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Friday, Sept. 4, 2009 — Sunday, Sept. 6, 2009

The Times

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WEEKEND EDITION

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Stumbo calls for state takeover of prison

by SHELDON COMPTON
STAFF WRITER

FRANKFORT — With reports of the most recent developments at Wheelwright's Otter Creek Correctional Center spanning the state, one state legislator has put out a call for a state takeover of the prison.

Two things about this legislator: one, he calls Floyd County home and,

two, he is the current Speaker of the House.

Speaker Greg Stumbo drafted a letter to Gov. Steve Beshear, calling for the state to assume control of the prison on Aug. 27, four days before some 128 female inmates were removed from the prison and sent back to Hawaii and five days before the most recent indictment of one of the facility's guards for the alleged rape of an inmate.

In his letter, Stumbo said he wished to express his "deep concern and dismay regarding the inexcusable conduct occurring at the Otter Creek Correctional Center."

"It is clear that professionalism is severely lacking on the part of the private company being paid taxpayer dollars to perform this critical societal function," Stumbo wrote Beshear. "The documented cases of sexual

assault and allegations of rape taking place at Otter Creek have cast Kentucky in a poor light nationwide."

Other state leaders besides Stumbo have written Beshear asking that the state not renew its contract with the prison's parent company, Corrections Corporation of America, based in Nashville, Tenn. However, Stumbo

(See **STUMBO**, page eight)

Brie



Anthony Puett

Escapee recaptured

Times Staff Report

MILLARD — Kentucky State Police said a work release inmate that escaped Tuesday from the custody of officers with the Pike County Detention Center has been caught.

Anthony Puett, 25, walked away from a work release program along Peyton Creek in Millard Tuesday and was found around midnight Wednesday in the Shelbyana area of Pike County.

According to reports, Puett was located at Shelbyana by Troopers Ryan Hamilton and Jim Anderson, who placed Puett under arrest and transported him back to the Pike County Detention Center.

ON THE MOVE



photo by Sheldon Compton

Rodney Smith, an employee with Highway District 12, took part in the district backhoe competition at Archer Park Thursday. First- and second-place winners during the annual event move on to take part in state competition.

Otter Creek guard charged with rape

by SHELDON COMPTON
STAFF WRITER

WHEELWRIGHT — A Hueysville man became the most recent Otter Creek prison guard indicted on sex-related charges Tuesday.

A Floyd County grand jury returned an indictment on Charles Prater, 34, of Hueysville, on one charge charge of first-degree rape.

The Louisville Courier-Journal reported Wednesday the indictment charges that Prater raped an inmate at Otter Creek Correctional Center on June 13.

The indictment was sealed Sept. 1 by Floyd County Circuit Judge John David Caudill. Prater had not been arrested following the indictment as of Thursday, according to officials with the Floyd County Detention Center.

Prater is the sixth Otter Creek guard to be indicted on sex-related charges since 2006.

(See **RAPE**, page eight)

Minnie-Harold road progresses

by SHELDON COMPTON
STAFF WRITER

HAROLD — Grading work is currently underway on the Minnie-to-Harold Connector project that was long stalled during former Gov. Ernie Fletcher's administration.

The work to level a two-mile section of the new road got underway this week and within the next couple of weeks blacktopping should start, said Highway District 12 public information officer Sarah George.

The project was mentioned Monday during a bridge dedication ceremony at Harold when

(See **ROAD**, page eight)

2 DAY FORECAST

Today

Partly cloudy

High: 83 • Low: 56

Tomorrow

Partly cloudy

High: 83 • Low: 56

For up-to-the-minute forecasts, see floydcountytimes.com

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The Floyd County Times is printed on 100 percent USA recycled paper

School board unveils new district website

by JARRID DEATON
FEATURES WRITER

The Floyd County School District now has a new website designed with the primary focus of "increasing communication with the district's stakeholders," according to a recent release from the Floyd County Board of Education.

The design and development of the site started several months ago under the direction of Supt. Henry Webb, the administrative team and

the technology department.

According to the release, the school and central office department web pages can now be created and maintained by the principal and department directors, and the new site will also make it easier for visitors to access information while providing more interactive options.

"Technology has opened the doors to communication that we never thought possible," Webb said.

(See **WEBSITE**, page eight)

FLOYD COUNTY SCHOOLS

Let's roll forward
Rolls

Floyd County School News

Floyd County School District recently launched the creation of the District web site with the primary focus to increase communication with our stakeholders.

Click here to view the

Floyd County Schools Opening Day Professional Development Event

Our school leaders, staff, and students celebrated the professional development event that included guest speaker Dr. Zach Clark, a nationally known educational speaker.

Click here to view the

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Regional Obituaries

FLOYD COUNTY
 ■ **Price Kidd Case**, 76, of Manton, Michigan, formerly of Dana, died Monday, August 24, at her residence. She is survived by her husband, Thomas Eugene Case. Funeral services were held Saturday, August 29, under the direction of Hall Funeral Home.
 ■ **Lance Flanery**, 70, of Prestonsburg, died Wednesday, August 26, at the Pikeville Medical Center. He is survived by his wife, Loujean Brown Flanery. Funeral services were held Saturday, August 29,

under the direction of Nelson-Frazier Funeral Home.
 ■ **Mona Hall**, 83, of Teaberry, died Monday, August 31, at Highlands Regional Medical Center, in Prestonsburg. Funeral services were held Thursday, September 3, under the direction of Hall Funeral Home.
 ■ **Madge Nester Hicks**, 78, of Hueysville, died Friday, August 28, at the Knott County Nursing Home. Funeral services were held Monday, August 31, under the direction of Nelson-Frazier Funeral Home.

■ **Shawna Rensa Leslie**, daughter of Shawn and Chevona Whitaker Leslie, was stillborn Friday, August 28, at the Pikeville Medical Center. Graveside services were held Monday, August 31, under the direction of Nelson-Frazier Funeral Home.
 ■ **Louise Shepherd Moore**, 79, of Prestonsburg, died Saturday, August 29, at Highlands Regional Medical Center. Funeral services were held Monday, August 31, under the direction of Nelson-Frazier Funeral Home.

■ **Obvio Parsons**, of Marietta, Ohio, a Drift native, and a minister in the Church of Christ, died Thursday, August 27, at Marietta Center. He is survived by his wife, Susan Schaefer. Memorial services will be held September 5, at Pinehurst Christian Church.
 ■ **Sheelba Jean Hall Williams**, 70, of Mt. Sterling, died Saturday, August 29, at her residence. She is survived by her husband, Epp Williams Jr. Funeral services were held Wednesday, September 2, under the direction of Nelson-Frazier Funeral Home.

■ **William Dover Robinson**, 56, of Beattyville, formerly of Brushy Road, Varney, died Saturday, Aug. 22, at his home. He is survived by his wife, Mae Jeanette Robinson. Funeral services were held Wednesday, August 26, under the direction of Community Funeral Home.
 ■ **Carol Maki Turmire**, 65, of Kimper, died Tuesday, August 25, at her home. Funeral services were held Saturday, August 29, under the direction of Community Funeral Home.
 ■ **Mark Dixon Walz**, 56, of Pikeville, died Thursday, August 27. He is survived by his wife, Julie Walz. Funeral services were held Sunday, August 30, under the direction of J.W. Call & Son Funeral Home.

■ **Mary Lou Sartin**, 76, of Staffordsville, formerly of Inez, died Tuesday, August 25, at Paul B. Hall Regional Medical Center, Paintsville. Phelps & Son Funeral Home, Inez, is in charge of arrangements.
 ■ **Garnett Grace Jones Stambaugh**, 79, of Siika, died Thursday, August 27, in Riverview Health Care Center in Prestonsburg. She is survived by her husband, Raymond Stambaugh. Funeral services were held Sunday, August 30, under the direction of Jones-Preston Funeral Home.

Obituaries

Henry Johnson Jr.

Henry Johnson Jr., 74, of Akron, Indiana, formerly of Prestonsburg, died Monday, August 31, 2009, in the Life Care Center, in Rochester, Indiana.

Born February 19, 1935, in Floyd County, he was the son of Henry Johnson and Pearl Carson Johnson. He was a coal truck driver.

He is survived by his wife, Ethel Dotson Johnson.

Other survivors include two stepsons: Dean (Geretta) Greene of Leesburg, Indiana; and Jim (Leslie) Greene of Bristol, Illinois; a brother, George Johnson of Prestonsburg; and three sisters: Evelyn Gardner of Arizona, Vivian Tussey and Goldie Tussey, both of Prestonsburg; three step-grandchildren: Susan (Don) Goble, Jeremy (Aime) Greene and Rachael Greene; five step-great-grandchildren: Kendra Greene, Ashton Greene, Parker Goble, Paxton Goble

and Bryson Greene.

Funeral services will be held Friday, September 4, at 12 p.m., at the Magoffin County Funeral Home Chapel, with Ellis Stevens officiating.

Burial will be in the Doston Family Cemetery, Jack Arnett Road, in Prestonsburg, under the direction of Magoffin County Funeral Home.

Visitation is after 10 a.m. Friday, until the time of services.

Wanda Belle Shepherd

Wanda Belle Shepherd, 63, of Grethel, died Tuesday, September 1, 2009, at her residence.

Born June 23, 1946, in Grethel, she was the daughter of the late Bert and Octavia Hark Akers. She was a homemaker and a member of the Zion Old Regular Baptist Church, in Grethel.

She is survived by her husband, Orvissie Shepherd. Other survivors include

three sons: Darrell Shepherd and Darvin Shepherd, both of Grethel and Terry (Kenitha) Teaberry Shepherd of Teaberry; three brothers: Ishmeal, Charlie and Mike Akers, all of Grethel; two sisters: Avonell Bentley and Juanita Reynolds, both of Grethel and one granddaughter, Andrea LaShae Shepherd.

In addition to her parents, she was preceded in death by two brothers: Arnold and Anthony "Buck" Akers and three sisters: Arzetic, Loreita and Nadine Akers.

Funeral services were held Thursday, September 3, at 11 a.m., at the Zion Old Regular Baptist Church, in Grethel, with Old Regular Baptist ministers officiating.

Burial was in the Akers Cemetery, (Akers Branch), in Grethel, under the direction of Nelson-Frazier Funeral Home, in Martin.

Visitation was at the church.

SOCIAL SECURITY NEWS

Becoming a payee may be the best way to help

by JENNIFER HOPKINS
 SERVICE REPRESENTATIVE
 SOCIAL SECURITY
 ADMINISTRATION

Did you know that if a loved one, friend or neighbor receives Social Security or Supplemental Security Income (SSI) benefits but is no longer physically or mentally able to take care of his or her financial affairs, you may want to consider becoming a representative payee? Then, you'll be able to help them with managing their money.

Keep in mind that being a representative payee is not the same as having power of attorney. Even if you do have power of attorney, you will need to apply to be a representative payee in order to have the benefit payments made to you on the beneficiary's behalf.

When we learn that a person is no longer able to handle his or her own Social Security or SSI benefits, we conduct a careful investigation and appoint a relative, friend or other interested party to serve as the representative payee. This means that if you agree to be a representative payee and we appoint you, we pay you the person's benefits to use on his or her behalf.

As a representative payee, you would be responsible for using the benefit payments to help meet the basic needs of the beneficiary. Primarily, the funds should be used to provide food, clothing, shelter, utilities and other essential needs for the person eligible

for benefits. As a representative payee, you need to be aware of the beneficiary's needs so you can decide how benefits can best be used for his or her personal care and well-being.

Each year, Social Security will mail you a form to account for the benefits you have received. The quickest and easiest way to complete the form is online, at www.socialsecurity.gov/payee.

You can also complete the paper form and return it to Social Security.

As a representative payee, you will also need to tell Social Security about changes that may affect the beneficiary's eligibility. This includes things like changes in living arrangements, other income, and resources.

If you decide you want to help someone by becoming their representative payee, you're in good company. More than seven million people who get monthly Social Security or SSI payments each month have a representative

payee because they need help managing their money.

By agreeing to serve as a representative payee, you have taken on an important responsibility - one that can make a positive difference in both the beneficiary's life and your own.

Learn more by reading our online booklet, A Guide For Representative Payees, available on our website at www.socialsecurity.gov/pubs/10076.html.

Learn more about Social Security by visiting www.socialsecurity.gov.

For more information about online services just call your local Social Security Office in Prestonsburg at (606) 886-8525. The office is located at 1897 Kentucky Route 321 in Prestonsburg, KY.

Representatives are available to answer questions.

And remember, we have representatives available to give presentations and speeches about Social Security Programs. Contact the office for more information.

Man Hurls Polecat 63 ft.

BEXAR COUNTY - After using Thera-Gesic® on his sore shoulder, Tom W. was able to rid his property of the varmint last Thursday.



When asked if the polecat lived or died, he painlessly replied: "None of your dang business!"

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Owner wants to spend some time in Florida.

FOR SALE: Small mobile home court with land located only three miles from Prestonsburg Community College at 23 New Castle Lane (Cliffside area) in Prestonsburg, KY. Land is valued at \$40,000. The three mobile homes on the lot are very nice, three bedroom, two baths with central heat and air and new flooring. The mobile homes have two-thousand gallon septic tanks. Only the commodes drain into the tanks. All other water goes into a separate area. Each of the homes has a metal roof with three inches of insulation, with a lifetime warranty, valued at \$5,000 each, at time of installation. The 1995 model can be insured at a replacement cost of \$40,000. I have it insured for \$23,600. The 1997 model has a current replacement cost of \$43,000, currently insured for \$23,600, and the 1999 model has a replacement cost of \$44,000, currently insured at \$23,600. The total value of the home and land is \$167,000. We furnish water and garbage which gives us an expense of \$1,440 per year. The total property taxes come to \$501 annually, and the insurance cost, including liability, is \$1,740. So, our total annual expenses are approximately \$3,681. The units rent for \$500 per month, which is too low. I see in the paper that three-bedroom mobile homes with window air conditioners rent for \$525 per month.

You do the math, income of \$18,000 per year, expenses \$3,681 per year, net profit \$14,319. Will sell for \$100,000. Over a 14% return on investment per year. Allowing additional unexpected or miscellaneous expense of 10% or \$1,432, then net profit would be \$12,887 or 12.9% on investment. For more information, please call phone number listed below, between 9:00-4:30, Monday-Friday:

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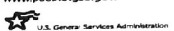
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For the Record

Marriage Licenses
 Patricia Willis Barnett, 33, of Martin, to Ron Christopher Hunter, 40, of Martin.
 Shawna Marie Kilgore, 20, of Martin, to Berchel Hay Henderson, 25, of Martin.
 Lara Lynn King, 42, of Boons Camp, to John Robert Kromer, 43, of Boons Camp.
 Kristi M. Boyce, 24, of Betsy Layne, to Jeremy L. Murphy, 26, of Betsy Layne.
 Lesley Erin Mullins, 23, of Bevinville, to John Anthony Mullins, 35, of Bevinville.
 Krystal Michelle Stone, 32, of Thealka, to Christopher Shawn Cole, 33, of Thealka.

Civil Suite Filed
 Kathryn Slone vs. Hershel Slone Jr.; divorce.
 Arlene Cano vs. David R. Recinosi; divorce.
 Nationstar Mortgage LLC vs. Jonathan David Shepherd; complaint.
 Tax Ease Lien Investment I LLC vs. Randy Jones; complaint.
 Mary A. Varney vs. James H. Varney; divorce.

Natural Gas Compression Systems Inc. vs. PJC Energy LLC; complaint.
 Ted Hamilton vs. Aaron Ousley, Progressive Direct Insurance Company, Nattonwide General Insurance Company; complaint.
 Kentucky Foster Care vs. Linda S. Akers; petition for child support and healthcare insurance.
 Eric Combs vs. Ryan Hardee; complaint.
 Brandi Justice vs. Brian L. Marsh; divorce.
 Billy Moore vs. Kentucky Farm Bureau National Insurance Company; complaint.

Charges Filed
 Jennifer Rose Heuser, 29, Paintsville; public intoxication, promoting contraband, use or possession of drug paraphernalia.
 Bill Don Spaulding, 42, Paintsville; first-degree burglary, theft by unlawful taking.
 Heather Louise Little, 28, Wheelwright; second-degree burglary.

Kenneth Mullins, 51, Hager Hill; four counts of retaliating against participant in legal process.
 Christopher Michael Perkins, 31, Paintsville; public intoxication, possession of a controlled substance, use or possession of drug paraphernalia.
 Richard Anthony Castle, 53, Langley; possession of a controlled substance, prescription in improper container, use or possession of drug paraphernalia.
 Brian K. Spears, 37, Prestonsburg; alcohol intoxication.
 Jeanne L. Blanton, 34, Prestonsburg; fourth-degree assault, disorderly conduct.
 Mary Ann Stratton, 43, Stanville; terroristic threatening.
 Buddy A. Jervis, 35, Wayland; terroristic threatening.
 Terry Michael Hill, 19, Wayland; terroristic threatening.
 George Henry Jarrell, 39, Wayland; terroristic threaten-

ing.
 Ronnie G. Stratton, 58, Stanville; terroristic threatening.
Inspections
 Billy Ray's, Prestonsburg, regular inspection. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of effective hair restraints, where chemical sanitization methods are employed, operators not providing and using chemical test kits, cloths used for food and non-food contact surfaces not stored and rinsed frequently in water sanitizing solution, improper storage of clean equipment and utensils, improper handling of clean equipment and utensils, sanitary towel or hand drying device not provided at lavatory or handwashing sink. Floors not clean, light fixtures not shielded as required. Score: 91.
 Cardinal Mart, Stanville, regular inspection. Violations noted: lack of numerically scaled thermometers for checking cooking and holding temperatures of potentially hazardous food, lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, food not protected during storage, food not protected during preparation, food contact surface of equipment and utensils not clean, all plumbing not maintained according to law, all plumbing not installed according to law, garbage and refuse containers not covered as required, unnecessary articles in or around the establishment. Score: Food: 91, Retail: 91.
 Prestonsburg College Grill, Prestonsburg, regular inspection. Violations noted: improper storage of clean equipment and utensils, improper storage of single-service articles, improper dispensing of single-service articles, garbage and refuse containers not covered as required, cleaning and

maintenance equipment not properly stored. Score: 95.
 Wee Care Early, Prestonsburg, regular inspection. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, food not protected during storage, food not protected during preparation, cloths used for food and non-food contact surfaces not stored and rinsed frequently in water sanitizing solution, sanitary towel or hand drying device not provided at lavatory or handwashing sink. Score: 94.
Property Transfers
 Kathy Branhram to Connie Jackson and Kyle Jackson, property not listed.
 Terry Lee Branham to Connie Jackson and Kyle Jackson, property not listed.
 Becky Faye Brown to Pike Letcher Land Company, property located at Big Mud Creek.
 Bernice Brown to Pike Letcher Land Company, property located at Big Mud Creek.
 Jackie Cecil to Pike Letcher Land Company, property not listed.
 Trenia Brown Cecil to Pike Letcher Land Company, property not listed.
 Wilma Jean Cerulla to Pike Letcher Land Company, property not listed.
 Charles T. Collins to Billy Ray Collins and Charles T. Collins, property not listed.
 Lewis Collins to Commonwealth of Kentucky, property located at Big Mud Creek.
 Pamela J. Gross Collins to Commonwealth of Kentucky, property located at Big Mud Creek.
 Loretta A. Deahl to Camp Branch Justice Family Trust, property located at Camp Branch.
 Kennel Joe Dye to Wilburn Page, property located at Frasure Creek.
 Floyd County Fiscal Court to City of Wheelwright, property located at Otter Creek.

Simpson Chiropractic sponsors child seat safety station

PRESTONSBURG — Did you know that automobile accidents are the leading cause of death in children 3 to 14 years old? Each year thousands of children are injured or killed in automobile crashes.
 Today, all 50 states, including the state of Kentucky, have laws requiring the use of child safety seats, booster seats, and seat belts for children traveling in motor vehicles. It is clear that child restraints help save lives and reduce injuries when used correctly. Unfortunately, it is also known that three out of every four child restraints

are not properly used.
 During National Child Passenger Safety Week, there will be hundreds of child seat inspection stations set-up across the country beginning on Sept. 12, National Seat Check Saturday. These stations will aim to educate parents and caregivers on how to properly install and use child restraints.
 In an attempt to ensure the health and safety of our children, a local chiropractor has partnered with the National Highway Transportation Safety Administration and Safe

Kids Worldwide to organize a child seat inspection station in our community.
 Dr. Matthew Christopher will be conducting car seat checks from 9 a.m. until 2 p.m. on Saturday, Sept. 12. The event will be held outside the Simpson Chiropractic offices at 1938 Route 321, across from the Social Security Building.
 For more information on this event, contact Dr. Christopher's office at (606) 886-1416. You can also locate other child seat inspection locations on the web at www.nhtsa.gov/carseatcheck.



Kyrisa Bowling, bottom left, shown with her little sister Hannah, was a student at Betsy Layne Head Start in Floyd County last year. Pictured in the back row is BSACAP Head Start Director Tracy Jenkins, Anna Collins of the Paintsville Wal-Mart, and Madeline Lee, Kyrisa's mother.

Floyd County Head Start student wins Wal-Mart bicycle

PAINTSVILLE — Kyrisa Bowling was the winner of a new bicycle from Wal-Mart of Paintsville after her name was drawn at a recent meeting of the Head Start Policy Council.
 The Policy Council, made up of parents and community members, acts as an advisory body to Head Start, which is administered in the region by Big Sandy Area Community Action Program.
 Wal-Mart donated the bicycle as a door prize for the Policy Council meeting, and has been a Head Start community partner for many years.
 Head Start serves 1,200 children and their families in Pike, Floyd, Martin, Magoffin and Johnson Counties.
 For more information or to see how Head Start can help your family, call (606) 789-1600.

JENNY WILEY FESTIVAL

BEAUTY PAGEANTS

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Cinema 1—Held Over
 HALLOWEEN 2 (R) Mon-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:30
Cinema 2—Starts Friday, Sept. 4
 INGLORIOUS BASTERDS (R) Mon-Sat. 7:00; Sun. (1:30) 7:00
 Sunday Matinee—Open 1:00; start 1:30

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Cinema 1—Held Over
 THE GOODS (R) Mon-Sun. 9:30 ONLY
Cinema 1—Held Over
 SHORTS (R) Mon-Sun. 7:15; Fri. (4:20) 7:15; Sat-Sun. (2:00-4:20) 7:15
Cinema 2—Held Over
 TIME TRAVELERS WIFE (PG-13) Mon-Sun. 7:00-9:20; Fri. (4:20) 7:00-9:20; Sat-Sun. (2:00-4:20) 7:00-9:20
Cinema 3—Held Over
 FINAL DESTINATION (R) Mon-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat-Sun. (2:15-4:30) 7:15-9:30
Cinema 4—Held Over
 INGLORIOUS BASTERDS (R) Mon-Sun. 7:50; Fri. (4:50) 7:50; Sat-Sun. (1:50-4:50) 7:50
Cinema 5—Held Over
 G.I. JOE (PG-13) Mon-Sun. 6:50-9:20; Fri. (4:20) 6:50-9:20; Sat-Sun. (1:50-4:20) 6:50-9:20
Cinema 6—Held Over
 HALLOWEEN 2 (R) Mon-Sun. 7:00-9:30; Fri. (4:30) 7:00-9:30; Sat-Sun. (2:00-4:30) 7:00-9:30
Cinema 7—Starts Friday, Sept. 4
 ALL ABOUT STEVE (PG-13) Mon-Sun. 7:10-9:20; Fri. (4:20) 7:10-9:20; Sat-Sun. (2:10-4:20) 7:10-9:20
Cinema 8—Starts Friday, Sept. 4
 GAMER (R) Mon-Sun. 7:05-9:15; Fri. (4:15) 7:05-9:15; Sat-Sun. (2:05-4:15) 7:05-9:15
Cinema 9—Starts Friday, Sept. 4
 EXTRACT (R) Mon-Sun. 7:10-9:25; Fri. (4:25) 7:10-9:25; Sat-Sun. (2:10-4:25) 7:10-9:25
Cinema 10—Held Over
 DISTRICT 9 (R) Mon-Sun. 7:05-9:25; Fri. (4:25) 7:05-9:25; Sat-Sun. (2:05-4:25) 7:05-9:25

Choose Healthful Foods

Viewpoint

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Worth Repeating ...

The most merciful thing in the world, I think, is the inability of the human mind to correlate all its contents.

— H.P. Lovecraft

Guest View

Friends like these

A hallmark of President Obama's campaign for the White House was that this nation needed to turn down the rhetoric in an effort to improve relations with alienated allies who had been offended by President Bush's bombast. This, Obama maintained, was important in the so-called War on Terrorism.

We can only hope that a recent event isn't indicative of the new approach.

For those who missed it — and it was easy for that to happen because the media was otherwise occupied, scrambling to Boston to bury their favorite senator — the Scottish government released Abdel Basset Ali al-Megrahi, apparently for health reasons. He is dying of prostate cancer.

But don't waste a single tear on al-Megrahi as the Libyan national was the lone person convicted in what is known as the Lockerbie crash, the downing of Pan Am Flight 103 over Lockerbie in southern Scotland on Dec. 21, 1988. The crash killed 270 people — 259 on the airplane, and 11 on the ground, a total that included 180 Americans.

Three years later, al-Megrahi was convicted of planting the bomb that brought down the plane, and was sentenced to life in prison. But the Scottish government, citing humanitarian reasons, released him on Aug. 20. That nation often releases prisoners who have three months or less to live, but in al-Megrahi's case, there was no consensus that his time was so short.

Since al-Megrahi's imprisonment, Libyan President Muammar Qaddafi had been tireless in his quest to win the mass murderer's release. And indeed, when al-Megrahi returned to Libya, he was given a hero's welcome.

It is generally accepted that the Scottish government operated at the behest of Gordon Brown, the prime minister of the United Kingdom. The allegation is that Brown was seeking a sweetheart oil deal with Libya.

Of more interest, at least here in America, is what was the Obama administration's role. It is hard to fathom that this government was not told of the plan to release al-Megrahi. After all, 180 of our citizens were killed by al-Megrahi.

That being the case, the Obama White House either protested al-Megrahi's release but found no satisfaction or, more worrisome, sat this one out. Neither scenario is acceptable.

We can only hope al-Megrahi's release isn't representative of what Obama's kinder, gentler approach will yield for America going forward.

— The Robertson, Lambertson, N.C.

MARVIN THE CLOWN-LEADER
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DOMINOES

Guest column

A legislative perspective

by REP. GREG STUMBO
SPEAKER OF THE HOUSE

The first priority of a government is to ensure those it serves are safe. While that certainly applies to the vast majority of us who follow the law, it must also apply to those who break it.

It was with that thought in mind that I wrote Gov. Beshear last week to urge him not to renew the contract with the company overseeing Otter Creek Correctional Center. Several other legislative colleagues of mine sent the governor a letter of their own, urging similar action.

I chose to write separately because, one, this prison is here at home and, two, because I am advocating the state go further than simply not renewing the contract. I want the state to assume control, and employ our local workforce as state employees.

Let me be clear: I am not advocating that the prison be closed or moved. I simply believe Kentucky, and especially Floyd County, would be much better served if this facility were in the state's hands. This would increase oversight and provide better-paying jobs to our community.

This is not a condemnation of other private facilities, but as the state moves to keep its prison population in check — it was the nation's fastest-growing in 2007 — we must redouble our efforts to make sure that each tax dollar is spent appropriately. We

should not pay a company that cannot maintain the same level of excellence we demand from our public prisons and local jails.

Beyond the crimes that have been alleged to have taken place, I have also been concerned by stories about low morale and unsanitary conditions. It appears the whole atmosphere at the facility has been poisoned. Unbelievably, the private company is actually seeking a raise as it negotiates for a contract extension.

For now, it is up to the governor's administration to decide whether that extension is approved. If it is, rest assured that I will do all I can during next year's legislative session to eventually put Otter Creek Correctional Center on the right path.

Anything less is not acceptable.

Beyond the Beltway

War is still hell

by DONALD KAUL
MINUTEMAN MEDIA

At long last the Army is going to do something to prepare soldiers for war — mentally.

Up to now the best the Army could do for soldiers who broke down under the stress of combat was to advise them to "get a grip" or "act like a man," even if they were women. Soldiers who broke down, the thinking went, were sissies. Real men (and women) just sucked it up and got on with the business at hand.

In response to an alarming rise in suicides and cases of post-traumatic stress disorder in the military, however, the Army has decided that all 1.1 million of its troops should take training in "emotional resiliency."

The training, according to The New York Times, is to be based on techniques tested "in middle schools." This is where the Army and I part company (and not for the first time). I know that middle school is no picnic, but can we really equate its stresses to the stresses of war?

The method seeks to disabuse students of "common habits of thinking and flawed beliefs" that can lead to anger and frustration. The Times lists "the tendency to assume the worst will happen" as a flawed belief that needs fixing.

It would seem to me that has things exactly backwards. The problem with war isn't that we expect it to be worse than it turns out to be, it's that it's so much worse than we imagine.

Countries, and the United States in particular, typically enter a war in high spirits. We're convinced that God is on our side and that He will deliver us a quick victory. All our troops are heroes; all the enemies villains. Our losses will be modest and worth the cost, for our cause is just. All countries believe that going into war.

It's after the war drags on a while and the casualties mount and its origins become obscure that disillusionment sets in. Despair soon follows and with it, suicides and breakdowns among veterans.

Soldiers need training to prepare them for what war really is, which is what Union General William Tecumseh Sherman said it was—hell. Speaking to a crowd of some 10,000 in Ohio in 1880, long after the Civil War, he said: "There's many a boy here today who looks on war as all glory but boys, it is all hell."

War films seldom provide a reliable picture of war — they lean too heavily on the glory myth — but a recent one is among the exceptions. It's "The Hurt Locker," directed by a woman, Kathryn Bigelow.

It tells the story of an American bomb removal squad in Iraq. Each day they stand at the ready until they get the call that an unexploded mine or bomb or a suspicious-looking pile of

rubble has been discovered. Then they go out and defuse it or are killed trying. In the meantime they watch the rooftops for snipers.

It's a remarkable film. It literally puts you in the helmets of these men as they pass through the streets of Baghdad, not knowing friend from enemy, always an instant from disaster. The film goes on high tension at the very first frame and continues that way for an hour-and-a-half.

"Apocalypse Now" captured the madness of the Vietnam War (and I think it did) then "The Hurt Locker" captures the chaos—moral, physical, psychological — that is Iraq.

It's a war that makes mockery of our claims of noble intentions. As Sherman said in letters written shortly after his war was over: "War is cruelty, and you cannot refine it...its glory is all moonshine...its only those who have never heard a shot, never heard the shriek and groans of the wounded and lacerated...that cry aloud for more blood, more vengeance, more desolation."

Maybe the Army should give its troops a course in Sherman and let it be disillusioned when they met the real thing.

Don Kaul is a two-time Pulitzer Prize-winning Washington correspondent who, by his own account, is right more than he's wrong. Email him at dkaul2@earthlink.net.

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Published Wednesday and Friday each week

263 SOUTH CENTRAL AVENUE
PRESTONSBURG, KENTUCKY 41653

Phone: (606) 886-8506

Fax: (606) 886-3603

www.floydcountytimes.com

USPS 202-700

Entered as second class matter, June 18, 1927, at the post office at Prestonsburg, Kentucky, under the act of March 3, 1879. Periodicals postage paid at Prestonsburg, Ky.

SUBSCRIPTION RATES PER YEAR:

In Floyd County: \$56.00

Outside Floyd County: \$76.00

Postmaster: Send change of address to:

The Floyd County Times

P.O. Box 390

Prestonsburg, Kentucky 41653

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Pikeville College soccer players earn Mid-South Conference honors

TIMES STAFF REPORT

PIKEVILLE — The Pikeville College soccer teams reaped the rewards of the hard work they put in during the preseason with a pair of impressive wins last week over Tennessee Temple University. On Monday night, two of their players reaped the benefits of their efforts during those wins.

Kara Henning and Andrew Martin were named Offensive Players of the Week by the Mid-South Conference after the women rolled to an 18-0 win last Tuesday and the guys followed it with a 5-1 victory.

Henning, a 5-5 freshman defender from Amelia, Ohio, scored four goals in her first collegiate game to earn MSC Offensive Player of the Week. Henning's goals helped the Bears to a win over visiting Tennessee Temple University.

Martin, a 6-1 sophomore forward from Batavia, Ohio, scored a hat trick in the Bears' win over Tennessee Temple University to earn MSC Offensive Player of the Week. With his three goals, Martin vaulted to the top goal scorer following the first week of play.

"Our teams have worked

very hard in the preseason and that allowed us to do exactly what we wanted in our openers," said Coach Ken DeCook, in his third season as head coach of the Pikeville College soccer programs. "Kara and Andrew played very well in those wins, and their teammates played a key role as well by finding them in positions to score. I'm very proud of them for their hard work and their teammates should take a lot of pride in this as well."

Pikeville will return to action today when it plays in the Fred-Hardeman University Lions Cup tournament in Henderson, Tenn.



KEVIN RUNYON won the recent Tug Valley Bass Anglers tournament held on the Ohio River.

Blackcats upend Johnson Central

by STEVE LeMASTER
SPORTS EDITOR

PAINTSVILLE — The Prestonsburg High School boys' soccer team worked its way back into the win column Tuesday evening with a hard-fought 5-3 win over host Johnson Central. Prestonsburg enjoyed its most explosive offensive performance of the season in the win over the host Golden Eagles.

Four different Prestonsburg players provided scoring. Caleb Petry paced the Blackcats offensively. Petry netted two goals for the Blackcats. Kyle Gearheart, Spencer Newsome and Brad Stanley scored one goal apiece for the Prestonsburg boys' soccer team.

Petry and Stanley dealt out one assist each.

Prestonsburg keeper Logan Hunt limited Johnson Central to the three goals.

In five outings, Prestonsburg has outscored opponents 15-14.

Prestonsburg (2-2-1) was back in action at home Thursday evening, hosting Pikeville. Results from the Prestonsburg-Pikeville contest were unavailable at press time. The Blackcats are slated to host Greenup County Saturday at noon.

Hazard doubles up
Petry: Host Hazard doubled up Prestonsburg 4-2 Saturday in a 16th Region boys' soccer contest.

Prestonsburg fell into the loss column exactly one week

after claiming its first win.

Caleb Petry provided each of the two Prestonsburg goals.

Through four games, Prestonsburg had scored 10 goals while having allowed 11.

Blackcat goalkeeper Logan Hunt allowed four goals in the contest versus Hazard.

Prestonsburg tied Paintsville 4-4 in a season-opener Aug. 18. Following a 1-2 loss to Belfry Aug. 20, Prestonsburg defeated Greenup County 3-1 two days later. The Blackcats outlasted Greenup County for their first win.

Prestonsburg, which also competes in District 33, slipped to 1-2-1 following the loss.

Head coach Tim Petry guides the Prestonsburg boys' soccer team.

Bears' fans to gather for spirit rally Saturday

TIMES STAFF REPORT

PIKEVILLE — The community is invited to join Pikeville College for the first home football game of the season as the Bears take on Brevard College Saturday at the Pikeville Hambley Athletics Complex near Pikeville High School. Kickoff is set for 6 p.m.

Admission to all home games is \$8 for adults and \$4 for students. Pikeville College students, faculty, staff and their immediate family (spouse and children), will be admitted to the games free of charge with their Pikeville College ID.

Everyone is invited to join Bears' fans for a spirit rally and tailgate party before the game on Saturday, from 4:53 p.m. at the Hambley Athletics Complex. Admission to the games includes an invitation to the Pikeville College Alumni Association's spirit rally and tailgate party. Tailgate activities are sponsored by the Pikeville College Alumni Association, Food City, Pepsi Bottling Company, Aramark and Thacker Memorial. WPKE-FM, 103.1 and WPRG-TV 5 will broadcast the football games live.

Conner, Johnson might miss season-opener

TIMES STAFF REPORT

LEXINGTON — University of Kentucky Fullback John Conner and linebacker Micah Johnson participated in parts of practice on Wednesday morning, but it is still not certain if either will play in the season opener versus Miami, Coach Rich Brooks said.

Conner (sprained ankle) and Johnson (sprained foot) will be reevaluated on Thursday. Brooks said that Johnson might be developing an issue with plantar fasciitis.

Meanwhile, the Wildcats worked out for two hours on the Tim Couch Practice Fields and Brooks was asked about the importance of opening the game well.

"I think it's important for both teams to get off to a good start," Brooks said. "That's important usually every week, but certainly the first game of the season it becomes a little more important to play well early and make some things happen."

The Wildcats take on the RedHawks Saturday at noon at Paul Brown Stadium in Cincinnati.

Sweetland coached for Kentucky, Miami: An interesting historical note to this game is that Edwin Regur

Sweetland was the head coach at UK in 1909-10 and 1912, sandwiched around the 1911 season in which he coached Miami.

Sweetland posted season records of 9-1, 7-2 and 7-2 while guiding the Wildcats. Miami went 2-4-2 in 1911 with Sweetland at the helm. The teams played each other twice during those years; ironically, Sweetland lost on both occasions. Kentucky won 12-0 in 1911 and Miami won 13-8 in 1912.

Tickets available: Tickets are available for Kentucky's opener versus Miami in Paul Brown Stadium. UK is sold out in lower- and club-level seats but has upper-deck seating available at a cost of \$35 each.

Fans interested in lower-level seating may contact the Miami ticket office at 1-866-MUHAWKS. (Ask for section 152 if you want to sit next to Kentucky fans.) Those tickets are \$45 each.

All seats in Paul Brown Stadium are chairbacks.

Lindley on Candidate List for Senior CLASS Award: Thirty NCAA football student-athletes who excel both on and off the field, including Kentucky cornerback Trevard

Lindley, were tabbed as candidates today for the 2009 Lowe's Senior CLASS Award. To be eligible for the award, a student-athlete must be classified as an NCAA Division I senior in the Football Bowl Subdivision and have notable achievements in four areas of excellence — classroom, character, community and competition.

Lowe's, an official Corporate Partner of the NCAA, will announce the Senior CLASS Award winner in early January.

The 30 candidate classes will be narrowed to 10 finalists midway through the regular season, and those 10 names will be placed on the official ballot. Ballots will be distributed through a nationwide voting system to media, coaches and fans, who will select one finalist who best exemplifies excellence in the four Cs of classroom, character, community and competition.

Lindley was a second-team All-American last season as he totaled four interceptions and 11 pass breakups. In the classroom, Lindley (Hiram, Ga.) has completed his degree in art studio and is working toward a second major.

16TH REGION BOYS' SOCCER STANDINGS	
Team	Record
Letcher Co. Central	6-0-0
South Laurel	6-0-0
Pikeville	3-1-0
Paintsville	2-2-1
Perry County Central	2-2-0
Johnson Central	2-2-0
Prestonsburg	2-2-1
Shelby Valley	2-3-0
Corbin	2-3-0
Belfry	2-4-0
Middlesboro	1-0-0
Hazard	1-3-0
Oneida Baptist Institute	1-3-0
Buckhorn	0-1-0
Pike Co. Central	0-4-0
North Laurel	0-5-0

ATHLETES OF THE WEEK
Casey Adkins, Betsy Layne Football
Leigh Williams, Allen Central Volleyball

SPORTS FAN OF THE WEEK



If you are the sports fan circled here... it's your lucky day!

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at DAIRY QUEEN OF PRESTONSBURG. When claiming your ice cream cake, present this newspaper.

Bowl

field and do fantastic work on special teams. I was very pleased with what I saw from them, just as I was last year.

In the interest of full disclosure, I kind of know both of these young men. Johnson's father Joe is the head football coach at Pikeville College and Chandler's sister Ashley will be a junior on the women's basketball team there.

— Belfry got a spectacular performance from Thomas Varney, the senior tailback who had 22 carries for 189 yards and two touchdowns on the ground and returned the opening kick of the second half 83 yards for another score in the Pirates' 28-14 win over Boyd County on Friday night.

In case that wasn't enough to secure the MVP award — and it clearly was — Varney was also 4-of-4 on extra-point kicks.

Speaking of Boyd County, they'll be back in Pike County tonight playing at Pike Central. And their cross-town rival, Ashland, will visit Belfry.

There's no doubt Holy Cross was the better team in Saturday's finale. The game was as one-sided as the 32-14 final indicates. That said, it was a little more impressed with Pikeville than you'd think after an 18-point loss.

I think good days are ahead

for Ben Howard's team. I don't, however, think tomorrow will be one of them when they meet Boyle County.

— Add Shelby Valley to the list of teams with impressive backfields. Is there any sport Cody Varney doesn't play well? — I had a good laugh when Andrew Joyce came by the office on Tuesday, the day after he predicted eight wins for this year's UK football team. Let's just say I'm less optimistic, but the guys who make out the schedule should get, say, half the bowl check as a bonus. How do they get by scheduling so many of these cupcakes? — If you see Bill Watson before the Reds play tonight, beware. They've won four straight — all over the hapless Pirates — and he's trying to order playoff tickets.

— But that sweep probably will prevent them from fulfilling my prediction that they'd finished last in the Central. Gonna be tough now. Not impossible, but tough.

— Indianapolis fans beware — I got Peyton Manning in the second round of my fantasy draft last week. Last year's starting quarterback on an opening day for the Realty Batters? Tom Brady.

I know right now you're thinking Denver's Brandon Marshall has to be the biggest

Continued from p5

15TH REGION VOLLEYBALL STANDINGS	
Team	Record
Allen Central	15-4
Betsy Layne	14-2
South Floyd	10-4
East Ridge	10-5
Johnson Central	9-3
Prestonsburg	9-5
Belfry	8-1
Pikeville	7-7
Phelps	6-9
Sheldon Clark	4-3
Paintsville	3-10
Priest School	3-12
Pike Co. Central	2-8
Magoffin County	1-9
Lawrence County	1-9
Shelby Valley	0-8

First swine flu death reported in Kentucky

FRANKFORT — Officials from the Kentucky Department of Public Health (DPH) and the Lexington-Fayette County Health Department announced yesterday at the Governor's Pandemic Influenza Summit that Kentucky is reporting the state's first death associated with H1N1 influenza (swine flu) to the Centers for Disease Control and Prevention (CDC). The death involved a Fayette County woman in her 50s who had significant underlying health conditions.

"We know that influenza has the potential to contribute to complications like serious illness, and even death. It is always a tragedy when we lose a Kentuckian to any illness," said Gov. Steve Beshear. "I hope that the summit taking place today will help the education, health care, business and other communities be better prepared to respond as we

move into the fall and face an expected increase of cases of 2009 H1N1."

Although more than 500 deaths associated with H1N1 influenza have been reported nationwide, the severity of H1N1 influenza illness appears comparable to seasonal influenza, which is responsible for about 200,000 hospitalizations each year, according to the CDC.

An H1N1 vaccination campaign is expected to begin in late October, and health officials are recommending that individuals under 65 who are at higher risk for complications of the flu, such as pregnant women and those with chronic illnesses, be among the target groups to receive vaccine first. Officials also emphasized the importance of people practicing good hygiene habits during the coming months, in order to reduce the risk of contracting influenza.

Common sense precautions to prevent illness include: avoiding close contact with those who are ill; staying home when sick; covering the mouth and nose when coughing or sneezing; avoiding touching the eyes, nose or mouth; and frequent hand washing.

The symptoms of both seasonal and H1N1 influenza include fever, chills, headache, sore throat, cough, body aches, and may include vomiting or diarrhea. Individuals at higher risk for complications — such as those with chronic health conditions or who are pregnant — should contact a health care provider early, in case treatment with antiviral medication is necessary.

"We are saddened that we have experienced Kentucky's first death related to H1N1," said William Hacker, M.D., commissioner of DPH. "We are continuing to work closely

with our partners at the local, state and federal levels to respond to both the H1N1 pandemic and to the seasonal flu that we expect this fall. The illness that H1N1 causes is very similar to the seasonal flu to date, and we hope to reduce the impact of the flu on Kentucky."

Lexington-Fayette County Health Department Director Melinda Rowe, M.D., joined officials at the event. "We're saddened anytime there's a death in the community. This just reaffirms our commitment to fighting the flu this fall and winter," Dr. Rowe said.

Dr. Rowe also emphasized the advance planning that is under way for the H1N1 vaccination campaign, and efforts already going on to provide seasonal flu vaccine now. "The health department will be working nonstop to protect the people of Lexington from H1N1 by planning massive

vaccination clinics as soon as we get the vaccine in October. We want to get the vaccine to as many people as possible as quickly we can once it arrives. In the meantime, we want folks to get their seasonal flu shot, which is now available."

Yesterday's summit aimed to help private and public stakeholders prepare for any developments related to the 2009 H1N1 flu strain through the fall and winter, including the vaccination campaign. The summit brought together representatives from a wide range of sectors, including business, public and private K-12 education, secondary education, law enforcement and public safety organizations, health care workers, public health workers, other state agencies and faith-based organizations. "Given the H1N1 pandemic recognized earlier this year that is still active around the world, I felt it was important to

bring together official responders, community and school representatives and others to learn about the latest developments and our state's capacity to respond to an expected increase in H1N1 cases during the coming flu season," said Gov. Beshear.

The event was also made available via a live Webcast from the summit home page at <http://chfs.ky.gov/pandflusummit09> or via <http://healthalerts.ky.gov>. Video of summit sessions will be archived online, available beginning approximately one week after the event.

For more information on H1N1 flu, visit www.flu.gov. Individuals can also visit <http://healthalerts.ky.gov> for information on H1N1 and Kentucky, or follow KYHealthAlerts on Twitter to be notified when new information is posted at the Web site.

Answering your questions about swine flu

LEXINGTON — Spread through sneezing, coughing and contact with infected individuals, the flu virus infects not only humans, but also pigs, birds, horses and, rarely, dogs. Sometimes, a virus can "leap" from one species to another and when this happens, a new virus can sometimes emerge from an infected human or animal.

The novel H1N1 "swine flu" strain originated at least partially in infected pigs, and scientists are fairly certain it originated in Mexico, said Dr. Chris Nelson, associate professor in the University of Kentucky College of Medicine and chief of its Division of Pediatric Infectious Diseases. Experts say the human population has not seen a flu virus with this makeup in at least 60 years.

Symptoms of the H1N1 flu virus in people are very similar to those of seasonal flu. They include fever (generally of 100.4 degrees Fahrenheit or more), cough, sore throat, runny or

stuffy nose, body aches, headache, chills and fatigue. About one in four of those infected also reported diarrhea and vomiting, which is not commonly seen with the seasonal flu.

Currently, it appears that many people infected with the H1N1 virus are experiencing mild symptoms and a complete recovery often occurs without seeking medical attention. However, if symptoms are severe and/or someone has underlying medical conditions, they should seek medical attention immediately.

It is recommended that anyone experiencing flu-like symptoms should "self-isolate" (stay home and minimize contact with others) for the duration of the illness and for at least 24 hours after a fever is gone without the use of fever-reducing medicines. If possible, the university also suggests that ill students consider leaving campus to go home for the duration of their illness.

New vaccines to protect against

H1N1 are now being tested for use this fall. To ensure full protection, Nelson says, the vaccine will probably be given in two parts, a starter dose followed by a booster about 30 days later. The new H1N1 vaccine is projected to be ready sometime in late October, and health officials hope there will be ample supplies of both vaccines to provide them to anyone who wishes to receive them. However, in the event of a vaccine shortage, the Centers for Disease Control and Prevention (CDC) has established a vaccination priority list of those most at risk for serious complications from influenza. It can be viewed on the CDC Web site at www.cdc.gov/h1n1flu.

"The present worldwide influenza situation fulfills the World Health Organization criteria for a pandemic," Nelson said. A pandemic can start when three conditions have been met: a new influenza virus subtype emerges; it infects humans, causing

FYI

Another way to protect your health is to stay informed by visiting the following Web sites, which are frequently updated as the situation changes:

- CDC: www.cdc.gov/h1n1flu
- Kentucky Health Alerts: <http://healthalerts.ky.gov>
- WHO: www.who.int/csr/disease/swineflu

serious illness; and it spreads easily and sustainably among humans, according to the WHO Web site. Nelson's advice for prevention is

to get vaccinated against both the seasonal and H1N1 flu this fall, follow common sense guidelines and stay as informed as possible. The CDC advises the following precautions:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people. If you are sick with flu-like illness, stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.)
- Keep away from others as much as possible to keep from making others sick.

Pikeville Medical sponsors 'Walk for Recovery'

PIKEVILLE — Pikeville Medical Center's Addiction Services and Fountain of Hope Detox Unit will host the third-annual Walk for Recovery on Saturday, Sept. 12, in support of National Alcohol and Drug Addiction Recovery Month.

The event will begin at 5 p.m. in the Pikeville City Park. Live entertainment and free hot dogs will be provided, along with testimonials given by recovering addicts.

"This walk is a symbol of hope, and it is especially beneficial to our young people, who are dealing with addiction," said Nell Johnson, Director of P.M.C.'s Addiction Services. "We want to show our community that we are committed to being on the frontlines of addiction in our region."

Substance abuse is a continuing problem in Eastern Kentucky. As of July this year, Pikeville Medical Center's Addiction Service Program has treated 245 patients.

The event, which is sponsored by Unite Pike WestCare, Pike County Circuit & District Drug Courts, Pike

County Juvenile Drug Courts, Lifeline, Worship Xtreme, SouthEast Telephone and Epling Photo, can be viewed live at www.livestream.com/WXTV.

Pikeville Medical Center's Addiction Services and Fountain of Hope Programs recognize the need for comprehensive substance abuse treatment is great in our area. Alcoholism and other drug dependencies are diseases that recognize no socio-economic, racial or ethnic boundaries. P.M.C.'s Addiction Services is committed to providing medical detoxification services for men and women in our region.



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The Hope for Africa Children's Choir



50 Hal Rogers Drive
Prestonsburg, Kentucky

Thursday, Sept. 10th, 2009

11:00 a.m.

Concert for Local School Children

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6:00 p.m.

Pre-Concert: East Kentucky Singers

"A History of the Gospel in Song"

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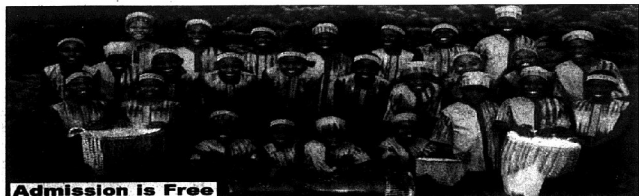
7:00 p.m.

Hope for Africa Children's Choir



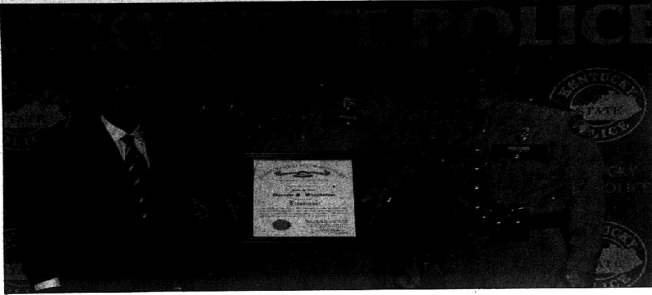
Standing before hundreds of adults in the part of the Classic Center where rock bands give concerts, the two dozen members of the Hope for Africa Children's Choir look tiny. But the little ones' exuberance quickly overshadow their size.

Athens, Georgia Banner-Herald
June 17, 2009



Admission is Free

A Compassionate Outreach Ministry of the Prestonsburg District of the United Methodist



Kentucky State Police Lt. Darren Stapleton, center, an Elkhorn City native and Stanville resident, received his promotion certificate from Justice and Public Safety Cabinet Secretary J. Michael Brown, left, and Kentucky State Police Commissioner Rodney Brewer on Sept. 2 in Frankfort. Stapleton will transfer from KSP Post 9 in Pikeville to Post 4 in Elizabethtown. An 11-year KSP veteran, Stapleton is a 1988 graduate of Elkhorn City High School and a 1992 graduate of Pikeville College. He is the son of the late Lloyd Stapleton and Fayette Stapleton of Elkhorn City.

Stumbo

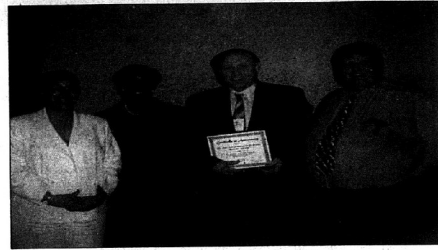
said he wrote his letter separately in part because "this prison is here at home," adding that he wants the state to go further than simply not renewing the contract. Stumbo has asked that the state assume control of the facility. "I cannot condone continued association with the private contractor running this prison," wrote Stumbo. "Failure to maintain competent and responsible oversight of inmates surely justifies and compels the Commonwealth of Kentucky to reassess control over this facility and run it under the direct guidance of the Department of Corrections."

many of whom have long made up much of the workforce at the prison. "Otter Creek is located in Wheelwright, an historic part of my district, where an excellent workforce is readily available," Stumbo said. "I strongly believe that the public would be best served by direct employment of the local citizens by the state, rather than continuing to utilize the services of this unacceptable contractor. In his weekly column, "A Legislative Perspective," which appears in today's Floyd County Times, Stumbo also said he had heard reports of "low morale and unsanitary conditions" at the prison. "It appears the whole atmosphere at the facility has

been poisoned," Stumbo wrote. "Unbelievably, the private company is actually seeking a raise as it negotiates for a contract extension." A copy of Stumbo's Aug. 27 letter was also sent to J. Michael Brown, Secretary of the Kentucky Justice and Public Safety Cabinet. Steve Owen, CCA's director of marketing and company spokesperson, said Thursday that although he had not seen the letter from Stumbo, the company was open to meeting with legislators to answer any questions they might have. "CCA is certainly willing to meet with any legislator to hear their concerns and address them," Owen said Thursday. "We welcome the opportunity to do that with any legislator

Local senior employment program ranks nationally in job placement rates

Officials from the National Council on Aging recently honored the Senior Community Service Employment Program (SCSEP) for its success, announcing that the program ranked first in NCOA senior job placements in Kentucky. With over 40 job placements the past year, SCSEP also placed sixth in the nation. Administered locally by Big Sandy Area Community Action Program (BSACAP), the program helps seniors supplement their income through paid work experience, while training and preparing them for work in private industry. SCSEP services are available in Pike, Floyd, Martin, Magoffin, Johnson-Lawrence, Rowan, Elliott and Letcher



Pictured receiving a certificate honoring SCSEP's achievement is Program Manager Mike Goble. With him, from left to right, are Victoria Norman, Sandra Nathan and Tim Hamre, representing the NCOA.

Counties. "We are extremely proud of our SCSEP staff," said BSACAP Executive Director James Michael Howell. "This ranking is a testament to how hard they work to help the seniors in our community live a better life."

BSACAP was one of the few agencies honored at the NCOA's National Project Directors Conference in Scottsdale, Arizona recently. If you would like more information about SCSEP, call BSACAP at (606)789-3641, or the local office in your county.

Continued from p1

that has concerns." Owen also said that CCA had been "working closely with the Department of Corrections regarding the Otter Creek facility to see that it's performing within the levels expected by the Department of Corrections and CCA." Owen also spoke to the various media reports about the facility in the past month. "There seems to be an issue of accountability and oversight, as far as what I've read," he said. "But a DOC (Department of Corrections) warden was recently appointed temporary warden at Otter Creek to provide support to the facility."

Rape

However, according to reports from the Associated Press, Prater's is the first felony case brought against a guard at the Wheelwright facility. The five others have been misdemeanor cases. On Aug. 31, as announced earlier that month, 128 female inmates from Hawaii were moved out of the medium-security prison. There had been 40 Hawaiian inmates removed weeks prior. Before the removal of the Hawaiian inmates, Otter Creek had contracts to

house 476 inmates at the facility. Hawaii is now conducting its own investigation into the past cases, according to officials in that state, who have said if they were to contract to house their inmates in the future they would seek out prisons on the west coast. Reports from news media in Hawaii now following the developments said in August that lawmakers there had been calling for the Department of Public Safety to return the prisoners for the past

several years. Authorities have investigated some two dozen claims of sexual abuse at Otter Creek in the past several years. Of these, seven involved Hawaiian inmates. The Courier-Journal reported that in the last three years, at least five prison workers have been charged with having sex with inmates, while in 2007, one claim ended in the guard being fired and later convicted of a misdemeanor in connection to the allegation.

Continued from p1

Road

Speaker of the House Greg Stumbo announced that work would start Monday. "This bridge goes to a very important part of this county," Stumbo said. "This is my last, great project for Floyd County." The project has now been in and out of the six-year road plan and spanned three Kentucky governors, beginning with Paul Patton in the 1990s. Earlier this year, the House passed what Stumbo called then an "historic" road plan that saw Floyd County receive \$41 million for roads and bridges. Of that, \$20 million had been earmarked for work on the connector, a two-lane

road that will begin at mouth of Little Mud and connect to Route 680 at Mintie. "This road plan is a great step forward for Kentucky and certainly Floyd County," Stumbo said shortly after funding was secured. "I call it Kentucky's own stimulus plan, because it will help jump-start our economy and strengthen it in the years ahead." The project was taken out of the six-year plan during Fletcher's time in office and was, according to Patton, one of the last things he signed off on before leaving office during his tenure. Elkhorn Coal Company will be giving six miles of right-of-way to the state for

the project, a partnership that proves a first for such endeavors and something Stumbo said will save the state "a great deal of money" and hopefully become a model for future projects. Both District 4 Magistrate Ronnie Akers and District 3 Magistrate Donny Daniels have touted the plan and have said that a connector to their two districts would benefit the county as a whole. Akers has told other county officials that he has already been informed that many businesses would locate along the new road. George said Thursday the project will be completed in small sections, beginning with the two-mile section beginning at the mouth of Little Mud. The blacktopping for that section could be, according to contractors, completed by Thanksgiving, George added.

Continued from p1

tools are utilized. "The Floyd County School District is committed to increasing communication with all stakeholders," Webb said. "We are excited about the added options this website will provide to our administrators, principals, teachers, students and to you, the community." The address of the new site is <http://www.floyd.kyschools.us>

Website

"In the coming weeks, the parent portal will be accessible and the public will have the capability of signing up to receive newsletters directly to their e-mail." The site also contains components to enhance student learning, provide parent information, increase opportunities for community involvement and building partnerships, and more. Officials expect the site to continue to grow as the new

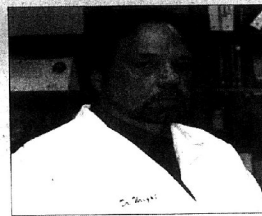
Choose Healthy Foods. American Heart Association logo.

The Times FLOYD COUNTY NOTICE LABOR DAY IS SEPTEMBER 7th



Advertisement deadline will be Friday September 4th at 4:00 pm. Sorry for any inconvenience. Please email ads to advertising@floydcountytimes.com or call 606-886-8506

Dr. Terry L. Wright



announces his return to the medical practice

He will be located at the Potter Medical Center in Lackey, KY For appointment, call 606-358-2381

LABOR DAY SALE. Call FIRESIDE Gallery. HUGE DISCOUNTS. JOTUL. to learn how to save up to \$1500 on a Wood Stove or High Efficient Wood Fireplace This Season 859-497-9167. 4950 Levee Road, Mt. Sterling. HEAT WITHOUT POWER! LABOR DAY SALE This Sat., Sun & Mon. ONLY

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FLOYD COUNTY Lifestyles

B1
B1

MOVIES FROM THE BLACK LAGOON

'Killshot'

by TOM DOTY
TIMES COLUMNIST

A couple on the verge of a divorce are pitted against a seasoned hit man and his psychotic apprentice in this exceptional thriller from the pen of Elmore Leonard. He's same the writer who conceived of "Get Shorty," "Out of Sight" and "Jackie Brown," as well as a lot of other thrillers that all cry out for movie adaptations.



Tom Doty
Times Columnist

The film opens with an introduction to the players. We meet Native American assassin "Blackbird" Degas as he ponders a career change after seeing his youngest brother die by his own hand during a botched assignment. Degas opts to do one last job, for a rising Mafia hood who wants to replace the reigning kingpin.

The job goes well but Degas' "No Witness" policy gets him in dutch. Turns out he wasn't supposed to shoot the Don's girlfriend, as she was in on the hit.

Next we meet Carmen and Wayne Colson. She's a realtor; he's a construction worker. Their marriage is under pressure after losing a child. The situation is compounded by Wayne being laid off from construction work and

(See LAGOON, page three)

This Town, That World

Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request.

There may have been those who pitied us, here at The Times, as we worked through Labor Day. We appreciate their concern, but would remind them that while they were out getting sunburns and peeled noses under a broiling sun, we labored in air-conditioned comfort. Thanks for all mercies, great and small.

WEIGHT WATCHERS

We have tried this week to keep the number of pages in the paper to a minimum, leaving out regular features (we may cut this column before it's all over) and several columns of newsmatter that we ordinarily print. All because of this newsprint shortage. We beg your indulgence. If we don't cut the size of the paper, soon there will be none at all. You say, cut out the ads! If we do, the money to pay for newsprint, higher postage, to meet the payroll, and all other expenses, which are numerous indeed, will not exist, and so...

SORRY

Last week, we were without a photo of the new Miss Floyd County. But the Strahan-Nelson Studio came to the rescue, delivered the picture to this office, and Mr. Strahan even called from his sick-bed at the Mountain Manor Nursing Home here to ascertain if we had received the photo. And

(See ALLEN, page two)

Jordan's latest book explores 'Stories of Old Kentucky'

by JARRID DEATON
FEATURES WRITER

Paul R. Jordan, a native of Wayland, has released a new book, and those interested in Kentucky and the natural mysteries and resources that the commonwealth holds could very well find the collection one of value and essential information.

"Sorry Dan! we glorify your fearless pioneering days back when, but doubt that you loved old Kentucky any more than those who followed you and stayed here," Jordan wrote for his author biography on the back of the book.

The book, titled "Our Heritage," grew from Jordan's stint as editor of the Our Heritage magazine published in the 1960's by the state government. According to Jordan, the magazine was the first of its kind to deal with subjects including the land, mineral resources, water and forests in Kentucky.

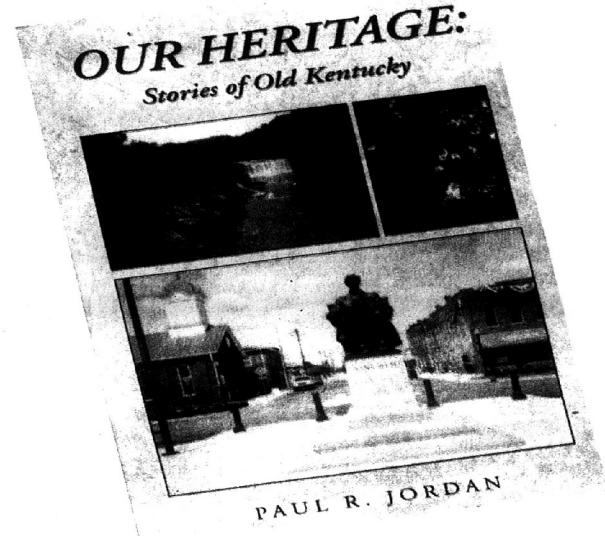
The first few pages of the collection include the statement of policy for the original magazine in 1964.

"In this first issue of Our Heritage, the Kentucky Department of Natural Resources has tried to present a factual account of the continuing activity in the protection, wise use, and development of our land, water, forest, and mineral resources."

Written in 1964, this statement of policy will ring familiar to many readers, as the same debate about Kentucky's resources and environment continues to stir passions on both sides of the argument today.

"Our Heritage" also includes a section with reprints of comments from readers of the original magazine, and these comments serve as a testament to the magazine's original mission.

"The years I spent writing and editing the 16-page magazine were truly a labor of love," Jordan writes in the introduction. "The same holds true now with these selection stories (plus new ones) that your forebears applauded and made it known by saying so in writing two generations ago...These stories are about your state and you," Jordan says in the introduction. "Enjoy."



Lily May Ledford Music & Heritage Festival is Sept. 12

SLADE — The Second Annual Lily May Ledford Music & Heritage Festival will be held Saturday, Sept. 12, at the Gladie Historic Site in Red River Gorge and at Natural Bridge State Resort Park in Slade.

The U.S. Forest Service and Natural Bridge State Resort Park are hosting the festival, with funding provided by the Powell County Tourism Commission and the Kentucky Arts Council.

The free festival honors Lily May Ledford, a master musician born in Powell County who grew up in the Gorge. Its purpose is to preserve and honor the rich cultural heritage of the area.

This festival celebrates the life and music of Lily May Ledford and the Coon Creek Girls, the first all-girl string band in radio. Lily May Ledford grew up playing the fiddle

and banjo at local dances at friends' houses as well as playing at Natural Bridge State Park with her brother, Coyen. She learned her hard driving musical style from her father. The Ledford family grew up as sharecroppers in the gorge and Lily May's rise to fame as an important pioneer of country music provides a fundamental example of the strong cultural traditions nourished in this Appalachian valley.

She became a radio star on the WLS Barn Dance in Chicago at the age of 19 and chose to come back to Kentucky to lead the famous Coon Creek Girls string band at Renfro Valley. She enjoyed a solo career later in life performing at folk festivals throughout the United States. In 1985, she was posthumously presented the National Endowment of the Arts National Heritage Award for her

pioneering contribution to the folk music of America.

The festival will consist of a musical stage, a narrative stage with workshops for children and adults, and an archive station which will include information about Lily May's life, including films and displays. Performers will include J. P. Pennington of EXILE (Lily May's son) and his children, the Reel World String Band, Carl Norris (Lily May's granddaughter) and Jim McGee, Rich Kirby and the Po Folks, Anne MacFie, Dick Albin, and others. A night musical performance, "Music in the Blood," will be held at Natural Bridge State Resort Park Activities Building at 8 p.m., presented by the family members of Lily May.

The festival will start at the Gladie Visitors Center in Red River Gorge Geological Area from 11 a.m. to 5

p.m. and will continue from 8-10 p.m. at the activity center at Natural Bridge State Resort Park.

Food will be available. Please bring your own seating. No alcoholic beverages. Car-pool if possible. In case of rain, go to the Natural Bridge State Resort Park Activities Center Building. Visit www.lilymayledford.com for information and lodging or call Powell County Tourism Commission at 606-663-1161.

Gladie Visitors Center is approximately 55 miles southeast of Lexington, accessible from I-64 onto the Bert T. Combs Mountain Parkway through exit 33 or 40. Gladie is located on Highway 715. Festivalgoers may get off the parkway at Stanton and follow signs on the scenic highway to the festival. A map is available at www.lilymayledford.com.

DINNER DIVA

Freezer menus



A few years ago (quite a few years ago, actually), a new cooking trend was born—once a month cooking. The whole idea was to spend a day cooking, freeze what you make, they reheat it as needed. Sort of DIY Stouffers concept.

Great idea, soggy delivery. The proponents of this type of cooking said it only took a day to make a month's worth of meals and you had "great" dinners that you could reheat anytime. The problem was that most of these dinners took on the watery characteristics of reheated casseroles and the flavor of the food was as lukewarm as their presentation. The

other issue is time—a whole day for heaven's sake! Who can literally take a day off from life to do this?

In the early 2000's, a new version of once a month cooking was born and the result is dinner assembly franchises popping up like ground hogs in the spring. Everywhere you turn in suburbia; there are several of these types of storefronts, with more coming to a strip center near you.

The idea of these places is to come in, spend two hours or so assembling 12 to 15 meals from their already chopped veggies and pre-prepared ingredients, so all

you have to do is put them together raw, label and freeze for cooking at a later day. The thing is, it doesn't come cheap.

So what's a time stretched harried homemaker to do? Do it yourself, of course! There is a way to do this. Here's how:

Find meals that can be assembled in their raw state, defrosted successfully, then cooked freshly. A good example of this is meatloaf. All you have to do is make your meatloaf mixture, shape it, then put it in a freezer zipper bag, mark

(See DIVA, page two)

inside lifestyles

CAR TALK

Stack oil filter has reader stumped

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Fun & Games

page B8





Family Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor
of Family Medicine

There are many ways to deal with seasickness

Q I am getting ready to go on a cruise for the first time. While I don't usually have motion sickness, my friends advise me to "take something along, just in case." I am not much of a medicine taker, so are there other things I can do to prevent seasickness? What exactly causes seasickness?

A I hope you will enjoy your cruise, but your friends have a point; it is always best to be prepared. Many large cruise ships have medical personnel on board so

you can always have a "sick call" if you need to. But, since vacation is supposed to be fun, preventing discomfort should be your first strategy.

Seasickness, or mal de mer, is caused when the constant motion of the ship on water confuses your balance center, which involves both your brain and your inner ear. When your eyes see rooms tilting and swaying with the waves, your brain instinctively disagrees with the logic of the scene since it knows rooms are supposed to stand still. Meanwhile, fluid in your inner ear canal moves in

response to the movement of the boat. This disagreement between the eyes, brain and inner ear causes nausea and vomiting.

Motion sickness can also occur in any moving vehicle. Passengers in a car are more likely to get sick than drivers. It seems that motion sickness is less likely to affect a person who is concentrating on a task, such as driving, although many people report that reading or concentrating on small print, like crossword or sudoku puzzles, can compound the problem.

While most large cruise ships have stabilizers to minimize their motion, there is still movement from the waves. One thing that may help is staying topside — don't go below the decks. Looking out at the horizon can help settle the motion center of

your brain and minimize unpleasant sensations. Avoid reading and stay hydrated. It also helps to keep some food on your stomach, but avoid spicy or greasy foods as well as alcoholic beverages.

If none of that works, there are over-the-counter remedies that can help. These are usually antihistamines, and they cause some drowsiness. A prescription remedy scopolamine can be worn in a patch. There are some side effects from this, and it may not be better than OTC or herbal remedies. Many people use ginger for seasickness. Ginger capsules can be found in stores and can be quite helpful, though they may cause indigestion.

Finally, there are therapeutic wrist bands you can buy that stimulate acupressure points on the inner wrist,

and these seem to work well for many people. If you don't have a band, you can apply pressure on the underside of your wrist, about an inch and a half from the thumb.

Hopefully you will not have to worry about seasickness, but you are right to inform yourself beforehand. If you go prepared, you can more easily avoid or address seasickness and get on with enjoying your cruise. Bon voyage!

□ □ □

Family Medicin(e) is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-news.org.

GOOD HEALTH

Leg pain when walking suggests artery disease

DEAR DR. DONOHUE: Please discuss peripheral artery disease. I think I have it. I get calf pain when I walk. I have seen the ads on TV where a woman and her grandson discuss this. The boy asks her if she has it. She says she doesn't know. That's where I am. I don't know, but I think I might. — N.O.

ANSWER: Peripheral artery disease, PAD, also called peripheral vascular disease, means that arteries in the legs — the periphery — are clogged and leg muscles aren't getting enough blood. The proof comes from walking. People with PAD get leg pain when they walk a certain distance, and they can tell you almost to the inch when the pain will start. The pain leaves when they take a rest, but returns after they have resumed walking.

The site of pain depends on where the blockage occurs. Pain in the buttock or thigh indicates a blockage high in the leg arteries. Pain in the calf comes from a block from mid thigh to knee, and pain in the foot comes from a lower blockage.

PAD is a common malady. Five percent of men and 2.5 percent of women over 60 have it, even though some have no symptoms.

A doctor can make the diagnosis in the office. If there's obstruction to blood flow in the leg arteries, the pulses at the ankle and on the top of the foot will be weak. Many doctors are equipped to take the ankle blood pressure. The blood pressure at the ankle should be the same as the blood pressure in the arm. If it's much less, that indicates an obstruction to blood flow in the leg artery.

People with PAD often have CAD, coronary artery disease. The same process that clogs leg arteries also clogs heart arteries. You must see your doctor. He can check the status of your leg arteries, and he can check the status of your heart arteries. There are medicines for both conditions, as well as recommendations for diet changes and exercise.

The booklet on peripheral vascular disease treats this topic in great depth. Readers can obtain a copy by writing: Dr. Donohue — No. 109W, Box 40475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

□ □ □

DEAR DR. DONOHUE:

for any refilled prescription.

HOW COME?

As if we haven't enough problems on our hands, Leo Carter tells of this one.

A man had three sons and 17 horses and decided to divide the horses between the boys in this fashion — one-half to one, a third to another and one-ninth to the third. That brought on trouble, the formula wouldn't work, because each of the sons came up with an odd part of a horse — 8 1/2 to one, 5 2/3 to the next, and 17 to one, and all not adding up to 17.

My husband is on blood pressure and cholesterol-lowering medicine. He is now trying herbal medicines ordered from a catalog. I understand that when you are on medicines, you should consult your doctor before making changes or discontinuing them.

My husband says that he is going to stop all medicines. He is 57. I always thought blood-pressure medicine was for life. What is the truth? — B.

ANSWER: The truth is that stopping medicines without consulting the doctor is foolhardy. Some people can get off blood-pressure medicine by adhering to a strict, low-salt diet, losing weight and exercising. And some people can get off cholesterol medicine by adopting a low-fat — especially low-saturated-fat — diet. Giving up medicines blindly is asking for trouble, as is substituting unproven remedies.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475. Health newsletters also may be ordered from www.rbnamall.com.

Continued from p1

A neighbor rode up while the calculation was in progress and inquired about the trouble. They explained, "Why, that's easy," the man said. Then he put his own horse in with the 17 and began dividing — half to one would be 9; a third would be 6; and a ninth would be 2. Then he got aboard his own nag and rode away, leaving each of the boys an even number of horses, more than they had figured, and the total coming to exactly 17.

If you're worried about inflation, try that one for a change of pace.

Continued from p1

degrees. Place meatloaf in a loaf pan and bake for about 1 hour or until done. Per serving: 390 Calories; 24g Fat (55.5% calories from fat); 26g Protein; 17g Carbohydrate; 1g Dietary Fiber; 133mg Cholesterol; 578mg Sodium. Exchanges: 1/2 Grain (Starch); 3 1/2 Lean Meat; 3 Fat; 1/2 Other Carbohydrates.

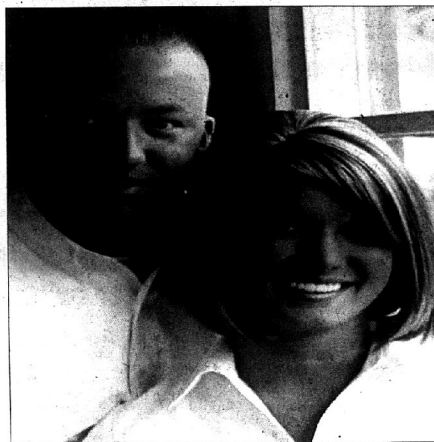
SERVING SUGGESTIONS: Serve with mashed potatoes, steamed green beans and crusty whole wheat rolls.

Note: To save storage space in your freezer, place blended ingredients into a plastic storage bag and roll it up to force out any air, then seal and place in freezer.

- 1 1/3 teaspoons garlic powder
- 2/3 teaspoon thyme
- 1/3 cup ketchup
- 2/3 teaspoon honey
- 2 teaspoons Worcestershire sauce
- Salt and Pepper to taste

Seal the bag and blend the mixture together by squeezing and kneading the bag. Unseal the bag, starting at the bottom of the bag, roll the mixture to force out any air then seal the bag again. Insert this bag into a gallon sized plastic freezer bag and place a copy of the recipe into the 2nd bag as well and seal it. Place your label on the bag or write the name and date on the bag and place in the freezer.

When you want to have this meatloaf for dinner, thaw in the fridge overnight and then: Preheat oven to 375



Bill and Linda Sallisbury, of Martin, announce the engagement and forthcoming marriage of their son, Jonathan Dale Sallisbury, 29, of Prestonsburg, to Stephanie Nicole Todd, 22, of Prestonsburg. Jonathan is a graduate of Big Sandy Community and Technical College and is currently employed as a driver at UPS. Stephanie is enrolled at Big Sandy Community and Technical College in the Respiratory Therapy Program where she plans to graduate in May. An open wedding is planned for Oct. 10, at the Fitzpatrick First Baptist Church in Prestonsburg at 5:30 p.m. Following the honeymoon, the couple will reside in Prestonsburg.

Salome's Stars Weekly Horoscope

ARIES (March 21 to April 19) It might not be wise to pursue goals involving others, unless you can stop impulsively rejecting new ideas. Either open your mind or wait until next week, when this "ornery" mood passes.

TAURUS (April 20 to May 20) It's a good time for the Bovie to be creative and practical for yourself and your surroundings. Shop wisely, not impulsively, and keep your Bull's eye focused on quality, not quantity.

GEMINI (May 21 to June 20) You should feel more confident about moving ahead with plans that had to be delayed by an unexpected turn of events. Also, family matters might need more time than first anticipated.

CANCER (June 21 to July 22) Be considerate of others as you move into a new area in your professional life. Take time to meet people and discuss mutual goals. The more you get to know each other, the better.

LEO (July 23 to August 22) Creating a fuss could get your ideas noticed quickly. But it would be best to present your case, and then wait for a reaction to follow in due course, rather than try to force it to happen.

VIRGO (August 23 to September 22) Unkept promises might cause plans to go awry this week. You can either grumble about people "letting you down" or find a way to make the best of it and move on. The choice is yours.

LIBRA (September 23 to October 22) Putting off making a commitment early in the

week could be a good move. Best to act when you know you're making an informed decision. Expect more facts to emerge by the week's end.

SCORPIO (October 23 to November 21) A recent act of kindness on your part could take on special meaning this week. Also, look for all and professional relationships.

SAGITTARIUS (November 22 to December 21) Many of the tougher communication barriers between you and others in the workplace or at home could begin breaking down this week. Expect some surprises to emerge.

CAPRICORN (December 22 to January 19) Your "tough love" attitude toward someone you care for could be misunderstood. Try to be less judgmental and show more consideration in the way you relate to that person.

AQUARIUS (January 20 to February 18) An unexpected workplace challenge could be daunting. But take what you know (and you know more than you realize) and apply it to the problem, and you should see positive results.

PISCES (February 19 to March 20) Recent relationship changes for both single and paired Pisces continue to influence much of your week. Keep your focus on developing the positive aspects as you move along.

BORN THIS WEEK: You set your goals with assurance and influence others to follow suit. You would be an excellent philosopher and teacher.

Allen

then, after all that, we failed to give them credit for the picture. Yes, we agree — we are ingrates, though that may not be the exact word used by Strahan-Nelson to describe us.

THAT'S WHAT THE AD SAID

Tim Bostic, of The Sallysville Independent, tells of a subscriber's recent call at his office to renew his subscription. Having laid down the hard cash, he asked the girl for his Top Value stamps. Turned out he had mistaken an ad in which a drug store had offered 100 extra TV stamps

Diva

the bag and date it, then on the day you want to use it, defrost it and bake it. You will never know that your meatloaf was previously frozen!

Here is a recipe that we have on our very first Twenty for the Freezer, a downloadable menu with 20 recipes that you assemble all at once, freeze and cook later as needed. When you have a freezer full of meals like this to choose from, you will say good-bye to the drive thru forever! Enjoy!

In a 1 gallon plastic freezer bag, mix and blend well together:

- Mega Marvelous Meatloaf Serves 4**
- 2/3 cup dried stuffing mix
- 1 egg
- 2/3 cup buttermilk
- 1 pound extra-lean ground beef



Pikeville College Army ROTC program recently held a swearing in ceremony for new Cadet Matthew Doyle. Doyle completed leadership training at Fort Knox this summer, where he ranked third in his platoon. Doyle plays soccer, is involved in student government and is majoring in English and history. He is the son of Sam Doyle, of Prestonsburg, and Kay Doyle, of Cookeville, Tenn.

B3

Stuck oil filter has reader stumped

By TOM and RAY MAGLIOZZI

Dear Tom and Ray:
I have a 2006 4.7-liter V-8 Jeep Grand Cherokee with 50,000 miles, and we change our own oil every 3,000 miles. We always have. This last time we went to change the oil, my husband and I battled for two and a half hours to get the oil filter off! We started with a cap-style oil-filter wrench, which started slipping. Then we used every wrench we could find, including a Channellock. A few hours later, the filter looked like a crushed beer can! The filter is in a tight spot, so we don't have a lot of room to work the thing. We got so desperate that we drove a screwdriver through it to use that for leverage. Didn't work. We finally realized we'd lost this battle, so now our car needs to be pushed out of the garage and towed to our mechanic. But for future reference, are there any other techniques or tricks for loosening stuck filters? — Lasha

RAY: No, you pretty much hit 'em all, Lasha!
TOM: The one other advantage we have at the shop is that we have some

better wrenches to try. We have one that grabs around the bottom of the filter, and attaches to a ratchet. But sometimes even that doesn't work.

RAY: And then the only option is to grab the filter and break it off. And you're absolutely right to tow it to a professional to have that done. It's not something you want to try yourself, because if you screw it up and take a chunk out of that mating surface on the engine block, every filter from then on will leak.

TOM: And you want to be able to blame the SHOP for that, rather than your husband.

RAY: I can tell you why the filter stuck. You forgot to put oil on the filter gasket. The filter comes with a rubber O-ring on top that creates a seal between the filter and the engine. If you don't lubricate the seal with oil before tightening the new filter, it will "wed" to the engine block, and be extremely difficult to remove.

TOM: How does he know that? Personal experience!

RAY: Right. Nowadays, we prefer a nice, heavy dollop of Filippo Berio Extra Virgin Olive Oil to lube the gasket, but the truth is, a fingertip full of

motor oil will do just as well. You'll remember it next time, I'm sure, Lasha.

Is sister's excuse a cover story?

Dear Tom and Ray:
My sister and I recently had an argument. She drives only short distances, rarely more than five miles. She wants her '98 Buick Regal with 40,000 miles to last as long as possible. Therefore, she refused to drive the 350 miles to visit for the holidays. I believe that an occasional long drive actually extends the life of the car. Which one of us is correct, and why? — Bill

RAY: Well, I think she just didn't want to visit you, Bill. Do you have a household of bratty kids or a neglected cat box or something?

TOM: She certainly wouldn't ruin the car by putting another 700 miles (round trip) on it. After all, that's what cars are designed to do: Drive places. But is it GOOD for the car? Not really.

RAY: In the old days, when cars had carburetors, and excess fuel poured into the cylinders, taking a long, high-speed ride could help burn

off some of the carbon deposits that tended to build up on the pistons. But fuel injection meters the fuel so precisely on modern cars that carbon deposits rarely are a problem.

TOM: The only problem with repeated short drives now is moisture. When the engine runs, one of the byproducts of combustion is water. That water is sent out the tailpipe. But if you drive only a few miles, the exhaust system and muffler never get hot enough to vaporize that water. That makes the exhaust system rust prematurely.

RAY: So your sister may drive up to the pumps and say, "Fill her up, check the oil and change the muffler!"

TOM: But you don't need to drive 350 miles to heat up your exhaust system. Five or 10 miles will do it, depending on the weather. And, in any case, a long trip once a year is not going to help keep your muffler from

rusting anyway, if it's staying moist the other 364 days.

RAY: So there's no real advantage for her car in making this trip. In fact, the opposite is true: There's a pretty direct correlation between the number of miles driven and the end of a car's life. So in general, the fewer miles a car is driven, the longer it lasts.

TOM: So forget about the car, Bill. Send your sister a nice gift ticket for Christmas next year. But if she starts chirping about all the potential wear and tear on the airplane, give up.



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Patriotic program, live musical broadcast to U.S. troops in Iraq slated for Sept. 11 at Center for Rural Development

by SHARON DODSON
THE CENTER FOR RURAL DEVELOPMENT

The strength of the American spirit will be celebrated at The Center for Rural Development in Somerset at a special evening of live events on the eighth anniversary of the Sept. 11 terrorist attacks. The evening's activities will kick off at 6 p.m. on Friday,

Sept. 11, with a memorial tribute hosted by the American Legion Post 126 Honor Guard, which will culminate with the presentation of the American flag to first responders.

Following that presentation, which will be held in The Center's theatre, 60s hit makers The Tams will take over the stage at 7:30 p.m. and perform a high-energy concert show-

ing their own hits and those of other R&B standouts that will be heard via two-way videoconference to U.S. troops serving in Iraq. "The Center felt it important to have an event for Somerset and Pulaski County that both illustrates that our community truly has not forgotten the events of Sept. 11, 2001, and honors the sacrifices our American military person-

nel and first responders have made and continue to make daily," Lonnie Lawson, president and CEO of The Center, said.

The Tams concert, part of the "Summer Nights Alive! at The Center" series co-sponsored by Clear Channel Lake Cumberland and Office Depot, will be performed in front of a live audience and presented to troops in a videoconference provided by The Center's award-winning CenterNET2 videoconferencing network in partnership with Freedom Calls Foundation.

"The Center's CenterNET2 network, in partnership with Freedom Calls in New York, continues to work closely

together to bring a bit of home and appreciation to those serving and sacrificing for our country," Robyn Phillips, CenterNET2 project manager, said.

"The Center is pleased to present this award-winning group, The Tams, to our local audience and to also share it with our military troops in the Middle East via a live broadcast," Dianna Winstead, associate director of arts and culture for The Center, added. "The Tams will entertain you with their timeless beach music while also honoring our military men and women."

The Tams will be performing some of their chart-topping hits, including the highly popu-

lar "Be Young, Be Foolish, Be Happy" and "What Kind of Fool," which reached No. 9 on the Billboard charts.

The group, lead by co-founder Charles Pope, will also dedicate one song, "God Bless America," to the soldiers and military families in the audience and military personnel participating via videoconference from Iraq.

There is no charge to attend the 9/11 memorial tribute at 6 p.m. For tickets to The Tams concert, call The Center's Box Office at 677-6000, or visit www.center.net for online ticket sales. The Center for Rural Development is located at 2292 South U.S. 27 in Somerset at Traffic Light 15.

Rental Central

by TOM DOTY
TIMES COLUMNIST

A better than average week for renters and collectors saw only one turkey sneak onto the racks.

■ "State of Play" — Formula thrillers don't get much better than this effort, which finds a reporter teaming up with his paper's "blogger" to investigate a suspicious death in our nation's capital. Good source material (this was based on an excellent BBC mini-series) and top notch players (Russell Crowe, Helen Mirren and a well cast Ben Affleck) make this one soar.

■ "Earth" — This documentary is everything that "An Inconvenient Truth" was, but stays with you longer as it traces the effects that mankind has had on his environment. The film charts the efforts of various species of animals to escape the encroaching effects

of society with varying results. The tale may be a hummer but the authoritative tone of narrator Patrick Stewart ("Star Trek: The Next Generation") will hopefully give some key players to pay attention.

■ "Blacula/Scream" — A double dose of AIP's take on the vampire genre was a cornerstone in the creation of African-American versions of several legends. These two films managed to juggle urban dialogue and old-fashioned fright by having their version of Dracula be an African prince who is reawakened in 1970s L.A., after losing his kingdom to slavers. The film benefits from a solid cast that is anchored by William Marshall (a sage actor who had the chops to do with each other, like he was the long lost sequel to Hamlet). The sequel loses some momentum but makes up for it with a fetching female lead (Pam Grier) and

bigger fight scenes. This two-disc set will only set you back \$10 and ranks as a steal.

■ "Drifter: Henry Lee Lucas" — The same guy who made low budget films about other American serial killers (Boston Strangler, BTK and Ed Gein, to name a few) is back with this entry about the midwestern madman who stayed ahead of police by never putting down roots. The subject matter was already dealt with in the 1980s flick "Henry: Portrait of a Serial Killer." This take on the material offers nothing new or remotely interesting, and smacks of being made to cash in on the director's trend of casting actors against type in these lurid dramas. Here you get Antonio Sabido Jr., a Lucas, but he's no match for the role.

Next week look for Damon Wayans in "Dance Flick" and buckle up for "Crank 2: High Voltage."



The Tams, which had two top R&B hits in the 1960s, will be performing at The Center for Rural Development on Friday, Sept. 11, at 7:30 p.m. as part of an evening of live events celebrating the eighth anniversary of the Sept. 11, 2001, terrorist attacks on America. The American Legion Post No. 38 will also host a free 9/11 tribute at 6 p.m. that evening in The Center's theatre.

Strange ... but true

by SAMANTHA WEAVER

■ It was Canadian actor and comedian Leslie Nielsen who made the following sage observation: "Doing nothing is very hard to do ... you never know when you're finished."

■ A 22-year-old man who was trying to board a flight in Cairo, Egypt, bound for Saudi Arabia was recently stopped by security officers when the X-ray of his hand luggage showed some strange results. It seems that the man was attempting to transport 250 baby crocodiles and — wait for it — a live cobra. (Animal lovers will be pleased to learn that the creatures were not harmed; they were turned over to the Cairo Zoo.)

■ In Thailand, it is illegal to step on any of that nation's currency.

■ Are you a cacographer? You may not be, but if you spend any time at all online you've certainly run across a few. A cacographer is someone who can't quite grasp the rules of spelling.

■ Researchers in Greece

who recently completed a study on napping found that men who nap at least three times a week were at a 37 percent lower risk for heart-related death. So now you have an excuse to do what you want to do anyway.

■ If you've ever had to navigate the transportation systems throughout Walt Disney World in Florida, you might not be surprised to learn that the theme park complex covers 47 square miles. To put the figure in perspective, that's twice the size of Manhattan Island.

■ It's possible for a nutcracker tree to grow from a peach pit, and vice versa.

■ A man named Robert Boyd entered a lingerie shop and attempted to hold up the store using a Japanese sword. A fan of video games, Boyd claimed in his defense that at the time of the holdup, he believed he was an elf.

■ "Thought for the Day" — "Only the madman is absolutely sure." — Robert Anton Wilson

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Lagoon

Carmen being undecided about what she wants.

Finally we are introduced to Richie Nix. He's one twisted mamma-janma. When he's not trying to rip his foster mother's, he's cooking up get-rich schemes. His latest plan involves breaking into vacant homes and trashing them. Then he calls the realty company and promises that he will destroy more of their properties unless they give him some money.

These folks manage to collide in spectacular fashion. First Nix hooks up with Degas after trying to steal his car. The two bond over bank robbing stories but it's really the guilt Degas feels over losing his brother that allows Nix to get close.

Degas decides to help Nix shake down the realty company but that plan implodes in spectacular fashion. They show up at the worst time of day (lunch hour) and then mistake Wayne for their victim. Wayne is suitably impressed

when Nix begins breaking up the office, but the cool factor gets Nixed when Richie leaps onto a moose head trophy and can barely wrest it from the cops. He ends up driving both of them off with a golf club, but these characters will keep meeting now and a lot of blood will be shed before they're done with each other.

This one deserves a viewing for many reasons, but the story comes first. Luckily, they don't stray far from Leonard's novel, so the film is rife with compelling characters, snappy dialogue and intense action scenes.

The film gets a major assist from a seasoned cast. Mickey Rourke is totally in charge as Degas. His performance hits all of the right notes and conveys a character of great dignity who is at the end of his run. The scenes where he visits his wall, reservation are beautifully played, with Rourke giving you the scenes that his character is dying to be accepted by the culture he gave up for a life

of crime. Diane Lane and Thomas Jane make you care about the Colsons and also respect the blue collar ethic which see them through the tough times they face here.

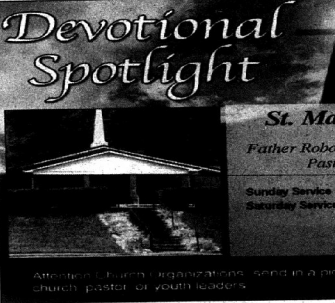
That said, the real surprise here is Joseph Gordon-Levitt (TV's "Third Rock From the Sun") as Nix. Levitt manages to imbue the character with enough naiveté to make him almost likable. Then he shows you the guy's dark side in a front-end convenience store shootout sequence. The scene establishes that no one is safe around this guy and puts Levitt on equal ground with the seasoned Rourke.

This is definitely worth seeing, though the Weinstein Brothers blew it by not having faith that the film would do well in theaters. Shame on them, but at least they got the film made.

Best line: "My kid brother is dead. You remind me of him. He was a stupid guy." 2008, rated R.

Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.



St. Martha
Father Robert Darron,
Pastor
Sunday Service 11:15 a.m.
Saturday Service 8:00 p.m.

Attention: Church organizations send in a picture of your church pastor or youth leaders.

ASSEMBLY OF GOD

First Assembly of God, Martin: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister.
In Victory Assembly of God, West Prestonsburg: Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.
New Bethel Assembly of God, Burning Fork Rd., Salyersville: Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.
Prairie Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 30 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

BAPTIST

Allen First Baptist, Allen: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.
Auxiliary Freewill Baptist, Auxix: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.
Ball Branch Regular Baptist Church, Mousley Ky: Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor; Contact Kermit Newsome 606-377-6861 for more information.
Benedict Baptist, Slick Rock Branch, Cow Creek: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.
Betsy Layne Free Will Baptist, Betsy Layne: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.
Big Sandy Community and Technical College Baptist Student Union, J. 102: Wednesday, 11:30 a.m.; Vera Joiner, 886-3863, ext. 67267.
Bonanza Freewill Baptist, Abbott Creek Road, Bonanza: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.
Brandy Keg Freewill Baptist, Corn Fork: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.
Calvary Southern Baptist, Betsy Layne: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.
Community Freewill Baptist, Goble Roberts Addition: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.
Cow Creek Freewill Baptist, Cow Creek: Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathan Lafferty, Minister.
Daniels Creek Baptist Fellowship Church of God, Banner: Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.
Drift Freewill Baptist, Drift: Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m.; Jim Fields, Minister.
Endicot Freewill Baptist, Buffalo: Sun. School, 10 a.m.; Church every Sun. Morning 11:00 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; First Sat.

and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minister.
Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.
Free United Baptist, West Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.
Free United Baptist, West Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.;
Grethel Baptist, State Rt. 3379, (Branham's Creek Rd.): Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett: Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Johnny J. Collins, Minister.
Highland Avenue Freewill Baptist, Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Truisty.
Katy Friend Freewill Baptist, 2 miles up Abbott: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor.
Lackey Freewill Baptist, Lackey: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.
Lancaster Baptist Church, 71 Cooley St., Prestonsburg: Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m.; Evening Worship, 6:00 p.m.; Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Gary Carpenter.
Left Beaver Regular Baptist Church across from Garth School, 4th Street & Sunday 10:00 a.m. Odd Saturday 6:00 p.m.; Gary Compton, Pastor.

Liberty Baptist, Denver: Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 5 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.
Ligon Community Freewill Baptist, Ligon: Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.
Little Rosa Regular Baptist Church of Jesus Christ, (Indian Bottom Association): Services, 1st Saturday, Sunday, Wednesday, 9:30 a.m., 3rd Sunday 9:30 a.m., Odd Sunday 9:30 a.m.

Martin Branch Freewill Baptist, Eggle: Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.
Martin Freewill Baptist, Martin: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.
Maytown First Baptist, Main St., Maytown: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.

McDowell First Baptist, McDowell: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; James (Red) Morris, Minister.
Middle Creek Baptist, Blue River: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; William L. Hunt, Minister.
Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home phone 285-3385

Pleasant Home Baptist, Water Gap Road, Lancer: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.
Prater Creek Baptist, Banner: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.
Rock Fork Freewill Baptist, Garrett: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.
Rock Fork Regular Baptist, Garrett: Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Crace Jr., Assistant Pastor.

Salt Lick United Baptist, Salt Lick, Hueysville: Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123
Sammy Clark Branch Freewill Baptist, Dana: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.
Stephens Branch Missionary Baptist, Stephens Branch: Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.
The Third Avenue Freewill Baptist: Sunday School, 10 p.m. Phillip Pamey, Pastor.
Tom's Creek Freewill Baptist, U.S. 23 north of Layne Brothers: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.

Tom Moore Memorial Freewill Baptist, Cliff Road: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 5:00 p.m.; No Service the 1st Sunday of each month, Wednesday, 7 p.m.; Jody Spencer, Minister.
Trimble Chapel Freewill Baptist, intersection of U.S. 23 and KY 80, Water Gap: Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m.; Youth Services 6 p.m.; Everyone Welcome.
United Community Baptist, Hwy. 7, Hueysville: Worship Service, 2 p.m.; Friday, 7 p.m.; Carlos Beverly, Minister.
Wheelwright Freewill Baptist, Wheelwright Junction: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferrari, Minister.

CHRISTIAN
First Christian, 560 North Arnold Avenue: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.
Victory Christian Ministries, 1428 E.: Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sharm Williams, Minister.
CHURCH OF CHRIST
Betsy Layne Church of Christ, Betsy Layne: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.
Prestonsburg Church of Christ, 88 Hwy. 1428: Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.
Harold Church of Christ, Harold: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister.
Highland Church of Christ, Rt. 23, Hager Hill: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.
Hueysville Church of Christ: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.
Lower Toler Church of Christ, Harold: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonie Meade, Minister.
Mare Creek Church of Christ, Stanville: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.
Martin Church of Christ, Martin: Sunday School, 10 a.m.; Worship Service, 11 a.m. & 7 p.m.; Wednesday, 7 p.m.; Gary Mitchell, Minister.
Maytown Church of Christ, 66 Turkey Creek Rd., Langley: Sunday Bible Study 10:00 a.m.; Sunday morning worship 11:00 a.m.; Evening worship 6:00 p.m.; Wednesday Bible Study, 6:00 p.m.
Upper Toler Church of Christ, 3.5 miles up Toler Creek on right: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.
Weeksburg Church of Christ: Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; John Burke, Minister.

CHURCH OF GOD
Betsy Layne Church of God, Old U.S. 23: Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.
Community Church of God, Arkansas Creek, Martin: Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.
First Church of God, Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.
Garrett Church of God, Garrett: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Family Training Hour - Thursday, 7 p.m.; Bill B. Tussey Jr., Pastor.
Landmark Church of God, Goble Roberts Addition: Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.
Little Point First Church of God, 671 Little Point Road, East Point: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Heater Jr., Minister.
The Ligon Church of God of Prophecy, Saturday Services, 10:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

EPISCOPAL
St. James Episcopal: Sunday Service 9:45 a.m.; Holy Eucharist, 11:00 a.m.; Wednesday Study Group 6:00 p.m.; Holy Eucharist & Healing 7:30 p.m.; Father Johnnie E. Ross, Rector.
LUTHERAN
Our Savior Lutheran, Slip Bays River, Carriage House Motel, Paintsville: Sunday, 10 a.m.; WKLW (600 am) 12:05 p.m.; Rolfand Bentrup, Minister.

METHODIST
Auxiliary United Methodist, Auxix: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Mearl Music, Minister.
Betsy Layne United Methodist, next to B.L. Gymnasium: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.
Allen Christ United Methodist, Allen: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.
Community United Methodist, 147 Burke Avenue (off University Drive and Neely St.): Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Shirley Ann Douglas, Pastor.
Elliott's Chapel Free Methodist, Rt. 979, Beaver: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.
Emma United Methodist, Emma: Sunday School 10 a.m.; Worship Service, 11 a.m.; Pastor David Proffitt.
First United Methodist, 256 South Arnold Avenue: Sunday School 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev Jim Adams, Pastor.
Horn Chapel Methodist, Auxix Road, Auxix: Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Mid-week Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Judy Garr-Baker, Minister.
Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.
Salisbury United Methodist, Printer, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.
Wayland United Methodist, Rt. 7, Wayland: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Kowal, Pastor.
Wheelwright United Methodist, Wheelwright: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.
Vogle Day United Methodist Church, Harold: Sunday School, 10 a.m.; Worship Service, 11:00 a.m.; Wednesday Bible Study, 7:00 p.m.; Dennis C. Love, Pastor.
Drift Pentecostal, Drift: Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.
Free Pentecostal Church of God, Rt. 1428, East Point: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister.
Free Pentecostal Church of God, Weeksburg: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; John Jay Patton, Minister.
Free Pentecostal Deliverance, Ext 46 off Mt. Parkway at Campton: Worship Service, Saturday and Sunday, 7 p.m.; Patricia Childer, Minister.
Free Pentecostal, Hollies: Rt. 122, Upper Burton: Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis Sanlan, Minister; David Pike, Associate Minister.
Goodloe Pentecostal, Rt. 850, David: Worship Service, 6 p.m.; Mervyn Sloe, Minister.
Parkway First Calvary Pentecostal, Floyd and Magoffin County Line: Sunday Service, 6:30 p.m.; Mike D.

CHRISTIAN
Caldwell, Minister, 297-6262.
Trinity Chapel Pentecostal Holiness, Main St., Martin: Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Bill J. Stevens, Minister.
Free Pentecostal Church, Dwayne: Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

PRESBYTERIAN
Drift Presbyterian, Route 1101, Drift: Worship Service, 11 a.m.
First Presbyterian, North Lake Drive: Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev Vicki Poole, pastor.

SEVENTH DAY ADVENTIST
Seventh-day Adventist, 5 miles West on Mountain Parkway, Church Services, 9:15: Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3459; leave message. Everyone welcome!

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS
The Church of Jesus Christ of Latter-Day Saints: Sacrament Mgt., 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Preshood Primary, 12:00 p.m.; Wednesday, 6 p.m.; Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Kan Carriere, Bishop.

Pastor Atha Johnson welcomes everyone to attend services at the CHURCH OF GOD OF PROPHECY TRAM KENTUCKY. Sunday school 10 a.m.; Worship Service 11 a.m.; Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30 p.m.
Grace Fellowship Prestonsburg, (next to old flea market), Sunday School, 10 a.m.; Worship Service, 11 a.m. Bill Stukenberg, Pastor 889-9050.
Faith Deliverance Tabernacle, West Prestonsburg: Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.
Faith Revelation, Harkins Ave., West Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thurs., 7 p.m.; Randy Gorman, Minister. 886-9460.
Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed. 7 p.m.; Carl & Missy Woods, Pastors.
Faith Worship Center, US 460, Paintsville: Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.
Full Gospel Community, (formerly of Martin) moved to Old Allen: Sunday School, 10 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 p.m.; Lavonne Lafferty, Minister.
Lighthouse Temple, Main St. and Hall St.: Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.
Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge: Wednesday, 7:00 p.m.; Sunday Evening, 6:00 p.m.; Pastor: Curt Howard.
Martin House of Worship, Old Post Office St.: Worship Service, 7 p.m.; Saturday/Sunday.
Old Time Holiness, 2 miles up Arkansas Creek, Martin: Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.
Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg, Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-1003.
Town Branch Church: Sunday School 10 a.m. except for first Sunday in each month; Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.
The Father House, Big Branch, Abbott Creek: Sunday School 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.
The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00: Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Alken.
Youth Fellowship Center, Wheelwright: Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.
Zion Deliverance, Wayland: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.; Prayer Line, 358-2464; Darlene W. Arnette, Pastor.
Taylor Chapel Community Church, formerly the old Price Food Service building, located 1/4 quarter mile above Worldwide Equipment, Rt. 1428, Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m. Kenny Vanderpool, Pastor.

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Caldwell, Minister, 297-6262.
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INTERNATIONAL PENTECOSTAL HOLINESS CHURCH, 10974 N. Main St., Martin: Rev. Ellis J. Stevens, Senior Pastor.
Rising Sun Ministries, 1415 Rising Sun Lane, Prestonsburg, Ky. 41653: Sunday, 11:00 a.m.; Wednesday, 6:30 p.m.; Pastor D.P. Curry.
Church of God of Prophecy, Sunday School 10 a.m.; Worship Service 11 a.m.; Sunday Night - 6 p.m.; Wednesday Night - 6 p.m.; Pastor Glenn Hayes, West Prestonsburg.
House of Refuge, Rock Fork: Sunday Evening Worship 6 p.m.; Monday Bible Study 7:30 p.m.; Wednesday Prayer Meeting 7:30 p.m.; Bill B. Tussey, Pastor.
Seventh-Day Adventist 5 miles West on Mt. Parkway: Sabbath School 9:30 a.m.; Church Services 11AM; Pastor, John Baker 358-9263; Church 806-886-3459. Leave message. Everyone Welcome.

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BS

FLOYD COUNTY



Faith and Family



Audio Bibles reaching American troops

ALBUQUERQUE, N.M. — On U.S. Navy ships and forward operating bases around the world, military chaplains are using Audio Bibles to give comfort and hope to troops.

Faith Comes By Hearing, the world's foremost Audio Bible ministry, designed and distributed more than 14,000 Military BibleSticks to chaplains and troops in Iraq, Kuwait, Kosovo, and Afghanistan.

"Last year, Faith Comes By Hearing felt burdened to bring the Word of God in audio to our nation's military community," said Troy Carl, Faith Comes By Hearing's national director. "So, we developed a special-

ized, portable audio player just for their use—camouflaged and loaded with the dramatized New Testament—and sent it to those who are deployed or deploying."

The Military BibleStick has been popular for both troops and chaplains.

"MP3 players are such a huge thing right now," said a Navy chaplain in San Diego. "These BibleSticks put the Bible in their hands. And, they're helping our sailors get through their deployments."

"It's great to be able to offer our young soldiers something technology-based, as they practically grew up with cell phones and iPods," said an

Army chaplain deployed to Iraq. "I've heard great comments about ease of use, portability, and the fact that now there's no excuse for a soldier to not carry his Bible when it's so easy."

"This has been the most useful thing I've ever had. Every day I listen—and it has brought me closer to God," agreed one Navy pilot.

Another Army chaplain said, "My soldiers are on the roads every day hauling supplies. Convoys can last up to 48 hours, and they can't take much with them. These BibleSticks easily fit inside their cargo pockets so when they're on break, they can take a few

minutes to hear the Word of God and be spiritually edified."

"More and more chaplains are contacting us for these vital spiritual resources for the members of their units. And what a difference it's making!" said Carl. "Simply by word of mouth, we've distributed over 14,000. Our conservative estimates show that we could literally provide tens of thousands of units."

"This is a wonderful way to engage in Scripture for those serving our country in so many trying and troubled spots of the world," said Carl.

To learn more about sponsoring

the troops with God's Word in audio, visit www.FaithComesByHearing.com or call 800-545-6552.

Founded in 1972 as a non-profit ministry, Faith Comes By Hearing records and uses heart-language Audio Bibles to reach and disciple the world's poor and illiterate. Currently, Faith Comes By Hearing has 412 Audio Scripture recordings in more than 350 languages, representing 70 percent of the world's population. Through strategic partners, the ministry is working to reach the remaining 30% with the Word of God in audio. (PRNewsFoto/Faith Comes By Hearing)

KIM'S KORNER

Abundantly blessed

by KIM LITTLE FRASURE

Last weekend proved to be one of those weekends overflowing with one blessing after another. It began spending day and night with the grandbaby and getting to soak up all his little facial expressions, snuggles and rocking him to sleep and, oh, how precious and how blessed we are to have him. To look into that sweet, sweet face just makes me think everything is right in my world.



Kim Little Frasure

Sunday arrived and it was off to Wheelwright Freewill Baptist to witness one of my dearest friend's baptism, Monica Jones Hall, and what a blessing that was! The church was packed, and being able to be a part of such a glorious occasion was so very special. There is definitely something about those "Whoo-hoo!" folks. The hugs and love oozes from every fiber and, oh, how it warms the soul to be around them.

Sabrina Couch Hall (Monica's sister-in-law) and one of our very dear and special friends, sang the most beautiful version of "Amazing Grace" these ears have ever heard. She brought tears to many eyes and made a very special day even more special.

Sunday evening the opportunity continued to bless, as another very special friend, Daneque Howard, shared a special message God had revealed to her on healing.

To share a glimpse into Daneque's message it went like so, Psalm 107:20 "He sent His Word and healed them, and delivered them from their destructions."

As she shared how she envisioned the breakdown of the word healing her message had such impact I wanted to share it with all of you.

H - Hear (we need to hear Him)

- E - Expect
- A - Accept
- L - Live Life
- I - Invite the Holy Spirit

N - Need
G - Give (we need to constantly give of ourselves)

"Healing requires a giver and a receiver." Daneque shared. Healing is a relationship, between You and Christ Jesus. Matthew 7:8 "For everyone who asks receives and he who seeks finds, and to him who knocks it will be opened."

We need to block out all the noises of the world and hear the small still voice. Look to the source, Jesus Christ.

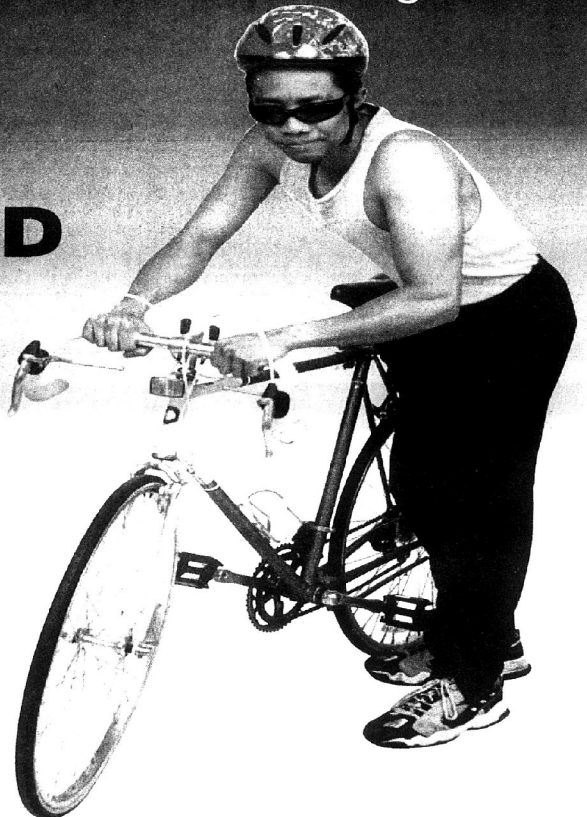
Yes, what a blessing! As the mind's eye envisions the sites of last weekend replaying them flashing one by one, the smile spreads across the face as I see a grandmother rocking a precious baby boy, looking into his big blue eyes as he smiles up at her, I see an oh so sweet, sweet friend as she is surrounded by love and dipped into salvation giving her life to Christ Jesus. I see and hear the voice of an angel as she sings "Amazing Grace" and I see another precious friend as she shares insight into God's Word.

Oh, thank you, my sweet, sweet Jesus, for all the blessings you so freely give!

Til next week, may you be blessed and may you be a blessing!

This man is working to lower health care costs, prevent global warming and reduce our nation's dependence on foreign oil

SO WHY WOULD YOU WANT TO KILL HIM?



Cycling is one the best ways to improve your health, protect the environment and reduce consumption of foreign oil. But even if you don't ride a bike, you can help do your part by watching for cyclists on the road and driving with care. In Kentucky, bicycles have the same rights to use roads and highways as cars and trucks. But keep in mind that cyclists are at greater risk of injury or death in the event of a wreck. That is why it is important to use caution and courtesy when you encounter a bicycle. Pass them only when it is clear, give them a few extra feet when passing, and never do anything to startle a cyclist, such as blowing your horn, passing too close or yelling at them.

Save a life. Share the road.

GET OUT OF LINE



Now you don't have to wait in line for government services and information because now the government is officially online at FirstGov.gov. In an instant, you can print out tax and Social Security forms you need to wait in line for. You'll also find passport and student aid applications and more. FirstGov.gov. Less the wait.

FirstGov.gov
The official web portal
of the Federal Government

For government information by phone, call 1-800-FED-INFO (in VA 1-800-368-4488).
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The FLOYD COUNTY Times

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 Bargain Basement - Items under \$100 - 3 lines, half price
 Yard Sale Ads - 1 Day \$5.00 - 3 days \$12.00
 (30 words or less)

"For Sale Special" \$16
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 3 days only

5 Easy ways to place your ad:

1. Call: (606) 886-8506, LeighAnn Williams
2. Fax: (606) 886-3603
3. E-mail: classifieds@floydcountytimes.com
4. Stop by: 263 S. Central Avenue, Prestonsburg
5. Mail: P.O. 390, Prestonsburg, KY 41653

Our hours: 8 a.m.-5 p.m.
DEADLINES:
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 Friday's paper @ Wed., 5 p.m.
 Sunday's paper @ Thurs., 5 p.m.
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The Best Way To Write An Ad:

- Begin with a key word (item for sale, etc.)
- Use descriptive words to identify your items
- State your price or terms
- Include a phone number and/or e-mail address

NAME _____
 ADDRESS: _____
 PHONE #: _____

Write your ad here:
 (approximately 18 letters per line)

*CREDIT CARD:

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The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

AUTOMOTIVE

Hicks Auto Sale
 David Road

- 1998 S-10 .4 cylinder, 5 speed. \$2,250.
- 1997 Cadillac SLE. 110,000 miles. \$3,595.
- 2001 Jeep Cherokee \$4,295
- 2000 Ford Windstar \$2,595
- 2000 Plymouth Voyager \$2,595
- 1994 Chevy 1500 Blazer \$3,095
- 2002 Loaded Chevy Malibu S 3,400
- 2000 Ford Taurus \$2,895
- 2005 Mitsubishi

galant loaded call for price. Call 886-2842.

\$4850.00 convertible, 57016 miles, manual 6 cylinder, blue color with black interior, rare factory ht. more details at: 503-213-3247 or email: kimvernos@gmail.com

2003 Yamaha TTR 125 L dirt bike for sale. \$1,250. Call 226-0537

Employment

Driver needed in Martin. Must pass drug screen and have clean driving record. Call to apply 606-285-3410.

Employees needed to steam clean heavy equipment must have valid driver's license and up to date surface papers. MET 866953 is a plus. Call Monday thru Friday between

Furniture

Solid Maple dining room suit with hutch. Drop leaf table (42x60) and 6 chairs. Good condition & 400. Also, oval maple dining room table (41x48) with formica top (round 31 1/2 when laid removed) with 4 chairs \$125. Call 886-2356 anytime.

room furniture, adjustable full length oak mirror, small electrical appliances, old glassware, pots, pans, dishes, women's clothing sizes 8-16 many new and much much more!!

Misc.

For Sale: Two burial plots. Located on Mayo Cemetery. Call 886-2295.

REAL ESTATE

Homes

House for sale. Located in Prestonsburg. Completely remodeled. New heating and cooling system and new appliances. Covered driveway with large fenced in yard. Asking \$89,999. Call 226-8010.

For Sale: 3 bedroom, 1 1/2 bath home with acreage, located at East Point. (Floyd County) just off US 23. Very Convenient to Prestonsburg and Paintsville, shopping, hospital, and schools. Call after 5:30 p.m., 886-6214.

For sale: Nice 3 br, 2 ba brick ranch. Approx. 2,200 sq ft, 2 fireplaces. Detached garage/ apart. Minutes from Prestonsburg city limits. Call 606-874-5896. Leave message.

2 Story, 4 br house for sale. Located at Stammers Branch in Weyland. LET HOME PAY FOR ITSELF. \$25,000. 606-946-2271 or 606-785-5556.

3 Br, 2 ba house for sale. City water, city sewer located in a nice subdiv-

sion at the mouth of Abbott. Call 606-438-9184.

Sale or lease

Mike's TV building for sale or lease. 2 story, 3500 sq ft on each floor. Call 886-3624 ext 22 daytime or 606-297-3622 after 6pm.

50 x 60 Building for lease. Located on 1/2 acre with fenced in lot. Building is equipped with 1 large room and 3 offices. Located in Auxier. \$1,500 per month. Call 784-1003 or 886-2840. Also an office building located in Auxier for rent. 5 rooms plus kitchen and bathroom. Will adjust offices to suite your needs.

Commercial property for sale. Income produc-

ing. Call 606-438-9184.

50 X 90 Building 18 ft tall for rent. Located at Martin. \$500 a month. 606-285-3368.

RENTALS

APARTMENT

Renovated apartments in downtown Martin. Good location US 23 at Ivel. 2 br, 1 bath. \$400 month plus \$400 deposit. 1 year lease. No pets. Call 606-478-8100.

Large apartment for rent. Located on US 23 at Stanville.

Now accepting applications for Large 2 br apartment for lease. Close to Duff & Allen Central. Call 358-9123. Leave

message. Deposit & references required.

Apartment for rent. Located above Unisign on US 23 at Ivel. 2 br, 1 bath. \$400 month plus \$400 deposit. 1 year lease. No pets. Call 606-478-8100.

Large apartment for rent. Located on US 23 at Stanville.

IMMEDIATE OPENINGS FOR RN'S
 The Floyd County Health Department has Partial-year openings for Local Health Nurses II (LHNI)

General Functions: Will provide nursing care to clients in school based settings during school calendar year and any additional days requested of the agency. Must possess knowledge of scope of practice for RN with considerable skill in application of nursing procedures and the ability to learn policies/programs of assigned area. Screening criteria will include past experience in home health, pediatrics, and emergency room care.

Minimal Education: Must have RN license in KY or compact state and one year RN experience. BSN or MSN in Nursing, or Public Health may substitute for the one year experience. Successful applicant will be required to take a preemployment drug test and criminal background check.

Starting salary: \$16.30-\$20.54 negotiable with additional experience.

Applications may be picked up at the Floyd County Health Dept at 283 Goble Street in Prestonsburg KY 41653 or may be completed and printed online <http://chts.ky.gov/ohidapp.htm>

Completed applications should be returned to the health department with transcript and copy of current nursing license by 4:30 pm September 11, 2009

Applications for LHNI will be considered for Positions only if lack of candidates for LHN II are received. Minimum Requirement: Current RN license or compact state/provisional license in KY meeting all requirements of KRS 314.041 and approved to practice. Salary range for LHNI \$14.07-\$17.56.
 Equal Opportunity Employer

HIGHLANDS REGIONAL HEALTH SYSTEM

Come Grow With Us!!
 Highlands, a growing premier healthcare facility in Prestonsburg, is currently recruiting for a Senior Accountant Full-Time

Responsible for the monthly preparation of the financial statements for multiple entities. Assist the Director as it relates to monthly budget variance reporting and analysis; will provide oversight to the cash management function ensuring adherence to all established policies and will complete miscellaneous required schedules for auditors as it relates to the year end audit and cost report preparation.

Bachelor's Degree in Accounting or Finance. Three (3) to Five (5) years experience in accounting or finance required. Minimum of two (2) years experience in health-care field, preferably in a hospital based environment with supervisor's duties.

- Nine (9) Paid Holidays
 - 401k Retirement Plan
 - Medical/Dental Insurance
 - Life Insurance
- Interested applicants may apply to the Human Resources Department
 Highlands Regional Medical Center
 5000 Kentucky Route 321, Prestonsburg, KY 41653
 (606) 886-7531 • Fax (606) 886-7534
 E-mail: tclark@hrmc.org
 Highlands is an equal opportunity employer.

HIGHLANDS REGIONAL
 The Medical Center of Eastern Kentucky.

Come grow with us!!
 Highlands, a growing premier healthcare facility in Prestonsburg, is currently recruiting for

ICU/CCU
 PRN - Registered Nurses
 \$7,500.00 Pre-Hire Bonus Offered with ICU experience

Highlands Regional Medical Center has openings in the Critical Care Unit for PRN Registered Nurses. The Critical Care nurse is responsible for providing optimal care for the critically ill patient through incorporation on the following: individual accountability, thorough knowledge of the interrelatedness of the body systems, recognition of the patient as an individual and all the needs that implies, and appreciation of the collaborative role of all members of the health care team.

Graduate of accredited nursing program and currently licensed in the state of Kentucky. Must have successfully completed HRMC's RN staff nurse orientation program and CCU orientation program and qualifying exam. Must be able to stand or walk for long periods. Heavy lifting required. Maintain current BLS and ACLS provider status.

- Nine (9) Paid Holidays
 - Retirement Plan
 - Medical/Dental Insurance
 - Life Insurance
- Interested applicants may apply to the Human Resources Department
 Highlands Regional Medical Center
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 (606) 886-7531 • Fax (606) 886-7534
 E-mail: tclark@hrmc.org
 Highlands is an equal opportunity employer.

HIGHLANDS REGIONAL
 The Medical Center of Eastern Kentucky.

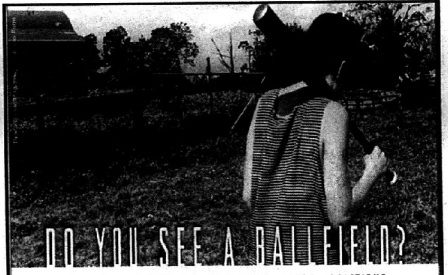
Come grow with us!!
 Highlands, a growing premier healthcare facility in Prestonsburg, is currently recruiting for

ICU/CCU
 FT - Registered Nurses
 \$7,500.00 Pre-Hire Bonus Offered with ICU experience

Highlands Regional Medical Center has openings in the Critical Care Unit for full-time Registered Nurses. The Critical Care nurse is responsible for providing optimal care for the critically ill patient through incorporation on the following: individual accountability, thorough knowledge of the interrelatedness of the body systems, recognition of the patient as an individual and all the needs that implies, and appreciation of the collaborative role of all members of the health care team.

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 E-mail: tclark@hrmc.org
 Highlands is an equal opportunity employer.



DO YOU SEE A BATTLEFIELD?
 THEN YOU SEE THE POWER OF COMMUNITY COALITIONS.
 They help community groups organize resources and fight to keep kids away from drugs. Contact a community coalition and find out what your group can do.
www.helpyourcommunity.org
 or 1-877-KIDS-313
 YOU GET MORE WHEN YOU GET TOGETHER



4 Out of 5 Americans Are Unaware That Home Fires Are The Most Common Disaster Threat.

- Preparedness is your best defense against deadly fires. Use these checklists to make your home safe and prepare your family.
- To prevent fires before they start:
 - Never leave burning candles unattended
 - Keep fuel (paper, clothing, bedding) at least three feet away from heat sources
 - To stay safe from fires:
 - Create a home fire escape plan
 - Practice your plan at least twice a year
 - Install smoke alarms and escape ladders
 - Replace smoke alarm batteries at least once a year
 - Purchase and learn how to use fire extinguishers safely

Visit www.redcross.org or contact your local American Red Cross chapter today to learn more.

American Red Cross

B7

2 br, 2 bath. Walk in closet. Large living room area. 1 yr lease. NO PETS. \$650 per month security deposit. Call 606-478-8100.

Fully furnished apt for rent. Ready to occupy. Everything you need, very clean, quite, a.o., good place. Suitable for 2 working people no more. No drugs. Near Prestonsburg J.W. Lake. Out of state workers welcome. Call 606-205-0215 or 866-3341.

Houses
Newly remodeled

house for rent in Prestonsburg. Less than 5 minutes from downtown. This is a must see! 2 br, 1 bath. Back ground check, credit check, and deposit required up signing. No pets and no smoking. For more information call John @ 259-5156

3 Br, 1 1/2 ba house for rent. 1/2 mile up Abbott. References

required. No pets. \$800 month plus \$500 month. Call 791-3804.

Mobile Homes

2 Bbr furnished Mobile home for rent. Includes washer and dryer. Just off the Mtn Parkway on old 114. Call 886-8724.

Mobile home for rent. Good neighborhood. About 3 miles from Prestonsburg on David Rd. Call 886-3902.

2 br Mobile home for rent. Located 8 miles from Harold

Resource Group, L.L.C., P.O. Box 792, Braxton, West Virginia. Carolina 28712 has applied for an amendment to an existing underground coal mining and reclamation operation located 1.6 miles northwest of Bonanza in Floyd County. The amendment will add 4.24 acres of surface disturbance. The resulting operation will now disturb 16.66 surface acres and will underlie 641.89 acres. The total area within the permit boundary will now be 653.70 acres.

The proposed amendment is approximately 0.6 mile west of Conley Fork Road, intersection with KY Route 1750 and located 0.1 miles south of Conley Fork.

The proposed operation is located on the Ivyton and Prestonsburg U.S.G.S. 7-1/2 minute quadrangle maps. The surface area to be disturbed is owned by Sonja Ratliff, David & Linda Bowling, and Rene Spaulding. The application has been filed for public inspection at the Department of Natural Resources, Prestonsburg Regional Office, 3140 South Lake

Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-5467, Amendment No. 4

In accordance with KRS 350.070, notice is hereby given that, Mat/Co, Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653 has applied for an amendment to an existing surface and underground coal mining and reclamation operation located 1.8 miles northwest of Emma in Floyd County. The amendment will add 178.59 acres of surface disturbance and will underlie an additional 296.17 acres making a total area of 1115.48 acres within the amended permit boundary. The proposed amendment area is approximately 1.51 miles north from KY 1428. The north-south Creek Road's junction with KY 1428. This amendment area Sand Branch of Levisa Fork. The proposed operation is located on the Lancer USGS 7 1/2 minute quadrangle map. The operation will use the area, contour, auger and highwall methods of surface mining. The surface area is owned by Alma Land Company and Tri-Star Development. The amendment will underlie land owned by Alma Land Company and Tri-Star Development. This application has been filed for public inspection at the Department of Mine Reclamation and Enforcement, Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Mine Reclamation and Enforcement, 3140 South Lake Drive, Suite 6, Frankfort, Kentucky 40601.



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AUCTION
Monday, September 7, 2009 1:00 p.m.
Past due storage units
A STORAGE
40 Jackson St., Prestonsburg, KY 41653
Phone 606-226-0433 or 606-886-9431
Antiques, Estate Items, Household Items, Furniture, Junk

UNIT NAME	UNIT NAME
24 Selena Leslie	6 Dinda Wicker
61 Roger Collins	29 Allen Mojone

Some units may be taken out of Auction. Photo ID required to bid.
MIKE WELLS, Auctioneer

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National Restaurant Franchise is looking for a talented, dedicated professional for a **GENERAL MANAGER POSITION** available in Paintsville, Kentucky. Excellent opportunity for an individual committed to the growth of the business. Must possess a positive attitude, strong people skills and proven leadership abilities. We are looking for highly-motivated, energetic individuals with the ability to work independently in a fast-paced environment. Candidates must have 3+ years of "hands-on" restaurant management experience with a desire to succeed. All candidates are subject to criminal background checks and drug test. Competitive salary, company paid life insurance, paid vacation, relocation allowance and health benefits.
Submit resume to:
Personnel
601 Meyers Baker Rd., Suite 310,
London, KY 40741

PUBLIC NOTICE
TO ALL THOSE WHO LIVE AND WORK IN THE VICINITY OF NATURAL GAS FACILITIES OF THE FOLLOWING:
• Quality Natural Gas, L.L.C., P.O. Box 480, Allen, KY 41601

To recognize a gas pipeline emergency:

- Natural gas has a distinct smell. Any odor of gas smell inside your home—immediately turn off all gas appliances—leave your home and call the gas company from another location. Do not re-enter your home until the gas company has made its inspection of all gas piping inside and outside your home.
- Any smell of natural gas, or detection of leak in any facility, gathering line, main, or service, regardless of its location, report it immediately.
- To all persons, firms, corporations, or contractors: Before you commence any excavation or related activities in these localities, please call for the location of our gas facilities, gathering lines, mains, and services. To avoid the danger of carbon monoxide poisoning, always make sure that any natural gas appliances are properly adjusted and vented.
- Certain older brass gas connectors may be dangerous. Although these have not been made in years, some are still in use. These should be replaced immediately. Also, connectors can wear out from too much moving, bending or corrosion, and should always be replaced by a qualified professional whenever an appliance is replaced or moved.
- Common signs of a gas leak outside a house or building are a gas odor, blowing or hissing sound, dirt being blown or thrown into the air, water bubbling or being blown into the air, fire coming from the ground or burning above the ground, brown patches in vegetation on or near a gas pipeline.
- If you observe any type of construction or excavation, or if you plan to do any work requiring digging near a company pipeline, please call so we can send qualified personnel to locate and properly mark the location of the underground pipeline.

Telephone Information:
Quality Natural Gas, L.L.C.
(24 Hr.) 1-888-874-8041
(Day) 606-874-8041
(Night) 1-888-874-8041

ADVERTISEMENT FOR BIDS
Prestonsburg City's Utilities Commission
KY 114 System Emergency Tie-In with Magoffin County
Floyd County, Kentucky

Separate Sealed BIDS for the construction of KY 114 System Emergency Tie-In with Magoffin County will be received by the Prestonsburg City's Utilities Commission, 2560 South Lake Drive, Prestonsburg, Kentucky 41653 until 2:00 PM local time, September 30, 2009 and then publicly opened and read aloud at the Prestonsburg City's Utilities Commission's offices.

Contract 1 consists of approximately 15,600 feet of four, six and eight inch (4", 6" and 8") waterlines, its appurtenances, and three (3) booster pump stations.

Contract 2 consists of constructing a 100,000 gallon ground level water storage tank.

The CONTRACT DOCUMENTS may be examined at the following locations:
PRESTONSBURG CITY'S UTILITIES COMMISSION, 2560 SOUTH LAKE DRIVE, PRESTONSBURG, KY 41653
KENVIRONS, INC., 452 VERSAILLES ROAD, FRANKFORT, KY 40601

Copies of the CONTRACT DOCUMENTS may be obtained from Lynn Imaging, 328 Old Vine Street, Lexington, KY 40507 (859-226-5650) and www.lynnimaging.com upon payment of a nonrefundable price of \$150.00 for each set of Contract 1 or \$75.00 for each set of Contract 2. There will also be a shipping charge by Lynn Imaging for all sets shipped.

Each Bidder must accompany his bid with a Bid Bond in amount of not less than ten percent (10%) of the base bid. No Bidder may withdraw his bid for a period of 90 days. The Bidder awarded the contract shall execute a 100% Performance Bond and a 100% Payment bond and shall furnish insurance as required, in the General Conditions. Contract 1 shall be completed within 120 calendar days after date of authorization to start work. Contract 2 shall be completed within 120 calendar days after date of authorization to start work. Liquidated damages will be \$500 per calendar day.

This project will be in compliance with Executive Order 1124 (Equal Employment Opportunity) as amended. Bidders must comply with the President's Executive Order Nos. 11246 and 11375, which prohibit discrimination in employment regarding race, creed, color, sex, or national origin. Bidders must comply with Section 3, Section 106, Title VI of the Civil Rights Act of 1964, the Anti-Kickback Act and the Contract Work Hours Standard Act. Bidders will make positive efforts to use small, minority, women owned, and disadvantaged businesses. Bidders must certify that they do not, and will not, maintain or provide for employees any facilities that are segregated on a basis of race, color, creed, or national origin.

Bidders and subcontractors shall comply with 41 CFR 60-4, in regard to affirmative action, to insure equal opportunity to females and minorities and will apply the time tables set forth in 41 CFR 60-4.

Any bid that is obviously unbalanced may be rejected. The Prestonsburg City's Utilities Commission reserves the right to reject any and all bids and waive informalities. This project will be awarded to the lowest, responsive, responsible bidder.

Small, minority and women's businesses and labor surplus area firms are encouraged to bid this project.

This project is being funded in part with a KIA FADWSRF loan and is subject to all requirements of the American Recovery and Reinvestment Act of 2009.

Prestonsburg City's Utilities Commission
By: David M. Eille
Superintendent

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or 859-227-0886

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Out on a Limb



by Gary Kuperivas

R.F.D.

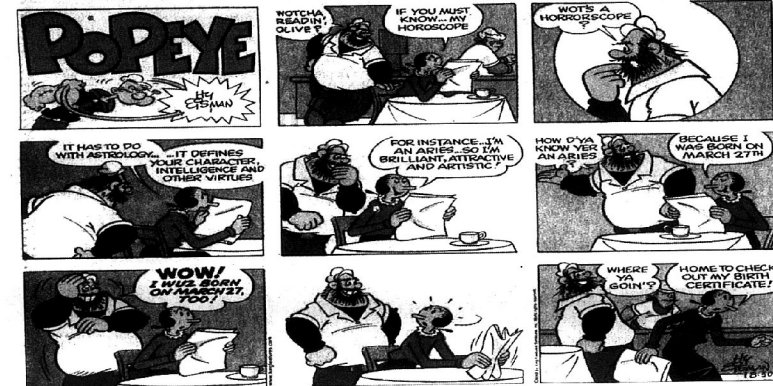


by Mike Marland

The Spats



by Jeff Pickering



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JERRY CRAFT



Just Like Cats & Dogs

by Dave T. Phipps



LAFF-A-DAY



Your wife is on the phone. She wants to know where you put the egg beater after you finished up the dishes last night.

King Crossword

ACROSS

- 1 Weaponry
- 5 "Roscoe"
- 8 Iolani Palace locale
- 12 Ayatollah's predecessor
- 13 Reproductive cells
- 14 Obnoxiously proper one
- 15 Gilpin of "Frasier"
- 16 Aviv lead-in
- 17 "I never work"
- 18 Jaundiced
- 20 Creepy
- 22 Lennon's lady
- 23 Judge Lance
- 24 "That hurts!"
- 27 Administered
- 32 Dos Passos trilogy
- 33 "I told you so!"
- 34 Mauna
- 35 Uncommunicative
- 38 Requests
- 39 Court
- 40 Knock (em) dead
- 42 Disagreeing
- 45 Cantankerous
- 49 Big rig
- 50 Spring mo.
- 52 Hip bones
- 53 Tehran's

1	2	3	4	5	6	7	8	9	10	11
12					13			14		
15					16			17		
18				19			20	21		
22							23			
24	25	26			27	28	29		30	31
32					33				34	
35				36	37				38	
		39					40	41		
42	43				44	45		46	47	48
49					50	51			52	
53									55	
56						57			58	

- country
- 8 Snitch
- 55 Void partner
- 56 Trig function
- 57 Blond shade
- 58 Mirth

- 7 Body powder
- 8 Narcotic
- 9 Museum
- 10 Mound
- 11 Unattractive
- 19 Performing
- 21 "A Gang"
- 25 Work with
- 26 Gotham City villain
- 28 Still, in verse
- 29 After-taxes
- 30 "A mouse!"
- 31 "Kapital"
- 36 Cut aid
- 37 Massachusetts

- cape
- 38 Storefront canopy
- 41 On the other hand
- 42 Unrepaired
- 43 Garr or Hatcher
- 44 Post
- 46 Jewish month
- 47 Anger
- 48 Bulldogs' school
- 51 - de deux

DOWN

- 1 Venomous
- 2 Comic
- 3 Crumbly deposit
- 4 1862 battle site
- 5 Declined
- 6 "Hail, Caesar!"

- 38 Storefront canopy
- 41 On the other hand
- 42 Unrepaired
- 43 Garr or Hatcher
- 44 Post
- 46 Jewish month
- 47 Anger
- 48 Bulldogs' school
- 51 - de deux

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Weekly SUDOKU

by Linda Thistle

8				5	3					
		5	3					2		
	1			9					6	
		9	4			2				
	5				8			4		
2				7				6		
3		7					1		2	
9		8	2					4		
				6	1					

Place a number in the empty boxes in such a way that each row across, each column down and each small 3x3 box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ***

* Moderate ** Challenging *** HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Camera lens is missing. 2. Birdcage added to background. 3. Car mirror is missing. 4. Birdcage added to background. 5. Sign on pole is lower. 6. Sign is longer.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the entire message.

Clue: P equals E
 T LPYK MTQPW DSVD
 XKVUJ HMW MTUVKW SP
 EVYP RP V XKPPJJ GPPMTLE
 KTESD GKHR DSP EPXOH!

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I never liked that crazy old lizard
 He gave me a creepy feeling
 right from the goggle!
 answer
 CryptoQuip

Trivia test by Fifi Rodriguez

1. HISTORY: In what modern-day country did the ancient Etruscan civilization once thrive?
2. GAMES: How thick is a standard hockey puck?
3. MUSIC: Who is the lead guitarist and singer for the rock band Weezer?
4. U.S. PRESIDENTS: Where was President Lyndon Johnson sworn into office?
5. MOVIES: What was the name Roy Hobbs gave his baseball bat in "The Natural"?
6. ANIMAL KINGDOM: What kind of animals would a cryptozoologist study?
7. MYTHOLOGY: Who was the Egyptian goddess of love, music and beauty?
8. U.S. STATES: What is the state capital of New Hampshire?
9. TELEVISION: What is the last thing each failed designer-contestant hears before leaving "Project Runway"?
10. LITERATURE: Which one of Shakespeare's characters speaks the line, "The evil that men do lives after them; The good is oft interred with their bones; So let it be with Caesar"?

10. Mark Antony
9. "Acht Wiedersehen" (German for "Goodbye")
8. Concord
7. Hedon
6. Fox marten or Big Foot
5. Legendary animal like the Loch Ness monster
4. "Wendell"
3. Kennedy
2. The assassination of President John F. Kennedy
1. About Air Force One following the assassination

Trivia Test Answers

S	E	E	S	E	S	E	S	E	S	E
L	I	N	A	T	I	N	A	T	I	N
S	E	E	S	E	S	E	S	E	S	E
A	L	I	D	O	S	A	L	I	D	O
A	L	I	D	O	S	A	L	I	D	O
A	L	I	D	O	S	A	L	I	D	O
A	L	I	D	O	S	A	L	I	D	O
A	L	I	D	O	S	A	L	I	D	O
A	L	I	D	O	S	A	L	I	D	O
A	L	I	D	O	S	A	L	I	D	O
A	L	I	D	O	S	A	L	I	D	O

Solution time: 25 mins.

Answers

9	2	4	7	6	1	8	5	3		
5	6	1	2	3	8	6	4	7		
3	6	7	5	8	4	1	9	2		
2	4	8	1	7	3	9	6	5		
1	5	6	9	2	8	7	3	4		
7	3	9	4	5	6	2	8	1		
4	1	3	8	9	2	5	7	6		
6	5	3	1	7	4	2	8			
8	7	2	6	4	5	3	1	9		

Weekly SUDOKU