

THIS REPRODUCTION IS COMPRISED  
OF THE BEST AND MOST COMPLETE  
SET OF ORIGINAL IMAGES AVAILABLE  
AT THE TIME OF THIS PROJECT'S  
INITIAL START. THE ORIGINAL PAPER,  
INK, FONT, FONT SIZE AND QUALITY  
OF THE MICROFILMED IMAGES  
CONTRIBUTE AND AFFECT THE  
QUALITY OF THE FINAL PRODUCT.

# The Times

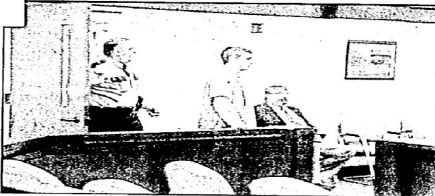
FLOYD COUNTY

NOV 23 2011

Volume 88, Issue 42 • 75 Cents

Serving the Citizens of Floyd County since 1897

## Meek gets 23 years for murder



Benjamin Meek appeared in Floyd County Circuit Court Tuesday where he was sentenced to 23 years in state prison for the murder of Brian Jacob Gayheart.

Jack Latta  
Staff Writer

**PRESTONSBURG** — Benjamin Meek, the Prestonsburg man arrested in connection with the death of Brian Jacob Gayheart, was sentenced in Floyd Circuit Court Tuesday to 23 years in prison. Meek was sentenced to 23 years after pleading guilty to murder, first-degree robbery, second-degree assault and tampering with physical evidence. A charge of theft by unlawful taking under

\$500 was dismissed. "It's obviously a very sad case all the way around. You have three young people basically; the one who lost his life, and two other people who destroyed their lives, basically over a handful of pills," said Commonwealth's Attorney Arnold Brent Turner, following the sentencing. "That's what it was all about." Circuit Judge John David Caudill imposed a sentence of 23 years for the charge of murder, 10 years for the charge of robbery, and five

years for the assault and tampering charges. Under the recommendation, the prison terms are to be served concurrently. According to Turner, Meek will be required to serve at least 80 percent of his sentence. Gayheart, 21, was reportedly last seen alive in the Goble-Roberts area of Floyd County. He was found by coal dock workers in Boyd County on May 12. Meek and his wife, Kaitlyn Crum Meek, were both

See MURDER | A2

Are you sick and tired of your embarrassing nose denture? **EMBRASSING INNOVATION** MINI IMPLANT MAY CHANGE YOUR LIFE

Dr. Michael K. Minnie, Ky., Prestonsburg, KY  
www.FloydCo.com

**Brife**

ROAD WORK SLOW HOLIDAY

Times Staff Report

**FRANKFORT** — Transportation construction and maintenance projects will affect some travelers in Kentucky over the long Thanksgiving holiday weekend. Chief among the disruptions is the closure of the Sherman Minton Bridge, which carries Interstate 64 across the Ohio River between Louisville and southern Indiana. The bridge is closed through March for structural repairs. I-64 traffic is detoured over alternate interstate routes in the area. Detailed maps and other information are at <http://transportation.ky.gov/sherman-minton-bridge/Pages/default.aspx>. Motorists are advised to anticipate traffic backups and adjust their travel time accordingly.

Elsewhere, construction is suspended for the holiday, but delays may occur because of lane closures or restrictions on:

- I-65 northbound in Barren County — Lane width restrictions between mile points 43 and 48.
- I-65 in Warren County — Traffic reduced to two lanes each direction between mile points 21 and 23.
- Hal Rogers Parkway in Perry County — Construction at Exit 56. The bridge over KY 451 is closed and traffic is using the exit ramp.
- Mountain Parkway in Powell County — Traffic reduced to one lane westbound near Exit 18.
- Mountain Parkway in Wolfe County — Traffic reduced to one lane each direction between Exits 43 and 46.
- Dial 511 or log on to 511.ky.gov for the latest in traffic and travel information in the Commonwealth of Kentucky.

## 'Winter Wonderland'



Prestonsburg city workers spent last week decorating the town for the impending holiday season. In addition to all the decorations around town, the city's "Winter Wonderland" Christmas light display at Archer Park begins tomorrow night, while the annual "Christmas in the Park" visit from Santa Claus will take place Dec. 15.

photo by Ralph B. Davis

## Wheelwright store robbed at gunpoint

Ralph Davis  
Managing Editor

**WHEELWRIGHT** — Officers are looking for leads into a Monday night robbery at the Cardinal Country Store. Lead investigator Det. Jason Dials said Tuesday that a man walked into the store around 10 p.m., brandishing a firearm and demanding money from clerks. Dials said he could not release the type of firearm the robber used at this time. After getting an undisclosed amount of cash, the man then fled on foot. Dials said the best he could determine from witness statements is that the man ran toward Bypro. The robber is described as being approximately 5 feet, 5 inches tall. At the time of the robbery, he was wearing a black mask, a white or tan hooded sweatshirt, camouflage

See ROBBERY | A2

## Dinosaur Playland Daycare reopens

Jack Latta  
Staff Writer

**PRESTONSBURG** — Local children were able to return to familiar surroundings Monday when the Dinosaur Playland Daycare reopened its doors. The daycare reopened this week, following an emergency suspension of its license Oct. 6. The suspension occurred after the death of a child who had recently attended the daycare. "I'm just happy to be open," said Alice Karen Martin, operator of Dinosaur Playland Daycare. According to order from the Cabinet for Health and Family Services provided by Martin, "Effective upon receipt of this notice, the Emergency Suspension of License Number 356584 issued on Oct. 6, 2011, to

See DAYCARE | A2

## Feds charge Hall with coke, pot

Ralph Davis  
Managing Editor

**PIKEVILLE** — A Floyd County man has been indicted by a federal grand jury, charged with distributing cocaine and marijuana. The indictment, returned Friday, charges Morris Hall with distributing cocaine on six occasions, from July 30, 2009, until April 15. In addition, he faces a single count of being in

possession of a firearm on one of those occasions. The indictment alleges he was in possession of a Marlin lever action .45-70 rifle when he distributed cocaine on Feb. 11, 2010. Hall is also charged with a single count of distributing less than 50 kilograms of marijuana on August 4, 2009. The cocaine charges carry sentences of up to 20 years and a \$1 million fine on each count. The marijuana charge could

bring an additional five years and \$250,000. The weapons charge could add another five years to any sentence he receives for drug charge associated with it. Hall is scheduled to appear for arraignment Nov. 29 in U.S. District Court in Pikeville, before Magistrate Judge Edward B. Atkins. U.S. District Judge Armul R. Thapar will preside over the case. It is being prosecuted by Asst. U.S. Attorney Roger West.

## J.D. Power recognizes Saint Joseph - Martin

**MARTIN** — Saint Joseph - Martin, Saint Joseph - Hospital, Saint Joseph East, Saint Joseph - Berea, Saint Joseph - London, Saint Joseph - Mount Sterling and Flaget Memorial Hospital have been recognized for service excellence under the J.D. Power and Associates Distinguished Hospital Program. "This distinction acknowledges a strong commitment by these hospitals to provide an outstanding inpatient experience. In achieving inpatient certification for all seven of its hospitals, Saint Joseph Health

System has demonstrated a tremendous commitment to providing an outstanding patient experience," according to J.D. Power and Associates. "Each of these hospitals has created a highly patient-focused culture that stresses the importance of meeting patient needs at every touch point." The service excellence distinction was determined by surveying recently discharged patients about their perceptions of their hospital visit and comparing the results to



Kathy Stumbo, president of Saint Joseph - Martin, receives the J.D. Power and Associates Distinguished Hospital Program Award.

See AWARD | A2

**2 DAY FORECAST**

**Today**  
Partly Cloudy  
High: 58 • Low: 34

**Tomorrow**  
Clear  
High: 58 • Low: 34

For up-to-the-minute forecasts, see [floydcountytimes.com](http://floydcountytimes.com)

**inside**

Obituaries.....A2  
Opinion.....A4  
Classifieds.....A17  
Sports.....B1  
Lifestyles.....B5  
Calendar.....B6

The Floyd County Times is printed on 100 percent USA recycled

Where Friends Meet Friends

# Jerry's

Prestonsburg • 606.886.6701

**Closed Thanksgiving**

**Early Morning Breakfast Special**

7 a.m.-11 a.m. Monday-Friday

(1) 2 Eggs, Bacon or Sausage .....3.89  
Biscuits or Toast served w/Jelly

(2) 2 Pancakes, Bacon or Sausage .....4.19

(3) Country Gravy and Buttermilk Biscuits .....3.19

(4) Oatmeal (good for the heart) & Toast w/Jelly .....3.19

Additional Items - \$1.99 each

7 a.m.-11a.m. Saturday - Sunday

2 Eggs, Choice of Bacon or Sausage,  
(2) Buttermilk Biscuits & Country gravy  
for only.....\$4.99

Add: Fresh Fried apples or Hash Browns for .99c each

Free Wireless Internet Access

**New Items**

Baby Back Ribs  
Pulled Pork BBQ  
Tuscan Chicken Kabob  
Carmel Pecan Apple Pie  
Butter Scotch Pie  
Key Lime Pie

# Obituaries

## Norma Catherine Conn Hall

Norma Catherine Conn Hall, age 101, of Banner, passed away Monday, Nov. 21, 2011, at her residence. She was born Sept. 2, 1910, at Dana, the daughter of the late Hiram and Virgie Howell Conn. Norma was a homemaker and attended Little Salem Old Regular Baptist Church. Norma is survived by four sons, Thomas Hall, of Martin, Ga., Douglas Hall, of Ray City, Ga., Lowell Hall, of Williston, Fla., and Gary Hall, of Frenchburg; four daughters, Georgia White, of Russell Springs, Dottie Bradley, of Abingdon, Va., Patricia Hudson, of Madison, Ind., and Cheryl Newsom, of Betsy Layne; one brother, Banner Conn, of Vermillion, Ohio; two sisters, Allie Boyd, of Dana; and Helene Cunin, of Norwalk, Ohio; 25 grandchildren; 29 great grandchildren; and several great great grandchildren. In addition to her parents, Norma was preceded in death by one daughter,

Charlotte Barry; two brothers, Willie Conn and Ed Conn; four sisters, Nicie Boyd, Junie Boyd, Frankie Conn and Ateha Gray; and three grandchildren. Funeral services for Norma Catherine Conn Hall will be held at 11 a.m. Wednesday, Nov. 23, in the Hall Funeral Home Chapel, in Martin, with Sam Crawford officiating. Burial will follow at the Davidsay Memorial Gardens, at Ivel.

## Darlene Johnson

Darlene Johnson, 70, of Prestonsburg, died Nov. 9, 2011, at her residence. She was born Dec. 16, 1941, to the late Michael and Helen Duda. She was a retired Health Care Aide. She is survived by three sons, David Jones and Alexander Jones, both of Prestonsburg, and Ross Jones, of Pikeville, Ohio; six grandchildren, Seart Jones, Brandy Jones, Alley Jones, Elisha Jones, Tonya Jones and Toni Jones; and three great grandchildren, Taylor Zancora, Nathan Steele and Kasen Steele.

## Nelson Frazier Funeral Home

Carl Douglas Johnson, 64, of Teaberry, died Sunday, Nov. 20, 2011, at the Pikeville Medical Center. He was born Sept. 7, 1947, to the late Kendrick Johnson and Lakkie Hamilton Johnson. He was the husband of the late Sandra Sue Tackett Johnson and was a disabled coal miner. He was preceded in death by his brother, Jerry Ray Johnson. He is survived by children, Dwayne (Paula) Johnson, of Beaver, and Danita Dawn Johnson, of Lexington; brothers and sisters, Billy Joe Johnson, Jimmy Johnson and Roy Johnson, all of Teaberry; Judy Hamilton, of McDowell; Myredia Howell, of Teaberry; Emma Sue Rogers, of Betsy Layne; and Rachel Coleman, of Pikeville; and grandchildren, Kimberly

Nichole Howell, Emily Dawn Johnson. Funeral services were held Tuesday, Nov. 22, at Nelson Frazier Funeral Home, with Tim McCoy officiating. Burial followed the services at Tackett Fork Cemetery, at Beaver. Nelson Frazier Funeral Home was in charge of arrangements.

## Charles Michael Shepherd

Charles Michael Shepherd, 58, of Ivel, died Wednesday, Nov. 16, 2011, at his residence. He was born Feb. 25, 1953, to the late Charles Edward Shepherd and Wanda Lee Smith Castle. He was the husband of Anna Sue Brown Shepherd and was a truck driver. He was preceded in death by one sister, Gail Pitts. He is survived by one son, James Tackett, of Harold; four daughters, Traci (Shig) Hunt, of Dwale, Tiffani Handshoe, of Ivel, Jillian (Christopher) Hall, of Island Creek, and

Peggy Tackett, of Harold; brothers and sisters, Larry Shepherd, Randall Castle and Judy Tackett; grandchildren, James Michael, Kristyn, Chelsea, Savannah, Shelby, Shayne, Lucas, Christopher, Evan and Madison; as well as a host of family and friends. Funeral services were held Monday, Nov. 21, at Nelson Frazier Funeral Home, with burial following the service at Davidson Memorial Gardens. Nelson Frazier Funeral Home was in charge of arrangements.

## Dorothy F. Miles

Dorothy F. Miles, age 67, resident of Plymouth, Ohio, passed away on Thursday, Nov. 17, 2011, at her residence. She was born Dec. 19, 1943, in McDowell, to the late Ross and Josie (Newsome) Hopkins and had been a Plymouth resident the majority of her life. Mrs. Miles was a homemaker and enjoyed spending time with her family. Friends may call at the on Sunday, November 20, 2011 from 2:00 to 5:00 PM. Funeral services were held at Secor Funeral Home, in Plymouth, Ohio, on Monday, Nov. 21, with Rev. Danny Hamilton officiating. Burial followed in Greenlawn Cemetery in Plymouth, Ohio. Online condolences can be made at www.secorfuneralhomes.com

She is survived by her daughter and son-in-law, Michele and Tony Davis, of Plymouth; two grandchildren, Brad and Ashleigh Davis; two brothers, Ronnie Hopkins, of McDowell, and Billy and Glenda Hopkins, of Stanford; two sisters, Phyllis and Richard Martin, of Stanton, and Donna Jean Tuttle, of McDowell; and several nieces and nephews. In addition to her parents, she was preceded in death by her first husband, Mark Didion, on Dec. 19, 1976; her second husband, Larry Miles, on Sept. 29, 2008; and a brother, Robert Hopkins.

Friends may call at the on Sunday, November 20, 2011 from 2:00 to 5:00 PM. Funeral services were held at Secor Funeral Home, in Plymouth, Ohio, on Monday, Nov. 21, with Rev. Danny Hamilton officiating. Burial followed in Greenlawn Cemetery in Plymouth, Ohio. Online condolences can be made at www.secorfuneralhomes.com

## Robbed

From Page A1  
pants and gloves. The incident is the third in a string of robberies in the Left Beaver area over the past month. But despite similarities to the previous crimes, Dials said this robbery is being investigated as an independent incident. "However, we will follow up with other investigators in the future to see if there might be a link between the incidents," Dials said. On Oct. 23, a man entered Hamilton Enterprise, a hardware, video rental and tobacco store in McDowell, pointed a gun at a clerk and demanded money. As in Monday night's robbery,

that robber also fled on foot and was described as being 5 feet, 5 inches tall. He was described as wearing a blue or black hooded sweatshirt at the time. On Oct. 27, a woman was robbed in her driveway. She returned home. The perpetrator in that incident was described as approximately 5 feet, 8 inches tall and was wearing camouflage and a green ski mask during the robbery. Anyone with information about any of these incidents is asked to contact Kentucky State Police Post 9 Pikeville at (606) 433-7711 or (800) 222-5555.

## Award

From Page A1  
the national benchmarks established in the annual JD Power and Associates National Hospital Service Performance Study. The telephone-based research conducted among Saint Joseph Health System patients focuses on the five key drivers of patient satisfaction with their overall inpatient experience. These drivers, which were identified in the national study, are speed and efficiency; dignity and respect; comfort; information and communication; and emotional support. All seven facilities exceed the national benchmark

study score for inpatient satisfaction. Saint Joseph Hospital, Saint Joseph East, Saint Joseph - Berea, Saint Joseph - London and Saint Joseph - Martin perform particularly well, compared with the national study, in providing patients with dignity and respect. These facilities receive particularly high ratings for the respect for patient privacy. Saint Joseph - Mount Sterling also performs well in providing patients with dignity and respect and receives particularly high ratings for the courtesy of the discharge process personnel. Flaget Memorial Hospital performs well in

providing patients with dignity and respect, with notably high ratings for the courtesy of the tests and treatments personnel. "This recognition from JD Power and Associates is significant because it was earned by the excellent care we provide our patients," said Kathy Stumbo, President of Saint Joseph - Martin. "It demonstrates the commitment our staff has in providing person-centered care with compassion and treating patients and family with the utmost respect." Health System's practice of person-centered care is ingrained in its mission and guided

by these principles: respect and dignity; information and communication; education; participation; collaboration; physical comfort; emotional support; involvement of family and friends; and coordination and integration of care. Nongovernmental, acute-care hospitals throughout the nation are eligible for the JD Power and Associates Distinguished Hospital recognition for inpatient, maternity, cardiovascular, emergency and outpatient services. Distinction is valid for one year, after which time the hospital may reapply for this recognition.

## Daycare

From Page A1  
Dinosaur Playland Daycare is lifted and is no longer in effect." According to Martin, several of the parents who relied on the daycare were burdened by the sudden emergency closure of the school. The school did have several supporters rally after the initial closure. Prestonsburg Mayor Jerry Fannin's four children have been attending Dinosaur Playland Daycare for

over four years. "As far as I'm concerned, it is a real good daycare. The kids love it there, and sometimes when you pick them up, they want to stay," Mayor Fannin said in an interview with WYMT following the daycare's closing. "I'm glad it's back open," said Fannin on Monday. "It should have never been closed. I think someone jumped the gun." Dinosaur Playland Daycare was closed following the death of 2-year-old Watson Adkins.

The office of Inspector General which issued the suspension, said in its report that there were visible signs Watson had been abused at home and the Dinosaur Playland failed to report those signs to authorities. Watson's foster parents, Jason and Gladys Dickerson, have been charged his death. Both are charged with four counts of first-degree child abuse. The daycare's license was suspended based on KRS 620.030, which reads, in part, "Any person who

knows or has reasonable cause to believe that a child is dependent, neglected, or abused shall immediately cause an oral or written report to be made to a local law enforcement agency or the Department of Kentucky State Police; the cabinet or its designated representative; the Commonwealth's attorney or the county attorney; by telephone or otherwise." The order lifting the suspension states the cabinet will continue to monitor the facility for regulatory compliance.

The family of Sterling "Squack" Francis would like to say "Thank You," to all of our friends and family who helped to comfort us during this very difficult time. Those who sent cards, flowers, food, or just came by to share our loss. A special thanks to Randy Osborne for his message all the kindness what was shown to our family, all the singers and musicians that participated in the service, Judy Parson at St. Joseph-Martin, Ernest Francis, Billy Ross Francis, and Mayland and Ann Francis. Thank You to the Kentucky Vehicle Enforcement for their assistance in traffic control and the Hall Funeral Home for their kind and professional service. All your love and support will always be remembered. The family of Sterling "Squack" Francis

The family of Grace Elizabeth Moore would like to extend their appreciation to those who helped comfort them during their time of sorrow. Thank you to all those who sent food, flowers, prayers, or spoke comforting words. We would like to send a special thanks to Jerry Workman for his comforting message, all those that participated in the service, the Sheriff's Department for their assistance in traffic control, and the Hall Funeral Home for their kind and professional service. All your love and support will never be forgotten. The family of Grace Elizabeth Moore

## Murder

From Page A1  
formally indicted in June. When asked about the speed with which the case was resolved, Turner admitted that for a murder charge, the case moved

forward at a quick pace. "It is one of the faster from the investigation all the way through to conviction — murder cases that we've ever handled," said Turner. According to Turner, the mother of the victim, Lagina Gayheart, agreed with the plea arrangement and was satisfied with the outcome. Lagina Gayheart was

not in court Tuesday for the sentencing. On August 31, Kaitlyn Meek, 21, pleaded guilty to three charges, including second-degree complicity to robbery; second-degree complicity to assault, and tampering with physical evidence. Kaitlyn Meek was given five years in prison for each charge, for a total of 15 years. She must serve 20 percent of that sentence before she is eligible for parole. The Meeks each faced several charges in connection with the death of Brian Jacob Gayheart.

"Both defendants were pretty upset about what they did," said Turner. "That was one of the things that was kind of unusual about the case. From the time they were interviewed, they've always admitted their role in it." As part of the plea deal, Kaitlyn Meek admitted she is partly responsible for the 20-year-old's death and agreed to testify against her husband. "I think that played a big part in his decision to go ahead and plead guilty," Turner said.

Early Times \$1.99 (12-gal) Pall Mail \$2.99 (12-gal)  
**J & J Liquors**  
Betsy Layne • 478-2477  
SUNSHINE GENERAL S. WASHINGTON C. JEFFERSON  
LORDLY CARSON 772-1342

You're Invited  
32nd Annual  
Hanging of the Greens  
Prestonsburg First United Methodist Church  
Sunday, November 27, 2011 6:00 pm  
Special Guests  
Prestonsburg High School Honor Choir

The family of Sherri Hammel would like to extend their appreciation to those who helped comfort them during the time of sorrow. Thank you to all those who sent flowers or just spoke kind words, all your acts of kindness will never be forgotten. We would like to send a special thanks to the Little Rosa Old Regular Baptist Church ministers for their comforting message, the Sheriff's Department for their assistance in traffic, and the Hall Funeral Home for their kind and professional service. All your love and support will never be forgotten. THE FAMILY OF SHERRI HAMMEL

**ATTENTION PATIENTS**  
**Harper OB/GYN**  
Joanna Sanicsteban, MD FACOG  
Harper OB/GYN will be CLOSED for the holiday season from **Mon, Nov 21st until Fri, Nov 25th.** We will re-open for business on Monday, Nov 28th.  
If you need any help during that time, please call 606-886-8511 (hospital). If it is an emergency, please visit the ER immediately or call 911.  
Thank you for your understanding.

# Big Sandy Singers honor U.S. 23 artists with new album

**PRESTONSBURG** — The Big Sandy Singers, the elite, auditioned, student singing ensemble from Big Sandy Community and Technical College, will be releasing their seventh album, "U.S. 23," at an Album Release Showcase on Tuesday, Nov. 29, at 6:30 p.m. in Gearheart Auditorium on the first floor of the Pike Building on Big Sandy's Prestonsburg Campus. The event is coordinated by the Big Sandy Community and Technical College Music Department, in conjunction with the BSCTC President's office.

The Big Sandy Singers are directed by BSCTC Assistant Professor and Kentucky Opry veteran member Laura Ford Hall, with Timothy Cooley, album producer and technical director, as well as Clayton Case, assistant director. Auditions are held for the group annually and are open to BSCTC students or MSU at BSCTC students. The singers who are chosen receive a \$2,500 scholarship to attend the school as well as in-studio recording experience.



The Big Sandy Singers, from Big Sandy Community and Technical College, will release a new album Tues. in BSCTC's Gearheart Auditorium, Pike Building Prestonsburg, Campus at 6:30 PM. The album, "US23" will feature covers of artists from the US23 Taylor, Emily Mills, Brandon Lafferty, Laura Ford Hall, Brandon Lafferty, Rachael Hayes (seated), Sarah Adams, Andrew Hiner, Dustin Newsome, and Johnny Bryant.

"We are so very excited about releasing this album," Hall said. "This truly is a dream come true for the students. We have been so blessed by God to have received such wonderful support from our President George Edwards who has been involved in the making of the album and the decision making process. Without his vision and support of the music program this would have not been possible."

Hall also thanked BSCTC Provost Dr. Nancy Johnson.

The recording process began in October. "We

thought it was a great concept," added Hall. "To have our students who live on U.S. 23 record songs by artists from their own counties along the U.S. 23 Highway."

The album features these 20 songs, each sung by the Big Sandy Singers:

- "Dancin' in God's Country" (original artist Rebecca Lynn Howard) by the full ensemble
- "Crazy Little Thing Called Love" (Dwight

- Yokam) by Dustin Newsome
- "I'm No Stranger to the Rain" (Keith Whitley) by Andrew Hiner
- "Don't It Make My Brown Eyes Blue" (Crystal Gayle) by Sarah Adams
- "I Try to Think About Elvis" (Patty Loveless) by Kandycé Hannah
- "You Ain't Woman Enough" (Loretta Lynn) by Rachael Hayes
- "Miami, My Amy" (Keith Whitley) by Ryan

- Shepherd
- "Flies on the Butter" (Wynonna Judd) by Ashley Taylor
- "Something in My Heart" (Ricky Skaggs) by Ryan Shepherd, Brad Lafferty and Brandon Lafferty
- "Fast as You" (Dwight Yokam) by Johnny Bryant
- "Talking in Your Sleep" (Crystal Gayle) Emily Mills
- "Back to Tennessee" (Billy Ray Cyrus) Brandon

- Lafferty
- "When You Say Nothing at All" (Keith Whitley) by Charles Martin Mims
- "Don't Close Your Eyes" (Keith Whitley) by Clayton Case
- "Forgive" (Rebecca Lynn Howard) by Laura Ford Hall
- "Love Can Build a Bridge" (The Judds) by the full ensemble
- "Some Gave All" (Billy Ray Cyrus) by the

full ensemble

There are also three bonus tracks on the album that are sung by the full ensemble:

- "Colder Weather" (Zac Brown Band) featuring Mims
- "Free" (Zac Brown Band) featuring Hiner and Ford-Hall
- "The Longest Time" (Billy Joel) featuring Ryan Shepherd and Brandon Lafferty

During the Album Release Showcase, the Big Sandy Singers will treat the audience members with a live performance of the album. In addition, the Singers will be signing autographs, and the album will be available to those who donate \$10 or more to the BSCTC Music and Drama program.

If you cannot be at the event, you can order the album online on our secure, trusted site at [www.bigandsingsingers.com](http://www.bigandsingsingers.com) for \$12.

The Big Sandy Singers are also available to sing for community and civic events. For information on booking, contact Laura Ford Hall at (606) 889-4764.

The Big Sandy Singers are sponsored by Premiere Sponsor Gearheart Communications at Harold. "We could not do this without the help of Gearheart Communications and encourage everyone to use their services for DSL, advertising, satellite services, or telephone services," added Hall. The group is also sponsored by Gold Sponsor Jennifer Reynolds' State Farm Insurance at Weddington Square, Pikeville. "You can find out more about our sponsors at [www.bigandsingsingers.com](http://www.bigandsingsingers.com)," Hall added.

## Coloring Contest Winners



Freedom Ford and Honda coloring contest entrants Josh and his winning sister Nikki Burchett, of Prestonsburg, are pictured accepting their \$100 gift card from Freedom Ford and Honda Public Relations Representative, Tabitha Adkins.

## Rogers awarded KCTCS Service Medallion

**WASHINGTON, DC** — On Saturday, November 19, U.S. Congressman Harold "Hal" Rogers (KY-05) received the "KCTCS President's Medallion for Distinguished Service," by the Kentucky Community and Technical College System (KCTCS) during the organization's 12th Annual President's Gala and Benefactors Awards Dinner.

Each year, the event provides an opportunity for KCTCS to honor a select few Kentuckians who support the mission and objectives of KCTCS.

In recognition of his success in serving and leading Kentucky's fifth congressional district, KCTCS founding President Michael B. McCall presented Congressman Rogers with the award at a program in Lexington.

"I'm truly honored to

receive this medallion and stand alongside the fine network of community colleges that span our Commonwealth," said Rogers.

"I've been proud to work with President McCall, local, southern and eastern Kentucky KCTCS faculty, and others in creating real educational and job-training opportunities. KCTCS leads our state in creating tomorrow's workforce, particularly in healthcare, aviation, technology, and emerging science fields, and I look forward to continuing to partner together."

"The Kentucky Community and Technical College System would not be the premier system it is today without the unwavering support of Chairman Hal Rogers," stated KCTCS President McCall. "Since our

inception in 1998 he has been one of our strongest allies and supporters. His commitment to bringing jobs, better education and greater opportunities to the hardworking families who live in his district parallels the mission of our organization so it is only fitting we award him the KCTCS President's Medallion for Distinguished Service."

Rogers has served Kentucky's 5th Congressional District since 1981. With a focus on economic development, job creation, fighting illegal drugs and preserving Appalachia's natural treasures, he has a reputation for listening to his constituents and fighting for the region he represents.

For more information visit [www.halrogers.house.gov](http://www.halrogers.house.gov).

# WESTERN APPAREL

## Black Friday Special ALL MONTH LONG!!

### Clip the coupons below for HUGE Holiday Savings!!

**Carhartt - J130**  
Quilted/Lined Jacket  
**\$69.99** Reg. \$109.99

Coupon must be presented at the time of purchase. Coupon cannot be combined with any other offer. EXPIRES 11/30/11

**BUY ONE GET ONE FREE**

**Gloves, Toboggans & Socks**

Coupon must be presented at the time of purchase. Coupon cannot be combined with any other offer. EXPIRES 11/30/11

**Children's Department**

Save **40%** on your purchase.

Coupon must be presented at the time of purchase. Coupon cannot be combined with any other offer. EXPIRES 11/30/11

**WORK OR WESTERN BOOTS**

Save **40%** on your purchase.

Coupon must be presented at the time of purchase. Coupon cannot be combined with any other offer. EXPIRES 11/30/11

**606-349-REDS (7337) • EXIT 75 - Mtn. Parkway • Salyersville, KY**

# Viewpoint

Worth Repeating ...

*A liberal is a man who is right most of the time, but he's right too soon.*

— Gregory Nunn

## Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof, abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

## Our View Gifts that keep on giving

The Christmas shopping season officially begins tomorrow, and we're certain that most of you are ready to get started.

Perhaps you plan to take advantage of "Black Friday" with an out-of-town shopping trip to Huntington or Lexington. Maybe you'll wait until "Cyber Monday" to catch some bargains online. There is certainly nothing wrong with that.

But we hope you also consider doing at least a portion of your holiday shopping in Floyd County, with local merchants. Doing so would be a Christmas gift to the whole community.

When you fork over your cash for some item or another, that money does not disappear. Obviously, it stays with the retailer when you leave, but it doesn't stay long.

That retailer then uses your money to pay employees, restock shelves and buy essential services.

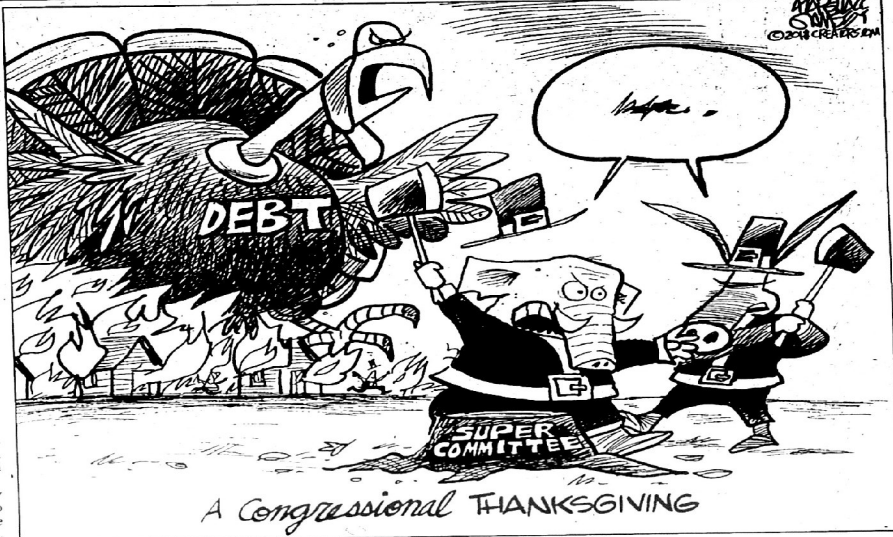
From there, the process repeats itself, on down the line.

Each dollar spent locally turns over several times, and the more local the spending, the greater the multiplier. Studies have shown that a dollar spent with a local "mom-and-pop" shop turns over two or three times more than does a dollar spent with the local branch of some national chain retailer.

So, this year and every year, look for reasons to buy locally when you're shopping for Christmas. There are many gift shops and other stores in the area that can supply almost any need, or you could always buy a gift certificate to one of the many local restaurants.

Whatever you do, whenever you buy local, you're always giving a gift to your community.

— The Floyd County Times



## A Legislative Perspective

Greg Stumbo  
Speaker of the House

As we take time out of our schedule this week to enjoy the kick-off to the holiday season, I want to wish each of you a Happy Thanksgiving.

We are now just one decade away from the 400th anniversary of that famous feast enjoyed by the Pilgrims and the Native Americans who helped them weather especially tough times.

Though that harvest meal is the foundation for the holiday, it didn't settle into its familiar place on the calendar until nearly 150 years ago, when President Lincoln declared it should be held on the last Thursday of November.

In Kentucky, as in many other places, the date got back even earlier. Governor Robert Letcher made the first official recognition on Sept. 26, 1844.

While turkey is now the centerpiece

of the dinner table on Thanksgiving, it might not have been if Benjamin Franklin had had his way. He wanted that bird and not the eagle, to serve as our national symbol. He called the turkey "a bird of courage."

As a nation, we have a lot for which to be thankful, and a big reason for that is because we don't hesitate to help when it's needed. Charitable giving was up last year across the county despite the tough economy, and here in Kentucky, a study a few years ago found that nine out of 10 adults said they had at least one person outside of family on whom they could depend.

For many of us, Thanksgiving is often a time of travel. If you are among the millions who will be driving, please be extra careful. The Transportation Cabinet said that there were more than 1,300 traffic accidents during the holiday last year across the state.

If you do not have plans to cook, but still want a good meal, the state's 17

resort parks are ready to serve. They will open at noon on Thursday and close by 8 p.m. The price for adults, which includes a beverage but not tax, is \$17.95, and for children six to 12, it is \$7.95. There is no cost for children five and younger.

In the coming weeks, my legislative colleagues and I will make final preparations to ready for the start of the 2012 Regular Session, which begins January 3rd and lasts for 60 legislative days.

As always, your input in this process is very much needed, and I encourage you to let me know your thoughts as legislation moves forward. If you would like to leave a message for me or for any legislator, no matter what time of year, the toll-free number is 800-372-7181. For the deaf or hard of hearing, the number is 800-896-0305.

Again, I hope you have a Happy Thanksgiving and that the wishbone breaks in your favor.

## House Week in Review

Rep. Hubert Collins

The Thanksgiving table is a place where food is a symbol of love. The higher the yeast rolls are piled on the table, the more loved—or blessed—we feel. We are supposed to stuff a turkey and stuff ourselves. It is an American tradition, after all.

Well, maybe so. But it has not always been a tradition that Americans have followed. Some Thanksgivings of yesteryear were a little different.

American families were actually required to curtail their holiday celebrations at times in our nation's history, including World War II. Rationing of meat, sugar, butter and other food and supplies was instituted by the government during World War II to ensure everyone shared in limited supplies. Even people who could afford more food were only allowed to buy a certain amount, which meant very few tables overflowed with food as they will assuredly do in a majority of American homes this Thursday.

The need for rationing was not for the lack of hard work by American farmers during World War II. In his 1943 Thanksgiving Day Proclamation, President Franklin D. Roosevelt told Americans, "Our is the greatest in the annals of our country." The president credited God and the nation's "farmers, Victory gardeners, and crop volunteers" with this accomplishment, which he said resulted in storage of a "heavy harvest" to feed not only Americans at home but combat troops overseas during the holidays. By food rationing, the government ensured that everyone would share in the harvest, no matter

how rich or poor.

There is no food rationing in America this Thanksgiving, but I hope you do not think this means everyone has enough to eat. That is far from true.

The organization World Hunger reported this year that hunger in the U.S. has remained high since the onset of the U.S. financial and economic crisis in 2008. A staggering 17.2 million American households—the highest number ever recorded in the U.S.—did not have enough food to meet their needs in 2010, the organization reported in early 2011. Food banks here in Kentucky and around the nation have put out desperate calls for food and monetary donations this year as food inventories are depleted by struggling families, and many food banks fear demand will continue to rise as the economy remains volatile.

Any improvement in the state and national economy seems slow at best, at least for the next two years, which means food banks and hunger programs have good reason to worry.

Just last month a panel of Kentucky economists predicted modest economic growth for the state through 2014 because of the mounting debt crisis in Europe and continued uncertainty about whether the U.S. economy is headed for another recession. The panel, known as the Consensus Forecasting Group, even went so far as to revise down its estimated 2012 state surplus from \$192 million to \$137.7 million because of volatility in national and world markets. The panel will return to Frankfort late next month and possibly in January to update its

forecast, which lawmakers like Yours Truly will use to craft the state's next two-year budget during the next Regular Session in early 2012.

Right this moment, growing frustration with the situation in Europe has members of the CFG—and state lawmakers, in turn—increasingly concerned. As Bruce Johnson of Centre College, a member of the CFG, told the Lexington Herald-Leader, "If things do go badly in Europe, it (the outlook for the U.S.) will be a lot worse."

I read up on the European debt crisis early last week. German Chancellor Angela Merkel had evidently given a speech last Monday morning that tidily summed up all our fears in one sentence: "Europe is in one of its toughest, perhaps the toughest, hour since World War Two." Merkel was quoted as saying in The Guardian. She asked that a new economic structure for Europe be developed that would impose tighter fiscal controls on countries but not allow the euro to fail. We will see how her plans play out in time.

While we wait, let's take a few moments and look through our pantries for some canned goods or dig a little deeper in our pockets or purses and donate to the local food pantry and food banks. No one is making us share, as our parents and grandparents were made to do during World War II. And I don't think anyone has to make us share.

I think we can, and will, choose to bless our fellow Americans as we have been blessed.

Isn't that what Thanksgiving is all about? Happy Thanksgiving

**A  
TERRIBLE  
THING HAPPENS  
WHEN YOU DON'T  
ADVERTISE.**

NO ONE  
NOTICES  
YOU

FLOYD COUNTY  
**The Times**

606-886-8506

www.floydcountytimes.com  
.... for the best ADVERTISING RESULTS

FLOYD COUNTY  
**The Times**

Published Wednesday and Friday each week

263 SOUTH CENTRAL AVENUE  
PRESTONSBURG, KENTUCKY 41653  
Phone: (606) 886-8506  
Fax: (606) 886-3603  
www.floydcountytimes.com

USPS 202-700  
Entered as second class matter, June 16, 1927, at the post office at  
Prestonsburg, Kentucky, under the act of March 3, 1879.  
Periodicals postage paid at Prestonsburg, Ky.

SUBSCRIPTION RATES PER YEAR:  
In Floyd County: \$63.00  
In Kentucky: \$84.00  
Outside Kentucky: \$125

Postmaster: Send change of address to:  
The Floyd County Times  
P.O. Box 300  
Prestonsburg, Kentucky 41653

PUBLISHER: Joshua Byers  
MANAGING EDITOR: Ralph B. Davis  
byers@heartlandpublications.com web@floydcountytimes.com

# BBB offers tips on top holiday scams

Scammers are busy this time of the year! Whether it's on the internet, at the stores, or even at your front door, they are ready to take your hard-earned cash.

Here are some tips from the BBB on scams to look out for:

**Internet Scams:** Be on the lookout for fake websites offering bargain prices, especially on those hard to find gifts, or the hot gifts for 2011. These sites tout "too-good-to-be-true" prices on these items, with a professional looking website and testimonials from "happy customers." The scam artists will take your money, won't send you the merchandise! Don't just trust a site - check it out at [www.bbb.org](http://www.bbb.org). Also, when shopping online, use a credit card, not your

debit card. Debit cards are directly linked to your bank account, and if you never get your merchandise or it isn't what was promised, you can dispute the charges with your credit card company.

**Phishing Scams:** You are contacted by email with a very tempting offer or a warning that your account has been compromised, and then you are directed to click on a link, which takes you to a fake website. Once there, you're told to enter personal and financial information wanted by the thieves. Don't click on links in unsolicited emails!

**Gift Card Scams:** Many gift cards hang on racks in stores or at checkout counters.

Today, most cards are protected by scratch-

off security codes and protective packaging to prevent information theft. However, if cards aren't protected, scam artists can write down the numbers while the cards are on display, and then call an 800 number to learn when the cards have been activated.

**Holiday E-card Scams:** You receive an eGreeting from an unnamed "relative" or "friend." You have to click on the link to view it. However, clicking on the link may unleash spyware, pop-up ads, viruses or Trojans. In some cases, nothing bad happens until you download software from the e-card website so you can "run your e-card." If there is any question of who the card came from, don't open it! Also, be sure you have the latest anti-

virus and, anti-spyware software installed on your computer.

**Charity-Related Scams:** Scammers will call you on the phone or knock on your front door. They'll wear seasonal outfits, dress in familiar looking uniforms, and carry forms of identification that look real. They'll convince you to give with stories that tug at your heart. Before you give, do your homework. Check out the charity at [www.give.org](http://www.give.org). Don't fall for high pressure tactics.

**Avoid "charities" whose representatives won't answer reasonable questions, such as how the money will be spent. Never also come in the form of emails. You receive an email from what appears to be UPS or FEDEX,**

an individual solicitor.

**Delivery Scams:** It's reasonable to expect deliveries at this time of the year. In this case, you receive a card saying an unsuccessful attempt was made to deliver a package to your home and that you should call a particular number for more details. You call the number and get a recorded message or music that keeps you on the line for a while. Unfortunately, you are connected to an overseas number (shown as the 809 scam), and you will be charged high rates on your next phone bill. If the number is not a 1-800 or local call, it could be a scam. Never also come in the form of emails. You receive an email from what appears to be UPS or FEDEX,

saying you have a package that needs to be picked up. The email asks you to click on a link to download a form. If you download the form, your computer becomes infected.

**Job scams:** Many retailers and manufacturers need to take on extra staff to handle the holiday rush. Knowing this, scam artists send out emails promising non-existent jobs for which, you'll eventually be asked to pay a fee for the job. You may see similar ads in newspaper classifieds and even flyers or signs posted around town. Never pay for a job!

For more information on holiday scams and holiday shopping tips, go to [www.bbb.org](http://www.bbb.org).

## Remember food safety this Thanksgiving

If you're cooking for Thanksgiving, please be careful. Cooking fires are more likely to happen on Thanksgiving Day than any other day of the year, according to the National Fire Protection Association.

"Cooking fires can happen to anyone, so it's important to be extra vigilant this time of year," said Sean Welch, a senior assistant vice president with Amica Insurance. "It's easy to become distracted while trying to prepare large meals, especially with family and friends around. But it's important to pay attention and remain alert."

Here are a few tips and reminders:

- Keep materials that can easily catch on fire away from your stovetop.
- Never wear loose clothing while cooking.
- Remind children to never go near a stove or cooking appliances.
- Use the back burner

whenever possible.

- Test smoke alarms throughout the house, but especially around the kitchen.
- Keep a fire extinguisher in the kitchen at all times.
- Never use a turkey fryer inside.
- If you're using a turkey fryer, remember to be extra careful, Welch said. "Hot oil can easily splash and cause a serious injury. And never put a frozen turkey inside a turkey fryer, because it can cause the hot oil to explode."

It's also best to stay away from the kitchen if you're tired or having been drinking, when you may become more distracted than usual.

"Thanksgiving is supposed to be a joyful time when we spend time with family and friends," Welch said. "Take a little extra care to keep your Thanksgiving safe and enjoyable for everyone."

## Annual trail card available for state park golf courses

FRANKFORT — For 2012, the Kentucky Golf Trail is again offering a "trail card" that provides unlimited paid green fees for the cardholder at the 18 courses operated by the Kentucky Department of Parks.

The trail card fees will continue to include the daily play fee in the purchase price. The unlimited paid greens fee trail cards are sold at all Kentucky State Park golf courses and are valid through Dec. 31, 2012. Cards start at \$475 for senior players (62 and older). For more information on the trail card, visit [www.parks.ky.gov/golf](http://www.parks.ky.gov/golf).

Kentucky State Parks also feature two golf packages: the Chip Shot and the all inclusive Tees & Zzzs. The

Chip Shot package includes 18 holes of golf with cart and lodging with rates starting at \$59 per person each night - November through March - and \$79 April through October. The popular Tees & Zzzs features golf with cart, lodging, breakfast and dinner, plus a gift card, starting at \$89 per person per night - November through March - and \$109 April through October.

Kentucky State Resort Parks also feature lodges, cottages, campgrounds, restaurants and other activities such as hiking, swimming, boating and wildlife programs. For more information about state park golf trail cards, Tees and Zzzs packages, gift cards and course photos, visit [www.parks.ky.gov](http://www.parks.ky.gov).

## BBB tips on Black Friday shopping

It's time to start planning your Black Friday, that special day after Thanksgiving when retailers gear up to offer their best. Remember, all deals are not created equal and the fine print is often the most important thing!

Before you head out the door for a block buster and get caught up in the frenzy, BB offers these tips:

**Tip 1 - Know before You Go.** Many retailers will release their Black Friday deals online, in social media and other publications. Research where the sales are and make a list of your gift priorities to compare prices and plan your day of deals. Build up a coupon collection, and remember to bring ads with you on Black Friday just in case the price is not what you expected.

**Tip 2 - Don't Fall for False Advertising.** Despite BBB's effort to advance trust in the marketplace, some companies will resort to advertisements that are untrue or misleading. Black Friday advertising will be abundant and BBB urges consumers to watch for red flags. Many consumers have experienced frustration and lost money they can't afford to lose after being lured by prices too good to be true.

Before you pick your favorite site, BBB recommends consumers find a reputable site that's not a fly-by-night operation by checking them out at [bbb.org](http://bbb.org) and see what others say about the site through an online search. When shopping, confirm the site is secure and be certain you have a phone number and physical address in case there are problems.

**Tip 3 - Maximize Advance Alerts.** Do you have favorite retailers? Sign up for their email alerts and "like" their Facebook page. BBB Accredited Businesses and other stores are working to reward your loyalty and you may get special offers.

**Tip 4 - Set up Your Reward Cards.** Black Friday deals may have strict restrictions with no sharing allowed. Make sure you have reward cards with your favorite stores and keep them with you. Check your credit card rewards program as well for special points that could add up on Black Friday.

**Tip 5 - Shop with Trust.** If you find a deal - don't just jump at the first chance to get it. The BBB recommends doing your research on the business - know how long they've been in business, look into their customer service track record; check them out at [bbb.org](http://bbb.org). If you have concerns about the type of gift or the right fit - make sure you ask about their return policy too.

**Tip 6 - Comparative Shop Online.** There are dozens of Black Friday websites that claim to capture the best deals around and they can really help you do your comparative shopping online.

Before you pick your favorite site, BBB recommends consumers find a reputable site that's not a fly-by-night operation by checking them out at [bbb.org](http://bbb.org) and see what others say about the site through an online search. When shopping, confirm the site is secure and be certain you have a phone number and physical address in case there are problems.

**Tip 7 - Look for QR Codes.** They're square, black-and-white and funny

looking - but they can take you straight to a deal. QR stands for Quick Response codes and they're popping up in many ads and print materials. Several BBB Accredited Businesses use them to help you start with Trust and they can bring you directly to a special offer or a BBB Business Review. Before you can scan one and view the offer you'll have to install a QR app reader.

**Tip 8 - Shop Small.** Save your gas money and your time when you stay close to home. BBB is encouraging consumers to support small businesses in their community on Small Business Saturday, the day after Black Friday. Check your neighborhood retailers for their weekend deals and gain some goodwill by knowing you've done your part to help them thrive during the holidays.

**Tip 9 - Check Return and Exchange Policies.** All bets can change for Black Friday deals, which means the store policies can change too. Make sure you know what the return and exchange policy is for your Black Friday special and that a return is even possible - especially if you're buying online.

Final sales, a very short return window (like before December 25th), or in-store or online only credit could leave you with a deal gone wrong. Some stores also charge restocking fees.

**Tip 10 - Shop Safely.** While getting a deal is important, there are ways to shop safely without putting yourself or your wallet in jeopardy. BBB advises consumers to take their time and plan ahead for the best rewards.

Final sales, a very short return window (like before December 25th), or in-store or online only credit could leave you with a deal gone wrong. Some stores also charge restocking fees.

While getting a deal is important, there are ways to shop safely without putting yourself or your wallet in jeopardy. BBB advises consumers to take their time and plan ahead for the best rewards.

Final sales, a very short return window (like before December 25th), or in-store or online only credit could leave you with a deal gone wrong. Some stores also charge restocking fees.

While getting a deal is important, there are ways to shop safely without putting yourself or your wallet in jeopardy. BBB advises consumers to take their time and plan ahead for the best rewards.

Final sales, a very short return window (like before December 25th), or in-store or online only credit could leave you with a deal gone wrong. Some stores also charge restocking fees.

Final sales, a very short return window (like before December 25th), or in-store or online only credit could leave you with a deal gone wrong. Some stores also charge restocking fees.

While getting a deal is important, there are ways to shop safely without putting yourself or your wallet in jeopardy. BBB advises consumers to take their time and plan ahead for the best rewards.

Final sales, a very short return window (like before December 25th), or in-store or online only credit could leave you with a deal gone wrong. Some stores also charge restocking fees.

While getting a deal is important, there are ways to shop safely without putting yourself or your wallet in jeopardy. BBB advises consumers to take their time and plan ahead for the best rewards.

Final sales, a very short return window (like before December 25th), or in-store or online only credit could leave you with a deal gone wrong. Some stores also charge restocking fees.

While getting a deal is important, there are ways to shop safely without putting yourself or your wallet in jeopardy. BBB advises consumers to take their time and plan ahead for the best rewards.

Final sales, a very short return window (like before December 25th), or in-store or online only credit could leave you with a deal gone wrong. Some stores also charge restocking fees.

While getting a deal is important, there are ways to shop safely without putting yourself or your wallet in jeopardy. BBB advises consumers to take their time and plan ahead for the best rewards.

Final sales, a very short return window (like before December 25th), or in-store or online only credit could leave you with a deal gone wrong. Some stores also charge restocking fees.

While getting a deal is important, there are ways to shop safely without putting yourself or your wallet in jeopardy. BBB advises consumers to take their time and plan ahead for the best rewards.

Final sales, a very short return window (like before December 25th), or in-store or online only credit could leave you with a deal gone wrong. Some stores also charge restocking fees.

While getting a deal is important, there are ways to shop safely without putting yourself or your wallet in jeopardy. BBB advises consumers to take their time and plan ahead for the best rewards.

Final sales, a very short return window (like before December 25th), or in-store or online only credit could leave you with a deal gone wrong. Some stores also charge restocking fees.

While getting a deal is important, there are ways to shop safely without putting yourself or your wallet in jeopardy. BBB advises consumers to take their time and plan ahead for the best rewards.

Final sales, a very short return window (like before December 25th), or in-store or online only credit could leave you with a deal gone wrong. Some stores also charge restocking fees.

While getting a deal is important, there are ways to shop safely without putting yourself or your wallet in jeopardy. BBB advises consumers to take their time and plan ahead for the best rewards.


Final sales, a very short return window (like before December 25th), or in-store or online only credit could leave you with a deal gone wrong. Some stores also charge restocking fees.

While getting a deal is important, there are ways to shop safely without putting yourself or your wallet in jeopardy. BBB advises consumers to take their time and plan ahead for the best rewards.

Final sales, a very short return window (like before December 25th), or in-store or online only credit could leave you with a deal gone wrong. Some stores also charge restocking fees.

While getting a deal is important, there are ways to shop safely without putting yourself or your wallet in jeopardy. BBB advises consumers to take their time and plan ahead for the best rewards.

**Orders From Headquarters Book Your Holiday Party At Jerry's of Prestonsburg • 888-6701 DAY OR NIGHT PS: GIFT CERTIFICATES (A GREAT STOCKING STUFFER)**



**Memories**

My memories of Thanksgiving of long ago come to mind of when I was just a small child, in the years of nineteen and the 20's as I recall wasn't anything like now at all. I was in the eighties. I sit here in my home wondering, "what in the world is going on?"

Thanksgiving isn't like it was when I was young, when you went into the woods and killed your turkey with your gun. Now you just get it at a supermarket and buy one already done with all your side dishes that you need. I remember those early years in my life, how my father would go hunting and bring home a turkey that my brother and I would take the time to cook along with her oakes and pies. Oh! This home grown sweet potato, Lord that alone would bring a smile to your face.

Back in those days, if you didn't grow it, you didn't have it. I make it sound like it is easy, but it is a hard work, but also worth the good memories I have of the past. If I was young again, I wouldn't change anything, except try to get this country we live in to work for peace in our own country and peace around the world, teach the word of God and pray for the people to love one another. Without the end of war, there will never be peace. I pray you have a peaceful Thanksgiving.

*Love and all my prayers, Helen Clark Roberts*

**BLACK FRIDAY**

NOVEMBER 25 11 a.m. to 9 p.m. (this day only)

**40% OFF ALL CHRISTMAS ITEMS**

**ALL OTHER MERCHANDISE 25% OFF!**

**SALE CONTINUES THROUGH DEC 3**

Sale excludes Credit Card & Dining Products (Antiques, jewelry)

**SOUTHERN HOSPITALITY ANTIQUES & GIFTS LLC**

1000 N. 10th St. • 1000 N. 10th St. • 1000 N. 10th St.

1000 N. 10th St. • 1000 N. 10th St. • 1000 N. 10th St.

1000 N. 10th St. • 1000 N. 10th St. • 1000 N. 10th St.

# PIKEVILLE MEDICAL CENTER Clinic at Harold

*Harold Community's Women's Health Services & Primary Care*

**Dr. Holly  
Galligan**

Gynecological  
Gastroenterologist

**Dr. Angela  
Maggard**

OB/GYN

**Dr. Paula  
Ashby-Jones**

Family Practice  
Physician



## NEW LOCATION

Across the Bridge - Harold, KY  
Monday - Friday, 8:30 am - 5 pm

# 606-478-4600



## Secret chemicals revealed in common household cleaners

**BEREA** — New independent lab testing on 20 top household cleaning products reveals that top-selling cleaning products and detergents, including Tide Free & Gentle, Pine-Sol and Simple Green All-Purpose Cleaner, contain toxic chemicals not revealed to the consumer. The results show that cleaning products commonly contain hidden chemicals linked to cancer, birth defects and pregnancy complications. The tests were commissioned by the national nonprofit Women's Voices for the Earth.

The Berea-based Kentucky Environmental Foundation notes that Kentucky women are among dozens of groups nationally asking for greater accountability from cleaning product manufacturers and government in preventing exposure to toxic chemicals where we live, learn and work.

"It's so ironic that the products we purchase to clean our homes are spreading chemicals that can make us sick," said Lexington attorney Geni Osborn. "I've switched to safer products in my house, but ultimately, we need the government to mandate safer cleaning products when the companies themselves don't act to prevent toxic exposures."

The report, "Dirty Secrets: What's Hiding in Your Cleaning Products?" comes on the same day as Rep. Steve Israel (D-NY) has introduced the Cleaning Product Right-to-Know Act, national legislation to change the lax regulations around the disclosure of cleaning product chemical ingredients. Currently, cleaning products are not required to list ingredients on the label, so unlike personal care products and food, there is no way for consumers to know the full list of ingredients in cleaners.

"Our cabinets are full of soaps and cleaners that we assume improve our homes and health. However, new research shines a light on the secret chemicals that might be doing more harm than good. You have a right to know what's hiding in your household products. That's why I'm introducing legislation to require full disclosure of the ingredients in everyday cleaning products," said Rep. Israel.

For this study, Women's Voices for the Earth commissioned tests of 20 cleaning products including laundry detergents, dryer sheets, air fresheners, disinfectant sprays

and furniture polishes manufactured by Clorox, Procter & Gamble, Reckitt Benckiser, SC Johnson and Son and Sunshine Makers (Simple Green), at an independent laboratory. The test results revealed that Tide Free & Gentle detergent, a fragrance and dye-free product marketed to people with sensitive skin and mothers of infants, was found to contain 1,4-dioxane, a probable human carcinogen.

Simple Green Naturals was found to contain phthalates, a chemical associated with reproductive disorders and birth defects.

Allergens were found in products marketed as "fragrance-free."

Hidden reproductive toxins and carcinogens such as phthalates, toluene, 1,4-dioxane and chloroform. None of these chemicals were listed on the product label.

"We'd like to see consumers have the freedom to make informed choices in the store, to protect their families from toxic chemicals," said WVE director of science and research and report author Alexandra Scranton. "The system we have now is broken—it's unnecessary for these risky chemicals to be used in products we use every day. Companies need to phase out these harmful chemicals, and we need a policy that standardizes labeling guidelines for cleaning products, so companies can't keep these toxic chemicals a secret."

The majority of chemicals found in the testing have never been assessed for human safety by any publically accountable agency, or by the cleaning product and fragrance industry's self-policing review panels. Over 80,000 chemicals are on the market today, but nearly 20 percent of them are kept secret, according to the EPA. Consumers have been uncertain about the safety of chemicals in cleaners, even in products marketed as "green."

There has been a decline in the sale of cleaning products nationally, environmental and health concerns being one of the contributing factors. Some consumers are favoring homemade cleaners using vinegar and baking soda, for safety and cost reasons.

"I've heard complaints from hundreds of people who said that air fresheners and other fragranced household products made them sick—causing headaches, breathing difficulties, seizures, asthma attacks, and other health

problems," says Dr. Anne Steinemann, professor of civil and environmental engineering and public affairs at the University of Washington. "This report does a tremendous service by revealing the hazardous chemicals that can be hidden in cleaning products, so that consumers can know to avoid fragrances and other chemicals that are linked to serious health problems."

WVE's 2007 report "Household Hazards" found that Latina women are particularly at risk for overexposure to toxic chemicals through cleaners. Nationally, over one-third of domestic cleaners are Latina women. "Latino families want to protect their families from toxic chemicals, but that's really difficult when ingredients are kept secret, and companies like P&G are aggressively marketing to Latino consumers," says Lorena Garcia, executive director of the Colorado Organization for Reproductive Rights (COLOR). "We will be working to educate Latina women specifically about the hazards and risks associated with using these kinds of products."

Peggy Rivage-Seul, a member of St. Clare's Catholic Church in Berea, said, "Many Latinas in central Kentucky are working as domestic cleaners and may be at a greater risk of health problems due to constant exposure to toxic chemicals." Rivage-Seul hosted a non-toxic cleaners demonstration last Spring with the Kentucky Environmental Foundation, and said, "No woman would choose to expose themselves or their families to toxic chemicals if they knew it could be avoided."

Women's Voices for the Earth has engaged the five major companies investigated in this report in an effort to encourage full disclosure of chemical ingredients and removal of toxic chemicals in cleaning products.

WVE has been one of the lead advocacy groups calling on Congress to strengthen ingredient disclosure requirements for cleaning products. The Cleaning Product Right-to-Know Act of 2011 will require companies to list all of the product ingredients directly on the label and will create a uniform system for labeling.

Download the report: <http://bit.ly/1EzrX0>  
Fact sheet with table of products tested and results: <http://bit.ly/1ARVO>

## Fire safety important when cooking for holidays

With Thanksgiving right around the corner and food generally a large part of the festivities — the Kentucky Department for Public Health (DPH) wants to remind the public to keep safe health practices in mind.

Many holiday dinners incorporate meat and poultry, possible sources of foodborne disease unless handled and prepared properly.

This holiday season, DPH urges consumers to take precautions in purchasing and preparing food items and to pay close attention to good hygiene practices.

"The principles of food safety aren't just for restaurants," said Mark Reed, manager of DPH's food safety branch. "The home cook needs to follow a few sound practices to keep friends and loved ones safe from foodborne illness this holiday season."

Holiday buffets, party trays or even a poorly stored turkey could be the culprit of disease. Improperly stored or handled food items provide breeding grounds for bacterial contamination, which causes illness that affects an average of 48 million people each year.

Here are a few simple food safety tips to avoid getting sick during the holiday season:

**Safe Storage**

- Keep hot foods hot and cold foods cold. Hot foods should remain at 135 degrees Fahrenheit or warmer, while cold foods should be kept at least 41 degrees Fahrenheit or below.
- Foods that sit out on

the buffet table for longer than 2 hours should be discarded.

**Safe Food Handling**

- Always wash your hands before and after handling food.
- Use two cutting boards. One should be used for preparing raw meat, poultry and fish and the other for cutting cooked food or preparing salads.
- Wash fruits and vegetables before preparing.
- Keep your kitchen, dishes and utensils clean.
- Never put cooked food back on plates or platters where raw meat or poultry were previously stored.
- Wash and sanitize food contact surfaces often.
- To sanitize utensils, immerse for 30 seconds in clean, hot, soapy water.
- Never thaw the turkey on the counter. Thawing at room temperature increases the risk of bacteria growth at the surface even though the interior may still be chilled.
- Thaw turkey in a refrigerator with a temperature of 41 degrees Fahrenheit or below.
- The turkey should be thawed in its original wrap, on a tray placed in the bottom section of the refrigerator.
- A turkey can also be placed under cool running water at a temperature of 75 degrees Fahrenheit or less, or thawed in a microwave, provided the turkey is cooked immediately.
- Cook thoroughly.
- If you are cooking foods ahead of time for your party, be sure to cook foods thoroughly to a safe minimum internal temperature.
- Use a metal stemmed

meat thermometer to determine when the turkey is done by inserting the thermometer in the thickest part of the turkey thigh. When the thermometer reaches between 165-180 degrees Fahrenheit, the turkey is done.

- Safe cooking temperatures for other foods are as follows: seafood, 145 degrees Fahrenheit; pork, 160 degrees Fahrenheit; ground beef, veal, lamb and pork, 160 degrees Fahrenheit; other poultry products, 165 degrees Fahrenheit; and ground turkey and chicken, 165 degrees Fahrenheit.

**Leftovers**

- Leftovers should be stored in the refrigerator within 2 hours after cooking is complete.
- Leftovers should be divided into smaller portions and stored in several shallow containers.
- Use refrigerated turkey and stuffing within three to 4 days. Use gravy within one to 2 days.
- Frozen leftovers should be eaten within 2 to 6 months.
- Reheat all leftovers to 165 degrees Fahrenheit throughout or until steaming hot. Soups, sauces and gravies should be brought to a rolling boil for at least 1 minute.
- Most importantly, if you are unsure if a food has been stored safely and is still good, it's best to follow the old food safety motto: "when in doubt, throw it out," said Reed.

For more info, visit <http://chfs.ky.gov/dph/info/pdfs/food.htm>, or contact Pam Hendren, (502) 564-7181, ext. 3715, or Mark Reed, (502) 564-7181, ext. 3677.

### LAPTOP COMPUTER BLOWOUT

**THIS WEEK'S BLOWOUT DEAL**

**BRAND NEW Toshiba Satellite L6750-57052**

- AMD Phenom™ II Dual-Core Mobile Processor N640
- 17.3" Widescreen
- 2.9 GHz Processor
- 4GB DDR3 1066MHz Memory
- 500GB HDD (5400rpm)
- Windows 7 Home Premium

**\$399** THAT'S 60% OFF RETAIL!

Based on availability. Limit one per customer. No dealers.

**All our computers come with our 1 year unconditional warranty. Call 888.736.5069 for more great deals on laptops and other computers.**

**POWERONE**  
COMPUTER WAREHOUSE  
888-736-5069



**327 KY Route 550  
Eastern, KY 41622  
606-358-4800**

**Business Hours**  
M-F 9am - 7pm  
Sat 10am - 3pm  
Sun CLOSED

**FLU SEASON IS HERE!**

**NEW PRODUCTS AND SERVICES AVAILABLE AT OUR PHARMACY!**

**Flu shots \$23.00**

Can Bill Medicare, UMWA, and many other insurances

No Appointment necessary

**FLU SHOTS NOW AVAILABLE!**

- Get them while they last
- Walk in any time without an appointment
- We can bill Medicare or UMWA at no cost to you

**TRANSFERRING YOUR PRESCRIPTIONS TO US IS EASY**

- If you have refills at your current pharmacy, they can be transferred to us
- Call and give us your information and we will do the rest

**HOWARD**  
FAMILY PHARMACY  
QUALITY CARE AND SERVICE

We Accept Most Insurance Plans & Credit/Debit Cards



# HealthConnections

**KING'S DAUGHTERS MEDICAL CENTER**  
Taking Medicine Further™

1-888-377-KDMC (5362) | kdmc.com • November 23, 2011

KDMC BRINGING HEALTHCARE TO YOU

## KDMC's new mobile health unit Follows in tracks of predecessor

### King's Daughters Auxiliary Mobile Health Unit

This mobile unit was made possible by the generosity of the King's Daughters Medical Center Auxiliary.

**SPECIFICATIONS**

- Length:** 40 feet
- Manufacturer:** Mobile Tech / Calumet Coach
- Gross Vehicle Weight:** 33,000 lbs.
- Engine:** 230 hp Cummins Diesel
- Transmission:** Allison Automatic 6 speed
- Generator:** 22.5 kW Martin Diesel
- Leveling System:** Big Foot automatic electro-hydraulic four-point leveling system
- Safety:** Back-up camera, on-board fire extinguisher and smoke alarm
- HVAC System:** 36,000 BTU/15KW heat wall-mounted commercial unit
- Seating capacity:** Driver, passenger and third person DOT seat
- Interior Dimensions:** 39 feet, 6 inches long, 8 feet wide; 13 feet, 6 inches tall
- Access:** Front entry door with slide-out stair assembly, handicap lift
- Rooms:** One reception/waiting, three exam rooms (one with hand-cap accessibility)
- Testing Capabilities:** Audiometric booth for hearing testing, cardiac testing, including EKG, vascular exams, blood pressure; DOT physicals; urine drug screening
- Comfort Amenities:** On-board lavatory, refrigerator, microwave, sink

King's Daughters Medical Center received delivery Nov. 7 of a new mobile health unit, which will be used to provide healthcare and screenings to business, industry and rural residents throughout KDMC's service area.

The new KDMC Auxiliary Mobile Health Unit was named in honor of King's Daughters Auxiliary, which has pledged \$150,000 to King's Daughters Health Foundation to purchase the equipment. Total cost for the unit was \$186,526.

The Auxiliary unit replaces a 15-year-old vehicle that had traveled more than 100,000 miles throughout Kentucky and Ohio, serving as a physician office, a mobile testing location, and an occupational medicine clinic. The unit also provided free education and screenings.

The new unit offers improved accessibility, convenience and privacy for patients, said Debbie Miller, manager of Community

Relations for King's Daughters. There are three exam rooms, one of which is specially designed to accommodate persons with disabilities. A wheelchair lift makes the vehicle fully accessible.

In addition, the unit includes an audiometric booth for hearing testing, a waiting/reception area, and a third DOT seat to accommodate personnel working on the unit. A special leveling system ensures that the unit is stable and properly leveled for the greatest comfort and safety.

"Our team is very excited about this new unit," Miller said. "It enhances our ability to serve our customers, allows us to be more efficient and will give our patients a much better experience."

"We are very pleased to support the efforts of King's Daughters to reach out to people in need," said Auxiliary president Kay Gevedon.

"As gas prices continue to rise and our

community continues to age, it becomes more and more difficult for people to get healthcare services," especially in rural areas," she noted. "The Auxiliary Mobile Health Unit is one way we can help ensure people get the care they need."

"The mobile health project is the largest active fund-raising initiative of the King's Daughters Health Foundation, said Jane Blankenship, foundation executive director. A second unit is scheduled for December delivery. Total cost for the mobile health project is \$700,000.

"We are working hard to make sure people have access to healthcare," Blankenship said, "and we are very grateful to the Auxiliary for their commitment and support."

The new Auxiliary Mobile Health Unit is following in the tracks of its predecessor — already it has traveled to Jackson, Minford and Proctorville, Ohio, and Grayson, Ky.



• Pictured to the right, members of the King's Daughters Auxiliary Board and Health Foundation leadership team with the new mobile unit.

## KDMC recognized by Blue Cross Blue Shield

King's Daughters Medical Center was recently recognized for its quality outcomes by Blue Cross Blue Shield in four clinical areas. The medical center attained Blue Distinction status in:

- Bariatric Surgery
- Cardiac Care
- Knee and Hip Replacement
- Spine Surgery

KDMC is the "only medical center in Kentucky to achieve Blue Distinction in four clinical areas. Blue Distinction is a designation awarded by the Blue Cross Blue Shield companies to medical facilities that have demonstrated expertise in delivering quality healthcare."

"This recognition represents the work of all of our team at King's Daughters," said Mona Thompson, vice president of quality at KDMC. "In

addition to the specialty care requirements, our eligibility for inclusion requires that we be in good standing with the Blue Cross Blue Shield annual quality report, which addresses a wide range of medical and surgical topics as well as patient safety and specialty services," she said.

According to Blue Cross Blue Shield, the Blue Distinction is based on rigorous, evidence-based, objective selection criteria established with input from expert physicians and medical organizations. Its goal is to help consumers find quality specialty care on a consistent basis, while enabling and encouraging healthcare professionals to improve the overall quality and delivery of care nationwide.



## Prestonsburg/Paintsville Cardiac testing

Let's face it, just about everyone today wishes they had more time. To spend with their families. To pursue a hobby. To travel. Or even just to sit quietly and enjoy the sunshine. The last thing anyone wants is to spend time with the hassle of medical testing. At King's Daughters, we understand. That's why we've put world-class cardiologists and expert cardiac testing services in your community. We make it possible for you to get the medical care and testing you need, without the hassle of a crowded hospital parking lot or a long drive.

King's Daughters and the Kentucky Heart Institute are pleased to offer an array of the most commonly ordered cardiac tests in Prestonsburg and Paintsville. Available tests include EKG, echocardiography, cardiac stress, ankle-brachial index, arterial Doppler and venous duplex studies. Holter monitoring is also available.

Our echocardiography lab is fully accredited by the ICAEL, your assurance of quality testing, and highly trained technologists. All of our tests are read by board-certified cardiologists who are right in the community, available to care for you.

For more information about cardiac testing at King's Daughters in Prestonsburg or Paintsville, give us a call at (606) 886-1260 (Prestonsburg) or (606) 789-9011 (Paintsville).

**OUR MISSION: To Care. To Serve. To Heal.**

### Experts in Cardiac Testing

At King's Daughters, it's our job to know what makes your heart tick. So it's no surprise we offer state-of-the-art cardiac testing — including EKGs, stress testing, carotid duplex studies, Holter and event monitoring, ankle brachial index studies, arterial dopplers and echocardiography — in one convenient, accessible location.

**Kentucky Heart Institute  
Northside Center – Suite 2  
1709 Ky. Route 321 in Prestonsburg  
(606) 886-0892**

All testing is conducted by our specially trained, certified technologists under the supervision of Kentucky Heart Institute cardiologists. Results are read and reported by our cardiologists and available to your doctor in 24 to 48 hours.

King's Daughters has met Medicare's 2012 requirements for Echo Lab accreditation and technology registration and are ICAEL certified.

**KING'S DAUGHTERS HEART AND VASCULAR CENTER**  
Taking Medicine Further™

**OUR VISION: World-Class Care In Our Communities.**

COMICS/ENTERTAINMENT

BLONDIE

Dean Young/Denis Lebrun



BEETLE BAILEY

Mort Walker



FUNKY WINKERBEAN

Tom Batiuk



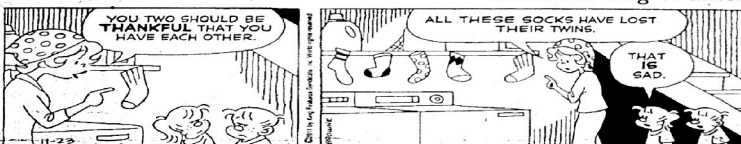
HAGAR THE HORRIBLE

Chris Browne



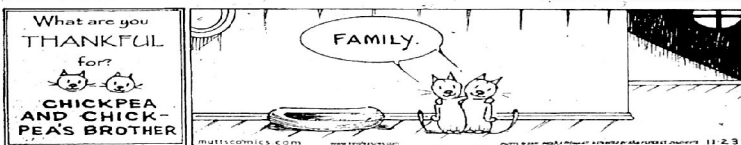
HI & LOIS

Brian and Greg Walker



MUTTS

Patrick McDonnell



ZITS

Jerry Scott and Jim Borgman



THE FAMILY CIRCUS

Bil Keane



DENNIS THE MENACE

Hank Ketchum



CONCEPTS SUDOKU

by Dave Green

	2			9				
4	3	8	7	5	1	6		
8		1	9	5			4	
5		7	6			5		
	1		5	3				
8			1			9		
5	6	3		7	4	8		

Difficulty Level ★★★

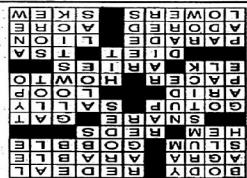
1	8	4	7	2	8	9	5	6
9	6	2	4	1	9	7	8	3
7	9	8	6	9	8	1	4	2
6	9	8	6	9	2	4	7	1
6	2	1	8	4	7	4	6	9
4	7	9	9	6	1	8	2	8
9	1	9	2	7	6	8	6	4
2	8	7	1	8	4	9	6	9
8	4	7	6	8	9	5	2	7

Difficulty Level ★★★

CROSSWORD

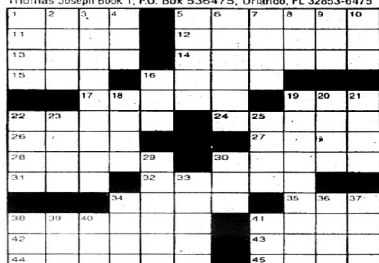
By THOMAS JOSEPH

- ACROSS**
- 1 Anatomy subject
  - 5 Result of a bridge goof
  - 11 Taj Mahal site
  - 14 Turkey call
  - 15 Skirt edge
  - 16 Some wines
  - 17 Trap
  - 19 Gangster's gun
  - 22 Stood
  - 24 Field of films
  - 26 Like the Sahara
  - 27 Aerobatics feat
  - 28 Indiana player
  - 30 Instructional
  - 31 Moose's kin
  - 32 Stellar gam
  - 34 Losing plan
  - 35 Airport screening org.
  - 38 Holiday event
  - 41 Peace member
  - 42 Cherished
- DOWN**
- 1 Wild party
  - 2 Eyeball
  - 3 Turkey choice
  - 4 Orange tuber
  - 5 Wild party
  - 6 Wears away
  - 7 Applies makeup
  - 8 Decline
  - 9 Maximum amount
  - 10 Director Spike
  - 16 Jay-Z's music
  - 18 In the buff
  - 19 Dance party
  - 20 Bunches
  - 21 News paper
  - 22 Stare in disbelief
  - 23 Vaccine variety
  - 25 Lichen additive
  - 29 Pirate ship
  - 30 Wallop
  - 33 Oboe parts
  - 34 Challenge
  - 36 Ticked off
  - 37 Fresh
  - 38 Chum
  - 39 Hoopla
  - 40 Bleachers part
  - 41 Vegas



Today's Answers

NEW CROSSWORD BOOK! Send \$4.75 (check/m.o.) to Thomas Joseph Book 1, P.O. Box 536475, Orlando, FL 32853-6475



11-23

THE LOCKHORNS

William Hoest



"YOUR MOTHER'S BEEN HERE ... I CAN SMELL CRITICISM."

Jacqueline Bigar's HOROSCOPE

**HAPPY BIRTHDAY** for Wednesday, Nov. 23, 2011: This year a change is in the offing—neither good nor bad. The real issue will be how you handle it. Demonstrate flexibility. Often, authority figures demand a lot and get angry if you don't respond at a snap of the finger. Recognize your priorities. If you are single, you could meet someone in an odd way. Take your time getting to know this person. If you are attached, the two of you may struggle over how much to do together at a mutual goal could be involved. **SCORPIO** makes a great healer, therapist or doctor for you. *The Stars Show the Kind of Day You'll Have: 5-Dynasty; 4-Positive; 3-Average; 2-So-so; 1-Difficult.* **ARIES** (March 21-April 19) ★★ Your natural inclination toward innovation emerges. You wonder what to do to make a situation more copacetic. Not sure, you go with spontaneity. Much will change, but not necessarily all that easily. Stay centered, knowing you have little control. Tonight: Go with a request. **TAURUS** (April 20-May 20) ★★ Sometimes you might need to say no, whether you want to or not. You could be overwhelmed. You gain a sudden insight, which forces you to regroup. Note your intuition and second sense, but don't act on it just yet. Tonight: Hang out with another's plans. **GEMINI** (May 21-June 20) ★★ You might want to rethink a work or health issue. The problem might be that you have no more time for the dull and repetitive. You want to network and spread your wings. That desire might be a reason for re-evaluating. Change can be good. Tonight: Do your thing. **CANCER** (June 21-July 22) ★★ Others really enjoy your creativity and easiness in moving situations forward. You seem to have an idea when others have none. A key person values you. This person simply has an odd style. Tonight: Just go with the moment. **LEO** (July 23-Aug. 22) ★★ You might like to work from home or deal with some fundamental personal and domestic issues. To do this, change your schedule might be necessary. Only you can judge the implications here. Certain moments can and will never happen again. Tonight: At home. **VIRGO** (Aug. 23-Sept. 22) ★★ When you have an issue

on your mind, you can be relentless as you try to clear, discuss or handle it. Others might look on, wondering. At present, though you're tempted to take a risk, you might be well advised to say "no." The damages could be unpredictable. Tonight: Michie up a break. **LIBRA** (Sept. 23-Oct. 22) ★★ One can juggle one's finances only so much. Fatigue and disruption mark a situation. Be careful how you vent, frustration or anger. Sometimes the force of these passionate feelings can put off others who don't handle their frustrations like you. Tonight: Consider a change on the home front. **SCORPIO** (Oct. 23-Nov. 21) ★★ You know what you want and will drive a hard bargain to accomplish just that. Someone could cause you a lot of hassles, taken aback by your drive and assertiveness. Allow more feedback; brainstorm with others. Stay open to other styles. Tonight: Hang out, but let go of today's determination. Relax. **SAGITTARIUS** (Nov. 22-Dec. 21) ★★ Know when to cut back and say less. Sometimes life gets so confusing, you wonder exactly why you are following a certain course. Rethink your plans and judgments. A boss, parent or higher-up pushes you to produce. Tonight: Know that you need personal time. **CAPRICORN** (Dec. 22-Jan. 19) ★★ Just when you are 90 percent sure you are on cruise control, a situation will occur that encourages you to stop and think again. Focus on meetings, getting together and seeking out experts. More ideas only provide you with greater choices. Tonight: Certainty, where the action is. **AQUARIUS** (Jan. 20-Feb. 18) ★★ Take a stand and expect a little controversy. You enjoy making other people think—why not let them make you think? A judgment might be off. Observe more at this point than judge. See where you might be causing yourself a problem. Tonight: A force to be dealt with. **PISCES** (Feb. 19-March 20) ★★ Your ability to detach and understand that there are other ways to the same goal must come through if you want to succeed. If you hit a blockage or problem in a meeting, know that the jig is not up. You simply need to unleash some resourcefulness. Tonight: Be a dreamer. *Jacqueline Bigar is on the Internet at www.jacquelinebigar.com.*

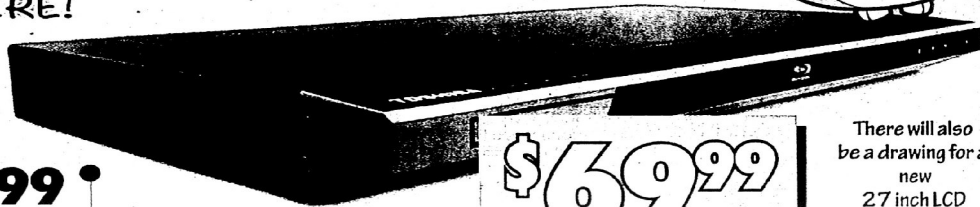
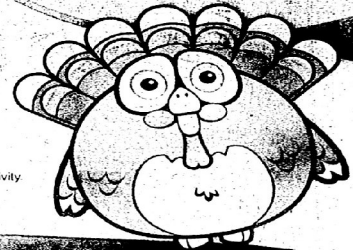
# The Cobbler is Gone... SALE

PLUS  
**15% OFF**  
EVERYTHING  
IN THE  
STORE!

**THIS MONDAY  
NOV. 28TH  
7 A.M. TO 5 P.M.  
SEE YA THERE!**

**TOSHIBA**  
Wi-Fi Ready Blu-ray Disc Player

This Blu-ray player lets you stream content from the Internet with built-in Wi-Fi connectivity. AVCHD technology allows you to play back standard-definition movies in stunning 1080p high-definition resolution.



**ONLY 50  
IN STOCK,  
HURRY!**

**\$79<sup>99</sup>**  
SAVE \$10 IF YOU ARE  
A SUBSCRIBER

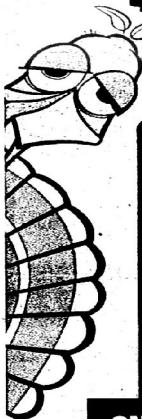
**\$69<sup>99</sup>**

There will also  
be a drawing for a  
new  
27 inch LCD  
Television to be  
given away at the  
end of the SALE!



SIGN-UP for a Coalfields or Inter Mountain  
Cable Bundle on November 28th and receive  
a Blu-Ray Player or Android Tablet for  
**FREE!** That's Right. FREE!

You can **ONLY**  
sign up for the  
TV give-away at  
the Gearheart  
Payment & Retail  
Center on  
November 28!



**COBY**  
7 inch Android Tablet

Connect to the world with the touch of a fingertip. The Kyros™ MID7012 Tablet is a powerful and flexible Internet and Entertainment solution with a generous 7" touch screen and intuitive Android™ 2.3 operating system. Browse the web wirelessly (802.11 b/g) or access thousands of applications from the device's marketplace with games, social media, and productivity tools. With sleek and stylish Coby's Kyros™ Tablet you are able to relax and enjoy your favorite music, 1080P HD videos, E-Books and photos.

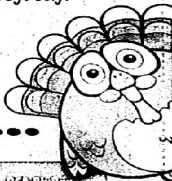
**\$109<sup>99</sup>**  
SAVE \$10 IF YOU ARE  
A SUBSCRIBER

**\$99<sup>99</sup>**

Gobble,  
Gobble, Gobble  
Everybody!

**ONLY 40  
IN STOCK,  
HURRY!**

## More Cool Stuff...



<p>HP 1500 4GB RAM Wireless \$35<sup>99</sup></p>	<p>HP G5600 4GB RAM Wireless \$139<sup>99</sup></p>	<p>HP Pavilion 4GB RAM Wireless \$93<sup>49</sup></p>	<p>HP Pavilion 4GB RAM Wireless \$369<sup>99</sup></p>	<p>HP Pavilion 4GB RAM Wireless \$113<sup>03</sup></p>	<p>HP Pavilion 4GB RAM Wireless \$113<sup>03</sup></p>	<p>HP Pavilion 4GB RAM Wireless \$15<sup>29</sup></p>	<p>HP Pavilion 4GB RAM Wireless \$113<sup>03</sup></p>
<p>HP 1500 4GB RAM Wireless \$46<sup>99</sup></p>	<p>HP G5600 4GB RAM Wireless \$60<sup>34</sup></p>	<p>Coby 7.5" Computer \$25<sup>49</sup></p>	<p>HP 4GB USB Storage \$9<sup>99</sup></p>	<p>Home Network Cable Modem \$12<sup>74</sup></p>	<p>Verizon Wireless \$29<sup>74</sup></p>	<p>HP Pavilion 4GB RAM Wireless \$9<sup>99</sup></p>	<p>Coby 7.5" Computer \$49<sup>99</sup></p>



Come on down and visit us  
this coming Monday, Nov. 28th.  
We have everything in the  
Retail Center discounted up to  
**15% OFF!** Get ready for  
the Holiday's with

**PAYMENT  
& RETAIL CENTER**

Located next to Gearheart Communications!  
www.gearheartretail.com or 1.606.479.6003

**HOT ITEM!**  
Grace WiFi Internet Radio

Listen to over 17,000  
songs over your home  
WiFi connection! Plus  
FREE downloadable  
remote control App for  
your iPad/Android!

**\$139<sup>99</sup>**

\*This is a one-day sale only. All items are limited quantity  
(First come, first serve) Taxes not included.



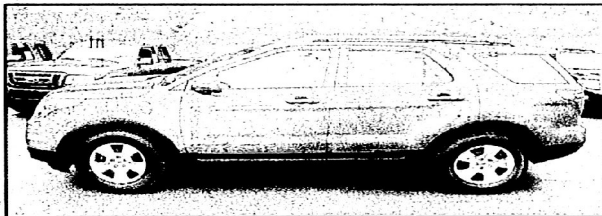


**SLIM PRICES**  
FOR THE DAY AFTER

**NOBODY BEATS OUR DEALS!!**

**2012 FORD EXPLORER**

STK# V20121242



**ONLY \$27,893**



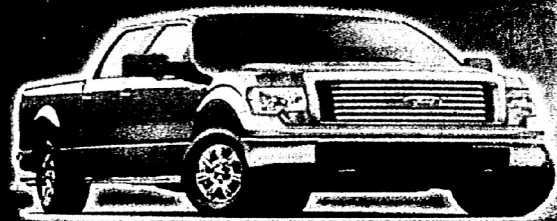
**NEW 2011 SUPER DUTY**

UP TO

STK# 20112045

**\$12,000 OFF**

MSRP



**NEW 2011 FORD F150**

UP TO

STK# V2011090

**\$9,250 OFF**

MSRP



**NEW 2011 FORD RANGER**

UP TO

STK# 2011170

**\$7,000 OFF**

MSRP

THERE'S A NEW DEALER IN TOWN! MEET THE TEAM AT FREEDOM FORD & HONDA OF IVEL



Steve Legg  
General Manager



Chris Legg  
Sales Manager



Chris McConnell  
General Manager



Buddy Lester  
Sales



Jon Bowling  
Sales



Doug Elger  
Sales



Paul Hall  
Sales



Allen Bolling  
Sales



Travis Newman  
Sales

#1 OUT OF 204 FORD DEALERS IN THE ENTIRE REGION IN OVERALL SALES SATISFACTION FOR THE PAST 3 MONTHS

**FREEDOM**

On US 23 at Ivel, KY • 606.478.1234  
www.freedomofkentucky.com



All factory rebates and discounts included in price. WAC, tax, title & license extra. Subject to prior sale. Not responsible for typographical errors.



Turkey Casserole

# Lovin' TURKEY LEFTOVERS

**FAMILY FEATURES**

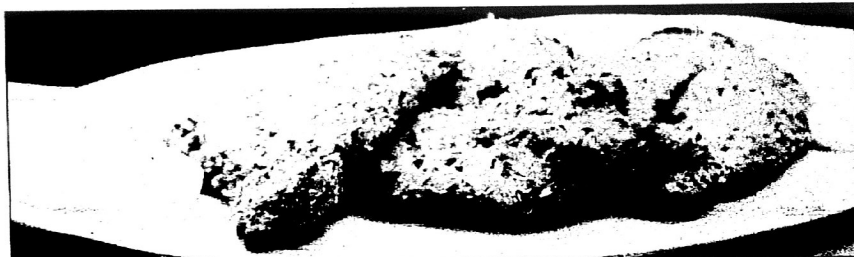
**M**ake sure you buy a big turkey this year, because you'll want plenty left over to make these tasty post-holiday recipes. From a savory sandwich and hearty salads to easy turnovers and a simple casserole, there are plenty of delicious ways to finish off turkey leftovers. You can even keep the flavors of the holidays going with Bobby Flay's recipe for moist and delicious "Stuffing" Crusted Turkey Cutlets. He uses leftover poultry seasoning for flavor and Hellmann's® Mayonnaise to keep them tender and juicy.

For more great ways to love your leftovers, visit [www.hellmanns.com](http://www.hellmanns.com).

**Turkey Casserole**

- Serves: 6  
 Prep Time: 15 minutes  
 Cook Time: 40 minutes
- 4 cups leftover prepared stuffing, divided
  - 4 cups coarsely chopped leftover cooked turkey (about 1 pound)
  - 3/4 cup Hellmann's® or Best Foods Real Mayonnaise, divided
  - 1/4 cup whole berry cranberry sauce
  - 2 cups leftover mashed potatoes
  - 1 1/2 cups shredded mozzarella cheese (about 6 ounces)

Preheat oven to 375°F. Spray 8-inch baking dish with no-stick cooking spray. Spoon in 2 cups stuffing, then top with turkey. Combine 1/4 cup mayonnaise with cranberry sauce; evenly spread over turkey. Combine remaining 1/2 cup mayonnaise, potatoes and cheese in large bowl. Evenly spread on turkey, then top with remaining 2 cups stuffing. Bake 40 minutes or until heated through. Let stand 10 minutes before serving. If desired, garnish with dried cranberries.



"Stuffing" Crusted Turkey Cutlets

**"Stuffing" Crusted Turkey Cutlets**  
*A Bobby Flay Recipe*

- Serves: 4  
 Prep Time: 15 minutes  
 Cook Time: 10 minutes
- 2 cups panko or plain dried bread crumbs
  - 3 tablespoons finely chopped fresh flat-leaf parsley
  - Salt and freshly ground black pepper
  - 1/4 cup Hellmann's® or Best Foods Real Mayonnaise
  - 2 tablespoons Dijon mustard
  - 1 teaspoon poultry seasoning
  - 4 turkey cutlets (about 1/2 inch thick)
  - 4 tablespoons canola oil, divided

Combine bread crumbs, parsley, salt and pepper in large shallow dish; set aside. Combine mayonnaise, mustard and poultry seasoning with wire whisk in small bowl and season, if desired, with salt and pepper. Season turkey, if desired, with salt and pepper. Brush 1 side of each turkey cutlet with mayonnaise mixture, then coat in bread crumbs. Heat 2 tablespoons oil in 12-inch nonstick skillet over medium-high heat and cook 2 turkey cutlets, bread side down, 3 minutes or until golden brown and a crust has formed. Turn over and cook an additional 2 minutes or until turkey is thoroughly cooked. Repeat with remaining oil and turkey.



Leftover Turkey Super Sandwiches

**Leftover Turkey Super Sandwiches**

- Serves: 4  
 Prep Time: 10 minutes
- 4 tablespoons Hellmann's® or Best Foods Real Mayonnaise
  - 8 slices whole grain bread
  - 1/2 cup prepared stuffing
  - 1/2 pound sliced leftover or deli turkey
  - 1/2 cup cranberry sauce or whole berry cranberry sauce
  - 1 small apple, cored and sliced

Spread mayonnaise generously on 4 bread slices. Layer stuffing, turkey, cranberry sauce and apple on bread slices. Top with remaining 4 bread slices.

**Turkey Fiesta Salad**

- Serves: 4  
 Prep Time: 10 minutes
- 1/2 cup Hellmann's® or Best Foods Real Mayonnaise
  - 1/2 cup prepared salsa
  - 6 cups torn romaine lettuce leaves
  - 2 cups diced cooked turkey
  - 4 slices bacon, crisp-cooked and crumbled

Combine mayonnaise and salsa in small bowl; set aside. Combine remaining ingredients in large bowl. Just before serving, toss with mayonnaise mixture. Serve, if desired, with your favorite salad fixings, such as chopped tomatoes, black beans, shredded cheese, sliced pitted ripe olives, sliced green onions and/or tortilla chips.



Blushing Cranberry and Pear Turkey Salad



**Turkey Turnovers**

- Serves: 8  
 Prep Time: 15 minutes  
 Cook Time: 12 minutes
- 2 cups shredded cooked turkey
  - 1 cup shredded cheddar cheese (about 4 ounces)
  - 1 cup chopped cooked broccoli
  - 1/2 cup Hellmann's® or Best Foods Real Mayonnaise
  - 1/2 teaspoon salt
  - 1/4 teaspoon ground black pepper
  - 2 packages (8 ounces each) refrigerated crescent rolls

Preheat oven to 375°F. Combine all ingredients except crescent rolls in large bowl. Separate each package crescent rolls into 4 squares; press diagonal perforations to seal. Spoon turkey filling onto center of each square. Fold dough diagonally over filling to form triangles; press edges firmly to seal. Arrange turnovers on baking sheet; brush tops lightly with additional mayonnaise. Bake 12 minutes or until golden. Serve warm.

**Blushing Cranberry and Pear Turkey Salad**

- Serves: 4  
 Prep Time: 10 minutes
- 1/2 cup Hellmann's® or Best Foods Real Mayonnaise
  - 1/2 cup whole berry cranberry sauce or cranberry relish
  - 4 cups torn romaine lettuce leaves
  - 2 cups baby spinach leaves or mixed salad greens
  - 2 cups diced cooked turkey
  - 1 medium pear, cored and thinly sliced
  - 1/4 cup toasted chopped pecans
  - 1/4 cup thinly sliced red onion
- In medium bowl, combine mayonnaise and cranberry sauce; set aside. In large bowl, combine romaine, spinach and turkey. Just before serving, toss with mayonnaise mixture. Top with pear slices, pecans and onion. Garnish, if desired with dried cranberries.

Note: Recipe can be doubled.

# FLOYD COUNTY COOPERATIVE EXTENSION SERVICES

## REPORT TO THE PEOPLE

Floyd County Cooperative Extension Service, 921 South Lake Drive, Prestonsburg, KY 41653 (606) 886-2668 <http://lces.ca.uky.edu/floyd>

COOPERATIVE EXTENSION SERVICE



COOPERATIVE EXTENSION SERVICE  
University of Kentucky  
College of Agriculture



**Family and Consumer Sciences**  
Theresa M. Scott  
Floyd County Extension Office

Strengthening the family through research-based education has long been a goal of the University of Kentucky Cooperative Extension Service Family and Consumer Sciences program. We have helped families invest in their future by helping them develop the competency to choose nutritious foods, manage resources, provide quality care for children and dependent elderly and become community leaders. Some of the activities offered by the Floyd County Family and Consumer Science Program are: Basic Life Skills, Financial Management, Health and Wellness Programs, Heritage/Cultural Arts, Ovarian Screening, Get Moving Kentucky, Nutrition & Food preparation, Limited Resource Nutrition Educational Programs and family focused workshops for parents. Looking for leadership opportunities? Join the Floyd County Extension Homemakers where over 125 members volunteer and share with the community. \* Nutrition Education Program (SNAP-ED) is a federally funded program of quality educational efforts conducted by the University of Kentucky Cooperative Extension Service. Nutrition Education work with adult groups and youth with specific measurable outcomes such as: selecting more vegetables and fruits in most diets, increasing/managing food budgets. All NEP teaching and activities are supported by UK Cooperative Extension Service research-based (factual, proven multi-session program).

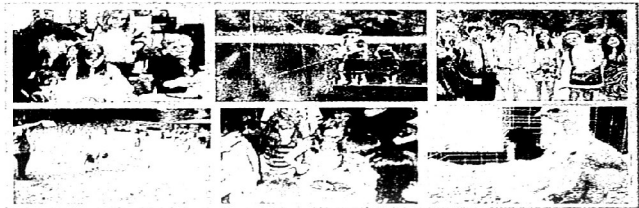


COOPERATIVE EXTENSION SERVICE  
University of Kentucky  
College of Agriculture



**4-H Youth Development**  
Heather J. Nelson  
Floyd County Extension Office

4-H is the dynamic, non-formal, educational youth program of the Cooperative Extension Service which combines the cooperative efforts of youth, volunteer leaders, and the University of Kentucky. 4-H Youth Development education creates opportunities and supportive environments for culturally diverse youth and adults to be capable, competent, and caring citizens. Programs offered for the youth of Floyd County: In School Clubs, After School Clubs, Community Clubs, Educational Programs, Projects, 4-H Camp, Summer Day Camps, Teen Conference, State Fair, 4-H Adult Council and 4-H Teen Council.



COOPERATIVE EXTENSION SERVICE  
University of Kentucky  
College of Agriculture



**Agriculture and Natural Resources**  
Keith Hackworth  
Floyd County Extension Office

The Floyd County Cooperative Extension Agriculture and Natural Resource (ANR) program provides education, training and technical assistance to farmers, gardeners, homeowners and related businesses. Our educational programs include information on food and fiber production, farm and agri-business management, marketing and processing agricultural products, natural resource management, home lawns, and gardens. Extension is the major provider of research-based information and education for agricultural producers, agri-business, retailers, consumers, and homeowners.



COOPERATIVE EXTENSION SERVICE  
University of Kentucky  
College of Agriculture



### Community and Economic Development

The Community and Economic Development program helps communities resolve locally determined problems with objective information and educational assistance. The program also develops community leadership potential and assists communities determine long-range programs of action of such issues as economic development, community services, community planning and visioning, land use, and community resource management.





Courtney DeRossett

### DeRossett named assistant principal at PHS

Jack Latta  
Staff Writer

PRESTONSBURG — Floyd County Schools announced this week that Prestonsburg High School has a new assistant principal.

Floyd County Supt. Henry Webb made the announcement Monday, welcoming Courtney DeRossett as the new assistant principal at PHS.

"We want to welcome Mrs. DeRossett to Floyd County Schools, and we look forward to working with her in this leadership role," said Webb.

"The position of assistant principal became available

last month, when Tommy Poe left the position to be the new principal at Adams Middle School.

According to Floyd County Schools officials, DeRossett has worked in education for over nine years in varying capacities, including teacher, building assessment coordinator and school technology coordinator.

"I am excited about becoming a part of the Floyd County team and look forward to serving the students of Prestonsburg High School," said DeRossett.

DeRossett and her husband James reside in Prestonsburg and are expecting their first child

## Toyota awards UNITE new Highlander Hybrid

SOMERSET — A new Highlander Hybrid was presented to Operation UNITE by Toyota of Somerset Nov. 9 as part of the Toyota 100 Cars for Good program.

The 2012 Highlander — which has a suggested retail value of \$47,517 — will be used by UNITE to fulfill transportation needs associated with its youth and treatment initiatives.

In addition, UNITE was presented a Platinum Plan Extra Care Vehicle Service Agreement (valued at \$2,000) by Toyota Financial Services and a complimentary maintenance program package by Toyota Motor Sales USA's Cincinnati Region office.

"Toyota of Somerset is proud to have been a part of the Somerset-Pulaski County community since 1988," said Larry Turpen, dealer/principal. "Supporting UNITE's anti-drug education and treatment efforts is just another way we can be engaged with the good works of charitable organizations in this region."

The Toyota 100 Cars for Good program is awarding 100 vehicles to non-profit organizations across the country as part of its corporate philanthropic efforts. One winner per day over a 100-day period was determined through a Facebook-enabled competition based upon public votes.

"Toyota is to be commended for its outreach to non-profit organizations," said Fifth District Congressman Harold "Hal" Rogers. "For many families, the lack of adequate transportation, especially throughout rural southern and eastern Kentucky, can be a formidable barrier to services and opportunities."

"Reaching more kids with the message of hope and ensuring those seeking to turn their lives away from addiction are key focuses of



Toyota officials presented Operation UNITE a 2012 Toyota Highlander Hybrid Wednesday, Nov. 9, for being a winner in the 100 Cars for Good program. Pictured from left are: Kristin Schoenig, Toyota Financial Services Area Sales Manager, Bob Burton, Cincinnati Region Sales Manager for Toyota, Larry Turpen, dealer/principal of Toyota of Somerset, Fifth District Congressman Harold "Hal" Rogers, and Karen Kelly, president/CEO of Operation UNITE.

UNITE," Rogers said. "The new vehicle will enable UNITE to better meet these needs."

Specifically, UNITE Director Karen Kelly noted that each summer there are dozens of students wishing to attend Camp UNITE — a free five-day, four-night leadership/adventure program for middle school students held at the University of the Cumberlands — but are unable to find a ride. "This new vehicle will help us transport these children to camp," she said.

Toyota Motor Manufacturing-Kentucky's Corporate Contributions Program in Georgetown has been the primary sponsor for Camp UNITE since 2008, Rogers said, noting "Toyota's commitment to youth has been exceptional."

In addition, UNITE's staff will use the Highlander when meeting one-on-one with individuals who have received assistance through the treatment voucher program, who are seeking help for an addiction, or needing transportation to a treatment program.

"Just this past week our treatment team received calls from two individuals without transportation to treatment," Kelly said. "These are folks wanting to get their lives back in order. We want to be able to provide assistance."

Finally, the vehicle provides additional space to carry learning materials and tools needed to implement educational activities throughout the region and will be available to provide assistance to communities affected by natural disasters or in times of crisis.

Representing Toyota at the ceremony were Bob Burton, Cincinnati Region Sales Manager for Toyota Motor Sales USA, and Kristin Schoenig, Toyota Financial Services Area Sales Manager. The ceremony also included testimony from Casey Eastridge of Jackson County, a voucher recipient, and singing of the National Anthem by Courtney Owens of McCreary County.

Since 1991, Toyota has contributed more than \$500 million to non-profit organizations and has been guided by a strong belief in serving the communities where it does business. To learn more, please visit [www.toyota.com/about/philanthropy/](http://www.toyota.com/about/philanthropy/).

**Program Timeline**

- March 1, 2011 — Toyota announces its 100 Cars for Good program, which will award 100 vehicles over the course of 100 days to 100 deserving non-profit organizations based on votes from the public.
- March 7, 2011 —

Registrations from 501c(3) non-profit organizations start being accepted through Toyota's Facebook page.

• March 21, 2011 — Close of registration period. An independent panel of judges who are experts in the fields of philanthropy and social responsibility begin process of selecting 500 finalist organizations based on applicant's need, potential impact of vehicle use, geographic diversity, diversity of populations served, and diversity of organizations' missions. Once notified, finalists create 2-minute video and create an online profile.

• May 9, 2011 — Public voting begins and continues for 100 days (through August 16). Each day, five organizations are profiled on Toyota's Facebook page and voters select the charity they feel is most deserving of the vehicle.

• June 26 — Operation UNITE emerges victorious with more votes than four other non-profit organizations — the Boys & Girls Clubs of the Los Angeles Harbor, Cincinnati Ballet Company, Harry Chapin Food Bank of Southwest Florida and SPCA Cincinnati.

For more information about Operation UNITE visit their website at [www.operationunite.org](http://www.operationunite.org)

# KENTUCKY OPRY CHRISTMAS

The Mountain Arts Center presents:

## KENTUCKY OPRY CHRISTMAS

DATES / TIMES :	
Friday November 25th	7:30pm
Saturday December 3rd	7:30pm
Sunday December 4th	3:00pm
Friday December 9th	7:30pm
Saturday December 10th	7:30pm
Sunday December 11th	3:00pm
Friday December 16th	7:30pm
Saturday December 17th	7:30pm
Sunday December 18th	3:00pm

**TICKET PRICES:**

- \$15.00 Adults
- \$13.00 Senior Citizens (55+)
- \$11.00 Students (18 and under)
- \$10.00 (Groups 10+)
- Plus \$1.00 per ticket

## MIDNIGHT MADNESS!

# Infamous

233 CASSIDY BLVD.  
(LOCATED NEXT TO FOOD CITY)

### OPEN FRIDAY 12 AM to 9PM

**GREAT SALES ALL DAY!**  
GET AN EXTRA 10% OFF WITH COLLEGE ID  
CLOSED THANKSGIVING

While Supplies Last

## LAYAWAY/10% DOWN

DIGRUDDY 12/5

# Holiday gift ideas from the Tourism, Arts and Heritage Cabinet

**FRANKFORT** — The Tourism, Arts and Heritage Cabinet has some gift ideas for shoppers during this holiday season.

"They all have Kentucky themes, because they come from agencies within the cabinet."

"If you're looking for a gift that says Kentucky, we have some wonderful ideas ranging from state park gift cards to artwork and history," said Tourism, Arts and Heritage, Secretary Marcheta Sparrow.

Here is a listing of agencies and gift ideas for the holiday season:

**Kentucky Historical Society:** Is there a history lover on your gift list? If so, make plans to visit the Kentucky Historical Society's 1792 Store, located in the Thomas D. Clark Center for Kentucky History in downtown Frankfort. The 1792 Store has a wide selection of books, Kentucky crafts and other specialty items. You also may want to consider giving a gift membership to the Kentucky Historical Society (KHS). Members receive free publications, special prices on research services and members-only discounts on special events. From now through the end of December, KHS is offering \$5 off its regular membership price. Contact KHS Membership Coordinator Leslie Miller at 502-564-1792 or see [www.history.ky.gov](http://www.history.ky.gov) for details.

**Kentucky Unbridled Spirit Gift Card:** The Kentucky Unbridled Spirit Gift Card is good at all Kentucky State Parks, the Kentucky Artisan Center at Berea, the Kentucky Horse

Park and the Kentucky Historical Society museum and gift shop in Frankfort. Unbridled Spirit Gift Cards can be purchased at the Kentucky Artisan Center at Berea, the Kentucky Horse Park, the Kentucky Historical Society museum, and gift shop as well as at Kentucky State Parks. Cards also may be purchased by calling 1-800-255-PARK (select option 5) or online at <http://www.parks.ky.gov/gift-cards/>.

**Kentucky State Parks:** Kentucky State Parks are a great place to visit during the winter months with lodge room rates starting at \$49.95 a night. Special events such as holiday gatherings, light displays, New Year's Eve parties and wildlife viewing weekends are among the favorites. State parks have lodge rooms, cottages and even a few campgrounds open for those who enjoy winter camping.

Visit [www.parks.ky.gov](http://www.parks.ky.gov) for information and reservations.

All 18 Kentucky State Park golf courses will continue to be open during the winter, weather permitting. Daily winter rate greens fees range from \$11 to \$22 weekdays and \$11 to \$22 weekends (golf cart not included) through March 31, 2012.

Another great gift idea for golfers is the Kentucky State Park Golf Discount Card for \$20-\$25 that provides four discounted rounds of golf and a fifth round for free.

Annual golf passes are also available. For more information on gift cards, annual passes, daily rates

and golf packages visit <http://www.parks.ky.gov/golf/>.

**Kentucky Horse Park:** The Kentucky Horse Park Gift Shop's Open House is Dec. 23 from 9 a.m. to 5 p.m. Enjoy free parking, refreshments and samples, door prizes, storewide discounts, and discounts on park admission as well as park tickets and memberships for stocking stuffers. Discounts are available to customers who show their gift shop receipts. The gift shop carries a unique selection of equine gifts and Kentucky-made products from crafts to Kentucky Proud, and enough holiday decorations to decorate the North Pole.

The gift shop is also open during the Southern Lights display Nov. 18-Dec. 31 from 6 to 10 p.m.

Tickets for the new blockbuster exhibition, "The Horse," will also make great Christmas gifts. This exhibit at the Kentucky Horse Park in Lexington runs through April 6. Call 859-259-4200 for more information.

**Fish and Wildlife Resources:** If you want to give someone who loves the outdoors a gift that he or she will use, then log on to [fwky.gov](http://fwky.gov) — the website of the Kentucky Department of Fish and Wildlife Resources — and click on the "Purchase License Here" tab.

The resident Sportsman's License is the perfect gift for the outdoors enthusiast who does everything. This license includes the combination hunting and fishing license, a trout permit, spring and fall

turkey permits, statewide deer permit and the state waterfowl permit (which also covers dove and other migratory bird hunting). This saves the purchaser \$50 over buying each of these permits and licenses separately.

A unique stocking stuffer that will surprise the big game hunter in your family is an elk hunt lottery application. Each application costs \$10, and may be purchased as a gift. Elk hunt lottery applications go on sale Dec. 1. Applications are available online only at [www.fw.ky.gov](http://www.fw.ky.gov).

**Arts Council:** The Kentucky Arts Council has partnered with organizations across the state to promote Kentucky artists and support local businesses. Subscribers to Kentucky Monthly magazine will receive a special Holiday Gift Guide featuring items produced by artists who have been selected for Kentucky Arts Council programs. Work by these artists can also be reviewed from the agency's artist directories at <http://bit.ly/KACartistdirectories>.

The arts council is promoting "Small Business Saturday" on Nov. 26. A listing of shops recommended by Kentucky Crafted artists is available on the arts council's website at <http://arts.council.ky.gov>.

The arts council has also launched a Twitter campaign to promote gift ideas, holiday open house and open studio events, and retailers carrying merchandise made by Kentucky artists. Search #giveagiftfromky for daily

tweets through Dec. 22.

A Kentucky Center for the Performing Arts Gift Certificate: Give the gift of the arts. From Broadway to ballet, to the masterpieces of orchestra or the hottest pop stars performing today. The Kentucky Center brings it all to Kentucky. And a Kentucky Center Gift Certificate is the perfect way to thrill the arts lover on your list. Available in any amount and good for any performance! Call the Kentucky Center Box Office at 584-7777 or (800) 775-7777, or visit [www.kentuckycenter.org](http://www.kentuckycenter.org).

**Kentucky Artisan Center at Berea:** Holiday giving is especially enjoyable when you are able to find the perfect gift, and there is no better place to discover that than at the Kentucky Artisan Center at Berea. Shoppers will find an amazing array of distinctive handmade Kentucky treasures created by over 650 artisans.

The center has amazing ornaments, paintings, prints and photographs, sculpture, furniture and quilts; handcrafted glass; beautifully designed scarves, hats and shawls; as well as an array of lotions, candles and jewelry. For the cooks on your list, there are wonderful cookbooks, specialty Kentucky Proud foods for the holidays, and a wide array of pottery and wooden items for presenting your holiday feast. Great books for children and adults abound, along with great musical selections — all by Kentucky artisans.

The "Unbridled Spirit Gift Card" is also available.

If you're shopping for those "hard to buy for" people on your list, visit the Kentucky Artisan Center any time of year to "Give a Gift Made in Kentucky!"

The center's exhibits, shopping and travel information areas are open daily from 8 a.m. to 8 p.m. and the cafe is open from 9 a.m. to 5 p.m. Admission is free. For more information call 859-985-5448 or visit the Center's website at [www.kentuckyartisancenter.ky.gov](http://www.kentuckyartisancenter.ky.gov).

**Kentucky Heritage Council:** Main Streets across Kentucky feature some of the most unique shopping experiences to be found anywhere, from clothing boutiques to restaurants; gift shops, bookstores and inns — located in charming historic buildings that have been rehabilitated to serve new uses.

With more than 5,600 small businesses located in 71 participating Kentucky Main Street Program communities, downtowns offer the perfect destinations for holiday shopping, dining and visiting.

Once again this year, Kentucky Main Street communities are partners with the national Small Business Saturday observance Nov. 25, a day dedicated to supporting small businesses on one of the busiest shopping weekends of the year. The Kentucky Heritage Council encourages everyone to take the pledge and Shop Downtown This Holiday Season! For more, visit [www.heritage.ky.gov/mainstreet](http://www.heritage.ky.gov/mainstreet).

## KSP launches Thanksgiving holiday enforcement

**FRANKFORT** — Thanksgiving is the most dangerous holiday of the year for motorists, according to the National Highway Traffic Safety Administration. This includes the four-day holiday driving period it surrounds that date when heavy traffic, weather and long-distance road trips combine to create severe travel conditions.

Often, family celebrations include alcohol, which later evolves into impaired driving. Add that to heavy holiday traffic, and you have a recipe for disaster.

Last year, traffic crashes across Kentucky claimed the lives of nine people during the Thanksgiving travel period, including 1,305 traffic crashes with 405 injuries during that

time frame.

This holiday week is traditionally one of the most traveled weekends of the year," said KSP Commissioner Rodney Brewer.

"To ensure we all make it to our destinations safely, troopers will be on Kentucky roadways looking for unsafe driving practices including safety belt and impaired driving violations."

"It's the simple, common-sense things that can make a crucial difference, such as wearing a seat belt, reducing your speed and avoiding driving after consuming alcohol or drugs," notes Brewer.

The official 2011 Thanksgiving holiday enforcement period begins

at 6 p.m. on Wednesday, Nov. 23, and extends through 11:59 p.m. on Sunday, Nov. 27.

KSP will also participate in the national "Click It or Ticket" campaign, sponsored by the Kentucky Office of Highway Safety. This campaign coincides with the Thanksgiving holiday travel period, during which occupant protection is a major focus.

Citizens can contribute to highway safety during the holiday period by reporting erratic, impaired or speeding drivers to the KSP toll-free hotline at (800) 222-5555.

Callers will remain anonymous and should give a description of the vehicle, location, direction of travel and license number, if possible.

## Guidelines for closing achievement gaps published

**FRANKFORT** — The Commissioner's Raising Achievement/Closing Gaps Council (CRACGC) has released a new document that is designed to help parents and community members become engaged in their schools and districts and to focus on statutory and regulatory expectations related to achievement gaps.

Guidelines for Closing the Gaps for All Students is referenced in a new state regulation, 703 KAR 5:220, the regulation related to school and district accountability recognition and support. The guidelines are designed to be parent-friendly, so that parents know what is expected of schools and districts. It also provides guidelines that schools and districts receive a high-quality, consistent and equitable education.

Because closing achievement gaps and implementing best practices to do so have been deemed aspects of parental involvement, schools and districts may use

a portion of their Title I parent involvement funds to print copies of the documents for distribution to families.

The document and other information about CRACGC may be found at <http://www.education.ky.gov/KDE/Administrative+Resources/Commissioner+of+Education/Advisory+Groups/Commissioners-Raising+Achievement-Closing+Gaps+Council.htm>.

CRACGC is comprised of 28 individuals representing agencies, schools and communities and who have an interest in equity and diversity issues. CRACGC provides the commissioner of education a more direct opportunity for input from persons who have first-hand knowledge of issues faced by schools, districts and communities as they continue to raise the levels of student achievement and close the student achievement gaps that exist in Kentucky's schools. The group meets at least three times each year, usually in Frankfort.

## UPIKE School of Dance presents 'The Nutcracker'

**PIKEVILLE** — Celebrate the yuletide season with the magic of The Nutcracker ballet. See this holiday classic come to life as Herr Drosselmeier turns the nutcracker doll into a handsome prince who will whisk Clara away to a land of snowflakes and sweets ruled by the Sugar Plum Fairy.

The ballet is presented by the University of Pikeville School of Dance and includes more than 120 performers ages seven to adult, including community volunteers.

The University's first Nutcracker performance

debuted in 1978. A highlight of the production was a six-foot Christmas tree that grew to 14-feet and magically collapsed upward before disappearing.

Peggy Davis, artistic director and founder of the dance program, made an appeal for someone to design a new tree during an interview on PikeTV.

"Out of the blue we heard from someone who had been involved in making the original tree," said Davis. "Kar Chaney of Harold called and offered to make a new one. This is very exciting and we really appreciate her efforts."

Nutcracker performances will be held Friday, Dec. 2, at 7:30 p.m. and Sunday, Dec. 4, at 2:30 p.m.


Dancers ages 3-12 will be staging a "mini" Nutcracker on Sunday, Dec. 11, at 3:30 p.m. All performances will be held in University of Pikeville's Booth Auditorium, Record Memorial Building, level five. Admission is \$5. Tickets will be available at the door.

The University of Pikeville School of Dance is under the direction of Conda Little and Davis. For more information, call (606) 218-5751.

*Happy Thanksgiving*

**Anthony Paul Osborne**

Feb. 19, 1987 - Nov. 10, 2006



**Anthony,**  
You have and always will be our greatest blessing.

We love and miss you more every day.

We love you always,  
Mom, Dad, and all the family

Visit us at:  
[www.floydcountytimes.com](http://www.floydcountytimes.com)



# Launch of philanthropy initiative draws leaders from 35 counties

**SOMERSET** — Representatives from current and potential participating counties in a new philanthropy initiative met this week at The Center for Rural Development in Somerset to discuss how Appalachian counties can start and utilize community foundations as a means to stop the outmigration of the region's wealth.

Nearly 130 community leaders from 35 counties in Southern and Eastern Kentucky attended a one-day informational workshop on Nov. 14 to learn more about the newly launched Appalachian Rural Development Philanthropy Initiative (ARDPI).

The initiative supports the development of permanent, accessible community foundations in Eastern Kentucky that will work to secure local assets to provide long-term resources for use in their communities.

The workshop session, led by Janet Topolsky and John Molinaro, co-directors of The Aspen Community Strategies Group in Washington, D.C., came one week after U.S. Congressman Harold "Hal" Rogers (KY-05), Kentucky Gov. Steve Beshear, and other state and federal leaders announced \$1 million in ARC (Appalachian Regional Commission) grant funding had been awarded to four organizations—including The Center—to assist in the development of ARDPI over the next two years.

"This work will not only help grow the economy of our region but will empower local community leaders to foster a culture of philanthropy that will benefit future generations," Lonnie



Lonnie Lawson, president and CEO of The Center for Rural Development, welcomes nearly 130 community leaders from 35 Southern and Eastern Kentucky communities to a one-day informational workshop on the newly launched Appalachian Rural Development Philanthropy Initiative (ARDPI). The Center is one of four organizations in Kentucky presented Appalachian Regional Commission (ARC) funding support to help with the development of the rural philanthropy initiative over the next two years. The workshop session was held Nov. 14 at The Center in Somerset.

Lawson, president and CEO of The Center, said. "The Center is committed to improving the quality of life for all residents within our 42-county primary service area in Southern and Eastern Kentucky, and ARDPI is a perfect fit with that mission."

The 11 counties that will participate initially in ARDPI include Bell, Clay, Elliott, Knott, Knox, Lawrence, Letcher, Lewis, Magoffin, Martin, and Whitley.

Counties participating in the initiative must fit the ARC's classification as a "distressed" county. Many community leaders in attendance at Monday's meeting said they hope their participation in ARDPI will help reverse that status after wealth is reinvested in local programs and initiatives that could improve the quality of life in those areas.

"One of the ways this initiative will help

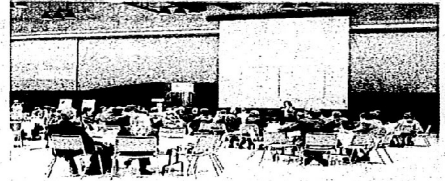
Bell County is with the revitalization of our downtown areas through the possible restoration of historic office buildings and store fronts in hopes of filling those vacant buildings with tenants, shops, and offices," said Bell County Chamber of Commerce Executive Director Rob Lincks. "We have partnered with ARC and The Center on multiple occasions through mini-ARC grants and other initiatives."

ARDPI program work will include regional planning, training for communities, development of an on-the-ground consultant program, and the use of mini-grants to assist communities in planning for securing and leveraging local resources.

County, a board member of the Manchester Memorial Hospital Foundation. "This workshop brings together the ideas for fresh leadership in philanthropy and giving."

"Change is going to occur from the bottom up, not the top down," added Janice Lee Odum of the Kentucky Entrepreneur Alliance. "For distressed counties like Powell County, community foundations represent the hope of change that we need. ARDPI is crucial to us."

In addition to The Center, other Eastern Kentucky organizations presented ARC funding support to assist with the development of ARDPI include the Brushy Fork Institute, Berea, Foundation for the Tri-State Community, Ashland, and the Community Foundation of Hazard and Perry County, Hazard. Other partner organizations include the Kentucky Philanthropy



Nearly 130 community leaders from 35 counties in Southern and Eastern Kentucky met at The Center for Rural Development in Somerset on Nov. 14 to learn more about the newly launched Appalachian Rural Development Philanthropy Initiative (ARDPI). The one-day informational workshop session was presented by Janet Topolsky and John Molinaro, co-directors of The Aspen Community Strategies Group in Washington, D.C.



Hilda Legg of Somerset asks a question at an informational workshop session for the newly launched Appalachian Rural Development Philanthropy Initiative (ARDPI). The meeting was held Nov. 14 at The Center for Rural Development in Somerset to provide more information about the rural philanthropy initiative. The Appalachian Regional Commission (ARC) has awarded \$1 million in funding support to four Kentucky organizations—including The Center—to assist in the development of ARDPI over the next two years.

Initiative and the Blue Grass Community Foundation.

For more information about ARDPI, contact Les Fugate, The Center's executive vice president, at 606-677-6000, or visit [www.centertech.com](http://www.centertech.com).

Established in 1996 through the vision of U.S. Congressman Harold "Hal" Rogers (KY-05), and "The Center for Rural Development is a nonprofit organization fueled by a mission to provide leadership that

stimulates innovative and sustainable economic development solutions and a better way of life in Southern and Eastern Kentucky. In its 42-county primary service region, The Center provides innovative programs in leadership, public safety, technology, and arts and culture.

The Center is committed to constantly expanding its capabilities in order to deliver a range of key services throughout Kentucky and the nation



## Kentuckians finding it harder to afford college

Renee Shaw

**FRANKFORT** — Affording a college education in Kentucky has gotten tougher in the past decade, a new report says, with inadequate need-based financial aid, rising tuition and mounting student debt.

The report was compiled by the Kentucky Center for Economic Policy in Berea. The center's director, Jason Bailey, says a decade of scaled-back state support for higher education has families bearing the brunt of rising costs with tuition hikes. What's more, he adds, financial aid programs have not picked up the slack making a college diploma out of reach for many Kentuckians.

"With wages stagnating across Kentucky, with federal Pell Grants being cut back, higher education is much harder for people

to be able to afford, and the result is rising student debt."

About one-fourth of the state's population — more than 1 million Kentuckians — don't have a college degree, Bailey says. Further, numbers crunching, he says, paints an even dimmer picture of college completion rates.

"Less than half of those that enroll in four-year universities graduate in six years. Less than a third of those that enroll in community colleges graduate in three years. Some of these gaps are growing between, for example, white students and minority students."

Low-income adult students face an even greater challenge, the center says, contending that the state has placed greater priority on merit-based aid that benefits those with higher incomes.

Two-thirds of students who qualify for state-level, need-based financial aid are left in the lurch because of the state's dry coffers, according to the policy brief.

Bailey believes state tax reform is part of the answer.

"We need to be able to adequately support the institutions. We need to put more into need-based financial aid. And, given the budget situation, it's really going to require the General Assembly to address the issues with the tax system."

Even though enrollment at public universities and community colleges grew by 35 percent in the past 10 years, Bailey says, so did the amount of student loan debt — by 238 percent. That debt load, he adds, strains entrepreneurship, home ownership and savings.

### Operation Homefront, Dollar Tree partner on toy drive for military children

Operation Homefront and Dollar Tree have joined forces again this holiday season to gather holiday gifts for military children. The toys will be donated by customers of the more than 4,000 Dollar Tree and Deal's stores nationwide.

The local effort is part of a nationwide campaign by Operation Homefront and Dollar Tree, now in its fifth holiday season. Last year, Dollar Tree patrons donated over 6 million toys nationwide, and this year hopes to beat that record. The toy drive comes at a time when Operation Homefront, a national non-profit which provides emergency financial and other services

to military families and wounded warriors, met 5 percent more needs for families and saw requests for food assistance more than double in the last two years.

"For the last five years, Dollar Tree and its customers have helped boost the morale of our community's service members," said Jim Knott, President and CEO of Operation Homefront. "Military families are not only dealing with the effects of the war, but also the current economic difficulties. These issues put a lot of weight on military families who are trying to rebuild their lives. These toys, donated

by Dollar Tree customers nationwide, will allow them to provide a happy holiday for their children."

"Dollar Tree is a proud, national sponsor of Operation Homefront," said Chelle Davis, Dollar Tree spokesperson. "We are honored to participate in this program and thank our customers for their generosity and support."

Dollar Tree store locations can be found at [DollarTree.com](http://DollarTree.com), or contributions can be made online at [OperationHomefront.net](http://OperationHomefront.net). Area stores will collect items from Nov. 1 to Dec. 6, and local military support groups will distribute the toys to military families and their children.

**ANNOUNCING**

Highlands Regional is now accepting all three Medicaid managed care plans.

- CoventryCares
- Kentucky Spirit
- WellCare

**HIGHLANDS REGIONAL**  
The Medical Center of Eastern Kentucky

5000 KY Route 221 • P.O. Box 221 • Hazard, KY  
866.8511 • [www.hrhc.org](http://www.hrhc.org)







# CENTRAL DISCOUNT

12054 MAIN STREET, MARTIN, KY • 606-285-3368

Sale Runs Through  
Tuesday, November 29  
Cash & Carry

## CONSTRUCTION LUMBER

	8'	10'	12'	14'	16'
<b>2x4</b>	<b>\$2.09</b>	<b>\$2.69</b>	<b>\$3.29</b>		<b>\$4.39</b>
<b>2x6</b>	<b>\$3.28</b>	<b>\$3.98</b>	<b>\$5.39</b>	<b>\$5.78</b>	<b>\$6.48</b>

**Premium Construction Studs.....\$2.09**  
**1x12#3.....\$0.89 Per Foot**

## PRESSURE TREATED LUMBER

	8'	10'	12'	16'
<b>2x4</b>	<b>\$2.39</b>	<b>\$3.19</b>	<b>\$3.99</b>	
<b>2x6</b>	<b>\$3.38</b>	<b>\$4.88</b>	<b>\$5.78</b>	<b>\$7.78</b>
<b>2x8</b>	<b>\$4.98</b>	<b>\$6.38</b>	<b>\$7.28</b>	<b>\$9.88</b>
<b>5/4x6</b>	<b>\$3.26</b>	<b>\$4.16</b>	<b>\$4.96</b>	
<b>4x4</b>	<b>\$6.25</b>	<b>\$8.25</b>	<b>\$9.25</b>	

## VALUABLE FLOORING

<b>Chloe Creek Oak.....</b>	<b>\$ .76 Sq. Ft.</b>
<b>Appalachian Cherry.....</b>	<b>\$ .86 Sq. Ft.</b>
<b>Bristol Gunstock.....</b>	<b>\$ .96 Sq. Ft.</b>
<b>Tennessee Red Oak w/Pad attached.....</b>	<b>\$ 1.16 Sq. Ft.</b>

## PLUMBING

<b>1 1/2" PVC Pipe ..... 10' Joint .....</b>	<b>\$ 3.37</b>
<b>2" PVC Pipe ..... 10' Joint .....</b>	<b>\$ 4.97</b>
<b>3" PVC Pipe ..... 10' Joint .....</b>	<b>\$ 8.87</b>
<b>4" PVC Pipe ..... 10' Joint .....</b>	<b>\$ 12.37</b>

## WINTER CLOTHING

Wool Blend Coat	\$35.00
Wool Blend Bibs	\$25.00
Wool Blend Overalls	\$45.00
Wool Blend Overalls	\$35.00
Wool Blend Overalls	\$25.00

## VINYL WINDOWS

400 Vinyl Double-Hung Window	\$35.00
400 Vinyl Double-Hung Window	\$35.00
400 Vinyl Double-Hung Window	\$35.00
200 Vinyl Double-Hung Window	\$105.00
200 Vinyl Double-Hung Window	\$115.00
6 Panel Vinyl Double-Hung Window	\$115.00
6 Panel Vinyl Double-Hung Window	\$135.00

## SEPTIC TANKS

500 Gallon	\$290.00
750 Gallon	\$350.00
1000 Gallon	\$425.00
1500 Gallon	\$515.00

## WATER HEATERS

30 Gallon Electric	\$259.00
40 Gallon Electric	\$249.00
50 Gallon Electric	\$259.00
40 Gallon Gas	\$339.00
40 Gallon Propane Water Heater	\$329.00
1500 Watt Utility Heater	\$139.98
Durham #R2200 Kero Heater	\$37.00
Stony Hill Stove	\$299.00

**5550 Watt Cummins Generator \$649.00**

6 Fiberglass Step Ladder 225lb.	\$45.00
8 Fiberglass Step Ladder 225lb.	\$75.00
20 Extension Ladder 200lb.	\$85.00

John Deere #9300 Mining Boots	\$159.00
John Deere #9310 Mining Boots	\$159.00
Hi-Tec Boots	\$33.00
All Road/Wolfe Boots	\$33.00
Magnum Boots	\$33.00
Caterpillar Boots	\$33.00

## Appliances

Danby 7.5 Cu. Ft. Microwave	\$55.00
Danby 16" Cu. Ft. Refrigerator	\$75.00
Black & Decker 3.5 Gallon Can	\$35.00

Powermate 12V Volt Rechargeable	\$39.00
Black & Decker 3.5 Gallon Can	\$39.98
Black & Decker Drill	\$39.98
Black & Decker Drill	\$39.98
Black & Decker Drill	\$39.98
Black & Decker Drill	\$39.98

## POWER NAILERS

Griffin Framing Nailer #GRF485	\$189.98
Griffin Framing Nailer #GRF483	\$219.98

## POWER GUN NAILS

#32 Per Carton - 2000ct	\$24.98
#16 Per Carton - 2000ct	\$29.98

## Compressors

Griffin Compressor #GRF24M	\$159.98
Griffin Compressor #GRF30LR	\$239.98

125' Wire with Ground 250' Roll	\$79.00
200 Amp 220 Volt Generator	\$250.00
200 Amp 220 Volt Generator	\$250.00
Heritage 22" Gun Safe	\$239.00
Heritage 24" Gun Safe	\$329.00
Heritage 26" Gun Safe	\$379.00
Heritage 28" Gun Safe	\$429.00
Heritage 30" Gun Safe	\$479.00

**SEASON CLOSEOUT!**  
**150 QUART COOLIT COOLER = \$59.00**

## Roofing

5 Gallon Alumina Roof Coating	\$35.00
60' Roll Roofing Glass	\$25.00
60' Roll Roofing Glass	\$25.00
60' Roll Roofing Glass	\$25.00
15' Fiberglass	\$15.00
30' Fiberglass	\$15.00
12' Fiberglass	\$10.99
12' Fiberglass	\$10.99
Blackface Underlayment	\$3.98

## Vanity With Top

18" Vanity, White or Oak	\$75.00
24" Vanity, White or Oak	\$95.00
30" Vanity, White or Oak	\$125.00
36" Vanity, White or Oak	\$175.00
48" Vanity, White or Oak	\$225.00

**40% OFF KNIVES!**

**CASE KX • BENCHMADE**  
 Smith & Wesson  
 Ruger, John Deere, Bud-K  
 Schrade



**Sweatshirts - \$7.50**  
**Tee-Shirts - \$6.50**  
**Hats - \$4.00**

# Sports



www.floydcountytimes.com

Your #1 source for local and regional sports

email: fctsports@floydcountytimes.com

## Pikeville's comeback bid falls short, Georgetown prevails

Times Staff Report

**PIKEVILLE** — A contested shot to tie at the horn fell short as No. 8 Georgetown College knocked off No. 1 Pikeville 86-84 Saturday afternoon at the East Kentucky Expo Center.

The off-balance shot ended a furious comeback that brought the Bears back from an 18-point deficit with 12 minutes to play.

With the win, Georgetown improves to 7-0 on the season and 1-0 in

the Mid-South Conference. Pikeville's 11-game win streak, dating back to the opener of the 2011 NAIA national tournament, came to an end.

Georgetown got 38 points off its bench to lift it to the win.

Pikeville (6-1, 0-1), had four players reach double digits in the game, but got only 15 points from the other nine who played in the game.

The game was tied twice early, including at 12 after senior Tyrone Shelley

nailed a three from the right wing with 44:22 left in the first half. The shot began 12 unanswered points by the Tigers, an explosion that lasted a mere 71 seconds. From there, the Tigers never lost the lead.

The Tigers shot 62.1 percent in the first half and took a 52-41 lead to intermission.

Georgetown's lead grew to 69-50 after a three from the corner by junior Allan Thomas with 12:42 to play.

But Pikeville's comeback began with a three-point

play on a drive to the basket by senior Jamar Board with 12:17 left. He had eight of the next 10 points and when junior Trevor Setty banged home a three with 9:23 left, the Bears had drawn within 10 at 73-63.

Georgetown, however, was undaunted, and when senior Anthony Carter turned a steal into a dunk with 5:57 to play the lead was back to 79-63.

Board continued to dominate, flipping in a four-point play and a scooping layup to start a 10-0 run.

After a reverse layup by senior Aaron Morris, the Bears went on a 9-2 run, and when Andrew Young tipped in a bucket with 1:25 left, the Bears were within one at 83-82.

Georgetown led 85-82 when Young rebounded a miss and the Bears called timeout with 14.3 seconds left. Out of the time, Georgetown fouled Setty, who made both free throws with 6.8 seconds left.

Pikeville had no recourse but to foul, and junior Russ Middleton hit the second

free throw to make it 86-84 with 4.8 seconds left.

Senior Chris McHenry's off-balance 15 footer fell short as time expired.

Board led all scorers with 25 points, scoring 21 in the last 12:17. McHenry finished with 17 while Setty scored 15 to go with five steals and Young's double-double consisted of 12 points and 10 rebounds.

Shelley and senior Maurice Pearson scored 16 points each. Junior Garek Craig had 12 while Thomas came off the bench with 11.

## Bears drop MSC opener to Georgetown

Times Staff Report

**PIKEVILLE** — Five players reached double figures and Georgetown College had more steals than turnovers as it opened Mid-South Conference play with an 86-66 win over the University of Pikeville on Saturday afternoon.

The win raised Georgetown's record to 6-1 overall. UPIKE fell to 1-3 overall after absorbing the loss.

Pikeville opened the game with a three-point lead and led 5-2 after sophomore Brogan Conley hit a jumper with 18:42 left in the first half.

But Georgetown quickly took over, getting the Bears in foul trouble in the post. The Tigers led 41-29 at the half.

UPIKE pulled within 11 three times in the second half but got no closer.

Freshman Nicole Lyons led the Bears with 12 points, hitting 5-of-9 from the field. Freshman Whitney Belle Jackson fired in 11 while Conley finished with 10 points and led the team with seven rebounds.

Georgetown was paced by freshman Angie Lawrence, who came off the bench to toss in 16. Freshman Dev King followed with 15 and added seven rebounds. Junior Devin Golden tossed in 13 while adding seven rebounds.

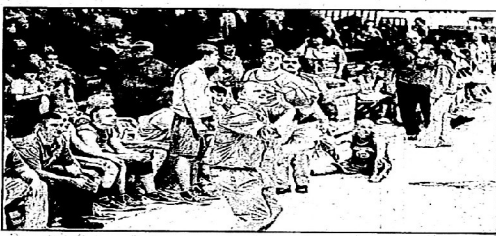
Sophomore Andrea Howard recorded a double-double, scoring 11 and pulling down 11 rebounds, six of which came off the offensive glass. Senior Gina Beining recorded 10 points.

## ACHS BOYS' BASKETBALL



## REBELS READY TO RUN

The Allen Central High School boys' basketball team will host its annual preseason panorama tonight at the J.E. Campbell Arena in Eastern. Brad Short (pictured shooting) is entering his first season as ACHS head coach. ACHS held its Meet the Rebels event earlier in the month. The Allen Central boys' basketball program held an inter-squad scrimmage as part of the event.



### 2011-2012 ALLEN CENTRAL HIGH SCHOOL

Boys' Basketball Panorama  
Wednesday, Nov. 23  
at J.E. Campbell Arena  
5 p.m. - Allen Central  
Middle vs. Emmalena  
6 p.m. - Prestonsburg vs. Phelps  
7:15 p.m. - Allen Central vs. Paintsville  
8:30 p.m. - South Floyd vs. Knott County Central.

## South Floyd headed back to Raceland holiday tourney

STEVE LeMASTER  
SPORTS EDITOR

**RACELAND** — The South Floyd Raiders will be back in a familiar pre-Christmas tournament. Pairings for the seventh annual Raceland Derby Classic have been finalized and released. South Floyd is back in the Raceland-hosted tournament. The Raiders are in the field along with tournament Raceland, Fairview, Johnson Central, Elliott County, Russell, Bracken County and Sheldon Clark.

The Raceland holiday tournament will be held at Raceland-Worthington High School beginning Saturday, Dec. 17. The tournament will conclude Thursday, Dec. 22.

Pool A consists of Elliott County, Raceland, Sheldon Clark and South Floyd. Pool B is comprised of Bracken County, Fairview, Johnson Central and Russell.

The schedule, from Saturday-Wednesday, follows.

Saturday, Dec. 17: Fairview-Johnson Central, 6 p.m.; Raceland-Elliott County, 7:45 p.m.

Monday, Dec. 19: Russell-Bracken County, 6:30 p.m.; South Floyd-Sheldon Clark, 8:15 p.m.

Tuesday, Dec. 20: Raceland-South Floyd, 3 p.m.; Fairview-Russell, 4:45 p.m.; Bracken County-Johnson Central, 6:30 p.m.; Sheldon Clark-Elliott County, 8:15 p.m.

Wednesday, Dec. 21: Elliott County-South Floyd, 3 p.m.; Johnson Central-Fairview, 4:45 p.m.; Johnson Central-Russell, 6:30 p.m.; Sheldon Clark-Raceland, 8:15 p.m.

The championship game is set for Thursday, Dec. 22 at 7:15 p.m. The top two teams from each pool will meet in the title tilt. Thursday's action will tip off with a game at 2 p.m.

South Floyd exited the 2010-11 season. 15-11. Senior guard/forward Brandon Marson is the top returnee for the Barry Hall-coached South Floyd boys' basketball team.

South Floyd will open the 2011-12 season on Monday at the Piarist School.

## P'burg native Gilliam wraps up 15th season on MSU staff

STEVE LeMASTER  
SPORTS EDITOR

**MOREHEAD** — Prestonsburg High School graduate John Gilliam wrapped up his 15th season on the Morehead State University football coaching staff over the weekend.

The Prestonsburg native served as MSU's defensive coordinator, working particularly with the Eagle linebackers while making the defensive calls during the 2011 season. He is also the team's associate head coach.

Gilliam was a four-year Morehead State University letterman (1983-86) during current MSU Head Coach Matt Ballard's tenure as an assistant coach on the Eagle staff. After serving as a student assistant coach for the Eagles in 1987, Gilliam joined Ballard at Union College. He spent six



John Gilliam

## Wesley Christian rolls past Somerset Christian in home opener

Times Staff Report

**ALLEN** — After traveling 1,400 miles over the last two weeks, the Wesley Christian High School boys' basketball team couldn't wait to get the chance to play in front of a home crowd.

The Riders welcomed Somerset Christian to the JW Kinzer gymnasium on Saturday. Wesley Christian came out running and never looked back during the KCAA Region 4 matchup, cruising to a 81-52 victory.

"We were really looking forward to playing in our home gym," Wesley Christian Coach Jack Jarrell

said after the victory.

"We were at Oak Hill Academy last weekend and the boys loved the experience but to get to play in front of your own fans for the first time this season really got the boys going."

The Riders scored in a hurry during the opening quarter.

Wesley Christian jumped out to a comfortable 28-11 advantage. Freshman Matt Kidd led the first quarter attack, scoring 12 of his 20 points during the opening period.

"That's the best quarter we've had this season," Jarrell confided.

Wesley Christian packed a convincing 43-26 lead into halftime.

The Riders were led by 6-5 forward Chance Little, who tossed in 21 points and grabbed 17 rebounds, both game-high totals.

Matthew Ison netted 15 points for the Riders and 6-6 junior forward Stephen Goble had his third double double of the young season with 13 points and .11 rebounds.

The Riders will be in action again this Saturday as they travel to Independence to face the number two ranked team in the KCAA statewide rankings Community

Christian. Wesley currently is currently ranked third in the KCAA statewide standings. The Riders will face Augusta High School at Rupp Arena on Sunday in the Bleid Sports' Kentucky Preseason Showcase.

Wesley Christian 81, Somerset Christian 52

Wesley Christian (81): Chance Little 21, Matt Kidd 20, Matthew Ison 15, Stephen Goble 13, Tyler Mosley 5, Ian Hall 3, Devin Kendrick 2, Corey Dillon 2

Somerset Christian (52): Hunter Reed 19, Michael Harrell 11, Jacob Ricks 8, Colby Adkins 6, Zack Nicely 6, Cameron White 2

KENTUCKY AFIELD OUTDOORS

# Waterfowl seasons look promising

Times Staff Report

**FRANKFORT** — Excellent breeding conditions this past year in the northern Prairie region and Canada should mean productive hunting for the opening of duck season Thanksgiving Day.

"Every population of every species but widgeon are holding their own or up big time," said John Brunjes, migratory bird biologist for the Kentucky Department of Fish and Wildlife Resources.

"There are lots of birds out there and it should be a better than normal season, but it is all weather dependent. The combination of what Mother Nature has in store for us will determine the success of the duck season."

Duck populations are at their highest levels since the population surveys began in the mid-1950s. Biologists report 16,000 ducks at Ballard Wildlife Management Area, near the confluence of the Ohio and Mississippi Rivers in Ballard County right now. Mallards, make up about 75 percent of those ducks.

"Duck numbers in Louisiana are up 20

percent from last year," Brunjes said. "There are birds here and birds already south of us."

Brunjes recommends hunters scout potential areas for duck use before setting up to hunt. "We had unusual weather this past spring," he said. "The wet spring provided lots of food. There is a great deal of natural vegetation in places that don't normally have it, so you'll need to scout places where you normally don't look."

He used the example of our large reservoirs. Usually, they rise in spring and stabilize into their summer pool by June. Vegetation sprouts along the bank during summer and provides food for ducks. "Quite a few of the reservoirs were way above summer pool for big chunks of the summer," he said.

"These lakes would normally have vegetation on the banks for ducks to use, but don't this year."

Croplands, especially from west-central Kentucky to the Mississippi River, are sparsely as well from this past spring's flooding. "They can be good or they can be incredibly bad,"

Brunjes explained. "There was water on some of those fields into June and July."

Farm ponds could be the saving grace for duck hunters this fall. "Ponds have strong potential to be extremely good this season," Brunjes said. "Look for the ponds ducks are using right now and try to get permission to hunt there."

Goose season should be productive as well. Population surveys conducted last spring showed the highest number of nesting geese in Kentucky ever recorded. The numbers of migrant geese that travel through Kentucky remain about the same.

Canada geese are big, loud birds, so pay attention over the next week to areas where they congregate. "There are two main things with goose hunting: getting permission and hiding where they are feeding," Brunjes explained.

He recommended hunters abandon unproductive places in favor of those holding birds.

"They are creatures of habit," he said. "You can't convince a goose to

go somewhere they don't want to go. If you set up in a field next to a place with a lot of geese, they are much less likely to come to your new stuff. Go to where the geese are."

Many landowners with numbers of geese using their property will grant permission to hunt them because they can become a nuisance. "Don't be afraid to ask permission," Brunjes said. "You'll be surprised how many will let you hunt."

Duck season opens in all zones Nov. 24 and closes Nov. 27. Duck season opens again Dec. 5 and closes for good on Jan. 29, 2012.

Goose season opens Nov. 23 in all zones but the Northeastern Goose Zone where the season opens Jan. 1, 2012. Goose season closes Jan. 31, 2012 in all zones.

For more information on the upcoming waterfowl seasons, get a copy of the 2011-2012 Kentucky Hunting Guide for Waterfowl, available free wherever licenses are sold. You may request a copy by calling 1-800-858-1549 or print a copy from the Kentucky Fish and Wildlife homepage on the internet at [fw.kv.gov](http://fw.kv.gov).

# Morehead State claims Senior Day win over Butler

Times Staff Report

**MOREHEAD** — Senior fullback Desmond Cox ran for a career-high 218 yards and junior quarterback Zach Lewis passed for 387 yards to help Morehead State University register a 55-35 victory over Pioneer Football League foe Butler University on Saturday afternoon at Jayne Stadium.

Cox broke loose for a school-record 92-yard touchdown run less than three minutes into the contest. He then capped MSU's scoring with a four-yard burst to the end zone in the fourth quarter.

Cox also managed five receptions for 58 yards en route to 276 total yards for the afternoon. Lewis completed 31-of-46 attempts and added three touchdown passes in the Senior Day win.

The Eagles finished the season 3-8 overall and 2-6 in the PFL while the Bulldogs wrap up the campaign with records of 5-6 and 3-5. MSU also improved to 12-3 all-time against BU, including an 8-1 edge at home.

Junior wide receiver Donte Sawyer set Morehead State records for single-season (12) and career (16) touchdown catches in the win. His first touchdown reception came from 36 yards away in the first quarter, while his second TD grab came from 61 yards out in the third period.

The Eagles tallied 669 total yards — their most against a Division I opponent this year — with 387 coming through the air and 282 via the rushing attack. MSU also converted

9-of-17 third downs.

Lewis completed passes to 11 different Eagles. He also ran four times for 20 yards and one TD.

Morehead State's signal caller finishes the year with single-season school records in completions (324), attempts (513) and passing yards (3,585). His 28 TD passes end up just one shy of the all-time MSU standard.

Sawyer finished with 134 yards on seven catches, while junior halfback Blake Stanley collected five catches for 68 yards. Senior linebacker Keaton May led the Eagles on defense with a career-best 14 tackles, while senior defensive end Jerome Raymond tallied 10 stops.

Junior defensive back Kameron Scott contributed two interceptions — his first two of the season.

Butler senior quarterback Andrew Huck completed 20-of-28 passes for 294 yards and three touchdowns. Senior wide receiver Zach Watkins added game highs of 14 catches and 180 receiving yards for the Bulldogs.

Butler was led on defense by junior linebacker Jordan Kitley, who came up with eight solo stops and seven assisted tackles.

The Eagles opened up a 21-7 lead with a minute left in the first quarter and never looked back. MSU maintained a double-figure advantage throughout the second half.

Junior kicker Rainer Duzan drilled a career-long 49-yard field goal as time expired in the first half. He finished the campaign 12-of-17 on FG attempts and 49-of-51 on PAT tries for a team-best 85 points.

## Little League announces more options for teenage divisions

Times Staff Report

**WILLIAMSPORT**, Pa. — Little League International has announced a change to the regulations for 2012 that will allow more options in the teenage divisions of baseball.

Effective Jan. 1, 2012: The Senior League Baseball Division (previously limited to players league age 14-16) may now include players league age 13-16.

The Big League Baseball Division (previously limited to players league age 16-18) may now include players league age 15-18.

For Tournament Play, the age divisions will be: Junior League 13-14; Senior League 13-16; and Big League 15-18.

The Junior League Baseball Division remains for players league age 13-14 during the regular season. (Note: As before, 12-year olds also are eligible for

Junior League Baseball regular season play, under certain criteria.)

This gives local leagues wide latitude in tailoring their regular season teenage baseball divisions based on the available talent pool and age breakdown.

"All of the changes in the rules and regulations for 2012 will be announced in the next few days," Patrick W. Wilson, Senior Vice President of Operations and Program

Development, said. "We wanted to get this change out to our leagues and districts sooner, however, for planning purposes."

The change also will affect pitch-count limits in Tournament Play, so the days of rest guide will apply to 13-18 year olds participating in the Senior and Big League divisions. Pitch count limits for the regular season remain the same as in 2011, based on the age of the pitcher.

**Want to lower your electric bill this fall?**

*If your central A/C or heat pump system is not working as efficiently as it should, it might be time to tune it up or replace it!*

Kentucky Power is offering our residential customers \$50 for use toward an A/C or heat pump tune-up. Eligible small commercial customers can get a \$75 incentive for an A/C or heat pump tune-up. Customers can also receive an incentive of \$250 - \$450 for upgrading to a new, qualifying energy efficient unit.

**AEP KENTUCKY POWER**  
A unit of American Electric Power

**gridSMART**  
From Kentucky Power

For more information contact a participating HVAC dealer in your area or Kentucky Power at 800-572-1113. Information about this and other money-saving programs also available at [KentuckyPower.com/save](http://KentuckyPower.com/save)

**BURIED in CREDIT CARD DEBT?**

Over \$10,000 in credit card bills?  
Can't make the minimum payments?

- ✓ WE CAN GET YOU OUT OF DEBT QUICKLY
- ✓ WE CAN SAVE YOU THOUSANDS OF DOLLARS
- ✓ WE CAN HELP YOU AVOID BANKRUPTCY

Not a high-priced consolidation loan or one of those consumer credit counseling programs

**CREDIT CARD RELIEF**  
for your FREE consultation CALL  
**888-838-6679**

Not available in all states

**FOR SALE OR LEASE**  
**J & J Liquors**  
Betty Layne • 606-886-4397

**Thank you for reading**

**The Floyd County Times**

**A TERRIBLE THING HAPPENS WHEN YOU DON'T ADVERTISE. NO ONE NOTICES YOU**

**The Times** FLOYD COUNTY

**606-886-8506**  
[www.floydcountytimes.com](http://www.floydcountytimes.com)  
..... for the best ADVERTISING RESULTS





KHSAA Board of Control distributes draft of new soccer alignment

LEXINGTON — Soccer postseason could undergo a significant change starting next year, as new district and regional soccer alignments for each of the state's 16 regions were drafted by the KHSAA Board of Control at its regular November meeting. The soccer alignment is the latest as the KHSAA Board of Control continues to revise team sports alignments using the current adopted basketball alignment as a model.

The proposed plan, submitted to member schools for feedback, would begin in the 2012-13 school year and revamp the composition of the 16 regions. The reasoning for this is to allow for future growth in districts where soccer is in its infancy, or schools that plan to start soccer programs. While some districts may appear to have stark differences in the number of teams, the difference is not as great because some schools currently field only a boys' squad or a girls' squad.

"Obviously there are different numbers" of teams in each region and in many cases, differing numbers of districts within regions. This is necessary as soccer continues to be a developing sport in terms of school participation. Commissioner Julian Tackett explained in a letter to the state school administrators. "However, it was felt that the current alignment (in place for the 2011 season) was a potential deterrent to teams adding soccer as travel was greatly increased as the travel went across traditional region lines."

According to the current draft, the new soccer alignment would be projected for 2012-13. The final decision will be made at the KHSAA Board of Control meeting on Jan. 25, 2012.

- REGION 1
District 1 - Ballard Memorial, Graves County, Mayfield, St. Mary, Paducah Tipton
District 2 - Calloway County, Community Christian (Paducah), Marshall County, Murray, McCracken County (2013)
REGION 2

- District 5 - Crittenden County, Lyon County, Trigg County
District 6 - Henderson County, Union County, Webster County
District 7 - Caldwell County, Dawson Springs, Hopkins County Central, Madisonville-North Hopkins
District 8 - Christian County, Fort Campbell, Hopkinsville, University Heights
REGION 3

- District 9 - Apollo, Daviess County, Owensboro, Owensboro Catholic
District 10 - McLean County, Muhlenberg County, Ohio County, District 11 - Breckinridge County, Meade County, Butler County, Grayson County
REGION 4

- District 12 - Central Hardin, Ellettsburg, Fort Knox, John Hardin, North Hardin
District 13 - Hart County, LaRue County, Marion County, Taylor County
District 14 - Bardonia, Bethlehem, Nelson County, Thomas Nelson (2012), Washington County
REGION 6

- District 21 - Fairdale, Holy Cross (Louisville), Pleasure Ridge Park, Valley
District 22 - Butler, DeSales, Doss, Iroquois, Western
District 23 - Bullitt Central, Evangel Christian, Moore, North Bullitt, Southern
District 24 - Bullitt East, Fern Creek, Jeffersonville, Mercy (Girls), Whitfield Academy
REGION 7

- District 25 - Central, DuPont Manual, Presentation (Girls), St. Francis
District 26 - Assumption (Girls), Brown, Louisville Collegiate, Male, St. Xavier (Boys)
District 27 - Alton, Sacred Heart (Girls), Seneca, Trinity (Louisville) (Boys), Waggoner
District 28 - Ballard, Christian Academy, Louisville, Eastern, Kentucky County Day
REGION 8

- District 32 - Grant County, Simon Kenton, Walton-Verona
REGION 9
District 33 - Boone County, Conner, Cooper, Ryle
District 34 - Dixie Heights, Ludlow, St. Henry
District 35 - Beechwood, Covington Catholic (Boys), Covington Latin, Holmes, Holy Cross (Covington), Notre Dame (Girls)
District 36 - Bellevue, Dayton, Highlands, Newport Central Catholic
REGION 10

- District 37 - Bishop Brossart, Calvary Christian, Campbell County, Scott
District 38 - Harrison County, Pendleton County, Mason County, St. Patrick
District 39 - Bourbon County, George Rogers Clark, Montgomery County, Paris
REGION 11

- District 41 - Frankfort, Franklin County, Western Hills, Woodford County
District 42 - Bryan Station, Henry Clay, Sayre, Scott County
District 43 - Lafayette, Lexington Catholic, Lexington Christian, Paul Laurence Dunbar, Tates Creek
District 44 - Berea, Madison Central, Madison Southern, Model
REGION 12

- District 45 - Boyle County, Danville, Garrard County, Kentucky School #1 Deaf Lincoln County
District 46 - Burgin, East Jessamine, Mercer County, West Jessamine
District 47 - Pulaski County, Somerset, McCreary Central
District 48 - Monticello, Southwestern, Wayne County
REGION 13

- District 49 - North Laurel, Corbin, South Laurel, Whitley County
District 50 - Oneida Baptist, Bell County, Middleboro
REGION 14

- District 53 - Letcher County, Central, Buckhorn, Hazard, Perry County Central
District 54 - Jackson City, Wolfe County, Estill County
REGION 15

- District 57 - Allen Central, Johnson Central, Faintsville, Prestonsburg, Shelton Clark
District 58 - Belfry, Lawrence County, Pike County Central, Pikeville, Shelby-Valley
REGION 16

Morehead State rolls past Asbury in home opener

Times Staff Report

MOREHEAD — Sophomore Drew Kelly and Junior Milton Chavis combined for 31 points and 23 rebounds in just 38 total minutes to power the Morehead State University men's basketball team to a 100-48 victory over Asbury College on Thursday evening at Johnson Arena.

Kelly, who became eligible last December after transferring from Miami University, finished with a game-best 17 points and 10 rebounds. Chavis, who recently transferred from Kilgore College, added his first MSU double-double with 14 points and a game-high 13 boards.

The Division I Eagles improve to 1-2 on the season, while the NAIA Eagles slip to 3-4 overall. "I'm pleased with the win," Morehead State Coach Donnie Tyndall said. "We hit the glass hard tonight and played good defense. Our press was better and our athleticism wore on Asbury."

Kelly and Chavis led five MSU players in double figures. Senior Terrance Hill tallied 13 points in the win, while senior Ty Proffitt and sophomore Diante Ferguson contributed 12 apiece.

Morehead State posted advantages of 55-36 in rebounds, 19-13 in assists, 52-12 in paint points, 42-9 in points off turnovers, 22-11 in fast break points and 53-13 in bench points.

MSU also recorded 24 steals on 30 AU turnovers, while allowing only five steals on 13 miscues. "We did a nice job sharing and taking care of the basketball," Tyndall said. "Our bench also gave us a big lift. I think we have a chance to be a pretty deep team as the season rolls along."

Morehead State jumped out to a 10-point advantage seven minutes into the affair and never looked back. MSU started the second half with a 43-8 run, which opened up a commanding 57-point lead.

The home team

collected 18 steals and forced 20 turnovers in the second half alone. It also knocked down 20-of-23 from the charity stripe after intermission.

MSU had 12 different players with a rebound, 12 different players with a steal and eight different individuals with an assist.

Sophomore Austin Flannery led Asbury with 11 points.

Morehead State is idle until Tuesday when it travels two hours east on I-64 to battle West Virginia in Charleston, W.Va. The game is slated for 7 p.m. ET and will be televised by the Big East Network. "Tuesday will be another big test for us," Tyndall added. "Coach (Bob) Huggins is a Hall of Fame coach and West Virginia is a strong Big East program. They will be big, long, physical and fast, much like North Carolina State. It will be a tough night if we don't match their physicality, but I think we'll be able to compete if we do."

UK FOOTBALL

Trevathan, Tydlacka receive honors; Kentucky wins Big Blue Crush

Times Staff Report

LEXINGTON — Linebacker Danny Trevathan and punter Ryan Tydlacka have been recognized for their efforts in Kentucky's game at Georgia on Saturday. Trevathan was one of five players who received an "SEC Helmet Sticker" from Chris Low, Southeastern Conference beat writer for ESPN.com.

Trevathan was Honorable Mention (national) Linebacker of the Week from the College Football Performance Awards and Tydlacka was Honorable Mention Punter of the Week.

Trevathan notched 17 tackles, the third time in the last four games he has tied his career-high tackle total. Trevathan had three tackles for loss, including a quarterback sack. He also caused two fumbles, both of which were recovered by the Wildcats.

For the season, Trevathan continues to lead the SEC in total tackles (135) and is now tied for the league lead in fumbles caused (five).

This is the fourth time this season he has been honored by the College Football Performance Awards and second time he has garnered an SEC helmet-sticker.

Tydlacka punted eight times for a 46.4-yard average, including a long punt of 63 yards. He had three punts inside the Georgia 20-yard line. Kentucky had a net punting average of 41.1 yards. This is the fifth time in 11 games

this season that Tydlacka has been honored by the CFP.

Kentucky wins Big Blue Crush Blood Drive. After trailing the first two days, Kentucky fans came from behind to win the 24th annual Big Blue Crush blood drive, 3,219 units to 2,969.

"We're a big blue nation of lifesavers, and Kentucky patients are the big winners," said Bill Reed, Kentucky Blood Center President & CEO.

This was the 24th annual Big Blue Crush. Kentucky has now won two years in a row. Tennessee still leads the rivalry 12 to 11 with 1 tie.

The trophy presentation will be during the Kentucky-Tennessee football game, Nov. 26.

From Page B1

seasons under Ballard at Union and returned to MSU with Ballard in 1994. Gilliam earned a bachelor's degree from MSU in 1987. He added a master's degree from Union in 1990.

Earlier in his coaching career, Gilliam accepted the position of Pikeville College head coach. Gilliam, however, returned to the MSU staff prior to coaching the Pikeville football program.

Morehead State ended the 2011 season 3-8 overall and 2-6 in the Pioneer Football League following a 55-35 Senior Day win over visiting Butler on Saturday.

Gilliam is married to the former Melissa Childs of Fairfield, Ohio.

They have a daughter, Caitlin Nicole, and two sons, Austin and Mason Clark.

Some warning signs are best read with your nose.



Natural gas is one of the safest forms of energy available today. But just like any form of energy, it is important to exercise caution when using it to ensure your safety.

One reason natural gas is so safe is its smell. In its natural state, natural gas is odorless. But we add that familiar rotten-egg smell to make a leak easily recognizable.

If you smell natural gas, or even suspect a leak, leave your home immediately. From a safe place, call Columbia Gas at 1-800-432-9515 for emergency help. Our operators are available 24 hours a day.

For more information about natural gas safety please visit our website at www.columbiagas.com.

Columbia Gas of Kentucky A NiSource Company

Advertisement for DIRECTV 150 CHANNELS LOCAL CHANNELS INCLUDED. Price \$29.99 per month. Includes details about service, equipment, and terms.

Gilliam

From Page B1
seasons under Ballard at Union and returned to MSU with Ballard in 1994. Gilliam earned a bachelor's degree from MSU in 1987. He added a master's degree from Union in 1990.

FOR SALE OR LEASE

J & J Liquors
Betsy Layne • 606-564-6887

Visit us at: www.floydcountytimes.com

Phone: (606) 886-8506  
Fax: (606) 886-3603  
Members:  
Associated Press  
Kentucky Press Association  
National Newspaper Association

# FLOYD COUNTY Lifestyles

www.FloydCountyTimes.com

"Your BEST source for local and regional society news"

email: fctfeatures@floydcountytimes.com



## Betsy Layne visits MSU's Early College program

**MOREHEAD** — Students from Betsy Layne High School visited the Morehead State University campus on Monday, Nov. 14, as part of the Early College Program.

A total of 34 high or technical schools offer MSU classes for the fall semester. More than 2,300 high school students are participating in the program.

"This program is truly a win-win opportunity. Students get to earn college credit for free or at a much reduced rate, parents have less financial burden for

a college education and schools get challenging new courses which fully optimize the talents of their high schools," said Joel Pace, director of adult and early college programs.

MSU and the partner schools are collaborating to offer 24 college credits to all high school students before they graduate.

School systems taking part are: Bath, Boyd, Breathitt, Carter, Elliott, Estill, Fleming, Jefferson, Jessamine, Johnson, Knott, Lee, Lewis, Magoffin, Martin, Menifee,

Montgomery, Morgan, Paintsville, Pike, Powell, Rowan and Wolfe counties, as well as Jackson, Maysville, St. Patrick, Pikeville, Russell, Raceland, Worthington independents, and Lakeside Christian.

Students must have a minimum 3.0 grade-point-average and an 18 composite ACT score to be admitted to the program. Students also must meet any specific requirements that are course related.

Students enrolled in courses taught by MSU faculty on the Morehead

campus, at one of our regional campuses, or online during the spring semester will receive a 60 percent scholarship and would be responsible for the remaining tuition for their courses. Students enrolled in courses instructed by approved faculty in their school system will continue to receive a full waiver for the cost of tuition.

Additional information is available by calling Pace at 606-783-2005 or you can find an application at [www.moreheadstate.edu/earlycollege/](http://www.moreheadstate.edu/earlycollege/).

## EVERYBODY'S SCIENCE

# Speaking of the devil (or at least his dictionary)

**Sandy Miller Hays**  
Agricultural Research Service

Ambrose Bierce sounds like my kind of guy; too bad he disappeared in 1914.

I've always loved a witty turn of phrase, and old Ambrose—he was 71 when he vanished while poking around in the Mexican Revolution down in Chihuahua—was full of 'em. Consider these gems from his famous "The Devil's Dictionary":

• "Acquaintance" — a person we know well enough to borrow from, but not well enough to lend to.

• "Quotation" — the act of repeating erroneously the words of another.

• "Admiration" — our polite recognition of another's "resemblance to ourselves."

• "To be positive" — to be mistaken at the top of one's voice.

• "There is nothing new under the sun, but there are lots of old things we don't know."


It should tell you something about Mr. Bierce's cleverness that his "Devil's Dictionary" is still

being sold, available online, and even downloadable to your favorite electronic reading device! (I wonder if he'd be impressed, from what I've heard of his sardonic disposition, probably not.)

I think his "there's nothing new under the sun, but lots of old things we don't know" might be apropos when it comes to today's crops. For example, let's consider corn, an ancient crop that's certainly on the radar screen of the scientists of the Agricultural Research Service (ARS).


Corn and its fellow staple crop, wheat, are eaten in some form or other by just about everybody on Earth. But there are many, including the scientists of ARS and those at the International Maize and Wheat Improvement Center (or CIMMYT, as its acronym goes in Spanish) in Mexico, who are focused on increasing the productivity of maize (what we English speakers call "corn") and wheat;

See SCIENCE | B6



**Hey Kids,**  
We Deliver letters to Santa!  
Write your wish list, sign it and mail your wish list to the Floyd County Times P.O. Box 390 Prestonsburg Ky, 41653 or bring them in to The Floyd County Times, 263 South Central Avenue Prestonsburg. Letters must be in by December 8th in order to get them to Santa in time for Christmas.

All Letters that we receive by December 8th will be published in the December 23 issue of the Floyd county times. Don't delay Santa is waiting for them!



# WINTER COST SAVINGS

It happens every winter. Customers open their electricity bills and see higher-than-expected amounts due. While increasing energy costs are, unfortunately, becoming a bigger part of daily living, there are some actions you can take to reduce and control your electricity costs. **First, remember you only pay for what you use.** Any step you take to reduce your electricity usage will save you money. The following are some energy and cost savings tips. Many others are available at [KENTUCKYPOWER.COM](http://KENTUCKYPOWER.COM).



- Set your thermostat between 66-72 degrees
- Turn lights off when you leave a room; don't burn lamps and overhead lights unnecessarily
- If you are not watching TV, leave the set off
- Install energy efficient light bulbs such as compact fluorescent bulbs (or CFLs)
- Properly insulate your home, windows and water heater
- Unplug cell phone chargers and other recharging devices when not in use

If you have questions about your electricity bill, contact Kentucky Power toll free, 24-hours a day, at:

**AEP**  
**KENTUCKY POWER**  
A unit of American Electric Power

(800) 572-1113

# COMMUNITY CALENDAR

*Calendar items will be printed as space permits.*  
**Editor's note:** To announce your community event, you may hand-deliver your item to The Floyd County Times office, located at 263 S. Central Avenue, Prestonsburg; or mail to The Floyd County Times, P.O. Box 390, Prestonsburg, KY 41650; or fax to 606-886-3603; or email to: [fctfeatures@floydcountytimes.com](mailto:fctfeatures@floydcountytimes.com). Information will not be taken over the telephone. All items will be placed on a first-come, first-serve basis as space permits.

**Turkey Trot**  
 ProFitness Multi-Sports will hold their annual Turkey Trot 5K Run/Walk on Thanksgiving morning, beginning at 8 a.m. Early registrants qualify for t-shirts. Registration is \$15.

**Operation Christmas Child**  
 The First Presbyterian Church, in Prestonsburg, will continue to be a drop-off location for the Samaritan's Purse charity project, Operation Christmas Child. Residents and churches are invited to bring their shoeboxed gifts filled with toys, school supplies, etc. (no war-related items) to the church, to be sent to needy children around the world. Bibles, children's books and discipleship programs are provided in the language of the child receiving the gift. The 2011 dates are Nov. 14-20. For more information and pamphlets explaining the project, contact the church at (606) 886-2214 or Donna at (606) 297-5404.

**Volunteer mentors wanted**  
 Mentoring for a Second Chance is a jail-based service program designed to help reduce recidivism and promote positive growth, by linking nonviolent offenders with a mentor from the local community. M2C is looking for local men who are motivated to make a difference in the life of an individual while having a positive impact on the community. If you or someone you know is interested in becoming a mentor, contact mentor coordinator Joshua Kinzer, (606) 886-4439, (606) 339-8878, or [jkincer@M2Comp.org](mailto:jkincer@M2Comp.org).

**Veterans service officer**  
 VFW Post 8539 in Lancer will have a service officer available every Wednesday, from noon until 4 p.m. Some services offered will be initial claim filing, upgrades, appeals, permanent and total claims and others. Contact (606) 886-9428 or (606) 297-1973 for more information.

**Free Parenting Classes**  
 To determine eligibility, call John 791-9887.

**Communities Against Drug**  
 Against Drug Addition  
 Floyd County

**Communities Against Drug**  
 Addictive substances at 5:30 p.m. the third Thursday of each month, at Allen Baptist Church.

**Autism Awareness & Support Group**  
 2nd Monday of each month, Calvarys Church, Lancer, Ky. (6-7 p.m.) Contact: Billie Chain, [eastkyautismawareness@gmail.com](mailto:eastkyautismawareness@gmail.com)

**Autistic Children Support Group**  
 monthly meeting  
 Support group for Guardians of Autistic Children will meet the 3rd Thursday for every month at the Haven of Rest, 1601 Airport Road, Inez. Call 606-298-0520 for information.

**Non-profit agency needs foster parents**  
 Non-profit agency in need of foster parents in your area. Financial compensation/ bonuses, free foster parent trainings, mileage reimbursement, (m) 24-7 support are available. All foster children get a medical card, free school lunches, and clothing vouchers/ other reimbursements. Call for more information, at 606-886-0163 or visit our website at: <http://www.benchmarkfamily.com>

**Foster parent info**  
 Benchmark Family Services is offering a free informational session for anyone interested in becoming a foster parent. If you have ever wanted to help a child, this is your chance. Monday, Jan. 24, at 10 a.m. and Wednesday, Jan. 26, at 5 p.m. at Benchmark Family Services Office. For more information please call (606) 886-0163.

**Auxier Learning Center offers home repair classes**  
 Need help with home repairs? The Auxier Lifetime Learning Center can help. We are now taking applications for home repairs. If you or someone you know are low income and need help with repairs on your home, please call 606-886-0709 for your application, or stop by the office at 21 South River Street, Auxier, before 4 hours, Monday-Friday, 8:00-4:00. Must provide proof of income and ownership.

**FCHD offers Body Recall exercise classes**  
 The Floyd County Health Department offers Body Recall gentle exercise classes every Monday, Wednesday and Friday, 9:30 a.m. at May Drive, just off 1428, and at 10:30 at the First Presbyterian Church in Prestonsburg. Classes are free and open to the public. Call 886-2788 for more information. Become a Volunteer with Victim Services Program. You are more likely to

be hurt by someone whom you know rather than be assaulted on Kentucky's streets by a total stranger. Learn to assist victims of sexual assault, child abuse and domestic violence by becoming a Volunteer with Victim Services Program. Call today to receive an application for our free training program. Call the Volunteer Coordinator at (606) 886-4323 for further information or to request an application. (The Victim Services Program is a program of Mountain Comprehensive Care Center.)

**OutPatient Drug Treatment Program and Education**  
 Narconon warns parents that the abuse of addictive pharmaceutical drugs with youth is on the rise with deadly consequences. Learn the signs of drug abuse. Call Narconon for a free brochure on the signs of addiction for all drugs. 877-379-0208. [www.drugsno.com](http://www.drugsno.com)

**Auxier Community Center**  
 Free GED classes, Monday, Tuesday and Wednesday, from 10 a.m.-12.  
**Free Bible Lessons**  
 Write to: Bible Way Outreach Ministry, P.O. Box 3371, Kingsport, TN 37664. Lessons completely free of charge to all interested.

**Need help with addiction?**  
 Lifeline of Floyd County "Conquer Your Chemical Dependency" is a Christ-centered 12-step program offering support to those who are coping with addiction and learning to live drug-free lives. The support group meets on the following schedule:  
 Mondays, at Minnie (beside pharmacy), from 7-8 p.m.  
 Mondays, at Little Mud, Spruce Pine School, from 7-8 p.m.  
 Tuesdays, in Prestonsburg, in the Van Ark Building, from 2-3 p.m.  
 Tuesdays, at David, The David School, from 3:30-4:30 p.m.  
 Wednesdays, at Allen Baptist Church, from 7-8 p.m.  
 Thursdays, at Allen Baptist Church, from 7-8 p.m.

For more information, call Shirley Combs at (606) 434-8400, or Tom Nelson at (606) 478-2836.

**Need Help With Home Repairs?**  
 The Auxier Lifetime Learning Center can help! We are now taking applications for home repairs. If you, or someone you know, are low income and need help with repairs on your home, please call 606-886-0709 for your application, or stop by our office at 21 South River

Street, Auxier. Office Hours: Monday-Friday, 8-4.

**Hope in the Mountains**  
 Hope in the Mountains will host public meetings on Mondays, at 9 a.m., at the junction of U.S. 23 and Rt. 80, on Water Gap Rd., behind the Trimble Chapel Church.

Meetings focus will be to offer information in regard to community resources available to women seeking freedom from drug abuse. Family members are also welcome to attend. The Hope initiative proposes to help women break free from addictive lifestyles to become self-respecting contributing members of society. Call 874-2008 or 788-1006 for more information.

**Democratic Woman's Club**  
 The Floyd County Democratic Woman's Club meets the third Monday of each month at 6 p.m., at Prestonsburg City Hall.

**Have an 'Out of this World' Birthday Party?**  
 The East Kentucky Science Center is now offering a fun and distinctive party venue for kids of all ages. The Birthday Party package includes rental of a classroom and admission to exhibits and planetarium programs. Must be booked two weeks in advance. Only 40 guests. Call 889-8260 for more information.

**Prestonsburg Rotary Club**  
 Prestonsburg Rotary Club meets, 12 noon to 1 p.m., at Made From Country Center. For additional information, contact Chris Daniel, 886-7354.

**Earn While You Learn!**  
 The Big Sandy Area C.A.E. office is taking applications for its "Senior Training Program." You must be 55 or older to apply. In Floyd, call 886-2929; Johnson, call 789-6515; Magoffin, call 349-2217; Pike, call 432-2775; and in Lawrence, call 638-4067.

**Senior employment program**  
 Are you a senior citizen on a fixed income struggling with soaring medical bills and living expenses? Could you use some extra spending money but don't know how to get back into the workforce?  
 If you are at least age 55, the Senior Community Service Employment Program (SCSEP) may be able to help. Earn extra money, learn new skills, and help your community at the same time! To find out more, call: 886-2929

**Looking for a Support Group?**  
 Floyd County Alzheimer's Support Group meets regularly at the Riverview Manor Healthcare Center. Call the center for meeting times. Domestic Violence Support Group - The

Big Sandy Family Abuse Center holds meetings each Tuesday from 5:30 to 6:30 p.m. The meetings are free of charge. Call 886-6025 for more information.

**Overeater's Anonymous**  
 Meetings held each Wednesday at 6:30 p.m., at the old Allen Baptist Church, located in Allen, just past red light. Call 889-3620 for more info.

**US TOO! Prostate Cancer Survivors Support Group**  
 For all men with prostate cancer and their families, the group meets the 3rd Thursday of each month, at 6 p.m., at the Ramada Inn, Paintsville.

**Community Weight Loss Support Group**  
 Meets Thursdays at 6:30 p.m., at the Martin Community Center. For more info, call 377-6658. Those who have had gastric bypass surgery most especially welcome to attend. Meetings being offered as support to anyone needing extra support in dealing with weight loss.

**Domestic Violence Hotline**  
 24-hour Crisis Line manned by Certified Domestic Violence counselors. Call 886-6025, or 1-800-649-6605. Remember, "Love Doesn't Have to Hurt."

**Disabled? - You may be eligible for grant money to assist in your daily living.** For an application or more information, call (886-4326), A.S.K. (Adoption Support for Kentucky) - Support group for all adoptive parents (public, private, international, and kinship care), foster parents and all others interested in adoption. To be held the first Monday of each month, at the Department for Community Based Services office, 1009 North Lake Drive, Prestonsburg, from 6-8 p.m. Childcare will not be provided. For more information, contact Dedra Slone, adoptive parent liaison, at 432-4110 or 422-7927; or email to: [dslone@askky.net](mailto:dslone@askky.net)

**PARENTS!** - Contact the Big Sandy Area Community Action Program, Inc. to find out about child care services in your area, the STARS for KIDS NOW licensing standards program, and how you can earn an income by staying home with your own children while caring for the children of others. Find out more by calling Cheryl Endicott at 886-1280, or 888-672-7227 (toll free).

**East Kentucky S.T.A.R.S. Homeschoolers** - Will hold monthly meetings at the Paintsville Recreation Center. For more information, call Trudy at 889-9333, or 297-5147. Everyone welcome.

**Narcotics Anonymous (NA)** - Each Wednesday from 7-8 p.m., in the Atrium Conference Room, 2nd floor, May Tower, Pikeville Methodist Hospital. For more info., contact Chris Cook at 606-433-1119 or [christophercook@hotmail.com](mailto:christophercook@hotmail.com).

# Science

From Page B5

production systems to ensure global food security and reduce poverty.

It won't surprise you that in many developing areas of the world, corn is a primary food. But in areas where most daily calories consumed come from corn, people can suffer serious health issues, including blindness, because of a lack of vitamin A.

Cultivated corn does contain some carotenoids, which are natural substances like beta-carotene that can be converted to vitamin A in our bodies. The experts say that boosting the concentration of beta-carotene in corn would help fight vitamin A deficiency in those areas where other sources of carotenoids in the diet are severely limited.

This is where something relatively new (biochemistry) comes along to help something very, very old (maize). A team of ARS scientists in New York and Mississippi has worked to pinpoint the genes that different varieties of corn use to make that precious beta-carotene. They've analyzed many of the high beta-carotene corn lines in the CIMMYT genebank and from CIMMYT and U.S. maize breeders.

By focusing on the biochemical pathway responsible for producing the beta-carotene in corn, they've identified which genes would most efficiently increase the concentration of beta-carotene. The most promising type of one of these genes came from tropical corn germplasm, while the best form of another gene in the same biochemical pathway came from temperate corn—a major clue.

The ARS scientists say that if they can sort out which temperate U.S. corn variety to cross with which tropical corn variety, they could create a variety that provides much higher beta-carotene levels than would have been identified using traditional plant breeding methods.

Even more in tune with Mr. Bierre's contention that there's nothing truly new, there are just lots of old things we don't know, the ARS scientists are collaborating with CIMMYT on surveying all the corn varieties called "landraces," which are the traditional or heirloom varieties of corn that farmers grew before modern breeding techniques were applied.

These landraces have long since been adapted to grow in specific locations all over North and South America. But for the first time, the scientists will start analyzing them systematically to try to start "mining out" the genetic variation that exists among them by genotyping them—that is to say, sorting out the genetic makeup of the different varieties.

Hopefully, we're about to find out a whole lot of "old things" that we didn't know are—and use those "old things" to make a better world for millions of people!

The Agricultural Research Service is the chief in-house scientific research agency of the U.S. Department of Agriculture. You can read more about ARS discoveries at: <http://www.ars.usda.gov/news/>



## Maximize your Medicare benefits while enjoying more value for your money!

Could a new Medicare Advantage plan or Part D prescription drug plan from Anthem Blue Cross and Blue Shield save you money? Find out now with no cost—and no obligation to enroll! My job is to make sure you're getting the right benefits for the right price. I'll even help you with all the paperwork, so you can relax, knowing you're getting the best value for your money...from your neighborhood Medicare health plan agent.

**Call Darrell L. Patton,**  
 an authorized licensed independent agent for Anthem Blue Cross and Blue Shield in Kentucky.  
**(606) 886-9588 (TTY/TDD: 711)**

You may also call Anthem Blue Cross and Blue Shield Customer Service department at 1-877-814-1397 (TTY/TDD: 711), 8 a.m. to 8 p.m., 7 days a week.



**Hurry — the new Annual Election Period deadline is December 7, 2011!**

\*Enrollment is limited to certain times during the year. For more information contact Anthem Blue Cross and Blue Shield. The benefit information provided herein is a brief summary, not a comprehensive description of benefits. For more information contact the plan. Anthem Blue Cross and Blue Shield is the trade name of Anthem Health Plans of Kentucky, Inc. Independent licensee of the Blue Cross and Blue Shield Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.

Early Times | Pull Mail  
 19¢ | 29¢  
**J & J Liquors**  
 Betsy Lytle • 478-2477

# OUR YESTERDAYS

(Items taken from The Floyd County Times, 20, 30, 40, 50, 60, 70 years ago.)

20 years ago  
(Nov. 20 and Nov. 22, 1991)

Floyd County school officials will set their third tier priorities for school construction projects in a public hearing slated for November 25, despite continuing problems on priority one projects and the possibility of a state investigation into building procedures. In the past year school construction projects in Floyd County have come under considerable scrutiny, raising questions concerning excessive costs, the quality of construction, construction management and fiscal control. Combined, the construction issues paint a picture of indifference on the part of the Floyd County Board of Education and indicate a total lack of oversight on the part of the state Department of Education.

Learning to read is a vital component in anyone's life; it is a skill they will need and use the rest of their lives. When the skill to read is not mastered early in life, it takes an admirable amount of courage and determination

to begin that process later on. Then, a person's courage and determination is matched with someone who can provide the time and effort to teach them.

A Pikeville architect has asked the Floyd County Board of Education to rescind an October decision to employ another firm for a proposed Betsy Layne Elementary project, claiming he was given the job in 1988. In a letter dated November 11, James Ellis advised the board and superintendent Ronald Hager that the board's decision in October to employ architect Paul Hoffman and Martin Engineering for the Betsy Layne classroom addition project "raises two concerns."

Floyd County Housing Authority members met Thursday to approve one item on their agenda, to renew voucher funding with the Department of Housing and Urban Development. The contract provides for housing assistance payments for residents of public housing. The amount of the contract was for \$111,300 and will, for the

first time, require a separate budget and register. The contract is in effect for five years.

Projected shortfalls in state revenues are taking their toll on all areas of government, including higher education. Prestonsburg Community College president Dr. Deborah Floyd told advisory board members Tuesday evening that PCC will be affected by a cut of more than \$3 million in the community college system budget.

An expansion of the new Veterans Outreach Clinic near Prestonsburg could be in the works since the number of patients expected to be seen at the clinic has doubled. A letter from Philip Elkins, director of the Veterans Affairs Medical Center in Huntington, West Virginia, to Seventh District Congressman Chris Perkins shows the clinic is averaging 790 patients a month. The clinic was projected to serve 387 veterans monthly.

Roy May of Maytown is a talented and quite interesting person. He is a wood carver. He makes bowls and scenes of people

working. These figurines are very detailed and beautiful. May has been carving all his life. He is self-taught. When he was a little child, he used a hatchet to carve an Indian's head in his father's apple tree. May thinks that incident occurred when he was about six years old. He really enjoyed that experience, so he continued carving. Nowadays, he carves at night, while watching television. He said he usually carves every evening.

There died: Zina Paek Sexton, 83, of Drift, Sunday, at the Central Baptist Hospital in Lexington; Josephine Bingham Hall, 89, of Town Branch Road, Saturday, at Highlands Regional Medical Center; Ollie DeRossett, 86, of Ivel, Saturday, at Pikeville Methodist Hospital; Harold Lee Blocker, 61, of Weesbury, Friday, at Central Baptist Hospital in Lexington; Maudie Hall, 94, of Raceland, Saturday, at the home of her daughter, Mrs. Paul Stephenson, of Raceland; Carolyn Stanfill Black, 86, of Pikeville, Friday, at the Mountain Manor

Nursing Home of Pikeville; Erie "Darkes" Cotton, 87, of Grayson, Sunday, at King's Daughters' Medical Center in Ashland; Walter C. Zemo, 64, of Pataskia, Ohio, formerly of this area, Friday; Jeffrey Smith, 36, of Raccoon, Tuesday, in the Pikeville Methodist Hospital; Greenville "Wedge" Branham, 55, of Bypro, Wednesday, at his residence.

30 years ago  
(November 25, 1981)

Floyd Fiscal Court adopted a building code, heard a final report on a proposed county bus system, and argued the merits of abandoning the county's TV franchise system.

The goal of a statewide proposal to channel federal block-grant funds into in-home services for people who might otherwise have to be admitted to nursing homes is to help elderly people manage at home with a little help from social

service agencies. Mining industry representatives from several foreign countries and various sections of the United States joined in a discussion of mine safety last week.

Owners of a Prestonsburg coal mine last week applied to the city council for a zoning change which would alter classification of the 25-acre site, just north of Ball Alley curve.

There died: Trixie L. B. Nichols, 78, of Prestonsburg, at the home of her daughter; Orville Clark Sr., 78, formerly Floyd County, November 11, at the Methodist Hospital; Rodney Lee, infant son of Roger Lee Tackett and Debra Cheryl McKinney Tackett, Friday; Grace Layne Burke, 80, well-known Prestonsburg woman, Saturday, at her home; Dixie Burchett, 64, of Prestonsburg, Wednesday, at Our Lady of the Way Hospital; Arlee Kiser, 59, of Beaver, Saturday, at his home; Clova Moore Howell, 52, of East McDowell, Monday, at Our Lady of the Way Hospital.

## Your heart beats to serve.





John Van Deren, M.D.



Terence Ross, M.D.



Jignesh Shah, M.D.

If your heartbeat isn't in sync with you, actively showing your pride may be impossible.

If heart rhythm problems — flutter, skipping, irregular beats or racing — are keeping you from your duties, you really should see a specialist.

King's Daughters electrophysiologists are the experts when it comes to the rhythms of the heart. They have extensive backgrounds in treating all types of cardiac rhythm problems, offer medical management and interventional procedures, graduated from top programs in the country and are board certified or board eligible.

There are effective treatments — but it takes a specialist to know what's right for you.

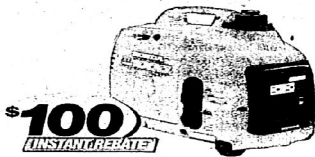
**KING'S DAUGHTERS**  
HEART AND VASCULAR CENTER  
Taking Medicine Further™

For more information about our cardiac rhythm specialists, or to schedule an appointment, call us at 1866HEART07

# Honda Generators ~~Black~~ *RED* Friday Sale!

Buy Red And Save Some Green.

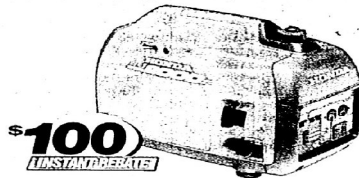
Get \$100 off ANY Honda EU Series Generator, November 12-28!!



**\$100**  
INSTANT REBATE\*

EU1000i

Call for our  
**LOW PRICE!**



**\$100**  
INSTANT REBATE\*

EU2000i

Call for our  
**LOW PRICE!**



**\$100**  
INSTANT REBATE\*

EU2000i Companion

Call for our  
**LOW PRICE!**



**\$100**  
INSTANT REBATE\*

EU2000i Camo

Call for our  
**LOW PRICE!**



**\$100**  
INSTANT REBATE\*

EU3000iS

Call for our  
**LOW PRICE!**

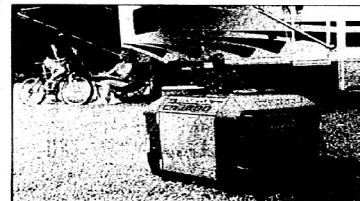
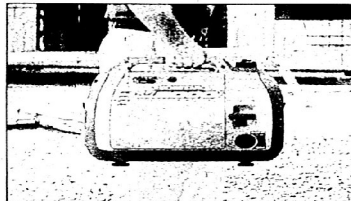
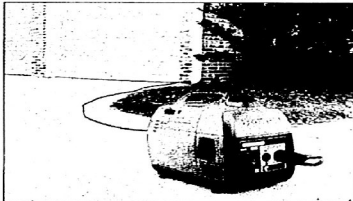


**\$100**  
INSTANT REBATE\*

Honda Handi® EU3000i

Call for our  
**LOW PRICE!**

Whichever Honda generator you choose, you'll be getting quiet, reliable power for home, work and play.



### Double Your Power

The EU2000i Companion offers a 30A receptacle which allows two EU2000i models to be run in parallel by way of a simple parallel cable.



Be Sure To Ask Your Honda Power Equipment dealer about service specials and annual maintenance programs to get the most out of your Honda Power Equipment.

Ask about our full line of Honda Accessories!



EU2000i Kart - EU, EM & EB Storage Covers • Collegiate Skins • DC Charging Cord plus, EU2000i Parallel Kit, Hanger Kits, Home Back-Up Transfer Switches, No Spill Gas Cans & more.



\*See your Authorized Honda Power Equipment Dealer for details.

## Honda of Prestonsburg



## HONDA GENERATORS

Kentucky's #1 Volume Honda Powersports dealership

Please read the owner's manual before operating your Honda Power Equipment and never use it in a closed or partly enclosed area where you could be exposed to carbon monoxide. Correction of a generator to house power requires a transfer device to avoid possible injury to power company personnel. Consult a qualified electrician. ©2011 American Honda Motor Co., Inc.

**RideHonda.com**

631 South Lake Drive • Prestonsburg, KY  
Mon.-Fri. 8am-6pm Sat. 8am-4pm Sunday - Gone Riding!

**1-888-718-0091**