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11/18/11

Friday, November 18, 2011

The Times

FLOYD COUNTY

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Volume 85, Issue 91 • 75 Cents

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Workshop teach Face fundamentals to businesses

Ralph Davis
Managing Editor

PAINTSVILLE
 Businesses will be able to learn how to best utilize social networking website Facebook, during a workshop next month.

The Paintsville Small Business Development Center will host the workshop on Dec. 13, from 5 to 7 p.m., at the SBDC office, located on 224 Main Street.

During the workshop, business owners will be taught how to set up a business page on Facebook and will be given tips on how to effectively market their businesses through the website, using the page and advertising.

The workshop is free, but attendees must register in advance. Registration can be completed online at www.ksbdc.org or by calling (606) 788-7272.

Man charged in funeral home heist



Billy Samuel Nelson

Jack Latta
Staff Writer

MARTIN — A Floyd County man was arrested early this week after allegedly burglarizing a funeral home.

Billy Samuel Nelson, 31, of Dwale, was arrested

Monday at home by the Floyd County Sheriff's Office, after he reportedly broke into Nelson Frazier Funeral Home.

According to the police report, Nelson broke into the funeral home and pried open a safe that was in the office. Nelson

allegedly made off with \$2,000 in cash. When arrested, Nelson allegedly stated that "he purchased \$1,500 worth of pills from a subject the same night."

Nelson is charged with second-degree burglary, third-degree burglary, theft by unlawful taking over

\$500, criminal mischief over \$1,000, possession of drug paraphernalia, public intoxication, and second-degree possession of a controlled substance.

Nelson is currently being held in the Floyd County Detention Center on a \$50,000 bond.

AEP Kentucky Power gives away energy-saving bulbs



Greg Allen, of Prestonsburg, took advantage of AEP Kentucky Power's compact fluorescent light bulb giveaway Thursday. Kentucky Power representatives Earl Coleman and Carolyn Thacker were on hand to give four of the bulbs to every customer who showed up with copies of their power bill or account numbers.

Let there be (cheaper) light

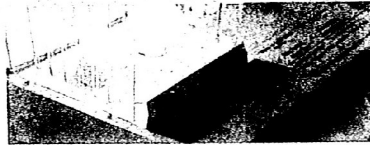
Ralph Davis
Managing Editor

PRESTONSBURG — Kentucky Power customers got a helping hand from the utility Thursday, as representatives were at city hall, giving away light bulbs.

Those who showed up with a copy of their power bills or their account numbers were eligible to receive four 23-watt compact fluorescent bulbs, which emit the same amount of light as 100-watt incandescent bulbs but use a fraction of the energy.

The giveaway was a way for Kentucky Power to educate consumers about the bulbs, said Earl Coleman, a representative of AEP Kentucky Power, who was on hand for the giveaway.

When receiving the bulbs, customers were also given



The energy savings potential of a compact fluorescent bulb over an incandescent bulb was easy to see, when placed alongside meter readings of their electricity usage.

information about money- and energy-saving products available from Kentucky Power.

The company also set up an informational booth, providing energy-saving tips and additional information about compact fluorescent bulbs.

One part of the display showed a regular 60-watt incandescent bulb alongside a compact fluorescent emitting the same

amount of life. Beneath the two bulbs were meter readouts showing the difference in energy usage.

While the incandescent bulb was using over 62 watts of energy, the compact fluorescent used less than 14 watts.

Coleman said AEP Kentucky Power has several such giveaways at different locations throughout the year.

One inmate charged after another ODs

Jack Latta
Staff Writer

PRESTONSBURG — A Floyd County woman was arrested Monday after police say she brought drugs into the Floyd County Jail.

Glenda Holbrook, 23, was arrested earlier this week on charges of first-degree wanton endangerment and first-degree promoting contraband.

"It's an ongoing problem all over the state," said

Jailer Roger Webb of the increase of prisoners smuggling drugs into jails and prisons. "It's a nightmare."

According to court records, "the defendant had a cellphone and had pain and nerve pills hid inside her and did not tell anyone when she was booked into the Floyd County Detention Center."

Glenda Holbrook then allegedly gave the pills to another inmate, who overdosed on the pills.

According to Kentucky criminal code, a person is guilty of first-degree promoting contraband when he or she knowingly introduces dangerous contraband into a detention facility or a penitentiary, or being a person confined in a detention facility or a penitentiary, knowingly makes, obtains, or possesses dangerous contraband.

"The only way we could really search them would be to have an x-ray machine brought in," said Webb, who added that such a measure would be cost-prohibitive.

Both of the charges facing Holbrook are Class D felonies, and if found guilty she could receive 1-to-5 years imprisonment and fines of \$1,000 to \$10,000, according to Kentucky Penal Code.

She remains in the Floyd County Detention Center on a \$5,000 bond.



Glenda Holbrook

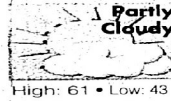
3DAY FORECAST

Today



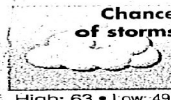
High: 54 • Low: 25

Tomorrow



High: 61 • Low: 43

Sunday



High: 63 • Low: 49

For up-to-the-minute forecasts, see floydcountytimes.com

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Appeals court to hear Floyd County coal case

FRANKFORT — A three-judge panel of the Kentucky Court of Appeals will hear a Floyd County case today, concerning a coal company's challenge of restrictions placed upon it.

Laurel Mountain Resources is challenging a ruling by the state Energy and Environment Cabinet, which placed restrictions on the company's ability to mine a section of land at Wilson Creek.

Miller Brothers Coal originally sought a mining permit for the area, but when the company began seeking leases from area residents, Beverly May and other residents sought

help from Kentuckians for the Commonwealth, in an attempt to get the state to rule the land as unsuitable for mining. Residents were concerned that, if the permit were granted, their property would be damaged by blasting, dust, mud and flooding.

"We truly believe this would have meant the end of our community," May said.

The cabinet did not rule the land as unsuitable for mining, but did place a number of restrictions on Miller Brothers, including:

- A requirement that any mined land be returned to its approximate original

contour. A requirement to reforest the land to prevent flooding.

- A prohibition against hauling coal on the one-lane Wilson Creek Road.

- A requirement to locate sediment ponds under old deep mine entrances, in case of blowouts.

Miller Brothers, which has since been bought by Laurel Mountain Resources, a division of James River Coal, challenged the cabinet's restrictions in Franklin Circuit Court. Attorneys for the company argued that the cabinet

See COAL | A8

Scouts deliver food



Boy and Cub Scout Troop 802 delivered food to the Fishes and Leaves Food Pantry Tuesday night. Scouts arrived with four truck loads of food which has been collected over two weeks to help restock the shelves of the Food Pantry. Fishes and Leaves Food Pantry is operated by Saint James Episcopal Church and serves over 100 families in the Prestonsburg area.

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2010 Dodge Ram 4x4 S1K #1745	\$21,883.00

Obituaries



Inias Keene

Inias Keene, age 82, of Willard, Ohio, passed away on Monday, Nov. 14, 2011, at the Willard Mercy Hospital, after suffering a heart attack.

She was born Dec. 30, 1928, in Floyd County, and was a devoted child of God. Her son, Kent, picked her up every Sunday to take her to the Church of Christ in Plymouth, Ohio, where she was a member.

She is survived by two sisters, Edith Elliott, of Orange, Texas, and Imogene Stumbo, of Coal Grove, Ohio; and one brother, Eldron Hamilton, of Copperstown, W.Va. She is also survived by three daughters, Vonda (Amos) Collins, of Willard, Christine Moore, of Plymouth, and Deborah (Phillip) Terry, of Willard; two sons, Shannon (Melody) Keene, of Shelby, and Kent (Bobbie) Keene, of New Haven; 20 grandchildren; 34 great grandchildren; and two great great grandchildren.

In addition to her parents, Booten and Ida (Collins) Hamilton, she is preceded in death by her

husband, Virg Keene; two sons, Edward Jay and Virg Duane Keene; a son-in-law, Rick Moore; three brothers, Elisha, Willie and Delmar Hamilton; and two sisters, Clara Mae Hobbs and Arizona Moore.

The last few years Grandma had been enjoying herself at the Willard Healthcare Center. There, she was a part of the Welcome Committee, a member of the Red Hat Society, and a champion bowler on the Wil. She loved all the activities there. She loved being with her family and spending time with her grandchildren and great grandchildren.

When she was younger she enjoyed making quilts with her friends and throughout the years she collected many thimbles. Grandma made many friends whenever she went, especially at the nursing home.

Grandma will be greatly missed by all!

Written by her broken-hearted daughter and granddaughters. Funeral services will be held at a Secor Funeral Home in Plymouth, Ohio, on Friday, at 11 a.m., with Ministers Donald Bevelly and Charles McEliff officiating. Burial will follow in Maple Grove Cemetery in New Haven, Ohio.

Memorial contributions can be made to the Willard Healthcare Center Activities Fund for resident day trips. Online condolences can be made at www.secorfuneralhomes.com



Juanita Napier Bentley

Juanita Napier Bentley, age 82 of Wayland, wife of the late Boone Bentley, passed away Wednesday, Nov. 16, 2011, at the McDowell Appalachian Regional Hospital, at McDowell.

She was born May 2, 1929, at Garrett, the daughter of the late Edward and Fannie Williams Napier and Hazel Hicks Napier. Juanita was a homemaker and member of the Free Will Baptist Church.

Juanita is survived by her two sons, Larry Bentley, of Wayland, and Danny Bentley, of Coolville, Ohio; three daughters, Bonnie Clark, Connie (Bobby) Slone, and Peggy Bentley, all of Wayland; one brother, Randy Napier, of Wabash, Ind.; four sisters, Bulah Dunlap, of Lexington, Glenda Faye "Snookie" Allen, of Lackey, Carmelita Chastity, of Wabash, Ind., and Katrina Pitts, of Wabash, Ind.; 11 grandchildren, John, Larry Jr., Daniel, Charles, Misty Lynn, Tracy, Nicole, Chastity, Misty Gail, Tiffany, and Kelly; and 14 great grandchildren.

grandchildren.

In addition to her husband and parents, Juanita was preceded in death by her son, George, and her daughter-in-law, Peggy S. Bentley; three brothers, James Napier, Rondal Ray Napier, and Edward Napier; and two sisters, Jewel Kahn and Joyce Mullinex.

Funeral services for Juanita Napier Bentley will be held Friday, Nov. 18, at 1 p.m., in the Hall Funeral Home Chapel, with the Free Will Baptist Ministers officiating. Burial will follow in the Lacey Cemetery, at Lackey, with Hall Funeral Home caring for those arrangements.

Earl Adkins

Earl Adkins, 60, of Grethel, died Wednesday, Nov. 16, 1 p.m., in the Hall Funeral Home Chapel, at Pikeville Medical Center.

He was born Sept. 4, 1951, to the late Evan D. Adkins and Goldie Ewan Adkins. He was the husband of Sally Meadows Adkins and was a disabled coal miner.

He was preceded in death by his brother, Michael Adkins.

He is survived by one son, Earl Dean (Jessica) Adkins, of Grethel; two daughters, Shelli Lynn (Jeff) Newsome and Bonnie Leonna Adkins, both of Grethel; brothers and sisters, George Adkins, Phillip Adkins, Girdell Hall, Clara Hall, Mary Ann Newman and Patty Thacker; grandchildren, Cory, Sherreece, Evan, Nathaniel, Nathan, Kayler, and Briny; and great grandchildren, Kyle and

Haley.

Funeral services will be held Saturday, Nov. 19, at Nelson Frazier Funeral Home. Burial will follow the service at Meadows Cemetery, in Prestonsburg. Nelson Frazier Funeral Home is in charge of arrangements.

Willie C. Moore

Willie C. Moore, 71, of McDowell, died Wednesday, Nov. 16, 2011, at Riverview Health Center.

He was born Oct. 30, 1940, to the late Willard and Rebecca Stumbo Moore. He was a construction worker.

He was preceded in death by one daughter, Wendy Moore; brothers and sisters, Richard Moore, Lewis Moore, Johnny Moore, five infant brothers, Friscilla Collins and Rose Alley. He is survived by one son, J.W. "John" Moore, of Muskogee, Mich.; daughter, Catherine Jo Ann (Rick) Johnson, of McDowell; sisters, Ethel Sue Brillhard, of Columbia, Ohio, and Maryann Hamilton and Freda Gail Caudill, both of McDowell; and five grandchildren, Steven Johnson, Kari Johnson, Brandy Moore, Kaylie Moore and Caitlyn Moore.

Funeral services will be held at noon, Saturday, Nov. 19, at Nelson Frazier Funeral Home, with Ted Shannon officiating. Burial will follow the service at Greenberry Hill Cemetery in McDowell.

Nelson Frazier Funeral Home is in charge of arrangements.

Ellen Taylor

Ellen Taylor, 73, of Printer, died Tuesday, Nov. 15, 2011, at Pikeville Medical Center.

She was born Oct. 13, 1938, to the late Andy and Susie Stevens Shepherd. She was the wife of the late Eddie Taylor, a homemaker and member of the Tackett Fork Free Will Baptist Church. She attended the Katy Friend Free Will Baptist Church.

She was preceded in death by her brother, John Henry Shepherd, and two sisters, Della Shepherd and Nolene Compton.

She is survived by four sons, James Edward and Mary Taylor, of Allen, Floyd Curtis and Rosalee Taylor, Andy Lee and Diane Taylor, and Jack and Donna Jarvis, of Hunter; and Judy Taylor, all of Hunter; two daughters, Debra Sue Taylor and Glenn Leggett, of Dwayne, and Rebecca Lynn Taylor and John Garrett, of Prestonsburg; one brother, Andy Jr. Shepherd, of Prestonsburg; four sisters, Ida Justice and Donna Jarvis, of Prestonsburg; Ethel Caudill, of Staffordville, and Sarah Compton, of Claypool, Ind.; and a host of loving grandchildren, great grandchildren and great-great-grandchildren.

Funeral services will be held at 1 p.m., Friday, Nov. 18, at Nelson Frazier Funeral Home, with Van West and Jimmy Caudill officiating. Burial to follow service at Taylor Family Cemetery in Hunter.

Nelson Frazier Funeral Home is in charge of arrangements.

FOR THE RECORD

MARRIAGE LICENSES
Ashley Nicole Pilkin to Danny Newsome, both of Beaver.

Alva Sue Hicks to Michael Jay Hicks, both of Martin.

Phoebe Michelle Bradley to Bryan Keith Blackburn, both of Thelma.

Hildred Kaye Layne Rowland to Thomas Ray Hicks, both of Langley.

Connie Sue Jones Cundiff to Daniel Cundiff, both of Prestonsburg.

Sherry Hall Cline, of Van Lear, to Luther L. Boothe, of Bluefield.

Tonya Renae Conn, of Prestonsburg, to John Patrick Owens, of Garrett.

Chad Alan Conway, of Harold, to Jennifer Kengee Stratton, of Stanville.

CIVIL SUITS
GE Capital Retail Bank v. Eric Fitzer, contract.

First Financial Resolution Investment Corp. v. William E. Hunter, contract.

First Financial Credit v. Timothy Marsillett, contract.

Spring Leaf Financial Services of America v. Delb Hall, contract.

Capital One Bank v. Brent Murray, contract.

Capital One Bank v. Breann N. Horne, contract.

Capital One Bank v. Edward L. Bennett, contract.

Capital One Bank v. Samure L. Salisbury, contract.

Capital One Bank v. Ronald Wright, contract.

Capital One Bank v. Gary Williamson, contract.

Capital One Bank v. Jessica Adams, contract.

Central Financial Services v. Mark Ray, contract.

Calvary SPV I, LLC v. Kenneth N. McKinney, contract.

BB&T Financial FSB v. Stephanie M. Conn, contract.

Heather Deloris Dotson v. Jesse R. Dotson, dissolution of marriage.

CHARGES FILED
Charles Moore, 26, Hi Hat, third-degree terrorist threatening.

Christopher S. Moore, 36, Langley, alcohol intoxication, menacing.

Austin C. Rogers, 18, Prestonsburg, public intoxication of a controlled substance, failure to wear seat belt, possession of marijuana.

Anthony Justice, 27, Pikeville, public

intoxication of a controlled substance.

Nora L. Wallen, 39, Prestonsburg, controlled substance prescription not in original container, second-degree possession of controlled substance.

Ashley L. Perry, 22, Prestonsburg, endangering the welfare of minor.

Michael Adams, 19, Prestonsburg, fourth-degree assault.

Marran S. Riley, 46, Martin, harassment.

Michael Wallen, 18, Auxier, fourth-degree assault.

Patsy Brown, 40, Garrett, theft by deception/fold checks.

Ray Slone, 42, Wayland, harassment.

Nora Saye Adair, 47, Etsy Layne, fourth-degree assault.

Billy Crider II, 48, Prestonsburg, theft by failure to make required disbursement.

Ronnie E. Spradlin, 38, Prestonsburg, receiving stolen property (firearm).

Trena Triplett, Isom, receiving stolen property.

Michelle Jarrell, 43, Banner, receiving stolen property (firearm).

Tom Crum, Prestonsburg, theft by failure to make required disposition.

Daniel Bentley, 26, Jackson, complicity receiving stolen property under \$10,000.

Calude D. Isaac, 33, Hi Hat, operating a motor vehicle under the influence of drugs/alcohol, failure to produce insurance card, driving motor vehicle while license suspended for DUI, no/expired Kentucky registration.

Austin Newsome, 18, Teaberry, first-degree criminal mischief.

Glenda Holbrook, 25, Prestonsburg, first-degree wanton endangerment, first-degree promoting contraband.

Billy Samuel Nelson II, 21, Dwayne, second-degree burglary, third-degree burglary, theft by unlawful taking, first-degree criminal mischief, drug paraphernalia, possession of a controlled substance, possession of second-degree controlled substance.

David G. Elliott, 39, Martin, second-degree burglary, violation of Kentucky E.P.O.

State jobless rate 9.6 percent in October

FRANKFORT — Kentucky's seasonally adjusted preliminary unemployment rate fell to 9.6 percent in October 2011 from 9.7 percent in September 2011, according to the Office of Employment and Training (OET), an agency of the Kentucky Education and Workforce Development Cabinet.

The preliminary October 2011 jobless rate was 0.6 percentage points below the 10.2 percent rate recorded for the state in October 2010. The state's October 2011 rate is the lowest since the August 2011 rate of 9.5 percent.

The U.S. seasonally adjusted jobless rate dropped to 9.1 percent in September 2011 according to the U.S. Department of Labor. U.S. unemployment statistics are based on estimates and are compiled to measure trends rather than actually to count people working.

Six of the 11 major nonfarm North American Industry Classification System (NAICS) job sectors reported an employment increase in October 2011, while four decreased and one remained the same, according to OET. The number of jobs increased by 5,200 from September 2011 to October 2011 bringing Kentucky's nonfarm employment to a seasonally adjusted total of 1,798,100. Kentucky's nonfarm employment has grown by 18,700 workers since October 2010.

"October 2011 marks the first month of job gains since July 2011 and the highest level of nonfarm employment since December 2008 when it was 1,817,200," said Ron Crouch, OET Director of Research and Statistics.

According to the seasonally adjusted employment data provided by the Bureau of Labor Statistics' Current Employment

Statistics (CES) program, Kentucky's manufacturing sector ballooned by 2,900 jobs in October 2011. Since October 2010, employment in the manufacturing sector has climbed by 6,300 positions.

The increase in manufacturing jobs occurred mostly in the durable goods subsector which includes items that are expected to last more than a year such as appliances or furniture," said Crouch.

The state's leisure and hospitality sector jumped by 1,700 jobs in October 2011. Since October 2010, the sector has grown by 6,600 positions. The leisure and hospitality sector includes arts, entertainment and recreation, accommodations and food services, and drinking places industries.

"The employment increase in the leisure and hospitality sector in October 2011 is attributed to accommodations and food services businesses, which gained 2,000 jobs," said Crouch.

The educational and health services sector added 1,000 workers in October 2011. The sector has expanded by 5,000 jobs since October 2010. This sector includes private and nonprofit establishments that provide either education and training or health and social assistance to their clients.

The trade, transportation and information services sector grew by 400 jobs in October 2011. This area includes retail and wholesale trade, transportation and warehousing, businesses, and utilities.

It is the largest sector in Kentucky with 360,200 employees. Since October 2010, the number of jobs in this sector has risen by 1,800.

The information services sector had 400 more jobs in October 2011. This segment, which includes firms involved

in publishing, Internet activities, data processing, broadcasting and news syndication, has risen by 400 positions since October 2010.

Employment in the other services sector, which includes such establishments as repair and maintenance, personal and laundry services; religious organizations; and civic and professional organizations, increased by 200 positions in October 2011. This sector had 1,300 fewer positions in October 2011 than October 2010.

The government sector, which includes public education, public administration, professional and state-owned hospitals, had the same number of jobs in September 2011 and October 2011. The sector includes a few jobs that in October 2010.

The state's professional and business services sector dropped by 600 positions in October 2011. This area includes professional, scientific and technical services; management of companies; administrative support and waste management, including temporary help agencies. Since last October, jobs in the sector have mushroomed by 10,100.

"The 5.5 percent increase in year-over-year employment in the professional and business services sector is clustered in administrative and support businesses," Crouch said.

Construction sector jobs fell by 400 in October 2011. Since October 2010, employment in the construction sector has dropped by 3,300 jobs.

The financial activities sector decreased by 200 jobs in October 2011. This segment, which includes businesses involved in finance, insurance, real estate and leasing or rental, had 2,900 fewer positions than in October 2010.

Employment in the

mining and logging sector went down by 200 in October 2011. The sector has gained 400 jobs since October 2010.

The U.S. Bureau of Labor Statistics' monthly estimate of the number of employed Kentuckians for October 2011 was 1,895,000 on a seasonally adjusted basis. This figure is up 2,340 from the 1,892,706 employed in September 2011, and up 23,199 from the 1,871,847 employed in October 2010.

The monthly estimate of the number of unemployed Kentuckians for October 2011 was 202,247, down 641 from the 202,888 Kentuckians unemployed in September 2011, and down 11,178 from the 213,425 unemployed in October 2010.

The monthly estimate of the number of Kentuckians in the civilian labor force for October 2011 was 2,097,293. This figure is up 1,695 from the 2,095,594 recorded in September 2011, and up 12,021 from the 2,085,272 recorded in October 2010.

Civilian labor force statistics include nonmilitary workers and unemployed Kentuckians who are actively seeking work.

They do not include unemployed Kentuckians who have not looked for employment within the past four weeks.

Kentucky's statewide unemployment rate and employment levels are seasonally adjusted. Employment statistics undergo sharp fluctuations due to seasonal events, such as weather changes, harvests, holidays and school openings and closings. Seasonal adjustments eliminate these influences and make it easier to observe statistical trends.

However, because of the small sample size, county unemployment rates are not seasonally adjusted.

Learn more about the Office of Employment and Training at www.worldforce.ky.gov.

Visit us at:

www.floydcountytimes.com

BSCTC announces two online courses

Big Sandy Community and Technical College will be offering the following courses via the Ed2Go site. The two courses being offered include CorelDRAW X5 and Certificate in Integrative Mental Health. You can enroll online anytime by simply visiting your Online Instruction Center at <http://www.ed2go.com/bctc>, search for the course you want to take and enroll. The courses are described as follows:

CorelDRAW X5
Participants in Introduction to CorelDRAW X5 will learn to use CorelDRAW to design professional newsletters, greeting cards, web graphics, logos, and exquisite art created from their own photos. They will master text and graphic design tools, page layout, templates, import and export functions, and special effects including shadows, transparencies, 3D effects, distortions, and PowerClips.

Mental Health
Participants in Certificate in Integrative Mental Health will learn about holistic approaches to treating anxiety disorders, bipolar disorders in children and adolescents, sleep disorders, depression, and mental health issues related to aging, chronic pain, and Alzheimer's disease. This groundbreaking certificate program is designed for health care professionals and others interested in integrative mental health.

To register for this course or browse other relevant and affordable courses for your business, go to www.ed2go.com/bctc. If you are unable to take the November course, do not worry. This course along with 300 or more short-term and convenient courses, are offered on a monthly basis and are completely online to fit your busy schedule. Best of all, they're affordable too. For more information or to register please contact Brenda Miller at (606) 889-4769.



Dr. George D. Edwards, President, Big Sandy Community and Technical College and his wife, Dr. Joyce Edwards help the Alpha Nu Zeta Chapter of Phi Theta Kappa by donating their time and efforts in supporting their Free Brown Bag Lunch Program. The Free Brown Bag Lunch Program is available to all students every Tuesday.

College president, wife lend hand with 'Brown Bag' project

PRESTONSBURG—Dr. George Edwards, Big Sandy Community and Technical College president, and his wife, Dr. Joyce Edwards, took time out from their busy schedules Nov. 8, to participate in the Phi Theta Kappa Free Brown Bag Lunch Project.

The two, assisted the members of the Alpha Nu Zeta Chapter of Phi Theta Kappa in their weekly Free Brown Bag Lunch Project in the Student Center at the Prestonsburg Campus. The Chapter has researched the topic of

Hunger and determined that many individuals have hunger issues, and that this has consequences for their academic performance. The chapter began researching issues of hunger from last year and continues through this current year. The group created the Free Brown Bag Lunch Project, which began last November, as a response to their initial needs assessment, and the Project continues this year with the assistance of various community donors to provide the

bread, peanut butter and jelly. Each brown bag contains an apple, cookies, and a peanut butter-and-jelly sandwich, and the opportunity of two types of chili provided free to any student, staff or faculty member each week. November's donor is Appalachian Wireless, which has provided money to support the project, and also has provided money for a future month next year. The chapter also has created and established a micro-economy process to also provide funds for the

Wildlife Learning

Michelle Goble, from the Floyd County Conservation Service, presented a program Oct. 19 and 20 to eighth-graders in Angela Mullins' class. Students were given a hands-on learning experience about wildlife. Students were also given information regarding the 2011-12 Conservation Essay Contest, which is designed for students in grades 5 to 12. AGMS has had several county, district and area winners in past years.

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Coupons must be presented at the time of purchase. Coupon cannot be combined with any other offer. EXPIRES 11/30/11

Diepoint

Worth Repeating ...

A liberal is a man who is right most of the time, but he's right too soon.

— Gregory Nunn

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

—Guest View More work to be done for veterans

Throughout our nation's history there has always been a thread that holds together our union, and that has been the men and women who serve in our armed forces.

Without a military presence there would have never been a revolution against England that paved the way for our independence. In the 1940s, without our military in place, the axis powers would likely have ridden roughshod over all of Europe and eventually into North America.

In short, our troops make it possible for our union to endure, and it is on days such as Veterans Day that we take time to honor their courage and sacrifice in the face of their own mortality.

So, it is important that as we honor their actions we also work to ensure those sacrifices were not in vein later in their lives. Our veterans deserve more than the honors our words can bring; they need the opportunity for normalcy once their service to our country is complete.

According to the federal government's own figures, it is clear that opportunity is not being offered to all.

A study from the U.S. Bureau of Labor Statistics found that of those soldiers who served in the American military following the tragedy on 9/11, more than 12 percent are currently

unemployed. That's well above the national figure for unemployment.

It behooves us all to ensure that our veterans do not volunteer to serve our country for nothing once that service is complete. Lawmakers in Washington last month shot down a jobs plan which also included two provisions to aid veterans in finding work through tax incentives for small businesses. But this particular piece of legislation is symptomatic as to why our nation's capital is in gridlock, and in this case help for our veterans was the collateral damage.

These two measures were attached to a larger Democratically-backed bill that had little chance of moving through the Republican-controlled Senate. Had they been bills on their own, they may have passed. As it was, politics helped deter two pieces of legislation that may have actually done some good.

Last week we set aside some time to honor the memories of our nation's veterans. Perhaps our leaders in Washington, D.C. would be better served themselves if they could set aside some time to work for those who continue to enable their freedom. It seems to us to be the least they can do.

— The Hazard Herald



Beyond the Beltway

The OMG Congress

Donald Kaul
OtherWords

You can tell politicians are getting nervous. They're playing the "In God We Trust" card again.

You'd think that card's all but worn out — Congress did, after all, make the slogan the nation's official motto in 1956 — but no, something more seems to be required.

With unemployment topping 9 percent, the European economy sliding toward an abyss, and Lindsey Lohan posing nude for Playboy, our lawmakers took time out to "reaffirm" "In God We Trust" as our official national motto. The House of Representatives voted 396-to-9, with two Profiles in Courage — without a torturous will-we-won't-we negotiation.

Well, we finally got bipartisan agreement on an issue. Politicians of both parties are bipartisanly terrified of the electorate.

One of my favorite writers has written more than once on the subject of "In God We Trust" as a national

motto.

Here's what he had to say: "I have always had grave reservations about the concept of trusting in God. I've never understood just what it is people trust Him to do.

"Do we trust Him to make the righteous prosper and the unworthy suffer? Oh, a few old-fashioned Calvinists still believe that I suppose, but you'd have a hard time documenting the trend.

One's personal experience is filled to the brim with examples of scoundrels who live richly in the full sunlight of society's admiration and of noble, honest folk for whom life is just one damn thing after another.

"Do we trust God to enforce some larger system of order on our miserable lives? Not if, by order, we mean something we can understand. If there is a hallmark to God's interventions in our lives it is capriciousness.

"The quintessential act of God is the tornado. It comes swooping down, destroying one man's home, leaving his neighbor's untouched. It tears off the wall of a house without disturbing the furniture.

"That's life. There may be a divine pattern to it, I suppose, but it's difficult to discern while reaping the whirlwind.

"Some would argue that it matters not only whether you trust in God, but in which God you trust. There are as many Gods as there are religions and most of them argue for an exclusive franchise.

But look at yesterday's paper — people all over the world were getting

it in the neck, regardless of race, creed, or religion — and often because of race, creed, or religion.

"What makes God such an unlikely candidate for trust, it seems to me, is His sense of humor. He's always playing jokes.

"Typically he'll end a drought with a series of floods. He'll give people an earthquake, then follow it with a tsunami.

"Trustworthy is the last adjective I would apply to God. Awesome, yes. Majestic, certainly. Mysterious, mystifying, unknowable: all of those things.

"Trust is the gift we offer God in hopes that He will accept it and send the next tornado down the middle of the road instead of the middle of our kitchen. It seems to work for some people, not for others."

Who wrote that? Me.

I wrote it 30 years ago and nothing that's happened since then has changed my opinion.

At rock bottom, this is my belief. We don't need politicians who trumpet their belief in God in an effort to convince us to vote for them. They lie a lot.

We need politicians who believe in arithmetic and the scientific method, people smart enough to figure out the answers to the problems all those believers that came before them have left us with.

Amén.
OtherWords columnist Donald Kaul lives in Ann Arbor, Michigan. otherwords.org

Visit us at:

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The Times

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Letters to the Editor Family thanks nurse, hospital staff

Editor's note: The following letter was originally sent to Cathie King, Director of 4A, at Highlands Regional Medical Center.

I, Brenda Slone, daughter of Levon Jacobs, will attempt to write a very heartfelt letter of appreciation to your staff and all services.

On behalf of all my dad's children and family, we want to express our sincere thanks to all your nurses who stood by our dad's bedside with us and delivered such wonderful care. It speaks very highly of your unit when one can't find a single negative thing to say.

Dad lacked one day from being there three weeks, during which time Dad was never left alone. Dad

had spent 5 and 1/2 years at Riverview Healthcare Center, and we children thank God that his passing wasn't there. We don't feel Dad could have received any better care from any other hospital.

After Dad was transferred from the ICU to your floor, 4A, it was quickly observed by one of your staff that we had a need to be moved to a private room. Room 409 then became our "home away from home" with our dad. This made it much easier for all of us to say and do things with our dad.

So, Cathie, I hope you can feel the magnitude of honor that we children want you to know about your staff. Your nursing assistants are not "just an aide." They were highly professional and skilled nurses and a

very caring group.

As a nurse myself, an RN of 35 years, I have worked with many nurses and I feel my dad was treated with the highest of professional care. Please pass on to the department heads of Respiratory, Dietary, and Housekeeping that they, too, must be honored to have such caring staff.

As respiratory staff would enter and exit Dad's room, they always made us feel they were there to help Dad. It wasn't "just a job."

As to Dietary, serving us pots of coffee, bottles of water, etc., was such a help. None of us wanted to leave Dad's bedside the last few days to even go get coffee or water, and Dietary made that possible.

Now to Housekeeping, I'm sure they have never

filled so many paper towels, taken out so much trash, or replenished so many containers of hand sanitizer.

All in all, as my tears are flowing for the loss of my dad, my sisters, brothers and I truly thank all of you for the memories we will always cherish as Dad's life here on Earth has ended, but we know he will live forever with Jesus.

In closing, we children don't want to leave out any one of your names who had any part in caring for our dad, but we must honor a special nurse, Jennifer Combs, who was with us on the morning of Oct. 19. We may forget names, but we will never forget your faces and caring hearts.

Levon Jacobs' children and family

Fire department offers thanks

To all the firemen from around the county that came out to help and support us during last

Thursday morning's house fire in Garrett, to any person who said a prayer for the firemen or the Case

family, or to any person who was just there to give a helping hand, we greatly thank you and stand at the

ready to return the favor, whenever called upon. Garrett Area Volunteer Fire Department members

AAA predicts 4 percent jump in Thanksgiving travel

LEXINGTON — AAA forecasts 42.5 million Americans will travel 50 miles or more from home during the Thanksgiving holiday weekend, a four percent increase from the 40.9 million people who traveled one year ago. This is the first significant increase in any holiday travel this year. The Thanksgiving holiday travel period is defined as Wednesday, Nov. 23 to Sunday, Nov. 27.

"Driving AAA's projected increase in the number of Thanksgiving travelers is pent-up demand from Americans who may have foregone holiday travel the last three years," said Bill Sutherland, vice president, AAA Travel Services. "As consumers weigh the fear of economic uncertainty and the desire to create lasting family memories this holiday, more Americans are expected to choose family and friends over frugality."

"This is the first significant increase in any holiday travel this year," said Sutherland. "Memorial Day travel was statistically flat while Independence Day and Labor Day travel experienced decreases of 2.5 percent and 2.4 percent, respectively."

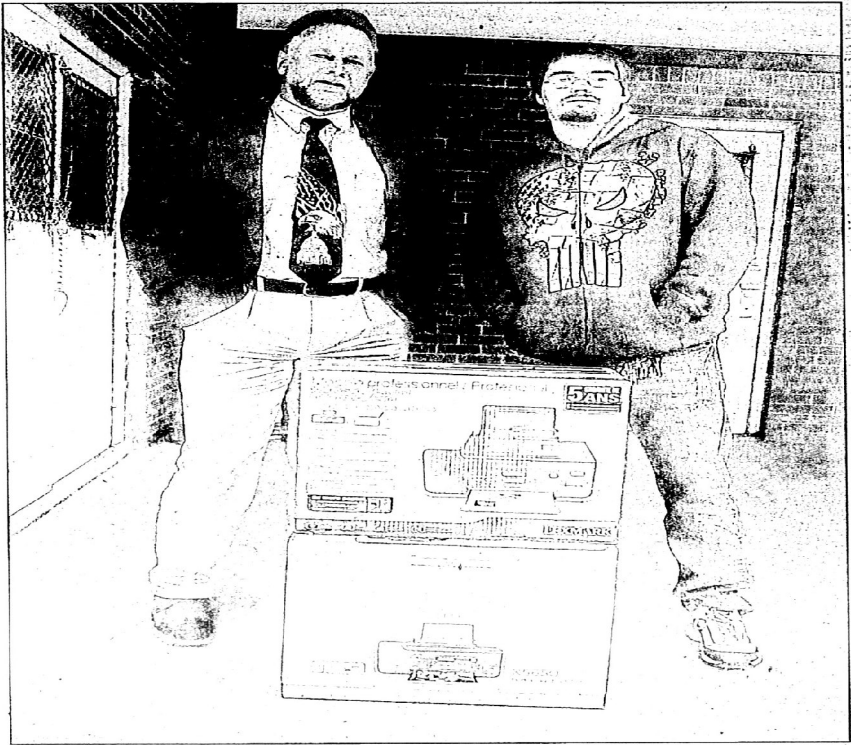
While primary economic drivers continue to show improvement from one year ago, growth levels are not high enough to support a return to pre-recession levels of holiday travel. Rather a slow climb back is expected from 2008 which was a decade-low year for Thanksgiving

travel with only 37.8 million Americans taking a trip. With volumes still below historical averages, pent-up demand will be a contributing factor in increased holiday travel, despite current economic conditions.

Total economic activity, measured as real gross domestic product, is expected to grow by just 1.3 percent for the fourth quarter of 2011 compared to the fourth quarter of last year. The national unemployment rate is expected to be just four-tenths of a percentage point below last year's level. Personal income, real disposable income and consumer spending are all forecast above last year's levels. However, the growth rates of these indicators are weaker than last year, and Americans are expressing uncertainty about the future by way of weaker consumer sentiment and consumer comfort survey results. In particular, household net worth is expected to be 5.6 percent lower in the fourth quarter of this year compared to last year.

AAA's projections are based on economic forecasting and research by IHS Global Insight. The Boston-based economic research and consulting firm teamed with AAA in 2009 to jointly analyze travel trends during the major holidays. AAA has been reporting on holiday travel trends for more than two decades. The complete AAA/IHS Global Insight 2011 Thanksgiving Holiday Travel Forecast can be found at NewsRoom.AAA.com.

Wheelwright Library receives printers



Through the office of Prestonsburg Mayor Jerry Fannin, the Wheelwright Public Library has received two Lexmark printers to use at the Wheelwright Library. These printers will be used with the four desktop computers obtained several months ago through Mayor Fannin and the Computers 4 Kids initiative in Kentucky. Mayor Fannin delivered the printers to Wheelwright last Friday. Pictured on the left is Fannin, with Sam Little, representing the Wheelwright Public Library. Fannin will also be distributing similar printers to the other Floyd County libraries as well as to the local schools.

Arts Council launches 'Give a Gift from Kentucky' campaign

FRANKFORT — In an effort to support local businesses and encourage the purchase of Kentucky-made holiday gifts, the Kentucky Arts Council has partnered with other organizations across the state to promote Kentucky artists.

Subscribers to Kentucky Monthly magazine will receive a special Holiday Gift Guide, featuring items produced by artists who have been selected for Kentucky Arts Council programs based on artistic excellence. Shoppers can find bath and body products, Christmas ornaments, dolls, home décor, jewelry, music, notecards, paintings, photographs, prints and other handmade items. Work by these artists can also be reviewed from the artist directories at <http://bit.ly/KACartistdirectories>.

The arts council has also launched a Twitter campaign to promote gift

ideas, holiday open house and open studio events and retailers carrying merchandise made by artists selected to participate in the arts council's Kentucky Crafted Program. Search giveagiftfromky.com for daily tweets through Dec. 22.

In addition, the arts council is promoting Small Business Saturday on Nov. 26, a national effort organized by American Express to encourage shoppers to shop locally and support small businesses. A listing of shops recommended by Kentucky Crafted artists is available on the arts council's website at <http://artsCouncil.ky.gov>.

The Kentucky Arts Council, the state arts

agency, creates opportunities for Kentuckians to value, participate in and benefit from the arts. Kentucky Arts Council funding is provided by the Kentucky General Assembly and the National Endowment for the Arts.

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2010 TOYOTA VENZA Red, 35k Miles, #PR4832	\$23,995
2011 FORD EDGE LTD 4x4, Black Leather, Loaded, 31k Miles, #PR4838	\$29,995
2010 CHEVY TAHOE 20" Wheels, LT, Gray Leather, 35k Miles, #PR4839	\$37,995
2011 FORD MUSTANG Red, 28,634 Miles, #PR4853	\$21,999

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FBLA students collect food, supplies for animal shelter

PRESTONSBURG — Students at one Floyd County School were learning how to give back to their community this week.

According to Pam Caudill, liaison for Floyd County Schools, Prestonsburg High School's Future Business Leaders of America (FBLA) recently collected donations for the Floyd County Animal Shelter.

Caudill says that while participating in the community service activity, students collected food and cleaning products. FBLA sponsors, Terri McCoy and Jennifer Roberts, organized the drive.

Through community service, Caudill says, the students further their experience in leadership and business. These



students are developing skills which will reflect upon their potential to become future leaders.

FBLA is a state and

national organization with over 215,000 high school members.

The organization continues into college

under the name Phi Beta Lambda. FBLA is funded through membership fees, fundraising, business partnerships, and grants.

Montell prefiles bill to allow charter schools

FRANKFORT — Rep. Brad Montell, R-Shelbyville announced this week he is pre-filing legislation that if passed would establish a charter school initiative in Kentucky. The proposal would allow communities across the Bluegrass State the opportunity to open a school for the benefit of students, parents, teachers and the community as a whole.

"Our current public school system works fairly well for many of our students. But unfortunately far too many of them are falling through the cracks," said Rep. Montell in filing the bill. "About 25 percent of Kentucky's public school students don't graduate, and of those that do 6 out of every 10 need remediation before they can attend college. What's more, the achievement gap between white students and minority students is staggering. Across the country, many public charter schools have demonstrated the ability to drastically improve high school graduation rates and close the achievement gap."

The charter school reform movement started in 1991, and there are currently 5,400 charter schools serving almost two million students in 41 states. Rep. Montell's proposal uses model law principles from the National Alliance for Public Charter Schools, which would focus on those schools with students at risk of academic failure who will be given priority when selecting which charter schools will open. It also places no cap on the number of charter schools that could open in

Kentucky, so long as they meet the accountability requirements as spelled out in the bill.

"We can no longer stand by and watch as other states allow their children to grow and prosper in their education through the option of charter schools," added Rep. Montell.

"Kentucky is one of only nine states that don't allow public charter schools. We must provide our children with all avenues of learning, and public charter schools offer families a wider variety of options to give every child an equal chance at the best education possible."

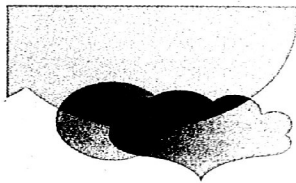
According to Rep. Montell, public charter schools are:

- Innovative public schools that are designed by educators, parents or community leaders
- Free and open to anyone who wishes to attend
- Free from much of the bureaucracy that stifles many traditional public schools
- Accountable for results; charter schools that do not perform up to standards are closed
- Public charter schools are only an option; no child is forced to attend a charter school.

Charter schools offer an alternative to traditional public schools, providing choice for parents and children in public education.

For more information about charter schools, go to the National Alliance for Public Charter Schools' website at <http://www.publiccharters.org>.

The bill is prefiled as BR 117 for the 2012 Regular Session.



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Kentucky catching up in number of college degrees

FRANKFORT — Kentucky improved its rate of adults with a college degree more than any other state during the first decade of the new millennium, Bob King, President of the Kentucky Council on Postsecondary Education, presented this and other findings to Interim Joint Education Committee members Monday.

King shared a September report from the National Center for Higher Education Management Systems which also ranked the state first in six-year graduation rates at four-year institutions and undergraduate credentials awarded to young adults. Kentucky was second for the rate of improvement of young adults with at least an associate degree.

The study also measured three-year graduation rates at two-year institutions and undergraduate credentials of at least one year. Kentucky placed third and fifth, respectively.

"There was no other

state in the country that made more improvement during the decade of the 2000s than Kentucky in terms of these important measures of higher education performance," King said.

He also presented the council's strategic agenda to sustain the Commonwealth's level of growth in postsecondary achievement. Part of the plan asks the legislature to provide \$25 million of performance-based incentives in fiscal year 2014. Campuses could earn the funds by reaching goals such as increasing graduation rates and decreasing achievement gaps of underprepared students.

This new incentive would be a good way to stimulate further improvement, King said. More than half of all states "use some form of outcomes-based funding for postsecondary institutions. Currently, Kentucky does not tie higher education funds to performance."

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Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.

Devotional Spotlight



Maytown 1st Baptist Church

Rev. Robert (Bob) Varney

Sunday School	10:00 a.m.
Sunday Worship	11:00 a.m.
Evening Worship	6:00 p.m.
Wednesday	8:00 a.m.

Attention Church Organizations, send in a picture of your church, pastor, or youth leaders.

ASSEMBLY OF GOD

First Assembly of God, Martin: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lon Yanna, Minister.

In Victory Assembly of God, West Prestonsburg: Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.

New Bethel Assembly of God, Burning Fork Rd., Sellersville: Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Arthur (Sam) Smith, Minister.

Pratse Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23: Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 6:00 p.m.; Midweek Thurs., 7:00 p.m.; J.M. Sloce, Minister.

BAPTIST

Allen First Baptist, Allen: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.

Auxler Freewill Baptist, Auxler: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.

Ball Branch Regular Baptist Church, Mausey Ky: Worship Service, 9:30, Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor. Contact Kermit Newsome 606-377-6881 for more information.

Benedict Baptist, Slick Rock Branch, Cow Creek: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fish, Minister.

Betsy Layne Free Will Baptist, Betsy Layne: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.

Big Sandy Community and Technical College Baptist Student Union: 1602; Wednesday 11:30 a.m.; Vera Joiner, 886-3963, ext. 67267.

Bonanza Freewill Baptist, Abbot Creek Road, Bonanza: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.

Brandy Keg Freewill Baptist, Com Fork: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.

Calvary Southern Baptist, Betsy Layne: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.

Community Freewill Baptist, Goble Roberts Addition: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.

Cow Creek Freewill Baptist, Cow Creek: Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathan Lafferty, Minister.

Daniels Creek Baptist Fellowship Church of God, Banner: Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.

Drift Freewill Baptist, Drift: Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m.; Jim Fields, Minister.

Endicott Freewill Baptist, Buffalo: Sun. School, 10 a.m.;

Church every Sun. Morning 11:00 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; First Sat. evening Service, At Welcome 7 p.m. Pastor Mark Hunt, 606-478-2686

Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin: Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wieman.

Faith Freewill Baptist, 1/4 mile above Worldview Egmt. on Rt. 1428: Sunday School, 10 a.m.; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Elder Donnie Patrick, Minister.

First Baptist, Garrett: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.

First Baptist, Martin: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday Evening Service, 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

First Baptist, Prestonsburg, 157 South Front Street: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed. 6:30 p.m.; Jerry C. Workman, Minister.

Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.

Free United Baptist, West Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7 p.m.

Free United Baptist, West Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Grethel Baptist, State Rt. 3379, (Branchman's Creek Rd.): Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett: Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Larry Patton, pastor, Phone 886-3460.

Highland Avenue Freewill Baptist: Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.

Jacks Creek Baptist, Sellersville: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trusty.

Katy Friend Freewill Baptist, 2 miles up Abbot: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jimmy Caudill, Pastor.

Lackey Freewill Baptist, Lackey: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.

Lancaster Baptist Church, 71 Cookey St., Prestonsburg: Sunday School, 10:00 a.m.; Morning Worship, 11:00 a.m.; Evening Worship, 6:00 p.m.; Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor: Bobby Carpenter

Left Beaver Regular Baptist Church, across from Garth School, 4th Saturday: Sunday 10:00 am. Odd Saturday 6:00 pm; Gary Compton, Pastor.

Liberty Baptist, Denver: Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Marie Little, Minister.

Ligon Community Freewill Baptist, Ligon: Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.

Little Rosa-Regular Baptist Church of Jesus Christ, (Indian Botan Association): Services: 1st Saturday & Sunday evening 7:30 a.m., 2nd Sunday 9:30 a.m., 3rd Sunday 9:30 a.m.

Martin Branch Freewill Baptist, East: Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.

Martin Freewill Baptist, Martin: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.

Maytown First Baptist, Main St., Maytown: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.

McDowell First Baptist, McDowell: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Slace Jackson, Pastor.

Middle Creek Baptist, Blue River: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; William L. Hunt, Minister.

Lighthouse Baptist, 2445 KY Rt. 1428, Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister; home phone 285-9385

Pleasant Home Baptist, Water Gap Road, Lancers: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.

Prater Creek Baptist, Banner: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.

Rock Fork Regular Baptist, Garrett: Worship Service, 9:30 a.m.; Jenny Manns, Pastor; Willie Crace Jr, Assistant Pastor.

Salt Lick United Baptist, Salt Lick, Hueysville: Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 948-2123.

Sammy Clark Branch Freewill Baptist, Dana: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Stevens Branch Missionary Baptist, Stephens Branch: Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.

The Third Avenue Freewill Baptist: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Phillip Ramey, Pastor.

Tom's Creek Freewill Baptist, U.S. 23 north of Layne Brothers: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.

Tom Moore Memorial Freewill Baptist, Cliff Road: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 6:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.

Trumble Chapel Freewill Baptist: Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m.; Youth Services 7 p.m.; Everyone Welcome.

United Community Baptist, Hwy. 7, Hueysville: Worship Service, 2 p.m.; Friday, 7 p.m.; Carlos Bevery, Minister.

Wheelwright Freewill Baptist, Wheelwright Junction: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Farmer, Minister.

CHURCH OF CHRIST

Betsy Layne Church of Christ, Betsy Layne: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.

Prestonsburg Church of Christ, 88 Hwy. 1428: Worship Service, 9 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly, Minister.

Harold Church of Christ, Harold: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie Messer, Minister.

Highland Church of Christ, Rt. 23, Hager Hill: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Hueysville Church of Christ: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.

Lower Toler Church of Christ, Harold: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonnie Messer, Minister.

Mare Creek Church of Christ, Stanville: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Martin Church of Christ, Martin: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Gary Mitchell, Minister.

Maytown Church of Christ, 66 Turkey Creek Rd., Langley: Sunday Bible Study 10:00 a.m.; Sunday morning worship, 11:00 a.m.; Evening Worship, 6:00 p.m.; Wednesday Bible Study 6:00 p.m.

Upper Toler Church of Christ, 3.5 miles up Toler Creek on right: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.

Weeksburg Church of Christ: Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; John Burke, Minister.

CHURCH OF GOD

Betsy Layne Church of God, Old U.S. 23: Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.

Community Church of God, Arkansas Creek, Martin: Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Cunn, Minister.

First Church of God, Sunday School, 10 a.m.: Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.

Garrett Church of God, Garrett: Sunday School, 10 a.m.; Wednesday, 7 p.m.; Family Training Hour - Thursday 7:00 p.m.; Bill B. Tussey Jr, Pastor.

Landmark Church of God, Goble Roberts Addition: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jeff White, Pastor.

Little Point First Church of God, 671 Little Point Road, East Point: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jeff White, Pastor.

The Ligon Church of God of Prophecy, Saturday: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

EPISCOPAL

St. James Parish, 562 University Drive, Prestonsburg, KY 41653: (606) 886-8046; Sunday Coffee Hour, 10 a.m.; Morning Worship, 11 a.m.; Wednesday evening worship, 7 p.m.; Office Hours: Mon-Fri, 10 a.m.-2 p.m.; Reverend Stan McGraw; www.dioce.net/stjames/ Visit us on Facebook!

LUTHERAN

Our Savior Lutheran, Spill Bayes Room Cabbage House: Sunday School, 11 a.m.; Worship Service, 10:00 am; 12:05 p.m.; Roland Benoit, Minister.

METHODIST

Auxler United Methodist, Auxler: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Mearl Phillips, Minister.

Betsy Layne United Methodist, next to B.L. Gymnasium: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Andy Backburn, Minister.

Allen Christ United Methodist, Allen: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lanester, Minister.

Community United Methodist, 147 Burke Avenue (off intersection Drive and Wesley St.): Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jeffrey Lambert, Pastor.

Elliot's Chapel Free Methodist, Rt. 979, Beaver: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Phil St. Sinner, Minister.

Emma United Methodist, Emma: Sunday School 10 a.m.; Sunday Worship Service 11 a.m.; Pastor David Profit.

First United Methodist, 256 South Arnold Avenue: Sunday School, 10 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev Jim Adams, Pastor.

Horn Chapel Methodist, Auxler Road, Auxler: Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Midweek Chapel, 6 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Judy Carback, Minister.

Grayway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.

Salisbury United Methodist, Printer: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jack Howard, Pastor.

Wayland United Methodist, Rt. 7, Wayland: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.

Wheelwright United Methodist, Wheelwright: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.

Voglie Day United Methodist Church, Harold: Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor.

Drift Pentecostal, Drift: Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Sharny, Minister.

Free Pentecostal Church of God, Rt. 1428, East Point: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs. 6:30 a.m.; Buster Hayton, Minister.

Free Pentecostal Church of God, Weeksburg: Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John Jay Patton, Minister.

Free Pentecostal Church, East 46 off M.L. Parkway at Campion: Worship Service, Saturday and Sunday, 7 p.m.; Patricia Order, Minister.

Free Pentecostal Holiness, Rt. 122, Upper Burton: Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis Sanlar, Minister; David Pike, Associate Minister.

Goodloe Pentecostal, Rt. 850, David: Worship Service, 6 p.m.; Malcott Skene, Minister.

Parkway First Calvary Pentecostal, Floyd and Magoffin County Line: Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister; 297-6262.

Free Pentecostal Holiness, Main St., Martin: Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Ellis J. Stevens, Minister.

Free Pentecostal Church, Dway: Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

SEVENTH DAY ADVENTIST

Seventh-Day Adventist, 5 miles West on Mountain Parkway: Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3459, leave message. Everyone welcome!

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The Church of Jesus Christ of Latter-Day Saints: Sacramento Mtg., 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Prethoood/Primary, 12:00 p.m.; Wednesday, 6 p.m.; Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3130; Richard Salisbury, Bishop.

OTHER

Pastor Altha Johnson welcomes everyone to attend services at the **CHURCH OF GOD OF PROPHECY TRAM KENTUCKY**. Sunday school 10 a.m., Worship service 11 a.m.

Drift Independent, Drift: Sunday, 11 a.m.; Thursday, 6:30 p.m.

Grace Fellowship Prestonsburg (next to old flea market), Sunday School, 10:00 a.m.; Worship, 11 a.m.; Bill Stukenberg, Pastor 889-0905.

Faith Deliverance Tabernacle, West Prestonsburg: Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shephard, Minister.

Faith Revelation, Harkins Ave., West Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thurs. 7 p.m.; Randy Hagans, Minister, 886-9460.

Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.: Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed. 7 p.m.; Carl & Missy Woods, Pastors.

Faith Worship Center, US 460, Painsville: Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.

Full Gospel Community, (formerly of Martin) moved to Old Allen: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed. 6:30 p.m.; Lavonne Lafferty, Minister.

Lighthouse Temple, Main St. and Hall St.: Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.

Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge: Sunday School, 7:00 p.m.; Sunday Evening, 6:00 p.m.; Pastor Curt Howard.

Martin House of Worship, Old Post Office St.: Worship Service, 7 p.m., Saturday/Sunday.

Old Time Holiness, 2 miles up Arkansas Creek, Martin: Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.

Spurlock Bible (Baptist), 6227 Spurlock Creek Rd.: Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stee, Minister; 886-1003.

Town Branch Church: Sunday School 10 a.m.; first Sunday in each month; Worship Ser., morning 10:00 a.m., Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.

The Father House, Big Branch, Abbot Creek: Church, Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.

The Tabernacle, 266 South Lake Drive, Prestonsburg: Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Allen, Phone 263-1616.

Youth Fellowship Center, Wheelwright: Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.

Zion Deliverance, Wayland: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.; Prayer Line: 358-2464; Darlene W. Arnette, Pastor.

Taylor Chapel Community Church, formerly the old Price Food Service building, located 1/4 quarter mile above Worldview Egmt. Rt. 1428: Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m.; Kenny Vanderpool, Pastor.

International Pentecostal Holiness Church, 10974 N. Main St., Martin: Rev. Ellis J. Stevens, Senior Pastor.

Rising Sun Ministries, 114 Rising Sun Lane, Prestonsburg, Ky 41653: Sunday, 11:00 a.m.; Wednesday, 6:30 p.m.; Pastor: D.P. Curry.

Church of God of Prophecy, Sunday School 10 a.m.: Worship Service 11 a.m.; Wednesday Night - 6 p.m.; Pastor Glenn Hayes. West Prestonsburg.

House of Refuge, Rock Fork: Sunday Evening Worship 6 p.m. Monday Bible Study 7:30 p.m. Wednesday Prayer Meeting 7:30 p.m. Bill E. Tussey, Pastor.

Seventh-Day Adventist 5 miles West on Mt. Parkway: Saturdays—Sabbath School, 9:30 a.m.; Church, 11:15 a.m.; Bible Study Tuesdays, 7 p.m. (We are studying the Book of Revelation.) Pastor, Tony Kelly 423-464-2412. Church 606-886-3459.

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- Believe in Christ (John 8:24; 14:1-3)
- Turn from Sin (Luke 13:3, Rom. 6:12-26)
- Confess Christ (Acts 8:37; Matt. 10:32-33)
- Be Baptized (Mark 16:16; Acts 2:38-47; Matt. 28:19-20)
- Walk in Newness of Life (Rom. 6:1-23)

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Star Manning, Paisley Akers, Mackynzie Samons were all crowned during the recent Mountain Pride Pageant.

Mountain Pride pageant crowns local beauties

Jack Latta
Staff Writer

PIKEVILLE — Lovely ladies from little to miss participated in the recent Mountain Pride Pageant held in October at the University of Pikeville.

According to organizers, The Little, Pre-Teen and Teen Miss Mountain Pride Pageant was held in Booth Auditorium, with twelve contestants, ranging in ages from 3 to 12-years old, competing in several phases of competition.

Contestants were judged on personality, age-appropriate appearance, natural beauty, modeling, stage presence and attire. This pageant is affiliated with the Little Miss and Pre-Teen Miss Kentucky Program and the Miss Kentucky's Outstanding Teen Program.

The pageants were established to raise money for scholarship

awards for the Miss Kentucky Scholarship Program. Each year, these programs donate cash scholarship awards to the Miss Kentucky Pageant finalists.

Contestants included: Paisley Akers, Khloe Adams, Jasmine Dotson, Sierra Williams, Courtney Moore, Allyson Stumbo, Kamryn Webb, Alexandria Hardin, Allison Staton, Hailey Hamilton, Star Manning and Mackynzie Samons.

Jasmine Dotson, daughter of Steven Dotson and Kim Portzer of Pikeville received the Little Miss Mountain Pride Photogenic Award. Khloe Adams, daughter of Kayla Adams of Pikeville was the Tiny Miss Mountain Pride High Score Winner.

Allyson Kate Stumbo, daughter of Estill and Chasity Stumbo of Wayland was the Mini Miss Mountain Pride

High Score Winner.

Paisley Akers, 4-year old daughter of Brandon and Valerie Akers of Prestonsburg was crowned 2011 Little Miss Mountain Pride.

Kamryn Webb, daughter of Henry Webb and Kristi Webb of Prestonsburg received the Pre-Teen Miss Mountain Pride Photogenic Award. Alexandria Hardin, daughter of Daniel and Angela Hardin of Lexington was the Junior Miss Mountain Pride High Score Winner.

Star Manning, 12-year old daughter of Dr. Thad and Nicole Manning of Pikeville was crowned 2011 Pre-Teen Miss Mountain Pride. Star performed the song, "Maybe" from the musical "Annie" during the talent competition. Paisley and Star will represent their titles while competing at The Little and Pre-Teen Miss

Kentucky Pageant on June 16th in Richmond.

Mackynzie Samons, 12-year old daughter of Ronnie and Renea Samons of Martin was crowned 2011 Miss Mountain Pride's Outstanding Teen. Mackynzie performed the song,

"At Last" during the talent competition. She will dedicate her year of service to promoting the Jordan Light Foundation. Mackynzie will represent her title while competing at the Miss Kentucky's Outstanding Teen Pageant on June 23rd in Somerset.

The Miss Mountain Pride titleholders are available for special appearances and performances. If your local organization or school would like to schedule an event, contact the Executive Director, Katina Justice at missupikepageant@gmail.com.

Lawmakers urged to fund colon cancer screenings

FRANKFORT — Kentuckians should have better access to colon cancer screenings, members of the General Assembly's Health and Welfare Committee were told Thursday by supporters of a proposal to direct \$8 million in state funds to a screening project over the next two years.

Funding for the Kentucky Colon Cancer Screening Program would save lives and lower health care costs, said Dr. Whitney Jones, founder of the Colon Cancer Prevention Project.

"Each year more people in Kentucky die from colon cancer than breast cancer, cervical cancer, HIV/AIDS and tuberculosis combined. All of those have public health programs to address the issue," Jones said.

Kentucky's Colon Cancer Prevention Project, however, has remained unfunded since it was created in 2008, he said. "By funding this program ... we can make education, prevention and early detection of colon cancer a funded priority. The program will educate all Kentuckians about prevention and screening, as well as about early detection, and provide thousands of uninsured Kentuckians access to screening services."

Jones urged lawmakers to support Bill Request 275, legislation sponsored by Rep. Jim Glenn, D-Owensboro, and co-sponsored by Rep. Bob DeWeese, R-Louisville. If approved during the 2012 legislative session, the funding boost would come in two installments: \$3 million during the next fiscal year and \$5 million the following year.

Funding for the Kentucky Colon Cancer Screening Program would provide screenings to uninsured individuals from age 50 to 64 and others at high risk for colon cancer.

With 150,000 Americans diagnosed with colon cancer annually, the disease is the nation's top cause of cancer death among non-smokers, Jones said. "Kentucky perennially has been among the top five worst states in the nation for mortality. At any time, 10,000 Kentuckians are fighting colon cancer. It is a major problem."

Colon cancer deaths are 90 percent preventable with appropriate screenings and prevention efforts, Jones said. "Sadly, far too many times colon cancer is caught in the late stages as many people are underinsured and uninsured and don't have the means to pay for that information or for that screening."

The public needs more information about colon cancer and the importance of screenings, said George Foster of Owensboro. Foster told lawmakers that he was diagnosed with colon cancer and, on a recent doctor visit, told he had another three to four months left to live. "It's devastating for me right now because I was on the verge of retiring," he said. Foster said awareness of colon cancer doesn't match the threat it poses. "We don't have enough information out there about colon cancer, colon cancer screenings, diagnoses and symptoms of what you may encounter or may not encounter," he said. "It's just not put out front like it should be."

Amid warnings that it will be difficult to find money to boost colon cancer prevention efforts during tight budgetary times, Jones urged lawmakers to consider screenings a part of the budget. "It's fiscally responsible, allowing the state to save millions in treatment costs down the road," he said. "This is prevention in action."

Coal

From Page A1
overstepped its authority in placing the restrictions, saying the cabinet should have merely accepted or rejected the residents' petition to rule the land unsuitable for mining.

However, Franklin Circuit Judge Thomas Wingate agreed with the cabinet, saying in September 2010, "The court finds that there was substantial evidence to support the secretary's

determination that flooding would occur." Laura Mountain Resources is now appealing Wingate's ruling. The case will now be heard by Court of Appeals Chief Judge Jeff S. Taylor, Judge Denis G. Clayton and Senior Judge Joseph E. Lambert, who will preside over the case. The hearing will begin at 10 a.m. at the Court of Appeals in Frankfort, located at 360 Democrat Drive.

In Loving Memory of my Sweet Mother



Lonnie H. Snedigar

Born January 17, 1917. Lived in Garrett Hill until July 2002. Lived with her Daughter, Poca M. Hall (Snedigar) until her death, November 24, 2010 in Marion, OH.

ATTENTION PATIENTS

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Tips on how you and your kids can be healthy this Thanksgiving

The Thanksgiving holiday season is a wonderful time of the year filled with family, friends and of course, food. While the spirit of Thanksgiving is to give thanks for all that we have, the holiday has become increasingly focused on food and eating.

There's no harm in enjoying a meal with your family on Thanksgiving, but it's important to remember that the purpose of the holiday is not simply to over-eat.

Childhood obesity continues to be a threatening epidemic.

The consequences of obesity on children include health issues that are typically seen only in adults, such as Type 2 diabetes, hypertension, sleep apnea, joint problems and high cholesterol.

Thankfully, there are a lot of ways you can make this Thanksgiving a healthier one for the whole family. You don't have to take a break from trying to be healthy just because it's the holidays;

instead, try incorporating one or two of the tips below into your family's holiday routine:

Eat Right
 • Try to incorporate more whole fruits and vegetables into your Thanksgiving meal; you'll save on the calories that are often added to fruits and vegetables to make heavy casseroles.

• Serve water with sliced lemon or lime with your Thanksgiving meal instead of sugary beverages like lemonade, alcohol and sweet tea. You'll get more flavor with less sugar and calories.

Be Active
 • Leading up to Thanksgiving, encourage your family to spend one less hour in front of the television and one more hour of physical activity per day to help offset the extra calories consumed on Thanksgiving Day.

• On Thanksgiving Day, consider leaving the TV and computers off all day so your family will have more opportunities to be active.

Get Support
 • Sometimes,

overindulging at the holidays can lead to eating unhealthy all of the time. Try to recognize when your family's holiday eating has become an unhealthy habit and work together as a family to make better choices.

• If you are concerned about childhood obesity, talk to your healthcare provider about more steps your family can take to lead a healthier lifestyle.

Have Fun
 • Play a game of touch football, Frisbee or kickball after the Thanksgiving meal to help everyone feel energized rather than lethargic.

• Promote "play time" and encourage activities that are fun and physical such as hop-scotch, jumping rope, tag or hide-and-go-seek.

• Remember that parents serve as role models for their children, so make sure your actions are ones that you would want your children to follow. By making a few simple changes, your whole family can enjoy a healthy and happy Thanksgiving!

50th Anniversary



Jim and Jo Ann Lyon, of Mesa, Ariz., celebrated their 50th anniversary recently. The couple was married Oct. 28, 1961, at the Church of Christ, in Prestonsburg, by Rev. Harold Dicks. The couple's two children, Ken and Sheila Lyon, of Barboursville, W.Va., and Ginger Richards, of Rock Hill, S.C., surprised their parents with an anniversary luncheon Oct. 29, at the home of Delta Lyon, of Isonville. The dining room was decorated in gold. An Italian luncheon with punch and a white anniversary cake decorated with gold ribbon and a gold number 50 on top was served to family members Delta Lyon, Mr. and Mrs. Todd Hardy, of Grason, Ken and Sheila Lyon, and Ginger Richards. Jim Lyon is the son of Delta Lyon and the late Ray Lyon, of Isonville. Jo Ann Lyon is the daughter of the late Albert and Minnie Hackworth, of David.

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Bill seeks to enroll all law enforcement agencies in Secure Communities program

FRANKFORT — Rep. Stan Lee, R-Lexington (45th District) announced yesterday he is pre-filing legislation for the 2012 Legislative session that if passed would require all state, county and local law enforcement agencies to participate in the U.S. Immigration and Customs Enforcement's Secure Communities Program, and would prohibit state and local government and agencies from prohibiting or restrict any person from participating in the Federal program.

"Our law enforcement agencies, from the Kentucky State Police to sheriff's offices, airport security, and county police departments, to our jails and conservation officers with the Department of Fish and Wildlife, are on the front lines in protecting our Commonwealth from the threat of criminals who are also in this country illegally," said Rep. Lee in filing the bill. "It is imperative that our police agencies are not prohibited from assisting Federal agents in identifying and arresting

those illegal immigrants who pose a threat to our way of life."

According to information from the U.S. Immigration and Customs Enforcement (ICE) website, the Secure Communities program is a simple and common sense way to carry out ICE's priorities. It uses an already-existing federal information-sharing partnership between ICE and the Federal Bureau of Investigation (FBI) that helps to identify criminal aliens without imposing new or additional requirements on state and local law enforcement.

For decades, local jurisdictions have shared the fingerprints of individuals who are booked into jails with the FBI to see if they have a criminal record. Under Secure Communities, the FBI automatically sends the fingerprints to ICE to check against its immigration databases.

If these checks reveal that an individual is unlawfully present in the United States or otherwise removable due to a

criminal conviction, ICE takes enforcement action — prioritizing the removal of individuals who present the most significant threats to public safety as determined by the severity of their crime, their criminal history, and other factors — as well as those who have repeatedly violated immigration laws.

Secure Communities imposes no new or additional requirements on state and local law enforcement, and the federal government, not

the state or local agency, determines what immigration enforcement action, if any, is appropriate.

Kentucky has already served as a successful test model for the Secure Communities program. In late 2010 the city of Lexington became the first in the nation to implement the program, which has allowed ICE to utilize fingerprints and other biometric information to identify and deport those

illegal aliens who have a history of violent crimes. As of May 2011 the program helped identify and deport 41 illegal aliens, with one quarter of those identified also having a criminal record of committing crimes like theft and arson.

"Secure Communities has helped in ridding our city of dangerous criminals in our country illegally, and it is my belief that other communities across Kentucky could be made safer by joining

this Federal program," added Rep. Lee. "And in order for the Secure Communities program to reach the pinnacle of success, it is imperative that we allow our police agencies to do their job as part of the program."

More information on the Secure Communities program can be found on line at www.ice.gov/secure_communities/.

The bill is prefiled as BR 37 for the 2012 Regular Session.

Taking part in community service



Allen Central Middle School believes in teaching students to take part in community service, that volunteering teachers compassion and understanding. At ACMS, students are learning there are opportunities and choices to give back, right in their own neighborhoods. For the month of October, eighth-grade students participated in raising donations for the Susan G. Komen Breast Cancer Awareness Foundation. Eighth-grade teacher Lynn Handshoe decorated the eighth-grade hall with a pink-and-white breast cancer awareness banner. Teachers Angela Mullins and Nikki Crawford decorated their doros in pink and white. Pictured are students in Mullins' and Crawford's advisor/advisee classes.

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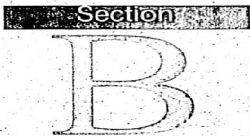
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Sports



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Jamar Board

Pikeville wins title-game rematch over Mountain State

Times Staff Report

PIKEVILLE - Top-ranked University of Pikeville used a 20-3 run in the middle of the second half to beat No. 2 Mountain State University 98-93 Wednesday night in front of 2,521 at the East Kentucky Expo Center.

Pikeville (6-0) went on the run after the Cougars ran off a 26-3 outburst early in the frame. Mountain State fell to 4-3 with its third consecutive loss.

The game ended without either head coach after an incident that occurred with 6:20 to play. With UPIke leading 72-69, senior Jamar Board - a transfer from Mountain State - was called for a foul. A brief skirmish broke out when the fouled player, Cougar junior Devon Peterson, threw the ball at Board.

After the incident, Peterson was ejected and each team had a player assessed a technical foul. As the officials explained their calls to the head coaches, words were exchanged which led to another small mixup. After the officials soothed out the situation, both coaches were ejected.

When action resumed, Mountain State made one of three free throws while the Bears nailed theirs, stretching the lead to 74-70. That came in the middle of Pikeville's 20-3 run. Board sank two free throws nine seconds late and then scored on a layup with 5:40 to play to make it an eight-point lead (78-70).

The Cougars responded, getting five quick points from senior Mark Williams, and - after a three from the corner by UPIke point guard Chris McHenry - a pair of free throws and a layup from sophomore Mantas Drungys to pull within one, 83-82, with 2:13 to play.

But Pikeville scored the next seven points on a short jumper by senior Andrew Young and five straight by Board to stretch the lead to 90-82 with 59.8 seconds left.

The Cougars got as close as three with 2.2 seconds left on a three-point shot by senior Kevin Timmons, but two more Board tosses with 0.2 seconds left iced

See WINS | B4

Runyon wins Tug Valley Bass Anglers Club Classic

Times Staff Report

The Tug Valley Bass Anglers fishing club held its Club Classic, which is the ninth and final tournament of the 2011 season, Nov. 5-6 on Douglas Lake in Tennessee. A total of 21 anglers competed in the event. Kevin Runyon reeled in five fish each day and also claimed the Big Fish award en route to winning the tournament.

Douglas Lake was being drawn down and was about 30 feet below summer pool with a water temperature in the mid-to-high 50s throughout the tournament. Weather for the tournament

was good with mostly sunny skies and an air temperature in the mid 50s.

Fridays practice day was cloudy, windy and the fish were feeding. On Saturday, the first day of the tournament the skies cleared and the wind was calm and the mood of the fish had changed. The fish weren't very active and they were difficult to catch. Sunday was a carbon copy of Saturday and the fish were even more difficult to catch.

The main pattern for the tournament was to fish small crankbaits in the creeks and pockets in 2 to 6 feet of water were shad was present. Some fish were also caught on

topwater baits in the morning and with soft plastics fished deeper on steep banks later in the day.

A list of the top finishers were follows.

- 1st - Kevin Runyon, 24.54 lbs.; Big Fish - 7.21 lbs.
- 2nd - Brandon Staten, 14.48 lbs.
- 3rd - Joe Collins, 12.63 lbs.
- 4th - Michael Salyer, 8.75 lbs.
- 5th - Johnny Webb, 7.92 lbs.
- 6th - Jason May, 7.02 lbs.
- 7th - Keith Pacific, 6.35 lbs.
- 8th - Bryan Fields, 6.18 lbs.
- 9th - Lynn Fields, 5.54 lbs.
- 10th - Greg Maynard, 5.47 lbs.



Tournament winner Kevin Runyon is pictured holding the Big Fish award during the Tug Valley Bass Anglers fishing club's annual Club Classic event.



Allen Central eighth-grader Katie Kendrick is pictured with Coach Larry Maynard. Kendrick has been honored as one of the state's Top 24 high school volleyball players.

Kendrick honored as one of state's Top 24 players

STEVE LeMASTER
SPORTS EDITOR

EASTERN - There are approximately 3,800 high school volleyball players in Kentucky and Allen Central High School is home to two of the Top 24: Katie Kendrick and Brooke Risner.

Kendrick has been selected as one of the state's top 24 players. She is a middle blocker/hitter, and primarily played front row for the Rebels. She paced Allen Central with 254 kills on 523 hitting. Kendrick shined defensively, blocking 156 of 281 attempts, stopping 56-percent of the balls hit at the Allen Central defense while she played up

front most of the time. She also notched 132 reception attempts and returned 92-percent while earning 23 digs, primarily from her front row position. Kendrick is only an eighth-grader.

Risner was touted as one of the state's top 50 players, in addition to being named Kentucky's Volleyball Player of the Week in October by MaxPreps/WCA. She earned 529 assists and set at 97-percent. She served at 95-percent and earned 55 service aces. Risner hit 283, while landing 43 kills. Although her primary job was not to defend, Risner registered 256 reception attempts and returned

89-percent while earning 75 digs.

Maynard: 302 wins and counting. Allen Central High School volleyball coach Larry Maynard went over the 300 win mark during the 2011 season. Maynard is now 302-150 overall. His overall winning percentage is .668. The longtime ACHS volleyball coach is 35-16 in postseason play.

The Allen Central High School volleyball program will host its annual banquet Tuesday. The Allen Central Middle School volleyball team, also under Maynard's guidance, starts play later in the 2011-12 school year.

Rebels set to host annual panorama

STEVE LeMASTER
SPORTS EDITOR

EASTERN - Preseason high school boys' basketball on the night before Thanksgiving is a tradition in Floyd County. Allen Central High School will host its annual panorama on Wednesday, Nov. 23 at J.E. Campbell Arena. Two additional teams from Floyd County and a pair of other squads from the 15th Region will join Allen Central in the panorama.

In the opening game at 5 p.m., Allen Central Middle School will entertain Emma Elena Elementary School from nearby Knott County in junior high boys' basketball action.

First-year head coach James DeRossett will guide Prestonsburg into a preseason matchup versus Phelps at 6 p.m. as the contest opens the high school portion of the event. DeRossett is no stranger to the Prestonsburg boys' basketball program. He served on the staff as an assistant coach during a previous coaching stint.

In the second game, host Allen Central will face longtime 15th Region rival Paintsville. Brad Short is set to mentor the Rebels in his first season as head coach following a move up from middle school.

Tip-off for the Allen Central

See HOST | B4

Lady Rebs to host five games in preseason event

STEVE LeMASTER
SPORTS EDITOR

EASTERN - In just over one week, nine teams will compete in a girls' high school basketball panorama in Floyd County. The Allen Central High School girls' basketball team will hold a panorama on Saturday, Nov. 26 at J.E. Campbell Arena. Allen Central's preseason event will feature all five Floyd County girls' high school basketball teams.

Games for the panorama are set, beginning at 11 a.m. with a matchup featuring the host team and a Floyd County Conference/58th District foe. Allen Central will face Flaxist in the opener. The Lady Rebels will play both the opener and the finale in the panorama.

The rest of the schedule shapes up like this: Prestonsburg vs. Elke Central, 12:30 p.m.; South Floyd vs. Johnson Central, 2 p.m.; Betsy Layne vs. Southwestern, 3:30 p.m.; Allen Central vs. Breathitt County, 5 p.m.

Each game will consist of two 20-minute halves with a running clock. The clock will stop on any dead ball under two minutes. Each game will include two 30-second timeouts per half. In addition, timeouts will not carry over from the first half to the second half. The home team in each game will have the official ball.

A player will receive six personal fouls with a bonus coming at seven

See REES | B4

Floyd teams to play in Eagle Madness

STEVE LeMASTER
SPORTS EDITOR

PAINTSVILLE - Numerous Floyd County elementary boys' basketball fans will be venturing out on the road to neighboring Johnson County this weekend. The 2011 edition of the Johnson Central High School boys' basketball program's Eagle Madness will include three elementary boys' basketball squads from Floyd County.

All six Johnson County elementary boys' basketball teams will face teams from neighboring counties during

this year's Eagle Madness. Matchups will include W.R. Castle vs. Prestonsburg (9 a.m.); Highlands vs. Betsy Layne-Blue (10:20 a.m.); Flat Gap vs. Betsy Layne-White (11:40 a.m.); Meade vs. South Magoffin (1 p.m.); Central vs. Blaine (2:20 p.m.) and Porter vs. Hazard (3:40 p.m.).

The Johnson Central High School cheerleaders will take the floor at the conclusion of the Porter-Hazard matchup. Then, Johnson County Middle School Seventh Grade and Eighth Grade teams will both conduct Black-Gold scrimmages. Floyd County

native Jeremy Daniels guides the Johnson County Middle School boys' basketball program.

Johnson Central is still open to adding a scrimmage for the Eagle Madness event. Currently, Johnson Central is scheduled to hold a Black vs. Gold game following a session featuring competitions versus alumni.

Eagle Madness will be held at JCHS Fieldhouse, Saturday, Nov. 19 9 a.m. - WR: Castle vs. Prestonsburg 10:20 a.m. - Highlands vs. Betsy Layne (Blue) 11:40 a.m. - Flat Gap vs. Betsy

Layne (White)
1 p.m. - Meade vs. South Magoffin
2:20 p.m. - Central vs. Blaine
3:40 p.m. - Porter vs. Hazard
5 p.m. - JCMS Cheerleaders
5:15 p.m. - JCMS Boys 7th Grade Black vs. Gold
5:45 p.m. - JCMS Boys 8th Grade Black vs. Gold
6:15 p.m. - JCMS Cheerleaders
6:30 p.m. - JCHS Boys vs. Alumni Competitions (3 point shootout/Dunk Contest)
7 p.m. - JCHS Boys Black vs. Gold
(Schedule subject to change.)

Morehead State encounters hot-shooting College of Charleston

Times Staff Report

CHARLESTON, S.C. — The host College of Charleston Cougars started the game on a 9-0 run and never looked back as the host team used 10 three-pointers to defeat Morehead State University 72-57 at the TD Center Tuesday morning in part of the ESPN College Hoops Tip-Off Marathon.

The Eagles fell to 0-2 after absorbing the loss. The Cougars, who avenged a 20-point loss to MSU last year, improved to 2-0. C of C hit eight of its 10 treys in the first half as it built as much as a 22-point lead. MSU was able to trim the Cougars' lead to 10 early in the second half, but the hosts managed to pull away again and led by double digits the remainder of the game.

"Our lack of physicality really hurt us again," said Morehead State Coach Donnie Tyndall. "I think we did a good job in the second half of making them miss some shots, but again we got out-rebounded, so we have to find a way to get more physical and rebound the ball better. They would miss but we gave them too many second chances and too many open looks from outside."

The Eagles were out-rebounded 37-29 and hit only 33 percent (18-of-54) from the floor. The Cougars hit 52 percent (27-of-52) from the field and moved the ball well, accounting for 19 assists.

Senior guard Terrance Hill led the Eagles with 33 points and six rebounds. Freshman forward Jordan Percell scored the Eagles' first four points and finished with a career-high eight. MSU turned the ball over just 12 times and forced 17 Cougar miscues, but the hosts outscored the Eagles 30-18 from beyond the arc.

Jordan Scott hit five triples and led C of C with 22 points. Antwaine Wiggins added 17 points for Cougars.

Trent Weideman reached double figures in rebounds for the second straight game, claiming 12 boards for the College of Charleston.

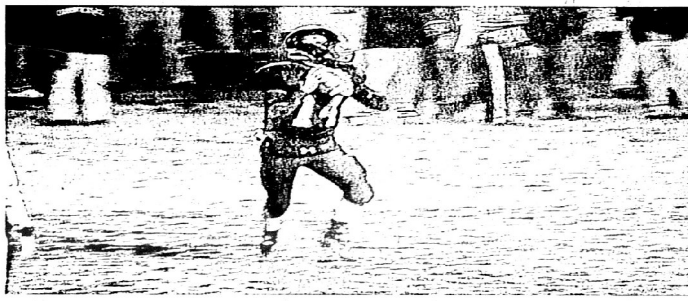
Scott, Wiggins and Andrew Lawrence each drained three-balls in the first two minutes as the Cougars opened the game up 9-0.

They went on to lead 18-5 as MSU didn't hit a field goal until a Lamont Austin three-pointer at the 13:07 mark of the first half made it 18-8. The Eagles trailed 37-25 at the half.

In the final half, Drew Kelly's layup with 18:32 left pulled the Eagles to within 37-27, but the Cougars ran away again as they built their advantage out to 52-35. C of C eventually led 70-50, their largest lead of the second half, late in the contest.

MSU's bench outscored the C of C bench 25-9. Morehead State was hosting Ashbury on Thursday night at Johnson Arena.

CLASS OF 2012



Senior quarterback Adam Crisp ended his high school football career earlier in the month following Prestonsburg's loss to Danville in the opening round of the Class 2A State Playoffs. Crisp passed for well over 2,000 yards during his senior season.

HIGH SCHOOL FOOTBALL SCHEDULE

TONIGHT'S GAMES

CLASS 1A STATE PLAYOFFS

Pikeville at Fairview, 7:30 p.m.
Beechwood at Frankfort, 7:30 p.m.
Holy Cross (Louisville) at Mayfield, 7 p.m.
Hazard at Williamsburg, 7:30 p.m.

CLASS 2A STATE PLAYOFFS

Christian Academy-Louisville at Glasgow, 7 p.m.
Owensboro Catholic at Murray, 7:30 p.m.
Holy Cross (Covington) vs. Newport Central Catholic, 7 p.m. (at Newport)
Lexington Christian at Somerset, 7:30 p.m.

CLASS 3A STATE PLAYOFFS

Belfry at Breathitt County, 7:30 p.m.
Bell County at Central, 7:30 p.m.
Powell County at Garrard County, 7:30 p.m.
Fort Campbell at Paducah Tilghman, 7:30 p.m.

CLASS 4A STATE PLAYOFFS

Covington Catholic at Highlands, 7:30 p.m.
Boyle County at Lexington Catholic, 7:30 p.m.
Franklin-Simpson at Lone Oak, 7:30 p.m.
Collins vs. Western, 7:30 p.m. (at Shelby County)

CLASS 5A STATE PLAYOFFS

Warren Central at Bowling Green, 7 p.m.
Anderson County, at Conner, 7:30 p.m.
Jeffersonton at John Hardin, 7:30 p.m.
Harlan County at Southwestern, 7:30 p.m.

CLASS 6A STATE PLAYOFFS

Scott County at Eastern, 7:30 p.m.
Butler at Henderson County, 7 p.m.
Boone County at Lafayette, 7:30 p.m.
St. Xavier vs. Trinity (Louisville), 8 p.m. (at Papa John's Cardinal Stadium)

UK Football: Wildcats move practice indoors

Times Staff Report

LEXINGTON — The University of Kentucky football team continued to bypass the rainy conditions in Lexington by moving inside to the Nutter Field House for practice for the second consecutive day on Wednesday.

Last week, UK head coach Joker Phillips said the team normally practices with more emotion and energy indoors and that proved true Wednesday as the Wildcats had a very intense workout according to the coach.

"It was an energetic practice where guys were flying around and playing with emotions," Phillips said. "It's an emotional game and you have to play that way."

Phillips was very pleased with Wednesday's practice. Phillips now wants the

team to match the energy level in its final practice of the week on Thursday.

"Again, we have had more emotions this week," Phillips said. "We are still having some mistakes, but not as many mistakes as we have had last week. I think this Wednesday's practice was better than last Wednesday's practice. I hope that tomorrow's practice is better than last Thursday's practice."

"I think the guys are motivated. Again, we base that off the type of energy that we have here in practice and there has been a lot of energy out here."

In terms of injuries, it appears that Kentucky will be without two starters on the defense side of the ball on Saturday as junior defensive end/linebacker Ridge Wilson and junior defensive back Martavius

Neloms did not practice Wednesday. Phillips listed both players as doubtful for the game.

For more information on the Kentucky football team, follow "UKFootball" or "JokerPhillips" on twitter. Big Blue Crush remains close; fans urged to bleed blue for the Cats: After day two of the 24th annual Big Blue Crush, Kentucky trailed Tennessee by only 46 units, 1,118-1,072.

The yearly blood battle, which assures a strong blood supply heading into the holidays, will continue through Friday.

All donors will receive a Big Blue Crush T-shirt and a coupon for a free McDonald's McCafé Beverage. Everyone who registers will also be eligible to win prizes. Monday and Tuesday donors have a chance to score two tickets

to the Kentucky-Tennessee football game on Nov. 26. All donors will also be eligible to win one of five \$200 gas cards and the grand prize NCAA Game Package.

All KBC donor centers will be open 9 a.m. to 7 p.m. during the competition. There will also be numerous blood drives throughout the region.

Tennessee leads the rivalry 12 to 10 with 1 tie, but Kentucky won the competition last year for the first time since 2002. KBC has set a goal of 4,000 donors this year, in hopes of keeping the trophy.

This friendly competition ensures an adequate blood supply during the holidays. To find a donation location or to schedule an appointment, visit kybloodcenter.org or call 800-775-2522.

Eagles falter in second half, fall to VMI

Times Staff Report

LEXINGTON, Va. — The Virginia Military Institute Keydets used a 10-0 run early in the second half to break open a close game and eventually fend off Alice Lloyd College, 101-74, Tuesday night at Cameron Hall.

In a game that was tied 39-39 at halftime, VMI used defensive pressure to force eight turnovers in the first 4:17 of the second half. All of VMI's points in

the deciding run came off turnovers.

The Keydets forced 27 ALC miscues and held a 43-8 edge in points off turnovers. Quinton Upshur had five steals in just 19 minutes of playing time for the VMI men's basketball team.

The Keydets were explosive in the second half, scoring 62 points. Keith Gabriel paced VMI with 22 points. Freshman Jordan Weethe rebounded from a scoreless first half to

net 17 second half points for the Keydets. Nick Gore also scored 17 points in VMI's home win.

Stan Okoye netted 19 points while Ron Burks added nine points, six rebounds and seven assists for the Keydets.

Visiting Alice Lloyd scorched the nets in the first half, shooting 15-for-30 (50-percent) from the field and 6-for-9 from three-point range.

VMI was held to a 14-of-40 shooting effort from

the field (35-percent). The Keydets were 7-of-21 (33-percent) from beyond the arc.

Casey Dalton led Alice Lloyd with 14 points. Dalton was one of four Alice Lloyd scorers to reach double figures in the scoring column. Brent Hall registered the game's only double-double, scoring 13 points and pulling down 10 rebounds.

Brandon Hayes and Isaac Wilson flipped in 11 points apiece for the Eagles.

Union nets convincing win over Alice Lloyd women

PIPPA PASSES - Junior transfer Lindsey Waters continues to solid start as a Lady Bulldog as she poured in a team-high 24 points in leading Union College to a 97-62 victory over host Alice Lloyd College Tuesday.

Waters (Stearns) has scored 50 points in her first three games at Union to average 16.7 points per contest, respectively. With the win, Union

improved to 2-1. Alice Lloyd fell to 0-6 overall after suffering the loss.

Union led 53-33 at halftime and then preceded to outscore the Lady Eagles 44-29 during the second half en route to the 35-point win.

The Lady Bulldogs shot 50 percent from the field and went 12-of-27 (44.4 percent) from behind the 3-point line. Union also connected on 23-of-31 free throws in the non-

conference matchup.

Union forced 32 turnovers, recording 21 steals. On the glass, Union owned a slim 32-29 rebounding advantage.

Kara Pile (Fairdale) and Kaley Griffin (McHenry) each added 13 points apiece for the Lady Bulldogs. Laura Perkins (Myra) and Amber Taylor (Clinton, Tenn.) followed with 12 and 11 points, respectively. Ariel Nickell paced Alice

Lloyd with 18 points. Nickell was one of two Alice Lloyd scorers to reach double figures. Gemma Gray added 14 points for the Lady Eagles.

Union will return to action Friday and again Saturday in the Berea Popsel Classic in Berea. The Lady Bulldogs will face host Berea Friday at 8 p.m. before playing Alice Lloyd for the third time in eight days on Saturday at 6 p.m.

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Bears bounce Bluefield

Times Staff Report

BLUEFIELD, W.Va. — Host Bluefield College put six players in double figures Monday night to knock off the University of Pikeville 76-71.

Pikeville (1-2) made only 39.3 percent of its shots in the first half and trailed 34-27 at the half. The second-half was better as the Bears got to the free throw line 22 times and pulled within two late in the game but could not draw even.

Turnovers doomed UPIKE in the loss, as 18 miscues limited scoring opportunities.

Senior Megan Mosley and sophomore Brogan Conley led the way with 15 points each. Freshman Whitney Belle Jackson, who led the team with seven rebounds, tossed in 12.

Bluefield was led by Janee Simmons and Antonia Cataldi with 14 points each. Simmons joined Destiny Tolliver with seven rebounds each to lead the

Rams, who edged the Bears 32-30 on the glass.

Jasmine Washington came off the bench for 13 points, while Kia Gilliard, Teqa McNeal and Talcieya Rouse scored 10 apiece.

Pikeville will finally have its home opener on Saturday afternoon when it begins league play. The Bears will entertain Georgetown College in the first game of a women/men doubleheader with an opening tip slated for 2 p.m.

UK Basketball: Davis named SEC Freshman of the Week

Times Staff Report

LEXINGTON — University of Kentucky freshman Anthony Davis was named the SEC Freshman of the Week as announced by the league office on Monday.

Davis, a 6-10 forward from Chicago, Ill., tallied a

double-double in his first career outing. He scored 23 points on 10-of-13 shooting from the field, of which eight of those field goals were dunks. Davis also added five blocks and three assists to his stat line. He became the second UK freshman (Terrence Jones) in as many years to post a

double-double in his first career outing.

The award is Davis' first this season, and the first for UK as well. Last year, Kentucky received 13 weekly awards, tying the SEC record for weekly awards in a season which was set by Kentucky in 2009-10.

UPIKE women's basketball teams up with Judi's Place

Times Staff Report

PIKEVILLE — As the Christmas season approaches, the University of Pikeville women's basketball team has found a way to help those in need in their community.

Beginning with the Nov. 29 game against Alice Lloyd College, the school is offering free admission to three basketball games to anyone who brings a child's blanket or a new stuffed animal to the game.

After they've been collected, members of the team will take the items to Judi's Place for Kids, which helps those who suffer from

child abuse.

The home games are as follows: Nov. 29 vs. Alice Lloyd at 6 p.m.; Dec. 5 vs. Bluefield College at 7 p.m.; Dec. 6 vs. Virginia Interment College at 5:30 p.m.

All three of the games will be played at the UPIKE Gym.

"We are very pleased to be able to contribute in some way to Judi's Place," said Bill Watson, who is in his 15th season as head coach of the women's basketball team. "It is our hope that someday these organizations will not be necessary, but we hope to be able to brighten the

Christmas season of these children with the help of our community.

"This is exactly the types of things we need our student-athletes involved in," said Dr. Reginald Overton, director of athletics at UPIKE. "We need to show them that there will always be those in their communities who need a little boost and there's always a way to help meet those needs. I'm proud of the team and coaching staff for stepping up and helping Judi's Place."

Judi's Place for Kids is located at 128 South College Street in Pikeville.



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Rebs

From Page B1
 team fouls and double bonus following 10 team fouls.
 Intermision between the two halves in each game will be five minutes.
 If needed, overtime will be 'sudden death.'

A 10-minute warm-up period will occur between games.
 Allen Central High School Girls' Basketball Panorama
 Saturday, Nov. 26
 at J.E. Campbell Arena
 Allen Central vs. Piarist,

11 a.m.
 Prestonsburg vs. Pike Central, 12:30 p.m.
 South Floyd vs. Johnson Central, 2 p.m.
 Betsy Layne vs. Southwestern, 3:30 p.m.
 Allen Central vs. Breathitt County, 5 p.m.

Host

From Page B1
 Paintsville game is set for 7:15 p.m.
 In the nightcap, scheduled for 8:30 p.m., South Floyd will match up against defending 53rd District champion Knott

County Central.
 The schedule for the 2011-2012 Allen Central High School Boys' Basketball Panorama follows.
 2011-2012 ACHS Boys' Basketball Panorama
 Wednesday, Nov. 23

at J.E. Campbell Arena
 5 p.m. - Allen Central Middle vs. Emmalena
 6 p.m. - Prestonsburg vs. Phelps
 7:15 p.m. - Allen Central vs. Paintsville
 8:30 p.m. - South Floyd vs. Knott County Central

Wins

From Page B1
 the game.
 After senior Shane Burrell missed the first of two from the line with 10:19 to play, the Bears made their last 17 free throws, 15 of which came after the incident with 6:20 left.

The first half saw both teams control the offense. Mountain State scored seven straight, ending with a bucket by Peterson, to take a 10-5 lead with 16:51 remaining.

The lead was 17-12 following a dunk by sophomore David Nyarsuk at the 13:33 mark before the Bears ripped off 13 of the next 16, getting four from Setty, whose basket in the lane with 10:52 left put his team in front 23-20.

After the Cougars

regained the lead on a Peterson three (26-25) the Bears scored eight in a row, ending with a three-point play by McHenry to take a 33-26 lead with 6:26 left.

Pikeville's edge grew to 11 twice late in the half, and a putback by Drungys with 33 seconds left sent the teams to the half with the score 48-39.

UPIke posted what would be its biggest lead of the night when Board hit a three from the right wing with 18:25 to play to make it 55-41. But that sparked MSU's 26-3 run that lasted 6:28, including the final 10 unanswered. When Williams sank a three with 11:25 left, he had seven during the span that gave the Cougars a 67-58 lead.

Pikeville immediately began its 20-3 run, with Setty nailing a 24-foot

three-pointer to get it going. Board scored the next six to even the game, (67-67) with 8:57 left, setting the stage for the thrilling sprint to the finish.

Setty, who was the national tournament MVP on the strength of his 32-point, 17-rebound performance in the 83-76 overtime win over Mountain State in the finals, fired in a game-high 30, pulled down eight rebounds and swatted four blocked shots. Board followed with 29, hitting all 15 free throws.

McHenry had 13 points and nine assists while Young tossed in 10. Mountain State got a double-double from Williams, who drove home six threes in eight shots for 22 points and 10 assists. Junior Isaiah Hill also had a double-

double, scoring 15 and grabbing 13 rebounds.

Senior Cam Miller also had 14 markers, while Nyarsuk finished with 11.

UPIke - which hosts No. 8 Georgetown College on Saturday in the Mid-South Conference opener - won the rebounding battle 49-43. The teams combined for 30 turnovers, 16 of which were against the Bears. Mountain State hit 42.9 percent overall and 41.9 percent from the arc, while the Bears shot 42.7 percent and 33.3 percent from deep.

The teams shot excellently from the line, with the Cougars sinking 82.4 percent and the Bears 82.8.

The rematch is slated for Tuesday, Dec. 6 in Beckley, W.Va., in a game set for a 7 p.m. opening tip.

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The University of Pikeville recognized several individuals during the annual Alumni Awards Dinner. Honorees include, from left, Frank Welch; Carla Corbin, accepting on behalf of her parents Frank and Mattie Justice; Rosemary Gilliam Holbrook; Judith Hinkle; Kitty Baird; Jesse Rudd and Brad Hall.

University of Pikeville honors alumni

PIKEVILLE — Eight individuals were recognized during the University of Pikeville's Alumni Awards Dinner for their outstanding achievements and commitment to the university. Rosemary Gilliam Holbrook, Brad Hall and Jesse Rudd II were recognized as Rising Alumni for their professional achievements, pursuit of excellence early in their careers, and the commitment and positive impact they have made in service to others. A certified public accountant in Ashland, Ky., Holbrook is currently pursuing a master of science degree in accountancy from Marshall University. Hall is the President/CEO of the Southeast Kentucky

Chamber of Commerce. Rudd is a pharmacist at McDowell Professional Pharmacy. The recipients of this year's Honorary Alumni Award are Frank and Mattie Justice. The award is presented to individuals who are not graduates, but whose service reflects the spirit and tradition of the University of Pikeville. A native of Pike County, Frank, along with his wife, Mattie, have been outstanding business and civic leaders. Kitty Baird and Judith Walters, Hinkle received the Distinguished Alumni Award, presented to alumni whose contributions have enriched the lives of others and who bring honor and distinction to the individuals, their

families and the University of Pikeville. Baird, former CEO of the Pike County Chamber of Commerce, is an active member of several community service and civic organizations. A graduate of Pikeville College Training School, Pikeville College Academy and Pikeville College, Hinkle is a true Pikeville alumna. Her ties to the college go back to its beginning with her grandmother, Elizabeth Syck Walters, who was in the first graduating Class of 1894. Hinkle taught in the Pikeville Independent School System for 27 years. The University of Pikeville Alumni Association also honored Frank Welch with the "Gary Trash Outstanding Ambassador Award." The

award is presented to recipients whose service to the University, and to the Alumni Association, exemplifies Trash's dedication to the mission of the institution. Welch, a retired educator, has received high honors for his contributions in the classroom and his leadership as an administrator.

MOVIES FROM THE BLACK LAGOON

'Stake Land'

Tom Doty Times Columnist

A rag-tag band of survivors seeks the promised land, in this grim apocalyptic drama that is so good, you won't care it is a vampire film.

This horror movie plays more like a drama, but at least it's a good one. The story follows an orphaned young man named Martin. He narrates the story, which begins with his family being wiped out by vampires who resemble zombies, except for the fangs. A tough survivalist comes to his rescue before the vampires can kill him. This turns out to be "Mister." He doesn't say much, but he takes the boy under his wing and teaches him that actions can speak louder, anyway, especially if they are kung-fu styled moves that will give you an edge when battling the undead.

The film follows this pair as they trek north in search of "New Eden." Rumor has it this place is the new earth's "Sola Solwe," a place where everyone lives vampire-free. It really doesn't seem like they'll ever find out if it's a myth, since everywhere they go finds them fighting for survival.

Villages dot the

landscape, but most are unfriendly places where you become enslaved to local toughs who provide for your protection as long as you serve them. Along the way, our heroes disclose bits and pieces about what's happened. The most disheartening news is that our elected officials took off when things got bad and have not been heard from since. Religious extremists have filled the void but don't seem to be saving people so much as their own agendas.

The pair pick up stragglers along the way, as well as a true enemy in the form of a cult leader named Lovien. He attempts to crush the group but misjudges how far our main characters will go to stay together. They wind up getting the better of Lovien but make a huge mistake when they leave him in a "James Bond"-styled death trap, rather than just killing him.

It is one of the film's strengths that the characters make mistakes. This is not action movie posing as a horror film. It actually turns out to be a drama well disguised as a horror movie, that also has

See LAGOON | B6

FOOD ON THE TABLE

Give thanks by giving food

Sheri Alzeerah www.foodonthetable.com

Put the "giving" back in Thanksgiving this year by spreading end-of-the-year cheer to the less fortunate. With the fragile state of the economy striking down on our neighbors' wallets and perhaps more devastatingly, our family and friends' morale, the gift of holiday food is truly something to cherish.

For many of us, Thanksgiving equates to a fully-fledged feast that bellies, much less the dining room table, can hardly support. The day's leftovers become the week's leftovers, and inevitably, good food is put to waste.

While the grass may be greener on the other side, it's important to remember that someone else's grass is always worse than our own. This Thanksgiving, be grateful for the blessings you do have and give the gift of food to those who aren't as fortunate. Here are four simple, frugal ways to spread joy this month:

1. Make good baskets. Whenever you hit up the grocery store for Thanksgiving staples soon, drop a few extra canned and boxed goods in your basket. Because grocery stores know that customers are likely to buy in bulk for the big feast, special savings on multi-gram packs are everywhere, making it cost-effective to buy more food.

Instead of using those deals to stock up for your own family smorgasbord,

arrange these items in homemade gift baskets to donate to those in need. Not sure where to go from there? Call a local shelter for information on where to deliver, and they'll be more than happy to help.

2. Host a food drive. Take on the philanthropic spirit this month, and host your own food drive for those in need at your workplace, church or neighborhood school. Round up friends, family and neighbors with cans, boxes and more foods to give to the community. Whether the donations are monetary or edible, drop off what you receive to a local food bank or homeless shelter.

3. Hold a bake sale. If you'd rather bake than buy, spreading Thanksgiving joy is easy to share through the magic of pie, cookies, cakes, tarts, brownies and more. Host a Thanksgiving bake sale at a community hot spot, and donate all proceeds to the food bank. Ask your

family and friends to bake a few goodies and to the non-bakers, have them spread the word.

In order to save at the store for your ingredients, look to in-store coupons

See FOOD | B6

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TO YOUR GOOD HEALTH

Humans can sprout new blood vessels

Paul G. Donohue, M.D.
King Features Syndicate

DEAR DR. DONOHUE: I don't remember you addressing this subject, so I thought I would write. In 1997, I had a mild heart attack and went on medicines. Six months later I had another mild incident that led me to angioplasty. Ever since, I have been eating well, exercising and taking all my meds. My cardiologist says I have great collaterals. I have sprouted new vessels for my heart. I thought I should have some kind of intervention, but the doctor says no. Can you

discuss autogenesis? Am I related to a starfish? — R.S.

ANSWER: You're the first writer ever to use the word "autogenesis." If a starfish loses an arm, it grows another — autogenesis. Humans have the same ability when it comes to blood vessels. They can grow new ones, and do so in many instances. Heart-attack victims often can sprout new arteries.

It's a long process. It doesn't happen overnight. And it doesn't happen to all people. Count yourself lucky.

The booklet on CAD — coronary artery disease — discusses how vessels

become plugged and how they are treated. To order a copy, write: Dr. Donohue — No. 101W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. DONOHUE: You are familiar with energy drinks, aren't you? Well, my teenage son has gotten in the habit of drinking them far too often. He says they really do increase his energy. I'm worried that they might be dangerous. Will you please

provide some information? — B.B.

ANSWER: One kind of energy drink is a mixture of caffeine and alcohol. In November 2010, the U.S. Food and Drug Administration declared such combinations to be unsafe. I'm sure your son isn't using this sort of energy drink. Others are.

Your boy is likely drinking caffeinated beverages. The amount of caffeine in these drinks ranges from 50 to 505 mg of caffeine per can. A 6-ounce cup of coffee contains 77 to 150 mg of caffeine.

Adolescents drinking such

large amounts of caffeine can suffer sleep disturbance, shaking hands and possibly a rise in blood pressure. One school district has banned these drinks at all practices and games. I think that's a good policy.

DEAR DR. DONOHUE: I had my gallbladder removed a year ago. I now have diarrhea, and the doctor says it's from not having a gallbladder. My doctor prescribed cholestyramine. It causes severe constipation. I now take half the dose, but still I have to be careful about what I eat or drink. Do you have a suggestion? — E.J.

ANSWER: Without a gallbladder to store it, bile drips into the digestive tract constantly.

That constant drip irritates the tract in some people, and it causes food to rush through faster than normal. You have found the cure for this — cholestyramine. The only matter that remains is to determine the correct dose for you. That will come with a little experimenting.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

Lagoon

From Page B5

a few action scenes which evolve naturally out of the story. This is that serious movie you horror fans are always asking for, so seek it out, because they probably won't make anything this scary for awhile.

You have to love a vampire flick in which the creatures of the night are not portrayed as super beings. Sure, they suck blood here, but they are new to their abilities and stumble about like those rhythmically challenged dopes on "So You Think You Can Dance." Killing them is different every time, too, as the characters figure out that these things aren't behaving like Bram Stoker's version of the beast.

The best bits here are the characters. They feel like they stepped out of a John Steinbeck novel. This plays more like "The Grapes of Wrath" than any vampire film I've seen.

The cast is totally committed and includes a lot of talented people you might not recognize under the prime they wear. Kelly McGillis ("Top Gun") turns up as a nun who hasn't given up on salvation, and she makes the character sing by quietly taking in all of the horror around her. Michael Cerveris makes for a good villain as Loven, but the film belongs to Connor Paolo, as Martin. The story is told through his eyes and he is quite good at keeping you more interested in the human drama here than the supernatural trappings of the story.

Credit goes to the writing and directing team of Nick Damici and Jim Mickle. This film proves that their maiden effort (the character-driven zombie flick "Mulberry Street") was no fluke. It was a calling card announcing a new formula for horror, wherein you care about the characters, because they are characters and not caricatures. A novel concept that critics have complained about for years. Here's hoping they recognize that someone has delivered on helping horror movies grow up.

Best line: "I've seen a lot of mutant vamps, but I've never seen a thinker."
2010, rated R.

Food

From Page B5

and online deals before you shop and don't forget to bring a shopping list.

4. Invite your neighbors in need.

The easiest way to give back this Thanksgiving is to invite more mouths to feed to your Thanksgiving feast. Whether an elderly friend who is housebound, an unemployed neighbor or a family new to the neighborhood, show others the spirit of Thanksgiving by gathering around the dining room table. And since the Thanksgiving spread is the gift that keeps on giving, don't forget to have Tupperware ready to distribute leftovers after the big meal.

These four tips are only the starting point of Thanksgiving generosity. Though food may be something we take for granted each day, the Thanksgiving feast is much more than a big gathering around big meal. It's a big-hearted blessing for your own family and those around us.

Sheri Alzeerah is a journalist and freelance writer for meal planning service www.foodonthetable.com.

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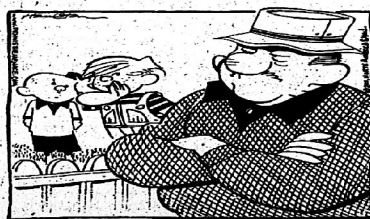
THE FAMILY CIRCUS

Bil Keane



DENNIS THE MENACE

Hank Ketchum



CONCEPTIS SUDOKU

by Dave Green

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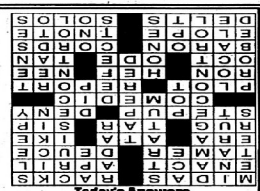
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CROSSWORD

By THOMAS JOSEPH

- ACROSS**
- 1 Ruler with gill feelings?
 - 6 Store fixtures
 - 11 Make law
 - 12 Rainy month
 - 13 Circus worker
 - 14 Wild card, often
 - 15 Pitcher's stat
 - 16 — glance
 - 18 — na's ex
 - 19 Weavers' creation
 - 20 Old salt
 - 21 Tentative taste
 - 22 Increase
 - 24 Turn down
 - 25 Funny
 - 27 Secret plan
 - 29 School paper
 - 32 Darling of baseball
 - 33 Bunny head, for short
 - 34 Orchest called
 - 35 Fall mo.
 - 36 Lyric poem
 - 37 Shoe shade
 - 38 Low-grade peer
- DOWN**
- 1 Taxi parts
 - 2 Needing change
 - 3 Some PR
 - 4 Great serve
 - 5 Layer
 - 6 Speed checker
 - 7 Big galoot
 - 8 Auto option
 - 9 Become
 - 10 Lethargic
 - 17 Came to a point
 - 23 Poker prize
 - 24 Dance maneuver
 - 26 Flaws
 - 27 Investi-gated
 - 28 Place
 - 30 Entertain at bedtime
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 - 41 Lennon's wife



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THE LOCKHORNS

William Hoest



Jacqueline Bigar's HOROSCOPE

HAPPY BIRTHDAY for Friday, Nov. 18, 2011. You often feel a conflict between your emotional needs and your image. Don't look at these two principles as opposites; look for their similarities. Carry yourself in that space. Though Scorpio is always sexy, you are even more so this year. You attract suitors left and right. If you are attached, you might enjoy your warmer style. The two of you could bond even more firmly if you give up being critical. VIRGO is always your friend.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-Soso; 1-Difficult.

ARIES (March 21-April 19) You cannot sit on your creativity, as it will energize you no matter what you do or where you are. Still, you do have a certain amount of mandatory errands and meetings. Tonight: Let the fun begin.

TAURUS (April 20-May 20) You might already be in weekend mode. Make sure you can afford to take a personal day or work from home. Are you exhausted? You also are gaining sudden insights, which can be a drain. Tonight: Let the good times begin.

GEMINI (May 21-June 20) Your ability to communicate emerges as a necessity. You might wonder why you are doing certain things. Be a little more disciplined. Don't regret a statement or action what you do or where you are into your feelings more, too. Tonight: Break from your routine.

CANCER (June 21-July 22) You could be a bit possessive or overwhelmed. Learn to ask for help more often. Advice from a key person at a distance only confuses your thinking more. Go for a walk or get into some other physical activity to clear your head. Tonight: Let it all happen.

LEO (July 23-Aug. 22) Use the daylight hours to the max, as you feel more empowered. When facing decisions, ask questions. You might be surprised by what could open up. Be goal-oriented. In the afternoon, take a hard look at your finances. Can you cover all your bases? Tonight: Fun doesn't need to break the bank.

VIRGO (Aug. 23-Sept. 22) A low-pressure attitude works. You might need to close your

door to complete some important work or just to think out a new project. Avoid all assumptions. By late afternoon, you are more than ready for anything. It is the weekend! Tonight: Make hay while you can!

LIBRA (Sept. 23-Oct. 22) Your ability to visualize different situations and at the same time make them real to others comes through. People look at you to understand what you are seeing. By midafternoon, you might opt to close your door and/or screen your calls. Tonight: Take care of yourself first.

SCORPIO (Oct. 23-Nov. 21) You'll not only push a project to completion, you also will enjoy its success. As a result, your interactions with others bring you to a new level of comfort and security. Don't push a co-worker or a friend. You won't like the results. Tonight: Where the fun is, of course.

SAGITTARIUS (Nov. 22-Dec. 21) You might feel as if there is no purpose in pushing so hard to get more of your thinking incorporated into a situation. If you give up the pushing, delight surrounds what actually might occur. Your creativity comes out when you least expect it. Tonight: You could be like the Energizer Bunny — you go on and on.

CAPRICORN (Dec. 22-Jan. 19) You relate well to individuals. Don't push so hard to accomplish your goals. A partner gives you feedback. There are some potential gems of wisdom here. Reach out to a friend or a trusted, respect friend for feedback. Tonight: See life differently.

AQUARIUS (Jan. 20-Feb. 18) Others come forward and share what is going on. You get a lot of different invitations. Network, as you note this appears to be a very social moment. You hear surprising news that might take a few minutes to internalize. Tonight: Allow another person to treat.

PISCES (Feb. 19-March 20) Clear your desk and decide to accomplish as much as you can. Somehow you run into an obstacle or two, mainly because someone isn't all that clear. Opportunities stem from a conversation. Be willing to jump on them. Schedule a meeting for late in the day. Tonight: Let it all happen.

VIRGO (Aug. 23-Sept. 22) A low-pressure attitude works. You might need to close your

Jacqueline Bigar is on the Internet at www.jacquelinebigar.com.

RENTAL CENTRAL

Tom Doty
Times Columnist

Your worst bet this week was a blockbuster action picture/sequel, while television provided the real entertainment with two crime-themed miniseries from both sides of the pond. "Pirates of the Caribbean: On Stranger Tides" — Once again, you get a lot of money spent on a trite idea, but these flicks fully illustrate the law of diminishing returns. While I enjoy pirate action, ribald comedy and Johnny Depp, enough is enough. This one has plenty of action sequences and a nice turn by Ian McShane as a bad guy, but the "Fountain

of Youth" plot and the American setting do little to make you think you haven't seen it all before. You know they've gone too far when they're too embarrassed to put a number four after the title. "White Chapel" — This British series focuses on a detective whose career always suffers in superposition. Unfortunately, he lands a stint investigating a killer who fancies himself a modern "Jack the Ripper." What appears to be an open-and-shut case soon proves more complex. Good stuff. "Aspen" From the swinging 1970s, we get this mini-series that focuses on a murder. The story involves shady land

deals and stars Sam Elliot as an attorney who winds up quitting his prestigious firm to help a guy who is being railroaded onto death row. You get plenty of soap opera. (It was based on a novel by Burt Hirschfeld) and an all-star

cast that includes Perry King, Joseph Cotten, Gene Barry, Anthony Franciosa and Bo Hopkins. It winds up settling down into a courtroom drama by the halfway point and surprises by framing a strong case against the death penalty.

"Larry Crowne" — Tom Hanks returns to the director's chair and stars in this pleasant enough film. The story follows a guy going back to college in order to get a job. While this could have proven to be a meaty morsel about how

tough it is to start over in our economy, it winds up being a dull examination of a guy romancing his teacher (Julia Roberts). Next week promises to be an entertaining one, with a remake of "Conan" and the sci-fi themed "Super 8."

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Strange but true

Samantha Weaver
King Features Syndicate

It was 18th-century German scientist Georg Christoph Lichtenberg who made the following sage observation: "Everyone is a genius at least once a year." The real genius simply have their bright ideas closer together. "The Battle Hymn of the Republic" (popularly known by the line from the chorus, "Glory, glory hallelujah") was written by Julia Ward Howe in November of 1861 after the author made a trip to Washington, D.C., and reviewed Union troops near the city. The song was published the following February in The Atlantic Monthly magazine, earning Howe a grand total of \$4 for what was destined to become one of the most popular songs of the Civil War and a perennial American classic. When cartoon icon Bugs Bunny first appeared in 1935, he was called "Happy Rabbit." If you're a cat owner, it probably will come as

no surprise that cats spend approximately 80 percent of their time sleeping. • Becoming a sports star is the dream of many young people, so you might think that someone who is signed to a professional baseball contract has it made. You'd be wrong, though, only one out of every 10 athletes who sign such a contract ever becomes a major-league ballplayer. • You've certainly heard the old adage "lightning never strikes twice" but, strictly speaking, it's not true. Technically, lightning always strikes twice. Each lightning bolt is made up of multiple bolts that travel the same path and strike the same spot in swift succession. • Thought for the Day "I've noticed that men generally leave married women alone and treat them with respect. It's too bad for married women. Men are always ready to respect someone who bores them. And if most married women aren't the pretty ones, look so dull, it's because they're getting too much respect." — Marilyn Monroe

HOROSCOPES

ARIES (March 21 to April 19) Keep those sharp Sheep eyes focused on your hazy situation. As things begin to clear up, you'll find a sharper picture emerging, showing something you will need to know.
TAURUS (April 20 to May 20) Watch your expenses through the end of the month. Later, you'll be glad to have extra money to pay for something that will make an acquisitive Bovine's heart beat faster.
GEMINI (May 21 to June 20) You're now ready to make that off-deferred commitment, if you still believe it's what you want. Don't be afraid to change your mind if you feel you should go in another direction.
CANCER (June 21 to July 22) Now that you are moving on with your life after that recent disappointment, how about reactivating your travel plans and taking someone special along with you.
LEO (July 23 to August 22) Many new friends come into your personal life, which suits all of you social Lions just fine. However, one new friend might make demands that you could find difficult to deal with.
VIRGO (August 23 to September 22) Communication doesn't exist unless it's two-way. So if you're getting no replies to the signals you're sending, it could be time to look for someone more receptive.
LIBRA (September 23 to October 22) A workplace complication that you

thought was ironed out develops new wrinkles that need attention. Meanwhile, expect continuing improvement in your home life.
SCORPIO (October 23 to November 21) A tense personal problem needs to be talked out before someone decides to walk out. Resist making decisions until full explanations are offered from both sides.
SAGITTARIUS (November 22 to December 21) A technological glitch that caused problems recently will soon be repaired, and life can return to normal. A colleague has a surprising message to deliver.
CAPRICORN (December 22 to January 19) Your partner might feel that you haven't been as open with him or her as you should be. Deal with this now, before it turns into something more difficult to handle.
AQUARIUS (January 20 to February 18) Good news: Many of the stumbling blocks that affected the progress of some of your career projects are fading away. Things also start to look up on the home front.
PISCES (February 19 to March 20) You'll need that strong Piscean pluck to get through waters that will be turbulent for a while. A more positive aspect soon emerges, along with some welcome news.
BORN THIS WEEK: You are zealous in the pursuit of truth. You would make an excellent research scientist.

Legals
NOTICE OF INTENTION TO MINE
Pursuant to Application Number 836-9022 AM, #1
In accordance with the provisions of KRS 350.070, notice is hereby given that Mat/Co, Inc. of 439 Meadows Branch, Prestonsburg, KY 41653 has applied for an amendment to an existing surface coal mining and reclamation operation located 4.25 miles east of Prestonsburg in Floyd County. The amendment will add 10.74 acres surface disturbance making a total area of 38.4 acres within the amended permit boundary.
The proposed amendment is approximately 0.6 miles east from KY Rt. 1428 junction with Sugarloaf Branch Road and located 0.6 miles from Dials Branch. The latitude is 37° 39' 55". The longitude is 82° 41' 38".
The proposed amendment is located on the Lancer U.S.G.S. 7-1/2 minute quadrangle map. The surface area to be disturbed by the amendment is owned by Joe Burchett. The operation will include a refuse disposal fill.
The amendment application has been filed for public inspection at the Department for Natural Resources, Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky, 40601.

Legals
Explosives are proposed to occur from sunrise to sunset Sunday through Saturday, the blasting schedule is for the period November 28, 2011 to November 29, 2012. Entry to the blasting area will be regulated by signs and barriers. An authorized company representative will prohibit access to the blasting area by unauthorized persons at least 10 minutes prior to each blasting event. Two signals will be sounded with an airhorn whose signals are audible for up to within one-half mile of the blast site, as per the following: (1) Five (5) minutes prior to the blast signal, a warning signal of a one (1) minute series of long airhorn blasts will be given. (2) One (1) minute prior to the shot, a blast signal consisting of a series of short airhorn blasts will be given. After the blast has been successfully conducted, an all clear signal of one (1) minute series of long airhorn blasts will be given. Events which could necessitate an unscheduled blast include, but are not limited to, rain, lightning, other atmospheric conditions, or deteriorated explosives which involve personnel, operational or public safety.

Legals
Answer with the Floyd Circuit Court Clerk. If she does not appear in this suit and defend it, a judgment will be entered at the discretion of the Court. The Unknown Spouse of Terry

Legals
Mullins should be advised that the Warning Order Attorney does not represent her interest and the Warning Order Attorney is only notifying her of the pending lawsuit.

Big Sandy
Community & Technical College
Applications are now being accepted for
Coordinator of Financial Aid
(Prestonsburg Campus)
Please visit our website at www.bigsandy.kctcs.edu/hr for additional information and application deadlines.
Big Sandy Community and Technical College is an equal opportunity employer and education institution. Women and minorities are encouraged to apply.

NOTICE
The Elk Horn Coal Corporation, LLC, has recently had rail and rail plates stolen from their rail line between Martin and Price, Kentucky along the waters of Lost Beaver Creek in Floyd County, Kentucky. Any person who has information as to attempts to market rail items, or who is in possession of, or has knowledge of the whereabouts of these items should immediately contact the proper authorities, as well as, The Elk Horn Coal Corporation, LLC, at (606) 886-2330. There will be a reward offered for information leading to the arrest and conviction of each responsible party.

HIGHLANDS HEALTH SYSTEM
PUBLIC NOTICE
Notice to Bidders: The Paintsville Medical Office Building Condo Association a non-profit corporation who oversees the Management of Common Space located within the Paintsville Medical Office Building at 713 Broadway, Paintsville KY, 41250 is now accepting bids and qualifications from qualified vendors for general monthly and annual accounting services. Bids for accounting services shall include pricing associated with providing monthly and annual accounting services including but not limited to the following: paying monthly invoices, monthly bank reconciliations, quarterly collections of Condo Association fees based on expenses, monthly reporting to Board of Directors and annual tax preparation and filings. Bid information and requirements can be requested by emailing Neil Parsons at nparsons@hmc.org or by contacting him at (606) 886-7747. Paintsville Medical Office Building Condo Association reserves the right to accept, reject and/or modify any and all bids, to waive irregularities therein, and to make the award in any manner deemed to be in the best interest of the Condo Association. Bids and qualifications can be mailed to Paintsville Medical Office Building Condo Association at P.O. Box 787, Prestonsburg, KY 41653 to the attention of Neil Parsons or dropped off to Neil Parsons located at Highlands Regional Medical Center at 6000 KY Rt. 321, Prestonsburg KY. The deadline to have bids and qualifications submitted is November 19, 2011, at 4:00 PM.



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Call 606-587-3500

Legals

PUBLIC NOTICE
Pursuant to 405 KAR 8.010, Section 18(5), the following is a summary of the permitting decisions made by the Department for Public Resources, Division of Mine Permits with respect to applications to conduct surface coal mining and reclamation operations in Floyd County.

LAUREL MOUNTAIN RESOURCES LLC 8365572/10/31/2011
FLASHE CREEK MINING LC 8368066 10/31/2011

NOTICE OF BLASTING SCHEDULE

This is notice that FCDC Coal, Inc., PO Box 1200 Robinson Creek, Kentucky 41560, (606) 839-9676, Permit #836-5532, will be blasting 1.3 miles east of Brit near along Simpson Branch of the Left Fork of Beaver Creek, Latitude 37° 30', Longitude 82° 43' 27". Detonations of explosives are proposed to occur from sunrise to sunset Sunday through Saturday. The blasting schedule is for the period November 20, 2011 to November 28, 2012. At least 10 minutes before the blast, access to the area will be controlled by company personnel. Before each blast is detonated the following type(s) of audible warning will be given: five (5) minutes prior to blast signal, a one (1) minute prior to long blast from a siren will be given; one (1) minute prior to detonation, a series of short blasts from a siren will be given, immediately prior to detonation, one (1) additional long blast will be sounded. The all-clear signal(s) after blasting will be a prolonged blast from a siren. Blasting will not be conducted at times different from those given above except in emergency situations where rain, lightning, other atmospheric conditions, or operator or public safety requires unscheduled detonation. Prior to these detonations, the following audible warning will be given: (1) long blast five (5) minutes prior to the blast signal; immediately before the blast a series of short blasts one (1) minute prior to the shot. Also prior to detonations in emergency situations the permittee, using audible signals, shall notify all persons within one-half (1/2) mile of the blasting site.

ANNOUNCEMENTS

Notices
LPN seeking job to sit with elderly in surrounding area of prestonsburg. Also babysitter needed for small child in Prestonsburg area. Call 606-207-1845

ANIMALS

Horses
2 HORSES FOR SALE. CALL AFTER 7 P.M. 886-9894

Pets

Free Kitten to good home. Show trial, Gray and White. Call 606-874-2720

Autos

HICKS AUTO SALES DAVID ROAD
"Good Titles"
2002 Dodge Dakota 4x4
2008 grand prix 79,000 miles
2002 chevy tahoe z71 loaded
98 dodge ram 4x4 quad cab
2000 Buick Lesabre Limited 146,000 miles
1995 GMC sierra 4wd extra cab
1998 22 s10
1991 Ford F-150 100,000 miles \$2,200
1999 Ford Explorer
1993 Chevy Tracker \$3,000
2003 Wide Glide H-D, 12,000 miles \$9,000
2003 SS Monte Carlo \$5,000
2002 Toyota Rav 4 100,000 miles \$7,200
"Rebuilt Titles"
1999 Ford Taurus \$ 2,900
2003 ranger supercab
2002 Sunfire 4 door Auto \$3,300
2006 Chevy Silverado crew cab \$9,500
CALL 606-886-2842.

Commercial / Industrial

For rent Commercial property located on 134' front street. Over 1,200 sq. feet. Great location in town of Prestonsburg. Must see to appreciate. Call 888-0298

Cemetery Plots

FOR SALE
2 CEMETERY PLOTS FOR SALE AT DAYTON MEMORIAL GARDENS. \$1,600.00. CALL 859-756-3137.

For Sale By Owner

REDUCED!!!! HOUSE AND LAND FOR SALE. LOCATED AT PRICE. ASKING \$25,000.00. +- ACRE OF LAND. NO LAND CONTRACTS. CALL 606-888-0010 OR 606-263-4268.

Home and Car for sale
1.16 acres with brick home on Rt. 404, six miles from Prestonsburg, 3 bedroom, 2 bath, hardwood floor, baseboard, 3-car carport, plus 1995 F-150, 300-cu. cylinder, runs good, looks great. Call 888-1459 (home) or 791-4833. Serious inquiries only.

Houses For Sale

3 Br. 2 1/2 bath home for sale by owner 1.3 miles up Abbot Rd. Prestonsburg. Call 886-9449

3br/2ba house for sale located in prestonsburg city limits. small one bedroom apartment on the property. 7/10 of an acre. for sale at a REDUCED!! 219,000 price negotiable. Call (606)886-6762

Apply online and view our models on display from the comfort of your own home. www.claytonhomesgrayson.com. Legendary service Award Winner, nine Consecutive Years!!! 606-474-2083

ATTN: Complete turn key homes Available now with land improvement packages!! Your land or family land CALL TO GET PLOT APPLY!! 866-597-2083

FOR SALE
Beautiful 3 bedrooms, 2 baths home located in down town Prestonsburg. A detached garage with attic space and a decorative covered back porch highlight this up to date classic home. Motivated seller anxious for offers. City living is only a phone call away. Call (606) 263-4629 or (606) 874-0663 to set up your appointment today!

TWO HOUSES AND 6 CORNER LOTS FOR SALE. LOCATION GOBLE ROBERTS, AT THE END OF BRIDGE. CALL 886-2288.

House For Sale
1106 mars ckr. Starville, Ky 41659, Floyd County, 4 br, 2 bath newly remodeled, 2.256 sq. ft. Living space 12x 16 double garage.
\$169,000. Call 606-478-4004 seen by appointment only.

Land (Acreage)

Land For Sale
Approximately 5 acres located on 80 Hattfield Road, Prestonsburg, Kentucky. If interested call 574-834-2216

Land for sale-75 acres
Floyd County/Lum. Dorsets, set Branch (East Point) rt. off 23 south rt. # 1100. Mature Timber, 20 ML level acres, building lots, electric and water. 149,500 Call 806-325-2809 or 606-325-4430

FOR RENT
1 BR APARTMENT, UTILITIES PAID W/D PROVIDED, NOT PETS, NO HUD, \$525.00 MONTH, \$200.00 DEPOSIT. CALL 226-0999

Apartments/Townhouses

1 BDRM Apartment for Rent. Furnished, Utilities Paid. \$575 per month. \$250 deposit. No Pets. Located between Prestonsburg and Paintsville. Call 606-791-6016

Furnished apartments for rent and one nice furnished trailer. Very Clean. Suitable for 2 working people. No drugs. No pets. Near Prestonsburg & W. Lake. Out of state workers welcome. Call 606-205-0215 or 606-886-3941

FOR RENT
FOR RENT CLEAN, NICE 2 BR UNFURNISHED UP-STAIRS APARTMENT HUD APPROVED. \$550.00 PER MONTH. DEPOSIT REQUIRED. CALL 886-6208

Houses For Rent

3 bedroom house in Allon for rent 650 per month plus deposit. Call 794-0249

For Rent 1 BR. House near Prestonsburg Call 339-7800

For rent 3 BR. Mobile Home near Prestonsburg Call 339-7800

For Rent House located in Printer Ky. Call 285-3980

HOUSE FOR RENT
HOUSE FOR RENT LOCATED AT BETSY LAYNE. 2 BR. FULL BATH. CALL 606-478-5403

Justin Mobile Home Park has one 3 brdm. and one 3 brdm. 2 full bath for rent. Must have references HUD only \$200 deposit. Call 606-597-2985

Trailer for rent Call 874-9790

Single wide three bedroom mobile home located in Auxier. \$495 per month \$150 deposit. call 606-367-1605 or 606-367-1169

MANUFACTURED HOUSING

Rentals

FOR RENT 2 BR MOBILE HOME NEAR PRESTONSBURG. CALL 606-874-0875 OR 606-226-2207

For Rent
2 bedroom mobile home on private lot, new flooring throughout, located on Rt. 1428 between Allen and Prestonsburg. No HUD. No Pets. Background checks and serious inquiries only. \$500/month rent. \$200 deposit. Call 606-259-7063 or 226-6152.

Rentals

MOBILE HOME FOR RENT
X-NICE 3 BR 2 BATH MH LOCATED ON CROW CREEK \$95.00 PER MONTH. PLUS ELECTRIC & SECURITY DEPOSIT. HUD APPROVED. NO PETS. REFERENCES REQUIRED. CALL 606-874-2802

Help Wanted-General

Build an exciting career with an organization that puts its people first. We offer great income opportunities, contractual ownership in the company, a weekly residual income, tremendous flexibility and no relocating. We are a growing forty six year old corporation looking for someone in the greater Pikeville area. For a personal interview call (605-254-8876), ask for Mark Muncay

Community connections.

Located at Ivel KY is taking applications for persons to work with adults with intellectual disabilities. All shifts available. Background checks required. Apply in person. 606-874-1900

Medical

Six-week phlebotomy course beginning December 2nd, every Friday from 6-8pm in the conference room of the Knott Co. Sporthotel.
Call 606-254-8876 for exam given on the last day of class. Call 606-254-1588 for more info. or to sign up.



DIRECTOR

Institution:
Floyd County Public Library
Type of Position:
Full-Time
Salary:
Commensurate with education and experience
Benefits:
Kentucky Retirement System; Employer pays portion of health insurance; Sick leave; Vacation
Job Duties:
Creates and maintains fiscal budget. Develops and executes long-range plan for library's continuous development. Prepares agenda for library board meetings, reports to board on library operations, attends board meetings. Recommends policies to board, suggests policy revisions as needed, implements board-approved policies. Oversees selection of materials. Supervises payroll and accounting processing. Recruits, interviews, and hires employees, supervises, trains, and evaluates staff, handles employee grievances, warnings, terminations, and resignations as needed. Provides for continuing education needs of library staff. Responsible for efficiency and friendliness of service to public. Works cooperatively with other libraries, educational institutions, and governmental agencies. Maintains continuous and active public relations program. Attends library workshops, conferences, and meetings to keep informed of library trends and meet certification requirements. Responsible for supervision of maintenance and upkeep of building, equipment, and grounds. Other duties as assigned.

Master's Degree in Library Science from an ALA accredited library school or able to obtain Master's Degree in Library Science within 5 years. At least 3-5 years of progressively more responsible administrative and supervisory professional experience. Knowledge of library principles and practices. Must be able to meet and maintain KDLA certification requirements. Extensive computer experience with standard office software, email, integrated library systems, and internet usage. Valid driver's license and satisfactory driving history; personal transportation that can be used for business travel is required. Residency of Floyd county required within six months of hire.
Application procedure:
Send cover letter and resume via mail to Mr. William Hughes, Board Chairman, Floyd County Public Library, 18 North Arnold Avenue, Prestonsburg, KY. 41653-1269
Application Deadline:
Dec 1, 2011
Contact information:
Floyd County Public Library
18 North Arnold Avenue
Prestonsburg, Kentucky 41653-1269
Phone: 606-886-2361
website: http://fclib.org

TAD INDUSTRIES

For Hire: Dozers, Dump-trucks, Excavators, Mini Excavators, Skid Loaders
•Light to Medium Equipment Hauling
•Tire Cutting
•Snow Removal

Call 606-587-3500

The Housing Authority of Prestonsburg

has an immediate opening for a Maintenance Mechanic. This is a full-time position with paid health insurance, paid life insurance, paid retirement and other benefits. Applications will be taken at the Green Acres Office located at 12 Blaine Hall Street, Prestonsburg, KY, between the hours of 8:30 am and 4:00 pm each day. General requirements for this position are ability to perform difficult skilled work in general maintenance, repair and modification of authority owned buildings and related equipment and appliances. Position will be open until filled.

Want to save \$1,000 on groceries?

SECURITAS



Security Officers

Now Accepting Applications for Full-time and Part-time Security Officer positions in the Salyersville Area and surrounding counties.

Requirements: Must be at least 18 years of age; high school diploma or GED; clean background check and drug screen; must be able to work on holidays; must be able to work all shifts; must have reliable transportation and communication

Apply online:
www.securitasjobs.com
Walk-ins welcome. Computers are available 10:00 AM until 4:00 PM

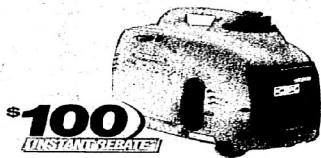
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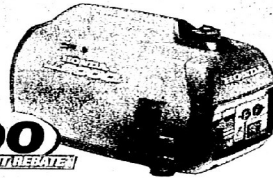
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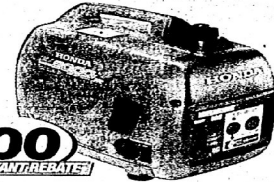
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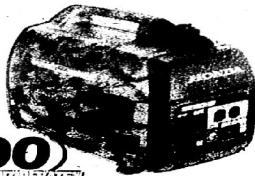
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EU2000i Companion

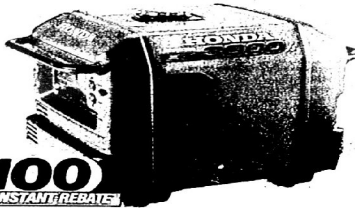
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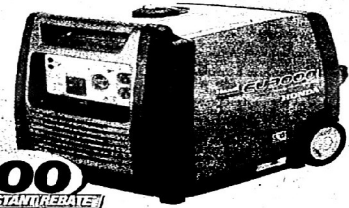
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EU3000i

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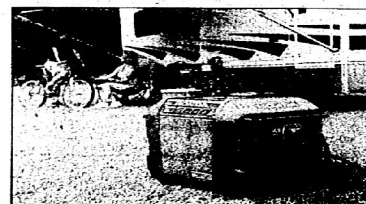
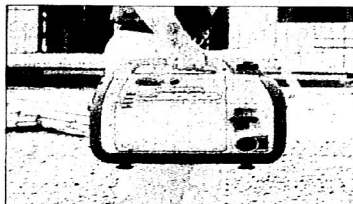
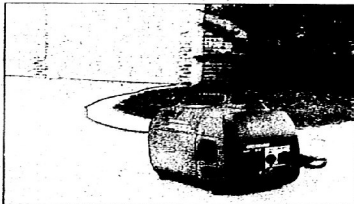


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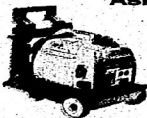
Double Your Power

The EU2000i Companion offers a 30A receptacle which allows two EU2000i models to be run in parallel by way of a simple parallel cable.



Be Sure To Ask Your Honda Power Equipment dealer about service specials and annual maintenance programs to get the most out of your Honda Power Equipment.

Ask about our full line of Honda Accessories!



EU2000i Kart • EU, EM & EB Storage Covers • Collegiate Skins • DC Charging Cord plus, EU2000i Parallel Kit, Hanger Kits, Home Back-Up Transfer Switches, No Spill Gas Cans & more.



*See your Authorized Honda Power Equipment Dealer for details.

*Instant rebate offered on any new EU Series Honda Generator purchased Nov. 12 through Nov. 28, 2011 except EU3000i. No rain checks. At participating dealers only. **Manufacturer's Suggested Retail Price. ***Minimum Advertised Price.

Honda of Prestonsburg



HONDA GENERATORS

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Please read the owner's manual before operating your Honda Power Equipment and never use in a closed or partly enclosed area where you could be exposed to carbon monoxide. Connection of a generator to house power requires a transfer device to avoid possible injury to power company personnel. Consult a qualified electrician. ©2011 American Honda Motor Co., Inc.

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