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Volume 72 • Number 95

Section



Sunday
October 10, 1999

The Times

FLOYD COUNTY

Serving Floyd County since 1927

Rejoice with them that do rejoice, and weep with them that weep.
Romans 12:15

CATHOLIC HEALTH INITIATIVES
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Search for children is success

by Pam Shingler
Editor

Four-year-old Candace Lee Burchett loves to play hiding games with her mother, so when Jessica Burchett didn't see her daughter and the girl's playmate and cousin, Ricky Darrell Keathley, also four, in the backyard Friday afternoon, she wasn't too upset at first.

The mother, who was visiting with her sister-in-law Lola Justice, Ricky's mother, went outside to look for the duo.

"I had kept checking on them every few minutes," Jessica Burchett said, "but in two minutes they were gone."

The children were not hiding around Justice's house on Stratton Branch at Ivel, and they weren't around the Burchett house, just a short distance away. Nor were they at the home of their grandfather, Adrian Burchett, nor at any other house in the close-knit community.

When word went out that the two preschoolers were missing, as many as 100 volunteers from throughout the area gathered to join the search, including people from Jessica Burchett's church, Tom's Creek Freewill Baptist, and her husband Leroy Burchett's employer, Tackett Furniture.

Almost three hours later, close to dark at about 6:30 p.m., rescuers found the two children sitting on a fallen tree at an abandoned strip mine site, more than a half-mile from the home, with Ricky's brown dog between them.

In fact, Jessica Burchett said, some of the members of the search party said the dog barked loudly when they approached the children, as if to let them know he was protecting the little ones.

Sgt. John Walters and John M. Hunt of the Floyd County Emergency and Rescue Squad (FCERS) were the first to locate the youngsters.

"I was terrified," the mother said. "I never thought this could happen to me."

She said workers dragged a nearby pond and were talking about sending for rescue dogs when the children were found.

Floyd County Sheriff John K. Blackburn said searchers "combed the hill and looked along the railroad tracks." He and deputies Linzie Hunt and Ralph Frasure were among the rescue party.

"This truly was a community effort," said Lt. Derek Calhoun of the FCERS. "Without the help of all involved, the situation could have turned grim rapidly with darkness approaching."

Calhoun said several four-wheel vehicles were used to circle the hill to look for signs of the children.

Jessica Burchett said yesterday that she still doesn't know what prompted the children to go up the hill by themselves. "They don't understand yet what happened," she said.

"Today, I'm not letting her out of my sight," the mother said, adding that she even had her daughter sleep in the bed with her Friday night.

Calhoun said Lon May, coordinator of Disaster and Emergency Services for the county, was in charge of the search, along with the sheriff's office.

Members of Allen and Betsy Layne volunteer fire departments took part in the search and rescue, as did the Kentucky State Police.



Rescue Squad member John Hunt brought Candace Burchett off the hill to safety, after she and her cousin Ricky Keathley had been missing for almost three hours Friday. (FCERS photo)

Briefs

Short and sweet

The Floyd County Fiscal Court met for less than a minute Friday afternoon. In as much time as it took to read the resolution and quickly OK it, the county commissioners authorized Judge-Executive Paul Hunt Thompson to sign an agreement with the state Department of Transportation to resurface roads at Upper Burton and Lower Burton on Left Beaver Creek. The paving resolution was the only item on the agenda for the special session.

The check is... here

Kentucky Housing Corporation will present \$20,000 to Floyd County Fiscal Court on Monday to pay for materials so that students at Floyd County Technical School can build a house for a needy family. The presentation is set for 10 a.m. in the Fiscal Courtroom of the Courthouse. KHC has received

(See Briefs, page two)

US 23 in spotlight Tuesday

Governor to lead
cavalcade from Ohio to
Virginia borders

FRANKFORT — It's time to celebrate in eastern Kentucky, according to Gov. Paul Patton.

Patton, along with First Lady Judi Patton, Lt. Governor Steve Henry, former Kentucky governors and key members of the Patton Administration will lead a bus tour down the recently completed US 23, starting in Greenup County at 10 a.m. on Tuesday.

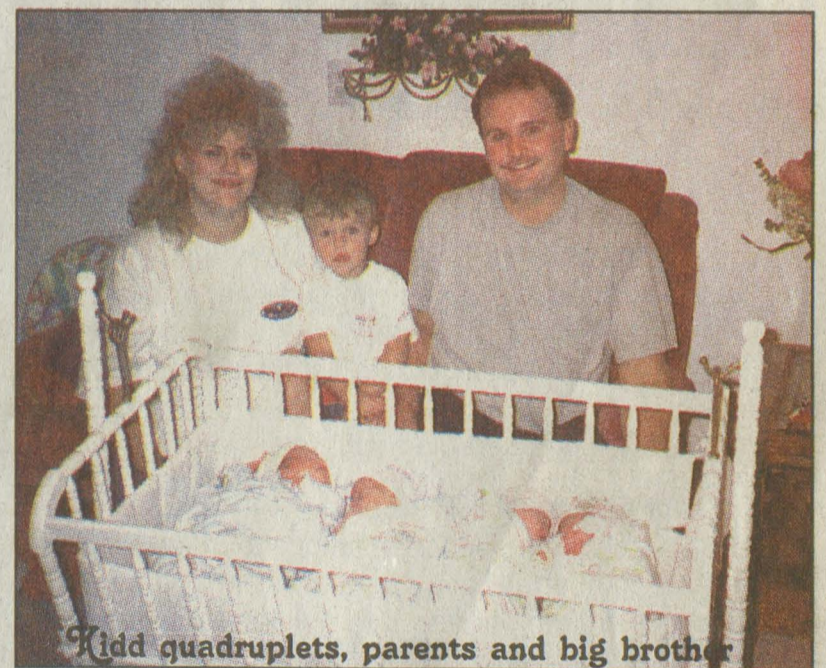
Local officials and media are invited to ride on the bus. It will stop in each county along the 160-mile highway for a roadside news conference and celebration.

Patton said he believes that with the recently finished US 23 a significant road system is now in place in eastern Kentucky. "I am thrilled to host this historic event and excited about the economic impact a completed U.S. 23 will have

in the area and the state."

The celebrations are open to the public. The schedule is as follows (estimated times):

- Greenup County - Russell near the intersection of KY 693 and US 23 at 10 a.m.
- Boyd County - Amtrak Building parking lot on US 23 in Catlettsburg at 11 a.m.
- Lawrence County - KY 3 next to Hardee's at 12:30 p.m.
- Johnson County - US 460 West exit (Paintsville/Salyersville) at 1:45 p.m.
- Floyd County - Parking lot of Mountain Arts Center in Prestonsburg at 3 p.m.
- Pike County - Parking lot of the Landmark Inn in Pikeville at 4:15 p.m.
- Letcher County - Parking lot of future welcome center at Pound Gap Cut near the Virginia/Kentucky state line at 5:45 p.m.



Kidd quadruplets, parents and big brother

Quadruplets born to Branham's Creek couple

Staff Report

There may be a lot of crying going on in the household of Julie and Dwayne Kidd of Branham's Creek, but the couple are ecstatic. They are the parents of three-week-old quadruplets: Hunter Lee, Dalton Blake, Kaitlin Rose, and Jenna Hope plus a three-year-old son, Dillon.

The quads were born on September 17 at Central Baptist Hospital in Lexington and were only the fourth set of quadruplets born in the hospital's history, according to hospital officials.

Julie Kidd, 27, became pregnant after taking a round of fertility shots. Julie was being treated by a specialist because of ovarian problems. The specialist told the couple that they had only about a one percent chance of having a multiple birth pregnancy. Julie had previously delivered one son after undergoing fertility treatments, Dwayne Kidd said.

Cousins in Dwayne and Julie's families have twins so the couple was prepared to have more than one baby, but when the doctor said they would have five babies, Dwayne was stunned.

"If I hadn't been leaning against the wall, I would have fallen over. The doctor even turned

white. Julie was lying down, but she turned white, too ... We wanted to have three, but we're tickled to death with four," the father said.

"[W]e lost one early in the pregnancy. None of us thought anything would happen in the first month of treatment," Julie said. "The doctor had said to not be discouraged if conception did not occur for two or even three months. From the sixth week of pregnancy, though, we knew there were going to be four babies."

The couple got in contact with Sue Sanders, a Floyd County woman who gave birth to quadruplets a few years ago, and got some advice from her about taking care of four babies at once.

"We have the same pediatrician (as the Sanders)," Dwayne said. "She (Sue) said not to spoil them. The doctor also told us not to get our faces close to them right now or to let anyone visit them who has a cold. They look up at you and smile, and it's hard not (to pick them up) and love on them."

The quads' births were expected November 1, but they came early. They were born a day after another unusual event at the hospital; 37 other children were delivered in one day at Central Baptist

(See Quads, page two)

Water, water, everywhere

On the heels of the worst drought in decades, rain fell in abundance yesterday, dampening the Jenny Wiley Pioneer Festival for many. But, never mind, the shows did go on. The rain fell on the participants in the triathlon, one phase of which was a boat race on the Levisa Fork of the Big Sandy from downtown Prestonsburg to Paintsville. It also fell on those in town to sample the food and watch the parade. Did someone say, "Ah-choo?" (photos by Randell Reno)



Quads

Hospital. "They delayed our births as long as they could because they needed a full staff of people in the delivery room for the babies, and they had been very busy the day before," Julie said.

The quads were delivered by C-section and the births went well, according to Dwayne. The boys weighed 4 lb. 5 oz. and 4 lb. 3 oz. The girls weighed 3 lb 11 oz. and 3 lb. 10 oz.

"Two of the babies were on oxygen for a couple of hours, but they had it off by the time we got to visit them," he said.

The babies stayed in the Lexington hospital until September 28 when they were transferred to Pikeville Methodist Hospital.

Julie became ill with congestive heart failure due to the pregnancy, according to Dwayne. The babies

were transferred to Pikeville Methodist to make it easier for Julie to visit them, he said.

Pikeville Methodist transported the babies free of charge. It also sent two nurses to care for the babies while they were being driven to the hospital.

Hunter and Jenna were released from the Pikeville Methodist on October 4, and Dalton and Kaitlin came home on October 5. When the babies went home, the hospital gave them carrier seats and some diapers.

Julie is continuing to experience health problems and has been warned repeatedly by her physician to get some rest.

"That's hard to do with four new babies in the house," Dwayne said. "She's overdoing it, but it's hard for her to get any rest."

Julie and Dwayne are receiving some help during the day from fam-

ily members and friends. Even three-year-old Dillon is assisting by fetching diapers.

"The biggest thing is no sleep," Dwayne said. "The babies are on a four-hour feeding schedule. We feed them at 12, 4, 8 and 12 and then start the cycle again. We feed two and then we go get two more. By the time we just go back to sleep, it's time to get up and feed them again. But they're precious."

It takes about 30 minutes for each baby to be fed and have a diaper change. The babies use about 40 to 50 diapers per day. Formula amounts for the boys is 70 cc's; the girls get 60cc's, but the pediatrician has told the couple to increase the amount because the babies have a healthy appetite.

The Kidds had a three-bedroom home, but just before Julie became pregnant, the couple added a garage

with two bedrooms overhead and built a nursery in the family room. They also traded their car for a minivan.

"You should have seen our van. All seven of us were in it," Dwayne said.

The Kidds don't know what other changes tomorrow might bring. Dwayne has a permanent disability. A former lineman for American Electric Power, he suf-

fered permanent leg and neurological injuries in a fall while on the job.

"Financially, it's really hard," Dwayne said. "We got some (items) for them" at showers and friends have given them clothes. Also, we kept Dillon's clothes. We're hoping some businesses will help out. If some stores would give us a discount, it would help. When Hills went out of business, we bought

some things there. They gave us an extra 10 percent discount."

"We're just taking one day at a time," he added. "We are very pleased that they are fine and healthy."

Editor's Note: Portions of this article were written by Chuck Ferguson, corporate communications representative of American Electric Power, and Janice Shepherd, Times managing editor)

(Continued from page one)

Briefs

almost \$5.8 million in unclaimed lottery winnings to provide funding for housing projects across the state.

Fugitives arrested

Kentucky State Police officers took in two fugitives late Wednesday in Pike County. Jason Ray Scott, 23, of Mouthcard was

arrested at his mother's residence on Abner Fork of Ferrell's Creek, and Jason Hamilton, 23, of Jones Fork at Steel, was apprehended at a traffic stop. Warrants had been issued for both men for bail jumping, after they failed to appear on previous charges of arson and theft. They were lodged in the Pike County Detention Center.

Public Meetings

- Prestonsburg City Council, Monday, 6 p.m., City Hall
- Floyd County Health Department board, Tuesday, 6:30 p.m., office
- Floyd County 911 Executive Board, Thursday, 6 p.m., Old Tourism building
- Prestonsburg Community College Board of Directors, Thursday, 6 p.m., Prestonsburg Municipal Building, City Council Room

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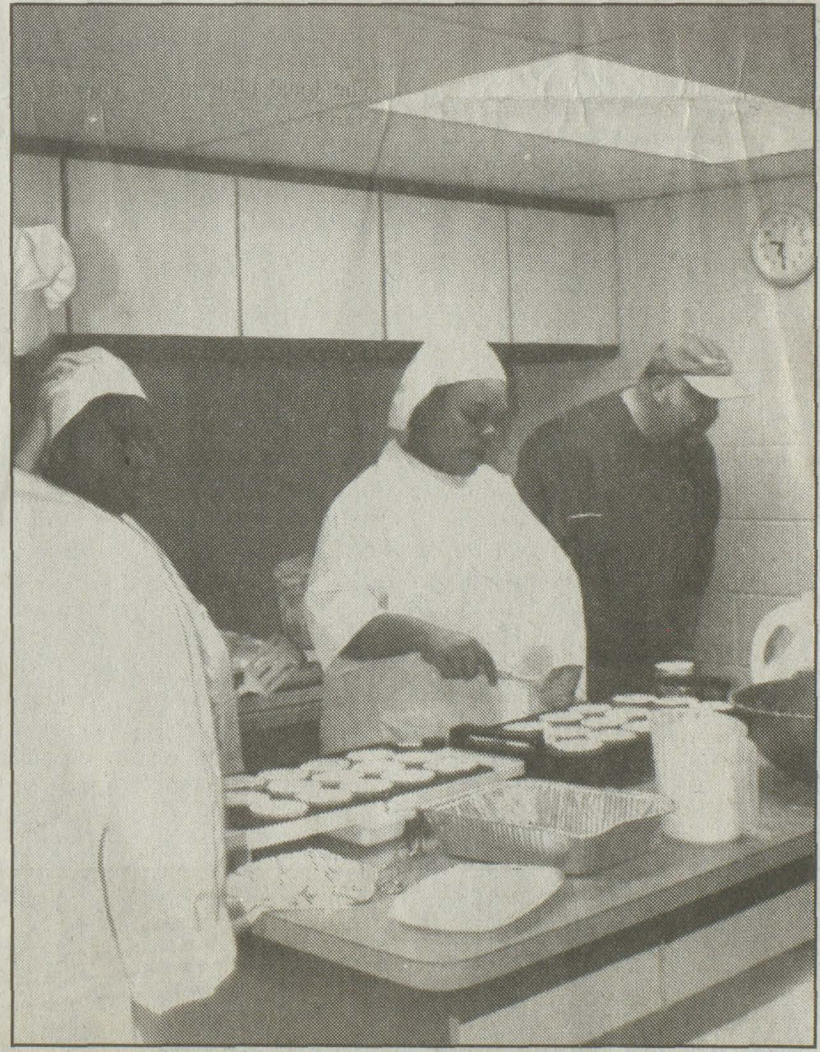
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Job Corps culinary students Candice Young and Joyce Smith, below, participated in the preparation of breakfast that was enjoyed by Minnie Lewis and Teresa Hall, above, at the Prestonsburg Rotary Club's pancake breakfast Friday. (photo by Randell Reno)



Job Corps students serve up breakfast

by Randell Reno
 Staff Writer

Students from the Carl D. Perkins Job Corps center culinary program put their skills to work Friday during a pancake breakfast presented by the Prestonsburg Rotary Club.

Candice Young of Nashville, Tennessee, Joyce Smith of Orangeburg, South Carolina, Mary Cary of Salyersville, and Nelson Collado of Miami, Florida, along with their instructor Carlotta Shannon, prepared pancakes and sausage for guests at the breakfast.

The culinary skills taught to the students are not just flipping burgers or pancakes. Shannon teaches the students to prepare meals for many occasions. Shannon says her students have learned to prepare many variations of meat, fish, and poultry.

The culinary program receives support through Women in Community Service (WICS), a national nonprofit organization. WICS has been working with youth from the Job Corps program for 30 plus years to create and participate in community service projects.

Friday's pancake breakfast was a perfect opportunity for the students to become involved in the community service project since the day marked the ninth annual "Make a Difference Day," a national event designed to recognize the importance of community service and to mobilize individuals to get involved. More than a million volunteers participate in various events across the nation every year.

"Make a Difference Day" was a great way for Job Corps youth to recognize their own potential," said Carole Gerlach, WICS' director of Youth Programs. "For many of them, this was the first time they've had the opportunity to put their skills and abilities to work in the community."

In order to help make the project a success, WICS ask for donations from local businesses, schools, other community organizations and from the Job Corp. McDonald's and the Rotary Club made donations for the breakfast.

As you make your voting decision for the office of Floyd County Family Court Judge, which will appear on the November Ballot as Circuit Judge, 3rd Division, I would ask you to honor me with your vote and support.

Family Court—The Problems
 Over the eleven years I have practiced in Floyd County, I have become aware of problems with the way justice is administered in Domestic Relations cases. These are:

- Court costs for Divorce Cases are too high.
- Divorce cases take too long to be heard in the Court.
- Emergency Protective Orders are issued too often.
- Domestic Violence Orders do not offer enough protection to victims of serious abuse.
- Children are not protected sufficiently in the juvenile Court.

My Solutions to the Problems
 I offer the following specific solutions to these problems:

- I pledge to hear all cases personally, and to abolish the office of Domestic Relations Commissioner. This will lower Court Costs on all contested Divorce Cases, between \$15.00 and several hundred dollars, depending on the case.
- I pledge to hear all Divorce cases within 60 days from the date the Petition is filed, if there are no children involved, and within 90 days, if there are children involved.
- I pledge to grant both parties a full hearing on all Emergency Protective Order Petitions, and to grant only those Petitions where there are legal grounds to do so.
- I pledge to protect, to the fullest extent of law, victims of Domestic Violence, especially in cases involving physical abuse.
- I pledge to take the time to hear all abuse and neglect cases, and to protect our children who are in danger.

I have 12 1/2 years of experience in Domestic cases, and in that time I have represented over 500 people in such cases. I know the problems, and I will work as hard as I can to solve them. This is a full time job, and requires a full time Judge.

Remember, if all we get with this Court is a new Judge doing things the same old ways, Floyd County has gained nothing!

Vote for and Support

Tim Parker
Family Court Judge
(Circuit Judge, 3rd Division)
Number 4 on the ballot,
Number 1 in experience!

Paid for by the Committee to Elect
 Tim Parker Circuit Judge, Robert Williams, treasurer.

I have a plan to make Family Court work!

Patton unveils memorial to fallen firefighters

Frankfort — Gov. Paul Patton and Public Protection and Regulation Cabinet Secretary Ronald B. McCloud helped unveil a memorial to Kentucky's fallen firefighters in a ceremony recently at Juniper Hills Park in Frankfort.

Gov. Patton chipped in \$100,000 of the \$183,000 cost of the memorial, and private donations funded the balance.

"We come here to remember those who have lost their lives while trying to save others. We know that no words can truly comfort their families, friends and fellow firefighters, but it's our hope that this memorial will serve as a lasting symbol of their bravery and a place of solitude and reflection for their survivors."

The concept, construction and design of the memorial were a joint effort of the three state firefighter organizations, the Kentucky Firefighters Association, Kentucky Professional Firefighters Association and Kentucky Fire Commission.

Juniper Hills Park in Frankfort was chosen as the site for the memorial because of its easy access and high visibility from US 60. The focal point of the monument is stainless steel multi-faceted Maltese cross rising 19 feet in the air.

The cross is the national symbol of firefighters. Supporting the cross is a massive polished black granite obelisk, etched with a collage of firefighters in action. Two polished black granite wings on either side of the obelisk have the names of fallen firefighters permanently engraved on them.

In a ceremony that included a tribute from bagpipe players, (members of the Louisville Fire Department), the governor added, "This memorial will honor those who've given their lives and all of our state's firefighters who work every day protecting the state and our local communities."



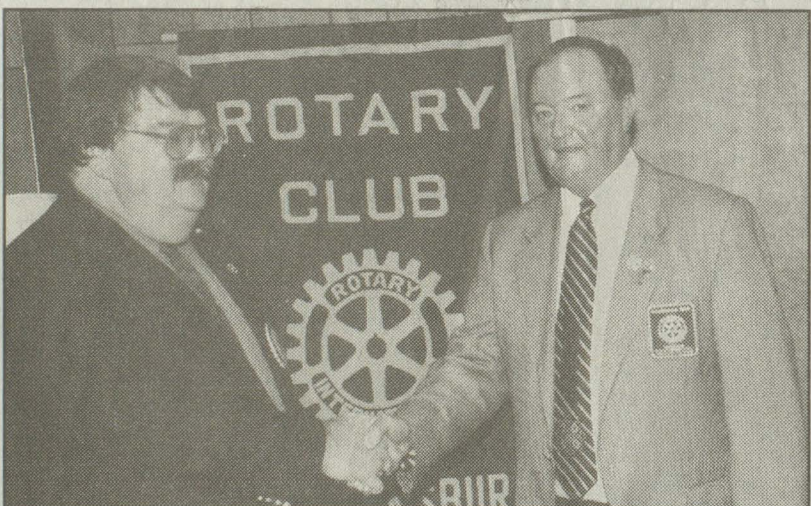
New members recently inducted into the Prestonsburg Rotary Club are Jimmy and Rebecca Derossett, center. They were welcomed by Club President Mike Vance, left, and District Governor Jerry Hodges.



District 6740 Governor Jerry Hodges, right, is greeted by Mike Vance, president of the Prestonsburg Rotary Club. (photos by H. Alan Bolling)



Rotary Assistant District Governor Lowell Keene, right, of Pikeville greets Prestonsburg president, Mike Vance.



During his September 16 visit to the Prestonsburg Rotary Club, District Governor Jerry Hodges, left, inducted the club's newest member, Gary Feltner, center. Keith Akers sponsored Feltner for membership.

Rotary official visits local club

District Governor Gerald O. "Jerry" Hodges made an official visit to the Rotary Club of Prestonsburg on September 16 at the club's regularly scheduled meeting.

Also attending the meeting was Lowell Keene, area representative for Rotary District 6740, and Hodges' wife Joy.

Some of the items discussed with members were this year's Rotary International theme, "Rotary 2000: Act with Consistency, Credibility and Continuity;" the club's plans and objectives; Paul Harris Fellows; Youth Exchange Program; SPOKE/VoTrek, Rotary Foundation, and Worldview Conference opportunities.

Hodges also encouraged the Prestonsburg Rotary Club to join other clubs in the district in striving to receive a Presidential Citation award this year.

Hodges has been a Rotarian since 1987 and has served as president of the Newport Rotary Club for two years and as District Governor's area representative for three.

He is retired branch manager for IPC Information Systems in northern Kentucky.

The local club meets Thursday mornings at 7:30 at Jenny Wiley State Resort Park.

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- Radiology Technologists

Respiratory Services

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- Claims Representatives
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Arnold W. Carter, State Manager
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October 8, 1999

PUBLIC NOTICE

LOCAL BOARD PUBLIC HEARING AMENDMENT

The Floyd County Board of Education has scheduled a local Board public hearing on a proposed AMENDMENT to the current District Facility Plan for **Tuesday, October 26, 1999, at Allen Central High School at 5:30 p.m.** The District Facility Plan lists the capital construction and/or renovation projects that the school district may undertake, and the priority order, if applicable, that projects will be initiated.

A copy of the proposed AMENDMENT will be available for examination by interested individuals at the Floyd County Board of Education Central Office, 183 North Arnold Avenue, Prestonsburg, Kentucky 41653, between the hours of 8:00 a.m. and 4:00 p.m., through October 26, 1999. Questions may be directed to Dr. Paul Fanning, Superintendent at (606) 886-2354. Those individuals wishing to comment on the proposed AMENDMENT may present oral or written comments at the local Board public hearing.

The local Board of Education, after due process, will forward the proposed AMENDMENT to the Kentucky Department of Education for ultimate approval by the Kentucky Board of Education.

The local Board public hearing is being scheduled in accordance with KRS 157.620, and regulated by 702 KAR 1:001.

FLOYD COUNTY SCHOOLS

Dr. Paul Fanning, Superintendent
Arnold W. Carter, State Manager
183 North Arnold Avenue, Prestonsburg, Kentucky 41653
Ph. (606) 886-2354 Fax (606) 886-8862

September 29, 1999

REVISED: 10/08/99

PUBLIC NOTICE

Meeting has been rescheduled from October 20th to October 26th

LOCAL STATE BOARD PUBLIC HEARING

The Kentucky Board of Education has scheduled a local State Board public hearing on the proposed District Facility Plan for **Tuesday, November 2, 1999, at Allen Central High School, at 7:00 p.m.** The District Facility Plan lists the pending capital construction and/or renovation projects that the school district may undertake, and the priority order, if applicable, that projects will be initiated. Copies of the proposed District Facility Plan are available for examination by interested individuals at the Floyd County Board of Education Central Office, 183 North Arnold Avenue, Prestonsburg, Kentucky 41653, between 8:00 a.m. and 4:00 p.m. through October 20, 1999.

Questions may be directed to Dr. Paul Fanning, Superintendent, at (606) 886-2354. Those individuals wishing to comment on the proposed District Facility Plan may present oral or written comments at the local State Board public hearing.

The local Board of Education, after due process, will forward the approved District Facility Plan to the Kentucky Department of Education for ultimate approval by the State Board of Education.

The local State Board public hearing is being scheduled in accordance with KRS 157.620 and regulated by 702 KAR 1:001.

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

—First Amendment of the U.S. Constitution—

Viewpoint

QUOTE OF THE WEEK...

I take a simple view of life; keep your eyes open and get on with it.

—Laurence Olivier

Sunday, October 10, 1999 A4

Editorial

MAKING A MUDDLE OF THINGS

The posting of the Ten Commandments

by The Reverend Johnnie E. Ross
Member, Floyd County Board of Education

It was about two decades ago that I took my senior requirement class at Berea College. Berea College seniors can choose their required class from a number of classes pre-approved in the area of religion. While it may indeed be the student's choice, the field is narrowed to those classes which the administration feels will broaden a student's view of religion in general, and Christianity in particular. The year I took mine, I believe that three had received such approval.

Realizing that you should not judge a book by its cover, it was the course title that caught my eye and the course description that captured my interest. It was a course relating to religion and government, God and politics, the secular and the spiritual, thus appropriately titled; Christ and Caesar.

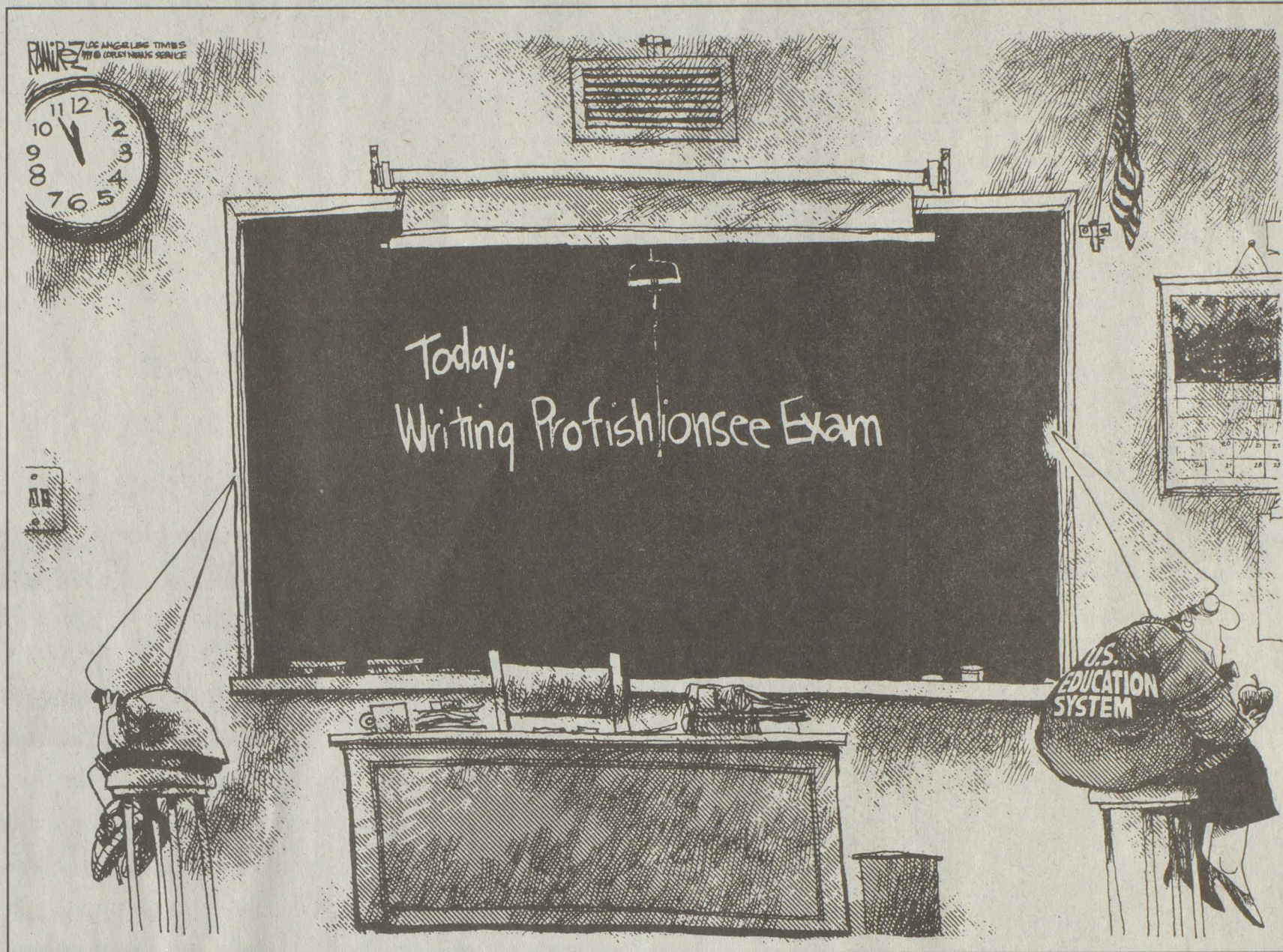
My college professor took the position of Aristotle that: "Humanity is, by its very nature a political dwelling animal." We are community-oriented, and no one is more community-oriented than mountain people are. And to add to the mix of the mountain tradition Christianity makes us even more community-oriented and perhaps a bit more political than most.

It was this real-life example of community that made my Old Regular Baptist Church so special. We didn't have to worship at Salisbury to be "in the community of the faithful." On the other three Saturdays and Sundays of the month that there were no services at Salisbury, we were made feel just as welcome at any of the other community Old Regular Baptist Churches. The community of the faithful, who worshipped as Old Regular Baptists, knew us as family, they knew my grandmother belonged to the church in Salisbury and they knew that my brother, sister, and I were part of the package. The "community" was and remains important to those who worship in that tradition.

In fact, I knew long before the first lady wrote her book that 'It takes a Village' to raise children, or at least it did in the "good ol' days." John Spurlock, Kate McGlothen, Leo Watts, Lula Salisbury, James Osborne, Ruth Reynolds, Sona Belle Greer, Frank Gray, and Rhoda Halbert are just a few of those I credit with me being what I am today — good or bad, — they and many others tried. They were and remain wonderful people and the communities of Printer, Salisbury Elementary, and Martin Grade School taught me more about being a community than did my college sociology course, Community Analysis.

The people who live in communities tend to choose leaders and even if the choice itself is not "political," the

(See Muddle, page seven)



Letters to the Editor

PHYSICIAN URGES PARENTS TO BE AWARE OF INHALANT ABUSE

Editor:

Parents are careful to teach their toddlers that common household products can poison them, and to keep these products out of little ones' reach. But many school-aged children are deliberately abusing these and similar products to get high, in many cases causing great harm to themselves.

To draw attention to the dangers of inhalant abuse, the American Academy of Pediatrics (AAP) is focusing on substance abuse prevention, with special emphasis on inhalant abuse, during the 1999 Child Health Month in October.

While drug abuse has declined somewhat in recent years, inhalant abuse is on the rise. One in five eighth-graders has tried it. Using products such as air fresheners, nail polish remover, cooking spray and gasoline, they inhale the fumes directly from the container or from a bag or saturated rag to get high.

Also called huffing, sniffing or solvent abuse, this harmful activity can cause short- and long-term health problems, including brain damage. The scariest thing about inhalants is that a child could die from using them only once.

We urge parents, teachers, caregivers and others who work with children to be aware of the signs of

inhalant abuse: breath and clothing that smell like chemicals; spots or sores around the mouth; paint or stains on body or clothing; drunk, dazed, or glassy-eyed look; nausea or loss of appetite; anxiety, excitability, or irritability.

Inhalant abuse is difficult to treat, so it is best to recognize it and start treatment before the problem becomes a habit. Adults can help young people stay away from drugs and inhalants by helping them set goals for themselves, building their self-confidence, and teaching them to stand up against peer pressure.

Parents should tell children that some kids use drugs to be accepted by their peers, then explain the dangers of doing so.

We urge adults to be aware of the problem of inhalant abuse, to discuss it responsibly with children, and to ask their pediatricians for help in preventing this problem. Once our children grow up, we can no longer keep everyday hazards under lock and key.

Julia E. Richerson, MD, FAAP
Pediatrician, Chair
Substance Abuse Committee
American Academy of Pediatrics
Kentucky Chapter

CONFERENCE WILL LOOK AT HEALTH CARE

Editor:

While the achievements of our health care system are immense, they are diminished by its exclusivity.

Every year, a million more Americans become uninsured. In Kentucky, 15 percent of the population or about 587,000 people were estimated to be uninsured in 1997. And health care isn't getting any cheaper — expenditures are predicted to double by 2007.

We also have a brewing crisis over the future of our state's health departments because of changes in the way Medicaid funds are distributed.

This will likely affect many Kentuckians, since there were 2,058,080 visits to health departments across the state from July 1997 to June 1998. Included in this total are 24,576 visits from individuals in Floyd County.

The deepening health care dilemma will not only affect the future cost and availability of health care for citizens of every age, it may erode government resources and undermine its capacity to respond to other public needs.

Consequently, unraveling the health care dilemma, which has perplexed policymakers for decades, is per-

haps more central to our future than ever before.

The Kentucky Long-Term Policy Research Center, along with the University of Kentucky Center for Health Services Management and Research, Kentucky Cabinet for Health Services and Western Kentucky University Department of Public Health, are jointly sponsoring a one-day conference on November 18 in Bowling Green to examine health care and health policy in Kentucky.

The conference, titled "Unraveling the Health Care Dilemma," will feature: Congresswoman Louise Slaughter (New York), a native of Harlan and national health policy expert; three of the last four winners of the Harvard-Ford Foundation Innovations in American Government Award in the area of health care; health policy experts from the Urban Institute and the RAND Corporation, and a host of others from Kentucky.

Michael T. Childress
Executive Director
Kentucky Long-Term Policy Research Center

(See Letters, page six)

Letters to the Editor

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

My Word

by Janice Shepherd
Managing Editor



by Janice Shepherd
Managing Editor

When Terry Dotson took the chairman's seat of the Floyd County Board of Education, I breathed a sigh of relief. When I heard he was resigning, I moaned.

Years ago, I interviewed Dotson when our newspaper planned to print a story about Worldwide Equipment (WE). The company was growing by leaps and bounds and it had developed an extensive network of services across the country. The company, a major player in the business world, is based in Prestonsburg, and that's something to brag about.

As I talked with Dotson and toured the facility, the shape of my story changed from focusing on the business itself to its leadership. Dotson was — and still is — at the helm, and the heart, of the company.

Through my reporter's eyes and instincts, I saw a smoothly-run operation and I saw the respect and the camaraderie Worldwide's employees showed to Dotson. He was their leader, but he was also one of them — an employee of Worldwide.

Dotson explained to me that the WE of Worldwide Equipment meant "we" the employees. He said the company belonged to the employees and that's one of the reasons it was so successful.

I also knew the company's success was due to the hard work of its leader, Dotson, who would do whatever was best for the company and for the employees.

I came away from that interview with the opinion that Terry Dotson is a strong leader with a commitment to the community. Dotson and Worldwide's generosity isn't well-known, but they have conducted various activities for the community during their many years of business in Floyd County. That involvement has

(See Word, page seven)

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CARL ROWAN'S COMMENTARY

If you only consider his recent song and dance about poor kids and federal education funding, you might conclude that Texas Gov. George W. Bush is the best friend that needy children ever had. But, as another song says, he plans to kill poor youngsters with "kindness" by destroying "failed" public schools and allowing the kids to "escape" with \$1,500 each in federal funds.

Bush goes on to suggest that the cause is "failed schools" and to suggest that he will cure the problem

by taking from such public schools some of the \$13 billion that Uncle Sam spends yearly on public education and reallocating it to \$1,500 vouchers, and by "allowing someone else — including churches and synagogues and community groups — to serve our children in better fashion."

I would be applauding Bush if he had said, "That gap in test scores is in large measure a reflection of generations of Jim Crow in public schooling. And of current Jim Crow

in housing. And current racism in employment and all the other things that create family backgrounds that are not conducive to children learning and scoring high on standardized tests. Ever since the 1954 Supreme Court decision outlawing racial segregation in public schools, those favoring separation and unfairness have prevailed. When I become president, we are going to equalize spending in public school districts, and we are going to end the racism by allowing any child to

go to any public school in his state. That way, African-American and Hispanic kids will begin to have a fair chance."

I don't blame Bush exclusively for this sudden assault on "failed" public schools. President Clinton fell into that same trap some months ago. And I don't expect any real change away from a public school system on which more than 90 percent of the nation's children must depend, no matter how much it is weakened by vouchers.

But I do pray that Bush and other Americans will understand that schools "fail" for reasons far beyond the things that Bush mentioned. If you locate a school where the student body is certain to be overwhelmingly minority, and poor, with parents who lack good educations; if you staff that school with the only teachers willing to work in such an "unsafe" or "unprestigious" environment, meaning minority teachers who themselves were deprived by Jim Crow educations and poverty backgrounds; if you fund that school so stingily that it lacks books, science lab equipment, computers and advanced placement classes; and if politicians are constantly assailing that school, you will turn out kids who don't read and write or handle math problems in a satisfactory way. Such a school will FAIL!

The tragic truth is that we have many such public schools in America, and they won't get much better until this country ends the kinds of discrimination that Bush is not talking about.

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Don Flood

C'est La Vie

Goodbye to Beanies?

Like a lot of people in the world, when midnight, Dec. 31, 1999, rolls around, I'll be thinking about one thing and one thing only: WILL WE STILL HAVE BEANIE BABIES?

Recently, Ty Inc., which makes — or perhaps I should say gives birth to — Beanie Babies, made the second most dreaded announcement of the millennium.

The company's web site flashed: "VERY IMPORTANT NOTICE: On December 31, 1999-11:59 p.m. (CST) All Beanies will be retired...including the above!"

(The First Most Dreaded Announcement was that Dan Quayle plans to stay in the presidential race until he moves ahead of Mr. Whipple in the polls, an occurrence, experts say, not likely to happen in this galaxy, universe or dimension.)

In a head-to-head poll, Mr. Whipple beat Quayle hands down in a presidential matchup.

However, Quayle did show surprising strength when the question was changed to, "Who would you prefer to see squeeze the Charmin at your local store?" Pollsters attributed this finding to "Whipple Fatigue."

But back to our beanbag friends, my question is: what does "will be retired" mean?

They won't show up for work the next day?

That they're all heading down to Florida to live in Beanie retirement communities?

Let's face it, being a Beanie isn't such a tough job, unless your owners let the dog chew off your arms.

Personally, I don't see how retirement would be much different for them. They don't do much besides sit around. Instead of retiring completely, they could become journal-

ists.

Unfortunately, some people feel the Ty company may not be talking about that kind of retirement.

They point out, correctly, that Ty has produced a black bear named The End — not an especially subtle hint, I admit — and they say that means the company won't be making any more Beanies!

In other words, everything you have ever feared about the turn of the century is true: the end of the world is at hand. Head for the hills! Repent your sins! Gather your Beanies!

But others contend the announcement is just a publicity stunt designed to goose sales.

Please.

Why would a public-spirited company like Ty, which has provided one of the most useful products in the history of the world (How many other products enable you to finance your child's education and your own retirement?), stoop to a mass manipulation of the marketplace?

Let's try to be realistic.

Another possibility is that Ty has realized too late that Beanie Babies are not Y2K compliant, that they were made with 20th century plastic pellets not designed to stand up to the rigorous demands of the 21st century global economy.

Come Jan. 1, 2000, the world's Beanie Babies may simply cease functioning.

Unfortunately, the president has not announced what action — if any — his administration would take in the event of a complete Beanie Breakdown and leaders on both sides agree that chances for bipartisan action are slim.

My advice: when you lay in your Y2K supplies of water, batteries, canned goods and Cheez-its, include a six-month supply of Beanie Babies. (dof@dca.net)

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Diane Amantea's

Commentary

Passing the remaining spending bills before the fiscal year ends on September 30 may not be an impossible task, but Congress and the administration are ready to use a "full range of bookkeeping tricks" to do so, leaving little of the projected budget surpluses for Social Security reform and tax cuts, a new paper from The Heritage Foundation says.

Indeed, lawmakers from both parties have already indicated their willingness to break the spending caps they agreed to in the 1997 Balanced Budget Act, writes Peter Sperry, Heritage's Grover M. Hermann fellow in federal budgetary affairs. "Washington insiders have a number of accounting gimmicks they use to mislead the public about the true level of federal spending," he says. These include:

- **Emergency Spending.** Almost all of next year's \$14 billion budget surplus will likely be consumed by two "emergency" spending bills Congress passed before the August recess: \$7.6 billion in farm aid and \$4.5 billion to fund the Census.

- **Off-Budget Programs.** Taking a program "off budget" makes its funding levels "mandatory" and removes them from congressional debate. House members did this recently when they passed AIR-21, a transportation bill that would "open a floodgate of pork-barrel spending on aviation programs," Sperry writes.

- **Underfunded Accounts.** Lawmakers deliberately earmark lower-than-usual amounts for certain programs — such as the Federal Emergency Management Agency (FEMA) — then act surprised when actual spending is higher. Congress is already allocating suspiciously low amounts for FEMA to handle emergencies in the coming year.

Keeping within the 1997 spending limits may require a high degree of fiscal discipline, Sperry says, but Congress should not use the unforeseen budget surpluses as an excuse to break the caps and raise spending. Lawmakers should be "challenging the president to make a clear decision: Either keep the bargain he made or veto fiscally responsible spending bills that stay within the caps and protect the Social Security surplus," he writes.

Congress should also cut obsolete and redundant programs, Sperry says. As the General Accounting Office has shown, many government agencies are duplicating the work of other agencies. Overlapping programs should be consolidated or eliminated entirely. Others — such as the Rural Utilities Administration, a New Deal-era program designed to bring cheap electricity to rural areas — have long outlived their original purpose.

"Hard work, creativity, and entrepreneurial risk-taking by the American people have produced record levels of economic growth, and this in turn has filled the coffers of the federal government," Sperry concludes in a related paper. "The wealth created by American taxpayers rightfully belongs to those who created it."

The president and his sidekick, Al Gore, keep warning people that the tax cuts passed by Republicans will endanger Social Security, Medicare, education, and law enforcement. How? Give me details, Mr. Clinton and Mr. Gore. Tell me EXACTLY where you came up with your demagoguery. As they say in Missouri, SHOW ME! (Don't hold your breath. This crowd has raised scare tactics to unprecedented heights!)

Teresa Thorne

Education Today

Nowhere is political correctness so prevalent as on our nation's college campuses. Students are subjected to speech codes and worse. In some schools, students are actually required to share co-ed dorms. In one school in particular, a student who wished to shower with the door closed was subjected to ridicule. She was told that doing so was repressed behavior. She was also instructed that she was to leave the door open in the future.

Students are also subjected to what amounts to political indoctrination in the classroom. Professors of literature, anthropology, history, etc., regularly interject their own political beliefs into the subject matter. And, while I believe a university classroom should welcome an exchange of ideas, what happens is that the student who disagrees with the professor is usually treated like a pariah.

To combat all this, civil liberties lawyer Harvey Silverglate and Professor Alan Charles Kors, authors of "The Shadow University," have opened the Foundation for Individual Rights in Education (FIRE). This non-partisan, non-profit group opened in September, funded by contributions from individuals and foundations that believe in liberty and free speech on campuses.

Specifically FIRE seeks to uphold individual rights: freedom of speech, legal equality, due process, religious liberty and sanctity of conscience at what FIRE's Executive Director Thor Halvorssen calls "America's increasingly repressive and partisan colleges and universities."

Says Mr. Silverglate, "What has happened to campuses all over the country is systemic ... It's deeply rooted in the culture of campuses in what's called P.C. ... the double standards, speech codes, kangaroo courts and attitudinal reorientation, what we used to call brainwashing."

I applaud this foundation. I sincerely hope they are successful in combating this epidemic in our nation's universities. I only wish they'd been around when I went to college. I, too, experienced such treatment in many of my classes. Instructors weren't interested in course matter per se as they were in getting their political views across. It was maddening!

What do you think? Share your views with us. Send guest columns to Education Today, King Features Weekly Service, 235 East 45th Street, New York, N.Y. 10017.

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THE JEFFREY HART COLUMN

There probably is not a single person in New York who believes that President Clinton is offering clemency to 16 FALN — the Spanish acronym for Armed Forces of National Liberation — Puerto Rican terrorists on the merits. New Yorkers are a canny lot, and just about everyone believes Clinton did this to help Hillary Clinton with New York's Puerto Rican voters in her Senate race.

The Clinton administration initially said that those receiving clemency had not participated in terrorist violence.

New York Post investigative reporter Murray Weiss reports that a 1983 report connects several of them with FALN bomb factories and violent attacks, including a bomb blast at the Mobil building that killed a 26-year-old lawyer (New York Post, Aug. 31).

The Post also reports that "[m]ost of those being offered clemency were arrested in 1980 in Evanston, Ill., after a botched army robbery following dozens of Chicago-area FALN bombings. One of those to be released, Juan Segarra Palmer, was convicted in connection with the \$7 million Wells Fargo armored car robbery. According to Evanston police, documents uncovered by the FBI indicated that those arrested were in town to kidnap a local millionaire industrialist and hold him for ransom."

Dick Morris continues to be a shrewd commentator on politics. Yes, he disgraced himself in his 1996 escapade with a prostitute and had to leave the Clinton campaign (imagine anyone having to leave the Clinton team because of

moral disgrace), but Morris was then and still remains a shrewd political analyst and tactician. In a recent column, he argues that the release of the FALN terrorists could be Hillary's "Willie Horton."

Horton, it will be recalled, is the Massachusetts murderer serving life in prison without parole who, nevertheless, was allowed weekend furloughs from the prison under the administration of Gov. Michael Dukakis. On one of his furloughs, Horton committed a murderous assault upon a Maryland couple and is serving life in that state. The George Bush 1988 campaign stung Dukakis badly with TV ads about the Horton furloughs, using them as a symbol of Dukakis' permissive liberalism.

Morris writes:

"Here's the ad Rudy [Giuliani] can run. "My name is Diana Berger. In 1975, I lost my husband — and my son, Adrian, lost his father — when terrorists from the FALN blew up a restaurant in Manhattan where he was eating lunch, minding his own business. Now, President Clinton has offered clemency to 16 FALN terrorists who are now in prison for helping to carry out the group's bombings. Hillary is supporting clemency. Mayor Giuliani and the U.S. attorneys who prosecuted the cases are against it.

"So am I. So is Adrian. His father would agree, if only he were still here."

Dick Morris smells raw political meat. If these ads ever run, that's it for Hillary.

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GOSPEL ACCORDING TO ME

God stretches us

by Paul Prather
Columnist

October already has turned out to be a month of passages for me.

My term as president of my county's ministerial association just expired. I joyfully turned over the job to my successor, the local Episcopal rector.

Now my father, with whom I've served as co-pastor of our rural congregation for the past three years, has decided to lay aside his pastoral role after a total of 50 years in the ministry.

He's going to travel as a guest speaker. (He says his isn't a retirement but a "re-fire-ment," meaning he's fired up about this new role.)

I'll be running the church alone.

Out of one yoke and into another.

You might not believe this, since I've done public things such as write books and newspaper columns, but I'm really a very private guy.

My wife, Renee, used to call me anti-social.

I gravitated toward public writing, preaching and speaking not

because I considered myself a know-it-all or needed attention, but because it turned out those were the only skills I seemed to possess.

Gradually I learned that if I wanted to eat — and the Lord knows I love to eat — that's what I had to do.

Personality-wise, I would have been just as content to have owned a small-engine repair shop, to have worked by myself in quiet anonymity.

The problem was that I never could tell a monkey wrench from a ball peen hammer. At home Renee won't even let me try to repair a broken window lock or a dysfunctional toilet, much less the lawn mower.

So I've done what I could.

Write, write, write. Talk, talk, talk.

And now, despite my best efforts to the contrary, lead, lead, lead.

Fortunately, I've always loved the act of writing, even though I've felt mixed emotions about writing for a mass audience. Sometimes I get in the mood to talk from the pulpit, and when I do it's not easy to shut me up.

I've never liked anything about administering, though. Nothing. Zilch.

I remember in ninth grade being nominated unexpectedly as a candidate for class president. Then I got elected on the spot.

I don't remember any specifics about my year in office. But the following year my classmates tried to nominate me again.

I declined. Loudly.

Some of my school chums interpreted that as arrogance.

It wasn't. Just the opposite. I felt someone else, anyone else, might be better suited to the task.

I'd found that I didn't like trying to solve other people's problems. I had enough problems of my own to deal with.

I didn't like making people mad at me, and leaders always have somebody mad at them. I wanted to follow my own muse — and let everyone else do the same.

Later, when I first became a pastor, it was at a tiny church. About all I had to do was preach. When, rarely, a business decision needed to be made, I delegated it or let the majority decide.

During my years as a journalist I avoided all opportunities to move into management, even though it was the only way in that profession to make more money.

I was content to earn less, so long as I didn't have to be the boss.

Now, in middle age, I find myself thrust again into leadership roles.

The first time I showed up at a

county ministerial association meeting, last fall, it turned out to be the one at which they were electing officers. Before I knew what had hit me, they'd made me president.

("New meat," one minister explained later, grinning.)

And now I've become the lead horse of a medium-sized congregation, responsible for all the counseling, planning, money raising and

cajoling.

Dear me.

Yet, I think it's usually God, not the devil, who sticks us with these tasks we don't want. He forces us to lean upon Him. He makes us grow as humans.

If I moan too much in the months ahead, I'll hope you'll forgive me. I'm being stretched out of my mold.

Free flu vaccinations for students

Flu vaccinations are available free of charge to students and school personnel of the Floyd County School System, October 13 through 29.

Each year, many persons contract influenza, according to school officials. They experience symptoms of flu for period of a few days, or in some cases, require hospitalization. Students and staff at schools who want to reduce their chance of catching influenza should consider being vaccinated, school officials said.

Certain requirements must be considered before being vaccinated, according to the officials. They are as follows:

- A physician's order will be needed for any child under the age of 18, or an adult who has an allergy to chicken eggs, Thimerosal or Latex. These orders must be individual.

- Parents must be present for a child under the age of 18 to receive vaccine. There will be no exceptions to this.

- Some children will have to receive two doses of vaccine to be

adequately immunized. This generally will be children between the ages of three and eight years. These immunizations will be four weeks apart.

- Some side effects could include soreness, redness or swelling where the shot was given, fever, or aches. If these problems occur, they usually begin soon after the shot and last 1-2 days.

- A more serious allergic reaction might occur within a few minutes to a few hours after the shot is given. The nurse giving the immunization will give more information regarding those side-effects and reactions.

- Any person who is allergic to chicken eggs, Thimerosal, Latex, or who has had a previous reaction to the shot should have a physician order before receiving this vaccine.

The schedule includes:

- McDowell Elementary, October 13, 8-10 a.m.;
- Allen Central Middle, October 13, 11:30 a.m. - 2 p.m.;
- Duff Elementary, October 13, 2-3 p.m.;
- Prestonsburg High, October

14, 12:15-1:45 p.m.;

- Stumbo, October 14, 12:30 - 3:30 p.m.;

- Allen Central High, October 15, 8 a.m. - 4 p.m.;

- W.D. Osborne, October 15, 2 - 4 p.m.;

- Betsy Layne High School, October 25, 8 a.m.-3:30 p.m.;

- Clark Elementary, October 26, 10-11:30 a.m.;

- Adams Middle School, October 27, 10:30-11:30 a.m.;

- Allen Elementary, October 27, 11 a.m.-3:30 p.m.;

- Prestonsburg Elementary, October 27, 1-3:30 p.m.;

- South Floyd Middle, October 29, 8-8:30 a.m.;

- South Floyd High School, October 29, 8:30-10:30 a.m.;

- May Valley Elementary, October 29, 1:30-2 p.m.;

- Opportunities Unlimited, October 29, 2:15-3:30 p.m.;

- Betsy Layne Elementary, October 28, TBA.

Census Bureau to update numbers on employment and education

According to the latest Census Bureau data, the unemployment rate in the United States is 4.2 percent. This figure was calculated using data from the Current Population Survey (CPS).

During the week of October 17, updated information will be collected in the CPS—the largest and longest-running household survey conducted by the Commerce Department's Census Bureau for the Labor Department's Bureau of Labor Statistics. Nearly 2,000 Census Bureau field representatives will conduct the interviews.

"CPS households are invaluable in the effort to provide current, reliable labor-force statistics used to plan programs that provide new jobs and stimulate economic growth," said Susan B. Hardy, director of the Census Bureau's Charlotte regional office.

The CPS is the country's primary source of information on labor force characteristics. The survey

collects data on the number of people currently working full-time or part-time, the number currently unemployed and earnings.

As one of the primary sources of data on demographic and socioeconomic trends between decennial censuses, the CPS periodically is the source of data on other topics as well. For example, in the October survey, field representatives will gather information on school enrollment and completion.

Interviewers gather information from about 48,000 households once a month.

By law, the Census Bureau keeps all identifying information about survey respondents and their households strictly confidential. Local households selected for the nationwide sample receive a letter informing them of the survey from Census Bureau Director Kenneth Prewitt. Some households will be interviewed by telephone and others in person by field representa-

tives who carry an official identification card.

The CPS is a part of the Census Bureau's continuing effort to measure current and emerging trends at the national and state levels.

OBITUARIES

Kenneth Stewart

Kenneth Stewart, 32, of Jonancy, died Wednesday, October 6, 1999.

He was born August 31, 1967, in Dayton, Ohio, the son of Geraldine Mullins Stewart of Jonancy, and the late Charles Stewart. He was employed by the CSX railroad.

He is survived by one brother, William Michael Stewart of Pikeville.

Funeral services will be conducted Sunday, September 10, 2 p.m., at the R.S. Jones & Son Funeral Home, Virgie, with Carson Wright and James Tackett officiating.

Burial will be in the Mullins Family Cemetery on Elswick Branch of Jonancy, under direction of R.S. Jones & Son Funeral Home.

Alice Ramsey Mullins

Alice Ramsey Mullins, 64, of Barberton, Ohio, formerly of Weeksbury, died September 8, 1999.

She was a resident of Barberton for 42 years. She was preceded in death by her parents, Garnetta Ramsey DeRay and Theodore Ramsey.

Surviving are her husband of 45 years, Chester; one son, Dennis (Annamarie); one granddaughter, Krista; one great granddaughter, Ariel; one sister, Avonell Ramsey Withrow (Kenneth); and one brother, Allen (Debbie) Ramsey.

Funeral services will be Wednesday, at 1 p.m. at the Campfield-Hickman-Collier Funeral Home, with pastor Robert L. Webb officiating. Burial will be in Chestnut Hill Cemetery in Doylestown, Ohio.

Mims Porter

Mims Porter, 83, of South Shore died Thursday, October 7, 1999, in Southern Ohio Medical Center in Portsmouth, Ohio.

He was born May 25, 1916, in Allen, a son of the late Farris Porter and Martha Branham Porter. He was a retired employee of CSX Railroad.

He was preceded in death by four brothers, Lawrence, Ralph, Raymond and Brooks Porter, and four sisters, Sadie George, Mary Baldrige, Ethel Parks and Ruth Thomas.

He is survived by nieces and nephews.

Funeral services are Sunday, October 10, at 1 p.m., at the Roberson Funeral Home in South Shore, with Elder Robert Allard officiating. Burial will be in Davidson Memorial Gardens at Ivel.

The obituary is courtesy of Nelson-Frazier Funeral Home.

Letters

A DROUGHT OF A DIFFERENT KIND

Editor:

There's a drought of a different kind across the nation, but many people aren't aware of its severity. It's the drought of blood donations, and it has the potential to affect thousands of hospital patients right here in Kentucky.

Blood center officials fear that the warnings about shortages have become so commonplace that they have lost their urgency. But how can we ignore the fact that it's becoming increasingly difficult to ensure that blood will be available for everyone when it's needed?

In a recent article posted on the MSNBC web site by Arthur Caplan, PhD, chair of the Department of Health and Human Services Advisory Committee on Blood Safety and Availability, he says that because of a steady decline in the number of blood donors and an ongoing increase in the demand for blood transfusions, "spot shortages" (such as those in the summer and around holidays, like Labor Day) will give way to year-round, chronic shortages.

"The health care system cannot function without whole blood. Blood is to health care what oil is to transportation. When there is not enough of it, the whole system grinds to a halt," says Caplan. "Without an adequate supply of blood, surgeons cannot perform transplants and joint replacements, birth moms are at high risk if they need a Cesarean section, and those getting many forms of cancer treatment or treatment for severe injuries risk death."

Why is the shortage of blood growing worse? We can speculate, along with Dr. Caplan, that the following elements, to name a few, may be involved:

- Americans do not understand how vital blood is to their health.

- Some Americans are worried that they might contract a disease by donating blood, a fear that is simply unfounded.

- There seems to be a societal decline in the sense of community that is essential to motivate people to help their neighbor by donating blood.

- The most common reason people between 18 and 29 gave for not donating blood during the last year is because they were "too busy" or found donating blood "inconvenient." Sixty-eight percent of the people who had donated in the last year said they had no plans to donate in the next 12 months. (Source: Louis Harris poll, June 1998, commissioned by America's Blood Centers.)

- Steps taken to ensure a safe blood supply have resulted in some people being excluded as potential donors. For example, a recently mandated Food and Drug Administration (FDA) deferral states that anyone traveling for a cumulative time of six months or more to the United Kingdom, between 1980 and 1996, must be excluded. It is estimated nationwide that this deferral will result in the loss of about 300,000 donations. In central and eastern Kentucky alone, nearly 1,200 donors would be turned away — a devastating blow to blood donor recruitment efforts.

How, then, will our blood supply survive?

The simplest way is for healthy citizens to give blood whenever possible. For example, nearly 15,000 donors this year will give blood for the first time at a CKBC donor site and about 27,000 will donate once in the coming year. If these donors commit to make just one additional donation during the year, blood shortages would be a fear of the past. Consistent, regular giving is the key to a stable blood supply.

CKBC's partnerships with a community of donors and with organizations that support the blood donation program are the mainstay of the area's blood resources. Donors from age 17 in nearly 100 high schools throughout our area, as well as multi-gallon donors give-

ing 10, 20 and 30 gallons are all heroes. So are the groups that schedule drives every 56 days and work to recruit donors — to help a stranger.

Last year, Kentucky patients used 125,704 units of blood components from CKBC. Donated blood can be separated into such components as red blood cells, platelets or plasma, which are transfused according to specific medical need. Bill Howe, a Hillsboro resident, wrote in The Fleming Shopper, "In the past 2-1/2 years, I have received about 160 units of blood. You who give make it possible for me to live."

Howe owes his life to blood donors. If we remember patients like Howe who need blood, maybe then we can forget about shortages.

Susan Berry-Buckley
Chief Executive Officer
Central Kentucky Blood Center

RESPONSE TO ELLIS STEVENS' LETTER

Editor:

Wrong, wrong, wrong. Mr. Stevens is just wrong. Highlands Regional Medical Center does recognize the difference between local union membership and the union leadership. The medical center believes the majority of striking workers would rather be working.

But the fact is our contract with SEIU/1199 is signed by Dave Regan, president of the local. He is based in Ohio. The contract is not signed by Larry Daniels or other local union leaders. All collective bargaining agreements with Local 1199 are subject to Regan's approval.

Wrong again, Mr. Stevens. Highlands is an independent, community based not-for-profit hospital. The medical center is controlled by a local board. Mr. Stevens, please check your facts. These records are readily available from the Commonwealth of Kentucky and the Internal Revenue Service. Mr. Stevens, who is Health Management Inc.?

The hospital has a couple of departments that are contract managed. ServiceMaster provides managers for housekeeping, maintenance, and food services. Highlands Physical Therapy Services is managed by a local therapy group.

The parent company of Highlands Regional Medical Center is Consolidated Health Systems, a not-for-profit company that is locally controlled and independent. Again, check your facts, Mr. Stevens.

Mr. Stevens, part of this strike is about the regional nurses. You are right on this point. You are right about the NLRB's decision. However, you fail to mention the medical center has recognized the registered nurse unit and has in fact been bargaining with the RN's.

Mr. Stevens, only the union can call a strike. Only the union is responsible for members missing paychecks. The medical center was willing to keep talking while employees worked under the old agreement. We wanted to avoid a strike.

Mr. Stevens, please check your facts. The union did not provide their members with copies of the contract proposals. Only the mediator and the negotiating team had the proposals. The medical center sent members copies so they could be informed.

And, Mr. Stephens, one more point. The people working at Highlands have no trouble looking at themselves in the mirror. They are courageous people who believe the best way to provide patient care is to be in the hospital, working.

The meanness of the picket line, the degrading signs, and the profanity of the picketers has not deterred them from doing the right thing, working to keep the hospital open to serve our community.

Kathy Rubado,
Director of Marketing/Public Relations
HRMC

(Continued from page four)

In Memory of Otis Ward

Died: April 26, 1999.

Born: August 3, 1917, on Johns Creek.

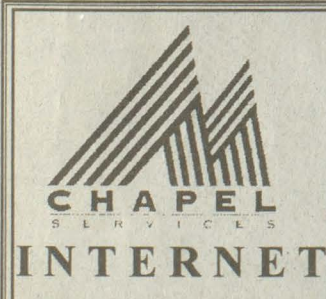
Father: Malcolm Ward.

Mother: Eva Thompson Ward.

He was a combat veteran of WW II, participated in six major combat operations, Africa, Sicily, Italy, France, and Germany, 69th Chemical Co., U.S. Army.

Sadly missed by brother, nieces and nephews and cousins.

Winfred Ward
San Antonio, Texas



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COMMUNITY CALENDAR

Editor's note: As a service to the many clubs and committees that meet in our community, The Floyd County Times' Community Calendar will post meeting and public service announcements. Articles for the Community Calendar must be submitted in writing to The Times no later than 5 p.m. Monday for Wednesday's publication or 5 p.m. Wednesday for Friday's publication. These cannot be taken over the telephone.

Troubled children need foster homes

Children with troubled backgrounds need stable foster homes with no children. Mental health background or similar experience preferred. Training and support. \$775 per month. Call Theresa,

Presbyterian Child Welfare Agency, (800) 472-3678, leave a message.

McDowell Family

Resource Center Activities

• Flu shot clinic will be held by the Floyd County Health Department on October 11, at the McDowell Family Resource Center from 8:30 a.m. to 3:15 p.m. Call 377-2678 for an appointment.

• G.E.D. classes are now being held at the McDowell Family Resource Center. Class will meet each Monday from 8 a.m. to 11:30 a.m.

• The McDowell Family Resource Center is currently offering after-school child care for those parents who work or attend school.

• Any parent who has a child in the fifth grade should call to set up

for a physical appointment.

• McDowell Family Resource Center Advisory Council will meet on October 7 at 6 p.m., at the center.

G.E.D. classes

Linda Bailey of The David School will teach G.E.D. classes at the Mud Creek Community Family Resource/Youth Service Center each Tuesday from 8:30 a.m. to 12:30 p.m. Classes are free.

Housing assistance

The Floyd County Fiscal Court has received funds from the Kentucky Housing Corporation to construct one house for a low-interested persons may apply by contacting Eddie Patton, Floyd County Judge/Executive Office, 149 South Central Avenue, Suite 9, Prestonsburg, Kentucky 41653,

Phone: 606/886-9193 or Donald Akers, A.R.D.F., 120 North Front Avenue, Prestonsburg, Kentucky 41653, phone 606/886-3876.

Fibromyalgia meeting

The Fibromyalgia Family Support Group meeting will be held the first Tuesday in each month at 7 p.m. in the Betsy Layne Senior Citizens Building. Guest speaker for the next meeting will be Lisa Williams, massage therapist. For more information call: Phyllis at (606) 874-2769 or Sharon at (606) 478-5224.

May Valley Family

Resource Center activities

• GED classes every Monday from 12:30-4 p.m. Classes are free.

• Health Dept. every Wednes-

day—services include WIC, 6th grade physicals, well-child physicals, TB skin test, pap smears and breast exams, baby shots, etc.

• Oct. 13 & 20: Flu shots for community at May Valley Elementary. Cost \$6. Will accept Medicare-Part B and Medicaid. Flu shots for staff and students will be scheduled on a different day. Must call for an appointment at 285-0321.

Benefit Security Card replaces food stamps

Effective November 1, there will be no paper food stamps issued in Floyd County. They will be replaced by a "Benefit Security Card" which resembles a credit card. Training classes will be given October 4-12, at Allen Park Convention Center. If you want training on how to use this card, call the food stamp office at 886-3871 for an appointment.

Big Sandy Abuse Center

The month of October is dedicated to Domestic Violence Awareness. The Big Sandy Family Abuse Center has several activities planned for the month.

• October 10, candle light vigil at Pikeville City Park at 6 p.m..

• October 15 and 16, information table at Martin's Red/White and Blue Festival.

• October 22, private tree planting ceremony for fatal victims of domestic violence in the Big Sandy Area.

Clark Family Resource

Center Activities

Floyd County Health Department is in the center on Fridays. Services include WIC, sixth grade physicals, well-child physicals, TB skin tests, pap smears, and breast exams, baby shots, etc. These services are available to anyone in the community.

October 13—Advisory Council Meeting, 4:30 p.m.

October 15—Flu shot clinic for community at Clark Family Resource Center. Cost is \$6. Will accept Medicare-Part B and Medicaid. Flu shots for staff and students will be scheduled on a different day.

October 22—Pap clinic. Appointments are needed.

October 25-29—Red Ribbon Week activities.

For more information about these services, call 886-0815.

Mud Creek Center to hold meeting

The regular meeting of the Mud Creek Community Family Resource/Youth Service Center Advisory Council will be held at 4 p.m. on Wednesday, October 13, in the center.

South Floyd meeting

The South Floyd Middle School's Site Based Meeting will be

held October 14 at 6:30 p.m.

J.A. Duff Family Resource Center activities

• Recycling program—October 11 and 12.

• Advisory Council meet—October 12.

• Parent meeting—October 14, at 1:30 p.m. in the school library

• Halloween dance—October 15, from 7-10 p.m.

• Red Ribbon Week—October 25-29—Variety of activities planned

• Lexington Childrens Theatre—November 3.

P.H.S. class reunion

The P.H.S. class reunion of 1940-1949 will meet October 15, in the Floyd County Library, 7-8.

Flu shots

November 2—Flu shots available from 8:15 a.m. to 11:30 a.m. for the community. Cost will be \$6. Will accept Part B of Medicare and Medicaid. Flu shots for students and school staff will be scheduled on a different day. Must call for an appointment. 358-9878 or 358-5502.

Alzheimer's Support Group meeting

Alzheimer's Support Group meeting will be held the second Tuesday of each month at 7 p.m. at the Presbyterian Church in Prestonsburg, next door to Jerry's Restaurant. For more information, call 886-0265.

Clark council to meet

The SBDM council at Clark Elementary School will have its regular monthly meeting on October 14, 1999 at 6 p.m. in the school library.

Family Craft Night

The Floyd County 4-H Program will be sponsoring a Family Craft Night on Thursday, October 28, at 6 p.m., at the Floyd County Extension Office in Prestonsburg. A fall decoration for the door will be the project. There will be a \$2.50 charge for materials. Everyone is welcome to attend. Call the extension office at 886-2668 before October 25 to register.

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Muddle

reign that follows typically ends in a political fashion. The best local example comes from the area where I was raised and from the religious community where I would regularly attend with my grandmother.

One of the churches in this particular religious community has recently installed a baptistery, something its association has been opposed to theologically. The minister, who was partly responsible for bringing the baptistery into the church, now faces being church. Let me say that I have known this particular minister both personally and professionally for a number of years and as far as we may be apart theologically, I do know one thing, he is a just, humble, and godly man, a man who would never do anything intentionally to hurt anyone, be them sinner or saint. My personal view would be to get a real problem. Choose hungry or homeless children, battered women, education, or a number of the other social ills that face us, for regardless of how much or where the water comes from, it is the presence of the Holy Spirit that makes a baptism efficacious, not the water. At any rate, this is a political, internal church matter, and will no doubt be brought to a political conclusion.

When I began my tenure as a member of the Floyd County Board of Education, I viewed "politics" and the "Christian community" as being incompatible at best, but for whatever reason I believe that God has indeed called me to both. In that sitting I have found four other people who struggle to do the will of God and that we all five fall short, even when we do our very best.

In a recent board meeting, I watched as good, God-fearing people struggled with the request of a few ministers to post The Ten Commandments in our schools. Our attorney struggled with his advice, caught between what he had taken an oath to do professionally and what his baptismal vows called him to do as a member of the Body of Christ. I listened as our chairman, Terry Dotson, and Carol Stumbo struggled to respond, caught between a faith that calls them to be a good steward of all that God has given them and the responsibility of obeying the law — caught between Christ and Caesar. I listened as members of the board struggled to respond to a community they all respected and are indeed very members of — the community of the faithful. In that sitting, one thing became clear: we struggled in our attempt to render to Caesar what belongs to Caesar and give to God what belongs to God. Being the resident theologian on the board, I sat quietly as the discussion continued, praying that we would all act in a manner of which God would approve.

The giving to Caesar what is Caesar's and to God what is God's is indeed a very fine line to walk, one that I have personally chosen to walk every single day of my life, as an employee of the Commonwealth of Kentucky, member of the Floyd County Board of Education and a parish priest.

During a break at the meeting, one of the group's representatives asked me why didn't I help him out. We expected you to come to God's defense, he said. Regarding the defense of God, I believe God does very well defending God's self. As far as the posting of the Ten Commandments in public schools, I explained that I am opposed to such an idea and would choose to express my reasoning in an editorial, rather than to enter into a "he said" situation.

Before I put forth my argument, there are a few pertinent questions that need your consideration:

1). The Ten Commandments

appear both in the Book of Exodus and the Book of Deuteronomy. Will we post both? If not, which source is most appropriate for posting and who will make that decision?

2). The wording and numbering of the Commandments vary between the Jewish, the Protestant, and the Papal Catholic versions. Will we post all three? If not, which version is most appropriate for posting and who will make that decision?

3). A learned associate at the Islamic Center for Southern California wrote: "The Qur'an contains the moral code which Christians and Jews refer to as the Ten Commandments." Would we post the words of the Qur'an? Will we post all variants? If not, why not and who will make that decision?

4). What is the purpose of posting The Ten Commandments? What greater societal good is this intended to bring about? Is the posting really a wise thing to do?

5). Are tax dollars going to be utilized in this purpose?

6). Are The Ten Commandments posted in your home? If not, why aren't they; no law prohibits them to be posted in a private home.

7). Finally, it is currently against the law and what would God have us do in that regard?

As I explained to my colleagues in the ministry of Christ, what made the crucifixion of Jesus so unjust was not the fact that we had mistreated God, for humanity has mistreated God from the beginning of creation. What made the crucifixion so unjust was that the man Jesus had broken no law. Holy Scripture tells us that he was shuffled between pillar and post, from Herod to Pilate to the members of the Sanhedren. When they could find no wrong in what Jesus had done, Pilate washed his hands of the situation and placed Jesus' fate into the hands of the people.

It is my contention that Jesus, by the example he set with his very life, taught us to obey the laws of the land. Further, I would argue that Pilate's act on that day has not changed the course of history and God's expectation of humans. The fate of Christ and his message still lies in the hands of the people, hands that are motivated by the convictions of the heart, not by obeying the law. As my children's great-grandmother would say, "people can sure make a muddle of things" and it seems that when it comes to God, the "state" has a history of making "muddles."

The church was never more involved in state affairs than it was during the era of the Holy Roman Empire. Under this empire Christianity became "Christianism." Political rulers were seen as appointed agents of God. The church and state were united for the same purposes, but with differing functions.

The Church was the custodian of the Absolute Moral Law. The state enforced the rules that were the foundation to the implementation of the Absolute Moral Law in certain segments of society. Conformity was the chief end of religious activity and those viewed as "Infidels," who encountered Christians, were definitely walking in harm's way. The "thou shall nots" obviously meant little to the Christian State in Rome and the abuse of church and state continued. From Rome, come with me to the "New World."

I am a member and minister of the Episcopal Church — referred to around the world as the Anglican Church. Anglican means English, and it was to the Church of England that many of the founders of this great nation belonged, the ancestors of most of us. Winning the Revolutionary War made the name change inevitable. Many of the

signers of the Declaration of Independence and framers of our Constitution were, in fact, members of the Church of England and wanted to continue to worship God in that tradition. Thus, the Church of England became the Episcopal Church — episkopos, meaning overseer, the Greek word used in the New Testament for bishops.

These men and their ancestors had witnessed such grotesque theocratic horrors — both in England and on the Continent — that they were determined to put a stop to the abuse of a state-sanctioned religion. For them, the necessity of the separation of church and state was not so much to preserve the needs of the many, as it was to protect the needs of the few. The founders of this great nation had had enough and the great theologian John Locke seemed to shape even the United States Constitution.

Locke drew a great distinction between state and church. Government was charged with the ordering of our material well-being and the Church was to take care of the spiritual well-being, thus making religion incompatible with state coercion. The state might indeed be capable, through its penalties, and prisons to change the mind of humanity, but could it help compel the soul? Locke's reasoning is that a compelled soul was of no value to God and therefore unworthy of spiritual regeneration.

In the May issue of Church and State, Professor Steven Lubet wrote: "The Framers of our Constitution wisely recognized that entanglement of religion and government could only lead to heightened strife, should the followers of different faiths contend with each other for official government endorsement."

"The Framers agreed, therefore, that there should be 'no law respecting the establishment of religion.' Their goal was not to suppress religion, but rather to free it from the temptations of secular power. Hypothetically, since there can be no law respecting the establishment of a religion, no group may dominate another, and no sect fear official domination. There cannot, and should not, be an officially sanctioned catechism, enshrining the tenets (or Commandments) of one faith community to the derogation of another. It takes either great naiveté or deep stupidity (which greatly differs from ignorance) to believe that a single rendition of the Ten Commandments could be considered universal and nonsectarian. Denominational disputes over the texts of the Commandments will only come to a boiling point if there is the issue of an official endorsement."

In an adjoining county, I know of a fifth grade child who got in trouble from throwing rocks toward a school and broke out a couple of windows. Behind the principal's desk in this parochial school hung a copy of the Ten Commandments. Once the investigation into the incident turned up a suspect, the school principal calls the two boys into his office and in what was described as a rage, pointed to the Ten Commandments and asked them, "Don't you know what these are? How many of these have you broken just today?" I was later asked to serve as a spiritual mediator in this situation and even today wonder what kind of an impression these two children have of Christianity due to the hasty actions of this Christian principal.

Schools that are "public" have a curriculum and core content that is controlled by the state. The school curriculum and core content may be manipulated for political purposes. Should you not believe that this can happen, I have a close friend who

grew up in China under Chairman Mao who can tell you stories that would bring tears to the eye of any human and break the heart of anyone who remotely cares for children and their education. And you certainly don't have to look as far as China to see political power misused to manipulate the educational system for personal gain.

The one thing that I have learned from my two years of experience on the Floyd County Board of Education is that not all of those entrusted with political power are capable of resisting the temptation to misuse it. Many of you stand as witnesses to the fact that there are some people out there who will use political power as an instrument of evil, even the power given them as a member of the board of education. We now know that those entrusted with the best we have to offer the future of this state and God, slighted our children and made Floyd County Education an oxymoron. What would these same people have done with The Ten Commandments? What example would it have given our children to have them require the posting of a law they themselves did not live by? What's so wrong with where they are currently posted?

Currently, the various Protestant and Papal Catholic renditions of The Ten Commandments are posted in their respective churches, and the Hebrew Decalogue is displayed in the synagogues. Religion is religion, and it is my view that government needs to stay out of it. And if you listen at all to the words of Jesus, then you know that the law can be summed up in two commandments: Love the Lord your God with all your heart and love your neighbor as yourself. Perhaps we would do well to post these two in our hearts, so that our hands could be used for a Greater Glory than arguing over where to post "The Ten."

Word

even extended into cleaning up the environment through hands-on clean-up activities.

So, when I heard about Dotson's involvement with the Floyd County Board of Education, I knew the board would have a strong leader. Business at the board of education hasn't always run smoothly, and there have been many disagreements.

The open disagreements show

that business wasn't conducted behind illegal closed-door sessions or through telephone vote-solicitations between members, but during public meetings where it's supposed to be conducted so that parents and community members can find out just what's going on in the school system.

I think that some disagreement between members isn't necessarily a bad thing as long as each party con-

cerned is focused on the betterment of the school system and the children. I think that's just what Terry Dotson has done — focused on the system and the children under its care.

Let's hope the next person who sits in the chairman's seat will work just as hard as Terry Dotson to make Floyd County schools centers of education and not political arenas.

Hearing Aids



Drs. Gregory Hazelett and Douglas Lamppin want to congratulate their Staff Audiologist, Amy Glessing. She has successfully completed her training in fitting and selling hearing aids, and is now a Board Certified Hearing Instrument Specialist. Ms. Glessing has a B.S. Degree in Teacher of the Speech and Hearing Impaired, and an M.S. degree in Audiology from State University of New York College at Fredonia. Under the guidance of the two physicians, she is able to offer useful suggestions on how to handle difficult communication situations so that the effects of hearing impairment are reduced. She is highly trained to service or sell all types and sizes of hearing instruments, including digital and computer programmable aids.

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Lilley Cornett Woods honored for weather work

Recognizing 24 years of dedication, the National Weather Service has named Lilley Cornett Woods Director Mike Brotzge as a 1999 recipient of the agency's John Campanius Holm Award for outstanding service in the Cooperative Weather Observer program.

The award is the agency's second most prestigious, and only 25 are presented each year to deserving cooperative weather observers from around the country.

Meteorologist in Charge Shawn Harley of the Jackson Weather Forecast Office will present the

award during a ceremony to be held at noon, October 14, at the forecast office. Data Acquisition Program Manager David B. Stamper of the Jackson office nominated Brotzge for the award.

The National Weather Service Cooperative Weather Observer Program has given scientists and researchers continuous observational data since the program's inception more than 100 years ago.

Today, more than 11,000 volunteer observers participate in the nationwide program to provide daily reports on temperature, precipitation, and other weather factors.

Many of the cooperative stations have been collecting weather data from the same location for more than a century; in some cases, several generations of a family have given up vacations and braved all kinds of extreme conditions to report weather conditions. Most observers record precipitation and temperature data.

Brotzge became the official observer at the Skyline ISE station on May 1, 1975, providing daily pre-

cipitation and temperature data to the Weather Service.

Some observers also record or report additional information, such as soil temperature, evaporation and wind movement, agricultural data, water equivalent of snow on the ground, river stages, and lake levels.

This data is invaluable in learning more about droughts, floods, and heat and cold waves. The information is also used in agricultural planning and assessment, engineering, utilities planning and more.

Why do they do it? Some simply have a real interest in weather. Others see their service as a civic duty. For eco-system manager Brotzge, it's continuation of his conservation efforts—he even conducts his own acid rain survey at the site.

Volunteer work has always been a part of Brotzge's life. A volunteer fighter of wildfires, he received the 1998 Florida Distinguished Services Award for helping fight fires there. He is a member of the Letcher County Conservation District Board of Supervisors, the Soil Conservation District, and the Society of American Foresters.

He provides instruction for school groups at the weather site, and he is an active church member.

The National Weather Service usually provides and maintains the equipment used in the climatic and hydrologic networks. At the end of each month, observers mail their records to the National Climatic Data Center for publication in "Climatological Data" or "Hourly Precipitation Data," both published by the NCDC.

Satellites, high-speed computers, mathematical models, and other technological breakthroughs have brought great benefits to the nation in terms of better forecasts and warnings.

But without the century-long accumulation of accurate weather observations taken by volunteer

observers, scientists could not begin to adequately describe the climate of the United States.

Like fine wine, weather records become more valuable with age. Long and continuous records provide an accurate "picture" of a locale's normal weather and give climatologists and others a basis for predicting future trends. These data are invaluable for scientists studying floods, droughts and heat and cold waves.


The first extensive network of cooperative stations was set up in the 1890s as a result of an 1890 act of Congress that established the U.S. Weather Bureau. Many of the sta-

tions have even longer histories. John Campanius Holm's weather records, taken without benefit of instruments in 1644 and 1645, were the earliest known recorded observations in the United States.

Many historic figures have also maintained weather records, including Benjamin Franklin, George Washington, and Thomas Jefferson. Jefferson maintained an almost unbroken records of weather observations between 1776 and 1816, and Washington took weather observations just a few days before he died. The Jefferson and Holm awards are named for these weather observation pioneers.

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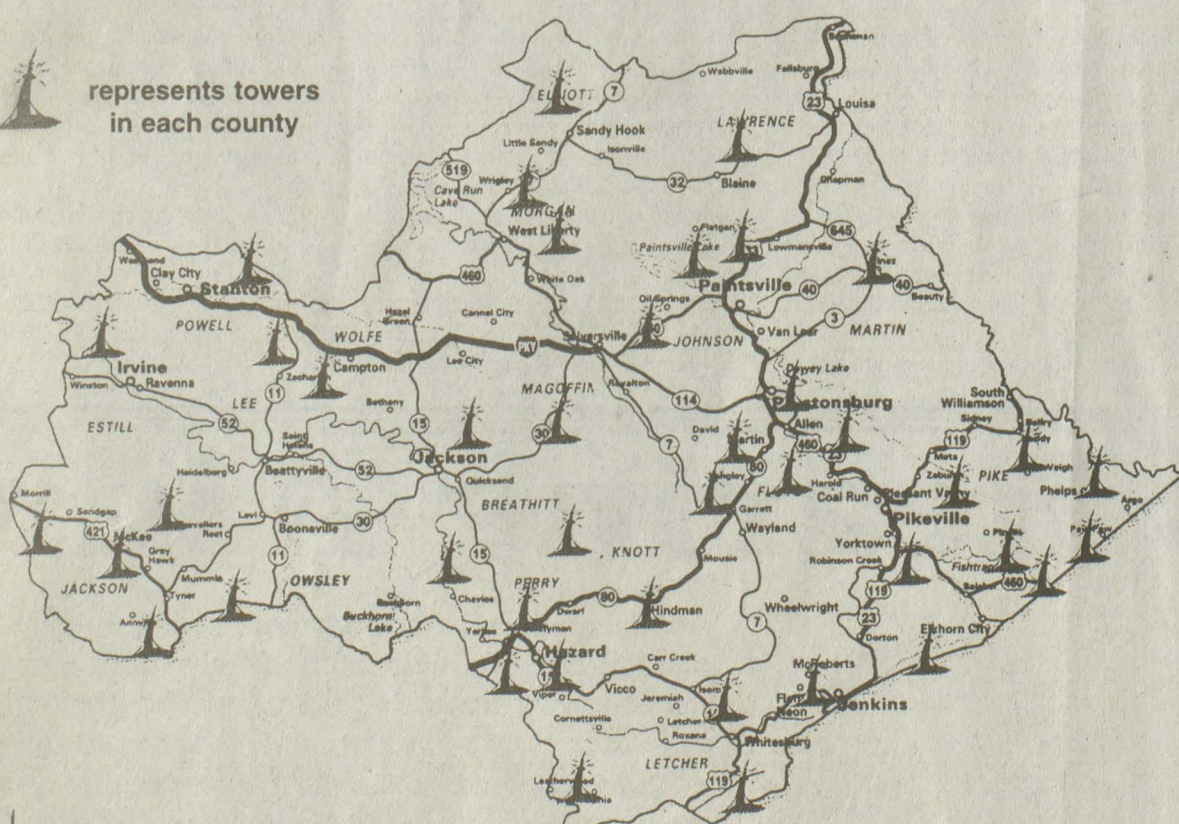
These children from the First Baptist Learning Center in Prestonsburg took advantage of the warm fall weather recently to enjoy fun and play time. (photo by Willie Elliott)



Tora Slone talks with Shelby Robinette prior to giving her a physical during the Floyd County Health Department's Ladies' Health Fair Thursday. Kathy Blair of East Point came to the fair again this year, but she came 100 pounds lighter than she was last year. (photos by Willie Elliott)



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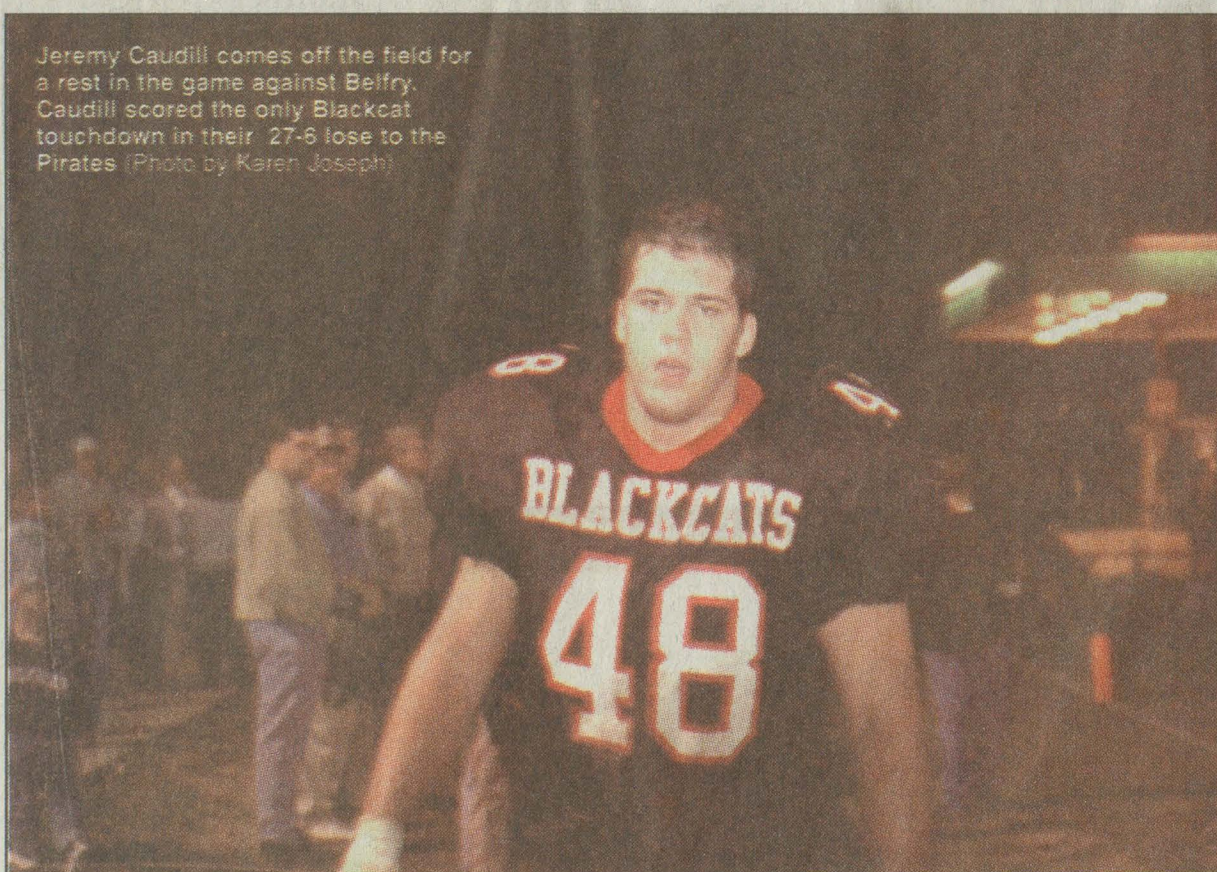
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Ready, Set, Go

Rain or shine participation in the Jenny Wiley 3K Run/Jenny Wiley Pioneer Festival Triathlon's first leg start was strong. (photo by Randell Reno)



Jeremy Caudill comes off the field for a rest in the game against Belfry. Caudill scored the only Blackcat touchdown in their 27-6 loss to the Pirates. (Photo by Karen Joseph)



Blackcat Junior Varsity narrowly escapes the Hawks

by Karen Joseph
Sports Writer

Prestonsburg's junior varsity team traveled to Pike Central on Monday night to take on the Hawks.

The Blackcats defeated the Hawks earlier in the season. This was a very good game. The Blackcats won the game 12-6 with only a few seconds to go.

Junior Varsity Coach James Derossett said his team played a very good game.

"We had a lot of boys out. Several guys stayed out because

of the game with Belfry on Friday night. Coach John Derossett wanted the boys to stay at practice with the team for Friday night," Coach James Derossett said.

Zach Bradshaw got his first start as quarterback for the Blackcats and did a "wonderful job," according to his coach. Craig Fleenor caught a touchdown pass, and Chris Jervis had five catches. — one huge catch for a much-needed fourth down.

Assistant coach Bobby Hackworth said the game had some intense moments.

"With less than one minute to go in the game, the score was tied 6-6 and Pike Central had the ball," he said. "They tried to use the time up hoping to go into extra time. They used all their timeouts and had to punt the ball. Prestonsburg blocked the punt and took over on the Hawks' 12-yard line. We used one play. Bradshaw hit Craig Fleenor for the touchdown with a few seconds left on the clock making the final score 12-6."

Pike Central will travel to Prestonsburg on Thursday for a freshman game.

Raiders lose last game

by Karen Joseph
Sports Writer

The South Floyd Raiders hosted the Tigers of Paintsville on Wednesday night. The Lady Raiders have been playing very good ball lately, but they've been playing against some tough teams.

The Raiders lost to Prestonsburg on Monday but played a very good game. They are learning to set the ball up and spike at needed opportunities.

They have improved so much since the beginning of the year. They were hoping to improve their record on Wednesday night, but the Tigers of Paintsville were just too much for the Raiders to handle. Lindsay Traglio from Paintsville is a very good volleyball player and has really helped this Paintsville volleyball team. The Tigers took the game in two matches, 15-6 and 15-5.

Paintsville took a five-to-zero lead on the first serve by the Tigers. Lindsay Traglio served first for the Tigers. The Raiders only scored two points in the first rotation and, at the end of the first

rotation, the score was 14-2 in favor of the Tigers. The Raiders tried to rally on the second rotation but could only score four more points against this tough Tigers' defense. The Tigers took the match 15-6.

The second match was pretty much the same for the Raiders. They played good ball but when the score went up it was for the Tigers. South Floyd's Monica McKinney played an outstanding game for the Raiders. She had one assist, two spikes, one dig, one save, one block and four side-outs.

Tabitha Berger also had four spikes for the Lady Raiders. Kayla Hensley scored most of the points for the Tigers — six of them on her first serve.

The Tigers took this match 15-5, giving them the game.

The junior varsity team at South Floyd is on a roll. They defeated a very tough Prestonsburg junior varsity Monday night and faced an equally tough Paintsville team on Wednesday. They defeated the junior varsity from Paintsville by winning the two consecutive

matches, 15-12 and 15-13.

In the first match, it was a very close game. Cynthia Isaac scored six points for the Raiders in the first rotation. The Raiders had the lead at the end of the first rotation, 13-8. The Tigers would come back in the second rotation to score four points on their first serve of the rotation, but on Monica Hobson's serve, the Raiders scored the two remaining points needed to get the match, 15-12.

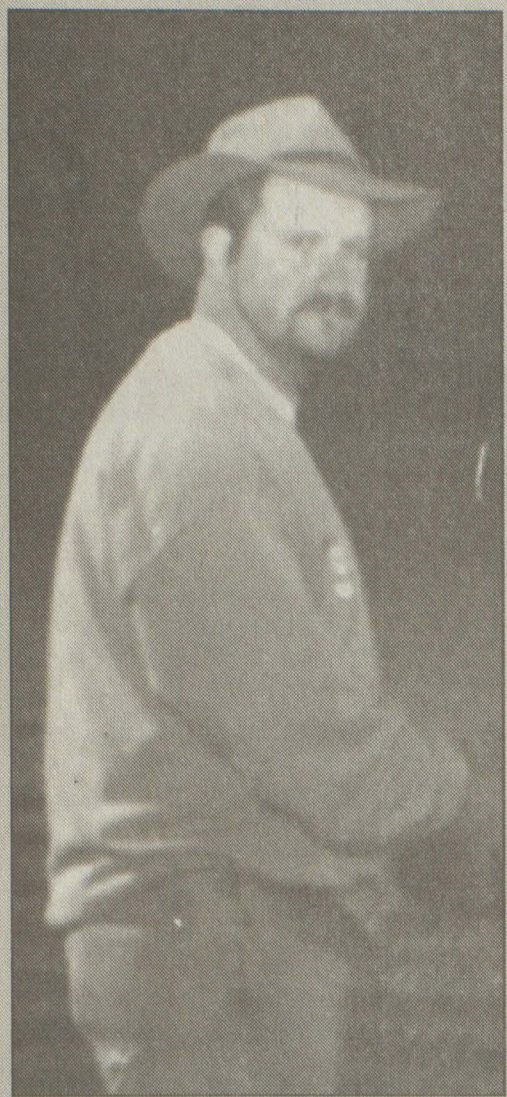
In the second match, the Tigers gave the Raiders a scare. At the end of the first rotation, it was 14-13, Raiders. Elizabeth Combs scored six points for the Tigers and Monica Hobson scored four points for the Raiders. Sheena Hall scored the last needed point for the Raiders on the first serve of the second rotation, giving the Raiders the match win and also the game win.

The Raiders will travel to Knott County Central on Thursday night for their last regular season game before meeting Sheldon Clark in the district tournament.



John Hunt (21) carried the ball for Prestonsburg in the Blackcats' victory over the Hawks of Pike Central. (photo by Karen Joseph)

Profile...



**Dwight Newsome
Coach**

This guy doesn't look like your average grade school football coach, but he is. Dwight Newsome is the coach at Betsy Layne Grade School. Dwight has followed in the footsteps of his dad, coach Junior Newsome. (photo by Karen Joseph)

Cross Country

June Buchanan school cross county midway through season

The June Buchanan School Cross Country Team is more than midway through their season as the weather begins to cool down and the courses take on fall look.

This year's team consists of three high school boys: Trevor Slone (senior), Kaleb Anderson (junior), Adam Jones (freshman); three high school girls: Kara Caudill, Amber Scott and Samantha Collins (all freshman), and two middle school boys: Chase Cornett and Adam Slone (both eighth graders). The team is lead this year by June Buchanan School teacher David Huff, who coached cross country in Ohio schools for ten years.

Although they are not permitted to score and compete as a team, having less than five members in a division, the June Buchanan School runners do compete as individuals and have won individuals place ribbons and trophies.

Senior runner Trevor Slone has finished strong in all his races, and literally ran away with first place in the last three. Chase Cornett has placed first against all conference runners in the elementary boy's division. Kara Caudill and Adam Jones have placed in the top ten in most of their races. The high school course distance for both boys and girls is 5 kilometers (3.1 miles) and the elementary race is 3 kilometers (1.8 miles). The season continues through October with the following schedule:

Tuesday, October 12, at Riverside

Tuesday, October 19, at Cordia

Saturday, October 30, at Riverside (regional race)

Saturday, November 6, in Lexington (state meet)

Fishing

Tug Valley Bass Anglers: Weather was great; fishing was 'tough'

By Kevin Runyon
Sports Writer

On the weekend of October 2 and 3, the Tug Valley Bass Anglers held its two-day "Club Classic" tournament, the eighth tournament of the 1999 season, on the Markland Pool of the Ohio River just South of Cincinnati.

The weather for the tournament was good with clear sunny skies, warm conditions and some fog in the mornings.

The river was at normal pool. The water was clear on the main river and stained to muddy in the creeks. The water temperature was in the low to mid 70s.

The fishing for both days was

very, very tough. We talked to several locals and they said it has been that way for several weeks.

The main river had plenty of shad in spots, but the creeks were completely stuffed with bait. There were fish busting schools of shad in the creeks but the fishing in the creeks was terrible. The few fish that were caught were taken on the main river.

The pattern for the tournament was to find a spot on the main river that had some wood cover on a flat with plenty of shad around. The flat had to break off quickly into deeper water. The fish were not in the wood during the day; they were down off the drop in about 6 to 10 feet of water. The drops around the wood were better because the bass were probably feeding overnight in the cover and dropping off the edge of the flat when it got daylight and the boat traffic started up.

While a few fish were caught on small plastic worms, the majority of the keepers were caught on small shad colored crankbaits by covering a lot of water.

The top finishers of the tournament are as follows.

- 1st - Kevin Runyon
- 2nd - Chris Meade
- 3rd - Keith Runyon

NEW ALBANY ANGLER WINS RED MAN TOURNAMENT ON KENTUCKY LAKE

Ernie Travillian of New Albany, Indiana, took first place, \$2,292, and 50 CITGO Challenge Points for winning the Red Man LBL Division qualified held Sunday on Kentucky Lake.

Travillian brought in four bass weighing 14 pounds, 3 ounces to top a field of 128 anglers competing for \$7,667.

Travillian concentrated his efforts on Barkley Lake, fishing ledges with black, blue and purple jigs.

Second place and \$1,146 went to Tim Griggs of Paducah, for three bass weighing 13 pounds, 7 ounces. Griggs used white and chartreuse spinnerbaits around stumps in Barkley Lake.

Rounding out the top positions were: (3) Mike Saleeba, Manitou, four bass, 10-10, \$673; (4) Ray Corbin, Benton, three bass, 7-12, \$431; and (5) Donald Cordle Jr., Hopkinsville, two bass, 7-10, \$386, and Alfred Lawless, Nashville, Tenn., one bass, 7-10, \$386.

Lawless also won the Abu Garcia Big Bass Award of \$1,000 for his catch. Teddy Wynn of Benton, is leading the LBL Division Ranger Millennium big bass race for the year with a bass weighing 7 pounds, 5 ounces. The Ranger boat owner who catches the largest bass in each Red Man division over the course of the season will qualify to enter the Ranger M1 Millennium tournament.

At the completion of the six Red Man qualifying events, the

SportsBoard

top 30 anglers, determined on a basis of pounds and points, will move onto Regional Championship competition. There they will compete against the top 30 fisherman from three other divisions for a Dream Rig consisting of a Chevy truck and a full-rigged Ranger bass boat powered by a Evinrude or Johnson outboard (only two divisions compete in the Western Regional for a fully-rigged Ranger bass boat) and a spot in the Red Man All-American in Hot Springs, Arkansas, May 8-13, 2000, where the winner will receive \$100,000.

The rookie advancing farthest along the Red Man Trail will win the Old Milwaukee NA Rookie-of-the-Year Award.

All Red Man tournaments are catch and release events. Operation Bass historically maintains a 98 percent live release rate throughout the tournament season.

Sponsors of the 1999 Red Man Tournament Trail include: Evinrude Outboards, Evinrude Electrics, CITGO Petroleum, Ranger Boats, Humminbird Fishfinders, Stern Fishing Lines, Abu Garcia Rods and Reels, Chevy Trucks, ENERGIZER Marine Batteries, Old Milwaukee NA, Black & Decker, David Seeds, Coleman Products, Land O' Lakes, BC Power, Eveready, Wheaties, Chex Mix, Hamburger Helper, Wrangler, US Bank-

13TH JIMMY HALL
14TH BRANDON MASON
15TH ROY COX
16TH JASON BRETZ
17TH BRAIN HALL
18TH CAR NO. 63
(Driver's name not available)

BOMBERS

1ST KEITH TINCHER
2ND TANDY SPURLOCK
3RD JOEL JENSON
4TH DARYL SEXTON
5TH DENNIS DEBOARD
6TH ALBERT H BAYES
7TH TOMMY LACKEY
8TH GARY FITZPATRICK
9TH KEITH BRANHAM
10TH MIKE HALL
11TH JODY SIPP

ROAD HOGS

1ST KEITH BRANHAM
2ND ROBERT RATLIFF
3RD JARED HALE
4TH JIMMY ARNETT
5TH JAMES RAMEY

Moran also won the Late Model Shoot-out on Saturday; so all together Moran won over 21,000 dollars this weekend.

Also, all the points races are decided and the winners are as follows:

Late Model Division: 17, Shannon Thornsberry
Modified Division: 69, Tim Moore
Super Bomber division: 19, Jamie Slone
Bomber Division: 2x, Tandy Spurlock
Road Hog division: B17, Brandon Johnson

Thunder Ridge

Moran came from the back of a 28-car field to win. Moran spun out on about the 38th lap and was sent to the tail but rode the rim of the track and worked his way back to the front. He took the lead from Davey Johnson with about 20 or so to go and wasn't challenged after that.

With the win on Saturday in the Late Model Shootout and the win on Sunday, Moran walked away with 21,000 in prize money for the weekend. It was a real competitive race with lots of side by side action among some of the best drivers in the sport today.

THUNDER RIDGE 100

OFFICIAL FINISHING ORDER

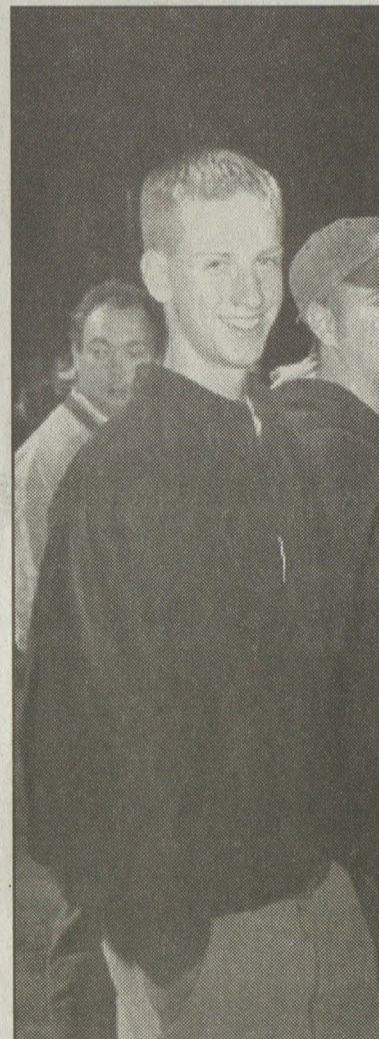
- 1ST DONNIE MORAN
- 2ND CHUB FRANK
- 3RD DELMAS CONLEY
- 4TH DAVEY JOHNSON
- 5TH R.J. CONLEY
- 6TH MIKE JOHNSON
- 7TH STEVE SHAVER
- 8TH ROD CONLEY
- 9TH MIKE BALZANO
- 10TH RANDELL CHUPP
- 11TH KEVIN WEAVER
- 12TH PAUL HARRIS
- 13TH TERRY ENGLISH
- 14TH RODNEY COMBS
- 15TH JIM CURRY
- 16TH EDDIE CARRIER JR
- 17TH JACKIE BOGGS
- 18TH MIKE GAULT
- 19TH JEFF BURDETTE
- 20TH S. THORNSBERRY
- 21ST CHUCKY MAY
- 22ND BRANDON KINZER
- 23RD BILLY HICKS
- 24TH THOMAS WARE
- 25TH PAUL DAVIS
- 26TH DON O'NEAL
- 27TH STEVE LUCAS
- 28TH RONNIE JOHNSON

MODIFIEDS

- 1ST KURT HOFSESS
- 2ND DANNY DEAN
- 3RD SEAN HENDRICK
- 4TH RICHIE HENDRICK
- 5TH JOHN BURDETTE
- 6TH TIM MOORE
- 7TH ALLEN TURNER
- 8TH ANDY ADAMS
- 9TH DON ADAMS
- 10TH CLINT SHUTTS
- 11TH HARRY BRANHAM
- 12TH GREG GIBSON
- 13TH GARY COMBS
- 14TH JEFF JONES
- 15TH RANDY BOGGS
- 16TH RANDY FOUTS
- 17TH FRANKIE PORTER
- 18TH BARRON ALLEN
- 19TH KEITH HAMILTON
- 20TH JAMES ALLEN
- 21ST JASON JOHNSON
- 22ND JEFF ALSIP
- 23RD RANDELL LESTER
- 24TH DONNIE FLEETWOOD
- 25TH SHAWN WINTERS

SUPER BOMBERS

- 1ST JAMIE SLONE
- 2ND JOHNNY LAYNE
- 3RD JODY ADKINS
- 4TH STEVE STOLLINGS
- 5TH BRANDON JOHNSON
- 7TH JR HUNLEY
- 8TH GLEN PATTON
- 9TH RANDY FOUTS
- 10TH ALBIE HOWELL
- 11TH GARY MEADE
- 12TH BENNY BUTCHER



Ryan Martin, from Prestonsburg, placed 21st in the state golf tournament

Winston Cup Point Leaders

(Through the NAPA AutoCare 500)

- 1. Dale Jarrett 4276
- 2. Bobby Labonte 4025
- 3. Mark Martin 4000
- 4. Tony Stewart 3898
- 5. Jeff Burton 3851
- 6. Jeff Gordon 3732
- 7. Dale Earnhardt 3395
- 8. Rusty Wallace 3192
- 9. Mike Skinner 3187
- 10. Ward Burton 3187
- 11. Terry Labonte 3096
- 12. Jeremy Mayfield 3001
- 13. Ken Schrader 2916
- 14. Bobby Hamilton 2874
- 15. Sterling Marlin 2847
- 16. Wally Dallenbach 2824
- 17. Jimmy Spencer 2782
- 18. Steve Park 2747
- 19. John Andretti 2738
- 20. Kenny Irwin 2717

Money Leaders

- 1. Jeff Gordon \$4,806,141
- 2. Jeff Burton \$4,688,921
- 3. Dale Jarrett \$3,119,094
- 4. Bobby Labonte \$2,748,916
- 5. Dale Earnhardt \$2,333,099
- 6. Mark Martin \$2,270,736
- 7. Terry Labonte \$2,022,341
- 8. Tony Stewart \$1,967,621
- 9. Mike Skinner \$1,859,676
- 8. Rusty Wallace \$1,838,224
- 10. Ward Burton \$1,729,949
- 11. Kenny Irwin \$1,723,061
- 12. Jeremy Mayfield \$1,619,239
- 13. John Andretti \$1,539,351
- 14. Ken Schrader \$1,537,554
- 15. Bobby Hamilton \$1,535,234
- 16. Michael Waltrip \$1,468,045
- 17. Sterling Marlin \$1,403,361
- 18. Jimmy Spencer \$1,380,713
- 19. Joe Nemechek \$1,364,691
- 20. Wally Dallenbach \$1,348,543

Lap Leaders

- 1. Jeff Gordon 1229 (23)

Bowling Standings

STRIKE FORCE BOWLING LEAGUE

TEAM	WON	LOST
Hee Haw Girls	14	6
Ebony and Ivory	13	7
Ky. Oil Refining	12	8
Mine Rite	11	9
The Haircutters	11	9
Redd, Brown & Williams	11	9
Pin Zone Girls	9	11
Ky. House Builders	8	11
Inez Psy. Therapy	6	14
Ousley's Const.	2	18

Mine Rite	958
X-treme Bowling	947
J & S Bailey	939

HIGH SCRATCH SERIES, TEAM

J & S Bailey	2719
Mine Rite	2604
Good Ole Boys	2601

HIGH HANDICAP GAME, TEAM

Martin Dairy Queen	1120
Mine Rite	1095
Good Ole Boys	1094

HIGH SCRATCH GAME, TEAM

Mine Rite	940
Pin Zone Girls	865
Ky. Oil Refining	819

HIGH HANDICAP SERIES, TEAM

J & S Battery	3124
Matrin Dairy Queen	3117
Mine Rite	3015

HIGH SCRATCH SERIES, TEAM

Mine Rite	2659
Ky. Oil & Refining	2381
Pin Zone Girls	2321

HIGH SCRATCH GAME, INDIVIDUAL

Carl Mullins	259
Neil Wicker	258
Danny Slone	258

HIGH HANDICAP GAME, TEAM

Mine Rite	1125
Inez Physical	1047
Pin Zone Girls	1018

HIGH HANDICAP SERIES, INDIVIDUAL

Neil Wicker	664
Danny Slone	661
Carl Mullins	610

HIGH HANDICAP SERIES, TEAM

Mine Rite	3214
Inez Physical	3040
Ousley Construction	2968

HIGH HANDICAP GAME, INDIVIDUAL

Danny Slone	289
Carl Mullins	267
Chad Niese	264

HIGH SCRATCH GAME, INDIVIDUAL

Sianna Risner	245
Helen Blanton	211
Kathy Clark	203

HIGH HANDICAP SERIES, INDIVIDUAL

Danny Slone	754
MARK McLymore	680
Neil Wicker	676

HIGH SCRATCH SERIES, INDIVIDUAL

Sianna Risner	586
Peggy Stevens	569
Kathy Clark	569

MIXED NUTS BOWLING LEAGUE

TEAM	WON	LOST
Randy's Customs	15	2
Noelle Trucking	13	7
Alley Cats	11.5	8.5
Pin Zone	11	9
The Unpredictables	11	9
Mine Rite	10	10
Lucky Strikes	10	10
R & R	9	11
FCF	9	11
MRC Materials	8	12
TMC Printing	5.5	14.5

HIGH HANDICAP GAME, INDIVIDUAL

Sianna Risner	700
Helen Blanton	697
Laura Meeks	690

TUESDAY NIGHT MEN'S LEAGUE

TEAM	WON	LOST
J&S Battery	15	5
Storm Hollow Five	14	6
Mine Rite	13	7
Good Ole Boys	12	8
Martin Dairy Queen	12	8
X-Treme Bowling	11	9
M.T.S.	11	9
Music Carter Hughes	10	10
D&S	10	10
Poe's Torch	9	11
Pin Zone	7	13
Holiday Inn	7	13
R/S Body	7	13

HIGH SCRATCH GAME, TEAM

Pin Zone	745
Randy's Customs	724
Lucky Strikes	551

HIGH SCRATCH SERIES, TEAM

Pin Zone	2142
Randy's Custom	2117
Alley Cats	1902

HIGH HANDICAP GAME, TEAM

Randy's Customs	815
Pin Zone	796
Mine Rite	795

HIGH HANDICAP SERIES, TEAM

Randys Custom	2390
Pin Zone	2355
Alley Cats	2301

NASCAR Point Standings

- 2. Tony Stewart 1027 (13)
- 3. Jeff Burton 986 (15)
- 4. Rusty Wallace 922 (8)
- 5. Dale Jarrett 763 (16)
- 6. Bobby Labonte 723 (24)
- 7. Mark Martin 603 (20)
- 8. Mike Skinner 397 (11)
- 9. Terry Labonte 337 (9)
- 10. Ward Burton 213 (11)

(x-indicates active drivers):

- 1. Richard Petty 200
- 2. David Pearson 105
- 3. x-Darrell Waltrip 84
- 4. Bobby Allison 84
- 5. Cale Yarborough 83
- 6. x-Dale Earnhardt 73
- 7. Lee Petty 55
- 8. Ned Jarrett 50
- 9. Junior Johnson 50
- 10. x-Rusty Wallace 49
- 11. Herb Thomas 48
- x-Jeff Gordon 48
- 13. Buck Baker 46
- 14. Tim Flock 40
- x-Bill Elliott 40
- 16. Bobby Issac 37
- 17. Fireball Roberts 34
- 18. x-Mark Martin 31
- 19. Flex White, 28
- 20. Fred Lorenzen 26
- 21. Jim Paschal 25
- 22. Joe Weatherly 24
- 23. x-Dale Jarrett 22
- 24. Benny Parsons 21
- Jack Smith 21
- x-Terry Labonte 21

Mile Leaders

- 1. Jeff Gordon 1689.94
- 2. Dale Jarrett 1424.16
- 3. Jeff Burton 1176.34
- 4. Bobby Labonte 931.41
- 5. Rusty Wallace 915.15
- 6. Tony Stewart 853.37
- 7. Mark Martin 748.29
- 8. Mike Skinner 443.46
- 9. Terry Labonte 338.47
- 10. Ward Burton 328.59

Pole Winners

- 1. Jeff Gordon 6
- 2. Bobby Labonte 4
- Rusty Wallace 4
- 4. Tony Stewart 2
- Kenny Irwin 2
- Mike Skinner 2
- Joe Nemechek 2
- 5. Ricky Rudd 1
- Ken Schrader 1
- Sterling Marlin 1
- Ward Burton 1

Rookie Standings

- 1. Tony Stewart 299
- 2. Elliott Sadler 183

BentleyComments

South Floyd deserves new field

by Rick Bentley
Sports Columnist

Notes carved from a pumpkin:

• What had been a brilliant six months of baseball turned into a miserable weekend in wet Milwaukee for the Cincinnati Reds.

Despite their collapse, it was still a successful season. The Reds brought excitement back to the game and gave hope to franchises in places such as Pittsburgh, Kansas City and Minnesota. You can bet spring training for several small-market teams will begin next February with a "Remember the Reds" speech from a manager.

The Reds have a solid, if aging, manager in Jack McKeon, a wise veteran in Barry Larkin, some solid, in-their-prime stars such as Greg Vaughn and perhaps the game's top prospect in Sean Casey.

Let's hope success doesn't go to their heads. It may have ended a week or so early, but 1999 in Cincinnati was fun while it lasted.

• Don't you wish the Reds could keep playing while the Bengals packed it in for the winter?

• Time to tip the cap to the folks at Phelps. Dave Clusky and company made a wise decision this

week when they ended the season of sophomore end Cody Reynolds. It was the second concussion of the season for the youngster, and this was the right move.

"I'm a parent and you have to be a parent in this case," Clusky said. "When you deal with head injuries, you really have to be careful. The kid is going to have to make a living in the workforce when he's an adult and we certainly care for Cody's safety."

A few weeks ago, we took Clusky to task for some comments he made about two young men leaving his team. I want to clarify my remarks, which appeared in

Pikeville's News-Express.

It shouldn't be taken that I have a problem with Dave Clusky. I'm sure it seemed that way, and he probably feels I have it in for him, but that simply isn't the case. I have a limited knowledge of the coach, dating back to the days he and Rick Mounts made a nice officiating team through his son's outstanding career at Phelps.

I just felt the newspaper wasn't the place for those remarks. Maybe, possibly even, it wasn't the place for my comments either.

I realize Dave Clusky shouldn't care one way or another as to how I feel about him. He's in the mid-

dle of a tough job on Peter Creek, one we hope proves successful to him. But if my remarks harmed him personally, they were not intended that way.

• The NFL announced this week it was giving Houston a second chance at pro football, that it would expand to eight divisions of four teams and that the new franchise would be in the AFC.

With the exception of the Bum Phillips era, Houston had an uneventful run with the NFL and I can't see much changing now. Eight divisions would be the perfect opportunity to cut out wild card teams, but more likely will

mean even more of them. And why put the new Houston club — which won't carry the Oilers moniker — in the AFC if it means moving an existing NFC team to the other conference?

In short, there had to be a better choice of towns than Houston.

Endquote: We thank former San Francisco Giant Johnnie LeMaster for this gem. It's from Jerry Reuss, on playing in Candlestick Park:

"Candlestick wouldn't be so bad if it wasn't for the wind. Of course, hell wouldn't be so bad if it wasn't for the heat."



Brooke Coleman gets ready to spike the ball after her teammates set the ball up. (Photo by Karen Joseph)

KY Afield...

Excellent habitat conditions result in record number of ducks

Abundant habitat combined with excellent weather conditions should result in a record-high number of ducks flying south in North America this autumn. This news is music to the ears of Kentucky's wildlife watchers, conservationists and waterfowl hunters.

"Duck hunting prospects look good for Kentucky," announces Rocky Pritchert, Kentucky's Migratory Bird Program Coordinator. "We've seen an increase in all major duck species, with the exception of gadwall and redhead."

Each year the U.S. Fish and Wildlife Service creates an index

to predict the total number of ducks that will fly south in the fall. This year, the index forecasts 105 million. That's the highest number of birds since the survey began in 1955. This number represents a substantial increase over last year's index of 84 million, and eclipses the 1997 record-high of 92 million. Based on this information, experts predict a spectacular fall flight. Officials with Ducks Unlimited estimate that the 1999 fall flight of ducks may be the largest in more than 50 years.

Waterfowl experts say this year's record numbers result from excellent weather and habitat provided through a variety of conser-

vation programs. "The fall flight index gives us a good idea about how ducks have responded to great nesting habitat and wetland conditions," says Don Young, executive vice president of Ducks Unlimited (DU).

Young adds, "This is proof positive that restoring and protecting habitat to complement favorable climatic conditions will contribute to healthy and abundant waterfowl populations." The habitat conservation efforts of DU and state wildlife agencies have complemented favorable weather. Now these factors are coming together to produce some of the highest populations in decades.

While overall duck populations are at record levels, the current status of two individual species continues to cause concern among waterfowl experts. Both pintails and scaup made impressive gains this year. Estimated scaup numbers are up 27 percent from last year and pintails are up 21 percent. However, their populations are still below the goals set by the North American Waterfowl Management Plan (NAWMP), a blueprint for restoring North America's duck, goose and swan populations. Hundreds of government agencies and private organizations, including the Kentucky Department of Fish and Wildlife Resources and Ducks Unlimited, are partners in this effort.

DON'T FORGET HUNTER EDUCATION REQUIREMENT

With the opening of dove season on Sept. 1, Kentucky's fall hunting season is officially underway.

Time is running out for hunters who need to attend the hunter education course before taking to

the woods and fields.

Anyone born on or after January 1, 1975, is required by law to complete successfully the 10-hour hunter education course to hunt in Kentucky. The only exceptions to this are hunters exempt from carrying a Kentucky hunting license and children under 10.

The hunter education course is a 10-hour class that teaches hunting safety, skills and responsibility. When the course is completed, the certification card is good for life and is honored in the United States, Canada and Mexico.

The Kentucky Department of Fish and Wildlife Resources offers the course free of charge in every county. Local papers list upcoming classes in their areas. Class listings are also available by calling the department of fish and wildlife toll-free at 1-800-858-1549 and by visiting the agency's web site: <http://www.state.ky.us/agencies.fw.kdfrw.htm>.

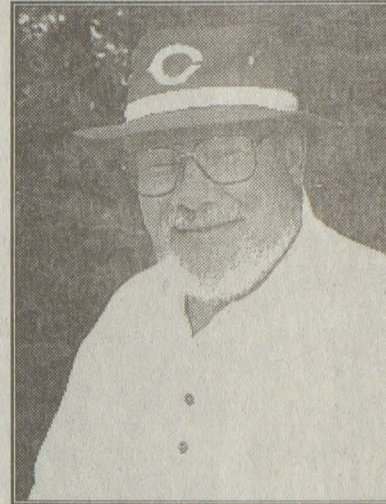
YOUTH WATERFOWL HUNTING DAY SET FOR JAN. 29, 2000

Hunters, mark your calendars. This season's Youth Waterfowl Hunting Day will take place January 29, 2000, not October 9, 1999, as stated in the 1999-2000 Kentucky Afield Outdoor Calendar.

Traditionally the special one-day season has been held before the regular waterfowl season.

However, several months after the current outdoor calendar was mailed to subscribers, the Kentucky Fish and Wildlife Commission charged Youth Waterfowl Hunting Day from Oct. 9, 1999 to Jan. 29, 2000.

From the Tackle Box



Jim Lyons

In recent months, I traveled to various fishing holes, I spoke to several sport fishermen who expressed concern with the number of fishing tournaments held on Eastern Kentucky Lakes. Most all our lakes are small and are subjected to fishing pressures from large numbers of anglers.

Even considering that, tournament anglers are governed by the same size and creel limits as posted for all fishermen, and are careful not to disobey the posted laws for the fish they catch. The expressed concerns are that a large number of fish are stressed and many die as a result. The concern of most anglers is about the frequency of tournaments.

I spoke with a fish biologist concerning the effect of tournament fishing on our lakes. He stated that "catching and handling fish in the months of July through September, when the water temperature could reach as high as 85 degrees, has a very negative effect on fish. They become less tolerant to handling as the water temperature rises. Tournament fish released during the hot months may suffer a mortality rate as high as 40 percent after they are released. This rate improves as the water temperature decreases into the 50 to 40 degree range."

One expressed concern of anglers is that a large number of fishing tournaments are held during the time when the lakes are extremely warm. Tournaments held during the hot summer months, will put additional stress on fish that are caught, put in a live well, and remain there for several hours prior to being transported to a check station. They are removed from the boat live well, weighed, and then released back into the lake. Secondly, the number of tournaments held on a lake should be limited. Unlike a non-tournament angler who will catch and release in the same area, anglers fishing in tournaments may remove a large number of fish from their place of habitation.

Over a period of time a small percentage of these fish may return to the place where they were caught. The jury is still out on this possibility. It is not known how many actually find their way back. It stands to reason that fish in a weakened condition may not swim far from its released area for weeks or even months.

As for the angler, I'm not in opposition to tournament fishing,

but I do expect responsible management practices that protect our lakes from too much fishing pressure. It would seem reasonable that the frequency of tournaments held on a lake should be governed by the lake size, time of year, age of the lake, and existing fishing pressure.

An example of this is the number of tournaments held on Yatesville Lake in 1999. It is used extensively by the general public. The lake is yet young; yet according to wild life management officials, about seven tournaments were held this year. Even if you consider that different species of fish may have been involved in these tournaments, it would still seem to be excessive in a lake that is only 2,242 acres in size.

It is just as important for all of us who fish to be knowledgeable of good fishing practices. When we catch a fish not meeting the size limit, it must be released. Those who practice catching fish should also release all fish. All anglers should practice release procedures that will preserve the health of the fish.

Once a fish has been removed from the water, it can take as long as a day for it to return to normal activity. A fish may die after release if allowed to flop against a hard surface such as a boat or the ground. When catching and releasing fish, try to practice speedy and gentle handling. The ideal way to release fish is while they remain in water. If this is not possible, use wet hands, or gloves and firmly grasp the lower jaw and remove the hook. If the hook is deep in the fish's throat cut the leader from the hook and release it.

Fishing in Dewey Lake has improved greatly in the past two or three years. The crappie, blue gill and largemouth bass population is healthy. The water quality is improving. However, suspended silt is still a negative factor in water quality.

The lake was stocked with hybrid striped bass in 1994. They were introduced in the lake, in an effort to reduce the number of gizzard shad. The lake became over populated with this species of shad due to their size. They are too large for most fish to feed on.

When fishing for strippers in Dewey, you may catch them up to 15-16 inches long. However, hybrid strippers can reach 18-20 pounds. These fellows can be taken using a down rigged spoon-bill sinking rapala. When feeding on gizzard shad, they can be taken on or near the surface on a rapala cast into the area where you see the shad jumping.

It appears that small strippers have an appetite for chicken livers. Some are being caught from the bank by anglers fishing for catfish. Those catching striped bass should be careful not to miss identify them as Kentucky spotted bass. Make sure, that your fish meets the size limits for that species.

Dewey Lake is below summer pool stage, clear and at 72 degrees. Have a good day, and practice water safety while fishing.

PRESTONSBURG JUNIOR BASKETBALL SIGN-UPS

Saturday, October 9th — 9:00 a.m. - 1:00 p.m.

(At Prestonsburg High School Football Field
During Jr. Jenny Wiley Bowl)

Saturday, October 16th — 10:00 a.m. - 2:00 p.m.

(At Adams Middle School Cafeteria)

Sign-up Fee: \$25.00

Each additional brother/sister: \$15.00

GROUP	AGES
PEE-WEE	5 - 6
TRAINING LEAGUE	7 - 8 - 9
JUNIOR VARSITY	10 - 11

Age is as of August 31, 1999

For more information, please call: 886-2232

If no answer, please leave a message.

(If Jr. Jenny Wiley Bowl is cancelled, sign-ups will be moved to Adams Middle School Cafeteria)

Anyone interested in helping coach or organize the league needs to contact: Rick Hughes at 886-2232

Subscribe to the
Floyd County Times
at 886-8506

JB Sports

Great game highlight playoffs; Reed out of line

by Jason Blanton
Sports Columnist

As many could tell by the writings in the past, baseball is my first love.

And as bad as I hate to give credit to Bobby Cox and his Atlanta Braves, they played in one of the best playoff games ever on Friday.

The Braves outlasted Houston, 5-3, in a four-hour, 19-minute affair that took 12 innings to complete in Game 3 of their series.

Brian Jordan, who had been hurt for the later part of the year, drove in all five runs in the victory.

Another hero was shortstop Walt Weiss. Weiss made just a remarkable play that helped the Braves escape a no-out, bases-loaded 10th inning jam.

Cox not only used Greg

Maddux in relief, but he brought on the ace, Kevin Millwood, to notch the final outs for a save.

Millwood had pitched a one-hitter in Game 2 and pitched a scoreless final inning to probably earn him a special place in the hearts of many fans.

And I can't overlook Otis Nixon.

Nixon, the former Paintsville Tri-County Yankee, got the winning rally going in the top of the 12th with his single.

The team of the 1990s should have wrapped up the first round by the time most people read this on Sunday.

Only one question still is left with me. Can the Braves really be the team of the 90's, if they win only one World Series title?

WHAT CHANNEL IS THAT ON?

One of my major complaints

against Major League Baseball is how it does the postseason TV.

First, you need a road map of when and what network team plays. NBC - or New York Yankee Baseball Company - does only postseason this year while Fox, which does a regular Saturday game of the week, has the American League other series.

No, that's not right.

They have Boston/Cleveland in game one; then ESPN had it on odd days in even years that don't have a "U" in the month.

Come on, Bud Selig, the fans deserve to be able to watch the postseason on one or two networks.

And the World Series needs to be on just one network. In the past, NBC and Fox have traded games.

Maybe the National Football League could try something like

baseball. The first half of this year's Super Bowl could be put on CBS and then the second half would be placed on Fox. Of course, the pregame, halftime and postgame will be on ABC.

You know, have to keep every channel happy. I know, Bud, the money is sweet from all three networks, but when it is 2 a.m. on the east coast and a game is still going on, that's a little too much.

But Bud will have fun come the World Series anyway when Pete Rose gets to come to a game.

I hope the two will get a chance to catch up on some things since they haven't been able to talk for a couple of years.

REED OFF BASE

Lexington Herald-Leader columnist Billy Reed wrote Friday that South Carolina should be kicked out of the Southeastern Conference.

Maybe it is time that the Herald-Leader kicks Reed out of the paper.

Most times his column ends up in the bottom of a birdcage in the Blanton household, but it was way out of line to say that South Carolina should be banished from the SEC.

Gene Abell, the sports editor of the Herald-Leader, should go ahead and put Reed out to pasture. Sure he was a good writer at one time, but as we approach the year 2000 new blood is needed in the big city.

My other problem with Mr. Reed is that he is the chairman of the Kentucky Athletic Hall of Fame.

I recently was doing some research of that 'great' organization when it hit me like a ton of bricks.

Why aren't there more eastern Kentuckians in the Kentucky Athletic Hall of Fame - or as I call it the Louisville/Lexington Hall?

The only eastern Kentucky that I saw in the Hall was Floyd

County native Geri Grigsby.

From the Ashland area, you had Don Gullett, Larry Conley and Clint Thomas, but that was about it.

Looking at Reed's committee, there was not a single person that I saw was from outside the Lexington/Louisville area.

That's a shame.

Over the many years, I think our region has had many athletes who should be able to join that club.

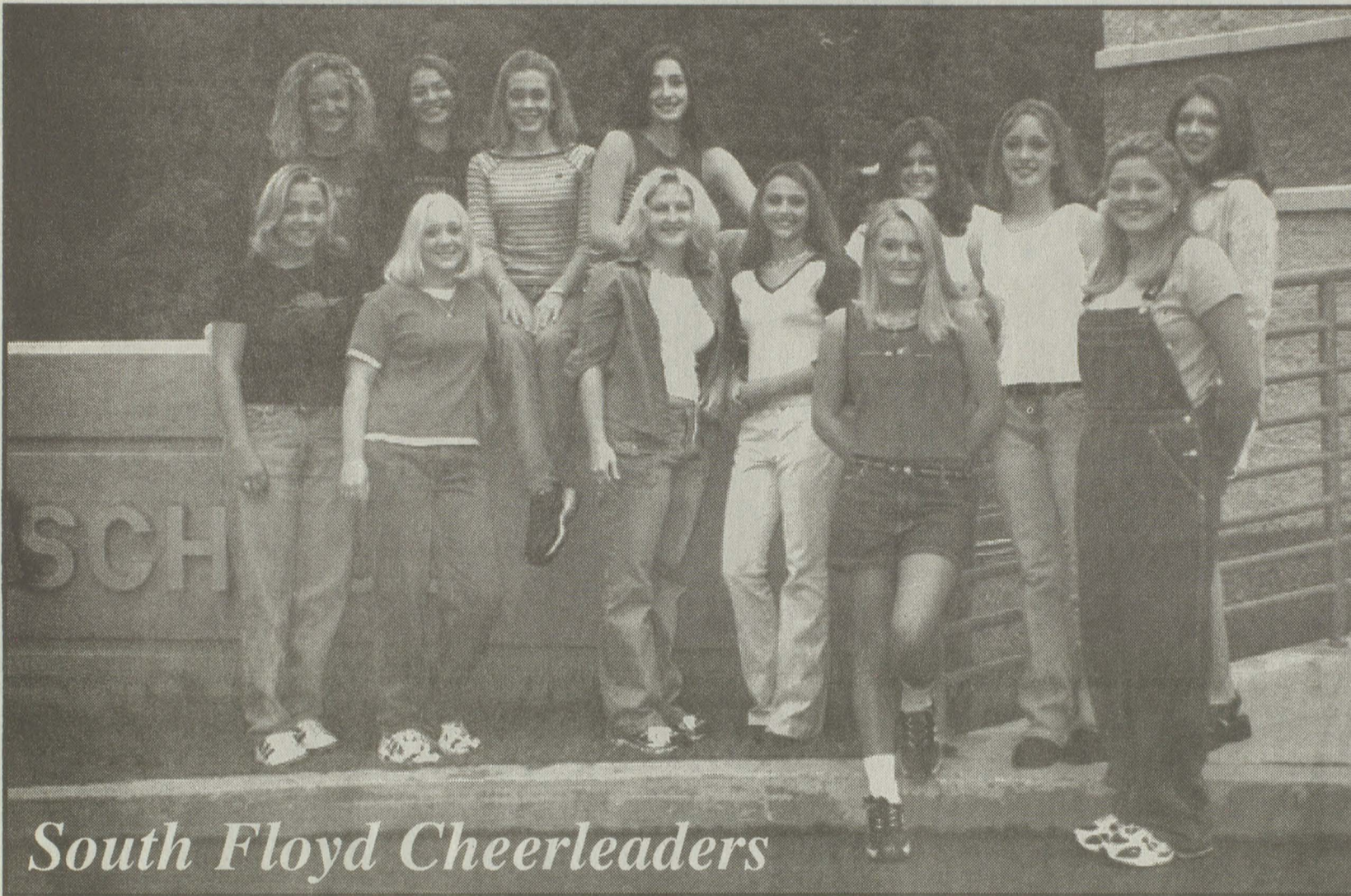
That's just another way that we, in our area, get shortchanged.

Oh, the boys in the bigger newspapers just love the mountain folks and teams when its good for them to write about just how deprived we are when the state tournaments come. However, when it is time to really honor someone, if you don't have roots in the two big cities...then forget it.

Sorry, but I've got to go. The birdcage needs cleaning.

Thank goodness that I've got a Friday paper.

We've got school SPIRIT



South Floyd Cheerleaders

By Karen Joseph
Sports Writer

I have said this before, but I am going to say it again: When you attend a football or basketball game, there are other athletes who perform others that the ball players. These athletes are the cheerleaders.

A particularly athletic group of cheerleaders is the South Floyd group. At South Floyd, it is mandatory for the cheerleaders to attend gymnastics class once a week. The cheerleaders practice three times a week for about two hours each practice.

The South Floyd cheerleading squad has won the district title three out of the last four years and have high hopes of winning it again next year.

According to the head coach of the Raiders, Joan Chaffin, "this is a great bunch of girls."

"They all work hard and strive to do their best," she added. "We are a

very strong physical team. We have always considered our stunts as our strong point, and we work very hard on stunts."

Coach Joan Chaffin has 14 girls on her varsity squad. She has three seniors, but she also has four freshmen. All the girls have cheered before, but not on the high school level.

"We have some young girls, but they have caught on quickly. We are getting ready to have a private camp. Eastern Kentucky University is doing a private camp for us. I think you accomplish more in a private camp because you can really work on your week spots," Coach Chaffin said.

The South Floyd cheerleaders do other things besides cheering. Before the games, both football and basketball, they go the extra mile to give the school more spirit. For example, the cheerleaders decorated the boys locker recently before a football game and then the next week they decorated the

foyer and hall in school colors.

And speaking of colors, South Floyd had a new color this year. The student body voted to incorporate purple into their school colors this year along with the black and sliver. The cheerleaders' new uniforms will consist of the three colors.

Although their uniforms are important to the cheerleaders, it's not their priority.

According to their coach, their "main concern when they are cheering is leading the crowd."

"They really get the crowd involved in the game. Parents and students alike join in with the cheerleaders. The cheerleaders are very active in pep rallies and really get behind their team."

"They have a lot of school pride. We are here for a purpose, not to just look pretty. We cheer," Coach Chaffin said.

The school does not support the

cheerleading squad financially. If they need anything, they either pay for it out of pocket or have fund-raisers.

"They are buying the new uniforms this year and have worked very hard to raise the money," said their coach.

"I don't have a competition squad. We compete in the KAPOS competition, but we just work up our own cheer and routine and compete. We just have fun and support the Raiders. These girls love their school and always represent the school with pride and good sportsmanship. I am very proud of them," commented Chaffin.

So, when you are at a ballgame, especially South Floyd, pay attention to the cheerleaders. They work just as hard as the ball players. Most schools don't consider cheerleading as a money-making sport, but it is. Just as many parents and relatives, if not more, come to watch the cheerleaders as do the ones that come to see the ball players.

Does better health mean better golf?

(NUE) — According to leading cardiologist and founder of the New England Heart Institute, Edward Palank, MD, improving your health may improve your golf swing.

Written in conjunction with Golf Digest, Dr. Palank's new book, "The Golf Doc — Health, Humor and Insight to Improve Your Game" is an upbeat resource for golfers that provides valuable medical advice laced with humor.

Dr. Palank's book focuses on health issues that concern golfers of all ages. Not surprisingly, the author, who is an avid golfer, stresses the importance of heart health for golfers.

"We now know that the golf course is one of the top five locations where a person can experience cardiac arrest," Palank said. "Although many people consider golf to be a relaxing sport, it's important to make sure that your body is in top shape before hitting the links."

Palank encourages golfers to embark on a health regime that includes proper nutrition and the use of antioxidants to control cardiac-related conditions.

"We know that antioxidants are important for our health. One powerful antioxidant, Pycnogenol, has been shown to improve circulation and overall health by reducing the effects of free radicals in our bodies," Palank said.

Pycnogenol helps neutralize the effect of free radicals, which can damage healthy cells in the body and have negative effects on heart health. For example, cardiac arrest can occur as a result of platelet aggregation. While too few platelets in the body can cause excessive bleed-

ing, too many can cause the blood to stick, or clot, in the arteries and the coronary vessels that travel toward the heart.

A recent study in thrombosis research by Dr. Ronald Watson, PhD, a researcher at the University of Arizona, showed that regular intake of Pycnogenol resulted in a reduction in platelet aggregation, which can reduce the risks of heart attack and stroke.

Although humorous in nature, "The Golf Doc" provides readers with valuable health information about enjoying a healthy golf game and a healthy lifestyle. The book includes Palank's advice about how to prevent golf injuries and speed up recovery time.

In addition, the book provides personal anecdotes, both inspirational and cautionary, from professionals and amateurs who love the game.

"After reading The Golf Doc, I cannot overemphasize the importance of fitness in the modern game of golf. Proper physical preparation and preventive care are invaluable when it comes to maintaining your game," said professional golfer Greg Norman.

"The Golf Doc — Health, Humor and Insight to Improve Your Game" is available from Jones and Barlett Publishers and can be found in major bookstores.

For more information about Pycnogenol, visit www.pycnogenol.com. To receive more information about antioxidants and your health, send a self-addressed, stamped envelope to: The Pycnogenol Report, c/o Sheryl Sulkin, 1500 Broadway, 25th Floor, New York, NY 10036.

Angler nets state, world record 104 lb. catfish

The Ohio River holds some very large fish. Just ask Owensboro resident Bruce Midkiff who recently caught the fish of a lifetime.

Midkiff was fishing with a live skipjack herring when he caught a whopping 104-pound blue catfish August 28, 1999. A catch-and-release angler, Midkiff later released the fish, but not before contacting a Kentucky fishery biologist to have the catch verified for consideration as a new state record.

David Bell, district fishery biologist with the Kentucky Department of Fish and Wildlife Resources, verified the catch and informed Midkiff that he did indeed have a record. The 104-pound fish measured 55 7/8 inches long and had a girth of 37 1/4 inches. After filling out an application and taking some photographs, Midkiff released the fish in very good shape.

Not only has the catch been accepted as Kentucky's new state record blue catfish, it is also being

claimed as an Indiana state record. Since it was caught in a waterway shared by Kentucky and Indiana both states can acknowledge it as a record. The catfish also qualifies for Kentucky's Trophy Fish/Master Angler Program.

Midkiff's fish replaces the record held by Benton's J.E. Copeland for a 100-pounder caught from the tailwaters of Kentucky Dam in 1970.

This fishing tale gets better. In the 10 years he's been pursuing catfish, Midkiff's goal has been to catch a world record. He may have succeeded. His latest catch stands to be recognized as a 50-pound-line class record by both the International Game Fish Association and the Fresh Water Fishing Hall of Fame. It also qualifies as the Hall of Fame's all-tackle catch-and-release record for the blue catfish category. Midkiff's catch came close to beating the Hall's all-tackle blue cat record which stands at 111 pounds.

Using a 7-foot medium action

rod and baitcasting reel loaded with 50-pound-test line, Midkiff hooked into the record-breaker. Midkiff said there wasn't a big tug on the line, just a few light taps. He set the hook and the struggle began.

"He'd run about 20 yards and I'd choke down on him," Midkiff said. "That rod was bent double all the time. I just wore him out."

Reeling the fish in to the boat was just half the fight. Fishing alone, the angler didn't have any help getting the fish in the boat. He tried using a net a few times, but the fish's massive weight was just too much. The big ol' cat would just slip right out. Since he planned to release the fish, Midkiff knew he couldn't use a gaff. Finally, Midkiff donned a rubber glove and stuck his hand in the fish's mouth. Grabbing the gill plate on one side of its head with the other hand, he heaved the fish aboard.

The lifelong angler has rigged up a 100-gallon hoser trough as a livewell on his boat. It's outfitted

with an oxygen bottle and pumps designed to keep fish alive. This is where Midkiff kept the catfish while going through the process of getting it verified for the state record program. Afterwards, he took the fish to the boat ramp in Owensboro and let it go.

FIRE PREVENTION A MUST

Conditions are so dry across Kentucky that the simple flick of a cigarette can start a fire. Because the risk of starting a fire is so high, officials with the Kentucky Department of Fish and Wildlife Resources (KDFWR) urge all outdoor users to take special care while afield to eliminate inadvertently starting a fire.

Between July 1 and September 10, 1999, the Kentucky Division of Forestry suppressed 229 fires that had burned 7,501 acres. Bernie Andersen, forestry section supervisor, cautions, "Extra precaution should be taken with any type of heat source. The drought has produced extremely dry conditions,

making the state's fields and woods very susceptible to fires." Currently, open burning bans have been enacted in all but 13 of Kentucky's 120 counties.

According to Andersen, fires are still sprouting up in the state despite the open burning bans. There have been numerous cases of a discarded cigarette sparking a fire. Also, fires have been started by a vehicle's hot tail pipe igniting a fire when the vehicle has been parked on the dry grass. These fires are burning very hot and have been difficult to extinguish.

QUALITY DEER MANAGEMENT SEMINARS SCHEDULED

For anyone interested in deer management practices, the Kentucky Department of Fish and Wildlife Resources (KDFWR) is hosting quality deer management seminars this fall. Brian Murphy, executive director of the Quality Deer Management Association, and

Jon Gassett, KDFWR deer program coordinator, will be the featured speakers at these informational meetings.

Seminar topics are:

- the how-to's of quality deer management (QDM)
- non-typical antler development
- current and future deer management in Kentucky
- implementing QDM techniques

The first QDM seminar will be held in West Kentucky on October 27, at 7 p.m. at the University Plaza Hotel and Convention in Bowling Green. Another seminar will be held in Central Kentucky at the Frankfort Best Western on October 28 at 7 p.m. These conferences are free and open to the public. Limited seating is available and attendees will be admitted on a first-come, first-serve basis.

Attendees will be eligible to win free door prizes and also have a chance to win a print of the Kentucky record non-typical buck.

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insider golf

by t.j. tomasi

Director of the Players School at PGA National

TEERING OFF

There Are No Mastodons On The Golf Course

Playing in his first major, the 1996 British Open, Sergio Garcia was nervous on the first tee at Royal Lytham & St. Annes: "I couldn't feel anything on any part of my body."

When golfers go into competition, they're often scared; nerves jangle, the heart pounds and the hands sweat. Paul Azinger described it: "You can feel your pulse in your eyeballs." Sounds awful, doesn't it?

What motivates tour players? Money? The answer, in my opinion, is a definite no. It's the battle, the test of yourself under the gun. The goal is to hold your feet to the

fire and then see how you perform.

Phil Mickelson sums it up: "The enjoyment of competitive golf is having the opportunity to win — being in contention, one shot back with three to play in the U.S. Open is pretty cool. I ended up not coming through, but in the future I will. I love golf, and when I'm playing the game is when I'm the happiest."

Happy? Even though you can feel your pulse in your eyeballs? There must be something else at work here, something very basic to human nature, and it can't be the cash.

Built into our brains is a hard-

wired survival system which, when triggered by threat and fear, releases a cascade of powerful, sometimes euphoric drugs. For survival, it's handy to be scared of things like mastodons, saber-toothed tigers and poisonous snakes.

We no longer battle for our lives on a daily basis as we did thousands of years ago, but we still have this elegant alarm system, which, rather than let it go to waste, we feed with fabricated threats that allow us to vicariously take "tests of fear" in a safe environment.

Putting ourselves in situations

where we're incredibly challenged and seeing how we react tells a lot about ourselves. To use the hard-wiring we already have in place evokes a pleasure as palpable as exercising our muscles. We can't have all this sophisticated machinery and not use it; that would be like taking your Ferrari out only for short trips to the grocery store.

Fear is a birthright, and in this society we spend a lot of time and effort devising situations that will rev up the survival machinery so we can take it for a safe spin around the track. Golf is one of those ways.

ASK THE PRO

Q: I enjoyed your article about how the swing isn't that simple, but that's not what I hear from some of the teaching pros. Why do a lot of them say they can make the swing simple?

— Rod from Rustburg, Va.

A: Let me ask you this, Rod: Would you go to a teacher who claimed to make the subject complicated? Probably not. There is a lot of information out there about the swing, and the experts don't really agree on what's what, so the student, who just wants to get better, is often confused. Enter the "simple" marketing strategy.

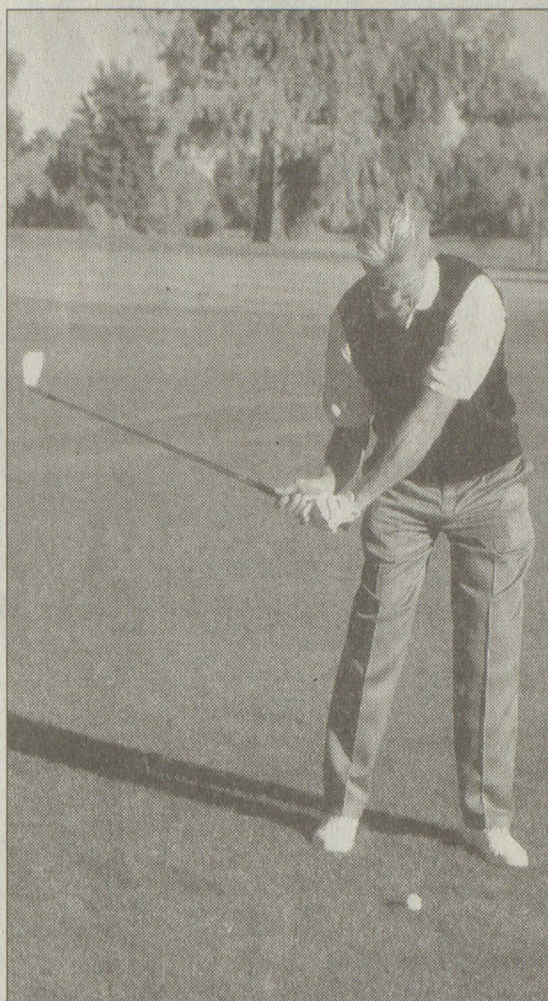
The Madison Avenue types have taken to portraying the good teacher as a cross between Andy Griffith's Sheriff Taylor and Chance the Gardener in the film "Being There." But talk for 20 minutes to a good teacher and you'll find no rube. Of course, you might also ask Captain Simple, "If the golf swing is so darn simple, what do I need you for?"

To Ask the Pro a question about golf, e-mail him at: TJInsider@aol.com, or send mail to: 530 Chub Drive, Palm Beach Gardens, FL 33418.

IT'S GOOD FOR YOUR GAME



With feet together, I'm ready to start my weight transfer when my target arm is parallel to the ground and my wrists are cocked. From here I step into the shot.



Step Right Up To The Correct Swing

At every golf seminar or golf school I teach, I get the same question: "How do I start the downswing?" Before I answer it in specifics, I always outline the goal: "If you want a consistently correct swing, be 'in' the correct hip socket at the correct time as your swing unfolds."

I use the word "in" to mean that you have established that hip joint as the center of rotation by shifting your weight into it and then turning your body around it. Said another way: To give yourself the best chance to hit a good golf shot, you need to be in your back hip joint during your backswing and your forward hip joint during your forward swing.

This transfer of weight is a subtle movement similar to shifting your weight while dancing; it is a distribution based on the rhythm of the movement, and while you can't focus on it while you play, you can prepare for it while you practice using the drill below.

But the weight shift isn't the only move your downswing requires. At the top of your swing, your hands are "up there" and the ball is "down there," so whatever else you do, your hands/clubhead package must come down. That's why they call it the downswing.

Two moves, inseparable companions from the start, occur when your left arm falls back down your chest as your weight shifts from

your back leg to your front one. Just as your left arm swung across and up your chest to begin your backswing, it now reverses its path to start your downswing.

Here is a drill that will give you the feel of this dynamic arm drop/weight-shift dual: (tee up all shots) Using a 7-iron, address your ball as you normally do, making sure to play the ball in the middle of your stance. Draw your front foot to your back one until the heels almost touch, leaving your clubface soled behind the ball.

If you want a consistently correct swing, be 'in' the correct hip socket at the correct time as your swing unfolds.

To begin the drill, swing your club back until your target arm is parallel with the ground, at which point you start your downswing by stepping back into your setup position. As soon as your front foot hits the ground, your arms/clubhead package drops to hit the ball.

As soon as your weight is deposited in your front hip, your hips take over your swing and begin a powerful rotation, with your front hip serving as the center for the rotation.

When doing this drill, be careful to avoid simply sliding your hips toward the target and not turning them in time. I'll cover "hip turn" in another page, but be aware that while all this sliding is going on, correct swing path takes a back seat, which is why, when you sway your hips, you'll hit a variety of fat and thin shots.

Remember: Shift, then turn.

QUOTE OF THE WEEK

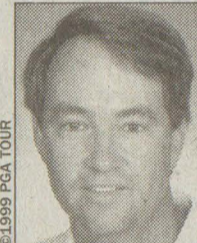
“We won the Ryder Cup; I won. Great!”

—Juli Inkster on golf's Super Sunday

BIRDIES & BOGEYS

More \$ For Tiger

Tiger Woods will host, and his foundation will co-sponsor, the Williams World Challenge, a \$3.5 million limited-field tournament. The venue for the 72-hole stroke play format will be Grayhawk



Davis Love is in the field chasing a million-dollar payday.

Golf Club in Scottsdale, Ariz. It's an elite field of 12, including Davis Love and David Duval, composed of the top 10 from the World Golf Ranking and two of Tiger's own choices. Do I hear the name "Sergio"? The winner receives (ho hum) another \$1 million, and the dog who finishes last gets practically nothing (\$120,000). NBC Sports covers the last two rounds on Jan. 1 and 2, 2000.

Looking For a Major

Of the active PGA Tour players, who has the most tour wins without winning a major? Part-time player Bruce Lietzke and Phil Mickelson both have 13 tour wins without a major, followed by another part-timer, Wayne Levi, with 12. It's doubtful that Lietzke (whose swing in 1991 was rated the best on tour by Golf Illustrated magazine) will ever win a major because of his putting problems on fast greens. And Levi plays the stock market better than he plays golf. That leaves Mickelson, who was close in this year's U.S. Open. I'm predicting that he'll break through and win a major next year.



Bruce Lietzke, assistant to Ben Crenshaw at this year's Ryder Cup, has 13 wins on tour but no majors.

Gender Gap

According to a recent survey, 91 percent of women don't mind playing golf with men, while 18 percent of men say they don't like playing golf with women.

Class Act

When Juli Inkster won the Safeway LPGA Golf Championship, her fifth victory of the year, her fine accomplishment went almost unnoticed because it occurred on a Sunday when Ryder Cup magic captured the golf world's attention. As interested as everyone else, she still tended to business and won by six strokes, a victory that qualified her as only the 17th member of the LPGA Hall of Fame, one of the elite memberships in all of sports. Asked if she was upset at being upstaged, she replied: "Oh no, are you kidding? I'm so proud of those guys. They had so much pressure on them, and they played with so much heart." Just like you, Juli, and welcome to the Hall.

ABOUT THE AUTHOR



Dr. T.J. Tomasi is the director of the Players School at PGA National in Palm Beach Gardens, Fla. He is a member of the elite Top 100 Teachers chosen by Golf Magazine for 1999 and is a Class A PGA teaching professional.



DON'T MISS IT

Our Favorite Things

Don't Miss the once-a-year newsstand-only edition of Golf Magazine's "The Best Things in Golf." It identifies and describes in detail the best teachers, the best resorts, the best golf swings, all the best things in golf including the best instruction book of 1998, "The LAWS of the Golf Swing." The book is not simple, but you'll play better golf after reading it.

GOLF SPOKEN HERE

Mark Your Ball

To place an object such as a small coin behind your ball to identify its original position once the ball is removed.

Lob Wedge

More lofted than the average sand wedge, with about 60 degrees of loft. It is used to hit high shots that produce minimal roll. Leave it out of your bag until you're a low-handicap player.

TOUR STATS

Rolex Rankings

1. Karrie Webb 311.29
2. Juli Inkster 283.00
3. Dottie Pepper 121.45
4. Annika Sorenstam 113.00
5. Se Ri Pak 110.45
6. Meg Mallon 107.75
7. Sherri Steinhauer 91.47
8. Lorie Kane 90.83
9. Rachel Hetherington 89.33
10. Rosie Jones 86.50

THE GOLF DOCTOR

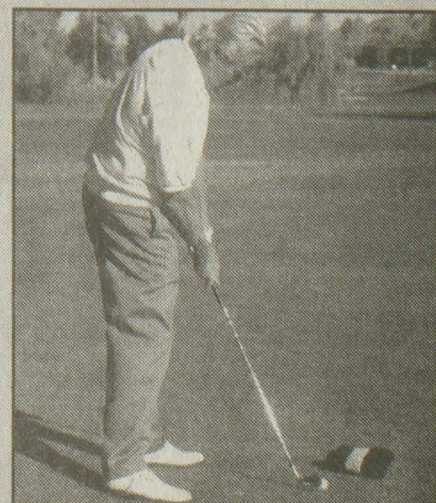
Grooving The Correct Path

The downswing path you need to put your clubface in the right position comes from inside the target line. Then it turns onto the target line so that your clubface looks directly at the target in time for impact. Past impact, the path continues its semi-circular journey around your body by turning back inside the target line after the ball is gone.

It's a strange game when it comes to the correct "feels." During the downswing (for the right-handed golfer), the left hip feels as if it goes to left field, while

the clubhead goes to right field and the ball goes to center field.

Here's a drill that will help you get the feel of that "right-field path." Place a headcover six inches to the side and about three inches in front of your ball. Then try to hit the headcover after you hit the ball. You can't do it, because your clubhead will be turning the other way as it follows the arc of your swing, but it will give you the feeling of swinging inside out.



Trying to hit the headcover after you hit the ball will give you the feel of a correct downswing path.

INSIDE THE PRO FISHING TOUR

Big Gamble Pays Off for Art Berry

Tournament fishing always comes down to a game of decisions. Not the perfect cast, not the heroic battle with a big bass, not the ideal game plan.

It's a game of decisions. Make a series of correct decisions over the course of a tournament week and you succeed. Make just one poor decision and you fail.

Veteran Western pro Art Berry has long understood that principle. And with two hours remaining in the New



Tim Tucker's Tour Notebook

Mexico BASSMASTER Western Invitational on Elephant Butte Reservoir that ended Saturday, Berry was faced with a monumental decision. He realized he needed one more big bass to win the \$45,000 top prize — which meant abandoning the area he had fished for two days.

In a decision that he will always remember, Berry took a gamble and ran 35 miles up the lake to a beaver hut he had spotted in practice. His first flip with a lizard into that submerged brush produced a 4-pound bass that proved to be the difference.

"I had been fishing for schooling bass in a small cove not far from the weigh-in site," Berry said. "But the action really slowed. I thought about going down the lake and trying to catch one smallmouth, but I knew I wouldn't win if I did. So I went the opposite direction and tried for the win — and fortunately it worked out."

Berry, who began the final round in fourth place, nearly five pounds out of the lead, used a shad-colored Bomber Fat-Free Shad crankbait and small Zoom plastic lizards to collect 28 pounds, 6 ounces of bass.

Jim Wells, a rookie from Idaho, finished second at 22-3, struggling to catch just two bass the last day. Sean Minderman of Washington was third at 20-10.

Best in the West Although bass fishing in the West has yet to reach the popularity it maintains in the East, the U.S. Open, held annually on massive Lake Mead, has a long and prestigious history.

Adding to that history recently in the 1999 Open was a familiar face. John Murray of Phoenix won his second Open title in three years by the narrowest of margins. Murray's three-day total of 35.79 pounds was less than a half-ounce better than Arizona pro Dean Farrell's 35.76 pounds.

For his efforts, Murray took home a cash, truck and Ranger boat package valued at \$112,000.

Harsh Test for Outboards What may have been lost in the excitement of last month's BASS Masters Classic in New Orleans was how well the outboard motor chosen for the Classic performed under challenging conditions.

The official Classic outboard was a 225-horsepower Mercury OptiMax mounted to each pro's tournament-issue 18-foot Ranger boat. The Mississippi Delta provided an ideal test for these engines. The pros were running as many as 100 miles a day in 90-degree-plus water — much of it shallow and weedy.

Despite those challenges, the 50 or so OptiMax motors performed almost flawlessly. Unlike most past Classics, no units had to be replaced because of product failure, said Terry Heist, special events manager for Mercury.

Tim Tucker's Pro Power Ratings

Star indicates a pro who is coming on strong.

Rank	Pro	Age	Location
1	Denny Brauer	16	Camdenton, Mo.
2	Davy Hite	16	Prosperity, S.C.
3	Larry Nixon	16	Bee Branch, Ark.
4	Kevin VanDam	16	Kalamazoo, Mich.
5	Rick Clunn	16	Ava, Mo.
6	George Cochran	16	Hot Springs, Ark.
7	Stephen Browning	16	Hot Springs, Ark.
8	Alton Jones	13	Waco, Texas
9	David Walker	12	Lannon, Ky.
10	Zell Rowland	16	Montgomery, Texas
11	Clark Wendland	13	Cedar Park, Texas
12	Mark Davis	16	Mount Ida, Ark.
13	Pete Thliveros	12	Jacksonville, Fla.
14	Roland Martin	6	Clewiston, Fla.
15	Dean Rojas	10	Lake Havasu City, Ariz.

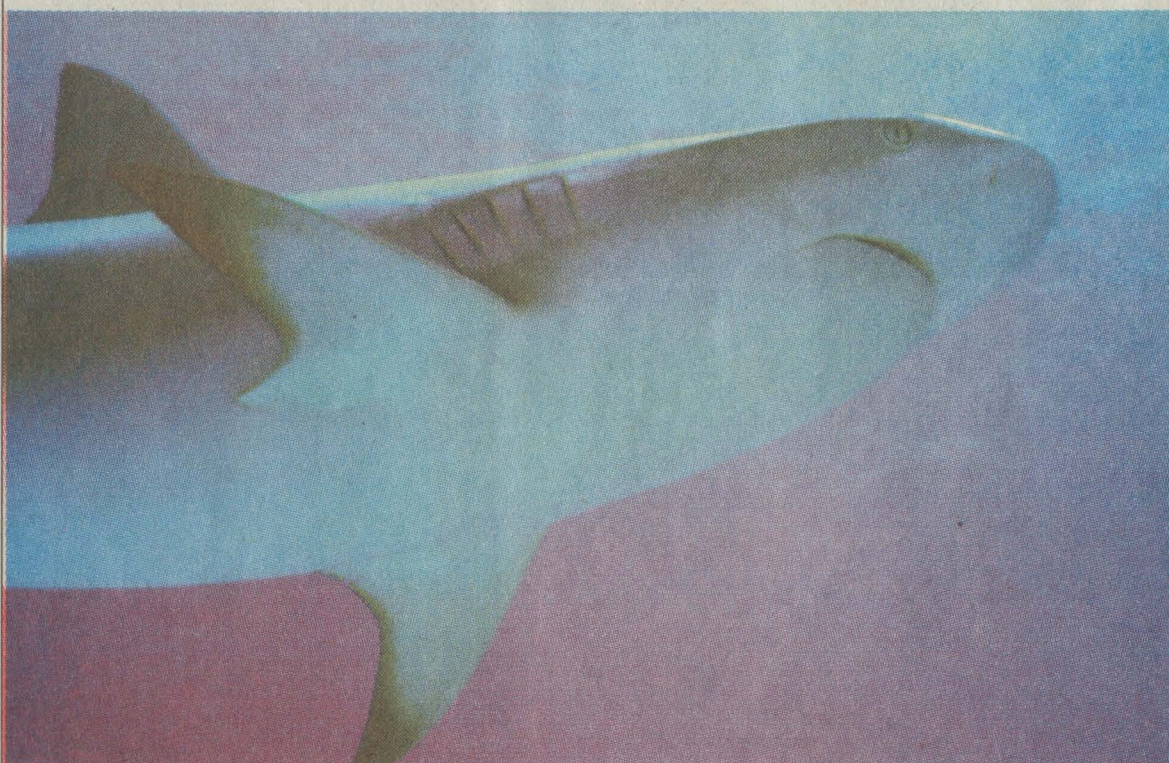
These ratings of America's top tournament bass pros are based on Tim's opinion of their talent, knowledge, experience and most recent tournament performances.

A weekly guide to sports in the wild, including the professional bass fishing tour

Outdoors

©Longwing Publications Inc.

YOUR SPORTS



A shark swims in for a close look at the author.

PHOTO © LINDA AND RICH GETTMANN

Divers Catch Shark Dinner

By LINDA GETTMANN

Shark! The word evokes the same chilling image for us all: A dark dorsal fin slicing through the surface of calm water. A huge mouth open to reveal razor-sharp teeth.

And we have come to this spot near Long Island in the Bahamas to get a good close look at them. Like eyeball to eyeball.

Drawn by the sound of the engine, dozens of sharks congregate around our anchoring dive boat. The sight of these sleek, powerful creatures circling the vessel is enough excitement for some passengers — they decide to stay in the boat. But the majority of us exhibit no fear as we race to gear up and jump in. As Carroll "Smitty" Smith, the divemaster, describes shark behavior and what to expect during this dive, two dozen 4- to 6-foot Caribbean reef sharks and one 7-foot bull shark circle the boat. They know what to expect, and seem impatient for the action to begin.

The owners of Stella Maris Resort pioneered this shark encounter more than 20 years ago. The dive site lies in the open ocean, a 45-minute boat ride from shore. The dependable return of these imposing creatures to the shallow feeding site provides the opportunity for shark enthusiasts and researchers to observe and study shark behavior.

As the divers descend, columns of bubbles trace their progress to a depth of 40 feet. Struggling to control racing pulse and shallow, rapid breathing, divers move into position on the white sandy bottom next to a high coral head. The instructions replay in their heads: "Control your breathing. Stay on the bottom. Stay together. Don't

reach out and try to touch the sharks." Not to worry about that last one.

Once the divers are kneeling in a semicircle, backs against the coral head, Smitty signals the captain, his brother Delbert, to drop the bait bucket from the stern platform.

The sharks and a variety of reef fish including big groupers, yellow-tail snappers and blue-stripe grunts swim with controlled curiosity until the bucket pierces the turquoise water with a splash. Immediately they converge on the bucket, hitting it with their noses, bouncing it around like a volleyball. Before the bucket hits the white sand bottom, the sharks tear off the plastic wrapping and expose the bait. Fins, tails, teeth and sand are everywhere. Wide-eyed divers stare at the spectacle, underwater cameras flashing.

The feeding frenzy lasts only a minute, but the guests of honor linger, hoping for a second course. As the furor subsides, the sharks return to their curious inspection, sometimes within two feet of a diver's mask — providing an opportunity for the patient photographer to get the photo of a lifetime.

The six divers check their gauges for remaining air, bottom time and film. It's hard to believe 30 minutes have already passed, but Smitty signals us to begin the slow ascent to the surface.

Back on deck, while shedding fins, masks, tanks and wet suits, the divers breathlessly compare notes, hoping to have captured the adventure on film.

"This is the best dive of my life," says a soggy, awestruck diver as she packs away her gear. She is not the only one who thinks so.

— Linda Gettmann of Camas, Wash., has been scuba diving for 12 years.

MORE INFO

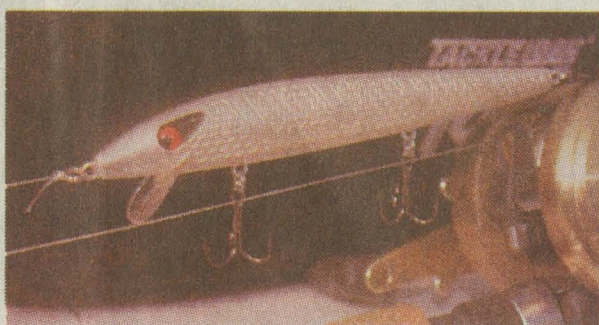
Stella Maris Resort is located on Long Island in the Bahamas. Visit their Web site at www.stellamarisresort.com or call 1-800-426-0466.

THE TACKLE BOX

Rogue Puts Weight On

Over the past few years, weighting jerkbaits to get them to suspend in certain conditions has become a craze in the bass world. But weighting a jerkbait can be a tedious, unreliable process.

Until now. Longtime lure-maker Smithwick recently released a new version of its venerable Rogue — the Dead Stick Rogue. This jerkbait is designed to be used as a sight-fishing lure for clear-water bass or as a tool for fishing over and



The Dead Stick Rogue takes the tedium out of weighting a jerkbait.

around shallow cover.

When retrieved, the Dead Stick exhibits a straight swimming action that resembles a live baitfish. That enables this lure to be used in the same situations where a soft-plastic jerkbait had previously been the best choice. But unlike the softer jerkbait, the Dead Stick provides

superior hooking ability, along with more durability and dependability.

This suspending jerkbait is available in eight color schemes that are new to the Rogue lineup.

— Tim Tucker

For more information, call Smithwick at 800-422-FISH.

ANGLER'S AGE-OLD FRIEND

Up the Creek With a Paddle — And a Pole

By TIM TUCKER, Outdoors Writer

Although it is among the oldest watercraft known to man, the humble canoe is generally not the modern angler's first choice for getting to the old fishin' hole. But the canoe holds an important place in fishing because it opens up untold acres of water that can't be reached with any other mode of transportation.

Some of the country's biggest bass reside in the anonymity of some of its smallest lakes, streams, canals and ponds. And canoes, with their stealthy quality, can approach these fish in even the shallowest of water.

"Canoes are great for bass fishing, especially where you have a lot of the weedy lakes and shallow water," said Cliff Shelby, a canoe-fishing enthusiast and executive with Ranger Boats in Arkansas. "They have such a shallow draft that you can shoot right across entire weed beds — places the big boats might have trouble running. Canoes paddle real easily across the top of weeds."

"And in lakes with reeds and bulrushes, you can use the pointy end of a canoe to your advantage. It will part the reeds and slide right on through. Or you can put the front end in the reeds and hold yourself in position to fish an area."

"Plus, a canoe is so quiet that you can actually slip up on fish. It's really easy to handle a canoe with one hand.

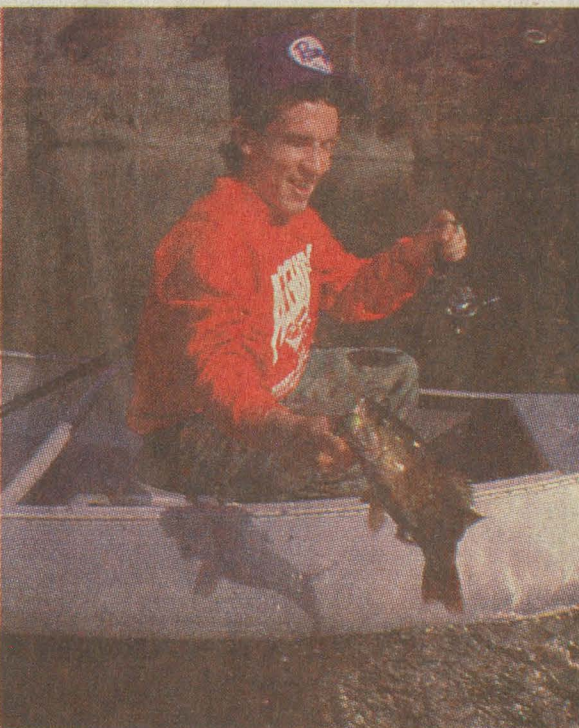
You can draw stroke, stop real quick or back up instantly — all with one hand. And it's quiet because you can do all that without ever taking the paddle out of the water."

Canoe fishing, purist-style, can be the epitome of no-hassle fun. There is no gas, motor, batteries or a trailer involved, just a lightweight craft and a paddle.

When it comes to fishing, canoes are surprisingly stable.

"The misconception that canoes are unstable and will roll over easily is something that we've heard all of our lives," Shelby said. "All canoes will tip to a certain point and then recover if you let them. Most canoes are just not that easy to tip over."

"Experienced canoeists don't have any problem standing up in a canoe, if necessary. I stand up and fly-fish on places like the White River. You have to have some balance and it's probably something you don't want to recommend to everybody. But I stand up so I can see



Few watercraft can get you as close to the fish as a canoe.

PHOTO © TIM TUCKER

better, and I don't have to worry about my back-cast slapping the water when I fly-fish."

Shelby said that canoes are actually more stable than some broad-bottomed johnboats when it comes to landing fish. The angler is so low and close to the water that he or she can reach over the side to pull in a fish without moving away from the canoe's center of balance.

So if you're looking for pure fishing enjoyment, a canoe may be just your ticket.

WRITE TO US

The Outdoors page is published weekly by Longwing Publications Inc., P.O. Box 15045, Sarasota, FL 34277. Editor: Peter Gentile. Outdoors writer Tim Tucker has written for every major outdoors magazine in America and has a Web site at www.probas.com. If you have a question that you would like Tim to answer on this page, write to him in care of Longwing Publications. Sorry, no phone calls.

Tips From the Pros

Small Crankbaits for Big Bass

"On the surface, it would seem the most unlikely combination — a tiny crankbait designed specifically to catch big crappie and tournament bass. At 1/8-ounce in weight and 1 1/2 inches in size, it doesn't seem like the kind of tournament tool that a power fisherman like myself would rely on in crucial situations.

"I've always had a tiny crankbait in my repertoire of baits that I call 'Save Your Butt' baits. You know, the baits you save until things are tough. About five or six years ago, Norman came out with what they called their Crappie Crankbait, which runs two to three feet deep, and quickly found a place in that category."

"It's just an incredible fish-catcher. Most people would call it a pond bait, but it's a great bait to locate fish with on almost any lake — particularly when the fish are shallow, and the fishing is tough. That's when this bait is really good — when you need a limit no matter what the size of the fish."



RICK CLUNN is a four-time BASS Masters Classic world champion who lives in Ava, Mo. He was the runner-up in the recent BASS Top 150 event on Lake Champlain.

BASSMASTER INVITATIONAL RESULTS

Here are the top finishers in the BASS Western Invitational tournament held Sept. 30-Oct. 2 on Elephant Butte Reservoir at Truth or Consequences, N.M., including angler, hometown, number of fish caught (and number dead), total weight, and earnings.

Rank	Pro	Age	Location	Weight	Earnings
1	Art Berry	16	Lakeside, Calif.	28-6	\$33,600
2	Jim Wells	16	Fruittland, Idaho	22-3	\$25,000
3	Sean Minderman	16	Spokane, Wash.	20-10	\$25,000
4	John Murray	16	Phoenix, Ariz.	35.79	\$17,000
5	Kevin Johnson	16	Saugus, Calif.	18-14	\$5,500
6	Raymond Ortiz	16	Oracle, Ariz.	18-10	\$4,500
7	Aaron Martens	16	Castaic, Calif.	18-08	\$3,500
8	Franco Vallejos	16	Albuquerque, N.M.	17-08	\$3,100
9	Ron Williams	16	Mesa, Ariz.	17-01	\$2,900
10	Eric Parra	16	Moreno Valley, Calif.	17-01	\$2,700
11	Rob Vander Kooi	16	Mesa, Ariz.	16-11	\$2,300
12	Rich Iannolo	16	Menifee, Calif.	16-07	\$2,100
13	Brett Hite	16	Phoenix, Ariz.	15-14	\$1,800
14	Kotaro Kiriya	16	Torrance, Calif.	15-06	\$1,700
15	Warren Wyman	16	Canyon Country, Calif.	15-02	\$1,600
16	Mark Rizk	16	Redding, Calif.	14-08	\$1,400
17	Norval Pimentel	16	Modesto, Calif.	14-04	\$1,400
18	Bobby Prece	16	Las Cruces, N.M.	13-15	\$1,400
19	Jack A. Graedge	16	Logandale, Nev.	13-14	\$1,400
20	Johnny Parks	16	Aztec, N.M.	13-13	\$1,400
21	Allen Ruddick	16	Las Cruces, N.M.	13-03	\$1,350
22	Mike O'Shea	16	Thousand Oaks, Calif.	13-02	\$1,350
23	Don Iovino	16	Burbank, Calif.	13-00	\$1,350
24	Wayne Carey	16	Alta Loma, Calif.	12-13	\$1,350
25	Bob Adkinson	16	Kennewick, Wash.	12-11	\$1,350
26	Frank Laster	16	Oakdale, Calif.	11-15	\$1,300
27	Jerry Ballesteros	16	Whittier, Calif.	11-13	\$1,300
28	Ron Cervenka	16	Saugus, Calif.	11-09	\$1,300
29	Stephen Pike	16	Las Vegas, Nev.	11-08	\$1,300

Rank	Pro	Age	Location	Weight	Earnings
30	Kelly Jordan	16	Mineola, Texas	11-04	\$1,300
31	Mike Reynolds	16	Modesto, Calif.	11-03	\$1,200
32	Steve Tash Sr.	16	Turlock, Calif.	10-14	\$1,200
33	Wayne Carey	16	Alta Loma, Calif.	10-13	\$1,200
34	Chuck Rizuto	16	Navajo Dam, N.M.	10-10	\$1,200
35	Skeet Reese	16	Cotati, Calif.	10-09	\$1,200
36	Don Knecht	16	Los Alamos, N.M.	10-07	\$1,100
37	Mick Kitchen	16	Tracy, Calif.	10-06	\$1,100
38	David Gieba	16	Stockton, Calif.	10-03	\$1,100
39	Renaud E. Pelletier	16	Kalama, Wash.	8-15	\$1,000
40	Mark Lassagne	16	Concord, Calif.	9-13	\$1,100
41	Andy Cuccia	16	Oakley, Calif.	9-11	\$1,050
42	Scott Brownlie	16	Apple Valley, Calif.	9-08	\$1,017
43	Gary Thien	16	Scottsdale, Ariz.	9-08	\$1,017
44	Chris Peebles	16	Tucson, Ariz.	9-08	\$1,017
45	John Hayes	16	Albuquerque, N.M.	9-03	\$1,000
46	Buck Bauernfeind	16	Castaic, Calif.	8-15	\$1,000
47	Joe Biter	16	Magalia, Calif.	8-15	\$1,000
48	Rich Tauber	16	Woodland Hills, Calif.	8-13	\$1,000
49	Scott Sheldon	16	Loveland, Colo.	8-10	\$1,000
50	Ron D. Wehrs	16	T or C, N.M.	8-09	\$1,000
51	Eric Knauer	16	Maple Valley, Wash.	8-08	\$1,000
52	Steve Bell	16	Elephant Butte, N.M.	8-08	\$1,000
53	Tim Jacobs	16	Chandler, Ariz.	8-07	\$1,000
54	Dino Caporusco	16	Mission Viejo, Calif.	8-07	\$1,000
55	Kurt Walters	16	Aurora, Colo.	8-05	\$1,000
56	Shane Lee	16	Battle Ground, Wash.	8-05	\$1,000
57	Tim L. Edington	16	Bakersfield, Calif.	8-05	\$1,000
58	Bill Pryor	16	Caldwell, Idaho	8-03	\$1,000
59	Chuck English	16	Las Vegas, Nev.	8-01	\$1,000
60	Eric Knauer	16	Maple Valley, Wash.	8-00	\$1,000
61	Mitch Ratchford	16	Kennewick, Wash.	7-14	\$1,000
62	Jason Blauvelt	16	Meridian, Idaho	7-13	\$1,000
63	Byron Velvick	16	Boulder City, Nev.	7-13	\$1,000

Day	Big Bass	Angler	Weight	Price
1	5-05	Ben Matsubu, Phoenix, Ariz.	\$800	\$800
2	5-06	Dino Caporusco, Mission Viejo, Calif.	\$800	\$800
3	4-10	Rob Vander Kooi, Mesa, Ariz.	\$800	\$800

Day	Fish	Dead	Limits	Lb.-Oz.
1	310	3	5	508-11
2	295	5	12	486-04
3	254	0	9	411-15
4	859	8	26	1,406-14

FLOYD COUNTY
Lifestyles



Serving Floyd County since 1927

**Alice Lloyd College names
Adrian Hall alumnus of year**

Dollie C. Terrill Martin of Pippa Passes and Adrian L. Hall of McDowell, were honored as the 1999 Alice Lloyd College Alumna and Alumnus of the Year at a banquet on Saturday, September 18, on the campus of Alice Lloyd College. The two were recognized for their service, dedication, and leadership in the eastern Kentucky

area. Hall is a native of Floyd County. He graduated from McDowell High School in 1939, and earned an associate's degree from Caney Junior College in 1941. He received a Caney Cottage Scholarship, which allowed him to continue his education. He received a Bachelor of

Arts degree from Morehead State University in 1949, and a Master of Arts degree from the University of Kentucky in 1965. He taught school in Floyd County for 30 years and served as a coach and counselor. He also worked as a supervisor in the Floyd County School's central office.

Upon retirement from the public school system, Adrian joined the staff of Alice Lloyd College in 1977, where he served as associate director of admissions for 17 1/2 years. In recognition of his service, the admissions office was named in his honor in 1995.

As an educator, Adrian has inspired many young people in eastern Kentucky to set high educational goals for themselves, officials at Alice Lloyd College said. Hall is a member of the Alice Lloyd College Board of Trustees, a position he continues to hold.

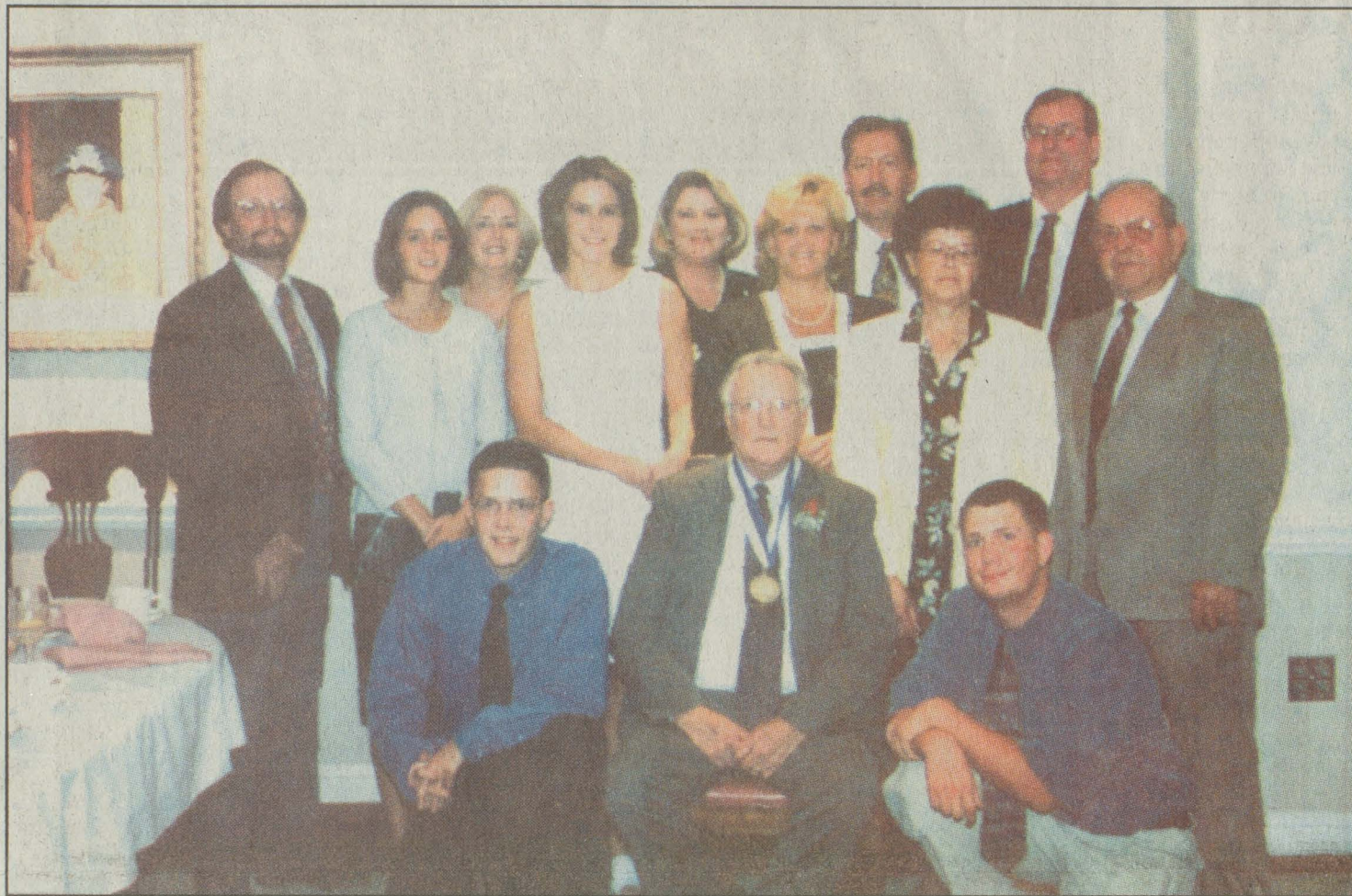
Hall has served as director of admissions at McDowell Appalachian Regional Hospital, as well as acting director and administrator. He has been a trustee of Our Lady of the Way Hospital in Martin. He is an active member of the Kentucky Retired Teacher's Association and the senior citizens organization. He has worked with Boy Scouts and in a number of sports-related youth activities.

He has served the Thornton Union Association of the Old Regular Baptist Church as clerk and moderator, and is currently serving as assistant moderator.

Hall was instrumental in establishing the Palmer L. Hall Living Endowment Fund that provides annual scholarships for selected Floyd County Students.

Adrian was married to Olive Rose, who died last year. He has four children: Sandra Stevens, Rickey Hall, Donald Hall, and Karen Sexton.

Alice Lloyd College is a private, four-year, workstudy college in Pippa Passes, located in Knott County. Alice Geddes Lloyd founded the College in 1923 to educate mountain students for positions of leadership and service in Appalachia. ALC offers a quality education with tuition guaranteed to any student in its 100-county service area.



Adrian Hall, seated in center, was surrounded by his family as they basked in the glow of honors awarded to Hall by Alice Lloyd College. Hall was named Alumnus of the Year at the college.

**This Town
That World**

Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request. The following column was written in 1959.

One of the cleverest paragraphs we've read recently is this from The Wall Street Journal:

"Fall is when a boy, raking, leaves."

The Wall Street Journal and The Floyd County Times are now even. We've quoted it.

WE LIKE LAUREL

We like this idea of holding an "election" to decide what will be the national flower. We cast one resounding vote for mountain laurel.

Mountain laurel is not just another wild flower. It grows wild and free in the wild, rugged places. An adventuresome sort, it dares to sink its roots in the craggy, stony places where few things live. This flower is as American and as symbolic of freedom as the eagle that is the national bird.

KERCHOO!

While I'm discussing flowers, a job for which I am equipped about as well as for a dissertation on the late Mr. Einstein's theory of relativity, I would point out that when Kentucky chose the goldenrod as its state flower it added insult to the injury already visited by the goldenrod on every hayfever sufferer in the Commonwealth.

NOT THE DEAD

When it was suggested, the other day, that we go fishing on the Dead Sea, referring to Dewey Lake, the inference was not that there are no fish therein. It referred to the smell after the recent shad-killing operation there.

FISHING REPORT

The fishing is dead for the moment not only at Dewey. Cumberland has been vis-

(See Town, page two)

**To Your
Good Health**

by Paul G. Donohue, M.D.

DEAR DOCTOR DONOHUE: My 81-year-old mother has been diagnosed with Alzheimer's disease. Her doctor prescribed Aricept, which costs more than \$100 a month. In all of the articles I have read on Alzheimer's, there is no mention of a cure. What is your opinion of this drug?

DEAR READER: Aricept - donepezil - is not a breakthrough for Alzheimer's disease, but it can produce modest improvements for those with mild to moderate symptoms. You're correct. It is not a cure.

The drug replenishes stores of the brain chemical acetylcholine, which is necessary for the transmission of signals from one brain cell to its neighbor. Without this chemical, mental function fogs. An acetylcholine deficit is partly to blame for Alzheimer's symptoms.

Changes do not happen immediately. Results can take three or four months. The changes are not dramatic, but any positive change is a step in the right direction for an Alzheimer's patient.

I'm sending you a copy of the report "Alzheimer's Disease." It can give you a clear picture of what to expect in the various stages of the illness. Readers can order a copy by writing: Dr. Donohue - No. 47, Box 5539, Riverton, NJ 08077-5539. Enclose a self-addressed, stamped (55 cents) No. 10 envelope and \$3.

Wheelwright High School Class of '51

The Wheelwright High School class of 1951 met for their 48th year class reunion at May Lodge, Jenny Wiley State Resort Park, Prestonsburg, on September 12.

Lloyd Woody acted as emcee. Mary Lee Deal Shockley presented a memorial for deceased members. George Dutton gave the invocation before the dinner.

Presentation of various gifts was given by Maxine Newman Goble. Traveling the farthest was Kelly Freeman Holland of Mound City, Missouri; George Dutton won for having the most grandchildren, and the prize for being married the longest went to Betty Jo Little Hall. The door prize was won by Jo Ann Fraley Boyd.

George Dutton closed the reunion with prayer.

Attending the event were Joyce Newsome Johnson of Melvin, Lavon Hall Bailey and husband Paul of Bypro, Georgia Ann Hall Little of Minnie, Madeline Osborne Ward of Urbana, Ohio; JoAnn Fraley Body of Waverly, Ohio; Kelly Freeman Holland and husband, Dave of Mound City, Missouri; Zanada Eloise Skiles McDavid and husband of Springfield, Ohio; Lloyd Woody and wife, Delores of Weeksbury; Jacqueline Johnson Carter of Bypro; Orangie Curry of Bypro, Mary Lee Deal Shockley and husband, Richard of Benton, Illinois, George Dutton of Baltimore, Maryland, and Maxine Newman Goble and husband, Don of Prestonsburg.



Members of the class of 1951 at Wheelwright High School gathered recently for a reunion at Jenny Wiley State Resort Park and to reminisce about the days when the school was an active part of the community.



This household in the McDowell area took advantage of the autumn sun to dry their clothes the old-fashioned way. (photo by Willie Elliott)

Making Halloween costumes can unite family

From the beginning of October, many children are eagerly anticipating it, and parents are dreading it. But before they even get to that ghastly night, everyone must endure something that can be another nightmare—finding the right Halloween costume.

Despite the anxiety the annual Halloween trek may bring, parents can come up with the perfect costume with items from around the house and turn the project into a learning experience, said a University of Kentucky expert.

"Halloween is for kids, but it can be fun for parents and educational for all," said Linda Heaton, a textiles and environment specialist with the UK Cooperative Extension Service. "Involving children in creating costumes can teach them something, and it helps the child feel like the parent is really interested in the same things they are."

Depending on their age and skill level, Heaton said, children should be involved in every aspect of creating a costume—from planning to sewing. Even the smallest children can fringe edges or cut decorative shapes under supervision, while older children can learn to make simple machine- or hand-stitches or follow pattern design.

"Studies are beginning to show that things such as sewing, actually improve a child's creative skills," Heaton said. "With a little patience from the parent, a child can learn to sew, and parents are helping to expand their children's abilities."

Many attractive and simple costumes can be made from items around the house with just a few hours of work, Heaton said. Leotards, a few furry ears and a little eyeliner can create almost any animal. A gift-wrapped cardboard

box and a bow hat can turn a child into a special present. Dragging out mom and dad's high school wardrobes can quickly transform a child into a Rat Pack star, Pink Lady or bobbysoxer.

A vital part of every costume should be reflective materials, Heaton said. Strip tapes can add decoration to an outfit, while making children more visible in the dark. Pre-designed appliques, in the shape of witches, ghosts and other goblins, can give a costume a special quality with illumination. The tape, which can be purchased at most fabric and department stores, should not only be on costumes, but on children's bags, bikes and flashlights as well.

For very small children, Heaton recommended selecting something the child is interested in, being careful to select a costume that won't frighten the child should they see their own reflection.

Keeping costumes simple, using light-weight material and avoiding heavy makeup also are keys for the best costumes. If makeup must be used, Heaton recommended using popular cosmetics in place of specialty costume makeups that can be harsh on young skin and hard to remove.

If a costume must be assembled, using fusible stitching web and fabric glue can ease the process and speed up production, Heaton said. Velcro can replace cumbersome zippers and buttons; and long stitches speed up sewing and correcting mistakes. For some costumes, ripping of unwanted material instead of hemming may even add to the character—a pirate with ragged pants or a soldier in a tattered uniform.

Careful choice of fabrics also can ease costume creation and add to safety and wearability. Flame retardant materials may be purchased or sometimes created through the application of a special chemical available in most fabric stores. The chemical must be

mixed and has various levels of effectiveness on each type of fabric. Scratchy fabrics also should be avoided in the interest of comfort.

"We need to remember to make sure the fabric will breathe and help cool the child," Heaton said. "It shouldn't be too heavy, and they should be able to wear clothes under the costume if the weather turns cold."

Knits are ideal costume fabrics, Heaton said, because they breathe well and have lots of give. Felt is a very versatile fabric that can be used easily, but lacks the flexibility of knits. The use of slick or plastic-type materials should be avoided because of their lack of breathability, Heaton said. However, if they must be used, strategic holes should be placed in the arms, legs and other hot spots to aid air flow. Other tips for creating that ideal Halloween costume are:

- Avoid face masks. They cut down on visibility and impede breathing.
- Children should wear their own shoes with costumes. The

proper fit will help avoid injury from falls.

• Accessorize. Big earrings, funny hats or giant sunglasses can create a costume from every-day clothes and add personal distinction.

• If a child has sensitive skin, wash all fabrics before making the costume. This will remove any excess dyes or fabric finishers that may cause skin irritation.

• Test all makeup for allergic reaction potential. A small dab of makeup on a child's arm usually will be a sufficient test for allergic tendencies. If the child is allergic, redness or a rash will develop within a few minutes to an hour after application.

• Run a full dress rehearsal. Make sure the child has a full range of movement. Evaluate if the costume will get too hot, if tails will get in the way of walking and if makeup will run into eyes. Reflective tape also should be tested so parents are sure children can be seen by passing motorists and others.

Home improvements can pay off with big rewards

The practical benefits of remodeling a home are clear: added resale value, a greater degree of comfort, greater enjoyment, and sometimes most importantly, a more pleasing appearance. Yet, the cost of remodeling or renovation may seemingly outweigh the benefits. According to Remodeling Magazine, a minor kitchen update, including replacing cabinet doors, oven and stovetop, and repainting, will cost approximately \$8,395, but can improve a resale value by \$8,579. Interested in adding a deck to the home? A 16' x 20' deck made of pressure-treated pine will cost a homeowner about \$6,000, but the resale value will average only \$4,356. The upfront cost may seem intimidating, but there is a way to make the idea affordable...a home improvement loan that allows consumers to remodel their home without overspending their budget.

"A really good reason for a home improvement loan is to allow the borrower to maintain their aging home in a sellable condition," said Darryl Stepp, vice-president of Retail Marketing with Citizens National Bank. "The home is most likely the largest purchase a consumer will ever make,

and it is important to update it over time."

A CNB home improvement loan is available to all types of property owners, including residential, commercial, or agricultural. Home improvement loan amounts can range from \$500 to \$7,500, on a fixed-rate, monthly payment plan. Once approved, the customer may use the funds allocated for property improvements such as carpeting, painting, adding new appliances, building a sunroom, or landscaping. Repayment on the loan can set for as long as 60 months, providing for a low monthly payment of approximately \$100 or less.

"Each year, we have hundreds of people apply for home improvement loans from CNB," said Stepp. "The vast majority, certainly more than 75 or 80 percent, of those that apply are approved. We want people to know that, if they are a property owner, there are many options available at CNB for financing a remodeling project."

The home improvement loan is also a chance to help consolidate debt. Up to 25 percent of the approved amount is available for debt consolidation. The benefits of debt consolidation include reduc-

ing the number of payments and lowering monthly payment amounts. Currently the interest rate on a CNB home improvement loan is 11.9 percent. No mortgage on the home is ever filed. Additionally, there is no appraisal fee, no opening or closing fee, and fast on-site approval with CNB loan officers. The interest may be tax deductible, as well, depending on the type of loan.

"A remodeling project is an investment that will maintain, and most likely increase, the value of a customer's home," Stepp stated. "A home improvement loan can help finance the project, making the effort financially rewarding now and in the future."

There are other options for those who wish to apply for a larger amount loan, including a home equity or a second mortgage.

For more information on a home improvement loan, contact Darryl Stepp, vice-president Retail Marketing at Citizens National Bank, 620, Broadway, Paintsville. Citizens National Bank is the second largest independently owned and operated banking company in the Big Sandy Region, with 11 full-service locations in Floyd, Magoffin, and Johnson counties.

Safe Halloween can be in the bag with a few simple precautions

Halloween is supposed to be a little scary. But without proper planning and precautions, it could be a nightmare.

"Halloween should be filled with surprise and enjoyment. By following common-sense practices, we can keep events safer and more fun for ourselves and our kids," said Stephanie Bastin of the University of Kentucky Police Department.

Bastin views Halloween from two perspectives—as a police officer vitally concerned with public safety, and as the mother of two trick-or-treat aged children. She listed the following precautions and suggestions that could make Halloween safer for children and saner for their parents:

- Always use common sense.
- An adult should always accompany young trick-or-treaters.
- Children should be cautious of strangers.
- Accept treats only in a doorway. Never enter a house.
- Visit only houses with porch lights on.

- Walk, don't run.
- Take along a cellular telephone, if possible.
- Carry a flashlight.
- Stay in a group.
- Never cut across yards.
- Before crossing a street or driveway, remove any mask or item that would limit vision.

• Because masks can limit vision, consider using non-toxic makeup and decorative hats as safer alternatives.

- Have all treats checked by adults.
- Drive slowly through neighborhoods.

"Parents should openly discuss appropriate and inappropriate behavior with their children at Halloween time," Bastin said.

Bastin also noted that a little planning ahead of time could make Halloween more enjoyable for kids and parents.

"Plan costumes that are bright and reflective," she said. "Make sure the costumes are short enough to prevent tripping. And consider adding reflective tape to costumes."

Gorging on candy can be undesirable, so encourage your children to eat a good meal before embarking on their trick-or-treating.

In addition, make an extra effort to remove potential obstacles from your yard, driveway, and walkway to reduce the chance of tripping.

If trick-or-treating isn't your bag, consider fun alternatives. Many community centers, shopping malls, and houses of worship have organized festivities. Ask around your community or check your local newspaper for special events. You could also share your fun and perform a valuable community service by arranging a visit to a retirement home or senior citizens center.

While focusing on the safety of children, Bastin also cautions adults who attend Halloween parties where alcoholic beverages are served.

"Try to keep your drinking to a minimum," she urged, "and always establish a designated driver. Do not drink and drive."

Town

ited by a friend who prefers not to be named, and he also prefers to hear no more about it.

FLY IN THE OINTMENT

The Let-the-Rest-of-the-World Go-By Club was in session, the other morning, and its several members commented on the days before their retirement and about their various activities as men who made things hum hereabouts. Finally, one member asked another, "How are you liking this retirement business, anyhow?"

"She's great, she's wonderful," the other replied. "But, just between you and me, I'm afraid it won't last long."

15 YEARS AGO

Only this week, almost 15 years after. I am told of

(Continued from page one)

Carl Crum, a Floyd County soldier, who was in Berlin just after our side had finished bombing the city into submission. It was a dreary, rainy day, and Crum saw a rain-soaked newspaper in the street. It's a wonder that he picked it up out of all the mess that that street was, but he did, and after careful handling he discovered that it was—yep, The Floyd County Times.

Wonder who dropped it there.

COSTLY

This is the sad experience of a Floyd County man whose wife and child came in contact with a rabid cat: Hospital...\$72
Anti-rabies serum...\$33
14 trips to P'burg...21
7 days lost from work...105
Total...\$231
Plus untold anxiety.

Ask the CIS

The Cancer Information Service, 1-800-4-CANCER

Cancer Fatigue

Q: Since my cancer treatments began three months ago, I've been feeling exhausted all the time. Is this normal?

A: Fatigue is one of the most common problems of people with cancer, especially those on treatment. People with cancer fatigue may say they feel tired, weak, exhausted, weary, worn out, fatigued, heavy, or slow. Fatigue is often an expected, temporary side effect of treatment, but sometimes it becomes chronic (long lasting). Healthcare providers consider many factors when treating cancer patients with fatigue. These include your overall physical and mental health, fatigue pattern (how and when it started, how serious it is, what makes it worse or better),

type of cancer, treatments you have had, treatment-related symptoms and/or side effects (such as anemia), current medications, sleep and relaxation habits, and diet. They may also consider personal concerns because extreme stress over a long time can cause fatigue.

Chronic fatigue can be a serious problem for people with cancer. It can affect their feelings about themselves, their daily activities and relationships with others, and even whether they continue their cancer treatments.

Money can be a problem if cancer patients with fatigue need to take disability leave or stop working.

Treatment of chronic fatigue related to cancer may include a

change in the amount of pain medication the patient is taking, a red blood cell transfusion, or stimulant or anti-depression medication. Exercise, rest, a good diet, and patient education may also be helpful in managing chronic fatigue.

You should describe your chronic fatigue to your doctor. The doctor can help you identify possible causes, treatments, and ways to cope with this condition.

Ask the CIS is distributed by the Region 9 Cancer Information Service (CIS), which serves Kentucky, Arkansas, and Tennessee. The CIS is a program of the National Cancer Institute. Call the CIS toll-free at 1-800-4-CANCER between 9 a.m. and 4:30 p.m.

subscribe to
**The Floyd
County Times**
call 886-8506 for details

If not for you,
do it for her.



Screening Mammogram

\$68 during the month of October

Breast cancer can be easily cured, if it's detected early enough. And, mammography screening remains the single most effective way to detect breast cancer early. October is Breast Cancer Awareness month and to celebrate, Pikeville Methodist Hospital along with the radiologists of Pikeville Radiology will be offering screening mammograms for \$68 at these convenient locations:

- Pikeville Methodist Hospital at 911 South Bypass Road
 - The Breast Care Center at 804 Hambley Boulevard in the Riverside Building
 - Archer Clinic Radiology in Prestonsburg
- Your best protection against breast cancer is early detection. And that's important ... because you have a lot to live for. Call 432-6058 today for an appointment.



**PIKEVILLE
METHODIST
HOSPITAL**

FOR THE RECORD

Marriage Licenses

Gladys Manns, 47, Prestonsburg and Jimmy D. Harmon, 52, Prestonsburg.

Rachael Williams, 18, Harold and Steven Hamilton, 20, Teabery.

Karen L. Holland, 41, Huntington, IN and Mark Allen Coven, 36, Huntington, IN.

Tamara Lynn Collins, 30, David and Randy Jay Seal, 39, David.

Jaime Susan Little, 23, Lexington and Michael Kane Dudleson, 25, Stanton.

Heather Y. Brown, 20, Garrett and Case Joe Collins, 25, Garrett.

Teresa Faye Damron, 15, Prestonsburg and Scotty Ray Bradley, 17, Martin.

Shaundena Marie Ream, 22, Prestonsburg and Robert Dwayne Conley, 27, Prestonsburg.

Jennifer Burke, 35, Prestonsburg and Jerry Patton, 44, Prestonsburg.

Kristel Skye Floyd, 22, Martin and Todd Wesley Meadows, 26, Prestonsburg.

Apryl Chantal Layne, 30, Prestonsburg and Keith Hyden, 35, Prestonsburg.

Julia P. Howard, 48, Hippo and Tommy L. Jones, 66, Langley.

Lecia A. Davis, 25, Prestonsburg and John K. Nelson, 28, Prestonsburg.

Jessica L. Johnson, 20, Weeksburg and Donald Lee Adams, 20, Weeksburg.

Lisa Renee Jarrell, 16, Prestonsburg and Kristopher Justin Hall, 17, Prestonsburg.

Margaret L. Marcum, 25, Dunlow, WV and Stephen R. Sturgill, 28, Martin.

Lora H. Smith, 32, Dwale and Roger N. Paige, 28, Dwale.

Amy LeAnne Mahan, 14, David and Jack Ellis Bailey, 18, David.

Patricia J. Hall, 16, Langley and Jonathan Seward, 19, Langley.

Mary Elizabeth Burchett, 35, Prestonsburg and Jody Shannon Collins, 37, Millington, TN.

Naaemah Williams, 18, Ivel and Tavagh A. Morgan, 19, Ivel.

Mary Elizabeth Wells, 62, Emma and Esquire Slone Jr., 65, Emma.

Prestonsburg Police Dispatch Logs

September 23

11:59 motorist locked keys in vehicle in front of Hock Shop

1:59 car broke down on off-ramp

2:52 motorist locked keys in vehicle at Food City

3:30 motorist locked keys in vehicle at Prestonsburg Elementary

3:32 motorist locked keys in vehicle at Farm Bureau

5:48 alarm activated at East KY Auto

7:54 alarm activated at BP Mart

8:16 theft related incident at Big Lots

September 24

8:22 reckless driver on RT 114

11:22 debris in road on Holiday Inn hill

1:19 car broke down at the College lights

2:30 911 hang-up call at R & L Apts

3:45 intoxicated person at Super 8

4:09 motorist locked keys in vehicle at City Cab

5:36 alarm activated at Cooley Apothecary

6:11 debris in road on S curve

8:59 cleared lot at Wendy's

9:21 DUI on 114 E

9:47 disturbance at Highlands Regional Medical Center

10:15 assault at Sheila's Grocery

10:39 domestic dispute on N Central Ave

September 25

1:13 alarm activated at bank

1:47 harassment at Holiday Inn

7:16 alarm activated at Citizens National Bank

8:10 drug related incident at Pizza Hut

12:33 motorist locked keys in vehicle at Station 1

1:00 debris in road at Super America

1:59 accident without injuries at Rose's Citgo

2:26 911 hang-up call at Highland Heights

3:36 intoxicated person at Strand Theater

5:49 suspicious person at R & L Apts

6:42 motorist locked keys in vehicle at Dixie Apts

6:46 accident without injuries at Family Dollar

8:01 motorist locked keys in vehicle at IGA

9:49 cleared lot at Dairy Cheer

10:22 car broke down at MAC

September 26

0:02 fight in progress on US 23

0:33 DUI on RT 114

2:50 DUI on West Side

3:17 disturbance at Hardee's

12:12 reckless driver at Holiday Inn

2:18 reckless driver on S Lake Dr

3:05 pursuit at Jenny Wiley

4:34 motorist locked keys in vehicle at Wal-Mart

September 27

0:32 suspicious person on N Lake Dr

7:29 car broke down on 23/80

11:52 911 hang-up call at R & L Apts

12:48 motorist locked keys in vehicle at PCC

2:07 car broke down at Somers

2:24 accident without injuries across from Wendy's

5:49 motorist locked keys in vehicle at Subway

8:01 persons drove off without paying at BP Mart

9:37 harassment at police station

September 28

0:25 drug related incident on RT 114

0:38 harassment at Super 8

3:32 suspicious person at Super 8

9:15 alarm activated at Tobacco

Joint

9:29 motorist locked keys in vehicle in Francis Court

10:20 loud music on S Hall Alley

11:02 accident without injuries in front of IGA

1:32 motorist locked keys in vehicle at Reno's

1:53 911 hang-up call at campground

2:21 accident without injuries at Subway

4:17 report of a missing person

6:04 motorist locked keys in vehicle on Court St

7:39 reckless driver on RT 114

11:50 disturbance at Dixie Apts

September 29

7:45 report of a missing person

7:46 car broke down at KY Power

9:03 motorist locked keys in vehicle at Pat's Cafe

9:08 motorist locked keys in vehicle at Winn Dixie

12:53 motorist locked keys in vehicle at FoodLand

2:41 motorist locked keys in vehicle at BP Mart

7:03 car broke down at Wal-Mart

9:43 suspicious person at Wal-Mart

September 30

10:08 alarm activated on N Central Ave

12:21 motorist locked keys in vehicle on S Lake Dr

12:39 fight in progress at R & L Apts

2:47 motorist locked keys in vehicle at FoodLand

4:51 domestic dispute on N Arnold Ave

7:43 motorist locked keys in vehicle in high school parking lot

7:56 car broke down at Dairy Cheer

8:39 911 hang-up call on Sparrow St

9:33 suspicious person at Jim C. Hamer Co

11:04 car broke down on Ball Alley Curve

October 1

11:09 accident without injuries at Family Dollar

12:05 reckless driver at Water Gap

1:06 motorist locked keys in vehicle at FoodLand

1:36 911 hang-up call at FoodLand pay phone

2:45 car broke down at Pioneer Credit

4:00 motorist locked keys in vehicle Glynview Plaza

4:14 car broke down at Food City red lights

4:16 car broke down on RT 114

4:21 motorist locked keys in vehicle at Glynview Plaza

4:41 accident with injuries on N Lake Dr

6:17 domestic dispute on Stuart St

6:46 car broke down on Wick's Hill

6:53 car broke down on US 23

6:57 car broke down on 23 & 80

8:46 car broke down at Food City

11:49 disturbance at Indian Hills Apts

October 2

11:08 alarm activated at

Prestonsburg Elementary School

11:36 motorist locked keys in vehicle at Heilig Meyers

1:54 accident without injuries at Wal-Mart

2:09 car broke down at Hardee's

2:43 911 hang-up call at Cliffside Apts

3:24 accident without injuries at Archer Park

4:23 911 hang-up call at Hal Rogers Dr

5:14 DUI above Hobert's Pizza

5:24 accident without injuries at Food City

5:53 DUI on KY highway 302

6:54 motorist locked keys in vehicle at Wal-Mart

7:02 domestic dispute at Dixie Apts

9:27 accident without injuries at Highland Apts

10:08 suspicious person at Microtel

October 3

0:50 fight in progress at Thunder Ridge

1:02 fight in progress at Hardee's

1:30 drug related incident at Prestonsburg Auto Parts

3:18 suspicious person at Wal-Mart

3:28 motorist locked keys in vehicle at Wal-Mart

3:56 suspicious vehicle at Comfort Suites

4:58 DUI at Tiger Mart

12:32 fight in progress on Webb St

12:57 911 hang-up call on Mays Br

5:12 motorist locked keys in vehicle at Wal-Mart

5:12 DUI at Winn Dixie

5:32 harassment at Archer Park

6:26 motorist locked keys in vehicle at Jerry's Restaurant

10:13 alarm activated on University Dr

11:31 motorist locked keys in vehicle at BP Mart

11:32 domestic dispute at Briarwood Apts

October 5

4:56 car broke down on Holiday Inn hill

9:27 motorist locked keys in vehicle at City Utilities

11:45 motorist locked keys in vehicle at Wal-Mart

4:35 theft related incident at Sports Sensation

7:20 DUI at Lee's Restaurant

9:21 motorist locked keys in vehicle at MAC

9:26 cleared lot at Layne's Hardware

District Court

James R. Gearheart, 54, Grethel, operation of a motor vehicle under the influence of an intoxicant, no insurance, failure to register transfer, improper registration plates, no operator's license, no or expired registration receipt, failure to wear a seatbelt, criminal littering, alcohol/ drug education, license suspended for 90 days, 30 days in jail probated to 1 year no driving in KY, 2 days public service, \$1651 in fines.

Willie E. Prince, 51,

Prestonsburg, alcohol intoxication, 3rd or more, 15 days public service, 15 days in jail.

Jeffery A. Castle, 25, Offutt, operation of a motor vehicle under the influence of an intoxicant, alcohol/ drug education, license suspended for 30 days, 2 days public service, \$501 in fines.

Jeremy K. Reed, 18, operation of a motor vehicle under the influence of an intoxicant, amend to under 21, alcohol/ drug education, license lost for 6 months, \$401 in fines.

Robert M. Adams, 47, Salsyville, obstructed windshield, no/or expired registration receipt, no insurance, \$693 in fines.

Toney Newsome, 23, Hi Hat, no motorcycle operator's license, no insurance, assault, 4th degree, disregard of a traffic signal, \$743.50 in fines.

Gary Simpkins Jr, 22, possession of an intoxicant, excluding alcohol, \$108.50 in fines.

Ravin Howard, 29, Royalton, possession of an intoxicant, excluding alcohol, \$108.50 in fines.

Richard S. Robinson, 20, Prestonsburg, alcohol intoxication, 1st/2nd, minor possession of alcohol, 15 days in jail probated to no more related violations, \$133.50 in fines.

John W. Chambers, 23, Teabery, operation of a non-motor vehicle under the influence, refused test, license suspended for 6 months, \$390.50 in fines.

Clarence H. Slone, 20, Columbus, OH, operating on a suspended license, no insurance, possession of marijuana, drug paraphernalia, use/ possession, 1st, 90 days jail probated, \$813.50 in fines.

William K. Burdine, 53, Berea, alcohol intoxication, 1st/2nd, \$108.50 in fines.

Denzil W. McKinney, 38, Teabery, operation of a motor vehicle under the influence of an intoxicant, alcohol/ drug education, license suspended for 90 days, 2 days public service, \$501 in fines.

Property Transfers

Deborah Lynn and Robert Keith Carter to Shannon Keith and Kellie D. Carter, property located on Jack's Creek.

Jack Stumbo and Delmer Elswick to Bonnie Faye Bryant, property located on Branham's Creek.

Sylvia Elliott to Fred L. Rife, property located at Laynesville.

Ralph E. Allen to Freda Bentley, property located on Frasure's Creek.

Kentucky Power Company to John W. Burke Sr and Helen Burke, property located in Prestonsburg.

Commonwealth of KY to the City of Prestonsburg, property located at Lancer.

Rising Sun Developing Inc to McDowell Professional Pharmacy Inc, property location not listed.

James Stumbo to Audrey S. Gunnells, property located on Left Beaver Creek.

CSX Transportation Inc to Gladys McKinney, property located at Melvin.

James Roy and Thelma Music to Scotty Howell and Charlotte Burchett, property located on Spradlin Branch.

Hall and Hylton Development Inc to Gary and Ethel Shepherd, property located at Harold.

John W. and Carol J. Marsillett to Kendall and Janice Epperson, property located on State Road Fork.

Troy and Verlie Frasure to Myrtle Anderson and Charles Frasure, property located on Branham's Creek.

Gaylord G. Conner Jr. and Margaret Conner to Terry L. Wright Jr., property located at Dewey Lake.

Donald and Louise Sexton to Harold and Paula Sparkman, property location not listed.

Annie Mae Branham to Gary and Carolyn Taylor, property located on Left Beaver Creek.

Arthur H. and Buretta Moore to Bobby Sexton, property located on the Right Fork of Beaver Creek.

Viola Crum to Charlene Martin and Georgie Martin, property located on Right Beaver Creek.

Greeley and Eliza Waddle to Louise Waddle Tackett, property located on Left Beaver Creek.

Greeley and Eliza Waddle to Leslie Waddle Knowlton, property located on Left Beaver Creek.

Terence W. and Lynette D.

Fitzer to Southeast Rax Development Co, Inc., property located in Prestonsburg.

Lafe and Elizabeth H. Scott to Bill Newsome, property located at Harold.

Ricky and Tonia Robinson to James and Kathy Chaffins, property located on Abbott Creek.

Jeanette B. Collins to Nancy Lynn Coleman, property location not listed.

Ben Hampton to Rodney and Patricia Ann Little, property located in Prestonsburg.

Lloyd Ronald and Loretta Burchett Blackburn to LaDonna Blackburn Miller, property located on Little Paint Creek.

James C. and Kathy Chaffins to Bill and Amanda Jarrell, property located on Abbott Creek.

Vernon and Mildred Powers to Vivian Jarvis, property located at Allen.

Billy and Rachel Stevenson to Ted N. and Stephanie A. McDonald, property located on Abbott Creek.

Jerry and Neila Nadeen Williams to Virgil R. and Donna Johnson, property located on Stephens Branch.

Eric A. and Angela G. Duncan to Jennifer Burke, property located in Prestonsburg.

FirStar Bank, N.A. to Elmer and Faye Hall, property location not listed.

Ishmel Greer and Joyce Campbell to Elizabeth DeAnne Campbell, property located on Conley Fork.

James and Pamela Clark to Martin Pawn Shop and Johnnie Samons, property located in Martin.

Suits Filed

ContiMorgage of Hatboro, PA VS Herman and Hattie Newsom of Beaver, collection of debts.

Providian National Bank of Pleasanton, CA VS David J. Willis of Prestonsburg, collection of debts.

Ruby Lee Fairchild of Floyd County VS Gerald Loyd Fairchild of Staffordsville, petition for dissolution of marriage.

Lori LeeAnn Messmear of Banner VS Johnnie Dale Messmear of Winchester, petition for dissolution of marriage.

Charles Prater of Hueysville VS Edna Higginbotham of Prestonsburg, et. al., wrongful termination of employment.

Frank B. Hall of Langley VS Virginia E. Hall of Langley,

THINGS TO PONDER

After school: Teens No. 1 time of day

by Mable Rowe Lineberger

Last time the focus was on the after-school activities of elementary school-aged children. Hopefully, parents of children within that age group have done some serious thinking.

The next questions are for parents of teenagers. "What is the No. 1 priority—learn to get along with others and have fun?" "Could this be the beginning of a lifetime career, such as playing for the Wildcats and then the MBA?" "Who's interested the most, parent or teen?"

The most important inquiry for parents needs to be, "What does the focus of your child's last meaningful year at home with the family need to be?"

An even bigger question is, "How is your adolescent spending his time now?" A study examining the time-use patterns of American adolescents in the late 1980s and early 1990s, found that U.S. teenagers have a lot of discretionary time at their disposal, but that time is not being filled with activities that build their skills or characters.

Examples given were: 10th grade students averaged only one-half hour per day on homework, 20 percent read for pleasure almost every day; 15 percent worked daily on hobbies, arts, or crafts; 5 percent routinely used personal computers for schoolwork or recre-

Ky. to receive arthritis grant

Kentucky is among the 38 states receiving \$4 million in grants in an effort to reduce the occurrence of arthritis—the leading cause of disability for Americans.

The Centers for Disease Control and Prevention announced the grants on September 29. Kentucky will receive \$56,220 each of the next two years to better determine the extent of the disease and to educate the public and health professionals about ways to prevent and treat it.

"Many forms of arthritis are preventable," said Paula Alexander, a nurse with the Kentucky Department for Public Health who will be the project leader for the grant. Arthritis can be caused by obesity, a lack of exercise and occupational or sports-related injuries, she said.

The department will work with the Arthritis Foundation-Kentucky Chapter on the project.

Arthritis and related conditions affected nearly 43 million Americans in 1998. By the year 2020, an estimated 60 million people will have arthritis. Arthritis costs the nation \$65 billion annually and is second only to heart disease as a cause of work disability. Cost-effective interventions to reduce disability are underused, according to the CDC.

About 16.6 percent of Kentucky's population in 1990—approximately 617,000—had some form of arthritis, according to CDC statistics. Projections show that by 2020, more than 20 percent of Kentuckians—874,000 people—will suffer from the disease.

ation; less than one-third attended religious activities weekly or more; a fifth were in youth groups or organized recreational programs; a similar number took weekly classes outside of school in music, art, language, or dance; and one in 14 volunteered or performed community service activities.

They spent their free time in several ways, such as watching TV for about two-and-one-hours per day, 60 percent talked with others on the phone, and 64 percent hung out with friends at different places within the neighborhood. As they got older (12th graders), 60 percent worked for pay at relatively low-skill jobs that did little to prepare them for the more demanding jobs they might have later in life.

Of course, research has shown that teens have both positive and negative experiences from extracurricular activities. Students who participated in varsity sports were less likely than non-participants to drop out of school or become smokers by their senior years.

In contrast, student athletes were significantly more likely to have engaged in binge drinking. Students who participated in band, orchestra, chorus, or in a school play/musical were significantly less likely than non-participants to engage in nearly all the problems behaviors: dropping out of schools, being arrested, becoming smokers, using drugs, or engaging in binge drinking. Female (but not male) performers were also less likely than non-performers to become teen parents.

Generally, students who spent 5-19 hours per week in extracurricular activities were even less likely to engage in risky behavior. But, no great deterrent effect was shown among those spending large amounts of time (20 or more hours per week) in extracurricular events.

An overall finding revealed that organized youth activities can help to deter risky behavior in adolescence and young adulthood. But, the effectiveness of an activity depends not just on the degree to which it occupies idle time; it also depends upon the extent to which it develops skills, creates challenges, and provides fulfilling experience for teen participants. In contrast, if the group encourages some forms of risky behavior, such as binge drinking or sexual promiscuity, participation in the activity may be counterproductive.

Differences according to the financial income were also noted. Adolescents from low-income families or parents with less education were least likely to participate in organized skill-building and character-nurturing activities. Students with parents who were uninvolved in school-related activities were also less involved in constructive free-time activities as often nor spent as much time doing homework, as students with involved parents.

High school students focusing on general or vocational/technical programs had much less exposure to extracurricular activities than students in academic or college-

preparatory programs.

Although there are many significant benefits to teenagers being involved in extracurricular activities, from a clinical viewpoint, the deficits seem to provide the balance between involvement in activities, importance of self-development and maintenance of family focus.

Two young adolescents come to mind. Bruce, the oldest one, and now 20, is in his third year of "trying" to attend college and has been enrolled in three different colleges with five tries. He has few actual college credits and is still repeating courses that he failed previously. One year, Bruce's family spent \$18,000 on college tuition, believing "this time" would work. After telling his story, the depressed young man was able to agree with the probability that the basis of his present state was the loss of a "dream" and his need to grieve. During his years at a regional high school, tall, athletic Bruce had been a basketball star for four years. His mother was still upset that school administrators had allowed him to play ball. "But they needed him," even though his grades were less than C's. He supposedly had the potential to make much better grades.

Bruce had been shocked how the first coach to recruit him was "not so nice," once his freshman year began. Then he broke his hand and had to sit for awhile. At each college there seemed to be some big reason why Bruce, the coach, or whatever, just did not flow together. The high school star with the promising future, that depended upon him playing ball, really began going down hill. Bruce's family thought he was being ugly and did not recognize how depressed, frustrated, and lost he felt.

The second young man had been a great basketball player since middle school. Then, he was in serious trouble when he was allowed to play on the varsity team at a young age. Unfortunately for him, he got hooked on "pills and pot" gradually. Being immature and wanting to "fit in," he was unable to say "no." He was "history" by the middle of his senior year and was unable to graduate with his class, due to so many absences.

This young man had a hard summer thinking that he could "some way" keep using substances and get what he wanted. Finally, after not being able to go to college, he seemed to have reached "his bottom" emotionally and decided that he wanted a different way of life. He had such a painful time, emotionally and physically, when he actually decided not to snort and swallow pills any more. Although he admits that he still "craves," the tone of his voice and the look in his eyes seem to agree that he is serious about saying "no" from now on.

Even though not all teens "go bad" from doing extracurricular activities, it is still of utmost importance that parents and school personnel make the young person's overall needs No. 1. Adults need to be there for support and applause, but keep the balance. Anything to the extreme can be dysfunctional.

Busy women turn to aromatherapy to relax

(NUE) — House to clean, bills to pay, mouths to feed — who has time to breathe, let alone take time off to be pampered at a spa? Now women are pampering themselves by bringing the spa to their homes.

At-home facials, mud masks, and hand-held massagers have enabled busy women everywhere to bring the spa treatment into their homes.

Aromatherapy also has found its

way into America, but many women still don't know what aromatherapy is or how it works. Hideaway Spa, the makers of numerous at-home spa products, can answer your questions about aromatherapy. If you have additional questions, you can call 1-800-826-4560.

Q: What's aromatherapy?

A: Aromatherapy is the use of aroma to bring about a physiological, psychological and emotional change. Aromatherapy uses extracted essential oils from various parts of plants, including the flower, leaf, resin, bark, root, seed or rind to relax, balance and rejuvenate the body, mind and soul. The combination of certain natural essential oils is used to stimulate certain specific reactions. For instance, PRAI blends the soothing essences of nutmeg, jasmine, Mandarin oranges and prai to improve sleep.

Q: When was it created?

A: The practice of aromatherapy has been around for centuries, dating back as far as ancient Egypt nearly 6,000 years ago. The term "aromatherapy," however, wasn't coined until the late 1920s by the French chemist Vernet.

Q: How does it work?

A: Unlike what many of the products on the market will tell you, "aromatherapy" candles and bath products are not always products of therapeutic aromatherapy, but rather products with scents that probably make you feel good. True aromatherapy can be found only in items using natural essential oils. Products using these essential oils can be applied to the skin or pillow cases, cotton balls, tissues or found in foods, body care products, and through the use of diffusers or atomizers.

Q: What is a diffuser?

A: A diffuser uses heat or electricity to disperse the aroma into a room. Hideaway's home diffuser, the VaporSpa, is unique because, unlike many other aromatherapy diffusers, which are really humidifiers, it doesn't use water and is pediatrician approved.

To learn more about the VaporSpa diffuser or Hideaway's other home spa products, visit their Web site at www.hideawayusa.com.

Humor Potpourri

WITH A LITTLE HELP FROM OUR FRIENDS

Police in Oakland, California, spent two hours attempting to subdue a gunman who had barricaded himself inside his home. After firing ten tear gas canisters, officers discovered that the man was standing beside them, shouting out to give himself up.

WHAT WAS PLAN B?

An Illinois man, pretending to have a gun, kidnapped a motorist and forced him to drive to two different automated teller machines. The kidnapper then proceeded to withdraw money from his own bank account.

SOME DAYS IT JUST DOESN'T PAY!

Fire investigators on Maui have determined the cause of a blaze that destroyed a \$127,000 home last month — a short in the homeowner's newly installed fire prevention alarm system. "This is even worse than last year," said the distraught homeowner, "when someone broke in and stole my new security system..."

GETAWAY!

A man walked into a Topeka, Kansas, Kwik Shop and asked for all the money in the cash drawer. Apparently, the take was too small so he tied up the store clerk and worked the counter himself for three hours until police showed up and grabbed him.

ARE WE COMMUNICATING?

A man spoke frantically into the phone, "My wife is pregnant and her contractions are only two minutes apart!"

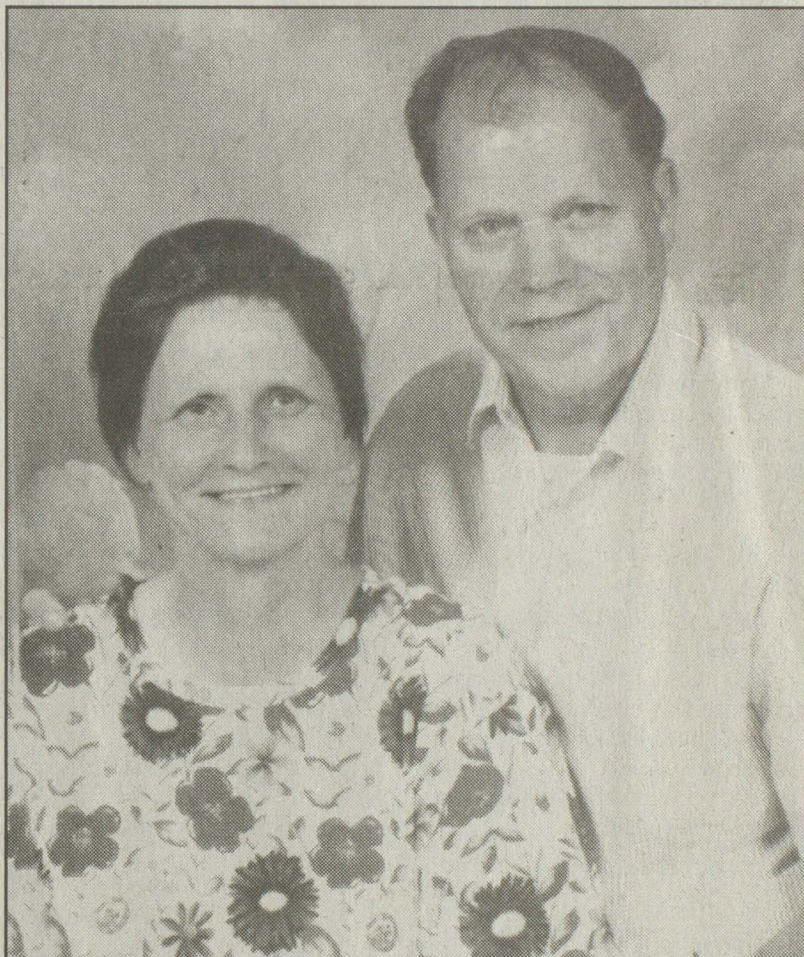
"Is this her first child?" the Emergency operator asked?

"No, you idiot," the man shouted "This is her husband."



50th anniversary

Rex and Elizabeth Wilson celebrated their 50th wedding anniversary with a cruise to the Virgin Islands and the West Indies. The couple were married September 26, 1949. They are the parents of two children and they have three grandchildren.



40th anniversary

Elisha and Jeanette Branham of Harold, celebrated their 40th wedding anniversary on August 8. They were surprised with an anniversary party given by their three children: Patricia, Larry, and Steven. They were honored with many gifts from family members, including a cake and a plaque from their children. They have five grandchildren: Candice, Matthew, Cody, Megan, and Jessica. Elisha has been a minister of the Old Regular Baptist Church for more than 28 years. He now serves as moderator for the Pilgrim's Home Church of Grethel.

GOOD HOUSEKEEPING

TRAVEL REVIEWS:

Presidential Museums

THE ANDREW JOHNSON NATIONAL HISTORIC SITE

Greeneville, Tenn.; 423-638-3551;

Visitors can inspect Johnson's houses, the tailor shop where he worked before he entered politics, and the many gifts he received as president, including a beautiful carved-ivory basket from the queen of Hawaii. But we know why you really want to visit: Johnson was, of course, the first president to be impeached (they recently changed the sign proclaiming him to be the only one), and museum attendance has surged significantly over the past year. After studying the exhibits that explain the circumstances surrounding Johnson's impeachment, you can vote to convict or acquit. "He's almost always acquitted," says Jim Small, chief of operations.

THE HARRY S. TRUMAN LIBRARY

Independence, Mo.; 816-833-1400;

The sign on his desk read THE BUCK STOPS HERE, and it became Truman's signature slogan. On view at this

museum, the sign was made by inmates in an Oklahoma prison; a friend of Truman's saw it on the warden's desk and asked that a copy be sent to the president. This is just one of "a wide variety of oddball objects on display," according to the museum's Mark Beveridge. They include items as large as his two Chryslers, as small as miniature sculptures that can be seen only with a magnifying glass, and as inexplicable as Amelia Earhart's aviator's license. "I don't know why he had that," Beveridge shrugs. "He ended up with a lot of things."

JOHN F. KENNEDY LIBRARY

Boston, Mass.; 617-929-4500;

The 21 exhibits here reflect important benchmarks of the Kennedy administration — the Peace Corps, the U.S. space program, the Cuban Missile Crisis — all presented in rooms that simulate those of the White House. The Oval Office is arranged the way it was in June 1963 when JFK delivered a TV address on civil rights. A less flashy exhibit is a short letter penned by Kennedy when he was about 9 years old. In it, the

youngster flexes his early diplomatic muscles, requesting a raise in his allowance from his father. A home video of the Kennedy family runs continuously.

Mount Vernon and Monticello are must-sees for any presidential-history buff worth her Stars and Stripes. But patriots needn't stop there: Each president gets his own museum. Most of them can be found in the chief executive's hometown and are filled with quirky artifacts that offer a personal glimpse of the man behind the title.

THE FRANKLIN D. ROOSEVELT LIBRARY AND MUSEUM

Hyde Park, N.Y.; 914-229-8114;

Archives and a museum are housed on this magnificent estate where FDR was born. You'll see a full-scale replica of the White House map room, as well as the 1936 Ford specially designed to allow the president, whose legs had been paralyzed by polio, to drive using only his hands.

If you're in Georgia, check out

FDR'S LITTLE WHITE HOUSE

in Warm Springs (706-655-5870),

where FDR went to bathe in the nearby natural springs for physical therapy. On display (in addition to two more of his cars) are his cape and one of his wheelchairs, as well as the unfinished portrait of him that was being painted when he died in 1945.

THE GEORGE BUSH PRESIDENTIAL LIBRARY AND MUSEUM

College Station, Texas; 409-260-9554;

Opened in November 1997, this site features

a piece of the Berlin Wall, which fell during Bush's tenure. Many of the larger exhibits are replicas,

including the former president's

World War II Avenger Torpedo Bomber (the original was shot down), his offices in Camp David

and aboard Air Force One, and even his 1947 Studebaker. The

museum's latest acquisition is Bush's speedboat, *Fidelity*, which

got him into some trouble when

TV cameras showed him fishing

off it in the tense weeks leading up

to the Gulf War.

For more Good Housekeeping

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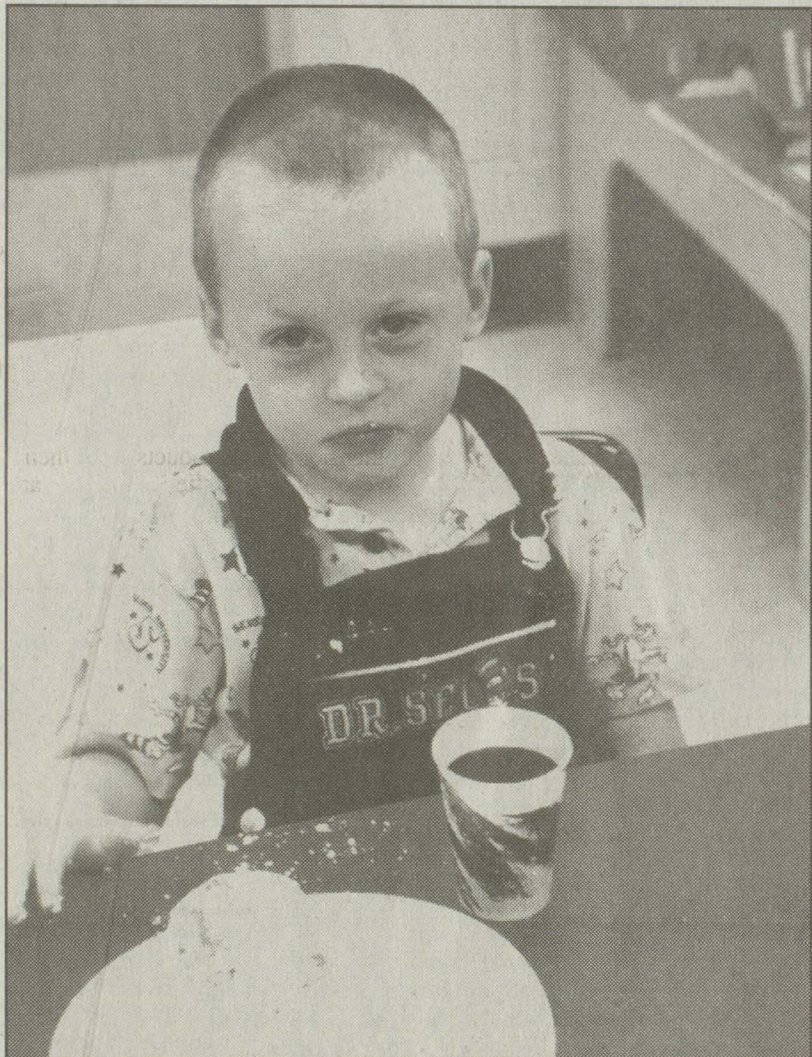
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ACADEMICS



Dakoda Chaffins and Sean Perkins enjoyed both making and eating doughnuts during D week. They are students in Lisa Thornsberrry's kindergarten class at May Valley Elementary.



Kelsey Blevins enjoyed a visit from her Nano Shelly on Grandparents Day. Kelsey is a student in Lisa Thornsberrry's kindergarten class at May Valley Elementary.

BLHS wins first meet

Betsy Layne was the overall winner at the first Eastern Kentucky Academic Conference meet on September 25, at Shelby Valley High School. Betsy Layne accumulated 43 points to capture first place, Pikeville-Maroon finished a close second with 42 points, Sheldon Clark was third with 36 points, and Paintsville placed fourth with 35 points.

The following students finished first through fourth in these written assessment categories:

Mathematics: 1, Tie between Tiffany Caldwell of Pike Central and Evan Smith of Pikeville-Maroon; 3, Justin Shofner of Pikeville-Maroon; 4, J.R. Conn of Betsy Layne.

Social Studies: 1, Joe Brown of Paintsville; 2, Jonathan Maynard of Sheldon Clark; 3, Galen Conley of Johnson Central; 4, Sean Deskins of Pikeville-Maroon.

Science: 1, Tie between James Stambaugh of Johnson Central and Jeremy Tackett of Betsy Layne; 3, Tie between Deskins and Joseph Ratliff of Betsy Layne.

Language Arts: 1, Billy Newsome of Betsy Layne; 2, Laura Wells of Johnson Central; 3, Brittany Smith of Pike Central; 4, Matthew Snyder of Pike Central.

General Knowledge: 1, Pavan Bhatraju of Pikeville-Maroon; 2, Maynard; 3, Tie among Caldwell, Steven Bartley of Millard, and Stephen Conley of Paintsville.

In quick recall competition, Betsy Layne placed first with a 6-0 record, and Paintsville, Pikeville-Maroon, and Sheldon Clark all tied for second with a 5-1 record. Individual honors went to the following: 1, Richie Duncan of Belfry; 2, Conley, 3, Maynard; 4, Newsome.

The next high school meet is scheduled for October 31, at Pike Central.

Students included in Who's Who

The 2000 edition of Who's Who Among Students in American Junior Colleges will include the names of 18 students from Kentucky College of Business, Pikeville, who have been selected as national outstanding campus leaders.

Campus nominating committees and editors of the annual directory have included the names of these students based on their academic achievement, service to the community, leadership in extracurricular activities and potential for continued success.

They join an elite group of students from more than 2,300 institutions of higher learning in all 50 states, the District of Columbia and several foreign nations.

Outstanding students have been involved in the annual directory since it was first published in 1966.

Students named this year from Kentucky College of Business Pikeville are:

Sarah Brown, Ivory Diane Casey, Aaron Daughterty, Brenda Hall, Diane Hall, Angelique Mullins, Tina Pinion, Leigh Ray, Tammy Rife, Dayna Robinette, Pamela Geniece SESCO, Amanda Slone, Stacey Smith, Lisa Slone, Penny Stewart, Anitra Stumbo, Terry Thacker and Beatrice Walters.

Since the spring of the year, the Floyd County School system maintenance department has been replacing playground equipment.

The final phase was completed this summer when Allen, McDowell, Osborne and Stumbo elementary schools received the new state-of-the-art playground areas.

Events leading to the installation of the new equipment began with Greg Adams, facilities director, inspecting playgrounds for updated safety and accessibility standards.

Once the inspections were completed, Adams prepared a proposal for the school board, superintendent and system budget committee to review. Equipment

selected conformed to safety, accessibility and quality standards.

Students returning to the above schools found a pleasant surprise. The old equipment was replaced with new structures from Universal Play Systems. The structures include an array of climbers, slides and play panels.

Specific parts of the play equipment activities are designed to build body strength. The new equipment and ground cover installed by the facilities and maintenance staff not only provided a new dimension of accessibility and safety, but also brought smiling faces to school children.

Play Safe

There's plenty of 'homework' for preschoolers

While homework has no place in preschool, there is plenty of work to be done at home when it comes to teaching young children, according to family studies and child development experts.

"Parents are the first teachers," said Jaesook Gilbert, director of the Early Childhood Laboratory at the University of Kentucky. "But you have to follow their cues. Don't force them."

Gilbert advises parents to look for "teachable moments," opportunities that arise during the normal course of events with a child. For example, if a child points at an animal, tell the child what the animal is. Or if the child points at a group of animals, ask how many there are.

"There's a lot of ways to teach life's lessons," Gilbert said.

Preschool programs often center around a theme, such as farm animals. The day's activities would include: using blocks to build farm fences for toy animals, using paint to color paper cut in the shape of farm animals, talking about what happens on a farm and singing "Old McDonald."

By knowing the themes and the lessons being taught, parents can reinforce what their children are learning in preschool. The reinforcement can be as simple as helping a child find a letter in a sign, hunting for a certain color around the room or asking what to do when approaching a stop sign.

However, homework—assignments that are brought back to school and graded—has no place in preschool, Gilbert said. In general,

flashcards and other homework-like activities do not work well with preschoolers. They might memorize how to count or how to sing the alphabet song, but they won't know what the numbers and letters mean.

While reading to a child has a significant impact on a child's later reading skills, pushing a preschooler to read early generally does not have any long-term impact, Stephan Wilson, director of the UK Research Center for Families and Children, said. By third grade, the early reader probably will be reading on the same level as other children.

Therefore, preschool "homework" should be much different from the traditional homework of school-age children.

"The work of the preschooler is

play," Wilson said.

Parents should spend time playing games with their children, reading to them, talking to them and snuggling with them. This way, children learn how to interact with others and lay the foundation for future learning. The goal is not to learn lessons so much as to develop a love of learning and a joy of discovering new things.

"A foundation like that helps with the transition to school and, frankly, will affect their entire lives," Wilson said.

The excitement that parents have when toddlers take their first steps and say their first words should be extended to the preschool years. If a preschooler shows interest in setting the table, a parent should work with the child, even if

it means taking longer than doing it alone, he said. There should be no distinction between academic and non-academic lessons—it's all learning.

The important balance to strike is between security and exploration, Wilson said. Parents should give children the sense that they will protect them but also give them the confidence to seek out new things.

Both Gilbert and Wilson emphasize the importance of connecting what happens at preschool with what happens at home. By making that connection, parents and teachers help preschoolers on course for future success.

"It sends a message that what happens in school is important," Wilson said.

World magazine celebrates 25th birthday with school contest

National Geographic World, the National Geographic Society's magazine for children, will celebrate its 25th birthday by encouraging students throughout the United States to compete for prizes for themselves and their schools.

Sponsored by the U.S. Mint 50 State Quarters™ Program, World's nationwide birthday contest will name 25 grand-prize winners, each one from a different state, who will each receive \$1,000 and a bag of 100 new state quarters from the U.S. Mint.

Schools and fellow students of grand-prize winners benefit, too. Each winner's school will receive a visit by the WORLDmobile—a colorful bus—and a Birthday Tour performance by a crew of surprise characters who will present an entertaining and educational program for the entire school.

Winners' schools also will get a selection of educational products from the National Geographic Society and the U.S. Mint, and every student in the school will receive a Birthday Tour T-shirt and other gifts.

An additional 100 contest winners will each receive a second-prize of an uncirculated set of 10 state quarters from the U.S. Mint.

Students enter the contest by writing an essay of 200 words or less titled, "What's Great About My State." The contest is open to students entering grades two through seven in fall 1999. (D.C. residents write essays on "What's Great About the District of Columbia.")

Authorized by Congress and signed by the president in late 1997, the 50 State Quarters™ Program authorized the Mint to honor each state with a reverse design for the quarter by producing five quarters each year from 1999 through 2008. For more information on the program, visit the U.S. Mint's Web site at www.usmint.gov.

"We're proud to be celebrating 25 years of publishing a great children's magazine in such a fun and educational way," said Nina Hoffman, National Geographic Society's Senior Vice President,

Publications. "We're excited that the U. S. Mint is our partner, knowing that the contest and Birthday Tour work so well with the 50 State Quarters™ Program to promote geography awareness."

"By enabling children to collect the 50 State Quarters™, we'll be able to expand the educational role of coins nationwide, and draw attention to the diverse geography and varied landscapes of the states," said Mint Director Philip N. Diehl. "We couldn't ask for a better partner or a better publication to showcase the state quarters."

The contest announcement and entry rules can be found in the October 1999 issue of World magazine or online at www.national-geographic.com/kids. A copy of the rules and requirements can also be obtained by calling 1-800-NGS-LINE (1-800-647-5463). Entries must be postmarked by February 1, 2000.

The WORLDmobile will begin visiting the schools of the 25 grand-prize winners in September 2000, traveling across the United States for four months.

Every month about 800,000 junior members of the National Geographic Society—in 178 countries worldwide—receive World. The magazine's largest readership in the United States, Canada, England and Australia.

To enroll a child as a junior member of the National Geographic Society, which includes a subscription to World, call 1-800-NGS-LINE (1-800-647-5463).

The U.S. Mint is a Fortune 500-size manufacturing and international marketing enterprise with \$2.5 billion in revenue, \$1.1 billion in profits, and 2,200 unionized employees.

In 1999 the U.S. Mint will strike 21 billion coins and sell, worldwide, \$1 billion in collector- and investment-quality coins through mail order, Internet, wholesale and retail channels.

The Floyd County Times

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1996 TOYOTA CAMRY: Auto., loaded, 1 owner, warranty included. 30K. \$11,900. 606-546-3975.

'80 MONTE CARLO: Willing to sell motor and transmission separate. Good condition. Call 377-6679.

1975 CHEVY TRUCK: Long wheel base, camper shell, 350 engine. 103,000 miles. \$400 firm. 886-9978.

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93 FORD F-150, LWB, 5 Speed, duel tanks. 300 6 cyc. engine. High miles. \$5,000. Call 377-6354, evenings.

'92 MITSUBISHI ECLIPSE: 5-speed, AC, 85,000 miles. Great cond. 889-9919.

1990 DODGE CONVERSION VAN: TV/VCR, bucket seats. Red. 886-2222 or 434-4352.

Books

EAST KENTUCKY'S LARGEST SELECTION OF NEW & USED BOOKS, including Floyd Co. Kentucky History and History & Families of Knott Co. Kentucky Published by Turner Publishing Co. Call 606-789-3592 or visit Words' N Stuff at the intersection of Ky Rt 1107 & 302, at Van Lear, KY.

Sale/Misc.

HALLOWEEN PUMPKINS: Big and small. The Pumpkin House has them all. 886-6571.

RN/LPN NEEDED

Family seeking RN/LPN with strong pediatric neonatal background. Current CPR card and professional resume required. Contact 789-3830 during business hours or 789-6842 after 5 p.m.

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3 BR MOBILE HOME & LOT: 2 yrs. old. On Little Paint. 874-0986.

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Real Estate

4 BR, 2 BA BRICK RANCH: 1/2 acre, fenced yard, sunroom screened porch, in country (Stanton area). Call toll free 1-888-744-4894, ask for Paul Baber.

TRAILER & LAND FOR SALE: Located at Auxier, KY. 2 BR trailer newly remodeled. Asking price \$14,000 but will negotiate with serious buyer. Call 886-0556, anytime.

HOUSE FOR SALE: On 258 South Central Avenue. Call 606-743-7979.

7 RM HOUSE, Martin Ky, Call 606-874-8153 or 606-285-3572.

4 BR, 3 BA HOUSE: 2 car garage, app. 30 acres. Located in Garrett area. Please call 358-4156.

3 BR, 2 FULL BA: Carport. Located on Mare Cr., Stanville. 606-478-1414.

3 BR DOUBLEWIDE ON 100X300 LOT: \$65,000 or will sell separate. Call Eunice Shepherd 886-8077 in Prestonsburg.

3 BR BRICK HOUSE: Formal living room, kitchen/dining room, family room, carport, patio, large lot. 606-886-8791 or leave message.

3 BR HOUSE: On 1/2 acre lot. Near Prestonsburg. Call 886-2818 after 4 pm.

Property for Sale

PROPERTY FOR SALE: 20 to 25 acres +/- 874-2598.

3 BR, 2 BA HOME: one acre flat, one mile from US 23 on Mare Creek between P'ville and P'burg. lots of potential. 478-3538, leave message. /All

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RETAIL OR OFFICE SPACE FOR LEASE: Located in strip mall at McDowell. Sizes ranging from 465 to 1643 Sq. ft. Will build to suit or already have a few available for immediate occupancy. Located directly beside Post Office, Bank, Dollar General Store, Food World and KY Rt. 122. For more information call 377-0100 Monday-Friday 8 am to 6pm.

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OFFICE FOR RENT: 1/2 block from Floyd County Court House. Available Nov. 1st. 886-3159.

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APT FOR RENT: 1 Bedroom: Finished, below HRMC. 886-2880.

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1992 DOUBLEWIDE: 28 x52, 3 BR, 2 BA, New carpet & much more. 478-4645.

PROPERTY FOR SALE: 20 to 25 acres +/- 874-2598.

3 BR, 2 BA HOME: one acre flat, one mile from US 23 on Mare Creek between P'ville and P'burg. lots of potential. 478-3538, leave message. /All

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HOMES FROM \$5,000: Forclosed and repossessed. No or low down payment. Credit trouble O.K. For current listings, call 1-800-311-5048 x 3908.

PRIME PROPERTY ON RT. 80, between Martin & Hindman, 606-432-3431 or 358-9695.

Property for Rent

Office/Retail Space

RETAIL OR OFFICE SPACE FOR LEASE: Located in strip mall at McDowell. Sizes ranging from 465 to 1643 Sq. ft. Will build to suit or already have a few available for immediate occupancy. Located directly beside Post Office, Bank, Dollar General Store, Food World and KY Rt. 122. For more information call 377-0100 Monday-Friday 8 am to 6pm.

Office Space

OFFICE FOR RENT: 1/2 block from Floyd County Court House. Available Nov. 1st. 886-3159.

Storage Space

G&B STORAGE RENTALS Located on South Lake Drive, Prestonsburg. 886-6186 or 886-8286.

Commercial Property

50 X 120 COMMERCIAL BUILDING: With offices. 285-5119.

Apartments

1 & 2 BR APTS: Newly decorated, totally furnished. Util. paid, except gas. Dep. & ref. req. Call M. S. at 349-5135 or 349-7285 & leave message.

2 BR, 1 BA APT.: Nice, clean, new. \$375 per month + \$200 deposit. Harold, KY. 478-1510.

APT FOR RENT: 1 Bedroom: Finished, below HRMC. 886-2880.

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BRAND NEW 3 BR, 2 BA home. For as low as \$250 w/\$500 down. Call 478-1600.

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1992 DOUBLEWIDE: 28 x52, 3 BR, 2 BA, New carpet & much more. 478-4645.

QUIKSILVER Now taking applications for 2 BR, 1-1/2 BA with carport, all amenities. 1 yr. lease required. Call 447-2192, 886-3055 or (pager/voice mail) 889-2034.

TOWNHOUSE APARTMENT. 2 BR, 1 BA, Central Air & heat, W/D hookups. \$400 month, \$375 deposit. 886-6551 or 237-4758.

TWO-1 BR FURNISHED APTS.: In P'burg. Utilities & cable paid. Off street parking. No pets. Private. 886-0010, leave message.

LOVELY TOWN APT. AVAILABLE: Extra nice, newly constructed, 2 BR, all appliances, washer & dryer hook-up provided. \$540 month + utilities. Call day 886-9921 or night 886-2563.

2 BR APT.: Nice quiet neighborhood. References and deposit required. Call 358-9142.

R & L APARTMENTS, Under new management: We now have coin laundry for tenants. We have apts. available. One easy payment, all utilities & cable included. Call 606-339-7726 or 886-2797.

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MOBILE HOME LOT FOR LEASE: Fenced, city water, farm setting, John's Cr, Van Lear. \$155/month, \$155 deposit. 789-5296 or 1-803-957-5931.

Mobile Homes

3 BR, 2 BA NEW MOBILE HOME: Morehead area. \$600 + utilities. Students welcome. 606-780-4848.

SMALL FURNISHED TRAILER: All utilities paid. \$300 + deposit. 886-8724.

2 BR TRAILER: Good neighborhood, conveniently located. All electric, AC, HUD accepted. \$250 month. 587-1004.

2 BR MOBILE HOME: Appliances, fireplace, garage, private lot. On Arkansas Cr. Rd. Real nice. \$350/month + utilities. Available Oct. 15th. 886-6665.

2 BR MOBILE HOME: At Banner. Water, Cable and trash paid. Deposit negotiable. HUD approved. 874-0267 or 874-8163.

TRAILER FOR RENT: New Allen. \$300 per month. 874-2289.

Rental Properties

2 BR TOWNHOUSE with garage in Allen. Central heat & air. Also, 285-0900 or 874-9976.

1 HOUSE or 1 BR APT.: Between high school & college. Lease & security deposit required. House of Neeley, 886-3565.

WANT TO BUY/RENT

Want To Buy

WANT TO BUY a place on land contract. 285-4805.

3 BR 2-STORY HOUSE: HUD approved. 358-4167, or 946-2558.

3 BR HOUSE AT AUXILIER: \$395 month plus utilities & deposit. No pets. 614-766-5066, or call 1-888-470-9631.

3 BR HOUSE: HUD approved. Located at McDowell. Call 377-2400, 377-2671 or 377-0894.

Job Listings

POSTAL JOBS Full benefits! For App. & Exam Info 800-522-8858 Ext.KY116

MEDICAL OFFICE BILLING CLERK: Must have computer experience. Send resume to: P.O. Box 1086, Prestonsburg, KY 41653.

WILDLIFE / CONSERVATION JOBS Park Rangers, Maintenance & More. For App. & Exam Info. 800-522-8858 Ext.KY116C

AVON: Great way to earn extra money and get nice gifts for Christmas. Great Career Opportunity. 1-800-796-7070.

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NURESES AIDES/ MANAGEMENT COORDINATOR NEEDED, at Golden Years Rest Home, located at Lackey. Call 946-2220 or stop by.

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When responding to Employment ads that have reference numbers, please indicate that entire reference number on the outside of your envelope. Reference numbers are used to help us direct your letter to the correct individual.

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POSTAL JOBS Full benefits! For App. & Exam Info 800-522-8858 Ext.KY116

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First Year - \$32,000 - \$38,000
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WE DECORATE BIRTHDAY & PARTY CAKES: Many, many design & characters to choose from (including WCW & WWF wrestlers). All special orders ar welcome. Call Blanche at 452-9353 or Rhonda at 452-4844, anytime to place your order.

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Roofing & Painting, interior & exterior, Concrete work, Pole Buildings, any size, Decks, underpinning mobile homes, dry-walling. 24 years experience. Free estimates, references, if needed. Call 886-0633.

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DOG GROOMING: All breeds. Fancy Cuts. Professional Groomer. Call Betsy at "Tails a Waggin" 297-3647.

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 You've tried the rest, now try the best! Commercial & Industrial. 27 yrs. experience. Local references. FREE estimates.
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Reward Offered

\$25 REWARD OFFERED: Lost Collie Dog, on Abbott Cr., named Lassie, gold & white collar. 886-8458.

MISC.

Musical Instruments

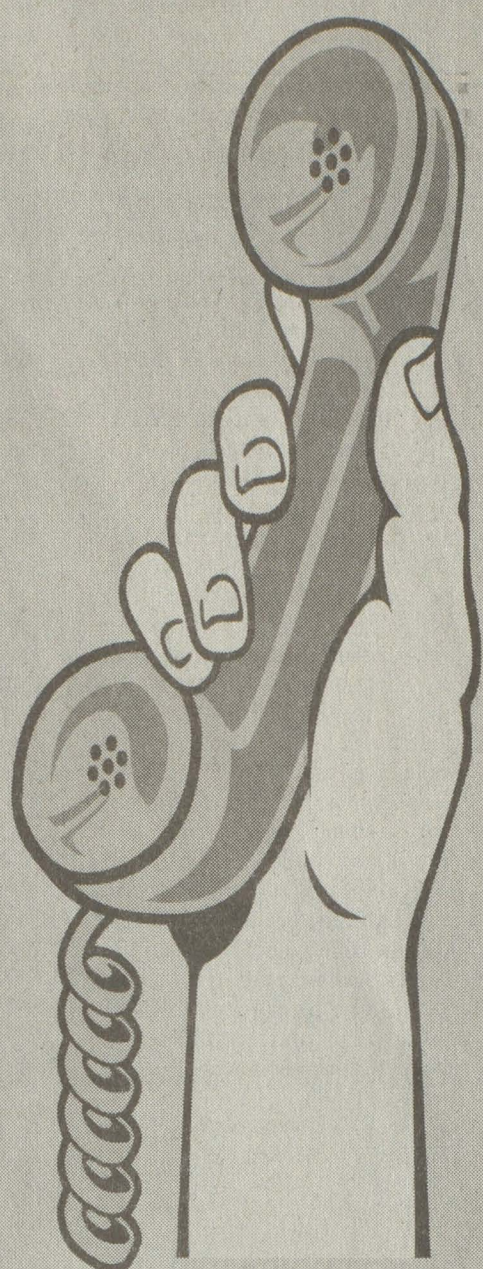
J & J MAY MUSIC
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Border Ads: \$2.00 extra per Wednesday and Friday, \$1.00 per Shopper or/and Sunday.
 Reverse Ads: \$3.00 extra per Wednesday and Friday, \$2.00 per Shopper or/and Sunday
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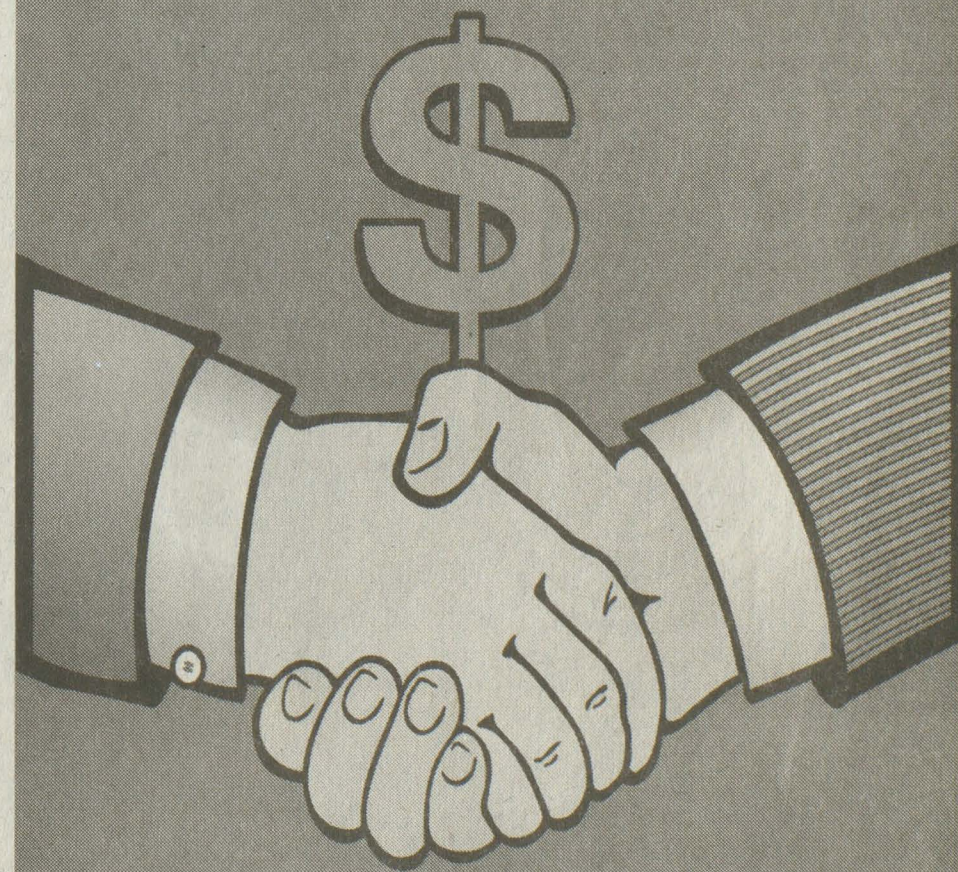
Sandra at Ext. #15
 or Jenny at Ext. #14

The Floyd County Times

When there's a call for selling your old items, call the Classifieds!

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TOMORROW

There's a better way to move that old furniture... Advertise In The Classifieds! 886-8506

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It Out!
 Read your own Ad the first time it appears. The Floyd County Times is only responsible for one incorrect insertion!



The TOPS program completed its latest class on August 26. Pictured with the class is Don Akers, benefits counselor from Appalachian Research and Defense. Akers performed mock interviews during the last week of classes. Pictured from front left are Amanda Greer, Brenda Hayton, Janet Crum, Norma Goble, Don Akers from Appalred, Linda Gayheart, Candy Young (career counselor), Arnita Sturgill, April Craft, Libby Lawson (career counselor aide). Back row from left: Kim Crumly, Vickie Hopkins, Betty Yates, Shauna Moore, Sara Conn, Melissa Mitchell, and Sadie Newsome. Paula Henson is not pictured.



The TOPS Program recently announced the graduation of its seventh class. The class was completed on July 1. Pictured with the class is Judge Eric Hall (Floyd County district judge), Judge Hall performed mock interviews for the group during the last week of classes. Pictured from far left are Judge Hall, Candy Young (career counselor), Libby Lawson (career counselor aide), Jeanne Blanton, Marnita Waker, Linda Thornsby, Tina Johnson, and Stacy Bentley. Back row from left: Linda Harris, Michelle Conn, Margarita Johnson, David Cecil, Joe Greene, Teresa Tackett, Terissa Lawson, Robin Hatfield, Bessie McCoy, Denise Bobo, Brenda Hall and Judy Johnson.

Fall flavors for fish

from the American Institute for Cancer Research

October is National Seafood Month, a perfect time to try some ideas for serving this healthy and popular food. Fish tends to be low in fat and calories and high in protein, vitamins and minerals. It also contains omega-3 fatty acids, which have been associated with lower risk for heart disease and certain cancers.

Fish is an extremely versatile food that can be broiled, baked, steamed, poached, sautéed, used in a stew, covered in a flavorful sauce, or served cold in a salad. Why not take advantage of some of the season's foods to expand your repertoire of healthful seafood dishes.

Pair some autumn apples with tuna steaks or bluefish fillets. Combine a tablespoon of bottled horseradish with a peeled and grated Granny Smith apple. Spread half the mixture over one side of the fish and broil for four to six minutes per side, spreading the remaining apple mixture on the second side. Or, try braising fillets of flounder, sole or red snapper in an apple cider sauce. Start by sautéing finely chopped shallots and minced gingerroot in olive oil, adding 1-1/2 cups of apple cider, a tablespoon of cider vinegar and lemon zest. Boil until reduced to about a half cup. Add the fillets and cook until the fish is cooked through, turning once. Serve them topped with the cider sauce and sprinkled with chopped fresh parsley.

Acorn squash are perfect for stuffing, so why not try a stuffing made with chopped clams (fresh steamed or canned). Cut the squash in half lengthwise, scoop out the seeded center and place cut-down in a foil-lined baking pan with about 1/4 inch of water. Cover with foil and bake about 40 minutes (until tender) at 350 F. While the squash bakes, prepare the filling by sautéing chopped onion and minced garlic in a bit of olive oil. Remove from heat and stir in chopped clams, chopped fresh tomatoes, bread crumbs, finely shredded Parmesan cheese, chopped fresh or dried basil, and freshly ground pepper. Place the stuffing mixture into the squash halves and bake until the stuffing has browned lightly (about 15 minutes).

For a colorful stir-fry dish, stir-fry scallops with broccoli florets, shiitake mushrooms and slivers of red bell pepper, seasoned with gingerroot, scallions and minced garlic.

This seafood antipasto takes some time to prepare, but is a great way to add variety and color to your favorite selection of appetizers and party dishes.

SEAFOOD ANTIPASTO

- 1 medium onion, chopped
- 1 large garlic clove, coarsely chopped
- 1 dried red chili
- 1-1/2 cups water
- 1-1/2 pounds mussels, scrubbed and debearded

- 3/4 pound medium shrimp (in shells)
- 3/4 cup red bell pepper, chopped
- 3/4 cup celery, chopped
- 1/2 cup red onion, diced
- 3/4 cup broccoli florets
- 3 Tbsp. white wine vinegar
- 1-1/2 Tbsp. olive oil
- Freshly ground pepper
- Place onion, garlic, chili and water in large skillet. Cover and cook over medium heat until onion softens.

Add mussels and steam (still covered) for 5 minutes. Remove opened mussels with slotted spoon and continue steaming remaining mussels about 5 minutes more; remove from pan and discard any mussels that do not open.

Strain cooking liquid into medium saucepan through a sieve lined with dampened cheesecloth or paper towel. Bring to a gentle simmer, add shrimp and cook until pink. Remove using slotted spoon. Gradually whisk in olive oil. Pour over shellfish. Season with pepper and more vinegar to taste. Refrigerate 1 hour before serving.

Each of the 8 servings contains 94 calories and 3 grams of fat.

HOME TIPS

ON THE ROAD - Carry a small flashlight with you when traveling. It helps if you've dropped things or the power goes off. This happened to me, and I was on the 18th floor during a lightning strike when the power went off. I was able to find my way around those unfamiliar areas in the room. Jenny G., Metairie, La.

FLOSS IT - I lost the screw out of my eyeglasses and didn't know what to do till I got to the eyeglass store. So, I finally found

something that would hold until the next morning. I used dental floss and, believe me, it worked. Wanda K., Fairport, N.Y.

ORGANIZATION - I keep two address books, one for friends and relatives, the other for businesses and services. In addition to addresses and phone numbers in the book for businesses, I list the days of the week and the hours they are open. This, plus any other pertinent information, has been very helpful to me many times.

Mary V., Clifton, Va.

FRAME IT - When discarding last year's greeting cards, my wife had an idea. Use them as picture frames for the children's bedrooms. It seems a shame to throw them away, as many of the cards are beautiful works of art. A section of the card can be cut out, and a picture of a sports hero, baby, friend, grandma, pet, etc., can be inserted. Frank C., Santa Ana, Calif.

Lauren wins a membership to JuniorNet for today's question. www.JuniorNet.com

YOU CAN by Jok Church

beakman & jax

jok@best.com

Dear Jax,

Who invented the bar code?

Lauren English
Queen City, Texas

Beakman or Jax
P.O. Box 30177
Kansas City, MO 64112
Question, name & address

Dear Lauren,
The gizmo that scans stuff at the grocery store is not really an invention. Instead, it's a **system** — a group of inventions put together in a new way. Bar codes put together lasers and photocells and computers and fancy optics.

There also has to be an agreement on a common language for bar codes. We call these **standards**. VHS videotape and CDs and cassettes and even the ASA numbers on film are all standards — agreements to use systems of inventions in ways people can trade with each other.

Jax Place
Jax Place

The agreements are guarded and enforced by an organization called the **Uniform Code Council of Dayton, Ohio**.
As long as the standards are followed, the same code will work all over the world. The bar codes are called **UPC bars**. That stands for **Universal Product Code**.



The first bar codes looked like this. They were an experiment conducted in 1972 and were on only 1 product. It was a 1970s kind of product, too — a Banquet frozen dinner. Back then frozen dinners were sold as the kind of food everyone would eat in the future: *pre-fab*. Luckily food didn't turn out that way, but bar codes worked really well.

A laser scans the bar code, and the reflections are read as numbers.

Start Code Center Code Start Code



The UCC gives out the first digits to identify the maker of the item. Everything that company makes will begin with the same numbers. Look at different flavors of canned soup the next time you shop to confirm that.

The 5-digit number is given to the product by the company that makes it. That gives the company 99,999 things it can make.

This is a check digit. It's the answer to a math problem designed to be sure that the scanner read the bar code properly.

GRAB ANY BAR CODE

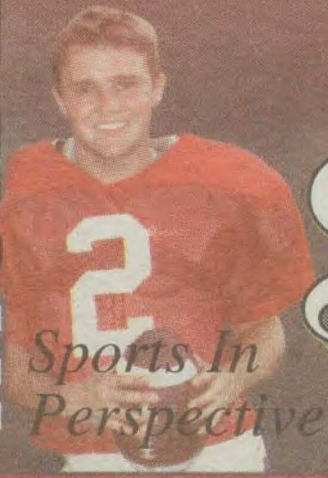
You Can always guess the last number of a UPC code. Use the "human readable numbers" from any 12-digit UPC code: Add the sum of the odd-spaced digits (the 1st, 3rd, 5th, 7th, 9th). Multiply the sum by 3. Save that as answer #1. Add up the even-spaced digits of the code (don't include the check digit! That's the one you're guessing). Add that answer to answer #1.

The check digit will be whatever number you have to add to your last answer to get it up to the next multiple of 10.

It sounds like an insult, but these are called "human readable numbers."

P.S. from Beakman: UPC codes do not record a price. They record an item. The computer in the store matches the item to a price stored in the computer. When prices change, the code stays the same.

INSIDE



*Sports In
Perspective*

Sports *Plus*

Sunday
October 10, 1999

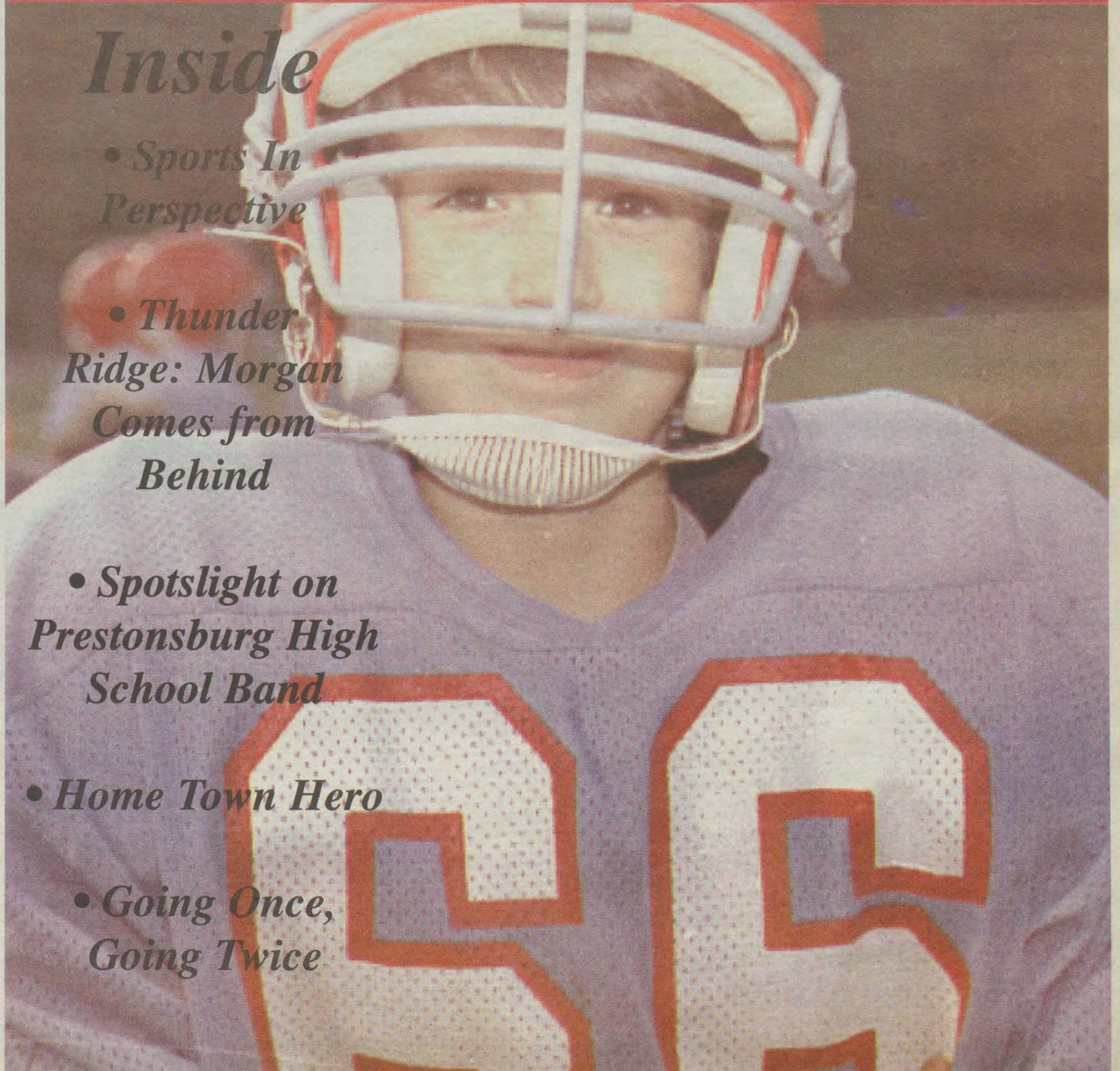


ED TAYLOR

Serving Floyd County since 1927

Inside

- *Sports In Perspective*
- *Thunder Ridge: Morgan Comes from Behind*
- *Spotlight on Prestonsburg High School Band*
- *Home Town Hero*
- *Going Once, Going Twice*



Moran comes from behind to win Thunder Ridge

by James Trimble
Track Writer

With the largest crowd and car count of the season on hand, the Thunder Ridge promised to be the biggest race at racetrack since last year's Dirt Track World Championship.

Cars were lined up from the entrance to the pit area, all the way back to Route 3 in hopes that the drivers would walk away with the winner's share of the prize money when the racing was all over with Sunday evening.

Up first was the Late Models Qualifying. After all 57 Late Models that were on hand to compete for the 24 starting positions in the \$20,000-to-win feature had taken their qualifying laps, it was the 79J of Davey Johnson taking a bonus of \$200 for setting the fast time of the event with a time of 18.96.

Next, the 26 U.M.P. Modifieds took to the track to qualify. They were chasing a \$2,000 to-win payday on Sunday afternoon. After the qualifying round was finished, it was the 9 of Don Adams setting the quick time of 21.12.

Next was the first of two Super Bomber heats with the 000 of Billy Stumbo and the 19 of Jamie Slone drawing the front row in this heat. At the drop of the green, Stumbo jumped out to the early lead, but Slone made quick work of Stumbo, getting the lead which he held the rest of the way to pick up the heat and pole for the feature.

Heat two had the 55 of Brian Hall and the 82 of Brent McCormick leading the field to the green. At the drop of the green,

McCormick got the jump on Hall as Hall had trouble falling back in the pack on the first lap which gave the 7A of Glen Patton possession of second, but McCormick was able then to take the checkered flag.

Bomber action had the 62 pulled out to an early lead at the green flag. The driver was able to go on and take the win as the 23 of Keith Tincher and the 2X Tandy Spurlock continued to battle for the points lead.

The first of five big Late Model heats was next with the top four in each heat inverted at the start. The top three finishers not only

transferred to the feature, they would come back later to battle in the Late Model Shootout, paying the winner \$1,000 to win.

Heat one had the 02 of Jody Moore and the 7 of Jim Curry on the front row. But the 71 of Delmas Conley made a daring move in turn three and four to come from his fifth starting position to first position on lap one.

Soon, Davey Johnson in his 79J worked his way up to the second and put pressure on Conley the rest of the way, but Conley was able to hold Johnson off to take the win in heat one. Second was Davey Johnson and third was the No. 5 of Steve Lucas.

Heat two had the 17 of Mike Gault and the 4B of Jackie Boggs on the front row. At the drop of the green

flag, Boggs jumped out to the early lead but the 71 of Don O'neal was coming on fast as he caught Boggs and started applying pressure for the next several laps until he finally stuck his nose under Boggs and took over the lead on the eighth lap. O'neal then cruised on to the victory in this heat with Boggs coming in second and the CJ1 of Kevin Weaver, third.

Heat four had the 18 of Brandon Kinzer and the 1 of Chub Franks on the front row when the green flag fell. Kinzer jumped out to the early lead and then led the first three laps of this 20 lap

heat. Lap four saw Franks pass Kinzer and later 21 Mike Johnson worked by Kinzer, who managed to hold on to the third and final transfer spot to move into the feature.

Heat five was next with the 14 Randall Chupp and the 99 Donnie Moran on the front row. Chupp, a past track champion at Thunder Ridge, and Moran just won the 1999 STARS Late Models Series Championships.

At the drop of the green flag, Moran took the early lead with Chupp falling in second. Moran pulled out to a straightaway on the rest of the field and was never challenged. Second was the 71R of Rod Conley and third went to the 114 of Randall Chupp.

Next up were two

Modified heat races. The first had the No. 9 of Don Adams and the 911 of Kurt Hofsess on the front row. At the drop of the green flag, Hofsess jumped out to the early lead, followed by Adams. The 17 of Randy Boggs quickly took second away from Adams on the second lap. Upfront, Hofsess was able to keep the lead throughout the 10-lap heat to take the win and the pole for the \$2,000-to-win feature.

Heat two had the RVI of John Burnette and the 67 of Danny Dean on the front row. At the green, Burdette jumped out to the early lead with Dean in close pursuit. With only

two laps remaining, Dean found the line around Burdette and held off the further challenges of Burdette to take the heat and the outside pole of the \$2,000-to-win feature.

Next was the Late Model Shootout with the winner pocketing \$1,000 for his/her efforts. On the pole was the 71 of Delmas Conley and alongside was the 6 of Billy Hicks.

At the drop of the green flag, Conley took the lead and proceeded to check out the field, but only seven laps into the race Conley ran into trouble, sending him to the pits which gave the lead to the 99 of Donnie Moran.

Moran, who on the lap before the caution for Conley's incident was able to get by Billy Hicks for sec-

ond, took charge showing his muscle by leading the rest of the race to pick up the win and the \$1,000 with the No. 81 of Balzano in second and the No. 5 of Steve Lucas in third.

Road Hog heats were next with the 128 of Keith Branham and the 12 of Thomas Blackman on the front row. These guys really know how to put on a show.

At the drop of the green flag, Branham jumped out to the early lead with Blackman in second. On lap two, Blackman was able to take the point away and continued to lead the next two laps. Then, on the final lap, Blackman lost a tire and the rest of the field was able to get around him, giving Branham the lead back and

1999 with a bang. This was to be the day that Brad Martin and the rest of the crew at Thunder Ridge had been working on for months.

The first race of the day was to be the Bombers feature. This race would decide the Bomber track champion. On the front row was the 62 of Joel Jensen and alongside was the T23 of Keith Tincher.

At the drop of the green flag, Tincher jumped out to the early lead and the points leader 2X Tandy Spurlock followed in second, coming up from his third starting position. With plenty of close side-by-side racing and slipping and sliding, it was a close battle throughout. Tincher won the battle on this night, but Spurlock won the war, taking the 1999 Track Championship by only 44 points.

Tincher said after the race, "I sure wish I hadn't missed that one race back in the summer. That was the difference."

Coming in third was 62 of Joel Jensen; in fourth was the 35 of Daryl Sexton; and in fifth was the 46 of Denise DeBoard.

Up next was the Super Bomber feature with the 19 of Jamie Slone on the pole and 82 Randy Fouts leading the 18 cars that started the feature to the line.

All Slone had to do was start the feature and he had the 1999 track Championship sewed up. Not only did he start the race, he won it in a very well-run race. Coming in second was the 000 of Johnny Layne. Third went to 41 of Jody Adkins; in fourth was the 17 of Steve

(See **The Ridge**, page three

THUNDER RIDGE RACING & ENTERTAINMENT COMPLEX

the win in the first heat.

Heat two was just as good with the 33 of Ronnie Conley and the J17 of Jimmy Arnett on the front row at the drop of the green. Conley jumped out to the early lead with Arnett nipping at his heels, but on lap three Arnett was able to get around him and would lead until the white flag came out. Conley and Arnett battled for the lead as they came out of turn four. Arnett was able to pull a car length to take the second heat.

This was all the action on Saturday Night, but the next day would prove to be Judgment Day for all the features, as well as the late model concys.

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The Ridge

(Continued from page two)

Strolling; and in fifth was the 43k of Kevin Hall.

Late model coney number one was next with the 0 of Rodney Combs who has run some NASCAR and Busch Grand National races in the past and the 111p of David Powers.

At the drop of the green flag, Combs jumped out to the early lead while behind him, drivers were jockeying for position because only the top four cars would transfer to the feature.

Combs seemed to have things well in hand, leading the entire race. At the checkered flag, it was Combs in first. The 111 of Paul Davis finished an impressive second, third went to the 44 of Jeff Burdette and fourth went to the 5 of Ronnie Johnson.

Late Model coney two was next with the No. 1 of Terry English on the pole and the No. 1 of Eddie Carrier Jr. At the drop of the green flag, Carrier Jr. pulled out to the early lead, followed closely by English in a very entertaining 25-lap coney that saw the second groove finally make its appearance as the No. 12 of Mike Gault became a man on a mission.

Gault found a high groove and started toward the front, passing cars on the high side and that made everyone take notice, including the race leader, Carrier. By the time Gault ran Carrier down, Carrier had already moved up to try his luck on the high side, but Gault on lap 14 took the lead from Carrier.

Carrier fought back and three laps later wrestled the lead back away from Gault

and was able to hold him off the rest of the coney to take the win.

Gault finished second; third went to the 1 of Terry English; in fourth was the 28 of Chucky May.

The Modified feature was next with the \$2,000 going to the top dog at the checkered. On the front row was the 911 of Kurt Hofsess and the 67 of Danny Dean leading the large 26-car field to the green.

The Modified drivers had been paying attention to the exciting run that Gault and Carrier had put on running the high side. When the green flag fell, it wasn't long until the Modifieds tried their luck on the high side, and many drivers found it to their liking, picking position and running door-handle-to-door handle, as is usually the case in this class.

Dean made several looks to the inside of Hofsess, but Hofsess was able to hold on to the lead for most of the race until the 67 of Dean made the pass on lap seven. Hofsess tightened up the belts and went to work, putting the pressure on Dean until he finally got an opening on the last lap to take the lead back and win the \$2,000 feature.

In second was the 67 of Danny Dean; in third was the 67 of Sean Hendrick. Fourth went to the 0 of Richie Hendric. In fifth place was the RV1 of John Burdette.

Next up was the Thunder Ridge 100, the race the fans and the drivers had been awaiting. Leading the 28-car field to the green would be the 71 of Delmas Conley and the 6 of Billy Hicks.

At the drop of the green flag, Hicks jumped out to the early advantage. The 70 of O'neal was in close pursuit. As they came around the track, the action was incredible and it continued throughout the event and the fans seemed to love every minute of it. With racing all over the track, it was hard to watch everything that was going on.

On the 38th lap, one of the favorites to win the race, the 99 of Donnie Moran, spun in turn two, bringing out the caution and sending the 1999 STARS racing series champion to the tail of the 28-car field.

The green once again was in the air and the race was on. O'neal was the leader after getting by Hicks a few laps back. He led the next several laps until his hope of winning came to a sudden stop as he was forced to retire from the race with front end problems.

This landed the lead to the 79j of Davey Johnson, who kept the field at bay for the next 21 laps until the 99 of Donnie Moran worked his way back from the tail of the field to pass Johnson on the 774th lap of the race.

Moran used the high groove most of the night and saved his tires to make the run back to the front when everyone else's tires started to fade in the late stages on the race. That's when Moran was his best.

Moran went on to lead the remainder of the race to pick up an impressive come-from-behind win and pocket the \$20,000 for his effort, bringing his weekly total to \$21,000 for winning the dash on Saturday and the

feature on Sunday.

Second went to the 1 of Chub Franks, who in the later stages of the race was able to get by Davey Johnson. The 71 of Delmas Conley was also able to get by as well, dropping the 79 of Davey Johnson to fourth at the end. The 71c of RJ Conley was fifth.

The last race of the

evening had the Road Hogs in action in a 10-lap race that had the 128 of Keith Branham and the J17 of Jimmy Arnett on the front row in a wilder-than-usual race that saw the 18K close out the Thunder Ridge season in spectacular fashion, getting launched into the catch fence as he took the checkered flag and rolled

down to the entrance to turn one. The driver walked away with no injuries.

The winner of the race was the 128 of Keith Branham. In second was the R33 of Ronnie Conley. Third place went to the 97 of Jared Hall. In fourth place was the J17 of Jimmy Arnett and in fifth was the 12 of James Blackman.



Home Town Hero

by Karen Joseph
Contributing Writer

At just about every grade school football that has gone on at Prestonsburg Elementary in the last seven to eight years, there has been one familiar face at every game.

This man, along with his wife, started the youth football program at Prestonsburg, and it has had a tremendous impact on the grade school and high school program.

The man at the head of

this program is none other than Prestonsburg football alumni Dr. Don Chaffin. Dr. Chaffin played football at Prestonsburg High School while he attended Prestonsburg. He has two sons who play on the high school football team, Nick and Heath Chaffin.

His daughter, Elizabeth attends Prestonsburg elementary. Don, along with his wife Liz and children lives at Abbott.

Dr. Chaffin's office is located at Sheldon Clark where he tends to his

patients. He has quite a distance to travel everyday, but when it comes time for the game, he is always there.

Unless you have been at the reigns of a program of this magnitude, you do not realize the time and effort it takes. Chaffin gets a lot of help from his wife, but it is still very time consuming and tiring.

Dr. Don also gives physical exams for the surrounding grade and high school. He gives physicals at Allen,

(See Hero, page seven)

A Spirited Bobcat

by Karen Joseph
Sports Writer

The Betsy Layne Football Team has had a rough time this year, but if you attend one of Betsy Layne home football games, you will notice one person who doesn't pay any attention that the Bobcats do not have the lead in the game.

The Betsy Layne Mascot's

enthusiasm keeps the team spirit alive even when the team falters.

Candi Branham, who is a senior at Betsy Layne, is the "Bobcat" at the Betsy Layne High School Football games. Candi has been the Betsy Layne Bobcat for two years and says she really enjoys it. She puts her heart into her role.

When asked why she wanted to do this job, Candi replied: "I noticed that the spirit and morale of the crowd at Betsy Layne was down, and I thought that I would like to do something to get the crowd and students involved in the game."

With Candi's help, the crowd does seem to get more involved in the game.



ALL Prestonsbu

by Karen Joseph
Contributing Writer

When school begins and the weather begins to turn cool, most people's attention seems to turn toward football. A lot of that attention is focused on the football players, the work and the skills it takes to make them great athletes.

There are other students at the area high schools, though, who put in just as many hours and practice just as hard as the football players, but these students hardly get the recognition that the ball players do. There are no college coaches at the games to watch these particular children. Few people sing their praise, but these participants can liven up the game and spur the players on to victory. These kids are the musicians who perform in the school bands.

Very few realize the effort put in to become good at the spotlight. Being a part of the school band is a lot of hard work. Most of the high school students get their support from the school. They have to do fundraisers to earn the money for their instruments and uniforms.

The students don't get the same recognition as the football players. At Prestonsburg High School, in Lake, West Virginia, the students are as soon as they return from a game.

The PHS Band has been performing for many years. Their current members seem to like performing, whether it's at a game or at a school event.



THAT JAZZ Prestonsburg High School Band

the amount of time that these children must spend at what they do and put their schools in a band member is a year-round thing. School band don't get a lot of financial support so the students go to work and hold fundraised money for uniforms, trips and compe-

They don't get a summer off. Band members at school attended camp this summer at Cedar Bluff in the last week of July and began practicing when they got home.

They have come a long way in the last eight to nine months. The band director is Charles Bell. The band members are their instructor and are enthusiastic at their work whether it is during a practice session or a game.

It takes a lot of talent to play an instrument and march at the same time, but these students seem to be mastering the art.

Band member Brandon Bentley performs a trumpet solo during performances. Breanna Hicks performs a solo on the trombone and Amanda Elliott and Brian Prater both perform saxophones solo in the half-time performance.

Prestonsburg High School band members have participated in several competitions since the school started. They competed at Madison

Central and received third place in class AAA. They received first place at Hazard in class AAA and third place at Corbin in class AAA.

At Henry Clay last week, they received third place.

Their field commander, Sara May, took first place in the field commander competition.

Sara had a very good week last week. She won the title of PHS Homecoming Football Queen on Friday night and first place field commander on Saturday.

The band performed yesterday in the Jenny Wiley Pioneer Festival in downtown Prestonsburg. Their next competition will be next Saturday at Sheldon Clark.

If band qualifies next Saturday, they will compete in the state regional on the October 23 in Corbin.

So, when the band is performing at the ball games, football, girls and boys basketball games, show them your support.



Sports In Perspective

by Denis Harrington

As another major league baseball season slips into history via a series of play-offs leading to its culmination in the World Series, one fact stands out in bold relief, the caliber of play leaves much to be desired.

During the 1999 campaign errors - both mental and mechanical - were in abundance. Outfielders misplaying balls hit off the wall, throws behind the runner or badly missing the mark altogether and poor judgment displayed on the base paths could be cited ad nauseam.

But the most glaring lack of big league execution took place on the mound. Overall the pitching was substandard to say the least.

Prior to the All Star

break this year a record 15 home runs were hit in the majors. When league play resumed the situation did not improve.

For the second straight year Mark McGwire, of the St. Louis Cardinals, and the Chicago Cubs Sammy Sosa hit better than 60 homers each. McGwire end up with 65 and Sosa 63. But they are only a small part of the sorry story.

Any number of teams - such as the Seattle Mariners and Baltimore Orioles - had three and four players on their respective rosters who could boast of double digit home run production not to mention batting averages in excess of .300. Many of the great clubs of a former era didn't get those kind of stats from their players.

So what's the differ-

ence? Poor moundmanship.

In the modern era major league payrolls are heavily weighted with pitchers of all stripes - starters, long relievers, short relievers and closers. Managers nowadays are ecstatic if a member of their regular rotation can go five to six innings without being driven from the hill.

Pitching coaches sit in the dugout with a calculator in hand, keeping track of the throws being made out on the mound. Game announcers continually keep their listeners and viewers appraised of the "pitch count" of any one hurler.

Today it's not unusual for a pitcher to utilize as many as 28 throws just to get out of an inning. And this is because the ratio of

balls to strikes is so far out of whack.

Baltimore Orioles Hall of Fame hurler Jim Palmer has said, "I've never seen so many pitchers get behind the batter in the count. They find themselves mired in a three and two situation time after time. It's no wonder the earned run averages are so high now."

Having a good "heater" is a prime prerequisite for a pitcher to make the bias in the modern era. If a young man can throw a ball in excess of 90 miles per hour he's considered a hot prospect. And never mind that his fast ball comes in with all the movement of a stone and has difficulty staying in the strike zone.

Tommy John, who hung around the majors for many years with pinpoint control and not much steam on his

pitches, thinks velocity is highly overrated.

"You don't need a 95 mph fastball to be successful," he said. "What you do need is reasonable speed, a good variety of pitches that move and the ability to work the corners of the plate."

Home runs are the result of a hitter getting a ball that he can belabor with the barrel of the bat, a "fat pitch."

Joe Morgan, a Hall of Fame infielder with the Cincinnati Reds and currently a baseball analyst, said, "I see so many pitches now that are right over the heart of the plate. Control is just as important as having good stuff."

This inability to "cut" the corners effectively and move the ball around plays right into the hands of such as McGwire and Sosa.

Said the incomparable Bobby Feller, "Besides a fastball I had a darn good curve, a good slider, a good change of pace to a left-handed hitter and a pretty fair sinker. But to consistently throw strikes you've got to have control and move the ball around, work the corners."

Passed balls and wild pitches are commonplace now. This is the result of overthrowing and poor mechanics.

Warren Spahn, the winningest left-hander of all time, said, "I pitched every third day for years and finished most of the games I started. And I never had a sore arm."

Big league pitching makes big league baseball. Until it returns the majors are going to be something less than advertised.



Carmen Maines (81) plays for the Blackcats on the 5th and 6th grade teams. Carmen is the receiver for the Blackcats. Grade school football will wind down this week. (photo by Karen Joseph)

Joey Couch makes appeal to 'Kentucky family' to come to aid of injured, former UK player

by Jason Blanton

Joey Couch tries to remember only the good times with former University of Kentucky defensive tackle Jerry Bell.

The times that he and Bell would make restaurants cringe when entering the "all you can eat" buffet line on Sundays.

When he and Bell would make life of quarterback Freddie Maggard - Bell's roommate - a living hell.

Or when Bell told Couch and Maggard that he was going to fake an injury to get some "air time" on TBS during an Ole Miss/UK game only to get really hurt on the first play of the game and spent the rest of the game with a towel over his head.

The threesome of Couch, Bell and Maggard became close during their playing days with UK.

Couch always appreciated Bell's football talent, but now the former UK and Paintsville gridiron star admires the

courage of the person.

In 1997, Bell was shot with .357 in the head and by all accounts should have been killed. He was shot in the right side of the head as he and friends were preparing to go fishing.

After three months in a coma, he awoke and had to start his life all over again.

Most doctors didn't give Bell much of a chance to recover.

Instead, today, he is a miracle.

"I talked with a doctor who was there at the hospital and they didn't give him much of a chance," Couch said. "I think about Jerry everyday, he is always with me."

The recovery has been slow, but every bit as sweet to family and friends.

The weekend of UK's homecoming, Couch and many former Wildcat players will get together again to honor Bell. The group will host a golf tournament and auction Oct. 14 at the Connemara Golf

Links in Nicholasville that the proceeds will go towards Bell's medical expenses.

Couch said that many things would be auctioned off highlighted by some Tim Couch items.

"A lot of former players and coaches are going to be at the event. We are hoping to move the tournament to Friday next year, so more people can get involved," Couch said.

Couch remembers that his friend, Bell, was the player that Emmitt Smith said delivered the hardest hit that he ever took (in an UK/Florida game).

After his UK days, Bell played in the Arena Football League, one-year with Couch in Cincinnati, and even played semiprofessional football in his hometown.

According to Couch, both of Bell's parents are disabled. Bell's father has had brain cancer and heart bypass surgery and it is hard for them to take care of their son.

"They don't want to have and won't put him in a nursing home," Couch said. "I know it is hard on them, but his parents are doing the best they can."

Maggard and Couch make time out of their schedules to see Bell in his home in Louisville.

"I don't get there as much as I would like to or should," Couch said. "Freddie gets there as much as he can. It hard to make time, but we try as much as we can."

For more information on the golf tournament or to just make a donation, contact, or Maggard (606-528-0156) or Hunter Mullins (606-223-4728).

"Jerry will always be a big part of my life. We had some great times at Kentucky on and off the field," Couch said. "With the golf tournament, we hope that we can help the Bell family. It is time that the rest of us to show just how the 'Kentucky family' takes care of each other when someone needs it."

Going once, going twice

Half a century ago, Barry Halper was like lots of little boys growing up in Newark, New Jersey. He was passionate about collecting baseball cards, programs and autographs.

It certainly didn't occur to him that when he was 60 years old, his collection would be valued by an insurance company at \$42 million and auctioned off at Sotheby's.

Halper's love just grew and grew, and his collection really grew, to include 30,000 baseball trading cards, 1,800 baseballs, 400 bats, 4,000 photographs, 1,000 uniforms, almost all

of them autographed, not to mention truckloads of things not easily categorized: Babe Ruth's whiskey flask and boxers; Ty Cobb's dentures.

Now the world's largest

baseball collection is being sold off, bit by bit, to avoid security problems at Halper's home and a real mess dividing it up after his death.

As each item goes, a sheet of 1909 T-206 Honus Wagner trading cards, Jackie Robinson's 1947 hard cap, a jar of petroleum jelly autographed by alleged spitball pitcher Gaylord Perry, an era slips away.

Never again will troops of breathless youngsters regularly pull tattered shoe boxes from beneath bunk beds and trade baseball cards. Why would they? Any with-it 9-year-old given 20 minutes on a computer can find the date and inning of each of Mark McGwire's record 70 home runs, and probably McGwire's medical

records, tax returns and unpaid parking tickets. Most likely, the kid would do this alone, not with friends.

Paradoxically, 50 years ago, kids got to know their baseball heroes just over the radio and through the trading cards, but felt closer to them than today's youth, with all its access to the Internet and 500 cable channels.

Sometimes more is less.

Like professional baseball itself, today, collecting baseball cards is all about money. It is done by former children. It is lucrative precisely because the old cards are more than rare. They conjure memories of more magical times, times you can't buy today at any price.

St. Louis Post Dispatch



South Floyd Volleyball Team

Hero — (Continued from page three)

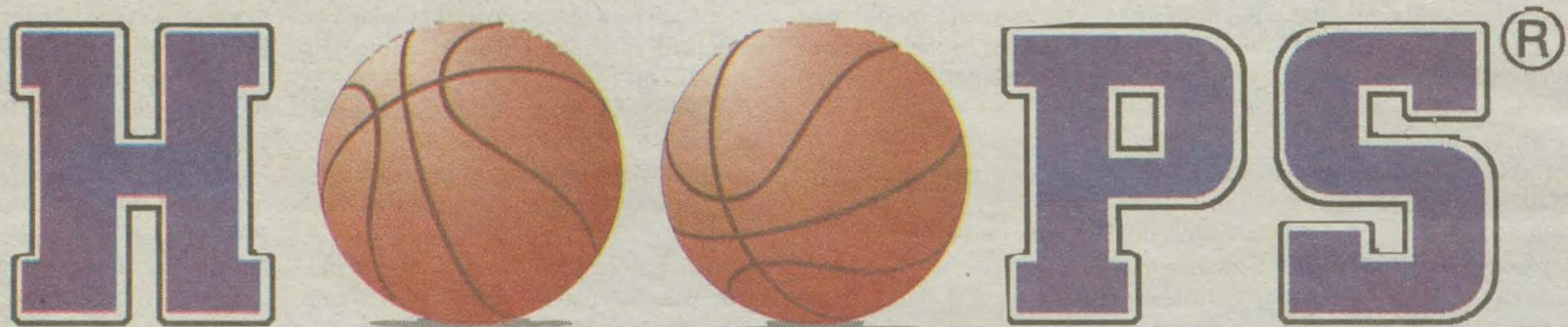
Prestonsburg, and at Sheldon Clark. He also sees patients at his office, and whenever there is an injury at a game, he is the first one to the injured, making sure they are all right.

In Dr. Chaffin's spare time, he enjoys bike riding

and restoring old cars.

In this day and time, when life is so rushed, it is comforting to know that there are still people who take the time and effort to do things for the benefit of our children. We salute you, Dr. Chaffin.

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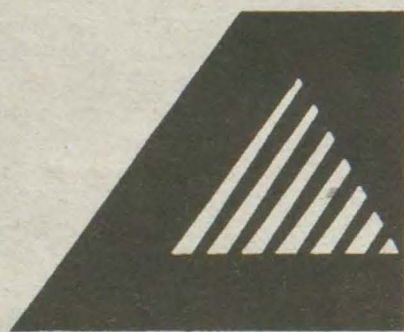


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