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#### LIFESTYLES

Gatlinburg hosting Conference .. Page B5



#### WEATHER

Partly cloudy High 82. Low 55.



#### SPORTS

BI HS girls basketball coach resigns .... Page B1



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WEDNESDAY, AUGUST 15, 2012

# David School suit dropped; former director banned

PRESTONSBURG — A judge dismissed a lawsuit against the David School Monday, ending the danger that the school could be dissolved.

In so doing, however, Circuit Judge Johnny Ray Harris barred David School founder and director Danny Greene and former board member Sister Emma Criz from having anything to do with

Harris made permanent a temporary board of directors that has been governing the school since earlier this year.

The state filed suit against the school two months ago, seeking to liquidate and involuntarily dissolve the nonprofit corporation that owns the school, based on allegations of financial mismanagement.

legations of financial mismanage-ment.

The complaint alleges that school founder and director Dan-ny Greene has presided over wors-ening conditions at the school,

even as his own personal fortunes have risen.

The complaint noted that this year Greene ended the school lunch program and cancelled employee's health insurance plans without informing them he was doing so. However, over the past 11 years, the school has contributed \$18,000 a year, in addition to an initial lump-sum payment of \$34,000, to Greene's retirement account, as well as \$14,000 for a \$300,000 life insurance policy on Greene.

The document also alleged the David School Board of Directors — which the AG maintains has at most two members, including Greene — has not met regularly since 2009 and "has failed to provide oversight of the David School's finances."

provide oversight of the David School's finances."
"Upon information and belief, since February 2009, funds have been expended without oversight and accounting safeguards by the Board of Directors," the com-

particular, the complaint

alleged Greene was paid twice during two pay periods and that he negotiated a sale of property "in which there was a conflict of interest ... and the transactions were grossly unfair to the David School."

School."
The result of the spending and lax oversight, the complaint maintains, has been disastrous for the David School's finances.
"Plaintiff believes that defendant the David School is not able

See SCHOOL | A6



## Husband arrested for wife's murder

## Body found in shallow grave

PIKEVILLE — An Af-lex man has been arrested for the murder of his wife, after authorities found a body buried in a shallow

grave.
Bruce Dillon, 52, was arrested Friday and charged with murder-domestic violence and abuse of a

violence and corpse.

The victim is believed to be his wife, Sherry, 44, who has been missing for a month.



Among the students back in class this year is the first class of the Early College Academy. The 11th-graders hypass their fi-nal two years of high school classes to take courses at Big Sandy Community and Technical College. At the end high school careers, they will have furfilled the requirements for both a high school diploma and an associate's degree from Big Sandy.

# Enrollment evidence of school improvement

Raiph B. Davis

The first full week of school is now in the books, and administrators are pleased with what they are seeing after the first few days.

"Were off to a great start," Superintendent Henry Webb said Tuesday, "Everything is going really, really well.

Webb said enrollment in Floyd County schools is about 70 students higher than had been expected, and he thinks that number could climb higher over the next few days.

w days.
As of the end of school Monday, ere were 6,116 students enrolled

in school, not counting preschool and head start students. That com-pares to 6,127 enrolled in school last year.

Webb said the system generally

Webb said the system generally picks up a few more students each day until about the 10th day of school, so he believes this year's enrollment will likely meet or exceed last year's.

That's a change for the school system. Webb said for about a dozen years, the school system would lose 80 or 90 students a year, as population in Floyd County tropped and some parents began taking their children to neighboring school districts.

This year and last year, however,

Webb said the number has remained steady. He said he believes that is a sign of two things — that the population decline in Eastern Kentucky is beginning to level off and that local parents, are beginning to trust Floyd County Schools again.

The whole goal is to have a dis-

"The whole goal is to have a dis-trict where students want to come and don't want to go elsewhere." Webb said. "I think we're doing a really good job of that." Overall, Webb said the open-ing of the school year has gone smoothly, other than the usual traf-fic problems of the first couple days of school.

### Drug : conspiracy exposed

#### Doctor prescribed 127,251 pills

Ralph B. Davis

PIKEVILLE — A Houston, Texas, physician is the first person publicly implicated in a drug conspiracy stretching from the Lone Start State to the Bluegrass State.

Start State to the Bluegrass State.

The Aug. 1 indictment of Dr. Linda J. Roos, on a charge of conspiracy to distribute a controlled substance, was revealed Friday, when U.S. Magistrate Judge Hanly A. Ingram agreed to unseal the charges against her.

According to the indictment, Roos prescribed 127,251 units of Schedule II narcotics to 10 Kentucky residents between September 2006 and July 2011, or orughly 219 pills per person per month. Schedule II narcotics include medications such as oxycodone and methadone.

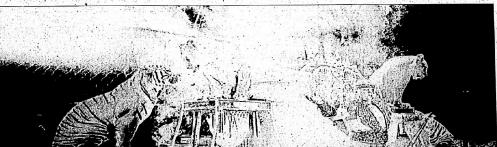
tions such as oxycodome and methadone.

The indictment notes that the patients would travel to Houston to visit Dr. Roos; but that she did not always require in-person visits.

"To accommodate some of her Kentucky patients, Dr. Roos did not require them to see her in person each

See DRUG | A6

# Circus to benefit Shriners Hospital to be back this weekend



will be held Sati

EASTERN — The Shrine Circus will be back this weekend, with all the usual laughs and thrills from clowns and daredevils, as well as tigers, elephants and bears. It just won't be back in the usual location.

While the circus has been appearing at Prestonsburg High School for decades, renovations of the gym this year have forced to circus to move to Allen Central High School.

This year's circus will take place on Saturday, at Allen Central. There will be two shows, at 2 p.m. and 7 p.m.

Tickets to the circus are \$10, but children under 12 are free, when accompanying a paying adult.

Shriner Docted to be filled with fun for show is a proper show in the control of the circus are shown as a possible with the conception and will have all the usual treats, such as hot dogs and funnel cakes, But most importantly, Hughes said, is the cause behind all the fun;

"It's all for the Shriners Hospital arkids," Hughes said.

# Obituaries



Octavia Jane Estepp

Octavia Jane Escepp
Octavia Jane Escepp
2, of Floyd County, died
ug. 2, 2012. She was born
darch 17, 1940, in Johnson
Jounty, to the late Shirley
avis and Buford Williams.
She is survived by a

Davis and Buford Williams. She is survived by a daughter, Constance Nicole McGuire, a retired clinical laboratory scientist; her daughter's father, Dr. Phillip Edwin Estepp; a grandson, Patrick M. McGuire, an honors student in college; a sister, Shirlene Conely; a brother, Jason Davis; a miece, Tina Conely Kiser; and a nephew, Tony Conely.

Ms. Estepp was a graduate of Paintsville High School class of 1957. She then attended nursing school, where she was president of her class and received a degree as a registered nurse. She graduated with fromers and was at the Cheroman school of the career spanned four decades. Ms. Estepp was

top of her class.

Her career spanned four decades. Ms. Estepp was a livery dedicated nurse. She found much joy in her class. she found much joy in her nursing profession. She had many specialties. She worked at the Cleveland Clinic in open-heart sur-gery, UK Medical Center in neurosurgery, Floyd County Health Department, ER charge nurse in the early 1970s, director of nursing at Patty A. Clay in Rich-mond, director of nursing at Eastern State Mental Hos-pital, and Charleston Area Medical Center in ortho-paedics. Other specialties included geriatrics. as sha pital, and Charleston Area Medical Center in ortho-paedics. Other specialties included geriatrics, as she was the director of nursing of our local Mountain Man-or Nursing Home in the late 1960s. Her other specialties

included neonatology and surgery. She was the surgi-cal nurse at Prestonsburg Hospital and Highlands Regional for the retired sur-

geon Dr. Cook.

She had the opportunity to travel extensively and lived for a short time in

lived for a short time in France.

After a long and difficult illness, she rests in the arts of our Lord, Jesus Christ. Our family finds much comfort in the knowledge that she is no longer suffering and walks with our Savior, as she was a Christian woman. She will be missed by her family, patients and friends.

A small memorial service

friends.

A small memorial service will be held Friday, at 1 p.m. For inquiries, call (606) 872-2994.

The family suggests that mourners either send flowers or make a donation to the American Heart Association. ciation.

Sadie Marie Samons Sadie Marie Samons, age 89 of Martin, wife of Ver-

non Samons, passed away Wednesday, Aug. 8, 2012, at her residence.

She was born Aug. 30, 1922, in Martin, the daughter of the late Bascom and Susie Samons. She was a homemaker and a member of the Arkansas Church of Christ.

Addition to her husband Vernon, she is survived by six sons, Vernon Samons Jr., Ted Samons, David Samons Jr., Ted Samons, David Samons and Lundy Samons, all of Martin, and Lawrence Samons, of Garrett, three daughters, Edna M. Samons, of Romulus, Mich., Rosa Lee Click, of Martin, and Teresa Tackett, of Lawrenceburg; a brother, Bascom Samons, of Corpus Christi, Texas; a sister, Julie Williams, of Los Angeles, Calif.; and a host of grandchildren, great-great-grandchildren, great-great-grandchildren, great-great-grandchildren, great-great-grandchildren, great-great-grandchildren, great-great-grandchildren, great-great-grandchildren, great-great-grandchildren samons was preceded acath by her parents and five brothers, Hezzie, Casey, Tandy, T. B. and

Malcolm Samons.
Funeral services for Sadie Marie Samons were held Saturday, Aug. 11, at the Arkansas Church of Christ, with the Church of Christ ministers officiating. Burial followed in the Samons-Prater Family Cemetery, in Martin.
Hall Funeral Home, of Martin, was in charge of arrangements.

Betty Lois
Stephens Sizemore
Betty Lois Stephens
Sizemore, age 76 of Prestonsburg, wife of the late Bill Sizemore, passed away Sunday, Aug. 12.
Care, in Pikeville.
Care, in Pikeville.
Care, in Pikeville.
And Eva Click Stephens.
She was a homemaker and attended the Freewill Baptist Church.
Betty is survived by a son, Danny Craig Sizemore, of Martin, a daughter, Rhonda Gwen Castle,

of Prestonsburg; two
brothers, Virgil (Leslie)
Stephens, of Ada, Ohio,
and Paul Stephens, of Mt.
Washington; three grandchildren, Misty Dava
LaNoue, of Covington,
a. William Sizemore,
of Milliam Sizemore,
of Brian Douglas Chaffin, of Paintsville; and two
great-grandchildren, Megan LaNoue and Malachi
LaNoue.
In addition to be the

gan LaNoue and Malachi LaNoue.

In addition to her husband and parents, Betty was preceded in death by two sons, Jackie Gene Sizemore and Gary Nathaniel Layne Funeral services for Betty Lois Stephens Sizemore and Gary Nathaniel Layne and Sizemore and Gary Nathaniel Layne for the Hall Evneral Home Chapel, in Martin, with Father Bob Damron officiating. Burjal will follow in the Dingus Cemetery, in Martin.

Visitation will be held Wednesday, with a singing service at 7 p.m., at the funeral home.

# Burglars dig through pharmacy's roof, steal money, drugs

PRESTONSBURG
Burglars of the Glyn View
Plaza Rite Aid over the
weekend displayed a striking degree of professionalism in their heist, but didnot take into account a surveillance camera at another
Police are reviewing surveillance footage in an attempt to find clues that will
'lead them to the culprits.

Det. Adam Dixon, of Prestonsburg Police, said the video, from nearby Peking Restaurant, is dark, but appears to show two men loading their bounty into a dark Doge or Chrysler minivan.

an. Dixon said while there Dixon said while their have been several instances of pharmacies being broken into over the past few years, this one took things to a whole other level.

"This is one of the more extravagant burglaries

we've ever seen." Dixon said.

The men apparently cut electricity to the building to bypass the alarm system, shortly after midnight. Say the said of the said of

Police are on the lookout for

Ralph B. Davis

PIKEVILLE -

for local police, because the crime has introduced a large crime has introduced a large to the crime has introduced a large for an inventory check from Rite Aid to determine exactly how much money and drugs were taken, he said Schedule II drugs, such as oxycodone and methadone, and Schedule III drugs, such as Lortab and Lorect. "Anytime you're dealing with a quantity of drugs with a quantity of drugs of the could only say that the thieves got away with a "substantial amount" of both money and drugs. Dixon said.

He could only say that the thieves got away with a "substantial amount" of both money and drugs. Dixon asked anyone with redary to call Prestonsburg Police at (608) 886-1010.

# **CADA seeking** new members

PRESTONSBURG — Communities Against Drug Addiction is looking for new members, and the chance to join will take place next week, when a recruitment meeting is held.

The meeting will take place at noon, Tuesday, in the third-floor meeting room of the Floyd County Health Department.

Speaking at the recruitment of the Properties of the

third-floor meeting room of the Ployd County Healing Department at the meeting will be Det. Adam Dison, with Prestonsburg Police, who will discuss what law enforcement is doing to prevent drug abuse and its as-sociated problems, as well as how the public can help. According to an announcement from CADA, the group is for anyone "concerned about overdose deaths, their and vandalism associated with the illegal drug problem in our communities."

A tree hunch from Pit-Stop BBQ will be provided.

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- Pikeville

Liquor store robbed through drive-thru man who robbed a liquor store Friday.

Police say they received notification that the panic alarm had been triggered at

Skyline Liquors, on Town Mountain Road, shortly after 9 p.m. As police headed to the scene, they received confirmation from the alarm company that the store had just been held up and the robber had already fled.

Police learned that a mandressed in camouflage and a dressed in camouflage and a

dressed in camouflage and a black mask walked up to the drive-thru, stuck a handgun in the window and demand-

ed money. He then fled the scene with an undisclosed amount of money. No one was injured in the

incident

incident.
Officer Michael Riddle is investigating the incident as a first-degree robbery. He requests anyone information about the robbery to call the Pikeville 911 Center at (606) 437-5111.

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Kentucky Heart Institute offices 1709 State Route 321, Suite 2 • Prestonsburg Dr. Lewis is board certified in vascular and interventional radiology by the American Board of Radiology and specializes in the minimally invasive treatment of:

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Uterine fibroids

Male infertility due to testicular varicose veins

Blocked renal arteries

Blocked renal arteries

Male infertility due to testicular varicose veins

Treatment of varicose veins

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For more information or to schedule an appointment, please call (606) 886-0892.

# Community Calendar

Calendar items will be rinted as space permits Editor's note: To an-Hitter's notes To entodates poot community
event, you may hand
deliver your item to The
Floyd County Times office,
located at 263 S. Central
Avenue, Prestonsburg, or
mail to: The Floyd County
Times, P.O. Box 390, Prestonisburg, KY 41653, or fax
to 606-886-3603; or email
to: fctfactures@floydcountytimes.com: Information
will not be taken over the
telephone. All items will
be placed on a first-come,
first-serve basis as space
permits.

Superstar chef cultinary arts program Join Chef starts program Join Chef starts program Join Chef starts cultinary arts program Join Chef starts sinstructor, and talented student artisans from the Carl D. Perkins Job Corps Center, at the Floyd County Extension Office, 921 South Lake Drive, in Prestons-burg, Monday, Aug. 27, from 6:30 to 8:30 pm. The program will include ganishment and food demonstrations, plus handson learning. Please call to register before the Aug. 21 deadline. Space for the program is limited. Contact Theresa Scott, county extension agent for family and consumer sciences, at (606) 886-2668, or by email her at tmscott@uky.edu.

Parsons family reunion
The decendents of Isaac
Parsons will meet on Sunday, Sept. 2, on Parsons
Branch, off Route 979 at
Big Mud Creek, Family and
friends will meet, greet
and eat from 11 a.m. until
for 11 p.m. For more information, contact Deana Parsons Porter, at (734) 7328424.

Floyd County Retired Teachers The Floyd County Re-tired Teachers will meet at 11 a.m., Thursday, Sept. 6, at May Lodge, in Jenny Wiley State Resort Park.

Clothing and
household giveaway
The Middle Creek Volunteer Fire Department
Ladies' Auxiliary will give
free clothes and household free clothes and household tiems to anyone in need on Friday, Aug. 24, from 9 a.m. to 6 p.m., and on Saturday, Aug. 25, from 10 a.m. to 4 p.m., at the Old Middle Creek Fire Department, on Route 114. For more information, call Dearl Faye Holbrook at (606) 886-8481 or (606) 226-3525.

Floyd County Job Club
The Floyd County Job
club meets every Thursday,
from 11 a.m. until noon,
starting Aug. 20, at the
Kentucky Career Center
Office of Employment and
Training, in Prestonsburg.
This free job club is sponsored by Eastern Kentucky
Concentrated Employment Program, Big Sandy
Area Commubnity Action
Program and the Office of
Employment and Training
At the Community Action
Program and the Office of
Employment and Training
At the Community Action
Program and the Office of
Employment and Training
At the Community Action
At the Community Action
Frogram and Institute of Employment
and networking opportunities that will help you
get hired. All are welcome
and first-time visitors are
encouraged to come one
hour early for a new member orientation. Call (606)
886-2948, for more information.

Mation.

Violence prevention and elder abuse program
Jenny Wiley Chapter #3528, AARP, will meet Tuesday Aug. 21, at 5:30 p.m., at First Presbyterian Church, in Prestonsburg. The program will be presented by Bethany Robinson of Mountain Comprehensive Care, who will speak on Violence Prevention and Elder Abuse. All members and friends of AARP are welcome to attend.

Seniors Citizens
Board meeting
Floyd County Senior
Citizens Inc. Board will be
meeting in Prestonsburg,
Thursday, Aug. 16, at 4
p.m., in the Fiscal Court
Room of the old court-

Final Dwale
Homecoming
Saturday, Sept. 1, the annual Dwale Homecoming
Reunion will take place at
the Dwale shelter, beginning at 10 a.m. This will be
the last Dwale Homecoming.

the last Dwale romecoming.

Memorial service starts at noon. Dinner will be served at 1 p.m. There will be no Friday night events.

All food will be provided by the Dwale Homecoming Committee.

Prestonsburg High School Majorette Alumni Prestonsburg High School Majorette Alumni meet at 1 p.m., the second Saturday of each month, at the First United Method-ist Church gymnasium, in Prestonsburg. For more in-formation, contact Carol Jo May at (606) 226-2565.

UPike registration University of Pikeville

fall registration will take place Aug. 16 and 17, from 8 a.m. to 4 p.m., in the Re-cord Memorial Building. Level 5. Call (606) 218-5251 to enroll. Classes begin Aug. 20. Call (606) 218-5251 to en-roll

ABC workshop
The Alzheimer's Association will present ABC
Workshop, from 10 a.m.
to 12 p.m. We thresday.
Public Library 1.19
P

call 1-800-272-3900.

Late stage caregiver connection symposium. This Alzheimer's Association will present information about the later stages of Alzheimer's disease and caregiving. It will also offer an opportunity to reflect and gain a new perspective on your caregiving issues. The symposium will take place on Wednesday, August 22, from 1 to 5 p.m. at the Pikeville Public Library, 119 College Street, Room 124. Registration is required; call 1-800-272-3900 or e-mail infoky-in@alz.org.

Quit smoking
Are you ready to kick
the tobacco habit for good?
The Cooper/Clayton Method to Stop Smoking can
help! Classes are ongoing
at Saint Joseph – Martin on
Mondays, at 10:30 a.m., in
the Seton Complex Lower
Level Conference Room

For more information, call 285-6692.

call 285-6692.

The Cooper/Clayton Method to Stop Smoking Program is made available to Kentuckians through the Kentucky Cancer Program and its partners

PHS class of 2002 reunion

Ten-year reunion planning is underway for the Prestonsburg High School class of 2002. For more information, please contact Zach Slone at (606) 205-

Communities Against
Drug Addiction
Floyd County Communities Against Drug Addition
meets at noon the third
ruesday of each monthe
ruesday of each monthe
room of the Floyd County
fealth Department. Lunch
is provided.
For more information,
contact Mike Vance at
(606) 256-2075, Leslie
Howell at (606) 263-4370
or (606) 339-7358, or Carol
Jo May at (606) 226-2565.

Allen Volunteer Fire Department is now holding a membership drive. Meet ings are held ever Month the station, Please stop and help your volunteer fire department or call Asst. Chief Bill Jarvis at (606) 791-6601.

Volunteer mentors
wanted
Mentoring for a Second
Chance is a jail-based service program designed to
help reduce recidivism and
promote positive growth,
by linking nonviolent offenders with a mentor from
the local community. M2C
is looking for local, men
who are motivated to make
a difference in the life of
an individual while having
a positive impact on the
community.

If you or someone you
know is interested in becoming a mentor conditator
Joshua Kinger (G06) 8864439, (G06) 339-8878, or
Jkinzer@MtComp.org

Veterans service officer
VFW Post 5839 in Lancer will have a service officer available every Wednesday, from noon until 4 p.m.
Some service offisome service offiday from noon until 4 p.m.
some service offisome service offisome service offisome service offiproduct offiservice offiservice

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Contact (606) 886-9428 or (606) 297-1973 for more information.

Autism Awareness & 'Support Group
2nd Monday of each
month. Calvarys Call
Church, Lancer. (6-7 p.m.).
Contact: Billie Chain Contact: Billie Chain, eastkyautismawareness@ gmail.com

Autistic Children
Support Group plans
monthly meeting
Support group for Guardians of Autistic Children
will meet the first Thursday of every month at the
Haven of Rest, 1601 Airport Road, Inez. Call 606298-0520 for information.

Non-profit agency needs

Non-profit agency needs
foster parents
Non-profit agency in
need of foster parents in
your area. Financial compensation! bonuses, free
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and 24-7 support are available. All foster children get
a medical card, free school
lunches, and clothing
vouchers/other reimbursements. Call for more information, at 606-886-0163 or
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org/ org/

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ownership.

FCHD offers Body Recall
exercise classes
The Floyd County
Health Department offers
Body Recall gentle exercise classes every Monday,
Wednesday, and Friday, at
9.30 a.m. and at 10.30 a.m.,
at the First Presbyterian
Church in Prestonsburg,
Classes are free and open
to the public. Call 886-2788
for more information.

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and domestic violence by
becoming a Volunteer with
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Call today to receive an application for our free training program.

Call the Volunteer Coordinator at (606) 886-4823 for further information or to request an application. (The Victim Services Program is a program of Mountain Comprehensive Care Center.)

OutPatient Drug Treatment Program and Education

and Education
Narconon warns parents that abuse of addictive pharmaceutical drugs
with youth is on the rise
with deadly consequences.
Learn the signs of drug

abuse. Call Narconon for a free

See CALENDAR | A5



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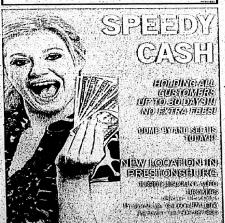


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Worth Repeating ...

A liberal is a man who is right most of the time, but he's right too soon.

- Gregory Nunn

Amendment I

agress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of ech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

# Guest View Kindergarten screening vital

Henry Webb
Superintendent, Floyd County Schools

For years, schools in Kentucky have recognized that a quick screening of Kindergarten children as they enter our buildings provides rich information for teachers to meet each child "where they are" when they arrive and help them master the content and skills needed to establish a foundation for continued success in elementary school.

Kentucky is taking steps to implement one common kindergarten readiness screener accompanied by best practice, the content of the

for early childhood and etementary school makes a unexpense.
The importance of early childhood development and education cannot be overstated. The brain grows more rapidly in the first 3-5 years than at any other time in life. Multiple research disciplines, including neuroscience, social science and economics, have all documented the critical importance of high-quality barly childhood initiatives. If children who need extra help are identified early, the chances that they will need special education services in the future are lessened.

they will need special education services in the future are lessened.

"While Kentucky continues to make significant strides in education, the state still has work to do. According to Education Week's 2012 "Quality Counts" report, 13 states ranked above Kentucky in overall grades and scores. Of these states, 10 have kindergarten assessments in development or in place. As one measure among multiple measures, a common readiness screener is a critical tool necessary for Kentucky to make continuous educational improvement.

Finally, a major component of Kentucky's new Unbridled Learning accountability model for the state's public school system is individual student growth. The screener provides an important starting point for a system of measurement. This system supports elementary teachers as they strive to gride a child to successfully learning to read by the end of 3rd grade—a t which time, they must be proficent reading to continue the successfully learning to read by the end of 3rd grade—a twinch time, they must be proficent reading to continue the successfully learning to read by the end of 3rd grade—a twinch they will be using the tool this school year to insuire all students will receive an education tailored to their individual abilities and needs. We are excited about this work for our KIDS as it is time all school districts in Kentucky follow this best practice.

Contributors to this article include: Stu Silberman, Executive Director of the

Contributors to this article include: Stu Silberman, Executive Director of the Prichard Committee for Academic Excellence, Jeff Stumbo, Floyd County Beard of Education Chairperson, Dr. George Edwards, Big Sandy Community & Technical College President and Anna Shepherd, Floyd County Schoots Early Childhood Director



# Letter to The Editor

# Absolute apathy

All politicians aren't that hypocritical every year, y'all. Many just don't care about the problems facing the working class.

Miners are slapped in the face by recent senatorial rules for MSHA not to en-force new dust regulations. School teachers are shown

how much their work is appreciated by across-the-board rejection of cost of living increases by our leg-islators.

the education they received in the public schools? Hypocritical, maybe. But apathy, absolutely. Derek Hicks Middle Creek via Prestonsburg Health Care Center

# A legislative perspective

## Having an appreciation for Kentucky forests

Rep. Greg Stumbo

It may cliche, but for much of Ken-tucky's history, it was fair to say that most citizens couldn't see the forest for

It may check, but for much of Rentucky's history, it was fair to say that most citizens couldn't see the forest for the trees.

The steek first forester, for example, the steek first forester, for example, the steek first forester, for example, the steek first forester, and the most people wondered why anyone should be concerned about the forests." It was considered such a never-ending resource back then that even massive wildfires – which burned a half-million acres alone in 1880 – could not sway public opinion.

About 60 years ago, however, it became clear that more needed to be done to protect one of our most important natural resources. That led to the first formal survey to see just what we had across the commonwealth.

There have been periodic updates since then, and the most recent was provided last week. In short, the news is good, with figures showing that Mother

Nature produces about twice as much wood as we take each year.

Overall, Kentucky has 25 million total acres, and right at half – 12.4 million — are forests, a figure that has largely held steady since the 1950s. Nearly 90 percent of these trees are on private property, while most of the remainder is maintained by the federal government and the state.

Kentucky, first gat into preserving

maintained by the federal government amaintained by the federal government and the federal government as the federal government and forests in 1919, when a land and coal company donated 3,700 acres in Harlan County, Much of what now stands at 43,000 preserved acres, however, was deeded to us by the federal government between 1954 and 1956.

There are now believed to be about seven billion trees in Kentucky. That's or 1950 for each Kentucky. That's count the larger trees—those at least five inches in diameter several feet above the ground—we have nearly 25 billion cubic feet of wood volume, the equivalent of more than 660 Empire State buildings.

The tulip (or yellow) poplar is both the state's official tree—though it was the Kentucky coffee tree for a time—and our top wood producer. In terms of sheer numbers however, there are these two species make up 21.5 percent of all the trees in the state.

Still, only Florida has a greater diversity of hardwood trees, and we're also second nationally in wood production, which in turn is the foundation of 3,500 conditions that it is not seen to be seen a seen and the seen and the

# House week in review

# The Times

253 SOUTH CENTRAL AVENUE PRESTOKSBURG, KENTUCKY 41843 Tone (636) 866-652 Fee (636) 884-7630

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## Taking care of Kentuckians

An 11-year-old state highrisk health insurance pool
will close down in 2014 to
make way for guaranteed
issue of individual health
insurance coverage in the
private market under the recently uphelf federal Affordable Care Act, state officials
told a state legislative committee on Aug. 1.

Kentucky Access—created by state lawmakers in
2000 to guarantee coverage
to Kentuckians with high
cost medical conditions who
are often priced out of the individual private health insurance market—should have
the majority of its expenses

the majority of its expenses paid and its clients moved

Wasson told the Tobacco Settlement Agreement Fund Oversight Committee. Wasson said Kentucky Access will spend 2013 notifying its members that the program is winding down and "giving them options for the transition to the marketplace." Kentucky Access will become obsolete as of Jan. 1, 2014 due to language in the Affordable Care Actitate requires the market as of that date be "guaranteed issue"—a requirement now only required by a handful of states, said Wasson. Signed into law in 2010, the Affordable Care Act was recently upheld by the U.S. Supreme Court.

Wasson said history has

upheld by the U.S. Solvery has a was a shown that at least six months is needed to wrap up the claims process, including any residual claims, in a transition like the one Kentucky Access

"We'll do all we can to try
to encourage filing those
claims early so we can have
a good handle on how much
funding we'll need to meet
our members' claims and
our financial obligations,
and wind down the program," said Wasson.

Clark told the committee
it is her hope that coverage
will be less costly for members of Kentucky Access
once they are moved into
the private market.

"These policies in highrisk pools are very expensive. So, our hopes are that
when they are able to get
it foce it will be at a cheaper
expense," said Clark.

"At the end of June, there
were 4,345 active members
in Kentucky Access, said
Wasson, Memberships has
been declining for several
reasons, including the "aging out" of members who are
now eligible for Medicare,

members obtaining cover-age elsewhere, or failure of members to pay their premi-

age elsewhere, or failure of members to pay their premiums.

Kentucky Access reports to the Tobacco Settlement Agreement Fund Oversight Committee regularly as a recipient of part of Kentucky's share of a multi-billion dollar 1998 national tobacco settlement. Twenty five percent of Kentucky's share of the settlement is placed in a Kentucky Health Care Improvement Fund that funds a handful of state health programs including Kentucky Access, which is also funded by premiums, insurer assessments; and grants.

This fiscal year, Kentucky Access is projected to receive \$14.86 million in appropriations from the 14 year old tobacco settlement, according to program officiality.

#### Calendar

From Page A3

brochure on the signs of addiction for all drugs. 877-379-0208.

www.drugsno.com

Auxier Community Center Free GED classes, Mon-day, Tuesday and Wednes-day, from 10 a.m.-12.

Free Bible Lessons
Write to: Bible Way
Outreach Ministry, P.O.
Box 3371, Kingsport, TN
37664. Lessons completely
free of charge to all interested.

Need help with addiction?
Lifeline of Floyd County "Conquer Chemical Dependency" is a Christ-centered 12-step program offering support to those who are coping with addiction and learning to live drug-free lives. The support group meets on the following schedule:

Mondays, at Minnie (he-Mondays, at Minnie (he-

meets on the following schedule:
Mondays, at Minnie (heside pharmacy) from 7-8
p.m.; Mondays, at Little
Mud, Spruce Pine School,
from 7-8 p.m.
Mondays, family support
group, for families that
have been hurt by addiction, McDowell First
Baptist Church, 7 p.m.;
Tuesdays, in Prestonsburg,
in the Van Ark Building,
from 2-3 p.m.
Tuesdays, at David, The
David School, from 3:30
-130 p.m.
Wednesdays, at Allen
Baptist Church, from 7-8
p.m.
Thursdays, at Allen Baptist Church, from 7-8 p.m.
Sundays, "Stepping into
Freedom" group, McDowell First Baptist Church, 7

Freedom" group, McDow-ell First Baptist Church, 7

For more information, call Libbi Hall at (606) 377-2930.

Need Help With Home Repairs? le Auxier Lifetime

Learning Center can help!
We are now taking applications for home repairs. If
you, or someone you know,
are low income and need
help with repairs on your
home, please call 606-8860709 for your application,
or stop by our office at 21
South River Street, Auxier,
Office Hours: Monday-Friday, 8-4.

Hope in the Mountains
Hope in the Mountains
will host public meetings
on Mondays, at 9 a.m., at
the junction of U.S. 23 and
Rt. 80, on Water Gap Rd.,
behind the Trimble Chapel
Church.

Rt. 80, on Water Gap Rd. behind the Trimble Chapel. Church.
Meetings focus will be to offer information in regard to community resources available to women seeking freedom from from gabuse. Family, members are also welcome to attend. The Hope initiative proposes to help women break free from addictive lifestyles to become self-respecting contributing members of society.

Call 874-2008 or 788-

society.
Call 874-2008 or 7881006 for more information.

Democratic
Woman's Club
The Floyd County Democratic Woman's Club meets
the third Monday of each
month at 6 p.m., at Prestonsburg City Hall.

Have an 'Out of this World' birthday party!
The East Kentucky Science Center is now offering a fun and distinctive party venue for kids of all ages. The Birthday Party package includes rental of a classroom and admission to exhibits and planetarium programs. Must be booked two weeks in advance; limit 40 guests. Call 889-8260 for more information.

Prestonsburg
Rotary Club
Prestonsburg
Rotary
Club meets on Thursdays,
12 noon to 1 p.m., at Reno's

Roadhouse. For additional information, contact Paula Howard, 263-3225, or Tom-mie Layne, 886-4585. Ev-eryone welcome.

"Earn While You Learn"
The Big Sandy Area
CAP office is taking applications for its "Senior
Training Program. You
must be 55 or older to apply. In Floyd, call 885-2929;
Johnson. call 798-6515;
Magoffin, call 349-2217,
Pike, call 432-2775; and in
Lawrence, call 638-4067.

Pike, call 432-2775, and in Lawrence, call 638-4067.

Looking for a support group?
Floyd Country Alzheimer's Support Group; Meetings held regularly at Riverview Manor Health-care Center. Call the center for meeting times.

Domestic Violence Support Group; The Big Sandy Family Abuse Center holds meetings to call the content of the country of the content of the country of the coun

Domestic Violence counselors. Call 886-6025, or 1-800-649-6605. Remember, "Love Doesn't Have to Hurt."

Disabled? You may be eligible for grant money to assist in your daily living. For an application or more information, call 886-4326.

A.S.K. (Adoption Support for Kentucky); Support group for all adoptive parents (public, private, international, and kinship care), foster parents and all others interested in adoption. To be held the first Monday of each month, at the Department. month, at the Department for Community Based

Services office, 1009 North Lake Drive, Pres-tonsburg, from 6-8 p.m. Childcare will not be pro-vided. For more informa-tion, contact Dedra Slone, adoptive parent liaison, at 402-410 or 422-7927, or not. 10: doslone@eastky.

net.
PARENTSI; Contact
the Big Sandy Area Community Action Program,
Inc. to find out about child Inc. to find out about child care services in your area, the STARS for KIDS NOW-licensing standards pro-gram, and how you can earn an income by staying home with your own chil-dren while caring for the

children of others. Find out more by calling Cheryl Endicott at 886-1280, or 888-72-7227 (toll free).

East Kentucky St.A.R.S. Homeschoolers; Will hold monthly meetings at the Painter of the Painter of

#### KING'S DAUGHTERS WELCOMES

# Gastroenterologist

# Garfield Grandison, M.D.

King's Daughters is pleased to welcome Garfield Grandison, M.D.

Dr. Grandison joins Morris Beebe, M.D., and Arthur Gaing, M.D., practicing at King's Daughters Medical Specialties - Gastroenterology,

#### MEDICAL SCHOOL.

University of the West Indies, Mona, Jamaica, 2003

#### RESIDENCY

Mayo Clinic, Rochester, Minn., 2009

#### **FELLOWSHIP** University of Kentucky,

Lexington, Ky., 2012

#### BOARD CERTIFICATION

American Board of Internal Medicine

Dr. Grandison welcomes new patients



King's Daughters Medical Specialties -Gastroenterology Medical Plaza A

617 23rd St., Suite 425 Ashland, KY 41101 (606) 327-1760 KING'S Daughters MEDICAL CENTER Taking Medicine Further

Find our latest physicians at kdmc.com.



#### School

From Page A1

to pay its debts as they become due in the usual course of affairs," the complaint says. "Plaintiff believes that such financial problems are a direct and proximate result of Mr. Greene's unauthorized, self-dealing actions."

On Monday, Harris dismissed the lawsuit against the school, saying it "is now functioning as a non-profit corporation in a manner consistent with KRS Chapter 273 and no longer needs to be liquidated or dissolved."

Harris found that Greene had managed the school "in a manner that is dangerous or hazardous to the safety or "well-being of the public and the students and faculty of the school." As a result, he barred Greene and Kriz from "carrying on any business or having any affiliation with the David School."

Harris also found that the temporary best dated.

School.".

Harris also found that the temporary board that had been governing the school since the lawsuit was filed "has the qualifications and expertise to serve as a permanent board of directors" and he appointed Denny Dorton, Ned Pillersdorf, Bertha Daniels, Lowell Parker and James Michael Goble to continue serving on the permanent board. Pillersdorf said Monday that the David School has begun to emerge from a cloud that has hung over the school, since before the lawsuit was filed. He said the school has begun raising operational money again and is on track to reopen on its traditional start date after Labor Day.

#### Murder

From Page A1

Sherry Dillon's family contacted Kentucky State Police July 16, saying she had not been seen since July 7, near her residence at Aflex. The KSP issued a missing person's alert Aug. 3.

a missing person's alert Aug. 3. Bruce Dillon was an em-ployee of the Williamson Park Board, working at the Williamson Field House and other city facilities for

and other city facilities for more than 30 years. Peirce Whitt, director of the Park Board, said he never had any problems with Bruce Dillon as an employee. "I just didn't see that coming," Whitt said, "I

coming," Whitt said. "I would never have guessed that, or thought it. He started working for the Board in 1979, and came on full time in 1981. We



Sherry Dillon

him around. He did

Bruce Dillon was sched-uled to be arraigned at the Pike County Detention Center yesterday morning. The body has been the sent to the State Medical Examiner's office in Frank-fort for an autopsy and for

Come and

#### Drug

From Page A1

month," the indictment says. "Every other month, the patient could just call Dr. Roos' office, complete and fax in a one-page form and he or she would receive another prescription for the same pills.

same pills:
"Dr. Roos did require pre-

"Dr. Roos did require pre-payment of her fee."

The indictment also dis-cusses the involvement of a Pike County pharmacist, who gave "special atten-tion" to Roos patient. The construction of the county of the property of the payment of the the personally, either by the pharmacist or an office

manager. Payments would be made in cash, but the money would be kept seg-regated from other business funds and would ultimately be deposited into the phar-macist's personal bank ac-count.

copy of the indictment released following was released following Ingram's ruling, with the identities of codefendant's blacked out, presumably because they have not yet been located. By comparing the size of the blacked out portions of the indictment, it appears as many seven facing additional charges of distribution and posses-

facing additional charges of distribution and possession.

The indictment does not appear to be Roos' first runin with comment of the runin with a comment of the runin with the runin patients by the Texas Workers Compensation Dommistoner Rod Bordelon, because of concerns about her use of opioids in treatment.

On April 8, 2011, Roos entered into an agreement with the Texas Medical Board, requiring her to contact the Texas A&M Health Science Center Runin with the runin runin runin runin runin runin results of the runin runin

ral and Community Health.
Institute's KSTAR program within 90 days for the purpose of scheduling an assessment of Dr. Roos' practice of medicine. The action was based on Dr. Roos' practice of medicine. The action was based on Dr. Roos' practice of the programment of chronic pain; unprofessional conduct; failure to use diligence in her professional practice; contherapeutic prescribing; and writing; prescriptions for a person who is a known abuser of narcotic drugs."

If found guilty of the conspiracy, charge, Roos could face up to 20 years in prison and a \$1 million fine.

# Board approves regulation, selects officers

FRANKFORT — At its retreat on Wednesday and regular meeting Thursday, the Kentucky Board of Education heard updates and made decisions on a variety of items.

The board's Nominating Committee recommended that David Karem and Roger Marcum serve as chair and vice-chair, respectively, for the next 12 months. The full board agreed with that recommendation.

The board recognized the late State Representative Dewayne

recommendation.

The board recognized the late State Representative Dewayne Bunch for his contributions to Kentucky's educational system. The board also recognized current State Representative Derick Graham, who recently retired from his teaching position.

The board approved 704 KAR 7:160, a new state regulation related to restraint and seclusion, after agreeing to revise the regulation to re-insert language related to the prohibition against that is not recommended by medical professionals.

The board also discussed Education Commissioner Terry Holiday's evaluation and praised the commissioner or his leadership, work ethic and vision.

ship, work ethic and vision. The board took several actions

during the meeting:

• approved the Articles of Incorporation for the Fund for Transforming Education in Ken-

Transforming Education in Kentucky

agreed to accept 2012-13
preschool funding rates

appointed Jennifer Fowler,
an 8th-grade English/language
arts teacher at Paintsville High
(Paintsville Ind.), and LeRonda
Morton, an English/language
arts teacher at Bryan Station
High (Fayette Co.) to the Kentucky Writing Advisory Committee

tucky Writing Advisory Committee

approved 704 KAR 3:305,
the regulation related to high
school graduation requirements
approved district facilities
plans for the LaRue County, Russell County and Elizabethous
Independent school districts
amendment for the Danville
Independent school system
agreed to develop correspondence to the board's at-large
appointees to the Kentucky High
School Athletics Association
(KHSAA) Board of Control, reminding them of the necessity of minding them of the necessity of attending that board's meetings

agreed to consider only

Corbin Independent Board of Education at the October meet-

ing
The board heard updates on several items:
• next-generation science, social studies and career/technical education standards

education standards, reclinical education standards, reclinical re

e the Energy in Education Col-

the Energy in Solution
 buse of local monies to reduce school districts unmet technol-

ogy need
The Kentucky Board of Education will hold a study session and
its next regular meeting on Oct.
8 and 9 in Frankfort. For more
information about the board, visinformation about the board, vis-it http://www.education.ky.gov/ KDE/Administrative+Resources/ Kentucky+Board+of+Education/ or click on the Kentucky Board of Education link on the Ken-tucky Department of Education's homepage.

in the fall.

KHS hopes to connect
communities further by
cliciting participation from
local historical societies
and Kentucky citizens. Users will be able to submit
images and stories for incluincident the con-

To find out more about this and other KHS pro-grams, visit www.history. ky.gov.

#### COUPON FREE HEARING TESTS Beltone HEARING AID CENTER

The tests will be given by a Usensed Hearing Aid Spacialist Anyone who has trouble hearing or understanding conversation is invited! Bring this coupon with you for your FREE HEARING TEST, a \$125.00 Value MANY INSURANCE PROVIDERS ACCEPTED Please call for an amount

Please call for an appointment
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PIKEVILLE, KY 606-437-1866
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COURT COUNTY CO





**Super Star Chef** Culinary Otals Program

Join Chef Terry Marrs, Culinary Arts Instructor and talented student artisans from the Prestonsburg Job Corp. Center at the Floyd County Extension Office, Monday August 27, 2012 From 6:30-8:30 pm. Program will include garnishment and food demonstrations plus hands-on learning. Please call and preregister by August 21st deadline: space for the program is limited! Contact: Theresa Scott, County Extension Agent for Family and Consumer Sciences, 886-2668 or email tmscott@uky.edu, 921 S Lake Drive, Prestonsburg, KY.

# KHS launches new smartphone app

'Explore Ky. History' users can explore state history online and on the road bining the history behind each community-driven historical marker, related items in the RHS collec-tions and user-submitted pieces of history that communities consider most important, and the app makes these available to everyone, in the palm of their hands."
The first available tour is Civil War related. A War of 1812 tour will be released in the fall.

KHS, hones to connect.

FRANKFORT — The Kentucky Historical Society (KHS) is expanding its offerings to connect communities with local history through a new smartphone application.

"ExploreKYHistory."
"ExploreKYHistory" will be available in both Google Play and iTunes application stores by Aug. 16. The app connects Ken-tucky communities by com-

合自自自自自自自自自自自自自自自 Meak & Nunnery Personal Injury Workers' Compensation Social Security



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(606) 377-2117

in the KHS collections and user-submitted images and stories into mapped points of interest. Related historical markers across the Commonwealth are then grouped together into tours.

"What's great about this app is it takes the Historical Markers Program, which is something that's really significant to people and their communities, and ties it to a much larger story, like the Civil War, says Jody Blankenship, KHS education director. "These are local el rodeo grande WEDNESDAY & SATURDAY

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nd user-submitted and stories into

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# Coal mine supporters plan to link across Pike County

PIKEVILLE — Coming on the heels of an event in Bell County last weekend, organizers are hoping to bring coal miners, their families and those who support them together next month, hand in hand, lined up across the state's largest county.

"Hands Across Pike County" will take place Oct. 13, along U.S. 23.
Organizers are hoping to bring to-

gether thousands of people to stand with hands locked alongside U.S. 23, beginning at the Floyd County line and extending all the way to Buckley's Creek, at the intersection of U.S. 23 and U.S. 119, and then to the West Virginia state line. The event is planned to begin at 2 p.m. and last for an hour. The event is being organized by a group calling itself 'United for Coal."

For more information about the event, visit the United for Coal website at unitedforcoal.com.

# Bikers throwing a party to help sick children

PRESTONSBURG — This weekend will give motorcycle enthusiasts and the general public a chance to party, and to do it for a

public a chance to party, and to do it for a good cause.

Brothers of the Wheel will be hosting a Brothers of the Wheel will be hosting a Brothers as a Stonecrest, with proceeds raised from the event going to benefit St. Jude Children's Research Hospital.

St. Jude was founded in 1962 in Memphis, Tenn., and provides treatement and research of catastrobies children's files.

earch of catastrophic children's disesases. The party on Saturday will feature live

music, free camping and motorcycle games. A motorcycle ride-in will start Saturday afternoon, at the Paintaville Wal-Mart. Organizers expect 200 bikes to ride down U.S. 23 to the south entrance to Jenny Wiley State Resort Park and on to Stonecrest. The ride will leave Paintsville at 2 p.m. Gates open at noon. Admission is \$10 per person, or \$15 per couple.

No coolers or weapons will be allowed at the party and no one under 21 will be.

No coolers or weapons will be allowed at the party, and no one under 21 will be admitted.

admitted.

For more information, contact Brothers members Larock, at (606) 226-4306, or Crazyhair, at (606) 259-6195.

## Program to improve education launches



# 

Ladies, bustle out your dresses and gents get your muskets cleaned. The Friends of Middle Creek's holdin' a reenactment



commemorating the 150th anniversary of The Battle of Middle Greek in Prestonsburg commensin' September 7th, 8th, and 9th. Friday evening at 9:00 I'm going to watch the flags being lowered and will honor the 9-11 victims with a luminary service. Then on Saturday I'm going to honor the raising of the new flags, visit my cousins in the camp, and shop among the vendors. Then I'll find a good place to cheer the troops when they hold their battle at 2:00.

I'll go home and hap on my fainting couch to be ready to dance, dance, dance under the big tent at 7, and then, after dark, my grandpa promised me there will be a night cannon firing right across the battlefield. The next morning, I'll be out bright and early at 10:00 in my blue frock for Church and to visit among my new friends and neighbors, waiting for the Sunday battle at 1:00. I would send you an invite but I lost my address book. If you have questions, just call Prestonsburg Tourism at 606-886-1341.

即于第2条中央建设,2016年1月2日中国第3年1月2日日日

#### KING'S DAUGHTERS WELCOMES

Orthopedic & Spine Surgeon

# **James** Rice, M.D.

KDMC welcomes orthopedic and spine surgeon James Rice, M.D.

Dr. Rice is teaming up with orthopedic surgeon Kevin Kulwicki, M.D., and sports medicine physician Andy Gilliland, M.D. Dr. Rice is originally from Russell, Ky.

MEDICAL SCHOOL

University of Louisville School of Medicine, Louisville, Ky., 2006

RESIDENCY

University of Florida – College of Medicine, Gainesville, Fla., 2011

**FELLOWSHIP** West Virginia University -Ruby Memorial Morgantown, W.Va., 2012 - spine surgery



King's Daughters **Medical Specialties** Orthopedics and Sports Medicine Medical Plaza B 617 23rd St., Suite 350 Ashland, KY 41101 (606) 327-0036

MEDICAL CENTER

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# Forth receives certificate



Penn. She has completed training in the Hotel Lodging field, and started her first day of college Aug. 13, at Big Sandy Community and Technical College, in Prestonsburg, where she will be pursuing a degree in special education. Forth said that without the Job Corps program, she would not be able to attend college.

#### Medical bus visits senior center





**Eunches under \$6.00** 

Mow Open





Photo y 4 Gunter
The Kings Daughter Medical
Center Vascular bus was at the
Prestonsburg Senior Citizens
Center recently. Al Gunther, dis
the first time a medical bus had
stopped at one of the senior
centers in Floyd County and
that there were 21 people who
ling one man who it was discovered had a 100 percent blocked
artery. The discovery may have
saved his life, he said Y----Medicine Market

PHARMAC

Pharmacist: Jennifer Flannery-Hall 606-285-3400



# **KEMI** partners up to combat prescription drug abuse

SOMERSET — Kentucky Employers' Mutual Insurance has partnered with Operation UNITE to help educate the public on the need to safeguard medications in the home.
"As Kentucky's largest provider of workers' compensation insurance with

the home.

"As Kentucky's largest provider of workers' compensation insurance with more than 21,000 policyholders throughout the state, KEMI is on the front lines of the battle against prescription drug abuse," said Roger Fries, president and CEO.

KEMI officials delivered 500 medication lockboxes to UNITE on August 8.

The boxes, produced by the physician-led medical product company LockMed, allow individuals to store over-the-counter and prescription medications under a combination lock. In addition, each box includes a la.

a combination lock. In addition, each box includes a label listing UNITE's toll-free treatment referral number 1-366-908-6483 – for those seeking help with an addiction.

-1.866-908-6483 – tor tnose secking help with an addiction.
"We strongly believe that we have a responsibility to help protect our policyholders and injured workers from the dangers of drug abuse and misuse," Fries stated. "We believe this unique alliance with Operation UNITE

further demonstrates KE-MI's commitment to taking an active role in combating prescription drug abuse."

I will be a substance of the commitment of the comm

Mental Health services Admental Health services AdMental Health services AdTo percent of teens obtain
these drugs from family
members or friends — often
without their consent.
"We can no longer afford
osit quietly on the sidelines. This epidemic now
claims more lives every year
through drug overdoses
than any other accidental
death," said Fifth District
Congressman Harold "Hal"
Rogers. "In Kentucky, we are
losing 82 people a month to
drug abuse — more than car
crushes."

KEMIT management
attanties immed of pre-

drug abuse — more than car crashes."

"KEMI's management and staff certainly understand the impact of prescription drug abuse and have committed to being a least of the committed to being a least of the committed to being a least within their workforce and in the communities they serve," Rogers continued. "I commend KEMI's leadership team for their vision and pro-active efforts to bring about change."

The lockboxes will be distributed throughout southern and eastern Kentucky as part of UNITE's "Accidental Dealer" campaign to raise awareness of the need to keep track of all medications in the home.

"In southern and eastern

Kentucky, the average age of first-time drug use is 11 years old," noted Karen Kelly, UNITE director. "Prescription drug abuse – called this nation's fastest-growing drug problem and classified as an epidemic by the Centers for Disease Control and Prevention of the Centers for Disease Control and Prevention of the Control and Prevention of the Centers for Disease Control and Prevention of the Control and Prevention of the Centers for Disease Control and Prevention of the Control of the Center of the C



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# Math and science initiatives prove successful, lawmakers told

FRANKFORT — Programs serving Kentucky's brightest math and science students were show-cased Monday at a meeting of the Interim Joint Committee on Education

cation.

One featured program, the Catton Academy, was recently recognized by Newsweek as America's Best High School.

"The Gatton Academy is the best example I' know of what happens when you remove the learning ceiling and let students learn what they re able to learn, said Dr. Julia Roberts, Executive

Director of the Center on Gifted Studies.

The academy, located in Bowling Green, is a public residential two-year high school open to students across the state. It offers an advanced math and extense an advanced math and extense. dents across the state. It offers an advanced math and science curriculum, allowing students to complete their high school diploma while earning 60 hours of college credit.

Students from 107 counties have attended the program since it began in 2008.

According to Tim Gott, Director of the school, most students

also complete research in their field of interest, providing them with schainship protrunities typically available only to college students. All of the school's graduates have gone on to enroll in a four-year university, he said.

Lawmakers also heard about another program helping Kentucky students get a jump start on college. Advance Kentucky, a partnership between the National Math and Science Initiative, the Kentucky Department of Education and several other public and private agencies, aims to increase

students' participation and success in advanced placement (AP) classes.

Classes.

The statement of lawmakers the program is helping them reach more students than they could have otherwise.

"More than a quarter of our student body can read and write at the college level as juniors in high school. They've been there the whole time. We've just been reaching them for the last five years," said Stephanie Carter, AP English teacher at Lone Oak High School.

According to Joanne Lang, Executive Director of Advance Kentucky, similar results are seen in the other 78 schools involved in the program. The number of students enrolled in AP Math, Science and English courses has quadrupled since the start of the program five years ago. The number of AP exam scores qualifying for college credit has more than doubled, she said.

"The talent base in this state is unbeatable. We just have to mine it," Lang said.

# NARO to hold annual conference in September

Robert Hart, president of the Appalachian Chapter of National Association of Royalty Owners, has announced that the Appalachian Chapter will again host its annual members conference, Sept. 24-26, springs, W.V.

This ownerence will again host its annual members conference, Sept. 24-26, and the springs with the compact of valuable hydrocarbons in the Utica and Marcellus Shales of West Virginia, Ohio, and Pennsylvania along with other geologic formations in Kentucky and the Appalachian basin area. In addition to drawing land and mineral owners from the northeastern region of the United States, attendees will be coming from other oil and gas producing areas of the U.S.

Continuing education programs will be offered for attorneys and accountants desiring to learn more about issues associated with leasing, drilling, producing, and mar-

KING'S DAUGHTERS WELCOMES

Urologist Sonia Chopra, M.

Dr. Chopra has joined King's Daughters Medical Specialties - Urology, which features fellow urologists William Boykin, M.D.; Tim Dixon, M.D.; James Krick, D.O.; and Charles Thorndyke, M.D.

MEDICAL SCHOOL University of Miami, Coral Gables, Fla., 2007

RESIDENCY University of Buffalo SUNY, Buffalo, N.Y.,

Dr. Chopra

welcomes new patients

INTERNSHIP University of Buffalo SUNY, Buffalo, N.Y.,

2008

2012



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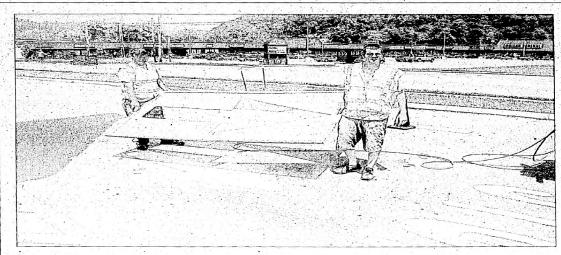
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### Re-striping University Plaza

Randy Burke, left, and Greg. Damnon, of Waterworks Inc., in Pikeville, re-stripe the University Plaza parking for transday afterment from the bounded of finish the project Monday night, but heavy dew wouldn't let the paint dry so they finished on Tuesday.

Photo by Joshua Byers

### Free health screenings, family health info available at state fair

#### Kentucky state agency offers interactive display on Aug. 16-26

FRANKFORT – Visitors to the Kentucky State Fair in Louisville this month can get information to help their families' health and well-being deducational activities at the Kentucky Cabinet for Health and Family Services (CHFS) exhibit.

The interactive display, which will be located in the Health Horizons section of the Kentucky Fair and Exposition Center's South Wing B, features a chance to speak

one on one with health educators and learn more about family services.

CHFS Secretary Audrey Tayse Haynes said staff working at the fair will encourage choices.

"Its a welcoming atmosphere, so visitors will have the chance to ask questions about how our services can improve their health or self-sufficiency," she said.

Tobacco users who want to learn more about quitting

can visit the fair on Friday, Aug. 24, when staff from the Tobacco Prevention and Ces-sation program can provide information and referral sa, program staff will invite those who have successfully quit to-video-recorded interviews to be used in a future awareness campaign.

be used in a future awareness campaign.

"Were collecting stories from across the state to share with the nearly 25 percent of fentucky adults who are cur-rent smokers," said Tobacco Prevention and Cessation Program Manager Angels the interview project. Quit-ting tobacco is one of the

toughest things to do. It helps when people who have been there share with you their struggles and victories, so you know you aren't alone and that you can do it, too.

Smoking is the No. 1 cause of chronic obstructive pulmonary disease (COPD), which includes chronic bronchitis and emphysema. Secondhand stringers for asthma.

Other topics covered at the fair include diabetes management, nutrition, children's health insurance, finding quality child care, child support, immunizations and lead poisoning prevention.

These are the programs that can help when families are facing barriers to better health and success." Haynes

said. "Our expert staff will be able to answer families' questions to encourage them to take steps toward a positive lifestyle change."

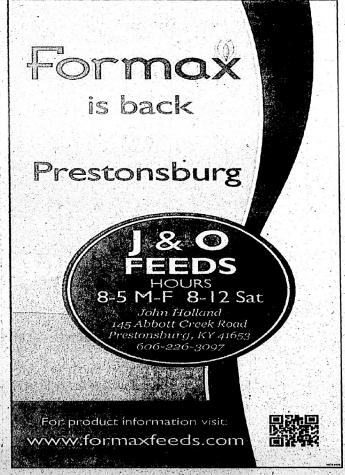
Staff will offer free daily blood pressure screenings, and body fat analysis will be available on several days.

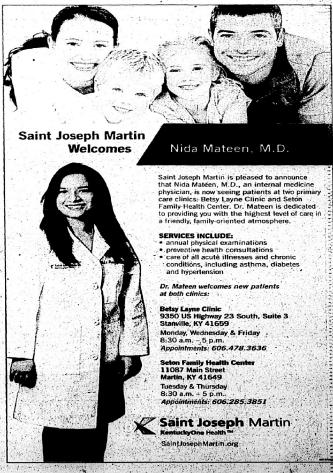
Bone density is the several days.

Bone density is conferred from 10:30 a.m. to 4:30 p.m. on Sunday, Aug. 26.

Health screenings are not a replacement for regular doctor visits, but, paired with counseling, they may indicate a concern to discuss in greater detail with a health care profession for the staff of the profession of the spotlight on Senior Day, Tuesday, Aug. 21, when

staff from the Department for Aging and Independent Living, the Long-Term Care ombudsman's Office and the Department for Community Bassed Services' Adult Safety Branch will answer questions. Also on Senior Day, staff from Hospital will offer blood pressure, glucose and cholesterol testing from 10 a.m. to 3 p.m. In the South Wing, the cabinet's Nutrition Services Branch staff will desist visitors with the Rock and Relax room, sponsored by Louisville Metro Public Health and Wellness and. Baptist Bast Hospital. Parents can stop hurse, feed or change their infants and learn about breast feeding and baby safety.







# Akers resigns from Betsy Layne

Sports Editor

BETSY LAYNE — Betsy Layne High
School girls basketball head coach Devon
Akers announced resignation Monday
evening. In four years, Akers compiled a
71-38 overall record with the LadyCats,
Akers was perfect in the 58th District/
Floyd County Conference, coaching Betsy
Layne to a 420 record.

"Inst off want to thank Cassandra Akers for trusting me with this job." Devon
Akers said. "She built this program and I
was and still am honored that she allowed
me to coach the Betsy Layne LadyCats.
She has supported me since I was a player

and continued to give me all ofher support as a coach. My husband, father, mother and the rest of my family gave me so much support and I could not have coached without their help. I thank god everyday for this opportunity and the relationships I have made as coach. My decision to resign have made as coach. My decision to resign was based on my family and what I felt I needed to do as a mother. Coaching was always something I wanted to do but to be able to coach the team I once played for able to coach the team I once played for was a dream come true. When I became coach I never though about how attached you could become to a group of girls. All of my players past and the current team have become my family. My assistant coaches Gloria Mullins, Shannon Akers

(my husband) and Christine Crase have stuck by me and gave me and the team more than what was expected of them. I cannot thank them enough. How my assistant coaches and players' dearly and I will miss being their coach. The support system at Betsy Layne is like no other and is something special to be apart of. The principal, assistant principals, athletic director, teachers they all are behind their students and coaches 100 percent. That makes a big difference and is a huge reason why Betsy Layne sports are successful. I will cherish every moment as head coach at Betsy Layne and I will always be a Lady Cat and will continue to support the girls, the team and the school."



In her time as head coach at Betsy Layne, Devor

## Betsy Layne beats Belfry. moves to 4-0

Steve LeMaster

BETSY LAYNE — The
Betsy Layne volleyball
team improved to 4-0
Monday evening after defeating visiting Belfry 3-0.
The Ladycats won 2519, 25-14; 27-25. Betsy
Layne has also posted
wins over Pike County
Central, Perry County
Central and Magoffin
County.

wins over Pike County Central, Perry County Central and Magoffin County.

With the win over Belfy, Betsy Layne improved to the Betsy Layne improved to the County Conference/58th District rival Allen Central in the Presenson 15th Region Top 5 Poll.

Emily Kidd, Alex Hunter, Paige Watkins, Allie Meade, Katie Williams, Cecelia Ray and Kourtney Watkins all contributed for Betsy Layne in the victory of the County Conference/58th District County County Countributed for Betsy Layne will compete in the Bluegrass Invitational at the KBA (Kentucky Basketball Academy) in Lexington on Friday.

In other hand of the Countributes Played, Monday matters Played, Monday matters Played, Monday matters Played, Monday matters Played, Monday County, San County,



# Jacobs chasing points title in second season

CAMPTON — In only his second season on the track, Martin native Justin Jacobs is in contention for a track championship at 191 Speedway. Behind the wheel of his Open Wheel Modified, Jacobs has finished sixth or better in nine of 12 races thus far this season. Jacobs is currently second in points at the Wolfe County track. He is only 24 points behind the leader in the Open Wheel Modified class.

The work of the track of the county track of the county track of the track of the county track. The track are the form of the county track of the county of the county track of the county of





# P'burg soccer teams fall to Pikeville

Steve LeMaster

Steve LeMaster
Sports Editor

STONECREST — Visiting Pikeville swept a pair of soccer games from the host Prestonsburg squads at StoneCrest Sports Park, on Monday evening, More on each game follows.

Boys - Pikeville 5, Prestonsburg 0: Visiting Pikeville, shut out Prestonsburg 0: Visiting Pikeville, shut out Prestonsburg in a boys high school soccer season-opener-Monday evening, blanking the Blackcats 5-0 at StoneCrest.

Pikeville; under the direction of Phil Heffington, claimed an early lead and gradually pulled away for the shutout win.

Emily Rizzo is in her first season as head coach of the Prestonsburg boys soccer team. Rizzo took over for Steven Shelton. Prestonsburg ended the 2011 season 5-14-2.

The Blackcats will visit Pikeville Sept. 4.

Girls - Pikeville 10, Prestonsburg 2: In a girls soccer season-opener visiting Pikeville scored early in grid prestone thomes and the prestone the standing Prestone thomes and the prestone the season opener with the prestone the prestone

# Crider Brothers Racing continues to race up front

ISOM — School is back in session but that hasn't slowed a set of brothers on the kart track. Crider Brothers Racing was back in action on Saturday night, competing at Mountaineer Kartway. Christian Crider notched a third-place finish in his heat race and crossed the finish line second in the Non-Restricted class, which is actually two classes up from where he started in the spring. The Non-Restricted class featured eight karts.

Cameron Crider moved up to the Blue Plate class and finished third after turning in a fourth-place effort in his heat race. The kart racers each won a trophy and cash prize.





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# UPIKE women's soccer program announces 2012 recruiting class

#### Times Staff Report

PIKEVILLE The University of Pikeville women's soccer program hias announced its 2012 recruiting class. Pikeville will open its season later in the month. The Bears are picked to The Bears are picked to Conference (MSC). Pikeville's 2012 recruiting class is as follows: Christene McInerney, Davison, Mich., Davison High School; Jenna Grandy, Birch Run, Mich., Birch Run

School: Grandy Birch Henna Grandy Birch Henna Grandy Birch Run High School/AVSO; Jocelyn Davis, Florence, Boone County High School/Cincinnati State (Transfer); Jasmine Davis Florence, Boone County High School/Cincinnet Davis Florence, Boone County High School, Carmen Koster, Mesquite,

Texas, John Horn High School/Dallas Red/Sting Royal; Erin Randle, Hershey, Neb., East Carter High School/Eastern Kentucky FC; Kaitlyn McFarlane, Columbus, Ohio, Groove City Christian/Blast FC; Rita Tapia Owensboro, Apollo High School/ ODP; Erica Meade, Whitesburg, Letcher County Central High School; Brica Adams, Whitesburg, Letcher County County County High School; Emilia Elliot, Owingsville, Bath County High School; Emilia Elliot, Owingsville, Bath County High School; Emily Owen, Marion, Crittenden High School; Emily Owen, Marion, Crittenden High School; Emily Owen, Marion, Crittenden High School; Jordyn "PJ" Belcher, Flemingsburg, Menifee

County HS/University of Kentucky (Transfer);
Mia Coleman, Pikeville, Pike County Central/Bastern Kentucky University (Transfer); Brittany Hatfield, Inez, Sheldon Clark High School; Mackenzie Parsons, Jackson, Mich., Shelby Valley High School; Sarah Makenzie Robinson, Pikeville, Shelby Valley High School; Moreka Buchanon, Georgetown, Scott County High School; Marianna Rodgrigues, San Pao, Brazil; Elisa Suyá Rio de Janeiro, Brazil; Whitney AWA., Sissonville High School; Chelsee Carlos Rialto, Calid., Carter Lions High School; Ashley Hatfield, Inez, Sheldon Clark High School.

### Former UK football players invited back for practice, lunch.

LEXINGTON — Former University of Kentucky football players are invited to have lunch with the current Wildcats following Saturday's practice at Commonwealth Stadium.

Practice begins Saturday. Aug. 18 at 0

wealth Stadium.
Practice begins Saturday, Aug. 18 at 9
a.m. Lunch follows at approximately 11:30

Practice begins Saturday, Aug. 18 at 9 a.m. Launch follows at approximately 11:30 a.m.

Wildcat football alumni interested in attending practice and lunch should register no later than Thursday, Aug. 16 by contacting Jeremy Jarmon via e-mail jeremy. Ja

who were named to the 2012 preseason All-Ohio Valley Conference team.

All-Ohio Valley Conference team.
The only other OVC team to earn a spot in the top-25 poll was Jacksonville State which landed at No. 22.
Sam Houston State, out of the Southland Conference, was the No. 1 pick in the poll followed by defending FCS champion North Dakota State.

Doll followed by defending FCS champion North Dakota State.

A national panel of sports information and media relations directors, broadcasters, writers and other dignitaries select the top 25 each season. A first-place vote is worth 25 points, a second-place vote 24 points, all the way down to one point for a 25th-place vote.

During the regular season, the top 25 will be released every Monday afternoon, except for the final weekend of the regular season, when it will be released Sunday morning, Nov. 18, prior to the selection of the FCS playoff field.

The Sports Network will release a final top 25 poll following the FCS champion-ship game, which will be held Jan. 5, 2013 in Frisco, Texas.

EKU kicks off the 2012 schedule on Sept. 1 at Purdue. The season opener will be televised by the Big Ten Network beginning at 3:30 p.m. The Colonels' home opener is scheduled for Sept. 8 against Morehead State at 6 p.m.

### Soccer

From Page B1

impressive throughout the opener. Pikeville, which ended last season 15-3-1, executed well, both offensively and de-fensively.

"We didn't play to our best but Pikeville is every bit as good as we expect-ed," Prestonsburg Coach Scott Porter commented. Catherine Tincher and Jackie Kidd scored one goal each for the Lady

Clark High School.

Blackcats. Katie Porter delivered a pair of as-sists for the Prestonsburg girls' soccer team. Prestonsburg will host Johnson Central for a dis-trict opener Thursday at StoneCrest.

### Jacobs

From Page B1

Day held in Hazard earlier

Day held in Hazard earner in the year.

The well-rounded 24-year-old graduated from the University of Kentucky this past May with a degree in Mechanical Engineering.

Class champions at the Wolfe County track will

be decided soon. Points races in all classes at 191 Speedway are scheduled to end on Aug. 25.

to end on Augr 25.
Jacobs Racing was established in July 2010.
Justin's father, Steve Jacobs, owns the car.
Sponsors for Jacobs
Racing are Jacobs Towing, Martin Trucking,
Jacobs Construction,

Georgetown Neurology, Twin Bridge Auto Parts, Construction, Stumbo Low Gap Outfitters, East Hills Heating and ing, Desperado Trucking, Country Antiques, Kentucky Race Parts and Interstate Construction

### HYPE KHSAA Student Leadership conferences to be held in Lexington

Times Staff Report

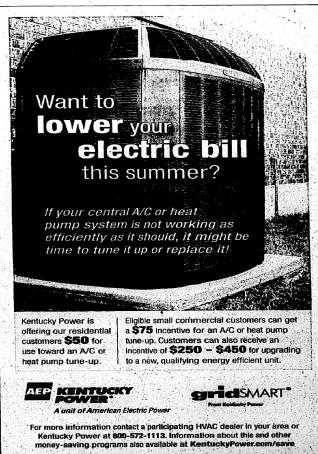
LEXINGTON — For the second consecutive year the HYPE KHSAA Student Leadership Conference will educate students in the eastern and western portions of the Commonwealth. The first installment of the conference will take place on Monday, Aug. 20, at Heritage Hall in the Lexington Center. The second day of the conference will take place on Tuesday, Aug. 21 at the Sloan Convention Center in Bowling Green.

Green.
This marks the 11th year the Association has provided the free conference for student-athletes to learn teamwork exercises, sportsmanship initiatives and discuss current issues. Scheduled seminars this year include hazing (Elliott Hopkins, NFHS), Respect (Cameron Mills),

Challenge Course (Karà Mattingly, Asbury University) and a segment with JC. Newton from the Kentucky National Guard. The conference is primarily funded with the receipts from the Association's corporate sponsor program.

More than 660 student-athletes attended the two-day session last year allowed us to expand the program's reach. We received tremendous feetback from administrators and student-athletes six on had never attended the program's reach, we received tremendous feetback from administrators and student-athletes to had never attended the program's reach with the composition of the root of the root enjoyable experiences we have each year. You can really see the light come on as these students learn to become better leaders and tearnmates."





# Bears land nation's top NAIA recruit

Times Staff Report

PIREVILLE Kelly Wells and the University of Pikeville have had their share of success over the last several seasons, success that includes winning the 2011 Buffalo Funds Park 2011 Buffalo Funds Park 2011 Buffalo Funds Park 2011 Buffalo Funds Park 2011 Ref 2011 Park rience and several impres-sive accolades along with

him to UPIKE.
"When you have the opportunity to bring in a player with the personality off the court as well as the ability to play the game of basketball like (Deuce) has, it's a no brainer, said Wells. "We

Octuce) has, it's a no brainer, said Wells, "We are very excited about the way things are shaping up for our team this season."

While at North Carolina Central, Briscoeranked second in the nation among all NCAA Div. I freshman in points per game (17.8), trailing only former Liberty and current Duke star Seth Curry. The 5-10 combo guard out of Baltimore also added 2.6 assists and 1.8 steals per game.

Other accolades Briscoe Collected whe at North Carolina Collected whe at North Carolina Collected when a North Carolina Ca

Major All-Freshman Team and NCAA Div. I Independent Newcomer of the Year horiors.

Briscoe also has posted notable high scoring career efforts, against opponents such as North Carolina State (28), Wake Forest (18), Kanass State (18) Arkanass (24), South (24), Arkanass (24), South (25), Arkanass (24), Arkanass (24), South (25), Arkanass (24), A

Despite a coaching change at Charlotte that

VOMMA 10

The University of Pikeville has signed former NCAA standout Jamar

led to a change of position as a junior, Briscoe still managed a ton of individ-ual success. He started 11 of 30 games and managed averages of 7.3 points and 2.1 rebounds per contest. Briscoe had 11 double-fig-ure outlings while leading the star in scoring three times are successing the 2011-12 season.

season. "The thing that stands

out most about Deuce is his character. Through all the successes that he has had on the court at the NCAA Div. I level, he has maintained a great GPA and has had no off-court issues. He will be a big plus for UPIKE on the court and in the community as well," said Wells.

As a prep player, Briscoe attended Cardinal

Gibbons High School in Gibbons High School:in the powerhouse Baltimore Catholic League. During his senior season, Briscoe was named a McDonald's High School All-American Nominee, Runner-up for Player of the Year in the BCL, First Team All-BCL as well as Second-Team All-Metro by the Baltimora Sun. Second-Team All-M by the Baltimore Sun.

## **UPIKE Women's Soccer to** hold scrimmage at StoneCrest

Steve LeMaster

STONECREST — The University of Pikeville women's soccer team will host its Orange and Black Inter-Squad Scrimmage at the StoneCrest Soccer Complex on Saturday at 2 p.m. The Prestonsburg High School girls soccer team is hosting

high School girls soccer ugan is nosing the scrimmage. Admission to the scrimmage will be free. Concessions will be sold. UPIKE competes in the Mid-South Con-ference. The Lindsey Wilson College wom-en's soccer team is picked to win the Mid-South Conference title in 2012, according

to the MSC Preseason Coaches' Poll.

Lindsey Wilson - who has captured at least a share of the conference's regular season title each of the last 12 seasons - received 81 voting points from the conference coaches, including nine of the 10 first-place votes.

first-place votes.

The University of Pikeville is picked to finish eighth in the 10-team conference.

The 2012 MSC women's socer season will begin later this month and concludes with the conference tournament beginning in early November at various campus sites. The tournament's semifinals and finals are scheduled for Nov. 7-8 in Columbia.

## High School soccer seasons open

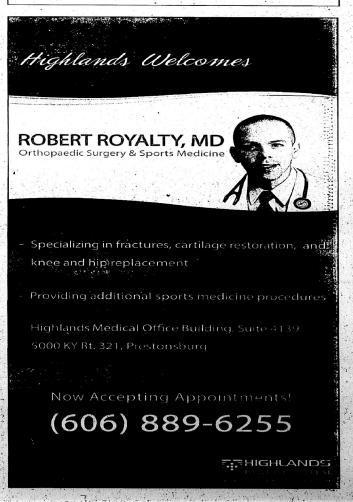
Times Staff Report

Kentucky high school soccer seasons kicked off Monday as 48 girls' contests and 20 boys' contests were played throughout the state. The teams will play an eight week regular-season until district tournaments begin the week of October 7. The state level has undergone a significant change this year. The sectional round of the tournament at home sites has been replaced by a quarterfinal round, set for Saturday, October 27 at Henry Clay High School and Paul Laurence Dunbar High Schools in Lexington. The semifinal round will be played on Wednesday, Oct. 31, and Thursday, Nov. 1, with the boys' and girls' championship games scheduled for Saturday, Nov. 3. St. Xavier is the defending boys' state champion while Notre Dame is the defending girls' champion.

Football season also begins this week as 81 games will take place on Friday night, Aug. 17.

Aug. 17.
Full schedules for both soccer and football are available on the Riherds/KHSAA.
Scoreboard at www.khsaa.org.





# Laople promoted to top spot in MSU sports medicine department

MOREHEAD — Chris Lapole, who spent the past year as an assistant aduletic trainer, has been promoted to interim assistant athletic director & director of sports medicine. He will now serve as the primary contact for frontball, while overseeing all aspects of the department.

Lapole served as the Morehead State men's

all aspects of the department.

Lapole served as the Morehead State men's basketball trainer, in 2011-12. He also assisted all athletic training staff assistants, graduate assistants and undergraduate students.

"Chris did a fantastic job last year, and we're excited about the opportunity to promote him," said Assistant Athletic Director Sara Larson, who chaired the search. "Chrishas a wealth of experience in athletic training, and we know he will do an excellent job leading our operation.

Prior to arriving at Morehead State, Lapole spent nearly three years

(2009-11) as a surgical first assistant and athletic trainer for Specialty Orthopaedics in Louisville.

trainer for Specialty the thorse for Specialty the predicts in Louisville. Lapole previously spent 10 seasons with the Cincinnati Reds organization, serving as athletic trainer for the Billings Mustangs (1999), Clinton Lumberkings (2000), Mudville Nine (2001), Stockton Ports (2002), Potomac Cannons (2003), Chatanooga Lookouts (2004) and Louisville Bats (2005-08).

The 34-year-old worked four Major League Spring Trainings with the Reds and joined the big league club each September for a service of the present the Arizona Fall League in 2006 and was honored as the International League's Trainer of the Year in 2008.

In addition to his accolades, Lapole was invited to two All-Star Games as a trainer. He worked the Double-A Southern League contest in 2004 and Triple-A International League affair in 2008.

"I want to sincerely

thank all of the people who were involved in the Wiston," Lapole said. Wiston," Lapole said. We decleated grade the said with the said was a said with the said was a said worth to become their new leader. I'm looking forward to the weeks and months ahead."

Lapole earned a bachelor's degree in athletic training from Marshall in 1998. He is currently pursuing a master's degree in wellness. promotion and sport science at Moliness in the said was a said with the said was a said with the said was a member of three professional associations. National Surgical Assistants (NSAA), National of those professional associations was a said was

National Orthopaedic Technologists (NAOT) and National Athletic Trainers (NATA). Lapole is married to the former Erica Rockel of Barboursville, W.Va. The couple has one son, Chase.

# Kentucky Horse Park as top international equestrian facility

and one of the few places in the worldwhere visitors can see world-class equestrian

competitions on a regular basis."

- Steve Beshear

economic impact of approximately \$180 million each year.

"The Kentucky Horse Park is the only place in our state—and one of the few places in the world—where visitors can see world-class equestrian competitions on a regular basis," said not only the Horse Capital of the World, but Kentucky is also one of the premier, homes for high-level equestrian sports. I encourage Kentuckians and visitors to attend one of the many top-rated shows held at the Kentucky Horse Park and witness elite competition firsthand.

115 atheles who participated in equestrian events in the 2012 Olympics have competed at the Kentucky Horse Park. Seventeen of those athletes earned a medal in the London Olympics.

Athletes frequently tra

of those athletes earned a medal in the London Olympics.

Athletes frequently travel from Australia, France, Great Britain and many other countries to the Lexington facility to contend for top honors in equestrian sports such as dressage, jumping and eventing.

The Horse Park also hosted the Games of the Hotech Hote

FRANKFORT — As the 2012
Olympic Games in London close, Gov. Beshear on Monday recognized the Kentucky Horse Park as an elite international equestrian facility for consistently hosting world-class and Olympic-caliber athletes.

The Horse Park is also a signification of the Comment of approximately \$180 million each year.

"The Kentucky Horse Park is of the Kentucky Horse Park is the only place in our state—and one of the few places in the world—where visit or the world—where visit of the Kentucky Horse Park is the only place in our state—and one of the support horse park is of the few places in the world—where visit on the support horse park is of the few places in the world—where visit in our state—in the world. We are exceedingly proud of the globe, said John Recommendation of the globe, said John Recommendation of the support of the support of the support horse park is clearly one of the leading equestrian competitions on a regular basis, said and one of the

growth of the sport horse industry in Kentucky will accelerate in the years ahead."

The Kentucky Horse Park is a 1,200 acre consistion and business. Most notably, the park annually hosts the Rolex Kentucky Three-Day Event. The event is ranked at four stars, which is the high set level in international competition.

The Morse Park hosts a 1,200 acre consisting and the 1,200 acre consisting and the 1,200 acre consisting and the two weeks of Kentucky Spring Hunter Jumper were named among the top 25 events in North American and Young Rider Champinonships and the two weeks of Kentucky Spring Hunter Jumper were named among the top 25 events in North American principal and principal and the 1,200 acre consistent and

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## Colonels look solid in three-team scrimmage

PAINTSVILLE — Whitley County coach Jim Black was pleasantly surprised and pleased with his Colonels' three-way scrim-mage against Johnson Central and Powell

mage against Johnson Central and Powell County.

The Colonels, who struggled at times last season on offense, held their own and then some against their opponents, which allowed their coach to raise his expectations of his team heading into Thursday's scrimmage of the structure of the structure

admitted, "We started slow and made some adminted. We started allow and made some early mistakes, but once we cleared those up, we did well. I thought everyone just did a great job. We just needed to get through those silly mistakes early on and we did

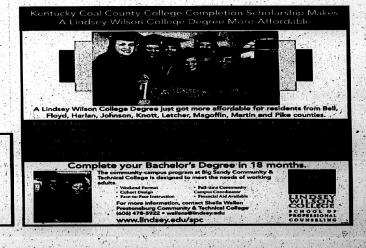
those silly mistakes early on and we did that.

"I was really pleased with the way Boston Bryant and Austin Ysidro played and (Austin) Hooper did a good job, too. All four of our halfbacks played really good and our receivers caught the ball and did a good job out there — really, we looked good out there. I was surprised."

Black said he was just as pleased with the way his defense played.

"It was a total team effort on defense, too," he said. "We got after it on defense for really happy with everything. We came out and did what we needed to do, but we know we still have some things to work on."

Whitley County will host Pulask County Thursday at 6 p.m. and will open the 2012 season on Aug. 24 against Russell County.



#### WEDNESDAY **AUGUST 15, 2012**

# Lifestyles

# My favorite fungi

True confession time: My freezer is filled with fungi.
Of course, if you watched the news during late June, you might assume that I was simply one of the million plus people in the Washington, D.C.; metropolitan area who lost their electricity for what seemed like endless days, and everything in my freezer thawed and decided to take its shot at creating new life forms.

thawed and decided to take its shot at creating new life forms.

But that's not the kind of fungi to which I refer. You see, I'm a fanatical baker, I'm never happier than when I'm up to my elbows in flour, water, salt, maybe a little bit of sugar ... and yeast. I really do buy flour in 25-pound bags, and at any given time, I might have as many as four 1-pound blees of baker's year of the sugar in the sugar fandom: Yeast has been a favorite of the human race going back to the days of Cleopatra. It's been reported that archeologists rooting around in Egyptian ruins found baking chambers for yeasted bread, as well as drawings of 4,000-year-old bakeries.

As you can imagine, yeast has bas en or proprosed.

baleries. As you can imagine, yeast has an enormous family tree, including as many as 1.50 species out 10 greent of the world's fungal species). But the family member most of us love is called Saccharomyees cerevisiae; that's the one that's been used in breadmaking for centuries, and also in brewing.

But there's no need to

brewing.

But there's no need to worry that overindulging in Grandma's cinnamon rolls

might put you over the limit" behind the wheel of your car! While S. cerevisiae is both the common baking yeast and the common brewing yeast, those two activities involve different strains. The more aggressive strains are used to carbonate bread the strains are used to carbonate bread the while the slower-acting strains are used for brewing because they produce fewer off-flavors and can stand higher alcohol concentrations.

The fact that always fascinates me about yeast is that it truly, is a living creature, unlike sugar or flour or butter. If you don't believe me, try this for yourself: mix a little lukewarm water, sugar and yeast together in a bowl and leave it alone for 15 minutes or so. When you take another peek, I know what your "At that point, what started out looking like nothing much is probably trying to bubble its way out of the bowl.

Yeasts are used in everything from breads to beer, wine and biofuels—and might even wind up helping clean up contaminated environments, through a process known as bioremediation.

Another area where yeasts can help 'keep things clean' is in the technique known as biorential product to ciphta substance or organism rather than a man-made chemical product to dight. They've been exploring whether a beneficial yeast called Pichia anomala could help tree nuts—almonds,

pistachios and walnuts— fight off a fungal bully called Aspergillus flavus. A. flavus is particularly unwelcome in

Aspergillus flavus. A. flavus is particularly unwelcome in crops, from com to peanuts, because it produces a natural carcinogen called aflatoxin. There are already federal food safety standards and quality control procedures at U.S. nut packinghouses to make sure our favorite tree nuts are safe to eat. But growers and processors are always interested in finding new, environmentally friendly ways to combat A. flavus.

So the ARS scientists have been testing P. anomala's powers in a series of laboratory experiments as well as field tests in a California pistachio orchard. The orchard study showed that the 'good guy' yeast was responsible for a .96 percent reduction in the numbers of A. flavus spores.

for a 96 percent reduction in the numbers of A. flavus spores. Scientists wanted to the process of the process of the flavor more about how the yeast defeats the mold (so they can make it even more effective), so they've conducted laboratory experiments that indicate the yeast disrupts the mold's internal system for producing the energy necessary for the mold's survival. The fundings also suggest that the yeast damages the mold's cell membranes and cell walls—also not good news for the mold's survival. The fundings also suggest that the yeast damages the mold's cell membranes and cell walls—also not good news for the mold's survival. In the property of the mold of the process of the process of the process of the U.S. Department of Agriculture. You can read more about ARS discoveries at http://unew.ars.usda.gov/news.



# Songwriters Festival will celebrate Appalachian roots

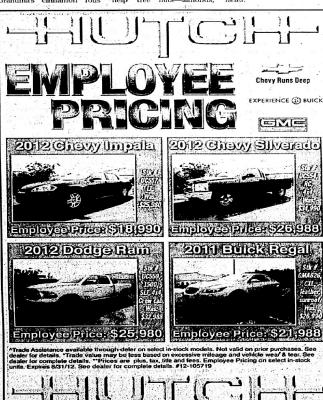
GATLINBURG, Tenn.—The Smoky Mountains Songwriters Festival (SMSWF) is a Special Event of the City of Gatinburg being held to "Celebrate Our Appalachian Musical Roots." World renown "HIT" makers and singer/songwriters will fill venues with ongoing performances in downtown Cathobast 25th The public is invited to enjoy these great performances and most of the venues are free admission—Audiences can expect to see an impressive lineup including current top writers such as Bill Labounty, ("Rock My World." Brooks and Dunn) Kim Williams ("The My World." Brooks: "Three Wooden Crosses, "Andy Travis) Bobby Tomberlin, (writer of hit songs including the control of the co

ing BMI's 4 million airplay award winner "One More Day," Diamond Rio; and cast member of CMT's The Singing Bee) Mark Nesler, ("Just To See You Smile," Tim McGraw) Chris Wallin, ("Don't Blink, Kenny Chesney), Marot Be Doile Something Right". Billy Currington) and Clay Mills, ("Beautiful Mess" by Diamond Rio). Hot upcoming artists like Candi Carpenter and legends like Jim Glaser (former member of Tompall and The Glaser Brothers, hit solo recording artist, and writer of "Woman, Woman, Have You Got Cheating On Your Mind"). Dozens of other writers will also be performing in a fun and family friendly environment. Hear the stories behind songs recorded by Reba McEntire, Johnny Cash, Keith Urban, Blake

Shelton, Jason Aldean, George Strait, Faith Hill, Tanya Tucker, Billy Cur-rington, Billy Ray Cyrus, Montgomery Gentry, Kenny Chesney, Keith An-derson, Alabama and The Oak Ridge Boys, and many others!

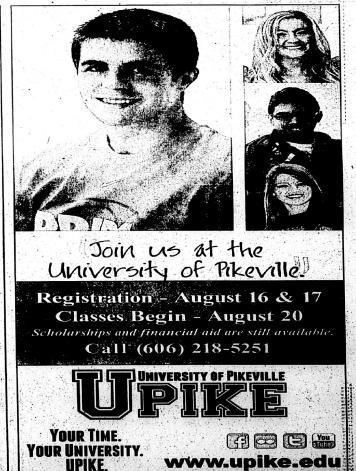
Oak Ridge Boys, and many others!
One of the highlights of the festival is slated to be The SMSWF 2012 Songwriters Competition Finale and Award Night Performances at the Edgewater Hotel. "The primary goal of the SMSWF 2012 Songwriters Competition is to showcase and bring a broader spotlight to the talent we have here in the Smoky Mountains and the Southern Appsalachian region." State of the SMSWF Founder The Category Finalists songwriters are set to perform at the festival, See FESTIVAL | B6

See FESTIVAL | B6



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# UK HealthCare helps West Liberty students

LEXINGTON — Stacks of folders, binders, pencils, paper and other school supplies made their way to West Liberty on Monday, thanks to donations from employees of University of Kentucky Albert B. Chandler Hospital, Kentucky Children's Hospital, WK Good Samaritan Hospital and several other areas of UK HealthCare.

The supplies were delivered nearly five months after deadly tornadoes hit Morgan County, causing homes and businesses to be destroyed and ives to be destroyed and ives to the supplies will be distributed to Morgan County, school students during LEXINGTON - Stacks

the "Back to School Bash" sponsored by Morgan County Appalachian Regional Hospital (ARH). During the event, children will fill a drawstring bag with school supplies as well as enjoy free food and have the opportunity to win prizes and participate in activities. a musual event is sponsored by local businesses in Morgan County," said Bonnie Thornton, volunteer services director for UK Health Care. "This year is different - the businesses themselves are struggling to get back on their feet. So we decided to step in and partner with Morgan County ARH to make sure

the kids in the community have the tools they need for a successful school year."

year."
For one UK HealthCare employee, helping the stu-dents in Morgan County hits especially close to home.

Amberlee Nickell, em-

Amberlee Nickell, employee engagement manager at UK HealthCare, grew up in Morgan County and attended West Liberty Elementary, one of the schools destroyed by March's storms. Nickell's Mest Liberty and her mother was a teacher there for more than 30 years.

destroyed by storms it's just something that can't be put into words." Nickell said. "I am humbled and thankful that our staff would come together to help West Liberty in such an important way. And I know - firsthand that the community appreciates their love and

heart."

UK HealthCare employees donate generously several times each year to worthwhile causes. Each Christmas, the staff donates toys for the Circle of Love project, which are distributed to communities across Kentucky for children.

"Our staff works hard."



UK HealthCare employees collected school in tornado-stricken West Liberty.

every day to serve pa-tients and families from across the Com-monwealth," said Ann Smith,chief adminis-trative officer for UK HealthCare. "On top of that, they are generous

by nature, always looking for ways they can sup-port communities above and beyond their job. I

# Highlands Charity Golf Classic scheduled for late August

PRESTONSBURG — High-lands Foundation, the philan-thropic arm of Highlands Health System, and Highlands Regional Medical Center will host the 2012 Highlands Golf Classic on Aug. 29 and 30 at the Stonecrest Golf Course, in Prestonsburg.

The charity golf event, in its 15th year, has evolved to become one of the premier golfing events

in the state attracting local par-ticipants as well as those from other states as far away as Cali-fornia. The Golf Classic is a two day event with play limited to 40 feams each day and is played on day event with play limited to 40 feams each day, and is played as a four member team scramble, offering fun for all from the less experienced to the avid golfer.

The 2011 Golf Classic was successful in raising over \$45,000

to benefit the Highlands Center for Autism. This year's proceeds, after tournament expenses, will again go to benefit the Center for Autism Scholarship Fund to help children with autism receive the therapeutic treatment/training that is changing their lives for the better. In previous years, proceeds from the charity event have gone toward helping fund other needed

corporate sponsors that help make the event a success, and the staff at StoneCrest that do so much work to accommodate an event of this size," said Kathy Rubado, executive director of Highlands Foundation and Golf Classic co-chair.

For more information on the 2012 Highlands Golf Classic, contact the Foundation office at 889-6271.

#### Festival

From Page B5

A TOTAL CONTROL OF THE CONTROL OF TH

giving them the opportunity to be heard and seen by publishers, producers, record label companies, DJs, radio producers, and many more. "We are very fortunate to have Karen E. Reynolds with the Writers Block as our SMSWF Songwriters Competition Coordinator," commented Reeves.

The SMSWF is hosting four great songwriter

ing four great songwriter Workshops on Fri. and Sat. Aug. 24-25th. "The Art

of Songwriting...a behind the curtain look at writing a classic" being taught by Marty Dodson, ("We Might" Billy Currington) and Clay Mills, ("Beautiful Mess" by Diamond Rio); "Enhanced Music Publishing Made Simple" by Hillbilly Culture; Publisher's Panel" with Doak Turner of The Nashville Muse; and "Paparazzo Pointers" by Kat Speers with Music-CityKat Photography. For more information on how to register for these work-

shops go to www.smswf.
com 2012 Workshops.
Also, Fri. Aug. 24 from
noon to 5 PM on 14 from
noon to 5 PM on 15 PM
independent of 5 PM
independent of 5

2012 being hosted by The Gatlinburg Garden Club and Mountain Rentals of Gatlinburg to benefit the Lucinda Oakley Ogle Log Cabin Restoration Fund. Tickets are \$20 and can be purchased on-line at www. smswf.com or call 865-604-9066. Jimbo is writing a new song about Lucinda Ogle and her cabin to be performed for the first time at this concert.

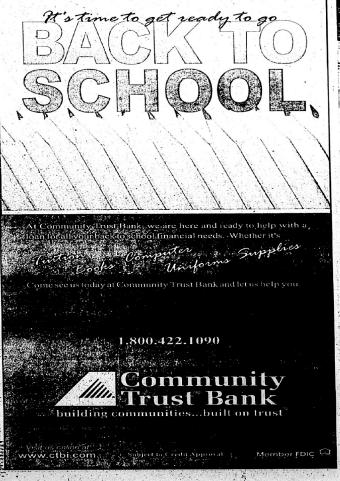
We invite you to join us in "Celebrating our Appalachian Musical Roots" right here in Gatlinburg,

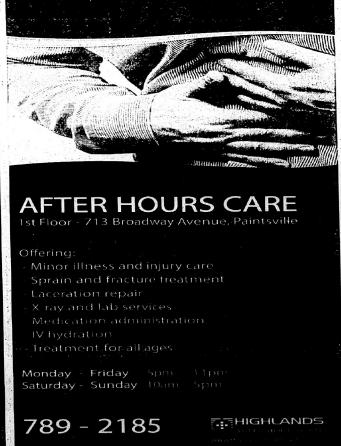
Tennessee – The Gateway to The Great Smoky Mountains Aug. 23-25, 2012 at the first annual Smoky Mountains Songwiters Festival. For more information and the SMSWF Venue Schedule go to www.smswf.com or call 865-664-9066.

The Smoky Mountains Songwriters Festival is a "Special Event" sponsored by the City of Gatlinburg to be held during the last two weeks of August every year to "Celebrate Our Appalachian Musical Roots".

As a platform for song-writers to perform their original songs, the mis-sion of The Smoky Moun-tains Songwriters Festival

tains Songwriters Festival is to promote songwriters and to help their songs to be discovered not only by publishers and producers, but by all of us who simply love the songs they write. For more information regarding SMSWF contact Cyndy Reeves, at 865-604-9066 smswf@hotmail.com, www.smswf.com, facebook Fans http://facebook.com/smswf





Andrew State & Commence & Comme

#### Active and veteran military personnel get discount at state fair on August 20

LOUISVILLE — The stars and stripes are big and bright at the 2012 Kentucky State Fair. The Kentucky State Fair takes pride in honoring and celebrating our patrons who return the control of the control ebrating our patrons who serve to defend our country.

Aug. 20 is officially declared Military Monday. On this day, all active duty and veteran military personnel pay only \$12 fod receive 50% gate admission. Valid military I.D is required and is established by proof of military affiliation.

Also on Aug. 20, the

affiliation.
Also on Aug. 20, the National Association for Black. Veterans (NAB-VETS) will be represented at the Fair. There will

### **Procedures** announced to address swine flu concerns at the state fair

LOUISVILLE — Due to recent swine influenza concerns, the Kentucky State Fair, in conjunction with the Kentucky Department of Agriculture, so reswine entering the Kentucky State Fair's Swine Pavilion.

The Kentucky State Veterinarians' staff will visually inspect all swine upon arrival. Animals with suspect signs such as coughing, sneezing, and/ or labored breathing, will be held and evaluated by a result of the summer of the summer

or arrival.

For more information, visit the Kentucky Department of Agriculture's website at www.kyagr.com/
statevet/.

The Kentucky State

The Kentucky State Fair is Aug. 16-26 at the Kentucky Exposition Center in Louisville.

Flord County Times Story idea or news tip? Call 606-886-8506

# Prevent childhood obesity by building healthy habits

You might think your children are getting enough exercise in their PE classes at school, but it takes more than just an hour once a week for your kids to be healthy. September is National Childhood Obesity Awareness Month, and even if your children aren't overweight, you can use these tips from USA.gov to make sure they form healthy habits now that will last a lifetime.

Healthy living starts with solid nutrition Making sure your kids get enough fruits and vegetables can be tricky, but you can start

by mixing vegetables into meals you already make. Consider tossing some spinach Law with many some spinach Law with your spinach Law with your taos. When it comes to snacks, have fresh fruit or chopped veggies on hand that your kids can grab instead of chips or cookies.

If you're struggling to get your kids excited about healthy foods, MyPlate.gov's kids section can help. Their fun "Blast Off" game lets kids advance their character by making healthy food options. Thery can also use coloring sheets to design their own plates full of healthy food.

Encourage your kids to play
The other important part of battling childhood obesity is making
sure your kids get enough physical cartix, Kids need 60 minutes
cal cartix, Kids need 60 minutes
the surface of the surface of the course
the surface of the surface of the course
for capture the flag. You can also
sign your kids up for a team sport
or give them toys that encourage
play, like a basketball or jump
rope.
Find more ideas to get your kids
moving and healthy eat tips for
the whole family at LetsMove.gov.

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# The Times

#### The Best Way To Write An Ad:

- Begin with a key word (item for sale, etc.)
  Use descriptive words to identify your items
- State your price or terms
- Include a phone number and/or e-mail address

ADDRESS: PHONE #:

#### 5 Easy ways to place your ad:

- 5 Easy Ways to placte you au.

  1. Call: (608) 888-8508, Ryan Hall

  2. Fax: (606) 886-3603

  3. E-mall: classifieds@lloydcountytimes.com

  4. Stop by: 263 S. Cetral Avenue, Prestonburg

  5. Mail: P.O. 390, Prestonburg, KY 41553

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Personal Conference

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PUBLIC NOTICE	

COMMONWEALTH OF KENTUCKY FLOYD CIRCUIT COURT DIVISION NO. II C.A. NO. 10-CI-948

JPMORGAN CHASE BANK, N.A. as successor by merger to CHASE HOME FINANCE, LLC PLAINTIFF

VS.

KAREN LOWE aka KAREN L. LOWE DEFENDANTS RE-NOTICE OF COMMISSIONER'S SALE

RE-NOTICE OF COMMISSIONER'S SALE

By virtue of a Judgment and Order of Sale of the Floyd Circuit

Court entered the 14TH day of March, 2012, in the above
cause, as their interest in the subject property, in in the princause, as their interest in the subject property, in in the prinderived that it is a subject of the subject of the subject of the Old Floyd

County Courthouse Door, South Central Avenue, Princounty Courthouse Courthouse Courthouse

County Courthouse Courthouse Courthouse

County Courthouse Courthouse Courthouse

Address of Property: 35 Woody Lane, Printer, KY 41655

Address of Property Services (1998) BEGINNING at a steel stake at the edge of a driveway, thence running in a straight line through the bottom a distance of (150 ft.) one hundred and fifty feet to a marker; thence making a marker, thence making a right turn and running a distance of (150 ft.) one hundred and fifty feet to the same above mentioned driveway, thence running with the driveway eighty two feet back to the place of beginning, so as to include all inside these lines.

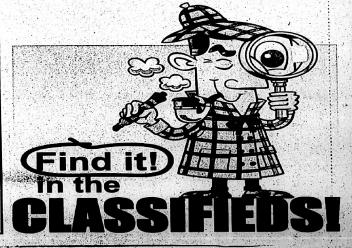
#### TRACT TWO (2):

A certain tract or parcel of land lying in Floyd County, Kentucky, on Left Beaver Creek and being more particularly described as follows:

BEGINNING at a steel stake at the edge of a driveway; thence running in a straight line through the bottom a distance of one-hundred fifty feet (150 ft.) to a marker; thence making a right turn and running a distance of eighty two feet (82 ft.) to a marker; thence making a right turn and running a distance of one hundred fifty feet (150 ft.) to the same above-mentioned driveway; thence running with the driveway eighty-hvo feet (82 ft.) back to the place of the second second include all inside these lines.

Reginning at a steel stake at the edge of a driveway; thence running in a straight line through the bottom a distance of 150 feet plus 153 feet, total 303 feet to a steel stake turning right and running a distance of eighty two plus two feet and foarmand running a distance of eighty two plus two feet and foarmanning a distance of 150 ft. plus 116 ft. total 268 ft. (286 ft.) for a steel stake then turning right and running 82 ft. plus 9 ft. and four inches yet, sotal 69 ft. feet and four inches yet. In 4 inches yet has the four inches yet. The first has a steel stake then turning right and running 82 ft. plus 9 ft. and four inches yet. The first has a steel stake then turning right and running 82 ft. plus 9 ft. and four inches yet. This is can amended DEED TO INCREASE THE SIZE OF the lot from (155 by 82 feet) to (303 by 84.4 to 286 by 91 ft. plus 16 ft. plus 17 ft. plus

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Box, ANTON	LEGAL NOTICE	
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(City) (Date)		
		tension District Board
Board Members: Nee	Address	
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Secretary Kirn Grubb		Creek Road, Prestonsburg, KY 416 Martin, KY 41649
Secretary Killi Grabb		Dwale, KY 41649
Melissa Perry		I, Martin, KY 41649
Gary Perkins		anch, Wayland, KY 41666
Joe Ryan		inner, KY 41603
Creety Judge Farment Robert D. Mars		th Central Avenue, Room 9, Pre
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I, the undersigned, Treasurer of	Floyd Dinner Cooperative	Extension Education Fund, hereby certify that the
Prestonsburg	June 30, 2012	ty District Cooperative Extension Education Fund,
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August12		
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CROSSWORD





Jacquelene Bigar

HAPPY BIRTHDAY for Wednesday,
Aug. 15, 2012:
This year you could feel everything
intensely — more than you have in a
long time. You also might tend to get
angly far more easily. You might be
so, make a point to see the resident
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time is your ally. If you are attached, the two of you need private time as a second or you need private time as a second or you need private time as a consider for you. CER makes a good here for your factor of your factor of your factor or you factor or

might indulge in a lengthy nap. In any might indulge in a lengthy nap. In any case, be sure to slow down. Tonight Relax.

GEMINI (May 21-June 20)

\*\*\*\*\*\* Make sure you stay on top \*\*\*\*\*\*\* Make sure you stay on top and down rather quickly right now. By midday, you'll discover your volce and the power of your words once more. Know that you do not need to settle. You have a lot going for you. Tonight H. CANCER (June 21-July 22)

\*\*\*\*\*\* You flourish in the moming. You might even want to take off in the afternoon and do some shopping. Take time to browse sround at a favoration of the settle some one know how much you care. Tonight: Indulge a little.

LEO (July 23-Aug. 22)

\*\*\*\*\* You fleurish you might have ing people to deal with prior to that. Problems and hassies wash over you like water. You might want to gather a group of people together or use a meeting to estab.sh boundaries.

\*\*\* Use the daylight hours to the max. Be careful with your anger — it could cause you to overspend or overindulge right now. Strong communication between you and someone else marks the afternoon. You might discover that the outcome will break down barriers. Tonight: Not to be found.

down barriers. Tonight: Not to be found.

LIBRA (Sept. 23-Oct. 22)
\*\*\* You could be oversensitive or difficult, even into the afternoon. You might not realize that you are testing your limits. You will find that you have a tot to smile about if you could just a tot to smile about if you could just a tot to smile about if you could just a tot to smile about if you could just the action is.

SCORPIO (Oct. 23-Nov. 21)

\*\*\*\*\* Make an important call in the morning. What you did not count on is a brainstorming session emerging from an obstacle you encounter. Two minds work better than one, especially in this case. Accept responsed to the property of th

especially...

sibilities: Tonight: Could go into the wisibilities: Tonight: Could go into the wisibilities. Tonight: Row 22-Dec. 21)

\*\*\*\*\* A close friend, foved one or associate demands a lot of your time and attention. Curb an element of frustration that could mount when in a meeting or while dealing with someone whose issues are stopping you from getting to a key call or ping you from getting to a key call or ping you from getting. To night: Tap into your imagination.

CAPRICORN (Dec. 22-Jan, 19)

\*\*\*\*\* Others seek you out in the

imagination.

CAPRICORN (Dec. 22-Jan. 19)

\*\*\*\*\* Others seek you out in the morning. You might have a grumpy response like "I'm busy." In the afternoon, spend time working through an issue with someone who is instructionally an insue with someone who is instructionally being the seek of the working through a loved one. Agularius (Jan. 20-Feb. 18)

\*\*\*\* Throw yourself into your daily routine, and focus on clearing out as much as possible. By midday, others will seek you out, one after the other. You might call it a form of networking, but really you are responding to others' requests. Tonight: Break into more fun.

to others' requests. Yought Break into more fun. Place 19-March 20) \*\*\*\*\* Your imagination assume the lead, no matter what you do this morning. Maintain a sense of humor You might be overserious in dealing with someone you perceive to be a difficult person. Treat him or her nor mally. Tonight: Dinner with a lavorite mally. Tonight: Dinner with a lavorite mally. Tonight: Dinner with a lavorite mally.

### THE FAMILY CIRCUS Bil Keane



'My ice cream sandwich won't sit still." DENNIS THE MENACE



TLL BET. THESE LETTERS IN OUR ALPHAE SOUP TELL WHICH VITAMINS ARE IN IT."

#### CONCEPTIS SUDOKU by Dave Green

NOTHING MAYBE



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EDDK GAAG

# LIKE A CHAMP

Vixtus.

1 tablespoon onto...
granules
tablespoon garlic
granules
tablespoon beef
granules
tablespoon chicken
grabules
tablespoon shicken
grabules
tablespoon Mexene
chili powder
18 teaspoon salt
2 dashes Louisiana
hot sauce

hot sauce

2nd Mixture:

1 teaspoon garlic
granules

1 tablespoon cumin
1 package Sazon Goya
2 tablespoons Mexene
chili powder
1/8 teaspoon cayenne
pepper
2 dishes Louisiana

Additional Ingredients:

2 pounds ground beef

1 14.5-ounce can
beef broth

12 14.5-ounce can
chicken broth

11 12 8-ounce cans tomato
sauce
18 teaspoon brown sugar,
if needed
Salt to taste
Mix 1st and 2nd mixtures in
separate bowls. Set aside.
Brown ground beef then
drain off grease. Add beef
broth, chicken broth and
tomato sauce. Bring to a boil,
then reduce lieat to a slow
simmer for 40 minutes.
Add 2nd mixture and cosh
on low heat for 25 minutes. If
too spicy, add brown sugar and
salt to taste.

FAMILY FEATURES

Spicy, mild, beans or meat only, tomato-based or white — there are as many ways to make chili as there are people who make it. If you want to fine-tune your chili cooking chops, take a few hints from Larry Walton, the 2011 Terlingua International Chili Champion.

Here are his top five tips for making great chili:

■ Chili Powder — Using the right chili powder makes all the difference in the world. Mexene Chili Powder and Seasoning Mix is a good choice because it's well rounded and balanced.

because it's well rounded and balance
Most — Choose premium quality
ground beef with an 80/20 percent
beef to fattatio. Or for an irreesting
twist, choose fresh bonelses, skinless
chicken thighs such as Tyson's all
natural products, which are especially
tender and piucy. (Find chili recipes at
www.tyson.com.)

Browning — A key essential is to brown your meat. It not only adds richness to your dish but also helps with the dark color of the chili.

Spices — The spices are a main ingredient to bring out all the flavors. It's best to use spice pow-ders, since they're more pungent.

■ Secret Ingredient — Last but not least, add your secret "booster" such as chili powder, paprika, cocoa or a few dashes of Louisiana Hot Sauce at the end of cooking to wow your tasters.

Give Larry's award-winning chili recipe — or any of these other recipes — a taste test, and see how fast your friends and family name you their favorite chili champ. Find more tips and recipes at www.chilicookoffwinner.com.

#### Health Benefits of Chili

of Chili

Studies from around the
world, including the
American Association for
Cancer Research, suggest
that capsaicin, the spicy
element of chili peppers,
may help fight certain
types of cancer.

■ The fiber-rich beans found in most chili dishes have also been linked to a reduced risk of diabetes and heart disease.



#### Easy Chicken Chili Yield: 4 servings

d: 4 servings

Grant Fresh Boneless
Skinless chicken thighs
(cooked and cut into
tife-sized pieces)

16-ounce cans kidney beans,
not drained

14.5-ounce cans diced
tomatoes, not drained

1.6-ounce package Mexene
Chill Sensoning Mix)

1 tablespoon garlic pepper
sauce, to taste

Combine all ingredients in a large saucepan. Stir until well blended: Bring to a boil; reduce heat and simmer 20 minutes.

simmer 20 minutes.

Serve with shredded cheese and tortilla chips or crackers.

#### **Hot Dog Sauce** Yield: 6 servings

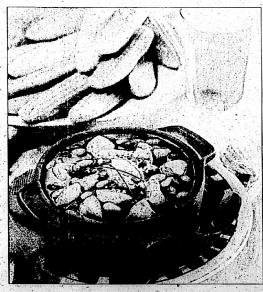
Id: 6 servings

I pound ground beef
I medium onlon, diced
3 tablespoons Mexene chili
powder
I teaspoon salt
4 teaspoon cumin
4 teaspoon cumin
4 teaspoon cumin
5 teaspoon to pepper flakes
7 cups water
m meat forest

2 cups water

Brown meat (breaking up pieces) and onions; drain. At this point you can run it through a chopper if a finer dice is desired. Other spiece, mix well. Add water and simmer for one hour.

Can be made shead of time and foozen in a nonmetallic container or freezer hise.



#### Black and White Chicken Chili

Yield: 10 servings

6 Tyson Fresh Boncless
Skinless chicken thighs
1 large onion, chopped
2 jalapeño peppers, fresh;
seeded and finely

seeded and finely chopped

1 tablespoon garlic, chopped

1 14.5-ounce can chicken broth

2 15-ounce cans great Northern beans, not drained

not drained
2 15-ounce cans black beans,
drained
1 tablespoon Mexene chili
powder
1 1/2 teaspoons ground cumin
1/2 teaspoon salt
Cut chicken into 1/2-inch cubes.

Cut chicken into 1/2-inch cubes.
Spray large, deep pot or saucepan
with nonstick cooking spray. Heat
over medium-high.
Add chicken; cook 2 minutes, stirring frequently.
Add onion, peppers and garlie.
Cook 5 minutes longer, stirring occasionally. Add remaining ing- dients.
Bring to a boil. Reduce heat; simmer,
uncovered, 20 to 30 minutes or until
chicken is done (internal temperature
of 170°F).
Serving Suggestion: Top individual
servings of chili with sour cresm.
Serve with mixed green-sallad and hot
torillas or tortilas chips. Refrigerate
leftovers or freeze in a tightly sealed
anometallic container or freezer bag.

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THE FLOYD COUNTY TIMES

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