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NOV 17 2010

Wednesday, November 17, 2010

The Times

FLOYD COUNTY, KY

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PIKEVILLE

Pike woman killed in house fire

by JARRID DEATON
FEATURES WRITER

PIKEVILLE — An elderly Pike County woman is dead after a house fire in Mossy Bottom on Friday.

According to information provided by the Kentucky State Police, the residence of James and Sammie Hamilton was fully engulfed upon the arrival of the Coal Run Fire Department. James Hamilton, 79, was able to get out of the home safely and was transported to Pikeville Medical Center with minor injuries. After the fire was extinguished to the point where it was safe for firefighters to enter, the body of Sammie Hamilton, 78, was located inside the residence.

According to police, the preliminary investigation indicates that the fire was accidental.

The incident is still under investigation by KSP Det. Jason Merlo, who was assisted at the scene by KSP Fire Investigator James Burnett.

Joe involved in hospital merger

by JARRID DEATON
FEATURES WRITER

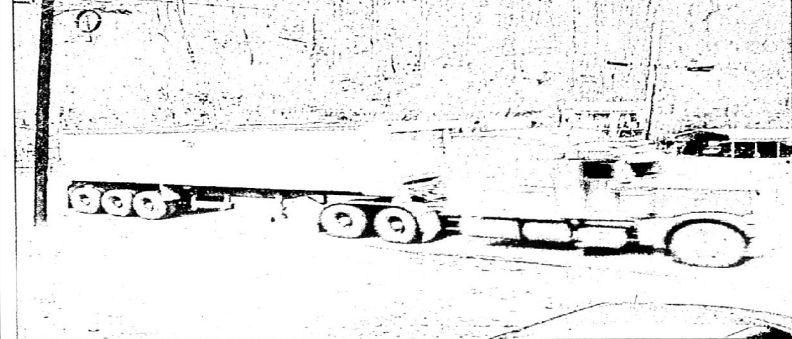
MARTIN — Saint Joseph Hospital in Martin will soon be part of a larger network, after the signing of a letter of intent between

Jewish Hospital and St. Mary's Healthcare, Catholic Health initiatives and its Kentucky-based operation, Saint Joseph Health System and the University of Louisville Hospital/James Graham Brown Cancer Center to merge into a

statewide health services organization. "Since our June announcement acknowledging our discussions, we have explored how we can transform health care delivery within the Commonwealth," said LouAnn

Atlas, chair of Jewish Hospital and St. Mary's Healthcare Board. When the merger is complete, the new entity is expected to have statewide geographic reach and
(See MERGER, page 6)

RUNNING WIDE OPEN



One of several coal trucks hauling from Hunter Bridge Road speeds past Everett Nichols' home Monday. Nichols says the trucks are often without tarps, such as this one, resulting in coal dust making its way into his home along Route 122 at Printer.

Coal trucks often running in violation of tarp requirement

by SHELDON COMPTON
STAFF WRITER

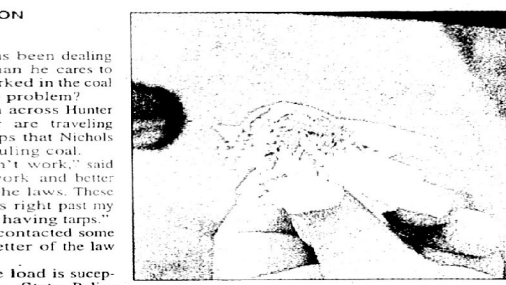
PRINTER — Everett Nichols has been dealing with coal dust for more months than he cares to remember. And though he once worked in the coal mines, he doesn't now. So why the problem?

Coal trucks bringing loads from across Hunter Bridge near his home in Printer are traveling numerous routes a day without tarps that Nichols says go against written laws for hauling coal.

"I'm not saying people shouldn't work," said Nichols. "I want to see people work and better themselves, but they should obey the laws. These trucks are making all kinds of trips right past my house and breaking the law by not having tarps."

The state police, who Nichols contacted some months ago, agree, as far as the letter of the law goes.

"Trucks have to be tarped if the load is susceptible to spillage," said Kentucky State Police Commercial Enforcement Officer Lucas Salyer.



Nichols wipes a napkin across the inside of his car door to show the level of coal dust that makes its way into both his car and home.

(See DUST, page 6)

Woman killed in wreck with deer

by SHELDON COMPTON
STAFF WRITER

HAROLD — A Floyd County woman died following an accident that took place along Route 680 at Harold Saturday morning.

Ardith Harper, 59, of Harold, was killed when a deer that had been struck by another oncoming vehicle along Route 680 crashed through the windshield of the vehicle she was a passenger in.

According to reports from state police, at about 9:30 a.m. they received a

(See WRECK, page 6)

Christmas parade set for Dec. 4

by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — Plans have been made for Prestonsburg's third-annual Christmas parade and this year the key change will be in the route the parade takes, said organizer Brent Graden, the city's economic director.

"We had the request come in asking if we could take the parade up Court Street this year and we've arranged to do that," said Graden. "Last year it stopped

(See PARADE, page 7)

2 DAY FORECAST

Today
Partly cloudy
High: 54 • Low: 36

Tomorrow
Chance of rain
High: 52 • Low: 34

For up-to-the-minute forecasts, see floydcountytimes.com

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The Floyd County Times is printed on 100 percent USA recycled

Collins headlines women's conference

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG — Women Across the Commonwealth are Coming to Lunch, an event designed to inspire area women, was held at the Wilkinson-Stumbo Convention Center in Prestonsburg on Tuesday, and Martha Layne Collins, the first female governor of Kentucky, was the keynote speaker at the event.

"We wanted to showcase other women and have them share their success stories to hopefully moti-

vate and inspire local women," said Mandy Stumbo, director of the Floyd County Chamber of Commerce. "They're really getting the message out."

Collins spoke to the crowd about her time as governor and how women with families can still strive for success.

"The only restrictions women have are the ones we put on ourselves," Collins said.

Other speakers at the event

(See CONFERENCE, page 7)



Martha Layne Collins, the first female governor in Kentucky history, was the keynote speaker at the Women Across the Commonwealth are Coming to Lunch event held at the Wilkinson-Stumbo Convention Center in Prestonsburg on Tuesday.

photo by Jarrid Deaton

Where Friends Meet Friends
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Early Morning Breakfast Special
6 a.m. - 11 a.m., Monday-Friday
(No Substitutions) Limited Time Only

- (1) 2 Eggs, Bacon or Sausage 3.99
Biscuits or Toast served w/Jelly
- (2) 2 Pancakes, Bacon or Sausage 3.99
served w/butter and syrup
- (3) Country Gravy and Biscuits 2.99
2 Buttermilk Biscuits and Gravy
- (4) Oatmeal & Toast 2.99
Fresh cooked Oatmeal (good for heart) served w/Toast & Jelly

Additional Items—\$1.49 each
(1) Hash Browns
(2) Orange Juice or Tomato Juice
(3) Country Gravy
(4) Fried Apples



Obituaries

Donald Gene Blair

Donald Gene Blair, 58, of Prestonsburg, died Friday, November 12, 2010, at Kings Daughters Medical Center.

Born February 29, 1952, in Baltimore, Maryland, he was the son of Mack and Vossie Anderson Blair.

He is survived by his wife, Teresa Cable Blair.

Other survivors include one daughter, Alyssa Cable of Shepherdstown, West Virginia; two brothers: Roger Blair and David Blair, both of Pikeville; five sisters: Judy Thacker of Prestonsburg, Diana Hopkins of Ivel, J. J. Tackett and Maryetta Tackett, both of Harlow and Betty Damron of Regina;

one halfsister, Elizabeth Hoster of Michigan and several nieces, nephews, great nieces and nephews, family and friends.

He was preceded in death by one brother, Jimmy Blair; two sisters: Lois Thacker and Martha Blair.

Funeral services were held Monday, November 15, at 11 a.m., at the Nelson-Frazier Funeral Home, in Martin, with Charles Webb and Johnny King officiating.

Burial was in the Taylor Cemetery, in Pikeville. Visitation was after 6 p.m., Saturday, November 13, at the funeral home.

Nelson-Frazier Funeral Home, in Martin, was in charge of arrangements.

(Paid obituary)

Elva Hall

Elva Hall, 62, of Harold, died Monday, November 15, 2010, at her residence.

Born August 8, 1948, in Floyd County, she was the daughter of the late Butler and Nannie Tackett Howell. She was a homemaker and a member of the Zion Old Regular Baptist Church, in Grethel.

She is survived by her husband, Corbit Hall.

Other survivors include five sons: Ricky Hall, Ronnie Hall, Kevin (Sharon) Hall and Corbit (Marcia) Hall, Jr., all of Harold and Gary (Andrea) Hall of Grethel; two daughters: Melvina (Craig) Walters of Prestonsburg and Melina Hall of Louisville; three sisters: Evelene Akers of Galveston, Irene Kiser and Ruby Keathley, both of Teaberry; eight grandchildren: Alessia, Ad, Kylie Alexis, Drew, Selina, P.J., and Calvin; and 10 great-grandchildren.

In addition to her parents, she was preceded in death two sons: Douglas Hall and Donnie Hall; four brothers: Albie Howell, Charlie Howell, Hatler Howell and Foster Howell; and five sisters: Mary Newsome, Octavia Adkins, Elsa Hall, Maxie Howell and Draxie Howell.

Funeral services will be held Thursday, November 18, at 1 p.m., at the Nelson-Frazier Funeral Home, in Martin, with Johnny Hamilton and others officiating.

Burial will be in the Dewey Roberts Cemetery, in Grethel.

Visitation is Tuesday, November 16, after 6 p.m., at the funeral home.

Nelson-Frazier Funeral Home, in Martin, is in charge of arrangements.

(Paid obituary)

JoAnn N. Hall

JoAnn N. Hall, 37, of Drift, died Saturday, November 13, 2010, at her residence.

Born June 5, 1973, in Cook County, Illinois, she was the daughter of John Henry and Rose Ann Fugate Noble of Clayhole. She was a homemaker.

She is survived by her husband, Timothy Hall.

Other survivors include two daughters: MaryBeth

Hall and Michelle Ann Hall, both of Drift; a brother, Jonathan Noble of Clayhole; a sister, Andrea Sue Miller of Bonnyman; and several family and friends.

Funeral services will be held Friday, November 19, at 2 p.m., at Drift Pentecostal Church, in Drift.

Burial will be in the Frazier Family Cemetery, in Price.

Visitation is Tuesday, after 6 p.m., and Wednesday, at Drift Pentecostal Church and Thursday, at Caney Midnight Church on Caney Fork Road in Jackson.

Nelson-Frazier Funeral Home, in Martin, is in charge of arrangements.

(Paid obituary)

Arnold Moore

Arnold Moore, age 92, of Auxier, husband of the late Ruth Bradley Moore, passed away Thursday, November 11, 2010, at the Hazard Appalachian Regional Hospital, in Hazard.

He was born July 4, 1918, in Garrett, the son of the late Harry Lee Moore and Ida Moore. He was a retired accountant for U. S. Steel, a 1954 Graduate of Bowling Green College, and a World War II Army Veteran.

Survivors include a daughter, Susan Regina Ousley and her husband, Roy of Hazel Green; a sister, Mandy Pratt of Garrett, and a granddaughter, Amanda Jo Bush and her husband, Brandon of Hazard and six great-grandchildren.

He was preceded in death by his wife, parents; and two brothers: Artus Moore and Beverage Moore, and three sisters: Hildred Martin, Anis Lawson, and Sarah Turner.

Funeral services for Arnold Moore, were conducted, 1:00 p.m., Sunday, November 14, at the Hall Funeral Home, in Martin, with Regular Baptist ministers officiating.

Burial was in the Davidson Memorial Gardens, in Ivel, with the Hall Funeral Home, in Martin, caring for those arrangements.

Visitation was after 6:00 p.m., Friday, at Hall

Funeral Home.

Funeral services: Ellis Howard, Matt Castle, Dan Moore, Ben Moore, Roy Ousley, and Brandon Bush.

(Paid obituary)

Glenn Pack

Glenn Pack, age 84, of Milford, Ohio, formerly of McDowell, husband of Ruby Jane Turner Pack, passed away Sunday, November 14, 2010, at Mercy Hospital Anderson, in Cincinnati, Ohio.

He was born June 18, 1926, at Drift, the son of the late John Pack and Jane Kidd Pack. He was a retired miner, a U.S. Army World War II veteran and a member of the Old Beaver Regular Baptist Church for 56 years. He joined the church in 1954, became an Elder in 1963, and served as a clerk and assistant clerk of the New Salem Association for 31 years.

In addition to his wife, he is survived by seven sons: John Thomas Pack of McDowell, Stanley Gordon (Jane) Pack of Georgetown, Ohio, Glenn Stephen (Vicki) Pack of Prestonsburg, Gary Douglas (Julie) Pack of Lexington, Alan Brian (Beth) Pack of Burlington, Mark Randall (Laurie) Pack of Georgetown, Ohio, Kevin Edward (Jennifer) Pack of Mt. Sterling; one daughter, Ashley Michelle Marshall of Lexington; two brothers: Russell Pack of Drift, Albert Pack of Georgetown, Ohio; three sisters: Irene Pack and Barbara Pack both of Drift, Emma Wallace of Sarasota, Florida, and nineteen grandchildren.

In addition to his parents, he was preceded in death by one daughter, Glenda Sharon Pack; two brothers: Raymond Pack and Billy Ray Pack, and two sisters: Clista Taylor and Juanita Parsons.

Funeral services for Glenn Pack will be conducted Wednesday, November 17, at 1:00 p.m., at the Old Beaver Regular Baptist Church, in Minnie, with the Regular Baptist ministers officiating.

Burial will follow in the Lucy Hall Cemetery, in McDowell, with the Hall Funeral Home, in Martin, caring for those arrangements.

Funeral services for Glenn Pack will be conducted Wednesday, November 17, at 1:00 p.m., at the Old Beaver Regular Baptist Church, in Minnie, with the Regular Baptist ministers officiating.

Burial will follow in the Lucy Hall Cemetery, in McDowell, with the Hall Funeral Home, in Martin, caring for those arrangements.

Visitation is after 5:00 p.m., Tuesday, at Hall Funeral Home. (Paid obituary)

Kirk Shepherd

Kirk Shepherd, 93, of Knoxville, Tennessee, formerly of Hueysville, died Thursday, November 11, 2010, in Knoxville, Tennessee.

Born May 28, 1917, in Saltlick, he was the son of the late Tilden and Effie Coburn Shepherd. He was a disabled farmer and World War II Army veteran.

He was preceded in death by his wife, Della Howard Shepherd.

Survivors include two daughters: Buelah Leitch of Willisburg and Kirstina (Ricky) Strohschein of Knoxville, Tennessee; four sisters: Lola Sexton of Kendallville, Indiana, Luna Martin of Muskogee, Oklahoma, Fonda Salyers of Morehead and Margie Bailey of Atwood, Ohio; one grandson, Robert Eric Leitch of St. Cloud, Florida.

In addition to his parents and wife, he was preceded in death by his brothers: Bert Shepherd, Tilden Shepherd Jr., Luke Shepherd and Luke Shepherd; his sisters: Shirley Stevens, Goldie Conley, Diana Bailey, June Kopp and Dana Neeley; maternal grandparents: Woots and Sarah Conley Coburn; paternal grandparents: Andrew Jackson and Margaret Howard Shepherd.

Funeral services were held Sunday, November 14, at 11 a.m., at Living Word Pentecostal Church, in Gunlock, with military honors performed by Magoffin County, DAV and Allen Central Jr. ROTC.

Burial was in the Martha Handshoe Cemetery, in Gunlock.

Visitation was Saturday, November 13, at 4 p.m., at the funeral home and after 10 a.m., Sunday, at the church.

Nelson-Frazier Funeral Home, in Martin, was in charge of arrangements.

(Paid obituary)

Police step up patrols for holiday

by SHELDON COMPTON
STAFF WRITER

The Kentucky Office of Highway Safety (KOHS) is reminding travelers that during the Thanksgiving holiday state and local law enforcement will be "out in force" from Nov. 15 to Nov. 28.

"No one wants to start off the holidays with a ticket," said Transportation Cabinet Secretary Mike Hancock. "Save your money for turkey and buying presents for loved ones. Don't throw it away simply because you failed to buckle up."

While seat belt use is at a record high of 84 percent nationwide, Kentucky lags behind with an 80 percent usage rate, highway safety

officials say. Statistics for 2009 indicate 398 (61.3 percent) of the 649 people who were killed in motor vehicles last year in Kentucky were not wearing a seat belt.

"Sadly, the holidays, which for many are the happiest time of the year, is also one of the deadliest and most tragic," said KOHS Executive Director Chuck Geveden. "Clearly this is an indication that people are just not aware of the huge risk taken by not buckling up."

Across the state last year, there were 1,120 crashes over the Thanksgiving holiday, resulting in 330 injuries and seven fatalities. Of those fatalities, it was found that five were not wearing seat belts.

Grant to fund elk kiosk at JWSRP

by JARRID DEATON
FEATURES WRITER

A list of Kentucky projects selected to receive grants from the Rocky Mountain Elk Foundation (RMEF) includes a proposed kiosk at Jenny Wiley State Resort Park that will provide information about elk to visitors.

The entire RMEF funding totals \$43,250 for the Kentucky projects.

The largest project funded by the foundation is a habitat research project that will use radio tracking devices on 16-20 bull elk in Martin County.

"These grants are possible because of the successful banquets and fundraisers staged over the past year by our Kentucky volunteers, most of whom are elk hunters as well as devoted conservationists," said David Allen, RMEF president and CEO. "Since 1984, our annual grants have helped complete 69 different projects in Kentucky with a combined value of more than \$6.3 million."

The grants also include a statewide effort to conduct a literature review and publish a document including all

existing research on wildlife responses to reclaimed surface mines in the eastern U.S. and Texas. Document will serve as a reference for regulators and wildlife managers, provide scholarships for needy youths who would like to attend the Kentucky Conservation Camp, a program to engage students in outdoor recreation and conservation.

The RMEF was also heavily involved in the state's elk restoration efforts.

According to information provided by the RMEF, the new elk research project, to be conserved or enhanced habitat on over 5.8 million acres. RMEF also works to open, secure and improve public access for hunting, fishing and other recreation.

The RMEF is leading an elk country initiative that has conserved or enhanced habitat on over 5.8 million acres. RMEF also works to open, secure and improve public access for hunting, fishing and other recreation.

Card of Thanks

The family of Billie Earleen May Patton would like to sincerely say, "Thank you," to all of our wonderful friends and neighbors who helped to comfort us during this difficult time. Those who sent flowers, food, or came by to share our loss. A special thanks to Clergyman Roy Harlow for his comforting message, the Sheriff's Department for their assistance in traffic control, and the Hall Funeral Home for their kind and professional service. We will always remember all the love and kindness that was shown to our family.

THE FAMILY OF BILLIE EARLEEN MAY PATTON

BIG SANDY COLLEGE EDUCATIONAL FOUNDATION, INC. RESOLUTION IN HONOR OF DR. GEORGE D. EDWARDS OCTOBER 19, 2010

WHEREAS, Dr. George D. Edwards has served Big Sandy Community and Technical College as its President and CEO for 10 years, and,

WHEREAS, Dr. George D. Edwards devoted himself fully to the advancement of Big Sandy Community and Technical College, its Foundation and the community, and is untiring in his devotion to the faculty, staff and students,

WHEREAS, the Board of Directors of the Big Sandy College Educational Foundation, Inc. would like to honor Dr. Edwards as a loyal friend of the college and community, whose 10th anniversary is recognized by the membership of the Board in the form of a \$10,000 Scholarship Endowment in his name, and,

NOW, THEREFORE, BE IT RESOLVED, that the Board of Directors of Big Sandy College Educational Foundation, Inc., pays tribute to Dr. George D. Edwards by the enactment of this Resolution to commemorate his extraordinary service and wish him many more years as President of Big Sandy Community and Technical College.

BE IT FURTHER RESOLVED BY THE BOARD OF DIRECTORS, that this Resolution be spread upon the permanent records of Big Sandy College Educational Foundation, Inc., and that a copy thereof be delivered to Dr. Edwards with deepest gratitude, and that it be published in the local newspaper.

This resolution unanimously approved by Big Sandy College Educational Foundation, Inc.

Julie Paxton
Julie Paxton, Chairman

Jean M. Dorton
Jean M. Dorton, Executive Director
October 19, 2010
Date

Early Times 19⁹⁹/1/2-gal. Pall Mall 28⁹⁹ tax
J & J Liquors
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SUBSTITUTION GENERAL 5% WARNING: 0.5% alc/vol. contains carbon monoxide

Hundreds of People Cash In at the Prestonsburg Roadshow Yesterday!

By Jason DeLong
Treasure Hunters Roadshow
STAFF WRITER

Gold and Silver pour into yesterdays Roadshow due to highest prices in 40 years.

Yesterday at the Comfort Suites, hundreds lined up to cash antiques, collectibles, gold and jewelry in at the Roadshow. The free event is in Prestonsburg all week buying gold, silver antiques and collectibles. One visitor I spoke with yesterday

"It is unbelievable, I brought in some old coins that had been in a little cigar box for years and some old herringbone necklaces and in less than fifteen minutes I left with a check for \$712.37."

said "It's unbelievable, I brought in some old coins that had been in a little cigar box for years and some old herringbone necklaces and in less than fifteen minutes I left with a check for \$712.37. That stuff has been in my jewelry box and dresser for at least 20 years." Another gentlemen brought an old Fender guitar his father bought years ago. "Dad had less than fifty bucks in that guitar." The Roadshow expert that assisted him, made a few phone calls and a Veterinarian in Seattle, Washington bought the guitar for \$5700.00. The seller continued, "I got another \$150.00 for a broken necklace and an old class ring, it's not everyday someone brings six thousand



Above - A couple waits with anticipation while Roadshow expert examines their antiques and gold items. The Roadshow is at the Comfort Suites this week.

dollars to town with your name on it." Jeff Parsons, President of the Treasure Hunters Roadshow commented, "Lots of people have items that they know are valuable but just don't know where to sell them. Old toys, trains, swords, guitars, pocket watches or just about anything

old is valuable to collectors. These collectors are willing to pay big money for those items they are looking for." This week's Roadshow is the place to get connected with those collectors. The process is free and anyone can bring items down to the event. If the Roadshow experts find items their

collectors are interested in, offers will be made to purchase those items. About 80% of the guests that attend the show end up selling one or more items at the event. Antiques and collectibles are not the only items the Roadshow is buying. "Gold and silver markets

are soaring," says Archie Davis, a Roadshow representative. "Broken jewelry and gold or silver coins add up very quickly. I just finished working with a gentleman that had an old class ring, two bracelets, and handful of silver dollars.... his check was for over

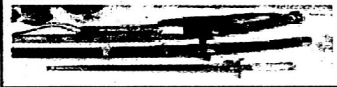
"If you go to the Roadshow, you can cash-in your items for top dollar. Roadshow representatives will be available to assess and purchase your items at the Comfort Suites through Friday in Prestonsburg."

\$650.00. I would say that there were well over 100 people in here yesterday that sold their scrap gold!"

One gentleman holding his check for over \$1250.00 in the lobby of the event yesterday had this comment, "I am so happy I decided to come to the Roadshow. I saw the newspaper ad for the event and brought in an old German sword I brought back from World War II and some old coins and here is my check. What a great thing for our community. I am heading home now to see what else I have they might be interested in."

The Roadshow continues today starting at 9am. The event is free and no appointment is needed.

Collectors desire vintage military items, items from both U.S. and foreign origins from the Civil War, World War I, World War II, Spanish-American War, Revolutionary War and Calvary times have great value. Items such as swords, daggers, medals, hardware bayonets, etc.



All sports memorabilia is in high demand including: Pre 1970's baseball cards, autographed baseballs, footballs & basketballs, jerseys, signed photos, etc.



Roadshow Coin and gold expert Paul Diehratt examines a large presentation of coins, gold and collectibles.



Here is how it works:

- Gather items of interest from your attic, garage, basement, etc
- There is no limit to the amount of items you can bring
- No appointment necessary
- If interested in selling, we will consult our collector's database to see if a buyer exists. 90% of all items have offers in our database
- The offer is made on the spot on behalf of our collectors making the offer
- If you decide to accept the offer, we will pay you on the spot and ship the item to the collector. The collector pays all shipping and handling charges
- You get 100% of the offer with no hidden fees.

The entire process only takes a few minutes

The Treasure Hunter's Roadshow event continues through Friday in Prestonsburg.

www.treasurehuntersroadshow.com

The Roadshow is featured this week
November 15th - 19th
Monday - Thursday: 9AM - 6PM and Friday: 9AM - 4PM
FREE ADMISSION

Comfort Suites
51 Hal Rogers Blvd., Prestonsburg, KY 41653

Cash in with the power of the International Collectors Association. Treasure Hunters Roadshow represents over 5000 members worldwide who are paying TOP DOLLAR the following types of items.

• **COINS** - Any and all coins made before 1964. This includes all silver and gold coins, dollars, half dollars, quarters, dimes, nickels and pennies. All conditions wanted!

• **GOLD & SILVER** - PRICES AT 40 YEAR HIGH! for platinum, gold and silver during this event. Broken jewelry, dental gold, old coins, pocket watches, Kruggerands, Gold bars Canadian Maple Leafs, etc.

• **JEWELRY** - Gold, Silver, Platinum, diamonds, rubies, sapphires and all types of stones, metals, etc. Rings, bracelets, necklaces, all others including broken jewelry. Early costume jewelry wanted.

• **WATCHES & POCKET WATCHES** - Rolex, Tiffany, Hublot, Omega, Chopard, Cartier, Philippe, Ebel, Waltham, Swatch, Chopard, Elgin, Bunn Special, Railroad, Illinois, Hamilton, all others.

• **TOYS, TRAINS & DOLLS** - All types of toys made before 1965 including: Hot Wheels, Tonka, Buddy L, Smith Miller, Nylint, Robots, battery toys, Mickey Mouse, train sets, all gauges, accessories, individual cars, Marklin, American Flyer, Lionel, Hafner, all other trains, Barbie Dolls, GI Joe, Shirley Temple, Characters, German, all makers accepted.

• **MILITARY ITEMS, SWORDS** - Civil War, Revolutionary War, WWI, WWII, etc. Items of interest include swords, badges, clothes, photos, medals, knives, gear, letters. The older the swords, the better. All types wanted.

• **ADVERTISING ITEMS** - Metal and Porcelain signs, gas companies, beer and liquor makers, automobile, implements, etc.



Silver and Gold Coin Prices Up During Poor Economy.

Collectors and Enthusiasts in Prestonsburg with \$200,000 to Purchase Yours!
Got Coin? It might be just the time to cash in. This week starting Monday and continuing through Friday, the International Collectors Association in conjunction with Treasure Hunters Roadshow will be purchasing all types of silver and gold coins direct from the public. All are welcome and the event is free.

Top Five Items To Bring

- Gold Jewelry
- Silver Coins
- Gold Coins
- Pocket Watches
- Sterling Silver

We represent many of the world's top numismatic coin collectors

We have been directly involved in millions of dollars worth of rare cash and coin sales over the past 15 years.

Our private collectors are seeking all types of rare coins and currency.

We have the resources available to pay you top prices for all types of rare coins or entire collections. We can arrange a private discreet meeting with you at your bank or in one of our private suites. Whether you are ready to sell your life long collection or you are settling an estate we are at your service. We are professional, honest and discreet.

From a single item to complete collections, the most sought after types of coins are:
• Any coins dated prior to 1920, especially those dated 1700's
• High Grade Early Coins
• Graded Coins
• Proof Coins
• Gold Coins with C, D, O and CC mint marks
• Rare Dates
• Complete Coin Type sets
• Rare Paper Currency



WE BUY 10¢ & 12¢ COMIC BOOKS!



GREAT PRICES PAID FOR: 1950'S & 1960'S Era Electric and Acoustic GUITARS

- Dobro
- Fender
- Gibson
- Martin
- Gretsch
- Rickenbacker
- National
- And others

Viewpoint

Amendment 1
Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Worth Repeating ...

Wisdom too often never comes, and so one ought not to reject it merely because it comes late

— Felix Frankfurter

Our View Continuing to give

Retirement is popularly, and probably a bit idealistically, conceived as a time to rest from a lifetime of work, a time when those who have given much throughout their lives have earned the right to finally rest.

Not for the members of the Jenny Wiley chapter of the AARP. Apparently, they see their golden years as a prime opportunity to continue to give back to their community.

And that's exactly what they did a couple of weeks ago, when they held a food drive at the Prestonsburg Food City. And this time, through a combination of their efforts and the generosity of a great many people of all ages, a great many people who might otherwise go hungry will now have full plates at the table.

This year's fifth annual food drive set a new record, generating over 1,500 lbs. of food that was sent to God's Pantry and which will remain in Floyd County to feed Floyd Countians.

That is a remarkable testament to the goodness that exists in our region, and it would not have been possible without the initiative shown by the Jenny Wiley chapter.

— The Floyd County Times

A GRAPHIC ON CIGARETTE PACKS THAT WILL TOTALLY DISCOURAGE KIDS FROM 100,000 USE:



Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times. In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be

no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

The Times

Published Wednesday and Friday each week

263 SOUTH CENTRAL AVENUE
PRESTONSBURG, KENTUCKY 41653
Phone: (606) 886-8506
Fax: (606) 886-3603
www.floydcountytimes.com

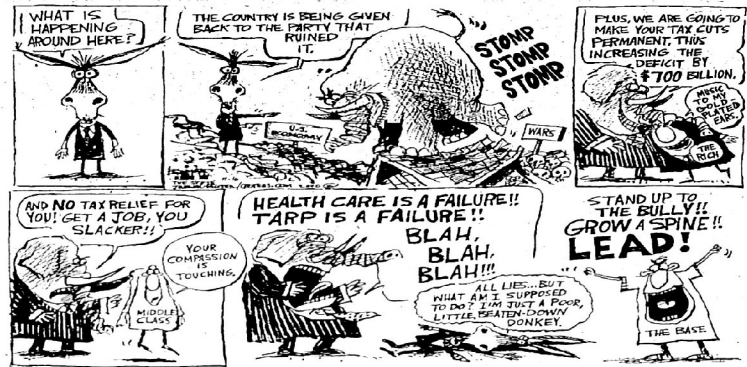
USPS 202-700
Entered as second class matter, June 18, 1927, at the post office at Prestonsburg, Kentucky, under the act of March 3, 1879.
Periodicals postage paid at Prestonsburg, Ky.

SUBSCRIPTION RATES PER YEAR:
In Floyd County: \$59.00
Outside Floyd County: \$125.00

Postmaster: Send change of address to:
The Floyd County Times
P.O. Box 390
Prestonsburg, Kentucky 41653

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MANAGING EDITOR: Ralph B. Davis
jbyers@heartlandpublications.com
web@floydcountytimes.com

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advertising@floydcountytimes.com



Guest Column

A legislative perspective

by REP. GREG STUMBO
SPEAKER OF THE HOUSE

It's still early, but Kentucky's economy is starting to show some solid signs of recovery.

Late last month, for example, the state's Education and Workforce Development Cabinet reported that September's unemployment rates were down in 95 of our 120 counties when compared to September 2009.

The Cabinet for Economic Development, meanwhile, says that, from the start of the year through September, dozens of companies in the Commonwealth had announced more than \$1.13 billion in expansions that are projected to generate 6,600 jobs.

During a recent meeting of the General Assembly's Appropriations and Revenue Committee, state budget officials told my colleagues that the job market appears to have hit rock bottom early this year but is expected to see steady gains during the next two years. It will still take some time, though, before we reach the decade's high point of 1.87 million jobs, which came in early 2008.

A recent survey of Kentucky manufacturers found that over half said they plan to hire as

many as 19 new employees in the coming year, a definite improvement from last year's survey. There is also a greater focus on environment awareness; nearly 70 percent said they were training their workforce to do more with less in an effort to conserve energy and resources.

Budget officials say our diverse manufacturing base is one of the key reasons why Kentucky has fared better than many other states during the toughest economy since the Great Depression. They cited a relatively stable housing market and robust coal prices as two others.

There is another factor also worth noting: our positive business climate. The non-partisan Tax Foundation just ranked us 19th best among the states in business taxes, while the General Assembly's 2009 overhaul of our tax incentives has led to more than 200 companies receiving at least preliminary approval in little more than a year.

Gains in education need to be factored in as well. A just-released study of the 2008 class of high school seniors found that two-thirds went on to college, while significantly fewer needed remedial help than those seniors who graduated in 2002.

Earlier this summer, the Education and Workforce Development Cabinet gave us a clearer picture of what kind of job market we can expect in the

long run here in Kentucky. Between 2008 and 2018, it forecasts us picking up nearly 149,000 jobs, which is more than we saw from 1998 to 2008.

Healthcare-related jobs are expected to see the greatest growth, in part because of our aging population. We can expect the trend toward service-related jobs to continue, plus the growing need for postsecondary training.

As the job market moves forward, the state's budget is seeing positive signs of life as well. During the Appropriations and Revenue Committee meeting, budget officials said state revenues have grown during the last six months, after 15 months of decline. So far at least, we are on target to complete the fiscal year with a little left over. Even better news can be found in our road fund, which has grown significantly this year after nearly two years of decline.

In their report on the first three months of the current fiscal year, state budget officials were optimistic but cautious. They said the state's budget should be seen as being "right on course" rather than being "significantly ahead of schedule."

Still, after what we have dealt with economically, this is far better news than we have heard in quite some time. Hopefully, we will be able to build on those gains even further in the months ahead.

House week in review

by REP. HUBERT COLLINS

Well, the latest election season is over, thank goodness. Too bad that there had to be so much mischaracterization of the new federal health care law before the poll curtains closed.

The most accurate pro- and con-arguments about the new law that I've read in recent days was located on the opinion page of the Nov. 8 USA Today. The pro stance was penned by the newspaper, while the arguments against the law penned by Rep. Dave Camp, R-Mich—the sponsor of the Republican alternative to the law and likely heir to the chairmanship of the House Ways and Means Committee under the new Republican-controlled House. Both arguments had something ranging from a kernel to an entire ear of truth in them, depending on your political views and other beliefs.

I agree with those who support most components of the new law that it will help more Americans about 10 times as many as the leading alternative bill. The article in USA Today reports that the non-partisan Congressional Budget Office

(CBO) expects at least 30 million more Americans to be helped by the new law while the alternative measure is only expected to cover an additional 3 million people.

With one in every six Americans living without health insurance, it seems a no-brainer to me that our nation needs to go ahead with basic reform and make improvements as we move forward.

On the flip side, I agree with a statement in the editorial by Rep. Camp (who sponsored the alternative measure) that the law has influenced some insurance companies to drop certain types of coverage. The media has been flooded recently with stories of major insurers cutting off coverage for pre-existing conditions (such as asthma) under child-only policies. Some companies have since been ordered to continue selling the policies, but the issue remains in flux nationally.

It also seems logical to support Rep. Camp's stance that any improvement to the law should give more attention to the tort reform and help put an end to what Camp called "junk lawsuits." The law's lack of substantial tort reform has been troublesome to the law's supporters and detractors alike, since malpractice lawsuits cost our nation's health care system

billions of dollars each year.

That said, I think what matters most on this issue is what the people of American want. If most people want the law repealed, then it should be. And if most people favor the law provisions, perhaps those provisions should be given time to work. One of the best ways to find out what the people want is through scientific polls, and at least one of the Bloomberg National Poll conducted Oct. 7-10 says most Americans want to keep major provisions of the very law that a majority of Americans also say they want to repeal.

Talk about mischaracterization. The Bloomberg poll indicates that large to marginal majorities of Americans favor the following provisions in the new law:

- 78 percent of Americans favor requiring states to set up special plans so people with serious health problems are insured.
- 75 percent favor prohibiting insurers from denying coverage based on preexisting conditions.
- 73 percent want to improve Medicare's prescription drug benefit.
- 67 percent want children

(See COLLINS, page 5)

South Floyd, Sheldon Clark students visit BSCTC



Sheldon Clark sophomores



South Floyd seniors

by DAPHNE KIRK GOBLE

PAINTSVILLE — The Mayo and Hager Hill Campuses of Big Sandy Community and Technical College hosted students from Sheldon Clark High School and South Floyd High School on Nov. 10.

Students toured a variety of technical programs and gained useful insight from Amanda Catron, BSCTC admission advisor and BSCTC Disability Services Coordinator, Janie Beverley.

A total of 15 sophomores, juniors and seniors attended from SCHS and 21 seniors participated from SFHS.

Program tours included Auto Body, CADD, Cosmetology, Disability

Support Services Electricity, HVAC, ITV, Library, Nursing, Respiratory Care, Visual Communications, and Welding. Students conversed with Big Sandy students, staff and faculty and received information about the degrees and programs offered at BSCTC.

For more information about the availability of campus tours contact Amanda Catron at (606) 789-5321, ext. 82837 or email acatron0006@kctcs.edu.

Additional information about the many academic and technical programs offered at BSCTC is available by visiting <http://www.bigsandy.kctcs.edu/> or by calling (606) 886-3863.

Nine in first class at Kentucky Entrepreneur Hall of Fame

LEXINGTON — Nine notable Kentucky entrepreneurs will be recognized as the inaugural class of inductees for the Kentucky Entrepreneur Hall of Fame on Nov. 17 in downtown Lexington. Ceremonies will be held at the headquarters of Awesome, Inc., located at 348 East Main St. in downtown Lexington. The event kicks off with networking at 6 p.m., with the program set to begin at 6:30 which will be streamed live on the Internet at www.Livestream.com/LeXenomics.

Al Smith, former Host of KET's Comment on Kentucky, will talk about some of the hall of fame inductees that made major contributions to the Commonwealth. Curt Jones, Dippin' Dots Founder and Chairman changed the way the world enjoys ice cream and he will speak about the importance of entrepreneurship in Kentucky.

The 2010 Inaugural Class includes: John Y. Brown Jr., KFC; Pearse Lyons, Alltech; the late William T. Young, W.T. Young Storage, & Overbrook Farm; Warren Rosenthal, Jerrico - Long John Silver's/Jerry's Restaurant; John Schnatter, Papa John's; Jim Host, Host Communications and Printing; the late Ralph G. Anderson, Belcan; Davis Marksbury, Extream Software and University of Kentucky President Lee Todd, Projectron, Inc. and DataBeam Corp. The web site for the Hall of Fame is <http://entrepreneurhof.org>.

Inductees were selected based on a variety of attributes including revenue and profit growth, entrepreneur activity or visibility, innovativeness of product or service offered, contributions to community-oriented projects and society, creating jobs, and contributions to their industry.

"I am humbled to be recognized alongside some of the heavyweights of Kentucky's business world," said UK President Lee-Todd. "I thank all of the sponsors for this honor, and I applaud them for creating the Kentucky Entrepreneur Hall of Fame. We need more Kentuckians to realize that they can create their own jobs right here in Kentucky, and I hope this hall of fame will help spark curiosity and imagination in people across the Commonwealth."

"We are excited about this historic event," says Bobby Clark, President of Kentucky Student Ventures, Corp, a Lexington-based non-profit promoting the development of high school and college students starting their own business. "Entrepreneurship is the key to Kentucky being successful in the global economy."

The Kentucky Entrepreneur Hall of Fame is sponsored by Awesome, Inc.; Kentucky Student Ventures Corporation; Kentucky Science & Technology Corporation

and the Kentucky Small Business Development Center/KyBiz.info.com.

In addition, another major sponsor is the Kauffman Foundation's Global Entrepreneurship Week 2010, which is being celebrated this week in 100 countries, with 40,000 events and an expected 10 million people participating in this global movement unleashing new ideas. <http://www.unlcashingideas.org/>

John Y. Brown Jr., Kentucky Fried Chicken Governor John Y. Brown, Jr. and a group of investors purchased Kentucky Fried Chicken from its founder, Colonel Harland Sanders, for \$2 million in 1964. Brown grew Kentucky Fried Chicken from 600 to 3,500 franchises. Harvard Business School recognized Governor Brown was one of 100 selected for their business leadership that helped shape the ways that people live, work, and interact.

Pearse Lyons, Alltech Dr. Pearse Lyons is founder and president of Alltech, a company that employs over 1,900 people in 91

countries. Lyons founded Alltech in 1980, and today the company is a leading animal health company with group sales approaching \$400 million. Congratulations to Pearse Lyons on his Hall of Fame Induction!

William T. Young, W.T. Young Storage, Inc & Overbrook Farm

In 1946, William T. Young founded W.T. Young Foods, Inc which created Big Top Peanut Butter. In 1955, he sold it to Procter & Gamble and it is now known by the name Jif. In 1957, he founded W.T. Young Storage, Inc. And in 1972, he established Overbrook Farm. He was a prominent owner and breeder of thoroughbreds including Kentucky Derby and Breeders' Cup winners, such as Storm Cat. Young was an active community leader and donated more than \$60 million to various causes including the William T. Young Library at the University of Kentucky.

Warren Rosenthal, Jerrico, Long John Silver's / Jerry's Restaurant

Warren W. Rosenthal joined Jerrico, Inc. in 1948 when it consisted of two hamburger stands and a sandwich shop. In 1957 he became CEO and launched a program to franchise Jerry's Restaurants that

later grew to over 1,350 Long John Silver's restaurants in 37 states and five foreign countries, as well as 78 full service Jerry's Restaurants. Rosenthal was instrumental in establishing a school of hotel and restaurant management at Pennsylvania University and holds various awards and honors both regionally and nationally.

John Schnatter, Papa John's International, Inc

In 1983, at the age of 22, John Schnatter started delivering pizzas out of the tavern his father co-owned. He felt by using fresh ingredients, his pizzas would develop a committed customer base. Today, Papa John's International, Inc has more than 3,100 restaurants in all 50 states and 29 countries. In 1996, Schnatter and his company earned the praise of residents in their hometown of Louisville, Kentucky, by helping fund a new 42,000-seat football stadium on the University of Louisville campus. He has also made several donations to help boost the Louisville area as well as national charity involvements.

(See HALL, page 6)

Collins

age 26 and under to be eligible for coverage on their parents' policies

■ 60 percent favor creating insurance exchanges to cover around 30 million uninsured Americans

■ 54 percent want to do away with lifetime caps on insurance coverage

Two other interesting results of the Oct. poll were that 45 percent of respondents agreed with the new law's requirement for everyone to have health insurance, and 31 percent agreed with the law that the government should tax companies that provide extremely generous benefits. Pretty striking percentages, given the hysteria surrounding so-called "Obamacare" over the past year and a half.

The bottom line is that there is room for improvement in all things. Government, business, per-

sonal relationships—they all require constant fine-tuning and even correction. We have annual legislative sessions in our state for that very reason. That is also why we have a full-time Congress.

By encouraging our new Congress to work together for us, we can improve a pretty good health care reform law that most of us seem to like already. That sounds better than starting another decade without anything on the books to help assure tens of millions of people nationwide who need coverage today.

Have a great week, and I'll talk to you again soon.

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- Install energy efficient light bulbs such as compact fluorescent bulbs (or CFLs)
- Properly insulate your home, windows and water heater
- Unplug cell phone chargers and other recharging devices when not in use



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Dust

"That means anything over the bed of the truck that could come out over the bed."

So how do officers apply this law? Salyer said the general idea is to keep a watch on the lip of the truck bed.

"Our unwritten rule is that if we can see the coal above the bed, then it's in violation," Salyer said.

But Nichols said Monday afternoon he has contacted numerous offices

and agencies, as well as local officials, in hopes of seeing the truckers cover their haul properly and keep the dust at bay.

Monday afternoon he wiped 'coal dust from the inside of his car with a napkin. He said it's something he has to do frequently, and inside the house is the same. As for the sides of his home, which rests just feet from Route 122 where the coal is being hauled,

Nichols said he has wash it down three times more often than most owners to keep the coal dust off.

"In the summer it's worse," he said. "You can see the dust blowing off. That dust comes in through the heating and cooling unit. I've called everybody I can think of, even state mine inspectors."

Nichols said the mine inspector offered a pretty grim observation when he

last talked with him. "It's said that they could write them up, but that the company would just absorb 'em and go on," said Nichols.

"I told him to do his job. It's just not right. I'm all for working, but this stuff is everywhere and these trucks need to be tarped."

Monday afternoon, in the span of about a half-hour, five or six trucks passed Nichols' home with only one tarped. With sev-

eral of these loads the coal could be seen above the bed of the truck.

Nichols pointed one out just as a vehicle enforcement cruiser passed it coming from the other direction. The officer waved from the driver's window. "They probably know me at this point," he said, laughing.

Salyer, who often works

Continued from p1
more in the Pike County area, said he couldn't be sure if there had been citations written at the Hunter Bridge location near Nichols' home but that records would reflect if that had been the case.

"In the next few days we can pull records and see if any activity has been in that area," said Salyer.

Merger

include a capital investment by Catholic Health Initiatives exceeding \$300 million throughout Kentucky.

There are also plans to expand the Academic Medical Center in Louisville to include the University of Louisville Hospital, James Graham Brown Cancer Center, Jewish Hospital and Frazier Rehab Institute, and to extend the research and teaching programs of the University of Louisville statewide.

"Through the creation of this integrated, comprehensive network, there will not be a health care need we cannot meet," said Gene Woods, CEO of Saint Joseph Health System. "Each of our organizations has unique areas of expertise and we will bring that high level of care to more than two million patients annually at more than 90 locations throughout the state, ranging from critical access hospitals to major tertiary facilities capable of transplant

procedures."

Continued from p1
According to information provided by the health care organizations, talks began in March of this year and the organizations have explored subjects that include equity, governance, the role of academic medicine in a new entity, similarities of purpose among the parties, and more. No specific deadline has been determined and merger process can take up to 12 months.

Hall

Jim Host

Host Communications and Printing

Starting from nothing in 1972, Jim Host built Host Communications into the preeminent college sports-marketing firm in the country. It was named one of the top five sports marketing companies in the world by Sports Business Journal in May 2000. On November 15, 2007, Host Communications, Inc. and the Collegiate Licensing Company were joined to form IMG College. Most recently, Jim Host has been the driving force as a volunteer chairman with the Louisville Arena Authority, Inc. Raising \$238 million for the KFC Yum! Center.

Ralph G Anderson

Belcan
In 1958, Ralph G. Anderson founded Belcan Corporation. In the early 1960's, Belcan obtained several major contracts to do the engineering work for all gas turbine engine firms in the country. Now, with annual sales of almost \$500 million and more than 7,500 employees worldwide, Belcan is one of the nation's largest engineering firms.

Davis Marksbury

Exstream Software
In 1998 Exstream Software was

Continued from p5
founded by Davis Marksbury and his partner Dan Kloubier, after selling their product StreamWeaver, the world's most commonly used print stream processing software solution to Broadvision. Exstream provides enterprise software solutions for more than 400 large enterprises around the world. Exstream was acquired by Hewlett Packard in 2008.

Lee Todd

Projection Inc, DataBeam Corp., and President, UK

UK President Lee Todd founded two high-technology firms, DataBeam and Projection. DataBeam developed and manufactured high-resolution teleconferencing systems in the early days of this technology, and was sold to IBM in 1998. Todd was promoted to senior vice president of IBM's Lotus Development corporation. In January of 2001, Lee Todd was appointed president of the University of Kentucky in a 19-0 vote by the board of trustees. Since first stepping into office, President Todd has overhauled the athletics department, set various goals and plans to becoming a top 20 research university, and signed a Kentucky sports marketing contract that is called one of the most lucrative deals in NCAA history.

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Center for Rural Development to host Business Showcase Services on Dec. 7

SOMERSET — As technology changes, businesses, schools, and organizations must be prepared to move forward and find ways to succeed in a fast-paced local, national, and global marketplace.

The Center for Rural Development, a state and national leader in technology based in Somerset, Ky., stands ready to help you leverage today's top technology to drive sales and increase productivity and profits, and will showcase its state-of-the-art business services and facility at a free Business Services

Showcase and Social Media Workshop on Tuesday, Dec. 7, from 11 a.m.-2:30 p.m. (EST), in its spacious South Exhibit Hall.

"The Center strives to serve as your business or organization's gateway to world-class communication and collaboration," Lonnie Lawson, president and CEO of The Center, said. "Through our business services, The Center can provide you unprecedented access and connectivity that can position you at the top of today's high-tech environment."

The Business Services

Showcase will include informational presentations and interactive demonstrations delivered by The Center's expert technology, training, and events staff at several stations all under one roof in a one-stop-shop style visitors can experience at their own pace.

The event will coincide with the Somerset-Pulaski County Chamber of Commerce monthly meeting at The Center, and guests are invited to arrive early to experience The Center's showcase prior to and following that meeting. Additionally, a free

Social Media Workshop, set to begin at 1:30 p.m., will be led by Wes Brown, a member of The Center's web development team. This workshop will highlight ways you can use today's top social media platforms - including Facebook, Twitter, YouTube, and Foursquare - to advance your business or organization's needs.

"The Center is very interested in helping to grow our economy and stimulate job growth," Larry Combs, director of business services for The Center, said. "We see this as a tremendous opportunity to bring information about current technologies to our business community."

Throughout the Business

Services Showcase, guests will have one-on-one access to The Center's professional staff and technology experts, and will be able to learn more about what The Center has to offer them in the way of advanced technology and services or in planning their next event.

The showcase will feature six stations on services such as website and graphic design, Web hosting, and Social Media; video production; Network Operations Center (NOC) data hosting and support; distance and online learning; workplace and jobseek-

er training and videoconferencing; and event space rental at The Center.

The event is open to the public and provided at no charge to the business community. Participants who visit all of the booth stations will be eligible to win a new Flip Video Camera courtesy of The Center as the grand door prize.

For more information on the "Business Services Showcase" and to RSVP, e-mail lrcombs@centertech.com or call The Center for Rural Development at 606-677-6000.



The doors of the Kentucky School of Craft in Hindman were opened to the public on Nov. 12 to see the work of day in the night, who teaches in the school. About 25 visitors enjoyed seeing the high-quality work produced as well as the wonderful facilities and equipment offered for learning. Those interested in the Kentucky School of Craft classes in wood, jewelry, or ceramics are encouraged to enroll in classes for the spring semester. For more information, call Steve Jones at 487-3082.

Parade

at the fountain where we have the tree."

This year the parade will continue past the fountain and make its way up Court Street, taking a left onto Front Street and circle back around to the parking lot near the fountain.

Once there, Graden and

others will light the tree.

The Santa mailbox will be in place again, located also at the fountain just across from the Floyd County Justice Center. Kids will be encouraged to drop letters to Santa.

"In the next couple of days there's going to be a

dropoff mailbox, so if they drop a letter off, they may just get a letter back," Graden said.

The parade is set for Dec. 4 beginning at 7 p.m. and, in addition to the tree lighting and an appearance from Santa, there will also be a live nativity scene.

Conference

Continued from p1

included Meredith Lane, with Milestone Realty and The Lane Report, Judge Sara Combs, Beth Mullins, with Mary Kay Cosmetics, state Rep. Leslie Combs, Miss Kentucky Djuan Trent, Trish Cieslak, The Perfect Stetting and Judi Patton and Laura Kretzer, with Judi's Place for Kids.

The event, sponsored by Big Sandy Community and Technical College and Saint Joseph-Martin, began with registration at 9 a.m. and ended with door prizes at 1:45 p.m.

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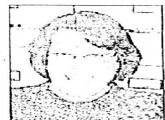
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Heather J. Nelson
County Extension Agent for
4-H Youth Development

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Theresa M. Scott
County Extension Agent for
Family & Consumer Sciences

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Keith Hackworth
County Extension Agent for
Agriculture & Natural Resources

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B1
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FLOYD COUNTY Sports

Wednesday, November 17, 2010

Dear Season
• B2

Gray helps lead host Union past Alice Lloyd

TIMES STAFF REPORT

BARBOURVILLE — Host Union College used a strong second half to propel itself to an 104-76 victory over visiting Alice Lloyd College in the Union College Classic Saturday as five Lady Bulldogs scored in double figures.

The Lady Bulldogs (4-1 overall) had an excellent shooting night as they made

50.8 percent (32 of 63 shots) from the field, 51.9 percent (14 of 27) of their 3-pointers and 83.9 percent (26 of 31) from the foul line. Conversely, Alice Lloyd hit just 29-of-64 shots (45.3 percent) from the floor and went 12-for-22 (54.5 percent) from the charity stripe.

Wendi Messer led all scorers with 21 points. Former Ms. Basketball Rebecca Gray knocked in 14 points in only 14

minutes of action for the Lady Bulldogs.

Union also got 13 points from Kara Pile as well as 11 from Courtney Thomas and 10 from Amber Taylor.

Up 55-45 at the half, the Lady Bulldogs accounted for 26 of the first 34 points of the period to open up an 81-54 cushion with 10:03 to play. Union led by as much as 32 points en route to the 104-76

decision.

Nicole Lutes came off the bench to lead Alice Lloyd (1-3 overall) with 17 points, while Ariel Nickell chipped in 13. Chelsea Jarell added 11 points for the Lady Eagles.

The Lady Bulldogs won the battle on the boards, outrebounding the Lady Eagles 40-35. Messer and Pile led Union with six rebounds each.



Alice Lloyd's Sarah Burchell defended against Union's Kara Pile on Saturday.

UC men outlast Eagles, 109-100

TIMES STAFF REPORT

BARBOURVILLE — Union College's Turrell Morris scored a game-high 31 points to lead the Bulldogs to a 109-100 victory over Alice Lloyd College in the final game of the 2010 Union College Classic on Saturday evening at Robison Arena.

With the win, the Bulldogs improved to 2-3 on the season while Alice Lloyd fell to 2-3 with the loss.

In the first half, Union jumped out to a six point lead at the 12 minute mark (21-15) after Turrell Morris (Columbus, Ohio) jumper. Alice Lloyd, however, knotted the game up at 27 all with 10 minutes left in the period. For the next seven minutes, both teams traded baskets, as Union held a 40-44 lead with two minutes left.

At this point, Union started to pull away, opening up a 16 point lead in the game's final minute (63-47) after going on a 14-3 run. Alice Lloyd knocked down a free throw before the end of the half, to make it 63-48, in favor of the Bulldogs going into intermission.

In the second half, Union continued to roll, opening up a 75-52 lead with 15:16 left after a Cody Miller (Barbourville) lay-in. This lead was too large of a deficit for Alice Lloyd to comeback from, although the Eagles did cut the Union lead down to five (103-98) with 1:32 left. Union, however, iced the game at the free throw line to earn their second straight victory.

Morris scored his 31 points on an impressive 11-for-15 shooting performance from the field. Morris also pulled 14 rebounds to record his second double-double in as many games.

Other top scorers on the night for the Bulldogs included Ian Davis, who scored 23 points on 5-for-9 shooting and a 12-for-14 performance from the free throw line. Miller rounded out the Union double-digit scorers on the night with 16 on 7-for-11 shooting.

William Jones led Alice Lloyd with 27 points.

UK-UT game time set for Nov. 27

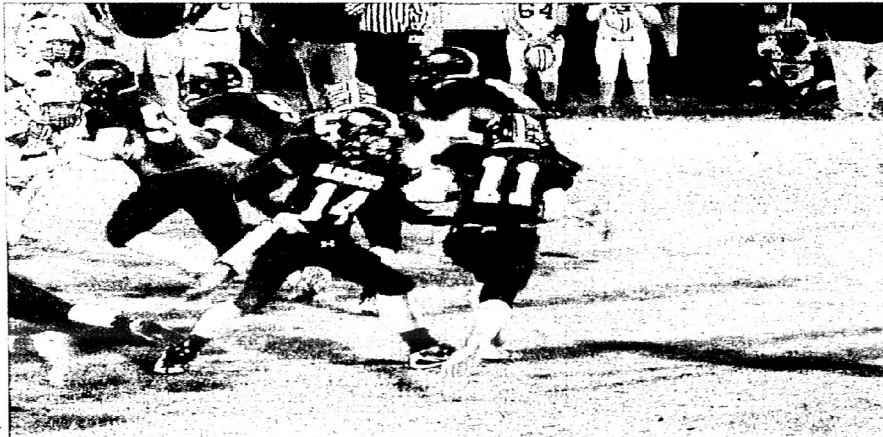
Wildcats bowl eligible after defeating SEC foe Vanderbilt for sixth win

TIMES STAFF REPORT

LEXINGTON — The University of Kentucky announced Monday its football game at the University of Tennessee on Saturday, Nov. 27, will start at 12:21 p.m. and be televised by the SEC Network (WKYT-27 in Lexington).

Kentucky, which gained bowl eligibility Saturday with a 38-20 victory over Vanderbilt, will be looking to snap a 25-game losing

(See UK, page two)



Grant Anderson took a carry out of the Prestonsburg backfield as quarterback Adam Crisp handed off. Prestonsburg pulled away and defeated Middlesboro convincingly in the second round of the Class 2A State Playoffs.

HIGH SCHOOL FOOTBALL

This Week's Games

Friday, Nov. 19

Class A State Playoffs

Beechwood at Frankfort, 7:30 p.m.

Mayfield at Holy Cross (Louisville), 7:30 p.m.

Fairview at Lexington Christian, 7:30 p.m.

Hazard at Pikeville, 7:30 p.m.

Class 2A State Playoffs

Prestonsburg at Corbin, 7:30 p.m.

Monroe County at Danville, 8 p.m.

Holy Cross (Cov.) at Newport Cent. Cath., 7 p.m.

Murray at Owensboro Catholic, 7:30 p.m.

Class 3A State Playoffs

Russell at Beltry, 7:30 p.m.

Somersat at Breathitt County, 7:30 p.m.

Central at North Oldham, 7:30 p.m.

Paducah Tilghman at Russellville, 7:30 p.m.

Class 4A State Playoffs

Lone Oak at Allen County-Scottsville, 7 p.m.

Knox Central at Bell County, 7:30 p.m.

Lexington Catholic at Boyle County, 7:30 p.m.

Western at Collins, 7:30 p.m.

Class 5A State Playoffs

John Hardin at Anderson County, 7:30 p.m.

Pulaski County at Harlan County, 7:30 p.m.

Highlands at Johnson Central, 7:30 p.m.

Christian County at Warren Central, 7 p.m.

Class 6A State Playoffs

Henderson County at Male, 7:30 p.m.

St. Xavier-Trinity (Louisville), 8 p.m.

at Papa John's Cardinal Stadium

Simon Kenton at Ryle, 7:30 p.m.

Lafayette at Scott County, 7:30 p.m.



KAIN COLLINS

Blackcats pull away from Middlesboro

P'burg to visit Corbin for regional title matchup

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG — Host Prestonsburg, after briefly trailing 6-3 in the second quarter, reeled off 37 unanswered points to defeat Middlesboro 40-6 on Friday night in the second round of the Class 2A State Playoffs.

Prestonsburg will visit Corbin later this week (Friday, Nov. 19) for the Class 2A, Region 4 championship game.

Prestonsburg secured a 3-0 lead over Middlesboro with 8:29 remaining in the opening quarter when senior Caleb Pety connected on a 26-yard field goal. The Blackcats packed the 3-0 lead out of the first quarter.

Middlesboro doubled the score on Prestonsburg with 11:51 left in the second quarter when quarterback Chase Roark completed a 21-yard scoring pass to Cody Smith.

Then Kain Collins and Prestonsburg went to work. Collins scored on a 17-yard run with 9:16 left in the second quarter. Junior quarterback Adam Crisp followed Prestonsburg's initial touchdown up with scoring passes to Joseph Jamerson (86 yards) and Grant Anderson (62 yards).

Prestonsburg packed a 24-6 lead into halftime. The Blackcats struck early in the third quarter

with 11:21 remaining when Jamerson reached the endzone on a 36-yard scoring run.

Wes Robinson added a safety for the Blackcats with 5:00 left in the third quarter.

Prestonsburg, which led 33-6 at the conclusion of the third quarter, scored one last time in the fourth quarter (8:35) with Nathan Slone reeling in a 37-yard scoring catch from Crisp. Leading the way for the Blackcats, Crisp completed 8-of-17 passes for 250 yards and three touchdowns. The Prestonsburg signal-caller overcame two interceptions.

Jamerson led the Blackcats with four catches for 130 yards.

Anderson rushed 10 times for 71 yards. Jamerson Collins, and Bryson Williams, also aided the Prestonsburg rushing attack.

For Middlesboro, Roark completed 14-of-26 passes for 114 yards, one touchdown and an interception. Roark rushed 14 times for 30 yards.

Smith hauled in five receptions for 60 yards and one touchdown. He added 29 yards via 13 rushing attempts for the Yellow Jackets.

Alex Gamer recorded 1.5 sacks for the Prestonsburg defensive unit: Collins, Jamerson, Slone, Robinson, Anderson, Trevor Stovall, Alex Griffith, Zack Kendrick, Kinsy VanDine, Chris Cook and Max Turner were other leading defenders for the Blackcats.

Defending champion Prestonsburg is poised to play for another regional title. Kickoff for the Prestonsburg-Corbin game, is set for 7:30 p.m.

Defense vaults Bears to 44-16 win over KCU

White rushes for 111 yards on only nine carries

TIMES STAFF REPORT

PIKEVILLE — On the strength of two Trevor Hoskins touchdown passes and two defensive scores, Pikeville College closed out the 2010 season with consecutive wins after a 44-14 win over Kentucky Christian University Saturday evening.

The much-maligned defense, which gave up a school record 455 points this season, held KCU to the lowest output an opponent posted against the Bears this season and the two scores of their own offset the points it allowed.

Hoskins, a sophomore quarterback from Middlesboro, finished the season 201-of-376 for 2,673 yards and 25 touchdowns, all new single-season school records. And, he led a Bears' offense that scored a school-record 299 points this season.

Defensively, senior linebacker Anson Cunningham had a huge night with 13 total tackles. His career total of 273 tied Kenny Harris, a linebacker who finished his eligibility last season, for the all-time record of tackles in a career.

On Saturday, the Bears got another solid performance from junior fullback Ezekiel White, who was pressed into tailback duties when injuries left him as the only regular back on the roster a week ago. He finished with 111 yards on only nine carries and two sacks, his second consecutive 100-plus-yard rushing game.

White's 18-yard touchdown with 24 seconds left in the opening period was the only score of the frame, and put the Bears on top 6-0.

Hoskins followed with his first scoring pass of the night, a seven-yard strike to freshman Jordan Amis, with 12:46 left. The Bear's went for two, with Hoskins hitting White, to make it 14-0.

The next score came via the defense. Jamar Porter, in his final game as a Bear, forced a fumble and returned it 75 yards for the only touchdown of his career. Freshman Ryan Wilson's kick made it 21-0 with 7:59 left before halftime.

Kentucky Christian (0-11) followed with a seven-play, 55-yard scoring drive that ended when junior quarterback Beau Dailey scrambled for a 31-yard score. Sophomore Ethan Nettles booted the PAT to make it 21-7 with 5:37 remaining in the half.

But the Bears wasted no time in getting the score back. Hoskins hit Thomas Weeks for a 14-yard scoring strike. The touchdown was set up by a 56-yard kickoff return by freshman line-

(See BEARS, page two)



PRESTONSBURG QUARTERBACK ADAM CRISP and backs Bryson Williams (8) and Grant Anderson (11) prepared to execute an offensive play during Friday night's second round game versus Middlesboro.

Bears

backer Jade Haddix on his only return of the season. Wilson's kick made it 28-7 with 4:45 remaining, and that score would remain at the half.

All of the second-half scoring came in the third period and began when senior linebacker Tramayeel Jones picked off a pass and returned it 72 yards for the first touchdown of his career. Wilson, who booted the PAT, followed with a 26-yard field goal to make it 38-7 with 6:49 left.

Freshman Derrick Henderson scored KCU's final points of the season when he hauled in a 14-yard pass from freshman Alex Springs, with Nerties' kick making it 38-14.

Scoring ended when White capped a four-play, 59-yard drive with a 25-yard run.

Pikeville finished with 169 rushing yards on 25 carries, with White's total leading the way. Hoskins was

15-of-29 for 142 with the two scores and one interception.

Amis, his favorite target, caught five for 55 yards. The freshman from Buckhorn finished the season with 729 yards, leaving him only 22 shy of the single-season record.

KCU had 221 net rushing yards, led by freshman Deonte Merricks with 156 yards on 30 totes.

The quarterback combination of Dailey and Springs finished 12-of-28 for 108 with a score and two interceptions. Sophomore Rashad Earls caught half the completed passes for 58 yards.

Cunningham's 13 tackles and one pick led the defense, but two other seniors in their final game were also in double figures in tackles. Jarvis Griffin had 11 tackles, including three for loss and a sack, while Jones finished with 10 tackles and the interception on

which he scored.

The Knights were led by junior linebacker B.J. Evans, who had seven tackles and a sack.

15th Region Challenge Panorama at Sheldon Clark High School Saturday, Nov. 20

11 a.m. - Magoffin County vs. South Point (Ohio); 12:30 p.m. - Lawrence County vs. Ashland; 2 p.m. - Bellfry vs. Rowan County; 3:30 p.m. - Johnson Central vs. Harlan County; 5 p.m. - Paintsville vs. Huntington St. Joe's; 6:30 p.m. - Sheldon Clark vs. Mason County.

UK

streak against the Vols.

Kentucky will have to play the first half of the Tennessee game without sophomore cornerback Martavius Neloms. Neloms was suspended Monday by

the Southeastern Conference for his role in a fight with Vanderbilt's Umoh Udoh. Udoh was also suspended and will sit out the first half of the Commodores' home game with Tennessee this

weekend. *n Continued from p1*

Kentucky is once again bowl eligible following the impressive victory over Vanderbilt. The Wildcats have played in four straight bowl games.

Modern Gun Deer Season opens

TIMES STAFF REPORT

FRANKFORT — The frost on the leaves in the pre-dawn hours along with the general nip in the air makes Kentucky deer hunters happy. Modern gun deer season opened on Saturday, Nov. 13.

In the excitement brought by the arrival of the most popular of deer seasons, hunters need to keep in mind some simple things to make the season productive, safe and ensure they'll be invited back next year.

This sounds extremely simplistic, but it always rings true: treat the landowner and their land with respect.

"Treat the property like you would want to get invited back," said Tina Brunjes, deer and elk coordinator for the Kentucky Department of Fish and Wildlife Resources. "Use some common sense."

Remember to leave gates as you found them and cross fences at the posts, not in the middle section between posts. Few things make a landowner angrier than someone who breaks down their fence by crossing in the middle of the stretch between fence posts. Replacing or repairing fences costs a lot of money and you won't be invited back next year if you cause damage crossing one this year.

Using a gate is the best plan, even if you have to walk a distance.

"Try not to hunt along a fence that marks a property boundary," said David

Yancy, deer biologist for Kentucky Fish and Wildlife. "If you deer jump the fence, get the landowner's permission before you try to retrieve it. Don't trespass."

If you must drive across the landowner's property, keep your vehicle on the roads. "Be careful not to rut the place up," Yancy said. "Drive around mudholes and don't make them worse. Don't drive across crop fields or pastures."

After a successful hunt and field dressing, a hunter must dispose of a gut pile.

"Ask the landowner before you discard a gut pile," Brunjes said. "Use your sense and don't dump it in a creek or where a neighbor can see or smell it. Don't dispose of it near the landowner's home."

You can also offer to bury the gut pile for the landowner, but raccoons and other critters quickly consume the pile if left out in the woods.

Not only does a hunter have a gut pile to dispose of after field dressing the deer, they also have a carcass.

"Do not throw them on the side of the road or on other people's property," said Capt. Myra Minton, assistant director of law enforcement for Kentucky Fish and Wildlife. "You can't leave it on a wildlife management area, either. It is considered littering and you can be cited."

Minton suggests hunters contact their local waste removal company or government agency that handles trash and inquire about carcass disposal.

"Most of the time, they will dispose of the carcass at the landfill," Minton said. "Contact them first, however."

You hear stories every year about people in a buck fever-induced panic firing at sounds in the woods with tragic consequences. Always know your target before you pull the trigger. If there is any trace of doubt, pass on the shot.

Do not fire at deer on top of a ridge or hill; always have a backstop in case the bullet goes through the animal or you miss. A bullet can travel a long distance after clearing the hill or ridge.

Also, avoid hunting near a home or outbuilding. Not many folks appreciate someone firing high-powered rifles near their home, especially if they have children or pets.

Be mindful of the location of livestock such as horse or cattle. Hunt as far away from them as possible. Horses can spook and injure themselves from the sound of a rifle discharging a round.

Modern gun deer season opened Nov. 13 and closes Nov. 28 in Zone 1 and Zone 2 counties. The season closes Nov. 22 in Zone 3 and Zone 4 counties. For more information about deer season, consult the 2011 Kentucky Hunting and Trapping guide, available free wherever hunting licenses are sold. You may request one by calling 1-800-8580-1549.

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JOE COLLINS

Tug Valley Bass Anglers hold tourney at Boone Lake

TIMES STAFF REPORT

The Tug Valley Bass Anglers fishing club held its ninth tournament of the 2010 season Nov. 6-7 on Boone Lake in Kingsport/Tennessee. Twenty anglers competed in the event. This was the Club Classic, the final tournament of the year.

Weather for the tournament was bad. Practice day on Friday was rain and wind just about all day with a temperature around 40 degrees. On Saturday, the first day of the tournament was snow and sleet all day with high winds and temperatures in the low 30s. On Sunday, the final day of the tournament was much colder in the morning with a temperature around 23 degrees at blast off and warmed into the mid 50s with sunny skies later in the day.

Boone Lake was in the process of being drawn down for winter and was about 8 feet below summer pool. The water on this lake is very clear from one end to the other.

This was the first time most of us have ever seen this lake, so the fishing was a little slow for some. But, tournament fishermen were bringing in more than the locals were.

The fishing was pretty good on Friday and Saturday when the weather was at its worst. The cloud cover and the low pressure associated with the front had them feeding. On Sunday night the front moved out, the skies cleared and we were faced with high pressure for Sunday. Needless to say, the fishing was not nearly as good on the final day.

The fish were caught on the main lake as well as in the creeks and were from 2 to 10 feet deep.

There wasn't one main pattern for this tournament, fish were caught all over the lake and on all kinds of different baits. The only common factor seemed to be that most fish were on steeper banks.

The top finishers were as follows: 1st—Joe Collins, Sat. (1 fish), Sun. (5 fish) 17.23 lbs. Big Fish—5.33 lbs; 2nd—Gary Varney - Sat (5 fish), Sun. (1 fish) 14.91 lbs.; 3rd—Don Taylor - Sat. (4 fish), Sun. (0 fish) 13.05 lbs; 4th—Brandon Staten - Sat. (3 fish), Sun. (2 fish) 10.81 lbs.; 5th—Kevin Runyon - Sat. (4 fish), Sun. (0 fish) 8.49 lbs.; 6th—Brad May - Sat. (4 fish), Sun. (0 fish) 7.47 lbs; 7th—Lynn Fields - Sat. (4 fish), Sun. (0 fish) 6.37 lbs.; 8th—Keith Pacific - Sat. (2 fish), Sun. (1 fish) 5.51 lbs.; 9th—Lacy Edmiston - Sat. (0 fish), Sun. (1 fish) 4.64 lbs.; 10th—N.C. Sat. (2 fish), Sun. (0 fish) 4.41 lbs.

TVBA Sponsors: Gander Mountain, TMK Security and Personnel, Borders Sporting Goods, Elliott Supply & Glass, Quality Metals, Perry Distributors, Pigeon Creek Log Company, Muncie's Auto Recycling, Pro Auto Body, Little John's Carquest, City Insurance, Nanaack Miri Warehouse & Storage, Bank Of Mingo, Yarnall Of Pikeville, Martin's Peterbilt, Nova Pharmacy, Thomas Body Shop, Bill Lewis Rattle Traps, Don's Street Machine, Extreme Sounds and Thoroughbred Steakhouse.

Cunningham closes career with Mid-South Conference honor

Senior records 13 tackles in final game

TIMES STAFF REPORT

PIKEVILLE — Anson Cunningham knows something about going out in style.

The senior linebacker needed 13 tackles on Saturday evening to tie his former teammate for the most tackles in a career for a Pikeville College Bear and finished with 10 solos and three assists in a 44-14 win over Kentucky Christian University.

And on Monday, he was honored for his play in the final game of his collegiate career by being named Mid-South Conference Defensive Player of the Week.

The 13 total tackles is tied for the second most in school history in a single game. The record is 15, set by Antonio Williams in a 2003 win over Concord, W.Va., College.

Cunningham added an interception in the win over the Knights, his third of the season. Despite missing two complete games and parts of two others with a mid-season knee injury, he finished with 59 tackles, 46 being solos, and four tackles for loss on the season.

In addition to his picks, he forced two fumbles.

It was the second time this season Cunningham has been honored by the league. The Clinton, S.C., native won the award after the Sept. 18 game with Shorter College after finishing with 10 tackles, all solos. He had two interceptions in the loss, equaling the number of passes caught by the Hawks on offense.

He also ran down a Hawk player to save a tackle in the second half to prevent another score.

The 6-0, 200-pound linebacker finished his career with 273 tackles to match Harris, who finished his eligibility a season ago, with the all-time record. Of those, 166 were solo tackles, which is the new standard for a Bear defender.

His 107 assisted tackles left him second to Harris, who finished with 132. He finished with five career forced fumbles, which is tied for fourth in school history.

Union College teammates Armond Smith and Chad Boyington were also honored by the league this week.

Smith, the Stone Mountain, Ga., senior running back, averaged 10.6 yards per carry while helping the Bulldogs to a 47-33 win over Faulkner University and was named Offensive Player of the Week. Smith added three rushing touchdowns — from 2, 24 and 88 yards — to conclude the season with a single-season program-record 16 rushing scores.

Smith's 1,376 rushing yards, 125.1 rushing yards per game and 102 points are also single-season Union records.

Boyington connected on a field goal and was 4-for-4 on PATs on Saturday to earn MSO Special Teams Player of the Week.

The Stockbridge, Ga., junior punter/kicker split the uprights from 32 yards out to help the Bulldogs to their second straight win and fourth in their last five games. In addition to his kicking duties, Boyington averaged 36.3 yards in his three punts, including a long of 48 yards.

Pikeville College, Appalachian Wireless team up for new promotion

TIMES STAFF REPORT

What do Bears and Mustangs have in common: a winning season and the chance to win a new car.

Appalachian Wireless recently announced a promotional partnership with East Kentucky Broadcasting and Bruce Walters Ford in support of Pikeville College. Utilizing Appalachian Wireless' technical network, customers have an opportunity to win a 2011 Ford Mustang.

Registration for the Mustang can be done through a premium short code message from an Appalachian Wireless phone. To register, simply text FORD to the short code 3673 from your Appalachian Wireless phone to register for this brand new automobile. Premium text rates apply.

The car will be given away to one lucky winner at the conclusion of the Pikeville College men's basketball game against Georgetown College on Feb. 3, 2011.

"It is our goal to set a new Mid-South Conference attendance record on that evening, which has been designated as Appalachian Wireless night," said Danny VanHoose, marketing director for Appalachian Wireless. "We encourage everyone to get behind Pikeville College by showing your support for this

great institution."

Last February, Pikeville College set a single-game Mid-South Conference regular season attendance record at the Eastern Kentucky Exposition Center as a crowd of 3,558 watched Pikeville and visiting Georgetown College. During halftime of the men's game, Appalachian Wireless, in conjunction with Walter's Toyota and East Kentucky Broadcasting, sent one lucky winner home with a 2010 Camry.

"We are fortunate to have great partners with our basketball program at Pikeville College. Appalachian Wireless, Walters Ford and EKB are great examples of this commitment," said Kelly Wells, men's basketball coach. "With their assistance we have been able to grow our program in every avenue. Our goal is to be the best NAIA basketball program in the country year in and year out. With these great promotions we continually move closer to our goals. I'd like to invite all our fans to come be a part of our record-breaking history on Feb. 3 — again."

Season tickets for Pikeville College basketball games are on sale now. Tickets are \$75 for all Pikeville College basketball nights, which will include all men's and women's games and select high school basketball games as well.

For more information, contact Wells at (606) 218-5352 or visit the Appalachian Wireless Ticket Booth at the East Kentucky Expo Center.

HIGH SCHOOL FOOTBALL SCOREBOARD

Friday, Nov. 12
Class A State Playoffs
 Beechwood 63, Bellevue 7
 Fairview 27, Williamsburg 20
 Frankfort 49, Walton-Verona 7
 Hazard 58, Pineville 14
 Holy Cross (Lou.) 35, Bethlehem 14
 Lexington Christian 48, Racedand 8
 Mayfield 56, Ballard Memorial 7
 Pikeville 49, Harlan 19

Class 4A State Playoffs
 Allen County-Scottsville 24, Russell Co. 15
 Bell County 60, Lawrence County 7
 Boyle County 56, East Jessamine 11
 Collins 42, Fairdale 32
 Knox Central 49, Rowan County 36
 Lexington Cath. 41, West Jessamine 14
 Lone Oak 35, Franklin-Simpson 32
 Western 29, North Bullitt 8

Class 2A State Playoffs
 Corbin 52, Leslie County 21
 Danville 28, Green County 14
 Holy Cross (Cov.) 26, DeSales 14
 Monroe County 35, Fort Knox 17
 Murray 49, Fort Campbell 15
 Newport Central Catholic 51
 Christian Academy-Louisville 21
 Owensboro Cath. 43, Caldwell Co. 14
 Prestonsburg 40, Middlesboro 6

Class 5A State Playoffs
 Anderson County 42, Bullitt Central 7
 Christian County 14, Bowling Green 10
 Harlan County 57, Whitley County 18
 Highlands 42, Dixie Heights 28
 John Hardin 41, Oldham County 17
 Johnson Central 41, Covington Cath. 28
 Pulaski County 48, Clay County 8
 Warren Central 10, Grayson Co. 8

Class 3A State Playoffs
 Beatty 27, Mason County 14
 Breathitt Co. 54, Casey County 34
 Central 57, Maceo 27
 North Oldham 35, Elizabethtown 20
 Paducah Tilghman 42, Edmonson Co. 14
 Russell 15, Sheldon Clark 12
 Russellville 38, Union County 19
 Somerset 56, Garrard County 0

Class 6A State Playoffs
 Henderson County 56, Fern Creek 35
 Lafayette 21, Meade County 20 (OT)
 Male 42, Graves County 20
 Ryle 39, Campbell County 14
 Scott County 35, Central Hardin 7
 Simon Kenton 21, Henry Clay 19
 St. Xavier 42, Ballard 21
 Trinity 48, DuPont Manual 13

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Pictured at top, L-R, Greg Hall and Jared Miles; Bottom row, L-R: Dee Slone, Tammy Maynard, Teresa Craft, and Mary England. (not pictured: Tiffany Ratliff and Tara Musgrave).

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Mountain Farm Conference

Where: Mountain Arts Center
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 Date: November 20, 2010
 Time: 8:30 a.m. Registration
 9 a.m.-12 noon Presentations

For more information, please contact:
 Keith F. Hackworth
 Floyd County Agriculture and Natural Resources Agent

Room A
 9-9:45 Blueberry Production
 10-10:45 Strawberry Production
 11-11:45 Herb Production & Use

Room B
 9-9:45 Wildlife Management & Trapping
 10-10:45 Becoming Successful Beekeepers
 11-11:45 Timber Theft & Management

Door Prizes given at each presentation

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Amber Burchett's career path is clear after WorkNow

As the smell of a spaghetti lunch began to fill the air at Dinosaur Playland, Day Care in Prestonsburg, Amber Burchett helped three-year-old Abigaily Justice adjust the oversized sun hat that she likes to use to play dress up. The two smiled at each other—smiles being one of the many rewards Amber gets from her summer job.

Amber is one of thousands of eastern Kentuckians who were employed this summer thanks to the WorkNow Kentucky program. Overall, WorkNow Kentucky placed over 4,750 eastern Kentuckians to work in positions with over 1,250 employers in 23 eastern Kentucky mountain counties.

In four months, WorkNow paid over \$9.5 million in wages locally to help stimulate the eastern Kentucky economy.

More than just providing a summer job, WorkNow gave Amber an experience that helped her learn about her interests and choose a career path for herself.

"I always knew I wanted to do something with kids," said Amber, "and working with the children at Dinosaur Playland has focused my goals toward helping children overcome speech problems as a speech therapist."



Amber Burchett shares a smile with Abigaily Justice at Dinosaur Playland in Prestonsburg. Amber's summer WorkNow Kentucky job experience with other children at Dinosaur Playland helped her decide to become a speech therapist. Amber was one of more 4,750 eastern Kentuckians who made money and gained practical experience this summer working at more than 1,250 diverse employers through WorkNow Kentucky.

Working with some of the children and seeing how they struggled to speak clearly when trying to tell a story inspired her to major in communications disorders at the University of Kentucky this fall.

"A couple of the kids, when they get excited you can barely understand them," she said.

WorkNow placed workers in jobs with a wide range of employers, including private businesses, state and local government agencies, and non-profit organizations — and paid 100 percent of the workers' wages.

Funds for the WorkNow Kentucky program were provided by the American Recovery and Reinvestment

Act, through the Temporary Assistance for Needy Families (TANF) Emergency Fund, and a cooperative effort of Kentucky's Cabinet for Health and Family Services and the Cabinet for Education and Workforce Development. The Eastern Kentucky Concentrated Employment Program, Inc.,

(EKCEP) administer the program in 23 eastern Kentucky counties providing services through contracts with agencies like the Big Sandy Area Community Action Agency (BSACAP), which placed Amber.

Amber said the staff at the BSACAP office in Prestonsburg made it easy for her to sign up for WorkNow and had her placed quickly.

"This summer Amber has watched over the children, played games with them, and gotten to know their personalities. She said she "learned a lot" from her WorkNow experience, which was her first full-time job, and she's grateful for the opportunity provided by WorkNow.

"I really liked it," she said, "it's a good way to try out a career and see if it's what you really want to do."

Amber's employer, Karen Martin, owner of Dinosaur Playland, was glad to have her help with this summer's workload.

"She's been really great," Karen said.

Karen said she thinks WorkNow was not only a good opportunity for businesses to get extra summer help, but also a good way for young people to keep busy and stay out of trouble during the summer. She added she would recom-

mend other businesses take advantage of WorkNow or other summer work opportunities provided by EKCEP through the Big Sandy Area Community Action Program.

"It's good. I'd encourage everyone to get involved," she said.

For more information about EKCEP's programs and services for employers and job seekers in this area, call 866-2948 or visit www.ekcep.org or www.facebook.com/ekcep.

STRAND TWIN
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<http://showtimes.hollywood.com>
 11/19/10 - 11/25/10
Cinema 1 - Starts Friday, Nov. 19
HARRY POTTER (PG-13), Mon.-Sat. 7:00, Sun. (1:30) 7:00
Cinema 2 - Held Over
MEGAMIND (PG), Mon.-Sat. 7:00-9:00, Sun. (1:30) 7:00-9:00
 Midnight Showing of Harry Potter on Thursday, November 18
 Sun. Matinee—Open 1:00, start 1:30

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 Matinee—\$6.00
11/19/10 - 11/25/10
Cinema 1 - Held Over
PARANORMAL ACTIVITY 2 (R), Mon.-Thurs. 7:15-9:30; Fri. (4:20) 7:15-9:30, Sat. (2:00-4:20) 7:15-9:30
Cinema 2 - Held Over
SKYLIN (PG), Thurs. 7:10-9:25, Fri. (4:25) 7:10-9:25; Sat.-Sun. (2:10-4:25) 7:10-9:25
Cinema 3 - Held Over
UNSTOPPABLE (PG-13), Mon.-Sun. 7:05-9:25; Fri. (4:25) 7:05-9:25; Sat.-Sun. (2:05-4:25) 7:05-9:25
Cinema 4 - Held Over
SAW FIVE CHAPTER (R), Mon.-Sun. 7:15-9:30
SECRETARIAT (PG-13), Fri. (4:15); Sat.-Sun. 7:15-9:30
Cinema 5 - Held Over
MORNING GLORY (PG-13), Mon.-Thurs. 7:05-9:25; Fri. (2:00-4:20) 7:05-9:25; Sat.-Sun. (2:00-4:20) 7:05-9:25
Cinema 6 - Held Over
DUE DATE (R), Mon.-Thurs. 7:10-9:25; Fri. (4:25) 7:10-9:25; Sat.-Sun. (2:10-4:25) 7:10-9:25
Cinema 7 - Held Over
MEGAMIND 3D (PG), Mon.-Thurs. 7:00-9:20; Fri. (4:20) 7:00-9:20; Sat.-Sun. (2:00-4:20) 7:00-9:20
Cinema 8 - Starts Friday, Nov. 19
HARRY POTTER (PG-13), Mon.-Thurs. 9:00; Fri. (5:00) 8:00; Sat.-Sun. (1:45-9:00) 8:00
Cinema 9 - Starts Friday, Nov. 19
NEXT THREE DAYS (PG-13), Mon.-Thurs. 6:55-9:20; Fri. (4:20) 6:55-9:20; Sat.-Sun. (1:55-4:20) 6:55-9:20
Cinema 10 - Held Over
JACKASS (R), Mon.-Sun. 7:15-9:30
MEGAMIND (PG), Fri. (4:20); Sat.-Sun. (2:00-4:20)
 Midnight Showing of Harry Potter on Thursday, November 18

New column to provide info for job hunters

by SHAWN HOPKINS

Welcome to the JobSight "Jobs In Sight" column. Watch this space. In the coming weeks it will be your source for useful information on how to find a job, how to prepare for an interview, how to get along at work, what to do if you are laid off and other important techniques for finding a rewarding job and keeping it.



Shawn Hopkins

This "Jobs In Sight" column will also be the place where you can get the first word on upcoming job fairs and other employment-related events in the area.

This practical information for your career is being

provided by the JobSight network of workforce centers. JobSight is a partnership between the Eastern Kentucky Concentrated Employment

Program, Inc. (EKCEP) and a wide array of workforce development, education, and training organizations that gathered together to make their services available through a single access point.

The combined knowledge and skills of the JobSight partners represents the most concentrated base of workforce expertise anywhere in our region. For the 23 Eastern Kentucky concentrated workforce centers, EKCEP, which adminis-

ters the JobSight network, has been working for more than 40 years to help Eastern Kentucky's job seekers and employers succeed by upgrading the job skills of the region's work-



ers the JobSight network, has been working for more than 40 years to help Eastern Kentucky's job seekers and employers succeed by upgrading the job skills of the region's work-

force. JobSight workforce centers provide access to numerous services that can help you find a job or get the training you need to move up to the next level in your career. JobSight serves adults, young people, and laid off workers of all ages with the help getting a

GED, going to college, going to a trade school, developing powerful job search materials, conducting a successful job-search, delivering a strong job interview, and even getting on-the-job training at area businesses.

When you come to a JobSight Workforce Center, you'll meet one of our many well-trained, career advisers, who will help you determine what your best career options are and the steps you need to take to get that career, then help you

get financial support and guide you through the process. JobSight offers "one-stop shopping" — providing access to programs that can help you regardless of your level of career need.

Through this column, JobSight career advisers and other experts will share some of what they have learned about finding and keeping a job through their years of service to the community. We hope you'll come back regularly to learn more, and we hope you'll consider stopping by your local JobSight to find out how we can help you.

For more information call (606) 436-5751 or visit www.jobsight.org/locations.htm to find your nearest office. Or find us on Facebook at www.facebook.com/ekcep.

'The Healthy Mom' reveals which veggies should make your table

We all know we need to eat our veggies, especially with the new wave of processed food companies touting how their sauces and canned pastas now contain a full day's allotment of vegetables — but Iva Young thinks that's just a bit deceiving.

"It's a tricky definition of terms," said Young, author of Healthy Mom (www.ivastrong.com). "It's really not as healthy to eat processed foods to begin with, but for them to say that using vegetables as fillers somehow makes processed foods healthy is disingenuous, at best. It's like saying 'don't pay attention to the chemicals, dyes and sodium we put in the can — there's vegetables in there, too, so that makes it all okay!'"

Young believes that we need to eat actual vegetables if we want to have a real healthy diet, and there are five key veggies that top her list as the healthiest. They include:

■ Spinach — Popeye was right. Spinach is an excellent source of Vitamin K, Vitamin A, manganese, folate, magnesium, iron, Vitamin C, Vitamin B2, calcium, potassium and Vitamin B6. It's also a good source of fiber, copper, protein, phosphorus, zinc, Vitamin E, omega 3 fatty acids, niacin and anti-oxidants.

■ Lettuce (greenleaf, red leaf, romaine) — Lettuce is a low calorie fiber food that is also a great place to find Vitamin A, folic acid, lactucarium (which helps enhance calmness and pain relief), as well as the antioxi-

dants lutein and zeaxanthin. Lettuce also contains a good amount of anti-cancer properties.

■ Broccoli — Besides having great flavor and texture, Broccoli contains copious amounts of Vitamin A, Vitamin C, beta carotene and Vitamin K. The minerals in broccoli include calcium, potassium, iron and folate. A great source of fiber, broccoli also provides lots of bioflavonoids, which is an antioxidant that helps protect against cancer and heart disease.

■ Brussels Sprouts — A staple in the diets of Asian cultures, who are among the longest lived people in the world, the crunchy garnish contains lots of potassium, Vitamin C, Vitamin A, beta carotene and Vitamin K.

This is another great anti-cancer vegetable.

■ Cabbage — Although best known as the partner of corned beef on St. Patrick's Day, cabbage is a great low calorie food that contains a good amount of fiber, calcium and Vitamin C. Cabbage is incredibly packed with substantial anti-cancer agents.

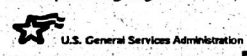
When picking vegetables, Young believes that fresh and frozen vegetables are better than canned vegetables, because they have less added salt. If you have to buy canned vegetables, she recommends draining the water they are packed in before preparing them to remove a good amount of the added sodium, or simply buy those veggies labeled as having low sodium. "Broccoli, cabbage and Brussels

sprouts also contain glucosinolates, which are known for their chemopreventive agents against chemically-induced carcinogens by blocking the initiation of tumors in the liver, colon, breasts and pancreas," she added. "These anti-cancer compounds are released more effectively when you chop these vegetables before serving, and serving them raw increases the anti-cancer benefits even more."

With all this said it is most important to be aware that Young has found in her research that "the vitamin numbers go up when vegetables are cooked, but the anti-cancer compounds go down." Young suggests "steaming or roasting on a pan for no more than 7 minutes, which has proven to be a good way to keep the anti-cancer compounds and make it more edible."

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 Thursday, Dec. 2nd • 6 p.m.-8 p.m.

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 Prestonsburg, KY
 For Info, call 606-886-8031

Adventure tourism opportunities abound in November and December

FRANKFORT — Adventure tourism is alive and well during the fall and winter months in Kentucky. There are plenty of outdoor opportunities ranging from hunting and fishing to hikes, wildlife viewing and canoeing and kayaking.

"It's great to get outside during the cooler temperatures during this time of year in Kentucky," said First Lady Jane Beshear. "There's plenty of nature to see and experience throughout our state and being outside is a good way to get healthy and stay fit."

Here is a listing of some adventure tourism events in Kentucky during November and December. To learn about other events, visit www.tourism.ky.gov/outdoors/.

NOV. 20, 2010 CANOEING FOR BEGINNERS

Location: Natural Bridge State Resort Park, 2135 Natural Bridge Rd. Slade, Ky. 40376
Fee: \$30 per person includes instruction, canoe, paddle and life jacket.
Time: 9 a.m. - 5:30 p.m.

Details: Learn the basics of canoeing on Mill Creek Lake at Natural Bridge and then experience river canoeing on the beautiful Red River within the Gorge Geological Area. The river trip is 8 miles on an enjoyable class 1 section of the Red River. Space is limited and pre-registration is required. Registration fee of \$30 per person includes instruction, canoe, paddle and life jacket. For more information contact Tyler

Morgan at tyler.morgan@ky.gov.
Contact: Tyler Morgan @ 606-663-2214 or Tyler.Morgan@ky.gov.

NOV. 21, 2010 FULL "FROST" MOON HIKE

Location: Bernheim Arboretum & Research Forest, 2499 Highway 245, Clermont, Ky. 40110
Fee: Bernheim members \$8; Non-members: \$12
Time: 5:30-7:30 p.m.

Details: Bernheim night hikes are great opportunities to relax in the beauty of nature bathed in the light of a full moon. Interpretive naturalists will guide you and provide information about night ecology, folklore and exciting tales. Each full moon program is timed to begin near sunset and during the rise of a full moon over the tree tops. In order to walk without flashlights, all full moon programs keep to open areas and established trails. While cloud cover doesn't usually cancel Bernheim night programs, severe weather sometimes does. Please call between 3-5 p.m. on the day of the program to find out about last minute changes due to weather conditions. Dress for the weather and outdoor hiking. Please note that while Bernheim does allow dogs on a leash, we ask that you leave your furry friends at home for group hikes.

Registration is required, call (502) 955-8512. **Contact:** Susan Ritter @ 502-955-8512 or sritter@bernheim.org.

NOV. 27, 2010 NATURALIST WALK

Location: Bernheim Arboretum & Research Forest, 2499 Highway 245, Clermont, Ky. 40110
Fee: Bernheim members \$8; Non-members: \$12
Time: 1-2:30 p.m.

Details: Learn how to view nature through the eyes of a naturalist during this walk with Bernheim's Whitney Wurzel, whose field methods combine wacky science and creative exploration into one adventure. By the end of this walk, naturalists of all ages will discover a world brimming with endless connections, untold stories and fascinating details. Registration is required; call (502) 955-8512. **Contact:** Susan Ritter @ 502-955-8512 or sritter@bernheim.org.

DEC. 3-4, 2010 SUNRISE ELK VIEWING TOUR

Location: Pine Mountain State Resort Park, Pineville, Ky. 40977
Fee: \$25 per person, \$15 (for children 6 & under)
Time: 5:45 a.m.-10:30 a.m.

Details: Pine Mountain State Park continues its series of guided fall/winter elk tours in 2010-11. With sightings recorded for every tour over the last three years, guided elk viewing adventures have proven to be the current top-end nature experience available in Kentucky today. Participants must register in

advance by contacting the park's guest services desk at (800) 325-1712. Don't delay; the tours fill quickly! Overnight accommodations are also available; lodging reservations must be made separately. The tour fee is \$25 per person (\$15 children 6 & under) and includes the Kentucky's Elk Herd presentation on Friday evening, and the continental breakfast and guided tour on Saturday morning. Participation in the Friday evening natural history program about elk is strongly recommended, as it serves as an invaluable enhancement to your enjoyment of the Saturday tour. Additional Sunrise Elk Viewing Tour Dates: Nov. 6, 2010, Dec. 4, 2010, Jan. 8, 2011, Jan. 15, 2011, Jan. 22, 2011, Feb. 5, 2011, Feb. 26, 2011 and March 12, 2011. **Contact:** Dean Henson, Park Naturalist @ 606-337-3066 or Dean.Henson@ky.gov.

DEC. 4-5, 2010 FALL ELK WATCH

Location: Buckhorn Lake State Resort Park, 441 KY Highway 1833, Buckhorn, Ky. 41721
Fee: Package price of \$150 per couple (\$110 per single) (see details)
Time: 5:45 a.m.-11 a.m.

Details: Enjoy seeing these majestic animals during their rutting season. Morning tours leave the park at about 5:45 a.m. Package price of \$150 per couple (\$110 per single) includes one night's lodging, dinner on night of arrival, bagged breakfast and transportation to and from the Elk preserve the following morning. Stay the night before or after with package for an extra \$45. **Contact:** Sue Thomas @ 606-398-7510 or Sue.Thomas@ky.gov.

DEC. 11-12, 2010 HORSE CHIROPRACTIC

Location: Hidden Cave Ranch, 877 Thrasher Rd., Burkesville, Ky. 42717
Fee: \$450
Time: 8 a.m.-5 p.m.
Details: TWO DAY HANDS-ON CLINIC INCLUDES: Equine Skeletal Anatomy DVD*; Classroom lectures with real bones; Equine Chiropractic Adjusting DVD; Canine Chiropractic Adjusting DVD*; Segment on Dog Adjusting Techniques; Basic Saddle Fitting Segment; Anatomy Workbook with picture demonstration; Equine Chiropractic Technique Workbook with demo pictures; and Hands-on Supervision by Dr. Hampton and State Licensed Veterinarian. Lunch, snacks and drinks included both days. **Contact:** Registration and Clinic questions contact Dr. Bill Hampton @ 970-903-8399 or equinechiro@centurytel.net. **Contact:** Hidden Cave Ranch @ 270-433-3225 or marion@hiddencaveranch.com.

ADJUSTING CLINIC

Location: Hidden Cave Ranch, 877 Thrasher Rd., Burkesville, Ky. 42717
Fee: \$450
Time: 8 a.m.-5 p.m.
Details: TWO DAY HANDS-ON CLINIC INCLUDES: Equine Skeletal Anatomy DVD*; Classroom lectures with real bones; Equine Chiropractic Adjusting DVD; Canine Chiropractic Adjusting DVD*; Segment on Dog Adjusting Techniques; Basic Saddle Fitting Segment; Anatomy Workbook with picture demonstration; Equine Chiropractic Technique Workbook with demo pictures; and Hands-on Supervision by Dr. Hampton and State Licensed Veterinarian. Lunch, snacks and drinks included both days. **Contact:** Registration and Clinic questions contact Dr. Bill Hampton @ 970-903-8399 or equinechiro@centurytel.net. **Contact:** Hidden Cave Ranch @ 270-433-3225 or marion@hiddencaveranch.com.

DEC. 17-18, 2010 BLACK BEAR WEEKEND

Location: Pine Mountain State Resort Park, 1050 State Park Rd., Pineville, Ky. 40977
Fee: \$110 Black Bear Hunter Package includes two night's accommodations and days-end seminars on black bear habitat and behavior. **Time:** Contact Park for exact times

Details: Black bears were nearly absent from Kentucky for about 150 years after intensive logging in the 19th century took away much of their habitat, but today's healthy population will again support hunting. The hunt is open to any

Kentucky resident who purchases a bear hunting permit in addition to an annual hunting license, unless license exempt. Those going afield to hunt black bears in the designated counties nearby are invited to make Pine Mountain their week-end hunting headquarters. Our \$110 Black Bear Hunter Package includes two night's accommodations and days-end seminars on black bear habitat and behavior. Meals are also available on-site in the park's Mountain View Restaurant. Because of the low package rate, no other discounts will apply. To make a reservation, contact the park's guest services desk at (606) 337-3066 or (800) 325-1712. * This event is tentatively scheduled in anticipation of formal date selection by the Kentucky Department of Fish & Wildlife Resources. **Contact:** Dean Henson, Park Naturalist @ 606-337-3066 or Dean.Henson@ky.gov.

DEC. 18-19, 2010 FALL ELK WATCH

Location: Buckhorn Lake State Resort Park, 441 KY Highway 1833, Buckhorn, Ky. 41721
Fee: Package price of \$150 per couple (\$110 per single) (see details)
Time: 5:45 a.m. - 11 a.m.

Details: Enjoy seeing these majestic animals during their rutting season. Morning tours leave the park at about 5:45 a.m. Package price of \$150 per couple (\$110 per single) includes one night's lodging, dinner on night of arrival, bagged breakfast and transportation to and from the elk preserve the following morning. Stay the night before or after with package for an extra \$45. **Contact:** Sue Thomas @ 606-398-7510.

Lawmakers updated on health care reform as session approaches

LOUISVILLE — The state's Department of Insurance is working at breakneck pace to prepare for federally required changes in health care regulations and will present an omnibus bill to codify the consumer protection portions, the department's commissioner told a panel of lawmakers Friday.

Commissioner Sharon Clark updated the Interim Joint Committee on Banking and Insurance on the state's progress since August 24, when she last presented the group with information about Kentucky's efforts to implement federal requirements.

Many of the items taking effect early impact consumers' access to insurance products, she said, with anti-rescission language and the elimination of annual and lifetime limits among them. Although the state has many similar regulations in place, the exact text may not match federal law, so the department will present the General Assembly with a proposal in 2011 to create matching language.

Without revising state

law, Clark said, officials in Kentucky may not be able to help consumers on their own when they encounter problems. "I don't want to wait to send them to Washington," she said. Although there is sentiment at the federal level to repeal some aspects of the legislation, she said the portions dealing with consumer protection will likely survive.

The other possible legislation lawmakers could face next year involves health insurance exchanges, which Clark likened to a shopping mall. The centralized marketplace would allow individuals and small groups to more easily compare plans and prices. To have such an exchange up and running by 2014 would probably require some sort of basic framework in place this year, she said.

The concern about the exchange, she noted, is whether Kentucky will offer its own exchange or work with other states to create a multi-state exchange. Because of Kentucky's size and demographics, she said, Kentucky might be overwhelmed by larger states in

such an arrangement.

Rep. Bob Damron, D-Nicholasville, suggested that any legislative framework allow the Department of Insurance wide latitude to develop the basics of a state exchange while collaborating with other states. Because a large portion of Kentucky citizens live near the state line, he said, being able to access health care in surrounding states will be essential to effective coverage.

Clark said the state has received a \$1 million federal grant to plan an exchange, with the bulk of the money going to research. "I can tell you we have 600,000 uninsured in Kentucky, but I can't tell you who they are. I can't tell you where they are," she said. The reason for their lack of coverage will play a large role in how the exchange is designed, she added. The department will conduct a series of town forum meetings, beginning December 6 in Somerset and continuing throughout the state to gather information, she said.

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Hicks Auto Sale David Road "Good Titles" 1994 Bonneville, 1 Owner, 100,000 miles, \$2,495.2001 325 BMW \$4,500.1991 Extra Cab Tacoma Auto #W052-8001998 Kia Sportage 8,000 miles.\$3,400.2003 3500 Express Van,Cold \$3,800.1999 Ford F-150 Quad Cab Auto V664,500. 2002 Dodge Dakota 4x4 Auto 130,000 miles \$3,895 2003 Honda Santa Fe 58,000 miles. 2002 Factory warranty, \$6,795 1995 Extra Cab Ranger Auto 75,000 miles, \$3,995 1991 Ford F-150 130,000 miles \$2,200. "Rebuilt" 1999 Ford Taurus \$ 2,900.2005 Chrysler Town& Country van, 80,000 miles, \$5,995.1995 Hightop Chevy van \$2,895.01 VW Beetle standard shift,\$3,200.01 Grand Am 4 door,\$3,200.2002 Sunfire 4 door Auto \$3,300.2005 Dodge Status XT 100,000 miles. Auto \$6,200.2001 Blazer 130,000 miles.loaded \$3,800.2000 Mazda Pickup,Cold Air,\$2,500. 04 Grand Am V6 Loaded \$3,500 08 Chevy Malibu 4 cvc 35 miles to gallon. Call 866-2942. For sale: 1990 Chevrolet Caprice, 29,586 actual miles. One owner. Call 886- 9243. Price negotiable.	For Rent: 1 Bedroom home located two miles outside of Prestonsburg. No pets, No HUD, and smoking. More info call 606-259-5156. House for rent Newly remodeled. Close to HRMC. \$800 month plus deposit. Call 889- 9265 or 226-0725. House for rent Newly remodeled. Close to HRMC. \$800 month plus deposit. Call 889- 9265 or 226-0725. Rentals For rent: Total electric 2 bedroom mobile home with utility room, porch, oak, appliances conveniently locate to school, post office and Mud Creek Call 874-0267. Doublewide Mobile home for rent. No pets. No appliances. Located at Banner. Call 874-0267. For rent: Single wide mobile home extra clean 3 br 1 bath. Located between Prestonsburg and Allen. Appliances washer, dryer and stove.\$550 per month includes water, garbage and sewer. HUD approved. Must have references. Call 886-3680 or 226- 4980. For rent: Large doublewide in Auxler. \$700 per month. Call 886-3680 or 226- 4980. For rent: 1 Bedroom mobile home. Located at Minnie, Ky. Must have references. Call 377- 6346. Houses For House for rent: 1,400 sq. ft. Furnished apartment for rent. 1 bedroom. All utilities included which includes satellite and internet. Located at Ivel. \$795 deposit & \$795 month. Call 606-422- 1862.	House for rent. Newly remodeled. Close to HRMC. \$800 month plus deposit. Call 889- 9265 or 226-0725. For rent: Prestonsburg city limits: 3 Bedroom, close to school, grocery, shopping. \$495 per month plus utilities and deposit. No pets and No HUD. Call 226-6058 before 5 pm after 5pm call 263-3423. House PCC. Lease and security deposit required. \$600 per month. NO pets. Call 886-3565 or 886-0099. 2 1/2 story cedar A- frame home on 5 acres of land. Located 2 1/2 miles out of Prestonsburg city limits on Spurlock creek. City water, 3br, w/d, full washer, 2 full baths, hardwood floors, full underground security system, 16x26 carport and outside storage. No pets. \$850 month. Shown by appointment only. Call 806-785- 0770. Leave message.	For sale by owner- 167 Lakeview Village, Jenny Wiley State park, 4 bedrooms, 2 full bathrooms, many extra's. Close to Prestonsburg and Paintsville. Call Sam 789-1230 2 Br, 1 Ba house for sale, +/- 25 acres/3 acres level. Located in Floyd Co on Rt 7 at Sall Lock. Call 606- 258-4559. Commercial For sale or lease by owner next to Walmart and McDonalds and Prestonsburg village. Approx 11 1/2 acres on US 23. Utilities on property. Call Sam at 789-1230. Office space for lease in Prestonsburg two blocks from the courthouse. Call 226- 8976.

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LEGAL NOTICE

TO: THE UNKNOWN HEIRS, IF ANY, OF ISABEL SPOTTE, DECEASED

I have been appointed by the Circuit Court Clerk of Floyd County, Kentucky in Civil Action No. 10-CI-01026, now pending in Floyd Circuit Court, Division No. 1, Prestonsburg, Kentucky, styled:

ESTATE OF ISABEL SPOTTE, Deceased,
by Robert L. McClelland, Administrator,
with the Will Annexed,
P.O. Box 54654, Lexington, KY 40555
vs.
Tilden Ray Ellis, Sandra P. Robinson, Clyde Porter, David Peters, Clyde Ollie Porter, Robert Peters, Gracie Ellis, Mary P. Patton, Danita Bogale, Johnny Peters, Danette Farmer, Urban Peters, Samantha Pledad, Annabelle P. Conn, Rebecca Queen, Dean Peters, Joyce E. Gibson, Bucky D. Ellis, Glennis S. Little, Jeffrey Ellis, Jimmy Stone, Johnny Cobb, Phillip Stone, Tammy C. Tahour, Steve Stone, Patty Cobb, Robyn Cobb, Charles H. Ellis, Bill Cobb, Sandra E. Moore, James R. Cobb, Carolyn E. Moore, Maria L. Nichols, Ollie Ray Howard, Laura Leonard, Richard T. Howard, James J. Carter, III, James F. Howard, II, Susan C. Spurlock, Laura Baldrige, Rebecca A. Carter, Diana Lynn Clark, Peggy R. Howard, Rebecca Clark Kelly, David E. Clark, Lisa E. Meade, Sharon Ellis Perkins, Michael A. Ellis, John B. Ellis, Paul Peters, Steven Porter, Debra L. Holbrook, Rebecca Clark Kelly, David E. Clark, Lisa E. Meade, Sharon Ellis Perkins, Michael A. Ellis, Steven Porter, John B. Ellis, Paul Peters, Debra L. Holbrook, Ms. Carolyn Moore, Maria Davis, and any and all Unknown Heirs at law of Isabel Spotte of Prestonsburg, Kentucky

The nature of this action is a Petition for Declaratory Judgment and for Interpretation/Construction of Will, Isabel Spotte died January 4, 2010, in Floyd County, Kentucky. If you are an heir of Isabel Spotte, you are requested to contact the Warning Order Attorney or Attorney Robert L. McClelland.

JOSEPH LANE
WARNING ORDER ATTORNEY
124 WEST COURT STREET
PRESTONSBURG, KY 41653
Telephone (606) 886-6090
Facsimile (606) 886-6148

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NOTICE OF INTENTION TO MINE

Pursuant to Application Number 836-8043 Renewal #5

In accordance with KRS 350.055, notice is hereby given that N F C Mining, Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653, has applied for a renewal of a permit for a coal processing facility located 1 mile east of Lancer in Floyd County. The proposed operation will affect 16.94 acres.

The operation is approximately 0.5 miles southeast from State Route 1428's junction with State Route 3 and located 0.1 mile south of the Levisa Fork.

The proposed operation is located on the Lancer U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by N F C Mining, Inc. and CSX transportation, Inc. The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, Kentucky 41653. Written comments, objections or requests for a permit conference must be filed with the Director, Division of Permits; #2 Hudson Hollow; U.S. 127 South; Frankfort, Kentucky 40601.

NOTICE OF INTENTION TO MINE

Pursuant to Application Number 836-9021 Renewal #4

In accordance with KRS 350.055, notice is hereby given that N F C Mining, Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653 has applied for a renewal of a permit for a refuse disposal coal processing facility located 1 mile east of Lancer in Floyd County. The proposed operation will affect 14.98 acres.

The operation is approximately 0.5 miles southeast from State Route 1428's junction with State Route 3 and located 0.1 mile northeast of Big Branch.

The proposed operation is located on the Lancer U.S.G.S. 7-1/2 minute quadrangle map. The surface area to be disturbed is owned by N F C Mining, Inc.

The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, Kentucky 41653. Written comments, objections or requests for a permit conference must be filed with the Director, Division of Permits; #2 Hudson Hollow; U.S. 127 South; Frankfort, Kentucky 40601.

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NOTICE OF INTENTION TO MINE

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NOTICE OF INTENTION TO MINE

Pursuant to Application Number 836-9021 Renewal #4

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The operation is approximately 0.5 miles southeast from State Route 1428's junction with State Route 3 and located 0.1 mile northeast of Big Branch.

The proposed operation is located on the Lancer U.S.G.S. 7-1/2 minute quadrangle map. The surface area to be disturbed is owned by N F C Mining, Inc.

The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, Kentucky 41653. Written comments, objections or requests for a permit conference must be filed with the Director, Division of Permits; #2 Hudson Hollow; U.S. 127 South; Frankfort, Kentucky 40601.

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LPN/Staff Development/Restorative: Mtn. Manor of Paintsville has an opening for this position. Experience is required. Comparable wages and benefits. Apply in person at 1025 Euclid Ave., Paintsville, KY, from Mon.-Fri., between 8 a.m.-4:30 p.m.

LPN: Mtn. Manor of Paintsville has an opening for a FT, 7p-7a LPN position available. Comparable wages and benefits. Apply in person at 1025 Euclid Ave., Paintsville, KY, from Mon.-Fri., between 8 a.m.-4:30 p.m.

CNA: Mtn. Manor of Paintsville has positions available for CNAs. Comparable wages and benefits. Apply in person at 1025 Euclid Ave., Paintsville, KY, from Mon.-Fri., between 8 a.m.-4:30 p.m.

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APARTMENTS BEING ACCEPTED FOR 1-BEDROOM APARTMENTS FOR PERSONS 62 AND OLDER
Located behind Wendy's and Pizza Hut in Prestonsburg. All utilities are included and the rent is based upon gross monthly income. Several activities, such as law dancing, crafts, bingo, movies, hair salon and church services. The apartment is furnished with a refrigerator, stove, emergency alarm system, and air conditioner. For more information, please call Highland Terrace at 606-886-1925. TDD: 1-800-648-5569 or 711, or come by the office for applications. Highland Terrace does not discriminate in admission or employment in subsidized housing on account of race, color, creed, religion, sex, national origin, age, family status or disability.

APARTMENTS FOR RENT
1, 2, 3, 4 Bedrooms
available for extremely low-income people at Highland Terrace, a HUD project in Goble-Roberts Addn., and Cliffside Apts. at Cliff Road, Prestonsburg. Computerized learning centers offer educational programs for children and adults. All utilities included at Highland Hgts., utility allowance at Cliffside. Call (606) 886-1925, 885-1927, or 885-1919. TDD: 1-800-648-5569. Highland Terrace and Cliffside Apartments do not discriminate in admission or employment in subsidized housing on account of race, color, national origin, sex, age, disability, religion, or familial status.

Miscellaneous
For Sale: Like new Lay-Z-Boy sectional sleeper sofa. Call 606-864-8314.
De Hindinger like new for sale. 60 pint Frigidare, \$100. Call 606-864-8314.
Large Hutch with table for sale. Cherry. Paid \$3,800 will sell for \$1,900. Call 606-864-1046.

Land (Acreage)
Property for sale. Located in Cow Creek. Call 874-9715.

Furniture
ALLEN FURNITURE ALLEN, KY
Furniture, used appliances, living/bedroom suits, bunk beds, and mobile homes under planned. Call 606-868-6491 or 481-4721.

Yard Sale
If you are looking for a bargain the Bargain Basement. New & used misc items. Located on the 2nd street at Cliff Rd on Hibiscus Court Call 886-2080 or 886-3060, for any questions.

Stairlift for sale.
Call 606-329-1344.

Help Wanted - General
WANTED PARALEGAL
Competitive pay, great work environment. Located in Hindman, Floyd County. 20 Minutes from Hazard or 30 minutes from Prestonsburg. Mostly personal injury and property litigation. No certificate required, but must be able to perform Paralegal duties. Experience absolutely required. Call 606-785-5556 8:00am-5:00pm or fax resume to 606-785-0015.
Mystery shopper! Earn up to \$100 per day. Under cover shoppers needed to judge retail and dining establishments. No experience required. Call 877-467-0206.

Miscellaneous
Part Time-Desk Clerk Needed: Brookshire Inn & Suites. Desk clerk needed for weekend shift. Must have experience and must work holidays. Come by the Brookshire Inn and apply.
Part Time taxi drivers needed. Must pass drug screen and have clean driving record. Call to apply 606-285-3140 between 8:30am-5pm.
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Miscellaneous
Part Time-Desk Clerk Needed: Brookshire Inn & Suites. Desk clerk needed for weekend shift. Must have experience and must work holidays. Come by the Brookshire Inn and apply.
Part Time taxi drivers needed. Must pass drug screen and have clean driving record. Call to apply 606-285-3140 between 8:30am-5pm.
Other Services
DIRECTV
Limited Time Offer! Free HD for Life. Ask how by calling DirectTV today! Packages start at \$29.99. 1-866-541-0834

Worldwide Equipment, Inc.
has an immediate opening for Ser-vices with trucks and trailers preferred but not required. Contact Tim Martin at 606-874-2772 ext. 71100 or e-mail resume to tim.martin@thetruckpeople.com

Request for Bid for JANITORIAL SERVICES
Big Sandy Area Development District is requesting bids from qualified janitorial companies to clean the District offices (approx. 3700 sq. ft.) located at 110 Resource Court in Prestonsburg, KY. Anyone interested in bidding this contract may view the premises on Friday, December 3, 2010 from 1:00 p.m. to 3:30 p.m. A scope of services will be available at that time. If you have any questions you may call Terry Trimble at 606-886-2374. Thank you.

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LEGAL NOTICE
To: Unknown Heirs of Patty Sue Adkins Bray, a/k/a Patty Bray Thacker
Re: Tax Easement Investments 1, LLC versus Unknown Heirs of Patty Sue Adkins Bray a/k/a Patty Bray Thacker, et al
Bobby Rowe, Attorney at Law, P.O. Box 1330, Prestonsburg, Kentucky, has been appointed Warning Order Attorney by the Floyd Circuit Court to notify Unknown Heirs of Patty Sue Adkins Bray, a/k/a Patty Bray Thacker, were named as Defendants in a lawsuit filed on or about October 22, 2010, in which the Unknown Heirs of Patty Sue Adkins Bray, a/k/a Patty Bray Thacker, were named as Defendants. Said suit has been filed in Division Number 1 of the Floyd Circuit Court, and is represented by Civil Action Number 10-CI-01139. The basis of the suit is a Complaint against the Defendants for unpaid property taxes on property located at 1217 Ky. Rt. 3379 Branham's Creek, Floyd County, Kentucky.
Unknown Heirs of Patty Sue Adkins Bray, a/k/a Patty Bray Thacker, shall have fifty (50) days from the date of the Warning Order to file an Answer with the Floyd Circuit Court Clerk if they desire to do so. If they do not appear in the suit and defend it, a Judgment will be entered at the discretion of the Court. The Unknown heirs of Patty Sue Adkins Bray, a/k/a Patty Bray Thacker, should be advised that the Warning Order Attorney does not represent their interest, and the Warning order Attorney is only notifying them of the pending lawsuit.

NOTICE OF INTENTION TO MINE
Pursuant to Application Number 836-5534, Renewal
In accordance with KRS 350.055, notice is hereby given that Mason Coal, Inc. P.O. Box 474, 100 East Mountain Parkway, Salersville, Kentucky 41465 has applied for a renewal to an existing underground coal mining operation located 2.2 miles East of Emma in Floyd County. The operation affects approximately 3.67 surface acres and approximately 370,000 cubic feet of underground mining area making a total area of 1008.37 acres within the permit boundary.
The operation is approximately 2.2 miles southeast from KY Route 194's junction with KY Route 1428 and located on Cow Creek.
The operation is located on the Lancaster/L U.S.G.S. 7-1/2 minute quadrangle map. The operation will disturb surface area owned by Sarah B. Allen and underlie land owned by Mary Burchett, William Clair, S.P. Davidson Heirs, Otto Endicott, Eula Lewis, James Lewis, Betty Jarvis, Henry Lewis, Ralph J. Lewis, David & Ollie Collins, Gary Lewis, Jan Salisbury, John Heff, Daniels Creek Development Corporation, James Hunter Heirs, Kimberly Hunter, John K. Burchett, Jonathan Bailey, Jacob & Jarvis, James J. Hines, Keno & Wanda Caldwell, Hansford Spears Heirs, William H. Goble, and Helen Walls. The operation will use the room and pillar method of mining.
The renewal application has been filed for public inspection at the Department for Natural Resources' Prestonsburg Regional Office, 310 South Lake Drive, Suite 6, Prestonsburg, Ky. 41653. Written comments, objections, and requests for a permit conference must be filed with the Director, Division of Mine Permits, No. 2 Hudson Hollow, U.S. 127 South, Frankfort, Ky. 40601.
This is the final advertisement of this application. All comments, objections or requests for a permit conference must be received within thirty (30) days of today's date.

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Oakwood Homes in London MOVING SALE
Over 20 Homes MUST GO!
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NOTICE OF INTENTION TO MINE
Pursuant to Application Number 836-8050 Renewal No. 3
In accordance with KRS 350.55, notice is hereby given that Mare Creek Sand Company, Incorporated, P. O. Box 598, Allen, Kentucky 41601 intends to file for renewal of a Prep Plant coal processing facility affecting 3.97 acres located 0.45 miles south west of the community of Emma in Floyd County.
The operation is approximately 4,200 feet southwest of State Route 1428's junction with State Route 194 on the North bank of the Levisa Fork. The operation is located on the Lancer U.S.G.S. 7-1/2 minute quadrangle map at latitude 37d 37m 58s and longitude 82d 42m 28s.
The application has been filed for public inspection at the Department for Natural Resources' Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments or objections must be filed with Director, Division of Mine Permits, 422 Hudson Hollow Complex, U. S. 127, South, Frankfort, Kentucky 40601. This is the final advertisement of this application; all comments, objections, or requests for a permit conference must be received within thirty (30) days of today's date.

COMMONWEALTH OF KENTUCKY FLOYD CIRCUIT COURT
DIVISION NO. 1
C.A. No. 10-CI-01090
Bac Home Loans Servicing, LP
Countrywide Home Loans Servicing, LP
Plaintiff
Vs.:
Belinda M. Jarrell, et al
Defendant
NOTICE OF PENDING ACTION
By virtue of the Order of the Floyd Circuit Court, dated October 11, 2010, the undersigned was appointed to serve as Warning Order Attorney to notify the Unknown Defendant Spouse of Brian Keith Click of the pendency of mortgage foreclosure of real estate of the following described property, to-wit:
A certain tract of land lying in the Town of Martin, Floyd County, Kentucky and described as follows:
Lots No. 6 and 7 in Block "G" of the New Martin Addition to the City of Martin.
Source of Title: Deed of Conveyance from Mary Lou Poulos and Emanuel Poulos, her husband, to Jobie Click, Jr. dated September 6, 1996 of record in Deed Book 398, Page 413; Deed from Billie Sue Roberts and Hollis Roberts, her husband, to Jobie Click, Jr. dated September 5, 1996 of record in Deed Book 398, Page 409; and Deed from Sandra Gay Dotson and Steve Dotson, her husband, to Jobie Click, Jr. dated September 4, 1996 of record in Deed Book 398, Page 417, Floyd County Clerk's Office.
PROPERTY ADDRESS: 11518 Main Street, Martin, KY 41649
Notice is hereby given that the Unknown Defendant Spouse of Brian Keith Click is directed to come forward and present any interest in the above-described real property she claims or be forever barred.
Signed,
Robert J. Patton
Warning Order Attorney
Kinner & Patton Law Offices
328 East Court Street
Prestonsburg, Kentucky 41653
(606) 886-1343

PROVIDER LIAISON
Hospice of the Bluegrass, a leading provider of end of life care, is currently looking for a dynamic, full-time Provider Liaison to join our Bluegrass office.
Provider Liaison responsibilities include:
-Coordinate with the sales team to solicit and expand referral sources on behalf of Hospice of the Bluegrass; to develop and maintain productive relationships;
-Provide monthly quality and annual marketing plans to quality sales activities;
-Coordinate and participate in outreach efforts to generate referral sources and increase revenues;
-Identify and position Hospice of the Bluegrass programs and services as a unique, high-quality and cost-effective care for the Bluegrass community of care;
-Value:
Successful candidates will demonstrate:
-A minimum of 3 years experience in sales and marketing; preferably in the home care industry with a proven track record of success;
-A Bachelor's degree in Marketing or Business with a sales and marketing emphasis;
-Excellent verbal and written communication skills and interpersonal abilities;
-A strong ability to work independently and to meet deadlines.

NOW HIRING - IMMEDIATE OPENINGS
Redhawk Mining, LLC, in Printer, KY is seeking experienced Underground Miners for all positions
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Top Pay & Competitive Benefit Package:
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or call (606) 285-3307 for directions to apply in person.

HIGHLANDS HEALTH SYSTEM
Come Grow With Us!
Highlands, a growing premier healthcare facility in Prestonsburg, is currently recruiting for House Director - Full Time Nursing Administration
Highlands Regional Medical Center has an opening for a full-time House Director. The House Director is responsible for all aspects of staff management, departmental management, and for creating a positive professional work environment that focuses on the customer. Administrative responsibilities include: annual work plan development, budget preparation, performance reviews, performance improvement programs, professional development programs for staff, and preparation and maintenance of regulatory requirements, such as JCAHO, OSHA, etc. Managers are expected to embrace, utilize, and champion technology to advance HRMC & HHS and its strategic agenda.
Graduate of accredited nursing program and currently licensed in the state of Kentucky. Management training or experience required. BSN preferred. Must be able to stand and walk for long periods and do heavy lifting.
• Nine (9) Paid Holidays • 401k Retirement Plan
• Medical/Dental Insurance • Life Insurance
Interested applicants may apply to the Human Resources Department
Highlands Regional Medical Center
5000 Kentucky Route 321, Prestonsburg KY 41653
(606) 886-7531 • Fax (606) 886-7534 • E-mail: tclark@hrmc.org
Highlands is an equal opportunity employer.

PROVIDER LIAISON
Hospice of the Bluegrass, a leading provider of end of life care, is currently looking for a dynamic, full-time Provider Liaison to join our Bluegrass office.
Provider Liaison responsibilities include:
-Coordinate with the sales team to solicit and expand referral sources on behalf of Hospice of the Bluegrass; to develop and maintain productive relationships;
-Provide monthly quality and annual marketing plans to quality sales activities;
-Coordinate and participate in outreach efforts to generate referral sources and increase revenues;
-Identify and position Hospice of the Bluegrass programs and services as a unique, high-quality and cost-effective care for the Bluegrass community of care;
-Value:
Successful candidates will demonstrate:
-A minimum of 3 years experience in sales and marketing; preferably in the home care industry with a proven track record of success;
-A Bachelor's degree in Marketing or Business with a sales and marketing emphasis;
-Excellent verbal and written communication skills and interpersonal abilities;
-A strong ability to work independently and to meet deadlines.

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Now Hiring! Maintenance Technician
This position completes preventative and basic maintenance tasks on food service equipment, gasoline disposers, point of sale, lighting, sinks, pumps, HVAC, refrigeration and all other station equipment as required throughout Prestonsburg and surrounding area Speedway stores.
Responsibilities:
- Responds to assigned work orders, schedules and prioritizes maintenance duties and work assignments for the USA locations.
- Observes and inspects equipment to determine if servicing is required.
- Reads, interprets, and follows procedures described in service and operator manuals.
- Recommends when an outside contractor is required to handle a service problem.
- Ability to work alone and with others to accomplish team goals.
Candidates must possess a HS Diploma or equivalent along with valid driver's license, knowledge of MS Office and ability to multi-task and prioritize several jobs at once is required.
Candidates with experience in the c-store industry working in either Operators or Maintenance preferred but not required. Previous experience maintaining fuel systems, food service equipment, HVAC, Refrigeration, electrical plumbing and/or computer systems is highly desirable.
Applicants must be available 24 hours per day, 7 days a week for on-call emergency service and be able to work on outside equipment as required, regardless of weather conditions.
Interested candidates may submit a resume to:
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Attn: Marc Swartz
4433 38th St NW, Canton, OH 44718
mrschwartz@speedway.com
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FLOYD COUNTY Lifestyles

SECTION

C

YESTERDAYS

Items taken from The Floyd County Times,
 20, 30, 40, 50, 60, 70 years ago. page C2

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EVERYBODY'S SCIENCE

A magical berry to protect your 'plumbing'

by SANDY MILLER HAYS
 AGRICULTURAL RESEARCH SERVICE

For an all-American fount of great quotes, you just can't beat Mark Twain. Consider these gems:

■ "Age is an issue of mind over matter. If you don't mind, it doesn't matter."

■ "Denial ain't just a river in Egypt."

■ "Man is the only animal that blushes—or needs to."

■ "There are lies, damned lies, and statistics."

There are a lot more where those came from, but here's one of my all-time favorites: "When I was a boy of 14, my father was so ignorant I could hardly stand to have the old man around. But when I got to be 21, I was astonished at how much the old man had learned in seven years."

The older I get, the more I'm amazed at how much wisdom there is in that one. The view—and the perspective—are definitely different from this side of 40 than the other side!

For example, "hardening of the arteries" used to sound like nothing more than the punch line to a joke. But once you've pumped blood through the same set of arteries for some 20,000-plus days, as I have, you develop a deep desire to keep those arteries in relatively good working order for as long as possible.

So I was intrigued to read recently that studies funded by the Agricultural Research Service (ARS) have revealed that there's a magical fruit that apparently can make a big difference in whether hardening of the arteries—that's "atherosclerosis"—you purists—will go on sounding like a punch line, or the scariest thing your doctor ever tells you.

What is this magical berry, and where do you get it? Prepare yourself: It's blueberries, and you can get them at your local grocery store.

You might not be aware of this, but atherosclerosis is the leading cause of two forms of cardiovascular disease: heart attacks and strokes. And cardiovascular disease is the No. 1 killer of Americans.

How can the simple blueberry fight a killer like that? According to the results of the ARS study, the berries can help prevent harmful lesions, symptomatic of atherosclerosis, from increasing in size inside your arteries.

The study compares the size of atherosclerotic lesions in 30 young laboratory mice. For 20 weeks, half of the mice were fed diets spiked with freeze-dried blueberry powder while the other mice didn't get the berry powder.

All of the mice in the study were deficient in apolipoprotein-E, a trait that makes them highly susceptible to forming atherosclerotic lesions—and also makes them an excellent model for these types of biomedical/nutrition studies.

At the end of the study, the researchers measured the size of arterial lesions at two sites in the aorta, which is the artery leading from the heart, of the mice. The bottom line? In the mice that had eaten the blueberry powder, the lesions were 39 percent and 58 percent smaller than the lesions in the mice that didn't get the berries.

This isn't the first time that research has suggested that blueberries could help combat cardiovascular disease. But this was the first time anyone has come up with direct evidence of why that is so.

So are we talking about eating enough blueberries to sink the "Queen Mary"? Hardly! The amount of blueberries consumed by the better-protected mice would be the equivalent of your eating about half a cup of fresh blueberries each day.

The scientists now want to explore

(See SCIENCE, page 2)



MOUNTAIN STORIES

Miller releases 'Tales from the Hills and Hollers'

by JARRID DEATON
 FEATURES WRITER

Rose Karen O'Quinn Miller, using the pen-name "Karen Quinn," has released a book, "Tales From the Hills and Hollers of Eastern Kentucky," a collection of 30 stories about interesting happenings in Appalachia.

Quinn is a native of Floyd County and has had several poems and stories published in many Kentucky magazines. She has written a monthly column for a religious magazine and was asked to contract two of her poems with Blue Mountain Art. One of her latest stories, "Aunt Nanc," appeared in this year's February issue of The Kentucky Explorer.

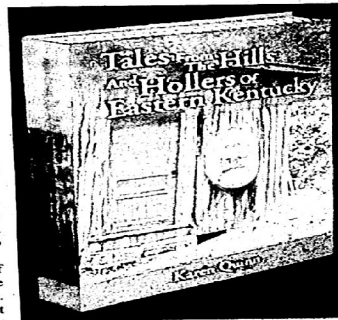
According to a release about the book provided, "Being from a family of nine children, living in a hollow, Karen admits to having a treasure chest of heart-warming, hilarious tales which are sure to squeeze some kind of emotion from your heart and provide the reader with an enjoyable read."

"Tales From the Hills and Hollers of Eastern Kentucky" includes a section of country and wildflower poetry and many old-time recipes for soap making, fresh hog sausage, wild game and many more favorite mountain recipes.

In a release about the book, Quinn's stories are described as having, "Unpretentious characters that reach inside the reader and demand attention and emotion, generally in the form of side-splitting hilarity; however, there are stories of disasters, disparity and even death which gnaws on the raw bone of humanity inside each of us."

Quinn lives in Richmond with her husband and two grandsons. She is currently writing the second and third books, in a series of six, which she is determined to publish.

"Tales From the Hills and Hollers of Eastern Kentucky" is available for purchase at Readmore Bookstore in Prestonsburg. For more information, visit <http://www.karensappalachia.com>.



'El Grabado Mexicano' featured at Weber Art Gallery

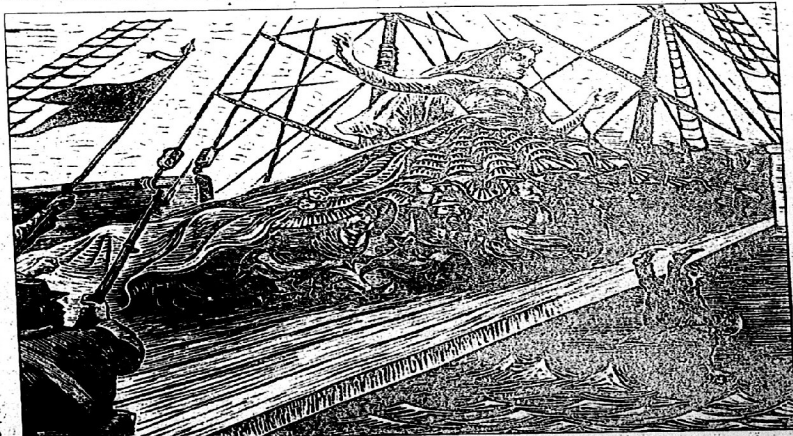
PIKEVILLE — The Marguerite Weber Art Gallery at Pikeville College, in conjunction with the Kentucky Institute for International Studies (KIIS), is pleased to announce the exhibit "El Grabado Mexicano," or "Mexican Engravings," a visual history of Mexico's struggle for independence.

The traditional Mexican art media of woodcuts and engravings depict scenes from historic landmarks and time periods brought together to mark the bicentennial celebration of the independence of Mexico.

The prints showcase Mexican history and myth through art and were made possible by an agreement between KIIS and the Ministry of Culture of Michoacan. Part of a traveling exhibit, the show has been presented at colleges in Kentucky, Tennessee, including the University of Louisville, Georgetown College and Western Kentucky University.

"I'm very excited the collage

(See ART, page 2)



OUR YESTERDAYS

(Items taken from
The Floyd County
Times,
10, 20, 30, 40, 50 60,
70 years ago.)

Ten Years Ago

(Nov. 12, 15 & 17, 2000)

Jason D. Turcotte, 23, a fugitive from the state of New Hampshire was discovered and arrested in Floyd County during the early morning hours of October 4. He was observed walking on the edge of the road on US 23 at 3:26 a.m. by Kentucky State Police Trooper Michael Kidd...A flag raising ceremony was held at noon on Friday by local Vietnam veterans at the Gearheart Communications Building in Harold...A group of coal operators from eastern Kentucky has filed an appeal to force the federal government to release \$1.3 billion in the Abandoned Mine Lands Fund and return the money to Kentucky. If the lawsuit is successful, the money would be returned to Kentucky for use in cleaning up abandoned mine lands...Police are searching for an armed robber who held up a liquor store in Wayland on Thursday. The incident occurred Thursday night, at C & C Liquor around 10:40 p.m. according to Kentucky State Police, a white male entered the store with his face covered with a bandana...The hallways of McDowell ARH experienced some unwanted activity on November 3. At 3 p.m., law enforcement officers were called to the scene to take control of a situation involving a divorced couple...The City of Prestonsburg this week denied its response to a lawsuit seeking to block annexation of the Big Branch of Abbott Creek area brought by 13 residents. And in so doing showed it is willing to play hardball with five of the residents who it says have broken their sewer service contract with the city...As expected, the city denied the residents' claims that the annexation proposal was handled improperly. However, the counterclaim is notable for the severity of actions it proposes against five of the residents who signed up for the city sewer service...Floyd County property owners can expect to receive their tax bills for the year 2000 today or in the next few days. Sheriff John K. Blackburn and his staff put around 22,000 tax bills in the mail yesterday...Police responding to a report of a burglary in Wayland, Saturday night, solved their case and put an escaped prisoner back behind bars at the same time. Kentucky State Police received a report of a burglary at a Wayland residence around 11 p.m. Saturday night. Upon arrival, officers discovered Donald Ray Hall, 41, of Neon, hiding in an outbuilding adjacent to the residence. He was arrested and charged with third-degree burglary and second-degree escape...A groundbreaking ceremony was held on Monday, November 13, at 11 a.m., on the Pike-Floyd Hollow Road in a vacant lot adjacent to the Betsy Layne Senior Citizens Center. The site is the future home of a new Sandy Valley District office...A Floyd County native who had been missing from his home in Panama City, Florida, has been found. His mother, Carol McIllothen was contacted on the evening of November 13, by Detective Ken Smiley of the Bay County Sheriff's Department, Panama City, Florida, that her son had been located within the state of Florida, and that she could be assured that he was receiving "excellent care"...A new state law has gone into effect that now requires that all students entering the sixth grade in the 2001-2002 school year must complete a series of three hepatitis B vaccines prior to enrollment. In order to make the completion of this series of shots as convenient as possible for parents and students, the Floyd County Health Department is working closely with the Floyd County Board of Education and area schools...Given recent controversies concerning its fire department and its annexation of the Big Branch area of Abbott Creek, would not have been unreasonable to expect Monday night's meeting of the Prestonsburg City Council to be a fiery one—Michael Moore, a former employee of the Prestonsburg Fire Department, addressed the council with his concerns surrounding the various changes that have taken place...There died: Bailey Dawn Whitaker, daughter of Bryan and Nicole Weinstein Whitaker, was stillborn on Monday, November 6; Mary Spears Stone, 87, of St. Petersburg, Florida, formerly of Noid Creek, Monday, November 6; Greenbrook Nursing Home in Florida; Virgil Hall, 58, of Van Lear, Friday,

November 10, at the Paul B. Hall Regional Medical Center; Nancy Anne Hughes Lessard, 66, of Lexington, formerly of Prestonsburg, Sunday, November 4, at her home; Billy Ray Hicks, 69, November 9, at the Shawnee Manor Nursing Home; Larry Ray Howard, 48, of Garrett, Tuesday, November 14, at his residence; George P. Blankenship, 83, of Wayland, Friday, November 10, at Pikeville Methodist Hospital; Nadine White, 60, of Columbus, Ohio, formerly of Knott County, Monday, November 6, at Grant, Columbus, Ohio; Millie M. Reynolds, 80, of Marion, Ohio, November 13, at Morningview Care Center; Lottie Mae Spears, 87, of Harold, Friday, November 10, at her residence; Norma S. Stepp, of Lancer, October 15, at Highlands Regional Medical Center; Nancy Anne Hughes Lessard, 66, of Lexington, formerly of Prestonsburg, Sunday November 4; Paul G. Fyffe, 65, November 14, former owner of WSP AM and FM radio station in Paintsville; Lizzie Gibson Roberts, 90, of Pikeville, Tuesday, November 14, at Pikeville Health Care Center; Bewell Duff, 61, of Garrett, Thursday, November 16, at Highlands Regional Medical Center; Maggie Caldwell Steele, 89, of Allen, Thursday, November 16, at her residence; Peggy Jo Sparks Branham, 65, of Mt. Sterling, November 15, at her residence.

Twenty Years Ago

(Nov. 14 & 16, 1990)

A 24-year-old North Carolina man was reportedly asphyxiated, Tuesday, in a Floyd County motel in a fire authorities believe may have been ignited by a lit cigarette. A heart attack has been cited as the cause for a single-vehicle car crash which killed a Minnie woman Sunday morning at Drift. Vivian Allen, 69, was pronounced dead at the scene by Floyd County Deputy Coroner Bluford Smith. Carl D. Perkins Job Corps Center in Prestonsburg received two major educational first place awards in the recently completed Region IV conference hosted by the U.S. Department of Labor in Atlanta...A federal civil rights lawsuit brought against the Floyd County Board of Education in February by a teacher's aide could be settled if the plaintiff and her attorney agree to an undisclosed settlement approved by the board at last Wednesday's meeting...Members of the Christian Knights of the Ku Klux Klan apparently intend to march through Prestonsburg Sunday, despite the city's denial of a parade permit...Floyd County Solid Waste Inc. last week filed a request with the Division of Waste Management to accept solid waste from Martin and Pike counties, and also informed the Floyd County Board of Education that the state it intends to upgrade its landfill before June 1992...Approximately 200 gallons of diesel fuel spilled into Beaver Creek from an overflowing storage tank on the lot of Sandy Valley Explosives Company near Allen, Friday night, said Robert Carpenter, Floyd County Disaster and Emergency Services director. The Kentucky County Inc. will be showcasing local talent Sunday, November 25, when the group will host its first concert at Prestonsburg Community College...Civic organizations throughout Floyd County are joining forces to find solutions to the county's three biggest problems—litter, education and jobs. There died: Charles Snooks Eads, 79, of Bypro, Nov. 12, at McDowell ARH; Luther J. Baldrige Jr., 71, of Indianapolis, Indiana, formerly of Floyd County, Nov. 12, at St. Francis Hospital in Indianapolis; Alan Ward Allen, 69, of Minnie, Nov. 11, at Drift, from injuries received in an automobile accident; Phillip Gene Chaffins Jr., infant son of Phillip (Rusty) Chaffins, Nov. 5, at the University of Kentucky Medical Center in Lexington; Emma Jarrell "Fat Mom" Jones, 95, of McDowell, Nov. 12, at her residence; Leeman Bevins Sr., 68, of Banner, formerly of Grapevine, Oct. 27, at the Pikeville Methodist Hospital; Evelyn (Peachie) Adkins, 56, of New Carlisle, Ohio, formerly of Teaberry, Nov. 11, in Troy, Ohio; Willie Cox, 69, of Kendallville, Indiana, Nov. 10, at Memorial Hospital in Kendallville; Columbus Ousley, 52, of Elizabethtown, Oct. 25, at Ireland Army Hospital in Fort Knox; Grant Burke, 88, of Weeksburg, Nov. 11, at his residence; Lorene Stephens Lykins

Meinke, 55, of Clay City, formerly of Floyd County, Nov. 10; Grayson Tackett, 67, of Price, Nov. 6, at Central Baptist Hospital; Emery Eugene Clark, 93, of Fredricksburg, Va., formerly of Prestonsburg, Nov. 14, at his residence; Edison (Pig) Blair, 46, of Water Gap, Nov. 13, at HRMC; Hubert Ferrell, 68, of Ft. Wayne, Ind., formerly of Floyd County, Nov. 13, at St. Joseph Hospital in Indiana; Christina Hicks, 63, of Prestonsburg, Nov. 13, at HRMC.

Thirty Years Ago (November 19, 1980)

Closing of the \$3.9 million bond sale to finance construction of Betsy Layne High School in a new location at Stanville was effected here last Friday, and groundbreaking for the venture will be done shortly after Thanksgiving, it was announced...The plaques containing the Ten Commandments that have been placed in many Floyd County schoolrooms may have to be hauled down. The U.S. Supreme Court in an unsigned 5-4 decision, Monday, declared unconstitutional the 1978 Kentucky law providing for their posting in schoolrooms...Of the 48 indictments reported to Circuit Judge Hollie Conley by the grand jury at its adjournment last Wednesday, exactly half accuse defendants of theft by deception...The first significant rainfall in a month began as a drizzle Friday, and continued through the weekend, at last bringing a halt to a week of devastating forest fires which burned approximately 90,000 acres of Floyd County woodland...It was Friday in Martin, the end of another bad week. Disrupted for months by the construction of the new KY 80, choked with smoke from the fires burning all around, frustrated by delays in repairing the city's broken water system, plagued by daily interruptions in the water supply, and weary of the bickering among city officials, many residents were wondering when it would all end and some were circulating yet another petition...Although John Henry Newsome two weeks ago won from the Kentucky Supreme Court a reversal of his 15-year pen term and was granted a new trial of the charge lodged against him in the 1976 knife-slashing here of Gerald McBryer, court officials here are in the dark as to the next move in the case...There died: Joe Wheeler Harris at Riverview Manor Nursing Home on Wednesday; Lois J. Collins at our Lady of the Way Hospital, Saturday; Shilva Dawson Maynard, at the home of her son in Ohio on November 9; Lula Hale Montgomery at Highlands Regional Medical Center, November 13.

Forty Years Ago

(November 19, 1970)

Ballard Justice, 63, of Shelbiana, was killed and five others were injured when his car pulled into a large boulder on fog-shrouded US 23 near here last Thursday morning. The Browder Products Co. began construction of this week of its second building here. The Bank Josephine officially opened its new branch bank here last weekend...Three-year-old Christopher Bailey succumbed, Sunday, at our Lady of the Way Hospital to burns suffered a few hours earlier at Highlands Regional Medical Center...There died: Martin, retired railway engineer, last Thursday, at his home; John Hardy Patton, 75, formerly of Prestonsburg, last Monday, in Chicago hospital; Ernest Hall, 69, formerly of Betsy Layne, Saturday, at Knightstown, Indiana; Mrs. Ida Thompson, 70, formerly of Langley, Friday, at Kenova, West Virginia; Mrs. Cordelia Bentley, 86, Sunday, at her home at Halo; Paul Smith, 54, Friday, at his home at Betsy Layne; James Herald, 72, formerly of West Prestonsburg, Saturday, at Carey, O.; Alex L. Frazier, 76, former professional baseball player and residents of Floyd County, Nov. 4, at Veterans'

Art

will be hosting this exhibit," said Pat Kowalok, professor of art. "The prints, the history they represent, and the cultural mythology they present should appeal to a wide audience at a liberal arts college." "El Grabado Mexicano" will be featured at the gallery from Nov. 18 through Dec. 15. Special presentations by Steve Budney, associate professor of history, and John Howie, professor of psychology—both of whom have taught in Mexico—will be held on Monday, Nov. 22, at 11 a.m. A reception will follow. The exhibit, sponsored by KIIS, the Weber Gallery and Pikeville College's Division

of Humanities, is free and the campus and community are cordially invited. Located in the Record Memorial Building, level two, gallery hours of operation are on Monday from 10-11 a.m. and noon-6 p.m.; Tuesday from 11 a.m.-1 p.m. and 1:30-6 p.m.; Wednesday from 9-11 a.m. and noon-6 p.m.; Thursday from 1:30-6 p.m.; and Friday from 9 a.m. to noon and 1-3 p.m. For more information, contact Kowalok at (606) 218-5758 or Petra Carroll, assistant professor of art, at (606) 218-5759. The Kentucky Institute for International Studies (KIIS) is a non-profit consortium of colleges and uni-

versities. Since 1975, KIIS has provided international educational experiences in Europe, Latin America, Africa, Canada, and Latin America for nearly 9,000 participants. KIIS currently offers 24 summer and 5 semester study-abroad programs in Argentina, Austria-Bregenz, Berlin, China, Costa Rica, Denmark, Ecuador, Greece, Istanbul, Italy, Japan, Mexico, Morocco, Munich, Paris, Prague, Quebec, Salzburg, Slavic Europe, Spain, and Tanzania. Rural Electric Inc. in this county already staked actual construction which will bring electricity to several hundreds of rural homes of the county is expected to be started this month...Voluntary enlistment during the past week of 19 Floyd County men brought the total number to 50...Born: to Mr. and Mrs. Virgil Crisp, a daughter, at Dinwood; to Mr. and Mrs. Ralph Dingus, of Martin, a daughter, Lucrétia Ann...There died: Harry H. Stansbury, 73, of Garrett; H. H. Justice at the Beaver Valley Hospital, Martin; Molly Ramey Ford, 40, at the home of Mr. and Mrs. Irwin Ford.

Continued from p1

Science

how the blueberries work their magic. For example, by boosting the activity of four antioxidant enzymes, the blueberries may have reduced the oxidative stress that's a known risk factor for atherosclerosis. If you're a regular reader of this column, you may have seen previous mentions of other work by ARS scientists showing that blueberries can help combat

"hardening of the brain," the neurotic plague that's a telltale sign of Alzheimer's disease. In that study, rats that had a genetic mutation that promoted buildup of the plaque were fed blueberry extract for eight months, and then put through maze tests. Despite the genetic handicap, those rats did just as well on the tests as did healthy rats—and much bet-

ter than other plaque-prone rats that didn't eat the blueberry-laced chow.

"I can't break out the muffin pan, I think!"

The Agricultural Research Service is the chief in-house scientific research agency of the U.S. Department of Agriculture. You can read more about ARS discoveries — at www.ars.usda.gov/news.

Community Calendar

Calendar items will be printed as space permits

Editor's note: To announce your community event, you may hand-deliver your item to The Floyd County Times office, located at 263 S. Central Avenue, Prestonsburg, or mail to: The Floyd County Times, P.O. Box 390, Prestonsburg, KY 41653; or fax to 606-886-3603; or email to: features@floyd-countytimes.com. Information will not be taken over the telephone. All items will be placed on a first-come, first-serve basis as space permits.

First Presbyterian Church Operation Christmas Shoebox

The First Presbyterian Church is Prestonsburg, KY is once again collecting shoeboxes for the Operation Christmas Shoebox organization. Since 1993, this Samaritan's Purse project has shared the Good News of God's love with hurting children through the simplest of gifts—shoeboxes filled with school supplies, toys, and personal items these shoeboxes help introduce children to Jesus Christ. Local believers follow up with evangelistic programs, and many precious boys and girls later receive Jesus as their Savior. We invite your family, church or group to take part in this unique mission. For more information, about this mission you may call the church office at 886-2214. Collection dates are Nov. 15-21. The church is located beside Jerry's Restaurant in Prestonsburg.

Foster parents needed
Do something rewarding, change a child's life by becoming a foster parent. Singles and couples welcome. Foster families are financially compensated monthly and will receive other financial reimbursements. Call for more information, at 606-886-0163 or visit our website at: www.benchmarkfamily-services.org

vices.org

Foster parents needed
Non-profit in need of foster parents in your area: Singles/couples welcome. Benefits: potential compensation up to \$5,000 monthly (rates vary w/circumstances); \$500 startup bonus (w/a for transfer families); mileage reimbursement; free/flexible trainings; 24/7 emergency support; and, an opportunity to change a child's life. All foster children receive free school lunches, medical cards, clothing vouchers, etc. Contact us: @606-886-0163 or @www.benchmarkfamily-services.org

Christmas Open House

You're invited to a Christmas Open House. Sweets, door prizes, unique shopping, gingerbread house, and decorating contest on Tuesday, November 23, 10 a.m.-2 p.m. (Located in the Old Post Office Building). Contact Chamber (606-886-0364).

Free Parenting Classes:

To determine eligibility, call John 791-9887.

Autism Awareness & Support Group

2nd Monday of each month. Calvarys. Call Church, Lancer, Ky. (6-7 p.m.). Contact: Billie Chain, eastkyautismawareness@gmail.com

Autistic Children Support Group plans monthly meeting

Support group for Guardians of Autistic Children will meet the first Thursday of every month at the Haven of Rest, 1601 Airport Road, Inez. Call 606-298-0520 for information.

Non-profit agency needs foster parents

Non-profit agency in need of foster parents in your area. Financial compensation/bonuses, free foster parent trainings, mileage reimbursement, and 24-7 support are available. All foster children get a medical card, free school lunches, and clothing vouchers/other reimburse-

ments. Call for more information, at 606-886-0163 or visit our website at: http://www.benchmarkfamily-services.org/

Auxler Learning Center offers home repair aid

Need help with home repairs? The Auxler Lifetime Learning Center can help. We are now taking applications for home repairs. If you or someone you know are low income and need help with repairs on your home, please call 606-886-0709 for your application, or stop by the office at 21 South River Street, Auxler. Office hours: Monday-Friday, 8:00-4:00. Must provide proof of income and ownership.

Free Tax preparation available in Big Sandy

Big Sandy Area Community Action Program is once again offering ERETE help for eligible tax filers in preparing and electronically filing tax returns. The service, made possible through funding from Community Action Kentucky and the Kentucky Violence Association, is available in Johnson, Magoffin, Martin, Floyd and Pike Counties. BSCAP has IRS-certified staff to prepare and file tax returns, and offers the service free to low-income residents in the Big Sandy area. To schedule an appointment, call (606) 789-3641.

Benchmark Family Services family care support

Benchmark Family Services is a private, non-profit therapeutic foster care agency seeking caring and compassionate foster parents in eastern Ky. Free flexible training schedules, 24-7 support, monthly financial compensation, financial bonuses, and mileage reimbursement available. Call: 606-886-0163. www.benchmarkfamily-services.org

FCHD offers Body Recall exercise classes

The Floyd County Health Department offers Body Recall gentle exercise classes every Monday, Wednesday, and Friday, at 9:30 a.m. at May Drive, just off 1428, and at 10:30 at the First Presbyterian Church in Prestonsburg.

Classes are free and open to the public. Call 886-2788 for more information.

Become a Volunteer with Victim Services Program

You are more likely to be hurt by someone whom you know rather than be assaulted on Kentucky's streets by a total stranger. Learn to assist victims of sexual assault, child abuse and domestic violence by becoming a Volunteer with Victim Services Program. Call today to receive an application for our free training program.

Call the Volunteer Coordinator at (606) 886-4323 for further information or to request an application. (The Victim Services Program is a program of Mountain Comprehensive Care Center.)

OutPatient Drug Treatment Program and Education

Narconon warns parents that abuse of addictive pharmaceutical drugs with youth is on the rise with deadly consequences. Learn the signs of drug abuse. Call Narconon for a free brochure on the signs of addiction for all drugs. 877-379-0208. www.drugsno.com

Higher education begins here

The Kentucky Adult Education Learning for Life program offers GED, Adult

Learning, Tutoring and College Preparation classes. These classes are managed by Big Sandy Community & Technical College. All classes are free to anyone 16 years old or older.

Along with GED preparation, we offer adult learning, tutoring and college preparation for people who have high school diplomas or GED equivalent who want to continue their education. The (GED) classes are offered at various locations throughout Floyd County five days a week, from 8 a.m.-4:30 p.m. Evening classes are also available from 5-8 p.m. at some locations. There are no registration fees; all classes and materials are free.

For more information about the times and locations of these classes, call 606-886-7397, between 8 a.m. and 4:30 p.m., Monday through Friday. Information about home study for your GED is also available. Please call today, our instructors are waiting to assist you!

Reunion/Memorial to be held in 2010

Old House Hollow, "Bristle Buck", East McDowell, to be held in 2010. For information, send a post card to 47 Frasure Creek Road, McDowell, KY 41647, or e-mail: patricia_466@hotmail.com; also Post Card, P.O. Box 431, McDowell, KY 41647.

Auxler Community Center Free GED classes

Monday, Tuesday and Wednesday, from 10 a.m.-12.

Free Bible Lessons

Write to: Bible Way Outreach Ministry, P.O. Box 3371, Kingsport, TN 37664. Lessons completely free of charge to all interested.

Have an 'Out of this World' birthday party!

The East Kentucky Science Center is now offering a fun and distinctive party venue for kids of all ages. The Birthday Party package includes rental of a classroom and admission to exhibits and planetarium programs. Must be booked

two weeks in advance; limit 40 guests. Call 889-8260 for more information.

Need Help With Home Repairs?

The Auxler Lifetime Learning Center can help! We are now taking applications for home repairs. If you, or someone you know, are low income and need help with repairs on your home, please call 606-886-0709 for your application, or stop by our office at 21 South River Street, Auxler. Office Hours: Monday-Friday, 8-4.

Democratic Woman's Club meets at May Lodge

The Floyd County Democratic Woman's Club meets the second Monday of each month at 6:00 p.m., at the May Lodge, Jenny Wiley State Park.

Need help with addiction?

Lifeline of Floyd County "Conquer Chemical Dependency" is a Christ-centered 12-step program offering support to those who are coping with addiction and learning to live drug-free lives. The support group meets on the following schedule:
Mondays, at Minnie (beside pharmacy), from 7-8 p.m.

Mondays, at Little Mud, Spruce Pine School, from 7-8 p.m.

Tuesdays, in Prestonsburg, in the Van Ark Building, from 2-3 p.m.

Tuesdays, at David, The David School, from 3:30-4:30 p.m.

Wednesdays, at Allen Baptist Church, from 7-8 p.m.

Thursdays, at Allen Baptist Church, from 7-8 p.m.

For more information, call Shirley Combs at (606) 434-8400, or Tom Nelson at (606) 478-2836.

Hope in the Mountains

Hope in the Mountains will host public meetings on Mondays, at 9 a.m., at the junction of U.S. 23 and Rt. 80, on Water Gap Rd., behind the Trimble Chapel Church.

Meetings focus will be to offer information in regard to community resources available to women seeking freedom from drug abuse. Family members are also welcome to attend. The Hope initiative proposes to help women break free from addictive lifestyles to become self-respecting contributing members of

(See CALENDAR, page 5)

The Floyd County Animal Shelter PET OF THE WEEK



This week's celebrity is world-famous court reporter, MARLENE TACKETT, who is talking with the gorgeous CAMILLE, a two-year-old female cat, who is one of the large population of cats available for adoption.

The Floyd County Animal Shelter is located at Sally Stephens Branch in West Prestonsburg. Phone 886-3189



Miss Mabel Jean

Mabel Jean LeMaster will celebrate her 90th birthday on Nov. 23, 2010, at her home at 2419 Mistletoe Lane, Millville, NJ 08332.

A family celebration is planned.

She was born Nov. 23, 1920, to Manis and Josephine Conley of Prestonsburg, Ky. She is a member of the First United Methodist Church of Prestonsburg. On June 14, 1946, she married Thomas LeMaster, and they spent 56 years together before Tom's passing in 2002.

Mabel has three daughters, Kay Wingham of Dayton, OH, Jeanne Setser (Fred) of Millville, NJ, and Mary Ann Waltman (Alan) of Millville, NJ. She has four grandchildren and five great-grandchildren.

Mabel began her teaching career in a one-room school in Auxler, Ky, and she spent 20 years teaching kindergarten at the Methodist church where her students remember her as "Miss Mabel Jean."

PUBLIC NOTICE

The Board of Directors of Appalachian Research and Defense Fund of Kentucky, Inc., will hold its quarterly meeting on Saturday, November 20, at 9:00 a.m., at the Ramada Inn, Lexington, KY. The meeting is open to the public.



Big Sandy RECC

A TimeShare Energy Cooperative

As the season begins to turn cold Big Sandy RECC wants to remind you to start preparing your home for winter. They'll provide you with some energy saving tips to save you money and they can perform a free energy audit to help you discover any potential energy problems and energy savings. Should you suffer a power outage please use the following number to report it. This number is used for all outages. Phone 1-888-789-RECC, that's 1-888-789-7322.

ELECTION RESULTS, BY PRECINCT

U.S. Representative 95th District, State Representative 97th District, Property Valuation Administrator, County Judge-Executive. Includes precinct names and candidate counts for various offices.

County Attorney, County Clerk, Sheriff, Jailor, Coroner, County Surveyor, Magistrate District 1. Includes precinct names and candidate counts for various offices.

Magistrate District 2, Magistrate District 3, Magistrate District 4, Constable District 1, Constable District 2, Constable District 3, Constable District 4. Includes precinct names and candidate counts for various offices.

ELECTION RESULTS, BY PRECINCT (CONTINUED)

Main election results table with columns for Precinct, Soil & Water Supervisors, Circuit Judge Division 1, Family Court Judge, District Judge District 1, District Judge District 2, and School Board District 1. Includes subtotals and grand totals for each category.

Continuation of election results table, showing precincts and candidate names for various offices like School Board District 2, School Board District 5, and City Council members.

Continuation of election results table, showing precincts and candidate names for City Council members and City Commissioner.

ELECTION RESULTS, BY PRECINCT (CONTINUED)

PRECINCT	Allen Mayor			Allen City Commission			
	SHANNON WOODS	BERNARDINE TIMM BURCHETT-HALL	EMILY S. SHELLEY	ERIC SHELLEY-PARKS	PAUL W. SHELLEY	KEVIN ROBBINS	ROBERT PORTER LAMBERS
A101 Courthouse/Tribble	0	0	0	0	0	0	0
A102 Enders/Buffalo	0	0	0	0	0	0	0
A103 Depot	0	0	0	0	0	0	0
A104 Richmond	0	0	0	0	0	0	0
A105 North Prestonsburg	0	0	0	0	0	0	0
A106 Foster	0	0	0	0	0	0	0
A107 Asa	0	0	0	0	0	0	0
A108 Cedar Creek	0	0	0	0	0	0	0
A109 Green	0	0	0	0	0	0	0
A110 Allen Drive	0	0	0	0	0	0	0
A111 Jim Beale	0	0	0	0	0	0	0
A112 Abbot	0	0	0	0	0	0	0
A113 Carl	0	0	0	0	0	0	0
A114 John Postum	0	0	0	0	0	0	0
A115 Marlon	0	0	0	0	0	0	0
A116 Spring	0	0	0	0	0	0	0
A117 Carolyn	0	0	0	0	0	0	0
A118 Gentry/Black Fork	0	0	0	0	0	0	0
A119 Lakes/Village Park	0	0	0	0	0	0	0
A120 Middle Clark/Asa Allen	0	0	0	0	0	0	0
B101 Elmer	0	0	0	0	0	0	0
B102 Mouth of Beaver	43	28	0	0	0	0	0
B103 Mouth & Tough	0	0	0	0	0	0	0
C101 Martin	0	0	0	0	0	0	0
C102 Hart	0	0	0	0	0	0	0
C103 Dent	0	0	0	0	0	0	0
C104 John Ault/Asa Allen	0	0	0	0	0	0	0
C105 Garthwood	0	0	0	0	0	0	0
C106 Clear Creek	0	0	0	0	0	0	0
C107 Jacks Creek	0	0	0	0	0	0	0
C108 Lee Hill	0	0	0	0	0	0	0
C109 Mann	0	0	0	0	0	0	0
C110 Vineyard	0	0	0	0	0	0	0
C111 Arkansas	0	0	0	0	0	0	0
C112 Arnoch	0	0	0	0	0	0	0
C113 Terry	0	0	0	0	0	0	0
C114 Mouth of Mud	0	0	0	0	0	0	0
C115 Mouth of Mud	0	0	0	0	0	0	0
C116 Lee	0	0	0	0	0	0	0
C117 Spring Lane	0	0	0	0	0	0	0
C118 Pratt Creek	0	0	0	0	0	0	0
C119 Spring Creek	0	0	0	0	0	0	0
C120 Head of Mud	0	0	0	0	0	0	0
SUBTOTAL	43	28	0	0	0	0	0
Paper Abs Ballot	0	0	0	0	0	0	0
Early Voting Machine	0	0	0	0	0	0	0
Electronic Voting Machine	0	0	0	0	0	0	0
GRAND TOTAL	43	28	0	0	0	0	0

PRECINCT	Wheelwright Mayor				Wheelwright City Commission			
	ANDY WAINWRIGHT	DAVID MARBLE SUMMERS	BOBBY HULL	JOE STEWART	VERNON SMALLWOOD	LUIS LUCILLE GAYNOR TICKET	LOUIS TICKET R.	
A101 Courthouse/Tribble	0	0	0	0	0	0	0	
A102 Enders/Buffalo	0	0	0	0	0	0	0	
A103 Depot	0	0	0	0	0	0	0	
A104 Richmond	0	0	0	0	0	0	0	
A105 North Prestonsburg	0	0	0	0	0	0	0	
A106 Foster	0	0	0	0	0	0	0	
A107 Asa	0	0	0	0	0	0	0	
A108 Cedar Creek	0	0	0	0	0	0	0	
A109 Green	0	0	0	0	0	0	0	
A110 Allen Drive	0	0	0	0	0	0	0	
A111 Jim Beale	0	0	0	0	0	0	0	
A112 Abbot	0	0	0	0	0	0	0	
A113 Carl	0	0	0	0	0	0	0	
A114 John Postum	0	0	0	0	0	0	0	
A115 Marlon	0	0	0	0	0	0	0	
A116 Spring	0	0	0	0	0	0	0	
A117 Carolyn	0	0	0	0	0	0	0	
A118 Gentry/Black Fork	0	0	0	0	0	0	0	
A119 Lakes/Village Park	0	0	0	0	0	0	0	
A120 Middle Clark/Asa Allen	0	0	0	0	0	0	0	
B101 Elmer	0	0	0	0	0	0	0	
B102 Mouth of Beaver	23	16	35	43	26	0	0	
B103 Mouth & Tough	0	0	0	0	0	0	0	
C101 Martin	0	0	0	0	0	0	0	
C102 Hart	0	0	0	0	0	0	0	
C103 Dent	0	0	0	0	0	0	0	
C104 John Ault/Asa Allen	0	0	0	0	0	0	0	
C105 Garthwood	0	0	0	0	0	0	0	
C106 Clear Creek	0	0	0	0	0	0	0	
C107 Jacks Creek	0	0	0	0	0	0	0	
C108 Lee Hill	151	150	0	0	0	0	0	
C109 Mann	0	0	0	0	0	0	0	
C110 Vineyard	0	0	0	0	0	0	0	
C111 Arkansas	0	0	0	0	0	0	0	
C112 Arnoch	0	0	0	0	0	0	0	
C113 Terry	0	0	0	0	0	0	0	
C114 Mouth of Mud	0	0	0	0	0	0	0	
C115 Mouth of Mud	0	0	0	0	0	0	0	
C116 Lee	0	0	0	0	0	0	0	
C117 Spring Lane	0	0	0	0	0	0	0	
C118 Pratt Creek	0	0	0	0	0	0	0	
C119 Spring Creek	0	0	0	0	0	0	0	
C120 Head of Mud	0	0	0	0	0	0	0	
SUBTOTAL	161	137	0	0	0	0	0	
Paper Abs Ballot	4	7	0	0	0	0	0	
Early Voting Machine	0	0	0	0	0	0	0	
Electronic Voting Machine	0	0	0	0	0	0	0	
GRAND TOTAL	165	137	0	0	0	0	0	

PRECINCT	Allen Mayor				Allen City Commission			
	SHANNON WOODS	BERNARDINE TIMM BURCHETT-HALL	EMILY S. SHELLEY	ERIC SHELLEY-PARKS	PAUL W. SHELLEY	KEVIN ROBBINS	ROBERT PORTER LAMBERS	
A101 Courthouse/Tribble	0	0	0	0	0	0	0	
A102 Enders/Buffalo	0	0	0	0	0	0	0	
A103 Depot	0	0	0	0	0	0	0	
A104 Richmond	0	0	0	0	0	0	0	
A105 North Prestonsburg	0	0	0	0	0	0	0	
A106 Foster	0	0	0	0	0	0	0	
A107 Asa	0	0	0	0	0	0	0	
A108 Cedar Creek	0	0	0	0	0	0	0	
A109 Green	0	0	0	0	0	0	0	
A110 Allen Drive	0	0	0	0	0	0	0	
A111 Jim Beale	0	0	0	0	0	0	0	
A112 Abbot	0	0	0	0	0	0	0	
A113 Carl	0	0	0	0	0	0	0	
A114 John Postum	0	0	0	0	0	0	0	
A115 Marlon	0	0	0	0	0	0	0	
A116 Spring	0	0	0	0	0	0	0	
A117 Carolyn	0	0	0	0	0	0	0	
A118 Gentry/Black Fork	0	0	0	0	0	0	0	
A119 Lakes/Village Park	0	0	0	0	0	0	0	
A120 Middle Clark/Asa Allen	0	0	0	0	0	0	0	
B101 Elmer	0	0	0	0	0	0	0	
B102 Mouth of Beaver	0	0	0	0	0	0	0	
B103 Mouth & Tough	0	0	0	0	0	0	0	
C101 Martin	0	0	0	0	0	0	0	
C102 Hart	0	0	0	0	0	0	0	
C103 Dent	0	0	0	0	0	0	0	
C104 John Ault/Asa Allen	0	0	0	0	0	0	0	
C105 Garthwood	0	0	0	0	0	0	0	
C106 Clear Creek	0	0	0	0	0	0	0	
C107 Jacks Creek	0	0	0	0	0	0	0	
C108 Lee Hill	163	163	163	173	140	201	0	
C109 Mann	0	0	0	0	0	0	0	
C110 Vineyard	0	0	0	0	0	0	0	
C111 Arkansas	0	0	0	0	0	0	0	
C112 Arnoch	0	0	0	0	0	0	0	
C113 Terry	0	0	0	0	0	0	0	
C114 Mouth of Mud	0	0	0	0	0	0	0	
C115 Mouth of Mud	0	0	0	0	0	0	0	
C116 Lee	0	0	0	0	0	0	0	
C117 Spring Lane	0	0	0	0	0	0	0	
C118 Pratt Creek	0	0	0	0	0	0	0	
C119 Spring Creek	0	0	0	0	0	0	0	
C120 Head of Mud	0	0	0	0	0	0	0	
SUBTOTAL	183	159	173	140	201	0	0	
Paper Abs Ballot	9	2	0	0	0	0	0	
Early Voting Machine	0	0	0	0	0	0	0	
Electronic Voting Machine	0	0	0	0	0	0	0	
GRAND TOTAL	190	168	180	146	211	0	0	

Calendar

society. Call 874-2008 or 788-1006 for more information.

Prestonsburg Rotary Club
Prestonsburg Rotary Club meets, 12 noon to 1 p.m., at Made From Country at Heart. For additional information, contact Chris Daniel, 886-7354.

UNITE
The UNITE coalition of Floyd County will meet on the fourth Thursday of each month, at 5:30 p.m., at the New Allen Baptist Church. All interested persons welcome to join UNITE's fight against drugs.

"Living Free" - A support group sponsored by the Floyd County UNITE Coalition. Group will meet weekly at the old Allen Baptist Church, on US 23 N., between Allen and Banner, on Tuesdays, at 1:15 p.m.
Living Free is a faith-based 12-step support group open to all who are searching for recovery. There is no fee to attend. For more info., contact Shirley Combs at 874-3388 or 434-8400.

"Earn While You Learn"
The Big Sandy Area C.A.P. office is taking applications for its "Senior Training Program." You must be 55 or older to apply. In Floyd, call 886-2929; Johnson, call 789-6515; Magoffin, call 349-2217; Pike, call 432-2775;

and in Lawrence, call 638-4067.

Senior employment program
Are you a senior citizen on a fixed income struggling with soaring medical bills and living expenses? Could you use some extra spending money but don't know how to get back into the workforce?
If you are at least age 55, the Senior Community Service Employment Program (SCSEP) may be able to help. Earn extra money, learn new skills, and help your community at the same time! To find out more, call: 886-2929

Looking for a Support Group?
-Floyd County Alzheimer's Support Group meets regularly at Riverview Manor Healthcare Center. Call the center for meeting times.

-Domestic Violence Support Group - The Big Sandy Family Abuse Center holds meetings each Tuesday from 5:30 to 6:30 p.m. The meetings are free of charge. Call 886-6025 for more information.
-Overeater's Anonymous - Meetings held each Wednesday at 6:30 p.m. at the old Allen Baptist Church, located in Allen, just past red light. Call 889-9620 for more info.
-US TOO! Prostate Cancer Survivors Support Group - For all men with

prostate cancer and their families. Group meets the 3rd Thursday of each month, at 6 p.m. at the Ramada Inn, Paintsville.
-Community Weight Loss Support Group - Meets Thursday's at 6:30 p.m., at the Martin Community Center. For more info., call 377-6638. Those who have had gastric bypass surgery most especially welcome to attend. Meetings being offered as support to anyone needing extra support in dealing with weight loss.
-Domestic Violence Hotline - 24-hour Crisis Line manned by Certified Domestic Violence counselors. Call 886-6025, or 1-800-649-6605. Remember, "Love Doesn't Have to Hurt."
-Disabled? - You may be eligible for grant money to assist in your daily living. For an application or more information, call 886-4326.
-A.S.K. (Adoption Support for Kentucky) - Support group for all adoptive parents (public, private, international, and kinship care), foster parents and all others interested in adoption. To be held the first Monday of each month, at the Department for Community Based Services office, 1009 North Lake Drive, Prestonsburg, from 6-8 p.m. Childcare will not be provided. For more information, contact Dedra Stone, adoptive parent liaison, at 432-4110 or 422-7927, or email to: dstone@castky.net.

for the children of others. Find out more by calling Cheryl Endicott at 886-1280, or 888-872-7227 (toll free).
-East Kentucky S.T.A.R.S. Homeschoolers - Will hold monthly meetings at the Paintsville Recreation Center. For more information, call Trudy at 889-9333, or 297-5147. Everyone welcome.

***Narcotics Anonymous (NA) -** Each Wednesday, from 7-8 p.m., in the Atrium Conference Room, 2nd floor, May Tower, Pikeville Methodist Hospital. For more info contact Chris Cook at 606-433-1119 or christophercook@hotmail.com

Continued from p2

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