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briefs
16 deaths on state roads last week

FRANKFORT — Preliminary statistics indicate that 16 people died in 14 separate crashes on Kentucky roadways from Monday, Nov. 30, through Sunday, Dec. 6.

Fourteen of the crashes involved motor vehicles and 10 victims were not wearing seat belts. Single-fatality crashes occurred in Hardin (2), Jefferson (2), Laurel, Livingston, Madison, Oldham, Pendleton, Pulaski, Rowan and Shelby counties. The crashes in Hardin, Jefferson and Livingston counties involved the suspected use of alcohol.

A double-fatality crash occurred in Lincoln County and both victims were not wearing seat belts.

One fatal motorcycle crash occurred in Harrison County. A pedestrian crash occurred in Both County.

Through Dec. 6, preliminary statistics indicate that 731 people have lost their lives on Kentucky roadways during 2009. This is 30 fewer fatalities than reported for the same time period in 2008. There were 532 motor vehicle fatalities and 332 of those victims were not wearing seat belts. Thirty-seven pedestrians and five bicyclists have been killed. Eighty fatalities involved a motorcycle, sixteen fatalities involved an ATV and one involved a scooter. Seventy-one crashes involved a commercial motor vehicle. A total of 156 fatalities have resulted from crashes involving the suspected use of alcohol.

Smoke ban yields only warnings so far

by **SHELDON COMPTON**
STAFF WRITER

PRESTONSBURG — Just over a month since Prestonsburg's smoking ordinance was passed by a 5-2 margin, law enforcement officials in the city say residents are keeping to the rules pretty closely.

Det. Brian Hall with the Prestonsburg Police Department says that, until the first of the year, smokers

will have continued chances at what he called "warnings" earlier this week.

"Most people are complying pretty good," Hall said. "We're giving out warnings right now and just trying to do the right thing and give it time to sink in. It's our job to enforce this law and this is the way we're doing that."

Due to the decision to issue warnings until the first of the year, Hall said there have not yet been any citations written for violations of the ordinance.

After months of combing details and at least one significant stall, the Prestonsburg City Council passed an ordinance banning smoking in all public buildings in August. The ordinance also outlines several other aspects of the law that would qualify as violations.

In addition to the basic tenants of the law, city leaders voted 5-2 to require those smoking to stand at least 10 feet from main entrances to build-

ings and to see that individuals found in violation be fined \$50, with businesses fined \$100 for the first violation, \$200 for the second and \$300 for the third and further violations.

These components came as amendments, including another that allowed for restaurants to develop outdoor seating sections for smokers.

Hall says only two restaurants have

(See **WARNINGS**, page eleven)

CHRISTMAS PARADE

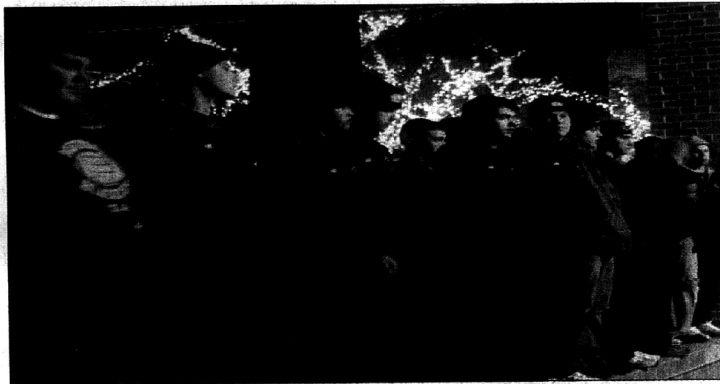


photo by Ralph B. Davis
Members of the Prestonsburg High School football team were to guests of honor for the city's Christmas parade Saturday evening. The Blackcats were honored for their perfect regular season and deep run in the Class 2A playoffs. Following the parade, area youngsters, such as Connor Dotson, of Prestonsburg, line up to share their Christmas wishes with Santa Claus.



Candidate filings begin to pick up

by **SHELDON COMPTON**
STAFF WRITER

The Floyd County Clerk's Office saw seven more candidates file to run in the May primary in the past week and a half, one of whom lost in the 2006 election by less than 60 votes.

Five of those were filings for magistrate across all four districts and the other two were for constable in districts 1 and 2.

In the District 1 magistrate race, incumbent John Goble, who said he does not plan to file until after the first of the year, saw two challengers in Keith Stapleton, of Emma, and Ernest G. Burchett, of Long Fork in Prestonsburg.

Kenneth Roberts, of Garrett, joins sitting District 2 Magistrate Jackie Edford Owens and a second challenger, Owens' niece Marie Martin Holbrook, filing this past week.

The other two filings for magistrates were Glenn Moore, of Bevinsville, entering the race for District 3 Magistrate and Dean M. Hall, of Craynor, for District 4.

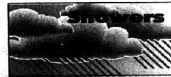
In constable races, Samuel Duncan, of Garrett, filed to run in the District 2 race. Terry Triplett is the only other candidate to have filed in that race to date.

A return candidate from the 2006 election, Lester Jarvis, of Dwale, has filed again to run against incumbent Mike Hall and, at this point, challenger Ben Ferguson for District 1 Constable. Lester lost to Hall by only 57 votes in the last matchup, with Hall winning with 1,170 votes to Lester's 1,113.

(See **FILINGS**, page eleven)

2 DAY FORECAST

Today



High: 52 • Low: 22

Tomorrow



High: 29 • Low: 14

For up-to-the-minute forecasts, see floydcountytimes.com

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Radio, TV personality dies

by **SHELDON COMPTON**
STAFF WRITER

CHLOE — Radio and television personality Don Bevins, better known around the region as "Dr. Don," passed away Sunday just before leaving for a family trip to Florida.

Bevins, 61, was most recognized by his distinctive radio voice, a clipped, resonating baritone.

A disc jockey, singer and well-known musical-ogist, as well as a longstanding member of the

local media, Bevins was preparing to embark on a trip to Florida Sunday when his wife found him in their vehicle.

"He was packing with his wife to go to Florida to visit their daughter," said Pike County Coroner Russell Roberts, Monday morning. "It seems to have been a heart attack."

He died later that day at Pikeville Medical Center.

(See **DR. DON**, page eleven)

Doctor shot, killed in Hazard

by **DWIGHT VIRES**
HAZARD HERALD

CORNETTSVILLE — A physician is dead and one man in custody following a shooting at a clinic in Perry County on Tuesday.

Police responded to a shots fired complaint at the Mountain Comprehensive Health

Corporation's Leatherwood/Little Blackey Clinic at approximately 11:30 a.m. with nearly 30 units from various law enforcement agencies. Officials say that upon their arrival the shooter had already left the scene, but he was taken into custody shortly afterwards.

"We spread out and started looking for our suspect in the

area, and we did apprehend him at his residence," said Tony Eversole with the Perry County Sheriff's office.

Officers armed with rifles and automatic weapons were on scene and searched a large area around the clinic. Authorities say they eventually apprehend the

(See **SHOOTING**, page eleven)



photo by Ralph B. Davis
Mother Nature seemingly conspired with the city of Prestonsburg to lend an extra holiday feel to the region in advance of Saturday's Christmas parade, with an early-season blanket of snow. Although the accumulation was light, there was enough to paint the town white, as seen at the city park on North Highland Avenue.

Early Morning Breakfast Special
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Fresh cooked Oatmeal (good for heart)
served w/Toast & Jelly

Additional Items—\$1.49 each
(1) Hash Browns
(2) Orange Juice or Tomato Juice
(3) Country Gravy
(4) Fried Apples

Kids!
Come in and register for World's Largest Christmas Stocking
To be given away December 22nd at 8 p.m.

Obituaries

Don Daniels

Don Daniels, 72, of Smithfield, died Thursday, December 3, 2009, at Norton's Health Care, in Louisville. Born June 15, 1937, in Lackey, he was the son of the late Jim and Vernie Smith Daniels. He was an attorney, coach, Air Force veteran, and a member of the Smithfield Baptist Church. Survivors include one son, Donny Daniels (Sandy) of Melvin; one brother, Noah Daniels of Titusville, Florida; three sisters: Agnes Reynolds of Prospect, Virginia Spradlin of Jefferson, and Wendolyn Fulks of Winter Haven, Florida; and three grandchildren: BreAnna, Allison and Brett. In addition to his parents, he was preceded in death by one brother, James Daniels; and four sisters: Ann MacCarter, Willa Dean Patton, Barbara Platter, and Faye Smith. Funeral services were held Monday, December 7, at noon, at the Evergreen Funeral Home, Louisville, with Ed Life and Bobby Isaac officiating. Burial was in the Evergreen Cemetery, in Louisville. Visitation was Saturday, December 5, after 2 p.m., at the Nelson-Frazier Funeral Home, in Martin, with services at 7 p.m.; and 6-8 p.m., Sunday, December 6, at Evergreen Funeral Home, in Louisville. In lieu of flowers, make donations to Smithfield Baptist Building Fund, 5303

Sunnyside Road, Smithfield, KY 40068. Nelson-Frazier Funeral Home, in Martin, was in charge of arrangements. (Paid obituary)

Tammy Sue Fitzpatrick

Tammy Sue Fitzpatrick, 47, of Paintsville, died Wednesday, December 2, 2009, at her residence. Born July 19, 1962, in Warsaw, Indiana, she was the daughter of Louvada Rose (James Curtis) Collins of Warsaw, Indiana, and the late Bobby Joe Greene. She was a homemaker. She was preceded in death by her husband, Larry Gene Fitzpatrick. In addition to her mother and stepfather, survivors include four sons: Jason Ray LeMaster and Jessie LeMaster (Lillie), both of Paintsville, and Larry Joe Fitzpatrick and Mark Douglas Fitzpatrick, both of Lawrence County; two daughters: Misty Marie LeMaster (Jeremiah McKenzie) of Prestonsburg, and Sara Dawn Swanson (Joshua) of Colorado; four brothers: Richard Wayne Greene (Kathy) of Liberty Mills, Indiana, Johnny Ray Greene of Westville, Indiana, James Ryan Collins of Johnson County, and Curtis Brian Collins of Warsaw, Indiana; one sister, Jenny Lou Fowler (Cecil) of Warsaw, Indiana; and five grandchildren: Logan, Landon, Brice,

Kaylie and Brandon. In addition to her father and husband, she was preceded in death by one son, James Brian LeMaster; and one sister, Barbara Ann Greene Bell. Funeral services were held Sunday, December 6, at 1 p.m., at the Nelson-Frazier Funeral Home, in Martin, with Robert McDavid officiating. Burial was in the Fitzpatrick Cemetery, Johnson County. Visitation was at the funeral home. (Paid obituary)

William Bud Gillespie

William Bud Gillespie, 72, of Minnie, died Saturday, December 5, 2009, at King's Daughters Medical Center. Born February 10, 1937, in Pike County, he was the son of the late Melvin and Sadie Elvins Gillespie. He was a retired coal miner, and a member of the Pilgrims Home Old Regular Baptist Church. Survivors include two sons: Ricky Gillespie of Morehead, and Jimmy (Rose) Gillespie of Galveston; three daughters: Irene (Thomas Ray) Hamilton of East Point, and Mary Hall and Loveina (Phillip) Hall, both of Galveston; three brothers: Ambrose Gillespie and Bruce Gillespie, both of Galveston, and Frank Gillespie of Grethel; two sisters: Tanie Tackett of Pikeville, and Shirley Howell of Galveston; 15 grandchildren, 13 great-grandchildren and three step-great-grandchildren. In addition to his parents, he was preceded in death by one daughter, Sadie Newsome; two brothers: John D. and George Gillespie; two sisters: Lina Howell, and one infant sister; and one grandchild. Funeral services were held Tuesday, December 8, at noon, at the Pilgrims Home Old Regular Baptist Church, in Grethel, with Mark Hunt, regular Baptist minister officiating. Burial was in the Ambrose Howell Cemetery, (Coon Branch), Pike County, under the direction of Nelson-Frazier Funeral Home, in Martin. Visitation was at the church with services nightly at 6:30 p.m. (Paid obituary)

Okey Hall

Okey Hall, 77, of Beaver, died Saturday, December 5, 2009, at his residence. Born April 27, 1932, in Floyd County, he was the son of the late Milford and Lillie Mae Bentley Hill. He was a retired coal miner. Survivors include two sons: Ralph Hall of Pikeville, and Jody Hall of Beaver; four daughters: Mary Lou Tackett and Delois Stone, both of Beaver, Joann Tackett of Grethel, and Billie Joyce Stapleton of Ivel; three brothers: Daley Hall of Beaver, Palmer Hall of Paintsville, and Tivis Hall of Knott County; two sisters: Juanita Tackett and Dona Flanery, both of Beaver; eight grandchildren, and eight great grandchildren. In addition to his parents, he was preceded in death by two sons: Randy and Bert Hall; two brothers: Hillard and Oley Hall; two sisters: Opal Johnson and Mildred Osborne; and two infant siblings. Funeral services were held Tuesday, December 8, at 11 a.m., at the Nelson-Frazier Funeral Home, in Martin, with Ricky Akers and Jimmy Hall

officiating. Burial was in the Okey and Ruby Hall Cemetery, in Beaver. Visitation was at the funeral home. (Paid obituary)

Christine Howell

Christine Howell, 63, of Langley, died Friday, December 4, 2009, in Pikeville. Born May 12, 1946, in Teaberry, she was the daughter of the late William and Maudie Jordan Hamilton. She was a homemaker, mother, and member of the Living Word Pentecostal Church, in Magoffin County. Survivors include two sons: Donald Ray Curry of Teaberry, and James William Curry Jr., of Vico; two daughters: Connie Lea Curry of Milford, Connecticut, and Tammy Denise Myers of Irvine; one brother, James Lester Hamilton of Robinson Creek; four sisters: Maggie Wright of Livingston, Tennessee, Norma Jean Kashin of Langley, Peggy Hall of Teaberry, and Betty Jo Tackett of Pikeville; nine grandchildren: Jennifer, Alysha, Adam, Ashley, Kyle, Lisa, Kristie, Natasha, and Joseph; and five great-grandchildren: Bernine Stacey, Travis Keith and Chelsea. In addition to her parents, she was preceded in death by one brother and one sister: Eugene Hamilton and Catherine Bentley. Funeral services were held Monday, December 7, at 1 p.m., at the Nelson-Frazier Funeral Home, in Martin, with Living Word Pentecostal Church ministers officiating. Burial was in the Newman Cemetery, in Hi Hat. Visitation was at the funeral home. (Paid obituary)

Tammy Lynn Hunt

Tammy Lynn Hunt, age 34, of Banner, passed away Sunday, December 6, 2009, at her residence. She was born November 27, 1975, in Martin, the daughter of Robert Hunt of Banner, and Doris Jean Lewis Hunt of Stanville. She was a graduate of Betty Layne High School, the University of Kentucky, and attended the Freewill Baptist Church. In addition to her parents, she is survived by one brother, Mark Hunt. Funeral services will be held Saturday, December 12, at 11:00 a.m., in the Hall Funeral Home Chapel, in Martin, with Mark Hunt and Jack Hunt officiating. Entombment will be in Gethsemane Gardens, in Prestonsburg. Friends can call for visitation after noon, Thursday, at the funeral home. There will be a service on Friday night at 7:00 p.m. (Paid obituary)

Wanda Lea Scott Rister

Wanda Lea Scott Rister, 75, of Mousie, died Sunday, December 6, 2009, at the McDowell Appalachian Regional Hospital. Born May 19, 1934, in Stone Coal, she was the

daughter of the late Andy and Callie Hale Scott. She was a homemaker, and a member of the Ball Branch Old Regular Baptist Church, in Mousie. She was preceded in death by her husband, Eugene Rister. Survivors include her sons: James Eugene Rister and Paul David Rister, both of Mousie, Sonny Darrell Rister, Gary Rister, and Jeffery Bryan Rister, all of Garrett; her daughters: Jackie Gayland Rister of Lackey, Sherry Lynn Lyons, Tammy Lea Wicker, and Kathy Ann Wicker, all of Mousie, and Chyril Lawson of Rochester, Indiana; her brothers and sisters: Ernest Scott of Louisa, Randolph Scott of Northville, Michigan, Franklin Scott and Rodney Scott, both of Garrett, Imalene Hicks of Albion, Michigan, Irene Talaska of Beaverton, Michigan, Linda Faye Goike of Galdrwin, Michigan, Mattie Triplett and Sally Mae Pratt, both of Garrett, and Mary Wicker of Wolcottville, Indiana; 21 grandchildren, and 26 great-grandchildren. In addition to her husband and parents, she was preceded in death by a son, Larry Andrew Rister; and a brother, Dean Scott. Funeral services will be held Wednesday, December 9, at 1 p.m., at the Stone Coal Old Regular Baptist Church, in Garrett, with ministers of the Old Regular Baptist Church officiating.

Burial will be in the Scott Cemetery, Stone Coal, Garrett. Visitation is at the church. (Paid obituary)

Charles "Dukie" Vernon Rook

Charles "Dukie" Vernon Rook, 71, of Prestonsburg, died Friday, December 4, 2009, at Highlands Regional Medical Center. Born June 30, 1938, in Brandy Keg (Floyd County), he was the son of the late Curtis Rook and Elsie Setser Rook. He was disabled. He attended the Lancer Baptist Church. He was preceded in death by his wife, Lorraine Rook. Survivors include one son, Billy Joe Compton of Las Vegas, Nevada; one sister, Virginia Ann Nader of Clinton Township, Michigan; and his aunts: Shirley Setser and family of Prestonsburg, and Elaine "Penny" Buskirk and family. In addition to his parents, he was preceded in death by a brother, Bobby Rook. Funeral services were held Monday, December 7, at 11 a.m., at the Carter Funeral Home Chapel, with Rev. Bobby Carpenter officiating. Interment was in the Ford Cemetery, in Prestonsburg. The family has entrusted arrangements to the Carter Funeral Home. (Paid obituary)

Card of Thanks

The family of Violet Leah Smith Kolling would like to sincerely say, "Thank you," to all of our wonderful friends and neighbors who helped to comfort our family during this difficult time, those who sent flowers, food, or came by to share our loss. A special thanks to Bishop Richard Salisbury for his comforting words, the Sheriff's Department for their assistance in traffic control, and the staff at Hall Funeral Home for their kind and professional service. To everyone, thank you, for all your thoughts and prayers.

THE FAMILY OF VIOLET LEAH SMITH KOLLING

Card Of Thanks

The family of Geraldine Burchett Cesco would like to express our appreciation to all who sent flowers or perhaps said a kind word, and for the prayers that were spoken on our behalf. A special thanks to Clergyman Tom Biddle for his comforting words; the Sheriff's Department for their assistance in traffic control; and Hall Funeral Home for their kind and professional care. All the acts of kindness will never be forgotten. "Thank you, and God Bless."

THE FAMILY OF GERALDINE BURCHETT CESCO

Card of Thanks

The family of Dean Robert Merritt wishes to express our sincere appreciation to all those family, friends, and neighbors, for all the help during our time of loss. Thanks to those who sent flowers, food, or prayers during this difficult time. A special thanks to Father Bob Danon for his comforting words; the Sheriff's Department for their assistance in traffic control; and the Hall Funeral Home for the kindness that was shown to our family. For those who helped in any way, we say, "Thank you, and God Bless."

THE FAMILY OF DEAN ROBERT MERRITT

Card of Thanks


The family of Nina Lynn Watkins would like to humbly thank each and everyone who helped in any way during our recent loss and to those who sent beautiful floral arrangements, food, and words of kindness to our family. We especially want to thank Clergyman Dennis Love for his comforting words; the Sheriff's Department for their assistance in traffic control; and the Hall Funeral Home staff for making our loss a little easier to bear. For anyone who may have helped in any other way, we lovingly say, "Thank you, and God Bless."

THE FAMILY OF NINA LYNN WATKINS

Card of Thanks

The family of Russell Mont Frazier would like to express their sincere appreciation to all who sent food, flowers, or prayers to our family during this difficult time. A special thanks to Clergyman Dennis Love for his comforting words; the Sheriff's Department for their assistance in traffic control; and the Hall Funeral Home for their kind and professional care. All the love and support that was shown to our family will never be forgotten.

THE FAMILY OF RUSSELL MONT FRAZIER



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Oil and gas schemers indicted for defrauding investors out of millions

LEXINGTON — A Lexington attorney, his wife and two others were indicted Friday for using an alleged oil and gas scheme to defraud investors out of \$34 million.

The 30 count indictment charges Lexington attorney Bryan S. Coffman and Megan A. Coffman, both 46, Gary Milby, 55, of Campbellsville, Ky. and Vadim Tsatskin, 36, of Ontario, Canada with wire fraud and mail fraud. Bryan and Megan Coffman were also indicted for 11 counts of money laundering.

The indictment alleges that starting in 2004 and continuing until the time of the indictment, Bryan Coffman, Gary Moss Milby and Tsatskin devised an oil and gas production investment scheme using the company names Mid-America Energy, Inc. and Global Energy Group.

According to the indictment, the defendants solicited millions of dollars from corporate and individual investors through a series of misrepresentations about their oil and gas well drilling programs and then used the money for per-

sonal purchases such as boats, real estate, vehicles, helicopters, jewelry, personal trips, parties, family travel and trust funds. The United States will seek the forfeiture of the defendants' assets obtained from the scheme.

The defendants allegedly misrepresented themselves and the drilling programs by providing false information such as the expected profit from the drilling program, the use of investor money, successes of previous drilling programs, lack of investor risk and the company's compliance with federal laws among others.

Specifically, the defendants allegedly falsely guaranteed the successful production of oil, told investors to anticipate thousands of dollars of income per month from their investment and that the wells could produce commercial quantities of oil for 10-20 years.

In addition, the defendants also allegedly failed to disclose facts like Global Energy Group was the continuation of Mid-America Energy company

which was under criminal investigation and civil litigation.

According to the indictment, when oil and gas well drilling programs are legitimate, the company identifies a geographical location that could yield oil and gas upon drilling. The company employees speak with potential investors and inform them of the terms, risks, and potential profits of the investment. If the drilling is successful, the oil or gas is sold to a local distributor and the profits are divided between the investors.

James A. Zerhusen, United States Attorney for the Eastern District of Kentucky, and Robin Dalgleish, Postal Inspector in Charge, United States Postal Inspection Service, Charles A. Vice, Commissioner of the Commonwealth of Kentucky, Department of Financial Institutions, Division of Securities and Paul R. Johnson, Special Agent in Charge, United States Secret Service, jointly made the announcement today.

The investigation preceding the indictment was conducted by the United States Postal Inspection Service, The Commonwealth of Kentucky, Department of Financial Institutions, Division of Securities and the United States Secret Service. The indictment was presented to the grand jury by Assistant United States Attorney Kenneth R. Taylor.

The defendants' appearance before the United States District Court has not yet been set by the Court in Lexington, Ky. If convicted, the defendants face a maximum prison sentence of 20 years for the wire and mail fraud counts. Both of the Coffmans face up to 20 years on the money laundering counts. However, any sentence following conviction would be imposed by the court after consideration of the United States Sentencing Guidelines and the federal statute governing the imposition of sentences.

The indictment of a person by a grand jury is an accusation only, and that person is presumed innocent unless proven guilty.

KSP offers winter driving tips

With the onset of winter and the possibility that motorists may have to drive in inclement weather, the Kentucky State Police are offering safe driving tips.

"Winter provides new challenges and responsibilities to the public and the Kentucky State Police," said KSP Commissioner Rodney Brewer. "We ask that drivers be prepared to meet the challenges of the upcoming winter season in Kentucky. Plan ahead, make sure everyone in the vehicle is properly restrained, drive defensively and be sure the vehicle is properly maintained to handle the effects of cold temperatures."

KSP reported that slippery roads were the contributing factor in 15,766 crashes and 97 fatalities in 2008.

Highway Safety Branch Commander, Lt. David Jude offers a word of caution about braking on snow covered roads. "Know what kind of brakes your vehicle has and how to use them properly. In general, if you have anti-lock brakes, apply firm pressure, if you have non anti-lock brakes,

pump the brakes gently," says Jude.

"If you find yourself in a skid, stay calm and ease your foot off the gas while carefully steering in the direction you want the front of your vehicle to go. This procedure, known as 'steering into the skid' will bring the back end of your vehicle in line with the front," added Jude.

The Highway Safety Branch has posted these additional safe driving tips on their website:

Winter Safe Driving Tips To Follow:

■ Be Cautious About Travel

■ Listen for radio or television reports of travel advisories issued by the National Weather Service.

■ Avoid traveling on ice-covered roads if at all possible.

■ If you must travel, let someone know your destination and when you expect to arrive. Ask them to notify authorities if you are late.

■ Check and restock the winter emergency supplies in your car before you leave.

■ Never pour water on your windshield to remove ice or snow; shattering may occur.

■ Never rely on your car to provide sufficient heat; the car may break down.

■ Always dress warmly.

■ Always carry clothing appropriate for winter conditions.

What To Do If You Get Stranded

■ Staying in your vehicle when stranded is often the

safest choice if winter storms create poor visibility or if roadways are ice-covered. The best way to increase your safety when stranded:

■ Tie a brightly colored cloth to the antenna as a signal to rescuers.

■ Move anything you need from the trunk into the passenger area.

■ Wrap your entire body, including your head, in extra clothing, blankets, or newspapers.

■ Stay awake. You will be less vulnerable to cold-related health problems.

■ Run the motor (and heater) for about 10 minutes per hour, opening one window slightly to let air in. Make sure that snow is not blocking the exhaust pipe; this will reduce the risk of carbon monoxide poisoning.

■ As you sit, keep moving your arms and legs to improve your circulation and stay warmer.

■ Do not eat un-melted snow; it will lower your body temperature.

■ Prepare your Vehicle For Winter

■ You can avoid many dangerous winter travel problems by planning ahead. Have maintenance service on your vehicle as often as the manufacturer recommends.

■ Have the radiator system serviced, or check the antifreeze level yourself with an antifreeze tester. Add antifreeze, as needed.

■ Replace windshield-wiper fluid with a wintertime mixture.

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First phase of LIHEAP energy assistance program ending

Funds still available for eligible households

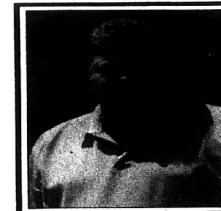
Big Sandy Area Community Action Program is reminding consumers that the last day to submit an application for the Subsidy phase of the Low Income Home Energy Assistance Program (LIHEAP) will be Friday, Dec. 11.

Applicants may still apply at any BSACAP office Monday through Friday, 8 a.m. to 4:30 p.m. For more information, call the BSACAP office in your county, or (606)789-3641.

LIHEAP is available to help eligible low-income consumers pay heating bills during the winter months when home energy costs typically are higher.

The application period will not be open again until Jan. 4, 2010 when applications for the Crisis phase may be made. LIHEAP Crisis helps households who are in danger of having their heating source disconnected or are running out of heating fuel.

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Cinema 2—Hold Over
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Cinema 3—Hold Over
NEW MOON (PG-13) Mon-Sun: 7:00-9:30; Fri: (4:20) 7:00-9:30; Sat-Sun: (1:45-4:20) 7:00-9:30

Cinema 4—Hold Over
NINJA ASSASSIN (R) Mon-Sun: 7:15-9:30; Fri: (4:30) 7:15-9:30; Sat-Sun: (2:15-4:30) 7:15-9:30

Cinema 5—Hold Over
EVERYBODY'S FINE (PG-13) Mon-Sun: 7:05-9:25

Cinema 6—Hold Over
FANTASTIC MR. FOX (PG) Fri: (4:10); Sat-Sun: (2:00-4:10)

Cinema 7—Hold Over
NEW MOON (PG-13) Mon-Sun: 6:45-9:15; Fri: (4:05) 6:45-9:15; Sat-Sun: (1:30-4:05) 6:45-9:15

Cinema 8—Hold Over
THE BLIND SIDE (PG-13) Mon-Sun: 6:50-9:25; Fri: (4:20) 6:50-9:25; Sat-Sun: (1:45-4:20) 6:50-9:25

Cinema 9—Starts Friday, Dec. 11
THE PRINCESS AND THE FROG (G) Mon-Sun: 7:00-9:20; Fri: (4:20) 7:00-9:20; Sat-Sun: (2:00-4:20) 7:00-9:20

Cinema 10—Hold Over
OLD DOGS (PG) Mon-Sun: 7:15-9:30; Fri: (4:30) 7:15-9:30; Sat-Sun: (2:15-4:30) 7:15-9:30

Cinema 11—Hold Over
A CHRISTMAS CAROL (PG) Mon-Sun: (7:05-9:25); Fri: (4:25) (7:05-9:25); Sat-Sun: (2:05-4:25) 7:05-9:25

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Viewpoint

Worth Repeating ...

Nobody realizes that some people expend tremendous energy merely to be normal.

— Albert Camus

Amendment 1
Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Guest View Get on with it

The U.S. Food and Drug Administration seems paralyzed by the controversial chemical bisphenol A. On Monday, the agency blew its own self-imposed deadline for issuing a ruling on the safety of the ubiquitous chemical, which is found in thousands of household products and has been linked to an array of diseases. The FDA is taking more time to have its scientists analyze studies of the chemical's effects.

The FDA has all the evidence it needs to support a ban — at least in products intended for children. We're puzzled by the foot-dragging. BPA, a \$6 billion-a-year business, is found in everything from the lining of metal food containers to hardened plastics to teeth sealants. Bills are pending in Congress that would ban the chemical, and in the absence of FDA action, Congress should move ahead with the legislation.

The FDA has not covered itself in glory. Last year, the agency concluded that the chemical was safe for all uses, basing the decision on two studies bought and paid for by BPA makers and allowing chemical industry lobbyists to help write the ruling. The industry, of course, is hell-bent on persuading consumers that BPA is as safe as mountain spring water, employing many of the same tactics used by the tobacco industry to sow doubt. The industry even considered having a pregnant woman vouch for the chemical's safety.

Under pressure, the FDA's science board did the right thing and forced a review of the agency's findings.

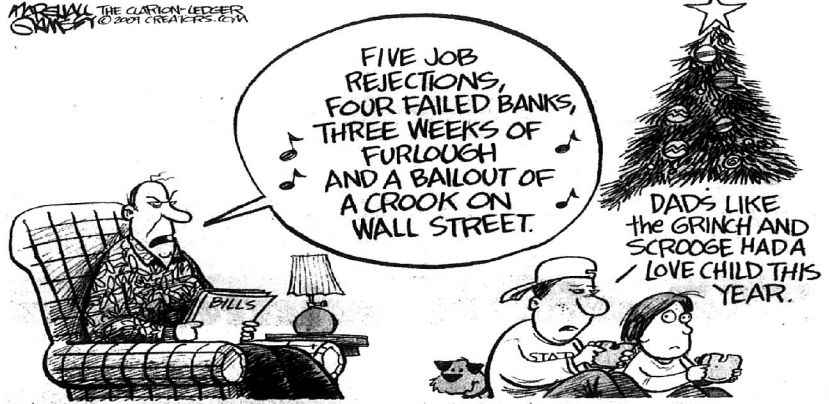
Advocates for a ban saw the delay as a positive sign, concluding that the FDA had planned to confirm its previous ruling, which wouldn't need additional time. But we believe that any delay is harmful. There is too much evidence that BPA is hurting people.

Tests on lab animals have found links between BPA and breast and prostate cancers, diabetes, heart disease and behavioral disorders. A recent Kaiser Permanente study of Chinese factory workers found that those exposed to large amounts of the chemical were far more likely to experience sexual dysfunction. Other tests, including those conducted on behalf of the Journal Sentinel, have found that the chemical leaches out of even some food cans labeled "BPA free." It is found in the urine of 93 percent of Americans tested.

The FDA — or Congress — should ban the chemical. In the interim, the FDA should issue a public health warning and order mandatory labeling of food cans and a ban of the use of polycarbonate plastic for food containers. Further delay is pointless.

— The Milwaukee Journal Sentinel

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Guest Column

House week in review

by REP. HUBERT COLLINS

Knowledge is power. That is why it is so important in our discussions about energy to listen to those who are most knowledgeable when assessing which fuel can best meet our future energy needs. The answer, at least in the foreseeable future, is fossil fuel, according to leading scientists like Rodney Andrews with Kentucky's Center for Applied Energy Research.

If we choose not to listen to Andrews and those like him, we could face serious consequences in our economy and energy markets—particularly when it comes to proposed Cap and Trade legislation pending in Congress.

What could happen under Cap and Trade?

Kentucky cooperative customers could see their electrical bills increase 26 to 65 percent, the second-highest rate nationally behind Utah's maximum 70 percent. Average monthly bills could go up \$27 to \$68, based on a projected tax of \$20 to \$50 per metric ton of carbon dioxide emissions, according to the National Rural Electric Cooperative Association.

By 2030, the legislation is expected to cost at least 41,000 Kentucky jobs. Low-income households would be especially hard hit as well as manufacturing, which consumes a third of

all power.

A Heritage Foundation study that considers the reduction in GDP in its calculations found that Cap and Trade would cost the average family \$1,870 per year by 2020, rising to \$6,800 by 2035.

Companies that are forced to participate would ultimately pass on the cost of the program to consumers. The Congressional Budget Office estimate the price increase resulting from a 15-percent cut in greenhouse gas emissions would cost the average household between 1.7 percent and 3.3 percent of its after tax money every year. As business suffers, more jobs would be shipped to countries like China and India that have less stringent emission standards.

As a state lawmaker from a coal region who has a keen interest in energy issues, I have a unique opportunity to protect our state's coal industry and work against harmful proposals like Cap and Trade. The skyrocketing federal deficit that now has the White House's attention has hopefully taken care of the proposal in the short-term, but we can never be too careful.

That is why I will continue to work to develop our coal industry and hold a practical and common-sense dialogue with public and private leaders about the role of coal in America's energy future.

We have already come a long way, from our 2006 bid for federal FutureGen zero-emission plant to the state's comprehensive energy bill passed in special session in 2007 that provides incentives for coal develop-

ments and an emphasis on energy research. 2008 brought new developments with the General Assembly's passage of HB 2, which provides incentives and loans for small business energy efficiency to encourage short-term improvements to spur long-term savings and investment.

Working together, we can do even more to increase knowledge about coal.

We can make sure our schools make Science, Technology, Engineering and Math education and pre-K critical thinking a crucial part of their curriculum. We can make sure we have the infrastructure that will allow energy resources to get to market by road, rail and river. We can keep our P-16 education system coordinated so that research at our universities can be used by middle school career track programs to create better skilled Kentuckians and bring better paying jobs to the state. We can develop better workforce development programs that prepare textile mill and auto plant workers for energy jobs. And, we can develop economic development strategies that focus not only on core companies, but on small businesses and support industries built around communities, similar to Toyota's effect on communities other than Georgetown where the state's Cumby plant is located.

The end result? We will do our part to protect coal—our state's and nation's leading resource in electricity production both now and for the foreseeable future.

Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times. In accordance with our editorial policy, all letters must include the signature, address and telephone number of the author. The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objection-

able. Letters should be no longer than two type-written pages, and may be edited for length or clarity. Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky 41653.

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A5

District 12 snowfighters ready for early test

PIKEVILLE — The season's first snowfall over the weekend found Highway District 12's snowfighters ready to go.

The salt domes were full, equipment was calibrated, and the duty rosters finalized. More than 200 road maintenance specialists in Highway District 12 were ready when forecasts on Friday indicated snow before Saturday morning.

The first snowfall of winter 2009-10 started in the district's southern counties — Letcher, Pike, and Knott — spreading eventually to Floyd and Martin.

As of 8:30 a.m. Saturday, Johnson and Lawrence counties had no measurable precipitation. Sam Hale, PE, Engineering Branch Manager for the southern counties (Letcher, Knott, and Pike) had crews out on Friday afternoon pre-treating roads with brine so that snow removal today would be easier.

Last year was almost the opposite. "We were tested to the very limits last year," said Darold Slone, PE, Engineering Branch Manager for the district's northern counties (Lawrence, Johnson, Martin, and Floyd). "Our crews in Johnson, Martin, and Floyd counties were especially challenged during the ice storm in January. During our training this year we kind of decided that if we could get through last year, we could deal with just about anything."

Of course Slone says the crews don't try to tempt fate. "We are prepared. Everyone has hands-on training with the equipment as well as lecture and video training in safety, how to use materials efficiently, and how to use our time and resources effectively. We don't just wait around for something to happen and then figure out what to do."

"We take snow and ice response seriously," Chief District Engineer Kevin Damron said. "Highway safety is an essential function of the Transportation Cabinet, and our crews are prepared to meet that mandate by keeping our roads as safe as possible during bad weather." Damron reminded residents that roads are treated using a priority sys-

tem that is based on a road's average daily traffic and whether or not the highway is a main artery to emergency vehicles and first responders.

District maintenance crews are responsible for almost 1900 miles of roadway in Lawrence, Johnson, Martin, Floyd, Knott, Pike, and Letcher counties. Running all those routes one time during a snowstorm is nearly the same as a non-stop trip from Paintsville to Seattle. And the roadways may be run several times in the life of a single 1- to 3-inch snowfall.

The district started this snow and ice season with 22,451 tons of salt in storage as well as 52,094 gallons of calcium chloride and 297 bags of calcium pellets. The district makes its own brine for pre-treating, with 62,462 gallons already on hand before this first snow event.

In September, heavy equipment operators competed in the district's annual Snow and Ice Roader, testing their skills with a snow plow, low boy, and backhoe. Tim Kendrick of Shelbyana Maintenance in Pike County won "Rookie of the Year" honors in that competition as well as first place in the Low Boy contest. Brian Whitaker of Letcher County Maintenance won first place honors in the snowplow division. Knott County's Mark Trent earned top place in the backhoe contest, and Martin Wright of Lawrence County was the overall winner.

In October everyone who is part of the district's snow and ice response team, including dispatchers, inventory control analysts, mechanics, traffic signal technicians, and members of the district's sign crew, participated in required annual training.

In conjunction with the training, equipment operators celebrated their salt-spreading equipment, putting trucks through a 300-foot test run to make sure spreaders distribute the correct amount.

"Last year, Damron said, "we spent a little over \$3.1 million on snow and ice response. That includes \$1.18 million in labor costs, \$985,000 in equipment and contract truck cost, and

\$958,000 to purchase materials. Last year salt prices averaged \$68.16 per ton statewide. This year the statewide average is expected to be \$70.12. "We already have on hand more salt and liquid calcium chloride than we used last year," he pointed out. "Our materials were ordered months ago. We plan almost a year in advance to make sure that we avoid any affect that a possible nationwide materials shortfall could have on our roads."

The district has a fleet of 79 snow plows, 80 trucks, 17 motor graders, 51 tailgate spreaders, and 27 hopper spreaders including three one-on spreaders. In addition, there are 13 prepaid contract trucks available for every weather event, four each in Pike and Floyd counties, 2 in Letcher, and one each on Martin, Knott, and Lawrence.

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Roads across Highway District 12 were a slippery mess following Saturday's snowfall, but highway workers were prepared with salt and equipment.

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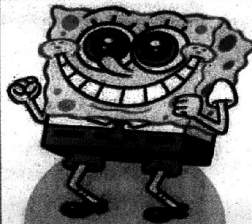
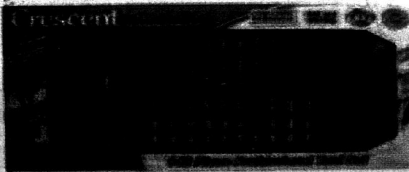
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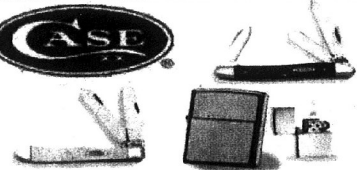
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The Floyd County Farm Bureau was recognized for outstanding membership and program achievement during the recent 90th Kentucky Farm Bureau annual meeting in Louisville. Here, Eddie Akers, center, accepts the award from David S. Beck, right, Kentucky Farm Bureau executive vice president and Bradley R. Smith, executive vice president of Kentucky Farm Bureau Insurance Companies during a December 4 recognition and awards program.



The Floyd County Farm Bureau was recognized for its women's program with the 2009 Gold Star Award of Excellence, during the recent Kentucky Farm Bureau annual meeting in Louisville. Here, Christa Akers, Floyd County Farm Bureau women's committee chair, accepts the award from Frieda Heath, Kentucky Farm Bureau state women's chair, during a December 4 recognition and awards program.

Being 'green' just requires common sense

To Don Colliver, the idea of "going green" mainly means making the most of what we already have — meaning that saving both energy and money is simple and easily accomplished.

"It sounds real simple, but turning stuff off can save a lot of money," said Colliver, a professor of biosystems and agricultural engineering at the University of Kentucky.

"Leaving lights on all night long for reasons other than home security doesn't make a whole lot of sense, from the perspectives of saving money and saving energy," he added.

"How many times do we go to bed at night or leave the house to go to work and leave on lights or radios or televisions? All we do is burn electricity needlessly, and that throws away money," he said.

Colliver has solid expertise

in homes and energy. In October, he finished an 18-month stint as one of two advisers to a UK student team that designed and built a prototype of an energy-saving and energy-producing home. The UK team, comprised of students in the colleges of Agriculture, Engineering and Design, placed ninth out of 20 models that competed in Washington, D.C., in the 2009 Solar Decathlon.

So when he says saving energy and money just requires some changes in habits, he knows what he's talking about.

"Sometimes we leave our chargers for cell phones and other devices plugged in. Those chargers are still using power, even if they aren't connected to a device," Colliver said.

"Those 'phantom loads' can

add up on an electricity bill, and all they're doing is wasting power," he said.

Other unnecessary uses of power involve furnaces and water heaters.

"It's been estimated that a water heater uses one-third of the power consumed by a home every year. It wouldn't hurt to ask yourself whether you need your water heated as high as you have it," Colliver said.

It also makes sense — and cents — to turn down the furnace's thermostat.

"Wear sweaters in the house. I'm not saying you should be able to see your breath, but you probably don't need your house heated to 70 degrees in winter months," Colliver said.

Inspecting the house for drafts also is a good idea. "On a windy day, look to see if

your curtains or shades are moving. If they are, you may have some infiltration of outside air, and that's going to make your furnace work harder than it needs to," he said.

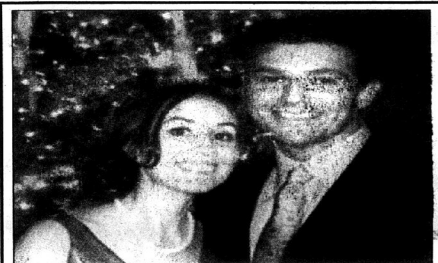
Some frequently unsuspected places where outside air sneaks in is along the bottom of exterior doors.

"Put towels or draft-doggers underneath doors to block those drafts," Colliver said.

Another way to trim electricity usage involves dish-washing machines.

"Turn off the drying cycle. Let dishes air-dry," Colliver said.

"Conservation really is the easiest and smartest way to save energy and money. You can call it being green, or just basic sense," Colliver said.



Mr. and Mrs. Arnold Turner Jr., of Prestonsburg, are pleased to announce the upcoming marriage of their son, James Ryan Turner, to Jordan Ann Dallas, daughter of Mrs. Jacqueline Herrington and Mr. Stephen Dallas, of Hebron, Kentucky.

The ceremony will be held on December 19, 2009, in Covington, Kentucky. Both the bride and groom are 2008 graduates of Salmon P. Chase College of Law at Northern Kentucky University. After a honeymoon in the U.S. Virgin Islands, they plan to reside in Pikeville, Kentucky.

An open reception for the couple will be held in early January, 2010, at the Allen Baptist Church, to allow all friends and relatives to share in the joy of this sacred union.

IRS offers tips for year-end donations

INDIANAPOLIS - Individuals and businesses making contributions to charity should keep in mind several important tax law provisions that have taken effect in recent years.

Some of these changes include the following:

Special Charitable Contributions for Certain IRA Owners

This provision, currently scheduled to expire at the end of 2009, offers older owners of individual retirement accounts (IRAs) a different way to give to charity. An IRA owner, age 70½ or over, can directly transfer tax-free up to \$100,000 per year to an eligible charity. This option, created in 2006, is available for distributions from IRAs, regardless of whether the owners itemize their deductions. Distributions from employer-sponsored retirement plans, including SIMPLE IRAs and simplified employee pension plans, are not eligible.

To qualify, the funds must be contributed directly by the IRA trustee to the eligible charity. Amounts so transferred are not taxable and no deduction is available for the transfer.

Not all charities are eligible. For example, donor-advised funds and supporting organizations are not eligible recipients.

Amounts transferred to a charity from an IRA are counted in determining whether the owner has met the IRA's required minimum distribution. Where individuals have made nondeductible contributions to their traditional IRAs,

a special rule treats transferred amounts as coming first from taxable funds, instead of proportionately from taxable and nontaxable funds, as would be the case with regular distributions.

Rules for Clothing and Household Items

To be deductible, clothing and household items donated to charity generally must be in good used condition or better. A clothing or household item for which a taxpayer claims a deduction of over \$500 does not have to meet this standard if the taxpayer includes a qualified appraisal of the item with the return. Household items include furniture, furnishings, electronics, appliances and linens.

Guidelines for Monetary Donations

To deduct any charitable donation of money, regardless of amount, a taxpayer must have a bank record or a written communication from the charity showing the name of the charity and the date and amount of the contribution. Bank records include canceled

checks, bank or credit union statements, and credit card statements. Bank or credit union statements should show the name of the charity, the date, and the amount paid. Credit card statements should show the name of the charity, the date, and the transaction posting date.

Donations of money include those made in cash or by check, electronic funds transfer, credit card and payroll deduction. For payroll deductions, the taxpayer should retain a pay stub, a Form W-2 wage statement or other document furnished by the employer showing the total amount withheld for charity, along with the pledge card showing the name of the charity.

These requirements for the deduction of monetary donations do not change the long-standing requirement that a taxpayer obtain an acknowledgment from a charity for each deductible donation (either money or property) of \$250 or more. However, one statement containing all of the required information may meet both requirements.

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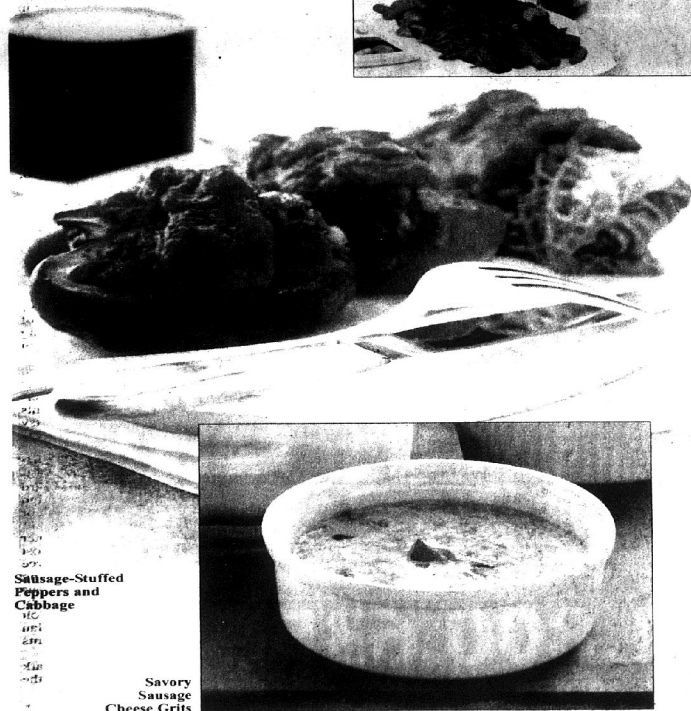
FAMILY FEATURES

There's nothing like a house full of family and friends for the holidays. Whether you need to wake the family to a delicious breakfast or feed a hungry crowd after a busy day of shopping, keep things simple with some tasty shortcuts from Food Network Star Sandra Lee.

"The holidays are too short for from-scratch recipes," says Sandra Lee. "You want to be with your family and friends, instead of being stuck in the kitchen." That's easy to do with recipes from her books, "Sandra Lee Semi-Homemade Weeknight Wonders" and "Sandra Lee Semi-Homemade Money Saving Slow Cooking."

These recipes take advantage of flavorful Johnsonville sausage, so you don't need to spend time or money getting extra spices or seasonings for your dishes.

For more recipes to make your holidays sensational and semi-homemade, visit www.johnsonville.com or www.SandraLee.com.



Sausage-Stuffed Peppers and Cabbage

Savory Sausage Cheese Grits

Sausage-Stuffed Peppers and Cabbage

Prep Time: 20 minutes
Bake Time: 1 hour
Makes 6 servings

- 8 large cabbage leaves
- 1 medium red bell pepper
- 1 medium green bell pepper
- 1 package (16 ounces) Johnsonville Italian All Natural Ground sausage (mild variety)
- 1 pound lean ground beef
- 1/2 cup converted rice
- 1 cup frozen chopped onions, thawed
- 1 packet (1.5 ounces) meat loaf seasoning
- 1 packet (0.5 ounce) pesto sauce mix
- 2 eggs
- 1 jar (26 ounces) pasta sauce
- 2 cans (14.5 ounces each) diced tomatoes with green peppers, celery and onion

Preheat oven to 350°F. Place cabbage leaves in large bowl and cover with boiling water; set aside to wilt. Cut red and green bell peppers into fourths through the stem ends. Remove seeds and membranes; set aside.

In large bowl, stir together sausage, ground beef, uncooked rice, onions, meat loaf seasoning, pesto mix and eggs; set aside. Spoon 1/4 cup meat mixture onto bell peppers. Place peppers in a 9 x 13-inch pan, alternating colors and leaving a space for the cabbage rolls.

Remove cabbage leaves from water and cut off the thickest part. Spoon 1/4 cup meat mixture onto center of each leaf. Fold over sides and roll up. Place cabbage rolls between the peppers (use an additional pan if necessary).

In small bowl, stir together pasta sauce and diced tomatoes. Pour over peppers and cabbage. Cover with foil and bake in preheated oven for 1 hour. Serve hot.

Recipe from "Sandra Lee Semi-Homemade Weeknight Wonders" by Sandra Lee.

Savory Sausage Cheese Grits

Prep Time: 15 minutes
Bake Time: 15 minutes
Makes 4 servings

- No-stick cooking spray
- 4 Johnsonville Breakfast Sausage Links (original variety)
- 2 cups milk
- 3/4 cup condensed cheddar cheese soup
- 4 packets (1 ounce each) instant grits
- 1/2 cup frozen chopped onions
- 1/2 cup crumbled bacon
- 1/2 cup shredded cheddar-Jack cheese
- Salt and ground black pepper
- 4 tablespoons butter, cut into tiny pieces

Preheat oven to 350°F. Spray four 4-inch ramekins with cooking spray; set aside.

In medium skillet, over medium heat, cook breakfast sausage, cutting into small pieces. Remove from heat and drain fat; set aside.

In large bowl, whisk together milk and soup. Add grits and whisk until smooth. Stir in onions, bacon, cheese and sausage. Season with salt and pepper. Spoon mixture into prepared ramekins and top each with 1 tablespoon of butter pieces. Place ramekins on a baking sheet. Bake in preheated oven for 15 to 17 minutes or until heated through.

Recipe from "Sandra Lee Semi-Homemade Weeknight Wonders" by Sandra Lee.

Sweet Italian Meatball Pasta

Prep Time: 25 minutes
Cook Time: 3 to 4 hours (Low)
Makes 8 servings

- For Meatballs
- 1/2 pound ground beef
- 8 ounces Johnsonville Italian All Natural Ground sausage (sweet variety)
- 1/4 cup frozen seasoning blend
- 1 egg
- 3 tablespoons Italian-style bread crumbs
- 2 teaspoons dried Italian seasoning
- 2 teaspoons chopped garlic
- 1 1/2 teaspoons hamburger seasoning

- For Pasta and Sauce
- Canola oil cooking spray
- 1 jar (24 ounces) Cabernet marinara sauce
- 2 cups beef broth
- 1 1/2 cups water
- 1 pound dried gemelli pasta
- Shredded Parmesan cheese (optional)

For meatballs, preheat broiler. Line 2 baking sheets with aluminum foil; set aside. In large bowl, mix together ground beef, sausage, seasoning blend, egg, bread crumbs, Italian seasoning, garlic and hamburger seasoning until well combined.

Shape meat mixture into 1-inch balls. Place, evenly spaced, on prepared baking sheets. Broil meatballs 4 to 6 inches from heat for 8 to 10 minutes or until browned, turning once.

For pasta and sauce, coat a 5-quart slow cooker with cooking spray. Pour marinara sauce, beef broth, and water into slow cooker. Add meatballs and gemelli pasta; carefully stir until combined.

Cover and cook on Low heat setting for 3 to 4 hours. Sprinkle with Parmesan cheese (optional). Recipe from "Sandra Lee Semi-Homemade Money Saving Slow Cooking" by Sandra Lee.

Breakfast Pizza

Prep Time: 10 minutes
Cook Time: 10 minutes
Makes 4 servings

- 4 eggs, lightly beaten
- 2 tablespoons butter
- 2 (8-inch) pizza crusts
- 1 tablespoon extra virgin olive oil
- 2 cups shredded Jack cheese blend
- 4 Johnsonville Original Breakfast Sausage Patties, fully cooked and crumbled
- 1/4 cup shredded Parmesan
- 1 medium tomato, diced
- 1 teaspoon Italian seasoning

Set up grill for direct cooking over medium heat. Oil grate when ready to start cooking.

In medium pan over medium heat, scramble eggs in butter; set aside.

Lay out pizza crusts and brush each with oil. Top with eggs, cheese, crumbled sausage, Parmesan, tomatoes and Italian seasoning.

Slide onto hot oiled grill and cook, covered, 8 to 10 minutes or until cheese has melted and begins to bubble.

Serve hot, cut into wedges.

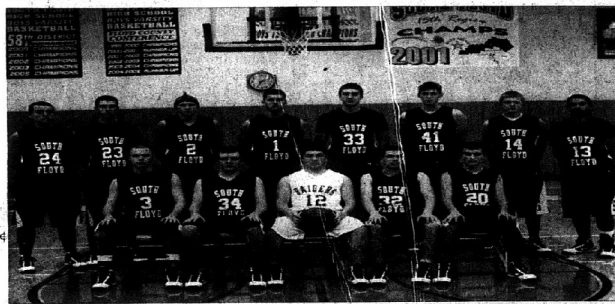
INDOOR: Preheat oven to 450°F. Prepare pizza as directed. Bake in preheated oven for 8 to 10 minutes or until cheese is melted and begins to bubble.

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www.floydcountytimes.com

FLOYD COUNTY Sports

ALC honored
• A10



RAIDER BALL

The South Floyd High School boys' and girls' basketball teams are looking to make moves in the 58th District.



P'burg drops home game to Harlan County

Burchett nets 19 points for Blackcats

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG — Prestonsburg dropped a home game to Harlan County Monday evening. The visiting Black Bears secured an early lead and managed to remain out in front of 15th Region member Prestonsburg, winning 60-44.

Harlan County improved to 3-0 after posting the win. Prestonsburg, following the loss, fell to 0-3. The Blackcats dropped games to Clay County and Pikeville last week. Prestonsburg was without several players deep into the pre-season following another extended football postseason.

Senior guard Kyle Hogue led Harlan County past Prestonsburg, Hogue — one of the 13th Region's most underrated players — paced Harlan County with a game-high 21 points. The Harlan County guard also hauled in nine rebounds.

Harlan County led Prestonsburg at the conclusion of each quarter. The Black Bears outscored Prestonsburg 15-7 in the first quarter and carried a 36-22 lead into the intermission.

The Blackcats gained some ground on Harlan County in the third quarter but couldn't move out in front of the Black Bears. Harlan County finished strong, outscoring Prestonsburg 14-11 in the fourth quarter.

Harlan County connected on 24-of-54 shots from the field. The Black Bears were 7-of-12 from the free throw line.

Senior guard Michael Burchett, fresh off a record-setting performance on the gridiron less than two weeks earlier, led Prestonsburg with a team-high 19 points and seven rebounds. Will Allen scored 12 points and Warren Blackburn added seven for the Blackcats. Corey Carter scored four points and Zak Key added two for the Jack Paek-coached Prestonsburg team.

Prestonsburg committed 15 turnovers in the setback. The Blackcats were 8-of-19 from the free throw line.



Rebels rout Riverside Christian

Stumbo hits five three-pointers for Allen Central

by STEVE LeMASTER
SPORTS EDITOR

EASTERN — Allen Central shook off a 58th District/Floyd County Conference loss to Betsy Layne in convincing fashion Saturday. After falling to district frontrunner Betsy Layne one day earlier, Allen Central rolled past Riverside Christian 96-37 in the friendly confines of J.E. Campbell Arena.

Allen Central moved to 1-2 after opening the season with back-to-back losses.

Senior Chris Stumbo hit five three-pointers and scored a game-high 21 points for the Rebels. Justin Jackson followed with 18 points for the Rebels. Braxton Tackett tossed in 14 points and Micah Harlow added 13 for Allen Central, which featured 10 different scorers.

Allen Central outscored Riverside Christian 25-8 in the first quarter and led 50-15 at the intermission.

The Rebels were successful from long-range, connecting on 11 three-point field

goals. "It was a good game to bounce back from after the disappointing loss to Betsy Layne on Friday night," Allen Central Coach Mark Martin said. "We just simply did not guard and play well Friday night. Saturday, the kids came out and carried themselves in a positive and structured way, in the win over Riverside."

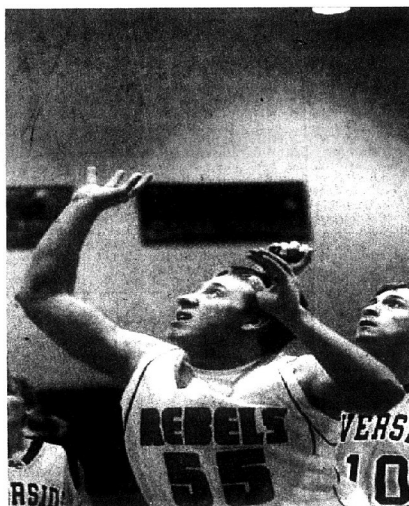
Allen Central added distance between itself and Riverside Christian in the third quarter, outscoring the Rams 22-6. Various Allen Central players enjoyed plenty of playing time.

"Each of our players played, the starters saw limited action and it was a good day for the younger players to get some varsity experience," Martin added. "I think this is going to be a good group before the season is over with. The more games we get under their belts is going to help."

Jared Robinson led Riverside Christian with a team-high 11 points. Jeremy Southwood, Thomas Herald and Chris Hudson added six points apiece for the Rams.

Above: Senior Chris Stumbo (11) led Allen Central past visiting Riverside Christian.

Below: Micah Harlow (55) was another leader for the Rebels.



Bobcats beat Allen Central

by STEVE LeMASTER
SPORTS EDITOR

BETSY LAYNE — Betsy Layne fended off its first 58th District/Floyd County Conference challenge of the 2009-10 season Friday evening, defeating Allen Central 73-47 at the Dome.

The Bobcats owned a lead at the end of each quarter, steadily pulling away from the visiting Rebels. Betsy Layne led 15-10 at the end of the first quarter. The Bobcats owned the second quarter, outscoring Allen Central 26-14 to lead 41-24 at the intermission.

Nathan Martin scored a game-high 18 points for the Bobcats. Stephen Johnson scored 11 points and Jordan Newman added eight as Betsy Layne won and moved to 3-0.

Adam Howell and Bryce Adkins added seven points apiece for the Bobcats.

Thirteen players broke into the Betsy Layne scoring column.

After allowing Allen Central to chip one point off the halftime lead, Betsy Layne finished strong. The Bobcats doubled up Allen Central 20-10 in the fourth quarter.

Senior Chris Stumbo paced Allen Central with 15 points. Braxton Tackett followed with 11 points for the Rebels. Chad Nelson netted eight points while Micah Harlow and Justin Jackson tossed in four each.

Allen Central slipped to 0-2 after the loss.

In the girls' game, Betsy Layne rolled past Allen Central 63-38. More on the Betsy Layne-Allen Central girls' game will appear in Friday's edition.

Betsy Layne 73, Allen Central 47.
Allen Central (0-2) - Harlow Stumbo 15, Tackett 11, Dingus Nelson 8, Cole 1, Goble Jackson 4.

Betsy Layne (3-0) - B. Adkins 7, Tackett 2, Martin 18, Newman 8, C. Adkins 1, Stumbo Maldonado 4, Howell 7, Johnson 11, Reznick 2, Roberts Newsome 2, Z. Tackett 2.
ALC.....10 14 13 10-47
BL.....15 26 12 20-73

Betsy Layne shuffles Cards

BETSY LAYNE — Betsy Layne stayed at least a couple of possessions ahead of visiting Sheldon Clark throughout Thursday night's early-season game. The Bobcats outscored Sheldon Clark 16-13 in the first quarter and led 32-22 at the intermission before finishing 10 points out in front of the Cardinals. Betsy Layne defeated Sheldon Clark 74-61.

Nine different Betsy Layne players entered the scoring column. Junior guard/forward Nathan Martin netted a team-high 20 points for the Bobcats. Senior guard Adam Howell scored 11 points and junior forward/center Casey Adkins added 10 for host Betsy Layne. Senior guard Bryce Adkins, Betsy Layne's leading scorer in a season-opener versus Magoffin County, added eight points. Senior forward/center Cole Stumbo and junior guard Dylan Maldonado scored six points apiece for the Bobcats.

Betsy Layne led Sheldon Clark 32-26 at the conclusion of the first quarter.

BJ Moore paced Sheldon Clark with a game-high 25 points.

Compton leads Lady Bears over Alice Lloyd

Power forward scores 27 points, Pikeville women roll past Lady Eagles

TIMES STAFF REPORT

PIPPA PASSES — Junior forward Whitnee Compton matched her career high with 27 points to lead Pikeville College to a 92-66 win over Alice Lloyd on Thursday night in the

her 27 markers. The win improved the Lady Bears to 5-3 on the season and gave them a sweep of the three-game series this season with the Lady Eagles.

The game was tight early, with the teams trading the lead in the first half that ended with Pikeville holding a 37-35 advantage. But the second half was all Lady Bears, as the guests built a lead that would reach 30 (88-58) late in the contest before they settled for the 26-point win.

Compton, a 6-1 power forward who is also an all-conference pitcher on the softball team, proved her game is not tied to the post on Thursday. The Haysi, Va. product hit 5-of-6 from the three-point arc en route to

Nov. 8, 2008, when she helped her team to a 97-92 overtime win over Brescia University.

Alice Lloyd had three starters in double figures, led by junior point guard Bree Frazier's 18. The Louisiana product also had six assists, three steals and a blocked shot. Sophomore Gemma Gray finished with 16, hitting 4-of-6 from the arc, while junior Chelsea Jarrell, a transfer from Pikeville, scored 11 points and pulled down five rebounds against her former teammates.

Junior Lakkia Bailey came off the bench to toss in 14 points, while senior Alexis Johnson tossed in 10 thanks to 7-of-9 shooting from the free throw line and sophomore Megan Mosley enjoyed a 10-point, seven-assist, no-turnover night in 22 minutes in her return to her native Knott county.

Compton last had 27 points on

Nov. 8, 2008, when she helped her team to a 97-92 overtime win over Brescia University.

Alice Lloyd had three starters in double figures, led by junior point guard Bree Frazier's 18. The Louisiana product also had six assists, three steals and a blocked shot. Sophomore Gemma Gray finished with 16, hitting 4-of-6 from the arc, while junior Chelsea Jarrell, a transfer from Pikeville, scored 11 points and pulled down five rebounds against her former teammates.

A10 • PC-ALC Men's Basketball

ALC named Champions of Character Institution

TIMES STAFF REPORT

PIPPA PASSES — Rob Haworth of the National Association of Intercollegiate Athletics (NAIA) has announced that Alice Lloyd College has been named by the NAIA Character Integration Committee and the National Office as a NAIA Champions of Character Institution for 2008-2009.

The NAIA Champions of Character program, which is unique to NAIA colleges, honors schools who create an environment in which every NAIA student athlete, coach, official, and spectator is committed to the true spirit of competition through five core tenets. These tenets are: Respect, Integrity, Responsibility, Servant Leadership and Sportsmanship.

To be eligible for consideration, student-athletes and coaches at Alice Lloyd were

expected to exhibit certain qualities. They were observed on the demeanor in which they conducted themselves during sporting events. They also were encouraged to participate in community service projects. In each of these areas, they far exceeded the requirements. Some examples of their service include the following:

Members of cheerleading squad participated in Dr. Seuss Reading Day at McDowell Elementary.

Members of various squads helped in the distribution of Christmas gifts to grade school children.

Members of the baseball team assisted with a two day Rural Medical Area (RAM) health care program that helped 720 patients receive medical care they would not have been able to afford.

Basketball players presented a sportsmanship program at Hindman Elementary where they stressed the importance of

both education and conducting oneself the correct way both on and off the court.

"We are once again excited to have received a certificate in recognition of this prestigious honor," ALC Dean of Students, Scott Corbett commented. "Our school has been fortunate enough to have been named a recipient of this award each year since its inception. I do not know the exact number of colleges that have done that, but I believe that this is not something that many schools can say."

"It is a reflection on our coaches and our athletes that we have been able to win this award," ALC Director of Athletics Gary D. Stepp added. "It demonstrates the level of commitment our school has toward producing quality student athletes who are positive role models. We take pride in receiving this award, and hope to repeat it next season."



ALLEN CENTRAL RUNNIN' REBELS

MICAH HARLOW (55), TYLER COLE (44) AND BRAXTON TACKETT (42) were all active on the offensive end for Allen Central Saturday during a home game versus Riverside Christian.



Lady Bears hold off Morris

TIMES STAFF REPORT

PIKEVILLE — Pikeville College forced 25 turnovers for a poor shooting night and several turnovers of its own in a 66-59 win over Morris (S.C.) College Friday night.

The win came on the heels of a Thursday-night win on the road at longtime rival Alice Lloyd. Unlike that win, which saw the Lady Bears do most everything well, Friday's game was more of a struggle.

Pikeville (6-3) won despite shooting only 39.7 percent from the field and 12.5 percent from the arc. On top of that, the Lady Bears hit a mere 48.6 percent from the stripe and turned the ball over 23 times.

Morris (2-8), however, struggled from the field as well. The Hornets hit only 32.9 percent overall and 21.7 percent from the arc. They won the rebounding battle, however, 50-47.

Sophomore Megan Mosley led the Lady Bears with 18 points while pulling down six rebounds. In addition, the Emmalena product had three steals and three assists.

Junior Whitney Compton, fresh off matching her career-high in scoring on Thursday, turned in a double-double, scoring 16 points and pulling down 13 rebounds, five of which were off the offensive glass.

Junior Natiera Hinton, the nation's leader in scoring, strug-

gled from the field and finished with only six points. But she offset that with 11 rebounds, four off the offensive glass; to go with four blocked shots, three assists and two steals.

Morris was led by Staci Holmes, who finished with 18 points and four assists, Erica Wilkerson, tossed in 15 and grabbed eight rebounds, while Tyeshia Eaddy finished with 12.

Shaniqua Campbell led the Hornets on the glass, pulling down 11 rebounds.

Pikeville will play host to OSU-Mansfield in the opening game of the Farm Bureau Classic at the East Kentucky Expo Center, slated for a 10 a.m. opening tip.

Rose Hill boys' basketball program receives penalties

TIMES STAFF REPORT

LEXINGTON — The boys' basketball program at Rose Hill Christian School has been penalized for violations of Bylaws 10 (recruitment), 13 (financial aid), 6 (transfer rule — domestic students), 9 (other eligibility requirements and regulations), 17 (supplying information) and 1 (responsibility for eligibility), the KHSAA Board of Control announced at a special meeting on Monday at the KHSAA Office in Lexington.

Penalties include a suspension of boys' basketball program from postseason play for a period of three years (for the years 2009-10 and 2010-11), a fine of \$6,000 for violations of Bylaws 1, 6, 9, 10, 13 and 17 (\$1,000 for each occurrence), probation for three years (for 2009-10, 2010-11 and 2011-

12). In addition, at an appropriate time prior to the start of the 2010-11 school year, Rose Hill shall certify to the Commissioner and Board that the school and all of its personnel are in full compliance with KHSAA Bylaws, rules, and policies through the submission of new policies and procedures that demonstrate institutional control before Rose Hill's membership in the KHSAA is renewed. Prior to each school year starting in 2009-10, the principal and superintendent at Rose Hill must also annually submit financial aid information for approval by the KHSAA staff. There is an expectation by the KHSAA Board, staff and membership that each high school through its principal and superintendent have institutional control that ensures compliance with

the Association Constitution, Bylaws and policies," said KHSAA Commissioner Brigid DeVries. "The investigation revealed that this was not the case at Rose Hill in this situation."

KHSAA Board of Control President David Weedman stated that the penalties were fair, and allowed student athletes in the boys basketball program the opportunity to continue with regular season participation at Rose Hill. The Board was unanimous in its support, and emphasized that the principal and superintendent develop new policies and procedures at Rose Hill. Weedman state that the policies must demonstrate a thorough knowledge of all matters related to the athletics program at the school, meet to their membership renewal for the 2010-11 school year.

Bears leap into Top 10 at No. 9

TIMES STAFF REPORT

PIKEVILLE — Kelly Wells knew his team had played well the first month of the season. Perhaps even he didn't realize how well it would be received nationally.

The first regular-season NAIA Div. I poll was released Monday afternoon and the Pikeville College Bears found themselves in the nation's Top 10, ranked ninth in the country with an 8-1 record.

Pikeville's lone loss came last Wednesday to a talented King College team. The Tomado, making the move to NCAA Div. II, also enjoyed a win over Mid-South Conference member University of the Cumberlands last week.

The Bears are in the Top 10 nationally in six statistical categories, led by a shooting percentage of 52.2 percent which has them fourth, and a scoring margin of 28.33, which is fifth. Four Bears are averaging double figures in scoring, while six different players are shooting better than 57 percent from the field.

The No. 9 rating is the highest for the Bears in nearly

seven years. The Bears were eighth in the country in the poll released Feb. 4, 2003, when a 2-0 start to league play pushed them up seven places in the poll. The Bears ended the '02-'03 season in the national tournament, the second in a run of three visits in four years.

Pikeville led three MSC teams in the poll this week. Cumberlands moved up three places from its preseason rating and landed at No. 11 after an 8-2 start to the season. Georgetown College, however, fell 12 places to 19th. The Tigers are 7-2.

Campbellsville University fell into the "receiving votes" category. The Tigers, coached by Paintsville native Keith Adkins, are tied for 28th.

The shakeups were evident across the board from the preseason poll, released Oct. 26. In fact, only two teams — 21st-ranked Tugaloo (Miss.) College and No. 23 Life (Ga.) University — held their ground. Mountain State (W.Va.) University assumed the top spot in the poll. The Cougars are off to a 12-0 start and moved up from No. 2 in the preseason. Robert Morris (Ill.)

University went from the preseason No. 1 to receiving only eight votes after a 5-6 start to the season, including a 1-1 weekend in the Mid-South Conference. Challenge Thanksgiving weekend in Frankfort. RMU came to Frankfort with a 2-5 work-sheet.

Mountain State is followed in the Top 5 by Concordia (Calif.), Oklahoma Baptist, Oklahoma Christian, and Biola (Calif.). The rest of the Top 10 including Lindenwood (Mo.), LSU-Shreveport — which, like Pikeville, leaped into the Top 10 from outside the Top 25 in the preseason poll — Fresno Pacific (Calif.), Pikeville and Union (Tenn.).

The Bears will play only once before the release of next Monday's poll, when they play host to OSU-Mansfield at noon on Saturday. The game will be the second of the day, following a matchup between the women's teams at 10 a.m. to begin play in the annual Farm Bureau Classic at the East Kentucky Expo Center. The Dec. 14 poll will be the final one of 2009. The next rating will be issued Monday, Jan. 11.



Bears roll over Alice Lloyd

TIMES STAFF REPORT

PIKEVILLE — Ten players scored and 11 reached the glass as Pikeville College knocked off regional rival Alice Lloyd College 92-53 Saturday night in the East Kentucky Expo Center.

Alice Lloyd (2-5) scored the first seven points of the game, but by halftime Pikeville had a 17-point (39-22) lead. After recess, the Bears continued to roll, with the reserves stretching the lead by scoring 12 of the game's final 15 points to build the biggest lead of the night by the game's end. Pikeville (8-1) shot 56.5 percent from the field thanks to 62.5 percent shooting after the half. In the second half, they were 5-of-9 (55.6 percent) from the arc as well, finishing at 41.2 percent for the night.

Senior Maurice Thomas led the Bears with 19 points, hitting 8-of-11 from the floor. Senior Josh Samarco followed with 18 to go with three assists. Junior Justin Hicks finished with 15 and a game-high six assists, starting at the point for the first time this season.

Junior Andre Thornton came off the bench with a double-double, scoring 11 on 5-of-6 shooting and grabbing 10 rebounds, half of them coming off the offensive glass. Thornton, a 6-6 post, also had four assists and a pair of blocked shots.

Alice Lloyd was led by sophomore Nick Brumback's 22 points. Junior Daniel Combs followed with 10.

Pikeville will be off for Finals Week until Saturday, when it plays host to OSU-Mansfield in a noon start. The game will follow a women's game between the same teams that tips at 10 a.m., as the teams open the annual Farm Bureau Classic at the East Kentucky Expo Center.

Five Wildcats on AP All-SEC Team

TIMES STAFF REPORT

LEXINGTON — Five University of Kentucky football players were named to the AP All-Southeastern Conference team selected by members of the media for The Associated Press.

Randall Cobb, who plays wide receiver, quarterback, punt returner and kickoff returner, was chosen first team as an all-purpose player. Wildcats on the AP All-SEC second team were defensive tackle Corey Peters, linebacker Sam Maxwell and tailback/kickoff returner Derrick Locke as an all-purpose player. Offensive tackle Zipp Duncan received honorable mention status.

Cobb, a sophomore from Alcoa, Tenn., leads the team in pass receiving with 37 catches for 427 yards and four touchdowns. While

operating at QB out of the "WildCobb" formation, he has rushed for 537 yards and 10 TDs. He's also averaging 13.5 yards on punt returns and 26.5 yards on kickoff returns. He ranks second in the SEC in touchdowns, third in scoring third in punt returns and third in all-purpose yardage.

Peters, a senior from Louisville, notched 52 tackles, 11 tackles for loss, four quarterback sacks and five pass breakups. He was chosen SEC Defensive Lineman of the Week twice this season.

Maxwell, a senior from Hartwell, Ga., totaled 80 tackles, including 5.5 for loss, with his biggest value coming on his game-changing plays. He intercepted six passes, including fourth-quarter pickoffs vs. Louisville and Georgia that helped clinch victories, and

had seven pass breakups. He ranked second in the SEC in interceptions and fifth in total passes defended, rare feats for a linebacker.

Locke, a junior from Hugo, Okla., leads the team and is sixth in the SEC in rushing with 843 yards and six touchdowns. He added 25 pass receptions for 254 yards and two scores. He also leads the league in kickoff returns with a sizzling 29.6-yard average, including a 100-yard touchdown runback versus Louisville.

Duncan, a senior from Magnolia, did an outstanding job at left tackle as the blind-side protector for the UK quarterbacks. UK is averaging 193.2 yards per game, the team's best mark since 1995. UK ranks in the top 25 nationally in both rushing yardage and fewest quarterback sacks allowed.

Veterans honored at armory on Pearl Harbor Day

by JOSHUA BYERS
PUBLISHER

PRESTONSBURG

When a lack of events in Floyd County to honor area veterans became evident, local leaders moved quickly to fill the void

and Monday evening's "A Military Salute" program at the Prestonsburg Armory was the result.

Mandy Stumbo, director of the Prestonsburg Chamber of Commerce, said she had been getting calls at the Chamber

asking about events for veterans and each time it felt odd to her that there were none planned. She got with Freddie James of Prestonsburg Tourism and the two enlisted the help of Keith Caudill from the Mountain Arts Center and

Ballard Shepherd of Chapter 18 of the DAV to form a committee.

"We did this in response to a lack of events to recognize and appreciate the veterans," Stumbo said. "They deserve this and it's the first of many events."

The committee's purpose is to conduct events that show support for the military.

Shepherd was instrumental on the side of the veterans helping to coordinate the event and Stumbo said she couldn't be more appreciative.

"We can never do enough to thank them," she said.

Monday evening's program included the Presentation of Colors by the DAV Auxiliaries chapter; remarks by Prestonsburg Mayor Jerry Fannin and Judge-Executive R. D. "Doc" Marshall;

President Roosevelt's "Address to the Nation Speech" after the attack on Pearl Harbor and entertainment from Susan Scott, of the Kentucky Opry.

Fannin said he really appreciates the freedoms of living in the United States.

James read a letter from Republican Sen. Mitch McConnell in which he apologized for not being able to attend.

Marshall referenced his plans to open a veteran's cemetery and said he hoped his father, who was shot down in a B52 bomber, could be buried there.

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Marshall referenced his plans to open a veteran's cemetery and said he hoped his father, who was shot down in a B52 bomber, could be buried there.



From left, Norman Miller, spent 23 years with the Marines, Ballard Shepherd spent seven years in the Army, Sam Hopson, four years in the Navy and Claude Swiney spent two years in the Army.

Filings

To date, candidate filings include:

State Representative, 97th District
Bill Mike Runyon, Republican
Hubert Collins, Democrat

Judge-Executive
R. D. "Doc" Marshall, Democrat

Sheriff
John K Blackburn, Democrat
Steve Little, Democrat

Magistrate, District 1
Keith Stapleton
Ernest G. Burchett

Magistrate, District 2
Marie Martin Holtbrook, Democrat
Jackie Edford Owens, Democrat
Kenneth Roberts

Magistrate, District 3
German Stumbo, Democrat
Glenn Moore

Magistrate, District 4
Dean M. Hall

Constable, District 1

Ben Ferguson, Democrat
Mike Hall, Democrat
Lester Jarvis

Constable, District 2
Terry Triplett, Democrat
Samuel Duncan

Constable, District 4
Jordan Case, Democrat

Circuit Court Judge, 31st Circuit, Division 1
Johnny Ray Harris

Circuit Court Judge, 31st District, Division 1
James R. Allen

Continued from p1

Warnings

Continued from p1

been issued warnings, while several businesses have been warned in the past month.

"We've talked with two restaurants and talked with several businesses," Hall said. "At the businesses, workers have been standing just inside the back door to many places and smoking with the door open."

And Hall said there have been warnings issued to a number of people who have been found smoking inside company-owned vehicles.

"I'm seeing a lot of people smoking inside business vehicles," Hall continued. "Those have been given warnings, too."

The Prestonsburg Department of Public Safety will begin to issue citations instead of warnings beginning Jan. 1.

Dr. Don

Most well-known at the time of his death as the voice and television personality of WPRG-TV in Harold, Bevins is also remembered as both a musician and a man who knew music history better than anyone of his era.

On the sidelines of the media world since retiring following an accident that took place while filming the Kentucky Apple Festival, Bevins had not shown signs of slowing down in the years leading up to his death. With his wife of seven years, Le Hai, Bevins traveled widely and continued to attend con-

certs, such as the seven he attended to see his beloved Rolling Stones.

A graduate of Pikeville College, where he was often included on the Dean's List, Bevins followed in the footsteps of his father, Grady, and taught school for a brief time after college. In both Kentucky and Virginia he taught music appreciation before starting his radio career in Pikeville in 1972.

From that first job until his last position with WPRG-TV, Bevins dotted the region and radio stations, and was quick to tell people that he played the

greatest, in some cases before they were great.

Once settled at WPRG, Bevins joined a team focused on providing intensely local news, taking up a camera and attending meetings. During these meetings, Bevins filmed from beginning to end, rather than clips, as had been done in the past at other regional media outlets.

Bevins' funeral will be held tomorrow at 1 p.m. at Lucas and Son Funeral Home. Burial will follow at the Bevins Family Cemetery on Upper Chloe.

Continued from p1

Shooting

suspect at his home in the Red Fox community of Knott County.

"We got here, we searched the area searching for the suspect," said Trooper Chad Easterling with KSP Post 13 shortly after the suspect was apprehended. "The victim which, is a doctor, has a gun shot wound and we have the accused in custody at this time."

Mike Caudill, CEO of Mountain Comprehensive Health Corporation, told reporters that Dr. Dennis Sandlin, a physician with the clinic, was the victim.

"This is a big loss to our facility," said Caudill. "He was a long time physician of Hazard, Buckhorn and in this office [Leatherwood Little Blackey Clinic], he had a lot of patients that followed him here."

Caudill said that Dr. Sandlin is irreplaceable in the corporation and was dearly loved by his patients. Caudill also noted that his wife was on scene shortly after the shooting.

"The employees are going through a very tragic event," said Caudill. "We do have

counselors available for the employees and we will be closed for the rest of the week."

Caudill said that MCHC is a close family and that they are willing to take any step necessary to assist the employees and would reopen on Monday to the patients.

Officials with the Kentucky State Police said that the suspect was taken to Post 13 to be interviewed by detectives and will remain in custody. At this time no other information has been released, including charges or where the suspect will be held.

Jerry Stacy was one of several people with family inside the clinic at the time of the shooting, and said when he heard of what had happened he rushed to the scene to make sure his father was okay.

"My dad was in that building when all this happened. I was scared to death," said Stacy. "I got here in about three minutes after it happened and police were here. Just thank God he was okay."

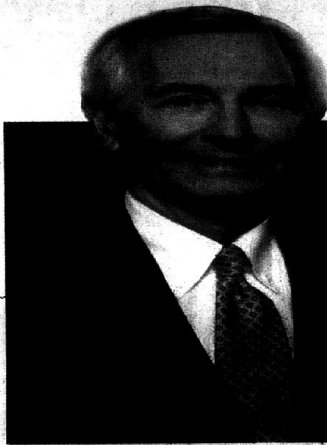
The Perry County School Board is reporting that they

had nearly 500 students from two schools in the area on a restricted lock down following the shooting. Students, faculty, and staff from both Leatherwood and Viper Elementary schools went on lock down for nearly 45 minutes during this incident.

"They locked the schools down, meaning nobody from the outside of the building was allowed in," said Assistant Superintendent Johnny Wootton. "We had an external lock down, which means someone was at the doors greeting everyone that came through the doors, more or less a restricted lock down."

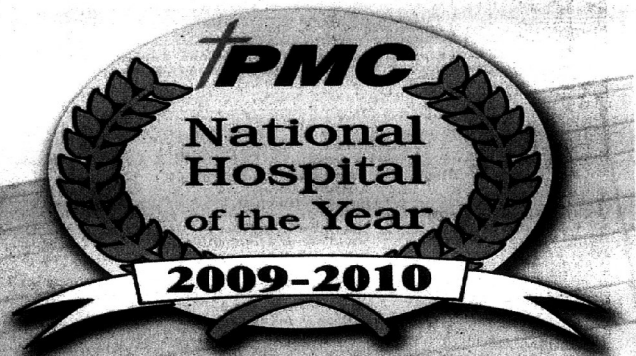
Wootton says that they remained on lock down until Sheriff Les Burrett called to let them know the scene had been secured. Wootton noted that school officials weren't sure who the shooter was or his location, and locking down the school was a precaution.

Continued from p1



A SPECIAL MESSAGE FROM GOV. STEVE BESHEAR

There are many reasons I am proud to be a Kentuckian. Today I am extremely pleased to announce that a Kentucky hospital has been selected as the National Hospital of the Year by the American Alliance of Healthcare Providers. There are close to 6,000 hospitals of all sizes in our country. This award is given to the "Best of The Best" in the nation.

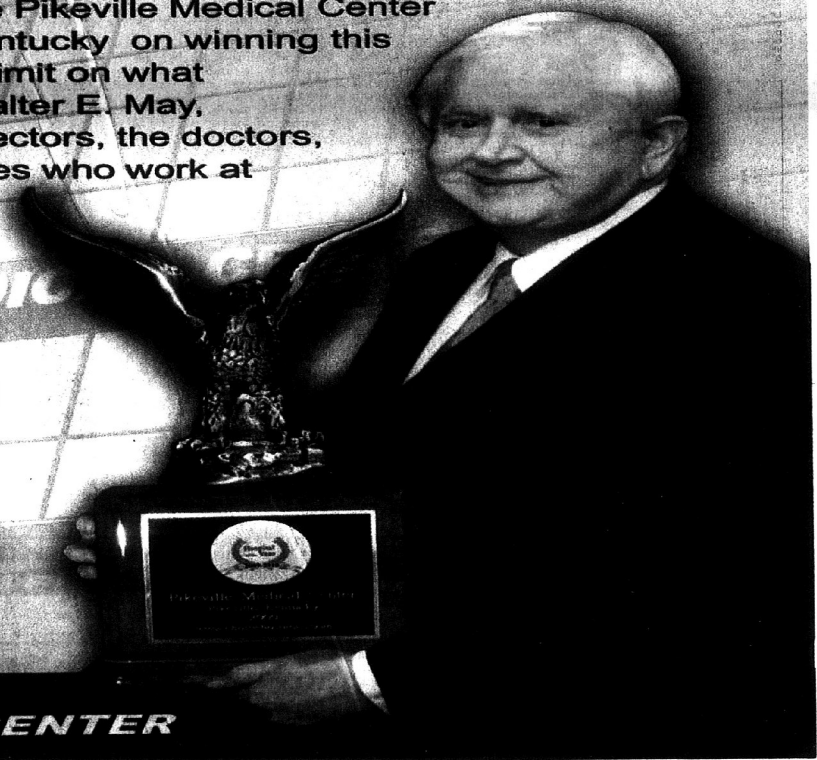


"The Best of the Best"

I want to personally congratulate Pikeville Medical Center and all my friends of Eastern Kentucky on winning this prestigious award. There is no limit on what Kentuckians can do. I salute Walter E. May, President/CEO, the board of directors, the doctors, nurses and over 1,700 employees who work at Pikeville Medical Center.

I have long been aware of the excellent care that is given to the people of Eastern Kentucky by this fine hospital. I am very pleased to see them recognized as the Nation's top Hospital.

Again, congratulations and best wishes to everyone at Pikeville Medical Center.



PIKEVILLE MEDICAL CENTER

AB

The Times

CLASSIFIEDS work for you!

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Local Rates Include Online
 only \$5.50 for the first three lines, \$1.00 each additional line
Bargain Basement - Items under \$100 - 3 lines, half price
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 (30 words or less)

"For Sale Special" **\$16**
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 3 days only

5 Easy ways to place your ad:

1. Call: (606) 886-8506, LeighAnn Williams
2. Fax: (606) 886-3603
3. E-mail: classifieds@floydcountytimes.com
4. Stop by: 263 S. Central Avenue, Prestonsburg
5. Mail: P.O. 390, Prestonsburg, KY 41653

Our hours: 8 a.m.-5 p.m.
DEADLINES:
 Wednesday's paper @ Mon., noon
 Friday's paper @ Wed., 5 p.m.
 Sunday's paper @ Thurs., 5 p.m.
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The Best Way To Write An Ad:

- Begin with a key word (item for sale, etc.)
- Use descriptive words to identify your items
- State your price or terms
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NAME _____
 ADDRESS: _____
 PHONE #: _____

Write your ad here:
 (approximately 18 letters per line)

CREDIT CARD:

Our CLASSIFIEDS Will WORK For You!!!

200	Announcements
300	Services
400	Financial
500	Education
600	Animals
700	Agriculture
800	Merchandise
Furniture	
ALLEN FURNITURE ALLEN, KY Furniture, used appliances, living bedroom suits, bunk beds and lots more! Call 606-874-5729	
Miscellaneous	
For sale: Wolf Tanning bed. Very good condition. Call 377-7710.	
Miscellaneous	
2008 Honda Rubicon for sale. Black. power steering, gps, sport wheels, tires, wrench, only 300 miles. Will sacrifice to sell \$6,000. Please call 226-0351. (Leave message)	

Need a DJ for Christmas, New Years or private parties. Will provide a music & equipment. Will do for \$400. Call 606-377-7798 or 859-421-5499

Insulation for sale. Mobile home skirting, garage door and house wrap before siding. Will ship anywhere! Call 574-276-1717.

For sale: 250 Recon. Line new! \$3,000. Call 226-1028 or 874-0752.

Miscellaneous
 For sale: \$x10 lift trailer. \$400. Call 874-0752.

1000 Recreational Vehicles

2000 Automotive

Autos
 Hicks Auto Sale
 1999 S-10 4 cylinder, 5 speed, \$2,000
 1999 Ford Taurus. 70,000 miles. \$3,950
 2003 Olds Alero - 80,000 miles. \$3,950
 2005 Mits Galant. \$7,495
 1998 Suburban. \$2,495
 2000 Ford Windstar. \$2,895
 2000 Geo Tracker
 2002 Chevy Malibu. \$3,495
 1995 Hightop customized van \$2,700
 1984 Toyota pick-up, 5 speed, 4 cyl. 140,000 miles. \$3,200. Call 8862842

Houses For Sale
 plus some furniture location by new Prestonsburg grade school. Call 886-9005

3 br. 2 bath house for sale. Located on creek side of Abbott. Price very reasonable. Call 226-1437.

Real Estate Rentals
3500 Apartments/Townhouses
 For rent: 1 br. furnished apartment located in Prestonsburg Call 886-3171 or 886-5999 leave message

Apartment/Townhouses
 Town house apartment for rent. 2 br. 1 bath, stove, fridge, w/d hook up. city limits at US 25 & Hwy 80. \$550 mth plus utilities with \$350 deposit. No pets. 1yr lease. 606-237-4758.

Start an Avon business. Earn extra money or more money than you thought possible. Work from home or sell online. Call Jency 506-886-2082.

Living room sale- sofa, chairs, tables, rugs, pictures, glassware, ect. Also concrete mixer like new. Call 806-886-6500.

2008 Honda Rubicon for sale. Black. power steering, gps, sport wheels, tires, wrench, only 300 miles. Will sacrifice to sell \$6,000. Please call 226-0351. (Leave message)

2008 Honda Rubicon for sale. Black. power steering, gps, sport wheels, tires, wrench, only 300 miles. Will sacrifice to sell \$6,000. Please call 226-0351. (Leave message)

2008 Honda Rubicon for sale. Black. power steering, gps, sport wheels, tires, wrench, only 300 miles. Will sacrifice to sell \$6,000. Please call 226-0351. (Leave message)

3000 Real Estate Sales

Houses For Sale
 3 br house for sale 2 1/2 bath with full basement, new vinyl siding, gutters and windows. Located at Wilson Creek at Langley. Call 285-4723 or 791-3185.

House for sale. Living room, dining room, kitchen, 3 bedrooms, 2 bathrooms and a garage

1 br apartment for rent. With utilities and appliances furnished. Located 5 miles from Martin on Rt. 1210. \$500 month plus \$200 deposit. Call 265-3541.

2008 Honda Rubicon for sale. Black. power steering, gps, sport wheels, tires, wrench, only 300 miles. Will sacrifice to sell \$6,000. Please call 226-0351. (Leave message)

2008 Honda Rubicon for sale. Black. power steering, gps, sport wheels, tires, wrench, only 300 miles. Will sacrifice to sell \$6,000. Please call 226-0351. (Leave message)

It's that time again
 pools • equipment • chemicals • accessories

2008 INGROUND KIT \$7690**

15' ROUND	1699**
18' ROUND	1599**
24' ROUND	1850**
27' ROUND	2059**
12x24 OVAL	2249**
15x30 OVAL	2409**
18x33 OVAL	2825**

Santa Says, "Ho Ho Ho, Home for the Holidays!!"
 Relax to our low utility costs at Park Place Apartments!
 Move in by December 31, 2009
 Free Nintendo Wii Game Console!
 Security Deposit to be paid in full.
 Rent includes water, sewer, garbage pickup
 Laundry Room on site
 Call Sheri at 606-886-9039
 Equal Housing Opportunity

POSITION AVAILABLE
Full-time Delivery Technician with a progressive fast-growing medical equipment company.

- Competitive Pay
- Benefits
- Experience helpful, but not necessary
- Must be 21 years of age with good driving record
- Must be able to lift 100 lbs.
- Drug test required

Applications available at 1184 South Lake Drive, Prestonsburg, KY 41653
 No telephone calls please.

PREMIER ELKHORN COAL COMPANY
 Myra, KY

Is now accepting applications for the following position:

Welder/Pipelitter/Repairman with 3 years prep plant experience. Must be able to cut, fit, and weld pipe. Requires KY Surface Mine Certification.

Applications will be accepted at:

Kentucky Department for Employment Services
 135 College Street
 Pikeville, KY 41501

Premier Elkhorn Coal Company is an Equal Opportunity Employer.

CITY OF WHEELWRIGHT ORDINANCE NO. 2009-04

AN ORDINANCE RELATING TO FIXING THE TAX RATE FOR THE YEAR 2009

NOW, THEREFORE, BE IT ORDAINED BY THE CITY OF WHEELWRIGHT:

SECTION 1: There is hereby laid and levied for the taxable year of 2009 an ad valorem tax of FORTY (\$.40) upon each \$100.00 worth of taxable property (property as used in revenue statute means everything of value that a person owns that is or may be the subject of sale or exchange or that when offered for sale will bring some price. And so, any existing enforceable, collectable demand upon which it is a lien, or out of which it can be collected, is property) real, tangible and intangible, within the corporate limits of the City of Wheelwright, Kentucky; said levy is laid upon the valuation as of January 1, the taxes being subject to a two (2%) percent discount before October 6, and a six (6%) percent penalty after November 6, these dates being subject to change according to when the tax roll is received.

SECTION 2: The taxes to be collected thereon to be used for the purpose of maintaining the City of Wheelwright, and to pay and reduce any debts incurred by the City of Wheelwright.

SECTION 3: That this Ordinance will take effect and be in force after its passage and publication as required by law.

David M. Sammons, Mayor
 Attest:
 Mary Ann Stone, City Clerk



HOME FIRES

America's Biggest Disaster Threat

4 Out Of 5 Americans Are Unaware That Home Fires Are The Most Common Disaster Threat.

Preparedness is your best defense against deadly fires. Use these checklists to make your home safe and prepare your family.

To prevent fires before they start:

- Never leave burning candles unattended
- Keep fuel (paper, clothing, bedding) at least three feet away from heat sources

To stay safe from fires:

- Create a home fire escape plan
- Practice your plan at least twice a year
- Install smoke alarms and escape ladders
- Replace smoke alarm batteries at least once a year
- Purchase and learn how to use fire extinguishers safely

Visit www.redcross.org or contact your local American Red Cross chapter today to learn more.




DO YOU SEE A BATTLEFIELD?

THEN YOU SEE THE POWER OF COMMUNITY COALITIONS.

They help community groups organize resources and fight to keep kids away from drugs. Contact a community coalition and find out what your group can do.

www.helpyourcommunity.org
 or 1-877-KIDS-313

YOU GET MORE WHEN YOU GET TOGETHER



NOTICE TO PRESTONSBURG CITY'S UTILITIES NATURAL GAS CUSTOMERS

NATURAL GAS FACTS

Natural gas is lighter than air, non-toxic and contains no poisonous ingredients. Breathing natural gas is not harmful as long as there is adequate air to breathe along with it. Natural gas will not burn by itself. Combustion can occur only when there is a mixture of gas and air containing between 5 percent and 15 percent natural gas and between 95 percent and 85 percent air. Because of its unique qualities of being lighter than air with a narrow band of combustion, natural gas is one of the safest energy sources available. It is also one of the most economical sources. Understanding and following safety procedures will make natural gas an even safer choice.

THE POTENTIAL HAZARDS OF NATURAL GAS

Gas accidents can be avoided if you understand the potential hazards.

- (1) **FIRE**
Natural gas can be a fire hazard, if you let it. Don't let it. A very hot stove, open flame or pilot light can ignite any combustible materials that happen to be near. Keep paper, curtains, paints, solvents, etc., away from gas appliances.
- (2) **EXPLOSION**
Natural gas can be ignited by open flames or sparks. That's why un-burned natural gas should never be allowed to escape into a room. A spark, flame, lit match or cigarette, even the flick of a light switch may be enough to cause an explosion.
- (3) **CARBON MONOXIDE POISONING**
Even though natural gas itself isn't poisonous, gas burners that aren't adjusted properly can produce deadly carbon monoxide. You can't see or smell carbon monoxide, but it's a killer. To avoid its dangers, always make sure that any natural gas appliances in your home are properly adjusted and vented to the outside...so they'll burn safely and efficiently.
- (4) **SUFFOCATION**
Natural gas can cause suffocation if it replaces air containing oxygen. (Only air that has oxygen can sustain life.) This is another reason why natural gas should never be allowed to leak from appliances or build up in an enclosed area or room.

FOLLOW THESE COMMON SENSE SAFETY RULES... IT'S UP TO YOU TO USE SAFE GAS APPLIANCES AND TO USE GAS APPLIANCES SAFELY!!!

- (1) **KEEP COMBUSTIBLES** such as papers, fluids, paints, curtains and rags away from furnaces, water heaters and gas ranges and dryers.
- (2) **TEACH CHILDREN** never to light or play with the controls of any gas appliances.
- (3) **KEEP PILOT LIGHTS** of your gas range lit. If you put them out to save energy, a dangerous gas build-up can occur if someone accidentally turns on the range.
- (4) **KEEP GAS RANGE CLEAN** — make sure burner bowls are free of used matches, grease, paper, etc.
- (5) **AND, NEVER USE YOUR GAS RANGE** to heat your home or apartment. This practice creates a serious fire hazard and puts you and your family at risk from dangerous carbon monoxide fumes.
- (6) **MAKE SURE APPLIANCES ARE VENTED** — Natural gas needs air containing oxygen to burn safely and efficiently. Without enough air, dangerous carbon monoxide is produced. For this reason, always make sure that your gas furnace and water heater are vented to the outside of the building. If you're not sure your appliances are vented properly, have them checked by a qualified heating contractor or plumber.
- (7) **KEEP FLUES AND CHIMNEYS CLEAR** — Have your fluepipe and chimney checked to make sure they're not blocked with debris such as nests, branches, or ivy. (Your heating contractor can inspect and clean fluepipes for you.)
- (8) **SIGNS OF POOR FLUE VENTILATION** — Indoor wetness (condensation); unusual smell in your home that doesn't go away; sick householders; yellow or wavering appliance flames; soot in your home; pilot light that keeps going out.

CERTAIN OLDER GAS CONNECTORS MAY BE DANGEROUS!

Gas connectors are corrugated metal tubes used to connect gas appliances in your home to fuel gas supply pipes. Some older brass connectors have come apart, causing fires and explosions resulting in deaths and injuries. These older brass connectors have a serious flaw in the process used to join their tubing to their end pieces. Over time, the end pieces can separate from the tubing, and cause a serious gas leak, explosion, or fire. To our knowledge, these dangerous uncoated brass connectors have not been made for more than 20 years, but many of them are still in use. The older these connectors get, the greater the possibility of failure. Although newer brass connectors have this flaw, it is very difficult to tell which ones do. Therefore, any uncoated brass connector should be replaced immediately with either a new plastic-coated brass or a new stainless steel connector. Connectors can wear out from too much moving, bending, or corrosion. Connectors should always be replaced whenever the appliance is replaced or moved from its location.

WARNING: Only a qualified professional should check your connector and replace it if needed. Don't try to do this yourself! Moving the appliance, even slightly, whether to clean behind it or to inspect its gas connector, can cause the complete failure of one of these older weakened connectors, possibly resulting in a deadly fire or explosion.

DO NOT MOVE YOUR APPLIANCE TO CHECK THE CONNECTOR!

HOW DO I KNOW IF A GAS HAZARD EXISTS??? — YOUR SENSE OF SMELL SHOULD TELL YOU

- (1) **A GAS LEAK IS POTENTIALLY VERY DANGEROUS!** — Gas may leak from faulty appliances, broken pipes or broken mains. Make sure all members of your family know what to do if they smell gas.
- (A) **IF THE ODOR IS STRONG:**
 - 1) Do not light matches.
 - 2) Do not turn lights on or off.
 - 3) Do not operate any controls or pull any plugs from outlets.
 - 4) Do not use the telephone.
 - 5) Notify everyone in the building or house to leave immediately, and leave the door open.
 - 6) If possible, ventilate the building by opening doors and windows, starting where the odor is strongest. Do not re-enter the building for this purpose.
 - 7) Call the utility company or fire department from a nearby building or house. Do not use the telephone in your house.
 - 8) Do not re-enter your home until the utility company or fire department has released you to do so.
 - 9) **Never take chances!** If your safety is threatened, get out quickly.

PRESTONSBURG CITY'S UTILITIES COMMISSION

Phone Number — 606-886-6871, Day or Night
Phone Number — 606-886-2900, Day or Night

HOW TO RECOGNIZE A GAS LEAK OUTSIDE HOUSE OR BUILDING — Gas leaks outside are uncommon, but it is a good idea to know how to recognize them. Common signs include:

- 1) A gas odor.
 - 2) A blowing or hissing sound.
 - 3) Dirt being blown or thrown into the air.
 - 4) Water bubbling or being blown into the air at a pond.
 - 5) Fire coming from the ground or burning above the ground.
 - 6) Brown patches in vegetation on or near gas pipeline.
- If you detect any signs of a gas leak outside, call Prestonsburg City's Utilities Commission immediately.

NOTICE TO PRESTONSBURG CITY'S UTILITIES COMMISSION NATURAL GAS CUSTOMERS ABOUT CUSTOMER SERVICE LINES

- 1. Prestonsburg City's Utilities Commission does not maintain customers' service lines beyond the gas meter setting. Customers are responsible for properly maintaining and repairing their service lines.
- 2. If customers' buried piping is not maintained, it may be subject to the potential hazards of corrosion and leakage.
- 3. Buried gas piping should be:
 - I. Periodically inspected for leakage.
 - II. Periodically inspected for corrosion if piping is metallic.
 - III. Repaired if any unsafe conditions are discovered.
 - IV. Repaired, located, inspected and maintained by plumbers or heating contractors.
- 4. When excavating near buried gas piping, the piping should be located in advance, and the excavation done by hand. Safety comes first with Prestonsburg City's Utilities Commission. Below are some of the steps taken by Prestonsburg City's Utilities Commission to insure the safety of our employees and customers.

- 1. Continuous patrolling of gas system.
- 2. Monitoring pressures at various points in gas system.
- 3. Annual/semi-annual leak surveys.
- 4. Immediate response to any reported problem.
- 5. Proper operation and maintenance of system.
- 6. Continuing education of gas pipe line employees, including emergency response to gas emergencies/ accidents. Together with the help of our customers we can maintain a safe and reliable gas system.

NOTICE TO ALL CONSTRUCTION AND EXCAVATION COMPANIES

In accordance with federal and state regulations governing natural gas pipeline safety, Prestonsburg City's Utilities Commission is pursuing a damage prevention program to minimize accidents and/or disruptions that could involve its underground pipeline facilities. If you observe any type of construction or excavation, or if you plan to do any work requiring digging near a company pipeline, please call the Prestonsburg City's Utilities Commission so that we can send qualified personnel to locate and properly mark the exact location of the pipeline. Knowing the exact location of the underground pipeline will reduce the possibility of property and/or personal and financial loss to both parties.

David M. Ellis, Superintendent
Prestonsburg City's Utilities Commission

Commercial
50 X 90 Building 18 ft tall for rent. Located at Martin. \$475 a month. 606-285-3386.

Apartment/Townhouses
Culic Silver located 1 1/2 mile North of PCC. Now has 2 br, 1 1/2 bath townhouse with lovely hardwood floors. All appliances with storage and carpet. \$585 monthly plus utilities. Pets and No HUD. Also has private back deck and cherry wood cabinets. Monthly plus deposit. No pets allowed. HUD. Call 228-1925 or 434-6516 or 886-8583.

Houses For Rent
4 br house for rent. In city limits. \$750 month plus deposit. Call 889-9265 or 226-0725.

4000 Manufactured Housing

4 BR mobile home for rent. Located at Cow Creek. Call 874-9132.

4 BR mobile home for rent. Located at Cow Creek. Call 874-9132.

1 BR house for rent. \$600 per month. Located in Satey Lays. Call for details 606-479-5403.

Large country house for rent. 4 br, 2 1/2 bath. With central heat / air. 8 miles from Prestonsburg. \$800 per month. \$650 deposit. Call 886-8366.

For rent at Stanville, 2 br house/trailer. Lots storage parking. Fully furnished. \$300 mo. Plus \$300 deposit. Call 478-5718.

3 br, extra nice mobile home for rent. Refrigerator, stove, washer/dryer, \$550 per month plus utilities. No security deposit. Must have references. HUD accepted. No dogs. Call 874-2802.

Mobile home for rent. Located in Norton. Prestonsburg. Deposit and references required. Call 889-0263.

APARTMENTS FOR RENT

1, 2, 3, 4 Bedrooms
available for extremely low-income people at Heights Apts. in Noble-Roberts Addn., and Cliffside Apts. on Cliff Road, Prestonsburg. Computerized learning centers offer social/educational programs for children and adults. All utilities included at Heights Apts. Hgts., utility allowance at Cliffside. Call (606) 886-0608, 886-1927, or 886-8191. TDD: 1-800-648-6056. Highland Heights and Cliffside Apartments do not discriminate in admission or employment in subsidized housing on account of race, color, national origin, sex, disability, religion and familial status.

APPLICANTS BEING ACCEPTED FOR 1-BEDROOM APARTMENTS FOR PERSONS 62 AND OLDER

Located behind Wendy's and Pizza Hut in Prestonsburg. All utilities are included and the rent is based upon gross monthly income. Several activities, such as line dancing, crafts, bingo, movies, hair salon and church services. The apartments are furnished with a refrigerator, stove, emergency alarm system, and air conditioner. For more information, please call Highland Terrace at 606-886-1925, TDD: 1-800-648-6056 or 711, or come by the office for an application. Highland Terrace does not discriminate in admission or employment in subsidized housing on account of race, color, creed, religion, sex, national origin, age, familial status or disability.

H&R BLOCK
Learn to prepare taxes and earn great seasonal income. Will pay to train. Please call 1-866-891-1950

H&R BLOCK
Now hiring for seasonal positions as a receptionist. Competitive wages and paid training. Please call 1-866-891-1950

Save on auto insurance.
At Nationwide, we go the extra mile to save you money. That's why we offer a variety of auto premium discounts, including our multi-car discount, our safe driver discount, airbag discount and more. Call us and start saving money today. Nationwide Is On Your Side!

Nationwide Insurance & Financial Services
Nationwide Mutual Insurance Company and affiliated Companies Home Office: Columbus, OH 43215-2200
Nationwide is a registered federal service mark of Nationwide Mutual Insurance Company.

PUBLIC NOTICE
The Floyd County Housing Authority Board of Commissioners will be meeting in Special Session on Thursday, December 10, 2009, at 1 p.m., in the Conference Room of the Central Office, Warco Apartments. The agenda of the Special meeting is as follows: Minutes of November 17, 2009, meeting; Bad Debt; Outstanding Checks; Budget Revision; and Financials of the Authority.

IMMEDIATE OPENINGS
Sales Personal Needed!
No Experience Necessary
Looking for upbeat, highly motivated individuals!
JOHN GGRAY Apply In Person
US 23 at the 450 Intersection Paintsville, KY
CHEVROLET • PONTIAC • BUICK • GMC No Phone Calls, Please!

NOTICE OF APPLICATION FOR RECLAMATION DEFERMENT DUE TO COAL MARKETING PROBLEMS
In accordance with 405 KAR 16:020, notice is hereby given that FCDC Coal, Inc., 587 North Lake Drive, Prestonsburg, KY 41653, has applied for a coal marketing reclamation deferment for its surface coal mining and reclamation operation, permit No. 836-8064. Deferment of reclamation is being requested for approximately 21.78 acres. The operation is located 1.9 mile southeast of Printer, in Floyd County. The surface area is owned by Black Diamond Land Company, LLC, Roberts Heirs, Jeff Gayheart, Appalachian Land Compay et al., and Edgar and Lucinda Kidd. The operation is located 1.4 mile southeast from KY Route 122's junction with KY Route 2030, and located 0.004 mile northeast of Spurlock Creek on the Harold USGS 7 1/2 minute quadrangle map. The deferment is sought due to a coal marketing problem and is being requested for an initial period of six months. The deferment may be renewed for additional periods up to a maximum of 30 months. The application has been filed for public inspection at the Department for Natural Resources Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, KY 41653. Written comments or objections must be filed within 10 days of this notice with the Director, Division of Mine Permits, No. 2 Hudson Hollow, U.S. 127 South, Frankfort, KY 40601.

A15



Increase Sales

When you place your ads with us you get the best of both worlds — local print circulation and Internet distribution on the area's most-visited Web site!

Call us at 606-886-8506
Or visit us at www.floydcountytimes.com



Searching for something?

We can help you find it! We have everything you need — local news, sports, classifieds, ads, stock quotes, financial news, health news, travel tips, and much more!

Check out the community's most popular web site at
www.floydcountytimes.com

2 Br mobile home for rent. 8 miles from Prestonsburg on Rt 114. \$500. Call 886-2842.

16x80 Mobile home for rent. 8 miles from Prestonsburg on Rt 114. \$500. Call 886-2842.

2 Br, 2 ba mobile home for sale. Move in or move it. Call 886-9317 or 781-9311.

Sm furnished mobile home for rent. Just off the Mtn Parkway on old 114. Call 886-8724.



SEARCH
the Busiest Web Site in the Area.

More than 100,000 page views a month

The Times
www.floydcountytimes.com

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-0330 Renewal

(1) In accordance with KRS 350.055, notice is hereby given that Wolverine Resources Inc., P.O. Box 77, Ivel, KY 41642, (606) 889-8440, has applied for renewal to an existing surface coal mining and reclamation operation, located 1.0 mile southwest of Brainerd, Kentucky, and in Floyd and Magoffin counties. The proposed operation, will disturb 594.87 acres of surface disturbance and will underlie an additional 18.55 acres, making a total area of 613.42 acres within the permit boundary.

(2) The permit area is approximately 0.75 mile southwest from KY 114's junction with Prater Branch, and located 0.92 mile southwest of Middle Creek. The latitude is 37°59'26". The longitude is 82°54'44".

(3) The operation is located on the Ivyton U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed by the amendment is owned by Kennie Carpenter Jr., and Ron Cooley, Debbie & Phillip Ousley, Luther Miller Estate C/O Kathleen Miller, Fork Farm Inc., C/O Della W. Burke, Osaie Dunn, Green Holbrook Heirs C/O Charles Bays, Bill England Heirs C/O Glen Allen, Jamie & Lisa Powell, Richard & Bernice Risner, Charles Prater Estate C/O Ezra Allen, Johnnie & Linda Adams, Black Diamond Land Company, and Alma Land Company. The operation will use the area mining method of surface mining. The operation will affect an area within 100 feet of Punched Camp Creek Road and Rough and Tough Road. The operation will not involve relocation of the public road.

(4) The renewal has been filed for public inspection in the Division of Mine Permits, Department for Surface Mining, Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653, phone (606) 889-1746. Written comments or objections, must be filed with the Director, Division of Permits, No. 2 Hudson Hollow, US 127 South, Frankfort, KY 40601.

(5) This is the final advertisement of this application; all comments, objections, and/or requests for a permit conference must be received within thirty (30) days of this date.

Sales
2 Br, 2 ba mobile home for sale. Move in or move it. Call 886-9317 or 781-9311.

For Sale: 2 lots one with mobile home, both have septic systems. Will sell together or separate. Located on 211 Stevens Branch & Cliff Call 791-2727.

Help Wanted - General
For Hire: R.N. or L.P.N. or respiratory therapist to stay with elderly woman. Call 226-0243 or 226-1324 or 297-4867.

5000 Resort Property
6000 Employment

Help Wanted - General
Job Opportunity: World wide factory outlet center is opening in the Eastern Ky area. 8 people needed to start work in fulltime positions as \$375 per week to start with written agreement. Management positions, labor positions, field supervisor positions, merchandising positions and branch manager positions available. All available. Must be 18 yrs.

Medical
Webb Medical Group, Inc. is accepting applications for RN or LPN. Prior office experience with adult and pediatric patients preferred. Call 606-874-0006 or fax resume to 606-874-0011, 10-30 shper

Help Wanted - General
of age and willing to work. No experience necessary. We will train those who qualify. Interested parties call if you have over 14th only 9am - 5pm for interview. 1-606-788-7334.

Sales
Sales person wanted. No experience needed. Paid training \$30,000-\$50,000 yearly. Bus benefits. All applicants will be drug tested and a criminal background check run. Call 1-800-789-5301 ask for Jerry.

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NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-5516 Renewal No. 2

In accordance with KRS 350.055, notice is hereby given that LA Enertry, LLC, P.O. Box 731, Prestonsburg, KY 41653, has applied for renewal of a permit for an underground coal mining operation, located 1.1 mile south of Eastern in Floyd County. The proposed operation will disturb 10.13 surface acres, and will underlie 504.00 acres, and the total area within the permit boundary will be 514.13 acres. The proposed operation is approximately 0.93 miles south from KY 60's junction with KY 777, and located 0.1 mile east of Turkey Creek. The latitude is 37°30'59". The longitude is 82°47'13".

The proposed operation is located on the Martin U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Harold Ray Hagans and William B. and Debra Hagans. The operation will underlie land owned by Harold Ray Hagans, J.B. Ellis, Charles and Joyce Gibson, Lynn M. Parrish, Jerry Donald Hagans, Larry Edgar Hagans, Oakie Shepherd, Stephen D. and Deborah Bailey, Teddy Gibson, Love and Gerinda Hall, James and Melinda Stumbo, Ellis Little, Dave and Leila Harvey, Earl Edward and Mary Webb, Earnest Hayes, Mable Willis, Minnie Hizzary et al., Delbert Glen Goins, Marion Jr. and Claudia Hayes, Sidney Jean Hayes, Virgil and Sandra Moore, Mander Moore, C.M. and Edith Wise, Marie Stelbassy, Gordon Neil and Belinda Carro, Joey Wells-Adams, and Leo C. Harmon.

The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Permits, No. 2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

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YESTERDAYS

Items taken from The Floyd County Times, 20, 30, 40, 50, 60, 70 years ago. page B3

INSIDESTUFF

Community Calendar • page B2

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EVERYBODY'S SCIENCE

Cold truths about a warming planet

by SANDY MILLER HAYS
AGRICULTURAL RESEARCH SERVICE

Here's a quick quiz for you: What popular Tin Pan Alley "Christmas song" never mentions Christmas?

Getting this one right probably will depend on which age bracket you fall into on the insurance actuarial tables: It's "Baby, It's Cold Outside," written by Frank Loesser, the same tunesmith who wrote the musical scores for "Guys and Dolls" and "How to Succeed in Business Without Really Trying." (He also wrote "See What the Boys in the Back Room Will Have," sung by Marlene Dietrich in the classic Western flick "Destry Rides Again.")

Loesser didn't write "Baby, It's Cold Outside" as a Christmas song. In fact, he wrote it as a duet that he and his wife could sing at parties. After years of informal performances, he sold the rights to the song to MGM, which planned it in -- of all places -- the 1949 movie "Neptune's Daughter," as a duet for "million-dollar mermaid" Esther Williams and co-star Ricardo Montalban.

If the temperatures where you are today make "Baby, It's Cold Outside" an apropos theme song for the local weather report, then you might have a little trouble focusing on worries about global warming and all that encompasses such as those troublesome creeping atmospheric ozone levels.

Still, global warming is with us, regardless of what the thermometer says today, and -- according to the scientists of the Agricultural Research Service (ARS) -- we're already paying a price in terms of food production.

"Maybe you're not in the habit of snacking on handfuls of soybeans, but chances are soy is a part of your daily diet (unless medical problems require you to avoid it). For example, there's soy milk, soy flour, soy meal, tofu, textured soy protein to replace meat in vegetarian diets, soy sauce, soy lecithin and soybean oil.

But according to the ARS scientists, soy may actually be struggling, thanks to our current atmospheric ozone levels.

The ARS scientists have been working with University of Illinois scientists on a project called "SoyFACE," which is short for "Soybean Free Air Concentration Enrichment." They're measuring how the increases in atmospheric ozone levels -- and carbon dioxide, too -- predicted to occur over the next few decades are likely to affect soybean production.

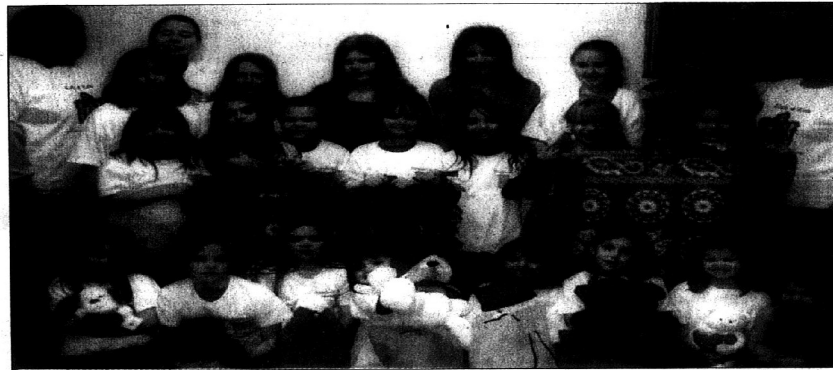
It's not a pretty picture. The scientists say the current levels of atmospheric ozone are already slashing soybean yields by up to 15 percent. And they say that although soybean yields could increase by about 12 percent at the elevated carbon dioxide (CO2) levels predicted for the year 2050 (some 550 parts per million), that's actually only about half as much of a yield increase as had been previously predicted.

The scientists have looked at the combined effects of CO2 and ozone on the soybean plants, and, as the old joke goes, "There's good news and there's bad news."

The bad news is the ozone levels, which the scientists say have the potential to cut soybean yields by some 20 percent at the levels predicted to exist in the year 2050. The good news, for what it's worth, is that those elevated CO2 levels mentioned earlier could help offset the ozone damage, at least a little bit.

This SoyFACE technology is special because it allows the scientists to test the effects on plants of CO2 and ozone in open-top chambers out in the

(See SCIENCE, page four)



PROJECT LOVE

Students raise awareness about child abuse and neglect

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG -- When Tammy Compton, professor of human services at Big Sandy Community and Technical College, asked students Teri Glasbergen and Misty Rigby to get involved in a service learning project in the community, the two students already knew just what they wanted to do.

Glasbergen and Rigby wanted to raise awareness about child abuse and neglect, along with engaging children by helping them to understand

how to get involved in the community and give back to those in need and less fortunate. The two students then met with various Johnson County Girl Scouts and assembled and packaged blankets and stuffed animals to donate to foster care programs. The blankets and stuffed animals will be given to those children who are removed from their homes due to abuse and neglect in hopes that the items will provide comfort in a confusing and trying time.

"A lot of people in the community don't realize that when a child is removed from their home, often times they leave with on the clothes on their

backs and go to a home where they have nothing to call their own," Glasbergen said. "We can't take away what has happened to them, but we hope these blankets and teddy bears provide some comfort to these children in what has to be a very horrible time in their lives."

Glasbergen and Rigby hope the project, known as "Project Love," will be continued in the future, with as much support as they received this year.

"I am so pleased to see the community come out and come together in attempts to help in a project such as this," Rigby said.

Chamber welcomes McDowell Professional Pharmacy

The Floyd County Chamber of Commerce recently welcomed new Chamber member, McDowell Professional Pharmacy.

McDowell Professional Pharmacy is a Christian-owned business with 26 employees, including five registered pharmacists and seven certified pharmacy technicians. McDowell Professional Pharmacy has served Floyd and surrounding counties since 1993.

McDowell Professional Pharmacy is a full-service practice, including personal patient care, free delivery, durable medical equipment, cholesterol testing, vaccinations such as shingles, hepatitis A&B, Pneumovax, tetanus, and seasonal flu, and now specializing in the area of pharmacy compounding.

Steve and Alicia Dawson are two of more than 3,500 independent, community pharmacists nationwide

who practice the art of pharmacy compounding. Bringing a new era in pharmacy care to the community, patients will now be able to receive the type of personalized care they deserve. We will work closely with their physician to help them pursue more positive therapeutic outcomes.

With a prescriber's consent, a compounding pharmacist can change the strength of a medication, alter its form to make it easier for the patient to ingest, and add flavor to it to make it more palatable. A compounding pharmacist also can prepare the medication using several unique delivery systems, such as a sublingual troche, a lollipop, or a transdermal gel. Or, for those patients who are having a difficult time swallowing a capsule, a compounding pharmacist can make a

(See CHAMBER, page four)



Alicia Dawson, owner of McDowell Professional Pharmacy, John Willoughby, chairman of the Chamber, and Dannelle James, marketing, McDowell Professional Pharmacy

No-cost home repair program still needs homes

Low-income Big Sandy residents whose homes are in need of minor repair work have help available through Big Sandy Area Community Action Program.

The agency's Project Home Repair (PHR) is bringing basic home repair services to qualifying homeowners who do not have the money or who may be physically unable to make the minor repair themselves. The homeowner will furnish the materials needed for the work. In turn, BSACAP will provide the manpower, using staff and PHR trainees, who will be learning on-the-job skills.

"We're delighted to be able to bring this service to the people," said BSACAP Executive Director James Michael Howell. "Not only will Project Home Repair help make homes safer and more energy efficient, it's a great opportunity for persons wanting to learn a skill."

"Homeowners benefit. Trainees benefit. The communities benefit. It's a 'win-win' situation for

everybody."

Funded through the American Recovery and Reinvestment Act, PHR is set to pump more than 15,000 man hours into the region, focusing on improving the health, safety and sanitary conditions of the home.

"For example, there may be someone who needs a wheelchair ramp, but doesn't have anyone to build it for them. That's where we can help. The household enjoys the benefits of the ramp, and the trainees learn construction skills."

Howell said other examples include repairing windows, installing grab bars or stair rails, repairing steps, installing deadbolt locks, painting touch ups associated with the repairs, and minor roofing maintenance.

Howell said homeowners participating in PHR could also take advantage of consumer education workshops the agency conducts that would teach the homeowner basic skills on basic home maintenance, budgeting, energy conservation and

other subjects intended to help homeowners save money.

For trainees, who will be paid a training allowance, Howell said the agency will have staff working closely with them to place them in jobs once their training period has ended.

"Our goal is to see as many trainees as possible find suitable work. They will have a wide range of resources available from our agency to help, such as individual job readiness, job search and job development activities."

PHR has trainers and trainees already working on homes but are running out of homes to repair. "There is a huge need for homes to repair in Floyd and Johnson Counties. Pike has quite a few homes but still has room to do more," says David Knight, Special Projects Coordinator for BSACAP.

For more information on Project Home repair, contact the local BSACAP office in Pike, Floyd, Martin, Magoffin or Johnson Counties.

Community Calendar

Calendar items will be printed as space permits

Editor's note: To announce your community event, you may hand-deliver your item to The Floyd County Times office, located at 263 S. Central Avenue, Prestonsburg; or mail to: The Floyd County Times, P.O. Box 390, Prestonsburg, KY 41653; or fax to 606-886-3603; or email to: features@floydcountytimes.com. Information will not be taken over the telephone. All items will be placed on a first-come, first-served basis as space permits.

Christ United Methodist Live Drive Through Nativity
December 12 and 13
Christ United Methodist Church, 105 Methodist Lane, Allen, will be having a Live Drive Through Nativity in the church parking lot from December 12 and 13, from 6:00 till 9:00 p.m. Also plan to attend December 24, 8 p.m., Christmas Eve Candlelight Service.

Left Beaver Fire & Rescue Annual Santa Claus Run
Sunday, December 20
12:00 Across from Drift Ball Park.
12:15 Minnie Ball Park
12:30 Left Beaver Creek Townhouse
12:45 McDowell A.R.H.
1:15 Left Beaver Fire & Rescue Station, 2
1:45 p.m. Pilgrim Rest Church, Hi Hat
2:00 Little Nancy Church, Hi Hat
2:15 Foot of South Floyd High School Hill
2:30 Old Bud Reynolds Store, Ligon

Attention Floyd County Veterans
A Veterans Benefits Field Representative will be at the Floyd County Public Library, in Prestonsburg, on Wednesday, December 16, from 1:30 p.m. until 3:30 p.m. Veterans and their dependents will receive assistance filing for Federal and State veterans benefits. This service is provided free of charge by the Kentucky Department of Veterans Affairs. To apply, veterans need to furnish copies of pertinent documentation to verify eligibility. For further information, please call toll free 1-866-847-2826 to speak with a Veterans Benefits Field Representative.

First Presbyterian Church to hold Christmas celebration
The First Presbyterian Church in Prestonsburg, would like to invite you to join them in their celebration of the Christmas holidays.
Each Wednesday in December we will be having Advent Study beginning at 5:30 p.m. Supper will be provided.
December 20, 2009 will be our Christmas Play and Potluck Dinner.
Our Christmas Eve Candlelight Service will be December 24, at 9 p.m.
Please plan on bringing your family and joining us for these special times of worship.
Regular worship services are Saturday mornings at 11 a.m. If you are looking for a church family, come worship with us.
For further information, you may contact the church at 886-2214.

FCHD offers Body Recall exercise classes
The Floyd County Health Department offers Body Recall gentle exercise classes every Monday, Wednesday, and Friday, at 9:30 a.m. at May Drive, just off 1428, and at 10:30 at the First Presbyterian Church in Prestonsburg.
Classes are free and open to the public. Call 886-2788 for more information.

Adult Day Services Center
Christmas party, Dec. 12
Happy House Adult Day Services Center is having their Christmas party, December 12, from 4:30 pm-8:30 p.m. Foods, Christmas crafts, hand-

made scarf's, kids can paint their own Christmas ornaments, etc. All proceeds go to Happy House Adult Day Services Center! Phone: (606) 886-0265.

Toys food and coats for local kids
Our local Cash Express and G.A.P. have teamed up to help Santa out this year. We are now asking for your help! Cash Express has officially been named a drop off point for toys, food and coats for the children of our local area. Bring your donations to us and G.A.P. will give them to the families who need them. The last day we can take donations is December 10. Please bring slightly used toys and coats to our drop off. We do ask that the toys and coats be in good shape. Cash Express, 606-886-9997.

Benchmark Family Services looking for foster parents
Benchmark Family Services in Prestonsburg, a non-profit, private foster care agency is looking for foster parents in your area. We provide monthly financial compensation and you may qualify for one of our financial bonus packages. We offer flexible foster parent training schedules. All foster parent classes are free. If you think you would like to make a difference in a foster child's life, please call us for more information at 606-886-0153. www.benchmarkfamily-services.org

Become a Volunteer with Victim Services Program
You are more likely to be hurt by someone whom you know rather than be assaulted on Kentucky's streets by a total stranger. Learn to assist victims of sexual assault, child abuse and domestic violence by becoming a Volunteer with Victim Services Program. Call today to receive an application for our free training program.
Call the Volunteer Coordinator at (606) 886-4323 for further information or to request an application. (The Victim Services Program is a program of Mountain Comprehensive Care Center.)

The Auxiler Center Fall Class Schedule
Classes begin week of September 14, 2009.
Basic Computer Class
Mondays, 9 a.m.-noon—5 to 6 weeks
Instructor: Gordon Scott
Thursdays, 9 a.m.-11 a.m.—5 to 6 weeks
Instructor: Dan Bell
Thursdays, 5 p.m.-8 p.m.—5 to 6 weeks
Instructor: Jerry Hatfield
The Hidden Secrets of Windows
Computer class, Mondays, 6 p.m.-8 p.m.—5 to 6 weeks
Instructor: Frank Richter
(Windows class requires students bring a IGB jump/thumb drive)
All Computer Classes Cost \$30.00, non-refundable.
One computer per family—students must meet income guidelines and not have a computer of their own.
Quilting Class
Mondays, 8:30 p.m.-8:30 p.m.—8 weeks
Instructor: Nancy Froeschner
Cost: \$20
Sewing Class
Mondays, 10 a.m.-1 p.m.—8 weeks
Thursdays, 5:30-8:30 p.m.—8 weeks
Instructor: Donna Woods
Cost: \$20
OutPatient Drug Treatment Program and Education
Narcotics abusing parents that abuse of addictive pharmaceutical drugs with youth is on the rise with deadly consequences. Learn the signs of drug abuse. Call Narcoson for a free brochure on the signs of addiction for all drugs. 877-379-0208. www.drugsnog.com

Duff Kindergarten Registration
Kindergarten registration will be every Wednesday, from 9:00-12:00 at James A. Duff Elementary. Call the school at 358-9420 or 358-9878 for the required items necessary for kindergarten registration.

Higher education begins here
The Kentucky Adult Education Learning for Life program offers GED, Adult Learning, Tutoring and College Preparation classes. These classes are managed by Big Sandy Community & Technical College. All classes are free to anyone 16 years old or older.

Along with GED preparation, we offer adult learning, tutoring and college preparation for people who have high school diplomas or GED equivalent who want to continue their education. (The GED) classes are offered at various locations throughout Floyd County five days a week, from 8 a.m.-4:30 p.m. Evening classes are also available from 5-8 p.m. at some locations. There are no registration fees, all classes and materials are free.

For more information about the times and locations of these classes, call 606-886-7397, between 8 a.m. and 4:30 p.m., Monday through Friday. Information about home study for your GED is also available. Please call today, our instructors are waiting to assist you!

Reunion/Memorial to be held in 2010
Old House Hollow, "Bristle Buck", East McDowell, to be held in 2010. For information, send a post card to 47 Frasure Creek Road, McDowell, KY 41647, or email: patricia_466@hotmail.com; also Post Card, P.O. Box 431, McDowell, KY 41647.

Auxiler Community Center
Free GED classes, Monday, Tuesday and Wednesday, from 10 a.m.-12.

Autistic Children Support Group plans monthly meeting
Support group for Guardians of Autistic Children will meet the first Thursday of every month at the Haven of Rest, 1601 Airport Road, Incz. Call 606-298-0520 for information.

Free Bible Lessons
Write to: Bible Way Outreach Ministry, P.O. Box 3371, Kingsport, TN 37664. Lessons completely free of charge to all interested.

Have an 'Out of this World' birthday party!
The East Kentucky Science Center is now offering a fun and distinctive party venue for kids of all ages. The Birthday Party package includes rental of a classroom and admission to exhibits and planetarium programs. Must be booked two weeks in advance; limit 40 guests. Call 889-8260 for more information.

Need Help With Home Repairs?
The Auxiler Lifetime Learning Center can help! We are now taking applications for home repairs. If you, or someone you know, are low income and need help with repairs on your home, please call 606-886-0709 for your application, or stop by our office at 21 South River Street, Auxiler, Office Hours: Monday-Friday, 8-4.

Democratic Woman's Club meets at May Lodge
The Floyd County Democratic Woman's Club meets the second Monday of each month at 6:00 p.m., at the May Lodge, Jenny Wiley State Park.

Need help with addiction?
Lifetime of Floyd County "Conquer a Chemical Dependency" is a Christ-centered 12-step program offering support to those who are coping with addiction and learning to live drug-free lives. The support group meets on the following schedule:
Mondays, at Minnie (beside pharmacy), from 7-8 p.m.
Mondays, at Little Mud, Spruce Pine School, from 7-8 p.m.
Tuesdays, in Prestonsburg, in the Van Ark Building, from 2-3 p.m.
Tuesdays, at David, The David School, from 3:30-4:30

p.m.
Wednesdays, at Allen Baptist Church, from 7-8 p.m.
Thursdays, at Allen Baptist Church, from 7-8 p.m.
For more information, call Shirley Combs at (606) 434-8400, or Tom Nelson at (606) 478-2836.

Hope in the Mountains
Hope in the Mountains will host public meetings on Mondays, at 9 a.m., at the junction of U.S. 23 and Rt. 80, on Water Gap Rd., behind the Trimble Chapel Church.

Meetings focus will be to offer information in regard to community resources available to women seeking freedom from drug abuse. Family members are also welcome to attend. The Hope initiative proposes to help women break free from addictive lifestyles by becoming self-respecting contributing members of society. Call 874-2008 or 788-1006 for more information.

Prestonsburg Rotary Club
Prestonsburg Rotary Club meets, 12 noon to 1 p.m., at Made From Country at Heart. For additional information, contact Chris Daniel, 886-7354.

UNITE
The UNITE coalition of Floyd County will meet on the fourth Thursday of each month, at 5:30 p.m., at the New Allen Baptist Church. All interested persons welcome to join UNITE's fight against drugs.

"Living Free" - A support group sponsored by the Floyd County UNITE Coalition. Group will meet weekly at the old Allen Baptist Church, on US 23 N., between Allen and Banner, on Tuesdays, at 1:15 p.m.

Living Free is a faith-based 12-step support group open to all who are searching for recovery. There is no fee to attend. For more info, contact Shirley Combs at 874-3388 or 434-8400.

"Earn While You Learn"
The Big Sandy Area C.A.P. office is taking applications for its "Senior Training Program." You must be 55 or older to apply. In Floyd, call 886-2929; Johnson, call 789-6515; Magoffin, call 349-2217; Pike, call 432-2775; and in Lawrence, call 638-4067.

Senior employment program
Are you a senior citizen on a fixed income struggling with soaring medical bills and living expenses? Could you use some extra spending money but don't know how to get back into the workforce?
If you are at least age 55, the Senior Community Service Employment Program (SCSEP) may be able to help. Earn extra money, learn new skills, and help your community at the same time. To find out more, call: 886-2929

Looking for a Support Group?
Floyd County Alzheimer's Support Group meets regularly at Riverview Manor Healthcare Center. Call the center for meeting times.
Domestic Violence

Support Group - The Big Sandy Family Abuse Center holds meetings each Tuesday from 5:30 to 6:30 p.m. The meetings are free of charge. Call 886-6025 for more information.

Overeater's Anonymous - Meetings held each Wednesday at 6:30 p.m., at the old Allen Baptist Church, located in Allen, just past red light. Call 889-9620 for more info.

US TOO! Prostate Cancer Survivors Support Group - For all men with prostate cancer and their families. Group meets the 3rd Thursday of each month, at 6 p.m., at the Ramada Inn, Paintsville.

Community Weight Loss Support Group - Meets Thursday at 6:30 p.m., at the Martin Community Center. For more info, call 377-6658. Those who have had gastric bypass surgery most especially welcome to attend. Meetings being offered as support to anyone needing extra support in dealing with weight loss.

Domestic Violence Hotline - 24-hour Crisis Line manned by Certified Domestic Violence counselors. Call 886-6025, or 1-800-649-6605. Remember, "Love Doesn't Have to Hurt."

Disabled? - You may be eligible for grant money to assist in your daily living. For an application or more information, call 886-4326.


A.S.K. (Adoption Support for Kentucky) - Support group for all adoptive parents (public, private, international, and kinship care), foster parents and all others interested in adoption. To be held the first Monday of each month, at the Department for Community Based Services office, 1009 North Lake Drive, Prestonsburg, from 6-8 p.m. Childcare will not be provided. For more information, contact Dedra Slone, adoptive parent liaison, at 432-4110 or 422-7927, or email to: doslone@eastky.net.

PARENTS! - Contact the Big Sandy Area Community Action Program, Inc. to find out about child care services in your area, the STARS for KIDS NOW licensing standards program, and how you can earn an income by staying home with your own children while caring for the children of others. Find out more by calling Cheryl Endicott at 886-1280, or 888-872-7227 (toll free).

East Kentucky S.T.A.R.S. Homeschoolers - Will hold monthly meetings at the Paintsville Recreation Center. For more information, call Trudy at 889-9333, or 297-5147. Everyone welcome.

Narcotics Anonymous (NA) - Each Wednesday, from 7-8 p.m., in the Artrium Conference Room, 2nd floor, May Tower, Pikeville Methodist Hospital. For more info., contact Chris Cook at 606-433-1119 or christophercook@hotmail.com.

WEBB MEDICAL GROUP AFTER HOURS CLINIC
Friday5:00 p.m.-8:00 p.m.
Saturday1:00 p.m.-6:00 p.m.
Sunday1:00 p.m.-6:00 p.m.
Staffed by local Nurse Practitioner
GLENNIS SLONE-LITTLE
Walk-ins Welcome • Apts. Available
After hours clinic will be closed last weekend of every month.
606-874-0009
93 Pickett Lane, Prestonsburg, Ky.

The Floyd County Animal Shelter PET OF THE WEEK

This week's celebrity is LARRY PREECE, who is the Homeless Assistance Coordinator for the Apple-Red Legal Aid office in Prestonsburg. Larry is holding two adorable and very active, 10-week-old Cocker Spaniel females named MAY and BABE.
The Floyd County Animal Shelter is located at Sally Stephens Branch in West Prestonsburg
Phone 886-3189

COMMONWEALTH CHIROPRACTIC CENTER DR. CHIP SALYERS
To our patients and friends:
Each year during the holiday season, we take great pleasure in setting aside our regular work and sending a heartfelt message to all our best friends and patients.
How blessed we are that this time has come again to extend to you our sincere gratitude, because it is good friends and patients like you, who make our practice possible.
May your holiday be filled with joy, and the coming year be overflowing with all the good things in life.
We invite you to join us in celebrating our eighth annual patient appreciation week and food drive, December 1st, through December 23rd.

• Patient Appreciation Gifts • Grand Door Prize
PLEASE BRING A CANNED ITEM THAT WILL BE DONATED TO A LOCAL PANTRY.
Merry Christmas & Happy, Healthy New Year
Dr. Chip Salyers and Staff

B3

YESTERDAYS

(Items taken from
The Floyd County
Times,
10, 20, 30, 40, 50, 60,
70 years ago.)

Ten Years Ago

(December 3, 5, and 8, 1999)

On Tuesday evening, the Floyd County Board of Education met in a special-called session in an attempt to resolve an issue that has been a subject of much debate—approval of the draft district facility plan and related items.

The question of whether to purchase the Old Bank Josephine Building in Prestonsburg continues to be a big part of the Floyd County Board of Education's discussions, as a motion to buy the building for a central office surfaced and was defeated for a fourth time Tuesday evening.

Burton Holland, a Knott County man, was acquitted of criminal littering charges in Floyd District Court Thursday. He had been accused of bringing at least three truckloads of garbage into the county and dumping them.

The building and operation of the county's 911 system has been an atrocity, according to some of the firefighters at the 911 Advisory Council meeting, Wednesday night. "It's been operated, like a circus for 10 years," said Terry Triplett of the Garrett Fire Department and vice chairman of the board.

Santa Claus will be making a stop in Prestonsburg this weekend to help make local children's dreams come true. He'll be at Big Lots in the Prestonsburg Village Shopping Center on Saturday.

The Floyd County Chamber of Commerce would like to inform the community that it is soliciting donations of food or money for needy families during the holiday season, although they do support independent efforts made by member businesses to do so.

An early morning fire destroyed a Johnson County home, killing two children and sending their parents to the hospital. The fire began in the home of Phillip and Elizabeth Cavens in Thealka. Seven-year-old Corey D. Cavens and his half-sister, Misty D. Poe, 11, were killed in the fire.

Officials with the Otter-Creek Correctional Center in Wheelwright, say that facility must either start accepting out-of-state prisoners, or send its 128 workers to the unemployment line. It's coming to the point that (Corrections Corporation of America, owner of the prison) has to do something," said Bill Wolford, warden at the minimum-security prison, adding that the problem is simply one of numbers.

Faced with the prospect of either 600 out-of-state prisoners, moving into their community or losing their town's largest employer altogether, many in this former coal camp express reluctant acceptance of a plan to keep Otter Creek Correctional Center open.

The Floyd County Board of Education in a special-called session Thursday night, worked out a plan that allows the board to go from an either-or situation to a win-win situation. The board had tried four previous times, the last being Tuesday night, to pass a motion to purchase the old Bank Josephine main office in Prestonsburg for a central office.

A debate over the creation of a golf course advisory board raged on with the Prestonsburg City Council during a special meeting, Monday. The debate over the function of the board became so heated, council member Trent Nairn resigned his position on the City Ordinance Committee. A 3-4 vote struck down a motion that would have created a golf advisory board.

Hope for a future new downtown area looms larger for the residents of Martin. Council members Thomasine Robinson, Rick Caudill, Mahendra Varia and Eugene Hutchison met with Floyd County Judge-Executive Paul Hunt Thompson, Monday, to ask for county sponsorship of the City of Martin's flood project.

The Floyd County Fiscal Court is well on the way to owning a new industrial park. Members of the Floyd County Industrial Development Authority yesterday unanimously approved selling an 11-acre site in Harold to the fiscal court. In exchange the county will pay off the \$350,000 of debt owed on the property.

Established in 1927, Wright's Barber Shop, now Wright's Hair Styling, is downtown Prestonsburg's oldest business. Its longevity can be traced for 72 years. Wright's is a hub of news and downright gossip for the town, said owner Elder Gary Wright.

Three accidents with injuries were reported to the Kentucky State Police along Route 379, Sunday morning, two involving vehicles crashing into stationary objects. An accident involving two vehicles, Nathan Hayes and Elma Caudill had collided in the predawn hours at an apparently slick section of the highway. At about 4:22 a.m., Trooper Ronald Peppie was called to the scene of a one-vehicle accident on Rt. 979. Brent Mitchell, 19, apparently struck a tree while driving out of the Mud Creek area. Mitchell was transported to the McDowell Appalachian Regional Hospital, then to the Pike County Airport where he was transferred to a University of Kentucky Medical helicopter and flown to the UK Chandler Medical Center. Mitchell was placed in a protective coma and is in the intensive care unit.

Christopher Michael Patton, 25, of Martin, was killed in a single-vehicle accident in the Arkansas Creek area. According to Kentucky State Police, Patton was traveling eastbound on Graeland Road when he attempted to turn onto Arkansas Creek Road. The 1982 Buick Regal ran off the roadway, overturned and became submerged in a creek.

Kentucky will have a new education commissioner January 1—at least temporarily. Kevin Noland, who serves as associate commissioner of the Department of Education's Office of Legal Services, was named interim education commissioner by the state board yesterday.

There died: Earnest Vance, 83, of Beaver, Wednesday, December 1, at McDowell Appalachian Regional Hospital; Lewis Lloyd Calhoun, 80, of Frankfort, formerly of Ft. Hart, Tuesday, November 30, at his residence; Wayne Wright Tackett, 55, of Ypsilanti, Michigan, formerly of Bevinville, Wednesday, December 1, at his residence; Joyce Moore, 69, of McDowell, November 30, at McDowell Appalachian Regional Hospital; John Wallace Estep Jr., 76, of Allen, Thursday, December 2, at the Veterans Hospital, Huntington, West Virginia; Madeline Newsome Mitchell, 61, of Grethel, Friday, December 3, at her residence; Ginn Stumbo, 82, of Bradenton, Florida, formerly of McDowell, Thursday, December 2; Randall Scott Holbrook, 35, of David, November 27, as the result of a trailer fire; Abe Cline Howell, 62, of McDowell, Monday, December 6, at McDowell Appalachian Regional Hospital; Eugene Sparkman, 62, of Minnie, Sunday, December 5, at McDowell Appalachian Regional Hospital; Roy Michael Hamilton, 41, of St. Cloud, Florida, Wednesday, November 24, in Florida; Christopher Michael Patton, 25, of Arkansas Creek, Saturday, December 4, at Arkansas Creek, following an auto accident; Gloria Ritchie, 60, of Talcum, December 4, at the Hazard Appalachian Regional Hospital; Dorothy "Doty" Gay Martin Yabroff, 57, of Wilmington, Delaware, a Paintsville native, December 6, at home; Oliver Bryant, 71, of Countryside Continuing Care Center, Fremont, Ohio, Tuesday, November 30, at Fremont Memorial Hospital.

Twenty Years Ago

(December 6 & 8, 1989)

A special investigator has been asked to examine irregular activities surrounding the Nov. 7 county election.

A dump truck, driven by Greg Gordon, 19, of Royalton, lost its brakes, last Friday afternoon, at the intersection of Route 23 and 3, near Auxier, ramming a pickup truck and coming to rest wedged between two trees at the bottom of a steep hill, yards from the Big Sandy River.

A proposal requiring property owners to have an adequate water supply in all rented living structures was passed, Monday night, by Allen City Council.

The Floyd County School Board, authorized sale of bonds for the Allen Elementary School projects at a special meeting, Tuesday, and accepted bids for the first phase of construction at McDowell-Wheelwright Consolidated High School on Left Beaver.

A courthouse battle boiled over Thursday between Commonwealth's Attorney Jerry Patton and 1989 Grand Jury foreman and former District 1 magistrate candidate Gormon Collins Jr.

There died: Bryson "Brice" Allen, 92, of Lima, Ohio, formerly of Pymard, November 26, at Hillside Acres Nursing Home in Willard, Ohio; Woodrow Wilson Allen, 76, of Prestonsburg, November 28, at Highlands Regional Medical Center; Buck Combs, 74, of Prestonsburg, December 3, at HRMC; Mary E. Ginter, 90, of North Vernon, Indiana, November 30, at Greensburg, Indiana; Kittie Marie Layne, 77, of Louisville, formerly of Harold, November 28, at the Christopher East Nursing Home in Louisville; Geneva Innon Smith, 74, of Prestonsburg, November 29, at HRMC; Roy Smock, 71, of Betsy Layne, December 5, at his residence; Bernie Darl Vance, 41, of Langley, December 1, at HRMC; Gracie Keathley VanHoose, 59, of Grethel, December 1, in Pike County; Camilia E. Wallen, 11 days of Prestonsburg, December 1, at HRMC; Dr. Cyrus P. Brice, 89, of Betsy Layne, December 7, at Pikeville Methodist

Hospital; Billy O. Burchett, 54, of Nippa, former employee of Floyd Cleaners, December 5, at Cabell-Huntington Hospital.

Thirty Years Ago

(December 19, 1979)

Both District Judge Harold Stumbo and County Attorney Arnold Turner Jr. agreed this week that bootlegging is a growing problem. Stumbo blamed the increase in unemployment and economic conditions, but Turner held that part of the problem was the "probation and peace bond approach to the problem."

Monday's was only the fourth meeting of fledgling Martin Grade School Parent-Teacher Group, and attendance was sparse. The main focus of the meeting was the "filthy condition" of the school.

The end-of-the-year meeting, Monday, of the Big Sandy ADD board, focused on five Floyd County projects: Replacement of bridges at Allen, German and Martin; construction of a day care center in Prestonsburg; and the purchase by the City of Wheelwright of the maintenance shop there.

A three-hour fire which gutted a building of the Brown Produce Company here, early Monday night, caused damage that ranged from \$150,000 to \$200,000.


The Floyd Cable TV Commission received a direct challenge at its regular meeting, Friday, when Mike Little, who holds the cable TV franchise for the upper Left Beaver area, vowed to raise his monthly service rate above the limit set by the commission.

Commitments by landfill operators in Johnson and Pike counties to accept solid waste from Floyd County have averted a threatened disqualification of this county's bid for federal monies to develop a garbage-disposal system here.

Its local operations already closed, the Prestonsburg Shoe Company (US Shoe) will lock the doors of its West Prestonsburg location, next month, when the last of its equipment will be moved to the parent company's

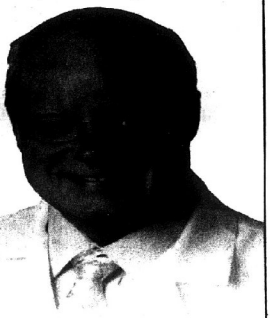
(See CALENDAR, page four)

HIGHLANDS REGIONAL MEDICAL CENTER



HIGHLANDS REGIONAL
The Medical Center of Eastern Kentucky

Highlands Welcomes
Orthopaedic Specialist
Dr. Daryl S. Larke
to Our Community



Daryl S. Larke, M.D.

5000 KY Rt 321, Suite 2129
Highlands Regional
Medical Office Building
Prestonsburg, KY 41653


(606) 889-6200 • phone
(606) 889-6201 • fax

Highlands Regional Medical Center would like to welcome Orthopaedic Specialist, Daryl S. Larke, M.D. in '976, Dr. Larke graduated from Northwestern University in Chicago, Illinois, and completed a residency in orthopaedics at the Cleveland Clinic. He received his Board Certification from the American Board of Orthopaedic Surgery and is a member of the American Medical Association and the American Academy of Orthopaedic Surgeons. Highlands Regional Medical Center is pleased to welcome, Orthopaedic Specialist, Dr. Daryl S. Larke to our community.

Dr. Larke provides the following services:

<p>Surgical / non-surgical treatment of:</p> <ul style="list-style-type: none"> • Fractures • Arthritis • Sprains • Strains • Tendonitis 	<p>Orthopaedic Procedures Include:</p> <ul style="list-style-type: none"> • Arthroscopy (Knees and Shoulders) • Knee and hip replacement • Carpal tunnel release • Foot surgeries • Fracture care
--	---

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"Live Drive-Through Nativity"

"Come, go back to the night when Jesus was born in Bethlehem. Experience the wonder of the Special night from the comfort of your own car."

Christ United Methodist Church
105 Methodist Lane, Allen, KY, Church Parking Lot
December 12 and 13th, 2009
From 6:00 p.m., till 9:00 p.m. • Rain Date, December 14

ALSO, Come Join Us
Christ United Methodist Choir will present Christmas Cantata "God Speaking" during 11 a.m., Sunday Morning Service, **December 13, 2009**
Wednesday, December 16, at 12:30 p.m. Wesley Christmas School will present "Shepherds, Sheep and A Savior," in Wesley Gym.
Christmas Eve Candle Light Service on **December 24, 2009**, at 8:00 p.m.

Yesterdays

Cincinnati headquarters

There died: Calloway Slone, 80, of Wayland, Thursday, at Highlands Nursing Home, Hindman; Amos Blackburn, 56, of Dwayne, Monday, at Highlands Regional Medical Center; Sally Myrtle Shrewsbury, 77, of South Point, Ohio, formerly of Wheelwright, Dec. 12; Bessie Akers Thompson, 64, of Tram, Sunday, at HRMC; Hester W. Miller, 70, of Spurlock, Saturday, at Riverview Manor Nursing Home; Shelby Jean Smith, 39, of Martin, Thursday, at Our Lady of the Way Hospital; Ben Rose, 92, of Middle Creek Road, Sunday, at Riverview Manor Nursing Home; Randall Newman, 46, of Detroit, Mich., formerly of Hi Hat, Nov. 30, at Henry Ford Hospital in Detroit; Haskell Bailey, 69, of Martin, Saturday, at St. Joseph Hospital, in Lexington.

Forty Years Ago
(December 18, 1969)

The low base bid of \$3,744,309 asked by James N. Gray, Glasgow contractor, for constructors of Highlands Regional Hospital near here was accepted by the Economic Development Administration, last Thursday afternoon.

State Representative Everett Akers of Martin, last week, called on the US Department of Justice to investigate Floyd County's schools, and his request brought an immediate response from superintendent of schools Charles Clark.

Plans and specifications for the big water program proposed for the Right and Left Beaver sections of the county have been completed and forwarded to the Economic Development Administration, and advertising for bids on the project is expected almost immediately.

There died: Minnie Burchett Merritt, 71, of Prestonsburg, Sunday, at Pikeville; James Clifton, 87, of Dwayne, last Tuesday, at the Prestonsburg General Hospital; Walter Boggs, 71, of Water Gap, Tuesday morning at Our Lady of the Way Hospital, Martin; Martha Waddles Conley, 74, December 10, at her home at Lackey; Rev. Bill Sparks, 70, of Wayland, last Monday, at his home in Betsy Layne; James Edgar Moore, 44, of Drift, Friday at the UK Medical Center.

Fifty Years Ago
(December 17, 1959)

Four long-term contracts made by the Division of Parks late in the Chandler administration with boat dock operators, including two on Dewey Lake, were canceled, Tuesday, by Governor Combs.

Resignation Monday of Bill Napier as Mayor of Prestonsburg was followed by the election by the Council of Dr. Edward B. Leslie to fill the vacancy thus created.

A new request for aid on an airport to serve the Prestonsburg-Paintsville area, was filed this week with the Civil Aeronautics Administration.

Appointment by Governor Combs of A.B. Meade of Prestonsburg, as a member of the Alcoholic Beverage Control Board was announced last week.

The Prestonsburg post office which usually closes at noon Saturday, will remain open all day this Saturday for the convenience of the public.

Bess S. May, postmistress, announced. A poor sanitation system here was blamed for the spread of hepatitis by state and local health officials, who met here Wednesday. There are six new cases of hepatitis locally, and a total of 28 in the county.

There died: Pvt. Curtis T. Webb, 18, in an auto mishap, Dec. 6, in Meuse, France; General W. Branham, 86, Wednesday, at Amba; Clara L. Prater, 34, formerly of Hippo, Sunday, at Willard, Ohio; Fred Newsome, 74, of Melvin, Sunday, at home; Anna Clark Stephens, 87, of Prestonsburg, Saturday; Dave Burchett, 68, Floyd native, in Cleveland, Ohio, Sunday; Ernest L. Reffitt, 55, of Langley, last Thursday.

Sixty Years Ago
(December 22, 1949)

Zona Baldrige Fuller, formerly of Bonanza, now living in Louisville, was held up and robbed the night of December 14, of \$324.

Fingerprints have been obtained from the Martin business

places which have been burglarized recently. A sudden shift of wind saved 37 houses of the Stephens Elkhorn Coal mining camp, in Manton, from midday destruction, last week, by flames which reduced four other houses to rubble.

The Prestonsburg Blackcats defeated the Pikeville Panthers, 47-45, in an overtime game here Friday. The Betsy Layne Bobcats defeated the Prestonsburg Blackcats here, Saturday, 64-26.

The Martin Purple Flash, with five wins, no losses, is expected to be county champs again this year, and a top power in the 15th Region and eastern Kentucky.

There died: James F. Coburn Jr., 29, of Prestonsburg, in an auto accident, near Winchester today (Thursday); Corbett Bentley, 50, of Lackey, Saturday; Della Maynard, 39, Friday, at her home at Lancer; Monroe Moore, 65, of McDowell, of a heart attack, Saturday.

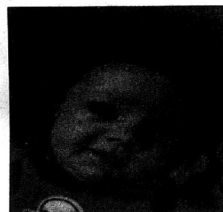
Seventy Years Ago
(December 14, 1939)

Though a threatened suspension of federal surplus commodity shipments to Kentucky counties was in sight after Friday, it was indicated Monday that supplies on hand are sufficient to supply relief clients through December. Four hundred twenty-five carloads of commodities, with a retail value of \$1,051,366 were contributed in Kentucky from January to September of this year.

Violation of the corrupt Practice Act; voting of persons who were not at the election; connivance of candidates and election commissioners and election officers—these and other infractions of the state's elections laws are alleged by seven defeated candidates of this county who are contesting the elections of their opponents.

If satisfactory arrangements for it and operation can be made, the Prestonsburg Woman's Club will sponsor the drive for funds with which to purchase an iron lung for the Floyd County sufferers from infantile paralysis. This action follows the infantile paralysis epidemic in this county.

There died: Jeff Hunter, 78, a native of Left Beaver; Sadie Sturgill Stephens, 41, of Alphoretta, at the Beaver Valley Hospital, Martin; Leonard Thompson Newsome, 39, of Garrett, at the Lackey Hospital.



Desarae Soleil Castle was born on Sept. 16 at Cabell-Huntington Hospital. She weighed 5 pounds 14 ounces and was 19 inches long. Her parents are Ron and Tina Castle, of Hueysville, and her grandparents are Kay and the late Jerry Music, and Ronnie and Ilene Castle.

Science

Continued from p1

fields. This gives the scientists a lot more confidence in understanding how plants would react to these changes in the real world, including the actual estimates of climate change impact on crop yields.

Where does this good news-bad news scenario leave us? There's still a lot to be learned about how other interacting factors that impact on food crop production could come into play by the time we hit the mid-point of this century. But the scientists have already started studying how combinations of factors will affect the plants: drought, CO2 and increasing temperatures.

This is complicated stuff, and finding the answers won't always be easy. But those answers could give plant breeders just what they need to develop new soybean cultivars that can adapt and thrive in our ever-changing climate -- and can help keep our grandkids and their kids fed in the year 2050.

The Agricultural Research Service is the chief in-house scientific research agency of the U.S. Department of Agriculture. You can read more about ARS discoveries at <http://www.ars.usda.gov/news>.

Chamber

Continued from p2

liquid suspension instead. The pharmacy features a state of the art compounding lab, private consultation area and provides specialty compounding in the areas of bi-identical hormone replacement therapy, dentistry, veterinary, and community hospice care.

Owned and operated by Steve and Alicia Dawson, RPh. Located at 9549 Route 122 in McDowell, the pharmacy's hours are 8 a.m. to 6 p.m. Monday to Friday and 8 a.m. to 1 p.m. on Saturday. Steve and Alicia Dawson can be contacted at (606) 377-1088.

Your Heart is Talking
Are you Listening?

If you think your risk of a heart attack is lower because you're a woman—think again. In fact, heart disease is the No. 1 killer of women. You can be your own best friend... but you have to listen.

- **Unusual Fatigue / Weakness**
Unexplained fatigue or weakness that doesn't go away is a major warning sign.
- **Shortness of Breath**
This is the most important warning sign for women.
- **Indigestion**
Many women report indigestion or nausea. Don't ignore this early sign.
- **Upper Body Discomfort**
A feeling of pain or discomfort in the arms, back, neck, jaw or stomach also can be a sign.
- **Chest Pain**
Only about a third of women report pressure, pain or tightness of the chest.
- **Cold Sweats**
A common symptom of a heart attack, cold sweats may occur in women as well as men.
- **Other Signs**
Anxiousness, unexplained dizziness and sleep disturbances are additional signs.

Whether you're a man or a woman, if you have one or more symptoms of a heart attack, call 9-1-1 right away. When it comes to your heart, time is muscle. The quicker you act, the better your chances of a complete recovery.

The heart experts at King's Daughters stand ready 24/7. Our accredited Chest Pain Center averages a door-to-balloon time of just 52 minutes. That's significantly better than the national standard of 90 minutes. And we do every major heart procedure -- and more of them than anyone in the region.

Your heart deserves expert care.

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