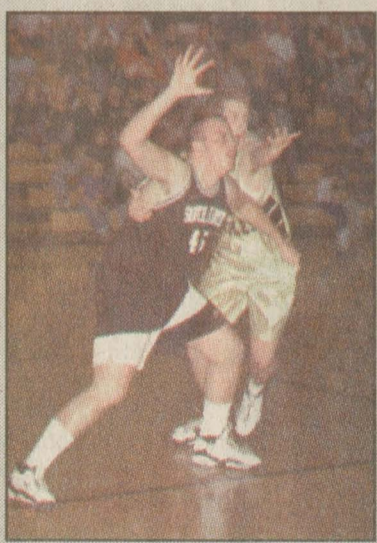
Tackett, Meade scores 15 in 78-63 loss to Eagles

by Ed Taylor
Sports Editor

In spite of a gallant effort, the South Floyd Raiders had to settle for second place in the finals of the Clarence D. Rice Invitational basketball tournament Friday night.

The Raiders squared off against host Johnson Central (2-0) in the championship game and it was the Eagles who would prevail with a 78-63 win over South Floyd (2-1).

Even a bleeding nose was not enough to stop Eagle standout Mitchell Coleman who finished with 24 points to lead the Eagles scoring. Coleman had to leave the game in the third quarter with the nosebleed and it was when he was absent the Raiders made a comeback in the second



half. But the comeback attempt fell short, with the Eagles securing the win.

"I think Henry (Webb) gave them a good talking to at half-time," said Johnson Central Coach Johnny Ray Turner. "They came back with whole lot more fire in their eyes and they came back and made it a game."

Johnson Central gave not only the Raiders, but anyone who was scouting them, a lesson on offensive execution. Sharp passing and court awareness helped the Eagles solve the early pressure defense of the Raiders. By spreading the court and using pinpoint passing, Johnson

(See Coleman, page two)

**SOUTH FLOYD'S
BYRON HALL (44)**
scored two of his 11
points against
Johnson Central
Saturday night in
the championship
game of the
Clarence D. Rice
Invitational. South
Floyd dropped a 78-
63 decision to the
Eagles.
(photo by Ed Taylor)



A Look At Sports

Tournament play!

HAPPY BIRTHDAY WISH TO..

Betsy Layne's Scott Collins. Scott turns 18 tomorrow (Thursday). Scott was hurt during the first half of the Bobcats game against Johnson Central last Friday night. Report says he dislocated the thumb on his right hand and it is nothing serious. He will miss eight to 10 days of the season. Anyway, happy birthday, Scott.

Congratulations to Coach Bobby Hamilton and the Prestonsburg Lady Blackcats on winning the Pike Central Lady Hawks Invitational tournament this past Saturday night. The Lady Blackcats defeated a good Leslie County team in the championship game.

Ramanda Music, Brooke Coleman and Megan Hyden were named to the all-tournament team.

One thing I cannot understand is how they kept from putting Betsy Layne's Nathasa Stratton on the all-tournament team. Here is a freshman who played as hard as

anyone in the event. She scored 15 in game one, 15 in game two and 14 in game three. She rebounded, played defense, came up with some key steals and was all over the court.

Stratton is a very good young prospect and you will be hearing a lot about her in future years. She is quick and loves to play the game.

You couldn't find any better high school basketball than what was played at Johnson Central Friday and Saturday night. A double overtime win in game one, the second game going down to the last shot.

Saturday night, we saw a very good South Floyd team make a valiant effort in coming back in the championship game against host Johnson Central. A large crowd was on hand for both nights of the tournament. Coach Johnny Ray Turner and



(See Sports, page five)



KANDANCE MITCHELL (41)
SCORED over a Feds Creek defender in girls basketball play at South Floyd Monday night. The Lady Raiders won their second game of the season. South Floyd plays at Rosehill Friday night. Story on page 2. (photo by Ed Taylor)

Crawford buries four treys, scores 27 points in win over Feds Creek

by Ed Taylor
Sports Editor

Running up the score?

Usually it is the South Floyd Lady Raiders' fans who are accustomed to the verbal line, indicating that the opposing coach is trying to embarrass another team by putting points on the scoreboard.

Well, it wasn't that way Monday night at Raider Arena, where the Lady Raiders were on the larger number of the final score when they routed Feds Creek 86-52 in regional basketball play.

Martha Crawford scored a game-high 27 points in an outstanding performance on the floor, and she did

played but half the game. Crawford buried four three-point baskets on her way to a career high.

The smooth moving guard did more than just shoot the ball. She pulled down eight rebounds in the game and dished off for five assists.

It was the second win of the season for the Lady Raiders, who defeated Elkhorn City in the Lady Hawk Invitational last week. South Floyd has lost three times.

It is the first time in the history of the team that the Lady Raiders have gotten off to a 2-3 start.

Coach Paul Cline got strong play from his starters as well as the bench. Jessica Paige came off the pines and hit two three-point baskets in scoring 10 points. Starters Kandice Mitchell added 18 points and Lindsey Hall netted 13.

Tishia Pugh led the Lady Vikings with 25 points. Kellie Keene had seven and Michelle Webb scored six.

Feds Creek attempted 41 free

throws in the game and most of those came in the second half. The Lady Vikings were awarded the double bonus with just over three minutes remaining in the third period. The foul-prone Lady Raiders kept putting the Lady Vikings at the stripe.

Feds Creek held the lead only twice in the game and that came early. Pugh scored the first six points of the game for Feds Creek for a 6-3 lead. South Floyd took the lead for good, 7-6, on a basket by Mitchell with 4:37 left in the first quarter. Crawford buried her first trey at the 4:09 mark and the Lady Raiders were never headed. They led 23-13 after the first quarter.

In the second period, Feds Creek made a run at South Floyd, cutting the 10-point margin to three, 25-22, by scoring nine unanswered points. But Mitchell and Hall scored six points each in the final five minutes and South Floyd held a 38-25 half-time lead.

Crawford hit treys two and three in the third period as South Floyd began to put some distance between themselves and the Lady Vikings. Paige also hit her two three-point baskets and the Lady Raiders were off and running as Coach Cline went to the bench early and often. Sarah Vaughn scored four third-quarter points. The Lady Raiders built a 28-point margin after three quarters, leading 66-38.

South Floyd led twice by 34 points in the final stanza. Baskets by Crawford gave South Floyd a 75-41 lead and the final 86-52 count.

Vaughn finished with six points for South Floyd, with Minnie Tackett scoring four points. Freshman Stephanie Skeans played a strong game and scored three points. Tabitha Berger and freshman Valerie King finished with two points each. Monica McKinney had two points.

South Floyd travels to Rosehill Friday night.



Martha Crawford (30) scored 27 points Monday night to lead the South Floyd Lady Raiders to a convincing 86-52 win. Crawford hit four three-point baskets in the win (photo by Ed Taylor)

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P'burg

(Continued from page one)

Brandi Wells had one steal in the first quarter and put the ball in hoop for the Blackcats. The score at the end of the first quarter was 14-10 in favor of the Blackcats.

In the second quarter, the Eagles tied the score with 5:33 remaining in the half. But Prestonsburg would regain the lead on two free throws by Amelia Conley.

Leslie County would not lead the Blackcats again in the second quarter and the half ended with Prestonsburg having a seven-point lead.

Again in the third quarter, the Leslie County Eagles would fight back and tie the score with 4:34 remaining in the third quarter. But Brooke Coleman gave the lead back to Prestonsburg when she hit a three-point basket on the next trip down the floor.

The Eagles would not go away, however. They came back to tie the score at 37 with 38 seconds remaining in the third period of play.

The Eagles took the lead for the first time in the game with nine seconds to go in the quarter, which ended with the Eagles up by two points.

In the fourth quarter, the Eagles

led as many as six points at one time, but the Blackcats would go on another hitting spree and regain the lead with 4:20 remaining in the game.

Leslie County came within three points of the Blackcats, but could not get any closer. The Lady Blackcats went on to win the game 62-56.

Prestonsburg hit 11-of-23 free throws in the final period.

The Prestonsburg Ladycats remain undefeated on the season and will travel to Belfry on Thursday, December 9, to take on the Belfry Pirates.

Prestonsburg (62)
Wells 6, Coleman 9, Conley 10, Music 19, Hyden 11, Adams 7.

Leslie Co. (56)
Simpson 5, Shepherd 4, Roberts 9, Hawkins 20, Caldwell 4, Brooks 8, Collette 5, Pennington 2

Prestonsburg
14 13 10 25—62

Leslie County
10 10 19 17—56

Coleman

(Continued from page one)

Central was able to pick up some easy baskets underneath in building a 24-point advantage in the second period.

But after halftime, it was a different South Floyd team that returned to the court. Early fouls troubled big man Jimmy Stumbo, who eventually fouled out with six points.

The Raiders looked better on offense and their defensive scheme picked up in cutting the deficit to just 10 points after three quarters, 59-49.

South Floyd would get as close as five points, 64-59, in the fourth quarter on a basket by Byron Hall, who netted 11 points in the contest. But on five of their last seven possessions of the third period, the Raiders turned the ball over. Johnson Central converted four of the turnovers into points.

"I was proud of the way my team kept their composure," said Coach Turner, "and kept hanging in there."

Johnson Central was an intense team when they took to the court at the onset of the game. The Eagles raced out to a 19-3 lead, scoring 13 unanswered points to go in front by 16. After a free throw by Coleman and a rebound basket by Clint Hackney, Kyle Tackett drilled a three-point basket to tie the game at 3-3. But it was all Johnson Central after that, as they forced the Raiders into two quick turnovers and built the big lead.

Coach Turner said he was not pleased with the way his team played against Betsy Layne the night before.

"I gave them a good talking to after the game (Betsy Layne) and felt like we were not as intense as we needed to be," said the Johnson Central coach. "The boys have a lot of pride and I think they came out tonight with some determination and knew they were going have to

play to win."

Johnson Central led 29-11 after the first quarter and South Floyd could only score two points, a basket by Kyle Tackett, in the first four minutes of the second period trailing, 36-13. Hall completed a three-point play and Tackett hit a free throw to narrow the margin to 19 points, but Central went on an 8-2 run that netted them a 24-point lead, 44-20. Kyle Tackett buried a three-point basket just before the half ended and the Raiders were only down 46-29 after two quarters.

In the third period, Hall's rebound basket made it a 15-point game, but the confidence of the Raiders showed. Down 53-31, the South Floyd defense was taking its toll on the Eagles as the Raiders went on a 12-2 run that narrowed the deficit to 10 points, 55-45.

Stumbo and Tackett led the Raider charge. Tackett had a rebound basket with seconds on the clock to keep the lead at 10 points after three quarters.

The Raiders picked up in the fourth quarter and outscored the Eagles 10-6 to trail by only five points. But the turnovers in the final 3:52 of the game haunted the Raiders.

Ryan Shannon, who struggled from the free throw line, where the Raiders made 15-of-26, finished with six points. Stumbo had six and Rusty Tackett tossed in six. Dusty Tackett finished with three and Michael Hall had only one point.

Three players scored in double figures for the Eagles led by Coleman's 24 points. Tommy McKenzie added 12 and Marvin Fannin netted 10. Jimmy Burchett just missed double digits with nine points. Heath Castle, off the bench, scored eight and Hackney scored seven.

South Floyd will travel to Pike Central Saturday evening.

Betsy Layne Junior Basketball...

JUNIOR TRAINING LEAGUE

BLACK VS GREEN

Andrew Vance scored five points to lead the Green team to a 9-8 win over the Black team in junior training league. Dylan Malendado and Derek Tackett added two points apiece.

Bryer Adkins led all scorers with six points for the Black team. Joe Howell had two points.

RED VS BLACK/GOLD

The Red team edged the Black/Gold team 10-9 in basketball play Saturday at the Betsy Layne gym. Nathan Martin netted six points to lead the leaders. Andrew Roberts tossed in four points.

Megan Hamilton had seven points to lead all scorers for the Black/Gold team. Jason Case had two points.

Martin scored all six of his points in the first period to stake the Red team to a 10-4 lead. But the Red squad did not score the rest of the game in holding on for the win.

TRAINING LEAGUE

BLUE VS MAROON

In a come-from-behind effort, the Maroon team bested the Blue team 34-31 in the training league. Brennan Case scored a game-high 17 points to lead the Maroon team.

The Blue team failed to score in the third period after leading 23-14 at the half. The Maroon team outscored the Blue 13-0 in the third

stanza to take a 27-21 lead.

Tyler Hamilton finished with nine points for the Maroon team. Michael McKinney added four and Austin Collins netted two.

Trey Whitt led the Blue team with 16 points. Adam Gearheart had six and Jason McKinney scored four. Korey Henry finished with two.

It was a 12-7 lead for the Maroon team after the first quarter. Case had six first quarter points and Hamilton tossed in four. Whitt scored five points in the opening quarter for the Blue team, with Henry hitting two free throws.

A 16-2 run by the Blue team gave them a halftime lead.

NAVY VS RED

A balanced scoring attack netted the Navy team a 19-14 win over the Red team this past Saturday. Ketura Tackett and Tony Bishop led seven players in scoring with four points each. Joshua Hamilton scored three. Adam Slone, Branson Bishop, Eric Rice and Nick Akers had two points each.

Cody Rogers led all scorers with 12 points for the Red team. Nesley Akers scored two.

The game was tied at 6-6 at the end of the first period. A 6-3 second quarter gave the Red team a 12-9 lead. In the third period, the Red team went scoreless in a 4-0 run for the Navy and a 13-12 lead. The Navy team outscored the Red 6-2 in the fourth for the win.

BLACK VS GREEN

Samuel Keathley and Justin

Kurkowski combined for 22 points to lead the Green team past the Black, 37-10. Keathley finished with 12 points and Kurkowski netted 10. Jeremy Lykens scored six with Brady Conn tossing in four points. Brandon Mulkey had three and Taylor Boyd scored two.

Kayla Case led the Black team with eight points. Andrew Hinkle scored two.

It was a 14-2 game in favor of the Green team after the first quarter. Keathley scored six of his points in the first period. Conn added four, with Kurkowski and Boyd scoring two each. The Black team cut the lead to eight points in the second quarter and trailed 18-10 at the half.

JUNIOR VARSITY

GREEN VS NAVY

Justin Slone tossed in 13 points and Jack Slone added 10 as the Green team edged the Navy 43-36 in junior varsity play Saturday. Kristen Smith and Jonathan Howell added six and five points respectively. Brock Slone scored four, with Jordan Case finishing with two. Logan Clark had one point for the winners.

Brenton Hamilton, Bill Curtis Collins and Brandon Kidd scored eight points each to lead the Navy team. Jason Worrax tossed in three. Jake Schmolett, Cody Click and Nicole Spurlock scored two points each for the Navy squad.

The Navy team led 8-7 at the first stop, with Kidd scoring four of the eight points. Cross and Schmolett had two points. A 13-6

run by the Navy team netted them a 21-13 halftime lead. Worrax hit a three-point basket, with Collins scoring six points and Hamilton five in the period. Smith had four points in the second period for the Green team.

A 19-4 third quarter for the Green team gave them a 32-25 lead after three quarters, with Jack Slone scoring six points and Justin Slone four. Brock Slone added four and Howell buried a three-point basket.

RED VS GREEN

Jordan Case scored 18 points and Jack Slone netted eight as the

Green team scored a 34-17 win over the Red team. Brandon Hall added five. Justin Slone scored two and Brock Slone had one for the winners.

Buddy Conn led the Red squad with 12 points, while Adam Roberts netted eight. Mason Rivers scored four and Derek Osborne had one.

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The Betsy Layne Junior Basketball League plays every Saturday and Sunday at the D.W. Howard Fieldhouse where nearly 200 kids take part in the league games. (photo by Ed Taylor)

Floyd County Basketball Standings

WOMEN

Team	Overall	Conf.
Prestonsburg	3-0	0-0
Allen Central	2-1	0-0
Betsy Layne	1-1	0-0
South Floyd	2-3	0-0

MEN

Team	Overall	Conf.
Allen Central	3-0	0-0
South Floyd	2-1	1-0
Betsy Layne	1-1	0-0
Prestonsburg	0-2	0-0
Piarist	0-7	0-1

Tuesday night games not included

Prestonsburg Junior Basketball League

JUNIOR VARSITY

PACERS VS HAWKS

Zack Stanley scored a game-high 25 points to lead the Hawks past the Pacers 45-37. Matthew Crisp added eight points for the winners, while Michael Lackey scored five points. Heather Dean netted three and Chris Baker had two points.

Nick McGuire scored 14 points to lead the Pacers, with teammate Zach Ousley finishing with 11 points. Bobby Hughes scored seven. Ricky Crider and Meghan Slone had two points each. Chris Oliver had one point.

The Hawks held a 6-5 lead after the first quarter with Ousley scoring four points in the first. Crisp had four points for the Hawks. In the second quarter, the Hawks outscored the Pacers 17-8 to lead 23-13 at the half.

BULLS VS LAKERS

The Bulls posted a 35-21 win over the Lakers behind the 18-point performance of Andrew Shepherd. Conn added six points with Brooks Herrick and Tommy Johnson scoring four points each. Westley Hall added three points.

James Lafferty led the Lakers with nine points. Josiah Reno had four points and Jordan Ochala added three points. Carman Maines also had three points.

Shepherd scored six points in the first quarter in taking a 11-3 lead at the first stop. Herrick had four points in the period. The Bulls held a 17-7 halftime lead.

TRAINING LEAGUE

LAKERS VS BULLETS

Josh Rodebaugh scored nine points and Jody Tackett added eight to lead the Lakers to a 19-17 win over the Bullets in the training league. Craig Conley scored two points for the winners.

Taylor Clark got off to a slow start but scored 13 of his game-high 15 points in the fourth quarter to lead the Bullets scoring. Jesse Brock had two points for the Bullets.

It was a 2-0 game after the first quarter and the Lakers held a 6-4 lead at the half. The Bullets went scoreless in the third quarter until Clark's hot hand almost brought the Bullets back.

HAWKS VS HORNETS

The Hornets went scoreless in the first quarter and dropped a 16-10 decision to the Hawks Saturday at the Adams Middle School. Shawn Wallen scored seven points, with Stacy Perry adding two and Timothy Marsillett netting one for the winners.

Joshua Head led all scorers with eight points for the Hawks. Jared May netted three. Adam Kimbler and Austin McKinney scored two points each, with Steven Boatwright tossing in one point.

SIXERS VS SONICS

Nathaniel Stephens scored 10 of his game high 14 points in the second quarter as the Sixers got past the Sonics 19-5 last weekend. Christopher Setser scored six fourth-quarter points and finished with 10. Cameron Tincher and Josh Holbrook added two apiece, with Tyler Collins scoring one.

Amber Johnson and Brandon Ratliff led the Sonics with two points. Michael Burchett had one point.

Setser scored four first-quarter points to give the Sixers a 4-2 lead. But in the second, Stephens went to war and the Sixers led 14-4 at the half.

PEE WEE LEAGUE

KNICKS VS PACERS

In a battle on the hardwood, the Knicks edged the Pacers 4-3 in the Pee Wee division Saturday. The Knicks scored all the points they needed in the first period with baskets by Evan Bays and Myles Minix.

The Pacers got a basket from Evan Spradlin and a free throw from Evan Hayes.

BULLS VS KNICKS

Brian Branham scored four points as the Bulls edged the Knicks 10-4 in Pee Wee basketball. Will Allen, Tyler Good, and Zach Spiggle scored two points each for the winners.

Frankie Conn and Myles Minix had two points apiece for the Knicks.

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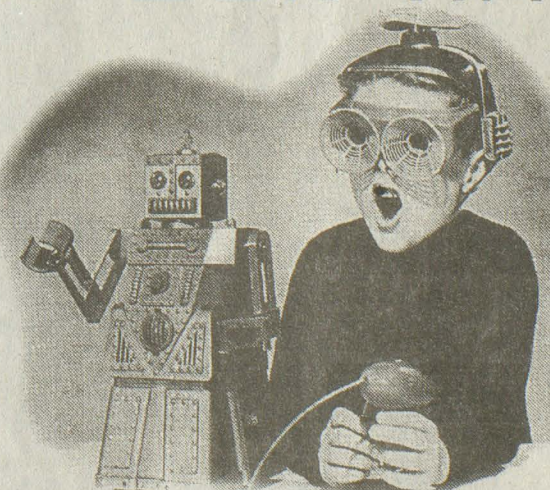
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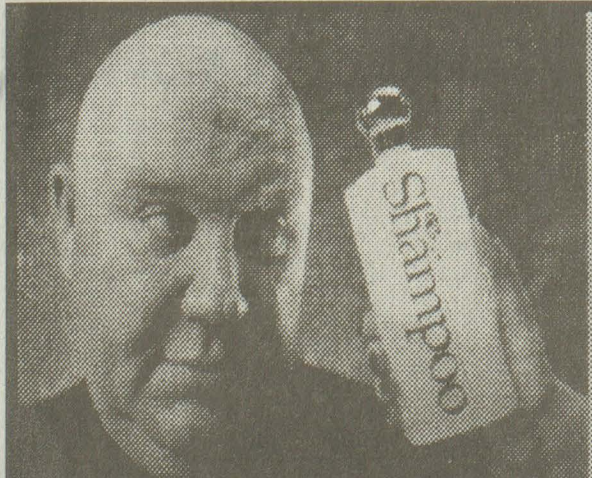
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Allen Central Places Two in Double Figures in Win over Letcher Co.

by: Karen Joseph Sports Writer

The Allen Central Lady Rebels hosted the Lady Eagles from

Letcher County on Monday night in hopes of their second win. The Rebels were coming off a big win over Knott County Central on Saturday. The Lady Rebels controlled the entire game. The closest the Eagles ever came to the Rebels was three points and that was with 4:22 remaining in the first quarter and the score was 5-2. After that the Lady Eagles were no contest for the Lady Rebels. Allen Central defeated the Lady Eagles of Letcher County 64-28.

The man to man defense of the Allen Central Rebels stopped the offense of the Lady Eagles in the first quarter. The Rebels held the Eagles to only two points in the first quarter. The Rebels had a low scoring first quarter as well. The Rebels scored nine points in the first period of play. Six of those nine points were three-pointers by Natalie Cooley and Barb Prater.

In the second half the Eagles switched their strategy, going inside hoping to score against the Rebels. But the Lady Rebels continued the man to man defense and stopped the inside game for the Eagles. In the first half, the Eagles attempted the outside shots but were not too successful. The Rebels outscored the Eagles 13-6 in the second quarter. Natalie Cooley hit another three-point basket in the second quarter. Jessica Martin got hot in the second period and scored three baskets for the Lady Rebels. The Rebels scored eleven unanswered points before Tosha Adams finally scored for the Eagles with 3:38 remaining in the half. Erin

Majakey came off the bench to score two points in the second quarter. Shannon Sizemore had the other two points for the Lady Rebels giving them the 22-8 lead at the half.

The second half as pretty much a repeat of the first half. Allen Central control the rest of the game. They outscored the Eagles 23 to 10 in the third quarter. In the second half, Natalie Cooley had two assist, two rebounds, a steal and seven points, including another three-point basket, for the Rebels. Jennifer Risner connected for two three-pointers in the third period of play, for the Lady Rebels. Kari Osborne came off the bench to score two points for the Rebels. And Jessica Martin continued her scoring streak scoring eight points.

In the second half Jennifer Risner had six points, three rebounds, two steals to help her team win.

In the fourth and final quarter the Rebels outscored the Eagles 19-10 making the final score 64-28.

The Rebels improve their record to 2-1 and will host the Cardinals of Sheldon Clark on Thursday night, December 9th.

Allen Central (64)
J. Martin 17, Cooley 16, Risner 6, Moore 6, Prater 4, Howell 2, Osborne 6, Majakey 2, Jackie Martin 2.

Letcher County (28)
K. Dixon 7, M. Dixon 7, A. Adams 1, T. Adams 7, T. Watts 4, Jent 2.



MEGAN HYDAN (15) SCORES OVER A LESLIE COUNTY player in the championship game of the Pike Central Lady Hawk Invitational. Hyden was named to the All-Tournament Team along with Ramanda Myden, Brook Coleman and Amelia Conley. (photo by Karen Joseph)

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Lady Hawk Invitational... Betsy Layne falls to Pike Central

by Ed Taylor Sports Editor

Jenny Parsons scored 15 points and Nathasa Stratton added 14, but it just wasn't enough for the Lady Cats of Betsy Layne in dropping a 73-62 decision to the Pike County Central Lady Hawks in the consolation game of the Lady Hawk Invitational Saturday evening at Pike Central.

Sheena Akers added 13 points as the third Lady Cat to score in double figures. Amber Roberts netted

eight points.

Betsy Layne found themselves down 23 points after three quarters, trailing Pike Central 58-35. In the fourth quarter, Stratton sparked a mild comeback for the Lady Cats, but the rally fell short.

Stratton, who averaged nearly 15 points a game for the three games, had six points in the final period.

Betsy Layne did not shoot well from the free throw line, hitting only 21-of-36 attempts. Pike Central attempted 10 free throws,

making nine of those.

Ashley Melvin, who led all scorers with 27 points, was a perfect 6-of-6 from the charity stripe.

The Lady Hawks opened up an early lead in the first quarter, rolling out to a 21-9 lead at the first stop. Pike Central led 41-24 at the half.

Devon Reynolds, who was named to the all-tournament team, finished with six points.

Heather Hamilton, Amber Biliter and Brandi Lykens had two points each for Betsy Layne.

Allen Central remains unbeaten with win over Knott Central

by Ed Taylor Sports Editor

The Allen Central Rebels resemble a bunch of bees in two ways: they come at you swarming and they are pesky.

So was the feeling of the Knott County Central Patriots after they suffered a 66-63 setback at the hands of host Allen Central Saturday night.

Allen Central remained unbeaten in three games and ran their record to 3-0 on the year.

Josh Howell and Leslie Slone led the Rebel charge with 18 points each. Jeremy Sexton tossed in 13 points. Howell had eight rebounds in the contest. Howell hit the lone three-point basket for the Rebs.

Knott Central placed three players in double figures led by Todd Craft's 20 points. Justin Pratt and Jared Thornsberry added 19 points each.

The Rebels used their quickness and forced Knott County Central into 25 turnovers for the game. Allen Central Coach Johnny Martin said it was a "big win for us!"

"We played well. In the third quarter we let them get back into it," he said. "It was close after that. We missed a lot of free throws earlier. Had we made them it would not have been as close."

Allen Central connected on 17-of-

28 attempts, down from their first game against Feds Creek.

Knott County led only once in the game and that was by two points. The Rebels blitzed the Patriots in the first quarter leading 19-8 at the first stop.

Knott Central buried seven treys to stay close to Allen Central. Five of those came from Craft, who hit three in the third period and two in the fourth. One three-point basket turned into a four-point play for Craft. He drilled a trey and was fouled on the shot, completing the free throw.

Jeremy Sexton, who is averaging 16.2 points a game through three games, scored six of his points in the first quarter, as did Slone, to give Allen Central an early 11-point lead.

In the second period, Jared Thornsberry got involved in the scoring for Knott County and scored eight second-quarter points to lead a 17-13 run.

Allen Central led 32-25 at the half.

In the third period, Craft, who had but two points at the half, lit up the scoreboard for Knott to pull his team to within one of Allen Central, 46-45, after three quarters. He scored 12 points in the period and hit three treys. Howell, who only had two points in the first two quarters for Allen Central, hit a three-point basket and scored seven points to keep Allen Central out in front.

"We were hustling all over the floor," said Coach Martin. "We caused them to turn the ball over several times, we had 11 ourselves, was out-rebounded by two. They are a big team."

Rodney Scott finished with eight points for Allen Central. Larry Mullins netted seven. Uncharacteristic of Mullins, he hit only 3-of-9 free throws. He completed an old-fashioned three-point play in the third quarter.

Knott Central hit 22 of their 28 free throw attempts.

Allen Central will host the Johnson Central Golden Eagles this Friday night in a top regional match up.

players	fg	3pt	fta-m	tp
Craft	1	5	3-3	20
Pratt	3	1	12-10	19
T'berry	5	0	10-9	19
Eversole	0	0	1-0	0
Dyer	0	0	0-0	0
Amburgey	1	1	2-0	5
totals	10	7	28-22	63

players	fg	3pt	fta-m	tp
Mullins	2	0	9-3	7
Slone	8	0	3-2	18
Scott	3	0	4-2	8
Howell	5	1	6-5	18
Sexton	4	0	6-5	13
Chaffins	1	0	0-0	2
Hayes	0	0	0-0	0
Yates	0	0	2-0	0
totals	23	1	28-17	66

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Betsy Layne Ladycats win Shag Campbell Invitational

by Karen Joseph
Sports Writer

Jim Roberts and his Betsy Layne Lady Bobcats won their second straight tournament by winning the Shag Campbell Invitational at Allen Elementary Thursday.

The Bobcats improved their record to 15-0. Betsy Layne defeated Allen Central Middle School and Adams Middle school to advance to the championship. Beaver Creek defeated Allen Elementary and John M. Stumbo Mustangs to advance to the championship. Betsy Layne and Beaver Creek had met once before this season

and it was the Bobcats coming away with the win.

The Beaver Creek Beavers were ready to take on the Betsy Layne Bobcats. It was a very close game, with the exception of the third quarter. The Bobcats outscored the Beavers 23-11 in the third quarter to claim the victory 58-36.

Betsy Layne placed two players in double figures. Lykens had 28 while Kim Clark added 11 for the Bobcats. Beaver Creek placed two girls in double figures. Elisha Hall and Kristan Hall each had 10 points for the Beavers.

In the first quarter, Beaver Creek played the Bobcats a close game. Betsy Layne only outscored

the Beavers by three points in the first quarter.

Whitney Lykens had seven of the 13 points the Lady Bobcats scored, including one three-pointer. Krista Johnson had a three-pointer for the Lady Beavers.

The Lady Bobcats had a slight three-point lead over the Beavers at the end of the first quarter.

Whitney Lykens had another three-pointer in the second period of play. She had 10 of the 14 points in the second quarter for the Bobcats.

The Beaver Creek Beavers scored only seven points in the second quarter and the Lady Bobcats went into the locker room with a 10-point lead.

In the third quarter, the Lady Bobcats came out to play ball. They quickly added to their lead. The Beavers struggled and came back to score 11 points in the third quarter, but they could not stop the offense of the Lady Bobcats.

Candice Meade had four points and three steals in the third quarter for the Bobcats. Breann Akers scored two points, but had some very big rebounds for the Bobcats. Tabetha Witt also did a good job for the Bobcats, going to the boards. Witt had four points in the third quarter. The Bobcats added to their lead, starting the fourth quarter leading the Beavers 50-28.

In the fourth quarter, the Beaver Creek Beavers held the Bobcats to

only eight points. But Beaver could not overcome the deficit of the third quarter. The Lady Bobcats went on to defeat the Beavers 58-36 and capture the winners' trophy.

The Lady Bobcats will participate in the Rax Invitational Tournament on Monday night.

Betsy Layne (58)
Lykens 28, Clark 11, Witt 7, Akers 4, Meade 6, Lawson 2.

Beaver Creek (36)
Johnson 8, H. Martin 3, Osborne 2, E. Hall, K. Hall 10, Martin 3.

Betsy Layne	13	14	23	8-58
Beaver	10	7	11	8-36

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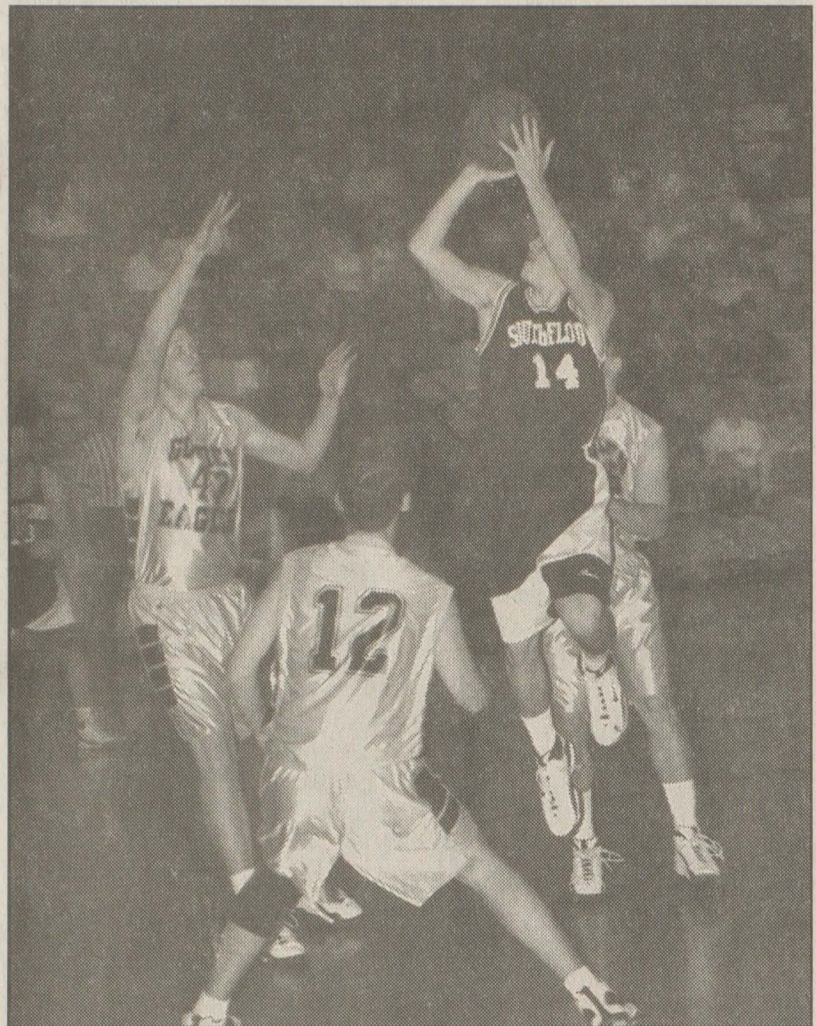
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SOUTH FLOYD'S DUSTY TACKETT (14) SCORED ON THIS jumper against Johnson Central Saturday night. The Raiders fell to the host team in the Clarence D. Rice Invitational (photo by Ed Taylor)

Pike teams advance in Rax

Two wins and a forfeit help three Pike County teams to advance in the 10th Annual Rax Junior High Invitational basketball tournament at Pikeville College Monday night.

Millard and Pikeville advanced with wins while Dorton won by forfeit over South Floyd, who did not show up for the tournament. Each team moved into the quarterfinals Thursday and Friday.

Millard opened the tournament with a 40-37 win over Betsy Layne. The Mustangs placed three players in double figures en route to the victory. Jimmy Henson scored 10 of hit team high 14 points in the first half to

get Millard off to an 18-15 lead at the intermission. Eric Slone scored 11, nine in the second half, to insure the win. Robbie Spears also tossed in 11.

Newsome led Betsy Layne with 14 points while Kidd added 10 points for the Bobcats.

Millard will play Pikeville in the quarterfinals, as the Panthers knocked off Turkey Creek 60-48. Robert Shurtleff scored 14 second half points, finishing with 21 to pace the Panthers.

Pikeville built a 29-19 lead at intermission thanks to balanced scoring. In addition to Shurtleff's seven, Kelsey Friend scored all eight of his points before the break, and David Fish tossed in

seven. Fish finished with 11, while Jan Johnson tossed in 10 for Coach Bart Williams' team.

Paul Howard led all scorers on the night, scoring 31 for the Wildcats. He had 17 first-half points.

Doug Howard scored 12 for Turkey Creek.

Dorton got a win in the final game of the night, advancing when South Floyd failed to show.

Magoffin County moved back to Friday night

Prestonsburg Blackcat and county basketball fans should take note that the Magoffin County at Prestonsburg basketball game, scheduled for Saturday night, December 11, has been changed and rescheduled for Friday night, December 10 at 7:30 p.m., according to Prestonsburg athletic director Ron Hampton.

The junior varsity game will begin at 6 p.m. with the varsity following.



Wesley School
Circuit Riders

Sports

(Continued from page one)

his staff are to be commended for the great job of hosting the annual Clarence D. Rice Invitational.

Coach Turner said he wanted to have the normal eight teams but "just couldn't get anyone to play."

"We won it last year and they didn't want to come and play in it this year," he said. "Next year they will be begging us to get in."

Turner's remarks were related to his losing so much next year from this year's team.

Coach Johnny Martin and the Allen Central Rebels are off and running (what else?) this season. The Rebels hosted Knott County Central Saturday night, hosted Pike County Central Tuesday night and will host Johnson Central this Friday night.

"We will have played all the Central teams this week," said Coach Martin.

Opponents are averaging 25 turnovers against the Rebels defense this year. Now a very good average — for the other teams.

The talk around the 15th Region is of the Betsy Layne Bobcats. Coach Brent Rose's ball-club made quite an impression on regional fans in spite of dropping a two-point game to Johnson Central, who many consider the top team in the 15th.

I know one thing, the Bobcats played one tough defense and I noticed there was no foolishness on or off the floor. If you don't play well, you watch from the bench.

The Bobcats are a pleasure to watch this year. They are going to win some games and they are going to win some big games.

CATS TO GO BOWLING

Good news came UK's way Sunday (and everyone expected it) when Coach Hal Mumme's Wildcats were invited make their second straight bowl appearance. This time, however, it will in Nashville for the Music City Bowl, a lesser prestigious bowl than all the others.

Kentucky, which finished with a winning 6-5 record, will face the

Orangemen of Syracuse (6-5) in the bowl game.

Last year, Kentucky fell to Penn State in the Outback Bowl.

Maybe the bowl appearance by the football Wildcats will take away the attention given to the basketball Wildcats, who just can't find a way to put points on the scoreboard.

UK fell to Indiana last Saturday and, after the UNC-Asheville game (Tuesday night), the Cats will face Maryland on the road, Louisville at home and Michigan State at home.

Cupcake Alaska-Anchorage comes to Rupp and it will be a needed game for the Cats after they will have suffered their second three consecutive losses of the season.

But after the Alaska farce, it will be Missouri, Georgia Tech and unbeaten Vanderbilt as the Cats' opponents.

Does it get any better for UK? No! Then they have to battle the War Eagles of Auburn, ranked seventh nationally.

The way the Cats are performing, it is hard to go down the schedule and find anyone they can beat the way they are playing right now. But I'm sure they will pull off an upset or two.

I still say that J.P. Blevins can run the team better at the point than Saul. Sorry!

Until Friday, good sports everyone and be good sports!

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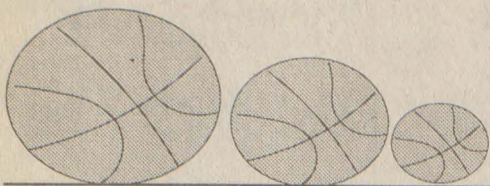
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CHILDREN AND CHIROPRACTIC CARE

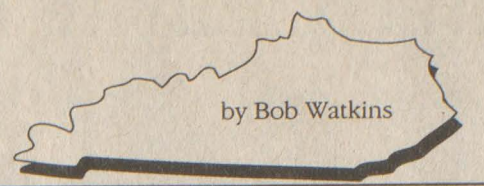
Chiropractic care is becoming popular for children as well as adults. Because the spine is subject to strain throughout a child's growth and development, an increasing number of parents are having their children see a doctor of chiropractic as early as possible.

As children learn to walk and become more active, they will have their share of falls, sprains and bruises, indoors and out. Poor posture—while watching TV or sitting at the computer for example—can cause spinal problems that worsen over time. In addition, about 20 percent of all children suffer from scoliosis, an s-shaped curvature of the spine. A chiropractor can determine whether a child has any spinal problems and, if necessary, restore proper posture through regular adjustments and care.

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SPORTS IN KENTUCKY



Good, bad, ugly and beautiful from UK loss at IU; Can 'Cats master 5 Ps?

Silver linings and other observations from Kentucky-Indiana fracas.

Good, bad & ugly ... and beautiful.

• Good. To beat the Wildcats,

Indiana had to play exceedingly well. The Hoosiers shot 54.7 per cent, overcame a 40-26 rebound deficit, committed only a dozen turnovers, and swished 6-of-11 three-pointers with such uncanny good timing, it seemed the Hoosiers made three dozen.

• Bad. UK got off just 55 shots to IU's 53. Too many were rushed or were reasonable shots at wrong

times. Also bad, the Wildcats managed only 12 assists, and made 18 turnovers.

• Ugly. Jamaal Magloire. In pre-season magazines UK's 6-10 senior was touted as an NBA back-up center prospect. Half-dozen games in, Magloire should be a college back-up center.

• Beautiful. J.P. Blevins postgame remarks. "I really know what Kentucky basketball means to the Bluegrass, this game especially. I feel bad for the fans. At the same time, I don't want them to give up on us. We'll be there at the end," he told reporters.

• Good. Marvin Stone.
• Bad. If floor leader Saul Smith must take (team high) 13 shots (1-of-6 three-pointers), he must convert better than 30 per cent.

• Ugly. Schedule just ahead. Maryland, Louisville and Michigan State.

• Beautiful. "If you're going to be the best, you have to play the best," assistant AD Larry Ivy says. By February and March, what team in America will be more battle-hardened than the Team of the Century?

• Ugliest of uglies. Ludicrous that any news organization would print or air fan views that Tubby Smith should be let go six games into a season after previous ones of NCAA final eight and a national

championship. To do so, gives credence to absurdity.

THE PS FACTOR

Lots of grumbling and naysaying around the Bluegrass. How poorly the Kentucky Wildcats are shooting and who's to blame.

Says here, UK's early season woes are less about shooting and more about forsaking basic elements that made UK the so-called Team of the Century. And frankly, that ill-chosen name isn't helping either.

Patience, passing and possessions have been and still are the life-blood elements to this program's success.

1. Patience to wait for and recognize opportunity whether it be on a fast break or in half court set penetrations. As fundamental as getting the ball into the hands of a player with his best shots at (zip!) the right instant.

In its first five games, to a man, this team has played nervous, jittery, out of sync, even confused, as if trying to not let its Team of the Century image be tarnished.

For his part, Tubby Smith has tried to avoid raving at young players, lest they become more tentative.

Patience begins with point men and Saul Smith frets about making mistakes and loses confidence from his teammates. Unless he settles down, the coach's son label will undo him.

Patience glows from leaders also. Smith and Jamaal Magloire — most overrated NBA prospect since Shawn Bradley — are trying too

hard to lead instead of playing and behaving like men worthy to follow.

Patience is a contagious quality that makes its way into the heads of Tayshaun Prince, Desmond Allison, freshmen Keith Bogans and others naturally, gradually transcending grueling practices and fundamental drills.

2. Passing. Every successful UK team in history has gotten to pinnacles by passing, passing, passing. Through five games, this team averaged barely 10 assists per game. By Team of the Century standards, that's poor.

But don't be fooled by UK's meager 30-plus percent shooting. Passing is the problem. Examples: Get the basketball into the hands of say, southpaw Prince, where a left-hand move to the basket is available. Get the ball to Magloire when he has posted up deep and can catch a soft pass.

Passing opportunity happens when Saul Smith drives with confidence (see Duke's Jason Williams), makes defenses move, overload. Passing entails player movement instead of standing, waiting at the three-point line as Prince is guilty of doing.

Note: If Tubby Smith can be faulted ... shameful that a player with Prince's height and ball handling skills is allowed to be a stand-up perimeter shooter. When Prince stands at the three-line and calls for the ball, he should be given a place on the bench.

3. Possession. Through five games UK had blocked 30 shots. Impressive, right?

Wrong. Magloire, Prince and

others who swat enemy shots out of bounds have done their team a disservice. Better, a block-and-take possession.

I've never understood how a basketball player could thump his chest after blocking a shot when the opponent retains possession.

Collectively, UK has a marvelous shot-blocking team this year, but its effectiveness so far has been far less than if blocks were converted into possessions gained and points at the other end.

Patience, passing and possession.

Add to the Ps list: Pace and pas-

4. Pace. UK is renowned for dictating game pace, but not the 1999-2000 season. Not yet.

5. Passion. Kentucky teams past have played with passion, undoing teams with lesser zeal to win. Passion comes with confidence and experience.

The Ps. Time will tell if this UK team masters them. Stay tuned.

FOOTBALL WILDCATS GO BOWLING

Good for Kentucky football fans, a party Dec. 29 in Nashville. Good for grizzled seniors, another bowl trip. Good for the youngest Wildcats, who reap benefits of extra practice, experience a bowl trip. And good for Claude Bassett's 'extended' recruiting pitch.

READERS (RIGHT) WRITE

A flurry of letters, e-mails were received on points of view expressed here on UK coach Hal Mumme and Wildcats going to a bowl.

• About Hal Mumme and the UK Wildcats...

Will Cheatham, Louisville writes: First, I think Mumme and Boys should go to a bowl. (About not) beating Florida and Tennessee, I notice a lot of teams don't beat them either. Next year Mumme will be back with (many of) same boys, Dusty (Bonner) and company. Look out old boy, they're coming (along).

• Jim Moore, Charlotte, N. C. (E-mail): I can't believe anyone that writes a column can know so little about what they are talking about. You said UK was no closer in competing with Fla, Tenn and Ga, hell it used to be that we were getting beat 65 to 0.

• Joe Main (E-mail): Bob, disagree with you on UK's qualification to go to a postseason bowl. After losing (Tim) Couch and the entire offensive line last year, this might be the greatest over-achieving UK team in the last 20 years.

Typical of an opposing view...
• Pat Byrns, Louisville (E-mail): I agree with everything you said concerning the Cats being deserving of a bowl bid. Surely there are teams out there with better records and or a better team. I recognize that Mumme has brought some excitement to the program, however, following Curry and Uzelak made the task easy. Never have I seen anyone accomplish so little and get so much credit!

PARTING SHOT

"If Nike wants to be in college basketball business, don't just pay the school and don't just pay the coaches. If the school gets a million, matching funds (should) go into a fund for players ... With the biggest stars coming out of high school, (colleges) can pay them (from their Nike fund). If the next (Kobe) Bryant thinks he can get a better deal from UCLA or Kentucky, that will be his right." — Mike Lupica from his book, "Mad As Hell."

Have a point of view you would like to share? Write to Bob Watkins at P.O. Box 124, Glendale, Ky. 42740 or on the internet at Sptsinky@aol.com. And visit our website www.bobwatkins.com

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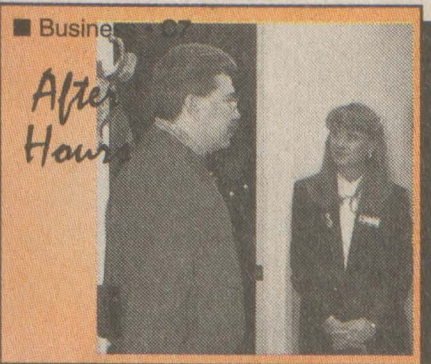
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Lifestyles



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Important documents come back to county

by Pam Shingler

Some of the same names that are prominent in Floyd County today can be found in records from the county's early years...

In fact, some prominent names from surrounding counties can be found in Floyd County's early records — Weddington, Stambaugh, Justice, Pinson, Ward, Cockrell, Powell, Brown, Swearingen, Hatfield, for starters.

In 1816 and 1817, Johnson, Pike, Magoffin, Martin, Knott and counties as far west as Powell were part of Floyd County. Records of people from those areas were recorded in Prestonsburg at the courthouse, including deeds, debts and other financial and social transactions.

Floyd County Clerk Chris Waugh estimates three to four people a day come into his office to "look up stuff" — to find out information about their families, bits and pieces of data that will answer questions about the people they are descended from.

In addition, Waugh says he gets letters every day from people who live far away and are tracing their lineage back to this area. Often, they want copies of documents.

Some of the documents, which date to the early part of the 1800s, have disappeared. "Not a lot, but some, have no doubt gotten away over the years," says Waugh, who became clerk — or keeper of the records — just last spring.

One such set of documents has found its way back home, thanks to a Virginia woman who found them among belongings she and her husband inherited from a relative.

Karen Salisbury of Gloucester, Virginia, has returned a copy of the Floyd County Clerk's records from 183 years ago. Her husband, David Salisbury, is the great-

grandson of the late Winnie Fitzpatrick Johns, who apparently took the record books home with her while doing genealogy research in the late 1920s.

Salisbury told in correspondence with local historian and professor Dr. Robert Perry how she came into possession of the county records. "I just found them last October in a box in the attic," she wrote. "When (Winnie Johns) died, we took home a few boxes of books and never looked into the boxes until last fall."

It turns out that among the books were four volumes of local records, dating from 1808 to 1817, including Prestonsburg founding father John Graham's "memorandum book in his handwriting from 1808."

Salisbury, who has worked on genealogies for the Salisburys, Johns, Wittens and Grahams, is typing the records and expects to return the originals to their rightful home at the Floyd County courthouse.

She made a copy of William Mayo's 1816-17 ledgers and sent it to Waugh at the local clerk's office. Waugh is planning to get it bound so that it can be used intact.

Mayo, perhaps knowing that interest would remain in his records generations hence, made an index of the citizens who transacted business with the county, along with the fee he exacted. Here is a list of the surnames, as they are readable. (Note the increase from one year to the next.)

1816

Stratton, McCoy, McGuire, Matthews, May, Mayo, Williams, Ratliff, Polley, Morgan, Young, Martin, Nations, Nolin, Owen, Pattons, Pinson, Powell, Patrick, Pratt, Preston, Price, Roberts, Sullivan, Spurlock, Smith, Stockton, Stockwell, Simmons, Scott, Swearingen, Sneed, Shortridge, Spradlin, Stambaugh, Taylor, Harper, Thompson, Trimble, Turman, Weddington,

Ward, Wheatley, Wright, Woods, Wellman, Wilson and Waller.

1817

Adkins, Auxer, Akers, Bibbs, Brown, Baisden, Branham, Banks, Brooks, Collier, Cains, Clark, Cole, Christian, Dunbar, Damron, Day, Davis, Durrets, Davidson, Dozer, Earsons, Evans, Elswick, Enox, Ford, Fitzpatrick, Floyd, Garrard, Graham, Gardner, Greathouse, Gillespie, Hale, Hilton, Havens, Haius, Hackwith, Hatfield, Harman, Hardies, Harris, Hamilton, Hanna, Hall, Jost, Justice, Armstrong, Ashby, Allen, Adams, Adkins, Bell, Catlett, Chaney, Colo, Frazier, Fleming, Fletcher, Gholson, Garehart, Goodson, Garrott, Jamison, Hubbard, Herrells, Havens, Haws, Hays, Havitis, Hancock, Head, Horton, Keeton, Kelley, Love, Lacey, Layne, Lewis, Mead, Mayo, Martin, McGuire, Morgan, May, Morris, Moylar, McCoy, Montgomery, Mann, Nipps, Oakley, Osburn, Orvells, Patrick, Pitman, Patton, Preston, Pinson, Price, Pratt, Quarles, Ratliff, Roberts, Rice, Stambaugh, Stockton, Stockwell, Shortridge, Smith, Slusher, Spears, Snider, Sneed, Spurlock, Syck, Sergeant, Slone, Thompson, Trimble, Turman, Taylor, Wheatley, Ward, Walker, William, Waller, Williams, Wilson, Wellman, Weddington, Wyllia, and Young.



Floyd County Clerk Chris Waugh looks over a copy of the new-old records his office has received. The records cover Clerk William Mayo's entries for 1816 and 1817 of transactions for the county, which then covered many times its present area. The records were found among a box of books belonging to the late Winnie Fitzpatrick Johns. (photo by Pam Shingler)

Handwritten ledger entries for Adam Garehart Jr., Samuel Osbourne, and Henry Dickson, including dates and amounts.

The elaborate and graceful script of Clerk William Mayo are reproduced on this copy of Floyd County records from 1816-17.



Highland Terrace in Prestonsburg celebrated its 20-year anniversary on October 18. James Grinstead, right, the resident who has lived at the complex the longest, chats here with Prestonsburg Mayor Jerry Fannin.

POISON OAK

Winterized at last

by Clyde Pack

Even though it meant Christmas was very close, when I was a kid I absolutely hated winter. I'd press my nose against the window pane and beg Mom to let me go out and play like every other kid in Society Row...

It usually took the entire first half of the winter to convince her to let me go out and the last half to get over it. It was always a mystery to me how everyone else could wallow in the snow making snow angels, but when I did, I'd spend the rest of the winter indoors, covered with Vick's salve, trying to ward off pneumonia.

It just seemed that no matter how far I tucked my britches legs into those four-buckle arctics, my feet would still get wet and I'd end up with a nose that ran like a sugar tree for months.

Even school wasn't much fun in the wintertime. Contrary to the old tale that everybody back then had to walk at least 20 miles (up hill, both ways) to get an education, I only had to walk less than a mile to get to the H. S. Howes Community School.

That was plenty, though, for when I'd get there, I'd be more than ready to thaw out in front of the large, gas space heater around which a dozen or so of us would gather. We'd chat and compare the depth of snow in our yards, which, depending either on our ability to lie or our inability to measure, would vary from six to eight inches.

I nearly always came in second best in the snowball fight we'd have on the way home after school. In the first place, Mom always made sure I was dressed in so many layers of clothing that I couldn't throw hard enough, nor far enough, to hit anybody.

And, there was always some big eighth grader who'd dip his snowball in a water hole and slam me round the side of the head with it.

Once, in an attempt to dodge such an icy projectile, I ran slap into the side of a parked C & O coal gon and cut a gash over my eye. Although the bloody wound left no physical trace, I'm afraid it did leave a nasty scar on my memory.

But, as they say, time heals all wounds. I'm finally winterized and look forward to wintertime...sort of. Since I'm not as susceptible to colds as I once was, and since I don't have to contend with some overgrown, bullish eighth grader hurling balls of ice, my perspective has changed.

Now, I look forward to the first good snow to provide me with the excuse to stay inside, build a nice fire and read a good novel.

Getting old does indeed have its advantages.

Looking for a Christmas gift that's a little bit unique and very inexpensive; and on top of that, one that's sure to fill the recipient with the Christmas spirit? Then, I have a suggestion: The Kentucky Opry Christmas show at the Mountain Arts Center.

We caught their act last Friday night and highly recommend it. You'll never find a more talented cast, featuring some of the cutest kids you'll ever see anywhere.

If you think you want to go, though, you'd better hurry. The four remaining scheduled shows are already sold out, but an added performance is being planned for December 19 at 7:30 p.m. Get on that phone! 1-888-MAC-ARTS.

While you're at it, reserves your seats for Carl Hurley, the world's funniest professor. He'll be there Saturday night, December 11, for a 7:30 show.

Small World



by Aileen Hall

Right Church, Wrong Pew

Joe Jacobs is in charge of Risk Management for Electric Fuels with headquarters in St. Petersburg, Florida, and he has an office in Stanville where he lives with his wife Beatrice and son Steven.

He's also on the board of directors for the Kentucky Mining Institute, so he and Bea were guests at a banquet the company had recently for its employees and associates. The dinner was at the Hyatt Regency Hotel in Lexington and they stayed overnight at the Radisson, which is just across the street.

Before going down to the dining room for breakfast the next morning, Joe and Bea decided they'd just pack up and be ready to go home. Joe volunteered to take their luggage to the car while Bea would go ahead and get a table.

When the hostess seated her, Bea took the seat facing the entrance so she could see Joe come in. She saw him walk through the door but couldn't make eye contact for he was looking directly at a lady who was seated with her back to him.

He walked to the table and dropped his cap in an extra chair. Then he pulled out another chair to sit down with his wife—only the lady wasn't Bea. Her hair was the same color, and she was about the same size—but she definitely wasn't Bea.

With some embarrassment and sincere apologies, he looked around the room and found the lady who had been expecting to have breakfast with him.

Don't Mind Tom

(See Small, page two)

Christmas toys can be fun and educational

As Santa's helpers search for those perfect gifts to give little ones this Christmas, or look for activities children can do over the holidays, they may want to keep education in mind and look around the house for what might already be under their noses.

"Children learn through playing," said Jaesook Gilbert, a University of Kentucky early childhood education professor and director of UK's Early Childhood Laboratory. "As they play, they are experimenting. Children are fascinated by what they see around them. That's why they go outside and collect rocks and bugs and put worms in their pockets to take home. They are exploring and learning."

Careful selection of toys given this Christmas can enhance children's play and learning, Gilbert said. Toys should encourage the development of mental, physical, social, and emotional abilities by involving sound, touch and sight.

Several traditional favorites are not just fun for children, but aid in several areas of development. Legos help build creativity and problem-solving abilities in preschoolers while enhancing motor skills. The larger Duplos do the same for toddlers.

"They're not expensive or fancy, but what children can do with them is endless," said Gilbert, who recommended avoiding the collector's type packages that build specific things. "They can make one thing today, tear it apart and make another tomorrow. It's up to them and encourages creativity."

Other "oldies but goodies" include balls, Lincoln logs, tee ball sets, paper dolls and matching card games like Old Maid and Go Fish. These toys are fun while helping develop eye coordination, memory and creativity, as well as improving abilities to grip and hold. Because they often require more than one person to play, these games encourage social skills such as cooperation, sharing and getting along with others.

Games such as "Marble Works" can be great for youngsters, helping build coordination and reasoning skills. For instance, "Marble Works" requires a child to build a slide that allows a marble to roll successfully from top to bottom, inspiring logic and reason. When a child has built the tower correctly and the marble makes it from top to bottom, the game

inspires many cheers and a good sense of self-esteem in the child.

"They have to figure out how to build it, balance it and make sure the marble will fit through the holes," Gilbert said. "They are learning the laws of physics, and the toy is educating them by itself."

Books are a hands-down best for development. They help children learn to read and build creativity, as children imagine the words they're hearing. Holding books also aids in motor control development, but parents of infants and young toddlers need to be mindful of size and materials, because children may chew on books. Special plastic and cloth books help guard against any troubles.

If parent and child read together, books can nurture loving and learning relationships. Videotapes of favorite books can play the role of books to some extent, exposing children to sights, sounds and vocabulary. They also have the advantage of ease and repetition. However, with the images of the story dictated by the video a lot of creativity is not stirred.

Another option for children is computer software. Gilbert said children as young as age two can work with computers and learn a vital skill for the future. Computer software can help build everything from vocabulary to recognition of animals, and can be purchased at many children's and department stores. Some special computers for young children are on the market.

But purchasing toys is not the only way to come up with some great gifts or party play ideas. Many can be put together with things found around the house and are just as developmental as store-bought educational toys.

For instance, two paper plates can be filled with beans or rice, then taped together in a disk shape to form a cymbal. Plastic eggs can be filled to make noise-makers, and rubber bands can be strung around boxes to make musical instruments. All these things can be decorated and colored by the children.

If you want to get a little messy, a combination of cornstarch and water can yield a clay-like substance, while Elmer's Glue and liquid starch form a putty-like substance. Parents and children can explore shapes, colors and consistency with these gooey combinations. Stored in plastic bags, the mixtures can last for up to a week.

"If children help make something with you, they have a sense of ownership and pride when you're finished," Gilbert said. "Plus you are spending time with them, and you can check out their development by watching how they hold and grip and reason. It lets you know what they may need."

Involving them in the creation process encourages children's curiosity and experimentation. Even if mixture does not form due to imbalance in the amount of ingredients, children can see the process and different consistencies," she said.

"Making toys at home is cheap. You can throw them out and start again and talk about what went wrong," she said. "It also makes them think. They want to know how that happened and why. This kind of inquiry may not occur any other way."

While parents may have to give in to a Pokemon toy here or there, a host of fun and developmental toys can be waiting under the tree, satisfying everybody's needs.

Anniversaries



Celebrating 50 years

Edmond and Oma Whitaker of Gunlock celebrated their 50th wedding anniversary on December 2. They have seven children, Carlos Whitaker, Bernice Cole, Joe Whitaker, Darrell Whitaker, Penny McGuire, Ricky Whitaker and Anna Shepherd. They also have 13 grandchildren and four great-grandchildren.

Small

(Continued from page one)

walk out on the porch with a dark scarf around her head ready to welcome her. She had a pet sitting at the top of the steps that was a turkey with his feathers all ruffled. The lady said, "Come on in," but Susan just stood there staring at the turkey.

Thinking to reassure her, the lady said, "Don't mind Tom. He won't hurt you."

"No, he won't bother me," Susan replied, "for I'm not walk-

ing past that turkey!"

The lady then commanded, "Come on, Tom, get out of the way," and just as if he were a dog, he followed orders and left. Susan has had pretty fair sailing since then.

Quotation

"Always have something beautiful in sight, even if it's just a daisy in a jelly glass." — H. Jackson Brown in Life's Little Instruction Book.

OUR YESTERDAYS (Items taken from The Floyd County Times, 10, 20, 30, 40, 50 and 60 years ago.)

Ten Years Ago (December 6 & 8, 1989)

A special investigator has been asked to examine irregular activities surrounding the Nov. 7 county election... A dump truck, driven by Greg Gordon, 19, of Royalton, lost its brakes last Friday afternoon at the intersection of Route 23 and 3 near Auxier, ramming a pickup truck and coming to rest wedged between two trees at the bottom of a steep hill, yards from the Big Sandy River... A proposal requiring property owners to have an adequate water supply in all rented living structures was passed Monday night by Allen City Council... A 75-year-old former Garrett Elementary School employee — Clara Pack — will file an age discrimination suit against Principal Ralph O'Quinn and the Floyd County School Board this week... The Floyd County School Board authorized sale of bonds for the Allen Elementary School projects at a special meeting Tuesday, and accepted bids for the first phase of construction at McDowell-Wheelwright Consolidated High School on Left Beaver... A courthouse battle boiled over Thursday between Commonwealth's Attorney Jerry Patton and 1989 Grand Jury foreman and former District I magistrate candidate Gormon Collins Jr... There died: Bryson "Brice" Allen, 92, of Lima, Ohio, formerly of Pyramid, November 26, at Hillside Acres Nursing Home in Willard, Ohio; Woodrow Wilson Allen, 76, of Prestonsburg, November 28, at Highlands Regional Medical Center; Buck Combs, 74, of Prestonsburg, December 3, at HRMC; Mary E. Ginter, 90, of North Vernon, Indiana, November 30, at Greensburg, Indiana; Kattie Marie Layne, 77, of Louisville, formerly of Harold, November 28, at the Christopher East Nursing Home in Louisville; Geneva Inmon Smith, 74, of Prestonsburg, November 29, at HRMC; Roy Smock, 71, of Betsy Layne, December 5, at his residence; Bernie Darl Vance, 41, of Langley, December 1, at HRMC; Gracie Keathley VanHoose, 59, of Grethel, December 1, in Pike County; Camilia E. Wallen, 11 days, of Prestonsburg, December 3, at HRMC; Dr. Cyrus P. Brose, 89, of Betsy Layne, December 7, at Pikeville Methodist Hospital; Billy O. Burchett, 54, of Nippa, former employee of Floyd Cleaners, December 5, at Cabell-Huntington Hospital.

Twenty Years Ago (December 19, 1979)

Both District Judge Harold Stumbo and County Attorney Arnold Turner Jr., agreed this

week that bootlegging is a growing problem. Stumbo blamed the increase in unemployment and economic conditions, but Turner held that part of the problem was the "probation and peace bond approach to the problem"...Monday's was only the fourth meeting of fledgling Martin Grade School Parent-Teacher Group, and attendance was sparse. The main focus of the meeting was the "filthy condition" of the school...The end-of-the-year meeting, Monday, of the Big Sandy ADD board, focused on five Floyd County projects: Replacement of bridges at Allen, German and Martin; construction of a day care center in Prestonsburg; and the purchase by the City of Wheelwright of the maintenance shop there...A three-hour fire which gutted a building of the Brown Produce Company here early Monday night caused damage that ranged from \$150,000 to \$200,000...The Floyd Cable TV Commission received a direct challenge at its regular meeting Friday, when Mike Little, who holds the cable TV franchise for the upper Left Beaver area, vowed to raise his monthly service rate above the limit set by the commission...Commitments by landfill operators in Johnson and Pike counties to accept solid waste from Floyd County have averted a threatened disqualification of this county's bid for federal monies to develop a garbage disposal system here...It's local operations already closed, the Prestonsburg Shoe Company (US Shoe) will lock the doors of its West Prestonsburg location next month when the last of its equipment will be moved to the parent company's Cincinnati headquarters...There died: Calloway Slone, 80, of Wayland, Thursday at Highlands Nursing Home, Hindman; Amos Blackburn, 56, of Dwale, Monday at Highlands Regional Medical Center; Sally Myrtle Shrewsbury, 77, of South Point, Ohio, formerly of Wheelwright, Dec. 12; Bessie Akers Thompson, 64, of Tram, Sunday at HRMC; Hester W. Miller, 70, of Spurlock, Saturday at Riverview Manor Nursing Home; Shelby Jean Smith, 39, of Martin, Thursday at Our Lady of the Way Hospital; Ben Rose, 92, of Middle Creek Road, Sunday at Riverview Manor Nursing Home; Randall Newman, 46, of Detroit, Mich., formerly of Hi Hat, Nov. 30 at Henry Ford Hospital in Detroit; Haskell Bailey, 69, of Martin, Saturday at St. Joseph Hospital in Lexington.

Thirty Years Ago (December 18, 1969)

The low base bid of \$3,744,300 asked by James N. Gray, Glasgow contractor, for construction of the Highlands Regional Hospital near here was accepted by the Economic Development

Administration last Thursday afternoon...State Representative Everett Akers of Martin last week called on the US Department of Justice to investigate Floyd County's schools, and his request brought an immediate response from Superintendent of Schools Charles Clark...Plans and specifications for the big water program proposed for the Right and Left Beaver sections of the county have been completed and forwarded to the Economic Development Administration, and advertising for bids on the project is expected almost immediately...There died: Minnie Burchett Merritt, 71, of Prestonsburg, Sunday at Pikeville; James Clifton, 87, of Dwale, last Tuesday at the Prestonsburg General Hospital; Walter Boggs, 71, of Water Gap, Tuesday morning at Our Lady of the Way Hospital, Martin; Martha Waddles Conley, 74, Dec. 10 at her home at Lackey; Rev. Bill Sparks, 70, of Wayland, last Tuesday at Lackey; Herman Lee Cox, 62, Monday at his home at Betsy Layne; James Edgar Moore, 44, of Drift, Friday at the UK Medical Center.

Forty Years Ago (December 17, 1959)

Four long-term contracts made by the Division of Parks late in the Chandler administration with boat dock operators, including two on Dewey Lake, were canceled Tuesday by Governor Combs...Resignation Monday of Bill Napier as Mayor of Prestonsburg was followed by the election by the Council of Dr. Edward B. Leslie to fill the vacancy thus created...A new request for aid on an airport to serve the Prestonsburg-Paintsville area was filed this week with the Civil Aeronautics Administration...Appointment by Governor Combs of A.B. Meade of Prestonsburg as a member of the Alcoholic Beverage Control Board was announced last week...The Prestonsburg post office which usually closes at noon Saturdays, will remain open all day this Saturday for the convenience of the public, Bess S. May, postmistress, announced...A poor sanitation system here was blamed for the spread of hepatitis by state and local health officials who met here Wednesday. There are six new cases of hepatitis locally and a total of 28 in the county...There died: Pvt. Curtis T. Webb, 18, in an auto mishap, Dec. 6 in Meuse, France, General W. Branham, 86, Wednesday at Amba; Clara L. Prater, 34, formerly of Hippo, Sunday in Willard, Ohio; Fred Newsome, 74, of Melvin, Sunday at home; Anna Clark Stephens, 87, of Prestonsburg, Saturday; Dave Burchett, 68, Floyd native, in Cleveland, Ohio, Sunday; Ernest L. Reffitt, 55, of Langley, last Thursday.

Fifty Years Ago (December 22, 1949)

Zona Baldrige Fuller, formerly of Bonanza, now living in Louisville, was held up and robbed the night of December 14, of \$324...Fingerprints have been obtained from the Martin business places which have been burglarized recently...A sudden shift of wind saved 37 houses of the Stephens Elkhorn coal mining camp at Manton from midday destruction last week by flames which reduced four other houses to rubble...Prestonsburg Blackcats defeated the Pikeville Panthers, 47-45, in an overtime game here Friday...Betsy Layne Bobcats defeated the Prestonsburg Blackcats here Saturday, 64-26...The Martin Purple Flash with five wins, no losses, is expected to be county champs again this year and a top power in the 15th Region and Eastern Kentucky...There died: James P. Coburn Jr., 29, of Prestonsburg, in an auto accident near Winchester today (Thursday); Corbett Bentley, 50, of Lackey, Saturday; Della Maynard, 39, Friday at her home at Lancer; Monroe Moore, 65, of McDowell, of a heart attack, Saturday.

Sixty Years Ago (December 14, 1939)

Though a threatened suspension of federal surplus commodity shipments to Kentucky counties was in sight after Friday, it was indicated Monday that supplies on hand are sufficient to supply relief clients through December. Four hundred and twenty-five carloads of commodities, with a retail value of \$1,051,366 were distributed in Kentucky from January to September of this year...Violation of the Corrupt Practices Act, voting of persons who were not at the election, connivance of candidates and election commissioners and election officers—these and other infractions of the state's election laws are alleged by seven defeated candidates of this county who are contesting the elections of their seven victorious opponents...If satisfactory arrangements for it and operation can be made, the Prestonsburg Woman's Club will sponsor the drive for funds with which to purchase an iron lung for the use of Floyd County sufferers from infantile paralysis. This action follows the infantile paralysis epidemic in this county...There died: Jeff Hunter, 78, a native of Left Beaver; Sadie Sturgill Stephens, 41, of Alphoretta, at the Beaver Valley Hospital, Martin; Leonard Thompson Newsome, 39, of Garrett, at the Lackey Hospital.

WEDDINGS/ ENGAGEMENTS



Stiles, Isaac to wed

Mr. and Mrs. Gary Stiles of Inez announce the engagement and forthcoming marriage of their daughter, Stephanie Danielle, and Chris Isaac, son of Gary and Patricia Isaac of Wheelwright. The bride-elect is a 1996 graduate of Sheldon Clark High School. The prospective groom is a 1997 graduate of South Floyd High School and a 1999 graduate of Mayo Technical College. He is employed by the Floyd County Times. The wedding will take place Saturday, December 11, 1999, at 1:30 p.m., at the Wheelwright Freewill Baptist Church. A reception will follow at the church dining hall. The gracious custom of open church will be observed.

Throwing a "jingle bell rockin" Christmas party

(NAPSA)-Do jingle bells jangle your nerves? There are ways to coordinate a festive gala without creating more seasonal stress.

Here are some tips to make this year's party memorable and fun for all:

- Spice up your party by having a Winter Wonderland theme. Decorate by hanging snowflakes from the ceiling, frosting all windows and mirrors, stringing white Christmas lights up and down the hallways and along the walls, covering the floors in fake snow, building life-size Styrofoam snowmen, having ice sculptures as table centerpieces and requiring all guests to wear white only attire.

- Plan your Christmas party on the Internet at Event411.com (<http://event411.com>). With this event-planning site, you can send electronic invitations, track your budget and keep your "to do" list.

- Make party favors and hold a raffle all in one! Decorate tiny stockings with the theme and date of the party in metallic puffy paint and hang them on a miniature Christmas tree right by the door. Have each guest take one as they enter.

Inside include a lottery ticket and a raffle ticket to win a grand prize at the end of the night. That way, everyone stays to the end and no one goes home empty,

handed.

- Arrange for a choir to sing classic Christmas ballads at the start of the evening, when hors d'oeuvres and cocktails are being served. You can even have a band or a disc jockey get the crowd up and dancing later in the night.

- Throw an eclectic holiday party, celebrating different beliefs. Honor Christmas, Hanukkah and Kwanzaa all at the same time by decorating separate parts of your home accordingly with unique decor and cuisine.

- Encourage guests to bring canned items or toys to donate to local charities. Make a contest out of it with the winner claiming a Holiday Humanitarian prize.

- Create a Christmas Party home page on the web. Log on to www.event411.com and create your own holiday headquarters. Once guests have your party home page, the festive fun can begin.

- As with any party, take special steps to make sure no one ends up intoxicated behind the wheel.

Have party staff dressed as elves greet each guest and take their coat and keys.

At the end of the night you can gage whether a guest is sober enough to drive home. If not, have your own taxi service on call or organize one yourself.

Here's how to wrap gifts like a pro

(NAPSA)-Trying to make holiday gifts look as special as the present enclosed and the person receiving it? According to American Greetings, consumers are increasingly concerned about making packages stand out. Follow these easy tips to make wrapping paper, bags and accessories as much a part of the present as the gift itself.

- Attach cinnamon sticks, candy canes, pine sprigs and pine cones to presents wrapped in plain brown paper or green tissue paper.

- Express faith using religious-themed, gift wrap with biblical art and verse.

- Bring high fashion to wrapped gifts with an iridescent mini bow for a small gift or a cluster for larger gifts. Add sparkle to gifts with prismatic, angel hair

curly bows or new "fountains" of metallic tinsel.

- Appeal to pet lovers with coordinating pet-themed wrap, tissue and package decorations from American Greetings.

- Personalize a gift by attaching an ornament that matches the recipient's interest or favorite pastime.

- Wrap presents for children with bags and gift wrap featuring kids' favorite storybook and cartoon characters like the Rugrats™, Teletubbies™, Curious George™ Sesame Street® and Pokémon™.

Use decorative gift envelopes designed to be hung right on the tree. They are perfect for money, gift certificates and concert tickets.

Professional XL 100
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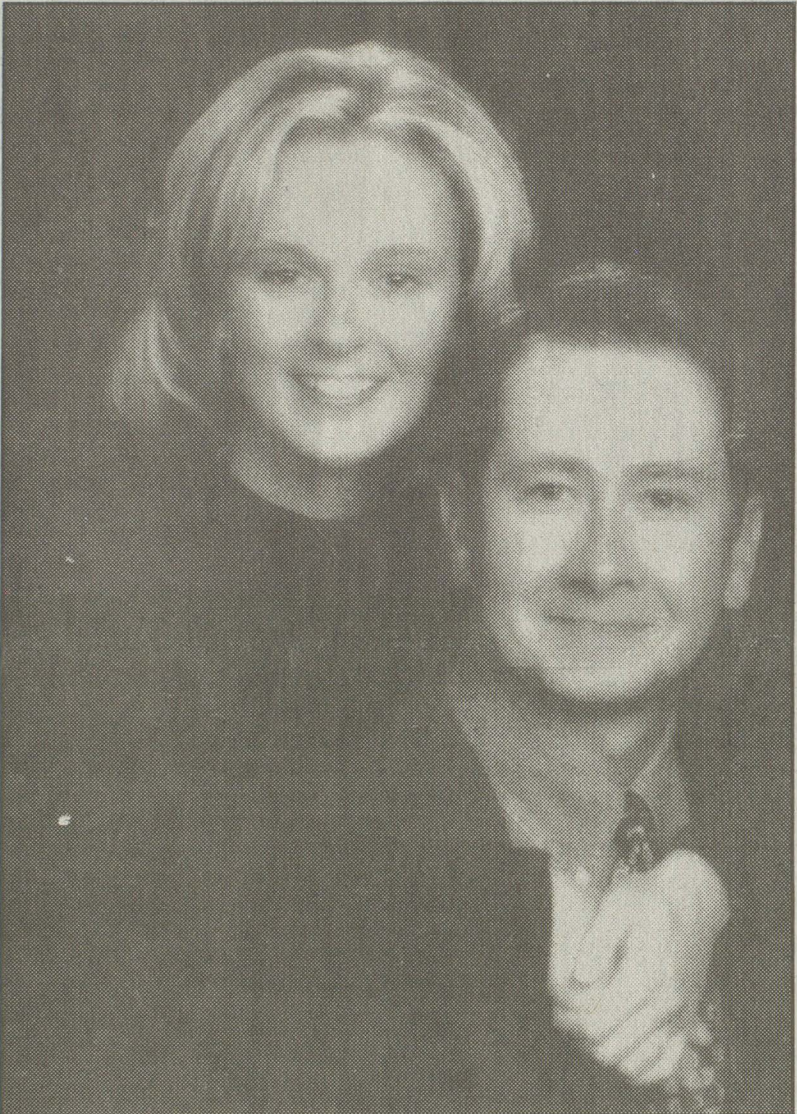
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Provence-Ward to wed

Paul and Ruth Provence of Wittensville, announced the forthcoming marriage of their daughter, Jenny Renee, and Larry Gene (L.G.) Ward Jr., son of Linda Ward of Hager Hill and the late Larry G. Ward. The wedding will take place on Saturday, December 11, at Centenary United Methodist Church of Lexington. The bride-elect is a 1994 graduate of Johnson Central High School and a 1998 graduate of the University of Kentucky. She is employed by the Commonwealth's Attorney's office in Lexington as a crime victim's advocate. The prospective groom is a 1990 graduate of Paintsville High School. He is a golf professional, employed at Man O' War Golf of Lexington. After a honeymoon in Breckenridge, Colorado, the couple will reside in Lexington.



Couple wed in Wheelwright

Teresa Lynn Slone of Wheelwright and Popa Hall were married November 19, 1999, at Wheelwright, with Delmas Johnson conducting the ceremony. The bride is the daughter of Emogene Engle of Wheelwright and Terry Hill of Wayland, and the groom is the son of Nan Hall of Wheelwright. The bride's grandparents are Mae Slone of Wheelwright and the late Willie Slone. She is also the granddaughter of the late Hatler and Boots Hill. The groom's grandparents are the late Merion and Virgie Hall. They were united in marriage at the home of the bride's grandmother, Mae Slone. Their son, Wesley Jacob, served as ring bearer.

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Millennial looks for holiday hair and makeup

(NAPSA)—The holiday season may call for extravagant decorations, but when it comes to holiday hair and makeup—less is definitely more. A soft twist of the hair and a few sparkles in your makeup may be enough to make you feel like

Cinderella off to the ball.

These ten tips from The Elizabeth Arden Red Door Salon & Spa's Hair & Makeup Design Team will help prepare you for holiday parties and once-in-a-lifetime millennium events:

At Home Tips For Holiday Hair
From Elizabeth Arden Red Door Salon & Spa Creative And Artistic Directors Christopher & Sonya Dove

1. Slick your hair back with hair gel for a simple yet dramatic evening look.

2. To create an up-do, capture hair high in a pony tail, then use a curling iron on individual sections. Don't brush out the curls—keep them separate by spraying with hair spray or a light spray gel. To finish the look, wrap a piece of hair or a pretty ribbon around the elastic band and secure with a sparkling pin.

3. Use crystal or rhinestone clips to dress up even the simplest of hairstyles.

4. Dust powdered makeup in shades of gold, silver or metallic colors along the parts.

5. Add extra volume and body to your style with hot rollers. First apply mousse or spray gel at the root area of towel-dried hair, and blow-dry the hair upside down for extra volume. Then put in heated rollers.

When removing the rollers, "finger comb" the hair for a soft,

tousled look. Apply a fine mist of hairspray for a light hold.

Makeup Tips From Elizabeth Arden Red Door Salon & Spa
Makeup Artist Lindsey Ebbin

1. To make eyes look brighter, apply foundation and powder over the entire eye area. Then use a lighter shade of shadow such as Elizabeth Arden's Eye Shadow in Linen or Vanilla along with a darker color to contour below the brow bone.

2. For eyes that literally sparkle, dust a small amount of glitter on closed eyelids (be careful not to get any in your eyes). Colors that work well are white, blue, pink or black.

3. For a dramatic evening look, line the inside of the upper and lower lids with a black eye pencil.

4. Add lip gloss over lipstick to create a shimmering effect.

5. For an all-over, finished look, apply a small amount of glimmering powder or cream on the neck and shoulders.

For an Elizabeth Arden Red Door salon nearest you, call 1-800-99AR DEN or visit their website at www.reddoorsalons.com.



To create an up-do, capture hair high in a pony tail, then use a curling iron on individual sections. To finish the look, wrap a piece of hair or a pretty ribbon around the elastic band and secure with a sparkling pin.

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Advance Tickets \$10.00

At The Door \$12.00

Pound cake: The gift of pure holiday pleasure

Can there be a more considerate and appreciated holiday gift than a big beautiful pound cake—the mother of all southern cakes? Its simple elegance and down right versatility make it a welcome sight in any household.

Of the myriad of cakes, cookies and candies that surface during the holidays, no other dessert can claim the pound cake's inherent ability to fit in.

"Pound cakes are just handy to have around. Whenever a little something sweet is in order, a slice of pound cake is just right, whether it's with afternoon coffee, toasted for breakfast, on the holiday sideboard or just a quick snack for the kids," says Linda Carman, the Martha White baking expert and Southern food historian.

"Pound cake is also practical. It transports easily, freezes and keeps well," she says.

Historically the pound cake traces its roots back through Virginia across the Atlantic to

England. The name derives from the original recipe that contained one pound each of four basic on-hand ingredients—butter, sugar, eggs and flour.

Pound cake proportions have changed over the years and ever since the first ship arrived, innovative southern bakers have been adding their own special touches. No matter the recipe, the pound cake's simple elegance endures.

Three pound cake recipes featured in the new 100th anniversary cookbook, "Southern Traditions, 100 Years of Recipes from the Martha White Kitchens" (Creative Publishing international, 1999), exemplify pound cake's place of honor at the southern table.

Simplicity at its best is the intensely buttery Sour Cream Pound Cake, an all-time favorite of the Martha White test kitchens staff. As with all good cooking, purity and quality of ingredients is a must. Carman always advises using real butter and avoiding low-fat baking products for best results and flavor.

Another perennial southern favorite, Brown Sugar Pound Cake boasts the rich flavor of pecan pralines and a quick brown sugar glaze. Lastly, Chocolate Sour Cream Pound Cake is sumptuous plain or sliced horizontally into three layers and filled with sweetened vanilla cream cheese.

A great holiday gift for the cooks on your list, "Southern Traditions, 100 Years of Recipes from the Martha White Kitchens" includes more than 200 old and new favorite southern recipes including biscuits, cornbread, desserts, main dishes and appetizers. It is available in bookstores everywhere with a suggested retail price of \$21.95.

Books are also available by special offer for \$9.99 (including shipping and handling) with three UPC's from any Martha White products. Look for order forms in participating grocery stores and on Martha White packaging. Offer expires December 31, 2000, or while supplies last. For more information, visit Martha White on-line at www.marthawhite.com.

Books may also be purchased on-line for 19.99 plus shipping and handling. Web purchases can be delivered only to U.S. and Canadian addresses.

Sour Cream Pound Cake

2 3/4 cups sugar
1 1/2 cups butter, softened
1 teaspoon vanilla
6 eggs
3 cups Martha White® All Purpose Flour
1 teaspoon grated orange or lemon peel
1/2 teaspoon baking powder
1/2 teaspoon salt
1 cup sour cream
Heat oven to 350°F. Generously grease and flour 12 cup Bundt® pan. In large bowl, combine sugar and butter; beat until light and fluffy. Add vanilla; blend well. Add eggs 1 at a time, beating well after each addition.

In medium bowl, combine flour, orange peel, baking powder and salt. Add flour mixture to butter mixture alternately with sour cream, beating well after each addition. Pour batter into greased and floured pan.

Bake at 350°F. for 55 to 65 minutes or until toothpick inserted in center comes out clean. Cool 15 minutes. Invert cake onto serving



plate. Cool 1 hour or until completely cooled. Yield: 16 servings.

sugar. Store in refrigerator. Yield: 12 servings.

Chocolate Sour Cream Pound Cake

CAKE
1 1/2 cups sugar
1/2 cup butter or margarine, softened
1 teaspoon vanilla
4 eggs
1 1/2 cups Martha White® All Purpose Flour
1/4 teaspoon baking soda
1/8 teaspoon salt
1 cup sour cream
3 oz. unsweetened chocolate, melted, cooled
Powdered sugar
VANILLA FILLING
1/4 cup butter or margarine, softened
1 (8 oz.) pkg. cream cheese, softened
1 teaspoon vanilla
3/4 cup powdered sugar
Heat oven to 325°F. Grease and flour 9x5-inch loaf pan. In large bowl, combine 1 1/2 cups sugar and 1/2 cup butter; beat until light and fluffy. Add 1 teaspoon vanilla; blend well. Add eggs 1 at a time, beating well after each addition.

In large bowl, combine flour, baking soda and salt; mix well. Add to butter mixture alternately with sour cream, beginning and ending with flour mixture. Add melted chocolate; blend well. Pour batter into greased and floured pan.

Bake at 325° F. for 1 hour 20 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes. Remove from pan. Cool 1 hour or until completely cooled.

In small bowl, combine 1/4 cup butter and cream cheese; beat until light and fluffy. Add 1 teaspoon vanilla. Gradually beat in 3/4 cup powdered sugar.

To assemble cake, split cake horizontally to make 3 layers. Place 1 layer on serving plate. Spread with 1/2 of filling; repeat with second layer and remaining filling. Top with remaining layer; sprinkle with additional powdered

Brown Sugar Pound Cake

CAKE
2 1/4 cups firmly packed brown sugar
1/2 cup sugar
1 cup butter or margarine, softened
1/2 cup shortening
2 teaspoons vanilla
5 eggs
3 cups Martha White® All Purpose Flour
1/2 teaspoon baking powder
1/4 teaspoon salt
1 cup milk
1 cup chopped pecans

GLAZE
1/4 cup butter or margarine
1/2 cup firmly packed brown sugar
1/4 cup milk
1 teaspoon vanilla
2 cups powdered sugar

Heat oven to 350°F. Grease and flour 10-inch tube pan. In large bowl, combine 2 1/4 cups brown sugar, sugar, 1 cup butter, shortening and 2 teaspoons vanilla; beat until light and fluffy. Add eggs 1 at a time, beating well after each addition.

In medium bowl, combine flour, baking powder and salt; mix well. Add flour mixture to butter mixture alternately with milk, beating well after each addition. Stir in pecans. Spread batter in greased and floured pan.

Bake at 350°F. for 1 1/4 hours, or until toothpick inserted in center comes out clean. Cool 10 minutes. Remove from pan. Cool 1 hour or until completely cooled.

Melt 1/4 cup butter in small saucepan over medium-low heat. Add 1/2 cup brown sugar; cook 2 minutes, stirring constantly. Add 1/4 cup milk; bring to a boil, stirring constantly.

Remove saucepan from heat. Stir in vanilla. Gradually stir in powdered sugar; blend until smooth. Drizzle over cooled cake. Yield: 16 servings.

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BIRTHDAYS

NEW ARRIVALS



Brothers celebrate birthdays

Christian Anthony and Brandon Scott Goble, sons of Tony and Jolean Hackworth Goble, recently celebrated their birthdays with a party at McDonald's Play Place in Pikeville. Christian turned four on November 5, and Brandon turned three on October 31. Their maternal grandparents are Edward Wallen of David and the late Annie Lue Wallen, and the late Earl Hackworth. Their paternal grandparents are Earl and Wanda Duncan of Abbott, and Billy Goble of Prestonsburg.



Celebrates first

Austin Gregory Samons celebrated his first birthday, October 9. He is the son of Greg and Andrea Samons of Prestonsburg. His grandparents are Roe and Wanda Samons of Prestonsburg and Jack and Juanita Shepherd of David. His great-grandparents are Rita Blackburn of Prestonsburg and Nell Samons of Banner.

Cecils welcome daughter

Jody Richard Cecil and Tabitha Cecil of Banner, announce the birth of their daughter, Megan Elizabeth, on November 16. She weighed 8 lbs., 8 oz. She is the third child and first daughter of the couple. Maternal grandparents are George and Teresa Cooley of Banner, and maternal great-grandparents are Lizzie Bentley of Garrett and the late Mexico Spears and the late Raymond and Elizabeth Cooley. Paternal grandparents are Emma Cecil of Stanville and the late Jim Cecil, and paternal great-grandparents are Charles Easterling of Hellier and the late Fayette Easterling, as well as the late Otis and Bessie Cecil.

Favorite kid foods parents will agree on...the list may surprise you

(NAPSA)—Getting your kids to eat right can be a challenge. It's often a daily battle between parents and children over what to eat.

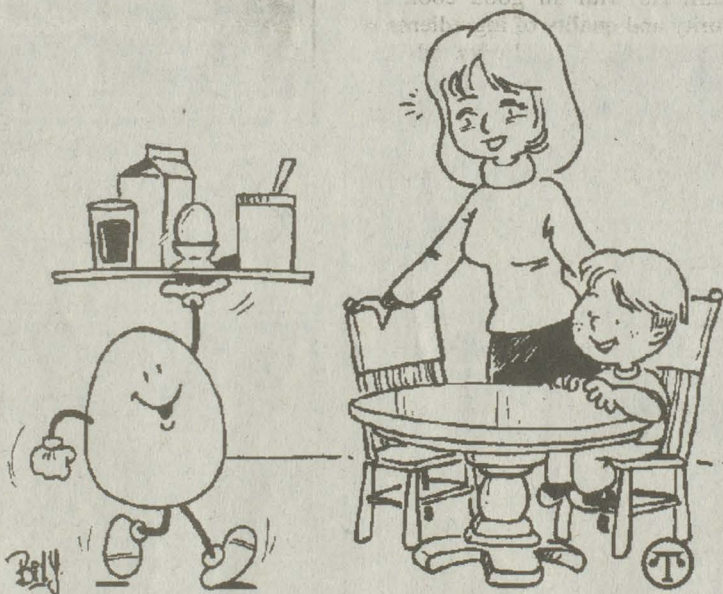
Because kids are at crucial developmental stages, it's important that they get a variety of nutrients such as protein, vitamins and minerals. But don't tell kids what they should be eating. They just want to eat what tastes good, whether or not it's good for them.

Child nutrition expert Keith Ayoob, Ed.D., R.D., assistant professor of pediatrics at the Albert Einstein College of Medicine in New York, suggests four foods that will tempt kids and give parents peace of mind.

• Eggs—Kids and parents agree that eggs are great. According to a recent poll conducted by Innovative Media Research, more than 90 percent of parents report that they and their children enjoy eating eggs; however, 79 percent don't think it's okay for kids to eat eggs every day because they are too high in cholesterol.

• "What many parents don't realize is that eggs provide a wealth of important nutrients, including high-quality protein and 13 vitamins and minerals that are essential for proper growth and development," says Dr. Ayoob. "Years of scientific research shows that eating eggs every day does not significantly raise blood cholesterol levels in healthy individuals."

• Chocolate milk—"Drink your milk" is a plea that many kids hear from their parents every day. The great news is chocolate milk offers the same nutrition benefits



as regular milk—and most kids love it. Available in low-fat and fat-free varieties, chocolate milk is a good calcium and protein source for growing bones and teeth, and the chocolate contains antioxidant nutrients, which may support heart health.

Dr. Ayoob recommends this healthful and economical serving tip: "Purchase plain milk of your choice and add chocolate powder or syrup. This way you can adjust the amount of chocolate and choose the fat content of the milk. Your kids will never know the difference."

• Peanut butter—A peanut butter and jelly sandwich can be a lunch box staple for the fussiest of eaters, but parents may shy away because it is high in fat and calories. "What most parents don't realize is that peanut butter is a

good source of protein and that the fat is mostly heart-healthy monounsaturated fat."

Peanut butter also contains vitamins and minerals, such as vitamin E, which are important for growing children. But what about the calories? Dr. Ayoob suggests that parents stick to the two-tablespoon serving size.

• Macaroni and cheese—"Many kids turn up their noses to a number of foods, so it can be a challenge to make sure they're meeting their protein needs," says Dr. Ayoob. Happily, macaroni and cheese is a food that most kids love and one that provides a good source of protein. For a Mac and Cheese dish with extra nutrition, Dr. Ayoob recommends that busy parents add kid-friendly veggies, such as broccoli, peas or shredded carrots.

Making asthma easy for kids

(NUE) - Asthma is the most common chronic childhood disease in America, affecting nearly five million children. To treat and prevent asthma episodes, many children are required to use a compressor-driven nebulizer and nebulizer mask to inhale their medicine.

But having a mask placed over the mouth and nose may be frightening to a young child.

Bubbles the Fish, a new nebulizer mask designed to be used with PARI-brand nebulizers, makes breathing treatments easier to take and more efficient. It is soft, comfortable, and its friendly fish-shape delights children.

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nebulizers typically take 10 to 15 minutes—a long time for a young child to sit with a mask placed over his face. Using Bubbles the Fish in conjunction with PARI nebulizers reduces treatment time to 7 to 8.5 minutes, which can increase a child's compliance.

For more information about Bubbles the Fish, call PARI Respiratory Equipment Inc. at 1-800-FAST-NEB (327-8632).



Jr., to Letessa Ann and John Wesley Dawson of Thelma; a son, Jordan Lee, to Barbara and Billy Osborne of Auxier; a son, Trenton Kyle, to Tamara Lynn and Alan Shannon Reed of Salyersville.

Highlands Regional Medical Center

October 29: A son, Benjamin Tyler, to Benjamin and Nancy Minix of Salyersville.

November 2: A daughter, Brianna Desirae Jordan Hall, to Stephanie Spears and David Hall of Prestonsburg.

November 3: A daughter, Sydney LaShae, to Miranda and Jackie Hall of Blue River.

November 5: A son, Devon Jacob Wade Roark, to Crystal Carty of Salyersville.

November 6: A daughter, Tegan Beth, to Sheila and Robert Maynard of Inez; a son, Trenton Neil, to Jennifer and Rickey Neil Flecher of Salyersville.

November 7: A daughter, Kaithlyn Elizabeth, to Neil and Sarah Stepp of Lovely; a daughter, Morgan Nicole, to Farrah and Robert Owens of Salyersville.

November 8: A son, Isaac Hayden, to Lisa and William Perkins of Salyersville.

November 9: A daughter, Megan Dawn, to Angela and David Russell of Oil Springs.

November 12: A son, Henry Alexander, to Bill Jr. and Bessie Whitaker of Langley.

November 14: A son, Dalton Joseph Campbell, to Shlisa Bev Blewins of Tram; a son, Skyla Cher Slone, to Tracey Taylor of Prestonsburg.

November 17: A daughter, Laura Alyse, to Diana Lynn and Phillip David Hall of Prestonsburg; a son, John Wesley

to Crystal Dawn Scott of Pilgrim. November 20: A daughter, Hayle Hope, to Gladys Maynard and Hayes Daniel Maynard of Inez.

November 22: A son, Andrew Preston, to Anthony and Amanda Hall of Garrett.

November 25: A son, Dalton Wayne Koontz, to Robin Anderson of Salyersville.

November 26: A daughter, Ma Kaylla Marie Moore, to Melissa Farrow of Sitka.

November 29: A daughter, Sharon Leigh Ann, to Tracy Ann Haney of Wittensville.



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Business

Investing for retirement: the sure thing

by Ann Hillenbrand

Many people across the country stand in line at their local convenience store every week to play the lottery. They believe that's the only way they can retire a millionaire. Think again.

Radford University finance professor Clarence Rose says if people would invest the money they spend every month on the lottery, their retirement would be a sure thing rather than a chance in a million.

There are three legs to the comfortable retirement stool. The first is Social Security. Every working U.S. citizen is eligible for Social Security if they've worked for a total of 10 years. The system provides a safety net for those who haven't saved enough for retirement and it is biased in favor of lower income people.

"The average monthly benefit in the year 2000 for a single person will be \$804 and a little more than \$1,400 for a married couple. About one third of the population's only retirement income is Social Security and for about two thirds it's at least half," says Rose. "That should be an important wake up call for people to take more responsibility."

Many debate whether Social Security will be around for those

who pay in to it today. RU finance professor Jim Ross says some schools of thought are undecided whether Social Security will still be paying benefits in the future.

"Legislators have nudged the age up for collecting benefits and we may see an imposition of a means test," says Ross.

For example, if you were born after 1959, your retirement age is 67 and it's 66 for those born between 1943 and 1954. "Over time, Congress will make some changes and benefits will continue to be paid."

The second leg of the stool is a benefit plan given by the employer. Over the years these pension plans have changed, says Ross.

The first generation of the pension is called the "defined benefit" plan. Employers defined the level of retirement benefit the employee would receive depending upon final salary and years of service. This was a promised benefit; however, through the years some were denied this retirement money, because their employers went out of business.

In most areas, this plan has been changed to a "defined contribution plan" in which the employer will contribute a certain amount each year into the worker's pension fund. A trustee will keep track of the fund and how it's invested. Employees

have choices on how it is invested; therefore, they have to keep up-to-date on their options so their investments will show larger returns. This is a way employees can take more responsibility for their own money.

"Long term investing results show 'common stocks' give superior results compared to bank accounts and bonds," says Ross, "but there is more risk involved. As people get older the more conservative in investing they become since they don't have time to make up for losses. If you have more than 15 years before retirement, stocks have always given more return."

The third leg of the stool is voluntary investing through tax deferred retirement plans such as 401k plan. Through this plan, money is taken directly from the paycheck before taxes and many companies will match a percentage of the employees' contributions. This fund is tax deferred until it's withdrawn when the employees retires at 59 1/2 or later.

"This is a great deal," says Ross, "it is important that people invest the maximum whenever possible. After a while they don't even realize it's coming out of their paycheck."

The next type of voluntary retirement plan is the IRA. Investors can contribute up to

\$2,000 annually and \$2,250 per married couple with only one person working, tax deferred until it is withdrawn. The Roth IRA is similar but money is invested after taxes and withdrawn tax free.

However, if you take money out of an IRA before you are 59-1/2, you will face a large penalty tax.

The 401k and the IRA are investment vehicles. There are many ways to use those vehicles for the most gain. "Of course, the sooner you start the more you can accumulate," says RU finance faculty member and former financial advisor Buz Engelhard.

"If you are 45 years old and have 15 years to invest, historically you have a 100 percent chance to make a positive result in stocks. And the best way to invest in stocks for retirement is in mutual funds."

A mutual fund may own stock in 85 different companies, for example, so that one share of the fund is immediately diversified. This diversification reduces the risk of losing money because if one stock goes down another may go up. You can get a reasonable return without as much risk as putting all your money in one stock.

"Just do it." That's the key phrase for everyone who hopes to enjoy retirement without financial stress. The best time to start is when

you get your first job. If a 25-year-old puts \$100 a month into a retirement mutual fund, with just a 10 percent yield over 40 years they will have more than \$500,000 to retire on.

Engelhard says if the 25-year-old cannot afford \$100 a month, they can start out with \$50 and increase the monthly amount every year.

For those who have put off saving for retirement and are in their 40s or 50s, there's still hope. "When you're older you need to put more in, and decide exactly how much you want to retire on and try to meet that goal. You may have to make sacrifices," says Engelhard.

"For many, the ideal retirement income is 70 percent-80 percent of their final annual salary," says Rose. "You may want to invest for more since people usually spend more money when they're on vaca-

tion than while they work, and retirement is a long vacation."

Someone can be retired for more than 20 years and each year the retiree is taking money out of investments to live on. It's best to keep most of the money invested so it can keep growing.

Whether you're 25 or 50, and if you want to figure out how much you need to start saving, talk to a financial advisor and check out the following websites. They will help you understand how much you're saving or will save for retirement, how much you want to live on during retirement and whether you can reach that goal.

- www.financecenter.com
- www.financialengines.com
- www.moneycentral.com
- www.personalwealth.com
- www.smartmoney.com
- www.vanguard.com

C&H Rauch bought by Samuels

Samuels Jewelers of Austin, Texas, has acquired C. & H. Rauch Jewelers to become the seventh largest jewelry chain in the nation, according to National Jeweler's 1999 Top 40 survey.

This is the latest in a series of acquisitions for one of the nation's fastest growing jewelry chains. Samuels purchased 14 stores from Silverman's only months earlier. In addition, Samuels has opened 35

new stores in recent months.

The 40-store C. & H. Rauch Jewelers acquisition will bring the Samuels store total to 183 stores in 25 states. The sale of C. & H. Rauch gives Samuels added strength in Kentucky, Ohio, Indiana, West Virginia and Virginia.

Randy McCullough, president and CEO of Samuels, emphasizes this point, "The timing, which is just before the all-important

Christmas selling season, where most of the company's profits are generated is one key. We also feel confident that bringing Samuels' merchandising and marketing strengths to these stores will greatly benefit C. & H. Rauch's customers."

Immediate plans include a company-wide retirement sale to facilitate the clearance of merchandise purchased by Rauch's previous owner, and make room for an all new Samuel's merchandise assortment.

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Pikeville Methodist employees put together baskets for needy families for Thanksgiving.

Volunteering at PMH

Employees of Pikeville Methodist Hospital volunteered and worked to make some eastern Kentucky families' Thanksgiving a little brighter this year.

The employees again pulled together to make food baskets for needy families who may not be able to have a happy Thanksgiving. The project, now entering its fourth year at the hospital, was coordinated by Patient Resources Director Homer Tucker and PMH Chaplain Mark Walz.

Tucker said the project is a joint effort between the hospital, the Kiwanis Club, and the Pikeville United Methodist Church. The project, in past years, has enabled employees of the hospital to give between 30 and 60 families a little happier Thanksgiving, but this year that number has grown to more than 150 families benefiting from the event.

"The pleasurable thing for me is knowing that the hospital staff has gotten so involved," Tucker said. "It's a tremendous feeling of satisfaction knowing that the employees have really helped many families have a better Thanksgiving. I've spent my entire career working with people who have needs, and it's really gratifying to see it get to this point where we are helping so many people."

Tucker added that the hospital staff has also helped by referring

needy families, volunteering their time to deliver the baskets, or by donating money to help make the baskets special. The baskets consist of everything from turkeys all the way down to pies and rolls to give the families a Thanksgiving dinner with all the trimmings.

"What I see every year is the joy of the people giving back. You can see it radiate in their faces when they give a donation to make the baskets special or they tell me about a family who could use the help this year," Walz said. "It kind of shows how blessed all of us are that have enough on Thanksgiving. It's a joy in giving and joy in receiving."

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After hours

The Re/Max Company on University Drive in Prestonsburg was adorned in seasonal decor and boasted a table filled with food fit for millionaire moguls during the Floyd County Chamber of Commerce's Business After Hours on November 30. Dozens of business and professional people partook of the food and fellowship during the two-hour soiree. The Re/Max Action Team, headed by real estate broker and auctioneer Bill Gibson, recently moved into the newly renovated quarters. (photos by Pam Shingler)



Valley National Gases names new director of procurement

Valley National Gases Inc. President and CEO Lawrence E. Bandi has announced the appointment of Ray L. Robertson, C.P.M., as director of procurement, logistics and supply chain management of the multi-state corporation.

Among his new duties at VNG, Robinson will establish and direct policy of procuring all products at lowest possible costs, consistent with VNG's high standards of quality service and delivery.

He will manage and supervise the efforts of the purchasing department—assuring timely procurement of materials, supplies and service, consistent with corporate and customer needs.

A resident of Upper St. Clair, Pennsylvania, Robinson comes to Valley National Gases from the Centimark Corporation, where he was vice president of purchasing and supply management.

At Centimark, Robinson managed and supervised six departments, including: purchasing, fleets, materials management, financial planning, accounts payable, and cost control/re-engineering.

VNG has an operation in Floyd County.

Stumbo to speak at KFB meeting

The Kentucky Farm Bureau Federation is holding its 80th annual meeting, December 5-8, at the Galt House Hotel in Louisville.

Senator Mitch McConnell was scheduled to speak at the general session on Tuesday, and Greg Stumbo, majority leader of the Kentucky House of Representatives was to be the keynote speaker at the public affairs breakfast on Wednesday.

Farm Bureau exhibits at FFA's show

Kentucky Farm Bureau Insurance Companies were new exhibitors at the 34th annual FFA National Agricultural Career Show during the 72nd National FFA Convention, in Louisville, October 26-29.

This is the first year the convention was located in Louisville. For the past 71 years it has been held in Kansas City.

About 52,000 persons attended this year's convention. The career show, an integral part of the convention, offers students the opportunity to meet with agricultural industry leaders and to explore individual career interests.

It showcases the diversity of agriculture and its related fields and presents helpful information, in a trade show setting. The event brings together current industry leaders with those of the future.

FFA is a national organization of 450,752 members preparing for leadership and careers in the science, business and technology of agriculture. The organization has 7,503 local chapters located throughout the United States, Puerto Rico, Guam and the Virgin Islands.

Local, state and national activities and award programs provide opportunities for students to apply knowledge and skills learned in the classroom.

It's Everybody's Business

Fictional ballplayer defined element of greatness

by Rex Martin

Camille Paglia, professor of humanities at the University of the Arts in Philadelphia, said during a speaking engagement some months ago that she has a continual rock concert going on in her head.

Most baby boomers understand what she meant. We are the generation that elevated music to a new level of importance in everyday life. Now, we're discovered there was no day when the music died.

The brain is a marvelous recording device that seems, at times, to be set on continuous replay. The Beatles, the Stones, the Temptations; they're all in there. So are Eric Clapton, Buddy Holly, the Supremes, and some newer artists, too. They're just waiting to be

played and replayed like a selection in an old jukebox.

Should boomers be concerned that we've filled our heads with mush? Probably not. Although we are inundated with music and other information in this modern age, we aren't really much different from citizens of centuries past who sang songs or recited poetry from memory.

While most of us probably haven't memorized as much poetry or literature as our teachers or professors would have liked, memorable lines from another "art" form—motion pictures—have made their way into popular culture and, like music, into our heads.

Easily recalled dialogue includes Clark Gable's "Frankly, my dear, I don't give a damn," or Humphrey

Bogart's "Play it again, Sam" (though he never actually said that line), or Clint Eastwood's "Go ahead, make my day," or from "Star Wars": "May the force be with you."

Another line of dialogue recorded in my memory is a bit more obscure. It's from "A League of Their Own," a 1992 film about the World War II-era women's baseball league.

Tom Hanks portrays a washed-up ballplayer assigned to manage one of the women's teams. In response to a player who says she's leaving because the game had become "too hard," Hanks' character, Jimmy Dugan, utters these lines: "It's supposed to be hard. If it wasn't hard everyone could do it. It's the hard that makes it great."

Those lines express a view toward a chosen endeavor that all of us in the workaday world would do well to emulate. Few jobs, if done well, are easy. One has to work hard to make it great.

What's the payoff? Well, unlike a

ballplayer rounding the bases after hitting a home run, most of us don't have a crowd to cheer us on while we work. But, as in baseball, many workplaces today are team based. The impressions we make on our fellow teammates and managers are long-lasting and can have a significant impact on our future success.

Those who do not the barest minimum to get by bring no honor to themselves and have little chance of accomplishing anything great in their lives. Meanwhile, those who work hard and do their best can enjoy a real sense of accomplishment at the end of the day.

On my way home from work, I want my conscience to allow a mental replay of the Beatles' "A Hard Day's Night" rather than "I'm a Loser."

Rex Martin is chairman, president and CEO of NIBCO INC., an Elkhart, Ind.-based worldwide provider of plumbing products to the residential and commercial construction, industrial, and irrigation markets. www.nibco.com

SMALL BUSINESS FOCUS®

Challenging Uncle Sam

by Jack Faris

For years, I have listened sympathetically to small-business owners talk about the burden that government regulations puts on them and their livelihood. The anecdotal evidence I have collected is overwhelming; it says that regulations and mandates are tough on small business. They take up too much money and, even more precious, too much time.

How many times have I heard the fear in a business owner's voice when I talk to them about minimum wage increases and, heaven forbid, the Occupational Safety and Health Administration (OSHA)? "I'll have to cut jobs to afford it," they say. "I don't know if we can survive many more of these regulations."

But where is the proof? When a government agency comes up with an idea for a new regulation, they always seem to say that the list of benefits is long and the list of costs to the business community is so short, it is negligible.

Of course, we never seem to see the actual numbers. Only impassioned statements by cause-oriented bureaucrats. Hmm.

Well, guess what. Finally, the little folks are going to have their proof! In addition to powerful anecdotal evidence, there will be a way to show just how much regulations and government mandates cost. Right now, a sophisticated computer program is being developed that will not only forecast the immediate costs of any given regulation, it will measure the ripple effects...like job loss, wage loss, and inflation of costs ranging from goods and services to health-insurance premiums.

This new tool will make the 1996 Small Business Regulatory Enforcement Fairness Act (SBREFA) actually work for small businesses. You see, SBREFA allegedly gave small firms the right to challenge unreasonable government regulations in court. But it was awfully hard to go to court without a lot of statistical information; Uncle Sam still had the upper hand.

Starting in the spring of the year 2000, the National Federation of Independent Business (NFIB) will be able to do sophisticated economic analysis of proposed government mandates and regulations. We'll be able to tell the public how much mandates on health care will cost, how many jobs will be lost if the minimum wage increases, how much OSHA's proposed safety and health rule will cost per business, per employee. We'll be able to break the numbers down by state and by demographic groups.

I'm not much of a scientist, but I

find this pretty exciting, don't you? It means that American Mom & Pops will have access to economic information that doesn't come from the government and is probably a lot more accurate, too.

You know how Uncle Sam always appears on high stilts at parades? Well, we can think of this new regulatory model as a pair of stilts for the small-business community. Because now the small guys will be able to reach as high and have as much of the best information that Uncle Sam always held, unfairly, over their heads. Small business will be able to look Uncle Sam in the eye and say "but, look...I have proof."

Jack Faris is president of the small-business group NFIB (National Federation of Independent Business), the nation's largest small-business advocacy group. For information, call 1-800-NFIB-NOW or visit www.nfibon-line.com.

HOUSE FOR SALE
Right Fork of Bull Creek, Prestonsburg

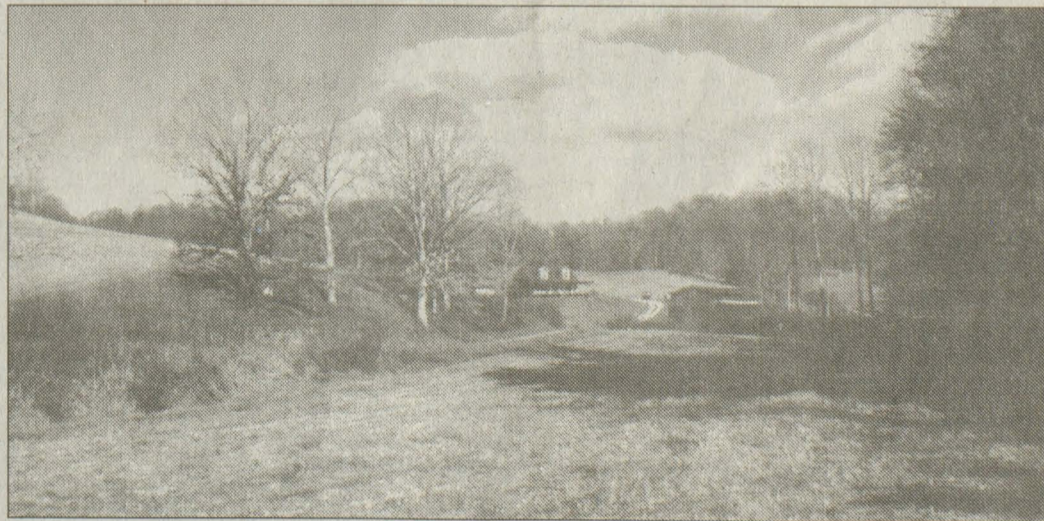


Brick home with approximately 2200 sq. ft. living space. New carpet, new central heat & air, large detached garage with carpeted upstairs. Adjoining acreage available. Must see to appreciate.

Call Kathy, 886-2102 or 886-0491, for appointment

ESTATE AUCTION

400+ AC. FARM OF WILLIAM H. CLARK, JR., ESTATE
Saturday, 1:30 p.m. — December 18, 1999



We have been instructed to sell at auction this beautiful Wolfe County, Kentucky, farm. Ideal cattle and horse farm, located 3/4-mile off the Mt. Parkway on Lacy Creek Road, HWY #1010, improved with a 2-story log house, 2 baths, bedroom, living room, kitchen-dining, and large open loft area could be made into 2 bedrooms. There are 2 barns in good condition and one metal farm equipment building. House is located in a very scenic and private area with a good access road. There is estimated 160 acres in pasture or cultivation and there are 3 ponds for livestock and fishing. A drilled well for house use, electric and telephone service. There is good road access to all areas of this farm. Farm to be offered in 2 tracts. TRACT #1, 355 ac. +- with all improvements on East side of HWY #1010 and TRACT #2, 45 ac. +- with 10+- ac. of bottom land and balance woodland with a fine wooded home site with access road laying on West side of HWY #1010. There is a tobacco base quota of 3,500 lbs. which will be sold separate. The right to group tracts #1 and #2 is reserved. This farm and house is shown by appointment before auction date and time. To see this farm, take Mt. Parkway to Hazel Green Exit, then State HWY #1010 South 3/4 mile. Farm on left and right. For information, call the auction company.

CHUCK CLARK, EXECUTOR — HON. MARCIA L. WIREMAN, ATTORNEY
TERMS: Down-payment of \$25,000, Tract #1, and \$5,000, Tract #2, Cashiers Check or Bank Letter of Guarantee with personal check. A 10% Buyer's Premium added to winning bids for total purchase price. Complete terms announced at auction time.

This Auction Conducted by:
KY. LAND AUCTION CO., INC.
Stanton, Kentucky

PH: (606) 663-2519 or 1-888-414-2519
J.O. Briggs, Auctioneer-Realtor Danny Dunn, Associate
Mike Briggs, Auctioneer-Realtor Wilma Ballard, Auctioneer-Realtor

The Floyd County Times

Classifieds

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Contact Jenny at extension #14 or Sandra at extension #15 at:

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CARS \$100, \$500 & UP. POLICE IMPOUND. Honda's, Toyota's, Chevys, Jeeps and Sport utilities. Call Now! 800-772-7470, ext 7832.

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'95 CHEVY BERETTA: \$6,000. Also, '88 Full-size Chevy Pickup., \$6,500. Excellent condition. 358-9783.

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MAY PRINTS, Butcher Hollow signed & numbered, Hatfield home, signed. McCoy home, signed. All framed. \$2,000. Call 513-621-0011.

STEEL BUILDINGS: 40x34, was \$7,660, now \$3,890. 50x60 will liquidate at \$6,490. 1-800-292-0111.

1994 JOHN DEERE: 310D turbo, 4wd/full cab, ac & heat, extend-a hoe, clamshell bucket (12' 24'), two extra rims & tires for front. 1750 hours, \$42,000 OBO. 502-484-4461 (Owen County).

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POSITION AVAILABLE

An established construction company will be hiring a bookkeeper/accountant—bachelor's degree preferable, but will consider experienced applicants with associate degree—salary commensurate with education and/or experience.

Send resume to: Accountant, P.O. Box 247, Stanville, Ky. 41659

Job Opportunity

Jerry's Restaurant in Prestonsburg is now taking applications for waitresses, cooks, dishwashers, and busboys.

Jerry's offers BC/BS insurance, paid vacations, meals and uniforms.

Apply in person, only!

No phone calls, please Applications may be obtained Mon.-Fri. 3-4 p.m. only

HEALTH INFORMATION ADMINISTRATORS

Appalachian Regional Healthcare, a not-for-profit system of hospitals, clinics and home health services, is seeking candidates for several opportunities in health information management.

As chief health information professionals at our hospitals in South Williamson, KY and McDowell, KY you will supervise the preparation and accuracy of medical records. Qualifications include a degree in health information administration with RRA certification. Supervisory experience is preferred.

Opportunities are also available for Accredited Record Technicians and Certified Coding Specialists including supervisory positions within the ARH system.

ARH offers a comprehensive compensation package including a very attractive salary range and benefits which include fully paid family plan health insurance, paid vacation, sick and holiday leaves, etc.

For additional information, please send your resume or give us a call for more information on these career opportunities: Marilyn Hamblin, Appalachian Regional Healthcare System, Corporate Human Resources Dept., P.O. Box 8086, Lexington, KY 40533; Fax: 606-226-2586; e-mail: mhamblin@arh.org or call: 1-800-888-7045, Ext. 532. EOE Visit ARH on the web: www.arh.org

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ADMINISTRATIVE ASSISTANT

A large Floyd County employer is seeking to fill the position of Administrative Assistant for the corporate office.

The position will require responsibility for all corporate clerical and administrative office duties including planning and management of office activities; organizing daily schedules and calendars for senior management staff, directing telephone inquiries; coordination of travel arrangements; ordering and maintaining supplies; and other duties which aid in the effective management of an executive office.

Experience with PC spreadsheet and word processing software is required. All applicants are requested to provide an employment history outlining the appropriate educational and work experience related to the job skills necessary to succeed in this position.

Only written inquiries will be accepted. Please address correspondence to:

ADMINISTRATIVE ASSISTANT POSITION
P.O. BOX 787
PRESTONSBURG, KY 41653

Inquiries will be accepted through December 10, 1999

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Got an 18" Mini-dish? Want 320 channels? One affordable fee. No monthly charges! 1-204-992-2841

These ads represent National Classified Advertising. This newspaper is not responsible for content. Please feel free to contact our salesperson at the phone number listed below with questions.

EMPLOYMENT

\$2000 WEEKLY! Mailing 400 brochures! Satisfaction Guaranteed! Postage, supplies provided! Rush Self Addressed Stamped Envelope! GICO Dept 4, P.O. Box 1438, Antioch, TN. 37011-1438. Start Immediately!

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INSTRUCTION

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For advertising rates and information on National Classified Advertising:

1-800-821-8139

NOTICE OF PUBLIC HEARING

Prestonsburg City's Utilities Commission Floyd County, Kentucky December 14, 1999, at 6:00 p.m. at Utilities Office Building The Prestonsburg City's Utilities Commission has prepared a 20-year "Regional Facilities Plan" containing requirements for the collection and treatment of sewage, and costs associated therewith, within the Commission's Planning Area. The Plan proposes to make public sewerage available to approximately 85% of

the households, businesses and institutions within most of the northern half of Floyd County.

Areas and communities to be served by the 20-year plan include:

- Unincorporated areas in proximity to Prestonsburg, including the Watergap/Bull Creek area, Town Branch, Ike Fitzpatrick Branch, remaining areas without sewers contiguous to KY 303 north to the Appalachian Regional Hospital, and others.

- KY 114, between Clark elementary and Overnite Express, as well as Caney Creek and Rough and Tough

Creek, and others.

- Abbott Creek (to Katy Friend Church), Little Paint and other areas in the vicinity of US 23-North to the hospital, and others.

- KY 1428, between the City Limits and New Allen, including Emma, Cow Creek, and others.

- US 23-South communities, including the Banner/Prater Creek area, Tram and other communities to the Pike County line.

Pursuant to 401 KAR 5:006, Sections 4 and 5, KRS 424 and 40 CFR 25.5 and 25.6, a public hearing will be conducted on Tuesday, December 14, 1999, at 6:00 p.m. at the Utilities building

at 2103 South Lake Drive, Prestonsburg, KY 41653-1048. The purpose of the hearing is to discuss the draft plan and its contents (specifically, the alternatives), project costs and financing sources, as well as proposed user charges and "tap" fees. This project may affect existing sewer rates.

The public is encouraged to attend this meeting and shall have a right to comment on the City's Regional Facilities Plan for a period of at least 30 days from the date of initial publication of this notice. Comments may be submitted in writing to

Seldon Horne, Superintendent; Prestonsburg City's Utilities Commission; 2560 South Lake Drive; Prestonsburg, KY 41653 - or by attending the Public Hearing on December 14, 1999, at which time verbal comments will be recorded and duly considered. A longer review period may be requested in writing.

Interested citizens may obtain additional information, including copies of the draft Plan by contacting Melissa Conn at the above address or by calling (606) 886-6871 between the hours of 8:00 a.m. and 5:00 p.m.,

Monday through Friday. All persons who believe any condition of the draft Plan is inappropriate, inaccurate, incomplete or otherwise not in the best interest of the public and/or environment must raise all reasonable issues and submit all reasonable arguments, facts and comments, with supporting documentation, to the above contact persons no later than January 3, 2000 - or by attending the Public Hearing at 6:00 p.m. on Tuesday, December 14, 1999.

NOTICE OF BOND RELEASE

(1) In accordance

with KRS 350.093, notice is hereby given that Czar Coal Corporation, HC 64, Box 915, Debord, Kentucky 41214, has applied for a Phase III bond release on permit No. 836-5339 which was last issued on 01/06/97. The application covers an area of approximately 83.25 acres of surface area and 446.21 acres of underground area, for a total permit acreage of 529.46 acres located 2.3 miles southeast of Odds, Kentucky, in Floyd and Johnson county.

(2) The permit area is approximately 3.0 miles south of KY Route 3's junction

with Daniel's Branch Road and west of Daniel's Branch. The latitude is 37°43'38". The longitude is 82°39'48".

(3) The bond now in effect for the permit is a surety bond in the amount of \$13,500.00. Approximately 100% of the original bond amount of \$90,600 is included in the application for release.

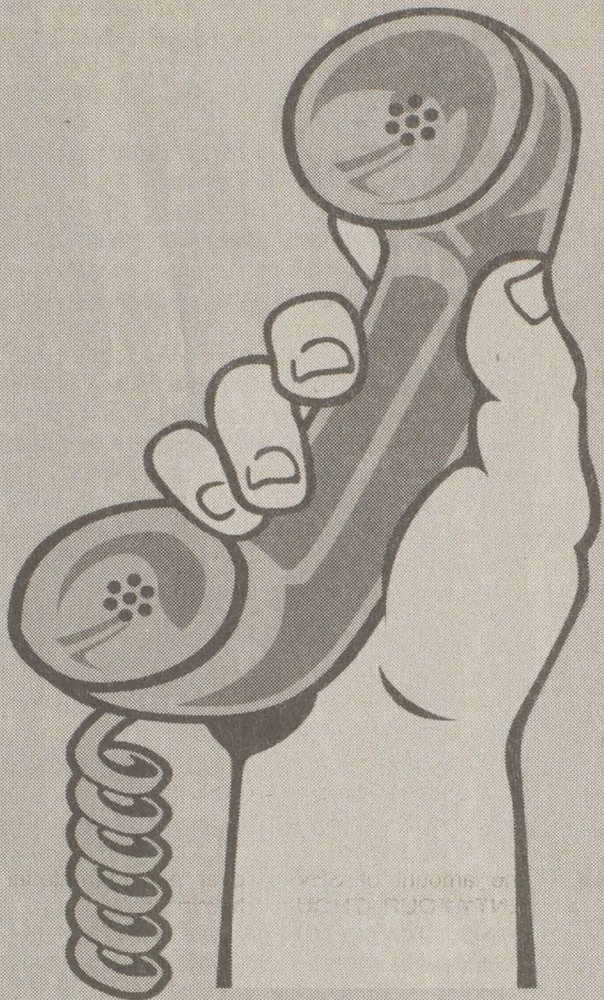
(4) Reclamation work performed includes: Backfilling, grading, seeding and mulching, completed in the fall of 1994.

(5) Written comments, objections, and requests for a public hearing or informal conference

must be filed with the Director, Division of field Services, No. 2 Hudson Hollow, Frankfort, Kentucky 40601, by 01/14/00.

(6) A public hearing on the application has been scheduled for 01/17/00, at 9:00 a.m., at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41563. The hearing will be canceled if no request for a public hearing or informal conference is received by 01/14/00.

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Border Ads: \$2.00 extra per Wednesday and Friday, \$1.00 per Shopper or/and Sunday.
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Shaded Ads with a border \$3.00 extra per Wed. and Fri., \$2.00 per Shopper or/and Sunday
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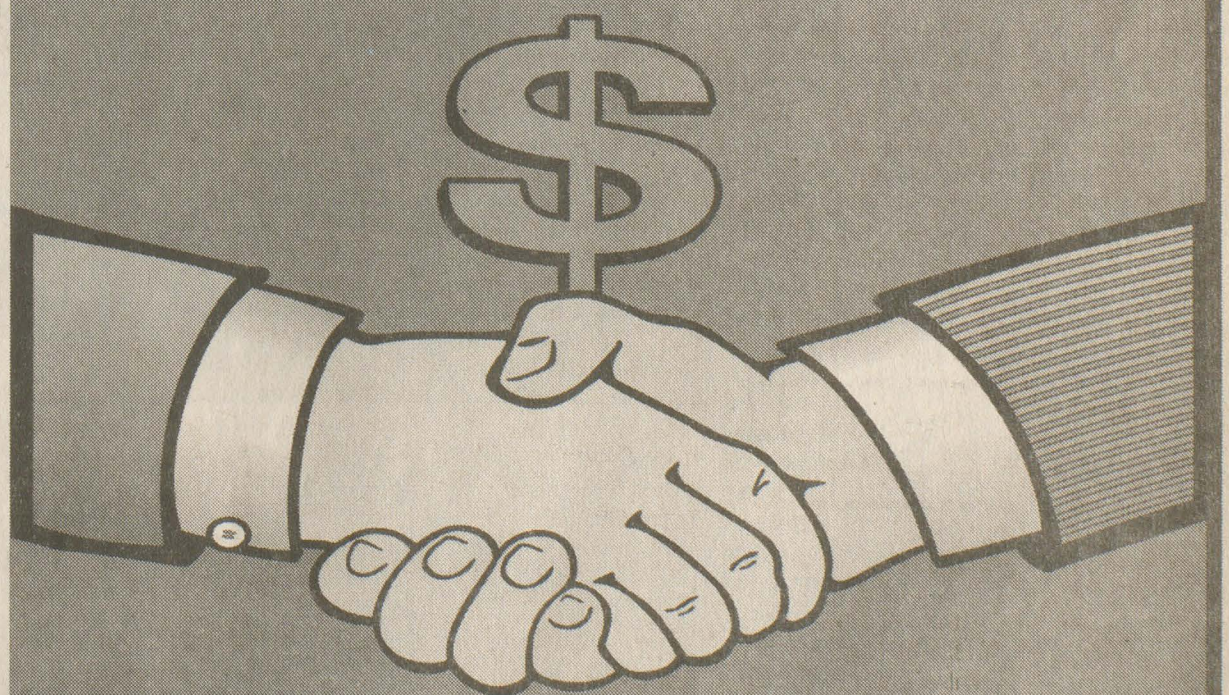
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Fax 606-886-3603

For a price quote, call
886-8506

**Sandra at Ext. #15
or Jenny at Ext. #14**

The Floyd County Times

SELL



TOMORROW

KOUNTY KETTLE

The following recipes are reprinted from the Northeast Area Extension Homemakers' new cookbook "From Our Table to Yours." The cookbook can be purchased for \$12 from any area homemaker or by calling Theresa Scott at 886-2668.

SUGAR FREE CARROT CAKE

Carolyn Davis
Lawrence County
1 c. egg substitute
1 c. apple juice concentrate
2/3 c. canola oil
1/4 c. water
3 c. plain flour
1 T. baking powder
1 tsp. baking soda
1 tsp. salt
2 tsp. cinnamon
1/4 tsp. nutmeg
2 c. raisins
2 c. carrots
Preheat oven to 350°. Stir together egg substitute, apple juice concentrate, oil and water. Set aside. Sift dry ingredients. Put raisins in warm water to plump. Meanwhile, grate carrots and spray 2 round (9-inch) cake pans or 1 (9 x 13-inch) pan with nonstick pan spray. Gently stir wet ingredients into dry ingredients just until moistened. Drain raisins, and fold in carrots and raisins. Pour into cake pan and bake 25-30 minutes or until cake tests done. Cool and frost with Cream Cheese Frosting. Store in refrigerator or freezer.

APPLE OATMEAL CRUMBLE

Wilma Chapman
Chapman Homemakers
Lawrence County
4 c. peeled, sliced Granny Smith apples
1/2 tsp. grated orange rind
1/3 c. fresh orange juice
1/3 c. reg. oats, uncooked
1/2 c. sugar
1/4 c. all-purpose flour
1/2 tsp. ground cinnamon
1/4 tsp. ground nutmeg
1/8 tsp. salt
3 T. reduce-calorie margarine
1/4 c. plus 2 T. frozen lite whipped topping, thawed
Spoon apples slices into an 8-inch square pan; sprinkle with orange rind and juice. Combine oats and next 5 ingredients in a medium bowl, stir well. Cut in margarine with pastry blender until mixture resembles coarse meal. Sprinkle mixture over apples. Bake

at 375° for 40-45 minutes or until apples are tender and topping is lightly browned. Spoon into individual dessert bowls; top each serving with 1 tablespoon whipped topping.

CHOCOLATE BOURBON PECAN CAKE

Imogene Wilson
Country Gals
Lawrence County
1/2 c. or (1 stick) margarine
1 (12 1/2-oz.) can pecan filling
1 c. sugar
2/3 c. buttermilk
3 T. bourbon
1 T. vanilla
2 eggs
1/2 c. cocoa
1 1/2 c. self-rising flour
1 c. chopped pecans
Preheat oven to 350°. Melt margarine in heavy saucepan over medium heat. Remove from heat, stir in pecan filling until smooth. Stir in sugar, buttermilk, bourbon and vanilla until smooth. Stir in egg, stir in cocoa and flour until blended. Stir in pecans. Pour batter into prepared pan. Bake 1 hour. Cook in pan for 10 minutes. Cream cheese frosting.

CHRISTMAS STRAWBERRY CAKE

Virgie Rach
Dennis-Green Valley
Homemakers
Lawrence County
1 pkg. white cake mix
4 eggs
1/2 c. oil
1/2 c. juice from sm. pkg. strawberry jam
1 sm. pkg. frozen strawberries
1/2 c. water
1 pkg. strawberry Jello
Soften Jello in 1/2 cup water. Combine with other ingredients, except strawberries. Blend all together for at least 4 minutes. Bake 30 minutes at 350° in a 3 x 9-inch layer pan. Frosting: Cream together 1/2 stick butter or margarine. Add 1 package confectioners sugar. Add as many drained strawberries as takes for right consistency.

SUGAR-FREE CREAM CHEESE

FROSTING
Carolyn Davis
Lawrence County
1 1/2 (8-oz.) pkgs. light or fat free cream cheese
1 1/2 T. margarine

12 pkgs. aspartame
2 tsp. vanilla
1 T. skim milk, to thin if needed
Beat together cream cheese and margarine. Then stir in Equal and milk until powder is moistened. Beat until smooth and spread on cake.

EASY RED VELVET CAKE

Sharon McCarty
Dennis-Green Valley
Homemakers
Lawrence County
1 box yellow cake mix (without pudding)
Milk (substitute for water in cake mix)
2 T. cocoa
1/2 c. oil
1 tsp. vinegar
2 eggs (or amount mix requires)
1 oz. red food coloring
Preheat oven to 350°. Mix ingredients thoroughly. Pour into 2 (8-inch) round pans or 1 (9 x 13-inch) pan. Bake 30-35 minutes until cake tests done. When cake is cool, frost with Cream Cheese Frosting.
Cream Cheese Frosting:
1 box confectioners sugar
1 tsp. vanilla
8 oz. cream cheese, softened
1 c. nuts, chopped
1/2 c. margarine, softened
Mix all ingredients and spread on cool cake.

PEACH BASKETS

Ruth Ann Smith
Dennis-Green Valley
Homemakers
Lawrence County
3-4 (30 oz.) peach halves
2 c. Total cereal, crushed
1/2 c. dark brown sugar, packed
1/2 tsp. salt
3 T. flour
1/4 c. white corn syrup
1/4 c. peach juice
3 T. butter
1/2 tsp. lemon juice
1/2 c. chopped pecans
Drain peach halves, pat dry on paper towel. Mix together Total, brown sugar, salt and flour. Add remaining ingredients and mix well. Fill center of peach halves with mixture and bake in a glass baking dish at 350° for 25-30 minutes. Will serve approximately 24 people. Can make ahead and store covered in refrigerator. Bring to room temperature before serving.

CHESS CAKE

Mildred Branham

Floyd County
1 box yellow cake mix
1 stick melted butter
1 egg
1 (8 oz.) cream cheese
1 box powdered sugar
1 tsp. vanilla
2 eggs
1/2 tsp. almond extract
Mix by hand; cake mix, butter and 1 egg. Spread in a 9 x 12-inch pan and press with your hand. With mixer, mix cream cheese, sugar, 2 eggs and the vanilla and almond flavoring. Spread over first layer. Bake at 350° for 35-40 minutes. Cool and cut into squares.

DIABETIC CAKE

Virgie Brown
Johnson County
2 c. raisins
1 c. unsweetened applesauce
3/4 c. oil
1 tsp. vanilla
1/2 tsp. nutmeg
1 1/2 tsp. cinnamon
1 tsp. baking soda
1/2 tsp. baking powder
2 c. water
2 eggs
1/2 tsp. salt
2 c. flour
Cook raisins in water until soft and plump, drain. Add applesauce, eggs, vanilla and oil. Sift dry ingredients together and add to first mixture. Pour into a greased and floured 9x13-inch pan. Bake at 350° for about 30 minutes. Test for doneness. Can use a tube pan.

PAY DAY CAKE

Dianna Zornes
Greenup County
1 box yellow cake mix
2/3 c. melted margarine
1 egg
1 lb. peanuts (topping)
1 bag mini marshmallows
Sauce:
1/4 c. margarine
12-oz. pkg. peanut butter chips
2/3 c. light corn syrup
2 tsp. vanilla
Mix cake with margarine and egg. Bake at 325° for 10-15 minutes until toothpick comes out clean. Cover cake with marshmallows and return to oven. Bake 5-9 minutes until marshmallows are melted, but not browned. Remove from oven and let cool. In saucepan, melt sauce ingredients thoroughly. Let cool completely. Spoon over cake. Top with 1 pound of peanuts. Press lightly. Allow sauce to set 1/2 hour before serving.

The following recipes are taken from "Cooking With Faith." The cookbook may be purchased from any member of the Independent Free Will Baptist Church.

DREAMSICLE CAKE

1 box orange supreme cake mix
2 eggs
1 1/2 C. water
1 sm. orange jello
1/2 C. oil
Mix ingredients together and bake at 350° until done to touch.
ICING:
1-8 oz. Cool Whip
1/2 C. sugar
1/2 C. orange juice
1-20 oz. can crushed pineapple, drained
1-8 oz. cream cheese, room temperature
Mix by hand and spread on a very cool cake. Refrigerate.
Sue Clark, Carol Spradlin

PUNCH BOWL CAKE

1 box yellow cake mix (mixed and baked)
6 bananas
2 lg. Cool Whip
2 cans cherry pie filling
2 lg. boxes vanilla instant pudding
2 lg. cans crushed pineapple
1 C. chopped nuts
Break 1/2 of the cake into a punch bowl. Top with 1/2 prepared pudding, 1 can pie filling, 1 can pineapple, 3 sliced bananas and 1 Cool Whip. Repeat layers. Sprinkle nuts on top. Serves many. (Recipe may be cut in half.)
Cindy Hackworth

PLUM GOOD CAKE

2 C. self-rising flour
2 C. sugar
1 C. oil
1 C. nuts, chopped (optional)
2 sm. jars strained plum baby food
1 tsp. cloves
1 tsp. cinnamon
1 tsp. vanilla
4 eggs, room temperature
Mix all together until eggs are well mixed. Pour into a greased and floured tube cake pan. Bake 1 hour at 350°.
Angela Williamson

PEANUT BUTTER FUDGE CAKE

1 C. butter or margarine
1/4 C. cocoa
1 C. water

1 tsp. baking soda
1 tsp. vanilla
2 C. sugar
2 C. unsifted plain flour
1/2 C. buttermilk
2 eggs, well beaten
Preheat oven to 350°. In a saucepan, combine butter, cocoa, water, buttermilk and eggs. Stir constantly over low heat until mixture bubbles. In a large bowl, mix sugar, flour and baking soda. Stir hot mixture into dry ingredients; beat until smooth. Stir in vanilla. Spread mixture evenly into a greased and floured 9x13" baking pan. Bake 25 minutes, or until firm to touch in center. Let cool.

TOPPING:
1/2 C. creamy peanut butter
1/2 C. butter or margarine
6 T. buttermilk
1/4 C. cocoa
1 tsp. vanilla
1-1 lb. pkg. confectioners sugar
Spread peanut butter on top of cool cake. In a saucepan, heat butter, cocoa and buttermilk until bubbly. Place sugar in a large bowl; beat in hot mixture slowly until smooth. Stir in vanilla and spread mixtures over peanut butter topping.
Dela Owens

BARBECUE PORK STEAK

3 or 4 slices pork shoulder
1 lg. onion, chopped
2 T. brown sugar
1/2 C. catsup
1 T. vinegar
1 tsp. chili powder
Brown the pork shoulder on each side in 2 tablespoons oil. Mix 1/2 cup catsup, 1 large onion, vinegar, brown sugar and chili powder. Add just enough water to mix. Pour mixture over pork steak and put in a 400° oven for 30 to 35 minutes, or until tender.
Janie Adkins

HAM AND POTATO BAKE

4 C. sliced potatoes
4 T. oleo, melted
4 T. flour
Salt, to taste
1 C. milk
2 C. ham, chopped
1-8 oz. sour cream
In an oiled baking dish, layer 1/2 of the potatoes, butter and flour. Repeat with remaining potatoes, butter and flour. Add salt, then milk. Spread ham over top and cover with sour cream. Bake 50 to 60 minutes in a 400° oven.
Charlotte Goble

More Than Half Of Americans Not Eating Enough Vegetables

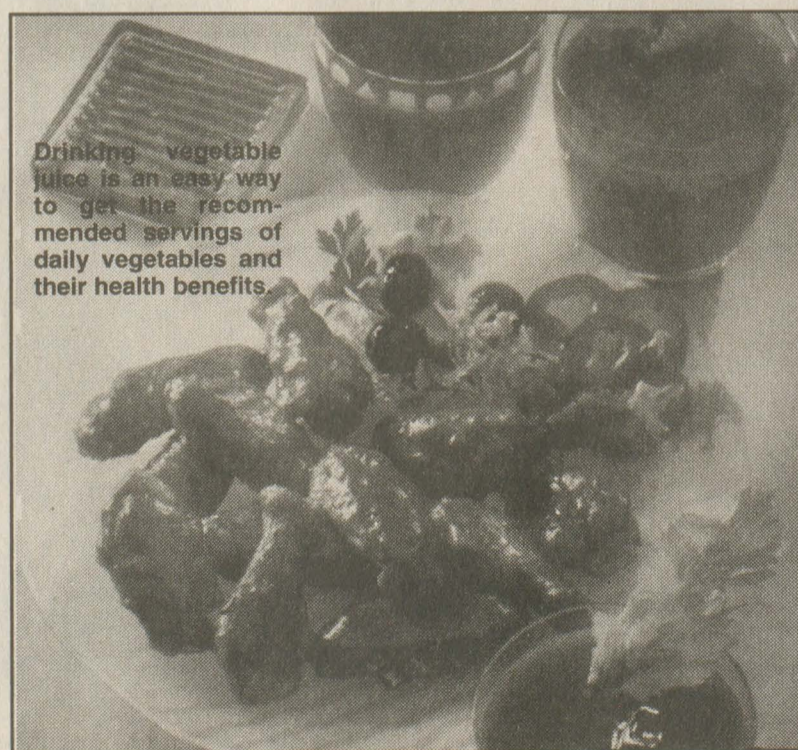
(NAPSA)-Fifty-nine percent of Americans fail to meet the recommended number of daily vegetable servings appropriate for their calorie intake, according to the USDA's latest Continuing Survey of Food Intakes by Individuals (CSFII).

Public health experts and dietary advice emphasizes the benefits of a diet low in fat and high in fruits and vegetables for reducing the risk of certain diseases. However, if more than half of Americans are failing to eat the recommended vegetable servings on a daily basis, they are unlikely to reap all the nutritional benefits vegetables offer.

Remember that vegetables supply antioxidant vitamins A and C, folic acid, dietary fiber, and essential minerals like potassium, iron and magnesium. Plus, tomatoes, which are one of the most nutritious vegetables you can eat contain the antioxidant lycopene. Research suggests that a diet rich in tomato products may have long term health benefits.

The American Institute of Cancer Research recommends moving vegetables and fruits to the center of the plate at breakfast, lunch and dinner. And some leading health professionals have developed dietary patterns that recommend up to seven servings per day of vegetables. Here are simple tips to help you get the servings of vegetables your body needs:

1. Incorporate vegetables into omelets, sandwiches, soups and dinner dishes.
2. Drink vegetable juices like V8® 100 percent Vegetable Juice, a convenient way to get nutrients like Vitamin A, C and potassium as well as the antioxidant lycopene. One eight-ounce glass provides more than a serving of



vegetables, is naturally fat free and has 50 calories.

3. Keep washed, raw fresh vegetables like carrots, cauliflower and celery in your refrigerator for a convenient snack.

4. Use V8® 100 percent Vegetable Juice as an ingredient in a variety of everyday foods such as spaghetti, salad dressings, soups, drinks and snacks. Try the great-tasting oven-glazed chicken wing recipe provided below.

Oven Glazed Chicken Wings

Prep Time: 15 minutes
Cook Time: 45 minutes
1 cup V8® 100% Vegetable Juice
2 tablespoons honey
2 tablespoons soy sauce
1 teaspoon ground ginger
12 chicken wings (about 2 pounds)

1. In large bowl mix vegetable juice, honey, soy and ginger. Set aside.

2. Cut tips off wings and discard or save for another use. Cut wings in half at joints to make 24 pieces. Add wings to vegetable juice mixture and toss to coat.

3. Place chicken mixture in foil-lined shallow-sided baking pan. Bake at 400°F for 45 minutes or until glazed and chicken is no longer pink, turning and brushing with sauce during last 15 minutes of baking.
Makes 24 appetizers.

Spicy Oven Glazed Chicken Wings

In Step 1, add 2 teaspoons ground red pepper. Proceed as in Step 2.

For a free brochure titled 8 Great Ways to Lead a Healthier Life, featuring more health tips, send a stamped, self-addressed envelope to Garson & Associates, c/o V8, 1370 Adams Road, Bensalem, PA 19020.

Quick And Easy Desserts Three Desserts In Three Steps Or Less

(NAPSA)-Here is a great idea for the cook in the family. Save time in the kitchen by using some of the newest canned peaches, pears and apricots. Naturally Flavored Fruits help remove some of the hard work from meal and recipe preparation because they already have delicious flavor added in, and they are ready to use-no messy pitting or chopping.

The newest varieties by Del Monte® include: Almond Flavored Apricot Halves, Cinnamon Flavored Pear Halves, and Sweet Cinnamon Chunky Cut Peaches. For other fun flavors, try Raspberry Flavored Sliced Peaches, Harvest Spice Sliced Peaches and Ginger Flavored Pear Halves.

Naturally Flavored Fruits taste great any time. Try them as snacks, serve them as side dishes with dinner or use them as ingredients in time-saving desserts. Try one of these easy and delicious three-step dessert recipes when time is short.

APRICOT FOSTER SUNDAE

1 can (15.25 oz.) Del Monte® Almond Flavored Apricot Halves, undrained
1/3 cup firmly packed brown sugar
2 tablespoons butter or margarine
1 pt. vanilla ice cream
Step 1: Drain fruit, reserving syrup in small saucepan. Bring to boil. Reduce heat to medium-low; simmer 4 minutes. Step 2: Stir in brown sugar and butter, cook until thickened, stirring constantly. Step 3: Add apricots; heat through. Spoon over scoops of ice cream.
Servings: 4. Prep Time: 7

minutes. Cook Time: 7 minutes.

DOUBLE CHOCOLATE PEARS

1 pt. chocolate or vanilla ice cream
1 can (15 oz.) Del Monte® Cinnamon Flavored Pear Halves, drained
1 can (5 1/2 oz.) chocolate syrup, chilled toasted sliced almonds or walnut pieces
Step 1: Place 1 spoon of ice cream in each dish. Step 2: Spoon pears over ice cream. Step 3: Top with chocolate syrup and garnish with nuts.
Servings: 4 to 6. Prep Time: 5 minutes. Cook time: 0 minutes.

EASY CINNAMON PEACH SMOOTHIE

1 can (15 oz.) Del Monte® Sweet Cinnamon Chunky Cut Peaches
1 cup low fat vanilla yogurt
1/2 cup orange juice
1 ripe banana
6-8 ice cubes
Step 1: Combine ingredients in blender. Step 2: Cover and blend on high until smooth. Step 3: Add more ice cubes for thicker consistency.
Servings: 2 (12 oz. each).
Prep Time: 5 minutes. Cook Time: 0 minutes.

