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The Times

FLOYD COUNTY
WEEKEND EDITION

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Times Staff Report

Letter reveals life of World War II serviceman

by JARRID DEATON
FEATURES WRITER

It could be a letter from somebody on vacation at first glance, or an old high school friend trying to reconnect with a person from their past, but the date and return address sets the stage for a poetic and homesick message from a young Kentucky man serving his country in World War II.

The letter, written on Christmas Day, 1940, by Floyd Warrix, was addressed to Lena

Bingham, a young woman living in Auxier. Warrix was aboard the U.S.S. Saratoga when he composed the letter, and one of the sections that shows Warrix missing his mountain home is when he writes about the Christmas holiday and how it doesn't feel like Christmas should, because he is not in the mountains surrounded by friends and family with snow on the ground.

Jim Bingham, brother of Lena, said the letter was recently discovered while going through some papers after the death of Lena's

husband, also a veteran of World War II. "We all grew up within a mile of each other on Jane Brown Branch," Jim Bingham said. "I think both Floyd Warrix and my sister were around 18 years old at the time of the letter."

According to Jim Bingham, Warrix returned from the war and spent a year in a sanatorium recovering from tuberculosis. After making his way back home to Floyd

For full text of letter, see page A6.

(See LETTER, page six)

Times Staff Report

OFFUTT — The Williamsport Fire Department in Johnson County discovered more than a basic fire when they responded to a dispatch call Wednesday.

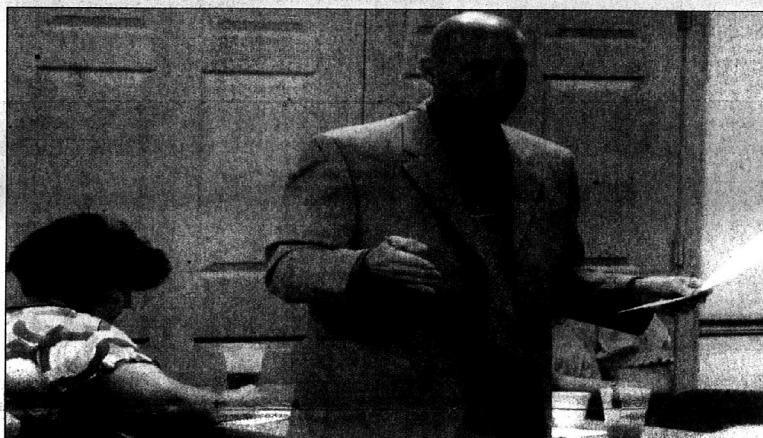
When firefighters arrived at the scene of a burning vehicle in the Offutt community of Boons Camp and started the task of putting out the fire, they discovered human remains in the burned automobile.

No further details were released from Kentucky State Police Post 9 in Pikeville, which is currently investigating the case.

The remains have been sent to the state medical examiner's office for identification and to determine a cause of death.

The investigation is being conducted by KSP Det. B.J. Gaudill, Arson Det. Don Parker and Trooper Eddie Crum, along with Johnson County Coroner J.R. Frisby.

GOING OVER THE NUMBERS



James Whited, Big Sandy Area Development District's financial director, outlined budget summaries with district board members. The board approved continued work on five regional projects Thursday.

photo by Sheldon Compton

ADD board approves projects

by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — Members of the Big Sandy Area Development District's board of directors approved progress on five projects currently on the table Thursday.

During an executive review of projects, members gave a green light to five separate projects spanning the region.

Two of those projects were related to Floyd County — a project dealing with Wheelwright City utilities and another for the city of Prestonsburg.

Members approved figures showing \$1.17 million that would be needed for water treatment plant improvements for the city of Wheelwright.

This project would involve a raw water flow meter, a 24-hour chlorine monitor, backwashing

pumps, clear well excavation, the purchase of new lab equipment, as well as a new chlorine room and construction of a new roof.

The \$1.17 million reflected in Thursday's summary is currently marked as state funds, according to Big Sandy ADD records.

A second Floyd County project, slated for the city of Prestonsburg, was approved by board members

(See PROJECTS, page six)

Body found in trunk of car

by SHELDON COMPTON
STAFF WRITER

ROCK HOUSE — Police and officials with the state medical examiner's office in Frankfort are now working to gain positive identification of a body found inside a car pulled from a body of water near Rock House in Magoffin County Tuesday night.

Information from Kentucky State Police Post 9 in Pikeville said the police received an anonymous tip that there were human remains in a pond near the community.

Reports following arrival of the police to the scene were that the car was pulled from the water after the Magoffin County Rescue Squad used a magnet to locate the vehicle.

Once the vehicle was pulled to the surface, the remains were found in the trunk of the 1980s model car. Rescue squad officials at the scene have said the body appeared as if it

(See BODY, page six)

Woman claims wrongful firing

by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — A former employee of Appalachian Wireless has filed suit against the company, its parent company East Kentucky Network and Appalachian Wireless Director of Human Resources John Willoughby.

Vickie Lynn Case claims in her lawsuit, filed in Floyd Circuit Court, that she was accused of stealing from the company and then fired because she was a female.

(See LAWSUIT, page six)

2 DAY FORECAST

Today

Isolated

High: 86 • Low: 62

Tomorrow

Cloudy

High: 82 • Low: 62

For up-to-the-minute forecasts, see floydcountytimes.com

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Efforts of UNITE Service Corps highlighted

by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — Members of UNITE Service Corps, a collaborative effort between Operation UNITE and AmeriCorps, gathered Thursday to celebrate the efforts of the last year among participants across seven counties.

UNITE Service Corps is a new group consisting of eight service members who work within area schools tutoring at-risk math students and also instructing fourth-grade students in a program called "Too Good For Drugs."

Of the eight service members, there are two working in Floyd County. Cathy Cole, who works at John M. Stumbo, said her role in the organization came about through an unfilled vacancy.

"I live in Magoffin County," Cole said Thursday, "but my sister teaches special education classes at John M. Stumbo, and it looked like nobody was going to fill the vacancy, so she called me. I travel five days a week to the school."

Cole said she was more than happy to take the position and has seen a lot of progress and interest from students at the school.

"Talking with the students about the disadvantages of drugs and how to resist peer pressure really helps them understand," said Cole, who added the math tutoring was also a bright spot in the newly formed organization. "I don't just stop with the at-risk students when I'm helping. If there's another student who has a question, I help them too."

The "Too Good For Drugs" program con-

(See SERVICE, page six)



Student projects were displayed at Jenny Wiley State Report Park during a meeting of UNITE Service Corps Thursday. The group's eight service members work with fourth-graders in the "Too Good For Drugs" program and also with at-risk math students.

photo by Sheldon Compton

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Obituaries

Amber Leigh Ashley

Amber Leigh Ashley, 29, of Wayland, died Tuesday, May 19, 2009, at her residence.

Born November 7, 1979, in New York, she was the daughter of Virgil Howell and the late Terry Ashley Howell. She was a 1998 graduate of Allen Central High School.

Survivors, in addition to her father, include a son, Zachary Damion Kyle Jervis of Wayland; a brother, Virgil Wayne Howell of Wayland; and five nieces: Aleah, Sierra, Terry, Nakita and Alisa.

She was preceded in death by Troy Jervis.

Funeral services will be held Friday, May 22, at 1 p.m., at Martin Branch Freewill Baptist Church, in EsLill, with Red Morris, and others, officiating.

Burial will be in the Boyd Cemetery, in Price, under the direction of Nelson-Frazier Funeral Home, in Martin.

Visitation is at the church. (Paid obituary)

Glen Stanley Layne

Glen Stanley Layne, 82, of Greensboro, North Carolina, died Wednesday, May 20, 2009, at Moses Cone Memorial Hospital.

He was born November 2, 1926, in Betsy Layne, the son of the late Robert Clyde and Ella Stanley Layne. He was a veteran of the U.S. Army and was retired from ITT Federal Electric, as an electrical engineer. He was a member of Westminster Presbyterian



Church; the Guilford College Civitan Club, where he was treasurer, and past-president; and for the past three years, had volunteered filing taxes.

Survivors include his wife, Chris Layne; two daughters: Amy Morehouse and her husband Anthony, Toni Plummer and her husband Clyde; two sons: George Wilson Sr. and his wife Kathy of Brown Summit, and John Wilson and his wife Judy of Melbourne, Florida; a brother, Ed Layne and his wife Sandy of Atlanta, Georgia; seven grandchildren: Rodney Johnson and his wife Christina, Glen Paul Johnson and his wife Holly, Jackie Morehouse, Eric Morehouse, George Wilson Jr., Amanda Rivard, and Nicholas Wilson; and eight great-grandchildren: Claudia, Izabella and Zachary Johnson, Chase and Adalyn Johnson, Ethan Rivard, George "Tripp" Wilson III, and Rebecca Grace Wilson; and a son-in-law, Rod Johnson of Indianapolis, Indiana.

In addition to his parents, he was preceded in death by a daughter, Terrie Johnson; and a grandson, Aaron.

Funeral services will be held at 2:00 p.m., Friday, May 22, at Westminster Presbyterian Church, with Rev. Larry Duncan officiating.

Entombment will follow at Lakeview Memorial Park.

Visitation was 7-9 p.m., Thursday, May 21, at Forbis and Dick Guilford Chapel.

Online condolences may be made to the Layne family at: www.forbisanddick.com.

In lieu of flowers, memorials may be made to the Guilford College Civitan Club, P.O. Box 8695, Greensboro, NC 27419.

(Paid obituary)

Norma Sue Clark Pigg

Norma Sue Clark Pigg, 80, of Prestonsburg, died Tuesday, May 19, 2009, at Highlands Regional Medical Center.

Born May 24, 1928, in Endicot, she was the daughter of the late Richard Beverly Clark and Maude Spears Clark. She was a homemaker.

She was preceded in death by her husband, James Franklin Pigg.

Survivors include a brother, Tom Ed Clark of Prestonsburg; and many nieces and nephews.

In addition to her husband and parents, she was preceded in death by six brothers: John

Bascom Clark, Thurman Clark, Clyde Clark, Arnold Clark, Bill Clark, and Montain Clark.

Funeral services will be held Friday, May 22, at 1 p.m., at the Carter Funeral Home Chapel, with Pastor Gary Ross officiating.

Burial will be in the Clark Family Cemetery, in Prestonsburg.

The family has entrusted arrangements to the Carter Funeral Home. (Paid obituary)

Edward F. "Buddy" Robinson

Edward F. "Buddy" Robinson, age 82, of Langley, husband of Doris Allen Robinson, passed away Tuesday, May 19, 2009, at St. Joseph, Martin.

He was born March 26, 1927, in Bevinville, the son of the late Clarence O. Robinson and Martha Richardson Robinson. He was a retired miner and postmaster; a member of the Graceway United Methodist Church; original organizer and first chief of Maytown Volunteer Fire Department; and was a sergeant at Maytown.

Survivors include his wife, Doris; a son, James Edward Robinson of Lexington; two brothers: Ballard Robinson of Eastern, and Ernest Robinson of Decatur, Alabama; seven grandchildren: Sean Keith Robinson, James E. Robinson Jr., Jesse E. Robinson, Julia M. Robinson, Matthew J. Robinson, Brittany S. Robinson, and Tiffany N.

Robinson; and five great-grandchildren.

In addition to his parents, he was preceded in death by a son, Larry Dean Robinson; a daughter, Phyllis Ann Robinson; three brothers: Daniel "Buster" Robinson, C. Ollie Robinson, and Donnie Robinson; and two sisters, Myrtle Landis and Rebecca Halbert.

Funeral services for Edward "Buddy" Robinson will be Friday, May 22, at Hall Funeral Home, in Martin, with Clergyman Roy Harlow officiating.

Burial will follow in the Stewart Cemetery, in Maytown, with the Hall Funeral Home caring for those arrangements.

Visitation is at the funeral home. (Paid obituary)

Pearl Samons

Pearl Samons, age 84, of Langley, wife of the late Seymour Samons, passed away Thursday, May 21, 2009, at Highlands Regional Medical Center, in Prestonsburg.

She was born November 20, 1924, in Martin, the daughter of the late Johnny Conn and Liddia Samons Conn. She was a homemaker, and a member of the Arkansas Creek Church of Christ.

Survivors include three grandchildren: Emma Lou (Garry) Wells of Auxier, Mark Jervis of Langley, and Robert Earl (Misty) Jervis of Hippo; a son-in-law, Earl Jervis of Langley; three great-grand-

children: Makayla Marie Wells, Larry Lance Wells II, and Hannah Raen Jervis; two sisters: Mary Conn of Martin, and Vertie Samons of Wabash, Indiana.

In addition to her parents and husband, Seymour, she was preceded in death by a daughter, Ida Jervis; four brothers: Harley, Doug, Burley and Willie Conn; and three sisters: Gracie Kilburn, Mae Manns, and Ticker Conn.

Funeral services for Pearl Samons will be conducted, Saturday, May 23, at 1:00 p.m., at the Hall Funeral Home Chapel, in Martin, with Ronnie Samons and Roy Robinson officiating.

Burial will follow in the Davidson Memorial Gardens, in Ivel, with Hall Funeral Home, caring for those arrangements.

Visitation is at the funeral home.

Church services will be held at 7:00 p.m., Friday evening. (Paid obituary)

In Loving Memory Tommy Bentley



8/13/61 - 5/24/08

I AM NOT THERE
Do not stand by my grave and weep,
For I am not there, I do not sleep.
I am a thousand winds that blow,
I am diamonds that glint on snow,
I am the sunlight on ripened grain,
I am the gentle autumn rain.
When you awaken in the morning hush,
I am the swift uplifting rush of butterflies in joyous flight,
I am the soft stars that shine at night,
Do not stand at my grave and cry,
I am not there, I did not die.

—unknown
Love and miss you, always,
Mom

Enjoy the sizzle, avoid hazardous fizzle

NASHVILLE, Tenn. — Firing up your backyard grill this Memorial Day weekend? Before you ignite the slightest briquettes or crank open the gas valve on the propane tank, make sure you've run through your grilling safety checklist before tossing food over the flames. Even the slightest oversight can spark danger, potentially leading to extensive property damage and severe burn injuries.

"After a long winter, Memorial Day weekend is often the first opportunity for families and friends to get together for large, outdoor parties," said Mike McKinney, Field Vice President for the Southern Region of Allstate Insurance. "But in the excitement of planning the event and preparing the food, it's easy to

overlook basic safety tips that may prevent your backyard barbecue from going up in smoke."

Grill Safety Checklist

- To avoid grilling disasters, Allstate Insurance provides the following safety tips to promote safe outdoor cooking all summer long:
- Make sure your barbecue grill is on a level surface far enough away from homes, furniture, children and pets
- Check to see grill legs are sturdy and avoid grilling on a combustible surface such as a wooden deck.
- Position your grill so sparks and smoke won't fly towards people, furniture or buildings.
- Avoid grilling in a confined space and if possible,

don't grill on balconies and decks of apartments and condominiums.

■ Protect your hands and body by using potholder-type gloves and a heavy apron when over the grill

■ Keep lit cigarettes, matches and open flames away from your grill

■ Clean your grill after every use to avoid grease buildup at the bottom

For Charcoal Grills:

- Never allow burned coals to smolder in any container on a wooden deck and make sure to douse coals with water before they're disposed
- Do not discard used briquettes in a cardboard carton or any other combustible container
- Avoid using gasoline,

kerosene, alcohol or a cigarette lighter to ignite a fire

■ Do not add more starter fluid to an existing fire

■ Only use enough charcoal to last for the amount of time it's needed

■ Make sure the ash catcher is properly attached when using a kettle grill

■ In the event of bad weather while grilling, do not move a grill indoors; hot charcoal can build up lethal levels of carbon monoxide.

For Gas Grills:

- Always store gas tanks in an upright position outside and away from your home or garage and out of the reach of children and pets
- Check to see tank valves are turned off when not in use
- To see if there may be a

leak in a tube or connection, pour soapy water over it with the valve turned open - bubbles will appear if there is a leak. Should there be a leak, shut off the gas immediately and do not use the grill until it is repaired

And for all types of grilling, never leave your grill unattended when in use. Taking time to check for safety will have everyone remembering your outdoor party for the right reasons.

Free concert lineup at state fair announced

LOUISVILLE — There is something for everyone on the free concert stage at the Kentucky State Fair. Rock, pop, funk, country, Motown, and worship music will all be represented. The following concerts are free with paid admission to the Kentucky State Fair. All free concerts will be held at Cardinal Stadium beginning at 8 p.m.

Peter Frampton with special guest The Afters

Thursday, August 20
The beginning of the Kentucky State Fair concert series begins with British rock legend Peter Frampton. Frampton's career began as a member of the 1960s groups Humble Pie and The Herd. Since 1971 he has been a notable Grammy award-winning solo artist. Recently, Frampton won the 2007 Grammy Award for Best Pop Instrumental Album for "Fingerprints." Best known for his live shows and albums, Frampton will treat the audience to his signature guitar riffs and hit songs "Baby I Love Your Way" and "Do You Feel Like We Do." Joining Frampton in concert is The Afters. The Texas-based band has recorded two albums, including the title track "Never Going Back to OK" in

2006. It became the most played song on R&R magazine's Christian CHR chart for 2008.

The Commodores - Friday, August 21

The Commodores were Motown's biggest act for two decades. The Grammy Award winners are still creating new albums and fresh hits, 37 years after being first discovered. The Commodores are best known for their mega-hits "Brick House," "Easy" and "Three Times a Lady." The Commodores will show the Kentucky State Fair that they are still as funky as when they started.

Shinedown with special guest Rev Theory

Saturday, August 22
Having toured with rock sensations Seether, Godsmack, Breaking Benjamin and Red Jumpsuit Apparatus, the Florida-bred rock band Shinedown will unleash "The Sound of Madness" and other audience favorites at the Kentucky State Fair. The platinum-album selling band is best known for their songs "45," "Save Me," "Devour" and "Second Chance." Shinedown also covered Lynyrd Skynyrd's "Simple Man" in memory of friend and

Pantera guitarist "Dimebag" Darrell. They have three studio albums under their belt. Shinedown has a hard-rocking future ahead of them. Special guest Rev Theory will be performing off their sophomore album "I Light It Up."

An Evening with the Oak Ridge Boys - Sunday, August 23

It wouldn't be the Kentucky State Fair without hearing the Oak Ridge Boys. The Oak Ridge Boys will be returning for their 33rd Kentucky State Fair to perform their classic hits. "Trying to Love Two Women" and "Hobbie Sue." The Oak Ridge Boys will add fresh tunes to their show, introducing their new album, "The Boys Are Back," featuring a fusion of new rock sounds and music from their country, gospel roots.

Jeremy Camp with special guest Southeast Worship Band - Monday, August 24

Jeremy Camp grew up the son of a pastor and has been sharing his spirituality through music since his first album, "Stay" in 2002. Camp has won numerous awards to match his 16 No. 1 songs. "Speaking Louder" is Camp's new album,

debuting in the Top 40 on the Billboard 200. Performing with Camp is Louisville's own Southeast Worship Band. Based out of Southeast Christian Church, the Southeast Worship Band plays nearly every worship service delighting the congregation.

Gary Allan with special guest Candy Coburn

Tuesday, August 25

(See CONCERTS, page six)

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For the Record

Marriage Licenses

Lora Marie Ward, 27, of Thelma, to Terry Wayne Cesco, 22, of Prestonsburg.
 Amy Beth Pack, 31, of Lowmansville, to Darren K. Iricks, 37, of Pikeville.
 Kathy Lynn Gilliam, 41, of Hindman, to Awadh Baryoun, 44, of Hindman.
 Chrystal Dawn Powers, 33, of Auxier, to Donald Keith Marshall, 29, of Auxier.
 Rhonda Michelle Merion, 33, of Hueysville, to James Robert Cobb, 39, of Hueysville.
 Marla K. Bell, 54, of Harold, to Ricky Gillespie, 51, of East Point.
 Helen Lewis, 59, of Cincinnati, Ohio, to Ronald W. Blackburn, 55, of Drift.

Civil Suits Filed
 Midland Funding, LLC vs. Valerie Harrison; complaint.
 Robert Patrick vs. Eugene E. Gibson; complaint.
 James V. Dove vs. Charmaine Dove; divorce.
 Chase Home Financing LLC vs. Harty Lawson and Tina Vance; complaint.
 Becky Branham vs. Fred Robinson; petition for child support and healthcare insurance.
 Clinton Lafferty vs. Keith Lafferty; petition for healthcare insurance.
 Citifinancial Services Inc. vs. Iris J. Prater and Floyd County; complaint.
 Vicki Lynn Case vs. Appalachian Wireless, East Kentucky Network and John Willoughby; complaint.
 Henry A. McKenzie II vs. Response Insurance, Jarrod B. Stone and Lisa Gray; complaint.

Janet S. Little vs. Marty K. Little; divorce.
 Dell Financial Services LLC vs. Vertie L. Bays; complaint.
 BB&T Sales Finance Inc. vs. Dreanna Hunt; complaint.
 Stephanie T. Ousley vs. Duane Ousley; petition for healthcare insurance.
 Adam Stratton vs. Johnson Candy Company and Charles W. Rogers; complaint.
 Citifinancial Inc. vs. Kevin Handshoe and Goldie Handshoe; complaint.
 Joy Meyerhoff vs. Virgil Meyerhoff; separation agreement.
 Citibank South Dakota N.A. vs. H.A. Bolling; complaint.
 Jeffery Dye and Teresa Dye vs. Bert Layne, Janice Layne and Georgia Layne; complaint.

Small Claims Filings
 James Donald McKinney vs. Nora Martin; debt collection.
 Newman's Shop-A-Lot vs. Edward Conn; debt collection.
 Donna Derocsett and Alvin Withem vs. Christina V. Simpson and T&K Signs Window Tinting Inc.; debt collection.
 Stoney Newsome vs. Edgory Collins; debt collection.
 Tony Schmidt vs. Nationwide Insurance and Tammy Bartley; debt collection.
 Roger Layne vs. Jerry Hill and Audrey Akers; debt collection.
 Leita Harvey vs. Mickey Ray Stone; debt collection.

Charges Filed
 Rick K. Arms, 32, Dana;

theft by failure to make required disposition of property.
 Edgory Collins, 30, David; fugitive from another state.
 Shannon Curtis McKenzie, 39, Prestonsburg; flagrant non-support.
 Gary Thomas Conley, 31, Mousie; theft by unlawful taking.
 Ashley Jarvis, 25, Banner; theft by unlawful taking.
 Columbus I. Humble, 50, Allen; fourth-degree assault.
 Michael Dale Hagans, 27, Langley; setting fire on own land without taking precautions.
 Kevin Moore, 19, Hi Hat; criminal trespassing.
 Daniel C. Hunt, 22, Prestonsburg; alcohol intoxication, disorderly conduct.
 Allie M. Combs, 48, Blue River; violation of an emergency protection order.
 William E. Rathiff, 45, Staffordsville; violation of an emergency protection order.
 Ervin Paul Sartin, 42, Banner; criminal mischief.
 Clarence Arnett, 35, Salyersville; alcohol intoxication.
 Jimmy D. Adams, age unlisted, Salyersville; alcohol intoxication, disorderly conduct.
 Rachel Lynn Friend, 29, Ivel; failure of parent or guardian to send child to school.
 Jerry Lee Harrison, 50, Prestonsburg; alcohol intoxication.
 Matthew Wayne Tackett, 30, Weeksbury; possession of marijuana.
 Deanie G. Daniels, 51, Betsy Layne; alcohol intoxication.
 Shane Howard, 18,

Hueysville; alcohol intoxication.
 Bobby Earl Estep, 32, Wintonsville; public intoxication.
 Jamie S. Meade, 19, Printer; disorderly conduct, harassment, resisting arrest.
 Michael E. Mullins, 51, Hi Hat; terroristic threatening.
 Chastity Lynn Welch, 28, Martin; failure of parent or guardian to send child to school.

Inspections
 Allen Elementary, Allen, regular inspection. Violations noted: non-food contact surfaces not properly constructed, non-food contact surfaces not properly maintained, improper storage of clean equipment and utensils, insect and rodent proof containers not provided, garbage and refuse containers not covered as required, floors not in good repair. Score: 95.
 Betsy Layne Elementary School, Betsy Layne, regular inspection. Violations noted: food contact surface of equipment and utensils not clean, non-food contact surface of equipment and utensils not clean, floors not in good repair, light fixtures not shielded as required. Score: 95.

Property Transfers
 Jackie E. Pack to Carrington Mortgage Services, property not listed.
 Brice Hall to Phillip Gene Hall to Steven Dewayne Hall, property located at Branham's Creek.
 Melissa Hall to Gayle Hall to Terry Hall, property not listed.
 Tommy Hall to Gayle Hall to Terry Hall, property not listed.

Hershel Kidd to Bobby Joe Kidd and Sheila Kidd, property not listed.
 Nancy Kidd to Bobby Joe Kidd and Sheila Kidd, property not listed.
 Lara King to Harold T. Kidd, property not listed.
 Clinton Lafferty to James Spears, property not listed.
 Dorothy Lafferty to James Spears, property not listed.
 Barbara P. Martin to Cecil Caudill and Wanda Caudill, property not listed.
 Julius Martin to Reselle Calhoun, property not listed.
 Mary Rose Martin to Reselle Calhoun, property not listed.
 Ted Shannon to Johnny R. Pack and Gregory Stumbo, property located at Drift.
 Andrea Spears to James Spears, property not listed.
 Bertha Spears to James Spears, property not listed.
 Chris Spears to James Spears, property not listed.
 Darvin Spears to James Spears, property not listed.
 Herbert Spears to James Spears, property not listed.
 Jack Spears to James Spears, property not listed.
 Norma Spears to James Spears, property not listed.
 Diane Martin Stinnett to Benard Martin, property located at Goose Creek.
 Lou Teresa Tackett to Charles Ray Tackett, property not listed.
 Ashley Bailey Trusty to Betty Moore, property located at Highland Ave.
 Tim Trusty to Betty Moore, property located at Highland Ave.

New law offers special tax breaks

Small Business Week is May 17 to 23, and the Internal Revenue Service urges small businesses to act now and take advantage of tax-saving opportunities included in the new recovery law.

The American Recovery and Reinvestment Act, enacted in February, created, extended or expanded a variety of business tax deductions and credits. Because some of these changes—the bonus depreciation and increased section 179 deduction, for example—are only available this year, eligible businesses only have a few months to take action and save on their taxes. Here is a quick rundown of some of the key provisions.

Faster Write-Offs for Certain Capital Expenditures
 Many small businesses that invest in new property and equipment will be able to write off most or all of these purchases on their 2009 returns. The new law extends through 2009 the special 50 percent depreciation allowance, also known as bonus depreciation, and increased limits on the section 179 deduction, named

for the relevant section of the Internal Revenue Code. Normally, businesses recover these investments through annual depreciation deductions spread over several years. Both of these provisions encourage these investments by enabling businesses to write them off more quickly.

The bonus depreciation provision generally enables businesses to deduct half the cost of qualifying property in the year it is placed in service. The section 179 deduction enables small businesses to deduct up to \$250,000 of the cost of machinery, equipment, vehicles, furniture and other qualifying property placed in service during 2009. Without the new law, the limit would have dropped to \$133,000. The existing \$25,000 limit still applies to sport utility vehicles. A special phase-out provision effectively targets the section 179 deduction to small businesses and generally eliminates it for most larger businesses.

Bonus depreciation and the section 179 deduction are claimed on Form 4562. Further details are in the

instructions for this form.

Expanded Net Operating Loss Carryback
 Many small businesses that had expenses exceeding their incomes for 2008 can choose to carry those losses back for up to five years, instead of the usual two. For small businesses that were profitable in the past but lost money in 2008, this could mean a special tax refund. The option is available for a small business that has no more than an average of \$15 million in gross receipts over a three-year period.

This option is still available for most eligible taxpayers, but only for a limited time. A corporation that operates on a calendar-year basis, for example, must file a claim by Sept. 15, 2009. For eligible individuals, the deadline is Oct. 15, 2009.

Eligible individuals should file a claim using Form 1045, and corporations should use Form 1139. Details can be found in the instructions for each of these forms, and answers to frequently-asked questions are posted on IRS.gov.

Exclusion of Gain on the Sale of Certain Small Business Stock
 The new law provides an extra incentive for individuals who invest in small businesses. Investors in qualified small business stock can exclude 75 percent of the gain upon sale of the stock. This increased exclusion applies only if the qualified small business stock is acquired after Feb. 17, 2009 and before Jan. 1, 2011, and held for more than five years. For previously-acquired stock, the exclusion rate remains at 50 percent in most cases.

Estimated Tax Requirement Modified
 Many individual small business taxpayers may be able to defer, until the end of the year, paying a larger part of their 2009 tax obligations. For 2009, eligible individuals can make quarterly estimated tax payments equal to 90 percent of their 2008 tax or 90 percent of their 2008 tax, whichever is less. Individuals qualify if they received more than half of their gross income from their small businesses in 2008 and meet other requirements. For

details, see Publication 505.

COBRA Credit
 Employers that provide the 65 percent COBRA premium subsidy under ARRA to eligible former employees claim credit for this subsidy on their quarterly or annual employment tax returns. To help avoid imposing an unnecessary cash-flow burden, affected employers can reduce their employment tax deposits by the amount of the credit. For details, see Form 941. Answers to frequently-asked questions are posted on IRS.gov.

Other ARRA business provisions relate to discharges of certain business indebtedness, the holding period for S corporation, built-in gains and acceleration of certain business credits for corporations. Details are in Fact Sheet ES-2009-11 included with this release.

MCA graduates eighth-grade class

MARTIN — Mountain Christian Academy held its eighth grade graduation ceremony on May 19.

The class of 2009 was addressed by Tom Dowling, former football coach at Liberty University, Georgetown College, and the University of the Cumberlands.

"I want you to remember two things," Dowling said. "Remember who you are, and remember whose you are."

Students were presented

with awards for their academic achievements. Wade Vierheller was named valedictorian, and Manvir Bhagrat was named salutatorian. Three students were presented with the McCracken Scholarship — Wade Vierheller, Kelli Akers, and Thalia Holland.

The Mountain Christian Academy class of 2009 includes Kelli Suzanne Akers, James Barron Darrel Allen, Shonda Alia Bailey, Manvir Singh Bhagrat, Rimini-Ashion Bradley, Alexander

Martin Davis, John Gregory Clay Gullett, Thalia Nicole Holland, Samuel Abraham Kilburn, Eric Lloyd King Jr., Jonathan Edward Howard O'Bryan, and Shaquana Queenberry, Christ An Rose, and Wade Timothy Vierheller.

MCA, in Martin, is a non-profit 501(c)(3) organization founded in 1983. It is a private, Christian, accredited institution offering a PK-8th grade education to the children of Eastern Kentucky.

The mission of MCA is to

provide a quality education in a Christian environment. MCA provides children with the following opportunities: elementary and middle school academic teams, Chess, OLYMPIA, ITHC OLYMPIA, basketball, volleyball, golf, and cheerleading. MCA is committed to providing a Christ-centered education to all children in Floyd and surrounding counties.

For more information about MCA, visit www.mountainchristianacademy.com.

PRESTONSBURG HIGH SCHOOL
SBDM Parent Representative Nominations and Elections
 Nominations for Parent Representatives will be accepted until Wednesday, June 3, 2009, at 3:30 p.m., in the office at Prestonsburg High School.
 Elections will be held Monday, June 8, 2009, at 5:00 p.m., in the cafeteria at Prestonsburg High School.

"After the Flood Sale"
 Going On Now at the
E.P. Grigsby Store
 Martin, Kentucky
 Come in and take advantage of numerous discounted items!

Be an Angel.
 Become a Kentucky organ & tissue donor.
 For information contact:
 1-800-525-3456, or
www.trustforlife.org

Choose Healthful Foods
 American Heart Association

Kindermusik
 with Rebecca Haywood
FREE FREE FREE
 Demonstration Classes
 Tuesday, May 26
 Newborn - 18 months
 10:30 and 1:30
 18 months - 3 Years
 4:30 and 6:00
 Classes will be held at
 Prestonsburg First United Methodist Church
 For more information, call 606-886-3568

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Viewpoint

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Worth Repeating ...

I know a lot about cars. I can look at a car's headlights and tell you exactly which way it's coming.

— Mitch Hedberg

Our View

A cure for lazy summer days

It's a common lament among both children and adults in Floyd County ...

"There's nothing to do!"
Of course, that's not quite true. What the complaint usually means is, "I can't think of anything to do." Fortunately, Big Sandy Area Development District is coming to the rescue with an antidote to boredom, and just in time for whenever school lets out for the summer.

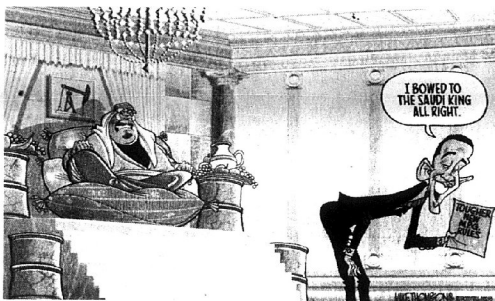
Area residents will find plenty to do on June 6, 7 and 8, when the Big Sandy Adventure Tourism Conference and Expo takes place. While the event is planned to extol the wide variety of outdoor activities available to tourists of the region, it will also serve as an excellent opportunity for locals to rediscover all of the exciting adventures available to them in their own backyards.

Several activities are planned for Saturday, June 6, including cycling, mountain biking, horseback riding, canoeing, pontoon boat rides and ATV rides. And not only are all of these events fun the whole family can enjoy, they're also free.

More events are planned for Sunday, June 7, at the Mountain Arts Center, where the expo will take place. Local experts will be giving demonstrations and instruction on such topics as archery, bird watching, chain saw certification, fly tying, GPS, canoe/kayak instruction, wildlife photography, bicycle maintenance, wildlife, and turkey calling. Once again, all of these events are free.

So, nothing to do? Not by a long shot!
Additional information about the event and registration forms are available on Big Sandy ADD's website, www.bigsandy.org.

— The Floyd County Times



Guest Column

House week in review

by REP. HUBERT COLLINS

It might be easier to tell the future by reading tea leaves than to get an accurate picture of the state's budget outlook for next fiscal year.

One week it looks like state revenues might be on the upswing, then we get news from the Governor's Office that fiscal year 2010, beginning July 1, could be the year we face a budget shortfall of more than \$1 billion. You heard it right—even with all the cutting and revenue changes made over the past 2-3 years, the Commonwealth could face one of the most challenging General Fund shortfalls in state history.

More precise shortfall figures are due from an independent team of economists at the end of May, but the initial estimates released on April 30 by the state show that a shortfall of \$818 million to \$1 billion is quite possible. This is not what we want to hear.

We want to believe our state, which saw its jobless rate jump in March to its highest rate in a quarter century at 9.8 percent, is in economic recovery. We are tired of learning that family, friends, perhaps even ourselves, have

lost jobs and must rely on a state unemployment system that state officials say is essentially bankrupt from an avalanche of claims. We want to hear that the so-called "Great Recession" is coming to an end. But at the same time, we want to be realistic.

We got pretty much what we are looking for last weekend with the release of a story titled "Numbers say worst part of recession over" from the Associated Press. The article explained that many experts believe that, yes, the economy is turning around, but probably not as quickly as we'd like. The earliest they expect economic growth is this summer or more likely, this fall once tax cuts and federal stimulus projects have had time to work.

There is already some evidence of a possible turnaround, including recent news that job losses are at the lowest level since December, consumer spending and home sales are up, and construction is on the rise. So there is some end in sight. It just won't come as quickly, or neatly, as we would like.

The economy will likely shrink some more, and the jobless rate will likely rise before it falls, possibly to what the article called a "stinging 10 percent" from a rate of 8.9 percent on May 8. Even a generally optimistic Federal Reserve Chairman Ben Bernanke has said the recovery will come in fits and starts, with more job

losses likely.
So, no, it will not be a neat recovery. But the possibility of growth "by the numbers" is better than anything we could have hoped for five or six months ago.

What is improbable is that any recovery will be strong enough to solve Kentucky's massive state budget problems before the regular legislative budget session begins in January. There just is not time. That means that Kentucky state lawmakers and Governor Steve Beshear will once again have to consider program cuts, new sources of revenue or, possibly, using a large part of the state's federal stimulus money to get us out of the billion-dollar budget hole we are facing.

We could be back in June in special session to tackle this issue, or a special session might come later in the summer or fall. Whenever the issue is addressed in session, I will keep you informed of what action is taken along the way.

Another responsibility we as lawmakers and all Kentuckians have is to honor our military and their sacrifices in wars and conflicts, past and present. We have a chance to do that this Memorial Day, which will be observed on Monday, May 25. Please take time to participate in local observances and honor those who have preserved America's freedom.

We should show appreciation to those who protect our freedoms

by SEN. RAY JONES

May has been set aside by the United States Congress to honor a very special group of men and women—the members of the U.S. military. Across the nation, communities such as Johnson, Martin and Pike counties, will observe National Military Appreciation Month by recognizing the important role of our military.

These men and women deserve our gratitude every day because they make it possible for us to continue to live in the greatest country in the world and enjoy the many freedoms that were the driving force in declaring an independent nation.

Our military—Army, Navy, Air Force, Marines, Coast Guard, National Guard and Reserves—ensure that we have the freedoms denied to so many around the world. These freedoms, which we so often take for granted, give each of us a

voice; allow us to think for ourselves and make our own choices; permit us to assemble for any cause or purpose; allow us to worship the god of our choosing and to practice the religion of our individual beliefs; and afford us the opportunity to express our ideas, all without fear of persecution. Our military allows us the privilege of having freedom from fear.

From our country's forefathers, who bravely fought for our independence, to the men and women who are currently fighting in the war on terrorism, our military men and women are dedicated to the prospect of preserving our freedoms and our way of life; protecting our country and those who are unable to protect themselves; standing up for what is true and right, and coming to the aid of citizens in crisis.

During winter storms, tornados, flooding and other catastrophes, we have been fortunate to have had the National Guard and Army Reserve in Johnson, Martin and Pike counties and other affected communities throughout the state to help ensure that all our citizens were not in imminent danger or in need of medical attention, food, water or heat.

It goes without saying that we should ALWAYS honor and recognize our military men and women. They leave their families and their homes—often going overseas—and put

their lives at risk to serve and protect our country.

Each of the men and women who put on the uniforms of their particular military branch of service and take up arms for our cause are my heroes and deserve respect and gratitude every day. We may not express these feelings on a daily basis, so National Military Appreciation Month reminds us that we should say, "Thank you. We are grateful that you serve and protect our country."

During May, I hope that we all will be more attentive to our military and show our appreciation. Letters and care packages sent to our men and women serving overseas or in other parts of the country will be warmly received. A simple "thank you for what you do (or have done)" to a member of the military or to a veteran comes at no expense or time, but will show them that we do care and we are grateful. And, always, we should educate our children on the important role of our military and teach them to revere and respect our men and women in uniform.

I feel fortunate to live in this great country and an indebted to those who protect us, our freedoms and our country.

God bless the U.S.A. and God bless the men and women who serve our country.

The Times

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Trans-Star Ambulance Service would like to take this time to personally thank all Emergency Medical Service Professional Employees for the hard work and dedication to the people of Eastern Kentucky.



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Caring For Our Community

\$52 million in stimulus money to go to Ky. energy projects

FRANKFORT Underlining his vision to make Kentucky a national leader in energy, Governor Steve Beshear announced Thursday a \$52 million blueprint to create nearly 600 jobs by increasing efficiency and renewable energy efforts in schools, farms, homes, government buildings and private sector initiatives throughout the Commonwealth.

The funding for the plan is part of the federal stimulus plan or the American Recovery and Reinvestment Act (ARRA).

Kentucky's allocation for energy initiatives and planning is \$52,533,000 that will be utilized over the next three years, pending approval by the U.S. Department of Energy in the next several months.

"The programs that will receive the funding will have a wide-ranging and positive impact on the Commonwealth both immediately and for years to come," Gov. Beshear

said today in announcing the energy blueprint. "These programs are designed to support Kentucky's seven-point strategy for energy independence that will position Kentucky as a national leader in production, conservation and efficiency efforts.

The Governor's comprehensive energy plan, released last year, calls for significant reductions in greenhouse gas emissions while creating some 40,000 jobs tied to energy production and conservation between now and 2025.

Specifics of the state's proposed stimulus funding plan include:

- Purchasing and installing energy efficiency or renewable energy equipment and materials for the retrofit of a state-of-the-art Advanced Battery Strategic Planning facility and the proposed advanced battery manufacturing facility to be built in Glendale.
- Dramatically improving energy efficiency in govern-

ment buildings by installing an Energy Management System and establishing the Kentucky Green Bank, a revolving loan fund for energy efficiency improvements.

- Expanding the Kentucky Energy Efficiency program in public schools, as well as the Green and Healthy Schools program, to help Kentucky schools better manage energy use, while also educating students, faculty and staff on efficiency and conservation efforts.
- Strengthening these programs will support approximately 150 new and retained jobs through a system of local energy managers, regional coordinators, technicians and engineers that will be available to guide school districts through the process of implementing energy efficiency programs," said Len Peters, secretary of the Energy and Environment Cabinet. "These programs help us reach our goals of increasing energy effi-

ciency and significantly reducing our carbon output over the next 15 years.

- Expanding an industrial/commercial sustainability program modeled after an U.S. Department of Energy Program (USDOE) to increase the number of onsite energy efficiency assessments at industrial and commercial facilities.
- Supporting a Governor's Office of Agriculture Policy initiative for a new on-farm energy efficiency and production program that will provide grants to farmers for energy assessments and for technical assistance in applying for USDA grants, thus creating increased funding opportunities for Kentucky farmers.
- Exploring the development of smart grid concepts and their application in the state and establish a Home Performance with Energy Star program, which will provide energy assessments and improvement recommenda-

tions in existing homes.

Upon USDOE approval Kentucky will be authorized to spend up to 50 percent of the total allocation with the remaining balance being authorized based on demonstrated performance. The ARRA funds must be expended by 2012.

For more information on State Energy Program funds awarded under the ARRA see the attached fact sheet and visit www.kentuckyatwork.ky.gov.

really beautiful until you get used to it. On all sides as far as your eyes can see, the ocean is rolling and blue. Hundreds of sea gulls are always flying near the ship. Sometimes they will almost sit in your hand they are so gentle. Yes, everything is so different here than it is there. The moon looks different. It looks as if it is lost up there in such a wide space, but it is great to watch its reflection on the sea mingled with the lights of Long Beach. I am sending you a picture of Long Beach as it really appears at night. The round building on the right is a very large amusement center, having everything in it that a large carnival would have. One whole street, also, has nothing but luxuries and every kind of amusement that can be mentioned.

Well, my little girl, I guess I had better close. Remember, nothing pleases me better than to get a big, long letter. Answer real, real soon.

Letter from WWII serviceman

Hi Lena, Surprised? Well, I can't blame you, but I just had to write you a letter.

What is the little girl doing now? Still driving the milk truck, I bet. Well, I'm working but it is nothing relative to that. I am working as a storekeeper, and believe me it is a job. We have over a hundred tons of stores coming aboard tomorrow. I sure dread it, for it will take us 'til night to get them put away.

Lena, ask Clara why she didn't answer my letter. I got a card from her the other day, but that has been all so far.

Gosh, I do get so blue sometimes. I don't know that to do. I often wander around on the flight deck at night looking at the beach, all lighted so beautifully, and I really get homesick. I'll admit this is a good place, and perhaps I am better off here, but I do long to be back there with you, Clara, and all my friends. Here I am today sitting in the library writing to you. The sun is shining outside, and it is so warm one can go in his shirt sleeves, but it isn't Christmas to me. There isn't any snow, any mountains, nothing but water on all sides. Yes, I bet you have had a wonderful Christmas. We had as good a dinner as I ever ate, but what is a dinner without the spirit of home? Just a simple meal filled with the warmth of a friendship one can find only at home, would have satisfied me.

Lena, one great reason I came into the Navy was to learn a trade that would be beneficial to me in civilian life. It seems that was only a rumor to get boys to enlist. Well, I'll quit this. I suppose you are getting tired anyway.

We are scheduled to go into dry dock at Bremerton, Washington, next month. Gosh, I bet it is cold up there. It is on the Puget Sound, bordering Canada.

Little friend, this place is

■ Continued from p1

ect in terms of funding approval decided on Thursday was just over \$44.6 million for continued plans for Pikeville Medical Center's proposed parking garage and sewer treatment office building the hospital has envisioned in the past several years.

■ Continued from p1

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Projects

who gave the nod to an estimated \$897,571 to be used for modifications to the city's existing wastewater treatment plant.

The funding, which would come in the form of stimulus money, according to Big Sandy ADD Director Sandy Runyon,

would see construction of two additional treatment units and the conversion of the existing unit to work with the others.

The existing plant is outdated and inefficient and cannot continue to provide adequate service to Prestonsburg residents, district officials said.

Other projects given the green light through executive review Thursday included two separate project summaries for \$210,650 and \$222,589 for ice storage recovery expenses, and funds for Magoffin County and its county seat Salyersville.

And by far the largest proj-

■ Continued from p1

Rep. Hal Rogers and UNITE and also Kentucky Colonel certificates from the Kentucky Office of Drug Control Policy.

Those recognized were Cole and Case from Floyd County, Martin from Knott, Pike County members Christen Coleman, Nicole Kidd and Jennifer Kender, Tony Asher, of Leslie County and Jaysen Helton of Magoffin County.

Trusty said there have already been grants awarded to ensure that five additional members will be added to the stable existing participants for next year's program.

■ Continued from p1

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■ Continued from p1

County, Warrick became a pastor and served at several churches in the area, eventually marrying a woman from Allen.

"With Memorial Day coming up, I think this letter will make a lot of veterans happy," Jim Bingham said. "My sister kept it all these years. It shows a young military man missing his Eastern Kentucky home and wanting to get back as soon as he can."

Service

sists of 10 individual lessons that take approximately one hour to share with students. The results of some of those lessons were represented in the form of displays made by students that were at Thursday gathering.

These displays included posters and t-shirt designs as well as scrapbooks with photographs chronicling the fourth-graders' work through the program during the 2008-09 year.

Of the eight members in the group, there are two from Floyd County and Brennan Case from Prestonsburg Elementary. Becky Martin, who works

with students at Carr Creek Elementary in Knott County was on hand for Thursday's meeting. She says bringing something special to the kids involved was one of the most rewarding aspects for her.

"The biggest thing about doing this has just been the interaction with the kids," Martin said. "It's just the best thing to be able to just say something to a child and know that you've made them feel good that day."

Gary Perkins, UNITE AmeriCorps director, along with UNITE Director Karen Lantz and Debbie Truitt, UNITE's Education Director, gave members certi-

■ Continued from p1

ates of achievements Thursday from U.S. Rep. Hal Rogers and UNITE and also Kentucky Colonel certificates from the Kentucky Office of Drug Control Policy.

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Lawsuit

Appalachian Wireless had initiated a marketing and promotional program to distribute referral cards, according to Case, who worked at that time in the accounting department.

Case claims she was told she could give up to five referral cards to "anyone, including family members and friends," but that she could not give them to other Appalachian Wireless employees. She adds that she never used the referral

cards "except as she was trained and/or instructed."

However, in the lawsuit, Case first says Willoughby told her in the presence of other employees that her use of the referral cards was stealing, and also that he called her a thief.

This incident was, according to Case, a "substantial factor" in her ultimately being fired from her position.

In separate count in the lawsuit, Case also claims that

Appalachian Wireless fired "only female employees based upon the alleged misuse of the referral card program," leading her to claim that she was, in fact, fired because she was a female.

She also claims the means by which she was fired also had an impact on other female employees of the company, and soon after her termination filed a complaint with the Equal Employment

■ Continued from p1

Opportunity Commission about the situation.

According to an attachment filed with the lawsuit, the commission sent a notice to Case of her right to file a lawsuit for having been fired because of her sex, which cited Kentucky Revised Statute 340.040.

Case is requesting a jury trial in the matter, and there has not yet been a response filed on behalf of Appalachian Wireless.

■ Continued from p1

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Concerts

Joining the concert line-up at the Kentucky State Fair is country superstar Gary Allan His latest album, "Living Hard" was released in 2007 with hits, "Learning How to Bend," "Watching Airplanes," and "She's So California." Allan has had major success since 1996, with his debut album, "Used Hearts for Sale." Allan has proved to be a country music mainstay with his 2007 greatest hits album jetting to No. 1 on the Billboard Top Country Albums charts. Special guest Candy Coburn is returning to the Kentucky State Fair. The up and coming Coburn will play songs from her albums "It's Up" and "Enjoy the Ride."

The Shirrelles, and Peter & Gordon are going to take you back in time. Pop along and remember way back when with Bobby Vee's hit "Suzie Baby" and Johnny Tillotson's "It Keeps Right on a Hurtin'." Introduce your kids to the Shirrelles, the first female group to make it to No. 1 on the Billboard charts with hits like "Mama Said." Peter & Gordon represent the British invasion, recording hits written by Paul McCartney, like "A World Without Love." This show will make you believe rock n' roll is here to stay.

■ Continued from p2

Billy Currington with special guest Heidi Newfield - Saturday, August 29

One of the newest artists to tear up the country music charts is Billy Currington. Signed in 2003, Currington already has a slew of hits including, "Must Be Doin' Something," "Right," "Good Directions" and "Don't" from his new album, "Little Bit of Everything." Special guest Heidi Newfield will share the stage singing her hit, "Johnny and June" from her debut solo album "What Am I Waiting For." Newfield was previously known for her lead vocals in the country group Trick Pony, but is now touring and entertaining fans as a solo act.

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Bobby Vee, Johnny Tillotson, The Shirrelles and Peter & Gordon - Wednesday, August 26

Tease your beehive and slick your duck-tail because Bobby Vee, Johnny Tillotson,

Pam and Mel Tillis - Thursday, August 27

Pam and Mel Tillis are keeping it all in the family with their father-daughter country act. Mel Tillis is a country music icon having won CMA's International of the Year award. He is known for his outlaw country hits "I Ain't Never," "Good Woman Blues"

The Wallflowers - Friday, August 28

After the success of "Bringin' Down the Horse" in the early 90s with songs, "One Headlight" and "6th Avenue Heartache," The Wallflowers have continued to be a pop-rock force in the music industry. Releasing six albums and recording various singles produced for commercials, movies and television shows such as "CSI: Crime Scene Investigation." The Wallflowers will bring their versatile style to the Kentucky State Fair.

■ Continued from p2

Billy Currington with special guest Heidi Newfield - Saturday, August 29

One of the newest artists to tear up the country music charts is Billy Currington. Signed in 2003, Currington already has a slew of hits including, "Must Be Doin' Something," "Right," "Good Directions" and "Don't" from his new album, "Little Bit of Everything." Special guest Heidi Newfield will share the stage singing her hit, "Johnny and June" from her debut solo album "What Am I Waiting For." Newfield was previously known for her lead vocals in the country group Trick Pony, but is now touring and entertaining fans as a solo act.

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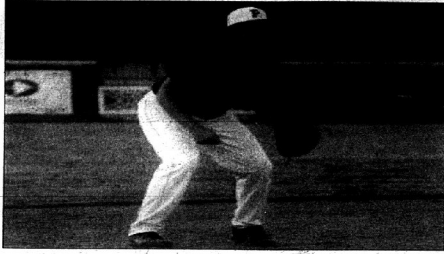
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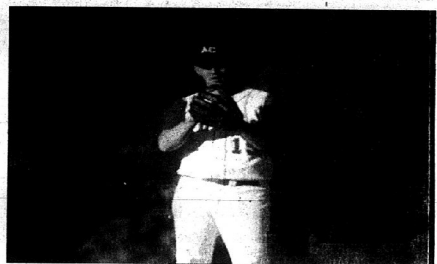
Inside Keathley honored • A9



Prestonsburg senior third baseman Chris Schoolcraft eyed a Betsy Layne batter during the Blackcats' win over the Bobcats.

Blackcats, Rebels headed to Belfry, region tournament

ALLEN - Prestonsburg and Allen Central were battling for the 58th District baseball championship at press time Thursday evening. The 58th District Baseball Tournament championship game ended too late to make this edition. Both Prestonsburg and Allen Central will compete in the 15th Region Baseball Tournament at Belfry next week.



Allen Central pitcher Josh Prater limited Betsy Layne in the 58th District Tournament opening round game.

District games turn into routs

by RICK BENTLEY TIMES COLUMNIST

It's always interesting to see how the baseball and softball tournaments play out around the region, and this year, there's been a definite theme through the first three nights of post-season action. As for the theme in question, I'll let you choose your own adjective: Blowout, rout, runaway, thrashing or blitz. Pick one; and any all apply.

The only exception, it seems, has been the 57th District baseball tournament. Heading into last night's finals between Lawrence County and Johnson Central, the most lopsided result had been the opener which saw Sheldon Clark knock off Magoffin County 6-3.

They even featured an extraordinary contest in the best of mountain baseball rivalry when Central knocked off



Rick Bentley



AC-DC: Allen Central continued its reign at the top Wednesday evening, capturing the 58th District softball championship with a win over tournament host Betsy Layne.

Lady Rebs score early, beat Betsy Layne for district title

by STEVE LeMASTER SPORTS EDITOR

BETSY LAYNE - Allen Central High School is home to a softball dynasty. The Lady Rebels remained on top in the 58th District Wednesday evening, defeating Betsy Layne 5-1 for another championship.

"It was a great win for us," Allen Central Coach Don Burke said. "Betsy Layne is one of the better hitting teams in the region and tough defenders, too. Their center fielder, Kendra Cass, made play after play. We came out swinging our bats and playing great defense."

Allen Central went into first 3-0 in the first inning. The Lady Rebels led 5-1 in the second stanza.

"I don't think anyone expected both teams not to score after the second inning," Burke commented. "Shea Spurlock didn't have as many Ks as she usually does but some of her pitches could be hit well and that is part of a pitcher's responsibility also."

Spurlock claimed the win, limiting Betsy Layne to just one run on three hits. The Allen Central hurler recorded four strikeouts and only issued one walk.

Offensively, Sarah Kinney, Ericka Moore and Jamie Mullins each had two hits for the Lady Rebels. Moore drove in two runs for Allen Central in the district championship game.

"Top to bottom, I am proud of our girls," Burke added. "They played with

class and dignity. I often talk about our star players a lot but a couple of people don't get the lime light that have made important plays for us all year. Brittany Johnson, captain right fielder, has led our team with actions and not words so much. She is a mature anchor and shows our younger girls how to show up and play everyday. Senior and first year player Kristin Reed has played a great defensive left field for us all year. She has always been a positive force but because she doesn't bat often she gets overlooked. Senior Chelsea Cordial has been a DP off and on all year and accepted her role as backup hitter and second baseman. These girls unfortunately get overlooked but

they are the heart of our team. We could not win and be successful without them. I would like to thank Betsy Layne and Coach (Gloria) Mullins for a good tournament."

Allen Central and Betsy Layne both advance to next week's 15th Region Tournament.

SUPER SOPHS LEAD LADY REBELS: Allen Central sophomore pitcher Shea Spurlock was named the Floyd County Conference MVP. Spurlock faced 58 batters and only allowed nine hits during the tournament. AC sophomore first baseman Sarah Kinney claimed the 58th District MVP award. Kinney was 5-for-9 with five RBIs and a .675 batting average during the district tournament.

Kinzer vying for spot in Show-Me 100 feature race

by STEVE LeMASTER SPORTS EDITOR

WEST PLAINS, Mo. - Following a fourth-place finish Friday night in an unsanctioned race at Volunteer Speedway in Bulls Gap, Tenn., veteran Late Model driver Brandon Kinzer and his race team will return to the track today at West Plains (Mo.) Motor Speedway for the Show-Me 100. The latest version of the annual Show-Me 100 will pay \$40,000 to win.

Kinzer calls West Plains Motor Speedway his favorite track. The Allen-based driver has enjoyed a significant amount of success at the Missouri track. He has made the starting field for the Show-Me 100 each of the last three years. In 2005, Kinzer set the first time among 83 entrants in Show-Me 100 qualifying. The Missouri race annually attracts some of the nation's top drivers. This year's total purse for the Show-Me 100 will exceed \$132,000.

Last year, Scott Bloomquist battled back from the 24th starting position to take the top spot from leader Jimmy Mars with four laps remaining. Bloomquist won the race, becoming the event's only five-time champion.

Billy Moyer, Freddy Smith, Wendell Wallace, Terry Phillips and Ray Cook are other past Show-Me 100 champions.



BRANDON KINZER

FAITHrunners Marathon to be held in P'burg

by STEVE LeMASTER SPORTS EDITOR

PRESTONSBURG - Marathon runners will converge on Prestonsburg during the month of September. The first-ever FAITHrunners Marathon will be held in Prestonsburg on Saturday, Sept. 12 at 8 a.m. A 10K run, 10K walk, half-mile kids fun run are also scheduled for the same day.

The marathon course will be US Track and Field certified. Marathon officials hope to make the Prestonsburg marathon a Boston Marathon qualifier. The 10K run will be open to the first 100 entrants. The FAITHrunners Marathon will also be open to the first 100 entrants. Complete details and entry information are available online at www.myspace.com/faith_runners.

The 26.2-mile course will start at the downtown city stage and progress down Lake Drive towards Highlands Regional Medical Center. Runners will then turn onto Route 321, exit at the Route 302 entrance and progress around Dewey Lake. The competitors will then head towards the Prestonsburg Senior Citizens Center and turn back once again onto Lake Drive, make some loops, and head back towards the downtown finish line.

"FAITHrunners is a great group to work with," said Brent Graden, Prestonsburg Director of Economic Development. "Starting small, they have grown into a formidable group of runners and cancer prevention activists." Graden encourages local runners to prepare for the marathon. "Start with what you know," said, Graden, a first-year

(See MARATHON, page eight)

Live harness racing returning to Thunder Ridge

by EDDIE BLAIR CONTRIBUTING WRITER

PRESTONSBURG - Live harness racing will return to Thunder Ridge on Sunday, getting underway with a new 7 p.m. post time. The stable areas are completely full this year with several new faces, which should make for a very competitive and entertaining meet. Many of last year's trainers and drivers have returned. The returnees

include leading trainer Brian Loney of Martin and top local driver James Stiltner. A successful meet at Bluegrass Downs in Paducah wrapped up last week and most of the horsemen who raced there have made the long journey to race at Thunder Ridge. That includes leading trainer Roshun Trigg of Mississippi, who brings along 11 horses. Some other newcomers to Thunder Ridge include trainer Dan Munson of Michigan;

trainer/driver Jerry Calvert of Michigan and trainer/driver Josh Moore. Terry Cullipher is back after an enjoyable warm winter at Pompano Park in Florida. Cullipher, a veteran Kentucky driver and trainer, will primarily handle the driving duties of the large and powerful Brian Loney stable. Longtime harness racing veteran Billy Perkins will handle the duties of race secretary this year. Those duties include putting together the

types of races in which horses are entered and drawn into and maintaining a competitive race program. Perkins, originally from Holmdale, Pa., will also handle the duty of track announcer. He previously handled similar positions at Hawthorne Park in Illinois, Sports Creek Raceway in Michigan, Howser Park in Indiana, as well as Rosecroft Raceway and Ocean Downs, both of Maryland. This year should be an

exciting meet. Some possible upcoming promotions may include Meet the Drivers Night, Kids Night and news paper teams, such as Readers Pick, Layman's Horse Photo, Ask the Trainer and more. We'll see you at the races.

For a complete listing of racing events, visit our website at www.thunderridge.com or call us at (909) 888-3603.

MCA retires Slone's jersey

by STEVE LeMASTER SPORTS EDITOR

MARTIN - Mountain Christian Academy welcomed home alumnus Landon Slone Friday. Slone, who is headed into his sophomore season with the University of Kentucky men's basketball program, took the spotlight at MCA during his return home. MCA retired Slone's No. 23 jersey in the school's gymnasium during the annual Falcon athletic banquet.

Slone completed his freshman season with the Wildcats in March. He graduated from eighth grade at MCA in 2004. Slone graduated from Paintsville High School in 2008 after leading the Tigers to the 15th Region championship. The Floyd County product was named 15th Region Player of the Year during his senior season.

"Landon Slone is a great source of pride for MCA," said MCA Dean David Aker. "He exemplifies the progress we hope to see in each student who walks through our doors."

This is the first time in school history that an MCA athlete's jersey has been retired. The athletic banquet also recognized MCA student athletes for their achievements throughout the 2008-2009 school year.



UK Wildcat Landon Slone posed with MCA volleyball coach Daria Moore after having his jersey retired.

KHSAA state tennis, track & field championships begin

TIMES STAFF REPORT

LEXINGTON — The 2009 KHSAA Boys' and Girls' State Tennis Championships are scheduled for Thursday through Saturday, May 21-23. Play gets underway Thursday morning with boys' action at the Sayre High School Athletic Complex in Lexington, while girls' play takes place at the Boone/Downing Tennis Complex at the University of Kentucky in Lexington. On Friday and Saturday, all matches move to the Boone/Downing Tennis Complex.

Admission is free on Thursday. General Admission will be charged on both Friday and Saturday with a price of \$6 per person, good for all day. All session tickets are available, good for both days, for \$10 per person. Children under six are admitted free. Free parking is available at the Green Lot of Commonwealth Stadium. There is a parking structure located adjacent to the Boone/Downing Tennis

Complex with parking available for a fee.

Seeded players, as well as brackets for the event, are posted on the KHSAA website. Brackets will be updated throughout the event. The web link to view the tennis information is www.khsaa.org/tennis.

The 2009 KHSAA Boys' and Girls' State Track and Field Championships are also scheduled for this Friday and Saturday. All the action will take place at the Owsley B. Frazier Cardinal Park on the campus of the University of Louisville.

A complete schedule of events has been posted on the KHSAA website. A list of qualifiers for the state championships has also been posted online.

General admission to the event is \$10 per person each day or an all-session ticket, good for both days, for \$15 per person.

Event results for each class will be updated throughout the meet online at www.khsaa.org/track.

District

Paintsville 4-3 Tuesday night. If only it were the same elsewhere. For starters, see the 58th, where Allen Central routed Betsy Layne 14-4 on Tuesday night, and that was the close one. On the other side, Prestonsburg slammed South Floyd 21-2.

There wasn't a close game to be found at Davis Park this week either, where Pikeville rolled to wins of 11-1 and 13-4 over Shelby Valley and East Ridge, respectively. Meanwhile those spending the week at Belfry were treated to one good one, as the Pirates scored a run in the bottom of the seventh to knock off Pike Central 8-7 in the finals. The Hawks had flown past Phelps 14-7 in the opening round.

Let's hope the games are closer next week when the regional begins on Pond Creek.

The 57th isn't immune to the blowout on the softball side. Heading into last night's finals between Central and Lawrence, the scores had been 6-1, 14-4 and 8-0. In Floyd County, Wednesday meant a good finale with Allen Central claiming the crown with a 5-1 win over Betsy Layne. That was preceded by opening-round scores of 13-4 and 15-12. The

latter would have been fun to watch.

In Pike County, Shelby Valley beat Pikeville 10-3 in the 59th opener, while Pike Central knocked off Phelps 13-3.

Again, let's hope for some closer ones next week.

Can't wait to get to Belfry next week. I've heard they're doing some brilliant things with sticks in the concession area, and I'm excited to try this stuff first hand. Of course, if Joe Kinzer kept eating as I was told he did on Monday night, there won't be so much as a twig left on Pond Creek by the time we get there.

Speaking of concessions, I saw something Wednesday night I'd never seen before. George Childers has been running the clock for both tournaments in the 59th, and on Wednesday he emerged from the concession area with ...

No kidding, he had chicken and dumplings. They looked unreal and he said they were at least that good.

Speaking of George, he's one of the many folks affected by the flooding that happened two weekends ago. The

storms may have cost him his clothes and damaged his house, but it hasn't hurt his sense of humor.

After Wednesday's finals, a nice lady came to the press box and asked what he needed. George didn't blink an eye. "A million dollars and I'll move to Hawaii," he quipped.

(Bullet) The 59th baseball wasn't exactly a classically played tournament, but on Wednesday it featured a titanic blast off the bat of Daniel Harmon. He hit it the opposite way and immediately threw up a fist and looked to the stands. By the time it landed, it was nearly in the top of the right-center bleachers.

It was a clout.

Getting away from the diamonds for a minute, I can't recommend Tony Dungy's new book stronger for men, young men and boys. I'm nearly half through the text, "Uncommon," and it is a brilliant, thought-provoking read.

Dungy's theory — an accurate one, in my estimation — is that our standards have been lowered as human beings and we need to be the generation to lead the turnaround. It's not alright to take the easy way or short cuts to avoid hard work. For those who may be

Continued from p7
offended by my assessment that it's aimed straight at men, in this case, it's true. But the idea is that we — we being men in this case — aren't doing the women in our lives justice because of the continual lowering of standards. The idea is to become better men for the sake of the world and to have higher expectations of each other.

After firmly establishing the book's direction, Dungy addresses women. In particular he speaks to his daughters, but in doing so all women when he begs them to not settle. They should expect more of us and in turn we should step up and deliver it.

I've had more than one discussion with the people around me about my actions and behavior since I started reading this book. I have a feeling Coach Dungy would be pleased with that result.

Kentucky's amazing recruiting class has caused a lot of excitement in the area, and justifiably so. But keep in mind the eventual return of Jodie Meeks will mean four young men will have to either give up their scholarships or transfer. Depending on who they are, the excitement could be tempered slightly when those names come out.

Marathon

marathoner. "The end result can seem pretty overwhelming, but if you break it down into

sections and reward yourself after each completion, I think you will find that it is not as bad as you thought. Start on the treadmill or run in your neighborhood. Once you get a mile under your belt and feel comfortable, try expanding that and then start using technical gear like venting hats, wicking socks/shirts, and running shorts. The girls at the office make fun of me but what is not fun is chafing. Later, you will notice a change in your body so proper nutrition is a must. If you do decide to try for a long race, be sure to give yourself a proper training period — usually eight weeks or more — to prepare your body. The Internet is a great source for training and tips. Some good sites are www.runnersworld.com and www.runningfitnessmag.com. FAITHrunners is headed by the Lynn Salyer Foundation, which promotes healthy Christian minds and bodies through exercise, prevention and proper screening.

"We want to let the whole area know that you can make

Continued from p7
a difference in the lives of others and yourself," said Jamison Salyer, chairman of FAITHrunners. "We know that with proper screening for certain types of cancer, like colon cancer, you can not only treat, but possibly prevent the disease. We support research at the American Cancer Society and all of our proceeds go towards a cure for cancer. My mom, who recently passed away from cancer earlier this year, was the driving force for this foundation. It is very dear to me and is summarized by bible passage second Timothy 4:7. 'I have fought a good fight, I have finished my course, I have kept the FAITH.' We run in her memory and for the struggles that others must still endure. This marathon will be a great event not only for Prestonsburg but for the entire FAITHrunners Foundation."

FACTS: For more information on the FAITHrunners marathon, or to sponsor the event, contact Salyer at 606-367-3173 or Gruden at 606-886-2435.

COMING WEDNESDAY, MAY 27

15TH REGION TOURNAMENT COVERAGE

ATHLETES OF THE WEEK

Hunter Crowder, Allen Central Baseball

Sarah Kinney, Allen Central Softball

Wall signs with Kentucky

Point guard ranked number one in country

TIMES STAFF REPORT

LEXINGTON — The University of Kentucky men's basketball program received a National Letter of Intent from John Wall, Coach John Calipari announced on Wednesday, May 20, giving the "Wildcats" what many recruiting experts claim is the number one player in the country.

Wall, a senior at Word of God High School in Raleigh, N.C., is rated as the overall number one player in the country according to Rivals.com and was a finalist for the Naismith National High School Player of the Year.

The 6-4 Wall earned All-American honors, while leading Word of God Academy to the NCSSA 1A title game this year and state titles in the two years prior.

The Raleigh, N.C. native participated in the Nike Hoops Summit game in Portland, Ore., in April, as a member of the 2009 USA Junior National Select Team. He set the game record with 11 assists and tying the record for steals with five, while also scoring 13 points.

"I've recruited John for nearly two years and I've gotten to know him to be not only a fine player but a fine person," Calipari said. "He's a terrific teammate who wants to

win, yet driven to personally improve. I'm very excited for the opportunity to add him to our family."

Recruiting analyst Jerry Meyer said Wall's addition to the UK's 2009 class "makes the group one of the best recruiting classes of all time."

Wall joins Eric Bledsoe (Birmingham, Ala.), DeMarcus Cousins (Mobile, Ala.), Darnell Doldson (Greenbelt, Md.), Kentucky Mr. Basketball Jon Hood (Madisonville) and Daniel Orton (Oklahoma City, Okla.) as members of UK's 2009 signing class, which has been widely heralded as the number one recruiting class in the country.

The late signing period ended Wednesday.

58TH DISTRICT CHAMPS



ALLEN CENTRAL CATCHER ERICKA MOORE (above) eyed a Betsy Layne pitch during the 58th District Tournament title game Wednesday evening.



AC second baseman Jaimie Mullins (left) and first baseman Sarah Kinney (below, left) helped the Lady Rebels claim the another 58th District championship.



Dairy Queen

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SPORTS FAN OF THE WEEK



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A9

Keathley named one of top 10 pro coaches not in NBA

TIMES STAFF REPORT

PIKEVILLE — East Kentucky Miners head coach Kevin Keathley has again been touted as one of the country's elite professional coaches. Keathley has earned a spot on this year's Pro Basketball News top 10 coaches not in the NBA list. The Eastern Kentucky native is listed in the number six spot. Other coaches to make the prestigious list were Steve Tucker (Southeast Texas Mustangs, ABA); Bryan Gates (Idaho Stampede, NBADL); Michael Ray Richardson (Lawton-Fort Sill Cavalry, CBA); Rod Baker (Rochester RazorSharks, PBL); Bob MacKinnon (Colorado 14ers, NBADL); Will Wright (Vermont Frost Heaves, PBL); Duane Ticknor (Dakota Wizards, NBADL); Terry Sare (Battle Creek Knights, PBL) and Brad Jones (Utah Flash, NBADL). "I feel very fortunate to be included among some really excellent coaches," said Keathley. "Guys like Ticknor, Gates and Richardson are all fantastic coaches and no doubt will be in the NBA one day." Keathley compliments for-

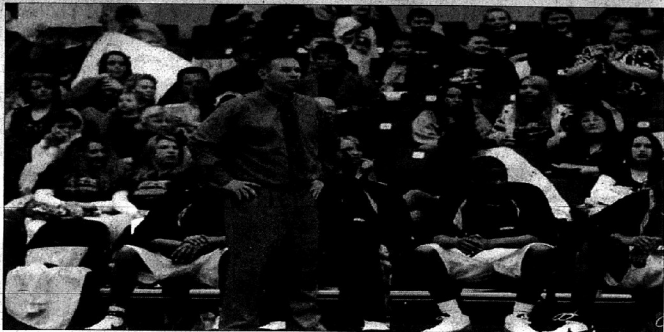
mer players when talking about the success he has achieved during his coaching career. "Many of my former players are a big part of any personal accolades that I've received," said Keathley. "Players like Anthony Epps, Jason Osborne, Max Owens, Antwain Barbour, Jamario Moon, Luke Whitehead, Bryant Northern, Jason McLisli, Josh Pace, Bo Jackson and Jermaine Blackburn to name a few." Keathley has enjoyed success throughout his career, including in 2003 when he was a member of the coaching staff for the Louisville Eagles team that captured the UPBL championship. He was named 2005 ABA Coach of the Year during his time as head coach of the Kentucky Colonels. In 2006, Pro-Basketball News named Keathley one of the top 10 young coaches in America. Keathley was named CBA coach of the Month for the month of December 2008. The young veteran head coach has had nine straight winning seasons. Keathley is well-known for coaching fast-paced basketball. His teams

have set ABA, UPBL and CBA scoring records. The Keathley-coached Miners lead the CBA in scoring in each of the past two seasons, setting an all-time professional scoring record with 194 points in a single game.

Former EK Miner Blackburn named to All-Minors Team

TIMES STAFF REPORT

PIKEVILLE — Former East Kentucky Miner Jermaine Blackburn ranks as one of the top players in minor league basketball. Blackburn, who recorded a rare quadruple-double for East Kentucky during the 2008-09 season, earned a spot on Pro Basketball News' All-Minors First Team. The NBA prospect, an extremely talented player who routinely recorded triple-doubles for the Miners, was named PBN Defensive Player of the Year. Pro Basketball News released its annual minor league honors last week.



KEVIN KEATHLEY looked on during an East Kentucky Miners home game at the Expo Center in Pikeville. (photo courtesy of East Kentucky Miners)

"Jermaine had a breakout year last season averaging 23 points, seven rebounds and seven assists game for us," said East Kentucky Miners Coach Kevin Keathley. "He's as good as any player that I've ever coached, including

Miami Heat star Jamario Moon." Keathley looks for Blackburn to continue his rise and reach the next level. "There's no doubt he will be playing in the NBA one day and I'm very happy for

Jermaine that he received such a lofty ranking in Minor League basketball. I've been told that Jermaine Blackburn will be working out for the pacers in the coming days and I'm very excited about that."

BoB Series to visit Tennessee track

TIMES STAFF REPORT

LOUISVILLE — The O'Reilly Battle of the Bluegrass DirtCar Series presented by Graphic Impressions is racing into its next event. Stop number three of the 2009 championship chase at will take the BoB drivers Tazewell Speedway in Tazewell, Tenn. for a 50 lap, \$4,000-to-win feature race. The event will feature a full schedule of practice, Racing Optics Time Trials, Wayne Bowen Racing Supply, Graphic Impressions, C.J. Rayburn Race Cars and All Star Performance Qualifying Heats, B-Mains and the 50-lap, \$4,000-to-win REAL Wheels A-Main. Local divisions in action for this event will include Limited Late Models, Modified Street, Pure Street, and Four Cylinders.

Activities for the May 23 Tazewell Speedway event will see the pit area open at 4 p.m. The general admission area open at 5. The driver's meeting will take place at 6:30 with practice starting at 7, followed by time trials and green flag racing. Ticket prices for this event will be \$18 general admission area and \$30 for the pit area. The O'Reilly Battle of the Bluegrass DirtCar Series Super Late Model division has made three previous appearances at Tazewell Speedway. Previous event winners at Tazewell Speedway include Scott Sexton, Jimmy Owens and Victor Lee. The A-Main purse for the Saturday event is as follows: 1st-\$4,000, 2nd-\$2,000, 3rd-\$1,200, 4th-\$850, 5th-\$800, 6th-\$750, 7th-\$700, 8th-\$650, 9th-\$600, 10th-\$550.

11th-\$500, 12th-\$450, 13th-\$400, 14th-\$350, 15th-\$350, 16th-\$350, 17th-\$350, 18th-\$325, 19th through 24th-\$300. The series fire rules are as follows: Hoosier, LM20, 1300, 1350, LM40, 1600, D55; American Racer-SD44, SD48, MD56. These compounds choices must be used on the front and rear tire selections at all sanctioned events. Soft tire compounds must durometer a minimum of 40. Hard tire compounds must durometer a minimum of 60. The O'Reilly Battle of the Bluegrass DirtCar Series sanctions regional Super Late Model events at tracks in Kentucky, Ohio, and Tennessee. The series is scheduled to visit 201 Speedway on June 6 for a \$3,000-to-win feature race.

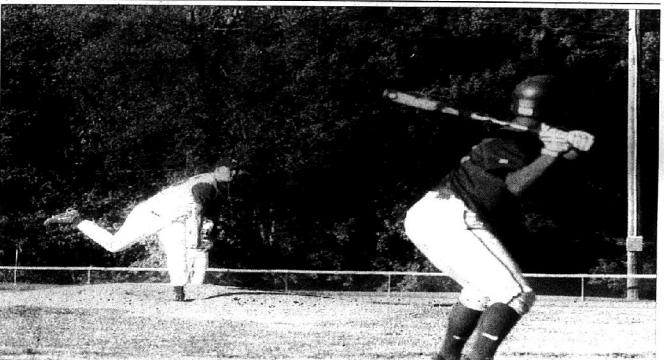
NASCAR must learn from its Talladega scare

by MONTE DUTTON

TALLADEGA, Ala. — On the morning of the Aaron's 499 in Talladega, after spending a couple of hours in the infield, I found to my disappointment that the gate in front of the Talladega Superspeedway press box had been locked. As a result, I had to walk down to the start-finish line - it's near the entrance to turn one, not in the center of the oval as at most tracks - and cross the track there. I then walked for a half mile or so along the grandstands, A pathway at the foot of the grandstands. I looked at the so-called "catch fencing" and thought to myself that it looked neither as new nor as sturdy as at other tracks. This, of course, seemed odd, since a 1988 accident at this track is the very reason such fencing is sturdier than it once was. This was about an hour before the Aaron's 499 began and about four and a half before that very fencing would be tested. Whether it kept Carl

Edwards' car out of the grandstands by design or good fortune is debatable. Edwards' whirling mass of twisted metal tore holes in it. His car rose above the top of the fence, where presumably it could have toppled into a crowd of fans. As was also the case in Bobby Allison's 1988 accident here, the fence held and did its job. As was also the case 21 years earlier, luck was involved. The day won't live in infamy. Edwards' car didn't tumble into the grandstands. A few fans suffered broken bones from sharp, flying debris. Suffice it to say that the incident caused shivers to go down the spines of everyone who saw it, even those who were a bit occupied trying to get their race cars across the finish line. It will be open season on NASCAR for a while. Men and women who don't particularly care for automobile racing in the first place will treat this almost-disaster as if it

were one. The good news is that what could've happened didn't. Edwards emerged uninjured. A few fans, unlucky to be in the wrong place but lucky not to be hit by broken bones, welts and lacerations. There was blood on the scene but not in profusion. Disaster, far worse than declining attendance and TV ratings, was thankfully averted. Now it's time for NASCAR officials to ensure that, next time, the crucial factor isn't good luck. Monte Dutton has covered motorsports for *The Gaston (N.C.) Gazette since 1993. He was named writer of the year by the National Motorsports Press Association in 2008. His blog NASCAR This Week (http://nascar.tbma.com) features all of his reporting on racing, roots music and life on the road. E-mail Monte at nascar_thisweek@yahoo.com.*



ALLEN CENTRAL got past host Betsy Layne in the opening round of the 58th District Baseball Tournament. Josh Prater is pictured delivering a pitch for the Rebels. (photo by James Howell)

2009 NASCAR SPRINT CUP SCHEDULE/RESULTS

- Feb. 7 — x-Budweiser Shootout, Daytona Beach, Fla. (Kevin Harvick)
- Feb. 15 — Daytona 500, Daytona Beach, Fla. (Matt Kenseth)
- Feb. 22 — Auto Club 500, Fontana, Calif. (Matt Kenseth)
- March 1 — Shelby 427, Las Vegas. (Kyle Busch)
- March 8 — Kobalt Tools 500, Hampton, Ga. (Kurt Busch)
- March 22 — Food City 500, Bristol, Tenn. (Kyle Busch)
- March 29 — Goody's Fast Relief 500, Martinsville, Va. (Jimmie Johnson)
- April 5 — Samsung 500, Fort Worth, Texas (Jeff Gordon)
- April 18 — Subway Fresh Fit 500, Avondale, Ariz. (Mark Martin)
- April 26 — Aaron's 499, Talladega, Ala. (Brad Keselowski)
- May 2 — Crown Royal Presents the Russell Friedman 400, Richmond, Va. (Kyle Busch)
- May 9 — Southern 500, Darlington, S.C. (Mark Martin)
- May 16 — x-NASCAR All-Star Challenge, Concord, N.C. (Tony Stewart)
- May 24 — Coca-Cola 600, Concord, N.C.
- May 31 — Dover 400, Dover, Del.
- June 7 — Pocono 500, Long Pond, Pa.
- June 14 — LifeLock 400, Brooklynn, Mich.
- June 21 — Toyota/Savemart 350, Sonoma, Calif.
- June 28 — LENOX Industrial Tools 301, Loudon, N.H.
- July 4 — Coke Zero 400, Daytona Beach, Fla.
- July 11 — LifeLock.com 400, Joliet, Ill.
- July 26 — Allstate 400, Indianapolis.
- Aug. 2 — Pennsylvania 500, Long Pond, Pa.
- Aug. 9 — Centurion Boats at the Glen, Watkins Glen, N.Y.
- Aug. 16 — Michigan 400, Brooklynn, Mich.
- Aug. 22 — Sharpie 500, Bristol, Tenn.
- Sept. 6 — Pep Boys Auto 500, Hampton, Ga.
- Sept. 12 — Chevy Rock & Roll 400, Richmond, Va.
- Sept. 20 — SYLVANIA 300, Loudon, N.H.
- Sept. 27 — Dover 400, Dover, Del.
- Oct. 4 — Price Chopper 400, Kansas City, Kan.
- Oct. 11 — Pepsi 500, Fontana, Calif.
- Oct. 17 — Bank of America 500, Concord, N.C.
- Oct. 25 — Tums Fast Relief 500, Martinsville, Va.
- Nov. 1 — Amp Energy 500, Talladega, Ala.
- Nov. 8 — Dickies 500, Fort Worth, Texas.
- Nov. 15 — Checker O'Reilly Auto Parts 500, Avondale, Ariz.
- Nov. 22 — Ford 400, Homestead, Fla.

NASCAR SPRINT CUP DRIVER STANDINGS: 1. Jeff Gordon, 1,601; 2. Tony Stewart, 1,572; 3. Kurt Busch, 1,546; 4. Jimmie Johnson, 1,465; 5. Denny Hamlin, 1,445; 6. Jeff Burton, 1,384; 7. Kyle Busch, 1,380; 8. Ryan Newman, 1,363; 9. Greg Biffle, 1,345; 10. Matt Kenseth, 1,326; 11. Mark Martin, 1,316; 12. Carl Edwards, 1,271; 13. Clint Bowyer, 1,264; 14. Juan Pablo Montoya, 1,255; 15. David Reutimann, 1,232; 16. Kasey Kahne, 1,205; 17. Brian Vickers, 1,188; 18. Dale Earnhardt Jr., 1,182; 19. Martin Truex Jr., 1,144; 20. Marcos Ambrose, 1,131.

Long suspended 12 races for rules violations

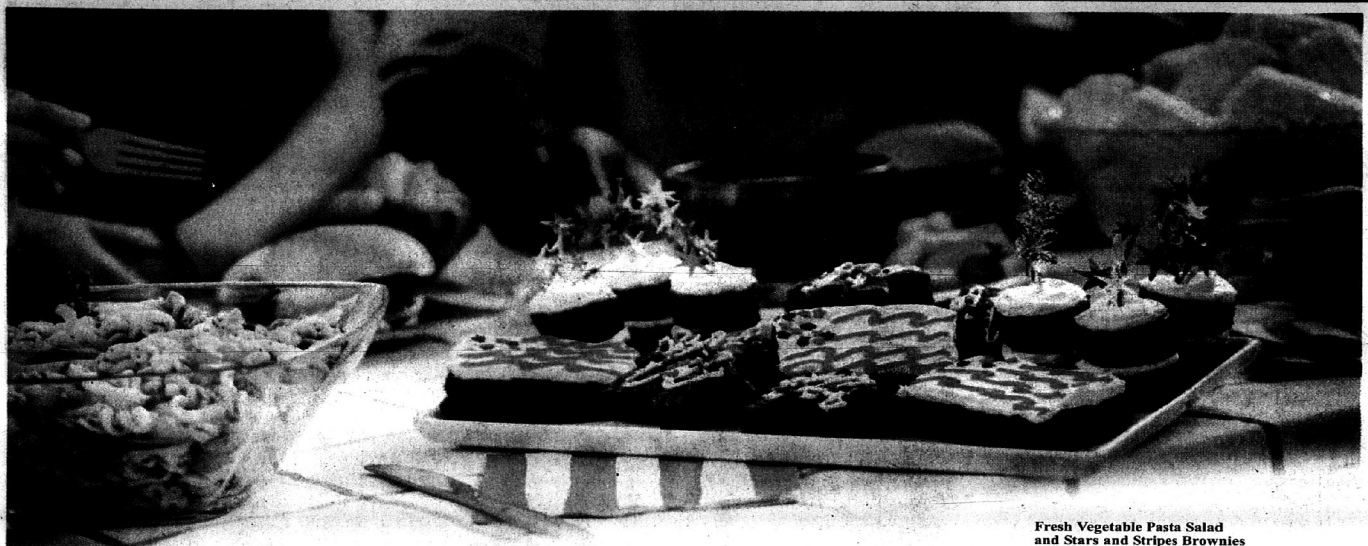
TIMES STAFF REPORT

NASCAR has issued penalties, suspensions and fines to the No. 146 team and its Cup Series, as a result of rules infractions committed during this past weekend's event at Lowe's Motor Speedway. The car was found to be in violation of Sections 12-1 (actions detrimental to stock car racing); 12-4-1 (any determination by NASCAR Officials that the race equipment used in the event does not conform to NASCAR rules); and 20-5.4A (engine exceeded the maximum engine size of 358.000 cubic inch displacement) of the 2009 NASCAR rule book. As a result, crew chief Charles Swing has been fined \$200,000, suspended from the next 12 Cup championship events, suspended from NASCAR until Aug. 18 and placed on NASCAR probation until Dec. 31.

Driver Carl Long and owner Danielle Long have been penalized with the loss of 200 driver and 200 owner points, respectively, suspended from the next 12 Cup Series championship events, suspended from NASCAR until Aug. 18 and placed on NASCAR probation until Dec. 31. Long completed three laps in the Sprint Showdown before retiring to the garage (engine). **NASCAR SPRINT CUP Race: Coca-Cola 600 Site: Concord, N.C. Date: May 24 Schedule: Saturday, practice (Speed, 2:30-3:30 p.m.); Sunday race, 5:45 p.m. (Fox, 5-10:30 p.m.). Track: Lowe's Motor Speedway (quad-oval, 1.5 miles). Race distance: 600 miles, 400 laps. Last year: Kasey Kahne**

halted a 52-race winless streak in points events, making the most of Tony Stewart's late flat tire. Kahne, continuing to thrive at the North Carolina track, won the non-points All-Star race the previous week at Lowe's. **LAPLETOVERS:** Stewart is back on the winning track after capturing a first-place finish for the first time as a team owner last week. The veteran driver claimed a \$1 million payday in the All-Star race at Lowe's. Stewart, who raced hard throughout the All-Star event, passed Matt Kenseth with two laps to go in a final 10-lap shootout. The Coca-Cola 600 — NASCAR's longest race — is its 50th season. Next race: Dover 400, May 31, Dover International Speedway, Dover, Del. On the net: http://www.nascar.com

All-Star Race TV ratings hold steady for SPEED: SPEED scored a Nielsen Household Rating of 3.68 (2,691,000 households), down just 2 percent from last year's 3.74 (2,701,000 households), for Saturday's live broadcast of the 2009 NASCAR Sprint All-Star Race XXV. Race coverage peaked at 4.69 (3,428,000 households) and was the highest-rated program on cable in its time slot. "While it never feels right to high-five each other when we don't deliver ratings growth, we know what kind of effort went into making this an amazing week for SPEED and its partners," said SPEED President Hunter Nickell. "In this challenging climate, it is tremendously gratifying to deliver an All-Star number virtually equal to last year's effort." The popular SPEED post-race show, NASCAR Victory Lane with John Roberts, Jimmy Spencer and Kenny Wallace, scored a record Nielsen mark of 1.47 (1,074,000 households) — its highest rating ever on SPEED. The All-Star race replay on SPEED was up 11 percent from a .36 in 2008 to a .40.



Fresh Vegetable Pasta Salad and Stars and Stripes Brownies

New Stars OF THE BARBECUE

FAMILY FEATURES

Nothing says summer quite like a barbecue. While the grill might be the main attraction, it's deliciously simple to put a personal spin on classic summer dishes and desserts.

From Same-Old Salads to Inspired Surprises

There are a number of quick and easy ways to add your signature touch to the standard summer barbecue fare. First, trade in the predictable potato salad for a refreshing pasta sensation. Build a delicious, personalized creation your family will enjoy with easy mixes such as Suddenly Salad mixes by Betty Crocker. "Each pasta salad mix comes with pasta, special seasoning and vegetables — only oil or mayonnaise needs to be added," said Karen Schiemo of the Betty Crocker Kitchens. "Throw in a little culinary creativity and your favorite ingredients, such as additional fresh vegetables or diced meat, and you can even create your own recipe that's sure to be in high-demand for seconds."

Sweet Summer Barbecue Endings

Deliver a sweet ending to the perfect barbecue. With a few ingredients, such as sprinkles, marshmallows and nuts, you can add your own twist to brownies and transform them into a customized confection. Not only are they easy to make ahead of time, but a pan of brownies is easy to carry to the festive affair, requiring only one dish from baking to the barbecue. With no utensils necessary, they score huge "brownie points" with adults and kids alike.

Between the perfect main course and delectable side dishes, barbecues will surely be a family favorite. For more ideas to make your barbecue sizzle, go to BettyCrocker.com.



Greek Tossed Pasta Salad

Fresh Vegetable Pasta Salad

15 servings (1/2 cup each)
Prep Time: 25 minutes
Start to Finish: 1 hour 25 minutes

- 1 box Betty Crocker Suddenly Salad classic pasta salad mix
 - 1/4 cup cold water
 - 3 tablespoons vegetable or olive oil
 - 1 tablespoon vinegar
 - 2 cups small fresh broccoli florets
 - 1 small red bell pepper, coarsely chopped
 - 1 small yellow bell pepper, coarsely chopped
 - 1/4 cup red onion cut into thin wedges
1. Cook and drain pasta as directed on box. Meanwhile, in large bowl, stir together seasoning mix, cold water, oil and vinegar.
 2. Stir drained pasta and remaining ingredients into seasoning mixture. Refrigerate at least 1 hour.

Greek Tossed Pasta Salad

Makes 12 servings (1 cup each)
Prep Time: 15 minutes
Start to Finish: 30 minutes

- 1 box Betty Crocker Suddenly Salad Caesar pasta salad mix
 - 1/3 cup cold water
 - 3 tablespoons vegetable oil
 - 4 cups torn romaine lettuce
 - 2 medium tomatoes, coarsely chopped (1 1/2 cups)
 - 1 small cucumber, coarsely chopped (1 cup)
 - 1/2 cup thinly sliced red onion, slices cut in half
 - 4 ounces crumbled feta cheese (1 cup)
 - 1 can (2 1/4 ounces) sliced ripe olives, drained
1. Cook and drain pasta as directed on box. Meanwhile, in large bowl, stir together seasoning mix, cold water and oil.
 2. Add drained pasta and remaining ingredients to seasoning mixture. Toss with croutons and Parmesan topping (from salad mix). Serve immediately or refrigerate.

S'more Brownies

Makes 24 brownies
Prep Time: 25 minutes
Start to Finish: 1 hour 25 minutes

- 1 box Betty Crocker Original Supreme brownie mix
- Water, vegetable oil and eggs called for on brownie mix box
- 3 cups miniature marshmallows
- 4 graham crackers, broken into small pieces
- 2 bars (1.55 ounces each) milk chocolate candy, broken into 1-inch squares

1. Heat oven to 350°F. Grease bottom only of 13 x 9-inch pan with cooking spray or shortening. Make and bake brownies as directed on box for 13 x 9-inch pan, using water, oil and eggs.
2. Set oven to broil. Immediately sprinkle marshmallows and graham crackers over warm brownies. Broil about 4 to 5 inches from heat 30 to 60 seconds or until marshmallows are golden brown. (Watch carefully — marshmallows and graham crackers will brown quickly.) Sprinkle with chocolate candy. To serve warm, cool about 30 minutes. For brownies, cut into 6 rows by 4 rows.

Stars and Stripes Brownies

Makes 24 brownies
Prep Time: 30 minutes
Start to Finish: 2 hours

- 1 box Betty Crocker Original Supreme brownie mix (with chocolate syrup pouch)
- Water, vegetable oil and eggs called for on brownie mix box
- 1 container (12 ounces) whipped fluffy white frosting
- 1 tube (0.68 ounce) red decorating gel
- 1 tube (0.68 ounce) blue decorating gel
- 1 tube (0.68 ounce) white decorator icing
- Decorating Decors stars

1. Heat oven to 350°F. Line 13 x 9-inch pan with foil so foil extends about 2 inches over sides of pan. Spray foil with cooking spray. Make and bake brownies as directed on box for 13 x 9-inch pan, using water, oil and eggs. Cool completely, about 1 hour.
2. Remove brownies from pan by lifting foil; peel foil from sides of brownies. Continue as desired with options below.

Flag Brownies:
Frost brownies. Using red decorating gel, pipe stripes onto frosted brownie. Add decors in upper left corner of brownie.

Fire Cracker Brownies:
Using 1-inch round cookie cutter, cut out brownie rounds. Stack 2 brownie rounds together, spreading frosting between rounds and on top. Garnish with decors.

Star Brownies:
Using 2 1/2-inch, star-shaped cookie cutter, cut brownies. Place frosting in resealable food-storage bag; cut off one bottom corner of bag. Pipe frosting on star-shaped brownies. Sprinkle with decors.



S'more Brownies

FLOYD COUNTY Lifestyles

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MOVIES FROM THE BLACK LAGOON

'Alien Raiders'

by TOM DOTY
TIMES COLUMNIST

Crime thrillers, horror flicks and a dash of science fiction combine to great effect in this high-



Tom Doty
Times Columnist

concept, though decidedly low-budget, effort from the folks at Raw Feed (Rest Stop). The opening sets the stage as we meet the working stiff at a grocery store in a sleepy Arizona town. They're definitely handpicked sorts from Main Street and include an overweight manager (who picked the wrong night to purloin a third of the day's take), a "Romeo and Juliet"-style set of young clerks and assorted customers.

Just as the manager announces that the store is closing, it is besieged by a gun-toting gang that begins rounding everyone up. The group includes a bug-eyed fellow, named Spooky, who looks every hostage in the eye before declaring them safe or infected.

Turns out that "infected" is a bad thing, and those sort are ruthlessly shot. One customer, an off-duty policeman, opts to fight back and manages to take down Spooky

(See LAGOON, page three)

This Town, That World

Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request.

This has been for us one of the more pleasant political campaigns. The boys haven't disgraced themselves and polluted the moral atmosphere with much mudslinging, and generally speaking, most of us have wound up in a mood to settle back down and live at peace with our neighbors, after the Big Day's past. One more thing on the plus side: Nobody made a speech.

UP OR DOWN, LEFT OR RIGHT

I get along with new comers reasonably well until we get into the matter of directions. Any "furriner" will speak of going from Prestonsburg down to Pikeville, or up to Paintsville, and that's when we tangle. I point out that, as any fool can plainly see, Pikeville is upriver from Prestonsburg, and Paintsville is down, and so... And then they get technical and point out that Pikeville is south of here and blandly inquire, "when did you start going up south?"

I know, this river of ours runs the wrong way, but I still insist it's up to Pike County, and down to Johnson.

Comes now information relating to the reaction of another old mossback such as I, after he had read the careful directions given by The Courier-Journal for locating the sky-lab as it makes its way across evening skies. The newspaper suggested the watcher should fix his gaze of 17 degrees, explain-

(See ALLEN, page two)



John Rosenberg presented Jim Goble with a special plaque from the local chapter of AARP on Tuesday in recognition of his service to the community and the organization.

photos by Jarrod Deaton

LIVING LEGEND

AARP celebrates Goble's 90th birthday

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG — Moving quickly around the room at the Presbyterian Church in Prestonsburg, Jim Goble stopped to give hugs and handshakes to those in attendance at the American Association of Retired Persons (AARP) meeting held on Tuesday. Along with being there for the meeting, the senior citizens and representatives from AARP were also there to celebrate Goble's 90th birthday.

When he made his way to the front of the room, Goble was met by Scott Wegenast and Don Rose, both with AARP.

"AARP and the community in general owes a great deal of gratitude to people like Jim Goble," Wegenast said. "That's why we are happy to present him with a Community Service Award and hope to be back here celebrating another birthday in 10 more years."

Along with the award and a card from Rose, Goble also received a plaque from the local chapter of AARP, with John Rosenberg thanking him for his service to the community and the organization.

"This reminds me of a story I heard about a group trying to give President Harry Truman an award," Goble said, looking at his own award. "He turned it down because he said he couldn't think of anything he had done to deserve an award. I'll take this one, though."

The crowd laughed along with Goble at the remark and then enjoyed punch and slices of birthday cake complete with special napkins emblazoned with the number 90.

Before attending the AARP meeting, Goble, an employee of the Floyd County Times since 1938, also had a birthday celebration at the newspaper office where he received a special plaque featuring his picture.



Scott Wegenast and Don Rose, both with AARP, presented Jim Goble with a Community Service Award on Tuesday during a special birthday celebration held after the AARP meeting. Goble is 90-years-old.

DINNER DIVA

Food prices



Did you know the average family of four in America wastes \$600 worth of groceries a year? That's \$50 a month! That's a tank of gas, y'all!

Why is this, I wonder? Especially considering the current economic climate, why is this happening? What's going to waste? More likely than not, it's the fresh stuff we buy in our effort to be healthy. It's wilted lettuce, moldy green beans and flaccid carrots being dumped. It's all that wonderful spinach and other greens being tossed well past their prime.

We buy it because we know we need to get our nutritional game on—we end up dumping it because we have no plan to eat it! We call for pizza on Wednesday rather than grill the chicken we were going to make, along with the salad and green beans.

There are ways to cure that \$600 overage that will pay off in health dividends too, as well as your financial bottom line: Have A Plan. In other words, make your menu for the week. If there only 2 or 3 of you in the house, avoid the big

warehouse stores for things like fresh produce. Chances are good it will go bad before it's all eaten.

Shop From A List. If you have a list, you've most likely got a plan (menu) for the week. Don't be a perfectionist though—if you see Swiss chard on sale, swap it out for the kale that was on your list—it'll work just fine.

Follow Through. Just because you have good stuff in your produce drawer in

(See DIVA, page two)

CAR TALK

First gear is there for a reason

— page B3



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NEW!
Fun & Games
page B10





Family Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor
of Family Medicine

Q I sprained my ankle recently. I went to the ER, where they did an X-ray to rule out a fracture. Then they put me in an air splint and told me to go home and "rice it." It was a mild sprain, and I was off my crutches in a few days, but my ankle was stiff for a while after. I wasn't really sure what "rice it" meant, and I would like to know if what I did was OK.

A RICE is actually an acronym that stands for "rest, ice, compression and elevation," the standard initial treatment for a mild sprain. Sprains are stretched or torn ligaments, fibrous bands of tissue that connect bones to bones and keep them in place. When you twist your ankle — usually by rolling your foot out so that the sole of the foot turns up — you can injure the ligaments that connect bones in the ankle joint. This

How to 'rice' a sprain

scenario, called a lateral ankle sprain, is the most common sprain. The symptoms of a sprain are pain (general and especially with weight-bearing), swelling and bruising. Sprains can range from mild, like yours, to very severe, which rarely can require surgery or a cast. As you know, when treating a mild ankle sprain, many practitioners recommend RICE.

- **Rest:** During the first two days, keep painful activities to a minimum.
- **Ice:** Ice the injury in 20-minute sessions every three to four hours to reduce inflammation. Anti-inflammatory medications such as ibuprofen also can help reduce pain and inflammation. Take it easy after icing or taking pain-relief medication to avoid re-injury.
- **Compression:** Your air splint provided some compression, but it also helps to wrap an injury with a bandage,

especially during elevation. Loosen the bandage if your toes turn cold or blue or begin to tingle.

- **Elevation:** Lift your injury above your heart whenever you can. At night, prop it up on a pillow.

One variation on this treatment is RICE-M, which adds movement. Movement therapy involves slow, isolated foot motion and should start within the first 72 hours of an injury. I recommend that you sit down, lift the injured leg and slowly circle your foot in both directions a few times. Next, "write" your full name in the air with your toes. Repeat the exercise several times a day. The more you do it, the easier it gets. Also it is important to build weight bearing. This should be gradual at first, but most people are off crutches in just a few days.

At this point, you should focus on building ankle strength to prevent

subsequent sprains. This is especially important during the first few weeks after the injury. Some physicians recommend physical therapy after a bad sprain. There are some easy home exercises you can do, such as picking up marbles with your toes, walking on the balls of your toes, and walking on your heels. Balance activities, such as standing on one foot, can help, since most non-sports ankle injuries occur when people lose their balance on uneven ground.

Family Medicine(r) is a weekly column. To submit questions, write to: Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to: readerquestions@familymedicine-news.org.

HRMC New Arrivals

- April 22, 2009, a daughter, Lillian Hope McCoy, of Sammie & Doris McCoy, of Flat Gap.
- April 22, 2009, a son, Kasey Aaden Baca, to Kari Baca, of Prestonsburg.
- April 23, 2009, a son, Kenneth Ryan Bleeker, to Stephanie Lynn & Kenneth Bleeker, of Salsyerville.
- April 23, 2009, a daughter, Allison Kayann Myers, to Stephanie Dawn & Seth Patrick Myers, of Lowmansville.
- April 26, 2009, a daughter, Amelia Deasha Young, to Courtney Nasha Williams, of Prestonsburg.
- April 27, 2009, a daughter, Kansas Chanel Hall, to Sonya Kay Maggard, of Garrett.
- April 27, 2009, a daughter, Autumn LeAnne Willow Runyon, to Jennifer Michelle & Billy Lee Runyon, of Warwick.
- April 27, 2009, a daughter, Chara Rosie Arnett, to Jerica Jo Arnett, of Salsyerville.
- April 28, 2009, a daughter, Kaylee Brooke Parsons, to Ashley Brooke & Jonathan Brent Parsons, of Ivel.



Kaylee Brooke Parsons was born on April 28, at Highlands Regional Medical Center. She weighed six pounds and one ounce and was 19 inches long. Her parents are Jonathan and Ashley Parsons, of Ivel. Her grandparents are Scott and Kathy Williams, of Ivel, and Janice and Johnny Parsons, of Beaver.

Allen

ing that 90 degrees is directly overhead. "Seventeen degrees!" The older man snorted. "All I want them to tell me is how far to the left or right it'll blow, as I face any-ways, over the Nancy P. Gap. If they'll do that, maybe I'll set up one night till 9, to see it."

PRE-TREATED

Our item about coffee "sasserin" recalls for Watt Hale the story told of the sweet, young thing who, years ago, hurried into the restaurant across the street from the old railway station at Ashland, to catch the early-morning train up Big Sandy. She ordered a cup of coffee, but complained that it was so hot that she would never be able to drink it in time to catch the train.

"Beauty in distress" summoned up all the cavalier instincts of an elongated gentleman at a nearby table. He wore a black, slouch hat, and his handlebar mustache drooped to the tip of his chin. He extended to the girl his own

cup and saucer, with reassuring remark: "Young lady, if your coffee is too hot, take mine. It's already been blowed and sasserin."

THE REFORM WAS TEMPORARY

I don't believe every yarn that is told me, and make no demands on the credulity of those who read some of them in this column. With that preface, I proceed to tell the sad story of Tige, the dog, which mistook the warning cry of "fire" from a blasting crew for an invitation to visit the scene of the impending explosion. Tige's owner always spoke of that afternoon with a quiver in his voice.

"I yelled and screamed and did every thing I could to stop that fool dog, but he tore right on up the hill, so there was nothing for me to do but hurup up behind the nearest tree and stop up my ears and wait...Well, sir, the shot went off and I caught a glimpse of that dog sailin' overhead."

■ Continued from p1

If you ain't never owned a dog for a long time, you can't have any idea how sad I was, goin' home. But, you know, when I got there I heard some thing whimperin', under the floor, and when I crawled back there, there was Tige. I got him out, and he didn't seem to have a scratch on him. But the shock of that explosion had done something to the poor dog's nervous system. He never was the same again. Every time, I would light my pipe, he would take off like somethin' gone wild, and run till he would fall, a-gaspin' for breath.

"Between the old woman and Tige, I had to give up smokin'."

At the conclusion of his jeremiad, the speaker hauled his pipe and struck a country-style match on the seat of his pants. "I thought you gave up smokin'," one of his listeners remarked.

"I did, but Tige died a few weeks back," the man explained.

Diva

your fridge, doesn't mean you've got dinner cooked. It still needs to be cooked! If you're a stay at home mom, then do your dinner in baby steps and chop the veggies after breakfast, make the salad after lunch and don't wait for the 5 o'clock witching hour when your children are going bonkers to try and pull dinner together!

What Needs Eating First: Carrots will last a lot longer than spinach. Melons last longer than fresh berries. Figure out which foods need using up first and plan accordingly.

Work With What You Have. If you have a box of risotto sitting on your pantry shelf, figure out how to use it even if you've never eaten it before. Using the food you have first and making a plan around that food will help you save a ton of money and become a lot

less wasteful. Remember too, just because it's frozen, doesn't mean it has a shelf life from now until eternity. Frozen foods need to be eaten, not just stored, like every other food in your house.

Food prices, like gas prices, are going up. Instead of whining about it, let's get smarter and use what we buy! Stop thinking in terms of bulk shopping and think in terms of smart shopping. Bulk shopping is a great concept, but it doesn't necessarily translate into saving us money if we end up throwing it out!

■ Continued from p1

people. Now go ahead and use some of that new self-confidence to help shore up a personal relationship.

LIBRA (September 23 to October 22) Although you might still have to work out some problems with a business partner, things go more smoothly on the home front. An investment opportunity might need more study.

SCORPIO (October 23 to November 21) Don't be reluctant to act on your suspicion. Even if others see nothing wrong, the astute Scorpio could sense an underlying problem that isn't always obvious on the surface.

SAGITTARIUS (November 22 to December 21) A new opportunity presents some obstacles that need to be dealt with as soon as possible. Delaying action in hopes that the problems will go away could be counterproductive.

CAPRICORN (December 22 to January 19) A friend or family member's request might carry some hidden factors that could later create problems. Be sure you know all the facts before you make your decision.

AQUARIUS (January 20 to February 18) A setback in implementing a plan could turn out to be a blessing in disguise. Use the downtime to rework your original concepts and see where changes could be made.

PISCES (February 19 to March 20) You might not be consciously fishing for compliments, but admit it -- won't you feel great when your efforts are noticed? So accept the praise gracefully. You earned it.

BORN THIS WEEK: Your love of beauty in your personal life extends to your efforts to protect and preserve the natural world around you.

GOOD HEALTH

Exercise won't make arthritis worse

DEAR DR. DONOHUE: I have osteoarthritis in my hands, and my fingers have bony knobs on the knuckles. They look bad and hurt part of the time. I was a registered nurse and did lots of lifting of patients. Is the arthritis genetic or from the lifting? I go to the gym two to three times a week and have been doing so for two years. Am I making it worse? - C.S.

ANSWER: Osteoarthritis is the most common kind of arthritis. At age 65, one-third of people have evidence of knee osteoarthritis, and close to 100 percent of women have evidence of osteoarthritis of their hands and fingers. Not all these people have symptoms. The tiny bumps on the knuckle below the fingernail are part of the arthritis picture. Genes are involved. Age, misalignment of bones and injury are other contributors. Exercise is not responsible. Continue your exercise program. Strong muscles protect joints, and exercise keeps them limber. Only if an exercise is painful should you stop it.

A joint is the place where two bone ends meet. The ends are covered with cartilage, and the entire joint is surrounded by a tough covering called the joint capsule. Cartilage makes it possible for one bone end to move over the other painlessly.

Joint fluid, contained in the joint by the joint capsule, oils the joint and also keeps it operating without friction. In osteoarthritis, the joint cartilage begins to fray and crumble, and the joint fluid thins.

There is no cure for osteoarthritis; there are treatments. Tylenol is one of the best and safest drugs. Aspirin and nonsteroidal anti-inflammatory medicines (Aleve, Advil, Motrin, etc.) are widely prescribed. They can cause ulcers, so they have to be used in moderation. Voltaren gel is an anti-inflammatory applied to the skin over an affected joint. Less is absorbed this way, so it has fewer side effects. The doctor can inject a bothersome joint with cortisone.

Artificial joints are always worth consideration when arthritis severely limits motion and is quite painful. The joint at the base of the thumb is often bothersome in women. An operation that inserts a small piece of cartilage or other synthetic material can cushion that joint and bring great relief.

The arthritis booklet discusses osteoarthritis, rheumatoid arthritis and lupus. Readers can obtain a copy by writing: Dr. Donohue -- No. 301W, Box 536475, Orlando, FL 32853-6475. Enclose a

check or money order (no cash) for \$4.75 U.S./\$6 Canada, with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. DONOHUE: Have clubfoot disappeared? When I was a child, I knew several children who were born with them. Now I never hear about it. I am 92. -- R.T.

ANSWER: Clubfoot have not disappeared. It happens to about one in every 1,000 newborns. This is something that happens during fetal development. The foot bones are misaligned. The result is the soles of the feet turn to face each other, like the position of praying hands with palm against palm. Taping, strapping and casting are some of the ways used to treat clubfoot. Some infants require surgery to attain normal foot alignment.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

Salome's Stars Weekly Horoscope

ARIES (March 21 to April 19) Untangling personal problems might take more time than the impatient Lamb expected. But it's important to hang in there until all those knotty situations are straightened out.

TAURUS (April 20 to May 20) You still need to work out last-minute snags in your dealings with a rival. Hold your ground despite a perceived lack of support. Things should turn around before you know it.

GEMINI (May 21 to June 20) Best not to delay preparing for that upcoming family event. The sooner you get things started, the better chance you have of finding potential problems and making needed changes.

CANCER (June 21 to July 22) The romantic Moon Child might be reluctant to see the reality behind that "ideal" situation. But by advancing the practical Crab emerges to help clear away the moonbeams.

LEO (July 23 to August 22) Although the Big Cat might be receptive to more "purr-suits" to get you to agree to a workplace change, make sure you can distinguish the fine line between facts and flattery.

VIRGO (August 23 to September 22) Your positive attitude in the workplace helps to get you noticed by the right

people. Now go ahead and use some of that new self-confidence to help shore up a personal relationship.

LIBRA (September 23 to October 22) Although you might still have to work out some problems with a business partner, things go more smoothly on the home front. An investment opportunity might need more study.

SCORPIO (October 23 to November 21) Don't be reluctant to act on your suspicion. Even if others see nothing wrong, the astute Scorpio could sense an underlying problem that isn't always obvious on the surface.

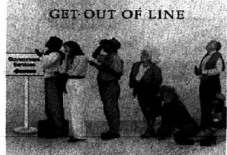
SAGITTARIUS (November 22 to December 21) A new opportunity presents some obstacles that need to be dealt with as soon as possible. Delaying action in hopes that the problems will go away could be counterproductive.

CAPRICORN (December 22 to January 19) A friend or family member's request might carry some hidden factors that could later create problems. Be sure you know all the facts before you make your decision.

AQUARIUS (January 20 to February 18) A setback in implementing a plan could turn out to be a blessing in disguise. Use the downtime to rework your original concepts and see where changes could be made.

PISCES (February 19 to March 20) You might not be consciously fishing for compliments, but admit it -- won't you feel great when your efforts are noticed? So accept the praise gracefully. You earned it.

BORN THIS WEEK: Your love of beauty in your personal life extends to your efforts to protect and preserve the natural world around you.



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03

First gear is there for a reason

by TOM and RAY MAGLIOZZI

Dear Tom and Ray: My wife and I recently bought a 5-speed Saturn VUE. Whenever she comes to a complete stop, she puts the car in second gear and takes off in second gear. When I ask her why she does that, she says it is better for the car, and that's the way her dad taught her to do it. I say that it isn't better for the car, because it forces the engine to spin at higher RPMs, putting more wear and tear on the engine and clutch. Now, I know I will lose this argument no matter what, because dad's always know best. But I'd still like to know what you think. — Jeff

TOM: Jeff, keep in mind that we're car mechanics, not marriage counselors. So we take no responsibility for what happens should you use this information in an actual family setting. But here it is: RAY: Her dad has his headlight in his taillight socket. You're 100 percent right, and her dad is 100 percent wrong.

TOM: Trust us. If you didn't absolutely need a first gear to start off, those cheap skate car makers never would have spent the extra \$20 to give you one.

RAY: The thing that wears out a clutch more than anything else is starting off from a dead stop. That requires the greatest amount of gas and the slowest release of the clutch pedal. And that combination — gas and time — is what kills clutches.

TOM: When starting in second gear, you have less of a mechanical advantage than you do in first gear. That means you have to compensate by giving the engine more gas and letting your foot off the clutch even more slowly to avoid stalling. That's first-degree clutch assault, with intent to ruin.

RAY: From first to second, second to third, etc., — cause almost no wear and tear on the clutch, because the car is already moving.

TOM: So maybe that's the diplomatic way out of this, Jeff. Use the

Federal Reserve theory of clutch wear. Tell her Dad was right in his day about skipping first gear. But due to inflation, now it's better to skip second gear. Good luck. And be careful!

Tom and Ray settle an argument

Dear Tom and Ray: Once, on a very long, boring trip, my passenger and I were reduced to asking each other dumb questions. We came upon one question that we couldn't settle. Imagine that I'm driving along at highway speed with the air conditioner on and the windows closed. A hummingbird that was caged in the back seat gets loose, and with nowhere really to go, it ends up just hovering there in midair. Our question is this: If I hit the brakes hard, does the hummingbird crash into the windshield? My friend said of course it would, that its momentum would cause it to keep moving forward as the car slowed. But I, being the more educated of us (not necessarily a good thing, as my friend claimed), said that the hummingbird's position would depend on its air speed, not its ground speed, and as the car slowed down, the air inside the car would slow down at an equal rate, as would the hummingbird, thereby avoiding becoming windshield splatter. So guys, please settle

this question so I can finally get some sleep. — Ross

TOM: Why don't you just put the darn hummingbird back in its cage, Ross?

RAY: As your friend says, Ross, over-education might not always be a good thing. But when you work around my brother, you come to the inescapable conclusion that a little bit more education can never hurt.

TOM: The answer is that the hummingbird is toast, Ross. He crashes into the windshield. As your friend correctly says, in summarizing Newton's first law, objects in motion will stay in motion.

RAY: The cabin air is part of the car. So if the hummingbird is hovering in that air while the car is in motion, the bird has the same horizontal speed as the car.

TOM: That means he's in motion. And when the car stops, the hummingbird does not, and splat.

RAY: Now, as we were discussing your question, Ross, my brother raised an interesting issue.

TOM: That's right, I said, "What about cigar smoke?" Let's say I'm motoring along in one of the new cars that we test-drive, smoking a huge cigar.

RAY: Of course, this is a hypothetical question, because you're not allowed to smoke in the test cars.

TOM: I'm not? Oh! I'm not! Right. But let's say, just for the sake of argument, that the smoke is hovering in the air all around me, and I stop short. Does the smoke crash into the windshield? I don't think so.

RAY: It's a good question. So we called in our Car Talk physicist, professor Wolfgang Rueckner, who also moonlights at Harvard University.

TOM: Wolfgang says that the smoke, too, is subject to Newton's first law, and should crash into the windshield. The only reason it doesn't is because it doesn't have enough mass. So while it's heading toward the windshield, it bounces into nearby air molecules, and the effect is muted.

RAY: I'm wondering if Newton ever tried this physics experiment: Take a test car that my brother has been smoking a cigar in, and have the manufacturer who owns it stick his head inside and take a sniff. Then see if that guy slams my brother's head into the windshield.

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Get a question about cars? Write to Click and Clack in care of this newspaper, or e-mail them by visiting the Car Talk Web site at www.cartalk.com.



Rental Central

by TOM DOTY
TIMES COLUMNIST

Four entertaining releases hit the shelves this week. None of these flicks will change your life, but for a change, they're all capable of killing time.

■ "Valkyrie" — Audiences didn't flock to this historical assassination drama and that's too bad, as it is pretty good. Bryan Singer ("The Usual Suspects") directs a solid cast that includes Tom Cruise, Tom Wilkinson, Kenneth Branagh and Terrance Stamp. They are all involved in a plot to murder Adolf Hitler towards the end of World War II. If you like this kind of thing, then you could also rent "Brass Target," which focuses on an American plot to kill Patton.

■ "Invasion, Iowa"

William Shatner produced and stars in this reality series that played on "Spike TV." The series details an elaborate prank played on the people of Riverside, Iowa. For years they're taken pride in the fact that the Captain Kirk character, from NBC's "Star Trek," hailed from their hometown. They totally fall for it when a team, led by Shatner, comes to town to supposedly make an action film. They all line up for parts and make fools of themselves, but this isn't mean-spirited and is actually a lot of fun.

■ "Paul Blart: Mall Cop" — Kevin James ("The King of Queens") headlines this sophomoric comedy that casts him as a mall security guard who must halt a "Die Hard"-type

sacking of his workplace. A little goofy, but James gets a lot of mileage out of pratfalls and fat jokes.

■ "My Bloody Valentine 3-D" — This lackluster remake gets a lot of points for using 3-D well. This is just a rush of the 1980s slasher film and no effort is made to make it any smarter, but they do use the 3-D effects to toss all of the gore scenes right in your lap. The effects are the best thing about this one, so it's worth the effort to get out those funky glasses and watch as the remains of teens come at you in three dimensions.

Next week brings Cuba Gooding Jr. in "The Devil's Tomb" and Mickey Rourke in the long awaited adaptation of Elmore Leonard's "Killshot."

Strange ... but true

by SAMANTHA WEAVER

It was American comedian, actor, and writer George Burns who made the following sage observation: "The secret of a good sermon is to have a good beginning and a good ending, then having the two as close together as possible."

■ If you're like the average American, you watch a whopping 4 hours and 44 minutes of television every day.

■ In all likelihood, you've never run across a microbiologist — in fact, they probably don't even exist in the United States today. However, professional mourners — which is what microbiologists are — have a long history, dating back to ancient

Greece. Even as recently as the early 1900s, there was a report of a microbiologist's strike in Paris.

■ Another reason to celebrate the 250th anniversary of the birth of that iconic Irish export, Guinness: Studies show that the stout beer contains antioxidant compounds that benefit the heart by slowing down the accumulation of bad cholesterol on the walls of arteries. Cheers!

■ According to a recent news story on the website of the British Broadcasting Corporation, eight police officers in Scotland claim their religion to be Jedi — as in the Jedi Knights of George Lucas' "Star Wars" films. And it

seems they're not the only ones: According to the 2001 census, there are 14,000 adherents of Jedi in Scotland, and another 390,000 in England and Wales. There's even a UK Church of the Jedi, founded by brothers Barney and Daniel Jones, which offers light saber training and teaches about The Force.

■ If you're right-handed, studies show that you tend to wash your left hand more thoroughly than your right hand. Reverse that if you're a leftie.

Thought for the Day: "Drive-in banks were established so most of the cars today could see their real owners." — E. Joseph Cossman

Lagoon

before the gang regroup and subjects him to an all-lead diet. Fortunately, the cop was able to call in the crisis before he started shooting and reinforcements arrive quickly.

The town is lucky enough to have a new detective, Steadman, who was a hostage negotiator in Chicago before coming out to Arizona, but his skills are compromised when he learns that his stepdaughter is inside the building. He gets the group's leader on the phone and finds out that their only demand is to have a woman brought to them from a local prison, where she is being held on drug charges.

Steadman has her brought over while he and his men search the supermarket lot. They quickly determine which vehicle their adversaries arrived in, but are shocked to learn that they are up against a team of engineers who worked for an outfit called "Jet Propulsion Laboratories."

Meanwhile, things are going badly for the hostages. Not only are they deprived of their freedom, but they must also submit to a series of bizarre tests, which include chugging quarts of milk and then being dragged off, one by one, to another room that screams are emanating from. We follow the journey of one victim and learn that they are being interrogated briefly before having their pinky fingers severed without benefit of anesthetic.

Outside of the market, the police get their hands on the prisoner that the group requested. She turns out to be a tough cookie who isn't talking but agrees to spit out beans if the police will get her some illegal narcotics. Oxycontin proves to be her drug of choice and she begins spilling her

guts while the people in the market do the same, literally, when a monster emerges from the meat locker where the corpses have been dumped from the initial shootings.

At this point you'll get the notion that something very "X-Files" is going on here and all is soon revealed as we learn that the hostage takers consider themselves heroes on a hunt to destroy a life-threatening outbreak of something that is not human.

This one totally delivers for your entertainment dollar and manages to be a taut thriller that smoothly crosses over into monster movie territory without ever missing a beat. The director manages to keep you in suspense by telling the story in real time and letting the audience piece it together at the same time as the policemen outside the market.

The only problem here is that some fans have executive opted to release the film under a terrible title that not only sounds like a cheap-jack sci-fi channel snooze-fest but also manages to give away a great surprise that the filmmakers

hold back until the 11th hour. Yes, the invasion is extraterrestrial, but don't let that stop you from enjoying the show.

The cast is game too and gives this one their all. They're mostly unknowns but look for Matthew St. Patrick ("Six Feet Under") as Steadman. He's very good here and manages to infuse Steadman with enough common sense that he never becomes the stereotypical "distraught father" who can't see past his emotions to the problem at hand.

In spite of the lousy title, this one is a crackjack effort that deserves your attention, despite the fact that they give away one of its greatest secrets by outing the alien origins of the threat on the cover. Check it out and you'll see that (once again) home video premieres are the best place to catch quality genre movies unless you want to pay 10 bucks for some popcorn as you watch the latest remake of a 1980's horror film.

Best line: "Everything is going to be okay. Just get that baby puke off your shirt." — 2009, rated R.



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www.afterschoolalliance.org

This man is working to lower health care costs, prevent global warming and reduce our nation's dependence on foreign oil

WOULD YOU WANT TO KILL HIM?



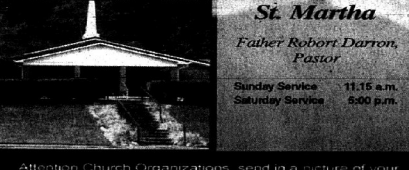
Cycling is one the best ways to improve your health, protect the environment and reduce consumption of foreign oil. But even if you don't ride a bike, you can help do your part by watching for cyclists on the road and driving with care. In Kentucky, bicycles have the same rights to use roads and highways as cars and trucks. But keep in mind that cyclists are at greater risk of injury or death in the event of a wreck. That is why it is important to use caution and courtesy when you encounter a bicycle. Pass them only when it is clear, give them a few extra feet when passing, and never do anything to startle a cyclist, such as blowing your horn, passing too close or yelling at them.

Save a life. Share the road.

Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.

Devotional Spotlight



St. Martha
Father Robert Darron, Pastor

Sunday Service 11:15 a.m.
Saturday Service 6:00 p.m.

Attention Church Organizations, send in a picture of your church, pastor or youth leaders.

ASSEMBLY OF GOD

First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister.

In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.

New Bethel Assembly of God, Burning Fork Rd., Salyersville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.

Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Stone, Minister.

BAPTIST

Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.

Auxler Free Will Baptist, Auxler; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.

Bell Branch Regular Baptist Church, Mousay Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor; Contact Kermit Newsome 606-377-6881 for more information.

Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.

Big Sandy Community and Technical College Baptist Student Union, 102; Wednesday, 11:30 a.m.; Vera Joiner, 868-3863, ext. 67267.

Bonanza Free Will Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.

Brandy Keg Free Will Baptist, Corn Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Mue, Minister.

Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.

Community Free Will Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.

Cow Creek Free Will Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathan Lafferty, Minister.

Daniels Creek Baptist Fellowship Church of God, Banner; Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.

Drift Free Will Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m.; Jim Fields, Minister.

Endicot Free Will Baptist, Buffalo; Sun. School, 10 a.m.; Church every Sun. Morning 11:00 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; First Sat. evening

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Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wireman.

Faith Free Will Baptist, 1/4 mile above Worldwide Ecol., on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Elder Donnie Patrick, Minister.

First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.

First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Graydon Howard, Minister.

First Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed. 6:30 p.m.; Jerry C. Workman, minister.

Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Grethel Baptist, State Rt. 3379, (Branches Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Crace, pastor; Assist. Larry Patton, Phone 358-4275.

Highland Avenue Free Will Baptist, Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.

Jacks Creek Baptist, Bevinsville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trusty.

Katy Friend Free Will Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor.

Lackey Free Will Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Wines, Minister.

Lancer Baptist Church, 71 Cooley St., Prestonsburg; Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m. Evening Worship, 6:00 p.m. Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bob Carpenter.

Left Beaver Regular Baptist Church, across from Garth School, 4th Saturday & Sunday 10:00 am. Odd Saturday 6:00 pm. Gary Compton, Pastor.

Liberty Baptist, Denver; Sunday Service, 10 a.m.; Wednesday, 7 p.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.

Ligon Community Free Will Baptist, Ligon Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.

Little Rosa Regular Baptist Church of Jesus Christ, Indian Bottom Association; Services: 1st Saturday & Sunday every month 9:30 a.m., 3rd Sunday 9:30 a.m., Odd Sunday 9:30 a.m.

Martin Branch Free Will Baptist, Eastliff; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James Reed, Pastor.

Martin Free Will Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.

Maytown First Baptist, Main St., Maytown; Sunday Services, 2nd & 4th; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.

McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Bible Study, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.

Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; William L. Hunt, Minister.

Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister, home phone 285-3385

Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.

Prater Creek Baptist, Banner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; J.B. Hall, Pastor. Phone: (606) 874-3222.

Rock Fork Free Will Baptist, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.

Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Crace Jr., Assistant Pastor.

Salt Lick United Baptist, Salt Lick, Hueysville; Worship Services, 2nd & 4th; Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123.

Sammy Clark Branch Free Will Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.

The Third Avenue Free Will Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Phillip Ramsey, Pastor.

Tom's Creek Free Will Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.

10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister. **Victory Christian Ministries, 1428 E.;** Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sherm Williams, Minister.

CHURCH OF CHRIST

Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.

Prestonsburg Church of Christ, 89 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.

Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie S. Meade, Minister.

Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.

Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lon Meade, Minister.

Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Gary Mitchell, Minister.

Maytown Church of Christ, 66 Turkey Creek Rd., Langley; Sunday Bible Study 10:00 a.m., Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible Study 7:00 p.m., Carol Moore, Minister.

Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Wesleybury Church of Christ, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; John Burke, Minister.

CHURCH OF GOD

Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.

Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.

First Church of God, Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven B. Busby, Pastor.

Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Family Training Hour - Thursday 7 p.m.; Bill B. Tussey, Jr. Pastor.

Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.

Little Point First Church of God, 671 Little Point Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Heater Jr., Minister.

The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

EPISCOPAL

St. James Episcopal, Sunday Services, 9:45 a.m.; Holy Eucharist 11:00 a.m.; Wednesday Study Group 6:00 p.m.; Holy Eucharist & Healing 7:30 p.m. Father Johnnie E. Ross, Rector.

LUTHERAN

Our Savior Lutheran, Slipp Bays Room Carriage House Mosef, Paintsville; Sunday Service, 11 a.m.; WKLU (600 am) 12:05 p.m.; Roland Benth, Minister.

METHODIST

Auxler United Methodist, Auxler; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Mearl Mueck, Minister.

Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.

Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.

Community United Methodist, 147 Burke Avenue (off University Drive and Neely St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Glen "Sandy" Douglas, Rev.

Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Phillip T. Smith, Minister.

First United Methodist, Emma; Sunday School 10 a.m.; Worship Service, 11 a.m.; Pastor David Proffitt.

First United Methodist, 256 South Arnold Avenue; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev. Jim Adams, Pastor.

Horn Chapel, Methodist, Auxler Road, Auxler; Sunday School, 10 a.m.; Sunday Morning Worship, 11 a.m.; Midweek Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Judy Carrick, Minister.

Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.

Sallybury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.

Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.

Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.

Vogel Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wednesday Study, 7:00 p.m.; Dennis C. Love, Pastor.

Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.

Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs. 6:30 p.m.; Buster Hayton, Minister.

Free Pentecostal Church of God, Weeksburg; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday, 6:30 p.m.; John Jay Patton, Minister.

Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.

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10 a.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

PRESBYTERIAN

Drift Presbyterian, Route 1101, Drift; Worship Service, 11 a.m.

First Presbyterian, North Lake Drive; Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev. Vicki Poole, pastor.

SEVENTH-DAY ADVENTIST

Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:45; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3469, leave message. Everyone welcome!

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

The Church of Jesus Christ of Latter-Day Saints; Sacramento Mtg., 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Priesthood/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 286-3133; Ken Carriere, Bishop.

OTHER

Pastor Altha Johnson welcomes everyone to attend services at the CHURCH OF GOD OF PROPHECY TRAIL KENTUCKY, Sunday school 10 a.m., Worship service 11 a.m., Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30 p.m.

Grace Fellowship Prestonsburg, (next to old flea market), Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.

Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.

Faith Revivalist, Harkins Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thurs. 7 p.m. Randy Hagans, Minister. 888-9460.

Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed. 7 p.m. Carl & Missy Woods, Pastors.

Faith Worship Center, US 480, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.

Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 p.m.; Lavonne Lafferty, Minister.

Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m. Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.

Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m.; Pastor, Curt Howard.

Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m., Saturday/Sunday.

Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 11 a.m.; Friday, 7 p.m.; John W. Patton, Minister.

Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 888-1003.

Town Branch Church; Sunday School 10 a.m. except for first Sunday in each month; Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.

The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.

The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Ecol., 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Aiken.

Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.

Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayer Line: 358-2464; Darlene W. Arnette, Pastor.

Taylor Chapel Community Church, formerly the Old Price Food Service building, located 1 quarter mile above Worldwide Equipment, Rt. 1428, Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m. Kerry Vanderpool, Pastor.

International Pentecostal Holiness Church, 10974 N. Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor.

Rising Sun Ministries, 114 Rising Sun Lane, Prestonsburg, KY 41653, Sunday, 11:00 a.m.; Wednesday, 6:30 p.m. Pastor: D.P. Curry.

Church of God of Prophecy, Sunday School 10 a.m.; Worship Service 11 a.m., Sunday Night - 6 p.m.; Wednesday Night - 6 p.m. Pastor Glenn Hayes. West Prestonsburg.

House of Refuge, Rock Fork; Sunday Evening Worship 6 p.m. Monday Bible Study 7:30 p.m., Wednesday Prayer Meeting 7:30 p.m. Bill B. Tussey, Pastor

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FLOYD COUNTY



Faith and Family



KIM'S KORNER
Recalibrate route!

New Pew Forum poll explores why Americans change religious affiliation

Each and every morning while checking emails, daily messages arrive from "Prime Time with God," by Os Hillman. Some days these messages seem to relate to exactly what is taking place and hit the nail on the head. Some are just enlightening and powerful! and such a blessing to read.



Kim Little Frasure

"Recalibrate Route" was one of those and just had to be shared. May it bless you as you continue to read.

"The crooked roads shall become straight, the rough ways smooth" (Luke 3:5).

"I love the Global Positioning Systems (GPS) in the new cars. A voice comes on and tells me how far I have to go and when to turn.

"However, sometimes I get off course and the voice says: 'Recalculating route.' The GPS is telling me I have gone off course and it is now recalculating the route based on my wrong turn.

"Sometimes we can make wrong turns in our spiritual lives. We think we are going the right direction only to discover it was never God's will to enter that relationship, make that business deal, hire that person - the examples are limitless.

"There is an amazing thing about God. He can make our crooked places straight. He has an ability to make whatever blunder you make turn out right. It may mean there might be some consequences to those decisions, but He will always allow your actions to work together for good for those called according to His purposes if we repent and seek Him fully to make things right. These lessons can even contribute to greater wisdom in our lives if we learn from our mistakes.

"God's omnipotence is always one step ahead of our incompetence. Do you think He knew you would make that misstep? Absolutely. Do you think your life was planned even with that misstep figured in? Absolutely.

"Isn't it comforting to know you cannot plan God out of the equation no matter how bad you mess up? He will always turn crooked places into straight places for those who are humble and contrite.

"Do you need a crooked place straightened out today? Ask Him to straighten the course so you can flow in His perfect will for your life."

"Til next week, God's blessings.

WASHINGTON, D.C. -- A new survey by the Pew Research Center's Forum on Religion & Public Life finds that Americans change their religious affiliation early and often, and the reasons they give for changing - or leaving religion altogether - differ widely depending on the origin and destination of the convert.

"Faith in Flux: Changes in Religious Affiliation in the U.S." is a follow-up to the

"U.S. Religious Landscape Survey," conducted by the Pew Forum in 2007 and released in 2008, and is based on over 2,800 callback interviews with members of the largest segments of the population that have changed religious affiliation.

The poll results offer a fuller picture of the "churn" within religion in America, where about half of adults have changed religious affiliation at least once in their life.

Key findings include:
■ Most people who change their religion leave their childhood faith before age 24, and many of those who change religion do so more than once.

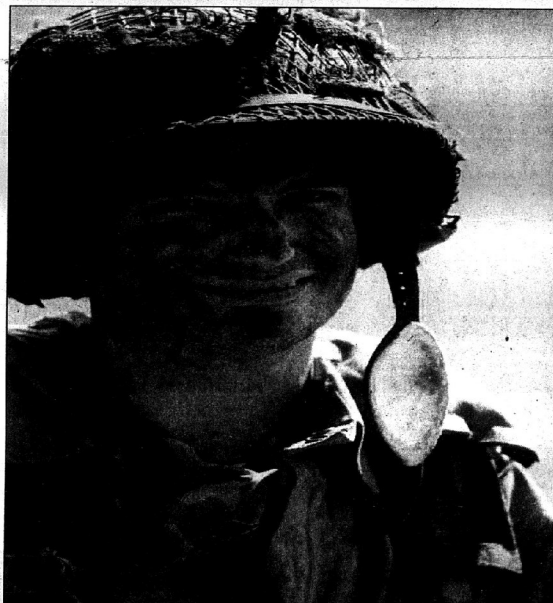
■ Many people who have left a religion to become unaffiliated, the group that has grown the most from religious switching, say they did so in part because they stopped believing in the teachings of their childhood faith. Many also cite disillusionment with

religious people and institutions as reasons for becoming unaffiliated.

■ Many people who have left the Catholic Church say they did so because they stopped believing in Catholic teachings. This is true for half of Catholics who have become Protestant as well as two-thirds of Catholics who have become unaffiliated. Many fewer say they left because of the clergy sexual abuse scandal.

■ In contrast with other groups, Americans who have switched from one Protestant denominational family (e.g., Baptist, Methodist) to another tend to do so because of changes in life circumstances, such as marriage or moving to a new community.

The report, including a detailed executive summary, methodology and top-line questionnaire, is available online (<http://pewforum.org/docs/?DocID=409>). F



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 4. **Stop by:** 263 S. Central Avenue, Prestonsburg
 5. **Mail:** P.O. 390, Prestonsburg, KY 41653

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- Use descriptive words to identify your items
- State your price or terms
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- 2003 Malibu with sunroof, Loaded \$4,500
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For information contact 1-800-335-3456, or www.transforlife.org

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for sale. Hologic bone densitometry machine for sale. Location. If interested call 285-3025 Monday - Saturday 9 am - 5 pm. Will accept best offer to purchase. Call Webb Medical Group 606-874-0009.

REAL ESTATE

Houses

Split-Foyer home and 2+ acres in Prestonsburg, 1/2 mile off Rt 80. 400 sq ft road frontage with backtop driveway. 2 car attached garage, 2 storage buildings, 2 decks and hot-tub. Privacy, 3 br, 2 baths, family room with fireplace insert, heat pump / ac. More info call 874-0084

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Pikeville. No rent to own and no land contracts. Call 606-424-1150 or 1-859-846-9575.

House for sale by owner in Emma. Quiet neighborhood, 2 story brick 4 br, 3 baths with 2 car garage. Move in ready. Call 874-1090 to see.

Sale or lease

Glovanis building in Martin is now cleaned and available for rent. Good location. If interested call 285-3025 Monday - Saturday 9 am - 5 pm.

Commercial building for lease. Located at South lake Dr. New building. Will fix office to your needs, 2,000 Sq ft. Call 886-6186 or 226-9522.

Office space for rent. 3,000 sq ft, 2 bath, 10 individual rooms suitable for professional office. Call 794-6204 for more information. Located on 1320 North Lake Drive, Prestonsburg, Ky. Downtown from Jerrys.

RENTALS

1 BR apartment for rent. 4 miles west of Prestonsburg on Rt 114. \$500 month includes utilities. Call 886-8061.

APARTMENT

For rent: Lovely small 1 br apartment. Suitable for 1 person. Located on University Dr. Near Food city and college. No HUD and no pets. Call 886-3565.

Small 3 br apartment for rent. 1 1/2 mile up 1750. Also a 1 br located in Prestonsburg. No pets. Call 886-8991.

Town house apartment for rent. 2 br, 1 1/2 bath, stove, fridge, dw, w/d hook up, city limits at US 23 & Hwy 80, \$650 mth plus utilities with \$350 deposit. No pets, 1yr lease. 606-237-4758.

Nice 1 br furnished apartment for rent. Located on Ky Rt 821 Highland hospital & Davis market. Central heat / air with washer / dryer hookup. \$395 month. References and deposit required. Between welcome. Call 789-5973.

1 BR apartment for rent. 4 miles west of Prestonsburg on Rt 114. \$500 month includes utilities. Call 886-8061.

Available June 1st. Small 3 br. Extra nice. With washer and dryer included. \$475 monthly. Includes water. Also 2 br, 1 1/2 bath townhouse. Hardwood floors and cherry cabinets. 1,152 sq ft. No pets. No HUD. Call 285-9639 or 226-1925 or 434-3980.

Efficiency apartment for rent. \$125.00 weekly, \$100 deposit. All utilities are paid. Call 886-7918.

Houses

2 1/2 story cedar A-frame home on 5 acres of land. Located 2 1/2 miles out of Prestonsburg city limits on Spurlock creek. City water, 3br, w/d, dish washer, 2 full baths, hardwood floors, full underground basement, security system, 16x36 carport and outside storage. No pets. \$850 month. Shown by appointment only. Call 606-785-0770. Leave message.

Mobile Homes

Financing available. You can finance. Garage or carport, septic, water and electric, porches, sidewalks and decks. You pick the home & land. Crossland homes will do the rest. Call 606-864-5252.

Approved! For Government financing. 2 or 3 br double wide. Delivered & set up on your lot. With pay m e n t s . Hundreds below renting. Call 606-864-5252.

Application hot line. 606-864-5804. All applications accepted! Own a new home. Call 606-864-5804.

Land home package. Financing available. You can finance. Garage or carport, septic, water and electric, porches, sidewalks and decks. You pick the home & land. Crossland homes will do the rest. Call 606-864-5252.

View our new homes on display at www.4alu.com. Call 606-474-2083. For more info.

Mobile home for rent. Nice and clean 16x80, 3 bed / 2 bath w/ fridge / stove, washer

Financing available. You can finance. Garage or carport, septic, water and electric, porches, sidewalks and decks. You pick the home & land. Crossland homes will do the rest. Call 606-864-5252.

Approved! For Government financing. 2 or 3 br double wide. Delivered & set up on your lot. With pay m e n t s . Hundreds below renting. Call 606-864-5252.

Application hot line. 606-864-5804. All applications accepted! Own a new home. Call 606-864-5804.

Land home package. Financing available. You can finance. Garage or carport, septic, water and electric, porches, sidewalks and decks. You pick the home & land. Crossland homes will do the rest. Call 606-864-5252.

View our new homes on display at www.4alu.com. Call 606-474-2083. For more info.

Mobile home for rent. Nice and clean 16x80, 3 bed / 2 bath w/ fridge / stove, washer

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Help Wanted
Controller - Coal Industry

Uriah Bement Coal is seeking qualified applicants for the position of Controller at our Goose Creek Energy Facility located near McDowell, KY. Ideal candidate shall have bachelor's degree in accounting or business or equivalent experience, strong MS Excel and Word skills, along with knowledge of accounting principles in the coal business. Qualified applicants only please send your resume and cover letter to:

Uriah Bement Coal, Inc.
Attn: John Grounds
jgrounds@ubcoal.com
630-578-1999 fax

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 High School diploma or equivalent, or six months related experience; and/or training; or equivalent combination of education and experience.

Job Duties:
 The individual will field calls from customers to provide information as requested, based on established guidelines and within desired frames.

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 (606) 789-4001
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NOTICE

Notice is hereby given that Columbia Gas of Kentucky, Inc., a Kentucky Corporation, has asked the Public Service Commission, Frankfort, Kentucky, for approval of an adjustment of rates to become effective May 31, 2009, for service rendered on and after May 31, 2009. The present rates charged in all territory served by Columbia are as follows:

	Base Rate Charge \$	Gas Cost Adjustment Demand \$	Gas Cost Adjustment Commodity \$	Total Billing Rate \$
RATE SCHEDULES GS				
Residential (GSR)^{3,5}				
Customer Charge per billing period	9.30			9.30
Delivery Charge per Mcf	1.8715	1.2343	8.8881	11.9939
EAP Rider	0.0525			0.0525
NGR&D Rider	0.0124			0.0124
Commercial or Industrial (GSO)¹				
Customer Charge per billing period	23.96			23.96
Delivery Charge per Mcf	1.8715	1.2343	8.8881	11.9939
First 50 Mcf per Mo.	1.8715	1.2343	8.8881	11.9937
Next 350 Mcf per Mo.	1.8153	1.2343	8.8881	11.8520
Next 600 Mcf per Mo.	1.7296	1.2343	8.8881	11.8520
Over 1,000 Mcf per Mo.	1.5802	1.2343	8.8881	11.7026
NGR&D Rider	0.0124			0.0124

	Base Rate Charge \$	Gas Cost Adjustment Demand \$	Gas Cost Adjustment Commodity \$	Total Billing Rate \$
RATE SCHEDULE IS - INTERRUPTIBLE SALES SERVICE				
Customer Charge per billing period	547.37			547.37
Delivery Charge per Mcf	0.5467		8.8881	9.4348
First 30,000 Mcf	0.2905		8.8881	9.1786
Over 30,000 Mcf	0.0124			0.0124
NGR&D Rider				0.0124
Firm Service Demand Charge				6.5672
Demand Charge times Daily Firm Volumes (Mcf) in Customer Agreement				6.5672

	Base Rate Charge \$	Gas Cost Adjustment Demand \$	Gas Cost Adjustment Commodity \$	Total Billing Rate \$
RATE SCHEDULE IUS - INTRASTATE UTILITY SERVICE¹				
Customer Charge per billing period	255.00			255.00
Delivery Charge per Mcf	0.5905	1.2343	8.8881	10.7129
NGR&D Rider	0.0124			0.0124

	Base Rate Charge \$	Gas Cost Adjustment Demand \$	Gas Cost Adjustment Commodity \$	Total Billing Rate \$
RATE SCHEDULE SS - STANDBY SERVICE				
Standby Service Demand Charge per Mcf				6.5672
Demand Charge times Standby Service Volumes (Mcf) in Customer Agreement				6.5672

	Base Rate Charge \$	Gas Cost Adjustment Demand \$	Gas Cost Adjustment Commodity \$	Total Billing Rate \$
RATE SCHEDULE DS - DELIVERY SERVICE				
Administrative Charge per billing period	55.90			55.90
Customer Charge per billing period ²	547.37			547.37
Customer Charge - Grandfathered Service only	23.96			23.96
Customer Charge - Intrastate Utility only	255.00			255.00
Delivery Rate per Mcf ²	0.5467			0.5467
First 30,000 Mcf	0.2905			0.2905
Over 30,000 Mcf				0.2905

	Base Rate Charge \$	Gas Cost Adjustment Demand \$	Gas Cost Adjustment Commodity \$	Total Billing Rate \$
Delivery Rate - Grandfathered Service only				
First 50 Mcf per Mo.	1.8715			1.8715
Next 350 Mcf per Mo.	1.8153			1.8153
Next 600 Mcf per Mo.	1.7296			1.7296
Over 1,000 Mcf per Mo.	1.5802			1.5802
Delivery Rate - Intrastate Utility only				
All volumes per billing period	0.5905	0.0208		0.5905
Banking and Balancing Service				0.0208
NGR&D Rider	0.0124			0.0124

	Base Rate Charge \$	Gas Cost Adjustment Demand \$	Gas Cost Adjustment Commodity \$	Total Billing Rate \$
RATE SCHEDULE MLDS - MAINLINE DELIVERY SERVICE				
Administrative Charge	55.90			55.90
Customer Charge per billing period	200.00			200.00
Delivery Rate Per Mcf	0.0658			0.0658
NGR&D Rider	0.0124			0.0124
Banking and Balancing Service		0.0208		0.0208

The proposed rates to be charged in all territory served by Columbia Gas of Kentucky, Inc. are as follows:

	Base Rate Charge \$	Gas Cost Adjustment Demand \$	Gas Cost Adjustment Commodity \$	Total Billing Rate \$
RATE SCHEDULES GS				
Residential (GSR)^{3,5} (Effective for first year only)				
Customer Delivery Charge per Billing Period	17.92			17.92
Delivery Charge per Mcf	1.4604	1.2343	8.8881	11.5828
EAP Rider	0.0525			0.0525
NGR&D Rider	0.0124			0.0124
Gas Cost Uncollectible Charge	0.0964			0.0964
AMRP Rider	0.0000			0.0000
POM Rider	0.0000			0.0000
Residential (GSR)^{3,5} (Effective after first year only)				
Customer Delivery Charge per Billing Period	26.53			26.53
Delivery Charge per Mcf	0.0300	1.2343	8.8881	10.1224
EAP Rider ⁴	0.0525			0.0525
NGR&D Rider ⁴	0.0124			0.0124
Gas Cost Uncollectible Charge ⁴	0.0964			0.0964
AMRP Rider ⁴	0.0000			0.0000
POM Rider ⁴	0.0000			0.0000
Commercial or Industrial (GSO)^{3,5}				
Customer Charge per billing period	28.28			28.28
Delivery Charge per Mcf	1.8715	1.2343	8.8881	11.9939
First 50 Mcf per Mo.	1.8715	1.2343	8.8881	11.9377
Next 350 Mcf per Mo.	1.8153	1.2343	8.8881	11.8520
Next 600 Mcf per Mo.	1.7296	1.2343	8.8881	11.8520
Over 1,000 Mcf per Mo.	1.5802	1.2343	8.8881	11.7026
NGR&D Rider	0.0124			0.0124
Gas Cost Uncollectible Charge	0.0964			0.0964
AMRP Rider	0.0000			0.0000
POM Rider	0.0000			0.0000

	Base Rate Charge \$	Gas Cost Adjustment Demand \$	Gas Cost Adjustment Commodity \$	Total Billing Rate \$
RATE SCHEDULE IS - INTERRUPTIBLE SALES SERVICE				
Customer Charge per billing period	620.18			620.18
Delivery Charge per Mcf	0.5467		8.8881	9.4348
First 30,000 Mcf	0.2905		8.8881	9.1786
Over 30,000 Mcf	0.0124			0.0124
NGR&D Rider				0.0124
Firm Service Demand Charge				6.5672
Demand Charge times Daily Firm Volumes (Mcf) in Customer Agreement				6.5672
Gas Cost Uncollectible Charge	0.0964			0.0964
AMRP Rider	0.0000			0.0000
POM Rider	0.0000			0.0000

	Base Rate Charge \$	Gas Cost Adjustment Demand \$	Gas Cost Adjustment Commodity \$	Total Billing Rate \$
RATE SCHEDULE IUS - INTRASTATE UTILITY SERVICE^{3,5}				
Customer Charge per billing period	331.50			331.50
Delivery Charge per Mcf	0.8729	1.2343	8.8881	10.9523
NGR&D Rider	0.0124			0.0124
Gas Cost Uncollectible Charge	0.0964			0.0964
AMRP Rider	0.0000			0.0000
POM Rider	0.0000			0.0000

	Base Rate Charge \$	Gas Cost Adjustment Demand \$	Gas Cost Adjustment Commodity \$	Total Billing Rate \$
RATE SCHEDULE SS - STANDBY SERVICE				
Standby Service Demand Charge per Mcf				6.5672
Demand Charge times Standby Service Volumes (Mcf) in Customer Agreement				6.5672

	Base Rate Charge \$	Gas Cost Adjustment Demand \$	Gas Cost Adjustment Commodity \$	Total Billing Rate \$
RATE SCHEDULE DS - DELIVERY SERVICE⁴				
Administrative Charge per billing period	55.90			55.90
Customer Charge per billing period ²	620.18			620.18
Customer Charge - Grandfathered Service only	26.28			26.28
Customer Charge - Intrastate Utility only	331.50			331.50
Delivery Rate per Mcf ²	0.5467			0.5467
First 30,000 Mcf	0.2905			0.2905
Over 30,000 Mcf				0.2905
Delivery Rate - Grandfathered Service only				
First 50 Mcf per Mo.	1.8715			1.8715
Next 350 Mcf per Mo.	1.8153			1.8153
Next 600 Mcf per Mo.	1.7296			1.7296
Over 1,000 Mcf per Mo.	1.5802			1.5802

	Base Rate Charge \$	Gas Cost Adjustment Demand \$	Gas Cost Adjustment Commodity \$	Total Billing Rate \$
Delivery Rate - Intrastate Utility only				
All volumes per billing period	0.8729	0.0208		0.8729
Banking and Balancing Service				0.0208
NGR&D Rider	0.0124			0.0124
AMRP Rider	0.0000			0.0000
POM Rider	0.0000			0.0000

	Base Rate Charge \$	Gas Cost Adjustment Demand \$	Gas Cost Adjustment Commodity \$	Total Billing Rate \$
RATE SCHEDULE MLDS - MAINLINE DELIVERY SERVICE				
Administrative Charge	55.90			55.90
Customer Charge per billing period	200.00			200.00
Delivery Rate Per Mcf	0.0658			0.0658
NGR&D Rider	0.0124			0.0124
Banking and Balancing Service		0.0208		0.0208
POM Rider	0.0000			0.0000

	Current	Proposed
MISCELLANEOUS TARIFF CHANGES		
Miscellaneous Fees		
Columbia is proposing to increase the following charges as indicated:		
Reconnect Charge (after nonpayment of bills or for violation of tariff)	\$25.00	\$60.00
Reconnect Charge (after disconnection at customer request) - GS	\$74.40	\$143.36
GS Residential (GSR) (Effective for first year only)	\$74.40	\$121.24
GS Commercial or Industrial (GSO)	\$191.68	\$226.24

Late Payment Penalty
Columbia is proposing to assess a late payment penalty of 5%, only once if a customer fails to pay bill by the due date shown on Customer's bill for Residential Service in the same manner as it currently does for Commercial and Industrial service.

IMPACT OF PROPOSED RATES
The foregoing proposed rates designed to recover Columbia's revenue deficiency reflect an increase of approximately 7.03% to Columbia. The estimated amount of increase per customer class is as follows:

Customer Class	Current	Proposed
Residential	\$9,927,944	9.93%
Commercial	\$1,160,537	2.06%
Industrial	\$57,300	0.73%
Wholesale	\$9,084	4.30%
Other	\$410,865	60.08%

The average monthly bill for each customer class to which the proposed rates will apply will increase approximately as follows:

Customer Class	Current	Proposed
Residential	\$6.73	8.2%
Commercial	\$7.21	1.8%
Industrial	\$33.05	0.8%
Wholesale	\$378.40	4.3%

The rates contained in this notice are the rates proposed by Columbia; however, the Public Service Commission may order rates to be charged that differ from the proposed rates contained in this notice. In addition to the adjustment of rates described above, Columbia is also seeking Public Service Commission approval of the following:

- The implementation of an Accelerated Main Replacement Program ("AMRP") rider that would enable Columbia to recover the its costs as it accelerates the replacement of the aging pipes and facilities on Columbia's system in order to maintain safe and reliable service for customers.
- A change in Columbia's rate design for the GSR and residential SVGTS rate schedules, which would replace, after a one-year phase-in period, the current Customer Charge and volumetric rate with a fixed Customer Delivery Charge.
- The implementation of a Demand Side Management ("DSM") program to encourage customers to conserve their consumption of natural gas and help reduce their natural gas energy bills, along with an automatic Energy Efficiency Conservation (EEC) adjustment mechanism to recover the costs of the program. Pursuant to KRS 278.285, Columbia is permitted to recover estimated costs associated with its DSM program. The proposed monthly EEC rider for residential customers is \$0.76 and is \$0.00 for commercial customers per meter per billing period and are not reflected in the rates designed to recover Columbia's base rate revenue deficiency.
- The implementation of an automatic Pension and OPEB Mechanism (POM) adjustment clause that would permit Columbia to recover pension and other post-employment benefit expenses.
- The implementation of a Gas Cost Uncollectible Charge to recover the amount of uncollectible expense attributable to Columbia's commodity cost of gas billed to customers.
- The implementation of a Price Protection Service and a Negotiated Sales Service that will permit Columbia to offer customers a fixed or index price commodity service option in place of the Gas Cost Adjustment.

Any corporation, association, or person may, by written request, within thirty (30) days after publication of this notice of the proposed rate changes, request to intervene. Intervention may be granted if the party files a written request for intervention within the thirty (30) day period for good cause shown. Requests to intervene should be submitted to the Public Service Commission at the address listed below.

Any person who has been granted intervention by the Commission may obtain copies of the rate application and any other filings made by the utility by contacting Cynthia Bentham at Columbia Gas of Kentucky, Inc. 2001 Mercer Road Lexington, Kentucky 40511-1018 (859) 288-0261

Any person may examine the rate application and any other filings made by Columbia at the Public Service Commission, as listed below:

- Columbia Gas of Kentucky, Inc.
2001 Mercer Road
Lexington, Kentucky 40511-1018
1-800-432-9345
- Public Service Commission of Kentucky
211 Sower Boulevard
Frankfort, Kentucky 40602
(502) 564-3940

¹ Customers taking Small Volume Gas Transportation Service are charged the base rate and are not applicable to this notice.
² Applicable to all Rate Schedule DS customers except those served under Grandfathered Service Utility provisions.
³ Customers electing Small Volume Gas Transportation Service are not charged the gas cost or Gas Cost Uncollectible Charges.
⁴ Riders and gas cost rates after the first year will be determined by subsequent filings and are not effective after the first year will be determined in this filing.
⁵ Customers electing Price Protection Service (PPS) are not charged the gas cost or the Gas Cost Uncollectible Charge. PPS customers will be charged a fixed or indexed commodity option.
⁶ Customers electing Negotiated Sales Service (NSS) are not charged the gas cost or the Gas Cost Uncollectible Charge. NSS customers will be charged a fixed or indexed commodity option.

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dryer located in Emma, \$575 month plus utilities. Call 606-791-0963.

Special FHA Finance Program \$0 Down if you own land or use family land. We own your approved. Call 866-597-2083.

Special Govt Finance. No down pmt to qualified land owners more info 877-310-2577

3 br , 1 bath extra nice mobile home for rent. Hud accepted. No dogs. \$450 per month plus utilities and security deposit. Call 874-2802.

LOTS FOR RENT Dwell Mobile home Park, off US 23 near Prestonsburg, Nice quiet community. Restrictions apply. 606-377-2357

Legals

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-0338 Amendment No. 2

In accordance with the provisions of KRS 350.070, notice is hereby given that Miller Bros. Coal LLC, 1801 Watergap Road, Prestonsburg, Kentucky 41653, has applied for an amendment to an existing surface coal mining and reclamation operation, located 0.2 miles northeast of Handshoe, in Floyd County. The amendment will add an additional 51.5 acres of surface disturbance, and will add an additional 6.7 auger acres, making the total area within the permit boundary 213.6 acres.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-8060, Renewal

In accordance with KRS 350.055, notice is hereby given that Matt/Co., Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653, has applied for a renewal of a permit for a refuse disposal facility, located 0.5 mile northeast of Grand in Floyd County. The proposed operation will disturb 21.10 surface acres, and will add 0.9 acres, and the total area within the permit boundary will be 21.10 acres.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-9017 Renewal No. 3

In accordance with KRS 350.055, notice is hereby given that Matt/Co., Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653, has applied for a renewal of a permit for a refuse disposal facility, located 0.5 mile northeast of Grand in Floyd County. The proposed operation will disturb 21.10 surface acres, and will add 0.9 acres, and the total area within the permit boundary will be 21.10 acres.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-8060, Renewal

In accordance with KRS 350.055, notice is hereby given that Matt/Co., Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653, has applied for a renewal of a permit for a refuse disposal facility, located 0.5 mile northeast of Grand in Floyd County. The proposed operation will disturb 21.10 surface acres, and will add 0.9 acres, and the total area within the permit boundary will be 21.10 acres.

(1) In accordance with KRS 350.055, notice is hereby given that The Elk Horn Coal Company, LLC, 444 South Lake Drive, Prestonsburg, KY 41653 has applied for a permit for an underground coal mining operation, preparation plant and refuse disposal facilities located 0.5 miles south of Price in Floyd County. The operation includes 149.76 acres of surface area and underlies 125.56 acres, and the total area within the permit boundary will be 275.32 acres.

(2) The proposed operation is located 1.9 miles north of KY State Route 122's junction with KY State Route 979 and located 0.1 miles east of the Left Fork of Beaver Creek. The operation is located on the McDowell U.S.G.S. 7 1/2 minute quadrangle map at latitude 37° 24' 08" and longitude 82° 44' 28". The surface area to be disturbed is owned by The Elk Horn Coal Company, LLC, Prestonsburg, Kentucky 41653.

(3) The application has been filed for public inspection at the Department for Natural Resources, Division of Mine Enforcement and Reclamation's Prestonsburg Regional Office, 3140 South Lake Drive, Suite #6 Prestonsburg, KY 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Enforcement and Reclamation's Prestonsburg Regional Office, 3140 South Lake Drive, Suite #6 Prestonsburg, KY 41653.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-9017 Renewal No. 3

In accordance with KRS 350.055, notice is hereby given that Matt/Co., Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653, has applied for a renewal of a permit for an underground coal mining operation, located 0.4 mile southeast of Odds, in Johnson and Floyd counties. The operation will disturb 59.81 surface acres, and will underlie 3,059.39 acres, and the total area within the permit boundary will be 3,119.20 acres.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-9017 Renewal No. 3

In accordance with KRS 350.055, notice is hereby given that Matt/Co., Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653, has applied for a renewal of a permit for a refuse disposal facility, located 0.5 mile southeast from

Right, Fork of the Elk Horn Coal Company, LLC, 444 South Lake Drive, Prestonsburg, KY 41653 has applied for a permit for an underground coal mining operation, preparation plant and refuse disposal facilities located 0.5 miles north from KY Route 1428's junction with KY Route 184 located 0.08 mile east of the Levisa Fork. The latitude is 37°40'02" and the longitude is 82°43'14".

The proposed operation is located on the Lancer U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Eddie B. Merritt. The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, Kentucky 41653.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-5458 Renewal No. 1

In accordance with KRS 350.055, notice is hereby given that Matt/Co., Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653, has applied for a renewal of a permit for an underground coal mining operation, located 2.0 miles southeast of Martin in Floyd County. The proposed operation will disturb 5.18 surface acres and will underlie 288.00 acres, and the total area within the permit boundary will be 293.18 acres.

(2) The proposed operation is approximately 3.0 miles southeast from Old Highway 80's junction with Arkansas Highway Rd. and located 1.0 mile southeast of Cane Fork of Arkansas River. The latitude is 37°33'30". The longitude is 82°43'00".

(3) The proposed operation is located on the Harold U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Charles Latorty. The operation will underlie land owned by Charles Latorty, R. Layne, Sophie & Flongio Martin, Gelfinder Adkins, Donald F. George, Ann Adkins, James N. Williams, Josephine Hall, T.B. Akers Estate, David B. Akers, Hilda Akers, Mae Cordial Allan Conn, Brice Conn Estate, Emmin & Cynthia J. Akers, John D. & Emel A. Boyd, James & Bertha Williams,

Creek. The proposed operation is located on the Harold U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by the Michael Keith and Hattie Boyd. The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, Kentucky 41653.

Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Enforcement and Reclamation's Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, Kentucky 41653.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-5494 Renewal

(1) In accordance with KRS 350.055, notice is hereby given that FCDC Coal, Inc., 587 North Lake Drive, Prestonsburg, KY 41653, has applied for a permit for an underground coal mining operation, located 2.0 miles southeast of Martin in Floyd County. The proposed operation will disturb 5.18 surface acres and will underlie 288.00 acres, and the total area within the permit boundary will be 293.18 acres.

(2) The proposed operation is approximately 3.0 miles southeast from Old Highway 80's junction with Arkansas Highway Rd. and located 1.0 mile southeast of Cane Fork of Arkansas River. The latitude is 37°33'30". The longitude is 82°43'00".

(3) The proposed operation is located on the Harold U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Charles Latorty. The operation will underlie land owned by Charles Latorty, R. Layne, Sophie & Flongio Martin, Gelfinder Adkins, Donald F. George, Ann Adkins, James N. Williams, Josephine Hall, T.B. Akers Estate, David B. Akers, Hilda Akers, Mae Cordial Allan Conn, Brice Conn Estate, Emmin & Cynthia J. Akers, John D. & Emel A. Boyd, James & Bertha Williams,

Kenneth Spears. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Enforcement and Reclamation's Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, Kentucky 41653.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-0338

In accordance with KRS 350.055, notice is hereby given that Miller Bros. Coal LLC, 1801 Watergap Road, Prestonsburg, Kentucky 41653, has applied for a permit for an underground coal mining operation, located 0.2 miles northeast of Handshoe, in Floyd County. The amendment will add an additional 51.5 acres of surface disturbance, and will add an additional 6.7 auger acres, making the total area within the permit boundary 213.6 acres.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-5494 Renewal

(1) In accordance with KRS 350.055, notice is hereby given that FCDC Coal, Inc., 587 North Lake Drive, Prestonsburg, KY 41653, has applied for a permit for an underground coal mining operation, located 2.0 miles southeast of Martin in Floyd County. The proposed operation will disturb 5.18 surface acres and will underlie 288.00 acres, and the total area within the permit boundary will be 293.18 acres.

(2) The proposed operation is approximately 3.0 miles southeast from Old Highway 80's junction with Arkansas Highway Rd. and located 1.0 mile southeast of Cane Fork of Arkansas River. The latitude is 37°33'30". The longitude is 82°43'00".

(3) The proposed operation is located on the Harold U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Charles Latorty. The operation will underlie land owned by Charles Latorty, R. Layne, Sophie & Flongio Martin, Gelfinder Adkins, Donald F. George, Ann Adkins, James N. Williams, Josephine Hall, T.B. Akers Estate, David B. Akers, Hilda Akers, Mae Cordial Allan Conn, Brice Conn Estate, Emmin & Cynthia J. Akers, John D. & Emel A. Boyd, James & Bertha Williams,

For Increment No. 5, approximately 60 percent of the original bond amount of \$156,800.00 is included in the application for release. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Enforcement and Reclamation's Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, Kentucky 41653.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-0338

In accordance with KRS 350.055, notice is hereby given that Miller Bros. Coal LLC, 1801 Watergap Road, Prestonsburg, Kentucky 41653, has applied for a permit for an underground coal mining operation, located 0.2 miles northeast of Handshoe, in Floyd County. The amendment will add an additional 51.5 acres of surface disturbance, and will add an additional 6.7 auger acres, making the total area within the permit boundary 213.6 acres.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-5494 Renewal

(1) In accordance with KRS 350.055, notice is hereby given that FCDC Coal, Inc., 587 North Lake Drive, Prestonsburg, KY 41653, has applied for a permit for an underground coal mining operation, located 2.0 miles southeast of Martin in Floyd County. The proposed operation will disturb 5.18 surface acres and will underlie 288.00 acres, and the total area within the permit boundary will be 293.18 acres.

(2) The proposed operation is approximately 3.0 miles southeast from Old Highway 80's junction with Arkansas Highway Rd. and located 1.0 mile southeast of Cane Fork of Arkansas River. The latitude is 37°33'30". The longitude is 82°43'00".

(3) The proposed operation is located on the Harold U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Charles Latorty. The operation will underlie land owned by Charles Latorty, R. Layne, Sophie & Flongio Martin, Gelfinder Adkins, Donald F. George, Ann Adkins, James N. Williams, Josephine Hall, T.B. Akers Estate, David B. Akers, Hilda Akers, Mae Cordial Allan Conn, Brice Conn Estate, Emmin & Cynthia J. Akers, John D. & Emel A. Boyd, James & Bertha Williams,

for a permit conference must be filed with the Director, Division of Mine Enforcement and Reclamation's Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, Kentucky 41653.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-0338

In accordance with KRS 350.055, notice is hereby given that Miller Bros. Coal LLC, 1801 Watergap Road, Prestonsburg, Kentucky 41653, has applied for a permit for an underground coal mining operation, located 0.2 miles northeast of Handshoe, in Floyd County. The amendment will add an additional 51.5 acres of surface disturbance, and will add an additional 6.7 auger acres, making the total area within the permit boundary 213.6 acres.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-5494 Renewal

(1) In accordance with KRS 350.055, notice is hereby given that FCDC Coal, Inc., 587 North Lake Drive, Prestonsburg, KY 41653, has applied for a permit for an underground coal mining operation, located 2.0 miles southeast of Martin in Floyd County. The proposed operation will disturb 5.18 surface acres and will underlie 288.00 acres, and the total area within the permit boundary will be 293.18 acres.

(2) The proposed operation is approximately 3.0 miles southeast from Old Highway 80's junction with Arkansas Highway Rd. and located 1.0 mile southeast of Cane Fork of Arkansas River. The latitude is 37°33'30". The longitude is 82°43'00".

(3) The proposed operation is located on the Harold U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Charles Latorty. The operation will underlie land owned by Charles Latorty, R. Layne, Sophie & Flongio Martin, Gelfinder Adkins, Donald F. George, Ann Adkins, James N. Williams, Josephine Hall, T.B. Akers Estate, David B. Akers, Hilda Akers, Mae Cordial Allan Conn, Brice Conn Estate, Emmin & Cynthia J. Akers, John D. & Emel A. Boyd, James & Bertha Williams,

The proposed major revision is located on the McDowell U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Thomas Neil Kidd and Floyd Court. The operation will affect an area within 100 feet of public road, Frasure Branch County Road, but no closer than 0.5 of Frasure Branch County Road. The operation will not involve relocation of any temporary closure of the public road.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-0338

In accordance with KRS 350.055, notice is hereby given that Miller Bros. Coal LLC, 1801 Watergap Road, Prestonsburg, Kentucky 41653, has applied for a permit for an underground coal mining operation, located 0.2 miles northeast of Handshoe, in Floyd County. The amendment will add an additional 51.5 acres of surface disturbance, and will add an additional 6.7 auger acres, making the total area within the permit boundary 213.6 acres.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-5494 Renewal

(1) In accordance with KRS 350.055, notice is hereby given that FCDC Coal, Inc., 587 North Lake Drive, Prestonsburg, KY 41653, has applied for a permit for an underground coal mining operation, located 2.0 miles southeast of Martin in Floyd County. The proposed operation will disturb 5.18 surface acres and will underlie 288.00 acres, and the total area within the permit boundary will be 293.18 acres.

(2) The proposed operation is approximately 3.0 miles southeast from Old Highway 80's junction with Arkansas Highway Rd. and located 1.0 mile southeast of Cane Fork of Arkansas River. The latitude is 37°33'30". The longitude is 82°43'00".

(3) The proposed operation is located on the Harold U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Charles Latorty. The operation will underlie land owned by Charles Latorty, R. Layne, Sophie & Flongio Martin, Gelfinder Adkins, Donald F. George, Ann Adkins, James N. Williams, Josephine Hall, T.B. Akers Estate, David B. Akers, Hilda Akers, Mae Cordial Allan Conn, Brice Conn Estate, Emmin & Cynthia J. Akers, John D. & Emel A. Boyd, James & Bertha Williams,

The proposed major revision is located on the McDowell U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Thomas Neil Kidd and Floyd Court. The operation will affect an area within 100 feet of public road, Frasure Branch County Road, but no closer than 0.5 of Frasure Branch County Road. The operation will not involve relocation of any temporary closure of the public road.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-0338

In accordance with KRS 350.055, notice is hereby given that Miller Bros. Coal LLC, 1801 Watergap Road, Prestonsburg, Kentucky 41653, has applied for a permit for an underground coal mining operation, located 0.2 miles northeast of Handshoe, in Floyd County. The amendment will add an additional 51.5 acres of surface disturbance, and will add an additional 6.7 auger acres, making the total area within the permit boundary 213.6 acres.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-5494 Renewal

(1) In accordance with KRS 350.055, notice is hereby given that FCDC Coal, Inc., 587 North Lake Drive, Prestonsburg, KY 41653, has applied for a permit for an underground coal mining operation, located 2.0 miles southeast of Martin in Floyd County. The proposed operation will disturb 5.18 surface acres and will underlie 288.00 acres, and the total area within the permit boundary will be 293.18 acres.

(2) The proposed operation is approximately 3.0 miles southeast from Old Highway 80's junction with Arkansas Highway Rd. and located 1.0 mile southeast of Cane Fork of Arkansas River. The latitude is 37°33'30". The longitude is 82°43'00".

(3) The proposed operation is located on the Harold U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Charles Latorty. The operation will underlie land owned by Charles Latorty, R. Layne, Sophie & Flongio Martin, Gelfinder Adkins, Donald F. George, Ann Adkins, James N. Williams, Josephine Hall, T.B. Akers Estate, David B. Akers, Hilda Akers, Mae Cordial Allan Conn, Brice Conn Estate, Emmin & Cynthia J. Akers, John D. & Emel A. Boyd, James & Bertha Williams,

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-8060, Renewal

In accordance with KRS 350.055, notice is hereby given that Matt/Co., Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653, has applied for a renewal of a permit for a refuse disposal facility, located 0.5 mile southeast from

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-9017 Renewal No. 3

In accordance with KRS 350.055, notice is hereby given that Matt/Co., Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653, has applied for a renewal of a permit for a refuse disposal facility, located 0.5 mile southeast from

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-8060, Renewal

In accordance with KRS 350.055, notice is hereby given that Matt/Co., Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653, has applied for a renewal of a permit for a refuse disposal facility, located 0.5 mile southeast from

—INVITATION TO BID— BANK/DEPOSITORY BID FLOYD COUNTY SCHOOLS 106 North Front Avenue Prestonsburg, Kentucky 41653

The Floyd County Board of Education (hereinafter called "Education") will receive sealed bids for Bank/Depository. You are invited to submit a sealed bid, subject to the terms and conditions of the invitation to bid. Bids must be mailed or delivered to Matthew C. Wireman, Director of Finance/Treasurer/CIO, Floyd County Board of Education, 106 North Front Avenue, Prestonsburg, Kentucky 41653. All envelopes must be sealed and clearly marked on the outside of the envelope. "BANK DEPOSITORY BID." Copies of this invitation to bid may be obtained in the Finance Department, at the above address, between 9:00 a.m. and 4:00 p.m., Monday through Friday, prior to the time and date specified for bid opening. The period of contract will be from July 1, 2009, or the date of Board approval (whichever is later) through June 30, 2011.

Bids will be accepted until 1:00 p.m., Tuesday, June 2, 2009, Eastern Daylight Time, and will be opened at 2:00 p.m., Eastern Daylight Time, Tuesday, June 2, 2009, at the Central Office, located at the contact address listed above. All bids must be received by the time designated in the invitation, and none will be considered thereafter. The Board of Education cannot assume the responsibility for any delay as a result of failure of the mails to deliver the bids on time. The bid will be opened and read at the time and location stated above. You are invited to be present at the bid opening. Contracts may be awarded to the lowest and/or best evaluated bidder(s) meeting all specifications and conditions, and subject to all other provisions of this invitation to bid, on a per item basis, on a group basis, or on a total basis, whichever is deemed to be in the best interest of the Board of Education. The Board of Education reserves the right to accept any bid, to reject any or all bids, to waive any irregularities or informalities in bids received where such acceptance, rejection or waiver is considered to be in its best interest. The Board of Education also reserves the right to reject any bid where evidence or information submitted by the bidder does not provide satisfactory proof that the bidder is qualified to carry out the details of the contract.

Bids are to be awarded at a special called meeting, (to be scheduled at a later date) during the month of June 2009. The public and all bidders will receive prior notification of the date and location of the special meeting.

APARTMENT COMMUNITY MANAGER NEEDED FOR FLOYD-MAGOFFIN AREA

Prior management experience preferred. Starting at \$8.50/hour, 40 hours a week. Good office and employee benefits. Health and Dental after 90 days. Fax resume and business references: Attn: Hardin, (606) 683-3300

Account Servicing Clerk First Commonwealth Bank has an opening for an Account Servicing Clerk

The purpose of the position is to assist with various bookkeeping functions including dealing with customer records, account maintenance, phone inquiries and related. One year of related experience preferred. Interested employees, please forward resumes to: Account Servicing Manager First Commonwealth Bank 311 N Arnold Ave Prestonsburg, KY 41653 by May 29, 2009. Equal Opportunity Employer

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-0349 Major Revision No. 1

In accordance with the provisions of KRS 350.070, notice is hereby given that Miller Bros. Coal LLC, 1801 Watergap

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-0349 Major Revision No. 1

In accordance with the provisions of KRS 350.070, notice is hereby given that Miller Bros. Coal LLC, 1801 Watergap

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-0349 Major Revision No. 1

In accordance with the provisions of KRS 350.070, notice is hereby given that Miller Bros. Coal LLC, 1801 Watergap

PUBLIC AUCTION

Allen Volunteer Fire Department will be having a public auction on June 6, 2009, at 10:00 a.m. Items to be auctioned off are:

- 2006 Rockwood Ultralite Camper. This unit has never been used. Features a slide-out, propane cook top, Roof air, electric brakes, microwave, awning, leveling jacks, full bath, Sleeps 8-10 people, 2 tanks and battery included.
- 2-New 8.500 watt electric start generators.
- 1-New 2" outlet gasoline "trash pump"
- 1-New double tank, portable air compressor.
- 1-New small gasoline generator.
- Miscellaneous emergency lights.

* All items sold as-is. Sellers reserve the right to reject any/all bids. Buyer has 48 hours from auction close to remit payment in full, prior to taking possession of any items sold. Payment must be in cash or certified check. NO PERSONAL CHECKS

PRESTONSBURG HEALTH CARE CENTER

149 N. Highland Ave., Prestonsburg, KY 41653

Are you looking for a career opportunity? Would you like to be a part of the team that is changing the landscape of Long-Term Care forever? Then we have a place for you!

We currently are looking for a full-time Occupational Therapist to be a part of our Rehab Team. We offer excellent wages and benefits. If you would like to make a difference in Long-Term Care, please call 606-886-2378. Resumes can be mailed to 147 N. Highland Ave., Prestonsburg, KY 41653, or email to admin.preston@signaturehealthcarellc.com



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Hamilton, Andy Hamilton and Dora Keathley. The major revision proposes to add 1,000 acres of underground acreage. The major revision application has been filed for public inspection at the Department for Natural Resources, Pikeville Regional Office, 121 Mays Branch Road, Pikeville, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Mine Permits, #2 Hudson Hollow Complex, U.S. 127 South, Frankfort, Kentucky 40601.

requires unsheduled detonation. Prior to these detonations, the following audible warning will be given: Five (5) minutes prior to blast, a one (1) minute series of long sounds of a siren. One (1) minute prior to the blast a series of three (3) short sounds of a siren. The all-clear signal after the blast will be: The all-clear signal(s) after blasting will be one (1) prolonged blast of a siren. Also prior to detonations in emergency situations the permittee, using audible signals, shall notify all persons within one-half (1/2) mile of the blasting site.

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conducted at times different from those given above except in emergency situations where rain, lightning, other atmospheric conditions, or operator or public safety requires unsheduled detonation. Prior to these detonations, the following audible warning will be given: Five (5) minutes prior to blast, a one (1) minute series of long sounds of a siren; One (1) minute prior to the blast a series of three (3) short sounds of a siren. The all-clear signal after the blast will be: The all-clear signal(s) after blasting will be one (1) prolonged blast of a siren. Also prior to detonations in emergency situations the permittee, using audible signals, shall notify all persons within one-half (1/2) mile of the blasting site.

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public inspection at the Department for Natural Resources' Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Permits, #2 Hudson Hollow Complex, U.S. 127 South, Frankfort, Kentucky 40601.

has applied for a renewal of a permit to an existing underground coal mining and reclamation operation, located 4.0 miles west of Robtson Creek and is situated in both Pike and Floyd County. The proposed operation will disturb 16.94 surface acres and will underlie 2,220.06 acres, and the total area within the permit boundary will be 2,236.99 acres. The proposed operation is approximately 2.0 miles west from Bear Fork Road's junction with KY 610 and located 0.6 miles north of Salt Hall Branch. The proposed operation is located on the property owned by Thomas Ratliff. The operation will underlie reclamation operation located at Beaver in Floyd County. The proposed operation will disturb 20.01 surface acres within the permit boundary. The proposed operation begins at the intersection of KY Route 979's junction with Mitchell Branch Road of Mud Creek in Floyd County. The proposed operation is located on the McDowell USGS 7 1/2 minute quadrangle map. The operation will use the haul road only method of surface mining. The surface area to be disturbed is owned by The Elk Horn Coal Corporation, Vickie Lynn Bryant, Bernardo Maldonado, Leonard Skeans, Jr., Walker and Ella Ruth Hall, Carl and Fostella Mitchell, Carl Mitchell, et al., Interstate Natural Gas Company, Christopher Mitchell, Kenis and Ruby Hamilton, Daisy Mitchell, and Wanda Gayheart. Noah Vance, Ed and Sue Gayheart, Marky Hamilton, Maude Flack Bank Josephine Jimmy Tackett, Carmel and Marie Clark, et al., and Samuel Hamilton. The application has been filed for

BLASTING SCHEDULE
This is notice that Miller Bros. Coal, LLC, P.O., 1801 Watergap Road, Prestonsburg, Kentucky 41653, (606) 874-7700, Permit #858-0223, will be blasting at East Point, Latitude 37° 44' 29", Longitude 82° 49' 29". Blasting will be done Monday through Saturday. No blasting will be conducted before sunrise or after sunset. At least 10 minutes before the blast, access to the area will be controlled by Company personnel. Before each blast is detonated the following type(s) of audible warning will be given: Five (5) minutes prior to the blast a series of three (3) short sounds of a siren. The all-clear signal(s) after blasting will be: One (1) prolonged blast of a siren following the inspection of the blast area. Blasting will not be conducted at times different from those given above except in emergency situations where rain, lightning, other atmospheric conditions, or operator or public safety requires unsheduled detonation. Prior to these detonations, the following audible warning will be given: Five (5) minutes prior to blast, a one (1) minute series of long sounds of a siren. One (1) minute prior to the blast a series of three (3) short sounds of a siren. The all-clear signal(s) after the blast will be: The all-clear signal(s) after blasting will be one (1) prolonged blast of a siren. Also prior to detonations in emergency situations the permittee, using audible signals, shall notify all persons within one-half (1/2) mile of the blasting site.

BLASTING SCHEDULE
This is notice that Miller Bros. Coal, LLC, P.O., 1801 Watergap Road, Prestonsburg, Kentucky 41653, (606) 874-7700, Permit #836-0321, will be blasting at Frasure Branch of Mud Creek, Latitude 37° 28' 41", Longitude 82° 41' 17". Blasting will be done Monday through Saturday. No blasting will be conducted before sunrise or after sunset. At least 10 minutes before the blast, access to the area will be controlled by Company personnel. Before each blast is detonated the following type(s) of audible warning will be given: Five (5) minutes prior to the blast a series of three (3) short sounds of a siren. The all-clear signal(s) after the blast will be: One (1) prolonged blast of a siren following the inspection of the blast area. Blasting will not be conducted at times different from those given above except in emergency situations where rain, lightning, other atmospheric conditions, or operator or public safety requires unsheduled detonation. Prior to these detonations, the following audible warning will be given: Five (5) minutes prior to blast, a one (1) minute series of long sounds of a siren. One (1) minute prior to the blast a series of three (3) short sounds of a siren. The all-clear signal(s) after the blast will be: The all-clear signal(s) after blasting will be one (1) prolonged blast of a siren. Also prior to detonations in emergency situations the permittee, using audible signals, shall notify all persons within one-half (1/2) mile of the blasting site.

BLASTING SCHEDULE
This is notice that Miller Bros. Coal, LLC, P.O., 1801 Watergap Road, Prestonsburg, Kentucky 41653, (606) 874-7700, Permit #836-0335, will be blasting at Raccoon Branch and Plummer Fork of Saltlick Creek, Latitude 37° 30' 52", Longitude 82° 53' 34". Blasting will be done Monday through Saturday. No blasting will be conducted before sunrise or after sunset. At least 10 minutes before the blast, access to the area will be controlled by Company personnel. Before each blast is detonated the following type(s) of audible warning will be given: Five (5) minutes prior to the blast a series of three (3) short sounds of a siren. The all-clear signal(s) after the blast will be: One (1) prolonged blast of a siren following the inspection of the blast area. Blasting will not be conducted at times different from those given above except in emergency situations where rain, lightning, other atmospheric conditions, or operator or public safety requires unsheduled detonation. Prior to these detonations, the following audible warning will be given: Five (5) minutes prior to blast, a one (1) minute series of long sounds of a siren. One (1) minute prior to the blast a series of three (3) short sounds of a siren. The all-clear signal(s) after the blast will be: The all-clear signal(s) after blasting will be one (1) prolonged blast of a siren. Also prior to detonations in emergency situations the permittee, using audible signals, shall notify all persons within one-half (1/2) mile of the blasting site.

BLASTING SCHEDULE
This is notice that Miller Bros. Coal, LLC, P.O., 1801 Watergap Road, Prestonsburg, Kentucky 41653, (606) 874-7700, Permit #836-0338, will be blasting at Raccoon Branch of Saltlick Creek, Latitude 37° 29' 46", Longitude 82° 41' 20". Blasting will be done Monday through Saturday. No blasting will be conducted before sunrise or after sunset. At least 10 minutes before the blast, access to the area will be controlled by Company personnel. Before each blast is detonated the following type(s) of audible warning will be given: Five (5) minutes prior to the blast a series of three (3) short sounds of a siren. The all-clear signal(s) after the blast will be: One (1) prolonged blast of a siren following the inspection of the blast area. Blasting will not be conducted at times different from those given above except in emergency situations where rain, lightning, other atmospheric conditions, or operator or public safety requires unsheduled detonation. Prior to these detonations, the following audible warning will be given: Five (5) minutes prior to blast, a one (1) minute series of long sounds of a siren. One (1) minute prior to the blast a series of three (3) short sounds of a siren. The all-clear signal(s) after the blast will be: The all-clear signal(s) after blasting will be one (1) prolonged blast of a siren. Also prior to detonations in emergency situations the permittee, using audible signals, shall notify all persons within one-half (1/2) mile of the blasting site.

BLASTING SCHEDULE
This is notice that Miller Bros. Coal, LLC, P.O., 1801 Watergap Road, Prestonsburg, Kentucky 41653, (606) 874-7700, Permit #836-0349, will be blasting at Frasure Branch of Mud Creek, Latitude 37° 28' 41", Longitude 82° 41' 20". Blasting will be done Monday through Saturday. No blasting will be conducted before sunrise or after sunset. At least 10 minutes before the blast, access to the area will be controlled by Company personnel. Before each blast is detonated the following type(s) of audible warning will be given: Five (5) minutes prior to the blast a series of three (3) short sounds of a siren. The all-clear signal(s) after the blast will be: One (1) prolonged blast of a siren following the inspection of the blast area. Blasting will not be conducted at times different from those given above except in emergency situations where rain, lightning, other atmospheric conditions, or operator or public safety requires unsheduled detonation. Prior to these detonations, the following audible warning will be given: Five (5) minutes prior to blast, a one (1) minute series of long sounds of a siren. One (1) minute prior to the blast a series of three (3) short sounds of a siren. The all-clear signal(s) after the blast will be: The all-clear signal(s) after blasting will be one (1) prolonged blast of a siren. Also prior to detonations in emergency situations the permittee, using audible signals, shall notify all persons within one-half (1/2) mile of the blasting site.

BLASTING SCHEDULE
This is notice that Miller Bros. Coal, LLC, P.O., 1801 Watergap Road, Prestonsburg, Kentucky 41653, (606) 874-7700, Permit #836-5520, will be blasting at Hoods Fork of Saltlick Creek, Latitude 37° 26' 30", Longitude 82° 41' 50". Blasting will be done Monday through Saturday. No blasting will be conducted before sunrise or after sunset. At least 10 minutes before the blast, access to the area will be controlled by Company personnel. Before each blast is detonated the following type(s) of audible warning will be given: Five (5) minutes prior to the blast a series of three (3) short sounds of a siren. The all-clear signal(s) after the blast will be: One (1) prolonged blast of a siren following the inspection of the blast area. Blasting will not be conducted at times different from those given above except in emergency situations where rain, lightning, other atmospheric conditions, or operator or public safety requires unsheduled detonation. Prior to these detonations, the following audible warning will be given: Five (5) minutes prior to blast, a one (1) minute series of long sounds of a siren. One (1) minute prior to the blast a series of three (3) short sounds of a siren. The all-clear signal(s) after the blast will be: The all-clear signal(s) after blasting will be one (1) prolonged blast of a siren. Also prior to detonations in emergency situations the permittee, using audible signals, shall notify all persons within one-half (1/2) mile of the blasting site.

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-5526, Renewal No. 5
In accordance with KRS 350.055, notice is hereby given that Frasure Creek Mining, LLC, 4978 Teays Valley Road, Scott Depot, West Virginia 25560, has applied for a permit for an existing underground coal mining and reclamation operation located at Beaver in Floyd County. The proposed operation will disturb 201.63 surface acres of underground/aufer area and 2,740.12 acres of overlie ground/aufer operations (774.51 acres overlapped by underground/aufer surface) for a total of 2,165.38 acres within the permit boundary. The proposed operation begins at the intersection of KY Route 979's junction with Mitchell Branch Road and is located within Mitchell Branch of Mud Creek and also lies along Mud Creek. The proposed operation is located on the McDowell USGS 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by The Elk Horn Coal Corporation, Vickie Lynn Bryant, Bernardo Maldonado, Leonard Skeans, Jr., Walker and Ella Ruth Hall, Carl and Fostella Mitchell, Carl Mitchell, et al., Interstate Natural Gas Company, Christopher Mitchell, Kenis and Ruby Hamilton, Daisy Mitchell, and Wanda Gayheart. Noah Vance, Ed and Sue Gayheart, Marky Hamilton, Maude Flack Bank Josephine Jimmy Tackett, Carmel and Marie Clark, et al., and Samuel Hamilton. The application has been filed for

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-7011 Renewal 1
In accordance with KRS 350.055, notice is hereby given that Frasure Creek Mining, LLC, 4978 Teays Valley Road, Scott Depot, West Virginia 25560, has applied for a permit for a surface coal mining and reclamation operation located at Beaver in Floyd County. The proposed operation will disturb 20.01 surface acres within the permit boundary. The proposed operation begins at the intersection of KY Route 979's junction with Mitchell Branch Road of Mud Creek in Floyd County. The proposed operation is located on the McDowell USGS 7 1/2 minute quadrangle map. The operation will use the haul road only method of surface mining. The surface area to be disturbed is owned by The Elk Horn Coal Corporation, Vickie Lynn Bryant, Bernardo Maldonado, Leonard Skeans, Jr., Walker and Ella Ruth Hall, Carl and Fostella Mitchell, Carl Mitchell, et al., Interstate Natural Gas Company, Christopher Mitchell, Kenis and Ruby Hamilton, Daisy Mitchell, and Wanda Gayheart. Noah Vance, Ed and Sue Gayheart, Marky Hamilton, Maude Flack Bank Josephine Jimmy Tackett, Carmel and Marie Clark, et al., and Samuel Hamilton. The application has been filed for

public inspection at the Department for Natural Resources' Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Permits, #2 Hudson Hollow Complex, U.S. 127 South, Frankfort, Kentucky 40601.

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19.95	19.95	19.95	19.95	19.95	19.95
24.95	24.95	24.95	24.95	24.95	24.95
29.95	29.95	29.95	29.95	29.95	29.95
34.95	34.95	34.95	34.95	34.95	34.95
39.95	39.95	39.95	39.95	39.95	39.95
44.95	44.95	44.95	44.95	44.95	44.95
49.95	49.95	49.95	49.95	49.95	49.95
54.95	54.95	54.95	54.95	54.95	54.95
59.95	59.95	59.95	59.95	59.95	59.95
64.95	64.95	64.95	64.95	64.95	64.95
69.95	69.95	69.95	69.95	69.95	69.95
74.95	74.95	74.95	74.95	74.95	74.95
79.95	79.95	79.95	79.95	79.95	79.95
84.95	84.95	84.95	84.95	84.95	84.95
89.95	89.95	89.95	89.95	89.95	89.95
94.95	94.95	94.95	94.95	94.95	94.95
99.95	99.95	99.95	99.95	99.95	99.95

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Just Like Cats & Dogs

by Dave T. Phillips



LAFF-A-DAY

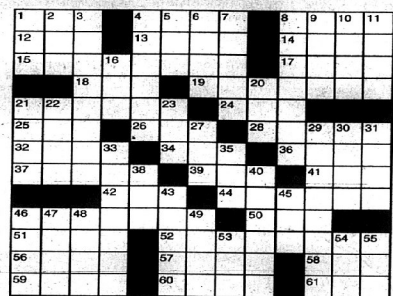


"Laura, I've simply got to help me out! My bridge club is coming here this afternoon and I haven't a crumb of gossip to offer them!"

King Crossword

ACROSS

- 1 Vacating
4 Weapon handle
8 Major leagues
12 Carnival city
13 Look lecherously
14 Norway's capital
15 Bully
17 Revolution period
18 Bill
19 Come before
21 Taloum, e.g.
24 In an earlier time
25 "___ not choose to run"



- 26 Long sandwich
28 Different
32 Belgrade resident
34 Wigley product
36 Domesticate
37 Inquired
39 Petrol
41 Zero
42 Melody
44 Gaudy
46 Stunt double, e.g.
50 "Of course"
51 Flock
52 MySpace alternative
56 Neighborhood
57 Pinocchio, at

- times
X-ray
Designer
Vera
"Desire Under the..."
Chow down
Scepter topper
Christmas tree, often
Adroit
youngster
Calvin's companion
Time of your life?
Envelope feature
Aquarium

- 8 Refuse to buy
9 "Gotcha"
10 Pleased
11 Angry
16 Bankroll
20 Freudian concept
21 Tower city
22 Pindaric works
23 Bad hairpiece
27 Annoy
29 Attractive
30 Eastern
31 Depend (on)
33 Pellet-filled chair
35 Wrestlers' surface

- 38 Accomplished
40 Lord Wimsey's creator
43 Soldier's arm
45 Symbol of intrigue
46 Cabbage salad
47 The O'Hara estate
48 Congregation's cry
49 Manicurist's concern
53 Rotating part
54 Man-mouse link
55 Set of equipment

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Weekly SUDOKU

by Linda Thistle

9x9 Sudoku grid with some numbers filled in.

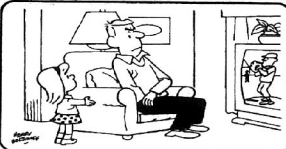
Place a number in the empty boxes in such a way that each row across, each column down and each small 3x3 square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: *

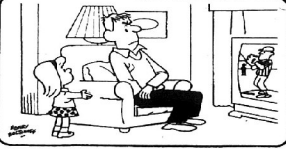
* Moderate ** Challenging *** HOO BOY!

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HOCUS-FOCUS BY HENRY BOLTINGOFF



Find at least six differences in details between panels.



Differences: 1. Lampshade is different. 2. Slight pattern has changed. 3. Uniform is different. 4. Plant is different. 5. Window and drapes are wider. 6. Dad's hair is different. 7. Number of cushions is different. 8. Hair is shorter. 9. Hair is longer.

CryptoQuip

This is a word puzzle in which each letter has been replaced by a number. The numbers are the same throughout the puzzle. The numbers are: 1 = A, 2 = B, 3 = C, 4 = D, 5 = E, 6 = F, 7 = G, 8 = H, 9 = I, 0 = J, 10 = K, 11 = L, 12 = M, 13 = N, 14 = O, 15 = P, 16 = Q, 17 = R, 18 = S, 19 = T, 20 = U, 21 = V, 22 = W, 23 = X, 24 = Y, 25 = Z.

MW UAEQJ ESTIFJ CA
WMSB UAEQ YMSBMSO
DTQCSJQ, UAE'FF
DQAITFU IJ T
BEJC-UAEQYJFWJQ.

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-OA, Battista
A sick boy is one who comes down with a bug on a Saturday morning.

Cryptoquote

Trivia test by Fifi Rodriguez

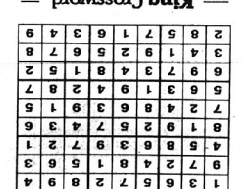
- 1. HISTORY: The Battle of Hastings was fought for control of which country?
2. U.S. STATES: How much did the United States pay Russia for the Alaskan territory in 1867?
3. MUSIC: Who wrote and sang "The Theme from Shaft"?
4. LITERATURE: What was the London address of Sirius Black's ancestral home in "Harry Potter and the Order of the Phoenix"?
5. GEOGRAPHY: Where is Mount Vesuvius?
6. TELEVISION: Who played Morticia on "The Addams Family" television series?
7. INVENTIONS: Which scientist played a major role in the invention of peanut butter?
8. ENTERTAINERS: Which entertainer also is known as "The Divine Miss M"?
9. AD SLOGANS: Which company featured the ad slogan: "Because I'm worth it"?
10. FAMOUS QUOTES: Who once said, "A dog is the only thing on earth that loves you more than you love yourself."

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- 10. Josh Billings
9. L'Oréal
8. Peter Midler
7. George Washington Carver
6. Carolyn Jones
5. Italy
4. Number 12, Grimmauld Place
3. Isaac Hayes
2. 57 Highland
1. England



Solution time: 25 mins.



Weekly SUDOKU