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The Times

FLOYD COUNTY
WEEKEND EDITION

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Volume 83, Issue 110 • 75 Cents

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by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — Stephanie Vanderpool, the former employee of Martin Dairy Queen who was injured in a two-vehicle accident in March, settled her case out of court this week.

Vanderpool settled for an undisclosed amount at a mediation hearing in Lexington Monday, according to her lawyer, Ashley Tackett of Kirk Law Firm.

In March, Vanderpool was struck by an empty coal truck at a red light in Allen along U.S. 23.

"Stephanie received serious and permanent injuries and has not been able to work since the crash," Tackett said. "It is very fortunate that she survived a crash with a big coal truck. Her medical bills continue to be substantial."

Vanderpool's case was brought against Willford Lawson Jr. and Lawson Drilling and Trucking Company of Paintsville in May.

The terms of the settlement were not disclosed, said John C. Kirk, Vanderpool's lead attorney.

PHS students arrested for smoke bombs

by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — Two Prestonburg High School students are now being held at a juvenile detention center in Breathitt County after police arrested them for allegedly setting off smoke bombs at the school Wednesday.

The two students, ages 15 and 16, set the bombs off Wednesday morning just after 8 a.m. during first class

change, school officials said. The first was set in a crowded hallway of the school and a second outside, where more students were getting off buses.

According to police, the teens set fire to ping pong balls wrapped in aluminum, the first of which created a fire in the hallway that was later extinguished by another student.

As school officials scrambled to calm the some 200 students running from the smoke and fire, PHS Principal

Ted George said his assistant principal spotted the two accused teens outside setting the second bomb near the bus stop.

The two were immediately rounded up and law enforcement officials were called to the scene.

"The bombs smoked up the hallways and left an odor," said officer Gerald Clark. "No students or faculty were injured or evacuated from the building."

In addition to statements from administration about the students who were allegedly involved, police also found two pieces of aluminum foil and recovered them as evidence at the scene.

George said that a clear message was sent Wednesday that what some might call pranks would not be tolerated at the school, adding that hundreds

(See TEENS, page seven)

SANTA GETS READY



photo by Sheldon Compton

Santa Claus prepared for the busy Christmas season Thursday, as Floyd County Health Department R.N. Delisa Caudill gave him an H1N1 (swine flu) vaccination Thursday. Santa said he would make sure Delisa received a nice gift this year for helping him stay healthy for the holidays.

Burglars tunnel into Family Dollar

by SHELDON COMPTON
STAFF WRITER

BETSY LAYNE — The Family Dollar store at Betsy Layne was the target of burglary this past weekend after police said one or possibly two people gained entry into the store through an adjacent office building.

According to Kentucky State Police Det. Gary Sykes, who is investigating the break-in, the burglars entered the adjacent business, East Kentucky Physical Therapy, through a side door. Once inside, they broke through the wall joining the physical therapy offices and the Family Dollar.

"They busted through the wall

with what appeared to have been a hammer of some kind, maybe a sledgehammer," Sykes said. "The alarm didn't go off and the manager didn't know there had been a burglary until she came in the next morning."

The hole busted in the wall was

(See BURGLARY, page seven)

Stumbo returns from trade trip to China

by SHELDON COMPTON
STAFF WRITER

FRANKFORT — House Speaker Greg Stumbo, who returned Monday from a week-long trade mission to China with legislative leaders from more than 30 states, said the trip holds potential for Kentucky, particularly its coal industry.

"It is amazing just how much growth China is experiencing, and there is no sign that it will slow anytime soon," Stumbo said. "Kentucky already exports more than \$600 million worth of products to China, so I spent my time seeing how we could add to that figure."

Stumbo said he is convinced now more than ever that China's growing need for coal holds a lot of potential for Kentucky.

The trip, which saw Stumbo as the only Kentucky legislator, was sponsored by the State Legislative Leaders Foundation, a nationwide organization dedicated to state rouse and senate leaders.

One of the unique aspects of the mission, according to Stumbo, was the opportunity to meet some of China's counterparts to American legislators.

"We found that we have a lot in common," Stumbo said Thursday. "Their top focus, like ours, is on jobs, education and transportation. We may be from different countries, but we all have the same basic needs."

Some of the things highlighted during the trip included Kentucky's coal, timber, horse and tourism industries. These things were covered in literature handed out during the trip and later translated for the Chinese hosts by Kentucky State University student Lawson Whites.

During a ceremony at the Great Hall of the People during the week-long trip, legislators were greeted by Sang Guowei, the vice chairman of the Standing Committee of the National People's Congress of the People's Republic of China, the highest ranking official to meet with American leaders.

Homeless program receives \$60K grant

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG — The Appalachian Research and Defense Fund (AppalReD) recently received a \$60,000 grant under the name of the Appalachian Homeless Outreach Prevention Effort (HOPE) from Kentucky's Housing and Emergency Assistance Reaching the Homeless program (HEARTH).

Kentucky HEARTH is federal assistance program that helps prevent individuals and families from becoming homeless and those who are experiencing homelessness to be quickly rehoused and stabilized. The Kentucky Housing Corporation administers the funding throughout Kentucky.

"The grant will be used for short-term rental assistance, hotel and motel voucher money, security payments and utility payments, among other things," said Bertha Daniels, coordinator of Appalachian HOPE. "For example, we

had a woman come in and her utilities had been shut off. She had her children visiting different places to stay warm. She came in to see us and by 3 p.m. we had a check to the utility company and her power was back on. We put her back in her house."

Appalachian HOPE also works with other local organizations to help with the housing situation.

"We work with homeless shelters and other shelters to help them with the housing search when the residents get

ready to get back into independent living," Daniels said. "Ultimately, we want a homeless shelter in Floyd County. WestCare does a great job and they get full pretty fast, but we don't need to have to reach out to Pike County each time we find somebody who doesn't have a place to live here. We need to be able to do that in Floyd County."

For more information on Appalachian HOPE, visit the office at 116 North Front Avenue, in Prestonsburg.

2 DAY FORECAST

Today



High: 56 • Low: 35

Tomorrow



High: 56 • Low: 35

For up-to-the-minute forecasts, see floydcountytimes.com

inside

- Obituaries.....A2
- For the Record.....A3
- Opinion.....A4
- Sports.....B1
- Lifestyles.....B3
- Faith & Family.....B5
- Classifieds.....B6



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Regional Obituaries

FLOYD COUNTY

■ Lillian Ruth Bartley, 87, of Lowmansville, died Sunday, November 15, at the Paul B. Hall Medical Center, in Paintsville. Funeral services were held Wednesday, November 18, under the direction of Nelson-Frazier Funeral Home.

■ Timothy Glenn Boyd, 47, of Dana, died Thursday, November 12, in Dana. Funeral services were held Sunday, November 15, under the direction of Nelson-Frazier Funeral Home.

■ Douglas Burke, 87, of Prestonsburg, died Friday, November 13, at his residence. Funeral services were held Monday, November 16, under the direction of Nelson-Frazier Funeral Home.

■ Forrest Dale Bryant, 72, of Hi Hat, died Sunday, November

15, at his residence. Funeral services were held Thursday, November 19, under the direction of Nelson-Frazier Funeral Home.

■ Patty Compton, 54, of Melvin, died Tuesday, November 10, at the University of Kentucky Medical Center, Lexington. Funeral services were held Friday, November 13, under the direction of Roberts Funeral Home.

■ Russell Mont Frazier, 69, of Betsy Layne, died Sunday, November 15, at the Central Baptist Hospital, in Lexington. He is survived by his wife, Mary Lee Branham Frazier. Funeral services were held Thursday, November 19, under the direction of Hall Funeral Home.

■ Gary Hamilton, 35, of Teaberry, died Friday, November 6, at home. Funeral

services were held Monday, November 9, under the direction of Nelson-Frazier Funeral Home.

■ Luther D. "Lightning" Heard, Sr. 95, of Windsor, North Carolina, a native of Prestonsburg, died Thursday, November 12. He is survived by his wife, Delphia Marie Herald. Memorial services were held at Snug Harbor Community Church on Saturday, November 21, under the direction of Walker Funeral Home, Windsor.

■ Roland Howell, 78, of McDowell, died Sunday, November 15, in McDowell ARH. He is survived by his wife, Beatrice Dye Howell. Funeral services were held Wednesday, November 18, under the direction of Nelson-Frazier Funeral Home.

■ Edgar Martin, 75, of Teaberry, died Thursday, November 5, at Highlands Regional Medical Center in Prestonsburg. He is survived by his wife, Verbal Paige Martin. Funeral services were held Sunday, November 8, under the direction of Nelson-Frazier Funeral Home.

■ Amy Mae McGarey, 80, of Langley, died Sunday, November 15, at the Riverview Health Care Center. Funeral services were held Wednesday, November 18, under the direction of Nelson-Frazier Funeral Home.

■ Dean Robert Merritt, 91, of Emma, died Sunday, November 15, in Highlands Regional Medical Center, in Prestonsburg. Funeral services were conducted Wednesday, November 18, under the direction of Hall Funeral Home.

■ Barry Robinson, 49, of David, died Saturday, November 14. David funeral services were held Wednesday, November 18, under the direction of Nelson-Frazier Funeral Home.

■ Milton Russell Vanderpool, 78, of Huesyville, died Monday, November 2, at home. Funeral services were held Friday, November 6, under the direction of Nelson-Frazier Funeral Home.

■ Charles R. Wireman, 74, a native of Garrett, died Monday November 16, at the Forum Health-Trumbull Memorial Hospital. He is survived by his wife, Charlene (Kinney) Wireman. Funeral services were conducted Friday, November 20, under the direction of Hall Funeral Home.

■ Noah Tatum Hall, infant son of Rachel Thacker and Bradley Hall of Indian Creek, Virgie, died Tuesday, November 10, at the University of Kentucky Medical Center, Lexington. Funeral services were held Thursday, November 12, under the direction of Lucas & Son Funeral Home.

■ Rosie Lee Hall, 59, of Douglas Parkway, died Monday, November 9, at Pikeville Medical Center. Funeral services were held Thursday, November 12, under the direction of Roberts Funeral Home.

■ Billy Ray Howard, 75, died Thursday, November 12, at Pikeville Medical Center. He is survived by his wife, Cleotene Howard. Funeral services were held Saturday, November 14, under the direction of Thacker Funeral Home.

■ Cornelius Adolph Justice, 77, of Pikeville, died Saturday, November 7, at Pikeville Medical Center. Funeral services were held Wednesday, November 11, under the direction of J.W. Call Funeral Home.

■ Larry Reed Justice, 39, died Friday, November 13, at Pikeville Medical Center. Funeral services were held Monday, under the direction of Thacker Funeral Home.

■ Lucile Bentley Pinson, 88, of Pikeville, died Friday, November 6, at St. Joseph Hospital, Lexington. Funeral services were held Sunday, November 8, under the direction of J.W. Call Funeral Home.

■ James "Bub" Ratliff, 71, of Elkhorn City, died Thursday, October 8, at Pikeville Medical Center. He is survived by his wife, Delma Ruth Hyden Ratliff. Funeral services were held Sunday, October 10, under the direction of Bailey Funeral Home.

■ Mae Kinder Saler, 75, of Columbus, Ohio, a Pike County native, died Saturday, October 31, at her home. A memorial service was held at Grace Baptist Church of Shelbyana, Sunday, November 15, under the direction of Thacker Funeral Home.

■ Ethan Santon, infant son of Anthony and Heather Santon of Elizabethtown, was stillborn at Hardin Memorial Hospital, Elizabethtown, Thursday, November 5. Funeral services were held Sunday, November 8, under the direction of Manaker Funeral Home of Elizabethtown.

■ Bernice Sifers, 63, of Belvedere, Ill., a native of Regina, died Monday, September 7, in Indianapolis. Funeral services were held Saturday, September 12, under the direction of Laird Funeral Home of Elgin, Ill.

■ Eunice Mildred Varney, 81, of Pinsonfork, died Tuesday, November 10, at Williamson Memorial Hospital, Williamson, W.Va. Funeral services were held Friday, November 13, under the direction of R.E. Rogers Funeral Home.

■ Brian Keith White, 32, of Booker Branch of Jenkins, a Pike County native, died Wednesday, November 11, at his

home. Funeral services were held Saturday, November 14, under the direction of Hall & Jones Funeral Home.

■ Nina Gwen Watkins, 62, of Worthington, formerly of Pikeville, died Thursday, November 12, at Our Lady of Bellefonte Hospital, Ashland. Funeral services were held Sunday, under the direction of Hall Funeral Home.

West Virginia. He is survived by his wife, Vallie Sturgill. Funeral services were held Saturday, November 7, under the direction of Steen Funeral Home.

KNOTT COUNTY

■ Pauline Day Garrett, 85, of Huntington, West Virginia, formerly of Knott County, died Tuesday, November 3, at St. Mary's Hospital in Huntington. Funeral services were held Saturday, November 7, under the direction of Hindman Funeral Services.

■ Goshen Hall, 84, of Kite, died Saturday, November 7, at the Hazard ARH. Funeral services were held Wednesday, November 11, under the direction of Nelson-Frazier Funeral Home, Hindman.

■ Parlice Hall, 83, of Bevinville, died Thursday, November 6, at home. Funeral services were held Monday, November 9, under the direction of Hall Funeral Home.

■ Pauline Stone Huff, 70, of Topmost, died Thursday, November 5, at the UKMC in Lexington. She is survived by her husband, Cecil Huff. Funeral services were held Sunday, November 8, under the direction of Hindman Funeral Services.

■ Claude Ray Sizemore, 33, of Mousie, died Thursday, November 5, at his home. Funeral services were held Sunday, November 8, under the direction of Hindman Funeral Services.

■ Christine Fugate Watts, 76, of Ary, died Saturday, October 31, at the Hazard ARH. Funeral services were held Tuesday, November 3, under the direction of Hindman Funeral Services.

Obituaries



Katherine Johnson

Katherine Johnson, age 81, of Virgie, passed away Monday, November 16, 2009, at the Pikeville Medical Center.

She was born in Pike County, July 17, 1928, the daughter of the late Willard and Rosa Hall Johnson. She was a homemaker and a member of the Old Regular Baptist Church.

In addition to her parents, she was preceded in death by three sons: Gary, Jimmy, and Jerry Mullins; and one brother, Wid Johnson.

She is survived by four sons: Donald (Pamela) Mullins of Kona; Roger (Sandy) Mullins of Millard; Terry (Sandy) Mullins of Shelby Gap; and Kenneth Mullins of Prestonsburg; three daughters: Judy (Monroe) Stiltner of Grundy, Virginia; Shirley Catanzarite of Warsaw, Indiana; and Rita (Timothy) Elkins of Pound, Virginia; one sister; Imogene Tackett of Price; 15 grandchildren, and 18 great-grandchildren; a special friend, Loraine Stuhman; and numerous nieces and nephews.

Funeral services will be held Friday, at 11:00 a.m., at the Enterprise Old Regular Baptist Church, with Jimmy Dale Sanders, James Tackett, Teddy Honaker, and others, officiating.

Burial will follow in the Richmond Cemetery in Prestonsburg.

Arrangements are under direction of the Hall & Jones Funeral Home of Virgie.

Joe Pelphrey of Huntington West Virginia; and Dr. Al Pelphrey of Pikeville; a sister, Jewel Sturgill of Paintsville; five grandchildren, five great-grandchildren, and many nieces, nephews, cousins and friends.

He was preceded in death by his mother, Leona Pelphrey Sturgill; his stepfather, Clifford Sturgill; and a son Bennie Allen Pelphrey.

He had been a minister of the United Baptist Church for 65 years, and only recently retired from pastor of the Paintsville United Baptist Church. During that time he officiated at countless marriages, baptisms and funerals throughout eastern Kentucky, Ohio, West Virginia, and Virginia.

He was honored on October 25th, at the Paintsville United Baptist Church for his 29 years of service.

He was also the local "Jewel Tea Man," serving Floyd, Knott and Johnson counties. After retirement, and until the time of his death, he worked part-time as a courtesy clerk at the Prestonsburg Food City.

While working with the Jewel Tea Company and with Food City, it was not uncommon for him to mix work and ministry, making an impact in the lives of countless friends he met along the way.

John truly lived the life of a servant to his Lord, his family, his church, and his community.

Funeral services were held Friday, November 13th, at 11 a.m., at the Paintsville United Baptist Church.

Burial was in the Davis family cemetery in Johnson County.

We are confident that our loss is surely Heaven's gain.

Funeral services were held Friday, November 13th, at 11 a.m., at the Paintsville United Baptist Church.

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John R. Pelphrey

John R. Pelphrey, 81, of Allen, went to be with the Lord on Tuesday, November 10th, 2009.

He is survived by Minervia Davis Pelphrey, his loving wife of 62 years; a daughter, Diann Pelphrey Johnson of Allen; and three sons: Glenard Pelphrey of Garrettsville, Ohio;

A3

For the Record

Marriage Licenses
 Kimberly Sue Spears, 32, of Prestonsburg, to James Albert Sloan, 42, of Prestonsburg.
 Rachel Nicole Ellis, 29, of Pikeville, to Alexander Shannon, 43, of Pikeville.
 Tiffany A. Caudill, 18, of Wayland, to George E. Lee, 20, of Wayland.
 Helen Sue Kula, 66, of Prestonsburg, to McArthur Jacob, 67, of Martin.
 Roberta Evelyn Stiltner, 31, of Teaberry, to Dewey Gene Parks, 28, of Phyllis.
 Crystal Renee Bryant, 39, of Wheelwright, to Christopher Bryant, 45, of Wheelwright.

Civil Suits Filed
 Tax Ease Lien Investments 1 LLC vs. Donna S. Reynolds; complaint.
 Tax Ease Lien Investments 1 LLC vs. Jerry Combs; complaint.
 Deutsche Bank National Trust Company vs. Fred Lyons; complaint.
 Summit Engineering Inc. vs. GCAS Corporation; complaint.
 Tax Ease Lien Investments 1 LLC vs. Kenneth Sizemore; complaint.

Francis, Kendrick and Francis vs. Ned Hall and Mary Hall; complaint.
 Tax Ease Lien Investments 1 LLC vs. Jason Martin; complaint.
 Tax Ease Lien Investments 1 LLC vs. Bill L. Crider II; complaint.
Charges Filed
 Jennifer R. Clark, 27, Freeburn; theft by unlawful taking.
 Jennie Sue Kilburn, 29, Dwale; first-degree perjury.
 Edgory Collins, 30, Wheelwright; theft by unlawful taking.
 Jonathan C. Crider, 37, Pikeville; alcohol intoxication, disorderly conduct, terroristic threatening, criminal trespassing, prescription not in proper container.
 Robert Brady, 29, Pikeville; failure to wear seatbelts, contempt of court for violating an emergency protective order.
 Mary Johnson, 37, Bevinville; two counts of failure of parent or custodian to send child to school.
 Stacy Daniella Bryant, 34, Bevinville; failure of parent or custodian to send child to school.

Jimmy Perry, 54, Wheelwright; two counts of theft by deception.
 Charles Moore, 19, Mousie; harassing communications.
 Clifford Scott Ousley, 34, Raccoon; public intoxication.
 James W. Hager, 43, Prestonsburg; reckless driving, second-degree wanton endangerment.
Inspections
 Tlaquepaque, Prestonsburg, regular inspection. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of numerically scaled thermometers for checking cooking and holding temperature of potentially hazardous food, food not protected during storage, food contact surface of equipment and utensils not clean, improper storage of clean equipment and utensils, improper handling of clean equipment and utensils, toilet room doors not self-closing, sanitary towel or hand drying device not provided at lavatory or handwashing sink, floors not clean, floors not in good repair, light fixtures not shield-

ed as required. Score: 90.
 Huddle House, Betsy Layne, regular inspection. Violations noted: food not protected during storage, all plumbing not maintained according to law, handwashing sink not in good repair, garbage and refuse containers not covered as required, floors not drained properly, cleaning and maintenance equipment not properly stored. Score: 91.
 McDonald's, Prestonsburg, regular inspection. Violations noted: lack of numerically scaled thermometers for checking cooking and holding temperature of potentially hazardous food, lack of effective hair restraints, cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing solution, non food contact surface of equipment and utensils not clean, garbage and refuse containers not covered as required. Score: 94.
Property Transfers
 Christina Blair to Shirley Blair, property located at B.B. Shepherd Subdivision.
 Matthew Blair to Shirley Blair, property located at B.B. Shepherd Subdivision.

Robert Blair to Shirley Blair, property located at B.B. Shepherd Subdivision.
 Sabrina Blair to Shirley Blair, property located at B.B. Shepherd Subdivision.
 Cardinal Leasing Inc. to Eric C. Conn, property located at Mare Creek.
 Joe D. Clark to Steve Bailey, property not listed.
 Pan Clark to Steve Bailey, property not listed.
 David Cline to Shirley Blair, property located at B.B. Shepherd Subdivision.
 Males Blair Cline to Shirley Blair, property located at B.B. Shepherd Subdivision.
 Bethany S. Crisp Collins to Brian Collins, property located at a Margaret Auxier May Subdivision.
 Charles Collins to Claudene Tackett and Clifford Tackett, property not listed.
 Jerry Collins to Claudene Tackett and Clifford Tackett, property not listed.
 Melinda Doderer to Victor Doderer, property not listed.
 Jerry S. Fannin to Kinzer Business Realty LTD, property located at Lancer.
 Tiffany Fannin to Kinzer Business Realty LTD, property located at Lancer.



Over 250 people attended the community health fair Nov. 4 at Highlands Regional Medical Center.

Hundreds gather at Highlands community health fair

PRESTONSBURG — Debbie Ousley, clinical educator at Highlands Regional Medical Center, reports that more than 250 individuals throughout the community attended the 2009 Highlands Community Health Fair, held in November at the Medical Office Building.
 Participants arrived as early as 7 a.m. to take advantage of free laboratory work including fasting blood sugar counts, cholesterol screening and A1C levels. Additionally, information and other screenings were available including blood pressure reading, pulse oximetry, weight and body mass index readings.
 A host of vendors participated in the Health Fair from around the community.
 "We are pleased to have hosted this Health Fair as an opportunity to provide area residents with important health care information and screenings," Ousley said. "We are also appreciative of the many vendors who participated in this event."
 Information regarding Highlands Regional Medical Center and its comprehensive services are available online at www.hrmc.org.

Independent Insurance Agents of Kentucky install Prestonsburg businessman as new president-elect

LOUISVILLE — The Independent Insurance Agents of Kentucky (IIAK), the state's leading insurance trade association, installed Phillip D. Hunt, CIC, of Prestonsburg as president-elect. The installation took place during the association's 113th annual convention on Nov. 12, in Louisville.



Phillip D. Hunt

Hunt is the executive vice president of Hall & Clark Insurance Agency in Prestonsburg. Hall & Clark has been in operation for over 50 years and services the insurance needs of Floyd, Knott, Johnson, Lawrence, Letcher, Martin and Pike counties in Kentucky.
 Hunt began his insurance career in 1985 with the Darby & Allison Insurance Agency and in 1996 joined the Hall & Clark Insurance Agency. He attended Prestonsburg Community College from 1983 to 1985.
 In his community, Hunt served as a member of the board of directors of the Big Sandy Area Development District and Floyd County Chamber of Commerce. He and his family are members of the Salyersville First Baptist Church. Hunt and his wife Lisa, have two young children — a son Alex, and daughter Haleigh.

more than 400 insurance agencies, employing more than 3,000 people as its members. Independent agents offer customers a choice of policies from a variety of insurance companies. These agents offer all lines of insurance — property, casualty, life and health, as well as employee benefit plans and retirement products. The organization was founded in 1896 and is now in its 113th year.

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 Tuesday—6:00 p.m.
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Highlands Sleep Facility hosts open house

PRESTONSBURG — An open house was held Oct. 27 at the new Highlands Sleep Facility. The event took place in the new location at the Riverview Complex in Prestonsburg.
 A crowd of guests toured the facility, while technicians were on hand during the Open House to answer questions from 4 until 6 p.m. The Highlands Sleep Facility conducts titration studies as well as obstructive sleep apnea studies.

According to data released by the American Sleep Apnea Association, more than 12 million Americans suffer from sleep disorders, making the affliction as common as adult diabetes.
 "The Highlands Sleep Facility is here to address a major health concern for many individuals in our region," explained Neil Parsons, manager of properties and clinics. "We encourage those who are, or have experienced sleep disorders, to ask their physician about a sleep study at Highlands Sleep Facility."
 For more information about the Highlands Sleep Facility, call (606) 886-7090.

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11/20/09 - 11/22/09
Cinema 1—Hold Over
 2012 (PG-13), Mon-Sat 7:00 Sun (1:30) 7:00
Cinema 2—Starts Friday, Nov. 20
NEW MOON (PG-13), Mon-Sat 7:00-9:00, Sun (1:30) 7:00-9:00
Midnight Show of NEW MOON on Thursday, Nov. 19
 Sunday Matinee—Open 1:00; start 1:30

RIVERFILL 10 PIKEVILLE
 http://showtimes@hollywood.com
 214 N. Pike St., Pikeville, Ky. 41601
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 Tickets may be purchased in advance for any show on the date of purchase.
 Bargain Matinee Until 6 p.m.
TICKET PRICES
 Adult—\$8 or Kids/Seniors—\$5.00
 Matinee—\$4.00
11/20/09 - 11/22/09
PARANORMAL ACTIVITY (R), Mon-Sun 7:15-9:30, Fri. (4:30) 7:15-9:30, Sat-Sun (2:00-4:25) 7:05-9:25
Cinema 2—Hold Over
 2012 (PG-13), Mon-Sun 8:00, Fri (5:00) 8:00, Sat-Sun (1:45-4:30) 7:15-9:30
Cinema 3—Hold Over
A CHRISTMAS CAROL (PG), Mon-Sun 7:05-9:25, Fri. (4:25) 7:05-9:25, Sat-Sun (2:05-4:25) 7:05-9:25
Cinema 4—Hold Over
THE FOURTH KIND (PG-13), Mon-Sun 7:05-9:25, Fri. (4:25) 7:05-9:25, Sat-Sun (2:05-4:25) 7:05-9:25
Cinema 5—Hold Over
COUPLES RETREAT (PG-13), Mon-Sun 7:00-9:20, Fri. (4:20) 7:00-9:20, Sat-Sun (2:00-4:20) 7:00-9:20
Cinema 6—Starts Friday, Nov. 20
PLANE 51 (PG), Mon-Sun 7:00-9:20, Fri. (4:20) 7:00-9:20, Sat-Sun (2:00-4:20) 7:00-9:20
Cinema 7—Starts Friday, Nov. 20
NEW MOON (PG-13), Mon-Sun 7:00-9:30, Fri. (4:20) 7:00-9:30, Sat-Sun (1:45-4:20) 7:00-9:30
Cinema 8—Starts Friday, Nov. 20
NEW MOON (PG-13), Mon-Sun 6:45-9:15, Fri. (4:05) 6:45-9:15, Sat-Sun (1:30-4:05) 6:45-9:15
Cinema 9—Starts Friday, Nov. 20
THE BLIND SIDE (PG-13), Mon-Sun 6:50-9:25, Fri. (4:20) 6:50-9:25, Sat-Sun (1:45-4:20) 6:50-9:25
Cinema 10—Hold Over
THE BOX (PG-13), Mon-Sun 6:55, Fri (4:20) 6:55, Sat-Sun (4:20) 6:55
LAW ABIDING CITIZEN (R), Mon-Sun 6:20, Fri 6:20, Sat-Sun (2:00) 6:20
 Special Showing of TWILIGHT on Thursday, Nov. 19, at 9 p.m. only
 Midnight Showing of NEW MOON on Thursday, Nov. 19

Worth Repeating ...

He who asks is a fool for five minutes, but he who does not ask remains a fool forever.

— Chinese proverb

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Our View

A healthier community can begin with small steps

As we wrote Wednesday, a report that labeled Eastern Kentucky's fifth congressional district as the nation's "unhappiest" might sound inflammatory on the surface, but it is actually a compelling wake-up call for a region that has fallen behind the rest of the nation in just about every significant health statistic.

When you look at such factors as smoking, obesity, heart disease, diabetes and depression, Eastern Kentucky ranks at or near the top in all the wrong ways. We have known these facts in isolation for some time, but the Gallup Healthways Well-Being Index is unique in lumping them all together to paint a picture that is more concerning than the sum of its parts.

Obviously, something needs to be done, and for the most part, it is up to us as individuals to do the heavy lifting — by making the choices to quit smoking, get some exercise and eat better.

But local government — county, city and school district — can help promote the transition to healthier lifestyles, and there is good reason to do so. According to the World Health Organization, a concerted focus on tackling the three major risk factors — smoking, poor diet and lack of exercise — could prevent 80 percent of type 2 diabetes, heart disease and strokes, as well as 40 percent of cancers.

And government can help promote healthy behaviors while neither intruding in personal lives nor breaking the bank. Simple, low-cost, minor improvements can help a community.

To get the ball rolling, here are five suggestions we can offer:

■ **Making public spaces more active.** One of the most effective ways to encourage exercise is simply to give people convenient, equipped places to do it. Communities can encourage walking and running by providing trails in parks and other public lands, complete with benches and functioning water fountains. Floyd County, its five cities and local parks boards could also expand upon the idea of Second Sunday, simply by closing off a street once a month to provide residents a safe, convenient location to walk, run and bike.

■ **Creating bicycle-friendly communities.** Simply put, there is no healthier, cheaper or more environmentally-sound form of transportation than a bicycle. While Floyd County already has a small but dedicated cycling community, some who might otherwise ride a bike are discouraged by concerns over safety. Local governments could promote cycling and improve safety by painting designated cycling lanes in high-traffic areas, reducing speed bumps on city streets to allow unobstructed bicycle passage, posting "Share the Road" signs throughout their communities and providing convenient racks in which to park and lock bicycles.

■ **Developing year-round adult intramural sports leagues.** Mention the word "exercise" to sedentary people, and many will roll their eyes and envision sweating and hard work. Use the word "sports" instead, and they will conjure more positive images of fun, games and competition. But for most people, participation in sports ends in high school, if not sooner. Exercise should be a lifelong activity, not a childhood one. Local parks, churches and schools could organize adult-oriented sports leagues and trick people into exercising by letting them engage in regularly-scheduled, active fun.

■ **Providing consistent and frequent nutritional education to students — in the classroom and the lunchroom.** Schools do educate their students about good nutrition, but a lot of times that education is infrequent, confusing and completely undermined when they reach the cafeteria. When students are taught to choose low-fat, high-fiber, fresh foods, those lessons are lost when they go to lunch to find pizza, hot dogs, chicken nuggets and French fries. It is a classic "do as we say, not as we do" scenario that almost always fails. Schools not only need to provide more frequent information about what to eat, they also need to provide menu options that rely less on highly refined and processed foods that are high in fat, sugar and sodium, and more on fresh fruits and vegetables, whole grains and lean meat choices that aren't deep-fried.

■ **Expanding the smoke bans.** Prestonsburg is already a leader in this regard, and it is time for Floyd County's four remaining cities and the fiscal court to follow suit. A report released last month by the Centers for Disease Control and Prevention shows that simply enacting smoke bans in public places can reduce the number of heart attacks in a community by up to 47 percent. And to tackle the problem at its source, we would like to see any smoke ban improved by offering first-time violators the option of taking part in a smoking-cessation program in lieu of paying a fine.

— The Floyd County Times

SHERRILL Boulder Camera © 11/17/08 creators.com

Take the Rogueschach Test



- 1) It is an insider's view of her 2008 campaign.
- 2) It is payback to the McCain camp.
- 3) It is a savvy PR vehicle, you betcha.
- 4) It is the beginning of her 2012 campaign.
- 5) It is a great way to make a buck.
- 6) It is a fairytale, finger-pointing rant.
- 7) It is a blockbuster bestseller.
- 8) It is impossible to avoid.
- 9) It is a poke in the eye to Katie Couric.
- 10) It will make her supporters cheer.
- 11) It will make her opponents jeer.
- 12) It will not be the last time we hear from her.

Guest column

A legislative perspective

by REP. GREG STUMBO
SPEAKER OF THE HOUSE

A little more than two years ago, Kentucky's Council on Postsecondary Education (CPE) surveyed 1,600 adults who had gone to college but had not obtained a degree.

About half said they were at least "somewhat likely" to return to college within the next several years.

If this fall's record enrollment is any indication, many appear to have held true to their word.

In late September, the council reported that our public colleges and universities had 254,000 students in class this fall, or nearly 13,000 more than last year. Driving that increase was the Kentucky Community and Technical College System, which saw enrollment rise more than 11 percent while topping 100,000 students for the first time. It now has nearly twice as many students as it had in 1998, its first year in existence following the legislature's overhaul of public postsecondary schools.

That 1997 reform — and another in 2000 that did the same for adult education — have sought to dramatically improve not just the number of adults

going back to school, but, more importantly, the number who walk across the stage with a degree in hand.

It is a considerable challenge, given the numbers. Of the three million adults who were 18 or older when the 2000 Census was taken, more than 785,000 had not obtained a high school diploma or GED equivalent. Only 22 percent of Kentuckians, meanwhile, have a bachelor's degree, compared with 27 percent nationally.

I believe we will see a lot of improvement following the 2010 Census, but getting where we want to be will take time and a renewed push.

That is what CPE had in mind when officials appeared early last week before the General Assembly's Education Committee.

They see a lot of potential in targeting those Kentuckians who would like to return to college, especially as they look for ways to become more marketable in today's economy.

The council noted there are 233,000 people in the state who are between 25 and 40 who went to a postsecondary school but did not finish.

When some were asked about barriers in returning, time and money were predictably at the top of the list.

But ideas discussed at the meeting show that there are ways to overcome those. That includes such things as streamlining access to loan and grant

programs; offering more classes online and at non-traditional times; and ensuring that credits from one postsecondary school transfer easily to another. There is also discussion about providing college credit in areas that recognize skills students have acquired outside of the classroom.

It's common sense, but the simple truth is that the more education a person has, the more likely work will be available, often at better pay. In 2008, the unemployment rate for those with a bachelor's degree was just 2.8 percent, versus 9 percent for those without a high school education. A comparison of average annual salaries between those two groups shows those with bachelor's degrees making more than twice as much, \$68,000 versus \$30,000.

Next year will be the halfway point to meet the state's goal of having twice as many Kentuckians with a bachelor's degree in 2020 as we had in 2000. We have made a lot of progress, but the record numbers we have seen will have to grow at an even faster pace to get where we want to go.

The General Assembly will do what it can during the upcoming legislative session to help make that possible. Though there will be some difficult decisions because of a tough economy nationwide, this is also an opportunity to move ahead quickly.

Beyond the Beltway

Republicans want the economy to fail

by DONALD KAUL
MINUTEMAN MEDIA

When Barack Obama took office earlier this year, the economy looked like a rusted-out, beat-up 1972 Chevy badly in need of a valve job.

Our financial system was rapidly approaching collapse. Banks and brokerage houses were in danger of disappearing in an avalanche of loans gone bad. The stock market looked to be in free-fall. Businesses big and small were cutting back, laying off, dying. The housing market had fallen off a cliff, its bubble burst. And the auto industry? Well, that's where the 1972 Chevy image came from.

People were looking over their shoulders and seeing 1929. That's the legacy that Obama, a freshman senator from Illinois, inherited from the Bush administration's laissez faire capitalists (no-regulation, no-tax — ever); economic chaos with the promise of utter desolation to follow.

He immediately set to work to staunch the bleeding and in 10 months has achieved a certain amount of success. The housing market has for the most part stabilized. Some of the big banks seem to be recovering their equilibrium. We still have an auto industry (albeit one with a flat tire or two). The loss of jobs has slowed.

And, miracle of miracles, the stock market has shot up nearly 50 percent.

Moreover, Obama has succeeded in getting a health care reform bill through the House and is working on the Senate. This could be the culmination of 60 years of effort on the part of the Democratic Party and it's that close, closer than it's ever been as a matter of fact.

Yes, there's a huge deficit and it grows by the day. But you need a big deficit in trying economic times to pull you out of the tailspin. The problem of dealing with it will come later when the economy is perking again and you have to do something before inflation is rampant.

And the bandit bankers and financiers are still being bandits. Now that the government has bailed them out and their heads are above water they are busy rewarding themselves with huge bonuses and fighting off regulation.

Again, not a complete success but a pretty good record, particularly when the president has two wars, global warming and swine flu to deal with in his spare time.

So you would imagine that the American people would cut him some slack. They might even think about being grateful.

Not a chance.

He gets nothing but criticism, much of it brutal, vicious and stupid. And that's just Fox News.

Even liberals have been giving him a hard time for not being liberal enough.

When he tries to find a compromise with his enemies, he's accused of being wishy-washy. When he stands

his ground, he's called a dictator.

In addition, through all of this he has received no help from the Republicans. None, unless you count the one Republican vote he got in the House on the health care bill.

Republicans have stood on the sidelines and jeered and thrown rocks. They have openly rooted for Mr. Obama's failure and worked for it. They believe that strategy will carry them to victory in the 2010 elections.

And maybe it will. No one ever went broke underestimating the political acumen of the American voter.

It's curious, however, that Republican leaders never so much as mention their part in putting us in this ditch. They controlled government for the better part of eight years and now it's like it never happened.

And while they complain bitterly about the deficit, they never say what they would do to get rid of it if they got back in power. Tax people? I don't think so.

This country doesn't work well when one of the major parties adopts a rule-or-run philosophy. It's too easy to run.

It's a system easily controlled by special interests. The drug and insurance companies run our health system, the military-industrial complex guides our defense policy, and agribusiness grants dictate farm policy.

And that, apparently, is the way we like it.

Weird.

Minuteman Media columnist Donald Kaul lives in Ann Arbor, Michigan.

The Times

Published Wednesday and Friday each week

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FLOYD COUNTY

Sports

■ ALC Women's Basketball
• A6

Allen Central rushes for nearly 5,000 yards

Logan Crowder gains 1,608 yards, scores 20 TDs

by STEVE LeMASTER
SPORTS EDITOR

EASTERN — Three running backs combined to rush for over 4,000 yards during Allen Central's record-breaking 2009 season. As a team, Allen Central rushed for 4,910 yards. Logan Crowder led Allen

Central offensively, rushing 155 times for 1,608 yards and 20 touchdowns. Justin Jackson picked up 1,354 yards and scored 14 touchdowns via 154 attempts for the Rebels. Hunter Crowder rushed a team-high 163 times for 1,264 yards and 15 touchdowns as Allen Central compiled a 10-2, finishing one game short of reaching the Class A, Region 4 championship game following a second round loss to Hazard. Mickey Parsons was another prolific running back for the Rebels, averaging over 10 yards per carry. Parsons rushed 29 times for 315 yards and

three touchdowns. Allen Central senior quarterback Chris Stumbo completed 22-of-48 passes for 319 yards and five touchdowns. Stumbo was intercepted four times over the course of nearly 50 passing attempts. Micah Harlow was the leading receiver for Allen Central as he hauled in six catches for 165 yards and three touchdowns. Hunter Crowder, Jackson and Parsons each had one scoring reception for the Rebels. Allen Central outscored opponents 12 opponents 498-240. The Rebels dropped

games to perennial Class A powers Pikeville and Hazard during a 12-week stretch. Defensively, Parsons led Allen Central in interceptions (5) and Sheldon Rice paced the Rebels in fumble recoveries (4). Hunter Crowder recorded a team-high 93 tackles for Allen Central. Cory Conn contributed 82 tackles for the Rebels. Allen Central ended the regular season 9-1, posting its first-ever win over district rival Paintsville as part of the near perfect campaign. The Rebels are 17-6 over the last two seasons.



Allen Central senior quarterback Chris Stumbo eyed a receiver during the second round game versus Hazard.

Hawks heat up during postseason

by RICK BENTLEY
TIMES COLUMNIST

It's been a fairly stress-free week where work is concerned and we're in no rush to bring the tension back. Let's take a relaxing look around the sports world, one note at a time:

All due respect to our friends in Prestonsburg, but the big story locally has been the amazing playoff run by the Hawks of Pike County Central. Here's a team that was completely under the radar a month ago before they knocked off Sheldon Clark to take second place in their district. Since then, it's been on. The Hawks fell the following week to the aforementioned Blackcats, but the playoffs have been kind to them.

An opening-round win over Fleming County turned more heads for its 74-50 score than for Pike Central picking up its first playoff win. But last week's 26-23 decision over top-ranked Mason County has really put the Hawks on the map.

That said, I don't believe for one second that nobody on the Pike Central staff has kept offensive stats this season. Not by a long shot. But it is sad they don't make those things public, if for no other reason than to help promote a group of student-athletes who have obviously skated along under the radar of the media and college coaches this season.

And if it does happen to be true somebody in a position of authority must sit them down and explain how things work.

At 12-0 this season, Prestonsburg will play its 10th game of the season against a team outside its district. Those 10 teams have a combined record of 60-55.

But make only two adjustments — removing 1-10 Knott Central and the eight other losses the teams have at the hands of the Blackcats — and their non-district opponents have combined to go 59-37 this season.

Now that's a pretty fancy record, making the unblemished worksheet even more impressive.

I saw a lot more I didn't like about John Wall's debut than I did.

Can't believe I just typed that about a kid who was playing high school ball eight months ago, but let's have a little love about the situation, shall we?

I'll be interested to get to meet Winston Bennett this weekend as he begins his Mid-Continent University Cougars to

(See POSTSEASON, page six)

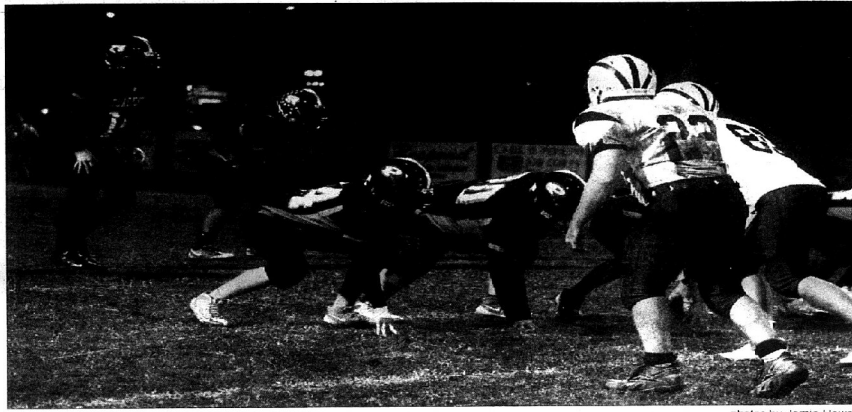
HIGH SCHOOL FOOTBALL TONIGHT'S SCHEDULE CLASS 2A STATE PLAYOFFS REGIONAL FINALS

Newport Central Catholic at DeSales, 7:30 p.m.

Monroe County at Green County, 7 p.m.

Fort Campbell at Murray, 7:30 p.m.

Corbin at Prestonsburg, 7:30 p.m.



Prestonsburg has defeated Knott County Central and Middlesboro on its way to tonight's regional championship game against Middlesboro.

Cats set to host Corbin in region title game

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG — Prestonsburg will host Corbin tonight in the Class 2A, Region 4 championship game. The winner of tonight's regional championship game will face the winner of the Newport Central-DeSales matchup on Friday, Nov. 27 in the Class 2A State Semifinals.

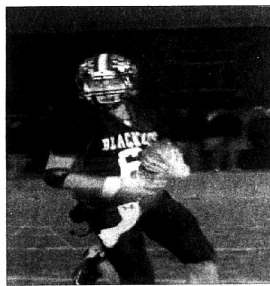
District 7 champion Prestonsburg (12-0) rolled past Middlesboro last Friday night in the regional semifinals, defeating the Yellow Jackets 61-20. The Blackcats cruised past Middlesboro, High-powered Prestonsburg scored 61 points in the opening half en route to the second round win.

Prestonsburg quarterback Michael Burchett has passed for 2,518 yards, completing 140-of-213 passes for 32 touchdowns. Burchett has only thrown four interceptions. Josh Craynon leads Prestonsburg in rushing. Craynon has taken 97 carries for 691 yards and eight touchdowns. Burchett ranks

second in rushing for the Blackcats. The Prestonsburg quarterback has rushed for 435 yards and nine touchdowns through 83 attempts. Austin McKinney has rushed 70 times for 426 yards and 10 touchdowns. Sophomore Joseph Jamerson leads the Prestonsburg receiving corps. Jamerson has hauled in 42 catches for 732 yards and 10 touchdowns. Burchett has also hooked up often with Josh Blackburn (26 catches for 521 yards, 5 TDs), Tyler Hall (17 catches for 354 yards, 2 TDs), Craynon (27 catches for 410 yards, 10 TDs) and McKinney (21 catches for 397 yards, 4 TDs).

Prestonsburg has outscored a dozen opponents 523-161. District 8 champion Corbin (10-2) dropped non-district games to George Rogers Clark and Lexington Christian during the regular season. After finishing the 10-game regular season 8-2, Corbin has recorded post-season wins over Morgan County and Shelby Valley.

(See CATS, page six)



JOSEPH JAMERSON
42 catches for 732 yards, 10 TDs
30 rushes for 169 yards, 2 TDs
105.5 Tackles

Prestonsburg High School Football

Coach: John DeRossett
Class: 2A
Region: 4
District: 7
2009 Schedule/Results (Record: 12-0)
Aug. 21 Belfry, 28-21 (W)
Aug. 28 Paintsville, 49-0 (W)
Sept. 4 at Breathitt County, 26-25 (W) (KRMCC Honey Bowl)
Sept. 11 Bath County, 49-3 (W)
Sept. 18 at Pikeville, 56-7 (W)
Sept. 25 at Sheldon Clark, 24-19 (W)
Oct. 2 at Matewan, W.Va., 54-14 (W)
Oct. 9 Morgan County, 53-12 (W)
Oct. 16 Open
Oct. 23 Shelby Valley, 21-12 (W)
Oct. 30 at Pike County Central, 46-20 (W)
Nov. 6 Knott County Central, 56-8 (W) (Class 2A KHSAA Commonwealth Gridiron Bowl)
Nov. 13 Middlesboro, 61-20 (W) (Class 2A KHSAA Commonwealth Gridiron Bowl)
Nov. 20 Corbin, 7:30 p.m. (Class 2A KHSAA Commonwealth Gridiron Bowl)

Eagles fall at Hiwassee

Ferguson records double-double for Alice Lloyd

TIMES STAFF REPORT

MADISONVILLE, Tenn. — Alice Lloyd College fell to host Hiwassee College Saturday night in an early regular-season men's college basketball game. Host Hiwassee managed to hold off Alice Lloyd and successfully defend its home gym floor, defeating the Eagles 90-88.

ALC won the first meeting on October 31 in a high-scoring affair, prevailing 123-115. Game two was tight from the opening tipoff as both squads played at breakneck speed. Halftime had the two teams deadlocked 42-42.

In the second half, ALC matched the Tigers point for point. But in the closing seconds of the game, Hiwassee managed to hit their free throws to pull out the two-point win.

Four Alice Lloyd players reached double figures scoring-wise. Nick Brumback paced the Eagles, 1-13, with 18 points. Sophomore guard Van Ferguson, a Paintsville High School graduate, played well as he netted 14 points. He also pulled down a team high 10 rebounds en route to a double-double. Fellow sophomore Brandon Hayes added 14 points while junior Will Jones chipped in 10 for the Eagles.

Forward Adrian McLaurin poured in a game-high 43 points for Hiwassee.

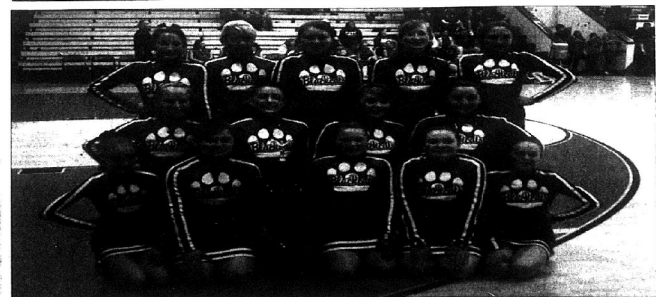
Stapleton training for first pro fight

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG — Local fighter Les Stapleton will make his return to competition on Jan. 30, 2010 when Jenny Wiley State Park hosts Gladiator Fighting Championship 24. Stapleton, who has been busy training, will face Jerry Burns in a highly-anticipated mixed martial arts bout. Doors for the event will open at 7 p.m. Fights will follow at 8 p.m. as the Prestonsburg venue hosts another Gladiator Fighting Championship card. The complete card for GFC 24 has not been finalized.

Jenkins High School hosted GFC 23 on Saturday, Oct. 24. The GFC 23 event featured legendary fighter Dan "The Beast" Severn. Results from GFC 23 were as follows: Josh Short def. Johnathan Hall, Rd. 2, arm bar (Grappling); Chris Carruth def. Zack Lee, Rd. 2 Judges Dec. (Grappling);

Justin Hale def. Dustin Blankin, Rd. 1 sub. via neck crank; Tanner McCowen def. Liam Farrell, Rd. 1 sub. via RNC; Daniel Justice def. Shane Blackburn, Rd. 2 TKO tap to strikes; Billy Poe def. Rodney Kilgore, Rd. 1 TKO verbal sub. to strikes; Aaron Hless def. James Bargo, Rd. 1 KO; Jon Daniels def. Jon Sykes, Rd. 2 judges dec.; Joey Donahue def. Aaron Delong, Rd. 2 sub. via arm bar; Corey Spencer def. Donny Greenhouse, Rd. 1 TKO verbal sub. to strikes; JJ Stewart def. J.P. Felty, Rd. 5 sub. via triangle; Jerry Burns def. Chris Walker, Rd. 1 sub. via arm bar; Dan Severn def. Eddie Trotter, Rd. 2 TKO unable to continue.



CHEER CHAMPS

The Adams Middle School cheerleading team claimed first-place during the recent Floyd County girls' basketball tournament.

BB&T Classic full of talented coaches, teams

TIMES STAFF REPORT

PIKEVILLE — It's not unusual for teams to use early-season weekend events as opportunities to pad their records. Don't expect that this week when Pikeville College hosts the annual BB&T Classic.

For starters, consider the coaches and their pedigrees. Pikeville's Kelly Wells played collegiately at Tulsa and Morehead State. Cumberlands head coach Don Butcher played at NAIA powerhouse Georgetown, Miami-Hamilton, often thought of as a doormat in college basketball, is now under the leadership of former Cincinnati star Melvin Levett. And then there's Mid-Continent University, a school in Mayfield who was often whipping boy for bigger schools with the money to pay them for a visit, and most often, a sizeable win. But that has changed in the last three seasons with the program under the guidance of former University of Kentucky star Winston Bennett.

The four teams will play doubleheaders on Friday and Saturday night in the BB&T Classic. The event will tip off at 6 p.m. on Friday when Cumberlands meets Mid-Continent. A matchup pitting host Pikeville versus Miami-Hamilton will follow at 8 p.m. The action moves to the Pikeville College Gym on Saturday night with Cumberlands taking on Miami-Hamilton in the 6 o'clock opener. The Bears close it out against Mid-Continent at 8.

Bennett has turned around the Cougars. Coming off a 15-15 season a year ago in the brutal TransSouth Conference, Mid-Continent is 3-2 on the

season, including a double-overtime win over Campbellsville last Saturday in the Lou Cunningham Classic.

"We're excited about our team," he said. "We have some experience (the Web site lists, under key players lost from a year ago, "none") and now we're trying to mesh our players. The schedule doesn't allot a lot of time to make mistakes. We have to bring our A game every night."

By the time the week's through, Mid-Continent will have a good feel for the Mid-South Conference. In addition to this week's meetings with Pikeville and Cumberlands and Saturday's win over Campbellsville, the Cougars lost 69-66 to Lindsey Wilson last Friday.

"We like to play the best," said Bennett. "And the Mid-South Conference is certainly the best or one of the best in the country. We're getting some great experience in the early going."

Bennett, who scored 1,399 points in a terrific career as a Wildcat, said he thought his time at Kentucky was a plus to him, but not the most important thing in his life or career.

"I think my God ties are more important than my Kentucky ties," he said. "But no doubt playing at Kentucky is a key. I've been truly blessed to be a part of the Kentucky family and Big Blue Nation. There's nothing like it."

Cumberlands Coach Don Butcher, who grew up in Pike County and played at Mullins High School before moving on to Georgetown. But as much as he learned as a player, Butcher believes the two years that followed were more beneficial.

"As a player you think you know it all, but then when you

move over to the bench and coach you learn how little you do know," he said. "I spent two years there learning the game from Coach (Jim) Reid. I got to sit beside him — and Coach (Happy) Osborne and I learned a lot about what it takes to be the best."

Butcher said this year's team is experiencing some growing pains. "We're making some progress, but it's slow progress," he said. "We lost a lot, and it's been a little slower than I'd hoped, just to be honest."

Levett certainly has a wealth of success as a player to draw from as a coach. His 1,119 points is still tied for 28th all-time in University of Cincinnati history. The second-round draft pick of the Pistons in the 1999 draft, Levett still holds the school's record for made three-point field goals in a career, having hit 10 in a contest against Eastern Kentucky in the 1997-98 season.

During his time as a Bearcat, Levett won 108 games and lost only 25, including back-to-back 27-6 records as a junior and senior.

"We're pretty happy Coaches Bennett and Levett won't be playing against us this weekend," said Wells. "Those guys have brought a lot of class and dignity to their programs and we'll have our hands full against them."

"And I couldn't say anything that would add to Don Butcher's success at Cumberlands. We have some talented coaches coming in here this weekend. We're very excited to be able to bring these people and their teams to Pikeville and look forward to a challenging weekend in the BB&T Classic."



Allen Central defender Mickey Parsons (5) closed in on a Hazard ballcarrier.

P'BURG BASKETBALL MEET THE BLACKCATS

SATURDAY, NOV. 21 TENTATIVE SCHEDULE

- 5 p.m. — Opening
- 5:02 — Singing of National Anthem
- 5:05 — AMS Dance Team (Introduction, Opening Dance)
- 5:15 — PHS Freshmen/TV Players (Introduction, Game)
- 5:45 — PHS Varsity Cheerleaders (Routine)
- 6:20 — Adams C-Team-Allen C-Team (Introduction, Game)
- 6:20 — PES Girls (Introduction, Game)
- 6:40 — Adams B-Team-Adams B-Team (Introduction, Game)
- 7:10 — PHS Dance Cats (Introduction, Opening Dance)
- 7:20 — PHS Varsity Boys' Basketball (Introduction, Game) (Cheerleaders perform at halftime of game.)
- 8 — Adams-Allen Girls (Introduction, Game)
- 8:30 — PES Fourth (Introduction, Game)
- 8:50 — PHS Dance Cats (Introduction, Second Dance Routine)
- 8:55 — PES Fifth Grade (Introduction, Game)
- 9:20 — AMS Dance Team (Second Routine)
- 9:25 — Adams A-Team-Allen A-Team (Introduction, Game)
- 9:55 — Closing of event

Basketball legend King Kelly Coleman will make a rare appearance during this year's Meet the Blackcats event.

The PHS girls' basketball team will be recognized after returning from a scrimmage game.

ACHS Football Coach: Jeremy Hall Class: 1A

Region: 1 District: 8

2009 Results (Record: 10-2)

- Aug. 21 Open
- Aug. 28 Jenkins, 60-0 (W)
- Sept. 4 at Jackson Co., 34-6 (W)
- Sept. 11 Harlan, 30-29 (W) (OT)
- Sept. 18 Paintsville, 34-14 (W)
- Sept. 25 at Pikeville, 24-34 (L)
- Oct. 1 at East Ridge, 58-30 (W)
- Oct. 9 at Phelps, 56-0 (W)
- Oct. 16 South Floyd, 52-6 (W)
- Oct. 23 Batey Layne, 36-6 (W)
- Oct. 30 at Knott Central, 38-32 (W)
- Nov. 6 Pineville, 60-34 (W) (Class A State Playoffs)
- Nov. 13 at Hazard, 16-49 (L) (Class A State Playoffs)

Cats

The Redhounds defeated District 7 runner-up Shelby Valley 44-27 last Friday night.

Caleb Watkins has been the go-to guy on offense for the Corbin football team. Watkins has rushed 144 times for 1,498

yards and 23 touchdowns in 10 games for the Rebels, which defeated Prestonsburg 20-7 in the 2008 Class 2A

region 4 title game. Corbin quarterback Roam Mitchell has completed 50-of-102

passes for 898 yards, 12 touchdowns and five interceptions.

Kickoff for the Prestonsburg-Corbin game is set for 7:30 p.m. at Josh Francis Field.

Continued from p5

Randall Cobb questionable for Georgia game

TIMES STAFF REPORT

LEXINGTON — University of Kentucky wide receiver/quarterback Randall Cobb is questionable to play at Georgia on Saturday, Coach Rich Brooks announced Wednesday. Cobb incurred a bruised shoulder in last Saturday's win over Vanderbilt. He sat out practice on Tuesday. He participated in some of Wednesday's workout, but could not complete the entire practice, Brooks said.

Brooks also said that defensive tackle Ricky Lumpkin (illness) and linebacker Micah Johnson (toe, knee) missed Wednesday's practice but hope to participate on Thursday.

Kentucky will play at Georgia on Saturday at 7:45 p.m. The game will be telecast by ESPN2 and ESPN360.com.

TIMES STAFF REPORT

PIPPA PASSES — Playing once more without the services of injured starters, Bailey Gabbard and Chelsea Jarrell, Alice Lloyd College hosted Lindsey Wilson College, which is currently ranked 17th in NAIA Division I, Tuesday night. In a contest that was much closer than the final score would indicate, Lindsey Wilson defeated Alice Lloyd 83-67.

Both clubs played well in the first 20 minutes. Led by the one-two punch of guard Bruce Frazier and sophomore center Alison Felner, ALC tied the game at 22. However, sparked by the inside play of forward Viktora Krell and back-to-back threes from

guard Kasey Litzinger, Lindsey Wilson closed the half on a 12-4 run and led 40-32 at the intermission.

In the second half, Lindsey Wilson slowly crept out to a double digit lead. Fueled by sophomore forward Gemma Grey, Alice Lloyd fought back to cut the deficit to three. When Lindsey Wilson pulled ahead once more by 10, Frazier and Grey helped ALC mount another comeback and the Lady Eagles trailed by one five with five minutes remaining.

At this juncture, Lindsey Wilson demonstrated why it was worthy of the high national ranking as it closed the final four minutes on a 15-4 run to finally seal the game in the win column.

For ALC (2-4), three players reached double figures in the scoring column. Frazier led Alice Lloyd with 20 points, Felner finished with 16 points and Grey added 15.

Krell led Lindsey Wilson (3-0) with 22 points. Guard Sierra Rambert added 21 points for the Lady Raiders. Bethany Spillman and Litzinger also finished in double figures, scoring 17 and 10 points, respectively.

Alice Lloyd will travel to Montgomery, N.C., Friday (Nov. 20) for the prestigious West Virginia Tech Classic. The Lady Eagles will face WVU Tech at 8 p.m. Friday night. Alice Lloyd will face Pikeville on Saturday at 2 p.m.

Postseason

Pikeville College to play in the BB&T Classic. Winston and I are around the same age so I remember his spectacular playing career well.

I'll also keep an eye out for his always-dazzling wardrobe. Elizabeth Lambert said all the right things when she finally spoke about her shocking performance a couple of weeks ago. The problem was she kept talking and the outcome was just as surprising.

The New Mexico soccer player was the talk of the sports nation for her brutal antics in a match against BYU. This week she apologized, but was also quick to point out it wasn't her fault.

She said the video "made me look like a monster," adding if she was a guy it would have been no biggie.

And that proves even fur-

ther that Ms. Lambert has a lot of growing up to do.

On Saturday afternoon Pikeville College senior John Brown went out with a bang. He recovered two fumbles and picked off a pass in the 31-17 loss to Campbellsville. With the pick, Brown leaves the school tied with former All-American Antwan Marsh with nine, the most in school history.

I can't speak for everyone else, but as someone who follows the football Bears maybe closer than anyone this side of Charlie Pinson, I'll miss the safety net that has been Kyle Chilton on future fall Saturdays.

Seriously, how "bout them Bengals?"

All this time we thought Chad Whatshisname was the problem, but the Bengals part-

Continued from p5

ed company with LJ Whatshisname and look at the results. The Bengals are 7-2 with three straight coming up against the Raiders, Browns and Lions. Those teams have combined to knock down four wins to this point.

Then, two weeks later, two-win Kansas City is the two-wins without blinking. Then they close the regular season at the exciting Jets.

I know we're talking about the Bengals and anything could happen, but if they were to split back-to-back road games against Minnesota and San Diego, a 13-3 season isn't out of the question.

Which leaves us only one question to ask.

Seriously, Who Dey?

SPORTS FAN

OF THE WEEK

of Prestonsburg

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Kentucky's jobless rate increases to 11.2 percent

FRANKFORT — Kentucky's seasonally adjusted preliminary unemployment rate rose to 11.2 percent in October 2009 from a revised 10.9 per-

cent in September 2009, according to the Office of Employment and Training (OET), an agency of the Kentucky Education and

Workforce Development Cabinet. October 2009's jobless rate is 4.3 percentage points higher than the 6.9 percent rate recorded in October 2008, and

it matches the rate that Kentucky had in August 2009.

"The Kentucky economy showed some signs of improvement in October 2009. However, the increase in nonfarm employment is indicative of temporary hiring and strength in the employment services industry," said Dr. Justice Detzel, OET chief labor market analyst.

The U.S. seasonally adjusted jobless rate increased from 9.8 percent in September 2009 to 10.2 percent in October 2009, according to the U.S. Department of Labor. This 10.2 percent rate is 1 percentage point below the 11.2 percent rate recorded in Kentucky in October 2009.

Unemployment statistics are based on estimates and are compiled to measure trends rather than actually to count people working.

Seven of the 11 major nonfarm North American Industry Classification System (NAICS) job sectors reported an employment increase in October 2009, while four decreased, according to OET. An increase of 2,900 jobs in October 2009 brought Kentucky's nonfarm employment to a seasonally adjusted total of 1,762,900. Since October 2008, Kentucky's nonfarm employment has plummeted by 81,900.

"This represents an easing in the employment losses in Kentucky's economy, which has hemorrhaged jobs in 19 months since the recession commenced in December 2007. Since the start of the recession, nonfarm employment in Kentucky has decreased by 109,500 positions," Detzel said.

According to the seasonally adjusted employment data, Kentucky's professional and business services sector surged by 8,000 positions in October 2009. This area has lost 1,800 employees since October 2008. The professional and business services sector includes professional, scientific and technical services, management of companies and administrative and support and waste management, including temporary help agencies.

"The job gains are concentrated in the administrative and support services industry, reflecting temporary hiring at a document processing center, the opening of a call center, and strength in the employment services industry," Detzel said.



The Appalachian Artisan Center, Hazard Community and Technical College and the Mountain Association for Community Economic Development congratulate the graduates of the FastTrac New Venture Artisan classes held in October and November. Eight local artisans received the course completion certificate and took home a solid business plan. The graduates are Michael Kersey, Debra Klopp Kersey, Kevin Blomenkamp, David Wright, Eugene King, Julie Cain, Doug Harling and Ed Parks. HCTC Knott County hosted the classes and MACED provided the course funding, materials, dinner, facilitators and business counselors. Local artisans and regional business people presented on various topics including entrepreneurial skill sets, business legal issues, marketing your business and funding your start up business. MACED is a non-profit CDFI serving 54 counties of southeast Kentucky. Information on MACED programs can be found on www.maced.org. Learn more about HCTC at www.hazard.kctcs.edu. The Appalachian Artisan Center is a nonprofit organization dedicated to building and strengthening the artisan-based sector through education, business development and support services for artists. The Appalachian Artisan Center Shop, Cafe and Studios are open Monday thru Friday, 10 am to 6 pm and Saturdays 10 am to 4 pm. Visit them online at www.artisancenter.net



From left, Pikeville College Professor Robert Arts, PC alumnae Tiffany Thacker and Miranda Dotson and Professor Nancy Cade recently attended The Washington Center's 2009 Gala in Washington, D.C., at the renowned National Building Museum. Proceeds from the gala provide support and scholarships for students participating in The Washington Center's programs. This year's gala theme, "In Service of a Nation," recognized the ways in which individuals can impact nations and society through civic engagement. It also highlighted the democratic principles that "the power of a nation lies within the hands of its citizens and that participation is both the promise and responsibility of citizenship." Honors were also given to special individuals who have devoted their lives to the service of their fellow citizens. Pikeville College students have participated in The Washington Center seminars for several years, including the upcoming "Inside Washington 2010" in January. Cade, a professor of history and political science at the college, has served as a faculty advisor and mentor for the organization since 2004, including two national political conventions and two presidential inaugurations. Honored by The Washington Center as a "Faculty Leader of the Year" in 2007, she currently serves as campus liaison for the program and as a member of The Washington Center's national liaison advisory board.

Pike businessmen accredited for ground source heat pump installation

STILLWATER, Okla. — Shawn Combs and Ryan Johnson, of Strata Services, have been accredited by the International Ground Source Heat Pump Association (IGSHPA) to harness the earth's energy for residential and commercial use.

Strata Services, located in Virgie, has been providing core-drilling services to the coalfields since 2005, along with construction, surveying, mapping and permitting. They can now offer the tri-state community the opportunity to experience geothermal technology.

Ground Source Heat Pump (GSHP) systems use modern technologies to harness the stored energy of the greatest solar collector in existence — the earth. IGSHPA accredited



Shawn Combs



Ryan Johnson

installers can offer the only qualified renewable energy system available today. With current tax incentives added to long-term energy savings, the timing is ideal for installing

GSHP technology into homes, apartment complexes, businesses, schools, and more. In addition to heating and cooling, GSHPs also create free hot water in the summer and deliv-

er substantial hot water savings in the winter.

Accredited installers are trained in the design and installation of ground-to-ground heat exchanges, which are the basis of GSHP systems. During the winter, water or an anti-freeze solution is circulated through buried pipe, collecting heat from the earth and transporting it into the building. During the summer, the system cools the building by reversing itself, collecting heat from the building and transporting it back into the earth.

For more information about the economic, and environment-friendly alternative to conventional heating and A/C, contact Shawn Combs or Ryan Johnson at Strata Services, Inc. at 606-639-0800.



The Floyd County Chamber of Commerce recently welcomed new Chamber Member, Daffodils, located in the heart of downtown Prestonsburg, offering ladies a large variety of clothing and accessories. Daffodils' mission is to provide ladies a relaxed place to shop with the latest fashions, at affordable prices. Daffodils' goal is to provide their clients with a warm friendly atmosphere, where old friends meet and make new friends, enjoying a first rate shopping experience. Daffodils is truly a "one of a kind" shopping experience offering ladies a diverse selection of clothing, shoes, handbags, jewelry and unique items. A few of the brands they carry include Brighton Jewelry, Big Buddha Handbags Comfy USA, Cool Sets Pajamas, JMJ Fashions Inogeny J'Renee, Moda Designs, Morgan & Company, Naturalizers Tribal Inc, Sperry Top-Siders, Foxcroft, FDU Jeans, Silver Jeans and many others. Daffodils is located at 165 Court Street in Prestonsburg and be reached by phone at 606-886-0007 or by visiting www.bloomingwithstyle.com

Burglary

fairly sizable, Sykes said, adding that it was big enough for him to fit through during a walkthrough of the building shortly after the burglary, which took place after the store was closed at approximately 9:30 p.m.

Sykes said an undetermined amount of cash was taken from the cash registers and that the suspects apparently wandered throughout the store but left it mostly undisturbed. "They went around to a few other areas in the store, but they knew exactly where the money was at," Sykes said.

Continued from p1
Earlier this year, a rash of burglaries and armed robberies cropped up throughout the county, but Sykes said this location had not been to his knowledge, a target in the past. Police have gathered evidence from the scene and say they are following a couple leads in the investigation, but Sykes said they were not close to making arrests in the case.

State police are asking anyone who may have information that could help lead to an arrest in the case to contact them at the Pikeville Post 9 at (606) 433-7711.

Happy 50th Birthday Penny Whitaker McGuire!

We Know 50 Stinks, but we love and appreciate you!!
Anna & Carlos

Happy Birthday P. Conn
My Brother, My Friend
11/24/66 - 10/12/08

I look at the trees, so vividly their colors do show
Just as I so vividly in my mind see your face
It's hard to believe you've been gone over a year now
And not a day goes by that I don't think of you
Or hear someone mention your name
Most saying, without you here "it's just not the same."
So many lives you touched and yes, you had your faults
But tell me someone who doesn't.
I watched you bend over backwards
To help someone in need,
Never asking for anything in return
And often not getting help when it was due.
You carried a heavy load
Only wanting peace and contentment in your life
But one who is Greater than us all
Decided that your journey on earth was to end.
Your presence will remain with many
As the days drift by
Until our journey has also been completed
And the broken chain will be put together again.
So, until that day, remember
You were my Brother, you were my Friend
And I'll love you now in memory
Till my life's end!

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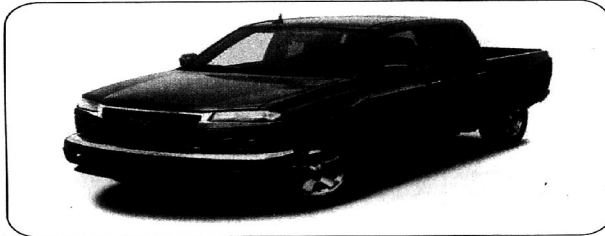
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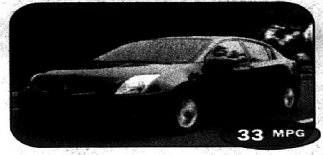
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MOVIES FROM THE BLACK LAGOON

'Axe'

by TOM DOTY
TIMES COLUMNIST

A trio of hoods square off against a farm girl and her paralyzed father in this demented gem from the 1970s drive-in scene.

It all begins with a sleepy set up that finds three tough guys set out to collect on a defaulted loan. Most people would rather find a crew from "60 Minutes" camped



Tom Doty
Times Columnist

out on their doorstep than these three goons. They are a surly lot indeed and consist of:

■ Steele, the tight-lipped leader

■ Lomax, an aging sadist

■ Billy, the young gun who hasn't been tested.

Lomax searches the apartment while they wait and learns that their mark enjoys dressing in women's clothing. Obviously, this news will not help matters, but it does give us a chance to see how mean Lomax can get, evidenced when he opts to cut up a fine pair of stockings.

The victim eventually comes home, with his "man date." The mark tries to explain the situation but finds his ability to communicate impaired when Steele puts out a cigar on his tongue. The men then proceed to put him out of his

(See LAGOON, page three)

USPS partners with state parks to celebrate 85th anniversary

by MARILYN LOESER

When the moon is full and the sky is clear, a mystical moonbow appears in the deep forest of Kentucky. In the entire world, there are only two places to view a moonbow — Cumberland Falls State Park and Victoria Falls located in southern Africa between the countries of Zambia and Zimbabwe.

When conditions are right, Cumberland Falls — known as the "Niagara of the South" because of its

125-foot-wide curtain of water — produces a faint rainbow as moonlight refracts through the waterfall mist.

In celebration of this natural phenomenon — and to observe 85 years of Kentucky Parks — the Postal Service partnered with state officials to create a special stamp and commemorative envelope.

The envelope and special postmark were designed by artist Ralph Bergmann. The envelope features the rushing falls and a postage stamp

with an aerial view of Cumberland Falls — the only "rainbow at night" in the Western Hemisphere. Bergmann is known for his talent in several mediums — print and electronic to way-finding and exhibit design. The award-winning graphic artist has been published in several publications including How Magazine and Graphics.

During the anniversary celebration, Resort Park Manager Lisa Davis welcomed more than 100 visitors, postal officials and park personnel to

the event including Kentucky State Parks Commissioner Gerry Van der Meer, Deputy Commissioner Steve Brooks, Resort Parks Director Kerry Lamb, Assistant Director John Paul Corbin, Mayor Willard McBurney and State Representative (82nd District) Charles Siler.

For more information on Kentucky parks, and moonbow viewing, visit the website <http://www.parks.ky.gov>.



Forty teddy bears from the Sandy Valley Abuse Center were donated to Floyd County Family Court last week. Pictured left to right are Melissa Hall, Virginia Mead, Connie Little, Crystal Akers, Hon. Judge Johnny Ray Harris, Eddie Akers, and Linda Spurlock.

This Town, That World

Editor's Note: For years, Floyd County Times reader and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request.

If you can't find any blessings to count, this Thanksgiving, there's a pretty good chance you'll really be in a fix by the next.

□ □ □

This is not recorded here to discourage President Nixon, but to date, there has been one report received to the effect that at least one person, was disgruntled because the Nixon press conference last Saturday night, preempted Sterling Clark on the Hazard TV station, Oh boy!

CHALLENGES THE FIGURES

It was a tiny filler item in a newspaper that attracted attention around this office, the other day. It stated with considerable authority that the fastest flying insect is the horsefly, adding that this pest has been clocked at 31 1/2 m.p.h. One of our group of fishermen who has almost been driven out of the boat on more than one occasion in the Dick's Creek section of Dewey Lake by a horsefly of unusual proportions and bloodthirstiness, vows that the speed is faster than that. He claims to have clocked, this particular specimen at 35. And at that, he adds, the fly was still in second.

HIS VERSION

I haven't kept my reader (s?)

(See ALLEN, page two)

BEAR HUGS

Program comforts children in Family Court

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG — The office of the Floyd County Family Court was filled with 40 teddy bears last week from the Sandy Valley Abuse Center to give out to children whose families are involved in the family court system.

The bears were presented to former Family Court and current Circuit Court Judge Johnny Ray Harris at the monthly meeting of the Floyd County Family Court Education/Dependency/Neglect/Abuse Committee.

Also at the meeting, Eddie Akers and Crystal Akers, with Kentucky Farm Bureau in

Prestonsburg, presented Connie Little, director of the abuse center, with a check for her art work on the walls of the children's waiting area in the Floyd County Justice Center.

The painting of the room was made possible by a donation from Kentucky Farm Bureau's auxiliary group, represented by Eddie Akers, Crystal Akers and Delphia Hicks, who was not present for the event. Little used a teddy bear theme for the room in conjunction with teddy bear program. The group celebrated the completion of the art work and the presentation of the teddy bears.

The Education/Dependency/ Neglect/Abuse Committee is an advisory council to the office of the Floyd County Family Court, existing since

1999. Currently, it is co-chaired by Carol Jo May and Virginia Mead. The committee has been involved in the implementation of the Truancy Diversion Program and the recognition of students with perfect attendance in all Floyd County public and private schools. Current active committee members are Melissa Hall, Connie Little, Carol Jo May, Virginia Mead, Lola Rathliff, Jean Rosenberg, Linda Spurlock, Kristina Springer, and Patricia VanHoose.

The group meets at 2 p.m. on the first Tuesday every month in the Floyd County Family Court conference room. The meetings are open to the public.

DINNER DIVA

Clean or clean out



When you consider that we all have refrigerators and like any useful tool, they need cleaning from time to time, I really don't think anyone needs to read a column on how to clean a fridge and I'm going to assume we all understand how to do this (soap and water works every time).

But what I want to talk about today is the difference between cleaning your fridge vs. cleaning OUT your fridge. And before I do, I must come clean that I had the biggest clean out I've had in a long, long time and I hang my head in shame. Cleaning out your fridge is akin to a

physical confession that you planned poorly and didn't have the forethought to wisely consume or freeze your food. I don't want to go there again. I'll happily clean the fridge, wipe it down, get it all sparkly and shiny again, but clean out? No, don't want to go there.

Why did this happen? Well, I went to the mountains for a week, brought food home from there and didn't take the time to freeze the leftover soups and use up the other assorted leftovers. That's just plain not smart.

In this economy and for the sake of being a good steward of things we have,

we all (me included) need to develop a keen mindset to keep from having to clean out the refrigerator.

Leftovers are gifts in my opinion; another meal that doesn't need to be fussed over, just reheated and re-enjoyed all over again. Let's be sure we treat them as such and keep to the plan to either use them up, freeze them or give them away to someone who would be delighted to get a Rubbermaid tub full of soup. Someone (either you now or later or maybe a senior neighbor) will appreciate

(See DIVA, page two)

inside lifestyles

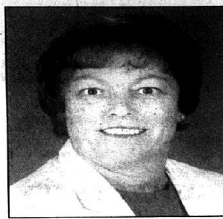
CAR TALK
Starting engine without oil a bonehead move
— page B3



HoroscopeB2
Rental CentralB3

Fun & Games
page B8





Family Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor
of Family Medicine

Reader should weigh risks of different pain medication

Q I need some help. There are so many pain medications to choose from at the pharmacy. I don't know which one to use for a simple headache. Should I take acetaminophen, ibuprofen or naproxen? Should I go for a brand name or save money with a generic brand? Can you help me figure out what to take and when?

A When it comes to your health, asking for help is always much better than guessing. I can provide some facts that might help you make a more informed decision, but I also suggest using your

family physician and your pharmacist as resources. For this column, I will assume you are an adult and only discuss the use of over-the-counter medications that are safe for most healthy adults over the age of 18. If you have ongoing medical problems or if you are under 18, you should consult your personal physician before using any over-the-counter medications.

Acetaminophen is the generic name for one common over-the-counter fever reducer and pain reliever. In the event of fever, acetaminophen tells the heat-regulating center

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GOOD HEALTH

New treatments for rheumatoid arthritis

DEAR DR. DONOHUE: I developed rheumatoid arthritis four years ago. I am still working, lifting 70 pounds and pushing up to 150 pounds in a handcart, and I work 10 hours a day. I had been on methotrexate, but it made me sick. Then I went on hydroxychloroquine. Next was Enbrel, and now rituximab. I am a 47-year-old woman and have worked 22 years at my job. My insurance company is denying me coverage for rituximab because I don't take methotrexate. So I have hit a wall. People tell me to write to you for a cure. Is there one? — G.G.

ANSWER: There isn't a cure for rheumatoid arthritis, but so many newer treatments exist that control of it is possible for most patients. Rheumatoid arthritis is the less common kind of arthritis. It usually strikes between the ages of 35 and 50, and more women have it than men.

Rheumatoid arthritis, unlike osteoarthritis — the common kind of arthritis — is more than a joint disease. It's a systemic disease. That means the entire body is affected by it, and many organs can be involved — the lungs, the lung coverings, the heart, blood vessels, eyes, spleen and bones. Systemic symptoms include fatigue and weakness. The hands, wrists, knees, feet,

elbows and neck are the joints most affected. They become swollen, red, hot, painful and often deformed. The goals of treatment are relief of pain, reduction of inflammation, stopping joint destruction and maintaining joint function.

There are some things you can do on your own. Exercise is important, but your job calls for exhausting physical labor, something that's not good for rheumatoid arthritis. Will your employer switch you to another position? Rest stops the stress on joints. You can try taking omega-3 fatty acids, found in fish and obtainable in pills. It has helped some.

Nowadays, the trend is to start rheumatoid arthritis patients on the most powerful drugs so joints don't become permanently damaged. You have taken some — methotrexate and Enbrel. Rituximab (Rituxan), usually combined with methotrexate, has been quite effective for rheumatoid arthritis that's unresponsive to other medicines.

Perhaps your insurer will reconsider its position with a letter from your doctor explaining why you are not also taking methotrexate.

The arthritis booklet deals with osteoarthritis and rheumatoid arthritis. Readers can obtain a copy by writing: Dr. Donohue — No. 301W, Box 536475, Orlando, FL

32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. DONOHUE: I have glaucoma. I use eyedrops daily. Does caffeine cause eye pressure to rise? — A.G.

ANSWER: Glaucoma comes about from a rise of fluid pressure in the eye and from damage to the optic nerve at the back of the eye. Lowering fluid pressure — often with eyedrops — preserves the optic nerve and vision.

Caffeine can slightly raise eye-fluid pressure for a limited amount of time. I would stop using it until I saw my doctor again. Then I would question the doctor, who can determine if the rise of pressure would be significant for you.

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Salome's Stars Weekly Horoscope

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GEMINI (May 21 to June 20) Your workload is still high, but — good news! — you should start to see daylight by the week's end. Reserve the weekend for fun and games with friends and loved ones. You deserve it.
CANCER (June 21 to July 22) Regardless of how frustrating it times are, keep that "Crab" under control. A cutting comment you might think is apt right now will leave others hurting for a long time to come.
LEO (July 23 to August 22) Be more sensitive to the emotions of loved ones who might feel left out while you're stalking that new opportunity. Be sure to make it up to them this weekend. A nice surprise could be waiting.
VIRGO (August 23 to September 22) The gregarious Virgo rarely has a problem making

new friends. But repairing frayed relationships doesn't come easily. Still, if it's what you want to do, you'll find a way. Good luck.
LIBRA (September 23 to October 22) A misunderstanding with a partner or spouse needs to be worked out before it turns into something really nasty. Forget about your pride for now and make that first healing move.
SCORPIO (October 23 to November 21) Communication dominates the week. Work out any misunderstandings with co-workers. Also get back in touch with old friends and those family members you rarely see.
SAGITTARIUS (November 22 to December 21) As busy as your week is, make time for someone who feels shut out of your life. Your act of kindness could later prove to be more significant than you might have realized.
CAPRICORN (December 22 to January 19) Congratulations. Your busy workweek leads to some very satisfying results. Sports and sporting events are high on your weekend activities aspect. Enjoy them with family and friends.
AQUARIUS (January 20 to February 18) Your generosity of spirit reaches out once again to someone who needs reassurance. There might be problems, but keeping that line of communication open eventually pays off.
PISCES (February 19 to March 20) You are among the truth-seekers in the universe, so don't be surprised to find yourself caught up in a new pursuit of facts to counter what you believe is an insidious exercise in lying.
BORN THIS WEEK: You believe in loyalty and in keeping secrets. All things considered, you would probably make a perfect secret agent.

Diva

that already prepared food. Waste is tragic no matter how you slice it.
Here's a soup to make to enjoy and share:
Italian Wedding Soup
Serves 6
1/2 pound ground beef, extra lean
1 egg, slightly beaten
2 tablespoons bread crumbs
1 tablespoon Romano cheese
1/2 teaspoon basil
1/2 teaspoon onion powder
5 3/4 cups low sodium chicken broth
2 cups kale, thinly sliced

1 cup orzo pasta
1 1/3 cup carrot, finely chopped
In a medium bowl, combine bread crumbs, meat, egg, cheese, basil and onion powder, shape into 3/4 inch balls.
In a large saucepan, heat broth to boiling, stir in kale, orzo, carrot and meatballs. Return to a boil, then reduce heat to medium. Cook at a slow boil for 10 minutes or until pasta is al dente. Stir frequently to prevent sticking.
Per serving: 280 Calories; 8g Fat; 24g Protein; 28g Carbohydrate; 1g Dietary

Fiber; 58mg Cholesterol; 578mg Sodium. Exchanges: 1 1/2 Grain (Starch); 2 1/2 Lean Meat; 1/2 Vegetable; 1 Fat.
SERVING SUGGESTIONS: 1 like bread with soup or either bake some in your breadmaker or buy a nice loaf of crusty bread to go with this. Add a salad if you want, but you've got tons of green stuff going on in this hearty soup.
VEGETARIANS: Skip the meatballs, by omitting first 3 ingredients. Add extra vegetables to vegetable broth instead of chicken broth.
KOSHER: Use beef broth instead of chicken.

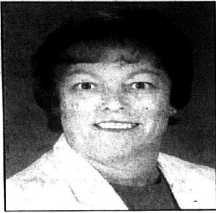
Allen

fully informed about our continuing newsprint famine, having got sidetracked somewhere back there by a flock of other shortages, but my partner in misery, "Bud" Berry, tells the story quite well in his "Coffee Break" column (Paintsville Herald, Nov. 14):
As of last Friday, we were out of newsprint again. As of Monday, the truck rolled in with a three-week supply.
If this keeps up, even Color-Back won't save me. Alfred Hitchcock can't hold a candle to the suspense the

paper mills are putting us in, week after week.
It's harder to get newsprint now than it is to find a Spiro Agnew T-shirt...and that's a scarce item.
A LITTLE DIFFRUNT
Intrigued by the burden of a letter received by the HEW office at Corbin. The Courier-Journal's Joe Creason wonders, out loud and in print, if there are benefits for hollerlart victims.
The letter, which apparently was indited by one who

bore down hard on the pencil between chews on his tongue, reads:
"Here, sir, I keep hearin that you are paying money to men who has work in coal mine and took black lungs. I ain't work in no coal mine but I have work a heap with cows and bulls which a lot of them had the holler tail and I guess took it from them do you and the government give any money to fellers which has the hollerlart. Pleas ans soon as I am bad off as black lungs only it's a little diffrunt."

American Heart Association. Fighting Heart Disease and Stroke.
Choose Healthful Foods



Family Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor
of Family Medicine

Reader should weigh risks of different pain medication

Q I need some help. There are so many pain medications to choose from at the pharmacy. I don't know which one to use for a simple headache. Should I take acetaminophen, ibuprofen or naproxen? Should I go for a brand name or save money with a generic brand? Can you help me figure out what to take and when?

A When it comes to your health, asking for help is always much better than guessing. I can provide some facts that might help you make a more informed decision, but I also suggest using your

family physician and your pharmacist as resources. For this column, I will assume you are an adult and only discuss the use of over-the-counter medications that are safe for most healthy adults over the age of 18. If you have ongoing medical problems or if you are under 18, you should consult your personal physician before using any over-the-counter medications.

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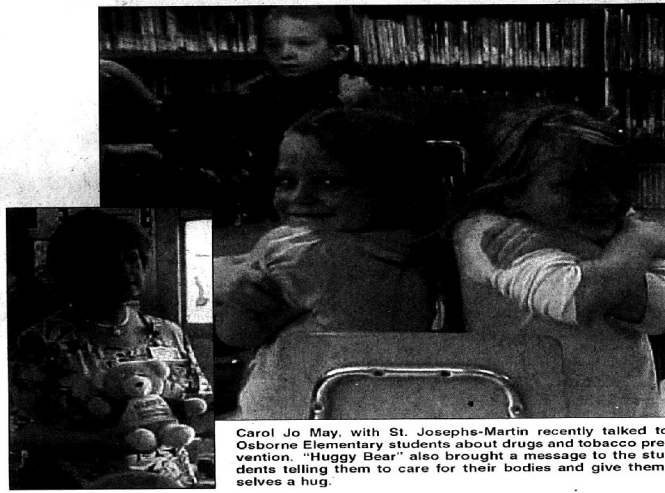
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The letter, which apparently was indited by one who

■ Continued from p1
bore down hard on the pencil between chess on his tongue, reads:
"dere sir, i keep hearin that you are giving money to men who has work in coal mine and took black lungs. i am i work in no coal mine but i have work a heap with cows and bulls which a lot of them had the holler tail and i guess took it from them. do you and the government give any money to fellers which has the hollerlart. Pleas ans soon as i am bad off as black lungs only it's a little diffrunt."

American Heart Association
Fighting Heart Disease and Stroke
Choose Healthful Foods

B3

Starting the engine with no oil is a bonehead move

by TOM and RAY MAGLIOZZI

Dear Tom and Ray:
Is it ever safe to start a car with no oil in it? I have a 2004 Honda Civic, and when I change the oil filter, it always drips all over the place, down the side of the engine and onto the struts or CV axles. I'm not sure which. My brother-in-law says to start the car after I drain the oil, and it will pump the oil out of the filter so I can remove it without a mess. I told him he is insane! Was I right? I told him I would rather clean up the mess than buy a new engine. — James

RAY: I'm assuming your brother-in-law is a man with a very clean garage floor and lots of experience rebuilding engines. James. He's also nuts, by the way.

TOM: You should never, ever run your engine without oil. Not even for a few seconds. The engine is full of very expensive metal parts that slide along each other at high speeds. To keep them from running each other, engine manufacturers go through a lot of trouble to make sure these parts are ALWAYS bathed in oil.

RAY: They even go so far as to put a big, red idiot light smack in front of

the driver's face that lights up if the oil pressure drops. Apparently, the light's not big enough for your brother-in-law.

TOM: So that's not a good option, James. But there's no perfect solution. Oil filters often are attached at odd angles, and crammed into hard-to-reach places. And they're generally hard to remove without spilling oil. On your Civic, the oil drips — harmlessly, but messily — right onto an axle.

RAY: What you CAN do is punch a hole in the oil filter with an awl. After you've drained the crankcase, slide your oil tub underneath the filter, loosen the filter a little bit to let air in, and knock a hole in the lowest part of the filter. Then go and take a break.

TOM: When you come back 20 minutes later, most of the oil will have drained out. Then you can grab the filter with a rag and unscrew it, with less oil running down your arm and onto your axle.

RAY: You'll never pass the white-glove test. But you'll be able to reduce the mess without reducing the life of your engine.

The varying degrees of clutch murder
Dear Tom and Ray:
A friend of mine at work and I have a disagreement regarding using the clutch on a standard-shift car. He says that keeping the clutch pressed in will wear out the throw-out bearing, and I say it won't. For example, he says that when on a hill, the smart driver will put the car in neutral and let the clutch out, keeping one foot on the brake, to save wear and tear on the throw-out bearing. I say keeping the clutch depressed won't cause wear and tear. Who's right? — Red

RAY: He is.

TOM: There are two common ways that clutches die. The most common is that the clutch disc wears out. That happens over time, due to the natural slippage that takes place when you engage the clutch to get the car moving. Eventually, the friction just wears out the disc, the clutch starts to slip and you need a new clutch.

RAY: This process can be greatly accelerated, however, if you ride the clutch — that is, give the engine too much gas and let the clutch out too slowly. We call this first-degree

clutch murder.

TOM: The second most common type of clutch failure is when the throw-out bearing (also called the release bearing) fails. That's the bearing that pushes the clutch plates apart when you push in the clutch pedal to change gears.

RAY: Used correctly, the throw-out bearing will last much longer than the clutch disc. But if you sit at red lights with your foot on the clutch pedal all the time, you can wear out the throw-out bearing before you wear out your clutch disc. And because that's an entirely preventable condition, we call that clutch murder in the second degree.

TOM: The problem is, if either the disc OR the bearing fails, you then have to replace the whole clutch. To reach either of those parts, you have to remove the entire transmission. And once you've paid for all that

labor, you'd be crazy to do half the clutch. On most cars these days, a clutch job is at least a thousand bucks.

RAY: Now, you can take your chances that the throw-out bearing will last longer than the disc, even though you're using it more than you need to, but why risk it?

TOM: So, your friend is absolutely right. The best way to preserve the throw-out bearing is to keep your foot off the clutch pedal, except when you're actively shifting gears (or starting the engine). That way, you'll have the best chance to avoid any clutch-slaughter charges.



Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack in care of this newspaper, or e-mail them by visiting the Car Talk Web site at www.cartalk.com.

Rental Central

by TOM DOTY
TIMES COLUMNIST

Renters were three for four this week, with one book-buster and two smaller efforts of note.

■ "Star Trek" — J.J. Abrams (TV's "Lost") gave Gene Roddenberry's classic series a cinematic upgrade with this effort, which pays homage to the original series while boldly updating it. Chris Pine and Zachary Quinto ("Heroes") are just fine as Captain James T. Kirk and Mr. Spock, but the supporting cast is also strong, with sharp turns by Simon Pegg (as Mr. Scott) and Zoe Saldana as Uhura. The plot includes a revamped origin as well as an operatic villain (Eric Bana).

Here's hoping they can keep it up without reaming "Wrath of Khan."

■ "Bruno" — Fans of "Borat" will get a kick out of this similar effort from Sasha Baron Cohen. Here he casts himself as the titular character (a grandiose Austrian fashion kingpin) and pits this creation against all manner of extras (most of whom don't appear to be in on the joke). Fun and suitably vulgar, though nowhere near the same level as "Borat."

■ "Rituals" — The people at "Code Red" continue their quest to get quality horror movies of the 1970s and 1980s on DVD with this release of an obscure "men in the wilderness" yarn from Canada. This one features five doctors on an

annual hunting trip who become the prey for backwoods types. Grisly and well paced, with enough graphic set pieces to keep horror fans glued to their sets.

■ "My Sister's Keeper" — An interesting moral question (whether it's cool to have children just so they can donate material to sickened siblings) gets smothered in a lot of snot-slinging theatrics in this tale from popular author Jodi Picoult. Cameron Diaz and Abigail Breslin try hard as the siblings, but they can't distract you from how schmalzy the whole enterprise is.

Next week look for Tom Hanks in "Angels and Demons" and catch Adam Sandler in "Funny People."

Strange ... but true

by SAMANTHA WEAVER

Express originally cost \$5 per ounce -- and that was when a dollar was worth a whole lot more than it is today.

■ The World Health Organization does not include cockroaches on its list of insects hazardous to human health.

■ If you're planning a trip to Minnesota anytime soon, you might want to stop in the town of Pipestone to see its claim to roadside-attraction fame: a 30-foot-long peace pipe.

■ If you think postage rates are getting high now, consider this: To send mail by Pony

working the night shift at Menlo Park Veterans Hospital -- a job from which he was later fired.

■ If you're ever vacationing in Denmark's capital city, you might want to keep in mind this unusual statute: It is against the law in Copenhagen for an unmarried couple wearing bathing suits to kiss on the beach.

Thought for the Day
"I like an escalator because an escalator can never break. It would never be an escalator temporarily out of order sign, only an escalator temporarily stairs. Sorry for the convenience." — Mitch Hedberg

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Lagoon

misery as quickly as they can stomp him to death.

The date gets justifiably spooked and jumps out of a convenient window — his fear obviously trumping the fact that they are 11 stories up.

This charming encounter leaves the new guy a little shaken. His condition gets no better when the trio stops for gas at a convenience store. Lomax and Steele use the detour to indulge in a game "terrify the female cashier." The rules of this obscure sport involve forcing a cashier to go topless and then placing produce on their head for target practice.

The twisted game turns out to be a creative way to confuse the cashier into neglecting to charge the customers for their purchase. The end result is that the group needs to lay low for a while so they stop at the first farm they come across (this is pretty much a fly-by-the-seat-of-your-pants affair).

The farm is perfect, as it is run by a quiet young woman who spends her day tending to her wheelchair-bound father. Dad is also mute, so the set up is perfect. Somehow you just know that our unholy trio will still screw up this free lunch and they do so with verve.

Lomax makes the first error when he misinterprets the daughter's motivation for cooking him up a chicken dinner (he fails to observe the joy she gets in chopping up the bird). Thinking that she's warm for his aging, and decidedly greasy, form, he attempts a midnight assault that quickly backfires when she pulls out the titular weapon from underneath her bed.

The rest fall like dominoes but the fate that awaits the well-intentioned Billy is the nastiest of all.

This is worth a look but be prepared for some low down chills. The murky Southern Gothic atmosphere is so well rendered that you'll be craving

a shower before the final reel. The DVD (from "Something Weird Video") packs a lot of punch by offering several short films, coming attractions and a bonus feature called "The Electric Chair." The extra film is pretty dull, though it does raise a few goosebumps during

the finale, which sees a poor schmuck getting lit up in the titular device.

Best line: "Why don't you get me a glass of water. Then drink it yourself. It'll give you something to do."
1977, rated R.

Continued from p1



Completes Basic

Pvt. Linsey Fields recently graduated in the Army's basic training base at Fort Jackson, S.C. Fields was recognized as sharp shooter by her drill sergeant and a squad leader. She is currently station at Fort Sam Houston in San Antonio, Texas and will start her training to be a combat medic.

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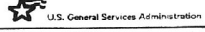
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Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.

Devotional Spotlight

Spurlock Bible Church

Jim Stephens
Pastor

Sunday School	10:00 a.m.
Sunday Worship	11:30 a.m.
Wednesday	6:30 p.m.

Attention: Church Organizes... send to a picture of your church pastor or youth leaders.

ASSEMBLY OF GOD
Firat Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lonnie Vannucci, Minister.
In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stapley, Pastor.
New Bethel Assembly of God, Burning Fork Rd., Salversville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Arthur (Sam) Smith, Minister.
Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

BAPTIST

Allen Firat Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.
Auxier Freewill Baptist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.
Bell Branch Regular Baptist Church, Mousley Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor, Ralph Howard, Asst. Pastor. Contact Kermil Newsome 606-377-6881 for more information.
Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m. Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.
Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.
Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m.; Vera Johnson, 886-3963, ext. 67267.
Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.
Brandy Keg Freewill Baptist, Corn Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.
Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.
Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.
Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathan Laferly, Minister.
Daniels Creek Baptist Fellowship Church of God, Banner Services; Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.
Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister.
Endott Freewill Baptist, Buffalo; Sun. School, 10 a.m.; Church every Sun. Morning 11:00 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; First Sat.

evening Service, All Welcome 7 p.m. Pastor Mark Hunt, 606-478-2698
Faith Bible Church, an Independent Baptist Church, located on 1428 between Allan & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Pastor Tommy Roper, 6 p.m.; Pastor, Rev. Bob Wireman.
Faith Freewill Baptist, 1/4 mile above Worldwide Expt. on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Elder Donnie Patrick, Minister.
Firat Baptist, Garratt; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.
Firat Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.
Firat Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minister.

Fitzpatrick Firat Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Truist.
Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7 p.m.
Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.
Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.
Grethel Baptist, State Rt. 3379, (Branham's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.
Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Crace, pastor; Asst. Lary Patton. Phone 358-4275.
Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.
Jacks Creek Baptist, Bevinville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Truist.
Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor.

Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.
Lancer Baptist Church, 71 Cooley St., Prestonsburg; Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m.; Evening School, 6:00 p.m.; Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter.
Left Beaver Regular Baptist Church, across from Garth School, 4th Saturday & Sunday 10:00 am, Odd Saturday 6:00 pm; Gary Compton, Pastor.
Liberty Baptist, Denver; Sunday Services, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.
Ligon Community Freewill Baptist, Ligon; Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.

Little Roa Regular Baptist Church of Jesus Christ, Indian Bottom Association; 1st Saturday & Sunday of every month 9:30 a.m., 3rd Sunday 9:30 a.m., 4th Sunday 9:30 a.m. Minister.
Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Norris, Minister.
Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.
Maytown Firat Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.
McDowell Firat Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gary Crager, Minister.
Middle Creek Baptist, Blum River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; William L. Hunt, Minister.

Lighthouse Baptist, 2194 Ky Rt. 1428, Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home phone 285-3385
Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.
Prater Creek Baptist, Banner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.
Rock Fork Freewill Baptist, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.
Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor. Willie Crace Jr., Assistant Pastor.
Salt Lick United Baptist, Salt Lick, Huelysville; Worship Service 2nd & 4th Sunday, 10:30 a.m., Pastor, Allen Chaffins, phone 946-2123.
Sammy Clark Branch Freewill Baptist, Dara; Sunday School, 10 a.m.; Worship Service 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.
Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.
The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Phillip Ramey, Pastor.

Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.
Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month. Wednesday, 7 p.m.; Jody Spencer, Minister.
Trimbale Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 7 p.m.; Wednesday Bible Study, 7 p.m.; Youth Services 7 p.m.; Everyone Welcome.
United Community Baptist, Hwy. 7, Huelysville; Worship Service, 2 p.m.; Friday, 7 p.m.; Carole Bawley, Minister.
Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferrari, Minister.

CATHOLIC
St. Martha, Water Gap, Mass. Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday; Father Robert Damron, pastor.

CHRISTIAN
Firat Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.
Victory Christian Mission, 1428 E. Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sterm Williams, Minister.

CHURCH OF CHRIST
Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.
Prestonsburg Church of Christ, 68 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.
Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister.
Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Huelysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.
Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonie Meade, Minister.
Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.
Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Gary Mitchell, Minister.

Maytown Church of Christ, 66 Turkey Creek Rd., Langley; Sunday Bible Study, 10:00 a.m.; Sunday morning worship 11:00 a.m.; Evening Worship 6:00 p.m.; Wednesday Bible Study 6:00 p.m.
Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.
Weeks Church of Christ; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m. John Burke, Minister.

CHURCH OF GOD
Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.
Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.
Firat Church of God; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.
Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Family Training Hour - Thursday 7 p.m.; B. Tussley, Jr., Pastor.
Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.
Little Point First Church of God, 471 Little Point Road; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Heater, Jr., Minister.

The Ligon Church of God of Prophecy, Saturday; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.
EPISCOPAL
St. James Episcopal; Coffee Hour 10:00 AM. Morning Service 11:00 a.m. Rector 886-8045
LUTHERAN
Our Savior Lutheran, Slipp Bayes Rector; Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLV (600 am) 12:05 p.m.; Roland Benter, Minister.

METHODIST
Auxier United Methodist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 5 p.m.; Mead Music, Minister.
Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.
Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.
Community United Methodist, 147 Burke Avenue (off University Drive and Neeley St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Glenn Sandy, Douglas, Rev.

Elliott's Chapel Free Methodist, Rt. 979; Baver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.
Emma United Methodist, Emma; Sunday School 10 a.m.; Sunday Worship Service 11 a.m.; Pastor David Proffitt.
First United Methodist, 256 South Arnold Avenue; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev Jim Adams, Pastor.
Horn Chapel Methodist, Auxier Road, Auxier; Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Midweek Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Judy Carr-Back, Minister.
Graceway United Methodist, Rt. 80; Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night 7 p.m.; Roy Harlow, Minister.

Salisbury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby J. Lawson, Minister.
Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.
Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.
Vogel Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wednesday Evening, 7:00 p.m.; Dennis C. Love, Pastor.

Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship Service, Saturday, Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.
Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister.
Free Pentecostal Church of God, Weeksburg; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John Jay, Pastor, Minister.
Free Pentecostal Deliverance, Ext. 46 off Mt. Parkway at Campion; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Cridler, Minister.
Free Pentecostal Holiness, Rt. 122, Upper Burston; Sunday School, 11 a.m.; Worship Service, 6 p.m.; Pastor, p.m. Louis Santan, Minister. David Pike, Associate Minister.
Goodloe Pentecostal, Rt. 850, David; Worship Service, 6 p.m.; Malcolm Stone, Minister.

Parkway First Calvary Pentecostal, Floyd and Magoffin County Line; Worship Service, 5:30 p.m.; Mike D. Caldwell, Minister. 297-6262.
Trinity Chapel Pentecostal Holiness, Main St. Martin; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd

Sat., 7 p.m.; Thurs. 7 p.m.; Ellis J. Stevens, Minister.
Free Pentecostal Church, Dwayne; Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

PRESBYTERIAN
Drift Presbyterian, Route 1101, Drift; Worship Service, 11 a.m.
Firat Presbyterian, North Lake Drive; Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev. Vicki Poole, pastor.

SEVENTH DAY ADVENTIST
Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor. 358-9263 Church, 886-3459, leave message. Everyone welcome!

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS
The Church of Jesus Christ of Latter-Day Saints; Sacramento Mtg., 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Presthood/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House, address Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Richard Salisbury, Bishop.

OTHER
Pastor Atha Johnson welcomes everyone to attend services of the CHURCH OF GOD OF PROPHECY TRAM KENTUCKY; Sunday school 10 a.m., Worship service 11 a.m.
Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30 p.m.
Grace Fellowship Prestonsburg, (next to old flea market); Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.

Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.
Faith Revelation, Harkins Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thurs. 7 p.m.; Randy Hagans, Minister. 886-9460.
Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed. 7 p.m.; Carl & Missy Woods, Pastors.
Faith Worship Center, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Nye, Minister.
Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 p.m.; Wednesday, 7 p.m.; John W. Patton, Minister.

Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.
Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor, Curt Howard.
Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m., Saturday/Sunday.

Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 10 a.m.; Friday, 7 p.m.; John W. Patton, Minister.
Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg, Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-1003.
Town Branch Church; Sunday School 10 a.m. except for first Sunday in each month; Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.

The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.
The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Edgemoor, 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Aiken.
Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.
Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.; Prayer Line, 358-2464; Darlene W. Arnette, Pastor.

Taylor Chapel Community Church, formerly the old Price Food Service building, located 1/4 mile above Worldwide Equipment, Rt. 1428, Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m.; Kenny Vanderpool, Pastor.
International Pentecostal Holiness Church, 10574 N. Main St. Martin; Rev. Ellis J. Stevens, Senior Pastor.
Rising Sun Ministries, 114 Rising Sun Lane, Prestonsburg, Ky 41653; Sunday, 11:00 a.m.; Wednesday, 6:30 p.m. Pastor: D.P. Curry.
Church of God of Prophecy, Sunday School 10 a.m., Worship Service 11 a.m. Wednesday Night - 6 p.m. Pastor Glenn Hayes. West Prestonsburg.
House of Refuge, Rock Fork; Sunday Evening Worship 6 p.m., Monday Bible Study 7:30 p.m.; Wednesday Prayer Meeting 7:30 p.m.; Bill S. Tussley, Pastor.
Seventh-Day Adventist 5 miles West on Mt. Parkway; Sabbath School 9:30 am Church Services 11AM, Pastor, John Baker 358-6263. Church 606-886-3459. Leave message. Everyone Welcome.

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FLOYD COUNTY

Faith and Family



KBC Messengers appoint new board members

ELIZABETHTOWN — Messengers at the Kentucky Baptist Convention's annual meeting have approved new members for the Kentucky Baptist Convention mission board and the boards of several affiliated institutions and agencies.

The Committee on Nominations submitted the nominations for approval during the Tuesday afternoon session of the Nov. 10 meeting at Sevens Valley Baptist Church.

The committee also recommended Dan Summerlin, pastor of Lone Oak First Baptist Church in Paducah, to preach the 2010 convention sermon. The 2010 Kentucky Baptist Convention is scheduled for Nov. 9 at Immanuel Baptist Church in Lexington.

The alternate preacher is Tom James, pastor of Eastwood Baptist Church in Bowling Green.

Board appointments are as follows:

Campbellville University (Trustees):

2010 Unexpired Term (1): Tommy Turner (Magnolia);

2012 Terms (11): J. Chester Budgett (Campbellville); Mike Eastridge (Bowling Green); Jana Gore (Elizabethtown); Henry Lee (Campbellville); Ron Lewis (White Mills); Mary Frances May (Columbia); David K. Morris (Warsaw); Carol Bertram Peddicord (Albany); Jay Robison (Lexington); Malinda Smith (Danville); and Ralph Tesseneer (Campbellville).

Clear Creek Baptist Bible College (Trustees):

2013 Terms (8): Jeremy Anderson (Waco); Bennie Bush (Corbin); M. D. Cabe (Barton, GA); Alan Dodson (Lexington); Lyndell Graven (Bowling Green); Ronnie Pennington (Richmond); Dane Poe (Jonesville, VA); and Jeff Shouse (Spottsville).

Kentucky Baptist Assemblies (Trustees):

2013 Terms (3): Paul Douglas (Paducah); Gina Rogers (Auburn); and Charlie Wallace (Shelbyville).

Kentucky Ethics League (Trustees):

2010 Unexpired Term (1):

2012 Terms (5): Tyre Denney (Shelbyville); Ron Hunt (Richmond); Albert Jones (Williamsburg); Ron Melton (Providence); and Herschel Walker (Corbin).

Kentucky Baptist Foundation (Directors):

2013 Terms (4): W. Harvey Coggin (Lexington); T. J. McGlothlin (Simpsonville); Ralph L. Rascoe (Owensboro); and M. A. Winchester (Stearns).

Oneida Baptist Institute (Trustees):

2013 Terms (6): Marvin Cress (Corbin); Marsha Hurst (Richmond); Kenneth Ray (Leitchfield); Fred Rogers (Manchester); Martha Faye Smith (Albany); and Wanda Whited (London).

Sunrise Children's Services (Directors):

2013 Terms (6): J. Richard Carlson (Lexington); Thomas A. Christopher (Danville); Patricia M. Gutierrez (Bowling Green); Dennis H. Reed, Sr. (Louisville); Joyce M. Smith (Louisville); and Kyle Wise (Bowling Green).

University of the Cumberlands (Trustees):

2012 Unexpired Term (1): Jerry D. Winchester (Corbin); 2013 Terms (7): Phillip Armstrong (Stone Mountain, GA); Duane L. Baker (Lexington); Sam Ballou (Corbin); William C. Gullett (Hendersonville, TN); Bill Haacker (Corbin); Richard Knock (Florence); and Howard Mann (Ashland).

Western Recorder (Directors):

2013 Terms (3): Paul Nunn (Prestonsburg); Floyd Rice (London); and Dan Summerlin (Paducah).

KBC Mission Board:

At Large (Region 1): 2012 Term - Howard Atkinson (Paducah); At Large (Region 8): 2012 Term - Paul Budgett

(Pikeville); Blood River (Region 1): 2012 Term - Ryker Wilson (Murray);

Blood River (Region 1): 2010 Unexpired Term - Jack Henshaw (Kenton);

Boone's Creek (Region 6): 2012 Term - Todd Rader (Winchester);

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Elkhorn (Region 6): 2012 Term - Gary Ellicser (Paris);

Franklin (Region 5): 2012 Term - Scott Van Neste (Frankfort);

Graves County (Region 1): 2012 Term - Ronnie Simson, Jr. (Hickory);

Green Valley (Region 2): 2012 Term - Rodney Groff (Henderson);

Greenup (Region 8): 2012 Term - Ronnie Mayes (Ashland);

Incine (Region 8): 2011 Unexpired Term - Gary Farmer (Amvill);

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Laurel River (Region 8): 2012 Term - Tommy Tappcott (London);

Liberty (Region 7): 2012 Term - Bill Whittaker (Glasgow);

Little Bethel (Region 2): 2012 Term - J. D. Holt (Madisonville);

Little River (Region 1): 2012 Term - Ann Schisler (Cádiz);

Logan Todd (Region 3): 2012 Term - Buddy Crabtree (Russellville);

Long Run (Region 4): 2012 Term - Todd Robertson (Louisville);

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Long Run (Region 4): 2012 Term - Jon Cyrus (Prospect);

Lynn (Region 3): 2012 Term - John Smith (Munfordville);

Mercer (Region 6): 2012 Term - Kenny Quencer (Harrodsburg);

Muhlenberg (Region 2): 2012 Term - Dan Yeager (Bremen);

Nelson (Region 3): 2012 Term - Matthew Spandler-Davison (Bardstown);

Northern Kentucky (Region 5): 2011 Unexpired Term - Robert Franklin (Alexandria);

Northern Kentucky (Region 5): 2012 Term - Ronny Raines (Cold Spring);

Northern Kentucky (Region 5): 2012 Term - Todd Toole (Burlington);

Ohio River (Region 1): 2012 Term - Tim Burdon (Marion);

Ohio Valley (Region 1): 2012 Term - Jeff McMain (Clay);

Oldham-Trimble (Region 5): 2010 Unexpired Term - Lynn Traylor (Buckner);

Oldham-Trimble (Region 5): 2012 Term - John Mitchem (Crestwood);

Pike (Region 8): 2012 Term - Shawn Bruce (Elkhorn City);

Pulaski (Region 7): 2012 Term - Ed Amundson II (Somerset);

Red River (Region 8): 2012 Term - Patricia Ceschini (West Liberty);

Roekeastle (Region 7): 2012 Term - David Sargent (Mt. Vernon);

Russell County (Region 7): 2012 Term - Jeff Kerr (Russell Springs);

Russell Creek (Region 7): 2012 Term - Billy Gene Dangerfield (Greensburg);

Salem (Region 3): 2012 Term - William Chandler (Brandenburg);

Sevens Valley (Region 3): 2012 Term - Hyak Jin Lee (Radcliff);

Shelby (Region 4): 2012 Term - Shirley Ragan (Pewee Valley);

Simpson (Region 3): 2012 Term - Jack Wade (Franklin);

S Union/Mt Zion (Region 7): 2012 Term - Larry Sowders (Barbourville);

Tates Creek (Region 6): 2012 Term - Dan Evans (Berea);

Ten Mile (Region 5): 2012 Term - Jim Purcell (Crittenden);

Union (Region 5): 2012 Term - Cohen Copley (Falmouth);

Warren (Region 3): 2012 Term - David Gifford (Bowling Green);

Warren (Region 3): 2012 Term - Ted Pemberton (Alvaton);

Warren (Region 3): 2012 Term - Willa Dean Harston (Scottsville);

Wayne County (Region 7): 2012 Term - Thomas Floyd (Monticello);

West Union (Region 1): 2012 Term - Jeff Wallace (Paducah);

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KIM'S KORNER

Restoring our mentality

by KIM LITTLE FRASURE

(Lev. 2:25)

It is time for restoration mentality. We must get rid of our defeated thinking.

We have to see ourselves as God sees us.

"And the Lord said, I have surely seen the affliction of my people who are in Egypt, and have heard their cry because of their taskmasters and oppressors; for I know their sorrows, sufferings and trials."

(8) And I have come down to deliver them out of the hand and power of the Egyptians and to bring them up and out of that land good and large, a land flowing with milk and honey (a land of plenty) Exodus 3: 7-8

We must restore our attitudes, restore our thinking, restore our believing and activate God's power — His Word.

No matter who tries to destroy our joy with their harsh backbiting belittling words or go about inflicting hurt or pain toward us, or tries to strip our souls from faith, or crawls from the woodworks with one fiery dart to shoot after another. Our attitudes, thinking and believing can all conquer these negativities if we only put ourselves in the Word.

"I will restore or replace for you the years that the locust has eaten—the hopping locust, the stripping locust, and the crawling locust. My great army which I sent among you."

Youth Praise Rally Nov. 28

The seventh annual Youth Praise Rally will be held at Silver Creek Church in Crum, W.Va., Nov. 28, beginning at 6 p.m.

Several tri-state church youth groups will be ministering with music, drama or puppetry.

Guest speaker this year will be Gene Cordova, from Knoxville, Tenn. Cordova uses a variety of creative ministry tools, such as ventriloquism, comedy, gospel illusion, amazing balloon skills, storytelling

and audience participation to communicate a clear gospel message.

Free refreshments will follow the rally in the Church dining hall.

Silver Creek Church is located off of US Rt. 52, behind the Crum Post Office. It is approx. 59 miles south of Huntington, W.Va., and 28 miles north of Williamson, W.Va.

For more information you may call 304-648-5259 or visit their website at www.silvercreekchurch.com

thoughts, words and actions in your life.

John 16:33: "I have told you these things, so that in Me you may have perfect peace and confidence. In the world you have tribulation and trials, and distress and frustration; but he of good cheer, take courage; be confident, certain, and undaunted. For I have overcome the world. I have deprived it of power to harm you and have conquered it for you!"

Thank You, Jesus — Praise You, Lord!

Get in the Word. "This Book of the Law shall not depart out of your mouth, but you shall meditate on it day and night that you may observe and do according to all that is written in it. For then you shall make your way prosperous, and then you shall deal wisely and have good success." (Joshua 1:8)

Activate God's power. "Til next week."



Kim Little Frasure

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Northern Kentucky (Region 5): 2011 Unexpired Term - Robert Franklin (Alexandria);

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4. Stop by: 263 S. Central Avenue, Prestonsburg
5. Mail: P.O. 390, Prestonsburg, KY 41653

Our hours: 8 a.m.-5 p.m.
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Miscellaneous

Start an Avon business. Earn extra money or more money than you thought possible. Work from home or sell online. Call Jeney 606-986-2082

Need a DJ for Christmas, New Years or private parties. Will provide all music & equipment. Will do for \$400. Call 606-377-7798 or 859-421-5449.

For sale: 5x10 tilt trailer. \$400. Call 874-0752.

Miscellaneous

For sale: 250 Recon. Like new! \$3,000. Call 226-1028 or 874-0752.

For sale: 2005 Honda 500 S Foreman. \$3,800. 1000 miles. Call 226-1028 or 874-0752.

If you need brick, block, stone, fireplaces, built or mobile homes under priced. Call 606-524-2569.

Wanted to Buy: Pickup trucks - Call 886-9181. Music Center Inc. Ask for Vigi Stone or Michael Hunt.

ACCEPTING BIDS

Stonescrest Golf Course is now accepting bids on a turfgrass equipment purchase. Deadline for the bids will be December 1st. For bid specs please call 886-0174 or 886-1006.

PUBLIC NOTICE

Pursuant to 405 KAR 8.010, Section 16(5), the following is a summary of permitting decisions made by the Department for Natural Resources, Division of Mine Permits, with respect to applications for surface coal mining and reclamation operations in Floyd County.

Frasure Creek Mining, LLC, 836-5531, 10/06/2009; Czar Coal Corporation, 880-0124, 10/06/2009.

Want To Buy

Want to buy: 3 br 14x70 or larger mobile home 1995 model or newer. Must be reasonably priced. Call 606-874-2802.

Yard Sale

Huge sale Nov 20 & 21 Sun-Spm at Handmade auction downtown Martin. Furniture, hundreds of items at \$1.00 or less.

Camper/ RVs & Trailers

For sale: 24ft 2004 Prowler Lite camper. Shed kept. Excellent condition. \$8,000. 606-874-2879.

Autos

2005 Mitsubishi galant V6, 60,000 miles. Asking \$7,800.
 1998 5-10 4 cylinder, 5 speed, \$2,000.
 1990 Ford Taurus, 70,000 miles, \$3,495.
 2003 Oldsmobile - 80,000 miles, \$3,995.
 2005 Mini Galant \$7,495.
 1996 Chevy Suburban \$2,495.
 2001 Jeep Cherokee \$4,290.
 2000 Ford Windstar \$2,895.
 2000 Geo Tracker \$3,495.
 2002 Chevy Malibu \$3,495.
 1995 Hightop customized van \$2,700. Call 892-8242.

3000 Real Estate Sales

Houses For Sale

3 br house for sale. 2 1/2 bath with full basement, new vinyl siding, gutters and windows. Located at Wilson Creek at Langley. Call 285-4723 or 791-3165.

3500 Real Estate Rentals

Apartments/ Townhouses

Apartment for rent. Located above Union on US 23 at level 2 br 1 bath. \$400 monthly plus \$400 deposit. 1 year lease. No pets. Call 606-478-8192.

Newly renovated 1 br apartment: Stove, refrigerator, washer/dryer hookup. Located on US 23 near the Pike/Floyd line. Suitable for an individual or working couple. No pets or No HUD. Call 886-9158 or 226-9472.

Quik Silver located 1 1/2 mile North of PCC. Now has 2 br, 1 1/2 bath town house with lovely hardwood floors. All appliances with storage and carpet. \$585 monthly plus deposit. No pets and No HUD. Also has large 1 br with private back deck and cherry cabinets. \$525 monthly plus deposit. No pets and No HUD. Call 226-1028 or 434-0516 or 886-8583.

For rent: new mobile home for rent. Near Allard. Furnished. Restrictions apply. References required. Call 377-2987.

3 br, extra nice mobile home for rent. Refrigerator, stove, washer/dryer. \$550 per month plus utilities and security deposit. Must have references HUD accepted. No dogs. Call 874-2802.

Commercial

50 X 90 Building 18 ft tall for rent. Located at Martin. \$475 a month. 606-285-3368.

Lease

House for lease on Trimble Branch in Prestonsburg. 3 br with central heat and air. No pets and no HUD. \$650 per month plus deposit and utilities. Phone 226-9676.

4000 Manufactured Housing

Rentals

3 br, 2 bath double wide mobile home for rent. Located at Banner. Call 874-0267.

Houses For Rent

For rent: 3 br house, in city limits. New carpet. No inside pets. \$575 month. \$350 deposit. Gas utilities. Call 226-0990.

Nice 3 br mobile home for rent. Located in Prestonsburg. Call 874-0875 or 226-3207.

Help Wanted - General

For Hire: R.N. or L.P.N. or respiratory therapist. To stay with elderly woman. Call 226-6243 or 226-1304 or 237-4887.

Public Notice

Notice is hereby given that the Kentucky Division of Abandoned Mine Lands, 2521 Lawrenceburg Rd, Frankfort, Kentucky 40601, has filed an application with the Environmental and Public Protection Cabinet to construct a subsurface drain and erosion control blanket ditch to channel water from behind a private residence to Rough & Tough Branch. This is to address drainage problems associated with pre-law mining and to isolate refuse that is generating acid mine drainage (AMD) and discharging directly into the stream. The property is located at 201 Triple S Road, David, KY. Any comments or objections concerning this application shall be directed to: Kentucky Division of Water, Water Resources Branch, 200 Fair Oaks Lane, 4th Floor, Frankfort, Kentucky 40601. Phone: (502) 564-3410.

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We are currently seeking highly energetic managers and assistant managers with a commitment to quality and a passion for exceptional customer service to join our team. Must Lead by example, be able to coach others and results driven. We offer a full range of benefits:

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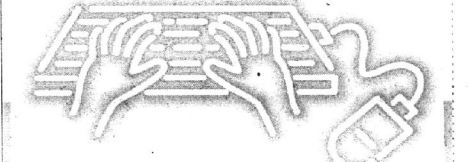
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For Sale by Owner \$36,000



245 S. Highland Avenue. Prestonsburg Good neighborhood, 2 blocks from downtown and elementary school. House is 25 by 50 feet, recently renovated and in good condition. Large living room & dining room have hardwood floors and 10-foot ceilings. Front bedroom has walk-in closet, kitchen has adjoining laundry room and enclosed back porch. Hallway from kitchen to bathroom and large back bedroom. Another room (bedroom, sunroom, office, etc.) can easily be added by enclosing part of very large wrap-around front porch. Lot is 50 by 100 foot with driveway and off-street parking, back yard/garden.

NOTE—Federal housing stimulus plan has been expanded and expanded to include some current homeowners as well as 1st-time homebuyers. Qualified buyers may receive 10% of purchase price to apply to down-payment and closing costs. See federal government website.
OPEN HOUSE SHOWING
 1-5 p.m. Sun, Nov. 22
 Phone (859) 585-2727



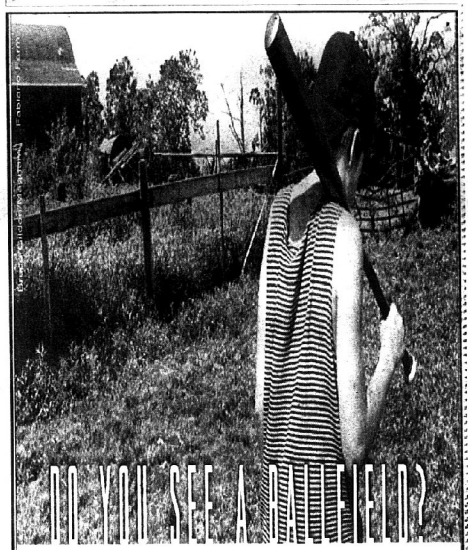
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- Create a home fire escape plan
 - Practice your plan at least twice a year
 - Install smoke alarms and escape ladders
 - Replace smoke alarm batteries at least once a year
 - Purchase and learn how to use fire extinguishers safely

Visit www.redcross.org or contact your local American Red Cross chapter today to learn more.



Searching for something?

We can help you find it! We have everything you need — local news, sports, classifieds, ads, stock quotes, financial news, health news, travel tips, and much more!

Check out the community's most popular web site at www.floydcountytimes.com

Help Wanted - General

Dental Hygienist or dental assistant for busy practice. Must love children. Health insurance, paid holidays, 401 K profit sharing retirement plan, bonus pay, 4 day work week. Send resumes to 38 Grace Prestonsburg, Ky 41653.

Part-Time desk clerk needed

Part-time desk clerk needed for Saturday and Sunday from 3pm-11. Come by the Brookshire Inn and apply. Located beside the Mountain Arts Center.

Webb Medical Group. Now accepting applications for RN or LPN.

Prior experience with adult and pediatric patients preferred. Call 806-874-0026 or fax resume to 806-874-0011 10-30 a/p/r.

9000 Service Bus. Directory

Medical

200 Announcements

Big Sandy Area Development District has a full-time position available as follows:

Project Developer/Grant Researcher — Requires incumbent to actively participate in local community development planning process, assist area leadership by developing sound funding proposals and applications to both public and/or private agencies, as appropriate for grants and/or loan assistance to implement programs or projects. Bachelor's Degree and one year related job experience, or high school diploma with additional special communication training with a minimum of three years substantive work experience. Must have documented history of excellent written communication skills. Must be able to identify data sources and collate information and then communicate this information in writing. In a clear, concise, logical and readable format. Candidates chosen for interview will be required to submit at least one writing sample.

Send letter of interest, samples of your writing capabilities and a resumé with references to Ms. Terry Trimble, 110 Resource Drive, Prestonsburg, KY 41653, by Monday, November 30, 2009. EOE

IMMEDIATE OPENINGS Sales Personnel Needed!

No Experience Necessary
Looking for upbeat, highly motivated individuals!

JOHN J. GRAY Apply In Person
US 23 at the 460 Intersection Paintsville, KY
CHEVROLET • PONTIAC • BUICK • GMC No Phone Calls, Please!

***** JOB ANNOUNCEMENT *** Business Services Representative**

Big Sandy Area Community Action Program is seeking a Business Services Representative for the WIA program. Duties include, but not limited to, outreach to local employers in an effort to identify workforce related needs, and work to develop solutions, provide services directly to job seekers, when needed, and act as an account representative for Job-Sight services to the local business community.

Bachelor's Degree in business, communications or related field is required. Previous experience marketing products or services to the business community preferred.

The successful candidate must possess outstanding interpersonal and community relations skills, have excellent planning, organizational and marketing skills, and the ability to manage more than one project at a time. Must have a valid driver's license and access to an automobile, as the position will require travel throughout the five-county region.

Qualified applicants may submit a resumé and letter of application to Big Sandy Area Community Action Program, Inc., ATTN: Human Resources Manager, 230 Court Street, Paintsville, KY 41240. Closing date for applications is Monday, November 30, 2009, at 4:30 p.m. An equal opportunity employer.

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Become a Kentucky organ & tissue donor. Sign the back of your drivers license or place a Donor Dot on it & tell your family. www.trustforlife.org
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Kentucky Organ & Tissue Donor Association

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PUBLIC NOTICE:
RE: Public Service Commission of Kentucky (CASE NO. 2009-00425)
Public Notice is hereby given that East Kentucky Network, LLC, dba Appalachian Wireline has applied to the Kentucky Public Service Commission to construct a cellular telecommunications tower on a tract of land located approximately 1.25 miles Northeast of Wayland in Floyd County, Kentucky. The proposed tower will be a 305 foot self-supporting tower with attached antennas. If you would like to respond to this notice, please contact the Executive Director, Public Service Commission, 211 Sower Boulevard, PO Box 615 Frankfort, Kentucky 40602. Please refer to Case No. 2009-00425.

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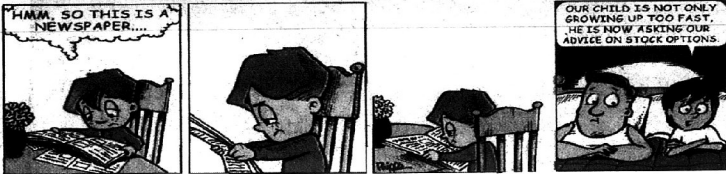
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Amber Waves

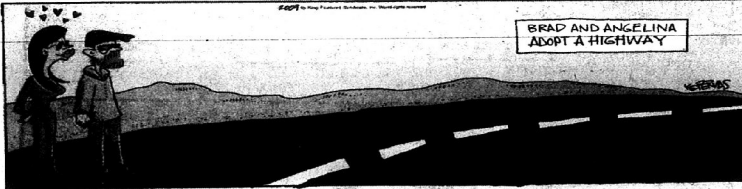


by Dave T. Phipps

OUR CHILD IS NOT ONLY GROWING UP TOO FAST, HE IS NOW ASKING OUR ADVICE ON STOCK OPTIONS.

Out on a Limb

by Gary Kopervas



BRAD AND ANGELINA ADOPT A HIGHWAY

R.F.D.

by Mike Marland



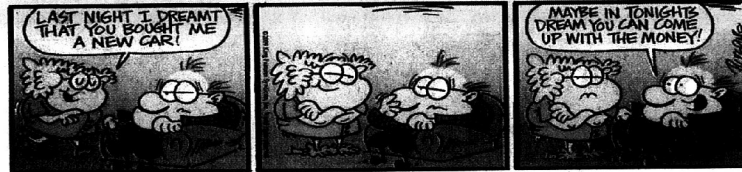
I HEARD YOUR DAD CALL THIS "REASONED" FIREWOOD, JUNE—WHAT DOES THAT MEAN?

I'M NOT SURE, AMH!

BUT I'M GUESSIN' THE LIGHTER ONES MUST BE GARLIC AND THE REDDISH ONES ARE HOT 'N' SPICY.

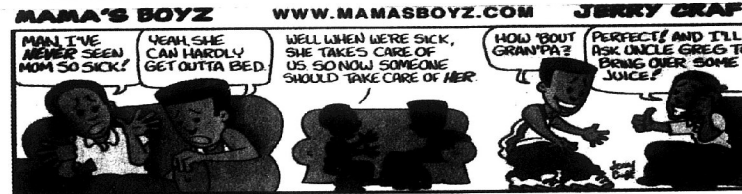
The Spats

by Jeff Pickering



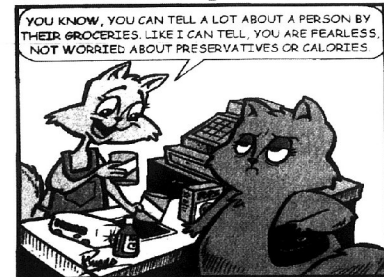
LAST NIGHT I DREAMT THAT YOU BOUGHT ME A NEW CAR!

MAYBE IN TONIGHT'S DREAM YOU CAN COME UP WITH THE MONEY!



Just Like Cats & Dogs

by Dave T. Phipps



YOU KNOW, YOU CAN TELL A LOT ABOUT A PERSON BY THEIR GROCERIES. LIKE I CAN TELL YOU ARE FEARLESS, NOT WORRIED ABOUT PRESERVATIVES OR CALORIES.

LAFF-A-DAY



King Crossword

ACROSS

- 1 Some time
- 4 Aesopian story
- 9 Bribe
- 12 Violinist's need
- 13 Forcefully
- 14 Mine output
- 15 Lawyer, in the U.K.
- 17 Confederacy leader
- 18 Opposite of "trans-"
- 19 Idea
- 21 Missing
- 24 Hit with an open hand
- 25 Brazilian resort
- 26 Joke
- 28 Lascivious
- 31 Right angles
- 33 Poorly lit
- 35 Wear out
- 36 Cut corners
- 38 Talk and talk
- 40 The Red or the Black
- 41 Dweeby type
- 43 Tenan
- 45 Maine city
- 47 Heavy weight
- 48 Previous night
- 49 Card game for recluses?
- 54 In medias
- 55 Foolish

1	2	3	4	5	6	7	8	9	10	11	
12			13					14			
15			16					17			
			18				19	20			
21	22	23				24					
25			26			27	28		29	30	
31			32			33	34	35			
36			37			38	39	40			
		41				42		43	44		
45	46						47				
48						49	50		51	52	53
54						55			56		
57						58			59		

- 32 their pride
- 33 Sign up
- 34 Urban blight
- 35 "Only the self exists" theory
- 36 Sandwich cookie
- 37 Danish money
- 38 Hammerhead part
- 39 rampage
- 40 Capades
- 41 locale
- 42 Lacking slack
- 43 War god
- 44 Swindle
- 45 Reliability
- 46 Showbiz job
- 47 Genealogy chart
- 48 They have
- 49 quota
- 50 007's quaff
- 51 "Cheers"
- 52 Started a computer
- 53 Hostel
- 54 Shoulder of a road
- 55 State with certainty
- 56 Stander's loss
- 57 Hostel
- 58 Regret
- 59 This clue's place, aptly enough

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Weekly SUDOKU

by Linda Thistle

	1			4				9
		3	9		8	6		
4			7				3	
1	4	3					2	
	6			2				5
9					6	3		
7		2	8		4			
5			3				1	8
		9			1			7

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

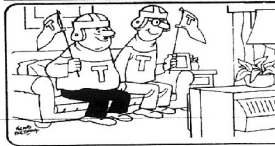
DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging ★★★ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINGOFF



Find at least six differences in details between panels.

1. Letter on sign is missing. 2. Mustache is gone. 3. Vase is missing. 4. Drawer knob has been added. 5. Letter on shirt is different. 6. Plant has been moved.

CryptoQuip

This is a cryptogram. Each letter has been replaced with another letter. If you know the key, you can decipher the message. The key is: A=K, B=L, C=M, D=N, E=O, F=P, G=Q, H=R, I=S, J=T, K=U, L=V, M=W, N=X, O=Y, P=Z.

Clue: M. Movie T.

WG FKSKDRD MEYDF E
HWXPMPAD KG E XDAESWX
LAWRYWRV XPH, WF MQEM E
SPV GKA MQD XESDAE?

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If someone takes a picture of a ceramic camera? answer: CryptoQuip

Trivia test

by Fifi Rodriguez

1. ANIMAL KINGDOM: What would a group of emus be called?
2. LANGUAGE: What is a synonym for jejeune?
3. MYTHOLOGY: In the mythical Greek tale, what was the name of Jason's ship used in pursuit in the Golden Fleece?
4. AD SLOGANS: Which company's ads claim its services are "So easy, a caveman can do it"?
5. FAMOUS QUOTATIONS: Who once said, "Our lives begin to end the day we become silent about things that matter"?
6. MEDICAL TERMINOLOGY: What is a more common name for the medical condition called cecitis?
7. TELEVISION: Who used to sign off his program with the words, "Good night and good luck"?
8. LITERATURE: Who was the author of the novel "Zuckerman Unbound"?
9. MOVIES: In which film is "The Children's Marching Song" performed?
10. GEOGRAPHY: What is the largest bay in the world?

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1. A mob
2. Dull
3. The Negro
4. The King
5. Martin Luther King Jr.
6. Pregnancy
7. Edward R. Murrow
8. Philip Roth
9. The Bay of Bengal
10. Bay of Bengal

M	R	S	T	E	P	I	O	N	E	D
R	E	S	A	N	A	M	E	N	E	
E	V	E	S	O	L	I	T	I	R	E
B	A	N	G	O	R	T	O	N		
D	O	K	R	O	O	M	E	R		
S	K	I	M	P	R	O	A	S	E	V
E	L	I	O	D	I	M	L	I	S	T
R	L	I	O	G	A	D	L	U	S	T
A	B	S	E	N	T	S	L	A	P	
L	E	C	T	O	R	I	O	N		
S	O	L	I	O	T	O	R	L	E	R
A	V	O	F	A	B	L	E	S	O	P

Solution time: 21 mins.

King Crossword

8	3	9	4	5	1	2	6	7	
5	4	2	6	3	7	9	1	8	
6	7	1	2	8	9	4	5	3	
9	2	5	1	7	6	3	8	4	
3	6	7	8	2	4	1	9	5	
1	8	4	3	9	5	7	2	6	
4	9	6	7	6	2	5	3	1	
7	5	3	9	1	8	6	4	2	
1	2	1	6	5	4	3	8	7	9

Answer

Weekly SUDOKU