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Speaking of and for Floyd County

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50¢

The Floyd County Times

Seeks ruling from attorney general :

Write-in candidate lays claim to office

by Susan Allen
Staff Writer

A write-in candidate for the district three school board seat, who received just two votes in last November's general election, is asking state officials to declare him the winner of that race.

Robert Stewart, who was defeated by incumbent board member Tommy

Boyd by 1,496 votes, sent a letter Tuesday asking Attorney General Chris Gorman to investigate the issue because he says he wants to know "how a person can resign from office when legally he never held that position."

Boyd, who suffered a stroke last October and who has remained in a wheelchair and unable to speak, was sworn into office in a private ceremony in January. Dan Hall, acting as legal guardian for Boyd, resigned Boyd from his board seat March 31 because of health reasons. Boyd's resignation came just days before he was scheduled to answer charges of misconduct in office before the State Board for Elementary and Secondary Education.

Stewart said he also sent copies of his letter to Education Commissioner Thomas Boysen, State Board Chairman Joe Kelly and Office of Education Accountability Director Penney Sanders.

"I want them to see that they made a mistake in letting it go as far as it did," Stewart said Tuesday. "I feel that letting Mr. Boyd resign was just another power struggle between the clique in the school system to hang onto the position. That's the reason the school system is in the shape it's in. The board paid \$92,000 to have a ditch dug at Left Beaver. I ought to go into the ditch digging business"

Stewart was referring to a change order on the South Floyd High School construction project which the board approved. The change order was for the digging of a ditch for \$92,000.

Last month the board asked South Floyd architect Paul Hoffman what the ditch was for and where it was located. Hoffman said he did not know and told the board he would have the answers at the April 20 regular board meeting.

Stewart's letter says that since Boyd was unable to speak when he was administered the oath of office, his swearing in was not legal.

"I am requesting an opinion on (the state statute relating to a board member's oath of office)," Stewart wrote. "Does a nod of the head count as saying the oath of office? What about the constitutional oath he was supposed to take? I guess what I am driving at is Mr. Boyd should be removed due to his inability to serve. I can't read in this (Kentucky Revised Statute) where one can be sworn in by a nod of the head, but I can find where it plainly points out what 'being duly sworn' says."

(See Claim, page two)



The man, the myth, the legend

Cawood Ledford spoke with First Commonwealth Bank President Burt Wells Spuriock Thursday when the bank hosted the Floyd Chamber of Commerce "Business After Hours" Fair. (photo by Geoff Belcher)

July fireworks spur an explosive debate

by Geoff Belcher
Staff Writer

Discussions about the city's annual July Fourth fireworks display and about the use of Area Development Fund revenues set off fireworks of a different kind Monday evening at a meeting of the Prestonsburg City Council.

Tempers flared when Perry Summers, newly-elected chairman of the Prestonsburg Tourism Commission, told council members that he was "pretty sure" that the tourism commission would arrange and pay for

the annual Fourth of July fireworks display at Archer Park, but said that, with severe budget cuts, he was not sure where the commission would find the funds to pay for the display.

Summers said that, despite an increase in the city's tourism/recreation tax on restaurants and motels, the actual tax base had shrunk considerably because of a recent slump in area businesses which he attributed to the U.S. 23 construction.

Ralph Little, director of Archer Park, said that Summers' assessment of the situation couldn't possibly be right because the city council had already dug deeply into the park budget in order to help finance the tourism commission and the construction of the proposed Mountain Arts Center.

Angered, Prestonsburg Fire Chief Tom Blackburn said that if the city wanted a fireworks display at all the matter should be solved quickly because he refused to repeat what happened last year when the burden of organizing the event fell on the fire department.

(See Council, page seven)

Post office open late for tax filers

The main post office at Prestonsburg will extend its window service hours until 6 p.m. on Thursday, April 15 in an effort to accommodate late tax filers.

Also, any mail deposited at the main office or in collection boxes within Prestonsburg before midnight on the 15th will be postmarked on that day.

Planning group gets wheels turning on school projects

by Susan Allen
Staff Writer

Members of a local planning committee, charged with recommending architects for future school construction projects, have wasted no time in getting down to work.

Monday evening, committee members listened to presentations from three architectural firms and have sessions planned to talk with six more companies.

The committee is conducting the informational sessions in an effort to get a jump on two projects they have listed as the next major school construction projects needed for Floyd County.

A new elementary school to consolidate Maytown and Martin grade schools and renovation of Prestonsburg High School were the

top two priority projects listed in the committee's school facility plan released in February.

The committee hopes the two projects will be underway by next spring, but final approval must be given by the State Board for Elementary and Secondary Education.

Mishap at Watergap damages overpass

The Watergap Bridge south of Prestonsburg was partially closed after the overpass was damaged Tuesday morning. An overheight vehicle southbound on U.S. 23 did the damage to the bridge. Construction crews closed one lane of KY 80 around noon. The lane will remain closed until officials from the Kentucky Department of Highways can determine the full extent of the damage.

tary and Secondary Education. The state board is expected to review Floyd County's plan at its July meeting.

Questions from the committee centered on whether firms had a preference to use construction managers (CM) or general contractors on projects; who the companies feel they are responsible to; and how many change orders were needed on their last project.

The three firms, Johnson-Romanowitz and Randall Burchett; Clotfelter and Samokar; and Sherman/Carter/Barnhart outlined histories of their companies and tried to sway the committee to favor their firm as the best choice for future school projects.

Johnson-Ramonowitz has formed

(See Projects, page three)



Two injured, one in jail

Mickey Keller and Erman Dean Poe were injured Sunday when their vehicle was struck by a vehicle driven by Lois G. Hieronymus. Both men were treated and released at Highlands Regional Hospital. Hieronymus was charged with D.U.I. (photo by Janice Shepherd)

Two are hurt; one jailed in accident

by Geoff Belcher
Staff Writer

The Easter holiday was marred for at least three Floyd County families Sunday following an afternoon traffic accident that put two men in the hospital and a Meade Branch woman in the Floyd County Jail.

Mickey Keller and Erman Dean Poe were driving west on Route 114 at Middle Creek Sunday when an eastbound Cadillac driven by Lois G. Hieronymus crossed the center line, struck the Keller vehicle and forced it off the road.

Keller and Poe were transported

to the Highlands Regional Medical Center, where they were treated and released.

Trooper David Maynard, of the Pikeville Post of the Kentucky State Police, arrested Hieronymus and transported her to the Floyd County Jail.

According to jail records, Hieronymus was charged with driving under the influence of an intoxicant. The results of a blood test are still pending. Hieronymus was released later in the afternoon on a surety bond.

The accident is still under investigation by the Kentucky State Police.

Miner says his case should be reopened

by Geoff Belcher
Staff Writer

A disabled coal miner may ask the Kentucky Department of Workers' Claims to investigate his case in which he says he was "cheated" out of over \$15,000 in black lung benefits he claims he is entitled to.

William Thomas Spradlin, 42, of Prestonsburg, said last week that he had filed for workers' compensation funds in 1992 because he had developed Phase I pneumoconiosis, commonly referred to as black lung. Once the case went to court, Spradlin said, he was ordered to send X-ray photographs of his lungs to three different physicians, as was the company he worked for.

The physicians employed by the coal company, Spradlin said, all declared that his X-rays exhibited no trace of black lung, while the physicians his attorney employed all said that the X-rays proved he did have black lung.

In a letter dated December 21, 1992, Spradlin's attorney, Thomas G. Polites of the Lexington-based firm Wilson & Stanley, told Spradlin that he had decided to settle the case out of court for a lump sum of \$16,000 because, given the opposing expert testimony, there would be "a 50 percent chance of winning or losing" if the case went before an administrative law judge.

Several months later, Spradlin assumed the name Thomas S. Williams and asked Inez attorney Leonard Stayton to send new X-rays to Dr. Ballard Wright and Dr. Emery Layne, two of the physicians who had previ-

(See Miner, page two)

Local Sears store spared the knife

Community response has apparently reached the right ears with the announcement that Sears officials will not close three catalog stores in Floyd and Pike Counties.

Company officials announced last week that it will convert catalog stores in Prestonsburg, Pikeville and South Williamson to small retail businesses.

It was announced in January that Sears would close 2,000 of its catalog stores including the three in Floyd and Pike Counties.

Arthur C. Martinez, chairman and chief executive officer of Sears Merchandise Group, said last week that the company has received hundreds of calls and letters from customers in smaller markets asking that their stores remain open.

The conversion of the catalog stores to retail businesses is expected to be complete by the end of the year.

Third arrested for assault

by Susan Allen
Staff Writer

A third suspect has been charged in the Thursday night assault on Wayland police chief Danny Francis.

Marion Wade Martin, 21, of Wayland was arrested Monday night and charged with fourth degree assault on a police officer.

Martin is the third person charged in the incident which left Francis

slightly injured. Francis received a broken nose and required stitches in his face and head.

Two suspects were arrested at the scene Thursday, Gary Jacobs, 18, of Wayland and a 17-year-old juvenile. Both were charged with third degree assault on a police officer.

Charges against Jacobs are expected to be amended to attempting to elude a police officer and reckless driving because Francis said Jacobs

did not strike him during the altercation, deputy sheriff Johnny Layne said Monday.

The incident occurred at approximately 9:50 p.m. Thursday when Francis was attempting to make a traffic stop involving a blue truck in Wayland, deputy Layne said. The vehicle did not stop and continued to a private residence at Mill Creek on

(See Assault, page two)



Committee is gearing up for construction

Members of Floyd County's Local Planning Committee listened to presentations from three architectural firms Monday evening to get a jump on upcoming school construction projects. The committee, which plans to make recommendations on professional services hirings, evaluated three of the firms and plans to hear presentations from six other companies. In February, the committee submitted a long-term facility plan for school construction to the local school board. (photo by Susan Allen)

Miner

(Continued from page one)



Wedding bells and school bells

Professor Bob McAninch and fiancée Helen Perry-Schul presented PCC president Deborah Floyd with a \$1,000 check, the first installment of the McAninch-Perry Scholarship Fund. In lieu of gifts, the couple wants wedding guests to donate to the fund. (photo by Geoff Belcher)

ously declared he did not have black lung. Both physicians ruled that Thomas S. Williams' X-rays exhibited signs that he suffered from the first stages of black lung.

Layne said last week that he could not confirm whether or not he had read both X-rays, but said that different conditions, such as the quality of different X-ray photographs, the time of day the photographs are read and several other factors could account for the opposing opinions.

"I don't know what to tell you except that... people make errors.... Every physician who reads X-rays is capable of making such an error.... As the attorneys have often said, it's not an exact science."

Wright confirmed Friday that he had read both X-rays and had issued

conflicting rulings, but said that he could not confirm whether or not both sets of X-rays were of the same subject.

"(S)ince the X-ray evaluations were the only evidence presented in my case," Spradlin said in a letter to Workers' Claims commissioner L.T. Grant, "and since the outcome of my case was arrived at based on this evidence, I respectfully request that you order an investigation into the reasons that these 'pieces of evidence' are in error.... I can only wonder at this time how many other miners were denied a large portion of their benefits because of the conditions which existed in my case."

Spradlin said Tuesday that he had not yet sent the request for the investigation, pending further legal advice.

Claim

(Continued from page one)

When asked why he has waited until now to object to the results of the election, Stewart responded, "I was waiting for the wheels of justice to do the job."

"I had a right to contest the election 30 days afterward," Stewart said. "I figured Frankfort would go ahead and do what I'm doing. Now, I figure the (local) board will try to influence Mr. Boyd's replacement to get a 'yes man' in there, a pawn."

An investigation into Boyd's campaign finances is also being sought by Stewart, who said that there are "inconsistencies" in Boyd's reports.

Stewart has filed an application with Commissioner Thomas Boysen to fill Boyd's vacant seat in educational district three.

One other application has been received by Boysen to fill the vacancy in educational district two, which became vacant with the death last month of board chairman Ray "Shag" Campbell.

Ray Brackett, of Allen, has filed for Campbell's seat, education department spokesman Jim Parks said Tuesday. Brackett worked in the district from 1957 until 1988. He served as superintendent of the school system from 1985-88.

Candidates interested in applying for the vacancies have until April 19 to file an application with Boysen. Applications may be obtained at the school district's central office.

Maytown site-based council meeting rescheduled

The site-based council meeting scheduled for April 12 has been rescheduled for April 19, at 4:15 p.m.

Duncan is named chief by commission

by Susan Allen Staff Writer

In special session Thursday, Wheelwright City Commissioners named David Duncan as police chief and agreed to relinquish the city's rights to a red dog pile near the new prison site.

Commissioner Luther Johnson Jr. said Friday that Duncan was named to take the place of former chief Bob Moore, who resigned April 5 for personal reasons.

Moore, who last December replaced fired police chief Charles Harmon, has been involved in two altercations involving weapons since his taking over as police chief.

Moore said last week that those two incidents were related to his resignation.

Last month Moore was shot one time in the chest area with a small caliber weapon while answering a complaint. Moore, who was wearing a bulletproof vest, was not injured in the incident.

In January, Moore and Rodney Thornsberry wrestled over a loaded gun just before the start of a special Wheelwright City Commission meeting. Thornsberry put the gun to Moore's head and threatened to "blow his head off."

Thornsberry had drawn the gun prior to his altercation with Moore and threatened to "kill" the heater in the city hall meeting room.

Thornsberry was indicted in February on charges of attempted murder of police officer and 12 counts of wanton endangerment. An April 9 pretrial conference on the charges against Thornsberry was postponed.

In other action Thursday, the city agreed to turn over its rights to a rather large area of red dog to the county, Johnson said. The red dog, which is used to fill holes in county roads, is located on city property at the site of a new prison being built in Wheelwright.

Assault

(Continued from page one)

Glo Road near Wayland.

Francis got out of his vehicle and advised the persons in the truck to remain there, but they did not do so, deputy Layne said. The persons told Francis to "get off the property" and Francis advised them that he had the right to remain in pursuit as long as the vehicle's tail lights were in sight, Layne continued.

The persons told Francis they would "whip him" if he did not leave and at that point the juvenile allegedly struck Francis in the face, knocking his glasses to the ground, Layne said. The two men fell to the ground struggling and two other "boys" came out of the residence and joined in the fray, Layne said.

Auxiliary Wayland policeman

Doug Harvey arrived at the scene and deputy Layne shortly afterward. Layne said he secured the scene and waited until Sheriff Paul Hunt Thompson arrived minutes later.

After an on-scene investigation, Jacobs and the juvenile were taken into custody. A follow-up on the investigation resulted in the arrest of Martin Monday night.

Sheriff Thompson said Tuesday that Francis and the Mayor of Wayland are being informed about the progress of the case and the investigation is continuing.

Martin appeared Tuesday in Floyd County District Court and was placed under a \$2,000 surety bond. Martin is scheduled be arraigned on the charge, a misdemeanor, April 27 at 9:30 a.m.

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Jailer
Floyd County
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I am a brother of Frank DeRossett, Floyd County Circuit Court Clerk. I am a veteran, and I have worked in the coal mines. I owned B & D Motors of Allen, Kentucky for 17 years, and have sold cars for 27 years.

I am a Christian and a member of the Third Avenue Baptist Church in Prestonsburg.

If you put me in office as your next Floyd County jailer, I will treat people as I would want to be treated because I care about others. You'll be in good hands with a friend who cares.

Paid for by Virginia DeRossett, P.O. Box 793, Prestonsburg

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As your Sheriff I will slow down the flow of drugs that is coming into this county, by not only catching the drug dealers, but also pushing for full prosecution of these offenders.

If you have noticed, my opponent has boasted as to the quantity of drug busts he has made. Ask him how many cases have gone to trial and how many drug dealers he has convicted.

As your Sheriff, I will not play politics with 2nd, 3rd, and 4th D.U.I. cases. I think if a person has had one offense and does not learn by his or her first mistake, for the safety of our families, these repeat offenders should be taken off the road.

As your Sheriff I will demand my deputies to administer their duties in a respectful and professional manner.

When elected your next Sheriff of Floyd County, the two topics I have discussed in this article (DRUGS and D.U.I. OFFENDERS) will be two of my main top priorities.

VOTE #2 ON THE BALLOT

Paid by Pamela Blackburn, Treasurer, H.C. 70, Box 3028, Prestonsburg, Ky. 41653

Projects

(Continued from page one)

an association with local architect Randall Burchett and touted Burchett's Prestonsburg location as allowing for close inspection of the field work at construction sites.

The firm also said it is "vital to a school project" to meet the budget.

"We'll take care of that," company president Joe Jones said. "Our position is that we will come in on budget. We'll get it done."

Byran Romanowitz said the company has used both CMs and general contractors on projects, but emphasized that reputable companies should be used.

"CMs are like spouses—there's nothing better than a good one and nothing worse than a bad one," Romanowitz said. "We don't compromise."

Jones said the company would be responsible to "taxpayers, citizens and students." He added that there was no total on change orders for their last project because it had just started, but he said the company

strives to have "zero" changes in a project.

The second firm with a presentation, Clotfelter and Samokar, boasted that 92 percent of their business ventures were in school construction and that the company have been involved in over 100 school projects.

David Samokar explained that the company would seek input from the community, teachers, students and the local planning committee in developing the educational specifications of a school project. He added that an architect on a project would make weekly visits to the building site to ensure that work was being performed properly and that weekly reports would be made to the school system.

Jack Clotfelter stressed the company's integrity and their determination to do the job right.

"We don't get involved in politics—ever," Clotfelter said. "We're honest. We should get it done right the first time or it's our fault."

Samokar said the company is most responsible to the taxpayers and students because "schools are for everybody." He added that the company has had less than one-tenth of one percent of change orders on projects over the last three years.

The final presentation of the evening came from Sherman/Carter/Barnhart who brought along a model set to demonstrate the proposed renovation of Prestonsburg High School and a proposed building outline for a new elementary school.

Spokesman Tim Murphy told the committee that the company had been through Prestonsburg High School and talked with various school officials about what changes were needed at the school.

Murphy said that consultant Ken Brooks, who is working for the Floyd County school board on the district's short and long-term improvement plans, is developing the educational specifications for the two schools.

Murphy said Brooks has developed a renovation plan that will add 26,000 square feet to the high school building.

Murphy said that 75 percent of the company's business is made up of school construction projects and that the company is presently working in Prestonsburg on the new Mountain Arts Center.

Murphy explained that the company has had less than one percent of change orders on school projects and that they are responsible to the taxpayers and students of a school district.

After the presentations, committee members evaluated each company on personal characteristics, experience, staff potential, design qualifications, originality, attitude, follow-up services, and charisma.

Company representatives were given a pre-qualification questionnaire to fill out and return to the school system by April 30.

No date for future interviews of architectural firms has been set.

The committee set its next meeting for April 19 at 6 p.m. at Allen Central High School.

Paintsville Dam open house set for Wednesday, April 21

Would you like to know why there is no playground equipment below Paintsville Dam? Where to call for river levels during times of flooding? What those orange pipes are that stick out of the dam? Or what the boat rental rates are at the Paintsville Lake Marina? Would you like to tour the dam with a ranger and see how it operates, or talk to a conservation officer about the fish and game laws? Would you like to know when the Mountain Homeplace development will begin? Would you like to talk to the fisheries experts about the fish in Paintsville Lake?

take your suggestions into consideration. A general public "open house" will be observed from 4-9 p.m. for tours through the Wildlife Week and a "birds of prey" expert will be available with several live hawks and owls for your viewing pleasure. A "question and answer" panel will also be available from 7-9 p.m. This is your golden opportunity to ask questions or give your suggestions for a better Paintsville Lake. Please show your support for, and interest in, one of Eastern Kentucky's finest recreation areas.

You will get answers to your questions and your suggestions will be carefully considered for implementation, according to Robert Beverley, Resource Manager for the U.S. Army Corps of Engineers facility. For additional information contact Mr. Beverley, Monday through Friday, 7:30 a.m. to 4 p.m. at (606) 297-6312 or write Resource Manager, Paintsville Lake, P.O. Box 520, Staffordsville, KY 41256.

If you want an opportunity to ask questions like these and others concerning the operation or administration of the dam, lake or surrounding public land, then come to the public "open house" at Paintsville Dam on Wednesday afternoon, the 21st of April. A panel of experts from various state and local organizations will be available to answer questions or

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We'd like to hear your "I Love what you do for me, Toyota" story. (Any reasons you've enjoyed owning your Toyota):

That's all there is to it! With verification that you own a Toyota with more than 100,000 miles, you become a member of the M&M Toyota Major Miler Club entitled to free gifts and other membership privileges. Welcome to the Club!



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- (4) GRAVEL will be DELIVERED YEAR ROUND—not just during election time.

- (5) I will RETURN ALL PHONE CALLS and be available daily to discuss problems.
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- (7) I will treat all citizens the same—NO FAVORITISM.

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MAGISTRATE, DISTRICT ONE

Disabled American Vietnam Veteran

Viewpoint

Wednesday, April 14, 1993



A 4

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ALLAN S. PERRY III—Publisher-Editor

Liberty of thought is the life of the soul—Voltaire

What's color got to do with it?

by Scott Perry

Social injustice, it seems, is a one color affair.

Take for instance the cases of Rodney King and Barbara Meller-Jensen.

We all know who Rodney King is and we've all seen the video of his beating at the hands of Los Angeles police officers.

We all remember the riots last year when those officers were acquitted by a state court.

A black man once again beaten down by the system. And the world wept with shame.

But what of Barbara Meller-Jensen?

A white woman, a foreigner, robbed, beaten and run over by two black men.

Her death brought a collective gag from society and then we all went about our merry ways.

Where is the outrage over Barbara Meller-Jensen's death and what has color got to do with it?

Is race a deciding factor, the deciding factor, in what constitutes social injustice?

That seems to be social injustice in itself.

Rodney King was a criminal, but what happened to him was wrong.

Barbara Meller-Jensen was a tourist and what happened to her in front of her mother and children was a tragedy.

Rodney King is alive.

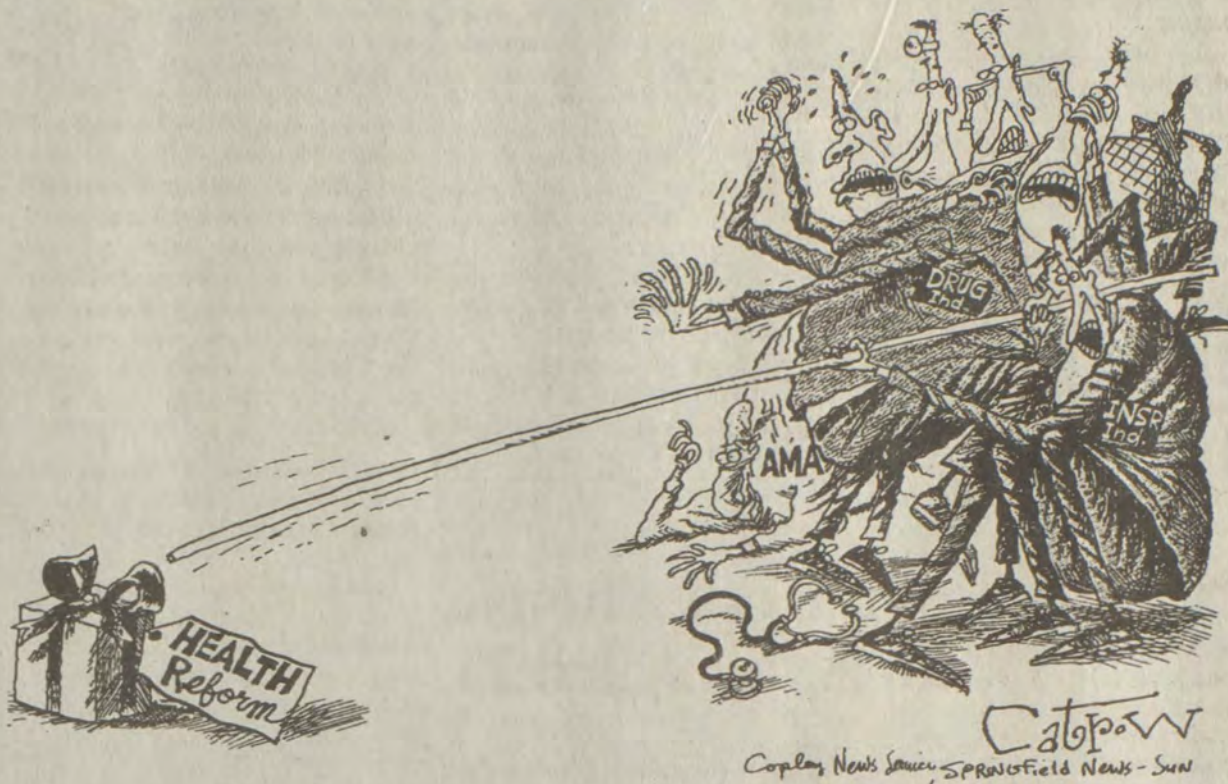
Barbara Meller-Jensen is dead.

Hundreds of minutes of television air time and hundreds of inches of newspaper space has been devoted to how the world wronged Rodney King.

Barbara Meller-Jensen has already been forgotten.

As noted Chicago Tribune columnist Mike Royko noted recently, these two cases are dramatic examples of a double standard society employs to determine what is or isn't socially significant.

Right and wrong should never be a matter of color.



—Letters to the Editor—

Letters to the editor policy

Letters to the Editor are welcomed by the *Floyd County Times*. In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author. Letters must be received no later than 10 a.m. Tuesday for publication in Wednesday's issue and 10 a.m. Thursday for Friday's issue. Letters may be sent to Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, KY 41653. Letters may be edited for clarity and length.

Religious education necessary

Editor:

I am writing this letter because I am concerned about the effects of religious intolerance in our public schools. I think the government is constraining our schools and depriving our children of the educational opportunities that they have the right to and we adults have moral obligation to insure. I am not condoning, nor am I pressing, that prayer be said during class time. I'm not even insinuating that a silent moment be given. However, religion is a major factor in our world. Whole societies have been, and are being, built on a religious foundation. Friends are being made and wars are being fought in the name of God, Allah and Buddha.

In 1962, the Engel vs. Vitale hearing held that organized prayer in school would not be permitted because it violated the establishment clause of the First Amendment. In 1985, the Wallace vs. Jaffree hearing held that the Alabama law authorizing a 1-minute period of silence in all public schools for meditation or voluntary prayer violated the clause also. I am not arguing with these facts.

According to our original laws that we all must live by, these things are unconstitutional. I am concerned, however, that our children are not being educated.

We teach them all of the things they need in order to survive and excel in our world, but we aren't teaching them what they need in order to understand those people with whom we share this world. We need to educate them in understanding religion, not necessarily believing in it or practicing it.

One analogy that I can think of to better express my feelings involves today's teens. We don't expect our teens to engage in sexual relations, do we? No, but we do educate them about sex because of its prevalence in our world. Why should educating them about various religions be any different? Shouldn't a class be assigned on something as universal as religion? The name of this class could be something similar to "Orientation to Various Religions" and its content could consist of basic principles that denominations live by. Why should our nation's children be kept in ignorance? How will they ever understand or relate to people from other countries, other counties even, that are of different religious backgrounds?

In this day of rampant violence and hatred amid a cesspool of differ-

ent cultures and beliefs, shouldn't we promote understanding for the sake of peace?

Sabrina Marie DeBoard
Morehead

Tragedies involve both families

Editor:

In Jerry Patton's ad for commonwealth attorney in the *Floyd County Times* on April 7th concerning the trial and conviction of Jimmy Harvey for the June 5th, 1988 death of Lisa Jarvis at his residence, it was their home.

I am Jimmy Harvey's mother and when a tragedy such as this occurs, it involves both families and if you've never been in such, you can never begin to know what the family of Jim Harvey feels or the heartaches it has caused.

I'm sure there are people who understand. We can't tell anyone just how much this has hurt us and you know accidents actually do happen. I know people who have shot themselves accidentally and I believe my son when he says it was an accident. I feel he is serving time for an accident.

Ethel Harvey
Harold

Coffee Break

by Scott Perry

A state law which is supposed to protect Kentuckians from falling victim to shady dental practitioners has knocked some rural Kentucky children out of a chance to have their teeth fixed for free.

New Jersey dentist Krista Fisher offered the free dental care to Knox County children, to be provided when she visits the county with volunteers from her church later this month.

State law says she can't do that unless she appears before the state Board of Dentistry first for an interview. Fisher says she can't afford to make two visits.

So the deal is off.

Seems like the Board of Dentistry, which knew about the offer eight weeks ago, might have used a little common sense in the matter by scheduling the required interview in Knox County when Fisher arrived to provide her volunteer services.

In this case, it would appear that common sense is as scarce as hen's teeth and that's

too bad for about 75 children who needed the help.

Don Blandford needs help, too, and the former state Speaker of the House is asking constituents to contribute to his defense fund.

Blandford, you will recall, is under federal indictment in the BOPROT sting on charges of extortion and racketeering.

He is charged with selling his legislative influence for cash and now he's asking for cash to pay for proving his innocence.

Hmm.

If Blandford can't afford to pay for his defense, why doesn't he take a chance on the same public defender system he helped create and which has consistently been underfunded by the state?

In any case, if we were one of Blandford's constituents, we'd withhold our contribution until a jury found him not guilty.

Sending money before that time would be too risky an investment.

If you're having trouble sorting out all the different ideas put forth for health care reform, don't feel like the Lone Ranger.

We Kentuckians tend to take a shoot first, ask questions later approach to complex issues.

For instance, our legislature performed a massive overhaul of the state's educational system in 1990, yet three years later polls suggest that 55 percent of Kentuckians are still unaware of the changes brought about by The Kentucky Education Reform Act.

Health care reform is subject to draw the same, laid back attitude from most Kentuckians who won't know what hit them until well after it hits them.

The explanation for this ho-hum approach to reform legislation is fairly simple. If it doesn't affect us personally and immedi-

ately, it isn't important.

Education reform is a non-issue to those who don't have to deal with it on a regular basis.

Health care reform, likewise, will attract our attention when we need health care.

As a matter of fact, we can recall just one issue which managed to corner the market on interesting usually disinterested Kentuckians.

Enacting the state lottery.

We've got our priorities, you know.

Speaking of priorities, here's one on education, offered in 1816 by Thomas Jefferson, whose 250th birthday anniversary was Tuesday:

"Enlighten the people generally and tyranny and oppressions of both mind and body will vanish like evil spirits at the dawn of the day."

Words to live by.

—Letters to the Editor—

Jumping to conclusions

Editor:

You recently printed a letter from Don Barlow and two letters of response from Robert McAninch and Tom Carroll. I know and respect all three men, but I would like to take exception to some of the things said. It is interesting to notice what has happened.

Dr. Barlow wrote a letter critical of a president as many Americans have done for ages. He lists some groups he thought voted for Clinton—loyal Democrats (that's logical), left wing special interest groups such as gay rights organizations (Clinton himself admits appealing to these groups for support), and those he feels were ill-informed (I know of several people who now regret voting for Clinton because they feel they were deceived). Then two of his colleagues attack him with scathing letters of response, one even suggested he leave the country! Gentlemen! Please calm down a moment and reason this out fairly.

Robert McAninch, when you rattled off a list of groups mentioned by Dr. Barlow and denied being part of them, you left out one group he mentioned—loyal Democrats. What an amazing oversight by a talented teacher. Surely you don't think there is any disgrace in being the loyal Democrat you apparently are, do you? I don't. Why be so upset over a criticism of Clinton anyway? I've heard you take a swipe at him on occasion yourself.

You also said Dr. Barlow doesn't understand the two party system and suggested he leave the country. Ah, come on Robert, you know better than that. Anyone suggesting something like that is the one who, at least momentarily, doesn't understand the two party system or more importantly the First Amendment. You are very intelligent, don't you think you allowed misguided emotion or a jumping to conclusions to take precedence over reason?

And Tom Carroll, what an amazing letter you wrote. You denounced Don Barlow for blaming Clinton for something and praised Clinton for saying we need to end the "blame game" though you spent much of your letter blaming Ronald Reagan for our economic woes. Think about that Tom. Do you feel like saying

"oops"? I don't mind your criticism of Reagan even though I disagree with what you said. As our friend Robert McAninch points out in his government classes the two parties say what they think is wrong with the other all the time, that's part of how we keep a check on them. Why not sit in on some of his classes? Better yet, why don't you and Robert watch the videos he makes of his classes together? Remind Robert to pay close attention to the part about the two party system and the first amendment and be careful not to aggravate him or disagree with him too much or he may ask you to leave the country with Dr. Barlow. (Just kidding guys.)

By the way, concerning your blaming Reagan for a big lie about balancing the budget "despite increased defense spending and drastic tax cuts for the wealthy," note these facts. Reagan's tax cuts were across the board not just for the wealthy. (Source U.S. Census Bureau as reported in National Review). This did not create a deficit, it caused more investment that created a business boom and more jobs that led to an increase in tax income to the treasury not a decrease. That's what Kennedy did in the early 60s and I give them both credit.

In a bold attempt to balance the budget by cutting waste, Reagan commissioned the most comprehensive study of government operations, waste and mismanagement ever done before or since called the Grace Commission. He recommended that congress adopt many of its recommendations but congress wouldn't do it. So the waste goes on. Read the book Burning Money by Peter Grace. In it he discusses some of the unbelievable waste Reagan hoped to stop in many areas including the military. The reason for our deficits is not because we don't pay enough in taxes, it's because our government bureaucracy mismanages and spends too much.

I could go on but time is limited. Even though I disagree with you gentlemen I won't suggest that you leave the country. After all you're all fine citizens. Just relax and don't have a heart attack if Dr. Barlow writes another letter. The first amendment is for all of us so let's enjoy it in good nature together.

Douglas H. Lowe
Prestonsburg

Reader opposes social security tax

Editor:

I am a member of the Seniors Coalition and I oppose the Clinton tax on Social Security. I have written my U.S. Senators and my Congressman urging them to sign the Seniors Coalition "Congressional Pledge" that says: "I pledge to oppose any new taxes or cuts in Social Security."

I would like you to write a story informing your readers whether our representatives have signed this important pledge to seniors. Social Security is not adding to the federal deficit—it's running a surplus. It's unfair to balance the budget on the backs of seniors. For more information, please call the Seniors Coalition's Washington office at 703-273-5449.

Audrey Mullins
Prestonsburg

Agape: love, concern, compassion, patience

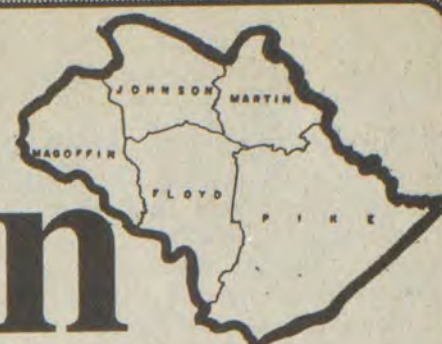
Editor:

A couple of months ago, you did an article on the Agape Center located at Archer Park. I personally do not think that your article came close to how remarkable this center really is. I have never seen, nor could I have imagined, the love, compassion, concern or patience that they have shown my mother as well as my family. In fact, they have shown more affection towards my mother than a lot of her own family has.

Therefore, to those who have cared for my mother (Terri, Myrna) I want to say "thank you" even though we can never say enough. To Dana Caudill, I owe a life of gratitude, because I have watched this woman go above and beyond her call of duty. She has walked through the fire for my mother and our family. Once again, I want to express my deepest and sincere appreciation to this truly remarkable Agape Center.

Mallie Haley
Eastern

Around the Region



The Numbers Game: Kentucky Lottery Results

Saturday's Results
April 10

LOTTO KENTUCKY 24-26-27-36-43-47
Next Estimated Jackpot \$6 million

POWERBALL 23-24-30-36-39-34

Next Estimated Jackpot \$10 million



WEATHER WATCH

Wednesday (today)

Mostly cloudy with a 30 percent chance of thunderstorms. High in the mid 70s.

Wednesday night

Mostly cloudy with a 40 percent chance of thunderstorms. Low in the mid 50s.

Thursday

A 60 percent chance of thunderstorms. High around 70.

Thursday night

Continuing showers and thunderstorms. Low in the lower 40s.

Friday

Showers and thunderstorms continue. High in the mid 50s.

Information provided by the Jackson Weather Service.

Judge halts distribution of book about murder

A federal judge in Pikeville has blocked, for the time being, further distribution of a book about a sensational Eastern Kentucky murder, saying the victim's blood-spattered picture on the cover is "commercialization."

"It glistens," U.S. District Judge Joseph Hood said Monday of the simulated bloodstain over the picture of Tammy Dee Acker on the cover of "A Dark and Bloody Ground."

"It's obviously done for the shock effect and to attract people to look at it," Hood said. "If that's not commercialization, I don't know what is."

The book recounts the 23-year-old Letcher County woman's murder during a robbery at the Fleming-Neon home of her elderly father, Dr. Roscoe Acker, in August 1985. Three assailants stole \$1.9 million in cash from Dr. Acker, choked him with an electrical cord and left him for dead.

Tammy Acker was stabbed 11 times with such ferocity that the knife passed through her body.

Hood granted a temporary restraining order barring Harper Collins Publishers Inc. of New York from distributing the remaining 3,800 copies of the hardcover book. As for the 26,800 copies already sent to stores, including one near the courthouse, Hood said, "The cow's out of the barn."

The order came in a lawsuit filed in Frankfort Friday by Tawny Acker Hogg, the dead woman's sister and administrator of her estate.

The suit alleged the unauthorized use of the picture violates a state law protecting people from "commercial exploitation."

—The Courier-Journal

Regional News Briefs

Johnson County man killed in mine accident

A Kentucky man was electrocuted when he apparently stuck a screwdriver into an electrical box at a Mingo County coal mine, officials said. Roger Buchanan, 27, of Van Lear in Johnson County, was performing electrical work Wednesday at the Diablo Coal Company Number Two mine, said Kathy Snyder, spokeswoman for the U.S. Office of Miners' Health Safety and Training in Washington, D.C.—The Paintsville Herald

Coach who led Inez to crown passes away

Russell Williamson, who led the former Inez High School Indians to two boys' state championships, died of an apparent heart attack at age 90. Williamson, a native of Tomahawk in Martin County, was principal at Inez for 40 years and served as basketball coach from 1929-1948. Over his career, Williamson had 892 wins and only 108 losses. His teams also made 18 trips to the Sweet Sixteen.

Williamson was also a charter member of the Kentucky High School Athletic Association's Hall of Fame. He was the organization's president from 1955-1960 and served on its board of control for 13 years.

He was also a member of the first graduating class of Morehead State Normal and Teachers College in 1927.

—The Appalachian News-Express

Former president of Alice Lloyd dies

William Spencer Hayes, a former president of Alice Lloyd College who spent his retirement years as a social activist and volunteer with several organizations, died of complications Monday at Central Baptist Hospital. He was 75.

Hayes was president of the college at Pippa Passes in Knott County, from 1962 to 1977. He began his career at what is now Alice Lloyd College in 1942.

During his tenure as president, an Appalachian culture center was established at the school; financial support from individuals and foundations reached more than \$25 million; and a \$5 million endowment fund was established.

A memorial service will be at 3 p.m. Sunday at Central Christian Church in Lexington. Contributions are suggested to the Will and Edith Hayes Leadership Award at Alice Lloyd College.

Martyn-Hurley Funeral Home in Lexington is in charge of arrangements.

—Lexington Herald-Leader

Magoffin shooting was murder

An autopsy report indicates that the shooting death of a Magoffin County man in February was a homicide. The body of Johnny Lynn Rice of Gifford was found February 17 by Don Reed at Reed's home on Johnson Fork. Coroner Glen Conley said Rice was apparently sitting in a kitchen chair when he was shot once in the face.

—The Salyersville Independent

—Other Voices—

by Barbara Dermody
Executive Director
KY Nurses Association

IN THE FUTURE, YOUR DOCTOR MAY BE A NURSE

We nurses believe what President Clinton believes: That access to basic health care should be a right, not a privilege, of all Americans. His vision of a reformed health care system may require a new approach in who delivers that health care, however. We are grappling with a serious shortage of primary care physicians and if we are to provide health care to all Americans then we must look to non-physician health care professionals to provide many of these essential services.

Interest in primary care has declined dramatically among U.S. medical students, and the trend may not be reversible. According to the Department of Health and Human Services, only 3 out of every 10 physicians are in primary care. The Council of Graduate Medical Education (COGME) reports that only 14.2 percent of the 1992 medical school graduates plan careers in primary care, including family practice, internal medicine, and pediatrics. The study said it will take until 2040 to produce the required number of primary care physicians.

With greater frequency and in more and more settings, the person in white who is writing prescriptions, diagnosing illnesses, and ordering lab tests is not a physician but a non-physician provider. These individuals include registered nurses with advanced certification, advanced practice nurses with master or doctoral level degrees, physician assistants, and other allied health professionals. They are well educated, competent, and affordable. In study after study, researchers have found these alternative providers deliver primary health care as competently as their physician counterparts.

A recent study by the American Nurses Association (ANA) compared nurse care with physician care and found that nurses delivered primary health care as well as physicians and at a reduced cost. An earlier study by the Office of Technology Assessment found "the overall quality of care provided by Nurse Practitioners

in their areas of expertise is comparable to that provided by MDs."

Public policy planners, at both the state and federal levels, should watch these trends and introduce legislation to break down the remaining barriers. Then more consumers will have access to these providers who offer high quality care at an affordable cost.

Nurses are the largest block of mid-level practitioners. Nurses in advanced practice roles (i.e., nurse practitioners, clinical nurse specialists, certified nurse midwives) and nurses in general practice in ambulatory care and community health settings form an important pool of highly skilled health personnel which could and should be used to provide a wide range of primary care services.

Nationwide, there are 30,000 nurse practitioners who are prepared to deliver primary care immediately. Additionally, there are approximately 125,000 registered nurses working in physician offices, freestanding clinics, ambulatory surgical centers, health maintenance organizations, and other community/public health settings, 48,000 in school health, and another 22,000 in occupational health. These nurses form an important pool of personnel that could, with an additional 12-18 months of training, rapidly increase the nation's supply of primary care providers at a cost substantially below that associated with increasing the supply of primary care physicians.

In Kentucky, there are 583 Advanced Registered Nurse Practitioners, including Nurse Anesthetists, Nurse Midwives, and Nurse Practitioners. The majority of Advanced

Registered Nurse Practitioners work in rural and medically underserved urban areas. Seventy-four per cent of their patients earn less than \$15,000 annually, and 85 percent are women and children. Advanced Registered Nurse Practitioners bill Medicaid at 75 percent of the physician rate.

Nurses and other mid-level practitioners can provide affordable care because most preventive and primary care does not require the expensive specialization that characterizes physician education today. We as a nation are paying too much for basic health care, and this frightening fact should jolt us into looking for alternatives.

One alternative proposed by Governor Brereton Jones in his health care reform plan, however, has the potential to increase costs. A component of the Governor's plan requires a patient to obtain the approval of a "gatekeeper" physician before seeing a specialist. That would mean that a patient, examined by an advanced registered nurse practitioner and found to have a problem requiring referral to an eye specialist, would have to see a physician in order to be referred to the specialist. A more sensible and cost effective approach would allow nurse practitioners and other mid-level practitioners delivering primary care services to be included as "gatekeepers."

The highly educated physicians in our society are an invaluable national resource, but there is plenty of room for other qualified health care providers who are capable and willing to work both with physicians and independently in delivering basic health care to the millions in need.

EDITORIAL DEADLINES

WEDNESDAY EDITION:

Lifestyles, Business, All Pictures 5 p.m. Friday
Obituaries, Calendar Items 10 a.m. Tuesday
(Calendar items, reunions, meetings, special classes, will appear in the Wednesday and Friday editions only prior to the event.)

FRIDAY EDITION:

News copy, All pictures 5 p.m. Wednesday
Obituaries, Calendar items 10 a.m. Thursday
Note: News articles of events more than three months old will not be published. All copy will be edited for clarity and length.

How fetal tissue transplants may help

President Clinton has signed an order lifting the federal ban on research into transplants using cells from aborted fetuses. A partial list of diseases and afflictions that might be helped by this research:

Disease	Number afflicted	No. possibly helped
Alzheimer's disease	4 million	1.2 million to 2 million
Diabetes	7 million	700,000
Epilepsy	2.5 million	500,000 do not have condition under control; could help this group
Multiple sclerosis	250,000	Unknown
Parkinson's disease	700,000 to 1.5 million	Unknown
Spinal cord injury	220,000	Unknown

SOURCE: Centers for Disease Control, Alzheimer's Association; Epilepsy Foundation of America; National Multiple Sclerosis Society; National Spinal Cord Injury Association; Parkinson's Disease Foundation

Courthouse News

Decision too late :

Federal law judge rules in favor of landowners

PROPERTY TRANSFERS
Everett and Cassie Slone to Clifford and Mae Combs, land at Stephens Branch; Pikeville National Bank & Trust, Vincent Colvin et al to Lighthouse Temple, land at Otter Creek; Merlin Oakie and Ruby Patrick Conn to Tammy P. and Howard F. Conn Sr., land at Keathley Addition; Maxine Gibson and Jackie Dewayne

France to Billy Joe Hall, land at Branham Creek; Larry Keith Martin to Junior and Mildred Martin, land location not listed; Fred and Hope Johnson to Raymond and Elizabeth Terry, land at Right Beaver Creek.

DISTRICT COURT

Editor's note: All first offense DUI's are allowed to do two days public service in lieu of \$200 of the total court costs and fines. All individuals who are charged in cases involving alcohol and drugs are referred to alcohol or drug counseling.

Stephen T. Harris, 22, of Prestonsburg, DUI (2nd offense within 5 years), Disorderly conduct, 7 days in jail, fined \$557.50 and lose license for one year.

Gary Hall, 37, of Martin, Attempt to elude/Failure to comply and DUI (2nd offense within 5 years), fined \$557.50 (\$350 suspended), 7 days in jail and lose license for one year.

Eddie D. Slone, 37, of Betsy Layne, DUI (first offense), Public drinking, Leaving scene of accident, Disorderly conduct, charges merged, fined \$407.50 and 2 days public service.

Charlie Robinson, 30, of Hueysville, Operating a motor vehicle under the influence of drugs (2nd offense within 5 years), Operating on suspended license, No insurance and One headlight, fined \$557.50, 7 days in jail and lose license for one year.

Nell R. Slone, 49, of Prestonsburg, Harrassing communications and Disorderly conduct, fined \$67.50, 5 days in jail probated 12 months and to enter substance abuse education.

Phine Dye Jr., 25, of McDowell, AI 3rd or more and Disorderly conduct, fined \$92.50 and 5 days in jail probated 12 months.

Mark E. Shinavier, 22, of Lake Orion, Michigan, DUI 1st offense; fined \$407.50.

A federal administrative law judge with the Department of Interior's Board of Land Appeals handed down a landmark decision recently to protect the surface interest rights of landowners.

Administrative Law Judge Franklin D. Arness ruled that the state should have suspended strip mining operations on the Printer property of Marion and Patty Taylor until a dispute regarding surface rights was settled.

In July 1990, the state Department for Surface Mining Reclamation and Enforcement issued a permit which allowed Coal Mac Inc. to strip and auger the Taylors' property. Earlier, in March, the Taylors sent a letter to state officials objecting to the mining and claiming Coal Mac did not have authority to mine the property.

The Taylors purchased the surface property from George and Johnnie Barnett in 1971. The deed reserved "all mining rights" for the Barnetts.

At the time of the property transfer between the Taylors and Barnetts, Barnett was operating a deep mine on the property.

In October, 1981, Barnett entered into a lease agreement with Triple Elkhorn Mining Company, Inc. (Triple Elkhorn) permitting the mining of the land by surface or auger methods. Tripple Elkhorn assigned its rights to Coal Mac on June 20, 1989. Coal Mac claimed its rights stemmed from the 1971 deed which retained mining rights to Barnett. The state agreed.

The state Department for Surface Mining Reclamation and Enforcement issued a permit in July 1990 allowing Coal Mac, Inc. to strip and auger the Taylors' property.

The Taylors claimed Barnett had, in the December 1971 deed, "given away all his rights to the surface." They filed suit in Floyd Circuit Court

in July and a citizen's complaint with OSM in August.

OSM representatives in Lexington informed state officials the following November that the mining permit should not have been issued until the property dispute was settled.

In January 1991 the Floyd Circuit Court decided that Coal Mac had the right to mine.

The Taylors appealed and in June 1992, the state Court of Appeals overturned the circuit court ruling. The court of appeals said that the right to control the surface had passed to the owner of the mineral estate under the 1903 broad form deed.

As is the case with most landowners in Eastern Kentucky, a 1903 "broad form deed" assigned mineral rights to the Northern Coal and Coke Company. Under the 1903 "broad form deed" mineral owners were allowed to do whatever was necessary to the land to get to the coal, including strip mining without surface owner's consent.

"That (the 1903 deed) meant that Marion and Patty didn't own anything," said John Rosenberg, attorney for the Taylors and director of Appalachian Research and Defense Fund, based in Prestonsburg.

The 1988 Broad Form Deed Amendment gave the surface owners the right to prohibit mining except by the permitted method — deep mining.

On February 19, 1993, Judge Arness, reaching a decision regarding the Office of Surface Mining Reclamation and Enforcement's refusal to take action in response to the Taylor's complaint, concluded that OSM "should have directed suspension of mining on the disputed land pending resolution of the state court litigation."

"By doing nothing and thus allowing the permit to stand and mining to proceed, OSM effectively adjudicated the dispute between the Taylors and Coal-Mac, thereby granting Coal-Mac a right to mine. This was action taken contrary to the intent of Congress," Arness ruled.

Coal Mac completed its mining and reclamation of the property December 31, 1992, according to a statement filed with the appeals board. The company has asked the Court of

Appeals to review its decision.

Though the ruling was too late to halt the mining of the Taylor's property, Rosenberg believes the decision will prove to be a powerful tool for landowners.

"I think it is an important decision in recognizing that one of the stated purposes of the (federal) surface mining act is to protect the rights of surface owners," Rosenberg said.

"I think that it's a significant victory."

Rosenberg expects to sue Coal Mac and the Barnetts for damages on behalf of the Taylors.

Pike man is jailed after shooting friend

by Geoff Belcher
Staff Writer

A Pike County man remained in jail Tuesday following an incident Monday in which he allegedly shot a man, then fled the scene on foot.

According to a report issued Tuesday by the Pikeville Post of the Kentucky State Police, state troopers on Monday received information from the Pikeville Police Department that a Pikeville man had been shot while in a vehicle and that the accused was armed and walking south on U.S. 23.

Troopers Mike Crawford, Willie Herald and Eddie Crum, along with K-9 unit Stingo, responded to the call and found Merle G. Adkins, 29, of Virgie, walking alongside the highway.

Adkins was arrested, charged with first degree assault and lodged in the Pike County Detention Center.

The victim, 20-year old Pikeville native David Ferguson, was treated and released from Pikeville Methodist Hospital with a gunshot wound to the foot.

The accident is still under investigation by Trooper Willie Herald of the Pikeville Post of the Kentucky State Police.

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<p>Pharmacists</p> <p>Brooks Pharmacy Betsy Layne, Ky. (Beside Velocity Market) (606-478-CARE (2273)) Open Monday-Friday 9-7 Saturday 9-5 Drive thru window We bill most insurance & compensation Senior Citizen Discounts 24-hour fax/99¢ per sheet 478-FAXS (3297) Copies available Packages shipped by U.P.S. Your hometown store that saves you more.</p>	<p>Law Offices of Stumbo, Bowling & Barber, P.S.C. Gregory D. Stumbo Michael B. Bowling David A. Barber Robert C. Bowling Thomas W. Moak Thomas J. Roberts Don D. Kidd (606) 285-9228, (606) 439-3011 (606) 248-4666 Toll Free 1-800-248-1440</p>

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BROWN'S AUTO SALES

FLOYD COUNTY 886-FORD U.S. 23 & 460 By-Pass, Paintsville JOHNSON COUNTY 789-FORD

Council

(Continued from page one)

Councilman Billy Ray Collins said that it was "ridiculous" that the tourism commission could not allocate \$6,500 of its nearly \$350,000 to help fund one of the city's biggest recreation and tourism events.

Freddie Goble, executive director of the tourism commission, cautioned the council not to panic. The current expectations of insufficient, he said, were merely based on a conservative estimate of the commission's budget for the next fiscal year. Hopefully, he said, things should be worked out soon.

Council members vowed to take another look at the two organizations' budgets and ended the matter by adopting a resolution to encourage the tourism commission to allocate \$6,500 for the fireworks display if the funds could be found. Summers said Tuesday that the matter had been resolved in a joint meeting of the two commissions Tuesday afternoon.

Earlier in Monday's city council meeting, council members disagreed as to the use of Area Development Fund revenues. Mark Wells, city administrator, petitioned the council for permission to allocate part of the funds to purchase a new copy machine for the city clerk's office. The new machine would save the city approximately \$600 for the first year on service contract costs.

Mayor Ann Latta told members of the council that the initial purchase price of the machine, as well as the purchase price of new cruisers for the Prestonsburg Police Department, could be funded by the A.D.F. monies. Councilman Jerry Fannin, however, objected to such use of the A.D.F. funds, saying that the money should instead be used to purchase a \$75,000 street sweeper to clean up the back streets of Prestonsburg.

The council directed Wells to present a more detailed cost breakdown at the next council meeting, scheduled for April 26.

Among other topics discussed at Monday's meeting:

- Prestonsburg Woman's Club members Boots Adams, Mabel Brown and Eilene Burchett offered the club's services to the city during its upcoming litter clean-up effort. Adams said that club members would also like to offer incentives to the people of Prestonsburg to participate in the campaign, such as designating a "yard of the month." Adams also requested that the city pursue some type of recycling program in the near future.

Fannin suggested that the council put around \$2,000 per month in an escrow account to help pay for such a program. That motion failed after the council briefly reviewed the \$36,000 per month it is currently paying to transport solid waste to landfill facilities in Pike County and Pritchard County, West Virginia. The finance committee was directed to review a possible recycling program for the next fiscal year.

- The council approved a motion to apply for state grants to fund the start-up of a new municipal ambulance service.

The council approved a new memorandum of understanding between the five public bodies currently participating in the construction of the proposed Mountain Arts Center that allowed provisions for the Prestonsburg-Floyd County Public Properties Corporation to assume the Floyd County Development Authority's role in the project.

The council granted permission to close the municipal parking lot and downtown streets and May 13 and 14 for the upcoming Festival of F.A.C.E.S., which is scheduled for

May 13-15.

- The council approved zoning changes for Poplar and Willow streets that will allow a baseball card shop to continue operating within legal zone restrictions.

- The Sixth Annual East Kentucky Leadership Conference will be conducted April 23-24.

- Latta said that the fire department had received special thank-yous and commendations for its actions on February 23 in which carbon monoxide had built up at the First United Methodist Church. Latta said that the department members' quick actions

and service had saved lives and allowed a funeral ceremony to proceed uninterrupted.

All council members were present for Monday's meeting.

The Prestonsburg City Council meets on the second and fourth Mondays of each month. The public is welcome.

Early Times
1/2 gal. **\$14.99** All taxes paid each
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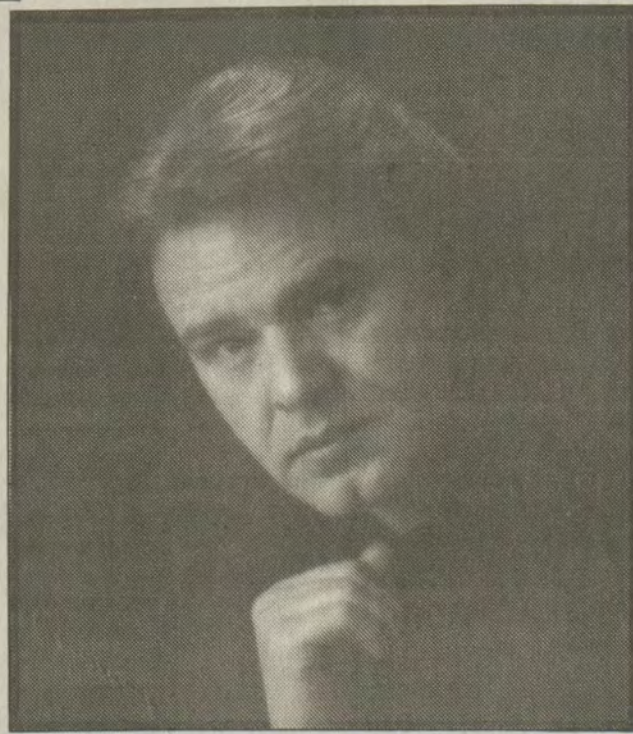
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During his long years as chairman of the Floyd County Board of Education...Floyd County schools were among the **WORST** in the country. Now, John M. Stumbo has done to our county what he did to our schools...Floyd County is one of the **"FIFTY" ...POOREST** counties in the nation!...**30%** of the people of this county live below the poverty level...particularly, our children suffer more...

His old stagnant, self-serving, deal-making government has **ROBBED** us for over 30 years! We need a change...we need a leader with vision that will treat people fair and honest!



Do It Dale
McKINNEY
DEMOCRAT-JUDGE-EXECUTIVE

Paid for by Dale McKinney, Box 530, Martin, Ky.

Ivel artist displays work

The art works of an Ivel artist is on display in the Sophomore Art Exhibition, in the gallery, Claypool-Young Art Building, Morehead State University, now through April 23.

Alisa Michelle Ratliff of Ivel, an art major and daughter of Mr. and Mrs. Bert Ratliff is one of 15 students displaying work during the exhibition.

As part of the requirements for a degree in art, all art majors and minors who have completed at least 45 credit hours but less than 75 hours are required to participate in the show. All works must have been produced while a college student.

March activities reported by county sheriff

Daily activity in March by the Floyd County Sheriff's Department topped just over 1,500 routine activities.

- A breakdown of activities:
- 239 complaints answered;
- 153 victim contacts;
- 106 citations issued;
- 90 arrests;
- 50 traffic checks;
- 43 assists;
- 52 motorist assists;
- 264 security checks;
- 70 special details;
- 43 funeral escorts;
- 399 court process papers served;
- and
- 9 accident investigations.

Education is a family affair

For Bonnie Scott of South Williamson and her two daughters, education is definitely a family affair.

Eleven years ago Bonnie, a high school graduate, decided to go back to college. She began taking night classes at Southern West Virginia Community College when her daughter Angela was eleven years old and her daughter Carly was seven. At that time Bonnie was a single parent employed at the First National Bank of Williamson.

"It was important for me to go back to school," says Bonnie, "to try and build my self-esteem and advance my position in the work-place. As a divorced mother I needed to be confident in my ability to support my children."

Today, Bonnie is a loan officer at the First National Bank of Williamson, a member of the Board of Directors at the Tug Valley Chamber of Commerce, and a member of the Southern West Virginia Community College Foundation Board. She has also been instrumental in the implementation of the "2+2 Program" between Pikeville College and Southern West Virginia Community College.

The program, instituted 3 years ago between the two schools enable students to begin their education at SWVCC and complete it at Pikeville College with the assurance that their courses will be accepted and that they will not be required to forfeit college credit hours in the transfer. Bonnie herself has benefited through the educational opportunities offered through the joint cooperative agreement.

Bonnie will reap the rewards of her years of hard work and discipline

when she graduates from Pikeville College this May with a degree in Business Management.

Encouraging their mom every step of the way are Angela and Carly, who are also students at Pikeville College. Angela is a senior this year majoring in Early Education and Carly is a freshman majoring in Nursing.

Angela is married to Dee Hackney, Chief Electrician of KTK Mining and the two live on Zigleer Drive in Pikeville. Angela plans to teach in the Pikeville area after graduation next year. "I'm really proud of my sister and especially my mom," says Angela, she was concerned that Carlie and I might feel self-conscious about being in school with her, but it really makes it more special."

Carly, a 1992 Belfry High School graduate, started at Pikeville College last year and plans to be an R.N. She is particularly interested in pediatric oncology.

"Pikeville College is a great place to be in school," says Carlie, "the people here and the instructors really make every effort to help you with your problems. Once I lost seven hours worth of work on my computer disk and instead of being angry or lowering my grade my teachers helped me to replace the information

I had lost. I couldn't believe they cared so much about me."

The three agree on the advantages of being at Pikeville College together. They have proven to be a source of encouragement and support to each other through some occasionally difficult times.

"I really feel fortunate to be in school at the same time as my mom," says Carlie, "whenever I get discouraged she always says, 'Look at me, just keep putting one foot in front of the other and you'll get there.'"

The approach seems to be succeeding for these ladies. Their "candor" attitude will be rewarded when they celebrate this may as Bonnie crosses the stage in Faith Chapel to receive her college diploma. Graduation day represents for Bonnie Scott the culmination of eleven years of overcoming obstacles to obtain her goal of a college education.

"We'll be standing up clapping and cheering when she walks out," says Angela. "We're really proud of her. She's earned it!"



THEY SAY IT'S YOUR BIRTHDAY—
Da Da Da Da Da Da
Da Dum!

Happy Birthday
Cindy!

Love,
Your family and friends

CPR recertification at Our Lady of the Way Hospital

Our Lady of the Way Hospital will offer a CPR Recertification course at Seton Complex Class Room, Martin, on Wednesday, April 28, 1993. Registration will begin at 8:30 a.m., class will begin at 9:00 a.m.

This course is for anyone wishing to be recertified in Cardiopulmonary Resuscitation. Certification by OLW is thru the American Heart Association and the cost of the course is \$15.00. Pre-registration is required.

For more information, please contact the Community Health Education department at 285-5181, Ext. 388. Class limited to 8 people.

OLWH's breastfeeding support group continues

In collaboration with the Big Sandy Family and Childbirth Education Association, Our Lady of the Way Hospital in Martin continues to hold monthly Breastfeeding Support Group meetings. The group will meet Friday, April 30 from 10:00-11:00 a.m. in the third floor conference room at Seton Complex. There is no cost and everyone is welcome; even the kids! Some purposes of the group include providing special support for new breastfeeding parents as well as assistance in coping with the challenges of life with a new baby. For further information, please contact the Community Health Education Department at Our Lady of the Way Hospital, at 285-5181, Ext. 301.

Gambill joins Floyd realty firm



Jim Gambill

Dorothy Harris of Century 21 American Way Realty of Prestonsburg has recently added Jim Gambill to the real estate firm.

Gambill, who resides at Thelma, has been a real estate broker for 15 years and formerly was co-owner of ERA Town & Country Real Estate.

Century 21 American Way Realty specializes in residential sales, leases and the sale of commercial properties. Gambill will manage their new Century 21 office in the Town & Country Building in Paintsville.

Century 21 Real Estate Corporation is a wholly owned subsidiary of Metropolitan Life Insurance Company. Each office is independently owned and operated.

Broadcast will "Focus on Education"

WKMY 90.3 FM, public radio from Morehead State University's campus, will broadcast a special call-in version of "Focus on Education" at 7:30 p.m. on Tuesday, April 20.

Hosted by Dr. John V. Modaff, MSU assistant professor of speech, this segment of "Focus on Education" will be taking calls from the community related to three areas of the Kentucky Education Reform Act.

"We cannot cover all aspects of KERA," said Dr. Modaff. "However, we will have the opportunity to discuss the ungraded primary, high school restructuring and Morehead State's role in both professional development and education reform."

Listeners may take part in the live broadcast by calling (606) 783-2001, beginning at 7:30 p.m. on April 20.

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Three sessions to kick off Eastern Kentucky Leadership conference

The 6th annual East Kentucky Leadership Conference will be held at Morehead State University Friday and Saturday, April 23-24.

Leaders from Eastern Kentucky are encouraged to attend the conference to discuss leadership, the problems and challenges facing this region, and to continue this yearly forum to bring all the groups and individuals working on these issues together.

The conference is designed to obtain the maximum input from all participants. This is not a conference in which there are just a few speakers and many listeners. The goal is to make everyone a speaker, listener, and most importantly, a more effective leader.

Three concurrent sessions held 2:00-4:00 Friday, April 24, will kick off the conference. Those sessions

are: "Getting Women Involved in Business and Politics," "The Solid Waste Crisis," "Cooperation Among Institutions of Higher Education in Eastern Kentucky."

There will be 10 topics discussed in concurrent sessions held three times Saturday, April 24, beginning at 9:30 a.m. Those sessions are:

"Home Alone - Business and the Districted Parent," "Total Quality Management - Improving Labor-Management Relations," "Planning and Zoning - A Two Edged Sword," "Using Coal Severance Tax Money For Economic Development," "Making Affordable Housing A Reality," "Scarce Arts Resources," "Family Violence - The Gory Details," "The Church's Role in Providing Social Services," "The Aging of Eastern Kentucky: It's Impact on the Future," "Forest Products Industrial Development - Is it a Reality?"

An intensive session, "KERA - The Second Year: A Focus on School Based Decision Making," will be held from 9:30 to 11:30 a.m. and again from 1:30 to 2:30 p.m. on Saturday. A special invitation is given to members of school councils to attend the sessions.

Advanced registration is recommended; however, individuals may register during the conference at the Adron Doran University Center on the Morehead State University Campus.

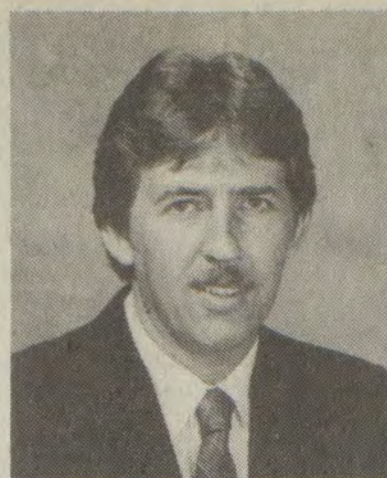
For additional information or to register for exhibit space, contact Annette Handshoe, 381 Perry County Park Road, Hazard KY 41701, phone (606) 436-3158.

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Hobson named Consol Merit Scholarship winner

The names of nearly 1,100 winners of corporate-sponsored Merit Scholarships were released recently in the first of three major Merit Scholar announcements to be made this spring by National Merit Scholarship Corporation (NMSC). These winners, including a McDowell youth, are among a total of more than 6,500 distinguished high school seniors in the 1993 competition who will receive Merit Scholarships worth some \$25 million.

Lisa D. Hobson of Ligon received a Consol Merit Scholarship. A senior at McDowell High School, she is valedictorian of her class. She is a Governor's Scholar, captain of her academic team, and a yearbook editor. She was a Governor's Cup State finalist for two years. She has been a member of the softball team for five years, a member of the Beta Club for three years, the McDowell High School Band for four years, and the county all-academic team.

Scholars were chosen from among students who reached the finalist level in this year's Merit Program and who have qualifications of particular interest to the corporations, company foundations, and other business organizations supporting the awards. Nearly 400 corporate organizations annually underwrite awards through the Merit Program for children of their employees or members, residents of communities the company serves, or finalists who have career interests the grantor wishes to encourage.

The majority of corporate-sponsored Merit Scholarships are renewable for up to four years of college undergraduate study and provide an

average stipend payment of \$1,700 per year. Some, however, are non-renewable awards that provide a single-payment of \$2,000 when winners enter college.

Students is over 19,000 U.S. high school entered the 1993 Merit Program by taking the 1991 PSAT/NMSQT, which served as an initial screen of about 1.1 million participants. In the fall of 1992, approximately 50,000 academically able secondary school students were recognized for their very high performance, and some 15,000 of the top scorers were designated semifinalists.

In order to become a finalist, a semifinalist had to meet extremely high academic standards, be endorsed and recommended by the school principal, confirm the earlier test performance on a second test, and provide information about activities, interests, and goals. About 14,000 semifinalists qualified as finalists, and all Merit Scholarship winners were chosen from the finalist group on the basis of their abilities, accomplishments, and potential for success in rigorous college studies.

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MSU to host FFA Field Day Judging Contest

Morehead State University will host more than 900 high school students from Kentucky and Ohio for the annual Eastern Kentucky Future Farmers of America Field Day Judging Contest scheduled for Friday, April 30.

The program, sponsored by MSU's Department of Agriculture and Natural Resources, will begin at 9 a.m. at the Derrickson Agricultural Complex.

Competition in individual and team judging will include tractor driving, soils, tobacco grading, auctioneering, horticulture and livestock—dairy and equine.

Ribbons and trophies will be awarded in each division.



Jerry Patton realizes the importance of successful prosecution when it comes to dealing with criminals.

Jerry Patton, as Commonwealth's Attorney, has a successful trial record. His prosecution of rape cases is one example. He's taken several to trial and he's never lost one.

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Community Calendar

Editor's Note: As a service to the many clubs and committees that meet in our community, the Floyd County Times' Community Calendar will post meeting and public service announcements. Articles for the Community Calendar must be submitted in writing to the Times no later than 5 p.m. Monday for Wednesday's publication or 5 p.m. Wednesday for Friday's publication. These cannot be taken over the telephone.

P.H.S. reunion committee to meet

The reunion of the Prestonsburg High School classes of 1918 through 1933 is making plans for the "grand" reunion scheduled for Saturday, June 5, at May Lodge in Jenny Wiley State Park.

Former Prestonsburg High School students who graduated in 1918 through 1933 and who are interested in attending this reunion should contact James B. Goble, HC 66 Box 1490, Prestonsburg, Kentucky 41653, or call (606) 874-2325.

Pre-registration for school

Pre-registration for the 1993-94 school year began the week of April 13 for incoming freshman at Betsy Layne High School. Other schedules are as follows:

- April 14: Betsy Layne Elementary
 - April 20: Harold Elementary
 - April 21: Stumbo Elementary
 - April 22: Allen Elementary
- Presentations will be given at 9 a.m. to the students and again at 6:30 p.m. for the parents.
- For inquiries, contact Vicky Ratliff at 478-9138.

Big Sandy Senior Games

The Big Sandy Senior Games will be held Friday, May 21, at the Downstream Recreation Area at Dewey Lake. Opening ceremonies will begin at 9:30 a.m.

Registration and details are available at your local senior citizens center. Registration fee is \$3. Deadline to register is May 1.

Revival

There will be a revival April 11-17 at the Martin Freewill Baptist Church at 7 p.m. The speaker will be Mike Trimble.

Big Sandy Retired Teachers to meet

The regular meeting of the Big Sandy Retired Teachers will be held at the May Lodge, Jenny Wiley State Park, Wednesday, April 14. Registration will begin at 10 a.m. Meeting will be at 10:30.

Zebulon Lodge to elect officer

Due to the death of its treasurer Manis Gray, the Zebulon Masonic Lodge will hold an election for that office at its stated meeting Saturday, April 17. All members are urged to attend.

Trash Bash '93

The Dewey Lake Trash Bash '93 will be held Saturday, April 24. The Jenny Wiley State Resort Park and the U.S. Army Corps of Engineers invite the public to participate in the 1993 lakeshore cleanup.

Registration will be from 10-11 a.m. at the Jenny Wiley State Resort Park, Wilkinson/Stumbo Convention Center parking lot. There will be a cookout at 2:30 p.m. at Picnic Hollow Recreation area located at the top of the dam.

For more information, contact Ron R. Vanover at 886-2711 or Johnny Martin at 886-6709 or 789-4521.

Maytown site-based council meeting rescheduled

The site-based council meeting scheduled for April 12 has been rescheduled for April 19, at 4:15 p.m.

Magical version of "Aladdin" at Paramount Arts Center

The Paramount Arts Center 1993 Family Series presents Louisville's critically acclaimed children's theater, Stage One, in its own mystical, magical version of "Aladdin" on Sunday, April 25 at 2 p.m.

Tickets for this live, on-stage production of the season's most popular story are \$10 for adults and \$5 for children.

For information contact Paramount Arts Center, 1300 Winchester Ave., Ashland, Ky. or call (606) 324-3174 weekdays from 9 a.m. to 4:30 p.m.

Allen Family Resource Center's upcoming events

•G.E.D. day classes Tuesdays, 9 a.m.-2 p.m.; and night classes Tuesdays and Thursdays, 6-9 p.m.

•After school child care program now available from 2:30-5:30 p.m., Monday through Friday. Call the new number at 874-0621.

For more information, call the Allen Family Resource Center at 874-2165.

Betsy Layne Resource Center's upcoming events

•G.E.D. day classes each Wednesday, 9 a.m.-2 p.m.

•Quilt classes each Monday, 6-8 p.m.

•Exercise program each Tuesday, 6-8 p.m.

•April 20: Family Resource Center council meeting at 5 p.m.

•Need after school care for children? For more information, call the center at 478-5550 and ask for Terisa Hall.

Clark Family Resource Center's upcoming events

•April 19: GED classes, from 8:30-11:30 a.m.

•April 20: Guest speaker for "Words That Win Children" at 6:30 p.m.

•April 23: Family Fun Night from 7-9 p.m.

•April 26: GED classes from 8:30-11:30 a.m.

For more information, call the resource center at 886-0815.

Maytown Family Resource Center's upcoming events

•Maytown Family Resource Center is sponsoring GED classes every Thursday starting at 9 a.m. upstairs over the Maytown Fire Department. It is open to the public.

•April 20: Child Abuse Prevention Seminar by Janie Beverly with the Kentucky Council on Child Abuse at 6:30 p.m. in the school library.

•May 4: Introduction to Parenting by Lenny Cieslak with the Department of Social Services at 6:30 p.m. in the school library. Everyone is invited to attend.

For more information, call 285-0321.

Reunion to be finalized

There will be a meeting Tuesday, April 20, at the McDowell Grade School at 7 p.m. to finalize plans for the scheduled reunion. All classmates need to attend.

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Magistrate, Dist. 1

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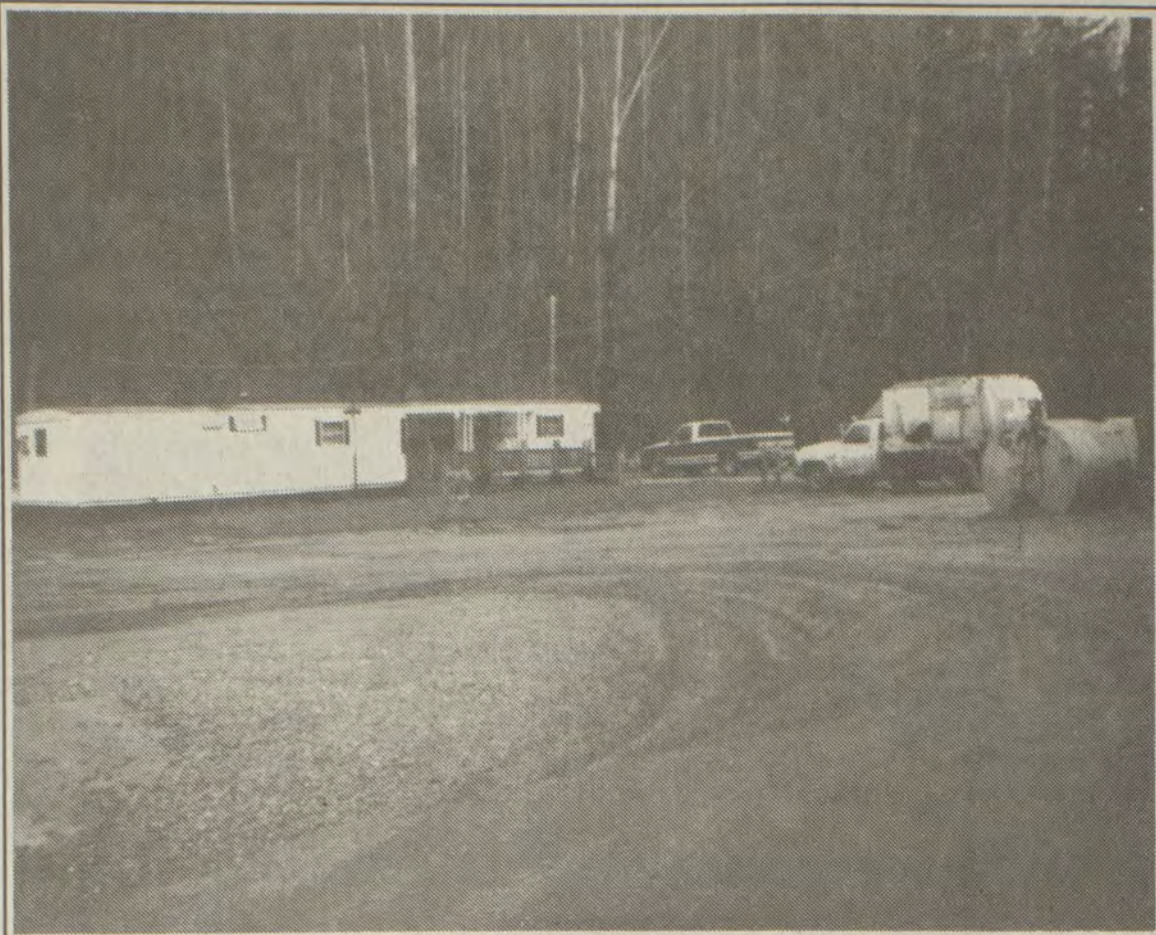
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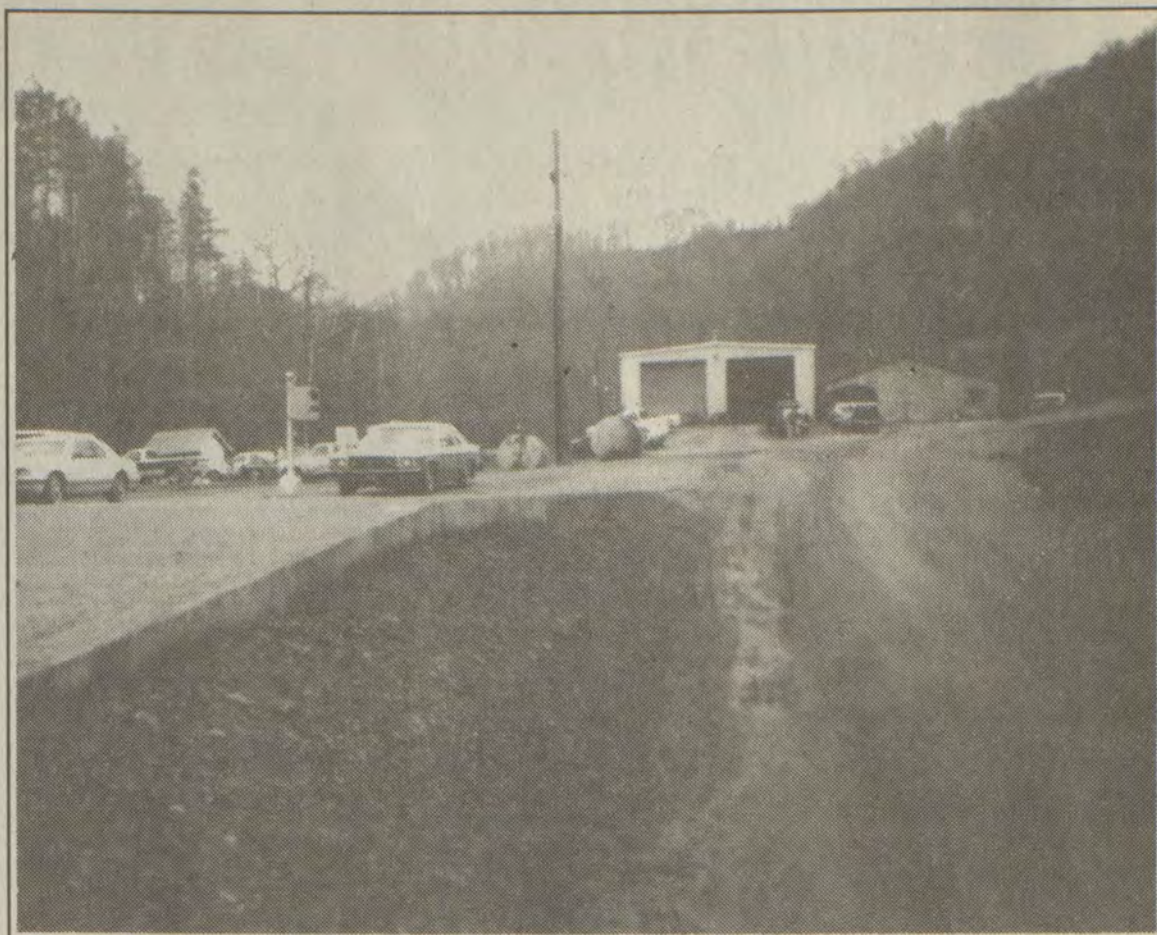
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ENOUGH LIES!!!

RESOLUTION OF FLOYD COUNTY SOLID WASTE, INC. AUGUST 11, 1982

At a regular meeting of the Board of Directors of Floyd County Solid Waste, Inc., held at the County Courthouse Annex Building on the 11th day of August 1982, at the hour of 6:30 p.m.

The follow Directors were present:

- Edward Caudill
- James Cline
- Earl D. Ousley
- Billy Herald
- Phillip Hagans

Absent Director:
Blaine Hopkins

The following business was transacted:

Meeting was called to order by Chairman Edward Caudill, and roll call of directors.

Motion was made by Edward Caudill and Second by James Cline, to waive reading of the minutes of last meeting, vote was taken, which was unanimous.

The following resolution was offered:

Whereas, negotiation for lease agreement on a certain tract of land located within the solid waste land fill area containing 7.0 acres, and the proposal by Lessor and owner of said land Industrial Rentals Inc. to construct a metal building 80 x 40 on same for garage and work shop facilities under the proposed lease agreement. Thereupon the following resolution was offered by

Bill Herald

Whereas, there is a need for a building to house the trucks and equipment and to do mechanical work on the solid waste equipment, therefore 'Be it resolved that the proposed lease agreement submitted by Industrial Rentals Inc. be accepted and the the President and Secretary be authorized to execute said lease agreement for the term of fifteen years at a monthly rental of Nineteen Hundred and Eighty (1,980.00) Dollars. That the construction proposal as submitted by Lessor be approved, that said Lease Agreement and construction proposal be filed with the Secretary and made a part of the minutes herein.'

Motion was made by Earl Ousley to adopt said resolution, and second by Phillip Hagans vote was taken as follows:

For Said Resolution
Earl D. Ousley
James C. Cline
Phillip Hagans
Billy Herald

Against
None

JOHN M. STUMBO WAS APPOINTED FLOYD COUNTY JUDGE/EXECUTIVE ON MAY 23, 1983

FOR SEVERAL WEEKS MY OPPONENT, DALE McKINNEY, HAS PUBLISHED A FULL PAGE AD IN THIS PAPER SAYING "MR. STUMBO RENTS THIS BEAUTIFUL BUILDING...FROM A MEMBER OF THE SOLID WASTE COMMISSION...HE APPOINTED." THIS IS A TOTAL FALSEHOOD!

THE TRUTH IS OF PUBLIC RECORD IN THE FLOYD COUNTY SOLID WASTE, INC. MINUTES, AND THAT IS SHOWN AT LEFT. NOTICE THE OBVIOUS:

1. The building in question is a portion of 7 acres of property that is leased by the Solid Waste Commission, not the Fiscal Court or County Judge.
2. The lease was agreed to on August 11, 1982, one year before I was elected your Floyd County Judge or appointed anyone to the Floyd County Solid Waste Commission.
3. The term of the Floyd County Solid Waste lease is 15 years, and by law it will continue no matter what the outcome of this election. I didn't begin this lease nor can I end it.

TO MY DISMAY, MR. McKINNEY HAS NOW BEGUN AN EQUALLY FALSE AD, THE SO-CALLED "MILLION DOLLAR HOLE." IN FACT, THE AREA PICTURED IN HIS AD IS NOT EVEN THE LANDFILL, NOR IS THERE A "MILLION DOLLAR HOLE." FURTHER, THE MONIES SPENT ON ANY LANDFILL IS DONE BY THE FLOYD COUNTY SOLID WASTE COMMISSION, NOT THE COUNTY JUDGE OR THE FLOYD FISCAL COURT.

I HAVE HELD MY PEACE AS MY OPPONENT HAS SLANDERED ME. THE FIRST WEEK HE MADE HIS OUTRAGEOUS CLAIMS, I ASSUMED HE WAS UNIFORMED AND THIS WOULD PASS. I PREFERRED TO HOPE HE WAS, AT WORST, ONLY RECKLESS WITH THE FACTS, BUT NOW AFTER HE HAS CONTINUED TO REPEAT AND MULTIPLY FALSEHOODS, IT IS CLEAR HE IS EITHER WILLFULLY LYING, OR TOTALLY IGNORANT. I AM NOT INCLINED TO SAY MUCH GOOD ABOUT MY OPPONENT, BUT I AM SURE HE IS NOT TOTALLY IGNORANT.

TO EVERY THINKING FLOYD COUNTIAN, BE ASSURED THAT I DO NOT DESIRE TO SEE THIS CAMPAIGN BECOME PERSONAL AND VINDICTIVE—NEVER-THE-LESS—I CAN NOT SIT IDLY BY AND ALLOW CONTINUED LIES TO BE INTERJECTED AS GENUINE ISSUES. I CHALLENGE MY OPPONENT TO "SPEAK THE TRUTH!!"

VOTE FOR CONTINUED PROGRESS HERE IN FLOYD COUNTY!!

Re-elect

JOHN M. STUMBO

FLOYD COUNTY JUDGE/EXECUTIVE

A True Family Man, A Lifelong Democrat and a Dedicated Floyd Countian!

Community Calendar

McDowell Family Resource Center's upcoming events

•Day and night G.E.D. classes are available. Day classes will meet every Thursday from 9-11 a.m.; night classes every Tuesday and Thursday, 8-9 p.m.

•After-school care is available for school-age children needing someone to stay while waiting on their parents to pick them up. The hours will be from 3-6 p.m. for working parents or parents attending school. There will be a \$1 charge per hour for each child staying in the center. There is no charge for any child staying less than one hour.

For more information about these activities, call the center at 377-2678.

World War II revisited at PCC

On April 15, from 6:30-8:30 p.m., a third "shared experiences" meeting will be held so that people of the Big Sandy Valley can share what they were doing in April of 1943 during World War II. The meeting will be hosted by Dr. Don Barlow, PCC Professor of History and World War II scholar. The meeting will be held in the Johnson Building, Room 132, is free, and everyone is welcome to attend.

Wildflower Weekend at Pennyryle Forest State Resort Park

There will be a Wildflower Weekend at the Pennyryle Forest State Resort Park, Dawson Springs, April 23-24. Explore the woodlands for beautiful spring wildflowers. Also, evening programs are available.

Preregistration deadline is April 17. There will be a \$10 fee. For more information, call (502) 797-3421.

Camp Nathanael couples retreat

Camp Nathanael will be hosting its annual retreat for married couples on April 23-24. The activities begin with registration from 4-6 p.m. on Friday and ends Saturday evening after a candlelight dinner. The cost for the weekend is \$40 per couple.

Dr. Ray Pritchard will be speaking throughout the weekend on the topic, Seven Keys to a Healthy Marriage. Housing is available on a first come basis.

Up With People tour

More than 100 young people from all over the world bring their youthful exuberance on the 1993 tour of Up With People to the Paramount Arts Center, Ashland, Ky., on Monday, April 19 at 8 p.m.

Tickets for "Rhythm of the World," starring Up With People, are on sale, now priced at \$10 and \$14.

For information, contact the Paramount Arts Center, 1300 Winchester Ave., Ashland, Ky. or call (606) 324-3175 weekdays from 9 a.m. to 4:30 p.m.

PACE computer group to meet

PACE (Prestonsburg Area Computer Enthusiasts) will meet Thursday, April 22, at Morehead State University Extension Computer Lab, University Plaza, University Avenue, Prestonsburg.

The program topic will be "WordPerfect Tips and Hints" by John R. McIntosh.

PACE operates a community, electronic BBS, phone 886-8403 with settings of N-8-1.

Regular meetings are held on the 1st and 3rd Tuesdays of every month. Due to circumstances, they have changed the meeting dates for this semester.

National Secretary Day observed

In recognition of National Secretary Day, Our Lady of the Way Hospital is sponsoring its annual "Healthy Secretary Day" on Wednesday, April 21, from 10 a.m. until 2 p.m. at the Jenny Wiley Lodge.

Employers are encouraged to give office personnel a special gift for attending. The program will include lunch buffet, health screenings and a variety of presentations on health/professional topics. To register your secretary, receptionists or clerk, call 285-5181, ext. 388.

Youth conference to be held

The Johnson County Youth Conference will be held at the Cow Creek Free Will Baptist Church on Friday, April 23. Services will begin at 7 p.m. Refreshments will be served. Everyone is invited to attend.

Support group for grieving parents

A support group for parents who have lost a child or children will meet Saturday, April 17, at 6:30 p.m. The meeting will be held in the brick building located at the rear of the Paul B. Hall Regional Medical Center, Paintsville.

For more information, call Leola Cole at (606) 349-1327 or Marlena Russell at 349-2917.

Senior Citizens Day

Camp Nathanael, at Emmalena, will be having a Senior Citizens Day on Tuesday, April 20. The day will begin at 10 and end about 2. For directions, call 251-3231.

Class reunion being planned

There will be a meeting on Sunday, April 18, at 2 p.m., at the Martin Dairy Queen to plan a 20-year class reunion for the 1973 class of Betsy Layne High School.

Diabetes classes to be offered

Diabetes classes will be offered at the Floyd County Health Department on April 21, 28, and May 5, from 10 a.m. until noon. The participants will learn about diet, exercise, medications, self-blood glucose monitoring, complications, and other information about diabetes. Participants should attend each class. The classes are free of charge and open to anyone with diabetes, their families, and anyone interested in learning more about diabetes.

Wildflower Weekend at Natural Bridge

There will be a Wildflower Weekend at the Natural Bridge State Resort Park, Slade, April 30 through May 2. There will be evening programs, displays, and a photo competition.

There will be a \$3 per person or \$5 per family entry fee. For more information, call (606) 663-2214.

Early Times

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Floyd County can have a better future, with strong leadership.



Sheriff Paul Hunt Thompson has been a strong leader for Floyd County in the past. He will continue to be a strong leader for Floyd County in the future.

From his efforts to eliminate millions of dollars worth of illegal drugs from the streets, to his work educating our children about the danger of drug and alcohol abuse, Sheriff Thompson has proven his ability to lead.

Effective law enforcement will play a large role in the potential economic development of Floyd County. Sheriff Thompson's hard work helped convince state officials that Floyd County is a good place for 85 new jobs at a minimum-security prison. As a result of his leadership, many Floyd Countians can now find work without having to leave the county.

To have a better future, we must have good leaders. Sheriff Paul Hunt Thompson is a proven leader. Because of his record of leadership and public service, he deserves another term in office.

Re-elect

Sheriff Paul Hunt Thompson

A proven leader

Paid for by Paul Hunt Thompson for Sheriff, P.O. Box 386, Wheelwright, Ky. 41669

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AUSTIN Bleach Gal. 69¢	DONALD DUCK FROZEN Orange Juice 12-Oz. 99¢
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SNO-BOWL Cleaner 16-Oz. 89¢	TROPICANA Orange Juice 1/2-Gal. Glass \$1.99
ULTRA TIDE Detergent 98-Oz. \$6.79	MORTON'S TV Dinners (Regular Size) 79¢
POST COCO OR FRUITY PEBBLES Cereal 13-Oz. \$2.89	PET RITZ Cobblers 26-Oz. \$1.99
EGGO Waffles Box \$1.49	

• PRODUCE DEPARTMENT •

Bananas 3 Lbs. \$1	Tomatoes RED, RIPE Pkg. of 3 69¢	Celery Bunch 59¢
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THORN APPLE VALLEY SPICED Luncheon Meat Pickle & Pimento or Bologna 99¢ Lb.	DAWN Dishwashing Liquid 99¢ 22-Oz.
12-PACK CANS Coca-Cola Products \$2.99	RED & WHITE BRAND Crackers 59¢ Lb.

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THORN APPLE VALLEY REGULAR Hot Dogs 12-Oz. 59¢	QUARTER Pork Loin Lb. \$1.49
THORN APPLE VALLEY Low-Salt Bacon 12-Oz. 89¢	HOLLYWOOD Spare Ribs Lb. \$1.49
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At Pikeville :

Floyd teams run away with track and field honors

Allen Central girls lead the way to first place

by Ed Taylor
Sports Editor

Under blue skies and warm temperatures, the Allen Central track and field team was very impressive at Pikeville's Bob Amos Park last Thursday.

Coach Dewey Jamerson's harriers' experience showed as the girls took first place in their meet and the boys placed third overall.

For the girls, Allen Central scored a 66 for first place with Pikeville placing second with 59 points. Fleming-Neon was third with a 57 and Wheelwright took fourth place with 20 points. Belfry was last with 13 points.

Pikeville captured first place in the boys' events with Wheelwright surprising a lot of folks with a second place finish. Allen Central took third place with Elkhorn City pulling in fourth place.

Belfry was fifth, Jenkins sixth and Fleming-Neon seventh.

In the girls' events, Jessica Wade and Jenny Wiley continue to be two of the region's top distance runners and Lisa Stumbo is beginning to make a name for herself in the women's hurdles.

Wade placed first in the grueling 3200 meter run finishing with a time of 14:15.40. A surprise to Coach Jamerson was the performance of Mary Baldrige who came in third in the two-mile run. Baldrige posted a time of 18:00.

"She will go to the state this year," said Coach Jamerson in his assessment of Baldrige. "She is going to be a big plus for us this year."

Wiley continues to dominate the women's 400 meters with a first place finish at 1:08.14. Dreama Isaac was fourth in the 400 with a time of 1:14.94.

Wiley teamed with Wade and teammates Misty Gobel and Annie Harvey to take first place in the women's 3200 relays.

Wade ran the two-mile relay race and then entered the 3200-meters run after just a short breather demonstrating her stamina as a distance runner.

Stumbo set a new school record in the women's 300 hurdles with a time of 57.49 for first place. In the 100 hurdles, Stumbo posted a time of 21:05 for yet another first place finish.

Crystal Floyd, who is becoming a megathon performer, placed second in the women's 100 hurdles behind Stumbo. Floyd then ran the women's 800-meters and collected another second place with her time of 2:56.16.

Pam Goble ran the 100 hurdles as well as the 300 hurdles and recorded a 23:69 in the 100 and had a time of 1:15.57 in the 300. Megan Manns ran the 300 hurdles in 1:16.66.

Another school record fell when upcoming Nikki Queen finished first in the 100-meter race. Queen's time of 14:21 established the school record previously held by Wiley. Wiley's old record time was 14:30 set last year.

The relay team of Ginger Griffith, Queen, Greta Halbert and Isaac placed fourth in the women's 800 relays. The foursome had a time of 2:16.05.

Stumbo, Queen, Halbert and Isaac placed fifth in the 400 relays at 1:02.03.

Misty Goble finished third in the mile run with her time of 7:22.73.

In the field events, Queen placed second in the long jump with a jump of 13'11". Melissa Mullins showed a lot of promise for the future in the shot put and discus. Mullins had a toss of 23'6" in the shot events and her throw of 64'11" was good for third place in discus.

Dreama Kilgore had a throw of 22'10" in the shot put and Jennifer Patton had a toss of 17'8". Kilgore, in discus, had a toss of 42'7" and Patton's toss went 38'7".

Mans established a new school record at Allen Central with her jump of 3'10" in the high jump events. Manns placed third in the meet.

Shawn Robinson and Kevin Patton were first place finishers for Allen Central in the men's field events.

Robinson took first place in the

(See First, B 2)



Off and running!

It's track and field time again at the Bob Amos Park as 12 teams converged on the site for track and field day. Jessica Wade leads the way in the 3200 meter run that she placed first in. Wade also won the women's 1600 meter race. (photo by Ed Taylor)

HAP signups extended to Friday, April 16

The Easter weekend forced the Harold-Allen-Prater Little League (HAP) to extend their signup day to this Friday at Allen Park.

According to league president Robert Damron, the league wishes to sign up all players who desire to play this year. No is to be missed so the league will make another attempt to register all prospective players.

Everyone that wishes to play in the HAP Little League in the upcoming season must register this Friday between the hours of 5:30 p.m. and 6:30 p.m.

This includes all players, even if they played last year. No one is to bring any equipment with them as this is just a sign up date. The HAP Little League All-Stars are currently the reigning district champions and field some of the stronger teams in the area.

So, if you are planning on taking part in the HAP Little League this season, be at the Allen Park Friday, April 16.

Wheelwright harriers leap to second place

by Ed Taylor
Sports Editor

Coach Donnie Daniels' track and field team from Wheelwright High School made some noise and caused several to stand and take notice as his Trojans placed second in the Pikeville meet last Thursday at the Bob Amos Park.

Wheelwright took home the runner-up spot as they scored 95 points in their first meet this spring.

Pikeville finished first with 102 points.

Coach Daniels, while he sees room for improvement, was still satisfied with his team's effort.

"We were pleased with the way we ran," he said, "but we have room for improvement. But it is also early in the season. We're a tournament team."

Daniels' remarks were a reference to the regional meet that takes place in May.

Muntu Oden showed that his strong finish in last year's state meet was no fluke as he captured first place in three events. The speedster took first place in the men's 100-meter run with a time of 11:38 as he jumped ahead of the field.

In the men's 110 hurdles, Oden was uncatchable as he leaped the hurdles in a time of 15:07 for the top spot. He repeated his finish in the men's 300 hurdles. Oden's time was so fast that the final time could not be determined. Ronnie Newsome made a strong showing in the event with a time of 51:17, good for fifth place.

Newcomer Ricky Little was a pleasant surprise for the Wheelwright track and field squad as he brought home two first place finishes in the men's 800-meter run as well as the grueling mile run.

Little finished with a 2:19.17 in the 800-meters for first place but he had to kick it in to defeat teammate Brandon Holbrook, who finished second. Little made an impression on Trojan coach Keith Smallwood.

"Ricky is a very dedicated runner," said Smallwood. "Just to show you how each supports the other on

this team, in the number four turn Brandon was closing in on Little and he hollers for Ricky to kick it in. That's being unselfish."

Little posted a time of 5:29.29 to take first place in the men's 1600 meters with Arnold Adams claiming third place with a 5:45.89.

In the men's 400-meter run, the Trojans took third, fourth and fifth places. Steven Shelton placed third with his time of 58:04. Fourth place went to Justin Ray at 59:34 and Kelly Burger finished fifth at 59:90.

Wheelwright's 3200 relay team came in sixth with a run of 11:30.94. The team is made up of Mike Stanley, Curtis Newman, Doug Caudill and Jeremy Caudill.

In the field events for the men, Greg Johnson took first place in the high jump with a leap of 5'10". John Hall finished fourth in the event. Kevin Slone had a jump of 5'4" and did not place.

Third place in the discus throw went to Ronnie Newsome for Wheelwright with a toss of 97'3". Merlin Isaac finished fifth with his throw of 88'5". Todd Daniels threw for 77'9". Daniels did place sixth in the shot put with his throw of 37-feet. Isaac had a toss of 36-feet.

In the long jump, Adams finished third with a leap of 17'10". Johnson jumped 16'8" and Kelvin Slone had a leap of 15'9".

Newsome placed fourth in the triple jump event with a leap of 37'1". Sixth place went to Slone with a jump of 35'9".

The men's 200 meters and 1600 relays were not run because of darkness.

For the girls, it was a first ever for Wheelwright and Lori Tackett did Coach Smallwood proud when, on her first ever throw in the discus event, she threw for 76'6", which was good for first place.

"It was her first throw ever," said a happy Smallwood.

Tackett also placed fourth in the women's shot put. Tackett continued to show her athletic ability with a

(See Harriers, B 2)

"New kids on the block" pleasant surprise to Jamerson at Clay Co.

by Ed Taylor
Sports Editor

Here's a quote from Coach Dewey Jamerson, track and field coach at Allen Central:

"The new kids have been a big surprise to me. We're farther along than I thought we would be this time of the year."

Coach Jamerson was referring to the new runners that have joined the successful track and field program at the Right Beaver high school this year.

"We haven't really had a chance to practice this year and we were forced to put them (the new runners) right into the fire."

Jamerson again referred to the Clay County Invitational, one of the toughest events around the state.

"We competed against triple A schools and they were the only ones that finished ahead of us. I call them the 'south belt' schools. They haven't had the weather we've had and they have a place to practice."

Allen Central placed fifth in the girls events and seventh in the boys as they traveled to Clay County this past Saturday morning for an all-day stay.

Twelve teams took part in the day long meet with first place going to Knox Central for the girls. Bell County placed second and Clay County third. North Laurel finished fourth and Allen Central fifth. Oneida Baptist was sixth, Everts seventh, Breathitt County eighth, Cordian ninth and Whitley County tenth.

Fleming County placed eleventh and Oneida Baptist second team twelfth.

Jessica Wade took home two sec-

ond place finishes. Wade placed second in the 3200 meter run with a time of 13:46 and took second place in the 1600 meter run also. Wade had a time of 6:14.20 in the 1600. She was defeated by Beth Turpin of Bell County considered to be the top female distance runner in the state.

Mary Baldrige recored a time of 16:22 in the 3200 meters. Misty Goble ran the 1600 meters and came in at 7:27.61.

Crystal Floyd placed third in the 400 meter race. Floyd posted a time of 1:11.03 with Dreama Isaac running at 1:16.31. Allen Central was without Jenny Wiley at Clay County. Floyd also ran the 800-meters and finished with a time of 3:00.96.

"Jenny having to play in an all-star game in Portsmouth hurt us in the 400-meters," said Jamerson. "We possibly could have finished fourth."

Nikki Queen had a time of 14.40 in the women's 100 meter run. Janet Miller had a time of 17.62 in the event. Miller also ran in the 200 meter run and came in at 36.70.

The Allen Central 3200 meter relay team placed second with their time of 11:48.03. The team consisted of Misty Goble, Jessica Wade, Crystal Floyd and Annie Harvey.

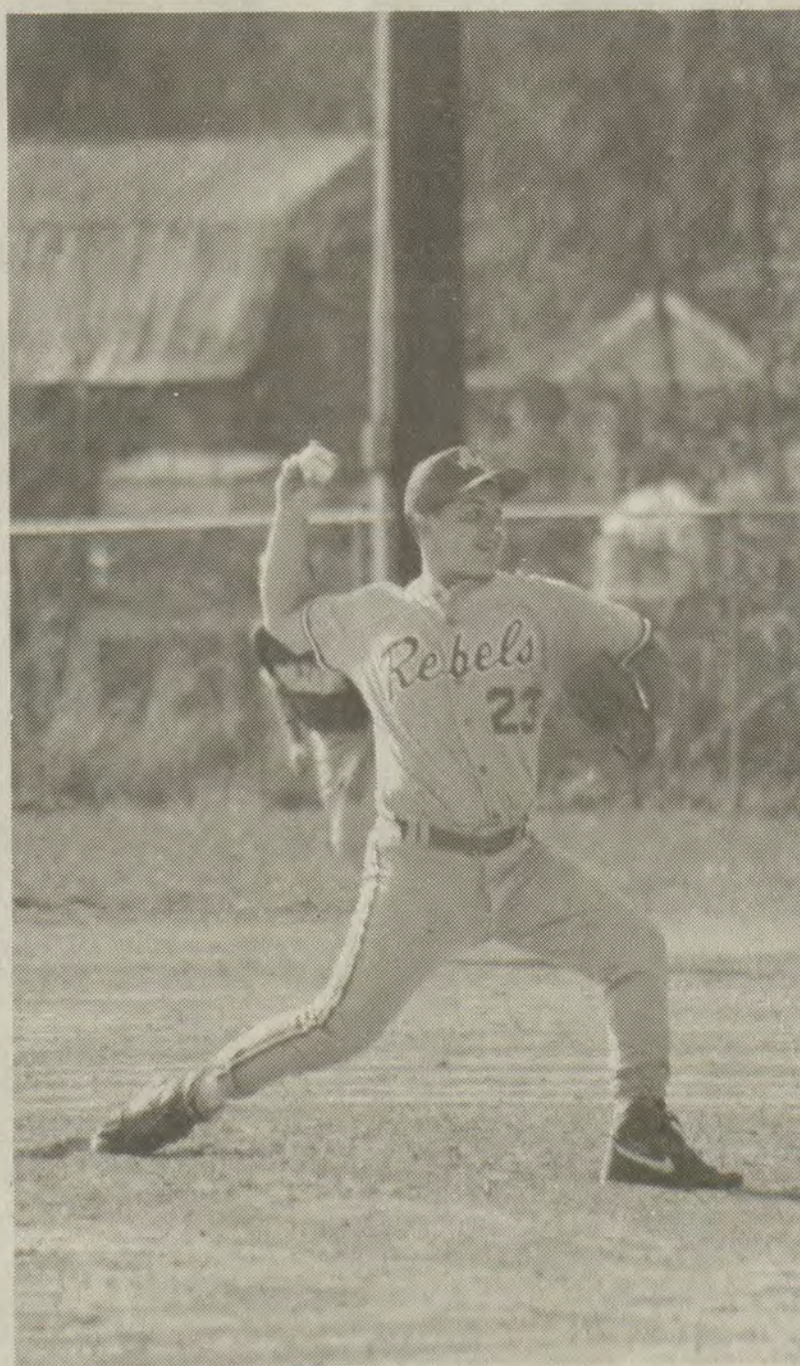
The foursome of Lisa Stumbo, Greta Halbert, Dreama Isaac and Renea Burke ran a 2:15.89 in the 800 meter relay.

Stumbo placed fifth overall in the women's 100 hurdles. She had a time of 19.91. Floyd finished with a time of 20.51.

In the 300 hurdles, Stumbo finished at 1:02.02 and Misty Goble ran in at 1:06.09.

In the field events, Megan Manns

(See New Kids, B 7)



Opening day pitcher!

Toby Vance of Allen Central shows his form as he delivers the baseball to the plate in the first inning against Wheelwright Monday evening. Vance led the Rebels to a 11-1 win over the Trojans. (photo by Ed Taylor)

Three combine for no-hitter as Rebels win over Wheelwright, 11-1

by Ed Taylor
Sports Editor

The Wheelwright Trojans baseball team found not only one pitcher hard to get a base hit off but three as the Allen Central Rebels posted a 11-1 mercy win over the Trojans as both teams got their season underway after a week of rainouts.

The two teams met at the Allen Central field with Toby Vance starting on the mound for the Rebels and Kevin Johnson hurling for coach Jackie Pack's ballclub.

Following Vance to the mound was the duo of Jason Martin and Kevin Martin. The three held the Trojans hitless during the five inning game.

Vance worked the first two innings, allowing the only run for Wheelwright in the first. Vance struck out three batters and issued one walk in the two innings that he worked.

Jason Martin, who picked up the win, went the third and fourth innings allowing no runs on no hits. He fanned five while walking one.

Kevin Martin came on to pitch the top of the fifth and retired the Trojans in order with one strike out.

Kevin Johnson went the first two and a thirds inning when he was hit hard in the third. Chad Allen came out of centerfield to relieve Johnson.

Johnson allowed seven runs on five hits while walking two. He was called for one balk. He struck out five batters.

Allen went the final two and two-thirds innings giving up four runs on five hits. Allen struck out five while walking two.

Wheelwright took a 1-0 lead in the first inning off Vance when Travis

Johnson drew a one-out walk. Johnson stole second and moved to third on an overthrow by Rebel catcher Glenn Floyd on the steal attempt. Johnson came in to score when Charles Johnson grounded to Martin at short.

Vance retired the last five batters he faced, striking out Allen to end the first and getting Kevin Johnson to pop to second while fanning both Clyde Johnson and Aaron Hall to end the second.

Allen Central came back with three runs in the bottom of the first inning to take the lead for good. Two of the three runs were unearned as Johnson was the victim of some shaky defense.

Jeremy Hall reached on an error in centerfield when his routine fly ball was dropped for a two-base error. Hall stole third and scored on an error by Johnson off the bat of Arin Cathers. Johnson then walked Josh Hansford after Cathers stole second and moved to third on a passed ball. He issued a walk to Jason Martin to load the bags. Johnson then fanned Vance for the first out but Floyd drilled a two-run double to right center scoring Cathers and Hansford.

Wheelwright put together a rally in the third inning against Martin with two men in scoring position and one out. But Martin got Travis Johnson and Charles Johnson on strikes to kill the threat.

Allen Central exploded for six runs in the bottom of the third inning as Johnson struggled on the hill. Jason Martin led off the inning with a rope to right centerfield. He moved to third on Vance's base hit with Vance steal-

(See No Hitter, B 7)

Harriers

(Continued from B 1)



Up and over the bar!

Wheelwright's Greg Johnson goes over the bar in the high jump event last Thursday at Bob Amos Park. Johnson placed first in the event with his jump of 5 feet and 10 inches. (photo by Ed Taylor)

third place finish in the 100-meter run.

Tonya Floyd has a leap of 12'6" in the women's long jump, a feat that she had never tried before according to Coach Smallwood.

"It was her first as it was for all these girls," he said.

Coach Daniels commented that any event that the girls place in will all be school records.

The Lady Trojans 400 relay team of Crystal Isaac, Tara Newman, Nikki Morgan and Lori Tackett finished fourth. Newman along with Marlene Cook, Charity Wright and Neence Oden took fifth place in the women's 3200 relays.

"I am tickled to death with our distance runners," said Smallwood. "They showed a lot of heart out there. We went as a team, participated as a team and left as a team. Everybody left with a smile."

Isaac placed third in the women's high jump events.

Although this was the first ever Wheelwright girls track and field team, it was something that was expected when the season began.

"We had 29 girls out this past Thursday night and since Saturday I've had 12 more come and ask if they could come out," Smallwood ex-

plained. "And the kind of a person that I am, there will be no one cut. All will take part."

Coach Smallwood explained that there was an interest in girls' track and field and he was approached about coaching the team.

"I told them to talk to (Wheelwright Principal) Mr. Bowling. Mr. Bowling said 'Let me make a few phone calls' and then he came back to me and asked me if I would coach them," said Smallwood. "I said I sure would. He then went to Mullins, where he coached track before, and got us six hurdles to practice with. Up until then we were jumping over pop cartons. Of course there is nothing wrong with jumping over pop cartons, Muntu (Oden) did it and look where it got him last year, the state finals."

"Mr. Bowling has been so good to us," said Smallwood. "He has been such a big help for us and a very strong supporter of girls track and field."

Smallwood said that it was a learning experience for him as well as for the kids.

"I never coached a girls' team in anything," he said. "I helped Donnie last year but I have never coached a girls' team before."

Smallwood said that his first trip to the track at Pikeville was a memorable one.

"I had as much fun Thursday that I have had in a long time," he said. "I felt ten feet tall and that's pretty tall for a 6'4" person."

1992	1993	1988
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1991	1990	1989

First

(Continued from B 1)

discus with his toss of 107'7". Levi Wells placed fourth overall with a throw of 97'1". Chris Bailey, who has shown a lot of improvement from last year, had a throw of 73'5".

Patton won first place at the long jump pits with a leap of 19'2". Chris Halbert tied for sixth place with his jump of 16'4". Gary Webb recorded a jump of 14'4".

At the triple jump, Patton placed fourth with a jump of 36'7". Webb had a jump of 31'.

Halbert tied for second place in the men's high jump with a jump of 5'10". Patton had a jump of 5 feet.

Wells came in fourth in the men's shot put. Wells had a throw of 37'1". Robinson finished with a throw of 35'4" and Dave Gilliam had a throw of 34'8".

In the track events, Jason Samons placed sixth in the men's 100-meter run with his time of 11.90.

"It was the first runner we have had that ran under a twelve for us," said Coach Jamerson.

Trevor Fitch had a time of 13.27 and Kevin Allen finished with a time of 12.88 in the 100 meters.

Halbert placed fifth in the 400 meters. Halbert had a time of 1:01.29. Kenny Scarberry came in third in the 800-meters with a time of 2:26.77. Fourth place went to Mike Elzokari at 2:27.91. Kevin Stumbo placed fifth at 2:32.24.

Other times in the 800 meters were: Kenny Bradley at 2:40.00; Rondel Stewart, 2:51.95; Curtis Webb, 2:51.81; Cory Heintzelman, 3:07.90; Chris Damron, 3:29.15.

Josh Patton, who Coach Jamerson is looking for good things from, placed second in the 1600 meter run with his time of 5:38.72. This is Patton's first year in the sport.

Bradley placed sixth overall in the 1600 meters. Bradley had a time of 6:14.51. Jay Harvey posted a time of 6:38 with Curtis Webb recording a time of 6:22. Chris Damron ran in at 7:11.

Seventh grader, Todd Howard, finished second in the men's 3200-meters run. Howard had a time of

12:23.17. Bradley placed fifth at 13:39.37. Curtis Webb finished at 13:10.67.

It was a good outing for the Allen Central men's 3200 relay team of Kenny Scarberry, Dan Stumbo, Kevin Stumbo and Josh Patton. The four-some placed first in the event with a time of 9:44.03.

In the 400 relays the team of Kevin Allen, Trevor Fitch, Jason Samons and Estill Stumbo posted a time of 50:01 but did not place.

Steve Akers came in fifth in the

110 hurdles. Akers had a time of 21:69. Justin Salisbury ran in at 27:47 and Gary Webb recorded a time of 21:99.

In the 300 hurdles, Salibury finished with a 54:89 and Estill Stumbo had a 53:74.

A new event for Allen Central this year is pole vaulting. Dan Stumbo placed third and established a school record of seven feet.

Allen Central will return to Pikeville tomorrow afternoon for their next meet.

Betsy Layne sweeps Mullins

by Ed Taylor
Sports Editor

The Lady Cats of Betsy Layne got their softball season underway on a very successful note as they swept the Lady Tigers of Mullins in a doubleheader of softball at the Betsy Layne field Friday evening.

Coach Cassandra Keathley saw her team roll out the bats as they posted a 11-2 win in game one and came back in the nightcap to record a 9-5 setback of the Lady Tigers.

While the rain was a steady downfall, the moisture did not dampen the zeal of this year's Lady Cat team. Betsy Layne scored four times in the first inning of the game one to take a 4-1 lead after Mullins led 1-0 after a half of an inning of play.

Mullins found the underhanded pitching of Heather Keathley too much as they could not score again until the fifth inning when they pushed across one run.

Betsy Layne added four runs in the third and played three in the fourth.

Shanna Clark carried the hot bat for Betsy Layne with a double and triple, driving in three runs. Clark also scored three times in the game.

In the second five-inning game, Betsy Layne prevailed 9-5 again behind the pitching of Keathley.

Ashley Tackett, an eighth grader at John M. Stumbo, got Betsy Layne off to a good start in game two with a long double with the bases loaded driving in three runs that staked Betsy Layne to a 4-0 lead.

The lead increased to 7-0 with a three-run third for the Lady Cats. Ashley Bartley doubled home two runs in the second inning in picking up her two RBIs.

Mullins came back with four runs of their own in the third inning to make it a 7-4 game. Betsy Layne countered with two of their own in the fourth as Misty Clark drove in both runs with a two-base hit.

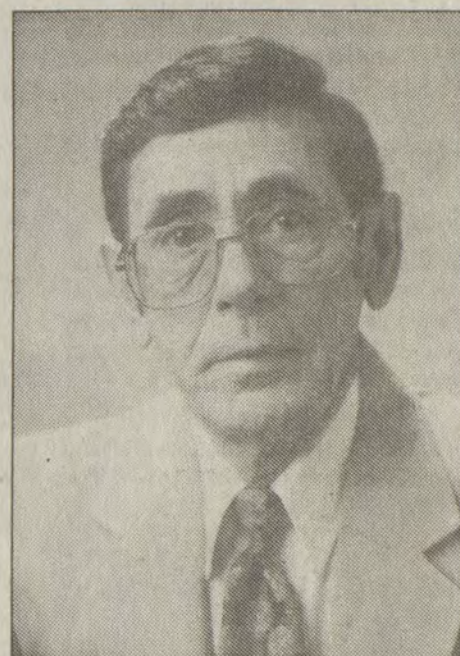
Mullins scored their final run in the fifth inning.

Clark had two hits in the second game giving her four hits for the doubleheader.

Betsy Layne (2-0) travels to Millard tomorrow evening where they will play a doubleheader against the Lady Mustangs. Game time is 5 p.m.

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Howell's 3 hits, 4 RBIs help Prestonsburg split with Cougars

by Ed Taylor
Sports Editor

The Prestonsburg Blackcats kicked off their 1993 baseball season on the road against a good Elkhorn City team this past Thursday and came away with a split of the doubleheader.

Anthony Howell drove in four runs and collected three hits as Prestonsburg won the nightcap game 18-2 after dropping the opening contest 6-3.

Aaron Tucker started on the mound for the Blackcats but C.D. Posten got credit for the win. Posten took the mound in the bottom of the second inning after Prestonsburg built a commanding 18-2 lead.

The Blackcats scored four runs in the first inning for a 4-0 lead. Jason Crisp led off the game with a base hit. Robbie Risner was hit-by-a-pitch and Brandon Crum walked Sean Damron to load the bases.

Crum's control problems continued as he issued a bases-loaded walk to Tucker, forcing Crisp home with the first run.

Crum then got Brian Horn and Seth Hyden on strikes for the first two outs but Howell roped a base hit to center, scoring Risner and Damron. Thomas Ratliff laced a double to left, sending Tucker home with the fourth run.

Elkhorn got two runs back in their half of the first inning. Seth Wellman walked to start the bottom of the inning, moved up on a passed ball and Crum grounded to short moving Wellman to third. Wellman scored on an error off the bat of Jason Dales. Justin Hall drove in the second Elkhorn City run.

Prestonsburg exploded for 14 runs in the second inning as it became mercy time. Twenty batters went to the plate for the Blackcats in the inning with Howell picking up two hits and driving in two runs.

Ratliff, who was two-for-two in the game, had two RBIs in the explosive second. Ratliff finished the game with three runs batted in.

Crisp started the inning by flying to right for the first out. Risner doubled and Damron reached on an error. Tucker walked to load the bases with Horn following suit, picking up an RBI.

After Hyden walked, forcing home Risner, Howell singled sharply driving in Tucker. Then Ratliff rapped

his two-run single and Cory Reitz walked to load the bases once again. After that, it was one walk after another with a couple of errors thrown in until Howell came to bat for the second time in the inning when he singled home a run to finish the rally.

Posten fanned four batters in the shortened game, while walking one batter. He worked two innings.

Tucker worked the first only and allowed both Elkhorn City runs. He gave up the two runs on one hit, the only hit the Cougars could manage.

Crum went two and two-thirds of an inning in absorbing the loss for Elkhorn City. Chad Huffman relieved Crum in the third.

Sean Damron suffered the loss in the first for Prestonsburg as the Cougars posted a 6-3 win.

Elkhorn City did most of their damage in the second inning when they pushed across five runs and they all came with two outs.

Damron retired the Cougars in order in the first inning with an impressive opening. But in the second the Cougars got their bats out and went to work.

The first two batters singled off of Damron to start the frame but Damron got Brandon Crum on strikes after Justin Hall and Kevin Slone singled consecutively, and fanned Brad Cool. George Anderson then lined a base hit to center, scoring Hall and Slone for a 2-0 game. Damron walked Mark Wellman but base hits by Aaron Smilus and Jason Dales scored three more runs before Damron could retire Josh Crum on a fly to right.

Prestonsburg picked up one run in the third inning after Robbie Risner

drew a one out walk and later scored on a bases-loaded walk to Tucker.

Damron got the Cougars in order in the third and fourth inning with Prestonsburg picking up a run in the fourth.

Seth Hyden dented the plate in the fourth for Prestonsburg after leading off the inning with a base hit. He scored on Risner's two out base hit.

Prestonsburg made a 5-3 game with another run in the fifth inning. Howell doubled with one out in the fifth and later scored on Tucker's RBI single.

Elkhorn City picked up their final run in the bottom of the fifth on a lead off single by Smilus and Hall's RBI single with two out.

Prestonsburg put two runners on

base in the top of the seventh inning but was unable to move them around.

Damron was the losing pitcher going the six innings. He allowed six runs on eight hits. He struck out four batters while walking but two.

Josh Crum was the winner with Hall picking up the save. Crum went four innings leaving the game with his team ahead 5-2. Crum allowed two runs on three hits. He struck out three and walked four.

Hall, in the three innings that he worked, gave up one run on three hits. Hall struck out four and issued two walks.

Prestonsburg stranded six base runners and committed two errors.

Elkhorn City left two runners on base and had one error.

Howell had two hits in the game giving him five for the doubleheader. Tucker had two hits in the first game

and two runs batted in. Prestonsburg (1-1) will travel to Hazard tonight and will take part in the Pikeville Invitational tomorrow evening at Pikeville.


First Game				Elkhorn					
PBurg	ab	r	h	rbi	player	ab	r	h	rbi
Crisp cf	2	0	0	0	Smilus cf	3	2	2	1
Howell rf	3	1	2	0	Dales 2b	3	0	1	1
Damron p	4	0	0	0	J. Crum p	2	0	0	0
Tucker c	3	0	2	2	Hall c	3	1	2	1
Ratliff ss	3	0	0	0	Slone ss	3	1	1	0
Hyden 3b	3	1	1	0	B. Crum	3	0	0	0
Reitz lf	2	0	0	0	Cool 3b	3	0	0	0
Ortega ph	1	0	0	0	Anderson lf	3	1	1	2
Horn 1b	2	0	0	0	Wellman rf	2	1	1	0
Burke	0	0	0	0					
Risner 2b	2	1	1	0					

at Elkhorn City R H E
PBurg...0011100 3 6 2
ECity...050010x 6 8 1
2b-Howell WP-J.Crum LP-Damron LOB-Prestonsburg,
3 Elkhorn City, 2

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Blackcats "steal" twin-bill from Mullins, 8-3, 9-8

Chuck Rowe
Sports Writer

The Prestonsburg Blackcats entered their first home game of the season Monday night hosting the Mullins Tigers.

The Blackcats are some of the people's choice to win the 58th District and strongly compete in the 15th Region. Prestonsburg split a double-header with Elkhorn City last week starting off their season.

Prestonsburg's C.D. Poston relieved Jason Spencer in the top of the third inning with one runner on base and no outs. Poston gave up one hit and struck three players out as he recorded the victory.

Spencer went three innings as he gave up two hits and seven runs but only four were earned runs. Spencer struck out five batters and walked four.

Mullins' Jim Mason recorded the loss as he walked two batters and gave up seven hits and nine runs in 3 2/3 innings.

With Mullins leading 1-0 in the top of the first inning, Prestonsburg's Jason Crisp got on board on an infield hit. Robbie Risner's bunt moved Crisp over into scoring position at second base. Aaron Tucker got on base on a base-on-balls. With two outs and runners on the corners, Brian Horn ripped a base hit up the middle, scoring Crisp.

Mullins went three up and three down in the top of the second inning.

The third inning seemed to be a scene from "The Bad News Bears" as Prestonsburg allowed four runs and committed four errors. Mullins took the lead 5-4 in the top of the third inning.

Mullins added to that lead in the top of the fourth inning as they scored two runs taking a 7-4 lead into the final inning of the game.

Howell reached base with a single starting off the bottom of the fourth. Back-to-back fly outs gave Prestonsburg a runner on first and two outs. A double by Crisp scored Howell. A hard hit ball that was mishandled by Mullins' third baseman put Risner on second base and scored Crisp. Mullins lead 7-6.

A Sean Damron single scored Risner tying the game at seven with two outs and a runner on first base. An intentional walk moved Damron to second and Tucker to first. The runners moved around the bases on two stolen bases. Horn hit a hard grounder to the Mullins' shortstop but he could not snag it as Damron scored from third and the Blackcats took the victory.

Prestonsburg's Jason Burke started for the first time this season in the opening game of the double-header. Burke worked 4 2/3 innings as he gave up two hits and three runs. Burke recorded five walks and four strikeouts in his first win of the season.

Poston came in and relieved Burke as Poston walked one batter.

Mullins' David Edmunds was the losing pitcher as he worked four innings. Edmunds gave up eight runs on seven hits, walked seven, struck out four, and hit three batters in recording the loss.

Prestonsburg took off early as they scored three runs in the bottom of the first inning. Risner reached on a walk and stole second base. Damron drove Risner home on a triple. Tucker drove Damron in with a double. Tucker

crossed home plate on a single by Ratliff.

The Blackcats scored four more runs in the second inning as they took a 7-0 lead into the third inning. Mullins' Edmunds hit two batters and walked one in the third inning. Crisp, Risner, Horn, and Ratliff all scored for Prestonsburg in the inning.

Prestonsburg's Burke threw a one-hitter into the fourth inning.

After the Blackcats added a run in

the third inning, the Tigers scored three runs in the top of the fifth inning. Prestonsburg pulled Burke and put in Poston for the final out of the game.

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Prestonsburg to host over 300 athletes in AAU Tumbling meet

by Ed Taylor
Sports Editor

The city of Prestonsburg will be the site for the First Annual Kentucky Association Tumbling and Trampoline meet to be held at the Prestonsburg fieldhouse on May 1.

Over 300 athletes will converge on the city as the USA/Ky Association and Kentucky Power Tumbling Association sponsors the qualifying event for the 1993 AAU Junior Olympics.

The meet is a requirement for all participants in the 1993 Junior Olympic Games to be held in Knoxville, Tennessee in August of this year. Athletes will not be able to attend any other AAU meet to qualify for the Junior Olympics.

Registration for the local meet is due by April 23 with no late entries accepted after that date.

Association officials stated that no entries will be accepted over the phone. Also, AAU cards will be available the day of the meet, but registration must be made in advance.

First place winners will receive a gold medal while second place receives a silver. A bronze medal will be awarded to all third place finishers.

Fourth place finishers down to sixth are awarded AAU ribbons while seventh place finishers receive merit ribbons.

Level and division individual high point trophies will be awarded to boys or girls. A team level and division high point raw top three scorers trophies also will be awarded.

First, second and third place trophies will be given away.

Eight year old Stephanie Cline of

Pikeville will be trying to go to her third national championship. Young stated that Cline has an excellent chance for the 2000 Olympics.

Henry S. Young is the Kentucky Director of Power Tumbling and is ready to assist or answer any questions about the upcoming meet. You may contact Young at home (874-0394) or at the gym (432-3541) from 3:30 p.m. until 8 p.m.

First game

Prestonsburg	Mullins
player	ab r h rbi
Crisp	3 1 1 0
Risner	2 2 1 1
Damron	2 1 2 2
Tucker	3 1 1 1
Horn	3 1 1 0
Ratliff	2 1 1 0
Howell	1 0 1 2
Hyden	2 0 0 0
Reitz	1 1 0 0

2b-Howell, Tucker, 3b-Damron, stolen bases: Pburg-12, Mullins-3, LOB: Pburg-9, Mullins-6

	r	e
Mullins	0003	3 2 0
Pburg	3410X	8 7 2

Second game

Prestonsburg	Mullins
player	ab r h rbi
Crisp	3 3 2 2
Risner	3 1 0 2
Damron	3 1 1 1
Tucker	3 0 0 0
Horn	3 0 1 2
Ratliff	2 0 0 0
Howell	2 2 2 0
Hyden	2 0 0 0
Reitz	2 1 1 1

2b-Crisp, stolen bases: Pburg-4, Mullins-4, LOB: Pburg-4, Mullins-4

	r	e
Mullins	10 42	7 3 2
Pburg	13 04	8 7 5



It's a long jump!

The long jump event seems to be a favorite in girls' field events at the Bob Amos Park. This Wheelwright jumper takes a leap for her team as Wheelwright fields a girls' team for the first time. (photo by Ed Taylor)

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The Little Dealer With The Big ♥

Clay, Reed homer as....

Prestonsburg Lady Blackcats sweep two from Shelby Valley

by Ed Taylor
Sports Editor

The Prestonsburg Lady Blackcats softball team improved their record to 3-4 on the season with a double-header sweep of the Lady Wildcats of Shelby Valley.

Prestonsburg rolled to an easy 9-2 win in the first game and posted a equally easy win in the nightcap 9-1.

Sophomore Jamie Clay continues to swing a potent bat as she collected three hits in the twin bill including a second game home run.

Prestonsburg scored four three runs in each of the second and fourth innings in game one in posting the 9-2 victory. Carolyn Reffitt was a perfect three for three with two runs batted in. Reffitt scored all three times she was on base.

Stephanie Music collected two hits and had one RBI.

Prestonsburg took a 2-0 lead after the first inning but Shelby Valley cut

the lead to one, 2-1 in the top of the second.

Prestonsburg made it a 5-1 ball game with a three run second. Reffitt and Amy Reed had RBIs in the inning as did Misty Price.

Shelby Valley scored their final run in the top of the third but Prestonsburg added a run in the third and three in the fourth. Shelby Valley went out in order in the fifth for the final 9-2 score.

In the nightcap, Prestonsburg scored a 9-1 victory with Clay leading the game off with a home run. She picked up three runs batted in for Prestonsburg with two hits.

Reed had a big game with two hits including a fifth inning home run. Reed scored two runs and had one RBI.

Music had two hits as did Camille Robinson. Miller also finished the game with two singles.

Prestonsburg went on top 1-0 on Clay's round tripper. Shelby Valley

led the game, 1-1, in the top of the third but the Lady Blackcats plated six runs in the fourth for a 7-1 lead. The final two runs came in the fifth when Reed hit the two-run homerun scoring Clay who had single.

Kerrie Merion, who pitched the second game, retired the final 10 batters she faced. Reed picked up the win in game one.

Prestonsburg will host Magoffin County tomorrow afternoon at Archer Park. Coach Bridget Clay will take her team to Pikeville Saturday for the Hillbilly Days Classic.



An estimated one in ten children have symptoms of asthma or eczema at any one time.



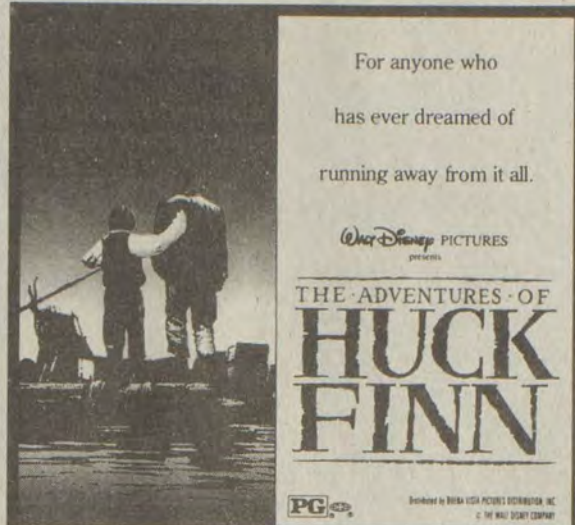
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No guessing here!

Lori Tackett is all smiles after winning first place in the girls discus throw last Thursday at Pikeville. Tackett, on her first throw ever in discus, had a toss of over 76 feet which was good for first place. Tackett also placed their in the girls 100 meters and came in fourth in the shot put. (photo by Ed Taylor)

Fletcher & Halls'



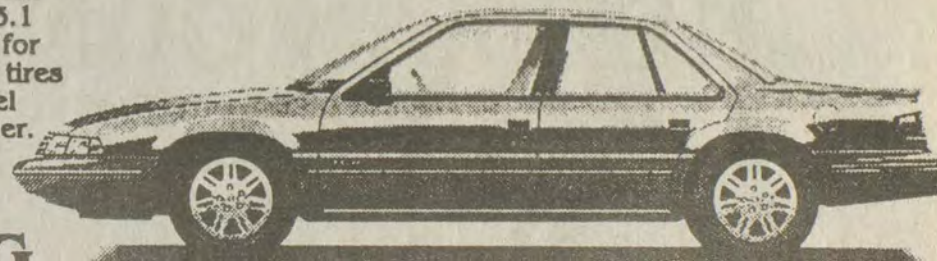
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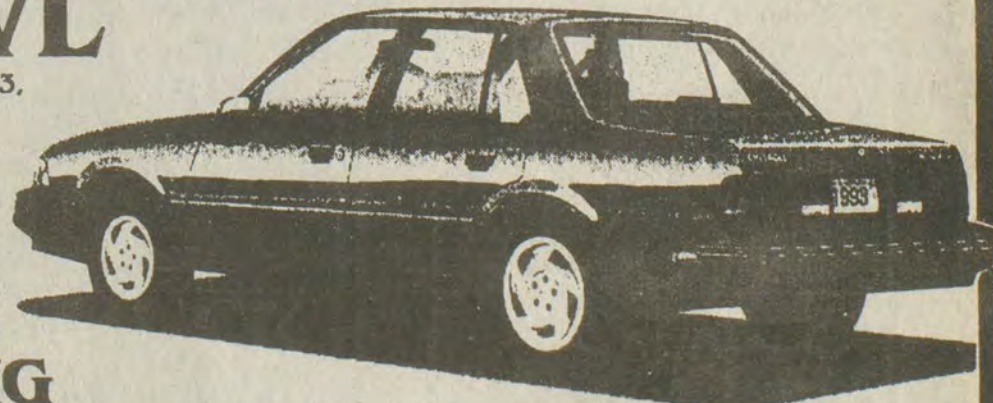


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Slone, Mayo lead MCA past Johns Creek in AAU regional tournament

by Ed Taylor
Sports Editor

Brent Slone and Matthew Mayo combined for 23 points to lead the Mountain Christian Academy (MCA) AAU basketball team past Johns Creek in the Pikeville AAU League Tournament.

Slone tossed in 12 points and Mayo added 11 as MCA defeated Johns Creek 47-38.

The two top teams of the tournament advance to state competition next week in Berea.

MCA held a 20-15 halftime lead and had to hold off Johns Creek in the third quarter and the early part of the fourth.

MCA took a 39-32 lead on a free throw by Larry Mullins with 3:15 left in the game. But pressure defense from Johns Creek forced MCA into some turnovers and John Blackburn led a charge that cut the lead to three, 39-36, with just under two minutes remaining.

Blackburn scored off a turnover when he hit a short baseline jumper. He had a chance to cut the margin even more but missed two free throws.

MCA had trouble with the press and a turnover resulted in a basket by Jonathan Young that made it a three-point game.

Mayo hit the back end of a two shot foul for a four point game. Johns Creek controlled the backboards, getting three and four shots at the basket. Brock Morley misfired on two free throw attempt with 1:18 left and Jackson Woods took a nice assist from Mullins and hit a short bank shot with 59 seconds remaining to give MCA a 42-36 lead.

Mayo drove in the final nail when he came up court, pulled up behind the three-point circle and buried a jumper for a 45-36 game. Mullins added two free throws when he fouled after stealing the ball.

Dustin Fair scored the final two points of the game for Johns Creek for the final margin.

MCA coach Johnny Mayo thought his team did not perform as well as they could.

"We beat this team over 20 points just last week," he said. MCA played Johns Creek in the final regular season game.

Josh Hall and Ryan Owens added six points each for MCA. Mullins finished with seven points and Adam Hutchinson, who played a good defensive game, finished with three. Woods tossed in two. Gradden Allen and Bryon Stapleton each played for MCA.

Blackburn led all scorers with 15 points. Matt Bevins and Will Billiter had six each. Jesse Hunt scored five for Johns Creek and Brock Mosley scored four.

Mayo had two three-point baskets for MCA, scoring one each in the second and fourth quarter. Mullins scored a trey in the fourth quarter. Mullins had four of six free throws

for the winners.

Johns Creek attempted 26 free throws connecting on only seven.

In the final regular season game between the two clubs, Mayo scored 17 points to lead five players in double figures and his team to a 64-42 win over Johns Creek.

Owens netted 14 points and Stapleton 13 as MCA rolled to the win. Hutchinson and Slone each scored 10 points.

Mayo buried a three-pointer in the first quarter and hit two treys in the second. He was six of seven from the free throw line.

Blackburn equaled Mayo with 17 points to share game scoring honors. Jesse Hunt tossed in 10 for Johns Creek.

MCA led 23-17 at the half but a strong performance by Stapleton and Hutchinson in the third period helped MCA to a 45-30 lead. Hutchinson and Stapleton scored eight points each in the third quarter.

Slone picked where Hutchinson left off in the fourth stanza with eight of his 10 points.



Dribbles up court!

Matthew Mayo (12) brings the ball up the floor in AAU basketball tournament action at Pikeville last week. Mayo scored 11 points including two three-pointers to lead his team to a 47-38 win over Johns Creek. (photo by Ed Taylor)




Goes up for two!

Adam Hutchinson scores on this shot from the outside. Hutchinson scored three points in the game as MCA defeated Johns Creek 47-38 to advance in AAU tournament play. (photo by Ed Taylor)

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 Thelma Howard Conn is my wife of 32 years, and we have raised seven children here in Floyd County and have 12 grandchildren. I know the problems each of us face as parents and children. I know the difficulty of providing food and shelter and giving our children proper guidance and an education.
 Also, I know that from time to time children and family members will find themselves in trouble with the law and in jail. I pledge to you, as your jailer, four years of honest and effective service to the people of Floyd County. I shall be a full time jailer making sure that the jail is operated in such a manner that the people of Floyd County shall not be fearful of an escape and that the community is protected.
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AAU Tournament

MCA (47)


players	fg	3pt	fta-m	tp
Mayo	2	2	2-1	11
Hutchinson	1	0	2-1	3
Allen	0	0	0-0	0
Mullins	0	1	6-4	7
Slone	6	0	3-0	12
Stapleton	0	0	0-0	0
Hall	3	0	2-0	6
Owens	3	0	0-0	6
Woods	1	0	0-0	2

Johns Creek (38)

players	fg	3pt	fta-m	tp
Young	0	0	4-0	0
Hunt	1	1	0-0	5
Bevins	3	0	0-0	6
Blackburn	6	0	10-3	15
Morley	1	0	6-2	4
Fair	2	0	6-2	6

MCA.....5 15 13 14 - 47
J'Creek.....7 8 9 14 - 38

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New Kids

(Continued from B 1)

placed fourth when she tied her own school record when she leaped at 3'10" in the high jump. Manns had established the record at Pikeville earlier in the week.

Fifth place in the long jump went to Nikki Queen at 13'8". Manns had a jump of 11'10".

Melissa Mullins captured sixth place in discus with a toss of 73'7". Dreama Kilgore had a throw of 59'3".

Mullins and Kilgore both competed in the shot put. Mullins finished with a throw of 23'2" and Kilgore had a toss of 21'10".

Fleming County was the men's team with Bell County taking second place. Oneida Baptist placed third and Codria came in third.

Breathitt County was fourth, Knox Central took fifth, Clay County sixth and Allen Central seventh.

The final five finishers were Everts, Whitley County, Middlesboro, Jackson County and Oneida Baptist's second team.

In the men's field events, Shawn Robinson had his best throw of the in discus. Robinson had a toss of 115'4" which was good for second place. Levi Wells longest throw was 89'5".

Dave Gilliam recorded a toss of 35'3" in the shot put event. Wells had a throw of 34'8".

Kevin Patton took third place in

the men's long jump. Patton recorded a leap of 18'8". Patton failed to qualify in the high jump event after taking part in the long jump, a move that Jamerson plans to rectify.

"He takes part in the long jump and then he's too tired and too heavy to jump in the high jump," said the Allen Central coach. "I may have to take him out of the high jump event."

Chris Halbert placed fifth in the high jump with a leap of 5'6". In the triple jump event, Patton had a jump of 32'8" and Gary Webb's best jump was 31'7".

Halbert, who his coach says is getting faster, finished with a time of 1:00.73 in the 400 meters. "Chris is just learning to run. He keeps getting faster. A little more time off his time and he finishes under a minute," said Jamerson.

Estill Stumbo had a time of 1:02.50 in the 400 meters.

Jason Samons placed fifth overall in the men's 100 meters. Trevor Fitch posted a time of 13.83 in the event.

Patton, who seems to take part in everything, finished with a 24.94 in the 200 meter run. Kevin Allen finished at 26.96.

Kenny Scarberry had a time of 2:28.24 in the 800 meters. Mike Elizokari finished at 2:34.24.

Elizokari ran a 5:27.01 in the men's

1600 meters. Josh Patton finished at 5:28.24. Patton had a time of 12:21.13 in the 3200 meters. Todd Howard ran a 12:20.77 in the event.

The relay team of Kevin Patton, Kevin Allen, Trevor Fitch, Jason Samons placed sixth overall in the 400 meter relays. The foursome posted a time of 49:02.

In the 1600 relays, Dan Stumbo, Jason Samons, Kenny Scarberry and Estill Stumbo ran a 4:10.05.

Kenny Scarberry, Dan Stumbo, Mike Elizokari and Kevin Stumbo posted a time of 9:51.40 in the men's 3200 meter relay.

Shane Stumbo, trying to make a comeback, placed fifth overall in the 110 hurdles. Stumbo was one of the region's top runners last year and had decided not to comeback this year before he changed his mind. Stumbo had a time of 17.98.

Stumbo improved in the 300 hurdles as he recorded a time of 45.28 for third place. Estill Stumbo had a time of 54.69.

In assessing his team's performance in the Clay County meet, Jamerson said that he has had kids with faster times but that he was pleased with the progress his team has made.

"Competition like we faced at Clay County is going to be good for this team," said Jamerson. "Those that

were doubtful they could compete have seen they can."

Jamerson's reference was to Manns who placed fourth against 24 other girls.

"She took home a ribbon in her very first invitational," he said. "These kids are having to learn on the job. We brought home 10 medals, 10 ribbons and sunburns."

Allen Central's next invitational meet will be April 24 at Boyd County.

Computer Classes at PCC

Continuing Education/Community Services of Prestonsburg Community College will offer Introduction to Computers/DOS beginning April 17—May 15, 9:00 a.m.-1:00 a.m. and Advanced Word Perfect beginning April 17—May 8, 1:30 p.m.—4:00 p.m.

Registration can be completed by calling 886-3863 and asking for CE/CS.

No-hitter

(Continued from B 1)

ing second base. Floyd then picked up his third RBI with a sacrifice fly ball to centerfield, scoring Martin.

Roy John Martin's base hit chased Johnson from the mound as Coach Pack signaled for Allen to take over. Kevin Martin's bouncer back to the mound went for an error with Vance scoring. Frank Martin then reached on an error at second base. Hall then laced a solid base hit to left field to drive in Kevin Martin and moving Frank Martin to third. Martin tried to score when the ball got away from catcher Charles Johnson. But a good play by Johnson and Allen at the plate nailed Martin for the second out.

Jason Martin collected his second hit of the inning, driving in two more runs for a 9-1 game.

Kevin Johnson reached for Wheelwright in the fourth inning, stole second but was left stranded as Martin got Clyde Johnson and Aaron Hall on strikes.

After the Trojans went out in order in the top of the fifth, Allen Central pushed across two runs in the bottom of the inning for a 10 run lead and the mercy rule was called.

Coach Anthony Moore of Allen Central was pleased with the way his team played in their opening game.

"I thought our pitching was good," he said. "Toby, Jason and Kevin each pitched very well for us. Our defense was good and that is going to be the strong point of this ball club. We can go deep off the bench and that will

help. We're quick and fast.

"Jeremy Hall is a very good lead-off batter and he will get on base some way."

While the Rebels seem to be a running team, they managed only four stolen bases against Wheelwright. But Moore plans to run his team much more than they did against Wheelwright.

"Yes, we do plan to run more than we did tonight," he said. "Tonight we used a lot of hit and run."

Finding out who will fit in at third base is the only question mark that Coach Moore has about his team.

"We have Josh (Hansford) at third base now," explained Moore. "But I don't know how he will be able to handle the shots that will come that way. We need to get Glenn ready behind the plate. He will be our catcher with Austin Shelton and Billy Reed as back ups. I have a young player in Todd Bingham that is going to make a great catcher."

Allen Central (1-0) will take to the

road this weekend as the Pikeville Invitational Hillbilly Days tournament gets underway Thursday afternoon. Allen Central will play Prestonsburg at 6:30 p.m. Thursday and matchup against Williamson, W. Va., on Friday evening at 7 p.m. The Rebels will play Paintsville at 4 p.m on Saturday.

Wheelwright players	ab	r	h	rb	Allen Central players	ab	r	h	rb
Shelton ss	2	0	0	0	Hall cf	4	3	2	1
T. Johnson 2b	1	1	0	0	Cathers lf	2	2	0	0
C. Johnson c	2	0	0	1	Hicks lf	0	1	0	0
Allen f	2	0	0	0	Hansford 3b	1	1	0	0
K. Johnson p	1	0	0	0	Shelton 3b	1	0	1	0
C. Johnson 3b	2	0	0	0	J. Martin ss	3	1	2	1
Hall 1b	2	0	0	0	Vance p	4	1	1	1
Crager cf	1	0	0	0	Floyd c	3	0	1	3
T. Johnson rf	2	0	0	0	R. Martin 2b	2	1	1	0
					Reed 2b	1	0	0	0
					K. Martin 1b	3	1	1	0
					F. Martin rf	2	0	0	0
					Ben Moore rf	1	0	0	0

WWRIGHT...1 0 0 0 0 - 1
ACENTRAL...3 0 6 0 2 - 11
E - Crager, K. Johnson, Allen, T. Johnson, Floyd (2) LOB
- Wheelwright, 1 Allen Central, 7 2B - Floyd, J. Martin SB
- J. Hall, Cathers, Hansford, R. Martin, T. Johnson, K. Johnson, Crager WP - J. Martin LP - K. Johnson

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Hillbilly feud :

Three Floyd County teams to take part in Classic

by Ed Taylor
Sports Editor

If you like good high school baseball, a lot of excitement and some good outdoor cooking, then the place to be this weekend is the W.C. Hambley Athletic Complex in Pikeville as Pikeville High School hosts their annual Hillbilly Days Classic high school baseball tournament.

Three Floyd County teams will part of the eight that will make up the two divisions of the round robin tournament.

Division one will include Pikeville, Belfry, Millard and Betsy Layne. Division two consists of Paintsville, Williamson, W. Va., Prestonsburg and Allen Central.

The two division winners will meet Saturday night at 8 p.m. for the championship.

The tournament gets underway tomorrow night (Thursday) with three games on tap. Belfry will take on a good Betsy Layne ballclub in the opener at 4:30 p.m. Belfry is currently 5-4 on the season while Betsy Layne stands at 6-7. The Bobcats recently made a swing to Florida as did the Pikeville Panthers.

The action continues as two Floyd County teams meet in game two. Prestonsburg and Allen Central will meet early this season as they are scheduled to play at 6:30 p.m.

Coach Russell Shepherd's team has always liked to play at Pikeville and usually fairs well there. It should be one of the better early matchups.

At 8:30 p.m. Pikeville will face a promising Millard squad that surprised a lot of fans last season after a dismal start.

Pikeville has always been one of the traditionally strong regional teams and this year Coach Dave Thomas' team will be no exception. A strong defensive ball club, Pikeville has the hitting to back up the talk they put out.

Millard will bring back a young ball club but with experience and that makes the Mustangs a tough opponent.

The tournament continues Friday with four games on the schedule. Belfry will face Pikeville in the first game scheduled to start at 3 p.m. This will be a classic matchup.

Two teams that have bad blood toward each other anyway, Paintsville and Prestonsburg, will meet on the diamond in a 5 p.m. start.

The only out of state team, Williamson, will take on Anthony Moore's Rebels at 7 p.m. on Friday night. The evening's games will conclude with Millard facing Betsy Layne at 9 p.m.

It will be a full day of baseball at Pikeville on Saturday with play beginning at 10 a.m. Betsy Layne will square off against Pikeville as the two teams will meet for the third time this season. Pikeville defeated the

Bobcats in Florida but Betsy Layne posted a 4-3 win over the Panthers this past Monday night.

Belfry and Millard meet at noon Saturday followed by Paintsville and

Williamson at 2 p.m. The tournament continues at 4 p.m. with Allen Central taking on

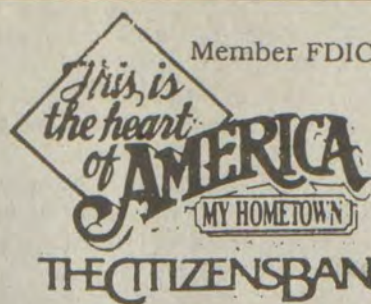
Paintsville in a rare back-to-back game for the Tigers. At 6 p.m. Williamson will meet Prestonsburg.

Paintsville in a rare back-to-back game for the Tigers. At 6 p.m. Williamson will meet Prestonsburg.

Williamson will meet Prestonsburg.

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1 MILE FUN RUN

TIME: 9:00 a.m.
ENTRY FEE: \$6.00 Advance Registration
\$8.00 Day of Race
COURSE: Start & Finish on the Boulevard at the Huffman Ave. intersection
DIVISION: 5-8 25-32
9-12 33-39
13-16 40-49
17-24 50 Over
AWARDS: 1st, 2nd, & 3rd place
Men & Womens Division
Trophies to top 3 Finishers in each category*

11th Annual-10K Run Hillbilly Days Saturday, April 17, 1993 Pikeville, Kentucky

10K RUN

TIME: 10:00 a.m.
ENTRY FEE: \$6.00 Advance Registration
\$8.00 Day of Race
COURSE: Start & Finish on the Boulevard at the Huffman Ave. intersection
DIVISION:

MEN		WOMEN	
13 & under	35-39	16 & under	
14-17	40-44	17-29	
18-24	45-49	30-39	
25-29	50-54	40-49	
30-34	55-59	50-over	
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2nd Place-\$75 Plus Trophy		2nd Place-\$75 Plus Trophy	
3rd Place-\$25 Plus Trophy		3rd Place-\$25 Plus Trophy	
4th Place-\$25 Plus Trophy		4th Place-\$25 Plus Trophy	
5th Place-\$25 Plus Trophy		5th Place-\$25 Plus Trophy	
		1st Place Master Trophy (40 & Over)	

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*One Trophy per participant per race.

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Roy John Martin of Allen Central fouls off this pitch as high school baseball got underway at Allen Central Monday afternoon. Martin singled as the Rebels captured an 11-1 victory. (photo by Ed Taylor)

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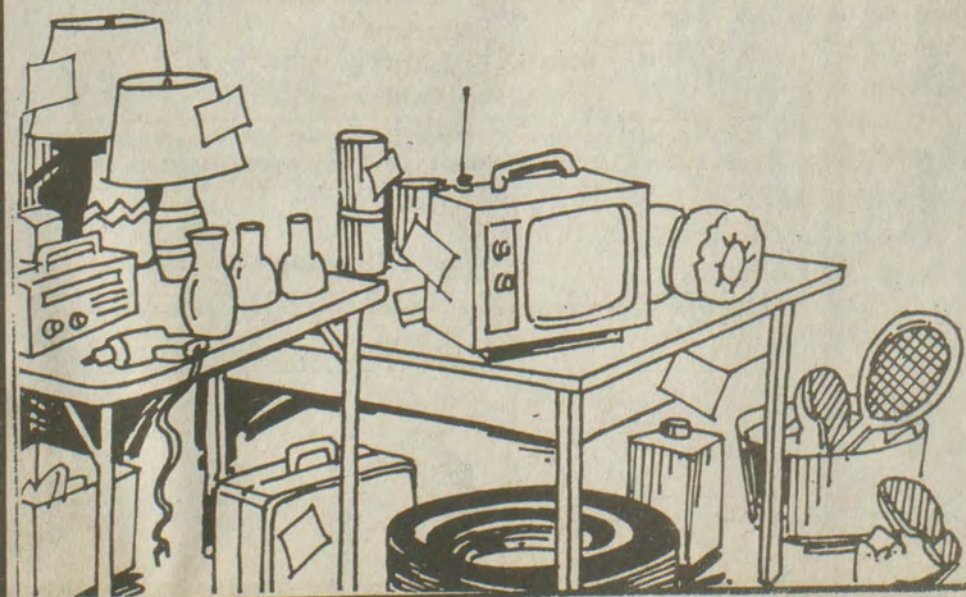
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Obituaries

Shirley Caldwell

Shirley Caldwell, 76, of Betsy Layne, died Saturday, April 10, at the Highlands Regional Medical Center following a short illness.

Born December 12, 1916 at Ivel, he was the son of the late James and Jeannie Layne Caldwell. He was a general laborer, formerly employed by the Conn-Hayes Mining Company and a member of the Betsy Layne Church of Christ.

Survivors include one daughter, Glenna Joyce Caldwell of Michigan; one brother, Frank Caldwell of Orlando, Florida; and three grandchildren.

Funeral services were Monday, April 12, at 2 p.m., at the Hall Funeral Home chapel with the Evangelists Bennie Blankenship and Tommy Spears officiating.

Burial was in the Davidson Memorial Gardens at Ivel under the direction of Hall Funeral Home.

Serving as pallbearers were Doug Stratton, Herb Swiger, Randy Hayes, Gary Keathley, Craig Click, Tom Stewart, Clyde Tackett, David Hayes, Jeff Wells and Larry Williams.

Honorary pallbearers were Clarence Hayes, Curt George, Emory Osborne, Wendell Stratton, Earnest Hayes, Earrit Hayes and Junior Hall.

Lorena Mullins Hamilton

Lorena Mullins Hamilton, 59, of Betsy Layne, died Saturday, April 10, at Highlands Regional Medical Center following a short illness.

Born November 24, 1933 at Grethel, she was the daughter of Billie Roberts Mullins of Grethel and the late Burnis Mullins. She was the former owner of Marty Restaurant at Betsy Layne and a clerk at the Prestonsburg Bargain Store. She was a member of the Betsy Layne Free Will Baptist Church.

In addition to her mother, she is survived by her husband, Emitt Hamilton; one son, Marty Keith Hamilton of Betsy Layne; one daughter, Melinda Kay Eplin of Betsy Layne; one brother, James "Pete" Mullins of Grethel; and five grandchildren.

Funeral services were Tuesday, April 13, at 1 p.m., at the Hall Funeral Home chapel with the Regular Baptist Church ministers officiating.

Burial was in the Emitt Hamilton Cemetery at Teaberry under the direction of Hall Funeral Home.

Serving as pallbearers were Charles Conn, Harold Cooley, Larry Keathley, Randy Hall, Don Trimble, Steve Jarrell, Gary Keathley, Darrell Meek, Ronnie Reynolds, David Hamilton and George Cooley.

Abel Johnson

Abel Johnson, 68, of Bevinville, died Thursday, April 8, at the UK Medical Center, Lexington, following an extended illness.

Born August 29, 1924 in Halo, he was the son of the late Joel and Jane Cook Johnson. He was a retired coal miner and a member of the U.M.W.A. Local No. 5899 at Wheelwright and the Rebecca Old Regular Baptist Church at Kite. He was a minister for 44 years.

Survivors include his wife, Olive Kiser Johnson; two sons, Joseph Johnson of Middleburg, Florida, and Avery Johnson of Riceville, Tennessee; five daughters, Patrisha Potter of Prestonsburg, Freda Lois Counts of Belleville, Michigan, Una Jane Warren and Abigail New, both of Taylor, Michigan, and Mavis Caudill of McLeansboro, Illinois; two sisters, Mabel and Mapel Burke, both of Halo; 16 grandchildren and 13 great-grandchildren.

Funeral services were Sunday, April 11, at 11 a.m., at the Rebecca Old Regular Baptist Church at Kite with the ministers of the Regular Baptist Church officiating.

Burial was in Davidson Memorial Gardens at Ivel under the direction of Nelson-Frazier Funeral Home.

George Smith

George Smith, 74, of Leburn, died Friday, April 9, at his residence following an extended illness.

Born November 11, 1918 in Carrie, he was the son of the late John H. and Polly Ann Jones Smith. He was a disabled coal miner.

Survivors include his wife, Anna Lee Johnson Smith; three sons, Michael Smith of Kendallville, Indiana, Bobby Smith of Wolcottville, Indiana, and George Kelly Smith of Leburn; two daughters, Geneva Hall and Maxine Wallen, both of Leburn; four brothers, Dan Smith of Talcum, Rob Smith and Courtney Smith, both of Carrie, and Nathan Smith of Maple, Florida; two sisters, Rosie Smith and Martha Singleton, both of Carrie; and five grandchildren.

Funeral services were Monday, April 12, at 11 a.m., at the New Home Old Regular Baptist Church at Leburn with the minister Milburn Slone and others officiating.

Burial was in the Johnson Family Cemetery at Leburn under the direction of Nelson-Frazier Funeral Home.

Sam Williams

Sam Williams, 86, of Mousie, died Wednesday, April 7, at Hazard Appalachian Regional Medical Center following a long illness.

Born February 17, 1907, he was the son of the late Charlie and Mary Mullins Williams. He was a former employee of Kentucky/West Virginia Gas Company and Sid Williams Construction Company.

Survivors include his wife, Sue Watson Williams; one daughter, Grace Hicks of Mousie; three sisters, Mavis Adkins of Garner and Lula Ritchie and Cindy Hall, both of Leburn; two grandchildren, two step-grandchildren, two great-grandchildren, and three step-great-grandchildren.

Funeral services were Saturday, April 10, at 11 a.m., at the Hindman Funeral Services chapel with the ministers Ralph Howard and Roger Hicks officiating.

Burial was in the Sam Williams Cemetery at Leburn under the direction of Hindman Funeral Services.

Ollie James Slone

Ollie James Slone, 80, of Bypro, died Monday, April 12, at his residence in Monticello.

Born July 6, 1912 at Garner, he was the son of the late Benjamin and Phoebe Lee Slone. He was a retired, self-employed mechanic, formerly employed at Slone Garage.

Survivors include his wife, Margie Owens Slone; three sons, Gleason Slone of Bypro, Lonnie Slone of Bevinville, and B. J. Slone of Prestonsburg; one daughter, Faye Hall of Melvin; two sisters, Vina Slone and Lauda Johnson, both of Garner; ten grandchildren and seven great-grandchildren.

Funeral services will be Thursday, April 15, at 10 a.m., at the Hall Funeral Home chapel with the Regular Baptist Church ministers officiating.

Burial will be in the Buckingham Cemetery at Bevinville under the direction of Hall Funeral Home.

Serving as pallbearers will be the grandsons.

Vance Hall

Vance Hall, 23, of Honaker, died Friday, April 9, at Honaker.

Born February 4, 1970 at Honaker, he was the son of Grim and Bernadette Kidd Hall. He was a former employee of Wal-Mart at Pikeville.

In addition to his parents, he is survived by his wife, Sherri Collins Hall; and his maternal grandparents, George and Margie Yates Hall of Honaker.

Funeral services were Tuesday, April 13, at 11 a.m., at the Hall Funeral Home chapel with the Evangelist Frank Kidd Jr. officiating.

Burial was in the Harvey Cemetery at Honaker under the direction of Hall Funeral Home.

Serving as pallbearers were Jerry Collins, Jerry Lawson, Finley Hall, Jimmy Lawson, Michael Baker, Mike Kidd, Mark Kidd, Jesse Bryant, Brian Kidd and Ben Kidd.

John Dennis Caudill

John Dennis Caudill, 87, of Bevinville, died Friday, April 9, at the McDowell Appalachian Regional Hospital following a long illness.

Born June 16, 1905 at Hi Hat, he was the son of the late Willard and Minda Brown Caudill. He was a retired coal miner and a member of the U.M.W.A. Local Union No. 5899. He was preceded in death by his wife, Alice Hamilton Caudill.

Survivors include one son, Elmer Caudill of Bevinville; two sisters, Mamie Newman of Hi Hat and Roxie Elliott of Denton, Maryland; and one grandson and two great-grandsons.

Funeral services were Sunday, April 11, at 11 a.m. at the Little Nancy Regular Baptist Church, Hi Hat with the Regular Baptist Church ministers officiating.

Burial was in the Buckingham Cemetery at Bevinville under the direction of Hall Funeral Home.

Jacqueline Johnson

Jacqueline Johnson, 54, of Wayland, died Friday, April 9, at McDowell Appalachian Regional Medical Center following a short illness.

Born November 24, 1938 at Wayland, she was the daughter of the late Leander and Lillie Manns. She was a member of the Zion Deliverance Church.

Survivors include her husband, Berlin Johnson Jr.; one son, David Lee Johnson of Wayland; one daughter, Connie Johnson Hall of Wayland; one sister, Irene Mathina of Wilmington, Delaware; and one grandchild.

Funeral services were Monday, April 12, at 11 a.m., at the Zion Deliverance Church at Wayland with burial in the Manns Family Cemetery at Wayland under the direction of Hall Funeral Home.

Edgar Holland

Edgar Holland, 69, of Carrie, died Wednesday, April 7, at Hazard Appalachian Regional Medical Center following a short illness.

Born October 7, 1923, he was the son of the late Dunk and Callie Pelphrey Holland.

Survivors include six sons, Leon Watts, Hirma Watts Jr. and Daniel Lee Holland, all of Hindman, Woodrow Holland of Hazard, and David Allen Holland and Mark Holland, both of Carrie; five daughters, Inis Watts of Lackey, and Callie Mae Smith, Marie Smith, Edna Lou Smith, and Nancy Davidson, all of Carrie; one brother, Johnny Holland of Indiana; three sisters, Edna Bolen and Fannie Davidson, both of Hazard, and Ida Conley of Leburn; 29 grandchildren and 13 great-grandchildren.

Funeral services were Saturday, April 10, at 10 a.m., at the Holiness Tabernacle of God on Lower Mill Creek at Carrie with the ministers Don Pratt, Darrell Short and Billy Joe Kirby officiating.

Burial was in the Martin Cemetery at Carrie under the direction of Hindman Funeral Services.

William Yancy Cash Sr.

William Yancy Cash Sr., 74, of Prestonsburg, died Monday, April 12, at Highlands Regional Medical Center following an extended illness.

Born September 24, 1918 in Granville County, North Carolina, he was the son of the late Alley and Alma Chapel Cash. He was a retired truck driver for Simpkins Trucking Company. He was a member of the Midway Baptist Church, Raleigh, North Carolina. He was preceded in death by his first wife, Mary Horton Cash.

Survivors include three sons, William Cash Jr. of Prestonsburg; Bobby Ray Cash of Hillsboro, North Carolina, and Billy Lynn Cash of Lumberton, North Carolina; two sisters, Josephine Turner of Raleigh, North Carolina, and Nellie Gressom of Oxford, North Carolina; and nine grandchildren.

Funeral services will be Wednesday, April 14, at 1 p.m., at the Nelson-Frazier Funeral Home chapel with the minister Chuck Hall and others officiating.

Burial will be in Davidson Memorial Gardens at Ivel under the direction of Nelson-Frazier Funeral Home.

Florence Ann Nelson

Florence Ann Nelson, 59, of Auxier, died Monday, April 12, at Highlands Regional Medical Center following an extended illness.

Born June 8, 1933 in Prestonsburg, she was the daughter of the late Lonnie Robinson and Lucy Craft Smith.

Survivors include her husband, Ambers Nelson; four sons, James Shepherd of Prestonsburg, William Robinson of Lake City, Tennessee, Paul Shepherd of Hager Hill, and Sam Shepherd of Allen; seven daughters, Virginia Allen of Prestonsburg, Lucy Burchett, Debbie Skeens, and Marty Barnett, all of Prestonsburg, and Della Powers and Patricia Ann Shepherd, both of Auxier; two brothers, Arthur Smith of Ypsilanti, Michigan, and Sam Smith of Prestonsburg; three sisters, Garnet Blackburn of Ypsilanti, Michigan, Billie Hughes of Michigan, and Mary Osborne of Charleston, South Carolina; and 31 grandchildren.

Funeral services will be Thursday, April 15, at 2 p.m., at Nelson-Frazier Funeral Home chapel with the Rev. Doug Kessner officiating.

Burial will be in the Elliott-Robinson Cemetery at Dwale under the direction of Nelson-Frazier Funeral Home.

Of the approximately 230 children annually who find permanent homes through Kentucky Department for Social Services Adoption staff, more than 40 percent are adopted by the agency's foster family that had been caring for them.

Ena Pigman Mills

Ena Pigman Mills, 80, of Wayland, died Thursday, April 8, at Highlands Regional Medical Center following a long illness.

Born March 22, 1913 at Dema, she was the daughter of the late Mallie and Mary Elizabeth Slone Pigman. She was a member of the Caney Fork Regular Baptist Church at Raven for 40 years.

Survivors include one son, Clark Mills of Wayland; one daughter, Geneva Short of Columbus, Ohio; two brothers, John B. Pigman of Johnstown, Ohio, and Leroy Pigman of Columbus, Ohio; two sisters, Frances Banks of Raven and Jean Lafferty of Garrett; five grandsons and two great-granddaughters.

Funeral services were Sunday, April 11, at 11 a.m., at the Caney Fork Regular Baptist Church at Raven with the Regular Baptist Church ministers officiating.

Burial was in the Pigman Cemetery at Dema under the direction of Hall Funeral Home.

Serving as pallbearers were the nephews.

Nola G. Cox

Nola G. Cox, 75, of Greenwich, Ohio, died Monday, April 12, at Mansfield General Hospital following a lengthy illness.

Born in Hueysville, she was the daughter of the late Green and Ollie Hayes Gearheart. She moved to Greenwich, Ohio, in the mid 1940s. She was preceded in death by her husband, Harold Cox in 1981.

Survivors include one sister, Norma Bates of Spring Hill, Florida; and one brother, Thomas G. Gearheart of Crescent City, Florida.

Funeral services will be Friday, March 16, at the Church of Christ at Hueysville with the Elder Rondal Hayes officiating.

Burial will be in the Hayes Family Cemetery at Hueysville. Arrangements by the Eastman Funeral Home, Ohio, with local arrangements by Hall Funeral Home at Martin.

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"Tootsie" Dorothy Joyce Hall

"Tootsie" Dorothy Joyce Hall, 66, of Harold, died Friday, April 9, at Pikeville Methodist Hospital.

Born May 16, 1926 in Pike County, she was the daughter of the late Robert and Hannah Akers Ray.

Survivors include two sons, Emzy Rogers Jr. of Shelbiana and Carl Rogers of Grethel; two daughters, Pauline Taylor of Clarkston, Michigan, and Shelby Steele of Harold; one brother, Robert I. Ray of Robinson Creek; two sisters, Easter Belcher and Betty Branham, both of Robinson Creek; 18 grandchildren and 11 great-grandchildren.

Funeral services were Saturday, April 10, at Perry A. Justice Memorial Chapel with the minister Wade Bostic officiating.

Burial was in Johnson Memorial Park under the direction of Justice Funeral Services.



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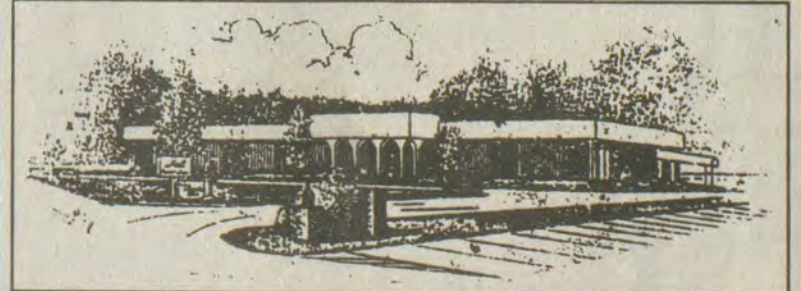
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Myths, miracles, and misconceptions of modern health care examined on KET

Developed and produced over a five-year period, *Medicine at the Crossroads* may be one of the most comprehensive examinations of modern medicine in television history, offering a penetrating look at such critical facets of modern medical science as doctor training and patient care, medicine at the beginning and end of life, high technology and "miracle" drugs, and the new emphasis on total health. The eight-part series premieres on KET at 9 p.m. Tuesdays beginning April 6, with two one-hour programs airing each week.

On April 6, the series examines the growing emphasis on acute care hospitals as medicine's primary focus and the role of the doctor-patient relationship in the healing process. The first part, "The Temple of Science," was filmed at the Johns Hopkins University Hospital, one of the world's leading teaching hospitals. Part 2, "The Code of Silence," draws dramatic comparisons between Japanese and U.S. doctor-patient communication.

"Life Support" and "Conceiving

the Future," airing on April 13, look at the abilities of both medicine and society to provide desperately needed services. Also covered are the ethical dilemmas associated with preserving and prolonging life in fetuses, infants and the very old.

Life-saving surgical techniques and "miracle" drugs are the focus of the April 20 programs, "Random Cuts" and "The Magic Bullet." In the first, surgery's stunning technological achievements are examined against the backdrop of its very high costs, its frequent dangers, and its status as the last evaluated type of medical care. The second program provides a powerful report on medical researchers' quest for the "magic bullet"—the dream cure that would eradicate disease without causing harmful side effects.

On April 27, the final two programs, "Pandemic" and "Disordered States," investigate the worldwide need for a new model of medicine focusing on prevention and total health.

Medicine at the Crossroads was co-produced by WNET/New York and the BBC.



Caring students

Nursing students are all smiles after winning the state poster contest. Pictured, from left, are Dr. Deborah Floyd, PCC president, Stacy Calhoun, Shawn Borders and Jerry Williams.

PCC KANS win state poster contest

Prestonsburg Community College KANS (Kentucky Association of Nursing Students) recently won the state poster competition; their poster will go on to national competition.

The theme was "Nursing—Different Ways of Caring." Using this general concept, the PCC students developed a collage of photos depicting the various departments of nursing surrounding the center theme of "Caring—The Difference Is You."

Thirteen posters were entered from all over Kentucky, but PCC won the

grand prize of \$50. The poster now goes on to national competition at the national conference in Kansas City on April 14-18.

Currently, the PCC chapter of KANS has 33 members, three of whom were recently elected to the state board of directors. Sharon Borders was elected Eastern regional director; Stacy Calhoun became pro-

was named Breakthru to Nursing Director.

"We were very proud to represent PCC and Eastern Kentucky. Our coordinator, Jenny Bottoms, was beaming from ear to ear," said Sharon Borders. "We were quite a hit in the PCC Nursing Student sweatshirts we designed. They have 'Prestonsburg Community College Nursing Student' on one side along with a heart-beat pattern and a big red heart on the other with 'The Heart of Healthcare' in the center."

Great American Read Aloud

Prestonsburg Community College's third annual Great American Read Aloud will take place Wednesday, April 21.

Across the nation, celebrities and other special guest readers will be reading aloud from their favorite works of literature and talking about the role reading has played in their success.

P.C.C. will be taking part in this

all-day celebration of books, reading and libraries as the faculty, staff and students of P.C.C. read their favorite books, poems and short stories throughout the day.

The Great American Read Aloud will take place from 8:30 a.m. to 3:30 p.m. in the Art Gallery of the Magoffin Learning Resource Center, located across the hall from the library. You are invited to drop in at any time and celebrate reading with us!

CARD OF THANKS

Christine and Franklin Mitchell would like to deeply express our thanks to each and every person. You touched our hearts in our time of sorrow. You sent flowers, food, and money. You were there in our time of need. All the kind words you spoke and you being there meant so much. And thanks to Pilgrim Home Church and Regular Baptist Ministers and the Nelson-Frazier Funeral Home.

Thank You! Christine and Franklin Mitchell

CARD OF THANKS

The family of W.B. "Brad" Boyd wishes to thank all those who were so loving and helpful during the loss of our loved one, for all their prayers, the many flowers and the food so graciously given. Our appreciation goes especially to Caline, Velma and Debbie for their tender care. We thank the V.F.W. for the impressive memorial rites, the officiating ministers from the Regular Baptist Church for their comforting words, the Floyd County Sheriff's Department for their assistance and the Hall Funeral Home for their kind and efficient service.

Mrs. W.B. Boyd and family

CARD OF THANKS

The family of J.R. Miller wishes to thank all those friends, neighbors, and family who helped them in any way upon the passing of their loved one. Thanks to those who sent food, flowers, prayers and words of comfort expressed. A special thanks to the Rev's Morris Ray Miller and James Stephens for their comforting words, the Sheriff's Department for their assistance in traffic control and the Hall Funeral Home for their kind and efficient service.

The family of J.R. Miller

CARD OF THANKS

The family of Daniel Mitchell would like to extend their appreciation to all those friends, neighbors and loved ones who helped comfort them during their time of sorrow. Thanks to all who sent food, flowers, prayers or spoke comforting words. A special thanks to the Regular Baptist Ministers for their comforting words, the Sheriff's Department for their assistance in traffic control and the Hall Funeral Home for their kind and professional service.

The family of Daniel Mitchell

Officials: state medical schools not turning out enough family practitioners

by Becky L. Meadows
KPA News Bureau Director

Members of Gov. Jones' Health Care Reform Commission had one message early this week for leaders of the state's two largest medical schools: Turn out more family practitioners.

Preventive medicine is the cure for Kentucky's health care cost ills, according to Gov. Jones and commission members. But because there are not enough family doctors—also called primary care or general practitioners—in the state, the ones that do practice general medicine have larger patient loads and cannot concentrate on preventive medicine, said Wayne W. Myers, director of the University of Kentucky Center for Excellence for Rural Health in Hazard.

Myers, along with other representatives of the University of Kentucky and the University of Louisville medical schools, testified before the commission early this week. The commission was established to make recommendations to the governor regarding his proposed health care reform plan.

If doctors practice preventive medicine, most medical problems can be detected before patients are put through grueling—and expensive—treatments for conditions that have become worse. Thus, preventive medicine would help lower health care costs.

"The shortage of primary care physicians means preventive medicine is usually squeezed off at the end of the day," Myers told the commission.

There should be about 1,200 people per family doctor, Myers said. That is the ratio in most of the largely populated areas of the state. But in rural areas, the ratio is about 2,000 people per doctor which means doctors have less time to work on preventive medicine.

And the shortage of family physicians is not expected to end soon. Students in medical schools often choose to specialize in a particular area of medicine because specialists make much more money than general practitioners.

How can the state lure the brightest medical school students into lower-paying family practice? With financial incentives such as forgiv-

ing some educational loans of students who promise to go into general practice in underserved rural areas, according to some commission members.

Gov. Jones proposed in his health care reform plan to establish grant and loan programs for physicians and medical professionals to locate in underserved areas of the state. Jones also proposed changing the curricula in the state's medical schools to emphasize primary care and preventive medicine, and having the University of Kentucky expand its midwifery, nurse practitioner and physician assistant programs while having the University of Louisville develop programs in at least two of those areas.

Having more midwives, nurse practitioners and physician assistants would lighten the load of the state's family physicians, thus allowing more time for preventive medicine.



Scientists say animals as well as people may be subject to allergies.

CARD OF THANKS

The family of Rebecca Bernice Thompson wishes to thank all of those who were so kind and considerate during our time of grief. We want to thank those who sent flowers and gifts of love. We especially want to thank the Clergyman Cohen Campbell for his comforting words, the Sheriff's Department for their assistance in traffic control and the Hall Funeral Home for their kind and professional service.

The family of Rebecca Bernice Thompson



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Babbage announces registration deadlines

Floyd Countians who want to vote in the primary election on May 25 have until their county clerk's office closes on April 26 to register to vote, according to Secretary of State Bob Babbage.

Citizens can register to vote or check their voter registration records at the clerk's office. There they can obtain and fill out a voter registration card. The clerk can also identify their voter precinct and tell them where to go to cast their ballot, Babbage said.

Several changes have been made recently to make voter registration easier and more accessible.

Mail-in registration forms are now in use in Kentucky. Several businesses across Kentucky have hosted voter registration drives and have allowed associates to register to vote at their work place.

Babbage also noted that there are several myths surrounding voter registration.

"Many persons say they are not registered to vote because they fear they will be chosen for jury duty. In 1990 the General Assembly changed the way jurors are selected. Now state law directs that jurors be chosen from driver's license records as well as voter registration rolls," Babbage said.

Another state law allows 17-year-olds who will be 18 on or by the date of the November general election to register and vote in the primary election. Additionally, high school principals or their assistants are to designate a person in each school to be responsible for informing students and school personnel of the availability of the registration forms and assist them in properly registering.

Nearly 600,000 Kentuckians are eligible but not registered to vote.

"Citizens often say they feel far removed from the democratic processes," Babbage said. "The unregistered are certainly far removed from having a say in the government services they pay for and receive."

"One of the major thrusts of government should be to open the door to all our citizens and remind them of their privilege to be a part of their government," he added.

"With all local offices up for election this year, it is vitally important that every eligible citizen take a part in shaping the future of their city and county. The best way to do that is to register and to vote," he concluded.



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The Floyd County Times

Lifestyles

The Floyd County Times

Wednesday, April 14, 1993 C 1

Society News	C 2
Births	C 3
Small World	C 3
New Adult Readers	C 4
County Kettle	C 5
Common Wealth	C 6
Golden Ages	C 10

Ask Dr. Bubba

Editor's note: Dr. Bubba is not a licensed, practicing therapist, but has earned Ph.D.s in analytical psychology and advanced quantum hog-calling from the prestigious University of Hooterville. Dr. Bubba has also recently founded his own church, The First Irregular Church of Contemplation and Existentialism for the Mildly Disturbed. However, Dr. Bubba has graciously informed us that he does not expect to be called "The Reverend Dr. Bubba," although all his loyal fans and followers are urged to send a "love gift."

Dear Dr. Bubba: My co-workers and I have been perplexed as to just what the Queen of England keeps in that purse she carries everywhere. Wondering in Wheelwright

Dear Wondering: I called one o' muh buddies down ta the state department an' asked 'im yer question. After a lot o' investigation an' taxpayer-funded long-distance phone calls, here's what he found out: Queen Elizabeth II's purse contains one tube of lemon-flavored lipstick, fer that tight-lipped look; one extra-large blouse, ta cover up the next member of the royal family who shows up in public with her goodies hangin' out; one ready-made pre-nuptial agreement fer the next one o' her kids who gets suckered by some floozy; one small bottle of good Kentucky bourbon; and, of course, fresh Depends.

Dear Dr. Bubba: I need some advice. Lately I've had several offers from political candidates that could set me up for life. One candidate for Magistrate said if me and my family would vote for him, I'd get all the gravel and drain pipe I'd ever need. One candidate running for sheriff said he'd make me and my three brothers all deputies. And another one running for jailer offered us all good jobs at the jail. Do you think I ought to go ahead and give notice and quit my job wiping off buggies at Wal-Mart? **Anxious in Auxier**

Dear Anxious: Heck no, don't quit yer job. First off, *somebody's* gotta wipe off all that paint that gets stuck on them buggies after they go flyin' into brand new cars because sorry idjits who're too dang lazy ta put 'em up just leave 'em in the middle o' the parkin' lot. And second, ya shouldn't settle fer just gravel an' a job where nobody's gonna appreciate ya. What ya oughtta do is wait fer one o' them politicians ta call ya back, record the conversation, and then blackmail that sucker fer all he's worth. Ya'd be surprised how much cash ya can get outta a campaign fund fer a "consultant's fee."

Dear Dr. Bubba: I am writing to ask your advice on a particularly sensitive matter. Our 18-year old son joined the Marines about six months ago and went off to Camp LeJone. He used to write us regularly, but we haven't heard much from him lately. He was training to go into heavy artillery, but last week we heard from him and he is now planning to be a cook! Also, he said he is coming home on furlough and was bringing his "special friend" Donald to meet the family. Am I jumping to conclusions, or do I really have something to worry about? **Worried in Wayland**

Dear Worried: Look, I wouldn't worry too much about him not bein' in artillery no more. That stuff's dangerous. Besides, some o' the finest gourmets in the world are men. Just look at Chef Boyardee. However, this "special friend" deal does seem ta indicate that yer boy's learned ta enjoy bein' a girl. But before ya panic, let's keep in mind that just because the kid's gone a little light in the loafers, it don't mean he ain't the same son ya've loved all these years, at least as long as there ain't been no major surgery yet. This may just be a phase, but then again it may be somethin' permanent. Either way, he's goin' through some tough times right about now, so he needs yer love an' support. Keep in mind that even J. Edgar Hoover liked ta play dress up, an' it didn't keep him from bein' an ultra-conservative Nazi stormtrooper who ruled with an iron fist an'

(See Ask Dr. Bubba, C 2)



Blue ribbons and lifesavers will help remind everyone to "Care About Kentucky's Families" throughout April — Child Abuse Prevention Month.

Blue ribbons will be flying from Kentucky State Police vehicles throughout April to help raise public awareness about the tragedy of child abuse, and the Kentucky Council on Child Abuse encourages everyone to participate in Blue Ribbon Day on Wednesday, April 14.

The Kentucky Council on Child Abuse has distributed 60,000 blue ribbons throughout Kentucky. Locally, about 500 blue ribbons have been distributed, with requests coming in daily for more, said Janie Beverly with the local unit of the Kentucky Council.

Last year the council distributed 500 information packages throughout the state. This year they have distributed 30,000.

"Every time we put out a packet, we get more requests," said Beverly. "It seems to snowball."

Beverly believes this year's growth is due to a co-ordinated effort by the Kentucky Council of Child Abuse, the Cabinet for Human Resources and family resources centers.

She has also made presentations at child care centers, PTO meetings and various other places. She will have done fifteen presentations by the end of April.

On April 14, from 11-2 p.m. at Prestonsburg Community College, she and other members of the council will man an information display and will distribute blue ribbons.

Each year more children are at risk of being abused; 1992 was no exception, when more than 23,000 Kentucky children were victims of 25,415 confirmed incidents of abuse and neglect.

Approximately 380 cases of child abuse involving 620 children were reported in Floyd County in 1992; 128 of those cases reported were confirmed—197 children were abused.

Child abuse is defined as an injury or a pattern of injuries — physical injury, physical neglect, sexual abuse and emotional abuse—to a child that is non-accidental.

"Experts tell us that

the only sure way to stop child abuse is to prevent it from starting, and each of us plays a role in that prevention," said Jill Seyfred, executive director of the child abuse council. "The children in our commonwealth need our adult voices today."

The Blue Ribbon Day concept began in Virginia as the result of a child's death by abuse and a courageous grandmother's commitment to preventing this tragedy for other children and their families. To participate in this campaign, the child abuse

council encourages you to:

- wear a blue ribbon on April 14;
- place a ribbon in a visible spot on your desk, your home or office door, or your car;
- distribute ribbons at work or in your civic, church or other group.

The Kentucky Council on Child Abuse will be conducting its first "Be A Life-Saver Campaign" with its statewide toll-free number on rolls of Lifesavers candy for sale at sponsoring SuperAmerica stores.

The council and the Kentucky

Department for Social Services are co-sponsoring Child Abuse Prevention Month activities, including a "Children's Day" at the Capitol in Frankfort on Blue Ribbon Day, with assistance from SuperAmerica and Toyota Motor Manufacturing U.S.A.

A poster contest for fourth and fifth grade students across Kentucky is being conducted to develop child abuse awareness in local communities. The theme of the contest is "I Care About Kentucky's Families." All family resources in Floyd County are participating in the contest, according to Beverly. The centers are also distributing blue ribbons.

A first-place poster will be selected from each district for display at the capitol. A statewide winner will be selected from these entries.

Child abuse hurts all. There are two victims — the child and the parent. Both need help.

Dr. Alice Adams, a professor at Prestonsburg Community College directs "Parents Who Care." The program offers support and encouragement for parents. For more information about the parents anonymous program, call Dr. Adams at 886-3863 or 886-2265.

To report child abuse, call the Department for Social Services at 886-8192, the Parent Helpline at 1-(800) 432-9251, the Child Abuse Report Hotline at 1-(800) 752-6200, or the abuse hotline found in the front of telephone books.

The Kentucky council on Child Abuse (KCCA) is a statewide volunteer-based organization which provides leadership, support and coordination of services to prevent all forms of child abuse throughout Kentucky. For more information about the Kentucky Council of Child Abuse, call Beverly at 886-1260.

The council suggests these ways you can become involved:

- take time for a parent or child who could use a friend;
- encourage your colleagues and friends to be a "voice for children";
- write a letter of thanks to media personalities, teachers, legislators, or most importantly, to the many parents or others who have made a significant contribution to the well-being of children in your community;
- call the Kentucky Council on Child Abuse, (800) 432-9251 for information about other ways to get involved in child abuse prevention efforts.

Some other interesting quotes about disliking taxes, including this one by Jean Baptiste Colbert: "The art of taxation consists in so plucking the goose as to obtain the largest possible amount of feather with the smallest possible amount of hissing."

I kind of like that analogy. I think it's pretty much a description with which we can all identify today. However, Colbert said it in 1665.

More recently, if you can consider 40 years ago recent, Arthur Godfrey, the late TV personality (yes, we had TV 40 years ago) was quoted as saying, "I'm proud to be paying taxes in the United States. The only thing is—I could be just as proud for half the money."

Kim's Korner

Attention W.H.S. Alumni

First and foremost this week I was asked to mention the organizational meeting of Wheelwright's homecoming.

The meeting will be held Wednesday, April 21, at 6:30 p.m., at the high school.

If there are alumni in the Martin, Allen, and Prestonsburg areas who would like to attend and need a ride call me, we'll carpool.

We need all the help and input we can get for this event.

Part II: "Easter"

Well, Peter Rabbit brought a lot more than candy and eggs to our house this Easter, and we're sure glad he did.

Relatives from Kansas, West Virginia, and Campbellsville made this year's Easter the best ever.

I suppose I should call Gary my uncle, instead of mom's brother here, but it's really hard seeing as how he's only three years older than me, and it just doesn't feel right.

Gary and family live in Kansas and it's been six years since our last visit. His girls had grown as much, if not more than ours and he had more gray hairs.

We all gathered at mom's for Easter dinner and, of course, the "Grand Easter Egg Hunt."

My grandmother thought it would be easier, less messy, and more fun, to use the plastic, screw together eggs than boil and color them, so we obliged.

Little did we know that our children would fill these little plastic eggs with water and toss them at one another.

Somehow, a real, hard-boiled blue Easter egg was found by Ashleigh and tossed at Tiffany, and with great force, I might add.

The egg landed square in the middle of her back, and shocked as well as knocked the breath out of her.

Four generations of mothers went running to her rescue, but not as fast as Ashleigh ran for safety.

Tiff pleaded for revenge as we tried hard to convince her to "forgive and forget." Yeah, right! The more we talked, the more determined she was to get even.

Poor mamaw just knew her plastic Easter eggs were the cause of this confusion, and I was positive this was more than typical of my daughters.

But, finally all was well, quiet, and Easter's over. And Mother Nature provided us with a gorgeous day.

Hope yours was a good one!

Till next week, see ya!



by Kim Frasure



Cut it out, pin it on

What to do in the grocery store to

HELP KIDS BEHAVE

Plan ahead

•Check attitudes — Is your child too tired or hungry to shop? Are you? If yes, postpone your trip or find a sitter.

•Agree on rules — Before entering the store: "Stay close to the cart," "Use your quiet voice."

•Agree on rewards — For good behavior: Keep it simple — choice of one snack food, a stop at the park. Promise to read a book or play a game at home.

At the store

•Make a game of it — Who can see the potatoes, first? Do you remember what animal milk comes from? Who is wearing red? What foods start with A-B-C-D-E etc.)

•Involve the child in the shopping — "Should we buy apples or oranges? Corn flakes or raisin bran? Popsicles or ice cream?"

•Praise your child — "You are so helpful! You are making good choices today!"

If all else fails

•Remember: Kids will be kids — they are not perfect!

•Remove a child who is out of control. Take him to the restroom or out of the store. Tell him quietly, eyeball to eyeball, that his behavior is totally unacceptable.

•Wait, saying nothing else, for the child to calm down. Then, ask if he is ready to try again.

•Go home if the child cannot calm down. Find a sitter and return alone.

TIME TO PLUCK THE GOOSE

Tomorrow's "D-Day." Make that "T-Day." "T" for taxes. Yuck!

Nobody likes paying them, but just about everybody I know loves to gripe about paying them. However, even though ever since I was a little boy living in Muddy Branch I've heard the old saying, "Nothing's sure except death and taxes," comparatively speaking, we're really kind of new at it.

Actually, the citizens of the United States have only been asked to ante up (using the method we now use) for about 80 years, since the 16th Amendment removed a

restriction on an 1894 income tax law that had been declared unconstitutional. Hence, the current federal income tax has only been in effect since 1913.

Of course, taxation itself is an old as government. Even the Bible speaks of taxation. Remember "Render unto Caesar that which is Caesar's?" In earlier times, though, taxes were paid in goods rather than money. "Payments in kind" they called it.

Since people have always been people, you can bet that people then didn't take kindly

parting with their goods any more than people now like giving up their money. As a matter of fact, one man was quoted as saying, "When there is a tax, the just man will pay more than the unjust less on the same amount of income." Sound familiar? Sound like something you might say?

Well, according to the April-May issue of Modern Maturity magazine, that statement was made a long time ago. I mean, a real long time ago, like 390 years before Christ was even born by Plato.

The article also contained

Poison Oak

Clyde Pack



Society News

Miriam Rebekah lodge meeting

The regular meeting of Miriam Rebekah Lodge #31 was held April 6 with the Noble Grand Violetta Wright presiding.

Several names were placed on the sick list and cards were signed to be mailed to them. Bills and communications were received and taken care of.

Report was given on the visit to the nursing home on April 5, and also a report regarding the District Four meeting held at Inez, Ky. on March 20. Nine members from Miriam Lodge attended the district meeting. The Paintsville Rebekahs won the attendance banner. A beautiful memorial for deceased members was conducted by the Paintsville group.

A reading was given on the life of Schuyler Colfax, the founder of the Rebekah Degree. Colfax not only gained recognition in our order but in the political life of our country too, for he served as Vice President of the United States under President Grant. Much honor to our founder.

The members repeated the Rebekah Creed led by Jean Hickman, and at the close of the meeting, the members gathered around the altar to sing "Blessed be the Tie That Binds."

Those present for this meeting were: Violetta Wright, Jean Hickman, Sue Moore, Paulena Owens, Dorothy Osborne, Myrtle Allen, Susie Clifton, Claudine Johns and Mabel Jean LeMaster.

The next regular meeting will be held April 20 at 7 p.m. in the I.O.O.F. Hall.

For more information, call Mabel Jean LeMaster, secretary, at 886-2620.

Son born to Garner

Jerry and Jennifer Garner of Tuscaloosa, Alabama, announce the birth of their second child, Alexander Reed Garner on March 19. Their first child, Burke Franklin, is now three years old. Alexander and Burke are the grandchildren of Mr. and Mrs. Harry R. Burke of Prestonsburg.

Montgomery visits

Nell Music Montgomery is here from her home in Missouri for a visit with relatives and friends.

Montgomery, who has resided there for the past several years, worked for many years at the Bank Josephine in Prestonsburg.

Attend wedding

Nola Stepp and friend Jesse Pulliam attended the wedding of Ms. Stepp's daughter, Brenda Stepp Brown, and Kenneth Enghauser in Cincinnati, Ohio on Saturday.

"Annie" Allen Circle WMU holds meeting

Members of the Annie Allen Circle WMU of the First Baptist Church Irene Cole Memorial met Monday evening, April 5, in Fellowship Hall, with Sarah Laven as hostess.

Eva Collins, president, was in charge of the meeting, which was opened with prayer by Julia Curtis. Due to the absence of the secretary, the minutes of the March meeting were read by Sarah Laven.

Rebecca Rasnick, co-treasurer, gave the financial report.

Eva Collins, Ruby Lamping and Julia Curtis will represent the group when the State WMU Convention convenes at Harrodsburg, April 22-23.

Faye Patton presented an interesting program entitled "Broken and Spilled Out."

Sarah Laven read the names of Baptist missionaries observing birthdays on that date, and prayer was offered for them.

A delicious dessert course was served with soft drinks and coffee by Laven, hostess to: Eva Collins, Julia Curtis, Rebecca Rasnick, Myrtle Allen, Ada Meade, Faye Patton and Ruby Lamping.

The next meeting will be the first Monday in May at the church at 7 p.m., with the hostess to be announced. Each member is asked to please bring a tea towel to this meeting.

Ashley and Joshua again top the annual listing of baby names; both familiar and unusual

Are parents of Angel, Heaven, Sweet and Shy hoping to avoid the usual child-rearing problems?

Can the parents of Maverick, Duel, Atom, Timper and Motomam expect more than their share of parental headaches?

What kind of challenges will Vanity, Dreamz, Coy and Debonair present?

It's unknown whether Kentucky parents contemplated how such names might affect their children's futures. What is known is that these 13 names—along with thousands of others both original and traditional—appeared on birth certificates as first names for 1992 Kentucky newborns.

Ashley and Joshua were once again the top girls' and boys' names in the state. Ashley has been the leading girls' name six times in the past eight years, being untopped by Britany in 1989 and 1990. Joshua logged his sixth year in a row as the number one Kentucky boys' name.

As of the end of March 1993, nearly 51,000 birth certificates from 1992 had been registered by the state Department for Health Services.

More birth certificates from last year are expected to be entered into the system.

The top 10 girls' names from 1992 were Ashley (646), Britany (590), Jessica (534), Kayle (443), Sarah (430), Emily (371), Samantha (364), Amanda (341), Megan (334) and Amber (312).

The top boys' names were Joshua (649), James (621), Christopher (615), Michael (578), Matthew (552), Brandon (520), Cody (515), Jacob (509), William (497) and Tyler (488).

Parents chose 6,477 different names ranging from Aakash to Zsantinia. Whatever the source of inspiration, the result is a two-inch thick computer printout of names, both familiar and unusual.

Some children share names with leaders; maybe their parents are admirers. Consider Clinton, Lincoln, Franklin, Truman, Lyndon, Wilson, Madison, Grant, Monroe and Reagan. Bill, George, and Ross, as well as Hillary, Barbara and Margo, all big names in 1992, also appear on the list.

Is TV influential in supplying names? Well, several TV cartoon character names have popped up on the list: Boris, Natasha, Rocky, Fred, Wilma, Mickey, Minnie, Bart, Homer and Lisa. Fantasia is a 1992 baby name.

Do place names indicate a wandering spirit? Babies were named Montant, Paris, Salvador, Canada, Israel, Aspen, Asia, Thailand, Sicily,

Florence, India, London, Dakota and Savannah. Nile also made the list.

Babies born in 1992 will enter the first grade in 1998. Perhaps their future teachers should start practicing these names for roll call: Aumonny, Dougrue, Mermystia, Kosuke, Grebeuth, Hovsep, Bakari, App, Daweed, Sigrit, Toasha, Zelman, Courvoisier, Vavun and Keylandance.

Names from nature abound. On the list are Fawn, Heath, Heather, Ivy, Holly, Ocean, Jasmine, Raven, Sky, Robin, Sable, Timber, Reed, Pansy, Lily, Colt, Iris, Forest and Falcon.

Weather terms made a showing with Misty, Raine, Rainey, Storm, Stormy and Sunny.

Colors and jewels are a popular inspiration. Parents chose Ebony, Ivory, Gray, Teal, Violet, Goldie, Rose, Indigo and Lavender; Diamond, Jade, Garnet, Sapphire, Ruby and Opal.

Names that beg for an explanation include Voice, Shade, Stori, Mazaraddi, Tequila, Clintonia, Frenchy, Channel, Adonia, Fleet, Dynasty, Trinity, Almond, Journey, Breath, Chess, Mirage and Champagne.

Finally, some children seem destined to meet someday and form these alliances: China and Crystal; Chek and Mark; Char and Ember; Aurora and Star; Dusty and Rusty; January and December; Duke and Earl; Sang and Medley; and Latoya, Janet, Michael and Jackson.



Tiffany is five

Tiffany Nichole Robinson, daughter of James and Sybil Robinson, formerly of Maytown, celebrated her fifth birthday February 9 at her home in Lexington. Several friends and relatives attended. She is the granddaughter of Mr. and Mrs. Russell Bentley of Louisa and Edward F. and Doris Robinson of Langley.

Ask Dr. Bubba

(continued from C 1)

wrecked thousands o' innocent peoples' lives. So in other words, there's still hope.

That's about all the space we got for this week, folks. Keep them cards, letters an' love gifts pourin' in. Ya can write me at The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653. In the meantime, remember to love thy neighbor, but try to make sure her husband's outta town first.

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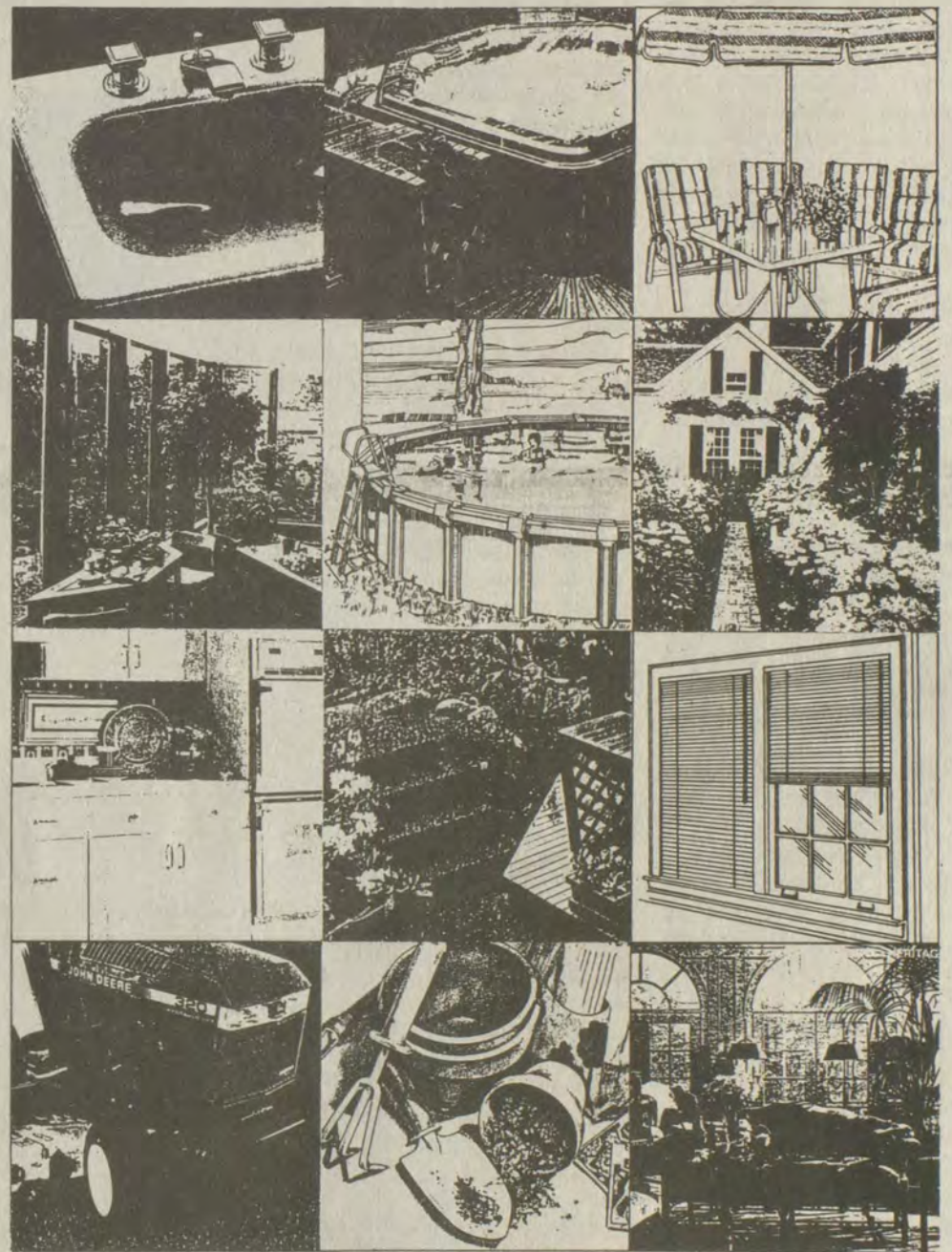
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TIME FOR A BREAK

As I begin this, another column, I'm celebrating an anniversary. It was seven years ago today that I retired from the U.S. Postal Service after what was, to me, a storybook career. I've considered writing an account of that, and maybe sometime I will, for it was not the mundane job one might imagine.

But I never was really able to retire. After a few weeks of being "out of the harness" I ran into Barbara Justice who was editor of the Appalachian News-Express in Pikeville. As a reporter, she had done a feature article about my working with a Chicago film crew. We made a training film to be used across the nation that depicted rural America and how it is served by the postal service.

Anyway, Barbara and I exchanged small talk and she commented, "You're getting restless, aren't you?" When I agreed, she said, "We'll take anything you'll do," and thus a new column for her paper was

begun. It ran about four and a half years.

After Scott Perry was named editor of the Floyd County Times, I was impressed by his own way with words and his distinct mark on the paper. We talked for a while and he agreed

to allow me space to write for him, too, and that was the beginning of Small World column.

I remember Scott's saying, "I want this to be more than a Prestonsburg paper. I want it to serve Floyd County and all its people." I appreciated his ideas and have been pleased to write about people in all areas of the county, and especially to include some of our number who have moved—to Somerset, Paintsville, Burnside, Lexington, Louisville and towns in between; to Virginia, Florida, Michigan, Maryland, Ohio, California and other states.

My column for the News-

Express was voted an award by the Kentucky Press Association and I got to know Pike Countians a lot better as we went along. I still work part time in a Pikeville office, and yet Floyd County is home. My heart is here, and writing for my own people has given me a pleasure I got from no other outlet.

Your response to Small World has been overwhelming. You have related to the human interest stories and my slant on things that happen to us. You have welcomed and encouraged me in ways I never would have expected.

Just today, Joy Hale called to say, "About that man who made you back your car across that swinging bridge, I wonder if he was the same one who made Buck and me do that." She quoted a name that was not the same—but we had shared an experience and I had expressed it for us both.

And now this retirement anniversary from another career seems a likely time to take a break

and maybe a vacation from writing. No, I'm not sick, and my typewriter is not broken—but I would be devastated to think the column continued until you grew weary of it.

I'd like to end by expressing my love and appreciation to each of you who read us so faithfully week after week, who shared your wit and good humor and who commented so kindly about the little tributes we paid to some wonderful people.

There are many people I wanted to write about and didn't get around to, and there are several little stories some delightful friends have shared with me and that I meant to pass along; but so long as we live there should always be more of the good things if we look for them.

These unused ideas will be kept in mind and maybe some day, after we've rested for a while, you—our readers and our editor—will let us do it again.

This article is reprinted due to an omission.

Small World

Aileen Hall



Lasting friendship

Members of the Wheelwright Woman's group recently completed this friendship quilt. A lucky member of the group will receive the quilt through a drawing. The group meets the first and second Mondays of each month, from 10 a.m. until noon in the Wheelwright Baptist Church.

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Births

HIGHLANDS REGIONAL MEDICAL CENTER

March 27: A daughter, Cristal Sarah Marie, to Sandra and David Porter of Salersville.

March 28: A son, Jordan Christopher, to Angela Grace Tackett of Prestonsburg; a daughter, Hana Jo, to Lisa and Chester B. Wireman of Royalton.

March 29: A son, Justin Ryan, to Janet and Virgil Slone of Prestonsburg.

March 30: A daughter, Keely Alexandria, to Tracy and Joe Wireman of Waldo; a son, Johnathon Lyle, to Amanda and Charles Osborne of Warfield.

April 1: A son, Jacob Keith, to Kellie Beenea Mollett of Blaine.

April 2: A daughter, Tosha Brehann, to Lonnie Webb of Tangley.

April 4: A daughter, Courtney Nicole, to Melissa and Stephen Mullins of Hindman; a daughter, Brandi Shantel, to James and Lisa Williamson of Lovely.

PIKEVILLE METHODIST HOSPITAL

March 2: A daughter, Kambra Denise, to Cynthia Kay and Tandy Howell of Pikeville; a daughter, Rebekah Lynn, to Donna Kaye and William Kelly Bentley of Virgie.

March 5: A son, Brian Lee, to Sharon Kay and Paul Brian Newsome of Regina.

March 10: A son, Freddy Mitchell Ousley, to Shana Rena Carroll of Allen; a daughter, Ashley Nicole, to Bonnie Jean and Conley Allen Mullins of Pikeville; a son, Joey Junior, to Linda Gail and Joey Horn of Pikeville; a son, Jeremy Tyler, to Bertha and Ronnie Dean Stump of Majestic; a daughter, Melissa Diane Justice, to Diana Chaffins and James William Justice of Mouthcard.

March 26: A daughter, Hannah, to Tammy and Carl B. Farmer of Garrett.

March 27: A son, Tommy Justin, to Tammy Jean Stiltner of Stopover; a daughter, Samantha Jean, to Jeanette and Scott Cochran of Pikeville.

March 30: A son, C.C. O'Brian,

to Virginia Denise and Calvin O'Brian Howard of Pilgrim; a son Zachary Alan, to Versinda Lee Jervis of Prestonsburg.

March 31: A son, Nicholas Bartley, to Melissa Ann and Kenneth Edward Taylor of Pikeville; a daughter, Chazzlynn Alexandria Slone, to Natalie Lockhart of Elkhorn City.

April 1: A daughter, Cassandra Lee, to Shannon and Emmitt Williams of Jenkins; a son, Brady James, to Michelle and Willie Hurley of Feds Creek; a son, Brian Victor Doc, to

Connie and Brian Lynch of Pikeville; a daughter, Haley Christen, to Judy and Christopher Isaac of Salersville.

April 2: A son, Jordan Keith Minnis, to Jennifer Lynn Adams and Robert Lynn Minnis of Pikeville; a daughter, Leigha Brook Johnson, to Jessica Ann Holbrook of Bypro.

April 3: A daughter, Sherré Whitney, to Sherry Ann and George Washington May of Sidney; a daughter, Tina Michelle, to Rae Lynn and Gary Wayne Newcomb of Lookout; a daughter, Betty Ellen Buchanan, to

Annette Caudill of Hellier.

April 5: A daughter, Gerri Anne, to Regina and Howard Douglas Bentley of Pikeville; a daughter, Stephanie Lynn, to Tammy Lynn and Eugene Edward Bowyer Jr. of Pikeville; a son, Tyler Don Skeens, to Heather Dawn Johnson and Ronald Dewayne Skeens of Jonancy.

April 7: A daughter, Molly Frances, to Kathy Lynn and Paul Irvin Pack of Meally.



Birthday celebration planned

Myrtle B. Allen will be honored on her 90th birthday with an open house celebration hosted by her family on Sunday, April 18, from 2-4 p.m. in the First Baptist Annex, Prestonsburg. Pictured with her is her great-great-granddaughter, Aubrey Dawn Garner, daughter of Mr. and Mrs. Lonnie Garner of Virginia.

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Shooting Days/Dates: Thurs. thru Mon., April 15-19

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Shoe Show

Extension News

Small fruits meeting

The Floyd County Extension Service sponsored a Small Fruits Meeting with 25 people in attendance.

Dr. Terry Jones, UK horticulturalist, presented the program. He discussed the selection of small fruits for the home gardener, emphasizing the availability and care of the fruits is just as important as the quality. He also discussed apple and strawberry varieties that are less subject to freezing in our part of the state.

The presentation included slides showing the different varieties, their good points and bad, and also how to prune, spray and maintain those varieties.

Several publications are available for the small fruit grower. Call the County Extension Office at 886-2668 for information.

Door prizes of strawberry plants and thornless blackberry plants were won by Sylvia Allen, Molly Owens, Allie Cooley, Delmer Holbrook, Leo Watts and Ruby Sammons.

Springtime fashion program upcoming

The Floyd County Extension Service will be presenting a program of selection of styles and spring fashions on Tuesday, April 20, beginning at 11 a.m. at the County Extension office.

The program will be given by Donna J. Fryman and will also include lunch. Registration is required by April 16 and the cost will be \$2 per person.

Clothing leaflets and some displays will be included. For more information, call 886-2668.

State homemakers meeting scheduled

The Kentucky State Homemakers Meeting will be held in Lexington this week with homemakers throughout the state participating.

Various programs, displays and well-known speakers along with cultural arts displays will be included in the three-day event.

Homemakers from Floyd County will have six items in competition in the cultural arts event. Those homemakers are Freda Hicks (woven basket), Marena Hale (2 cross-stitched items), Ada Martin (tatting) and Alice Rowe (clothing and knitting).

Market basket monthly average

Salyersville had the lowest local market basket average in February at \$56.40 while Russell Springs reported the highest average at \$78.74. Overall, volunteers working through Kentucky Farm Bureau Women canvassed retail food prices in 15 Kentucky communities.

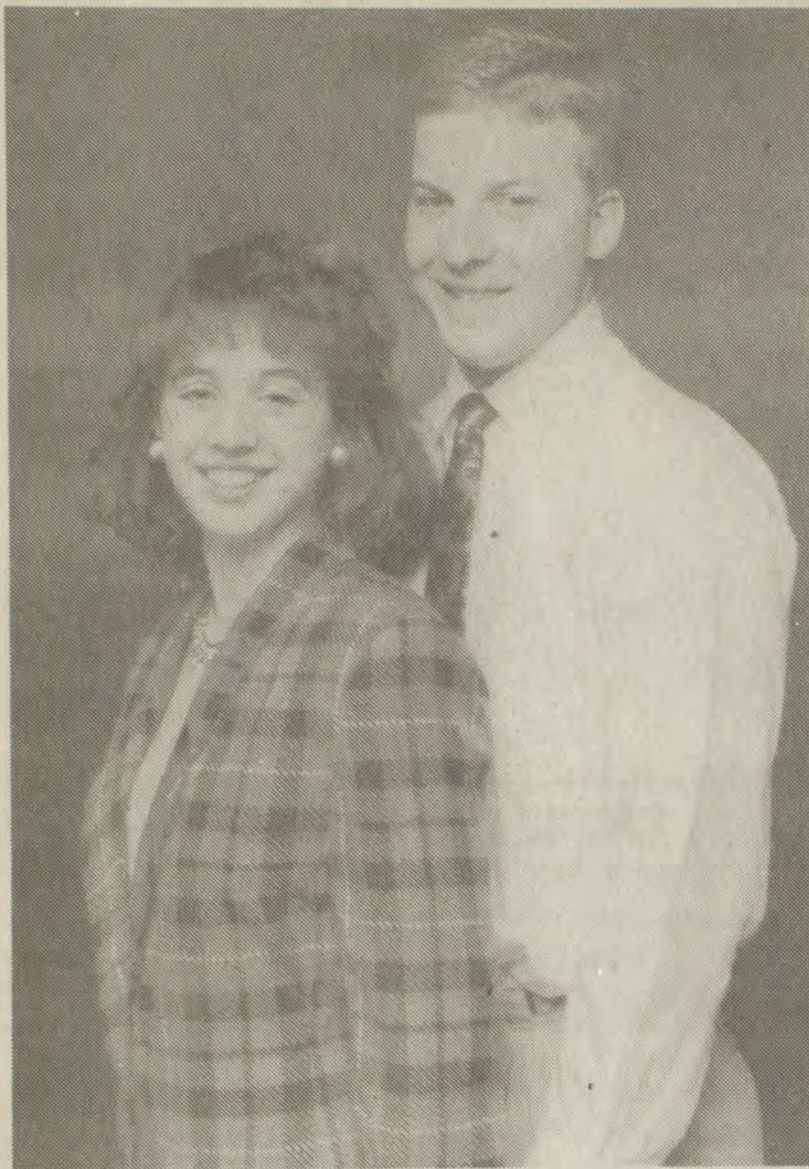
CLEVER CORK IDEA—I glued a small cork to the inside of my sewing box. It's the perfect place to store my thimble. Missy G., Rutland, Vt.



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Misti Leigh Curry and Andrew Joseph Betscher

Curry-Betscher to wed

Mr. and Mrs. Danny P. Curry of Prestonsburg, announce the engagement and forthcoming marriage of their daughter, Misti Leigh Curry, to Andrew Joseph Betscher, son of Mr.

and Mrs. James Betscher of Harrison, Ohio.

The wedding will be held April 24, at 2:00 p.m. at the First United Methodist Church in Prestonsburg.

Named alternate to school of arts



Chad Lyons

Chad Lyons, sophomore at Allen Central High School has been chosen

as an alternate to the Governor's School for the Arts.

He was in the final round of auditions at the Kentucky Center for the Arts in Louisville. He successfully completed his portfolio review in the area of visual arts at the regional level and advanced to the last round of competition. He will be a student at the school this summer if someone is unable to attend.

Only 17-20 students in the state are given the opportunity to participate in this program as visual arts students.

He is the son of Eugene and Estilene Lyons of Garrett and is enrolled in Specialized Art at Allen Central under Mrs. Caralita O'Quinn.

New Adult Readers

Floyd County Adult Literacy Program
886-READ (886-7323)

MY STORY

I was born in Pikeville in 1953. I was raised in Tram. My mom and dad raised 10 kids. I was next to the baby. Life was hard for me. We were poor and didn't have the stuff we needed. I only went to the fourth grade.

The country school in Tram closed. I tried to go to Betsy Layne but the kids made fun of me because I was older. I just quit. I was 11. I stayed home and helped mommy. I did all my washing and cleaning and took care of my sisters' children for \$3 a day. The neighbors hired me to clean their houses for 50¢ an hour. I never

thought about going back to school and no one in my family encouraged me to go back.

I met my husband when I was 12 years old. I got married when I was 18. We lived in Pikeville for awhile. Now we live in Tolers Creek.

I have Christine, Sarah, Christopher, Wesley, Rodney and Gregory. I also had a set of twin boys who died. I am a "grannie" too.

Life is not easy for me. Right now we are looking for a house because the owner sold ours. They are all too expensive for us.

No one can take an education away

from you. I have tried to keep my children in school. It is hard to keep them in school when you can't afford clothes and shoes.

I am back in school now. It is hard on me to come to school because I have so many things on my mind and so much to do. But I'm trying.

Editor's Note: The author of this article is enrolled through the JOBS program and attends Adult Literacy classes in Mud Creek with the Floyd County Literacy Council. If you are interested in coming back to school or would like to help someone learn how to read, call 886-READ.

Help lead Floyd County to educational excellence

Opportunity:
Kentuckians have an unprecedented chance to rebuild the state's school system, and local school boards are central to the reform movement. Share a sense of pride with other citizens by serving the children of Floyd County.
You are invited to nominate yourself or a qualified acquaintance to serve on the Floyd County Board of Education. There are two vacancies, created by the death of Ray "Shag" Campbell and the resignation of Tommy Boyd.

Activity:
Board members are involved in four main tasks

- * Developing policy-making guidelines that govern the operation of schools
- * Providing visionary leadership and vigorous stewardship with long-range educational plans and programs
- * Hiring the district superintendent and issuing annual evaluation reports
- * Setting local tax rates and ensuring that public funds are spent wisely and efficiently

Requirements:

- * At least 24 years old
- * Kentucky citizen for the last three years
- * Registered voter in District 2 or District 3 (see attached chart for more specific information on districts)
- * High school diploma or GED certificate
- * Except in limited circumstances, board members may not have a relative employed by the school district
- * Applicants must consent to a criminal records check

Pick up an application at the Floyd County Board of Education office at 28 Arnold Avenue, Prestonsburg.
Mail the completed form to Commissioner Thomas Boysen, 500 Mero Street, Capital Plaza Tower, Frankfort, Ky. 40601.
Applications must be postmarked by April 19, 1993.
Commissioner Boysen will appoint the board members to serve until the next regular November election.

Educational District II

Precinct Name/Number	No. Reg. Voters
Cow Creek #9	1,061
Mouth of Beaver #10	340
Maytown #14	824
Martin #19	811
Arkansas #43	406
Halbert #20	577
Drift #21	629
Prater Creek #39	927
Allen/Dwale #44 (only New Allen)	617
Total voters in District II	6,192

Schools in District II	Enrollment
Allen Elementary	451
Martin Elementary	398
Maytown Elementary	217
Prater Elementary	170
Floyd Co. Tech. HS	
Total students in District II	1,236

Educational District III

Precinct Name/Number	No. Reg. Voters
Antiock #28	626
Dickey #29	718
Toler #30	608
Mouth of Mud #31	734
Little Mud #32	492
Ivel #33	689
Betsy Layne #34	920
Branham Creek #40	448
Head of Mud #42	460
Total voters in District III	5,695

Schools in District III	Enrollment
J.M. Stumbo Elementary	531
Harold Elementary	304
Betsy Layne Elementary	508
Betsy Layne High School	622
Total students in District III	1,965



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County Kettle

CATFISH FILLETS WITH SPRING HERBS AND VEGETABLES IN PARCHMENT

6 6- or 7-oz. Mississippi farm-raised catfish fillets
 1 zucchini, julienned
 1 carrot, julienned
 3 scallions, julienned
 3 tablespoons chopped fresh herbs: parsley, basil, chives, etc. (may substitute 1 tsp. of dried herbs)
 1 clove minced garlic
 2 tablespoons butter
 6 tablespoons white wine salt and pepper, to taste
 6 sheets of cooking parchment or 12" x 12" pieces of foil
 Preheat oven to 400 degrees. Place one Mississippi farm-raised catfish fillet on each piece of parchment or foil. Divide vegetables between the 6 packets. Sprinkle each packet evenly with herbs and garlic. Dot each packet with butter, then drizzle with white wine. Sprinkle each packet with salt and pepper. Fold parchment as directed on package or, if using foil, fold foil over and seal all sides completely.
 Place sealed packets on a cookie sheet and bake for 6-7 minutes. Open packets carefully and watch for steam. Move to serving platter or serve individual packets on plates.
 Makes 6 servings.

HAM AND CAULIFLOWER OR BROCCOLI CASSEROLE

1 cup rice
 2 pounds cooked cauliflower or broccoli
 6 Tablespoons melted butter
 2 cups fresh bread crumbs
 2 cups chopped onion
 3 Tablespoons flour
 1 teaspoon salt
 1/4 teaspoon pepper
 2 cups milk
 1 pound cooked, cubed ham
 6 slices American Cheese
 Cook rice according to package directions. Spoon rice into a greased casserole. Cover rice with cauliflower. In a bowl, combine 2 tablespoons butter and bread crumbs. In a frying pan, cook onions in remaining butter until soft. Stir in flour, salt and pepper. Cook, stirring constantly, until mixture bubbles. Stir in milk. Continue cooking and stirring until mixture thickens and boils for 1 minute. Add ham. Heat 1 minute. Pour over cauliflower in casserole. Cover with cheese. Top with bread crumbs. Bake at 350° for 45 minutes until bubbly and lightly browned. Serves 6.

HOT FUDGE SAUCE

5 oz. semisweet baking chocolate
 1 cup sweetened condensed milk
 1 cup sugar
 1/4 cup light corn syrup
 4 Tbsp. butter
 1 tsp. vanilla extract
 Melt chocolate on medium for 3-4 minutes. Add all ingredients to the melted chocolate and heat at low for 4 minutes; stir sauce until smooth. If necessary, heat on low 2 minutes longer to completely melt all chocolate. Cool and refrigerate in a glass jar. Bring to room temperature before using.
 Compliments of Floyd County Extension Service

PEANUT BRITTLE

1 cup raw peanuts
 1 cup sugar
 1/2 cup white corn syrup
 1/8 tsp. salt
 1 tsp. baking soda
 1 tsp. vanilla
 1 tsp. butter
 Combine peanuts, sugar, syrup and salt in a 1 1/2 quart casserole. Microwave 4 minutes at high. Stir well and microwave 4 minutes more at high. Add butter and vanilla, cook 1 minute longer at high. Add baking soda and quickly stir until light and foamy. Pour onto lightly buttered baking sheet, spreading the candy in a thin layer. Break into pieces when cool.

CHICKEN DIVAN

1 pound fresh broccoli
 4 large slices of cooked chicken or turkey
 1 can cream of chicken (or cream of mushroom) soup
 buttered bread crumbs
 salt to taste
 Cook broccoli until tender. Drain and place in shallow casserole. Place cooked chicken slices on top. Pour undiluted soup over the top and cover with bread crumbs. Bake 400° for 15 minutes till hot and crumbs are brown. Makes 4 servings.

POOR MAN'S CAVIAR

1 large eggplant
 1 tablespoon olive oil
 1 small onion, finely chopped
 1 clove garlic, minced
 1/4 cup finely chopped green bell pepper
 1 1/2 tablespoons fresh lemon juice
 Coarsely ground black pepper to taste
 1 tablespoon olive oil
 Garnish: Chopped fresh parsley
 Preheat boiler. Slice eggplant in half and rub inside with 1 tablespoon olive oil. Place halves, cut side down, on baking pan.
 Broil on middle rack of oven 20 to 25 minutes, or until eggplant is quite soft. Cool slightly.

Scoop out the pulp and place it in a medium bowl. Mash well with fork. Set aside. In a small nonstick skillet over medium-high heat, saute' onion and garlic in 1 tablespoon olive oil until brown. Add to eggplant pulp. Add remaining ingredients except parsley and stir to mix well.

Cover and refrigerate 2 to 3 hours. Sprinkle with chopped parsley. Serve with bread rounds or toast. Makes 2 1/2 cups for 20 2-tablespoon servings.

EASY APPLE CAKE

Vegetable oil spray
 2 cups diced apples (peeled or unpeeled)
 3/4 cup sugar
 1/3 cup vegetable oil
 1/3 cup vegetable oil (canola or safflower)
 1 teaspoon vanilla egg substitute equivalent to 1 egg
 1 1/2 cups unsifted all-purpose flour
 1 teaspoon baking powder
 1 teaspoon baking soda
 1/2 teaspoon salt
 1 1/2 teaspoons pumpkin pie spice
 1/2 cup raisins
 Preheat oven to 350°F.
 Lightly spray an 8-inch square cake pan with vegetable oil.

Combine apples and sugar in a medium bowl and set aside for 10 minutes.

Add oil, vanilla and egg substitute. Stir to mix well.
 In another bowl, combine dry ingredients and stir to mix thoroughly. Add to apple mixture and stir to blend well. Add raisins and stir to mix well. Spread batter evenly into prepared pan. Bake 35 to 40 minutes. Makes 9 servings.

ASIAN GARDEN PASTA PRIMAVERA

8 ounces vermicelli
 1 1/2 tablespoons cornstarch
 1/4 teaspoon white pepper
 1 cup 1/3-less salt chicken broth
 3 tablespoons Kikkoman Lite Soy Sauce
 3/4 teaspoon distilled white vinegar
 1 pound fresh broccoli
 2 tablespoons vegetable oil
 1 teaspoon minced fresh ginger root
 2 carrots, diagonally sliced
 1 onion, thinly sliced
 4 ounces fresh mushrooms, quartered

Cook vermicelli according to package directions, omitting salt; keep warm. Meanwhile, combine next 5 ingredients; set aside. Cut broccoli into bite-size florets; peel stalks and cut diagonally into thin slices. Heat oil in hot wok or large skillet over high heat. Add ginger; stir-fry 10 seconds. Add broccoli, carrots, and onion; sprinkle with 1 Tbsp. water. Stir-fry 5 minutes. Add mushrooms; stir-fry 30 seconds longer. Stir in lite soy sauce mixture; cook, stirring until sauce boils and thickens. Serve vegetables and sauce over vermicelli.

STIR-FRY CHICKEN

(Total cooking time: 9 min.)
 2 skinned chicken breasts, cut into strips (about one cup)
 2 tsp. low sodium soy sauce
 2 tsp. water
 1 tsp. oil
 1 tsp. lemon juice
 1 tsp. cornstarch
 1 clove garlic, cut into 6 pieces
 1 dash ginger
 1 onion, cut up
 1/2 cup celery, sliced on the bias
 6 ounces pea pods
 Marinate the chicken in soy sauce, water, oil, lemon juice, cornstarch, garlic and ginger for at least 1/2 hour. Remove chicken from marinade. Place chicken and onion in 8-inch square baking dish. Microwave at HIGH for 3 minutes. Remove garlic from marinade. Add marinade, celery and pea pods to dish, separating pea pods.
 Microwave at HIGH for 6 minutes, stirring once.

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Richard Thomas and Barbara Hall

To exchange vows

Mr. and Mrs. Albert (Junior) Hall of Hi Hat, announce the engagement and forthcoming marriage of their daughter, Barbara Anne, to Richard F. Thomas, son of Hazel Thomas of Beulaville, North Carolina and the late Osborne C. Thomas.

Ms. Hall is employed by Mary A. Hall, M.D. and Associates of McDowell.

Mr. Thomas is employed by

DePont of Wilmington, North Carolina and is a TSgt of the 915th CES Air Force Reserves, Pope Air Force Base, Fayetteville, North Carolina.

The wedding will be held May 1, at 2 p.m. at the Little Nancy Regular Baptist Church at Hi Hat. The gracious custom of an open wedding will be observed.

The couple will reside in North Carolina.

USE AND CONSTRUCTION OF CISTERNS

by Michael Harley

The construction and use of cisterns is a way for people to obtain clean water at a low cost. A cistern is a simple structure for storing water, often a tank which collects rainwater or the flow from a spring. Cisterns can be safely used to provide the water needed by a family if they are well maintained and have a good filter system. Fresh drinking water is one of the basic necessities of life, and although we often don't think of it as being limited, it is in increasingly short supply in many areas of Kentucky and our country. In 1983 a nationwide EPA study found that 30 percent of municipal water supplies tested contained trace levels of toxic synthetic chemicals. Here in Kentucky, citizens have worked to close landfills in Whitley and Pulaski counties due to the threat they may pose to nearby water supplies. Along with this growing problem of contamination, the high cost of standard municipal water systems makes building your own cistern using local materials a valuable option for the typical family.

Appalachia - Science in the Public Interest (ASPI) operates a number of cisterns with a total capacity of 20,000 gallons. These are the only sources of water for drinking, showering and dishwashing for the buildings on our demonstration center grounds and our land trust. The newest of these is a 5000-gallon concrete block cistern built by Lewis VanWinkle and Jeff Cope. They designed a concrete roof that is a great improvement over the wooden roofs that people often use. "We had put two wood roofs on one of our little cisterns," explained VanWinkle. "Wood roofs like that don't seal very well. And a tree could fall on them or they sometimes rot and just fall in. So we built a reinforced concrete solid roof with a removable lid. We put up a wood frame

and we poured the concrete into it. When it set, we took the frame apart and lifted it out through the cistern opening. It's been about a year and no cracks have shown up." This roof is easy to build and has formed a good seal for our cistern. Recently a friend asked VanWinkle to assist with constructing a roof of this type for his own cistern.

The cheapest way to construct a cistern is to do it yourself and to use local materials such as sand and gravel for the concrete and recycled lumber. Only basic building skills are needed, including some masonry and carpentry. For a somewhat skilled person using local sand a medium-sized cistern could cost as little as \$400. If a builder must be hired the cost estimate could rise to \$2000: \$500 for digging and backfilling; \$400 for concrete block; \$150 for cement, gravel and sand; \$50 for re-bar and bolts; \$100 for downspout; \$100 for filter; \$700 labor. A cistern located uphill from the building to be supplied will not require an electric pump to transport the water. This is a benefit that deep wells do not have. We have used this gravity-fed design at ASPI where possible. If you can do without a pump you will save money and the headache of repair and maintenance. When considering the advantages of using a cistern rather than municipal water, be sure to remember that there are no water bills with a cistern.

The size of the cistern needed for a family depends upon the number of people using it and on the amount and pattern of rainfall during a typical year. Of course, the water supply from a cistern is limited and may run short during dry weather. However, many wells are also threatened by drought. A family that conserves water can fulfill their needs with cisterns. It is possible for a family of four to use only 75 gallons of water a day if they are careful to use only what is needed and if water saving measures are taken throughout the home. We have to face the fact that water is precious and needs to be conserved.

Cisterns can be a safe do-it-yourself technology if properly filtered and maintained. With improvements like ASPI's concrete roof design, they can help solve the problems many communities face with finding a

source of clean water. A short technical paper including designs for our concrete roof is available from ASPI.

Michael Harley works for ASPI, a private, non-profit environmental organization based in Livingston, KY that is committed to making science and technology responsive to the low-income people of Appalachia. For more information, call 453-2105 or write ASPI, Rt. 5, Box 423, Livingston, KY 40445.

Skinny School Classes

Monday Nights

Betsy Layne Senior Citizens

Weight-In 5:30

Classes 6:00

Call: 754-5331 or

478-9773

For more information.

Zippie's Pizzeria

We have a New 12" Long Sub.

You won't believe it!

Choice of sandwiches, dinners, assorted side orders.

Special 1 Topping Large Pizza \$5.25

(Carry Out Only.)

Order Any Topping Large Pizza and receive large bag chips—and a liter of Pepsi.

Located beside Lloyd's Hardware



Tots To Teens

by Sue Ellen Sullivan

Dear Sue: My children's favorite food is hamburgers. If they had a choice, they would eat only at fast food restaurants. After the incident on the West Coast where a 6-year-old girl died from eating contaminated meat, I fear for my children's safety. How can I be sure that the hamburgers they are eating at fast food restaura-

nts don't make them sick, or worse? Alice B.

Dear Alice: The safest way to eat ground beef is well done. If the meat is thoroughly cooked, all bacteria should be killed. Bacteria is often found in all kinds of animal products, and ground beef is an especially good breeding ground. When the beef is chopped up, any bacterial colony that might be there is also broken up and dispersed throughout the meat. If the meat is not thoroughly cooked, the bacteria can multiply. That is why you have to be certain the meat is cooked all the way through. You should always cut a burger in half and have a look before you bite into it. There should be no traces of pink in the center and no traces of blood in the juices.

When making hamburgers at home, be sure to buy your meat from a reputable dealer who has a rapid turnover of fresh meat. It should be packed on a tray with plastic overwrap. Avoid packages with any tears in the overwrap. The meat should be a bright cherry red color. Always check for freshness dating. Bring the meat directly home and immediately refrigerate or freeze it, then cook it properly. The center should be light gray, and the juices should run clear.



Birth announced

Gary and Patty Perkins of Wayland announce the birth of their second child, Sarah Elizabeth, born March 2, at Our Lady of the Way Hospital. She weighed 9 lbs. 6 ozs. and was 22 inches long. She has one brother, Wesley Daniels, and her grandparents are Charles and Myrtle Bates of Wayland and Lois Perkins of Hindman.

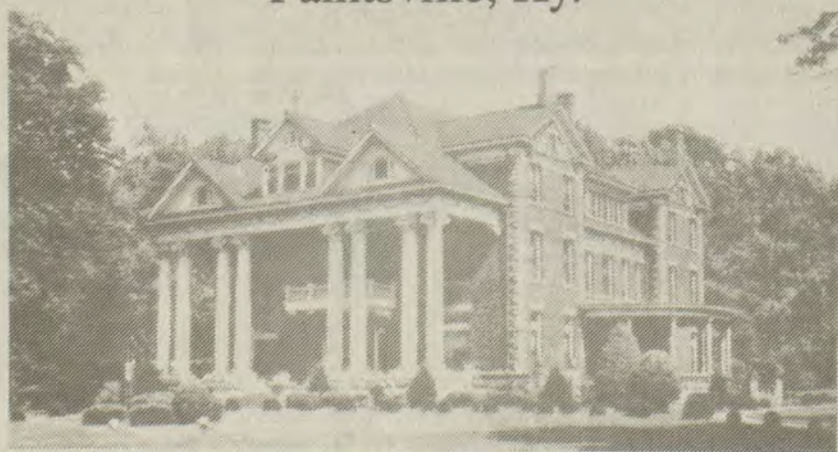
Safe margin prevents wrecks, AAA advises

If the car behind is following close enough to make you feel like you're in a game of bumper cars, don't make the situation worse by getting upset, cautions the Blue Grass Auto Club Safety Foundation. Tailgating is one of the five most frequent driver factors contributing to car wrecks in Kentucky, leading to 6,642 crashes in 1991.

By following too closely, drivers do not have time to stop when the car in front brakes. There should be a minimum of a two-second following distance between cars if the weather and road conditions are clear. Increase the following distance when roads are wet or slippery and if there is fog or other poor weather.

Our Lady of the Mountains School

Paintsville, Ky.



REGISTRATION

Begins April 15 for 1993-1994

Openings in all grades—Preschool-8

Bus service available to Prestonsburg

- Fully accredited by the State of Kentucky
- Traditional classes K-8
- Student/teacher ratio 15:1
- Certified instructors
- Preschool: Full day or half day
- Discipline emphasized

- Scholarships available
- Tuition (based on 10 months)
1st child \$120 mo.; 2nd \$80 mo.; 3rd \$60 mo.; 4th Free!
- School bus transportation to Prestonsburg and Louisa

- Christian values taught daily. Over half of the students are not Catholic
- Kindergarten: Full day
- Inter-denominational Bible classes daily

Over 45 years of excellence in education
"A school for Christians of all faiths."
For more information, call 789-3661

RE-ELECT JACKIE EDFORD OWENS

Magistrate, Dist. 2

Number 3 on the Ballot

I'd like to take this time to ask **ALL THE PEOPLE** of District 2 to come out on **May 25th** and **VOTE FOR** and **RE-ELECT ME—JACKIE EDFORD OWENS—YOUR MAGISTRATE** in District 2.

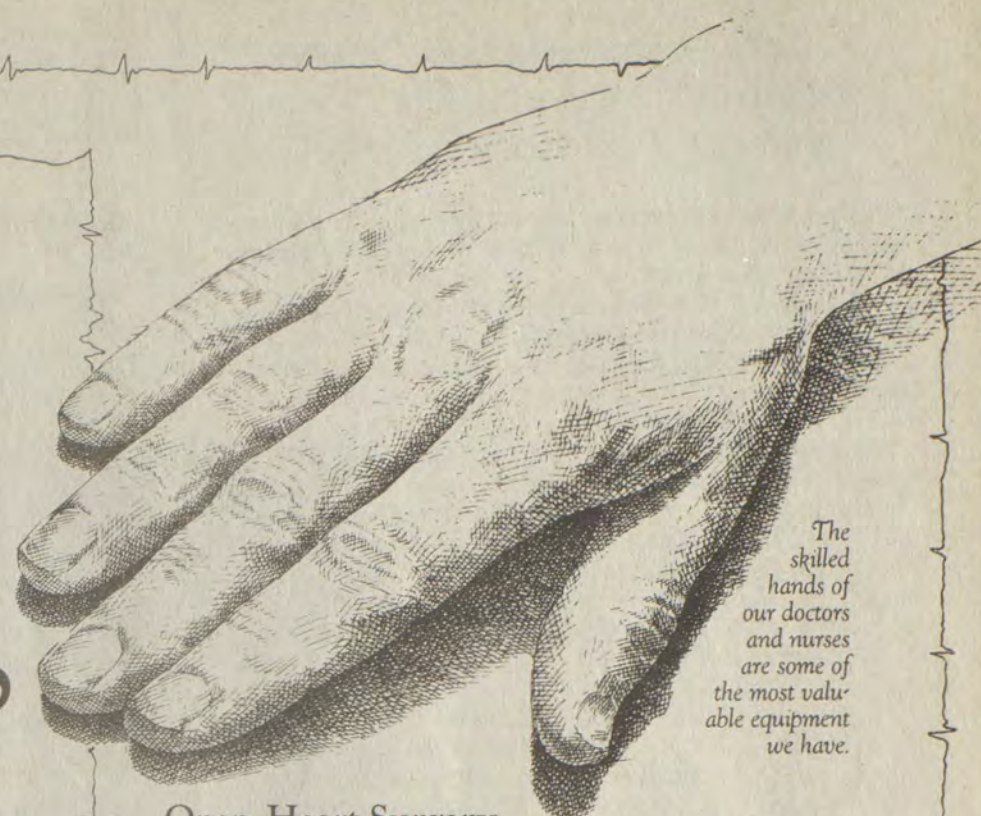
Some of the reasons You Should Vote For Me—

- 1 I have **Stood Up** and **Fought** to keep "out of county" and "out of state" garbage out of Floyd County since 1986.
- 2 I have **Stood Up** and **Fought** to keep the "Fly Ash" from the power incinerators of Florida, Pennsylvania, and New Jersey from coming into Floyd County at the rate of **200 railroad cars a day** even though the Fiscal Court was offered **\$3,000,000** a year to accept the "Fly Ash." The money sounded good, but **it was not worth "DESTROYING"** our county.
- 3 The Fiscal Court has helped **EVERY** Volunteer Fire Department and Rescue Squad in Floyd County for the past 7 years. The Fiscal Court has done **EVERYTHING** in our power to assist them in doing a better job and by donating **\$2,000** a year to each Fire Department and Rescue Squad. There are approximately **16** of them that we donate money to which equals approximately **\$32,000** a year. In **one 4-year term**, we donate approximately **\$128,000**—not including grants that we help them with to buy new trucks and equipment. **People**, there aren't many counties in Eastern Kentucky that do this and **I'M PROUD** to be sitting on a court that does.
- 4 In my 2nd term, with the help of a lot of people, we have been able to get a Senior Citizen Center in Wayland in my District as well as established Senior Citizen Centers **ALL OVER** the county.
- 5 During my 7 years in office, **WE HAVE BLACKTOPPED** many roads in my district as well as **ALL OVER** the county. **WE DON'T JUST BLACKTOP JUST BEFORE THE ELECTION**—We blacktop **EVERY YEAR** as our budget allows us to do so.

In this May Election, there will be a new precinct taken into District 2. The people of Middle Creek from the top of Hippo Hill to the stop sign at the end of Rt. 404 at Clark School will have the opportunity to vote for me as your magistrate. **I WILL APPRECIATE EACH and EVERY vote and I LOOK FORWARD** to serving the people of Middle Creek and David as **I HAVE SERVED** the people of District 2 for the **past 7 years**.

ON MAY 25TH - RE-ELECT JACKIE OWENS - MAGISTRATE

If You Live In Prestonsburg, Your Heart Is In The Right Place.



The skilled hands of our doctors and nurses are some of the most valuable equipment we have.

Consider these statistics for a minute:

In 1989, Kentucky had the third highest death rate due to coronary heart disease.

Nationally, in 1990, heart and blood vessel diseases killed more than 930,000 Americans. That translates to 43% of all deaths. And of the current U.S. population of 250 million, more than 70 million (more than one in four) suffer from some form of cardiovascular disease.

To put all of this into crystal clear perspective: someone in America dies from cardiovascular disease every 34 seconds.

Now, the point of all this is not to scare you. It's simply to make you aware of how widespread cardiovascular disease is.

And to make you aware of how fortunate you are to have a world-class medical facility so close to home. The Cardiopulmonary Institute at King's Daughters' Medical Center.

What Is It And Why Is It Here?

The Cardiopulmonary Institute is a division of King's Daughters' Medical Center that was established to coordinate and enhance cardiac and pulmonary care in the Tri-State region.

Its mission is to develop and improve relationships between family physicians and specialists, provide physician education, and strengthen continuity of care for patients. Simply put, this will result in you and your family receiving better cardiopulmonary care than ever before.

Why is it here? Well, we established the Institute here for one simple reason: too many people were having to travel too far for high-quality cardiopulmonary care. We wanted to offer that same level of care, close to home.

Our Expert Staff

As part of a plan to constantly increase the number of top physicians practicing at King's Daughters', we sought out and recruited specialists from such prestigious medical centers as the Mayo Clinic, the Texas Heart Institute and the Deborah Heart & Lung Center.



Blocked artery before balloon angioplasty. Cleared artery afterwards.

We also recruited additional nurses and staff members with specialized training in areas such as Advanced Cardiac Life Support and Critical Care Nursing. In fact, we even have a nurse on our staff whose sole responsibility is providing critical care education and training.

Diagnostic Equipment And Procedures

A major part of establishing the Institute was our commitment to investing in the latest diagnostic equipment. Equipment that allows physicians to examine patients more thoroughly than ever before. And enables them to better prescribe treatment.

Our new cardiac catheterization laboratory helps physicians here assess the pumping function of the heart and examine the coronary arteries, up close via video monitors. And our Picker triple-head nuclear camera gives physicians 3-D images of the heart, which makes it easier to diagnose heart problems.

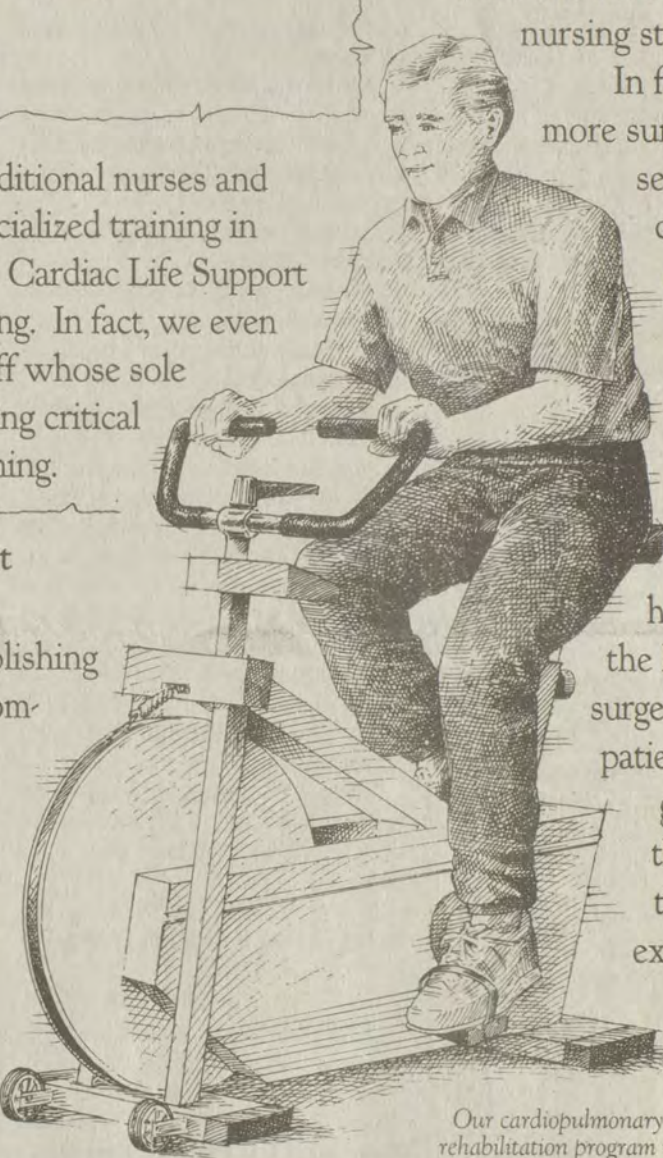
Holter monitoring allows our physicians to assess heart rate and rhythm, and evaluate blood flow over an extended period of time, usually 24 hours.

Finally, we use the stress EKG, commonly known as a stress test, to diagnose cardiac functional capacity (how well your heart handles physical stress).

Invasive/Interventional Procedures

If testing determines a patient is at risk of heart attack or other cardiac problem, one of several procedures may be prescribed as treatment.

Two of the most common procedures are angioplasty and athrectomy. Angioplasty involves inserting a tiny balloon into a clogged artery and inflating it in order to create an opening and increase blood flow. Athrectomy is a procedure in which plaque buildup is literally 'scraped' off arterial walls and removed.



Our cardiopulmonary rehabilitation program is designed to recondition the heart and get patients back on their feet.

Open-Heart Surgery

Sometimes, diagnostic tests show that a patient requires open-heart surgery, a very serious operation. And that's exactly how our physicians and staff have approached every one they've performed since the Cardiopulmonary Institute was established.

In the relatively short time the Institute has been open, we've already faced some very serious operations. And so far, our open-heart program has been a huge success, due to the skills and hard work of the surgery team, nursing staff and other support staff.

In fact, we're preparing for even more surgeries this year by training a second team of nurses for cardiothoracic procedures and equipping a second operating room for open-heart surgeries.

Cardiopulmonary Rehabilitation Program

Cardiopulmonary Rehab is an integral part of the comprehensive care provided here at the Institute. After open-heart surgery and other cardiac procedures, patients complete a supervised program designed to recondition the heart and maintain fitness through proper diet and regular exercise. Cardiac rehab helps us

ensure that our cardiology patients learn how to stay healthy. Support groups such as NoSmoke and Mended Hearts, Inc. are also available free for cardiology patients and their family members.

Take Care Of Your Heart

While we're extremely proud of The Cardiopulmonary Institute, we sincerely hope you'll never have to use our services. If you watch what you eat, get plenty of exercise and don't smoke, you may never have to.

But the fact remains that cardiopulmonary disease is a big problem in the United States. And especially here in Kentucky. That alone should be cause for changing your lifestyle and taking better care of your heart.

For more information on services, call 327-4652. The Cardiopulmonary Institute is conveniently located at King's Daughters' Medical Center in Ashland. Which means that should you ever need cardiopulmonary care, for whatever the reason, your heart truly is in the right place.



Now you can find expert cardiopulmonary care this close to home.

CARDIOPULMONARY INSTITUTE
AT KING'S DAUGHTERS'

Federal-State Market News Wednesday, April 7, 1993 Gateway Livestock Market

Cattle weighed at time of sale. (Compared to last week) Slaughter cows, steady; slaughter bulls, firm to \$1.00 higher; feeder steers and heifers, steady.

SLAUGHTER COWS: high Cutter and boning Utility, 1-3, \$46-50; Cutter 1-2, \$43-46; Canner and low Cutter \$37-43.

SLAUGHTER BULLS: individual yield grade 1, 2180 lbs. indicating 83 carcass boning percent, \$67.25; yield grade 1-2, 1355-1930 lbs. indicating 78-80 percent, \$58.50-62.

FEEDER STEERS: Medium to Large Frame No. 1, 300-400 lbs., \$105-115, 400-500 lbs., \$97.50-108; couple 415 lbs., \$111; 500-600 lbs., \$89-102; package fleshy offerings 567 lbs., \$85.50; 600-700 lbs., \$85-89; load mixed Medium and Small Frame No. 1-2, 666 lbs., \$83.10; Small Frame No. 1 285-400 lbs., \$90-105; 400-500 lbs., \$86-92; 500-605 lbs., \$80-86.50; Medium Frame No. 2, 300-400 lbs., \$89-96; 400-500 lbs., \$85-91; 500-650 lbs., \$77-81; Large Frame No. 2, Holsteins, package 495 lbs., \$79.50; few 515-590 lbs \$73-77.50.

FEEDER HEIFERS: Medium to Large Frame No. 1, 300-400 lbs., \$91-100; 400-500 lbs., \$87-95; 500-600 lbs., \$83-88; 600-700 lbs., \$78-83.50; Small Frame No. 1, 300-400 lbs., \$80-88; 400-500 lbs., \$78-83; 500-600 lbs., \$75-82; package 668 lbs., \$72.50; Medium Frame No. 2, 400-500 lbs., \$77-81; 500-665 lbs., \$70-77.

STOCK COWS AND CALVES: Medium and Large Frame No. 1, indicating 3-8 years of age, with 125-325 lb. calves at side, \$700-920 per pair. Medium and Small Frame No. 1-2, indicating 5-10 years of age, with 95-275 lb. calves at side, \$460-700 per pair.

STOCK COWS: Medium and Small Frame No. 1-2, indicating 3-10 years of age and bred 2-8 months, \$365-740 per head.

BABY CALVES: \$30-202.50 per head.

Farm & Family

To remodel or not? No obvious answer

Remodeling your house will add space to your home, make your life more convenient, and increase future resale value, right?

Well—maybe. Then again—maybe not.

Remodeling a home is an expensive, time-consuming process which may be justified in one homeowner's circumstances—and not for another,

said Bill Murphy, Extension housing specialist with the University of Kentucky College of Agriculture.

"Why put all that work and money into remodeling a home if it isn't in the right place?" Murphy said. "A homeowner might be better off putting the remodeling money toward the purchase of a house in a better location."

Murphy offered a "checklist" of questions on location which should be answered before the remodeler begins:

*Is my house convenient to places I go—schools, parks, shopping, church, etc., so that I want to stay in this area?

*Is it a good neighborhood where property values will stay up?

*Is my location free from heavy traffic, dust, noise, odor or other forms of pollution?

*Is the property free from the threat of flooding?

*Is the neighborhood zoned for residential use only, or are any new businesses planned?

*Is the lot graded so that moisture drains away from the house and any planned additions?

*Is the view pleasant? Can you expect it to stay that way?

*Is it easy and safe to get into and out of the driveway?

O.K., Mr. Homeowner, you've asked and answered those questions and you're sure you'll be content with the location you have for a long time. Should you get out the hammer and nails and start remodeling?

"The question still is not clear," Murphy said. "There are a lot of other checklists that need to be answered which deal with individual situations, lifestyles, housing structure, design, financing and other factors."

Planning is the top priority for beginning a remodeling project, he said.

To help potential remodelers plan, Murphy said other checklists are available in the Cooperative Extension Publication HE4-121, "To Remodel or Not?" available at the county Extension office.

Check Your Home

by Ray F. Cawood

If you buy a home, ask the seller whether or not any foam insulation is urea-formaldehyde and whether any such insulation might have been installed earlier and removed.

This is one of the things our engineers check for while inspecting a home because urea-formaldehyde foam leaks, or "gases out" harmful gasses, especially during the first two years after installation.

Does your basement or crawl space have exposed rock? If so, you might

want to have the area checked for radon, because exposed rock is a frequent source of radon. Radon kits can be bought. If radon levels are high, ventilation can usually take care of it.

Ray F. Cawood, a civil and structural engineer, can answer general-interest questions in his column but cannot make personal replies. Send your questions to him at Criterium-Cawood Engineers, P.O. Box 1560, Harlan, Ky. 40831.

County Harvest

Fruit growing

Homeowners who grow some or all of their own fruit can enjoy excellent eating quality and ensure a fresh supply of produce even when it is not available in the marketplace. Besides being appetizing, fresh fruits provides vitamins, minerals, carbohydrates and fiber, which are all impor-

tant to the human diet. If you carefully select the kinds and varieties to plant, fresh fruit will be available most of the summer and fall.

Although growing fruit at home has many advantages, you must also plan carefully, follow exacting requirements for care and give your planting almost constant attention.

Your success or failure will depend on having:

- (1) well-drained soil of adequate depth;
- (2) a location where the air does not stagnate, so that you can avoid late spring frosts;
- (3) kinds of fruit adapted to Kentucky conditions
- (4) varieties with some disease and insect resistance;
- (5) adequate control of weeds, diseases and insects;
- (6) time to give your fruit plantings the care they need.

Without these requirements, DO NOT attempt growing fruit at home. Kentucky weather, especially the fluctuating warmth and cold in the spring, jeopardizes even the best maintained fruit planting; occasionally late spring freezes completely wipe out entire crops. Only if you are willing to gamble with the weather and work with plants regularly should you plant fruit.

For more information on growing fruit, stop by Floyd County Extension Service office and pick up a copy of HO-64.

(Information provided by the Floyd County Extension Service)

To till or not to till

Many gardeners assume that to be successful you must till the soil to bury any weeds or crop residue on the soil surface and to have a smooth seedbed. This smooth seedbed is necessary for very small-seeded vegetables such as beets, spinach, lettuce, carrots and radishes and for most root crops. Larger-seeded species such as lima beans, snap beans and corn and many transplanted species such as tomato, pepper, broccoli and cauliflower can become established and produce an abundant harvest without tillage. Gardeners should take advantage of no-tillage vegetable gardening for several reasons: (1) continuous tillage results in loss of soil organic matter, (2) continuous tillage with power driven tillers often destroys soil structure and increases soil compaction, (3) tillage requires more labor, (4) a mulch of cover crop residue or straw conserves soil water,

and (5) this mulch can be a valuable asset in weed management.

Organic gardening and pest control

Organic gardeners emphasize using natural mineral and organic fertilizers rather than synthetic ones like (5-10-5) to build their soil. Likewise they do not use synthetic chemicals (like Sevin) for pest control. Whether you are an organic gardener or just use some organic gardening principles, there are plenty of methods and guidelines to go by.

For more information on organic gardening and pest control, stop by Floyd County Extension Service office and ask for a copy of HO-72.

(Information provided by Floyd County Extension Service)

Ratliff's Farm Supply

April 15th is
FREE CHICK DAY
Get 10 free chicks with purchase of one 50-lb. bag chick starter

S. Lake Dr. • Prestonsburg
886-2450

APRIL 12-18, 1993
EGG SALAD WEEK

THE OLD FARMER'S THIS WEEK WITH ALMANAC

THE BIG WIND

These blustery days are a welcome sign of spring. However, the wind becomes a damaging force at about 39 miles per hour. According to Beaufort's Scale of Wind Speeds (used by the National Weather Service) any wind of more than 75 mph is a hurricane. Although extreme wind speeds in tornadoes and hurricanes have never been fully measured, they have been estimated at around 200 mph. One spring day, the wind broke its own record. On April 12, 1934, a gust of wind on Mount Washington in New Hampshire, was measured at 231 mph. It was "the strongest natural wind ever recorded on the earth's surface." Not a good day to fly a kite!

Many can brook the weather that love not the wind.
— Shakespeare

THE OLD FARMER'S WEATHER FORECAST

NORTHEAST:
Cold, showers and light snow; seasonable; snowstorm west.

SOUTHEAST:
Cold, sunny and warm west; cold and rainy coast; snow mountains; clear and cold Florida.

MIDWEST:
Seasonable, showers, snow north, then clear and cold.

NORTHWEST:
Cold, rain and snow; clearing and seasonable mountains, then colder, rain and snow, heavy rain coast.

SOUTHWEST:
Cold and rainy, then clearing and seasonable; cool, showers, clear desert.

TIP OF THE WEEK

A paste of vinegar and baking soda will often remove "ring around the collar."

EARTHWISE

Specialized cleaning problems don't always require specialized products. You can make your own anti-mildew and disinfectant scouring powder. Combine 1/2 cup baking soda and 1/4 cup borax. Wet the affected area, sprinkle on the powder, and scrub with a damp sponge. If the area is very dirty, allow the powder to stand for several hours before rinsing. This cleanser is inexpensive and nontoxic, is safe for fiberglass, and deodorizes too!

SALMON STUFFED EGGS

8 hard-boiled eggs
1 teaspoon dry mustard
1 teaspoon vinegar
4 tablespoons mayonnaise
2 ounces smoked salmon, chopped
salt and pepper to taste
paprika for garnish

Slice eggs in half lengthwise. Remove yolks into a bowl and mash with a fork. Mix dry mustard and vinegar to form a paste, then add to yolks with mayonnaise, salt, and pepper. Stir in chopped salmon and gently mound into egg whites. Sprinkle with paprika.
Makes 16 halves.

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YOU CAN WIN A SMALL FORTUNE IF YOU HIT

5

CASH

\$100,000

Drawings on Tuesdays and Fridays.

Magic Mart

PIKE COUNTY'S BEST

HILLBILLY DAYS SALE

SALE DATES APRIL 14 THRU APRIL 18

GOSPEL TONES

Singing in
Magic Mart
Parking Lot
5 till 8

Friday, April 16, 1993

LADIES JEAN SPECIAL

CHOOSE FROM SEVERAL STYLES AND COLORS OF BLUE DENIM.



\$4.99

7-3

TATUNG

36" WHITE CEILING FAN

3 SPEED, BRASS TRIM, LIGHT KIT ADAPTABLE

\$16.99

ENCORE™ 7E-5
by Hoover
Upright Vacuum Cleaner

LIGHTWEIGHT, BRUSHED EDGE CLEANING BOTH SIDES, TOP-FILL EASY CHANGE BAG, AUTOMATIC HEIGHT ADJUSTMENT.

U4245

\$55.97

3-2

RUSTLER

MEN'S JEANS

BASIC 5 POCKET RIGID DENIM JEANS

\$7.99

9H-1

ELECTRIPAK

SECURITY LIGHT

AUTOMATIC DUSK TO DAWN OPERATION, MERCURY VAPOR.

\$21.67

1-3

HILLBILLY DAYS TEE'S

AN ASSORTMENT OF HILLBILLY SCREENS IN MEN'S AND LADIES SIZES. ASSORTED COLORS TO CHOOSE FROM.

\$6.99

7E-1

GoldStar

25" COLOR TV
with Remote Control

HIGH CONTRAST DARK GLOSS PICTURE TUBE, RANDOM ACCESS REMOTE CONTROL, 181 CHANNEL CABLE COMPATIBLE TUNING, ON-SCREEN DISPLAY, AUTO PICTURE CONTROL, SLEEP TIMER.

\$299.99
CMT2565A

5-2

CANVAS CRISSY OXFORD

YOUR CHOICE OF WOMEN'S WHITE, BLACK, OR DENIM AND MISSES WHITE AND FUSCHIA SIZES.

\$3.97

3-3

BANDANA HANDKERCHIEFS

2 PACK IN YOUR CHOICE OF RED AND BLUE

\$1.99

6H-1

BLEACH
ONE GALLON

Bi-Rite

59c

6C-1

COKE PRODUCTS

COKE AND COKE PRODUCTS IN 12 PACK CANS

\$2.88

6C-2

KEN-L-RATION CHOICE BLEND

20 LB. BAG
PRE-PRICED \$5.99

\$3.99

6H-2

PAPER TOWELS
SINGLE ROLL

Bi-Rite

29c

7E-3

uniden

BEARCAT SCANNER

50 CHANNEL/5 BANKS AND 12 BANDS, LCD FREQUENCY DISPLAY, WX SEARCH, TRACK TUNING, MEMORY BACK-UP.

\$169.99
BC855XLT

9-3

SPECIAL BUY

ROYAL PARK GLIDER

\$55.44
COMPARE AT \$79.99

6H-3

KLEENEX TOILET TISSUE
12 ROLL PACK

\$2.47

8-1

ZEBCO

33 SPINCAST COMBO

\$19.99

8-2

FISHING RODS

A) SIGNATURE CASTING ROD
B) SIGNATURE SPINNING ROD

YOUR CHOICE **\$4.99**

9-1

PERTH RESIN CHAIRS

WHITE ONLY **\$5.00**

8F-3

ALL STEEL FOLDING CHAIR

ALL STEEL CONSTRUCTION, FOLDS EASY FOR STORAGE

\$6.67

8F-4

PARK BENCH

12 SLAT BENCH, CAN BE USED INSIDE OR OUT.

\$39.88

Golden Ages

Eat right, older Kentuckians

Over 736,000 Kentuckians are over 55 years of age; this group comprises 20 percent of the population. So March, Kentucky Nutrition Month, is a good time to review what eating right means for older Kentuckians.

As people become older, there is a general tendency to eat less vegetables and fruits and drink less milk. We need to encourage the opposite: eat more vegetables, eat more fruits and drink more milk, especially low-fat milk. Vegetables and fruits are important sources of vitamins C and A (beta-carotene), two vitamins with disease-fighting antioxidant properties. Dietary fiber or roughage also provided by vegetables and fruits is an important dietary component for older people as it can replace laxatives that some depend on for regularity.

Since the incidence of osteoporosis increases as people age, it is important for older people to include foods that provide calcium—such as low-

fat milk and main dishes, soups, desserts and snacks made with milk. Macaroni and cheese, milk-based tomato soup, frozen yogurt, pudding and ice milk are examples of foods which provide calcium.

Older people need fewer calories than middle-aged or young adults because of declining basal metabolism and decreased physical activity. When energy intake is decreased, it becomes important to select nutrient-dense foods to assure that the need for other essential nutrients will be met. There is less room for empty-calorie foods such as sugar, sweets, fats, oils and alcohol. And there is less room for foods high in fat. Instead, older Kentuckians can eat better by choosing more servings of grain products like breads, cereals and pasta. These foods provide complex carbohydrates, and the whole-grain variety furnish dietary fiber, vitamins and minerals as well.

Lean meat, poultry or fish to provide protein and other important nu-

trients round out the eating right pattern for older Kentuckians.

Information provided by the Floyd County Extension Service.

SHOESHINE TIP—If you need a quick shoe shine, use petroleum jelly. Rub in on patent-leather shoes and buff. Patricia V., Beaumont, Calif.

PURSE ORGANIZER—The purse I carry is quite large, but I need it to carry various items, such as lipstick, nail clippers, aspirin, etc. Finding these items when I needed them proved to be a pain, so I came up with an easy solution.

I took a gallon-size, self-closing plastic bag and put all the small items from my purse into it. Now I can pick up the bag and look through the sides to find what I need right away. It also makes it easy when I change purses. The bag can be left in my car to make the purse lighter when I have to shop. Bunny W., Chicago, Ill.



Celebrate 25th anniversary

Mr. and Mrs. Ron Cox celebrated their 25th wedding anniversary on April 5 with a dinner hosted by their daughter and son-in-law, Melissa and Dirk Backer. They were married in Huntington, Indiana, April 5, 1968 by clergyman Donald Hickey at the Baptist Church. Their anniversary cake was decorated with white roses and silver leaves. They received many nice gifts.

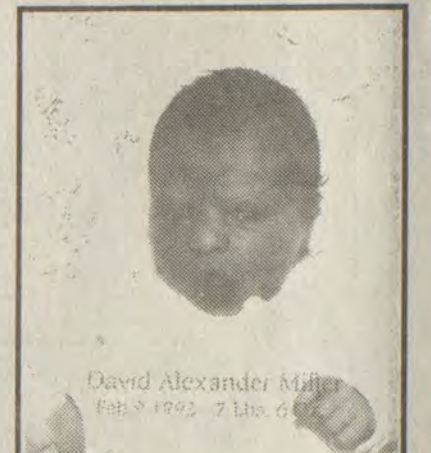
Home tips

RECIPE SWAP—When I request a copy of a recipe from a friend, I send a plain, self-addressed, stamped postcard on which to write the recipe and then mail it.

This way I'm sure I get the recipe. I also don't have to recopy it since the postcard is the same size as most recipe-card boxes. Kate R., Birmingham, Ala.

SCRUBLESS CLEANING—Liquid automatic dishwasher detergent removes burned-on grease and food from barbecue grills, pots and stove reflector pans.

I soak the dirty item overnight in a strong solution of dishwasher detergent and water. The grease and food just floats off! To remove any dirt that may remain, I scrub with nylon net. Linda P., Sikeston, Mo.



David Alexander Miller
Feb. 9, 1993 - 7 lbs., 6 oz.

Mr. and Mrs. William A. and Marlean Miller of Paintsville would like to announce the birth of their son, David Alexander Miller, on February 9, 1993 at the Pikeville Methodist Hospital. David weighed 7 lbs., 6 ozs. He is the grandson of Franklin O. and Shirley Miller of Pike County, and Arnold and May Hicks, also of Pike County.



Combination of tests needed to judge driving skills, study finds

The driving ability of older people cannot be judged just by age or clinical diagnosis by a doctor. Instead, a combination of tests that measure cognitive or thinking skills and driver knowledge are more accurate, suggest researchers in the study available from the Blue Grass Auto Club Safety Foundation.

Scores on driver knowledge tests (such as identification of road signs) and on cognitive tests, especially those that measure sustained attention, best showed how well a person could drive. Titled "The Impact of Cognitive Decline and Dementia on Driving in Older Adults", the study was conducted at University of Rochester (N.Y.) and used subjects ranging from age 57 to 97. It focused on cognition, which is the ability to think or process information. Dementia is

the deterioration of cognition, and includes symptoms of forgetfulness and inability to focus attention.

Half the subjects were volunteers and the other half were referred to the program because of suspected early dementia. Up to 10 or 15 percent of those over age 65 may have some significant impairment in their cognitive or thinking skills that could affect driving. About one out of four drivers are now age 55 or older and by the turn of the century, that will increase to one out of three drivers, making older people the fastest growing group of drivers. "By objectively measuring an individual's driving skill, those who can drive safely are not penalized for problems they may be having because of forgetfulness or problems with their attention span. That can be especially reassuring for older drivers and for family who may be concerned for their safety," said Lilla S. Mason, executive secretary for the Blue Grass Auto Club Safety Foundation. One out of four of the study's subjects diagnosed with early symptoms of dementia were still able to drive safely, according to the test results. In addition to tests, the study found the tendency to drive fewer miles and frequent use of strategies to compensate for poor memory and sustained attention showed a person may not drive safely.

As part of the study, subjects were evaluated by a certified driving examiner. Their scores on state driving tests were compared to their performance in visual and cognitive screenings to see how well each reflected actual driving performance. The tests given in the study covered the following areas: cognitive, visual-perceptual abilities, attention and distraction tasks, and behind-the-wheel driving assessment by a certified driving examiner. While most passed the visual acuity screening, most failed to meet the standard for night/glare vision. This implies it is important to screen vision several ways, not just for acuity (which is the ability to see a fixed object). For more information or a copy of the study, call the Foundation at 233-1111 (outside Lexington 1 (800) 568-5222).



Stapleton-Howell to wed

Tom and Louise Stapleton of Staffordsville, announce the forthcoming marriage of their daughter Sandra Kay, to Kelvin Blake Howell, son of Monford and Roma Lou Howell of Grethel. Kelvin is employed by Jones Branch Coal Company and is a 1989 graduate of Betsy Layne High School. Ms. Stapleton is a student at Prestonsburg Community College and is a 1991 graduate of Johnson Central High School. The wedding will be solemnized Saturday, April 17, at two p.m. in the afternoon, at the Zion Old Regular Baptist Church, Grethel. A reception will follow at the church. The custom of an open church wedding will be observed.

Wells-Blackburn

Ms. Joan Ann Wells of Paintsville announces the engagement and forthcoming marriage of her daughter, Angela Wells, to James Lane, son of John and Lenora Blackburn of Prestonsburg. Miss Wells is a 1992 graduate of Johnson Central High School and is attending Morehead State University. Mr. Lane is a 1991 graduate of Prestonsburg High School. He is employed by Beattyville Children's Home. The wedding will be held April 16 at 7:30 p.m. at the New Bethel Free-will Baptist Church in Paintsville.

To tell the truth about Alzheimer's

If you had a serious illness, even an incurable one, would you want to know right away? What if you had Alzheimer's disease? Its effects vary drastically, there are no treatments for it, and by the time doctors are certain of their diagnosis, the patient may not understand or be able to deal with the bad news.

In a recent issue of the New England Journal of Medicine, Margaret A. Drickamer and Mark S. Lachs argue that it's in the best interest of patients to tell them as soon as there's reason to suspect a diagnosis of Alzheimer's. Even if early warning can't prevent the disease, it gives patients time to settle their affairs and make informed decisions about future treatment.

If you suspect that you or someone in your family may have Alzheimer's, urge your doctor to be as truthful as possible.

(Excerpted from the Edell Health Letter.)



Birth announced

Tyler Kendall Lerman was born at 10:17 p.m. Friday, November 27, at Crouse Irving Memorial Hospital in Syracuse, New York. He weighed 8 lb. 12 oz. and was 20 inches long. He is the son of Stephen and Rebecca Warrix Lerman of Syracuse, New York. Tyler is the grandson of Minnie Warrix of Prestonsburg, Fred and Marilyn Lerman of Fayetteville, New York. He is also the great-grandson of Rebecca Miller of Prestonsburg, Dave and Martha Lerman of Syracuse, New York.



Award winner

The United States Achievement Academy announced recently that Tiffany Leigh Conn has been named a United States National Award winner in English. Conn, who attends Adams Middle School was nominated for this national award by Ms. Janie Lyons, an English instructor at the school. She will appear in the United States Achievement Academy Official Yearbook, published nationally. She is the daughter of Steve Conn of Arkansas Creek and Susan Allen of Prestonsburg. Grandparents are Lola Conn of Arkansas Creek and the late Thomas Conn and the late Rudolph and Ella Lee Bradley.

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THURSDAY, APRIL 15TH

12 Noon—Music in park begins. All musicians welcome. Featured performers include Larry Webster's Mule Band.

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5 p.m.—Official Welcoming Ceremony

7 p.m.—Kentucky Opry Performance.
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Pike County Tourism Office.

FRIDAY, APRIL 16TH

10 a.m.-11 p.m.—Music in Park

10 a.m.-5 p.m.—Rafting through Pikeville cut-through. Sign up in City Park.

5:30—Music and Dance Contest

SATURDAY, APRIL 17TH

9 a.m.—Fun Run and 10k Run—Sponsored by Citizen's Bank of Pikeville

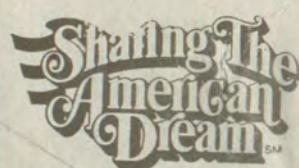
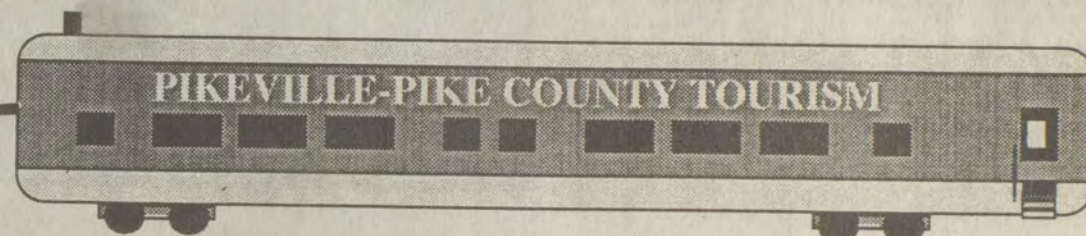
Antique Car Show—Hardee's Lot
Political Forum—"Stump Meeting" on courthouse steps

10 a.m.—Music in Park

2 p.m.—Shriner's Hillbilly Parade

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Business

The Floyd County Times

Wednesday, April 14, 1993 D 1

BRUCE WILLIAMS SMART MONEY

DEAR BRUCE: I would like to apply for a patent. But with the advent of the fax machine, I'm concerned about finding an attorney I can trust. An unethical patent attorney could fax an idea to anyone, almost anywhere, and it could be patented and produced before I even receive a patent application.—E.P., Hanoghi, Tenn.

DEARE P.: Not to worry. Patent attorneys are in the business of securing patents for their clients, not stealing their ideas.

As for the fax machine, before it existed, we had courier services; before that, the postal system; before that, the Pony Express. If someone wants to steal something, technology is not going to make a whole bunch of difference.

Check the credentials and the references of your patent attorney, and I'm sure you'll find that you have nothing to fear in that regard.

I've often wondered which group is more paranoid— aspiring inventors or aspiring writers. Both seem absolutely persuaded that someone is going to steal their ideas. It rarely happens.

DEAR BRUCE: I am writing in reference to a real estate transaction that didn't materialize.

Our loan was approved to purchase a home through a real estate firm. The loan company called my husband's job the day before the closing, to check on his job status. His salary had been reduced. This had just occurred, making it impossible for us to qualify for the loan. The loan had been approved, as I mentioned. But now they tell us that it is disapproved.

The real estate agent told us that if we fail to purchase this house, we will have to give her \$5,000. She told us to come to her office with the money, or she will sue us. We've already paid a \$1,000 deposit. In addition, the real estate agent arranged for an attorney to represent us, and she says that she also has to be paid. We feel that we should get our deposit back. Can you help us?—C.L., Dusan, La.

DEAR C.L.: Of course, you're entitled to your deposit back.

In every real estate contract that I have seen, there has been what is called a mortgage contingency. Usually once the mortgage has been granted and the application approved, that is the end of it. But also, in the fine print you will find that you are obliged to notify the loan company if there is any material change in your employment status, etc.

Clearly, in this instance, there was a material change (your husband's decrease in salary). They have every right to then say that the mortgage transaction will not be concluded.

In that this is not your doing, you are entitled to any and all deposits that have been paid, and neither party has a claim on the other.

I think your real estate agent is misinformed, and perhaps should be reprimanded by whatever agency licenses such people in your state.

While I can understand that they are upset about losing their commission, that is the way things go. Deals do come apart sometimes. Clearly, no one was at fault in this instance.

When a deal collapses like this, in conformance with the contract, everybody should walk away as unscathed as possible. That means, in your case, all deposits should be returned.

Certainly no commission has been earned by the real estate agent.

(Send your questions to: Smart Money, P.O. Box 503, Elfers, FL 34680. Questions of general interest will be answered in future columns. Due to the volume of mail, personal replies cannot be provided.)

Staying Power
When weekly newspaper readers were asked, "How long do you keep the paper around the house?" 78 percent responded "at least three days," and 45 percent of those "until the next week's issue."

Shopper Attitudes in Kentucky, 1991
The Preston Group, Lexington, Ky.

Volunteers at Our Lady of the Way Hospital

by Polly Ward
and Janice Shepherd

For the last one and a half years, Linda Spurlock of Martin has worked for four hours three days a week as a volunteer at Our Lady of the Way Hospital. "I used to be an employee in housekeeping for three years," she said. "This place grows on you. It feels like family. I like to do things

and I think its helping everybody."

She and Melissa Hancock, also of Martin, volunteer their time selling lunch tickets, working in the gift shop and at the front desk.

Hancock works usually from 10 a.m. until 4 p.m. and said that her work "gives me something to do."

Pauline Williams of Allen has worked at OLW for 34 years as a nurse technician. A car accident left

her unable to work full-time, but she has one hundred five hours of volunteer service.

"I'd rather have her than an RN," said Waneta Newsome, RN, director of volunteer services at OLW. "She's smart. I could put her doing anything. She helps me a lot."

Two of the ways Williams helps is working bake sales to fund a Memory Tree project for families of deceased employees. She also helps with lunches.

Spurlock, Hancock and Williams are just a few of the several volunteers at OLW who give their time in an effort to provide services which supplement the services of the basic staff.

OLW, located at Martin, is a Catholic sponsored facility owned and operated by Sisters of Charity of Cincinnati, Ohio. Newsome has directed the volunteer department for five years and presently she supervises twelve adults and six teenage volunteers.

"In the summertime, we have as high as eight to ten teens who volunteer," said Newsome.

Teen volunteers must be at least 13-years-old, although children of employees can be younger because they have parental supervision. "I've seen teenagers volunteer at age 13 and who stayed on as volunteers until they graduated from high school," said Newsome. "I've watched them mature. Some have had 700 hours. A lot of them wanted them to be doctors."

"Volunteering is a rewarding experience," said Newsome. "It is very important for teenagers who work in the hospital because they get to see what goes on. It helps them get their life in shape by giving their lives more focus and direction."

She said she enjoys working with children. One reason is that "Maybe when they grow up, they'll want to go into a medical field," said Newsome.

For instance, Jane Gray was a vol-

unteer who is now studying to be a nurse. Kris Rudder is a student who has volunteered 1,000 hours and has become interested in a career in a medical field.

Volunteers may be used in the accounting/billing department, dietary, medical records, lab, radiology and nursing services. Also, volunteers deliver meal trays to patients and take patients to and from the radiology department.

Elder Frank Gossett of Southern California and Elder Royce Munroe of Tempe, Arizona, missionaries of The Church of the Latter Day Saints, see their volunteer work as providing community service.

"I like helping people here," said Gossett. "There is southern hospitality here."

"People here have time to talk," Munroe said. "In Kentucky, everybody has a good story."

As for duties, "We do whatever the ladies tell us to do — the 'dirty work'," he smiled.

"We work in medical records and everywhere else they send us," said Gossett.

The missionaries serve two to six months in the tri-state area of Ohio, Illinois and Kentucky. Altogether, elders of the church have put in three hundred twelve hours on a rotating basis since March 1992.

Newsome has worked at OLW for 45 years and her son, Norman, thinks that it's time for her to retire. She disagrees. Her ties to the hospital are too strong. "My children were raised in this hospital. My family is a part of this hospital. The sisters have taken care of them. The sister have said that they have done a pretty good job raising my children," she laughed.

Even Newsome's grandchildren have been volunteers at the hospital. "Everyone but Jane," Newsome said. "She's five."

The volunteers will receive special recognition in July with a reception at the hospital. "This month (April) is volunteer month," said Newsome, "but we delay the ceremony until July so the teens can participate. The teenage volunteers are very important to the hospital."

OLW has two other events coming up, both in May. A benefit dinner will be held at the Holiday Inn, Prestonsburg on Saturday, May 15 at 6 p.m. The next day, Sunday, May 16, the 45th anniversary of OLW will be celebrated with an old-fashioned, family-style picnic. Festivities include an award ceremony, a performance by the Kentucky Junior Opry, free lunch, hospital tours, free health screenings, games and prizes.

Anyone interested in becoming a volunteer should fill out an application, available at the hospital. Each applicant will be interviewed. "We need volunteers," said Newsome.

For more information about the volunteer program or to make reservations for the benefit dinner, call the hospital at 285-5181, Ext. 346.

TAMARA JONES Women at Work

SPACE—IT'S EVERYONE'S FUTURE: Space-related industries are a major part of the economy, and will soon become one of the dominant factors in determining where and for whom many of us will work in the near future. We're already using products for both the home and the workplace that were developed for the space program, including teflon, pyroceramic cookware, and, of course, advanced computer technology. Women are entering space-related industries in greater numbers, and are expected to become a very large part of that expanding job market. No doubt about it: the opportunities are growing. We'll be developing more products for space use, and deriving more byproducts from space technology. We'll be building gravity-free medical care facilities where some therapies and surgical procedures can be done more effectively than on earth. We'll also be moving out to live in space. To take advantage of all the possibilities, we need to train people so they can be anything from astronauts to accountants, from production supervisors to purchasing agents, and so on.

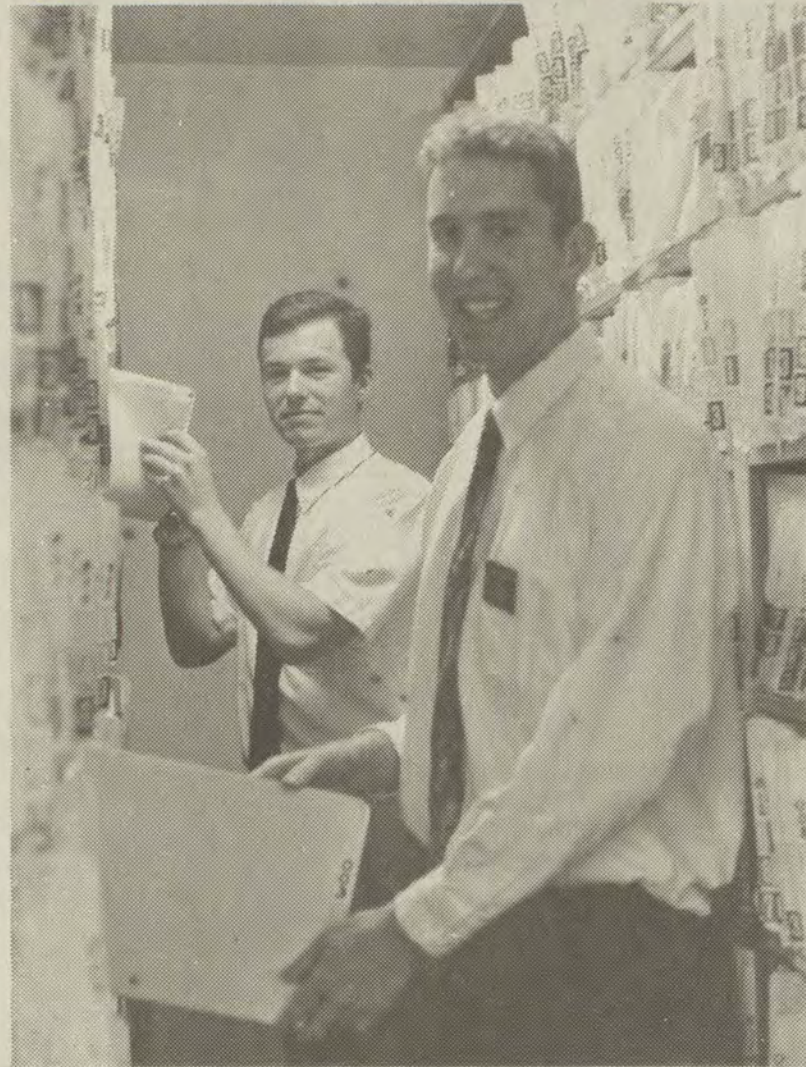
Recognizing the importance space will play in all our lives, Jaime Escalante, the math teacher portrayed in the Oscar nominated film, "Stand and Deliver," has joined with several top stars, including Jackee, Kathy Bates, Esai Morales, "Weird" Al Yankovic, Pat Morita, and Jeffrey Tambor in the PBS production, "Living and Working in Space: The Countdown Has Begun." The program airs March 31.

I asked Jackee, who starred in television's "227," and "The Royal Family," why she became part of the program.

"Because it aims to motivate young people so they can see the opportunities they have," she said. "The more young people we reach this way, the better off they'll be, and the better off the country will be. The program makes it clear that the opportunities aren't limited to men, or to women, or any group or groups. They're open to everyone."

Jackee has a longstanding commitment to education. She's national spokesperson for the Thurgood Marshall Scholarship Fund, named for the first African-American Supreme Court Justice. "It was established in 1987," she said, "to award merit scholarships to students in historically black public universities and colleges. Don't confuse us with the United Negro College Fund which deals with private institutions."

"I recently met two graduates who were part of the first group of winners who were supported for four years at college: Christina Royster and Hiawatha Northington. They're bright, and eager, and I have a lot of good, positive feelings for them."



"Doing the dirty work"

Missionaries Frank Gossett and Royce Munroe are much in demand at the hospital. The two volunteers enjoy working at Our Lady of the Way. (photo by Janice Shepherd)



Desk work

Volunteers Pauline Williams (left), Waneta Newsome, Director of Volunteer Services, Melissa Hancock, and Linda Spurlock, sort invitations to a benefit dinner to be held in celebration of Our Lady of the Way's 45th anniversary. (photo by Janice Shepherd)

MONEY MANAGEMENT

IF YOU CAN'T FILE ON TIME, REQUEST AN IRS EXTENSION

If you're scrambling to find the documents you need to prepare your 1992 tax return, here's a reason to stop rushing around: You can easily obtain an automatic tax-filing extension that will give you four additional months to complete your tax return (but not payment of tax). The Kentucky Society of CPAs points out that obtaining a filing extension may help you to avoid making costly errors, such as overlooking valuable deductions.

The IRS will not single you out for a tax audit simply because you request a filing extension. On the other hand, CPAs warn that the IRS may pay closer attention to a return that lacks proper documentation, such as a W-2 form, or one that contains mathematical errors.

REQUESTING AN EXTENSION


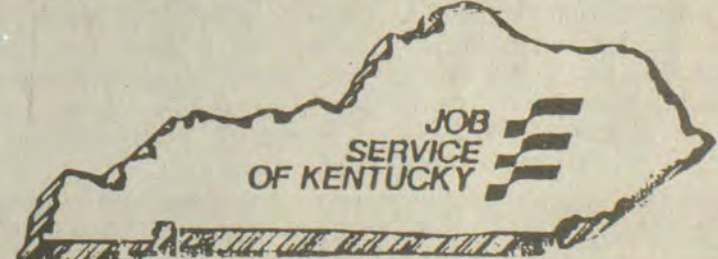
To request an automatic extension, simply complete Form 4868 and send it to the Internal Revenue Service Center designated for your state along with payment of any tax estimated to be due. The form must be mailed by April 15, 1993. This will automatically extend your tax-filing deadline until August 15. It is recommended that you send the extension by certified mail.

If you can't meet the extended August 15 deadline, the IRS may be

willing to give you more time to complete your tax return, provided that you have a good reason, such as illness of yourself or a family member. The reason must be stated in Form 2688, Application for Additional Extension of Time to File U.S. Individual Income Tax Return. CPAs point out that you must file Form 2688 before the end of your original four-month extension. If the IRS agrees to your request, you will be allowed an additional two-month extension until October 15.

U.S. citizens or residents whose tax homes are outside the United States and Puerto Rico are subject to slightly different tax rules. They can automatically extend their filing date and tax payment until June 15. This automatic two-month extension is also available to those U.S. citizens and residents who are in the military or naval service outside the United States and Puerto Rico. To obtain this automatic two-month extension, the filing of Form 4868 is not necessary; these taxpayers must simply attach a special statement to their tax returns showing that they are entitled to such an extension.

However, to request an additional two months to file a return (through August 15), these individuals must also file Form 4868 by June 15 and must clearly indicate "Taxpayer Abroad" on the form.

DEBORAH ALLEN
FIELD OFFICE MANAGER
PRESTONSBURG, KY 41653

DEPARTMENT FOR EMPLOYMENT SERVICES
CABINET FOR HUMAN RESOURCES

Job Openings

Floyd Johnson,
Magottin Martin

JOB TITLE	EXPERIENCE	EDUCATION	SALARY	COUNTY
ART TEACHER	CERTIFIED	16	NEGOTIABLE	AREA
BASKETBALL COACH, GIRLS TEAM	CERTIFIED	16	NEGOTIABLE	AREA
CHEERLEADING SPONSOR	CERTIFIED	16	\$3,000 YEAR	AREA
CASHIER-CHECKER	6 MONTHS	10	\$4.25 HOUR	FLOYD
EMERGENCY MEDICAL TECHNICIAN	CERTIFIED	10	NEGOTIABLE	FLOYD
FAST FOOD WORKER, PART-TIME	NONE	10	\$4.25 HOUR	AREA
FOOTBALL COACH	CERTIFIED	16	NEGOTIABLE	AREA
INSURANCE SALES REP.	NONE	12	COMMISSION	AREA
MEDIA SPECIALIST	CERTIFIED	16	NEGOTIABLE	AREA
MECHANICAL ENGINEER	NONE	16	NEGOTIABLE	FLOYD
MUSIC TEACHER	CERTIFIED	16	NEGOTIABLE	AREA
NURSE AIDE, CERTIFIED	CERTIFIED	12	\$4.60 HOUR	MARTIN-FLOYD
NURSE, L. P. N.	LICENSED	14	\$8.00 HOUR	LAWRENCE
MERCHANTISER DISTRIBUTOR, PART-TIME	1 YEAR (NEED RESUME)	12	\$6.00 HOUR	MAGOFFIN
MEDICAL TECHNOLOGIST	1 YEAR	14	\$11.80 HOUR	AREA
PHYSICIAN INTERNIST	LICENSED	19	\$90,000 YEAR	AREA
PRINCIPAL	CERTIFIED	17	NEGOTIABLE	AREA
PROGRAM AIDE, PART-TIME	AGE 55 OR OLDER	10	\$4.25 HOUR	FLOYD
ROTC INSTRUCTOR	CERTIFIED ROTC INST.	16	NEGOTIABLE	AREA
SCOOP OPERATOR, ELKHORN	1 YEAR	08	NEGOTIABLE	PIKE
ROOF BOLTER	1 YEAR	08	NEGOTIABLE	PIKE

JOB APPLICATION FOR THE WHEELWRIGHT PRISON WILL BE TAKEN STARTING APRIL 15, 1993, DEPARTMENT FOR EMPLOYMENT SERVICES, 443 N. LAKE DRIVE, PRESTONSBURG, KY. 8AM-4:30P, MONDAY THRU FRIDAY.

PRESTONSBURG...443 N. LAKE DRIVE...MONDAY THRU FRIDAY...8AM-4:30PM
 FAINTSVILLE...ROOM 223...COURTHOUSE...MONDAY THRU FRIDAY...8AM-4:30PM
 INEZ...ROOM 100...COURTHOUSE...THURSDAYS ONLY...9AM-2:00PM
 SALYERSVILLE...FIRST FLOOR...COURTHOUSE...MONDAY THRU FRIDAY...8AM-4:30PM

Business/Real Estate

Clinton housing/real estate tax package should be enacted, NAR testifies

The Clinton administration has proposed a useful, well-balanced housing and real estate tax package that should be enacted quickly. That was the message expressed recently by the National Association of Realtors in testimony before the U.S. House Ways and Means Committee.

"The Clinton plan corrects some imbalances that exist in the present system, but it does not undermine justifiable reforms that were enacted in the 1980s," Robert H. Elrod, NAR president-elect said in a statement before the committee recently.

"The package, when enacted, will not create opportunities for abusive tax shelters, and does not carry the potential for reigniting the go-go market that led to overbuilding and see-through buildings," he said.

Elrod, a Realtor from Orlando, Fla., told committee members that while President Clinton's plan for real estate "needs a few refinements," it would help to stabilize property values and help to mitigate the harsh impact current federal tax policy has had on real estate markets. Among the NAR-endorsed tax provisions in the Clinton plan are reforms to the passive loss tax law, permanent extensions of key affordable housing programs and removal of barriers for pension fund investments in real estate.

Elrod expressed support for Clinton's proposal to change the current passive loss tax laws, allowing all individuals who spend at least 50 percent of their time in the real estate business to deduct rental property losses against real estate business income.

However, he recommended an enhancement to the Clinton proposal on debt restructuring, which is contained in H.R. 749, the Real Estate

Stability and Recovery Amendments Act of 1993. This provision would grant some relief to property owners who are unable to support their existing properties and who face the loss of those properties.

Regarding the Clinton administration's proposal to permanently extend the low-income housing tax credit, mortgage revenue bond and mortgage credit certificate programs, Elrod said: "We wish to join the chorus of support... Making the programs permanent removes uncertainty from the states that ably administer these programs, and assures that funds and programs will be available for families of low and moderate income who seek decent, reasonably priced homes."

In the interest of paying for some of the improvements to real estate taxation, Elrod said the association is supporting Clinton's real estate depreciation provisions. Although the President's proposal to extend depreciable lives for real estate is onerous to commercial developers who attempt to amortize the costs of tenant or leasehold improvements, "we accept the changes...with the understanding that they are the means of paying for the President's proposals to improve real estate taxation," Elrod urged Chairman Dan Rostenkowski, D-Ill., and the committee to work with NAR to craft a solution to the problem that would fit within Congress' revenue restraints.

The Orlando Realtor praised the Clinton administration's proposals to attract pension capital to real estate markets. He noted that these proposals mirror recommendations made by Congress and the Bush administration last year.

However, Elrod said the "fine-

print" in Clinton's plan reveals a key missing ingredient regarding Real Estate Investment Trusts (REITs). Changes proposed last year in H.R. 4210 and H.R. 11, would have modified the so-called "five or fewer" rule for REITs. These modifications should be included in the Clinton plan, he said.

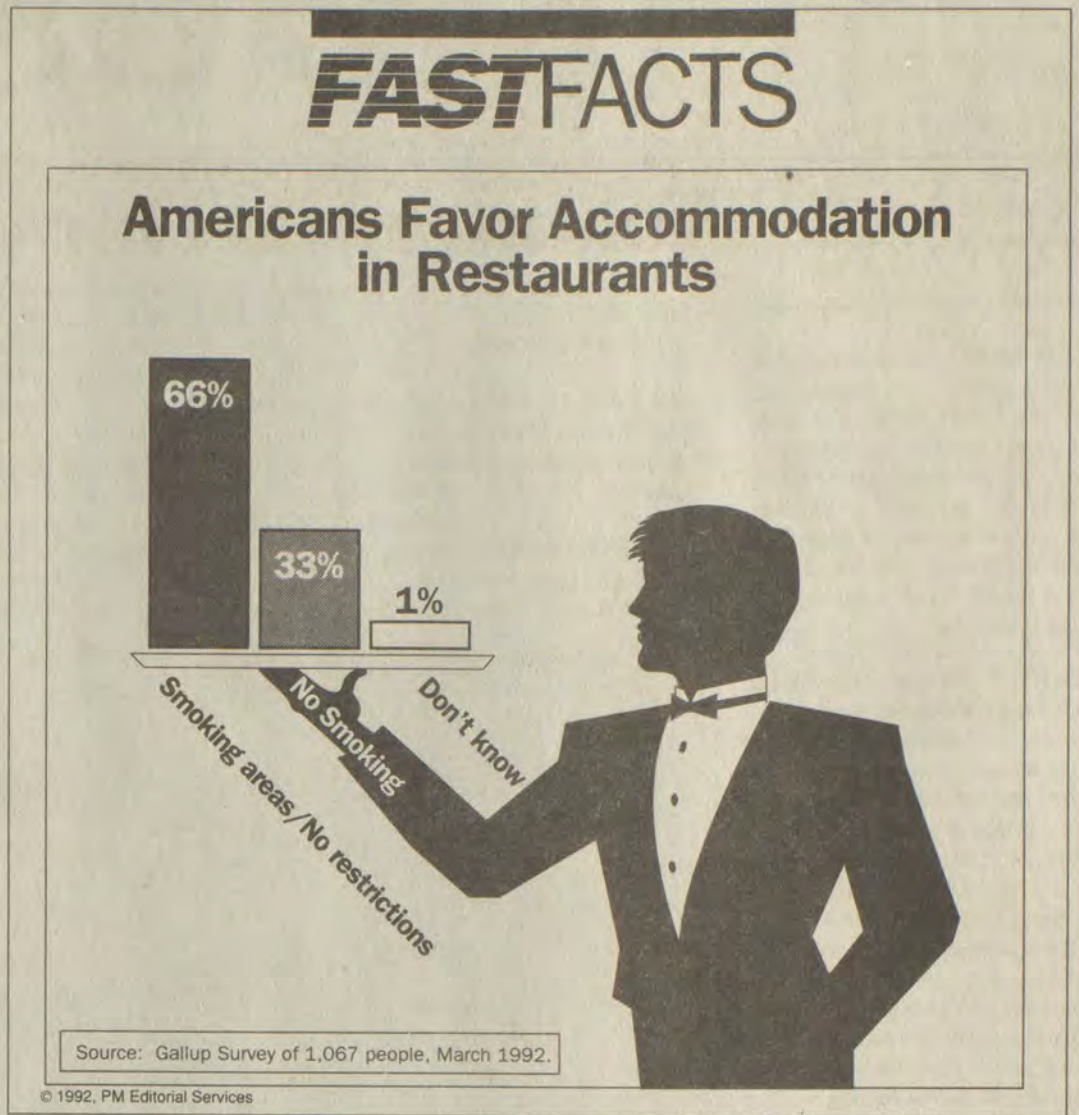
Currently, a U.S. pension fund that invests in a REIT is treated as one investor. That makes it difficult for a U.S. pension to invest in a REIT, because the large block of capital held by the fund could cause the REIT to violate the rule prohibiting five or fewer investors from holding more than half of a REIT's outstanding stock. Oddly, a foreign pension is not treated as a single investor; each beneficiary is counted separately. Therefore, a foreign pension can more easily place a large block of capital in a REIT without violating the "five or fewer" rule.

Elrod also discussed capital gains provisions in his testimony, and he reiterated NAR's opposition to direct and indirect attacks on the mortgage interest deduction.

"While we expressed our displeasure with the cap that was imposed on mortgage interest in 1987, we nonetheless deeply appreciate Chairman Rostenkowski's leadership in holding the line on that cap," Elrod said. He noted that NAR opposed the so-called "Pease limitations," in 1990, which limited itemized deductions, including those for mortgage interest and state and local taxes. "We find this kind of backdoor rate increase particularly odious," he said.

"Similarly, our grass roots rallied in just the last two weeks to oppose the Senate Budget Committee's attempt to...limit itemized deductions," Elrod continued. He urged the committee to follow the lead of the President and leave mortgage interest deductibility alone so the housing industry can continue to lead the nation's economic recovery.

The National Association of Realtors, "The Voice for Real Estate," is the nation's largest trade association, representing nearly 750,000 members involved in all aspects of the real estate industry.



BY CHARLES J. GIVENS

MONEY STRATEGIES

The question when it comes to life, health and disability insurance is not whether you need it, but rather what is the best and least expensive way to buy it. I am often asked, "If a person does not have life, health or disability insurance policies, shouldn't he then carry the extra insurance on his auto policy?"

The answer is neither yes nor no. Yes, it's better than no insurance, but no, what you really need is the right insurance. The solution is to begin immediately to get the coverages you really need. By choosing the right policies at minimum costs, you have both the coverage and huge premium savings.

One problem with including health

and life insurance on your auto policy is that they are single-risk coverages. In other words, you are covered only when you are driving your automobile. If you are in your car two hours or less a day, that is the only time your insurance is in effect.

What you need is insurance that covers you 24 hours per day, 365

days per year.

Strategy: Drop duplicate coverage and premiums paid for medical insurance.

Medical coverage pays for medical expenses caused by a car accident to anyone riding in your automobile including you, family members and non-family passengers.

Now may be the time to "buy up"

High interest rates and home prices in the past have kept home owners from purchasing larger homes. The current real estate market conditions, however, are encouraging for many home owners who want to "buy up" to higher priced homes with more to offer.

If you are considering trading up for a larger and more expensive home, conditions for doing so couldn't get much better. Interest rates are the lowest they've been in two decades, and home prices in many regions are the most affordable they've been in years.

You should consider a few factors before reaching a decision to trade up:

- Can you afford higher mortgage payments and property taxes?
- Is your credit record solid enough to qualify for the probable higher monthly mortgage payments?
- Do you plan to stay in your new home long enough to recoup your investment?

Obviously, you'll need to sell your current home before getting serious about trading up to a new one. A healthy real estate market indicates that you'll have little trouble selling your existing home. The National Association of Realtors reported in August that sales of existing single-

family homes are rising steadily, especially among first-time buyers. Affordable home prices and low interest rates could make the starter home you purchased several years ago particularly attractive.

You'll still need a significant down payment on a new house. If you can afford the up-front cost, you may want to consider switching the fixed-rate mortgage on your old house for an adjustable rate on a new one. This could allow you to trade up without increasing your monthly payments.

The type of mortgage you choose also depends on how long you plan to stay in your new home. A good mortgage lender can advise you on whether a fixed-rate is an advantage if you're planning on staying for more than 10 years. A fixed-rate may be better for long term owners who don't want to worry about rising mortgage payments.

Trading up may not be worth the move if you're planning on living in the new home for only a couple of years. You might have to stay three to five years for your house to appreciate enough to recoup the closing costs.

Conditions for a move-up haven't been this good in many years, and you may not want to wait much longer to consider it.

RATLIFF & LENOX REAL ESTATE

NEW LISTING
Brick ranch with many extras, clean and neat on a well-landscaped 100x200 lot in a lovely residential neighborhood, located close to Prestonsburg. Nice floor plan, large living room, dining room, equipped eat-in kitchen, 3 bedrooms, 2-car garage, full basement, city water, cable TV. Priced reasonably, call for appt. today.

QUALITY HOME
Space—for the buyer who wants big rooms, big closets, extras such as intercom, central vac, covered patio, pool & a large level lot in a good neighborhood. Front entry is slate, liv. rm. has wood-burning fireplace, kit. with abundance of cabinets, family room, den, master bedroom suite, two other bedrooms, utility room and 2-car garage. City water, gas. Priced to sell.

ON ONE FLOOR
Cozy, well-decorated brick ranch on a super lot, over 200 ft. of road frontage. Large living room, equipped kitchen, TV room, two baths, two-car carport and large covered picnic area, rear covered patio and a 14x20 block building. Nice shrubbery, beautiful trees, space for a pool or garden. Country setting, with city water, cable TV, close to Prestonsburg and new 4-lane. Call for details.

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Phone 1-606-886-6138

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Prestonsburg Office 886-2048 | H.C. 71, Box 192 Prestonsburg, Ky. 41653 | lvel Office 874-9033 | Morris Hylton Jr., Broker

GARRETT (LOCATED ON ROUTE 80)—3 bedrooms, 2 baths, approx. 1,152 sq. ft. An affordable home priced at \$28,500.00. Call Hansel or Frances.

STATE ROAD FORK—Very comfortable, 3 bedrooms, 2 baths with a large front porch. Oak kitchen, large master bedroom with bath. Walk-in closets. Call us today on this super nice home.

WEST PRESTONSBURG—HANDYMAN'S SPECIAL! This home has a lot of history behind it. 3 bedrooms and 1 bath. Lot size is 33± x 100±. Priced in the teens.

MARTIN—(\$74,900.00). This home, located between Allen and Martin, offers 3 bedrooms and 2 baths on 1 1/2± acres. 2,106± sq. ft.

CREEKSIDE—This super nice 2-story Bruny-built home offers 4 bedrooms and 2 1/2 baths with lots of closet space. Call today.

BANNER—If you are looking for a deal, then look no more! This 2-bedroom, 1-bath is great for a couple just starting out. Priced to sell at \$27,500.00. Call us today.

PRESTONSBURG—Commercial Investment Property. Rental income \$32,000.00± annually. Good location and property is well maintained. If you are interested in an exceptional investment, see this property at once!

JOHNSON COUNTY—Two 25-acre tracts of land, for a total of 40 acres±. Offers a road easement, electricity, and phone hook-up. The timber on this property has not been cut in 25 years.

ALLEN—This unique home offers all the extras! 2-story home consists of 4 bedrooms and 2 1/2 baths. 3,726 sq. ft.±. Setting on a corner lot with a landscaped yard. Rock garden, gazebo, 20 x 40 in-ground pool. This home offers everything your family needs and more! Call Hansel or Frances today on this once-in-a-lifetime deal.

DWALE—\$49,900.00 will put you and your family in this 3-bedroom, 1-bath home. There is also room for a large garden or another house.

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FAMILY NEEDED for this lovely 3-bedroom, 2-bath home on 5 acres m/l. Great neighborhood for children and only minutes from new 23. 1-001-F.

SPACIOUS 4-bdm., 3-bath, 2800 sq. ft. brick ranch-style home. Fireplace, central heat & air. Kitchen loaded with appliances. Conveniently located between Pikeville & Prestonsburg. D-002-F.

5-BEDROOM, 2-BATH HOME NEAR AMERICAN STANDARD. Aluminum siding, handicap accessible. Garden spot. chain-link fence. Enough land area to accommodate additional homes. L-008-J.

This business opportunity is knocking at your door. Finally a way to be your own boss and a great home too! Excellent monthly gross income on this grocery/gas business which includes large walk-in cooler, and 3 other coolers. Included is a 3-bedroom, 3-bath brick home with a new roof, 2-car garage, 2 fireplaces and gas furnace. 006-F.

City conveniences with the peace and quiet of the country. If this is what you're looking for, you should see this 2-bedroom home. C-015-F.

A real Sleeping Beauty located in Dickeytown. Situated on 3 acres m/l with plenty of landscape. House has 2 bedrooms, 1.5 baths with hardwood floors and fireplace. H-007-F.

Joe D. Weddington "In Business Since 1955"
— Real Estate —

NEW LISTING: Office, shop and apartment, all in one for one unbelievably low price. Ideal for coal company, trucking, service or other companies. Located at McDowell. Call today! This one won't last long!

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Joe D. Weddington, Sr. Broker/CREA 874-9633
or
Joe D. Weddington, Jr. Sales Associate/CREA/CEI 432-4721

Auctions

Thursday, April 22, 1993 at 11:00 a.m.
Paintsville, Kentucky
2 Personal Care Facilities
1 Apartment Building

PAINTSVILLE HEALTH CARE STAFFORD ADDITION
Over 14,000 sq. ft. facility has 56 beds, kitchen and dining facilities, activity and lounge areas, office space and nurses station.

APARTMENT BUILDING STAFFORD ADDITION
2,400 sq. ft. +/- 3 unit apartment building with garage and central heat & air.

JENNY WILEY HEALTH CARE PAINTSVILLE
11,872 sq. ft. +/- facility has 51 beds and is situated on a 3.4 acre tract of land which leaves room for expansion. Just 4 miles south of Paintsville.

AUCTION LOCATION: The auction will be held in the Carriage House Motor Lodge, 105 2nd Street, Paintsville, KY. (606-789-4242)

DEPOSITS & CLOSING: 10% down payment on auction day, of which the following amounts are required in the form of cash or certified funds made payable to yourself.

Jenny Wiley Rest Home	\$10,000
Paintsville Health Care	\$10,000
Apartment Building	\$ 5,000

The remainder of the 10% may be made by personal check. Balance due at closing within 30 days.

AUCTIONEERS NOTE: The auctioneer reserves the right to group and regroup. Broker participation welcome, call for details.

432-8181
Bill Gibson, CAL, GRI
Broker - Auctioneer

ACTION
Auction & Realty

The Best Sellers

Build Your Dream House

Bolera 11-028

Associated Designs-Eugene, Oregon

Towering columns support the Bolera's side entry portico, creating a dramatic first impression.

Lofty 10-foot ceilings throughout the main level add to the sense of spaciousness in this five bedroom home, designed to meet the needs of a large family. It's unusual to find a 2,300 square foot home with this many bedrooms, yet none of the rooms are in the least bit cramped.

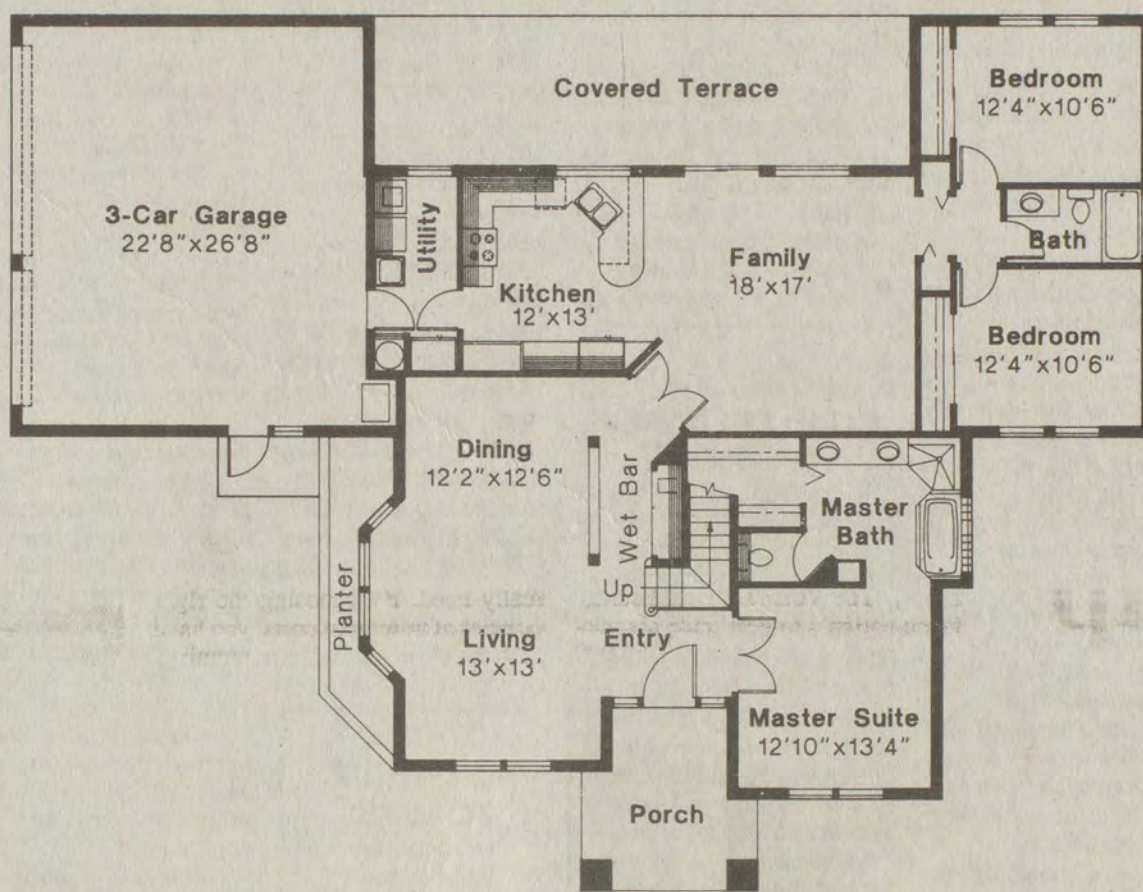
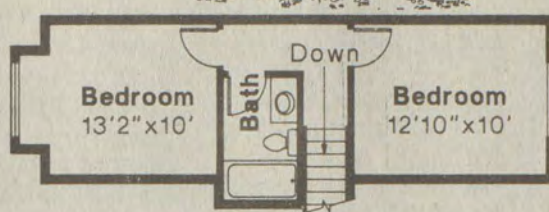
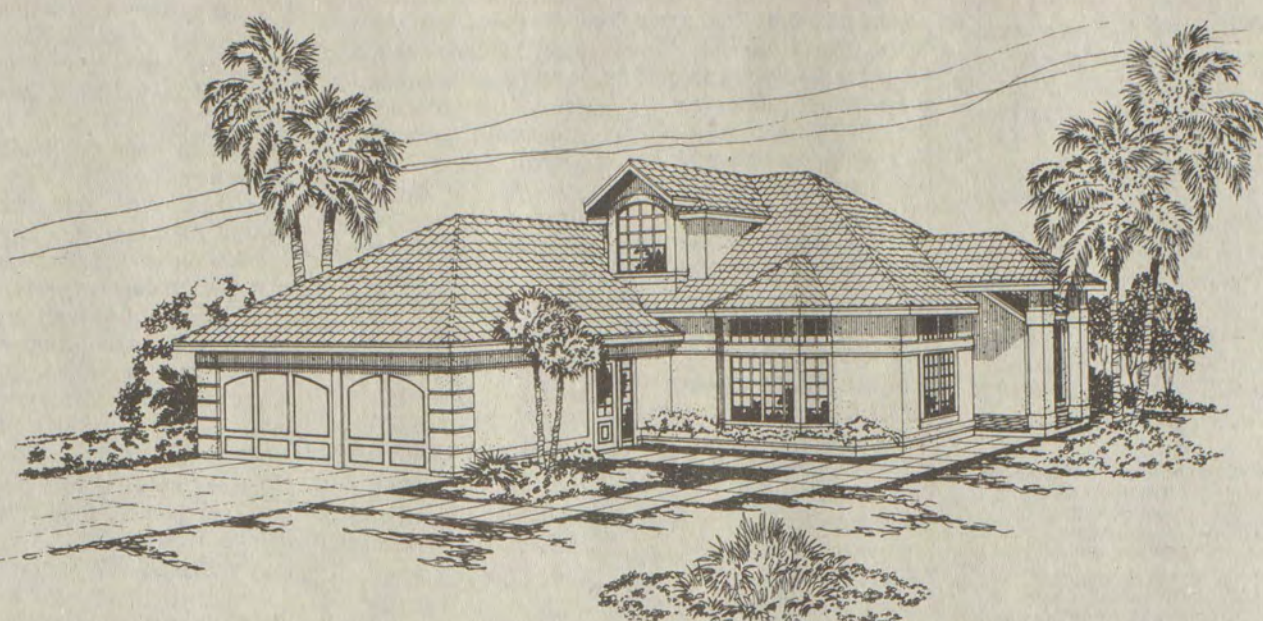
Family living centers around the kitchen, family room and a covered terrace that could be screened. The kitchen has everything, including a pantry, eating bar and built-in appliances. The angle of the sink allows the person washing dishes to gaze out across the terrace, or into the family room.

A nearby utility room has space for a freezer and is directly accessible from the garage. It also has a deep sink and built-in cabinets. One of the two garage doors is 14 feet wide, to allow for RV or boat parking.

Stacked bay windows expand the combination living room/dining room, to create a bright, airy living space. A wet bar that serves both areas is partially concealed behind a short wall with columns at each end.

Luxury touches in the Bolera's master suite include a large walk-in closet, twin lavs, and glass blocks next to the tub. Two more bedrooms downstairs share a bathroom, and the two upstairs share yet another bathroom. The front-facing bedroom on the upper level, will be the favorite. It's a little larger and has an arched dormer window.

For a review plan, including scaled floor plans, elevations, section and artist's conception, send \$7.50 to Associated Designs, 1260 Charnelton St., Suite 2, Eugene, Ore. 97401. Please specify the Bolera 11-028 and include a return address when ordering.



Bolera

2305 Square Feet
Plan Number: 11-028



**Kentucky Carpet
Factory Outlet
and Tile City, U.S.A. Inc.**
Allen, Kentucky 41601

Vinyl **\$2.95** Yard
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*The Floyd
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886-8506

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W
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Scott's Furniture and Carpet. Midnight Movers.
You call—we haul. Lots of new and used furniture,
appliances and antiques.
Located on Rt. 122
2 1/2 miles above Martin.
I AM CARGO INSURED!!!
PHONE: 285-3705

Eliminate goeey mess

*Caulking gives bathroom
much neater appearance*

There is nothing like the charm of an older home. But, older homes need remodeling or upgrading.

One of the primary tasks is to insure all gaps and cracks are adequately sealed. A homeowner usually caulks some part of the home each year, employing a caulking gun and the tube that is time consuming, difficult to use and often messy. Recently, however, preformed caulking strips have gained popularity, saving time and eliminating the goeey mess.

"A poor caulking job always is noticeable, and a messy appearance, especially in the bathroom, is not what a homeowner wants," said Jeff Keller, publisher of the American Dream Newsletter. The newsletter (six times/year for \$8.95 at Newsletter Subscription, PO Box 22403, Dept. MMM, St. Petersburg, FL 33742) publishes fix-it information.

Mr. Keller said that many people believe that filling the joint between the bathtub and wall tiles with plaster or grout is easier than caulking. "But, the constant weight change from repeatedly filling and emptying the tub eventually splits a material that isn't waterproof and flexible."



PRESS IN PLACE - This caulk comes in a preformed strip.

If you want a neat-looking bathroom, Mr. Keller recommended installing a preformed caulk strip, such as 3M's Press-In-Place Tub & Sink Caulk, that doesn't yellow. It also prevents water from seeping behind sinks, tubs and shower stalls.

To apply, first prepare the surface according to directions. Then, cut caulk to required lengths. Beginning at one corner, peel back the protective liner, position caulk and press into place along the gap.

Available in white and almond, the caulk provides a professional, finished appearance. For more information, write Caulk, PO Box 5298, New York City 10185.

WRIGHT LUMBER COMPANY

Dealers In: Lumber - Hardware - Plumbing & Electrical Supplies

(606) 285-3368
Box 296, Martin, Ky. 41649

(606) 631-1240
Zebulon Road, Pikeville, Ky. 41501

Legals/Classifieds

The Floyd County Times

Wednesday, April 14, 1993 D 4

NOTICE OF INTENTION TO MINE

Pursuant to Application Number 836-0230, Amendment #1

In accordance with KRS 350.070, notice is hereby given that Mountaintop Restoration, Inc., P.O. Box 940, Paintsville, Kentucky 41240, has applied for an amendment to an existing surface coal mining and reclamation operation located 6.27 miles northeast of Prestonsburg in Floyd, and Johnson counties. The amendment will add 28.07 acres and delete 6.66 acres of surface disturbance making a total area of 280.00 within the amended permit boundary.

The proposed amendment area is approximately 3.98 miles southeast from Route 302's junction with Route 3 and located 0.5 miles north of Dick's Creek. The latitude is 37 degrees, 43 minutes, 30 seconds. The longitude is 82 degrees, 39 minutes, 21 seconds.

The proposed amendment is located on the Lancer U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed by the amendment is owned by Pocahontas Kentucky Corporation and Sally Turner. The operation will use the area method of surface mining.

This amendment application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 1346 South Lake Drive, Prestonsburg, Kentucky 41653-1397. Written comments, objections or requests for a permit conference must be filed with the Director, Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

This is the final advertisement of this application; all comments, objections, or requests for a permit conference must be received within thirty (30) days of today's date.

11.

FLOYD CIRCUIT COURT C.A. NO. 92-CI-00738

The Bank Josephine
Plaintiff
VS: NOTICE OF SALE
Deloris Ratliff; Mark Ratliff and his unknown spouse, if any, Michelle Ratliff, and her unknown spouse, if any, Commonwealth of Kentucky and Floyd County, Kentucky

Defendants
By virtue of a Judgment and Order of sale of the Floyd Circuit Court rendered at the March 18 term, 1993, in the above styled cause, I shall proceed to offer for sale at the Courthouse door in Prestonsburg, Kentucky, to the highest and best bidder, at public auction, on the 22nd day of April, 1993, at 10:00 o'clock a.m., same being a day of the regular term of the Floyd Circuit Court, for cash or upon a credit of 30 days—8.65% per annum, the following described property, to-wit:

A certain tract or parcel of land lying on the Left Fork of Abbott Creek, Floyd County, Kentucky and more particularly described as follows:
BEGINNING on an iron pin on right of way of a public passageway, said pin being a new corner to Eunice and Bill Morgan; thence leaving right of way S 54 deg. 45 min. 28 sec. E. 172.18 feet to a power pole; thence S 59 deg. 40 min. 24 sec. E 109.16 ft. to a point; thence S 62 deg. 44 min. 31 sec. E 50.87 ft. to an iron pin; thence leaving right of way with a new divisional line S 32 deg. 24 min. 18 sec. W 136.02 ft. to an iron pin; thence N 57 deg. 35 min. 42 sec. W 331.73 ft. to an iron pin; thence N 32 deg. 24 min. 30 sec. E 136.02 ft. to the point of beginning. The above described containing 1.000 acres.

Being the same property conveyed to Todd Daniels and Dinah Daniels, husband and wife, from Buck Hopson and Anna Hopson, husband and wife, by General Warranty Deed dated April 30, 1991, and recorded in Floyd County Clerk's Office in Deed Book 348, Page 247.

This property is sold, subject to property taxes due Floyd County, Kentucky. The amount of money to be raised by this sale shall be \$50,606.56 with interest at the rate of twelve percent (12%) per annum from and after the date of Judgment until fully paid, and an attorney's fee of \$3,000.00 and the costs of this action, including costs of advertising of this sale and the fees and commissions for conducting this sale.

undivided interest of Woodrow H. Ratliff, who died intestate on February 9, 1988, and being a certain tract or parcel of land lying in Floyd County, Kentucky, on Johns Creek.

This property is sold, subject to property taxes due Floyd County, Kentucky.

The amount of money to be raised by this sale shall be \$20,459.71, with a per diem thereon of \$4.84 from August 18, 1992, and continuing thereafter until fully paid, and the costs of this action, including costs of advertising of this sale and the fees and commissions for conducting this sale.

For the purchase price the purchaser must execute bond with approved surety or sureties, bearing legal interest from the day of sale until paid and having the force and effect of a judgment with a lien retained upon said property as a further security. Bidders will be prepared to comply with these terms.

Given under my hand, this 1st day of April, 1993.

James R. Allen,
Master Commissioner
Floyd Circuit Court
W-4/7, 4/14, 4/21

FLOYD CIRCUIT COURT C.A. NO. 92-CI-00462

Jim Walter Homes, Inc.
Plaintiff
VS: NOTICE OF SALE
Todd Daniels and Dinah Daniels

Defendant
By virtue of a Judgment and Order of sale of the Floyd Circuit Court rendered at the March 12 term, 1993, in the above styled cause, I shall proceed to offer for sale at the Courthouse door in Prestonsburg, Kentucky, to the highest and best bidder, at public auction, on the 22nd day of April, 1993, at 10:00 o'clock a.m., same being a day of the regular term of the Floyd Circuit Court, for cash or upon a credit of thirty (30) days, the following described property, to-wit:

A certain tract or parcel of land lying on the Left Fork of Abbott Creek, Floyd County, Kentucky and more particularly described as follows:
BEGINNING on an iron pin on right of way of a public passageway, said pin being a new corner to Eunice and Bill Morgan; thence leaving right of way S 54 deg. 45 min. 28 sec. E. 172.18 feet to a power pole; thence S 59 deg. 40 min. 24 sec. E 109.16 ft. to a point; thence S 62 deg. 44 min. 31 sec. E 50.87 ft. to an iron pin; thence leaving right of way with a new divisional line S 32 deg. 24 min. 18 sec. W 136.02 ft. to an iron pin; thence N 57 deg. 35 min. 42 sec. W 331.73 ft. to an iron pin; thence N 32 deg. 24 min. 30 sec. E 136.02 ft. to the point of beginning. The above described containing 1.000 acres.

Being the same property conveyed to Todd Daniels and Dinah Daniels, husband and wife, from Buck Hopson and Anna Hopson, husband and wife, by General Warranty Deed dated April 30, 1991, and recorded in Floyd County Clerk's Office in Deed Book 348, Page 247.

This property is sold, subject to property taxes due Floyd County, Kentucky. The amount of money to be raised by this sale shall be \$50,606.56 with interest at the rate of twelve percent (12%) per annum from and after the date of Judgment until fully paid, and an attorney's fee of \$3,000.00 and the costs of this action, including costs of advertising of this sale and the fees and commissions for conducting this sale.

Should the full bid price not be paid at the time of the Commissioner's Sale, then and in that event, twenty percent (20%) of the bid price shall be paid in cash with the remaining eighty percent (80%) to be paid within the

thirty (30) day credit period. For the purchase price the purchaser must execute bond with approved surety or sureties, bearing legal interest from the day of sale until paid and having the force and effect of a judgment with a lien retained upon said property as a further security. Bidders will be prepared to comply with these terms.

Given under my hand, this 1st day of April, 1993.

thirty (30) day credit period.

For the purchase price the purchaser must execute bond with approved surety or sureties, bearing legal interest from the day of sale until paid and having the force and effect of a judgment with a lien retained upon said property as a further security. Bidders will be prepared to comply with these terms.

Given under my hand, this 1st day of April, 1993.

James R. Allen,
Master Commissioner
Floyd Circuit Court
W-4/7, 4/14, 4/21

FLOYD COUNTY BOARD OF EDUCATION SUPERINTENDENT ARNOLD AVENUE PRESTONSBURG, KENTUCKY 41653

EMPLOYEE PROMOTIONAL PROGRAM VACANCY POSTING NOTICE

April 6, 1993 April 21, 1993
DATE OPEN DATE CLOSED
OFFICIAL TITLE OF POSITION: School Bus Driver

JOB LOCATION: Allen Central area

SALARY RANGE: \$33.00 per day

CONTACT PERSON: Earl D. Ousley, Director of Transportation

BRIEF JOB DESCRIPTION: Transport students to and from designated areas.

MINIMUM REQUIREMENTS: Certification as required by the Kentucky Department of Education. Applicant must have high school diploma or GED. Applicant must have the Commercial Drivers License (CDL).

ADDITIONAL JOB REQUIREMENTS: none
Applicant must submit an up-dated, signed application to the Superintendent of the Floyd County Board of Education no later than April 20, 1993 to be considered for an interview.

*Applicant will be notified for an interview as soon as arrangements have been completed.

The Floyd County Board of Education does not discriminate on the basis of race, color, national origin, age, religion, marital status, sex, or handicap in employment, educational programs or activities as set forth in Title IX & VI, & in Section 504. F-4/9, 4/16, W-4/14

ORDINANCE #93-002 FLOYD COUNTY FISCAL COURT COMMONWEALTH OF KENTUCKY

At the regular meeting of the Floyd County Fiscal Court, duly held in the Courthouse Annex Building, on March 19, 1993, the First Reading of Ordinance #93-002 was held. The summary is as follows:

AN ORDINANCE: PERTAINING TO PUBLIC HEALTH, SAFETY AND WELFARE AND THE OPERATIONAL HOURS OF FACILITIES AS DEFINED IN KRS 244.290 AND IRS 244.480, WHO HAVE A SEATING CAPACITY OF A MINIMUM TWO HUNDRED (200) PEOPLE AT TABLES AND SELL ALCOHOLIC BEVERAGES.

The Second Reading of this Ordinance will be held at the regular Floyd County Fiscal Court meeting, in the Courthouse Annex Building, on April 16, 1993, at the hour of 10:00 a.m. Any comments on said Ordinance shall be addressed at that time. If no objection or corrections are presented, the Court shall pass Ordinance #93-002.

FLOYD COUNTY FISCAL COURT
John M. Stumbo
Floyd County Judge/Executive
W-4/7, 4/14

INVITATION TO BID

The Floyd County Board of Education will accept sealed bids until 2:00 p.m., April 19, 1993 for the following Custodial Equipment for the remainder of the 1992-93 School Year. Bids will be opened at 12:01 p.m. in the Boardroom at the Floyd County Administration Office on April 19, 1993.

27" Wheel-Driven Automatic Scrubber (Battery) Must pick up in forward and reverse

Must have variable speed control
Roto-cast Body
Must have Mid-mount brushes

Bid specification sheets are available upon request from Ned H. Bush, Health Coordinator, Floyd County Board of Education, Arnold Avenue, Prestonsburg, Kentucky 41653, Telephone 606-886-2354, ext. 47.

No bid will be considered that doesn't state the price. Ex: Percentage off the list doesn't qualify as a price.

All bids shall be marked "Sealed Bid—Custodial Equipment."

THE FLOYD COUNTY BOARD OF EDUCATION RESERVES THE RIGHT TO ACCEPT OR REJECT ANY OR ALL BIDS.

Thomas B. Thompson
Assistant Superintendent
Floyd County Schools
F-4/9, W-4/14, F-4/16

NOTICE OF BOND RELEASE 836-5058

In accordance with the provisions of KRS 350.093, notice is hereby given that FCDC Coal, Inc., P.O. Box 159, Drift, KY, 41619, intends to apply for bond release on permit number 836-5058 which was last issued on 09/14/92. The application covers an area of approximately 2.66 acres located 0.70 miles east of Teaberry in Floyd County.

The permit area is approximately 0.50 miles east from State Route 979 junction with Red Morg Branch Road and located 0.0 miles North of Red Morg Branch. The latitude is 37° 25' 30". The longitude is 82° 37' 53".

The total bond now in effect is \$10,000.00 dollars, 65 percent of the total is to be included in this application for Phase I release.

Reclamation work performed includes: backfilling, seeding and grading as per approved plan. This work was completed on November 11, 1992.

A public hearing has been scheduled for June 1, 1993 at 9:00 a.m. at the Prestonsburg Regional Office for the Department for Surface Mining Reclamation and Enforcement, 1346 South Lake Drive, Prestonsburg, KY 41653. If a written request for a public hearing has not been received within thirty (30) days after the publication of the final notice for this advertisement, the hearing will be cancelled.

Written comments, objections, and requests for a public hearing may be submitted to the cabinet at Department for Surface Mining Reclamation and Enforcement, #2 Hudson Hollow, Frankfort, KY 40601. Written comments, objections or requests for a public hearing must be received within 30 days of the final advertisement of this application.

W-4/7, 4/14, 4/21, 4/28

INVITATION TO BID

The Floyd County Board of Education is accepting bids on the following listed items. All bids must be sealed and marked "School Bus Bids". Sealed bids must be returned to the Floyd County School Bus Garage in Martin no later than 3:00 p.m. on Monday, May 3,

1993. The bids will be opened at the Floyd County Board of Education central office on Tuesday, May 4, 1993 at 10:00 a.m. The bids will be awarded to the highest bidder at the May 18, 1993 Board Meeting. For more information concerning these bids, contact Chris Gates at 285-9443. The Floyd County Board of Education reserves the right to accept or reject any or all bids.

1982 Ford Bus #19
LN258971 Pass. Bluebird
1FDBX70H7CVA35547

1982 Ford Bus #26
LN258871 Pass.
1FDBX70H7CVA35546

1982 Ford Bus #29
LN259071 Pass. Bluebird
1FDBX70H0CVA35549

1982 Ford Bus #31
LN285771 Pass.
1FDBX70H1CVA35544

1983 Ford Bus #33
LN523271 Pass. Bluebird
1FDBX70H1DVA30085

1983 Ford Bus #41
LN522971 Pass. Bluebird
1FDBX70H7DVA30088

1983 Ford Bus #62
LN523371 Pass. Bluebird
1FDBX70HXDVA30084

1976 Int'l Bus #869
D0822FHB17233
65 Pass.

1976 Int'l Bus #890
D0822FHB17189
65 Pass.

1980 Dodge Bus #3
2B7KB33T1BK234059
16 Pass.

1980 Dodge Bus #160
2B7KB33U8DK389932
16 Pass.

1983 Ford Bus #36
LN523471 Pass. Bluebird
1FDBX70H8DVA30083

1983 Ford Bus #61
LN523071 Pass. Bluebird
1FDBX70H5DVA30087

1980 Dodge Bus #154
LM8904 16 Pass.
B35KTAK114644

F-4/9, 4/16, W-4/14

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-0222
In accordance with the provisions of KRS 350.055 notice is hereby given that Laurel Creek Coal Company, Inc., P.O. Box 940, Paintsville, Kentucky 41240, has applied for a surface coal mining and reclamation operation affecting 174.11 acres located 0.75 miles Northwest of Ivel in Floyd County, Kentucky.

The proposed operation is approximately 0.8 miles Northeast of Ivy Creek Road's junction with U.S. Route 23 and located 0.2 miles North of Kinney Branch of Ivy Creek. The latitude is 37° 36' 02". The longitude is 82° 39' 36".

The proposed operation is located on the Harold U.S.G.S. 7.5' quadrangle map. The operation will use the area method of mining. The surface area is owned by S.P. Davidson Heirs, Eugene Lewis Heirs, Hatcher-Trimble Trust and Don Trimble.

The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 1346 South Lake Drive, Prestonsburg, Kentucky 41653. Written comments, objections or requests for a permit conference must be filed with the Director of the Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

This is the final advertisement of this application; all comments, objections, or requests for a permit conference must be received within thirty (30) days of today's date.

W-4/7, 4/14

NOTICE OF BOND RELEASE 836-5218

In accordance with the provisions of KRS 350.093, notice is hereby given that FCDC Coal, Inc., P.O. Box 159, Drift, KY, 41619, intends to apply for bond release on permit number 836-5218 which was last issued on 06/18/92. The application covers an area of approximately 2.41 acres located 1 mile east of Teaberry in Floyd County.

The permit area is approximately 1.0 mile east from State Route 979 junction with Morg Branch Road and located 1.0 mile east of Big Mud Creek. The latitude is 37° 25' 25". The longitude is 82° 37' 44".

The total bond now in effect is \$16,000.00 dollars, 65 percent of the total is to be included in this application for Phase I release.

Reclamation work performed includes: backfilling, seeding and grading as per approved plan. This work was completed on November 5, 1992.

A public hearing has been scheduled for June 1, 1993 at 1:00 p.m. at the Prestonsburg Regional Office for the Department for Surface Mining Reclamation and Enforcement, 1346 South Lake Drive, Prestonsburg, KY 41653. If a written request for a public hearing has not been received within thirty (30) days after the publication of the final notice for this advertisement, the hearing will be cancelled.

Written comments, objections, and requests for a public hearing may be submitted to the cabinet at Department for Surface Mining Reclamation and Enforcement, #2 Hudson Hollow, Frankfort, KY 40601. Written comments, objections or requests for a public hearing must be received within 30 days of the final advertisement of this application.

W-4/7, 4/14, 4/21, 4/28

INVITATION TO BID

Floyd County Schools are accepting bids for grass cutting services at all schools.

Prospective bidders should contact the principal of each school for the specifications of the area that is to be cut and trimmed. This bid will include the use of your own equipment for this service.

All bids submitted must be for a contract price. No hourly rate bids will be accepted. Successful bidders will be required to sign a contract proposed by Floyd County Schools.

All bids must be submitted to the principal of each school by 2:00 p.m. on May 4, 1993. The bids will be opened at the schools.

W-4/7, 4/14

Invitation To Bid

Companies are hereby invited to submit a BID QUOTATION on equipment and supplies for Science, Chemistry, Biology and Physics for South Floyd High School. Bid specifications may be obtained by contacting Gary K. Frazier, Assistant Superintendent for Instruction, Floyd County Schools, Prestonsburg, Kentucky 41653; telephone (606) 886-2354.

Bids will be opened at 10:00 a.m. on Wednesday, April 21, 1993 at the Floyd County Schools Administrative Offices in Prestonsburg, KY. Bids will be accepted until time of the opening. All bids shall be submitted in duplicate.

COMMONWEALTH OF KENTUCKY, TRANSPORTATION CABINET, DEPARTMENT OF HIGHWAYS, NOTICE TO CONTRACTORS. Sealed bids will be received by the Department of Highways in the Division of Contract Procurement and/or the Auditorium located on the 1st Floor of the State Office Building, Frankfort, Kentucky, until 10:00 a.m., EASTERN DAYLIGHT TIME on the 23 day of APRIL, 1993, at which time bids will be publicly opened and read for the improvement of: FLOYD COUNTY, MP 036 0979 000-019; The Clear Creek - Mud Creek Road (KY 979) from KY 122 (MP 0.000) extending northerly to KY 1426N (MP 18.688), a distance of 18.688 miles. Guardrail. FLOYD COUNTY, MP 036 0122 008-027; The Left Beaver Creek Road (KY 122) from KY 80 (MP 8.496) extending easterly to KY 979 (MP 26.147), a distance of 17.651 miles. Guardrail. Bid proposals for all projects will be available until 9:00 a.m., EASTERN DAYLIGHT TIME, FRIDAY, APRIL 23, 1993, at the Division of Contract Procurement. Bid proposals for all projects will be available at a cost of \$8 each and remittance payable to the State Treasurer of Kentucky must accompany request for proposals (NON-REFUNDABLE). BID PROPOSALS ARE ISSUED ONLY TO PREQUALIFIED CONTRACTORS. Specimen proposals for all projects will be available to all interested parties at a cost of \$8 each (NON-REFUNDABLE). Specimen proposals cannot be used for bidding. W-4/14

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Sealed bids will be received by the Department of Highways in the Division of Contract Procurement and/or the Auditorium located on the 1st Floor of the State Office Building, Frankfort, Kentucky, until 10:00 a.m., EASTERN DAYLIGHT TIME, FRIDAY, APRIL 23, 1993, at the Division of Contract Procurement. Bid proposals for all projects will be available at a cost of \$8 each and remittance payable to the State Treasurer of Kentucky must accompany request for proposals (NON-REFUNDABLE). BID PROPOSALS ARE ISSUED ONLY TO PREQUALIFIED CONTRACTORS. Specimen proposals for all projects will be available to all interested parties at a cost of \$8 each (NON-REFUNDABLE). Specimen proposals cannot be used for bidding. W-4/14

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For Rent

For Rent

Employment Available

For Sale

For Sale

Real Estate For Sale

Real Estate For Sale

Real Estate For Sale

FOR RENT: One and two bedroom apartments. Furnished or unfurnished. Rental starting at \$80/week. Call 886-6900. Ron Frasure.

TRAILER LOT FOR RENT in New Allen. Out of flood plain. City water and other utilities available. Call 874-2212.

FOR RENT: One bedroom apartment located at Branham Heights. HUD accepted. Deposit required. Call 452-4777.

TWO BEDROOM TRAILER for rent at Betsy Layne. Also have 1981 Ford for sale, \$695. Call 478-1796 or 478-9969.

FOR RENT: Near college. Furnished and unfurnished one bedroom apartments. Lease and security deposit required. No pets. Carlos Neeley, 886-3565.

Employment Available
\$200-\$500 WEEKLY Assemble products at home. Easy! No selling. You're paid direct. Fully guaranteed. FREE Information—24 hour hotline, 801-379-2900, Copyright #KY016550.

FOR RENT: 30x60 commercial building located at Banner. \$500 per month. Call 478-9091 or 874-0370.

MAKE \$500-\$5,000 Need school, church or service group June 20-July 4. Sales location and fireworks provided. Call 1-800-225-6529 (9 a.m.-4 p.m.) or 24 hour recorded message, 1-800-835-5396. Refer to location #696.

FOR RENT: Two bedroom house located in West Prestonsburg. Forced air gas, central air, carpet. \$300/month plus deposit. Call 887-4731.

WANTED
COACHES, TEACHERS, NON-PROFIT & CIVIC GROUPS Short term big \$\$ working with Freedom Fireworks. Available every summer. Get in on the ground floor. Call Kathie at 800-258-6490 M-F 9-6.

FOR RENT: Two bedroom house near Martin and Prestonsburg. Central heat/air. \$300/month plus utilities. Deposit required. Call 874-9814.

CASHIERS NEEDED: Full time positions. Apply in person at Dairy Queen, North Lake Drive, Prestonsburg. No phone calls please.

HOUSE FOR RENT at Weeksbury. For more information call 606-452-2283.

MEDICAL RECEPTIONIST WANTED: Appy in person at Minix Optical, Mayo Plaza, Paintsville, or GlynView Plaza, Prestonsburg; or phone 789-3717.

HOUSE FOR RENT: Two bedrooms, central heat/air, appliances. Near intersection of U.S. 23 and KY 1428 at Allen. Call 886-9988 from 8-5; or 886-0003 after 6.

NEED SOMEONE TO STAY WITH elderly couple. Nights. Tram (just across the bridge). Call 1-800-234-8940 before noon.

HOUSE FOR RENT: Two bedroom. Located at Wayland. Will accept HUD. Call 358-9653.

POSITION AVAILABLE Salyersville Water Works is now accepting applications for a Water Treatment Plant Operator that holds a Class II-A or higher certification. Send resume to: Salyersville Water Works, 401 College Street, Salyersville, KY 41465, Attn: Sup. Garry Rowe. All calls should be made between 8 a.m.-4:30 p.m., Monday through Friday, at 606-349-3743.

SIX ROOM HOUSE for rent. Located at Stanville (behind Joe's Car Wash). Call 432-5415 or 432-2311 after 7 p.m.

FOR SALE: 1992 Clayton 14x60 mobile home, \$13,500; 1983 Olds Cutlass with tilt, cruise, air, bucket seats, \$1,800; 1982 Toyota Celica GT, \$800. Call 874-9838.

TRAILER FOR RENT: Near Prestonsburg. References and deposit required. No pets. Call 886-8675 after 5 p.m.

FOR SALE: 1987 GlassStream 16 ft. boat. 90 HP Mercury motor. Excellent condition. Call 946-2454 or 358-9407.

TRAILER FOR RENT: New Allen. References and deposit required. No pets. Call 874-8151 or 874-2114 after 5 p.m.

FOR SALE: 1987 GlassStream 16 ft. boat. 90 HP Mercury motor. Excellent condition. Call 946-2454 or 358-9407.

TWO BEDROOM HOUSE, Burke Avenue, Prestonsburg. Unfurnished, carpeted. Also, one bedroom furnished apartment in Prestonsburg. Call 886-6762.

FOR SALE: 1987 GlassStream 16 ft. boat. 90 HP Mercury motor. Excellent condition. Call 946-2454 or 358-9407.

POSTAL JOBS \$11.41 per hour to start, plus benefits. Postal carriers, sorters, clerks, maintenance. For an application and exam information call 1-219-736-4715, ext. P3491, 9 a.m.-9 p.m., 7 days.

HOUSE INSPECTORS No experience necessary. Up to \$800 weekly. Will train. Call 219-769-6649, ext. H530, 8 a.m.-8 p.m., 7 days.

PARK RANGERS Game wardens, security, maintenance, etc. No experience necessary. For information call 219-769-6649, ext. 7619, 8 a.m. to 8 p.m. 7 days.

LPN, RN AND PARAMEDICALS! Become an RN or BSN graduate and increase your income without going back to school! To schedule your interview in Prestonsburg call Peggy Romersa by April 27 at 1-800-737-2222.

For Sale
1984 HONDA 1100 MAGNA. Red. \$2,000. Call 285-9124 for more information.

AIRCONDITIONER, 24,000 mits, good condition, \$200; Quasar 19 inch color TV, good condition, \$200 (negotiable). Call 886-3390.

COMPUTER FOR SALE: \$550. Call 886-2367 for more information.

CORN FOR SALE: Shelled or ear. Located just off U.S. 23 at Allen intersection. James Riley Hall, 606-874-2238.

FOR SALE: 1979 Pace Arrow RV. 440 V-8 Dodge. Elderbrock high riser. Fully contained, air and furnace. Like new steel belted radial Bridgestones. Call 587-2243.

FOR SALE: Two Peavey columns, four 12" speakers, 200W each. \$500. Call 886-2006, leave name and number.

FOR SALE: One 36" steel clad 9-light door for sale. Almost new. \$80. Call 285-5147.

FOR SALE: 1985 V-45 Magna. Great shape, 3,000 miles. \$1,400. Serious inquiries only. Call 886-3835.

FOR SALE: Stove, \$50; washer and dryer, \$200; refrigerator, \$200. Call 886-8959.

FOR SALE: 309 Corn Planter. Two row. Like new. Call 946-2454 or 358-9407.

FOR SALE: Ski machine exerciser with computer from Sears (resembles NordicTrac). Excellent condition. Used few times. Paid \$249; asking \$150. Call 946-2566.

FOR SALE: Cabbage plants, \$1/dozen; broccoli plants, 75¢ dozen; cauliflower, 50¢ dozen. Also, gas stove, \$100. Call 285-3897.

FOR SALE: 9x14 Hillman tent. Sears brand. Like new. Call 946-2454 or 358-9407.

FOR SALE: 1987 GlassStream 16 ft. boat. 90 HP Mercury motor. Excellent condition. Call 946-2454 or 358-9407.

FOR SALE: 1983 KX250 Kawasaki dirt bike. Runs good. Too many new parts to list. \$500. Call 452-9571.

FOR SALE: Camper top for long wheel base S-10. Call 285-3113.

FOR SALE: One breakfast set and a lot of glass stuff for flea market items. Phone 886-0928.

FOR SALE: 286 RLX Tandy 1000 Computer. 40 meg hard drive, Word Perfect 5.1, VGA monitor, and other software. Asking \$600. Call 886-8266.

FOR SALE: Gravely tractor. Pull start. All attachments included (except circle bar). \$1,200. Call 606-478-9711.

FOR SALE: One 36" steel clad 9-light door for sale. Almost new. \$80. Call 285-5147.

FOR SALE: 1992 Clayton 14x60 mobile home, \$13,500; 1983 Olds Cutlass with tilt, cruise, air, bucket seats, \$1,800; 1982 Toyota Celica GT, \$800. Call 874-9838.

FOR SALE: Cow Creek Freewill Baptist Church will be accepting bids on a 1970 66-passenger bus. May be seen at Cow Creek Freewill Baptist Church. Bids will be accepted until April 16, 1993. Send bids to: HC 71 Box 355, Prestonsburg, KY 41653; or call 874-2778 for more information.

HOUSE BOAT FOR SALE: Or will trade to dozer of equal value. 12x35, 60 HP Evinrude motor. Docked at Jenny Wiley. Call Larry Bentley, 358-4573; if no answer, leave message with Dennis Bentley, 358-4904.

PROM DRESS FOR SALE: Sequin and beaded, full length, black/teal. Size 3-4. \$300. Call 452-9330.

REDUCED: 15.5 ft. fiberglass BassMaster boat and trailer with 40 HP Evinrude motor and trolling motor. Runs good. Two live wells and rod box (needs work). Seats in good condition. Needs new carpet. Take and try out. Reduced to \$750. Call 285-3483.

TRAILER AND LOT FOR SALE: Will sell separately. Large enough to build home or for mobile home. Private well, city water, septic system, mail route. Black top road. Located at Banner, Happy Hollow on Prater Creek. Call 874-0464.

TRAILERS AND LOTS FOR SALE: Also have trailers for rent. Call 886-6713 or 886-1882.

TWO PROM DRESSES FOR SALE: (1) Sequin, full length, fuchsia; (2) beaded, full length, fuchsia. Both size 8. Call 886-9516.

DOUBLEWIDE MODULAR HOME: Three bedrooms, large living room with fireplace, dining room, two baths. One acre lot with barn. Located on Mare Creek at Stanville. \$55,000. Call 478-1019.

2-3 BEDROOM HOUSE AND LOT located near Rt. 114. Convenient to town, shopping center. Asking \$54,000. Call 789-3191.

GOVERNMENT HOMES from \$1 (U repair). Delinquent tax property. Repossessions. Your area 1-805-962-8000, ext. GH-4680 for current repo list.

2.4 ACRE LOT Sean Howell Subdivision in Abbott Creek near Prestonsburg. Ready for building. Lot has 400' frontage, wooded areas, plenty of privacy, and is well out of flood zone. REDUCED! MUST SELL! Phone 606-452-2592 after 6 p.m.

FARM FOR SALE: 8 miles from Prestonsburg. Tri-level four bedroom house. Central heat/air, fireplace, library, family room, dining room, den, 2 1/2 baths, built-in kitchen, screened-in patio, 2-car carport, city water, gas, acres of level land, pond, barn, perfect for horses, cattle. Serious inquiries only. Possible owner financing. Ron Frasure. 886-6900, days; or 285-9529, nights.

FOR SALE BY OWNERS: House in West Garrett. May consider renting. Serious inquiries only. Call 358-9650 or 358-4383.

FOR SALE: Sixty-two acre farm, timber and house. Located six miles south of Wayland, Kentucky (in Knott County on Rt. 7). Phone 606-358-9318.

FOR SALE: Eight room house in Wayland. Central heat/air, carport, fenced yard, 9x12 storage building. Not in flood zone. Call 358-9440 after 5.

FOR SALE: Prestonsburg area. Two-story country-style home. Three large bedrooms, 1 1/2 baths. Nine years old. Call 886-8222 for appointment.

FOR SALE BY OWNER: 20+ acres. Property ready to live on. Has well, natural gas, electric and septic tank. Located two miles off Rt. 80 on blacktop road. For information call 502-839-9962.

FOR SALE: 14x56 mobile home and land with two car garage. Located at Baptist Bottom, Garrett. Call 358-9415 or 285-0960.

FOR SALE: 16.78 acres near Prestonsburg. Beautiful setting for mobile home or house. Natural gas. Small pond on property. \$21,000. Call 606-285-5087 for more information.

FOR SALE: 37 acres on Stephens Branch (Cliff). Wooded area, five minutes from Prestonsburg on blacktop road. Gas and water available. Beautiful building sites and camping area. Marketable timber. Old county road through area. Access to property—top of Abbott Mountain and Stephens Branch road at bottom of hill. Contact 886-6129 or 1-513-392-4277 or 392-1605 or 1-904-236-1989 for information.

FOR SALE: Melvin area. Five 33x150 lots. One hillside lot. Formerly Andy and Sis Little farm. Call 1-223-4213.

FOR SALE: Cave Run Lake area. Seven room house. 1/2 acre lot. Other acreage available. Three miles from Longbow Boat Dock. Twin Oaks, Inc. Call 606-768-3204.

FOR SALE: 28x70 modular home on large lot. Three bedroom, two full baths, living, kitchen, dining, TV room with fireplace, laundry room, plenty of closet space. Call 886-8076.

GRETHEL: Lovely 3 BR, 2 1/2 bath brick home with 2 fireplaces, rec room with wet bar, satellite dish, 8 acres +/- VALLEY AGENCY, INC., 437-6284.

HAROLD: Three bedroom house on large lot. Less than one mile from U.S. 23. \$49,000. Call 478-9216 between 6-9 p.m. Owner/Agent.

HOUSE FOR SALE: Located at Galveston. Garage. Nice location. Call 587-1757.

TCBY YOGURT SHOP for sale. Located in Pikeville. Bill Blackburn Real Estate, 432-2233.

THREE BEDROOM BRICK RANCH. One full bath, two half baths. Carport, utility shed. Located beside Mousie Market in Mousie. Call 606-679-7033.

THREE BEDROOM BRICK. One full bath, two half baths, fireplace in living room, central heat/air. Half acre lot on Abbott Creek. MUST SEE! Call 886-6800.

TWO VACANT LOTS FOR SALE at Wayland. (1) 45x90 on Back Street on (2) .08 acre on Front Street. Call 285-0173.

PUBLIC NOTICE

Waiting list inquiries are now being taken for public housing three-bedroom apartments at the Minnie project site. Inquiries should be directed to:

MARTHA WHITE
Floyd County Housing Authority
Warco Housing Project
606-285-3833
Monday-Friday — 9 a.m.-3 p.m.

Attention: Parents of Preschoolers

These boys and girls started school when they were only four. They learned lots of things that early education brings, and now their schools they adore.

The Floyd County School District will be registering children for preschool on Friday, April 13, 1993 from 8:30 a.m. to 2 p.m. at these schools: Allen, Betsy Layne, Clark, Osborne, Prestonsburg and Stumbo. The program is for any child who will be four years old by October 1, 1993, and is eligible for the school district's free lunch program; or a child who is three (eligible on third birthday) or four years old or becomes five years old after October 1, 1993, who has special needs and would benefit from an early intervention program.

Come and see what an advantage this program gives your child on an early start to an enjoyable education. We look forward to the opportunity of giving your child a year of playful learning.

The Classifieds 886-8506

The Floyd County Times



DEADLINES

Wednesday Paper Noon Monday
Friday Paper Wednesday, 5 p.m.
Shopper Wednesday, 5 p.m.
606-886-8506

NIGHTLINE

Place your ad after normal business hours. Leave a message, we'll call you back.

886-9253

AFTER 5 P.M.

Miss The DEADLINE ?

Place your ad in our after deadline

UPFRONT CLASSIFIEDS

886-8506

FAX US YOUR AD

886-3603

★ **24-HOURS** ★

Real Estate For Sale

HOUSE FOR SALE: Six rooms plus bath and utility. Outside storage building, central heat/air. Located at Wheelwright Junction. Call 452-2761.

LOTS FOR SALE: Cave Run Lake. 1/2-10 acres. Three miles from Longbow Boat Dock. Rt. 1693. Twin Oaks, Inc. Call 606-768-3204.

Autos For Sale

1985 CHEVYS-10 BLAZER 4x4. Tahoe package. A/C, power door locks, power windows, sport wheels. Excellent condition. \$5,200 or best offer. Call 874-2749.

1985 CHEVY SILVERADO BLAZER. 4x4, full size, V-8, automatic, AM/FM cassette, tilt, sunvisor, running boards. New tires and shocks. LOADED! \$5,500 or will trade. SHARP! Call 478-5872 after 6 or leave message.

CHEAP! FBI/U.S. SEIZED 89 Mercedes, \$200; 86 VW, \$50; 87 Mercedes, \$100; 85 Mustang, \$50. Choose from thousands starting \$50. FREE information—24 hour hotline. 801-379-2929, Copyright, #KY016510.

AUTO LOANS
No turn downs!
First time buyers
Loans available for bankrupt
Bad credit, no credit.
If you work—you ride.
Call Mr. Sanders at
886-3861 or
1-800-489-3861.

FOR SALE: 1992 Pontiac Grand Prix SE. Take over payments. Also, new 14" ARE Aluminum wheels with new B.F. Goodrich tires. \$550 firm. Call 886-3371 before 9 a.m. or between 5 p.m.-9 p.m.

FOR SALE: 1977 Lincoln Continental. Four excellent tires, Mag wheels. Almost new battery. Also have other car parts. Call 358-2213.

FOR SALE: 1987 Plymouth Reliant, ps, pb, a/c, four cylinder, \$2,400; 1985 Fiero, ps, pb, a/c, FM/Cassette, four cylinder, \$1,800; 1973 Chevy 3/4 ton pickup with utility bed, 8-lug western rims, \$800. Call 886-9889 after 5 p.m.

AUTO LOANS GUARANTEED!
Bad Credit? No Credit? Bankruptcy? Repo's? We will arrange low cost financing even if you have been turned down elsewhere. No co-signers necessary. Phone applications accepted. For more information call Mr. Scott at 606-437-6282.

JOB OPPORTUNITY

Jerry's Restaurant in Prestonsburg is now taking applications for the spring/summer season. Waitresses and cooks. Jerry's offers BC/BS insurance, paid vacations, meals & uniforms.

APPLY IN PERSON ONLY!
No phone calls, please
Applications may be obtained
Mon.-Fri. 3-4 p.m. only!

For Rent

1,000 SQ. FT. RETAIL OR OFFICE SPACE for rent. Call Jim at 886-4001 for more information.

FOR RENT: Three bedroom, two bath, furnished kitchen, total electric mobile home. Large private lot. Security deposit required. No pets. \$275/month plus utilities. Stone Coal, Garrett. Ralph R. Scott, 358-4267.

FOR RENT: Trailer space. Located across Harold bridge. Call 432-5415 or 432-2311 after 7 p.m.

FOR RENT: 2-3 bedroom home. Private. Located in Auxier. \$300/month plus utilities. Deposit and references required. Call 886-2974.

Employment Available

SOMEONE TO LIVE WITH ELDERLY LADY. Light housework. Price negotiable. Call 358-4309 or 358-2037.

TIRED OF ASKING YOUR HUSBAND FOR MONEY? Sell Avon and make your own. Call Jancy at 886-2082.

WE'LL PAY YOU to type names and addresses from home. \$500.00 per 1,000. Call 1-900-896-1666 (\$1.49 min/18 yrs.+) or write: PASSE-R4299, 161 S. Lincolnway, N. Aurora, IL 60542.

Pets And Supplies

FOR SALE: Three Eskimo Spitz puppies. Four weeks old. Call 886-2078.

STUD SERVICE: Full stock registered male Dachshund. Two years old. Call 377-6621.

Services

CHIMNEY CLEANING SERVICES. Do it now—prevent fires! Clean and efficient. Also, R.A. Taylor Painting Company. Commercial and residential, interior and exterior. Experienced with references. Call 886-8453.

Available Soon!
We are presently taking applications for 1-bedroom apts. at Highland Terrace. These apts. are for elderly, disabled, handicapped, low or very low income applicants.
If you are interested, you may apply at Highland Terrace office between 8:30 a.m. and 12:00 noon, Monday thru Friday or call 886-1925 or 886-1819.
E.O.H. 

Services

COMPLETE BUILDING AND REMODELING
Roofing, siding, gutters, concrete, carpentry, decks, painting and all types of drywall. References furnished. Twenty years experience. Member of the National Home Builders Association. Call Johnny Ray's Construction, Inc. 886-8293.

FOR HIRE:
Woods Backhoe, Dump Truck and Dozer. Will haul gravel, dirt, and install septic tanks. Call 874-2914.

MINE SAFETY CLASS
PHONE 285-0650

D&J ELECTRONICS
VCR, CB, Scanner, Radio, Nintendo cleaning and repair. Located one mile from Highlands Hospital. Free estimates. Call 886-3484.

Employment Wanted

EMPLOYMENT WANTED: I have CDL Class B license. Interested in having a local truck haul. Call 285-9971 after 5 p.m.

FARM EQUIPMENT: Parts and repairs. Call 285-3398.

HILLSIDE CLEANING, gutter cleaning yard work and hedge trimming. Phone: 874-9847.

HONEST, RELIABLE LADY WILL DO babysitting, house-keeping or sit with elderly. Also consider live-in position. Excellent references. Call Judee, 358-4214.

IF YOU NEED A RIDE, to a local doctor's appointment, to Lexington, or anywhere, call Red Wright, 285-9375 or 285-3047 anytime. Medicaid accepted.

INTERIOR AND EXTERIOR PAINTING: Free estimates. Also do carpet cleaning. Phone: 478-2563 or 874-2502.

Employment Wanted

COUPLE WILL STAY OR LIVE IN. Five days week. Do housework and odd jobs. No heavy lifting. Call 606-886-3732.

DOZER WORK: Contract or hourly. Free estimates. Also, dump truck for hire. Call 478-2717 for more information.

ECONOMY TREE SERVICE: Tree cutting, topping, removal, dead limbing and cabling. Twenty-one years experience. Licensed, insured and bonded. Bill Rhodes, owner. Dump truck, chipper and winch. Call 1-800-742-4188 toll free for free estimates. (Local 606-353-9276.)

Personal

CHRISTIAN DATING & FRIENDSHIP SERVICE. For free information packet call 1-800-829-3283.

Miscellaneous

INTERIOR/EXTERIOR PAINTING; paper hanging. Call Johnny Ray Boyd anytime at 886-8293. Twenty years experience.

NEED A RIDE? Call Martin City Cab Service, Inc. 24 Hour Service. Now accepting Medicaid. 285-0320. Also, stop by Judy's Produce at railroad track in Martin.

VCR, CAMCORDER, NINTENDO CLEANING AND REPAIR. All brands. Free estimates. Fast, reliable service. For more details, please call 886-6851.

WANT TO DO: Tree trimming and cutting; fruit tree pruning; light hauling; hillside clearing. 25 years experience. Call 886-8266 or 874-9947.

NOW ACCEPTING APPLICATIONS
For 1-and 2-bedroom apartments.
Regency Park Apartments
U.S. 23 (Below Hospital)
886-8318
from 9 a.m.-3 p.m.

7-20-93

Miscellaneous

ATTENTION COAL MINERS: If you think company-paid doctors lied in your black lung case, call Tom at 886-0895.

WILL BUILD HOUSES, framing, room additions, pole barns, roofing, siding, remodeling, and any type construction work. Vic Wynn, 478-1516.

WILL HAUL GRAVEL; backhoe and dump truck service; fill dirt; install septic systems; building and remodeling. Call 886-9246 or 886-1968, ask for Dave.

FREE BIBLE STUDIES
Would you like to understand the book of Revelations? For a free Bible study write to: Revelation Box 776, Prestonsburg, KY 41653

LIVE-IN COMPANION WANTED for elderly lady. Prefer older person with good personality. Call 358-4458.

ROOMMATE WANTED: Professional person or student to share two bedroom, 1,200 sq. ft. duplex. Beautiful apartment. Very convenient to college and town. Call 886-0030 after 5.

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Recyclability is becoming the mother of invention

Remember when recycling was a Saturday project for the local Scouts who collected newspapers or beverage cans at a church parking lot? Today, recycling programs are a way of life in thousands of cities and towns across America, and now it is taking on a new dimension.

Recycling is a factor in the way an increasing number of new products are designed.

This trend is called "design for disassembly," which manufacturers are employing to create products that are easier to recycle when their useful life is over.

Environmental awareness and the need for better solid waste management practices are driving the design for disassembly trend.

Design for disassembly is a concept based on planning for efficient separation of a product's recyclable parts and on using materials that are easy to recycle.

A Planned Separation
General Motors recently announced its involvement in the world's first vehicle-dismantling company, and Germany's BMW is conducting research that will enable up to 90 percent of its car parts to be recycled.

"More and more, companies realize that by incorporating disassembly of products into the original design they greatly extend the impact of local recycling efforts and conserve valuable natural resources," said Thomas J. Usher, president of U.S. Steel Group, a materials supplier to many companies that have instituted design for disassembly programs. The U.S.



Because of its magnetic quality, steel is an attractive component of many new products that are increasingly designed for eventual disassembly and recycling.

clable and non-recyclable materials, but separating the steel (55 percent of the average vehicle) is easy with magnetic separation. Last year, approximately nine million cars were processed for recycling in the United States, more than the total new car output of General Motors.

Magnetic separation gives steel a unique recycling advantage when compared to other materials that must be hand-sorted.

"What good is designing a product for disassembly if the materials that are used make it hard or impossible to recycle down the road," said Usher. "That's why consumers are going to find more steel in the products they buy in the future. The material is essentially designed for recycling."



Some 1.3 million Salvation Army volunteers contributed over 13 million hours of service last year: they visited over five million people in hospitals and other institutions—another 248,861 were visited in prisons.

Over one million disaster victims were assisted.

Each year, more than 20 million youngsters participate in The Salvation Army's boys and girls clubs at Corps Community Centers.

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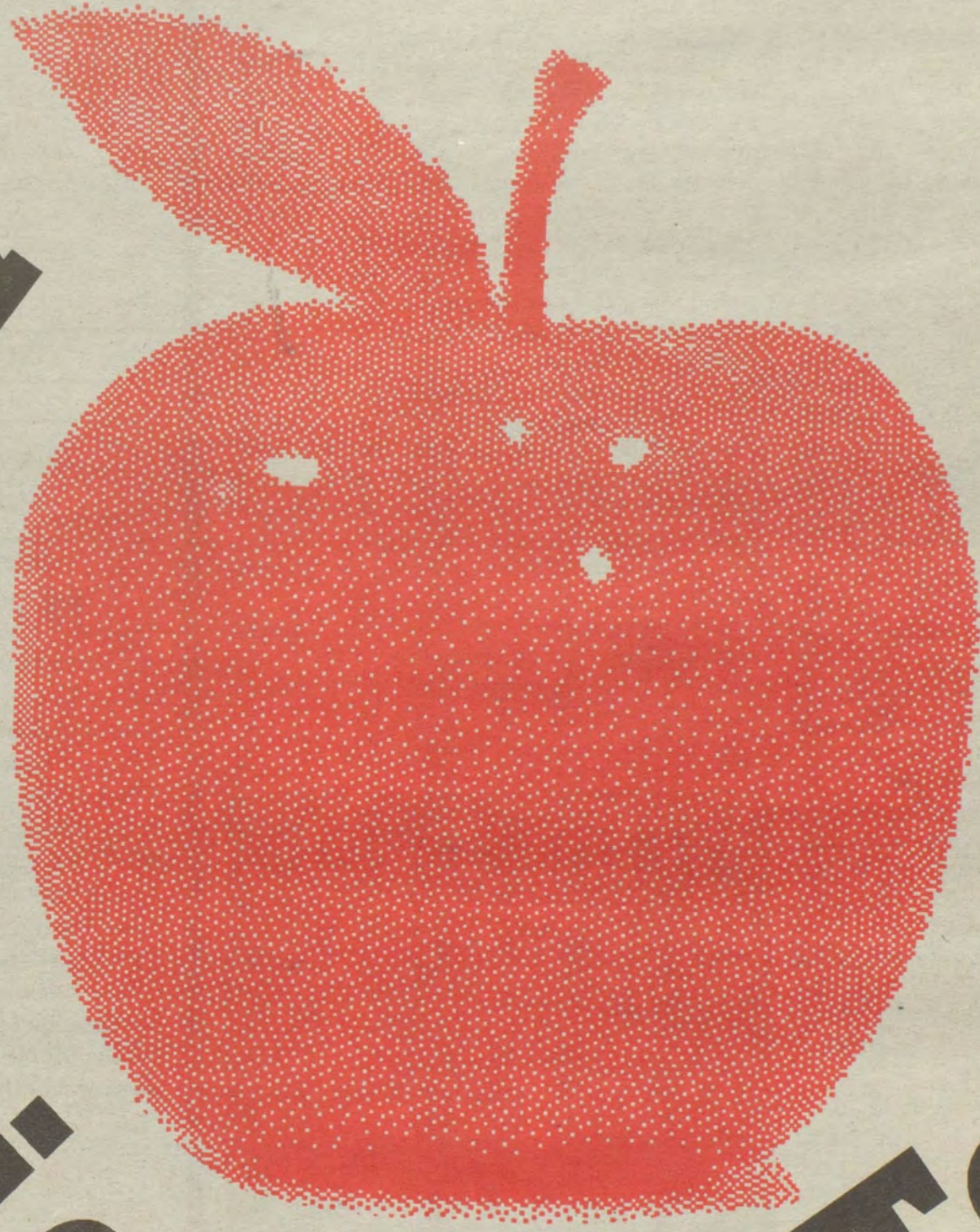
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Woman to Woman

APRIL 1993

The Floyd County Times



Appreciating Teachers

Living

A generation breeds shared goals

by Judith Clabes
Scripps Howard News Service

What do women want? is a question for the ages. Don't get your hopes up—I don't have the answer. I do know there isn't only one, and a lot depends on the ages.

Of the women. Recently in the company of women—all hovering on one side or the other of the Big 5-0—I found myself among a group of strangers instantly connected by shared experiences. It was a generational thing.

We all considered ourselves products of the '60s, defined by a time in which all things seemed possible: Society could be made better by the activism of ordinary people, women could have it all, shared power was more power, we were limited only by our willingness to commit.

Today, we still believe those things. But, after teetering on the brink of exhaustion all these years, we're much more mellow. It feels better.

Time was, in that long-ago day when we were giggly young teens, that the main topic of conversation at our gatherings would have been—what else?—boys.

Well, we don't talk much about the boys these days. Battle-scarred veterans of the War Between the Sexes, we long ago reconciled ourselves to those relationships, at home and at work.

We have settled into long-term, comfortable marriages; we have divorced, remarried and mingled families; we have found significant others. One woman in the group had recently walked away from home when her last child did—and was very happy at the moment to be enjoying her own company in a place of her very own.

As topics go, "men" was not major.

What was: our children, our parents, the stages of our lives.

Because timing is everything, it's difficult for us not to think we've been generally out of sync. We're more amused than distressed about it, but riding the crest of social change while caught up in the dailiness of it is a burdensome thing.

We came along just in time for Superwoman, who nearly did us in. As one woman put it: We were kicking the door in with one foot while trying to climb the ladder with the other.

We were the generation that wanted to get the best from a working world that wasn't really ready for us while trying to keep the best of the family traditions we believed in. We remember the days, with some fondness, of baby drool on our business suits and disposable diapers in our briefcases.

We're glad they're behind us, though our children aren't.

In another twist of luck in timing, we are there for Boomerang kids and extended adolescence (until 28!). "Why us?" we ask. When we were growing up, we could hardly wait to get out of the house and into our own independence. Sure, countered another, but what would our parents have allowed us

to do at home? Can you imagine a 10 o'clock curfew for a 25-year-old?

One mother among us, the envy of all others, actually had a self-supporting 24-year-old.

Don't kid yourself, she said. "I'm still paying her medical insurance. Kids today can't afford it and can't find the jobs that provide it."

True to our luck, we've moved from Superwoman to Sandwiching—which means we have these extended-adolescent children at the same time we have our aging parents. We're squeezed between, feeling very real obligations to both. It's enough to make us positively melancholy for Superwoman.

We remember the times of our lives when we were having the time of our lives. Those early years when we were full of hope and youthful energy and enthusiasm. In some ways, not knowing any better was a very good thing.

We thought we could have it all by doing it all. We could be good wives, good mothers, good daughters, good workers and good citizens all at once. We could have a nice family, a meaningful career and an active civic life, too. In those days, we thought we would change the world—after the laundry was done.

Not a bad idea. It just didn't work quite that way.

Now we're not out to change the world. Today, we take a grown-up approach: We're still working on changing pieces of it as we go along.

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Janice Shepherd—Mg. Editor
Advertising—Shawn Hamilton,
Becky Crum, Joyce Pinson, Karen
Rowland, Cindy Mullins
Composition: Willie Conley,
Mike Burke, Tim Burke,
Jenny Ousley, Jim Goble,
Tammy Goble, Hannah Adams
Features: Polly Ward
Contributing writers: Gwen Harmon,
Patricia Watson, Dr. John Shiber,
Susan Allen, Geoff Belcher, Ed Taylor
Circulation Mgr.—Jodi Blackburn
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Denver Mullins

TABLE OF CONTENTS

Living	W 2
Human Condition	W 3
Coming Attractions	W 4
Craft Column	W 5
Miss Fixit	W 6
At Issue	W 7
Travel	W 8
Fashion	9
Cover Story, Teachers	W 10-11
Health	W 12
Childhood	W 13
What's Cooking	W 15
Book Review	W 16
Money Management	W 17
Household Help	W 18
Entertainment	W 19

The Human Condition

SEXUALLY-TRANSMITTED DISEASES (STDs) (PART IV: TRICHOMONAL VAGINITIS AND 3 OTHER STDs)

by John Shiber
PCC Professor

Trichomonas vaginitis is very common in the U.S., infecting millions each year. As the name suggests, this condition is an inflammation of the vagina, caused by a one-celled organism (a protozoan) called Trichomonas. It is chiefly transmitted through sexual intercourse with an infected person, but can also be contracted from contaminated towels and washcloths. Although only women usually show symptoms of the disease, men can also be infected and, hence, pass it on to their partners. The symptoms in women include itchiness in the vaginal area with a heavy, bad-smelling discharge which is greenish-yellow in color. This is not a serious STD, but it is very irritating, painful, and may be quite embarrassing. Diagnosis is made by laboratory analysis of a sample of the material from inside the vagina. A drug, such as metronidazole, to treat non-bacterial infections due to excessive itching and scratching, is usually prescribed. The partner(s) of the infected person should be treated at the same time to fully prevent re-infection. Furthermore, all towels, washcloths, etc., used by infected individuals should be washed in hot water and soap. Strict personal hygiene should be used on a daily basis to help minimize future infection by this or any other STD.

Chancroid

Chancroid is caused by a rod-shaped bacillus bacterium, called Hemophilus ducreyi. It was once very common here in the U.S., but as of 1987, there were only about 5000 cases reported nationwide, so it is no longer considered a major STD. It is usually transmitted by sexual contact with an infected person, but, as in the case of syphilis, it is possible to become infected from direct skin contact with an open sore containing the bacteria. This disease is highly contagious, and symptoms usually occur within 3-5 days of exposure. At that time, sores start developing in the genital or anal

areas which become open and quite painful. In some instances, the lymph glands of the infected area (i.e., on either side of the groin or in the pelvis) might swell, and, if left untreated, might result in serious complications. Diagnosis of chancroid is usually by microscopic identification of the infecting bacteria and recognition of the symptoms. A series of dosages of sulfonamide or similar drug is the usual treatment. Follow-up examinations may be necessary and, as with other STDs, it is important that the sexual partner(s) of the infected person also be examined and treated if need be. An individual with chancroid should not have sexual relations until the infection has completely cleared up. Effective personal hygiene should be maintained in order to reduce the possibility of becoming infected by any STDs in the future.

Lymphogranulama venerum (LGV)

Lymphogranuloma venerum (LGV) is caused by a strain of chlamydia bacteria and, although it is more common in tropical climates, it does occur here and can cause very serious complications if left untreated. This STD is usually contracted by sexual contact and often in persons who have several casual sex partners or a history of other STDs. From 1-3 weeks after infection, a small sore develops on

the genitals which becomes open and festering, but soon disappears. If the lymph glands in the infected area swell and the disease is not treated, abnormal swelling of the sex organs may occur. An individual is often unaware of the infection until this happens. Diagnosis can be made by the Frei-test, in which an antigen (a foreign particle, such as a protein or a polysaccharide carbohydrate) is injected under the skin of the individual's forearm. If the disease is present, the arm will swell within 2-3 days. Sulfonamide and tetracycline are two drugs used in treatment. In some advanced cases, surgery may be indicated. Follow-up examinations are necessary, and sexual partner(s) should be examined and treated, if needed. Good, daily personal hygiene is recommended in order to minimize the possibility of becoming infected in the future by this or any other STD.

Granulama inguinale

Granulama inguinale is another STD which is uncommon in the U.S. but is included here because of the seriousness of the complications which could occur if one does not receive prompt treatment. It is caused by the bacterium called Donovanias granulomatis, and is primarily transmitted through intimate sexual contact with an infected person. From 1 week up to 4 or even 6 months in some cases, after exposure to the infection, a sore, similar to the chancroid or syphilitic sores, first appears, usually on the genitals, but could show up on other parts of the body. The sore enlarges and becomes open and festering. It is very painful and starts emitting a bad odor. It might even start bleeding. Untreated cases of granuloma inguinale can result in destruction of the genitals and the immediately surrounding area of the body. If the bacteria of this disease can be isolated, diagnosis is made by its microscopic identification from a smear taken from the sores. Tetracycline hydrochloride is the drug most commonly used for treatment. Follow-up treatment is necessary and sex partner(s) should be examined for the presence of this STD and treated, if tests prove to be positive. As with other STDs, sexual activity should be suspended during treatment and personal hygiene is necessary to reducing the possibility of future infection by this or any other STD.

To reduce the chances...

To REDUCE the CHANCES of getting an STD, the following precautions should be taken:

- 1) Limit the number of sexual partners and/or encounters. People who maintain a relationship with one mutually-faithful person are far less likely to develop STDs than those who have many partners.
- 2) Follow a strict personal hygiene routine and encourage your partner to do the same: e.g., wash the genital and anal areas daily with soap and water, especially before and after having intimate sexual contact, and wash the hands frequently every day, particularly after using the toilet, handling animals, or doing anything else which may contaminate them. Urinating after having intercourse is also a cleansing measure, especially for men.
- 3) A condom worn by the man during the entire sexual act may provide more protection.

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Paid for by Carla Robinson Boyd, H.C. 80, Box 90, Eastern, Ky.

Coming Attractions

Magical version of "Aladdin" at Paramount Arts Center

The Paramount Arts Center 1993 Family Series presents Louisville's critically acclaimed children's theater, Stage One, in its own mystical, magical version of "Aladdin" on Sunday, April 25 at 2 p.m.

Tickets for this live, on-stage production of the season's most popular story are \$10 for adults and \$5 for children.

For information contact Paramount Arts Center, 1300 Winchester Ave., Ashland, Ky. or call (606) 324-3174 weekdays from 9 a.m. to 4:30 p.m.

Up With People tour

More than 100 young people from all over the world bring their youthful exuberance on the 1993 tour of Up With People to the Paramount Arts Center, Ashland, Ky., on Monday, April 19 at 8 p.m.

Tickets for "Rhythm of the World" starring Up With People are on sale now priced at \$10 and \$14.

For information contact the Paramount Arts Center, 1300 Winchester Ave., Ashland, Ky. or call (606) 324-3175 weekdays from 9 a.m. to 4:30 p.m.

Wildflower Weekend Pennyrile Forest State Resort Park

There will be a Wildflower Weekend at the Pennyrile Forest State Resort Park, Dawson Springs, April 23-24. Explore the woodlands for beautiful spring wildflowers. Also, evening programs available.

Preregistration deadline is April 17. There will be a \$10 fee. For more information, call (502) 797-3421.

Wildflower Weekend at Natural Bridge

There will be a Wildflower Weekend at the Natural Bridge State Resort Park, Slade, April 30 through May 2. There will be evening programs, displays, and a photo competition.

There will be a \$3 per person or \$5 per family entry fee. For more information, call (606) 663-2214.

Camp Nathanael couples retreat

Camp Nathanael will be hosting its annual retreat for married couples on April 23-24. The activities begin with registration from 4-6 p.m. on Friday and ends Saturday evening after a candlelight dinner. The cost for the weekend is \$40 per couple.

Dr. Ray Pritchard will be speaking throughout the weekend on the topic, Seven Keys to a Healthy Marriage. Housing is available on a first come basis. Commuters are also welcome. Call 251-3231 to register for a great weekend with your sweetheart!

Senior Citizens Day

Camp Nathanael, at Emmalena, will be having a Senior Citizens Day on Tuesday, April 20. The day will begin at 10 and end about 2. For directions, call 251-3231.

Trash Bash '93

The Dewey Lake Trash Bash '93 will be held Saturday, April 24. The Jenny Wiley State Resort Park and the U.S. Army Corps of Engineers invite the public to participate in the 1993 lakeshore cleanup.

Registration will be from 10-11 a.m. at the Jenny Wiley State Resort Park, Wilkinson/Stumbo Convention Center parking lot. There will be a cookout at 2:30 p.m. at Picnic Hollow Recreation area located at the top of the dam.

For more information, contact Ron R. Vanover at 886-2711 or Johnny Martin at 886-6709 or 789-4521.

Healthy Secretary Day

A seminar for office secretaries, receptionists, and clerks is being sponsored by Our Lady of the Way Hospital on Wednesday, April 21, from 10 a.m. until 2 p.m. at the Jenny Wiley Convention Center.

There will be presentations on preparing yourself mentally for the job; what are you eating?; what's eating you?; understanding sexually transmitted diseases; stress: the person and relaxation; how you can be a success; and a working wardrobe fashion show.

The cost is \$25 and it includes the buffet, long-stemmed rose bouquet, blood-pressure check, packet of education materials, and attendance prizes.

Pre-registration is required by Thursday, April 15. To make reservations or to get additional information, call the Community Education Department, Our Lady of the Way Hospital, at 285-5181, ext. 388.

Meetings for Women's Group

Meetings for Women's Group sponsored by the Community Health Advocates Program of Christian Appalachian Project are as follows:

- Wheelwright Women's Group: Wheelwright Baptist Church on the 1st and 2nd Mondays, from 10 a.m. until noon.

- Weeksbury Women's Group: Weeksbury Community Center on the 3rd, 4th, and 5th Mondays, from 10 a.m. until noon.

- Garrett Women's Group: Fellowship Hall of the Garrett Baptist Church on Wednesdays, from 10 a.m. until noon.

- Martin Women's Group: Community Room at Grigsby Heights Housing Project in Martin on Thursdays, from 10 a.m. until noon.

- Salt Lick Women's Group: Salt Lick Pentecostal Church on the 1st and 2nd Thursdays, from 10 a.m. until noon.

- Pippa Passes Women's Group: Basement of the HeadStart building on the 3rd, 4th, and 5th Thursdays, from 10 a.m. until noon.

- Salyersville Women's Group: Magoffin County Library Conference Room on Tuesdays, from 10 a.m. until noon.

- Midway Women's Group: "Little Red School Bus" Route 7, Royalton, on the 1st, 3rd, and 5th Tuesdays, from 10 a.m. until noon.

For more information, call Katie Newsome at 285-5111 in Floyd and Knott counties, and Trish Joseph at 349-6113 in Magoffin County.

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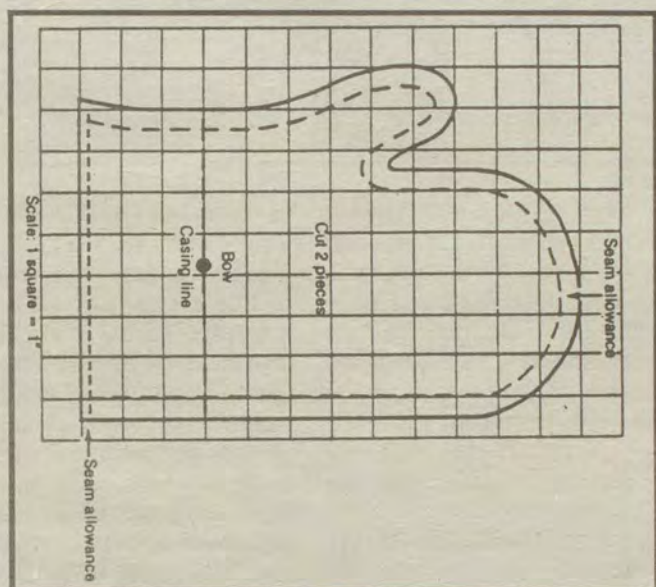
All calendar items for the May edition of Woman to Woman must be received by the first week in May

Craft Column

Bath Mitt with Lace Trim

Fabric: 13" x 18"
Trims and Notions: 1/2 yard of 1/4" cable cord; 1/2

yard of 1" bias tape; 10" of 1/4" elastic; 1/2 yard of lace trim about 2" wide.



•Enlarge bath mitt pattern and cut two pieces from the fabric.

•Pin the two pieces, right sides together, and sew around the mitt, leaving the bottom edge open. Trim the seams to 1/4" and clip the curves. Overcast the edges, if desired.

•At the bottom edge, turn up a 1/4" hem to the right side. Stitch in place.

•Place the top edge of the trim over the hem and stitch in place, overlapping trim ends where they meet.

•On the inside of mitt, center the bias tape over the casing line beginning and ending at a seam. Fold under the ends of the tape, and stitch in place on the long edges.

•Insert elastic through the bias tape casing. Adjust to the desired size and sew the ends of the elastic together.

•Make a bow from cable cord and stitch it to the mitt at

the dot.
(Information provided by the Floyd County Extension Service)

Laundry Bag

Fabric: 3/4 yard.
Trims and Notions: 1 1/4 yards crochet lace trim about 2" wide; 3/4 yard single-fold bias tape; 16" zipper; plastic hanger.

•Enlarge laundry bag pattern and cut two pieces from the fabric; 1/2" seams are allowed.

•Cut out the opening of one piece (front). Press open one folded edge of bias tape. Sew the bias, right sides together, around the opening. Turn the bias to the inside and stitch in place to bind the opening. Embroider "Laundry" above the opening, if desired.

•To form an opening for the hanger, turn down 1/2" at the top edge of the front and back pieces of the bag. Stitch 1/4" from the folded edge and again 1/8" from that.

•With right sides together,

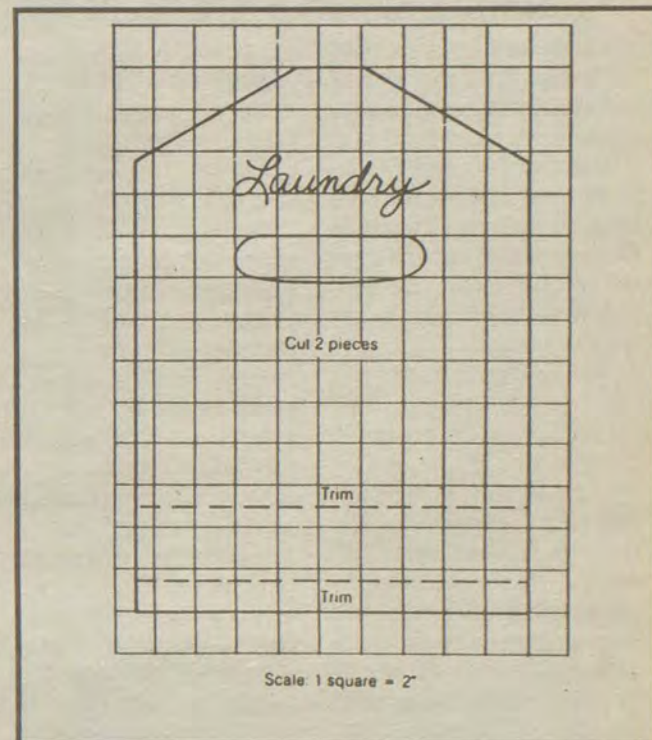
sew front to back along the bottom edge. For zipper seam, change from a standard machine stitch to a basting stitch for the center 16". Insert the zipper.

•Stitch trim to the front of

the bag as illustrated.

•Pin the remainder of the bag front to back, right sides together. Stitch, leaving the top open for a hanger.

•Turn the bag right side out, press, and insert hanger.



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Miss Fixit



by Jodi Blackburn

Tents, backpacks and sleeping bags

Materials and techniques

Camping equipment is generally sturdy and should last many years with proper care. Barring misadventure or carelessness that results in tears in the fabric, tents, backpacks, and sleeping bags are likely to need repairs only to those parts that take the most stress and wear: zippers, grommets, tent peg loops, lines and seams.

Frequently the weak point gives out while you are using the equipment on a trip. So it's wise to carry a small kit for field repairs. Include nylon cord, adhesive-backed nylon rip-stop tape, split rings, some device to use as a temporary substitute in case a peg loop or grommet tears out, a melt-and-patch stick of rubber glue, and duct tape with a dull finish. These materials are available at most camping supply hardware, and army and navy surplus stores.

You can make permanent repairs at home. For strengthening stress points, and replacing straps and peg loops, use nylon webbing; it is available in widths of 3/4, 1 or 2 inches. Nylon tape is thinner than nylon webbing; it is available in widths of 3/4, 1 or 2 inches. Nylon tape is thinner than nylon webbing and not as strong, but it is easier to sew. Nylon tends to ravel when it is cut. To prevent raveling, either heat-seal the webbing or tape by passing a match flame along its cut edges or make the cuts with the hot point of a wood burning tool.

For sewing repairs, use a thread with a polyester core and an outer wrapping of cotton. It is stronger and stretches less than nylon. If your sewing machine can handle heavy fabrics and the job is manageable on a machine, you may find it more convenient to use the machine than sew by hand. However, most work will require hand-stitching. Use a needle no heavier than necessary to go through the fabric — the needle opens up holes that will let water through. For very thick fabrics, use an upholsterer's needle or sewing awl.

Sealing the stitching

In all cases, after sewing anything into a pack or tent, apply seam sealant over both sides of stitching to prevent leaks. Re-waterproof cotton tents only. If you waterproof nylon, condensation is likely to occur inside the tent; moreover, nylon does not retain waterproofing well. Most nylon tents come with a rain fly of coated nylon with which to cover the tent in wet weather.

Patching fabrics

Use a patch similar in type and weight to the fabric being repaired. For a cotton tent, use waterproofed cotton duck or canvas; for a nylon tent or sleeping bag, use adhesive backed rip-stop tape. You can mend small tears in backpacks with rip-stop tape, but for a large area make a more



Reinforcement patches: When you are replacing a peg loop at the side of a tent, first sew a triangular patch (see above) to the tent floor to reinforce the area, then, stitch the new loop in place.



Setting grommets in loops: Grommets can be set in loops and used to hook over tent poles. One layer of webbing is strong enough to hold a grommet positioned as shown.



If the tent floor is torn or weakened at a corner, make a triangular patch; stitch the patch in place on the underside of the tent floor.



Corner peg loops: Cross the ends of the nylon tape or webbing, then, sew the loop to the reinforced underside of the tent floor with several even rows of stitches.



Nylon tape, as opposed to webbing, should be doubled to create a strong enough base in which to set the grommet. Form the loop first, then set the grommet, as shown, before sewing tape to tent.



After setting the grommet in the tape, cross the loop's loose ends; sew the loop's doubled ends to the tent corner as shown. Both the grommet and the stitches pass through a double layer of tape.

durable patch of coated nylon duck or pack cloth. To make a field repair with rip-stop tape permanent, simply stitch around the edges of the tape.

Patch a cotton tent on the inside of tent with a piece of fabric larger by several inches than the hole or tear. Turn the edges of the patch under 1/4

inch and hemstitch around the outside of the patch and the edges of the hole or tear. For a tear near a seam, where there is extra strain on the fabric, put a smaller patch directly over the tear and stitch around its edges before placing a larger patch on the inside of the tent.

Repairing peg loops

Frequent usage wears out the peg loops around the bottom of a tent, especially in a cotton tent where contact with the damp ground encourages

fabrics to rot. Loops may also pull out of their seams. To make new loops for a large cotton tent, use nylon webbing. For the lighter weight backpacking tent, use nylon tape.

Reinforcement patches

Reinforce the area in the tent floor where a corner peg loop is to be sewn if the fabric is torn or weakened. Always reinforce the fabric when replacing a side loop; the patch will help to spread the stress.

Make reinforcement

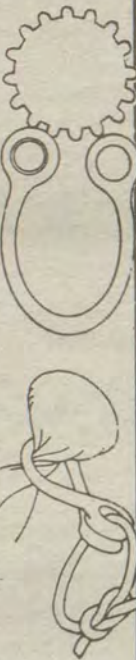
patches from fabric of a weight close to that of the fabric of the tent. When reinforcing a tent floor with a waterproof coating, make the reinforcement of coated material. Cut a square of fabric, turn under the edges 1/4 inch, and fold the patch into a triangle. Iron it flat before sewing it into place. Finally apply seam sealant over all stitching on both sides of the fabric.

(Source: Reader's Digest/ Fix-it Yourself Manual)

If a peg loop breaks so that your tent cannot be properly staked down, you may spend an uncomfortable night if it is windy. Camping supply stores sell field repair kits, containing devices like this two-part snap-on loop.

Break the two lightweight plastic pieces apart. Insert the disc into the tent fabric from inside the tent, and gather the fabric tightly around the disc. Give the disc and fabric a couple of twists and then slide the arms of the U-shaped clamp around the fabric directly underneath the disc. Snap the ends of the U together, one inside the other, so that the two holes are perfectly aligned. Run a length of cord through the holes and tie the ends to form a loop. Use this loop to hold the tent peg until you can make a repair.

If you do not have a gadget like this, you can improvise by using a small, smooth stone and cord.



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at ■ Corporal Punishment ISSUE

YES

by **Gwen Harmon**
Principal
Prestonsburg Elementary

Corporal punishment, as defined in the Floyd County Schools Student handbook, means swatting a student on the buttocks with a wooden paddle. Corporal punishment should be used as a last resort and only after other acceptable methods of control have been tried and determined to be ineffective. The purpose of discipline is to alter, modify, or change behavior patterns that are unacceptable, corporal punishment shall not be excessive or unreasonable and is not intended to injure the student. Written parental permission shall be required prior to the administration of corporal punishment.

All acts of such discipline shall be witnessed by two certified school employees, but not in the presence of other students. The student's parent or guardian is notified by letter everytime a student is disciplined in my office.

Schools which permit corporal punishment shall keep extensive and accurate records on its use. Such records shall include: student's name, age, gender, race, and educational status. These records shall also include a detailed account of the circumstances under which the punishment occurred, including previous interventions on other acts of misbehavior. Prior efforts to work with the student, student's parents or guardians, and school staff should be noted. Complete copies of these reports shall be filed for at least three years with the school council or principal, the district superintendent, and the students'

parents or guardians.

Schools which permit corporal punishment shall maintain a current list of students who are repeatedly administered corporal punishment. A behavior improvement plan shall be developed for each of these students with opportunities for input from the student, students' teacher, students' parents or guardians, with the goal of eliminating the future necessity of corporal punishment for that student.

Discipline at Prestonsburg Elementary School has improved dramatically this year over last, simply because corporal punishment is allowed. Students having the threat of this type of punishment is enough to keep them from misbehaving. Last school year, when corporal punishment was not allowed, students had nothing to fear when their behavior warranted stronger punishment, except suspension from school. Many students welcomed a suspension from school for one or two days, treating it like a vacation.

Now that corporal punishment is allowed, students are more aware of their behavior, since they truly dread being spanked. Very few students are needing corporal punishment used at our school, but having this useful method of discipline available is a great deterrent of misbehavior. We also use "In School Suspension" one or two days a week for students whose parents do not allow corporal punishment or students that have had corporal punishment administered once. I never administer corporal punishment more than once unless the students parents want this type of discipline used and then only if it seems to work for that particular student.

NO

By **Janice Allen**, Principal, Adams Middle School and **Patricia Watson**, Coordinator of Writing/Language Arts

There are alternate ways of dealing with behavior problems rather than using corporal punishment (padding).

School discipline started out to be corporal punishment; however, due to legislature and to behavioral studies, alternate forms of discipline are now required in the classroom. Now, teachers are allowed to paddle, but only with parental consent.

Alternate forms of punishment involves communication. A parent is called to a school to help with discipline. The student and the parent are actively engaged in changing behavior to that which is appropriate to classroom participation in order to achieve learning.

Dealing with discipline is the process of helping students to learn to live and to work together to be productive and happy. Discipline is as important to the learning process as curriculum. In order for discipline to be effective, it must be planned and there must be cooperation of all school personnel. It must be learned by every student, and it must be made a basic objective of every teacher.

In today's school world, every school has need to establish rules—a code of conduct which outlines responsibilities, privileges, and consequences of inappropriate student behavior. The code of conduct is a published document discussed with students and given to students and their parents. The code of conduct is established through the input of parents, students, teachers, counselors, prin-

cipals, including administrators.

Alternate forms of discipline used include conferences with parents and teachers and conferences with parents, teachers and students. The principal or the counselor is usually involved in a conference session. Another approach to alternate discipline is withdrawing privileges. Any student may lose bonus privileges such as a field trip to go to see plays, or to go bowling or to a similar activity.

Some schools use detention—either after school or in-school. After school detention requires parents to pick up students after the detention hour or to bring them early before school starts. In-school detention isolates students from other students and school activities for a period of time. This may be a range of one, two, or more days. In-school detention allows students to do regular class assignments which their regular classroom teacher gives, or the in-school detention supervisor (usually a certified teacher) will make a detention assignment if the student comes unprepared with class assignments. Many schools use this form of discipline since it allows students to be counted present and to maintain their work.

Out of school suspension is not encouraged for it elicits another negative reaction.

"Time out" areas away from the classroom allow students to have a cooling off time before they begin to resolve the problem.

A basic concept is to figure out the root of the problem and to help the student to work through that problem.

(See NO, W 16)

Travel

Hillbilly clans from throughout the nation will converge on the stomping grounds of the Hatfields and McCoy's April 15-17.

Pikeville will celebrate its annual Hillbilly Days with down-home, back porch en-

tertainment during the festival which draws thousands.

The city becomes transformed into Hillbilly Heaven, and takes on the guise of an outdoor festival, featuring a bandstand and dance floor at the city park. Superior artists and craftspeople demonstrate their talents and sell their handiwork to a background of mountain music, clogging, square dancing, and clusters of men, women — even youngsters — pickin' and grinnin' and trying to outdo each other with their hillbilly outfits.

Thursday night, April 15, Hillbilly Days gets underway with music in Pikeville

City Park at noon. The official welcoming ceremony will be held around 5 or 6 p.m. in the park.

On an open stage, Larry Webster's Mule Band will entertain hillbillies throughout the event.

clogging contest is one of several contests during the day. Expert cloggers will gladly teach the amateurs, free of charge.

Though traditional music is preferred, amateur contestants will offer a wide variety

a.m. and end at 5 p.m. Sign up at the park and be prepared for a day of thrills.

Music, a foot race, and an antique car show continues on Saturday. Music in the park will be held from 10 a.m. until 11 a.m. The fun run begins at 9 and the 10K run at 10. Cars from the glory days can be seen on the lot of Hardees during the festival's antique car show.

Don't miss the politicking. Relive old-time stump meetings as candidates espouse qualifications and opinions during a political forum on the courthouse steps.

The climax of the three-

day event is the Hillbilly Parade which usually begins around 2 p.m. and ends whenever the hillbillies decide it's gone on long enough for anyone and everyone to participate.

And don't forget the carnival. Carnival rides began Wednesday and continue during the festival. Ride all rides Thursday and Friday, from 1-4 p.m. for \$7. After 4 p.m., pay .60 per ticket. All rides on Saturday from 1 p.m. until midnight will be .60 per ticket.

While in Pike County, check out the overlook at the Pikeville Cut-Thru, the Dils Cemetery where Randall,

Sarah and Roseanna McCoy are buried, and the Breaks Interstate Park which features the largest canyon east of the Mississippi.

Dressing in hillbilly garb isn't a requirement to have fun at the festival, but it's an experience not to be missed. Veteran participants have collected some fantastic paraphernalia over the years, including buttons, stickers, and other emblems which decorate their caps, bibs, jackets, and ties.

Pike County is an exciting place to visit during its "miracle of the mountains," Hillbilly Days.



Get down to the hoedown!

Pictured are some pickers and gridders during last year's Hillbilly Days in Pike County. (photo courtesy of the News Express)



Stop 'n sit a spell

These Hillbillies were just plum' tuckererd out by festivities during last year's Hillbilly Days in Pike County. (photo courtesy of the News Express)

Friday, the park will be filled with the sounds of music as entertainment begins at 10 a.m. Marlow Tackett and the Music Company Band will let loose beginning at 5:30. Tackett and his group will have lots of pent-up energy for the performance, so prepare for a foot-stomping time.

An amateur music and dance contest will be held at 7:30. Grab a partner and head for the stage. Age is no limit. Grandma and grandpa, it's time to show the youngsters the intricate hoedown steps. Those who want to learn how to clog, or who just want to watch those fancy foot actions, head for the park. A

of musical styles during the competition. Musicians interested in participating should contact Webster in the park, or call him at 437-4029.

Registration for the amateur contest begins at 7 p.m. at the state. Cash prizes and ceramic trophies will be awarded to the top three finishers in bands, solo performers, adult and children dance categories.

These trophies are valuable keepsakes. The statuettes, crafted by Paula Thomsberry, depict hillbilly scenes and are becoming collectors' items.

For the more adventurous at heart, rafting through the cut-through will begin at 10

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Fashion

Kids' clothes can be practical and fun

By Rhonda B. Sewell
Scripps Howard
News Service
We all know that bell bot-



toms, strapped sandals, and the mesh look are in for women, and men are still into colorful shirts and ties, but what about kids?

Chris Blake, creative design manager for OshKosh B'Gosh, a leading manufacturer of children's wear, says everything old is new again.

"Comfort, colors, and prints are most important to kids, while parents want durability and practicality. This spring's basics provide the best of both," Blake says.

Tina Hunter, of Sylvania, Ohio, parent of a 3-year-old girl and a 10-month-old boy, said she always shops for basic fashions for her children that will last or can be handed down to other children when her kids outgrow them.

"I like denim because it's rugged for my kids, and they like to play on the carpet. Denim lasts a long time, and I also like the colors that the stores are featuring for spring. I'll have to wear sunglasses when I look at my kids because the colors are so bright," said Mrs. Hunter, while shopping for her children's clothes for a vacation in Florida.

Blake agreed that parents should search for basic clothes that can last even when their children outgrow them.

The 1993 spring collection of OshKosh B'Gosh focuses on lively graphics and separates that offer good mix-and-match possibilities.

"I always buy separates for my little boy," Mrs. Hunter said. "It's easier to dress him,

and the styles have really changed over the years.

"My girl, she has her own opinion as to what she likes to wear even at her age. I allow her to pick out some of her clothes, with my approval of course, but she really has a great eye for fashion."

This spring, parents can shop for fruit prints for girls in bold citrus-bright tropical colors. And because of the western influence in fashions, gingham checks and florals add nice touches to denim and chambray jumpers.

Sailor collars, cuffs and pockets, and crisscross bib yokes in blue and white make nice fashion statements for children during spring vacations near the beach.

Below is a list created by OshKosh B'Gosh, Inc., of spring fashion possibilities for children:

An Easter-best selection of dresses includes baby doll and float designs, shirtwaists and sun dresses. Embroidery, lace, and ruffles also add special touches.

For older girls, there are sleeveless mock turtle-necks, ruby-stripped T-shirts, white and colored denim vests,



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shorts, skirts, pants, waist-tie tops, and retro European-styled rompers and dirndl skirts.

For boys, prints and styles for spring are inspired by sports, including golf, mountain biking and baseball. Pin-striped baseball shirts and bats woven on denim are hits for spring looks for the little guys, who also can wear bright plaids, primary color-blocking, mosaic designs, and dolphin and dinosaur prints.

Preppy golf looks for spring holidays are popular for young boys in teal, plum,



for young boys in teal, plum, and peri plaids and solids with golf-themed screenprints.

For older boys, pants and shorts with roomy fits and drawstring waists are favorites, and so are lots of T-shirts with ruby stripes and logo screenprints.

In swimwear, look for boys' trunks in stand-out detail such as mosaic fish designs and even retro pop-art graphics. Girls' suits will feature gold and silver foil designs, taffeta trim and floral embroidery. Shop for coordinating T-shirts to wear on and off the beach.

For girls—newborn, infant, toddler, and sizes 4-6X and 7-14—the following colors will be hot for spring: Candy pink, azure blue, but-

tercup, sugar mint, and midtones such as light fuchsia, lemon, red, and boysenberry.

For boys—newborn in-

fant, toddler, and sizes 4-7 and 8-14—hot spring colors include tangerine, flame red, electric sea blue, lagoon green, and dark plum.

Men's shirts:

A favorite with women

By Marilou Berry
Scripps Howard
News Service

The question of who wears the pants in the family may be subject to debate. But when it comes to shirts, there's no doubt. Both men and women have made the classic men's shirt the hottest component of their wardrobes.

"The savvy female is fast catching on to the fact that what's good for him can be dynamite for her," says Mark Weber, president of Van Heusen.

That same savvy female has learned that buying men's shirts is a simple matter of fashion economics.

Why, she asks herself, buy an expensive designer shirt for three times that of a Van Heusen?

Van Heusen is the top-selling brand of dress shirt, according to Marketing Research Corp. of America Information Services.

There's still another reason why women buy men's shirts—the laundry bill. Traditionally, the cleaning cost for a woman's blouse or shirt is three times as much as a man's.

So, what will the savvy woman find in spring shirt styles for the man in her life—or for herself?

She'll find a switch from black to white.

"Black was the leading fashion color last fall," says Ron Sok, the Van Heusen spokesman. It was a look macho males copied.

"With the election and the country becoming more optimistic, the mood is getting lighter and brighter. So is fashion."

But, Sok advised, even though white is in, it's not just plain white. It's white-on-white, textured white, white satin stripes on white. White is also the leading background color for pattern. Leading the pattern parade in shirts are stripes, with black and dark accents of cranberry and navy the top color trio.

Beyond white, Sok advises shoppers to look for midtones and neutral naturals, rather than plain light blue or tan hues.

While some form of white is right in dress shirts, color is key in sport-shirt stylings. The look is soft and relaxed, the fit comfortable.

For designer Henry Gre-

thel, that is a familiar concept.

Since 1979, Grethel has been giving men clothing that says style and comfort without carelessness.

"Men are certainly becoming more exploratory, taking more chances," Grethel says. "A lot of the boundaries are coming down. Even in tailored clothing, construction is softer. What's really happening is that sportswear has influenced all areas of apparel, from tailored clothing to ties, from dress shirts to shoes. In general, there is a more relaxed attitude toward dressing."

When designing his spring collection, Grethel says he was intrigued by the notion of leisure.

"I was thinking about what you conjure in your mind when you say summertime," the designer says. "Certainly, when you're talking sportswear, that's really time-off kind of clothes. That's when fabrics are lighter and colors a little brighter. You're looking for coolness and clothes that will be very, very laid back, yet fashionable. The garment is not as uptight as it once was."

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All

in a

Day's

Work



Karen Trivette



Frances Turner

Working her way to the top of the class

by Polly Ward
Times Feature Writer

When Karen Trivette became principal at Prestonsburg High School this school year, she came with the perspective of a former teacher.

"The biggest asset I bring to administration is that I'm recently a teacher and I know what it is like to be a teacher," she said during an interview at her office.

She added that she always wanted to become a teacher because "I

suppose I had some excellent teachers in grade school who were my heroes and role models. They made a big difference in my life and I wanted to make a positive difference in other's lives."

For 21 years she taught English, German, speech and drama at both Virgie and Dorton High Schools in Pike County; and she coached the Virgie High's girls' basketball team ten of those years.

"I felt right at home when the schools combined," she smiled. "The

students I had at Shelby Valley were all my students."

She taught one year at the new consolidated school then took a sabbatical to get her Rank One in principalship.

"The real reason why I wanted to be an administrator," she said with characteristic frankness, "is that I thought I could affect more students and I knew what it felt like to be a teacher and thwarted by a principal."

After she earned her Rank One, she became assistant principal at

Betsy Layne High School. She said that principal Allan Osborne "was my mentor...He gave me a lot of responsibility at Betsy Layne and he allowed me to prove I could do the job. I credit him and the school's site-based council for hiring me as assistant principal. They gave me a chance.

"Allan Osborne, superintendent Dr. Towler, Gary Frazier and others in charge of instruction, have been

(See Trivette, W 16)



CaSandra Slone

Everything's new for teacher and her students

by Polly Ward
Times Feature Writer

First-year teacher, CaSandra Slone, 24, comes from a family of teachers. Her mother, Judy Slone, teaches at Allen Central High School and her sister, Libby Riley, teaches at Duff Elementary.

"Aunts, uncles, cousins — I have a huge family and all of us are teachers," she said during an interview at her classroom at Harold Elementary.

So it is not surprising that Slone would want to follow the family tradition. She confessed, "I always wanted to teach."

She teaches 22 students in split fourth and fifth grade classes and, this day they were busy working on a writing assignment.

"I love teaching," she said. "I come in after working all week on multiplication and I think, 'Oh, they haven't learned it yet.' Then by the end of the week, they can do it!"

But, she admitted, "Some days I go home and cry and think I've not accomplished anything."

She lives at her hometown, Wayland, a half an hour drive away from Harold. She said "At first I was afraid to teach away from the Wayland area. But at Harold Elementary, everyone is so friendly and has made me feel so at home. The teachers have opened their arms to me and helped me with any problems."

Still, teaching is not what she expected.

(See Slone, W 14)

A lifetime of memories to draw upon

by Polly Ward
Times Feature Writer

Frances Turner, 81, taught well over 30 years in the Floyd County School system, mostly at Wheelwright and McDowell High Schools, and it was work she relished. She taught English, drama, speech and creative writing, and was librarian many of those years. At one time she was offered teaching positions at three colleges, all of which she declined.

"My son asked me why I wasn't interested. A college position was prestigious." She said she told her son, "Why would I want to be alone in northern Kentucky when here I

could pick up a telephone and have a 100 people here if I was sick or scared?"

The people she could call upon are her former students with whom she keeps in close contact. Or rather, they keep in close contact with her.

"They call me to ask if they can go anywhere for me or do anything for me. They call to check on me," she said.

She doesn't consider them former students. Instead, she said, "They are just my friends."

One such friend is a former student from McDowell who is now a pilot for an airline in Amsterdam Holland. "Every two or three weeks I get a call from him," she said.

She also taught her son, Ronald, who is presently principal at Floyd Technical High School.

A roll call of her former students include "lawyers galore, accountants, doctors," she said. And most of the faculty of McDowell High School, and state senator Benny Ray Bailey, Dr. Grady Stumbo and Dr. James Stewart, a neurosurgeon and professor at Tulane University in New Orleans.

Turner read aloud a letter she recently received from Dr. Stewart, now retired, in which he wrote that he attributed much of his success to the educational foundation he received from Turner.

Then she recalled with relish an

anecdote concerning state senator Bailey.

"Benny Ray Bailey said a wrong word on TV. I wrote a letter in which I said 'Did you have to embarrass me in front of the world?'

"The next time I saw him, he laughed and said, 'I knew when I said that I would hear from you.'"

She is pleased with the impact she has had on her students' lives, especially considering that her father had different career plans for her. But the Great Depression of the 1930s changed those plans.

Her family originally came from Southern Ohio, but she grew up in

(See Turner, W 14)

From Health Magazine:

The Manicure Cure

by Dana Sullivan

I was, until recently, a nail biter of the chew-'em-till-they-bleed variety. Evidence of a compulsive disorder, I once read, and a practice that belied my otherwise relaxed nature. I'd tried everything from sitting on my hands when they weren't in use (mildly inconvenient) to painting my nails with a foul concoction called, optimistically, Bite No More. (I picked at them instead.) When a friend suggested a professional manicure, I laughed. How could a manicure succeed when even Bite No More hadn't?

But one day last year, on a whim, I walked into Lucky Nails, a salon in downtown San Francisco. Embarrassed, I held out my very unlucky nails to manicurist Annie Tien. She took a quick look, made one of those maternal clucking noises, then got right to work.

Tien began by making what seemed like a gratuitous pass at my nails with an emery board—working in one-way strokes from sides to cen-

ter of each nail, because, she said, filing back and forth weakens the nail. That job quickly completed, Tien plopped my hands into a bowl of warm, soapy water to soften the cuticles. Just like Madge in the dish soap ads!

Nail biting is a subconscious reaction to tension, said Tien, as she dried off my hands and then gently pushed at my cuticles with a towel. I was probably unaware I was doing it. (That sounded like as good an excuse as any.) She promised me that a weekly manicure would make my nails not just better-looking but also more noticeable, so I'd be less likely to bite them.

She dabbed a cuticle softener around the base of my nails, pushed the cuticles back a bit further, then clipped off the dead skin. My fingertips began to look a little less tattered. After a vigorous hand massage—the best part of a manicure—she painted my nails with a clear base coat, light pink enamel and clear top coat. The result? My nails actually looked, well, almost

nice.

More important, the manicure worked. I didn't bite or pick at my fingertips for nearly 10 days—a record. And I've been going back about once a week ever since. I'm still convinced the main reason I've kept my fingers out of my mouth is that after paying someone \$11 to do my nails, I'm certainly not going to ruin them.

Last year Americans, almost all of them women, spent more than \$3 billion on nail care products and services. It's a particularly impressive figure, says dermatologist Richard Scher, nail expert for the American Academy of Dermatology, since there's not much you can do to make your fingernails grow faster or stronger.

Your nails are dead tissue, growing from living roots inside the skin, so commercial, "nail builders" or "growth factors" don't work: They merely coat the nail, somewhat protecting it against the wear and tear of daily chores like dialing the phone or, a personal favorite, pulling out staples. And—contrary to what your grandmother may have told you—neither gelatin nor calcium supplements will provide strength.

Still, hope springs eternal. Researchers have long believed that minimally healthy eating habits will provide all the nutrients the nails need, but a recent tantalizing study suggested that the B vitamin biotin can make nails less

brittle. (Biotin is found in liver, egg yolks, yeast and soy flour.) And Scher is investigating the possibility that minoxidil, of hair-growing fame, promotes nail growth. The study was prompted by reports of fast-growing nails from some of those who rub the staff onto their scalps.

The nail-care business offers women neither biotin nor minoxidil, yet history suggests that it's in no danger of going under. As long ago as 3,000 B.C. in Egypt, men and women of high social standing used henna to stain their nails a rich red-orange—the deeper the red, the more important the individual. About the same time in China, people used paint made of beeswax, egg whites, gelatin and gum arabic on their nails: Long, shiny ones were a sign of idleness and, therefore, wealth. Now that a bottle of nail enamel costs just a few dollars, painted back-scratchers are no longer just for the rich or leisured. Personalized designs, though, are still reserved for those with some time and money on their hands.

"Christmas tree lights attached to the nails are some of the wildest things I've seen on a pair of hands," says Cyndy Drummey, editor of Nails, a trade magazine for the manicure industry. Into each nail, she says, a tiny hole was drilled to hold a colored light; fingerless gloves hid the wires that ran to a battery pack. When I offer that this

sounds pretty tacky, the diplomatic Drummey says that holidays seem to prompt the most festive paint jobs—American flags in July, jack-o'-lanterns in October. And I thought I was brave to wear red polish.

Extravagant designs demand long and even nails. For women with short (or bitten) nails, that means going faux, with what are known as acrylic tips: flimsy plastic nail pieces stuck on with instant glue, filed, and coated with an acrylic paste for extra strength. (If your nails have already reached a respectable length, a process called a nail wrap can extend them with a layer of silk, linen or fiberglass.)

The real nail continues to grow underneath the fake one, pushing it away from the growth zone at the base of the nail. The resulting space is filed in with acrylic paste about every two weeks. This vanity is not cheap: The ini-

tial application costs about \$50; the bimonthly fill, \$20. Bonus features, like the Old Glory paint job, can cost several dollars per nail.

Dermatologists would much prefer you saved your money, because it's easy to leave small gaps between the fake and real nails, gaps in which moisture can accumulate. Bacteria that breed in the moisture pave the way for fungus to take hold. The result: a gooey, greenish "athlete's foot" of the nail. Treatment can take up to 18 months and requires prescription oral antibiotics: Over-the-counter antifungal "cures" aren't potent enough.

Women can reduce the chance of such infections (estimated to affect about 1 percent of false-nail wearers) by using a licensed manicurist for all nail care, according to dermatologist Scher—though, he says, some states

(See Manicure, W 16)

What makes your fingernails grow?

by Dana Sullivan

Like hair, fingernails are made of keratin, a strong protein. Also like hair, fingernails are dead—the living growth zone is deep inside the skin. That means that "nail builders" or "growth factors" wouldn't have done a thing to make my chewed-to-a-nub nails grow faster or stronger.

But I found that there are a few things that can speed the growth of nails. Hot weather will do it, because heat increases the rate of all metabolic processes. The natural pulse of body rhythms means that nails grow faster during the day than at night. As you get older, you can expect your nails to get thicker—but also drier and more brittle. (You can relax about one thing: Bloodcurdling scenes from countless horror movies notwithstanding, your nails won't continue to grow after you die... though as skin starts to shrink after death, fingernails do start to look a bit longer.)

A woman can expect her nails to undergo a growth spurt during pregnancy and just before menstruation, presumably in response to hormonal activity—which is only fair since, generally speaking, men's nails are faster-growing. And typists and pianists have to get out the clippers a bit more often, because the mild but constant trauma to their fingernails stimulates the growth zone.

Under the very best of conditions, though, nails don't grow much faster than an eighth of an inch a month. That's true even for people who engage in one other activity that some researchers have found encourages the growth of nails: nail biting. Still, it's tempting information to test. I wish I hadn't found it.

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Childhood

DO BABIES NEED BATHS? ... This may come as a surprise to some new parents, but babies don't need a daily or even a weekly bath. In fact, one doctor says that soap may be harmful for infants and small children because it robs their skin of natural protective oils, causing chapped, dry skin and rashes.

Alfred Lane, chief of pediatric dermatology at Stanford University, says washing dirty areas with plain water may be the best way to care for a child's delicate skin. When infants collect bits of their meals in the chubby folds of their necks, localized cleaning will do. Even in the diaper area, Lane advises using only water and a soft washcloth to wipe babies during changing. A moisture barrier cream-like petroleum jelly helps prevent irritation and bacterial infection.



Of course, there are times when an old-fashioned scrubbing is appropriate, such as when the toddler makes a fort in the compost heap. But most of the time, plain water will keep s m a l l children's skin clean and baby soft.

Tots To Teens

by Sue Ellen Sullivan

Dear Sue: I don't believe I'll ever be nominated for Attorney General, but I still want to do the right thing when it comes to hiring a babysitter for my child. I have had a cleaning woman come in two days a week for years, and I never paid taxes for her. Now that I'll need a babysitter too, I think I'd better do things the right way. What are my obligations when hiring someone for a job in my home? Josephine S.

Dear Josephine: First of all, you should know that it is against the law to hire an illegal alien. This law is hardly ever enforced as far as domestic help is concerned, and this is why people still persist in hiring illegal immigrants and paying employees "off the books." With all the recent media attention to this problem, you are wise to correct your hiring practices. After establishing the applicant's right to work in this country, there are a few rules with which you must comply. If an employee earns at least \$50 in a quarter, Social Security taxes must be paid. You must file IRS Form 942 with the quarterly payments, and at year's end, W-2 forms. If you pay \$1,000 or more in a quarter to all household workers, you must also file and pay federal unemployment tax. These taxes need only be paid for employees, such as a babysitter who brings no tools to the job, is paid by the hour, and is given specific instructions on how to do the job. This does not include an independent contractor like a plumber who provides his own tools and is paid by the job.

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Turner

(Continued from W11)

Weeksbury and Van Lear. Her father was superintendent of various coal camps in Eastern Kentucky. "My father planned to send me to law school. The coal business was like any other business during the Depression — there was no money. The Depression sent me to teaching."

She graduated from Ashland High School in 1929, and went to college at Eastern. She taught two seven-month terms at Martin Elementary in the

meantime.

"I taught two terms and hoarded my money so I could go back to Eastern for the Spring terms and I took correspondence courses to finish my degree."

While teaching at Martin, she met her husband -to-be Wheeler R. Turner. Mr. Turner, now deceased, was a bookkeeper and a purchasing agent for Inland Steel.

She graduated from

college August 1934 with a degree in English and a minor in French. That fall she began teaching at Wheelwright High School, but resigned to become principal at a new school in Ligon, a coal camp where her father was superintendent. She stayed there four years, then came back to Wheelwright High, where she taught English for eight years. After that, she taught at McDowell High for 28 years.

"I never had a principal who didn't let me do what I wanted," she declared. "So many English teachers in Floyd County were my graduates that at teachers meetings in the English department I got to do what I wanted to do. I got the textbooks I wanted. I always thought that was amusing," she smiled.

Was she ever dissatisfied with teaching?

She thought a moment and then said, "I quit one

time and went into business. We made more money than we ever had. But I was miserable. I taught the children to get off the bus at my store after school and we'd do homework."

She wanted to get back into teaching and she did.

After her husband died, she decided to go back to college for her Master's. While teaching full-time, she drove back and forth to Morehead to take classes until she earned her Master's in 19th Century

English Literature. Her interest in literature has influenced her travels. She has visited the British Isles and Western Europe several times during summer breaks.

But she said that her greatest reward from teaching has been "my relationship with my children. They've all done wonderfully and are all over the world. And others have not done well at all; it is the personal relationship I have with them that matters."

Slone

(Continued from W11)

"I guess I thought it would be a lot different," she said. "Things don't go as planned. You have to be able to change. You start something today and then have to totally reteach it tomorrow."

She said that she is not a "traditional teacher" who goes strictly by the teacher's manual.

"I don't have a real structured classroom," she explained. "I don't work in books all day. I have lots of hands-on activities, and a lot of group work."

She added, "I teach language arts as a whole. We do special things."

For instance, instead of doing the textbook questions and vocabulary at the end of a story, the students make up their own vocabulary lists.

"One day we studied about mummies. The whole day revolved around mummies — we read about mummies, and made mummy cookies," she smiled.

Another day, she said, the class did everything

backwards. They had their art activity first and spelling last — a reversal of the day's usual schedule. And they even walked backwards.

All of which sounds like the type of hands-on, experiential learning activities stressed by the Kentucky Education Reform Act (KERA).

"I definitely like KERA. I don't know any other way," she said. "At Morehead (where she received an A.B in Education with teaching certification for

grades K-4), I was one of the first students picked to teach in non-primary. I teach like primary, but on the fourth grade level.

"With KERA, you teach students to adapt to real life," she continued. "For one activity we acted like we were going to Wal-Mart to make purchases — it was an everyday life activity instead of pencil and paper math."

Dedication to the job is a requirement, especially for a first-year teacher just learning the ropes.

"I put in a full day. I get up at five in the morning, get here at seven, classes start at 7:40. I'm here until four or five in the evening...I make up our own lesson plans. I go home, make lesson plans, and think 'What else can I do?' It's never-ending. I think I dream about it."

While Slone was being interviewed, her students were as quiet as mice, busily working on their assignment.

"I don't have discipline problems," she said as a

matter of fact. "I use positive reinforcement. If they are good, they get a reward such as a video that goes along with a lesson."

She also has the support of her students' parents.

"The parents have been great... Anytime I need anything, they are always there."

In an earlier interview, Harold Elementary principal Ronald Salisbury summed up Slone's teaching performance. "She's doing a fine job. She's energetic and has an abundance of ideas."



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What's Cooking

Editor's Note: Recipes in this edition of the Floyd County Times are reprinted with permission from the Bluegrass Winners Cookbook. To order a copy of the cookbook, send \$16.95 plus \$3 postage to Bluegrass Winners, The Garden Club of Lexington, Inc., P.O. Box 22091, Lexington, Ky. 40522.

The cookbook also offers a look at house farms of the Bluegrass and features such farms as Almahurst and Calumet.

PECAN PIES IN MINIATURE

Pastry Shells

- 1 (3-ounce) package cream cheese, softened
- 1/2 cup (1 stick) butter, softened
- 1 cup all-purpose flour, sifted

Combine cream cheese and butter; cream until smooth. Add flour, mixing well. Refrigerate dough 1 hour; then shape into 24 (1") balls. Place bells in miniature muffin tins; press dough against bottom and sides, shaping into shells.

Filling

- 3/4 cup dark brown sugar, firmly packed
- 1 egg, slightly beaten
- 1 tablespoon butter, melted
- 1/2 teaspoon vanilla extract
- 1/4 teaspoon salt
- 1/2 cup broken pecan pieces

Combine brown sugar, egg, butter, vanilla and salt; mix well. Spoon into pastry shells. Top each with 1 teaspoon of pecan pieces, pressing them into filling. Bake at 350° for 25 minutes. Serve plain or with a spoonful of sweetened whipped cream. Makes 2 dozen.

CANARY COTTAGE PECAN PIE

- 3 eggs
- 1 cup white sugar
- 1 1/4 cups light corn syrup
- 1/4 teaspoon salt
- 1 teaspoon vanilla extract
- 2 cups chopped pecans
- 1 unbaked 9" pastry shell

Beat eggs until light; add sugar gradually. Add syrup and vanilla; beat until blended. Fold in pecans. Pour into pie shell; bake at 375° for 15 minutes. Reduce oven temperature to 325°; bake 30 minutes longer or until outer edge of filling is set. Filling will completely set when cooled. May be served with a dollop of whipped cream or vanilla ice cream.

PEPPER JELLY

- 3/4 cup chopped sweet bell peppers
- 2/3 cup chopped banana peppers
- 1/3 cup chopped hot peppers
- 1 1/2 cups white wine vinegar
- 6 cups sugar
- 6 ounces Certo

A few drops of green food coloring

Place chopped peppers and 1/2 cup of vinegar in the container of an electric blender; blend and set aside. Bring remaining cup of vinegar and sugar to boil. Add pepper mixture and return to boil; boil for one minute. Remove from heat; add Certo and food coloring. Ladle into sterilized jars, adding lids directly out of boiling water. Secure with tops. Makes about 12 pints.

ONION RINGS

- 3 to 4 large onions
- 3 cups buttermilk or milk
- 1 egg
- 1 teaspoon salt
- 1 1/2 teaspoons baking powder
- 1 cup all-purpose flour
- 2/3 cup water
- 1/4 cup milk
- 1 tablespoon vegetable oil

- 1/4 teaspoon cayenne pepper

Slice onions 1/4" thick and soak in buttermilk for 30 minutes. Drain onion rings on paper towels, having them as dry as possible so that the batter will stick. Combine remaining ingredients. Dip each ring in batter and drop into hot fat (350° to 370°); fry until brown. Drain on paper towels.

ANGEL FOOD DESSERT WITH CAMEL SAUCE

- 1 angel food cake
- 1 1/2 envelopes unflavored gelatin
- 1 1/2 cups milk, divided
- 3 egg yolks, beaten
- 1/8 teaspoon salt
- 1 cup sugar
- 2 egg whites, stiffly beaten
- 1 cup whipping cream, whipped

Break prepared angel food cake into pieces in a large dish. Stir gelatin into 1/2 cup cold milk. Combine remaining milk with egg yolks, salt and sugar, beating well; cook until mixture thickens and coats metal spoon. Remove from heat and stir in softened gelatin. Chill until cool but not set. Combine beaten egg whites and whipped cream; fold into gelatin mixture. Pour

- 1/4 cup lukewarm water
- 1 cup milk
- 1/2 teaspoon salt
- 2 tablespoons melted shortening
- 3 1/2 to 4 cups flour
- 1/2 cup melted butter

Cut oranges in quarters and remove seeds, leaving peel intact. Put into the container of a blender or food processor and puree; add sugar, making a thick paste. Dissolve yeast in lukewarm water. Scald milk; allow to cool. Add yeast, salt, melted shortening and 3 tablespoons pureed orange. Stir in flour gradually, using enough to make a stiff dough. Cover and allow to rise in a warm place until doubled in bulk. Divide dough in 2 parts. Working with one-half at a time, roll out on a floured board until 1/4" thick. Brush with melted butter and spread with one-half of remaining pureed orange. Roll up dough and cut in 1" slices. Place in greased muffin tins or side-by-side in a greased 9" round cake pan; brush tops with butter and allow to rise again. Use remaining pureed orange on top of rolls; bake at 350° for 15 to 18 minutes.

FETTUCINI ALFREDO

- 1 pound fettuccine noodles
- 3/4 stick of butter
- 1 1/2 cups heavy cream
- 1 cup grated Romano Cheese, best quality
- Fresh ground black pepper, to taste

Cook fettuccini in boiling salted water for 7-8 minutes or until al dente. Drain but do not rinse. Melt butter in large saucepan. Add fettuccini and toss until coated. Add 1 1/2 cups heavy cream and stir over medium heat. Add 1 cup grated Romano and black pepper to taste. Serves 8-10.

From Lexington caterer, Phil Dunn

CHICKEN FINGER PIES

- 2 eggs, separated
- 1 cup butter
- 2 tablespoons heavy cream
- 2 cups flour
- 1 teaspoon sugar
- Dash salt

Sift dry ingredients together. Cut in butter and add egg yolks and cream. Form into dough and roll very thin. Cut with 2" cookie cutter. Place filling in center; cover with another circle of dough, pressing edges together. Brush with egg whites. Bake at 375° until browned. Makes 10 to 12.

Chicken Filling

- 1 large chicken breast or 3 medium halves
 - 2 tablespoons heavy cream
 - Salt and cayenne pepper to taste
- Boil chicken in highly-seasoned water until tender. Cool and break into pieces. Moisten with cream.

CHEESE SOUFFLE SANDWICHES

- 2 small loaves Pepperidge Farm thin sandwich bread
 - 2 1/2 sticks margarine or butter
 - 3 (5-ounce) jars Old English cheese spread
 - 3/4 teaspoon Tabasco sauce
 - 1 1/4 teaspoons Worcestershire sauce
 - 3/4 teaspoon Beau Monde seasoning
 - 1 1/4 teaspoons dillweed
 - 3 teaspoons grated onion
- Place bread in stacks of 3 slices each; trim crusts from bread. Combine remaining ingredients in bowl; blend until smooth with an electric beater. Do not beat until fluffy! Spread mixture between slices and on top of each stack of bread, as you would a sandwich. Cut each stack into fourths; ice sides. Do not ice bottoms. Place on a cookie sheet; refrigerate until ready to bake. Bake at 400° until brown.


Note: To freeze, place cookie sheet in freezer. When frozen, package in foil. Defrost before baking.

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over cake; chill until firm. Serve with warm Caramel Sauce. Serves 8.

Caramel Sauce

- 1 cup brown sugar
- 6 tablespoons butter
- 1/2 cup light cream

Combine and cook over low heat, stirring constantly, until sugar dissolves; boil for 3 minutes longer.

CREME FRAICHE

- 2 cups heavy cream
- 5 teaspoons buttermilk

Combine cream and buttermilk in a screwtop jar; shake for 1 minute, then let stand at room temperature for 24 hours. When cream thickens, refrigerate at least 24 hours. It keeps well for 2 to 4 weeks.

Note: Creme fraiche is used in French cooking. Sour cream may curdle in hot sauce; creme fraiche will not. It can be whipped, but do not overwhip as it will turn to butter. It is a delicious accompaniment to baked apples, poached pears and all berries, and can be used as a garnish for cold poached vegetables.

ORANGE ROLLS

- 2 large oranges
- 1 cup sugar
- 2 1/2 teaspoons dry yeast or 1 cake yeast

Trivette

(Continued from W11)

very supportive."

Her husband, Dale, was a former teacher and basketball coach and he now owns a trucking company in Virgie. Her sons Bud, a coal truck driver, and Kent, at student at PCC, and her husband "probably are my biggest supporters."

She believes that KERA "is the best thing that ever happened to poor counties. But I feel a lot of empathy for primary teachers in having to implement KERA now. Next year we have to implement it."

At Prestonsburg High School, teachers and administrators are realizing their curriculum to meet KERA mandates.

"We are creating more modern curriculum where we are restructuring the time-frame from six periods to seven a day. We also have department meetings where teachers in each department can work together."

Other changes include the addition of more extracurricular activities.

"We have doubled up extra curricular activities," she said. "In three years, I hope to have extra curricular activities for all kids."

The school has added sports such as track, and cross country, and added a dance team for girls and boys.

"We hope to add

wrestling, but we don't have a coach yet and we plan to add a girls' cheerleader varsity squad."

The school has also added a speech and drama team, and a chess team.

The school recently began intramural basketball and volleyball competition two nights a week, and started community night for adults to use the weight room and other school facilities

"I wanted to open up the school to kids and to the community," she explained, adding that the building has been closed after school for four years. "Now the building stays open until 10 at night. Parents use it and kids are coming back after school. I wanted to get rid of the parking lot crowd, too, by having activities in which they can participate."

She said that she has no problem handling discipline at the school, which with 800 students, has the largest student body of any school in the county.

"I don't like to paddle. I raised two sons. I'm used to dealing with young men. I treat them like I'm their mother. They know I love them. They respect me."

The school's administrators also started an in-school suspension program for students who misbe-

"Students do live up to your expectations of them," she said. "So they have gotten a lot of rewards this year for being good. Then we isolate the ones who can't behave properly until they can."

"The school is becoming more like a family," she said. "In February we had a crew come in to help develop the school's vision. Parents and teachers all worked together that day...In March we created a mission statement."

The PHS motto sums up that statement: "The PHS family...United with...Committed to... a common vision of total excellence."

And implementing KERA and meeting her own goals for PHS are challenges she is eager to tackle.

"I'm real excited about next year. It's an inner challenge. If I don't see this through, I won't know if I can do it or not."

She added, "The honeymoon might be over before long. But I'm still excited about being here."



Book Review

THE CLIENT

by John Grisham

Although it covers familiar territory, some readers may find John Grisham's latest best-seller, "The Client," somewhat disappointing.

Striking the same "lawyers are scum" pose as Grisham's 1991 maiden prose effort, "The Firm" and the less well-received "The Pelican Brief," "The Client" unfortunately lacks the flair and originality of Grisham's first two novels.

"The Client's" protagonist, Mark Sway, is an eleven-year old street waif in the Big Bad City, his character outlined in extremely broad strokes. Although Grisham attempts to elicit reader-sympathy by portraying Mark as a tough yet misunderstood youth who's growing up the hard way, the character is more likely to draw laughter because he's portrayed so

melodramatically.

After witnessing the death of an attorney who has admitted involvement in a congressman's murder, Mark "tries to do the right thing" by "going to the authorities," but ends up as a juvenile delinquent target on the run from both the good guys and the bad because he can't tell one from the other.

"The Firm" offered tight plotting, witty dialogue and realistic, fully-drawn characters who, although they were wealthy and crooked, still drew the reader in because they exhibited real emotions and talked like real people. "The Client" offers characters who act like caricatures and who talk like caricatures.

Mark Sway, after being chased for several pages by large, scary men with weapons, says "I'm sick of this. Just sick of it.... All my buddies are in school.... And look at me, dodging killers with switchblades.... I'm just sick

of it. I don't know if I can take anymore."

"The Firm" and "The Pelican Brief" elevated Grisham to the lofty heights of master artist. "The Client" drop-kicks him back to rank amateur. Let's just hope his next novel doesn't lower him to stick figures.

No

(Continued from W 7)

Counseling is a very important key to resolving problems. School counselors spend a great portion of their time dealing with student problems. In instances where additional help is needed, students are referred to Mt. Comprehensive Care.

Effective discipline doesn't happen overnight. It is a process which one learns through a conscious effort involving ones' self, parents, and teachers.

Manicure

(Continued from W 12)

don't require a license, and standards vary widely in states that do. So it's up to you to do some checking. Ask your manicurist whether she's licensed, how long she's been working, and whether she takes periodic refresher courses.

Most important, ask how she sterilizes her tools. Although dermatologists say that a few manicurists do the job properly, I've had my nails done in exclusive salons as well as hole-in-the-wall shops—and I've never seen tools "sanitized" with anything more than nail polish remover or alcohol. Only a heat-pressurized sterilizer offers complete protection, says Scher. And although the hazards are hardly life-threatening (there are now known cases of blood-borne diseases like AIDS or hepatitis being

transmitted), you can get warts and other infections if tools aren't properly sterilized. The safest solution, say experts, is to bring your own cuticle clippers and emery boards to the salon. While it might sound a bit extreme, I now know that, at \$15 to \$20, a pair of clippers costs less than a round of antibiotics—having recently purchased my own manicure tools immediately after my first nail infection.

Other manicure risks are fairly easy to avoid. Some people are sensitive or allergic to chemicals in nail products—especially the formaldehyde commonly used as a hardening agent in nail polish. The first clue in such cases may be a rash around the cuticles; if that's ignored, a woman with a serious reaction might find her nails sepa-

rating from the underlying tissue. But such allergies and sensitivities are rare, accounting for just 8 percent of all skin rashes in one five-year study. Women who have them can use formaldehyde-free products—or simply take particular care that nail enamel doesn't touch the skin.

A manicure doesn't offer much in return for the risk—however small—that it will cause irritating, even painful nail problems. Dermatologists say that all it can do is help prevent hangnails and make nails look better. But that's enough for me. Now when I see people chomping on their nails, I simply take an admiring look at mine, neatly trimmed and polished, and tell myself that they really never tasted that good anyway.



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Money Management

FILING STATUS MAY AFFECT TAX LIABILITY FOR MARRIED COUPLES

If you're married, how you file your tax return can affect how much you pay in taxes. Married couples have the option of filing a joint return or filing separately. The Kentucky Society of CPAs advises you and your spouse to compute your taxes under both methods to determine which one lowers your combined tax liability.

MARRIED, FILING JOINTLY

The lowest tax rates are available to married individuals who elect to file joint returns. This generally translates into a lower tax bill, particularly for couples where only one spouse works or where one spouse earns substantially less than the other.

Consider this example. Bob Smith earned \$65,000 last year and his wife Mary earned \$30,000. Each of them contributed \$2,000 to an Individual Retirement Account (IRA). Since neither of them participates in an employer-sponsored retirement plan, their IRA contributions reduce their taxable adjusted gross incomes (AGI) to \$63,000 and \$28,000 respectively. The couple also has itemized deductions of \$4,000 each for qualified mortgage interest and taxes. If Bob and Mary choose to file separate returns, Bob's tax bill would be \$14,073 and Mary would

owe \$3,749, for a combined total of \$17,822. In contrast, if the couple elects to file a joint return for 1992, the Smiths' federal tax liability would be \$17,298, a savings of \$524.

Married couples filing jointly may also be eligible for some additional tax breaks that are not extended to married individuals filing separately. These include the earned income credit and the child-care credit.

Taxes on Social Security benefits are also affected by filing status, and here again, married individuals filing jointly have the advantage. Joint filers with a combined AGI of \$32,000 or less are not required to pay any taxes on their Social Security benefits. However, married individuals filing separately must pay taxes on Social Security benefits if their joint income exceeds \$25,000. Depending on the excess of income over these base amounts, up to one-half of these benefits could be taxable.

MARRIED, FILING SEPARATELY

It may be better for a married couple to file separate tax returns if one spouse earns substantially less than the other one and has high deductible expenses. By filing separately, such married couples may be able to avoid losing deductions that are based on adjusted gross income. For example, since the medical expense deduction is

limited to 7.5 percent of AGI, a married taxpayer with a low AGI and substantial medical bills is more likely to qualify for the deduction by filing separately than by filing a joint return with his or her spouse.

The same principle applies to miscellaneous itemized deductions. Because there is a 2 percent adjusted gross income limitation, couples may benefit by filing separately if one spouse has high unreimbursed business expenses or other qualified expenses.

Be aware, too, that casualty and theft losses involving personal assets, which are allowable only to the extent that they exceed 10 percent of AGI, may provide a deduction on a separate return but may not on a joint return.

Remember, however, that if one spouse itemizes deductions on a tax return, the other spouse must also itemize.

WHEN YOU'RE MARRIED IN THE EYES OF THE IRS

For tax purposes, marital status is generally determined by the situation on the last day of the year. So if you married on December 31, 1992, you and your spouse may file a joint return and have the past year's income taxed at the married rate. On the other hand, you cannot file as a single individual unless you and your spouse have lived apart for the entire year or are legally divorced before December 31.

When a spouse dies, the surviving spouse is generally eligible to file a joint return with the deceased spouse for that year, as long as the surviving spouse has not remarried.

STATE TAX RAMIFICATIONS

CPAs point out that how you file your federal income tax return may affect your state tax filing status. Before deciding whether to file a joint or separate federal return, be sure to compute your state tax under both methods to determine how each filing method affects your state tax liability.

Finally, keep in mind that when filing a joint return, both spouses are responsible for the tax liability, regardless of whose income generated the liability.

Free makeovers, camaraderie at Women's Leadership workshop

In a quiet retreat, nestled in the mountains, area women can relax from their hectic schedules and in the process can also make new friends and learn about current issues.

The Christian Appalachian Project Community Health Advocates Program's Women's Leadership Workshop will be held May 10-14 at Camp Shawnee. Though the conference is geared toward the low income, it is open to women from all economic levels.

Planned events include discussions about "Laughter, the Best Medicine," and Aids. Participants will learn how to love their family tree and how to assert themselves.

A fashion show on Wednesday will also teach participants how to look their best inexpensively. Women

in the group will model the clothing provided by the Garrett Attic.

Makeovers and free haircuts are also available during the conference. Haircuts



will be scheduled on a first come, first serve basis.

Daily sessions begin at 8 a.m. with breakfast, registration and prayer. From 10 a.m. until noon, a health-

related seminar will be held.

After lunch, activities include makeovers, crafts, or nature walks. Tuesday, a 40-minute film, "Belinda" will be shown. Thursday and Friday, mammograms and pap smears exams are available.

Friday will be a fun-filled day on the lake with a boat trip on Dewey Lake, Jenny Wiley State Park. After lunch, Balladeer Tom Whitaker will encourage attendees to sing along.

Overnight accommodations are available in the dorms on a limited basis. Bed linen, shampoo — all the essentials — will be provided. For those who need to return home each day, transportation will be provided from Martin and also from Magoffin County.

For more information about the conference, call 285-5111 or 349-6113.

Woman's Health

REMEDIES FOR AN ACHING HEAD

By Richard F. Jones III, MD
President, The American
College of Obstetricians
and Gynecologists

Everyone knows what a headache feels like. But probably each of us experiences this common symptom in a slightly different way. While one person may occasionally get mild temporary headaches after overindulging in red wine, another may regularly have throbbing, debilitating pain that comes on with no warning and lasts for days. No matter what kind of headaches you experience, the discomfort can interfere with your lifestyle and dampen your mood.

There are two major types of headaches, tension and migraine. Tension headaches are caused by the tightening of the muscles of the face, neck, and scalp, usually due to emotional or physical stress. If you are worried about something at work or home, have gotten a poor night's sleep, or work in a noisy, stuffy environment, you might get a tension headache. The feeling is like a band of dull pressure around the head.

Three types of pain killers are available to treat headaches— aspirin, acetaminophen, and ibuprofen. Aspirin is the oldest and the cheapest of these medications. Some people, including those with ulcers or bleeding disorders, children with fevers, and anyone having surgery should avoid this drug.

Acetaminophen and ibuprofen both work well as aspirin substitutes. People with allergic

reactions to aspirin, however, should not use ibuprofen. Pregnant women should consult their doctors before taking any medication.

The best way to prevent recurrent tension headaches is to eliminate the stressful element in your life. If you are worried about something, try to relieve anxieties through exercise or other activities. If you need more sleep or are unhappy at work, recognize this and make a change.

Migraine headaches are caused by dilation of the blood vessels in the scalp, eye, or neck. Migraine sufferers generally experience a sharp throbbing pain starting on one side of the head and then spreading. Sometimes nausea, vomiting, and visual disturbance precede or accompany the headache.

The exact reason why some people experience migraines and others do not is unknown. We do know that they tend to run in families and that certain foods such as chocolate, aged cheeses, and caffeine can contribute to their development. For women, changing hormone levels also seem to play a role.

Migraines may respond well to treatment with aspirin or other pain killers. Drugs that reduce the dilation of the blood vessels may also be effective. Often stress reduction and relaxation techniques help reduce pain.

If you experience severe or recurrent headaches, you should see your doctor. Occasionally, a serious medical condition may be the cause.

Next week: *Getting The Most Out of Health News*



Household Help

by John Amantea

Q. We purchased our home through a company that has since gone out of business. It is a two-section home that was built somewhere else, and then transported here. When we first moved in, the walls were all primed and painted white. I decided I would like to wallpaper my two daughters' bedrooms, and the kitchen and dining rooms. After about two weeks, I noticed the paper coming loose. No matter what we did, I couldn't keep it up, so I resorted to just painting the walls. Later, we noticed the paint peeling. Despite numer-

ous solutions to this problem, including new insulation and further ventilation, as well as repainting, we still have this problem.

My husband says the only other way to fix this is to put up new sheetrock on the ceilings and walls. This would be very costly and upsetting to our household. He says we can put 1/2-inch sheetrock right over what we have, but I feel that's covering up the problem. My husband says it's a vapor barrier problem since that's what he discovered when we redid the bathroom. There was no vapor barrier!

One other thing: the main beam that connects the two parts of the house keeps cracking. We have replastered and filled it, but it keeps cracking in the same spot, and the crack is getting longer.

My husband and I would appreciate anything you could tell us about our problem.

A. Let me skip the preamble by simply saying, your husband's solution to your vapor barrier problem is correct. He should continue to implement this remedy whenever necessary.

As for your problem with the beam which keeps cracking despite repeated repairs,

it is obvious it should be replaced completely.

Unfortunately, you feel victim to an unscrupulous builder. However, for the most part, modular homes such as yours are soundly constructed and generally a good investment. A potential buyer would be wise to check a company's credentials with both the local Better Business Bureau and the local Attorney General's office.

Send your Household Help questions to John Amantea, King Features Weekly Service, 235 East 45th Street, New York, N.Y. 10017.

5,000 reasons to check wallpaper this month

April is the perfect time to think wallpaper.

It's National Wall-coverings Month and the designers at Village and Waverly offer these decorating ideas:

•Try mixing patterns. Different patterns can look great together. What makes the combination work is the harmony of the color palette and scale.

•Even if you have wood moldings, you can use a wallpaper border. Place the border directly under the molding to accentuate the woodwork.

•Create interest by putting a border at chair rail height, with coordinating wallpapers above and below.

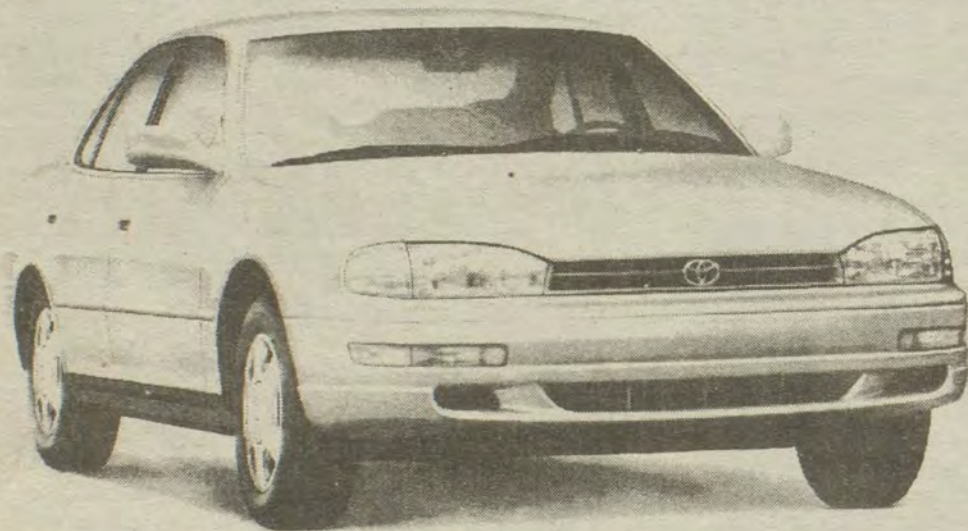
•Make a boxy bedroom more interesting by covering a paneled screen with wallpaper.

For more decorating tips and information, contact local your wallpaper retailer.

NO MORE PRISON—My toddler was always shutting himself in his room and then couldn't get the door open. I have come up with a convenient, inexpensive and easy way to keep him from closing the door. I take a wire coat hanger, turn the hook part (so the hanger lays flat) and hang it over the top of the door.

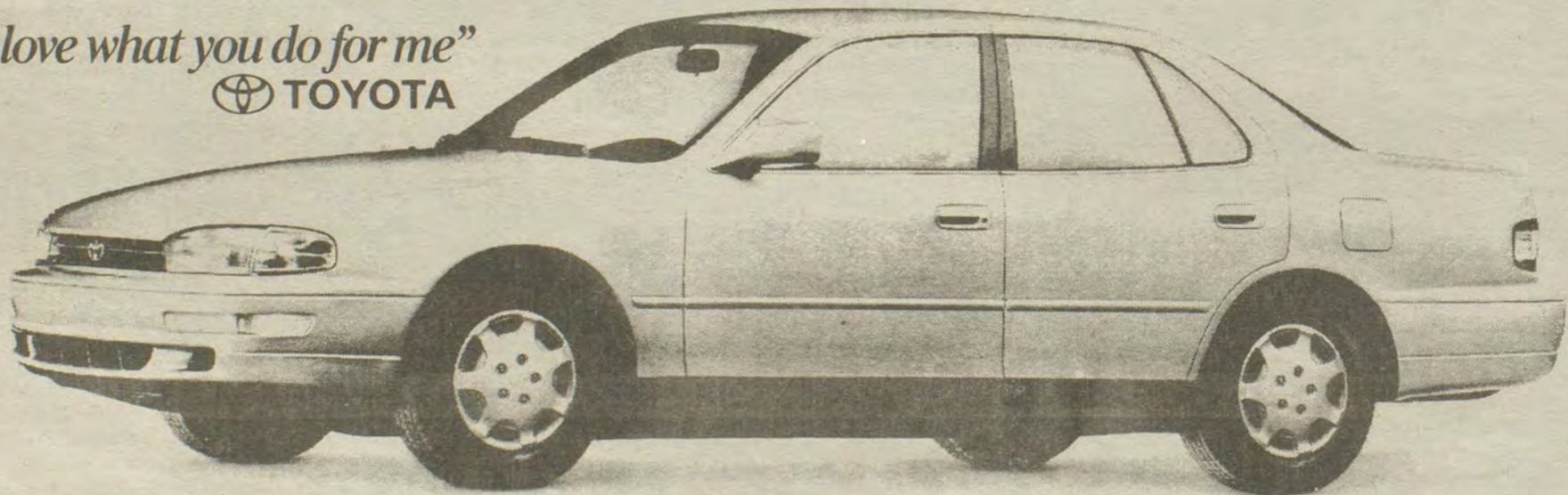
*Now I don't have to run up and down the stairs constantly to open doors! Vivian W., Stonington, Conn.

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BLAIR UNDERWOOD: LOOKING FOR REASONS

by Seli Groves

"It doesn't matter what ethnic group you belong to, or what race you are," Blair Underwood said. "A young male who becomes a father has to take responsibility for the children he's helped bring into the world. Unless men understand that, and live by it, we're going to continue to have a lot of problems in this country with young people who grow up with very little guidance, and, almost inevitably get into trouble."

Underwood wasn't saying anything especially new. We've heard it all from preachers and teachers, from sociologists and psychologists, and on through the gamut of concerned and/or outraged citizenry, but nothing seems to change. That's the reason Blair Underwood decided he wanted to get involved with the film project that ultimately became "Fathers and Sons: Dangerous Relations," the movie airing on NBC April 19.

Underwood, whom we usually see on NBC as the bright young lawyer, Jonathan Rollins, on "L.A. Law," stars in "Fathers and Sons..." and is also the movie's associate producer. Also starring is Oscar and Emmy winner, Louis Gossett, Jr.

"I felt from the start," Underwood said, "that this film had an important story to

tell about what the lack of a father can do to a child who grows up with the anger and the bitterness that causes some young people to take the wrong direction in life."

In "Fathers and Sons: Dangerous Relations," Underwood plays Jared Williams, who has been sentenced to prison. Leonard Clay (Gossett) is an older man serving time for a killing he claimed was in self-defense. Clay learns that Jared is his son and reaches out to protect him in the often violent environment. But his paternal concern is rebuffed: Jared reminds him that Clay lost the right to both the title of father, and the nurturing prerogatives of fatherhood, when he abandoned Jared and his mother years earlier. However, when both men are up for parole, the prison board forces them to live together as a condition of their release, setting them on a slow, often bumpy road toward mutual understanding.

Asked how Jared reacts to the revelation that Leonard Clay is the father he never really knew, Blair said, "With anger. A lot of anger." He

added, "Let me digress for a moment. I have a story that I think gives some insight into situations like this. A friend of mine met her father for the first time last week. I asked her how she felt when she



BLAIR UNDERWOOD

saw him. Was it a big emotional moment? Was she happy? Was she upset? She told me it wasn't such a traumatic experience, because her mother had done such a great job of raising her—and playing both roles—that she didn't really miss her father. He wasn't there physically or in any other way, but her mother made up for his absence.

"Now, in our story, Jared's mother raised him, but then she died when he was 10 or 11. For a while, he had someone who was both mother and father. Now he had no one.

He was on his own. And that's when the resentment against his father began to grow, because that's when he became aware of what his life had really been like while he was growing up, and how much harder it had been for his mother to raise him than it would have been if his father had been there.

"Later, when he does meet Clay, there's no joy in discovering a long-lost parent. There's only anger. He tells him, 'I don't need you anymore, and I don't want you. I needed a father when I was a young boy; I don't need one now.'

"The consequences of growing up without a strong, loving father in the home is not necessarily a factor of being black or Latino. But in this film, of course, the two men—the father and son—are African Americans, so it does speak to them. And it speaks to what happens when the father isn't there: how easy it is to go down the wrong road. Perhaps a better way to put it is, to be led down the wrong road. Kids without fathers will often follow, almost blindly, some strong male who becomes, in a sense, that missing father figure."

Some critics say an unfair image of the African American community is perpetuated by the films that show so many blacks in prison. Blair felt the imagery was at fault

more for showing effect without attempting to show cause. "That's where our film tries to be different; we try to give the full story. It's not just a matter of two men—father and son—winding up in prison. Why does it happen? It's a cycle, and we have to find some way to break it. We have to remember that nothing exists in a vacuum, that everything flows from something that preceded it."

Blair Underwood was born in Tacoma, Washington. His father was an Army colonel. Blair was raised on military bases in Germany, Colorado, Michigan and Virginia and learned how to swim for competitive events in the Pentagon pool. Early in his career, he played a street kid, Bobby Blue, on "One Life to Live," and went on to do a slew of episodic television. He also starred in the feature flick, "Krush Groove," and costarred with Tom Hulse in the NBC miniseries, "Murder in Mississippi," and with James Earl Jones and Cicely Tyson in TNT's movie, "Heat Wave."

Last summer, Blair wrapped a 30-minute short film called "The Second Coming" which is scheduled to be released soon. "It deals with the Second Coming of Christ," Underwood said. "The idea came to me after the Los Angeles riots. I thought, what would it be like to see Christ as a man of color

and what would happen to this dark-skinned man if he came into our society? The film opens with the Crucifixion narrated by James Earl Jones. When Christ returns to Earth after the Rapture, he's met with disbelief and hostility. He's accused of raping a child and placed in a mental institution. The film could be described as a fantasy, but considering how society has reacted in the past, well, it just could happen the way it does in the movie."

Blair also has a feature film, "The Posse," scheduled for release May 7. "It's more than a black western. It's the story of the American west that most people—black or white—know little about, if anything. It's about whole communities of black people who moved out to the frontier after the Civil War. Many developed strong relationships with the Native American tribes among which they settled. I play a sheriff of one of those towns. Mario Van Peebles both directs and stars in it."

Two of "L.A. Law's" original producers, including Bill Finklestein, returned this season. Blair's reaction echoes what we've heard from other cast members. "I feel very good about the changes. I feel sure the audience will agree we're delivering the kind of show they had come to expect from us."

ENTERTAINMENT EXTRA

by Evelyn Ludvigson

Q. I know you get a lot of questions about Michael Jackson, but please answer this one because it's very important to me, and a lot of Michael's fans. Is it true he's going to give up his music career and concentrate on movies because he's tired of touring? Jennie K.

A. Jackson is not giving up his music career. However, he is getting involved in films. Last month he, along with two private partners, launched a new independent film production company called Michael Jackson Productions, Inc. (MJP), which will be based in both Los Angeles and London. Michael

will script and perform in some of the films, starting with the first one scheduled to begin production later this year. It will also be the first one Michael has both written and starred in.

Q. I am just fascinated with Andrew Lloyd Webber ever since seeing "The Phantom of the Opera" on Broadway. Could you please give me a rundown of this genius' career? Diana M.

A. Andrew Lloyd Webber was born in 1948. He is the composer of "Joseph and the Amazing Technicolor Dreamcoat" (1968, extended 1972), "Jesus Christ Superstar" (1971), the film scores of "Gumshoe" (1971) and

"The Odessa File" (1973), "Jeeves" (1974), "Evita" (1976), "Variations" (1978) and "Tell Me On A Sunday" (1979) combined as "Song and Dance" (1982), "Cats" (1981), "Starlight Express" (1984), "Requiem" (1985), a setting of the Latin Requiem Mass, "The Phantom of the Opera" (1986) and "Aspects of Love" (1989).

His awards include four Tony Awards, four Drama Desk Awards, three Grammys, including the award for Best Classical Contemporary Composition for "Requiem" and five Olivier Awards, including two

for producing "Daisy Pulls It Off" and "La Bete." He was honored in 1988 with an award for Creative Achievement by B'nai B'rith in New



ASK EVELYN

York, and a Fellowship of the Royal College of Music.

In October 1982, he became the first person to have three musicals running in New York and three running in London, a record he equaled in January, 1988 when "The Phantom of the Opera" opened successfully in New York. In September 1991, he surpassed all of his previous records and made theater history with the Shiki Theatrical Company's Kabuki production of "Jesus Christ Superstar;" he then became the first person ever to have six shows running simultaneously in the West End.

Andrew Lloyd Webber is also active as a producer not

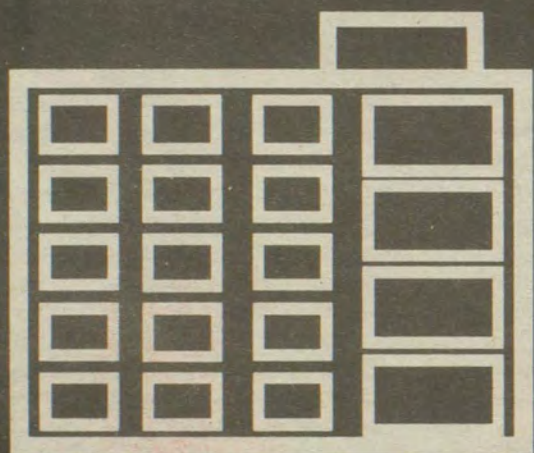
only of his own, but of other writers', works. His most recent production, a revival of "Joseph and the Amazing Technicolor Dreamcoat," is presently the hottest ticket in London.

He is currently working on a musical based on the film, "Sunset Boulevard," which will open in London in June, 1993. With the opening of "Aspects of Love" in March, Sir Andrew will have three productions running in Los Angeles: "Aspects of Love" (Wilshire Theatre), "Joseph and the Amazing Technicolor Dreamcoat" (Pantages Theatre) and "The Phantom of the Opera" (Ahmanson Theatre).

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