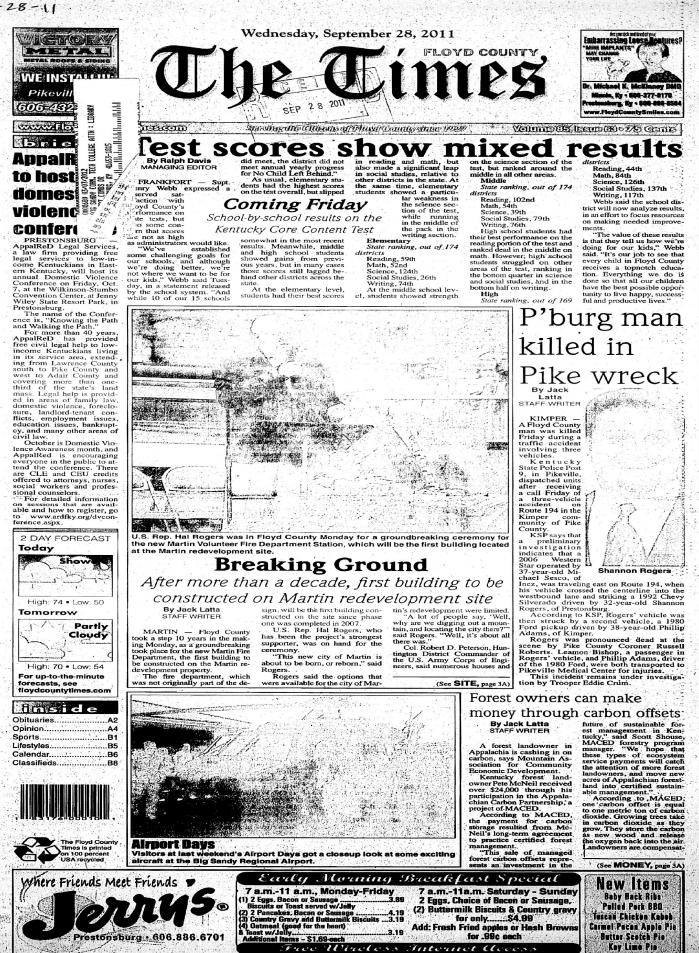
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THE FLOYD COUNTY TIMES

Obituaries

Lee Collins.

Tommie F. Belcher Tommie F. Belcher, age 90 of Bevinsville, husband of the late Noralene Mitch-ell Belcher, passed away Monday, Sept. 26, 2011, at Hazard Hospice Care Cen-ter.

ter. He was born April 5, 1921, at Wayland, the son of the late James Martin and Rebecca Spradlin Belcher. He was a member of the

of the late James Martin and Rebecca Spradin Belcher. He was a member of the UMWA and a World War II Army Vetran. He retired from the Jsland Creek Coal Company and attended the Jack's Creek First Baptist Church. Jack's Church

Company and attended the Jack's Creek First Baptist Church. He was preceded in death by his parents: wife; brothers, Everette Belcher brothers, Everette Belcher Childers, Everette Belcher Childers, Christine Reyn-olds and Susie Lee King. Survivors include sons, Johnny (Deborah) Belcher, of Prestonsburg, and Tommy Bruce (Edith) Belcher, of Van Lear, sis-Belcher of Van Lear, sis-tangley; Belcher, Mi-chael W. Belcher, and Trangley; Belcher, Abigail Lynn Belcher, Abigail Lynn Belcher and Aiden Michael Belcher and Aiden Michael Belcher and Aiden Michael Belcher, Abigail Lynn Belcher and Aiden Michael Belcher. Funeral Services will be com 28 at 1 pm. at Hall Son Merorial Gardens, at Ivel, by Hall Funeral Home, of Martin. The family has sug-gested that, in lieu of flow-ers, donations be made to the family has sug-gested that, in lieu of flow-ers. donations be made to the family has sug-gested that, in lieu of flow-ers. donations be made to the family has sug-

E.

Ed Hall Jr. Ed Hall Jr., 63, died hursday, September 15, uit with his loving family

Eu Flain S., September 15, 2011 with his loving family at his side. Born on September 25, 1947 in McDowell, Ken-tucky, he is the son of Ed and Gertrude (Hamilton) Hall, Sr.; he had lived in the Astrabula area for the last Ashtabula area for the last

Ashtaoula area twenty years. He attended Lily of the Valley Old Regular Baptist

Chiese Characteristics and the second second

berta) Hall of Ashtabula, Beverly Hall of Conneaut, Brittany Hall of Ashtabu-la, and Timothy Hall of Conneaut; grandchildren, Mariah, Angel, Masceo, Mauricicon, Candice, Christynber, Navaeh and Mariah, Angel, Masceo, Mauricicon, Candice, Christopher, Nevach, and Jordyn; great, grandchil-dren, Olivia, Katie, and Kanaiki, Inis mother, Gerr, KY; siblings; Thelma (Jim Farner of Erie, Pa., Kyr, siblings; Thelma (Jim Jurley (Tonya)Hall of KY., Corrine Short of Mansfield, Spradlin, Hillard, Hall of Ashtabula, Surtey (Tonya)Hall all of Hall of Ashtabula, Suette Morris of Erie, PA., Mi-chael, Hall and Rick Hall also of Prestonsburg, KY.; many nicces, nephews, and friends.

friends. He was preceded in death by his father, Ed Hall, Sr.

acath by his father, Ed Hall, Sr. Funeral Services were Monday, September 19, 2011 at the Ducro Funeral 2011 at the Ducro Funeral Ashtabula, Obio, with the Rev. Evan Hamilton, Pas-tor of Lily of the Valley Old Regular Baptist Church of ficiating, Burial was in Say-brook Cemetery, Saybrook To desired, contributions may be made to the family.

If desired, contributions may be made to the family. Ed's family would like to thank Hospice of the West-ern Reserve for the care and compassion shown to Ed by his caregivers, especially Tina Grandbouche. You, made our journey easier. ade our journey easier.



Homer L. Hall Homer L. Hall, 78, hus-band of Eloise Allen Hall, died Tuesday, Sept. 20, 2011, at Pikeville Medical Center, in Pikeville. Born in McDowell, on Feb. 1, 1933, to the late plant for the second second response of McDowell High School. Mr. Hall attended Morehead State College in Morehead, where he met his future here all horehead school for the second second second for the second second second for the second second second here stablished their home in Hucysville. After receiving his AB degree from MS.C., he taught one year at McDow-ell High School before be-ing drafted into the armede U.S. Arme from 1955-57 as a financial officer. After returning from the armed

service and teaching three years at McDowell, he resumed his educational career. He received a MA degree from MS-U, and space different MS-U, and space at the University of Louisville and the Univer-sity of Kentucky. He then embarked on a lifelong, dedicated and enjoyable career of providing library services to the library com-munity in Eastern Ken-nucky. He was associated with the Department for Librar-ies and Archives, he of the the Department for Libraries and Archives, he was di-rought for S0 years. As Regional Librarian, with the Department for Libraries and Archives, he was di-rought for S0 years. As Regional Library, Af-ter retring from the Ken-tucky Dept. for Libraries and Archives he was di-rought to the searchives he was di-rought to the searchives he and staff honored Mr. Hall for his 50 years of library service to Kentucky libraries, includ-ing 28 years with KDLA as Regional Director for East-as the Director for East-as the Director for the Floyd County Library. A large number of state and local officials, members of the library community, family and friends attended. Mr. Hall was presented with numerous honors and cita-tins and the ultimate honory of Qe Executive declare it "Homer L. Hall Week" in Prestonsburg. Previously, in 2005, Mr. Hall was honored with the dedication and naming of the Hoyd County Public Library

at the Floyd County Public Library Mr. Hall was of the Bap-tist faith He was an ardent supporter of Kentucky Wildcats Basketball. Mr. Hall is survived by his beloved wife, Eloise; a soiter, Doris dime Work by State and State and State a count of the State and State and Donal Daniels II. Funeral services were held Monday in the Hall Funeral Home Chapel, in Martin Burial followed in Cooley Cemetery at East-endacting and Barts.

Coo

ern. Active pallbearers: Dan Collins, Carl Lafferty, Chris Kilgore, Randy Reno, Jack Mozena, Willis Newsome, Willis Hall, Larry Foster Jr., Barry Hopkins and Kenneth Barnett.

Barly Hopkins and Kelnedu Heltonary pallbearers: Edgille "Shag" Branham, Harold Cooley, David Wilder, Bill Jack Darby, Dr. Garland Godsey, Lowell Conley, Randell Sexton, Jo-seph Mullins, Bill Hughes, Don Amburgy, Dan Smith, Pete Grigsby Jr., Jack Jones, Richard Martin and

Lee Collins. **Rosie Lee Hall**, 54, of Rosie Lee Hall, 54, of Rosie Lee Hall, 54, of Second Secon



Holbrook Sally

Holbrook Sally Jean Holbrook, 86, of Ironton, Ohio, went to be with the Lord SN was born May 2, 1925 in Floyd County, KY to Smith Webb and Elizabeth Hall Webb. She was a faithful and loving wife of Burl Hol-brook for 66 wonderful years. She was a loving mother, grandmother, and grand Elizabeth Hall Webb. She was a faithful member of the Westwood United Baptist Church for 60 years. She was a faithful member of the Westwood United Baptist Church for 60 years. She was a faithful member of the brethren and siste Holf the chines of In Gath by the parents, broth-er John Webb, who died at birth, a son-in-law Carl Lemaster, and three special cousins Marie Hall Music, Doffee Hall, and Wiolet Hall Mand Burl S. Holbrook (Phyllis) of Grayson, KY and Burl S. Holbrook, which lives at home; there 'daughters Pa-tricia Lemaster, Bernice Unrue (Alan), and Brenda Eranham (Carl); 11 grand-children, Mark Lemaster.

James Holbrook (Lori), Robert Holbrook (Lori), Adam Unrue (Becky), Mat-thew Unrue (Mary), Chris Holbrook (Christi), April Justice (Jeremy), Elizabeth Blair (Travis), Sandra New-ell (Michael), Nicky Hum-phrey (Jason), and Steven Bell (Michael), Nicky Hum-phrey (Jason), and Steven bill (Shi and Steven Blair (Travis), Sandra New-ell (Michael), Nicky Hum-phrey (Jason), and Steven Bell (Michael), Sandra (Sandra Rachel Unrue, Julia Lemas-ter, Leah Unrue, Allyson Holbrook, Megan Justice, Dalvie Blair, Landon New, Dalvie Blair, Landon New, Divie Blair, Jandra Justice, Divie Blair, Jandra (Jason), Sandra (Jason), Jason (Jason), Sandra (Jason), Jason (Jason), Sandra (Jason), Jason (Jas Holbrook (Lori), Holbrook (Julie), James

Berthe.

expressed to the family at www.timeformemory.com/ hall.



Shannon

Shannon Christopher Rogers Shannon Christopher Rogers, 32, died Friday, September 23, 2011. He was born September 1, 1979 at Roanoke, VA. The son of Arhtur Odell Rogers and Micca Campbell Cal-hourn He was employeedby hourn He was employeedby hourn He was employeedby chany as a loader operator. He is survived by the fol-lowing besides his mother and father. One son: Chris-gopher. Bryce 'Rogers' of Martin, KY. Brothers: Ar-hur Rogers II, Las Vegas, NV, James Blair Rogers, Columbia, SC and Han Gr-fermal Grandmother: Naney E. Campnell, of Prestons-burg. Graveside services were

E. Campnell, of Presions-burg. Graveside services were held Monday at the Green Bills Memory Gardens in Claypool Hill, VA with Pas-tor Bobby Joe Spencer and Rev. Scotty Brown officiat-ing.

Active pallbearers in-cluded: Gordon Maynard, Daniel Lilly, Kevin Dotson, Bill Buckles, Brian Freels, James Gardner, and Chris Dye.

The family has entrust-ed all arrangements to the Carter Funeral Home. PARAMANNA 1



Mary Esther

Mary Esther (Wills) Wells Mary Esther (Wills) Wells, of Prestonsburg, left this world to be with Jesus on Sept. 16, 2011 at River-vis She was born March 6, 1926, a daughter to the late Willie. Jefferson "Bill" and Belvia (Branham) Wills. Besides her parents, she was preceded in death by her son-in-law Dennis Was raised on Aux-ier Road with her siblings Billy Ray (Kathy) Wills, of Marshal, Mich., Avonelle Church, of Winston Salem, N.C., and Charles (Brenda) Wills, of Winston Salem, N.C. is survived by her bushand Melvin Wells fet

C. and Charles (Brenda)
 Wills, of Winston Salem,
 N.C., and Charles (Brenda)
 Wills, of Winston Salem,
 N.C. and Charles (Brenda)
 Wills, of Winston Salem,
 N.C. and Sale Sarvived by her
 Instant, Melvin Wells Jr;
 daughters, Gloria Jean Warix, of Prestonsburg, Peggy
 (Dan) Graham, of Union,
 and Beliva Deloris 'Lois'
 (Tom) McHugh, of Morehead;
 children, Melvin
 Douglas Wells, of Prestonsburg,
 and George Randall Wells,
 of Concord, N.C.
 She is survived by her
 grandchildren, Derba Dennis (Kent) Dingus, of Prestonsburg,
 locotas, and George Randall Wells,
 of Concord, N.C.
 She is survived by her
 grandchildren, Debra Dennis (Kent) Dingus, of Prestonsburg,
 locotas, of Prestonsburg, Jessica (Ben)
 Princy (James)Morgan, of
 Lexington, Dr Leslie (Ceci) Dotson, of Hager Hill,
 Charles Douglas (Kim) Arnett, of Denver, Colo.,
 Elizabeth (Chris) Pedico,
 of Olathe, Kan, Stand, Standard, S

KSP still trying to identify body

By Terry L. May WILLIAMSON DAILY NEWS

WILLIAMSON DAILY NEWS
WILLE — The identity of a body found in the Tug
River almost two weeks ago still has not been positively
determined by the state medical examiner.
DNA samples have been taken from the body and are
being tested, according to Kentucky State Police Public Affairs Officer Trooper Shawn Litte.
During a itelephone conversation Monday afternoon,
Daring a itelephone conversation Monday afternoon,
thefore jumping to any conclusions about who the victim
actually may be.
"The detective in the case is just waiting." Little told the
Daily News. "At this time we are not looking at any one
particular person."
The body of the unidentified man was pulled from the
family of Channing Dwayne Adkins, who has been missing
since Sept. 12, has gone of the record saying the family
believes the body could be him.
Bedomins, 3 of Matewan along the Tug River, according to
Weit Virginia State Police Sgt. B. A. Lowe.
Lowe said on Sept. 17, there was no foul play expected
in Adking disappearance at that time.



Free educational PRESTONSBURG - A free edu-cational forum for medical profes-sionals on addiction-related issues will be offered Saturday, Nov. 12, in Prestonsburg. Free Cominuing Education Units (CEUs) will be offered for physi-cians, physician assistants, nurses, nurse practitioners, pharmaciats, dentists, social workers, psycholo-gists, family therapists and CADCs. A minimum of 5.5 CEUs will be available per discipline. The Kentucky Medical Commu-nities UNITED forum is the first in a planned series of educational pro-grams focusing on prescription drug abuse and addiction to be offered by Operation UNITE's newly formed Medical Advisory Council - a vol-unter group of medical profession-als. Pikeville Medical Center and the

Pikeville Medical Center and the

Pikeville Medical Center and the Appalachian Regional Commission have partnered with UNITE to pres-ent this event. Registration begins at 8 a.m. at the Allen Baptist Church, located on U.S. 23 just north of the Hal Rogers Parkway. The program starts at 9:15 a.m. and concludes about 3:30 p.m. Because lunch will be provided, those planning to attend are asked to register by Friday, Nov. 4, by calling Becky Calhoun at (866) 678-6483 of by e-mail to bealhoun@centertech. com.

com. Three educational workshops will highlight the day's discussion: Alcohollsmi: A disease of the Brain and More Presented by Dr. Burns M. Brady, this workshop covers neurophar-macology and neuroanatomy of ad-diction, including the interaction of

popularly abused drugs and alcohol-ism. Participants will garmer knowl-edge including biological, psycho-logical and social aspects of the disease, and understand options for, treatment with a focus on the Post Acute Recovery Syndrome. Dr. Brady is a board-certified family physician and addiction-ologist. He is a consultant for The Healing Place; a clinical instructor on alcoholism for the University of Kentucky, University of Louisville and Pikeville Schools of Medicine; and recently returned as the mediand recently returned as the medi-cal director of the Kentucky Physi-cians Health Foundation Impaired Physicians Program. Medication-Assisted Treat-

Physicians Program. Medication-Assisted Treat-ment Tor William T, Fannin will give varient evidence that illustrates addiction as a disease and presents medical approach to treatment as a medical approach to treatment. In-formation includes a brief history of this treatment and continues the concept to where it is today. The focus is on opiate/opioid addiction application of this form of treat-ment, stressing the importance of mandatory counselling and keeping the target date for completion. Dr. Fanin is a Pikeville phys-medicino medicine. He recently served as medical director of ad-diction services at Pikeville Medi-cal Center and continues to server logical patients who suffer from the disease of addiction. His experi-ness include acute detoxification.

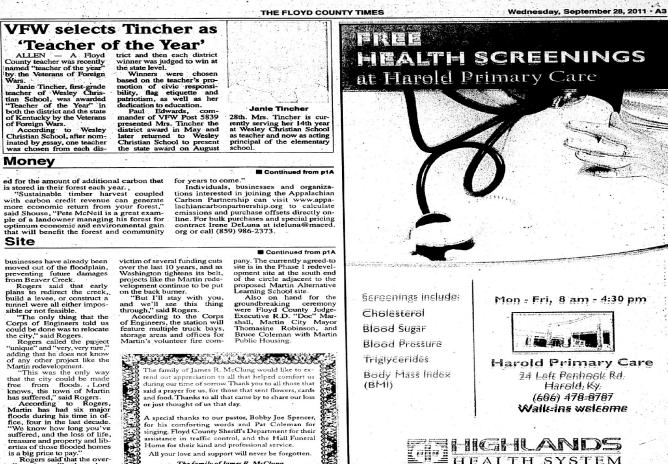
tion-assisted treatment on an out-patient basis. He currently serves as medical director for Appalachian Vocaica

tion-assisted treatment on An out-patient basis. He currently serves as medical director for Appalachian Hospice. **PRIME For Life Trogram** Ry Daugherty will define sub-strated disease that is treatable. Par-ticipants will learn how to identify, address and prevent such problems prior to biological risk in patients. The program is designed to encour-age the professional to use informa-tion that supports positive and low-risk choices for the patient. Date of the patient of the preven-tion Research Institute, a leading in-ternational, non-profit organization that mitgates alcohol- and drug roducing research-based curricula that mitgates alcohol- and drug is co-author of the PRIME For Life programs, and co-author of "Reduc-tife Span Approach." UNITE's Medical Advisory Comparing was formally organized in support was formally organized in strates of education, accountability, monitoring and continual re-evalu-tion base and diversion through a process of education, accountability, monitoring and continual re-evalu-tion base and diversion through a continue of what medical professionals of the start Advisory Connell

ation of what medical professionals do together. The Medical Advisory Council meets every fourth Thursday of the month at 5:30 p.m. in the conference training room of the Big Sandy Area Development District, 100 Resource Drive, Prestonsburg. To Isam more about the UNITE Medical Advisory Council visit http://operationumite.org/about/ medical-advisory/.

Free educational forum offered on addiction issues





by th Wars.

Site

erties of those flooded nomes is a big price to pay." Rogers said that the over-all project will take a long time to complete, adding, "It's been too long, already." The project has been the

Body Mass Index (BMI)

Harold Primary Care 24 Left Penhook Rd. Harold, Ky. (606) 478-8787 Wallt-ins welcome

PLACES WORK



The family of James R. McClung would like to ex-tend out appreciation to all that helped comfort us during our time of sorrow. Thank you to all those that said a prayer for us, for those that sent flowers, cards of the food. Thanks to all that came by to share our loss or just thought of us that day. A special thanks to our pastor, Bobby Joe Spencer, for his comforting words and Pat Coleman for singing. Floyd County Sheriff's Department for their singing. Floyd County Sheriff's Department for their Home for their kind and professional service. All your love and support will never be forgotten. *The family of James R. McClung*

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contacti Brian Mullins, Baaawa 606-218-3504 brian mullins@pikavilleinespik-16969

or apply online at www.plkevillane.plk?

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Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

SHERE Store Store

Our View Not warfare, but justice

As President Obama continues to seek support for his deficit reduction bill. Americans are being exposed to a lot of rhetoric and hyperbole, particularly from his de-

lot of rhetoric and hyperbole, particularly from his de-tractors. The proposal is being labeled as "class warfare" by conservatives, simply because it would return tax rates for the wealthiest Americans to what they were prior to former President George W. Bush's ill-advised tax cuts. So be it. Maybe it is time for a little bit of class war-fare, because at least that would mean the poor and middle class are fighting back. For the past decade, that hasn't been the case. Instead, average Americans have been bullied by a privileged class that has used its influ-ence in Washington to shift more and more of the na-tion's fiscal responsibilities to the middle class. They were told that cutting taxes for the rich would impel the wealthy to make investments that would create new jobs. Everyone would benefit, they were told. It was classic trickle-down economics in theory, and it is proving to be a classic failure in practice. Now, as the federal budget teeters on the brink of collapse due to this inequitable distribution of the tax burden, those same voices who convinced millions of Americans to yote against their own interests and in fa-

Americans to vote against their own interests and in fa Americans to vote against their own interests and in ta-vor of the wealthy are trying to pull another one over on the average American. Since the budget cannot long withstand the loss of revenue caused by the Bush tax cuts, they are now being told we must slash government services. Education, Social Security, Medicare, Medic-aid, disaster relief, the social safety net ... all of it has to be slashed, we are told, because we simply cannot raise trace in this economy.

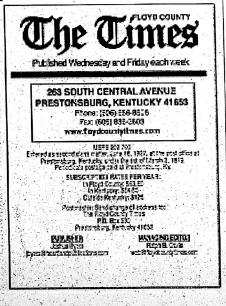
taxes in this economy. Which economy? From our point of view, there ap-

Which economy? From our point of view, there appear to be two very distinct conomies — one that most Americans know about, because it has cost them their jobs, their homes and their security, and another very robust one for the wealthy that nearly all of us do not have the privilege to experience. Conside: Lower and middle-income Americans have watched their wages stagnate, their purchasing power shrink, their mortgages explode, and their investments wither and die. At the same time, the financial elite have seen their personal fortunes swell by 250 percent over the past guarter century.

quarter century.
In the 1950s, the average CEO made 30 times worker in his company made; today, that same CEO makes 500 times more

makes 500 times more.
The top 10 percent of wage-earners in the U.S. now control 50 percent of the nation's wealth. In contrast, the bottom 50 percent of Americans have only 1 percent.
The number of people on food stamps is at a record high, as are poverty rates, but the number of millionaires has tisen 17 percent, since the financial crisis began in a percent. 2008

Who could blame average Americans for fighting who could blank a verage Antencean for any ingining back now, after the beating they have been taking? But as President Obama is fond of saying, this isn't class warfare; it's math. More than that, however, it's also a small step toward economic justice. — The Floyd County Times



A Legislative

Today

Perspective

By Rep. Greg Stumbo SPEAKER OF THE HOUSE

SPEAKER OF THE HOUSE For most of Kentucky's history, we have found a way to go above and be-yond the call of duty when it comes to protecting our country. During the War of 1812, for exam-ting the War of 1812, for exam-hist than all other states combined. In the decade since Sept. 11, 2001, mean-while, no military base has seen more deployments than Fort Campbell. Nearly two weeks ago, the nation turned its attention to the Kentuckian who became the latest recipient of the Congressional Medal of Honor, the highest award that anyone in the mili-tary can receiver, an Adair County native, joins an elite group of just 54 others borm in the Commonwealth who have been awarded this medal since it was authorized by another na-tive Kentuckian, President Lincoln, 150 years ago. Dakota is the first liv-ing Marine to receive this recognition in nearly four decades.

House week in review

By Rep. Hubert Collins

Kentucky has always had excellent health insurance benefits for state em-ployees and teachers. Those benefits, combined with our state retirement systems' benefits, have encouraged hurdreds of thousands of people to seek careers in government and school districts in the Commonwealth over the years.

hurdtede of thousands of people of seek carees in government and school districts in the Commonwealth over the years. This year, nearly 270,000 active teachers, active state employees, vari-ous active city and county government employees, spouses and other depen-dents are being served by the state's health insurance program Known as the Kentucky Employees' Health Plan. When the 2012 plan year be gins of the KEHP. It is those individuals who must now prepare for the annual KEHP open enrollment period begin-ning less than two weeks from now on Monday, Oct. 10 and extending through Friday, Oct. 28. Open enrollment will again be what is called a 'passive' enrollment, mean-ing you DO NOT need to enroll unless you: Enroll or reamed the application of the KEHP. It is shose include the addition only healthcare' re-imbursement account (HRA); Add. or drop a dependent; Change smoker/ non-smoker status; Change your plans or other benefit options; Change cov-erage levels (switching from a single plan to Parent Plus, for example); Statt or end cross-reference payments. If none of the above applies to your situition, you of monting the north plan will reamed in plane for the new 2012 plan wear. If you DO need to enroll or iter-mon for 2012; then oren services of the order of the above applies to your situition for the thore applies to your and in place for the new 2012 plan wear.

ar. If you DO need to enroll or re-roll for 2012; then open enrollment

Guest Column

Shutdown Special

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Column

Column. sthe time to do it. Anytime between reachers, active local government em-propress from various agencies and retirees from the Kentucky Commu-nity and Technical College System in a coll online at kehp ky.gov of through the KHRIS system via the link found at kehp ky.gov. There are are conclusioned to the coss reference are to oler the coss reference are to oler the coss reference are to oler the coss reference on threat to oler the coss reference are to oler the coss reference on threat to oler the coss reference are the coss reference are to oler the coss reference are to to de do rd or a disabled are the coss reference are to oler the coss reference are the coss and cannol enroll are the coss and cannol enroll are the state judicial and legis-tive refirement system refireres are the kentucky. Refirement Systems the these respective refirement sys-systems during those systems open are dored to the system coss are are are coordinator for more infor-marance coordinator for more infor-merone for 2012 depended on change-

your indevidual tetre of the system of the s

re-instated to her posthumously dur-ing the 1970s. Last month, another Kentucky hero was given proper recognition when, after nearly 70 years of being listed as missing in action, Private First Class William Stehlin was laid to rest in Ar-lington National Cemetery in Wash-ington, D.C. Ha hadie fighting in Germany. His were recovered two years ago by a farmer, but it took extensive DNA testing to confirm their identity. Earlier this year, the General As-sembly adopted two new laws with heroes like him and Dakota in mindv. In one, we called for a plaque of all bucky to be hung permanently in the capitol, and we also granted free ac-cast to them when needed at any of the state stnee veferans nursing homes. The other new law requires the POW/MLA flag to be flown at all state-mintained rest areas, as a tribute to the more than 83.300 servicemen from

POW/MIA flag to be flown at all state-maintained rest areas, as a thibut to the more than 83,000 servicemen from World War II forward who are still out there on the battlefield. Stories like these are the front line pay a high who are for our freedom. We may never be able to fully re-pay them, but it's vital that we never forget.

There will still be single coverage offered at zero cost to non-smokers under the Common Cath Standad Standard PEO will also continue to have the lowest cost monthly em-ployee premiums for the Parent Plus plan (\$828, Couple plan (\$228.18). Family plan (\$288.44) and offer em-ployee cross reference plan is a smoker. In that case, both employees will be subject to the smoker rate. The lowest cost plan under Commonwealth Maxi-mum Choice will be \$30.74 a month in 2012. That lowest-cost employee premium will increase to \$37.24 a month for Capitol Choice and \$62.74. To optimum PPO. Prescription daministered by Ex-do optimum PPO. The south the amount paid by you dependent on the health plan option you select and how the drug is classified. And active employees will surance while receiving up to \$2.100 a, year in employer contributions in an HRA (any balance in the HRA at the end of a calendar year, as long as the option, you "To way" to ware to over a coleman proce, you can look at the

the next calendar year, as long as the employee continues to waive cover-age). To learn more, you can look at the 2012 KEHP Benefits Guide online at the 2012 KEHP Benefits Guide online at the 2012 KEHP Benefits Guide online at the 2012 KEHP members have the op-ortunity to enroll online at select ben-portunity to enroll online at select ben-fit fair focations. The nearest benefit fair for residents in our area will be at Adams Middle School in Prestons-burg on Oct. 13 from 2-6 p.m. Remember, you will need an Em-ployee ID to enroll in KEHP online, as you did last year. You should receive a letter that incluides your Employee ID this week. You will only receive one letter this year as opposed to two. If you do not receive your Employee ID letter, contact you insurance coordina-tor for instructions. Have, a great week ahead

Sharpening their skills Perkins culinary students prepare Battle of Middle Creek banquet

THE FLOYD COUNTY TIMES

MIDDLE CREEK – rganizers with the an-al Battle of Middle Creek wil War.re-enactment said mpliments kept pouring from participants and sitors alike this year about e food prepared for the ent. Civil War.re

the food prepared for the event. It makes sense if you consider that nearly 20 cu-linary students from Carl D. Perkins Job Corps Center were in the kitchen prepar-ing food for the weekend event.

were in the kitcher prepar-ing food for the weekend event. Debi Manuel, Secre-tary for Friends of Middle Creek, said the Culinary Arts students from Carl D. Perkins Job Corps Center were a huge help in seeing "Those kids saved our lives," Manuel said. "They made this re-enactment much more enjoyable. We plan to use them for the rest of our lives. They did a fab-ulous job. Just fabulous." The Battle of Mindres place cach year along Mid-dle Creek in Floyd County and calls for a large num-ber of, participants while drawing a sizeable crowd. Perkins culinary students worked dilgently through-out the week leading up to the set to do them so ac-commodate upwards of 150 people. As with the numerous other events the culinary classes at Perkins have

compose the provides of the composition of the comp

Spots available in BSCTC

community classes

Times Staff Report

Times Staff Report Several community classes starting in October still have availability at Technical college. According to the col-lege, there are four classes them including Plumbing, Pharmacy Tech, Driver's education, and Basic Mo-torcycle Riding. The courses are being offered as such:Pharmacy Tech - Oct. 10 to Nov. 7, Monday evenings, 5 to 9 p.m., Pikeville Cam-pusPlumbing Code - Oct. 4, Tuesdays and Thurs-days, 6 to 9:30 p.m., Mayo CampusDriver Education - This course consists of six hours of individualized, on-the-road driving expe-rience. A vehicle for the driver's education train-ing is provided. Training is available severi days a week and can be scheduled around the student's sched-ule. (Students must have obtained their permit, be-fore enrolling in this class). Students may register for this class in the Johnson Building. Room 144Bäsic Motorcycle Training - Oct. 14, 15 and 16; Friday, 6 to 10 p.m.; Sturday, 8 a.m. to 4:30 p.m.; Sunday 8 a.m. to 4:30 p.m.; Sunday 8 a.m. to 4:30 p.m.; Sunday 8 a.m. to 4:30 p.m.; Festonsburg Campus, Room J153. (Stu-dents are encouraged to pre-register for this class due to limited seating.) For more information or to to register contact Brenda Miller at (606) 889-4769.

编辑 的技術

e-Edition me format as our print edition

See our new

linary stude the community and assist the community and fix food for them." Marts said. "It gives these, young people what we can do here at Job Corps.". For some students, tak-ing part in these events and cooking is more than just valuable experiences or a "Culinary arts is my-life." said student Princeton Wife." said student Princeton Wife." said student Princeton wife." the been in the kitchen ever since I can re-member. I breathe to cook, so having these experiences to do these things is my life. Hove ever y minute of it. It was just a pleasure being able to cook and enjoy that they are the kitchen with ev-eryone else." Perkins Job part in pre-paring food for the Battle of were, Georganan DeHatt, Alexandra M. Diaz-Rivera, Shanay A. Moore, Rod-Ni Aquarianna, Dashanta J. Gambell, Keith Campbell, Jordan Chapman, Princeton Miller, James M. Ledger, Jacob Gardner, Zakia Du-laney, Dolores Campbell, Gorey Durden and Willie Jones.

Campbell, Corey Durden and Willie Jones, along with instructor Terry with Marrs.



You are invited to an "Old Fashioned Homecoming" at Mayflower Unity Baptist Church Sunday, October 2nd at 11:00 a.m.

Wednesday, September 28, 2011 · A5

Followed by an Old Fashioned Dinner



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This is an Advertisement. John Hansen is a Debt Relief Agency who helps people for bankruptcy relief and discharge of debts pursuant to the Bankruptcy Code

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Wednesday, September 28, 2011 FLOYD COUNTY ports

Section



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"Your WENT spure (or headkindlogginnalis) are" Kentucky Pros to play Pikeville, Alice Lloyd in exhibition games

By Steve LeMast SPORTS EDITOR

LEXINGTON – The Kentucky Pros will play both the University of Pikeville and Alice Lloyd' Col-lege during upcoming exhibition games at area venues.

NBA players Rajon Rondo, Jodie Meeks, Eric Bledsoe, Bran-Brookins

named Eastern Ky's defensive coordinator Times Staff Report

PIKEVILLE - The East-ern Kentucky Drillers have taken the first step in keep-ing their defense at the top of all Lininate Indoor Foot between the state of the state fensive coordinator. Brookins was a nominee for the 2011 Valdosta State Athletics Hall of Fame. He was an All-American who earned two-time All-Gulf South Conference Team honors. Brookins was a two-

earned two-time All-Guilf South Conference: Team honors. Brookins was a two-time Hugh C. Bailey Player of the Year award winner. He holds records for most solo tackles in a games (1) a and award 3). Brockins is also third all-time in sin-gle-season tackles (125). Brookins college carcer speaks for itself. Brookins has coached youth leagues and high school teams for over 10 years and has had great success, producing all-conference and all-state players.

great success, producing all-conference and all-state photo-particle states and all-state photo-tess and state states photo-base states and states photo-sive shutouts in 2011. Head coach Rick Kranz plans to uphoid Eastern Kentucky's dominance on the defen-sive shutouts in 2011. Head coach Rick Kranz plans to uphoid Eastern Kentucky's dominance on the defen-sive side of the ball and he believes Brookins will help lead Eastern Kentucky an inaugural member of the UIFL, plays its home games at the Eastern Kentucky Ex-position Center. The UIFL recently fin-ished the 2011 season with all six of its original teams. Saginaw (Mich.) is the reigning UIFL champion. The Diflers also recently signed defensive linemans Keep Woord (free safety Miguel Carodine (6-0, 210, Fiorida).

don Knight, Josh Harrellson and DeAndre Liggins have commit-ted to play for the Kentucky Pros. Forner Wildcats and current Naves and the Sogans are still undscided. Earlier in the year, the Ken-ucky Pros faced the Dominican Republic national team in Lex-ington and Louisville as part of

a two-game series. UPike is the defending NAIA national champion. The Bears, under the guidance of Coach Kelly Wells, compete in the Mid-South Conference. Alice Lloyd College com-petes in the KIAC (Kentucky Intercollegiate Athletic Confer-ence). The Eagles are under the

mond, a Martin County native. The Kentucky Pros team is scheduled to play additional games. in Mason, Pulaski and Graves counties. Other opponents for the Kentucky Pros as part of the upcoming tour will includ-legge and Mid-Continent Univer-sity.

andledeports@lbyceoutlylims.com



Blackcats pull away in second half, defeat Betsy Layne



BPORTS EDITOR BETSY LAYNE – Pre-stonsburg shook a slow start and pulled away from Floyd County food Basey 2A, Did Start and Basey A, Did Start The Blackeats Calamed their second straight vice tory, defeating host Betsy Layne 53-14 for the dis-trict win. Previously undefeated, Betsy Layne dropped to 4-1 following the loss.

Previously undefeated, Betsy Layne dropped to 4-1 following the loss. When intermission rolled around Friday night, Prestonsburg found itself in a battle with the Bobcats. Visiting Pres-tonsburg packed a hard-fought 24-14 lead into halftime.

(See CATS, page B2)

Tour Oct. 8: University of Pikev-ille at Eastern Kentucky Expo CenterOct. 9: Alice Lloyd College at Knott Central High SchoolOct. 10: Georgetown College at Ma son Contry. High SchoolOct. 12: Union College at Pulaski County High SchoolOct. 13: Mid-Conti-nent University at Graves County High School High School Jenny Wiley



features soggy start

Times Staff Report

LEXINGTON - The road to the Bowling Green Country Club and the 2011 Leachman Buick-GMC-Cadillac/KHSAA State Golf Championships Be-gan under soggy skies as 12 boys' regional tourna-ments began play on Mon-day throughout the state. Eleven girls' golf region-als were scheduled for Tuesday. Qualifiers will Green Country Club be-ginning next Monday for the boys' tournament, fol-

(See STATE, page B2)



er Betsy Layne



1: 5 - 18th

HOMECOMING 2011: The Prestonsburg High School football team will host Hazard High School for Homecoming Friday night, PHS Homecoming Candidates are pictured (front right to left). Front row: Dara Bartley, Noel Chandler, Cassle Burchett, Keisey Boyd, Ashton Sizemore, Catle Burchett, Kristany Setser, Tori Hammonds, Clara Potter, Emily Hammonds, Laiken Maggard, Samantha Davis. Second row: Sadie Sione, Shelby Blackburn, Catherine Tincher, Cattlin Kidd, Jacklyn Kendrick, Alex Teath Trout

Third Row: Allison Hale, Mariah Terry, Jenna Little, Cheyanne Bustle, Klerra Shelton, Laura Hunt. Fourth row: Mariah Hackworth, Alyvia Hall, Katle Porter, Kennedy Conley, Shantele Collins.



gets workout in win Times Staff Report

Times Staff Report. PIKEVILLE – It was a Saturday afternoon ordered straight from a catalog both on and off the field for the Uni-versity of Pikeville football Bears. Seven records were established in too extended in the seven records were established in too was the sense to 3-1 on the sense in hading into the Mid-South Conference fast Division opener against Campbellsville University on Saturday at 1:30. The new or tied marks were: - Career passing yards. Junior Trevor Hoskins was in the first quarter of only his 14th game when he passed Chip English to become the all-time leader in this category. He enters Saturday's game with 4/35 yards. - Points in a half. The Bears scored 44 first-half points, edging their total in perhaps the most famous Bears' game ever, the Oct. 20, 2001 Homecoming win over Lambuth dur-

(See RECORD, page B2)

Cats

Continued from pB1

The Blackcats thrived throughout the second half en route to the win. Big strikes equaled touchdowns on numer-ous Prestonsburg drives during the second half.

he second half. Prestonsburg senior quar-erback Austin Crisp was very productive, completing 12-of-State

Continued from pB1 ■ Continued from pHI lowed by the girls' event Thursday-Saturday, Oct. 6-8. The first day of each lournament is scheduled to begin at 7 a.m. CST, with the second day scheduled for 8 a.m. Monday and Thursday are scheduled as practice rounds for each lournament.

Thursday are scheduled as practice rounds for each the state rounds for each the state tournament. This week after all regional tournament results have been recorded. Further information is available on the second state of the state and the state of the stat

meeting/20112012/ McGlone goes for 300th win at Russell: Russell

Golf

16 passes for 407 yards and five

Io passes for 407 yards and five touchdowns. In a triumphant return after suffering an injury that threat-ened to end his senior season, Joseph Jamerson reled in three catches for 156 yards and three touchdowns. Jamerson also rushed twice for 37 yards and one touchdown. Junior Bryson Williams hauled in four receptions for 130 yards

and the second se

Oct. 28-29: KHSAA State Volleyball Tourna-ment, Bellarmine Univer-sity, Louisville.

Continued from pB1

THE FLOYD COUNTY TIMES

and two touchdowns for the Blackcats. Kain Collins led Prestonsburg in rushing Collins collected 120 yards and two touchdowns via 10 rushing attempts. Defensively, Jarredd Jarrell led Prestonsburg with two interceptions. As a team, Betsy Layne rushed for 172 yards. The Bobcats picked up another 80 yards through the air. Austin Hall led the Betsy

Continued from pB1

and

Continued from pB1 ing which the Bears scored 42 second-half points. - First Downs. The-Bears had 34 Saturday, six more than they had at Georgetown last season. - Hoskins completed 36 passes, passing the mark he established last year at Faulkner and matched at Lindsev Wilson.

Faulkner and matched at Lindsey Wilson. He threw six touchdown passes, matching his mark at Georgetown last season.

Layne offense. Hall took 33 car-ries for 155 yards and two touchtwo touchdowns for the

Layne offense. Hall fook 33 car-ries for 155 yards and two touch-downs in the setback. Josh Salisbury rushed twice for 15 yards in Betsy Layne's loss. Sophomore quarterback Dylan Hamilton completed eight-of-14 sses to rack up 80 yards for the

Bobcats Bobcats. Blake Spencer and Tony Dirico hauled in two passes apiece for Betsy Layne in the district matchup.

e in the district matchup. Hazz Trevor Hoskins have been different – five of the top six dayo or with the gained based of the top six dayo or with the gained based of the fourth the mesunder their helm – Hoskins" 481 pass-ing yards, while amazing considering he sat the last half of the fourth quarter, is good for only third on the school's list. He, of course, holds the two above it. – With his 481 yards on Saturday, Hoskins moved from 10th to fifth in passing yards in a season, and still has six games remaining Sophomore corner-back Demitri Travis had three of UPike's five in-terceptions, becoming the third Bears to do so in a came

Hall registered a team-high tackles for the Betsy Layne fense while Dylan Watson nam registered a team-high 11 tackles for the Betsy Layne defense while Dylan Watson recorded an interception for the Bobcats.

Bobcats. Betsy Layne will visit Paints-ville for a non-district' game Thursday night. In another non-district contest this week, Pres-tonsburg will entertain Class A state championship contender Hazard. state cl Hazard.

rd. - The teams scored all kinds of points and left the punting units on the side-line. The four total punts – two for each team – tied for the second fewest in school history. - While he didn't match his own records from the Souther Vironing agains

- While the didn't matern his own records from the Southern Virginia game, freshman placekicker Gray-son Quick had some impres-sive stats. His seven extra-point tries was good for a tie for second in a single game, end his six made matched matched and his six made the third most ever.

half-dozen on Saturday. Other notes of interest: – The Bears had 606 yards of offense on Satur-day, which is only the third most in school history. But since the combination of offensive coordinator Allen Holland Jr. and quarterback Hoskins named conference, national Offeensive Player of the week. LE – He is quickly estab-is ginning to take note of this ginning to take note of this defensive is a gamed defensive player the week by the MSC and NAIA as Hoskins is honored the same day as his defensive teammate Demitri Tra-to, who was named defensive player of the week by the MSC and NAIA as Hoskins tied a single-game pro-mark conditional betweek the same day as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as Hoskins tied a single-game pro-mark conditional betweek to the same day as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as Hoskins tied a single-game pro-mark conditional betweek to the same day as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as Hoskins tied a single-game pro-mark conditional betweek by the MSC and NAIA as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as his defensive teammate Demitri Tra-to the week by the MSC and NAIA as his defensive teammate Demitri Tra-his defensive teammate Demitri Tra-his de

Times Staff Report

PIKEVILLE – He is quickly estab-lishing himself as one of the nation's premier quarterbacks. The nation is certainly beginning to take note of his talents. Junior quarterback. Trevor Hoskins was named the Mid-South Conference Offensive Player of the Week Mon

Offensive Player of the Week Mon-lay morning, and later that afternoon, earned the national honor from the

NAIA. It's the second time this season Hoskins has been named the league's top offensive player and the second time in his career he has been named

of the week by the MSC and INALA and well. Hoskins tied a single-game pro-gram records with six touchdowns passes to earn MSC Offensive Player The six touchdowns is also tied for the most in a game by an NAIA player this season. The junior quarterback frrom Mid-dlesboro completed 36-of-51 passes for 481 yards to help the Bears beat featukner University 51-34. In addition to matching the program's touchdown

of nis own performances from last Earning Saturday's win, Hoskins became the program's all-time leader in passing yards with 4,168. He set the mark while playing in just 14 games. This season, Hoskins ranks second in the Mid-South Conference in total offense (340.3). His 15 touchdown passing (340.3). His 15 touchdown He ranks second nationally in all three categories as well.

Travis tabbed nation's top defensive player

Times Staff Report

PIKEVILLE – While the story of the day was of-fense, offense, offense, a defensive player took ad-vantage of the opportunity to make a name for himself. Demitri Travis, a 5-9 sophomore cornerback from Hazard, had seven tackles in the game, all of which were solos, and tied a school-record with three in-

terceptions in the 51-34 win on Saturday over Faulkner on

game - And Hoskins extended his record for career touch-down passes to 40 with his half-dozen on Saturday.

the Week. Later on Monday, he was honored as the Na-tional Player of the Week in the NAIA. Pikeville has now wop four players of the week titles in the Mid-South this sensor. Travis is the

claim the honor. Quarterback Trevor Hoskins' was named Of-fensive Player of the Week while freshman return spe-cialist Marquis Terrell was named Special Teams Play-er of the Week last week. The sophomore defen-sive back from Hazard picked the reigning NAIA Offensive Player of the Week on three different occasions, all in Pikeville

territory. One came when the Bears were nursing a 10-point third-quarter lead on his own five-yard line. With his three intercep-tions, Travis leads the MSC and is third in the NAIA with four picks this season. Travis has 14 tackles --all of them of the solo. va-riety - a forced fumble and pass break-up in addition to his interception total. With the win, Pikeville interception total.

only required to make one save in the game. Georgetown repeatedly took shots on UPIKE, to-

took shors on UPIKE, to-taling 24 shots altogether to UPike's two. George-town's agressive play also garnered them a 9-0 advantage in corner kicks. Inevitably, the bur-den finally took its toll on Schulte. When Taylor Feist's pass found Tara Jo-seph in the box in the 91st minute. Joseph quickly banged in the golden goal that decided the contest in Georgetown's favor.

The Bears will return to the pitch Thursday at 5 p.m. when they will enter-tain Union College.

"Alpha takes care of me so I can take care of my family"

- John Robinson, Miner for 20 years

Cash prizes for the scramble break down as follows: First-place - \$500, Second-place - \$300. Prizes will be awarded for the Longest Drive, Closest to the Pin and Longest Putt. The scramble will also include tee prizes and a cash 50/50 Drawing on Par 3 Competition. For more information, call Morris Copley (886-1006) or Jennifer Gardner (886-2335).

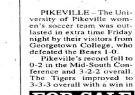
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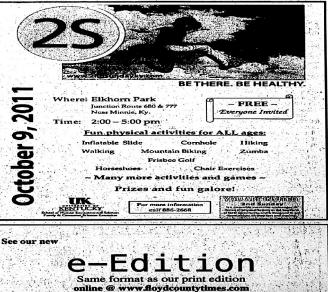
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UPike women's soccer team falls in overtime

four players of the week titles in the Mid-South this season. Travis is the first defensive player to

As a result, he was named Mid-South Confer-ence Defensive Player of the Week. Later on Monday, he was honored as the Na-

Times Staff Report

S Soccer team fa their first league contest. Pikeville has lost both its conference games in overige in the last with word the second second season. Though the Tigers clearly were in control for most of the game, they were unable to get past UPike freshman goalkeep-er chelses Schulte, who first season by recording 13 saves and holding the Tigers scoreless for 91 minutes. The Bears were only able to muster up a pair of the game, with Georgetown goalkeeper Cathle Shave

Hoskins, Travis lead Bears past Faulkner

by STEVE LEMASTER SPORTS EDITOR

PIKEVILLE - It was billed as a showcase of two of the country's best quarterbacks, and in the end, for at least one day, the one wearing orange came out on too

In the end, for at reast one day, the one wearing orange came out or provide junior Trevor Hoskins ticd his own school re-cord with six touchdown passes to lead the Bears to a 51-34 win over Faulkner University on Sat-urday afternoon. Hoskins, a 6-3 junior from Middlesboro, was 36-of-51 for 481 yards on the day he became the school's all-time leader in career passing yards. His 36 completions also es-tablished a new record, surpass-ing his own mark of 31, which he set last year at Faulkner and then matched at Lindsey Wilson. Amazingly, his 481 yards are nowhere near his record of 607 for, which he threw at George-town last season. town last season.

A Graviss lead bears at a new school record for most points in a half when they postd a 4.21 halftime lead.
But Huins wasn't the only port book. Sophomore Huenter Adams and the school mark with three interceptions of the nation's leading poster.
The Bears a 17-6 lead after stars around a 42-pard field goal to school mark with three interceptions of the nation's leading poster.
Hollingsworth entered play at the anison's leading poster to school mark with three interceptions of the nation's leading poster.
The Bears a 17-6 lead after school mark with a school mark with three interceptions of the sing 29-0f-52 for 312 with three interceptions and pass within two after Hollingsworth and pass within two after Hollingsworth ing 29-0f-52 for 312 with three interceptions and pass within two after Hollingsworth at the game. After causing a fumber to the score the score of the field by and freshman Tanner Napier on 13-yard scored three fine times scored from a yard out the kins has accored when freshman for the score to make it 5-14 with 14 left in the half. The kield to be any and out the score to make it 5-14 with 14 left in the half. The kield the field with 14 bef in the half. The kield to be any and out the score to make it 5-14 with 34 left in the half. The teams traded touch on shore the welcomed in the score the make it 5-14 with 34 left in the half. The teams traded touch on the score to make it 5-14 with 24 left in the half. The teams traded touch on the score to make it 5-14 with 3-14 left in the half. The teams traded touch on the score to make it 5-14 with 3-14 left in the half. The teams traded touch on the score the welcomed in the score the score to make it 5-14 with 3-14 left in the half. The teams traded touch on the score the welcomed in the score the score the score tour the score tour the score tour the score the score tour the score the score tour the score tour the score tour the score tour the

termission. Hollingsworth hit sophomore D.Q. Woodruff on a 20-yard scoring pass before lear Johand scoring pass before the learns to the half with the Bears on top 44-28. The Engles got within strik-ing distance in the third period, as Box scored on a one-yard run and Kordakis caugh his second touchdown pass of the game on a 10-yard pass to make it 44-34 with 54 seconds left in the pe-riod.

with 54 seconds left in use rid. But the Eagles tried to pull within a score on a two-point conversion that faild., leaving the original second for the fourth The way tookins' record-ty-guarter was Hoskins' record-ty-

quartier was Hoskins' record-ty-ing sixth touchdown pass, cov-ering 11 yards to Johnson with. 13:56 to play. In addition to the passing yards, Pikeville ran for 122 yards in the game. Smior B.3 yards and 42 yards each. Two Bears receivers were over the

century mark in yards, as Johnson had 122 yards on six catches and sophomore Jordan Amis added 119 on five hauls, making time to surpass 1,000 yards. Box had 62 yards to go with tholingsworth hit siven targets on the day, with Kordakis lead, tholingsworth hit siven targets on the day, with Kordakis lead, for 78 yards. The dead siven solo tackles to 78 yards. The Sale side seven solo tackles to take so the sign state of the targets of the sign state of the targets of the sign state of the side of the way with nine tack-les, so added seven solo tackles to 78 yards. The Sale seven solo tackles the side the way with nine tack-les, so added seven solo tackles the solution of the side of the targets of the side of the defensive side by freshman discover of the side of the samong his 12 tackles and inter-cention. The teams begin divisional for a 1:30 kickoff while Faulkner will host Shorter Col-leget noon.

lege at noon

Pikeville volleyball squad wins third straight, fourth in five outings Tech uncorked an 8-2 rally courtesy of a reenergized bench. by UPIKE after a WVU Tech serving error put the Bears up 22-21 and took the proverbial wind out of the Golden Bears' sails. UPIKE closed the game out quickly to earn a 25-21 win. Times Staff Report The Bears were led on of-

PIKEVIILE - The Uni-versity of Pikeville volley-ball team had perhaps its best outing of the season Thursday evening, defeat-ing the visiting Golde the visiting Golde University University Institution of Technology in a three-game sweep.

sweep. The Bears improved to 4-11 on the season, including a The Bears including a on the season, including a streak of three straight wins and a 4-1 record in their last five games. More imporIntervibution of the season, bringing it to 1-3 in the Mid-South Conference (MSC). Game One had an in-auspicious beginning, as a lapse in communication led to UPIKE surrendering the opening point. Sincing play the Bears, and WVU Tech was forced to call a timeout the Bears, and WVU Tech was forced to call a timeout when UPIKE took a 12-9 lead. The Bears were too focused to have their momental to the Lead to Action of the season of t

tand invited and went on two disrupted, and went on two win the game 25-19 after pulling away late. Game Two saw the emergence of a recurring gled to avoid serving errors, particularly at critical mo-ments. Though WVU Tech led early, UPIKE events, which led to a fast-paced sequence in which neither team led by more than one point. The scoring race was eventually taken over

UPIKE closed the game out quickly to earn a 25-21 win. Determined not to be swept, WVU Tech opened game three with a four-point run. This was coun-true to the section a five-point run to take the lead. With the Bears seemingly cruis-ing to the victory, WVU

courtesy of a reenergized bench. This energy was sud-denly sapped after another serving error by the Golden Bears brought UPIKE with-in two points. The Bears took their chance and soon tied the score at 19 to force a WVU Tech timeout. Af-ter back-to-back serving errors brought the score to 20-all, UPIKE seized the lead permanently to take a 25-21 win and a 3-0 vice tory in the match. a 25-21 win and tory in the match

The Bears were led on of-fense by sophomore Paige Thacker, who had eight kills. Freshman Audrianna Ray followed with five. Ju-nior setter. Brooke Parrott had 19 assists in the win: On defense, senior Libe-ro Shelbi White led UPIKE with 18 dire in the victory

with 18 digs in the victory. Thacker was solid on the defensive side as well, fin-ishing with two solo blocks and one block-assist.

Russell Fork to host USA Canoe and Kayak team trials ATTOP ATTU NABY ter team from Morgantown, WVa. "This competition will increase the visibility of the sport in this area." The Russell Fork is a popular year-round venue for those who cance, kayak and raft. During weekends in October, the Army Corps of Engineers increases the water flow, making for much more challenging and interesting rapids. Practice sessions are Times Staff Report

The challenging waters of the Russell fork River in Pike County will be the site of the USA Canoe and Kayak National Wildwater Team Trials Oct. 14-16. This event highlights some of the unique adven-ture tourism opportunities in Eastern Kentucky. The competition determines the

American team for the 2012 World Championship to be held in La Plagne, France. The Kentucky Sports Authority is a sponsor of this event, which features cance and kayak time trials. The Eikhorn City Heritage Council is also a sponsor. "We're excited to bring a national level event to Ken-tucky," said Jack Ditty, the race director and a member of the U.S. national wildwa-

 competition determines the
 of the U.S. national wildwa Practice
 sessions
 are
 visit USAwildwater.com.

 MSU volleyball
 gets defensive in sweep of UT Martin

 mered Saturday's Ohio Valley Conference's
 Schellhaas out-dug her counterpart
 The Skyhawks at 100 Valleyball
 Schellhaas out-dug her counterpart

 best defensive team, but it was the leagues
 Schellhaas out-dug her counterpart
 The Skyhawks at 100 Valleyball
 Schellhaas out-dug her counterpart

 26-24) at Wetherby Gym.
 The boasted the conference's
 The skyhawks at 0(25-21, 25-19, 25-19, 26-24) at Wetherby Gym.
 The skyhawks at 100 Valleyball the down his win

 26-24) at Wetherby Gym.
 The boasted the conference's
 The skyhawks at 100 Valleyball the down his win
 The skyhawks at 100 Valleyball
 While the Eagles finished with the weep, the match was tight through

 UTM boasted the conference's
 with four hore matches against torm in the last 22 league matches for MSU
 MSU junior outside hitter Aryn Bohannor, The Skyhawks at 24 in the order team-high eighth doub
 The first set of leadured first set of the match as a pair of lead

 WIM sophomore libero
 Lesgue matches for MSU
 MSU sophomore libero
 Lesgies
 The deles will head on the road

 scheding her of was at specific action in the start weekend as they'll face SIU Eduble double dup the owners and hid 353, Junior set
 The Skyhawks at 8, m. ET</t With four wins is quite an accomplish-ment." MSU junior outside hitter Ellie Robuson, the OVC's top hitter, rung uping kills and hit .375 while also tal-lying to solo blocks. Redshirds and completed her team high eighth dou-ble-double with 10 kills and 13 digs. Redshirt senior Emma Keough landed ner vinners and hit .353 Junior set-ter Caitlin Clark also fitted with a double-double, handing out 41 assists while coming up with eight digs.

Times Statt Heport PIKEVILLE – The University of Pikeville men's soccer team fell short Friday evening in a 2-0 defeat at the hands of Georgetown College. The Bears' overall record fell to 2-4 following the loss. Pikeville remains winless in the Mid-South Con-ference with an 0-2 record. The first half was a rough one for the Bears, who managed only two shots in the opening 45 minutes. Georgetown, with 11 first half shots, was able to play much more aggressively by controlling possession. UPike goalkeeper Sheldon Thomas held firm, re-cording seven saves before halfitme. His counterpart, Georgetown's Taylor Shaver was able to score unas-sisted in the 52nd minute. With the Tigers playing a man down, the Bears ap-peared to have an opportunity to challenge Georgetown but were held to just three shots in the half, only one of which was on goal. Georgetown eventually iced the const with a goal by Tyler Whitehouse in the 86th minute. Georgetown had a decisive 13-0 advantage in comer-

with the loss. MSU sophomore libero Leslie Schellhaas entered the match ranked second in the league in digs, behind UTM libero Kasey Elswick, who also ranks second in the nation in digs. But MSU suffers heartbreaking 48-44 loss to San Diego

MOREHEAD — Another me, another heartbreaking ss for the Morehead State

Sallie and the interference of the second state or the second sec

San Diego's 28-point fourth quarter ensed 474 total yards by the Morehead State offense and two interception returns for touchdowns by the Eagle defense.

Thirms for touchdowns by the Eagle defense. USD provided the final margin when sophomore guarterback Mason Mills found freshman wide receiv-er Brancion withie on a od-er Brancion withie on a od-ter Brancion within the one-er Brancion Wills, and the od-capped an eight-play, 51-yard drive. Mills, who didn't even start the contest due to an in-jury from the previous week.

Ineartbreakin finished with five touchdown passes and just one intercep-tion. He were an 19-of-31 for 3 Mills replaced junior Bo Stompro, who threw a pair of interceptions in the first 22 minutes of the game. San Diego generated a see-satemoon. Senior John Me-Gough led the Torens with 162 receiving yards and two touchdowns, while sopho-more Kenny famies added 138 mMg head State junior quarterback Zach Lewis, who was also injured a week ago, completed 28-of-42 passes for 289 yards and one touch-down, but was sacked four Desmond Cox, a senior

touchdown. He now has 255 yards on 44 carries the past two igames. Donte Sawyer, a junior wide receiver for the Eagles, registered six catches for 128 yards. He now has 311 yards on 11 receptions the past two tilts.

riday. Septem

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Saturday, October 1 nday, October 2

g 485-444 IOSS Interferent half was a back-net forth affair, with each being obtained the second period of the second second period of the second second the end zone on a four-yard ush, Mills connected with McGough on a 46-yard pass of two field geals. " Junior Rainer Duzan dicked three first-half field goals, for Morehead State, while its other score came on a 35-yard interception return 2 Johnson Walks." Treshman defensive back Andrew Lee added a 59-yard INT return for a TD in the

third quarter for the Eagles, which began the day with no of the second half was a game of runs. Morehead State shut out the Toreros in the third quarter, but USD coun-tered with four touchdowns in the second half was a finance on route to the Morehead State returns to action next Saturday when it travels to Valparaiso for a 2 p.m. ET start. The contest will be carried live by the includes WIVY 063. FM in Morehead, WICGC-1550 AM in Greenup and WMST-1150 AM in Mt Sterling.

Georgetown had a decisive 13-0 advantage in corner kicks taken against UPike, as well as taking 21 shots to UPike's five. The Bears managed only two shots on goal in the game to Georgetown's 13. www.taylormetalsales.com



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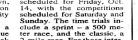
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Georgetown IK LEATH LITAIS scheduled for Friday, Oct. 14, with the competitions scheduled for Saturday and Sunday. The time trials in-clude a sprint - a 500 me-ter race, and the classic, a -mile race. For those inter-ested in watching, the best location and time will be at Elkhorn City Beach on Sat-urday aftermoon for the fin-ish of the classic race. For more information, visit USAwildwater.com. College blanks UPike Men, 2-0



Former NFL Coach Ryan doing well after cancer surgery

LEXINGTON — Even cancer surgery couldn't keep former NFL coach and Kentucky resident Buddy Ryan from the Meadow-lands when his twin sons coached against cach other on Sept. 11 in the prime-tion of the set of the set of the one of the ballas Concrebes and New York But just a few days after his son Rex, head coach of the Jets, beat the Cowboys, where son the Cowboys, where son Rob is defensive coordina-

11 L. GOOd Samaritan Hospital and underwent surgery for skin cancer that had metastasized and spread to his lymph nodes and parotid gland. On Sept. 16, UK head and neck sur-germond the sch valentimo paired the surgical site with several skin grafts. Ryan asked his doctors to postpone the surgery un-til after his sons' competed

against each other. He was released from the hospital on Sunday, Sept. 18, just in time, he said, 'to get home to watch most of the day's NFL games." This week, Ryan returned to the Ken-tucky Clinic for a follow-up visit with Dr. Valentino and construction of the said referring to the Sept. 11 matchup between his sons'

teams. "I also got to see my grandson play high school football that weekend while Ellis, Ryan's friend which and 1995 the school football that weekend while weekend while the school football that weekend the school football the school foo

Larson promoted in MSU Athletics Department; Giles and Nunn join staff

MOREHEAD — Sara Larson has been promoted to assistant athletic director for student.ath-lete services at Morehead State, while Jen Giles has been hired as an assistant softball coach and Keith Nunn as a marketing & pro-motions coordinator. Larson earned a bachelor's degree in nutritional sciences from the University of Missouri na 2002 and a master's degree in sports management from More-head State in 2004. She joined the Morehead State athletics department as a graduate assistant athletic trainer in 2002

and became a full-time assistant athletic trainer'in 2005. Monator of Bowling Green, Mo., Larson was then elevated to head athletic trainer for women's sports in 2009 and added the role of senior woman administrator in 2010.rson is the administrative li-nison for Ohio Valley Conference rifle coaches and a member of the league's game operations review

and became a full-time assistant athletic trainer in 2005. A native of Bowling Green, Mo. Larson was then elevated bies and the spects of student athletic trainer for women's sports in 2009 and added the role of senior woman administrator in Larson for Ohio Valley Conference rifle coaches and a member of the subcommittee. She will also continue All-Northex at four letters in soft and a member of the league's game operations review subcommittee and Althetes the distort of MSU's Student-Athletes in Action program. In her new role, Larson will

across campus. A native of Conyers, Ga., Nunn previously spent time as a marketing/sports administration intern (2009-10) and women's basketball manager (2010-11) for the Eagles. Last summer, he also served as a corrogate parthersching/prom

Last summer, he also served as a corporate partnershipe/spon-sorship activation intern for IMG Sports Marketing at the Univer-sity of Kentucky. In addition to his responsi-bilities at MSU, Nuon currently works as a sales representative/ manager for Team Loudmouth out of Orlando, Fla.

averaging 3.7 yards per carry.

averaging 3.7 yards per carry. Newton led the Cats with 50 yards on six car-ries, but continues to be hit-and-miss through the autors, but continues to be autors, but the the autors of the the corps ("Hands of Stone") dropped ball after ball throughout the eve-ning — making Newton's passing numbers (16-of-33 with one touchdown and two interceptions) far worse than they should have been.

Florida Gator's dominance of UK is par for the course

By Jim Pickens OWENSBORO MESSENGER-INQUIRER

MESSENGER-INQUIRER LEXINGTON — Big-ger, stronger, faster, quick-er, better — nothing new when comparing Florida to Kentucky in football. The Gators simply fol-lowed the formula that's been successful for them over the past quarter cen-tury against UK in a walk-in-the-park 48-10 con-quest of the Wildcats on Saturday night in a less-than-full Commonwealth Stadium, and before a na-tional television audience via SSIN. — which has not lost to UK since 1986 — won its 25th consecu-tive game in the series with only token resistance from the Cats, whose loy-al but soberly realistic fan base secems generally re-signed to the Gators' uter dominance of the Cats on

Cator's do the ridiron. The ridiron. The ridiron is accession at home, in succession at home, in the consecutive book the consecutive book is this morning have yet to be defeated. If is pretty fustrati-ings, Phillips precatous booker Phillips precatous the consecutive book booker Phillips precatous booker Phillips precatous the consecutive book booker phillips precatous booker bo

dropped balls, failed to capitalize on some arty opportunities, 'and you can't do that against this level of competition. You've got to take advan-tage of the chances you get, and we didn't do that in this one." Certainly with a bam-boozled Wildeat team that continues to play 'tena-tive, uncertain and with precious little confidence. Ironically, the game

brecious little confidence Ironically, the game couldn't have started bet-ter for the Cats, whose defense, kept Florida hemmed in with horrible field position on the visi-tors' first two possessions. One play changed all that, and, in fact, trans-formed the tenor of the confidence of the confiden

Christian for a tale-tell-ing touchdown pass that provided Florida a lead it would not come close to relinquishing. Two minutes, 26 sec-onds later – after UK's Morgan Newton was in

yard run. Two minutes, five sec-onds after that — after Newton again was inter-cepted — Trey Burton made it 21-0 at 3:39 of the first section

cepted — Trey Burton made it 21-0 at 3:39 of the first period season; and ppt, different season; and for all intents and purposes, it was over. First-year Florida head coach Will Muschamp seemed as matter-of-fact as the Gators' previous mentors who have defeat-ed UK during the fourt-longest series streak in the southeastern Confer-ence," said Muschamp, whose 15th-ranked club is off to a 4-0 start (2-0 in the league). "We took what the defense gave us

n the league). "We took what the defense gave us

on offense, and we turned them over four times on defense. "We ran the ball well and were able to control the game with our ground attack."

attack," Kentucky (2-2, 0-1 in SEC) pulled within 31-10 when Morgan Newton hooked up with La'Rod King for a 19-yard scor-ing pass just 14 seconds before intermission, but UF dominated the final 30

before intermission, but UF dominated the final 30 minutes. Demps broke loose for an 34-yard TD sprint at the sprint of the sprint at the sprint at the sprint at the sprint at the sprint at the sprint the sprint at the sprint at the sprint the sprint at the sprint at the sprint at the sprint the sprint at the sprint at the sprint at the sprint at the sprint the sprint at the sprint at the sprint at the sprint at the sprint the sprint at the sprint at

33 with one touchdown and two interceptions) far worse than they should have been. "It's all concentration and confidence," Phillips said, "but, again, you can't dop that many balls against a team like Floridut and the same the ball, they're going to make you pay for it when they get the ball back — and that's pretty much what ,hap ened." The outpay end that constant and they were supposed to do: They defeated the they and they're supposed to do: They defeated time in a row. posed to do: T Kentucky — time in a row. Lawrence digs in for 'big-time' win

By Aaron Snyder THEASHLAND DAILY INDEPENDENT

LOUISA — A light coat-ing of rain glistened the field just in time, providing a per-fect setting for a classic re-runction of the setting for a classic re-

The setting for a constant of the scene a "fullback's dream." "A little rain, a little mud, 1 loveit, "Marcum said. What Marcum loved even more was the final score, a 14-12 win for Lawrence County over Raceland in the school's first meeting in 11 years.

school's first meeting in 11 years. In the 1990s, when the scries was at its best, close scries was at its best, close fore, it was fitting that, dur-ing Friday's Homecoming festivities, the Bulldogs rec-ognized its 1991 team that made a sensational run to the state semifinals. Present-day Lawrence County snapped a three-ged-that inspires helped hold off a determined Rams bunch. "We needed this big-time,

We needed this big-time, as crucial to finally get

g-uime win second half, finishing drives proved difficult. "It's great to dominate time of possession, but if we don't learn how to finish domselves beat." said Lear tourselves beat." said Lear the posteries and the said Lear the said Lear tourselves the said Lear tourselves beat." Said Lear the said Lear tourselves the said Lear the said Lear tourselves the said Lear tourselv snid. Marcum carried 30 times

Marcum carried 30 times for 165 yards, accounting for much of the Bulldogs' sec-ond-half domination of the clock — Lawrence County played offense for about 17 of the 24 minutes. The Bulldogs is cored in the Bulldogs is cored to the second quarter, as Marcum kicked off the secon-ing minutes before Hayden Kiscrhookedup with Johnny Bowens on a 45-yard touch-down pass.

Bowens on a 45-yard touch-down pass. Ams coach TJ. Maynard and his defense must elimi-nate those big plays. "There's always two or three key situations in games that hurt us." Maynärd said. "The busted coverage on the touchdown pass... we can't given po cheap scores like. Tha actual scored a touch-down of its own in the period Dikins found Brian

- Adam Elkins found Brian Caudill for an 11-yard TD

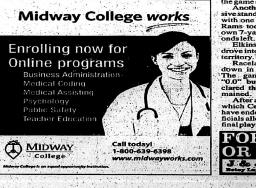
Although Lawrence County tallied three posses-sions consisting of 13 plays or more, including two in the

a lo-piay possession many turnover on downs with 8:15 to the second seco point conversion attempt. If successful, it would have tied

point scantering attempt at the game at 14. Another excellent defen-sive stand supplied Raceland with one final chance as the Rams took over from their own 7-yard line with 59 sec-ond left. and company drove into Lawrence County territory.

drove into Lawrence County territory. Raceland achieved a first down in the final seconds. The game clock showed "0.0" but the officials de-clared that 0.3 seconds re-mained. After a false start penalty, which Cecil thought should have ended the game, the of-ficials allowed Raceland one final play.

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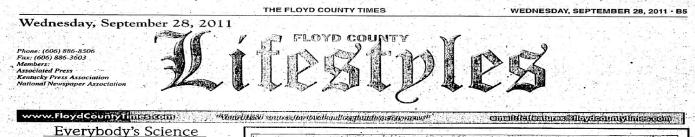
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Two minutes, 26 sec-onds later — after UK's Morgan Newton was in-tercepted — mercurial Jeff Demps scored on a 20-yard run.



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PMC.

Waiting for that high wind

By Sandy Miller Hays AGRICULTURAL RESEARCH SERVICE

Alas, I am becoming a mere shadow of my former self of mifles mifles. In the ing to kid: I'm delighted to be losing weight! I have to admit, I'd been cruising along in "compla-cency mode" — you know. "I don't look any worse than otherwomen my age." Nev-with the standard of the sen-cency mode" — you know. "I don't look any worse than otherwomen my age." Nev-with old 'you shouldn't gain more than one pound for ev-ery year you've been out of high school," I would have to have graduated from high school before my would of pigtalis. "I don't look any worse than in continuing to be able to walk. After the cartilage, in my right knee took a per-manent vacation earlier this year, my doctor, who's an incredibly annoying Size Minuse take off the weight if you want that leg to work at all.". None of this "Let's shoot for the Audrey Hep-burn look" or showing off for an upcoming reunion." "A to Point B without being draged like a sack of meal. If gave me just three moths to shrink by a good-ly amouth." Which I though was somewhat unfair be-cause it was going to take at do more than hobble, plus I was going to take at y amouth." Which I though was somewhat unfair be-gaks in the vas going to take at y amouth. "Which I though was somewhat unfair be-gaks in a bort." On, I think up to shing wind." stand up to a high wind." stand up to a high wind." stand up to a high wind." Fortunately, the regi-men that my orthopedist proposed to get my leg back in some semblance of working order (I have to do the equivalent of ride to Australia and back on my fast as possible) has also worked wonders. I've been fairly serious about por-tion control - at mealtime, and when I go back to my for the followup visit, he'll mee this weight-loss gool, i significant discov-ry Tve made, on my voy-sept the significant discov-ry Tve made, on my voy-sept that sometimes. I think my be i'll just have a little sponful of missifer or staft sometimes I think my be i'll just have a little sponful of missifer or sto devoid of good-

like I've had a treat. So you can imagine my interest when I read recently that the scientists of the Ag-ricultural Research Service. (ARS) are cooking up a way to quickly and economically produce freeze-dried salm-on when

produce freeze-dried salm-on cubes. The idea is that the salm-on cubes could be used as salad toppings, as an ingre-dient in redy-to-eat sours, or just as snacks: These could even represent guilt-free snacking, because after all, the 2010 Dietary Guide-lines for Americans stress, for the first time /the impor-tance of increasing seafood in the diet, especially seaf ford rich in omega-3 fatty

acids; such as salmon. The ARS scientists worked with colleagues at the University of Alaska at the University of Alaska at the contained less than 10 percent moisture, but still had good color, quick hy-dration and limited shrink-age. By manipulating tem-

dration and limited shrink-age. By manipulating tem-perature and time, the team was able to create a process that took only nine hours, that took only nine hours, that took only nine hours, 20 hours or more. About 97 percent of the moisture vas removed from filets of Alaska's most abundantly harvested Pacific salmon species: pink, sockeye and chum.

Now the ARS scientists are probing the nutritonal qualities of the freeze-dread dualities of the freeze-dread dualities of the freeze-dread dualities of the freeze-dread dualities of the freeze-dread dish through analyses of amino acids and mineculs, which the aim of identifying developed for benth-con-scious consumers. Meanwhile, I'm sure developed for benth-con-scious consumers. Meanwhile, I'm sure developed for benth-con-texp need some taste-tes-ters, so I hope they can see my hand up in the aim? *Reference of the U.S. Depart-ment of Agriculture. You can read more about ARS discovertes at hippl/wow. ars.udd.gov/news. Mind by Sandy Miller Hays, Agricultural Research Ser-vice. Alas, I am becoming a mere shadow of my former spice with the the second discovertes at hippl/wow. ars.udd.gov/news. On index of my former to be losing weight! Thave to admit, I'd been ruising along in 'compla-cency mode' --you know. 'Idon (1004 any worse than or mind that if yee follow the old 'you shouldn't gain more than one pound for ex-ry year you've been out of high school.' I would have to have graduated from high school before my mother was dictor uning to be abe to wak. After the cartilage in my right motivation-as incredibly annoying Size glasses at me and said, 'You must take off the weight if you want that leg to work at al.'' Noire of this 'Let's shoot for the Audrey Hep-burn lock'' or shouving off continuing to get from Point A to Point B without being dragged like a sock of meal. 'He gave me just three moths to shrink by a good-ly amount, which I thought was somewhat unfair be treast a month before 1 could do 'more than abelle, plus 'was against at how much loss he was dictating. I pro-tested, "But I'll wither away to nothing!', to which he replied with a decided/up up to a high with.''.'' Fortunately, the regi-men that my orthogedist proposed to get my leg mak has able to my leg mak in a mealtime, of working order (I have too 'working order (I have too 'working order (I have too 'working order (I have too 'wor*

(See WIND, page B7)



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Legals

NOTICE OF PUBLIC HEARING A public hearing will be held on October 18, 2011 at 10:00 on October 18, 2011 at 10:00 a.m., Eastern Dayight Time, at-the office of the Kentucky Public Service Commission, 211 Sower Boulevard, Frank-lort, KY for the purpose of Cross - Examination of wil-nesses of Kentucky Power and Intervenors in An Exami-nation of the Application of the Fuel Adjustment Clause of hation of the Application of the Fuel Adjustment Clause of Kenlucky Power Company From November 1, 2010 through April 30, 2011. Lila P. Munsey Manager Regulatory Services

Services Kentucky Power Company

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Moslev Family Reunion

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photos by Charlotte H. Caudill The Mosley family held a reunion Sept. 17 at Archer Park, drawing family members from near and far. One of those attending the reunion was 101-year-old Dick Mosley, of Dwale, who drove himself to and was 101-year-old Dick Incercy, Dwale, who drove himself to and from the event in his pickup truck.

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(See PMC, page B7)

B6 · WEDNESDAY, SEPTEMBER 28, 2011



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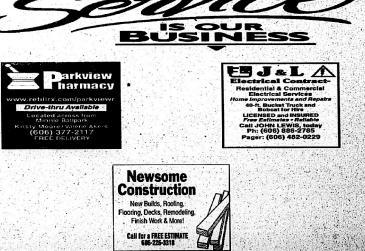
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MATION



THE FLOYD COUNTY TIMES

Continued from pB5

Continued from pB5 used to the diet version of my fa-vorite soft drink. So I'm pleased to report that yben I go back to report that doctor this week for the followup visit, he'll discover that not only did I meet his weight-loss goal. I significantly exceeded it (take that, Mr. Smarty-Paats), and I'm score that not only did G reven more shrinkage. Other were more shrinkage of the second state of the second make on my voyage to a smaller me is the importance of health-ful spacks. Darn it, sometimes you -just want. something, any-thing to nosh on-even if it's just a taste. Our shouse, for the past few months, has been so devoid of goodies that sometimes I think maybe I'll just have a little spoon-hul of mustard or steak sauce, sim ply fore that we have the site second service (ARS) are cooking up a way to quickly and economi-cally produce freeze-dried salmon cubes. The ideo, is that the salmon

cubes The idea is that the salmon cubes could be used as salad top-pings, as an ingredient in ready-to-eat soups, or just as snacks. These could even represent guilt-free snacking, because after all, the 2010 Dietary Guidelines for Americans stress, for the first time, the importance of increasing seafood in the diet, especially sea-food rich in omega-3 fatty acids, such as salmon.

sniffle). Oh, heck, who am I trying to kid: I'm delighted to be losing weight!

THE FLOYD COUNTY TIMES

FLOYD COUNTY TIMES I have to admit, I'd been musing along in "complacency mode"-you know." I don't look any worse than other women my age." Never mind that If you for investigation of the series of the provide the series of the series of the provide the series of the provide the series of the series of the provide the series of the series of the provide the series of the provide the series of the series of the provide the series of the series of the provide the series of th

high wind." Fortunately, the regimen that my orthopedist proposed to get my leg back in some semblance

WEDNESD of working order (I have to do the back on my exercise bike, pedal-worked wonders. I've been fairly erious about portion control at mealtime, and my good friend Brenda convinced me that my taste buds would eventually get with the second second second brenda convinced me that my taste buds would eventually get with a second second second second Brenda convinced me that my second drink. The peaked to report that doctor this week for the followap doct the the the week for the past that. Our house, for the past taste. Our house, for the past to for ustard or steak sauce, sim-ly of mustard or steak sauce, sim-d of mustard or steak sauce, sim-d or mustard or steak sauce, sim-d or mustard or steak sauce for the followap in the followap in the form in the definition of the followap doct the followap in the followap to fully the followap in the followap doct the followap in t

cally produce near the salmon cubes. The idea is that the salmon cubes could be used as salad top-pings, as an impredient in redo-pings, as any impredient in redo-free could even persent guilt-free snacking, because after all,

the 2010 Dietary Guidelines for Americans stress, for the first time, the importance of increasing seafood in the diet, especially sea-food rich in omega-3 fatty acids, such as sumon.

tood rich in omega-3 fatty acids, such as salmony acids, be ARS scientists worked with collection acids and acids and acid out the new process for produc-ing freeze-dried, salmon cubes that contained less than 10 per-cent moisture, but still had good scolor, quick hydration and limited shrinkage.

shrinkage. By manipulating temperature and time, the team was able to cre-ate a process that took only nine hours, compared with the tradi-tional processing time of 20 hours or more. About 97 percent of the moisture was removed from fil-lets of Alaska's most abundantly harvested Pacific saturan society.

moisture was removed from hi-lets of Alaska's most abundantly harvested Pacific salmon species; pink, sockeye and chum. Now the ARS scientists are probing the nutritional qualities of the freeze-dried fish through anal-yses of amino acids and minerals, with the aim of identifying food products that can be developed for health-conscious consumers. Meanwhile, I'm sure they need some taste-testers, so I hope they can see my hand up in the air! . The Agricultural Research Ser-vice is the chief in-house scientif-ic research agency of the U.S. De-partment of Agriculture. You can read more about ARS discoveries at http://www.ars.usda.gov/news.

at http://www.ars.usda.gov/news

PMC

Continued from pB5

Continued from pB5 honored PMC with the Women's 'Choice Award which represents the collec-tive opinion and approval of women who highly recom-mend PMC services. "Being recognized as a Top Hospital in Patient Ex-perience by WomenCertified shows we are providing ser-vices our patients are pleased with," said Juanita Deskins, COO of Pikeville Medical Center. 'We are honored to receive this award, and we value our reputation among female patients."

value our reputation among female patients." Pikeville Medical Center, expanded lis women's ser-vices earlier this year with the, addition of three OB/ GYNs, Dr. Angela Maggard, Dr. Erin Mullins and Dr. Re-becca McCowan along with a gynecològical .oncologist. Dr. Holly Gallion. For an appointment with Dr. Mul-lins or Dr. McCowan call 606-218-6249. To see Dr. Maggard at her office in Maggard at her office Harold call 606-478-4600. in

Calendar items will be print-ed as space penits Editory of the print of announce your community event, you may hand-deliver your item to The Floyd County Times office, lo-cated at 263 S. Central Avenne, Prestonsburg: or mail to: The Floyd County Times, P.O. Box 390, Prestonsburg, KY 41653; or fax to 506-886-5603; or email to: Jeffeatures@floydcounty thereak on bit timeation with, All there will be placed on a first-come, first-serve basis as space permits.

Golf scramble Christ United Methodist Church, of Allen, will host a golf scramble, Saturday, Oct. 1, at the Paul Hunt Thompson Golf Course at Stumbo Park in Allen, All proceeds will go to Wesley Christian School. Frankie Francis, 358-9417, Low-ell Marcum, 874-2917, Ricie Derossett, 874-9514, Rev. Ken Lemaster, 874-2344, or the Allen

Park Clubhouse, 874-2837. Craft bazar Highland Avenue Free Will Baptist Church Family Fellow-bin Center will hold a craft bazar Oct. 3 and 4. Crafts will include wreaths for fall and Christmas, summer centerpieces, floral arrangements, baby quilts, fleece tie throws, aprons, crochet disheloths, totes, seissor sacks, pincushions and more. The ba-zaar will take place from 8 a.m. to 6 p.m. on Monday and from 8 a.m. uni 3 p.m. Tuesday. The church will also On Mon-day, the menu will necuda chill, cheese, crackers, dessert and drink for 55. On Tuesday, lunch will be hot dogs, homemade sauce, coleslaw, chips, dessert and drink for 55, with extra hot dogs available for 51.

HCTC Career Fair is Thursday, Oct. 12 Looking for a job? Wanting to explore a career change? Then come to the HCTC Career Fair

on Wednesday, Oct. 12 from 9 a.m. to 1 p.m. in the First Federal Center in Hazard, room 123A. For more information, contact Rence.Back@ktcs.edu by c-mail or by calling 487-3155.

1966 Class Reunion

1966 Class Reunion The Prestonsburg High School Class of 1966 will hold a reunion Oct. 14-15 in Lex-ington. A gathering will be held Oct. 14 at 10 a.m. at the Keene-land Race Track. On Oct. 15, a picnic will be held at 11:30 a.m., at Jacobson Park, Shelter #3. PHS graduates and friends at High Physical and the second reind for more info., contact Brenda Hughes, Vanderpool at vangogreen@yahoo.com or Nor-ma Justice Tompkins at njtomp-kins@aol.com.

Free movie in Auxier Park The Auxier Center will pres-ent a free family movie in Auxier Park on Friday, Sept. 30, at 6:30 p.m. There will be free drinks, snaks, popcorn and games, and an open house at the Auxier Cen-

ter. Call 886-0709 for more in-formation.

Volunteer mentors wanted Volunteer mentors wanted Mentoring for a Second Chance is a jail-based service program designed to help reduce recidivism and promote positive growth, by linking nonviolent offenders with a mentor from looking for local men who are motivated to make a difference in the life of an individual while having a positive impact on the community.

having a positive impact on the community. If you or someone you know is interested in becoming a men-tor, contact mentor coordinator (606) 339-8878, or Jkinzer@Mt-Comp.org.

Veterans service officer —VFW Post 5839 in Lancer will have a service officer available every Wednesday, from noon un-til 4 p.m. Some services offered will be initial claim filing, up-

(See CALENDAR, page B8)



20 years ago year a sub a sub

ed to be taken to the issue before October 10. Classifed personnel and the Floyd County Board of Education reached an ac-cord at Thursday's special meeting when the board volted unanimously to recognize "Designated spokespersons" will be the ans. clerks and maintenance personnel, and all matters affecting their membership."... A Martin County man was arrested at his home near Tomahawk. Thursday, and charged with two counts of murder in con-mection with an carly mounting incident 34, was taken into custody without incident at his Octor Fork home by Kenucky State Specific and members of the Martin County Sheriff's department... A head-on colli-son, Tuesday afternoon, on Town Branch Road, sent four people to Highlands Re-gional Medical Center in Prestonsburg. A Volkswagon Golf driven by James J. Spur-thed a State of the transmitter of the state specific and members of the Martin County Sheriff's department... A head-on colli-son, Tuesday afternoon, on Town Branch Road, sent four people to Highlands Re-gional Medical Center in Prestonsburg. A Volkswagon Golf driven by James J. Spur-thed a State of the state of the state of the state specific and members of the board named far prater, assistant superintendent of in the state after the board named far Frazier, assistant superintendent of in the for the board of education. Hager filed suit in August after the board named far Frazier, assistant superintendent of in the for the state for by the union, be-voot is being asket for by the union, be-voot of Pikeville businesses. The boy-couse Methodist Hospital non-professional workers in Pikeville businesses. The boy-couse Methodist Hospital non-professional workers in Pikeville businesses. The boy-portunity to vote on union representa-tion. There died: Michael Boleyn, 72, of Ginal ha texington; Resde, 60, by former for the forthor, which as the residence, spontenter, Othis, Rhurday, at the residence spontenter of Doron, at the Mc. View Health Care Center; Odis Ray, 54, of Teaberry, Sunday, at his residence; N to be taken to the issue before October ...Classifed personnel and the Floyd ounty Board of Education reached an aced 10

erington, Ohio, Wednesday, at Mt. Carmel East Hospital in Columbus, Ohio, Duran Reynolds, 80, of Wheelwright, Sunday, at the McDowell Hospital: Orville Boyd, 74, of Banner, Sunday, at Highlands Regional McLoof Mentin, Wednesday, at the Patkview Manor Nursing Home: Beulah Williamson, 96, of Prestonsburg, Tuesday, at the River-view Manor Nursing Home: Woodrow W. Goble, 76, formerly of Floyd County, Tues-day, at his home in Lehigh Acres, Florida; Argona McCown, 67, of Perryville, Mary-land, formerly of Robinson Creek, Sunday, in Perryville; Maude Currette, 79, of Ausi-er, Sunday, at Highlands Regional Medical Center; Kevin Christopher Slone, 14, of Auxier, Tuesday, at Auxier.

Auxier, Tuesday, at Auxier. 30 years ago (Sept. 30, 1981) The Sheriff's office added another room to the courthouse this week for the stor-age of culticated lignors. Chyple were instructed to lift a curfew for young ten-ents by the Dept of Housing and Urban Development...Gov. John Y. Brown Jr., held a question and answer session for the economic preservation of Floyd County... Raymond Little was found guilty on two counts of reckless homicide in the shoot-ing deaths of Estil and Major Thornsber-ry...Ordinance was passed giving the local Cycle Hillelinb was held in memory of the 17-year-old Floyd County youth shyred in gas station Crock. The body of 25-year-old Chinard James Jr. of Powell Creek was recovered IO hours after the loof at the Big Ridge Coal Mines, near Brisby, caved in...There died: Tom Huinter, 78, of Honaker, Sunday, at Our Lady of the Way Hospital in Martin, Fonine M. Carroll, 58, of Martin, Friday, at Our Lady of the Yay Hospital in Martin, Solilon, 69, of Ivel, Sun-day, at Central Baptist Hospital in Lexing-ton Mertin, Crock 54, of Martin, Saturday. Hospital; James A. Dillon, 69, of lvel, Sun-day, at Central Baptist Hospital in Lexing-ton; Merlin Crum, 54, of Martin, Saturday, at Good Samaritan Hospital in Lexindor; Verlin Slone, 65, of Mallie, Weddesday, at Our Lady of the Way Hospital; James R Prater, 77, of Willard, Ohio, Saharday at Willard, Ohio.

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ommunity Calendar

Calendar

Continued from pB7

grades, appeals, permanent and total claims and others. Contact (606) 886-9428 or (606) 297-1973 for more infor-metion

Free Parenting Classes To determine eligibility, call John 791-9887.

Communities Against Drug Addition Floyd County Communities Against Drug Addition meets at 5:30 p.m. the third Thursday of each month, at Allen Baptist Church.

Autism Awareness & Support Group 2nd Monday of each month. Calvarys Call Church, Lancer, Ky. Ching and Church, Bil-lic Chainess (yautismaware-ness@gmail.com

Autistic Children Support Group plans monthly meeting Support group for Guard-ians of Autistic Children will meet the first Thursday of ev-ery month at the Haven of Rest, 1601 Airport Road, Inez. Call 606-298-0520 for information.

606-298-0520 for information. Non-profit agency needs foster parents Non-profit agency in need of foster parents in your area. Fine-time parents in your area. Fine-time foster parent train-ings, mileage reimbursement, and 24-7 support are available. All foster children get a medical card, free school Junches, and clothing vouchers/other reim-bursements. Call for more infor-mation, at 606-886-0163 or visit our website at: http://www.benchmarkfami-lyservices.org/

Foster parent info Benchmark Family Services is offering a free informational session for anyone interested in becoming a foster parent. If you have ever wanted to help a child in need, this is your chance. Monday, Jan. 24, at 10 a.m. and Wednesday, Jan. 26, at 5 p.m. at Benchman Family Services Office. For more information, please call (606) 886-0163.

Auxier Learning Center offers home repair aid Need help with home repairs?

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2 28, 2011 The Auxier Lifetime Learning Center can help. We are now taking applications for home repairs. If you or some one you help with repairs on your home, please call 606-886-0709 for your application, or stop by the office at 21 South River Street, Auxier. Office hours: Monday-priday, 8:00-4:00. Must provide proof of income and ownership.

FCHD offers Body Recall exercise Glasses The Floyd County Health Department offers Body Recall gentle exercise classes every Monday, Wednesday, and Fri-day, at 9:30 a.m. at May Drive, just off 1428, and at 10:30 at Prestons-burg. Classes are free and open to the public. Call 886-2788 for more information.

more information. Become a Volunteer with Victim Services Program You are more likely to be hurt by someone whom you know rather than be assaulted on Ken-tucky's streets by a total strang-er. Learn to assist victims of sexual assault, child abuse and domestic violence by becoming a Volunteer with Victim Services Program. Call today to receive an application for our free train-ing program. Call tools when the coordina-tion (606) nor to request an ap-plication. The Victim Services Program is a program of Monn-tain. Comprehensive Care Cen-ter.)

tain ter.)

OutPatient Drug Treatment Program and Education Narcono warns parents that abuse of addictive pharmaceu-tical drugs with youth is on the rise with deadly consequences. Learn the signs of drug abuse. Call Narconon for a free bro-call Narconon for a free bro-for all drugs 877, 379.0208. www.drugsno.com

Auxier Community Center Free GED classes, Monday, Tuesday and Wednesday, from 10 a.m.-12.

Free Bible Lessons Write to: Bible Way Out-reach Mistry, PO Bax 3371, Kingsport, TN 37664. Lessons completely free of charge to all interested.

THE FLOYD COUNTY TIMES

Need help with addiction? Lifeline of Floyd County "Conquer chemical Depen-dency" is a Christ-centered 12 step program offering suppit todiction and learning to live drug-free lives. The support group meets on the following schoule:

Mondays, at Minnie (beside pharmacy), from 7-8 p.m. Mondays, at Little Mud, Spruce Pine School, from 7-8 Spruce p.m.

n. Tuesdays, in Prestonsburg, in e Van Ark Building, from 2-3

Tuesdays, in Prestonsburg, in, the Van Ark Building, from 2-3 Tuesdays, at David, The Da-vid School, from 3:30-4:30 p.m. Wednesdays, at Allen Baptist Church, from 7-8 p.m. Thursdays, at Allen Baptist Church, from 7-8 p.m. For more information, call Shirley Combs at (606) 434-8400, or Tom Nelson at (606) 478-2836,

Need Help With Home Repairs? The Auxier Lifetime Learn-ing Center can help! We are now taking applications for home repairs. If you, or someone you know, are low income and need help with a data so your home, your application, or stop by our office at 21 South River Street, Auxier. Office Hours: Monday-Friday, 8-4.

Hinday, 8-4. Hope in the Mountains Hope in the Mountains will host public meetings on Mon-days, at 9 a.m., at the junction of U.S. 23 and Rt. 80, on Water Gap Rd., behind the Trimble Chapel Church. Meetings focus will be to offer information in regard to offer information in regard to to file information in regard to the mount of the second second to a second second second second to the second second second second the the second second second the the second second second the second second second second second second second second second the second seco

of society. Call 874-2008 or 788-1006 for more information.

Democratic Woman's Club meets at May Lodge The Floyd County Democrat-ie Woman's Club meets the third Monday of each month at 6 p.m., at Prestonsburg City Hall.

Have an 'Ont of this World' birthday party! The East Kentucky Science Center is now offering a fun and distinctive party venue for kids of all ages. The Birthday Party package includes rental of a classroom and admission to ex-hibits and planetarium programs. Must be booked two weeks in advance; limit 40 guests. Call 889-8260 for more information.

Prestonsburg Rotary Club Prestonsburg Rotary Club meets, 12 noon to 1 p.m., at Made From Country at Heart. For additional information, con-tact Chris Daniel, 886-7354.

*Earn While You Learn' The Big Sandy Area C.A.P. office is taking applications for, its "Senior Training Program." You must be 55 or older to ap-ply. In Fold 78 colds for the senior fine call 349-2217; Pike, call 432-2775; and in Lawrence, call 638-4067.

Senior employment program Are you a senior citizen on fixed income struggling with Senior employment program Are you a senior citizen on a fixed income struggling with soaring medical bills and living expenses? Could you use some extra spending money but don't know how to get back into the workforce? If you are at least age 55, the Senior Community SCKEP Employment for help, Earn ex-tra money, learn new skills, and help your community at the call: 886-2929

Local Support Group Meetings Floyd County Alzheimer's Floyd County Alzheimer's Support Group meets regularly at Riverview Manor Healthcare Center, Call the center for meet-ion times

Center Cap in elements ing times, ic Violence Support Domestic Violence Support of Domestic Violence Support ity Abuse Center holds meetings each Tuesday from 5:30 to 6:30 p.m. The meetings are free of charge. Call 886-6025 for more information.

cnarge. Call 886-6025 for more informations. Overcater's Anonymous Meetings held each Wednesday at 6:30 p.m., at the old Allen Baptist Church, located in Allen, just past red light. Call 889-9620 for more info

info. US TOO! Prostate Cancer Survivors Support Group - For all men with prostate cancer and

their families. Group meets the 3rd Thursday of each month, at 6 p.m., at the Ramada Inn, Paints-ville.

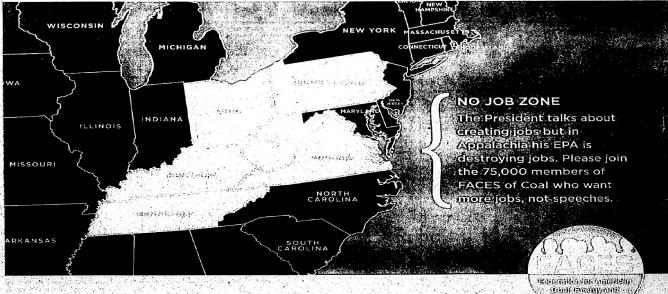
Jord Thursday of each 'month, at jo pm., at the Ramada Inn, Paints-ville.
 Community Weight Loss Sup-ford Group - Meets Thursday's at 6:30 p.m., at the Martin Commin-nity Center. For more info., call 377-6658. Those who have had gastric bypass surgery most espe-cially welcome to attend. Meet-ings being offreed as support to dealing with weight loss.
 Domestic Violence Huinge by Certified Domestic Violence counselors. Call 886-6025. or 1-800-649-6605. Remember, 'Love Doesn't Have to Hurt."
 Disabled? - You may be 'ell-gible for grant money to assist in your daily living. For an appli-cation or more information, call 866-4326.
 A.S.K. (Adoption Support for Adoptive parents (public, private, international, and kinship care), foster parents and all others in-terested in adoption. To be held the first Monday of each month, at the Department for Commu-nity Based Services office, 1009 North Lake Drive, Prestonburg for pain day Enve, Prestonburg for paint laison, at 432-4110 or 422-7927, or email to: doslone @ sandy Area Community Acter

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information, call Trudy at 889-9333, or 297-5147. Everyone welcome. Narcotics Anonymous (NA)--Each Wednesday, from 7-8 p.m., in the Atrium Conference Room, 2nd floor, May Tower, Pikeville Methodist, Hospital. For more info., contact Chris Cook at 606, 433-1119 or christophercook@ hotmail.com.

SECURITY! Section 1

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Stand up for Appalachian Coal Jobs, visit www.facesofcoal.org