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briefs

9th Airport Day to be held Saturday

by JARRID DEATON FEATURES WRITER

DEBORD — For people looking to take to the skies this weekend, the Big Sandy Regional Airport is the place to be on Saturday, Sept. 25, for the 9th annual Airport Day event.

The event, which is free to the public, is scheduled to feature planes from several airports and an Army Blackhawk helicopter.

According to information provided by the Big Sandy Regional Airport, "There is no cost to attend the event. However, if you would like to take an airplane ride, certified flight instructors will be there to offer airplane rides at reduced rates. This is the perfect time to ask questions about learning to fly."

The Airport Day event was created to showcase the Big Sandy Regional Airport, and those who attend will have the chance to see the planes up close and speak with the pilots.

As part of the event, anyone with vintage cars or motorcycles can park inside the airport gates to display their vehicles. Trophies will be awarded and there is no fee to enter.

In case of rain, the event will be held on Sunday, Sept. 26.

(See AIRPORT, page 8)

12 schools make sufficient gains

by JARRID DEATON FEATURES WRITER

The Kentucky Department of Education released data Thursday related to the federal No Child Left Behind Act and the results of the Kentucky Core Content Test, and 12 out of the 15 individual schools

in Floyd County met the Annual Yearly Progress (AYP) goals for the 2009-10 school year.

The highlight for local officials was the announcement that, for the fourth straight year, May Valley Elementary had the highest scores of any school in the state, tallying an index score of 125 on a 140-

point scale.

"We're very pleased with the district achievement and also that so many of our schools met their performance targets," said Supt. Henry Webb. "Across Kentucky, about 56 percent of the schools met AYP, but we were at 80 percent and that's terrific. Everyone contributed

to this success but special thanks to our students who continue to demonstrate that learning is important to them."

The schools that did not meet the AYP goals were Prestonsburg High, with 70 percent of goals met, Allen

(See SCORES, page 8)

COMING DOWN



Demolition work began at the Kentucky West Virginia Gas complex in Prestonsburg on Wednesday. According to Fire Chief Bobby Carpenter, there are several options for the land, from restaurants to office buildings. The main Kentucky West Virginia Gas building is scheduled for demolition as soon as asbestos workers complete their inspection. Carpenter said the demolition on the main building could begin in 1-to-2 weeks.

Prestonsburg site of prescription 'take-back'

by SHELDON COMPTON STAFF WRITER

PRESTONSBURG — Tomorrow a nationwide effort to remove potentially dangerous controlled substances from homes will see Prestonsburg become one of the cities to act as a collection site.

Kentucky Attorney General Jack Conway announced earlier this week that his Prestonsburg office will be a collection site for a nationwide "Take-Back" day on Saturday beginning at 10 a.m. and lasting until 2 p.m.

The idea behind the initiative is that people will be able to bring in out-dated prescription medications from their homes and drop them at collection sites to reduce the chances of abuse and theft.

"With easy access to prescription drugs, teenagers are becoming drug addicts in their own homes," said Conway. "By monitoring the prescription pills in your home and taking advantage of the upcoming free 'take-back' sites, we can reduce the threat these drugs can pose to our families and particularly

Kentucky kids."

Studies have shown that a majority of abused prescription drugs are obtained from family and friends, including leftover medications from the home medicine cabinet. Rates of prescription drug abuse are increasing both in Kentucky and nationwide, according to the Centers for Disease Control and Prevention, with 1-in-5 teens today using pills for non-medical purposes, up from 1-in-10 teens just three years ago.

(See TAKE-BACK, page 8)

2 arrested in \$200K store heist

by SHELDON COMPTON STAFF WRITER

PRESTONSBURG — Police have arrested two men and are continuing to look for others maybe connected to a burglary at E-Z Pawn Shop in Prestonsburg this past week.

Donald Tilley, 41, and David Hall, 31, have been arrested and charged in the robbery, said Prestonsburg Police Det. Steve Little, but he added there could be more arrests.

"I think we'll make a few more arrests on this," Little said Thursday. "After we track some people down."

The pawn shop, which has been the focus of several other crimes since opening earlier this year, is still open but took a large hit in the

(See THEFT, page 8)

Board to discuss hiring UNITE drug counselor

by JARRID DEATON FEATURES WRITER

GRETHEL — The Floyd County Board of Education will hold its regular meeting on Monday at Stumbo Elementary School in Grethel, and the meeting includes a consent item to create a position for school drug counselor with Operation UNITE.

"The school drug counselor will work primarily with high school students to educate them on drug-related issues and conferencing with students who deal with issues that involve drugs," said Supt. Henry Webb. "The position is funded by UNITE. All we do is we

(See BOARD, page 8)

Local attorney commissions Lincoln statue

by JARRID DEATON FEATURES WRITER

STANVILLE — Social Security Attorney Eric C. Conn will soon have a new Abraham Lincoln statue to go along with the Statue of Liberty at his office in Stanville, and the giant replica of Honest Abe cost Conn over \$500,000 to complete.

The statue, which is 19 feet tall and took over a year to build, is the second largest seated sculpture of Lincoln in the world.

According to information provided by Jamie Slone, public relations director for Eric C. Conn,

"The statue is scheduled to be put in place by a crane. It had to be delivered in three pieces due to the large size. The statue is an enlarged replica of a statue in the Lincoln Memorial in Washington, D.C."

In a press release, Conn said that the purpose of the statue is to remind Kentuckians that Abraham Lincoln was a Kentuckian.

Slone, who a representative from Conn's office said would be the person to speak with about the Lincoln sculpture, was not available for further comment on the statue and its purpose.

The statue is scheduled to be unveiled to the public on Nov. 4.



Attorney Eric C. Conn plans to unveil his 19-foot-tall Lincoln statue on Nov. 4

2 DAY FORECAST

Today

Partly cloudy

High: 90 • Low: 63

Tomorrow

Partly cloudy

High: 79 • Low: 56

For up-to-the-minute forecasts, see floydcountytimes.com

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Obituaries

Edna Maxie Tackett Day

Edna Maxie Tackett Day, 90, of Bypro, died Thursday, September 16, 2010, at her residence.

Born December 11, 1919, in Myra, she was the daughter of the late Tice and Bell Dora Mullins Tackett. She was a homemaker and a member of the Joppa Old Regular Baptist Church.

She was preceded in death by her husband, Theodore Day.

Survivors include one son, Larry Day of Shelbyana; one daughter-in-law, Bernaldy "Red" Day of Burton; one sister, Geraldine Robinette of Virgie; seven grandchildren, 12 great-grandchildren and three great-great-grandchildren.

In addition to her parents and husband, she was preceded in death by one son, Gary Day; three brothers: Leonard Tackett, Kirby Tackett and Russell Tackett and two sisters: Inogene Potter and Lois Day.

Funeral services were held Sunday, September 19, at noon, at the Nelson-Frazier Funeral Home, in Martin, with Old Regular Baptist ministers officiating.

Burial was in Buckingham Cemetery, in Bevensville.

Visitation was after 6 p.m., Friday, September 17, at the funeral home.

Nelson-Frazier Funeral Home, in Martin, was in charge of arrangements. (Paid obituary)

Pink (Clines) Elliott

Pink (Clines) Elliott, 82, of McDowell, died Tuesday, September 21, 2010, at St. Joseph-Martin.

Born May 10, 1928, in Hi Hat, he was the son of the late Shird and Equila Osborne Elliott. He was a retired coal miner and a member of the Old Time Baptist Church, in Printer.

He was twice married first



The Perfect Day With Seth

If Heaven had a stairway
I tell you what I would do
I would climb right up to Heaven
And bring you home again real soon.

I would carry you in my arms
All the day through
Hold you tight as can be
Until it's night and starts to daw
I would cuddle you in my arms
Tell you how much I love you
Tell you how much I missed you
With every single heartbeat

I then would lay beside you
And watch you fall asleep
And hope and pray in the morning
I still had you to keep

I would get up in the morning
And make you breakfast
Then we watch some TV
Like Tweedie and Sylvester
I would do thing to make you smile
Just to see your face
Those big brown eyes looking at me
That would make my day

Then I would tell you I love you
And listen for the words
"Mommy, I love you, too"
To come from the lips of my son
That is An Angel, This is True.

But now I wake up
And realize everyday
You are only here in my heart
And that is where you will stay
P.S.—I love you so much, Seth
This I hope you know
I'd take your place in a heartbeat, if only I could
Love you always, Mommy

to Esta Elliott, who preceded him in death and later to Lottie Elliott. She survives.

Other survivors include five daughters: Eula Mae (Shug) Tackett of Huntington, Indiana, Sharon Kay (Lester) Johnson of Hi Hat, Joyce Ann (Gordon) Lafferty of Martin, Dottie (Gary) Johnson of Hi Hat and Judy Hamilton of Printer; four stepchildren: Curtis (Desirae) Yates, Mickey (Rosie) Yates and Tonda (Aaron) Conn, all of Honaker and Kellie (Thomas) Carroll of Grethel; one sister, Dorsey "Toetoe" Christensen of Roanoke, Virginia; 11 grandchildren, 17 step-grandchildren, 12 great-grandchildren and one stepgreat-grandchild.

In addition to his parents and first wife, he was preceded in death by three daughters: Geraldine Elliott, Maxine Elliott and Vanda Gaye Elliott; five brothers: Curt Elliott, Wilburn Elliott, Bert Elliott, Dennis Elliott and Victor Elliott and two sisters: Tamery Hill and Anna Bell Elliott Bailey.

Funeral services will be held Friday, September 24, at 1 p.m., at the Old Time Baptist Church, in Printer, with Denver Meade and others officiating.

Burial will be in the Elliott Cemetery, in McDowell.

Visitation is after 6 p.m., Wednesday, September 22, at the church.

Nelson-Frazier Funeral Home, in Martin, is in charge of arrangements. (Paid obituary)

Mary Stambaugh Thompson Ember

Mary Stambaugh Thompson Ember, 97, of West Palm Beach, Florida, passed away Sunday, September 19, 2010.

Born in Van Lear, Kentucky to Martha (Rice) and Forrest Stambaugh on March 30, 1913. She lived in Elmhurst, New York from 1941 through 1955 and has lived in West Palm Beach, Florida since 1955.

Mary is predeceased by her husband, William Ember; brothers: Ervin, Ray, and Gilbert Stambaugh; sisters: Laura Sargent, Virginia Short, Dorothy Hillis, Iona Imbergamo, and Patsy Bland; daughter, Carol Sue Thompson; grandsons, James Clay Thompson, and granddaughter, Amelia (Halle) Hinckley.

Mary is survived by her children: James Forrest and Pamela (Smith) Thompson of Frankfort, KY; daughter, Phyllis (Thompson) Halle of West Palm Beach, FL; grandchildren: Jeffrey James and Donna (Landin) Halle Sr. all of West Palm Beach, FL; Forrest Clay Thompson of Georgetown, KY; grandson in law, James Hinckley; great-grandchildren: Jeffrey James and Angela (Valdivia) Halle Jr., all of Tampa, FL; Lucas Landin Halle of West Palm Beach, FL; Sarah Elizabeth Thompson, James Clay Thompson and Katherine Grace Thompson all of Georgetown, KY; great-great-grandson, Landin Joseph Halle; sisters: Naorna (Stambaugh) Lanahan of St. Petersburg, FL; Genevieve (Stambaugh) Kadetz of Cincinnati, OH and many nieces and nephews.

For those who were fortunate enough to have had her in our lives, a Godly servant will be missed. "Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me." Matthew 26:40

Visitation will be held

Friday, September 24, 2010, from 12 noon to 2 p.m., with funeral services to follow at 2 p.m., in the funeral home.

Burial will be in Hillcrest Memorial Park, West Palm Beach, FL.

Condolences may be made at: mazzellville.com.

In lieu of flowers, remembrances may be made to Vitas Hospice Inpatient Unit of Palm Beach County, 22101 45th St. West Palm Beach, FL 33407. (Paid obituary)

Sessie Mae Johnson

Sessie Mae Johnson, 88, of Bevensville, died Tuesday, September 21, 2010, at the McDowell ARH.

Born September 6, 1922, in Floyd County, she was the daughter of the late Cicero and Susane Burke Anderson. She was a homemaker and a member of the Little Rock Old Regular Baptist Church, in Bevensville.

She was preceded in death by her husband, Clyde Johnson.

Survivors include one son, Michael Johnson of Bevensville; two daughters-in-law: Opalene Johnson and Duwanna Johnson, both of Bevensville; five grandchildren: Barry, Brad, Melanie, Kevin and Marsha and seven great-grandchildren: Jeramy, Timmy, Brandon, Dylan, Hunter, DJ and Hannah.

In addition to her parents, she was preceded in death by one son, Ray Johnson; seven brothers: Scott, Ballard, Hillard, Millard, Kay, John and Willie and two sisters: Nann and Lula.

Funeral services will be held Friday, September 24, at 11 a.m., at the Little Rock Old Regular Baptist Church, in Bevensville, with Old Regular Baptist ministers officiating.

Burial will be in the Burke Family Cemetery, in Bevensville.

Visitation is after 6 p.m., Wednesday, September 22, at the church.

Nelson-Frazier Funeral Home, in Martin, is in charge of arrangements. (Paid obituary)

Billy Ray Nelson, Sr.

Billy Ray Nelson, Sr., 75, of Findlay, Ohio, passed away at 1:58 a.m. on Monday, September 20, 2010, at the Blanchard Valley Hospital.

He was born on June 5, 1935, to the late Wiley and Martha (Shepherd) Nelson in Prestonburg.

He married Mary Prater on March 8, 1954, and she survives.

Billy is also survived by two sons: Billy R., Jr. (Linda) Nelson and Rodney J. (Cindy) Nelson, both of Findlay; a daughter, Melinda (Mike) Nelson Schultz of Troy, Ohio; two brothers: Henry Nelson of Columbus,

Ohio and Charlie Nelson of Kentucky; four sisters: Ella Marie Shepherd and Rosie Shepherd, both of Indiana, Judy Calhoun of Kentucky, and Nancy DeLong of Michigan; six grandchildren: Billy III (Tiffany) Nelson and Randall Nelson, Ryan Nelson, and Rachel Nelson, all of Findlay, Michael (Sara) Schultz and Montana Schultz both of Troy, Ohio; and three great-grandchildren: Chae Nelson, Wesley Nelson, and Addison Nelson.

He was also preceded in death by two brothers: Thomas and Clark Nelson; and a sister, Ruby Armet.

All services are private and entrusted to Coldre-Crates Funeral Home, Findlay.

Memorials can be made in his memory to the charity of the donor's choice.

Online condolences can be made via:

www.coldrebrates.com. (Paid obituary)

Tiffany Denise Osborne

Tiffany Denise Osborne, age 30, of Beaver, passed away Thursday, September 23, 2010, at her residence.

She was born August 31, 1980, in Pikeville, the daughter of Larry Osborne and Kathy Marcia Bentley Osborne, of Beaver. She was a member of the Grethel Freewill Baptist Church.

Survivors include her parents; a sister, Rebecca Randolph of Beaver; a niece, Caitlin Randolph of Beaver and two nephews: Justin Dille and Tristan Randolph both of Beaver and a special pet, Teco.

Funeral services for Tiffany Denise Osborne will be conducted Sunday, September 26, at 1:00 p.m., at the Samaria Regular Baptist Church, in Teaberry, with the Regular Baptist Ministers officiating.

Burial will follow in the Johnson Cemetery, in Beaver, with the Hall Funeral Home, in Martin, caring for those arrangements. (Paid obituary)

(Perry) Jason Lee Perry

(Perry) Jason Lee Perry, 27, of Prestonsburg, died Saturday, September 18, 2010, at Highlands Regional Medical Center, in Prestonsburg.

Born November 11, 1982, in Prestonsburg, he was the son of Jack and Anita Boyd Perry of Prestonsburg. He was a self-employed carpenter.

Survivors include his grandparents: Thomas and Lola Boyd of (Cow Creek), in Prestonsburg and Jack and Ruth Perry of Paintsville; a brother, Steven Perry of Prestonsburg and two sisters: Tiffany Perry and Stacy Perry, both of Prestonsburg; and several other relatives and friends.

Funeral services were held

Wednesday, September 22, at 1 p.m., at the Nelson-Frazier Funeral Home, in Martin, with Nathan Lafferty, Buddy Jones, Donnie Patrick and others officiating.

Nelson-Frazier Funeral Home, in Martin, was in charge of arrangements. (Paid obituary)

"Billy Bob" Benny Duane Spence

"Billy "Bob" Benny Duane Spence, 42, of Harold, died Wednesday, September 15, 2010, at the Pikeville Medical Center.

Born August 14, 1968, in Martin County, he was the son of the late Harvey Spence and Opal Maynard Spence.

He is survived by his life

partner, "Radar" Ronald McKinney.

Other survivors include three brothers: Cubert Spence, Hubert Spence and Curtis Spence, all of Inez; four sisters: Ruth Spence Patrick of Louisa, Vada Spence Smith of Tennessee, Roberta Spence McKinney and Bernice Spence, both of Louisa.

He was preceded in death by a brother, Harvey Spence, Jr.

Funeral services were held Saturday, September 18, at 11 a.m., at the J.W. Call Funeral Home Chapel.

Burial will be in the Annie E. Young Cemetery.

Visitation was Friday, from 2 p.m.-10 p.m., in the J.W. Call Funeral Chapel. (Paid obituary)

The family of James McKinney

We would like to thank everyone who blessed our lives and his, by being part of his. Everyone who called, sent food, stopped by, or even thought of us—thank you. Special thanks to Dr. Brad Moore, who did everything possible for him to have a good quality of life; Left Beaver Rescue Squad for the many trips they shared that he found pleasure in; Family Drug and Medi-Home Care for your kind treatment; Vicars Gulf for the many hours of joy he found; Nelson-Frazier Funeral Home for the wonderful treatment we received; Roger Webb and staff for preparing his final resting place; Dr. Mary Hall and staff, as well as McDowell ARH, for years of wonderful service; Wheelwright Methodist Church for being one of the best church families anyone could ask for. Last, but not least, "The Babysitter."

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As current members of the Joppa Church, we are trying to provide additional and more convenient parking to the church. The property adjacent to the church has become available for purchase and the church is in desperate need of financial help in order to purchase this property. If anyone would like to make a donation to the church to help with this purchase, it would be greatly appreciated. Any donation can be sent to the address below.

May the Lord Jesus bless you, for we all serve and pray to the Master through faith and love to all.

Thank you,
Collie Branham, Clerk
635 Ky. Rt. 466
Melvin, Ky. 41640

For the Record

Marriage Licenses
Rachel A. Hall, 28, of Ivel, to James E. Williamson, II, 29, of Ivel.
Kassie Marie Sparks, 19, of Wheelwright, to Adam Scott Branham, 25, of Wheelwright.

Tobie Jo Little, 21, of Stanville, to Jacob Robert Lowell Shepherd, 25, of David.

Leslie Brooke Russell, 20, of Prestonsburg, to Zachary Wayne Carroll, 22, of Prestonsburg.

Trista Kayne McKinney, 25, of Printer, to Anthony Glen Buckley, 23, of Prestonsburg.

Civil Suits Filed
Chase Home Finance LLC vs. Scotty Williams; complaint.

Capital One Bank, N.A. vs. Edgar Hughes; complaint.

Crown Asset Management LLC vs. Wayne Hayes; complaint.

Linda Clark vs. Carol Jean Neeley; complaint.

FIA Card Services N.A. vs. Melissa J. Lowe; complaint.

Paccar Financial Corporation vs. Roger L. Combs; complaint.

Karen Mitchell vs. Kimberly Bryant; complaint.

Charles Tackett vs. Hagerty Insurance

Company; complaint.
Terry Brandon Martin vs. State Farm Mutual Automobile Insurance; complaint.

Rhonda Samons vs. Phillip P. Crace; complaint.

Charges Filed
Chris Jenkins, 38, Bevinsville; terroristic threatening.

Mildrid Compton, 63, Prestonsburg; theft by unlawful taking.

Christal Mullins, 27, Tram; disorderly conduct, public intoxication, resisting arrest, menacing.

Stacie Langstrom, 35, Baltimore, Md.; public intoxication.

William Howell, 37, McDowell; alcohol intoxication, disorderly conduct, resisting arrest, fourth-degree assault.

Amanda Howell, 27, Minnie; alcohol intoxication, disorderly conduct, terroristic threatening.

Amanda Howell, 27, Minnie; terroristic threatening.

Jessica Mullins, 24, Melvin; theft by unlawful taking.

Jamie L. Newsome, 32, Grethel; public intoxication.

Inspections
Huddle House, Betsy Layne, regular inspection.

Violations noted: food not protected during storage, food not protected during service, the water temperature measuring device is not operating properly, unclean cavities and door seals of microwave ovens, non-food contact surfaces have accumulation of soil, improper storage of clean utensils.

Floors not maintained/constructed and/or installed properly, floors not clean. Score: 93.

Price Rite Market and Deli, Hi Hat, regular inspection.

Violations noted: no hair restraints, floors not maintained/constructed and/or installed properly, walls and/or ceiling are not designed, constructed and/or installed properly, walls and ceiling coverings not easily cleanable. Score: 96.

Other Creek Correctional Facility, Wheelwright, regular inspection.

Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of numerically scaled thermometer for checking cooking and holding temperature of potentially hazardous food, food contact surfaces and/or utensils are not durable, corrosion resistant or non-absorbent. Score: 97.

Property Transfers
Sandra Brookover to Tom G. Dingus, property not listed.

Eleanor Cline to Bertha Cline and E.L. Cline, Jr., property not listed.

Laura J. Davis to Marjorie Lovely, property not listed.

Jonathan Martin and Phillip Martin, property located in Garrett.

Homer Hackworth, Jr. to Crystal Dawn Marsillett and Douglas Wayne Marsillett, property not listed.

Lyda Hackworth to Crystal Dawn Marsillett and Douglas Wayne Marsillett, property not listed.

Ethel Ousley Hunt to Jamie Renee Hagans, property not listed.

Lambert-Spurlock LLC

to First Commonwealth Bank of Prestonsburg, property not listed.

Betty Lorraine Layne to Jeffery Anderson and Lana Marie Anderson, property not listed.

James Larry Layne to Jeffery Anderson and Lana Marie Anderson, property not listed.

Cathy Little to Joe Caudill, property not listed.

Ronnie Lee Little to Joe Caudill, property not listed.

Dr. Dustin Devers, Dr. Jason Castle, Dr. Leslie Allen Devers, Andrea Jones, PA-C, and Ginny Fuller Watkins, PA-C

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9/24/10 9/30/10

Cinema 1—Held Over
THE LAST EXORCISM (PG-13), Mon.-Thurs. 7:05-9:25; Fri. (4:25) 7:05-9:25; Sat.-Sun. (2:05-4:25) 7:05-9:25.

Cinema 2—Held Over
ALPHA AND OMEGA (PG), Mon.-Thurs. 7:00-9:15; Fri. (4:15) 7:00-9:15; Sat.-Sun. (2:00-4:15) 7:00-9:15.

Cinema 3—Starts Friday, Sept. 24
WALL STREET (PG-13), Mon.-Thurs. 7:30-9:45; Fri. (4:30) 7:30-9:45; Sat.-Sun. (1:50-4:30) 7:30-9:45.

Cinema 4—Held Over
THE EXPENDABLES (R), Mon.-Sun. 7:10-9:20.

NANNY McPHEE RETURNS (PG), Fri. (4:20) Sat.-Sun. (2:00-4:20).

Cinema 5—Held Over
RESIDENT EVIL (R), Mon.-Thurs. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30.

Cinema 6—Held Over
DEVIL (PG-13), Mon.-Thurs. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30.

Cinema 7—Starts Friday, Sept. 24
LEGEND OF THE GUARDIANS 3D (PG), Mon.-Thurs. 7:00-9:15; Fri. (4:15) 7:00-9:15; Sat.-Sun. (2:00-4:15) 7:00-9:15.

Cinema 8—Starts Friday, Sept. 24
YOU AGAIN (PG), Mon.-Thurs. 7:05-9:25; Fri. (4:25) 7:05-9:25; Sat.-Sun. (2:05-4:25) 7:05-9:25.

Cinema 9—Held Over
EASY A (PG-13), Mon.-Thurs. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30.

Cinema 10—Held Over
THE TOWN (R), Mon.-Thurs. 6:50-9:20; Fri. (4:20) 6:50-9:20; Sat.-Sun. (1:50-4:20) 6:50-9:20.

THE EXPENDABLES (R)
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Cinema 1—Starts Friday, Sept. 24
RESIDENT EVIL (R), Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.

Cinema 2—Starts Friday, Sept. 24
THE SWITCH (PG-13), Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.

Sun. Matinee—Open 1:00; start 1:30

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Viewpoint

Worth Repeating ...

"Life is a tragedy for those who feel, a comedy for those who think"

— Horace Walpole

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Guest View -

Health bill sickens Dems

Bill Clinton, perhaps this nation's most brilliant politician since Ronald Reagan, not so famously said that President Obama's popularity would soar with the passage of a health-care bill. Recently, Clinton has been forced to explain how wrong he was in that forecast.

Two things, according to Clinton, explain Americans' distaste for the health bill: It is being phased in so it will be a while before they begin to enjoy its benefits, and the massive campaign by Republicans assailing the bill as a government boondoggle that will not make the nation healthier but will make it poorer has been effective.

A consequence is that Obama's approval ratings are now hovering in the mid-40s, and with the mid-term elections six weeks away, the Republicans are assured of winning control of the House, the Senate is in play, and Nancy Pelosi and Harry Reid are on track to becoming irrelevant.

Democrats who are running for re-election only mention the health care bill to remind voters that they opposed it — our own representative, Mike McIntyre of Lumberton, being Exhibit A. Those Democrats who supported the bill would prefer to discuss something else.

But the calculus is changing, if only somewhat, as several provisions of the health bill, which doesn't fully mature until 2014, take effect today.

They include:

- A child can now remain on a family's health care plan until age 26.
- Free immunizations for kids.
- Free preventive care, like mammograms and cholesterol screenings.
- No more lifetime coverage limits, and annual limits start to phase out.
- Coverage cannot be canceled for people who get sick.
- Children with pre-existing health conditions cannot be denied coverage.

While Americans are clearly divided over the health care bill, with most lining up against it, a point of agreement might be that all of the provisions that are kicking in are noble — and things that society should embrace. The rub is that nothing is free, and health care is further from it, promises from the White House that the bill will reduce costs don't survive scrutiny.

If Clinton is correct in his initial assessment and with parts of the bill taking effect, then Democrats who supported it have six weeks to remind voters of their position. Don't be surprised when that doesn't happen.

— The Robesonian, Lumberton, N.C.

MARKING THE CLARENCE BEEBE SWANSON



Beyond the Beltway

Religious freedom isn't just for Christians

by DONALD KAUL
OTHERWORDS

It seems that the quickest path to popularity these days is to say terrible things about Islam.

If it's not some sleazy politician vacuuming votes by opposing a mosque near Ground Zero, it's a tin horn evangelist in Florida threatening to start a bonfire with copies of the Koran, the holy book of Islam.

(The Florida guy — who called off the bonfire, by the way — heads a congregation of 50. Fifty! An evangelist who sleeps in his car can get a following of 50 in Florida with a bullhorn and a street corner.)

When it comes to the Manhattan mosque, what's fine by the Constitution is fine by me. As far as burning the Koran goes, I'm against it.

And I'm against burning books of any kind. The Koran, the Bible, "Lady Chatterley's Lover," doesn't make any difference. Burning books reminds me of the Nuremberg rallies. In other words, I counsel tolerance in all things. Which doesn't get me as much love as you might think. For example, one fellow writes:

"Are you suggesting that we are to be tolerant of a religion that espouses the treatment of women as indicted in

the following article?" (The treatment referred to involves stoning, beating, rape, and virtual slavery.)

"Having read the Koran from cover to cover I find that they talk 'peace' when in the minority in a country, and conquest by any means when they are in the position of power ... a mosque (no matter what they may choose to call it to disguise their real intent) near the Twin Towers is a monument to their victory in destroying and killing."

"Remember that in many countries they danced in the streets rejoicing at the destruction and murder of about 3,000 people on 9/11."

Yes they did, some of them, and shame on them for it. On the other hand, when I was a child my parents took me downtown to celebrate V-J Day, which was the result of our incineration of tens of thousands of Japanese. It was the happiest crowd I've ever been in.

In other words, every society and every religion has its dark side, which war tends to bring to the fore.

You can't judge Islam exclusively by its worst moments — women being stoned to death for abandoning their abusive husbands, girls being disfigured by Muslim vigilantes for the crime of going to school, the oppression of women in conservative Muslim countries (some of them our allies).

I know what you're going to say. "And these conservatives justify their actions by quoting the Koran, verbatim. The religion is rotten at its very core."

Oh stop. There is no moral outrage

committed in the name of Christianity that has not found its justification in the Bible, from the Crusades to the Inquisition, from slavery to the persecution of homosexuals and the subjugation of women. They were just doing God's will. It's the same with radical Islam.

And let's be frank. All of the great religions have exploited and oppressed women throughout their histories and, at the extreme orthodox end of the spectrum, still do. Tell me, which religions — again, in their most conservative form — treat women as equals? They seal women off from the levers of power and do what they can to marginalize them in the church.

Admittedly, even by the debased standards of mainstream religion, radical Islam is bonkers on the subject of women. And while I see Muslims riot in the streets when someone publishes an image of the prophet Mohammad, I don't see it happening when they stone a poor rape victim to death in a Muslim village.

That's too bad. And yet I still think we should recognize that no religion or philosophical system is homogeneous in its beliefs.

As Americans, we are committed to protecting the rights of Muslims even as we protect the rights of Christians and Jews.

Because that's who we are.

OtherWords columnist Donald Kaul lives in Ann Arbor, Michigan. www.otherwords.org.

House week in review

by REP. HUBERT COLLINS

Breakthroughs in adult stem cell research are not far away. They are already happening, right here in Kentucky.

Members of the General Assembly's Subcommittee on Health Issues and Aging learned last week how adult stem cell research at the University of Louisville is saving the lives of heart and other patients in a presentation by the university's Cardiovascular Innovation Institute Executive Director Dr. Stuart Williams. The stem cells, which Williams said are derived from fat tissue, blood and other sources, are being used to regenerate blood vessels, grow muscle and bone marrow, skin, repair neurons and more.

Williams said many companies involved in adult stem cell research are based in Kentucky, and more are wanted.

"It is our hope that more companies will move to Kentucky because

of the active interest we have in adult stem cell work," said Williams. Mega companies like Johnson & Johnson have a keen interest in the adult stem cell technologies at work here, he added, as do patients.

A cancer patient had her life extended after receiving a new blood vessel built from adult stem cells, Williams told lawmakers. Grown from fat-based stem cells that were transplanted onto a graft and placed in her chest, the blood vessel helped the patient live a year and a half by improving blood flow to her heart.

Other patients benefiting from adult stem cell research are the four-legged kind. Horses with arthritis and cats in renal failure have all been helped after receiving injections of adipose, or body fat, containing regenerative stem cells.

Sen. Julian Carroll, D-Frankfort, who suffers from neuropathy in his legs, told Williams he is "most impressed with your presentation" and voiced support for the Institute's clinical trials while another lawmaker, Rep. Tim Moore, R-Elizabethtown, questioned why there would be any need for embryonic stem cell research given the potential

of adult stem cell work. Moore cautioned against "knowledge for knowledge's sake," mentioning medical experiments carried out by the Nazis during World War II.

Williams said human embryo is "the only example that we have where you start from a single cell and it grows and creates all those different organs." Scientists must "trick" adult stem cells to become heart, neurons and liver, he said. "We're pushing the adult stem cells as far as we can...but complex organs? They may not get us there."

While he acknowledged some medical data, he pointed out history has been gathered under "inexcusable conditions," Williams said U.S. adult stem cell research is regulated by the federal government. And many scientists choose not to even look at medical data obtained by methods to which they morally object, he explained.

Overall, U.S. clinical trials using stem cells—which are regulated by the Food and Drug Administration—are growing in number. Williams said there are currently 3,174 clinical tri-

(See HOUSE, page three)

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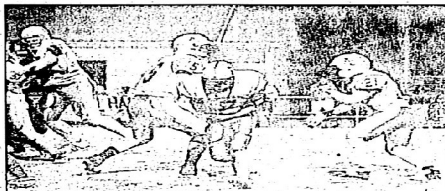
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Sports



ALLEN CENTRAL quarterback Micah Harlow handed off to running back Travis Atkins during Friday night's road game at Paintsville. The Tigers held off the Rebels.

South Floyd upends Williamson, 36-30

by PAMELA SCOTT
WILLIAMSON DAILY NEWS

WILLIAMSON, W.V. — It took a huge fourth quarter to defeat the Williamson Wolfpack 36-30 Friday night during the King Coal Bowl held at Lefty Hamilton Field. The Pack held the Raiders scoreless during the first half and went into the locker room up 16-0. But South Floyd

made adjustments and with six Williamson turnovers and a couple of flags, South Floyd scored 14 in the third quarter and 22 in the fourth period. More importantly, the Raiders held Williamson to one touchdown and a two-point conversion in the third quarter and only six points in the fourth period. The Pack still had a chance to defeat South Floyd but an interception during the closing min-

utes sealed the victory for the visiting Raiders. While sophomore Wes Little had 224 yards rushing for the Raiders and quarterback Dakota Newsome put up 132 rushing yards, it was the 37 rushing yards from Tyler Moore late in the fourth quarter that tied the game for South Floyd. The late effort used up valuable time from the scoreclock. Chris Hatcher had another

solid game for Williamson, turning in 119 yards and two touchdowns via eight carries. Matt Wellman also had some big numbers with 126 yards on 20 carries and one touchdown. The Pack had a total of 286 yards rushing. Williamson's quarterback Chuck White was 10-for-20 passing for 158 yards in the air with one touchdown and

(See RAIDERS, page six)

Allen, Trevathan named captains for Florida game

TIMES STAFF REPORT

LEXINGTON

University of Kentucky senior fullback Moncell Allen and junior linebacker Danny Trevathan have been named game captains for the Florida game this weekend, first-year head coach Joker Phillips has announced.

Game captains are usually chosen on the basis of performance in the previous game. Allen has been a key part of UK's impressive rushing attack so far this season, giving Kentucky a huge blocking presence on the perimeter as the Wildcats have rushed for more than 200 yards in each of the first three games. A native of New Orleans, La., Allen has rushed four times for 17 yards this season and caught one pass for 15 yards and a touchdown.

Trevathan, a native of Leesburg, Fla., has led UK in tackles all three games this season, posting 11 against Louisville, six against WKU and eight last weekend against Akron. The junior leads the team in total tackles with 25 and tackles-for-loss with six for 18 yards. Trevathan is averaging two tackles-for-loss a game, good for second in the Southeastern Conference and top 10 in the nation.

Allen and Trevathan will join permanent captains Randall Cobb and DeQuin Evans at the pregame coin toss.

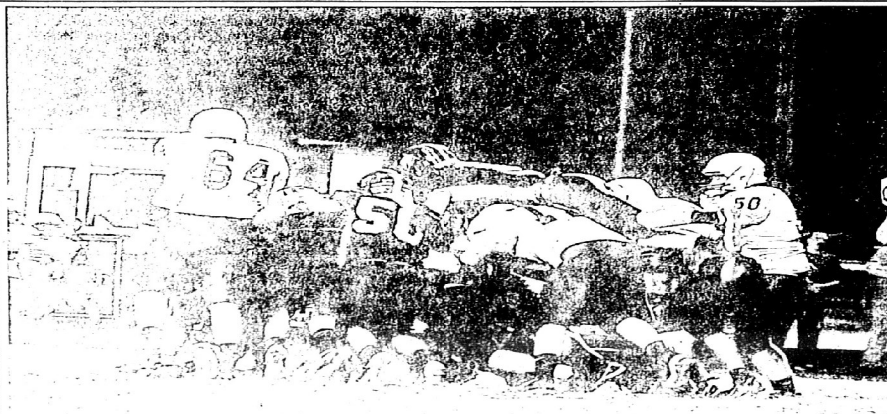
Allen, Hines doubtful for Florida game: Moncell Allen and junior offensive tackle Stuart Hines are doubtful for the Florida game this weekend because of injuries. Phillips announced at his weekly news conference Monday.

Allen suffered a hamstring injury in the Akron game, while Hines has an ankle injury. Junior safety Taiedo Smith is listed as questionable. Senior defensive end DeQuin Evans, senior tailback Derrick Locke and freshman linebacker Avery Williamson are listed as day-to-day for the Florida game.

Kentucky-Ole Miss game picked up by SEC Network: The University of Kentucky football game at Ole Miss on Oct. 2 has been selected for live telecast by the SEC Network. Kickoff time is set for 12:21 p.m. ET (11:21 CT in Oxford).

16th Region Boys' Soccer Standings

Team	Record
South Laurel	1-1
Paintsville	10-0
Letcher Central	9-2-3
Johnson Central	9-2-2
Perry Central	6-3-2
Prestonsburg	6-7-0
Corbin	4-4-1
Belfry	5-6-2
Shelby Valley	5-6-2
Whitley County	4-5-3
Pikeville	4-8-0
OBI	3-7-0
North Laurel	1-5-0
Middlesboro	1-5-1
Buckhorn	0-1-0
Jackson City	0-8-1
Hazard	0-10-1
Pike Central	0-10-0



GANG TACKLE: A host of Prestonsburg defenders stopped a Pikeville ballcarrier Friday night. The Blackcats defeated Pikeville 35-13 in the non-district game.

P'burg posts 4-1 record in first half

Blackcats vying for fifth win vs. Sheldon Clark

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG — The Prestonsburg Blackcats finished the first half of the 2010 high school football regular-season 4-1 following a convincing 35-13 win over Pikeville Friday night. Prestonsburg, which fell in an away game at Breathitt County, also notched wins over Belfry, Paintsville and district rival Bath County during the first half of the regular-season. Tonight, Prestonsburg will host longtime rival Sheldon Clark in a non-district game at Josh Francis Field.

Sheldon Clark returned to the win column Friday night, defeating previously unbeaten Lawrence County 12-6. The Cardinals will host Belfry on Oct. 15 in a pivotal Class 2A, District 8 matchup.

Prestonsburg has outscored five opponents 188-88. Sophomore Bryson Williams and junior Adam Crisp carried Prestonsburg past Pikeville. Williams had 352 all-purpose yards against the Panthers. He rushed for 42 yards via 13 carries. The versatile Williams did most of his damage catching the football as he hauled in 188 yards receiving through three catches. Williams totaled 122 yards via kick returns.

Crisp completed over half of his passes, connecting on 12-of-20 attempts for 260 yards and three touchdowns. The Prestonsburg quarterback threw one interception in the non-district win over Pikeville.

Senior backs Austin Stepp and Avery Ray and junior rusher K.P. Skyles pace Sheldon Clark offensively.

Kickoff for the Prestonsburg-Sheldon Clark game is set for 7:30 p.m.



Above: Prestonsburg sophomore Michael Bertram (54) waited a special teams play. Below: Prestonsburg Coach John DeRossett talked with players during a timeout. Pictured are Blackcats Kain Collins (21), Trevor Stovall (50) and Alex Griffith (9).



photo by Jamie Howell



FIRST-YEAR University of Kentucky head coach Joker Phillips will guide the Wildcats into The Swamp on Saturday for an SEC game versus Florida. Kentucky and Florida both boast 3-0 records. The Wildcats defeated Akron 47-10 last week at Commonwealth Stadium in Lexington.

Betsy Layne falls to Magoffin

by STEVE LeMASTER
SPORTS EDITOR

BETSY LAYNE — Host Betsy Layne faced an early deficit and failed to recover Friday night in a non-district home game versus Magoffin County. The Hornets, following a disappointing 32-36 loss to border foe Morgan County one week earlier, claimed their fourth victory in five outings. Magoffin County scored over 40 points for the third time this season, defeating Betsy Layne 48-12 in an offensive outburst that featured a season-high points total.

Betsy Layne had a two-game winning streak snapped. Magoffin County moved to 4-1 after recording the win. Betsy Layne, back at the 500 mark, slipped to 2-2.

James C. Howard led Magoffin County offensively, rushing 11 times for 141 yards and two touchdowns. Howard was one of three Magoffin County running backs to find the endzone. Austin Whitaker rushed four times for 79 yards and one touchdown. Clay Elam contributed 18 yards and one touchdown via three carries for the Hornets.

Versatile Magoffin County also excelled through the air. Veteran Magoffin County quarterback Dylan Keeton completed eight-of-11 passes for 138 yards and three touchdowns.

Justin Poe was the leading pass-catcher for Magoffin County. Poe snagged six receptions for 134 yards and three touchdowns.

Howard, Derek McCarty and Caleb Hall each had one reception for the Hornets.

Magoffin County turned in a stellar defensive performance. Poe and Matt Patton each had one interception while Jacob Johnson recovered a fumble for the Hornets.

Casey Adkins led Betsy Layne offensively, rushing 14 times for 100 yards. Corey Jarrell (10 carries for 80 yards, one touchdown) and Nathan Martin (three carries for nine yards, one touchdown) scored rushing touchdowns for the Bobcats.

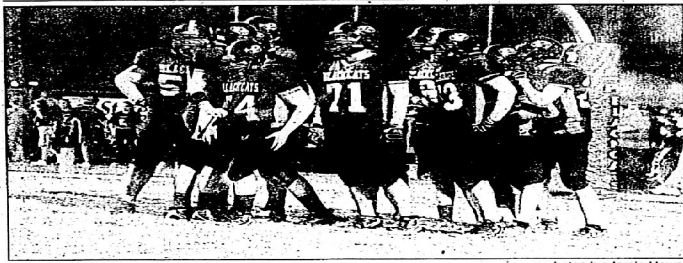
Martin completed 5-of-14 passes for 80 yards and one interception. Landon Tackett was Martin's go-to receiver, reeling in two catches for 45 yards. Jarrell and Dylan Maldonado each had one reception for the Bobcats.

Defensively, Adkins (eight solo tackles, 10 assisted tackles) and Jarrell (eight solo tackles, 15 assisted tackles) paced Betsy Layne in the loss.

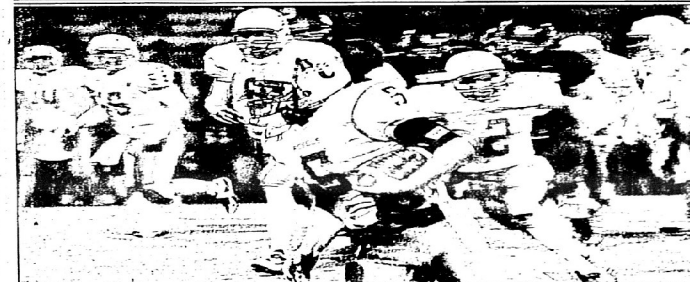
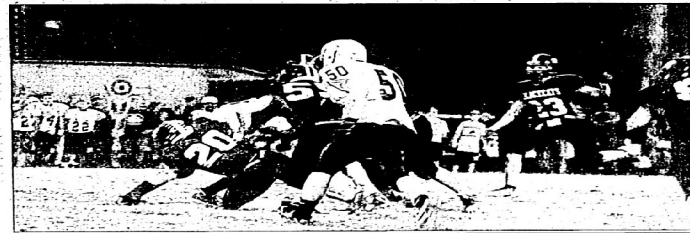
Betsy Layne will host Phelps tonight in a district opener. Kickoff for the Betsy Layne-Phelps game is set for 7:30 p.m.

15th Region Volleyball Standings

Team	Standings	Record
Allen Central	23-8-0	
Betsy Layne	21-5-0	
Johnson Central	17-4-0	
Paintsville	17-10-0	
Prestonsburg	14-9-0	
South Floyd	12-8-0	
Belfry	9-2-0	
Pikeville	9-9-0	
Sheldon Clark	9-10-0	
Flairist School	8-8-0	
East Liberty	8-9-1	
Pike Central	6-9-1	
Shelby Valley	5-11-0	
Phelps	4-11-0	
Lawrence County	2-13-0	
Magoffin County	0-13-0	



PHOTOS BY JAMIE HOWELL
PRESTONSBURG executed well offensively and stopped Pikeville on the defensive slip. Below: Prestonsburg defenders Wes Robinson (20) and Alex Garner (55) wrapped up a Pikeville player. Nathan Stone (23) is also pictured for the Blackcats.



LOCAL FOURSOME TAKES FIRST-PLACE: A foursome from Prestonsburg took first place in the annual Sunrise Children's Services Champions Challenge golf event held at the prestigious Valhalla Golf Club in Louisville recently. The team of Dwayne Moore, Nelson Scott, Tim Martin and Jeff Bingham bested a field of 20 teams. In addition to enjoying a wonderful day on a course that has hosted major PGA events and the 2008 Ryder Cup, the golfers helped raise funds for Sunrise, a statewide agency that cares for abused and neglected children.

HIGH SCHOOL FOOTBALL SCOREBOARD

- Tonight's Area Games**
 Pikeville at Allen Central, 7:30 p.m.
 Phelps at Betsy Layne, 7:30 p.m.
 South Floyd at East Ridge, 7:30 p.m.
 Whitley County at Harlan County, 7:30 p.m.
 Corbin at Hazard, 7:30 p.m.
 Tug Valley, W.Va. at Jenkins, 7:30 p.m.
 Breathitt County at Johnson Central, 7:30 p.m.
 East Carter at Lawrence County, 7:30 p.m.
 Harlan at Lee County-Jonesville, Va., 7:30 p.m.
 Knott County Central at Meigs County, 7:30 p.m.
 Leslie County at Morgan County, 7:30 p.m.
 Pineville at Paintsville, 7:30 p.m.
 Letcher County Central at Perry County Central, 7:30 p.m.
 Sheldon Clark at Prestonsburg, 7:30 p.m.
 Bell County at Rockcastle County, 7:30 p.m.
 Boyd County at Rowan County, 7:30 p.m.
 Bath County at Shelby Valley, 7:30 p.m.
 Ashland Blazer at Waverly, Ohio, 7:30 p.m.

First effort proves to be pivotal in NASCAR Sprint Cup Chase

by JAKE JENNINGS
MESSENGER-INQUIRER
(MCT)

When it comes to NASCAR Sprint Cup Chase races, the first one is the most important.

The numbers show just how big his lead is.

If you're first-place Denny Hamlin, or Kevin Harvick, Kyle Busch, Jeff Gordon and Kurt Busch rounding out the top five, you should be feeling great right now.

W? If a driver leaves New Hampshire in the top five, chances are he will still be there once the season ends at Miami-Homestead in late November.

In five of the six seasons since the Chase format was instituted, the eventual champ was in the top five after New Hampshire.

The exception was in 2006 when Kyle Busch won seven spots to ninth after the first Chase race, 139 points out of first, but still managed to come back and win the title.

The first Chase race isn't so much about winning.

It's about getting in position for the last nine races.

The opener in NASCAR's playoffs is much like September for Major League Baseball teams.

A squad can make it all the way to the World Series if it gets hot at the right time.

It's all about momentum.

That's important in any sport. In NASCAR, it's critical.

Good runs boost a team's confidence. Those that struggle all left with a tough choice.

Do they risk making changes, or do they stay with the game plan no matter what?

Nine races seems like a long time, but it's not considering NASCAR's points structure.

Making up ground is hard in a system that rewards consistency.

The top teams might have a bad day, or be hit by bad luck, but that usually only lasts for one race.

Denny Hamlin was the big winner coming out of New Hampshire.

He avoided a disaster when he spun and didn't hit the wall — or another car.

At the end of the day, Hamlin managed to increase his lead over the entire field.

Hamlin held a 10-point edge over Jimmie Johnson coming into the day. But the bad luck hit everyone else just right and Hamlin now has a 45-point edge over Harvick.

If Hamlin goes on to win

the crown, you can look at his lucky break at Loudon as one key to that success.

Clint Bowyer and Tony Stewart took the big hits that always seems to happen to at least one driver in the first Chase race.

Stewart fell back to 10th. But the critical number is 124, the points that stand behind him and first place.

Bowyer's woes were self-inflicted after he was docked 150 points after his New Hampshire car failed post-race inspection.

His team has no choice. They will have to make changes, and perhaps go through every race car in the shop to make sure they meet NASCAR's template.

In two of the last three seasons, four drivers in the top five after the Chase opener also finished in the top five in the championship standings.

Clawing back into contention is possible, as Johnson demonstrated, but it's a tough climb. Stewart will need some help.

As for Bowyer, it doesn't matter if his car was intentionally altered, or whether his team took an otherwise legal modification too far.

His chances of bouncing back from this aren't good.

The numbers point to that.

PC women's soccer team falls to No. 6 Lindsey Wilson

TIMES STAFF REPORT

PIKEVILLE — Lindsey Wilson College took the lead in the early stages and never looked back on Tuesday afternoon in knocking off Pikeville College 4-0 in a women's soccer contest played at the W.C. Hambley Athletic Complex.

During the game, Lindsey Wilson — which improved to 5-3 overall and 2-0 in the Mid-South Conference — learned it had fallen one place to No. 6 in the latest NAIA ratings.

The scores could be considered a moral victory of sorts for first-year Coach Julio Serrano and the Bears, who were once beaten 26-0 by the Blue Raiders only a few seasons ago.

On Tuesday, Lindsey looked like the national power it has long been. Only 2:44 had left the clock when sophomore midfielder Mia Persson found the back of the net off a pass from junior Elisha Fry.

In the 18th minute, it would be Fry finding the net off a corner by junior Ida Gregersen, and the Blue Raiders would take a 2-0 lead to recess.

In the second half, Gregersen scored on an in-race penalty in the 59th minute, and in their 73rd minute, junior forward Saki Kataoka scored off a pass from Persson to wrap up scoring.

Lindery Wilson had 30 shots in the match with 17 on goal. Pikeville's senior goalkeeper Becky Davenport saved 13 of them.

Kataoka had four shots, all on goal in the win.

Junior keeper Jordan Morrison had an easy time in net, turning away the only shot on goal in the contest. It was taken by Pikeville's junior Meagan Johnson.

The Bears had two shots in the loss and fell to 2-5-1 overall, 0-2 in the league.

Pikeville, which will be back in action on Saturday when it hosts Mountain State University.

DER Racing Series crowns champions at season finale

TIMES STAFF REPORT

BRISTOL, Tenn. — After a highly competitive season, the DER Racing Series crowned champions in each division last weekend in Thunder Valley.

Chris Johnson (Maryville) is the 2010 Super Pro division champion, while Steve Foley of Barbourville is the Pro division champion. Rodney Finchum from Newport claimed the Street title, with Bristol's Aaron Roberts winning the Trophy class crown.

Dane Shinnault from Hillsville, Va., won the Junior Dragster Division II championship. Landon Stahl of Boone, N.C. is the Jr. Dragster Div. I winner, and Jonesborough racer Mike Conley took the motorcycle championship.

Fields for the final race of the season were large, and winners had to overcome a great deal of competition to claim victory.

Kingsport's Jeremy Ray won in the Super Pro division on Saturday over David Collins from Rutledge. Ray had a .016 reaction time and raced through the top end in 6.263 seconds (6.25 dial-in) at 109.70 mph. Collins tuned on the red light before leaving the line. He finished his run in 5.100 seconds (5.09 dial-in).

Chad Harris of Vinton, Va. drove to the Pro division win against Jamie Radford from Christiansburg, Va. Harris used a 0.18 R.T. and a 6.964 elapsed time (6.94 dial-in) at 94.36 mph to dispatch Radford's 0.59 R.T. and 7.120 E.T. (7.05 dial-in).

Street Division honors went to 2010 Series champion Finchum when his opponent, Shaun Cowan of Bristol, turned on the red light in the final round. Finchum had a .033 R.T. and took his 1997 Blazer through the finish line in 14.901 seconds (13.97 dial-in).

Elaine Hatcher took the Trophy division win over Elizabethton's Charles Bise in the final round. The Cedar Bluff, Va. native ran dead on (12.560 E.T. on a 12.56 dial-in) to earn the win. In many other rounds, Bise's 12.684 on a 12.68 dial-in would have put him close to the win. The starting line reactions made the biggest difference, however. Hatcher had a 2.40 R.T., while Bise had a 2.70 R.T.

A pair of red lights decided Saturday's motorcycle final, but Dakota Wells from Sevierville turned his on first, giving Jason Haynes of Mount Carmel the win. Wells was red by .032 sec., while Haynes went red by .005 sec. Haynes finished his winning run in 6.049 seconds (5.95 dial-in) at 108.45 mph.

Junior Dragster Div. I went to Dylan Howard of Corryton, when his competition, Joseph Denton from Bristol, Va.

turned on the red light in the final. A red light also decided Jr. Dragster Div. II as Rogersville's Mitch Ellison left too soon, giving Colton Carr from Tellico the victory.

Chris Barker, from Morehead, took Sunday's Super Pro action over Foley. Barker had a .032 light, and a 4.956 E.T. (4.93 dial-in) at 138.73 mph.

Harris swept the weekend's Pro category, racing to an easy victory when Finchum turned on the red light in the final round. Harris used a 0.20 R.T. and a 7.301 E.T. (6.95 dial-in) at 76.02 mph to earn the win.

Sunday's Street win went to Cody Spears from Mount Carmel, as he and his opponent, Bristol's Scott Vestal, both ran faster than their dial-ins. Spears had a 14.506 E.T. (14.53 dial-in) to Vestal's 11.990 E.T. (12.03 dial-in).

Scott Justus from Rosedale, Va., won the Trophy Division, with Bluff City's Jerry Turner claiming the Motorcycle final.

Sunday's Jr. Dragster finals were a lesson in patience for Denton and Ellison. Both drivers lost on red lights in Saturday's final rounds, but both practiced patience and won on Sunday. Denton defeated Elizabethton's Jesse Edens in Div. I and Ellison upset Division champion Shinnault to earn the Div. II win.

Raiders

an interception.

However, Williamson's defense allowed the Raiders to rack up 461 yards on offense with 412 of those on the ground. Little scored four touchdowns and Newsome

one — all in the second half.

With time running out, the Pack was driving to regain the lead when Raider Luke Rhea intercepted White's pass to crush any hope Williamson had of a comeback.

Continued from p5
 South Floyd will visit East Ridge tonight for a non-district game. Kickoff for the South Floyd-East Ridge game is set for 7:30 p.m.

Regional Obituaries

FLOYD COUNTY

■ Chester Allen, 80, of Wayland, died Sunday, September 19, at Highlands Regional Medical Center. He is survived by his wife, Ollie Ritchie Allen. Funeral services were held Wednesday, September 22, under the direction of Nelson-Frazier Funeral Home.

■ Martha Ann Risner Clark, 96, of Honaker, died Sunday, September 19, at her residence. Funeral services were held Wednesday, September 22, under the direction of Hall Funeral Home.

■ Brandon Berry Hall, 28, of Ivel, died Monday, September 20, at Ivel. Funeral service will be conducted Friday, September 24, under the direction of Hall Funeral Home.

■ Brandon Berry Hall, 28, of Ivel, died Monday, September 20, at Ivel. Funeral services will be held Friday, September 24, at 1 p.m., under the direction of Hall Funeral Home.

■ Clinton "Bootie" Hall, 70, of Willard, Ohio, a native of Garrett, died Friday, September 17, at his home. Funeral services were held Wednesday, September 22, under the direction of Secor Funeral Home.

■ Pearl Hall Hamilton, 63, of Beaver, died Wednesday, September 15, at her residence. Funeral services were held Saturday, September 18, under the direction of Hall Funeral Home.

■ Lowell Thomas "Jimmy" Hopkins, 75, of Grayson, died Thursday, September 16, at Kings Daughter's Medical Center, in Ashland. Funeral services were held Sunday, September 19, under the direction of Malone Funeral Home.

■ Jimmy Lee (JJ or Tweed) Perry, Jr., 27, of Wheelwright, died Friday, September 17, at his residence. Memorial services were conducted Tuesday, September 21, under the direction of Hall Funeral Home.

■ Ruth V. Skaggs Reynolds, 89, of Allen, died Tuesday, September 14, in Staffordville. Funeral services were held Saturday, September 18, under the direction of Hall Funeral Home.

PIKE COUNTY

■ Thomas Blair, 70, of Daniels Creek, died Friday, September 17, at Pikeville Medical Center. Funeral services were held Monday, September 20, under the direction of Lucas & Son Funeral Home.

■ Willa Gaye Akers Champ, 69, of Roanoke, Virginia, formerly of Hellier, died Monday, September 20, at her home. She is survived by her husband, Carson Champ. Funeral services were held Friday, September 24, under the direction of Lucas and Son Funeral Home.

■ Paul Dean Coleman, 69, of Elkhorn City, died Sunday, September 19, at Mountain View Health Care Center, in Elkhorn City. He is survived by his wife, Rosalee Coleman. Funeral services were held Thursday, September 23, under the direction of Bailey Funeral Home.

■ Lillian Jackson Lester Coleman, 92, of Paw Paw, died Sunday, September 19, at Buchanan General Hospital, Grundy, Virginia. Funeral services were held Wednesday, September 22, under the direction of Grundy Funeral Home.

■ Cynthia Eileen Keesee Keathley, 48, of Turkey Creek, died Saturday, September 18, at the South Williamson Appalachian Regional Hospital. She is survived by her husband, Darrell Keathley. Funeral services were held Monday, September 20, under the direction of Rogers Funeral Home.

■ Joyce May, 66, of Canada, died Monday, September 20, at her home. She is survived by her husband, Harold May. Funeral services were held Friday, September 24, under the direction of R.E. Rogers Funeral Home.

■ Kathryn Elizabeth Maynard, 58, of Ransom, died Friday, September 17, at her home. She is survived by her husband, Larry Maynard. Funeral services were held Sunday, September 19, under the direction of Hatfield Funeral Chapel.

■ Dempsey Miles, 76, of Pikeville, died Sunday, September 19, at Pikeville Medical Center. He is survived by his wife, Corene Mullins Miles. Funeral services were held Thursday, September 23, under the direction of J.W. Call & Son Funeral Home.

■ Jimmy Wayne Rose, 59, of Lookout, died Friday, September 27, at Bristol Regional Medical Center, Bristol, Tennessee. He is survived by his wife, Phyllis Rose. Funeral services were held Tuesday, September 21, under the direction of Thacker Funeral Home.

■ Bill Stalker, 64, of Elkhorn City, died Monday, September 20, at his home. He is survived by his wife, Sadie Adams Stalker.

Funeral services were held Thursday, September 23, under the direction of Bailey Funeral Home.

■ Dora Warrix, 87, of McCarr, died Friday, September 17, at the South Williamson Appalachian Regional Hospital. Funeral services were held Monday, September 20, under the direction of Chambers Funeral Services.

■ Bobby Ray Williams, 78, of Hellier, died Saturday, September 18, at the Thompson Hood Veterans Center, Wilmore. Funeral services were held Wednesday, September 22, under the direction of Bailey Funeral Home.

■ Glen Wolford, 75, of Red Jacket, West Virginia, a native of Phelps, died Monday, September 20, at his home. Funeral services were held Thursday, September 23, under the direction of Rogers Funeral Home.

■ Truley Young, 92, of Varney, died Friday, September 17, at Signature Healthcare, Pikeville. Funeral services were held Tuesday, September 21, under the direction of R.E. Rogers Funeral Home.

MAGOFFIN COUNTY

■ Jeremiah Kelsie Blanton, 33, of Staffordville, died Tuesday, September 7, at his residence. Funeral services were held Saturday, September 11, under the direction of Magoffin County Funeral Home.

■ Dearl Peters, 64, of Salyersville, died Monday, September 13, at the Paul B. Hall Regional Medical Center. Funeral services were held Thursday, September 16, under the direction of Salyersville Funeral Home.

■ Mae Begley Robinson, 87, of Salyersville, died Sunday, September 12, at her home. Funeral services were held Thursday, September 16, under the direction of Salyersville Funeral Home.

■ Harold Douglas Tackett, 69, of Salyersville, died Wednesday, September 8, at his residence. Funeral services were held Sunday, September 12, under the direction of Magoffin County Funeral Home.

KNOTT COUNTY

■ Marlene Bailey, 57, of Sassafras, died Friday, September 10, at Redfox, as a result of injuries sustained

in an automobile accident. Funeral services were held Monday, September 13, under the direction of Hindman Funeral Services.

■ Timmy Estep, 39, of Dandridge, Tennessee, formerly of Knott County, died Wednesday, September 8, at the University of Tennessee Medical Center. Funeral services were held Saturday, September 11, under the direction of Hindman Funeral Services.

■ Celaun "Sonny" Martin, 77, of Hindman, died Wednesday, September 8, at the Hazard ARI. He is survived by his wife, Velma G. Martin. Funeral services were held Sunday, September 12, under the direction of Hindman Funeral Services.

■ Dillard Owens Sr., 70, of Panama City Beach, Florida, formerly of Knott County, died Sunday, September 6, at his home. Funeral services were held Saturday, September 11, under the direction of Hindman Funeral Services.

■ Jeffrey Marlin Ritchie, 38, of Saltlick, formerly of Knott County, died Monday, September 6, at home. Funeral services were held Thursday, September 9, under the direction of

Hindman Funeral Services. ■ Robert Slone, 74, of Mallie, died Thursday, September 9, at his home. He is survived by his wife, Nella Rose Watson Slone. Funeral services were held Sunday, September 12, under the direction of Hindman Funeral Services.

MARTIN COUNTY

■ Brian Keith Matthews, 40, of Debord, died Thursday, September 9, at his father's home. Funeral services were held Monday, September 13, under the direction of Phelps and Son Funeral Home.

■ Daniel Pope, 37, of Louisa, died Thursday, September 9, at St. Mary's Medical Center in Huntington, West Virginia, from injuries sustained in a logging accident. Funeral services were held Saturday, September 11, under the direction of Young Funeral Home.

■ Ivan C. Smith, 91, of Vero Beach, Florida, died Saturday, August 21. He is survived by his wife, Adeline Smith. A memorial service was held Saturday, September 11, under the direction of Richmond-Callahan Funeral Home.



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photo by Jarrid Deaton
Charlie Palmer's dog, Gizmo, recently located his owner's lost cellphone on a golf course in Louisiana. According to Palmer, who is currently visiting family in Prestonsburg, Gizmo took off running up a little hill after someone called the phone and came back holding it in his mouth. "My momma said that Gizmo would find my phone for me," Palmer said. "He must have the best hearing in the world."

Pikeville city manager named KLC official of the year

LOUISVILLE — Pikeville City Manager Donovan Blackburn was named by a panel of his peers as the Kentucky League of Cities (KLC) City Official of the Year. Presented Friday at the 2010 KLC Conference & Expo in Louisville, the award honors outstanding leaders, their innovation and excellence in local governance, and places the spotlight on city officials who go above and beyond to improve their local government and community.

Blackburn has served Pikeville as city manager for six years, but in that short time he has accomplished more than a lifetime of achievements. He is described as a true leader who has helped Pikeville become a progressive city with a vision and a purpose. His nomination read, "Donovan is the kind of city

manager who rolls up his sleeves and jumps in no matter the task. He continually looks at every project and program to evaluate not what is easiest for city government, but what is best for the community." Under Donovan's management, the City of Pikeville has undergone a major transformation.

Under his leadership as city manager, Pikeville has:

- launched a new website to create a more transparent city government
- created a new marketing campaign, started a new government TV station in partnership with the county, the school system and Pikeville college
- started a new venture tourism industry to attract visitors and completed several amazing parks and recreation projects
- implemented several city utility projects that have

expanded services, doubling the number of utility customers

- completed multi-million dollar housing projects
- balanced the budget every year with surplus

His nomination said this is just a small sample of what has been accomplished and describes Donovan as a trainer, an explainer, and a leader with vision and drive.

"Pikeville has changed, and the rest of the state is talking about it. The community is proud of what it has accomplished," said Minta Chaney, Economic Development Director for the City of Pikeville.

This is the second year for the new KLC City Official of the Year award which was created to recognize and honor city officials of the highest caliber. Last year's recipient was Wilmore Mayor Harold Rainwater.



Pikeville City Manager Donovan Blackburn (left) accepts the Kentucky City Official of the Year Award from KLC Executive Director Neil Hackworth.

Scores

Central High with 75 percent of goals met and Adams Middle School with 60 percent of goals met. Prestonsburg High and Allen Central High did not meet mathematics performance goals. Adams Middle School did not meet the goals in reading along with the category of "other academic indicators."

"Both Betsy Layne High and South Floyd High made significant progress and we're certainly pleased with that, but two of our schools, Allen Central High and Prestonsburg High regressed slightly and this lack of momentum at those schools is cause for concern," Webb said.

According to Webb, while the scores for high

schools are not as high as officials would like, the elementary students continue to dramatically outperform state averages for proficient and distinguished students in reading, math, science, social studies and on-demand writing.

"Our student's performance exceeds state averages by a solid margin in each area with a 20 percent difference in social studies leading the way," Webb said.

"This across-the-curriculum performance speaks to the high quality teaching that's occurring in our elementary schools."

The middle school students in Floyd County outperformed the state average in 4-out-of-5 of the assessed areas. Middle school stu-

dents scored better in reading, math, science and social studies.

"We're seeing improvement at the middle grades and we believe that we'll have our first middle school member of our Century Club," Webb said.

Floyd County's Century Club is made up of the schools with accountability index scores that exceed 100 on a scale of zero to 140. Webb also noted the district's preliminary data indicates there will be six elementary members of the club.

With the release of the scores, a special board meeting has been planned to discuss the performance of the district's schools.

"In the next two weeks, we're having a special meeting of our board and we'd like to invite everyone to attend," Webb said. "You'll hear much more about test performance for the district and individual schools along with some ideas we have for improvement. Test performance is like every aspect of public education, the more the public participates, the better the performance."

Theft

robbery, losing an estimated \$200,000 worth of merchandise.

"There were several items like computers and jewelry and things like that," said Little, adding that this most recent crime was unrelated to others at the shop in the past year.

Little and other investigators said the robbers took pins out of a door leading to the shop's main warehouse last week and then loaded

items into a truck before leaving.

Triley and Hall were arrested after investigators followed up on tips that came into the Prestonsburg Police Department in the days following the robbery.

Some of the items were recovered, according to police, and the owners of the shop have offered \$5,000 to anyone with information that could lead to an arrest.

Board

agree to hire them as an employee so they can be part of the team and help them meet the needs of our kids."

The board will also consider a school-wide fundraiser for Allen Central Middle School and Duff Elementary, a contract for transporting a student with special health needs, the approval of additional grant money from the Kentucky Clean School Bus Grant and authorization to receive bids

for components to comply with the grant, the approval of changing one RTI certified position at South Floyd High School to a classified position, a proposal to reconsider spring staffing due to the enrollment of students eligible for special education and more.

Regular meetings of the Floyd County Board of Education begin at 6:30 p.m. Full agendas are available at the meeting.

Airport

Organizers of the event suggest that families bring a lawn chair and plan to stay for the entire day.

Airport Day is scheduled to begin at 12 p.m. and last until 6 p.m. For more information, contact the Big Sandy Regional Airport by calling (606) 298-5930.

Take-Back

More than 60 drug collection sites have been designated across Kentucky and Kentucky State Police is partnering with various statewide agencies, as well.

"The unique aspect of this initiative is that it is free and anonymous," said KSP Post 9 Trooper Shaun Little. "No identification will be necessary for anyone to bring medication in for disposal."

WIN • WIN • WIN

The Floyd County Chamber of Commerce 2010 Membership Drive

The Floyd County Chamber of Commerce will be having a membership drive beginning September 20-October 1. During this time the Chamber will be Racing To Increase Chamber Membership.

Below are seven clues. Guess the correct Chamber member in the clues and you will be eligible to win a gift basket full of prizes donated from local chamber members.

Simply visit the correct businesses and obtain a card verifying you got the clue correct. After collecting all the clues, rush to the Chamber and turn your clues in immediately.

Clue 1—Starting line for all businesses should be at this pit stop first to assist with networking your business

Clue 2—Let us create your perfect race day lunch on lap 122

Clue 3—If you are worried about having a crash on lap 23, make your pit stop here for coverage

Clue 4—Visit this Big Sandy location for your injuries by getting physical therapy

Clue 5—Get your race day gear and decals at this Lake Drive store

Clue 6—After qualifying for the race get a comfortable nights sleep here

Clue 7—You can find the winners trophy after the big race here on display

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MOVIES FROM THE BLACK LAGOON

'Slithis'

by TOM DOTY
TIMES COLUMNIST

A dull high school journalism teacher is all that stands between the residents of Venice, Calif., and a rampaging nuclear beast in this low-budget love letter to the "Creature From the Black Lagoon."



Tom Doty
Times Columnist

Horror cinema of the 1970s is often remembered for ushering in the "masked killer" genre but there was always room for other types of terror flicks. This one is a throwback to the rubber-suited monster movies of the 1950s, but it manages to work in topical themes (nuclear energy) and a few buckets of the red stuff.

It all begins with a bizarre slow motion sequence that focuses on a lazy Frisbee game between two middle-schoolers. Things take a nasty turn when an errant throw leads to the discovery of animal remains that are rendered in gruesome close-up. Next we hear some radio broadcast which fills in for the time honored plot device of starting a film with news headlines to establish the scene. The radio guys talk about animals turning up mutilated and pitch the idea of a satanic cult.

Next we meet our hero, Wayne. He's a journalism teacher at Venice High, but you have to wonder if he's any good as he mispro-

(See LAGOON, page 3)

This Town, That World

Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request.

Had a letter this week from a reader inquiring if Floyd county first went on Eastern Time after World War II. The lady is innocent—she doesn't know of my troubles with time. And I don't remember when they upset us all with that clock tinkering.

□□□

When some courteous visitor comes into this office, looks around and inquires if we have an ashtray, I never fail to recall the time when an acquaintance came in, took a gander at the floor and exclaimed, "Wall-to-wall ash tray!"

□□□

It may be that I am being a bit optimistic about the matter, but it's worth a trial. I refer to this matter of water quality and the wild pledges to clean up America's streams. What I have in mind won't stop the silting in of streams and lakes and other atrocities inflicted upon the environment with utter impunity. But the quality of the water—this could help, and could be the only way the government could make good on its promise of water purity.

My idea is simply this: Require every person who tosses a Clorox jug into a stream to leave a pint or

(See ALLEN, page 2)



Amy Carr, a student at Osborne Elementary, used the climbing wall at the J.M. Feltner 4-H Camp in July.

SUMMER MEMORIES

4-H Camp gets animated

by HEATHER J. NELSON
FLOYD COUNTY EXTENSION OFFICE

Floyd County youth had an exciting week July 26-29 at the J.M. Feltner 4-H Camp located in London, Kentucky. The theme of this year's camp was "4-H Camp Gets Animated."

Over 230 young people from Floyd, Martin and Magoffin counties were able to spend a week having fun in the sun. Campers had the opportunity to go swimming, hiking, fishing, and canoeing, as well as participate in craft construction, and many more fun classes.

Along with taking part in classes, campers were also able to learn practical living skills and acquire knowledge in such areas as citi-

zenship, communication, self-expression, leadership and responsibility. Campers were divided into teams to make new friends and to help build teamwork. Teams earned various points by competing in a costume contest (where they dressed as their favorite cartoon character), winning prizes at the carnival and playing on inflatables and placing in the Field Games, Talent Contest and the Swim Olympics. To go along with our Animation theme team names included: Alice and the Mad Hatters, The Mystery Machines, The Tom and Jerry's, The Muppets, The Plazeters, Yogi and the Bears, The Smurfs, The Rugrats, Monsters Inc., and The Teenage Mutant Ninja Turtles.

Plans are already in the works for next

year's 4-H Camp. If you would like to be a

teen counselor next summer, come join the Floyd County 4-H Teen Council—a teen program in Floyd County for students in grades 7-12.

For more information on this and other 4-H Programs in Floyd County, contact Heather J. Nelson, County Extension Agent for 4-H Youth Development, at (606) 886-2668 or hnelson@uky.edu. You may also visit her at the Floyd County Extension Service Office at 921 South Lake Drive, Prestonsburg. Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability, or national origin.

New student art gallery to honor Ford

PIKEVILLE — Sixteenth century painter and sculptor Michelangelo once said, "I saw the angel in the marble and carved until I set him free."

In the classroom, Janice Ford introduced her students to the artists who color our world. For Ford, a longtime professor of art at Pikeville College, that was an important part of the learning process.

Although she lost a courageous battle with Multiple Myeloma in 2007, Ford's family, along with the campus community, will honor her

memory by dedicating the Janice Beeler Ford Student Art Gallery at Pikeville College on Thursday, Sept. 30, at 5 p.m., in the Allara Library.

During the dedication, Allen Abshire, of Pikeville, will be recognized as the first student to receive the Janice Beeler Ford Award for Excellence in the Visual Arts.

"This is a special gift to our students. The best way to honor Janice is by recognizing their achievement," said Pikeville College President Paul Patton. "Through this gallery, her love of the arts and ded-

ication as a professor will continue to be a source of inspiration."

A talented artist, Ford enjoyed and made the most of the creative ability God gave her. She began painting during her teenage years and progressed as an artist, expanding her knowledge of every medium including oils, colored pencil and watercolors. Ford most enjoyed painting watercolors and loved painting still-life images.

A Pikeville College alumna, she

(See GALLERY, page 2)



Janice Ford

DINNER DIVA

Decluttering food



Trying to declutter your house can be a daunting task. To get your daughter to declutter her room is a major act of God. As we went through her overstuffed and massively cluttered room I volunteered numerous things for the declutter bag. Each time, she plaintively whines, "But I like it!" and I would counter, "But you outgrew this outfit a year ago!" or "We have no room for that furniture anymore." Finally, I took her out for a hot chocolate to defuse the situa-

tion and explained to her that even-though she likes something, there comes a point when it's time to let it go and move on.

The same point can be made with food. Just because you like something doesn't mean it serves a worthy purpose. Take potato chips for example—the perfect analogy to nutritional clutter. Their purpose isn't to feed your body, but just crunchy entertainment for your mouth. They leave their clutter however, on your hips, well-being

and appetite. You want more and you have no room for it. Potato chips (or another equally unworthy junk food) is robbing your body of its peace. When you eat junk, you feel like junk.

We need to learn that eating good healthy food is the equivalent of pampering yourself. Like a bubble bath or massage, even. When you feed yourself and your body food that is worthy of your time and

(See DIVA, page 2)

inside lifestyles

CAR TALK
There's a hole in the tailpipe

— page B3



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Fun & Games

page B5





Family Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor
of Family Medicine

Q This is an embarrassing problem. I am constipated most of the time. My mother says I always have been. Now that I am adult, it seems to be getting worse. Is there something wrong with me that makes it hard for me to go to the bathroom?

A This is a great question, because it is estimated that constipation affects about two percent of adults in the United States. That's more than four million people. It is more common in women and it seems, also, to be a common complaint of the elderly. Constipation is usual-

ly not considered a serious medical condition, but it is something to be dealt with and not ignored. Constipation is defined as difficult bowel movements. While everyone has their own "rhythm" with regard to bowel movements, if your bowel movements are less than every three days, you have constipation. The longer the interval between bowel movements, the more difficult having a bowel movement becomes because stools tend to be hard and dry. There can be additional symptoms of constipation aside from not having a bowel movement. Abdominal pain and swelling,

straining to have a bowel movement and increased gas also are common symptoms of constipation.

There are many reasons this condition may occur, most of them relating to dietary habits and lifestyle. The most common of these causes are inadequate fluid intake, especially water; lack of fiber in the diet; lack of exercise or activity, like too much time in a chair or on the couch; ignoring the natural urge to have a bowel movement, because the more frequently you ignore your bodily signals, the fewer signals the body sends; a change in routine, like travel, early meetings at work, or an abrupt change in schedule; and eating large quantities of dairy products, like cheese.

There also are some medical causes of constipation which include pregnancy, hypothy-

roidism, medication side effects, and irritable bowel syndrome, as well as more serious causes such as colorectal cancer and neurological conditions such as multiple sclerosis or Parkinson's disease.

Most of the time, constipation occurs as a result of the more benign causes, and there are many things that you can do to treat and prevent it. Be sure you are drinking enough water every day. About one and a half to two quarts a day is recommended. Milk and caffeinated beverages can increase your constipation, so try to avoid these. Get more exercise. This doesn't necessarily mean you need to work out in a gym — just getting up and walking around more will improve bowel function. And yes, it's true: prunes do work to relieve or prevent constipation. Some people prefer to drink about 4 ounces of warm

prune juice every morning. And finally, be sure you include lots of fruits, vegetables and whole grains in your diet to increase the amount of fiber you consume. Laxatives should be used with caution since it is possible to become dependent on them over time.

While most people do not need to go to the doctor for constipation, if it is not relieved with simple measures, or if it comes on for no apparent reason, a medical checkup is indicated.

Family Medicine(r) is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@family-medicinenews.org.

Salome's Stars

Weekly Horoscope

GOOD HEALTH

Osteoarthritis: Bad to the bone

ARIES (March 21 to April 19) A work-place change doesn't seem to have turned out quite as you'd hoped. Never mind: Just treat yourself to a healthy dollop of that Aries self-confidence, and you'll soon view things differently.

Taurus (April 20 to May 20) Some of the support you might have hoped for in a difficult situation might not be there. But you have the strength to rely on your own capabilities if you must. Good luck.

GEMINI (May 21 to June 20) A disagreement with a longtime friend can be painful, but it also can be a learning lesson. Insist on a full and complete airing of views. You'll both come away the better for it.

CANCER (June 21 to July 22) A stalled relationship can be restarted with some give and take on both sides. And while you could take more time than you expect, don't rush it. Be patient, and let it happen naturally.

LEO (July 23 to August 22) An opportunity to move a long-stalled project from concept to construction might be opening up for the Big Cat. Meanwhile, be prepared to spend more time dealing with family matters.

VIRGO (August 23 to September 22) Use your Virgo organizational skills to line up support to help you deal with a sticky workplace problem. A personal matter also might be helped with friendly intervention.

LIBRA (September 23 to October 22) Trying to resolve a workplace problem with

a longtime associate can be difficult. Consider bringing in an impartial third party to help you both reach a mutually acceptable solution.

SCORPIO (October 23 to November 21) This is a good time to assess your current career situation. Consider whether you have a chance to move up where you are now, or if you should look elsewhere.

SAGITTARIUS (November 22 to December 21) With education being a dominant part of this week's aspect, one of the things you might want to think about is taking courses to enhance your career opportunities.

CAPRICORN (December 22 to January 19) You might have a problem trying to stay focused on a matter you'd rather not deal with. But the sooner you do, the sooner it will be resolved and out of the way.

AQUARIUS (January 20 to February 18) An unforeseen complication creates a difficult problem. But things get resolved once you use your ability to turn negative situations into positive experiences.

PISCES (February 19 to March 20) The Pisces penchant for doing the right thing at the right time helps you deal with a particularly troublesome situation. Consider your best option, and act accordingly. Although you might sometimes seem rigid in your views, your love of justice makes you a trusted friend everyone can rely on.

Continued from p1

Diva

effort, you are giving tender loving care to yourself. The good, nutritious food that you need for bodily function (not entertainment) will cause your mood to change for the better, your energy to soar and make your skin glow!

Eating healthy can be a delicious experience, I promise! And because I try to live up to my promises as best I can, I have a healthy recipe for you that your entire family will love.

A quick note: To cut back on the carbs, you can cut the pasta in half and stir in a 10 ounce bag of baby spinach when you add the chicken mixture at the end of the recipe. The heat from the ingredients will cause the spinach to wilt perfectly.

Barbecued Chicken Pasta
Serves 6
16 ounces Rigatoni, Mostaccioli or other medium pasta shape - uncooked
1 tablespoon vegetable oil

4 ounces boneless, skinless chicken breast - cut into 1/2-inch cubes
1/2 cup green bell pepper, sliced thin
1/4 cup red onion, sliced thin
1 clove garlic, pressed
1/2 cup spaghetti sauce (your favorite)
1/4 cup hickory-smoked barbecue sauce
1/2 cup grated Provolone cheese
1/2 cup grated Mozzarella
3 green onions - trimmed and sliced thin
1/4 cup cilantro, chopped
Prepare pasta according to package directions. Meanwhile, heat oil in a large skillet over medium heat. Add chicken and saute, stirring occasionally, until browned on all sides, about 3 minutes. Add bell pepper, onion and garlic and cook until pepper turns bright green, about 1 minute. Add Marinara sauce and barbecue sauce and heat

just to boiling. Remove from heat.

Drain pasta, reserving 1/4 cup of water and return pasta to the pot. Add chicken mixture and cheese to the pot. Stir over low heat until pasta is coated with sauce. Add enough of reserved cooking liquid, if necessary, to make the sauce lightly coat the pasta. Transfer pasta to serving bowls and top with scallions and cilantro.

Per Serving: 464 Calories; 9g Fat (15% calories from fat); 24g Protein; 60g Carbohydrate; 3g Dietary Fiber; 44mg Cholesterol; 601mg Sodium. Exchanges: 3 1/2 Grain(Starch); 2 Lean Meat; 1 Vegetable; 2 Fat; 0 Other Carbohydrates.

SERVING SUGGESTIONS: A spinach salad would be perfect!

VEGETARIANS: Skip the chicken and add a can (15 oz.) of drained white beans.

Continued from p1

Allen

so of the stuff in the jug, with the cap off.

The robins left ahead of schedule, a few weeks ago, it was reported. If so, they're back ahead of schedule. Don't know what they've been up to while away, but they seem to be missing some of their feathers and color.

Continued from p1

We have two dogs around the office now — Pup the Black, owned by Jimmy Goble, and my daughter's Mollie whose greatest distinction is her resemblance to the late James Thurber's dogs. Sometimes I catch myself mumbling in my beard, declaring the place has indeed gone to the dogs. Then I remind myself that if I had my old Dalmatian here to join them nobody would ever hear a peep out

of me. How others here at the office endured that dog and his owner is a constant source of wonder.

When you begin studying the weather more than the temperature of the water and dread frosty mornings on the lake, more than you relish the idea of bucking the breeze and hanging onto a big smallmouth — brother you're getting older I know.



Prestonsburg Cash Express honored emergency personnel with special cakes on Sept. 11.

Gallery

begin her career as an art teacher at Johns Creek Elementary and at Pikeville High School. In 1969, she joined the faculty of Pikeville College. While at the college, Ford was named Who's Who Among America's Teachers for five consecutive years, received the Teacher of the Year Award and was named an Outstanding Teacher of America by the Pikeville Women's Club.

A lifelong resident of Pikeville and a devoted member of the Pikeville Church of Christ, she and husband Bobby L. Ford were married for 43 years. Ford's brother, Forrest (Buddy) Beeler, and sister, Beverly Beeler Sanders, also live in Pikeville.

"She was a wonderful teacher, supportive mother, devoted wife, and an example of what a Godly woman should be," said daughter

Laura Ford Hall. "For all the significance of her life, and the numerous lives she affected, she was, above all, a Christian servant."

Hall, along with her husband, Brad Hall, and her father, Bob Ford, join Pikeville College in inviting the community to attend the Janice Beeler Ford Student Art Gallery opening on Sept. 30, at 5 p.m. For more information, contact the Office of Public Affairs at 218-5270.

Continued from p1

There's a hole in the tailpipe, dear Tom and Ray

by TOM and RAY MAGLIOZZI

Dear Tom and Ray:
My wife has a 1994 Toyota Camry with a very loud exhaust. I figured there's has to be a hole somewhere causing this. So, when I got home today, I started her car and could tell that the noise was coming from the front. As soon as I looked underneath, I could see a hole. It is well before the manifold, in plain view, and is located on the pipe. But it's not a rust hole or a crack; it looks like a hole that was intentionally put there. Then I immediately noticed, hanging right next to it, a small tube that looks like an exact fit for the hole. It is obvious that this tube is supposed to be connected to this pipe. What is it, and is it an easy fix? — Jeff

RAY: Boy, you're really taxing the old brain cells by asking us to

remember what the exhaust pipe on a '94 Camry looks like. Sure you don't want to quiz us on the Second Italo-Abyssinian War instead?

TOM: I think that hole was some kind of test port.



RAY: I think my brother's right. A lot of cars from that era had a tube in the engine compartment that plugged right into the exhaust pipe, before the catalytic converter. It allowed the mechanic to stick a probe into the tube and analyze the pre-converter exhaust.

TOM: Then he could compare that reading with the exhaust coming out the tailpipe — on the other side of the converter — and see how well the converter was working.

RAY: But that tube has now rusted off, and all you're left with is the hole. And since you really don't need the tube anymore, just have someone weld or braze the hole shut for you.

TOM: Or you can go with my

brother's favorite exhaust repair product: frozen concentrated orange juice cans.

RAY: Nah, they haven't been the same since they switched over to cardboard. Too many fires! In any case, I wouldn't spend a lot of money on repairing it, because chances are good you're going to have to replace the whole exhaust system before long. If that connector has rusted off, chances are there's a lot more rust where that came from. Jeff: Good luck.

Tom and Ray guide incredibly tenacious reader

Dear Tom and Ray:
In my infinite wisdom, I woke up early one Saturday morning and decided I would do something productive with my weekend.

Even though I've never attempted any sort of car repair in my life, I decided to change the front brake rotors on my 2006 Ford Ranger. I bought all the tools necessary for the job, cranked up the radio and got the front passenger brake rotor replaced in just under 16 hours. NNNNNice! I took the car for a test drive, and the brakes did just fine, no issues. Then I moved on to the driver's-side brake rotor,

which took just about four hours, given all the experience I'd gained on the other side. But then I had a problem: I went for a test drive, and my ABS system started to activate when I slowed down to under 2 mph or so. I can feel the pumping in the pedal and hear a bit of a humming noise. Well, that was about five months ago, and unfortunately, the problem hasn't worked itself out yet. I did some research, cleaned the speed sensors on both sides and checked to see if the reluctor wheels were the same as the ones on the old rotors I'd removed. They are. Not sure where to go from here. How can I figure out what I screwed up? Thank you. — Peter

RAY: Just out of curiosity, we did a survey of 527 normal people, and asked them at what point they would have given up on this job. Even the outliers walked away after five hours, Peter. And you should have, too!

TOM: Clearly, you're a person who needs to be watched carefully. But you probably knew that already.

RAY: There are two things you may have screwed up on your brakes. One is that you may have

damaged the reluctor, or "chopper wheel."

TOM: The reluctor is a disc that spins along with the wheel. It has a series of notches on it, and the ABS wheel sensor uses those notches to determine how fast the wheel is turning. If you cracked the reluctor while replacing the rotors, for instance, it could be causing the wheel sensor to read the wheel speed incorrectly.

RAY: But a more likely possibility is that you damaged an ABS sensor (there's one on each wheel). You say you cleaned the sensors, but we've cleaned my brother, and it hasn't made him function any better. Sometimes things just need to be replaced.

TOM: What you need to do is try replacing the ABS sensor on the driver's side. It's an easy job, Peter. Twenty-five hours, max.

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack in care of this newspaper, or e-mail them by visiting the Car Talk Web site at www.cartalk.com.

Rental Central

by TOM DOTY
TIMES COLUMNIST

TV turned out to be the best contributor to your rental dollar this week with the arrival of two shows that debuted last year.

■ "Spartacus: Blood and Sand" — The Starz Channel continued to be the most interesting new kid on the cable series block with this mature take on the slave/gladiateur who led a rebellion in ancient Rome. This version of the story is geared towards the drive-in crowd. They dwell on the gore and the sex, but there are also some sly observations on those rascally Romans and their mating habits. The violence is splatter happy and features a ton of CGI bloodletting (think "300"). Lucy Lawless is a long way from her "Xena" days as a lusty Joan Collins type who can't

keep her hands off the slaves despite their being covered in body oil.

■ "Human Target" — This series shows that television is learning how to adapt some of the more off-beat comic books. The story centers on an elite crew of security people for hire. The trio all have their own agendas and each one gets some meaty stuff to do. Mark Valley, Jackie Earle Haley and Chi McBride are fine in the roles and the episodes shape up as mini-action movies. Hopefully they'll stay this good for their new season.

■ "Robin Hood" — The reason TV is winning more consumer dollars has to be that movies like this are choking at the box office. Hollywood keeps throwing huge budgets at dreadful remakes. This version is better than Kevin Costner's but can't hold a candle to

Errol Flynn's take on the character.

■ "The Indestructible Man" — This thriller may be dumb (it's about a convict who survives his electrocution to become an electrically charged killer) but it offers seedy characters, stilted dialogue and some hammy acting too. Lon Chaney Jr. stars as "The Butcher." He aims to kill all of the guys who rattled him out to the cops and proceeds to make mincemeat out of gimpy thugs and dance hall dames. Hey, it comes with a free t-shirt featuring the film's poster art.

Next week look for heroes on the horizon with the release of Marvel Comics' "Iron Man 2," while D.C. Comics offers up the animated epic "Batman Superman: Apocalypse."

Strange ... but true

■ It was 20th-century French air force brigadier general and geopolitician -- and bearer of the nickname "father of the French atom bomb" -- Pierre Marie Curie who made the following sage observation: "If you put tomfoolery into a computer, nothing comes out of it but tomfoolery. But this tomfoolery, having passed through a very expensive machine, is somehow ennobled and no one dares criticize it."

■ Gravity makes you shorter. It's true; gravity compresses your spine in a weightless environment, you would be 2 to 3 inches taller than you are here on Earth.

■ You might be surprised to learn that the first

ceiling fan was introduced way back in the 1860s. The lack of electricity was no deterrent; the device was powered by a stream of running water.

■ When the bubonic plague, more commonly known as the Black Death, was at its peak in Europe in the 14th century, a wide variety of medicines was prescribed, including smoking tobacco, bringing spiders into the household, inhaling the stench from a latrine, sitting between two large fires, drinking red wine in which new steel had been cooled, and bathing in goat urine.

■ Those who study such things say that women are better at identifying smells than men are.

■ In 1994, Singapore banned the importation and sale of chewing gum. Ten years later, lawmakers added a revision: Gum that has "therapeutic value" is now allowed.

■ Over the past year, in the United States lottery sales have increased by a whopping \$1 billion.

■ Human skin is about 70 percent water, and the human brain is 80 percent water.

Thought for the Day
All living souls welcome whatever they are ready to cope with; all else they ignore, or pronounce to be monstrous and wrong, or deny to be possible. — George Santayana

Lagoon

nounces "piranha" when we first see him. He has a theory that the killings of the animals are related to a nearby nuclear reactor. He gets a chance to test his theory when a local couple is slaughtered by a monster that resembles the Black Lagoon creature with a hunchback. Wayne sneaks into the victims' home and steals mud from the carpet. A scientist friend confirms that it is radioactive.

Wayne opts to cut a few classes (so much for reporters of tomorrow suffering through his classes) so he can pursue this story and isn't afraid to tell his wife that he hopes it will lead to a hot journalism career.

Wayne begins canvassing the downtown canal area and soon learns that a creature has been spotted in the area. His witnesses are a gaggle of booze-soaked hells, but that doesn't deter Wayne from seeking out a scientist who has come to work at a local oil plant after his negligence caused a reactor leak in Wisconsin.

The scientist advises that a nuclear mud called "Slithis" may have interacted with a life form and given birth to a murderous mutant. Wayne can't sell the police on his theory so he opts to charter a boat and go after the critter himself.

It all leads to a decent showdown that ups the body count as our monster declares war on all seamen. The final confrontation is decidedly gory and perks up the film's lazy pace long enough to deliver a shock ending that will not disappoint fans of

sequels (though this flick has yet to spawn one).

This was made on the cheap but it is a lot of fun and nothing like your average 1970s shocker. The monster suit is tight but the film suffers from a sagging middle that sees too much on stilted dialogue. What a shame, as the monster scenes are spot on. Keep the skip button handy and you can turn this into a lean 30-minute monster film.

The title was originally "Spawn of the Slithis." It

actually made more sense, as the monster was formed by nuclear mud that had been named "Slithis."

The only drawback to watching this on fast-forward is you'll miss out on some great script clunkers, which I'll leave you with the best one.

Best line: "Wayne, I just can't imagine how you're going to convince anybody that there is a slime creature festering on the people of Venice."

1978, rated PG.



Erica and Kenny Rice, of Prestonsburg, are proud to announce the birth of their first child, a son, Kenny David. The infant was born July 9, 2010, at Pikeville Medical Center at 2:42 p.m. He weighed 10 pounds 12 ounces and measured 22.75 inches. His maternal grandparents are Lucille and David Hall, of Prestonsburg. His paternal grandparents are Peggy and Ken Rice, of East Point. His maternal great-grandparents are Anthony and Edith Newsome, of Prestonsburg, and Jane Hall, of the late Ballard Hall. His paternal great-grandparents were the late Garnett and Royce W. Mayo, of Prestonsburg, and the late Clotene and Willard Rice, of East Point.

HOME FIRES

America's Biggest Disaster Threat

4 Out Of 5 Americans Are Unaware That Home Fires Are The Most Common Disaster Threat.

Preparedness is your best defense against deadly fires. Use these checklists to make your home safe and prepare your family.

To prevent fires before they start:

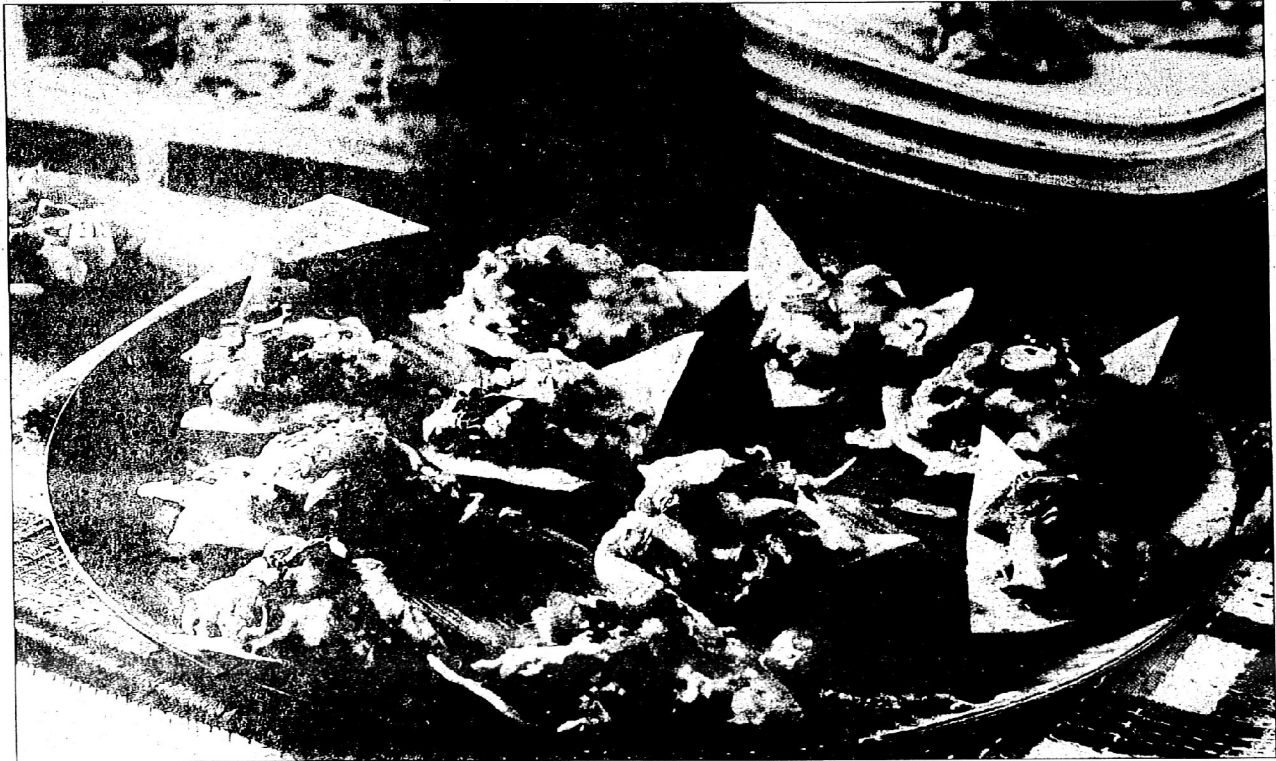
- Never leave burning candles unattended
- Keep fuel (paper, clothing, bedding) at least three feet away from heat sources

To stay safe from fires:

- Create a home fire escape plan
- Practice your plan at least twice a year
- Install smoke alarms and escape ladders
- Replace smoke alarm batteries at least once a year
- Purchase and learn how to use fire extinguishers safely

Visit www.redcross.org or contact your local American Red Cross chapter today to learn more.

American Red Cross



EASY Family Meals

FAMILY FEATURES

From packing lunches, to after-school snacks to dinnertime, many parents face obstacles in getting their families to eat food made with real simple ingredients that everyone can enjoy.

According to a recent survey commissioned by Hellmann's®, nearly half of all moms surveyed say they make a family meal every day and more than a third of moms surveyed say cooking dinner takes too much time.

Chef Bobby Flay has teamed up with Hellmann's and Best Foods Mayonnaise to provide tasty, convenient recipes and tips to serving great family meals even during the active school season.

"Many parents I know agree that at the end of a busy day, the thought of spending an hour cooking is not so appealing," said Flay. "I've created some recipes that please even the picky palates in your family. The recipes are easy to prepare and incorporate bold flavors with real, simple ingredients, like Hellmann's or Best Foods Mayonnaise — made with eggs, oil and vinegar.

For videos, tips and recipes go to www.Hellmanns.com or www.BestFoods.com.



Mini Fish Tacos

A Bobby Flay Recipe

2 servings
Prep Time: 10 minutes
Cook Time: 4 minutes

- 1/2 cup Hellmann's or Best Foods Real Mayonnaise
- 1/2 cup prepared salsa
- 1 tablespoon lime juice
- 1 can (6 ounces) tuna, drained and flaked
- 1 large green onion, thinly sliced
- 12 large corn tortilla chips
- 3/4 cup shredded cheddar cheese (about 3 ounces)

Combine mayonnaise, salsa and lime juice in medium bowl; reserve 1/2 cup. Stir tuna and green onion into remaining mayonnaise mixture just until combined. Season, if desired, with salt and pepper.

Arrange chips on baking pan. Top with tuna mixture, then sprinkle with cheese. Broil 1 minute or until cheese is melted. Dollop with reserved mayonnaise mixture. Garnish, if desired, with additional green onions.

Also terrific served in individual scoops for a great hand-held snack.

Chicken or Turkey Gyros

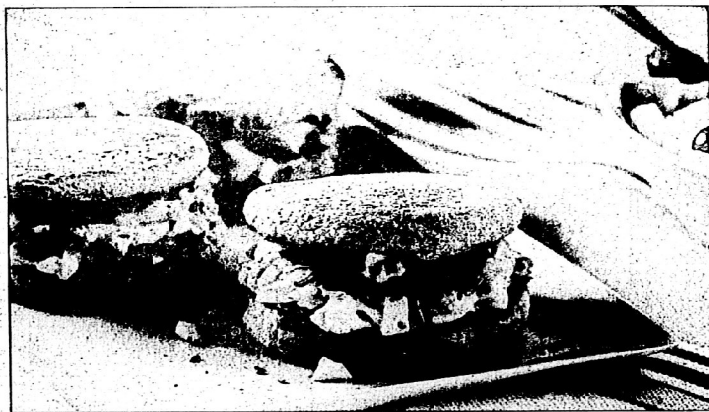
A Bobby Flay Recipe

4 servings
Prep Time: 15 minutes
Chill Time: 30 minutes

- 1/4 cup coarsely grated seedless cucumber
- 3/4 cup Hellmann's or Best Foods Light Mayonnaise
- 2 cloves garlic, finely chopped
- 1 tablespoon fresh lemon juice
- 1 teaspoon fresh grated lemon peel
- 4 whole wheat pita breads, split
- Fresh spinach leaves, rinsed and patted dry
- 8 cherry tomatoes, halved
- 1 pound sliced rotisserie or grilled chicken or turkey

Place grated cucumber on paper towel and gently squeeze dry. (Do not skip this step or you will have a watery dressing.) Combine drained cucumber, mayonnaise, garlic, lemon juice and peel in small bowl. Season, if desired, with salt and black pepper. Cover and refrigerate at least 30 minutes.

Spread a few tablespoons dressing inside each pita; add spinach leaves, tomatoes and chicken, then drizzle with additional dressing.



Egg and Shrimp Salad with Poppy Seeds

A Bobby Flay Recipe

4 servings
Prep Time: 15 minutes

- 1/2 cup Hellmann's or Best Foods Real Mayonnaise
- 2 medium green onions
- Juice of 1 lemon
- 3 tablespoons snipped fresh dill
- 2 tablespoons poppy seeds
- 1 tablespoon Dijon mustard
- 8 medium hard-cooked eggs, peeled and coarsely chopped
- 6 ounces cooked large shrimp or crabmeat

Combine mayonnaise, green onions, lemon juice, dill, poppy seeds and mustard in large bowl with wire whisk. Stir in eggs. Gently fold in shrimp. Season, if desired, with salt and black pepper. Serve, if desired, over salad greens or on English muffins.

NOTE: If serving over greens, toss greens with fresh lemon juice, a drizzle of extra virgin olive oil and season with salt and pepper. If serving on bread, serve as an open-faced sandwich. Mound some salad on top of toasted bread and garnish with more fresh dill and sliced green onions.

The Times

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For rent: Small 1 room. Located above apartment. Utilities paid. Including T.V. W/D included. Suitable for single working person. No pets. No HUD. \$395 per month plus \$150 deposit. Call 226-0391

Houses For Rent

3 br. 2 1/2 bath home for rent. Located at 1010 Mays Branch, Prestonsburg. 2 Car garage. To view call 886-2306 after 5 pm.

Rentals

Furnished 2 br house for rent. Very clean near JW lake. Suitable for working people or out of state workers. No drugs or no pets. Also 2br furnished mobile home. Call 606-205-0215 or 886-3941.

Hicks Auto Sale David Road Hicks Auto Sale David Road 1999 Ford Taurus S 2,902,905 Chrysler Town & Country van, 80,000 miles. \$5,995 1994 Bonneville. 1 Owner, 100,000 miles. \$2,495 1995 Hightop Chevy van. \$2,895 2001 125 BMW 54,500 1998 2wd F150 S 3,800 2004 GMC Sierra 4WD Crew cab leather. Loaded \$12,500 1991 Extra Cab Tacoma Auto 4WDS 8,000 1 VW Beetle standard SHHS3,200.01 Grand Am 4 door \$3,200 2002 Sundra 4 door Auto \$3,300 2005 Dodge Stratus SX199,000 miles Auto \$6,200 2001 Blazer 130,000 miles 5 door \$3,800 2000 Mazda Pickup Cold Air. \$2,500 1998 Kia Sportage 80,000 miles. \$2,595 2000 Corolla. Auto. Cold Air. \$2,400 2003 3500 Express Cargo Van. Cold Air. \$3,800 Call 886-2842

Apartment for rent

Located above Unisign on US 23 at level. 2 br, 1 bath. \$400 month, plus \$400 deposit. 1 year lease. No pets. Call 606-478-8100.

Rentals

Nice 3 bedroom, 2 1/2 bath doublewide for rent only 5 miles from US 23 at Harold. \$650.00 per month. No pets. References required. Call after 7:00pm. (606) 478-2820.

Mobile home for free rent

Free pasture for 2 or 3 goats. Call 285-9383.

Lots

Mobile home lot for rent. 7 Miles from MAC. Call 886-9317 or 791-9311.

Large apartment for rent

Located on US 23 at Stanville. 2 br, 2 bath. Walk in closet. Large living room area. 1 year lease. NO PETS. \$650 per month plus \$500 security deposit. Call 606-478-8100.

2 br mobile home for rent

Located at Garrett. HUD approved. Call 886-1840 or 794-0944.

Houses For Sale

For sale by owner- 167 Lakeview Village, Jenny Wiley State park, 4 bedrooms, 2 full bathrooms, many extra's. Close to Prestonsburg and Paintsville. Call Sam 789-1230.

2 BR Duplex for rent

Central heat and air. 1 mile north of Prestonsburg. No pets, references and security deposit required. Also 2 br mobile home. Call 889-9747 or 886-9007.

HOME FOR SALE

1 BR, 2 miles outside of Prestonsburg. HUD not accepted. Credit check and criminal background check required. No smoking, no pets. For more information, call 606-259-5156.

NOTICE OF INTENTION TO MINE

Pursuant to Application Number 836-5506 Renewal 2. In accordance with KRS 350.055, notice is hereby given that F.C.D.C. Coal, Inc. P.O. Box 1200, Robinson Creek, Kentucky 41560, has applied for a renewal for a permit for a surface coal mining and reclamation operation located approximately 1.31 miles east of Drift in Floyd County. Permit Number 836-5506 RN 5. The operation will disturb 5.91 surface acres and underlies 450.50 acres and the total area within the permit boundary is 456.41 acres. The proposed operation is approximately 1.80 miles east of KY Route 1225, junction with the Simpson Branch County Road and located 0.10 miles north of Simpson Branch. The proposed operation is located on the McDowell USGS 7 1/2 minute quadrangle. The surface to be disturbed is owned by Dorothy Martin and Lillian Martin. The operation underlies land owned by Dorothy Martin, Lillian Martin, Clayborn Bailey, Myrtle Salisbury, and Reba Martin. The application has been filed for public inspection at the Department for Natural Resources = Prestonsburg Regional Office, 314 Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Mine Permits, 100 Hollow Complex, U.S. 127 South, Frankfort, Kentucky 40601.

2 br apartment for rent

Located behind Woods Grocery on Rt 1428. \$625 per month no utilities. \$500 deposit. Call 874-2596 or 226-0033 for more info. Available Sept 1st.

2 br mobile home for rent

Located mid-way between Prestonsburg and Paintsville on Rt 321. Includes central heat/air, washer/dryer hookup. \$400 per month. References and deposit required. NO pets allowed. Call 789-5973.

Furnished 2 br house for rent

Very clean near JW lake. Suitable for working people or out of state workers. No drugs or no pets. Also 2br furnished mobile home. Call 606-205-0215 or 886-3941.

2 BR apartment for rent

Located mid-way between Prestonsburg and Paintsville. \$500 per month plus \$250 deposit. Call 791-6016.

Nice 1 br, Townhouse for rent

Oak floors and cabinets with garage. Call 866-0893.

Vanderpool Battery

In Need of Battery Repairman

Will train. Must pass drug test and have valid driver's license. Must come in for application between 8:30-3:30. For more info, call 377-2032

NOTICE OF PUBLIC HEARING

A public hearing will be held on October 12, 2010 at 10:00 a.m. Eastern Daylight Time, at the office of the Kentucky Public Service Commission, 211 Sower Boulevard, Frankfort, KY for the purpose of Cross Examination of witnesses of Kentucky Power and Intervenor's in An Examination of the Application of the Fuel Adjustment Clause of Kentucky Power Company From November 1, 2009 through April 30, 2010. Lia P. Munsey, Manager Regulatory Services, Kentucky Power Company

EMPLOYMENT OPPORTUNITY

The Regional KY Works Program of the Big Sandy Area Development District is seeking to employ an Employment Specialist to assist K/TAP-TA/NE recipients of Floyd and Martin counties with job development, job placement, training, and retention. A bachelor's degree is required. Relevant work experience in human services may substitute on a year-to-year basis for this requirement. Annual salary: \$23,460.00, plus excellent benefit package. Please, send a resumé to: Big Sandy Area Development District, Email: kyworks@bigsandy.org Or fax: 606-886-1899. Deadline for resumé receipt is October 1st, 2010. E.O.E.

SEARCH the Busiest Web Site in the Area. NOW OVER 195,851 PAGE VIEWS A MONTH The Times FLOYD COUNTY www.floydcountytimes.com

The following is a listing of unpaid 2007 City of Prestonsburg Property Taxes. For questions concerning your bill or if you feel this posting is being made in error, please contact the Prestonsburg City Clerk at (606) 886-2335. For your convenience, we accept cash, checks and credit/debit cards. Please make checks payable to City of Prestonsburg and mail to 200 North Lake Drive, Prestonsburg, Ky. 41653. Failure to pay by October 15th will result in your account being sent to Credit Bureau Systems, Inc. for collections.

Table with columns: Bill Number, Account Name, Unpaid Tax. Lists property owners and their respective tax amounts.

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 AND Save on Your Heating Bill
 Clean - Safe - Affordable Comfort
 3 Year Warranty
Call Today 877-432-8481

NOTICE OF INTENTION TO MINE
 Pursuant to Application Number 836-5396
 Renewal No. 4

In accordance with KRS 350.055, notice is hereby given that McCoy Elkhorn Coal Corporation, 1148 Long Fork Road, Kimpers, Kentucky 41559, has applied for a renewal of permit number 836-5396. The operation is an underground mining operation. The operation will disturb 71.82 surface acres and 3,667.34 acres of underground/auger for a total permit area of 3,739.16 acres.

The operation is located 1.0 mile east of Betsy Layne in Floyd and Pike Counties. The operation is approximately 0.25 miles west from CR-1509's junction with CR-1510 and located along Pike-Floyd Highway.

The operation is located on the Brant Bottom and Harold U.S.G.S. 7-1/2 minute quadrangle map. The surface area to be affected by this renewal is owned by East Kentucky Energy Corporation and Fairview Land. The area will underlie surface owned by East Kentucky Energy Corporation, Man E. Parsons, Amos and Audrey Garrett, Raymond and Judy Stephens, Mildred Brooks, Betsy Layne Church of God, Peggy Clark, Stan and Lynn Justice, Mary Lee Stumbo, Jack Branham, Jr., Robert Allen Branham, Dorothy Coleman, Sallie C. Conn, Buford Layne, Harold or Wanda M. Baer, Thomas J. Spears, Frank Price Estate, Gary R. and Zella Price, Albert P. King, Clarence Keathley, Jr., Paul R. and Elaine Gearhart, Johnny Adkins, Amanda Leitch King, Larry and Teresa Smith, Tim and Mageline Hall, James and Darlene Stone, George and Alberta Bevins, Elsworth and Marlene Stumbo, Gordon and Jeanne Williamson, Larry and Shelia Thompson, Phillip D. and Linda A. Barlow, Marvin R. and Sandra K. Sallie, Hall & Hall Development, Inc., William G. and Betsy Hemmesse, John and Susie Smoltz, KY Dept. of Transportation, Franklin H. Randsfeldt, Franklin Leedy, Adam Estep, John Elkins, Don and Teri Walker, Alfred and Lorea Brooks, Paul Brooks, Benny and Wanda Walker, Glenn and Helen Whitl, Freddie and Tammy Mills, John and Patricia Elkins, Fairview Land Company, Paul Epling, Oakie and Glenda Thompson, Curtis and Kathleen Elkins, Yvonne and James B. McKinney, Ronald and Tanya McKinney, Tommy and Ernestine Smith, Thurman Lafferty, Tommy and Joyce Smith, Phillip and Sue Justice, Authal Dale, Gracie M. Smith, Connie Charles, Thomas and Mary Keathley, James and Nancy Sanders, Oakie and Eunice Lawson, Basil and Eula Hall, Sally Jean Simpson Crum, Linda Qualel, Stephen Anthony Scalf, Derek and Debbie Hicks, Freddie and Debbie Hunt, Charles E. Jr. and Deanna Ann, Andrew Ratliff, Bernard Adams Estate, Joseph Maynard, James and Aileen Maynard, Jimmy and Karen Crum, Ivy Crum, Ricky Keathley, Cecil and Johnny Sanders, James Gunnels, William Maynard, Bobby and Joyce Stone, Mike and Sandy Brooks, Robert Hughes, Tom and Marlene Keathley, James S. Clark, Estill Jr. and Trellian Reed, William T. and Diana L. Patton, Leonard J. Sturgill, Carrie Stratton, Rhodes W. and Virgie Lynch, Adis and Emma Lou Clark, Novella Compton, Ella Jean Compton, Tobia M. Owens, Charles R. Owens, Maude Black, Billy and Betty Steward, Jimmy and Joyce Smith, Gary and Renee Keathley, Gary and Dottie Duncan, Jane I. Syck, John G. Ratliff, Gary and Linda Bevins, James W. Allen, Wanda Compton, Yvonne Lawson Miller, Marshall, Sara Louise and Bob Stratlin, Stanley Stratton, Mary Belle Lewis, Neely Jane Lewis, S.S.S. & R, Inc., Lois Cline, Glendle M. Adkins, Paul and Linda Gearhart, Gary and Mallie Daniels, James and Vanessa Hunter, Lisa Lynn Howell, Elmer Eplin, Mary E. Stone Hill, Robin and Gary Wells, Elsworth and Marlene Stumbo, Elvis and Melissa Keathley, Nathaniel and Carol Bevins, Bobby and Juanita Smith, Aaron King, Ricky and Vertie Stratton, Amy J. Ratliff, Gregory Lykins, Benny Meade, Virgil Williams, Lois Esham, Kirby Reed and Margaret Adkins, Rockford and Roberta Sturgill, Alan Curtis and Sharon Dunlam, James and Sarah Collum, George Hall, Jr., Thomas Duane and Debra Daniels, Ronnie and Doris Leedy, Christine and Alice Collins, Stacey Lawson, Stella Akers, Billy Ray Ousley, Goldie E. Hamilton, Billie Jean Osborne, Beverly Blankenship Estate, Ransome Meade, Hassell and Juanita Collins, Caycel and Linda Salyor, Ernie and Traci Tackett, John and Wendy Stumbo, Millie and Benjie, Clark, Java and Beverly Hunt, Sylvia Hall, James and Sharon Clark, Armilda Lee, Don and Angeleeta Fields, Noah and Nola Adkins, Ralph and Judy Murphy, Fran and Roy Reasor, Ralph and Melissa Coleman, Rita King, Anthony Wayne, Clark, Java and Scott, Gregory and Bernice Clark, Debra Click, Bobby Hunt, Arnold and Delores Meek, Betty Jo Lewis Jones, Larry Clark, Ronnie and Danny Stratton, Mitchell Williams, Carter and Phyllis Smith, Wayne H. Clark, Java and Bertha Stratton Heirs, Hatcher-Trumble Trust Co, Robert C. Spradlin, Clinton Coleman, Blackburn Land Company, Walter Scalf, Hydrac Harmon, Barry Bold, Frank Maynard, Combs F. Combs P.S.C., John M. Stumbo, Peter Gearhart, E.H. and Marlene Stumbo, Dora, Sr. and Gertrude Hall, Judy Robinette Hall, Leon and Jerelene Stratton, Linda Stevens, Eddie Dean and Collydy Ruth Lowe, Hugh B. and Patricia Hall, James and Myrtle Smith, William Patricia Sarient, Glen and Kathryn Blackburn Estate, Charles Shepherd, Steve Roberts, David and Sherry Spradlin, Floyd Co. Board of Education, Jeffery and Patty S. Johnson Stratton, Billie H. Hall, Marie B. Leslie, Johnny Elkins, Craig Click, Hattie Irich and Sandy Valley Water District.

The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Pikeville Regional Office, 121 Mays Branch Road, Pikeville, Kentucky 41501. Written comments or objections must be filed with the Director of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601. All comments or objections must be received within thirty (30) days of today's date.

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 www.floydcountytimes.com

For Sale By Owner
 Priced reduced to sell! 25 acres more or less for sale on Frasur Creek in East McDowell. The old G&L Bar & carry-out. Great business location. utility hookups available. 606-862-6772.

For Sale: Cozy Cabin located in Lawrence Co, Ky, Near Yatesville, Lake, Great views, wildlife, large wrap around porch & dock. \$42,000. Call 606-779-7500.

For Sale: 25 acres more or less for sale in East McDowell. The old G&L Bar & carry-out. Great business location. utility hookups available. Priced reduced to sell! 606-862-6772.

For Sale: 3 bedroom brick home at Auxler, KY. Big living room with fireplace, has huge carport and inground pool with privacy fence and pool house. \$75,000 firm. Call 886-8359

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 ALSO SEEKING A WELDER FOR THEIR PRESTONSBURG, KY, LOCATION. Three plus years experience preferred. Salary commensurate with skill set. Benefits package included. Please email resumé and salary history to: jobs@logancorp.com

Houses For Sale
 House for sale. 3 br, 1 bath with extra lot w/ septic and water. Great for trailer. Located at Hill Hat. Contact Jessie, at 226-4933. \$49,000.

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Mobile home for sale: Beautiful home located 1/2 mile up Abbott Creek. 3 bedroom, 2 full bath, large living room, fireplace. Beautiful new lighting and ceiling fans. Pool deck and sun room. Nice 1 acre lot. Contact 285-3144 or 339-7581. \$110,000 serious inquiries only.

For Sale: 2002 Club Car. Electric. Red in color. New battery, back seats, head light tail lights turn signals. Asking \$4,000 or best offer. Call 606-889-0585.

House cleaning and office cleaning available will also sit with the elderly in the evenings or at night. In your home or at the hospital. Call 606-226-2234.

House for sale. Round rolls or square bales. Call 874-0024.

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Sales
 Attn: Landowners turn key home buying available with land improvement package! Your land or family land. Call 866-597-2083.

Commercial
 Office space for lease in Prestonsburg two blocks from the courthouse. Call 226-9976.

Miscellaneous
 For sale: 1998 Yamaha 80 CC. Youth sized four wheeler. White/Blue. 1,000 GBC. Call for additional info. Call 886-0585.

Help Wanted - General
 Prestonsburg Health Care Center currently has openings for full time and part time Nurse Aides. We offer competitive pay and benefits. For more information please call 606-886-2378.

Accepting application for temporary work for experienced interior trim carpenters and laborers, must have transportation, and some hand tools. Work located in Prestonsburg, Ky. Call for application. 606-723-6273.

Hiring Baptist Learning Center. Substitute teachers assistant. For more information call Glenda Blackburn at 886-8681.

Mystery Shoppers
 Earn up to \$100 per day. Undercover shoppers needed to judge retail and dining establishments. No experience required. Call 1-877-699-7832.

Mann Toyota in Prestonsburg has an opening for office management. Dealership experience is required. Applications available at dealership or call 606-886-3861.

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Amber Waves

by Dave T. Phipps



Out on a Limb

by Gary Kopervas



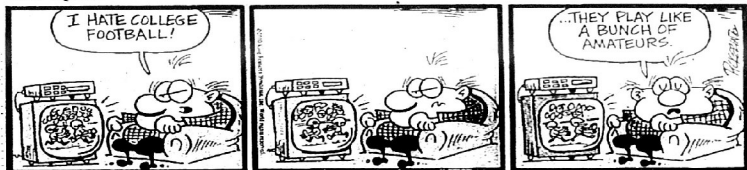
R.F.D.

by Mike Marland



The Spats

by Jeff Pickering



MAMA'S BOYZ WWW.MAMASBOYZ.COM JERRY CRAFT



Just Like Cats & Dogs by Dave T. Phipps



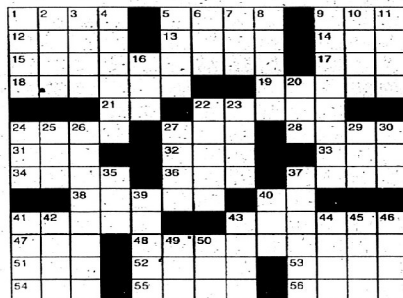
LAFF-A-DAY



King Crossword

ACROSS

- 1 Emulated
- 5 Michael Phelps
- 9 Goya's "Duchess of —"
- 13 URL bit
- 12 Incite
- 13 Fly high
- 14 Sapporo Sash
- 15 26-Down attendee
- 17 Tear
- 18 "The Usual Suspects" actor
- 19 Identifies
- 21 Fire
- 22 Memorable mission
- 24 Feedback fill
- 27 Carte lead-in
- 28 Former larva
- 31 "A box upon thes"
- 32 Beleaguered spacecraft
- 33 Turf
- 34 Envelope feature
- 36 "Bleah!"
- 37 "I' heaven's sake!"
- 38 Sign of life
- 40 "— what?"
- 41 Form havens
- 43 Opening remark?
- 47 "The girl
- 28-Down attendee



- 24 Illustrations
- 52 Reed instru-ment
- 53 Protracted
- 54 Possibly will
- 55 Require
- 56 Ostriches' kin

- 10 Theater trophy
- 11 Gratitudes
- 16 Whammy
- 20 Pump up the volume
- 22 26-Down attendee
- 23 Caprice
- 24 Askw
- 25 Have a bug
- 26 Wonderland event
- 27 Writer Kingsley
- 29 "The Raven" man
- 30 Wood-working tool

- ### DOWN
- 1 Addition problems
 - 2 City of India
 - 4 Groups' havens
 - 5 Wan
 - 6 Mauna —
 - 7 Tavern
 - 8 Action venue
 - 9 26-Down

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Weekly SUDOKU

by Linda Thistle

		1		4	2		5		
5			8	9					6
7	3		1				9		
4	9			5		3			
	5		6			7		2	
		8		3	1	9			
		9		2		1		7	
	7	2			6		4		
6			4	7				2	

Place a number in the empty boxes in such a way that each row, each column, each 3x3 square and each small 9-box square contains all of the numbers from one to nine.

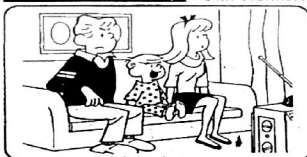
DIFFICULTY THIS WEEK: *

* Moderate ** Challenging

*** HOO BOY!

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HOCUS-FOCUS BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Picture is different. 2. Pictures are not black. 3. TV sets are missing. 4. Windows are gone. 5. TV sets are different. 6. Pictures are not black. 7. Pictures are different. 8. Pictures are not black. 9. Pictures are different. 10. Pictures are not black.

CryptoQuip

This is a word puzzle in which each letter used stands for a letter in the word. The word is a common word. The puzzle is completed by finding the word.

Clue: D equals P

NC Z DLKAGE RGAS Z VOGRL
 PIEYO GC VLNOOS, WG HGI
 AIDDGAL OL YGIRW QLS Z
 EG-PLRRH QKNFL?

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Sickness: Not to feel
 answer
 Sick: ill, P, ill, Bill, stages: ill, P, ill, Bill, Sometimes there's another: Will, Source unknown.

Trivia test by Fifi Rodriguez

- FAMOUS QUOTATIONS: What futurist author once said, "One of the definitions of sanity is the ability to tell real from unreal. Soon we'll need a new definition?"
- SCIENCE: By how much does water expand when it freezes?
- ANIMAL KINGDOM: What is a group of geese called?
- TELEVISION: The daytime serial "General Hospital" is set in which city?
- GEOGRAPHY: The island nation of Sri Lanka lies in which ocean?
- MOVIES: How many Oscar nominations did "Titanic" receive?
- MEASUREMENTS: How many pints are in a quart?
- MATH: What is the top number of a fraction called?
- DISCOVERIES: Who is credited with discovering vitamin D?
- RELIGION: When did Vatican II begin and end?

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10. 1962-65
 9. Edward Mellishy
 8. The numerator
 7. Two
 6. 14
 5. Indian Ocean
 4. Port Charles
 3. Aristotle
 2. 9 percent to 10 percent
 1. Alvin Toffler



Solution time: 25 mins

Answers

King Crossword

ACROSS
 1. Emulated
 5. Michael Phelps
 9. Goya's "Duchess of Alba"
 13. URL bit
 12. Incite
 13. Fly high
 14. Sapporo Sash
 15. 26-Down attendee
 17. Tear
 18. "The Usual Suspects" actor
 19. Identifies
 21. Fire
 22. Memorable mission
 24. Feedback fill
 27. Carte lead-in
 28. Former larva
 31. "A box upon thes"
 32. Beleaguered spacecraft
 33. Turf
 34. Envelope feature
 36. "Bleah!"
 37. "I' heaven's sake!"
 38. Sign of life
 40. "— what?"
 41. Form havens
 43. Opening remark?
 47. "The girl

DOWN
 1. Addition problems
 2. City of India
 4. Groups' havens
 5. Wan
 6. Mauna —
 7. Tavern
 8. Action venue
 9. 26-Down

10. Theater trophy
 11. Gratitudes
 16. Whammy
 20. Pump up the volume
 22. 26-Down attendee
 23. Caprice
 24. Askw
 25. Have a bug
 26. Wonderland event
 27. Writer Kingsley
 29. "The Raven" man
 30. Wood-working tool

35. Young dog
 37. Nudge
 39. Dealership
 40. expansion
 41. Counterfeit
 42. Wife of Zeus
 43. Molt
 44. Teensy bit
 45. Waiter's handout
 46. Work measures
 49. Honest politician
 50. Anonymous John

Weekly SUDOKU

6	1	5	4	7	3	8	2	9
8	7	2	9	1	6	5	4	3
3	4	9	5	2	8	1	6	7
2	6	8	7	3	1	9	5	4
1	5	3	6	4	9	7	8	2
4	8	7	2	8	5	6	3	1
7	3	6	1	5	2	4	9	8
5	2	4	8	9	7	3	1	6
9	8	1	3	6	4	2	7	5