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Volume 72 • Number 92

Section



Sunday
October 3, 1999

The Times

FLOYD COUNTY

Serving Floyd County since 1927

Blessed are the peacemakers: for they shall be called the children of God.
Matthew 5:9

CATHOLIC HEALTH INITIATIVES
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Domestic Violence Month launched

by **Randell Reno**
Staff Writer

A small group of people gathered at the gazebo at the Prestonsburg Community College walking track yesterday to spotlight Domestic Violence Awareness Month.

Local officials and counselors gathered with past victims and friends to hear about what is being done and what will be and needs to be done to educate the public about domestic violence.

The ceremony ended in a balloon launch to represent the lifting of domestic violence away from Kentucky families.

From January 1 to August 31, there were 443 domestic violence-related calls from Floyd County into 911 at the Kentucky State Police Post in Pikeville. As stated in the media logs, this number includes calls made by neighbors, as well as the victims themselves.

Lt. Ricky Thornsberry of the sheriff's

department spoke about a case where a man made his wife go outside to get something. When she did, he sat drunk on their couch shooting a rifle through the door as she tried to come back into the house.

The man eventually shot the woman in the face, but she refused to press charges. Thornsberry said he was able to prosecute the case only because the man was shooting dangerously close to a room where his children were lying in bed.

In another case, a man had pretty much destroyed his home. After law enforcement officials responded to the call, the woman swore to Thornsberry she would press charges against her husband. She then helped get the man out of jail and proceeded to open a suit against a deputy.

"What we want to do is to help to make victims of domestic violence change from being a victim to a survivor, to get out and to stay out," said Fonetta Elam of Mountain Comprehensive Care.

Not only do the victim and the family need help in these cases, but there remains the need to help the perpetrator change, Elam said, citing services available to educate those who abuse. She said that even if the victim eventually leaves the home, the offender needs to be dealt with so that he does not do this again.

There are also efforts being made to educate students in high schools, said Elam, in order to prevent abuse or to help the students to identify problems and deal with them.

Family Court Judge Julie Paxton told those assembled how Family Court is direct-

ly involved with domestic violence cases.

Paxton said an average of 18 cases of domestic violence have been filed each week since the court was established, and since August 23, Family Court has heard 107 cases alone.

"Battering is the single major cause of injury to women, more frequent than auto accidents, muggings, and rapes combined," Paxton said. "Victims are three times more

likely to be victimized again than victims of other crimes. It often takes six to seven attempts to leave the abuser before he or she will make the final break."

Paxton said although judges cannot be advocates for either side of the case they can act to improve the system and make it work better for all involved. She said that by

(See Violence, page two)



Staff members of Mountain Comprehensive Care and friends turned out Saturday for a launching of balloons dedicating October as National Domestic Violence Awareness Month. (photo by Randell Reno)

Firefighters called to three fires

by **Randell Reno**
Staff Writer

Floyd County firefighters responded to three fires within the last week, two of them vehicle fires, reports indicate.

The Left Beaver Volunteer Fire Department responded to a two-story house fire along KY 122 in the community of Orkney Thursday afternoon. The occupants of the home were burning boxes in the fireplace when the fire escaped from the chimney into the walls, said Deputy Chief Will Parker.

Twenty members of the fire department fought for about two hours to contain the fire, cutting holes into the walls to get to the flames.

Although there were no injuries, one fireman fell through the ceiling in the house. The firefighter's pants apparently got caught on a nail while he was in the attic. When he tried to get his cuff loose, he accidentally stepped onto the sheet rock and crashed through the attic on to a couch below.

The home, belonging to Buddy Johnson, sustained little fire damage, but Parker said there was some smoke and water damage.

(See Fires, page two)



Apple business

Floyd Countians were in evidence at the Apple Festival in Paintsville this weekend, but not just as spectators. Chady Hardwick of Betsy Layne showed off her collection of decorated hats for sale, while Kathy Wells and her father-in-law Paul Lockwood of Prestonsburg sold the ever-popular University of Kentucky memorabilia. (photos by Randell Reno and Pam Shingler)

Floyd Fiscal Court transfers project, adopts roads into system

Times Staff Report

In a special meeting Friday, the Floyd County Fiscal Court approved a resolution transferring a water line extension project to Beaver-Elkhorn Water District.

The county commissioners agreed to turn over the installation of the water line at Left Fork of Salt Lick, on Right Beaver Creek, near Hueysville.

The water line was partially completed last fall, and the transfer will allow Beaver-Elkhorn to finish the project.

Before going into a work session dealing primarily with this month's fall cleanup, the commissioners adopted 18 roads into the county system. They are

- Vanderpool Road at Cliff, 2,500 feet long, 14 feet wide;

- Burchett Cemetery Road at Woods Branch, 250 feet long, 14 feet wide;
- Doctors Hollow Road, off KY 680; 1,000 feet long, 14 feet wide;
- German Stumbo Road, Frasure's Creek, 512 feet long, 14 feet wide;
- Joe Roberts Road, Stumbo Hollow, 325 feet long, 14 feet wide;
- Bill Tackett Cemetery Road, off KY 680 at Sycamore, 175 feet long, 14 feet wide;
- Mosley Road, off KY 680 at Sycamore, 175 feet long, 14 feet wide;
- Gayheart Road, off KY 680 at Sycamore, 225 feet long, 14 feet wide;
- Gibson Lane at Wayland, 205 feet long, 14 feet wide;
- Neighborhood Drive at Wayland, 200 feet long, 14 feet wide;
- Craft Drive at Mill Creek, 215 feet long,

- 14 feet wide;
- Joppa Church Drive, Melvin, 1,170 feet long, 14 feet wide;
- Mosley/Smith Drive, Jack's Creek, 120 feet long, 14 feet wide;
- Hi Hat Post Office Road, 840 feet long, 14 feet wide;
- Edgar Martin Road, off KY 979 at Mud Creek, 900 feet long, 14 feet wide;
- Clay Hill Road, Ligon, 500 feet long, 14 feet wide;
- Russel Hamilton Trailer Park Road, off KY 122, 100 feet long, 14 feet wide;
- Lamar Tackett Road, off Abner, 310 feet long, 14 feet wide.

The Fiscal Court corrected an error on a road it adopted in May. The correct length of Palmer Frasure Drive is 765 feet.

What's Inside

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Briefs

Rescue squad in fund drive

The Floyd County Rescue Squad is beginning its annual fund drive, which will be conducted by telephone, with contributions mailed directly to the squad. Funds raised will be used to operate the squad and to purchase, repair and maintain equipment. Members are all volunteers, working without pay. They will soon be calling residents across the county to solicit donations.

Student threat reported

A guidance counselor at Stumbo Elementary School reported to the Kentucky State Police, via 911, that a fourth grade student threatened a second grade student during breakfast on Thursday. The student stated that he was going to bring a gun to school and shoot her, the report said. The boy's father was notified in the incident and was supposed to meet with school personnel later that day. School officials are reportedly handling the matter internally.

Public meetings

- Floyd County Board of Education, special meeting, Monday, 6:30 p.m., Adams Middle School. Agenda: amendment to facility plan; working budget; instructional make-up days for Betsy Layne high and elementary schools and John M. Stumbo Elementary School; policy amendment on secondary school athletic eligibility
- Pike County Fiscal Court, Monday, 6 p.m., Pike County Courthouse
- Allen City Commission, Monday 6 p.m., City Hall

Organizations planning for Safe Trick-or-Treat

Times Staff Report

On Halloween Sunday, beasties of the night will come out in broad daylight when Prestonsburg Rotary Club and the Prestonsburg Holiday Inn conduct their annual Safe Trick-or-Treat, from 3 p.m. to 5 p.m., October 31.

The Holiday Inn will section off a portion of its motel as a safe trick-or-treat area. Local businesses, organizations and individuals use the rooms in that area to distribute candy or other treats to children participating in the event.

Area businesses receive a room at no charge to decorate and distribute the goodies, according to Sharon Schoolcraft, rooms divi-

(See Safe, page two)





Osborne teacher Jeff Castle, with plaque, was recognized at Monday night's Floyd County Board of Education meeting. Osborne Elementary was recognized by the state because their 1998 data indicated that math performance at the school was significantly higher than expected for middle school mathematics. With Castle, from left, are Johnnie Ross, Carol Stumbo, state manager Woodrow Carter, board chairman Terry Dotson, Jody Mullins and Superintendent Dr. Paul Fanning. Don Roberts was not at the meeting at time of the photo. (photo by Willie Elliott)

CONSOL helps fund research

Two University of Kentucky undergraduate students performed valuable cost-related research this summer in a program funded by CONSOL Energy and the University's Center for Applied Energy Research.

Pittsburgh-based CONSOL Energy operates 24 mining complexes including three mines in Kentucky, and employs more than 100 scientists and engineers at its own Research and Development facilities in Library, Pennsylvania, and Morgantown, West Virginia.

The company sponsored the students' investigations in the fields of petrography—the description and classification of rocks—and mine mapping as part of the undergraduate experiential learning program.

The program exposes students to energy issues and the research process. This was the second year that CONSOL Energy contributed a \$5,000 grant. Students who participate are required to be Kentucky residents and to conduct coal-related research.

"CONSOL Energy recognizes the unique opportunity that the center provides to students to become involved in energy research and to gain a valuable perspective on energy issues in Kentucky," said Frank Burke, vice president of CONSOL Energy's R&D department. "We offered a grant to fund summer research by an undergraduate student, and the center matched our contribution to extend the opportunity to two students."

The research included analyzing the concentration of mercury in coal from Clay County. Because mercury is an element the U.S. Environmental Protection Agency has asked coal-fired power plants to begin monitoring, this research was particularly timely and important. Fortunately, electric utilities can address the mercury issue by installing flue gas desulfurization units.

"CONSOL Energy has done considerable research and also sponsors research showing that power generation plants with scrubbers can effectively remove mercury, along with sulfur dioxide," Burke said. "Particulate control devices remove essentially all of the other trace ele-

ments, and coal cleaning is effective in removing trace elements from coal."

Tanapom "Goe" Sakulpitakphon, a junior in the university's Geological Sciences Department, worked on the project involving environmental sampling and analysis related to the East Kentucky Power Cooperative Cooper Station in Somerset.

The Horse Creek coal that the cooperative purchases from Clay County has 0.35 percent chlorine and 0.6 ppm mercury, a mercury concentration that is considerably above-average for U.S. coals. The concentration of the other chalcophile elements also were expected to be high.

The Cooper Station burned the Horse Creek coal in May, allowing Goe to sample the coal and fly ash. He also collected samples from a Horse Creek mine near Manchester, Clay County. The new samples, along with new analyses of existing samples from the area, were used to assemble a regional picture of the trace element variation. In addition to chlorine and mercury, the researchers studied concentrations of arsenic, lead and other elements.

Preliminary results show that mercury is concentrated in the thin, high-sulfur upper lithotype of the coal bed in that area. The expanded analyses of previously collected coals produced similar results. The research also found that the mercury content of the fly ash depended upon the flue gas temperature at the point of collection and the amount and type of carbon in the fly ash.

Christian Wallover, a fourth-year student majoring in geology, was employed in the Mine Map Program during the summer. He performed a wide range of tasks regarding Kentucky's coal mine maps—including identification of maps that belong in the archives, mine map location, determination of geologic conditions, and error correction.

Wallover also learned to utilize databases that index the maps and worked with the Geographic Information Systems, computer mapping, filming and digital imagery. At summer's end, he had been exposed to every facet of the operations of the Mine Map Repository and now has a working

knowledge of Kentucky's coal mine maps, applied geology, computer mapping systems and the regulations covering Kentucky coal mines.

CONSOL Energy is the largest coal producer east of the Mississippi and the largest U.S. bituminous and underground coal producer. Its R&D department is the world's largest private research organization devoted to coal mining and utilization. CONSOL Energy also provides funding for scholarships and graduate level research at universities each year.

Apply now and preserve the past

Want to preserve Kentucky's heritage, protect her scenic beauty, or enhance facilities in your local community? You can and the Kentucky Transportation Cabinet is here to help.

Through a federal aid highway reimbursement program called the Transportation Enhancement Program, funds are available for construction or rehabilitation projects that preserve the environment and promote the development of an intermodal transportation system.

Applications for eligible projects are now being accepted, and must be submitted to the Cabinet by December 15.

Since 1993, the Transportation Cabinet has provided over \$33 million to fund 148 Enhancement projects across the Commonwealth. Projects include the construction of the Bellevue Bike Trail, the renovation of the L & N Depot in Bowling Green, and the rehabilitation of Kentucky's remaining covered bridges have all been funded.

The federal Intermodal Surface Transportation Efficiency Act of 1991 (ISTEA) and the Transportation Equity Act for the 21st Century (TEA 21) provided for the funding of such projects.

Proposed projects must have a clearly identified relationship to surface transportation in order to qualify and can include activities such as pedestrian and bicycle facilities, historic preservation, landscaping, rehabilitation of historic transportation structures, and archaeological research. Project sponsors must be a state or local public government agency and a 20 percent local match must be provided.

Nonprofit organizations wishing to apply must be in partnership with a government sponsor. Detailed guidelines for eligible projects, qualified sponsors, and applications are available from the Transportation Cabinet by calling 502/564-7686 or by accessing their web site at www.kytc.state.ky.us.

Applications for the funding of Renaissance Kentucky projects (projects that rehabilitate downtown areas) should be submitted by December 7.

Safe

(Continued from page one)

sion manager at the Prestonsburg motel.

"You know you're getting safe candy here. It's the safest way for kids to get their candy," she said.

The area is closely supervised by staff at the motel, according to Schoolcraft.

"We used to do a haunted house. The staff participated in it and it took staff away from other areas that have to be watched. We don't do (the haunted house) anymore. We have to have a full staff here that day," she said.

Schoolcraft said that around 2,000 to 4,000 children attend the event. Sometimes, they begin lining up around 11 a.m. on Sunday, but she thinks the best time for children to go through the line is near the end.

"Businesses just give it (treats) all away. I've seen some kids have two bags," she said.

From 40 to 50 businesses participated last year, and businesses are already calling her to participate in this year's event. She can be reached at 886-0001, extension 502.

When they arrive, business representatives will receive an information package regarding care of the room. They will also be given a large garbage bag to use in the cleanup of the room decorations.

Schoolcraft encouraged business representatives to get to the motel early, at least by 2 p.m. that day.

"That gives them time to get their rooms decorated and time to get organized," Schoolcraft said.

Admittance to the Safe-Trick-or-Treat is free, but parents are encouraged to donate a can of food that will be given to God's Pantry. Last year, a truckload of canned food was given to the charity from donations at the event.

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Violence

(Continued from page one)

statute each family court is to establish an advocate council for the victims.

"This was done in Floyd County on August 26. As part of this council, a domestic violence committee was formed. Through this committee, we hope to address as many as possible needs of persons in domestic violence," the judge said.

The three speakers each said that domestic violence affects everyone.

"Domestic violence, whether it happens directly to you or not, it will still affect you, through work, in the community, your neighborhood, your church, perhaps your child's soccer team," Paxton said. "We need to let people know that domestic violence is real and it happens to people you know. Domestic violence is not a way of life, and it's not anything anyone has a right to do nor anything that anyone deserves."

Children are often forgotten in these cases but often they are exposed to the violence by either being victims themselves or by observing the abuse. But sometimes children are in abusive relationships unknown to their parents.

Thornsberry said over the years he had worked with many kids and, with their heads down for no one to see, he has asked, "Who knows someone who is being beaten up by a boyfriend?" He said hands would go up. "Who knows someone who has been in a date rape?" Again, hands would go up.

Another story by Thornsberry left the group with proof of how the victims are embarrassed and ashamed of domestic violence and often will not report it nor other-

wise do anything about it.

"I worked a case where a boy was raping his grandmother over a period of time. But she wouldn't say anything because she was embarrassed," he said.

Paxton used quotes from an article by Richard Ducote to show how domestic violence is truly hidden and hard to prevent: "Abusers cannot be detected by the way they look, act, dress, talk, or by their occupation. A psychological or psychiatric evaluation cannot typically detect an abuser. Perpetrators of domestic violence are usually not violent outside the home."

"Domestic violence severely damages children, even if children are not physically abused. Generic counseling or therapy is useless in treating domestic violence. Courts put the victims in a damned-if-you-do and damned-if-you-don't dilemmas. Domestic violence is not simply anger or an argument."

"Battered women often appear to be disturbed as a result of the abuse, and should be expected to be angry at the abuser. Reports of abuse cannot be discounted because they are particularly heinous, bizarre, cruel, perverted, or hard to believe, and lectures, threats and warnings do not stop domestic violence."

To show support for Domestic Violence Awareness Month, the public is being asked to wear a purple ribbon every day, all day, no matter how worn or tattered the ribbon becomes. The color represents what violence can do to the body, while we don't see its spiritual effects, or its emotional effects on its victims.

Fire

(Continued from page one)

Eight members of the Middle Creek Volunteer Fire Department extinguished a vehicle fire alongside KY 114 on Thursday just after 12:30 p.m.

Virginia D. Blair was driving along the road when smoke started coming from the engine, said Glen Vaughn, president of the fire department. Blair pulled off the road at the top of Abbott Hill and then helped her children ages 3, 2, and 6 months, from the vehicle and awaited assistance.

Blair's Chrysler mini-van was a total loss in the fire, according to Vaughn, but there were no injuries

during the blaze.

The Kentucky State Police also responded to the scene.

Prestonsburg firefighters were called to the scene of a vehicle fire in the Sears parking lot on Tuesday. Four members of the Prestonsburg Fire Department were dispatched to douse an engine compartment fire in a 1986 Chevrolet Cavalier, belonging to Final Newport of East McDowell.

The fire was extinguished within 17 minutes, and no one was injured in the incident. George Tussey of the Prestonsburg Police Department assisted on the scene.



Floyd County Judge-Executive Paul Hunt Thompson signs a proclamation making October Stamp Collection Month locally. Behind him, left to right, Delores Burgess, John McIntosh and Charlene Nelson.

National Stamp Collecting Month

by Randell Reno
Staff Writer

A few area post offices are sponsoring a coloring contest to promote stamp collecting among children.

The Harold, Betsy Layne, Stanville, Ivel, Banner, Tram, and Dana post offices are giving out applications for K-8 students to design a stamp of their own.

These pictures will be entered in a contest where they will be posted on the walls and voted upon by the local residents. Each post office will have separate divisions of competition that will have its own winner.

The contest started October 1, in conjunction with the declaration of the National Stamp Collection Month. Students may enter one drawing per post office. Prizes will be given for each entrant and to the winners in each division.

The theme for the contest will be spiders and insects, coinciding with the newest collector stamp released by the US Postal Service. The contest will conclude on October 21, culminating in a customer appreciation day for most of the post offices. Patrons will be treated to refreshments and qualify for door prizes to be given out.

There is no entry fee for the contest. The intent is to get children interested in stamp collecting. According to John McIntosh, postmaster at Stanville, the USPS has tried over the last few years to get children involved in collecting. This is the reason a Bugs Bunny stamp was issued as well as the Classic American Dolls stamp and the Classic Aircraft Stamp.

McIntosh, Delores Burgess, and Charlene Nelson appeared in the chambers of Judge Paul Hunt Thompson Friday to officially declare October the National Stamp Collection Month in Floyd County.

KLC meeting in Paducah

Local leaders from across the state will be in Paducah for the Kentucky League of Cities Annual Convention to be held October 6-9.

Delegates from the League's 353 member cities will attend, making it one of the largest gatherings of elected and appointed city officials in the state. This is the 70th KLC convention, the theme of which is "Kentucky Cities: Leadership for a New Century."

Gov. Paul Patton will address the convention on Friday, October 8, during which he will name the newest cities for the Renaissance Kentucky program. The goal of Renaissance Kentucky is to recognize and honor cities that have maintained or restored their downtown areas as safe, vibrant, efficient and functional urban cores. The program also provides state encouragement to cities working for downtown revitalization.

Detroit Mayor Dennis Archer, second vice president of the

National League of Cities, will deliver the keynote address during Friday's Awards Luncheon. Mayor Archer will discuss challenges facing cities across the nation and offer his vision for cities from the perspective of a national association officer.

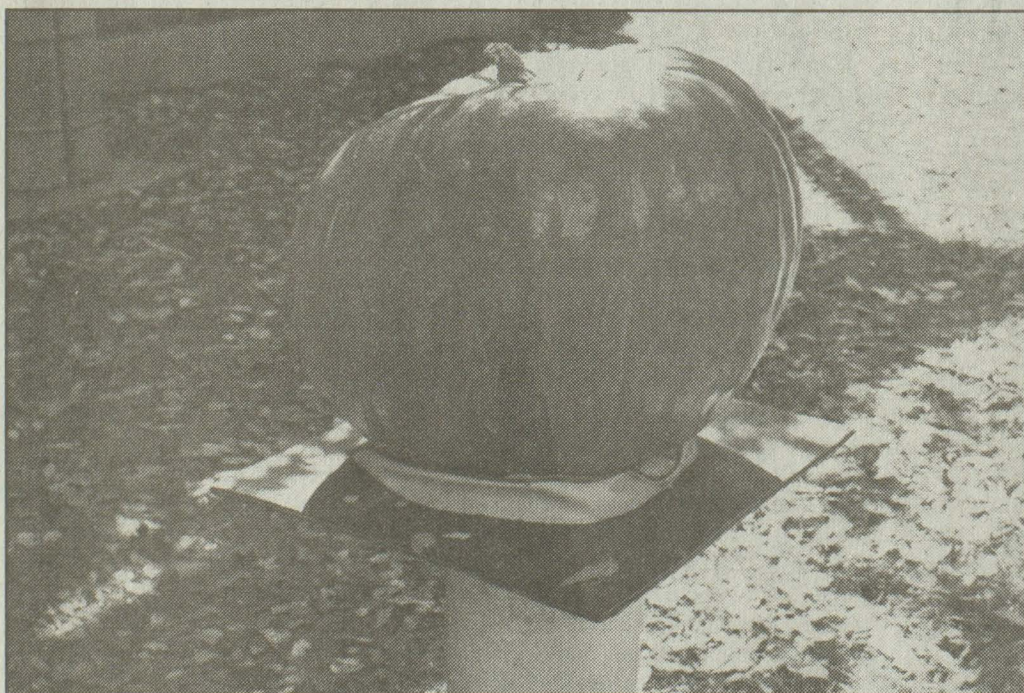
Also included in this year's convention event are speakers such as Thomas W. Bonnett, author of the landmark book, "Governance in the Digital Age"; Kentucky General Assembly leaders, Rep. Jody Richards, Speaker of the House; and Sen. David Williams, Republican Floor Leader.

Convention workshops, forums and seminars will focus on bringing local government into the 21st century—with such important topics as creating diverse communities, employment and insurance issues, the 2000 census, and planning and growth issues.

"When city officials attend our convention, they participate in

addressing the challenges of the future," said Sylvia Lovely, KLC executive director/CEO. "As we approach a new century of leadership in our local communities—our hometowns—there is no more important time in our history to determine where our communities will stack up in the global marketplace."

Legislative events: The Interim Joint Committee on Local Government will hold its monthly meeting in conjunction with the convention. Co-chaired by Rep. Steve Riggs (D-Louisville) and Sen. Albert Robinson (R-London), the committee consists of 38 house and senate members from across Kentucky. The Task Force on Local Government Organization will also hold its meeting in conjunction with the convention. The Task Force is co-chaired by Rep. Charles Geveden (D-Wickliffe) and Sen. Albert Robinson (R-London).



This must be the granddaddy of the pumpkins that James and Irene Anderson raised on their farm on Spurlock Road. You know Halloween is near when the pumpkins come out. (photo by Willie Elliott)

Hearing Aids



Drs. Gregory Hazelett and Douglas Lamppin want to congratulate their Staff Audiologist, Amy Glessing. She has successfully completed her training in fitting and selling hearing aids, and is now a Board Certified Hearing Instrument Specialist. Ms. Glessing has a B.S. Degree in Teacher of the Speech and Hearing Impaired, and an M.S. degree in Audiology from State University of New York College at Fredonia. Under the guidance of the two physicians, she is able to offer useful suggestions on how to handle difficult communication situations so that the effects of hearing impairment are reduced. She is highly trained to service or sell all types and sizes of hearing instruments, including digital and computer programmable aids.

So don't be embarrassed by missing out on conversations, or not being able to hear telephone conversations. Call our office today for an appointment for a hearing aid evaluation. Remember that hearing loss doesn't just happen to the elderly. Call today for an appointment at 432-4494 or 886-7224.

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—First Amendment of the U.S. Constitution—

Viewpoint

QUOTE OF THE WEEK...

You only live once, but if you work it right, once is enough.

—Fred Allen

Sunday, October 3, 1999 A4

Editorial

SLOPPY REASONING

We see it all the time, have seen it for years. Some folks have a piece of property where you can't find a place for an egg to lie still on. It sits there from time immemorial, not enough coal to mine it, too rocky to farm — not that anyone's inclined to, anyway. The kids aren't interested in coming back and building on it. The owners can't give it away.

But along comes the school board and wants to buy it to build something on it to enhance the school system, or the county wants it for a park in a neglected part of the county, and, whoa, hold on, the property becomes immensely valuable. You'd think it was located in Manhattan, or even Pikeville.

Same thing with a ramshackle building that can't be rented or sold. Let the owner get wind that taxpayer money might be available to buy it, and you'd think it had gold sewer pipes and teak woodwork.

For way too long, that stratagem has worked. Amidst the mutual back-scratching, deals have traditionally been cut — no matter how outrageous the price and no matter how rough the property. Everybody involved in the deal cutting went away with smiles on their faces, every one a winner — except the taxpayer. More than one Floyd County fortune has been increased through these transactions.

What kind of person would act the hog at the public trough? What kind of reasoning makes it all right to steal — and that's what it is — as long as it's public funds. People who believe it's fitting to cut off the hand of a person who heists a wrench from a hardware store think nothing of highjacking the taxpayers on a piece of property. The irony, of course, is that if the property owner is a law-abiding taxpayer, he is cheating himself.

The right thing to do, it would seem, is to lower the price for property that will do some good, as in for a school or a ballfield or a park — particularly if the property is accruing no value as it lies.

And though it's not public money involved, there's a correlation in terms of buildings available for businesses. In Prestonsburg and the other municipalities throughout the county, we see many empty storefronts. Far too often, the rents asked for these spaces are much too high for small business owners, particularly those just starting out.

What happens then is that the potential businessperson abandons a dream — or loses it — because she can't afford the rent on a storefront. The building then continues to be vacant, slowly deteriorating as empty structures always do. It becomes an eyesore, eventually beyond repair, etching away at the community's pride.

The business owner loses, the customer loses, the property owner loses. There are no winners.

Of course, many property owners prefer the heady reports of appraisers who sometimes live in dream worlds. A rent of \$3,000 a month for a store space in the downtown may be reasonable in Danville or it may have been reasonable here if we had the same conditions we had 20 years ago.

(See Sloppy, page seven)

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COPLLEY NEWS SERVICE



Letters to the Editor

COMPLIMENTS AND CRITICISMS

Editor:
The fall season of the year is upon us, and winter will soon follow. It is high time that we pay tribute to the management and workers responsible for the care and maintenance of Prestonsburg's streets and parks.

In a year when the odds were against them and others surrendered to the drought, the city's streets were kept immaculate, and flowers bloomed everywhere. They are appreciated, especially by me.

Almost as a ritual, I get up on Sunday, get a newspaper, and go to one of the town's restaurants and have breakfast and read the paper. This year, I was able to add the flowers along the streets and the mini-parks to my routine as I drove through town.

Yet, as the character Iago in Shakespeare's play, I am naught if not critical. Thus, I must take exception

with the monument (logo?) being constructed near the entrance to the Winn-Dixie, etc., plaza.

The theme is imaginative, and using the arches of the two bridges was a stroke of genius. The craftsmanship of the workers appears exceptionally high.

But who on this earth picked the garish color red for the city and county names. Or worse, white for the lights? These are throwaway colors. Did anyone ever brag about winning a red ribbon or a white ribbon, which is traditionally used for last place. Of course not.

Thus, it should be obvious that the color blue is aesthetically and in value superior to these base colors. I suggest that the color blue be substituted for the red and white colors as soon as possible.

Lloyd Blue Goble
Prestonsburg

I am naught if not critical.

This will not be another victory.

WRITER SAYS STRIKERS 'CAN'T LIVE WITHOUT DIGNITY'

Editor:
As I read the letters to the Floyd County Times, I see that this is no longer a strike between two sides of a medical facility.

We have one side walking a picket line, asking only for what they need and deserve, while the other side, instead of doing what they were appointed to do, brings in from another state a dictator who has no concern for the well being of the people of this area.

I think the people of Floyd County need to wake up. The employees of Highlands Regional Medical Center need not only the SEIU 1199 behind them, but they also need the community.

Bud Warman thinks time is the key to winning the war, the theory of every man's weakness is his bank account.

This may have netted victory in the past, but, Mr. Warman, no matter how many victories you have to your credit, no matter how many people you've financially destroyed, no matter how many good people you have turned bad, there's only one thing you need to know. This is eastern Kentucky, and although you've found a few weak-kneed people who believe money was more important than the

health and well-being of our people, remember this, there's power in numbers and believe me, my friend, you don't have the numbers.

I think I speak for the people of the area when I say "Pack your bags, Bud Warman, and get out." This will not be another victory.

The employees of Highlands, and I mean the true employees, know they can live without the new homes, new cars, and their bank accounts. But one thing they can't live without is dignity. In this area, Mr. Warman, money doesn't talk.

I'd like to address the strike-breakers and members of the board. You people are residents of this area, and when this is over and Mr. Warman moves on to devastate another community, you are still going to be here. Will you be able to look at your neighbor, your co-workers, your customers, your ex-friends?

Think about it. It is worth it? Settle this strike and let the Highlands employees get back to doing what they do best — work.

David Ferrell
Prestonsburg

Letters to the Editor

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

My Word

by Janice Shepherd
Managing Editor



An enlightening experience

I've often heard the saying that "turnabout is fair play," but about two weeks ago the turnabout came my way.

My husband, Cleve, has been helping me with work around the house since I injured my ankle three months ago; so, when I told him I'd like to have a dimmer switch installed for our new chandelier in our living room, he told me "You're going to do it."

"Don't worry," he added. "I'll be right behind you."

One Saturday morning, he said, "Okay, today's the day you're going to install the dimmer switch."

"Oh, boy," I thought. "I'm a klutz when it comes to tools. How am I going to get through this?"

I turned to my husband and said, "Okay, I'm ready. What do I do?"

Like a surgeon preparing to operate on his patient, my husband assembled the tools I would need: screwdriver, volt meter, black tape, safety glasses, pliers, wire cutters, and the dimmer switch kit.

First, and most importantly, we turned off the power to the switch. I put on my glasses, and he handed me a screw driver to remove the old switch cover.

After I removed the cover, my husband told me not to touch any wires and that I needed to confirm that there was no electrical current flowing through the wires. He handed me a volt meter.

"Okay," I said, weighing the small gadget in my hand. "what do I do with this?"

He told me to switch the volt meter to AC for alternating current and then touch the metal tips of the volt meter wires to the black and white wires on the light switch. I did. The needle did not move.

(See Word, page seven)

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Phone 606-886-8506

Fax: 606-886-3603

E-Mail: fctimes@eastky.net

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Rod Collins, Publisher

MANAGING EDITOR

Janice Shepherd

CIRCULATION

Tiffany Conn

ext. 10

EDITOR

Pam Shingler

PRESSROOM MANAGER

Johnie Adams

ext. 30

SPORTS EDITOR

Ed Taylor

DISTRIBUTION

Patty Wilson

ext. 31

ADVERTISING MANAGER

Becky Crum

BUSINESS MANAGER

Angela Judd

ext. 19

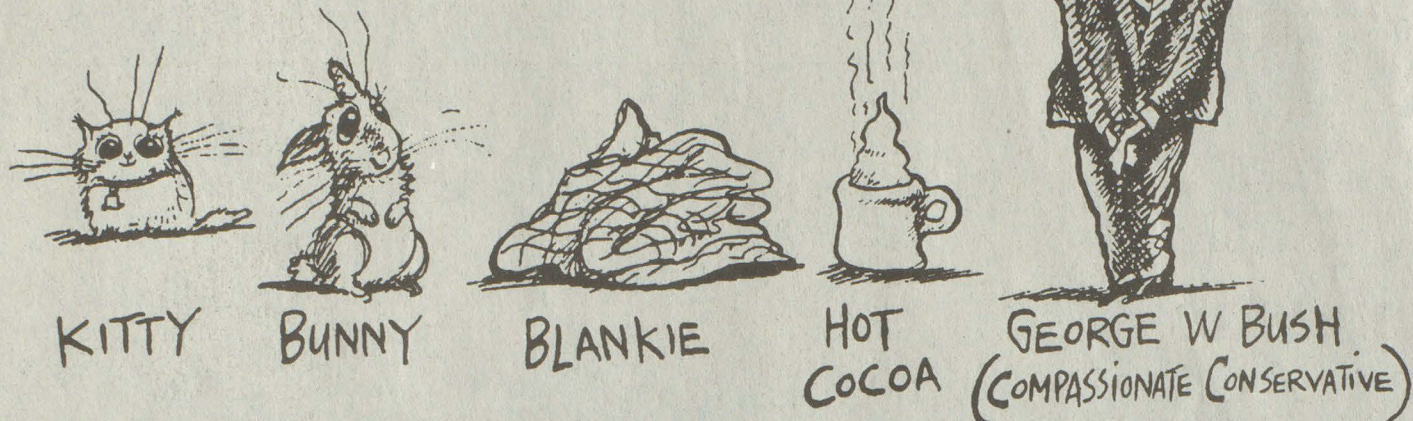
COMPOSING DIRECTOR

Tammy Goble

ext. 29

Warm and Fuzzy Stuff

Cartoon
SPRINGFIELD NEWS-SUN
Copley News Service



CARL ROWAN'S COMMENTARY

There are simply too many loudmouths on the Federal Reserve's board, using scare phrases to manipulate the U.S. stock markets as surely as if they were "fixing" trades on Wall Street.

Federal Reserve Gov. Edward Kelley became the latest to display a loose jawbone when he told Market News International that it would be premature to assume that the Fed will not raise interest rates

again this year. That scared ever-nervous investors into a jittery sell-off that sent the Dow Jones average plunging some 200 points until half the loss was recovered in a late-day rally.

Kelley clearly was taking his cue from Fed Chairman Alan Greenspan, who constantly tries to jawbone the markets down with words of worry. Most of the time, nobody is sure what Greenspan is

saying in his economic circumlocutions. But almost all sophisticated investors know that he is deeply suspicious of prosperity, and they expect him to inspire foolish sell-offs every time he testifies before Congress or gives a speech.

As someone who has invested in the markets for 34 years, I have enjoyed seeing my little nest egg grow as America has grown, and I don't appreciate paying the salary

of bureaucrats who keep suggesting that business successes and continuous growth are bad for my future.

There is no question that the bull market has spread billions of dollars across America, making a lot of families that always lived hand-to-mouth, paycheck-to-paycheck, feel a bit rich. Those stock profits, even if unrealized, have emboldened such families to buy cars, TV sets, washing machines and revel in the fact that they can indeed send Sally or Little Johnny to college. Is this really bad? Or some grave threat to America's economic future?

I've been led to believe that ours is not a controlled economy, and that the stock markets find their own direction and level. But Greenspan clearly wants to control, by irresponsible rhetoric markets that he has no business controlling.

That is why I do not swallow the line that he is so responsible for this country's great and growing wealth and its economic stability that he is irreplaceable as Fed chairman. I remember when a lot of people were saying that former Fed chairman Paul Volcker was indispensable.

The Fed enjoys great independence in managing the nation's money supply, and in many respects that is good for the nation. But Greenspan and his Fed allies put that independence at risk when they put Joe American's "wealth" at risk by deliberately trying to drive down the prices of stocks.

I'll wager that their garrulous arrogance becomes a major factor in the president's decision whether to reappoint Greenspan.

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Diane Amantea's

Commentary

The good news for the Democrats is, popular Governor Christie Whitman of New Jersey has decided against a run for retiring Senator Frank Lautenberg's (D.) seat. There is much rejoicing because Christie was considered, for the most part, a shoo-in. So euphoric are the Dems that they're actually talking about taking back the Senate, as well as the House. To that I say, anything's possible, but don't hold your breath. A lot is going to depend on who wins the White House. If it's George W. Bush, I suspect his coattails will be long indeed. He's likely to sweep in a lot of Republicans in his wake.

If Gore or Bradley win, the Dems have a good shot at taking back both chambers, more so with Bradley. As Vice President Al Gore is finding out, his boss' popularity doesn't translate down to him. In fact, the poor guy seems to be taking the fall for Bill Clinton's antics. There is talk of "Clinton fatigue." Finally, it seems, the country is tired of endless scandals.

Al Gore has more to worry about than Clinton fatigue. He has the first lady completely overshadowing his campaign, both in New York and it seems, the national media. When Hillary launched her "listening tour" over the summer in New York, CNN was all-Hillary, all-the-time. Gore wasn't even a footnote for about eight days. MSNBC was similarly worshipful, fawning and gushing at "how well" Hillary was doing. Ol' Al was left to twist in the wind.

And then there's Bill Bradley. True, he trails Gore substantially in most polls. However, he has only now launched his campaign, and he leads in New Hampshire, a key state in the primaries. Bradley also has a nice following in the New York tri-state area. The possibility he could take New York in a primary is quite strong. Added to that, Bradley has raised a respectable amount of money, something which further spooks the Gore camp.

By the way, it's amusing to see how the Clinton camp is handling itself concerning Hillary's yet-to-be declared run for the Senate in New York. From where I sit, it seems the two are so anxious to have her elected, they're making all kinds of mistakes, the latest being the flap over the Puerto Rican terrorist members of the FALN. By offering clemency, the president and his comrade thought they'd be currying favor for Hillary in the Puerto Rican community, a large voting bloc. Instead, the clemency move caused a great deal of furor, resulting in people on both sides of the issue being alienated.

The New York Daily News lamented in an editorial that for two "brilliant" politicians, the Clintons sure did step in it this time. I say Hillary hasn't even begun to screw up. Her naked ambition and raw thirst for power are going to be her undoing.

Send comments to Diane Amantea, King Features Weekly Service, 235 East 45th Street, New York, N.Y. 10017, or e-mail: deckert136@aol.com.
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Teresa Thorne

Education Today

Last month ABC's "20/20" cited the growing problem of poorly edited textbooks that contain erroneous information. There was a time when fact checkers were standard in publishing houses, and authors were continually queried on their source of information. I know some astute editors still question their writers. But there's a tendency to rely on the so-called expertise of the authors and to assume that what she or he writes must be accurate. Too often, it's not.

Errors in educational material should never be tolerated. As any psychologist will tell you, what is learned becomes difficult to unlearn.

One of the problems people face in trying to deal with the textbook situation is the practice of publishers using in-house editors who have no special expertise in the subject of the books they're editing. Many of these editors also have shockingly little awareness of proper grammar and punctuation.

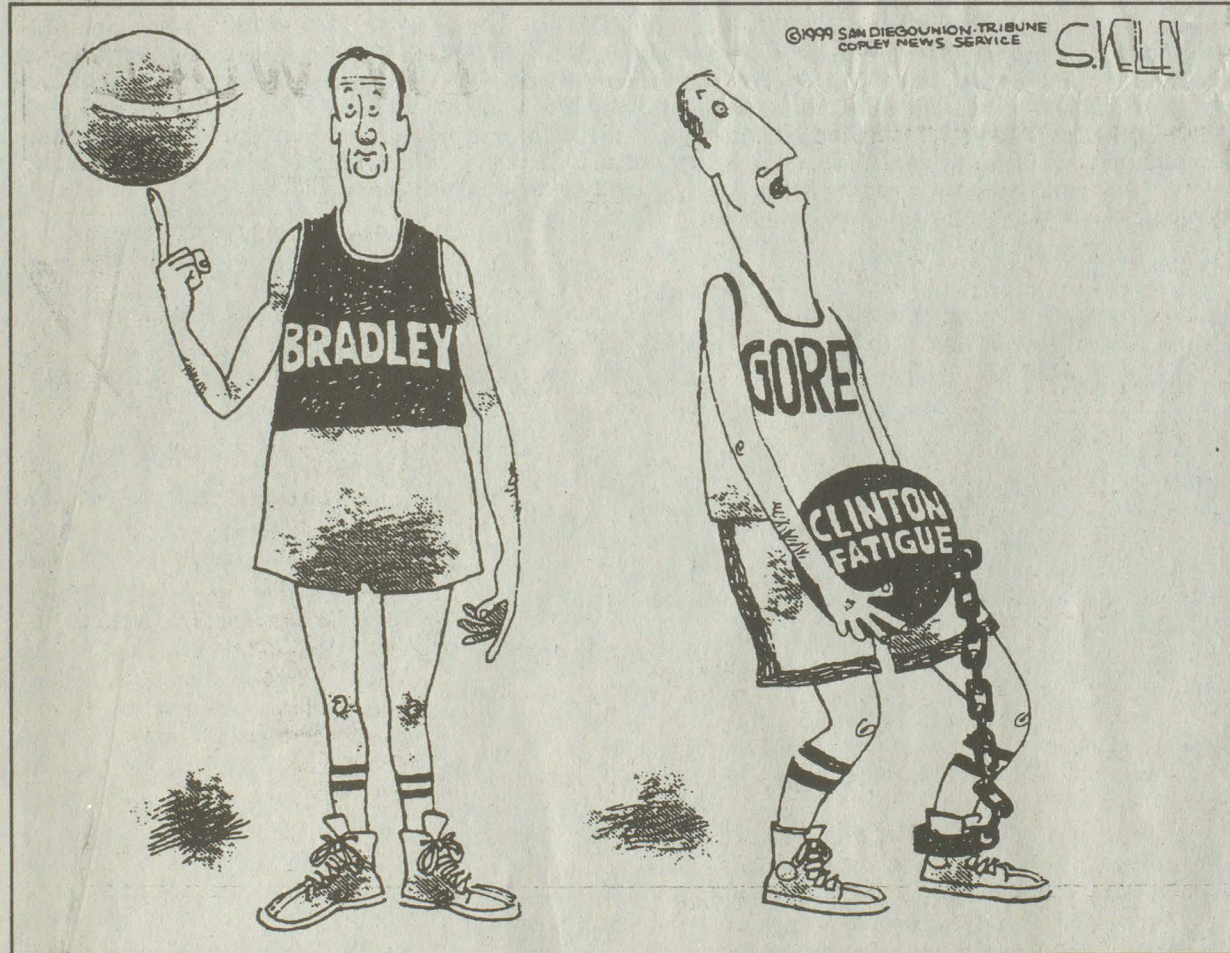
The "20/20" program interviewed several textbook critics, one of whom cited a best-selling science book as being riddled with, in his words, "ludicrous mistakes." Another critic, Howard Lyon, started his crusade against accuracy-challenged texts when he noticed that this same best-selling science text being used by his daughter contained a method for a lab experiment that was, to put it bluntly, impossible to perform.

We can put an end to the flood of inaccurate texts in our school systems by making sure publishers use editors who know what they're editing and also know the basics of English grammar and punctuation. Fact checkers who know what to look for should check all edited copy. Also, those who buy textbooks for their school should not be swayed by impressive names on title pages. In some cases, the cited authors never wrote the books. Having "ghosts" write celebrity autobiographies may be commonplace, but it should not happen with textbooks.

Another way to deal with the problem is economic. This is a multi-million dollar industry. Inaccurate or badly edited texts should be returned to the publishers who should then refund the costs to the school districts.

Share your views with us. Send guest columns to Education Today, King Features Weekly Service, 235 East 45th Street, New York, N.Y. 10017.

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Don Flood

C'est La Vie

The way mice were

Leading mouse scientists recently announced they can make a mouse smarter by improving its memory.

At least I'm pretty sure they did. I forget.

Which brings up the question, what is memory?

As one scientist put it, "Memories may be beautiful and yet, what's too painful to remember we simply choose to forget. But it's the laughter, we will remember..."

Ooops, my memory banks misfired there and I started singing "The Way We Were," but no harm done, unless of course you were in hearing range.

But this mouse thing is a big, big breakthrough. If all goes well, we'll be able to end the barbaric practice of forcing children to be "Mouseketeers" and wearing those awful hats. Instead, Disney will be able to use huge, bio-engineered rodents to sing and dance for us. Won't that be great?

Still I'm concerned. Didn't any scientists see the "Deep Blue Sea," the movie where they used bio-engineering to develop super-intelligent sharks?

(Earlier attempts to make smarter sharks by having them listen to Mozart were complete failures, though one shark did later become music critic for The New York Times.)

You can guess what happened. All of a sudden these geeky-looking sharks with glasses and plastic pocket penholders seize control of the computers and force everybody to use their operating system.

(WARNING: Some of these scenes may be too intense for children and computer programmers.)

It looks like nothing can stop the brainy sharks until Bill Gates, in a cameo role, dives into the shark-infested waters and offers them a handsome buyout including millions in

stock options.

Though the movie doesn't show it, the real-life sharks were later canned because they didn't have the "killer instinct" necessary for Microsoft's aggressive business culture. They retired to Australia where they relax in the sun and eat swimmers.

And what if they make dogs smarter? Big mistake.

I don't mean to insult any of my readers who may be dogs, but let's face it, the reason people like you is because you are so dumb.

Your only job requirements are jumping up and down and licking your owner when he comes home. Maybe chasing your tail to provide a little amusement. I'm sorry, but that doesn't exactly take a rocket scientist, does it?

If you become smarter, you'll be faced with endless higher-order thinking decisions, like what to watch on TV each night. It's a nightmare.

And you dog-owners, do you really want a smarter dog? Be honest. How many people are that excited to see you, unless you happen to be very old and wealthy?

You can forget that running up and licking stuff; they'll be sitting there with a beer watching a ballgame. They'll barely look up. "Got anything to eat?" they'll woof. Or, "Where have you been? I need my belly scratched."

Cats are a different story. They're just as dumb but they act smart.

The only difference would be that now your cats would be pestering you with questions about your net worth and investment decisions. Who needs it, unless your cat is a topflight stock picker?

The ultimate goal of course is to make people smarter, but there's no reason I need a better memory.

Not that I can recall anyway. (dgf@dca.net)

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THE JEFFREY HART COLUMN

The Board of Education in Kansas has voted 6-4 to remove evolution as well as the "Big Bang" theory from the school curriculum and not include those subjects on statewide tests. This, the latest in the supposed conflict between science and religion, was a mistake.

Science by definition operates in the familiar world of time and space. It has no method of reaching beyond what is often called the time-space envelope. The problem is that time-space has a beginning. Years ago, scientists at the Bell Laboratory measured the radiation left over from the immense explosion that began the existence of the universe, the so-called Big Bang. Measurement of original radiation indicates that the universe is on the order of 20 billion years old. That means there was something there before the beginning. Science cannot go beyond the envelope to comment on the question of what was there.

The opening chapter of Genesis means to address the metaphysical question in a seven-day narrative in which God creates the universe in six days and rests on the seventh.

Plainly these "days" cannot be 24-hour solar days. The sun itself is not created until the third "day." The "days" of creation could be periods of any length, microseconds to a God who resides beyond time itself. Furthermore, the "days" of creation have an ascending pattern from inanimate, to, finally, man. An evolutionary pattern can be discerned, and there is also a sense of order.

That God "rests" on the seventh day is part of a metaphor that compares the entire process to a

human workweek plus the Sabbath.

There is nothing in the creation account in Genesis that is irreconcilable with evolution, except in one direction.

Expounders of Darwinism during the 19th century, the vigorous T.H. Huxley, for example, held that Darwin had discovered a self-contained process that dispensed the idea of creation, i.e., God.

Darwin himself was much less certain than men like Huxley. "The Origin of Species" went through four editions during his lifetime, and in each successive edition he changed the account of "natural selection." And, indeed, arguments go on vigorously today about such things as the role of mutation. On its own terms, that is, and though evolution is undoubtedly a fact observable in fossil evidence, Darwin's account is not final even within the field of biology.

The development toward life from the beginning required an extraordinary combination of atomic, molecular and chemical events, the success of which depended upon their being present from the start. The slightest tinkering with subatomic particles or neutrinos and a score of basic relations would not have issued in the relatively recent process of biological evolution.

So design and intelligent intention appear to re-enter the cosmos - paradoxically under the very auspices of advanced science.

It would be a great educational error to exclude students from this fascinating discussion. What could be more important than the nature of the cosmos?

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GOSPEL ACCORDING TO ME

My dad marks 50 years of ministry

by Paul Prather
Contributing Writer

On October 1, we of Bethesda Church in Mount Sterling celebrated a milestone: my father's 50th anniversary in the Christian ministry.

As we prepared for last Friday night's party, my mom set to paper some of their innumerable experiences across the decades.

Mom has shared 46 of Dad's 50 years in the pulpit.

He was 22 when they married and already serving in his second pastorate. She was 19, from a family that wasn't especially religious, and pretty much unprepared for her role as a minister's wife.

Here are a few anecdotes, via my mom's pen, about some of their escapades among the congregations where they labored early on:

- When they married, my par-

ents-to-be lived in Somerset. Dad was pastor of Oak Grove Baptist, a rural church 25 minutes from town.

Being young, they inevitably overslept on Sunday mornings. Typically, they would jump out of bed at the last minute, throw on their dress clothes and tear off down the highway, my mother applying her makeup as my dad drove like a bat out of the belfry.

The last few miles of the trip lay down a gravel road. The men of Oak Grove Church would stand out front of the sanctuary, smoking and talking until, from a distance, they could see a dust cloud rising, heading their way.

"Here comes the preacher," someone would announce.

- Dad's next job was at Pulaski Baptist Church, another rural congregation near Somerset. I was born while he served there.

Our home was a country parson-

age. A church member became so concerned that the pastor might not have fresh milk that he came walking into the yard one day leading a cow.

It was a gift, but not one my parents were thrilled to receive. Diplomacy required that they not refuse this gesture, though.

So my dad had to learn to milk. My mother, a farm girl, already knew how.

- When I was a toddler, Dad moved us to Ohio, where he served on the "home mission field." Baptists assumed Buckeyes needed converting — an assessment with which many of us Kentuckians, even today, might agree.

We settled in a town called Orrville.

Among the folks in my parents' congregation were several guys whose practice was to cash their paychecks each Friday and then

drink up the money before Saturday, leaving their wives and children in the lurch.

So my mom and dad rearranged their schedules to entertain these fellows and their families on Friday nights — to distract the men from the bars. They would gather instead to eat pizza and play dominoes.

Somewhere along the line, Dad tried to turn Fridays into "visitation night," as well. He persuaded these same fellows to knock on strangers' doors and invite them to church.

Visitation night proved less successful. One evening Dad lost a couple of the men who were wit-

nessing with him. Turned out they'd stopped off at a neighborhood pub to knock back a few brews before continuing the Lord's work.

- It was also in Orrville that my parents met Leonard and Marge Foster.

Leonard, a layman in my parents' church, had long kept the struggling congregation alive. Every time the church got itself in a financial bind, Leonard would take out a mortgage on his home to bail it out.

He'd done this so many times that after he'd owned his house for 10 years he owed more on it than

when he'd first bought it.

Of course there's much, much more to tell.

Fifty years is a long time to be joined to anything — a job, a hometown, a wife, the ministry.

It takes the grace of God to make it that long without wandering away.

God's grace certainly has been manifested in my father's life, and maybe to an even greater degree in my mother's, since she's remained faithfully to a pastoral calling that primarily was her husband's, not hers.

I'm looking forward to watching God use them for the next 50 years.

Gov. declares October as Domestic Violence Awareness Month

FRANKFORT — On behalf of the more than 4,600 women and children who were forced to flee their homes during FY 99 to escape domestic violence, Gov. Paul Patton has declared October Domestic Violence Awareness Month in Kentucky.

"Freedom from violence can't just be a promise to Kentucky; it must become every citizen's blueprint for life," the governor said in signing the proclamation.

In recognition of the month, Governor and Mrs. Patton will join the Kentucky Domestic Violence Association and the Kentucky Association of Sexual Assault Programs in hosting a statewide conference addressing crimes of violence against women.

The conference, entitled "Ending Sexual Assault and Domestic Violence: A Blueprint for Peace" will be kicked off by First Lady Judi Patton who will bring a videotaped message of welcome from Vice President Al Gore.

"The hardships imposed by crimes of violence against women pose a great challenge to Kentucky. On behalf of all victims, we are willing to meet that challenge and work to end domestic violence," the First Lady said.

Around 400 participants are expected to attend the October 20-22 conference, including staffs from spouse abuse centers and rape crisis centers, prosecutor-based victim advocates, mental health professional, police officers, prosecutors,

judges, and others.

The conference will offer more than 50 workshop sessions on topics including effective legislative advocacy, how to conduct risk assessment, the effects of domestic violence on a woman's health, custody and visitation, civil litigation in violence against women cases, forensic evidence collection, the treatment of offenders, Megan's Law, how to operate support groups and therapy groups for victims and survivors, the effects of domestic violence on children, and several workshops on prevention and education programs.

The conference will be at the Club Hotel by Doubletree in Louisville.

For additional statistical information and lists of programs related to domestic violence, access the web site for the Governor's Office of Child Abuse and Domestic Violence Services at <http://www.state.ky.us/agencies/gov/domviol/toc.htm>, or the web site for the Kentucky Domestic Violence Association at <http://www.kdva.org/>.

John Y. Brown re-elected

Secretary of State John Y. Brown III was recently re-elected as national chairman of the Committee on Elections and Voter Participation.

Brown's colleagues at the National Association of Secretaries of State (NASS) chose him as chairman. NASS is the oldest professional, nonpartisan organization of major public officials in the United States. It serves as a medium for exchange of information among the nation's secretaries of state.

Brown said he hopes to use his position "to be a more influential voice on election and voter participation issues both in Kentucky and on a national level."

During Brown's first term as national chairman, NASS invested more than \$100,000 on a report entitled, "The New Millennium Project: American Youth Attitudes on Politics, Citizenship, Government and Voting." Brown said the report—which garnered national attention—"is the most comprehensive study in over a decade on the disconnect between America's youth and their government."

Brown is currently working on a NASS subcommittee, which is charged with making recommendations to encourage youth interest in political participation.

"Changing this generation's attitude toward public leadership is critical since they will provide the political leaders for our future," Brown said.

At the state level, Secretary Brown is assisting in a pilot project for Kids Voting USA. Kids Voting USA allows students in kindergarten through 12th grade to participate via the Internet in year-round discus-

sions of social and political issues. The on-line curriculum is consistent with Kentucky's current social studies requirements. The pilot project is being conducted in Jefferson County and will allow students to cast their votes over the Internet on election day.

"The model can be adopted by all 120 Kentucky counties and eventually nationwide provided the pilot project is successful," said Brown.

The Kids Voting USA web site accessed in its final stage of construction and can be is at: www.kidsvotingljc.org.

Brown's term as national chairman of NASS' Committee on Elections and Voter Participation will end in January 2001. Brown must first win re-election as Kentucky Secretary of State on November 2, but is running unopposed.

Ky. to receive arthritis grant

Kentucky is among the 38 states receiving \$4 million in grants in an effort to reduce the occurrence of arthritis — the leading cause of disability for Americans.

The Centers for Disease Control and Prevention announced the grants on September 29. Kentucky will receive \$56,220 each of the next two years to better determine the extent of the disease and to educate the public and health professionals about ways to prevent and treat it.

"Many forms of arthritis are preventable," said Paula Alexander, a nurse with the Kentucky Department for Public Health who will be the project leader for the grant.

Arthritis can be caused by obesity, a lack of exercise and occupational or sports-related injuries, she said.

The department will work with the Arthritis Foundation-Kentucky Chapter on the project.

Arthritis and related conditions affected nearly 43 million Americans in 1998. By the year 2020, an estimated 60 million people will have arthritis. Arthritis costs the nation \$65 billion annually and is second only to heart disease as a cause of work disability. Cost-effective interventions to reduce disability are underused, according to the CDC.

About 16.6 percent of Kentucky's population in 1990 — about 617,000 — had some form of arthritis, according to CDC statistics. Projections show that by 2020, more than 20 percent of Kentuckians — 874,000 people — will suffer from the disease.

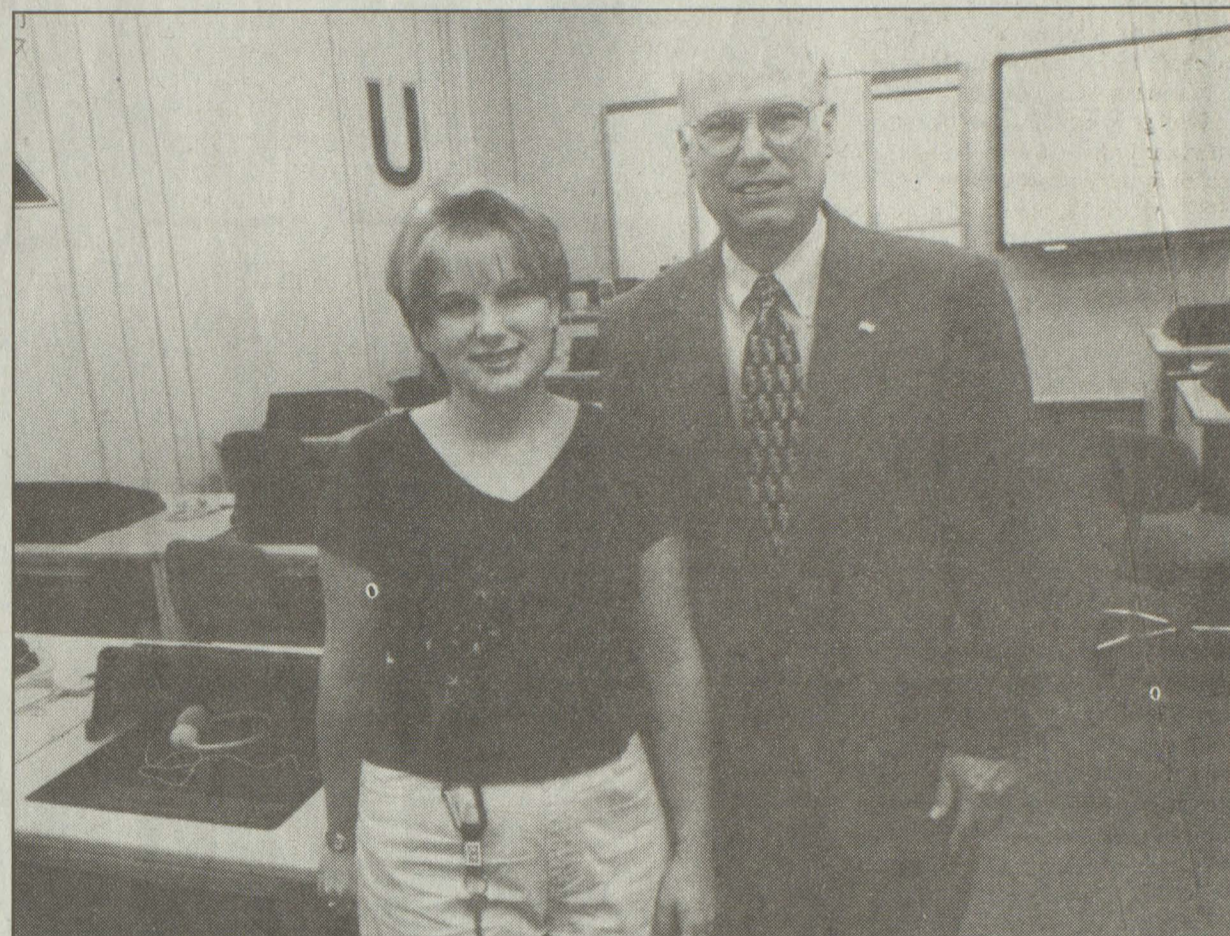
PCC/MSU partner for business program

On Thursday, October 7, at 3 p.m. representatives from Morehead State University will be on the Prestonsburg campus of Prestonsburg Community College for the signing of an agreement between the two schools for the 2+2 Bachelor of Business Administration program.

Dr. Charles Stebbins, Interim President of PCC, encourages the public to attend the signing, as well as the reception that follows.

Both activities will be held in the Johnson Administration Building, room 102.

Similar signings have taken place recently at both Hazard and Ashland Community Colleges.



Local student receives scholarship

Serabeth Sammons, Prestonsburg, is one of five Eastern Kentucky University freshmen to receive the Opal and Kermit Patterson Scholarship in EKV's Department of Management, Marketing and Administrative Communication. Sammons is a graduate of Prestonsburg High School and the daughter of John and Connie Sammons. With the recipient is Dr. Robert Rogow, dean of EKV's College of Business and Technology. The Opal and Kermit Patterson Memorial Endowed Scholarship Fund was established by an estate gift of more than \$800,000 from the two former EKV faculty members, who died in an automobile accident in 1997. To be considered for a Patterson Scholarship, a student must achieve a minimum 24 ACT score and a cumulative 3.0 GPA and submit an application form with three letters of reference. In addition, consideration is given to leadership and work-related activities. The scholarship is valued at \$700 a semester for two semesters and is renewable annually provided the recipient earns an overall GPA of at least 3.0 each academic year and continues to demonstrate leadership.

COMMUNITY CALENDAR

Calendar items will be printed as space permits

Editor's note: As a service to the many clubs and committees that meet in our community, The Floyd County Times' Community Calendar will post meeting and public service announcements. Articles for the Community Calendar must be submitted in writing to The Times no later than 5 p.m. Monday for Wednesday's publication or 5 p.m. Wednesday for Friday's publication. These cannot be taken over the telephone.

Gospel singing

There will be gospel singing at the Bullcreek Trade Center, located in Prestonsburg, on U.S. 23 South on the first Saturday in each month, April through November, beginning at noon. All groups welcome. Call to schedule, 889-9286, 886-3726, 874-9567. Sponsored by Town Branch Church.

Troubled children need foster homes

Children with troubled backgrounds need stable foster homes with no children. Mental health background or similar experience preferred. Training and support. \$775 per month. Call Theresa, Presbyterian Child Welfare Agency, (800) 472-3678, leave a message.

Authority sets meetings

The regular meeting of the Housing Authority of Martin will be held the second Tuesday of each month at 1 p.m. in the Community Room of each development on a rotating schedule as indicated: Pageant Hill — January, April, July, October; Town Center — February, May, August, November; Grigsby Heights — March, June, September, December.

McDowell Family

Resource Center Activities
• Flu shot clinic will be held by the Floyd County Health

Department on October 11, at the McDowell Family Resource Center from 8:30 a.m. to 3:15 p.m. Call 377-2678 for an appointment.

- G.E.D. classes are now being held at the McDowell Family Resource Center. Class will meet each Monday from 8 a.m. to 11:30 a.m.

- The McDowell Family Resource Center is currently offering after-school child care for those parents who work or attend school.

- Any parent who has a child in the fifth grade should call to set up for a physical appointment.

- McDowell Family Resource Center Advisory Council will meet on October 7 at 6 p.m., at the Center.

Meeting

Parent Support Group meeting will be held October 7 from noon to 1:30 p.m.

G.E.D. classes

Linda Bailey of The David School will teach G.E.D. classes at the Mud Creek Community Family Resource/Youth Service Center each Tuesday from 8:30 a.m. to 12:30 p.m.

Classes are free to the public.

SBDM Council meet

Prestonsburg Elementary will have a regularly scheduled SBDM Council meeting, Monday, October 4, at 6 p.m., in the school auditorium.

Housing assistance

The Floyd County Fiscal Court has received funds from the Kentucky Housing Corporation to construct one house for a low-income family. The eligible family must have a deed to the property and the property must be located out of the 100-year flood plain. Income for a two-person family cannot exceed \$7,750.

Interested persons may apply by contacting Eddie Patton, Floyd County Judge/Executive Office, 149 South Central Avenue, Suite 9, Prestonsburg, Kentucky 41653, Phone: 606/886-9193 or Donald Akers, A.R.D.F., 120 North Front

Avenue, Prestonsburg, Kentucky 41653, phone 606/886-3876.

Floyd County Fiscal Court nor A.R.D.F. does not discriminate on the basis of disability, religion, sex, race or national origin.

Fibromyalgia meeting

The Fibromyalgia Family Support Group meeting will be held the first Tuesday in each month at 7 p.m. in the Betsy Layne Senior Citizens Building. Guest speaker for the next meeting will be Lisa Williams, massage therapist.

For more information call: Phyllis at (606) 874-2769 or Sharon at (606) 478-5224.

After-game party planned

The First Baptist Church on First Avenue in Prestonsburg (down the street from Billy Ray's) hosted a special event after Prestonsburg High School's football game on Friday, October 1.

The First United Methodist Church in Prestonsburg located on Arnold Avenue, one block over from the First Baptist Church, along with the First Baptist Church, will host this same special event after Prestonsburg High School's October 8 football game. There will be free food (pizza, pop and cookies), fun and music at both events. Come and bring a friend.

May Valley Family

Resource Center activities
—GED classes every Monday from 12:30-4 p.m. Classes are free.

—Health Dept. every Wednesday—services include WIC, 6th grade physicals, well-child physicals, TB skin test, pap smears and breast exams, baby shots, etc.

—Oct. 4-8: Heritage Week

—Oct. 13 & 20: Flu shots for community at May Valley Elementary. Cost \$6. Will accept Medicare-Part B and Medicaid. Flu shots for staff and students will be scheduled on a different day. Must call for an appointment at 285-0321.

LP committee

to conduct public forum

The Floyd County Local Planning committee will conduct a public forum on Tuesday, October 5, at Allen Central High School at 7 p.m. The informal meeting is being held to explain a proposed amendment to the current district family plan. The Floyd County Board of Education, Division of Facilities Management, to proceed with the amendment process.

A copy of the proposed amendment will be available for examination by interested individuals at the Floyd County Board of Education Central Office, 183 North Arnold Avenue, Prestonsburg, between 8 a.m. and 4 p.m. through October 5. Questions may be directed to Dr. Paul Fanning, superintendent at 606/886-2354. Those individuals wishing to comment on the proposed amendment may do so during the public hearing.

McDowell Elementary council meeting

McDowell Elementary will hold its monthly meeting for Site-Based Decision Making Council on Monday, October 4, at 5 p.m., in the administration building.

Benefit Security Card replaces food stamps

Effective November 1, there will be no paper food stamps issued in Floyd County. They will be replaced by a "Benefit Security Card" which resembles a credit card. Training classes will be given October 4-12, at Allen Park Convention Center.

If you want training on how to use this card, call the food stamp office at 886-3871 for an appointment.

ACHS scheduled meeting

Allen Central High School will hold its regular SBDM meeting Tuesday, October 5, at 6 p.m., in the library. The meeting is open to the public.

A WEATHER PERSPECTIVE

The homerun chase

by Scott Sabol
WSAZ News Channel 3

This time of the year is the season of change. The hottest weather of the year is now beginning its southerly retreat and small morsels of Canadian air are starting their slow southerly push; if you slept with the windows open last week, you know what I'm talking about!

Likewise in sports, the focus is now shifting from the crack of the bat to the collision of a defensive back's shoulder pads on the offensive line.

Besides weather, the subject that has interested me the most since early childhood is by far baseball. I breathed it, ate it, drank it. It's in my blood.

But growing up in Cleveland when the Indians were a travesty to professional baseball (especially in 1987 when Sports Illustrated picked them to win the World Series only to finish 37 games out of first place with a pitching staff that became a haven for washed up veterans), this was the time of year that I gave up hope for playoff baseball in Cleveland and focused my attention on the Cleveland Browns. After all, at least the Browns had a chance...

Fast Forward to the late 1990s. Suddenly, baseball has become worth watching in the fall. Not only for the Indians—and the Reds of late, but because of two prolific homerun hitters who have seemingly brought a nation together. One guy trying to out-duel the other during the last 6 weeks of the season for the crown jewel of all sports pinnacles: The Homerun Title.

So what does weather have to do with this? Arguably, atmospheric characteristics and conditions

play the most crucial role on a batted ball than on all other sports, arguably that is.

Since each homerun hitter deals with different conditions at their homeparks, a comparison and contrast of these conditions is the best way to handle those who had the advantage and who wishes mother nature would go on vacation during the season!

Let's first tackle the most common of all meteorological effects: Wind. At Wrigley Field in Chicago, being a right-handed batter, Sammy Sosa takes full advantage of those winds off of Lake Michigan.

On a day where the wind is calm or gently blowing, a typically flyball by the right handed outfielder might go 350 or 360 feet assuming he swings easy (and we know that doesn't happen too often). Sosa hit 45 of his 66 home-runs out to left in 1998, so with the wind blowing out to left at 20 or 30 mph, a Sammy blast off his 34 inch bat could easily travel 400+ feet onto Waveland Avenue!

Now Big Mac on the other hand, playing on the banks of the Mississippi, doesn't have the luxury of a stiff wind blowing toward the outfield.

Typically, winds are light unless an afternoon thunderstorm moves through. Busch Stadium is located in downtown St. Louis where buildings can drastically change the complexity of the wind.

In the afternoon, winds in this part of the country for the most part come in from the south or southwest, and as they whistle through the tall buildings, some higher gusts can, on occasion give one of McGwire's shots an extra 10 or 15 foot push. But St. Louis isn't known for its wind. Chicago is. So give Sammy the edge in the wind department.

Believe it or not, a baseball will travel further on a very warm and humid day than when the sky is superdry and very blue. You'd

think that with all of that haze and moisture, it would slow a ball down. The Laws of Physics say otherwise.

So as the air becomes warmer and more humid, the molecules move faster and thus don't take up as much space as they would if it were cool and crisp. So, Big Mac playing a game in St. Louis in 95 degree heat in the August or September sun with super-tropical air would get 10 or 15 feet more on a towering drive than on a cool and dry night.

Sammy who gets his fair share of hot & humid weather in Chi-Town is much further away from the "Tropical" Gulf, so his benefit isn't as pronounced at Wrigley. Chalk one up for Mark.

One of the more nebulous concepts to visualize is "Air Pressure." Tony, Deb, David and myself don't dive into explaining pressure every day, because its somewhat difficult to grasp in the few minutes that we have during the news.

In essence, it's the weight of the air. For baseball purposes, it's not that hard to see what heavier air can do to a batted ball.

In Chicago, where storm systems cross frequently from Canada through the Great Lakes, the air pressure will drop and then rise as the system passes. When Sammy connects off an unwilling pitcher (Huntington native Rick Reed knows all too well).

He gave up Sammy's 26th and McGwire's 8th and 20th last year), a drive of 350 feet down the line, destined for the ivy, will get an extra 4 or 5 feet boost and send the ball into the netting, when a powerful storm is on the horizon than on a clear and quiet night.

The situation is very similar in St. Louis. Systems that cross the Great Plains (called "Mid-Latitude Systems") typically follow a path that crosses the Mississippi River and over Busch Stadium.

So the same flyball off of Mark's bat will get a similar boost. In general, air pressure doesn't seem to help one player more than the other so Air Pressure is a toss-up if you're keeping score at home.

The last characteristic that we'll look at is: Altitude. Only in the years since 1993, when The Colorado Rockies came into being, has altitude suddenly become an asterisk in the minds of baseball writers who follow the Babe Ruths of the present.

I remember watching the Celebrity Game during the 1998 All-Star Game when Kevin Costner, star of many baseball movies and a pretty good player in

his own right, hit a ball that traveled 380+ feet into the seats beyond the left-center fence. I played 4 years in college and can count on one hand how many times I hit one that far and that's with pitchers throwing 85-90 mph! Denver's 5280 foot altitude certainly helped Mr. Costner, he's strong, but not that powerful.

Now for Mr. McGwire and Mr. Sosa, who each are without a doubt more powerful than any two Kevin Costners: imagine what kind of

frequent flyer miles they'd rack up if they both played in Colorado! As we head back to Wrigley Field, we find that the altitude in the Chicago area is around 650 feet. So Sammy would get an extra 5 feet of lift than if he played at sea level in New York or at Pro Player Stadium in Miami.

Believe it or not, the elevation in St. Louis is virtually the same so Big Mac gets an equal 5 feet of altitude induced assistance. So again, another tie...and we're right

back to square one.

While the weather has had an effect on the flight of each and every homerun these guys have hit, it might be a force beyond science that propels this year's homerun king to the record books.

So who will have the upper hand when conquering mother nature with his Louisville Slugger as we head into the home stretch? That's for each of us armchair major leaguers to decide. Let's just sit back and watch the highlights.

OBITUARIES

Opal Horn

Opal Horn, 76, of Prestonsburg, died Thursday, September 30, 1999, at Our Lady of the Way Hospital, Martin, following an extended illness.

Born on January 10, 1923, in West Prestonsburg, she was the daughter of the late John Cornette and Alice Simmons Cornette.

She was a member of the Faith Deliverance Tabernacle, West Prestonsburg.

She was preceded in death by her husband, Yancy Horn Sr.

Survivors include four sons, Yancy Horn Jr. and Donald Horn, both of Warsaw, Indiana, John D. Horn of Prestonsburg, Bill Tom Horn of Auxier; six daughters, Bonnie Shepherd of Prestonsburg, Angie Haywood, Alice Buckhart, Lois Hurd, Audrey Long, all of Warsaw, Indiana, Mary Meeks of Tulsa, Oklahoma; one brother, John D. Cornette of West Virginia; 37 grandchildren and several great-grandchildren.

Funeral services will be conducted Sunday, October 3, at 1 p.m., at the Nelson-Frazier Funeral Home, Martin, with Ronnie Shepherd officiating.

Burial will be in the West Prestonsburg Cemetery, under direction of the Nelson-Frazier Funeral Home.

Draxie Hall

Draxie Hall, 76, of River Rouge, Michigan, formerly of Pike County, died September 30, 1999, at the Henry Ford Hospital in Wyandotte, Michigan.

She was born June 3, 1922, the daughter of the late Pleasant and Lillie Johnson of Speight. She was a homemaker and a member of the Ecorse Church of Christ.

She was preceded in death by her husband, Robert Hall, two sons, Roy Lee and Willie Ray, and one daughter, Wilma Lee Hall.

She is survived by four sons, Sidney Hall of Wyandotte, Paul Howard Hall of River Rouge, Billy Gordon Hall of Bellevue, Michigan, and Guy Jerome Hall of Ecorse; four brothers, Hobert and Hubert Johnson of Speight, Truman Johnson of River Rouge, and Bruce Johnson of Ecorse; three sisters, Hazel Johnson and Emma Johnson of Speight, and Molly Owens of Langley; seven grandchildren and 10 great-grandchildren.

Funeral services will be Sunday, October 3, at 11 a.m., at Speight Church of Christ under the direction of R.S. Jones and Son Funeral Home, Virgie Chapel, with Bennie Blankenship, Edley Newsome and Mike Hall officiating. Burial will be in the Garfield Johnson Cemetery at Speight.

John Smith

John Smith Jr., 87, of Virgie, died Thursday, September 30, 1999, at the Pikeville Methodist Hospital.

He was born December 18, 1916, at Nigh, the son of the late John Sr. and Ellen Deskins Smith.

He was a retired coal miner and a WWII veteran.

He is survived by his wife, Bonnie Vipperman Smith.

Other survivors include three sons, Johnny "Smoke" Smith III, of Virgie, Timothy Smith of Germany, and Steven Smith of Virgie; six daughters, Bonnie Parson and Sherry Smith, both of Warner Robins, Georgia, Clare Baxter of St. Louis, Missouri, Cathy Hirschinger of Virgie, Thelma Nolan of Omaha, Nebraska, Laura Kelly of Whitesburg; one sister, Emma Marcum of Elkhorn City; 19 grandchildren and six great-grandchildren.

Funeral services will be conducted Sunday, October 3, at 1 p.m., at the R.S. Jones & Son Funeral Home, with Charles Justice officiating.

Burial will be in the Annie E. Young Cemetery, Shelbyana, under the direction of R.S. Jones & Son Funeral Home, Virgie Chapel.

Robert L. Johnson

Robert L. Johnson, 74, retired president of Appalachian Regional Healthcare Inc. and former vice president of both the University of Kentucky and University of California, died September 29, 1999, following a long illness.

He came to Lexington in 1960 to join the group creating the UK Medical Center. In 1966, he was appointed UK's first vice president for student affairs. In 1968, he went to UC as vice chancellor for students affairs at the Berkeley campus, then as vice chancellor for administration. In 1970, he was named senior vice president for administration for the nine-campus UC system.

In 1976, he became the founding president of the National Center for Health Education, returning to Kentucky two years later to head the ARH system of hospitals, including the one at McDowell. He served ARH for 15 years. In 1989, he was named one of the 25 outstanding executives of health care systems in the country by Modern Healthcare magazine.

A graduate of the State University of New York and Yale University School of Public Health, he served on the governing board of Frontier Nursing Services, advisory board of UK's Rural Health Center, admissions committee for the UK College of Medicine, and advisory council of Clinch Valley College of the University of Virginia.

He is survived by his wife of 54 years, Ruth Aldrich Johnson, three daughters and a son.

A memorial is to be planned at a later date. Memorial contributions are suggested to the Dean's Scholarship Endowment Fund at UK College of Medicine, Frontier Nursing or Hospice of the Bluegrass.

Sloppy

(Continued from page four)

The reality is that this isn't Danville and the downtown business climate is not the same as it was a decade or two ago. Rather than have the space sit empty, why doesn't the building owner half the rent and allow a new businessperson to get on his feet. Both owner and proprietor win, as does the consumer who has yet another choice.

So many of our problems could be solved by generosity of spirit, by reining in our tendency toward greed, and by reasonable minds. — Pam Shingler

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CALL 886-8506

Bobby Tackett

Bobby Tackett, 58, of Virgie, died Thursday, September 30, 1999, at his residence.

He was born June 30, 1941, the son of Lizzie Tackett of Dorton, and the late Steve Tackett. He was a retired miner from Bethlehem Coal Co.

He is survived by his wife, Loretta Tackett.

Other survivors include five sons, Anthony Q. Tackett of Virgie, Kenneth W. Tackett and Gregory W. Tackett, both of Beehive, Stevie L. Tackett and Neil Roger Tackett, both of Robinson Creek; three brothers, Billy Tackett of Dorton, Steve Tackett Jr. of Covington, and Lavon Tackett of Beehive; one sister, Barbara Blevins of Beehive; 14 grandchildren and one great-grandchild.

Funeral services will be conducted Sunday, October 3, at 11 a.m., at the Dorton Freewill Baptist Church.

Burial will be in the Harold Mullins Cemetery at Beehive of Dorton.

Arrangements are under the direction of R.S. Jones & Son Funeral Home, Virgie.

Sparrel "Russell" Stratton, Jr.

Sparrel "Russell" Stratton, Jr., age 76, of Stanville, Kentucky, passed away October 1, 1999, at the Veterans' Hospital in Huntington, West Virginia.

He was born October 30, 1922, the son of the late Sparrel Russell Stratton, Sr. and Flora Wright Stratton. Mr. Stratton was a retired heavy equipment operator and WWII army veteran. He was a member of the Veterans of Foreign Wars post at Prestonsburg, Kentucky.

In addition to his parents, Mr. Stratton is preceded in death by three brothers, Henry Edward Stratton, Richard D. Stratton, and James Paul Stratton; and two sisters, Virginia Harris and Octavia Cooley.

Mr. Stratton is survived by two brothers, Theodore Earl Stratton of Cardington, Ohio; and Roy Pritchard Stratton of Readyville, Tennessee; and four sisters, Betty Flanery of Langley, Kentucky; Jo Inmon of Banner, Kentucky; Edith Steele of Harold, Kentucky; and Rosemary Meade of Stanville, Kentucky.

Funeral services will be held Monday, October 4, 1999, at 11:00 a.m., at the Hall Funeral Home Chapel, Martin, Kentucky, with Bobby Senters officiating. Burial will follow in the Sparrel Stratton Cemetery, Stanville, Kentucky, under the professional care of the Hall Funeral Home, Martin, Kentucky. (paid obituary)

National astronomer to visit PC

Dr. Jay Lockman from the National Radio Astronomy Observatory (NRAO) at Greenbank, West Virginia, will be at Pikeville College on Tuesday, October 19, to deliver a series of astronomy lectures.

Lockman will give a talk on "How to Make a Star" at 11 a.m. in Booth Auditorium. He will also present a talk on "Exploring the Universe With Radio Waves" at 7 p.m. in Chrisman Auditorium. Both lectures will last about one hour and

are free and open to the public.

The American Astronomical Society, the Harlow Shapley Visiting Lectureship Endowment Fund, and Pikeville College's chapter of Sigma Zeta are partially sponsoring the lectures.

Interested school groups, specifically high school age, are welcome and encouraged to come to the morning lecture. For more information or to schedule a school group, call the Pikeville College Math/Science Resource Center at 606/437-3417.

Word

(Continued from page four)

which meant that there wasn't any electricity on the wires.

If the needle on the meter had moved, Cleve explained, then there was power still on the switch. I would have had to return to the breaker box, find the right breaker, and repeat checking to confirm that the power was off.

My husband is a clever man. He has our breakers marked to tell him which breakers control what rooms so I didn't have any problem recognizing the right breaker.

Since there was no movement on the meter, it was safe for me to proceed with changing the switch, Cleve said.

I removed the two screws holding the switch to the electrical box in the wall, but Cleve had to keep reminding me to keep my hands on the plastic handle of the screwdriver and away from its metal neck just in case I had messed up and electricity was still in the wire.

Once I had removed the screws, I pulled the switch from the wall. The wires extended out and I had enough room to go about removing them without punching my husband, Cleve, in the eye with my elbow as I tried to pry the wires loose.

Cleve told me there are three wires on a switch: neutral (white), hot (black), and ground (copper). He told me to remove the neutral and hot wires, which were wrapped around screws on the side of the switch. I loosened the screws with a flathead screw driver.

The wires were wrapped in a hook around the screws and I worked to pry them loose. It wasn't easy. The wires are stiff and not very flexible, but I used my head instead of my brawn to finally free them from the screws.

By this time, I was sweating but I was almost halfway through the project.

Cleve explained to me that sometimes the wires are pushed

through small holes in the rear of the switch. He showed me a hole located on the back of the switch. He told me that the wires are removed by pushing a pin or nail into that hole to release them, but I didn't have to worry about that, I'd already accomplished removing the wires from the screws.

Cleve told me I still needed to remove the ground wire. There was only one wire left, but I asked him how he knew which wire was the bare ground wire. Cleve said the ground wire is always copper. The ground wire was attached to a green screw on the switch. I removed it easily by loosening the green screw.

Now I was ready to hook up the dimmer switch. I began installing the dimmer by using pliers to straighten the hooked wires. Again, I had a difficult time because the wire is stiff and hard to maneuver. I stopped to think about the best way to resolve the problem and I think Cleve thought I was ready to give up. Well, I wasn't. I was just trying to figure out the best way to approach the situation. I used my pliers and a flathead screwdriver to straighten out the wires.

I didn't have to straighten the ground wire, thank goodness. I attached it to the dimmer switch the same way it was attached to the old switch. I wrapped it around the green screw and tightened it down. I smiled in satisfaction.

Then I attached the neutral and hot wires individually to the neutral and hot wires on the dimmer switch, according to the directions supplied with the dimmer. Finally, something I'm good at, I thought. I'm a voracious reader. Reading directions and reading for pleasure are two different things, so I was glad that Cleve was still looking over my shoulder.

I twisted together the ends of the wires on the wall switch box and the wires on the dimmer switch. I used wire nuts and placed them on

the wires, twisting them as if I were tightening a screw.

I picked up the black electrical tape to wrap around the small portion of wiring exposed between the screw and the coated part of the wire, but Cleve asked me what I was doing.

He said that part didn't need to be taped. I looked at him. I looked at the wire. I looked at the tape. I looked at him and drew in a deep breath to speak. He knew what was coming. I was preparing my argument.

After all, I had watched HGTV. The people on those programs used electrical tape on other projects. I had seen my husband working on wires and he had used electrical tape. Why couldn't I?

"Okay," he said, sighing, before I had time to utter a word. "If it makes you feel better, put tape on it."

I tore off a very small piece of black tape, stretched it and wrapped it around the wire, and I did feel like a professional. I stood back and admired the taped wire.

But Cleve doesn't let me rest on my laurels. He put me back to work. Time to put the switch back in the wall box. I pushed and pushed and pushed the wires back in the box. Those wires are stiff, but I finally got them back in that little box with some help from my husband's muscle power.

I replaced the two screws that held the switch in the box. I then installed a mounting plate with screws. I snapped a switch plate over the dimmer switch for a finished look.

I turned the electricity back on and tried it on. The light from the nine 60-watt bulbs dimmed as I slowly pulled the switch down. It worked. I had done it.

My husband is still admiring my handiwork and making sure that each visitor to our home gets a good look at our new dimmer switch.

Kentucky's August jobless rate at 4 percent

FRANKFORT — Kentucky's unemployment rate dipped slightly to 4 percent in August from a revised 4.1 percent in July, according to the Department for Employment Services, a Cabinet for Workforce Development agency.

Kentucky's August 1999 jobless rate also was below August 1998's 4.2 percent rate. The U.S. jobless rate fell to 4.2 percent in August from 4.5 percent in July.

"The unemployment rate in Kentucky has declined from July to August for the past 18 years. This August drop in the unemployment

rate was due to a decrease in the number of unemployed Kentuckians. The number of unemployed Kentuckians in August was the second lowest number of unemployed persons in the past 22 years," said Carlos Cracraft, the department's chief labor market analyst.

Eight of the nine major job sectors had employment increases from July to August, while one dropped, Cracraft said.

The government sector had the largest job increase in August as a net gain of 2,900 positions were added to the sector. Local education increased

by 3,500 jobs in August as schools opened across Kentucky. State education added 1,200 jobs in August as hourly employees returned to work to prepare buildings, grounds and transportation vehicles for incoming students, Cracraft said.

However, the gains were partially offset by a loss of 1,900 jobs in other state and local government agencies.

Agricultural jobs increased by 2,800 in August. "Farm employment increased due to tobacco, hay and other types of harvesting," Cracraft said.

The trade sector had the second

largest job gain in August with 2,300 new positions. Most of those gains were in such retail categories as eating and drinking establishments (800), food stores (500), miscellaneous retail stores (400), and department stores and automotive dealers (300 each).

Manufacturing jobs went up by 1,700 as some people who were laid off in July returned to work in August. "Plants that shut down in July for one or two weeks to make yearly changes in their products were back to full operation in August," Cracraft said. "The 1,700 gain in manufacturing jobs in August was the largest single month increase in 16 months."

During August, manufacturing jobs in the textiles and apparel industry added 600 jobs, fabricated metal products and petroleum, rubber and plastic products jobs rose by 300 each and positions in lumber and furniture and food and kindred products added 200 each.

The state's services sector added a net of 1,600 jobs in August. Business services, including labor pools and other businesses supplying temporary help on a contract or fee basis, added 1,800 jobs in August, Cracraft said.

Social services, including Head Start Centers and other child day care services, increased by 700 jobs in August. Educational services, including private schools, added 500 positions.

The gains in services jobs were offset somewhat by a decrease of 1,300 jobs at YMCAs, country clubs

and other membership organizations.

The construction sector recorded a 700-job increase in August, including heavy construction contractors (300), general building contractors (200), and special trade jobs (200).

The transportation, communications and public utilities sector showed a 400-job gain from July to August. All of the August job gains were in the transportation industries, Cracraft said.

The mining and quarrying sector jobs rose by 200 in August.

The only sector to record a decrease in jobs was the finance, insurance and real estate category, which fell by 200 positions in August.

The U.S. Bureau of Labor Statistics monthly estimate of the number of employed Kentuckians for August 1999 was 1,891,215. This figure is down 19,885 from the 1,911,100 employed in July 1999, but up 34,334 from the 1,856,881 Kentuckians employed in August 1998.

The monthly estimate of the number of unemployed Kentuckians for August was 78,230. This figure is down 2,965 from the 81,195 unemployed in July 1999 and down 3,049 from the 81,279 Kentuckians unemployed in August 1998.

The monthly estimate of the number of Kentuckians in the civilian labor force for August was 1,969,445. This figure is down 22,850 from the 1,992,295 recorded in July 1999, but up 31,285 from the 1,938,160 recorded for August 1998.

The civilian labor force includes non-military workers and unemployed Kentuckians who are actively seeking work. It does not include unemployed Kentuckians who have not looked for employment within the past four weeks.

Employment and unemployment statistics are based on estimates. They are compiled to indicate employment trends rather than actually to count numbers of people who are or are not working.

Morehead slates job fair

Morehead State University will hold its Fall Job Fair and Graduate School Day on Thursday, October 7, from 10 a.m. to 1 p.m., in the Crager Room of the Adron Doran University Center.

The number of employers is increasing daily, according to Dr. Mike Hopper, director of career services. "This is a come and go activity and reservations are not necessary," he said.

Students are encouraged to visit the various employers and bring a copy of their resume, Dr. Hopper noted.

Employers and graduate schools scheduled to be in attendance are:

Accountemps, Advance AutoParts, AFLAC Airtron Inc., Appalachian School of Law, Austin

Peay Graduate Studies, Christian Church Homes of Kentucky, Eastern State Hospital, East Kentucky Power Cooperative, Emerson Power Transmission, Farm Credit Services, Global Innovations, Great American Insurance Company, Hamilton County Department of Human Services, Kentucky Department of Education/Minority Educator Recruitment.

Kentucky Housing Corporation, Kentucky State Personnel Cabinet, Kentucky State Police, Kentucky Transportation Cabinet, Kentucky Woods Products Competitiveness Corporation, Licking Valley Girl Scout Council, Life Care Center of Morehead, Long John Silvers, Marriott's Griffin Gate Resort, McCoy & McCoy Laboratories Inc.,

Murray State Graduate School, Natural Resources/Environmental Protection Cabinet.

Northern Kentucky University Graduate Programs, Office Team, Pharmacia and Upjohn, Presbyterian Child Welfare Agency, Salmon P. Chase College of Law, St. Claire Medical Center, Social Security Administration, Software Architects, Inc., Speedway SuperAmerica, USDA, APHIS Veterinary Services, University of Kentucky Graduate School, University of Kentucky Human Resources, Walgreens, Kroger Co. and Lab Support.

Additional information is available by calling Career Services 606/783-2233. Details also are online at www.morehead-st.edu/units/cpp/fall_jobfair.

Long time Morehead president to be honored

Former Morehead State University President Adron Doran will celebrate his 90th birthday on Friday, October 15, as the first event of MSU's Homecoming '99.

Dr. Doran, who retired in 1977 after nearly 23 years as MSU's chief executive, and Mignon Doran, founder of the university's Personal Development Institute, will be recognized during two campus activities entitled "AD 90."

The Dorans, who live in Lexington, will be honored first at a noon luncheon. They also will greet well wishers at an open house from 2 p.m. to 4 p.m. Both activities will be held in the University Center which bears his name.

"President Emeritus Doran and his wife are great Kentuckians who

have given much to this institution, to eastern Kentucky and to the entire Commonwealth," said MSU President Ronald G. Eaglin. "We invite their many friends to join us in saluting Dr. Doran on reaching this milestone in his illustrious life."

The celebration originally was planned for September 1, but was postponed to allow Dr. Doran time to recover from an injury.

Tickets for the birthday luncheon are \$25 and may be reserved by calling 606/783-2031, by faxing 606/783-2277 or by email to lsimpso@morehead-st.edu. The reservation deadline is October 8. In lieu of personal gifts to Dr. Doran, the university suggests gifts in his name to the MSU Foundation Inc.

Region authorized to implement Emergency Conservation Program

Hampton Henton Jr., state executive director of the U.S. Department of Agriculture Farm Service Agency, said this week, that Johnson, Floyd, Martin, and Pike counties have been approved to implement the Emergency Conservation Program (ECP) due to the drought.

To date, 67 counties in Kentucky have been approved to implement ECP.

The Emergency Conservation Program provides cost-share funding to provide emergency water to livestock in response to the drought. Cost-share levels are up to 64 percent of the eligible costs for temporary practices such as watering trough and on top of the ground pipeline, and 50 percent for perma-

nent practices. Producers who have experienced severe drought conditions requiring outside assistance to provide supplemental emergency livestock water should contact their local FSA County Office to file for cost-share assistance under ECP. To be eligible for cost shares, practices shall not be started until a request has first been filed at the County FSA Office and an onsite inspection of the problem area has been made by FSA.

Signup for the ECP will end on October 28. Producers may file an application at the FSA Office, USDA Service Center, 100 Left Fork Teays Br. Rd., Paintsville, or call (606) 789-3766 for additional information.

October focus on breast cancer

First Lady Judi Patton will kick off October as Breast Cancer Awareness Month in Kentucky on Monday, October 4, with two events at the Kentucky History Center.

At 9:15 a.m., the First Lady will hold a press conference to challenge all state government employees to participate in the National Denim Day Program.

On National Denim Day, Friday, October 8, state government employees can pay a \$5 donation which goes to breast cancer research and education efforts and in return

can wear jeans to work. Last year National Denim Day raised \$6 million for the Susan G. Komen Breast Cancer Foundation, and Kentucky state government employees contributed over \$8,000 to that total.

Following the press conference, at 9:30 a.m., Mrs. Patton will speak to the statewide meeting of the Kentucky Breast Cancer Coalition, of which she is honorary chair. She will also present a proclamation by Gov. Paul Patton designating October Breast Cancer Awareness Month in Kentucky.

Governor announces ARC funding to study development of Airpark

Pine Mountain State Resort Park — Gov. Paul Patton announced at the recent meeting of the Kentucky Appalachian Commission that the Appalachian Regional Commission will contribute \$100,000 to a Kentucky study on the development of an airpark system to serve the eastern Kentucky region.

"We've been informed that we've been granted \$100,000 to study this regional airpark idea," said Patton. "This is just another step in our progress toward the goal of creating an Appalachian Kentucky that is more accessible in the business climate of the new global, knowledge-based economy."

The study will review the airfield facilities at all 24 general aviation airports in the 49-county Appalachian region of Kentucky and determine which three to five of these existing airports could be developed into a regional air cargo industrial hub.

The study will also make recommendations on how the airports

could expand and improve their current facilities. The study is projected to cost \$164,000 and will be funded through the ARC grant, as well as funds from the Transportation Cabinet and Area Development Districts. The study is expected to take 10-12 months to complete.

"We asked for the grant for this study as a follow-up on our part to make sure the region continues to move forward and to benefit from the federal attention we've received this year with President Clinton's visit and the Appalachian Summit," said Patton. "And we will continue in our commitment to make sure this region meets its potential."

The announcement came at a regular meeting of the KAC, which will be responsible for providing overall policy direction and guidance for the study. The KAC, chaired by the governor, is made up of eastern Kentucky community leaders and was created by the governor to examine regional issues in Appalachian Kentucky.

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FLOYD COUNTY
Sports

Section
B

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Lash lashes out against Allen Central
First quarter lapse spells 48-21 loss for Rebels

by Ed Taylor
Sports Editor

Take away the first quarter and the Allen Central at Leslie County game would have been a dandy. In fact, it would have been an overtime affair, but that is not the way it turned out in Leslie's 48-21 win over the Rebels.

Leslie scored 27 points in the first quarter, and that proved to be the margin of difference as Allen Central dropped to 3-4 on the season while Leslie County improved to 3-3 on the year.

Mark Dunfee scored two touchdowns for Allen Central, both coming in the first quar-

ter. Josh Howell had a TD in the final quarter with Jonathan Ellis kicking the extra point.

Leslie took a 27-14 lead after the opening period. Quarterback Floyd Whitaker hit Brooks Lewis with a 54-yard touchdown pass, and the extra point by Johnny Lash gave the host school a 7-0 lead.

Allen Central made it a 7-6 game on a 25-yard touchdown run by Mark Dunfee, but the conversion run failed.

Leslie County came right back and increased the lead on their next possession and completed a drive that concluded with Lash running into the end zone from three yards out to give Leslie a 13-6 lead. Allen Central took its first and only lead late in the

second period when Dunfee broke two tackles and galloped 62 yards for the touchdown and quarterback Brandon Sizemore hit Patrick Martin for the two-point conversion that gave the Rebels a 14-13 advantage.

But, it was all Leslie County after that. The Eagles soared out to a 27-14 first quarter lead on a 61-yard touchdown run by Lash, who also added the extra point. Just before the clock expired in the first period, Brandon Howard ran into the end zone from four yards out and Lash added the PAT for the 13-point lead.

Leslie County scored twice in the second quarter to take a 41-14 lead to the locker area at the half. Whitaker hit Lash with a 22-yard

completion and Lash scored again on a short run and added the PAT for the lead.

Leslie County's final touchdown came in the waning moments of the third quarter when Kyle Napier ran 15 yards for the touchdown that gave the Eagles a 48-14 lead after three quarters.

Allen Central got their final seven points in the fourth quarter when Howell ran into the end zone from 12-yards out and Jonathan Ellis kicked the PAT.

The Rebels will travel to Bethlehem next Saturday night for their final road game of the '99 season. They have remaining home games with South Floyd and Whitewood, Virginia.



Jeremy Caudill (48) carried the ball for the Blackcats. Caudill scored four touchdowns for the Blackcats and rushed for 135 yards in Prestonsburg 46-13 win over the Bobcats. (photo by Karen Joseph)



SOUTH FLOYD'S JOSH MCCRAY rushed for 121 yards and scored two touchdowns to lead South Floyd to a 43-15 win over Jenkins Thursday night. (photo by Ed Taylor)

'Cats get second straight win

Jeremy Caudill scores four touchdowns for the Blackcats

by Karen Joseph
Sport Writer

It was Homecoming at Prestonsburg on Friday night and there was a large crowd on hand to watch the Prestonsburg Blackcats (1-4) take on the Betsy Layne Bobcats (0-5).

The Blackcats are coming off their first win, which was a district win last week against Whitesburg. Betsy Layne has yet to get its first win.

This was a big county rival game and also a district game. Someone who just watched the first half, would have left in doubt as to who would come out the winner. But the Blackcats took over in the second half and dominated the rest of the game.

It could have been called flag football with as many penalties that was called. There were 14 penalties for a total of 125 yards. Six-foot-three senior Jeremy Caudill controlled the game most of the time. Caudill rushed for 135 yards and scored four of seven touchdowns for the Blackcats.

(See Win, page three)

South Floyd JV's rip Jenkins 43-15

by Ed Taylor
Sports Editor

It was a game that meant nothing and there was nothing to prove, but the game went on as scheduled when the South Floyd junior varsity rolled past a short-manned Jenkins team Thursday night on Parent Night at Brackett Field in Wheelwright.

The Raiders posed a 43-15 win over the Cavaliers, a team that began the season with no team.

Jenkins had dropped their football program just before the season started for lack of numbers to dress a team. But parents in the Jenkins area encouraged the school to continue with the football program but drop from district competition. So the program was saved from extinction.

While the game was a junior varsity one for the Raiders, Jenkins counted it as a varsity game for themselves. Many of the Raiders varsity players were in street clothes and watched from the stands or along the sidelines.

The game permitted some valuable minutes of playing time for the

(See Rip, page three)

A look At Sports

Another setback for South Floyd football program

Isn't it something how an attempt to give two county schools nicer football stadiums may result in a great big zero?

Money had been appropriated for construction of a new stadium at South Floyd and refurbishing of the old one at Prestonsburg. Now the board of education says the purchase of land for these projects could exceed what they are willing to pay.

Coach Donnie Daniels, at the past board meeting, hit it on the head: Where should the priority be? The Raiders are having to play on old Brackett Field, which is not really an ideal field on which to play the game of football. South Floyd deserves a nice facility for the kids up Left Beaver. That is where the priority lies. Any adult should be able to see that.

I realize that Prestonsburg wants the new stadium they had been promised and the situation with the present stadium is not a good one.

First, the condemned bleachers are ripped out and nice, new ones are installed, but someone forgot that you lose half of the seating because no one can sit on the bottom four rows and see the game. Therefore, in order to get a position to view the game you have to stand up.

Now this was to be only a temporary setup for this football season. However, I agree with the majority of Prestonsburg fans: we will see the same situation when the 2000 football season is played.

Back at South Floyd, I wonder if any of the board members would want their kids to play on the surface this school has to play on. I think not. The highest priority, before anyone else gets a facility, should go to South Floyd.

Old Brackett Field is rocky and someone is going to get seriously hurt some evening.

Well, it appears the Kentucky Wildcats struck out again in their recruiting of a point guard. Chris Duhon, and his mother, verbally committed to Duke for next season. The other point guard the Cats were interested in, Adam Boone, appears to be heading to Duke as well.

As long as Tubby Smith says that son Saul is the point guard, then what outstanding point guard would want to go to UK.

(See Sports, page three)



Miranda Sturgill, a senior on the Prestonsburg volleyball team, serves the ball against Breathitt County. The Blackcats lost to the Bobcats for the second time this season. (photo by Karen Joseph)

Profile...



Carl Crisp Referee

Carl Crisp has been refereeing basketball games longer than he cares to remember. Carl has been part of the 15th Region Official Association for the past nine years. He calls high school and grade school games. Carl is just one of the many Floyd County people involved in officiating either in basketball, football, baseball or volleyball.

NASCAR

WINSTON CUP POINTS (THROUGH THE MBNA GOLD 400)

1. Dale Jarrett	4142
2. Mark Martin	3885
3. Bobby Labonte	3878
4. Tony Stewart	3858
5. Jeff Burton	3731
6. Jeff Gordon	3671
7. Dale Earnhardt	3557
8. Rusty Wallace	3235
9. Ward Burton	3063
10. Terry Labonte	3053
11. Mike Skinner	3032
12. Jeremy Mayfield	2883
13. Ken Schrader	2816
14. Bobby Hamilton	2801
15. Wally Dallenbach	2727
16. Sterling Marlin	2712
17. John Andretti	2699
18. Kenny Irwin	2679
19. Jimmy Spencer	2670
20. Steve Park	2620

MONEY LEADERS

1. Jeff Gordon	\$4,696,051
2. Jeff Burton	\$4,644,671
3. Dale Jarrett	\$3,066,304
4. Bobby Labonte	\$2,698,691
5. Dale Earnhardt	\$2,262,874
6. Mark Martin	\$2,228,086
7. Terry Labonte	\$1,987,616
8. Tony Stewart	\$1,933,021
9. Mike Skinner	\$1,799,601
10. Rusty Wallace	\$1,784,899
11. Kenny Irwin	\$1,696,211
12. Ward Burton	\$1,693,574
13. Jeremy Mayfield	\$1,579,589
14. Ken Schrader	\$1,503,154
15. John Andretti	\$1,501,401
16. Bobby Hamilton	\$1,499,059
17. Michael Waltrip	\$1,440,495
18. Sterling Marlin	\$1,365,426
19. Jimmy Spencer	\$1,344,623
20. Joe Nemechek	\$1,330,716

LAP LEADERS (WITH NUMBER OF RACES LED IN PARENTHESES)

1. Jeff Gordon	1200 (22)
2. Tony Stewart	1027 (13)
3. Jeff Burton	986 (15)
4. Rusty Wallace	922 (8)
5. Dale Jarrett	763 (16)
6. Bobby Labonte	603 (23)
6. Mark Martin	603 (20)
8. Terry Labonte	337 (9)
9. Mike Skinner	259 (10)
10. Ward Burton	213 (11)

MILE LEADERS

1. Jeff Gordon	1689.94
2. Dale Jarrett	1424.16
3. Jeff Burton	1176.34
4. Bobby Labonte	931.41
5. Rusty Wallace	915.15
6. Tony Stewart	853.37
7. Mark Martin	748.29
8. Mike Skinner	443.46
9. Terry Labonte	338.47
10. Ward Burton	328.59

POLE WINNERS

1. Jeff Gordon	7
2. Bobby Labonte	4
3. Rusty Wallace	4
4. Tony Stewart	2
5. Kenny Irwin	2
6. Mike Skinner	2
7. Ricky Rudd	1
8. Ken Schrader	1
9. Sterling Marlin	1
10. Joe Nemechek	1
11. Ward Burton	1

ROOKIE STANDINGS

1. Tony Stewart	298
2. Elliott Sadler	181

MANUFACTURER STANDINGS (VICTORIES IN PARENTHESES)

1. Ford	188 (12)
2. Chevrolet	167 (9)
3. Pontiac	158 (6)

WINSTON CUP CAREER WINS

(X-INDICATES ACTIVE DRIVERS):

1. Richard Petty	200
2. David Pearson	105
3. x-Darrell Waltrip	84
4. Bobby Allison	84
5. Cale Yarborough	83
6. x-Dale Earnhardt	73
7. Lee Petty	55
8. Ned Jarrett	50
9. Junior Johnson	49
10. x-Rusty Wallace	49
11. Herb Thomas	48
12. x-Jeff Gordon	47
13. Buck Baker	46
14. Tim Flock	40
15. x-Bill Elliott	40
16. Bobby Issac	37
17. Fireball Roberts	34
18. x-Mark Martin	31
19. Rex White	28
20. Fred Lorenzen	28
21. Jim Paschal	25
22. Joe Weatherly	24
23. x-Dale Jarrett	22
24. Benny Parsons	21
Jack Smith	21
x-Terry Labonte	21

Bowling News

STRIKE FORCE BOWLING LEAGUE

TEAM	WON	LOST
Hee Haw Girls	11	5
Ebony and Ivory	11	5
Redd, Brown, Williams	11	5
The Haircutters	10	6
Ky. Oil Refining	9	7
Pin Zone Girls	8	8
Ky. House Builders	8	8
Mine Rite	7	9
Inez Psy. Therapy	2	2
Ousley's Const.	2	14

HIGH SCRATCH GAME, TEAM

Mine Rite	895
Pin Zone Girls	844
Ky. Oil Refining	818

HIGH SCRATCH SERIES, TEAM

Mine Rite	2510
The Haircutters	2420
Pin Zone Girls	2399

HIGH HANDICAP GAME, TEAM

Redd, Brown, Williams	1073
Mine Rite	1054
Ky. House Builders	1046

HIGH HANDICAP SERIES, TEAM

The Haircutters	3056
Mine Rite	3017
Pin Zone Girls	2958

HIGH SCRATCH GAME, INDIVIDUAL

Patricia Stapleton	226
Sherry Greene	220
Linda Howell	217

HIGH SCRATCH SERIES, INDIVIDUAL

Karen Smith	616
Patricia Stapleton	590
Rudell Preston	585

HIGH HANDICAP GAME, INDIVIDUAL

Pat Dye	261
Sherry Greene	256
Patricia Stapleton	256

HIGH HANDICAP SERIES, INDIVIDUAL

Sianna Risner	704
Pat Dye	685
Sherry Greene	682

TUESDAY NIGHT MEN'S LEAGUE

TEAM	WON	LOST
J&S Battery	12	4

SportsBoard

Good Ole Boys	11	5
Storm Hollow Five	10	6
Mine Rite	9	7
Poe's Torch	9	7
Martin Dairy Queen	9	7
D&S	9	7
X-Treme Bowling	8	8
M.T.S.	8	8
Pin Zone	7	9
Music Carter Hughes	6	10
Holiday Inn	6	10
R/S Body	6	10

HIGH SCRATCH GAME, TEAM

X-Treme Bowling	998
Poe's Torch	979
Mine Rite	943

HIGH SCRATCH SERIES, TEAM

X-Treme Bowling	2827
Pin Zone	2739
Good Ole Boys	2673

HIGH HANDICAP GAME, TEAM

Poe's Torch	1142
X-Treme Bowling	1109
J & S Battery	1102

HIGH HANDICAP SERIES, TEAM

X-Treme Bowling	3160
Good Ole Boys	3126
Poe's Torch	3122

HIGH SCRATCH GAME, INDIVIDUAL

Neil Wicker	290
John Hall	269
Earl Stephens	266

HIGH SCRATCH SERIES, INDIVIDUAL

John Hurd	732
James Stone	682
Benny Poe	644

HIGH HANDICAP GAME, INDIVIDUAL

Neil Wicker	296
John Hall	289
Earl Stephens	287

HIGH HANDICAP SERIES, INDIVIDUAL

Earl Stephens	768
John Hurd	758
Jimmy Goble	753

MIXED NUTS BOWLING LEAGUE

TEAM	WON	LOST
Randy's Customs	14	2
The Unpredictables	9.5	6.5
Alley Cats	9	7
R & R	9	7
Lucky Strikes	9	7
Noelle Trucking	9	7
Pin Zone	8	8
FCF	8	8
Mine Rite	6	10
TMC Printing	5.5	10.5
MRC Materials	5	11

HIGH SCRATCH GAME, TEAM

Pin Zone	847
Alley Cats	819
Randy's Customs	745

HIGH SCRATCH SERIES, TEAM

Pin Zone	2323
Alley Cats	2260
Randy's Custom	2191

HIGH HANDICAP GAME, TEAM

Alley Cats	911
Pin Zone	902
Randy's Customs	2191

HIGH HANDICAP SERIES, TEAM

Randy's Custom	2570
Alley Cats	2536
Pin Zone	2488

Scoreboard

Whitesburg picks up first win

The Whitesburg Yellowjackets snapped a five-game losing streak in picking up their first win of the 1999 football season.

The Yellowjackets rolled past visiting Fleming-Neon in a non district game, 23-6.

B.J. Pike ran for two Whitesburg touchdowns, and the Yellowjackets scored on a safety early in the second quarter.

Both teams played to a scoreless tie in the first quarter but the safety, which resulted from a block kick in the end zone by the Pirates, gave Whitesburg a 2-0 lead. Dustin Giley got the safety for the Yellowjackets.

John Setzer scored a second quarter touchdown on a 2-yard run that made it 8-0 at the half. Whitesburg gained a 16-0 advantage in the third quarter on a B.J. Pike's 53-yard run and the two-point conversion run by Brandon Brock.

In the fourth quarter, Fleming-Neon got on the scoreboard when B.J. Morris scored from 22 yards out. Whitesburg's final touchdown came on a 1-yard plunge by Pike and Jorge Martin's kick.

Both teams are 1-5 on the season.

Breathitt County remains unbeaten

The Breathitt County Bobcats remained unbeaten at 6-0, but they had to survive a scare from Perry County Central in doing so. The Bobcats posted a 36-31 win over the Hawks behind quarterback Allen Sperry. Gus White scored two touchdowns for the Bobcats, one a 53-yard pass completion from Sperry. Tim Neace scored two TD's for Perry Central.

This Date In Baseball

1913 - Walter Johnson of the Washington Senators finished the season with 36 victories after a 1-0 victory over the Philadelphia A's.

1915 - The Philadelphia Phillies clinched their first NL pennant, beating the Boston Braves 5-0 behind Grover Cleveland Alexander's one-hitter.

1954 - Willie Mays made an over-the-shoulder catch of Vic Wertz's

long drive to center field, and pinch-hitter Dusty Rhodes homered off Bob Lemon in the 10th inning to lead the New York Giants to a 5-2 victory over the Cleveland Indians in Game 1 of the World Series.

1963 - Stan Musial ended his career by going 2-for-3 as the St. Louis Cardinals defeated the Cincinnati Reds, 3-2 at Busch Stadium.

1986 - Minnesota's Bert Blyleven broke Robin Roberts' 1956 record of 46 home run pitches in a season, when he gave up a two-out, third-inning homer to Cleveland rookie Jay Bell. Despite giving up two more homers, Blyleven was the winner when the Twins rallied in the eighth for a 6-5 victory.

1986 - Chicago Cubs rookie Greg Maddux defeated the Philadelphia Phillies 8-3. The losing pitcher was his brother, Mike, also a rookie. It was the first time brothers faced each other as rookies.

1987 - Don Mattingly's major league-record sixth grand slam of the season backed the four-hit pitching of Charles Hudson to lead the New York Yankees to a 6-0 victory over the Boston Red Sox.

1996 - Brady Anderson of the Baltimore Orioles became the 14th player to reach the 50-homer mark in a 4-1 loss at Toronto. Anderson's previous season high was 21.

1996 - Vinny Castilla of the Colorado Rockies hit his 40th homer in a 12-3 victory at San Francisco. He combined with teammates Andres Galarraga (47 homers) and Ellis Burks (40) to form the first 40-homer trio on one team since the 1973 Atlanta Braves: Davey Johnson (43), Darrell Evans (41), Hank Aaron (40).

1998 - Mo Vaughn homered twice and tied a record with seven RBIs as Boston ended a 13-game postseason skid, beating Cleveland 11-3 in their AL divisional playoff series opener.

Sports Briefs...

Baseball

CEO Graziano fired as president of Dodgers

Bob Graziano was fired as president and chief executive officer of the Los Angeles Dodgers Tuesday, and his boss said the team's awful record wasn't a factor.

"I know there's been a lot of rumors ... about my position and other positions with the company," Graziano said Tuesday. "I've heard the rumor. It wasn't a full shock."

Graziano, 41, has been with the team since January 1986 and became president when the Fox Group division of Rupert Murdoch's News Corp. bought the team March 19, 1998. During the 1998 season, the team fired manager Bill Russell and general manager Fred Claire, and traded catcher Mike Piazza. Kevin Malone was hired as GM Sept. 11, 1998, and after an 83-79 finish, Davey Johnson was hired as manager. In December, pitcher Kevin Brown signed a record \$105 million, seven-year contract. Despite a \$79.2 million payroll, the Dodgers are 75-82.

Cards' McGee indicates he'll retire after season

The end of the line is near for St. Louis Cardinals outfielder Willie McGee, who indicated Tuesday that he'd retire at the end of the season.

"At this point, I don't honestly see myself playing anymore," McGee said. "Just like anything else, it hits you."

McGee was a World Series hero as a rookie in 1982. He was the NL MVP in 1985, when he batted .353 with 216 hits for another World Series team, and with five games to go in this season he had a career .295 batting average. He has won two NL batting titles. He'll be 41 in November and his performance has slipped the past two years.

More than anything, McGee, who's been mulling retirement the last three years, has lost the inner fire to compete. "I still feel like I've got things to offer, but it's one thing to be able to play physically and another thing to want to be there, want to go through the grind," McGee said.

D-Backs' catcher has fractured wrist

Arizona Diamondbacks catcher Damian Miller has a hairline fracture in his right wrist and has a 50-50 chance of missing the first round of the playoffs. Miller, who shares the starting job with Kelly Stinnett for the NL West champions, injured his wrist while blocking a fastball in the dirt from Bobby Chouinard on Sept. 21 in Colorado. It was the same night Miller hit two home runs in a game for the first time in his career.

When the soreness didn't subside in a week, Miller underwent an MRI exam on Monday and the fracture was detected.

"It's very tough to take," Miller said Tuesday, "especially when there's a question whether or not I can go next week. That's what really matters now that we've already clinched it."

Miller is hitting .270 this season with 11 homers and 47 RBIs. He started 79 games, including all but five of Randy Johnson's outings.

Knee surgery to shelve Bonds

San Francisco Giants outfielder Barry Bonds, who had elbow surgery in April, said Tuesday he will undergo arthroscopic surgery on his right knee Friday. Bonds will play through the team's final home series with the Los Angeles Dodgers on Thursday, then shut down for the season.

The procedure is expected to relieve inflammation in his knee that has flared up over the last month. Dr. Art Ting, the same surgeon who repaired tendon damage to Bonds' elbow, will conduct the surgery at Fremont Surgi-Center. Bonds is batting .264 with 33 home runs, 81 RBIs and 25 stolen bases in just 99 games. He spent April 18 through June 8 on the disabled list.

Rockies' Walker to undergo knee surgery

Larry Walker, en route to his second consecutive National League batting title, will have knee surgery Thursday. The Colorado Rockies outfielder has not started since Sept. 19, and has batted just once in the past six games. He has a frayed meniscus in his left knee.

Walker is hitting .379 with 37 home runs and 115 RBIs. He also is 11-for-15 in stolen-base attempts, even though he has only two steals since the All-Star break. He also has 12 outfield assists. Walker was the league's Most Valuable Player in 1997. He signed a \$75 million, six-year contract extension during spring training.

Leslie Hamilton crowned homecoming queen at BLHS

Miss Leslie Hamilton, the 17-year-old daughter of Rexal and Garnet Hamilton of Teaberry, was crowned football Homecoming Queen during homecoming festivities at Betsy Layne Friday, September 24.

Five other candidates competed for the coveted title. They were Brittany Blankenship, 17-year-old daughter of Randy and Nadine Blankenship of Mare Creek; Brandis Bradley, 17-year-old daughter of John and Debbie Bradley of Mare

Creek; Heather Hamilton, 17-year-old daughter of Dean and Sharon Hamilton of Beaver; Natasha Stewart, 17-year-old daughter of Krista Stewart of Harold and Kitty Swiger, 17-year-old daughter of Herb and Darlene Swiger of Ivel.



Leslie Hamilton



Heather Hamilton



Natasha Stewart



Brandis Bradley



Kitty Swiger

Win

Caudill recovered one fumble and had a very impressive defensive game. The Blackcats defeated the Bobcats 46-13.

The Bobcats had possession of the ball the majority of the time, but the Blackcats made use of the time they had the ball. The Blackcats scored two touchdowns in the first four minutes of the game.

The game started off on a sour note for the Bobcats. Before they knew what hit them the Blackcats had scored two touchdowns. Betsy Layne received the ball to start the game.

Then, on the first play of the game Betsy Layne fumbled the ball and Jeremy Caudill recovered and ran the ball for 25 yards to score a touchdown for the Blackcats with less than 30 seconds taken off the clock. The extra point attempt by Seth Crisp was no good, and the Prestonsburg Blackcats led by 6-0.

On the next series of plays for the Bobcats, Ricky Goble carried the ball well for the Bobcats and gave them one first down. Then, Ricky Goble fumbled the ball. Ralph Mollett recovered it and ran the ball for 40 yards for another Blackcat touchdown.

A pass attempt from Austin Clark to Seth Crisp failed. The Blackcats had the lead at 12-0 with 7:46 remaining in the first quarter.

The Bobcats then regrouped and did a great job on moving the ball on the next series of plays. The Bobcats had five first downs and two completed passes in this series, and then Bradley Brooks ran the ball 10 yards for a touchdown for the Bobcats. The extra point attempt was no good, making the score 12-6 in favor of the Blackcats with 1:24 remaining in the first quarter.

In the second quarter, penalty flags began to fly. Maybe they were caused by frustration or determination by both teams, but the penalties began.

Prestonsburg had the ball to begin the second quarter, but the Bobcats' defense held the Blackcats, who had to punt the ball. The Bobcats, though, failed to move the ball, but got a break on the third down when Prestonsburg was called for a face mask penalty, giving the Bobcats a first down.

Things didn't go Betsy Layne's way for long. On the next play, Matt Slone intercepted a pass by Brandt Brooks, giving the ball back to the Blackcats. Prestonsburg was then called for holding, and Betsy Layne was called for late hit. Prestonsburg was called for off-sides. That action seemed to go on for the rest of the night.

Jeremy Caudill scored another touchdown for the Blackcats with 4:46 remaining in the first half, giving the Blackcats the 18-6 lead. Betsy Layne failed to move the ball on the next series of plays, giving the ball back to Prestonsburg but, after more penalties, the Blackcats had to punt the ball back to the Bobcats.

With 1:04 remaining in the first half the Bobcats scored on a 13-yard run by Adam Collins. The extra point was good, making the

score 18-13 in favor of the Blackcats at the end of the first half.

The first half should have ended with the Bobcats having the lead 13-7 but, with all the mistakes made by the Bobcats and the Prestonsburg defense capitalizing on them, Prestonsburg had the lead.

Things went from bad to worse in the second half for the Bobcats. The Blackcats really stepped up their defense and their offense. The Blackcats received the ball to start the second half and Jeremy Caudill scored yet another touchdown for the Blackcats. The Blackcats completed the extra point attempt and the score was 26-13.

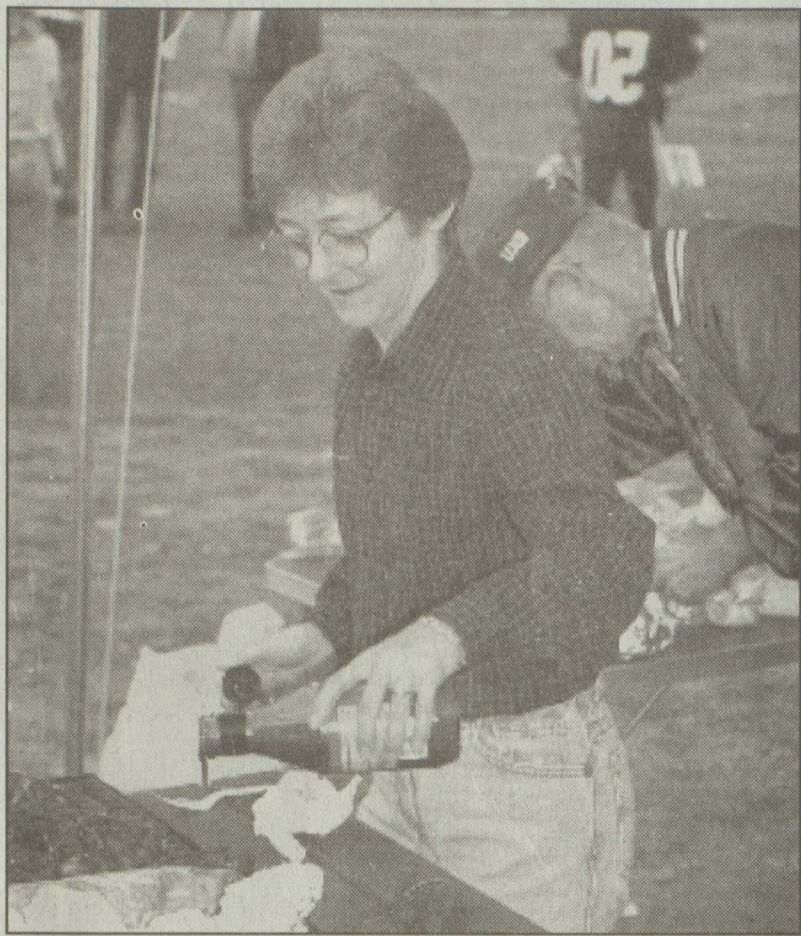
Things kept going downhill for the Bobcats. More penalties and more turnovers. Prestonsburg was hit with more penalties, but they still managed to score. UK signee Jeremy Caudill scored another touchdown for the Blackcats, making the score 34-13. Austin Clark ran the ball in for the extra point, making the score 36-13.

Prestonsburg's senior running back Seth Crisp went in for yet another Blackcat touchdown, bringing the score to 40-13 in favor of the Blackcats at the end of the third quarter.

At the beginning of the fourth quarter, the Blackcats would score their final touchdown with Seth Crisp handing the ball off to Austin Clark for a touchdown, making the final score 46-13. Betsy Layne did have one highlight in the fourth quarter. With 3:40 remaining in the game, Betsy Layne's Brent Hamilton intercepted a pass which was thrown by Prestonsburg quarterback Austin Clark, but the Bobcats failed to score.

The Bobcats also had a down side. Aaron Swiger was ejected from the game in the fourth quarter and will also have to sit out the next game.

One has to admire both of these teams. Both John Derossett and Ted George have had a rough season. Both teams are young and are in the building process. Both teams have played hard this season and have improved. The Betsy Layne Bobcats will have the next week off and the Prestonsburg Blackcats will host the Belfry Pirates.



Cook-out time

The South Floyd Boosters Club got everyone's attention at their cookout just before the Raiders faced Jenkins Thursday night. The barbecue chicken and trimmings, hit the spot with fans (photo by Ed Taylor)

Rip

junior varsity team as freshman Josh McCray showed he could play both sides of the football.

The Raiders drew first blood on their first possession of the game as they marched 63 yards on four plays to take a 7-0 lead. Kyle Tackett finished off the drive on a 49-yard run and Jarrod Johnson added the PAT.

Jenkins had the football in the first quarter only long enough to turn the ball back over to the Raiders. Following the South Floyd touchdown, Johnson's unintentional onside kick was mis-played by Jenkins and the ball went back over to South Floyd at the Cavalier's 49-yard line. Some nice running by Joe Platkus and the passing of sophomore Josh Johnson, the Raiders took a 14-0 lead on a 20-yard run by Matt Tackett and a Johnson PAT.

As if written in a script, Johnson's art of not kicking the ball resulted in another Jenkins' turnover following the score by the Raiders.

Johnson's kick to the left of the line caused the Cavs to lose the ball again, this time at the Jenkins' 35-yard line. McCray picked up 26 yards to the Cavalier's 9-yard line where he carried the ball into the end zone with 6:28 to play in what seemed like an eternity first quarter. The Raiders led 20-0.

It appeared the Cavs would

finally get on the scoreboard in the first quarter as they took control of the football and put together a nice drive with the help of some South Floyd penalties.

Jenkins moved the ball to the Raider's 27-yard line from where they ran the ball into the end zone. However, the touchdown was nullified with a holding call on Jenkins. A fourth and 13, the Cavs were forced to punt the ball.

On two plays, South Floyd made it a 26-0 affair when Platkus scored from five yards out after a 39-yard run by Tackett. With 3:33 left in the first quarter, South Floyd had built a 26-0 lead.

South Floyd had possession of the football when the first quarter finally did end. On the first play of the second quarter, Travis Adams scored on a 10-yard pass from Josh Johnson with 11:45 to play.

South Floyd had a first, and several fans vowed it was a first for Brackett Field since they had been attending games there. A field goal was kicked by Jarrod Johnson that gave South Floyd a 35-0 lead. Johnson nailed the attempt from 32 yards out. The lead held up until halftime.

At the onset of the third quarter, Jenkins took the ball at his team's own 43 and moved to the South Floyd 10-yard line, but the drive stalled out, giving the ball back to the Raiders, who led after three

quarters, 35-0.

Jenkins finally got on the scoreboard in the fourth quarter on a 70-yard drive that took nine plays. Quarterback Jarrod Ratliff hit Lavon Caudill with an 8-yard pass completion for the touchdown with 4:16 left to play.

But South Floyd wasn't through. Jarred Hall, on his first carry of the game, was stopped for a no-gainer. On his second attempt, he broke loose and went 71 yards before being hauled down from behind at the Jenkins' 5-yard line. The tackle resulted in an injury to Hall, who had to be taken to a hospital for examination. From the Jenkins' five, Jeremy Tackett scored to make it a 41-6 game. McCray added the two-point conversion and a 43-6 game.

The final score belonged to Jenkins with 25 seconds left to play. Again Ratliff hooked up with Caudill on a 52-yard pass play and a touchdown. Ratliff ran the 2-point conversion for the final 43-15 count.

McCray rushed for 121 yards to lead the Raiders' ground attack.

South Floyd's varsity returns to the gridiron and the district wars this Friday night when they travel to always-tough Hazard in an all important district game for both teams.

South Floyd is currently 4-2 on the season and 2-1 in district play.

Sports

Personally, I don't think Saul is the man to run the point.

With a weak crop returning for next year — look for some of them to go in the June draft next year — Kentucky is not getting any of the blue chip players.

Let's face it, coaching is one thing, but recruiting at the college level, is crucial.

Once again the Cincinnati Reds failed to take advantage of their position in the National League Central Division race and blew a 3-0 lead Friday night to the last place Milwaukee Brewers. Why they took Denny Neagle out is beyond me. The bullpen just couldn't hold the lead.

I said before and I will say it again, the Brewers is one team (and the Braves is another) that has not dominated this year, and the three games (now one) would be crucial to Jack McKeon's ball-club.

Twice, with the bases loaded, the Reds failed to produce. Another time, runners at second and third, still no runs. They are right! The Reds have their own destiny in their hands and it

appears it is in bad hands.

Says here, no post season for the Reds.

We are 12 days away from high school basketball officially starting. The high schools across Kentucky, as well as the Wildcats, can take to the hardwood as they prepare for the upcoming season that begins in late November. Basketball practice officially opens October 15.

I spoke with Byron Hall, one of the region's top rebounders, and he reports the South Floyd Raiders believe in themselves and this should be the year of the Raiders.

"We should have a winning season," said the senior forward. "We played both Pikeville and Paintsville strong in the summer games."

Hall, along with Kyle Tackett, Ryan Shannon, Jimmy Stumbo, John Meade and heralded-freshman Mike Hall return for the Raiders. But don't forget a young man by the name of Rusty Tackett, as well.

"This program should be strong for the next three years," said Hall. "We will lose some of the bigger

players, but look at Allen Central, they played well without a big player in the middle."

Hall, along with Stumbo, give the Raiders a solid inside presence. But there could be a sleeper for the Raiders.

"We have a player who is 6'8." He hasn't played that much but he has good size," Hall said.

Raiders should be one of the region's top five teams.

Girls' grade school basketball at Adams Middle School and Betsy Layne had been going for about two weeks now. Jim Roberts, coach at Betsy Layne, likes the look of his team so far.

"We miss Jessica Bentley," said Roberts. "She is an excellent basketball player. Also, we don't have Kim Clark out, but we are hoping that she will come out."

Whoa! Kim is not out playing? Kim, get out there and hit the hardwood.

Adams Middle School has a nice team this year with several promising players. I like the way they play defense.

Until Wednesday, good sports everyone and be good sports!

(Continued from page one)

PRESTONSBURG JUNIOR BASKETBALL SIGN-UPS

Saturday, October 9th — 9:00 a.m. - 1:00 p.m.

(At Prestonsburg High School Football Field During Jr. Jenny Wiley Bowl)

Saturday, October 16th — 10:00 a.m. - 2:00 p.m.

(At Adams Middle School Cafeteria)

Sign-up Fee: \$25.00

Each additional brother/sister: \$15.00

GROUP	AGES
PEE-WEE	5 - 6
TRAINING LEAGUE	7 - 8 - 9
JUNIOR VARSITY	10 - 11

Age is as of August 31, 1999

For more information, please call: 886-2232

If no answer, please leave a message.

(If Jr. Jenny Wiley Bowl is cancelled, sign-ups will be moved to Adams Middle School Cafeteria)

Anyone interested in helping coach or organize the league needs to contact: Rick Hughes at 886-2232

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COMMUNITY AWARENESS

The strike called by SEIU District 1199 on Highlands Regional Medical Center which began on September 2, 1999, is now in its 2nd month. The administration and management of the Medical Center presented fair contract proposals, which were on the table at the September 1, 1999, negotiating session. They are still on the table. The Medical Center believed that the union leadership never shared these contract proposals with the membership. Since then, we have printed summaries of the proposals in the local newspapers and sent copies to employees.

We now believe the majority of the union membership have a better understanding of the contracts. We encourage members to call for a vote on the proposals. The contract proposals are fair and offer comprehensive health benefits, a flexible retirement plan, fair wage increases, and addresses other employee benefits.

The Medical Center Calls for a Vote on the Contract!

The union leaders need to let the membership vote on the contracts and get back to work. The majority of employees and their families should not be forced to endure the financial hardships of a strike because a few members have opposing opinions. The community should not be deprived of needed healthcare services. We encourage union members to call for a vote on the contract and the majority should rule.

Highlands employees have always been our greatest asset, however they need to realize that as the union continues to carry this strike into its 2nd month, the Medical Center has been forced to identify replacement workers. In this issue of the Floyd County Times, the first in a series of ads is appearing to solicit replacement workers.

We do not want to replace our employees, but we are left with little alternative. We want our employees to come back to work and again be a part of the delivery of high quality healthcare services to our community.

Only you can make this happen—Call for a Vote, Accept the fair contract proposals on the table, and

COME BACK TO WORK

Johnson Central Eagles wins Apple Bowl

Rushing game leads Golden Eagles over rival Tigers

by Jason Blanton
Contributing Writer

Sometimes the numbers lie. A look at the stats of the 26th annual Apple Bowl could lead one to believe that the score was one-sided. That, however, was not true. Johnson Central scored two fourth quarter touchdowns en route to a 22-14 victory over previously unbeaten Paintsville Thursday night in front of 5,000 fans at Eagle Field. "I'm very proud of my kids," said Johnson Central coach Bill Musick. "I know how much this game means to our school and this community."

The Golden Eagles (4-2) finished with 321 total yards compared to the Tigers' 111.

Paintsville, which still owns a 17-9 advantage in the series, had only two first downs at the half, both coming on touchdowns, and led 14-6 at the break.

The Tigers' special teams set up the opening score of the contest.

Sophomore Mike Stafford blocked a Casey Music punt that gave the Tigers the ball at the Johnson Central 22.

Four plays later, on a fourth and four, senior quarterback Travis Preston hit Brad Turner for a 16-yard touchdown. With 7:38 left in the first quarter, Paintsville was on top 6-0.

It took until midway in the second period before Johnson Central found paydirt.

The Golden Eagles' ground game finally got going.

Senior Josh Banks took care of most of the work on the scoring drive. Banks gained 63 yards on only three attempts and capped the

series with his 12-yard scoring run at the 8:14 mark of the second period.

Banks added the conversion to put Johnson Central ahead, 8-6.

David LeMaster's club didn't waste anytime in getting the advantage back.

Starting on its own 35, Paintsville took only three plays and a little over a minute to put points on the board.

Senior running back David Peters gave the Tigers (5-1) a 14-8 lead with his 58-yard touchdown and conversion with 7:04 left in the first half.

Johnson Central came up empty on an 11-play drive that took 5:20 off the clock and Paintsville ran off the remainder of the time to have the lead the break.

After a scoreless third period, Johnson Central stayed with the ground attack and used it for two long possessions that ended in touchdowns.

Taking over with 2:43 left in the third quarter, after a Paintsville punt, the Golden Eagles went to work.

Ten plays and 4:11 later, Johnson Central quarterback Casey Music kept the ball and scored from two yards out that tied the contest at 14.

The Golden Eagles lined up to kick the point-after, but a

Paintsville penalty put the ball a yard and a half away and the Johnson Central coaching staff decided to go for a two-point conversion.

Shannon Price, a senior full-back, fought through the Tigers' defense into the endzone and placed his squad on top 16-14.

The Tigers couldn't move the ball and was forced to punt the ball back to the Golden Eagles.

With 7:32 remaining, Johnson Central started the drive on its own 32.

Using only the running game, Musick's squad marched down the field.

The Golden Eagles had the ball down to the Paintsville 12 and with the clock winding down, the Tigers were forced to use all three second-half timeouts.

Facing a fourth and two from the Tiger 4, Price gave Johnson Central a first down with less than a minute to play.

Two plays later, Price ended the 17-play series that took a total of 7:39 of the final quarter. He bulled his way over from the 2 and with only 13 seconds remaining, Johnson Central was in control 22-14.

Paintsville had one final shot, which was aided by a couple of Golden Eagle penalties.

A 15-yard personal foul flag

after the kick return set up shop for the Tigers at the Johnson Central 44 with six ticks to go.

Preston's pass was incomplete, but another penalty put the ball down to the 35 and Paintsville had one final attempt.

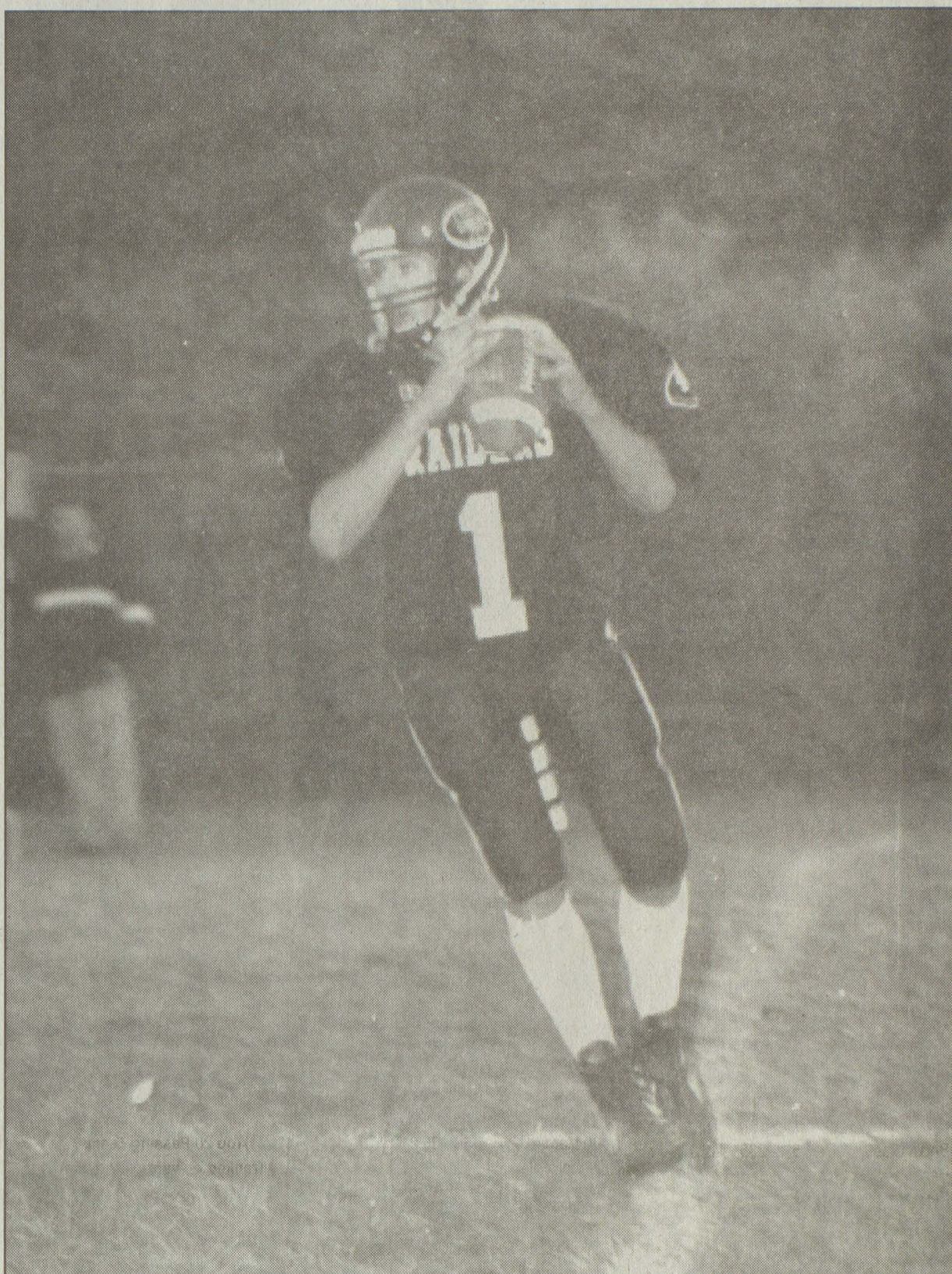
The final pass towards the end-

zone also was incomplete and Johnson Central had held on for the win.

Both clubs will be on the road in district games next Friday. Paintsville will visit Phelps while Johnson Central will be at South Laurel.

"I don't know if I could have gotten the kids back up to face South Laurel, if we would have lost," Musick said.

"South Laurel is probably the best team in the district. We will have to play an outstanding game to come away with a win."



JOSH JOHNSON OF SOUTH FLOYD looked down field for a receiver against Jenkins last Thursday night. The Raiders will travel to Hazard this coming Friday night in an important district matchup. (photo by Ed Taylor)

Prestonsburg Junior Basketball to hold signups

The Prestonsburg Junior Basketball League will hold signups on two separate dates for those who plan to play in the league this season.

The first sign-up date will be Saturday, October 9, at the Prestonsburg High School football field, during the Junior Jenny Wiley Bowl. Signups will be held from 9 a.m. until 1 p.m.

If Junior Jenny Wiley Bowl is canceled, signups will be moved to the Adams Middle School cafeteria.

The second sign-up date will be Saturday, October 16, from 10 a.m. until 2 p.m. at the Adams Middle School cafeteria.

Registration fee each date is \$25 per player. Each additional brother or sister, the fee is only \$15.

These groups are included in the basketball league: ages 5-6,

Pee Wees; ages 7,8,9, Training League; ages 10-11, Junior Varsity.

Anyone interested in helping coach or organize the league, or needing more information, contact Rick Hughes at 886-2232.

Pioneer 3K run scheduled for October 9

The Jenny Wiley Pioneer 3K Run or 1.9-mile race, will be on Saturday, October 9 with registration held from 8-8:45 a.m.

The run will begin at the old Prestonsburg Tourism Center, located at the intersection of North Lake Drive and KY 114, with a starting time of 9 a.m.

Registration fee is \$15. Each participant will receive a race T-shirt and trophies will awarded in 10 male and female age groups including wheelchair and overall male/female winners.

The course will be from the old tourism center and will turn around at the Country Boy Farm Supply and then participants will head back to the finish line at the tourism center.

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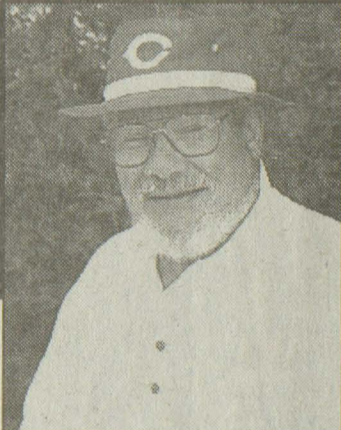
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From The Tackle Box

Let's keep our lakes clean



Jim Lyon

Last week I was at Yatesville Lake. The morning air was crisp; the leaves were falling and turning brilliant colors.

It was a great day to fish. I spoke with anglers who had spent the day on the lake. The crappie fishing wasn't great, but those that were caught that day were small in size, and were taken with live bait.

Minnnows seemed to be the favorite bait used by these anglers. Bass fishing was slow, but they were being taken at a depth of about 20-25 feet on deep running crank baits. The bait that seemed to be most successful was a number six shade lure, with an orange underside and green back.

The water at Yatesville is about three to four degrees cooler than other nearby lakes. It is 69 degrees near the surface. The continued cooling of the water should, in the future, offer some success with top water crank baits.

I love our lakes and streams in eastern Kentucky, as well as the beauty of our hills and valleys. Our lakes are in some of the most scenic places of the state. They are something that we, as fishermen, pleasure boaters and natives, should be very proud of and protect with great interest.

As you look at our streams, they are clogged with milk jugs, garbage bags and numerous other items that have been carelessly thrown away. Along some streams you can see how high the water has been by the shopping and garbage bags hanging in the trees.

As you drive through our beautiful state, you cannot help but be angered at some of the unsightly, uncalled for, filthy, unthinkable

way people, of this area in particular, throw their garbage on the side of the road.

On our back roads you see mattresses, box springs, refrigerators, stoves and other household items, as well as an abundance of food wrappers thrown out on the side of the road. All these items could easily be disposed in the proper way. What a pitiful sight for the thousands of tourist who come each year to see, and enjoy the foliage on the trees as they change colors.

Often times as I fish on a lake, I find plastic oil containers, surrounded by an oil slick floating on the lake. I also see food and bait containers that have been carelessly thrown from boats. I usually come in with a boat full of garbage that I have picked out of the water. I would personally like to see more surveillance for the purpose of reducing this type of pollution.

It would be right if our judicial system gave maximum fines against those who are caught and convicted of such atrocities. This would have a very positive effect upon reducing the pollution of our lakes and streams.

Passing additional laws will not solve the problem. It will depend upon the pride of each individual who lives on and uses our lakes that are fit for fishing. In addition, we will not have fish. Their habitat will have been destroyed. Many of the pollutants thrown into our streams and lakes have already affected the health of the fish.

It is easy to dispose of waste items we accumulate while fishing. Bring them back to shore and dispose of them, leaving no evidence that you were on the lake.

The park service has made trash containers available for this purpose.

I have fished in Idaho, Montana, Wyoming, Utah and Arizona. These states have an abundance of tourists, as well as local fishermen who use their lakes and streams. In these states you seldom see trash in a stream or lake. They are clear and pure.

Some of the back streams in the state of Idaho are so pure it seems at first glance that one could drink from them. If you have the occasion to boat or fish in one of these locations and you dump trash into the lake, you will more than likely pay a \$1000 fine for that thoughtless act.

Idaho has plain-clothed anglers who also carry a badge. It could become very expensive when unloading our trash into the lakes and streams.

As for me, I would be happy to be part of a program dedicated to preserving our environment. As a concerned angler, I challenge each pleasure boater, fisherman and those who live in our community to carry with them a garbage bag and exercise the responsibility of properly disposing of their trash.

It would be easy, when fishing, to take time to stop and pick up items that have been carelessly thrown into the lake by those who apparently have no pride.

Load up and chose to enjoy the natural beauty of our state. Do it responsibly. Take pride in your heritage, the hills of Kentucky. Guard it with great care!

See you at the fishing hole!

KHSAA Current Regular Season Football Stat Leaders as of Sept 30

Individual Leaders					Top 20 Receiving Leaders					
Top 20 Rushing Leaders (ranked by yards per game)					Top 20 Receiving Leaders (ranked by yards per game)					
Player, School	Gms	YDS	P-Gm	TD	Player, School	G	Rec	Yds	P-Gm	TD
Derrick Alphonso, North Hardin	5	1002	200.4	16	Leon Mack, Paul Dunbar	5	17	619	123.8	10
Travis Gossum, Bullitt East	5	995	199.0	15	Montrell Jones, Male	5	21	584	116.8	9
Ryan Jackson, Apollo	5	985	197.0	14	Donnie Fugate, Perry Central	5	39	575	115.0	0
Dusty Hall, Shelby Valley	6	1077	179.5	15	Brandon Aisept, Breathitt County	5	21	554	110.8	6
Scott Blair, Pulaski Southwestern	5	865	173.0	16	Clay Wolford, Lexington Catholic	6	36	635	105.8	13
Travis Atwell, Hancock County	6	1002	167.0	18	Corterris Reese, Waggener	5	25	497	99.4	10
Ray Childs, Nelson County	5	801	160.2	10	Travis Ervin, George Rogers Clark	5	21	475	95.0	5
Chad Lee, Carroll County	5	772	154.4	12	Tee Parks, Madison Central	5	31	462	92.4	7
Eric Shelton, Bryan Station	5	731	146.2	9	Landon Hawkins, Scott County	6	44	540	90.0	2
Monquante Gibson, Moore	5	723	144.6	6	Travis Brown, Graves County	5	21	448	89.6	4
Johnny Lash, Leslie County	5	717	143.4	6	Ben Smith, Taylor County	5	23	443	88.6	7
Derek Westbrooke, Hart County	5	695	139.0	8	Andrew Rhody, Western Hills	5	20	443	88.6	8
Jason Netherton, Monroe County	5	683	136.6	6	Heath Castle, Johnson Central	5	14	414	82.8	3
David Peters, Paintsville	5	670	134.0	10	Elonzo Scott, Doss	6	28	489	81.5	3
Michael West, Lawrence County	6	787	131.2	9	Gerard Parker, Lawrence County	6	19	469	78.2	7
Burris Madison, Daviess County	6	782	130.3	10	Jerry Weaver, Holmes	5	15	387	77.4	8
Charlie Smith, Newport	5	647	129.4	6	Chris Williams, Elizabethtown	5	16	384	76.8	7
Johnathan Taylor, Mason County	5	643	128.6	12	Donald Weaver, Ludlow	5	22	381	76.2	3
Jerry Southward, Paducah Tilghman	6	762	127.0	10	Detric Key, Franklin-Simpson	6	34	456	76.0	3
Damon Jamison, Lloyd Memorial	6	757	126.2	7	D.T. Boon, Pulaski Southwestern	5	16	375	75.0	3

Top 20 Passing Leaders (ranked by yards per game)					Top 20 Scoring Leaders (ranked by points per game)						
Player, School	G	ATT	CMP	P-Gm	TD	Player, School	G	TD	FG	Con	Per Gm
Allen Sperry, Breathitt County	5	125	75	279.4	20	Scott Blair, Pulaski Southwestern	5	19	2	13	27.0
Ryan Jones, Madison Central	5	139	80	253.8	12	Derrick Alphonso, North Hardin	5	17	0	0	20.4
Tim Neace, Perry Central	5	173	90	252.0	7	Travis Atwell, Hancock County	6	19	0	0	19.0
Chris Franklin, Paul Dunbar	5	142	71	238.6	14	Dusty Hall, Shelby Valley	6	18	0	2	18.3
Paul Hogan, Male	5	115	56	222.2	15	Ryan Jackson, Apollo	5	14	0	0	16.8
Dan Moser, Trigg County	5	122	67	196.2	8	Chris Williams, Elizabethtown	5	13	0	1	16.0
Justin Christman, Scott County	6	155	86	195.5	7	Ricky Boyd, Garrard County	5	13	0	1	16.0
Ryan Neff, Lexington Catholic	6	106	67	192.7	19	Travis Hughes, Lawrence County	5	11	0	6	15.6
Brandon Gupton, Taylor County	5	109	56	191.8	12	Johnathan Taylor, Mason County	5	12	0	2	15.2
Gino Guidugli, Highlands	5	101	54	190.6	11	Chad Lee, Carroll County	5	12	0	1	14.8
Matt Branham, Pikeville	6	132	71	190.0	14	Jon Lykins, Morgan County	5	11	0	4	14.8
Neil Warren, South Laurel	6	132	81	186.5	20	Clay Wolford, Lexington Catholic	6	14	0	0	14.0
Shane Boyd, Henry Clay	6	125	62	184.7	13	Phillip Allen, Oldham County	5	11	0	1	13.6
Travis Atwell, Hancock County	6	93	64	172.3	13	Leon Mack, Paul Dunbar	5	11	0	1	13.6
Antonio Thomas, Fairdale	5	104	40	170.0	11	Eric Shelton, Bryan Station	5	10	0	3	13.2
Blake Bramblett, Elizabethtown	5	115	50	166.8	9	Corterris Reese, Waggener	5	11	0	0	13.2
Spencer J., Mad. North Hopkins	5	130	55	164.0	4	Gerard Parker, Lawrence County	6	10	0	11	13.2
John Wesley Monin, Bardstown	5	134	70	158.2	7	David Peters, Paintsville	5	10	0	4	13.2
Stephen Hatchell, Graves County	5	84	46	150.2	7	T. Wilkins, Pleasure Ridge Park	5	11	0	0	13.2
Troy Thomas, Lou. Trinity	6	102	57	149.7	7	Ben List, Beechwood	5	10	0	3	13.2

Team Leaders		Top 20 Scoring Teams (ranked by points per game)	
School	Pts	Gm	Per Gm
Lawrence County	325	6	54.2
Henry Clay	314	6	52.3
Pulaski S. western	247	5	49.4
Male	246	5	49.2
Lexington Catholic	288	6	48.0
Bryan Statio	235	5	47.0
Hancock County	280	6	46.7
Bellevue	217	5	43.4
Breathitt County	211	5	42.2
Somerset	252	6	42.0
Pikeville	247	6	41.2
Garrard County	203	5	40.6
Highlands	201	5	40.2
Holmes	200	5	40.0
Paintsville	186	5	37.2
North Hardin	185	5	37.0
Johnson Central	184	5	36.8
South Laurel	218	6	36.3
Boyle County	217	6	36.2
Fairdale	179	5	35.8

Top 20 Scoring Defense Teams (ranked by points per game)		Top 20 Rushing Teams (ranked by yards per game)	
School	Pts	School	Yds
Hopkins Central	12	Lawrence County	2617
Bellevue	13	Lincoln County	1802
Beechwood	25	Bryan Station	1718
Campbellsville	31	Newport	1697
Carroll County	32	Johnson Central	1634
Holmes	44	Pulaski S. western	1580
Nicholas County	45	Daviess County	1878
Garrard County	47	Bullitt East	1561
Somerset	59	Russell	1561
Owensboro	62	Muhlenberg South	1840
Franklin-Simpso	65	Hopkins Central	1509
North Hardin	54	Shelby Valley	1768
Larue County	55	Whitley County	1470
St. Xavier	66	North Hardin	1460
Boyle County	68	Harlan	1698
Shelby Valley	68	Danville	1689
Newport	57	Nelson County	1404
Henry Clay	67	Bethlehem	1670
Russell	51	Garrard County	1374
Lou. Trinity	72	Christian County	1361

Top 20 Scoring Margin Teams (ranked by margin per game)		Top 20 Passing Defense Teams (ranked by yards per game)	
School	Per Gm	School	Yds
Bellevue	40.8	Shelby Valley	122
Henry Clay	40.5	Mason County	131
Pulaski S. western	35.2	Christian County	133
Lexington Catholic	34.8	Bardstown	165
		Allen Central	207
		Raceland	217
		Metcalfe County	185
		Owensboro Catholic	185
		Somerset	241
		Central Hardin	216
		Taylor County	226
		Apollo	229
		Bellevue	231
		Carroll County	232
		Garrard County	243
		Barren County	251
		Warren Central	309
		Nicholas County	258
		Paris	274
		Russell	275

Top 20 Rushing Defense Teams (ranked by yards per game)	
School	Yds
Hopkins Centra	73
Boyle County	285
Campbellsville	293
Carroll County	401
Pleasure Ridge Park	414
Bellevue	431
Bourbon County	524
Beechwood	468
Pike County Central	594
Muhlenberg South	600
Lexington Catholic	608
St. Xavier	617

Hometown Hero

Perry Jones: Just doing what he can to help

by Ed Taylor
Sports Editor

Floyd County has been blessed down through the years with people who want to be counted — but for the right things. People who are willing to help out anyway they can.

Perry Jones, a resident of the Left Beaver area is one of those folks and he is our hometown hero for this week.

Perry never really knew what it was to graduate from Wheelwright High School, but it was where his heart was. Perry has been part of the Wheelwright and the South Floyd programs for many years. He has seen coaches come and go.

One coach whom Perry affectionately remembers is Don Wallen, who died in August of this year. Wallen was a friend to Perry and often took him to games.

"One time his team was going to Georgia, and I wanted to go," said Perry. "Coach Wallen told me he wanted to take me, but he did not have room for me. So, I started out hitchhiking and beat them down there. I passed them in Johnson City, Tennessee."

Jones said he rode back home with Coach Wallen and the team.

"I loved working with him. I would travel with him a lot and help do some scouting. Don was a fine person."

"I started working with him in 1961 and stayed with him until he left. He took me to a lot of state tournaments and the Ashland Invitational. They played down there a lot," Jones recalled.

Jones said he would even hitchhike to Ashland, "and the coach would see me down there and say, 'come and go with me.'"

Perry Jones is often found at all the district and regional tournaments as he is the one in charge of watching out for the referees at each tournament. He has been a fixture for several years. He is also a big fan of South Floyd basketball and football. He was seen standing near the back gate of Brackett Field last Thursday night.

"I take up the money here at this gate," he said. "It hasn't been that busy tonight, but the other night it was."

Athletics has been a big part of Perry's life and he enjoys being

around the kids.

"I love the game," he said. "It's my life. All the coaches I have been associated with, have been good to me. Both in high school and college."

Throughout Kentucky and beyond its borders, people involved in high school and college sports know Perry Jones. He

school and played a little bit," he said. "Then I got involved with the high school teams, although I did not play. I did everything from mopping the floors to selling pop at games. During the football and baseball season I would help line the field off."

Jones has been dedicated to the high sports scene in Floyd County



Perry Jones

has made 39 trips to the Kentucky boys Sweet 16 and this year will make number 40.

Jones said the best Wheelwright team he has seen was in 1961 when Coach Wallen took his team to the state tournament.

"I helped Don that year, and that has to be the best team I have seen up there," said Jones.

Although he did not play high school sports, Jones did play basketball at Melvin Elementary.

"I took an interest in it in grade

and when the Raiders are not playing, he can be seen rooting on the other Floyd County teams. But he bleeds Trojan maroon, through and through.

"They all have been good friends to me. I have made a lot of friends over the years," he said. "I just love being around the kids and coaches."

(Editor's note: Do you have someone you would like to nominate for Hometown Hero? Call 886-8506).

BENTLEY Comments

Today, summer officially comes to end

by Rick Bentley
Sports Columnist

Today is a sad day for many of us who love sports.

Today, you see, is the last day of baseball season.

Today, the boys of summer fade to fall. Today, they walk off and leave us with our memories of another summer when we watched them live our dreams for us.

Today, we find ourselves on the wrong end of another wonderful summer.

Consider:
* The wonderful Cincinnati Reds. At the beginning of the season, many thought the Reds had a chance.

At winning half their games. Maybe.

Now, however, as I sit here Friday night trying to figure out how the Reds blew a 3-0 lead to drop a 4-3 decision to Milwaukee, they have a chance to not only make the playoffs, but also enter as Central Division Champs.

Whodathunkit?

Why, us, of course!

For those believing that, boy do we have some nice property to sell you. And cheap.

But it's true. The Reds have proven it could be done on a medium-market budget somewhere in the mid-\$30 million range. But what's been proven here is that it isn't the price tag that is important, it's the heart, the battle, and the rage.

These Reds have it, and therefore on this last day of the season, are all the rage in baseball.

Truly, for these Reds, it's all about them today.

* The New York Mets.
Come on, stop laughing. Oh, all

right, go ahead and laugh. I am.

With the exception of those Dodgers in L.A., this is easily the most hated franchise in the game. But for better than five months, it was a lock Bobby Valentine and crew would be playing past the first weekend of October.

In fact, many thought they could catch the Braves. They have six with Atlanta the last two weeks, they said. Just stay close and they have a chance they said.

And then they went to Atlanta, and in the Be Careful What You Wish For Dept., Atlanta swept the Mets in Georgia, and then, a week later with the Mets still winless since entering Turnerland, Bobby Cox's team went to the Big Apple and won two of three.

Stay close, they said. One game is close. But when it ended, the Braves were in front by eight games, and the Mets were in danger of not making the playoffs at all.

Poor Bobby Valentine. Unemployment is two blocks over, sir.

* The chase.

Now, this seems to have lost its luster in 1999, mainly because it's a re-run of last season. But the fact of the matter is what Sammy Sosa and Mark McGwire have done has done nothing but support the case that this is some kind of feat.

People stick their noses in the air and complain about this because it was done last year, but I beg to differ. If two other people had passed 60 this year, it would have made the feat seem less spectacular. But it's the same two guys.

This isn't less, it's more. And they deserve our praise and admiration.

Years from now, I'll be able to

tell my (mythical) children I saw Big Mac hit No. 61, which came Monday and went high, deep and far, landing in the red seats in Cinergy Field. That's the upper level, folks. That's quite a shot.

And the shot these two have given the game this year is no less brilliant simply because it's an encore.

* There are others. Tiger stadium, home of Detroit's baseball dreams since the beginning of this century, was closed this week. So was Candlestick Park.

Brilliant seasons were turned in again by Ken Griffey Jr., Chipper Jones, Alex Rodriguez, Derek Jeter and Manny Ramirez.

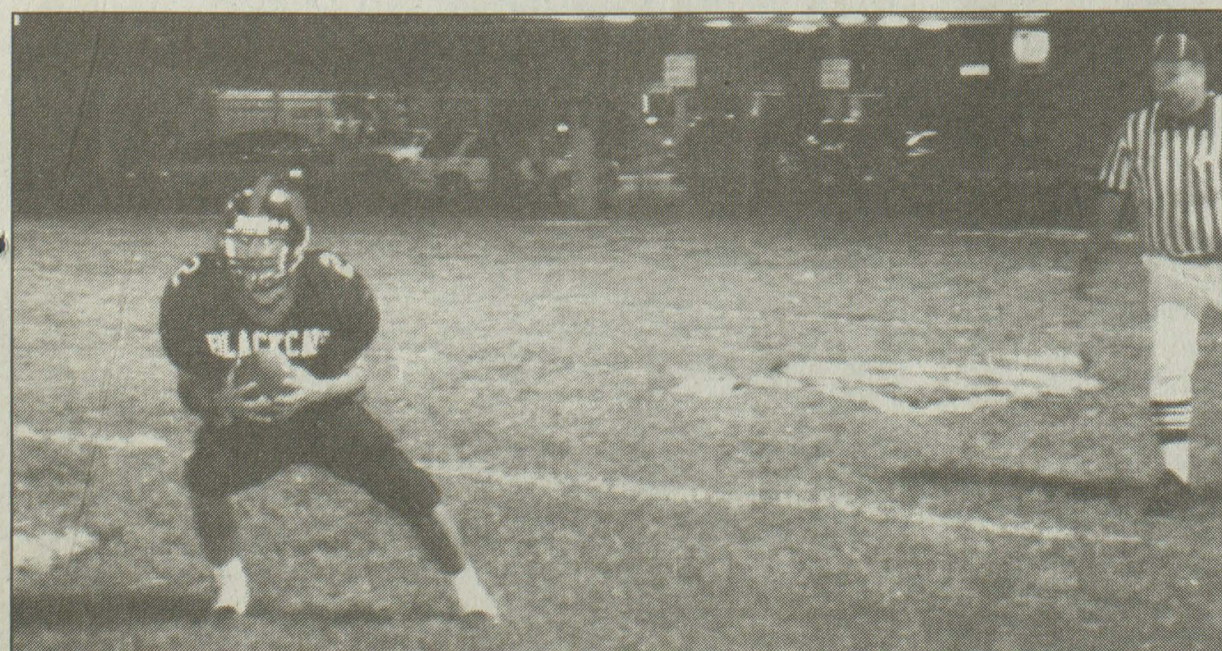
But perhaps none was more dazzling, and certainly none quieter, than the amazing Matt Williams, who has led Arizona to the post-season in its second campaign.

On the hills, people wondered what was wrong with Greg Maddox in June; by mid-September, he had 19 wins. Jose Lima proved he could be the heart and soul of the Astros, even if he only played one day a week.

But all paled in comparison to Boston's Pedro Martinez. Any writer caught not voting him the American League Cy Young should be denied voting privileges forever.

* Indeed this has been a beautiful summer. Now it fades to fall, and baseball rushes toward its World Series. I love the post-season, don't get me wrong.

But today, let's remember the Summer of '99, a wonderful time to be alive, and a glorious time to be a fan of the Great American Pastime.



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insider golf

by t.j. tomasi

Director of the Players School at PGA National

TEERING OFF

A Good Teacher Makes Learning Golf A Lot Easier

An important element of learning the game of golf is finding the right teacher. Here are a few characteristics you should look for. A good teacher is close-mouthed and brief when necessary, but explicit down to the last molecule of explanation when the situation calls for it. The material and its presentation depends not on the teacher's preference but on the student's needs, and some students need the whole enchilada, while some cannot stomach it.

Two things a good teacher knows are the subject matter and the pupil. A good teacher realizes that while all humans are mixtures of learning styles, some students need to know everything and some don't.

Some students need to see lines and angles, because that's how they

learn best. There is a world of whys and wherefores, a logical place where cause and effect runs the show. Offer a golfing homily on "holding the club as if it were a little bird" to this student and he's down the road. They're the visual, analytic learners; they SEE what I teach.

Other students want to be put in the position so they can feel it. They don't care what happens when they release the club; they want to know how it feels. These are kinesthetic, concrete learners; they GET IN TOUCH with the game.

Still others want to hear the game, to catch the rhythm of the movement and fit it into their timing and tempo. They want teachers to translate their instruction into the personal cadence they use to navigate their environment. They're auditory learners; they HEAR

what they're taught.

Different people process the world differently. Each golf student converts the instruction coming in through their senses into their dominant learning mode. And a good teacher should shape the presentation so it caters to that mode.

If the teacher does this, you won't have any trouble learning golf, even though it's pretty complex. There are many teachers who can teach like this. See your PGA pro and you'll no doubt meet one.



Mike Adams (right) is one of the best at what he does. Here we are teaching at our golf school at PGA National in Palm Beach Gardens, Fla. I'm working with my student on what it feels like to stay behind the ball. Mike is explaining the mechanics of a good takeaway. It's up to the teacher to customize each lesson based on the student's learning style.

ASK THE PRO

Q: Is there a USGA rule that specifies the minimum distance that the pin must be placed from the edge of the green, and if so, what is the distance and the rule number?

— Joey from Tullahoma, Tenn.

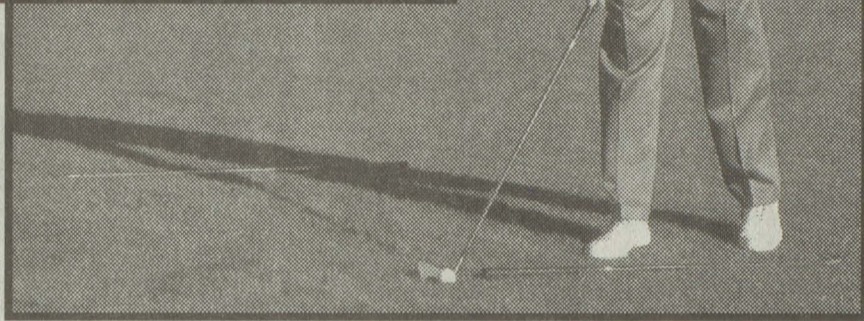
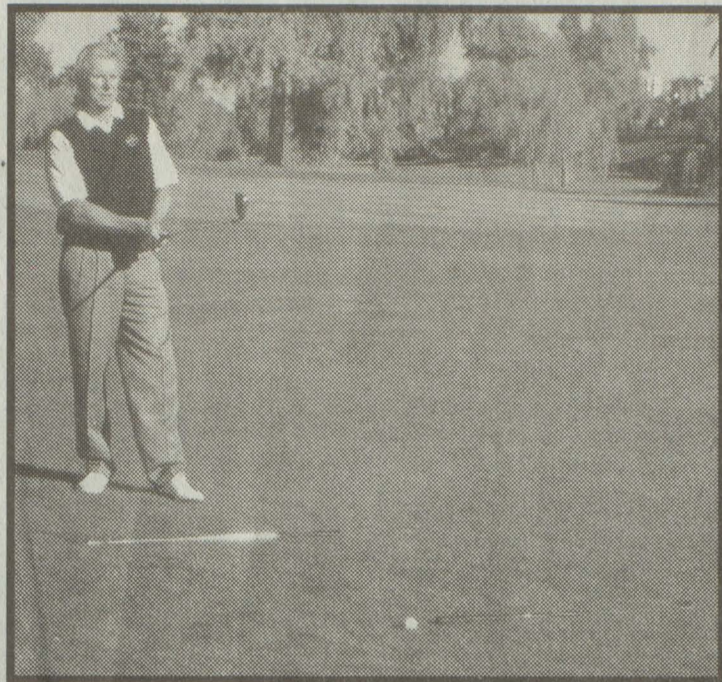
A: There are no rules regarding hole locations, Joey, so there is no such thing as an "illegal" hole location.

It's recommended that the hole be located at least five paces from the edge of the green, and that an area two to three feet around the hole should be as level as possible. The USGA says that in no case should holes be located in tricky places, or on sharp slopes where a ball can't be stopped.

That's not what happened when the USGA used a pin location in the 1998 U.S. Open at the Olympic Club that was so unfair it had the normally unflappable Tom Lehman screaming obscenities at the tournament officials. To his credit, instead of using the shopworn and illogical "It's the same for everyone" reply, Tom Meeks, the USGA official who sets the pins, said simply, "I blew it."

To Ask the Pro a question about golf, e-mail him at: TJInsider@aol.com.

IT'S GOOD FOR YOUR GAME



Stand behind the ball and pick a specific target, then choose a distinguishable mark or object on your intended target line a foot or two in front of the ball. When you walk in to address the ball, this intermediate target will confirm the line you selected from the ideal vantage point behind the ball. The club on the ground represents the commitment line — don't cross it until you're fully committed to the shot you've chosen to play.

Inconsistent Swing Starts With Inconsistent Routine

A good pre-shot routine is an important part of shotmaking, something the good players have known and been doing since golf began.

To qualify as a routine, you have to do the same things in the same sequence for every full swing. Unfortunately, most golfers don't do this.

Sometimes they stand behind the ball to plan the shot; sometimes they just walk in from wherever they happen to be standing. One time they'll take two practice swings, another time one, and sometimes none at all. Many golfers take their address position with their body first and then try to aim the clubface at the target.

The point is that inconsistency in the pre-shot routine breeds inconsistent golf shots, so let's get consistent.

Stand behind the ball and pick a specific target. Take a practice swing and make it a true rehearsal of the actual shot by swinging in the direction of the target, off a similar lie, and at the same speed as the swing you are about to make.

If you're hitting a driver from the tee, make sure you don't take a divot; if you're hitting an iron, make sure the club takes a little grass. Once you've pictured the shot in your mind and made a practice swing, take

a deep breath to relax.

Now step into your address position with your back foot leading the way. Before you bring your front foot into position, sole the clubface behind the ball so it points at the target. Then, keeping the clubhead in its exact position, bring your front foot into place so your body is perpendicular to the leading edge of the clubface. You have now locked in your direction.

From this position, take one look at the target by rotating your head without lifting it, waggle and swing, allowing the speed of your swing to produce the correct distance.

Each individual's routine will have its own nuances. For instance, you may want to look at the target twice before you swing. But the important point is to be consistent. If you normally look at the target twice, but while playing a particular shot (usually under extra pressure) you find yourself looking a third or fourth time, your routine has been broken.

This is a clear indication that you're uncertain about some element of the shot. Treat this as a signal to step away, gather more information (perhaps switch clubs), and then step up to the ball with a re-affirmed commitment to your plan and make your best swing.

Inconsistency in the pre-shot routine breeds inconsistent golf shots.

QUOTE OF THE WEEK

“ I want to work through the perception that just because we may not be as successful as the PGA Tour does not mean we are not successful.

”
—Ty Votaw, the 37-year-old commissioner of the LPGA Tour, working to change how the public views women's golf

BIRDIES & BOGEYS

What a Team!

Neighbors and close friends Mark O'Meara and Tiger Woods will represent the United States at the 45th World Cup of Golf, Nov. 18-21, at the Mines Resort in Kuala Lumpur, Malaysia. Woods is at the top of his game, having won five times on the tour this year, including his second professional major, the PGA Championship at Medinah Country Club. O'Meara, owner of 23 worldwide titles (16 on the PGA Tour), won the Masters and British Open last year and was voted the PGA Tour Player of the Year. It's a strong team even though O'Meara isn't playing that well currently. But it's my guess that with Tiger as a partner, he'll rise to the occasion.

Women, Golf and Business

Men have always used golf as a platform for business, but in ever growing numbers, women are cashing in on the game. According to the National Golf Foundation, more than half of the 6 million women golfers say they use the game as a business tool.

And do women take longer to play golf? No, says the NGF. Women are actually faster than men on the course. Even though women average 17 more swings over 18 holes than men, studies show that women who play regularly actually finish a round 10 to 12 minutes faster than men.

GOLF SPOKEN HERE

Stroke

This is a versatile word in golf. It is sometimes used to differentiate between the upper-body motion used for putting and the motion for long shots called a "swing." Stroke is also the system used to keep track of your score, as in "I took 85 strokes." Each time you hit a ball it counts as a stroke. And then there's the penalty stroke — the addition of a stroke to your score because of a rules infraction.

DON'T MISS IT

Physics 101

■ If you're interested in the science of sports, Don't Miss "What Makes a Boomerang Come Back" by Sharon Blanding and John Monteleone. It's filled with fascinating facts about how things in 19 different sports work, including an excellent chapter on golf: lift, drag, spin, how to read a green and how a golf ball is made. And, of course, you'll find out what makes a boomerang come back. Look for it in your local library.

ABOUT THE AUTHOR



Dr. T.J. Tomasi is the director of the Players School at PGA National in Palm Beach Gardens, Fla. He is a member of the elite Top 100

Teachers chosen by Golf Magazine for 1999 and is a Class A PGA teaching professional.



TOUR STATS

Driving Distance Leaders on the LPGA Tour

PLAYER	YARDS PER DRIVE
Jean Bartholomew	260.5
Caroline Blaylock	260.3
Wendy Doolan	259.9
Smriti Mehra	258.5
Sherri Turner	257.5
Se Ri Pak	257.3
Kris Tschetter	257.1
Akiko Fukushima	257.0
Annette DeLuca	257.0
Sally Dee	256.7

(as of Sept. 15)



Annette DeLuca was in one of my Players' Schools. She is going to be a star.

TROUBLE SHOTS

Greenside Bunker Shot Is a Close Shave

As you prepare to make your greenside bunker shot, picture your ball sitting on the center of a dollar bill, resting on the sand. The idea is to take a thin layer of sand, about the size of the bill, out from under the ball.

I call it the splash shot to emphasize that the clubhead doesn't dig; it splashes into the sand behind the ball. You'll know you've done it correctly because a well-hit splash shot sounds like a pop rather than a thud.

Pick a spot about an inch and a half behind the ball and hit that spot rather than the ball. Remember that for the bunker shot, your club never contacts the ball, so the ball rides out of the bunker on a cushion, or splash, of sand.



Your sand wedge has bounce, a specially designed bulge in its sole that allows your club to skim through the sand. Shown here are two different amounts of bounce: a lot (on the right), favored by the average player; a little (on the left), favored by the expert.

SPORTS IN PERSPECTIVE

by Denis Harrington

Each year when professional football rears itself from the lethargy of yet another off-season and promptly pushes all other sporting events to the back page, it is always to the accompaniment of media talk about who's hot and who's not.

Can the Denver Broncos threepeat? Will the AFC East prove to be the most competitive division in the NFL? And what about Barry Sanders, is his retirement for real? For many long-in-the-tooth writers of sports prose these questions posed with a certain air of pretentious portent are strictly old hat. Only the names have changed

through the years.

It wasn't all that long ago, or so it seems, that the same wondering concerned the Pittsburgh Steelers, four-time Super Bowl champions and masters of all they surveyed. In harkening back to that time one's thoughts naturally turn to the architect of this wonderful run of gridiron magic - head coach

Chuck Noll.

Despite his unparalleled success, Noll has never received the attention so freely bestowed upon such contemporaries as Tom Landry, Don Shula and Bill Walsh. To this day, he is much misunderstood.

Few people know that Noll was a pretty fair football player in his

salad days. He played guard for some of the most potent offensive lines of Paul Brown's reign in Cleveland.

Noll earned the reputation of a dedicated, hard-nosed grunt who gave no quarter and asked none. If he received a cheap shot, he never failed to even accounts with the perpetrator, no matter how long it took. He was tough from top to bottom.

This flinty persona accompanied Noll into the coaching tenure and marked his lengthy tenure with the Steelers. No one ever became close to him, not even Pittsburgh president Dan Rooney.

"Chuck always made sure people didn't get too much of him," Rooney said. "He liked to keep an air of mystery about him."

Commenting on this penchant for privacy, Noll said, "I hate to bare myself to the world. You kind of feel naked when you do that."

Art Rooney Jr., former director of scouting for the Steelers, once observed, "I admire Chuck, but he's never been a good friend. He isn't the kind of a guy you'd want to have a beer with or take to a game."

Noll's aloof veneer prevailed in his treatment of team members. He frequently forgot their names and was not loath to trade them if they failed to live up to his expectations.

When Franco Harris, the Steelers' standout running back, missed most of training camp one year in a contract dispute, Noll referred to him as "Franco who?"

Great defensive back Mel Blount sued Noll for slander. And Hall of Fame quarterback Terry Bradshaw still harbors resentment

against Noll for dismissing him so quickly after an elbow injury hindered his ability to throw effectively.

"It's a cold-hearted business," Noll said. "My job is to help the players realize their potential. The only thing anybody understands is winning, and to do that you have to put the best people on the field. Everything else is unimportant."

Not one to promote himself, Noll steadfastly resisted all media intrusions. His interviews were brief and pointed. Sorry, no photographs and close the door behind you.

His attainments notwithstanding, Noll was never named NFL Coach of the Year. This light hardly rated his notice.

"This doesn't bother me," he said. "Not winning is the only thing that bothers me."

Noll's approach to coaching was as direct and unembroidered as his personality.

"The basic fundamentals of football win games, not X's and O's," he said. "With trick plays and gimmicks you only fool the people you can beat anyway. You have to determine how you're going to do it and not flim-flam back and forth."

In the end, he had to choose between making changes in his coaching philosophy or retire. Unwilling to compromise his principles, he simply walked away sans fanfare.

"We probably should have won eight (Super Bowl) titles," he said. "So I'll take credit for the four we didn't get."

Chuck Noll remains one of sports most puzzling enigmas.

Breathitt County defeats Blackcats, again

by Karen Joseph
Contributing Writer

The Prestonsburg Lady Blackcats were host to the Breathitt County Bobcats on Thursday night. Prestonsburg lost when they traveled to Breathitt County earlier this month and they were really hoping to even the score with Bobcats.

The Blackcats gave the Bobcats a tough game in the first match, but the Bobcats controlled most of the second match. The Blackcats fell to the Bobcats for a second time 15-9 and 15-5.

The Breathitt County volleyball team is a very talented bunch of young girls. You can tell they take volleyball very seriously. They set the ball up and then spiked it at crucial moments to get the score.

The Blackcats knew how the Bobcats played and had tried to prepare a defense. The Lady Blackcats played a very good game. Amelia Conley had several good spikes. The Blackcats are getting better in setting up the ball for the spikes.

Stephanie Adams served for the Blackcats to start the game. Adams scored two points before giving the ball up to the Bobcats. It was pretty much back and forth between the teams in the first rotation. Angela Howell and Chrissy Nelson scored one point each for the Blackcats. After the first rotation, the score was 10-4 in favor of the Bobcats.

On the first serve of the second rotation for the Bobcats, Stephanie Gross pretty much put it away for her team. She scored four straight

points for the Bobcats.

Stephanie Adams and Angela Howell tried to get the Blackcats back in the game by scoring two points each. Lauren Majakey scored one point for the Blackcats, but it was not enough. The Breathitt County Bobcats won the match 15-9.

In the second match, it took the Bobcats only three serves to defeat the Blackcats. Noel Shultz scored ten points for the Bobcats. The Blackcats had only two girls to serve in the match. Stephanie Adams scored three points, and Brooke Coleman scored two, giving the Blackcats their only five points.

The Bobcats won the match 15-5, giving them the game. The Blackcats record goes to 10-3.

They traveled to Powell County on Saturday to participate in the Powell County Invitational.

The Prestonsburg Junior Varsity lost to the Bobcats, also. In the first match it was the Bobcats winning 15-11. Chereshe Shepherd scored seven points for the Blackcats. Lauren Majakey scored three points, and Miranda Sturgill scored one point.

In the second match, the Blackcats gave the Bobcats a good game. But the Bobcats won the match and the game, 15-13. Chereshe Shepherd, Lauren Majakey, and Erin Majakey each scored two points for the Blackcats. Ashleigh Ousley had three and Courtney Harris had five points for the Blackcats for a total of 13 points.



Courtney Harris hit the ball as Chereshe Shepherd looked on. Courtney scored a total of five points in Prestonsburg loss to Breathitt County. (photo by Karen Joseph)

JB Sports

Couch and friends to host golf tournament for teammate; Schott gone and Mumme is mad

by Jason Blanton
Sports Columnist

During Thursday night's Apple Bowl, former University of Kentucky and Paintsville Tiger gridiron star Joey Couch made it up to the pressbox.

We had a chance to talk for a couple of minutes and the subject got around to former teammate Jerry Bell.

Bell, a former University of Kentucky defensive tackle, was shot in the head and critically wounded three years ago.

Both of his parents are on disability and have a hard time taking care of their son.

Couch and another eastern Kentucky native Freddie Maggard are two of a slim number of Bell's old gang that hasn't forgotten him.

On Oct. 14 at Connemara Golf Links outside Nicholasville, friends will have a golf tournament. The tournament is scheduled for the weekend that the Wildcats are having Homecoming.

This way, some of the other former players and fans will get a chance to help out Bell, who had to learn to talk and walk all over again after the shooting.

Money raised by the event will go help Bell's family pay medical bills.

"He's made such great progress

since the shooting," Couch said. "The doctors didn't think that he would make it, but he showed them. Jerry is such a great guy and we feel that this is the least we could do to help the family out."

Couch stated that the group would have several items to auction off during the tournament. Included in the list of things, Couch hopes, will be a couple of Tim Couch autograph items.

Schotts reign finally over

As the Cincinnati Reds fight for their postseason lives, Marge Schott formally transferred control of the team on Friday.

The 71-year-old completed a \$67 million deal to give control of the Reds to new chief executive officer Carl Lindner.

Schott had been the controlling partner of the team since 1984 and her tenure was marred by offensive remarks to women and minorities.

But with all the bad things, Schott did love her Reds and I think she did care about baseball.

Major League Baseball wasn't ready for a woman to be in charge of a team, especially a woman like Schott.

Maybe she was too much like the "good ol' buddy" club.

Now, she is in the past.

Lindner now has one of the hottest teams in baseball and with a new stadium only a couple of seasons away, it is in his hands to make the Reds a great team.

According to several reports, Lindner and the new Reds ownership have deep pockets.

Let's just see what they can do with the team.

Mumme on defensive

During the Big Blue Line, the University of Kentucky's call-in show, Monday night Wildcat football coach Hal Mumme wasn't a happy camper.

Mumme took exception to callers not liking the way that the defense — to be more exact coordinator Mike Major — is playing.

I had a flashback of how former basketball coach Rick Pitino sounded in his first years with the Wildcats.

Mumme has to understand that Kentucky fans are "True Blue" and if the one part of the team that was supposed to be the key isn't playing up to par then people aren't going to be happy.

Yes, he had one good year, but if he is going to tell fans that if they don't like the way things are going then find a new team to support, then there might be a lot of empty

seats at Commonwealth Stadium.

Kentucky hosted Arkansas Saturday afternoon, and as of Saturday morning tickets were still available for the contest.

Young guns

This week, several local high school golfers will be competing in the State High School Golf Tournament in Richmond.

The Johnson Central boys' squad set a new regional record with a team score of 294 while Prestonsburg's Ryan Martin captured the medalist honors at the Mountain Public Link Course at Johns Creek.

It was the first regional crown for the Golden Eagles since 1981.

What caught my eye was that underclassmen really did well last Tuesday in the Region 11 event.

Three - Dustin Jones, Chad Carroll and Matt Cantrell - of Johnson Central top golfers are only sophomores as well as Martin.

The sophomore class turned in five of the top six scores in the tournament.

Paintsville finished second with a score of 309 led by sophomore Nathan Haney.

With all the young talented golfers, things should be very interesting in the next few years on the local courses.

Pikeville scholarship golf tourney a success

The Pikeville College Golf Tournament was held Monday, September 27, at the Green Meadow Country Club.

The event was sponsored by Gearheart Communications, Appalachian Wireless, Intermountain Cable and Mikrotec Internet Service.

The net winner was Ron McCoy, who carded a 60, winning by three strokes. Bunker Tackett and Randy Blankenship finished with 63. There was a tie for fourth place, as Jimmy England, Joe Bryant and Verl Newsome scored 65.

Four players tied for seventh with scores of 66. They were Jack Absher, Mark Gooch, Steve Ray and Jay Stanley. Spud Steele was 11th with a 67. Four players carded 68s, including Jack Sykes, Mike Castle, Bill Damron and John Sealf.

The winners for most accurate drive were Bill Dugan, morning, and Randy Blankenship, evening. For longest putt, the morning winner was Lenny Taylor, while Frank Johnson won in the afternoon.

The morning winners for closest to the pin were Jim Abshire, fourth hole; Randy Blankenship, sixth hole and Bunker Tackett, eighth.

In the afternoon, closest to the pin, Randy Blankenship, fourth hole, Steve Ray, sixth hole and

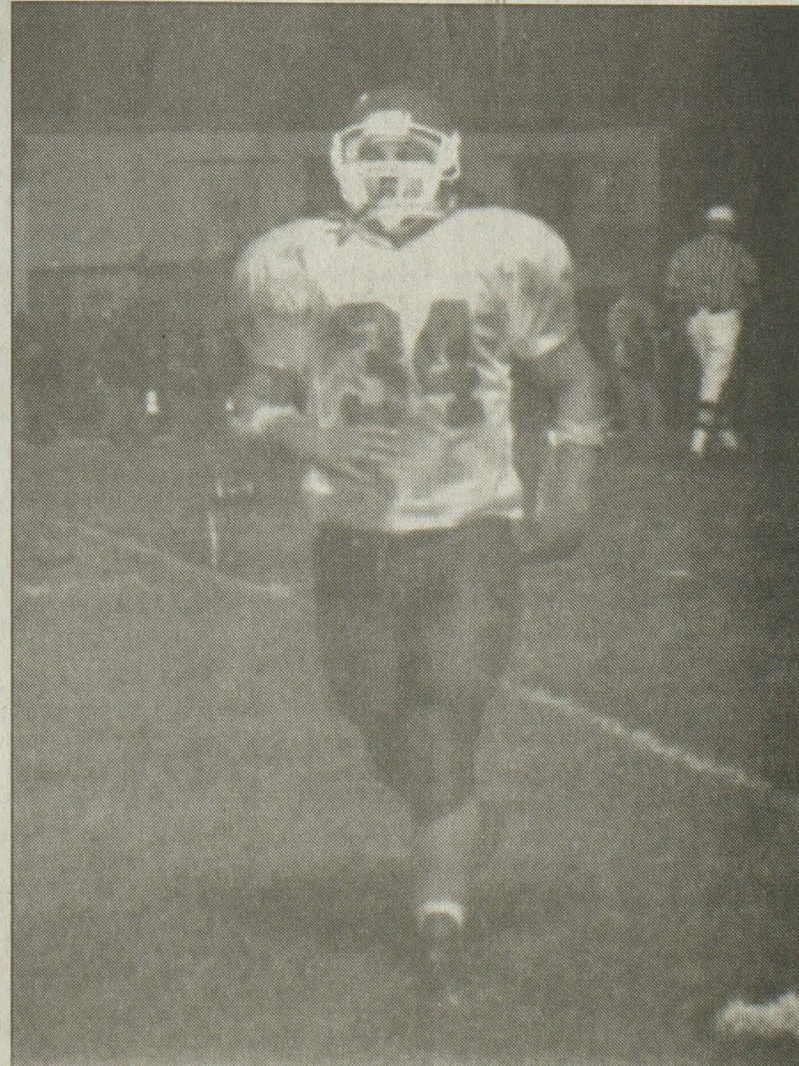
Bill Watson, eighth hole.

On longest drive, the morning winner was Jean Owen, while the winner in the afternoon was Tom Dotson.

"We'd like to thank everyone involved for their help in this tournament," said Ron Damron, vice-president for enrollment and financial aid. "We'd like to thank our sponsors for their help, and everyone who played in the tournament. It was a tremendous success, and we at Pikeville College want to thank all those responsible."



Adam Collins
Betsy Layne High School



Ricky Goble—Betsy Layne High School

INSIDE THE PRO FISHING TOUR

Fishing Farmer Makes Some Hay

Imagine winning \$250,000 — the most lucrative first-place payout ever in tournament fishing. Then imagine going back to work on the family farm. That's exactly what awaits **Darrell Robertson** of Oklahoma, who won the \$450,000 Wal-Mart FLW Tour Championship Saturday on Fort Gibson Lake in the Sooner State.

"I'm as excited right now as I have ever been in my life," said Robertson, whose biggest career moment was secured by a buzzbait, Cordell Rattlin' Spot and Zoom Brush Hawg. "I don't know if I'm going to fish professionally for a living in the future."



Tim Tucker's Tour Notebook

"I think an awful lot of the farm." In the final round, Robertson's 14-pound, 6-ounce catch easily defeated Missouri pro **Eric Holt** (8-12) and Florida's **Steve Daniel** (4-5). The championship event of the \$4.4 million circuit pitted the circuit's top 50 pros against each other.

VanDam Shines Again Reigning BASS Angler of the Year **Kevin VanDam**, the sport's 31-year-old superstar from Kalamazoo, Mich., added another jewel to his resume with a wire-to-wire victory in the BASSMASTER Eastern Invitational event, which ended Saturday, in the Thousand Islands area of New York.

VanDam collected a three-day total of 51 pounds, 4 ounces to win his sixth BASS victory by nearly 3 pounds. The \$42,000 took him over \$800,000 in career BASS earnings.

His strategy included a long run across Lake Ontario to an open-water area loaded with smallmouth bass. His victory came on a Strike King Elite spinnerbait, a KVD Pro Model tubejig and various jerkbaits.

Hall of Fame There is a move afoot to recognize the very best in tournament fishing with the establishment of the Professional Bass Fishing Hall of Fame in Hot Springs, Ark.

Plans call for a \$15 million complex to be financed mostly by private and corporate contributions. The 30-acre site will include the Hall of Fame as well as an amphitheater, observation area and tournament facility.

The project received its first matching funds recently when Arkansas Gov. **Mike Huckabee**, an avid bass angler, presented the hall with \$15,000 and a promise for future funding.

Musical Bass Legendary angler **Tom Mann** has joined forces with country music star **Jeff Cook** of the group Alabama and an investor to create a new tackle company and television fishing show.

Mann, Cook and **Salvador Diaz-Verson** recently formed Salco Enterprises LLC, which purchased the assets of Tom Mann Outdoors, Designer Lures and Fish World Lures. The new company's lure lineup will be promoted on its planned Cook & Mann Outdoor Show, which will air on the Outdoor Channel and select local markets throughout the country.

"One of our goals is to make good lures, but also we are going to have the No. 1 fishing show in the U.S.," Mann said.

Tim Tucker's Pro Power Ratings

Star indicates a pro who is coming on strong.

This Week	Last Week	Angler	Hometown
1	1	15	Denny Brauer, Camdenon, Mo.
2	2	15	Davy Hite, Prosperity, S.C.
3	3	15	Larry Nixon, Bee Branch, Ark.
4	4	15	Kevin VanDam, Kalamazoo, Mich.
5	5	15	Rick Clunn, Ava, Mo.
6	6	15	George Cochran, Hot Springs, Ark.
7	9	15	Stephen Browning, Hot Springs, Ark.
8	7	12	Alton Jones, Waco, Texas
9	8	11	David Walker, Cannon, Ky.
10	11	15	Zell Rowland, Montgomery, Texas
11	12	12	Clark Wendland, Cedar Park, Texas
MegaBucks runner-up			
12	10	15	Mark Davis, Mount Ida, Ark.
13	13	11	Pete Thivieros, Jacksonville, Fla.
14	14	5	Roland Martin, Clewiston, Fla.
15	15	9	Dean Rojas, Lake Havasu City, Ariz.

BASSMASTER INVITATIONAL RESULTS

Here are the top finishers in the BASS Eastern Invitational tournament held Sept. 23-25 on the St. Lawrence River at Clayton, N.Y., including angler, hometown, number of fish caught (and number dead), total weight and earnings.

Angler	Hometown	Fish	Weight	Earnings
1. Kevin VanDam	Kalamazoo, Mich.	15/0	51-04	\$42,000
2. Chip Harrison Jr.	Bremen, Ind.	15/1	48-06	\$27,000
3. Richard Skelly	Wapakoneta, Ohio	14/0	47-01	\$25,000
4. Gerald Beck	Lexington, N.C.	15/0	46-02	\$9,000
5. Robert Strader	Sandusky, Ohio	15/0	44-09	\$6,250
6. Kelly Albert	Gallatin, Tenn.	14/0	44-09	\$6,250
7. Craig Kettalkamp	Clifton Springs, N.Y.	13/0	43-11	\$5,000
8. Ernest Freeman	Waldorf, Md.	14/0	42-07	\$4,500
9. Mark Rose	Marion, Ark.	15/0	42-04	\$4,000
10. Mark Reynolds	Clewiston, Fla.	15/0	41-15	\$3,700
11. Tom Dolin	Palatine Bridge, N.Y.	15/0	41-09	\$3,200
12. Woo Daves	Spring Grove, Va.	15/0	41-03	\$2,900
13. John W. Gardner	Glastonbury, Conn.	12/0	39-06	\$2,500
14. Dave Barnes Sr.	Weeks Mills, Maine	15/0	38-02	\$2,300
15. Charlie Hartley	Grove City, Ohio	13/0	37-15	\$2,200
16. Michael Lacerelli	Woodbury Hts, N.J.	15/0	37-08	\$2,000
17. Scott Patton	Brooks, Ky.	15/0	37-07	\$2,000
18. Jody Cordell	Stone Mountain, Ga.	15/0	37-05	\$2,000
19. Mark Menendez	Paducah, Ky.	15/0	37-05	\$2,000
20. Coby Carden	Shelby, Va.	15/0	37-04	\$2,000
21. John Sappington	Wyandotte, Okla.	15/0	36-14	\$1,900
22. Danny Correia	Marlboro, Mass.	11/0	36-12	\$1,900
23. Robert Soley	Helmetta, N.J.	13/0	36-06	\$1,900
24. Jon Wheeler	Mapleville, R.I.	14/0	36-04	\$1,900
25. Art Ferguson III	Rochester, Mich.	14/0	35-13	\$1,900
26. Bobby Wilson	Alcocks, S.C.	14/0	35-11	\$1,800
27. Ed Klappett	Walkkill, N.Y.	12/0	35-07	\$1,800
28. Chris Elliott	Raleigh, N.C.	14/0	35-02	\$1,800
29. Ken McIntosh	Leesburg, Ind.	15/0	35-01	\$1,800
30. Jonathan Rogers	Merrimack, N.H.	15/0	34-12	\$1,800
31. Terry Baksay	Monroe, Conn.	13/0	33-13	\$1,700
32. Mark Zona	Sturgis, Mich.	12/0	33-10	\$1,700
33. Gerald Gostenik	Dearborn, Mich.	14/0	33-07	\$1,700
34. Kevin Wirth	Crestwood, Ky.	12/0	33-06	\$1,700
34. Jeffrey Thomas	Broadway, N.C.	13/0	33-06	\$1,700
36. Devin Johnson	Ontario, Quebec	13/0	33-03	\$1,600
37. James A. Parker	Fayetteville, N.C.	15/1	32-13	\$1,600
38. Jim Sheehan	Fayetteville, N.C.	15/0	32-11	\$1,600
39. Bobby Padgett	Columbus, Ga.	15/0	32-10	\$1,600
40. Dan Jackson	Youngsville, N.C.	11/0	32-07	\$1,600
41. Frank M. Kitchens III	Jackson, Ga.	15/4	31-14	\$1,500
42. George Hutchinson	Mullica Hill, N.J.	14/0	31-11	\$1,433
42. Duane Lewis Jr.	Dresden, Maine	12/0	31-11	\$1,433
44. Mike Hicks	Richmond, Va.	14/0	31-11	\$1,433
45. William A. Wood	W. Palm Bch, Fla.	14/0	31-10	\$1,400
46. Joe Crosby	Cumming, Ga.	12/0	31-05	\$1,400
47. Tim Farley	Lula, Ga.	13/0	31-04	\$1,400
48. Greg Finchum	London, Ohio	14/0	31-03	\$1,400
48. Jeff Caldarudo	Bridgeton, N.J.	12/0	31-03	\$1,400
50. Jeffrey Hippert	Buffalo, N.Y.	12/0	31-02	\$1,400
51. Pete Madam	Manning, S.C.	13/0	30-14	\$1,000
52. Danny Kirk	Bartow, Ga.	14/0	30-08	\$1,000
53. Chris Daves	Spring Grove, Va.	13/0	30-07	\$1,000
54. Jimmy Millsaps	Canton, Ga.	12/0	30-02	\$1,000
55. Paul Smietana	Norton, Mass.	13/0	29-14	\$1,000
56. Sandy Melvin	Boca Grande, Fla.	13/0	29-14	\$1,000
57. Barry DiAntonio	Dover, Del.	15/0	29-09	\$1,000
57. Randy Yager	Syracuse, N.Y.	15/0	29-09	\$1,000
59. Scott Webster	Clinton, Mich.	13/0	29-08	\$1,000
59. Freddie Franklin	White Post, Va.	11/0	29-08	\$1,000
61. Danny White	Milldegeville, Ga.	14/0	29-07	\$1,000
62. Charlie Youngers	Oviedo, Fla.	15/0	29-05	\$1,000
63. Tommy Stiles	McMinnville, Tenn.	13/0	29-02	\$1,000
64. George Cochran	Hot Springs, Ark.	10/0	29-01	\$1,000
65. Roger C. Miller	Ottawa Lake, Mich.	11/0	28-15	\$1,000
65. David Frost	N. Haledon, N.J.	13/0	28-15	\$1,000
67. Robert Graham	Mooreville, N.C.	12/0	28-14	\$1,000
67. Stephen Browning	Hot Springs, Ark.	14/0	28-14	\$1,000
67. Jim Just	Clearwater, Fla.	15/0	28-14	\$1,000
70. Joe Stiehl	Appleton, Wis.	11/0	28-13	\$1,000
71. Danny Isenhardt	Mequon, Wis.	13/0	28-11	\$1,000
72. Gerald Brumbaugh	Martinsburg, Pa.	14/0	28-09	\$1,000
73. Thomas Dezauche	Theodore, Ala.	11/0	28-08	\$1,000
74. Marcel Veenstra	Newtown, Pa.	13/0	28-07	\$1,000
75. Alan Rusk	Dahlonega, Ga.	12/0	28-05	\$1,000
75. Jay Yeiss	Tyler, Texas	11/0	28-05	\$1,000
77. Duke McCordle	Marietta, Ga.	12/0	28-03	\$1,000
78. Ray Sedgwick	Cross, S.C.	12/0	28-02	\$1,000
79. Greg Alexander	Hebron, Md.	13/0	28-00	\$1,000
79. Troy G. Thraen	Old Hickory, Tenn.	11/0	28-00	\$1,000
81. Joe Thomas	Milford, Ohio	13/0	27-10	\$1,000
82. Jason Roberts	Greenwood, Ind.	12/0	27-09	\$1,000
82. John L. Chaffo	Pittsburgh, Pa.	11/0	27-09	\$1,000
84. Troy Watkins	Williamston, S.C.	12/0	27-07	\$1,000
85. Scott Stills	Kissimmee, Fla.	14/0	27-06	\$1,000
86. Takahiro Omori	Emory, Texas	9/0	26-10	\$1,000
86. Kevin Long	Oxford, Mich.	12/0	26-10	\$1,000
88. William D. Capwell	Macungie, Pa.	13/0	26-03	\$1,000
89. Todd Auten	Gastonia, N.C.	10/0	26-02	\$1,000
90. Wm. Dennison III	Willoughby, Ohio	11/0	25-15	\$1,000

A weekly guide to sports in the wild, including the professional bass fishing tour

Outdoors

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YOUR SPORTS

How To CHOOSE



By STEVE DUJACK

You've seen them, perhaps lusted after them, maybe even hated them when the minority of careless users ruined a natural setting. Yet used properly, a mountain bike can open up an extended realm of destinations for thrill seekers and nature lovers — and hunters and anglers too. A mountain bike allows you to travel about four or five times farther than you can hike for a given level of effort. And once you learn the skills to ride off-road, you'll find yourself taking your bike out on local trails purely for the exercise and fun. But buying one is a serious investment, and means confronting a confusing array of features.

Start by finding a good bike shop, perhaps through the recommendation of a cyclist friend. A good store will stick with you after the purchase and continue making adjustments as necessary, as well as handling repairs and maintenance. And the good shops don't carry the "lead sleds" that fill the showrooms of the big chain stores.

At Metropolis Bicycles in Arlington, Va., I met Tom Stokes, the general manager, who has 20 years of experience introducing people to the bicycles that suit them.

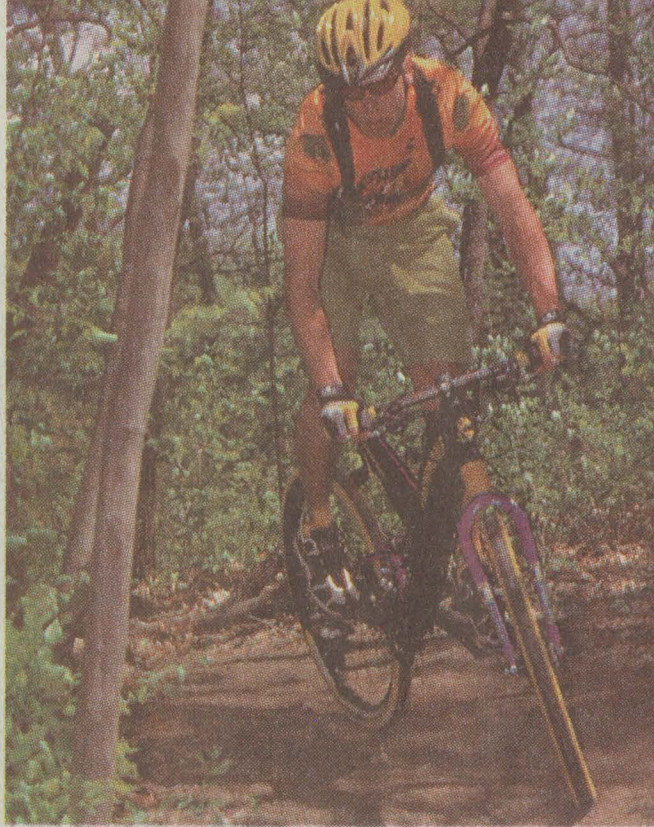
According to Stokes, the minimum price is determined by the fact that a real off-road bike needs a good set of shock absorbers on the front wheel. "People may not realize it, but a bike's front wheel provides most of the braking, and exactly 100 percent of the steering. That means you want to make sure the front wheel stays in contact with the ground, no matter how many roots or rocks you encounter. Front suspension is a huge enhancement to control, safety — and, of course, comfort."

Stokes said that the \$600 price point is where you first begin to see good front suspension on a bike with a high-quality frame and components. The frame is the next thing to look at," he said. "Mountain biking is basically an American sport, and the top manufacturers are American companies." Almost all quality frames are made of aluminum, which is sturdy, lightweight and resilient if well made.

"But all aluminum is not alike," he said. "Different designs and different manufacturing processes offer vastly different rides. You need to actually ride the bike to see if it fits you."

Next look at the components. The shocks that major manufacturers use are all sturdy and reliable; ask your salesperson to explain any differences. As to brakes, shifters and the like, the majority of this

A Mountain Bike



A mountain bike allows the outdoors person to cover a lot more terrain than hiking.

market is held by Shimano. At \$600, look for Shimano Deore LX or Deore XT components.

At about \$800, most manufacturers up the quality level of the components for greater precision and durability, to Shimano Deore XTR, for example. And at that level, bike makers replace regular pedals with so-called "clipless" pedals, which clamp directly to special off-road cycling shoes.

Add about \$400 to either price, and you can get rear suspension as well. Rear suspension gives even greater traction and control — and more comfort.

The bottom line: A quality bicycle that will stand up to years of heavy use will start at \$600 to \$1,200.

Where you end up in that range depends on your preferences, so test-ride several. When you find one that you like, the shop will make sure that you get the right size frame, and they will fit it to your body.

And one more thing. "Hunters and anglers like to feel they are smarter than their prey," Stokes said. "Buy a helmet and make sure that you stay that way."

Steve Dujack is the communications director for an environmental organization in Washington, D.C.

PEACOCK BASS

Exotic Fish Take Shine To Florida Living

By TIM TUCKER, Outdoors Writer

We have come to fish for peacock bass, a species that once required a trip to Hawaii or the jungles of Panama to catch. But the only jungle we see today is the concrete jungle of South Florida. Houses fill the landscape. An office complex is visible in the distance. And the traffic is relentless.

Yet, here is an abundance of cooperative peacock bass, displaying the same untamed aggressiveness and energy that make them one of the most sought-after of all freshwater gamefish. A peacock is a peacock no matter where it calls home.

In this case, home is the extensive network of drainage canals in Miami-Dade and Broward counties. In 1984, the Florida Game and Fresh Water Fish Commission began an experimental peacock bass project with an initial stock of 20,000 fingerlings. The project has created a thriving fishery that provides a much-needed recreational opportunity in an urban area. Now, the more than 1,000 miles of flood-control ditches provide the only opportunity to catch this exotic sportfish in the continental United States.

Since the commission officially took the wraps off its experiment and opened peacock bass to harvest in 1989, the fishery has "exceeded our highest expectations," said project leader and biologist Paul Shafland. "The fishery continues to sustain itself and there are increases in the maximum size of the fish being caught and the number of larger fish. And it has certainly exceeded the economic impact that we anticipated ... somewhere in the ballpark of \$1.4 million a year for the local economy."

Peacock bass are similar in shape to largemouth bass and have a large, distinctive black spot on the tail. They are more attracted to fast-moving lures than slower bottom-hugging plastics. Bottom baits like worms, plastic crawfish or rubber-skirted jigs with pork trailers aren't as effective with peacocks as their native cousins. Other plastic lures like tubejigs and grubs will produce, though.

The aggressive nature of the peacock bass makes it a natural for hitting fast-moving lures like crankbaits, spinnerbaits, shallow-diving minnow-baits and surface plugs worked quickly across the top of the water.

"I'm a little bit surprised that they are more susceptible to fly fishing than largemouths," said Shafland, an avid angler as well as biologist.

Live wild shiners are the absolute favorite of these transplanted peacocks.

December through March is the best time to experience this fishery, but the summer often provides fast-and-furious action as well. Top peacock guide Al Zarembo of Hollywood, Fla., averages about 50 fish during a good period and considers 10 peacocks to be a bad day of fishing.



An angler pulls a peacock bass from a drainage canal in South Florida. A thriving peacock bass fishery has developed since the state of Florida began stocking the canals in 1984.

THE TACKLE BOX



Zebco Beefs Up Red Rhino Reel

This year, Zebco Corp. celebrates the 50th anniversary of its vaunted Model 33 spincast reel, which transformed the Zero Hour Bomb Company into a major fishing-tackle manufacturer. Zebco's new offering for serious freshwater anglers should help the company maintain its leadership position in the spincast market as it enters its second 50 years of history.

The new Red Rhino Power Reel is a beefed-up companion to Zebco's

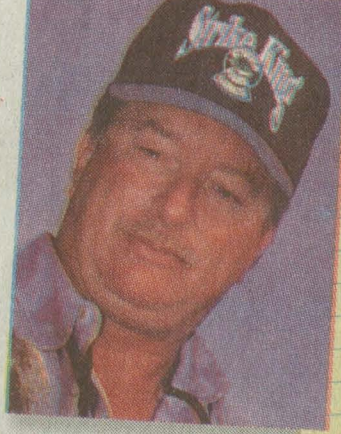
popular Red Rhino. The new RR3P includes all the features found on the Red Rhino reel, but sports a powerful 3.5:2 retrieve ratio for extra cranking power and toughness. The latest addition to the Rhino family also features continuous anti-reverse, a ball-bearing drive and an extra-large drag system.

The reel, which retails for about \$30, comes spooled with 80 yards of 12-pound test line. This is a reel for the serious spincaster.

— Tim Tucker

For more information, contact Zebco at 918-836-5581.

Tips From the Pros



DENNY BRAUER, the all-time leading BASS money-winner with \$1.5 million in earnings, has won the BASS Masters Classic, BASS Angler of the Year, and BASS MegaBucks and SuperStars tournaments.

The Tubejig Transformation

"The tubejig was first developed as a finesse bait for coaxing clear-water bass into striking. For the longest time, it was simply a so-called 'sissy bait' that was fished on a small hook and light line.

"Well, let me tell you, the humble tubejig has undergone a complete transformation. The secret was completely out when I won the 1998 BASS Masters Classic flipping a tube to shallow cover — suddenly the tube wasn't just a finesse bait anymore.

"It can be a deadly flipping bait for heavy-cover applications. That's why I helped develop Strike King's Flippin' Tube, a little bulkier version of the tube that can be used with a big hook, big weight, rattle and heavy line. I typically rig it with a 3/0 Mustad hook, 3/8- to 1/2-ounce bullet weight and 20-pound Stren High Impact line. This is a compact bait that penetrates the cover well."

Lifestyles



Serving Floyd County since 1927

Bluegrass in the city



Don Stanley and Middle Creek



Transylvania sophomore Monica Majmundar sorts clothes at the Cardinal Valley Hispanic Center as part of the First-Year Urban Program.

Majmundar leads community service project at Transylvania

The Piarist School graduate and Transylvania University sophomore Monica Majmundar headed to campus a week early to help freshmen tackle some community service projects as part of Transylvania's First-Year Urban Program (FUP). FUP is a student-led organization sponsored by Omicron Delta Kappa, a leadership honorary.

Majmundar, along with nine other students leaders and 15 freshmen completed seven service projects during the week

including volunteering at the Cardinal Valley Hispanic Center and Raven Run Nature Sanctuary. Students also took tours of other service agencies to learn about volunteering needs in central Kentucky.

She is the daughter of Drs. Gopal and Mina Majmundar of Martin.

Transylvania, founded in 1780, is the nation's 16th oldest institution of higher learning and is consistently ranked in national publications as one of the top liberal arts colleges in the country.

Bluegrass fans, listen up. The Jenny Wiley Pioneer Festival has eight hours of the toe-tapping, fast-paced music Friday, October 8, on stage in the municipal parking lot.

Don Stanley and Middle Creek will serve as the show's host. The bluegrass session will feature Vince Combs and Shade Tree Grass, Dale Ann Bradley and Coon Creek, and Dean Osborne and Eastbound.

Don Stanley and Middle Creek is a new name for a group of musicians that have been playing bluegrass for quite some time. Stanley and band member Josh Stanley were previously part of the group known as "The Boys From Middle Creek." After some of the group members quit, the band changed its name and added two new members: Kenny Blanton and Tim Maynard.

Maynard, of Prestonsburg, plays banjo and sings baritone. He played banjo with world-renown bluegrass artist Larry Sparks and The Lonesome Ramblers. He can be heard on some of Sparks' early '70s recordings. He was also a member of the bluegrass group, Melvin Goins and Windy Mountain, taking over the banjo duties when Goins' brother Ray became ill.

Kenny Blanton, who resides in Salyersville, was a member of The Unlimited Tradition, the '96 S.P.B.G.M.A. International Band Competition winner. He has worked at Dollywood as a mandolin player and has recorded with guitar masters Tony Rice and Richard Bennett.

Band member Josh Stanley is just 19 years old but is already making a name for himself as one of the finest upright bass players on the bluegrass scene. A major part of his appeal is the onstage humor he adds to the group's performance.

Josh Stanley also occasionally plays bass for Melvin Goins and Windy Mountain. He also holds his own Bluegrass Festival "The Red Mule," the third weekend in May at Patoker Campground in Relief, Kentucky.



Vince Combs, right, will bring his Shadetree Bluegrass Boys to the Jenny Wiley Pioneer Festival on Friday. He'll share the stage with Dale Ann Bradley and Coon Creek, above, Don Stanley and Middle Creek, among others.

Don Stanley of Middle Creek sings lead and plays guitar for the group, which has been at work in the studio finishing up a new gospel CD entitled "Just Because of Him" due to be released before Christmas on the CrossCut Records label.

The band, Vince Combs and the Shadetree Bluegrass Boys, consists of five musicians who play and sing the old and traditional hard-driving bluegrass.

Combs plays mandolin, sings lead and has a powerful

(See Bluegrass, page three)



This Town That World

Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request. The following column was written in 1959.

This is Fair weather.

COME TO THE FAIR

Incidentally, don't neglect the Floyd County Fair. It's ours and none other's. If we don't enjoy it, the planning and work of a lot of good people will be wasted.

OFF LIMITS

Lenna Moore has made this office "off limits" on Thursdays. He did this after paying us a visit on a Thursday morning. It was "press day," as usual, and the only replies he received to his several observations were grunts.

After several minutes of this the visitor rose, stretched himself and gave with another observation, to-wit: "Well, if this is the best you fellows can do, I'll just take my business elsewhere."

MISSING

Roland Allen, one of our regular visitors, has not been around much, these last few days. Our operative reports that he has enrolled in "Dommer" Goodman's whittling class. Last day for registration is the first frost.

Looking for a bargain? Then don't miss Pancake Day at the high school cafeteria, Saturday.

(See Town, page two)

To Your Good Health

by Paul G. Donohue, M.D.

DEAR DOCTOR DONOHUE: Can you give me full information on ulcerative colitis?

DEAR READER: Ulcerative colitis - colon inflammation - afflicts an estimated 320,000 Americans, making it anything but a rarity.

What causes the inflammation is an unanswered question. Suggestions tentatively implicate hereditary factors, colon bacteria or an immune system gone berserk.

Eventually, the inflamed bowel develops surface ulcers. The combination of inflammation and ulcerations produces its typical symptoms of crampy abdominal pain and bloody diarrhea. Fever is often present and weight loss is almost inevitable.

Sulfasalazine is one popular treatment for ulcerative colitis. It's a combination of a sulfa drug and amino salicylic acid, an aspirin relative. Evidence indicates amino salicylic acid is the effective ingredient. Sulfa contributes little to disease control. Consequently, drugs containing only amino salicylic acid play a prominent role in a control program. Dipentum, Asacol and Pentasa are examples of such medicines.

If inflammation is limited to the lower colon, enemas of the above drugs can be effective and should not cause nausea.

Foods that generate sulfur (not sulfa) compounds during digestion irritate a sensitive colon. A truncated list includes whole milk, cheese, ice cream, Brussels sprouts, cauliflower and nuts. Steer clear of them and see if symptoms ease up.

For more on colitis, write: Dr. Donohue - No. 6-WS, Box 5539, Riverton, NJ 08077-5539. Enclose \$3 and a stamped (55 cents), self-addressed No. 10 envelope.

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Babies who 'eat at Mom's' are healthier

There is a designer drink that can make your baby smarter, stronger and healthier. Experts say it boosts an infant's immune system, protects against ear infections and respiratory illness, reduces the risk of SIDS (sudden infant death syndrome), and raises his or her IQ.

This product is very expensive if purchased—\$20 for an 8 oz. can. But new mothers can provide it to their babies for free. What is this miracle drink? It's mother milk—especially designed for human infants.

In addition to all the health benefits for babies, nursing is good for mothers, too. Breastfeeding can reduce a woman's risk of breast and ovarian cancer, protect against osteoporosis and hip fracture later in life, and help a new mother get back in shape.

With all the advantages of nursing, why do some mothers choose to bottle-feed their babies?

New mothers may not have adequate information and support from family, friends and health-care providers.

One factor that influences new moms is that breastfeeding went "out of fashion" in the U.S. during the 1940s and has never made a complete comeback. Companies producing infant formula expanded their markets during the post-World War II baby boom. Breastfeeding halved between 1946 and 1956 in America, dropping to 25 percent at hospital discharge.

The rate of breast-fed babies

increased in the 70s. But the U.S. remains a "bottle-friendly" culture. The resulting anti-nursing attitudes can prevent a new mother from choosing to breastfeed. The main barriers to nursing are: embarrassment, lack of confidence, perceived loss of freedom, and negative influence of family and friends, said Laura C. Harrod, breastfeeding promotion coordinator for Kentucky's WIC Program (the Special Supplemental Nutrition Program for Women, Infants and Children).

There are some mothers who *should not* breastfeed, including those who are HIV positive, use illegal drugs, are undergoing certain cancer treatments, or have human T-cell leukemia virus (HTLV-1), said Harrod. But many mothers who could breastfeed their babies are discouraged by dozens of myths like:

- **Breastfeeding ties a woman down. Not true.** Nursing a child does not have to limit a woman's freedom. A baby can be nursed anywhere, anytime. The only stumbling block is the erroneous view that breastfeeding is "indecent" and should be confined to the home and public restrooms. A woman who leaves her baby at home can either return in time for the next feeding or leave bottles of "pumped" breast milk with the caretaker.

- **Women who work outside the home can't breastfeed. Not true.** Working mothers can continue to nurse their babies using a variety of methods, said Harrod. A

mother can nurse "part-time." The baby can be bottle-fed during the day with formula or breast milk and be breast-fed before and after work and on weekends.

In fact, breastfeeding can be a great help to a working mother. A study published in the American Journal of Health Promotion concluded, "...women who breast-feed their babies, are less likely to be absent from work because of baby-related illnesses and less likely to have long absences when they do miss work, compared with women who feed their infants formula."

- **Women who breastfeed must follow a special diet. Not true.** A breastfeeding mother should eat a balanced diet, but does not need to eat special foods or avoid certain foods.

There have been several efforts over the years to increase the percentage of mothers who nurse their babies but it's been an uphill struggle. In 1990, the U.S. Public Health Service established objectives for the next century entitled *Healthy People 2000 National Health Objectives*.

The breastfeeding objective was to raise the percentage of mothers nursing their babies at the newborn stage from a 1988 baseline of 54 percent up to 75 percent, and to increase duration from the 21 percent baseline at five or six months up to 50 percent.

Unfortunately, the nation is far short of achieving this objective and, in fact, ground was lost in the 1990s when the percentage of nursing mothers fell below the

1988 starting point.

Though the incidence and duration of breastfeeding is starting to increase again, in 1997 only 62.4 percent of women were breastfeeding at hospital discharge, and only 26 percent were still breastfeeding their babies at six months.

In Kentucky, the rate of in-hospital/newborn breastfeeding was 39.5 percent in 1988 and 44.4 percent in 1996. The percentage of Kentucky babies being nursed at six months dropped from 15.2 percent in 1988 to 12.7 percent in 1996.

The percentages of "WIC babies" being nursed increased from 19.8 percent in-hospital in 1988 to 33.5 percent in 1996. The

rate also increased at the six-month stage from 6.4 percent in 1988 to 7.1 percent in 1996.

In the late 1980s, the federal WIC program started putting more money into promoting breastfeeding. Ms. Harrod said this emphasis is responsible for the increase in breastfeeding by mothers receiving WIC. The benefits of nursing are stressed during nutrition education for WIC participants and exclusively nursing mothers are given extra nutritious food on their "food instrument."

Further information about breastfeeding may be obtained by contacting a local health department, or Laura C. Harrod at the Cabinet for Health Services, 275

East Main St., Frankfort, KY 40601, telephone 502/564-2339. Many health departments offer special services for nursing mothers and have breastfeeding promotion coordinators.

There are also sources of information online including the La Leche League of Kentucky at <http://www.lalecheleague.org/Web/Kentucky.html> and a Lactation Consultants Directory for Kentucky at <http://www.nursing-mother.com/directory/states/kentucky.html>

Variety is spice of life

These days, Preston Mercer reacts with a mixture of amusement and alarm when he reads the latest 'study' issuing warnings about meals and other foods.

"There are no 'good' foods or 'bad' foods. There are good eating patterns and bad eating patterns," says Mercer, chairman of the nutrition and food science department at the University of Kentucky College of Human Environmental Sciences.

That's the reason Mercer worries about food studies. All too often, he says, some group will release a study labeling a food like red meat or butter unhealthy, only to see another group issuing a contradictory study a short time later.

"I don't think we'll ever get away from that. Also, there are people with agendas, other presenting sound science," he says.

But even scientists need to be more cautious about interpreting their food studies, Mercer says.

"Used to, we ate a lot of butter, then margarine came along. We heard some studies that margarine was better for us than butter, and a lot of us stopped eating butter and switched to margarine."

"As it turns out, butter is better for you than margarine is—at least

in the way margarine used to be produced. They've changed the way margarine is made, so it can be better than butter—but the fact is, for a long time, people had been misinformed about the benefits of butter versus margarine," Mercer says.

This situation has carried over into recent years, he says. For several years, there were warnings about foods that were too salty. "It turns out, salt isn't a big risk factor," Mercer says.

The experience of contradictory food studies has taught Mercer a major lesson.

"There are no foods you shouldn't eat. For normal, healthy people, there are no good foods and no bad foods," he asserts.

Rather than worry about individual foods, people should watch the way they eat.

"What's the best, single sentence that people should keep in mind about what they eat?" "Eat a wide variety of foods and maintain a healthy weight," Mercer says.

Mercer argues that most food studies will bear out of the wisdom of his advice. He uses the admonitions in recent years against red meat.

"The worst thing about red

meat is that it has saturated fat in it. The human diet requires fat. The guideline is, eat 30 percent of your calorie intake in fat, and within that, about 10 percent should be saturated fat.

"So, the current wisdom now, is, if you like meat, go ahead and eat it. Just use some sense and get a balance by eating fruits and vegetables with unsaturated fat content," Mercer says.

Mercer says his advice is borne out by the broad differences in human diets around the world, where some cultures have thrived on diets ranging from meat and fish to worms and insects.

"The human body is an amazing machine that can adapt healthily to a wide variety of diets," he says.

Food scientists need that in mind when they conduct their studies. Scientists and the news media need to be more restrained when they report their results. The impact of contradictory studies is taking its toll on people's confidence in scientists.

"To keep the public from becoming skeptical, we scientists need to be a lot more careful with what to say," Mercer says.

Lightening the stress load

Stress is a normal response of the human body to anger or fear. However, most of us deal with too much stress rather than too little.

Adults list family responsibilities, finances, work and social isolation—feeling like they have no one to confide in—as common stressors. In the workplace, some of the most common sources of stress include conflicts with co-workers, feelings of job insecurity, not having enough time to get a project done or having to constantly answer a ringing phone.

From a medical point of view, between 75 and 90 percent of physician visits may be stress related. Stress can be disguised in a variety of illnesses, including headaches, insomnia, asthma attacks, high blood pressure, depression, panic attacks, strokes, skin disorders, infertility and diminished sex drive.

While stress is not immediately catastrophic, it can compromise the immune system in fighting disease and abnormal cell growth. Stress also contributes to cardiovascular disease. The end result can be a heart attack or stroke.

But don't stress over the effects of stress. Instead, try using these suggested "stress busters" from Dr. Allen Grimes, medical director for UnitedHealthcare of Kentucky, Ltd., to help manage what sometimes can feel overwhelming.

- Just say no. Overextending oneself with activities and commitments can leave a person feeling overwhelmed. If you are con-

stantly on the go, do the healthy thing and take time to stop and evaluate priorities and responsibilities.

- Take it one step at a time. When you're already feeling under the gun, sometimes an otherwise normal workload can seem unbearable. If multiple jobs appear at once, decide which task is most important and start to work on it. Once that task is done, choose another. Taking the time to do things right on the first try is better than getting two projects done poorly.

- The Superman complex. No one is perfect. Do your job to the best of your ability, but don't agonize later about what could have been done. It is also important to acknowledge what deadlines are unrealistic and to ask for help when you feel you need it.

- Exercise. Regular exercise leads to better concentration, more energy, improved sleep and an overall strengthening of the body. Thirty minutes a day of exercise, three to five days a week, lowers blood pressure and can help relieve symptoms of depression, tension, anger and anxiety.

- Take five. Along with exercise, try to take a few small breaks while at work. Walk outside for a few minutes, go out for lunch or run an errand. A few, strategic breaks will not only improve your concentration in the tasks you have to do when you return, but will also relieve stress.

- Limit caffeine and alcohol.

Consumption of beverages that contain caffeine and alcohol is not recommended as they can stimulate or depress the central nervous system. Instead of covering up the stress with chemicals, take real control of your stress by trying to identify the cause.

- Talk to somebody. Talking to someone about problems or concerns can sometimes be enough to start to put things into perspective. If you're having a bad day, call a friend or loved one and vent your concerns and problems. If things get rough, don't try to handle it all by yourself.

- Separation of work and home. Whenever possible, keep work at work and your home life at home. Do as much as you can while you are at work and then leave whatever is left on your "to do" list for the next day. If you are constantly overwhelmed with work, you owe it to yourself to discuss the situation with a supervisor.

UnitedHealthcare of Kentucky offers innovative health benefit plans and has offices in Lexington and Louisville that serve 125,000 members throughout Kentucky and Southern Indiana. The health plan company's extensive provider network consists of more than 6,500 physicians, 87 hospitals and 1,026 pharmacies. UnitedHealthcare of Kentucky is part of UnitedHealth Group, a diversified health care management company. www.unitedhealthcare.com

Town

(Continued from page one)

TWO WHO WILL BE MISSED

Two women touched by greatness died in this county this week. "Aunt" Laura Belle Wells at the age of 98; Mam-Ma" Hager at 75. Great souls such as this will be more greatly missed than most of us.

Mrs. Wells had the spirit of the pioneer woman; she never grew really old. Her energy and vitality were amazing, and she was sustained by a faith that never failed.

"Mam-Ma" Hager was one of those rare souls who made of her own suffering a blessing to others. It was said of her that as she sat, pinned in suffering over the years to a wheel-chair, her bright spirit never surrendered to self-pity or to forgetfulness of others. In fact, people did not visit "Mam-Ma" Hager to brighten her life. Many went, instead, to her with their troubles, drawing on the strength she so freely gave.

WE LOOK TO THE FUTURE

We would like to be around on that fine day when telephone and power companies begin running their lines underground.

We would like to see the day when a property-owner could plant a tree and see it grow into the beauty intended for it, without annual mutilation by "tree surgeons." With power and telephone lines running above-ground, as in Prestonsburg, tree-trimming becomes a necessity, even if the results are dismaying.

Did we say, "tree surgeons?" If these guys are tree surgeons, then I'm the Drs. Mayo, Will and Charlie, at one and the same time, even if they both are dead!

OPEN LETTER TO ED SULLIVAN

Dear Ed Sullivan:

I am writing this letter to you because you have become my god. Instead of going to church on Sunday night, I have stayed away and listened to you. It took so little effort to relax on Sunday evenings and listen to you.

Now understand, I am not lazy, for I always go to work on Monday morning. Then, too, I don't get convicted listening to you like I would if I were at church.

Ed, I am in the hospital now, and I need your help. I can't go to the pastor, for in substance I have slapped him in the teeth every Sunday night when he preached and I said in effect: "What you have to say doesn't interest me one bit." Why should I lower myself to allow him to pray for me now?

Then I can't go to God, for I have put Him "second fiddle" to you so many times that surely He wouldn't help me now. Then he knows that whenever I get well that I will do Him as I have always done Him, and keep listening to you on Sunday nights. Surely, He wouldn't expect me to give up my favorite program just to worship Him.

Please, Ed, will you help me get well? Also the bills are piling up; will you help me meet my obligations? And if perchance I should die, will you see that I get home to heaven? If I do get well, you can count on me to be in my place on Sunday nights supporting your program. I will be a faithful listener. So, please, Ed, don't let me down.

A Devoted Supporter

(The foregoing, we might add, is not original with us, although we wish it were.—Editor.)

Allergy vaccinations cure bee sting and pollen allergy

Hay fever sufferers now know what bee sting allergic patients have known for years; allergy vaccinations alleviate allergic symptoms long after treatment is stopped and no other allergy treatments can give the same beneficial results.

A new study published in the New England Journal of Medicine by Dr. Stephen Durham of the Royal Brompton Hospital and Imperial College at the National Heart and Lung Institute in London found that three to four years of allergy vaccination remains effective for at least three years after the discontinuation of treatment.

These findings corroborate the results of another study published in the Journal of Allergy and Clinical Immunology three years earlier by Dr. David Golden, associate professor of medicine at the Johns Hopkins University.

Dr. Golden and his colleagues showed in their study that almost all insect sting allergic patients had

no allergic symptoms to bee stings for up to five years after their treatment had stopped. Updates of this ongoing study, published in 1998 and 1999, showed the effects of this treatment persisted for up to 15 years after discontinuation in both children and adults.

"Not only were the effects of venom allergy vaccinations long-lasting, they were also shown to be better than 95 percent successful in preventing future reactions in insect sting allergic patients," Golden said.

Golden also stated that "this level of protection is particularly comforting to insect sting allergic

patients, because they can resume their normal activities without the fear of potentially life-threatening reactions to the next sting."

The Durham Study and the Golden Study are further evidence supporting the groundbreaking position paper, Allergen Immunotherapy: Therapeutic Vaccines for Allergic Disease, published by the World Health Organization in 1998. This paper stated that allergy vaccination, also called immunotherapy, was the only allergy treatment that might affect the natural course of allergic disease.

For more information on how to maintain healthy cholesterol levels, ask your doctor or visit www.TakeControl.com.

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FOR THE RECORD

Restaurant, School, and Mobile Home Park Inspections

repair in preparation and storage areas.

- Little Caesar's Pizza, Prestonsburg, 93: Flour bins scoop handles touching food. No hair restraints worn in preparation area while preparing food. Single serve plastic sauce containers used as scoops in bulk seasoning containers. Inside bottom of reach-in freezer and shelving throughout preparation area not clean. No lids provided for dumpster.

- Pizza Hut, Prestonsburg, 91: Improper wash sequence in three compartment sink, middle compartment used as washing. Preparation area floors not clean. Can opener blade soiled. Cup used to dispense or scoop salad toppings from bulk storage.

- Customer area floor not clean. No hair restraints worn while preparing food. Shelving soiled with food particles in preparation area, mostly wire rack shelving.

- Wendy's Neighborhood, Prestonsburg, 93: Preparation and dish area floors not clean. Bottom of reach-in freezer unit not clean. Improper three compartment sink operation sequence, must wash, rinse and sanitize. Rinsing sequence omitted.

- Men's restroom urinal not maintained and in bad repair. Dumpster and grease bin provided without closed lids.

- Action Express Mart #14, Ivel, 90: Critical violation observed: Ants noted in back storage area. Follow-up inspection will be conducted to insure problem has been corrected. All possible outer openings should be properly sealed. Owner given 10 days to correct.

- Other violations observed: Unlabeled bottle observed on counter top in food preparation area. Not all refrigeration units have conspicuous thermometers. Wiping cloths should be stored in

a sanitary solution after use, if cloth is to be reused.

- Upright refrigeration unit in back storage area has rusted shelves. Shelving missing from light in walk-in freezer.

Property Transfers

- Homer and Wanda Hamilton to Audra and Becky Hamilton, property location not listed.

- Wanda M. Hamilton to Audra and Becky Hamilton, property location not listed.

- Wanda Hamilton to Audra Gene Hamilton, property located on Tinker Fork.

- Billy Ray and Venessa Robinson to Mike and Debbie Goodman, property located at Langley.

- Lambert - Spurlock Partnership to William F. and Melissa M. Forsyth, property located at Dewey Lake View.

- Tanzil Martin and Oga Mae Combs to Dennis Martin, property located at Drift.

- Dennis Martin to Oga Mae Combs, property located at Drift.

- Dennis Martin to Tanzil Martin and Oga Mae Combs, property located at Drift.

- Ray and Dollie Williams to Donald Gene and Maryann Williams, property located on Big Mud Creek.

- Elmer and Gracie Tackett to Elmer and Gracie Tackett, property location not listed.

- Lula Bell and Hobert Holbrook to Dicky Lee Johnson, property located on Meade Branch.

- Glenn and Teresa Frasure to Arie Hamilton, property located on Branham's Creek.

- Oma and Delmer Frasure to Jerry and Debbie Tackett, property located on Frasure Creek.

- Allen Volunteer Fire Protection District, a/k/a Allen Volunteer Fire Department to Edd Hall, property located at Allen.

- Bruce and Grace Evelyn Hackworth to Grace Carroll and Charles D. Goodman, property located on Middle Creek.

- Jerry M. and Delois Tackett to Edward M. and Matilda Tackett, property location not listed.

- Levon and Betty Jacobs to Jack Bradley Vanover, property located at Hite.

- Faye Estep, Bob Estep and Patricia Estep to Bruce and Kathy Scott, property located at Garrett.

- Willard Newman to Pearl Bartley, property location not listed.

- Zenith and Nora Hall to Millard and Carolyn Blanton, property located on Jack's Creek.

- Claud D. Jones III and Linda Lee Jones to Carlos and Anna Sue Akers, property location not listed.

- Randy and Debra D. Hatfield to Barry and Tracey Gill, property location not listed.

- Ocie Webb to Robert Russell Webb, property located in Prestonsburg.

- Julia Shortridge to Larry Houston Shortridge, property located on Meadow Lark Lane.

Suits Filed

- Scott Edward Ramey of Garrett VS Cassandra Lynn Patton Ramey of Blaine, petition for dissolution of marriage.

- Thomas Taylor of Floyd Co VS Mark McDaniel of Knott Co, contract dispute.

- Melissa R. Hall of Prestonsburg VS Road Kill Cafe, Inc and Jack Abshire of Prestonsburg, suit of sexual discrimination, emotional distress and civil battery while employed by the defendant.

- Commonwealth of KY VS Virgil A. Halbert Jr. of Langley, petition for healthcare insurance.

- Commonwealth of KY VS Vincent Justice of Prestonsburg, petition for healthcare insurance.

- Commonwealth of KY VS Charles D. Jarvis, petition for healthcare insurance.

- Goldie Smith Hunt of Banner VS Julie Yates of Prestonsburg, compensation for injuries received during an automobile accident that occurred on or about Jan. 28, 1998.

- William Riley and Radonna Hall of Weeksville VS Randy Tackett of Wheelwright, compensation for injuries received during an automobile accident that occurred on or about Nov. 10, 1998.

- Elmer Blankenship of Prestonsburg VS Mary S. Clifton of Prestonsburg, compensation for injuries received during an automobile accident that occurred on or about May 12, 1998.

- Commonwealth of KY, et. al., VS Harry Alan Ranier and Toni Ranier Colmenaris, collection of ad valorem tax debts.

- Lois G. Hieronymus of Prestonsburg VS Steve and Robin L. Buckley of Prestonsburg, compensation for injuries received during an automobile accident that occurred on or about Sept. 26, 1997.

- Commonwealth of KY VS Pamela Porter of Prestonsburg, petition for healthcare insurance.

- Jeremy L. Bellamy of Hueysville VS Regina D. Bellamy of Bypro, petition for dissolution of marriage.

- Jennifer Berger of Emma VS Chris Berger of Banner, petition for dissolution of marriage.

- James D. Dingus of Martin VS Elmo Greer & Sons, Inc of East Bernstadt and Michael D. Gibson of Langley, compensation for injuries received during an automobile accident that occurred on Jan. 16, 1999.

- Crystal Fitzpatrick Collins of Garrett VS Ronald Lewis Collins, petition for dissolution of marriage.

- Randy W. and Jodi Brown VS John D. Osborne of Allen and Dardi Distributing, Inc of Logan,

- WV, compensation for injuries received during an automobile accident that occurred on or about Sept. 10, 1999.

- Tammy Marie Hamilton Coleman of Betsy Layne VS Christopher Raynard Coleman of Raccoon, petition for dissolution of marriage.

- Thomas E. Thacker, administrator of the estate of Sybil Thacker VS Timothy Mullins of Salyersville, et. al., compensation

- for a fatal automobile accident that occurred on or about Oct. 26, 1998.

- J & H Enterprises, LLC of Betsy Layne VS Branham & Baker Coal Company, Inc of Prestonsburg, collection of debts.

- Teresa Scott of Prestonsburg VS Donna M. Vanover of Prestonsburg, compensation for injuries received during an automobile accident that occurred on Sept. 19, 1997.

Sexual assault awareness

What is sexual assault?

Sexual harassment

Sexual harassment is unwanted sexual or gender based behavior that occurs when one person has formal or informal power over the other person.

There are three elements to sexual harassment:

- The behavior is unwanted or unwelcome.
- The behavior is sexual or related to the gender of the person.
- The behavior occurs in the context of a relationship where one person has more formal power than the others (such as supervisor over employee or a faculty member over a student) or more informal power (such as one peer over another).

There are two types of sexual harassment:

QUID PRO QUO is when the harasser requires sexual favors of the victim in return for some action by the harasser, or harasser retaliates against victim for refusing sexual favors (e.g. sex for a promotion or passing grade).

HOSTILE ENVIRONMENT is when the victim is subjected to unwelcome repeated sexual comments, innuendos or touching, which alter conditions or interfere with school or employment performance or access to opportunities provided by the institution. Conduct is gender-based, and creates an intimidating or offensive place for employees to work or students to go to school. To establish a hostile environment it usually requires a pattern of this sort of behavior, but sometimes one incident is enough, if severe or outrageous.

Once someone has been informed that behaviors are perceived as hostile (whether or not they were intended to be) and those behaviors are continued, then the offender and possibly other parties aware of the behavior could be charged with sexual harassment.

Sexual harassment may include many behaviors, including but not limited to:

- Unwanted pressure for sexual favors
- Unwanted pressure for dates
- Sexual teasing or remarks
- Unwanted touching
- Letters, phone calls, or materials of a sexual nature
- Sexual comments about a person's looks
- Intimidation by cornering or pinching
- Sexual comments or innuendoes
- An implicit or explicit threat that the victim must comply in order to remain employed, obtain a promotion, etc.

Important note to schools

The U.S. Supreme Court has ruled that districts may be sued in federal court when they know of flagrant sexual harassment between students, but do little or nothing about it. To be liable, a school board must have "actual knowledge" of student-on-student harassment and be "deliberately indifferent" to it. In addition, the harassment must be "so severe, pervasive, and objectively offensive that it denies its victims the equal access to education" guaranteed under Title IX of the Education Act of 1972. This is the first ruling which specifies that student-to-student harassment is included under Title IX.

What to do

If someone you know is being sexually harassed, suggest the person take the following steps:

- Say NO to the harasser, verbally and in writing.
- Tell the harasser that repetition of the behavior will be reported to a supervisor.
- Follow through on the threat to report the behavior if it is repeated.
- Keep a diary or log of the harassing behavior and any letters or calls made because of the harassment.
- Learn about employer's or school's sexual harassment policy.
- Get advice from fair employment and civil rights enforcement agencies, like the Human Rights Commission (800-292-5566) or the Equal Employment Opportunity (800-669-4000).
- Get support from family, friends and the local rape crisis program.

This information is brought to you by the Kentucky Association of Sexual Assault Programs.

For more information, contact KASAP at (502) 226-2704 or Victim Services Program* at (606) 886-8572. 24 Hour Helpline, 1-800-422-1060.

* A program of Mountain Comprehensive Care Center

October is family health month and breast cancer awareness month

October is Family Health Month, a chance to remind everyone that your family's health is too important to ignore. The Kentucky Academy of Family Physicians wants all families to feel comfortable thinking about health issues, such as breast cancer awareness, mental health, elder abuse and tough subjects involving children. Each week in October will be devoted to one of these issues.

This year, Family Health Month is all about communication. It is important to talk with your family physician about your health concerns before they become problems. If your doctor knows about the stress in your life, your family history and your risk factors, he or she can help you stay well with preventive health care.

October is also Breast Cancer Awareness Month. This year about 175,000 women will learn they will have this disease and more than 43,000 will lose their lives because of it. Early detection and treatment can significantly reduce these odds. The best ways to detect breast cancer are regular mammograms and check-ups, and self-examination every month.

Communicate with your family physician about preventive medicine, breast cancer awareness and any other health concerns. Once you start talking, you might find it's hard to stop!

To find a family physician in your area, write the Kentucky Academy of Family Physicians, Medical Arts Bldg., Ste. 3323, 1169 Eastern Pkwy, Louisville, KY 40217 or phone 502/451-0370.

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Bluegrass

(Continued from page one)

high tenor voice in bluegrass. He worked and recorded with the legendary Hylo Brown.

Carlos Brock is from Hyden. He plays guitar and sings lead. He was one of Bill Monroe's Bluegrass Boys.

Art Stamper is from Hindman. He plays fiddle and he performed with Ralph Stanley for several years and then with Bill Monroe.

Red Spurlock plays banjo, dobro and bass. He has played for several years in the Dayton area with Red Allen and other bands.

Noah Crase plays a hard-driving banjo and is a Kentuckian. He has played with Red Allen and Bill Monroe and was one of the original members of The Boys from Indiana.

Dale Ann Bradley's success story is well documented, with much of her fame coming on the heels of her 1997 solo debut, "East Kentucky Morning."

Bradley learned her powerful

singing style in the Primitive Baptist church where her father was a minister. She was a member of the Renfro Valley Barn Dance and was a regular on the famed "Sunday Morning Gatherin'" radio show for eight years.

She joined The New Coon Creek Girls, which was formed by Vicki Simmons, as guitarist and lead singer in 1992. The group helped pave the way for many of the women stars of today.

With Bradley's success, the group shifted its focus and became Dale Ann Bradley and Coon Creek.

In addition to Bradley and Simmons, other members of the group include John Golden, who plays banjo and sings baritone; Eddie Miller on mandolin; and Michael Cleveland on fiddle.

The bluegrass show is free and is sponsored by Prestonsburg Tourism. Sound for the event is provided by Dave Kretzer.

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Question: I smoke, and before you start a lecture, yes, I know that I shouldn't. I also know that it increases my risk of having lung cancer. I recently read that a "cat" scan can detect lung cancer earlier than any other methods. Why won't my doctor order a "cat" scan for me?

Answer: Smoking certainly does increase your risk of developing lung cancer. This is a well-known fact. The risk increases with both the number of years of smoking and also with the amount that is smoked. This risk is expressed in pack/years. As an example, one pack per day for twenty years is expressed as twenty pack/years. Two packs a day for ten years also imparts a risk of twenty pack/years.

Medical scientists agree on many health risks associated with smoking, including the risk of lung cancer. Using a test to detect lung cancer or any other health problem is a tricky thing. Any screening test should identify the health problem, in this case lung cancer, in an early stage. To be effective, the early detection must, subsequently, lead to earlier treatment that improves survival from the condition. High cholesterol, high blood pressure and diabetes are good examples of conditions where early detection has clearly benefits for both longevity

and quality of life.

Lung cancer is responsible for more deaths in both men and

would be of great benefit. Chest X-rays have been used to detect lung cancer for most of this cen-

tion of machines uses far less radiation than earlier ones and also produces images of much higher quality. These low dose "CT" images are much better at identifying abnormalities in the lungs, including cancer, than are simple X-rays. Authors of recent studies postulate that low-dose CT scans may be able to detect lung cancer early enough for treatment to make a survival difference. This is probably what you read about. Unfortunately, studies to prove or refute this haven't been completed yet.

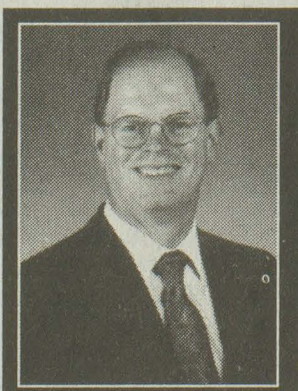
Your doctor has probably refused to order a low-dose "CT" of your chest for several reasons. Most important is that its benefit as a screening test, even for the high-risk group composed of men 60 or older with 20 pack/years or more of smoking has not yet been proven. Also, no insurance company or managed care institution will pay for it as a screening test.

Both of my parents smoked, and I lost them both to lung cancer. Don't wait for a test to tell you it is too late. Quit smoking today for the benefit of your loved ones.

"Family Medicine" is a weekly column. To submit questions, write to John C. Wolf, D.O., Ohio University College of Osteopathic Medicine, Grosvenor Hall, Athens, Ohio 45701.

There was initial hope that X-rays could detect cancer at a point when early treatment could save the lives of more sufferers—a good screening test, in other words. Unfortunately, simple chest X-rays proved to be inadequate. Several studies added the microscopic study of sputum to the data obtained from chest X-rays. This screening strategy improves the ability to detect lung cancer at an early stage but fails to reduce the death rate. In other words, it isn't an adequate screening test.

The "CAT" scan of the chest is correctly described today as "CT" which stands for computer tomography. The current genera-



Family Medicine

John C. Wolf, D.O.
Associate Professor
of Family Medicine



women than any other cancer. This is true even though prostate cancer is more common in men and breast cancer is more common in women. You see, lung cancer is uncommonly dangerous. It grows rapidly, spreads when it is small and hard to detect, and isn't particularly susceptible to current treatments. Despite medical science's best efforts, the five-year survival rate has scarcely changed for this condition in the last 30 years. I find that quite amazing when considering the significant advances that have been made in other areas of medicine.

Therefore, a test that successfully screens for lung cancer

Better to quit smoking than rely on lung cancer screening test

Question: I smoke, and before you start a lecture, yes, I know that I shouldn't. I also know that it increases my risk of having lung cancer. I recently read that a "cat" scan can detect lung cancer earlier than any other methods. Why won't my doctor order a "cat" scan for me?

Answer: Smoking certainly does increase your risk of developing lung cancer. This is a well-known fact. The risk increases with both the number of years of smoking and also with the amount that is smoked. This risk is expressed in pack/years. As an example, one pack per day for twenty years is expressed as twenty pack/years. Two packs a day for ten years also imparts a risk of twenty pack/years.

Medical scientists agree on many health risks associated with smoking, including the risk of lung cancer. Using a test to detect lung cancer or any other health problem is a tricky thing. Any screening test should identify the health problem, in this case lung cancer, in an early stage. To be effective, the early detection must, subsequently, lead to earlier treatment that improves survival from the condition. High cholesterol, high blood pressure and diabetes are good examples of conditions where early detection has clearly benefits for both longevity

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THINGS TO PONDER

What's going on today after school?

by Mable Lineberger
Contributing Writer

Since school has really gotten under way, many families are bringing up issues associated with the children's after-school activities. Say children from preschool age through elementary school. Trying to find time for an appointment can be more difficult than getting in to see a Philadelphia lawyer. There's practice time needed for football and cheerleading. There's gymnastics and various lessons, ballet, music, and voice.

As a result, parents often have some very important big questions to consider. When do I enroll my child in extracurricular activities and how many are appropriate at one time? What is the purpose and/or the expected benefit of such activities? Am I really interested in cultivating a child's interest or innate talent or am I "living" through my child since I was not able to do when I was his age?

Before designing a delicate balancing act for those few precious hours after school, parents need to answer, "Just why are we doing this?"

When deciding what extra activities in which you think your children should be involved, there are some practical considerations. Let the child pick his choice of activities. If it's a sports activity, keep in mind that you best not just drop him off at the practice field with that "nice" coach and enjoy some free-time yourself. You need to be there to clap for the smallest of successes and give support for all of the team members.

Caution: do not load everyone up with too many activities. For example, you might maintain family harmony by limiting each child to one activity. Most often, families have difficulties coping with the pressure of going in many directions, especially when traveling time is required in rural communities and children have different interests. There is nothing enriching about activities that start with the "taxi driver" yelling at one to bring all parts of the uniform, frantically seeing if another child grabbed the correct lesson book, and trying to arrange baby-sitting for a younger one that has the current "sick bug" and has to stay home.

In the meanwhile, when does homework get done? Should doing homework later than usual interfere with going to bed on time to promote healthy, physical development? What happens to family meal time? Is it OK to eat "fast-food" three of five nights a week? What if church activities get pinched?

The age to begin extracurricular activities involves several factors. Starting too early can turn a child off instead of providing the benefits you might wish. The child's body should be developed to perform the skills required. His mind should be able to understand the strategy of a game or a musical concept. His emotions are able to manage the pressure of competition or performance. He has acquired the social skills to understand sportsmanship or the discipline of practice.

Another importance issue is that

parents are able to tolerate emotionally their child not being chosen to play in the sought-after position or their not always agreeing with the umpire's call of the play.

Then there is the stress created by children wanting to resist going to practice or playing the game, after shoes and uniforms are bought and everyone has stretched themselves inside-out to "make it work." In fact, he may have complained so much that you feel like you're the family meanie for dragging him to the football field. You may be further confused by his seemingly enjoying it all—teammates and the sport—once he gets actually going. This reaction reflects the child's not moving easily from one activity to another.

So, when he complains about not being able to relax and watch TV, express a little understanding and set limits, such as, "I hear you'd like to stay home and hang out today. However, you have a responsibility to your team. It's time to load up and we'll be going in three minutes." The basic general rules are: Keep going, if the child begins an activity with a frown but ends up with a smile. But, if your child started out being all excited about the activity and then hides to avoid it all, it's time to call it quits. Or better yet, suggest a break with the option to try again when he's older.

Parents need to decide what they value most and what's most important for the long-term benefit of their children. Recently, an extremely intelligent 10-year-old could give all of the details pertaining to his team's plays and his quarterback position. In contrast, he was unable to remember to bring his homework assignment home, much less the necessary books from his locker. He could not solve how he could go to his locker to plan for doing homework later at home and get ready for football practice in time, so that the coach would not make him run laps. Of course, being immature and wanting to please the coach, his priority was to focus on practice and not on doing homework several hours later. Even the young football star admitted that he did not want to be a professional player when he grew up.

One would think that the purpose of kids playing in extracurricular activities would be to learn to play as a member of the team, get wholesome exercise, and have a good time as a child needs to do. Children, just like adults, need unorganized time to play. Young folks between 2 and 7 years of age organize new experiences into their minds through imaginative play, such as "pretending" with pieces of wood and large cardboard boxes. If your child is scheduled with activities, when does he have an opportunity to take into his brain all that he's experiencing?

Hopefully, you can help your children develop lifelong interests through their extracurricular activities that will provide enjoyable hours away from the stress and demand of academia and a career in the future. Hobbies alone and/or with a group of friends are also important, such as collecting baseball cards or stamps. Hobbies are intellectual pursuits, but they're

additional stress reducers because they're directed and managed by the child.

Whether your child is involved with extracurricular activities or interacts with others while involved with a hobby, keep in mind the hidden benefits. Most likely, your child will be surrounded by a positive peer group. As we all know, children grow up and tend not to be influenced by parents, but gradually attach themselves to peers. Even more importantly, friendships are prone to be formed from their interactions in doing common interests with others their age. A notion is that parents would prefer to nurture their children's relationships outside of the family in this way. Before following other parents into the mad-hatter's rush after school, ask yourself why you're doing it.

Dr. Lineberger is a Licensed Pathologist with a private practice in Prestonsburg. Comments and suggestions for future topics are encouraged and can be sent to the Floyd County Times.

Just when you thought it was safe ... advance fee loan 'sharks'

A new breed of loan shark is preying upon unwary consumers. Most credit scams, and specifically advance-fee loan scams, "guarantee" or represent a "high likelihood of success" that the advertiser will be able to get or arrange a loan or other form of credit for a consumer, "regardless of the consumer's credit history."

These scams differ from legitimate, guaranteed offers of credit in one critical way: they require payments upfront, before the lender is identified and the application is completed. Legitimate lenders may require consumers to pay application, appraisal, or credit report fees, but these fees never are required before the lender is identified and the application completed.

In addition, the fees generally are made payable to the lender, not the broker or arranger of the supposed "guaranteed" loan or extension of credit.

Legitimate lenders rarely guarantee a loan or extension of credit before evaluating a consumer's creditworthiness. However, there are legitimate guaranteed offers of credit.

For example, guaranteed offers of credit cards or other extensions of credit do not require any payments upfront for a consumer to accept the offers. These are firm offers of credit that require a consumer to accept the offer; they are advance-fee loans only if they offer the consumer the "opportunity to apply" for credit.

Advertisements that promise loans generally appear in the classified section of newspapers and magazines and on the Internet. Often, the ads feature "900" numbers, which result in charges on your phone bill.

Advance-fee loan scams also are promoted through direct mail and radio and cable TV spots. The appearance of an ad in recognized

BIRTHDAYS



Seth is five

Seth Aaron Bentley celebrated his fifth birthday, August 14, at his home with a WCW party. He is the son of Ricky and Melissa Bentley of Garrett. His grandparents are John and Georgia Dalton of Wayland, and the late Norman and Mable Bentley. He has two brothers, Jason and Rodney Bentley.

Special needs adoption celebrates 20 years

FRANKFORT — Kentucky's Special Needs Adoption Program (SNAP) is 20 years old this year, and is inviting all its adoptive families to an anniversary celebration at the Kentucky Horse Park in Lexington on September 18.

SNAP, a program of the state's Cabinet for Families and Children, was established in 1979 to recruit adoptive families for children whose special needs may make them hard to place. The program includes older children, sibling groups of three or more, and children with moderate to severe physical, mental and emotional disabilities.

The agency has placed more than 1,800 children with hundreds of adoptive families over the past 20 years, said Virginia Sturgeon of SNAP's Lexington office, and at least 300 people are expected to attend the celebration. Many of the children adopted in the program's early years are adults now and are invited to attend with their families.

The reunion of adoptive families is to be the highlight of a year-long celebration of the program's anniversary. "We owe our success to our adoptive parents," Sturgeon said, "and we want to take this opportunity to express our appreciation to them."

All prospective adoptive parents attend a series of educational sessions that help them understand the issues adopted children face. SNAP's prospective adoptive families receive additional preparation

to meet the challenges of caring for children with special needs. The program may also continue many support services for its children, such as counseling or assistance with medical needs, after the adoption.

More than 100 children are referred to SNAP each year; there are currently about 350 children with special needs waiting for adoptive families. Waiting children are profiled in the SNAP Book, which is available at most local libraries throughout the state, and at all local offices of the Cabinet for Families and Children's Department for Community Based Services.

The book may also be viewed on the Internet at <http://cfc-chs.chr.state.ky.us/CFC/DSS/SNAP/adoptions/adoption.htm> <<http://cfc-chs.chr.state.ky.us/CFC/DSS/SNAP/snap.htm>>.

For more information on the SNAP reunion, or for information on adopting a special needs child, call SNAP toll free at 1-800-432-9346. Families who have adopted through SNAP, and who would like to attend the celebration, should call Virginia Sturgeon at 1-800-432-9346 or 606/246-2256, and let her know how many family members will be attending.

The family-oriented celebration will include a picnic lunch, clowns, face-painting, and other activities and is scheduled from noon until 4 p.m. at the Horse Park's Campground Pavilion.

Dance teaches children important life skills

by Ann Hillenbrand

When is it too early to start a child in dance?

Tommy is old enough to play and interact with other children, so it is time for his parents to check out the best physical and social activities for him.

Radford University dance professor Pegeen Albig says dance lessons are just as effective as sports in teaching children discipline, concentration and team work.

Albig says dance lessons improve a child's agility and ability to handle his or her own body and teaches them about the pleasures of moving gracefully and efficiently.

"It stimulates the brain and body together, because you have to concentrate on the movements," she says, "and it also increases flexibility, balance and strength."

RU artist-in-residence Dagmar Kessler, a former professional dancer in London and the United States, says dance is goal-oriented without children getting too competitive or wrapped up in winning.

She says dance is also great aerobic and muscle toning exercise for children and will begin to instill the importance of exercise in a child's life.

Many children don't get enough exercise, says Albig. "Kids these days don't have any stamina and don't have any endurance."

"They get out of breath easily. If they exercised regularly, physical movements would become easier."

Children can start at age three, but parents should realize that classes for a child that young should stress creativity and an exploration of their body's capability and not the technical side of movements says Albig.

Little ones will learn how to recognize a beat in music, count to the beat, and understand the importance of the arts.

When the child turns eight and begins to mature physically and mentally, class will become more focused on the basics of the discipline.

Albig says to get the most out of the class, children should take the same type of dance twice a week.

For instance, a 10-year-old who likes ballet should take ballet class twice a week, instead of tap once a week and ballet once a week. Jelincic says it's best to start young children in ballet first, since it is the basis for all other dance forms.

Prior to signing up for lessons, parents should check out the instructor's credentials. The instructor should have performing experience to better teach someone else to perform. A teacher should also have a working knowledge of anatomy, what the body is capable of and its limitations.

Albig says the instructor also should have years of dance experience, and a dance degree is not necessary but an advantage. "The instructor should be willing to share his or her credentials with parents, if not, they are suspect," says Albig.

Parents should also inspect the dance facility.

Parents should also be able to answer these questions: Is the room big enough? Do the walls have bars and mirrors? and Is it clean?

Dance should not be ruled out as a way to increase physical skills to be a well-rounded athlete. Kessler remembers being a dancer in Pittsburgh during the 1970s. Terry Bradshaw and the Pittsburgh Steelers would take ballet classes to increase their flexibility and balance.

She will always remember how dance gave them the skills to make it to the Super Bowl.

Dance instructors agree, the art of dance is healthy exercise for the young and the young at heart.

GOOD HOUSEKEEPING

10 TIPS FOR A MANICURE THAT LASTS:

1. Never trim your nails right after taking a shower or bath. Water softens nails and makes them more likely to shred during clipping.
2. File your nails into the most crack-resistant shape: a square with rounded corners. Manicurists often refer to this as a "squoval."
3. Buff your nails smooth. To get a natural shine, use a buffer that offers three or four polishing textures. Start with the coarsest surface and end with the finest one. Good bets: O.P.I 1-2-3 Luster Buff Board (\$5.95) or Creative Nail Design Girlfriend (\$3.75).
4. Prime your nails with a base coat or a ridge filler to keep them from being stained by colored polish. Try Avon Color Ridge Filler Base Coat (\$4.50) or Orly Nail Defense (\$3.95).
5. Don't shake your polish! Roll the bottle between your palms (like manicurists do) to get rid of air bubbles and to stir the enamel.

6. Apply nail enamel in two or three very thin coats, waiting at least two minutes between applications. Leave a sliver of space between the polish and your cuticle or skin; overlapping creates air pockets, which can cause lacquer to peel.

7. Seal your polish with a top coat that extends just beyond the color borders, says Orly manicurist Kristi Marie Jones, who has worked on Candice Bergen and Cindy Crawford. Try L'Oreal Shine Specialiste ultragloss top coat (\$8.25 at drugstores), Maybelline Salon Finish Nail Color (\$2.65 at drugstores), or Sally Hansen Power Shield Ultra Protective Top Coat (\$4.95 at drugstores).

8. Don't want to wait for polish to set? To speed-dry, run your nails under cold water — not a blow-dryer — for three minutes after applying the final coat, advises Sheril Bailey, manicurist to Elizabeth Hurley and Susan Sarandon. "It hardens enamel faster than heat can," she explains.

9. Add a layer of top coat every three days, but don't apply more

color; colored polish is thicker and more apt to peel.

10. To protect your manicure, wear gloves or rub a bar of soap over your polish before undertaking a dirty task, says former top hand model and avid gardener Linda Rose.

HOMEWORK OVERLOAD?

Do your children grumble that they "never get to play" because they have too much homework? A new study suggests that the complaint doesn't have much merit. Researchers at the University of Michigan surveyed 2,900 kids to determine what they're really doing and found that children ages 6 to 8 spend a little more than two hours on homework per week, or a measly 18 minutes per day. But they also manage to get in more than 12 1/2 hours of watching television and nearly 4 1/2 hours of playing organized sports each week. Children between 9 and 12 spend more time (about 3 1/2 hours per week) on homework, but also invest 13 1/2 hours in TV

watching and 5 1/4 hours in playing sports during the same time. Back to the books, kids!

MAKING SAFETY THE GOAL: If your child is among the 12 million kids in this country who play soccer, the U.S. Consumer Product Safety Commission (CPSC) has news for you. Since 1979, 23 children have been killed when movable soccer goals toppled over and crushed them. Another 38 were seriously injured. In most cases, victims were climbing on the goals, which typically weigh between 150 and 500 pounds.

In addition to telling children to stay off such equipment, the CPSC

recommends that outdoor goals be secured with anchors or stakes; sandbags or counterweights are advised for indoor facilities. Other rules:

- Remove nets when goals are not in use to discourage climbing.
- Make sure that warning labels are clearly visible and posted at eye level.
- Don't allow children to move goals.

For further safety information, contact The Soccer Industry Council, 200 Castlewood Drive, North Palm Beach, FL 33408.

For more Good Housekeeping advice, visit the website: www.goodhousekeeping.com.

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ACADEMICS



Prestonsburg Head Start had visitors from TranStar Ambulance Service on September 20. A paramedic explained to the children how some of the squad's equipment is used. A few of the children got to be the patients.



Parents find Internet can help their kids

(NUE) - Remember mumbling to yourself in school, "I'll never use this in the real world?" For many of us, that was true. But now, as our children turn to us for help graphing trigonometric functions and solving parametric equations, we wish we had paid a little more attention in class.

One way to help our children with their homework can be found at the unlikelyst of places — the Internet. Too often dismissed by parents as solely a place for chat rooms, games and shopping, the Internet also serves as host to numerous educational Web sites, including live tutorial sites. Tutornet, a leader in tutorial Web sites, answers parents' questions about Internet tutoring.

Q: What is Internet tutoring? A: Tutornet provides live tutoring via the Internet for elementary to college-age students. Tutors, or as we call them, Netucators, help with homework problems with the use of software that includes a whiteboard and a chat area.

Q: What subjects do you tutor? A: Tutornet helps with the difficult subjects of math and science. Mathematics subjects range from basic math for grades 4 through 8 all the way up to advanced-placement calculus. Science subjects range from basic science for grades 4 through 8 to biology, chemistry and physics.

Q: Who are the tutors? A: Tutornet's Netucators are skilled professors and teachers, many with advanced degrees. Profiles of the Netucators are posted on the Web site.

Q: Do the tutors really teach my children or just give them the answers?

A: Netucators simply guide students through the process of solving homework problems. They do not give the students answers but instead help them understand how to solve the problems.

Q: When can my child get help? A: A schedule of classes is posted on the Web site. Classes begin as early as 1:30 p.m. and as late as 8:30 p.m. Netucators are available Sundays through Thursdays.

Q: How much does it cost? A: Your first 14 days are free with Tutornet's trial membership. After that it only costs \$29.99 per month for unlimited tutoring.

For more information about Tutornet, visit its Web site at www.tutornet.com, or call toll-free 1-877-888-6754.

Vicky Ratliff, more than just a counselor

by Kristy Stevens
Staff Writer

Sitting behind her desk, typing diligently on her computer, Vicky Ratliff, counselor at Betsy Layne High School, is ready for the new school year. Students are lined up past the door and into the hallway, seeking her help with a problem in their schedule.

Stressed? Maybe a little. Does she let it show? Slightly, but she keeps a smile. Is she rude to the kids? Never.

As one student leaves and another comes in, she knows each by name and helps in the best way she can to solve his/her scheduling problem.

But that's not all she does. Being a graduate of the high school, I've been in "Vicky's Office" more than a few times.

"Vicky, can you switch this class?" "Vicky, did I get the scholarship?" "Vicky, have you heard from Pikeville College yet?"

From counseling teens who need help choosing a college to females who have just found out they are pregnant, she has always been the person we turned to for help or someone to talk to. We could trust her, not only to help us, but to never tell another soul.

We students always felt she wasn't given the recognition she deserved and always wondered why she didn't quit or cower in a corner with the door locked, muttering, "Go away, go away...."

She deserves a plaque or perhaps a medal of honor.

In working with the Chamber of Commerce's Chamber Education Committee, Ratliff and other counselors met to gather information about the KEES program (money given to high school graduates for college, based on their four-year grade point average) in an effort to try and get the information out to the public.

Rebecca Derossett, executive director of the chamber, said, "I have personally known and

worked with her (Ratliff) in other areas. She has always been helpful and enthusiastic about everything she does."

What does being a counselor mean to her?

She thought for a minute, then said: "My position is to be the advocate of the student, and that is to help the student be successful. If I can help just one person be a success in whatever he/she choose to do, then I've done what I set out to do as a counselor."

And she's probably achieved this goal many times. She served five years as a counselor with Mountain Comprehensive Care and 13 as a counselor in the school system, helping hundreds of people.

"She's definitely been a big help to us," said Margaret Vaughn, BLHS principal. "She does anything we ask her to do, not only for us, but for the whole system. She even helped South Floyd get their schedules out this year."

Unsung medical hero subject of kit for local secondary school principals

Varian Fry, often hailed as "the American Schindler," is the subject of an educational kit, "Assignment: Rescue," mailed in September to every secondary school principal in the United States by the Varian Fry Foundation Project of the International Rescue Committee (IRC).

Fry, an American journalist, was sent to France in 1940 to save the lives of 200 of Europe's most famous artists and intellectuals, but stayed to rescue nearly 2,000 refugees and their families from the Nazi Gestapo.

The kit consists of a teacher's guide, Fry's autobiography and a 26-minute videotape produced and directed by Richard Kaplan and narrated by actress Meryl Streep.

The IRC Project Director is Dr. Walter E. Meyerhof, emeritus professor of physics at Stanford University, whose family was among those helped by Fry. It is Professor Meyerhof's hope that the secondary school principals

will refer the kit to a teacher within the school interested in Holocaust history or character education.

"If Fry's story has one message applicable today," Meyerhof said, "It is that a single person can do much to help others in need, even under adverse circumstances."

Fry was sent to Marseilles shortly after the fall of France in 1940 by the Emergency Rescue Committee, an organization formed to save famous anti-Nazi artists, writers and others who might be surrendered to the Gestapo by the Vichy Government.

Fry, who intended to stay for three weeks, remained in France for 13 months before he was expelled "for helping Jews and anti-Nazis." By both legal and illegal means, Fry had by then helped more than 2,000 refugees to safety, including Marc Chagall, Hannah Arendt, Max Ernst and Nobel Laureate Otto Meyerhof.

Fry's achievements have yet to

be recognized by the U.S. Government. In 1967, five months before his death, Fry was awarded the Croix de Chevalier of the French Legion of Honor. Israel honored Fry posthumously at its Yad Vashem Memorial, the first American so recognized.

The IRC resulted from the merger of the Emergency Rescue Committee and a committee founded in 1933 at the suggestion of Albert Einstein to assist anti-Nazis fleeing Germany. The IRC is the elite among the leading non-sectarian, voluntary organizations providing relief, protection and resettlement services for refugees. It has operations in 28 countries and runs a network of resettlement offices in 20 cities around the United States.

The mailing of the 36,000 kits is partly supported by the Flora Family Foundation of Palo Alto, California.

For more information, see web site <http://www.almondseed.com/vfy>.

New publication helps students receive more scholarship dollars

For millions of high school seniors, the exciting time for applying to colleges is here. Along with it, however, comes the challenge of finding the money to pay for tuition, room and board, textbooks, lab fees, and other expenses.

Fortunately, to help students with this burden, more than \$80 billion of financial aid will be awarded over this next year, and students who take the time now to learn some basic rules of the game will receive more of these precious dollars.

According to financial aid experts, the key is to start looking as early as possible in order to identify which sources can help and then apply early to these sources.

Families and students who want to have the advantage should apply the following steps now to increase their chances of receiving financial aid dollars.

- Learn the written and unwritten rules: The scholarship process is unwieldy and cumbersome but understandable. Families and students who take the time to learn the rules and tricks of how financial aid is awarded and disbursed, end up receiving more aid.

- Identify the resources that you qualify for and understand how, when and where to apply for them. Students who identify sources for which they qualify

early on and then apply to them won't miss out on opportunities when the money is awarded.

- Apply early, accurately with the right forms. There is limited money available to give out every year. The earlier a student applies the greater are the chances of receiving his/her share. Students who wait may be disappointed to find out that all the funds have already been disbursed. Likewise, avoid common errors such as not signing your form which can delay or eliminate you from consideration.

- Apply to all of the programs for which you are eligible including federal, state, local, institutional, corporate, associations, foundations, clubs, religious and private sources.

There are currently nearly 400,000 sources available to help students. These scholarships are awarded throughout the year, so it is best to identify them early so you don't miss their deadlines.

Now, to help students increase their chances of receiving more financial aid, a new publication for year 2000 is available that spells out important steps and insider secrets to financial aid success.

For a copy, send \$2 to cover handling to National Academic Funding Advisory, 188 Summer St., Dept. B5, Portsmouth, NH, 03801.



Prestonsburg firefighter, John Bryant, visited Prestonsburg Head Start, September 16, to discuss fire safety with the children. He brought along some of the equipment that is used in fires.

The Floyd County Times Classifieds

DEADLINES: WEDNESDAY PAPER, NOON MONDAY - FRIDAY PAPER, WEDNESDAY 5 P.M. - SHOPPER and SUNDAY, WEDNESDAY 5 P.M.



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Contact Jenny at extension #14 or Sandra at extension #15 at:

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1989 FORD F-150. looks great, runs great. Must see. \$3,500. 886-8348 after 6 p.m.

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1988 Pontiac Lemans- 4 cyc. auto air, stereo, \$1,000.

1992 CHEVY CONVERSION VAN, Loaded, white. 1986 Pontiac Trans Am, red, T-tops. Both with low miles, good cond. & 1 owner. 886-2749.

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1986 CHEVY TRANSFER VAN: 16 passenger. Very low miles. \$7,000. 886-1832 or 886-1237.

1986 ISUZU TROOPER: Call 587-2628.

'86 VOLKSWAGEN JETTA: 5-speed, 4 cyl. diesel engine, AC, AM/FM radio, new tires. Runs great. Also, pull type camper, ref. & stove. 874-9518.

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Books

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ALUMINUM GARAGE DOOR, 7' highx10' wide. \$175. Call 886-0633.

EXERCISE EQUIPMENT: Like new Weslo Cardio Glide. Used 6 Weeks. \$75. Call 886-0029.

8N TRACTOR: With plow, scraper and disk. \$3,500. 358-4524.

FIBERGLASS CAMPER TOP to fit F-150 S.W.B. Call 874-9794.

COMPLETE, SOLID MAPLE BEDROOM SUIT: With mattress & box springs. \$500. Serious inquiries only. 606-285-9362.

LARGE CAPACITY-WASHER & DRYER pair with free vacuum or microwave, only \$15 down delivers to your door. Call American Distributing @ 1-800-581-6991.

AIR CONDITIONERS 5000 BTU and Up with free vacuum. Only \$15 Down delivers to your door. Call American Distributing @ 1-800-581-6991.

RIDING LAWN-MOWERS 12.5 HP. and Up with your choice of weedeater or push-mower. Only \$15 down delivers to your door. Call American Distributing @ 1-800-581-6991.

ONLY \$15 DOWN DELIVERS A COMPLETE 5 PC LIVING ROOM group with free lamps. Call American Distributing @ 1-800-581-6991.

HAY FOR SALE: Good, clean hay - Alfalfa, Timothy and mixed. Square or round bales. Call 606-725-4771.

FREE MATTRESS SET with purchase of a complete bedroom suite. Only \$15 down delivers to your door. Call American Distributing @ 1-800-581-6991.

COMPUTER SYSTEM WITH FREE COLOR PRINTER. Only 15 down delivers to your door. Call American Distributing @ 1-800-581-6991.

ONLY \$15 DOWN DELIVERS A REFRIGERATOR with a free microwave. Call American Distributing @ 1-800-581-6991.

SECTIONALS WITH FREE LAMPS. Only \$15 down delivers to your door. Call American Distributing @ 1-800-581-6991.

For Sale or Lease
3 BR MOBILE HOME & LOT: 2 yrs. old. On Little Paint. 874-0986.

Motorcycle / ATVS

'93 HARLEY DAVIDSON, Low Rider Custom, Many extras. \$10,000. 285-0624.

Furniture

RAY'S BARGAIN CENTER: New furniture: Mattress sets starting at \$99, bedroom suits \$419, living room suits \$410, dinettes \$149 and much more. Used furniture: Large selection of used furniture & appliances, such as: stoves, refrigerators, washers & dryers. SHOP WITH US & SAVE. Route 122, McDowell. Call 606-377-0143.

ALMAR FURNITURE ALLEN, KY
Big selection of living room, dining room, bedroom. Antique furniture. 3 & 6 months interest free, with approved credit.
606-874-0097

PROPERTY FOR SALE

Lots

2 LOTS: Each lot 200 x 200. \$9,000 each. Call after 5 pm, 478-5139.

RESIDENTIAL LOT, private & convenient, located at level, up the road by Pizza Den. \$19,500. Reduced to \$16,500. For more info call 478-9450.

Mobile Homes

BANK FORCLOSURE! Beautiful new 14' wide 3 BR, 2 BA comes with heat pump, washer and dryer, underpinning, and lots more! Delivered and set-up on your lot for only \$176.87/mo. A small transfer fee is required. Hurry! 606-478-4530.

BRAND NEW 3 BR, 2 BA home. For as low as \$250 w/\$500 down. Call 478-1600.

16X80, 4 BR, 2 BA INCLUDES: Appliances, Skirting, Central Air, Delivered and Set-up on your lot or ours. Was \$32,765 now only \$28,995, with payments of \$260 per month. Call (877)661-4663 Toll Free.

1991 14X70 NORRIS MOBILE HOME: Completely remodeled inside. Central air & heat. Asking \$13,000. 285-0051.

TAKE OVER PAYMENTS of \$225 a month. Nice 3 BR & 2 BA home only 1 yr. old. Transfer fee apply's. Call 478-1600.

1992 DOUBLEWIDE: 28 x52, 3 BR, 2 BA, New carpet & much more. 478-4645.

IMMACULATE 3 BR & 2 BA HOME: Already set-up on level 1/2 acre lot. Featuring center island kitchen, stone fireplace, glamorous bath. \$2,000 cash back. Payments starting at \$419 per month. Call 478-1600.

ABANDONED DOUBLEWIDE! New '98 28x68, 3 BR, 2 BA with den. Has Zone III insulation, plush carpet, island kitchen, glamour bath w/whirlpool tub, Thermopane windows, and alot more! Bank will pay for footers, heat pump and set-up. Hurry, won't last long. Only \$344 per month. 606-478-4530.

28X52, 3 BR, 2 BA INCLUDES: Plywood Floors, Footers, Delivery & Set-up, Skirting, Appliances and Central Air. Was \$37,500 now only \$34,900, with payments as low as \$295 per month. Call (877)661-4663 Toll Free.

1991 SINGLE WIDE HOME: Like new. \$600 down, \$139 a month. It's yours. Call 1-800-492-8259.

FORCLOSURE! Super nice 16x80, 3 BR, 2 BA. Features an island kitchen, big LR, big master BR w/glamour bath, plush carpet, plywood floors, big closets, central heat & air, washer and dryer and underpinning for only \$199 a month! Transfer fee required. 606-478-4530.

14X70, 3 BR, 2 BA INCLUDES: Appliances, Skirting, Plywood Floors, Central Air, Furniture, Washer & Dryer, Delivery and Set-up for only \$175 per month. Call (877)661-4663.

KENTUCKY MOBILE HOME DEALER: Repo Lot. We buy & sell used trailers. Financing Available. **CRUM'S MOBILE HOME MOVING SERVICE:** Insured with permits. 886-6665 Fax 889-9662.

It Out!
Read your own Ad the first time it appears. The Floyd County Times is only responsible for one incorrect insertion!

AUTOMOTIVE DETAILER
One of Ky's largest automotive dealerships has an immediate opening for two automotive detailers. NO EXPERIENCE IS NECESSARY. TRAINING PROVIDED. We offer excellent benefits, competitive income and opportunities for advancement. For immediate consideration, please apply in person to Jerry Plummer or Tom Jefferson, Monday-Friday, October 4-October 8, from 10 a.m.-6 p.m., or call 606-293-1663 to schedule an appointment.
E.O.E.
DON JACOBS USED CAR CENTER
131 West New Circle Rd.
(Across from K-Mart)
(606) 293-1663 or (800) 866-3667

EMPLOYMENT OPPORTUNITY
MEDICAL TRANSCRIPTIONIST
Medical Terminology; Computer Literate. Must be able to type 60 WPM accurately.
BILLING SPECIALIST
Knowledge of Medical Billing
Salary commensurate with experience.
Benefit package
Send Resumé To:
Home Care Health Services, Inc.
3409 North Mayo Trail
Pikeville, Ky. 41501

Big Sandy Health Care, Inc.,
is seeking candidates for an
ACCOUNTING CLERK II
(Purchasing and General Accounting)
A member of the organization's financial management team. Primary responsibility is purchasing, but job includes some A/R and general data and accounting duties.
Requirements include completion of or concurrent enrollment in college-level accounting courses and a minimum of three (3) years accounting or bookkeeping experience. Must demonstrate computer knowledge, including word processing and spreadsheet applications.
A competitive salary and benefit packages accompanies this position. Send resumé by October 8, 1999, to:
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Big Sandy Health Care, Inc.
1709 KY Route 321
Prestonsburg, KY 41653
A proud tradition of providing access to quality health care!

NOW ACCEPTING APPLICATIONS
IN THE FLOYD COUNTY TIMES CIRCULATION DEPT.
Part-time:
Day and night shifts
APPLY AT 263 S. CENTRAL AVE.
No Phone Calls, Please!
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Realize Your Potential

Sell health, hope, and life.

OPEN HOUSE
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By appointment only
Wednesday, October 6th • 5:30pm - 9:00pm
For an appointment call: (800) 528-6592

We invite those who want to impact human health and represent one of the world's largest and most respected pharmaceutical companies to join us. Our supportive teams of sales professionals continually develop strong territories through envisioning "what if?" and "why not?" With focus and goals, we improve global health - one relationship at a time.

With us, you'll receive some of the most comprehensive training in the industry - the kind that lasts a lifetime. You'll also enjoy an excellent salary, bonuses, and opportunities you would expect from a world leader.

SmithKline Beecham welcomes your application to join us as Pharmaceutical Consultants to cover Eastern Kentucky. A 4 year college degree, a proven track record in sales, and a desire to work in an environment that encourages your contribution toward change is just the beginning of how you'll succeed with us. So stop by our Open House and bring two copies of your resume.

If unable to attend, please forward two copies of your resume to: Job Code: REKK84, SmithKline Beecham, P.O. Box 2963, Pikeville, KY 41501. Indicating Job Code is essential. Principals only, no agencies, please. No phone calls, please. For more information and to apply online, visit www.sb.com/careers

Developing talent through equality of opportunity, M/F/D/V.

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SmithKline Beecham
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Accepting Applications

The Johnson County Board of Health is now accepting applications for the Position of Public Health Director II. The position is responsible for planning, organizing, and directing the activities of staff of the Johnson County Health Department in providing a full range of services which includes medical, home health, environmental and community based services to the community. Specific responsibilities include: financial management functions; community needs assessment to determine programs/services needs; employee job performance and development; knowledge of various laws and policies; employment of staff; schedules and meets with Board of Health to describe department activities; public relations; and attends meetings at the local, regional, and state level to keep informed on program and administrative changes. The minimum education, training, and experience requirements are: a Bachelor's degree from a college or university with a major in Business or Public Administration, Health Administration, Public or Community Health, or a related degree. Five years of experience in public health or other health related occupations. Demonstrated work experience in other related jobs may be considered if the functions performed are related to responsibilities of this position (financial management, planning, supervision of staff, etc.). A Masters Degree in the field may substitute for one year of the required experience. The entry salary of the position is \$37,381.50. The entry salary may be at a higher level depending on the applicants' experience and education. An application may be obtained at the Johnson County Health Department, 630 James S. Trimble Blvd., Paintsville, Ky, 41240. (606) 789-2590.
Applications must be received by October 15, 1999.

NEW 2, 3 AND 4 BR HOMES WITH DOZENS TO CHOOSE FROM. Payments as low as \$150 per month and \$500 down to qualified buyers. Includes: Delivery, Set-up, Appliances, Skirting, Central Air and lots more. Call (877)661-4663.

Real Estate

2 BR HOUSE FOR SALE: On South Highland Ave. 886-8333.

PROPERTY FOR SALE: 20 to 25 acres +/- 874-2598.

3 BR, 2 BA HOME: one acre flat, one mile from US 23 on Mare Creek between P'ville and P'burg. lots of potential. 478-3538, leave message.

1987, 3 BR, 2 BA DOUBLEWIDE, 100X80 LOT: Near school at Grethel. Fireplace, carport. \$55,000, serious inquiries only. 587-2701 or 874-0001.

NEW 3 BR HOUSE: Will trade to other property. 886-8366.

MOREHEAD LAKE LEWMAN CABIN: Waterfront, 1,200 sq. ft., 2 BR, deck, dock, stone FP, garage. \$93,500. Fish/Boat/Swim. 606-784-7478.

3 BR, 2-1/2 BA HOUSE: Large rooms, app.1,800 sq. ft., fenced yard. Within 10 min. of both hospitals, Powell Addition, Van Lear. 606-789-8964.

3 BR BRICK RANCH: Living room, family room with fireplace and attached garage. At Dana. 478-1719.

HOUSE FOR SALE: 3 BR, 2 BA, 1 car garage, cedar siding, app. 1/3 acre. Nice neighborhood in Bee Fork Subdivision on Abbott Cr., Rt. 1750. Serious inquiries only. Call 886-8164.

APTS FOR SALE: 7-1 BR furnished apts (already rented). 3,000 sq. ft. of business space. 5,200 sq. ft. undeveloped space. Constructed of 12" blocks, out of flood plane. Located near hospital at Martin. Call 285-0650.

HOMES FROM \$5,000: Forclosed and repossessed. No or low down payment. Credit trouble O.K. For current listings, call 1-800-311-5048 x 3908.

PRIME PROPERTY ON RT. 80, between Martin & Hindman, 606-432-3431 or 358-9695.

PROPERTY FOR RENT

Office Space

MODERN 1,500 SQ. FT. OFFICE FOR LEASE: 4 offices, counter, storage, lunch room. Hwy 23, lvel. \$850/month + utilities. (606)478-9700.

Storage Space

G&B STORAGE RENTALS Located on South Lake Drive, Prestonsburg. 886-6186 or 886-8286.

Commercial Property

50 X 120 COMMERCIAL BUILDING: With offices. 285-5119.

Apartments

1 & 2 BR APTS: Newly decorated, totally furnished. Util. paid, except gas. Dep. & ref. req. Call M. S. at 349-5135 or 349-7285 & leave message.

1 OR 2 BR: Clean in Prestonsburg. Electric & Water included. Available Oct. 1st. 886-8366.

3 BR APT.: At HiHat. \$360 month + utilities & deposit. Will pay utilities & accept HUD. 285-3628.

2 BR, 1 BA: Located at Auxier. Paid utilities. \$350 month, deposit required. HUD approved. 788-0064.

TOWNHOUSE APARTMENT: 2 BR, 1 BA, Central Air & heat, W/D hookups. \$400 month, \$375 deposit. 886-6551 or 237-4758.

APT FOR RENT: 1 Bedroom: Finished, below HRMC. 886-2880.

1 BR FURNISHED APT.: In P'burg. Utilities & cable paid. No pets. Private. 886-0010, leave message.

2 BR APT.: Nice quiet neighborhood. References and deposit required. Call 358-9142.

R & L APARTMENTS, Under new management: We now have coin laundry for tenants. We have apts. available. One easy payment, all utilities & cable included. Call 606-339-7726 or 886-2797.

NEW 3 BR APT.: All new appliances, water, sewer & garbage furnished, Call 789-6776.

Houses

BRICK HOUSE FOR RENT: 2 BR, family room, dining room, basement. Located between Prestonsburg & Paintsville. Deposit & security required. No pets. 886-9007.

LARGE PRIVATE HOME: Also small building with apt. Near Prestonsburg. 606-673-3452.

FURNISHED HOUSE FOR RENT: 1 1/2 miles up Abbott Rd. 606-886-3492.

PRESTONSBURG, Older spacious home. 3 BR., 2 BA. basement. \$490 month + utilities. Also 1 BR. house furnished. \$380 utilities paid. Call 886-0010 leave number.

3 BR HOUSE: Fireplace & carport. 285-5119.

3 BR 2-STORY HOUSE: HUD approved. 358-4167, or 946-2558.

2 BR HOUSE: In Prestonsburg. \$400 month + utilities and deposit. 886-3404.

4 BR TRI-LEVEL HOUSE: 2 car garage, large family room w/fireplace, 2-1/2 BA. Will lease with option to buy. 886-8366.

NICE 2 BR HOUSE: Located near Messer's Dept. Store, Barnett Dr., Martin, KY 285-3140.

3 BR, 2 BA HOUSE: At Banner, KY. 874-2098.

PRESTONSBURG, HOUSE FOR RENT: Central Heat & Air, Yard & storage bld. excellent condition. \$450 month. Call 886-0226 after 5 p.m.

QUIKSILVER Taking applications for a NEW 3 BR large house with garage, hardwood floors and all amenities. Call 886-3055 or (pager/voice mail) 889-2034.

Mobile Homes

3 BR, 2 BA NEW MOBILE HOME: Morehead area. \$600 + utilities. Students welcome. 606-780-4848.

2 BR TRAILER: Located across bridge at Harold. Call 432-5415 before 7 pm, 432-2311 after 7 pm.

2 BR, 2 BA MOBILE HOME: Located Left Fork of Abbott. \$300/month + utilities & deposit. 886-0030 or 304-776-1294.

2 BR MOBILE HOME: \$285 month + utilities. No pets. 874-2219.

NICE 2 BR MOBILE HOME: Partly furnished with central heat & air. Minutes from Prestonsburg. \$300 month + \$100 deposit. 874-9488.

2 BR MOBILE HOME: Appliances, fireplace, garage, private lot. On Arkansas Cr. Rd. Real nice. \$350/month + utilities. Available Oct. 15th. 886-6665.

2 BR MOBILE HOME: At Banner. Water, Cable and trash paid. Deposit negotiable. 874-0267.

2 BR, 2 BA FULLY FURNISHED: With washer & dryer, equipped for handicapped. Barnett Dr., KY. 285-3140.

NICE 3 BR MOBILE HOME: Central air & heat. 874-0011.

Rental Properties

B & O RENTAL PROPERTIES 1 & 2 BR apartments. 2 BR house. All located in Prestonsburg. Call 886-8991.

2 BR TOWNHOUSE with garage in Allen. Central heat & air. Also, 285-0900 or 874-9976.

2 BR TRAILER: At Old Allen. 3 BR house. 3 BR trailer. 874-9757.

EMPLOYMENT

When responding to Employment ads that have reference numbers, please indicate that entire reference number on the outside of your envelope. Reference numbers are used to help us direct your letter to the correct individual.

Job Listings

We hold the KEYS to Your SUCCESS!!!

~ \$30,000 + 1st Year!
~ A 14 Day CDL Training Class!
~ No Cost Training Available If Qualified!
~ No Exp / No Problem!

Call Franklin College Truck Driving School TODAY!

1-888-645-8505 / CDL Holders 800-958-2353

ENVIROMENTAL LABORATORY seeking Degreed Chemist minimum 1 year experience. Call between 8-5. (606)432-1151.

SECURITY OFFICER: SCG is accepting applications for p-t, on call, armed officer. Rate \$13+. Must pass background check, high school diploma / G E D required. Call Capt. Mack at 502-561-0821. EOE/AA.

AVON: Great way to earn extra money and get nice gifts for Christmas. Great Career Opportunity. 1-800-796-7070.

Help Wanted

OWN A COMPUTER? Put it to Work \$25-\$75/hr.. PT/FT 1-888-291-1244 www.work-from-home.net/kelly

POSTAL JOBS To \$18.65/hr. WILDLIFE JOBS To \$21.80/hr. Benefits, Application & Exam info, 7 days, 9am-9pm Call 1-800-966-0947 ext: 109.

WORK FROM HOME: Earn an extra \$500-\$1,500 a month part-time. Find us at: www.ouranswer.com or call 1-800-585-0760.

WANTED: Drivers and Owner Operators specializing in flat beds and over dementional loads. Home on the weekends. Call between 8 am and 6 pm, 1-800-633-7606.

Wanted

SOMEONE NEEDED: To stay with elderly lady at night. In Sugar Loaf area. Call 874-4053 or 874-8370.

PETS AND SUPPLIES

EXOTIC BIRDS FOR SALE: Call 285-0410 or 285-0650.

WEIMARANER PUPS: AKC. \$250. 606-865-4081.

A.K.C REGISTERED Border Collie Puppies. \$125 each. 606-358-4291.

FREE: 6 Beautiful kittens (6 weeks old) to good home. Litter trained. Calico, gray & black. Call 886-2804 or 886-2163, leave message.

YARD SALES

GARAGE SALE: Rain or Shine, Monday, Oct. 4. 1 mile off Mt. Parkway on David Rd. (JCT. 404).

YARD SALE: Mon. & Tues., Oct. 4 & 5. 366 N. Highland. Some furniture.

NEIGHBORHOOD GARAGE SALE: Cedar Trace Subdivision. Baby, children & adult clothes, household items, etc. Oct. 2, 4 & 5, 8am-2pm.

3 FAMILY YARD SALE: Mon., Oct. 4th, 8:30 - 4 pm. Inside Green Acres Community Building. Name Brand clothing for whole family, baby items, household items, toys and lots more.

SERVICES

Cake Decorating

WE DECORATE BIRTHDAY & PARTY CAKES: Many, many design & characters to choose from (including WCW & WWF wrestlers). All special orders ar welcome. Call Blanche at 452-9353 or Rhonda at 452-4844, anytime to place your order.

Carpentry Work

Honeycutt New Homes & Remodeling Roofing & Painting, interior & exterior, Concrete work, Pole Buildings, any size, Decks, underpinning mobile homes, dry-walling. 24 years experience, Free estimates, references, if needed. Call 886-0633.

PAINTING AND CARPENTRY: In and around the home. Call 889-0210.

Chimney Cleaning

R. A. TAYLOR: Chimney Cleaning Services. Experienced. We do painting also. 886-8453.

Concrete Work

JIM'S CONCRETE SERVICE: Slabs, Patios, Sidewalks, Steps, Footers, Driveways. 16 yrs. exp. Free Estimates. Call Jim at 889-0805.

Dog Grooming

DOG GROOMING: All breeds. Fancy Cuts. Professional Groomer. Call Betsy at "Tails a Waggin" 297-3647.

Professional Service

WILSON, SOWARDS, POLITES & McQUEEN *Auto Accidents *Worker's Compensation *Bankruptcy *Social Security Disability Call 886-8830. Paid Advertisement

Roofing & Construction

ARVIN ROOFING You've tried the rest, now try the best! Commercial & Industrial. 27 yrs. experience. Local references. FREE estimates. 606-723-0094

Tree Service

TREE CUTTING AND TRIMMING: Topping, brush removal, land clearing, etc. Large or small jobs. References furnished. Free estimates. Call 889-9630.

WANT TO DO TREE TRIMMING: Yard work, landscaping & hill side cutting. 874-4416 or 886-8350 call anytime.

Upholstery & Sewing

UPHOLSTERY & SEWING, INC. Furniture, Autos, Boats, Clothing Alterations and Wedding dresses made. Tracy Bobo, seamstress w/10 yrs. experience. Located near hospital at Martin. Call Robert Moore at 285-0410.

MISC.

Musical Instruments

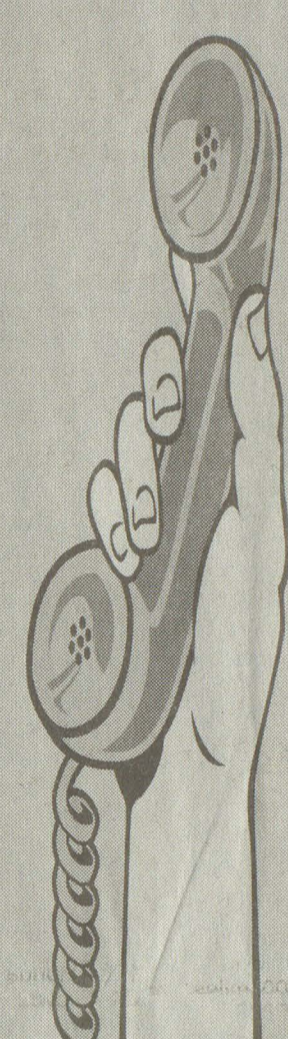
J & J MAY MUSIC Guitars-Banjoes. Buy, Sell and Trade. 605 N.Lake Drive Prestonsburg, KY 606-886-7010

Free

BECOME DEBT FREE! Cut payments without new loans. It's easy! 1 hr. approval. Call 1-800-517-3406.

FREE PALLETS: Can be picked up behind The Floyd County Times.

When there's a call for selling your old items, call the Classifieds!



CALL

TODAY

OUR RATES ARE:

\$1.00 per line, 4 lines minimum for Wednesday and Friday Paper. 25¢ per line, 4 lines minimum for Shopper if purchased with Wednesday and Friday.

50¢ per line, 4 lines minimum for Sunday if purchased with Wed. and Fri. (Shopper FREE)

Shopper only: \$1.00 per line, 4 lines minimum.

Sunday only: \$1.00 per line, 4 lines minimum.

Border Ads: \$2.00 extra per Wednesday and Friday, \$1.00 per Shopper or/and Sunday.

Reverse Ads: \$3.00 extra per Wednesday and Friday, \$2.00 per Shopper or/and Sunday

Shaded Ads with a border \$3.00 extra per Wed. and Fri., \$2.00 per Shopper or/and Sunday

Attention Lines, Centered/Bold Ads, 12 pt. Type, 14 pt. Type: \$0 extra per week.

Visa and MasterCard accepted over telephone or walk-in.
Fax 606-886-3603


For a price quote, call **886-8506**

Sandra at Ext. #15 or Jenny at Ext. #14

The Floyd County Times

TOMORROW

SELL



College Admissions

Full-time entry level position in Kentucky's largest private Junior College system for responsible, energetic person who enjoys working with the public. Leads furnished, afternoon and evening hours.

For more information contact:
Alice at (606) 432-5477

Loan Officer/Manager

Family Bank is seeking two career-oriented self-motivated individuals. Applicants with experience in the underwriting and origination of mortgage and consumer loans, as well as the skill to manage a growing office, should send their resumés to:

Family Bank, FSB
Attn: Becky Fyffe
P.O. Box 31
Paintsville, KY 41240

Family Bank is an Equal Opportunity Employer.

First Lady receives award for working with children

Children First Inc. recently honored First Lady Judi Patton with a special award for her outstanding leadership in advocating for children.

The organization's executive director Jean Kimberlin said that each year Children First recognizes one outstanding individual whose contributions to child victims of sexual abuse have demonstrated leadership, a strong com-

mitment to advocacy on behalf of child victims, and whose dedication and tireless efforts have inspired others to greater service.

Children First Inc. is a well-established Childrens Advocacy Center that opened in 1992. The center has provided services to over 3,400 sexually abused children and families. The facility is located in downtown Louisville.

"I cannot begin to tell you how

deeply touched and honored I am to receive an award from this important organization," said Patton. "When I became First Lady, I chose to take on child abuse and domestic violence as my causes. For too long, victims have told their stories to a public unwilling to hear them."

The Pattons presented checks totaling \$420,000 to eight Children Advocacy Centers across

the Commonwealth in April of this year. Both Gov. Patton and the First Lady have made it a mission to enhance the child protection system by increasing the number of advocacy centers in Kentucky. Two additional centers will open in eastern Kentucky.

Children Advocacy Centers are locations where forensic interviewing by law enforcement and staff of the Department of

Community Based Services can be conducted, where forensic medical examinations are completed, and where therapy and other support services are provided to children and their families. The centers are used as a way to ensure that the investigation and prosecution of child sexual abuse cases are well

coordinated in local communities.

Both the Governor and the First Lady were recognized during the event for their work on behalf of abused children in Kentucky by the Kentucky Association of Children's Advocacy Centers, which they helped to create last April.

26th annual North American International livestock exposition

The 26th annual North American International Livestock Exposition (NAILE) will take place, November 6 through 19, at the Kentucky Fair and Exposition Center. Premium catalogs and entry forms for those wishing to participate are available by contacting: NAILE, P.O. Box 36367, Louisville, KY 40233-6367, 502-595-3166, or by sending an e-mail to david.snider@mail.state.ky.us

Show dates, entry deadlines and fees by division are:

Quarter Horse Show—November 4-11

Entry deadline: October 25

Entry fees: by class—See Premium List, Post Entries Double Dairy Cattle Show—November 5-9

Entry deadline: October 20

Entry fees: open—\$20, junior \$20, both—\$30, late—\$35

Dairy Goat Show—November 6-7

Entry deadline: October 20

Entry fees: open—\$10

Junior Swine Show—November 6-8

Entry deadline: October 1

Entry fees: juniors only—\$15

Llama & Alpaca Show—November 6-7

Entry information—812-294-4880

Stockdog trials—November 11-14

USBCA sanctioned

Entry deadline: October 1

Entry fees: see premium list

Draft Horse Show—November

12-13

Featuring "Classic Series" six-horse hitch class

Entry deadline: October 31

Entry fees: by class

Sheep Show—November 12-19

Entry deadline: October 1

Entry fees: open—\$10, junior—\$10, both—\$15; Junior Wether Show—\$15

Beef Cattle Show—November 13-19

Entry fees: see individual breed listings in premium catalog

Additional information is also available at the NAILE web site: www.kyfairexpo.org/livestock/index.html.

Junior Swine Show

In the past, all barrows and gilts were shown in market classes that were broken by weight. In 1999, purebred market classes have been added to the junior swine show, and it will now be called the National Junior Market Swine Show. The show is co-sponsored by the National Swine Registry. Juniors entering the purebred classes must be members of the National Swine Registry Junior Association. Membership is not required to participate in the Crossbred classes.

All purebred entries must be registered and breed will be determined at check in. Breed classes for market hogs are: Duroc, Hampshire, Yorkshire and Landrace.

A junior showmanship contest

continues as part of the swine show lineup.

Beef Cattle division

The White Park, Tarentaise and Braunvich breed associations will conduct shows in the KFEC Broadbent Arena. In addition, White Park and Braunvich events will include sales after their shows.

Junior sheep show

Exhibitors are advised this year there will be no market available for sale of their lambs after the show.

The NAILE is home to several livestock judging contests including: National Collegiate Livestock Judging, Junior College Livestock Judging, National 4-H Livestock Judging, National 4-H Poultry & Egg Conference, North American Invitational 4-H Dairy Quiz Bowl, Invitational Youth (4-H & FFA) Dairy Judging Contest, Invitational Senior College Dairy Judging, Invitational Junior Two-Year College Dairy Judging and Eastern National 4-H Horse Roundup.

The North American Championship Rodeo, the invitational finals for the Pro Rodeo Cowboys Association Great Lakes Circuit, is scheduled for November 11-13 in Freedom Hall, 7:30 p.m. nightly. Tickets are \$17 for Thursday and Friday performances and \$20 for Saturday night. Tickets go on sale on

Monday, October 18, at 10 a.m., at the Fairgrounds Ticket Office, 502-367-5144.

The NAILE is produced annually by the Commonwealth of Kentucky at the Kentucky Fair & Exposition Center under the auspices of the Kentucky State Fair Board. During its two-week run, the NAILE uses the entire 1,000,000 square feet of climate-controlled exhibit space available at the facility. In 1998, more than 21,000 livestock entries from across the nation competed for in excess of \$500,000 in premiums and awards. More are expected to participate in this year's expo.

Kentucky Foundation for Women announces special funding initiative

The harmony reflected in a street-side mural, a moving song in unison by a gathered crowd, an unforgettable painting—there is no denying the influence of art on society.

To explore the interaction between art and social change and celebrate 15 years of support for women artists, the Kentucky Foundation for Women is announcing a one-time-only special funding initiative.

The Special Initiative on Women, Art and Change offers funds ranging from \$3,000 to \$5,000 to individual artists and non-profit organizations exploring the role art plays in social change.

Individual artists and organizations can apply for these special funds by writing a three-page letter

detailing how their project will affect positive social change and improve the lives of women in Kentucky.

Since its establishment in 1985 by philanthropist Sallie Bingham, the Kentucky Foundation for Women has encouraged and strengthened women working in all art forms throughout the state. This initiative is an extension of that work and a way to gain greater understanding about how their project will affect positive social change and improve the lives of women in Kentucky.

Both individual artists and non-profit organizations are encouraged to apply for Special Initiative funds. The deadline for application is November 15.

HOME TIPS

SAFE, NOT SORRY - My brother keeps a gift bag filled with extra rolls of toilet paper in his powder room, which has no cabinets in which to store items. This provides an attractive way to make a very necessary item visible to guests who may otherwise feel uncomfortable bringing attention to an empty toilet-paper holder. Rita K., San Angelo, Texas

RECYCLE - I have many colorfully decorated gift bags given to me for Mother's Day, Valentine's Day and my birthday. I hang them in my bedroom on a decorative wooden rack with knobs and store pantyhose in one, jewelry in another,

scarves or socks in another. Now I am more organized and can find what I need immediately. Tess J., Reston, Va.

KEEPING CLEAN - After my darned socks have worn through again, I cut them off an inch or two below the cuffs, leaving the cuff rounds to slip over my wrists, protesting my blouse or shirt sleeves when I do crossword puzzles. I cut open the foot part of the sock and use it for a dust rag. Yolanda C., Jeffersonton, Ky.

HAIRDO KEEPER - While traveling, I use a half-slip over my pillowcase at a hotel to protect my

hairdo. It works great! Maria P., Spokane, Wash.

YARD SALES - Recently, we made yard-sale signs using old legal-size file folders, old crayons (won't smear in the rain), tassels from folded and cut gift wrap to blow in the wind and wire frames abandoned by defeated politicians. No cost, recycled and based on tips from students. Still learning! Edna S., Portage, Wis.

Share your special Home Tip with our readers. Send it to Diane Eckert, King Features Weekly Service, 235 East 45th Street, New York, N.Y. 10017.

Jordan wins a membership to JuniorNet for today's question. www.JuniorNet.com

by Jok Church

YOU CAN

with beakman & jax

Dear Jax,
How do they implode a building? What's the difference between explode and implode?

Jordan Leppo
Sykesville, Maryland

Beakman or Jax
P.O. Box 30177
Kansas City, MO 64112
Question, name & address

HOUSE OF CARDS

WHAT YOU NEED: deck of playing cards - string - help from a member of your family (the more cards and helpers you have, the better)

WHAT TO DO: Look at the drawing and use it as a guide to build a house of playing cards. It usually helps to squeeze the sides of the cards in to bow them a bit. Make sure to lay the string on the table in a loop around one of the cards that will be in the middle of the house.

When you finish building, pull out the string. See if you can learn which single card to remove that will take down the whole building.

Use this design to build more than one floor

Jax Place
Jax Place

Dear Jordan,
When something explodes, it gets really large really quickly. It blows up and out. Exploding a building would hurt other buildings and maybe people, so it's a bad idea.

Imploding a building means to have the building fall in on itself. It's actually safer than other ways of tearing down a building.

Experts have to know how the building went up, what the building's structure is. Then they can place explosives on key points and set them off in the right order. Another way of saying that is sequential detonation (see-KWEN-shul).

To take a building down, you have to know why it stands up in the first place. That's partly a science and partly an art called structural engineering.

This is an example of how a building could be imploded. Our first floor support columns are destroyed in the order white, gray and then black.

In a real implosion, a structural engineer would figure out the special order to destroy many different columns on different floors.

FALLING IN

P.S. from Beakman: Most librarians now have a computer on the internet. You can use it to go to our Web site. There you'll find links to videos of buildings that were imploded.

INSIDE

*Sports In
Perspective*

Sports Plus

Sunday
October 3, 1999

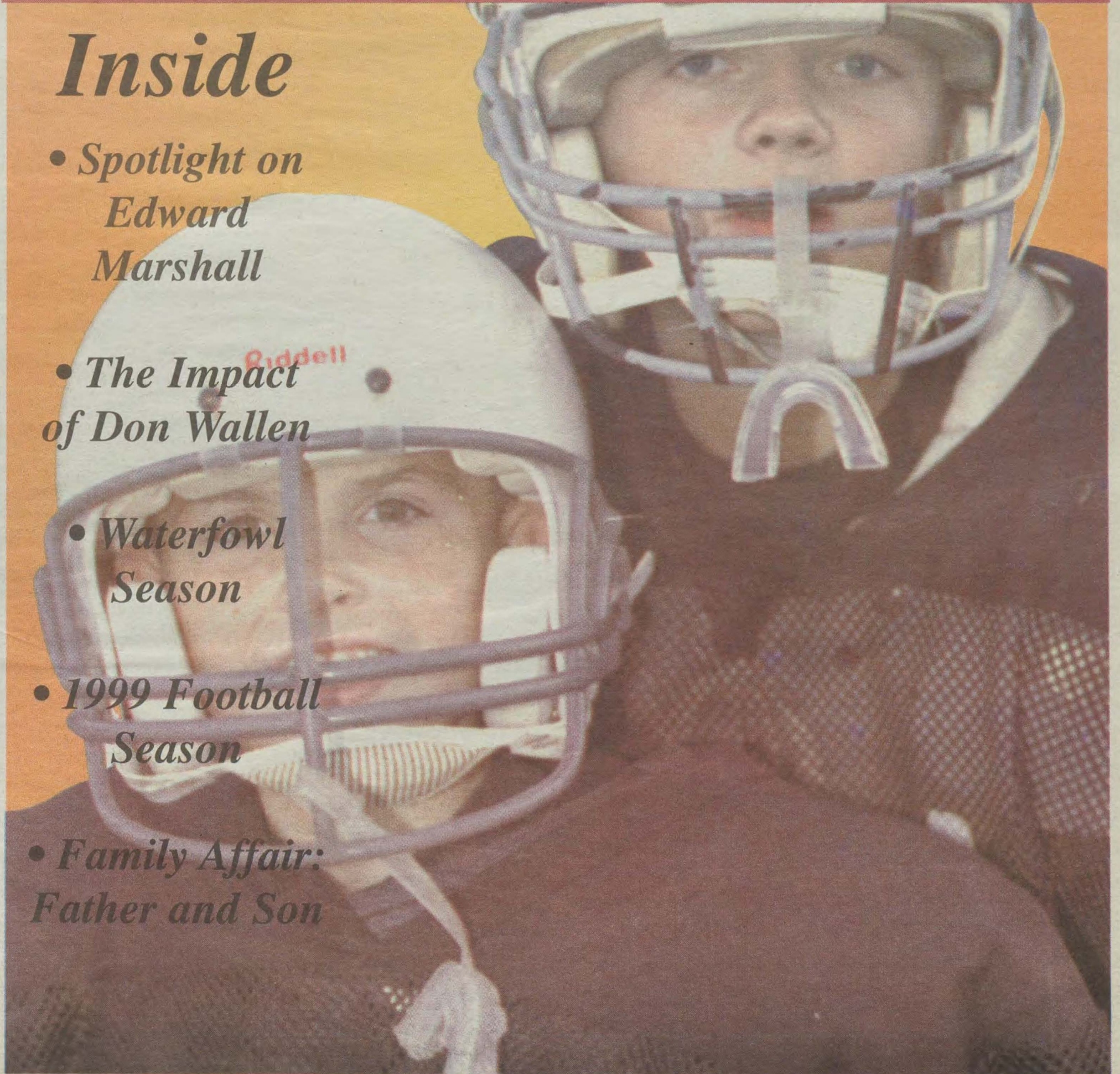


ED TAYLOR

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Inside

- *Spotlight on
Edward
Marshall*
- *The Impact
of Don Wallen*
- *Waterfowl
Season*
- *1999 Football
Season*
- *Family Affair:
Father and Son*



Sports In Perspective

Tiger Woods: How good is he?

by Denis Harrington

Just how good is Tiger Woods?

It's a question which only the passing years can answer with any validity. However, comparisons with other famous golfers can be made given relative time frames.

Robert Tyre "Bobby"

Jones' links career parallels that of Woods rather closely at its outset. Both men were teenage phenoms on the national scene, garnering headlines in competitions with more mature and experienced players.

In 1917, Jones was a mere 15 years old when he toured the country with several other child golf stars

who conducted a series of exhibition matches to raise monies for the Red Cross during America's involvement in World War I. That year he won the first of three Southern Amateur titles.

Woods dominated school in golf as a downy-cheeked lad, annexing a trio of U.S. Golf Association junior championships. His exploits

earned him a special invitation to lay in the PGA Tour Los Angeles Open.

Early on, Jones demonstrated a fierce competitive demeanor which occasionally exceeded the bounds of proper golf course propriety. These displays of temper elicited prompt parental strictures that quickly convinced the young Jones to

keep his emotions in check.

Until recently, Woods has been guilty of pounding golf clubs on the ground in a display of anger and enunciating a few choice epithets for good measure. Of late, he seems to be exercising better control in aggravating situations.

At age 17, Jones reached the final round of the 1919 U.S. Amateur but lost by a five and four margin. Another six years would pass before he was able to win a major tournament.

Woods enjoyed a standout career as a simon pure, claiming the U.S. Amateur crown thrice in succession between his 18th and 21st birthday. He added a number of other important amateur baubles to his trophy case and represented the United States in Walker Cup competition.

In 1923, Jones won the U.S. Open, his first major event, at 21 years of age. From that juncture through 1930 he would straddle the world of golf, finishing at the head of the field in four U.S. Opens, three British Opens, four U.S. Opens, three British Opens, five U.S. Amateurs and one British Amateur.

During 1930, Jones concluded his competitive tenure by winning all four major tournaments — the Grand Slam.

Wrote New York Sun sports columnist George Trevor, "No one before has ever won all four championships in one year, and with the Opens now dominated by pros, it's unthinkable that anyone ever will again."

In 1997, Woods embarked upon the quest for golfing immortality with a runaway victory in the Masters, his debut in a major event as a pro. He was

21 years old. Two summers later he added the 1999 PGA Championship to his laurels, his second major, and was ranked number one in the golfing world.

Said Jack Nicklaus, "He (Woods) hits the ball nine miles and with a swing that looks like he's not really trying to do it."

Most knowledgeable observers consider Nicklaus to be the greatest golfer of all time.

The late Gene Sarazen said, "Jack (Nicklaus) has won more majors than anybody. He's the best there's ever been."

In 1962, Nicklaus won the U.S. Open at the age of 22. The following year he topped the standings at the Masters and the PGA Championship. He chalked up his first British Open victory in 1966. So, at 26, he had already finished atop the leader board in all the major tournaments at least once.

Currently, Nicklaus has 18 major titles to his credit — four U.S. Opens, three British Opens, six Masters and five PGA Championships. Also, he's won the Australian Open six times and been named the PGA Player of the Year on five occasions.

Now 23, Woods had headed the field twice in major events. He placed third in the 1999 U.S. Open, just two strokes out of the title picture. A single shot was all that prevented him from playing off for the 1998 British Open trophy.

"I'm still young," he said recently, "and I know I can win any time out. I just have to be patient."

Woods would like nothing better than to surpass Jones and Nicklaus. A tall order, but he has the ability to do it.

Hunting ginseng or yellow root at Fishtrap Lake

Fall is the time of year when hunters take to the woods to enjoy hunting game. However, not all hunters are hunting for game, they are hunting ginseng.

Hunting for ginseng has become a way for people to make extra money. The

dried roots of ginseng have been used in medicines for centuries and has been bought and sold for high prices. Digging ginseng on Fishtrap Lake property is strictly prohibited.

Title 36 of the U.S. Code of Federal Regulations, governs the

use of all public property at Fishtrap Lake and Chapter 111, Part 327.14 (a) Public Property states: "The destruction, injury, defacement, removal or any alteration of public property including, but not limited to, developed facilities, natural formations,

mineral deposits, historical and archaeological feature, vegetative growth, is prohibited." Persons violating this regulation can be prosecuted in federal court and can receive a maximum fine of \$5,000, six months imprisonment or both.



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Marshall Edwards still enjoys running the roads

by Ed Taylor
Sports Editor

One day after the Fourth of July in 1994, tragedy struck Marshall Edwards. He suffered a serious auto accident on July 5 that left him 19 percent disabled.

The accident took away from Marshall a desire he had to compete in 26-mile races in all 50 states of our union.

Edwards had completed 31 one of those goals before he was injured in the legs and took away that ability to compete with other runners. Today, he walks with a permanent limp. But the accident failed to do one thing — take away the competitiveness that still lies within him.

Despite his injuries, Edwards, a pharmacist with Rite Aid, continues to compete in road races but the only way he can is by a specially made three-wheel wheelchair. The chair was designed by one of just seven manufacturers in the USA that build the special wheels

for disabled athletes.

Edwards has won marathons since he has been involved in running. But after the accident and being relegated to the special chair on wheels, he still continues to compete.

"After the car wreck, I have done three marathons in the chair, and they have been an adventure," he said after racing in the Sourwood Road Race in the Black Mountains.

Edwards says he now concentrates mostly on 5K and 10K road races.

Edwards' mother, Ruby, got to see her son race for the first at the Sourwood Road Race and she was a bit apprehensive, according to Edwards.

"She was just afraid I would wreck," said Edwards.

Edwards said he actually did experience a wreck in the chair and broke three ribs in the mishap.

Perhaps the greatest enjoyment for Edwards took place in Chicago when he was competing in the LaSalle Banks Chicago Marathon in

October of 1995. It was there that he got to meet for the first time Bart Bardwell of Stewartville, Minnesota.

"Bart was a former construction worker injured in the 70s," explained Edwards. "A bucket of concrete fell on him."

Edwards became familiar with Bardwell after he read an article written by Bardwell in Sports Illustrated where he claimed to be "the luckiest person alive."

"I read the article and challenged him that I was the luckiest for surviving my auto accident," said Edwards. "We wrote each other through early to mid 1995."

It was in October of that year that Edwards did his first 26-miler.

"Fifteen minutes prior to race time, I rolled up," he explained. "I saw Bart for the first time. I met his wife and children. During the course of the race, he stayed beside me the whole way."

When the two crossed the finish line, they joined hands in celebration.

At the Sourwood Road Race, Edwards was not so much interested in winning, but he had a different goal.

"I was just seeking acceptance by the people and to show my mother how I now raced with my disability," said Edwards.

At the Sourwood Road Race, runners as well as the crowd cheered him on in encouragement.

In the Swannanoa Valley, where Edwards resided and attended Owen High School, he found that he could go home again.

"It's been a long time since I had been back," said Edwards. "Thomas Wolfe is the one who said you can never go home again — but I say, yeah, you can to some extent."

"I know this is the only way I can compete because of the limitations put on me from a stupid car wreck. I'm not going to give in. Compared to my father's battle with leukemia, my injuries are very, very small."

A fitting end to this story

of determination, delight and desire, it came when Edwards stepped forward at the conclusion of the Sourwood Road Race awards ceremonies.

As Edwards stood up and limped out to accept his trophy, he told race director Don McMahill and others present to "value each day."

Once he was able to run like others. He was competitive and found success. Then the accident. But for Marshall Edwards, he was never defeated because his competitive edge just wouldn't allow for it. We all can learn a lesson from the message he has been sending out.

**Edward
Marshall**



**MARSHALL EDWARDS
(RIGHT) AND BART
BARDWELL held hands
as they crossed the fin-
ish line in the LaSalle
Banks Chicago
Marathon race in '95**

'99 Halfway

by Ed Taylor
Sports Editor

For some area teams, it has been a good first half of the 1999 football season. Other teams can't wait until the last five weeks go by.

Most sports fans in the area are anxiously awaiting the start of the second half of the season.

But, no matter how you look at it, there remain five weeks of football season to play.

Now, if that is too much for you, the second half promises to be just as well for some teams, than the first half.

The district races are just now getting interesting. Take Prestonsburg High School. Their first four games were played against non district opponents. They had one home game in the first half and two of those were out of state.

"We lost to Mountain View, but I tell you, they are good enough to win the championship," said Blackcat coach John Derosssett.

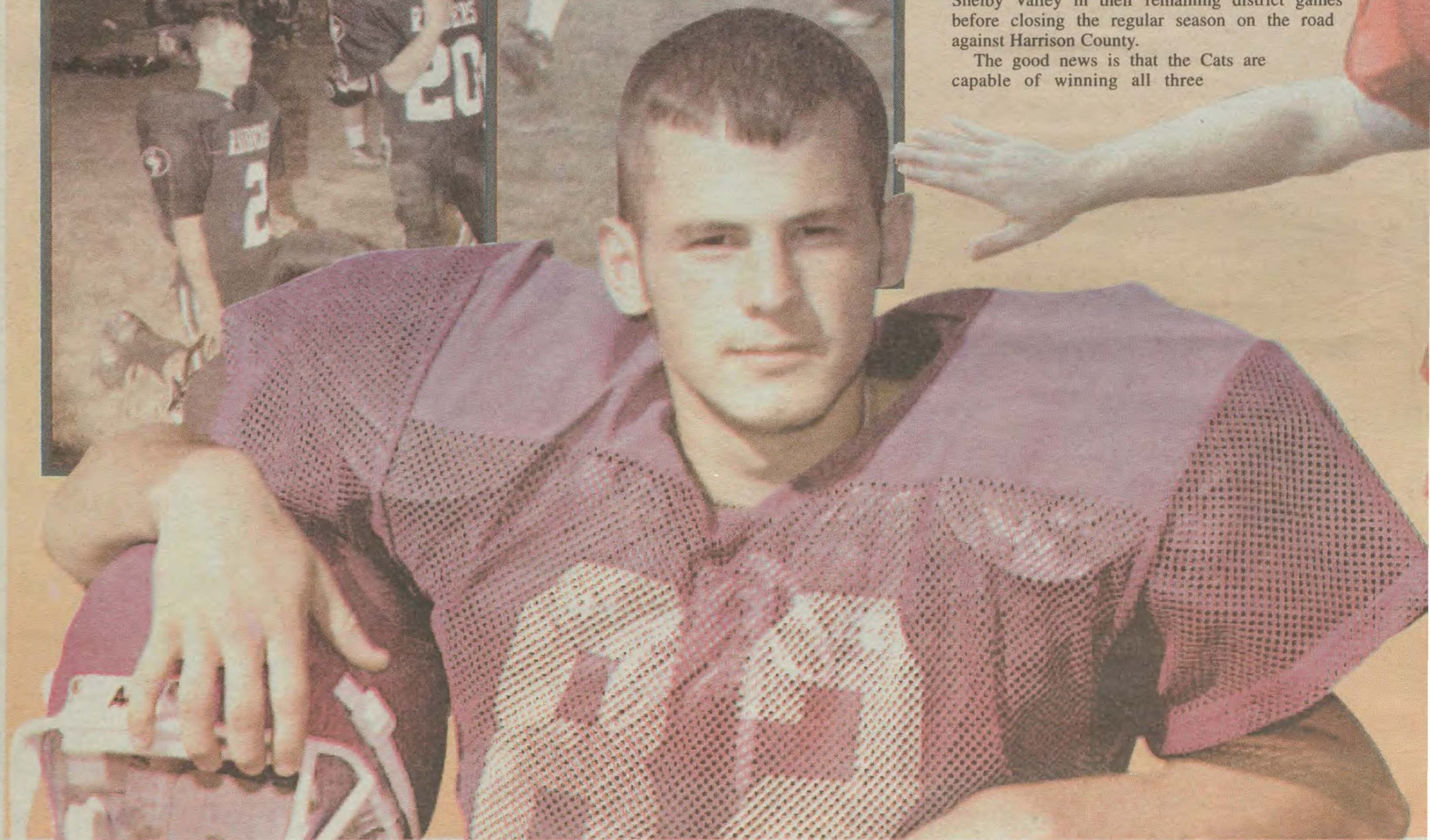
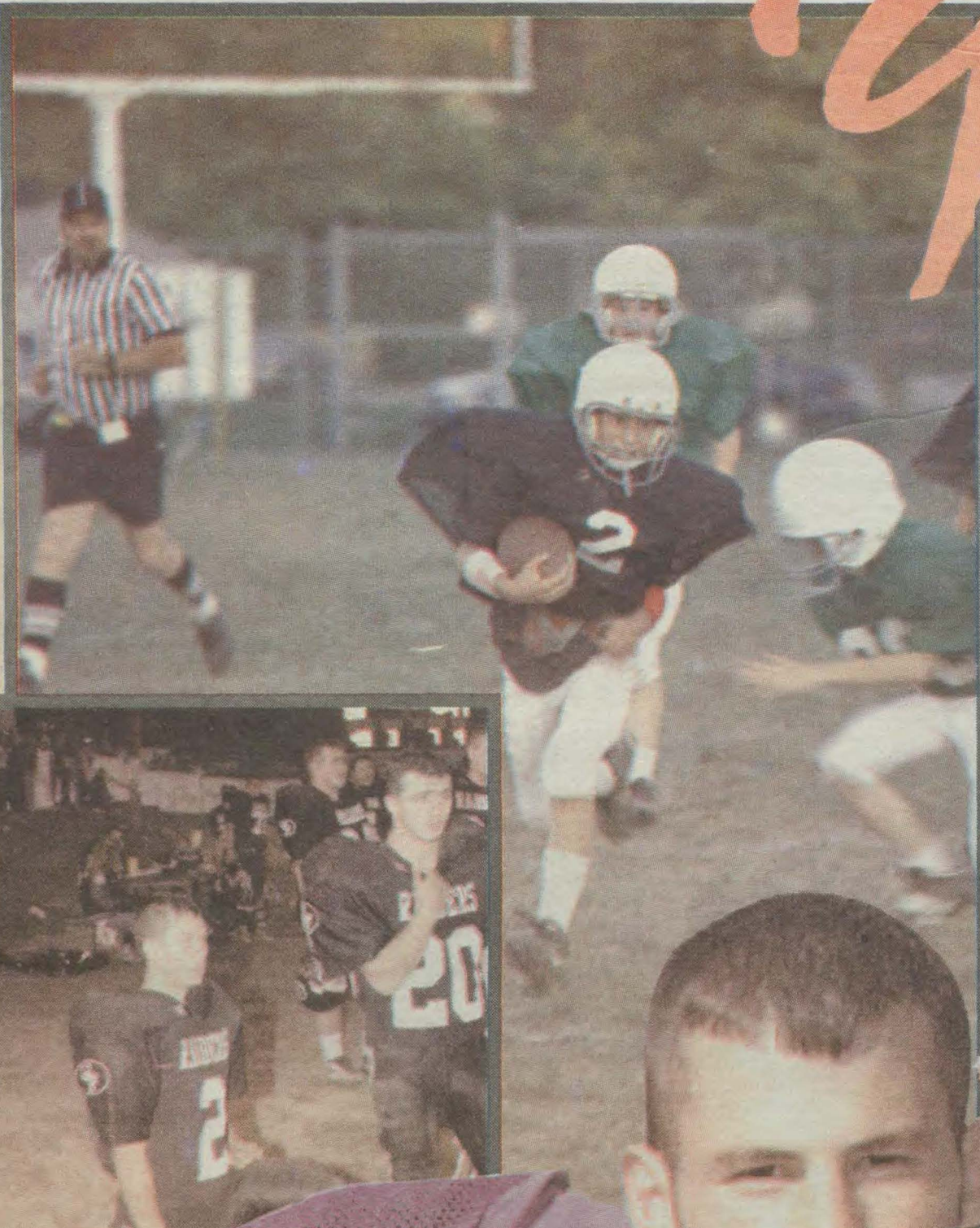
Every coach wants to win every game, but those same coaches know the most important part of the season is before them — the district games.

Prestonsburg is one of those schools that will be giving their fans a lot to cheer about in five weeks — not that the first four weeks were not important, but that the teams finish in their respective districts that determines their chances of winning places, if any, in the November state playoffs.

Prestonsburg won for the first time last Friday night and faced Betsy Layne this past Friday night with a victory that ran their overall record to 2-4 but, more importantly, gave them a district record of 2-0. Anyone can see that is good for a tie for first place.

The Cats will meet Belfry, Pike Central and Shelby Valley in their remaining district games before closing the regular season on the road against Harrison County.

The good news is that the Cats are capable of winning all three



Football season, playoffs taking shape

games and the team is confident they will do just that.

Shelby Valley is the surprise team of District 2 with an unblemished 6-0 record. However, fans are quick to point out that the Wildcats have not played anybody. But, you have to be a good team to be 6-0 at this stage of the season.

Up Left Beaver, Coach Donnie Daniels and the South Floyd Raiders have a little more difficult schedule facing them as they travel to Hazard this coming Friday night and play at Paintsville as well on October 22.

In between the two district games, the Raiders have a date with Allen Central in the Red, White and Blue Bowl at Allen Central. The game is always a rough one as the two schools have no love for one another.

As always, the Raiders will close out their regular season with Elkhorn City. That matchup has been the deciding game in deciding the fourth district berth in the state playoffs.

South Floyd is 4-2 overall and 2-1 in district play. The three remaining district games are vital to the Raiders who must win one of the remaining three for a 3-3 district record, which should be good enough for a playoff spot.

The Betsy Layne Bobcats are 0-6 on the season and 0-3 in district competition. The Bobcats have remaining district games with Shelby Valley and Whitesburg. The Bobcats close out their season on the road against Fairview. Coach Ted George would like to pick up a win in the final four games of the season.

Coach Kevin Spurlock and the Allen Central Rebels have

been up and down this season and are not competing for a district title. Three games remain on the Allen Central schedule, and the team will not be competing in the eight-man tournament this year. So their season will end October 22. The Rebels are 3-3 on the year. Reports have the Rebels getting back into the district war in the year 2000.

The grade school football season, especially in the Big Sandy Conference, has been good this season. The South

(See Football, page six)



The impact of Don Wallen

by Ed Taylor
Sports Editor

Take a map, and it had better be a good one, and look for the town of Wheelwright. On most maps you will find the once flourishing coal mining community but it was there that Don Wallen began a career that would have an impact on many, many, many students lives.

Wallen passed away on August 27 of this year of cardiac arrest and left a legacy of being a positive influence on the lives of those around him.

"Don Wallen, in my opinion, was one of the best sports figures to come out of the state of Kentucky and certainly the best from the mountains of eastern Kentucky," said long-time friend John C. Osborne, who now resides in Miamitown, Ohio. "I grew up with Don at Wheelwright and went to his games when he was in Kentucky and then Florida.

"Don never got above his hometown and friends. I visited Don at his home in Stuart in February of this year. We talked a couple of hours. Don is sadly missed by thousands of friends he had."

Wallen died at the age of

63, but he was known as one of those "small town boys who made good."

Perry Jones remembers Wallen very well.

"Don wanted to take me to a game his team was playing in Georgia," recalled the long-time Wheelwright fan. "He said he did not have room for me. So, I just set out hitchhiking down there and I beat the team there. He brought me back when they came home."

Wallen coached for several years at Wheelwright and was instrumental in leading the Trojans to three consecutive district titles in '60, '61, '62. Wheelwright had never won a 58th District tournament until Wallen took over the basketball program.

His only team to make a trip to the Sweet Sixteen was the 1961 Trojan team.

According to reports, his office at Stuart Middle School in Florida, was filled with memories of the eastern Kentucky community and he often said "those were his roots."

After graduating from Wheelwright High School, like most ambitious young people, Wallen traveled to Statesboro, Georgia, where he enrolled in Georgia Southern and was, later in

life, an inductee in their Hall of Fame.

Wallen graduated from Georgia Southern where he earned eight varsity athletic letters.

Upon graduating from college, Wallen trekked his way back to the hills of Kentucky where he became basketball coach at Wheelwright High School. There he began a remarkable career as coach, educator and most of all, a motivator to thousands of kids. At Wheelwright, he had an outstanding career, winning 219 games while only losing 37. He coached

nine years at the Wheelwright school.

Looking for a new challenge in the world of education, Wallen left the eastern Kentucky mountains for a promising future in Stuart, Florida and Martin County High School.

During his tenure of 23 years as head basketball coach at Martin County,

Wallen won three state championships, plus nine regional titles and 13 district championships.

Wallen coached, according to reports, 32 years com-

piling an amazing record of 760 basketball victories. His coaching career ended in 1989 when he became assistant principal at Stuart Middle School where he served for more than two decades. He became the school's principal in 1991. He held that position until he retired this year.

Wallen will long be remembered for the encouragement he gave to countless athletes and students alike, as he encouraged them to strive for better things.

When Wallen took the head coaching job at Martin County High School, he wrote an essay, blueprinting how he would turn the basketball program around. He said he would use the same blueprint that worked so well at Wheelwright.

Don Wallen was more

than just a basketball coach, he was a human being first. If a kid walked into his office without shoes, he would go out and buy them a pair, according to his son Chris, who also played basketball for his father. "It wasn't for the limelight, but just something he did for the children."

A Don Wallen Dream Fund has been established in honor of Coach Wallen. Money raised for the fund will be used to give scholarships to those who need it.

At his funeral, more than 1,200 people packed the Don Wallen Athletic Complex to pay tribute to the man who touched so many lives. Don had become a father figure to hundreds of students. He believed that being part of a team was far more important than individual glory.



Don Wallen

Waterfowl season set

This year, Kentucky's duck season will be one segment that runs November 25 until January 23 of next year, covering 60 consecutive days.

One additional day, Saturday, January 29, 2000, has been designated as the Youth Waterfowl Hunting Day for persons 15 and under to hunt ducks, coots, mergansers and geese. Participants must comply with hunter education and hunting license requirements and be accompanied by an adult.

Daily duck limits are the same as last year, except the number of scaup allowed has been reduced. The daily bag limit is six ducks and may include not more than four mallards (two female mallards), three scaup, two wood ducks, two redheads, one pintail, one black duck, and one canvasback. Shooting hours are one-half hour before sunrise to sunset daily.

Goose hunting dates are as follows:

- Western Goose Zone (except Ballard Reporting Area): December 4 through January 31, 2000 (Fulton County may continue until February 15, 2000). The quota hunt for the Henderson-Union Reporting

Area is 3,200.

- Ballard Reporting Area - December 11 until January 23, 2000 with a quota of 8,000.

- Pennyroyal-Coalfield Goose Zone - December 28 until January 31, 2000.

- West - Central Canada Goose Subzone - December 28 until January 31, 2000 (mandatory permits and reporting are still required).

- Eastern Goose Zone - December 13 until January 31, 2000.

- Northeast Kentucky Goose Subzone - January 23-31, 2000.

- Northeast Kentucky Goose Subzone - January 23-31, 2000 (mandatory permits and reporting are still required.)

- White-front geese and brant: Statewide - November 25 until January 31, 2000.

- Snow Geese: Statewide - November 25 until March 10, 2000.

The daily goose limits are the same as last year, with the combined daily bag limit of six dark geese, which may include no more than two Canada, two white-fronted geese and two brant. The bag limit for snow geese (including Ross' geese) is 20 per day.

Dates for the Ballard

Wildlife Management Area are: ducks - December 15 until January 23, 2000; geese - December 15 until January 23, 2000 with bag limits the same as in the Ballard Reporting Area.

New this year is the opening of the U.S. Forest Service lands in the Laurel River Lake to goose hunt-

ing. These include Bell, Clay, Laurel, Pulaski and Whitley counties. The reservoir will be open under statewide regulations. Marina, boat ramps, dam and areas marked by signage will be closed to hunting. In addition, all of McCreary County will be open to goose hunting this year.

Football (Continued from page four)

Floyd Raiders and Inez Indians have had their way, both being undefeated. But all that will end this Thursday night when the two teams meet at South Floyd with unblemished records.

The Adams Middle School Blackcats have shown a lot of promise and seem to be getting better and better with each game. Coach Tommy Poe's team could be a factor in the season-ending grid tournament October 16 at Allen Central.

Coach Jack Goodman's Allen Eagles are a strong football team and could have something to say about a championship. The Eagles have turned in some impressive games this season.

Coach Dwight Newsome

and the Betsy Layne Bobcats have been the surprise team and played South Floyd to the final horn last week. Look for Betsy Layne to be competitive in the playoffs.

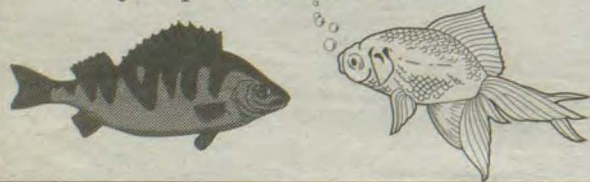
When October ends, so will the season for most teams. For others, it will mean an extra week and maybe more, depending how they fare in the playoffs.

The season seems to have been a quick one. For some, too quick. For others, not quick enough. That is what wins and losses will do for you.

With the grade school program on the rise, high school football looks promising in the new decade ahead. Have a good second half of the season!

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– Family Affair –

Father and Son Love to Hunt

by Karen Joseph
Contributing Writer

The hills are beginning to turn into a beautiful picture. Some people view the fall as the time before cold weather arrives, but there are a lot of people (especially hunters) who see it as the greatest time of the year. It is the beginning of deer season.

The fishing season is just winding down. Squirrel season is open and rabbit season will be here soon. What more could you ask for?

As for father and son James and James Allen Akers, you couldn't ask for anything else. According to the, there is nothing better than hunting.

James and his 18-year-old son, James Allen, live on Prater Creek in Floyd County.

James says, "I have loved hunting and fishing all my life, and I guess my son James Allen picked it up from me. I took him hunting with me when he was just a little over two. He started hunting with a gun when he was six. I enjoy any kind of hunting, but I enjoy deer hunting most."

Bow season is in right now in Floyd and most surrounding counties, and James and James Allen are

getting ready to do some deer hunting. James Allen said there is a lot more to do to get ready than most people think.

"You need to have your bow finely tuned. You need to have the right shaft and length size to get an accurate shot. You also need to have your sights set," he said.

Hunting can get to be quite expensive.

"You need to have the right clothing and shoes. When you hunt during gun season, you must wear hunter's orange," added James Allen.

According to James Allen, you must attend a hunter's safety course before you can get your tags for deer hunting.

"I attended a hunter's safety course at the Dewey Lake several years ago to get my license. My dad used to take me to the youth hunts at Jenny Wiley when I was younger. My little sister, Angela, sometimes went along. She never did kill anything, but she went sometimes when her name was drawn to hunt over at the lake," James Allen said.

James Allen says he has killed three deer since he has been hunting. "I killed one at Grayson Lake and I have killed two in Floyd County.

I have killed all three with a gun. I use a 30/30 most of the time. I hunt during bow and black powder season too, but I have never killed a deer with any except my 30/30," he said.

James (the father) has not been an avid deer hunter all of his life.

"I didn't start going deer hunting until about ten years ago. My nephew got me interested in it. I had hunted rabbits and squirrels but I just never hunted for deer. I used to live in Ohio and up there, I hunted grouse and pheasant a lot. You don't see any pheasants around this part of the county. You may see a few grouse, but not pheasants. But I really enjoy hunting deer now. My son and I are tied in the number that we have killed. I have killed three also. I was with James Allen when he killed his first two, but I didn't see him kill his last one."

The father and son duo fish a lot in the spring and early fall. James caught a 42-inch catfish on September 3 of this year in the Big Sandy River just below Banner. He said this was the biggest fish he had ever caught.

"I have caught some big ones before, but this is the biggest one," he said.

James Allen said he had caught some big ones when he was smaller and had never caught one as big as this one.

"I do more fishing than

any thing these days. But fishing season is over and now I will do more deer hunting," James said.

Hunting together has helped this father and son to

develop a close relationship. According to James. "James Allen is in college and he works part time and this is really the only time that we get to spend together."



JAMES ALLEN AKERS stands beside two of the mounted deers, he has killed three deer since he began hunting twelve years ago.

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ALLERGIES??

Dr. Gregory Hazelett and Dr. Douglas Lamppin are proud to announce the addition of **Otolaryngic Allergy Testing** to their practices. As Otolaryngic Allergists, they are specialists able to diagnose and treat allergies, as well as other conditions of the ear, nose and throat. This is important in the treatment of allergies, because allergies are often accompanied with sinus infections, chronic cough, persistent sore or swollen throats, recurrent colds, chronic ear infections, headaches, stuffy nose, itchy eyes and skin rashes. They may also be associated with obstructive problems such as deviated nasal septums or nasal polyps. Drs. Hazelett and Lamppin use methods that are time proven in the diagnosing, treating and testing of your allergies. These methods will help you achieve effective control of your allergies in the shortest period of time.

If you are suffering from any of the above mentioned symptoms, call our office for further information at 432-4494 or 886-7224.



Adams Middle School Girls Basketball



Paintsville Middle School Girls Basketball