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The Times

FLOYD COUNTY

AUG 18 2010

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Fed inmates indicted for assault

Times Staff Report

DEBORD — Two inmates at the United States Penitentiary at Big Sandy in Martin County are now facing additional charges of simple assault, a misdemeanor offense by federal standards, following an alleged incident taking place last year.

According to separate indictments against inmate Jameel Aleem and Toriano Phelps, on Nov. 29, 2009, the two men assaulted an officer identified only as "A.P." at the federal prison. The indictment did not specify what duties the officer was taking care of at the time of the alleged incident.

If found guilty of the separate counts, both men could serve an additional year in prison, and both have already entered plea agreements. They are set for sentencing on Sept. 16 in U.S. District Court in Ashland.

3 inmates charged in jailhouse beating

by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — Three inmates at the Floyd County Detention Center are each now facing additional charges of second-degree assault following an alleged attack on another inmate last week. The charges were filed by

Parker Derosssett, assistant jailer at the facility, on behalf of inmate Kevin Ray against inmates Zack Blair, Kenneth Hayden and Brent Combs, court records said.

Ray's brother, Donnie, said their father had spoken to his brother this past Wednesday by phone from the jail.

"About 10 p.m. Wednesday

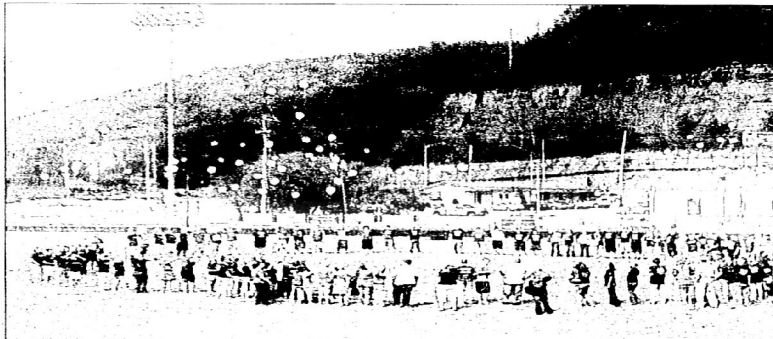
night he called my dad and said he'd been threatened and that he'd told the employees," Donnie Ray said. "He got the hell beat out of him, got sent to St. Mary's [Hospital in Huntington, W.Va.] and that's where he's laying today."

Ray said his brother had been hospitalized first at Highlands

Regional Medical Center around 9 a.m. Thursday morning with severe injuries to his head and face that had caused major swelling, including broken ribs and a broken jawbone. However, the exact extent of Ray's injuries could not be fully ascertained due to patient confi-

(See **BEATING**, page 5)

REMEMBERING LAKYN



Faculty and students at Prestonsburg High School released pink balloons from the school's football field after classes Friday in memory of former student Lakyn Pennington. Pennington died in a car accident on Aug. 9, a day after her 18th birthday and two days before the start of school, near Noble-Roberts.

Court extends line of credit

by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — With a deadline of tomorrow looming on a \$500,000 line of credit, the Floyd County Fiscal Court saw enough votes Friday afternoon to renew the credit for another six months.

The move essentially means the county will take the line of credit again, pay the current interest that has accumulated, and then take the \$500,000 out again.

"This FEMA money, don't count on it," said Judge-Executive R.D. "Doc" Marshall.

"That's all I can say."

The court voted in May of this year to use the \$500,000, taken out from Community Trust Bank, to pay for work done by contractors during the Mother's Day Flood of last year. At that time, county officials were still waiting on some \$3 million in FEMA funding and had not, at that time, received any money from FEMA for four months.

"FEMA is not a very good household word in this court, to say the least," Marshall said at that time.

It was again a pressing need, according to court members, to

pay contractors who were still awaiting payments.

"You can't run from it," said District 4 Magistrate Ronnie Akers, who made the motion to accept an amended resolution to take another six-month extension on the credit. "I think we need to use it to pay some bills today."

With District 3 Magistrate Donny Daniels absent from the meeting, Akers' vote was seconded by District 1 Magistrate John A. Goble and a voted against by District 2 Magistrate Hattie Owens to see the resolution move through by a 2-to-1 vote.

Shooting case heads to grand jury

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG — Michael Nolan Slone, the man accused of shooting his ex-girlfriend and her new boyfriend on Aug. 7, was in court Monday for a preliminary hearing, but Slone waived his right to the hearing, and now the case will go directly to the grand jury.

Slone, 24, is facing two counts of attempted murder and one count of burglary.

At the court appearance, Slone's attorney requested that his client be

(See **SHOOTING**, page 5)

Postal workers indicted in separate cases

by SHELDON COMPTON
STAFF WRITER

PIKEVILLE — Postal workers are continuing to find themselves facing indictments in federal court on various charges.

The most recent indictments, one against Knott County postal employee Lena Sue Nickles and another handed down against Floyd County employee Letisha Raye Jarrell, both involve allegations of misuse of money orders.

Jarrell is facing one count of misap-

(See **INDICTED**, page 5)

Fleeing suspect shot after trying to run over cops

by JARRID DEATON
FEATURES WRITER

PIKEVILLE — Two officers with the Pikeville Police Department were involved in a shooting over the weekend after a man allegedly attempted to run over them with his vehicle.

According to Kentucky State Police Tpr. Shaun Little, Pikeville City Police Officers Addison Baisden and Chad Branham responded to a call that a man was trying to forcibly enter a residence. When the officers arrived at the scene, the man, identified as Charles Hocker, drove away in a vehicle without turning the headlights on. When the officers pursued Hocker on Hurricane Creek

Road, he allegedly pulled into a gravel drive and stopped before putting the vehicle in reverse and driving toward the officers. Both officers opened fire on Hocker and then performed CPR on him until paramedics arrived.

In accordance with standard police procedure, both officers have been placed on administrative leave during the investigation of the incident. The number of shots fired by the officers and how many times Hocker was hit by the bullets has not been released. The incident is currently under investigation by the Kentucky State Police.

According to Little, Hocker, 33, of Louisville, is currently listed in stable condition at St. Mary's Hospital in Huntington, W.Va.

EMERGENCY RESPONSE



Police and paramedics responded to a single-vehicle accident in Prestonsburg on Friday that involved the use of a hydraulic rescue tool to remove the occupants of the vehicle.

3 DAY FORECAST

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Tomorrow
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High: 85 • Low: 65

Friday
Chance of storms
High: 88 • Low: 65

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Obituaries

Rowena Music Akers

Rowena Music Akers age 57 of Prestonsburg, passed away on Saturday, August 14, 2010 at Highlands Regional Medical Center. She was born September 4, 1952, in Prestonsburg, the daughter of Belvia Akers of Prestonsburg and the late Alex Music.

She is survived by one son, Randy Akers of Prestonsburg and one daughter, Kimberly L. Akers of Prestonsburg; five brothers: Hershell Akers and Amos Music, both of Prestonsburg, George Akers of Wabash, Indiana, Johnnie Music of Stockbridge, Michigan and David Gene Music of Ypsilanti, Michigan; three sisters: Sandra Taylor of Wabash, Indiana, Mary Wireman and Carol Jean Akers both of Prestonsburg.

Funeral services for Rowena Music Akers were conducted Tuesday, August 17 at 11 a.m., in the Hall Funeral Home Chapel, in Martin, with Jimmy Caudill officiating.

Burial was in the Akers-Music Cemetery, Prestonsburg, with the Hall Funeral

Home caring for those arrangements.

Pallbearers: Ronnie O. Burchett, Hershell Akers, George Akers, Darl Taylor, and John Music. (Paid obituary)

Lou Ethel Brookover

Lou Ethel Brookover, 91, of Clay City, died Sunday, August 15, 2010, at the Stanton Nursing Center.

Born March 22, 1919, in Endicott, she was the daughter of the late Henry and Hattie Samons Endicott. She was a parachute factory worker in Prestonsburg and a member and charter member of the Benedict Baptist Church, in Slick Rock, of Prestonsburg, and a member of the VFW.

She was preceded in death by her husbands, Green Woods, Clyde Jarrell and Harry Brookover.

Other survivors include one son, John Henry (Ethel) Woods of Clay City; three stepsons: Walter (Helen) Jarrell of Mio, Michigan, Edward Jarrell of Ashland and Bill (Eleanor) Jarrell of Beckley, West Virginia; two stepdaughters: Dorothy (Don) Shifford of Wayne, Michigan, Yvonne Jacobs of Phoenix; one sister, Fannie Garrett of Daniels Creek; two grandchildren: John Clinton Woods and Anita Shepherd, both of Clay City; three great-grandchildren: Angela Woods and Misty Barroso, both of Clay City and Erica Daniels of Prestonsburg; and three great-great-grandchildren: Paul Evan Eads, Blake Woods Pedigo and Aiden Lloyd Daniels; and several great-great-stepgrandchildren.

In addition to her parents and husbands, she was preceded in death by three brothers: Sam Endicott, Josh Endicott and Clyde Endicott; four sisters: Nellie Dale, Belle, Harless, Lida Endicott and Minnie Music James.

Funeral services will be held Wednesday, August 18, at 1 p.m., at Nelson-Frazier Funeral Home, in Martin, with Johnny Hurt officiating.

Burial will be in Davidson Memorial Gardens, in Ivel. Visitation is after 5 p.m., Monday, August 16, at the funeral home.

Nelson-Frazier Funeral Home, in Martin, was in charge of arrangements. (Paid obituary)

Kimberly Collins
Kimberly Collins, 42, of Belleville, Michigan, died Saturday, August 7, 2010, at St. Joseph Mercy Hospital,

in Michigan. Born December 27, 1967, in Ypsilanti, Michigan, she was the daughter of Charles T. Collins of Prestonsburg and Naomi Ruth Powell Collins of Belleville, Michigan.

Other survivors in addition to her parents, include several aunts and uncles. She was preceded in death by one sister, Leslie Kaye Collins.

Funeral services will be held Friday, August 13, at 1 p.m., at the Nelson-Frazier Funeral Home, in Martin, with David George Garrett officiating.

Burial was in the Stratton Cemetery, in Ivel. Visitation was after 6 p.m., Thursday, August 12, at the funeral home.

Nelson-Frazier Funeral Home, in Martin, was in charge of arrangements. (Paid obituary)

Eric Dewayne Hightower

Eric Dewayne Hightower, 40, of Harold, died Sunday, August 15, 2010, at his residence.

Born March 14, 1970, in Loraine, Ohio, he was the son of the late Willie "Bill" and Bertha Lillian Conn Hall. He was a disabled coal processing plant operator.

Other survivors include two sons: Cliff (Wendy) Jarrell of Dana, he was a disabled nurse; and a member of the National Guard.

Other survivors include two sons: Bruce Lee (Cynthia) Jarrell and Patrick (Shanda) Jarrell, both of Dana; a daughter, Kirstin (James) Jarrell of Ashland; a brother: Cliff (Wendy) Jarrell Jr., of Ashland; Bobby (Anna) Jarrell of

of Texas and Margaret Hancey of Mississippi; one son, Derick Dewayne Thomas Hightower of Harold; one daughter, Leeann Elizabeth Hightower of Harold; 14 brothers and sisters; four half-sisters and two halfbrothers.

In addition to his parents, he was preceded in death by two brothers and one half-sister.

Funeral services will be held Thursday, August 19, at 11 a.m., at the Toler Creek Free Will Baptist Church, (Toler Creek), in Harold.

Burial will be in the Conn Family Cemetery, (Toler Creek), in Harold.

Visitation is after 6 p.m., Tuesday, August 17, at the church.

Nelson-Frazier Funeral Home, in Martin, is in charge of arrangements. (Paid obituary)

Bruce Jarrell

Bruce Jarrell, 48, of Dana, died Saturday, August 14, 2010, at his residence.

Born November 11, 1961, in Dana, he was the son of Clifford and Marcy Bell Jarrell of Dana. He was a disabled nurse; and a member of the National Guard.

Other survivors include two sons: Bruce Lee (Cynthia) Jarrell and Patrick (Shanda) Jarrell, both of Dana; a daughter, Kirstin (James) Jarrell of Ashland;

brothers: Cliff (Wendy) Jarrell Jr., of Ashland; Bobby (Anna) Jarrell of

Dana and James Bradley; a sister, Holly Ann (Eddie) Kidd of Ivel; six grandchildren: Jordan, Andrea, Cameron, Zachary Nathaniel, Timothy Blake and Alexis Lynae; and several nieces and nephews.

He was preceded in death by a sister-in-law, Shanda Jarrell.

Funeral services were held Tuesday, August 17, at 1 p.m., at the Little Salem Old Regular Baptist Church, in Dana, with Old Regular Baptist ministers officiating.

Burial was in the Jarrell Family Cemetery, in Dana.

Visitation was Sunday, August 15, after noon at the church, with nightly services beginning at 6:30 p.m.

Nelson-Frazier Funeral Home, in Martin, was in charge of arrangements. (Paid obituary)

James Dennis "Roundman" McKinney

James Dennis "Roundman" McKinney, 82, of Melvin, died Wednesday, August 11, 2010, at his residence.

Born January 29, 1928, in Wheelwright, he was the son of the late Robert and Ada Ashbrook McKinney. He was a retired hydraulic mechanic, a U.S. Army veteran, a member of the

UMWA and a former Boy Scout leader. He was preceded in death by his wife, Jo Ann Turner McKinney.

Survivors include two daughters: Shonna (Eddie) Phillips and Sherry (Greg) Compton, both of Melvin; one brother, Prentes Smith of Oly, Washington; two sisters: Barbara Ratliff of Lebanon, Virginia and Lois Scott of Grundy, Virginia; and five grandchildren: Shanna McKinney, Jessica Bartley, Tyler Compton, Matthew Compton and Riley Jo Compton.

In addition to his wife and parents, he was preceded in death by four brothers: Harry Smith, Roy Conley, Hershel Conley and Darien Smith; four sisters: Carolyn Harris, Nell White, Ruby Blair and Ada B. Perino.

Funeral services were held Saturday, August 14, at 1 p.m., at the Nelson-Frazier Funeral Home, in Martin, with Bobby Isaac officiating.

Burial will be in the Cherry Hill Cemetery.

(See OBITUARIES, page 3)

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A smile then appears upon my face, and the sun begins to shine,
I hear my Mommy's voice, so soft, sweet and kind,
Saying everything will be ok, it may seem that I'm alone,
But I'm never by myself at all, whenever I need my Mommy, she's right here in my heart.
My Mommy, my sweet best friend, I will always love you,
Love, Becky and Kids

Card of Thanks

The family of Flora Dillon would like to express their thanks and sincere appreciation to all who sent food, flowers, prayers, or helped comfort us in any way, during the passing of our loved one. A special thanks to Highland Avenue Free Will Baptist Pastor, George David Garrett, for his comforting message; to the singers for the beautiful songs; to Riverview Health Care Center for their loving care the past two and a half years; to the sheriff's department for assistance in traffic control; and Nelson-Frazier Funeral Home for their kind and professional care. All your love and support will never be forgotten.
THE FLORA DILLON FAMILY

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*My heart still aches in sadness, and secret tears still flow.
What it meant for me to lose you, no one will ever know.
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Obituaries

(Elkhorn Park Road, Stone Coal), in Garrett.

Visitation was after 6 p.m., Thursday, August 12, at the funeral home.

Nelson-Frazier Funeral Home, in Martin, is in charge of arrangements. (Paid obituary)

Patsy Jean Rose

Patsy Jean Rose, 62, of Garrett, died Saturday, August 14, 2010, at the Pikeville Medical Center.

Born August 27, 1947, in Hite, she was the daughter of Sarah Katherine Osborne Hall of Martin and the late Wiley Martin Hall. She was a homemaker.

She is survived by her husband, Roger Rose.

Other survivors include a daughter, Teresa Lynn Rose of Garrett; her brothers: Tommy (Debbie) Hall and Bill Hall, both of Martin, Larry Hall of Morehead, Gary (Sue) Hall of West Van Lear, David (Diana) Hall and Cainer (Gwin) Hall, all of Prestonsburg; her grandchildren: Delbert Wayne Conn, Scotty Conn (Amanda Howard), Kayla Nicole Conn; her great-

grandchildren: Braxton Wayne Conn; a stepgranddaughter, Katrina Harris and several nieces, nephews, great-nieces and nephews.

In addition to her father, she was preceded in death by two brothers: Donald Ray Hall and Martin Edward Hall and two sisters: Georgia Faye Hall Conn (RB Conn), Anita Marie Hall; a great-grandson, Dennis Gabriel Conn.

Funeral services were held Tuesday, August 17, at 1 p.m., at the Nelson-Frazier Funeral Home, in Martin, with Bob Wireman officiating.

Burial was in the Adkins Crum Cemetery, Arkansas Creek, in Martin.

Funeral services were held Tuesday, August 17, at 1 p.m., at the Nelson-Frazier Funeral Home, in Martin, was in charge of arrangements. (Paid obituary)

Joseph M. Stanley

Joseph M. Stanley, 58, of Bevinville, died Thursday, August 12, 2010, at the Pikeville Medical Center.

Born September 16, 1951, in Floyd County, he was the son of Dorthula Hall Stanley Spangler of Bevinville and the late Robert Stanley. He was a disabled coal miner.

He was preceded in death by his wife, Roselee Compton Stanley.

Survivors include one son, Michael Joe, (wife, Marie) Stanley of Bevinville; two daughters: Dorothy Rebecca Stanley of Bevinville, Mary Dawn Weddington of Pikeville; a brother, Robert, (wife, Vickie) Stanley of Bevinville; a sister, Janet; and husband, (Daniel) Crawford of Hi Hat; his grandchildren: Skylar, Micah, Haley, Elijah, Nathan, and Baylon.

In addition to his wife, he was preceded in death by

three sisters: Cora Lou Stanley, Loretta Lucas and Ulavene Conley.

Funeral services were held Sunday, August 15, at 11 a.m., at the Little Nancy Old Regular Baptist Church,

in Hi Hat, with ministers of the Old Regular Baptist Church officiating.

Burial was in the Buckingham Cemetery, in Bevinville. Visitation was after 6

p.m., on Friday, at the church.

Nelson-Frazier Funeral Home, in Martin, was in charge of arrangements. (Paid obituary)

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Fraleay-Caudill to Wed



Recilla Shepherd of Langley and Clyde and Dana Caudill of Prestonsburg proudly announce the engagement and marriage of their children: Britta Deneene Fraley and Jason Brent Caudill, Saturday August 21, 2010, at half past 5 o'clock pm. The ceremony will be held at the Fitzpatrick First Baptist Church on the Big Branch of Abbott in Prestonsburg, Kentucky. Britta is a graduate of Allen Central High School and will graduate from Morehead State University this coming May. She is currently employed by Mountain Comprehensive Care Center of Prestonsburg Kentucky. Jason is a graduate of Millard High School and the Department of Criminal Justice Training. He is currently employed by the Prestonsburg City Police Department. After a short honeymoon the couple will reside in Prestonsburg, Kentucky. Britta is the daughter of the Late Fred Shepherd of Langley Kentucky.

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Viewpoint

Worth Repeating ...

No one can earn a million dollars honestly.

— William Jennings Bryan

Amendment I: Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Guest View

Paul misguided on drug problem

Since the beginning of 2010, more than 100 people have lost their lives to suspected drug overdoses in the 5th Congressional District. That isn't a figure that we pulled out of the air, but one that U.S. Rep. Hal Rogers cited during a recent visit to Hazard as he noted the need to further the fight against drug abuse in Eastern Kentucky.

That's over 100 people who will never wake up again, leaving families behind to wonder what went wrong. If there was ever a pressing issue for any politician wishing to represent Kentucky's interests in the United States Senate, the epidemic of drug abuse in Eastern Kentucky is one.

But to one candidate, a doctor no less, the Kentucky drug problem isn't one about which he seems to be concerned, and one he would love to de-fund by dismantling Operation UNITE, a federally funded agency tasked solely with combating drug trafficking and abuse.

This approach is not only misguided, but illustrates just how out of touch Dr. Rand Paul is with the eastern part of the Commonwealth. It's not surprising to us, to be honest, considering his complete ignorance about the history of Harlan County as noted in a recent nationally circulated magazine.

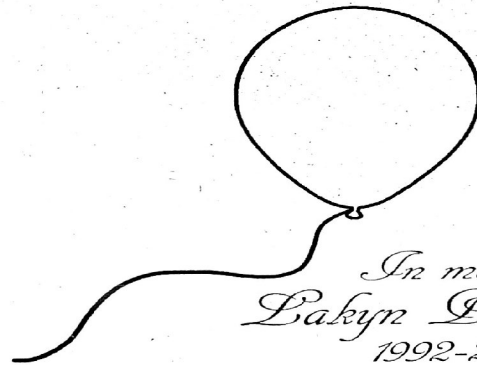
Dr. Paul's brushing of the shoulder in regard to our regional drug problem is disconcerting, but his position that the responsibility of combating drug abuse should be left up to local and state law enforcement, devoid of most federal help, is, for lack of a better term, stupid. We appreciate Dr. Paul's smaller government platform, but points of contention like these are inexcusable.

Drug abuse in Eastern Kentucky is indeed a pressing issue, Dr. Paul, and one that should have been on your radar, which of late has been exclusively trained on the financial crisis. Considering this dangerous position on the drug issue, we're inclined to believe that radar should have been scanning a wider scope of issues.

Perhaps if Dr. Paul could climb off his high tea party horse for a moment and take a break from leading the Obama-bashing brigade, he could see that there are other issues that need addressing in Kentucky other than deregulating federal authority, which in itself brings about a whole boatload of new issues.

But then again, we don't expect that day to come any time soon.

— The Hazard Herald



In memory
Lakyn Pennington
1992-2010

Floyd County Times

Guest Column

A legislative perspective

By REP. GREG STUMBO
SPEAKER OF THE HOUSE

Earlier this year, I proudly sponsored Amanda's Law in an effort to provide greater peace of mind to victims of domestic violence who have reason to fear for their safety. Named in honor of Amanda Ross, a family friend who was murdered last September, the legislation that took effect last month gives a powerful tool to judges determined to enforce domestic violence orders that have been violated. These offenders can now be required to be electronically monitored, at their own cost, while victims can be quickly notified if the order's protective distance is breached.

This approach has proven highly effective in the more than a dozen states that have similar laws. To my knowledge, not one victim has been murdered in those cases where electronic monitoring has been used. Understandably, this focus on domestic-violence prevention has generated the most discussion in recent months when it comes to Amanda's Law. But, importantly, the law also calls for expanding electronic monitoring in other areas, with the goal of saving a significant amount of taxpayer dollars while actually increasing public safety.

The technology has proven itself repeatedly in the field, and is getting better every day. As Fayette County's system has shown, it can even pinpoint whether the person being monitored is speeding. That system also gives law enforcement a quick opportunity to rule out a list of potential suspects when a crime occurs, and in domestic-violence cases, it can set both stationary and moving boundaries that ensure the offender never gets close to the victim without law enforcement knowing about it.

The General Assembly would like to see the judicial system, the Department of Corrections and our counties take greater advantage of this in cases involving non-violent and non-sexual crimes. It could be used, for example, in pretrial diversion - which gives those

facing a felony charge a chance to keep a clean record if they stay out of further trouble - and for those on probation or parole or who are scheduled for early release from prison.

Electronic monitoring could help the state reduce its fast-growing prison population by using it on many of those behind bars because of technical violations to their probation or parole and not for a new felony offense. This particular group costs the state more than \$100 million a year.

Likewise, electronic monitoring could also help counties, which spend \$140 million annually on their jails, some of which take up as much as 40 percent of their county's budget. If judges could rely more on this option rather than have those charged sit for months in jail awaiting trial, counties could reap the benefits, since the daily monitoring rate is far cheaper than providing three meals a day, shelter and medical care. Monthly savings for each inmate could easily reach into the hundreds of dollars.

When I served as Attorney General, I saw how beneficial electronic monitoring and other such alternative-sentencing

options as drug court could be. Their effectiveness was undeniable, both for the defendant and government's bottom line, and it cleared space in our jails and prisons for those who truly deserve to be there. My office was an early advocate for this smart-on-crime approach that is currently getting a much closer look both here and across the country.

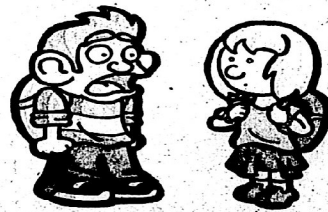
Now that I am House Speaker, I am getting the opportunity to put that experience to use. Amanda's Law is a strong step in the right direction, but educating the public about its potential is just as vital. At the bill's signing, Amanda's mother, Diana Ross, urged the judicial system to not let this tool sit idle. "Please give this tool a chance to save lives," she said.

In the months ahead, I will do what I can to make that a reality by seeking to convince our judges, our prosecutors and our county officials that electronic monitoring can make their communities safer while saving them money, often with little to no upfront cost.

The sooner we can achieve this goal, to emulate what Fayette County already has, the better off we all will be.

J. Miller
7-210

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Floyd County Times

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In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objection-

able. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

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Speaker, wife receive award from KDVA

by JARRID DEATON
FEATURES WRITER

FRANKFORT — Prestonsburg native and Kentucky House Speaker Greg Stumbo, along with his wife, Mary Karen Stumbo, have been selected as two of nine recipients of the 2010 Kentucky Domestic Violence Association's "Committed to Peace in Kentucky Homes" award.

According to Connie Little, director of the Sandy Valley Abuse Center, Stumbo is being honored for introducing and supporting domestic violence legislation during the last session of the General Assembly, including his sponsorship of House Bill 1, a bill that allows GPS monitoring of respondents who have violated domestic violence protective orders.

Additional amendments to the bill included adding language to automatically extend un-served emergency protective orders for six months and a strengthened prohibition against trespassing on domestic violence

shelter property.

Mary Karen Stumbo was also involved in the passage of the legislation and served as an advocate for the bill.

"As the director of the Sandy Valley Abuse Center and a vice president of the KDVA, it is my honor to present the Peace in Kentucky Homes Award to House Speaker Greg Stumbo and his wife, Mary Karen," Little said. "We thank you both for your commitment, perseverance, time and energy involved in passing Amanda's Law and we want to recognize your work in helping to end violence against women throughout the commonwealth."

The awards are presented as part of the Kentucky Domestic Violence Association's "Committed to Peace" campaign that stresses the importance of individual and community commitment to ending domestic violence.

Both Greg and Mary Stumbo received the award on Tuesday in the Speaker's Capitol Annex Office.



House Speaker Greg Stumbo and his wife, Mary Karen, second from right, received awards in his Capitol office on Tuesday from the Kentucky Domestic Violence Association, with Connie Little, at left, and Darlene Thomas presenting. The "Committed to Peace in Kentucky Homes" Awards are being given by KDVA in each of its districts: Speaker Stumbo and Mary Karen were chosen for their strong advocacy on behalf of domestic violence victims and for leading the way in passing Amanda's Law, new legislation that gives judges authority to closely monitor those who violate Domestic Violence Orders. Connie Little serves as director of the Sandy Valley Abuse Center, while Darlene Thomas is director of the Bluegrass Domestic Violence Program.

Beating

dentality laws.

Ray was jailed about a month ago, his brother said. "I know he was caught doing something on the railroad, scrapping for metal, and the railroad detective arrested him on charges."

Donnie Ray said he had called the Floyd County Detention Center and received some information about his brother, but it was limited. He then called the Department of Corrections, which must be notified within 24 hours of any assaults at facilities throughout the state under recently changed state laws.

Ray said he left messages in Frankfort but had not heard back from anyone, adding that, in the end, the real concern was for the immediate safety of his brother.

"The only thing we're

concerned about is the health and safety of my brother," he said.

Floyd Jailer Roger Webb said he only knew of the alleged assault through his deputies, who told him the basic circumstances surrounding that evening.

"They said he (Ray) yelled for help and they went and discovered that there had been an altercation," Webb said. "They got him out and checked him and searched all of them to make sure there were no weapons, which they weren't."

According to Webb, the time that evening leading up to the incident did include Ray telling deputy jailers that he was having trouble with some fellow inmates, but that the alleged assault took place after his deputies had moved Ray.

Continued from p1

"He was in a population cell and when medicine was being given out he told them he was going to have trouble back there, that some of them was going to jump him," Webb said. "So, they moved him up front to the holding cell to try to keep him out of harm's way and then there was an altercation up there."

Webb said that a policy at the facility is to give inmates moved to the holding cell a rundown of other inmates who are currently in that cell and to ask them if they thought there would be any trouble if they were placed there.

"He never mentioned he had any problems with any body in the holding cell," Webb said. "You just never know in this jail. You just never know from one minute to the next."

Shooting

Continued from p1

Nelson was shot once in the leg and Sammons was shot in the leg, abdomen and groin. Nelson was treated and released from the hospital and Sammons remains in stable condition.

Slope is currently being held at the Floyd County Detention Center on a \$1 million cash bond.

According to police, Slope allegedly shot Jessica Nelson and Lee Sammons on Saturday, Aug. 7, at a home in Middle Creek.

Continued from p1

Officers located Slope about two miles from where the shooting took place in the Hippo community near Route 850.

According to police, Slope allegedly shot Jessica Nelson and Lee Sammons on Saturday, Aug. 7, at a home in Middle Creek.

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Indicted

propagation of postal funds, alleging that from March 20 to June 3 this year she misappropriated money orders, totaling \$11,366, while Nickles is facing 18 counts of fraudulent issuance of money orders, all of these counts allegedly taking place between the dates of July 6, 2009, and Oct. 24, 2009.

During this time period, it is alleged that Nickles, beginning on that first date, wrote a money order for herself in the amount of \$30, then again on the fol-

lowing day for \$20. Two days later, there is an additional charge for another money order written for \$23, according to the indictment.

Many of the remaining charges, all of similar circumstance, fall mostly within this amount. However, on Aug. 20, Nickles allegedly wrote herself a money order for \$379.08 and then again for the same amount on Sept. 3. On Sept. 26, the indictment charges that she wrote herself another money order

Continued from p1

for \$100.

In total, over the 18 counts in the indictment, Nickles is charged with writing money orders for \$1,724.08 over the course of the three-month period of time.

Pike man charged with defrauding VA

by SHELDON COMPTON
STAFF WRITER

PIKEVILLE — A Pike County man now faces federal charges alleging he defrauded the U.S. Department of Veterans Affairs out of more than \$30,000 in disability benefits for which he was not eligible.

Ronnie E. Hogston was indicted in U.S. District Court in Pikeville on five on one felony count of conceal-

ing and retaining with intent to convert to own use and gain money of the United States Department of Veterans Affairs.

The charge could result in Hogston spending up to 10 years in federal prison and fines of up to \$250,000 if convicted.

The indictment alleges that from November 2006 until late June 2009, Hogston received disability

(See VA, page 6)

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Cinema 2—Starts Friday, Aug. 18
VAMPIRES SUCK (PG-13), Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00

Sun. Matinee—Open 1:00, start 1:30

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07/20/10 - 08/20/10

Cinema 1—Held Over
EAT PRAY LOVE (PG-13), Mon.-Fri. (4:45), 7:45; Sat.-Sun. (1:50-4:45) 7:45

Cinema 2—Starts Wed., Aug. 18
VAMPIRES SUCK (PG-13), Mon.-Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30

Cinema 3—Starts Friday, Aug. 20
LOTTERY TICKET (PG-13), Mon.-Fri. (4:20) 7:00-9:20; Sat.-Sun. (2:00-4:20) 7:00-9:20

Cinema 4—Held Over
THE OTHER GUYS (PG-13), Mon.-Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:20

Cinema 5—Held Over
DESPICABLE ME 3D (PG), Mon.-Fri. (4:15), Sat.-Sun. (2:05-4:15)

CHARLY ST. CLOUD (PG-13)
Mon.-Fri. 7:05-9:15

Cinema 6—Starts Friday, Aug. 20
HANNY MEMPHE RETURNS (PG) Mon.-Fri. (4:20) 7:00-9:20; Sat.-Sun. (2:00-4:20) 7:00-9:20

Cinema 7—Starts Friday, Aug. 20
PIRANHA 3D (R), Mon.-Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:20

Cinema 8—Held Over
THE EXPENDABLES (R), Mon.-Fri. (4:25) 7:05-9:25; Sat.-Sun. (2:10-4:25) 7:05-9:25

Cinema 9—Starts Friday, Aug. 20
THE SWITCH (PG-13), Mon.-Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:20

Cinema 10—Held Over
SCOTT PILGRIM VS THE WORLD (PG-13), Mon.-Fri. (4:25) 7:05-9:25; Sat.-Sun. (2:10-4:25) 7:05-9:25

SANTALINA AND THE GRAYSON WEDNESDAY (R)(18), at 6:55 p.m.

Drawing sets order for November ballot

by **SHELDON COMPTON**
STAFF WRITER

PRESTONSBURG — Floyd County Clerk Chris Waugh oversaw the drawings to see where on the November ballot candidates would appear this past week.

The last two weeks leading up to the deadline saw nearly 40 city and school candidates file, with perhaps the most crowded race being that for a seat on the Prestonsburg City Council. This race alone will have 15 names on the ballot, while, on the other end of that extreme, the race for

Wayland mayor will not be a race at all, as candidate Jerry A. Fultz saw no challenger file before the Aug. 10 deadline.

Including **Hattie Owens**, wife of former fiscal court member **Jackie Edford Owens**, as a write-in candidate in her husband's seat on the that court there will be a total of 58 local candidates vying for offices.

Two magistrates on the Democratic ticket face Republican opponents — District 1 Magistrate **John A. Goble** will face **Floyd Skeans** and District 4 Magistrate **Ronnie Akers**

will take on **Martin "MJ" Meade** for that county office.

The order of those on the ballot received from the county clerk's office following the drawing is as follows:

Soil and Water Conservation District Supervisor
Doug Hopkins
Bert Layne
Daniel Branson
Floyd B. Allen

Prestonsburg City Council
Roy D. Roberts
Timothy C. Cooley

James K. Allen
Freddie "Munroe" Goble
Don Willis
Danny H. Hamilton
Carolyn W. Ford
Donna Blackburn Wells
David Gearheart
Gorman Collins Jr.
B.D. Nunnery
Ben Ferguson
Bob Carpenter
Sheila Bryant
Harry A. Adams

Mayor of Prestonsburg
Jerry Fannin
Philip "Doc" Simpson

Wheelwright City Commission

Don "Booty" Hall
Joe Stewart
Vernon Smallwood
Lucille Gayheart Tackett
Lonzie Tackett Jr.

Mayor of Wheelwright
Andy Wayne Akers
David Marlee Sammons

Wayland City Commission

Mary Murphy
Tom Stephens
Kathy Mills
Tom Murphy
Thomas Robinson
Terri Dalton Howell
Linda Castle Spurlock

Mayor of Wayland
Jerry A. Fultz

Martin City Council
Deborah L. Bentley
Judith K. Stumbo
Eulene H. Ratliff
Bobby Dingus

Mahendra R. Varja
April L. Gayheart

Allen City Commission
Cindy Bentley Parsons
Pauline T. Bentley
Kevin R. Robbins
Deborah Porter
Lumpkins
Clyde Woods
Jessica Woods Crumpler

Mayor of Allen
Sharon Woods
Ernestine "Tina" Burchett Hall

School Board District 5
James Blackburn
Shery Sue Dingus
Robinson

School Board District 2
Chandra Varia

School Board District 1
Linda C. Gearheart

State to receive \$1 million to help crack down on unreasonable health insurance premium hikes

HHS Secretary **Kathleen Sebelius** announced Monday the award of \$1 million to Kentucky to help crack down on health insurance premium increases. Kentucky will use this Affordable Care Act funding to help improve the oversight of proposed health insurance premium increases, take action against insurers seeking unreasonable rate hikes, and ensure Kentuckians receive value for their premium dollars.

"The Affordable Care Act puts in place critical market reforms to improve quality and reduce the cost of health care for employers and individuals. Increased competition, lower insurance overhead, and better risk pooling in health insurance Exchanges in 2014 are expected to reduce premiums in the individual market by anywhere from 14-20 percent according to the Congressional Budget

Office," said HHS Secretary **Kathleen Sebelius**. "Between now and then, we will continue to work with States to ensure consumers are receiving value for their premium dollars and to avoid the kind of double digit premium increases seen recently. The State proposals approved today demonstrate the need and desire for new resources and tools to help them protect against unjustifiable premium increases."

The Affordable Care Act provides States with \$250 million in Health Insurance Premium Review Grants over five years to help create a more level playing field by improving how States review proposed health insurance premium increases and holding insurance companies accountable for unjustified premium increases. Applications for the first round of Health Insurance Premium Review

Grants were made available on June 7.

The grants build on the Obama Administration's work with States to implement the Affordable Care Act. Earlier this year, Secretary **Sebelius** called on certain insurance companies to justify large premium increases and encouraged State and local officials to obtain stronger health insurance premium review authorities under State laws. This increased scrutiny by the Administration and by several States has led to the withdrawal or reduction of several proposed health insurance premium increases that in some cases turned out to be based on faulty assumptions and data.

This grant will be used for the purposes detailed in the approved application. The following is a general summary of how Kentucky intends to use its funding:

- Pursue Additional

Legislative Authority: Kentucky will propose legislation to expand the health insurance premium review process to the large group market. In addition, actuarial consultants will evaluate whether revision or extension of laws are needed to enhance the review process.

- Expand the Scope of the Review Process: Currently large groups (more than 50 members) are only required to file their health insurance premium methodologies with the State. Kentucky will increase the number of categories required to file and will expand its review of large group health insurance premium filings to include analysis of rate factors.

(See GRANT, page 7)

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payments from the department for which he was not entitled. The total money over the course of those years was just over \$30,000. On Aug. 12, Hogston

appeared for arraignment in Pikeville, where he waived formal arraignment, waived a formal reading of his indictment and pleaded not guilty to the single count.

He is next scheduled to appear on court for a hearing of the charge against him on Sept. 14 with a tentative trial date set for Oct. 18.

Continued from p5

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No Saturday mail could hurt rural residents

LEXINGTON — With the U.S. Postal Service poised to discontinue Saturday mail delivery late this year, Al Cross of the University of Kentucky's Institute for Rural Journalism and Community Issues urged the Postal Regulatory Commission last week to remember the country's rural residents.

"Reducing the quality of postal service will reduce the quality of life in rural America, making it a less attractive place to live," Cross told the commission in written testimony on behalf of the National Newspaper Association, the main lobbying group for weekly papers. "The resulting out-migration, and suppression of in-migration will contribute to population loss and stagnation in rural counties and add to suburban sprawl that drains other public resources."

The rise of the Internet and the recession have both led to a decline in the use of regular mail, and accompanying revenue losses for the U.S. Postal Service totaled \$3.8 billion in fiscal year

2009. The service says it can save \$3 billion a year by discontinuing Saturday delivery, the lowest-volume mail day of the week.

"This change, however, is contingent upon Congress not enacting legislation to prevent the move. The Postal Regulatory Commission is scheduled to hear oral testimony next month and issue a non-binding advisory opinion in October."

Cross said newspapers are more important to rural areas, which have fewer communication media and less access to them. Internet use by rural residents, meanwhile, is not as high as it is for urban residents, he wrote. He cited a lack of access to high-speed broadband service - 47 percent for rural residents, compared to 61 percent for urban residents - as one reason rural Americans don't use or get as much from the Internet.

"The community newspaper is a much more important part of the civic infrastructure in a rural community, because there's just less civic infrastructure there,"

Cross said in an interview. "It's been said that when a community loses its newspaper, it loses its beating heart or its lungs."

The Postal Service reports that mail volume declined in 2009 by 25.6 billion pieces - nearly 13 percent of total mail, but rural newspapers are using the Postal Service more, as some small daily papers have switched to the mail delivery on which weekly papers have long depended.

Cross said the Postal Service has other options, such as restructuring its pension system, to cut costs without cutting Saturday delivery. "They did a survey and found that people said they were more willing to have no Saturday mail than a significant postal cost increase. You give people a choice like that, it's not surprising they would choose the cheaper alternative," he said. "That ignores the fact that you have a lot of people that depend on Saturday delivery, and their interests should be respected. You shouldn't have a tyranny of the majority."

Small communities with daily papers or weeklies that publish on Saturdays will be hit hard by the change in part because of the centrality of high school sports in rural towns, Cross said. With no story about the big game in the next morning's edition, the local newspaper loses a rallying point in the community.

"People might dismiss the importance of high school football games, but in a lot of towns they are really important community convenings," said Cross. "People identify with the local football team, or in some cases basketball team. Friday nights are really important. It's important for the newspaper to be able to stay current with such major activity."

Cross said the change would also affect papers that publish on Friday, because subscribers in outlying counties might not get their paper until Monday. He said in the interview, "A significant percentage of weeklies' circulation goes to expatriates, people who used to live there or have family there, have property there, maybe even still vote there," he said. "The Postal Service has gotten increasingly bad about timely delivery of these newspapers in the last 10 years."

Next, Cross will respond to written cross-examination by the Postal Service, and may have to testify in person before the Postal Regulatory Commission.

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The Floyd County Animal Shelter PET OF THE WEEK



This week's celebrity is BRETT DAVIS, who is the new Executive Director of LINKS, a local NON-PROFIT AGENCY that assists low income individuals with housing needs. Brett is pictured assisting WILHEMMA, a friendly but nervous, five-month-old female terrier, who also needs a home.

The Floyd County Animal Shelter is located at Sally Stephens Branch in West Prestonsburg Phone 886-3189

Grant

■ Improve the Review Process: Kentucky can currently collect and report on only a small portion of the health insurance premium filings. The State will increase the amount of data to be provided in filings and will modify the review process to include consideration of plan years, underwriting issues and policy forms.

■ Increase Transparency and Accessibility:

Currently, information about health insurance premiums is not readily available to the public. Kentucky will develop a publication to explain the review process, including the information submitted by the Department of Insurance.

The Department will make information available to the public, in plain language, to give notice of specific

Continued from p6 health insurance premiums increases and decreases. In addition, the State will conduct surveys and hold open meetings for consumers in order to determine what information would be useful for them to make well-informed health insurance decisions.

■ Develop and Upgrade Technology: Kentucky will collect and analyze data to help with the rate review process.

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Workshop to be held on gluten disorders, celiac disease

The Eastern Kentucky Celiac & Gluten Free Support Group is hosting an informational workshop on celiac disease and other gluten disorders.

The workshop will feature guest speaker dietician Fran Bevins, who specializes in celiac disease. The event will be held on Monday, Aug. 30, at 6 p.m., at the Pikeville Public Library. Everyone is welcome to attend.

Celiac disease is a lifelong autoimmune disorder that causes the ingestion of gluten to attack the gastrointestinal system, causing symptoms such as diarrhea, fatigue, bloating, acid reflux, bone or joint pain, and a host of other symptoms. Some patients do not even experience the gastrointestinal symptoms but still have the disease. Celiac disease is hereditary. Gluten is found in over 200 ingredients found in foods.

"It is amazing that we were able to get Ms. Bevins to come and speak," said support group founder Laura Ford Hall. "Her specialty in celiac disease and her experience enables her to give wonderful presentations and any person who has gastro-intestinal problems or has family that could possibly be afflicted with this autoimmune disorder or a wheat allergy should definitely make plans to attend."

Hall continued to note that Bevins was secured for the speaking engagement because her grandfather, Dr. Hiram Clinton Bevins, who was a doctor in Eastern Kentucky many years ago, is being honored by the Pikeville College School of Osteopathic Medicine the next day at 1 p.m.

Bevins graduated with distinction with a degree in dietetics from the University of Kentucky and then com-

pleted a dietetic internship at the University of Arizona Health Sciences Center in Tucson. She is registered by the Commission on Dietetics and is certified by the American Dietetic Association.

Bevins serves on the Medical Advisory Board of the Gluten Free Society of Lexington. She has developed a nutritional educational curriculum for celiac disease patients, and is a member of Dieticians in Gluten Intolerance Disease Group (DIGID); a group which provides support to persons with gluten intolerances, including celiac disease, dermatitis herpetiformis, and other gluten sensitivities, in order to live healthy lives. She served as the assistant director of dietetic services at the Metropolitan Nashville General Hospital and currently works for the Nutrition Department of Central Baptist Hospital in Lexington.

The workshop will also include a gluten-free meal sponsored by Food City of Cassidy Blvd., Pikeville, as well as dinner entertainment by members of the Big Sandy Singers. Food City representative Tim Collins as well as Food City dietician Lori Hamilton will be present to talk about their offerings for gluten free patients. Hall will also be leading a discussion of possible restaurants that could offer gluten-free menu items and will discuss how to order a gluten-free meal in a restaurant.

Door prizes will also be given. A \$5 fee is required to attend the workshop, and it is open to anyone.

"We welcome current gluten-free patients or people who are having general gastro-intestinal issues. Most peo-

ple with gluten disorders go misdiagnosed for an average of seven years. Yet, 1-in-133 people have the disease. But, 97 percent of people who have the disease do not know that they have it, leaving only 3 percent who know and are able to alter their diet to change their life, their health, and their lifespan," Hall said. "If you or a family member has been diagnosed with irritable bowel syndrome, fibromyalgia, chronic fatigue syndrome, or lactose intolerance, it would be a good idea to come to the meeting just to see if celiac disease fits your symptoms, as celiac patients are often misdiagnosed."

A detailed list of symptoms of celiac disease can be found at www.celiac.org.

In addition, many autistic patients are being put on a gluten-free diet to improve symptoms of autism.

Any person wishing to know more about the Celiac and Gluten Free Support Group can email Hall at ekycliacs@gmail.com or search Facebook for "East Kentucky Celiac" and become a "fan" of the page. Those who send an email will receive the bi-monthly e-newsletter with gluten-free tips and updates on the status of new gluten free products at Food City and new restaurant menu items offered in Eastern Kentucky.

"I am excited about the workshop and hope we not only have patients, but friend and family supporters, members of the general community, as well as members of our local medical community," Hall concluded. "Everyone in the Eastern Kentucky community is invited to attend."



Laura Ford Hall

Hall's work honored at statewide conference

A total of 50 faculty and staff from the Kentucky Community and Technical College System were recognized for their leadership and significant achievements at the New Horizons Conference in Louisville, Kentucky recently.

Statewide honors went to three individuals who not only supported their colleges, but also the entire Kentucky Community and Technical College System.

Laura Ford Hall, Assistant Professor and Director of the Music and Drama Programs at Big Sandy Community and Technical College (BSCTC), was honored as the Faculty Award of Excellence Recipient.

Hall joined the College in 2005 as the founding director of the elite singing group the Big Sandy Singers. Students from the five counties served by the College (Floyd, Pike, Johnson, Martin, and Magoffin) have the opportunity to pursue their post-secondary education while performing with the Big Sandy Singers. She also works with her colleagues as a director of the Big Sandy Idol program. In addition, she directs four other community-based singing groups, ranging in ages 7 through senior citizen. Hall also serves as an assistant professor in teaching courses for BSCTC.

The choice of Hall as the recipient of the award was greatly due to her tireless work with The Big Sandy Singers, an elite singing ensemble, which has helped market Big Sandy Community and Technical College throughout the college's service area and across the state. Locally, over 10,000 secondary students annually get to experience a Big

Sandy Idol show featuring The Big Sandy Singers who bring a "go to college message." Principals have commented that their highest attendance is often recorded on days the Singers visit their schools. Additionally, the most exciting thing Hall has witnessed is the interest in bringing music back into secondary schools. Some local schools are establishing choirs and reintroducing music programming into classrooms.

Hall was chosen for the statewide honor by a committee of her peers. She received \$1,000.00 to be used for a professional development experience of her choosing.

"We are extremely proud of Laura and her accomplishments to the College," said Dr. George Edwards, president of BSCTC. "The music and drama programs have grown under her leadership and have enriched the lives of the students associated with the programs."

Proof of her work both on and off campus is evident through campus surveys and statistics. According to the 2009 BSCTC Freshman Entrance Survey, 83 percent of students responding said they saw a Big Sandy Idol show at their high school and it influenced their decision to attend Big Sandy Community and Technical College. Since the inception of The Big Sandy Singers, 80 percent of the ensemble has graduated and three are currently working as Music Education teachers in eastern Kentucky.

Hall's work with the schools throughout the region has complemented the recruitment efforts of BSCTC and has led to greater interest by students in college attendance.

Stumbo among three honored by YPEK



Mandy Stumbo

PAINTSVILLE — Young Professionals of East Kentucky (YPEK) hosted their first annual YPEK awards dinner on Saturday, August 14, at the Ramada Conference Center in Paintsville. The awards dinner was an event to honor the outstanding young professionals across the region as well as to celebrate YPEK's first year success.

Young Professionals of East Kentucky (YPEK) offers young leaders an outlet to channel their energy into something they are passionate about — their careers and their communi-

ties. YPEK brings together young leaders and creates opportunities for them to grow individually, socially and professionally while developing forward-thinking, innovative approaches to improve the communities of East Kentucky.

Among the recipients of the awards presented was Floyd County Chamber Of Commerce Director, Mandy Stumbo. Stumbo was named Young Professional of the Year. Stumbo has been director of the Floyd County Chamber Of Commerce since July 2004. Other recipients included Dennis Prater who was

named Young Civic Leader of the Year. Prater serves as District Judge for Knott and Magoffin counties. Sarah Burton, owner of ido Signature Events from Monticello, was named Young Entrepreneur of the Year.

Neil Middleton, News Director for WYMT, served as guest speaker and emcee for the event. Musical entertainment was provided by Kayla Beth Smith of Breathitt County. For more information about Young Professionals of East Kentucky visit their website at www.ypek.org

Paintsville SBDC to offer eBay workshop August 26

PAINTSVILLE — A workshop, titled "Using eBay to Start or Expand a Business," will be offered by Morehead State University's East Kentucky Small Business Development Center

(SBDC) and Kentucky Cabinet for Economic Development in Paintsville on Thursday, Aug. 26, from 4-7:30 p.m.

This workshop will teach the basic concepts of setting up a business on eBay, strategies and tips on how to successfully sell products on eBay. Participants will be walked through the process of listing, selling and receiving payment for items sold on eBay and much more. The event will be held at

the Kentucky Highlands Entrepreneur Center in Paintsville, 120 Scott Perry Drive, Teays Branch Road in Paintsville.

The workshop is free for all participants; however, seating is limited and advance registration is recommended.

Training programs, sponsored or co-sponsored by SBDC, are available to all individuals without regard to race, color, sex, creed or national origin. Special

arrangements will be made for those with disabilities if requested in advance.

For a list of upcoming events, you may visit the MSU SBDC Web site at www.moreheadstate.edu/sbdc.


Additional information are available by calling the Paintsville Small Business Development Center at (606) 788-6008 or register online at www.moreheadstate.edu/sbdc.

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Free health screenings, family services information available at state fair

FRANKFORT — Visitors to the Kentucky State Fair in Louisville this month can get information to help their families' well-being and health through free screenings and educational activities at the Kentucky Cabinet for Health and Family Services (CHFS) exhibit.

The interactive display, which will be located in the Kentucky Fair and Exposition Center's South Wing B, features health educators and family services information and encourages guests to make good lifestyle choices.

CHFS Secretary Janie Miller said her staff sees the fair as a chance to be in touch with the public.

"Fair visitors will have the chance to learn more about how our services might help improve their health or self-sufficiency," she said.

Visitors can learn about programs like the Kentucky Children's Health Insurance Program, child-care subsidies and services from referrals at public schools by family resource and youth services centers.

"These are the programs that can help when families are facing barriers to better health and success," Miller said. "Our expert staff will be able to answer families' questions to encourage them to take steps toward a positive lifestyle change."

The fair runs Thursday, Aug. 19, through Sunday, Aug. 29, with rotating exhibits at the CHFS display where visitors can learn something new every day.

Miller said many state programs offer support to people trying to stop using tobacco, be more active and make healthier food choices.

"Healthy choices like these are the root of preventing chronic diseases like diabetes, cardiovascular disease and cancer, which are so prevalent in our state," Miller said. "When families, especially

those with children, make these choices together, we have healthier homes and communities across the state."

Staff will offer free daily blood pressure screenings, and body fat analysis will be available the first six days.

Bone density screenings for women will be offered from 10:30 a.m. to 4:30 p.m. on Sunday, Aug. 29.

For three days, the exhibit will feature an 8 feet by 20 feet walk-through replica of a colon. This educational model depicts what normal tissue, polyps and diseased, cancerous tissue look like. Program staff will offer tips for colon cancer prevention.

Tobacco users who want to learn more about quitting can visit the fair on Saturday, Aug. 28, when staff from the tobacco cessation program can provide coun-

seling. On Aug. 23, staff from the chronic disease program will provide free lung health screenings.

Smoking is the No. 1 cause of chronic obstructive pulmonary disease (COPD), which includes chronic bronchitis and emphysema. Secondhand smoke is one of the primary triggers for asthma.

Health screenings are not a replacement for regular doctor visits, but, paired with counseling, they may indicate a concern to discuss in greater detail with a health care professional.

The exhibit will feature information on recognizing and preventing abuse, finding quality child care and preventing prescription drug abuse. Programs such as diabetes education, childhood lead poisoning prevention, AmeriCorps service opportunities and the Special Needs Adoption Program will be highlighted as

well.

Elder Kentuckians will be in the spotlight on Senior Day, Tuesday, Aug. 24, when staff from the Department for Aging and Independent Living, the Long-Term Care Ombudsman's Office and the Department for Community Based Services will assist with the Wednesday's Child booth, located in the South Wing, to recruit adoptive families.

Listed below is a calendar of daily and featured programs.

Exhibit buildings at the Kentucky Fair and Exposition Center are open daily from 9 a.m. to 10 p.m.

Advance discount tickets, purchased at Kroger, are \$6 for adults and \$2 for seniors 55 and older and children ages 3 to 12. Beginning Aug. 19, tickets are \$8 for adults and \$4 for children and seniors. Children 2 and younger get in free. Parking is \$8 per vehicle.

For more information, visit kystatefair.org.

learn about breastfeeding and baby safety.

Cabinet staff from Jefferson County's Department for Community Based Services will assist with the Wednesday's Child booth, located in the South Wing, to recruit adoptive families.

Listed below is a calendar of daily and featured programs.

Exhibit buildings at the Kentucky Fair and Exposition Center are open daily from 9 a.m. to 10 p.m.

Advance discount tickets, purchased at Kroger, are \$6 for adults and \$2 for seniors 55 and older and children ages 3 to 12. Beginning Aug. 19, tickets are \$8 for adults and \$4 for children and seniors. Children 2 and younger get in free. Parking is \$8 per vehicle.

For more information, visit kystatefair.org.

Kentucky Cabinet for Health and Family Services 2010 State Fair Schedule

Daily Activities
 ■ Blood Pressure Counseling
 ■ Abuse Prevention and Reporting

Thursday, Aug. 19
 ■ Nutrition
 ■ Lab Safety and Foodborne Illnesses
 ■ Choosing Quality Child Care and STARS for KIDS NOW
 ■ Free Body Fat Analysis Screening

Friday, Aug. 20
 ■ Kentucky Children's Health Insurance Program (KCHIP)
 ■ Nutrition
 ■ Women's Health
 ■ Choosing Quality Child Care and STARS for KIDS NOW
 ■ Free Body Fat Analysis Screening

Saturday, Aug. 21
 ■ Kentucky Children's Health Insurance Program (KCHIP)

■ Special Needs Adoption Program (SNAP) and Foster Care Recruitment
 ■ Women's Health
 ■ Colon Cancer Prevention featuring the educational colon
 ■ Free Body Fat Analysis Screening

Sunday, Aug. 22
 ■ Kentucky Children's Health Insurance Program (KCHIP)
 ■ Family Resource Centers and AmeriCorps Service Programs
 ■ Colon Cancer Prevention featuring the educational colon
 ■ Free Body Fat Analysis Screening

Monday, Aug. 23
 ■ Diabetes Education
 ■ Free Body Fat Analysis Screening

Tuesday, Aug. 24 (Senior Day)
 ■ Colon Cancer Prevention

featuring the educational colon Living
 ■ Aging and Independent

■ Long-Term Care Ombudsman Information
 ■ Adult Protective Services and Adult Safety
 ■ Free Body Fat Analysis Screening
 ■ Free Blood Sugar, Cholesterol and Blood Pressure Screenings - Cardinal Hill Rehabilitation Hospital staff

Wednesday, Aug. 25
 ■ Heart Disease and Stroke Prevention Program
 ■ Children's Mental Health

Thursday, Aug. 26
 ■ Public Health Preparedness
 ■ Prescription Drug Abuse Prevention

Friday, Aug. 27
 ■ Environmental Lead and Childhood Lead Poisoning

Prevention Programs
 ■ Consumer Product Safety

Saturday, Aug. 28
 ■ Free Lung Health Screening for visitors 18 and older, Chronic Obstructive Pulmonary Disease (COPD) and Tobacco Cessation Information
 ■ Special Needs Adoption Program (SNAP) and Foster Care Recruitment
 ■ Physical Activity
 ■ Kentucky Children's Health Insurance Program (KCHIP)

Sunday, Aug. 29
 ■ Kentucky Children's Health Insurance Program (KCHIP)
 ■ Family Resource Centers and AmeriCorps Service Programs

■ Free Osteoporosis Information and Bone Density Screening (for women 18 and older only)



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Youth Hunt/Campout scheduled for weekend

11th annual event being dedicated in memory of Paul Robinson

by STEVE LEMASTER
SPORTS EDITOR

PRESTONSBURG — The 11th Annual Youth Hunt Squirrel Hunt Campout sponsored by the Floyd County Hunter Education Association, Dewey Lake Fish and Game Club, Kentucky Department of

Fish and Wildlife and the Kentucky Hunter Education Association, will be held Friday-Saturday at the German Bridge Campground. Age groups are 4-6; 7-9, 10-12 and 13-15. The event is free. Each youth must be accompanied by at least one parent or guardian. All campers must bring their own hunting, fishing and camping equipment. This year's campout is dedicated to the memory of longtime Floyd County Hunter Education Instructor Paul Robinson. Youth over age 12 need a hunting

license. Door prizes will be given away to all age groups and shotguns for youth only (7 years and older). Each youth will receive a gift and a hat. The youth hunt/campout will include a BB gun shoot, canoeing, a turkey calling contest and archery. Pre-registration is required as spaces are limited. For more information, call Tom Bormes, 606/285-5061; Joe R. Bolton, 606/884-8683; Tim Goble, 606-874-2490 or Gerald Jones, 606/886-8650.



CASEY ADKINS picked up yardage for Betsy Layne on Friday night during a scrimmage versus Boyd County.

15th Region Volleyball Standings

Team	Record
Allen Central	10-0
Betsy Layne	8-1
Prestonsburg	5-2
Paintsville	5-4
Pikeville	4-3
South Floyd	3-2
Belfry	3-2
Pike Central	3-4
East Ridge	2-6
Johnson Central	1-0
Phelps	1-1
Shelby Valley	1-2
Sheldon Clark	0-1
Magoffin County	0-2
Piarist	0-2
Lawrence County	0-4

Girls' Basketball

Allen sweeps Adams

by STEVE LEMASTER
SPORTS EDITOR

PRESTONSBURG — New Allen Elementary School girls' basketball head coach Rick Hancock placed the Lady Eagles in the win column Monday evening, Allen swept Adams, defeating the Lady Blackcats in A-, B- and C-Team games. A-Team — Allen 36, Adams 19; Tiffany Meadows poured in a game-high 15 points and Allison Hall added nine as Allen pulled away from Adams. Jana Jarvis netted six points, Haley Wright scored four and Shantel Collins tossed in two for the Lady Eagles. P.J. Stone paced Adams with eight points. Morgan Marshall followed with four points as Adams suffered the season-opening setback. B-Team — Allen 22, Adams 18; Tiffany Meadows pushed in a game-high 11 points to lead Allen past Adams in the B-Team game; Jana Jarvis and Allison Hall rounded out the Allen B-Team scoring with six and five points, respectively. C-Team — Allen 23, Adams 12; Jana Jarvis outscored Adams herself, netting 13 points as Allen pushed past the Lady Blackcats in the C-Team game. Allison Hall scored eight points and Haley Wright netted two for the Lady Eagles. Kirstin Rains and Sylvia Justice led Adams with four points apiece.



Allen Central captured the Food City Summer Slam volleyball tournament title over the weekend. The Rebels improved to 10-0 on Monday night following a 10-0 victory over 14th Region member Hazard.

Allen Central wins Summer Slam

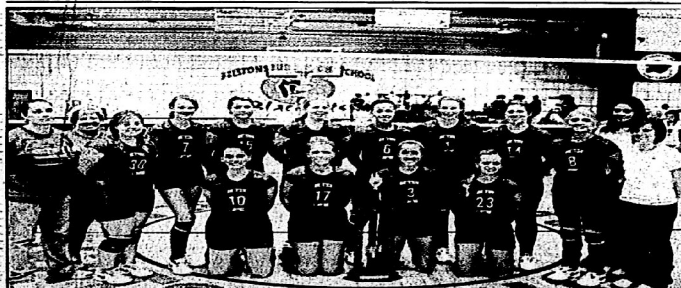
by STEVE LEMASTER
SPORTS EDITOR

PRESTONSBURG — Allen Central won the Food City Summer Slam volleyball tournament over the weekend. The Rebels' trek to the championship included wins over three of the 15th Region's top-four teams. Allen Central currently occupies the top spot in the 15th Region standings. The Rebels opened play in the Summer Slam on a strong note Friday evening, blanking Paintsville 2-0 (21-11, 21-9) and third-ranked Belfry 2-0 (21-12, 21-16). On Saturday morning, Allen Central defeated Perry County Central 2-0 (21-6, 21-18). The Rebels then bested Greenup County in two sets (21-10, 21-5) to win their pool. Allen Central was placed in the Gold Division and met up with South Floyd, winning handily, 2-0 (25-19, 25-20) before facing the 16th Region's No. 1 ranked-team, Ashland Blaze. Allen Central also blanked Ashland, prevailing 2-0 (25-13, 29-27). Allen Central, following the win over Ashland, moved on to face the 15th Region's second-ranked team, 58th District rival, Betsy Layne in the championship match. In what shaped up as a rematch of the 2009 15th Regional Tournament title match, Allen Central managed to outlast the Lady Cats. The Rebels defeated Betsy Layne 2-1, dropping the first set 19-25 before winning the second game 25-17 and claiming the third and deci-

sive set 25-20. Allen Central exited the Summer Slam 9-0.

Rebels move to 10-0

HAZARD — The Allen Central Rebels improved to 10-0 in the 2010 volleyball season on Monday night after defeating host Hazard in a road match. Allen Central won the Food City Summer Slam title over the weekend. The Rebels were ranked 25th in the state in the pre-season KVCA poll — a first for any Eastern Kentucky and 15th Region high school volleyball team. Allen Central is currently ranked first in the 15th Region. During the first week of the season, Allen Central defeated the second, third and fourth ranked teams in the 15th Region. The Rebels also defeated the No. 1-ranked team in the 16th Region. A rundown of Allen Central leaders follows. Senior Leigh Williams, a setter, has 105 assists with a 97 percent setting percentage and a 32 percent assist percentage. Brook Risner, a sophomore, has 63 assists while setting at 65 percent. Risner has an assist percentage of 27 percent. Senior Leigh Williams also leads the team with 27 aces while serving at 96 percent. Senior Rebekah Potter (DS/L) has 13 aces and is serving at 99 percent. Sophomore hitter Courtney Hodge is serving at 95 percent and has recorded 18 aces. On the hitting side, Courtney Hodge (OH) leads the Rebels with 64 kills. Hodge is hitting at an 88 percent clip. Seventh grader Katie Kendrick has pounded in 46 kills and is hitting at 81 percent. Senior Samantha Rice (OH) has earned 35 kills while hitting at 85 percent. Senior Tiffany Burdziauskas (RS-) has 30 kills on 82 percent hitting. Defensively, Potter has 80 digs in 87 attempts; Hodge has 44 digs in 45 attempts; and junior Julie Halbert (DS) has 40 digs in 42 attempts. At the net, Kendrick has 11 solo blocks, one assist and 18 partial blocks/deflections in 30 attempts. Sophomore Laken Tackett (MH) has five solo blocks, four block assists, and 24 partial blocks/deflections in 33 attempts. Performance-wise, Hodge leads with a 711 rating. Williams follows with a 624 rating. Potter then comes in with a 531 rating. Allen Central was back in action on Tuesday, hoisting 15th Region rival Pikeville at J.E. Campbell Arena. Results from the Allen Central-Pikeville match were unavailable at press time.



Betsy Layne finished runner-up to Allen Central in this year's Food City Summer Slam volleyball tournament.

Ladycats reel off seven straight wins, improves to 8-1

Betsy Layne nets six victories in P'burg tourney

by STEVE LEMASTER
SPORTS EDITOR

BETSY LAYNE — The Betsy Layne Ladycats compiled seven straight wins last week before dipping into the loss column for the first time in 2010. Betsy Layne beat

Phelps in a season-opener on Thursday then beat Pike County Central, East Ridge, Powell County, South Laurel, Belfry and Southwestern in the Food City Summer Slam at Prestonsburg. The Ladycats finished runner-up to Allen Central in the Summer Slam following a loss in the championship match. On Monday, Betsy Layne defeated district rival Piarist School for its eighth win of the season. The Ladycats finished the preseason 6-4, notching wins

over Sheldon Clark, Magoffin County, Lexington Christian Academy and Scott County. Apollo, Dunbar, Daviess, and Whitfield Academy dealt Betsy Layne losses during the preseason. Team leaders for Betsy Layne are seniors Taylor Watkins, Audri Ray, Keleigh Wagner and Allie Meade. The experienced Betsy Layne roster also features junior Savannah Meade, sophomore Paige Watkins and freshman Cecelia Ray.

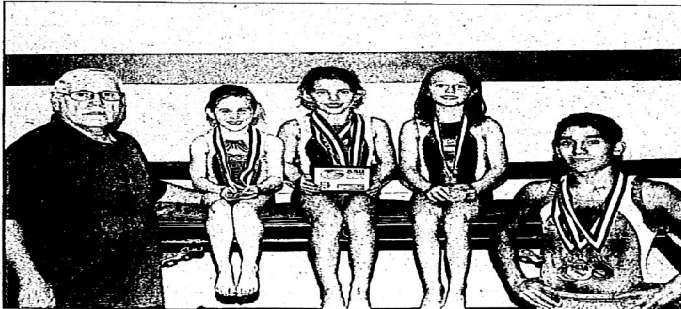
Betsy Layne blanks Piarist School

by STEVE LEMASTER
SPORTS EDITOR

BETSY LAYNE — Betsy Layne moved to 8-1 on Tuesday evening following a convincing 2-0 victory over visiting Piarist School in a 58th District volleyball match at the Dome. The Ladycats won 25-15, 25-8, prevailing in back-to-back games. Betsy Layne, fresh off of a runner-up finish in the Summer Slam volleyball tournament in Prestonsburg, secured an early lead and pulled away from Piarist in the decisive second set. Taylor Watkins tallied five of 10 kills for the Lady Cats. Allie Meade added two kills for Betsy Layne in the district match. Keleigh Wagner landed 11 service aces while Watkins dropped 10 for the Ladycats. Other key contributors for Betsy Layne in the district match were Savannah Meade, Paige Watkins, Cecelia Ray, Audri Ray and Amanda Newsome. Betsy Layne was back in action on Tuesday in road match against 15th Region rival Pike County Central. The Betsy Layne-Pike County Central match ended too late to make this edition.

Tyndall among national leaders in APR improvement

MOREHEAD — Morehead State University men's basketball coach Donnie Tyndall's Academic Progress Rate (APR) has improved 139 points, the seventh best jump in the nation according to a survey conducted by FOXSports.com. The APR is the method the NCAA uses to rate all Division I teams in regards to academic process. In an effort to improve transparency, the NCAA recently released individual coaches' APR, determined by a program's score while that coach was employed there. Only six coaches ranked higher in improvement than Tyndall, and he was the only Ohio Valley Conference coach to rank in the top 25 in improvement.



JUNIOR OLYMPIC GAMES. Students from American Trumbling, and Trampoline Academy (ATTA) of Allen competed in the 2010 Junior Olympic Games held in Virginia Beach, Va. Four athletes from ATTA reached the finals in each event and brought home a total of 12 medals. Pictured from left to right: Coach Henry Young, Mercedes Winfree, Olivia Justice, Lyndsay Cook and Marshall Maynard.

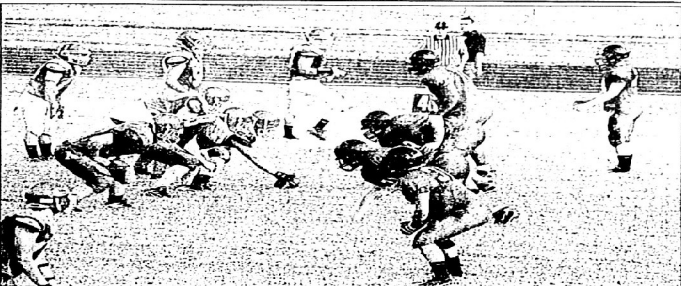


PRESTONSBURG CHEERLEADING

The Prestonsburg High School varsity cheerleaders attended the UCA (Universal Cheerleading Association) camp held at Myrtle Beach, S.C., earlier in the month.



Left: PHS cheerleader Courtney Foley was named a UCA All-Star during the camp.



PRESTONSBURG faced Montgomery County on Friday night in a preseason scrimmage. The Blackcats will battle Belfry this Friday in a season-opener.



PRESTONSBURG hosted the Food City Summer Slam volleyball tournament over the weekend. Matches were held at Prestonsburg High School, Adams Middle School, Prestonsburg Elementary School and Allen Elementary School. Prestonsburg compiled a 4-2 record in the tournament, posting 2-0 wins over Hazard, George Rogers Clark, Pikeville and Middlesboro.

Bass mortality at small tourneys concerns anglers, biologists

by **LEE MCCLELLAN**
KENTUCKY AFIELD

The dog days of August make fishing during the day miserable. After warming the air all summer, the late summer sun seems the hottest from now until the first weeks of September.

The heat forces bass tournaments into the dark hours of this time of year, but the stresses on the bass caught in those tournaments do not diminish just because its night time. Late summer into early fall presents considerable stresses to black bass just trying to survive.

"The fish are stressed before they get caught from the high water temperatures, especially with the hot summer we've had," said Chris Hickey, black bass biologist for the Kentucky Department of Fish and Wildlife Resources. "The ordeal of catching the fish, fighting it, placing it in a livewell for hours, weighing it in and releasing the fish by the marina or ramp into water warmer than where they were is really hard on a bass. They try to make it back home and may not have enough stamina left. Sometimes, they don't ever recover."

Anglers recently voiced concerns to Kentucky Fish and Wildlife after they found several 4 to 7-pound bass floating dead following a recent bass tournament at Ken Lake Marina on Kentucky Lake.

"Those tournament anglers could legally take six large-mouth, smallmouth or spotted (Kentucky) bass in aggregate daily," said Gerry Buynak, assistant director of fisheries for Kentucky Fish and Wildlife. "By releasing these fish, a good number likely survived."

Larger bass are at greater risk of dying from the stresses of tournament fishing.

"Their oxygen requirements are much higher" Hickey said. "The big ones stay out of the water longest for photos, showing off and such. Those 6-pound fish are more likely to die from stress than a 16-inch. When people see several large bass floating near a ramp or marina after a tournament, they get really upset."

The larger tournament trails do a great job of employing strategies such as placing the fish in salted, oxygenated tanks while waiting for their fish to be weighed. They also use release boats to distribute bass all over the lake and not stockpile them at the weigh-in site. They limit the time bass are out of the water.

Smaller bass tournaments such as those put on by clubs

or by your workplace don't have the resources that large tournament organizations possess. However, some simple strategies will keep more bass alive and limit mortality.

"There are some simple things small tournament organizers can do to reduce mortality," Buynak said.

Buynak explained that tournament organizers can shorten the length of tournaments held in summer into early fall. For example, shorten the time frame from 8 hours to 4 hours. They can adopt a paper tournament format such as musky anglers do by calling an observer to validate the catch and take digital photo for further proof. They can also stage multiple weigh-ins, one halfway through and one at the end of the tournament, to reduce the time bass sash around in a livewell.

Anglers fishing the tournament can also employ some of the simple tactics to reduce stress on the bass.

Play the bass quickly after it's hooked. Don't use underpowered rods and line for tournament fishing, forcing you to play the fish for a long time before landing it.

Wet your hands before handling the fish as this helps protect the vital slime coat on a bass. The slime coat is the bass' protection from infection, parasites and disease.

Also, don't let the bass flop around on the boat deck. The hot boat deck makes bass flop around after contact. The deck's carpal removes the vital slime coat of a bass. Fight the fish and remove the hooks quickly; don't let it flop around on the boat's deck. Get the bass in the boat's livewell as quickly as possible.

Cooling the water in your livewell is one of the most important things to do when surface water temperatures rise above 75 degrees. Some area lakes have water temperatures pushing 80 degrees right now. Cooler water holds more dissolved oxygen than warmer water. Cool the water no more than 10 degrees.

Adding 1/3 cup of non-iodized or rock salt for every 5 gallons of water in the livewell also aids in reducing stress on the bass. Non-iodized salt works as an anesthetic for bass and makes them more comfortable.

Salt also helps regenerate their protective coating slime that protects them from infection and disease. Commercial livewell additives such as Please Release Me provide about the same benefits as salt.

Run the livewell aerator continuously in hot weather and whenever more than five pounds of bass are in it. This reduces stress on the bass by

keeping the livewell water brimming with dissolved oxygen that fish need to breathe.

Exchange one-half the water in the livewell every 2 to 3 hours. Add the proper amount of salt and cool the water again.

Late summer and early fall bass fishing usually means fishing deep. If you catch a bass from a depth of 20 feet or more, you may have to "fizz" the bass. Bass possess an expandable bladder in their abdomens that allows them greater buoyancy when needed. When an angler pulls a bass from deep water, the fish often have this bladder extended. They float belly up in the livewell and strain desperately to fight themselves.

You'll have to deflate the bladder with a hypodermic needle with the plunger removed. Draw a line from the split between the dorsal fins along the bass' back to its anal vent. Insert the needle at a 45-degree angle toward the fish's head about four rows of scales below where this line meets the lateral line. Listen for a hissing sound and submerge the fish and needle. Wait until the bubbles stop and release the bass. Do not squeeze it. If you remove too much air, the bass will sink to the bottom like a rock.

"Just because it swims away after you release it doesn't mean it is fine," said Gerry Buynak, assistant director of fisheries for Kentucky Fish and Wildlife. "Bass may die the next day or a few days later from the stress. But, fizzing and the other precautions will increase chances for survival."

Tournament angling is popular in Kentucky during the summer. The money spent by tournament anglers helps drive the economy near our major and minor lakes. The excise taxes paid by tournament anglers purchasing motorboat fuel and fishing equipment funds the construction of new boat ramps as well as fisheries management. Their purchase of annual fishing licenses helps provide the money needed to operate Kentucky Fish and Wildlife.

Bass tournament anglers are an important group. Following these precautions will help ensure healthy fish after your bass tournament.

Author Lee McClellan is an award-winning associate editor for Kentucky AFIELD magazine, the official publication of the Kentucky Department of Fish and Wildlife Resources. He is a lifelong hunter and angler, with a passion for smallmouth bass fishing.

Tug Valley Bass Anglers holds club tourney on Ohio River

Salyer prevails in tourney at Ashland

TIMES STAFF REPORT

ASHLAND — On August 8, the Tug Valley Bass Anglers fishing club held its sixth tournament of the 2010 season on the Ohio River's Greenup pool in Ashland. Twenty-one anglers competed in the event.

Weather for the tournament was good with clear skies and light winds. The air temperature was in the low 90s but with the light wind it wasn't unbearable. The river was at normal pool with stained water conditions in most areas. The fishing for whatever reason was a little tough, it was probably the heat.

The fishing was pretty much typical river fishing for this time of year. The fish were mostly on the main river and

were from 3 to 8 feet deep. One of the main keys to success was the fishermen. The bites were few and far between and anglers had to stay alert, fish hard all day and be ready when one did bite.

The main pattern for this tournament was to fish top water baits in the morning

lbs.; 4th—MO (3 fish), 2.78 lbs.; 5th—Keith Pacific (2 fish), 2.75 lbs.; 6th—Kevin Runyon (2 fish), 2.26 lbs.; 7th—Gary Varney (2 fish), 2.03 lbs.; 8th—Don Taylor (1 fish), 2.02 lbs.; 9th—Greg Maynard (2 fish), 1.94 lbs.; 10th—Brad May (1 fish), .87 lbs.



The Tug Valley Bass Anglers fishing club boasts the following sponsors: Clander Mountain, TMK Security and Personnel, Borders Sporting Goods, Elite Sport Supply & Glass, Quality Metals, Perry Distributors, Pigeon Creek Log Company, Muncie's Auto Recycling, Pro Auto Body, Little John's Carquest, City Insurance, Nanack Mini Warehouse & Storage, Bank Of Mingo, Yamaha Of Pikeville, Martin's Peterbilt, Nova for Trucks, Thomas Body Shop, Bill Lewis Rattle Traps, Don's Street Machine, Extreme Sounds and Thoroughbred Steakhouse.

before the sun got out bright, then switch to soft plastic crawfish imitations and plastic worms worked along the grass beds and on any piece of cover you could find. The top finishers were as follows:

1st—Michael Salyer (3 fish), 6.57 lbs.; 2nd—Shawn Smith (3 fish), 4.47 lbs.; 3rd—Mjch Salmons (3 fish), 3.83

Wildcats conduct first scrimmage

Offense, Defense each make good plays

TIMES STAFF REPORT

LEXINGTON — The University of Kentucky football team held its first major scrimmage of preseason practice Saturday afternoon at Commonwealth Stadium.

UK Coach Joker Phillips' team warmed up for 30 minutes, then scrimmaged for one hour and 40 minutes. The scrimmage began with special teams work before moving into offense vs. defense. One point of emphasis was the ongoing competition at quarterback with senior Mike Hartline, sophomore Morgan Newton and redshirt freshman Ryan Mossakowski.

"They all were productive; they had a couple of blunders by all three of the quarterbacks," Phillips said. "The thing we're trying to eliminate is that blunder. You can't have a blunder at the quarterback position."

"In the first week (of preseason practice), the things you're looking at are where are their eyes, are they talking, what are they seeing when they're out there, how are they talking to you when they come back. All three of them know what's going on out there. A lot of that has to do with getting your timing together in a week. Hopefully that will come next week. We weren't as productive as we'd like because of the timing. We'll take a look at the film and see how it shakes out."

Phillips noted that the team had more emphasis on the passing game than the running game during the scrimmage.

"I thought the defense played really well except for a couple of big plays in the passing game," the coach continued. "One of the quarterbacks pulled one down and made a big play with his legs, which is what he has to do. It's hard to say the run game is ahead of the pass

game at this point because of what we tried to do today. "I think we have to give this competition another week because there wasn't any huge separation amongst them. We'll give it another week and try to decide on Sunday if next week whether we're ready to make a decision."

The coach indicated that he saw good things out of some of the Wildcat freshmen.

"I really liked a couple of the freshmen," Phillips said. "Ninety-nine (defensive tackle Donte Rumph) continues to show up. He's a load. He's what we play against every Saturday. We have to get him in shape. Hopefully, we'll get him to play a long series. I really liked Priester (freshman cornerback Jerrell Priester), he showed up (Freshman defensive end) Nerman Delic is slowly making a case for not only getting on the bus, but getting some playing time. Two of the young backs, (Raymond) Sanders and (Brandon) Gainer, showed up a lot."

"We need a couple of those tight ends to step up. Those three young tight ends, we need one of those guys to step up and find out if any of those three guys can help us."

Phillips also was asked about the ongoing battle at middle linebacker.

"Qua Huzzie showed up all over the field," Phillips said. "I like his energy. I'm not sure if he separated himself enough to move up, we'll see watching on the film, but he continues to show up. Your middle linebacker is the one you're trying to keep the down guys off of, he better make plays and Qua Huzzie is starting to show up and make plays."

Phillips noted that junior wide receiver Gene McCaskill incurred a knee injury and freshman running back Miles Simpson sustained an ankle injury during the practice. The coach said that there would be a better indication of the extent of the injuries on Sunday.

The Wildcats reviewed the scrimmage video Saturday night and resumed practice Sunday.



BETSY LAYNE fared well in the Food City Summer Slam volleyball tournament over the weekend, finishing runner-up behind defending 15th Region Champion Allen Central. *Photo by Jamie Lowell*

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Porter begins practice with Wildcats

TIMES STAFF REPORT

LEXINGTON — Elliott Porter, a defensive tackle from Waggaman, La., who earned All-America honors at Archbishop Shaw High School, has joined the University of Kentucky football team and began practicing with the Wildcats Monday afternoon.

Porter originally signed with LSU in February, but the Tigers had too many signees qualify and released him from his scholarship. After a couple of whirlwind weeks that featured scholarship offers from numerous schools, including visits to UK, Oregon and Texas,

A&M, Porter cast his lot with the Cats.

"I'm excited about getting a player of this quality at this time of year, especially a defensive lineman in August," Coach Joker Phillips said. "Elliott is a big, strong physical guy who plays hard and takes control of his position. He's a great kid, really smart and has great character. I'm excited to have him join our football family."

"Kentucky has a really good coaching staff," said Porter, when asked of his decision. "I loved the school and the players (when I visited). There's a family atmosphere here."



THE BETSY LAYNE DEFENSIVE UNIT will look to limit both the run and the pass during the 2010 season. Betsy Layne hosted Boyd County in a scrimmage Friday evening.

Unfortunately, some parents skip important step number three: Booster seats. Because their children have outgrown toddler seats, they mistakenly assume a safety belt is the next step. However, safety belts alone can be dangerous for kids who are under 4'9". Because safety belts don't fit these children properly, they can cause serious injuries to their face, neck and abdomen during a crash or sudden stop. In fact, kids 2-5 who wear

*the four safety-belt steps are not magical
... they're critical.*

safety belts alone are 4 times more likely to suffer head injuries than kids in car seats and booster seats. In addition, children 4-7 who use booster seats are a whopping 59% less likely to be injured in a crash than those only restrained by a safety belt. Booster seats raise your child up so that a safety belt (designed for adults) will fit and protect them properly. Remember, 4'9" is the magic number. Until then, kids really need to be in a booster seat. Booster seats work like...well, you know.

1 infant seat

2 toddler seat

3 booster seat

4 safety belt

www.boosterseat.gov



MAKING Munchies MATTER



Better-for-you snacks kids will love

FAMILY FEATURES

Kids love to snack. But left to their own devices, most kids don't always make the healthiest snack choices. A new study of long-term eating patterns in children, from researchers at the University of North Carolina, shows that kids today are getting nearly one-third of their daily calories from unhealthy snacks such as chips, crackers and candy.

Send some healthy lunch munchies to school — watermelon chunks are an easy way to brighten up a sack lunch and give kids a tasty nutritional boost in the middle of the day.

Nutritious and delicious snacks are as close as your produce aisle. Watermelon is practically a multivitamin unto itself — and its natural sweetness is something kids love.

Did You Know?

- A 2-cup serving of watermelon is an excellent source of Vitamins A, B6 and C.
- Vitamin A found in watermelon is important for optimal eye health.
- Vitamin B6 found in watermelon is used by the body to manufacture brain chemicals (neurotransmitters), such as serotonin, melatonin and dopamine, which preliminary research shows may help the body cope with anxiety and panic.
- Vitamin C in watermelons can help to bolster your immune system's defenses against infections and viruses, and is known to stimulate the immune system and protect against free radical damage.
- A 2-cup serving of watermelon is also a source of potassium, a mineral necessary for water balance and found inside of every cell. People with low potassium levels can experience muscle cramps. A 2-cup serving has less than 10 percent of the daily reference value for potassium.

Try these fun recipes as after-school and post-activity snacks. For more kid-friendly recipes and healthy eating tips, visit www.watermelon.org.

Watermelon Kebabs

- 1-inch cubes of seedless watermelon
 - Smoked turkey breast
 - Cheddar cheese
 - Coffee stirrers or beverage straws
- Cut watermelon, turkey and cheese in cubes and skewer on stirrers or straws.

Watermelon Nachos

- Serves 6 to 8
- 12 to 16 1/2-inch thick watermelon triangles with 3-inch sides
 - 2 cups Greek vanilla yogurt
 - 1/2 teaspoon vanilla extract
 - A few drops almond extract
 - 1 cup Craisins
 - 1 cup white chocolate chips
 - 1/2 cup toasted sliced almonds
 - 1/2 teaspoon ground cinnamon
- Arrange the watermelon triangles on a serving platter or glass cake stand. Mix yogurt with extracts and spoon yogurt over the watermelon in the fashion of nacho cheese sauce. Sprinkle craisins, white chocolate chips, and almonds over the yogurt and dust with cinnamon.

Watermelon Dippers

- 8 ounces sour cream
 - 4 tablespoons sugar
 - 1 teaspoon vanilla extract
 - Watermelon sticks or small wedges
- Blend together the sour cream, sugar and vanilla in a small serving bowl. Use as a dip for the watermelon.

Watermelon Cut Outs

- Seedless watermelon, cut into 1/2- to 3/4-inch-thick slices
 - Yogurt
 - Granola or similar cereal
- Using your favorite cookie cutters, cut shapes out of watermelon slices. Frost with vanilla or other flavored yogurt. Sprinkle with granola.

Watermelon Berry Slush

- Makes 6 servings
- 4 cups cubed, seeded watermelon
 - 1 10-ounce package frozen raspberries
 - 1 12-ounce bottle sparkling mineral water
- Place watermelon in a single layer in shallow pan, freeze until firm. Remove from freezer and let stand 5 minutes. Drop watermelon through food chute of a food processor or blender with the motor running. Add frozen raspberries alternately with mineral water, processing until smooth.

Watermelon Jelly Logs

- Makes 6 servings
- 6 3-inch x 2-inch x 5-inch watermelon rectangles
 - 3 flavors all fruit or low sugar preserves
 - 6 ginger, molasses or peanut butter cookies
- Using a melon baller, cut 3 divots into a long side of each watermelon rectangle. Fill each divot with a different all-fruit or low-sugar preserve. Serve each rectangle with a cookie.

Healthy Eating Tips

Healthy eating habits start at home. One of the best things you can do for your kids is to be a role model for smart food choices. Here are some simple things you can do to help your kids develop healthy lifelong habits.

- Shop for food together and take time to examine, discuss and select fruit and vegetables that catch your child's eye. Allow your child to help you to prepare these healthful foods. For example, let your child use a melon baller to create melon balls from watermelon, cantaloupe and honeydew to create a festive, nutritious and visually appealing dessert.
- Make healthy snacks available at all times for your children by keeping the fridge filled with flavorful, nutrient-rich treats such as grapes, cherries, carrots and watermelon cubes.
- Simple changes are easier for your child to get used to. Try switching from full fat milk to non-fat milk, serving sherbet, sorbet, ice milk or fruit juice bars, or adding fresh fruit to his or her cereal in the morning.
- Serve your children colorful, deeply pigmented plant food. These foods tend to offer tremendous nutritional value. For example, red peppers, carrots, broccoli, oranges and watermelon are all packed with minerals, vitamins and antioxidants.
- Start each day with breakfast, preferably fruit with low-fat yogurt or granola. Make a fruit smoothie by blending watermelon cubes and a banana with crushed ice.



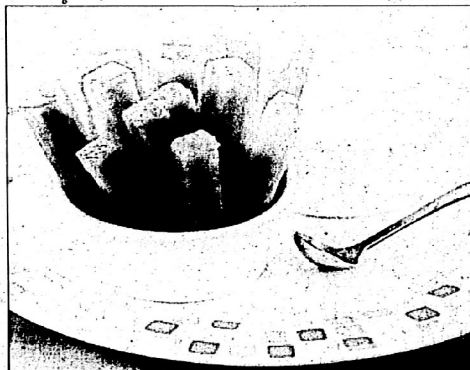
Watermelon Nachos



Watermelon Cut Outs



Watermelon Berry Slush



Watermelon Dippers



Watermelon Jelly Logs

COMMONWEALTH OF KENTUCKY
FLOYD CIRCUIT COURT
DIVISION NO. II
C.A. NO. 10-CI-00363
AMERICAN GENERAL HOME

EQUITY, INC. PLAINTIFF
NOTICE OF COMMISSIONER'S SALE
JAMES HAMILTON; JEANENE HAMILTON;
TAX EASE LIEN SERVICING;
LENDMARC FINANCIAL SERVICES and
FLOYD COUNTY, KENTUCKY DEFEN-
DANTS

By virtue of a Default Judgment, Summary Judgment and Order of Sale of the Floyd Circuit Court entered the 13th day of July, 2010, in the above cause, as their interest in the subject property, for the sum of \$101,639.74 with interest thereon, plus additional sums and costs; please be advised that I shall proceed to offer for sale at the Old Floyd County Courthouse Door, South Central Avenue, Prestonsburg, Kentucky, (behind the new Floyd County Justice Center), to the highest and best bidder, at public auction, on the 19th day of August, 2010, at 9:00 a.m., upon the terms set forth following the description, the follow described property, to wit:
Property Address: Tinker Fork of Big Mud Creek, Floyd County, KY

Beginning at the branch at the corner to C.C. Hamilton's line, thus a westward course with C.C. Hamilton's line; thence up the hill to a marked poplar were the fence joins; thence around the hill with the wire fence; thence running down the hill with the wire fence to the creek; thence back with the creek running to C.C. Hamilton's line back to the beginning point.

Being the same property conveyed to James Hamilton and Jeanene Hamilton by Deed recorded in Deed Book 540, Page 243, Floyd County Clerk's Office.

A. The successful bidder shall either pay cash or make a deposit of 10% of the purchase price with the balance on a credit for sixty (60) days, in which event the successful bidder shall be required to execute bond with good surety thereon. Said bond shall be for the unpaid purchase price and bear interest at the rate of 12% per annum from the date of sale until paid. Said bond shall have the force and effect of a Judgment for which execution may issue, and a lien shall be retained upon the above described real estate as additional security.

B. The purchaser shall be required to assume and pay all taxes or assessments upon the property for the current tax year and subsequent years. All taxes or assessments upon the property for prior years shall be paid from the sale proceeds if properly claimed in writing and filed of record by the purchaser prior to the payment of the purchase price.

C. The property described above is sold subject to any easements, restrictions, defects, liens or encumbrances of record in the Floyd County Clerk's Office and such rights of redemption as may exist in favor of the United States of America and/or the record owners thereof.

Any announcements made on date of sale takes precedence over printed matter contained herein.

Hon. William S. Kendrick, Master Commissioner

COMMONWEALTH OF KENTUCKY
FLOYD CIRCUIT COURT
DIVISION NO. II
C.A. NO. 10-CI-00367
BAC HOME LOANS SERVICING, LP, fka
COUNTY WIDE HOME LOANS SERVICING, LP
PLAINTIFF
VS.
JEREMY SHEPHERD aka JEREMY P. SHEPHERD
aka
JEREMY P. SHEPPARD;
JESSICA SHEPHERD aka JESSICA SHEPPARD;
GENESE SCHIFLE DANTS
RE-NOTICE OF COMMISSIONER'S SALE

By virtue of a Judgment, and Order of Sale of the Floyd Circuit Court entered the 11th day of June, 2010, in the above cause, as their interest in the subject property, for the sum of \$150,421.58 with interest thereon, plus additional sums and costs; please be advised that I shall proceed to offer for sale at the Old Floyd County Courthouse Door, South Central Avenue, Prestonsburg, Kentucky, (behind the new Floyd County Justice Center), to the highest and best bidder, at public auction, on the 19th day of August, 2010, at 10:15 a.m., upon the terms set forth following the description, the follow described property, to wit:
Property Address: 243 Jack Arnett Branch, Prestonsburg, KY 41653

Tract 1
Beginning on old Highway 114 built in 1940 and beginning at an iron pin at the corner of the property and the road and thence going up the hill in a straight line 134 feet to an iron pin at the corner; thence turning left and running 110 feet to an iron pin; thence turning left and running 156 feet to an iron pin; thence turning left and running with the road 95 feet back to the beginning.

Tract 2
Beginning at the corner of Tract 1 and Tract 2 on old Highway 114 built in 1940 at an iron pin at the road and thence running up the hill 156 feet to an iron pin; thence turning left 135 feet to an iron pin; thence running back down to the road 203 feet to an iron pin; thence turning left running with the road 136 feet to an iron pin to the beginning.

Being the same property conveyed to Jeremy P. Shepherd, a single person, by Deed dated 02/29/2008, and recorded in Deed Book 545, Page 41, records of the Floyd County Clerk's Office.

Further reference is made to a map of the subject property identifying Tract 1 and Tract 2 attached herein and incorporated herein by reference.

A. The successful bidder shall either pay cash or make a deposit of \$5,000.00 of the purchase price with the balance on a credit for thirty (30) days, in which event the successful bidder shall be required to execute bond with good surety thereon. Said bond shall be for the unpaid purchase price and bear interest at the rate of 12% per annum from the date of sale until paid. Said bond shall have the force and effect of a Judgment for which execution may issue, and a lien shall be retained upon the above described real estate as additional security.

B. The purchaser shall be required to assume and pay all taxes or assessments upon the property for the current tax year and subsequent years. All taxes or assessments upon the property for prior years shall be paid from the sale proceeds if properly claimed in writing and filed of record by the purchaser prior to the payment of the purchase price.

C. The property described above is sold subject to any easements, restrictions, defects, liens or encumbrances of record in the Floyd County Clerk's Office and such rights of redemption as may exist in favor of the United States of America and/or the record owners thereof.

Any announcements made on date of sale takes precedence over printed matter contained herein. Hon. William S. Kendrick, Master Commissioner

COMMONWEALTH OF KENTUCKY
FLOYD CIRCUIT COURT
DIVISION NO. I
C.A. NO. 08-CI-1198
JOHN W. STURGILL
PLAINTIFF
VS.
KENLEY KENLEY
DEFENDANT
RE-NOTICE OF COMMISSIONER'S SALE

By virtue of a Findings of Fact, Conclusions of Law and Judgment of the Floyd Circuit Court entered the 21st day of May, 2010, in the above cause, I shall proceed to offer for sale at the Old Floyd County Courthouse Door, South Central Avenue, Prestonsburg, Kentucky, (behind the new Floyd County Justice Center), to the highest and best bidder, at public auction, on the 19th day of August, 2010, at 10:00 a.m., upon the terms set forth following the description, the follow described property, to wit:
Property Address: Akers Fork of Toler Creek, Harold, Kentucky

A certain tract or parcel of land lying in Floyd County, Kentucky, on the Akers Fork of Toler Creek and more particularly described as follows:
Said tract of land is Lot No. (One) 1 in the division of the H.R. Keathley tract of land on said Akers Fork of Toler Creek and bounded as follows:
Beginning at a maple on the lower end of said tract of land and on the line of the John W. Sturgill tract of land; thence running a westerly direction along the line of said John W. Sturgill lands to the top of the ridge; thence up the ridge to Lot No. 2 in the division of the said H.R. Keathley lands; thence with the line of said Lot No. 2 down the hill to the branch; thence up the branch 15 poles and 2 links; thence to the top of the ridge on the east side of the branch; thence leaving Lot No. 2 down the ridge to the line of the aforesaid lands of John W. Sturgill; thence with said line a westerly direction to the branch; thence up the opposite side to the beginning.

Being the same property deeded to Ballard and Gladys Sturgill by deed, recorded in Deed Book 138, Page 178, Floyd County Clerk's Office. Plaintiff retained interest in the Will of Gladys Sturgill and by conveyance from certain of the heirs of Ballard Sturgill, recorded in Deed Book 387, Page 689, Floyd County Clerk's Office.

A. The successful bidder shall either pay cash or make a deposit of 10% of the purchase price with the balance on a credit for thirty (30) days, in which event the successful bidder shall be required to execute bond with good surety thereon. Said bond shall be for the unpaid purchase price and bear interest at the rate of 12% per annum from the date of sale until paid. Said bond shall have the force and effect of a Judgment for which execution may issue, and a lien shall be retained upon the above described real estate as additional security.

B. The purchaser shall be required to assume and pay all taxes or assessments upon the property for the current tax year and subsequent years. All taxes or assessments upon the property for prior years shall be paid from the sale proceeds if properly claimed in writing and filed of record by the purchaser prior to the payment of the purchase price.

C. The property described above is sold subject to any easements, restrictions, defects, liens or encumbrances of record in the Floyd County Clerk's Office and such rights of redemption as may exist in favor of the United States of America and/or the record owners thereof.

Any announcements made on date of sale takes precedence over printed matter contained herein.

Hon. William S. Kendrick, Master Commissioner

COMMONWEALTH OF KENTUCKY
FLOYD CIRCUIT COURT
DIVISION NO. II
C.A. NO. 10-CI-00429
TAX EASE LIEN INVESTMENTS 1, LLC
PLAINTIFF
VS.
ERNEST R. BLACKBURN; MARY SLONE
BLACKBURN;
COMMONWEALTH OF KENTUCKY, COUNTY OF
FLOYD
BY AND ON RELATION OF JONATHAN MILLER,
SECRETARY
OF FINANCE AND ADMINISTRATION CABINET
DEFENDANTS
NOTICE OF COMMISSIONER'S SALE

By virtue of a Default Judgment, Summary Judgment and Order of Sale of the Floyd Circuit Court entered the 14th day of July, 2010, in the above cause, as their interest in the subject property, for the sum of \$1,255.95 (tax year 2008), Bill #1912, having a face amount of \$525.75 as of date of purchase on or about March 15, 2010; tax year 2007, Bill #1874, having a face amount of \$377.07, as of date of purchase on or about July 18, 2008; interest thereon, plus additional sums and costs; please be advised that I shall proceed to offer for sale at the Old Floyd County Courthouse Door, South Central Avenue, Prestonsburg, Kentucky, (behind the new Floyd County Justice Center), to the highest and best bidder, at public auction, on the 19th day of August, 2010, at 9:15 a.m., upon the terms set forth following the description, the follow described property, to wit:
Beginning at the corner of Ray Stratton's line on Third Avenue and running along the street a distance of sixty feet to the corner of Olga Layne's line; thence running across to the back street with the chain link lawn fence, a distance of one hundred ten (110) feet more or less; thence running along the back street a distance of forty-one (41) feet and three inches to the corner of Ray Stratton's line; thence running a straight line back to the point of beginning.

Being the same property conveyed to Ernest R. Blackburn and Mary Slone Blackburn, husband and wife, by James M. Roberts and Vaughn Roberts, husband and wife, by Deed dated October 4, 1990, recorded in Deed Book 341, Page 12, records of the Floyd County Clerk's Office.

A. The successful bidder shall either pay cash or make a deposit of \$4,000.00 of the purchase price with the balance on a credit for thirty (30) days, in which event the successful bidder shall be required to execute bond with good surety thereon. Said bond shall be for the unpaid purchase price and bear interest at the rate of 12% per annum from the date of sale until paid. Said bond shall have the force and effect of a Judgment for which execution may issue, and a lien shall be retained upon the above described real estate as additional security.

B. The purchaser shall be required to assume and pay all taxes or assessments upon the property for the current tax year and subsequent years. All taxes or assessments upon the property for prior years shall be paid from the sale proceeds if properly claimed in writing and filed of record by the purchaser prior to the payment of the purchase price.

C. The property described above is sold subject to any easements, restrictions, defects, liens or encumbrances of record in the Floyd County Clerk's Office and such rights of redemption as may exist in favor of the United States of America and/or the record owners thereof.

Any announcements made on date of sale takes precedence over printed matter contained herein.

Hon. William S. Kendrick, Master Commissioner

Rentals

For rent: Single wide mobile home extra clean 3 br 2 bath. Located between Prestonsburg and Allen. \$595 per month. Includes water, garbage and sewer. Must have references and security deposit. No dogs. Call 874-2802.

For rent: 2 br mobile home at Auxler, city utilities. \$395 per month. Also 3 br, 2 full bath single wide for rent. Located at Auxler with city utilities. \$550 per month. Contact Jim or Todd 357-1169 or 357-1605.

For rent: 3 bedroom, 2 bath doublewide. \$600 per month plus utilities and deposit. Need references. No pets. Phone 886-1941 or office 285-1941 or cell 226-1700.

Rentals

For rent: 3 br double wide located at Gow Creek. Also have furniture for sale. Call 886-6530.

For rent: Mobile home 2 br. Located 3 miles from Harold on Rt 979. \$400 deposit. \$400 per month. Includes water. Call 606-424-7862.

Houses For Rent

House for rent: On Little Point Creek, 9 br, 1 bath. Renovated, clean. No pets. \$650 per month plus utilities. Call 886-3613 or 791-9942.

House for rent: In Harold area. Newly remodeled. 3br, 1 bath. \$700 per month plus utilities. Call 434-1281.

2 br house for rent. \$500 per month plus deposit. Call 794-0249.

For Sale By Owner

For sale: 3 br brick home with full size basement, garden space and 2 extra lots located in Auxler. Call 886-6245 or 886-8724.

House for sale: 3 br brick with full size basement. Also 2 extra lots and garden space. Call 886-6245 or 886-8724.

For sale by owner: 167 Lakeview Village, Jenny Wiley State park. 4 bedrooms, 2 full bathrooms, many extra's. Close to Prestonsburg and Paintsville. Call Sam 789-1230.

3 br, 2 1/2 bath home for sale. Located at 1010 Mays Branch, Prestonsburg, 2 Car garage. To view call 886-2305 after 5 pm.

HELP WANTED
IMMEDIATE OPENINGS FOR FULL OR P/T DISH NETWORK SATELLITE INSTALLERS. Will train with pay. Must have own transportation (truck or van preferred), pass background check & drug screen. Be available to work weekends and travel 1-2 hours daily. If interested, please contact Pat or Nora @ 606-233-0035 or 606-862-1755. 8:00 a.m. to 5:00 p.m.

ADVERTISEMENT FOR BIDS
Bid proposals are requested for Repair of Gutters at Grigsby Heights and Pageant Hills, plus installation of Gutter Guards and Siding Cleaning at Grigsby Heights. The proposal needs to include all costs for repair, installation and cleaning. The proposal needs to include the price for material and labor. The successful bidder must provide insurance, warranty and references. For more information, please contact Bruce Coleman, Housing Authority of Martin, P.O. Box 806, Martin, KY 41649. 606-285-3681. All proposals must be received at the housing authority office by 2:15 p.m. local time, August 27, 2010. The housing authority reserves the right to reject any/all proposals.

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COMMONWEALTH OF KENTUCKY
FLOYD CIRCUIT COURT
DIVISION NO. II
C.A. NO. 09-CI-1196
KENTUCKY HOUSING CORPORATION PLAINTIFF
VS.
CRYSTAL D. BURCHETT, ET AL
DEFENDANTS
NOTICE OF COMMISSIONER'S SALE

By virtue of an In Rem Default Judgment and Order of Sale of the Floyd Circuit Court entered the 14th day of July, 2010, in the above cause, as their interest in the subject property, for the sum of \$67,103.02 (Count 1) and \$2,400.99 (Count 2) with interest thereon, plus additional sums and costs; please be advised that I shall proceed to offer for sale at the Old Floyd County Courthouse Door, South Central Avenue, Prestonsburg, Kentucky, (behind the new Floyd County Justice Center), to the highest and best bidder, at public auction, on the 19th day of August, 2010, at 9:30 a.m., upon the terms set forth following the description, the follow described property, to wit:
Property Address: 383 Woodland Heights, East Point, Kentucky 41216

Being Lot No. 11, of the Woodland Heights Subdivision, as shown on Plat "A", recorded in Plat Book 1, Page 1, Slide 15, in the Office of the Clerk of the Floyd County Court to which reference is hereby made for a more complete description of said lots.

Being the same property conveyed to Robert A. Burchett, II and Crystal D. Burchett, husband and wife, by Deed dated September 6, 2007, of record in Deed Book 538, Page 742, in the Floyd County Clerk's Office.

And further being the same property conveyed to Crystal D. Burchett by Deed dated September 12, 2008, of record in Deed Book 550, Page 628, Floyd County Clerk's Office.

A. The successful bidder shall either pay cash or make a deposit of 10% of the purchase price with the balance on a credit for thirty (30) days, in which event the successful bidder shall be required to execute bond with good surety thereon. Said bond shall be for the unpaid purchase price and bear interest at the rate of 12% per annum from the date of sale until paid. Said bond shall have the force and effect of a Judgment for which execution may issue, and a lien shall be retained upon the above described real estate as additional security.

B. The purchaser shall be required to assume and pay all taxes or assessments upon the property for the current tax year and subsequent years. All taxes or assessments upon the property for prior years shall be paid from the sale proceeds if properly claimed in writing and filed of record by the purchaser prior to the payment of the purchase price.

C. The property described above is sold subject to any easements, restrictions, defects, liens or encumbrances of record in the Floyd County Clerk's Office and such rights of redemption as may exist in favor of the United States of America and/or the record owners thereof.

Any announcements made on date of sale takes precedence over printed matter contained herein.

Hon. William S. Kendrick, Master Commissioner

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Att'n: Landowners turn key home buying available with land improvement packages! Your land or family land. 866-597-2063.

For sale. 3/4 acre house lot. Low lying flood prone area. Located in Martin area. Serious inquiries only. 606-7479-6404.

For sale: 1 1/2 acre lot with 1994 doublewide with 3 bedrooms. Also 3 br house located at Doty Branch at McDowell. Call 377-6937 or 377-2373.

For sale: Mobile home 14x60, 2 bedroom with approx. 3 acres of flat land. Also has an additional mobile home lot. Located 3 miles on Rt 979. Call 424-7862.

LOTS FOR RENT
Dwale Mobile home Park, Off US 23 near Prestonsburg. Nice quiet community. Restrictions apply. 606-377-2357.

Lot for rent. Located on Rt 114 MI Parkway. Suitable for mobile home. Safe, quiet neighborhood. Very suitable for retired couple or widows. Restrictions apply. Call 866-2288.

Land/Home & home only programs. Only a limited number available. 866-597-2083.

Property for sale. Located at Cow Creek. Call Pamela Collins at 874-9715.

Lots
Large mobile home lot for rent. Located on Mt Parkway beside Mountain Arts Center on Calhoun Dr. \$150 per month. Call 686-4271 after 5 pm.

Miscellaneous
Bristol tickets for fall race for sale. 2 complete sets. Low seating. Call 866-2474 or 791-5002.

Commercial
4500 Sq ft Building for rent. Located at Martin. \$300 a month. 606-285-3368.

For sale: Top soil-Delivery available. Call 866-2416 or 606-367-1288.

For sale: 1969 Chevy Camaro Z28 LA Car. Blue restored very good condition. V8. 33K miles. \$16,000. 606-930-9556 or email md052010@aol.com

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PUBLIC NOTICE
Pursuant to 405 KAR 8:010, Section 16(5), the following is a summary of permitting decisions made by the Department for Natural Resources, Division of Mine Permits with respect to applications to conduct surface coal mining and reclamation operations in Floyd County.

Matt/Co. Inc.
836-5455
07/16/2010
Matt/Co. Inc.
836-5467
07/16/2010
Matt/Co.
836-5571
07/16/2010
The Elk Horn Coal Company LLC
836-8060
07/13/2010
Frasure Creek Mining LLC
836-0345
07/14/2010
Miller Bros. Coal LLC
860-5275
07/22/2010
Frasure Creek Mining LLC
877-0182
07/09/2010

PUBLIC SALE
Date and time of public sale: August 25, 2010, at 11:00.
Type of Collateral: 1996 Freightliner F160 Box Truck with Pressure Washer.
Contract date: 8/19/02.
Location: First Commonwealth Bank, 311 North Arnold Ave., Prestonsburg, Ky. 41653. Any questions, call Mike Haney, 606/424/6453 or 606/886-2321, ext. 4497.

Evening Lifeguard Classes
will begin on August 23, 2010, under the supervision of Gary Dotson.
Please contact Archer Park at 886-6390 or 866-9979 for more information.

NOTICE TO CHARLIE PRATER Warning Order
Notice is hereby given that the undersigned attorney has been appointed to notify the Defendant, CHARLIE PRATER, that a civil action has been filed against him in Floyd Circuit Court, Division II, as C.A. No.: 10-CI-721. Said Defendant must immediately file an Answer in this matter, otherwise, judgment may be entered against him. Said Defendant should contact the undersigned attorney immediately.
Anthony Craig Davis
Davis Law Office
104 Hays Complex
P.O. Box 220
Betsy Layne, Kentucky 41605
Office: (606) 478-1002

NOTICE OF BOND RELEASE
Permit No. 860-5335
In accordance with KRS 350.093, notice is hereby given that Laurel Mountain Resources, LLC, 1801 Watergap Road, Prestonsburg, Kentucky 41653 has applied for Phase II & III bond release on permit number 860-5335, which was last issued on 03-19-2010. The application covers an area of approximately 20.14 acres located 2.2 miles south of Lackey in Knott and Floyd Counties.
The permit area is approximately 0.6 miles southeast from Kentucky Route 550s junction with Triplett Branch Road and located on Triplett Branch of Jones Fork. The latitude is 37° 26'37". The longitude is 82° 50'05".
The bond now in effect for this permit is a Surety Bond in the amount of \$40,300.00. Approximately \$40,300.00 of this bond amount is included in the application for release.
Written comments, objections, and requests for a public hearing or informal conference must be filed with the Director, Division of Mine Reclamation and Enforcement, #2 Hudson Hollow, Frankfort, Kentucky 40601, by September 07, 2010.
A public hearing on the application has been scheduled for September 08, 2010 at 10:00 AM, or soon thereafter as may be heard, at the Department for Natural Resources Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, Kentucky 41653. The hearing will be cancelled if no request for a hearing or informal conference is received by September 07, 2010.



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COMMONWEALTH OF KENTUCKY FLOYD CIRCUIT COURT
DIVISION NO. 1
C.A. NO. 09-CI-01104
WALTER MORTGAGE COMPANY, PLAINTIFF
VS.
VIVIAN SARGENT aka VIVIAN FERGUSON, ET AL DEFENDANTS
NOTICE OF COMMISSIONER'S SALE

By virtue of a Default Judgment In Rem and Order of Sale of the Floyd Circuit Court entered the 22nd day of July, 2010, in the above cause, as their interest in the subject property, for the sum of \$67,364.57 with interest thereon, plus additional sums and costs, please be advised that I shall proceed to offer for sale at the Old Floyd County Courthouse Door, South Central Avenue, Prestonsburg, Kentucky, (behind the new Floyd County Justice Center), to the highest and best bidder, at public auction, on the 19th day of August, 2010, at 9:45 a.m., upon the terms set forth following the description, the follow described property, to wit:

Property Address: 1117 Left Fork Little Paint Creek, East Point, KY
Being Lot No. 3 of Tract No. 3, situated on the waters of Little Paint Creek, Floyd County, N.W. of Prestonsburg, Kentucky, south of Rte. 1100, more particularly described as follows:

Beginning, on a found 4" I-beam on west side of road from Rte. 1100, Thence S.85 7'w. 113' with West Side of road to a found 4" I-beam, a corner to Lot 2. Thence N.85 15'w. 100' with Lot 2, to a found 4" I-beam. Thence N.9 E. 110' with Lot 2, to a found 4" I-beam. Thence S.85 59' E. 100' with Lot 2, to the beginning. Containing 11,114 S.F. or 0.26 acre more or less, as surveyed by D.E.T. under supervision of Dallas Lovejoy, KY. L.S. 986, Milton, West Virginia, and shown on a map filed, Property Plat of Jim Walter Homes for Leonard & Vivian Sargent, dated 7-13-94, attached hereto and made a part herein. Subject to R/W and Easements.

Being the same land conveyed by Garnard Campbell and Bonnie Campbell to Leonard and Vivian Sargent by Deed dated January 18, 1993, recorded in the Office of the Clerk of Floyd County, Kentucky in Deed Book 363 at Page 585.

A. The successful bidder shall either pay cash or make a deposit of 10% of the purchase price with the balance on a check for this (30) days, in which event the successful bidder shall be required to execute bond with good surety, thereon. Said bond shall be for the unpaid purchase price and bear interest at the rate of 12% per annum from the date of sale until paid. Said bond shall have the force and effect of a Judgment for which execution may issue, and a lien shall be retained upon the above described real estate as additional security.

B. The purchaser shall be required to assume and pay all taxes or assessments upon the property for the current tax year and subsequent years. All taxes or assessments upon the property for prior years shall be paid from the sale proceeds if properly claimed in writing and filed of record by the purchaser prior to the payment of the purchase price.

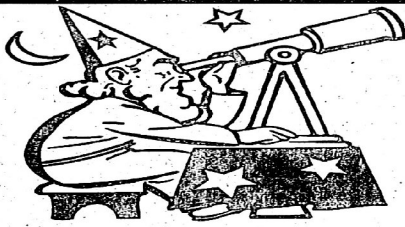
C. The property described above is sold subject to any easements, restrictions, defects, liens or encumbrances of record in the Floyd County Clerk's Office and such rights of redemption as may exist in favor of the United States of America and/or the record owners thereof.

Any announcements made on date of sale takes precedence over printed matter contained herein.
Hon. William S. Kendrick, Master Commissioner



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—YESTERDAYS—

Items taken from The Floyd County Times,
20, 30, 40, 50, 60, 70 years ago. page C2

INSIDESTUFF

Community Calendar • page C3

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EVERYBODY'S SCIENCE

The one account you should never 'overdraw'

by SANDY MILLER HAYS
AGRICULTURAL RESEARCH SERVICE

With all the news lately about revised rules on credit card fees and bank fees, you might think I'm about to render a little financial advice today. But in fact, I want to talk to about something much more important (and long-lasting) than your credit card balance or your bank account: your "bone account."

Healthy bones are a critical part of a healthy and active lifestyle. If your bones are so fragile that you can snap a rib just rolling over in bed, you're not likely to be big on exercise. But building healthy bones is a lifelong project that starts when we're very young, and if we don't make sufficient "deposits" into our bone health at an early age, we pay dearly in later years.

One of the best ways to build better bones is through consumption of dairy foods rich in calcium, an essential mineral that provides the structural support needed for strong bones. Unfortunately, according to the results of one study by an Agricultural Research Service (ARS) scientist and her university colleagues, too many young girls aren't making those necessary deposits. The reason? Those young girls have decided, for one reason or another, that they're "lactose intolerant."

Millions of Americans are lactose intolerant, and as a result may suffer digestive discomfort when they eat dairy products or foods made with dairy products. But there are lactose-free products, from which the milk sugar (lactose) has been removed, that are designed to provide an alternative, so even if you're truly lactose intolerant, you can still enjoy calcium-rich dairy foods without having digestive problems.

But in the study mentioned above—part of a larger study called "Adequate Calcium Today"—among the 291 volunteers aged 10 to 13, volunteers as young as age 10 who thought they were lactose intolerant had already begun limiting the amount of milk they drink. The frightening result was that even in those very young girls, the bone mineral density of their spines was significantly lower than that of some of the other girls, according to the ARS scientist.

The sad fact is, in some instances, perception and reality were quite different. Results from the standard breath-hydrogen test for lactose intolerance showed that some of the girls who thought they were lactose intolerant actually weren't. And other girls who actually were lactose intolerant didn't even know they had the condition until they tested positive during the study.

The scientists say they're worried that misperceptions about lactose intolerance can lead girls, in early adolescence, to cut back on milk—and to do that during their critical bone-forming years could have lifetime consequences on the health of those girls' bones.

If you're an adult, how much calcium should you consume to make sure you keep your "bone balance" healthy? Oddly, calcium requirements can vary markedly between countries. For example, in the United States, adults over age 50 are recommended to get 1,200 milligrams (mg) daily, but in the United Kingdom, the recommendation is only 700 mg.

However, a study by ARS scientists suggests that our current recommended daily amounts of dietary calcium for American adults could actually be greater than needed.

The scientists analyzed data collected from 155 male and female volunteers aged 19 to 75, who participated in at least one in a series of 19 controlled feeding studies. Their findings indicate that the average amount of dietary calcium needed to maintain a neutral calcium balance is about 741 mg per day.

(See SCIENCE, page 3)

Martin retires from First Commonwealth Bank



Tyrone Martin

Tyrone Martin celebrates his retirement after 38 years of service at First Commonwealth Bank. Tyrone joined the First Commonwealth Bank family on January 21, 1972 and has served the Big Sandy region as a Commercial Lender. Martin is a graduate of Morehead State University, the Kentucky Banking School and the Graduate Banking School of the South.

Not only has Martin served the customers of First Commonwealth Bank but he has continued to serve his community through numerous civic activities. He currently is involved with the Floyd County

4-H Council, the Floyd County Extension Council, the Floyd County District and Extension Board where he serves as Chairman, and Allen Baptist Church where he is an active member. Martin's service to his community has been acknowledged through several awards and recognitions. He has been nominated as a KY Friend of Extension by the Alpha Kappa Chapter of Epsilon Sigma Phi, a recognition reserved for individuals who have served and supported the State Extension Programs. In 2001 he was the first recipient of the Floyd County Chamber of Commerce "Business Partner in Education

Award," an award which was also recognized by the Senate. Most recently, in 2009, Martin was inducted into the 4-H Centennial Hall of Fame. Only one person from each county was inducted who made a significant contribution to 4-H.

A retirement reception will be held in his honor on Wednesday August 18, 2010.

First Commonwealth Bank is a locally owned, community bank serving the financial needs of the Big Sandy Region since 1904. First Commonwealth Bank has convenient locations in Betsy Layne, Martin, Pikeville and two in Prestonsburg.



YARD OF THE MONTH

Prestonsburg Woman's Club honors May residence

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG — The sweltering heat of August may keep some people inside and out of their yards, but the sizzle of summer didn't stop Glen and Alison May from making their yard on Riverside stand out enough to draw the attention of the Prestonsburg Women's Club.

The May's yard was selected as Yard of the Month for August, and the selection came as a surprise for Alison May.

"I thought somebody was playing a trick on me," May said. "I was very surprised."

While both Glen and Alison work in the yard to keep it looking good, they also utilize the services of Outdoor Solutions, a landscaping company based in Pikeville, to help maintain the now award-winning yard. A number of roses surround the home and the yard itself is trimmed and green. Various other forms of vegetation complete the landscape that reaches around the house and leads to a view of the Big Sandy River.

The Prestonsburg Women's Club places a sign in the yard of the residence that it selects as the Yard of the Month. The sign remains in the yard until the end of the month when the club selects another yard for its Yard of the Month honors.



OUR YESTERDAYS

(Items taken from
The Floyd County
Times,
10, 20, 30, 40, 50, 60,
70 years ago.)

Ten Years Ago

(August 13, 16, and 18, 2000)

A handful of candidates for office in the November general election showed up Thursday afternoon at the Floyd County courthouse to draw numbers to determine in what order names will appear on the ballot. County Clerk Chris Waugh, who is in charge of local elections, conducted the drawing, as required by law, within two days of the filing deadline, which was Tuesday...While numbers are not confirmed and are likely to change, the Floyd County school system had 6,914 students enrolled at the end of the second day of a shortened first week of school. Students attended school Wednesday, Thursday and Friday. The tentative enrollment is down from last year's starting enrollment and down from the ending enrollment for school year 1999-2000...In a rare Saturday morning meeting, the Floyd County Board of Education met at Adams Middle School to grapple with a sensitive issue as it dealt with the agenda item "Clarify exception standards for student attendance area boundaries..." While Sydney Mullins is in the intensive care unit of Children's Hospital in Pittsburgh, area businesses and citizens continue their efforts to help her and her family. Sydney and her family flew to Pittsburgh on Tuesday so that she could undergo evaluation for a heart transplant...Four years after voters overwhelmingly scrapped the magistrate form of county government in favor of the commissioner system, they are being asked to decide the matter once again. By law, the matter of changing the fiscal court's style of government cannot be voted upon more than once every four years. This November's general election will mark the first opportunity the issue could legally be placed on the ballot...A prisoner who escaped following a court hearing last month has been found in Lexington and returned to custody. Chester Dwayne Risner, 22, of Gunlock, was arrested last Wednesday, along West Loudon Street in Lexington by Lexington-Fayette police officer D. Fletcher, 19 days after he fled from a deputy in Prestonsburg...The Mountain Arts Center Management Commission met in regular session at the MAC Monday afternoon to look at the financial status of the center and discuss directions the center will take in the near-and long-range future...To make it possible for council members to attend the retirement celebration of Property Valuation Administrator Lovel-Hall, the Prestonsburg City Council had there special-called meeting at noon Monday. The council approved the minutes for the August 8 meeting, had the second reading of Ordinance No. 6-2000, and approved two resolutions...The chairman of the Floyd County Republican Party has called into question a petition filed last week seeking a return to the magistrate form of government, saying the measure should be removed from the November ballot...GOP chair Bobby Stumbo, who is also a member of the county's board of elections, aired his concerns about the petition during a meeting of the board yesterday...Criminal charges against a Prestonsburg man have been dropped after a judge ruled there was no probable cause to send the case to grand jury...Dante Robert Del Monte had been charged with custodial interference and possession of a handgun by a convicted felon. District Judge Eric D. Hall ordered those charges dropped without prejudice on August 7...Tom Carew, director of the Appalachian Housing Program at Kentucky Housing Corporation, was at the Low Income Housing Coalition of Floyd County Inc. (LINKS), which works with various government agencies to help low-moderate-income families with housing, received a \$27,000 grant from the county...Housing Production and Repair funds. Housing Coordinator for LINKS, Don Akers, said the funds would be used to continue efforts to repair as many homes as possible...For the second time this year, a Prestonsburg shopping center has named that one of its business buildings...Furniture retailer Heilig Meyers, based in Richmond, Va., announced that its Prestonsburg store would be one of eight stores in Kentucky and 302 stores nationwide that would be closed after that company filed for Chapter 11 bankruptcy protection on Wednesday...Festivities surrounding the reenactment of the Civil War Battle of Middle Creek begin today at Prestonsburg Community College. Encampments, weaponry demonstrations, drills, and speeches go on at PCC and the Samuel May House through Sunday at 2 p.m., when the battle begins...There died: Clinton Jackson, 52, of Kettering, Ohio, formerly of Wheelwright, Monday, August 7, at her residence; Harry "Black Jack" Bentley, 76, of Allen, Thursday, August 10, at Highlands Regional Medical Center; Maxie Patton, 76, of Hueysville, Wednesday, August 9, at Central Baptist Hospital, Lexington; Bruce Edwards, 72, of Sullivan, Ohio, Wednesday, August 9, at

home; Ralph "Shakespeare" Little, 64, of Bevinville, Sunday, August 13, at Highlands Regional Medical Center; Johnny Eugene Jenkins, 26, of Crandall, Georgia, formerly of Kentucky, Thursday, August 10, at Chattanooga, Tennessee, following an automobile accident; Carl Curtis Robinson, 84, of East Point, Monday, August 7, at his residence; Palmer Craft, 51, of Wayland, Monday, August 14, at the U.K. Medical Center at Lexington; Lawrence M. "Doc" Newsom, 87, of Robinson Creek, Saturday, August 12, at the Pikeville Methodist Hospital; Hollie Collins, 77, of Hindman, Sunday, August 13, at the Hazard Appalachian Regional Medical Center; Kate Shepherd, 89, of Gunlock, Saturday, August 12, at her residence; James Edward Adkins, 65, of Portsmouth, Ohio, formerly of Betsy Layne, Saturday, August 12, at Our Lady of Bellefonte Hospital, Ashland; Garlie Stone, 64, of Garner, Monday, August 14, at Hazard Appalachian Regional Hospital; Jack Patton, 54, of Wayland, Monday, August 14, at the McDowell Medical Center; Leah L. Joy, 88, of Prestonsburg, Thursday, August 10, at the Mountain Manor Nursing Home, Prestonsburg; Bert Tackett, 95, of McDowell, Saturday, August 12, at McDowell Appalachian Regional Hospital; Ralph Earl Allen, 89, of Clifton Forge, Virginia, formerly of McDowell, Monday, August 14, at the Susi Allegheny Regional Hospital in Virginia; Carl Eugene "Carbide" Bentley, 63, of McDowell, Tuesday, August 15; David Elmer Wilson, 35, of Tram, Wednesday, August 16, at Highlands Regional Medical Center; Eddie Hackworth, 91, of Bonanza, Wednesday, August 16, at Highlands Regional Medical Center; Bob Webb, 70, of Beaver, Thursday, August 17, at his residence.

Twenty Years Ago

(August 15 & 17, 1990)

A spokesman for Congressman Chris Perkins said Tuesday that Perkins' office had no new information on the whereabouts of a Floyd County physician and his family, believed to have been trapped August 2, in Kuwait during the Iraq invasion of that country...Perkins' assistant Omer Waddles said Perkins had been in contact Monday with the State Department, seeking information on Dr. Syed Badrudduja, of Prestonsburg and Chief of Staff at Highlands Regional Medical Center. About 500 of a reported 3,000 Americans trapped in Kuwait during the August 2 invasion by Iraq have managed to slip out of the country, the State Department reported Monday. Waddles said Perkins office had no information on whether Dr. Badrudduja, known locally as Dr. Bader, was among those who successfully fled the country...Coal is still moving out of Mud Creek, except at five operations where independent truckers have called a hauling strike. About 50 members of the newly formed union, Independent Truckers and Drivers of KY, ITEK, have called the strike against operations owned by Buck Coal Inc. Truckers say the company has refused to give haulers any increase in the per ton haulage rate...The Dr. James D. Adams Middle School was dedicated Sunday afternoon before an overflow crowd at the new facility...Gymnasium of Floyd County's superintendent of schools, Ron Hager, presided over the ceremony, which began with a rendition of the National Anthem by Ginger Howard and an invocation by Benny Blankenship of the Prestonsburg Church of Christ. Just as members of the Prestonsburg Fire Department were finishing training classes on handling hazardous material situations, a call reporting a leaking propane tank sounded in the fire station. A propane tank at the Western Sizzlin' Steak House had reportedly been filled to capacity Wednesday morning, and the heat of the sun had caused the tank to pressurize, forcing a relief valve to open. Eighteen members of the fire department responded to the scene and discovered the tank, which is about 100 feet from the restaurant it services, appeared to be ready to release pressure a second time. Firefighters donned air tanks and began to hose down the 1000-gallon tank with water in an effort to depressurize it. They remained on the scene until officials from Ferrell Gas Company arrived at the scene and drained the potentially explosive liquid propane into several smaller tanks...There died: Pearlle Ellen Hamon, 71, of Betsy Layne, at Highlands Regional Medical Center; Vana Boyd, 84, of Tram, at Highlands Regional Medical Center; Dana G. Neeley, 57, of Wolcottville, Indiana; Bertha Howard Wright, 81, of Lancaster, California, formerly of Hueysville, at Lancaster; Clinton Ray Williams, 28 days, of Printer, at Cabell-Huntington Hospital, Huntington, West Virginia; Homer Wells Jr., 64, of Prestonsburg, at Highlands Regional Medical Center; Gladys "Dank" Stumbo, 71, of McDowell, at Central Baptist Hospital, Lexington; Dan Combs, 79, of Decoy, at Hazard Appalachian Regional Medical Center; Maxine Howell Ward, 62, of McDowell, at McDowell Appalachian Regional Hospital; Bertha Moore Frazier, 88,

of Price, at McDowell Appalachian Regional Hospital; Curt Collins, 77, of Honaker, at his residence; Earcie Jarrell Branham, 80, of Chelsea, Michigan, formerly of Water Gap, at Chelsea Community Hospital.

Thirty Years Ago

(August 13, 1980)

County and city officials were shaking their heads in disbelief as preliminary census figures were released this week. Census officials, however, say that the census is accurate and that local officials must document facts for their claims. Local officials feel the population is underreported...The Prestonsburg City Council will make a decision within the next two weeks on the status of Police Chief Keith Lawson. Lawson was shot and paralyzed during a liquor raid in West Prestonsburg last year...The Floyd County economy showed unusual signs of growth last week at the fiscal court authorized the issue of \$6.8 million in industrial revenue bonds to finance two business ventures. A coal washer for Diamond Coal Company and the construction of K-Mart were authorized...The Floyd County School system fought back from a \$668,000 deficit to post a surplus of \$287,393 in the past year. In addition, the county's learning disability program will be expanded from three units to ten, said Superintendent Pete Grigsby and Assistant Superintendent Ray Brackett...Of the approximately 4,000 Floyd County property owners whose assessments have been increased to meet the demands of the state Department of Revenues, only 17 have appealed the assessments...An estimated \$16,000 worth of marijuana growing on a plot behind a Byrman's home was confiscated. Doug Blevins, the alleged owner, was arrested. Blevins said he had a doctor's permit to grow the marijuana...In ICW wrestling action at Allen Central High School this week, World Heavyweight Champion Randy "Macho Man" Savage put his belt on the line against Ronnie Garvin...There died: L.B. Jesse, 78, of Weeksbury, at McDowell Appalachian Regional Hospital; James Robert Gibson, 75, of South Point, Ohio, formerly of Emma, at Cabell-Huntington Hospital; Emma Dammron, 74, of Tram, at Our Lady of the Way Hospital; Oliver C. Allen, 63, of Lexington, formerly of Langley, at the Lexington YMC; Levi Johnson, 57, of Columbus, Ohio, formerly of Hi Hat, at Mt. Carmel Medical Center; Artie Burchfield, 48, of River Rouge, Michigan, formerly of Floyd County, at Riverside Hospital, Trenton, Michigan; Talt Hall, 87, of Dema, at McDowell ARH; Johnnie D. "Pickle" Davis, 44, of Newell, Florida, formerly of Hueysville, at a Venice Hospital; Maza Rebecca Crisp Hughes, 82, of Martin, at Golden Years Rest Home; Bill Waugh, 83, of Kendallville, Indiana, formerly of Wayland, at his home; Chris Johnson, 66, of Halo, at home; Sie Hamilton, 62, of East Meador, at McDowell ARH; Martin Myrtle Regional Hospital; Virgil Carroll, 71, of Printer, at Highlands Regional Medical Center.

Forty Years Ago

(August 13, 1970)

Mines of the Island Creek Coal Company at Price and Printer were believed ready to resume operation, Tuesday night, following a vote of members of Local Union 5899 at Wheelwright to return to work...County Judge Henry Stumbo has taken strong exception to plans announced last week by the sheriff's office to dismiss liquor cases in quarterly court in order to take the cases to the grand jury and ultimately get them heard in circuit court...The temporary restraining order staying the sale of bonds to finance construction of the rural territory of the county was officially Eastern was dissolved last Friday by Circuit Judge Ben Manns, of the Magoffin Circuit Court...Born: to Mr. and Mrs. Carl Shepherd, of Gunlock, a son, July 27; to Mr. and Mrs. Frank Bryant, of Wheelwright, a daughter, July 31; to Mr. and Mrs. Arnold Hamilton, of "Cabbie" in the city of London, a son, August 1; to Mr. and Mrs. John Grant Anderson, of Prestonsburg, a son, Robert Christopher, July 15, at the Prestonsburg General Hospital...There died: Wilbert William (Bill) Grimm, 61, last Thursday, at Ashland; George Dewey Sargent, 72, of Allen, Friday, at Our Lady of the Way Hospital; Martin Myrtle Humphrey, 73, of Ligon, Thursday; Mrs. Rella Morrison, 92, Sunday, at Prestonsburg; Mrs. Geraldine Burke, 39, of Halo, last Tuesday, at an Ashland hospital.

Fifty Years Ago

(August 18, 1960)

A second executive committee meeting to plan organization for actual work on the coordinated plan for community development proposed to Prestonsburg by the

Department of Economic Development was held here this week...A district highway official said this week that the \$1,046,000 bridge approved for construction, Monday, by the Army Corps of Engineers is not at Auxier, as was indicated in press dispatches, but will span the Big Sandy near the mouth of Miller's Creek as a part of the new U.S. 23 river route...His plans to quit the Sheriff's force abandoned, Deputy Sheriff Joe Wheeler Lewis joined other officers last week and three liquor raids...Southern Bell's new dial building on Westminster street here will be completed by next February 5, it was announced this week by Byron Simpson, local manager...Noble Sammons, 38-year-old Arkansas Creek miner, died last Thursday in a Huntington, W. Va. hospital about six hours after he had been crushed by a slatefall in the mine of the Guaranty Coal Company at Hite...There died: W. C. (Bill) York, 56, Eastern Kentucky furniture dealer, Sunday, at home at Pikeville; Mrs. Ella Braman Maynard, 82, of Lanes, Saturday, at Prestonsburg General Hospital; Mrs. Belle Miller, 51, of Garrett, Saturday, at McDowell Memorial Hospital; Columbus Prater, 86, of Risner, last Thursday, at home.

Sixty Years Ago

(August 17, 1950)

The U.S. Corps of Engineers today (Thursday) awarded the Brandy Keg dock concession on Dewey Lake to Burchett & Goble (Joe Wheeler, Burchett and Mrs. Sally May Goble). The Times learned in a telephone conversation with Col. Harry Peckras, of the Huntington office of the Corps...Illness of three Drift residents was believed this week to have marked the first outbreak of typhoid in Floyd County in the last three years...S.L. Isbell announced to the Floyd fiscal court at its Wednesday session that he had resigned the post of County Agent, effective September 1...Dynamiting of an eight-inch gas line of the Kentucky West Virginia Gas Company Sunday morning on the head of Home Branch of Buffalo Creek prompted the company this week to post a \$500 reward for information leading to the arrest of those responsible...Among the thousands expected to attend the eighth annual Floyd county fish fry at the Allen golf course, Saturday and Sunday, will be three downstate high school basketball teams who have accepted the challenge of the Prestonsburg team, E. R. Burke, district conservation supervisor, said this week...Listed at the top of the national "Hit Parade" printed in this week's Times as part of an advertisement of the Thomas Hereford Co. here, was "Mona Lisa," by Nat "King" Cole. Top country song was Hank Snow's "Moving On"...There died: Wamie Howard, 35, in the collision of his auto and a truck near Salyersville, Saturday; Mrs. Virdie L. Osborne, 78, of Osborne, Tuesday, at the Methodist Hospital, Pikeville; Mrs. Susie Jackson Dudley, 23, of Langley, August 10, at Our Lady of the Way Hospital, Martin; Harry King, 86, Sunday morning, at his home on Sizemore Branch, near Minnie; Johnnie Richie, 18, of Stone Coal, August 10, while visiting in Indiana; John Dokunewicz, 73, last Friday, at his home at Lackey; Mrs. Luvisia Boleyn Coburn, 71, for years a midwife in this section, last Thursday, at her home at Handshoe.

Seventy Years Ago

(August 15, 1940)

Plans for the organization of a Floyd county co-operative whereby a large part of the rural territory of the county may procure electricity under the Rural Electrification Administration were formulated last week at a conference of REA representatives and officials of the Kentucky & West Virginia Power Company in the office of County Agent S. L. Isbell...With the Floyd fiscal court deferring action on rent payments for use of buildings in the county by certain WPA projects, an organization was effected at a meeting at the courthouse here Thursday evening to aid in the sponsorship of such projects...Long-standing differences between neighboring families were officially stated as the cause of the shooting of a man and wife at the mouth of Buckeye Fork of Middle Creek Sunday...Jonathan Holbrook, 48, of Middle Creek, died Monday afternoon at a Paintsville hospital to injuries suffered early Sunday morning when he fell over a cliff near the home of a brother on Middle Creek...At Morrell's Hardware here you can buy a dozen quart-size Kerr Mason jars for 65 cents, or a heavy cane bottom chair for 98 cents, or a coal or gas range for \$39.50, according to an ad in The Times...Born: to Mr. and Mrs. Lacey Dillingus, a daughter, Monday, July 31; to Mr. and Mrs. George Lee Woods, of Allen, a son.

Community Calendar

Calendar items will be printed as space permits

Editor's note: To announce your community event, you may hand-deliver your item to The Floyd County Times office, located at 263 S. Central Avenue, Prestonsburg; or mail to: The Floyd County Times, P.O. Box 390, Prestonsburg, KY 41653; or fax to 606-886-3603; or email to: features@floyd-countytimes.com. Information will not be taken over the telephone. All items will be placed on a first-come, first-serve basis as space permits.

PHS Class of 2000 reunion

The Prestonsburg High School Class of 2000 will hold its 10-year reunion Sept. 17 and 18, hosted by Morgan Stumbo-Kidd, Jennifer Willis-Smith, Jessica LeMaster, Brand Wells-Kidd, Kristin Raines-Hatfield, Amy Shepherd-Purvis, Jarrod Hall and Jeff Spears.

The cost of attendance for Saturday night's event at the Heritage Inn is \$30 per person, flat rate. Please mail your check or money order today to Kristin Raines-Hatfield: 438 Rt. Fk. Bull Crk., Prestonsburg, KY, 41653. With your payment reservation, please include your maiden name with your current mailing address, email address and phone number. This will allow for quick and easy confirmation. For more information please email Kristin Raines-Hatfield@floyd.kyschools.us.

Emma United Methodist Church to host a Community Picnic on Saturday, August 21

Emma United Methodist Church will be hosting a Community Picnic on Saturday, August 21, at the church. Come join the fun and fellowship at 4:00 p.m.

Free Parenting Classes: To determine eligibility, call John 791-9887.

Movies under the stars
Free family movie night at Middle Creek Fire Department Station No. 1 (original station). Date: Saturday, August 21, at 8 p.m. Admission: Free. Come to enjoy a movie outdoors under the stars. Bring a chair or blanket. The movie showing will be family friendly. Parents or guardian must accompany all children. No exceptions. In the event of rain movie night will be held August 28. Sponsored by the Middle Creek Woman's Auxiliary. Come and enjoy a fun family night! We will be selling refreshments.

Prestonsburg High School Class of 1990 reunion is set for Saturday, September 4

The Prestonsburg Class of 1990 celebrates 20 years on Saturday, September 4, at the Stone Crest Golf Course and Clubhouse, in Prestonsburg. Golfing—Tee times begin at 10 a.m. Food and fun with friends, 7 p.m.-11 p.m. Please send \$25 per person attending to Sabrina Hall Martin, 142 Hickory Lane, Pikeville, KY 41501. Please send \$45 per person if interested in golfing to Tommy Poe, 241 North Arnold Avenue, Prestonsburg, KY 41653. Please send your money in no later than August 28, 2010.

Appalachian Bike Tour 2010

September 18, rain or shine. Yatesville Lake State Park Marina Shelterhouse, Louisiana. 8:00 a.m. resignation. 3 circuits: 30 miles, 60

miles and 100 miles. \$20 on the day of event or \$15 if pre-registered. Fees and donations are tax deductible. Helmets will be required. Free hot dog dinner after the event at the marina. Mark Jackson, 322 S. Jefferson St., Louisa, KY 41230, 606-638-3234, markj@se-tel.com or www.appalachianbiketour.org T-shirts for \$12.00 on sale at the marina. Sponsored by the Lawrence County Democratic Woman's Club, endorsed by the Ashland Cyclists Enthusiasts, communications provided by: Big Sandy Amateur Radio Club. Cyclists will be sharing the road with normal road traffic. For more information on additional fun in Lawrence County, call: 1-888-521-6789 or visit our web site at: www.lawrence-countytourism.com

Hale family reunion

On Sunday, September 5, 2010, at the Martin Community Center at 1 p.m. Please come join us for a day of fun. Everyone welcome.

Bluessgrass benefit festival and 911 remembrance ceremony set for Saturday, September 11

Live at the MAC, Mountain Arts Center, in Prestonsburg. A benefit for Rose Anna Hughes Benevolent Care, a ministry of Presbyterian Homes & Services of KY, Inc. (www.phsk.org). Good Shepherd Community Nursing Center (Phelps, KY) and Cedar Creek Assisted Living Community (Pikeville, KY). Music by Don Rigby and Midnight Call and Blue River. Saturday, September 11, at 6 p.m. Get your free ticket online at www.macarts.com or call 1-888-622-2787.

Parsons Family Reunion

The Parsons Family Reunion, for the descendants of Isaac and Louisa Parsons will be held on Sunday, September 5, from 12 p.m. to 4 p.m., at the Isaac Parsons Cemetery located off Rte. 979 in Floyd County. Please bring a covered dish. Dinner will be served at 1 p.m. Both family and friends are welcome. Call Mrs. E.J. Parsons (865) 426-7585 or Ray Parsons 313 (383)-7262 for more information.

ACHS Fall Bash 2010 November 19-20

Stephen Allen has come up with the idea that everyone that attended Allen Central High School Fall Bash 2010, November 19-20, at Jenny Wiley Convention Center. Everyone wanting to attend. Please respond: ASAP. I will be collecting info for the Class of '91. JenniSammons@hotmail.com I can also relay any info from other classes or contact Stephen Allen: steveallen@bellsouth.net

Foster parents needed

Foster parents are needed in your area. In special need of families willing to take adolescents and siblings groups. Foster families are financially compensated. You will receive 24-7 professional/emergency support. All foster children get a medical card, free school lunches, and clothing vouchers/reimbursements. Call for more information at 606-886-0163 or visit our website at: www.benchmarkfamily-services.org

PHS class of 1960 50th-year reunion

The Prestonsburg High School class of 1960 has scheduled a 50th year reunion for September 17 and 18, 2010, to be held in Prestonsburg. The reunion committee is seeking addresses for several class-

mates. If you know of anyone not contacted by the committee, please call Sallye at (606) 886-6460 or Martha at (606) 886-2939.

Autism Awareness & Support Group

2nd Monday of each month. Calvarys Call Church, Lancer, Ky. (6-7 p.m.). Contact: Billie Chain, eastkautismawareness@gmail.com

Autistic Children Support Group plans monthly meeting

Support group for Guardians of Autistic Children will meet the first Thursday of every month at the Haven of Rest, 1601 Airport Road, Inez. Call 606-298-0520 for information.

Highlands Regional Medical Center "Living Well with Diabetes" Support Group "We are Champions"

Keeping on track with blood sugar control with an All-Champion Meeting Agenda 2010 Highlands Regional Medical Center Meeting Rooms A & B. 5:00 p.m. - 6:00 p.m. All classes are free of charge.

For Further Information contact: Food & Nutrition Services at (606) 886-8511 ext. 7353

We look forward to seeing you!

Non-profit agency needs foster parents

Non-profit agency in need of foster parents in your area. Financial compensation/bonuses, free foster parent trainings, mileage reimbursement, and 24-7 support are available. All foster children get a medical card, free school lunches, and clothing vouchers/other reimbursements. Call for more information, at 606-886-0163 or visit our website at: http://www.benchmarkfamily-services.org/

The Auxier Learning Center offers home repair aid

Need help with home repairs? The Auxier Lifetime Learning Center can help. We are now taking applications for home repairs. If you or someone you know are low income and need help with repairs on your home, please call 606-886-0709 for your application, or stop by the office at 21 South River Street, Auxier. Office hours: Monday-Friday, 8:00-4:00. Must provide proof of income and ownership.

Free Tax preparation available in Big Sandy

Big Sandy Area Community Action Program is once again offering FREE help for eligible tax filers in preparing and electronically filing tax returns. The service, made possible through funding from Community Action Kentucky and the Kentucky Domestic Violence Association, is available in Johnson, Magoffin, Martin, Floyd and Pike Counties. BSACAP has IRS-certified staff to prepare and file tax returns, and offers the service free to low-income residents in the Big Sandy area. To schedule an appointment, call (606) 789-3641.

Benchmark Family Services family care support

Benchmark Family Services is a private, non-profit therapeutic foster care agency seeking caring and compassionate foster parents in eastern Ky. Free flexible training schedules, 24-7 support monthly financial compensation, financial bonuses, and mileage reimbursement available. Call: 606-886-

0163. www.benchmarkfamily-services.org

FCHD offers Body Recall exercise classes

The Floyd County Health Department offers Body Recall gentle exercise classes every Monday, Wednesday, and Friday, at 9:30 a.m. at May Drive, just off 1428, and at 10:30 at the First Presbyterian Church in Prestonsburg.

Classes are free and open to the public. Call 886-2788 for more information.

Become a Volunteer with Victim Services Program

You are more likely to be hurt by someone whom you know rather than be assaulted on Kentucky's streets by a total stranger. Learn to assist victims of sexual assault, child abuse and domestic violence by becoming a Volunteer with Victim Services Program. Call today to receive an application for our free training program.

Call the Volunteer Coordinator at (606) 886-4323 for further information or to request an application. (The Victim Services Program is a program of Mountain Comprehensive Care Center.)

Science

"Calcium balance" is when the amount of calcium you consume equals the amount of calcium lost through elimination. The scientists' model indicates that a calcium intake of 1,035 mg per day would cover the needs of 95 percent of the American adult population.

It's interesting to note that in the study, the volunteers'

OutPatient Drug Treatment Program and Education

Narconon warns parents that abuse of addictive pharmaceutical drugs with youth is on the rise with deadly consequences. Learn the signs of drug abuse. Call Narconon for a free brochure on the signs of addiction for all drugs. 877-379-0208. www.drugsnoc.com

Higher education begins here

The Kentucky Adult Education Learning for Life program offers GED, Adult Learning, Tutoring and College Preparation classes. These classes are managed by Big Sandy Community & Technical College. All classes are free to anyone 16 years old or older.

Along with GED preparation, we offer adult learning, tutoring and college preparation for people who have high school diplomas or GED equivalent who want to continue their education. The (GED) classes are offered at various locations throughout Floyd County five days a week, from 8 a.m.-4:30 p.m. Evening classes are also available from 5-8 p.m. at some locations. There are

no registration fees; all classes and materials are free.

For more information about the times and locations of these classes, call 606-886-7397, between 8 a.m. and 4:30 p.m., Monday through Friday. Information about home study for your GED is also available. Please call today, our instructors are waiting to assist you!

Reunion/Memorial to be held in 2010

Old House Hollow, "Bristle Buck", East McDowell, to be held in 2010. For information, send a post card to 47 Frasure Creek Road, McDowell, KY 41647, or e-mail: patricia.466@hotmail.com; also Post Card, P.O. Box 431, McDowell, KY 41647.

Auxier Community Center

Free GED classes, Monday, Tuesday and Wednesday, from 10 a.m.-12.

Free Bible Lessons

Write to: Bible Way Outreach Ministry, P.O. Box 3371, Kingsport, TN 37664. Lessons completely free of charge to all interested.

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It's just like that long-ago margarine commercial told us: "You can't fool Mother Nature!"

The Agricultural Research Service is the chief in-house scientific research agency of the U.S. Department of Agriculture. You can read more about ARS discoveries at www.ars.usda.gov/news.

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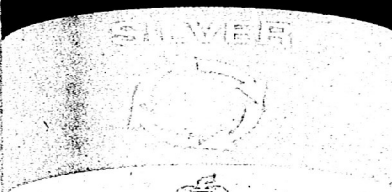
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