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Friday, August 7, 2009 — Sunday, August 9, 2009

The Times

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Semin detail loans

PIKEVILLE — Morehead State University's East Kentucky Small Business Development Center will present "SBA Loans" on Tuesday, Aug. 11.

The seminar is for both present and prospective small business owners who are interested in financing for their business.

The free workshop will be held at the Big Sandy Community and Technical College, 120 S. Riverfill Drive in Pikeville, from 5:30-7:30 p.m.

The presenter will be Mike Morley, director of MSU's Small Business Development Center.

Topics to be covered at the seminar are: ARC Loan, SBA Express, and Community Express and Patriot Express. Training programs, sponsored or co-sponsored by SBDC, are available to all individuals without regard to race, color, sex, creed or national origin.

For a list of upcoming events, visit the Web site at www.moreheadstate.edu/sbdc.

Additional information is available by calling Morley or Linda Casebolt at (606) 432-5848.

2 DAY FORECAST

Today



High: 85 • Low: 65

Tomorrow



High: 92 • Low: 67

For up-to-the-minute forecasts, see floydcountytimes.com

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FIGHTING FOR SURVIVAL



photo by Jarrid Deaton

Employees of the Prestonsburg Equine Center, along with some concerned citizens, work to help get a malnourished horse back on its feet on Thursday. The horse was brought to the center after being removed from the custody of its owner, James Castle. Castle was arrested and charged with second-degree cruelty to animals.

Volunteers work to save horse; owner arrested

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG — Its ribs moved slightly with each breath, but the rest of the 2-year-old horse's body remained motionless as concerned people at the Prestonsburg Equine Center did what they could to make the emaciated animal comfortable.

The horse, reportedly belonging to James Castle, was found near Cow Creek on Tuesday and transported to the center to receive care.

but its condition worsened over the course of two nights, and it slipped from the special harness that held it upright on Wednesday night and landed on its side, where it remained on Thursday as workers attempted to get the animal standing again.

Castle, 25, was arrested and charged with second-degree cruelty to animals on Wednesday.

According to the police report, the horse was extremely malnourished. The arresting officer also took pictures of the horse.

"I don't see how somebody can sleep at night knowing their horse was out there starving like this," said Pat Goble, manager of the Prestonsburg Equine Center. "He has such a will to live."

The horse was back in the harness a little after noon on Thursday, and Prestonsburg Mayor Jerry Fannin praised all of those involved in caring for the animal.

"It's back to eating a little now," Fannin said. "Dr. Rudolph Ousley

(See HORSE, page seven)

Man arrested after allegedly walking away from wreck

by SHELDON COMPTON
STAFF WRITER

MELVIN — A Shelbiana man found himself behind bars in Floyd County after police say he wrecked his vehicle, hospitalizing his passenger, then attempted to walk away from the accident.

According to police, Robert Derek Sykes, 39, was traveling along Route 122 in the Melvin area when he wrecked his vehicle in a ditch.

Police said they received a 911 call, arrived on scene to find the vehicle and said Sykes' unnamed passenger was later transported to the hospital for treatment. Before being taken, the passenger told police that Derek Sykes had been driving at the time of the wreck.

A search was initiated and officers found Sykes some time later walking Route 122 toward Pike County. He was roughly 500 feet

(See WRECK, page seven)

Woman accused of fighting cops after traffic stop

by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — Mina Howard, 42, of Spurlock, was arrested this past week after police say she was found driving under the influence after a chase that resulted her attempting to escape from custody.

Police say they received a call of a vehicle running another driver off the road and later made contact with Howard by passing her. While passing her, they say the 42-year-old almost struck the police cruiser before they brought her to a stop.

At that time, the reports say that Howard gave police another person's driver's license when asked for license and insurance, also

(See ARREST, page seven)

School enlists technology to save on energy costs

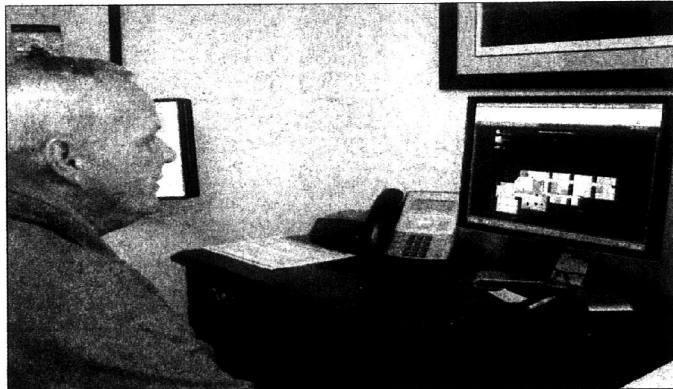
by JARRID DEATON
FEATURES WRITER

ALLEN — The Floyd County Board of Education wants its schools to be energy efficient, and the maintenance department is taking advantage of new technology to keep costs down and efficiency up, including the ability to monitor energy use and control temperatures in the schools from the main office in Allen.

"We take the date from each school and compare it," said Ralph Goble, coordinator of facility support and energy manager. "We look for ways to make things more energy efficient. We hope to have an energy policy for the district to follow in the near future."

The maintenance department is involved in ongoing energy savings projects at the schools in the district, including delamping, motion sensor lights that turn on when somebody enters a room and turns off when they leave, timers on outside lights, programmable thermostats, energy effi-

(See ENERGY, page seven)



Ralph Goble, coordinator of facility support and energy manager for the maintenance department of the Floyd County Board of Education, demonstrates the computer software that allows temperature and other energy-related controls to be manipulated and monitored in all schools from the maintenance office in Allen.

photo by Jarrid Deaton

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LENNOX

Obituaries

Margaret "Peggy" Fitzpatrick Marshall

Margaret "Peggy" Fitzpatrick Marshall passed away Sunday, August 2, 2009.

Peggy is survived by her loving and devoted husband, Arthur Marshall; their beloved son, Donald Patrick "Pat" Marshall; friend and her daughter-in-law, Sheila Marshall; along with numerous much-loved cousins, nieces and nephews, family members and friends.

Peggy will be laid to rest at the family cemetery, along with her other family members at the family farm in Prestonsburg.

A simple family service will be held at the farm at a later date.

In lieu of flowers, please send donations to:

DDD & CPS Animal Shelter
P.O. Box 1502
Prestonsburg, KY 41653
(paid obituary)

□ □ □



Wilma Louise Mullins

Wilma Louise Mullins, 79, of Wheelwright, died Monday, August 3, 2009, at Cabell-Huntington Hospital.

Born November 9, 1929, in Roaring Fork, Virginia, she was the daughter of the late James Farris and Glessie Marie Boggs Mullins. She was a homemaker and of the Freewill Baptist faith.

Survivors include three brothers: Verlin Paul Mullins of Weebury, James Douglas Mullins of Lexington, and Larry R. Mullins of Ohio; and two sisters: Nonna Lee Mullins and Mildred Ferrell, both of Wheelwright.



Dr. Matthew Christopher, left, has joined Dr. Philip Simpson at the practice of Simpson Chiropractic.

Simpson Chiropractic expands

PRESTONSBURG — As of this month, you may see a new face around town. After more than 30 years of serving Eastern Kentucky, Simpson Chiropractic has expanded their services and their office hours with the addition of Matthew Christopher, D.C.

Dr. Christopher is a native of Spartanburg, S.C. Prior to becoming a chiropractor, he was a pastor, missionary and worship leader for seven years, during which time he learned to speak fluent Spanish. Christopher received his undergraduate degree in Spanish from the University of South Carolina, was awarded a Diploma of Biblical studies from the Instituto Biblico de Amistad De Xalapa, and graduated with honors from Sherman College of Straight Chiropractic in Spartanburg, S.C. He joins Simpson Chiropractic after working in one of the most high-tech chiropractic and rehabilitation centers in the state of

In addition to her parents, she was preceded in death by three brothers: Otis Doyle Mullins, Charles Edward Mullins, and Kenneth Ray Mullins; and one sister, Sharon Boyd.

Funeral services will be held Friday, August 8, at 1 p.m., at Nelson-Frazier Funeral Home, in Martin, with Wheelwright Freewill Baptist ministers officiating.

Burial will be in the Buckingham Cemetery, in Bevinville.

Visitation is at the funeral home. (Paid obituary)

□ □ □

Donna Sue Pitts

Donna Sue Pitts, age 63, of Nancy, passed away Monday, August 3, 2009, at the Lake Cumberland Regional Hospital.

She was born June 17, 1946, in Garrett, the daughter of the late Norman and Mable Moore Bentley. She was a manager for S Man Store, and was of the Old Regular Baptist faith. She enjoyed researching family trees, building computers, and going to church.

She is survived by "Kayo" Lacy Pitts, her husband of 42 years; a son, Lacy Brian Pitts of Nancy; a daughter, Serena (and Zac) Gordon of Lexington; three brothers: Phillip (and Betty) Bentley of Vest, Ricky Bentley and Randy (and Sandy) Bentley, all of Garrett; and a sister, Sandra Conley of Martin.

Preceding her in death were her parents and a brother, Franklin Bentley.

Funeral services will be held on Saturday, August 8, at 11:00 a.m., at the Chapel of Lae Cumberland Funeral Home, with Rev. Phillip Williams officiating.

Burial will be in the Pottershop Cemetery, in Jabez. Visitation for Mrs. Pitts will be Friday, August 7, after 5:00 p.m., at Lake Cumberland Funeral Home, 1046 West Highway 80, Somerset.

Condolences can be sent to www.lakecumberlandfuneralhome.com for the family of Donna Pitts.

Lake Cumberland Funeral Home is entrusted with arrangements for Donna Pitts. (Paid obituary)

Funeral services will be held at a later date.

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FLOYD COUNTY

■ Rosemary Castle Case, 40, of Printer, died Sunday, August 2, at U.K. Medical Center, Lexington. Funeral services were held Thursday, August 6, under the direction of Nelson-Frazier Funeral Home.

■ Nella Faye Chaffins, 67, of Garrett, died Sunday, August 2, in Highlands Regional Medical Center in Prestonsburg. Funeral services were held Wednesday, August 5, under the direction of Hall Funeral Home.

■ Opal Clark, 79, of Nicholasville, died Monday, July 27, in Nicholasville. Funeral services were held Friday, July 31, under the direction of Betts and West Funeral Home, in Nicholasville.

■ Ada Lou Combs, 54, of Prestonsburg, died Friday, July 31, at the Pikeville Medical Center. She is survived by her husband, Johnny Combs. Funeral services were held Monday, August 3, under the direction of Nelson-Frazier Funeral Home.

■ Bordie Conley, 85, of Wayland, died Tuesday, July 21. Funeral services were held Friday, July 24, under the direction of Nelson-Frazier Funeral Home.

■ Mary Rebecca "Becky" Elliott, 92, of McDowell, died Sunday, August 2, at her residence. Funeral services were held Wednesday, August 5, under the direction of Nelson-Frazier Funeral Home.

■ Lena L. Bradley Hopkins, 99, of Wayland, died Friday, July 10, at Hazard Appalachian Regional Medical Center. Funeral services were held Sunday, July 12, under the direction of Hall Funeral Home.

■ Alma Johnson, 80, of Kite, died Saturday, August 1, at the McDowell ARH. Funeral services were held Wednesday, August 5, under the direction of Nelson-Frazier Funeral Home.

■ Glenda Sue Keene, 64, of Frankfort, formerly of Floyd County, died Friday, July 31, in St. Joseph Hospice Care Center in Lexington. Funeral services were held Tuesday, August 4, at Hall Funeral Home in Martin.

■ Margaret "Peggy" Fitzpatrick Marshall, died Sunday, August 2, at her residence by her husband, Arthur Marshall. She will be laid to rest at the family farm cemetery, in Prestonsburg. A simple family service will be held at a later date.

■ Rudolph "Corky" Meadows, 60, of Ironton, died Monday, August 3, in Community Hospice - Care Center in Ashland. He is survived by his wife, Linda Wilson Meadows. Funeral services were held Friday, August 7, under the direction of Phillips Funeral Home.

■ Wilma Louise Miller, 79, of Wheelwright, died Monday, August 3, at Cabell-Huntington Hospital. Funeral services were held Friday, August 8, under the direction of Nelson-Frazier Funeral Home.

■ Jimmy Ray Mullins, 67, of Hueysville, died at home. He is survived by his wife, Rebecca Newsome Mullins. Funeral services were held Wednesday, July 29, under the direction of Nelson-Frazier Funeral Home.

■ Shawn Douglas Page, 18, of McDowell, died Friday, July 23, at McDowell. Funeral services were held Monday, July 27, under the direction of Nelson-Frazier Funeral Home.

■ Services for Ronald B. Tackett, 59, of Frankfort, formerly of Floyd County, were held in Rogers Funeral Home, Frankfort, at 1:00 p.m., Tuesday, August 4. He is survived by his wife, Clementine Roberts.

■ Jesse Wilkinson, 76, of Harold, died Wednesday, July 29, at Parkview Nursing and Rehabilitation Center. Funeral services were held Saturday, Aug. 1, under the direction of J.W. Call Funeral Home.

LAWRENCE COUNTY

■ Nellie M. Daniels, 82, of Louisa, died Wednesday, August 5, in Three Rivers Medical Center in Louisa. Funeral services will be at 11 a.m., Saturday, August 8, under the direction of Wilson Funeral

Regional Obituaries

Home.
■ Ruby Jordan Douglas, 55, of Blaine, died Tuesday, August 4, at U.K. Medical Center. She is survived by her husband, John Douglas. Funeral services will be at 1 p.m. Friday, August 7, under the direction of Wilson Funeral Home.

■ Paul Edward Thompson, 45, of Tampa, Fla., a native of Louisa, died Saturday, August 1, in Tampa. Funeral services were held Friday, August 7, under the direction of Young Funeral Home.

■ KNOTT COUNTY
■ Tilda Mae "Granny" Bowens, 93, of Hazard, died Sunday, July 26, at her home. Funeral services were held Wednesday, July 22, under the direction of Hindman Funeral Services.

■ Myrtle Lovins Cornett, 91, of Hindman, died Friday, July 24, at the Knott County Nursing Home. Funeral services were held Sunday, July 26, under the direction of Hindman Funeral Services.

■ Christeana H. Fields, 80, of Pine Top, died Tuesday, July 21, at her home. Funeral services were held Friday, July 24, under the direction of Hindman Funeral Services.

■ Ray McIntosh, 56, of Redfox, died Wednesday, July 22, at U.K. Medical Center in Lexington. Funeral services were held Saturday, July 25, under the direction of Nelson-Frazier Funeral Home.

■ Eva Gahearth Gibson Sloe, 67, of Hindman, died Saturday, July 25, at the Central Baptist Hospital, Lexington. Funeral services were held Tuesday, July 28, under the direction of Nelson-Frazier Funeral Home, Hindman.

■ Bulah Faye Strong, 67, of Dwarf, a native of Elmrock, died Tuesday, July 21, at the Pikeville Medical Center. Funeral services were held Friday, July 24, under the direction of Nelson-Frazier Funeral Home, Hindman.

PIKE COUNTY

■ Andrea Lea Ashbire, 40, of Steele, died Saturday, Aug. 1, at her home. Funeral services were held Tuesday, August 4, under the direction of Bailey Funeral Home.

■ Eva Brown, 69, of Dorton Creek, died Sunday, August 2, at Pikeville Medical Center. She is survived by her husband, James Brown. Funeral services were held Tuesday, August 4, under the direction of Hall & Jones Funeral Home.

■ Maxine Robinette Davis, 77, of Varney, died Monday, July 27, at Pikeville Medical Center. Funeral services were held Saturday, Aug. 1, under the direction of J.W. Call Funeral Home.

■ Leon Ford, 76, of Pikeville, died Thursday, July 30, at Pikeville Medical Center. Funeral services were held Sunday, Aug. 2, under the direction of Community Funeral Home.

■ Mya Jamae Coleman Hunter, infant daughter of Samantha Jo Coleman and Terry Wayne Hunter Jr., was stillborn at Pikeville Medical Center, Tuesday, July 28. Arrangements were under direction of Lucas & Son Funeral Home.

■ Hurlay Johnson, 83, of Virgie, died Sunday, August 2, at his home. Funeral arrangements, under the direction of Hall & Jones Funeral Home.

■ Bonnie Jean May, 77, of Huddy, died Saturday August 1, at Parkview Manor Nursing and Rehabilitation Center, Robinson Creek. Graveside services were held Monday, August 3, under the direction of R. E. Rogers Funeral Home.

■ Ben Maynard, 93, of Shelbina, died Saturday, July 25, at his home. Funeral services were held Tuesday, July 28, under the direction of Community Funeral Home.

■ James Randall Maynard 46, of Turkey Creek, died Friday, July 31, in Williamson, W.Va. He is survived by his wife, Melissa Hitchcock Maynard. Funeral services were held Tuesday, August 4, under the direction of R.E. Rogers Funeral Home.

■ Opal Maynard, 82, of Johns Creek, a McDowell

native, died Friday, July 24, at her residence. She is survived by her husband, Arvid Arnold Maynard. Funeral services were held Sunday, July 26, under the direction of Community Funeral Home.

■ Suzy Belle Ramey McKeith, 74, of Pikeville, died Sunday, July 26, at her home. Graveside services were held Wednesday, July 29, under the direction of J.W. Call Funeral Home.

■ Bill Osborne, 62, of Pikeville, died Monday, July 27, at Pikeville Medical Center. He is survived by his wife, Lynn Fields Osborne. Funeral services were held Thursday, July 30, under the direction of J.W. Call Funeral Home.

■ Arlin Michael Robinson, 51, of Greasy Creek, died Tuesday, July 28, at Pikeville Medical Center. He is survived by his wife, Debbie Patrick Robinson. Funeral services were held Saturday, Aug. 1, under the direction of Roberts Funeral Home.

■ Kenneth Ray Simpson, 82, of Clinton Township, Mich., a Pike County native, died Wednesday, July 29. Funeral services were held Monday, August 3, under the direction of Bailey Funeral Home.

■ Diana Lynn Smith, 42, of Ashcamp, a Louisa native, died Wednesday, July 29, at her residence. She is survived by her husband, Harvey Smith. Funeral services were held Saturday, Aug. 1, under the direction of Bailey Funeral Home.

■ Western "Arvil" Stump, 70, of Phelps, died Saturday, August 1, at his home. He is survived by his wife, Truby Stump. Funeral services were held Wednesday, August 5, under the direction of R.S. Jones & Son Funeral Home.

■ Lois D. Zitzelberger, 73, of Midland, Ga., a Pike County native, died Friday, July 31, at Parkwood Healthcare, Phenix City, Ala. Funeral services were held Thursday, August 6, under the direction of Vance-Brooks Funeral Home, Columbus.

JOHNSON COUNTY

■ Ruth Ann Ward Akers, 79, of Southgate, a Johnson County native, died Thursday, July 30, in Mount Washington Care Center. Graveside services were held Sunday, August 2, at Dan Gambill Cemetery in Thelma, Jones-Preston Funeral Home in Paintsville, was in charge of arrangements.

■ Ruth Griffith Hill, 82, of Flatgap, a Magoffin County native, died Wednesday, August 5, in Mountain Manor Nursing Home in Paintsville. She is survived by her husband, Tolle Hill. Funeral services will be held at 11 a.m., Saturday, August 6, under the direction of Jones-Preston Funeral Home.

■ Barbara A. Lemaster, 72, a native of Ashland, died Saturday, August 1. Funeral services were held Tuesday, August 4, under the direction of

Stark Funeral Service, Ypsilanti, Michigan.
■ Rhea M. Preston, 94, of Wabash, Indiana, a native of Thekla, died Friday, July 31, at her residence. Funeral services were held Sunday, August 2, at her residence. (See OBITUARIES, page seven)

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Cinema 1—Starts Friday, August 7
G.I. JOE (PG-13), Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00
Cinema 2—Hold Over
G-FORCE (PG), Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00
Sunday Matinee—Open 1:00; start 1:30

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Cinema 1—Hold Over
HARRY POTTER (PG), Mon.-Sun. 8:00; Fri. (4:45) 8:00; Sat.-Sun. (1:45-4:45) 8:00
Cinema 2—Hold Over
G-FORCE (PG), Mon.-Sun. 7:00-9:15; Fri. (4:15) 7:00-9:15; Sat.-Sun. (2:00-4:15) 7:00-9:15
Cinema 3—Hold Over
FUNNY PEOPLE (R), Mon.-Sun. 8:00; Fri. (4:45) 8:00; Sat.-Sun. (1:45-4:45) 8:00
Cinema 4—Hold Over
ORPHAN (R), Mon.-Sun. 6:50-9:15; Fri. (4:15) 6:50-9:15; Sat.-Sun. (1:45-4:45) 8:00-9:15
Cinema 5—Hold Over
ALIENS IN THE ATTIC (PG), Mon.-Sun. 7:00-9:15; Fri. (4:15) 7:00-9:15; Sat.-Sun. (2:00-4:15) 7:00-9:15
Cinema 6—Starts Friday, August 7
JULIE AND JULIA (PG-13), Mon.-Sun. 6:50-9:20; Fri. (4:20) 6:50-9:20; Sat.-Sun. (1:50-4:20) 6:50-9:20
Cinema 7—Starts Friday, August 7
THE PERFECT GETAWAY (R), Mon.-Sun. 7:05-9:25; Fri. (4:25) 7:05-9:25; Sat.-Sun. (2:05-4:25) 7:05-9:25
Cinema 8—Starts Friday, August 7
G.I. JOE (PG-13), Mon.-Sun. 6:50-9:20; Fri. (4:20) 6:50-9:20; Sat.-Sun. (1:50-4:20) 6:50-9:20
Cinema 9—Hold Over
UGLY TRUTH (R), Mon.-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30
Cinema 10—Hold Over
THE COLLECTOR (R), Mon.-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30

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For the Record

Marriage Licenses

Lesla Sue Meade, 46, of Stanville, to Jeffrey Meade, 46, of Stanville.

Kerrie Dawn Patton, 29, of Auxier, to Brian Anthony Collins, 26, of Auxier.

Kayla Marie Green, 18, of Hi Hat, to Joshua Lee Perkins, 20, of Hi Hat.

Natasha Rashea Hall, 21, of Teaberry, to Adam Douglas Hall, 22, of Printer.

Civil Suits Filed

RJM Acquisitions LLC vs. Danny McKenzie; complaint.
Credit Acceptance Corporation vs. Gary Lee; complaint.

Midland Funding LLC vs. Jerry Allen; complaint.
Sherry Bailey vs. Randy Bailey; divorce.

American General Financial Services Inc. vs. John Lowe; complaint.

BB&T Financial FSB vs. Hayes Hall; complaint.
Britney Kretzer vs. Jason T. Click; complaint.

Kenny Artrip vs. Emell Smith; complaint.

McDowell Appalachian Regional Hospital vs. Deborah Lindsey; complaint.

Charges Filed

Robert Derek Sykes, 40, Pikeville; operating a motor vehicle while under the influence of alcohol or drugs, leaving the scene of an accident, failure to render aid, no insurance, no or expired registration, failure to wear seatbelt.

Jimmy Perry, 54, Wheelwright; receiving stolen property.

Jimmy L. Perry Jr., 26, Wheelwright; receiving stolen property.

Brandy Moore, 24, McDowell; second-degree assault, public intoxication.

Mina Howard, 43, Prestonsburg; driving under the influence on a suspended license, no insurance, giving officers false name or address, third-degree escape, second-degree wanton endangerment, disorderly conduct, resisting arrest.

Selena Leslie, 36, Prestonsburg; theft by unlawful taking.

Colleen Gay Compton, 62, Allen; criminal mischief.

Richard Dean Ousley, 42, Martin; criminal trespassing.

James W. Hager, 43, Prestonsburg; harassment.

James W. Hager, 43, Prestonsburg; harassment.

Ruby M. Chaffins, 34, Hueysville; harassment.

Tina R. Ramey, 28, Martin; harassment.

William J. Osendott, 25, Inez; theft by unlawful taking.

Amy Elizabeth Combs, 37, Prestonsburg; harassment.

Inspections

Vance Quick Mart, Hi Hat, regular inspection. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods.

lack of numerically scaled thermometers for checking cooking and holding temperature of potentially hazardous food, food not protected during preparation, food not protected during storage, food contact surface of equipment and utensils not clean, sanitary towel or hand drying device not provided at lavatory or handwashing sink, garbage and refuse containers not covered as required, floors not in good repair, lighting not provided as required, cleaning and maintenance equipment not properly stored. Score: Food: 88, Retail: 94.

Peking Chinese Buffet, Prestonsburg, regular inspection. Violations noted: food not protected during storage, food not protected during service, floors not clean, floors not in good repair, light fixtures not shielded as required, cleaning and maintenance equipment not properly stored. Score: 95.

Save-A-Lot, Martin, regular inspection. Violations noted: cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing solution, improper storage of single-service articles, garbage and refuse containers not covered as required, floors not in good repair, light fixtures not shielded as required. Score: 94.

Hometown Pizza, Melvin, regular inspection. Violations noted: lack of properly maintained refrigeration, freezing and holding units for potentially hazardous foods, lack of effective hair restraints. Score: 95.

Osborne's Pizza, Teaberry, regular inspection. Violations noted: lack of numerically scaled thermometers for checking cooking and holding temperatures of potentially hazardous food, lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of effective hair restraints, improper storage of clean equipment and utensils.

Score: 97.

Property Transfers
Frederick Bishop to Elk Horn Coal Company, property located at Big Mud Creek.
Harold Bishop to Elk Horn Coal Company, property located at Big Mud Creek.
Michelle Bishop to Elk Horn Coal Company, property located at Big Mud Creek.
Carol Boudle to Glen Keith Davis, property located at Abner Fork.
Amber Cantrell to Andrea Meade and William S. Meade, property not listed.
Jeremy Cantrell to Andrea Meade and William S. Meade, property not listed.

Eloise D. Cowgill to Elk Horn Coal Company, property located at Big Mud Creek.
John C. Cowgill to Elk Horn Coal Company, property located at Big Mud Creek.
Shirley M. Diskete to Elk Horn Coal Company, property located at Big Mud Creek.
Charlotte Dodds to Elk Horn Coal Company, property located at Big Mud Creek.
Linda S. Dumars to Elk Horn Coal Company, property located at Big Mud Creek.
Zeda Faye Martin Goble to Jimmy Darrell Goble, property located at Hippo.
James R. Hamilton to Elk Horn Coal Company, property located at Big Mud Creek.

Charges Filed

Robert Derek Sykes, 40, Pikeville; operating a motor vehicle while under the influence of alcohol or drugs, leaving the scene of an accident, failure to render aid, no insurance, no or expired registration, failure to wear seatbelt.

Jimmy Perry, 54, Wheelwright; receiving stolen property.

Jimmy L. Perry Jr., 26, Wheelwright; receiving stolen property.

Brandy Moore, 24, McDowell; second-degree assault, public intoxication.

Mina Howard, 43, Prestonsburg; driving under the influence on a suspended license, no insurance, giving officers false name or address, third-degree escape, second-degree wanton endangerment, disorderly conduct, resisting arrest.

Selena Leslie, 36, Prestonsburg; theft by unlawful taking.

Colleen Gay Compton, 62, Allen; criminal mischief.

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Viewpoint

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Worth Repeating ...

People are, if anything, more touchy about being thought silly than they are about being thought unjust.

— E. B. White

Guest View

To be napping is to be virtuous

A finding in a new report from the Pew Research Center about American lifestyles comes as a pleasant surprise: One-third of all adults in the United States admit to taking a nap every day.

The national napping rate is consistent between women and men. It extends across age groups, though 52 percent of those 80 and older take a daily nap. It extends throughout all geographic regions. Those earning less than \$30,000 a year nap more frequently than more affluent Americans. Blacks are more likely to nap than whites or Hispanics, but among all demographic groups, at least one in three Americans grabs a few Zs during the day.

In a no-go culture that equates snoozing with laziness, the nappers are healthy — and reassuring.

Power nappers will tell you that to nod off is to be refreshed and energized, to be more productive. Among their ranks are some of history's highest achievers: Winston Churchill, Thomas Edison, Eleanor Roosevelt and John D. Rockefeller, all of whom worked a snooze into their daytime routines.

Baseball great Yogi Berra is reported to have said that he naps "two hours a day" — between "1 p.m. and 4 p.m."

One prolific source of napping scholarship is NASA; astronauts' life in space is night-and-day different from their earthbound routines. NASA researchers have found that the nap is no substitute for a solid stretch of sleep (eight hours, ideally). And people napping for too long can end up groggy and less productive, a condition called "sleep inertia."

But a time-limited snooze has been found to work wonders for what's known as "working memory." That's the ability to perform one task while keeping in mind other tasks that need to be done. A nap makes you sharper and less prone to mistakes.

The New York Times report of the Pew survey quotes a "sleep expert" from Cornell University who argues that napping "should have the status of daily exercise." That sounds about right.

There's much information available on the best time (mid-afternoon) and conditions (a dark, cold room with a warm blanket) for a nap. But there's almost nothing available that describes how a working stiff can catch a little shut-eye without jeopardizing his job.

One how-to website offers elaborate advice. Much of it revolves around subterfuge ("take your catnap under coats or behind boxes") or outright lying ("say you've got narcolepsy if someone catches you.")

Telling the truth was a main tenet of Robert Fulghum's 1986 best-seller, "All I Really Need to Know I Learned in Kindergarten." So is the wisdom of a nap. Wise bosses would encourage it.

Now if you'll excuse us, we need to find our blanket.

— St. Louis Post-Dispatch

SPAM
SPAM IS BACK WITH A VENGEANCE! SO IF YOUR EMAIL INBOX SEEMS MORE JAMMED THAN USUAL, YOU'RE IN GOOD COMPANY. SECURITY COMPANY McAfee RECORDED LAST WEEK THAT "SPAM VOLUMES HAVE INCREASED 141 PERCENT SINCE MARCH" OF THIS YEAR. THE COMPANY ATTRIBUTES THE SPAM SURGE TO ZOMBIE BOTNETS — INFECTED COMPUTERS THAT ARE UNKNOWNLY COMPROMISED WITH A NASTY VIRUS. McAfee ESTIMATES THAT 150,000 NEW COMPUTERS ARE COMPROMISED IN THIS MANNER EVERY DAY.

SURE, SPAM IS ANNOYING, BUT KEEP IT IN CONTEXT. THERE'S NEVER BEEN A TECHNOLOGICAL ADVANCE THAT DIDN'T HAVE A DOWNSIDE. CARS EMIT CARBON DIOXIDE AFTER ALL. SO NEXT TIME YOU'RE DELETING SPAM SPIT OUT FROM A ZOMBIE COMPUTER THAT'S BEEN HIJACKED BY SOME VIRUS, JUST BE GRATEFUL THAT YOU'RE NOT HORMEL, THE COMPANY WHOSE BRAND NAME HAS BEEN HIJACKED BY POPULAR CULTURE.

"IF THE ECONOMY COULD RETIREMENT AS SPAM HAS DONE AS MUCH HAPPIER WITH OUR RETIREMENT ACCOUNTS." — MGAfee REPORT AS QUOTED BY NBCGuide



GOOD SPAM DELICIOUS AND NUTRITIOUS	WHAT IS IT?	WHO MAKES IT? GOOD COOKS	COOKED UP IN: MINNESOTA, A FRIENDLY PLACE	COMES FROM: PIGS
BAD SPAM SUSPICIOUS AND MALICIOUS		BAD CROOKS	A BLACK HOLE IN CYBERSPACE	SWINE

Guest column

A legislative perspective

by REP. GREG STUMBO
SPEAKER OF THE HOUSE

Of all the programs funded by this year's federal stimulus package for the states, one in particular holds a lot of promise for families looking to enjoy their home's comfort level high and their energy bills low.

This renewed effort to weatherize homes across the nation is expected to bring Kentucky up to \$70 million over the next three years. That will enable us to help as many as 9,000 homes qualify for as much as \$6,500 for energy-conservation upgrades.

Community Action Kentucky, which works with nearly two dozen community action agencies across the state, will administer the program. They will oversee local weatherization providers that will both assess homes and then carry out the work, which ranges from adding insulation and closing leaks to repairing or

replacing inefficient heating systems. Smoke alarms and carbon monoxide detectors could be included as well.

To qualify, homeowners need to have a household income less than \$44,100 for a family of four and \$51,580 for a family of five.

Other guidelines will then prioritize those who qualify. Families who have children six and younger or whose children may be at risk of being removed because of substandard living conditions would get higher priority, as would families with elderly or disabled members and those with high fuel costs. Renews are generally not included, though there are some exceptions.

There are studies showing that families could save nearly a third on their energy bills by weatherizing their homes. For every \$1 invested, there is \$2.73 in savings when factoring in all of the benefits, and for every \$1 million spent, 75 jobs are created.

This weatherization effort complements the work the Community Action network does each winter for the Low-Income Home Energy Assistance Program (LIEHEAP), which has also received a significant

boost. Last fall, we learned that Kentucky would be getting \$68 million for LIEHEAP, more than double what we normally receive from the federal government for those at-risk.

This extra funding helped Kentucky's Community Action agencies serve nearly 250,000 families last heating season, benefiting nearly 600,000 people.

My legislative colleagues and I are working with Community Action Kentucky to encourage more people to participate in the weatherization program and to be more aware of LIEHEAP when cold temperatures arrive. If you think you might be eligible, or if you would like to learn more, you can contact Community Action Kentucky, toll free, at 1-800-456-3452 or by visiting its website at www.kaca.org. Locally, Floyd County residents can call the Big Sandy Area Community Action Program at (606) 789-3641.

This program holds a lot of potential for our community, so I encourage you to either call or to pass this information on to someone you think might qualify.

House week in review

by REP. HUBERT COLLINS

The birthplace of American democracy became the birthplace of new ideas as state lawmakers and their staff from all 50 states met in Philadelphia last month to share solutions to current government problems and discuss the challenges that lie ahead.

The economy, education, health care, the environment, transportation and other issues dominated discussion during the five-day annual meeting of the National Conference of State Legislatures, a national group that provides research and networking opportunities for state legislatures while lobbying for their interests on Capitol Hill. Lawmakers and staff spent most of their time at the meeting in workshops or committee meetings relating to specific areas of expertise, while many afternoons were spent in group sessions that featured renowned speakers like Microsoft founder Bill Gates and former Reagan speechwriter and author Peggy Noonan.

Certainly one of the most engaging series of meetings at the conference was held by the NCSL Transportation Committee. As a member of this committee and as Chairman of the Kentucky House Transportation Committee, I have a keen interest in and insight into road, driver safety, aviation, railroad, waterway and other issues under the committee's jurisdiction. The effect these issues are having at the state and federal level captured my attention and that of my col-

leagues from across the nation in day-long seminars held during the July 20-24 conference.

The first meeting of the committee was a working group on public and private partnerships including those for public transit featuring experts from Harvard and transportation associations and agencies in Pennsylvania and Colorado. This was a perfect time to join with lawmakers from Alaska to Indiana for discussion on how successful public and private partnership legislation has been in their states, and how effective such partnerships can truly be.

Topics of the day tackled by the committee on July 21 included state involvement in aviation financing and administration, discussion of ignition interlock devices for drunk driving offenders, and NCSL policy resolutions on the REAL ID national ID card program that many states say will be one of the costliest federal mandates in recent history.

Real ID, a nutshell, requires that states comply with federal controls on state driver's licenses or other identification cards before the cards will be accepted for federal purposes after a certain date. As of right now, that date is Dec. 31, 2009.

Kentucky has not enacted any legislation so far concerning REAL ID and neither have many other states. The reason? Well, mostly, the cost. The federal Department of Homeland Security estimates that it will cost states up to \$3.9 billion to implement REAL ID although Congress has only appropriated \$150 million of that cost, leaving financially-strapped states with a massive unfunded mandate.

Recognizing the problem, the feds extended the state's initial May 2008 REAL ID compliance deadline to

Dec. 31, 2009 although that is little comfort to most states that are still unable to fund the mandate. NCSL's policy resolution, approved last May, urges Congress to work with the organization and state lawmakers on alternatives to REAL ID that would be fully funded by the federal government, such as the proposed Providing for Additional Security in States' Identification Act, or PASS ID.

I look forward to seeing how this resolution plays out in Washington in the months ahead, and will keep you informed of any progress.

One of our last actions as a committee during the convention was on July 22 when we met to discuss high-speed rail and its impact on American travel. This has become a hot topic, considering that the federal government has invested billions of dollars over the next few years in high-speed passenger rail. The committee learned about what federal funding is available for these projects and the states' perspective on proposed intercity rail projects.

The meeting was a lot of work with some play — including a night out at the Phillies/Cubs baseball game on July 20, an opening social event on July 21 at the National Constitution Center near Independence Hall where the Constitution was signed, and a reception hosted by Kentucky to preview the 2010 NCSL Annual Meeting that will be held in Louisville next summer.

I was glad to be part of the Philadelphia experience, and I look forward to helping host my colleagues from across the nation here in Kentucky next year as we meet once again to help solve critical problems facing our states.

The Times

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FLOYD COUNTY Sports

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NASCAR SPRINT CUP SERIES: Hot-starting Kyle Busch is now struggling

by MONTE DUTTON

Kyle Busch's Nationwide Series victory at Gateway International Raceway was his sixth of the season. Three times he has won at the Sprint Cup level. Busch also has won 12 of his seven Camping World Truck Series starts to date.

In the regular season. Twelve drivers will advance to the Chase for the Sprint Cup. Busch currently ranks 10th, and his edge over 13th-place Greg Biffle is only 13 points. In the first 19 races, even though he has won three times, Busch has finished in the top five only four times and six times in the top 10. By comparison, the points leader, Tony Stewart, has 15 top-10 finishes.

"Last year was a great year. It just seemed like everything fell into place. It was easy; easy to run up front, easy to win races. It just felt weird because it was just too easy." Busch began the 2008 Chase as the favorite. He had won eight times during the first 26 races. In the Chase, Busch opened with finishes of 34th, 43rd and 28th, leaving his championship hopes in ruin. He wound up 10th. Perhaps this year Busch, from Las Vegas, can get hot at the right time. "Through the year, the

regular 26 races (in 2008), everything was just easy," he said. "This year has been a struggle. Everything has been so hard. It's just so hard to gain any track position. It's hard to finish a race in the top five, let alone even in the top 10. "It's just pathetic. We've got to do something to change our performance where we can at least pass cars and go to the front instead of being in the front and letting cars pass us and trying to salvage a finish. It's not what wins races."

NASCAR SPRINT CUP DRIVER STANDINGS

Table with 2 columns: Driver Name and Points. 1. Tony Stewart (3,188), 2. Jimmie Johnson (2,991), 3. Jeff Gordon (2,989), 4. Kurt Busch (2,751), 5. Denny Hamlin (2,713), 6. Carl Edwards (2,665), 7. Kasey Kahne (2,642), 8. Juan Pablo Montoya (2,631), 9. Ryan Newman (2,627), 10. Mark Martin (2,622), 11. Matt Kenseth (2,564), 12. Greg Biffle (2,563), 13. Kyle Busch (2,482), 14. Brian Vickers (2,459), 15. Clint Bowyer (2,448)

Reds: Slip, sliding away

by RICK BENTLEY TIMES COLUMNIST

Our long national nightmare didn't quite end on Wednesday night when the Reds knocked off the Cubs 4-0.

Most likely, it just paused for a moment. But it was nice to see one go up in the "W" column for a change. The Reds ended an eight-game losing streak and a run of 14 losses in 15 tries to the win, which came courtesy three guys who had played a total of nine games for the club all season.

Perhaps that explains it. The big blast at the plate came from third baseman Scott Rolen, playing in his third game since being traded for Edwin Encarnacion on Friday. Rolen got all of one in the second inning to give the good guys a 2-0 lead.

An insurance run came later in the frame when the speed of Vladimir Balentien resulted in a throwing error and a run to make it 3-0.

From there it was all Justin Lehr, making his second appearance in the bigs in a season that began in the Phillie organization. He went the distance on Wednesday, allowing four hits and walking only one while striking out four in pitching only the third complete-game shutout of the season for the Reds.

So the Reds opened the 10-game home stand with a win and closed it with one. Unfortunately, the eight games in between didn't go so well. Think about this - 10 percent of the baseball season equates 16 games. The Reds lost 14 of 15. That's only one win in one game less than 10 percent of the season.

The reasons are endless. Yes there have been injuries. Yes the offense has been non-existent (during the eight-game losing streak, the Reds scored a total of 21 runs). The pitching, both from the starters and the pen, has been putrid.

The biggest surprise, I suppose, has been the once-vaunted rotation. Sure, they haven't had Edinson Volquez lately, but remember back in spring training when the Reds supposedly had seven solid starters? Two of them are on the disabled list now, one is locked in the bullpen and the

(See REDS, page SIX)

JC Fall Ball registration set

PAINTSVILLE - Johnson County Youth Baseball/Softball will host Fall Ball registration on Saturday from 8 a.m.-4 p.m. at the Johnson Central High School Softball Field. Fall Ball is for baseball and softball players ages 6-12. The registration fee for the fall baseball/softball league is \$20.

Johnson County Fall Ball Divisions Baseball: Rookie, ages 6-8; Minor/Minor, ages 9-12. Softball: 12 and under, 9 and under.



FLOYD COUNTY ALL-STARS COMPETE IN STATE GAMES

A select group of eight-year old and under boys was chosen to form the Floyd County All-Stars Baseball Team. All three Floyd County leagues - Prestonsburg, HAP (Harold-Allen-Prater) and Beaver Creek were represented. The All-Star team participated in the Bluegrass State Games held over the weekend in Lexington. The South Lexington All-Stars edged the Floyd County All-Stars in a fifth-inning heartbreaker Friday night. The Floyd County team, however, came to play on Saturday morning when it defeated the Knox County Young Guns in four innings. The Johnson County All-Stars eliminated the Floyd County All-Stars from the statewide tournament Saturday afternoon.

The team is pictured above. Back row (left to right): Kyle Watkins, Braxton Turner, Hunter Ousley, Cameron Slone, Cody Marsillett and Collin Ousley. Front row (left to right): Trey Layne, Matt Combs, Garrison Yates, Jake Hyden, Graham Burchett and Harrison Ward. Not pictured: Trevor Mohan.



TOURNEY CHAMPS

The Paintsville Yankees travel 9/10 baseball team took first place in the 2009 Back to School Bash Gold Division held at City Park in Morehead last Sunday. Pictured in the front row (from left to right): Mason Blair, Will Hedrick, Geordan Blanton, Braxton Kelly and Reese Ison. Back row (pictured from left to right): Ethan Osbourne, Brock Turner, Austin Collins, Braxton Rathoff and Jonathan McKenzie.

Betsy Layne, Allen Central play in State Games

by STEVE LEMASTER SPORTS EDITOR

Volleyball teams from Betsy Layne and Allen Central high schools competed in the Bluegrass States Games over the weekend. Both teams competed in the State Games less than two weeks before their respective season-openers.

The Betsy Layne varsity unit reached the Silver bracket after splitting pool play games. Betsy Layne defeated East Jessamine and dropped a match to Greenwood. Shelby County eliminated the Lady Cats. Audrey Ray (3 kills, 3 aces, 1 block) led the Lady Cats past East Jessamine. Keleigh Wagner (2 kills, 2

aces, 4 assists) and Allie Meade (2 kills, 1 ace, 3 assists) aided Betsy Layne in the win. Taylor Watkins recorded one kill and several tips in the opening match.

Betsy Layne defeated Greenwood in the first game of its match before dropping a pair of games. Ray, Watkins, Meade and Taylor Akers each had one kill for the Lady Cats. In addition, Ray served up two aces while Watkins added one block. Wagner set up three assists for the Lady Cats. Meade, Ray, Watkins and Wagner led Betsy Layne in the match versus Shelby County. Ray and Meade each had three aces for the Lady Cats. Watkins

and Cecelia Ray each had one ace for the Floyd County team. Watkins and Audrey Ray led at the net with four and two blocks, respectively.

The Betsy Layne Junior Varsity claimed a third-place finish after reaching the Bronze tournament. Katie Williams led the Betsy Layne JV team with seven kills throughout the Bluegrass State Games. Paige Watkins provided two blocks for the Lady Cats. Savannah Meade, Ashley Johnson, Paige Watkins and Katie Williams added aces for Betsy Layne en route to the third-place finish. The Allen Central varsity and junior varsity squads faced tough competition in the State Games.

On the varsity level, Allen Central fell to Owensboro Catholic in the first round. Ryle upended Allen Central in junior varsity competition.

"Our girls did well at the Bluegrass State Games," commented Allen Central Coach Larry Maynard. "Although beat out in the first round by Ryle in the JV division and Owensboro Catholic in the Varsity division, I was proud of the way our girls played. Both Ryle and OC won the divisions. It took three games for OC to defeat us and I still believe it should not have happened."

Allen Central will host its annual preseason invitational tournament Saturday.

PC football schedule features six night games

TIMES STAFF REPORT

PIKEVILLE - The 2009 edition of the Pikeville College Bears football team will break from tradition when it comes to scheduling.

Whereas in the past the Mid-South Conference has stuck to a guide of playing most games on Saturday afternoon at 1:30, the 2009 Bears will play three Thursday evenings, half of the six night games on this year's schedule.

The schedule adjustments are largely due to a pending media agreement involving the Mid-South Conference. Should the deal be finalized, the Bears would be featured five consecutive weeks.

That is one of two media-related changes for the Bears. This year, all Pikeville College football games as well as men's basketball contests will move to Classic Rock 103.1 WPKE-FM. In the past, the Bears have been on the Oldies Radio Network and the Talk Radio Network. All of these stations are part of East Kentucky Broadcasting.

For the 10th straight season, all games will be carried on WPKG-TV's 5th channel.

Night games are not uncommon in the early part of the season for the Bears, but this year they are played as late as Oct. 29, the last of three Thursday night games on the grid. All of the Thursday games are on the road. They are Sept. 10 at Tennessee Tech University, a member of the Ohio Valley Conference, which kicks off at 8 p.m., followed by back-to-back Thursdays on Oct. 22 at U.Va.-Wise and the 29th at Georgetown.

The last two are set for 6 p.m. kickoffs.

The Bears open the season at home on Labor Day weekend, a Sept. 5 matchup with Brevard, N.C. College, which kicks off at 6 p.m. They travel to Cookeville to play TTU five days later. Tennessee Tech is the only team on this year's schedule the Bears haven't played in the past.

Pikeville heads to Rome, Ga., the following weekend for a matchup with MSC West Division foe Shorter College on Sept. 19. It is the first of only three games played in the traditional Saturday at 1:30 time slot.

September ends with a home game against Kentucky Christian University on the 26 at 6 p.m.

October will feature five games, with only two played at home. The Bears play three straight Saturdays - home games the 3rd and 17th against MSC East opponents Cumberlands (1:30 p.m.) and Union (6 p.m.), respectively - sandwiched around a trip to McKendree College in a 1 p.m. Eastern start.

The October portion of the schedule ends with the Thursday night trips to Wise and Georgetown.

Both November games are at home and in the afternoon - a 2:30 kickoff on the 7th against WVU Tech and the regular-season finale on the 14th against Campbellsville, a 1:30 start.

Kentucky Afield Outdoors: Stream Wading Safety

TIMES STAFF REPORT

FRANKFORT — All was calm when we stepped into Elkhorn Creek that summer afternoon. The clear, cool water rolled by steadily, lapping us about hip-level as we meandered slowly downstream, casting our spinning rods for bass. The five of us easily kept our footing on the moss-covered creek bottom.

Two hours later, we were in a different creek. The water had risen more than a foot as a slug of muddy, post-rain current barreled down from Lexington. Several inches shorter than my fishing buddies, I leaned against the current almost neck-high in water. I was scared. I wanted out of that creek, but struggling toward the bank was like swimming in quicksand.

After 15 minutes that seemed like an hour, I stepped gratefully up onto the bank.

The lesson I learned on my first stream wading trip stuck with me. Though wading can be a relaxing, fun way to fish on a hot summer day, streams can also be unpredictable.

Dave Dreyves, a fisheries research biologist for the Kentucky Department of Fish and Wildlife Resources, recalls some hair-raising wading trips in Colorado and Wyoming. Even in Kentucky, though, some streams require extra precaution.

"I've been on Rock Creek down in McCreary County, shocking for trout, and that's some tough wading," he said. "It's aptly named. Everywhere you step, you're slipping on the large, rounded rocks littering the stream bottom."

Stream anglers need good shoes to handle uneven creek bottoms. Old sneakers can work, as long as they still possess some tread. But shoes or boots made specifically for

wading do a better job of gripping rocks and keeping anglers from slipping. Dreyves said that while felt-soled, wade boots have been popular for years, recent concerns about invasive plants in streams may be changing that.

"Felt is ideal for transporting those invasive exotic species from one stream to another," Dreyves said. "So a lot of people are going away from felt and getting boots with cleats or spikes instead."

A wading staff can also help anglers keep their footing in fast current, as well as allowing them to test the depth of the stream before taking their next step. Collapsible models are available that fold up and clip onto a belt.

Dreyves cautions anglers to carefully choose the location where they cross a stream. Current and depth can be much different in the middle of the stream than near the

bank.

"You want to always plant one foot before you lift the rear foot. Make sure you've got a strong hold," he said. "If the gravel is loose, the turbulence around your ankle and lower leg can wash the gravel out from under you."

Anglers can also reduce the current's pull in deep water by turning sideways, facing the bank, rather than standing broadside. This creates less surface area for the current to catch your legs than if you face it head-on. Take small, sliding steps rather than lifting your feet high to avoid being pulled by the flow.

"Always wear a wader belt if you're using waders," said Dreyves. "It cinches your waders up; that way they don't fill so rapidly with water if you fall. It's hard to swim with gallons of water in your waders."

The question of life vests is a tricky one for stream waders.

Many anglers simply don't wear them because vests can get in the way of fishing, particularly for fly anglers. Vests are an important consideration for anglers wading in tailwater areas, as the water may be subject to sudden rise and an unexpectedly strong current.

Life vests that inflate automatically when they hit water are lightweight and manageable. However, they can inflate when you don't want them to if you're wading in deep water. A possible compromise is a manually inflatable life jacket. When not in use, the jacket lies flat against the body. Wearers must pull a cord to inflate it if they need a flotation device.

"I can tell you from experience that when you strap it on, you're going to forget you have it on," said Sgt. John Anderson, boating education coordinator for Kentucky Fish and Wildlife. "But you have to

have your wits about you to use it. If you hit your head and you're unconscious, it would be awfully nice to have a vest. It manually inflatable life jackets are a compromise between having a vest and having nothing."

Finally, always check stream conditions before you go wading. The U.S. Geological Survey website lists water flows on streams and creeks throughout Kentucky. Check the site at waterdata.usgs.gov/nwis. Scroll to "Kentucky" in the upper right corner drop box, click on the "real time data" button and then "statewide streamflow table."

Stream wading is a great way to beat the heat and catch some fish this summer. But keep safety in mind. With the right equipment and information, you'll keep your feet on the ground and your head above water.

Public input sought on deer management during meetings

TIMES STAFF REPORT

FRANKFORT — The Kentucky Department of Fish and Wildlife Resources is holding a series of six public meetings to gather input from hunters, landowners and concerned citizens about deer management in the coming years. People can voice their opinion about season dates, hunting zones and bag limits, the primary ways Kentucky manages its deer herd.

"This is an opportunity for the public to provide their thoughts on the direction of long-range deer management in Kentucky," said Tina Brunjes, big game coordinator for Kentucky Fish and Wildlife. "We want people to be active partners in helping us decide the direction to take."

Kentucky's deer herd number is at an all-time high. The state consistently ranks in the top five nationally for trophy bucks recognized by the Boone and Crockett Club.

"The deer resource is better than ever across the state, thanks to the management program enacted nearly two

decades ago," Brunjes said. "To continue this, we feel it is time to examine the state of our deer program and assess methods for its continued success."

Kentucky Fish and Wildlife officials plan to revise the state's deer management plan, which was originally written to grow the deer herd. The new plan will serve as a map to keep the population of deer at acceptable levels to the public while maintaining the quality of Kentucky's white-tailed deer.

"Before we lay pen to paper, we need the input of our hunters and landowners," Brunjes said. "They are the critical tool in managing deer."

Kentucky Fish and Wildlife officials will hold six public meetings this month across the state for public input. All meetings will begin at 6 p.m. local time.

Scheduled locations and dates include:

- Bowling Green: Kentucky Community and Technical College System, 221 Commonwealth Boulevard, Transpark Center, Aug. 10.

Northern Kentucky: Lloyd Wildlife Management Area (WMA) clubhouse, Crittenden, Aug. 11.

Paducah: West Kentucky WMA Club House, 1053 Ogden Landing Road, Kevil, August 19.

London: North Laurel High School Gym, 1300 East Daniel Boone Parkway, London, August 20.

Ashland: Northeastern Fish and Game Association Club House, Herbert C. Ross Drive, Aug. 24. From Ashland, follow US 60 West to KY 180. Continue until passing underneath the Interstate 64 bridges, then turn right on South Big Run Road. Go 1.6 miles, turn left on Herbert C. Ross Drive.

Frankfort: UK Extension Office, Rooms E & F, 101 Lakeview Ct., Frankfort, August 27.

Those unable to attend these meetings may also provide written comments about deer management in Kentucky. Send letters on this issue to: Tina Brunjes, Kentucky Fish and Wildlife, #1 Sportsman's Lane, Frankfort, Ky. 40601.

Kendrick to join UK team; Rumph going to junior college

TIMES STAFF REPORT

LEXINGTON — University of Kentucky football signee Anthony Kendrick will join the team in August while signee Donte Rumph plans to go to junior college, Coach Rich Brooks has announced.

Kendrick is a 6-3, 220-pound tight end/wide receiver from Katy, Texas. He was a two-sport star in football and basketball, receiving Division I offers in both sports. He was the nation's No. 30 tight-end prospect as listed by Rivals.com. He was a big-play performer for Seven Lakes High School, averaging more than 17 yards per catch as a junior and senior.

Rumph, a defensive lineman from St. Matthews, S.C., originally signed with Kentucky in 2008. He was a first-team all-state honoree at Calhoun County High School.

Brooks also announced that wide receiver signee Brian Adams (Gainesville, Ga.) will report to campus for the beginning of school on Aug. 26, but will not participate in the contact portions of practice this season. Adams had hip surgery in July and hopes to return to full action in spring practice.

Earlier, Brooks announced that three other signees, wide receiver Justin Bean (Tupelo, Miss.), defensive end Demetri Merritt (LaGrange, Ga.) and tight end Terrell Mitchell (Hiram, Ga.) will attend prep school or junior college in the fall of 2009.

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'Awesome Bill' Elliott still running hard

by MONTE DUTTON

SPEEDWAY, Ind. — Veteran driver Bill Elliott, the 1988 champion of what is now known as the Sprint Cup Series, wound up finishing 26th in the Allstate 400 at the Brickyard, but not before he turned heads with a fourth-place qualifying effort.

Elliott, 53, now competes only part-time for what was once the number one team in the Cup schedule, the Wood Brothers. The most recent of his 44 career victories occurred Nov. 9, 2003, at North Carolina Speedway in Rockingham, a track no longer on the Cup schedule.

The second-row qualifying effort erased a particularly bad memory for Elliott, who won at Indianapolis Motor Speedway in 2002. Wood Brothers Racing, a team that dates back to 1953, has won 96 races over the years.

After his Indy qualifying run, Elliott said, "All that kept going

through my head was here a year ago, and how bad we screwed up in qualifying. It hurt so bad, missing this race a year ago, and being able to come back here (and qualify near the front) meant a lot."

"(Co-owners) Len and Eddie (Wood) have really worked to give me something to drive, and I've been working my butt off making sure that I haven't let them down on the other side."

Elliott, from Dawsonville, Ga., is paired with crew chief David Hyder.

"I can't say enough good things about (the team)," said Elliott. "We're kind of meshed. We're able to get input back and forth. We're working so well together right now, and that's so important."

"I'm proud to get in this race car when we come to the track. They've done so much work."

Elliott takes heart in the performance of another veteran,

Mark Martin, who, at age 50, has already won four Cup races this year.

"If a 50-year-old can win, I think a few more years ain't going to hurt a thing," he said, referring to Martin.

Among Elliott's predecessors in the No. 21 Motorcraft Ford were team co-founder Glen Wood, Cale Yarborough, Neil Bonnett, Buddy Baker, Dale Jarrett, Kyle Petty and, most notably, David Pearson.

Monte Dutton has covered motorsports for *The Gaston (N.C.) Gazette* since 1993. He was named *writer of the year* by the *National Motorsports Press Association* in 2008. His blog *NASCAR This Week* (<http://thisweekinracing.com>) features all of his reporting on racing, roots music and life on the road. E-mail: Monte@nascar_thisweek@yahoo.com.

EKU football team returns to practice

TIMES STAFF REPORT

RICHMOND — The 2009 edition of the Eastern Kentucky University football team took the field Wednesday night for the first of 29 preseason practices. This was the first activity on the new syn-

thetic surface at Roy Kidd Stadium.

All preseason practices are open to the public. Colonel supporters and media are more than welcome to attend.

Eastern Kentucky will be in search of its 32nd consecutive winning season and third

straight Ohio Valley Conference title this fall. Last year, the Colonels advanced to the NCAA Division I FCS playoffs for a record 19th time.

Prestonsburg High School graduate Wes Woods is an offensive lineman for the EKU football team.



of Prestonsburg

SPORTS FAN

OF THE WEEK



If you are the sports fan circled here...
it's your lucky day!

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at DAIRY QUEEN OF PRESTONSBURG. When claiming your ice cream cake, present this newspaper.

Reds

others have been less than spectacular.

How about this for some mind-altering stats on the starters, courtesy Wednesday's game notes: In the 27 previous games, the starting pitchers combined to go 3-19 with a 6.98 ERA. Of the three wins, Bronson Arroyo got two of them, pitching 16 consecutive shutout innings. The other went to Homer Bailey on July 27, when he went 7-1/3, allowing three runs.

In the other 24 starts, the first pitcher out had gone 0-19 with an 8.06 ERA.

I'll pause while you re-read that last sentence.

As you can tell, those numbers would fall any team in the game, including the "27 Yankees."

You have to wonder what the powers that be in the organization are thinking at this point. Yes, there have been injuries, but still, the team has struggled mightily. At some point, you'd think Dusty Baker has to be held accountable.

I know one thing, I'll never argue with my friend Danny Duty about baseball. The Sunday after the Reds hired Baker he asked me about it at church. I said I was excited. He shook his head. A longtime

Cubs fan who'd seen this act before, Duty said, "He'll ruin your pitching staff."

How many nights have those words echoed through my mind after Baker left a starter in for one too many batters.

And when the trade deadline saw Encarnacion and Jerry Hairston Jr. dealt, the Reds took the field last Friday with two — count 'em — starters in the lineup. They put Joey Votto at first and Brandon Phillips at second. The rest were hardly big-league caliber players.

Then there's rookie catcher Ryan Hanigan, who I like a lot. He's hitting .308 on the season and has thrown out 47 percent of would-be base stealers and leads NL rookies in on-base percentage. But on Wednesday, Thom Brennaman reported his last RBI came in early June. Surely he's had an opportunity or two since, right?

About two weeks ago — just about the time the Reds went on this 14-of-15 streak — I told Bill Watson I was pretty sure the Reds would finish last in the Central. He scoffed, noting how Pittsburgh had given up after trading Adam LaRoche. I stood by my statement then and do now.

Continued from p5

The losing skid may have ended, but I'm afraid our long national nightmare is just getting started.

Lady Patriots to host golf scramble

TIMES STAFF REPORT

HINDMAN — The Knott County Central High School Lady Patriot girls' basketball team will host a golf scramble, beginning at 9 a.m. on Saturday, Aug. 15 at Raven Rock Golf Course in Jenkins. The scramble will be best ball format with a shotgun start. The first place prize will be a \$400 pro shop gift certificate. The second place team will receive a \$200 pro shop gift certificate. Entry fee is \$200 per four-member team.

For more information, call Larry "Drum" Thornberry (606/785-3153, 606-438-2839), Chris Amburgey (606/785-5569) or Greg King (606/785-3157).

Am

Public Health urges good hygiene habits to avoid swine flu

FRANKFORT — Kentucky Department for Public Health (DPH) officials are reminding Kentuckians to practice basic precautions such as hand washing and staying home when sick to help prevent the spread of novel H1N1 influenza (swine flu) as the state moves into the back to school season.

"Like the rest of the nation, we have continued to detect cases of H1N1 over the summer," said William Hacker, M.D., commissioner of DPH. "While the spread of H1N1 has been at a reduced rate in the past few months, we remain concerned about how widespread it may become as we move into the fall and our regular flu season. We want to remind Kentuckians to stay aware of new developments related to the flu and to focus on practicing good health

habits." The Centers for Disease Control and Prevention (CDC) has told states to expect an increase in the number of cases of the H1N1 flu strain first identified in the spring, and which has since been declared a worldwide pandemic. Kentucky is also planning for a potential H1N1 vaccination campaign once vaccine becomes available.

Because the flu can spread easily among people in close contact and H1N1 has been more common in young people, health officials say it is especially important for those in school, day care or similar settings to practice good hygiene habits during the coming months. Common sense precautions to prevent illness include: avoiding close contact with those who are ill; staying home when sick; cov-

ering the mouth and nose when coughing or sneezing; avoiding touching the eyes, nose or mouth; and frequent hand washing.

Letters with information about H1N1 were recently sent to all Kentucky public school superintendents, in partnership with the Kentucky Department of Education.

"Kentucky public health is working closely with partners at the local, state and federal levels to respond appropriately to the H1N1 pandemic and to the regular seasonal flu that we expect later this year," said Dr. Hacker. "The illness that H1N1 causes is very similar to the seasonal flu to date, and most cases have not resulted in serious complications. We want parents to encourage good health practices among their children."

Symptoms of H1N1

influenza include fever, chills, headache, sore throat, cough, body aches, and may include vomiting or diarrhea. Individuals at higher risk for complications—such as those with chronic health conditions or who are pregnant—should contact a health care provider early, in case treatment with antiviral medication is necessary.

Recently the CDC stopped collecting and reporting case totals of H1N1 by state because surveillance efforts are meant to serve as a tracking system to follow the patterns and types of flu each year, rather than reflecting a full count of all flu cases. At this time, the majority of flu cases in the country are H1N1. Effective immediately, DPH will begin reporting a weekly level of flu activity on <http://healthalerts.ky.gov>

instead of individual case counts.

"Currently, Kentucky's flu activity is classified as "sporadic," the lowest level indicating flu activity. Once seasonal flu strains begin to circulate, culture-confirmed case counts will also be available on a weekly basis, to give an indication of what types of flu are circulating throughout the state.

"Now that we have established that the new H1N1 strain is circulating widely throughout Kentucky, the nation and the world, we are transitioning to the same type of tracking system that we use for seasonal flu," said Craig Humbaugh, M.D., state epidemiologist at DPH. "We will continue to make information about any new developments regarding H1N1 available immediately, and to report the

results of our surveillance efforts to monitor the spread of illness during the upcoming flu season."

Gov. Steve Beshear recently announced that Kentucky will hold a statewide Pandemic Influenza Summit on Sept. 3 at the Frankfort Convention Center to assist private and public stakeholders in preparing for any developments related to the novel H1N1 flu strain in the months ahead. Information on registration will be available soon.

For more information on swine flu, visit: www.flu.gov. Individuals can also visit <http://healthalerts.ky.gov> for information on H1N1 and Kentucky, or follow KYHealthAlerts on Twitter to be notified when new information is posted at the Web site.

Arrest

making statements that she was the person identified on the license, police said.

When another officer arrived on scene to assist, he positively identified Howard and she was then placed under arrest, but not before shifting her vehicle into drive. Officers reached into the vehicle and placed it back into park, but said Howard then slammed the door, striking the officer, and placed the vehicle back into drive and attempted to run.

While inside the car, it was stated in the police report that Howard then struck the officer again and continued to resist arrest until taken successfully into custody.

Howard was charged with driving on a DUI-suspended license, no insurance, giving officers a false name or address, third-degree escape, second-degree wanton endangerment, disorderly conduct and resisting arrest.

Wreck

from the Pike County line when police located them.

At that time, Sykes allegedly smelled of alcohol and refused a sobriety test when asked by police to submit to one, and later refused a blood test when taken to the hospital himself.

When stopped along Route 122, police said Sykes told them he was "walking to a friend's house." The officers,

who had stopped Sykes at the house he had alleged was a friend's, asked the residents if they knew Sykes and the people responded that "they had never seen this man."

Sykes was charged with operating a motor vehicle while under the influence of alcohol or drugs, leaving the scene of an accident, failing to render aid or assistance, no insurance and no registration.

Horse

came up on Wednesday and gave it a lot of medicine and vitamins. He probably did a couple hundred dollars of work pretty much for free. Also, people have been donating stuff like feed and other supplies."

According to Fannin, who helped remove the horse from the property where it was located, neighbors said that another horse is somewhere on the property.

"They said it was in just about as bad of shape," Fannin said. "When we found this horse, it was lying on the ground in a garage. We are trying to locate the other horse."

Castle is being held at the Floyd County Detention Center on a \$2,500 cash bond.

For more information on donating items to help the horse, contact Jerry Fannin at (606) 886-2335.

Energy

cient boilers, retrofitted fluorescent lamps, LED exit lights, turning off water heaters at night, isolating gym floor lights and other future plans.

The board has also joined two programs that promote conservation and energy efficiency, becoming part of the Kentucky Energy Efficiency Program for Schools in November and also becoming an Energy Star partner.

The maintenance department presents a utility report

for each specific school where the Floyd County Board of Education holds its monthly meetings, and board members have the opportunity to ask questions about specific findings and to see if the move toward being energy efficient is paying off. The most recent report was for Allen Central High School, with all utilities for the building showing a decrease of \$22,587.99 from 2006 to 2008.

Obituaries

es were held Wednesday, August 5, under the direction of Grandstaff-Hentgen Funeral Service, Wabash.

■ Dianna Sue Harris Wells, 54 of Van Lear, died Tuesday, August 4, at Highland Regional Medical Center, Prestonsburg. Funeral services were held Thursday, August 6, under the direction of Phelps & Son Funeral Home, Paintsville.

■ Anna Faye Ramey Younce, 62, of River, a Floyd County native, died Wednesday, August 5, at her residence. She is survived by her husband, Ronald K. Younce. Funeral services will

be held Friday, August 7, under the direction of Jones-Preston Funeral Home.

■ **MAGOFFIN COUNTY**

■ Betty Meade Francis of Salyersville died Sunday, August 2. Funeral services were held Wednesday, August 5, under the direction of Magoffin County Funeral Home.

■ Chalmer Stephens, 66, of Salyersville, died Tuesday, August 4. Funeral services were held Thursday, August 5, under the direction of Magoffin County Funeral Home.

Unfortunately, some parents skip important step number three: Booster seats. Because their children have outgrown toddler seats, they mistakenly assume a safety belt is the next step. However, safety belts alone can be dangerous for kids who are under 4'9". Because safety belts don't fit these children properly, they can cause serious injuries to their face, neck and abdomen during a crash or sudden stop. In fact, kids 2-5 who wear

the four safety-belt steps are not magical ... they're critical.

safety belts alone are 4 times more likely to suffer head injuries than kids in car seats and booster seats. In addition, children 4-7 who use booster seats are a whopping 59% less likely to be injured in a crash than those only restrained by a safety belt. Booster seats raise your child up so that a safety belt (designed for adults) will fit and protect them properly. Remember, 4'9" is the magic number. Until then, kids really need to be in a booster seat. Booster seats work like... well, you know.

1 infant seat
2 toddler seat
3 booster seat
4 safety belt

www.boosterseat.gov

FAST AND FRESH

Terrific meals in no time

FAMILY FEATURES

Summer calls for light meals that are full of flavor and can be tossed together in no time. To take advantage of summer's fresh produce, award winning cookbook author and teacher Joanne Weir teamed up with Lindsay Olives to create simple and delicious signature recipes for summer eating.

Quick and easy to prepare, these tosses can be made in advance and enjoyed in multiple ways throughout the week.

Fresh-From-the-Garden Olive Toss: Fresh chives, parsley, lively lemon zest and savory olives bring summer to any dish.

Mediterranean Olive Toss: All the flavors of the Mediterranean come together in a tasty, sun-kissed marriage of tomatoes, olives, garbanzo beans, capers, garlic, herbs and balsamic vinegar.

Santa Fe Olive Toss: The taste of the Southwest comes alive with tangy olives, black beans, corn, cumin and fresh cilantro to create this Southwestern confetti.

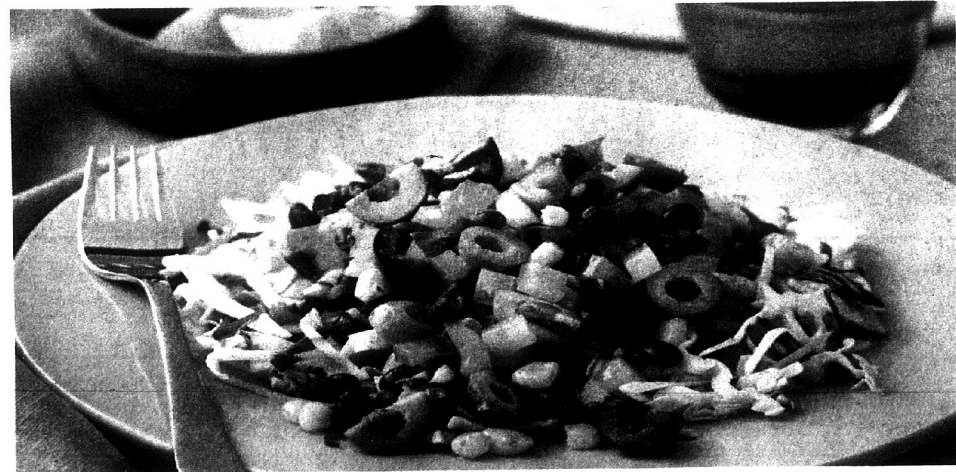
Toss any of these with just-picked lettuces or cabbage, mix with hot or cold cooked rice or pasta, or serve on top of grilled chicken breast, skirt steak, or a barbecued turkey burger. At approximately 100 calories per serving, each Lindsay Olive Toss recipe is a tasty, healthy way to enjoy summer dining. For more easy summer recipes, visit www.lindsayolives.com.



Fresh-From-the-Garden Olive Toss adds a fresh, savory taste to grilled chicken breasts.



Mediterranean Olive Toss transforms rotini — whether served hot or at room temperature.



The taste of the Southwest comes alive when Santa Fe Olive Toss is served on slaw.

Mediterranean Olive Toss

Prep time: 30 minutes
Servings: 10
Serving size: 1/2 cup

- 1 jar (5.75 ounces) Lindsay Pimiento Stuffed Spanish Manzanilla Olives, drained, coarsely chopped or 1 jar (4.5 ounces) Lindsay Garlic Stuffed Queen Olives or 1 jar (6 ounces) Lindsay Greek Kalamata Pitted Olives
- 12 cherry tomatoes, halved
- 1 small red bell pepper, stemmed, seeded, and diced
- 1/2 red onion, peeled, and diced
- 1 cup canned garbanzo beans, drained and rinsed (about 5 ounces)
- 3 tablespoons drained capers
- 2 tablespoons balsamic vinegar or red wine vinegar
- 4 tablespoons extra virgin olive oil
- 1 clove garlic, minced
- 3 tablespoons chopped fresh basil
- 2 teaspoons chopped fresh oregano
- Salt and freshly ground black pepper to taste
- 4 ounces feta cheese, coarsely crumbled

In medium bowl combine olives, tomatoes, peppers, onions, beans and capers.

In small bowl, whisk together vinegar, olive oil and garlic. Add to olive mixture with basil and oregano; mix well. Season to taste with salt and pepper. Add feta and very gently toss together.

Do ahead: Can be made in advance and will keep for 7 days in your refrigerator.

Nutrients per serving: 147 calories, 99 calories from fat, 11g total fat, 6g monounsaturated fat, 10mg cholesterol, 588mg sodium, 8g total carbohydrates, 2g dietary fiber, 4g protein

Fresh-From-the-Garden Olive Toss

Prep time: 30 minutes
Servings: 10
Serving size: 1/2 cup

- 1/2 cup Lindsay Black Ripe Pitted Olives, drained, coarsely chopped
- 1/2 cup Lindsay Naturals Green Ripe California Pitted Olives, drained, coarsely chopped
- 1 small celery stalk, diced
- 1 medium carrot, diced
- 1/4 Maui or other sweet onion, diced
- 1/2 cucumber, peeled, seeded, and diced
- 1 small green zucchini, unpeeled and diced
- 1 small yellow squash, unpeeled and diced
- 12 cherry tomatoes, halved
- 2 tablespoons chopped fresh parsley
- 2 tablespoons fresh chives, thinly sliced or 2 tablespoons dried chives
- 1 tablespoon finely shredded lemon peel
- 2 tablespoons freshly squeezed lemon juice
- 4 tablespoons extra virgin olive oil
- Salt and freshly ground black pepper to taste

In a medium bowl combine olives, celery, carrot, onion, cucumber, zucchini, yellow squash, cherry tomatoes, parsley and chives. Add lemon peel, lemon juice and extra virgin olive oil to bowl, mix well. Season to taste with salt and pepper.

Do ahead: Can be made in advance and will keep for 7 days in the refrigerator.

Nutrients per serving: 89 calories, 72 calories from fat, 8g total fat, 6g monounsaturated fat, 0mg cholesterol, 136mg sodium, 4g total carbohydrates, 2g dietary fiber, 1g protein

Santa Fe Olive Toss

Prep time: 30 minutes
Servings: 10
Serving size: 1/2 cup

- 1 1/2 jars (4.5 ounces) Lindsay Spicy Jalapeño Flavor-full Queen Olives, drained, coarsely chopped (about 1 1/2 cups) or 1 can (6 ounces) Lindsay Black Ripe Pitted Olives or about 1 1/2 cups Lindsay Naturals Green Ripe California Pitted Olives, drained, coarsely chopped
- 1 ear cooked corn, cooled and kernels cut off the cob or 4 ounces canned sweet corn
- 1 small red bell pepper, stemmed, seeded, and diced
- 1 small yellow bell pepper, stemmed, seeded, and diced
- 5 green onions, thinly sliced
- 3/4 cup canned black beans, rinsed and drained
- 2 tablespoons freshly squeezed lime juice
- 4 tablespoons extra virgin olive oil
- 1 teaspoon ground cumin
- 1 teaspoon chili powder
- 1/4 cup chopped fresh cilantro
- Salt and freshly ground black pepper to taste

Combine olives, corn, peppers, green onions and black beans. In small bowl, whisk together lime juice and olive oil. Add cumin, chili powder and cilantro to olive mixture; mix well. Taste and season with salt and pepper as needed.

Do ahead: Can be made in advance and will keep for seven days in the refrigerator.

Nutrients per serving: 115 calories, 79 calories from fat, 9g total fat, 6g monounsaturated fat, 0mg cholesterol, 153mg sodium, 8g total carbohydrates, 2g dietary fiber, 2g protein

**MOVIES FROM
THE BLACK LAGOON**

'Martyrs'

by TOM DOTY
TIMES COLUMNIST

A young woman seeks revenge against the warped family that held her captive as a child, in this harrowing film that plays like a revenge opus until the final 20 minutes.

It transcends the genre by revealing why these people would kidnap an innocent child and what they hope to get for brutally torturing another human being. It accomplishes all of this while depicting the suffering of another person to such an extent that I hesitate to recommend this to anyone with a weak constitution.

The film begins with a heart-wrenching jolt as a young girl escapes from captivity and emerges onto a city street screaming for her life. We learn that her name is Lucie. She is remanded to a psychiatric hospital, where she is befriended by another child, Anna. The doctors realize that an awesome shock has impacted this child, but they can pry nothing out of her despite resorting to using Anna as a go-between.

The film then jumps ahead 15 years and introduces a family enjoying a Sunday breakfast.

(See LAGOON, page three)

**This Town,
That World**

Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request.

SO WE LEARN

Inflation, we learn via the corner drugstore, is highly educational. "Why" this philosopher philosophized, "if it wasn't for inflation, people wouldn't know beans."

□□□

And they say mothers have a new means of whipping Junior into line, these days. "If you don't eat your dessert, bustier, you get no meat."

A THREATENING NOTE

Some years ago, as I may have previously confessed, I made one of my less sensationally successful business transactions, when I acquired my one and only lifetime subscriber. James Morell tempted me with \$20 or \$25. I forget which—back in the days when a dollar looked as big as a wagon wheel. But, I enjoy having him as a reader, especially when he sends me a note such as the following from San Angelo, Texas:

"I want to put you on notice that should any more, of your children get married in Texas and I don't receive a wedding invitation, I will have to seriously consider, cancelling my subscription to your paper."

FRIENDS IN NEED

While Bud Perry and I have been sidling up on the "off" side of every other person having any-

(See ALLEN, page two)



The Piarist School is playing host to 26 outreach workers from Wisconsin this week. The group is replacing and repairing windows at homes in Magoffin County until tomorrow.

HELPING HANDS

Piarist outreach program assists in a variety of ways

by SHELDON COMPTON
STAFF WRITER

MARTIN — Outreach organizers at the Piarist School such as Audrey Collins are at it again, this time in Magoffin County.

It's that time of year again when Collins starts working with outreach participants for summer programs primarily involving home repairs.

This summer, 26 adults and teens from Wisconsin have made the Odd Fellows Youth Camp in Prestonsburg their home for a week while repairing windows in a community in Magoffin County, and have been all smiles while doing so, Collins says.

"You should see them," she said Thursday. "Here they were with mud up to their kneecaps and line dancing in the evenings. They really want to be doing what they're doing."

And so does Collins, who can always be found moving from one plan to the next within the halls of the school.

Father Thomas Carroll says he couldn't have found a better pick for an outreach program director at the private Catholic school in Martin.



"I found a wonderful person to do this in Audrey," Carroll said, adding that the requests that often come in

never cease to surprise him. "What fascinates me is the number of requests we get for school supplies

from public schools."

Which brings us to the many other functions the outreach program takes part in.

Since starting in her position seven years ago, Collins has expanded the program from holiday gift giving and food donations to encompass a wide range of charitable efforts. Those efforts include, as with the visitors from Wisconsin, emergency home repair work, a Christmas gift drive that grew from a few hundred donations to more than 1,000 gifts given out this past holiday season, making mix CDs for hospice residents, clothing donations during summer and winter and countless other efforts.

"I work anywhere from 40 to 60 hours a week, especially during the summer and winter," Collins said. "During the winter, for instance, I go door to door in the region to give gifts and other donations. I do this by names that are given to us for people who might need the help, but there are other times I just stop when I see a house that has old toys in the yard."

The Piarist outreach program is run entirely from donations.

DINNER DIVA

Produce keeping tips



One place you can really get nailed on is buying fresh produce. Produce will only keep so long so you absolutely have to have a plan to use it up. If all you do is buy it and let it sit in your fridge, you might as well start flushing five-dollar bills down the toilet!

But still the question remains, how do you keep your produce fresh? That's a great question and for sure, the answer varies according to what you have. Let's tackle the most common fruits and veggies, shall we?

First up, some things you need to know. There is a certain chemical com-

ponent called ethylene that is released as produce ripens. This ripening action builds up in a closed plastic bag so the gas makes your food break down quicker. What I do is keep the bags open to avoid that too quick ripening factor. If you take it out of the bags, it will dry out so opening the bag really helps to preserve it. Check too with the packaging you bought your produce in. Often times, these bags have little holes in them to allow the ethylene to release without drying out.

Secondly, there are things that should be refrigerated and there are others that

should not. Here is a list of stuff to store in your pantry—

- Onions
- Potatoes
- Garlic
- Shallots
- Hard winter squashes
- Sweet potatoes

Keeping these guys away from the light will help prolong their shelf life and stop your potatoes and onions from sprouting.

Here is a list of stuff to stick in the

(See DIVA, page two)

inside lifestyles

- Extension NotesB2
- Rental CentralB3
- Worship DirectoryB4
- ClassifiedsB5

Fun & Games

page B8



CAR TALK
How to gently get out of a squeeze

— page B3





Family Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor
of Family Medicine

Every summer I have the privilege to write a column about breastfeeding to celebrate World Breastfeeding Week, August 1-7.

Breastfeeding is the perfect start to raising a healthy child. There are many advantages to breastfeeding for both infant and mother. Breast milk contains nutrients that protect against common childhood illnesses and support your child's healthy development. Breastfeeding also appears to reduce the risk of some cancers for

mothers.

The American Academy of Pediatrics recommends feeding your baby only breast milk for at least the first six months of life. Breast milk appears to have both antibacterial and antiviral qualities that enhance the newborn's immune system. Nursing infants have a lower incidence rate of sudden infant death. They also have fewer reported emergency room visits, hospitalizations and antibiotic treatments. Children who were

Health benefits of breastfeeding

breastfed as infants score higher on IQ tests and have a reduced risk for childhood cancer, respiratory infections such as asthma, obesity, and adult diabetes, among other things. The longer the child is breastfed, the greater the positive effects seem to be.

New mothers also enjoy health benefits from breastfeeding. Women who nurse their infants have lower incidence rates of ovarian cancer and some types of breast cancer, and they are less likely to develop type II diabetes. In addition, the calories your body burns converting energy into breast milk can help new mothers drop extra pounds. And although mothers can lose some bone density in the short term while nursing, new research suggests that, not only do the bones recover their original density after weaning, but breastfeeding your infant may actually reduce your risk for osteoporosis in the long run.

In addition to these health benefits, breastfeeding saves on the cost of baby formula and bottles and eliminates the work of always sterilizing, preparing and cleaning up after a bottle — which can both increase your time with your family and take the toll out of late-night feedings.

Because breastfeeding is a round-the-clock commitment, professional demands and other logistical issues can present challenges. Increasingly, lactation rooms are being added to offices and workplaces, but this is not always the case. If you are a mother returning to work or would just prefer the additional flexibility, you may want to purchase a breast pump to store and bottle your breast milk so another caretaker can feed it to the infant. While it may take some extra investment and coordination, it's worth your efforts to give your baby breast milk for at least the first six months of her life.

Such barriers are easier to resolve when you have support from family members, friends and colleagues — a luxury not every mother can claim. You may be able to find the resources and support you need from your community. There are lactation consultants at most hospitals now, as well as community groups, such as La Leche League International, committed to raising awareness and providing mother-to-mother support.

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Family Medicine is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University, College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-news.org.

GOOD HEALTH

Female facial hair can be hormone-related

DEAR DR. DONOHUE: I'm a 26-year-old woman with an embarrassing problem. I'm growing a mustache. What causes this? I have started to shave, but I worry that shaving is going to make the hair grow faster and coarser. I see some hair on my breasts, too. What can I do about this? -- V.K.

ANSWER: Hair growth in females in places where it should be found only in males is hirsutism (HERE-suit-izm). Such areas include the skin above the upper lip, the chin, the chest, the thighs, the upper back and the abdomen. Hair in those places is sensitive to the action of male hormones. Common causes for such hair growth are idiopathic (a definite cause not found), menopause (when female hormone production dips) and polycystic ovary syndrome.

Polycystic ovary syndrome is fairly common. Signs of it are a diminution or complete stoppage of menstrual periods, hirsutism, obesity and large ovaries with many cysts. One of the mechanisms responsible for some polycystic ovary symptoms is an overproduction of androgen -- male hormones. The unwanted pattern of hair growth stems from androgen excess.

Idiopathic hirsutism -- hair growth without a cause found -- might be a mild form of polycystic ovary syndrome. That's a popular theory expounded by

many experts.

Rarer causes of hirsutism include adrenal gland overactivity, tumors of the adrenal gland or ovary, pituitary gland tumors and some prescription medicines.

You're not going to solve this on your own. You need a doctor to evaluate your hormone status. The appropriate treatment hinges on finding a specific cause.

When a cause cannot be found, shaving, electrolysis, depilatories (chemical hair removers) and laser treatments are options. Shaving doesn't make hair grow faster or coarser.

Vaniqa cream, a prescription item, gets rid of unwanted hair quite well. Birth-control pills work when a woman needs estrogen. Spironolactone, a water pill, can counter the influence of male hormones and is often useful.

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DEAR DR. DONOHUE: I have a fungus infection on my left foot and toes. What causes it? How do I get rid of it? -- L.D.

ANSWER: A fungus causes it. Fungi are germs that are a bit larger than bacteria. Fungi thrive in warm, moist places. Keep your feet dry. Wear sandals when you can. Change socks twice a day. Have two pairs of shoes, and alternate

their use. You can find numerous medicines for athlete's foot (which is what you have) at the counters of all drugstores. Lotrimin AF, Micatin, Absorbine and Tinactin are a few names. If those medicines fail, the oral medicine griseofulvin usually can do in the fungus.

□ □ □

DEAR DR. DONOHUE: How much are the vitamins in vegetables destroyed by cooking? Is microwaving more destructive than boiling on a stove? -- S.T.

ANSWER: Some vitamins do trickle into the boiling water from cooking vegetables. Keep the amount of water to a minimum, and bring it to a boil before you put in the vegetables. Don't cook them to death. Let them keep some crunchiness.

Microwaving preserves more of the vegetables' nutrition than does boiling. Steaming is another way of keeping vitamins intact.

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Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

Diva

fridge—
Apples
Cherries
Grapes
Melons (unless you're trying to ripen up on the counter-top)
Corn
Berries (don't wash till ready to use)
Grapes
Pears
Any citrus
Artichokes
Asparagus (cut the ends off and place them in a glass of water, plastic over the top)
Lettuces
Spinach
Eggplant
Cucumbers
Mushrooms

Peppers
Leeks
Greens
Cauliflower & broccoli
Cabbage
Carrots
Beets
Any fresh herbs
Radishes
Green onions or scallions
Zucchini & summer squash
Turnips
Green beans
Celery

The thinner the skin on the fruit or vegetable, the sooner it needs to be used.

Here is a list of stuff that can start on your counter then can go into the fridge if necessary, but you need to be aware that it can get too cold and end

up somewhat bruised or ruined by the fridge—
Avocados
Bananas
Tyring
Peaches
Papaya
Apricots
Plums
Pineapple
Pears
Nectarines
Mangos
Kiwi

There you go, everything you wanted to know about keeping produce, but were afraid to ask! This simple guide should help you start storing and using your produce wisely without the spoilage. Enjoy!

Continued from p1

Continued from p1

Allen

thing to do with the public prints, these last two weeks, begging to borrow or buy newspaper, I have been reminded of the old adage which runs to the effect that a friend in need is a friend indeed. Yes, indeed, we have been very, very friendly...Almost fawning, on any possessor of paper who would hold still.

The reaction of these people to whom we were "friends indeed" reminds me that we might rewrite the adage to this effect.

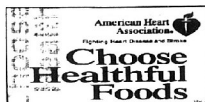
"A friend in need is a friend in deed."

These newspaper folk were just that—they have invariably been ready to do all they could, and they did not merely send us away, tails wagging with sympathy and a kind word. Among these are Jim Norris of the Ashland Daily Independent, Fred Barber at the Winchester Sun, the Wayne County (W. Va.) News; the Maysville Independent; the Morehead News, to name a few. Hope we don't have to

add to the list next week.

□ □ □

J.W. McIntosh has a cat which might be in violation of Kentucky law. In plain view of witness, indulged in snake-handling, the other day.



Salome's Stars Weekly Horoscope

ARIES (March 21 to April 19) A chaotic atmosphere taxes the patience of the Aries Lamb, who prefers to deal with a more orderly environment. Best advice: Stay out of the situation until things settle.

TAURUS (April 20 to May 20) Tension runs high in both personal and workplace relationships. This can make it difficult to get your message across. Best to wait until you have a more receptive audience.

GEMINI (May 21 to June 20) This is a good time to take a break from your busy schedule to plan for some well-deserved socializing. You could get news about an important personal matter by the week's end.

CANCER (June 21 to July 22) An offer of help could come just when you seem to need it. But be careful about saying yes to anything that might have conditions attached that could cause problems down the line.

LEO (July 23 to August 22) Sometimes a workplace colleague can't be charmed into supporting the Lion's position. That's when it's time to shift tactics and overwhelm the doubter with the facts.

VIRGO (August 23 to September 22) You continue to earn respect for your efforts to help someone close to you stand up to a bully. But be careful that in pushing this matter you don't start to do some bullying yourself.

LIBRA (September 23 to October 22) Don't ask others if they think you're up to a new

responsibility. Having faith in your own abilities is the key to dealing with a challenge. P.S.: That "private" matter needs your attention.

SCORPIO (October 23 to November 21) This is a good time to use that Scorpion creativity to come up with something special that will help get your derailed career plans back on track and headed in the right direction.

SAGITTARIUS (November 22 to December 21) While change is favored, it could be a good idea to carefully weigh the possible fallout as well as the benefits of any moves before you make them.

CAPRICORN (December 22 to January 19) The Goat continues to create a stir by following his or her own path. Just be sure you keep your focus straight and avoid any distractions that could cause you to make a misstep.

AQUARIUS (January 20 to February 18) A colleague's demands seem out of line. But before reacting one way or another, talk things out and see how you might resolve the problem and avoid future misunderstandings.

PISCES (February 19 to March 20) A personal matter appears to be making more demands on your time than you feel you're ready to give. See if some compromise can be reached before things get too dicey.

BORN THIS WEEK: You're able to communicate feelings better than most people. Have you considered a career in the pulpit or in politics?

This man is working to lower health care costs, prevent global warming and reduce our nation's dependence on foreign oil

WOULD YOU WANT TO KILL HIM?

Cycling is one the best ways to improve your health, protect the environment and reduce consumption of foreign oil. But even if you don't ride a bike, you can help do your part by watching for cyclists on the road and driving with care. In Kentucky, bicycles have the same rights to use roads and highways as cars and trucks. But keep in mind that cyclists are at greater risk of injury or death in the event of a wreck. That is why it is important to use caution and courtesy when you encounter a bicycle. Pass them only when it is clear, give them a few extra feet when passing, and never do anything to startle a cyclist, such as blowing your horn, passing too close or yelling at them.

Save a life. Share the road.

Submersion in water might have fried air-bag system

by TOM and RAY MAGLIOZZI

Dear Tom and Ray: I live here in England (my wife is from New Jersey, and she introduced me to you guys). Recently my wife and I drove our "Baby" Renault Laguna to Twickenham in Surrey. We parked not far from the river and went for a coffee. When we returned to the car an hour later (it was a dry day), the whole street was under water. Our Renault was in about two feet of water. The car started and I backed it out whilst the locals watched me and shook their heads. After drilling holes in the foot wells, we drove home. We got the car dried out at a garage, and the engine is fine. However, the seat-belt pre-tensioners got soaked, and now the air-bag light flashes constantly. The garage could not do a diagnostic of the air-bag system on this 12-year-old banger. Do you think there is a danger of the air-

bag going off whilst driving? Cheers! John

TOM: Quite the opposite, John. I think there's a danger that the air bag will NOT go off if you have an accident.

RAY: I'm just impressed that he happened to have an electric drill in the car, just in case he needed to put drain holes in the floor! Now, that's planning ahead!

TOM: When the air-bag light is flashing, John, that means there's a fault somewhere in the system. The car's computer runs a self-diagnosis every time you start the engine. The flashing air-bag light is telling you that the computer detected a problem, and you can't count on the system to work properly.

RAY: The seat-belt pre-tensioners are part of the air-bag system, or more correctly, the supplemental restraint system (SRS). They use small explosions to instantly cinch up the seat

belts in preparation for a crash, to pull you into the correct position, where you can most benefit from the air bag.

TOM: If your mechanic is certain that the pre-tensioners are what's causing the light to flash, you can try to have them replaced. You might talk to a collision repair shop, which would have experience in rebuilding cars after accidents involving air-bag deployments.

RAY: But I'm not certain that's all that's wrong. If your mechanic was unable to scan the computer and read the codes, how does he know there aren't other problems with the SRS system? The air-bag sensor itself could have been under water, too.

TOM: So before replacing anything, I'd try to find a mechanic who can perform a proper scan for you. That may require a trip to the Renault dealer. And if you're thinking about returning to Twickenham, you might consider having the dealer install the official Renault bilge-pump and pontoons while you're there. Good luck, John.

Choose safety over nostalgia

Dear Tom and Ray: We're buying a car for my 17-year-old son. I've found two cars locally

that appeal to us — a classic 1968 VW with a few thousand miles on a rebuilt engine, and a 1992 Honda Accord with power everything, a four-cylinder engine and 162,000 miles. From my experience, having owned a Bug in my glory days, the delight of working on the vehicle and maintaining it myself might outweigh the practicality of a new car that could have subsequent issues — you know used cars! The price of each is comparable ... what do you guys think? — Mindy

TOM: I think you may be having a midlife crisis, Mindy. When people start musing wistfully about VW Bugs, that's a pretty clear danger sign.

RAY: Like most of us do, you're conflating your glory days with the car that you drove in your glory days. During that period of your life, you were single and carefree, you had long, flowing, not-gray hair, you wore a size 6, and you drove to Woodstock with four boyfriends competing for your attention and Hubert H. Humphrey bumper stickers on your car. That was a good, old time.

TOM: But it wasn't the car that was good. Even in its day, it was a cheap, dangerous car. And now it's infinitely more so — due to the

greater number of cars on the road and the percentage of them that are now enormous.

RAY: And since young drivers — and especially young male drivers — tend to crash their cars at higher rates than other people, you don't want your teenage son in a VW Bug when that happens.

TOM: Back in the '60s, we knew people who died in VW Bugs. And some of them had to be buried in them, because the car was too compact to get them out!

RAY: So, get him the Accord. While there are things he won't be able to do to the Accord, he can learn to do the basic maintenance. And when things beyond his capability break, he'll learn the hard lesson that every one of us has had to learn as a young driver: How to get a job, and then fork over your hard-earned money to a lousy mechanic.

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack in care of this newspaper, or e-mail them by visiting the Car Talk Web site at www.cartalk.com.



Rental Central

by TOM DOTY
TIMES COLUMNIST

A very weak quartet of releases filled the shelves this week with a bunch of remakes and reshapes of earlier films taking up retail space. ■ "The Mutant Chronicles" — Hollywood not cold feet about releasing this sci-fi action opus last year. It was too late to stop the book adaptation and some magazine articles, but they delayed the film anyway and dumped it on home video. It's not very good but what's surprising is that a fact such as that mattered to the same guys who okay countless remakes of slasher movies. Here you get an apocalyptic future that is governed by corporations. They must confront an army of killer mutants and trust a bizarre warrior (who's hair is what was prophesied they'd destroy the bad guys). Thomas Jane, Ron Perlman and lots of special effects put in a good day's work here, but you've seen this stuff before. ■ "Obsessed" — A businessman finds his newfound success to be short lived when an office affair threatens to destroy his personal life in this thriller. This one can barely hide its pedigree ("Fatal Attraction" anyone?) despite a game cast that includes Idris Elba ("The Wire") and Beyoncé Knowles ("Destiny's Child") as the couple, and Ali Larter ("Heroes") in the Glenn Close role. By the numbers. ■ "Race to Witch Mountain" — Here is this week's only flat-out remake. Dwayne "The Rock" Johnson stars as a cabbie enlisted by two children when they need help escaping to the titular place. Turns out they're alien emissaries from a dying planet and only they can save us from an intergalactic army. The problem becomes staying alive long enough to do it as an

alien monster has been dispatched to stop them as well as a covert government agency. This one's at least a lot of fun, though the original wasn't too shabby either. ■ "The Soloist" — Here is this week's only original film. It's based on a book (Hollywood guys actually read?) and stars two of film's most bankable actors, Robert Downey Jr. and Jamie Foxx. The story is true and centers on a struggling reporter who befriended a mentally ill and homeless musician. Telling his tale got both of them several opportunities. There was a lot of room here for drama, but they fudge it and deliver a melodramatic stew that fails to address the key issue of whether these men actually did each other any good. Next week brings a pair of comedies with the release of "Love You, Man" and "17 Again."

Continued from p1 certainly won't agree with their methods, but you will be stunned when you find out that the answers they seek are the same answers we all want. It's a no-brainer that this one will get people talking. Let's just hope that it takes root to the extent that we never have to worry about people ever thinking they can justify a search for answers with the suffering of others. Best line: "It is so easy to create a victim, young one. You lock someone in a room and they begin to suffer." 2008, unrated.

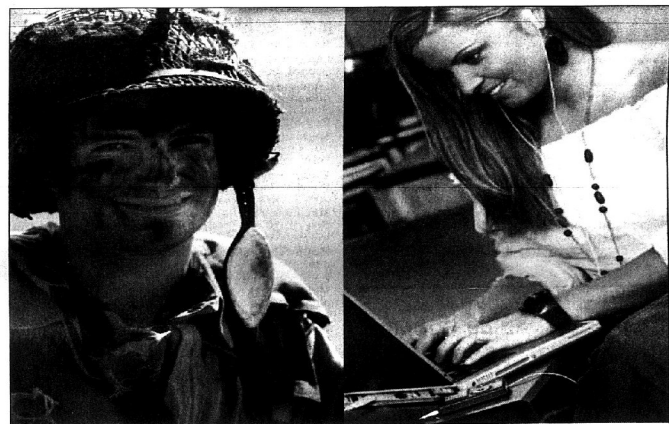
Strange ... but true

by SAMANTHA WEAVER

It was American humorist, writer and television host Sam Levenson who related the following remembrance: "It was on my fifth birthday that Papa put his hand on my shoulder and said, 'Remember, my son, if you ever need a helping hand, you'll find one at the end of your arm.'" ■ The Associated Press recently reported on a kind act gone terribly awry. An Israeli woman surprised her mother by having her old mattress hauled away and replacing it with a brand-new one. When the mother returned home and discovered what had happened, she was terribly distraught. It seems the woman had been

hiding money in the old mattress for years -- about \$1 million. ■ According to a survey conducted in 2008, 15 percent of American men spend more than an hour in the bathroom every day. Unsurprisingly, the number of women who spend that long in the bathroom is much higher, at 38 percent. ■ It's been reported that whenever he traveled, French philosopher, mathematician, scientist and writer Rene Descartes brought with him a doll named after his daughter, Francine. ■ The most common surname in the United States is Smith, followed, in order, by Johnson, Williams and Jones. ■ A man in Sandusky, Ohio,

evidently had a rat problem in his home -- and had a novel way of dealing with it. It seems that whenever he saw -- or thought he saw -- a rat, he would shoot it. This method didn't always work the way he planned, however. He once shot himself in the foot. On another occasion, he mistook his wife's hat for one of the pesky rodents and shot it. Unfortunately, the hat was on her head at the time, and the man was charged with negligent assault. Thought for the Day "Almost all our faults are more pardonable than the methods we resort to to hide them." -- Francois de La Rochefoucauld



Overseas? At school?

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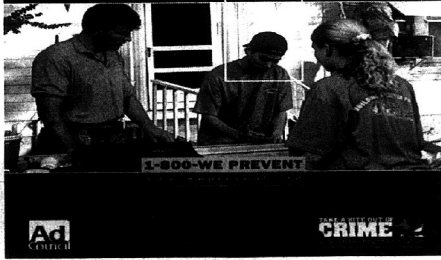
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Lagoon

Mom and dad trade barbs with their adolescent son and daughter. The peaceful routine is disrupted by a knock at the door and we are right back in a nightmare as mom answers it. A young woman waits on the other side and proceeds to greet the mother with a shotgun blast. She wades into the home and ruthlessly cuts down the rest of the family. Once the carnage is over she telephones another young woman and we soon realize that the victim we met in the opening scenes, Lucie, is now the perpetrator of the violence. The woman she phones turns out to be Anna, who immediately heads for Lucie's location. Anna decides to help Lucie cover up the crime, but she is obviously upset that Lucie acted before she could be sure that this was the family that kidnapped her. Anna is somewhat dubious about Lucie's sanity and her suspicions soon bear some serious merit. Turns out Lucie is convinced that a victim like herself is loose in the home and must be rescued. Anna can't find this other victim but she soon discovers that the mother of the family is still alive. She decides to help her get away. Lucie, however, catches wind of the situation and snaps back into killer mode. Anna ultimately decides that Lucie has lost her grip on reality. She begins to question whether or not the family was ever involved in Lucie's past. All is made clear during the film's final 30 minutes, but it would be a crime to give it away. Suffice to say that all questions are answered and a villain emerges who is more frightening than any monster committed to celluloid.

His life is in pieces that fit

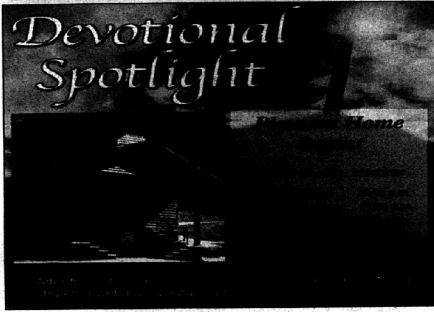
More than 100 years ago, a man was killed. Today, he's brought back to life. It's a story that's been told many times over, but it's never been told like this. It takes you and programs that work.



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Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.



ASSEMBLY OF GOD

First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lotie Vannucci, Minister.

In Victory Assembly of God, West Prestonsburg; Sunday School, 10:30; Worship Service, 11:00 & 8:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.

New Bethel Assembly of God, Burning Fork Rd., Salvynville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.

Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sisco, Minister.

BAPTIST

Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.

Auxiliary Freewill Baptist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.

Ball Branch Regular Baptist Church, Mousey Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Assst. Pastor; Contact: Kermit Newsome 606-377-6881 for more information.

Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.

Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.

Big Sandy Community and Technical College Baptist Student Union, J. 102; Wednesday, 11:30 a.m.; Vera Joiner, 886-3983, ext. 67267.

Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.

Brandy Key Freewill Baptist, Corn Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.

Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Don Lewis, Minister.

Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.

Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathaniel Lafferty, Minister.

Daniels Creek Baptist Fellowship Church of God, Banner, Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.

Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m.; Jim Fells, Minister.

Endicot Freewill Baptist, Buffalo; Sun. School, 10 a.m.; Church every Sun. Morning 11:00 a.m.; Wed. evening

Bible Study & Prayer Meeting, 7:00 p.m.; First Sat. evening Service, All Welcome 7 p.m. Pastor Mark Hunt, 606-478-8988

Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wieman

Faith Freewill Baptist, 1/4 mile above Worldwide Expt. on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Elder Donnie Patrick, Minister.

First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.

First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

Firat Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minister.

Fitzpatrick First Baptist, 1023 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7 p.m.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Gresham Baptist, State Rt. 3379, (Branham's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Crace, pastor, Assist. Larry Patton. Phone 358-4275.

Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.

Jackie Creek Baptist, Bensville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trusty.

Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Chad Blair, Pastor.

Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.

Lancaster Baptist Church; 71 Cooley St., Prestonsburg, Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m. Evening Worship, 6:00 p.m.; Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter

Left Beaver Regular Baptist Church across from Garth School; 4th Saturday, Sunday 10:00 a.m. Odd Saturday 8:00 p.m.; Gary Compton, Pastor.

Liberty Baptist, Denver; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.

Ligon Community Freewill Baptist, Ligon; Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.

Little Rosa Regular Baptist Church of Jesus Christ, (Indian Bottom Association) Services: 1st Saturday & Sunday every month 9:30 a.m., 3rd Sunday 9:30 a.m., Odd Sunday 9:30 a.m.

Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.

Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.

Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.

McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.

Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; William L. Hunt, Minister.

Missionary Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home phone 285-3385

Pleasant Home Baptist, Water Gap Road, Lancast; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Mark Tackett, Pastor.

Prater Creek Baptist, Banner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; J.B. Hall, Pastor. Phone: (606) 674-3222.

Rock Fork Freewill Baptist, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.

Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Crace Jr., Assistant Pastor.

Salt Lick United Baptist, Salt Lick, Hueysville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123.

Sammy Clark Branch Freewill Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.

The Three Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Phillip Ramey, Pastor.

Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.

Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 7 p.m.; No Service the 1st Sunday of each month; Wednesday 7 p.m.; Jody Spencer, Minister.

Trimble Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap, Sunday School, 10 a.m., Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m., Youth Services 6 p.m.; Everyone Welcome.

United Community Baptist, Hwy. 7, Hueysville; Worship Service, 2 p.m.; Friday, 7 p.m.; Carolee Bovey, Minister.

Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferrari, Minister.

CATHOLIC

St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday, Father Robert Damron, pastor.

CHRISTIAN

First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.

Victory Christian Ministries, 1428 E. Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sherm Williams, Minister.

CHURCH OF CHRIST

Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.

Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kiddler, Ministers.

Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister.

Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.

Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonnie Meade, Minister.

Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m. Gary Mitchell, Minister.

Maytown Church of Christ, 66 Turkey Creek Rd., Langley; Sunday Bible Study 10:00 a.m.; Sunday morning worship, 11:00 a.m.; Evening worship 6:00 p.m.; Wednesday Bible Study 6:00 p.m.

Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Pastor, Bill B. Tussey, Jr.

Weeksby Church of Christ; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m. John Burke, Minister.

CHURCH OF GOD

Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.

Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.

First Church of God, Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.

Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Family Training Hour - Thursday 7 p.m.; Bill B. Tussey, Jr., Pastor.

Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr. Minister.

Little Point First Church of God, 671 Little Point Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Healer Jr., Minister.

The Ligon Church of God of Prophecy, Saturday Services; 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

EPISCOPAL

St. James Episcopal; Sunday Service, 9:45 a.m.; Holy Eucharist 11:00 a.m. Wednesday Study Group 6:00 p.m., Holy Eucharist & Healing 7:30 p.m. Father Johnnie E. Ross, Rector.

LUTHERAN

Our Savior Lutheran, Sipp Bayes Room Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLV (600 am) 12:05 p.m.; Roland Bentrup, Minister.

METHODIST

Auxier United Methodist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Mearl Music, Minister.

Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.

Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.

Community United Methodist, 147 Burke Avenue (off U.S. 23); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Glen "Sandy" Douglass, Rev.

Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Rev. Jim Adams, Pastor.

Emma United Methodist, Emma; Sunday School 10 a.m., Sunday Worship Service 11 a.m.;

First United Methodist, 256 South Arnold Avenue; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev. Jim Adams, Pastor.

Horn Chapel Methodist, Auxier Road, Auxier; Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Midweek Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Judy Carr-Buck, Minister.

Graceway United Methodist, Rt. 80; Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.

Salsbury United Methodist, Printer, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 5 p.m.; Bobby G. Lawson, Minister.

Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.

Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.

Vogle Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Lowe, Pastor.

Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.

Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister.

Free Pentecostal Church of God, Weeksby; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John Jay Patton, Minister.

Free Pentecostal Deliverance, Ext. 46 off Mt. Parkway at Campton; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Cridr, Minister.

Free Pentecostal Holiness, Rt. 122, Upper Burton; Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis Sanlan, Minister; David Pike, Associate Minister.

Goodloe Pentecostal, Rt. 850, David; Worship Service, 6

p.m.; Malcolm Stone, Minister.

Parkway First Calvary Pentecostal, Floyd and Magoffin County Lines; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister. 287-6262

Trinity Chapel Pentecostal Holiness, Main St., Martin; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Ellis J. Stevens, Minister.

Free Pentecostal Church, Dwalis; Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

PRESBYTERIAN

Drift Presbyterian, Route 1101, Drift; Worship Service, 11 a.m.

First Presbyterian, North Lake Drive; Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev. Vicki Poole, pastor.

SEVENTH DAY ADVENTIST

Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 6:15; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 888-3459, leave message. Everyone welcome!

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

The Church of Jesus Christ of Latter-Day Saints; Sacrament Mt., 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Pre priesthood/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80 Martin, KY 41649; Meeting House telephone number: 285-3133; Ken Carriere, Bishop.

OTHER

Pastor Atha Johnson welcomes everyone to attend services at the CHURCH of GOD of PROPHECY TRAM KENTUCKY; Sunday school 10 a.m., Worship service 11 a.m.

Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30 p.m.

Grace Fellowship Prestonsburg (next to old flea market); Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.

Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.

Faith Revelation, Harkins Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thurs. 7 p.m. Randy Hagans, Minister. 886-9460.

Faith Fellowship, Allen Ky, Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed., 7 p.m. Carl & Missy Woods, Pastors.

Faith Worship Center, US 460, Paintsville; worship service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.

Full Gospel Community (formerly of Martin) moved to 800 Alkan; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 p.m.; Lavonne Lafferty, Minister.

Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.

Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m.; Sunday Evening, 6:00 p.m. Pastor: Curt Howard.

Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m. Saturday/Sunday.

Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m. John W. Patton, Minister.

Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-1003.

Town Branch Church; Sunday School 10 a.m. except for first Sunday in each month. Worship Service, Sun. morning 10:30 a.m. Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.

The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.

The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors: Paul and Ramona Alkan.

Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.

Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayer Line: 358-2464; Darlene W. Arnette, Pastor

Trinity Chapel Community Church, formerly the old Price Food Service building, located 1/4 mile above WorldWide Equipment, Rt. 1428, Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m. Kenny Vanderpool, Pastor.

National Pentecostal Holiness Church, 10974 N. Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor.

Rising Sun Ministries, 114 Rising Sun Lane, Prestonsburg, Ky. 41653; Sunday, 11:00 a.m.; Wednesday, 6:30 p.m. Pastor: D.F. Curry.

Church of God of Prophecy; Sunday School 10 a.m.; Worship Service 11 a.m.; Sunday Night - 6 p.m.; Wednesday Night - 6 p.m. Pastor Glenn Hayes. West Prestonsburg

House of Refuge, Rock Fork; Sunday Evening Worship 6 p.m. Monday Bible Study 7:30 p.m. Wednesday Prayer Meeting 7:30 p.m. Bill B. Tussey, Pastor

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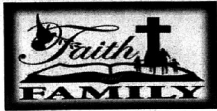
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FLOYD COUNTY



Faith and Family



Local pastor presented with Denman Award

Alan David Proffitt was honored as the recipient of the Harry Denman Evangelism Award by Bishop Lindsey Davis during the Methodist Annual Conference held in Covington, on June 3-6.

The award, envisioned and established by Dr. Harry Denman 60 years ago, seeks to celebrate those persons whose personal ministry in evangelism personifies living the Gospel

of Jesus Christ daily and spreading the word of truth and love daily to all whom they may meet. Proffitt is one of only 94 persons to have received the award.

David Proffitt has been the Pastor of the Emma United Methodist Church since June 5, 2005. Since his tenure there, he has baptized 24 people into the church. Twenty-three others have joined through letter.

Outreach activities include the expansion of missionary activities such as supporting the Gulu Missions in Africa and a partnership with a local elementary school. Pastor Proffitt has instituted a Wednesday Night Bible Study and a Leadership Team who meet quarterly to discuss goals and issues that may affect the church. The congregation has completed "Seven Great Sundays of Growth"

whereby members pledged to attend Sunday school, Church, and Wednesday Night Bible study.

In addition to serving as pastor at Emma United Methodist Church, he teaches religion and philosophy at the Big Sandy Community and Technical College. He and his wife Darlene live near Salyersville.

'Back to Church' campaign to woo 'de-churched' and 'un-churched'

SAN DIEGO, Calif. - As millions of Americans head back to school, organizers of a new faith-based outreach campaign hope that millions more will come back to church as well.

The "Back to Church Sunday" campaign (<http://www.backtochurch.com>) from San Diego-based Outreach Inc. makes it easy for church members to invite their friends and family by creating a worship service specifically geared toward visitors.

The program kicks off with national "Back to Church Sunday" on Sept. 13 aimed at reaching the "un-churched" and "de-churched" people who used to go to church, but don't any more.

The campaign is based on a simple idea. If you ask un-churched people to come with you to church—mostly likely they'll say yes.

LifeWay Research, an arm of the Southern Baptist Convention, found that 82 percent of un-churched people surveyed said that they'd be open to visit a church, if a friend or family member invited them.

Unfortunately, said Thom Rainer, president of LifeWay, few church members invite their friends and neighbors. "Only two percent of church members invite an un-churched person to church," he says. "Ninety-eight percent of churchgoers never extend an invitation in a given year."

While most Americans say they believe in God, and many tell pollsters that they attend church regularly, only about 20 percent of Americans actually show up in church on Sunday, according to the "The American Church in Crisis," a recent study of church attendance.

Organizers say most people who drop out of church haven't lost their faith in God. Instead, they fell out of the habit of churchgoing. Some moved or had another change in life circumstances, or had a falling out with their former church and simply drifted away. Most often, life simply became too busy.

That means they are open to returning to church.

"Many de-churched people are a simple re-invitation away," says Mark Batterson, of the National Community Church in Washington, D.C.

Inviting newcomers is only part of the campaign. The other part is getting the church ready for them to show up.

Outreach has put together several tools to help churches prepare for visitors.

A free downloadable planning guide offers advice on everything from sermon planning to instructions for greeters. Churches are asked to plan for the program and to make sure their buildings are visitor friendly. They're also encouraged to pay attention to small details like clear signage and clean bathrooms that are important to visitors.

"When people come to church for the first time, or come back after a long absence, they notice everything," says Nelson Searcy, lead pastor of The Journey in New York City. "In fact, most of them form innate judgments about the environment within seven seconds of walking through the door."

Organizers point out that returning to church is a process. "Rebuilding trust with this group is essential, and building trust requires authenticity and consistency," says

the campaign-organizing guide. "Otherwise, your returning guests may feel that you have tried a 'bait and switch.'"

Along with the campaign planning guide and an interactive Facebook page (<http://www.facebook.com/backtochurch>), Outreach has put together a "Rethink Church" booklet, addressing the 10 top reasons why people drop out of church, along with videos, articles and other resources. The booklet addresses common objections such as, "I don't believe in organized reli-

gion," "Church is boring," and "Christians are judgmental and hypocritical."

"Back to Church Sunday has the potential to be a day that changes the future course of someone's life," says Chad McCallum, lead pastor of Compass Church in Byron Center, Mich. "In a world where so many people fall into the definition of 'de-churched,' this is a doable effort for any church that wants to reach more people for Christ."

Outreach, Inc. (<http://www.outreach.com>) is the largest provider of out-

reach products and services in North America, including "Outreach" magazine, the most-read pastor's magazine in the world. The company was launched with the mission of empowering Christian churches to reach their communities for Jesus Christ. Outreach, Inc. endeavors to create a network of churches and ministries working together to invite and connect every person in America to a Bible-believing church and ultimately into a personal relationship with Jesus Christ.

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Office of National Drug Control Policy

CRIT LUALLEN
AUDITOR OF PUBLIC ACCOUNTS

The Honorable Robert Marshall, Floyd County Judge/Executive
 The Honorable Chris Waugh, Floyd County Clerk
 Members of the Floyd County Fiscal Court

Independent Auditor's Report

We have audited the accompanying statement of revenues, expenditures, and excess fees - regulatory basis of the County Clerk of Floyd County, Kentucky, for the year ended December 31, 2008. This financial statement is the responsibility of the County Clerk. Our responsibility is to express an opinion on this financial statement based on our audit.

We conducted our audit in accordance with auditing standards generally accepted in the United States of America, the standards applicable to financial audits contained in Government Auditing Standards issued by the Comptroller General of the United States, and the Audit Guide for County Fee Officials issued by the Auditor of Public Accounts, Commonwealth of Kentucky. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statement is free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statement. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

As described in Note 1, the County Clerk's office prepares the financial statement on a regulatory basis of accounting that demonstrates compliance with the laws of Kentucky, which is a comprehensive basis of accounting other than accounting principles generally accepted in the United States of America.

In our opinion, the financial statement referred to above presents fairly, in all material respects, the revenues, expenditures, and excess fees of the County Clerk for the year ended December 31, 2008, in conformity with the regulatory basis of accounting described in Note 1.

In accordance with Government Auditing Standards, we have also issued our report dated May 8, 2009, on our consideration of the Floyd County Clerk's internal control over financial reporting and on our tests of its compliance with certain provisions of laws, regulations, contracts, and grant agreements and other matters. The purpose of that report is to describe the scope of our testing of internal control over financial reporting and compliance and the results of that testing, and not to provide an opinion on the internal control over financial reporting or on compliance. That report is an integral part of an audit performed in accordance with Government Auditing Standards and should be considered in assessing the results of our audit.

This report is intended solely for the information and use of the County Clerk and Fiscal Court of Floyd County, Kentucky, and the Commonwealth of Kentucky, and is not intended to be and should not be used by anyone other than these specified parties.

Respectfully submitted,

 Crit Luallen
 Auditor of Public Accounts

May 8, 2009

State law requires the Auditor of Public Accounts to annually audit fiscal courts, county clerks, and sheriffs; and print the results in a newspaper having general circulation in the county. The complete audit and any other audit of state agencies, fiscal courts, county clerks, sheriffs, property valuation administrators may be viewed in the reports section of the Auditor of Public Accounts' website at www.auditor.ky.gov or upon request by calling 1-800-247-9126.

CRIT LUALLEN
AUDITOR OF PUBLIC ACCOUNTS

The Honorable Robert Marshall, Floyd County Judge/Executive
 The Honorable John K Blackburn, Floyd County Sheriff
 Members of the Floyd County Fiscal Court

Independent Auditor's Report

We have audited the accompanying statement of revenues, expenditures, and excess fees - regulatory basis of the Sheriff of Floyd County, Kentucky, for the year ended December 31, 2008. This financial statement is the responsibility of the Sheriff. Our responsibility is to express an opinion on this financial statement based on our audit.

We conducted our audit in accordance with auditing standards generally accepted in the United States of America, the standards applicable to financial audits contained in Government Auditing Standards issued by the Comptroller General of the United States, and the Audit Guide for County Fee Officials issued by the Auditor of Public Accounts, Commonwealth of Kentucky. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statement is free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statement. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

As described in Note 1, the Sheriff's office prepares the financial statement on a regulatory basis of accounting that demonstrates compliance with the laws of Kentucky, which is a comprehensive basis of accounting other than accounting principles generally accepted in the United States of America.

In our opinion, the financial statement referred to above presents fairly, in all material respects, the revenues, expenditures, and excess fees of the Sheriff for the year ended December 31, 2008, in conformity with the regulatory basis of accounting described in Note 1.

In accordance with Government Auditing Standards, we have also issued our report dated June 3, 2009, on our consideration of the Floyd County Sheriff's internal control over financial reporting and on our tests of its compliance with certain provisions of laws, regulations, contracts, and grant agreements and other matters. The purpose of that report is to describe the scope of our testing of internal control over financial reporting and compliance and the results of that testing, and not to provide an opinion on the internal control over financial reporting or on compliance. That report is an integral part of an audit performed in accordance with Government Auditing Standards and should be considered in assessing the results of our audit.

This report is intended solely for the information and use of the Sheriff and Fiscal Court of Floyd County, Kentucky, and the Commonwealth of Kentucky, and is not intended to be and should not be used by anyone other than these interested parties.

Respectfully submitted,

 Crit Luallen
 Auditor of Public Accounts

June 3, 2009

State law requires the Auditor of Public Accounts to annually audit fiscal courts, county clerks, and sheriffs; and print the results in a newspaper having general circulation in the county. The complete audit and any other audit of state agencies, fiscal courts, county clerks, sheriffs, property valuation administrators may be viewed in the reports section of the Auditor of Public Accounts' website at www.auditor.ky.gov or upon request by calling 1-800-247-9126.

The Times

CLASSIFIEDS work for you!

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Bargain Basement - Items under \$100 - 3 lines, half price
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16

5 Easy ways to place your ad:

1. **Call:** (606) 886-8506, LeighAnn Williams
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3. **E-mail:** classifieds@floydcountytimes.com
4. **By mail:** 263 S. Central Avenue, Prestonsburg
5. **Mail:** P.O. 390, Prestonsburg, KY 41653

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 Sunday's paper @ Thurs., 5 p.m.
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(approximately
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The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

\$4850.00 convertible, 57016 miles, manual, 6 cylinder, blue color with black interior, rare factory ht. more details at: 803-213-3247 or email: kimvernos@gmail.com

2003 Yamaha TTR 125 L dirt bike for sale. \$1,250. Call 226-0537.

seeking a case manager. Working individual with mental retardation & with developmental disabilities. Experience in SCL waiver program preferred. Salary ranging from \$22,000 to \$32,000 per year. Depending on education & experience. References required. Send resume to PO Box 691, Prestonsburg, Ky 41653.

experience preferred. Pay will depend on experience.
Mystery shoppers! Earn up to \$150 per day. Undercover shoppers needed to judge retail & dining establishments. Experience not required. Call 877-341-3504.

Care giver 24/7 for elderly man. References required. Must drive a validly. 1-606-886-9340.

For sale: Diamond Solitaire engagement ring. 75 carat Marquis cut yellow gold, 25 carat w/tp included will also include yellow band. Asking \$950 engagement ring alone originally \$1,500. Call 606-886-6538.

WANTED Licensed & bonded contractor to raise 2 story frame house. Call 886-6208.

Very sharp 2010 V-Nose 7 X 12 enclosed trailer. With side and ramp door. Brakes and aluminum wheels. \$3,500 firm. Only used one tire. 791-6016.

Skeeter 190 SL Fish and Ski bass

boat, 2 storage buildings, 2 decks and hot-tub. Privacy, 3 br, 2 baths, family room with fireplace insert, heat pump / ac. More info call 874-0084.

For Sale: Washer, dryer, stove and refrigerator. Call 432-9110 or 886-1840.

REAL ESTATE

Houses

Jack Hyden estate. Approx. 128 X 186 lot w/3 houses. Corner of Rt 1428 and S. Central Ave. Large brick home w/hardwood throughout. Ideal for professional office. Must see to appreciate. Asking \$425,000. Call Judy at 886-9668.

Split-Foyer home and 2+ acres in Prestonsburg, 1/2 mile off Rt 30. 420 ft. road frontage with blacktop driveway. 2 car attached

garage, 2 storage buildings, 2 decks and hot-tub. Privacy, 3 br, 2 baths, family room with fireplace insert, heat pump / ac. More info call 874-0084.

Sale or lease

100X50' lot for sale at melvin with new septic system, water hookup and nice inground swimming pool for only \$15,000. If interested. Call 452-2244.

50 X 90 Building 18 ft tall for rent.

Located at Martin. \$550 a month. 606-285-3368.

Office space for rent. 3,000 sq ft, 2 bath, 10 individual rooms suitable for professional offices. Call 794-6204 for more information. Located on 1320 North Lake Drive, Prestonsburg, Ky. Downtown from Jerry's.

RENTALS

APARTMENT

1 BR. apartment for rent. Utilities & appliances furnished. Located above Unisign on US 23 at Ivel. 2 br, 1 bath. \$400 month plus \$400 deposit. 1 year lease. No pets. Call 606-478-8100.

Located between Prestonsburg & Paintsville. No pets. No parking. \$550 per month \$250 deposit. Call 791-6016.

Apartment for rent. Located above Unisign on US 23 at Ivel. 2 br, 1 bath. \$400 month plus \$400 deposit. 1 year lease. No pets. Call 606-478-8100.

Large apartment for rent. Located on US 23 at Stanville. 2 br, 2 bath. Walk in closet. Large living room area. 1 yr lease. NO PETS. \$650 per month

AUTOMOTIVE

Hicke Auto Sale David Road

1998 S-10 . 4 cylinder, 5 speed. \$2,500.

1997 Cadillac SLE. 110,000 miles. \$3,995.

2001 Jeep Cherokee \$4,295

2000 Ford Windstar \$2,895

2000 Plymouth Voyager \$2,995

1994 Chevy 1500 Blazer \$3,295

2002 Loaded Chevy Malibu \$3,400

2003 Windstar \$2,650

1999 Chevy Cavalier \$2,200

Call 886-2842.

Employment

LPN or CMA Needed. Physician office seeking dependable & experienced (at least 2 yrs) LPN for screening patients, doing PPT's, vitals & checking test results. Obtaining precertification for procedures & medications, administering injections and assisting in compiling hospital billing & monitor insurance payments. Full time positions, excellent pay & benefits. Fax your resume to 606-886-8628 or call 606-422-7713.

Community Connections is seeking a case manager. Working individual with mental retardation & with developmental disabilities. Experience in SCL waiver program preferred. Salary ranging from \$22,000 to \$32,000 per year. Depending on education & experience. References required. Send resume to PO Box 691, Prestonsburg, Ky 41653.

Needed: Warehouse Driver, full-time, Monday-Friday. Some experience needed. Call 874-8954 or 874-9492.

New Dental office now hiring for a dental assistant. Experience preferred. Send resume to mistydc@hotmail.com

Help Wanted. Part-time retail, perfect for lady who doesn't want to work full time. Some dusting, sweeping, stocking, computer checkout, other retail duties. Call 886-9395 for further info. Retail

Warehouse Driver, full-time, Monday-Friday. Some experience needed. Call 874-8954 or 874-9492.

New Dental office now hiring for a dental assistant. Experience preferred. Send resume to mistydc@hotmail.com

Help Wanted. Part-time retail, perfect for lady who doesn't want to work full time. Some dusting, sweeping, stocking, computer checkout, other retail duties. Call 886-9395 for further info. Retail

Services

If you need brick, block, stone, fireplaces built or trailers under pinned. Call 606-424-2969 or 606-481-4721.

Yard Sale

Yard Sale Saturday August 8th at 151 S. Cardinal Dr. Lancer. Lots of goodies!!

Misc.

REWARDING CAREER



Position Available: Construction Management Education Instructor

CCA CONNECTIONS CORPORATION OF AMERICA
Otter Creek Correctional Center Highway 306, Wheelwright, KY 41669 606-452-9703

Qualifications
 Completion of NCCER's Master Trainer Instructor Certification Training Program (MTCITP) or Instructor Certification Training Program (ICTP) class.
 Verification and authorization by the AFS.
 Five years of verifiable experience in the area of instruction as outlined below:

- Safety
- Human Relations
- Resource Control
- Estimating
- Scheduling
- Planning
- Cost Awareness and Controls

apply online at ccajob.com

HIGHLANDS CENTER FOR AUTISM

We are expanding!!! Come Grow With Us!!

Highlands Center for Autism in Prestonsburg Ky, is a new, year-round, private day-school for children diagnosed with an autism spectrum disorder and is currently recruiting for a

Classroom Behavior Therapist Full-Time

The ideal candidate will be responsible for implementing the organizational and the departmental mission, vision and goals. Under the supervision of the Center Director, the Classroom Behavior Therapist (CBT) implements specific curricula designed to work toward each child's Individual Education Plan goals; monitors individual and group programs and provides day-to-day student instruction and supervision through the principles of applied behavioral analysis. The CBT is responsible for the student's daily safety, schedule and progress as well as their own professional growth. A Bachelor's Degree in one of the following disciplines: special education, education, speech, psychology, or related field. Previous experience working with children with autism, Teaching Certificate and/or Board Certified in Behavior Analysis preferred. Ability to work independently, self motivation, enthusiasm and patience with the students are required. Performs other duties as assigned.

- * Nine (9) Paid Holidays
- * Medical/Dental Insurance
- * 401k Retirement Plan
- * Life Insurance

Interested applicants may apply to the Human Resources Department
 Highlands Regional Medical Center
 5000 Kentucky Route 321, Prestonsburg KY 41653
 (606) 886-7531 • Fax (606) 886-7534
 E-mail: tcclark@hrmc.org

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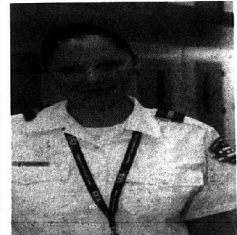
This position is a great opportunity for someone who enjoys working with others & a two-year college degree is preferred; 2-3 years of teller experience; or equivalent combination of education and experience.

Qualifications include a High School Diploma or equivalent; an associates degree or a two-year college degree is preferred; 2-3 years of teller experience; or equivalent combination of education and experience.

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CCA CONNECTIONS CORPORATION OF AMERICA
 Otter Creek Correctional Center Highway 306, Wheelwright, KY 41669 606-452-9703

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Preparedness is your best defense against deadly fires. Use these checklists to make your home safe and prepare your family.

- To prevent fires before they start:
- Never leave burning candles unattended
 - Keep fuel (paper, clothing, bedding) at least three feet away from heat sources
- To stay safe from fires:
- Create a home fire escape plan
 - Practice your plan at least twice a year
 - Install smoke alarms and escape ladders
 - Replace smoke alarm batteries at least once a year
 - Purchase and learn how to use fire extinguishers safely

Visit www.redcross.org or contact your local American Red Cross chapter today to learn more.



\$650 security deposit. Call 606-478-8100.
For rent: 1 br apartment. Newly renovated. Suitable for 1 person. Call 358-9433.

Furnished apartments for rent. Utilities included. No pets. Located in Prestonsburg. Call 866-8966.

Nice 1 br apartment for rent. Partially furnished. Located on Ky Rt 321 between Highland hospital & Davis market. Central heat / air with washer / dryer hookup. \$395 month. References and deposit required. Seniors welcome. Call 789-5973.

2 BR apartment for rent. Located in

Prestonsburg. \$700 per month includes utilities. Also 1 br in Prestonsburg. \$500 month with utilities included. Call 794-0249.

Houses

For rent: 2 br, 1 bath newly remodeled house. Located at Martin. \$600 month plus \$500 deposit. Call 6036-791-8571 or 606-478-8139.

2 Houses for rent. 4br, 2 baths. Appliances furnished. Also 3 br, 2 bath all appliances furnished. Located in Knott County. Beside Beaver creek elementary. \$ Call 606-438-6104 or 447-2200.

2 BR Duplex for rent. Central heat

and air. 1 mile North of Prestonsburg. No pets. references and security deposit required. Call 889-9747 or 886-9007.

Mobile Homes

2 br mobile home for rent. Washer / dryer hookup. Central heat and air. Minutes from Prestonsburg. \$400 month plus \$400 deposit. Call 889-0036.

Mobile home for rent. Washer / dryer. Call 874-9790.

Application hot line. 877-310-2577. All applications accepted. Own a new home. Call for preapproval 877-310-2577.

For sale or rent: 2 br mobile home behind Paintsville

airport. Call 226-0288.

2 br mobile home for rent. W/D furnished. 3 miles from downtown Prestonsburg. Newly remodeled kitchen. All new flooring throughout. Located on private lot. No dogs. \$435 month plus \$435 deposit. Call 899-9570 to schedule showing.

2 br mobile home for rent. Completely furnished if needed. Located on private lot between the twin bridges at Martin. No hud accepted. Serious inquiries only. \$500 month includes water & garbage. Call 285-6606 or 791-7626 during the day or 874-1850 in the evenings.

Special FHA Finance Program \$0 Down if you own land or use family land. We own the bank you approved. Call 866-597-2083.

2 & 3 br Mobile homes for rent. Located 5 miles on Mt Parkway on Rt 114. \$475 month plus \$400 deposit and utilities. Furnished with washer and dryer. Nice location. Call 886-6685. Serious inquiries only.

rent. Located at Auxier. 3 br, 2 bath. \$550 per month \$200 deposit. Call 367-1169 or 367-1605.

Sm furnished mobile home for rent. Just off the Mtn Parkway on old 114. Call 886-8724.

2Br Mobile home for rent. Located on Cliff road. Call 866-3047 or 226-3047.

Special FHA Finance Program \$0 Down if you own land or use family land. We own the bank you approved. Call 866-597-2083.

2 & 3 br Mobile homes for rent. Located 5 miles on Mt Parkway on Rt 114. \$475 month plus \$400 deposit and utilities. Furnished with washer and dryer. Nice location. Call 886-6685. Serious inquiries only.

Mobile home for

issued on January 10, 2007. This permit covers an area of approximately 1,952.56 acres located 0.5 miles north of Emma in Floyd County. The proposed operation is approximately 0.25 miles north from KY Route 1428's junction with KY Route 194 and is located 0.3 miles northeast of the Levisa Fork. The bond now in effect for this permit is a surety bond and Kentucky Bond Pool bonds in the amount of forty-six thousand dollars (\$46,000.00). Approximately sixty percent (60%) of the original bond amount of \$46,000 is included in this application for release.

Reclamation work performed includes: backfilling, grading, seeding and mulching completed in October 2008. Written comments, objections, and requests for a public hearing or informal conference must be filed with the Director, Division of Field Services, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601, by September 16, 2009. This is the final advertisement of this application; all comments, objections, and/or requests for a permit conference must be received within thirty (30) days of today's date.

NOTICE OF BOND RELEASE
 In accordance with the provisions of KRS 350.093, notice is hereby given that Matt/Co, Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653 has applied for Phase 1 bond release on Permit Number 836-0268 which was last issued on January 11, 2007. This permit covers an area of approximately 1,147.16 acres located 2.0 miles north of Emma in Floyd County.

The proposed operation is approximately 1.0 mile east from KY Route 1428's junction with Sugarloaf Branch Road and is located 0.1 mile north of Sugarloaf Branch. The bond now in effect for this permit is a surety bond and a Kentucky Bond Pool bond in the amount of eighteen thousand eight hundred dollars (\$18,800.00). Approximately sixty percent (60%) of the original bond amount of \$18,800 is included in this application for release. Reclamation

work performed includes: backfilling, grading, seeding and mulching completed in October 2008. Written comments, objections, and requests for a public hearing or informal conference must be filed with the Director, Division of Field Services, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601, by September 16, 2009. This is the final advertisement of this application; all comments, objections, and/or requests for a permit conference must be received within thirty (30) days of today's date.

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NOTICE OF BOND RELEASE
 In accordance with the provisions of KRS 350.093, notice is hereby given that Matt/Co, Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653 has applied for Phase 1 bond release on Permit Number 836-0268 which was last issued on January 11, 2007. This permit covers an area of approximately 1,147.16 acres located 2.0 miles north of Emma in Floyd County.

The proposed operation is approximately 1.0 mile east from KY Route 1428's junction with Sugarloaf Branch Road and is located 0.1 mile north of Sugarloaf Branch. The bond now in effect for this permit is a surety bond and a Kentucky Bond Pool bond in the amount of eighteen thousand eight hundred dollars (\$18,800.00). Approximately sixty percent (60%) of the original bond amount of \$18,800 is included in this application for release. Reclamation

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 www.floydcountytimes.com

INVITATION FOR BIDS
 The Floyd County Housing Authority, located at 402 John M. Stumbo Drive, Langley, KY 40456, will receive sealed bids for entitled Project CFPKY36 P 157-501-(07), File No: 10292007. Thru, Tuesday, August 24, 2009 at 1:30pm (local EDT time). Then at that time, publicly opened and read aloud.

A Pre-Bid Conference to be held - Tuesday, August 11, 2009, 10:30 am (Local Time), in the Ivy Creek Townhouses Community Room, 228 Ivy Creek Rd, Ivel, Kentucky, for interested contractors proposing to submit bids on this project. Proposed forms of Contract documents, including plans and specifications, are on file at the office of the Floyd County Housing Authority.

This project consists of: a Request for Proposal for Digital CCTV Recording System for Security purposes, for Ivy Creek Townhouses, Ivel, KY, and a Request for Quote for the purchase and installation of the proposed system.

Information for Bidders, Bid Form, Form of Contract, Drawings, Specifications, Bid Bond, Performance Bond, Payment Bond, and other contract documents may be examined at the following Location:

Lynn Imaging
 Distribution Room
 328 Old Vine Street
 Lexington, KY 40507
 Ph. 859-255-1021
 www.lynnimaging.com

Copies of the Bidding Documents may be purchased thru Lynn Imaging, 328 Old Vine Street, Lexington, KY 40507. **Partial Sets will not be issued.**

Attention is called to the provisions for equal employment opportunity and payment of not less than the minimum salaries and wage of salary must be paid on the project, as set forth in the Contract Documents.

No bids may be withdrawn for a period of sixty (60) days subsequent to the opening bids, without the consent of the Floyd County Housing Authority.

The Floyd County Housing Authority
 By: Anna Howell, Executive Director

ADVERTISEMENT FOR BIDS
 The Floyd County Housing Authority will receive bids for the complete construction of the project entitled CFP KY36P157-501-07 & 08, Floyd County, Kentucky. Bids will be received until 10:30 a.m. EDT (Eastern Daylight Saving Time) on the 24th day of August, 2009, at the office of the Floyd County Housing Authority, at which time and place all bids shall be publicly opened and read aloud.

A Pre-Bid Conference for General Contractors proposing to submit bids on this project will be held at the Ivy Creek Townhouse Community Room, at 1:30 p.m. EDT (Eastern Daylight Saving Time), on the 11th day of August 2009, where each prime contractor should be represented.

Proposed forms of Contract documents, including plans and specifications, are on file at the office of the Floyd County Housing Authority and at the office of Donald L. Rochester, Architect, 628 N. Broadway, Suite 304, Lexington, Kentucky, 40508.

For the public use of material and subcontractors, plans and specifications will be on file at the following offices:

F.W. Dodge/AGC
 2321 Fortune Drive, Suite 112A
 Lexington, KY 40509

F.W. Dodge/AGC
 1717 Alliant Drive, Suite 10
 Louisville, KY 40299

Copies of Documents may be obtained at Lynn Blue Print and Supply Company, Inc., 328 E. Vine Street, Lexington, Kentucky, 40507, for a deposit of Fifty Dollars (\$50.00) per copy by a check made payable to Donald L. Rochester, Architect. Plan deposit shall be accompanied by a separate check made payable to Donald L. Rochester, Architect for Twenty Five Dollars (\$25.00) to cover shipping, handling and distribution, if plans are to be shipped and Fifteen Dollars (\$15.00), if plans are picked up at the printer. The plan deposit will be refunded to all plan holders if record who return the documents in complete and good condition within ten (10) days of the bid opening. **NO REFUNDS WILL BE MADE AFTER THAT DATE.**

Attention is called to the provisions for equal employment opportunity and payment of not less than the minimum wage or salary must be paid on the project, as set forth in the Specifications.

The Floyd County Housing Authority reserves the right to reject any or all bids or to waive informalities in the bidding.

No bids shall be withdrawn for a period of sixty (60) days subsequent to the opening of bids, without the consent of the Floyd County Housing Authority.

Floyd County Housing Authority
 Anna Howell, Executive Director

Legals

NOTICE OF BOND RELEASE

In accordance with the provisions of KRS 350.093, notice is hereby given that Matt/Co, Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653 has applied for Phase 1 bond release on Permit Number 836-5308 which was last issued on January 11, 2007. This permit covers an area of approximately 1,147.16 acres located 2.0 miles north of Emma in Floyd County.

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Will send pictures upon request

PUBLIC NOTICE

Notice is hereby given that Joseph C. Whittaker, 5181 Ky. Rt. 1426, Dana, KY 41615, has filed an application with the Natural Resources and Environmental Protection Cabinet to replace damaged culvert resulting from spring flooding. The property is located 4.06 miles from Harold, KY. From Harold follow 1426 for 4.06 miles. The latitude/longitude is 37°32'43.79"/82°40'19.41". Any comments or objections concerning the application shall be directed to: Kentucky Division of Water, Water Resources Branch, 14 Reilly Road, Frankfort Office Park, Frankfort, Kentucky 40601. Phone: (502) 564-3410.

Pikeville College School of Osteopathic Medicine seeks Standardized Patients and Human Models

Pikeville College School of Osteopathic Medicine (PCOM) is seeking individuals interested in applying for the Standardized Patient and Human Model Program on the school's campus.

A standardized patient is a person willing and trained to portray an actual patient with a specific medical history and physical exam findings for the purpose of instructing health professional students. A human model is a person willing to serve as an actual patient for physical examination training by health professional students.

Interested candidates for the Standardized Patient and Human Model Program should have flexible schedules, an ability to maintain confidentiality and professionalism, and an interest in medicine and medical education. Standardized patients and human models are hired by PCOM and will be paid an hourly wage for training and providing requested services. Interested individuals must be age 18 or older to apply.

Applications are now being accepted and are available on the Pikeville College Web site at jobs.pc.edu. For more information, or if you have any questions, please contact Ms. Susan Wetzel at 606-218-5445 or dwetzel@pc.edu. Thank you for your interest! We look forward to hearing and working with you to educate and prepare our future osteopathic physicians.

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 or
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fun & games

Amber Waves

by Dave T. Phipps



Out on a Limb

by Gary Kopervas



R.F.D.

by Mike Marland



The Spats

by Jeff Pickering

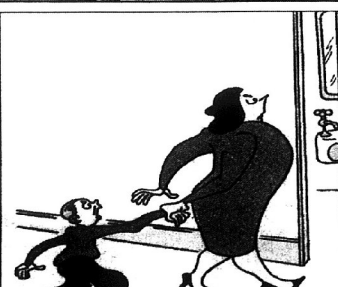


Just Like Cats & Dogs

by Dave T. Phipps



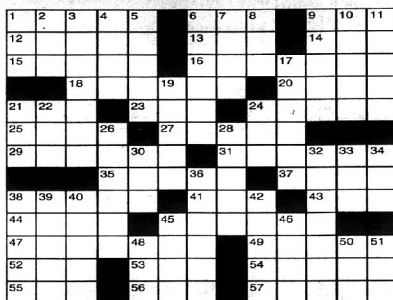
LAFF-A-DAY



King Crossword

ACROSS

- 1 Quantities stolen
- 6 Boom times
- 9 Harvest goddess
- 12 Up to
- 13 Enthusiast
- 14 Torched
- 15 Mrs. Gorbachev
- 16 Render untraditionally
- 18 Incision implement
- 20 Leak slowly
- 21 Mueller's org.
- 23 State of India
- 24 Twangy lounge about
- 27 Unfriendly
- 29 EBBs collectively
- 31 Veer
- 35 Excuse
- 37 Stench
- 38 Story-telling brother
- 41 Scarlet
- 43 Wolfed down
- 44 Carry on
- 45 Breakfast choice
- 47 Put on a pedestal
- 49 Oust
- 52 Round Table address
- 53 La - , Bolivia
- 54 Bakery

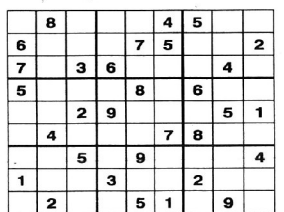


- 10 Fast food choice
- 11 Bessemer product
- 17 Hammock occupant
- 19 Raccoon's cousin
- 21 Winter bug
- 22 - relief
- 24 Without delay
- 26 Canine coat
- 28 Wickerwork willow
- 30 Friday's street
- 32 Become aware of
- 33 Examine
- 34 - out a living
- 36 Pleasant wind
- 38 Mill fodder
- 39 TV's ancestor
- 40 Scrimshaw material
- 42 Gary Cooper role
- 45 Despot
- 46 Declare
- 48 Wall St. debut
- 50 Base follower
- 51 Potent stick

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: **

* Moderate ** Challenging *** HOO BOY!

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Trivia test by Fifi Rodriguez

1. GEOGRAPHY: What two bodies of water does the Strait of Hormuz link?
2. GEOLOGY: What kind of land form is described as a flat-topped hill with steep sides?
3. LITERATURE: The term Bildungsroman is used to describe what kind of novel?
4. SPORTS: What is the lightest weight classification in boxing?
5. AD SLOGANS: What company introduced the slogan, "We answer to a higher authority"?
6. TELEVISION: What phrase was on the UFO poster in Agent Mulder's office in "The X-Files"?
7. MOVIES: In which movie was the following line uttered, "Take a chance. Hire the smart, fat girl"?
8. LANGUAGE: "Jarhead" is slang for what kind of military personnel?
9. MUSIC: What kind of musical instrument is a sitar?
10. MEDICINE: What would a patient with "ankylosis" be suffering from?

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HOCUS-FOCUS

BY HENRY BOLTINGOFF



Find at least six differences in details between panels.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another letter. The key is a 26-letter string of letters. The key is: HY ZU MHOQFU H RFTC PEMMCPJXC YETCMW. WEZC PEEIOEEIW. FYX JRC OCWJ HW RHWJEQU.

Clue: E equals O

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In my library I have collected novels, some cookbooks, and the rest is history.

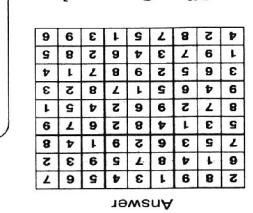
CryptoQuip

1. A gift joint
2. Indian lure
3. A U.S. Marine
4. The Devil Wears Prada
5. Went to Believe
6. Henry National
7. A novel that deals with the growth of the character
8. A hat
9. Persian Gulf and Gulf of Oman

Answers



King Crossword



Weekly SUDOKU