

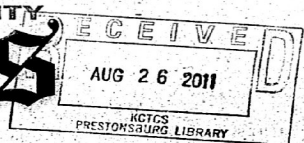
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8/26/11

Friday, August 26, 2011

# The Times

FLOYD COUNTY



Volume 85, Issue 61, 575 Cents

**www.floydtimes.com**  
**Life Resider invited field trip Louisville**

The Commu Club is going to the Louisville on Saturday, Sept. 17, and community members are invited to join them.  
Transportation is on your own but your party will get into the zoo (with the CBC) for less than half price if you sign up ahead of time.  
Admission is \$7 for each person over the age of 3 and must be paid in advance. Children under 3 are admitted free of charge.  
Parking is free, and although there are refreshment stands at the zoo people are allowed to bring their own food and picnic on the grounds.  
For more details and to sign up, contact CBC Coordinator, Professor John Shiber, at (606) 789-1017 or (606) 226-7529.

## Agencies struggling to keep up with demand

**Times Staff Report**  
FRANKFORT — It's a common refrain about the nation's economy these days — shrinking resources, but greater need. And it's not just households feeling the pressure, but agencies designed to help the needy are overbur-

(See KEEP, page 7A)

**3 DAY FORECAST**  
**Friday, Partly Cloudy, High 88, Low 63**  
**Saturday, Clear, High 86, Low 61**  
**Sunday Partly Cloudy, High 79, Low 56**  
For up-to-the-minute forecasts, see [floydcountytimes.com](http://floydcountytimes.com)

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## Bill would require drug testing for welfare recipients

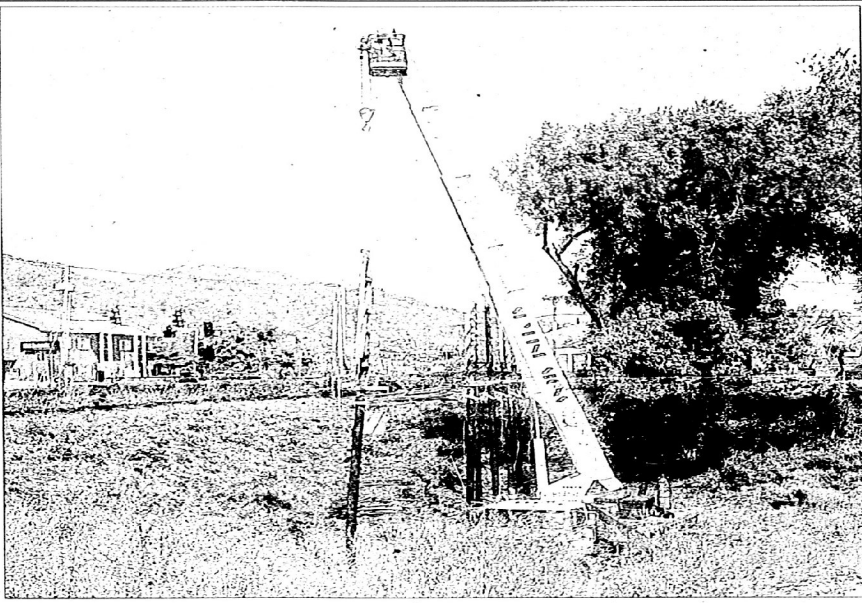
by JACK LATTA  
STAFF WRITER

FRANKFORT — A piece of legislation, which, if passed, would require drug testing for welfare recipients, was filed this week in Frankfort.  
According to the Kentucky Legislative Research Commission, Lonnie Napier, R-Lancaster (36th District) re-filed a bill that would require drug and substance-abuse screening for any adults in Kentucky receiving public assistance.  
BR63, prefiled for the 2012 Regular Session, would set up a random testing drug program for any adult suspected of using drugs who receives public assistance, food stamps or state medical assistance.  
"I've received calls from across

the U.S. from individuals, legislators and the media expressing support for this bill," said Rep. Napier. "Many Americans understand that we need to balance the needs of helping those who legitimately use public assistance to support their families with eliminating the fraud of individuals who sell their food stamps and use their welfare checks to feed a drug habit."  
This is the second consecutive session that Napier has filed such a bill. "In the 2011 session House Bill 208, which had more than 50 cosponsors, including House Speaker Greg Stumbo and House Republican Floor Leader Jeff Hoover, received a hearing in the House Health and Welfare Committee but never came up for a vote."  
BR63 would allow the Cabinet

for Health and Family Services to set up a random drug testing program for individuals suspected of using drugs while receiving public assistance.  
According to the Kentucky LRC, the legislation states that substance abuse testing would only occur "when a caseworker suspects substance abuse at the initial interview or at any other occasion when the caseworker comes to suspect that the recipient is abusing controlled substances."  
The bill also makes the following requirements:  
- Applicants would pay for their screenings and be reimbursed if they pass.  
- Both parents in two-parent families would be required to comply with screening requirements.  
- Those failing a drug screen

would be given a 60-day grace period to enter a treatment program.  
BR63 also allows any children of a parent or guardian who test positive to continue receiving public assistance, and would also allow individuals who later test negative to be eligible for receiving public assistance again.  
Rep. Napier believes that his refiled bill will once again gain bipartisan support.  
"Protecting the children of our Commonwealth is not a Democrat, Republican or independent issue, but one that concerns all of Kentucky," Rep. Napier said. "Other states are passing legislation requiring drug testing for those on public assistance, and Kentucky needs to follow suit."



**Sign, sign, everywhere a sign**  
Whether you consider them a landmark or an eyesore, the billboards at the intersection of Route 114 and North Lake Drive are undergoing a facelift this week, as Fairway Outdoor completes a safety upgrade of the structures. "We're making it a cleaner, better looking structure," said Doug Taylor, operations manager for Fairway Outdoor.

photo by Jack Latta

## MSHA announces results of surprise inspections

**Times Staff Report**

ARLINGTON, Va. — The U.S. Department of Labor's Mine Safety and Health Administration announced this week that federal inspectors issued 375 citations and orders during special impact inspections conducted at 10 coal mines and five metal/nonmetal mines last month.  
The coal mines were issued 232 citations and 24 orders, while the metal/nonmetal operations were issued 108 citations and 11 orders.  
Special impact inspections, which began in force in April 2010 following the explosion at the Upper Big Branch Mine, involve mines that merit increased agency attention and enforcement due to their poor compliance history or particular compliance concerns, including high numbers of violations or closure orders; indications of operator tactics, such as advance notification of inspections that prevent inspectors from observing violations; frequent hazard complaints or hotline calls; plan compliance issues;

inadequate workplace examinations; a high number of accidents, injuries or illnesses; fatalities; and adverse conditions such as increased methane liberation, faulty roof conditions and inadequate ventilation.  
As an example from last month's impact inspections, on July 22, MSHA inspectors arrived during the second shift at Wilcoal Mining Inc.'s Tri-State One Mine located in Claiborne County, Tenn. The inspection party immediately seized and monitored communications at the mine to prevent advance notification. "More than two-thirds of 32 citations and orders issued were designated as significant and substantial." The impact inspection was the sixth conducted at this mine.  
MSHA issued eight unwarrantable failure closure orders for conditions that presented serious hazards in the event of a fire, explosion or other emergency that could prevent miners from safely exiting the mine.  
The operator was cited for failure to maintain a primary escapeway for

safe travel due to the presence of lumber, other debris and water up to 10 inches in depth; inadequate pre-shift examinations; failure to conduct a proper electrical examination; use of a water pump without a fail-safe ground system in the primary escapeway; not providing the required number of self-contained self-rescuers at the section storage location as well as two-way communications for one of the mine's refuge alternatives on the active section; and inadequate ventilation.  
Twenty-four 104(a) citations were issued for hazardous conditions that, if left unchecked, could potentially cause or contribute to a roof fall, mine fire or explosion. These violations concerned a lack of emergency roof support supplies; improper roof bolt spacing; excessive coal accumulation; misaligned and unguarded conveyor belts; and a damaged conveyor belt roller, nonworking ventilation control doors; improperly maintained and

well-being. Brooks says, "The picture could be brighter if state lawmakers adopted a state-level earned income tax credit."  
"That's a proven way that we can lift low-income families out of poverty. It puts real dollars into local markets, places at the same time," says Brooks.  
According to the KIDS COUNT report, approximately 122,000 children in Kentucky have at least one unemployed parent. Only four states and the District of Columbia fare worse than Kentucky in that category.  
The 2011 KIDS COUNT Data Book is online at [datacenter.kidscount.org](http://datacenter.kidscount.org).

(See MSHA, page 7A)

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# Obituaries

# Records

## Virginia Gillespie Akers

Virginia Gillespie Akers, age 81, of Dana, a widow of Hatler Akers, passed away Tuesday, August 23, 2011, at the University of Tennessee Hospital, in Knoxville, Tenn. She was born March 9, 1930, in Martin, a daughter of the late John and Rosie Kidd Gillespie. She was a member of the Little Salem Old Regular Baptist Church, of Dana, and a retired cashier from Aimes. Survivors include one son, Calvin (Virginia) Akers, of Spring Hill, Tenn.; one daughter, Deborah Alice (John) Hall, of Knoxville, Tenn.; one brother,

Ed Gillespie, of Dana; two sisters, Goldie May Horn, of Edgartown, W.Va., and Bonnie Manns, of Millford, Ind.; three grandchildren, Calvin Akers, Jr., Susan Renee Graham and Johnny Hall Jr.; and four great grandchildren, Cody Stephen Hatler Akers, Cameron Akers, Jimmy DeWayne Graham and Caley Renee Akers. In addition to her husband and parents, she was preceded in death one brother, Ned Gillespie, and two sisters, Marie Daniels and Emogene Davis. Funeral services will be conducted Saturday, Aug. 27, at 11 a.m. in the Little Salem Old Regular Baptist Church, at Dana, with the

Old Regular Baptist ministers officiating. Burial will follow in the Akers Cemetery, at Dana. Visitation will be after 6 p.m. Thursday at Hall Funeral Home, and after 10 a.m. Saturday at the church, under the kind and professional care of the Hall Funeral Home, of Martin.

**Larry Dean Isaacs**  
Larry Dean Isaacs, age 50, of Louisa, formerly of Teaberry, passed away Wednesday, August 24, 2011, in Louisa. He was born Feb. 21, 1961, in Martin, the son of the late Earnel Isaacs and Aggie Reynolds Isaacs. Survivors include four sisters, Brenda Akers, of Grethel, Bonnie Miller, of

Pikeville, Vickie Blazer, of Belleville, Mich., and Sharon McFee, of Sinks Grove, W.Va. He was preceded in death by his parents and four brothers, Kenneth Ray, Claude, Boge and Clyde Isaacs. Funeral services for Larry Dean Isaacs will be conducted 11 a.m., Saturday, August 27, at the Hall Funeral Home Chapel, in Martin, with the Regular Baptist ministers officiating. Burial will follow in the Joe Reynolds Cemetery, at Beaver, with the Hall Funeral Home caring for those arrangements. Visitation is after 5 p.m., Thursday at Hall Funeral Home, with church services nightly.

## Marriage Licenses

Lisa Aprn Shores to Ronno Hamilton, both of McDowell. Jennifer Marie James to Kevin Kyle Tackett, both of Pikeville. Keshy Ann Griffith to Earl Crank, both of Ivel. Hester Ann Haff of Teaberry, to Ellis Vin Branham, of Harold. Kara nester Curry, of Harold, to Bradley Allen Cossin, of Pikeville. Bryan Joseph Stratton, of Ivel, to Stephanie Dawn Skeans, of McDowell. Bonnie Sue Salisbury to Kenneth Allen, both of Harold.

## Civil Suits Filed

Betsy Layne Fire Department v. Laura Conway, et al, forcible detainer. DH Capital Management INC. v. Karen Spradlin, contract. Arrow Financial Services LLC v. Ricky Meade, contract. McDowell ARH v. Betty Jo Little, contract. McDowell ARH v. Phillip Caudill, contract. Capital One Bank v. Dawn Rowe, contract. Dell Financial Services v. Wendy Watson, contract. Kimberly L. Frasure v. Ronald Frasure, petition for the dissolution of marriage.

## Charges Filed

Kimberly Rowe, 45, Drift, public intoxication of a controlled substance, second degree disorderly conduct. Valerie D. Burchett, 34, Nicholasville, harassing communications. Lattia Gillespie, 24, Grethel, theft by unlawful taking. Sandra J. Kidd, 27, Banner, theft by unlawful taking/shoptlifting. Jake Poston, 33, Prestonsburg, first degree criminal trespassing. Shawn Ellis Curry, 34, Hi Hat, theft by deception/cold checks under \$500. Melissa Reynolds, 35, Allen, harassment. Franklin Howell, 48, Harold, alcohol intoxication. Hillary E. Childs, 20, Prestonsburg, third degree criminal trespassing, second degree disorderly conduct. Christopher L. Meeks, 46, Prestonsburg, alcohol intoxication. Billy J. Carter, 20, Inex, theft by unlawful taking/shoptlifting, public intoxication of a controlled substance. Richard L. Hamilton, 46, Harold, alcohol intoxication, fleeing or evading police. Joshua D. Wolfenberger, 27, Prestonsburg, violation of Kentucky IEPD/DVO, second degree disorderly conduct. John Fairchild, east point, theft by failure to make required disposition of property.

## Health Inspections

Prestonsburg High School, Prestonsburg, faucet missing handle in girls restroom, hand dryer not working properly in boys locker room rest room, areas of flooring, walls, and ceiling in need of repair in common hallways and classrooms. 92. Prestonsburg Elementary School cafeteria, Prestonsburg, food not protected during storage, food not protected during preparation. 98. Prestonsburg Elementary School, Prestonsburg, missing disposable cups for sinks used for drinking. 96. David School, David, found some areas of flooring in restrooms in need of repair, not easily cleanable; found large amounts of damage to carpet in upstairs common area. 96. Cardinal City, Prestonsburg, lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of numerically scaled thermometer for checking cooking, and holding temperature of potentially hazardous food, food contact surfaces and/or utensils not durable, corrosion resistant or non-absorbent, food contact surfaces are not smooth or easily cleanable, cloths in use not stored in sanitizer solution, unclean cavities and door seals of microwave ovens, food contact surfaces of cooking/baking not cleaned at least every 24 hours, outside garbage or refuse storage area not constructed properly, garbage and refuse containers not covered as required, floors not maintained/constructed and/or installed properly, cleaning and maintenance equipment not properly stored. Food 90, Retail 92. Dollar General Store, Allen, hand cleaner not provided at lavatory or hand washing sink, floors not maintained/constructed and/or installed properly, toxic items not properly stored. 93. McDowell Elementary, McDowell, plumbing not maintained in good repair, faucet in need of repair at hand sink, hand washing sink is unclean, hand sink used as waste sink, need to be clear at all times. 97. Maddy's Pizza Place, Hueysville, no hair restraints, food contact surfaces are not smooth and easily cleanable, equipment not maintained in good repair and proper adjustment. 97. Floyd County Technical High School, Martin, toilet seat in need of repair, waste receptacle missing from female stalls, floors in some area showing signs of disrepair, janitor closet not locked while in use. 87. Nitya V. Vallin, Allen Elementary School, Martin, found two hand dryers not working properly, also found leaking faucet in boys restroom. 96. Allen Elementary School, Allen, faucet found not in working order, areas of flooring in need of repair. 94. Jenny Wiley Motel Pool, Prestonsburg, ladder found in need of repair, equipment room found with standing water, leaks found in piping. 94. Archer Park Pool, Prestonsburg, holes found in steps in need of covering, ladder found in need of repair, flow meter in need of repair. 94. Dollar General Store, Bypro, toxic items not properly stored, cleaning and maintenance equipment not properly stored. 94. Fat Daddy's Inc. Bevinville, lack of numerically scaled thermometer for checking cooking and holding temperature of potentially hazardous food, lack of accurate thermometer in all refrigeration and freezing units storing potentially hazardous foods, no hair restraints, food contact surfaces and/or utensils are not durable, corrosion resistant or non-absorbent, food contact surfaces are/or utensils are not sufficient in weight and thickness to withstand repeated washing, food contact surfaces are not smooth and easily cleanable, cloths in use not stored in sanitizer solution, non-food contact surfaces have accumulation of soil, hand cleaner not provided at lavatory or hand washing sink, individual food storage containers, a continuous towel system and/or hand drying device not provided at lavatory or hand sink, walls and/or ceilings are not designed, constructed and/or installed properly, walls and ceiling coverings not easily cleanable, light fixtures not shielded as required. 89. Rite Aid Corporation, Martin, food not protected during storage, food not protected during service. 98. Adams Middle School, Prestonsburg, found in need of repair, toilet not working properly, faucet not working properly, flooring found in need of repair, flooring in common hallways in need of repair. 88. Allen Elementary School Cafeteria, Allen, floors not maintained/constructed and/or installed properly. 99. May Valley Elementary School Cafeteria, Martin, food not protected during storage, food not protected during preparation, cloths in use not stored in sanitizer solution, unclean cavities and door seals of microwave ovens. 96. Adams Middle School Cafeteria, Prestonsburg, outside garbage or refuse storage area not constructed properly, floors not. 97.

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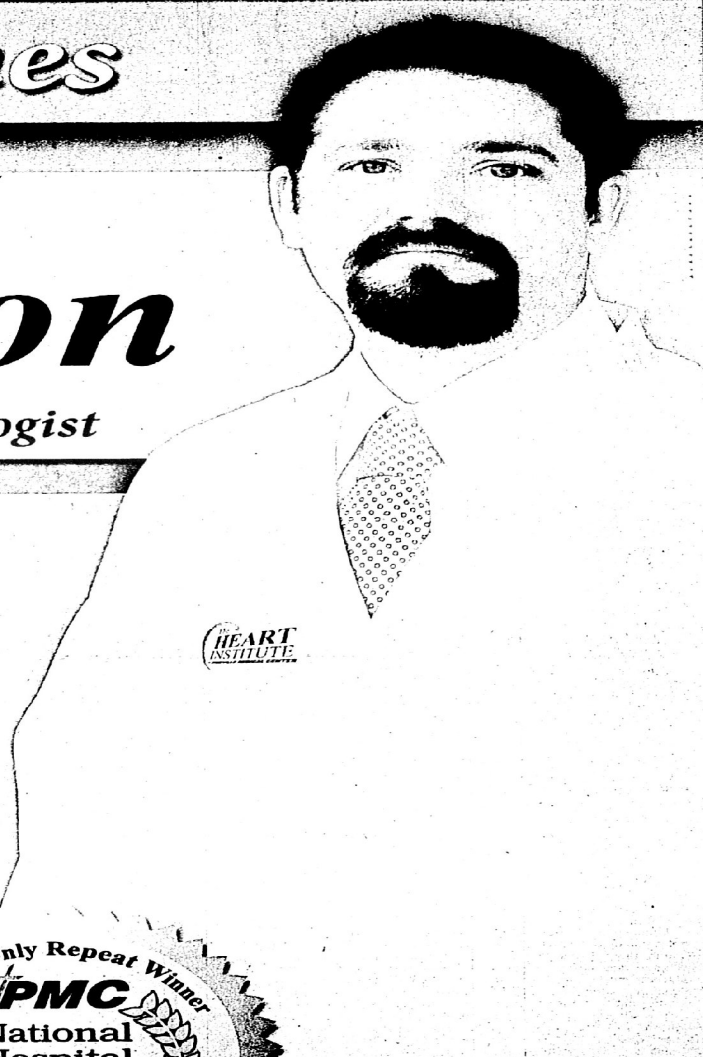
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# Viewpoint

**Amendment 1**

*Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.*

## Guest View KASPER mandate the right thing for state

It was good to hear Rep. Greg Stumbo take to task the state medical licensure board last week for the board's apparent lax effort to glean data from the state prescription tracking database. But while the Speaker's comments were welcome, the legislature could have also done more to help the licensure board to better police doctors who over-prescribe.

It was in 2003 when the legislature gave the licensure board the authority to police the state's doctors who abuse their duties by over-prescribing painkillers and other addicting drugs through access to the statewide database known as KASPER. But what the legislature did in reality was a half-hearted attempt to address Kentucky's drug abuse menace, an issue which has grown to staggering proportions here in Eastern Kentucky.

For one, far too many health care providers with authority to prescribe narcotics are participating in KASPER. What good is a statewide database if more than 70 percent of those who can use it fail to do so? The licensure board - members of which told reporters last week that they had not received the proper KASPER reports to adequately police the state's physicians - could have received every report it needed, but it would have only constituted a fraction of the drugs that are being prescribed.

Our state is in dire need of legislation that would require doctors, physician's assistants, nurse practitioners and any other medical professional that can prescribe narcotics to participate in the state's electronic tracking system. Until we do, we can never be certain that we're policing the medical community, the members of which by and large practice their profession with the utmost of diligence, but too many are willing to hand out prescriptions for powerful and addictive narcotics when they are not needed. Not to mention that a KASPER requirement could also cut down on instances of doctor shopping and the like.

We've used this space many times before to call for a KASPER mandate, and though we run the risk of sounding like a broken record, this is one issue too important to ignore. We urge the legislature to review this issue and do the right thing for Kentucky.

- The Hazard Herald

## Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times. In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author. The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should

be no longer than two typewritten pages, and may be edited for length or clarity. Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

## FLOYD COUNTY The Times

Published Wednesday and Friday each week

263 SOUTH CENTRAL AVENUE  
PRESTONSBURG, KENTUCKY 41653  
Phone: (606) 886-8506  
Fax: (606) 886-3603  
www.floydcountytimes.com

USPS 202-700  
Entered as second class matter, June 18, 1927, at the post office at Prestonsburg, Kentucky, under the act of March 3, 1879. Periodicals postage paid at Prestonsburg, Ky.

SUBSCRIPTION RATES PER YEAR:  
In Floyd County: \$63.00  
In Kentucky: \$64.00  
Outside Kentucky: \$125

Postmaster: Send change of address to:  
The Floyd County Times  
P.O. Box 390  
Prestonsburg, Kentucky 41653

PUBLISHER  
Joshua Byers  
jbyers@heartlandpublications.com

MANAGING EDITOR  
Ralph B. Davis  
web@floydcountytimes.com

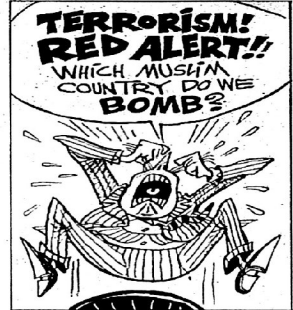
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ARMY PSYCHIATRIST NIDAL AWLIK HASAN SHOTS FELLOW SOLDIERS AT FORT HOOD MILITARY BASE



## Beyond the Beltway

### You can't milk a butter cow

by DONALD KAUL

Tim Pawlenty, erstwhile governor of Minnesota, gave up his bid for the presidency after finishing third in Iowa's Ames Straw Poll, shocking the vast majority of Americans who didn't know he was running.

I don't know whether it was a wise move or not, but it does speak well of his perseverance. Getting knocked out of the race by the Ames Straw Poll is the political equivalent of being electrocuted by a flashlight battery.

The Ames poll is a completely fraudulent event. It has no statistical validity. It has no predictive value. It's as phony as the Iowa butter cow at the Iowa State Fair, the one to which politicians make pilgrimages as though it were a holy relic.

What? You didn't know the butter cow was a fake?

Let me tell you about that. Early in my journalism career, I went to the Iowa State Fairgrounds during the winter, long after the fair was over.

I got a little lost (an investigative technique I have often used to my advantage) and found myself wandering into a storage building on the grounds.

And there, standing before my

very eyes, was a wire sculpture in the approximate shape of a cow. Yes friends, it was the butter cow without her makeup.

I was shocked. Like most people I had believed that the butter cow was just that, a cow sculpted entirely of butter. To find that it was a wire sculpture smeared with butter, then shaped to look cow-like, made me feel like a 32-year-old who's just learned that there's no Santa Claus.

I think my cynical nature dates from that moment. Believe me, that nature has come in handy through many years spent covering politics - particularly when it comes to straw polls.

Less than 17,000 Republicans showed up to vote in this year's poll, and they were charged \$30 each for the privilege of casting their straw. In previous years there have been accusations that some candidates rigged the election, Chicago-style, by bus-ing in out-of-staters and paying their poll tax.

As a way of discerning the leader of the Republican field, it's as empty of meaning as a politician's promise.

Yet the national press, ever faithful of a trend, pays a terrifying amount of attention to it. After months of hearing the various candidates debate, give speeches, and otherwise make fools of themselves, it's the first time anybody actually counts anything, so the press jumps all over it.

On this occasion Michele

Bachmann was the close winner over Ron Paul and has accordingly been deemed a serious contender for the Republican nomination. Paul, who got nearly the same number of votes, continues to bask in irrelevance. I don't understand it either.

However, if getting the support of 4,800 Iowans - many of whom don't believe in evolution and some of whom even doubt gravity - constitutes seriousness, then the country is further along in its decline than I thought.

I've said this before and I'll say it again: Bachmann isn't a serious candidate. She's good at saying outrageous things with the utmost sincerity, but at the end of the day she seems about a ham sandwich short of a picnic.

Her chief value is as a firewall to the candidacy of Rick Perry, the governor of Texas. He's as loopy as she is, but is also precisely the kind of swaggering, blustering bully that conservatives find charming.

But never mind him. Have you heard the news? The New York Times says President Barack Obama has adopted a new strategy to combat GOP intransigence. It's called fighting back - you know, going out among the people and calling Republicans rude names.

He's not very good at it yet, but he's practicing. That's something.

This campaign promises to be a lot like the butter cow - less than meets the eye.

## The Usual Eccentric

### Dealing with the exes of evil

by WILL E. SANDERS

Before I could realize it, I'd found myself lodged in Dante's Inferno, ready to call the United States Geological Society, because it was previously theorized that there were only nine layers of hell. And I had found the tenth.

Somehow, stuck in the middle of it all, was your humble narrator, wedged between the cleavage of a nightmarish situation concocted by the Ohio Bureau of Motor Vehicles - a situation that forced me into the position of demented liaison between the two entities I despise most in life: the government and my ex-wife.

In the olden days, it used to be a terror to travel to the BMV with all of the other noble taxpayers only to be fleeced yet again by Uncle Sam. The lines were long, the clerks wore entirely too much perfume and the wallet-sized pictures they snapped of you rivaled something you might see in a photo spread on third-world deformities.

But at least you had to deal with the license bureaus on only one occasion every four years; before your birthday or maybe a few days afterward. I showed up two days after my birthday once to get my license renewed. The clerks treated me like zombie Hitler, and the photo they snapped on my license nearly looked the part as well. These days, the BMV takes advan-

tage of the latest technological gumption in its quest to aggravate you: It mails letters to your residence to invade your privacy, and it passes the scheme off as some perverse lottery.

Let's all pause as we imagine a stirring, patriotic montage set to Don McLean's "American Pie."

At the top of the DMV letter - in big, bold letters: "Notice: Requiring Proof of Insurance." "Dear Vehicle Owner," the letter reads, "you have been randomly selected to verify that you have coverage for the vehicle listed below."

I found it imperative to confirm that this was in fact an official government letter and not something sent by some depraved yahoo licking his chops at the opportunity to defraud my identity. I did some research and learned that it was, indeed, only the government demanding private information and, thank goodness, not some stranger trying to con me out of sensitive details that could be used against me.

Slowly, my gaze turned to the bottom of the letter - and the real problem with this caper: They didn't want (set ital)my(end ital) proof of insurance. They wanted my ex-wife's. The prospect of cooperating with my ex-wife on anything left me feeling like I'd rather submit to a deep-scrubbing audit by the IRS.

And now, fate had placed me squarely on the battlefield, saddling me with the grim task of trying to reference my bloodbath.

I called the BMV and attempted to explain to an incredibly intolerant woman that I hadn't had contact with

the leader of the old regime since my divorce. The woman on the line didn't take kindly to my lightheartedly political attempt at humor and spoke at great lengths about the merits of invading my privacy and other alleged personal freedoms.

Eventually, I gave in, but not before telling the mean BMV phone lady (who was probably wearing way too much perfume) that if I were president, I would create some kind of document that would withstand the tests of time and grant individuals certain, inalienable rights.

"But then again," I told her before throwing the phone down, "that sounds like crazy talk if you ask me."

It became evident shortly thereafter that the postal service delivered the letter to the wrong address, which happens frequently. Not a week goes by that I don't find a [kitten] in the mail for my ex, mistakenly sent to me by a [kitten collector] who has not updated the addresses in their [credit-card kitten database].

Sorry about all of that word modification. I just think it's wise to shield myself from the ugly prospect of future court proceedings.

Following a long and drawn-out session of gratuitous email fingling and a Big Gulp of morphine, I eventually got my grubby little paws on the required insurance card from my ex in a process about as pleasant as pulling teeth from one's own rectum.

But at the end of the day, I had somehow managed to conquer both the beasts of tyrannical government and the demons of former matrimony - thanks to one heck of an X-factor.

Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.

Devotional Spotlight



Hueysville Church of Christ

Services: Sunday School 10:00 a.m., Worship 11:00 a.m., Sunday Night 8:00 p.m., Wednesday 7:00 p.m., T.V. Channel 5 - Sun, 3:30 a.m.

First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lone Vannucci, Minister.

ASSEMBLY OF GOD

In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00 a.m.; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.

BAPTIST

Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.

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East Kentucky Metal Roofing & Siding Supplies East KY Metal (Next door to East KY Roof Truss Co.) 3095 S. Lake Drive - Prestonsburg, KY 41653 Phone: (606) 889-9609 or (606) 886-9563

MUSIC CARTER YOUR GM CONNECTION logo and contact information.

Little Caesars Pizzeria Village Drive 886-8215

Catholic Health Initiatives Saint Joseph Martin logo and contact information.

Church every Sun. Morning 11:00 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; First Sat. evening Service, All Welcome 7 p.m. Pastor Mark Hunt, 606-478-2888.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Pastor, Paul D. Adams.

Ligon Community Freewill Baptist, Ligon; Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.

Mcdowell First Baptist, Mcdowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.

Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Prater Creek Baptist, Banner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Craze Jr., Assistant Pastor.

Salt Lick United Baptist, Salt Lick; Huysville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 948-2123.

St. Martha, Water Gap; Mass; Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday; Father Robert Damron, pastor.

First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.

CHURCH OF CHRIST

Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.

CHURCH OF GOD

Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judd Caudill, Minister.

EPISCOPAL

St. James Parish; 562 University Drive, Prestonsburg, KY 41653; (606) 886-8046. Sunday Coffee Hour, 10 a.m.; Wednesday, 11 a.m. Wednesday evening worship, 7 p.m. Office Hours: Mon-Fri., 10 a.m.-2 p.m. Reverend Stan McGraw: www.dioce.net/parishes/ Visit us on Facebook!

METHODIST

Auxiliary United Methodist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Meard Miller, Minister.

Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.

Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Bobby Isaac, Minister.

Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Buster Hayton, Minister.

Free Pentecostal Church, Dwaits; Services; Saturday, 8 p.m.; Sunday, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

PRESBYTERIAN

Drift Presbyterian, North Lake Drive, Prestonsburg; Sunday School, 9:30 a.m.; Worship Service, 11 a.m.

SEVENTH DAY ADVENTIST

Seventh-Day Adventist, 5 miles West on Mountain Parkway & Route 114; Sabbath School, 9:30; Saturday, Church Service, 11:15; Bible study, Tuesday, 7 p.m.; Tony Kelly, Pastor, (423) 331-0867; Church, 886-3459, leave message. Everyone welcome!

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

The Church of Jesus Christ of Latter-Day Saints; Sacramento Mt., 10 a.m.; Sunday School, 11:20 a.m.; Relief Society/Preschool/Primary, 12:00 p.m.; Wednesday, 6 p.m.; Church Meeting House address, Hwy. 80, Martin, KY 41648; Meeting House telephone number: 285-3133; Richard Salsbury, Bishop.

OTHER

Pastor Atha Johnson welcomes everyone to attend services at the CHURCH OF GOD OF PROPHECY 171M KENTUCKY. Sunday school 10 a.m., Worship service 11 a.m.

Grace Fellowship Prestonsburg, next to old flea market, Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.

Grace Fellowship, Harkins Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship service, 11 a.m. and 6 p.m.; Thurs., 7 p.m. Randy Hagans, Minister. 886-9460.

Grace Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed, 7 p.m.; Carl & Missy Woods, Pastor; Carl Howard.

Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed, 7 p.m.; Carl & Missy Woods, Pastor; Carl Howard.

Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge, Wednesday, 7:00 p.m.; Sunday Evening, 6:00 p.m. Pastor: Carl Howard.

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Prestonsburg Walmart logo and address: Prestonsburg Village Shopping Center, Prestonsburg, KY 41653. 886-6681

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**Keep**

The Community Action Partnership is meeting in San Francisco this week to work out ways to lend a hand to millions in or near poverty. Rob Jones, executive director of Community Action Kentucky, says that, with 43 million people living in poverty and thousands more on the brink, timing is crucial.

"At the same time, we're dealing with the fact that government is continuing to cut programs that are specifically targeted for the people who need the help as a result of the last, really, three years

of the economic downturn," Jones says the numbers tell the grim truth about rising poverty. Some 18 percent of Kentuckians are among the most economically disadvantaged in the nation, with 13 counties having median household incomes of less than \$25,000 a year. More than 1-in-4 Kentucky kids now lives in poverty, a level which erases earlier gains.

The youth poverty statistics, says Jones, are troubling on many levels. "We know that when children find themselves

outside of a good home, and a home where you have adults that can care for the child, that the child is at much greater risk."

Jones says Community Action programs have been effective at helping struggling families make ends meet, and that communicating the worthiness of programs, such as the Low-Income Home Energy Assistance Program (LIHEAP), is crucial in times of government austerity.

He says that even though cooling-assistance funds didn't come through this summer, the agency

is already thinking ahead to the time when temperatures drop.

"We currently are facing funding for this winter that we are very concerned will not get us through the entire LIHEAP season. So, that's a big topic."

The annual Community Action Partnership convention began Tuesday, and will conclude today, with more than 1,100 anti-poverty advocates from around the country addressing job creation, housing and homelessness-prevention, Head Start and asset development.

**MSHA**

Continued from p1A  
 nonpermissible electrical equipment; noncompliance with the approved emergency response plan; and nonfunctioning communication and tracking systems.

Tri-State One Mine was one of 13 operations to receive a letter from MSHA in November 2010 that placed it on notice of a potential pattern of violations of mandatory health or safety standards under Section 104(e) of the federal Mine Safety and Health Act of 1977.

As a second example from last month, MSHA issued 13 citations and orders during an impact inspection conducted on July 1 at Inman Energy's Randolph Mine, located in Boone County, W.Va. The inspection party arrived at 4 a.m. and captured the phones prior to proceeding. The impact inspection was the second conducted this year at the mine.

Six unwarrantable failure closure orders were issued for accumulations of combustible materials on the working section from the feeder to the face, overhanging rock brows on the working section that were not adequately supported or otherwise controlled, failure to follow the mine's approved ventilation plan, miners not being made aware of the designated responsible person on duty, and failure to conduct and record adequate pre-shift and on-shift examinations. Inspectors also cited a number of violations involving other hazardous conditions, including permanent ventilation controls that were not properly constructed or otherwise maintained, accumulation of water in a return air course, an unguarded high-voltage cable, improper storage of compressed oxygen cylinders and inadequate support of a kettle bottom in the mine roof.

"The closure order is still one of the most effective tools inspectors have to bring about compliance, even during impact inspections," said Joseph A. Main, assistant secretary of labor for mine safety and health. "We will not hesitate to use these and other enforcement tools to protect the nation's miners."

Since April 2010, MSHA has conducted 307 impact inspections, which have resulted in 5,526 citations, 518 orders and 19 safeguards.

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**8 accused in stolen motorcycle ring**

by JACK LATTA  
 STAFF WRITER

Federal indictments were handed down last week for five Kentuckians and three Ohioans for crimes related to the sale of stolen motorcycles.

The indictment was filed under seal on August 11 charged Mark Justice, 53, of Ashland, John C. Slusher, 58, of Pineville, Robert Jason Chapman, 31,

of Cleves, Ohio, George Ferguson, 63, of Ashland, Richard D. Meade, 64, of Ashland, Robert W. Harris, 60, of Newport, Shon Fields, 33, of Cincinnati, Ohio, and Christina Bannigan, 31, of Cleves, Ohio, with a money laundering conspiracy related to the sale of motorcycles across state lines.

Fields was also charged obstruction of justice and Harris is charged with ly-

ing to a federal law enforcement agency.

According court records, some of the defendants were also charged with money laundering and possessing stolen vehicle parts with the intent to sell them.

Court records state that the defendants altered or obliterated the vehicle identification numbers from stolen motorcycles, before transferring the title

of the motorcycle to others then selling them in order to conceal the fact that they were stolen.

According to the indictment, the conspiracy began in January 2000 and stretched until February 2008.

Most of the criminal activity allegedly took place in Boyd and Bell counties, with the defendants reportedly raking in approximately \$2.5 million from the conspiracy.

**HCTC offers free electrical retraining**

HAZARD - HCTC will offer electrical retraining certification on Saturday, Sept. 10. The certification is valid for Kentucky and

Virginia miners, meeting all requirements of the two states as well as federal regulations.

The training will be eight

contract hours, beginning at 8 a.m. at the Technical Campus in Hazard. Pre-registration is encouraged.

Participants need to

bring their state and federal cards to the class.

Contact Dianna Handshoe at (606) 487-3292 to register.

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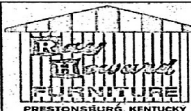


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# State parks make plans for Labor Day weekend

FRANKFORT — The Kentucky State Parks are making plans for Labor Day weekend, hoping to attract visitors who will want to spend their holiday outdoors.

All lodges, cottages, restaurants, campgrounds, golf courses, historic sites, swimming pools, picnic areas and playgrounds will be open during the holiday weekend, Sept. 2-5. Resort parks will be offering recreational programming.

All 31 Kentucky State Park campgrounds will be open, including the four equestrian campgrounds at Dale Hollow, Taylorsville Lake, Carter Caves and Pennyriple Forest.

Several parks will be holding special events. Some of the events include:

Jenny Wiley State Resort Park, Prestonsburg — Jenny Wiley State Resort Park will be offering recreation and nature activities along with arts and crafts. Don't forget to join us at our Dance Pad located in the campground for Friday, Saturday, and Sunday night folk and country line dancing. It's open to all ages — no dance experience needed. While you are at the park, be sure to rent a pontoon boat or canoe and enjoy Dewey Lake.

Also, if your family loves a good challenge, be sure to sign up for the Family Fun Bowl taking place on Saturday, Sept. 3. Battle other families in fun challenges to see who will walk away with a weekend getaway package.

On Sunday, Sept. 4, the park will host a pet show.

Be sure to bring your favorite pet, no matter the species.

Barren River Lake State Resort Park, Lucas

Barren River will offer a variety of activities for all ages during Labor Day weekend. Tie-dye bandanas, homemade ice cream, canoeing, arts and crafts, guided hikes, scavenger hunts and games are just a few examples of what will be offered this year. Kids ages 7-12 who love nature can become a Junior Naturalist and receive a certificate and a Junior Naturalist patch (call for details).

You can also go horseback riding, play golf, go on a hike, enjoy a walk or run on the 2.5 mile paved trail, or borrow a fishing pole to get hooked on fishing. For more information contact Jamie Avery at 1-800-325-0057 or jamie.avery@ky.gov

Carter Caves State Resort Park, Olive Hill

Carter Caves will host its "Cave-In Movie" on Sept. 3, featuring "The Sorcerer's Apprentice" at 6 and 8:30 p.m. Bring your own chairs for this movie inside a cave. Admission is \$4 per person. Carter Caves will also host "Pickin' at the Caves" on Sept. 5. Bring your instruments to gather and play music with other local musicians. Enjoy the tunes that local talent has to offer. The music will be in and around the lobby of Lewis Caveland Lodge from 7-9 p.m. Arrive early and enjoy a country meal in the Tierney's Cavern Restaurant. Call 1-800-325-0059.

Cumberland Falls State Resort Park, Corbin

Cumberland Falls will offer various recreation programs for the entire family. Activities such as archery, arts and crafts, nature activities, folk dancing and others are scheduled throughout the weekend. On Sunday, Sept. 3, musician Eric Heath will be performing at the pavilion at 7:30 p.m.

Dale Hollow Lake State Resort Park, Burkesville

Dale Hollow will be the site of the 25th Annual Singing by the Lake on Sept. 2, 3 and 4. Gospel groups will be performing at 7 p.m. each night. Admission is free.

E.P. "Tom" Sawyer State Park, Louisville

E.P. "Tom" Sawyer State Park will host the NBL BMX Grand Nationals Sept. 2-4. This Bicycle Motocross national competition attracts riders from the entire country. The three-day competition on a newly reshaped BMX track will include a Future Stars Clinic on Wednesday, Aug. 31, at noon and other related practice sessions, and the All Challenge Championship on Friday. All practices and races are open to the public. For more information, visit www.nbl.org or www.derbycitybmx.org

Fort Boonesborough State Park, Richmond

Fort Boonesborough will host the Kentucky Blood Center blood drive in the Recreation Hall of the campground Sept. 3 from 10 a.m.-5 p.m. All donors will receive a T-shirt, a gift and be entered into the door prize drawings for gift certificates from the park and area businesses. Open to the public.

Greenbo Lake State Resort Park, Greenup

Greenbo Lake will have a full recreation program for the Labor Day weekend. There will be crafts, hayrides, mini-golf, nature programs and more. Get outside and enjoy the last full weekend of summer. Greenbo Lake has over 25 miles of multi-use trails for hiking, mountain biking, and horseback riding, to go along with fishing and boating.

John James Audubon State Park, Henderson

John James Audubon State Park will host potter and storyteller Albert Bauman on Sunday, Sept. 4, from 1-2:30 p.m. at the Campground Shelter. Children can create and take home their own clay pot. Naturalist Scott Shupe will entertain visitors Sunday, Sept. 4, with his exotic reptiles at the Campground Shelter from 4-5 p.m. Besides enjoy-

ing the speakers, park guests can decorate their bikes, wagons or anything else for their own Labor Day parade throughout the campground Saturday, Sept. 3, from 2:15-3:45 p.m. Other weekend activities include tie-dye T-shirts, water balloons, fishing and more. Contact the park at 270-826-2247 for more information.

Kenlake State Resort Park, Aurora

Kenlake will host the H&R AGRI-POWER Kenlake Country Concert on Sept. 3, featuring Mark Chesnut and Mark Wills. Don't miss this incredible night of music, beginning at 6 p.m. CST and also featuring Bush Hawg and the Justin Hatcher Band. Bring your lawn chairs, blankets, and coolers for this big night of country music on Kentucky Lake! General admission is \$25; stage seats \$40. Rooms are available at Kenlake, Kentucky Dam Village or Lake Barkley. For concert information email dk.howard@yahoo.com, call 270-293-6641 or visit www.kenlakecountryconcert.com

Lake Cumberland State Resort Park, Jamestown

Lake Cumberland will have a full schedule of programs for Labor Day weekend. Activities include youth archery, hand-made pottery, recycled crafts, guided tours and more. On Saturday night at the campground amphitheater, naturalist Scott Shupe will present his "World of Reptiles" show at 8 p.m. CDT.

Pennyriple Forest State Resort Park, Dawson Springs

Pennyriple Forest will have a full schedule of programs for Labor Day weekend. Naturalist-guided hikes, arts and crafts, landscape photography and a concert are just a few of the things on the agenda. Nashville recording artist Matt Snook will be performing on Sunday, Sept. 4, at 7 p.m. behind the lodge.

For more information about Kentucky State Parks or to make lodging and camping reservations, visit www.parks.ky.gov



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**Blevins & West to Wed**  
George and Melinda Blevins of Tramm announce the engagement and forthcoming marriage of their daughter, *Jessica Diane Blevins* to *Nicholas Darrell West*, son of Shelia West of Betsy Layne and Thurman West of Ivel.  
The bride is the granddaughter of the late Anna Mae and Robert Boyd and the late Alpha Jean and Porty Blevins. The groom is the grandson of Alma West of Pikeville and the late Charlie West and the late Ruth Mae and Hent Snodgrass.  
The Wedding will be held Saturday, September 17, 2011 at 5:30 p.m. at the Vogel-Day Methodist Church at Harold, KY. The gracious custom of open house will be observed.

Visit us at:  
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# AAA predicts more driving, less flying Labor Day weekend

LEXINGTON — AAA forecasts 31.5 million Americans will travel 50 miles or more from home during the Labor Day holiday weekend, a 2.4 percent decrease from the 32.3 million people who traveled one year ago. The Labor Day holiday travel period is defined as Thursday, Sept. 1, to Monday, Sept. 5.

"AAA is projecting a decrease in the number of Labor Day travelers as some Americans react to recent economic uncertainty and increasing air fares," said Glen MacDonell, director, AAA Travel Services. "While automobile travel is expected to increase slightly, if recent declines in gasoline prices continue through Labor Day, we could see an increase in last-minute holiday

weekend travel." The decrease in expected travelers is a result of a mixed economic outlook, consumer uncertainty regarding the overall economy, and recent downturns in economic factors that affect discretionary income, which is particularly relevant to the travel and tourism industry. Real disposable income is up just 1.3 percent, which is being offset by the travel price index rising 6.7 percent since last year, due primarily to rising transportation costs. The housing market remains depressed, with new and existing home prices down 2.4 percent and 3.4 percent, respectively.

AAA's projections are based on economic forecasting and research by IHS

Global Insight. The Boston-based economic research and consulting firm teamed with AAA in 2009 to jointly analyze travel trends during the major holidays. AAA has been reporting on holiday travel trends for more than two decades. The complete AAA/IHS Global Insight 2011 Labor Day Holiday Travel Forecast can be found at [AAA.com/news](http://AAA.com/news).

Approximately 27.3 million people (87 percent of holiday travelers) plan to take to the nation's roadways this Labor Day holiday weekend. This is a slight increase of 0.5 percent from the 27.2 million Labor Day 2010 auto travelers, and a three percent increase in the share of total holiday travelers from last year's 84

percent. Automobile travel remains the dominant mode of holiday transportation.

Almost 2.5 million leisure travelers (eight percent of holiday travelers) will fly during the Labor Day holiday weekend, a 1.9 percent decrease from 2010. Rising fuel costs, combined with steady air travel demand, have resulted in rising airfares over the past few months. According to AAA's Leisure Travel Index, Labor Day airfares are expected to be 13 percent higher than last year with an average lowest round-trip rate of \$202 for the top 40 U.S. air routes. Increasing airfares and fees are factors contributing to the decline in air travel, the first expected decline for a major travel holiday in 2011 as forecast by AAA.

## Governor announces Smiling Schools program for Floyd, 15 other counties

FRANKFORT — Approximately 25,000 Kentucky children in Appalachia will receive preventive oral health services through a new pilot program called Smiling Schools, Gov. Steve Beshear announced Thursday. The program is funded through a \$1 million grant from the Appalachian Regional Commission (ARC) and \$250,000 in state general fund dollars.

"We know that children learn best when they are healthy," said Gov. Beshear. "We also know that dental health is a key component of overall health. I thank the Appalachian Regional Commission for continuing to partner with us on improving the dental health of our children so that they can reach their full potential in the classroom and beyond." Gov. Beshear currently serves as the 2011 States' ARC Co-Chair.

Over the course of the 2011-2012 school year, protective fluoride tooth varnish treatment and educational materials for healthy dental practices will be offered to approximately 25,000 children in first through fifth grades

at selected schools in 16 ARC distressed counties. The counties, with the number of participating schools in each, are: Bell (9), Breathitt (1), Clay (7), Elliott (3), Floyd (8), Harlan (9), Jackson (3), Knott (6), Knox (8), Lee (2), Magoffin (3), Menifee (2), Owsley (1), Perry (11), Russell (4) and Wolfe (3). The governor joined state officials, health care workers and lawmakers in making the announcement in Lexington at the University of Kentucky's College of Dentistry and in Hazard at Dennis Wootton Elementary School.

As part of the Smiling Schools program, the Oral Health Program in the Department for Public Health will also conduct outreach in Eastern Kentucky to help increase public awareness of the importance of children's dental health.

The UK Dental School will perform oral exams on a sampling of children in the pilot project prior to the first varnish application to document the initial condition of their teeth. The second treatment is applied four to six months later. Following two fluoride varnish treat-

ments, the children will again be examined to determine the effectiveness of the varnish in stopping decay.

All children in the selected schools will be given the opportunity to have a dental screening. The fluoride varnish will then be painted onto children's teeth and takes less than a minute to apply. The varnish treatment is painless and comes in a variety of flavors. The fluoride varnish prevents decay, slows the progress of existing decay and reverses the beginning steps of decay.

"I truly appreciate ARC and its continued partnership with Kentucky to make sound and innovative investments toward improving the lives of our young people," said Department for Local Government Commissioner and ARC Alternate Tony Wilder. "This program not only serves as a quality preventive health tool for our children, but also helps to instill in them the importance of continued dental health and hygiene throughout their lives."

The Smiling Schools pilot program is the latest component of Gov. Beshear's Healthy Smiles

Kentucky initiative, a groundbreaking effort launched in 2009 aimed at improving the dental health of Kentucky's children, particularly in Appalachia.

Gov. Beshear said his decision to create the program was based on staggering oral health statistics in Kentucky. An assessment of the state's dental health in 2001 found that half of Kentucky's children had decay in their primary teeth and nearly half of children ages 2, 3 and 4 had untreated dental problems, more than twice the national average.

"Our young people already face a range of issues that distract from learning without having to worry about an aching cavity or overall poor dental health," said First Lady Jane Beshear. "The Smiling Schools program will not only improve our children's current dental health, but teach them the value and ease of maintaining quality dental care

practices as they grow to be healthy adults."

To learn more about the Healthy Smiles Kentucky initiative, visit [KidHealth.ky.gov](http://KidHealth.ky.gov).

Established in 1965, ARC partners with federal, state and local governments in an effort to

support sustainable community and economic growth throughout Appalachia by funding projects that range from education and job training to housing and business expansion to transportation and infrastructure development."

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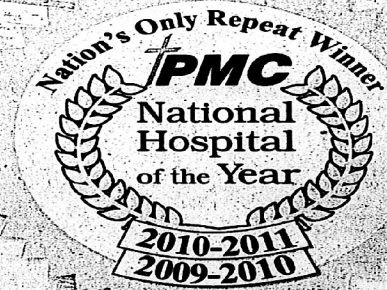
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# Sports

# B

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## Rebs to entertain Jenkins in 2011 debut

by STEVE LeMASTER  
SPORTS EDITOR

**EASTERN** — The Allen Central Rebels will make their debut in the 2011 season tonight at home when Jenkins (0-1) visits for a season-opener. Injuries hit the Allen Central football program hard during the preseason, which was extended an extra week as the Rebels enjoyed an open date during the first week of the regular-season. That extra week might allow some Rebels that were hurt an opportunity to heal.

"We have been plagued with some injuries on the line early this year," Allen Central Coach Jeremy Hall said. "We didn't have three potential starters Saturday at East Ridge. We have a great bunch of guys in there at line right now, but with the changes in positions and moving people around it has affected our timing a little. We hope that we get

everyone back this week and can get the ball moving against Jenkins."

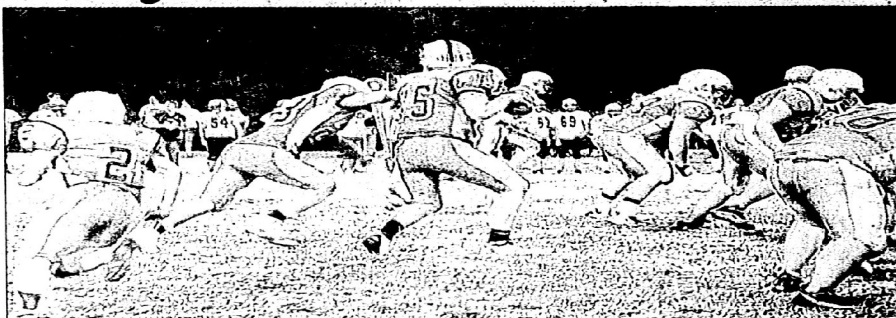
Allen Central running backs and receivers were impressive throughout the preseason.

"We have a really good set of skill guys this year," Hall said. "We are nearly two-deep in every position in many of the skill positions. This is new to us. We are usually one deep and then we are looking at JV players for that position. This helps out in the confidence area a lot."

"We are just taking it one week at a time and this week we are looking to bring Jenkins in to our place and come out and play hard to get the win," Hall added.

Seniors Micah Harlow, Seth Jarrell and Sheldon Rice are among the leaders back for the Rebels.

Jenkins opened its season-opener one week ago. The Cavaliers enjoyed some offensive success but



couldn't produce enough scoring to keep up with visiting Phelps last Friday. Phelps moved out in front early and steadily pulled away, defeating Jenkins 46-

22 in the season-opener. Following tonight's opener, Allen Central has nine regular-season games remaining with Sept. 2 at Leslie county, 7:30 p.m.;

Sept. 9 - Betsy Layne, 7:30 p.m.; Sept. 15 - Paintsville, 8 p.m.; Sept. 23 - Williamsburg, 7:30 p.m.; Sept. 30 - at Pineville, 7:30 p.m.;

Oct. 7 - at Phelps, 7:30 p.m.; Oct. 14 - South Floyd, 7:30 p.m.; Oct. 21 - at Pikeville, 7:30 p.m.; Oct. 28 - at Knott County Central, 7:30 p.m.

## LadyCats looking to reign, yet again

by STEVE LeMASTER  
SPORTS EDITOR

**BETSY LAYNE** — Betsy Layne High School is home to one of the 15th Region's top "volleyball" programs. The LadyCats are looking to once again rise to the top in the talent-heavy 15th Region.

Betsy Layne entered the week 4-3. The LadyCats owned wins over Knott County Central, Piarist, Hazard, and Pikeville through their first seven varsity matches.

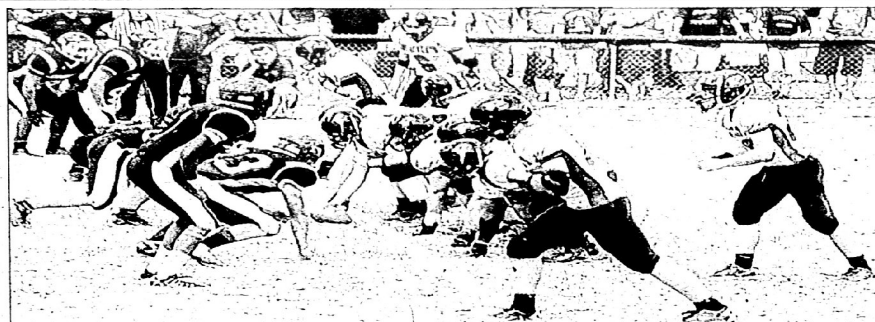
"We returned four starters from last year's regional championship team - sophomores Allie Meade, Cecelia Ray and Katie Williams with juniors Paige Watkins and Taylor Akers and Seniors Savannah Meade and Jessica Justice," Betsy Layne Coach Christina Crase commented.

Under Crase's guidance, Betsy Layne has emerged and evolved into a perennial regional title contender.

Several young players are starting to contribute for the Betsy Layne volleyball team.

"I am very excited about this season, we have a young but experienced group of athletes and they are ready to fight hard this season and compete for championships," Crase added.

Betsy Layne was visiting 58th District/Floyd County Conference rival South Floyd last night for a match at Raider Arena. Floyd County foes Betsy Layne, South Floyd and longtime powerhouse Allen Central



Prestonsburg Head Coach John DeRossett will guide the Blackcats into a non-district game tonight against Sheldon Clark. Both Prestonsburg and Sheldon Clark suffered a season-opening loss last week. Kickoff for the Prestonsburg-Sheldon Clark game is set for 7:30 p.m.



## Blackcats headed to Sheldon Clark

by STEVE LeMASTER  
SPORTS EDITOR

**INEZ** - Falling in the final seconds of a road game wasn't how Prestonsburg Coach John DeRossett wanted to see his team start the 2011 season. DeRossett and his team, however, fell victim on the road last week at Perry County Central as the Commodores slipped away with a 35-34 win. This week, tonight, Prestonsburg is focused on longtime rival Sheldon Clark. And no doubt, DeRossett has his team to play Sheldon Clark. The Blackcats will battle the Cardinals in another non-district game.

Sheldon Clark will host familiar foe Prestonsburg in its first home game in the 2011 season. Both teams will carry an 0-1 record into tonight's matchup. C

Sheldon Clark stumbled out of the game last week, falling to Rockcastle County in the Hometown Pharmacy Thorobred Bowl at Harrison County. Rockcastle County raced to an early and quickly pulled away from Sheldon Clark, blanking the Cardinals 45-0.

Prestonsburg will look to get its rushing attack going against Sheldon Clark. The Blackcats were limited on the ground last week, picking up just 54 yards. Prestonsburg was able to pick up yardage through the air as senior quarterback Adam Crisp completed 17-of-36 passes for 170 yards and three touchdowns.

Freshman Jarredd Jarrell led Prestonsburg in receiving, reeling in four catches for 69 yards and two touchdowns.

(See BLACKCATS, page 2)

## Raiders to open season versus Betsy Layne

by STEVE LeMASTER  
SPORTS EDITOR

**HI HAT** - South Floyd High School football fans are poised to watch the Raiders hit the field in regular-season competition. When South Floyd entertains longtime rival Betsy Layne tonight, fans will be able to catch the Raiders for the first time in the 2011 season. South Floyd had last week as the open date on its schedule. In the process, enjoying more time to prepare for the Bobcats.

Betsy Layne opened the season, victorious one week ago, defeating visiting Bracken County 38-7. Veteran head coach Jon Parsons witnessed his team turn in a solid effort en route to the victory. The effort included a new starting quarterback calling signals for the Bobcats.

Donnie Daniels is back at the helm of the South Floyd program. After replacing Jody Hall atop the Raider football program, Daniels is now in his third stint as South Floyd head coach. Fans from both sides can expect to see a physical matchup between the Floyd County high school football foes.

Betsy Layne rolled up 388 rushing yards on its way to claiming the convincing win over Bracken County, a relatively new football program. The Bobcats also picked up 60 yards through the air against the Polar Bears.

The Bobcats secured an early lead, gradually pulling away from visiting Bracken County, which calls North-ern Kentucky home.

Numerous offensive

(See OPEN, page 2)

## Allen Central defeats Perry Central for seventh win

by STEVE LeMASTER  
SPORTS EDITOR

**EASTERN** - Allen Central earned its seventh win of the 2011 season on Tuesday, defeating Perry County Central 2-0. Prevailing in back-to-back sets, Allen Central won 25-12, 25-21.

Katie Kendrick slammed in eight kills to pace the Rebels. Brooke Risner set up 16 kills for Allen Central in the convincing win.

Courtney Hodge, Laken Tackett and Kelsey Blevins earned two service aces each for the Rebels in the winning effort. Defensively, Julie Halbert led the Allen

Central back row with five digs. Kendrick and Tackett had two blocks each for the Rebels.

Allen Central was visiting Bellfy on Thursday. The match ended too late to make this edition.

Halbert named Kentucky Player of the Week: Allen Central senior defensive specialist Julie Halbert has been honored as the Max Preps Kentucky Volleyball Player of the Week for the week of August 15-21. Halbert helped Allen Central to a 4-0 record during the week in which her overall play was recognized.

(See WIN, page 2)



Earlier in the week, Allen Central senior defensive specialist Julie Halbert was honored as the Max Preps Kentucky Volleyball Player of the Week.

# Phillips speaks to Louisville alumni

TIMES STAFF REPORT

LEXINGTON — Joker Phillips, who is entering his second season as the head coach of the University of Kentucky football team, talked at the annual Greater Louisville Area Alumni Luncheon, on Wednesday, to give alumni and fans the latest on the team's preparation for its season opener on Thursday, Sept. 1, against WKU at LP Field in Nashville.

Before talking to the full ballroom at the Galt House West in downtown Louisville, Phillips spoke to a group of media members about the completion of fall camp. Overall, Phillips said the staff and players are working to ensure that everything and everyone are ready and prepared. "We just need to make sure that we have all of our I's dotted and T's crossed," Phillips said when asked what his biggest concerns

were heading into the season opener next week against Western Kentucky University. "We are now in preparation for Western Kentucky. We have been trying to get Kentucky better for the last 20 practices, now we get started on Western Kentucky."

Phillips, along with Kentucky offensive coordinator Randy Sanders, has had praise for the continued development of junior starting quarterback Morgan Newton. The native of Carmel, Ind., enters his first season as the opening-day starter of the Wildcats, although he has played in 13 career games making nine starts. Phillips says Newton is a different player heading into 2011 because of his increased level of confidence. "It is amazing how far he (Morgan Newton) has come since the last time that we have played," Phillips said. "A lot of that has to do with his confidence. His confidence comes from getting reps and then when you get confidence and reps it shows in how he is leading this football team now."

I am excited about watching him. He is throwing the ball where he is supposed to. His eyes are where they are supposed to be and he is completing passes. That is exciting to watch from your quarterback."

Newton can only be as good as his offensive line and it appears the leader of the offensive line, senior Stuart Hines, could be back and ready to play for UK's season opener against WKU next week. Hines has been battling a sprained knee but did some conditioning with the team Tuesday.

"We think that he will make it to the game," Phillips said. "We have two days off. We have today off because school started and then tomorrow we will treat like a Sunday practice after a game, which will be a light lift and a little bit of a run. There is not much going on for the next two days, but in three days he will get some work and we are hoping he will be ready to go."

Phillips said the team will not rush back Hines and that he believes the All-South-eastern Conference perform-

er does not feel added pressure to return for the season opener because of being a native of Bowling Green.

"Stuart is just anxious to play," Phillips said. "Stuart is one of those guys that is just excited to play the game. He practices the same way he plays, also. I think he is just anxious to get back on the practice field and play any game, not just Western Kentucky. This is his senior year and last chance to go out and play. He is one of our leaders on offense and it shows by the way he prepares himself."

As always, Phillips continued to stress how important it is for Kentucky to have a strong foundation in the city of Louisville. The UK coach praised the group of UK fans for giving his team and all of UK Athletics its support in recent years.

"It is very important," Phillips said. "We have a huge fan base here that does a great job supporting us and we want to do as many things as we can here to give back to them."

"Our motto this year is 'arise' and this program is

definitely a program that is on the rise. I want our fans to understand that this program has definitely come a long way. We are not happy with where we are at but we are working to continue the rise this program."

The Wildcats took Wednesday off for the first day of classes but will return to the practice field Thursday to resume preparation for WKU.

Fans Encouraged to Donate Blood in "Battle of the Bluegrass": The Battle of the Bluegrass isn't just played on the football field. It's a blood battle between the Cats and the Cards, too.

Kentucky Blood Center's annual Battle of the Bluegrass runs Aug. 22 through Sept. 2. Donors can give blood and/or plasma for their favorite team - the UK Wildcats or the U of L Cardinals.

All donors receive a T-shirt and a chance to win prizes, including a 2011 Toyota Tacoma.

To find a convenient location to make a donation, visit [kybloodcenter.org](http://kybloodcenter.org) or call 800-775-2522.

## Card of Thanks

The family of Joel Stumbo would like to express our sincere gratitude to everyone who supported us during our loss. We have been overwhelmed by the generosity of all our family, friends, community, neighbors and church families. We appreciate everyone for all the love, memories, flowers, gifts, hugs, food, compassion, thoughts and most of all prayers during our loss. We know that Dad would appreciate all the kind gestures as he spoke so often of his many friendships. Each of you meant a great deal to him as evident by your attendance during the services. We are eternally grateful to have honored Dad with each of you. We have peace in knowing that Dad is in heaven and rejoicing with God.

It would be impossible for us to list everyone who showed so much love and support to us, therefore please know each of you are in our hearts. We'd like to send a special thank you to Doug Lewis and Calvary Baptist Church of Betsy Layne, Mayflower Unity Baptist of John's Creek, Alton Meade, Tim Dyer, Alfreda Jones, DAV chapter 169, Marine Corp League, U.S. Marines and Hall Funeral Home.

Sincerely,  
Shirley, Joey & Sheila

## Blackcats

Continued from p1

Bryson Williams and Grant Anderson each had one scoring reception apiece.

Williams led Prestonsburg in rushing as he took

12 carries for 30 yards and one touchdown.

Defensively, Wes Robinson notched a game-high eight tackles for the Blackcats. Kain Collins contributed five tackles for Prestonsburg in the road game.

Sheldon Clark com-

petes in Class 3A, District 8 along with Belfry, Lawrence County, Pike County Central and East Ridge.

The Cardinals are looking to push longtime rival Belfry for the district championship while also fending off Lawrence County,

another longtime rival. The Cardinals doubled up the Bulldogs 12-6 in a regular-season meeting in 2010.

Clark are minus veteran quarterback Austin Stepp and running back Avery Ray, both of whom have graduated. Senior running back Kristian "K.P." Skyles is expected to once again lead Sheldon Clark on the ground. Skyles rushed for over 1,200 yards last season. The versatile Skyles, one of the state's top players, also recorded over 50 tackles last season. Seniors Taylor Chapman (TE/DT) and B.J. Jarrell (WR/LB) will help lead the Cardinals. Then there's Tim Smith, a talented senior back who was recently ruled eligible by the Kentucky High School Athletic Association (KHSAA). Smith is also expected to play a key role for the Sheldon Clark offense.

Kickoff for the Prestonsburg-Sheldon Clark game is set for 7:30 p.m.

Kickoff for the South Floyd-Betsy Layne game is set for 7:30 p.m.

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Friday, August 26, 2011

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## 'Shogun Assassin 2'

by TOM DOTY  
 TIMES COLUMNIST

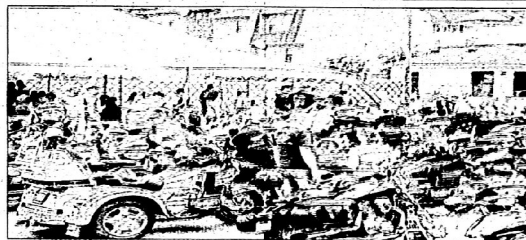
A chubby samurai and his pre-schooler take on all comers in this action epic that actually played theaters during the early-1970s under the title "Lightning Swords of Death."

We close out our salute to Japanese genre flicks with this sword story that represents the best of samurai cinema. There are plenty of great samurai series, like "The Blind Swordsman" and "Lady Vengeance" but the best were the "Lone Wolf and Cub" series. This series was based upon a popular comic book that followed a rogue samurai, or Kohnin, named Ito Ogami. He roams throughout the country earning a living as an assassin, after being betrayed by his master. The added ingredient here is that he also had a 4-year-old in tow who he must protect while continuing to serve a code of honor that has been abandoned by the new regime.

This entry opens with Ogami running into trouble right off the bat, as ninjas drop from the trees like coconuts, while his son is taking a potty break. He drops the ninjas like a bad habit and is back on the road before you know it.

Meanwhile, a fellow samurai steps in when three companions assault a group of travelers. Ogami comes upon the aftermath and finishes off the thugs. The two

(See ASSASSIN, page 4)



## Second annual poker run raises money for Center for Autism

by RALPH B. DAVIS  
 MANAGING EDITOR

PRESTONSBURG — The second annual Highlands Health System poker run, in support for the Highlands Center for Autism, was held Saturday, raising over \$2,100 for the center.

The second year of the event showed a marked increase from the inaugural effort. This year, 101 riders participated, up from 68 last year. Jimmy Williamson, director of facility services at Highlands Regional Medical Center, organized the event.

"My heartfelt thanks goes out to everyone that gave in any way, whether it was your time, money, donations, riding in the event, etc.," Williamson said. "I am eternally indebted to you for what you have done and commend your efforts. It is from our heart that you and I help the children of our area, no matter what their needs may be."

The Center for Autism uses "applied behavior analysis" in treating its patients. ABA is based on decades of study into techniques to increase useful behaviors and reduce others that may be harmful or interfere with learning.

"It was heart-warming to see so many Highlands employees and their spouses, who volunteered their Saturday, and so many riders turn out in support of this effort," said Dr. Shelli Deskins, director of the Center for Autism. "When ABA is done well, it is both labor-intensive and expensive. As a result, Highlands supports many projects, such as the poker run, with the goal of raising funds for scholarships, so deserving children and families who cannot afford the full cost of the tuition can have access to the treatment they so desperately need. We are lucky to have a program of this caliber in our Eastern Kentucky community, and support of this nature is essential for the center to continue its important work."

Honda of Prestonsburg, Kanzer Drilling and Music Carter were the primary sponsors of the event.

For more information about Highlands Center for Autism, visit [www.highlandautism.org](http://www.highlandautism.org).

## Eating for two

by LEANNE ELY, CNC

Pregnancy brings with it an instant responsibility for keeping two lives well-fed and nourished. The old excuse of "eating for two" does not mean that you should be gorging yourself with whatever is within arms length. Whatever you consume will also be consumed by the baby and will influence your growing child's needs.

Once again, making a rainbow on your plate with a ton of fruits and veggies is just what the doctor ordered—the more colors the better! Protein is equally as important as baby needs it to make muscles, bones, teeth and hair. Just an extra half serving is usually enough to get you and your baby what you need, but do check with your doctor to make sure you're getting your nutrition right.

You also need to watch what you're drinking. There's more to it than the obvious "no alcohol" rule. Caffeine and sodas need to go and don't forget, drink up on the water! Your baby and your body both require a little extra.

This is the one time when you want to gain weight, there's no way around it. You need to eat more healthfully than you ever have, so eat! And eat well!

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## Assassin

Continued from p3

speak about the old ways and almost fight a duel, but get nostalgic and opt to part ways.

Ogami runs into a slave who has killed her master and opts to protect her from the local police. This involves taking her punishment for her. The sentence is pretty rough and calls for water torture followed by a round of "Woody, Woody." It's not as benign as it sounds. A person is hung upside down and whacked with sticks, whilst his attackers shout "woody, woody." He survives and opts to kill a corrupt governor (no this doesn't take

place in Chicago) as a favor to his torturers, who plan to pay him a lot of gold.

Unfortunately, the governor figures this all out and sends his best killers to stop Ogami. They get his attention by shooting about it. The governor decides to raise a small army and trap Ogami in a canyon. Good plan, and it would have worked, had he not tricked out the wooden cart his son rides in. You won't find stragglers like this at Wal-Mart, as it packs enough fire power to raze a village.

It all leads to a final showdown with the governor's last standing hire, who turns out to be the samurai from the beginning. A bloody battle ensues.

This is the best samurai film you're likely to see. In

Japan, they are most akin to our westerns, as they are often nostalgic and prone to moralizing. They also feature plenty of bloodshed, with each blade striking a major artery every time it's unsheathed.

The cinematography in this series is breathtaking and resembles the films of Sergio Leone. Expect lots of close-ups of sweaty faces and rolling eyeballs before there is a bit of violence to move the story along.

Long on style, but short on dialogue, which is just fine, as most of Ito's speeches sound suspiciously like crib notes from Philosophy 101.

Best line: "The way of the samurai is to find a way to live through death."  
1972, rated R.

## Rental Central

by TOM DOTY  
TIMES COLUMNIST

A good week for under-hyped releases included foreign monsters, unorthodox British super cops, and a man who becomes overly attached to a stuffed beaver.

"Troll Hunter" -- Norway continues to conquer popular cinema with this monster movie that features a modern take on those club-wielding beasts that hide out under bridges. This features some great special effects and lots of visible exhalates, as actors emote in freezing temperatures while running from the titular beast.

"Blitz" -- Jason Statham gets to bust out some acting moves in this gritty crime drama. Here he is cast as a racist London copper who loves him some Ed McBain books, as well as busting heads. When a sociopath begins a bloody rampage, he is assigned to the hunt alongside the squad's only homosexual detective and the "Odd Couple" hijinks begin. This is good pulp and it is adapted from Ken Bruen's crime novels, which are must reading.

"The Beaver" -- A disturbed man finds

that his only fiend is a beaver puppet in this oddball drama from Jodie Foster. She has never made safe choices when it comes to directing movies, and this effort bears that out. She accidentally mined some real-life drama when her star (the notorious Mel Gibson) had a celebrity meltdown. Gibson has always been an under-appreciated actor, but his work here reminds you that action movies were only his second calling.

"Prime Suspect: Series 1 and 2" -- The best female cop show since "Cagney and Lacey" lands on DVD at an affordable price, with this collection of the first cases for DCI Tennison. She is a weary detective who finally lands the top spot for a murder investigation, but her superiors get more than they bargained for when her relentless investigation reveals police corruption. This would have been a fine series, but Helen Mirren elevates it to superb with her unflinching portrayal of the toll it takes on a woman who rises to a top level in a male-dominated hierarchy.

Next week brings yet another "Fast and the Furious" and the odd "Norwegian Ninja."

## Only you can decide if reusable air filters are worth it

by TOM and RAY  
MAGLIOZZI

Dear Tom and Ray:  
I just found out that cars can use reusable air filters! But that's all I know about them, except that they're

more expensive and claim to be more efficient. Do they improve mileage? I love a sensible opportunity to be green, but I wonder if reusable filters work on cars. I use washable filters at home, but my home doesn't go driving along dusty forest roads! I'd appreciate your thoughts or speculative dialogue -- Tom

RAY: Speculative dialogue? Is that just a nice way of referring to our usual, unsubstantiated BS?

TOM: Actually, reusable air filters are environmental-

ly friendly, Tom. Instead of throwing out your air filter after 30,000 miles, tossing it in a landfill and buying a new one with its own, new set of packaging, you can install a reusable air filter, clean it yourself and use it again.

RAY: They do cost more than throw-away filters. But you can do the math. You figure out how often you normally change your air filter and how long you plan to keep your car, and see if

(See AIR, page 8)

## IMPORTANT INFORMATION FOR KENTUCKY MEDICAID PATIENTS

You may have been contacted by the State of Kentucky regarding the Medicaid managed care program that is set to go in effect on October 1, 2011. The state has started the process of assigning patients to one of three managed care organizations (MCO's) therefore creating the possibility that **you could be reassigned to a different physician or care provider.**

Highlands Regional Medical Center and 75 physicians in our region have formed a Physician-Hospital Organization (the Big Sandy Physician Hospital Organization) to ensure that your rights to keep your physician and access to local care are protected.

We want to alert you that:

- **You may be at risk of being assigned to a new primary care physician (possibly up to 40 miles away.)**
- **The state of Kentucky has confirmed that Medicaid patients may be switched without their knowledge.**
- **If you are concerned, you need to act immediately.**

Contact the Department for Medicaid Services:

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# Horoscopes

**ARIES** (March 21 to April 19) Mars, your ruling planet, helps you deal with career challenges in a way that reflects some of your own hidden strengths. This impresses some important decision-makers.

**TAURUS** (April 20 to May 20) Your strong Bovine will, combined with your romantic nature (you are ruled by Venus), helps turn a romance with a potential for problems into one with more-positive possibilities.

**GEMINI** (May 21 to June 20) Mercury's influence creates some unsettling moments, but nothing that you can't live with. You'll soon learn more about that major change that is about to be revealed.

**CANCER** (June 21 to July 22) Opportunities for you are like the phases of the Moon: constantly appearing and reappearing. So, cheer up. The opportunity you think you let slip by will be replaced by another.

**LEO** (July 23 to August 22) An opportunity that you hoped would open up for you remains closed. Stop wasting time scratching at it. Something else you'll like will soon make itself apparent and accessible.

**VIRGO** (August 23 to September 22) Congratulations. You'll soon hear some positive feedback for all the hard work you recently put into a project. A Pisces could soon swim into your personal life.

**LIBRA** (September 23 to October 22) Someone whose friendship you felt you had to write off will try to revive it. What you do is up to you. But don't do it without giving it consider-

able thought.  
**SCORPIO** (October 23 to November 21) A job-related plan might need to be reworked to allow for changes. Lucky for you that Saturn remains a strong influence that can help you focus on getting it done right.

**SAGITTARIUS** (November 22 to December 21) This is a good time to move into areas of self-discovery. You might be surprised about who you really are and how you really relate to those around you.

**CAPRICORN** (December 22 to January 19) Expect to confront someone who will make an unwelcome request. Stand by your resolve to do the right thing no matter what "persuasion" might be offered.

**AQUARIUS** (January 20 to February 18) A friendly competition could become more contentious than you expected. Take time out to discuss the reasons behind this unexpected change, and act accordingly.

**PISCES** (February 19 to March 20) You have a wonderful mind for solving mysteries, so you should feel confident about solving the one developing very close to you. An unlikely source offers help.

**BORN THIS WEEK:** You're a great host or hostess. You love being with people, and you're very good about planning all sorts of social events that bring folks together.

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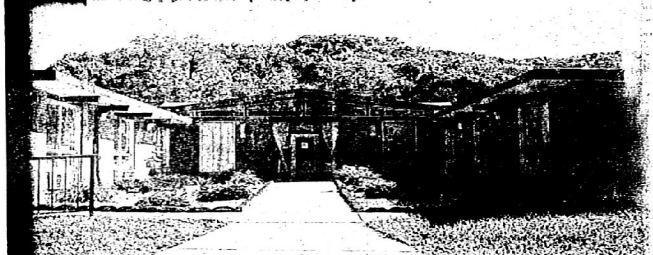
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## Strange but True

■ It was revered American comedian Bill Cosby who made the following sage observation: "Human beings are the only creatures that allow their children to come back home."

■ Here's a disturbing statistic for parents: If your child is like the average American youth, between the ages of 5 and 15 he or she will see approximately 13,500 people killed on television.

■ Most languages change dramatically over time. If we in modern America were to try to read "Beowulf" (which was written in Old English), for instance, only those who have spent time studying the language would be able to make out more than a word or two here and there. If you're from Iceland, however, this isn't the case; the written language there has remained virtually unchanged for more than 1,000 years. Modern Icelanders have no trouble reading sagas that were written in the 10th century.

■ Relative to body size, humans -- unsurprisingly -- have larger brains than any other animal. Of non-human animals, it's

the bottlenose dolphin that has the largest brain.

■ When Great Britain's current Queen Elizabeth -- then Princess Elizabeth -- wed Prince Philip, their wedding cake weighed a whopping 500 pounds.

■ As legend has it, in 1288, when Dusseldorf, Germany, was granted its city charter, children all over the city began turning cartwheels for joy. The cartwheel has been an enduring part of the culture there ever since, and in 1937 the city even inaugurated an annual international cartwheel championship.

■ Those who study such things claim that when you're playing Monopoly, you're likely to land on Illinois Avenue and the B&O Railroad more than on any other squares.

### Thought for the Day

"I always find it more difficult to say the things I mean than the things I don't." -- W. Somerset Maugham

## Laxatives have gotten an unfair reputation

by PAUL G. DONOHUE, M.D.

DEAR DR. DONOHUE: For the past two years, my husband has been trying to deal with constipation. We have tried everything -- lots of fruits and vegeta-

bles, prunes and fiber. He takes a spoonful of mineral oil daily. He is active and plays golf twice a week and walks 2 miles on the other mornings. A lifelong fear of becoming dependent on laxatives prevents him from taking any. We are at a loss

about what to do. Any suggestions you make are appreciated. -- J.H.

ANSWER: A lack of fluids, too little fiber and inactivity are the major causes of constipation. Laxatives used to be thought of as dangerous remedies, to be used sparingly if at all. People do not develop a "laxative habit," and their colons are not harmed by them. Your husband has done all he can without any results.

It is much healthier for him to strain to eliminate than it is to take a laxative. He can use whichever one he wants. MiraLAX is a reliable one. Mineral oil is not great idea. If the oil goes down the wrong way and enters the lungs, it can cause big trouble. Once the laxative has restored normal movements, your husband ought to stay on his high-fiber diet. Fiber doesn't always end constipation, but it does keep one regular.

Establishing a morning routine often works. Feeding a baby cat for a diaper change shortly thereafter. The brain sends a signal to

(See UNFAIR, page 7)

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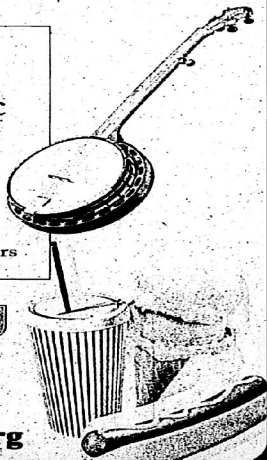


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**Unfair**

the infant's colon to empty. The same reflex works in adults, but we have dulled it deliberately. It can be restored by drinking a caffeinated beverage for breakfast and then taking a walk after eating.

Have your husband try this homemade remedy: Mix 2 cups of bran (obtained at a health-food store) with 2 cups of apple sauce and 1 cup of prune juice, sweetened or unsweetened. Refrigerate the mix. Your husband can take up to three tablespoons twice a day. He should start with a smaller dose.

The pamphlet on constipation and laxatives provides other ways to treat this common problem. Readers can order a copy by writing: Dr. Donohue, No. 504 W. Boy, 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. DONOHUE: Can a person have bursitis and arthritis at the same time?

My doctor diagnosed me with bursitis. Then I fell and crushed my kneecap. I had to have surgery for it. Af-

ter a while, the knee started giving me pain. The surgeon X-rayed it, and said I had developed arthritis.

My neighbor says you cannot have bursitis and arthritis at the same time. — S.L.

**ANSWER:** Your neighbor is wrong.

A bursa is a little sac outside of the joint. It lies between a tendon and a bone. It prevents irritation when the tendon rubs against the bone. Bursitis is an inflammation of a bursa.

Arthritis is something that happens within the

joint. Your trauma damaged the cartilages within the joint, and they have become frayed and slightly inflamed.

There is no law that says you can't have both bursitis and arthritis at

the same time.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or

request an order form of at P.O. Box 536475, Orlando, FL 32853-6475.

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**Air**

Continued from p4  
that many throw-away filters cost more than one reusable filter and its cleaning supplies.

**TOM:** There's a company called K&N that's been making these for several decades. The quality of their filtration is supposed to be quite good.

**RAY:** With K&N, you remove the filter, spray it with the special air-filter

cleaning solvent (by the way, we have no idea if THAT stuff is environmentally friendly, and I'm not sure I'd bet on it), then you rinse the filter with a garden hose. You let it dry, spray some special oil on it, which helps capture dirt, let it dry again and then pop it back in the car.

**TOM:** FRAM also has come out with a metallic filter, called SynWash, that's even easier to clean: You fill up a bottle with dishwashing liquid, clean it

off and pop it back in. And that's it. Unfortunately, we don't know how the FRAM compares with the K&N in terms of filtering ability.

**RAY:** There are some claims that these filters will increase your horsepower or gas mileage, but I'd take those with a large grain of filtered salt. Certainly, those aren't the main reasons to go this route. The main reason to get a reusable filter is so you can stop throwing away filters.

**TOM:** And so you have

one more excuse on Saturdays to avoid a trip to your mother-in-law's. Now you can say, "Sorry, hon, I have to wash the air filter this weekend."

**Slow Is best for speed bumps**

**Dear Tom and Ray:** I live in a gated community with lots of speed bumps to deter speeding. I am always amazed at the

ingenious techniques people use when they go over speed bumps. There is the one-wheel technique, the diagonal technique and, of course, the old-man (3 mph) technique. I prefer the straight-on-at-20-mph technique. Which way is best for your car? — Frank

**TOM:** Well, the straight-on-at-20-mph technique is best for US, Frank. We sell a lot of suspension parts that way.

**RAY:** But what's best for the car? No question about it: The old-man (3 mph) technique. In fact, we're going to rename that approach the "genius technique."

**TOM:** When you hit bumps hard, like you do, Frank, you jolt every part of the suspension system. It's like whacking every part in the car with a hammer. And even though cars are built to take a certain amount of punishment, the more they take and the harder they take it, the sooner their parts wear out.

**RAY:** And what happens to older cars that have taken more than their share of hard knocks like that? They tend to squeak and rattle and chatter their way down the road, dropping occasional parts along the way (see also: any of my brother's heaps).

**TOM:** Whereas using the "genius technique" and going over a bump like that at 3 mph does practically no damage. The springs and shocks compress gently and absorb the bump, and then they decompress.

**RAY:** And there's certainly nothing wrong with staying to the right and avoiding the speed bump with your right-side wheels, as long as you combine it with the "genius" 3 mph approach.

**TOM:** And as long as you don't drive too far to the right, jump the curb and run over someone's prized tulips.

**RAY:** The same is true for the diagonal approach. It can't hurt, as long as you're going very slowly.

**TOM:** And, besides, when you go 20 mph over speed bumps, you're defeating their whole purpose — to stop knuckleheads from driving too fast in a pedestrian-heavy area. They're slowing you down for a reason — so that kids and older folks and everyone else who walks or crosses the street is safer.

**RAY:** So, because of the damage you can do to your car, and to innocent pedestrians, we're renaming the straight-on-at-20-mph approach the "moron approach," Frank. So we'll leave it up to you to decide which technique you want to be associated with from now on.

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack in care of this newspaper, or e-mail them by visiting the Car Talk Web site at [www.cartalk.com](http://www.cartalk.com).



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\*Pictures may not represent actual product

## LOS ALTECAS

Lake Drive, Prestonsburg, KY  
**606-886-4949**

### Where Every Day Is A Fiesta!

Call Us "Loco" \* Group Special

4 Dinners from our "Special Dishes" menu, Fountain Drink, and your choice of Appetizer. **\$30 + Tax & Gratuity**

Additional Friends or Family Meal from "Special Dishes" with Fountain Drink **\$6.99 + Tax & Gratuity**

Offer Valid M-Sat 3p.m. til Close  
Expires 8/31/2011  
You must mention "Special In Paper" to Receive Discount

**Also Remember Sunday 30% Off Dinner per Person ALL DAY!**

The Times

CLASSIFIEDS work for you!

sell - buy - rent - hire - find

Over 18,000 Readers every issue!

The Times

5 Easy ways to place your ad:

Our hours: 8 a.m.-5 p.m.

- 1. Call: (606) 886-8506, Ryan Hall
2. Fax: (606) 886-3803
3. E-mail: classifieds@floydcountytimes.com
4. Stop by: 263 S. Central Avenue, Prestonburg
5. Mail: P.O. 390, Prestonburg, KY 41653

DEADLINES:
Wednesday's Paper @ Mon., 4 p.m.
Friday's Paper @ Wed., 4 p.m.

Visa - MC - Discover
Check

The Best Way To Write An Ad:

- Begin with a key word (item for sale, etc.)
• Use descriptive words to identify your items
• State your price or terms
• Include a phone number and/or e-mail address

NAME
ADDRESS:
PHONE #:

Write your ad here:

(approximately 18 letters per line)

CREDIT CARD:

Our CLASSIFIEDS Will WORK For You!!!

Legals

NOTICE OF PUBLIC SALE

On September 2, 2011 at 11:00 A.M. or thereabout, a 2003 STERLING TRUCK...
#2FZNNX2B4YAA46894, 1988 INTERNATIONAL TRUCK#...

ANNOUNCEMENTS

Wanted
HONEST MAN SEEKING HORN-EST MATURE LADY FOR RELATIONSHIP...

Other Services
DIRECTV
Limited Time Offer! Access over 120 Channels for only \$29.99 per month...

DISH NETWORK
It's Finally FREE!
Free installation with DVR in up to six rooms and...

VONAGE
No Annual contract!
Free Activation!
Only pay \$14.99/month for home phone service for the first 3 months...

ADT
Free Home Security System with \$99 installation and purchase of alarm monitoring services from ADT Security Services...

FINANCIAL

300 SERVICES

ANIMALS

AGRICULTURE

Farm Equipment

FOR SALE WHEEL HORSE LAWN MOWER NEW TECHNISEN HM1100 ASKING \$250.00 OBO CALL 886-9515 OR 791-8242

MERCHANDISE

Antiques

Unique Antiques for sale
By appointment only, no dealers please! Late 1800's Mantel Chair-complete set, 1848 covered wagon bath tub, Early 1900's Dist. Phy. bed, Many more items. Call 226-1735 ask for C.C.

Registered Nurse

Community Hospice, Inc., a leader in end-of-life care, is currently accepting applications for a full time Registered Nurse to work in the Paintsville office covering Martin, Johnson NO Lawrence counties. Applicants must possess excellent time management skills and have the ability to multi-task.

Community Hospice offers a competitive base salary and an excellent benefit package that includes 401K, health and life insurance, and a generous paid time off plan. Send resume to or apply at Community Hospice, 1538 Central Avenue, Ashland, Ky. 41101 or 869 US Hwy. 23N, Paintsville, KY 41240. Employment at Community Hospice, as well as Hospice Services, are available to all qualified individuals, regardless of race, color, age, sex, religion, national origin, disability or genetics. EOE.

\*\*\*JOB ANNOUNCEMENT\*\*\*

Weatherization Crew Laborers

Big Sandy Area Community Action Program is seeking crew Laborers for the Weatherization Assistance Program in Pike County. Duties include but are not limited to: performing energy saving functions to existing structures which includes air infiltration, duct repair, insulation, roofing, ceiling repair, wall and floor repair, window and door replacement, and heat system installation.

Two years of heating systems, carpentry and/or construction experience which includes a wide range of general skills and knowledge is required.

The successful candidates must possess the ability to lift/move heavy objects (up to 100lbs.), bend, stoop, crawl, climb, and perform work in various weather conditions. Candidates must have knowledge of occupational hazards, safety precautions, and be proficient in the proper use and care of power and hand tools. The positions will require a valid driver's license and frequent travel throughout Magoffin, Martin, Floyd, Pike, and Johnson Counties.

Qualified applicants may submit a resume and letter of application to Big Sandy Area Community Action Program ATTN: Human Resources Manager, 230 Court Street, Paintsville, KY 41240 or via e-mail to vmage@bsacap.org. Closing date for application is Friday, August 26, 2011. An equal opportunity employer.

Flag Markets

Auction Sat. 27th, 6:30 pm @ Watergap Flea Market, Prestonburg, KY 41653. Check us out @ davesauction.com or www.auctionzip.com for more information call Davy Branham @ 606-673-1205.

Furniture

Sold & lowest price for sale, great condition! Call 886-1878

RECREATIONAL VEHICLES

AUTOMOTIVE

Autos

FOR SALE 1992 FLARESIDE FORD F-150 XLT PACKAGE TOP OF THE LINE 4 WHEEL DRIVE RUNS PERFECT ASKING \$3,700.00 OR OBO. SERIOUS BUYERS ONLY. FOR MORE INFORMATION CALL 606-886-8242 OR 791-8242

Autos

FOR SALE VERY HARD TO FIND, ONLY MADE 2 YEARS, 1984 MER. BENZ SE 600,304 ENGINE, 2 DOOR, HARD TOP, ALL WINDOWS WORK, NO POSTS IN BETWEEN ASKING \$3,500.00. SERIOUS BUYERS ONLY. CALL 886-9515 OR 791-8242.



McDonald's of East Kentucky is accepting applications for a Marketing / Public Relations Coordinator. We are looking for someone with the ambition, experience and desire to join a multi-million dollar organization and help grow it to the next level. Send resume to:

MCDONALDS OF EAST KY
441 SECOND STREET
PAINTSVILLE, KY 41240

HIGHLANDS HEALTH SYSTEM

Notice to Bidders: The Paintsville Medical Office Building Condo Association a non-profit corporation which oversees the Management of Common Space located within the Paintsville Medical Office Building at 713 Broadway, Paintsville KY 41240 is now accepting bids and qualifications from qualified vendors for general monthly and annual accounting services. Bids for accounting services shall include pricing associated with providing monthly and annual accounting services including but not limited to the following: paying monthly invoices, monthly bank reconciliations, quarterly collections of Condo Association fees based on expenses, monthly reporting to Board of Directors and annual tax preparation and filings. Bid information and requirements can be requested by emailing Neil Parsons at HYPERLINK mailto:nparsons@hmc.org nparsons@hmc.org or by contacting him at 606-886-7747. Paintsville Medical Office Building Condo Association reserves the right to accept, reject and/or modify any and all bids, to waive irregularities therein, and to make the award in any manner deemed to be in the best interest of the Condo Association.

Bids and qualifications can be mailed to Paintsville Medical Office Building Condo Association at P.O. Box 787, Prestonburg, KY 41653 to the attention of Neil Parsons or dropped off to Neil Parsons located at Highlands Regional Medical Center at 5000 KY Rt. 321, Prestonburg KY. The deadline to have bids and qualifications submitted is September 02, 2011 at 4:00 PM.

PREMIER ELKHORN COAL COMPANY, Myra, (Pike County), KY, a subsidiary of TECO COAL CORPORATION is now accepting applications for the following position:

SUR MECHANIC with a minimum of 5 yrs. Experience repairing heavy equipment at a surface coal mine site. KY Experienced Surface Miner Certification and CDL required.

Applications will be accepted at:
Kentucky Department for Employment Services
138 College Street
Pikeville, KY. 41501

Premier Elkhorn Coal Company is an Equal Opportunity Employer

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J & L Electrical Contracting
Residential & Commercial Electrical Services
Home Improvements and Repairs
40 ft. Bucket Truck and Bobcat for Hire
LICENSED and INSURED
Free Estimates • Reliable
Call JOHN LEWIS, today
PH: (606) 886-2785
Pager: (606) 482-0229

Roger Honeycutt Builders
Home Remodeling, Decks, Storage Buildings, Under-Pinning, Carpets, Interior/Exterior Painting, Pole Barns, Roofing, Small Concrete Jobs.
606-886-0633 or 606-259-3457

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Drive-thru Available
Located across from Minnie Ballpark
Kristy Moore/Valerie Akers
(606) 377-2117
FREE DELIVERY

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We do it right the first time!
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• Concrete/Foundations, Excavation
• Siding, Roofing, Remodeling
• Rock Hoisting, Toppers, Sods, Mulch
For Estimates and Inquiries Ask Mike
Jeremy Watson • 606-338-8556



Dollar General values a positive, friendly attitude. In fact, our rapidly growing company has become the nation's largest small-format retail discounter by improving lives through service. We also serve our employees by offering competitive compensation and advancement potential. We have opportunities available in the Prestonsburg, Allen, Salyersville and Stanville, KY markets.

Please Join Us At Our Hiring Event:
Thursday, September 1, from 10 am to 3 pm
Frito-Lay, Inc., 8532 Key Route 1428, Allen, KY 41601

We are hiring for the following:
• Store Managers • Store Managers in Training
• Assistant Store Managers • Sales Associates

Dollar General truly cares about our customers, our employees, our communities, and our world. Please apply in person at our Hiring Event. Learn more online at www.dollargeneral.com/careers

DOLLAR GENERAL
DC careers
SERVE. EXCEL. SUCCEED
Serving others is our mission. Make it yours.

**Autos**  
**HICKS AUTO SALES**  
**DAVID ROAD**  
 "Good Titles"  
 2002 Dodge Dakota 4x4  
 2006 grand prix 79,000 miles  
 01 jeep cherokee  
 2001 olds aurora  
 2002 chevy latino z71 loaded  
 94 pontiac bonnevillo  
 98 dodge ram 4x4 quad cab  
 2000 Buick Lesabre Limited  
 146,000 miles  
 1995 GMC sierra 4wd extra cab  
 1998 z2 s10  
 1991 Ford F-150 130,000 miles  
 \$2,200  
 1999 Ford Explorer  
 "Rebuilt Titles"  
 1999 Ford Taurus \$ 2,900  
 2003 ranger supercab  
 1995 Flighton Chevy van  
 \$2,695  
 2002 Sunfire 4 door Auto  
 \$3,300  
 2004 jeep wrangler automatic  
 with a/c  
**CALL 606-284-242**

**REAL ESTATE SALES**

**For Sale By Owner**

**REDUCED!!!!**  
**HOUSE AND LAND**  
**FOR SALE LOCATED**  
**AT PRICE, RT. 122,**  
**ASKING \$25,000.00. 1**  
**1/4- ACRE OF LAND.**  
**NO LAND CON-**  
**TRACTS. CALL**  
**606-889-0010 OR**  
**606-263-4268.**

**Houses For Sale**

House for Sale by Owner 167  
 Lakewood Village. Call  
 606-785-1230

**Houses For Sale**  
 3br/1bath home for sale  
 home for sale in "Lancaster" Pres-  
 tonsburg, on end of street (Hill-  
 side Dr). Newly updated/remod-  
 eled, clean & move in ready. Fea-  
 can wood laminate thru house/ce-  
 ceramic tile and new bathroom. Up-  
 dated windows, door, etc.  
 2000 in back porch. Must  
 sell fast! call for information  
 225-0963

3br/2ba house for sale located in  
 prestonsburg city limits, small one  
 bedroom apartment on the prop-  
 erty. 7/10 of an acre more or less.  
 248,000. Price negotiable. Call  
 (606)886-6762

**600 ANIMALS**  
 Property for sale. Located in Cow  
 Creek. Call 674-9715.  
 Commercial property for sale. 11  
 1/2 Acres next to Prestonsburg  
 shopping center and McDonald's.  
 Utilities on property. Call Sam  
 606-789-1230

**REAL ESTATE RENTALS**

**Apartment/Townhouses**  
 Nice 3 bedroom house for rent lo-  
 cated in Garret contact J&A  
 Rentals at 355-9469

**Apartment/Townhouses**  
 2 bedroom home. Suitable for  
 working people. All furnished. No  
 drugs. No pets. Nice and clean. 1  
 bedroom small trailer for rent.  
 Near Prestonsburg, J.W. Lake.  
 Out of state workers welcome.  
 Call 606-205-0215 or  
 606-886-3941.

**Houses For Rent**  
 2bd Mobile Home for rent in Pre-  
 stonsburg. Call 606-949-6413 or  
 606-731-6740.

**Houses For Rent**  
 2bd mobile home on private lot  
 suitable for one or two occupants.  
 No Pets No HUD. 450 per month  
 900 deposit. Water, trash pickup,  
 lawn care included. Call  
 606-339-5979

**Apartment/Townhouses**  
 Nice 3 BR MH near Allen Ky  
 262,000. electric. Accepts HUD  
 Security deposit and references  
 required. No pets. 606-874-2802

**Houses For Rent**  
**FOR RENT 9**  
**ROOMS, 4 BR'S,**  
**\$900.00 A**  
**MONTH,\$900.00**  
**DEPOSIT PLUS**  
**UTILITIES, NO**  
**PETS, NO HUD.**  
**CALL 606-424-1150**  
**OR 606-792-7689.**

**THE CITY OF PRESTONS-**  
**BURG HAS PROPERTY FOR**  
**LEASE, PLEASE CONTACT**  
**JERRY FANNIN, AT**  
**(606)886-2336 FOR INFOR-**  
**MATION.**

**MANUFACTURED HOUSING**  
**Rentals**  
 2 BR TRAILER ON RT. 321  
 BETWEEN HIGHLANDS RE-  
 GIONAL AND DAVIS MAR-  
 KET. \$400.00 PER MONTH.  
 \$300.00 DEPOSIT. REFER-  
 ENCES REQUIRED. SEN-  
 IORS WELCOME. CALL  
 606-789-5973.

**Sales**  
 1982 TRAILER FOR SALE. 2 BR,  
 1 BATH, KITCHEN IN-  
 CLUDES LOVE SEAT, CHAIR &  
 STOICRICAL POLE & NEW  
 WINDOWS, TRIM, HEAT PUMP  
 AND OTHER DECORATION  
 ITEMS. SOME WORK NEEDED.  
 ASKING \$3,000 BUT WILL NE-  
 GOTIATE. CALL 606-634-0598  
 FOR MORE DETAILS.

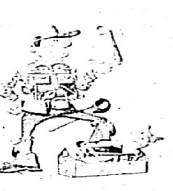
**RESORT PROPERTY**  
**EMPLOYMENT**  
**Help Wanted- General**  
**WELDING POSITIONS**  
**AVAILABLE**  
**EXCELLENT PAY**  
**DRUG SCREEN RE-**  
**QUIRED**  
**CALL MON.-FRI. 8**  
**FOR AN APPOINTMENT**  
**(606) 285-9358**

**Drivers Needed Professional**  
 Transportation, Inc. is seeking lo-  
 cal drivers for 7-passenger  
 mini-vans in the Martin, KY area.  
 Drug screen, driving record and  
 criminal background check re-  
 quired. 1-800-471-2440 www.pro-  
 fessionaltransportationinc.com  
 EOE

**Help Wanted- General**  
 Drivers needed- Class A CDL  
 apply in person @ H. T. Hack-  
 ney Co. Harold, Ky. Pre Em-  
 ployment Drug Test required.  
 Please bring drivers license &  
 Social Security card when you  
 come to apply.  
 J and J auto repair and wrecker  
 service looking for a mechanic.  
 Experience preferred. Serious in-  
 quiry only 606-674-0467

**HELP WANTED**

**The University of Pikeville**  
**Police Department is seeking**  
**applicants for 2 Full-Time**  
**positions and 1 Part-Time**  
**position as a Patrol Officer, Level 1.**  
 Applicant must be available evenings, nights, and  
 weekends and must be over 21 years of age. High  
 school diploma or equivalent is required. Criminal  
 background check and driver's license must be clear.  
 Two years of experience is preferred, but not re-  
 quired. Applicant must be qualified to be licensed as  
 an Special Local Police Officer (SLPO) by the  
 Commonwealth of Kentucky. Applicants must pos-  
 sess excellent communication skills (verbal and writ-  
 ten), interpersonal skills, and basic knowledge of  
 computers.  
 Applications will be accepted until Friday, Sep-  
 tember 9th, 2011. Applicants will be required to pass  
 a written examination and will be notified of exam-  
 ination schedule.  
 Applicants must complete University of Pikeville  
 Employment Application and submit by e-mail to  
 hr@upike.edu or mail to University of Pikeville,  
 Human Resources Department, 147 Sycamore  
 Street, Pikeville, KY 41501.  
 Complete job description may be found at  
 http://www.pc.edu/businessaffairs/hr/jobs.aspx.



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 • Concrete/Foundations, Excavation  
 • Siding, Roofing, Remodeling  
 • Rock Hauling, Topsoil, Sand, Mulch  
 Free Estimates and References Available  
 Jeremy Watson • 606-356-4656

**PHYSICAL THERAPIST**  
 St. Joseph - Martin has an opening for full-time Physical Therapist. Candi-  
 date must be a graduate of an accredited Physical Therapy Program. Posi-  
 tion requires State Physical Therapist licensure. Basic Life Support is pre-  
 ferred. Essential functions include, but are not limited to, perform evaluation  
 and treatment of movement disorders in accordance with physician orders;  
 Treats all patients, visitors and staff with courtesy; Complies with Federal and  
 State regulations, professional guidelines and code of ethics for the profes-  
 sional of Physical Therapy and provision of physical therapy services. Must  
 demonstrate a synthesis of knowledge related to anatomy, physiology and  
 pathology for effective evaluation and treatment of movement disorders;  
 Sound clinical judgment relating to the provision of physical therapy services.  
 Two years of experience is preferred. Generous salary and benefits com-  
 mensurate with experience. Applications are accepted online at HYPER-  
 LINK  
 "http://www.saintjosephmartin.org" www.saintjosephmartin.org. For questions  
 or additional information, please call Debi Bentley, Human Resources Re-  
 cruitor, Saint Joseph Health System at (606) 285-6420.  
 Catholic Health Initiatives and its organizations are Equal Opportunity Em-  
 ployers

**HIGHLANDS REGIONAL**  
 The Medical Center of Eastern Kentucky  
**Come Grow With Us!!**  
 Highlands, a growing premier healthcare facility  
 in Prestonsburg, Ky is currently recruiting for  
**OBSTETRICS**  
**FT- Registered Nurses**  
**with OB experience**  
 Highlands Regional Medical Center has openings in the Obstetrics department for experienced  
 full-time Registered Nurses. OB nurses must assume primary role for signed patients, and is re-  
 sponsible for their total needs. Assesses, plans, and implements care. Has working knowledge  
 of fetal heart monitor, and interpretations, sterile testing, aseptic techniques, surgical proce-  
 dures, resuscitation of the adult and newborn, anesthesia techniques, and emergency care of the  
 labor and delivery patient. Participates in initiating and providing care to the Postpartum pa-  
 tient and her family. Assumes responsibility for total needs and initiates plan of care.  
 Graduate of accredited nursing program and currently licensed in the state of Kentucky. Must  
 have successfully completed HRMC's RN staff nurse orientation program. Within one (1) year of  
 employment, the employee will be: BCLS, NRP certified and ACLS certified recommended.  
 Must be able to do heavy lifting, stand and walk for long periods.  
 • Nine (9) Paid Holidays  
 • Retirement Plan  
 • Medical/Dental Insurance  
 • Life Insurance  
 Interested applicants may apply to the  
 Human Resources Department  
 Highlands Regional Medical Center  
 5000 Kentucky Route 321  
 Prestonsburg KY 41853  
 (606) 886-7534  
 Fax (606) 886-7534  
 E-mail: tclark@hrmc.org

**\*\*\*JOB ANNOUNCEMENT\*\*\***  
**Intake Workers**  
**Temporary Positions**  
 Big Sandy Area Community Action Program is seeking Intake  
 Workers for the LIHEAP Program. These are temporary positions  
 beginning in November 2011 and continuing for approximately 5  
 months. Duties will include but are not limited to intake of client  
 information, answering telephones, scheduling appointments, and  
 working with a wide range of agencies.  
 Must have high school or equivalent education with computer and  
 clerical skills.  
 The successful candidate must have the ability to communicate and  
 work with a wide range of people and organizations. Candidates  
 should be proficient in data entry and retrieval of client information.  
**Qualified applicants may submit an application or resume to**  
**Big Sandy Area Community Action Program, Inc.**  
**ATTN: Human Resources Manager, 230 Court Street,**  
**Paintsville, KY 41240. Closing date for applications is Friday**  
**September 9, 2011 at 4:30 p.m.**  
**An equal opportunity employer.**

**NOW HIRING**  
**Redhawk Mining, LLC has immediate**  
**Underground openings in Printer, KY**  
**of Floyd County**  
 > 3+ years experience  
 > All underground positions available  
 > Rates of Pay - \$24.00-and up  
 All full-time positions include an excellent  
 competitive benefit package with  
**Insurance Premiums 100% paid by the company:**  
 • Health Insurance • 401(k) with Employer Matching  
 • Dental Insurance • Paid Vacations  
 • Vision Insurance • Safety Bonuses  
 • Life Insurance  
 Send resume by:  
 Email - hmnresdept@yahoo.com  
 Fax - (606) 285-0807