

\*\*\*\*\*ALL FOR ADC 301  
LEWIS BINDERY  
190 LANDOR DR  
ATHENS  
GA 30606-2428

USPS 202-700  
Prestonsburg  
Kentucky, 41653

**In your patience  
possess ye your  
souls.**

**Luke 21:19**

CATHOLIC HEALTH  
INITIATIVES  
**Our Lady of the Way  
Hospital**  
11022 Main P.O. Box 910 Martin, Ky. 41649



## Sports

- A Look At Sports • B1
- NASCAR Page • B4
- Wrestling Page • B7
- Kentucky Wildcat Page • B8



## Lifestyles

- Cooking with Common Sense • C1
- Things To Ponder • C2
- For The Record • C3
- Classified Section • C7

Volume 72 • Number 116

Section



**Sunday**

November 28, 1999

# The Times

FLOYD COUNTY

Serving Floyd County since 1927

## Group makes a 'Backstreet' dream come true



### Backstreet Girls

From left, Lucy Samons, her daughters Cindy and Misty, along with a friend, Eva Duncan, were at the Dream Factory yesterday to get detailed information about their trip to see the Backstreet Boys. (photo by Willie Elliott)

by Willie Elliott  
Staff Writer

Guess who just about all Floyd County teenagers (and some of the adults) are going to be envious of come Monday morning?

As a clue, I will tell you that Misty Samons, 14, of Garrett, was at Rupp Arena last night (Saturday) to take in a Backstreet Boys concert. She learned late Tuesday that she was going to realize her dream.

Misty, who suffers from lymphoblastoma leukemia, was given a chance to attend the concert when the Dream Factory in Prestonsburg worked out the details to allow Misty, her mother, Lucy, sister Cindy and a friend, Eva Duncan to attend the concert. Duncan's father,

Lawrence, will drive them to Lexington but will not attend the concert. Misty's other sister, Barbie, also did not attend the concert.

Misty, a 14-year-old freshman at Allen Central High School, said she liked the group, who are in their late teens and early twenties, because they "are cute and sexy." She said one of her favorite songs by the group is "I Need You Tonight." Misty said the song is about the group's fans, and she said, "I am one of those fans." She said she has been a fan for about two years.

Misty and her group left Garrett about 9 a.m. and drove to the Red Roof Inn, located just off I-64/75 at exit 113 in Lexington, where they got ready for the concert. Misty said her family and friend might take a

trip to the malls if there was time. She indicated that it would take a long time to get ready for her favorite group.

Misty said she thought some of her friends and others would be "jealous" of her trip to the concert, but she jokingly said, "Eat your heart out."

Dunce, 15, said, "See, sometimes it pays off to have a good friend like Misty." Dunce said, "I can't wait to get there and see the Backstreet Boys."

The girls say that they have proof of their fanaticism for the group. Their walls are covered with posters of the Backstreet Boys, and they have a collection of magazines that

(See Dream, page two)

## What's Inside



## Briefs

### Robberies plague Pike County

Police in Pike County are stepping busy as they investigate their second robbery of the week, as well as an attempted robbery on Thanksgiving night.

In the first incident, Pikeville Police were called to the Wal-Mart Super Center to investigate a complaint of a man brandishing a knife in the store.

When they arrived, police found Steven S. Dean, 20, of Naugatuck, W. Va., inside the store with a switchblade knife in his pocket and merchandise concealed in his clothing.

Outside, police also found two other men, 19-year-old Jack Daniels of Matewan, W. Va., and 19-year-old Richard D. Scott of Williamson, W. Va., in a vehicle in the parking lot with more items from the store and two more knives.

All three men are being held on charges of first-degree robbery and shoplifting. The robbery charges stem from a witness report that Daniels allegedly threatened to "slice up" a security guard in the store.

A fourth man, Moses D. Stanley, 19, of Forest Hills, was also arrested on a shoplifting charge after being detained by store personnel.

The vehicle, which belonged to Dean, was also discovered to have a stolen Kentucky license plate, which resulted in a felony charge of license plate theft against Dean.

On Thursday, Shoney's manager Margaret Wilson reported an attempted robbery to Kentucky State Police.

Wilson told police that an unidentified man approached her as she attempted to make a nightly deposit for the restaurant and demanded her money. After she refused to give him the money and threatened to call police, the man fled on foot. Police later could not locate the man.

### Pike man jailed after shooting

A McAndrews man faces an attempted murder charge following a Thanksgiving day shooting on Pinson Fork Road in Pike County.

Police have released few details about the incident, but indicate that 18-year-old Danny Ramey of Pond Creek was shot once in the stomach shortly after 5 p.m. Thursday. Ramey was taken to the Appalachian Regional Hospital in South Williamson for treatment.

(See Briefs, page three)

### 20 tons of love...

## Tackett sets sights on Thanksgiving

by Kristy Stevens  
Contributing Writer

On Tuesday, Marlow Tackett and helpers passed out over 20 tons of food to needy families across the region. The event started at 10 a.m. and in just one hour, over 1,400 people from Pike, Floyd, Letcher, Knott and Johnson counties arrived to receive the generous donation.

"This is a great blessing," said Tackett. "Preacher Fred Potter from Bristol, Tennessee, helped put this program together. He gave about 20 tons of food. But the food really comes from the Lord. He's been so good to us."

Most locals are familiar with the Christmas toy drive Tackett started 23 years ago. This year, the "Christmas party" will be held on December 19. Donations of toys and clothing (new or used) will be accepted. Food donations are also appreciated.

Donations can be made at Prestonsburg and Pikeville Wal-Marts, Brown's Auto Sales in Paintsville and the radio station in Hindman.

For more information, Tackett can be reached at (606) 432-4181 or 433-KIDS.



## Taking a stand, making a difference

by Willie Elliott  
Staff Writer

Disrupting their lives and the lives of their children, Angie and Lynn Wagoner left St. Cloud, Florida, and came to McDowell to operate the God's Appalachian Partnership (GAP) under the auspices of the First Baptist Church of McDowell. GAP is a Christian endeavor to meet the spiritu-

al and physical needs of people in Appalachia.

Lynn Wagoner had a good job as a pressman for the *Wall Street Journal*. But the Wagoners say they are pleased that the Lord called them from their home in St. Cloud.

The Wagoners, along with Reverend Harry Hargis and members

(See GAP, page three)

## Labor of love

Below, Angie and Lynn Wagoner and their eight-year-old son. The Wagoners are bringing God's Appalachian Partnership to the Left Beaver area but will serve anyone in need. At left, food is collected and stored by type. Shown is the wide variety of cereal that is available to those in need. Clothing is also available.

photos  
by Willie Elliott



## Jewelers cite quality as key to staying alive



Earl Castle helps customers with a purchase. Earl Castle's Jewelry has been a surviving downtown business for over four decades. (photo by Randell Reno.)

by Randell Reno  
Staff Writer

America's downtowns are disappearing. This was true 20 years ago in the big cities across the U.S., in major Kentucky cities like Lexington, Louisville, Maysville and even in London.

As if a slow-spreading virus were attacking, the downtown areas have ever so slowly died or picked up and moved to shopping centers in outlying areas.

Once thriving businesses in Wheelwright, Wayland, Garrett, Martin, Allen and Prestonsburg have either died because the owners have passed away or the arrival of supermarkets and big department stores has killed them.

Long ago, it seems that downtown was the place to go. Many senior citizens can tell you

about the thrill of getting dressed up to go to town or how easy it was just to walk to the neighborhood store.

This is the first of a series of articles devoted to the downtown businesses that have survived the many changes our local towns have seen.



First in a series of articles exploring Floyd County businesses which have survived the death of downtowns.

Two such businesses are Earl Castle's Jewelry and Hopson's Jewelers in downtown Prestonsburg.

Quality. Quality service and quality products are the contributing factors to staying in business, said Joe Hopson and Mike Castle, owners and operators of these local jewelry stores.

"Repairs and specialties are the thing that keeps us alive," said Hopson, who has been in downtown Prestonsburg for 13 years.

(See Downtown, page two)

# Downtown

(Continued from page one)

**DORAL**

Buy a Carton, Get 2 Free Packs!

**\$13.99**

WITH THIS COUPON  
Full Flavor Box • Lt. 100's  
Lt. M 100's • UL 100's Box  
(Limit 3, please)

---

**Prestonsburg Cigarette Outlet**  
1250 N. Lake Drive  
886-6915

**P&B Liquor**  
Harold • 478-9808

**Mud Creek Liquor**  
Harold • 478-9463

www.cigaretteoutlet.com  
Coupon expires Dec. 31, 1999

A greater number of people were in town then," said Hopson, who added that his first two years of business were his best. But quality service has kept him in business through both fat and lean years.

"The more people in town, the better the business. Now people come to town for this," he said. Hopson said when there were more businesses in town, more people came in.

Selection is what keeps the customers coming in now. "You've got to offer people something they can't get in a big town. If you compare apples to apples, you will always get a better deal at home," said Hopson.

Most of Hopson's and Castle's customers are repeat customers, the folks they have shown good service and honesty to for a number of years.

Hopson says the customers who visit his store from northern states such as Indiana and Michigan will usually buy something because the price at his store is better than what they can find at home.

"You've got to get above promotions and offer quality," said Hopson. "I do everything by honesty. I give everybody a good

product at a good price and if something happens I deal with it."

Customers choosing Hopson's store will also get an added bonus — on most products, there is no wait. Sizing and adjustments can be made inside the store. "If you buy something from me, you can wear it home that day," he said.

Although the economy supposedly is booming, Hopson said sales do not reflect it. A customer who may have bought \$500 worth of jewelry a few years ago may only buy \$50 now, he said.

Trends tend to set the pace in what is popular at a jewelry store, according Hopson. An example would be the transparent chain on today's jewelry.

Hopson carries a wide range of

jewelry products for all ages, but he will tell you that honesty, good service and quality products have kept he and his business alive.

Earl Castle's Jewelry has been a cornerstone of Prestonsburg's downtown area for 45 years now. Mike Castle will tell you that quality and service are the reasons the family business has weathered the years.

Castle said downtown businesses suffer because of the lack of people coming into town. A lot of traffic in town means a greater number of people stopping to look and buy. But the reason the customers return to visit is quality products.

There are many jewelry stores or department stores which sell

jewelry, but Castle says there is a difference in the product that even an untrained eye can see.

"Cheaper prices mean cheaper merchandise," said Castle and he backs up that belief by showing what he means.

Castle said that character flaws in a diamond are easy to see if you know what to look for.

"A lot of people come for quality. They want the service. I don't sell things for 50 percent off, because no one can do that and survive," said the jeweler.

A variety of products can be found at Castle's including watches, clocks and fine jewelry.


One product offered in both stores is class rings. Castle and Hopson will tell you they make

very little profit from them. Class rings are sold with the intention that the customer will return to buy an engagement ring, a diamond solitaire or even something more elegant for that special someone or a family member. But the class rings at either store will be cheaper than what you can buy at school.

"A class ring is a class ring, there is no difference," said Castle.

Quality, service, and value are not just cliché to these men. They stand by their products and both are willing to fix any problems that may arise. It is this attention to customer satisfaction which has kept them alive and well in downtown Prestonsburg.

**Ready To Say Goodbye To Your Old Car?**




Don't sell it or trade it, donate it to the **National Kidney Foundation of Kentucky's "Kidney Cars"**

Your donation can help save lives. **FREE Tow**

We do all the paperwork and you may qualify for a tax deduction.\*

**1-800-488-CARS**



**NK National Kidney Foundation**

\*Consult your tax advisor for details

# Dream

(Continued from page one)

are have articles and photos of the group. They also have their floor covered with glitter. They said they did that in honor of the Backstreet Boys.

The girls also have a large Backstreet Boys pencil. Misty said she did not use the pen but her sister Cindy said, "I write with it."

The girls bought patches to put on hats. Guess what the patches have on them? No, not Neil Diamond, the Backstreet Boys.

Misty said she wanted to thank the Dream Factory for making her dream of seeing the Backstreet Boys come true. "I will always remember the experience," she said.



**Alive and well**  
Hopson's Jewelers has been a part of Prestonsburg's downtown for 13 years. Owner Joe Hopson says the business has thrived on quality products. (photo by Randell Reno)

# WE JUST MADE THE BIGGEST CUTS OF THE SEASON.

**BEST BUY OF THE SEASON**

**LX255 Lawn Tractor**  
• 15 hp • 42-inch convertible mower deck  
• Automatic transmission  
**\$61 Per Month\* Save \$250**



**425 Lawn and Garden Tractor**  
• 20-hp, V-Twin, liquid-cooled engine  
• 54-inch mower deck  
• Automatic transmission  
**\$149 Per Month\* Save \$1,300**



**GT225 Lawn and Garden Tractor**  
• 15 hp • 42-inch convertible mower deck  
• Automatic transmission  
**\$72 Per Month\* Save \$300**



Savings are so big at your John Deere dealer's store, there's never been a better time to cut a deal. And with Same-As-Cash until June 2000\*, you'll enjoy the biggest cuts of the season long before the grass begins to grow. So don't wait for it to green up. See your John Deere dealer today because the offers end February 29, 2000.

**JA60 Walk-Behind Mower**  
• 6 hp • 21-inch cast-aluminum deck  
**Now \$419 \$80 OFF**



**NOTHING RUNS LIKE A DEERE®**



99-5944-H/B

www.deere.com

**STANVILLE**  
**Blackburn's Lawn Equipment**  
US 23, between Pikeville & Prestonsburg  
**606-478-9881**

**SOUTH WILLIAMSON**  
**Thompson Pontiac-Buick-GMC**  
500 Thompson Plaza  
**606-237-1220**

\*Offers end February 29, 2000. Subject to approved credit on John Deere Credit Revolving Plan, for noncommercial use. 10% down payment required. If the balance is not paid in full by the end of Same As Cash promotional period, interest will be assessed from the original date of purchase at 19.8% APR unless you reside in CA (19.2% APR), AL, FL, KS, LA, ME, MA, MN, NE, NC, ND, PA, VT & WV (18% APR), TX (14% APR, but rate may vary), with a \$0.50 per month minimum. Taxes, freight, setup, and delivery could increase monthly payment. Other special rates and terms may be available, including installment financing and financing for commercial use. Available from participating dealers. Prices and models may vary by dealer.

# Soil conservation: ground for KY's new millennium

The theme of the 1999 Soil Conservation Writing & Art Contest is soil conservation. The Conservation Writing Contest is designed for Kentucky students in grades 6 through 12, and the Conservation Art Contest is for students in grades 1 through 5. The art and the writing must convey the message of taking action towards good soil conservation practices.

Prizes for school winners are:  
 • 1st place-\$25  
 • 2nd place-\$20  
 • 3rd place-\$15  
 Prizes for county winners are:  
 • 1st place-\$50  
 • 2nd place-\$25  
 • 3rd place-\$20  
 The state winner will receive a \$500 savings bond plus a personalized plaque and an invitation for the winner along with parents and

teacher to attend The Courier Journal Awards luncheon in the spring of 2000.

All winners will also receive a certificate and an invitation to the Floyd County Conservation District's Awards Banquet in the spring of 2000.

At the October district board meeting, Floyd County Conservation District Board members voted that all Floyd County kindergarten students should be allowed to participate in the Conservation Writing and Art Contest. However, the board members felt that kindergarten should not have to compete with first through fifth grades. So there will be three kindergarten school winners for each school. Principals will have a special reporting form just for the top three kindergarten entries.

The board members feel that conservation should start early and that kindergarten should be a starting point to excite them with the concept of conservation of natural resources. Prizes for kindergarten school winners are:

- 1st - \$25
- 2nd - \$20
- 3rd - \$15

Principals must have choose the top three winners in writing and art by December 1. Michelle Goble, the environmental educator, and Tony Grubb, the conservation technician, will pick up the entries at each school on December 1.

If you have any questions concerning the 1999 Conservation Writing & Art Contest, contact Michelle Goble at the Floyd Co. Conservation District at 886-9545 Ext. 104, or email conserve@east-ky.net.

## GAP

(Continued from page one)

of the church, have set up a center to provide food and clothing for those in need and toys for the children. The building for the center was donated by Nick Cooley.

Hargis said he saw the need for the center almost immediately after coming to McDowell five years ago, but said he did not know exactly how to go about accomplishing his goal.

Then a church called and asked if Hargis and the First Baptist Church could work with the Wagoners. Hargis said it seemed "that the Lord wanted them here, and they moved here lock, stock and barrel in June."

With the Wagoners coming along, Hargis surveyed the area and found there was a great need for the kind of services the Wagoners planned for the area.

First Baptist Church has invested highly in the work of GAP, turning the Life Center Building over to the organization. Community functions such as showers and weddings are held in this building. The church also gives two percent of its

gross income to GAP to carry on its work.

In order to receive food or clothing, recipients must first make an appointment and then bring the following items when they go to the center, which is open Monday through Thursday, 9 a. m. to 2 p.m.: Age and birth date, Social Security cards, check stub or copy of checks or a bank statement of where checks are deposited in the bank, proof of food stamps and Medicare or Medicaid card.

Recipients also need to bring proof of expenses for the following: Rent receipt or house payment, car payment, insurance payments, electric bill and any other bill the recipient has.

Hargis said he and the Wagoners would need help in carrying out this work. They will accept donations of money, food (especially canned goods), clothing and toys. Hargis said he plans to ask local churches to help him in this endeavor.

Hargis said the program was not just a giveaway plan. He hopes to set up a system where-

by people who come to the center can be matched with companies that need the skills they possess. Hargis said he hopes to start computer classes and would accept computers from people who no longer need them.

Hargis wants to teach people basic computer skills that will enable them to find work with those skills.

Anyone who needs the services of GAP or would like to donate money or items to the organization can write to the Wagoners at P.O. Box 704, McDowell, Ky. 41647, or call them at 377-0332.

In addition to donations, GAP and the church need volunteers who will help manage the program by doing various jobs.

The Wagoners have three school-age children and, at first, the move was difficult for them, but their mother says they have adjusted and really enjoy living in McDowell and going to the South Floyd schools. The youngest son, Steven, is home schooled.

## Community group to take over Man ARH

The board of trustees of Appalachian Regional Healthcare Inc. (ARH) and the governing board of Man Community Hospital Inc. have confirmed that the ARH hospital in Man, West Virginia, will continue operations and start the new year as Man Community Hospital Inc. an independent, not-for-profit community facility.

On October 29, after several years of deficit operations at Man ARH Hospital, the ARH Board of Trustees announced its intent to provide notice that ARH would no longer operate the hospital after December 31.

It was the board's hope that members of the Man community would join together in exploring alternative methods of continuing the hospital operations. In support of the ensuing efforts, the ARH board has offered to donate the hospital and its four clinic operations to the newly formed Man Community Hospital Inc.

The offer is contingent upon the new provider obtaining a

Certificate of Need (CON) for its continued operation of the hospital as a not-for-profit entity for the benefit of the public and the provision of adequate community financial support.

The hospital equipment, inventory, and two homes in Man will be sold to Man Community Hospital Inc. The Man ARH Home Health Agency and HomeCare Stores are not included in the agreement.

Millard Tomblin, local businessman and president of Man Community Hospital Inc., represents a group of civic-minded individuals who have worked together to insure the continuation of the present level of hospital services.

"We would like to implement new and expanded services in the future," said Tomblin, "but our immediate concern is to keep the doors of our hospital open so that when our children or grandchildren 'spike a fever' in the middle of the night, or a coal miner is injured at work or maybe even one of us experiences chest pain, we have a facility available that can meet many needs. We are grateful to ARH for their generosity and for assisting in a smooth transition of services."

## Briefs

(Continued from page one)

Arrested was 33-year-old Anthony Francis, who is being held in the Pike County Jail on a charge of attempted murder.

Kentucky State Police Detective Sean Welch is in charge of investigating the incident.

### Public meetings

■ Floyd County Board of Education special meeting, Tuesday, 6:30 p.m., Adams Middle School. Items on the agenda include discussion of the district's facility plan, consideration of property and facility projects, and an executive session to discuss litigation, property, personnel and expulsions.

## ACCEPTING NEW PATIENTS

**R.S. Bhatraju, M.D.**  
 • Gastritis • Abdominal Pain • Ulcers

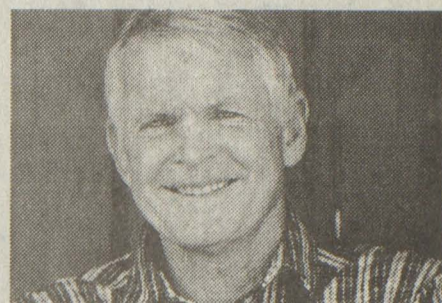
Hiatal Hernia, Breast, Thyroid Problems, Moles, Lymph Glands, Hernia, Trouble Swallowing, Rectal Bleeding, Hemorrhoids, Mini-Stroke, Cholestrol Blockage In Neck, Leg Swelling & Circulation Problems, Carpel tunnel, Phelbitis, Varicose Veins, Leg Ulcers.

SPECIALIZING IN  
**CANCER OF THE BREAST, COLON & MELANOMA.**

Uniplex Bldg., 150 Trivette Dr., STE 101 (Near the Riverfill 10 Movie Theatre)

**606-432-0168**

# Senior Citizens Customer Appreciation Day



**FRIDAY, DEC. 3**

### • WIN A \$100 U.S. SAVINGS BOND

We are giving away ten \$100 Savings Bonds to eleven lucky seniors: one at each of our 11 locations. Come in and register!

### • TAKE ADVANTAGE OF OUR ONE-DAY-ONLY SPECIAL CD RATE

If you are 62 or older, get an additional 1/4% interest rate on our new Millennium Certificate of Deposit purchased Friday, Dec. 3.

### • FAMILIARIZE YOURSELF WITH OUR DIRECT DEPOSIT ACCOUNTS

With the Freedom Account, Senior Citizen's Checking, or Bonus Banking, you'll have the safety and convenience of having your check directly deposited to your account, along with many other benefits specifically designed with you in mind.

### • ENJOY FREE REFRESHMENTS AND SPECIAL TREATS

Come to any of our lobby locations on Friday, December 3 and let us show you how much you are appreciated.



*The Bank for Your Life*

Floyd Co. (606) 886-4000 Johnson Co. (606) 789-4001 Magoffin Co. (606) 349-8800



© 1999 BAKER COMMUNICATIONS

# ATTENTION!!!!

The Floyd County Health Department now provides **WIC** program services at **Mud Creek Clinic.**

*A cooperative agreement between*



*And*

*The Nationally Known*  
**MUD CREEK CLINIC**

*A subsidiary of*



**A full range of services will be implemented as the case load increases.**

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

—First Amendment of the U.S. Constitution—

# Viewpoint

## QUOTE OF THE DAY...

Is it ignorance or apathy? Hey, I don't know and I don't care.

—Jimmy Buffet—

Sunday, November 28, 1999 A4

## Editorial

### Shop locally, for your own good

The holiday shopping season is upon us and, for most of us, it is a time of careful consideration of gift lists, hoping to find the delicate balance between our generosity and our available funds.

For most folks, that can be a challenge. We would like to be able to give our loved ones everything their hearts desire, but we know our budgets won't allow that to happen. It then becomes important to make every penny count.

But what if you were to learn that there is a way to make a positive impact on the lives of your friends and neighbors while doing your Christmas shopping, a way to improve your community through the simple act of buying gifts for your family?

It is possible. It's called shopping at home.

Each year during the Christmas season, many of us head to Lexington or Huntington to fight the crowds at the malls. In doing so, we believe we're saving money by taking advantage of eye-popping sales.

But is that really the case? By the time you factor in the gas you put in your car and the fast-food that goes into your mouth, perhaps even a night's stay in a motel, are you really any better off? Probably not.

Worse, Floyd County suffers for our spending habits. Countless dollars are spent in West Virginia or the Bluegrass which could have been spent locally, helping our hometown businesses survive and putting food on the tables for local workers.

The fact is our community suffers while another prospers each time we spend our dollars elsewhere. It is a bit ironic that residents of our region, who for years have complained of out-of-state coal barons taking their profits out of the Appalachia, all too willingly take our spare change and spend it in areas other than our own hometowns.

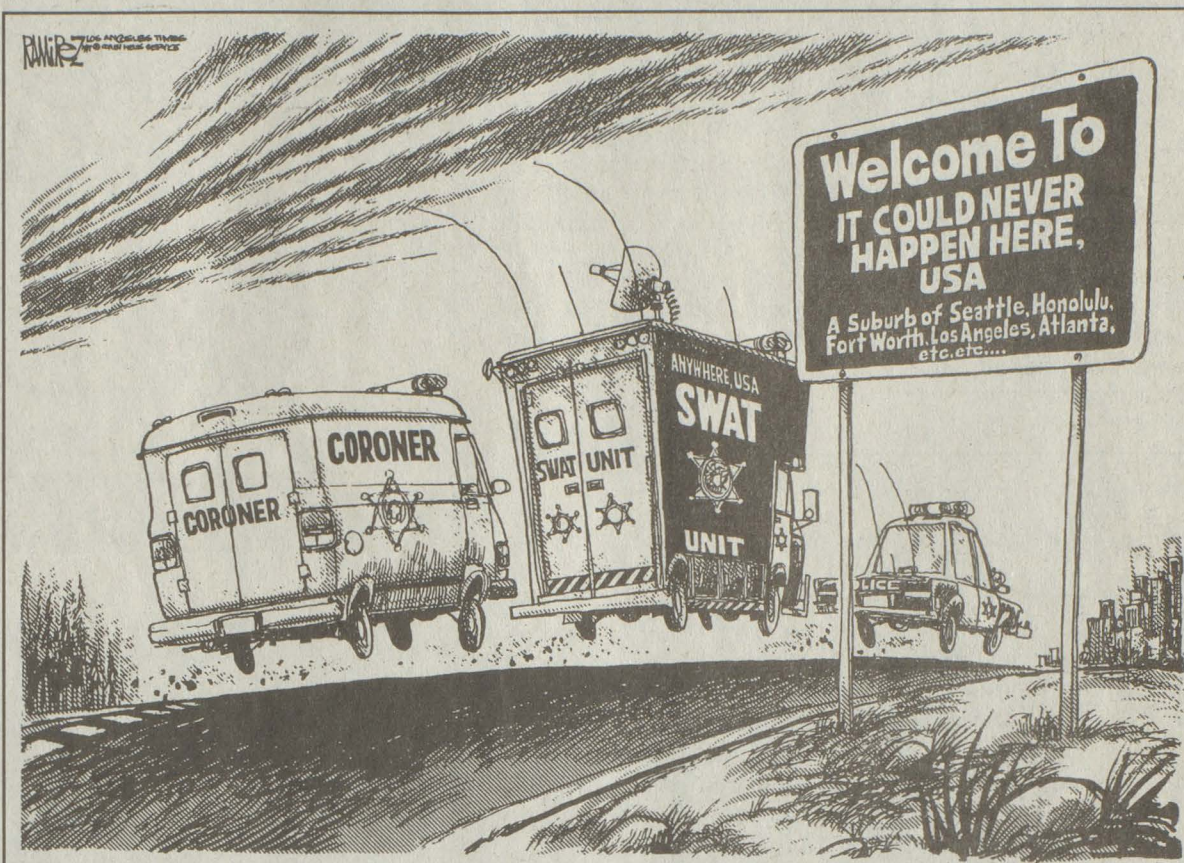
But correcting that problem is simply achieved. If each of us were to pledge to make a sincere effort to spend a little more of our Christmas shopping dollars within our community, we would begin to see positive changes.

Our merchants, of course, would make more money, giving them a greater ability to spend money locally. The extra business might make it necessary for them to hire additional workers, putting additional money into our homes. Those new workers would, in turn, have more to spend, helping to perpetuate the cycle. And let's not forget the tax dollars additional local income would generate, perhaps giving our local governments the ability to make further improvements in our community.

Of course, these things take time. We cannot expect one holiday season to make much impact, but it is a good time to get into a habit of spending our money in a manner which will benefit our community and ourselves. It won't happen overnight, but it won't happen at all if we do not make an effort.

There is an old saying that charity begins at home. Commerce should, too.

—Ralph B. Davis



## Letters to the Editor

### Project has nothing for the common man

Editor,

According to the Sunday, November 14, edition of the Lexington Herald-Leader, yet another project here in Floyd County is called into question. And like almost all such projects attempted here, the reality of what is said now is considerably different from what was said then, when funding was needed. No, we will not get a "world-class" golf course designed by the likes of Arnold Palmer or Jack Nicklaus. Instead, the course will be built by an engineering firm better known for its skills reclaiming strip mines than golf courses. Rumor has it that they have built four golf courses, only one of which would be classified as above average. But that is about par for the course here.

Does this really matter to our people here in Floyd County? No, it is simply fluff and froth, a project without recreational or economic meaning or value to our county people. Nor was it ever meant to be. And the housing development? I doubt very much that our people will rush to buy the \$40,000 half-acre lots, nor build the required \$150,000 homes on the lots.

Where is the value here to anyone? Grant money and management talent and time have been diverted to the modern day version of Rome's bread and circuses. I see nothing here for the people of Floyd County and little, if anything, for the people of Prestonsburg. Indeed, they may have to support their hilltop golf course with their own tax funds. Almost all golf courses lose money, which is why they are city-owned, county-owned or associated with country clubs, where they can tap into membership dues and the liquor bar receipts. Personally, I have never heard of a profitable golf course operated as a business.

Yes, the new homes will have taxable property to the city's tax rolls, but they will also add huge management and development costs until the project matures in 15 to 20 years. And when the upscale homes in the hilltop project really begin to sell, they will dynamite housing values on Arnold Avenue and Central Avenue. Downtown Prestonsburg will literally dry up and blow away. Have the city's fathers considered what this will mean to people who must use the value of their downtown home or business as part of their retirement portfolio?

But each of us knew in our hearts that this day would come as surely as night follows day. It is a skillful script written by the master playwrights of Appalachia. Of course, the politicians said soothing words and mouthed many promises, until they got title to the timber and coal on the federal land. Then the curtain began to come down on the world-class golf course and began to rise on the housing project. Was this always the intent? Was the world-class golf course just a red herring, a gimmick? I think each of us sees through the glass less darkly now.

In reality, it is difficult to take this whole hilltop thing seriously. At best, it will provide perhaps 20 minimum-wage jobs. At the present minimum wage, the seasonal golf course worker will earn about \$6,000 to \$7,000 a year. This does not seem much to write home about. All in all, the project, after nine years and millions of dollars, seems no more than a Lilliputian effort, which is typical here in Floyd County.

There is also a sadness in this hilltop venture. Not that it is wrong, simply that it is meaningless. We need a good school system. We need honest government. We need a good manufacturing industrial base to provide jobs for our people. What do we get? A hilltop golf course and a dubious housing project. In the past decades, we have had new courthouses, new jails, a horse racetrack, but virtually nothing which would contribute to a sound economic base which would provide year-round industrial jobs for our people.

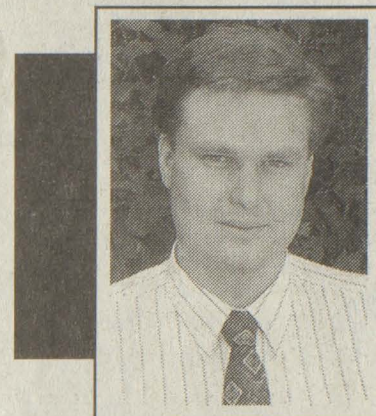
The population of Floyd County is supposed to be about 40,000 citizens, yet, of these 40,000, not more than 50 people, the same 50 people, take up every position on all the boards of directors, committees and positions where decisions are made for the entire county. As a matter of interest, let us ask the committees for the hilltop project what other city, county or regional boards or committees they sit on.

So what if they build a golf course on top of a hill "and people come here to play?" The golf course and the housing project are simply meaningless to our people, a diversion, a distraction, by politicians who can do nothing to solve our real problems.

Lloyd "Blue" Goble  
Prestonsburg

## Poison Pen

by Ralph Davis  
Managing Editor



### Floyd's 'third party' still lags while a fourth shows momentum

For as long as anyone has ever known, Floyd County has been a one-party county. If a candidate didn't find himself or herself on the donkey and rooster side of the ballot, he or she faced a long road ahead.

That being as it may, one-party places have a way of resembling two-party ones. With such strong dominance on the partisan, parties often find themselves splintered into groups based on ideological or even personal differences.

Looking at Floyd County today, the two major parties both wear the Democratic label, but there are two distinct groups under that all-powerful umbrella, with politicians from the old school on one side and relatively new reformers on the other.

You know who they are. The old-school Democrats are true politicians in every sense, never quite daring to offer any type of vision or agenda, but always at the ready to grab one of those gold shovels for a groundbreaking. Their message is "Vote for me," and it's based entirely on family ties or something equally irrelevant in all but elections.

The reformers, however, are a relatively new group, or at least they do a good job of appearing to be. They've actually been around as long as the old-school politicians, but they always tend to be on the right side of every issue. They can quote statistics and point to widespread corruption, and they have a penchant for making proposals which might actually solve a few problems. But they're also pretty good at something else — losing elections.

The problem the reformers face is that they have opinions on the issues, whereas the old-school politicians work very hard to eliminate the slightest hint of a position on any issue from their repertoire. You see, the old-schoolers learned long ago that you can't make anybody mad if you don't come up anything more controversial than being for babies and puppies and against death and taxes.

Still, the reformers have made some gains in recent years. You'll see them in various positions of powerlessness, since they mostly sit in the minority. And so, the status quo of nothingness continues to perpetuate itself.

As for the Republicans, Floyd County's third party, they rise up from time to time, but produce more heat than light. Sure, like the Democratic reformers, they wind up every now and then in one office or another, albeit much more rarely, but they suffer the same inability to achieve anything noteworthy, since they're cut out of all the decisions.

Still, if you look at the recent voter behavior in both elections and registration, you'll notice an interesting trend emerging — people are ticked off.

Oh, their anger still remains directionless and unarticulated, but it is there. It's that sense that things just aren't right, that feeling that something has to change somewhere, and that increasing willingness to do something

See Pen, page five

# The Floyd County Times

Published Wednesday, Friday and Sunday each week

cnhi

Phone 606-886-8506

Fax: 606-886-3603

E-Mail: fctimes@eastky.net

263 SOUTH CENTRAL AVENUE  
PRESTONSBURG, KENTUCKY 41653

USPS 202-700

Entered as second class matter, June 18, 1927 at the post office at Prestonsburg, Kentucky under the act of March 3, 1879. Periodicals postage paid at Prestonsburg, Ky.

SUBSCRIPTION RATES PER YEAR:  
In Floyd County: \$38.00  
Outside Floyd County: \$48.00

Postmaster: Send change of address to:  
The Floyd County Times  
P.O. Box 390  
Prestonsburg, Kentucky 41653

Rod Collins, Publisher

<b>MANAGING EDITOR</b> Ralph Davis	ext. 17	<b>CIRCULATION</b> Tiffany McCoy	ext. 19
<b>SENIOR EDITOR</b> Pam Shingler	ext. 26	<b>PRESSROOM MANAGER</b> Johnie Adams	ext. 30
<b>SPORTS EDITOR</b> Ed Taylor	ext. 16	<b>DISTRIBUTION</b> Nick McCoy	ext. 31
<b>ADVERTISING MANAGER</b> Becky Crum	ext. 12	<b>BUSINESS MANAGER</b> Angela Judd	ext. 20
<b>COMPOSING DIRECTOR</b> Heath Wiley	ext. 29	<b>CLASSIFIED MANAGER</b> Sanda Bunting	ext. 15

## NEWS GRAPHIC

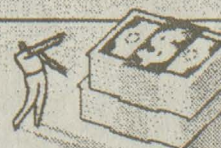


### Tracking the national debt

U.S. national debt increased in October 1999 by:  
The new total is:

\$22,110,063,753  
\$5,682,565,791,143

■ The national debt is debt owed by the federal government. It is made up of debt obligations such as Treasury bills, Treasury notes and Treasury bonds.



Your share of the federal debt is \$20,744

SOURCE: U.S. Treasury Department

COPLEY NEWS SERVICE/UNION-TRIBUNE

## Letters to the Editor

Letters to the Editor are welcomed by The Floyd County Times. In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

# Overuse of antibiotics can cause resistance

By Erika Weigel  
Information Specialist  
University of Kentucky  
Chandler Medical Center

LEXINGTON — Doctors provide more than 100 million courses of antibiotics each year. More than half of those are unnecessary.

The reason: They were prescribed for colds, coughs and other viral infections not treatable with antibiotics.

Why should you be worried? Overuse of antibiotics can cause antibiotic resistance. That means antibiotics taken to treat an infection won't kill the bacteria that caused it.

"Many patients feel like they only get their money's worth from a physician visit by getting a prescription for antibiotics," said Claire Pomeroy, MD, professor of medicine in the University of Kentucky College of Medicine and chief of the division of infectious disease at the UK Chandler Medical Center.

"The usual antibiotics, which are useless against viruses, make patients feel like they are getting treated when actually the antibiotic has no effect on the viral illness."

Overuse of antibiotics isn't the only cause of antibiotic resistance. The body can become resistant to

antibiotics if a patient fails to take the entire prescription when symptoms improve. When antibiotics are discontinued too soon, the organism remains in the body and can become resistant to the drug.

Antibiotics are prescribed to treat infections caused by bacteria. Bacteria, which are microscopic, single-cell organisms, swarm on inanimate surfaces and on parts of the body, including the skin, the mucous membranes and the lining of the intestinal tract.

It can be difficult for some patients to determine whether their infection is bacterial or viral because the symptoms are so similar. When some people are sick, they think antibiotics are the answer and pressure the doctor into prescribing antibiotics even when their infection is viral.

"For most illnesses caused by viruses, symptomatic relief is the best therapy. This includes resting, eating well, and reducing stress," Pomeroy said.

Some diseases that are becoming — or already are — antibiotic-resistant include tuberculosis (TB), respiratory tract infections, and sexually transmitted diseases (STDs).

Hospitalized patients particularly are susceptible to infection because they often have weakened immune systems. Hospitalized

patients also receive the highest doses of antibiotics, creating ideal conditions for resistant bacterial strains to emerge and flourish.

Children also are susceptible to antibiotic resistance because they often receive antibiotics for recurrent ear infections. Although some ear infections are viral, many ear infections are caused by a bacteria called "pneumococcus." More oral antibiotics now are prescribed for ear infections in children than for any other problem.

Some ways scientists are trying to prevent antibiotic resistance include: detecting new strains of antibiotic-resistant bacteria, using antibiotics responsibly, finding better vaccines for preventing infections, and developing new antibiotics.

You also can combat the growing problem of antibiotic-resistant microbes by:

- taking the full course of any antibiotic as directed by the physician;
- educating yourself about what diseases antibiotics can and cannot treat;
- throwing out old bottles of antibiotics so the next time symptoms strike you won't be tempted to take your left over weak and ineffective pills.

"You also can prevent antibiotic resistance by getting vaccinated,

which prevents infections from starting in the first place," Pomeroy said. "Also, everyone should get in the habit of washing their hands to prevent the spread of diseases."

With flu season underway, for example, be aware of the symptoms that commonly are mistaken for bacterial infections. Of those who contract influenza, 60 percent are misdiagnosed with sinusitis, pharyngitis, or bronchitis, and are prescribed antibiotics.

Some of the symptoms of influenza are: fever over 102 degrees in adults and 104 degrees in children, and a cough that starts as dry and hacking and progresses to wet with thick mucus. Headaches, muscle aches, sore throat, and red eyes also are signs of influenza.

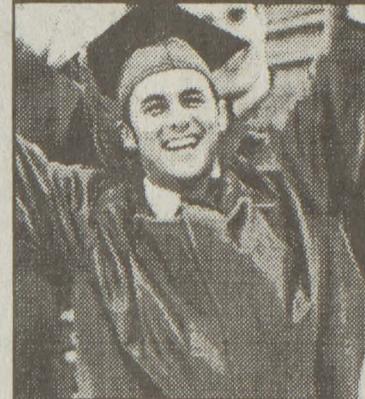
The best way to prevent influenza is to get vaccinated, Pomeroy said. This also will reduce the risk of prescribing unnecessary antibiotics.

"There are many ways to reverse this emerging problem. If people don't realize the threat of antibiotic resistance, bacterial infections like tuberculosis and pneumonia that are treated with antibiotics could become impossible to treat," Pomeroy said.

subscribe to  
**The Floyd County Times**  
call 886-8506 for details

**John Harris Family Reunion**  
Saturday, December 4th  
1:30 p.m. at  
Providence Old Regular Baptist Church  
Dry Creek Rd - Topmost, Ky  
Festivities include a Pig Roast  
Contact: Miona Hall  
447-2215

**Earn Your Bachelor's Degree in Only 12-18 months in Prestonsburg!**



Sullivan College now offers evening and weekend classes on the campus of Prestonsburg Community College.

If you already have an associate degree or two or more years of college credits, you can complete a fully accredited Bachelor's degree in Business Administration from Sullivan College in 18 months or less.

Open registration & enrollment, November 30!

Call for your individual advising appointment!

- Fast 11-week quarters
- Flexible evening & weekend classes to meet your schedule
- Nationwide graduate employment assistance

**800/467-6281**

**RIGHT HERE! RIGHT NOW! IN PRESTONSBURG!**

**Sullivan College**  
Quality education for today's diverse careers

Sullivan College is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award Associate, Bachelor's and Master's degrees.

# Ways to care for your hungry college student

(NUE) - When they were small, you packed their lunchboxes with nutritious foods. Now that your kids are in college, you can still help them eat well; just fill their mailboxes with fresh, delicious foods ordered from catalogs.

"Ordering foods by mail on a monthly basis or special occasion is one way of knowing your favorite student can have a favorite treat or a complete meal within 24 hours," says Amy Blankenship, director of the Direct Marketing Association's (The DMA) Shop-At-Home Information Center.

"What's more, advances in packing and shipping mean that the foods you order often arrive

fresher than items from the shelves at your supermarket."

The DMA offers these tips for ordering fresh foods by mail:

- Keep a record of your transaction, including company name, address and phone number, and the description, tracking number and date of your order.
- Ask about the company's cold source. It must last long enough for the food to arrive still frozen.
- Make sure the package will be marked perishable.
- Have food delivered where someone will be able to immediately open the package and follow the company's direction's.
- If you have any questions about food you receive by mail,

call the company immediately. Responsible companies will replace damaged or inedible products.

More tips for at home shopping and links to catalogs can be found at [www.shopthenet.org](http://www.shopthenet.org).

The Hale Groves catalog, [www.hales.com](http://www.hales.com), offers fresh citrus fruit. Enjoy oranges, tangelos and grapefruit all year long. Harry and David, [www.harryanddavid.com](http://www.harryanddavid.com), offers nutritious fruits.

For main courses, choose from among Omaha Steaks, [www.omahasteaks.com](http://www.omahasteaks.com), premium Midwestern beef, ocean-fresh seafood, pork, lamb or veal selections. Homestyle burgers and plump franks are also available.

Ordering from The Allen Brothers Great Steakhouse Steaks catalog, [www.allenbrothers.com](http://www.allenbrothers.com), ensures that "great steakhouse steaks" are sent to your door. The company offers catalog shoppers the same USDA prime steaks it

supplies to the country's finest restaurants.

The Virginia Traditions catalog, [www.virginiatritions.com](http://www.virginiatritions.com), is synonymous with authentic southern smoked meats.

Old-fashioned pecan pies are available from the Priestess catalog, [www.priestess.com](http://www.priestess.com), along with its pecan logs, clusters and tins. Or you can order brownies in flavors ranging from amaretto to walnut from Fairytale Brownies, [www.brownies.com](http://www.brownies.com).

# Pen

(Continued from page four)

different. At first glance, when you look at voter registration numbers, it appears that Democrats continue to hold a stranglehold on the local electorate. And they do, there's no denying that.

But dig a little deeper and you'll start to notice some interesting trends.

For one, the Democrats' lead is narrowing ever so slightly. Sure, they still hold a 10-to-1 lead over the Republicans, but that's down from 12-to-1 five years ago.

Since 1994, Democrats here in Floyd County have managed to grow their ranks by three percent compared to the Republicans 16 percent. That trend would have to continue for at least a century or two before the Democrats had any reason to break a sweat, but it's interesting nonetheless.

But what is more interesting is the fortunes of the Other (Fill in the Blank) Party. Okay, so they're actually a number of independents, as well as members of a few other parties, but since the leaders of our state clump them all together, we might as well, too.

The ranks of this fourth party (remember, in Floyd County it's 1. Democrat, 2. Democrat, 3. Republican) have grown explosively over the past five years. They still number far less than a thousand, but membership of the Other (Fill in the Blank) Party has grown 41 percent since 1994.

But it's a lot easier for people to vote across party lines than to change their registration, and that's where the local political scene starts to get fascinating.

To see what I'm talking about, take a journey back in time two years to when Floyd Skeans, running as an independent against Democrat Gerald Derosssett for

commissioner, pulled in 43 percent of the vote and, at times during the counting, appeared to be winning the race. What makes that all the more astounding is that independents, et al totalled only two percent of the electorate at the time. That is a lot of folks crossing party lines, even more than the Republicans, who didn't have a dog in that fight, can account for.

Next, look at the most recent election for governor. Gov. Patton won by a landslide, though he did have it rough in eastern Kentucky. But while Patton was busy losing seven mountain counties to Republican Peppy Martin, voters in Floyd County had a different idea. They gave the nod to Patton, but Reform Party candidate Gatewood Galbraith pulled in 3,100 votes to Patton's 4,100 and won 17 precincts.

What does all of this mean? Well, it's tough to say, but it looks like a growing number of Floyd voters are fed up with both the Democrats and the Republicans, and they're looking outside of the major parties for an alternative.

That's bad news for the Democratic and Republican parties, but could be good news for the average Joe. The votes Skeans and Galbraith received, if they remain a cohesive bloc (if they were to begin with), are more than enough to swing any local election.

But why is that good for you and me? Because, if there are that many people who are fed up with politics as usual, we'll start seeing Democrats and Republicans trying to win them over with reforms, and that means they will have to not only say something in future races, they're going to have to deliver, as well.

**NEED CAR INSURANCE??**

Call  
**886-2371**  
Hatton-Allen Insurance

**Holiday Toy Drive**

**No install or upgrade fee when you donate a toy valued at \$15 or make a donation of \$15.**

With this special offer receive a 30-day preview of

**SHOWTIME NO LIMITS.**

and

**the movie channel**  
100% pure movies. 100% pure fun.

**CABLEVISION COMMUNICATIONS**

**TO ORDER CALL: 1-800-495-1352**

Offer expires Dec. 10th

**ATTENTION**

**KIDNEY DIALYSIS PATIENTS**

**Renal Care Group (RCG)**

That operates Pikeville Kidney Center  
Located off US 23 South near Magic Mart  
Is accepting new DIALYSIS patients  
Please call Dr. Qudus at (606) 432-4477  
or (606) 437-0662

Some restrictions may apply. Not valid with any other offer. All services may not be available in some areas. In areas where SHOWTIME and The Movie Channel are not available HBO and/or Cinemax will be substituted. Offer only valid for new subscribers.

# REGIONAL OBITUARIES

## Lawrence County

Opal Fraley Setser, 83, of Louisa, died Monday, November 1. Funeral services were conducted Thursday, November 18, under the direction of Wilson Funeral Home.

Rev. J. L. Moore, 74, of Rush, died Saturday, November 20. He was a construction electrician. He is survived by his wife, Rebecca Smith Moore. Funeral services were conducted Tuesday, November 23, under the direction of Kilgore & Collier Funeral Home.

Juanita Arrington West, 61, of Blaine, died Friday, November 19. She was a secretary with the Lawrence County Board of Education. She is survived by her husband, Claude West. Funeral services were conducted Monday, November 22, under the direction of Wilson Funeral Home.

Boyce A. Fraley, 60, of Norwich, Ohio, formerly of Lawrence County, died Friday, November 5. He was a former employee of C.R.S.T. Trucking. He is survived by his wife, Paula Fraley. Funeral services were conducted Monday, November 8, under the direction of Mack Miller

Funeral Home.

Phoebe Thompson, 89, of Pickerington, Ohio, formerly of Louisa, died Wednesday, November 17. Funeral services were conducted Sunday, November 21, under the direction of Young Funeral Home.

Gordon Yates, 81, of Louisa, died Wednesday, November 17. He is survived by his wife, Helen O'Bryan Yates. Funeral services were conducted Friday, November 19, under the direction of Heston Funeral Home.

Opal Cooper, 90, of Webbsville, died Monday, November 22. Funeral services were conducted Wednesday, November 24, under the direction of Malone Funeral Home.

## Martin County

William Spaulding, 74, of Kermit, West Virginia, died Saturday, November 20. Funeral services were conducted Tuesday, November 23, under the direction of Phelps and Son Funeral Home.

Ruth Dotson, 93, of Warfield, died Friday, November 19. Funeral services were conducted Monday,

November 22, under the direction of the Richmond-Callahan Funeral Home.

Mary E. Dempsey, 83, of Kermit, West Virginia, died Wednesday, November 17. Funeral services were conducted Sunday, November 21, under the direction of Richmond-Callahan Funeral Home.

## Pike County

Dolly Christene Adkins, 55, of Elisha Fork, died Saturday, November 20. She is survived by her husband, Edward Lee Adkins. Funeral services were conducted Tuesday, November 23, under the direction of J.W. Call & Son Funeral Home.

Michelle Leigh Blankenship May, 30, of Huddy, died Saturday, November 20. She is survived by her husband, Steven May. Funeral services were conducted Wednesday, November 24, under the direction of Rogers Funeral Home.

Edward Harrison, 73, of Hatfield, died Sunday, November 21. Funeral services were conducted Wednesday, November 24,

under the direction of Hatfield Funeral Chapel.

Johnnie Belcher, 81, of Belcher, died Sunday, November 21. He is survived by his wife, Ruth Belcher. Funeral services were conducted Thursday, November 25, under the direction of Bailey Funeral Home.

Ella Varney, 88, of Williamson, West Virginia, died Monday, November 22. Funeral services will be conducted Friday, November 26, under the direction of Hatfield Funeral Chapel.

Nancy Brown, 87, died Tuesday, November 23. Funeral services are under direction of Justice Funeral Services.

Charlotte Tackett Thacker, 42, of Peytons Creek, died Wednesday, November 24. She was employed as a dispatcher for the Pikeville Police Department. She is survived by her husband, Randall Thacker. Funeral services were conducted Saturday, November 27, under the direction of Thacker Memorial Funeral Home.

Jimmie Burns Ramey, 64, of Turkey Creek, died Monday,

November 22. He was retired from the Williamson, W. Va. Street Department. He is survived by his wife, Mary Elizabeth Ramey. A memorial service was held Saturday, November 27, under the direction of Rogers Funeral Home, Belfrey.

Nancy Brown, 87, of Dorton, died Tuesday, November 23. Funeral services were conducted Friday, November 26, under the direction of Justice Funeral Services.

## Johnson County

James Meddings, 67, of Jenkins, formerly of Johnson County, died Sunday, November 21. He is survived by his wife, Shirley Roberts Meddings. Funeral services were conducted Tuesday, November 23, under the direction of Miller Funeral Home.

James Albert "Bud" Stambaugh, 47, died Saturday, November 20. He is survived by his wife, Pat Stambaugh. Funeral services were conducted Monday, November 22, under the direction of Paintsville Funeral Home.

Ruby Jewell Hensley Stapleton,

46, died Sunday, November 21. Funeral services were conducted Tuesday, November 23, under the direction of Jones-Preston Funeral Home.

Wiley "B" Gullette, 97, Paintsville City Street Department employee, died Saturday, November 20. Funeral services were conducted Monday, November 22, at Christ Freedom Worship Center.

Bonnie Collins, 46, died Friday, November 19. Funeral services were conducted Monday, November 22, under the direction of Paintsville Funeral Home.

Juanita Arrington West, 61, of Blaine, died Friday, November 19. She is survived by her husband, Claude West. Funeral services were conducted Monday, November 22, under the direction of Wilson Funeral Home, Louisa.

Glenn E. Graham, 60, died Sunday, November 21. He is survived by his wife, Karen "Kay" Graham. Funeral services were conducted Wednesday, November 24, under the direction of Paintsville Funeral Home.

# OBITUARIES

## Haley Maria Salyers

Haley Maria Salyers, 17 day-old infant daughter of Boyd and Stephanie Thornsberry Salyers, died Wednesday, November 24, 1999, at her residence in Ezel, following a brief illness.

She was born on November 7, 1999, in Lexington.

Survivors include maternal grandparents, Steve and Ginell Keens Thornsberry of Ezel; great-maternal grandmother, Mary Johnson Keens of Dema; one sister, Kaitlan Janell Salyers of Ezel.

Funeral services were conducted Friday, November 26, at 1 p.m., at the Nelson-Frazier Funeral Home, with Harry Flannery officiating.

Burial was in the Buckingham Cemetery, Bevinsville, under the direction of the Nelson-Frazier Funeral Home, Martin.

## Haven Little

Haven Little, age 67, of Long Fork of Virgie, passed away Thursday, November 25, 1999, at the Central Baptist Hospital in Lexington.

He was born May 14, 1932, the son of Williard and Lear Little and a retired steel mill worker. He was of the Regular Baptist faith.

He was preceded in death by two brothers, Willard Little, Jr., and Norris T. Little; and one sister, Ardena Little.

Survivors include two brothers, James Little of Louisville, and Mickey Little of Ypsilanti, Michigan; two sisters, Olva Tackett of Long Fork, Virgie, and Hazel Price of Pikeville.

Funeral services will be conducted Sunday, November 28, 1999 at 1:00 p.m. at the R.S. Jones & Son Funeral Homes, at the Virgie Chapel, with Monroe Jones, Dewey Roberts, and others officiating. Visitation will be 6 to 9 p.m. Saturday, November 27, 1999, with nightly service at 7 p.m.

Interment will be at the Riley Hampton Cemetery at the Long Fork of Virgie.

Arrangements were by R&S Jones & Sons Funeral Home of Virgie.

## Senior pageant planned

The City of Elgin, Illinois, Parks and Recreation Department is sponsoring the annual "Ms. National Senior Citizens Pageant," the week of May 16-21, with the final competition on Sunday, May 21, at 3 p.m., at the Hemmen's Cultural Center.

The Ms. National Senior Citizen Pageant is a celebration of the vitality in older women. A showcase of talent, grace and energy, the pageant recognizes the ambition and achievement of seniors, age 55 and older, from across America.

The contestants will go before three sets of judges over a six-day period. The ladies are judged on personal interview, gowns, fashion and talent. Glamour, glitter and excitement will surround the whole event.

For more information on receiving a contestant application or ticket information, call Jane Cordes, special events coordinator at 847/931-6625.

## Joseph Greene

Joseph Greene, 73, of Prestonsburg, died Thursday, November 25, 1999, at the Paul B. Hall Regional Medical Center in Paintsville.

He was born February 4, 1926, at Prestonsburg, the son of the late Newt and Mollie (Rose) Greene. He was of the Baptist faith, a steel worker and a United States Marine Corps veteran of World War II.

He was preceded in death by his wife, Josephine Wright Greene.

Survivors include six sons, Harry Greene of Allen, Joe Douglas Greene of Martin, Blaine Richard Greene and Paul Nathan Greene, both of Columbus, Ohio, Lowell Greene of Georgetown and Ernest Burchett Jr. of Columbus, Ohio; five daughters, Molly Chaffins of Martin, Pauline Prater of Paintsville, Sandra Greene of Jackson, Donna Crum of Commerce, Georgia, and Anna Rowland of Meally; 24 grandchildren and 4 great-grandchildren.

Funeral services will be conducted Monday, November 29, at 11 a.m., at the Floyd Funeral Home Chapel in Prestonsburg, with Lonzo Dixon officiating.

Burial will be in the Richmond Cemetery in Prestonsburg, under the direction of Floyd Funeral Home.

## Oeda Music

Oeda Music, age 74 of Big Branch of Bull Creek, passed away Thursday, November 25, 1999, at Highlands Regional Medical Center in Prestonsburg, following an extended illness.

She was born on April 3, 1925, in Buffalo. She was the daughter of the late Homer and Lyda Goble Lafferty. She was a homemaker and a member of the Endicott Freewill Baptist Church.

She was preceded in death by her husband, Oliver Music.

She is survived by seven sons, Floyd Music, Homer Music, James Music and Marion Music all of Prestonsburg, Sammy Music of Belleville, Michigan, William Albert Music of Warsaw, Indiana, John Henry Music of Bourbon, Indiana and Homer Music, John Henry Music, and Marion Music all of Prestonsburg; two daughters, Margie Flannery of Warsaw, Indiana, and Barbara Williams of Prestonsburg; two brothers, Sammy Lafferty of West Liberty, and Elmer Gene Collins of Georgetown. She is also survived by one sister, Vangalene Collins of Georgetown; 24 grand children; and five great-grandchildren.

Funeral services will be conducted today Sunday, November 28, 1999, at 11 a.m. at the Nelson Frazier Funeral Home of Martin, with Tim Smith and Jimmy Brown officiating.

Burial will follow in the Harris Cemetery at Corn Fork, Prestonsburg, under the direction of the Nelson Frazier Funeral Home in Martin.

Visitation will be held at the Nelson Frazier Funeral Home after 1 p.m. on Friday.



Christmas 'Sounds'

Several Morehead State University faculty and students will perform in "Sounds of the Season," a benefit concert for Rowan County Christmas and Storybook Christmas, on Saturday, Dec. 4. The concert will begin at 7 p.m. at the Morehead First Church of God, behind Walmart. Practicing for the performance are, from left, Kyle Dixon, Greenup senior, euphonium; Brian A. Silvey, Maysville senior, trom-

bone; Nicholas R. Basham, Franklin Furnace, Ohio, senior, alto trombone; Jim Shepherd, Prestonsburg, senior, trumpet; and Wade Lutterbein, Edgerton, Ohio, sophomore, trumpet. Admission to the concert is \$2 for adults and \$1 for children 12 and under, or a new children's book or toy, unwrapped. (MSU photo by Tim Holbrook)

## Prestonsburg man coordinating concert to benefit children

MOREHEAD — Ring in the holiday spirit with the "Sounds of the Season," a benefit concert featuring students and faculty from Morehead State University's Department of Music, which will be presented Saturday, Dec. 4, at 7 p.m. at the Morehead First Church of God.

Proceeds from the concert will go to Rowan County Christmas and Storybook Christmas, two community outreach projects which have been in operation for several years. Both projects provide Christmas presents to children whose families are less fortunate.

Jim Shepherd, an MSU senior music education major from

Prestonsburg, is coordinating the arrangements for the concert.

"Music students and faculty are donating their time to provide this program as a prelude to the holidays," he said. "Concert-goers will be treated to a variety of holiday melodies and familiar tunes. We will close the evening with a traditional sing-along to liven the festive spirit."

The concert will feature performances by the Faculty Brass Quintet, the Faculty Woodwind Ensemble, the Rejoice Wind Ensemble, which is composed of MSU students, and Dr. Roma Prindle, associate professor of music. A special guest will conduct the sing-along.

Admission to the concert is \$2 for adults and \$1 for children 12 and under, or a new children's book or toy, unwrapped. MSU's Adult Basic Education and

Literacy Center and Partners Against Violent Environments (P.A.V.E.) are co-sponsoring the event.

## U.S. gas prices level off, but Kentucky's climb

Gasoline prices eased 1.1 cents lower across the U.S. in the last month, the first drop after four months of rising prices, according to AAA.

AAA's monthly Fuel Gauge Report shows the price for self-serve unleaded regular gasoline is \$1.282 per gallon nationwide, down from October's average of \$1.293 per gallon, which was the highest so far this year. Gas prices across the country are up 22.8 cents per gallon since last November, when the average fuel price was \$1.055.

The national average gas prices for November over the last five years were: 1998, \$1.055; 1997, \$1.234; 1996, \$1.277; 1995, \$1.123; and 1994, \$1.165.

Gasoline prices have moved in a downward direction after a four-month surge. The easing of prices this month was broad-based, meaning that every region of the country, especially the Midwest, showed a price decrease.

However, in Kentucky, gas prices rose during the past month.

The average price for a gallon of unleaded regular is \$1.24, up two cents from October. Kentucky has the nation's 17th cheapest gas prices this month.

Average gasoline prices for some of Kentucky's neighboring states are: Tennessee, \$1.19; Ohio, \$1.25; Indiana, \$1.17; Virginia, \$1.20; and West Virginia, \$1.26.

In Lexington, the up and down cycle of gas prices continues with the latest survey showing prices up considerably. A survey of 30 gas stations in the Lexington area showed the average price to be \$1.28, up 12 cents since October. So far this year, whenever Lexington's gas prices have surged by five to ten cents per gallon, those prices gradually declined again over the next two weeks.

AAA Blue Grass/Kentucky is a not-for-profit automobile club serving 120,000 members in 61 counties in central and eastern Kentucky and parts of Virginia and West Virginia.

## WANTED:

**A part-time (20 hours a week) piano accompanist.**

To apply, please contact

**St. Martha Catholic Church**  
at (606) 874-9526

**Monday through Friday from 9 a.m. to 5 p.m.**

The deadline to apply is the end of November.



## CITY FLORIST

**Christmas Open House, Nov. 26**

Christmas Decorating Service

Wreaths • Arrangements

Fresh Cut Flowers

Gifts for those who have everything



On Rt. 80, Prestonsburg

(near the U.S. 23 & Rt. 80 intersection)

874-1703 • 877-874-1-1212

Barbara Porter, owner/designer

subscribe to

**The Floyd County Times**  
call 886-8506 for details



Graduates of Highlands Paramedic Class, from left, Steve Gauze, Mary Howard, Mary Fran Moore, Darrell Sparks, and Matthew Stapleton with Dr. Paul Brizendine, program medical director, Dianna Ward, RN, MSN, instructor, and Dena Patton RN, MSN, Clinical Program director.

## Highlands Regional Medical Center graduates third paramedic class

Highlands Regional Medical Center held graduation ceremonies on Wednesday, November 17, for its third paramedic class.

This year, 11 students representing Floyd, Johnson, and Martin counties graduated from the intense 18 month program with nine of the group having completed and passed their state board examinations for certification.

Dena Patton, RN, MSN, clinical manager of Highlands Emergency Department and Clinical Director of the paramedic program welcomed graduates, family members, and guests to the ceremony.

"There is no better way to serve our community and eastern Kentucky than to ensure that our people have access to advanced life support emergency medical services," Patton said.

"Statistics prove that at some time everyone present in this room will need or have a family member who will need advanced emergency medical services. The people in this graduating class are eastern Kentucky people trained, dedicated, and there to provide advanced emergency services when called upon day or night."

Highlands began the paramedic program in keeping with its mission to look after the health, wellness, and medical needs of our neighbors in eastern Kentucky and to provide those services in the places that best meet their needs.

Paul Brizendine, M.D., medical director of Highlands Emergency Services and medical director of the paramedic program, said, "Since Highlands began the paramedic program in 1995, we have seen great improvements in the

way patients are well cared for, expertly treated in the field and gotten into the hospital. There is no doubt this expert emergency pre-hospital care in the field improves the overall outcome for patients."

During the ceremony, Dr. Brizendine was presented with a plaque in appreciation for his help and involvement with the paramedic program since its inception and for his involvement with numerous EMS projects.

This year's paramedic graduates are Barry Blair, Mary Fran Moore, Darrell Sparks, and Kevin Reid from Floyd County; Mary Howard, Jennifer Ramey, John Ramey, Matthew Stapleton, and Mitchell Vanhooose from Johnson County; and Steven Gauze and Roy May from Martin County.

## KET to cover Inauguration Day

Kentuckians from Appalachia to the Mississippi can join in the inauguration of Governor Paul E. Patton for his second term when KET broadcasts the day's activities live from Frankfort on Tuesday, December 7, beginning at 10:30 a.m.

"Inauguration '99" will feature the Inauguration Day parade in its entirety, according to KET producer George Rasmussen. The parade

is designed to include representatives from each of Kentucky's 120 counties.

The program, which continues until about 3 p.m., will also include live coverage of the ceremonial swearing-in of the governor and the lieutenant governor.

In addition, "Inauguration '99" will include videotaped coverage of the governor's official swearing-in, which traditionally is held at mid-

night on Inauguration morning.

"KET is proud to be able to give all Kentuckians an opportunity to share in this important public event, which exemplifies our democratic process," said KET executive director and CEO Virginia Fox. "This inauguration marks the beginning of a new era in Kentucky politics—since this is the first governor to succeed himself—and KET will be there to record the

historic event."

Prior to the Inauguration coverage, "Kentucky Tonight," host Bill Goodman will sit down with the Commonwealth's first self-succeeding governor, Paul E. Patton, in a one-on-one discussion about the governor's first term and his plans for the next. "The Second Term: A Conversation with Governor Paul Patton" airs on KET Monday, December 6, at 8 p.m.

## Exercise and nutrition—the best health insurance

by Stephanie Hamill

We're all getting older. There's no way around it. But getting older does not have to mean getting weaker or sick. Eating a balanced diet and exercising moderately may be the closest thing to the proverbial fountain of youth by strengthening the body and helping fight disease, according to Radford University professor BB Strum.

"The thing with muscles is that if you don't use them, they atrophy and don't function at their optimal levels, so you get weaker and can't do the things you think you should be able to do," says Strum, who teaches physical and health education courses at Radford University.

"It's not old age or aging that has caused this process, it's inactivity. For older people, weight-bearing activities such as weight training and walking help to prevent osteoporosis and also increase the number of HDLs, the good cholesterol. Appropriate exercise done correctly is the best health insurance."

As the population of baby boomers ages—20 percent of the U.S. population will be over 65 in 30 years—it should pay attention to eating and exercise habits to maximize health.

Strum recommends that people wanting to improve their health through proper diet and exercise first determine their Body/Mass Index (BMI) and determine the proper number of calories to ingest according to your BMI, age and activity level. You can determine your BMI with the help of your doctor, or there are many sources on the Internet that can help.

Eating a balanced diet and staying within your calorie limit in addition to participating in moderate aerobic and weight resistance training most days of the week can help ward off stress and disease, as well as provide more energy.

"We're not talking about power lifting here," says Strum, "we're just talking about body tone to keep muscles from atrophying."

Marcella Griggs, nursing professor at RU,

agrees, and says that a lack of proper nutrition or exercise can lead to obesity which has a rippling effect and can contribute to the development of chronic illnesses, such as heart disease, high blood pressure and arthritis. Those illnesses then lead to other health problems such as diabetes or joint problems requiring surgery.

"It's not all cause and effect. Our genes play a large part, which we don't know enough about yet," says Griggs. "Given that fact, we should do all we can to prevent these things from happening by having proper nutrition and maintaining proper weight and exercise."

Specific illnesses that exercise helps prevent are coronary heart disease, high blood pressure, colon and rectal cancer, diabetes, arthritis, osteoporosis and balance problems.

Griggs recommends that in addition to diet and exercise, people over 65 should get a full physical every two years as well as appropriate screenings such as prostate exams and mammograms at intervals recommended by their doctor. She also notes that as long as a proper diet is being maintained, a good multivitamin and mineral supplement is adequate.

The best news of all is that it is never too late to reap the benefits of exercise and proper nutrition. Both Strum and Griggs agree that the earlier you start, the better in terms of disease prevention, and regardless of age the body will become stronger and better functioning.

"You can't retain what you had when you were 30 years old, but you can maximize it," says Griggs.

The bottom line is that "yagottawanna," says Strum. "It shouldn't be a chore. It should be something you care enough about yourself to do, and it's never too late to start."

Strum and Griggs offer the following tips on getting started on the road to a healthier future:

- If you haven't done any exercise in a while or are starting from scratch, start slowly. Be sure to visit your physician before beginning an exercise program to make sure there

are no existing injuries or concerns with specific exercises.

- Be conscientious of the serving size when estimating caloric intake and eat a variety of foods.

- Find the activities you like to do and stick with a program. Activities could include gardening, strolling with the grandchildren, power walking, volleyball, anything that keeps you motivated, as long as it is done three to four times per week.

- In an exercise program, quality always overrule quantity. Make sure your technique is correct. It doesn't matter how many sit-ups you do if they are done improperly.

- Muscles only know resistance, they don't know what is causing it—it could be a 20-pound bag of dog food, your groceries or a weight machine. Do whatever works for you.

- Remember to have patience. You won't notice changes for four to six weeks.

- Utilize the wealth of information on nutrition and exercise for people over 65 in bookstores and on the Internet. A sample of some web sites that contain helpful information includes:

- American Association of Retired Persons (AARP) (www.aarp.org)
- 50 Plus (www.50plus.org)
- American Dietetic Association (www.eatright.org)
- Administration on Aging (www.aoa.dhhs.gov/aoa)
- Mayo Clinic (www.mayohealth.org)
- Center for Disease Control (www.cdc.gov)
- The American Physical Therapy Association (geriatricspt.org)
- Heartpoint, general health and nutrition information (www.heartpoint.com)
- Fitness information (www.fitnesslink.com/redirect.htm)
- General health and medical information from the web page of the company led by Dr. C. Everett Koop, former U.S. Surgeon General (www.drkoop.com)

## CAP counseling service offered

The Louisa Family Life Counseling Service is a program of the Christian Appalachian Project, which offers professional counseling services to families and individuals.

The program is designed to meet the needs of many persons who do not have the means or opportunity to obtain counseling services from other sources. It does not focus on mental illness, but serves people who need help with life problems and dysfunctional issues.

Offices are in Lawrence, Martin, Floyd and Johnson counties, and serve individuals from many other surrounding areas.

The charge for services is based on income. To inquire about costs, call 606/638-1346, or stop by the office, located near the hospital at 1350 Gene Wilson Blvd. in Louisa.

Office hours are Monday through Friday, from 8 a.m. until 4:30 p.m.

Louisa Family Life Counseling Service provides counseling for a broad range of areas. The staff counselor has a bachelor's degree in psychology, a master's degree in counseling and is a nationally certified counselor with five years experience of working with adults, children and adolescents.

CAP is an interdenominational, nonprofit Christian service organization committed to serving people in need in Appalachia by providing physical, spiritual and emotional support through education, crisis intervention and community development. With more than 70 programs and services, CAP's efforts reach people through the 13 Appalachian states.

### SPECIALIST IN UROLOGY

**WILLIAM C. THORNDYKE**  
MDCM FRCS

Diseases of Prostate/Bladder/Kidney/Genitalia	Kidney Stones/Lithotripsy
Male Sexual Dysfunction	Vasectomy & Infertility
Urology Cancer Detection & Treatment	Incontinence
	Bladder Replacement
	Continent Diversion

<b>Three Rivers Medical Center</b> Louisa, Ky.	<b>King's Daughters' Medical Center</b> Ashland, Ky.	<b>Highlands Regional Medical Center</b> Prestonsburg, Ky.
---	---	---

**For Appointment, call: (606) 638-1311**

### MAGENTA'S COLLECTIBLES

We have a large selection of Barbie dolls from 1989 thru 1999 for sale. These dolls are in mint condition and never removed from box, Harley Davidson #2 and #3, Happy Holidays, Hallmark, Avon, Qi Pao Barbie, very limited edition, less than 9,000 made, and much, much more.

**For more information call:**

886-8758

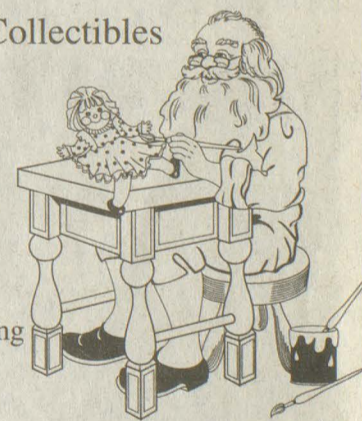
or visit our website:

[www.eastky.net/magenta](http://www.eastky.net/magenta)

### HEIRLOOM CREATIONS

Antiques and Collectibles

- Antique furniture & glassware
- Aspen Country Candles
- Handcrafted Ornaments
- Unique Christmas decorations
- One of a kind gift ideas
- Miniature shoes and purses
- Trinket boxes
- Quilts, Linens & Vintage Clothing
- Handmade wreaths & garlands



**2nd Annual Christmas Open House**

**Saturday, December 4th**  
**10:00 a.m.-6:00 p.m.**

33 Ratliff Rd, Rt. 23 North of Paintsville, beside Citgo  
Open Thursday, Friday & Saturday, 10-5, or other days by chance  
**(606) 297-2517**



### Now Accepting New Patients

**Suri A. Vanan, MD**  
Ear, Nose, and Throat  
Physicians of Pikeville

**Skilled in treatment of Children & Adults in:**

- Ear, Nose and Throat Diseases
- Head and Neck Surgery
- Facial Reconstructive Plastic Surgery

**New Patients and Saturday appointments available**

**SPECIALIZING IN:**

- Head & Neck Cancer Surgery
- Laser Surgery
- Endoscopic Sinus Surgery
- Micro Surgery of the ear
- Surgery for Snoring & Sleep Apnea
- Reconstructive Surgery of the Nose & Ears
- Ear, Nose & Throat diseases in children
- Hearing Evaluation

**PLEASE CALL:**

**Pikeville**  
**606-432-0111**

**S. Williamson**  
**606-237-8401**

subscribe to  
The Floyd County Times  
call 886-8506 for details

# HILTON HOMES

Ivel, KY 41642 1-800-264-4835

## SPECIALS OF THE WEEK

1991 24x44 3BR - 2BATH 18,900.00

16 WIDES STARTING AS LOW AS \$11,900.00

1998 14 x 76 2BR - 2 BATH 16,900.00

1995 14 x 70 3BR - 2 BATH 12,900.00

1996 12 x 60 2BR - 1 BATH 9,995.00

14 x 76 3BR - 2 BATH 16,900.00

14 x 70 3BR - 1.5 BATH 11,900.00

14 x 70 2BR - 2 BATH 11,900.00

# PET CENTER

East Kentucky's Largest Selection of Tropical Marine & Gold Fish

## THIS WEEK'S SPECIAL:

Large Ball Python only \$89.00



**Rabbits Still On Sale**  
\$7.00 Each  
or 2/\$10.00

Find The Pet You're Looking For at The Pet Center

## Under New Ownership

Hours: Mon. - Sat. 10:00-6:30, Closed Sunday  
Located on 460, 1 mile past John Gray

297-3477



Writing project at MSU

Several Floyd County teachers were graduating fellows in Morehead State University's Writing Project Summer Institute for 1999-2000. Attending the workshop sessions were, front row from left, Cheryl Hall of John M. Stumbo Elementary School and Nancy Peterson, co-director of the Morehead Writing Project. Back row from left, Rob Lockhart,

project co-director, Vivian Risner and Dwayne Adkins, associate directors. The institute, an affiliate of the National Writing Project in Berkley, California, is designed to instruct teachers of all grade levels on how to incorporate more meaningful writing across the curriculum. (MSU photo by Tim Holbrook)

# County awarded emergency food and shelter funds

Floyd County has been awarded \$17,892 in federal funds under the Emergency Food and Shelter National Board Program.

A newly convened local board will determine how the funds are to be distributed among Floyd County agencies that provide emergency food and shelter.

Members of the board include the Floyd County judge-executive or his designee, local representatives of national social service agencies and interested citizens.

Under the terms of the grant from the National Board, local organizations chosen to receive funds must:

- be private voluntary nonprof-

- its or units of government,
- have an accounting system,
- practice nondiscrimination,
- have demonstrated the capability to deliver emergency food and/or shelter programs, and
- if they are a private voluntary organization, they must have a voluntary board.

Qualifying organizations or persons interested in serving on the board are urged to contact Gwen Hall, 874-9170, for an application packet. Completed applications are due by 3 p.m. on Monday, December 6, and may be dropped off or mailed to the Catholic Social Service Bureau Outreach Office at 60 Martha's

Vineyard, Prestonsburg, KY 41653.

Awards will be determined by the board at a public meeting held Thursday, December 9, at St. Martha Church, Prestonsburg, off KY 302 near Jenny Wiley State Resort Park.

Last year's recipients of emergency food and shelter funds were St. Vincent's Mission, Mud Creek Community Health Corporation, Christian Service Ministry, Wayland United Methodist Church Food Pantry, Middle Creek Community Development Club, the Floyd County/Prestonsburg Ministerial Association, Betsy Layne Church of God Bread of

Life Food Pantry, Catholic Social Service Bureau Outreach Office, Town Branch Church Feed My Sheep Food and Clothing Ministry, Fishes & Loaves Food Pantry of St. James Episcopal Church, Garrett Church of God Food Bank, Prestonsburg Food Pantry, Martin Church of Christ Food Pantry, and Heaven's Harvest.

The recipients estimate that 35,182 additional meals and 140 additional nights of rest were made available to Floyd Countians in need of emergency assistance with Phase 17 funds. Phase 18 funds for 2000 have been increased by \$297.

# Live call-in program offers advice on college financial aid

For most prospective college students and their parents, finding student financial aid to help pay for college is a necessity. And it will soon be time to apply for aid programs for the 2000 fall semester at Kentucky colleges and universities.

To help students and parents get answers to pressing questions about financial aid, KET presents "College Financial Aid Call-In 2000," a one-hour, live program

airing on KET at 8 p.m., Tuesday, December 7.

The program features a panel of financial aid representatives from public and private Kentucky colleges and universities. Panelists will provide information about the availability of scholarships, grants and other financial aid and will offer tips on applying for student loans.

In addition to the panel, person-

nel from college financial aid offices will staff the phone bank.

"College Financial Aid Call-In 2000" is a KET production, produced and directed by Duncan Hart. The program is closed-captioned for the deaf and hard-of-hearing. Viewers can find out more about programming on KET by visiting the KET Web site at <http://www.ket.org>, a Kentucky.com affiliate.

# Morehead State University kicks off Christmas with caroling

MOREHEAD — There is no need to look any farther than the campus of Morehead State University for a little holiday spirit.

The MSU choirs will present a Carol Concert on Tuesday, Dec. 7, at 8 p.m. in Duncan Recital Hall.

Jim Shepherd, a senior music education major from Prestonsburg, will conduct "Candlelight Carol."

Throughout the evening, the audience will join the choirs to sing carols. The program will feature the Concert Choir, Chamber Singers, University Chorus, and the Men's and Women's Choruses, all under the direction of Dr. Greg Detweiler, assistant professor of music.

The Women's Chorus will open the program with an arrangement of "O Come, O Come Emmanuel" by Richard Felciano and three choruses from Benjamin Britten's "A Ceremony of Carols."

The Men's Choir will offer con-

certgoers a multicultural flavor. Percussion instruments will accompany them in a Nigerian song, "Betelchemu." David Brashear, a Jeff junior, will be the tenor soloist in the spiritual, "Mary Had a Baby."

The Chamber Singers will perform Peter Warlock's "Bethlehem Down" and "Benedicamus Domino." Dressed as carolers, the Chamber Singers will present carol arrangements of "Wassail Song," "The Gift Carol," and "Pat-a-pan."

Heather Brown, a West Van Lear senior, will be the piccolo soloist for the latter piece.

Later, the University Chorus will sing two carol arrangements: "Still, Still, Still" by Norman Luboff and "The Holly and the Ivy" by John Rutter. They also will sing the "Kyrie" from Charpentier's "Midnight Mass for Christmas."

Jonathan Adkins, a senior music

major from Salt Lick, will conduct "Still, Still, Still."

The Concert Choir will close the concert with "Magnificat" by Halsey Stevens, "Quem Vidistis Pastores" by Richard Deering, and three carols: "Candlelight Carol" by John Rutter, "O Come, All Ye Faithful" arranged by Jackson Berkey, and "Silent Night" arranged by Malcolm Sargent.

Trumpet and trombone ensembles, under the direction of Jon Burgess, associate professor of music, and Barry Hearn, instructor of music, will play carols and other seasonal selections 10 minutes prior to the concert.

There is no charge for admission and as this is believed to be well-attended concert, the audience is encouraged to arrive early.

Additional information is available from Detweiler at 606/783-2480.

# Donate a coat, see a game

MOREHEAD — When Morehead State University takes on its basketball opponent Eastern Kentucky University on Saturday, Dec. 4, fans may see the game and help a child in need.

The Lady Eagles will take on the Lady Colonels at 5:15 p.m., followed by the Eagles/Colonels game at 8:05 p.m. In lieu of an admission charge, fans are invited to donate a winter coat.

MSU junior Jeremy Cox of Cincinnati started Kids Coats through the Residence Hall Association a few

years ago. Each season, Kids Coats collects about 150 coats for children, said Sharon Colvin, RHA adviser and residence hall director for Mignon Hall.

RHA and Kids Coats have placed barrels throughout the community to collect coats and arranged for the donations to be cleaned free of charge by area laundromats and dry cleaners. MSUCorps, a division of the AmeriCorps program, will distribute the coats at Family Resource Centers in a 10-county area, said Steve Swim, MSUCorps coordinator.

Our rates will bring you a nice return. But it's our people who will bring you back.

6.00%<sup>APY</sup>

Fixed-Rate CD 13 months

6.25%<sup>APY</sup>

Bump-Rate<sup>1</sup> CD 27 months

Whether you call or stop by your nearby branch office, you'll quickly experience our personal, one-on-one approach to banking. And now, with a minimum deposit of \$2000, you can get a great CD rate, too.

Choose from our Fixed-Rate and Bump-Rate CDs — the only CD of its kind that lets you bump up the interest in your favor. It allows you to lock in a great rate now, then as interest rates rise, bump the rate higher and/or add on to your CD. It's that simple.

These offers are for a limited time, but rest assured, the way we treat you isn't. For the branch office nearest you, call 1-800-4-MATEWAN.

ValueBanking at  
**Matewan Banks**

A Subsidiary of BB&T Corporation

© 1999 BB&T Member FDIC/FDIC Insured. Penalty for early withdrawal could reduce earnings or principal. For personal and business CDs of \$2000 to \$99,999. Rates as of 11/11/99 are subject to change. \*Annual Percentage Yield. Minimum initial deposit and Add on amount: \$2000. Maximum CD value: \$99,999. Term: 27 months. Bump rate cannot exceed 24 month CD rate then in effect. Bump or Add once each, dependent upon customer authorization. Penalty for early withdrawal. Offer may be withdrawn at any time without notice.



**FLOYD COUNTY**  
**Sports**

Section  
**B**

Serving Floyd County since 1927

**A Look At Sports...**



**Long season faces UK Wildcats**

The University of Kentucky Wildcats took it on the chin from another group of Cats, Arizona, in the championship game of the NIT at Madison Square Garden in the Big Apple, New York City.

If you look at the first four games of the still-young season, Kentucky hasn't really looked good in any of them. Defensively, the Cats have looked very good at times but the offense is far, far behind the defense that it could be a drastic next six games if the "O" doesn't improve.

Actually, I don't see anyone on this team who can score from the outside with the exception of Tayshaun Prince, and he isn't that consistent.

The entry passes against Arizona left a lot to be desired in the championship game.

One thing is certain, to be a national contender you have to have a quality point

guard. Kentucky does not have one in Saul Smith. Nor is there one of the bench. Neither is there one on the immediate horizon.

Tubby may have to look at his starting lineup and make some big time decisions. Like Marvin Stone for Jamal Magloire. Bogans (I know he is not a point guard) for Saul Smith. Or J.P. Blevins for Smith. Saul is not a Division I player and needs to be playing elsewhere.

The Cats face the Dayton Flyers at Dayton Monday night and the Flyers are not a cupcake. They will have a hard time winning there. Indiana (who beat fourth-ranked Temple) is next and you can go ahead and put down a "L" there.

The Cats may be able to handle UNC-Asheville at home but they will be hard pressed to win against Louisville and Michigan State.

I wish ESPN would do the world a favor and fire Dick Vitale. He and John Saunders do not make a good team.

The Pikeville Panthers saw their playoff hopes end against Beechwood Friday night. I thought the Panthers had a chance to make

(See Sports, page two)

**Preview...**

**Lady Rebels season tips off at Johnson Central**

by Ed Taylor  
 Sports Editor

Back on October 15, high school basketball teams began to ready themselves for the day that arrives tomorrow night and that is the beginning of a new high school basketball season.



For Coach Anthony Moore and the Allen Central Lady Rebels, their opening game will not be an easy one as they face the Lady Eagles of Johnson Central Monday night in their season opener.

The Lady Eagles are ranked as one of the top women's team in the 15th Region and Coach Phillip Wireman will have an experienced team to blend with some very talented young players who dominated the middle school conference last season.

Coach Moore will return a vet-



(See Rebels, page two)

**Preview...**

**Prestonsburg anxious to get '99-2000 season underway**

by Ed Taylor  
 Sports Editor

There will be a new coach at the helm of the Prestonsburg Lady Blackcats basketball program and he is chopping at the proverbial "bit" to get the 1999-2000 season underway.

Coach Bobby Hamilton pronounced his team physically and mentally ready to take on the Magoffin County Lady Hornets in the season opener for both clubs this Monday night at Magoffin County.

"We're ready to play," said Coach Hamilton, who served as an assistant to the Lady Blackcats for the past five seasons. "We just don't want to peak too early."

The Prestonsburg bench may be rather short in the season opener for the Lady Blackcats. Stephanie Adams will be out a week with an ankle injury.

"She hurt it in the panorama game over at Sheldon Clark last week," said Hamilton, "so she won't be available for us."

But there could be others "missing in action"

when the Lady Blackcats take the court at Magoffin County.

"We had several players who did not show up for practice Friday," said Coach Hamilton. "Chances are they will not see any playing time. You have to draw the line somewhere."

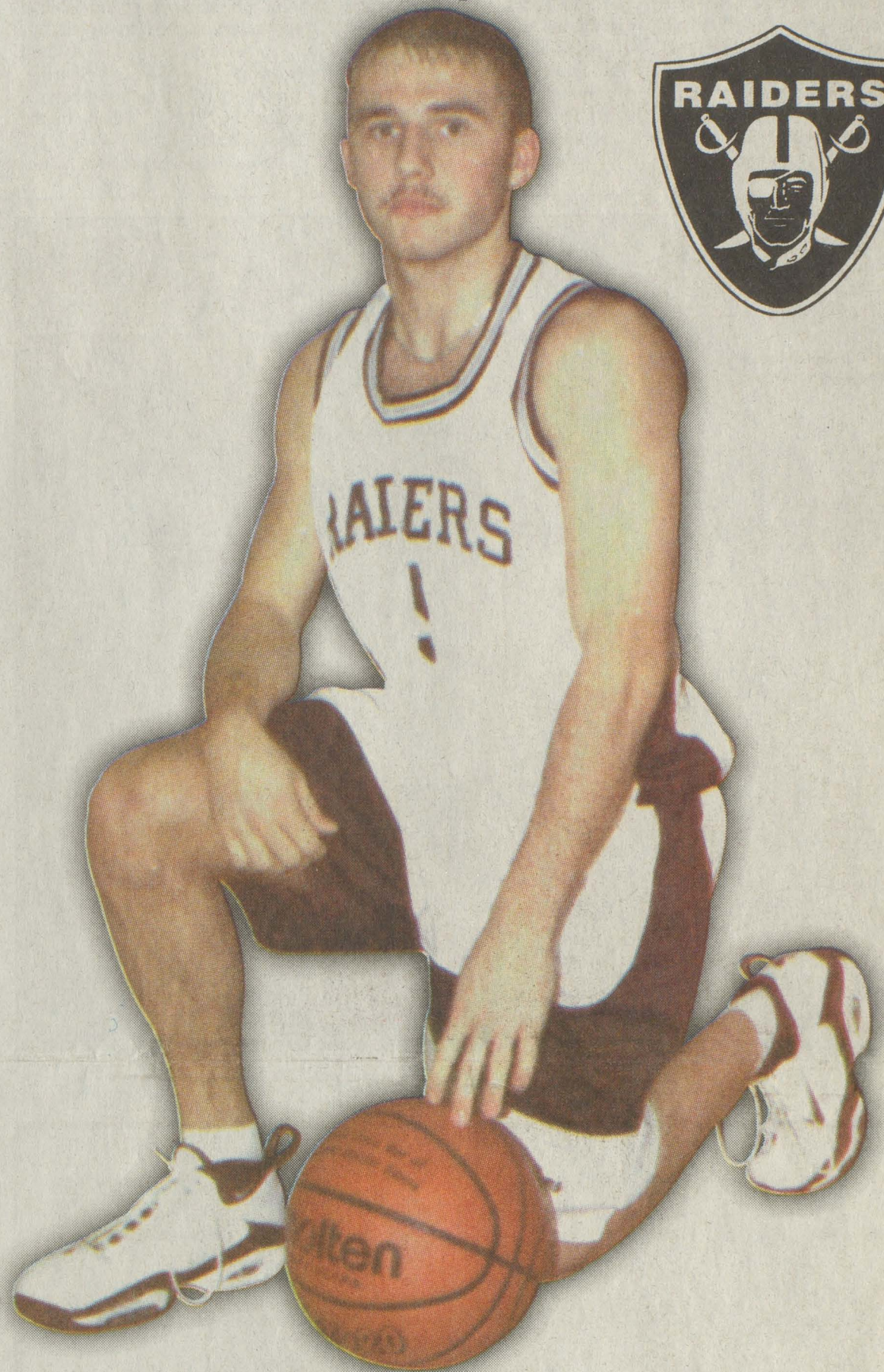
Brittany Hites and Ashley Ousley did not make the scheduled practice. Chrissy Nelson left the team and Adams is injured.

"We still have some who can help us off the bench," Hamilton said. "We have Rachel Mitchell and Angela Howell. Both are playing real well right now. Angela is close to starting."

Megan Hyden, a sophomore, is rated as one of the top point guards in the region and is expected to be at the point for Prestonsburg at Magoffin County. Hyden is an assist person but can burn a team from the outside. She handles the ball as well as anyone in the region.

Seniors Brandy Wells and Brooke Coleman will flip-flop their positions with Coleman mov-

(See Prestonsburg, page three)



**Shannon: "Raiders a team of talent!"**

by Ed Taylor  
 Sports Editor

Could this be the year of the Raiders? If returning senior Ryan Shannon has anything to do with it, it will be.

And Shannon will have a lot to say about it in playing the point for South Floyd when they open their basketball season next week at the Piarist School.

Shannon said that all the hard work the team put into it this past summer and on the practice floor when it all began back on October 15 will surely be rewarding for the Raiders.

"We are giving 110 percent every day we come out on the court," said Shannon. "Our whole team works hard. From my point of view, I feel our team is full of talent. I feel that we can be the top team in the region. Whatever happens, happens."

Shannon said this year's version of Raider basketball is a different one from last year. Working hard is required if you are going to play "Raider-ball."

"Everyone knows that if they don't work hard, they can't play," he said. "It is a different team since Coach (Henry) Webb got here. Every time you step on the court, it is play hard or don't play at all."

Shannon said he feels the heart of the whole team is ripe for a winning season.

"Everyone on this team has the heart right now to win," he said.

Shannon said, without hesitation, that he has set some lofty goals for this season, his last as a Raider. "I would like to win the district, win the region and play in the Sweet Sixteen," he said. "I just want the team to go out and play hard and whatever happens, happens."

"Ryan has a lot of experience and has been playing varsity ball since he was a freshman," said South Floyd coach Henry Webb. "Ryan is a lot stronger and a lot quicker than he was last year."

The Raiders return something that most county teams

do not have and that is experience. Jimmy Stumbo and Byron Hall give South Floyd the height in the paint area.

"Jimmy is going to be unstoppable," said Shannon. "He is 240-pounds, 6-6, and has soft hands under the goal. He is whatever coach wants."

"Byron is a workhorse. His work ethics are excellent. He dives on the floor for the loose ball, he boxes out, and he is guaranteed to get you 12 boards a game."

The three-point threat for the Raiders will come in the person of Kyle Tackett, who did not play high school basketball until his junior season.

"Kyle is a solid three-point threat," said Shannon. "He is a streaky player but when he gets on a roll, he is unstoppable."

Coming off the bench last year as a sophomore, John Meade will get a starting assignment this season.

"He is a slasher," said Shannon of his teammate. "He is tough. On defense, he is all over the place."

Michael Hall will be a freshman this season after playing varsity ball as an eighth-grader last year.

"He has improved a lot," said Shannon. "Right now at his rate, he should be starting. He is only 15 but he plays like he has been playing forever."

Another young player the Raiders will be looking to is Rusty Tackett, a sophomore.

"He is tough. He can rebound, play defense," said Shannon. "He is all over the place. You can't leave him open."

On himself, Shannon said he "gives 110 percent every time out on the court."

Shannon said Allen Central has the tradition in county basketball but that could change this year.

"Coach (Johnny) Martin had better watch out this year," said Shannon. "The three years I have been here he has absolutely killed us. This year this is a totally dif-

(See Shannon, page two)

# JB Sports

By Jason Blanton  
Sports Columnist

PAINTSVILLE - As the point-guard on the 1984 Johnson Central basketball squad, which won the 15th Regional Tournament, Les Trimble handed out many assists.

Now many years later, Trimble, who is now a successful head coach at the Johnson County Middle School, may have handed out his biggest and most important assist.

In October, Trimble donated a kidney to his older brother Johnny. As the Trimble family gathered Thursday on Little Mud Lick in Johnson County, the true meaning of thanks were surely given.

"At one time, we didn't know if we would get another holiday

together," said the younger Trimble Wednesday. "This Thanksgiving will be special for our whole family."

The entire ordeal started in February, when Johnny Trimble thought he might have the flu. So he went to the doctor and an uncertainty about the future started.

Johnny's health deteriorated, as he was in renal failure and it was finally decided that a transplant would be the only answer.

Now the question was, where would the kidney come from?

As in all transplant procedures, the family was looked at first. After all the information was gathered, Les knew it was up to him to give his brother a second chance.

"It wasn't a hard decision. My

father (Mark) wanted to, but he is 60, and my sister (Melanie) hadn't been married that long, so she had just started her family. I talked it over with my wife and we knew what we had to do," Trimble said.

But a setback occurred. Johnny was not healthy enough for the transplant. According to Les, his older brother had 10 surgeries between February and the time of the transplant.

"To be honest, at times it didn't look good. But, Johnny kept battling and finally we got him able to go through with the transplant."

According to the United Network for Organ Sharing, almost 43,000 patients are on a waiting list for a kidney in the United States.

Once the match was made, Les

said the he called two other Johnson Countians. He spoke with former Paintsville Tiger athlete Eric Gray, who had donated a kidney to his father, and Dotty Meek, who is the mother of former teammate, Harry Meek, who had donated a kidney to a brother.

"I wanted to talk with people who had gone through what was to come," Trimble said. "But now, it is a little easier."

In early October, the Trimbles checked in the University of Kentucky Chandler Medical Center for the transplant.

And the night before surgery, Trimble, the father of 3-year-old triplets Madison, Leslie Reece and Jonathan Luke, named after his brother, got some surprising news. His wife, Shana, told her husband

that they were expecting another child.

"When she told me that news, I knew that I had something else to make sure that I pulled through the surgery," Trimble said with a smile.

Les had a surgical procedure known as a live laparoscopic donor nephrectomy (removal of a kidney), a new procedure.

Using the laparoscope, the surgeon made a small two-and-a-half inch incision above the navel.

Typically, laparoscopic donors have less pain, shorter hospital stays and a more rapid return to normal activity.

"They told me after the surgery (Wednesday) that I would go home on Friday and I told them that they were crazy, but I came home right

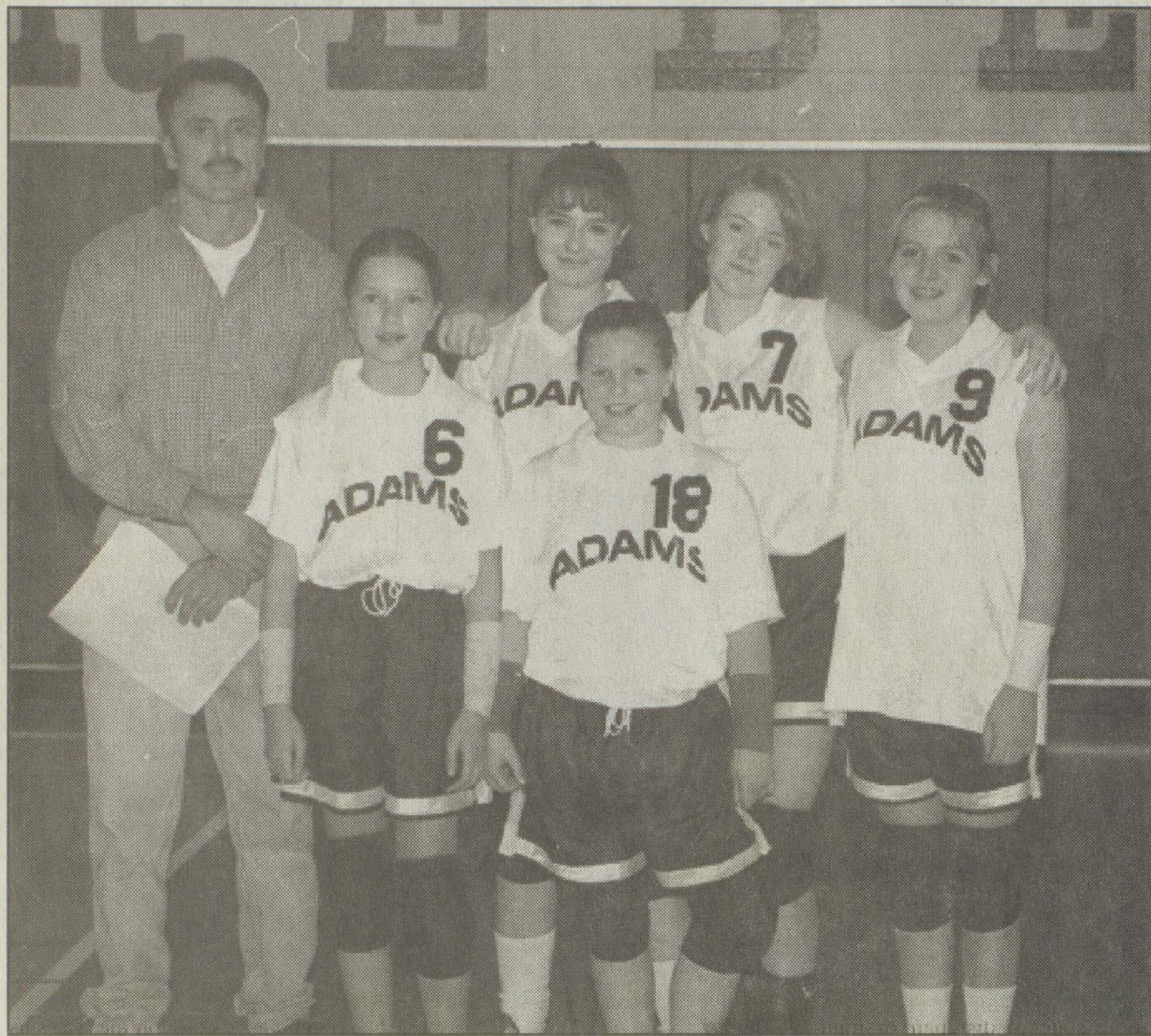
on time."

Both Trimbles are glad to be back to a regular schedule.

Johnny, the father of a son, Zachery, and daughter, Leesa, said it's hard to put into words what his family had meant over the past 11 months.

"You never realize just how much family means until something like this happens," said Johnny Trimble. "Les has always been the type person to step up and help anyone. I'm proud of him, not for being my brother, but what kind of man he is."

"My mom (Glenna) and dad along with my wife (Billie) and the rest of the family went through a lot. I really don't know if I would have made it, if it wasn't for the entire bunch."



Adams Middle School

## Teacher, coach and, maybe, principal Jack Goodman

by Karen Joseph  
Sports Writer

When you examine our school system these days, you can come up with all kinds of negatives, but if you look harder you can find some great positive aspects.

If you look at Allen Elementary it won't take you long to find a positive, especially if you look at Jack Goodman.

Goodman teaches at Allen Elementary and coaches the football and basketball teams as well. Goodman got a teaching job when he returned home from college.

His first coaching job was at Adams Middle School. He was there when they opened the school. He was the head basketball coach at Adams and had a fabulous basketball team that year. This really got the veteran coach into sports.

But the first time you saw Goodman on the sidelines, you had to notice another man with him. That man is Randy Gearheart, who has been with Goodman for the duration.

"I have known Randy all my life," Coach Goodman says. "We were great friends in college. He left college and joined the service. We kept in touch while he was in the service and he always told me that if I got a coaching job that he would come back and help me."

And the rest, as they say, is history. Gearheart came home from the service about the same time Goodman got his first coaching job.

"This make 10 years we have been together," Goodman said. "Randy is very dedicated. His time is strictly volunteer. He doesn't get one dime for helping me."

When you see the duo on the sideline, both are coaching every play of the game.

"We are right and left punch," Goodman said. "I do certain things that Randy doesn't and he does things that I can't. He is more schooled in basketball but I can get the kid motivated. So we work together as a team."

"In the game, I will be watching how the boys are playing and how hard they are playing, while Randy will be watching what is or is not working. I never once say, 'That will not work' when Randy tells me something. He is just as high on the totem pole as I am. I just have the final say, because I am 'listed' as head

coach."

If the veteran coach moves on to the next level, Randy will move right along with him.

"Randy's dedication that he gives to my team in phenomenal," Goodman commented. "I couldn't ask for any more. He has a great head on his shoulders. There are not many Randy Gearhearts out there. I can't say enough about Randy."

And speaking of the next level, the veteran coach says he would like to move on to the next level in coaching.

"I have had offers on high school coaching jobs and just about applied for one or two, but both positions have been at a rebuilding school, and I was just not sure that I wanted to rebuild a team," the coach said. "The reason behind this is that I have my principal certification and I thought, 'Why take a job rebuilding a program when I am certified to be a principal?'"

"If the right position came open at Prestonsburg High School, I may consider it. I also wanted to be the coach of the football program at Prestonsburg. This is my alma mater and I helped Coach Bill Letton when he was at Prestonsburg, so I would really like to have that job, but I would have to think about anything else if it became available."

Goodman has applied for some basketball coaching positions, but says he would really rather coach football at the high school level.

When asked why he went back to school to get his principal's certificate the coach/teacher replied, "I had other teachers tell me, 'You need to be a principal,' so for my own satisfaction I went back to school and got my certification. It took me two summer terms. I have three years before my certification runs out, so I have three years to decide. I would really like to have the principal job here at Allen. I am certified in elementary and middle school, so who knows?"

Goodman says he is happy at Allen Elementary.

"I love teaching here and I love coaching here," Goodman said. "This is a wonderful school. The teachers get a lot of support from this school. You couldn't ask for anything better."

It is reassuring to know that in this fast-paced world, where the system seems to be crumbling, that there are people like Jack Goodman out there the role models for our children.

## LETTERS TO SANTA

The Floyd County Times will be publishing letters to Santa in our annual Season's Greetings section on Friday, December 10. Letters will be accepted until noon, December 7, 1999.

Send letters to:  
"Letters To Santa"  
The Floyd County Times  
P.O. Box 390  
Prestonsburg, Ky. 41653

or drop your letter off at

The Floyd County Times  
at 263 S. Central Ave.,  
Prestonsburg



## Sports

(Continued from page one)

the state finals.

Lawrence County got drubbed by Highlands by 40 points. But Coach Chuke Williams had a great year over in Louisa.

Coach Henry Webb's South Floyd Raiders looked awesome in the Allen Central panorama Wednesday night in handling South Laurel.

The Raiders are for real and after watching them practice the

other day, they looked as if they are going to be hard to handle.

High school basketball tips off Monday night with the girls getting the first start.

The Osborne Eagles will hold their 5th and 6th grade tournament beginning tomorrow night (Monday). Also, the Shag Campbell Invitational will take place at Allen Elementary begin-

ning Monday night.

Grade school games the same night as high schools' hurts attendance, for the high schools.

Danny Adams tells me he is going to be lacking in size this basketball season. But knowing Danny, he will have a competitive team anyway.

Until Wednesday, good sports everyone! And be good sports!

## Rebels

(Continued from page one)

eran team that has some strong talent, as well as a good supporting cast.

"When you play a team like Johnson Central at the start of the season it will tell you right away what you need to work on," said Coach Moore. "They really get after you. Coach Wireman does a great job down there."

Coach Moore said his team will be a little quicker this season than last year. The overall speed of the Lady Rebels has improved as well.

Returning for the Lady Rebels will be Natalie Cooley, who will be playing her final season in an Allen Central uniform. Ditto for Jessica Martin and Shanna Howell.

Cooley is a versatile player who realizes the importance of floor leadership. She and Martin, along with Howell, hope to provide that leadership.

Cooley is a threat from medium distance to beyond the three-point arc. Martin is strong down low but has shown that she, too,

can hit the trey, as well as roam the paint area.

Howell came into her own toward the end of the season last year and, if she picks up where she left off, the Lady Rebels will have a strong tandem outside in Jennifer Risner and Howell.

Risner will run at the point guard opposite of Howell but the two guards could switch roles if needed. Howell played at the point some last year.

Risner gives the Lady Rebels a solid outside threat behind the circle. "Jennifer showed during the summer that she could handle the ball," said Coach Moore.

Shannon Sizemore will play the three position of the court and gives the Lady Rebels a strong rebounding presence under the basket.

The Allen Central bench should be long this basketball season with Kari Osborne coming in to give some help under the basket.

Much will depend on how much Jessica Martin will be able

to play. Martin had to miss some of the fall practice time with a heart condition but she was expected to make the return to the basketball court.

Game time is 7:30 p.m.

## Shannon

(Continued from page one)

ferent team."

Shannon said he knows Betsy Layne's new coach, Brent Rose, well.

"I played under Coach Rose and he is a good coach," said Shannon. "But I don't think he has the talent to win."

Shannon said it will be a down season for Prestonsburg.

"We played them in the summer and beat them bad," he said. "They are young and starting over."

Listening to Shannon talk about his team, it could very well be the year of the Raider. The returning point guard feels the talent is there — it is just a matter of finding the chemistry that could make this a great regional team.

# Bentley's Comments

by Rick Bentley

What hit us full force at the college level the first week of November attacks the high school scene this week: It's the beginning of basketball season.

This is how busy we've been at Pikeville College. The men's basketball team opened its season Nov. 6, and last night's game in the Rax Invitational Tournament was the ninth of the season already.

And then there's the Lady Bears.

Coach Bill Watson's troops play today in what is their — I'm not making this up — 12th game of the season already!

Of course, there are explanations for this, and it has nothing to do with the sanity of our coaches.

Because different schools give final exams during different

weeks, and then comes Christmas, scheduling in December is tough.

Total, Pikeville's teams play only seven times in December.

But now it's time to kick off the high school seasons. Coaches and players have worked hard for this time of year, and there's a lot of excitement. Many players will step into the varsity limelight for the first time this week.

We wish them luck. And health.

At the risk of upsetting a lot of people, I have to agree with my friend Bob Watkins — just because Kentucky is bowl eligible doesn't make it bowl worthy.

I realize UK has won six

games, and you have to beat the bad teams, but who has Kentucky defeated this year that's any good? Arkansas is the only team with a winning record, but the Hogs are so hot and cold you never know what's coming.

Sorry, but this is a bad football team. And if it goes to a bowl, it will come home 6-6.

That said, no one deserves last week's All-American honor more than James Whalen.

At this point in the Hot Stove League, heads are turning toward the National League Central.

The Reds got some better when they picked up Donte Bichette, but soon will probably lose Greg Vaughn. The Cubs showed improvement by naming Don Baylor as its manager.

But no team in baseball has had a better winter than St. Louis. The team is tired of taking a backseat to Mark McGwire and has set out to prove it. So, only days after nailing down former AL Cy Young winner Pat Hentgen, the Cards traded for Darryl Kyle.

I know Kyle has been mediocre in Colorado the last couple of years, but so has every other pitcher. Hentgen hasn't been great lately, but still is very serviceable.

But these are big-league pitchers who have what it takes to be special. They know how to win. And they should be motivated by getting out of their previous home and excited knowing they will get some support from the offense.

The Cards are looking good. But hey, it is November.

This says something about somebody, but I'm not sure who.

On Nov. 6, Pikeville beat U.Va.-Wise 65-61. Tuesday, Morehead State beat U.Va.-Wise 84-61.

Some would say if Kyle Macy's Eagles were on the doorstep of big-time college basketball, they would beat an NAIA Div. II school by more than 23.

I'll call Jason Blanton, MSU guy, for an explanation. In future columns, I'll give him equal time.

Most people thought the worst team in the NFL would be an Ohio team. How many thought it would be the Bengals?

And here's a question: Is it a state law in Ohio you have to be, um, ok, let's go with frugal, frugal to own a professional team in

Cincinnati?

I mean, Marge is gone, and we'll see if the new ownership of the Reds will spend some dough. But in many ways, I think Mike Brown is worse than any of them. He doesn't want to spend money on players, coaches, a stadium, anything.

When was the last time the Bengals signed their first-round pick before training camp started? And for that matter, when was the last time the Bengals made a solid selection with their top pick?

Ki-Jana Carter? Big Daddy Wilkenson? Akili Smith?

Mel Kiper, draft expert, once said this of the Colts. I think it applies more to the Bengals than any other team in football.

Look at those picks. That's why other teams are fighting for the Super Bowl while the Bengals are picking No. 1 every year.

\* And finally ...

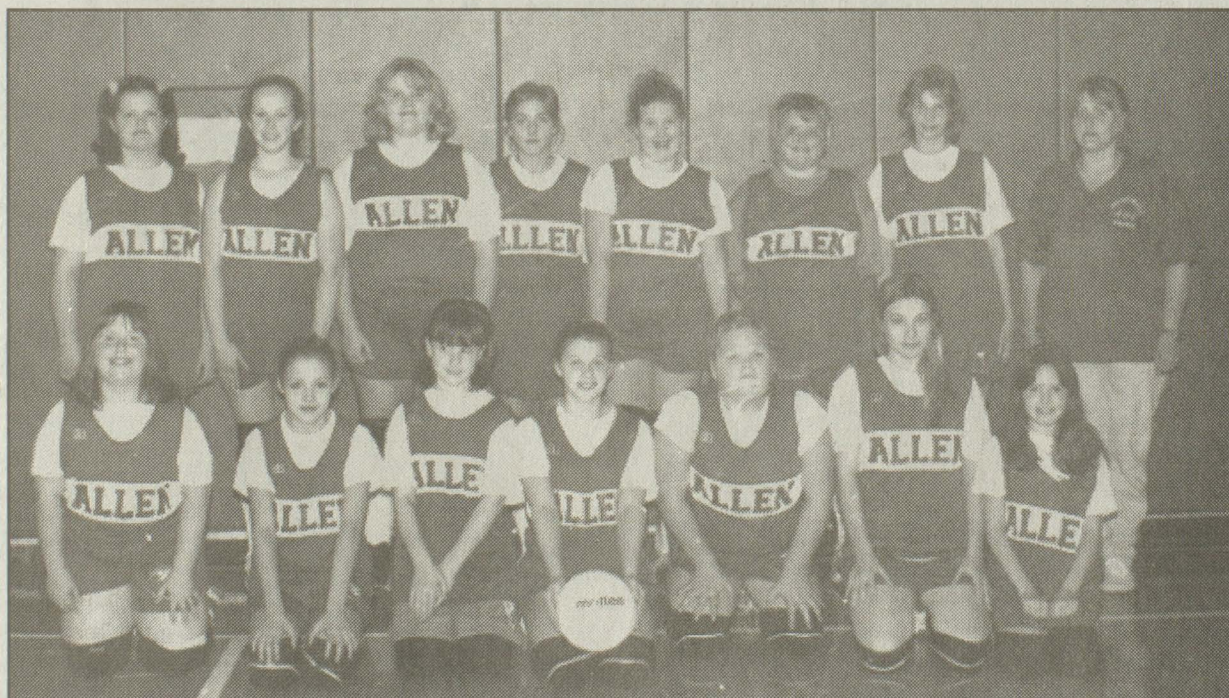
Today's column is for our friend Gary Jr. We're here for you, brother.



John M. Stumbo Mustangs (Winners)



South Floyd Raiders (Runners-up)



Allen Eagles



Allen Central Rebels

## FROM THE TACKLE BOX...

By Jim Lyon

When I began last spring to inventory all my modern day fishing equipment, I suddenly realized that I had accumulated a lot of stuff. "Stuff" is all those things you acquire and bring home, lay aside and very seldom, or never use. As I sorted through this heap of stuff, I began to categorize it into good stuff, OK stuff, and junk stuff. I noticed, with great interest that the junk, far out weighed the good and the OK stuff.

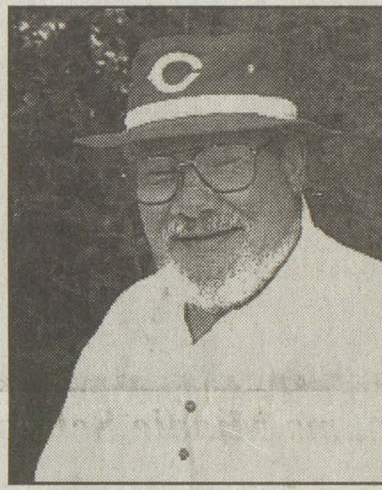
There's a lot of equipment available for anglers, who want to use them. It is not always wise to buy some of this equipment based on the type fishing you may practice. It can also become expensive, as well as counter productive.

Some of the lessons I have learned over the years, when buying fishing equipment are; what appears to be a good deal is not always as good as it seems. For instants when I did an inventory of my fishing tackle, I found it contained several reels that didn't work. All of them were in some state of disrepair or malfunction that rendered them useless. I wondered what I was doing wrong. One day when shopping for a reel, I chose one that was priced to sell, it was cheap. I bought it and several days later I went fishing. I brought out my new bargain reel and cast out in anticipation of catching the big one. During retrieval of the lure, a piece of the new bargain reel fell into the boat. With a few meager tools I carried in the boat for just such an occasion, I begin to work on the reel. A lot of great fishing time repairing this reel was spent. When it was fixed I once again cast out, thinking to myself, that I shouldn't have to fix a new piece of equipment, when PLOP! once again the same piece that I had spent all this time replacing had again fell into the boat. The day was finished using an old reel that I had used for several years. I figured out what I was doing wrong. I should have been shopping for a quality piece of equipment instead of what seemed to be a good deal.

When buying reels, you should keep in mind that some brands are better than others. All companies manufacture them in various price ranges. Some of the

cheaper reels may give you great service, but my experience has proven that this is an exception rather than the rule. I once used a Zebco 101 for years with out any complaints. I have learned, when shopping for fishing equipment, to pay a little more and get better quality.

Taking good care of your equipment is another great habit to form. It will extend the life of your equipment and give you more hours of maintenance free fishing. I have spent needless money replacing equipment that was damaged due to carelessness. I have chopped off the tips of countless rods by stepping on them, getting them caught in a car door or slamming a trunk lid on them.



I had a great light weight rig. The rod telescoped, and I carried it in my car and in my motorcycle saddlebag. It was so handy I contemplated making a holster and carrying it on my side. While fishing in Alabama, using this rod and reel, casting from the bank, and standing on some large rocks on the shoreline, I hooked a large strip bass. I was so excited I begin dancing around on the rocks as I brought him in. Losing my footing, my rod tip hit the rocks and broke. I should have chosen a safer place to fish. I only saw the fish briefly as it swam to freedom.

When transporting expensive fishing rods, it is always good to invest in a tube to carry them in. When storing them for the winter it is a good idea to use rod tubes. Prior to storing any of your fishing equipment for the winter, you should repair, clean, grease and oil your reels. It is always better to store them so you will be ready in the spring to head for the fishing hole. I also change line prior to storing my reels. It may become damaged by use, especially where the line runs through the eyes of the rod.

When choosing line, the angler has several choices. There are many different brands, designs and different pound test available. Some are very strong. Spider wire is one that is considerably strong. Ibis line should not be used if you are fishing deep and may hang your lure on logs or

## Prestonsburg

(Continued from page one)

ing to the two-guard from the small forward slot. Wells will move to the three position.

"We felt it was a good move for us," said Hamilton.

Amelia Conley will play the strong forward position while Ramanda Music will roam in the paint area at center.

"We had a good practice Friday

and we are ready to go and anxious to go," said the Prestonsburg coach.

Prestonsburg fell to Cawood in a panorama game at Sheldon Clark, but the first-year coach said he looks for his team to be ready to play at Magoffin.

"They have one girl about 6-1," said Hamilton. "Then their little

point guard can shoot the ball real well. They play a lot of zone and did not press any when I saw them play at Sheldon Clark."

Hamilton said he did not want his team to peak early in the season.

"I felt other Prestonsburg teams did that," said Hamilton. "I think that hurts a team to peak too soon."

## Lady Raiders open with Pikeville

by Ed Taylor  
Sports Editor

When the 1999-2000 girls high school basketball season tips off tonight, it will be the South Floyd Lady Raiders hosting the Lady Panthers of Pikeville in a top girls regional game.

The girls basketball program is all that is needed to complete a turnaround of athletics at the Left Beaver school. The boys basketball program is on the upswing as the football program has been established as one of the more consistent programs around.

Coach Paul Cline will attempt to make the completion this season with a group of solid young players, with other future stars on the horizon.

Tomorrow night, South Floyd will host Pikeville in hopes of getting the final leg of the turnaround started. Pikeville has been one of the stronger girls programs of the past four seasons but the Lady Panthers will look to reload this season heading into the new

millennium.

Helping with the movement will be seniors Martha Crawford, Lindsey Hall, Monica McKinney and Sonya Tackett. The foursome will say goodbye to Raider Arena after this season.

But the returning seniors will have some strong support on the hardwood this season. Monica Newsome, Minnie Tackett, Jessica Paige and Tabitha Berger will lend the support the seniors might need.

Newcomer Valerie King, from Knott County Central, is a promising freshman, along with Stephanie Skeans.

Minnie Tackett will run the team at the point and she provides the Lady Raiders with strong outside shooting. Her ability to take the ball to the basket as well makes her difficult to contain.

Hall will be at a small forward slot or could play at the shooting guard position. She is a strong inside player with good moves to the basket.

Monica Newsome will be at the

two-guard and is a deadly three-point threat. Martha Crawford will alternate between a guard and forward.

The Lady Raiders will run without what you might consider a true pivot player.

The bench of the Lady Raiders will be long, led by Sara Johnson, who at 5-11 gives South Floyd some added size in the middle. Johnson has shown a lot of improvement this season.

Berger is one of the most underrated players in the county. She can score inside as well as nail the trey from the outside. She is a good defensive player and gives South Floyd versatility at all positions.

Kandice Mitchell will see playing time and also measures 5-11. In fact, Mitchell may crack the starting line up for South Floyd. She has been working hard this year and shows a lot of promise in the paint area. She is a sophomore.

The game at Raider Arena tips off at 7:30 p.m.

# NASCAR this week

■ If you've got a question or a comment, write:

NASCAR This Week  
c/o The Gaston Gazette  
2500 E. Franklin Blvd.  
Gastonia, N.C. 28054



## OnTV

All Times Eastern

■ **NASCAR Winston Cup Awards**  
9 p.m. • Friday, Dec. 3 • ESPN

### 1999 POINTS STANDINGS

WINSTON CUP	BUSCH	TRUCK
1. Dale Jarrett, 5,262	Dale Earnhardt Jr., 4,647	Jack Sprague, 3,747
2. Bobby Labonte, 5,061	Jeff Green, 4,367	Greg Biffle, 3,739
3. Mark Martin, 4,943	Matt Kenseth, 4,327	Dennis Setzer, 3,639
4. Tony Stewart, 4,774	Todd Bodine, 3,029	Stacy Compton, 3,623
5. Jeff Burton, 4,733	Elton Sawyer, 3,891	Jay Sauter, 3,543
6. Jeff Gordon, 4,620	Jeff Purvis, 3,658	Mike Wallace, 3,494
7. Dale Earnhardt, 4,492	Dave Blaney, 3,582	Ron Hornaday, 3,488
8. Rusty Wallace, 4,155	Jason Keller, 3,537	Andy Houston, 3,359
9. Ward Burton, 4,062	Mike McLaughlin, 3,478	Mike Bliss, 3,294
10. Mike Skinner, 4,003	Randy LaJoie, 3,379	Jimmy Hensley, 3,280

### TOP TEN

■ Weekly rankings by NASCAR This Week writer Monte Dutton. Last week's ranking is in parentheses.

- |                              |                             |
|------------------------------|-----------------------------|
| 1. (1) <b>Dale Jarrett</b>   | A deserving champion        |
| 2. (2) <b>Bobby Labonte</b>  | The heir apparent           |
| 3. (3) <b>Tony Stewart</b>   | The story of the year       |
| 4. (4) <b>Jeff Gordon</b>    | Can't wait for new Chevy    |
| 5. (5) <b>Mark Martin</b>    | Hopes to be healthy again   |
| 6. (6) <b>Jeff Burton</b>    | Another emerging superstar  |
| 7. (7) <b>Dale Earnhardt</b> | Put a stop to his decline   |
| 8. (8) <b>Ward Burton</b>    | A win would be nice         |
| 9. (9) <b>Rusty Wallace</b>  | Years to be dominant again  |
| 10. (10) <b>Mike Skinner</b> | Top Chevy two weeks running |

### FROM LAST WEEK

#### WINSTON CUP

Sandbagging allegations aside, Bobby Labonte made it clear that he is the current master of Atlanta Motor Speedway.

Eleven different cars hit the walls during Sunday's NAPA 500, and many in the garage suggested mildly that the track might have been slick from all the sand being thrown from the field's 10 Pontiacs.

"Sandbagging" is a slang term used to describe a car that is being intentionally driven slower than its capability. The connotation is similar to that of "playing possum."

The winner of this year's sea-

son finale, and also three of the last four, was Labonte, who somehow managed to roar to the front from a 37th starting position. Under NASCAR's convoluted rules, Labonte could not even make the starting field based on his qualifying speed, 188.822 mph. The Pontiac driver had to resort to a provisional slot to start the race 37th.

By lap 34, Labonte's Pontiac had zipped to 10th place. He took the lead for the first time at lap 91. Despite this late arrival at the front of the pack, Labonte wound up leading 147 of the 325 laps, 75 more than any other driver.

### 2000 WINSTON CUP SCHEDULE

Feb. 13	Daytona International Speedway (Bud Shootout)
Feb. 20	Daytona International Speedway
Feb. 27	North Carolina Speedway
March 5	Las Vegas Motor Speedway
March 12	Atlanta Motor Speedway
March 19	Darlington Raceway
March 26	Bristol Motor Speedway
April 2	Texas Motor Speedway
April 9	Martinsville Speedway
April 16	Talladega Superspeedway
April 30	California Speedway
May 6	Richmond International Raceway
May 20	Lowe's Motor Speedway (The Winston)

### FEUD OF THE WEEK

#### Geoffrey Bodine vs. Kenny Irwin

A nudge by Irwin's Ford from behind put Bodine's contending Chevrolet out of contention. Bodine appeared to move down as he entered the tri-oval to avoid contact with Mark Martin's Ford. It was the end of a frustrating season for Bodine.

#### NASCAR This Week's Monte Dutton gives his opinion:

"The presence of Martin on Bodine's outside made this one difficult to call. Certainly there was no reason for Irwin to boot Bodine at such an early point of the race, but Bodine's frustration was understandable. He started fourth, another in a series of fine qualifying performances, but his finishes showed no improvement, in part because of incidents like this one."

### FROM THE ARCHIVES

■ Bobby Isaac, from Catawba, N.C., won the 1970 NASCAR championship driving Dodges built and maintained by Harry Hyde. The No. 71 was sponsored by K&K Insurance and owned by Nord Krauskopf. Buddy Baker and Dave Marcis later drove the car successfully.

## Martin scheduled to undergo surgery

By Monte Dutton  
NASCAR This Week

HAMPTON, Ga. — Mark Martin was scheduled to undergo surgery to fuse two lower vertebrae in his back on Nov. 22.

The 40-year-old Martin, who has finished in the top six in points a remarkable 11 years in a row, had the surgery at a hospital near his Daytona Beach home.

Martin was also scheduled for similar surgery a year ago but elected to try alternative treatments for his ailing back. He also had arthroscopic knee surgery following a July 2 practice crash at Daytona.

"I can't look at it (as if his med-

ical problems will be over) because I can't guarantee myself that I'll be much better," said Martin. "There are no guarantees when you're dealing with something like this."

"I don't look forward to being crippled again. I've been crippled this year. I'm semicrippled now because of (the back) and because my knee isn't anything like it was before."

A RIDE FOR BENSON: On the Nov. 22nd "This Week in NASCAR," a Speedvision show hosted by Allen Bestwick, Johnny Benson was scheduled to announce that he had signed a contract for 2000 to drive the No. 45

1999 champion

#### Also on the agenda:

Speeches and highlight videos to honor the top 10 drivers, special announcements, rookie-of-the-year presentation to Tony Stewart, presentations to season's top car

owner, Robert Yates, and members of the championship team, as well as Ford Motor Co., winner of the manufacturer's championship.

Why New York? Though not exactly a hotbed of stock-car racing interest, NASCAR holds

its banquet in The Big Apple because it allows the sanctioning body to showcase the sport to representatives of the country's leading corporations and to representatives of radio, television and print media.

### PROFILE

## Casey Atwood



John Clark/NASCAR This Week

Casey Atwood won two Busch races this year before he turned 20.

#### By Monte Dutton

NASCAR This Week

Casey Atwood is on track to achieve some awfully impressive things at an awfully young age.

Not even 20 yet, Atwood won two Busch Grand National races this year and has already received considerable attention from Winston Cup teams.

Atwood began racing go-carts when he was 10, moved to four-cylinder races at 13 and

tried Sportsman cars at 15. He won more than a dozen races at Highland Rim Speedway near Nashville, Tenn., before he even had a driver's license.

He even had a pole in the Busch Series while still 17.

AGE: 19

HOMETOWN: Nashville, Tenn.

MARITAL STATUS: Single  
CAR: No. 27 Castrol GTX Chevrolet Monte Carlo

RECORD: BGN — 44 starts, 4 poles, 2 wins, 6 top-five finishes, 10 top-10s, more than \$600,000 in career earnings

FIRSTS: In Busch Grand National — Start (Feb. 21, 1998, at Rockingham), pole (March 15, 1998, at Nashville), win (July 4, 1999, at Milwaukee)

#### WHAT WERE YOUR GOALS FOR THIS SEASON?

"Our main goal in 1999 was to be consistent and win races. I felt we had a chance to win, but wins are so hard to come by. We reached that goal but we still need to work on consistency. It seems like we were either running up front or in the back."

#### YOU HAD A SPECTACULAR CRASH IN THE FIRST RACE OF THE SEASON AT DAYTONA. WHAT DO YOU REMEMBER ABOUT THAT?

"When I think of Daytona, my first thought isn't of the crash. First, I remember the fact that we were challenging for the win. We proved we could run up front and be a threat. The worst part about the crash is that we destroyed a great race car."

WHAT IS YOUR TOP PRIORITY FOR NEXT YEAR? "To prove I can run up front consistently. This year we proved we could win, but we didn't prove that we could be a contender every week. That's what it takes to be a contender for the championship."

## Your Turn

Letters From Our Readers

Dear NASCAR This Week,

If as you say no Chrysler product has ever been banned by NASCAR, why did Richard Petty boycott the NASCAR races one year and enter drag racing?

Desmond Boleman  
Carrollton, Ga.

NASCAR, in 1965, did ban the so-called "hemi" engine, but it did not ban Chrysler from the sport. Even now, parts are declared "un-approved" by the governing body, but in our humble assessment, that is not the same thing as an entire company being banned from competing. We do concede that it is a matter of how one reads the issue.

Dear NASCAR This Week,

Why does NASCAR allow the (Cup) drivers to drive in the Busch races?

And why are NASCAR drivers put a lap down when they are caught in the pits during a caution?

Athalene Klein  
Evansville, Ind.

In general, anyone who establishes with NASCAR that he is competent and has equipment that passes inspection may enter a Busch Grand National race, or, for that matter, a Winston Cup race or any other NASCAR-sanctioned race. As for drivers going a lap down because they are pitting when the yellow flag waves, no one is "put" a lap down. They lose a lap, or two at some places, while other cars continue to go around the track. If a yellow flag waves and those cars then pit under caution, they do not lose a lap, and the natural cycle is never completed.

## Fan Tips

■ Most of the major print, radio and television personalities use NASCAR Winston Cup Updates, the statistics source compiled by the NASCAR Winston Cup series statistician, in their everyday NASCAR race reporting. The 1999 NASCAR Winston Cup Updates Year-End Book, titled "A Statistical Review of the 1999 NASCAR Winston Cup Season," is a complete compilation of the weekly versions of this information-packed series and is now available to all race fans.

This book offers a complete race-by-race review of the 1999 NASCAR Winston Cup season. It also includes statistical analysis of all aspects of the 1999 season plus driver biographies. Written by Len Thacher, the NASCAR Winston Cup statistician and official researcher for ESPN, this book offers every race fan the opportunity to access the same information used by television, radio and print media personalities in reporting each race throughout the year.

To order, write: UPDATES, P.O. Box 1124, Dumfries, VA 22026; or call toll-free 1-888-782-8725.

The book costs \$19.95 plus \$6 shipping and handling.

### Trackside Trivia

1. What adjective was popularly used to describe the Hudson Hornet?
2. What was the last name of the driver known as "Chargin' Charlie"?
3. Who was NASCAR's Golden Boy?

1. Fabulous; 2. Glotzbach; 3. Fred Lorenzen

ANSWERS

### AROUND THE GARAGE

Pontiac owned by Tim Beverley's Tyler Jet Motorsports.

Benson, granted a release from a contract with Jack Roush several months ago, will replace David Green, who has done a creditable job as a late-season replacement for Rich Bickle.

A source with the team confirmed that Benson had signed a contract Saturday night.

STEWART SIGNS: Tony Stewart was scheduled to sign a new contract with Joe Gibbs Racing on Nov. 21. Stewart's agent, Cary Agajanian, completed negotiations with Gibbs

Saturday night.

The signing should put an end to rumors that Stewart will leave Gibbs to join the new Dodge teams of Ray Evernham in 2001.

TEAM ROBBY: Robby Gordon will drive a Ford in an ownership consortium with Indy-car veterans Mike Held and John Menard.

Rumors circulated Friday that Gordon would buy either Cale Yarborough's team or, more likely, the Irvan-Simco team (co-owned by Ernie Irvan) that had competed in Winston Cup on a part-time basis.

### CREW OF THE WEEK

■ No winning driver has ever driven from as deep in the field, 37th, at the start as Bobby Labonte in Sunday's NAPA 500. Even after Labonte drove to the front, an inferior pit position put added pressure on his crew, led by Jimmy Makar, to keep him there. Labonte has won this race three times in the past four years, and he has won a total of four races at Atlanta Motor Speedway.

©1999 Universal Press Syndicate

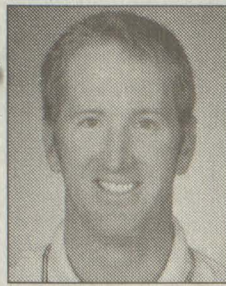
# insider golf

by t.j. tomasi

Director of the Players School at PGA National

## BIRDIES & BOGEYS

### Jet Lag



David Duval has found that the swing and the body are inseparable.

David Duval does not like to play international golf because of the effect travel has on his body and therefore his swing. PGA Commissioner Tim Finchem explains why one of his stars was absent at the season-ending tournament in Spain this way: "David absolutely does not enjoy traveling overseas; he thinks it puts him at a competitive disadvantage. He doesn't sleep well when he travels, and he feels like he can't play as well."

### The Bear's Second Wind

Tom Watson, Tom Kite, Lanny Wadkins and Andy North all are expected to play full time on the senior circuit next season, but it's the Golden Bear everyone (including the sponsors) wants to see. It looks like Jack Nicklaus may be back not only on the senior tour but also in a few events on the regular tour. Nicklaus plans on playing in eight majors (four PGA Tour majors and four Senior majors), plus Doral and his own Memorial on the PGA Tour, along with several other Senior Tour events.



"My strength has just exploded," Jack Nicklaus says, and that's good news for fans because he wants to play more tournament golf in 2000.

Why the resurgence of activity? He's been on an intensive weight-lifting program that's added 4 inches to his chest and taken an inch-plus off his waist. When he started the strengthening program, he could bench only 80 pounds 10 times. Now he's reported to be doing 20 reps of 300 pounds, and it's translated into hitting the ball 25 yards longer.

### Golf for Everybody

The First Tee is a program that provides affordable golf for kids who otherwise might not have an opportunity to experience the game. The goal is to have 100 facilities open or under development by the end of the year 2000. Currently, 25 First Tee facilities are open, and 30 more are under construction.

There are some real heavyweights involved in the effort, including the PGA Tour, PGA of America, USGA, LPGA, Augusta National Golf Club and former President George Bush, who describes it this way: "We want to create affordable entry points to golf for everyone who is interested in playing the game. While the focus of The First Tee is to introduce more young people to the game, everyone will be welcome to join those of us who love the game and want to see it grow."



### ABOUT THE AUTHOR

Dr. T.J. Tomasi is the director of the Players School at PGA National in Palm Beach Gardens, Fla. He is a member of the elite Top 100 Teachers chosen by Golf Magazine for 1999 and is a Class A PGA teaching



## SCHOOLS OF DISTINCTION

Based on Golf Magazine's Top 25 U.S. Golf Schools

### The Academy

The Academy is one of the top ranking golf schools in America. Master instructors Mike Adams, T.J. Tomasi and their staff of expert instructors use the LAWS of Golf, the learning model they developed where a student's swing is built around his or her body shape, flexibility and strength.

The venue, PGA National Resort and Spa in Palm Beach Gardens, Fla., sits on 2,340 acres and boasts five championship golf courses. The award-winning complex has 339 deluxe guest rooms, 80 cottage suites, a world-class spa, 19 tennis courts, a complete fitness club, the largest croquet complex in the Western Hemisphere, nine pools, a 26-acre sailing lake, seven restaurants and lounges, and a 33,900-square-foot conference center with 23 individual rooms. Established: 1993

Maximum student-teacher ratio: 3-to-1  
Months of operation: Year round  
Faculty: Mike Adams and T.J. Tomasi are GOLF Magazine Top 100 Teachers.  
Curriculum emphasis: Sophisticated biomechanical analysis equipment; individualized take-home instructional videos; play on PGA National's five championship courses; sports psychologist covering the mental side of the game; comprehensive equipment evaluation; free analysis of mailed-in follow-up videos; take-home instruction books written by Mike Adams and T.J. Tomasi.  
Cost: \$1,508 (three days, includes lodging)  
For information, call (800) 832-6235, or visit the Web site at [www.lawsogolf.com](http://www.lawsogolf.com).

## TEERING OFF

# Fitness Is at the Fore of Modern Golf Technique

In the past, with the exception of Gary Player and a few others, golfers were not considered to be well-conditioned athletes. One famous golfer said that he didn't like to jog because the ice cubes kept falling out of his scotch glass. European tour player Mark James describes his program: "I reach over and press down the alarm, and then I jog to the bathroom."

But with today's rich purses, the Senior Tour and the stiff competition, pro golfers know they need to hit it as long and straight as possible, and this

means getting serious about their golfing physical fitness. When Tiger Woods put on 20 pounds of muscle, it sent most everyone directly to the fitness trainer.

The same applies to anyone, pro or amateur: To maximize your golf performance, you have to get fit and stay that way.

The truth is that "you are your swing," and the golf swing often deteriorates when the body becomes less fit. You don't "forget" your golf swing — it's there in your brain — but any loss of strength and flexibility can force you to alter your technique.

For example, when the hands

and forearms lose strength and suppleness it's hard to square the clubface in time for impact. And when a straight ball turns into a slice, a player is tempted to make changes in his swing that only make matters worse.

All other things being equal, the strongest machine wins. Stronger muscles maintain your body balance and equilibrium under stress, they allow you to do more work, to overcome more resistance, and to swing a club faster. A strong muscle is a fast muscle; a weak muscle is slower than it should be.

The good news is that much of

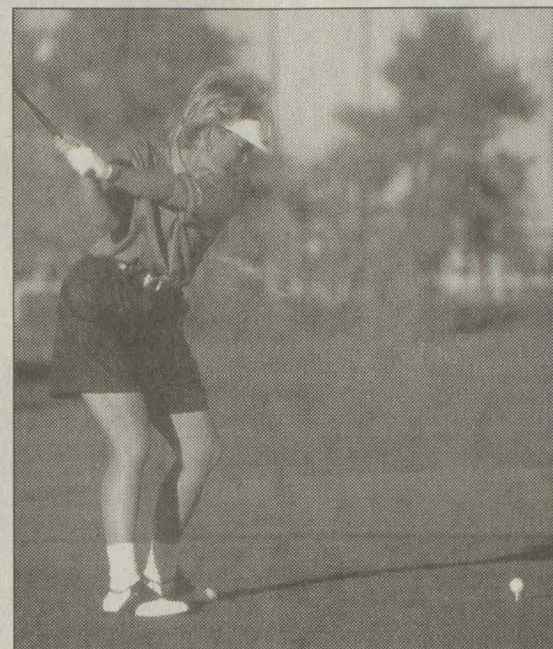
the decline in your muscle mass over your lifetime is due to inactivity; it's not inevitable. So when it comes to getting in "golf shape," it's never too late to start.

Michael Pollock, Ph.D., an exercise physiologist at the University of Florida who studies elite, older athletes, says fitness depends not so much on your age, but on whether or not you adhere to an exercise routine. No matter what your age, you can launch your own golf-fit program by plugging into an exercise routine specifically designed for golf. Next week I'll profile just such a program.

## IT'S GOOD FOR YOUR GAME



At the top of her swing (left above), LPGA Tour player Jane Geddes keeps the right knee flex she established at address. This allows her body to stay level as she maintains her spine angle. Anytime you pitch forward toward the ball or pull up and away from it, you change the effective length of your club, and that makes solid contact very difficult. As she starts her downswing (right above), her arms drop, but her back leg keeps its angle. Note in both photos how level her knees stay compared to each other.



## Steady Stance for Power

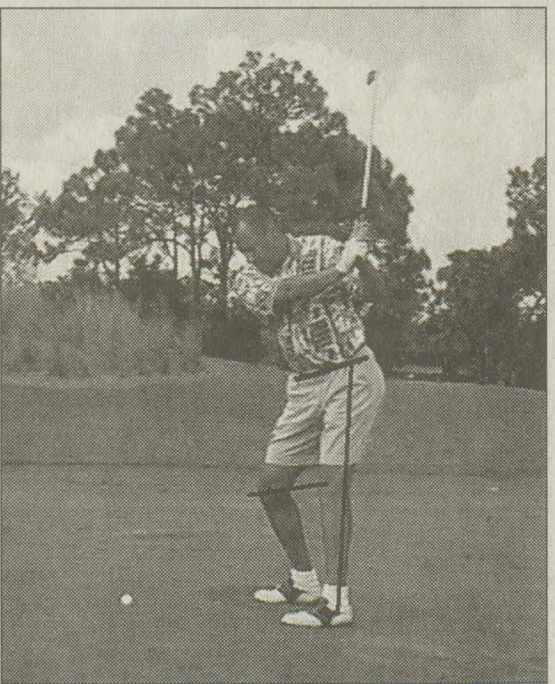
The good players establish the correct relationships between their body and the ball at address and then keep those relationships steady as they swing. Here's an example to show how destructive losing your body-ball relationship can be.

Say your 5-iron is 38 inches long and your left arm is 32 inches from the tip of your shoulder to your knuckles. That makes a total length at address, shoulder to clubhead, of 70 inches. Ignoring for the moment the effects of such variables as the bowing of the shaft, your as-

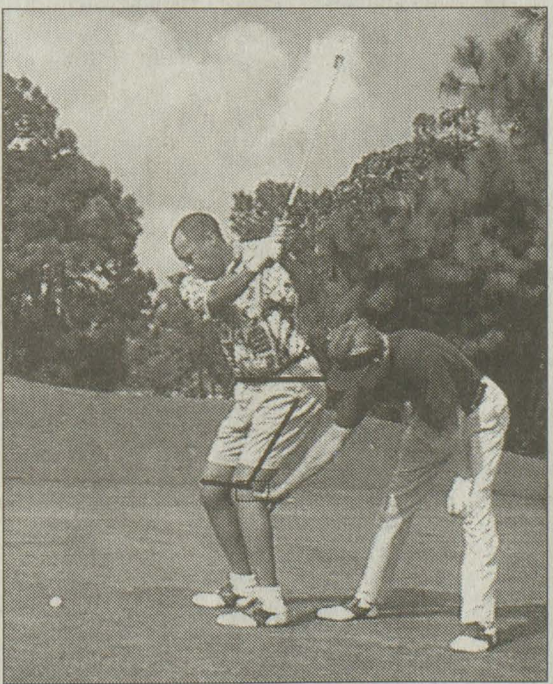
ignment is to produce solid contact by returning to impact with the same effective length of arm and club as you started with, i.e. 70 inches.

If you overflex your legs, you'll come to impact with 71 inches and bury your clubhead into the ground behind the ball, in a bone-jarring collision that leaves your ball well short of target. If you lose the flex in your legs, the length is shortened to 69 inches, and you'll catch the very top of the ball, sending it skimming along the ground.

If you want to play your best, most consistent golf, keep the same flex in your knees that you created at address all the way to impact.



Here is a very common mistake: At the top of the swing (left), the golfer straightens his back leg. Look at how uneven the hips and knees are and how the front knee juts out toward the target line. This creates a tilted body that must reposition itself perfectly during the downswing to repair the imbalances — a difficult task. The solution is to keep that back leg flexed, and that's what we're working on in the photo on the right.



## QUOTE OF THE WEEK

"I felt fresh and strong, which not only helped me physically, but also mentally. Using weights helped me avoid fatigue during the final rounds."

—David Duval, who won four times in four months after losing 40 pounds last year

## ASK THE PRO

**Q:** What's the best way to keep my hands in shape and strong over the winter?

— T.W.  
Minneapolis

**A:** You'll rarely see pro golfers who don't have strong forearms and hands that allow them to control the club without squeezing it to death. A great way to strengthen your hands and forearms is to use special "squeeze" balls designed for the purpose. You can get them at most variety stores. Keep one close by your desk, in your car or next to your TV. Roll it through your fingers, squeeze it in your palms and change hands frequently to avoid repetitive stress syndrome. In a couple of weeks your grip will be viselike.

To Ask the Pro a question about golf, e-mail him at: [TJInsider@aol.com](mailto:TJInsider@aol.com).

## DON'T MISS IT

### Picture Perfect.

Don't Miss the book "Spectacular Golf" by David Gould. It covers courses throughout the world from St. Andrew's, Royal Troon and Muirfield to Pebble Beach, Augusta National, Pinehurst, Winged Foot, Shinnecock Hills and Beaver Creek. With 36 pages of foldouts opening to nearly four feet each, and more than 100 color photos, it's a beautiful book. For more info, contact [www.hlla.com](http://www.hlla.com).

## GOLF SPOKEN HERE

### Slope Rating

A number that tells how hard a course is. A course of average difficulty rates around 118; tough ones are in the 130 range. To play a course rated over 140, bring a scout and a compass.

## THE GOLF DOCTOR

# Good Balance Begins at the Hip

To stay in balance while you swing, it's important to bend from your hip joints so that your fanny juts out, creating a counterbalance. This way the weight of your upper body (your head alone weighs about 10 pounds) is balanced by your rear end protruding behind you.

Here's how to get the feel: Standing erect, place a shaft across the top of your thighs and push backward on it, allowing yourself to bend from your hip joints (not from your waist) until your spine is angled and your fanny extends behind you.



INSIDE THE PRO FISHING TOUR

# Intersport Was Real M-1 Winner

The force that made the \$2.96 million Ranger M-1 Millennium tournament happen was Chicago-based Intersport Inc. Considering the estimated 3 million viewers the show attracted, there has been a lot of celebrating in their corner of Chicago recently.

The production company researched the viability and potential of such a broadcast before taking the idea to Fox Television. Intersport put up the money to buy the air time from Fox (\$500,000) and then bankrolled the whole production. The production, which Fox personnel said was comparable to a World Series game or NFL championship telecast, cost more than \$500,000.



## Tim Tucker's Tour Notebook

the Oklahoma pro fished the first three Kmart BASSMASTER Top 150 tournaments on auto-pilot. "It was so bad that although I wasn't close to dying, I wouldn't have cared if I had," Cook recalled. "I fished those tournaments in a lot of pain and not really caring how I did. And it showed."

The antibiotics ended the painful four-month struggle about a month ago, allowing Cook to compete in the BASSMASTER Missouri Central Invitational as a new man. As a result, he finished a respectable 21st.

"I can't tell you how nice it is to be free of pain and caring about things again," said Cook, an avid hunter. "I've spent the last month in a tree, and I'm looking forward to fishing tournaments again."

**Chicago Readies for 2000 Classic** With Mayor Richard M. Daley and Gov. George Ryan firmly behind the 2000 Classic, Chicago and the state of Illinois have reportedly pledged an estimated \$700,000 in financial support for fishing's biggest event. In contrast, the 1999 Classic cost New Orleans \$300,000. Illinois and Chicago officials expect a financial windfall, however; Classic customers booked 25,000 hotel rooms in the Big Easy and are expected to take as many as 50,000 in the Windy City.

In another Classic matter, city officials are considering reversing a longtime ban on fishing in the large Chicago Park harbor district, which is said to be home to enormous populations of both smallmouth and largemouth bass.

For years, the harbor area has been closed to fishermen — the result of the political power belonging to power- and sail-boaters who moor there. But the mayor has made it clear that he wants to make the city look good under the Classic's bright spotlight. And that could include opening the harbor area to fishing. Not only could this make the city seem like the home of a possible first-class bass fishery, it would also give the Classic pros a place of refuge should the weather on Lake Michigan turn dangerous during the summertime event.

## Tim Tucker's Pro Power Ratings

Star indicates a pro who is coming on strong.

This Week	Last Week	Weeks on List	Angler, Hometown
1	1	23	Denny Brauer, Camden, Mo. <i>Runner-up in 1999 Classic; still the man to beat</i>
2	2	23	Davy Hite, Prosperity, S.C. <i>Won '99 BASS Masters Classic</i>
3	3	23	Larry Nixon, Bee Branch, Ark. <i>Won BASS Top 150 opener; made Md. finals</i>
4	4	23	Kevin VanDam, Kalamazoo, Mich. <i>Won N.Y. BASS event; third in Md. Top 150</i>
5	5	23	Rick Clunn, Ava, Mo. <i>Runner-up in Vt. BASS Top 150</i>
6	6	6	David Fritts, Lexington, N.C. <i>Two top-10 finals; Millennium runner-up</i>
7	7	23	Stephen Browning, Hot Springs, Ark. <i>BASS Mich. Top 150 finals</i>
8	8	6	Tim Horton, Spruce Pine, Ala. <i>Won Md. Top 150; leads Angler of Year race</i>
9	9	19	David Walker, Cannon, Ky. <i>FLW Tour Angler of Year; 15th in Md. Top 150</i>
10	10	23	Zell Rowland, Montgomery, Texas <i>Finals of Vt. BASS Top 150</i>
11	11	20	Clark Wendland, Cedar Park, Texas <i>Won FLW Open; MegaBucks runner-up</i>
12	12	3	Darrell Robertson, Jay, Okla. <i>M-1 champ; won \$850,000 in two months</i>
13	13	23	Mark Davis, Mount Ida, Ark. <i>Narrowly missed Md. Top 150 finals</i>
14	14	13	Roland Martin, Clewiston, Fla. <i>Runner-up in Top 150 season-opener; 21st in Md.</i>
15	—	1	Aaron Martens, Castaic, Calif. <i>Young phenom won BASS Calif. Invitational</i>

These ratings of America's top tournament bass pros are based on Tim's opinion of their talent, knowledge, experience and most recent tournament performances.

A weekly guide to sports in the wild, including the professional bass fishing tour

# Outdoors

©Longwing Publications Inc. Peter Gentile, Editor.

## THANKSGIVING REFLECTION



The real thing checks out the author's decoy in a North Florida field.

PHOTO © TIM TUCKER

# A Tom's Tale

## Hunting Provides a Path to Deeper Appreciation

By TIM TUCKER, Outdoors Writer

The wary old tom announced his presence at the first hint of sunrise.

From its roost in a century-old cypress tree about 50 yards away, the gobbler sounded off twice, a deep-throated response to a single strike on the caller box from the hunter's brushy blind.

But for some reason, the old turkey stayed in its roost for quite some time this morning, perhaps to avoid the damp ground from an overnight rain. The sun was bright and above the horizon by the time the turkey hit the ground and began working its way toward the sporadic calls that resembled a hen well enough to pique his curiosity.

Although male turkeys are not as lovesick and easy to fool in the fall as they are during the spring mating season, they still fall prey to the lusty allure of a calling female from time to time. And on this morning, it looked as if this particular old tom was going to cooperate.

But a funny thing happened on the way into gun range.

This gobbler had grown old by relying on its superior instincts and incredible eyesight, a combination that is often unbeatable. (The late and legendary hunter Fred Bear once said that if a turkey had a nose like a deer, it could never be killed by a human.)

Other humans had undoubtedly tried to fool this old tom in years past, and he wore the scars of those encounters in the way he approached the periodic calls from the blind. He was now in gun range, but his path toward the make-believe hen was so well shielded it was almost as if he planned his route. The scratching of his long-toed feet was audible at times and he occasion-

ally clucked — even gobbled fully — but where was he? This went on for 45 minutes, maybe an hour. Who knows? This is the part of turkey hunting that brings the blood to a boil, the unchoreographed dance between predator and prey that is fueled by adrenaline overload in both participants. It is an especially satisfying aspect missing from other types of hunting, this little bit of woodsmanship — fooling one of nature's wariest creatures enough to draw it within shotgun range.

It is during this time that the hunter is afraid to blink an eye, much less flinch a muscle. The old gobbler is close enough to have the source of the calling — the blind — within sight, so every move on the part of both man and bird is calculated. It is a time when your breathing becomes labored, your nerves become jangled and your perspiration flows like a stream.

Where is he? The sound of a spooked bird crashing through the brushy thicket alerted us that the old tom was finally showing itself. Seconds later, it lay sprawled on the sandy floor of the forest, a victim of its final mistake.

The old gobbler, all 20 pounds worth, will adorn our Thanksgiving spread this week, a centerpiece position that this great bird deserves. It will be an especially satisfying meal.

Although many of us sometimes wrestle with the question of why we hunt, it is times like these when I am completely at rest with my sport. Obviously, we didn't need this wild bird for our Thanksgiving feast. A Butterball would have sufficed. But I hunt for the same reason that apartment-dwellers grow tomatoes atop New York City rooftops. They could buy tomatoes at a local store, but choose not to.

I hunt to enjoy the aesthetic qualities of my sport, which includes the self-satisfaction that ends at the dinner table. For that I make no apologies. Let's bow our heads. We give thanks.

## FIELD GUIDE Wild Turkey

**Scientific name:** *Meleagris gallopavo*  
**Size:** Male, 48 inches tall; female, 36 inches.  
**Habitat:** Woods, mountain forest, wooded swamps.  
**Range:** Eastern and Southwestern U.S. to northern Mexico; has been reintroduced or restocked over much of the continental United States.

## YOUR SPORTS

# Marathon Man Puts His Mettle To the Pedal

By STEVE GUST

Don Norvelle, 61, has all the dedication and determination of a marathon runner. The difference is, he tests his endurance on wheels.

Sure, lots of people are into biking. Many of them like looking good on the weekend in tight spandex shorts and aerodynamic helmets. For them it's a fitness hobby. For Norvelle, it's a passion.

He rides his bike and he rides it a lot. "An average ride is about 75 miles," Norvelle said.

Although he's always been interested in bicycles, it wasn't until he was 50 and working as a professor of mechanical engineering at Oklahoma State University in Stillwater that he discovered what has become almost a religious pursuit.

Few are called to this kind of pedal zealotry. The ones like Norvelle who have the fever can join the Ultra-Marathon Cycling Association. The organization estimates that it has 1,200 members in 15 countries. Norvelle's trainer, John Hughes of Boulder, Colo., said the UMCA was founded by people who "enjoyed riding their bikes farther than most humans can imagine."

One of Norvelle's favorite annual events is the Pacific Atlantic Cycling Tour. Most people would never dream of attempting it, but Norvelle loves every second.

The ride starts in Everett, Wash. and ends 25 days later in Williamsburg, Va. Each day, the bikers cover an average of 140 miles. The continental quest covers about 3,365 miles.

"It's the only time I can eat 8,000 calories a day and still lose weight," the 155-pound Norvelle said.

He's not sure of the exact day when biking consumed him. In 1988 he found himself riding his bike more and more around the campus and town of Stillwater, north of Oklahoma City.

"I look back now and laugh a bit," he said. "There's a lake about nine miles from here. I'd go out there and get tired. It's hard to believe now."

It's a sport that he does mostly by himself. There aren't that many people who will take off on a whim and go pedaling 75 miles. For the professor, it's just him against the road — although the weather is also a factor.

"Hot conditions are probably harder than cold ones," he said. "It really becomes difficult to keep putting lots of fluids in your body."

Rain can also be a challenge. "Light or moderate rains aren't bad," he said. "They tend to cool you off. It's the heavy rains that can stop you."

It was just such a downpour that stopped him from going from one border of Oklahoma to another and back — 472 miles — the last weekend in October. As it is, he made it from Kansas to Texas, well over 200 miles, in 15 hours, 20 minutes.

He'll try again in the spring. Until then, Norvelle will enjoy the training, despite the occasional hazard. Like the armadillo that popped out on him once. He ran directly into it and spilled out.

"I got some road rash from that," he said. Nevertheless, he gets lots of pleasure from pedaling. Being out on the road allows him a chance to get away from it all and enjoy the outdoors.

"I get into a zone," he said. "It's hard to say what I'm thinking about. I sing a little to myself, and it's a feeling I enjoy."

Steve Gust is a newspaper writer in Edmond, Okla.

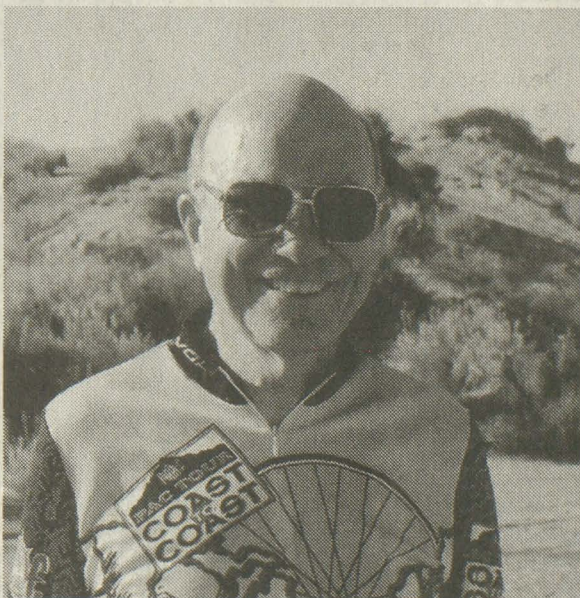


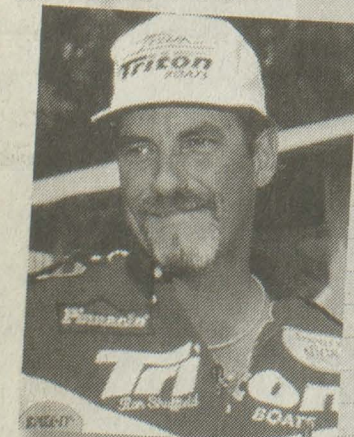
PHOTO COURTESY OKLAHOMA STATE UNIVERSITY

Don Norvelle sports a souvenir shirt from one of his cross-country rides.

## WRITE TO US

The Outdoors page is published weekly by Longwing Publications Inc., P.O. Box 15045, Sarasota, FL 34277. If you have a question that you would like Tim Tucker to answer on this page, write to him in care of Longwing Publications. Sorry, no phone calls.

## Tips From the Pros



RON SHUFFIELD is a five-time winner on the BASSMASTER Tournament Trail and an 11-time qualifier for the prestigious BASS Masters Classic. He lives in Bismarck, Ark.

### Lipless Crankbait a Versatile Lure

"Lipless crankbaits like the Rat-L-Trap are among the most versatile bass lures known to man. For me, they are a year-round bait. Although I think the Rat-L-Trap is at its best during pre-spawn, post-spawn and the fall, I experiment with it year-round. And I often am surprised by its ability to attract fish.

"A lipless crankbait, to me, has always been a reaction bait. That's why I really like it when the big fish move into shallow water — particularly if that water is off-colored.

"I think most of my fellow pros would agree that vegetation is where a Rat-L-Trap really shines. It is also a good locator lure when the fish are staging out on the flats in the spring or running shad in the fall of the year. No lure is better suited for locating fish scattered out on the flats because you can cover a tremendous amount of water with it and actually call bass to the bait."

"It's just a highly versatile lure."

## GEAR AND GOODIES

### MotorGuide Offers High-Performance Batteries

It has only been in the last few years that America's freshwater fishermen have paid serious attention to their battery power. But as trolling motors grew stronger and more powerful, boats began carrying three or four batteries to accommodate the

electric motor and outboard. Today, top anglers want high performance out of their trolling motor batteries. And that has led to the development of a whole new genre of marine deep-cycle batteries like MotorGuide's new Thermoil batteries.

formula in which a special oil mix replaces part of the sulfuric acid inside the cells.

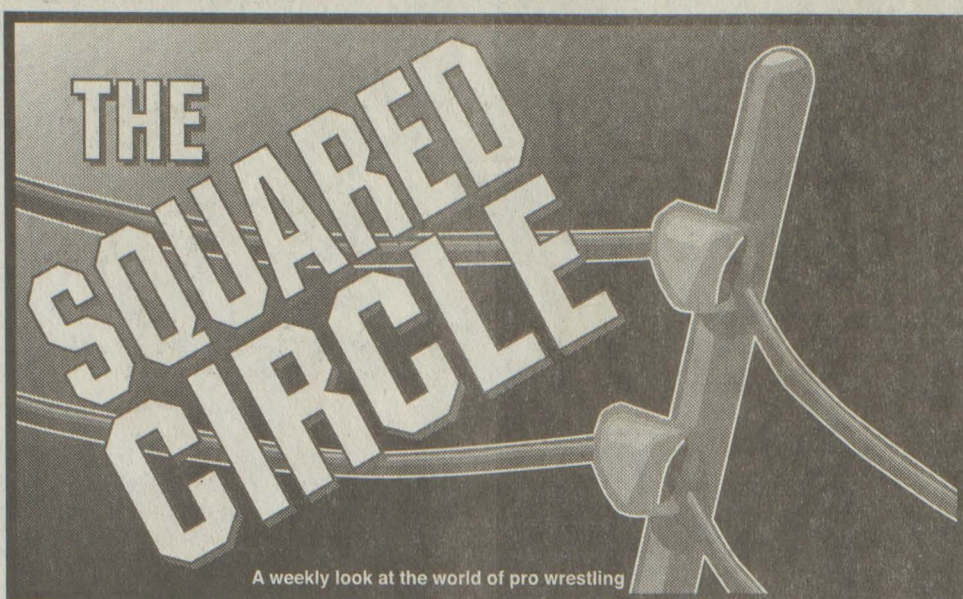
Company officials say that the Thermoil mixture serves as a lid to help contain the remixture of hydrogen and oxygen gasses, return water molecules back into the cell, and eliminate the gassing associated with lead-acid batteries. Gassing is the escape of hydrogen and sulfuric-acid fumes during routine charging or discharging, which can cause corrosion or even fire.

The batteries come with a 12-month free-replacement warranty.

— Tim Tucker

For more information, call Zebco/MotorGuide at (918) 836-5581.





A weekly look at the world of pro wrestling

**TOP 10**

1. The Big Show, WWF
2. Bret Hart, WCW
3. The Rock, WWF
4. Mike Awesome, ECW
5. Triple H, WWF
6. Rob Van Dam, ECW
7. Jeff Jarrett, WCW
8. Sting, WCW
9. Lance Storm, ECW
10. Chyna, WWF



■ DANNY DORING ■ BRETT HART

Look for: ECW to elevate Danny Doring to the next level of competition.

**PAY-PER-VIEW**

- WWF, Ft. Lauderdale, Armageddon, Dec. 12
- WCW, Washington, D.C., Starrcade, Dec. 19
- ECW, Guilty As Charged, Jan. 9, site TBA

**MAILBAG**

Tell us what you think about professional wrestling, its stars, trends and story lines.

Give us your feedback on wrestlers or issues you'd like to see on this page.

Also, if you have a question or comment about a subject, write to us at The Squared Circle, c/o Sports, News Journal, 70 W. Fourth St., Mansfield, Ohio 44903. You can fax it to us at 419-521-7415 or e-mail to aconchel@cosmg.com. Please include your hometown.

Dear Squared Circle,  
My top 10 list:

1. Steve Austin
2. Rey Mysterio Jr.
3. Goldberg
4. Sting
5. The Rock
6. Road Dogg
7. Buff Bagwell
8. Billy Gunn
9. Triple H
10. Chyna

— Amanda Hudson  
Wiggins, Miss.

Dear Squared Circle,  
My top 10:

1. Sting
2. The Rock
3. Steve Austin
4. Goldberg
5. Ken Shamrock
6. Rey Mysterio Jr.
7. Mankind
8. Buff Bagwell
9. X-Pac
10. Chyna

Also, what are the real names of The Rock, Rey Jr., Konnan and Shamrock?

— Justin Stronebraker  
Lumberport, WV

A. They are Dwayne Johnson, Oscar Gutierrez, Charles Ashenoff and Ken Shamrock.

Dear Squared Circle,  
Here is my top 10 list:

1. The Rock
2. Steve Austin
3. Bret Hart
4. British Bulldog
5. Chris Benoit
6. Chris Jericho
7. Sting
8. The Big Show
9. The Undertaker
10. The Hardy Boys

— Kevin Fournier  
Kenora, Ontario

**FEUD OF THE WEEK**



Chris Jericho vs. Chyna, WWF

**CATCH PHRASES**

"I'm buff and I'm the stuff."

— Buff Bagwell

**IN THE SPOTLIGHT**



■ The Big Show, aka Paul Wight, recently captured the WWF gold.

**CANCER ANGLE  
CROSSED LINE**

By Anthony Conchel  
Squared Circle Editor

Paul Wight gave up a lot to become a professional wrestler. The man known as The Big Show had liposuction and lost nearly 70 pounds.

In order to be a more attractive physical specimen he even shaved his chest at the request of WWF officials. These cosmetic moves would make Wight a more marketable persona, he was told.

He obliged by losing the weight and the body hair. "This is a body business," admits the 7-1, 470-pounder.

But it shouldn't be a mind business. Not content with just a physical makeover, he then had to pretend to lose something more significant on camera — his father.

Recently the World Wrestling Federation used an angle that had Wight's real-life father dying of cancer. Wight was shown agonizing over the bad news. He even cried when he was told by a police officer prior to a match that his dad had passed away from the dreaded disease.

Problem is, Wight's father succumbed to cancer three years ago.

Bad idea, WWF. Bad taste and a bad storyline, no matter how you spin it.

On the Nov. 8 "Raw Is War" the WWF even had the audacity to hold a 10-bell salute to Wight's father, who reportedly had died over the weekend. Later they staged a mock funeral.

This made the angle even more tasteless since the 10-bell salute traditionally is reserved for actual deaths, not ones used in storylines.

I can handle the sexual references and I can stomach most of the bizarre storylines, but this time the WWF went too far. And I'm not alone in this belief. The Internet has been abuzz about this angle for the past several weeks, as many viewers are genuinely upset.

Nobody is defending the WWF on this one. Sorry, Vince, it was just a bad move.

It's bad for a number of reasons. First, it's just plain wrong to use cancer as an angle. This disease claims thousands of men and women every year.

Second, Wight already went through real suffering when he lost his father. Why make him relive it again for the sake of Monday night ratings?

And finally, it's bad public relations for a company that has had its share of real tragedy this year.

Remember, it's only been six months since Owen Hart fell to his death in Kansas City. And it's been just a few months since Darren Drozdzov suffered paralysis as the result of a move gone bad in the ring.

Apparently this ratings game has gotten so big that the promotion is willing to stoop to anything to retain its No. 1 position with cable subscribers, even if that means putting one of its top stars in the position that the WWF put Wight.

The former Wichita State University basketball player went along with the angle. I don't know if he resisted or not, but I hope he did. I hope it made him as uncomfortable as it did me.

In an interview with Knight Ridder Newspapers, Wight extolled the virtues of working in the WWF.

"This (wrestling) is more than just a job. It's like I have a family here. I couldn't ask for much more."

Let's hope The Big Show still feels that way after this terribly scripted angle. His reward: They let him win the WWF title at Survivor Series on Nov. 14.

**MAT MEMORIES**

A look back at memorable moments in pro wrestling history:

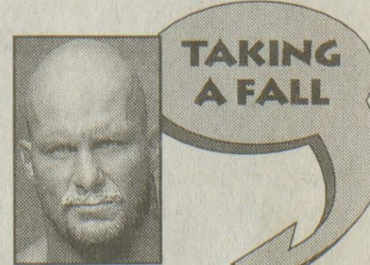
■ June 25, 1989: Boxer Leon Spinks loses to wrestler Greg Wojkowski in Toledo, Ohio.

■ March 17, 1976: Light heavyweight great Danny Hodge suffers a broken neck in a car wreck in Monroe, La., and never wrestles again.

**WHO'S HOT/WHO'S NOT**



**Chris Benoit:** The Canadian Crippler is getting a huge push from Vince Russo and Ed Ferrara. And it's long overdue for this hard-working grappler.



**Stone Cold Steve Austin:** With a neck injury reportedly nagging him, look for The Rattlesnake to be on the shelf for a few months at least.

**AFTER THE BELL**

News and gossip from the wrestling world:

■ Rey Mysterio Jr. will be getting reconstructive knee surgery. He is expected to be out of action for six months. But after recuperating from the operation, he's expected to be back on WCW television.

■ A proposed angle has Curt Hennig and other veteran WCW wrestlers banding together to stop the crash TV segments. The wrestlers that will be approached about the program include Hennig, Larry Zbysko, Ric Flair and Hulk Hogan. They could feud with the younger guys, namely the Filthy Animals, or even The Outsiders.

■ With the departures of Vince Russo and Ed Ferrara, Vince McMahon has mainly been scripting WWF television angles and on-air storylines. He receives a lot of input from Pat Patterson, who has also been credited as being the man who comes up with many of The Rock's catch phrases.

■ Barry and Kendall Windham were released from their WCW contract. They may be offered to attend shows and get paid per appearance, as most other released wrestlers have been doing.

■ Vito LaGrasso has left ECW for WCW. He'll be working with the Disco Inferno as a Mafia-type hitman who is supposedly collecting money that DI owes the mob. Taking LaGrasso's place with Da Baldies is Vic Grimes, who is working for ECW on loan from the WWF.

■ Marissa Mazzola, who occasionally does WWF interviews, is really Marissa McMahon, Shane's wife.

■ Lance Storm hasn't signed his ECW contract yet, but it should be completed any time now, possibly by the next few days. Raven just signed a new deal with ECW. Storm also has been suffering from ear and throat infections the past few weeks.

■ The Rock's autobiography will hit stores around Jan. 5.

■ Taz, who will debut in the WWF in January, sent his condolences to the family and friends of Boston Bad Boy Tony Rumble, who died on Nov. 13. "Tony and I were very good friends for over 10 years. He was the first guy to put me on TV and he was very instrumental in the careers of many guys. I love him and I'm gonna miss him." Cause of the 43-year-old promoter's death is not known.

■ There's more talk that Shawn Michaels is returning to WWF television. Sitting at home and earning nearly \$200,000 per year is pretty nice, but apparently The Heartbreak Kid wants to get involved in actual storylines again. Gee, imagine that!

■ The guy carrying the "World Wide Filth/WWF is Immoral" sign will begin doing a Phil Mushnick angle soon. Mushnick, a New York sports writer, is a longtime critic of professional wrestling.

**COMING TO YOUR TOWN**

A look at upcoming wrestling shows across the country:



**WWF...**  
Dec. 6, "Raw Is War," Worcester, Mass.  
Dec. 7, "Smackdown!," Boston

**WCW...**  
Nov. 29, Denver  
Nov. 30, Vail, Colo.  
Dec. 1, Lincoln, Neb.

**ECW...**  
Nov. 27, Philadelphia  
Dec. 2, Atlanta  
Dec. 3, Warner Robbins, Ga.

**REAL NAMES**

Creative Control, aka Disciples of Apocalypse

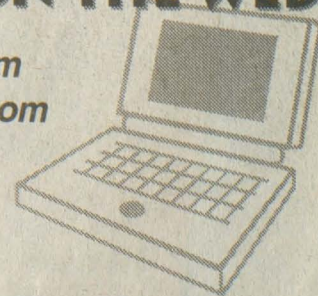
Don and Ron Harris

6-5, 265  
Hometown:  
Nashville, Tenn.

Born: Oct. 23, 1961

**WRESTLING ON THE WEB**

- www.wrestlezone.com
- www.wrestleScoop.com
- www.WWF.com
- www.WCW.com
- www.ECW.com
- www.bad-boyz.com
- www.1wrestling.com



If you know of a hot wrestling Web site, share it with Squared Circle readers. Send it to aconchel@cosmg.com

# KENTUCKY Wildcats

1999-2000

## Wildcats Stumble at Madison Square Garden

by Ed Taylor  
Sports Editor

No offense and 22 turnovers was more than the Kentucky Wildcats could handle as they dropped a 63-51 decision to another group of Wildcats — Arizona — in the championship game of the National Invitational Tournament Friday night.

The only offense the Cats could find on this night was in sophomore Tayshaun Prince. Very little came from the rest of the team as they were several mental turnovers on the part of Kentucky.

Arizona won the tournament for the fourth time and has never lost a championship game in the NIT.

Kentucky struggled from the floor but there horrible from the charity stripe. The quicker Arizona Wildcats owned the base line against Kentucky getting basket after basket.

The loss was the first of the season for Kentucky, who appeared frustrated most of the game. Coach Tubby Smith gave the indication, by expressions, that he had given up early on the Cats as the minutes dwindled away.

Freshmen guards Gilbert Arenas and Jason Gardner riddled the Kentucky defense with quick steps to the basket and three-point shooting.

Jules Camara had four of the seven Kentucky blocked shots. Marvin Stone had two and Jamal Magloire had one.

The Cats had problems getting the entry pass to the middle.

Kentucky plays at Cincinnati Gardens when they face Dayton Monday night. The game will be carried by ESPN2 with tip off time scheduled for 7 p.m. A date with the Indiana Hoosiers awaits the Cats Saturday, December 4.



Desmond Allison

## First four games shows the weakness of Kentucky

by Ed Taylor  
Sports Editor

The Kentucky Wildcats just completed the first four games of this year's basketball schedule and the most points scored in one game was a total of 61 against Maryland.

The low output is an indication that Kentucky has not gotten scoring from the outside, all has come from the paint area. Keith Bogans, Todd Tackett, J.P. Blevins and Saul Smith have failed to contribute as they were expected.

Smith has turned the ball over in all three games but had only one against Utah in game two. Blevins appeared against Maryland and played well. Tackett has not really looked for his shot.

Turnovers have plagued the Cats the first four games, with a season high 22 against Arizona in the finals of the NIT.

Look for Tubby Smith to take some of the players to the woodshed and even replace them in the line up. Magloire looked very frustrated against Arizona Friday night.

Point guard is a troubled area for Kentucky and if they are to contend or be a contender, they must get strong play from the point guard position.

Bogans had 17 points against Maryland but was almost non-existent against Arizona.



Saul Smith  
w/John McClougherty

## Stone, Bogans are all they were expected to be

by Ed Taylor  
Sports Editor

The Kentucky Wildcats are a very, very young basketball team. Seven of the 10 players they have are either sophomores or freshmen.

Two of those are freshmen Keith Bogans and Marvin Stone. Both players came to UK as Blue Chip players and both have lived up to that which was expected of them.

Stone has gotten national attention quickly and has become a fan favorite with UK fans. He is a solid player on offense and can "swat the ball" with the best of them.

Would next year be the final one for Stone as a sophomore?

The word around here is that he will move on to the NBA after next season.

Jules Camara, just a sophomore will become one of the top college players to play at UK. He is a "swat-ter" as well and can hit the outside shot.

You have to like the way Tayshaun Prince has developed as a player and he too is just a sophomore. If his scoring pace continues, you will have seen the final year at UK for him.

Desmond Allison has struggled in the first four games, but he showed signs of coming around against Arizona. Look for Allison to get better and more involved in the UK offense.

J.P. Blevins and Todd Tackett are also just sophomores. Both are being used this year, but perhaps not as often as they would like. Blevins has looked impressive in running the team. Tackett just doesn't look for his shot.

Indiana, Maryland, Louisville and Michigan State are coming up in the closing weeks of December.



Marvin Stone

### November

17	Pennsylvania NIT	W	ESPN
19	Ark. St./Utah NIT	W	ESPN
24	NIT Semifinals	W	ESPN
26	NIT Finals	L	ESPN
29	Dayton		

### December

4	Indiana	CBS
7	UNC-Asheville	UKTV
11	Maryland	ESPN
18	Louisville	CBS
23	Michigan State	ESPN
27	Alaska-Anchorage	ESPN
30	Missouri	FOX

### January

5	Georgia Tech	ESPN
8	Vanderbilt	FOX
11	Auburn	ESPN
15	South Carolina	TBA





**FLOYD COUNTY**  
**Lifestyles**



Serving Floyd County since 1927

**Cooking with common sense**

Story and photos by Pam Shingler

You can't just record June Rice's recipes straight-away. You get to listen to her commentary, and that's a bonus.

For example, here's her recipe for, oh, so delicious Angel Biscuits, adapted for quick and easy cooking, which is her specialty.

Heat 2-1/2 cups buttermilk for about 2-1/2 minutes in the microwave "til it's about as warm as a baby's bath water."

Meanwhile, put 5 cups self-rising flour in a bowl.

"I favor Hudson Cream Flour. I used to use another brand, but I think I like this better."

"I'm going to give you a batch of batter to take home. My mother told me if somebody gives you something, take it and thank them even if you're going to throw it away on the way home."

Add 1/3 cup sugar and two packages of dry yeast.

Stir with a wire whisk.

"There's a way to make this with soda, salt and cutting in the milk, et cetera, but I just cut to the chase."

Pour in milk and 3/4 cups canola oil. "I believe the heart people that it's best for your heart."

"Stir until you get it all stirred up."

Let it set in the refrigerator overnight.

Then take some out and roll it onto a floured dish. "I use a chocolate syrup can to shape the biscuits."

Bake at 425 degrees for 10 or 12 minutes.

"Everybody loves them, and you'll look like you worked all day."

Since she baked her first cake when she was eight years old, June Baxter Rice has been at home in the kitchen.

But she's also been a school librarian, a mother and wife, and an active church lady — in the most positive sense.

In her 74 years, she's learned to cut corners, shave minutes and adapt recipes to suit her needs and tastes.

She shares her experience and some of



Cookbook author June Rice looks through the old-time recipes she's received for her planned collection, called "Grandmother's Kentucky Kitchen." More important than the recipes is her commentary about the culture of the times in which the cooking directions were used.

her philosophy in a cookbook, "Common Sense Cooking," subtitled "for the cook on the run."

The book was published in 1992 and is still available from her or from Words 'n Stuff bookstore in Van Lear, among other outlets.

Her common sense and sometimes witty approach to cooking is obvious throughout the book. Just as she talks when she shares recipes, she comments on them in the book, making the reader feel she's sitting across the table.

With her fruit cobbler recipe, she admits, "This is so easy that I almost feel guilty when everybody thinks I slaved over it."

Accompanying Rice's pinto

eat every day for the rest of my life. When I was a child, we did have beans and cornbread almost every day."

In some added tips at the end of the book, she advises, "Burnt food is really ruined. You have to throw it away. Be sure to watch what you are doing."

For the last couple of years, Rice, who retired after almost 40 years with Paintsville High School, most of them as librarian, has been collecting recipes for another cookbook, this one to be called "Grandmother's Kentucky Kitchen."

"It's not supposed to be a book you're going to eat out of," she says, sitting in her welcoming, warm-colored kitchen in Paintsville's King Addition section.

She is collecting recipes followed by Kentucky farm cooks just this side of pioneer days when hard physical work used up most of the cholesterol and sugar that dog modern diners.

And it won't be just a cookbook. "I want to write a history of what we ate by season," she says, referring to the times when tomatoes were unavailable in winter and pork was.

"It used to be we didn't have fried chicken except in summertime," she explains. "The hens set in spring and chickens got frying size in July and August. By Thanksgiving, they were too big to fry, so they were baked or boiled."

Rice keeps the old-time

recipes she's collected in a big tin can. Most of them make liberal use of lard, butter and cream.

Some are for wild game, including one for 'possum that begins, "Kill it. Skin it. Take out guts. Cut off head." It was submitted by a friend in her hometown of Morgantown in western Kentucky.

The new book will most likely relate her memories of "making molasses, hog killing, and wringing chickens' heads off" — memories of growing up on a farm during the Depression and World War II.

"When cooking then, you had to know how to put wood in the stove and how hot it had to be to cook in — by feel," she recalls.

Now a diabetic with a plastic knee, Rice has to watch what she eats. But she thinks the fat and meat used in old recipes were less harmful when people worked hard in the fields and walked most places.

"I walked three miles to the post office back then, and now I get in the car to go a few hun-

dred feet," she confesses.

Rice does not shy away from modern conveniences. Her earlier cookbook makes frequent use of packaged mixes, canned soups and even Jell-O.

She does, however, prefer the old utensils, using iron as often as possible. Over the years, she's been invited to hundreds of weddings of former students and church youth group members. Her standard gift is an iron skillet with recipes in it.

The Johnson County woman has been cooking for most of her life, learning at her mother's apron hem. As a working woman, she had to learn the common sense approach, which

See **Cooking**, page two



**This Town That World**

*Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request. The following column was written in 1959.*

Count your blessings, one by one or otherwise...But count them.

We had hoped to muscle this newspaper through to completion before Thanksgiving, but at this moment it appears we will have to sample the turkey (without cranberries) on the lam. We are consoled by the thought that the Pilgrims didn't have cranberries, either, and that when they were obliged to snatch a bite and run there usually was a pesky red skin whooping it up, only a few yards back.

**SOCIETY EVENT**

This is how a society reporter for The Plymouth Rock Clarion might have written the story of the First Thanksgiving:

The ladies were beautifully attired for the occasion. Mrs. Governor Bradford was beautifully gowned, wearing a lovely silk dress imported from England, and His Excellency was equally resplendent in silver buckles at his knees, wearing a bright cockade on his hat and shoes that would have graced a ballroom floor. Dame Whittey and her sister, Dame Winslow, were members of the Governor's party which moved sedately down the path toward the meeting-place, where waited tables laden with venison, pumpkin pie, wild turkey, nuts, pies, cakes and home-baked bread. A sumptuous repast indeed.

The event was the highlight of the local social season, and was attended by the elite of the community. Those attending were: (including the name of each person present).

En route, three rude Indians were killed and dear Mr. Fortenay was hit by that fiendish weapon these savages contrive by putting a pointed flint at the end of a stick.

Before the lovely party dispersed all thanked God.

I wonder if, even today, the "lovely party" doesn't make the matter of giving thanks last on the program.

**I COULD DO IT, TOO!**

I have been giving with dire threats. The boys have been catching fish at Dewey Lake for two weeks now, and between showers Tuesday was one of the best days in a long while. I am threatening to put an end to the current fishing season, by returning to the lake myself.

**WHEN THE SHOOTIN' STARTS**

The would-be deerslayers will swing into action next Thursday, however, with guns, and that will do the job. Any angler who pokes his nose onto the No-Man's Land of Dewey Lake will be asking for a

See **Town**, page three



'Common sense' cook June Rice mixes batter for her version of Angel Biscuits. It's quick, easy and good — meaning it meets her standards.

**On second look**

**PostScript**

by Pam Shingler  
 Editor



Taking a second look at the book referred to last week, "Life Among the Hills and Mountains of Kentucky," I admit to being a little miffed at Dr. William Roscoe Thomas, the author. Although I got a chuckle out of it at

the time, Professor Thomas was awfully judgmental regarding his homeplace, Floyd County. He was most likely truthful, but in writing about the 30-some counties he defined as eastern Kentucky in the mid-1920s, he was far more harsh in dealing with Floyd.

In fact, for most of the other counties he offers little in the way of commentary, other than facts about the lay of the land, industry, resources, number of schools and churches and other demographic data.

When he writes of Floyd County, where his hometown of Allen is located, he begins to sound like the fire-and-brimstone preacher, unable to resist the temptation to condemn.

The other counties that he editorializes about come out looking quite admirable. You can't help wondering if his comments would have been as positive if he'd known those places as well as he did Floyd.

For example, he practically drools over Morgan County. "Its people are thrifty, hardy, honorable and law-abid-

ing. Nowhere could there be found a purer strain or better class of folks than those who comprise the population of Morgan."

Later, he adds, "The schools of Morgan (C)ounty will rank with the best in the country. Education is making wonderful strides, penetrating every neighborhood and infusing into the minds of the present generation the precepts and principles that go to make real men and women, God-fearing and law-abiding citizens... Few towns have better educational facilities than has West Liberty. Its high and graded schools are surpassed by none in the state."

Though not as effusive, he also praises Pike County. "Pikeville can with pride look to her splendid school system. The town has one of the best high school buildings in the state, (and) it also has the Pikeville Collegiate Institute."

Of the people of Knott County, he shows respect not given to his home folks. He writes: "People here, as at few other places, have come to the conclu-

sion that principle is more important than politics and they are voting accordingly."

Writing in the mid-1920s, he heaps praise on Hindman Settlement School: "It embraces the county. The county embraces it. Each is complementary to the other. To risk the offense of 'fine writing' and to pile simile upon metaphor, the threads of Knott County life are beautifully and deftly woven into the life of the school."

He is also admiring of Letcher County, pointing to its progress: "In the last sixteen years Whitesburg, Letcher (C)ounty and the mountains have made rapid strides in a commercial and social way. Development has brought better schools, good roads, fine churches, magnificent homes and a prosperous and contented people, with plenty of money and a will to spend it for the comforts, conveniences and luxuries of life."

Professor Allen is also impressed by

See **Postscript**, page three

**Christmas Concert coming up**

Prestonsburg Community College's Community Chorus will present its annual Christmas concert on Sunday, December 5.

The event is set for 3 p.m. at the First Presbyterian Church on North Lake Drive in Prestonsburg.

The chorus is under the direction of Becky Sublett, and the accompanist is Betty Sayre.

The concert is free and open to the public.



# THINGS TO PONDER

## Anger—controlling the tiger in your tank!

by Mable Rowe Lineberger, Ph.D.

Well, after the great combustion of last week, when I really reacted to not being able to adjust to someone else controlling my life, most "things" have calmed down. But, not completely!

Although many angry emotions were expressed at the time of the event, there were times that brief, passive-aggressive comments were thrown like darts. Of course, they were said in jest. (ha! ha!) The unsuccessfully suppressed, remaining anger kept raising its ugly head.

There I was, still responding like a true-blue human, whose feelings had been damaged by disappointment, when someone, who appeared to honestly mean and believe what she said, broke a "well understood" contract. Nonetheless, great efforts have helped to calm the inner beast and acceptance has finally begun to take its place.

Since I still seemed to need some "work" on the anger issue, I thought maybe there were others who might also benefit from looking at additional aspects of anger management.

As one might expect, the goal of anger management is to decrease your emotional feelings and the physiological arousal that anger causes. Big important flash—since you cannot do away with, avoid, or change the people and the things that enrage you, you can learn to control your own responses. Hey, man, like, be in charge of yourself and be responsible for your feelings and behaviors.

Wasn't it awful about those two women on the Alabama roadway? Do we need/have to go to that point, killing each other when we are so angry and cannot do what we want?

Many people in eastern Kentucky, often one family member to another, (such as in spouse abuse), are violent toward each other in an effort to control the other person inappropriately. Nothing like a "small" person using force to be in charge of their world.

Most likely, those of you who have a problem controlling your angry feelings are well aware of your situation. Do you notice yourself showing behaviors that seem out of control and frightening? You don't need a psychological evaluation to identify it, but just need to do something about it—the sooner the better.

Characteristics have been found as to why some people are more angry than others:

- "hotheads"—some people really get angry more easily and more intensely than the "normal" person;
- "moderate presentation"—there are those who do not show their angry emotions in a grand performance, but are chronically irritable and grumpy; and
- "quiet mad sulkers"—these folks may be easily angered, still do not display noisy, angry fits, but withdraw socially, sulk, or get plain physically ill.

Those individuals who are "quick to anger" have what is called a low tolerance for frustration; they often feel that they should not have to experience frustration, inconvenience, or annoyance. They just cannot take things in stride and are particularly infuriated of the situation. This seems somehow unjust. But who said that life was fair?

Several factors have been found to contribute to one person being more easily angered than another person. One cause may be genetic or physiological. Some youngsters are born irritable, touchy, and easily

angered, and signs appear at an early age.

A second cause may be sociocultural—since anger is frequently labeled as a "negative," we are not taught how to cope with it or channel it appropriately, as we are other feelings, like anxiety or depression.

A third cause can be the influence of family background as an important role to anger; i.e., "birds of a feather flock together." Seriously, people who are easily angered, typically come from families that are disruptive, chaotic, and not skilled at communicating various emotions in constructive ways.

"Let it all hang out" is now considered a dangerous myth and may be viewed as a license to harm others. "Letting it go" with your anger actually sparks anger and aggression. This does nothing to help either side resolve the situation.

Ideally, find out what triggers your anger. Then, create strategies to keep those triggers from being in charge of you and your reactions.

The following are some brief examples of strategies that are useful in keeping anger in proper check.

- Relaxation: Learn simple relaxation techniques, such as deep breathing and relaxing imagery, to help decrease angry feelings. In cases where both partners in a relationship are hot-tempered, both need to learn these methods together. Practice your relaxing routine daily so that you are re-conditioned and can respond automatically when in tense circumstances.
- Cognitive Restructuring: Simply, change the way you think. Instead of using colorful, exaggerated, and

overly dramatic remarks, try replacing these thoughts with more rational ones. Substitute "isn't it awful" with "it's OK to be upset at a time like this. It's not the end of the world." Don't go on the attack by saying, "You're always late." Instead, think of what you want to accomplish; try to find a solution together or set your meeting early next time on purpose.

Either way, the problem is corrected and your friendship is intact. Don't forget, getting angry will not solve anything. Getting angry will not make you feel better, but it will probably make you feel worse.

Hopefully, by restructuring thoughts, angry people become aware of their demanding nature and reword their expectations into desires. Not getting what you want leads to normal reactions—frustration, disappointment and hurt. Angry folks often use anger to avoid feeling hurt, but the hurt does not go away.

- Problem Solving: Since all anger is not inappropriate, it is frequently a healthy, natural response to very real and inescapable problems of life. Most often, the best attitude is not to focus on finding the solution, but how you can cope as effectively as possible and face the problem. Make a plan, check your progress, and give it your best. You are less likely to lose patience and more likely to accept your doing what you can.
- Better communication: When "heated up," stop, think and listen to yourself! Listen carefully to the other person and take time before answering. Don't get defensive and don't fight back. Remember, it takes

two to have an argument or to fight.

- Using humor: "Silly humor" helps to defuse rage, i.e., you get a more balanced view. However, do not try to "laugh off" your problems, but use humor to face them more constructively. Also, don't dish out harsh, sarcastic humor—another form of unhealthy anger expression. Refuse to take yourself too seriously, even though anger is a serious emotion.
- Changing your environment: Give yourself a break and space away from the setting that tends to contribute to undue stress, i.e., take 15 minutes immediately after work for that transition to the busy routine of evening home life. To ease up on yourself watch your timing of events, avoid situations for periods of time that you can't change, and find alternatives to patterns that stimulate anger and frustration.

How does your anger level measure up? What habits do you have that you can adjust? You may need counseling if your anger is really out of control and it is having an impact on your life. Find ways to learn how to handle it better. Research has shown that a highly angry person can move closer to a middle range of anger in about 8 to 10 weeks, depending on circumstances and techniques used.

Do what you can to help yourself. If someone keeps "swallowing" their anger outbursts, they have problems as serious as you do. Both need to make healthy changes, perhaps together.

## SOMETHING DIFFERENT...

### A Hanukkah treat from Italy from the American Institute for Cancer Research

Making latkes, the thin pancakes fried in oil which are traditionally served at Hanukkah, should be a joy, but I find it a chore. I do not care for the tedious job of squeezing the moisture out of enough shredded potatoes to feed a crowd, for the discomfort of weeping as I grate onions, and I don't like being stuck in my small apartment kitchen, slaving over two skillets, while everyone at the dining room table enjoys hot, crisp latkes.

But I do love fried food, and Hanukkah provides a perfect excuse to indulge because the oil used is symbolic of the miracle at the heart of this joyous holiday. (This miracle is that oil which was just enough to burn for one day in the sacred lamp in the ancient temple in Jerusalem, lasted for eight days and nights.)

So this year I researched to find an alternative to latkes. It would not be the yeasty fried jelly doughnuts served in Israel to celebrate Hanukkah, or the aromatic Moroccan couscous with fried chicken served by Moroccan Jews.

Seeking something more like a latke, I ultimately read a fascinating book, *Cucina Ebraica*, by Joyce Goldstein. She is a San Francisco-based chef who presents the rich heritage of Jewish Italian cooking, including dishes like fritelle de zucca, squash fritters from Venice. They are the perfect variation from a latke.

I modified Goldstein's recipe to cut back on fat. Instead of enriching the batter by cooking fresh butternut squash in milk, I use frozen cooked squash and omit the milk, and cut back to just one egg. As an alternative to roasted pine

nuts, I like the way chopped dried apricots add flavor, but no fat.

I can make the whole batch, holding the cooked fritters in a warm oven, then sit down and share them with my guests. They stay crispier than latkes do in the oven. Leftovers even taste good when cool and pleasantly chewy.

#### ITALIAN SQUASH FRITTERS

12-ounce package frozen butternut or winter squash  
3/4 cup flour  
1 teaspoon baking soda  
Pinch salt  
1 egg  
1/4 cup sugar  
Grated zest of 1/2 orange  
1/4 cup golden raisins  
1/4 cup chopped dried apricots  
1/4 cup peanut oil, for cooking  
1-2 tablespoons confectioners sugar  
In a medium saucepan, cook the squash according to package directions.

With the pot over medium-low heat, mix the flour into the squash, using a wooden spoon. Cook, stirring, until the mixture is thick and there are no lumps.

Mix in the baking soda and salt, then the egg, stirring until it is well combined. Mix in the sugar, zest, raisins and apricots. Remove the pot from the heat and let stand 15 minutes. The batter will be velvety and elastic.

In a medium, non-stick skillet, heat 2 tablespoons of the oil over medium high heat. Drop the batter, a scant teaspoon at a time, into the hot oil. Cook 8-9 fritters at a time, until they are dark brown on the bottom, about 2 minutes. With tongs, turn the fritters, pressing them into coin-size disks with the side of the tongs. Brown well, 2-3 minutes. Transfer to paper towels. Add the remaining 2 tablespoons of oil as needed during the frying.

Arrange the warm fritters on a serving plate and sprinkle with the confectioners sugar. Serve immediately.

Each of the eight servings (6 fritters per serving) contains 173 calories and 6 grams of fat.

"Something Different" is written for the American Institute for Cancer Research by cookbook author, Dana Jacobi, who also created the recipes for AICR's book, *Stopping Cancer Before It Starts*.

## Cooking

(Continued from page one)

she also picked up from her mother.

She met her late husband, Harold Rice, who was from Van Lear, when both were in school at what is now Western Kentucky University in Bowling Green. They married in 1950 and moved to Paintsville, where he worked as a drafting teacher at the then-Mayo State Vocational School and she as a teacher and librarian at Paintsville High.

They moved that same year into the small house where she still lives and which grew over the years, thanks to Harold's carpentry skills. They raised three children, scattered now "from sea to shining sea"—Seattle, Louisville and Washington, DC.

Her husband died in 1996 after suffering from the slow decline of Alzheimer's Disease for more than 15 years.

The family's second home was Liberty Baptist Church at Denver in rural Johnson County, and the "common sense" cook remains active there. For years, she taught Sunday School and led youth groups. Now, she serves as church treasurer.

She also keeps busy statewide with the Women's Missionary Union and the board of the Western Recorder, magazine of the Kentucky Baptist Convention.

Cooking has been one of the ways the busy woman has communicated her love to family, friends and colleagues.

The most frequent response she gets to her weekly column in the Paintsville Herald has to do with this part of her life. "I write about everything in my column, but I get the most compliments from recipes," she says.

Rice is still accepting old-time recipes for her forthcoming book. Send them to June B. Rice, 117 Laurel Lane, Paintsville, KY 41240.

With her permission, here are some recipes from her "Common Sense Cooking," with her running commentary. You'll see how common sensical she is.

#### "Killed" Lettuce and Onions

Fry 6 strips of bacon until crisp. Remove bacon and crumble. Set aside. Leave bacon fat in the skillet.

Wash and dry two bunches of leaf lettuce. Cut up in a bowl that will withstand heat. Clean and cut up four green onions, including blades. Add to lettuce. Slice four radishes paper-thin (optional). Add to greens.

Add crumbled bacon and 1 tablespoon of vinegar. (Bacon and fat will salt the dish.)

When everybody is seated at the table, heat the

bacon fat smoking hot and pour over greens. Stir and serve hot. The grease will congeal if you let it get cold.

Of course, this is a cholesterol-watcher's horror, but this was always the first salad we had when the garden began to produce. Now you know how to make it, even if you are too chicken to eat it.

#### Pinto Beans

Wash and check for blemished beans.  
2 cups pinto beans  
Put beans in kettle with enough water to cover.  
Boil for five minutes.  
Let set for one hour.  
Take beans out of water.  
Pour out water.  
Return beans to kettle.  
Add four strips of bacon, 2 teaspoons salt, water to cover beans.

Boil until tender, stirring occasionally and adding hot water if the beans boil dry. It will take at least an hour.

OR  
Skip all of the above. Open and heat a can of Luck's Pinto Beans. Use whatever size you need.

#### Pickled Beets

2 cans sliced beets  
3/4 cup beet juice  
3/4 cup sugar  
3/4 cup apple cider vinegar  
Drain beets, saving 3/4 cup of juice.  
Heat beet juice, vinegar and sugar to boiling point in glass or stainless steel container. Do not boil. Add beets and bring to boil again. Store covered in refrigerator. This is the condiment of choice to serve with pinto beans.

#### June's Easy Biscuits

1 cup self-rising flour  
1/2 cup buttermilk  
1/4 cup oil (or less)  
Mix together. Turn out on floured board. Pat or roll to 3/4 inches thick. Cut out. Turn over in oil. Bake in black iron skillet 8 to 10 minutes in a 450-degree oven or until done. Makes about 10 biscuits.

This is easier for me than to open a can of biscuits and bake them.

Zoë wins a copy of the terrific book *The Best of Beakman & Jax*.

**YOU CAN** by Jax Church

Dear Jax,  
How can I bad bulb make the whole string of tree lights burn out?  
Zoë Montrose  
Salt Lake City, Utah

Beakman & Jax  
P.O. Box 30977  
Kansas City, MO 64112

**SIZE DOESN'T COUNT; CONNECTION DOES**

The big kind of light hardly ever messes up. But it's not the size or shape of the bulb that's important. Instead it's the way the bulbs are connected to each other that makes them easier to light up. Try loosening one of two bulbs from a string of these bulbs, and the rest of the tree will stay lit. That's because they are wired together in a way that protects the loop—the loop electrical energy must flow in.

This smaller mini light is the kind that causes lots of problems. They are usually wired together more simply—which costs less. But it also creates lots more places to break the electrical loop.

Dear Zoë,  
Sounds to me like you've had a bad experience with a whole string of tangled lights that refused to shine just because one measly bulb was burned out or was loose.  
When electrical energy flows, it must flow in a loop. Cheesy lights lose their loops.  
The lights that black out on you are wired together so that every bulb is a part of every other bulb's loop.

Jax Place  
Jax Place

We can get all upset at lights that don't light. Look at the red line. It represents the flow of electrical energy. If just 1 light bulb is loose, the flow of energy is interrupted and the whole string goes out.

Meanwhile, these bulbs are wired so that the loop is protected no matter what happens to an individual bulb. Bulbs like this cost a bit more. But the aggravation they save is worth it.

© 1999 Jax Church — Dist. by Universal Press Syndicate 12-12-99 www.beakman.com

## Postscript

(Continued from page one)

Breathitt County: "No county in the state has better schoolhouses than Breathitt, every district being supplied with a modern building modernly equipped."

Of Louisa in Lawrence County, he fairly gushes: "The town is beautifully laid out and has asphalt streets and beautiful walks and many costly structures, both business and residence. The town has a wide-awake interest and spirit of civic pride, both educationally and religiously."

Though he does not elaborate, he is briefly complimentary of Clay County. "The old feud spirit which existed some twenty years ago has long since died out and the county, morally speaking, is good," he writes.

Commenting on Richmond in Madison County, he says, "It is a handsome town, with a thriving, wealthy, intelligent population..." Perhaps in choosing to chastise Floyd County, the professor was being as human as we all tend to be. Don't we usually criticize those we love the most? Because we love them, we want them to be the best they can be.

Perhaps Dr. Thomas was most critical of Floyd County because it was his home and he loved it.

Yet, it still hurts to read his harsh words about Floyd in the midst of his kind words about the other places.

## Town

(Continued from page one)

strike he didn't bargain for, with hunters blazing away with rifles from the surrounding mountainsides. Some of the more cautious citizens of Prestonsburg may be wearing helmets by this time next week.

Pass the cranberries! Why should anybody who smokes be afraid of cranberries?

## MSU crafts market Saturday

Morehead State University's Appalachian Christmas Arts and Crafts Market will be held on Saturday, December 4, from 9 a.m. to 5 p.m., in the Laughlin Health Building.

More than 100 exhibitors are expected to participate in the market which will feature a variety of crafts appropriate for gift giving during the holiday season. Among the items for sale will be baskets, glassware, photographs, Christmas decorations, paintings and pottery.

"The market will have a lot of Christmas crafts but there will be much more for purchase," said Georgia S. Grigsby, MSU marketing coordinator. "Almost anything in the crafts line will be available."

Demonstrations of a number of crafts, such as meal grinding, will be ongoing through the day. There will be a variety of foods from which to choose.

Admission is \$2 per person. Additional information is available by calling 606/783-2204.

## Briefs

### Homecoming Queen

America's Homecoming Queen Inc., a non-profit organization, promoting education, educational travel and non-violence in schools, will celebrate its 20th anniversary in 2000. Many special events will be held throughout the country for the 1981 through 2000 High School Homecoming Queens. If you were a high school homecoming queen during this period, phone 901/794-8680, fax 901/795-3989, e-mail, Telee @ pacbell.net or write 6135 Mt. Moriah, Suite 111, Memphis, Tennessee 38115.

### Energetic volunteers needed

The West Virginia Chapter of the National Multiple Sclerosis Society is looking for a few good volunteers to serve on the MS Walk committee. The MS Walk committees are formed in sites where the chapter holds MS Walks. Volunteers for the committee help plan the walk and execute it on day of event.

Anyone who is energetic and wanting to help may join. This is an excellent way to work with the community and make a difference for people with multiple sclerosis.

For more information on joining the committee, or about the MS Walk, contact Karen Linville at 304/343-5152, or toll free at 1-800-628-5645. The chapter may also be reached through email at info@nmss-wv.org.

# Good Food, Good Health

## After the feasting...

The next best thing to Thanksgiving dinner is Thanksgiving leftovers. All of that wonderful turkey can be savored in new ways the second time around.

Make a spicy potful of turkey chili using bite-sized pieces of cooked turkey meat, white beans, lima beans, chopped mild green chilies, sliced onion, minced garlic, chili powder, cumin, coriander, chopped fresh cilantro leaves, lime juice and chicken broth.

If turkey sandwiches are your favorite for the Friday after the big feast, jazz them up by serving sliced white meat with sautéed onions and cranberry sauce on toasted walnut-raisin bread, or with

roasted red peppers and pesto on Italian bread.

Use chunks of turkey in a salad tossed with walnuts, apples, chopped green onion and a dressing of lowfat mayonnaise, lemon juice and lemon rind. Or make an Oriental salad with slivered turkey, sliced cucumber, red bell pepper strips, and sliced mushrooms. Top with a dressing made with soy sauce, chopped green onion, red wine vinegar, peanut oil and dry mustard. Sprinkle with chopped peanuts.

For a zesty turkey stir-fry, start by stir-frying broccoli florets, chopped scallions, red bell pepper strips, shredded fresh ginger and minced garlic. Add some pieces of your leftover turkey with some turkey stock and cook until the turkey is heated through. Meanwhile, mix additional stock, soy sauce, sesame oil, crushed red pepper and cornstarch. Add the mixture to the skillet and cook until the sauce is

boiling and thickened, then serve over rice.

Turkey curry is made by sauteing finely chopped onion, tart apple and garlic in a bit of oil until softened. Stir in curry powder, a little flour and some turkey stock (or chicken broth) and simmer. Stir in turkey cubes and cook until heated through. Then stir in plain fat-free yogurt and heat. Sprinkle with roasted slivered almonds and serve.

### TURKEY DIVAN

1 bunch broccoli  
2 tbsp. soft butter or margarine  
1/4 cup all-purpose flour  
2 cups lowfat milk (1%)  
3/4 cup shredded reduced-fat mozzarella cheese  
2 tbsp. freshly grated Parmesan cheese  
Pepper  
3 cups sliced cooked turkey  
Paprika

Preheat oven to 350 F.

Cut broccoli into large pieces; peel stems and quarter lengthwise. Cut into 3-inch pieces. In a large pot of boiling water, cook broccoli for 2 to 3 minutes or until tender-crisp; drain well. Place in ungreased 9x13" baking dish.

In saucepan, melt butter or margarine over medium-low heat; stir in flour until smooth. Whisk in milk; cook, stirring frequently, until thickened. Add mozzarella cheese and one tablespoon of the Parmesan cheese; stir until melted. Add pepper to taste.

Arrange turkey on top of broccoli; pour cheese sauce over and spread evenly. Sprinkle with remaining Parmesan cheese and paprika to taste. Cover and bake for 25 minutes. Uncover and bake for 5 minutes longer or until hot and bubbling.

Each of the six servings contains 242 calories and 8 grams of fat.

## FOR THE RECORD

### Suits Filed

Penny Lynn Isaac of Teaberry VS Brian Douglas Isaac of Bypro, petition for dissolution of marriage.

Jewell Dean Savage of Harold VS Fredrick Savage of Harold, petition for dissolution of marriage.

Zelda Thomsberry Hamilton of Martin VS Vernas Hamilton of Martin, petition for dissolution of marriage.

Conseco Finance Servicing Corp VS Gladys Holbrook of Blue River, collection of debts.

James M. Osborne of Prestonsburg, et. al., VS Lodestar Energy Inc, damage of property due to mining.

Esta Williams of Harold VS Hank Williams of Harold, compensation for injuries received during an automobile accident that occurred on or about February 19, 1999.

Sherrie Boyd of Dana VS Scottie Boyd of Dana, petition for dissolution of marriage.

First Guaranty Bank VS Mitchell Shepherd Jr of Eastern, et. al., collection of debts.

Jo Taylor Burke of Leander VS Billy Ray Burke of Flat Gap, petition for dissolution of marriage.

Jessica Lynn Spradlin of Prestonsburg VS Calvin L. Miller of Prestonsburg and the Floyd County Board of Education, compensation for injuries received during an automobile accident that occurred on Nov. 20, 1998.

Mary Jane Bentley of Allen VS Danny Lee Bentley of Prestonsburg, petition for dissolution of marriage.

National City Bank of Kentucky VS Kirsti Bailey of Prestonsburg, collection of debts.

Kristy Lynn Hemlock of Kite VS Gary Michael Hemlock of Prestonsburg, petition for dissolution of marriage.

Matewan Banks F.S.B. VS Stephen Anthony Scalf, et. al., collection of debts.

Dallas Harris of Allen VS Laurel Run Management Group, compensation for injuries received during an automobile accident that occurred on Nov. 19, 1998.

Paul David Tackett of Floyd Co VS Arnold Woodrow Carter of the Floyd County Board of Education, wrongful dismissal suit.

Tommy Wallen of Johnson Co, et. al. VS Robert S. Miller of Martin, compensation for injuries received during an automobile accident that occurred on or about Nov. 22, 1997.

Harlos Marshall of Langley VS Lfe R. Hall of Prestonsburg, et. al., compensation for injuries received during an automobile accident that occurred on Sept. 29, 1999.

### Dispatch Logs

#### November 12

8:05 suspicious person in Wal-Mart parking lot

8:46 suspicious person at Winn-Dixie

10:14 accident without injuries at Wal-Mart exit

10:30 alarm activated at PCC

10:41 motorist locked keys in vehicle at Moore's Barber Shop

2:29 suspicious vehicle at Sam an Tonio's

2:35 suspicious vehicle in city

5:00 car broke down on Village Dr

5:00 motorist locked keys in vehicle at Wal-Mart

7:05 loud music at Highland Terrace

9:15 DUI at Archer Park

11:36 vandalism on E Dingus St

#### November 13

10:27 persons drove off without paying on US 23 N

1:13 motorist locked keys in vehicle at Cliffside

1:17 suspicious person at Martin's

2:45 shoplifter at Family Dollar

3:09 911 hang-up call at Rite Aid payphone

6:28 theft related incident at Wal-Mart

6:40 motorist locked keys in vehicle at Jerry's

#### November 15

8:13 motorist locked keys in vehicle at

#### Rose's Citgo

8:32 motorist locked keys in vehicle at C&R Office Supply

8:39 motorist locked keys in vehicle at Justice Center

12:28 motorist locked keys in vehicle at entrance to Wal-Mart

12:34 motorist locked keys in vehicle at the Food Stamp office

1:48 motorist locked keys in vehicle at the Unemployment office

4:12 car broke down at the mouth of Abbott

4:36 motorist locked keys in vehicle at old Maloney's Bldg

9:53 accident without injuries at Tiger Mart

10:38 suspicious person at Archer Park

#### November 16

0:37 alarm activated at the Health Dept

8:52 alarm activated at Community Trust Bank

11:15 911 hang-up call at Collins Circle

12:01 motorist locked keys in vehicle at Cliffside

12:04 intoxicated person at Cliffside Apts

1:00 accident without injuries in Sally Gate lot

1:14 motorist locked keys in vehicle at MAC

3:20 theft related incident at Q95

3:32 accident with injuries at MCH

4:45 alarm activated on N Arnold Ave

6:08 911 hang-up call at Dixie Apts

10:35 assault at Job Corps

11:46 domestic dispute on S Highland Ave

#### November 17

9:39 motorist locked keys in vehicle at East KY Auto Detail

10:23 drug related incident at Cooley Apothecary

11:21 car broke down on Bert Combs Bridge

12:04 car broke down at 114/1428 lights

1:10 motorist locked keys in vehicle at PCC

1:15 suspicious vehicle on W Court St

2:14 motorist locked keys in vehicle at Ransdale

4:43 car broke down on 114

5:42 accident without injuries at entrance to Cliff

8:08 DUI on US 23

8:34 accident without injuries at Evergreen Bowling Alley

10:14 motorist locked keys in vehicle at Evergreen Bowling Alley

#### November 18

7:02 alarm activated on N Arnold Ave

9:28 reckless driver on KY 114

12:02 accident without injuries on N Lake Dr

4:49 911 hang-up call on N Lake Dr

5:57 motorist locked keys in vehicle across from Gold's

8:31 motorist locked keys in vehicle at Pizza Hut

9:32 suspicious person on Herald St

10:25 debris in road on S Lake Dr

11:57 reckless driver on Watergap Rd

#### November 19

8:54 car broke down at Wal-Mart lights

9:32 motorist locked keys in vehicle at Post Office

10:08 motorist locked keys in vehicle at Layne's Hardware

10:16 accident without injuries in front of Citizens Bank

10:44 drug related incident at Adams Middle School

12:45 accident without injuries at PCC

12:54 accident without injuries in Food City lot

1:41 accident without injuries at Food City lights

2:40 alarm activated at Justice Center

5:33 domestic dispute at police station

5:56 motorist locked keys in vehicle at Shoe Show

6:00 missing person at Cliffside

7:40 motorist locked keys in vehicle at Dairy Cheer

9:06 911 hang-up call on E Court St

11:29 suspicious person at Calhoun's Garage

11:40 suspicious person on Mays Br

#### November 20

0:29 suspicious vehicle at Microtel

0:52 domestic dispute at Holiday Inn

1:03 alarm activated on 3rd St

1:04 alarm activated at Wells Garage

1:05 alarm activated at Wells Garage

1:05 alarm activated at Wells Garage

1:46 disturbance at Comfort Suites

2:16 disturbance at Holiday Inn

2:28 DUI on RT 321

11:37 disturbance at MAC

12:42 reckless driver on 1428 N

12:58 motorist locked keys in vehicle at Winn-Dixie

1:46 car broke down at Tiger Mart

2:27 motorist locked keys in vehicle at Wal-Mart garden center

2:34 motorist locked keys in vehicle at Wal-Mart

7:25 suicide threat at Highland Heights Apts

7:38 motorist locked keys in vehicle at Martin's

7:47 DUI on 1428 from Allen

8:19 car broke down at Dairy Queen

10:27 DUI on 1428 N

11:06 theft related incident on Meadows Br

#### November 21

0:25 alarm activated at IGA

0:36 cleared lot at Subway

2:01 disturbance at Cliffside Apts

2:08 car broke down at Hyden's BP Mart

7:17 alarm activated at Gas N Go

8:23 car broke down at Justice Center

12:18 911 hang-up call on Mays Br

2:35 motorist locked keys in vehicle at Convention Center

2:48 alarm activated at the Health Dept

2:54 domestic dispute on S Highland Ave

2:55 domestic dispute at Highland Heights Apts

6:15 motorist locked keys in vehicle at FoodLand

6:46 suspicious person at Big Lots

7:24 theft related incident at Highland Heights Apts

9:58 disturbance at Hardee's

#### November 22

0:34 suspicious vehicle on Mays Br

7:50 reckless driver in city

8:08 alarm activated on Mays Br

10:42 theft related incident at Highland Heights

11:52 motorist locked keys in vehicle at Cliffside Apts

1:40 alarm activated at IGA

3:06 accident without injuries at Martin's

3:20 accident without injuries at Wal-Mart

3:23 theft related incident at Dairy Queen

3:34 intoxicated person at Cliffside Apts

3:58 911 hang-up call on S Lake Dr

6:54 accident without injuries on Cliff Rd

7:50 motorist locked keys in vehicle at Board of Education

9:10 accident with injuries at US 23 off-ramp

9:21 suspicious person on Respource Dr

#### November 23

3:00 car broke down at 302

6:11 accident without injuries on University Dr

8:11 car broke down on off-ramp to 114

8:24 car broke down on Arnold Ave

9:39 alarm activated at Justice Center

11:25 car broke down at the police station

11:29 motorist locked keys in vehicle at Sally Gate

2:42 vandalism on Town Br

4:19 alarm activated at First Commonwealth Bank

5:10 motorist locked keys in vehicle at 1st Commonwealth Bank

5:43 harassment at Rite Aid

5:47 motorist locked keys in vehicle at Goble Roberts

10:26 911 hang-up call on May Dr

### Marriage Licenses

Amanda Rae Jarrell, 19, Prestonsburg, and Brian Jeffrie Jones, 18, Prestonsburg.

Courtney Marie Collins, 19, Martin, and

Marvin Franklin Jerome Peters, 19, Martin.

Mary M. Goebel, 34, Prestonsburg, and Kermit F. Baldrige III, 34, Paintsville.

Beverly Melinda Stacy, 30, Lowmansville, and Randall Carver, 43, Ivel.

Teresa Lynn Slone, 20, Wheelwright, and Bobby Hall, 20, Mt. Sterling.

Tiffany Louisa Marie Johnson, 18, Prestonsburg, and Steven Dwayne Jackson, 25, Wheelwright.

Wanda Lee Moore, 36, Bo

# SOCIETY NEWS

## KFWC Drift Woman's Club host KFWC 7th district fall conference



From left, Alice Osborne, Brooksie Gearheart, Ruby Akers, Geraldine Ward, Roney Clark, Alma Mosley and Donna Allen.

by Celia Little

The KFWC Seventh District Fall Conference was held at the Holiday Inn, Prestonsburg, on October 30, with the Drift Woman's Club hosting.

The meeting was called to order by Seventh District Governor Barbara Patrick. Invocation was by Roney Clark, followed by the Pledge to the American Flag.

Joyce Gash, KFWC Drift Woman's Club president welcomed the 45 attendees, and Beverley Oxford, president, Prestonsburg Womans Club gave the response.

Governor Patrick introduced KFWC officers and board members, KFWC President Betty Jo Shirley, president-elect Donna Short, first vice president Barbara Fossett, treasurer Alice Kendrick,

Marilyn Thomas, and Burieta Gearheart and an exchange student from Brazil and her host.

Guest speaker Betty Jo Shirley, president KFWC, spoke on "Together We Will Rock the Federation," via the hospitality cook book, Libraries 2000, Kentucky Club Woman magazine, GFWC Dues, and Club membership. Every time a KFWC club improves the life of one or more of its neighbors, it has participated in the "Community Improvement program."

KFWC will be hosting the SER in Louisville 2000.

Roll call of clubs with presidents reporting on special projects:

—Drift Woman's Club—Alice Osborne  
—Magoffin County WC—Marie Prewitt  
—Elkhorn City WC—Lorraine Salyer

—Pikeville WC—Brenda Rohrer  
—Prestonsburg WC—Beverly Oxford  
—Whitesburg WC—Lois Short  
—Pikeville Junior WC—Cathy Derry

Ruby Akers, chairman of the nominating committee, reported Seventh District Officers for 2000-2002; Governor, Joyce Short Allen; Vice Governor, Marie Prewitt; Junior director, Sherry Newsome, Milan.

A buffet lunch was served in the conference room.

Joyce Allen, vice governor announced first place winners in the Arts and Crafts Contest.

• Student Art: Rachel Little, water color; Sonja Tackett, pencil; and Sonja Tackett, Acrylic, all of South Floyd High School.

• Club women: Celia Little, Drift Womans Club, wall hanging;

Donna Allen, afghan and Christmas bells.

• Photography—Dr. Mary Fox, Pikeville, WC.  
• Baskets—Dr. Mary Wiss, Pikeville, WC

Entertainment was furnished by Drift Woman's Club. It was called, "Style Show Down Pumpkin Lane" and featured Alice Osborne, narrator for the parade; Brooksie Gearheart, in Bag Lady; Ruby Akers, Tea Bags Lady; Geraldine Ward, Box Lady; Roney Clark, Check Lady; Alma Mosley, Be Prepared Lady; and Donna Allen, Sheer Sucker Lady.

Lois Short, president, Whitesburg Club, gave the invitation for the 2000 conference. President Betty Jo Shirley gave the thought for the day—"United We Stand, Divided We Fall."

Door prizes were awarded.

## A WOMAN'S "HEALTHY, ACTIVE LIFESTYLE" INCLUDES MAMMOGRAMS

By John C. Wolf, D.O.  
Associate Professor of Family Medicine  
Ohio University College of Osteopathic Medicine

Question: I'm a female college student and have never given much thought to my health. Not too long ago my older sister was operated on for breast cancer, and my mother had this operation when I was about 10. Though they are both doing fine now, I'm starting to worry about my own health. What should I be concerned about? How often should I see the doctor?

Answer: Since the theme for the 1999 celebration of National Osteopathic Medicine is "women's health care for an active, healthy lifestyle," I thought it would be most appropriate to answer this question about breast cancer. I can think of no better way for you to insure an active, healthy life than to take steps to make sure that, like your mother and sister, you are a survivor — and not a victim — of this disease.

It's commendable that you have already learned an important lesson from your sister's experience — early detection is a key to successful cancer treatment. While cancer of all kinds is the second most common cause of death for women, this scourge originates in the breast far more often than in any other organ. There are about 180,000 women with this dreaded disease every year. You might be surprised to learn that men, too, can get breast cancer, but it is very uncommon.

Medicine hasn't identified a way to prevent breast cancer, but early detection can dramatically improve chances of survival. Even though you are young, I urge you to start regular monthly breast self-examinations (BSE) and report any questionable findings to your doctor immediately. Your family physician or gynecologist can teach you how to do a BSE.

I'm sure most of my female readers know that a yearly breast examination by a physician and yearly mammograms are advised after age 50. But how many of you do these simple tests? A national survey a few years ago showed only 41 percent do. This is disconcerting because an annual physical exam with mammograms reduces the risk of dying from breast cancer by 25-30 percent.

Some women avoid mammograms because of a mistaken belief that they have little risk of developing the disease if no one in their family has had it. Unfortunately, 75 percent of women with breast cancer have no family history or other risk factors for the disease.

On the other hand, a woman — like you — with a family history of breast cancer should begin yearly physicals and mammograms at an earlier age. Since, with a few exceptions that I'll mention later, we do not yet have blood tests to identify genetic defects that might lead to breast cancer, we must rely on one's family and medical history to indicate who is at high risk.

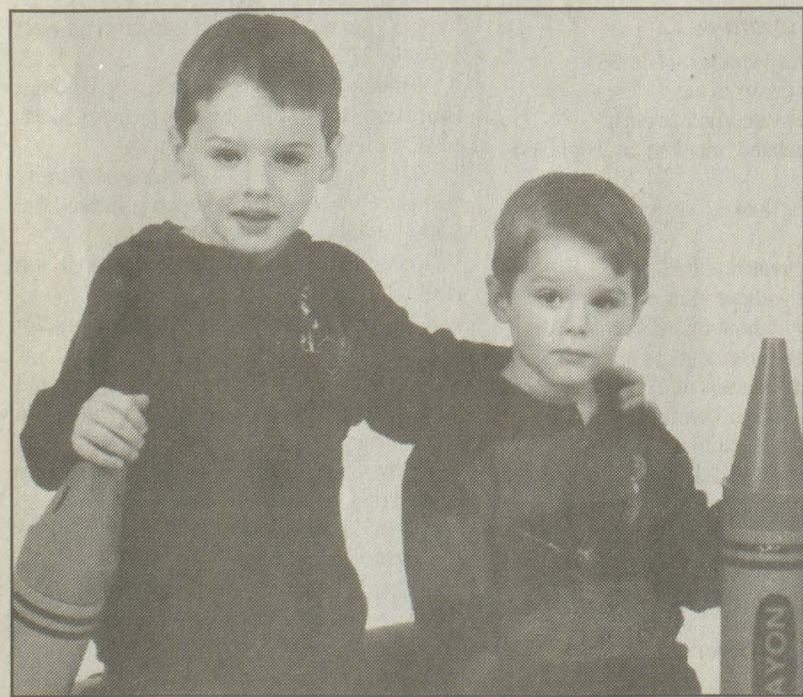
If you are of Icelandic or Ashkenazi Jewish descent, I urge you to see a medical geneticist. (Experts in this discipline are usually found at university-based medical centers.) Specific gene defects that increase the risk of developing breast cancer have been identified in these populations.

Tests are available to identify those who carry these defective genes. The excellent research at the University of Iceland, for instance, has identified a defect known as 999del5 on the BRCA2 gene as being responsible for about 75 percent of all familial breast cancer in that country. This defect, by the way, also seems to increase the risk of prostate cancer among male carriers and pancreatic cancer among both male and female carriers.

However, again, these are the exceptions. If you have a family member who has had breast cancer, you are automatically in a high-risk group. Talk to your family physician about early detection steps you can take. These will increase your chances of having a healthy, active life for years to come.

"Family Medicine" is a weekly column. To submit questions, write to John C. Wolf, D.O., Ohio University College of Osteopathic Medicine, Grosvenor Hall, Athens, Ohio 45701.

## BIRTHDAYS



### Brothers celebrate birthdays

Christian Anthony and Brandon Scott Goble, sons of Troy and Jolean Hackworth Goble, recently celebrated their birthdays with a party at McDonald's Play Place in Pikeville. Christian turned four on November 5, and Brandon turned three on October 31. Their maternal grandparents are Edward Wallen of David and the late Annie Lue Wallen, and the late Earl Hackworth. Their paternal grandparents are Earl and Wanda Duncan of Abbott, and Billy Goble of Prestonsburg.

## WEDDINGS/ENGAGEMENTS



### Hall, Shortridge to wed

Mr. and Mrs. Johnny Hall of Allen, announce the engagement and forthcoming marriage of their daughter Jodie Renee Hall and Michael Dwayne Shortridge, son of Mr. and Mrs. Michael Shortridge of Prestonsburg. The wedding will be December 4, 1999, at 6 p.m., at the Katy Friend Baptist Church, on Abbott.



### Couple marry in Auxier

Tonya M. Butcher and Chad D. Bays were married Saturday, November 6, 1999, at Auxier Freewill Baptist Church, with the Rev. Billy Joe Spencer conducting the ceremony. The bride is the daughter of Charles M. and Ronda Butcher of Daniel's Creek and the sister of Shawn Butcher. The groom is the son of Ricky and Debbie Bays of Abbott and the brother of Erica Reed. The bride's grandparents are Nora Butcher of Daniel's Creek and the late Ashley Butcher and Lewis W. and Mataline Miller of Salyersville. Her great-grandmother is Biddie Holbrooks of Michigan. The groom's grandparents are Angie Bays of Prestonsburg and the late Elzie Bays and Margaret Hyden of Prestonsburg and the late Charles Hyden. His great-grandmother is Haley Hughes of Prestonsburg. A reception for the couple followed the wedding.

## CITY FLORIST

### Christmas Open House, Nov. 26

#### Christmas Decorating Service

Wreaths • Arrangements

Fresh Cut Flowers

Gifts for those who have everything

On Rt. 80, Prestonsburg  
(near the U.S. 23 & Rt. 80 intersection)

874-1703 • 877-874-1-1212

Barbara Porter, owner/designer



# ACADEMICS



Taeko Nishino

## McDowell Elementary hosts Japanese visitor

The McDowell Family Resource Center and McDowell Elementary have welcomed Taeko Nishino of Naruto, located on the island of Shikoku in Japan.

She is working with students at the school from mid-November through mid-March. Students are learning about Japanese culture, including origami (the art of paper-folding), seasonal activities, lifestyles and customs, folk tales, songs, cooking, clothes (Yukata), musical instruments and the Japanese language, in addition to other aspects of their culture.

Nishino, is 24 years old. Her educational background includes

Tokai Women's University where she majored in English-American Literature and Culture. She has worked as an assistant teacher at Itano Junior High for two years.

She is interested in the American educational system and it has been a dream of hers to teach in a foreign country. The next school she will visit will be in Cove, Oregon.

S.T.E.P. (Sowing Together for Earthly Peace) is the foundation that brought Nishino to the school for a cross-cultural learning program. Jerri Turner, principal at McDowell Elementary, and Clara Johnson, director at McDowell

Family Resource Center, collaborated with the S.T.E.P. foundation to complete the necessary paperwork and documentation to apply for someone to bring their culture to the school and learn more about American culture.

"We feel that Ms. Nishino will be a great asset to our students' learning experiences and to our school," Johnson said.

Cecilia Buelis of Drift, is hosting Nishino's stay. Staff at the school and resource center are providing opportunities outside the school setting for Taeko to learn more about eastern Kentucky and the culture.

## The June Buchanan school names Homecoming Queen

Megan Smith, a senior at The June Buchanan School, was crowned the 1999 JBS Homecoming Queen on Saturday, November 6, during half-time of the boy's alumni basketball game. Megan is the daughter of Charles and Robin Collins of Lackey, and is a member of the JBS girl's basketball team.

She was crowned by 1998-1999 Queen, Lyn Gibson, a 1998 graduate of The June Buchanan School and current Emory and Henry College freshman. Megan was escorted by Ray Slone of Kite.

From the field of eight candidates, JBS also chose Morgan Cornett as first runnerup to the Queen. Morgan Cornett is the daughter of Robert Cornett and Carol Collins of Hindman and was escorted by Adam Jones of Lackey. Other Queen candidates included Sally Oakes, daughter of Freddy and Sarah Oakes of Thorton, who was escorted by Jase Slone of Raven, Carrie Melton, daughter of Bill and Nancy Melton of Pippa Passes, who was escorted by her father, Bill Melton; Deana Bentley, daughter of Dean and Heida Bentley of Pinetop, who was escorted by Dan Ballman of Columbus, Indiana, Sheena Reynolds, daughter of Tim and Vivian Reynolds of Pippa Passes, who was

escorted by Eric Volk of Prestonsburg; Haylee Combs, daughter of Bob and Ginger Combs of Hindman, who was escorted by Heath Scott of Wayland; and Kimberly Akers, daughter of Jeemes and Imogene Akers of Herndon, Virginia, who was escorted by her father.

Other members of the 1999-2000 June Buchanan Homecoming Court included: Junior Attendant Kayla Short, daughter of Greg and Nadine Short of Pinetop, who was escorted by John Watson of Hindman; Sophomore Attendant Natalie Gibson, daughter of William J. and Hassie Gibson of Pippa Passes, who was escorted by Paul Daley of Hindman; Freshman Attendant Melanie Verneracion of Whitesburg, who was escorted by Aaron Jones of Wayland; Eighth Grade Attendant Angela Madden, daughter of Gary and Brenda Madden of Amburgey, who was escorted by Tyler Cox of Hindman; Seventh Grade Attendant Whitney Leann Slone, daughter of Randy Slone of Pippa Passes, and Beverly Sammons of Martin, who was escorted by Ryan Martin of Leburn.

The June Buchanan School is located on Alice Lloyd College campus in Pippa Passes.



Kathryn Gayheart of Lisa Thornsby's kindergarten at May Valley Elementary, holds the class poster entered in the poster contest of the emergency medical systems 25th anniversary. The poster's title is "United for Safety's Sake!"

## Program offers options

In recent years, employers have had more jobs than there are qualified candidates. This seems to be especially true in technical fields, such as engineering.

Morehead State University helps to fill some of the void with students who participate in its pre-engineering program. This program gives students three different options for their course of study, said Dr. Jack Whidden, chair of the department of physical sciences.

In the first option, which is the Direct Transfer or 2-2 program, students complete two years of coursework at MSU then transfer to an engineering school. Their MSU coursework includes science, mathematics, English and liberal arts courses.

With the Dual Degree, or 3-2 program, students stay at MSU through their junior year before transferring to an engineering school. After completing courses at the engineering school, students transfer that credit back to MSU.

With this option, students earn a bachelor's degree in physics, mathematics or university studies from MSU in addition to a bachelor's degree in engineering.

"Two degrees make students

much more marketable when the time comes to look for a job," said Dr. Capp Yess, assistant professor of physics.

The general requirements for the 3-2 program have been coordinated with the University of Kentucky as most of MSU's Direct Transfer and Dual Degree students go to the University of Kentucky, said Dr. Brian Raichle, assistant professor of physics. However, students may go to the engineering school of their choice.

Students' third option is to complete a degree in physics with a concentration in engineering physics at MSU, then follow that with a graduate studies in engineering school, or they can complete an intensive, one-year bachelor's degree program at a university such as the University of Dayton.

This course of study gives students the advantage of learning necessary skills in a small environment before moving into upper-level engineering classes at a large engineering school such as the University of Kentucky or Georgia Tech.

Rather than being taught lower-level courses in large classes taught by graduate assistants,

students come to MSU, where the professors "really do get to know (the students)," Whidden said.

In pre-engineering, the most difficult classes the students have to take are the fundamentals, said Dr. Russell Brengelman, professor of physics. By helping students through the difficult first years, "giving them a solid background," which includes personal mentoring by professors, the students are successful when they leave MSU, he said.

Additionally, "the Morehead radio telescope is one of the unique things at our school and it appeals to people," Yess said. Most students take a class that uses the radio telescope, or they do a project that involves the telescope, he added. The telescope provides the students hands-on application of engineering and general science knowledge.

The department also has established a pre-engineering and physics club that brings students close together. Through the club and the availability of the telescope, "we've seen a lot more group work and cohesion" among the students, Whidden noted.

For additional information, contact the department of physical sciences at 606/783-2914.



Students at May Valley Elementary in Anna Shepherd's class titled their class poster "Meeting The Challenge 911 Saves Lives." The students participated in the 25th anniversary of E.M.S. poster contest. Pictured are row one: Makayla Tackett, Leigh Williams, Hannah Farmer, Jerica Blair and Chelise Conn; row two: Justin Rose, Thomas Flanery, Sean Perkins, Jordyn Jackson, Hayley Goble, Sarah Kinney, Odessa Duncan, Karson Rowe and Shea Spurlock, and row three: Anthony Blair, Juanita King, Timmy Slone, Kaitlyn Combs, Neakia Hamman, Johnathan Carraway, Zachary Bowen, and Devin Allen.

### J.D. Adams Middle School November activities

• November 1st-30th: J.D. Adams Middle School Second Annual Book Drive, Collecting new or used books for the media center. Contact Lana Wicker at 886-2671, ext. 111.

• November 1st-November 30th: Co-Ed Y-Club holding their annual Food Drive. Each year the club members collect non-perishable food items to donate to the area food pantries. If you would like to donate, you may call 886-2671 or drop items off at the school office.

• November 1st-November 30th: P.T.A. Drive—embership drive. Come to the meeting, November 29th, 7 p.m., at A.M.S. media center.

• November 29, 7 p.m.: P.T.A. / school media center.

## Pike schools, first student e-mail site in state

Pike County Schools has become the first Student e-mail Site in Kentucky. The announcement was made recently that Pike Schools would serve as a pilot for the IBM initiated program.

The program will allow students to use electronic mail in a myriad of projects from using e-mail to learning a foregoing language by conversing with persons from a country where the language is spoken, to getting help from a

specialist or mentor in a certain field.

Proposed projects for the Student e-Mail program include distance learning classes, pen pals, shared writings, mentors, help desk data, integrated curriculum projects and learning an e-mail system.

Students in the system's video conferencing classes will use e-mail for Spanish, French, Biology II and Integrated Social Studies.

Students will e-mail foreign language students in Spain, France and Germany, and in return, those students will e-mail Pike County students in English.

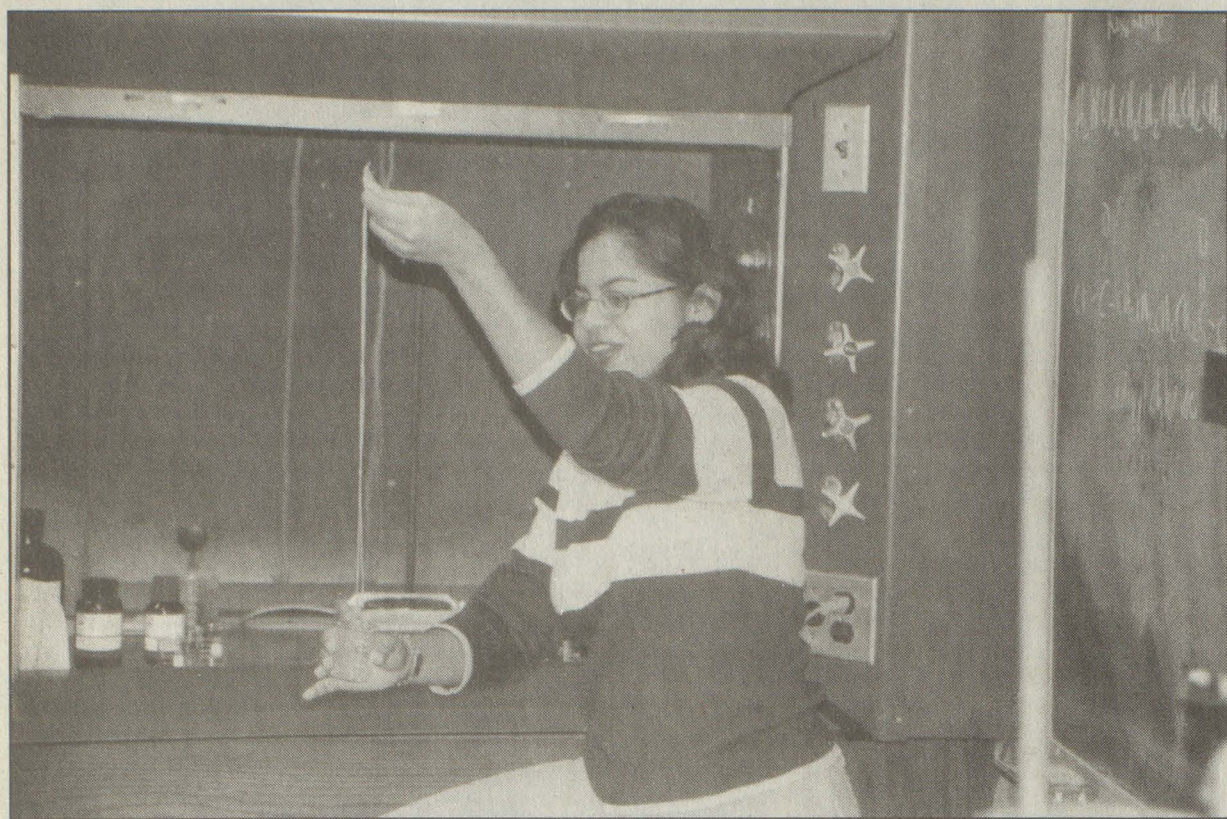
In another unique aspect of the E-mail Program, Pike County students and students in Hong Kong will do a "shared writings" project to learn one another's culture and environment.

The program will use some of the \$3.2 million in Universal

Service Funds the school district has received this year.

The new funds will be used for telecommunications by upgrading lines and providing more phone lines. Student e-mail, video wiring, television and full-home video will be in each school. A wireless network will be available for the high schools with portable labs, and a phone master will be provided each school for such projects as homework hot lines.

# ACADEMICS



Transylvania sophomore Monica Majmundar demonstrates how to make Nylon 66 during Science Day 1999. (Transylvania photo by Jennifer Smith)

## Majmundar serves as leader during Transy's Science Day

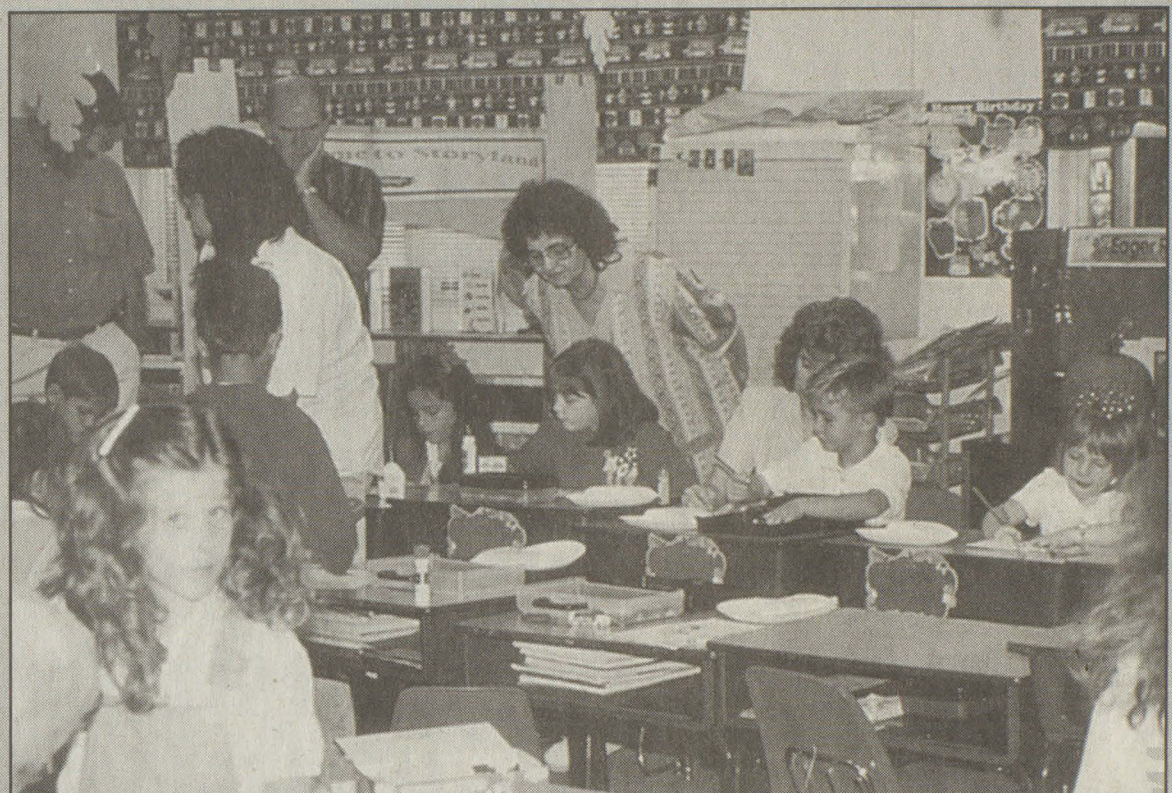
The Piarist School graduate and Transylvania University sophomore Monica Majmundar served as an experiment leader during Transylvania's annual Science Day on November 4.

About 120 high school students from around the state participated in laboratory experiments and demonstrations as well as discussions regarding career opportunities in the expanding science and computer fields. The day was designed to help increase high school students' excitement and knowledge of science, math and computers.

Transylvania is included in the selective publication Peterson's Top Colleges for Science, which recognizes colleges with "very strong track records in the sciences and mathematics."

Majmundar demonstrated how to make Nylon 66. She is the daughter of Drs. Gopal and Mina Majmundar of Martin.

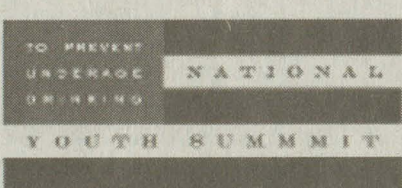
Transylvania, founded in 1780, is the nation's sixteenth oldest institution of higher learning and is consistently ranked in national publications as one of the top liberal arts colleges in the country.



## MADD National Youth Summit Seeks Students

(NAPSA)-Mothers Against Drunk Driving (MADD) is seeking high school student leaders from across the country to represent their communities in Washington, D.C., at the MADD National Youth Summit to Prevent Underage Drinking 2000. The five-day event is presented by GuideOne Foundation of West Des Moines, Iowa.

One high school student from each of the 435 U.S. congressional districts will be selected to attend the historic MADD summit in the nation's capitol to address youth alcohol use-the number one drug among young people. Students interested in serving as delegates to the summit must complete an application and return it to MADD postmarked by February



**MADD.**

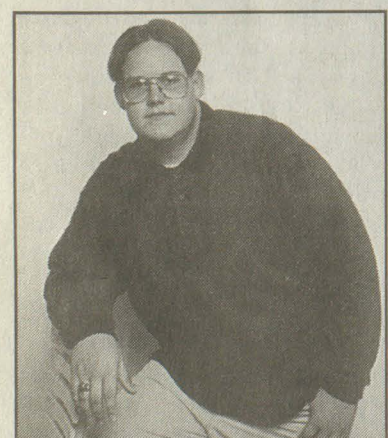
1, 2000.

During this second MADD National Youth Summit, September 29 through October 4, 2000, youth delegates will develop a series of policy recommendations for preventing underage drinking and present their solutions at a Capitol Hill news conference and directly to policy makers.

The youth summit is also sponsored by Alamo Rent A Car, Autobytel.com, Channel One Network and DaimlerChrysler.

Applications to serve as a youth delegate or adult advisor are available at local MADD chapters or from MADD's Web site at [www.madd.org/nys](http://www.madd.org/nys).

High school students are needed to help shape solutions to nation's underage drinking crisis.



Jason Mullins  
**Floyd man is Scholar**

Morehead State University has announced that Jason Matthew Mullins of Bevinville, is among students who have received a Regional Honors Scholarship for the fall semester. The son of Carol Mullins and the late David Mullins, is a graduate of South Floyd High School. A member of the National Honor Society and Beta Club, Mullins was enrolled in the gifted and talented program for 10 years. To be eligible for the Regional Honors Scholarship, applicants must be admitted to MSU as an entering freshman; be a high school graduate within MSU's Kentucky service region; be recommended by high school; be the highest or second highest ranking academic achiever coming to MSU from that high school, and have a cumulative 3.50 high school grade point average (on a 4.00 scale) based on seven semesters of work. Applications and information on scholarships and grant programs at MSU are available from the Office of Admissions, MSU, Morehead, KY 40351-1689. The toll-free number is (800) 585-MSU1 (6781).



Laura Absher (left) and Patrick Butcher find out how hard it is to live with serious physical handicaps during Our Lady of the Mountains School's "Everybody Counts" week.

## Everybody counts at Our Lady of the Mountains

Last month the third and fourth grade students at Our Lady of the Mountains School in Paintsville had to learn how to live with physical handicaps.

During "Everybody Counts Week" all eight-and nine-year-olds were assigned one or more handicaps by their teacher, Kim Nettleton. Some were hearing-impaired and missed an arm or leg, others were blind, and there were also paraplegics who had to learn how to get around in a wheelchair.

The complete "Everybody Counts" program is meant for all students, kindergarten through eighth grade. It exposes each grade level to a different type of impairment.

By the time the students finish middle school, they have encountered spinal cord damage, serious illnesses like cancer, learning disabilities, eating disorders like bulimia and anorexia, blindness, deafness and other impairments.

They know which difficulties each one entails, and have learned to be helpful and compassionate.



**Mountain Christian Academy's 6th annual Grandparent and Friend Day**

Mountain Christian Academy's sixth annual Grandparent and Friend Day was held Tuesday, October 5. More than 100 guests were in attendance. This year's highlights included a photo session with guests, classroom observation and participation, and a performance by the students. Songs such as "Grandma's Homecoming" and "When Grandpa Comes" were sung by preschool through fourth graders. MCA's string band under the direction of Angie Carriere also performed. A Troll Book Fair was also available for guests and students to visit. The day was topped off with a lunch prepared by Marsha Kidd and the MCA's kitchen staff.

## McDowell Elementary School's Honor roll and perfect attendance for the First Nine Weeks of the 1900-2000 school year

- McDowell Elementary's Honor Roll—Fourth grade:
- Misty Little, 4-1—4.0: Kodi Hall and Kim Patton; 3.9-3.0—Megan Berry, Angetia Crisp, Jacob Johnson, Ashley Knott, Andrew Moore, Ashley M. Moore, Corey Wallen, and Amy Mullins.
- Ruth Hamilton, 4-2—3.9-3.0: Stephanie Fraley, Amanda Frasure, Tyler Greer, Justin Hurst, Kristan Losinger, Billie Stumbo and Kelly Wright.
- Mylessia Little, 5-1—4.0: Kyle Brown, Jessica Howell; 3.9-3.0: Courtney Blevins, Heather Dean, Paul Neal, Kayla Sizemore and Tiffany Hall.
- Tonda Johnson, 5-2—4.0: Kateland Hall; 3.9-3.0: Jesse Brown, Tara Gearheart, Kayla Tackett and Eric Vance.
- Marsha Smith, 6-1—3.9-3.0: Kendra Blankenship, Nick Castle, Nick Densmore, Jarrod Gibson, Victoria Page, Ashley Spriggs and Whitney Vance.
- Rachel Crider, 6-2—4.0-3.0: Angela Buelis, Brandon Caudill, Tiffany Collins, Isaiah Hall, Ashley Howell, Tyler Martin, Nikki Mitchell and Heather Vance.
- McDowell Elementary's Perfect Attendance for the first nine weeks of school.
- Misty Little, 4-1—Jacob Johnson, Angelia Crisp, Kodi Hall, Corey Wallen, Kim Patton, Anthony Martin, Jonathan Hall, Ashley Knott, Ashley M. Moore, Joseph Allen and Chris Henson.
- Ruth Hamilton, 4-2—Richard Bentley, Stephanie Fraley, Tyler Greer, Ryan Howell, Whitney Howell, Justin Hurst, Ashley D. Moore and Kayla Thomas.
- Mylessia Little, 5-1—Richie Crum, Heather Dean, Chris Halbert, Victoria Hopkins, Jessica Howell, Ben Martin, Greg Moore, Joseph Robinson, Kayla Sizemore and Samantha York.
- Tonda Johnson, 5-1—Jaclyn Harris, Kim Meade, Adam Mullins, Kayla Tackett, Myron Williams and Eric Derossett.
- Marsha Smith, 6-1—Kasey Elkins, Ashley Spriggs, Donovan Dye, Jarrod Gibson, Victoria Page and Joseph Howell.
- Rachel Crider, 6-2—Jobey Blackburn, Tiffany Collins, Shasta Gearheart, Ashley Howell, Katrina Meade and Ellery Herrington.

# The Floyd County Times Classifieds

DEADLINES: WEDNESDAY PAPER, NOON MONDAY - FRIDAY PAPER & SHOPPER, WEDNESDAY 5 P.M. - SUNDAY, THURSDAY 5 P.M.



**RATES:**  
\$1.00 per line, 4 lines minimum for Wed. and Fri.  
Paper. .25 per line, 4 lines minimum for Shopper if purchased with Wed. and Fri. Shopper only: \$1.00 per line, 4 lines minimum.

Contact Sandra or Donna at extension #15:  
**(606) 886-8506**



**FAX US YOUR AD: (606) 886-3603 \*\*24 HOURS\*\***

**One-Story Brick Building for Rent**

5,800 square feet  
On Hwy. 23, halfway between Prestonsburg and Pikeville Reception area, five offices, conference room, large open area, kitchen and breakroom.  
Ample storage and parking.  
Ideal for insurance agency, claims office, administrative office, accounting or legal.  
Call 606-864-7191

**ME INC**  
Customer Service Representative  
Full time position. Person applying must have excellent interpersonal and organizational skills. Medical background a plus.  
Qualified candidates should mail or fax a resumé to: Cooley Medical Inc.  
P.O. Box 231, Prestonsburg, KY 41653  
Fax (606) 886-8657

**CARPENTER/FOREMAN NEEDED**

Local general contractor offers excellent benefits, including paid vacation, Blue Cross health insurance, life insurance, and retirement plan.  
Send resumé with pay requirements to:  
Reference #9700-B  
P.O. Box 390  
Prestonsburg, Ky. 41653

**College Instructor Position**

Due to an expanded class schedule, Kentucky College of Business, accredited as a Junior College specializing in Education and Training for various careers, is seeking additional faculty members in the field of *Computer Science*. Bachelor's degree required and experience in the field a plus. For more information, call the college at (606) 432-5477 and ask to speak with Gail Slone, Administrative Assistant, or stop by our campus at 198 South Mayo Trail, Pikeville, Kentucky.  
Position will begin immediately.

**Randall's Year-End Clearance Sale!**  
**HOMES**

Featuring: Fleetwood, Indies, Giles, Bluegrass, Belmont, Riverchase, Dutch, and many more to choose from.  
**SPECIALIZING IN:**  
On-The-Spot Financing, Land/Home Packages, Special Orders, Trade-in's, Down Payments as low as \$500.00  
\*New 3-Bedroom, 2-Bath Singlewide \$500.00 Down Less Than \$200.00 per mo.  
\*New 3-Bedroom, 2-Bath Doublewide \$1,000.00 Down Less Than \$300.00 per mo.  
Includes: Delivery, Setup, Skirting, Central Air, Washer/Dryer.  
\*No Payments for 90 Days  
**IN BUSINESS FOR OVER 25 YEARS WITH 4 LOCATIONS TO SERVE YOU:**  
Manchester, Ky. Middleboro, Ky. Hazard, Ky. Tazwell, Tn.  
Jct. 421 and Hwy. 25E Daniel Boone Hwy. 25E  
Daniel Boone Pkwy. North Pkwy. & Hwy. 80 South  
(800) 755-0058 (800) 889-2554 (877) 661-4663 (800) 556-3440  
\*CALL TOLL-FREE\*

**Employment Opportunity**  
**Single Copy Delivery Person Needed**  
Must know Paintsville area.  
Apply at  
**THE FLOYD COUNTY TIMES**  
Prestonsburg, Kentucky 41653  
No phone calls, please.

The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

**FOR SALE**

**Autos**

1986 LINCOLN TOWNCAR: Excellent condition. \$3,000. 886-9502.  
1986 F-150 FORD PICKUP: One owner, good condition. \$1,500. 478-9285.

1995 FORD AEROSTAR VAN: One owner, AC, tilt, cruise, 7 passenger, new tires, excellent condition. 143,000 miles, runs great. \$3,500. 874-2097.

1988 S-10 BLAZER: Sunroof, power windows, ac. \$2,000. 886-9959.

1986 CHEVY TRANSFER VAN: 16 passenger. Very low miles. \$7,000. 886-1832 or 886-1237.

1991 DODGE CARAVAN: 3.0, V-6, very good condition. Asking \$3,200. 886-0098.

There's a better way to move those old items...  
Advertise In The Classifieds!  
**886-8506**

**Boats**

1994 STING RAY CRUISER. 21 foot. With Custom made trailer. V6 Vortec Motor. \$14,000. 285-3361.

**Books**

EAST KENTUCKY'S LARGEST SELECTION OF NEW & USED BOOKS, including Floyd Co. Kentucky History and History & Families of Knott Co. Kentucky Published by Turner Publishing Co. Call 606-789-3592 or visit Words' N Stuff at the intersection of Ky Rt 1107 & 302, at Van Lear, KY.

**Sale/Misc.**

FREE CAMCORDER with purchase of Big Screen TV, 48" to 55". Only \$15 down delivers to your door. Call American Distributing @ 1-800-581-6991.

1995 DUTCHMAN TRAVEL TRAILER: Full size bath, bunk style, microwave, fridge, sleeps 7. Must see to appreciate. Asking \$6,500 OBO. 874-9900.

ATTENTION COIN COLLECTORS: New Millennium year 2000 coins. \$15. 886-2367.

QUEEN SIZE MATTRESS & BOX SPRINGS: Like new. 886-9921 or 886-2563.

LIKE NEW TREADMILL: 886-9921 or 886-2563.

COLLECTION OF BEANIE BABIES: All retired. \$10 each. 478-4076.

LARGE CAPACITY-WASHER & DRYER pair with free vacuum or microwave, only \$15 down delivers to your door. Call American Distributing @ 1-800-581-6991.

COMPLETE HOME STARTER PACKAGE: Includes 27" TV, VCR, TV stand, microwave oven, vacuum cleaner with set offree lamps. Just \$15 down. Call 1-800-581-6991.

RIDING LAWN-MOWERS 12.5 HP. and Up with your choice of weedeater or push-mower. Only \$15 down delivers to your door. Call American Distributing @ 1-800-581-6991.

ONLY \$15 DOWN DELIVERS A COMPLETE 5 PC LIVING ROOM group with free lamps. Call American Distributing @ 1-800-581-6991.

FREE MATTRESS SET with purchase of a complete bedroom suite. Only \$15 down delivers to your door. Call American Distributing @ 1-800-581-6991.

COMPUTER SYSTEM WITH FREE COLOR PRINTER. Only 15 down delivers to your door. Call American Distributing @ 1-800-581-6991.

ONLY \$15 DOWN DELIVERS A REFRIGERATOR with a free microwave. Call American Distributing @ 1-800-581-6991.

SECTIONALS WITH FREE LAMPS. Only \$15 down delivers to your door. Call American Distributing @ 1-800-581-6991.

**Motorcycle / ATVS**

'92 YZ 125 YAMAHA: 452-2607.

**Furniture**

**RAY'S BARGAIN CENTER**

SALE - SALE - SALE Christmas trees, outside lights & decorations for the home, 1/2 PRICE. Toys, gift ideas & much, much more. NEW & USED furniture & appliances reduced to unbelievable prices. New: Mattress sets starting at \$99, living room suits \$399, dinettes \$149. Used: Stoves, refrigerators, washers & dryers. SHOP WITH US & SAVE!! RT. #122, McDowell. Call 377-0143.

SOFA & 2 RECLINERS FOR SALE: Asking \$200 OBO. 886-3735.

ALMAR FURNITURE Huge selection of Sofa, Chairs, Dinettes, Bedroom suites. Also plenty of Used furniture to choose from. Call 874-0097.

**PROPERTY FOR SALE**

**Lots**

LOTS FOR SALE: Cave Run Lake, near Long Bow Boat Dock. Several nice level building lots. Electric power on lots, city water nearby. For price & details call Phillip Lawson Real Estate, Frenchburg, KY. 606-768-3583.

**Mobile Homes**

1995 14x76 FLEETWOOD Wingate Mobile home. Priced to sell at \$15,000, has 2 large BR. & 2 BA., already set up in Dorothy Wells Mobile Home Park, in P'burg. Call 889-0808. For more info.

BANK FORECLOSURE! New 2K doublewide, 3 BR, 2 BA. Comes with hardwood cabinets, glamour bath, security system, central air, washer and dryer, delivered, set-up on concrete footers and underpinning. All for only \$230.68 per month. Hurry, Only One! 606-478-4530.

1994 FLEETWOOD REFLECTION: 16x70, 2 BR, 2 full BA, excellent condition. Must sell. \$17,500. 478-3335 after 5 pm.

1993 14X70 FLEETWOOD: All electric, very clean, 2 BR, 2BA, central air, all app., covered porch & deck, underpinning and 200 AMP entrance. Reduced to \$15,500. (606)789-3847.

KENTUCKY MOBILE HOME DEALER: Repo Lot. We buy & sell used trailers. Financing Available. CRUM'S MOBILE HOME MOVING SERVICE: Insured with permits. 886-6665 Fax 889-9662.

**Real Estate**

COMMERCIAL/RENTAL: Nice lot with 2 buildings & mobile home. Excellent location, Allen. Call 874-8978 evenings.

NEW 3 BR HOUSE: With garage, 2 BA, on 1/2 are lot. 886-8366.

3 BR HOUSE: 1/2 acre lot, near Prestonsburg. 886-2818.

3 UNITS APARTMENT BLDG.: Downtown Prestonsburg. Large corner lot. New upgrades. \$1,080 monthly income. \$87,000. 744-9129.

2- STORY HOUSE: Handicap accessible, 4 BR, L.R., kitchen, 2 full baths, F.R. Located at Martin off New 80. 285-3049.

HOUSE, LOCATED IN PAINTSVILLE: Country setting, 2 miles from shopping center, built in 1992. 3 BR, 2 BA, Lg. Kit. with separate dining, dishwasher, range, ref., 2-car garage, 23 acres. \$116,000. 297-5464.

APPROXIMATELY 1.5 ACRES: Located at Valley View Estates, Maytown, 1 mile from 4 lane. Beautiful view, out of flood plane and sewer system approved. Call 358-2866, leave message.

**PROPERTY FOR RENT**

**Office Space**

OFFICE SPACE: Downtown Prestonsburg, beside courthouse. 886-6362.

**Storage Space**

LANCER STORAGE RENTALS South Lake Drive, Next to Cablevision. New Building Completed! New customers signing a 3 month lease during Nov. or Dec. and get third month FREE. 889-0242

**Apartments**

1 & 2 BR APTS: Newly decorated, totally furnished. Util. paid, except gas. Dep. & ref. req. Call M. S. at 349-5135 or 349-7285 & leave message.

3 BR APT.: With fireplace, central air & heat, newly remodeled. 886-8366.

DOWNTOWN PRESTONSBURG: 1 BR furnished apt., utilities paid. \$380 month. 606-744-9129 or 606-255-2192.

NEWLY DECORATED 2 BR FURNISHED APT.: Located in Prestonsburg. Utilities paid. \$550 monthly. Call 886-2302.

1 BR APT.: Utilities, stove & ref. included. Located close to PCC. \$350 month + \$150 deposit. 889-0208 or 886-0008.

2 BR APT.: park at door, outside pets welcome. 886-8366.

DOWNTOWN PRESTONSBURG: 1 BR cottage. \$275 + utilities. 606-744-9129 or 606-255-2192.

1 BR APT.: Furnished, all utilities paid. In Prestonsburg. 886-8366.

2 BR APTS. 12 miles north of Pikeville & 16 miles south of P'burg. W/D hook-up, Kit. appl. incl., pool. 478-8000, www.mellowbrook.com

1 BR FURNISHED APT.: In P'burg. Utilities & cable paid. No pets. Private. 886-0010 leave message or 874-2929 after 6 pm.

**Houses**

3 BR HOUSE: near Otter Cr. & South Floyd High School. Electric heat, carport. References & deposit required. \$300. 377-9215.

3 BR, 2 BA HOUSE: At Banner, KY. 874-2098.

2 BR, 1-1/2 BA HOUSE: Total electric. On US 23, 1 mile from Prestonsburg. No pets. 886-9007.

2 BR HOUSE: Downtown Prestonsburg. \$475 month plus utilities. Call 886-6362.

HOUSE FOR RENT: Also 700 sq. ft. Commercial Building for rent. Call 874-2586 or 297-2174.

3 BR: Near Dewey Lake. \$350 per month + deposit. 886-3313.

2-STORY HOUSE: In New Allen. \$425 month + utilities. No pets. 874-2219.

6-ROOM HOUSE: Rt. 850 at Hippo, FREE nat. gas, appl. furnished, nice yard & porch, new dining room carpet, storage basement, you pay util. Ref. & Sec. Dep. required. No indoor pets. Call 358-4481 or 886-3037.

2 BR: Washer & dryer, downtown Prestonsburg. \$425 month, utilities paid. 606-744-9129 or 606-255-2192.

3 BR, 2-1/2 BA HOUSE: With family room & garage. Great neighborhood. 5 minutes from town. No pets. \$575 month, \$500 deposit +utilities. 886-9213, very nice.

3 BR, 2-1/2 BA, HOUSE: Fenced-in yard, 2 car garage. In Auxier. \$600 month. Serious inquiries call 285-5100 after 6pm.

2 BR HOUSE: Located Above Melvin School House. HUD approved. 452-2283.

PRESTONSBURG, HOUSE FOR RENT: Central heat & air, yard & storage bld. Excellent condition. \$450 month. Call 886-0226 after 5 pm.

**Mobile Homes**

3 BR, 2 BA NEW MOBILE HOME: Morehead area. \$600 + utilities. Students welcome. 606-780-4848.

2 BR, 1 BA MOBILE HOME: Near Prestonsburg. \$350 month. 432-8735.

3 BR, 1 BA TRAILER: At Estill. HUD approved. \$350 month. 946-2833, after 6 pm.

2 BR, TOTAL ELECTRIC: Stove & ref. On US 321, between Prestonsburg & Paintsville. 886-9007.

2 BR TRAILER: All electric with washer & dryer. 886-8481.

**Rental Properties**

2 BR TOWNHOUSE with garage in Allen. Central heat & air. Also, 285-0900 or 874-9976.

B & O RENTALS  
1 BR furnished Apt. & 2BR Apt. with stove & ref. No pets. 886-8991.

FOR RENT IN PRESTONSBURG: 1 BR furnished apt., \$300. 2 BR house, \$425. All plus utilities and deposit. 886-3404.

HOUSES or Unique 1 BR APT. for Rent on University Drive: Between high school & college. Lease & security deposit required. House of Neeley, 886-3565.

**WANT TO BUY/RENT**

**Want To Buy**

TOP CASH PAID FOR OLD BOY SCOUT PATCHES & NECKERCHIEFS: Seeking old Order of the Arrow items (most have w.w.w. on them), especially Tomahawk and Tomahaken lodges, camp patches and neckerchiefs from Camps Arrowhead, Shawnee, McKee, Blanton, and Sequoyah, any item with Lonesome Pine Council. Send Xerox copies to: Guy Hatfield, Box 660, Irvine, Ky 40336; Fax to: 606-723-5509; Call 800-678-5161 or e-mail to cvt@kih.net.

**EMPLOYMENT**

When responding to Employment ads that have reference numbers, please indicate that entire reference number on the outside of your envelope. Reference numbers are used to help us direct your letter to the correct individual.

**Business Opportunity**

TURN YOUR SPARE TIME INTO SPARE CASH! Join Mountain Magic Inc's. team. To request information call Mountain Magic's Message Center at (606)478-8422. Our program director serving your area will personally contact you.

**It Out!**

Read your own Ad the first time it appears. The Floyd County Times is only responsible for one incorrect insertion!

**Diabetic Patients!! (Type 1 & Type 2)**  
If you have Medicare or Private Insurance, You may be eligible to receive your:  
**Diabetic supplies at No Cost To You!**  
For more information, call Diabetic Supply Program  
**Toll Free 1-888-466-2678**  
(No HMO patients, please)

**Job Listings**

**FAST GROWING COMPANY** looking for self-motivated, career minded individuals with prior management experience to fill positions in Southeast Ky. area. Good pay and benefits. Send resume to: 6251 N. Ky. Hwy 15 #108, Hazard, KY 41701.

**LEGAL SECRETARY:** Experience in a legal office preferred, but not required. Computer knowledge a plus, excellent benefits /paid vacation, medical insurance, retirement package. Please send resume to: References #693, P.O. Box 390, Prestonsburg, KY 41653.

**WE MAKE YOUR CAREER DREAMS COME TRUE!!!!**

**75 Immediate Openings Available!**

No Experience Necessary!

**Train For Your CDL In Just 15 Days!!**

\*1st Year-\$32K-\$38K

\*2nd Year-455K-\$58K

\*Great Benefits & 401K

\*100% Tuition Reimbursement For Qualified Students

Inexp'd Call 888-645-8505  
Exp'd Call 800-958-2353

**OFFICE CLERICAL:**

Full or part-time. Must have good typing skills & knowledge of windows. Please call for appointment. Position in Ashland. Call Toll Free 1-800-934-3741 ext. 874.

**DENTAL ASSISTANT NEEDED:**

3 days / week. Send resume to: 415 N. Lake Dr., Ste. 201, Prestonsburg, Ky. 41653.

**SALES REP.** for construction & mining equipment dealership in Prestonsburg.

Must be self-motivated and have previous sales experience. Send resume to: Rudd Equipment Company, P.O. Box 190, Prestonsburg, KY 41653.

**AVON:** Earn up to 50% profit. Your products at wholesale. Be your own boss. Work your own hours. 1-800-796-7070.

**Help Wanted**

**PERSONAL CARE ATTENDANT NEEDED:**

Weekends, mornings & evenings, about 2 hours. Experience preferred. Call 886-9175 or 886-0308.

**DIRECT DIGITAL SOLUTIONS** have immediate openings for Installations and Service technicians serving the satellite industry. No experience necessary, we will train the right candidates. If you have a willingness to excel call Bill at 1-800-754-1939. A truck is required.

**\$\$\$WORK FROM HOME\$\$\$** \$500-\$4,500 / per month. Part-time/full-time. Call (706)742-3486 NOW!

**CONTRACTOR NEEDS FINISH CARPENTERS,** painters & drywall finishers on local project. Experience required. For application call (606)792-4754, 8am-5pm.

**Wanted**

**PRESTONSBURG COMMUNITY COLLEGE** (an equal opportunity employer and education institution) is seeking persons who wish to volunteer as tutors for students who need assistance in chemistry, physics, and calculus. Please contact Janie Beverley, Counseling Center, 886-3863 ext. 214 between the hours of 8:30 a.m. and 5 p.m., Monday through Friday.

**PETS AND SUPPLIES**

**EXOTIC BIRDS FOR SALE:** Call 285-0410 or 285-0650.

**AKC CHOCOLATE LAB PUPPIES:** First shots & wormed. \$200. 606-638-9301.

**AKC BOXER PUPS:** 5 wks. old, show quality. Fawn & brindle. Vet checked. Tails & dew claws removed. \$225. 886-8832 or 886-0629.

**AKC REGISTERED BOSTON TERRIOR:** Male pup, 12 wks. 606-874-2473.

**FULL STOCK CHIHUAHUA PUPPIES FOR SALE:** Has first shots and wormed. 886-9498.

**SERVICES**

**Carpentry Work**

**JIM'S HANDY MAN** Experience in: Plumbing, Electrical, Carpentry and others. 631-4844.

**Carpet Installation**

**INSTALL OR REPAIR** carpet-vinyl-wood-ceramic & sub-floors. Low rates. 789-3900.

**Chimney Cleaning**

**R. A. TAYLOR:** Chimney Cleaning Services. Experienced. We do painting also. 886-8453.

**Dog Grooming**

**DOG GROOMING:** All breeds. Fancy Cuts. Professional Groomer. Call Betsy at "Tails a Waggin" 297-3647.

**Elderly / Child Care**

**WILL STAY WITH ELDERLY:** My home or theirs. Can furnish references. 377-2811.

**DO YOU HAVE AN ELDERLY FAMILY MEMBER** who needs care? Are you paying someone to stay with them? I have two spaces available for someone like this in my home. Excellent ref. Call 874-2097.

**Lending**

**CAPITAL LENDING** Have you won a settlement, lottery, etc? Would you like your money in a lump some? Will also buy invoices and can help you out of your cash crunch. Call 478-5410.

**Mobile Home Repairs**

**KENNARD'S MOBILE HOME REPAIRS:** Re-leveling, roof coating, skirting, re-flooring, any major or minor repairs. State certified. 15 yrs. experience. Call 606-789-8657.

**Piano Sales & Service**

**THE PIANO CLINIC:** Quality tunings, repair or restoration. 25 yrs. experience. Phil Cole, Technician. For app. call 791-8863.

**PIANO TUNING, REPAIRING AND REBUILDING:** \$39.95/introductory offer. 1-800-335-6063.

**Services**

**SANTA'S LETTERS PERSONALIZED:** With matching envelopes and North Pole postage mark. Choice of backgrounds, add personal message. Make your child or any child's eyes light up this season by sending a letter from Santa. For more info call Treasures & Memories at 886-9090. Also, other personalized gifts.

**Transportation Service**

**NEED A RIDE?** Call Mountain Transportation Service. We accept Medicaid and cash. We're open 24 hrs a day, you can call 606-886-6698, ask for Jo or Stella. Owner Tina McGaffee.

**NEW TAXI COMPANY:** Mary Allen of Eastern, Ky has opened her taxi service known as **Allen's Taxi**. 358-2422.

**Tree Service**

**TREE CUTTING AND TRIMMING:** Topping, land clearing, etc. Free estimates. References furnished. Call 889-9630.

**WILL DO TREE TRIMMING:** Yard work of any kind. Light hauling. Hill & garage cleaning. Fire wood. 886-3951.

**Upholstery & Sewing**

**NO JOB TOO BIG OR TOO SMALL:** Vehicle, boats, house hold furnishings. Any or all alterations. Call Tracy Bobo at Village Sewing Inc. 285-1384.

**LOST and FOUND**

**Lost**

**LOST AT ENDICOTT:** Great Dane, Harlequin (looks like a Dalmation), male. It's name is Heshimu. Boxer, it's name is Jules, fawn & white w/black mask, ears clipped. Call John or Priscilla Thacker, 606-874-8815.

**MISC.**

**Musical Instruments**

**J & J MAY MUSIC** Guitars-Banjoes. Buy, Sell and Trade. 605 N.Lake Drive Prestonsburg, KY 606-886-7010

**Free**

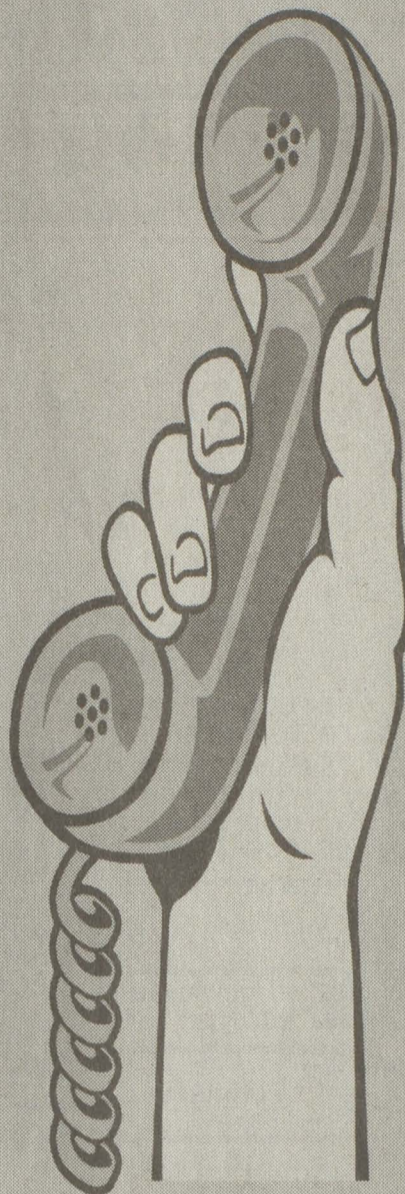
**BECOME DEBT FREE!** Cut payments without new loans. It's easy! 1 hr. approval. Call 1-800-517-3406.

There's a better way to move those old items...

Advertise In The Classifieds!

(606) 886-8506

**CALL**



**TODAY**

When there's a call for selling your old items, call the Classifieds!

- Autos
- Appliances
- Electronics
- Books
- Apparel
- Computers
- Sporting Goods
- Furniture
- Tools
- Kitchenware
- Collectibles
- Musical Instruments
- ...and more

**OUR RATES ARE:**

\$1.00 per line, 4 lines minimum for Wednesday and Friday Paper. 25¢ per line, 4 lines minimum for Shopper if purchased with Wednesday and Friday. 50¢ per line, 4 lines minimum for Sunday if purchased with Wed. and Fri. (Shopper FREE) Shopper only: \$1.00 per line, 4 lines minimum. Sunday only: \$1.00 per line, 4 lines minimum.

Border Ads: \$2.00 extra per Wednesday and Friday, \$1.00 per Shopper or/and Sunday. Reverse Ads: \$3.00 extra per Wednesday and Friday, \$2.00 per Shopper or/and Sunday Shaded Ads with a border \$3.00 extra per Wed. and Fri., \$2.00 per Shopper or/and Sunday Attention Lines, Centered/Bold Ads, 12 pt. Type, 14 pt. Type: \$0 extra per week.

Visa and MasterCard accepted over telephone or walk-in. Fax 606-886-3603

For a price quote, call **886-8506**

Sandra at Ext. #15 or Jenny at Ext. #14

The Floyd County Times

**SELL**



**TOMORROW**

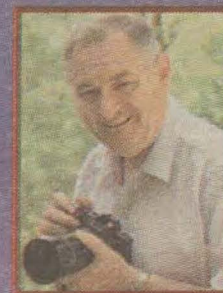


Sunday

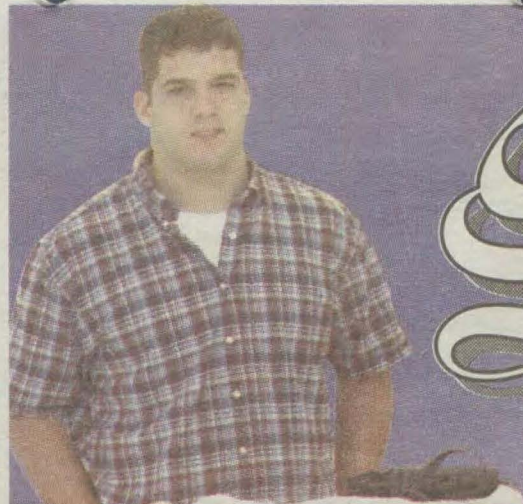
November 28, 1999

# Sports *Plus*

Serving Floyd County 1927



ED TAYLOR



## *Inside*

- *From the Pressbox*
- *Sports In Perspective*
- *Kentucky 2000 Basketball Schedule*
- *Kentucky Sportsline with Tom Leach*



# Buchanan looks to repeat, keep streak going

by Ed Taylor  
Sports Editor

One of the more successful private schools in the KHSAA has to be the June Buchanan Crusaders, who have been a dominant team the past five years in the 14th Region,

Over the five past seasons, the Crusaders are just one game short of the century mark with a 99-48 record, making them one of the winningest teams in the region during the stretch.

Gone is big man George Potter (6-7), who averaged 17 points a game and pulled

in 15 rebounds, which was good for second in the state. Also gone is guard Ray Slone, who had an average of 14 points a game and finished the season with 99 assists.

However, June Buchanan returns three starters from last year's 22-

9 team. Sophomore Josh Cook returns along with Trevor Slone and Zack Bentley.

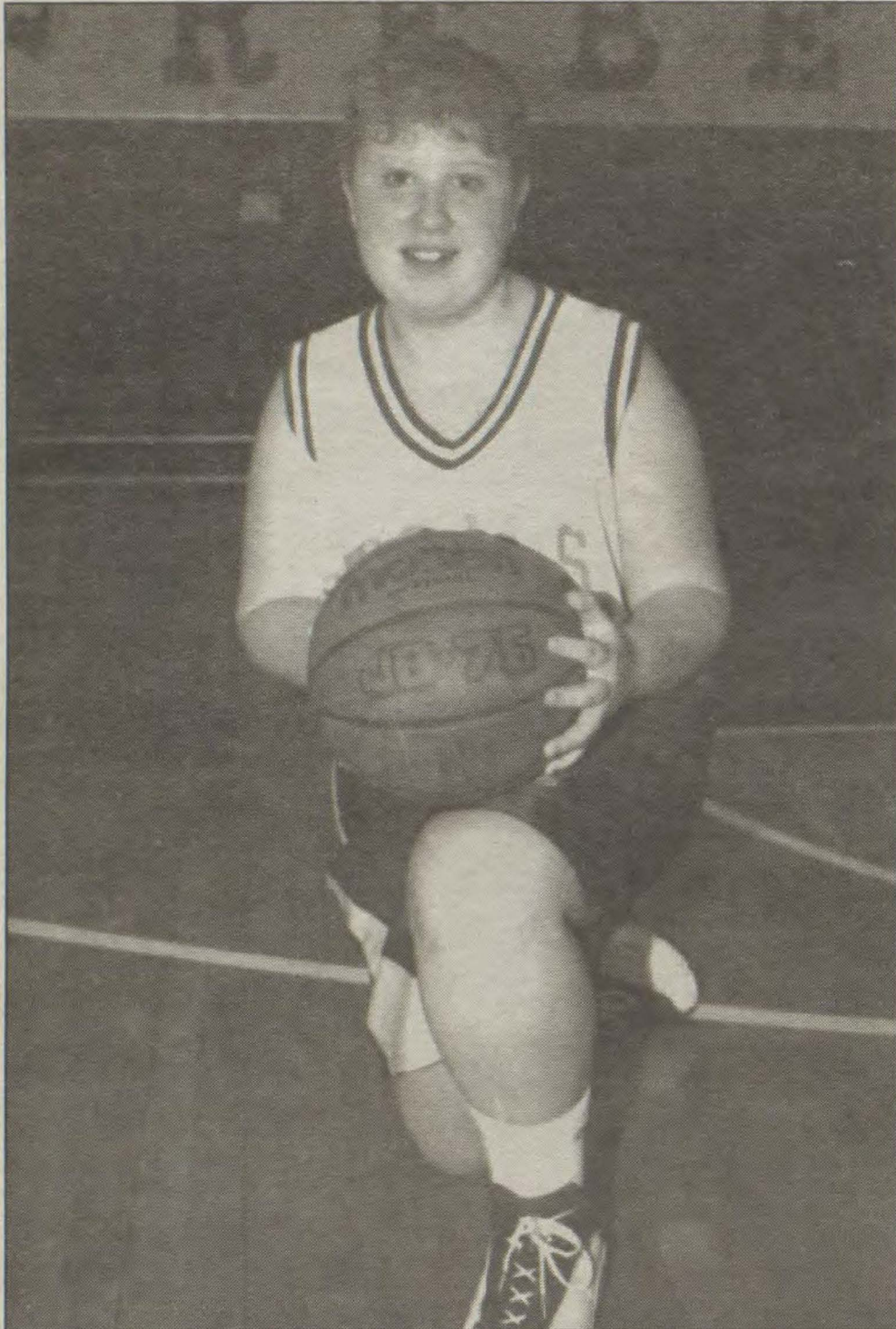
Sophomore Josh Thomas has been impressive already this season, along with Jase Slone. Heath Scott will give some help off the Crusaders bench along with Todd Johnson, Chad Combs and Kaleb Anderson.

The Crusaders will play the "run-and-gun" offense that has been so successful for them in the past. Buchanan has the ability to do what most teams only dream of doing, going with a big or small lineup. The 'Saders are expected to be a contender in their district as well as the region.

Buchanan will open their

season in the Three Rivers Conference Tournament before hosting Leslie County on November 29. The Crusaders will compete in the Livingston Invitational in Livingston, Tennessee, right after Christmas.

The Boys All "A" Regional Classic awaits them in January.



## Gets off DOA list

Samantha Skeans beat all the odds when she was pronounced dead on arrival back on December 19, 1998 after an automobile accident, but is now playing basketball once again. (photo by Ed Taylor)

## Kentucky Golf tour card makes great holiday gift for golfers

The American Lung Association of Kentucky has the ideal gift for the golfer on anyone's holiday giving list. It's the year 2000 Kentucky Golf Tour Card, a book of fantastic golf savings available now for sale to the public.

The discount golfing booklet is the perfect stocking stuffer, year-end "thank you" gift for business associates or special Y2K present to commemorate the new millennium.

The Kentucky Golf Tour Card offers more than 700 free greens fees or discounted rounds of golf at over 220 courses (152 in Kentucky alone), plus fantastic savings at driving ranges, resorts and indoor golf facil-

ities. That's 250 more rounds than last year's card and more than 20 courses new to the year 2000 package.

Cards may be purchased for \$35 each or \$105 for four—a buy three, get one free foursome special. They are valid through the end of December, 2000.

Buddy Demling, professional golfer, trick shot artist and honorary chairman for the program, suggests that Kentuckians observe the season of giving by choosing a gift that benefits others. "Giving the Kentucky Golf Tour Card is a win-win proposition," he said. "It's a sure winner for the golfer, and it helps kids and adults throughout Kentucky to win

the fight against lung disease."

Kentucky Golf Tour Cards may be purchased by calling the American Lung Association of Kentucky at 1-800-586-4872 or by sending a check for \$35 (\$105 for the foursome package) to the American Lung Association of Kentucky, P.O. Box 9067, Louisville, Kentucky 40209.

Members of AAA Kentucky can purchase cards at AAA branches in any of the following cities: Louisville, Bowling Green, Elizabethtown, Owensboro, and Paducah. Cards may also be purchased at Golf USA in Louisville.

All proceeds benefit the fight against lung disease.

## touching bases...

# Junior basketball: Life and blood of the system

by Ed Taylor  
Sports Editor

Feeder schools. Every high school has them. Any coach of any sport will tell you that without them, their programs would have a hard time existing.

Where does this "feeder system" really get its start? It all begins in the lower grades when junior basketball is played around the county.

I often think the school systems would like to see the discontinuance of junior basketball programs around our county because of the inconvenience it causes some schools in the use of their gyms.

However, the greatest thing that ever happened to Floyd County was when a young basketball coach by the name of Raymond

(See Bases, page three)

## KEEPING YOU CONNECTED!!!

Now Serving You With • Cellular Phones • Pagers • Voice Mail • Internet

In Addition To The Sale of Motorola Two-Way Radios, We Offer Service and Installation.

### Big Sandy Two-Way Communications, Inc.

Your Prestonsburg Location for Appalachian Wireless

1/2-mile N. of Highlands Regional Medical Center, behind the Marathon Station • (606) 886-3181 or (800) 445-3166



# Bases

(continued from page two)

"Mugsy" Griffith began a Junior Pro basketball program at Martin. The program had nothing to do with the school system, but they used the Martin Grade School gym on Saturdays.

I was there shortly after Griffith began the program and got involved with coaching a team. Of the players whom I coached, I saw nearly all of them go on and play grade school and high school basketball. I was proud of them and their accomplishments.

The Martin program, which still goes on today under the watchful eye of Patsy Gearheart, grew to

great numbers, as everyone wanted their kids to play in it.

Other leagues formed following the lead of the Martin program, as Maytown, McDowell, Prestonsburg, Wheelwright and Betsy Layne began programs over the years.

Quickly, young players began to develop through special rules and coaching at the youth level. Some caught on quicker than others. For others it took time, but they developed.

Later it was evident the program was doing what it was designed to do, as the grade school programs

got stronger and stronger with each season. Junior basketball became a county and regional rage as the gyms were packed with parents, grandparents and other family members.

As the grade school teams improved, so did the high school teams. Players who started when they were five years old, soon became household names as they played their way through the system.

Today, there are those who have gotten an education because they honed their talents that started in junior basketball. Today, kids are getting an education, free, because they learned at an

early age the art of playing the great game of basketball.

Every junior basketball league needs a leader and mostly it is a parent who volunteers his or her time to oversee the leagues. Those people who give up their Saturdays so a bunch of kids can come out and play basketball deserve a special applause.

I don't know all those who are overseeing the different leagues, but from the folks in Floyd County we appreciate your effort and what you are doing for our kids. It is not an easy job and at times a thankless position. But down the road you will look back and say it was a rewarding experience when you see those kids going on to the next level.

I enjoyed the five years I coached Junior Pro Basketball at Martin. I enjoyed having the Henry Webbs, Darren Conns, Ronnie Dean Ousleys, Dustin Conns, Joey Conns and the many, many others who played for me and made it at the next two levels.

I see these young men today and I have great memories of those special days that I got to share a little bit of their younger life. Those days will always be special to me.

Thanks to all the basketball coaches in the junior basketball ranks. You are doing a great service for the community and always remember, some parents have entrusted their most important commodity — their children — to you. Be a good example before them!



JEREMY CAUDILL WAS ONE OF SIX Prestonsburg Blackcats who were named to the Class AA, Region IV, District 4, All-Star team recently. (photo by Ed Taylor)

**Subscribe to the  
Floyd County  
Times at  
886-8506**

**PIKEVILLE COLLEGE WOMEN'S BASKETBALL SCHEDULE**

NOVEMBER	DATE	OPPONENT	SITE	TIME*
	Thur. 4	Knoxville	Knoxville, TN	7:00
	Sat. 6	Cumberland	Lebanon, TN	7:00
	Wed. 10	Rio Grande	Pikeville	7:00
	Fri. 12	Rax Invitational **	Pikeville	6&8
	Sat. 13	Rax Invitational **	Pikeville	2&4
	Wed. 17	Campbellsville	Pikeville	7:00
	Fri. 19	Bevo Francis Tourn.***	Rio Grande, OH	2:00
	Sat. 20	Bevo Francis Tourn.***	Rio Grande, OH	TBA
	Tues. 23	U.Va. Wise	Wise, Va.	5:30
	Fri. 26	Southern Virginia	Pikeville	4:00
	Sat. 27	Alice Lloyd	Pikeville	4:00
	Sun. 28	Virginia Intermont	Pikeville	2:00
DECEMBER				
	Sat. 4	Bluefield	Bluefield, Va.	2:00
	Thur. 30	Albertson	Phoenix, AZ.	TBA
	Fri. 31	South Dakota Tech	Phoenix, Az.	TBA
JANUARY				
	Sat. 8	Southern Virginia	Buena Vista, VA	2:00
	Mon. 10	Brescia	Owensboro	5:00
	Thur. 13	Alice Lloyd	Pippa Passes	6:30
	Sat. 15	Indiana-Southeast	Pikeville	1:00
	Mon. 17	Michigan-Dearborn	Pikeville	5:00
	Sat. 22	Lindsey Wilson	Columbia	4:00
	Mon. 24	Bluefield	Pikeville	6:00
	Wed. 26	Transylvania	Lexington	5:30
	Sat. 29	Spalding	Pikeville	2:00
FEBRUARY				
	Thur. 3	U.Va.-Wise	Pikeville	5:30
	Sun. 6	Indiana-Southeast	New Albany, Ind	1:00
	Tues. 8	Cumberland	Williamsburg	7:00
	Sat. 12	Lindsey Wilson	Pikeville	3:00
	Tues. 15	Union	Barbourville	7:00
	Sat. 19	Brescia	Pikeville	3:00
	Tues. 22	Georgetown	Pikeville	7:00
	Sat. 26	Spalding	Louisville	1:00

\* All times Eastern  
 \*\* (PC, Alice Lloyd, Cumberland, Mt. Aloysius)  
 \*\*\* (PC, Rio Grande, Union, Spalding)



# NASCAR Connection

## The Season of Thanks

by Steve Mickey  
NASCAR Columnist

The 1999 season is now safely in the record books, but what a season it turned out to be! The competition level of the series continued to rise this season as we saw a couple of drivers capture their first-ever Winston Cup Championships.

We are in the time of year that we all should pause and give thanks for all of the special things and blessings that have happened to us over the last year. As I look back over the just completed season, it becomes very apparent that many drivers, crew members and owners have plenty to be thankful for since the season got underway back in February.

One owner who has plenty to be thankful for is Joe Gibbs. Although no owner has experienced the success Gibbs has had with his two teams, maybe the person he is most thankful for is the late Harry Ranier.

Ranier owned the contract to Tony Stewart, but was unable to come up with the proper funding to field a full-time effort in the Winston Cup series two years ago. Ranier entertained many offers from owners wanting to buy Stewart's contract from him, but Ranier later said that Gibbs was the only owner who came in with an honest offer to him for Stewart's service. Although he may have gotten more money if he shopped around some more, Ranier knew Gibbs would have Stewart's best interest in all of the decisions made about the young driver's career.

Robert Yates has to be thankful he stuck with a driver who was really going through some tough times when he was driving Yates' Texaco Ford. Dale Jarrett was hired to fill in until the injured Ernie Irvan could come back to drive. Jarrett's tenure in Irvan's old ride was not one which distin-

guished him as one of the premier drivers on the circuit. Instead it helped to increase the perception that he would never be better than a middle-of-the-pack driver.

Yates saw something in the driver many observers didn't and chose him to pilot his second car. And the rest, as I already said in the beginning, is now history. Jarrett is no doubt thankful for Yates's putting him in the ride, but both Yates and Jarrett have to be thankful for the job crew chief Todd Parrott has done in making the team into a championship outfit.

Ray Evenham's split with Hendrick Motorsports and Jeff Gordon sure stole the headlines this fall, but what it really did was leave Evenham being thankful to Rick Hendrick for giving him his release. The departure allowed Evenham to own his own race teams and to be in charge of Chrysler's return to Winston Cup rac-

ing.

Even Darrell Waltrip, with one of the worst seasons any driver could have, has plenty of reasons to be thankful. Ol' DW should get on his hands and knees and thank Kmart that they would not only sponsor him this past season, but would also sign on to sponsor his 2000 season in Winston Cup, which he has dubbed his "Victory Tour" season before he retires from the sport.

The track owners no doubt have sent NASCAR thank you notes for the recently negotiated TV deal. This new deal will guarantee an increase in the cash flow to track owners before they ever sell the first ticket.

We race fans have plenty to be thankful for, also. We got to enjoy another year of racing that saw some of the best finishes in the history of the sport. There was Earnhardt's "bump in the night" at Bristol and the emotional first win of Tony Stewart and Joe Nemechek. We also saw Jeff Gordon shake off the effects of losing Ray Evenham and win his first two races without his longtime crew chief.

I may have been the luckiest of all as I not only got to watch all of this great action, but because of you I also had the fun of writing this article each week. I even had the pleasure of getting to talk to many of you during the course of the year.

To make it a little easier to hear from you I am including my e-mail address in today's column. Pass along any comments you have about the column or if you would just like to talk a little racin'. I can't promise that I will get back to you as soon as you would like, but I will make every effort to answer your mail. hot-wheels@se-tel.com is the address to send your comments.

Once again thanks for reading the column this season. The racing may be over, but the news from the series has no off season. So be sure to keep reading as we begin to gear up for the next millennium of Winston Cup racing.



Time for a drink

Betsy Layne Elementary's Whitney Lykens stopped for a drink of water during basketball play (photo by Ed Taylor)

## 1999-2000 Kentucky Basketball Schedule

Month	Date	Opponent	TV	Time	Location
November	2	California All-Stars	UKTV Delay	7:30	H
	11	Athletes in Action	UKTV Live	8:00	H
	17	Pennsylvania NIT	ESPN	9:00	H
	19	Utah NIT	ESPN	7:00	H
	24	NIT Semifinals	ESPN	6/8:30	A
	26	NIT Finals	ESPN	8:30	A
29	Dayton	ESPN2	7:00	A	
December	4	Indiana	CBS	3:30	A
	7	UNC-Asheville	UKTV Live	8:00	H
	11	Maryland	ESPN	9:00	A
	18	Louisville	CBS	4:00	H
	23	Michigan State	ESPN	7:00	H
	27	Alaska-Anchorage	UKTV Live	8:00	H
	30	Missouri (Sugar Bowl)	Fox Sports Net	7:00	A
January	5	Georgia Tech	ESPN	7:00	A
	8	Vanderbilt	Fox Sports South	6:00	H
	11	Auburn	ESPN	9:00	A
	15	South Carolina	Fox Sports South	6:00	A
	19	Ole Miss	UKTV Delay	7:30	H
	22	Vanderbilt	Jefferson-Pilot	TBA	A
	26	Georgia	Jefferson-Pilot	8:00	A
29	Miami, Fla.	CBS	1:00	A	
February	1	Tennessee	ESPN	9:00	H
	5	South Carolina	Jefferson-Pilot	TBA	H
	8	Florida	ESPN2	9:00	A
	13	LSU	Jefferson-Pilot	TBA	A
	16	Alabama	Jefferson-Pilot	8:00	H
	19	Georgia	Jefferson-Pilot	8:00	H
	23	Tennessee	Jefferson-Pilot	8:00	A
	26	Arkansas	CBS	Noon	H
	29	Mississippi State	ESPN	9:00	A
March	4	Florida	CBS	Noon	H

SEC Tournament March 9-12 at Georgia Dome in Atlanta

# Confidence level high, Collins looks toward basketball season

From the  
**PRESSBOX**

by Ed Taylor  
Sports Editor

For the Betsy Layne Bobcats, the 1999-2000 season promises to be an entirely different one than what they went through last year. The Bobcats only posted

seven victories last season and finished last in the Floyd County Conference.

Junior Adam Collins says all that was last year and this could be the season for the Bobcats to "be jolly!"

"We are going to be a great team this year," Collins

said.

The reason for Collins' optimism can be summed up in words like "confidence" or "respect" or "control." All three were missing last season.

"We have more respect this year. We are more under

control that what we played last year. Our confidence level is up this season," said Collins, who is one of the many bright spots on this Bobcat team this season.

Betsy Layne will not be a half-court team and that you can count on, according to Collins.

"Our defense is going to be the key for us this year," he said. "You have to have a good defense to get your offense. We all work hard to play good defense and we work hard all the time in practice. We run a lot to get in shape so we can play defense."

"Adam is going to be a big surprise to a lot of teams this year," said Betsy Layne coach Brent Rose. He is a strong kid and goes all out on the floor. He jumps well and rebounds well."

Rose said if Collins were 6-4 or 6-5 he could probably

lead the state in rebounding.

"He works very hard inside to get rebounds," said Rose. "He has been a great help since he came out."

Collins is still working at getting his "basketball legs" now that football season has ended. His ability to post up against taller opponents makes him an inside threat.

"We don't take any days off from practice," Collins stated. "We either go hard or not go at all. In the games, it is either go hard or not play."

The team chemistry, according to Collins, is just where it should be, as the Bobcats look toward a winning season, something they haven't experienced in the past four seasons.

"We are playing as a team," Collins said. "Coach Rose has cut out all the 'ball-hogging.' As a team, we are working very hard. Those who had an attitude of 'I

don't care' last year, are those who are working extra hard this season."

For Collins, he is enjoying the season thus far and said it should be a fun filled year.

"All the players are getting along real well," he said. "Last year we didn't get along. We are getting along with the coach this year. It's all just so different. It is going to be a fun year and I think we will have a good team."

Under control, respect, chemistry, confident are nice words and needed on a basketball team. But Collins added another — attitude.

"A lot of attitudes have changed this year," said Collins. "Attitudes toward each other and the coaching staff. All that has left this team. We realize we can play this year and last year we thought we couldn't."



VETERAN BASKETBALL OFFICIAL, Dale Conn, is one of 22 Floyd Countians who are part of the 15th Region Officials Association. (photo by Ed Taylor)

## Sheldon Clark Tip Off Classic

# Seven games highlight Classic

by Ed Taylor  
Sports Editor

Fourteen teams will comprise the annual Sheldon Clark Tip-Off Classic at Inez this coming Saturday, November 27, and what a line up of teams.

Several 15th Region teams will be in competition, with teams from Louisville, West Virginia and Greenwood also taking part.

A middle school game at 9 a.m. will get the day's events off to a start. Following the grade school game, Danny Adams' Magoffin County Hornets will face Louisville Western at 10:30. Coach Adams always puts a competitive team on the court and the Hornets are expected to be strong again this year.

At noon, Pike County Central faces Fairview, with the Hawks making a good showing last year and returning most of last year's team.

South Floyd meets Louisville Moore at 1:30

p.m. Coach Henry Webb's team is ranked fourth in the region in preseason rankings. The Raiders have experience and will be a big team this season.

Coach Jackie Day Crisp's Prestonsburg Blackcats will be tested when they face always tough Tolsia, West Virginia, in a 3 p.m. start. Brandon Branham, Seth Crisp and company look to prove they are ready to compete this season.

The Paintsville Tigers will roar into Inez as they take on Louisville Iroquois in a 4:30 tip off

time. Coach Bill Mike Runyon's team has grabbed the top spot in the preseason regional rankings. Iroquois is expected to win the 6th Region this year.

Host Sheldon Clark will meet Western Hills at 6 p.m. The Cardinals, like a lot of teams, are searching for the right chemistry this year.

The final game of the day will pit Greenwood against Belfry at 7:30 p.m. Jonathan Wright will lead the Pirates onto the hardwood this year.

• Ford • Ford • Ford • Ford • Ford • Ford •

**Crum Motor  
Sales**

Inez, KY

298-3535

• Ford • Ford • Ford • Ford • Ford • Ford •



*Henry Webb*

# John



# High School's

**Sandy Valley  
Financial Service**  
Mayo Plaza, Paintsville  
**788-9930**

Johnson County Sheriff's Department  
**WILLIAM D. "BILL" WITTEN**  
Sheriff  
Office: (606) 789-3411  
Emergency Dial 911  
342 Second Street  
Paintsville, KY 41240  
Res.: (606) 297-3066  
Fax: (606) 789-2574

*Tropical Isle Tanning Salon  
and Baywash*  
Broadway, Paintsville  
789-8223  
**Coming Soon to Prestonsburg**



**Home Gallery Outlet**  
978 Broadway Plaza, Paintsville  
**789-8877**

# Johnny Ray Turner

## Turner takes pride in former players' success

by Ed Taylor  
Sports Editor

It is well documented how assistants for former UK coach Rick Pitino found success of their own in the college coaching ranks. Seems every assistant under Pitino ended up a head coach somewhere else.

But in the state of Kentucky, how many coaches still coaching have former players who are head high school basketball coaches?

Johnson Central head basketball coach Johnny Ray Turner could very well be the only coach in the state who can lay claim to that distinction.

Turner coached at McDowell High School until that facility closed to consolidate with Wheelwright High School and form South Floyd High School.

It was at McDowell that Henry Webb, Brent Rose and Stacy Hall played for the Daredevil coach in an era when McDowell was one of the top regional teams in the 15th Region.

All three players are head basketball coaches, while Turner still calls the shots at Johnson Central.

When the Clarence D. Rice Tip Off Classic tips off, two of those coaches will be going up against their former coach.

Brent Rose is the new head coach at Betsy Layne High School while Stacy Hall is in his first year at the helm of the Mercer County program. Webb is head coach at South Floyd, where Turner was ticketed to be when the schools consolidated.

Rose will have the privilege of taking his Betsy Layne team against Turner's Johnson Central squad in a first round game of the Tip Off Classic. Webb's Raiders will meet Greenup County in the opening round and some have visions of the former player and coach meeting in the finals.

(See Turner, page Twelve)



Pitino



Brent Rose

### Paintsville Weight Loss Clinic



Dr. Francisco Puig

James Trimble Blvd.,  
Paintsville

789-5600

### Dr. Roger N. Jurich M.D.

University Drive, Prestonsburg

886-3831



# The Racing Reporter



## BOBBY LABONTE EASILY WINS SEASON-ENDING NAPA 500

by Gerald Hodges  
The Racing Reporter

HAMPTON, Ga. — Bobby Labonte, who had to use a provisional to get into Sunday's Winston Cup NAPA 500, easily outclassed the rest of the 43-car field to win his fifth race of the 1999 season and the 12th of his career.

"We had great short runs," said Labonte, driver of Joe Gibbs' No. 18 Interstate Batteries Pontiac. "We didn't qualify well, but what a way to end the millennium. Joe has put together a great team. We'll take second-place in the championship, and work on the team in the off-season."

Dale Jarrett and Stewart have won eight races during the season. The 1999 Winston Cup Champion, Dale Jarrett, driver of Robert Yates' No. 88 Quality Care Ford came in second.

Three-time Winston Cup champion. Jeff Gordon blew an engine and wound up 38th. Pole-sitter Kevin LePage finished 17th.

Ricky Rudd's consecutive win streak of winning at least one race for the past 16 years ended Sunday, as he failed to win a race during 1999. He is selling his team and will take over as driver of the Robert Yates No. 28 Havoline Ford in 2000.

Finishing order: 1. Bobby Labonte, 2. Dale Jarrett, 3. Jeremy Mayfield, 4. Mark Martin, 5. Jeff Burton, 6. Chad Little, 7. Ricky Rudd, 8. Mike Skinner, 9. Dale Earnhardt Sr., 10. Bobby Hamilton, 11. Ward Burton, 12. Steve Park, 13. Rusty Wallace, 14. Dale Earnhardt Jr. 15. Tony Stewart, 16. Elliott Sadler, 17. Kevin LePage, 18. Geoffrey Bodin, 19. Ken Schrader, 20. Jerry Nadeau, 21. David Green, 22. Bill Elliott, 23. Wally Dallenbach, 24. Kyle Petty, 25. Ed Berrier,

26. Buckshot Jones, 27. Robert Pressley, 28. Dave Marcis, 29. Kenny Irwin, 30. Brett Bodine, 31. Sterling Marlin, 32. Joe Nemechek, 33. John Andretti, 34. M)Kenny Wallace, 35. Gary Bradberry, 36. Michael Waltrip, 37. Dave Blaney, 38. Jeff Gordan, 39. Johnny Bendson, 40., Terry Labonte, 41. Rick Mast, 42. Jimmy Spencer, 43. Todd Bodine.

Here are the final (unofficial) Winston Cup points standings: 1. Jarrett-5262, 2. B. LaBonte-5061, 3. Martin-4943, 4. Stewart-4774, 5. J. Burton-4733, 6. Gordan-4620, 7. Earnhardt Sr.-4492, 8. R. Wallace-4155, 9. W. Burton-4062, 10. Skinner-4003.

The 1999 Winston Cup Series Banquet will be held Friday, Dec. 3, in the grand ballroom of the Waldorf Astoria Hotel in New York City. It will be broadcast on ESPN beginning at 8:30 p.m.(EST)

## RON HORNADAY TAKES THE ARCA GEORGIA BOOT

HAMPTON, Ga. — Here are the results of the Georgia Boot 400, run Saturday, Nov. 20.

1. Ron Hornaday, 2. Derrick Gilchrist, 3. Frank Kimmel, 4. Brian Ross, 5. Jason Leffler, 6. Billy Venturi, 7. Bill Baird, 8. Rich Woodland, 9. Mike Swaim, 10. Jeff Finley, 11. Bobby Gerhart, 12. Mark Gibson, 13. Joe Cooksey, 14. Bill Dittymore, 15. Christian Elder, 16. Ron Cox, 17. Mark Claussner, 18. Curt Piercy, 19. Mike Ciochetti, 20. Norm Benning, 21. Joe Nott, 22. Dan Pardus, 23. Lance Hooper, 24. Mark Stahl, 25. Blaise Alexander, 26. Dwayne Leik, 27. Bob Schacht, 28. Darrell Lanigan,

(See Racing, page nine)



CHEERING ON THEIR TEAM WERE THE Betsy Layne Elementary cheerleaders as they were sideline-to-sideline yellers. (photo by Ed Taylor)



# Sports in Perspective

by Denis Harrington

The weekend of September 24-26, 1999, will doubtless mark one of the most memorable Ryder Cup encounters in the long and illustrious history of these international matches.

On this occasion, a 12-man contingent of professional golfers representing the United States mounted a record-shattering comeback to overtake their European counterparts and regain the coveted trophy at The Country Club in Brookline, Mass.

Following the unprecedented rally, members of the victorious American team and their supporters engaged in an exuberant celebration, complete with shouting, hugging, flag waving and spewing bottles of champagne. All of which left a bad taste in the mouth of some media types from both sides of the Atlantic and a few European squad administrators.

To quote one very tweedy critic, "It was an unseemly display which ran directly counter to the aura of good sportsmanship the matches were supposed to promote."

At first glance the complaint seemed worthy of merit. But there's much more to the matter than meets the eye. And many of the people who raised their voices in protest are guilty of the worst hypocrisy.

Let's go back in time a bit.

The Ryder Cup matches had their inception in 1927 when Samuel Ryder, a British seed merchant and golf enthusiast, donated the trophy which would become the focal point of a biennial competition between a group of American pros and a similar aggregation drawn from England, Ireland, Scotland and Wales.

For the next 50 years the United States dominated the Ryder Cup matches. Then in 1979, the opposition ranks were expanded to include fairway mer-

cenaries from throughout Europe. By virtue of this new arrangement, the competition experienced a rebirth in interest both here and abroad.

With Tony Jacklin, 1969 British Open and 1970 U.S. Open champion, as captain, the European side won the Ryder Cup in both 1985 and 1987 and later forged a tie in 1989. During this time the hype and hyperbole attending the competition grew in degree and vociferousness.

Jacklin proved to be an outspoken leader, not loathe to rub a little verbal salt in the Americans' psychological wounds. Adding to the tension of the matches was the opportunistic tactics of Spain's brilliant Seve Ballesteros, which further riled a number of U.S. competitors.

Each European triumph was accompanied by a liberal dousing of the victors with champagne, no little hurrahs for all the jolly good fellows and overt chortling

on behalf of the foreign media and the Brits in particular.

Come 1991, the Ryder Cup matches had attained the status of a major sporting event. Network television got involved, along with monied sponsors and the fan base, both foreign and domestic, grew louder and larger.

The United States won the matches in 1991 and 1993. In 1995 and 1997 the Ryder Cup reverted to European possession. But the latter year set the tone for what was to come.

When the Euros topped the United States at Spain's Valderrama course in 1997, it was with Ballesteros at the team reins. Once again the victors freely sprayed champagne and danced a conga line around the 18th green as a highly partisan crowd roared its approval. The American visitors, "got no respect."

As the 1999 Ryder Cup matches drew closer, public pressure for a U.S. win mounted to a fever

pitch. The American public would be watching the play via NBC, and record crowds were anticipated at The Country Club site. It was going to be a "happening."

For nearly two years the American press had intimated that the United States pros were "chokers" and had grown mentally soft and complacent. And once play began, the U.S. squad quickly fell behind in the alternate shot and best ball pairings. Now the media was at full howl. Even Johnny Miller, a former leading money winner on the PGA Tour and currently a NBC-TV commentator, was predicting a European runaway.

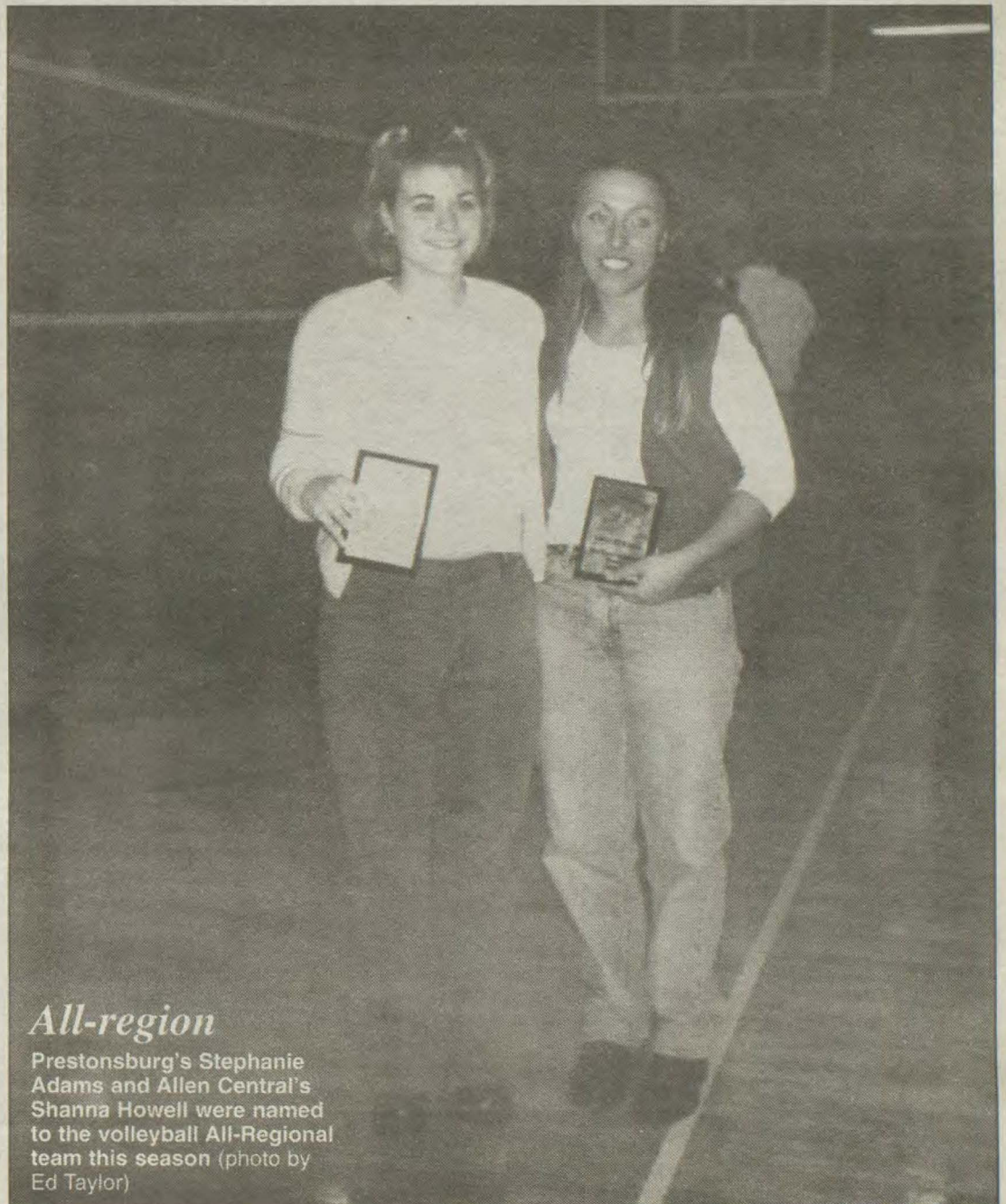
Given these circumstances, the American pros charged from behind to claim the 1999 Ryder Cup matches. Then they set about to rub a little salt of their own. And to say, "What goes around, comes around, good buddies."

Such is the way of war.

## Alice Lloyd College Eagles 1999-00 Men's Basketball Schedule

OCTOBER			
30	Martin Methodist	Away	2:00
NOVEMBER			
5-6	Ky. Christian Tournament	Away	TBA
9	Ohio Southern	Home	7:30
13	Warren Wilson	Home	4:00
16	Johnson Bible College	Home	6:30
18	Pikeville College	Away	7:30
20	Bryan College	Home	4:00
23	Bluefield	Away	7:30
30	Montreat-Anderson	Home	7:30
DECEMBER			
4	Tennessee Wesleyan	Away	4:00
7	Virginia Intermont	Home	7:30
10	Kentucky Christian	Home	7:00
30	Bluefield State	Away	7:00
JANUARY			
5	Clinch Valley	Home	7:30
7	Appalachian Bible	Home	7:00
8	Ohio Southern	Away	4:00
11	Bluefield	Home	7:30
14	Warren Wilson	Away	6:00
15	Montreat Anderson	Away	7:30
18	King College	Home	7:30
21	Covenant College	Away	7:30
22	Bryan College	Away	4:00
27	Milligan College	Away	7:30
29	Tennessee Wesleyan	Home	6:00
FEBRUARY			
3	King College	Away	7:30
5	Temple Baptist	Home	4:00
8	Clinch Valley	Away	7:30
10	Pikeville College	Home	7:30
12	Covenant College	Home	7:30
15	Virginia Intermont	Away	7:30
17	Milligan College	Home	7:30

February 23-26 T.V.A.C. Tournament  
Conference games in bold print.



### All-region

Prestonsburg's Stephanie Adams and Allen Central's Shanna Howell were named to the volleyball All-Regional team this season (photo by Ed Taylor)

# Kentucky Sportsline

By Tom Leach



check out that scene next month.

Kentucky will not get the official word on its bowl status until December 5 but unless Vanderbilt upsets Tennessee this Saturday, I think Big Blue fans can start making plans to spend the week after Christmas in

I'm told the Opryland Hotel in Nashville at Christmas time is quite a sight to behold and it says here that Big Blue fans will have the chance to

Nashville. If the Vols close out the regular season with a win over the Commodores, they will almost certainly be invit-

ed to play in either the Orange or Fiesta Bowl. That will mean a guaranteed spot for all of the eight bowl-eligible teams from the Southeastern Conference and since the lower-tier bowls work with the league office in determining their teams and since

geography is one of the important considerations and since the Music City Bowl has 65,000 seats to fill at the new Adelphia Coliseum (as opposed to 41,000 at Vanderbilt Stadium last year), I think you can count on the Wildcats playing in the December 29 game in Nashville.

Assuming Tennessee defeats Vandy, I see the bowl situation being fairly easy to sort out.

The Vols and the winner of the SEC title game go to the BCS. Most pro-

jections I see have the Florida/Alabama winner in the Orange with Tennessee returning to the Fiesta Bowl, but to me, the most attractive matchup would feature two SEC teams in the Orange Bowl, with perhaps Michigan playing either Nebraska or Texas in the Fiesta.

From there, I think Ole Miss, Mississippi State and Georgia will probably split up the Outback, Peach and Independence Bowls, with Arkansas heading to the Cotton if it beats LSU this Friday. Should the Hogs lose, they'll go to the Independence and the Cotton will take a member of that other threesome. The one thing of which I'm sure is that the Peach Bowl folks do not want a repeat appearance by Georgia for economic reasons.

So who would Kentucky play in the Music City Bowl?

It'll be a Big East team and the projections I've seen on various sports internet sites this week list Syracuse and Pitt (providing it beats West Virginia this weekend) as possible foes.

.....

## BOWL WORTHY

Some will argue that a team that wins only one more game than it loses does not deserve a bowl trip, but that is a moot point since the number of bowl slots available demand that 6-5 teams be included.

And of all the 6-5 teams out there this season, the Wildcats have to rank among the most worthy. The Wildcats beat a nationally-ranked Arkansas team and came within five seconds of upsetting a top 10-ranked Mississippi State on the road. Each defeat came at the hands of a bowl team and four of those foes are still among the nation's top 25.

Yes, the lopsided loss to Tennessee was a disappointing way to end the campaign, but consider that UK played the Vols without its best man-to-man cover cornerback (Eric Kelly) and its best tackler (Willie Gary) and had three true freshmen (Brad Pyatt, Derek Smith

and Bobby Blizzard) running pass routes most of the day.

Considering the inexperience on this Kentucky team, and the injuries it endured in the second half of the season, it's amazing that this club is 6-5 instead of 3-8 or 4-7, which is what most of the experts envisioned as the best-case scenario back in August.

"I think we took a step forward this year," said quarterback Dusty Bonner after the loss to UT. "People didn't expect a whole lot out of us. We lost a couple of games that were lopsided, but everybody worked hard and we were competitive."

"I think we showed some people some things, but I think, at the same time, we expected it out of ourselves," he added. "That's a good feeling."

When you talk about getting your program to the next level, of the big dogs, you've got to expect to play well. Hopefully, we can just get better."

And this program is doing just that under Mumme's guidance. The offense naturally regressed with the losses of players like Tim Couch and Craig Yeast, not to mention the entire offensive line. But the Cats offered a glimpse of a

bright future in that win over Arkansas.

Unfortunately, that's when Dougie Allen was injured and when Quentin McCord was slowed by a sprained arch in his foot in the second half of the season. Kentucky lost its ability to stretch opposing defenses vertically, meaning the short-passing game was easier to control.

Defensively, despite the fifth 50-plus-point performance by Tennessee in the last six years, the Wildcats were significantly improved. Whereas even mediocre offenses scored in the 30's last year, Kentucky was able to put the clamps on teams like South Carolina, LSU and Mississippi State this season. However, UK still has some serious work to do to close the gap on the best offenses, like those at Florida and Tennessee.

Kentucky ranked among the nation's leaders in takeaways and continuing that trend will enable the Wildcats to be markedly better next season, when the offensive unit improves and is better able to capitalize on those opportunities.

Big Blue fans can finally see the light at the end of a long tunnel—and they can feel optimistic that it's not just another oncoming train.

## Alice Lloyd College Lady Eagles Basketball Schedule

### NOVEMBER

Nov. 5	Transylvania Univ.	Away	5:30
Nov. 6	Lindsey Wilson	Away	2:30
Nov. 12-13	Pikeville (Rax) Inv. Tour.	Away	6-8
Nov. 16	Ky. Christian	Away	6:30
Nov. 18	Berea College	Home	6:30
Nov. 20	BRYAN COLLEGE	Home	2:00
Nov. 23	BLUEFIELD COLLEGE	Away	5:30
Nov. 27	Pikeville College	Away	4:00
Nov. 30	MONTREAT COLLEGE	Home	5:30

### DECEMBER

Dec. 4	TENN. WESLEYAN	Away	2:00
Dec. 7	VIRGINIA INTERMONT	Home	5:30
Dec. 9	Lindsey Wilson	Home	6:30
Dec. 11	Union College	Away	2:00

### JANUARY

Jan. 3	Berea College	Away	7:00
Jan. 5	CLINCH VALLEY	Home	5:30
Jan. 6	Union College	Home	6:30
Jan. 11	BLUEFIELD COLLEGE	Home	5:30
Jan. 13	Pikeville College	Home	6:30
Jan. 15	MONTREAT COLLEGE	Away	5:30
Jan. 18	KING COLLEGE	Home	5:30
Jan. 21	COVENANT COLLEGE	Away	5:30
Jan. 22	BRYAN COLLEGE	Away	2:00
Jan. 27	MILLIGAN COLLEGE	Away	5:30
Jan. 29	TENN., WESLEYAN	Home	4:00

### FEBRUARY

Feb. 3	KING COLLEGE	Away	5:30
Feb. 8	CLINCH VALLEY	Away	5:30
Feb. 12	COVENANT COLLEGE	Home	5:30
Feb. 15	VIRGINIA INTERMONT	Away	5:30
Feb. 17	MILLIGAN COLLEGE	Home	5:30
Feb. 19	Ky. Christian (Sr. Day)	Home	2:00
Feb. 23-26	T.V.A.C. Conference Tour.	Bristol, VA	TBA

\*Conference Teams (All capital letters)

## EASTERN KENTUCKY PHYSICAL THERAPY, PSC



GWENDOLYN HALL, P.T.

OPENING DECEMBER 1st

I would like to announce the opening of a new full service physical therapy practice located in Prestonsburg, Kentucky. I will be providing the following services:

### ORTHOPEDICS

- Neck/Back Injuries
- S-I Joints
- TMJ
- Sports Injuries

### INDUSTRIAL/ERGONOMICS

- Work Hardening
- Work Conditioning
- Job Site Analysis
- Neck/Back School

### FUNCTIONAL CAPACITY EVALUATIONS

(Utilizing the Key Method)

- On-site assessments are available

Mon. & Fri., 8 a.m.-4:30 p.m. Wed., by appointment  
 Tues., 1 p.m.-7 p.m. Thurs., 7 a.m.-2 p.m.

TO SCHEDULE AN APPOINTMENT, PLEASE CALL 606-889-0492

536 North Lake Drive, Prestonsburg, Ky.  
 (Next to Layne's Hardware)

**PIKEVILLE COLLEGE MEN'S BASKETBALL SCHEDULE**

<b>NOVEMBER</b>			
Sat. 6	U.Va-Wise	Pikeville	7:30
Tues. 9	Rio Grande	Pikeville	7:30
Thur. 11	Transylvania	Pikeville	7:30
Sat. 13	Miami-Hamilton	Pikeville	7:30
Thur. 18	Alice Lloyd	Pikeville	7:30
Sat. 20	Cumberland	Pikeville	7:30
Tues. 23	College of W. Va.	Beckley, W.Va	7:30
Fri. 26	Rax Invitational**	Pikeville	TBA
Sat. 27	Rax Invitational**	Pikeville	TBA
<b>DECEMBER</b>			
Wed. 1	Brevard	Pikeville	7:30
Sat. 4	Cumberland	Williamsburg	2:00
Sun. 12	Union	Pikeville	3:00
Mon. 13	U.Va.-Wise	Wise, Va.	7:30
<b>JANUARY</b>			
Mon. 3	Campbellsville	Campbellsville	7:30
Wed. 5	Union	Barbourville	7:30
Mon. 10	College of W. Va.	Pikeville	7:30
Fri. 14	Indiana-Southeast	Pikeville	7:30
Sat. 15	Brescia	Pikeville	7:30
Tues. 18	Lindsey Wilson	Columbia	8:00
Thur. 20	Coal Classic ***	Beckley, W.Va,	TBA
Fri. 21	Coal Classic ***	Beckley, W. Va.	TBA
Fri. 28	Temple Baptist	Pikeville	7:30
Sat. 29	Spalding	Pikeville	4:00
<b>FEBRUARY</b>			
Sat. 5	Brescia	Owensboro	3:00
Sun. 6	Indiana-Southeast	New Albany, Ind.	3:00
Tues. 8	Berea	Pikeville	7:30
Thur. 10	Alice Lloyd	Pippa Passes	7:30
Sat. 12	Lindsey Wilson	Pikeville	7:30
Sat. 19	Berea	Berea	7:30
Thur. 24	Georgetown	Georgetown	7:30
Sat. 26	Spalding	Louisville	7:30

**Racing** (continued from page eight)

29. Cavin Cunsilor, 30. Andy Hillenburg, 31. Chuck Weber, 32. Shane Yoder, 33. Kevin Ray, 34. Tracy Leslie, 35. David Keith, 36. Andy Belmont, 37. Chad Chaffin, 38. Mike Borkowski, 39. Dave Steele, 40. Kirk Shelmerdine

**MIKE SKINNER TALKS ABOUT THE 2000 MONTE CARLO**

Nine teams tested the 2000 Monte Carlo at Homestead Miami Speedway — Mike Skinner, Jerry Nadeau in the No. 25 Budwiser Monte Carlo, Jeff Gordan in the No. 24 DePont Automotive Finishes Monte Carlo, Geoffrey Bodine in the No. 60 Power Team Monte Carlo, Steve Park in the No. 1 Pennzoil Monte Carlo, Bobby Hamilton in the No. 4 Kodak Man film Monte Carlo, Terry Labonte in the No. 5 Kellogg's Monte Carlo, Dale Earnhardt Jr. in the No. 8 Budwiser Monte Carlo and Rick Mast in the No. 41 Kodiak Monte Carlo. The 2000 Monte Carlo has been tested at St. Louis, Talladega and now at Homestead Miami.

Mike Skinner led all Team Monte Carlo drivers with a sixth-place finish in the inaugural Pennzoil 400 NASCAR Winston Cup race. In the process, Skinner clinched 10th place in the 1999 NASCAR Winston Cup standings. Skinner talks about the new Monte Carlo and the season finale.

"We're starting to get to the front end stuck a little bit better on the 2000 Monte

Carlo," said Skinner. "We're learning more about the cooling. With half a day under our belts at Homestead, we're really working on the chassis. When we get the chassis halfway drivable again, we'll start working on some aero stuff and some more cooling stuff. That seems to be the big thing. We've got to get this ductwork system down and get the thing where it will cool so we can make long enough runs without wide open tape. I think the cat has got a lot of potential. I'm excited about it. We're overdue for a change. We're still behind a little bit to the other cars, so we're looking forward to this new Monte Carlo. We're going to make the best of it and try to get the thing going where it's real good on long runs. That's where they're beating us so bad. We can run with them for a few laps, but that's about it.

"They keep refining their cars. When they came out with the Taurus, NASCAR gave them a license to steal. They learned their lesson on that deal, and now they're going to be pretty hard on us. Maybe the best thing that's happening to us here is that we are getting beat right now. Maybe they'll slack up a little bit and give us something. I just want it to be a level playing field. We don't need to be better than they are, but we don't need to be as far behind as we are, either. We just have a heck of a time getting grip in the race car on the long runs."

**Louisville Cardinals 1999-2000 Schedule**

<b>November</b>			
Tues. 2	Premier All Stars (EXHIBITION)	Freedom Hall	8:00
Fri. 19	Va. Commonwealth (WDRB/WFTE)	Richmond, Va	8:00
Sun. 21	ATHLETES IN ACTION (WDRB-db)	Freedom Hall	1:30
Thur. 25	at Carrs/ Safeway Great Alaska Shootout	Alaska	TBA
Sat. 27	(First round pairings: 11/24, Grambling State vs. Ga. Tech, Washington vs. Alaska; Nov. 25, Xavier vs. Louisville, Kansas Vs Georgia)		
<b>December</b>			
Sat. 4	Louisville Tech (WDRB/WFTE)	Freedom Hall	2:00
Sat. 11	Alabama (WDRB/WFTE)	FREEDOM HALL	7:30
Wed. 15	CENTRAL FLORIDA (WDRB/WFTE)	FREEDOM HALL	7:30
Sat. 18	Kentucky (CBS)	Lexington	4:00
Mon. 20	TENNESSEE STATE (WDRB/WFTE)	FREEDOM HALL	7:30
Thur. 23	NORTH CAROLINA (ESPN)	FREEDOM HALL	7:00
<b>January</b>			
Mon. 3	TULANE (WDRB/WFTE)	FREEDOM HALL	7:30
Thur. 6	UTAH (WDRB/WFTE)	FREEDOM HALL	7:30
Sat. 8	SOUTHERN MISSISSIPPI(WDRB)	FREEDOM HALL	2:00
Wed. 12	UAB (WDRB/WFTE)	Birmingham, Ala.	7:30
Sat. 15	Marquette (WDRB/WFTE)	Milwaukee, Wisc.	2:00
Thur. 20	DEPAUL (ESPN)	FREEDOM HALL	9:00
Sat. 22	UNC CHARLOTTE (WDRB/WFTE)	FREEDOM HALL	5:00
Thur. 27	CINCINNATI (ESPN)	FREEDOM HALL	9:00
Sat. 29	Saint Louis (ESPN)	St. Louis, Mo.	1:00
<b>February</b>			
Tues. 1	Georgetown (ESPN2)	Washington, D.C.	7:30
Sat. 5	Memphis (ESPN2)	Memphis, Tenn.	7:00
Thur. 10	SYRACUSE (ESPN)	FREEDOM HALL	9:00
Sun. 13	MARQUETTE (ESPN2)	FREEDOM HALL	6:00
Wed. 16	UNC Charlotte (WDRB/WFTE)	Charlotte, N.C.	7:35
Sat. 19	DePaul (ABC)	Chicago, Ill	1:30
Wed. 23	SAINT LOUIS (WDRB/WFTE)	FREEDOM HALL	8:00
Sun. 27	Cincinnati (ESPN2)	Cincinnati, Ohio	7:30
Tues. 29	SOUTH FLORIDA (WDRB/WFTE)	FREEDOM HALL	7:30

**Wright, Hall Co-Players of the Year in Region IV, District II**

by Ed Taylor  
Sports Editor

Prestonsburg.

Also named were Seth Crisp and Hank Mullins, both running backs; Dusty Scott, lineman; Matt Slone, back; and Kevin Woods, lineman.

Members of the 1999 Class AA, Region IV, District II All-District football team were named this week with the Belfry Pirates placing eight players on the prestigious list.

Jonathan Wright, Belfry, and Dusty Hall, Shelby Valley, were named Co-Players of the Year in the district.

Wright guided the Pirates to the top spot of the district and a berth in the state playoffs. Wright quarterbacked the Pirates to a 9-1 record in the regular season as they finished 6-0 in the district.

Hall was one of the state's leading rushers for Shelby Valley and he was instrumental in leading the Wildcats to a 9-1 overall record. Their lone defeat was a loss to Belfry on the last game of the regular season.

The Prestonsburg Blackcats named six players to the All-District team led by UK recruit Jeremy Caudill. Caudill announced UK as his choice earlier in the year but cannot sign until February. The big linebacker/fullback had a strong senior season for

The Betsy Layne Bobcats placed three on the All-District team led by standout Brad Brooks. Brooks who missed most of last season returned and had a strong senior year. He was one of the leading defensive players in the region.

Adam Collins and Kevin Bentley were named to the list also.

Others from Shelby Valley included Roy Standifur, Casey Newsome, Bobby Collins, Cory Robinson, Mike Burke, J.R. Johnson and Rocky Reynolds.

Pike County Central placed Jamie Anthony, Kenneth Holbrook, David Branham and Tony Mullins on the list of players.

From Whitesburg, Clint Meade, Jeremy Sturgill, Steven Johnson, Jon David Setzer and B.J. Pike were named.

Ryan Turner, Mike McDonald, Chris Spriggs, Ralph Mollett and Josh Slone were named to the Honorable Mention All-District team. Betsy Layne's Ricky Goble and Adam Akers also were on the team.

# Turner

(continued from page seven)

Webb and Rose played for the 58th District champion Daredevils in 1989, the year they fell to Prestonsburg in the finals of the regional tournament. Hall played later for the Daredevils and Coach Turner.

"Stacy came to McDowell from Lafayette as a sophomore," said Coach Turner. "He is a Floyd County boy."

Hall's grandparents came from the Left Beaver area. Upon his return to Floyd County and McDowell, Hall sat the bench as a sophomore but started as a junior and senior for the Daredevils.

"He was an excellent player," said Coach Turner. "He was a floor leader and the type of player you hear coaches talking about they always wanted to coach. He was the type of player coaches look forward to having on the team. He worked hard and is very intelligent."

Hall was tagged for success by the former Daredevil coach when he attended Centre College.

"I knew Stacy would make it at something," said Turner. "He had excellent grades in high school."

Webb took over the South Floyd job midway through the 1997 season and spent his first full year on the bench last season. Turner said there were not enough words to describe Webb.

"You can't say enough about Henry," he said. "He has excelled at everything he has done. In my first years of coaching boys at McDowell, he was a leader on the floor. You couldn't ask any more of the young man."

"He was just a pleasure to coach and it is gratifying to see Henry move into the coaching ranks. He has already been a success up at South Floyd. I'm just afraid he won't be able to stay there long enough."

Webb also was named the school's principal and Turner feels the combination of the two

responsibilities will be too much.

"It would be a shame for him not to fulfill his dreams as a coach," said Turner.

Rose coached at the middle school level as well as the elementary, but he played for the '89 team as well.

"He is another outstanding young man," said Coach Turner. "He played for me in '88 and '89. He has tried to stay involved with basketball in every aspect. He has been a referee and an elementary coach. Now he has the head basketball coaching job at Betsy Layne."

Turner said, after 27 years of coaching, he feels fortunate he has had three former players enter the coaching ranks.

"It is gratifying to see them step up and move on," he said. "I like to think I had some influence over the years in their lives. Maybe that had something to do with them deciding to get into coaching."

"I have the most respect for Coach Turner," said Webb. "He was an excellent coach. He's a class act. I learned a lot from him and I had a really good time playing for him."

"It was a pleasure to play for Coach Turner," said Hall. "He was a player's coach. He never got upset with you. I think I saw him upset only once. He was always willing to go the extra mile for you."

"Johnny Ray was a great coach to play for," said Rose. "When he raised his voice everyone listened. But he never raised his voice too much. Everyone respected him."

Rose said he is trying to instill in his players what Coach Turner did for him when he played.

"We want to instill confidence in our players at Betsy Layne," said Rose. "Coach Turner just made us confident and we went out and played good basketball for him."

Hall said he has a taped copy of the

Pikeville/McDowell game in which the Daredevils upset the Panthers in the regional tournament.

"I have shown the Pikeville game to my team this year," said Hall. "I showed them the spot where I hit the winning shot. It was just a great pleasure to play at McDowell. I wish they would have never closed it."

Three of the participants recalled the championship game with Prestonsburg in the finals of the regional tournament at Prestonsburg in '89.

"That was the biggest disappointment for me as a coach," said Coach Turner. "We were up by 11 at halftime and felt like we missed a couple of opportunities to be up by 16 or 17 points. We came back out and Prestonsburg hit extremely well in the second half. I think they hit about 80 percent from the field and 90 percent from the free throw line. They blistered us in the second half. They got the crowd back in the game and it was just an outstanding ball game."

Prestonsburg and McDowell had split the season's two games, winning on each other's home floor.

"We beat them pretty bad on our floor and they beat soundly on theirs," recalled Coach Turner. "In the district finals we just got past them."

"I don't use a lot of the things I learned under Coach Turner as far on the floor goes," said Webb. "Basketball changes over the years. But as far as his attitude toward players, his relationship with his team, the way he handles himself on and off the court, I have to say that I have molded myself in that form."

Webb said of the final game in '89 that the Daredevils were flat when they returned from the locker room at halftime.

"Prestonsburg got on a roll and they had

great fan support. Todd Justice got real hot. They shot the ball well. We went back into a 2-3 zone and they shot over it."

Rose said the '89 season was a great one for the Daredevils.

"I don't know if we thought we had it won," said Rose, "but we weren't organized when we came back out in the second half."

"We got too excited and didn't know how to handle it. It was disappointing. I still have dreams about it. I see Todd Justice standing over here about 15 feet knocking the shot down every time. They shot the ball well and we went cold."

"I learned a lot from Coach Turner," said Webb. "I had a really good time playing for him. Seemed like all his teams were real close and seems like he brought that to the table. He has a very friendly personality. I have nothing but positive things to say about him."

"Johnny Ray was a stern coach but he would take time to talk with you, take your places. He trusted us a lot and in turn we gave him trust back."

"I would think it is gratifying for him to have three of his former players to be coaching," said Coach Rose. "There was a joke at the coaches clinic that we had three coaches and Coach Turner and we still lost the final game."

Coach Turner and the Johnson Central Eagles are expected to be a top contender for the 15th Region title this season. Coach Turner is the type of coach that you pull for and wish the best.

Of the 12 years of covering high school sports in Floyd County and the 15th Region, and at times beyond, he is one of the most accommodating coaches I have ever been associated with. Like, Webb, you have nothing but good things to say about one of the great coaches in the region.



**Betsy Layne Elementary Girls Basketball Cheerleaders**