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briefs

MSHA closes Knott mine

by **SHELDON COMPTON**
STAFF WRITER

A Knott County coal mine put on a list of 15 mines last week for potential patterns of violations has been issued a withdrawal order by officials with the Mine Safety and Health Administration.

The order is a first for MSHA officials, according to administration spokesperson Amy Louviere.

The decision comes after Double A Mining in Knott County failed to pay more than \$300,000 in fines dating back to 2004.

"The failure to pay penalties reduces the operator's incentive to comply with its obligation to prevent unsafe conditions at the mine," said Michael A. Davis, MSHA's deputy assistant secretary for operations in a statement Monday.

The mine failed to pay \$313,820 in fines, having not made a penalty payment since August of 2004 for its Double A Mining #4 Mine.

The order withdraws all personnel from mine production activities until the penalties are paid, permitting access to the mine only for personnel and equipment needed to monitor, examine and maintain all areas of the mine in a safe condition.

In a letter dated Feb. 11, MSHA officials formally demanded the company pay its delinquent penalties. When the operator failed to respond within the requested two-week time period, the administration issued a Feb. 27 citation.

(See MINE, page eight)

Golf returning to state park

by **SHELDON COMPTON**
STAFF WRITER

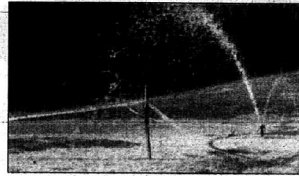
PRESTONSBURG — Disc golf will soon be a thing of the past at Jenny Wiley State Resort Park in Prestonsburg, after city officials voted to approve funding to bring an actual nine-hole course back to the park.

Paul Hughes, who sits on the board overseeing operations at Stoncrest Golf Course, pitched the idea of bringing what he referred to as an "executive golf course" back to the park Monday night during the city's regular meeting.

An executive golf course, which would be made up of par three holes and at least one par four, would cost between \$20,000 and \$25,000, Hughes said, adding that state funding was not an option despite the fact that talk first started of bringing back the course with state legislators Greg Stumbo and Johnny Ray Turner.

The old course that existed before was problematic on many levels as it stood, Hughes said. "It was dangerous to play on it," he said Monday. "It was too tight."

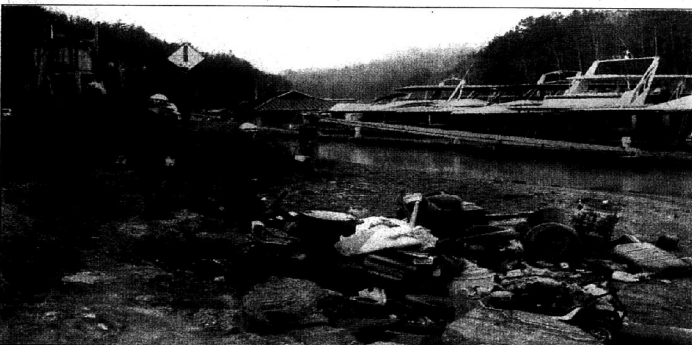
(See GOLF, page seven)



Work has already started to get greens back in shape for golfing at Jenny Wiley State Resort Park. City officials approved \$25,000 to reopen the nine-hole course Monday.

photo by Sheldon Compton

CLEANING UP



"Operation Clean Sweep," the annual spring cleanup at Jenny Wiley State Resort Park, set new records this year, with 549 volunteers collecting 9.1 tons of trash, including not only the usual bottles and wrappers, but also refrigerators, furniture and 31 tires. Supporters of this year's event included the U.S. Army Corps of Engineers, Jenny Wiley State Resort Park, Friends of Dewey Lake, Kinzer Drilling Company, Peppal, Carl D. Perkins Job Corps, Big Sandy Community and Technical College, Nelson Frazier Funeral Home, Lonesome Pine District Boy Scouts and Cub Scouts, Girl Scouts of Kentucky Wilderness Road Council, WMDJ Radio, The Floyd County Times, The Big Sandy News, Maytown Center, Caney Bible Church Youth Group, Immanuel Baptist Church, Left Fork of Middle Creek Watershed Group, Wright's Lumber Company, Pizza Hut, Wal-Mart, Kentucky Department of Vehicle Enforcement, The Floyd County Rescue Squad, Younce's Septic Service and residents of Jenny Wiley Village. (See commentary in Lifestyles, page B1.)

No movement yet on dog ordinance

by **SHELDON COMPTON**
STAFF WRITER

PRESTONSBURG — An ordinance to see pets registered in the city of Prestonsburg did not move forward during a regular city council meeting Monday.

City leaders said creating a final draft of an ordinance would be a long process and would take time. "We're going to take an existing ordinance and other ordinances from other places before making a decision about what to do," said council member Freddie Goble, one of four officials on the committee overseeing the drafting of the ordinance. "This process is going to take some time because we want to get an ordinance that will please both sides."

The sides in question exist between city residents who want to see more regulation of pets within city limits, and those who have called the proposed ordinance "unconstitutional" such as Judy Freels.

Freels, who owns 12 dogs, was in attendance Monday but said little. Earlier this month Freels questioned an ordinance handed out to city leaders at that time. That ordinance has been referred to as one of several models the city is currently studying to reinstate a law that would see residents owners pay to register their pets.

The law was in place once before, according to city officials, and saw pet owners pay \$18 to register for one year. The new ordinance is expected to be less.

Points Freels expressed concern with earlier this month were sections of the model that required pet owners to keep their dogs from defecating on public property. Also, a section that stated owners would have to ask permission before their pets could defecate on private property led Freels to call the proposal "at times ridiculous."

"Any dog that wants to can use the bathroom in my yard," Freels told council members during Monday's meeting.

One advantage of bringing back a city law to register pets would be to alleviate stray animals.

During Monday's meeting those in attendance were told a committee meeting concerning the ordinance proposal would be held today at noon.

Accused cop found dead

by **JARRID DEATON**
FEATURES WRITER

HAROLD — The Kentucky State Police officer who was arrested by Pikeville City Police last year and charged with alcohol intoxication, disorderly conduct and resisting

arrest, was found dead in a Harold residence on Sunday.

Sgt. Timothy Moore, 32, an 11-year veteran of the Kentucky State Police who was working in Frankfort, was discovered in the home by officers from Post 9 in Pikeville who were responding to a report of a

shooting at the residence. According to a release from the Kentucky State Police, Moore appeared to have suffered a self-inflicted fatal gunshot wound.

"Our thoughts and prayers

(See OFFICER, page eight)

School board meeting dominated by honors

by **JARRID DEATON**
FEATURES WRITER

PRESTONSBURG — The Floyd County Board of Education had no trouble with its agenda on Monday at Adams Middle School, spending the majority of the meeting praising students and staff for their recent accomplishments.

Duff Elementary was honored by the board for being selected as a National Title I Distinguished School. Duff is one of only two schools selected for the honor in the state.

The board also recognized Jennifer Martin, R.N., for her recent selection as School Nurse of the Year by the Kentucky School Nurses Association. Martin serves as a certified school nurse and district health coordinator for the

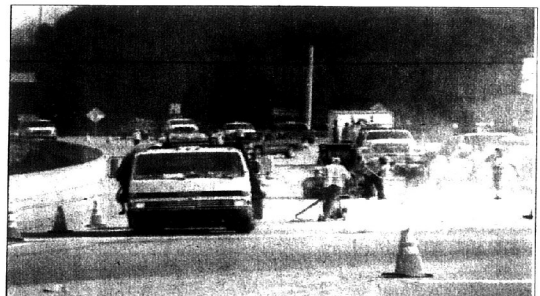
Floyd County School District where she works closely with the health department and other agencies as part of the health component in the school system. Along with the health assistants in each elementary and middle school, Martin works to educate children on the steps they can take to help prevent diseases.

The board also recognized the students who recently participated in the 2009 Governor's Cup in Louisville, including South Floyd Middle School student Charly Hyden, who came in with a tenth place finish in the English composition category.

The largest group that received the board's accolades was the archery team from Adams Middle School. The team, with 68 members, won the elementary

(See BOARD, page eight)

ALMOST DONE

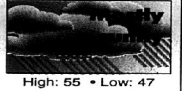


Bridge repair work that has been slowing traffic in Martin on Route 80 for the past week will be completed today. The purpose of the work, which includes the replacement of a longitudinal joint, is to make crossing the bridge smoother for traffic.

photo by Jarrid Deaton

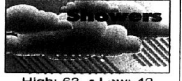
2 DAY FORECAST

Today



High: 55 • Low: 47

Tomorrow



High: 63 • Low: 42

For up-to-the-minute forecasts, see floydcountytimes.com

inside

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6 a.m.-11 a.m., Monday-Friday
(No Substitutions) Limited Time Only

- (1) 2 Eggs, Bacon or Sausage.....3.49
Biscuits or Toast served w/Jelly
- (2) 2 Pancakes, Bacon or Sausage...3.69
served w/butter and syrup
- (3) Country Gravy and Biscuits.....2.79
2 Buttermilk Biscuits and Gravy
- (4) Oatmeal & Toast.....2.79
Fresh cooked Oatmeal (good for heart)
served w/Toast & Jelly

Additional Items—\$1.29 each
(1) Hash Browns
(2) Orange Juice or Tomato Juice
(3) Country Gravy



Obituaries



Nora S. Beavers

Nora S. Beavers, 104, of Frankfort, Indiana, died Thursday, March 19, 2009, at Wesley Manor Health Care Facility, in Frankfort, Indiana. Born February 5, 1905, in Prestonsburg, she was the daughter of George and Louise (Dillon) Salyers.

She married Henry M. Beavers on July 3, 1929, in Kentucky, and he preceded her in death on November 16, 1986. She was a graduate of Prestonsburg High School and attended Pikeville College. She was a homemaker and teacher. She taught in a one-room school house in Kentucky, and was a substitute teacher in Frankfort. She moved to Frankfort in 1937, and was a Pink Lady at Frankfort Hospital for many years. She was a member of the First Presbyterian Church, and was very active in the church.

Survivors include a daughter, Nancy (Scott) Kesselmayr of Maumee, Ohio; a grandson, John Henry Stampe of Columbus, Ohio; nieces and nephews also survive.

Services were 10:30 a.m. Monday, March 23, at the First Presbyterian Church, with Tom Jameson officiating. Visitation was Sunday, March 22, from 2-5 p.m. at Wesley Manor Chapel, and one hour prior to the service on Monday.

Burial was in Greenlawn Memorial Park. Memorial donations may be made to Wesley Manor Good Samaritan Fund, or Guardian Angel Hospice, envelopes will be available. Goodwin Funeral Home assisted the family with arrangements.

Online condolences may be made to the family at: goodwinfuneralhome.com/obitobal.net

Debbie Sue Cole

Debbie Sue Cole, 42, of Melvin, died Thursday, March 19, 2009, at the Pikeville Medical Center. Born May 27, 1966, in Pikeville, she was the daughter of Paul Burton Tackett and the late Billie Francis Younce Tackett. She was disabled. She is survived by her husband, Warren Cole. In addition to her husband, survivors include three sons: Chad B. Cole of Barbourville,

Billy Don Cole of Byron, Ohio, and Brandon Scott Cole of Wheelwright; three brothers: Gordon Tackett of Bevsinsville, Corbett and Paul Dwayne Tackett, both of South Carolina; a sister, Tammy Gilliam of North Carolina; and six grandchildren: Gage, Ehan, Alexia LaShea, Chole, Brandon Scott Jr., and Kallie Marie.

Funeral services were held Monday, March 23, at 1 p.m., at the Wheelwright Freewill Baptist Church, with Louis Ferrari officiating. Burial was in the Painter Harve Cemetery, in Melvin, under the direction of Nelson-Frazier Funeral Home, Martin. Visitation was at the church. (Paid obituary)

Jean Mullins Dixon

Jean Mullins Dixon, 86, of Flatwoods, formerly of Prestonsburg, died Saturday, March 21, 2009, at Our Lady of Bellefontaine Hospital, in Ashland.

Born October 1, 1922, in Breaks, Virginia, she was the daughter of the late Basil Mullins and Julia Elwick Mullins. She was a homemaker and was a member of the Prestonsburg Highland Avenue Freewill Baptist Church, and attended Oak Street Chapel in Flatwoods.

She is survived by her husband, Carl Dixon.

Other survivors include a son, Carl Douglas Dixon (Winnie) of Lexington; a daughter, Judith Carol Dixon Stone (Bill) of Danville, W.Va.; two stepgrandchildren, and four stepgreat-grandchildren.

Funeral services will be held Wednesday, March 25, at 11 a.m., at the Carter Funeral Home Chapel, with Dr. L. Frank Frye officiating. Interment will be in Davidson Memorial Gardens, in Ivel.

The family has entrusted arrangements to the Carter Funeral Home, in Prestonsburg. (Paid obituary)

James E. "Jimmie" Goble

James E. "Jimmie" Goble, age 83, of Allen, husband of the late Fannie Hall Goble, passed away Thursday, March 19, 2009, at his residence.

He was born November 15, 1925, in Auxier, the son of the late Paris Goble and Effie Hgger Litz. He was an U.S. Navy, World War II veteran and a member of the Allen Baptist Church.

Survivors include a son, James Goble of Tennessee; three daughters: Sharon Neeley and Sherita Griffith, both of Allen, and Belinda Wilson of Winchester; three brothers; three sisters; nine grandchildren; and seven great-grandchildren.

Funeral services for James E. "Jimmie" Goble were con-

ducted Sunday, March 22, at 2:00 p.m., at the Hall Funeral Home Chapel, in Martin, with Clergyman Earl Waugh officiating.

Burial was in the Riley Hall Cemetery, in Allen, with the Hall Funeral Home, in Martin, caring for those arrangements. Visitation was at the funeral home.

Pallbearers: Adam Wilson, Richard Neeley, Matthew Goble, Andrew Griffith, Seth McCoy, Eric D. Hall, James Hall, Jeffrey Hall, Ray Hall, Robin Creswell, Tim Creswell, and Kevin Creswell. Honorary: Freddie Goble and Mary Ann Hall. (Paid obituary)

Denver Reedy

Denver Reedy passed away on Wednesday, March 18, 2009, in Monroe, Washington, surrounded by his family. He was born on Sept. 20, 1937, in Melvin.

He was a proud member of the United Brotherhood of Carpenters for 30 years. He was former President of Local 405 in Miami, Florida, and a member of Local 1144 in Seattle, Washington. He also taught apprenticeship classes for five years at South Seattle Community College.

He is survived by Barbara, his wife of 49 years; his sons: Denver Jr. (Lena), Dan (Rozanne), and David; his granddaughters: Jennifer and Leanne; a sister, Inez Owens; a brother Troy; and numerous nephews and nieces.

Visitation was held from 2 to 7 p.m., on Tuesday, March 24, at Beck's Funeral Home, 405 Fifth Ave. S., Edmonds, WA. (425) 771-1234.

Funeral services will be held on Wednesday, March 25, at 1 p.m., at Beck's Funeral Home, with interment following at Holyrood Cemetery in Shoreline, Washington. Please share memories with the family at: www.becksfuneralhome.com. (Paid obituary)

Amos Tackett

Amos Tackett, 50, of Andrews, Indiana, formerly of Melvin, died Friday, March 20, 2009, at Lutheran Hospital, Ft. Wayne, Indiana.

Born November 24, 1958, in Floyd County, he was the son of the late Denver and Lula Tackett. He was a construction worker for CB Construction.

Survivors include Elizabeth Tackett; three sons: Jason Michael Tackett of Huntington, Indiana, Amos Tackett II, and Wendall John Tackett, both of Mt. Sterling; a daughter, Amy Marie Branham of Weeksbury; a stepson, David Dwayne Arivett of Florida; two brothers: Scott Tackett of Melvin, and David Tackett; two sisters: Betty Jo Cook of Bevsinsville, and Lucille

Gayheart of Wheelwright; and 10 grandchildren.

In addition to his parents, he was preceded in death by a son, Randall "Pee Wee" Tackett; a brother, Randall Tackett; and a sister, Mary Tackett.

Funeral services were held Tuesday, March 24, at 11 a.m., at the Little Rock Old Regular Baptist Church, in Bevsinsville, with Old Regular Baptist ministers officiating.

Burial was in the Tackett Cemetery, in Melvin, under the direction of Nelson-Frazier Funeral Home, Martin.

Visitation was at the church. (Paid obituary)

Judith Ann Osborne Ward

Judith Ann Osborne Ward, age 66, of Martin, wife of Buddy B. Ward, passed away Friday, March 20, 2009, at the Central Baptist Hospital, in Lexington.

She was born October 31, 1942, in Martin, a daughter of the late James and Margie Akers Osborne. She was a homemaker, and a member of the Garrett First Baptist Church.

In addition to her parents she was preceded in death by one granddaughter, Tameka Ward; and a brother, Bruce David Osborne.

Survivors include her husband, Buddy, four sons: Timmy, Tommy, Todd and Trenton Ward, all of Martin; one daughter; Terena Lovern of Pikeville; five brothers; Roger Osborne of Columbus, Ohio, Morris Osborne of Vermilion, Ohio, Mike Osborne of Langley, Randy Osborne of Garrett, and Keith Osborne of Mansfield, Ohio; three sisters: Marcella Duddleston of Mansfield, Ohio, Gail Martin of Martin, and Rosemary Spears of Banner; five grandchildren and two great-grandchildren.

Funeral services were conducted Monday, March 23, at 1:00 p.m., in the Garrett First Baptist Church, with Randy Osborne and Larry Adams officiating.

Burial was in the Ward Cemetery, in Martin, under the kind and professional care of the Hall Funeral Home, in Martin.

Visitation was Saturday, at the Hall Funeral Home, with church services Sunday, at 7 p.m.

The body lay in state Monday after noon, at the church. (Paid obituary)

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Card of Thanks

We the family of Herman V. Harmon would like to sincerely say thank you to all of our wonderful friends and neighbors who helped to comfort our family during this difficult time. Those who sent flowers and food, or came by to share our loss. A special thanks to Clergyman Dennis Love for his comforting words, and to the staff at Hall Funeral Home for their kind and professional service. To all we thank you and God bless.

THE FAMILY OF HERMAN V. HARMON

Card of Thanks

The family of Georgia S. Smith wishes to express our sincere appreciation to all those family, friends, and neighbors for all the help during our time of loss. Thanks to those who sent flowers, food, or prayers during this difficult time. A special thanks to Clergyman Louie Ferrari for his comforting words, the Sheriff's Department for their assistance in traffic control; and to the Hall Funeral Home for their kindness that was shown to our family. For those who helped in anyway we say thank you and God bless.

THE FAMILY OF GEORGIA S. SMITH

Card of Thanks

The family of Maggie Caudill would like to humbly thank each and everyone who helped in any way during our recent loss. To those who sent beautiful floral arrangements, food, or even words of encouragement. A special thanks to the Clergyman Bob Varney for his kind words of comfort at the service, Happy House Adult Day Care and the staff of St. Joseph Martin Hospital for all the loving care they provided, the Sheriff's Department for their assistance in traffic control; and the Hall Funeral Home staff for making our loss a little easier to bear. For anyone who may have helped in any other way, we lovingly say, Thank you and God bless.

THE FAMILY OF MAGGIE CAUDILL

Card of Thanks

The family of James Lacy Porter would like to express our appreciation to all who sent, food, flowers, or perhaps said a kind word, and for the prayers that were spoken on our behalf. We especially want to thank Earl Waugh and Chris Waugh for their comforting words, the Sheriff's Department for their assistance in traffic control; and the Hall Funeral Home for their kind and professional care. All the acts of kindness will never be forgotten. Thank you and God bless.

THE FAMILY OF JAMES LACY PORTER

In Loving Memory of Gary Lee Wright

Feb. 21, 1970 - March 25, 2007

Two years have almost passed, and the sweet memories of you will always last. Your son is safe with us, the most precious gift is he, and he has your middle name, "Lee."

He has your blonde hair and blue eyes, and your smile is on his face.

It's like watching you grow up again, because you are inside this little man.



SADLY MISSED BY YOUR FAMILY, AND ESPECIALLY, "LANDON LEE"

In Loving Memory of ADAM WRIGHT

September 12, 1977 - March 26, 2003

You never said "I'm leaving," you never said goodbye. You were gone before I knew it, and only God knew why.

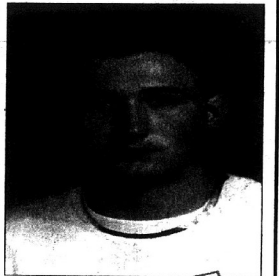
A million times I needed you, a million times I cried. If love alone could have saved you, you never would have died.

In Life I loved you dearly, in death I love you still.

In my heart you hold a place, that no one could ever fill.

It broke my heart to lose you, but you didn't go alone. For part of me went with you, the day God took you home.

We love and miss you very much, Mom, Dad, Justin, and family



REVIVAL
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 Mon.-Wed., 7:00 p.m.
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Stapleton named Big Sandy Idol champ

PRESTONSBURG — Big Sandy Idol 2009 was held March 13 and 14 at the Mountain Arts Center.

Big Sandy Idol is a talent and scholarship competition that offers two winners from each of the 15 high schools in Pike, Floyd, Johnson, Magoffin, and Martin counties a chance to compete for a demo CD recording, a full-album recording, a \$1,200 vocal scholarship to attend BSCTC, along with a spot with the Big Sandy Singers who are directed by Laura Ford Hall, a cash award and trophy. It is presented and organized by the Music Department of Big Sandy Community and Technical College in partnership with the Mountain Arts Center and sponsored by Jennifer Reynolds State Farm Insurance in Pikeville.

Throughout the year, BSCTC Music Dept. Staff Hall, Clayton Case, and Timothy Cooley work to organize auditions and local-level competitions in each of the 15 high schools in the five-county region. Two winners from each school are chosen and compete in the regional competition to vie for the ultimate title of Big Sandy Idol.

The March 13 performance featured the runners-up from each school and the Saturday night show featured the winners from each school. Each high school in the five-county area was featured both nights.

The show also offered a special treat with the appearance of guest performer Rebecca Lynn Howard, who has garnered two Grammy Awards and a Top-10 hit with "Forgive" during her career. Howard performed two songs each night as well as served as



Pictured are the Idol winners, BSCTC Music Department Directors, and the BSCTC Administration (from left): BSCTC Provost Dr. Nancy Johnson, Idol sponsor Jennifer Reynolds, essay winner Amy Rice (Prestonsburg High), second runner-up Kathleen Smith (Pikeville High), first runner-up Chest Spriggs (Johnson Central High), senior winner Max Morley (Pikeville High), Big Sandy Idol Grand Champion Melanie Stapleton (Johnson Central High), head judge Rebecca Lynn Howard, BSCTC President Dr. George Edwards, BSCTC Music Dept. Asst. Director Clayton Case, 2008 Idol winner Jerica Blair, and BSCTC Music Dir. Laura Ford Hall. Technical Director Timothy Cooley not pictured.

head judge.

In addition to the live performance, each of the singers are featured on the 2009 Big Sandy Idol Compilation Album produced at Big Sandy Productions Studio, with Producer and Technical Director Timothy Cooley, the two-disc compilation features all 30 of the Big Sandy Idol finalists from each high school in eastern Kentucky. This album can be purchased at www.bigsandysingers.com.

"We congratulate every student involved. They all did a wonderful job," said Case. "We are very proud of all of the participants and happy for all

of the winners."

Melanie Stapleton, of Johnson Central High School, was the 2009 Big Sandy Idol Champion. She received a \$1,000 cash prize provided by the BSCTC Music Club, a spot with the Big Sandy Singers and a \$1,200 scholarship to Big Sandy upon graduation from high school, a solo album recording of her own, a trophy and certificate, and is also featured on the CD and DVD.

Max Morley, of Pikeville High School, was the Senior Winner. He received a spot with the Big Sandy Singers, a \$1,200 scholarship to Big Sandy, an album recording of

his own, a trophy and certificate, and is also featured on the 2009 CD and DVD.

Johnson Central student Chest Spriggs, was the first runner-up and received an album recording and trophy.

Pikeville student Kathleen Smith, was the second runner-up and received a trophy. Prestonsburg High School student Amy Rice was the essay winner. She won her award for completing an essay about Big Sandy Idol and received a trophy and \$100 cash prize.

In addition to these winners, at the Friday Night Runner-Up Competition, Kaeli Fletcher, of Belfry High School, was named the "Wildcard Winner," and received a \$250 cash prize provided by Brakebush Brothers Foods and an album recording of her own. Piatt School student Jonna Craft was named the first runner-up, and Shauna Hunt, Johnson Central, was named the second runner-up.

If you were unable to come to the Big Sandy Idol competition, you can watch the championship round on WYMT TV from 8 to 10 p.m. on Saturday, April 11. You can also purchase a 2009 Big Sandy Idol DVD or CD at www.bigsandysingers.com.

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Six highway deaths on Kentucky roads last week

FRANKFORT — Preliminary statistics indicate that six people died in five separate crashes on Kentucky roadways from Monday, March 16, through Sunday, March 22.

Three of the crashes involved motor vehicles, and two of those victims were not wearing seat belts. Single-fatality crashes occurred in Jefferson and Laurel counties. The suspected use of alcohol was a factor in the Laurel county crash.

A double-fatality crash occurred in Christian county. Trisha Apte was operating a 2006 Honda Civic eastbound on I-24 in Christian County. Andrew F. Young was operating a 2006 Ford Taurus and was traveling westbound. For an unknown reason Apte's vehicle ran off into the sunken grass median and entered the west-bound traffic. Apte's vehicle then struck Young's vehicle on the driver's side. Young was pronounced dead at the scene by the Christian County Coroner. Apte was life-flighted to Vanderbilt University Hospital. At 10:33 p.m. Apte was pronounced dead at

Vanderbilt University Hospital. Two fatal motorcycle crashes occurred in Mason and Warren counties. One crash involved the suspected use of alcohol. Neither victim was wearing a helmet.

"We congratulate every student involved. They all did a wonderful job," said Case. "We are very proud of all of the participants and happy for all

of the winners."

ATV. A total of 31 fatalities have resulted from crashes involving the suspected use of alcohol. Citizens can contribute to highway safety by reporting erratic drivers to the Kentucky State Police toll-free at 1-800-222-5555. Callers will remain anonymous and should give a description of the vehicle, location, direction of travel and license number if possible.

These statistics are still preliminary as KSP waits for all local law enforcement agencies throughout the state to report any crashes and fatalities that may have occurred in their areas.

The Floyd County Animal Shelter PET OF THE WEEK



The celebrity of the week is Megan Edwards with Hoss Halbert, a six-week-old male Husky blend. Hoss has been bottle fed by the shelter staff. Megan is the daughter of retired Army veterans Elizabeth Stumbo Edwards and Robert Edwards. Her older sister Michelle has just returned from a tour of duty with the US Army in Iraq.

The Floyd County Animal Shelter is located at Sally Stephens Branch in West Prestonsburg Phone 886-3189

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APRIL 15

AARP TAX-AIDE VOLUNTEERS will begin working EVERY TUESDAY BEGINNING FEB. 3 9 a.m.-3:00 p.m. at the FLOYD COUNTY LIBRARY Prestonsburg

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KICK BUTTS DAY

50 Floyd County Restaurants

ask you **NOT TO SMOKE,** WEDNESDAY, MARCH 25 as you enjoy dining with them.

- Hot Rod Pizza in Allen
- Bypro Pizza & Dairy Bar
- Sharon's Pizza at David
- Hot Rod Pizza at Garrett
- Pure Country Café at Harold
- Maddy's Pizza Palace at Hueysville
- Martha's Pizza And More at Ivel
- Martin Dairy Queen
- Long John Silvers at Martin
- Hi-Lite Pizza & Restaurant at Minnie
- Osborne's Pizzeria at Teabery
- Wayland Fountain at Wayland

Prestonsburg Restaurants

- Billy Ray's Restaurant
- Court Street Bingo
- El Azul Grande
- Giovanni's Pizza House
- Hillbilly Pizza
- Hobart's Pizzeria
- Jerry's Restaurant
- Kentucky Fried Chicken
- Long John Silvers
- Malibu's Restaurant
- Pizza Hut
- Tlaquepaque Tex-Mex.

Smoke-Free Restaurants

- BSCTC's Campus Grill
- Bob's Bar-B-Q
- Charlie's Grilled Subs
- Dairy Cheer
- Dairy Queen
- Down to Earth
- Hardee's
- Jenny Wiley State Park Lodge
- Taco Bell
- Little Caesars
- Papa John's
- Pig In A Poke
- Sandy's
- Wendy's
- Country At Heart & Old Town Fudge Company
- Fat Boy's Pizza and Grill
- Giovanni's-Martin
- Perfect Setting Café in McDowell
- Subway's in Martin, Prestonsburg, Stanville
- Wal-Mart
- McDonald's in Prestonsburg and Martin

THANK YOU for your cooperation! They are doing this at the request of the Floyd County Health Department to promote smoke-free dining in our county. For more information about this national Campaign for Tobacco Free Kids' event, call the Health Department (886-2788).

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MONSTERS VS ALIENS (PG) Mon-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.

Cinema 2—Held Over
KNOWING (PG-13) Mon-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.

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Cinema 2—Held Over
RACE TO WITCH MOUNTAIN (PG) Mon-Sun. 7:00-9:20; Fri. (4:20) 7:00-9:20; Sat-Sun. (2:00-4:20) 7:00-9:20.

Cinema 3—Held Over
LAST HOUSE ON THE LEFT (R) Mon-Sun. 7:05-9:30; Fri. (4:30) 7:05-9:30; Sat-Sun. (2:05-4:30) 7:05-9:30.

Cinema 4—Held Over
DUPLICITY (PG-13) Mon-Sun. 6:50-9:20; Fri. (4:20) 6:50-9:20; Sat-Sun. (1:50-4:20) 6:50-9:20.

Cinema 5—Held Over
MISS MARCH (PG-13) Mon-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat-Sun. (2:15-4:30) 7:15-9:30.

Cinema 6—Starts Friday, March 27
12 ROJUNS (PG-13) Mon-Sun. 7:00-9:20; Fri. (4:20) 7:00-9:20; Sat-Sun. (2:00-4:20) 7:00-9:20.

Cinema 7—Starts Friday, March 27
MONSTERS VS ALIENS (PG) Mon-Sun. 7:05-9:15; Fri. (4:15) 7:05-9:15; Sat-Sun. (2:05-4:15) 7:05-9:15.

Cinema 8—Starts Friday, March 27
HAUNTING IN CONNECTICUT (PG-13) Mon-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat-Sun. (2:15-4:30) 7:15-9:30.

Cinema 9—Held Over
KNOWING (PG-13) Mon-Sun. 6:50-9:20; Fri. (4:20) 6:50-9:20; Sat-Sun. (1:50-4:20) 6:50-9:20.

Cinema 10—Held Over
FIRED UP (PG-13) Mon-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat-Sun. (2:15-4:30) 7:15-9:30.

Viewpoint

Worth Repeating ...

A celebrity is one who is known to many persons he is glad he doesn't know.

— H. L. Mencken

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof, abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Guest View - 'Opt in' to fairness on bank overdraft fees

Banks levy about \$17.5 billion each year in fees for overdrawn accounts, whether by bounced check, debit card purchase, cash withdrawal from an ATM or electronic payments of bills. That's chump change compared to the hundreds of billions of dollars banks have received from various federal bailout programs.

But both are a product of greed run amok. Bank customers are abused by fee structures that are as dishonorable as the AIG bonuses. But that may be about to change, thanks to rules changes being proposed by the Board of Governors of the Federal Reserve System. The board wants customers to be given the choice of signing up for overdraft programs, instead of being enrolled automatically and not given advance notice that a transaction will result in an overdraft and extra fee.

Banks charge \$30 or more for each overdraft and design their programs to maximize the number of overdrafts. The most notorious practice: When clearing an account on a given day, banks debit the largest payments first — regardless of the chronological order of transactions.

Say a customer with \$450 in her account withdraws \$20 from the ATM; uses her debit card to make a \$6 purchase at a fast-food restaurant; writes a \$30 check to pay her light bill and then, thinking her paycheck has cleared, pays her rent with a \$475 check. The bank debits the \$475 first so that it can charge its customer four overdraft fees.

Banks sometimes are the direct cause of an overdraft by holding checks for unreasonably long periods before crediting them to the customers' accounts.

Banks say overdraft protection provides customers a valuable service, protecting their credit ratings and the embarrassment of a bounced payment. The reality, though, is that banks have chosen the most expensive and onerous means of providing such a "service."

If banks genuinely were interested in serving customers, they would steer customers toward linking overdrafts to a credit card account. But that would mean much less profit for the bank.

The Fed has proposed two options to deal with this problem:
 ■ One would give customers the right to opt out of a bank's overdraft program. The bank would have to give customers clear notice of this right and how to exercise it before they could charge for any overdraft.

■ The other would require that customers specifically opt-in to the overdraft program with full knowledge of the program's terms and fee structure.

The opt-in approach is by far superior. It makes customers take full responsibility for their decision, instead of letting the overdraft program take over by default.

But the opt-in option can be improved. Banks should be denied overdraft fees on existing customers' accounts until the customers specifically opt in to the program. Banks also should be required to inform customers of less costly options for protecting accounts from overdrafts, such as linking them to a credit card. They should disclose the fact that an overdraft fee actually is a short-term loan with interest rates that would make a loan shark blush.

Bank customers tired of being ripped off can have a say. The Fed is soliciting consumer comments on how best to reform the system. The deadline is March 30. E-mail comments to regs.comments@federalreserve.gov. Put "Docket No. R-1343" in the subject line.

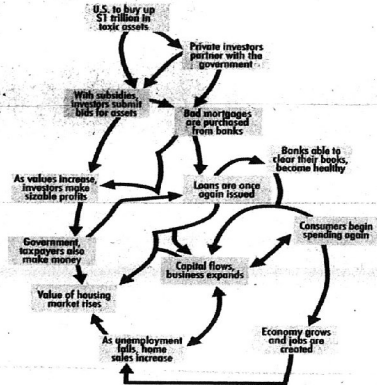
— St. Louis Post-Dispatch



Official Illustrated Guide to the Public Private Investment Fund



Timothy F. Geithner
Secretary of the Treasury



Guest Column

'Kick Butts Day' gets local support

by JEAN ROSENBERG

Officials from all over Floyd County formally signed a proclamation and gave their official approval to the "Kick Butts Day" activities of the Floyd County Health Department.

The proclamation declares Wednesday, March 25, to be "Kick Butts Day" in their communities. Judge Executive R.D. "Doc" Marshall, Allen Mayor Sharon Woods, Martin Mayor Thomasine Robinson, Prestonsburg Mayor Jerry Fannin, Wayland Mayor Tommy Robinson and Wheelwright Mayor David Sammons have declared their communities to be part of the Campaign for Tobacco Free Kids' 14th national event. The proclamation declares that these communities stand up with the children of their communities in opposition to the sale, advertising and marketing of tobacco products to children.

This national event sponsored by the Campaign for Tobacco Free Kids has its own Floyd county focus at the Floyd County Health Department. Recognizing that children under 18 are often exposed to the dangers of secondhand smoke when eating out, the Health Department staff has invited owners and managers of the Floyd

County restaurants that permit smoking to go smoke-free for one day to celebrate "Kick Butts Day."

Smoke-free dining in Floyd County will take a huge one day leap forward on Wednesday, March 25, for national "Kick Butts Day." Floyd County has 26 restaurants that are smoke-free every day. This number will increase to 50 on March 25 when an additional 24 establishments will post signs asking customers not to light-up for "Kick Butts Day."

This year, Giovanni's of Martin and the newly renovated Dairy Queen in Prestonsburg have joined the ranks of restaurants who post "no smoking signs" on their doors every day. The new McDonald's in Prestonsburg is another 2009 addition to other Floyd County McDonald's with a smoke-free policy for diners.

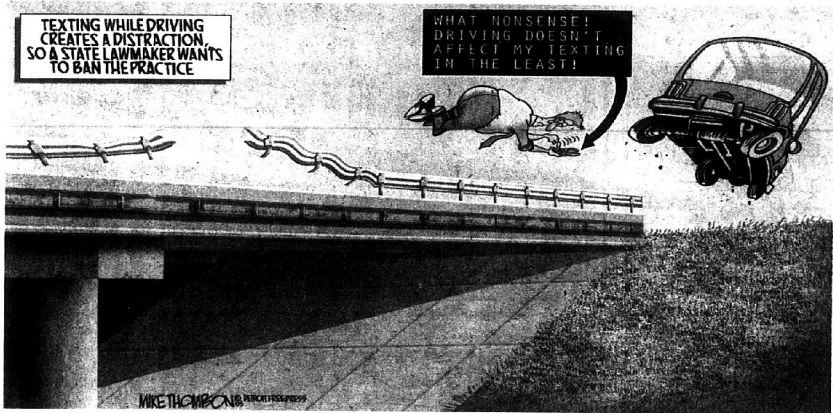
Each year number the number of Floyd County restaurants participating in the event has increased. The Health Department believes the growing number of restaurants participating is a measure of the public growing acceptance that smoke-free dining is possible and desirable in Floyd County. Eating in a smoke-free restaurant is one way to decrease the public health risks from secondhand and third-hand smoke exposure.

Currently there are 26 voluntarily smoke-free restaurants in Floyd County, including BSCTC's Campus Grill; Bob's Bar-B-Q; Charlie's Grilled Subs; Country At Heart & Old

Town Fudge Company; Dairy Cheer; Dairy Queen; Down to Earth; Fat Boy's Pizza and Grill; Giovanni's of Martin; Hardee's; Jenny Wiley State Park Lodge; Little Caesar's; all McDonald's in Prestonsburg and Martin; Papa John's; Perfect Setting Café in McDowell; Pig In A Poke; Sandy's; Subway in Martin, Prestonsburg; Stanville and in Wal-Mart; Taco Bell; and Wendy's.

Last year at the request of the Health Department 18 other Floyd County restaurants volunteered to go smoke-free for one day on "Kick Butts Day." This year, the list is 24 establishments and includes Hot Rod Pizza in Allen; Bypro Pizza & Dairy Bar; Sharon's Pizza at David; Hot Rod Pizza at Garrett; Pure Country Café at Harold; Maddy's Pizza Palace at Hueysville; Martha's Pizza and More at Ivel; Martin Dairy Queen; Long John Silver's at Martin; Hi-Lite Pizza & Restaurant at Minnie; Osborne's Pizza at Teaberry; Wayland Fountain at Wayland; and these Prestonsburg restaurants: Billy Ray's; El Azul Grande; Giovanni's Pizza House; Hillbilly Pizza; Hobart's Pizzeria; Jerry's Restaurant; Kentucky Fried Chicken; Long John Silver's; Pizza Hut and Tlaquepaque Tex-Mex.

Two Prestonsburg establishments open primarily at night, Court Street Bingo and Malibu's Restaurant, have agreed to post signs asking patrons not to smoke on Wednesday, "Kick Butts Day."



Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times. In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author. The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objection-

able. Letters should be no longer than two type-written pages, and may be edited for length or clarity. Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

The Times

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A5

PRIDE announces fall cleanup results, prepares for spring

SOMERSET — While gearing up for a spring cleaning, communities learned the impact of their fall cleanup campaign. During recent planning workshops for PRIDE Spring Cleanup Month, which will be in April, Eastern Kentucky PRIDE announced the results of Roadside PRIDE Month, which was held last October.

Roadside PRIDE is an anti-litter campaign in 38 counties of southern and eastern Kentucky. It is sponsored by Eastern Kentucky PRIDE, the nonprofit organization that guides the region's environmental cleanup and education initiative.

"Our tourists saw clean roads last fall, thanks to the volunteers and local governments that joined forces in Roadside PRIDE," said Karen Engle, who heads Eastern Kentucky PRIDE. "Let's build on that momentum as we prepare for tourists to return this spring. Please volunteer for the Spring Cleanup."

"Congratulations to the communities that won Roadside PRIDE Awards," Engle added. "Cleaning our environment is a team effort, and your teams were on top of their game in October. I challenge all communities to put their best team on the floor in April. You could bring home a Spring Cleanup trophy."

During Roadside PRIDE



Members of the Adair County Garden Club joined Judge-Executive Ann Melton, Magistrate Billy Coffey, Magistrate Joe Rogers and PRIDE Co-Coordinator Lisa Lee to accept the county's Roadside PRIDE Award from PRIDE Vice President/CFO Tammy Wilson. Adair County won the trophy for counties with populations between 10,000 and 20,000. The Garden Club volunteered.

Month, 2,935 volunteers worked 13,637 hours to pick up litter along 1,318 road miles. The region-wide cleanup effort netted 16,113 bags of trash, 1,396 tires and 416 appliances.

Roadside PRIDE Month featured a friendly competition among local governments, which are in charge of organizing cleanup activities. They earned points for recruiting volunteers and collecting trash. Trophies went to the top scorers in population-based

classes, with Class 1 being the smallest populations and Class 4 being the largest. The counties that won Roadside PRIDE Awards were Owsley in Class 1, Adair in Class 2, Perry in Class 3 and

Pike in Class 4. The winning cities were Livingston in Class 1, Beattyville in Class 2, Manchester in Class 3 and Columbia in Class 4. The Tricities Heritage Development Corporation, which represents

Harlan County's Benham, Cumberland and Lynch, won the Roadside PRIDE Award for Nonprofit Organizations.

This was the 6th annual Roadside PRIDE Month. Eastern Kentucky PRIDE provided cleanup supplies to volunteers and reimbursed local governments for their trash disposal expenses.

The 12th annual PRIDE Spring Cleanup will be held in April. Eastern Kentucky PRIDE is working with local governments and organizations to recruit volunteers to pick up roadside litter and

benefit welcome areas just as tourist season begins. The first 20,000 volunteers in the region will receive free T-shirts.

Volunteers can find local Spring Cleanup events by visiting www.kypride.org and clicking their county on the map. The toll-free number for the PRIDE office is 888-577-4339.

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KDMC to offer free vascular screening in Pikeville March 26

ASHLAND — The Health Connections team of King's Daughters Medical Center is offering a free mobile vascular screening 8:30 a.m. to 12:30 p.m. Thursday, March 26, at Wal-Mart, 254 Cassidy Blvd., in Pikeville.

The free screening includes fasting lipid profile, fasting glucose, blood pressure and ankle brachial index. KDMC cardiologist Vaughn Payne, M.D., will be available to review results. Appointments are required and can be made

by calling 1.888.377.KDMC (5362). Additional screening guidelines may apply, to allow those most at risk for vascular disease to be seen.

KDMC is a locally controlled, not-for-profit, 385-bed regional referral center, offering comprehensive cardiac, medical, surgical, maternity, pediatric, rehabilitative, psychiatric, cancer, neurological, pain care, wound care and home care services. For additional information, visit us online at kdmc.com.

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KCTCS hosting 'transfer fairs' at 16 colleges in April

The Kentucky Community and Technical College System will host Transfer Fairs at 16 of its colleges in April; the first at Gateway Community and Technical College on April 1, and the final at Paducah's West Kentucky Community and Technical College on April 29.

The Transfer Fairs, sponsored by the Kentucky Association of College Registrars and Admissions Officers offer KCTCS students first-hand information from representatives of four-year colleges and universities about how to transfer to these institutions to pursue a baccalaureate degree.

Representatives from these institutions will share:

- How academic credits transfer from a KCTCS college to a four-year institution;
- How and where to apply for financial aid;
- The majors offered at four-year Kentucky institutions and elsewhere; and
- What campus life is like at the four-year

institutions.

Dates and times of KCTCS Transfer Fairs across the state:

The schedule of fairs in the immediate region includes:

- April 6, Hazard Community and Technical College, Jackson Campus, 9 a.m. to 11 a.m.
- April 6, Hazard Community and Technical College, Hazard Campus, 1 p.m. to 3 p.m.
- April 7, Southeast Kentucky Community and Technical College, Whitesburg Campus, 9 a.m. to 11 a.m.

■ April 13, Big Sandy Community and Technical College, 10 a.m. to 1 p.m.

■ April 14, Ashland Community and Technical College, 10 a.m. to 1 p.m.

For more information about Transfer Fair dates, times and locations, contact a representative at a KCTCS college near you: http://www.kctcs.edu/Students/Transfer/KCTCS_Transfer_Contacts.aspx



The Honors 202 Class from Big Sandy Community and Technical College journeyed to Frankfort on Feb. 11 for a look at leadership in action. They experienced the political process as it was happening as they viewed the legislative bodies in session and met with local legislators for a question and answers session. They took a tour of the Capitol, were recognized in both the House of Representatives and the Senate and received a citation from House Speaker Greg Stumbo. Pictured from left to right are Sen. Johnny Ray Turner, Cory Wright, Jackie Cecil, Michael Hender, Rebecca Volk, Dr. Patsy Jackson, Kevin Horn, Susan Chaffin, Bill Duke, Jimmy Boggs, Virginia W. Jones, Shane Music, Chad Scarbro, Dr. George D. Edwards, Regina "Gina" Lawson, Del Shepherd, Allison McKenzie, Jean Dorton, Jerica Howard, Sen. Ray Jones.



Elizabeth Pettit

RN Magazine publishes Highlands nurse's work

A national publication, RN Magazine, recently published an article authored by a Highlands Regional Medical Center employee.

Elizabeth Pettit, a RN in the Critical Care Unit at HRMC, submitted a piece covering treating morbid obesity. Pettit will graduate with a master's degree as a clinical nurse specialist from Murray State University this May. As a requirement for a class, she had to select any topic and write a paper on it covering assessment, diagnosis, and treatment. Another requirement was that the article had to be submitted to a nursing journal for possible publication.

"I selected the interesting topic 'Treating Morbid Obesity' and the various treatment options available," Pettit said. "I chose RN Magazine for submission and what a New Year's Eve surprise! They contacted me saying that they had selected my article for publication and it would be printed in the February issue. I was thrilled! The article was peer-reviewed twice, once before being accepted for publication and again after being edited. It has been a rewarding experience and I am very proud and honored to have my paper published."

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Golf

But with the new par three, par four setup, the course could become a perfect spot for beginning golfers and youths.

"We envision this being a course where novice golfers and young golfers can learn," Hughes said.

However, because there are no options for state funding Hughes was in attendance for the meeting to ask city officials to approve funding from

coal severance funds to get the course ready for play again.

City leaders at Monday's meeting voted unanimously to approve an estimated \$25,000 for work on getting the course finished and ready for play, something Hughes said he hopes to see by July or August of this year.

Part of that money will be used to eliminate a troublesome number five green, a section of the course that could

then be used as a driving range or for other training, Hughes said a new green could be constructed in its place at a cost of about \$2,500.

Hughes said park officials had also expressed excitement about bringing a course back.

"People at the park are happy about the idea because they could then advertise the course again," Hughes said.

Hughes also believes with what he figures will be an

average of 17 rounds a day, the city can recover the money fairly quickly.

"If we charge \$12 for adults and \$8 for children with at least that many rounds a day, the city can recoup the costs easily," said Hughes.

Admittedly optimistic about the prospect of golfers visiting the course, Hughes told council members he wouldn't be surprised to see upwards of 40 rounds played a

day during the summer months.

Costs for operating the golf course would run approximately \$4,000 to \$5,000 a month

Continued from p1

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Beshear announces KCTCS Career Transitions Initiative to assist displaced workers

FRANKFORT — Gov. Steve Beshear and Kentucky Community and Technical College System (KCTCS) President Michael B. McCall announced Tuesday a KCTCS Career Transitions initiative designed to provide Kentuckians who have lost their jobs with workforce training in high-growth, high-wage fields.

"The KCTCS Career Transitions program is a key ingredient in our efforts to transform the state's economy during these challenging economic times," said Gov. Beshear. "Kentucky's two-year colleges are perfectly positioned to provide the workers with the skills and training they need to succeed

in today's marketplace."

The KCTCS year-long initiative is being offered through its statewide system of 16 colleges and features a 50 percent tuition scholarship for up to six credit hours per term (spring, summer and fall) in open enrollment courses along with personalized assistance in navigating the college admissions process. Each KCTCS college will provide displaced Kentucky workers with a coordinator to acclimate them to the campus and its resources. The colleges will also provide: a streamlined admissions process; assistance in filing for state and federal financial aid; and advising and training sessions that maximize the students' opportunity for success

and re-employment. Kentucky residents who have become unemployed and have filed for unemployment benefits since Oct. 1, 2008 are eligible for the program.

"The KCTCS Career Transitions program is part of a workforce competitiveness initiative we have launched to enhance Kentucky's capacity to meet current and future job needs," said Dr. McCall. "As the primary provider of workforce training and education in Kentucky, we are working to ensure that our programs and services align with both current and future needs of business and industry."

Kentucky's seasonally adjusted preliminary unemployment rate for January

2009 climbed to a 22-year high of 8.7 percent from December 2008's revised 7.6 percent, according to the Office of Employment and Training (OET), an agency of the Kentucky Education and Workforce Development Cabinet. The January rate was the highest in Kentucky since the 8.9 percent jobless rate recorded in March 1987.

"I've never been laid off or had to rely on unemployment until now," said Robert Lake a non-traditional student at Elizabethtown Community and Technical College (ECTC). "ECTC was there for me...they had the answers I was looking for. The program I am enrolled in is allowing me to obtain an education in

something I've always wanted to do."

All KCTCS colleges are working with local Workforce Investment Boards and other agencies to inform dislocated workers of the education resources that are available and to coordinate their efforts. Additionally each college has developed specific workforce

training programs to meet the specific needs of their local community.

Those seeking more information locally can contact Susan Chafin, college career transition coordinator at Big Sandy Community and Technical College, by phone at (606) 886-3863, or by email at susan.chafin@kctcs.edu.



Carl J. DiMarco, D.O., American Osteopathic Association president, spoke with Pikeville College School of Osteopathic Medicine students and faculty on Friday, March 13. DiMarco, front row, third from left, discussed the various opportunities the AOA offers students. In addition to his role as AOA president, he serves as a professor and regional dean of clinical medicine at the Lake Erie College of Osteopathic Medicine in Erie, Pa. An ophthalmologist, DiMarco worked as an auto mechanic to pay for medical school at the Philadelphia College of Osteopathic Medicine. He was the Philadelphia 76ers team ophthalmologist from 1995 to 2006.

Jenny Wiley Theatre seeking male actors

Jenny Wiley Theatre will hold an audition by appointment only on Saturday, April 11, at the Jenny Wiley Theatre amphitheatre from 10 a.m. to noon for its 2009 summer season.

The theater is seeking male youth, teen, and adult performers age 8 and up for roles in 'The Legend of Jenny Wiley' and 'Broadway Kids'.

Specifically roles that will be cast from this audition: male youth/teen performers in 'Broadway Kids' (singing roles), a male youth to play 'Samuel Thomas Wiley', age 8-12, in 'The Legend of Jenny Wiley' (non-singing); several

male youths/teens for ensemble roles in 'The Legend of Jenny Wiley' (singing/non-singing); teens/adults as Indians in 'The Legend of Jenny Wiley' (non-singing); and teens/adults for ensemble roles in 'The Legend of Jenny Wiley' (singing/non-singing). All female youth/teen/adult roles are cast; no female performers will be seen at this audition.

If you plan to sing, please prepare a short musical selection (bring sheet music, accom-

panist provided) and monologue. If you do not plan to sing, please prepare a monologue. Total audition time should not exceed 90 seconds. Auditionees should be prepared to read additional material for audition purposes at the call.

Call the theater to set up an appointment. Scott Bradley, JWT Casting Director, will be conducting the audition.

For more information, contact JWT Executive Director, Martin Childers at 606-866-

9274 or email marty@jwtheatre.com.

Maines-Layne to Wed



Nakeesha Marie Maines, daughter of George and Lesia Maines of Prestonsburg, and Joseph Tyler Layne son of Lloyd and Tommie Layne of Allen, are pleased to announce they will be getting married during an open ceremony. They will exchange their vows on Saturday, the fourth of April, at the Katy Friend Freewill Baptist Church at half past two o'clock.

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2009 Great Easter Egg Hunt

CLUE #4

The furniture maker pulled off quite a feat, when he gave me a bed without a seat.

Mine

Continued from p1

and middle school competition in Region 11, and competed in the National Archery in the Schools Program state championship on March 17.

For the consent items, the board voted to approve the contract list without setting aside any of the items for discussion. One of the items that the board approved was a contract with the East Kentucky Expo Center to hold the prom for Betsy Layne High School on May 23.

Also at the meeting, the contract between the board and Wallen and Corneit, CPAs, was extended for one year for the 2009 financial audit.

The next scheduled meeting of the Floyd County Board of Education will be at Osborne Elementary on April 27.

Board

Continued from p1

This most recent order comes just one week after MSHA placed 15 mines, Double A Mining included, on notice for various violations.

"We regret that a withdrawal order was necessary, but MSHA will take the necessary steps to ensure that our nation's mines are safe for its working men and women," Davis added.

The company has yet to pay the fine, officials said.

Officer

go out to the family and friends of Sgt. Moore," said Kentucky State Police Commissioner Rodney Brewer. "The law enforcement community is a tight knit family and the loss of any member is felt strongly."

Last month, Moore had agreed to complete 160 hours of community service as part of a diversion of the charges, against him from the Pikeville arrest.

Moore received a great deal of community support after his arrest, and his defense attorney, Terry Jacobs, said that

Continued from p1

Moore might have been targeted for arrest by officers with the Pikeville City Police, who arrested Moore outside of the East Kentucky Expo Center following a concert.

After the arrest, Moore was suspended with pay from Post 14 in Ashland. Moore was later assigned to KSP's Supply Branch in Frankfort. He had previously served at the Criminal Identification and Records Branch in Frankfort, Post 1 in Mayfield, Post 13 in Hazard, and Post 8 in Morehead.

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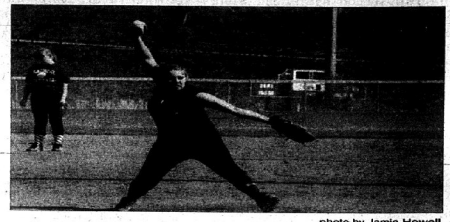
Blackcats double up Valley in season opener

by STEVE LEMASTER SPORTS EDITOR... PRESTONSBURG - The Randy Tincher Era has arrived. Tincher got into the win column in his first outing as Prestonsburg High School baseball coach...

The Wildcats plated both of their runs following Prestonsburg miscues - three errors and a wild pitch... "We played well enough to win but can definitely play better," Tincher said.

Prestonsburg never trailed en route to the win. The Blackcats scored three runs in the third inning on four hits to move out in front 3-0... Shelby Valley scored two runs in the fourth inning on three errors and a wild pitch.

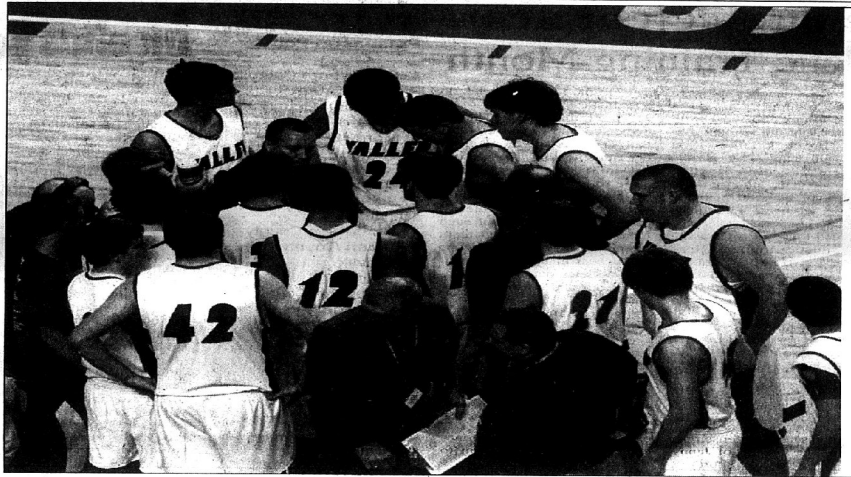
Blackcats. Tyler Hall was 2-for-3, scored once and drove in one run. Allen Craynon was 1 for 3 with an RBI. Seth Seter was 1-for-2 and scored once. Josh Blackburn went 1-for-4...



SOFTBALL TIME: Prestonsburg opened the first game of the Coach John DeRossett Era victorious Monday night, defeating Pike County Central. A recap of the season opener will appear in Friday's edition...

Herrick helps Knights to 3rd place finish

TIMES STAFF REPORT... FALMOUTH - Led by Kyle Leach's 3-under 141 total, the Bellarmine University men's golf team finished third in the 13-team E-Z-Go Spring Classic...



IN THE HUDDLE: Shelby Valley Coach Jason Booher talked with his team Friday night during the Sweet 16 state tournament game versus Elliott County, champion out of the 16th Region...

Young, talented Lady Rebels enter new season

District tourney MVP Conference MVP back for Allen Central... by STEVE LEMASTER SPORTS EDITOR... EASTERN - The Allen Central High School softball team opened the 2009 season on the road Tuesday evening in Pike County versus East Ridge.

Kinzer finishes third in Georgia feature race

TIMES STAFF REPORT... RINGGOLD, Ga. - Allen driver Brandon Kinzer finished third Saturday night at Boyd's Speedway in the Cabin Fever Super Late Model Championship...

Kyle Busch wins Food City 500 at Bristol Motor Speedway

TIMES STAFF REPORT... BRISTOL, Tenn. - Kyle Busch earned an impressive victory during the Food City 500 at Bristol Motor Speedway Sunday afternoon...

7. Kevin Gibson (M45), Ringgold, Ga.; 8. Shon Flannery (98), Church Hill, Tenn.; 9. Ricky Arms (4), Moss, Tenn.; 10. David Earl Gentry (56) of Shelbyville, Tenn.; 11. Johnny Chastain (00) of Murphy, N.C.; 12. Davy Davis (D11), Tunnel Hill, Ga.; 13. Robert Stuts (302), Murfreesboro, Tenn.; 14. J.J. Nye (55), Talking Rock, Ga.; 15. Brian Smith (7) of Barbourville, 16. Brian Hickman (41), Soddy Daisy, Tenn.; 17. Steve Smith (3), Powell, Tenn.; 18. Freddy Dutton (7D), Lenoir, Va.; 19. Robert Gant (22), Flat Rock, Ala.; 20. Skip Arrp (31), Georgetown, Tenn.; 21. Mike Tinker (T22), Ringgold, Ga.; 22. Kayne Hickman (H3), Soddy Daisy, Tenn.; 23. Shawn Chastain (X15), Murphy, N.C.; 24. Jamie Perry (P16), Ringgold, Ga.

Beaver Junction Motocross hosts Round 1 of 2009 season

TIMES STAFF REPORT... DWALE - Beaver Junction Motocross hosted Round 1 of the 2009 season on Saturday as competitors from across Eastern Kentucky and surrounding areas...

SCOREBOARD

- HS BASEBALL Monday, March 23 Boyd Co. 2, Haberland 1... HS SOFTBALL Monday, March 23 Bell Co. 15, Hbarian 5...

Morehead State falls to Louisville in NCAA tourney, ends postseason run

TIMES STAFF REPORT

DAYTON, Ohio — The 10th-seeded Morehead State University men's basketball team gave number one overall seed University of Louisville all it could handle Friday night in the first round of the NCAA Men's Basketball Tournament and Midwest Region at University of Dayton Arena. That is, for at least the first half. The Eagles were only down 35-33 at the half to the number one team in the nation, but as they had done all year, the Cardinals turned up their trademark pressure defense and outscored the Eagles 39-21 in the final half to defeat MSU 74-54.

Box Score
Morehead State finished its fantastic OVC championship season 20-16.

Senior Leon Buchanan finished his collegiate playing career by leading MSU in scoring with 17 points. Sophomore Kenneth Faried wrapped up his second year at MSU with his 25th double-double of the season — 14 points and 10 rebounds. Junior Maze Stallworth had 14 points, including a team best four three-pointers. "I thought our kids played extremely hard, especially in the first half. We played them possession for possession," said MSU Coach Donnie Tyndall. This season has definitely brought some pride back to our community and to MSU basketball. "It was a typical Louisville, and Rick Pitino, style of game. They were very tough to play with. Their depth and physicality allows them to do that, but I am

extremely proud of our team for their effort tonight." Pitino gave a lot of credit to the Eagles for hanging with his team for the first half. "What makes this tournament so fun is the teams like Morehead State, like East Tennessee State (who lost by only 10 to number one seed Pittsburgh early in the day), and like Cal State Northridge. Morehead State played terrific tonight. We didn't play bad in the first half, they just played terrific and stayed with us." The Eagles had a critical point in the first half where they fell behind 17-7 with 13:33 left, but MSU went on a 15-5 run — capped by Stallworth's third trey of the first half — and had the contest tied at 22 with 7:35 left. Louisville also led 34-27 at

the 3:04 mark, but once again MSU did not back away. A jumper by Buchanan, two Brandon Shingles free throws, and a Demonte Harper jumper got MSU back into at 34-33 with 1:11 left. Louisville essentially put the game away with a 22-6 run to start the second half. MSU had four missed field goals and four turnovers in the first seven minutes of the second half. The Cardinals shot 65 percent (17-of-26) in the final half and held MSU to 32 percent. Louisville also forced 20 Morehead State mistakes on the night, including 12 in the second half. Samardo Samuels scored 15 to lead U of L. Terrence Williams had 13, and Earl Clark netted 12. Louisville only out-rebounded the Eagles by two (29-27), but hit 10 three-pointers.



AT THE STATE TOURNAMENT: Betsy Layne Newsome and grandson Garraun took in a state tournament game last week.

Morehead State celebrates National Athletic Training Month

TIMES STAFF REPORT

MOREHEAD — When Morehead State student-athletes get injured fulfilling their dream of playing collegiate sports and working to be the best, athletic trainers come to their aid. March is recognized as "National Athletic Training Month" and MSU wants take a minute to thank and appreciate the hard-working trainers that lend a hand to Eagle athletes. This month is a focus on the profession and the individuals who make their job look easy.

Each year, the National Athletic Trainers' Association has a theme for this special month. This year, the theme is also NATA's tagline: "Health Care for Life and Sport." This year the MSU training room has a different look with Jamey Carver being promoted to head athletic trainer for men's sports and Sara Larson taking that same title on the women's side. Richard Fletcher, once head athletic trainer, took a job as associate director of athletics and the head of compliance in the athletic department.

Fletcher says he took the job to learn more about the interworking of an athletic department and to advance in the field of administration. However, he misses working one-on-one with the MSU competitors. "I miss the interaction with the student-athletes. At my current job I know names, but I unfortunately do not know

the person," Fletcher said. "In athletic training you get a chance to talk and work with 80 percent of the student athletes. In compliance, you work with names." There has been another promotion in the athletic training room as well. Brian Hudson, who was a graduate assistant last year, has been upgraded to a full time assistant athletic trainer. Head Women's Athletic Trainer Sara Larson expects this will help mask the fact that there is one missing graduate assistant.

"Even with that vacancy, the training room will run like normal," Larson said. "We just all have to pitch in and make sure all practices, games, etc. are all covered." The student-athletes at MSU are fully aware of the vast role athletic trainers play in their daily routines. Junior softball player Bethany Ellis, who hails from Fallon, Nev., attributes much of her strength and success to the hard work the athletic trainers put in. "I know how hard the athletic training staff works to get all of the athletes in the best possible health to play at their greatest," Ellis said. "Without everyone in that room, I know I wouldn't be as tough and ready for games as I am."

Ellis has battled various ankle injuries, shoulder issues and every day aches and pains that being a Division I athlete entails. She says Sara Larson and the rest of the staff that

cater to the female athletes do a fantastic job. The training room has a dedicated and organized staff that helps day-to-day activities run smoothly. The personnel includes three full-time athletic trainers, graduate assistants, student athletic trainers and student interns. Larsen says that without each of these hard-working team members, they would not be as successful at keeping student-athletes out of the training room and on the playing surface.

A breakdown of the MSU training staff follows. Full Time Staff: Sara Larson, MA, ATC; Jamey Carver MS, ATC; Brian Hudson, ATC.

Graduate Assistants: Ryan Brooks, Georgetown, Illinois; Matt Willett, Roanoke, Indiana; Teisha Pruitt, Grand Rapids, Michigan.

Student Athletic Trainers: Lainey Mattox, Wellington; Keith Emmons, Morehead; Kelly Barker, Olive Hill; Adam Wheeler, Morehead; Ben Monnett, Beaver Creek, Ohio; Bill Campbell, Jackson; Kristen McMahan, Mt. Washington; Kyle Nauert, Louisville.

Student Interns: Samantha Rice, Morehead; Amy Sexton, Ashland; Megan Yates, Sturgis; Amber Kilby, Cynthia; Alex Johnson, Florence; Haley Cool, Pikeville; Chris Setters, Fairborn, Ohio; Morgan Melzer, Florence.

Kentucky Softball Coaches Association Pressseason Poll

- Owensboro Catholic
- North Laurel
- Christian County
- Ballard
- Mercy
- Manual
- Feldland
- Greenwood
- Scott County
- Butler
- Anderson County
- Allen County-Scottsville
- Dunbar
- Grayson County
- Montgomery County
- Western Hills
- South Laurel
- Male
- Garrard County
- Heath
- Madex County
- Lexington Catholic
- Clark County
- Lafayette
- Rowan County

Softball teams sought for church league

Softball teams are being sought for a church league in Johnson County that will play games every Saturday starting April 11 and running through

August 1. Fellowship will come first and softball last in the church league. For more information, call Garry Crum, 789-2142.

UK ends season in WNIIT

TIMES STAFF REPORT

MADISON, Wis. — The University of Kentucky women's basketball team concluded its 2008-09 season with a heartbreaking 49-45 loss to Wisconsin Sunday in the second round of the Women's Invitation Tournament in the Kohl Center. Seniors Carly Ormerod and Eleia Roddy led the Wildcats with 11 points while sophomore Victoria Dunlap grabbed a game-high 12 rebounds to go along with eight points and three blocks.

"Congratulations to Wisconsin, their defense was outstanding," UK Hoops Coach Matthew Mitchell said. "It was one of the toughest defenses we have faced this season. It's always sad to end the season on a loss but we will try and wish our seniors well and hopefully we can move forward and learn something from this game." It was a defensive battle

for both teams as neither squad seemed to find its offensive groove until late in the game.

Kentucky (16-16, 5-9 SEC) struggled to score early, trailing 19-16 at the break for its lowest point total of the season. The Cats shot just 21 percent from the field in the opening stanza, hitting 6-of-28 field goals, including 0-of-5 from beyond the arc.

"We struggled to score today and we rushed shots early on," Mitchell said. "That is a credit to their defense."

Despite the offensive woes, Kentucky played solid defense, limiting Wisconsin (19-14, 6-12 Big Ten) to just 31.7 percent (19-of-60) from the floor. The Cats held UW's leading scorer Alysia Karel, who came into the game averaging a team-best 13.1 points per game, to just eight points on 3-of-18 shooting. But it was Wisconsin's inside game that gave the Cats fits.

Marlin wins Saturday Night Special

TIMES STAFF REPORT

BRISTOL, Tenn. — Sterling Marlin got an assist from teammate Andy Petree and lead from start to finish to capture the Scotts Saturday Night Special at Bristol Motor Speedway.

The 51-year-old Marlin started on the pole after Petree finished first in his celebrity heat. The Columbia, Tenn., native was elated in victory lane, where he was awarded the same trophy that will go to Sunday's Food City 500 winner.

"Man, that felt so good," said Marlin. "It felt so good to get in the car and to run like that. It just felt good to come back and run like that. I just had a great car and Andy got me a really good starting position. I had a great time. I'd like to do this again."

"I ran this car a couple of times in Nashville. Andy had tested a couple of times and we talked some. My car was really fast. I had a good car, so we should have won it."

Rusty Wallace finished second, followed by L.D. Otinger, Terry Labonte and Jimmy Spencer. Rounding out the 12-car field was Harry Gant, Phil Parsons, Jack

Ingram, Cale Yarborough, David Green, Junior Johnson and Larry Pearson.

Wallace thought he might have enough to get around Marlin but came up short.

"I gave it all I had," said Wallace, now a commentator for ESPN. "I had fun. Sterling just flat out beat me. I just wish I could be in the Cup race tomorrow."

Gant started second and had a good run going until his hood came loose and he had to pit.

"I couldn't see over it to turn in to the corner," said Gant. "You sit so low in these cars and they have that long windshield, so I couldn't see anything. That was a lot of fun, though. I appreciate Bristol for doing this."

Ingram, a legend in the former Busch Series, wasn't so sure everybody in the race was on the up and up.

"I believe if they hadn't let those boys cheat, we'd have run better." They had their cars cheated up. The spoiler on Sterling's car was a lot bigger than everybody else's. And Rusty's car was sealed off better than ours was. That's just not any good."

The 77-year-old Johnson wrecked in a practice earlier

in the day and started with a banged up ride. Nevertheless, he enjoyed his return to the track.

"I thought we ran pretty good for what we had," said Johnson. "I haven't been in a car in 45 years so I thought we did OK."

In the first heat of the afternoon, during celebrity drivers, Philadelphia Akers place-kicker David Akers outlasted the field to take the win, while former crew chief and current ESPN analyst Petree picked up the win in the second heat.

Trailing Akers to the finish line in the first heat was Bill Jordan, followed by Riki Rachtman, Frank Beamer and Mike Compton.

Brad Daugherty finished second to Petree in the second heat while Ron Capps came home third and Ryan Everham finished fourth. Doug Herbert and Greg Anderson wrecked their cars in practice and were unable to compete in the second heat.

In the nightcap event, Matt McCall claimed bragging rights in the UARA 100-lap event after starting on the pole. It was McCall's first win at BMS and his sixth career UARA win.

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 Bargain Basement - Items under \$100 - 3 lines, half price
 Yard Sale Ads - 1 Day \$5.00 - 3 days \$12.00
 (30 words or less)

"For Sale Special"
 3 lines/
 3 days only
\$16

5 Easy ways to place your ad:

1. Call: (606) 886-8506, LeighAnn Williams
2. Fax: (606) 886-3603
3. E-mail: classifieds@floydcountytimes.com
4. Stop by: 263 S. Central Avenue, Prestonsburg
 5. Mail: P.O. 390, Prestonsburg, KY 41653

Our hours: 8 a.m.-5 p.m.
DEADLINES:
 Wednesday's paper @ Mon., noon
 Friday's paper @ Wed., 5 p.m.
 Sunday's paper @ Thurs., 5 p.m.
Visa - MC - Discover
 Check

The Best Way To Write An Ad:

- Begin with a key word (item for sale, etc.)
- Use descriptive words to identify your items
- State your price or terms
- Include a phone number and/or e-mail address

NAME _____
 ADDRESS: _____
 PHONE #: _____

Write your ad here:
 (approximately 18 letters per line)

CREDIT CARD:

Our CLASSIFIEDS Will WORK For You!!!

The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

2000 Ford Windstar \$3,500
 2000 Plymouth Voyager \$3,295
 1994 Chevy Blazer \$3,495
 1998 Chevy Malibu \$2,995.
 Call 886-3451.

EMPLOYMENT

Employees needed to Steam Clean Heavy Equipment. Must have valid driver's license and up to date Surface mining papers. MET papers is a plus. Call Monday thru Friday between 9:00am and 5:00pm: 606-886-1759.

Part time female help. Clean, non smoker, days a week. Bond / clear

treatment tables, file & sort general office cleaning. In Prestonsburg doctors office. Reply in own hand writing and send to PO Box 933, Prestonsburg, Ky 41653.

Baynes Family Practice, Family Practice, Kevin F Baynes, DO, is seeking a full time LPN or CNA with doctors office experience. Desired individual must be an energetic worker who gets along well with

patients and co-workers. Send resume to: Baynes Family Practice, PO Box 435, Paintsville, Ky 41240 or call 789-7100.

Dental Assistant needed: No experience required- will train- computer experience would be helpful but not necessary. Send resume to 415 St. Lake Drive Ste 201- Prestonsburg, Ky 41653.

Mystery shoppers!

Earn up to \$150 per day. Undercover shoppers needed to judge retail & dining establishments. Experience not required. Call 877-341-3504.

Miller Bros. Coal, LLC is seeking qualified applicants for the position of Surface Mine Planning Engineer. Mining Engineering degree and experi-

ence required. Competitive salary and benefits package. Interested applicants should send their resume in confidence to 1801 Watergap Rd Prestonsburg, ky 41653. Phone inquiries not accepted.

Services

Will so house

cleaning and office cleaning. Call 886-3076 or 887-0068 or call 226-1390.

NEED A TUTOR FOR YOUR CHILD? I have ten years experience teaching children aged 2-18, have success fully tutored children with both emotional

and learning disabilities and have assisted a child with autistic spectrum disorder. I believe in finding each child's unique learning style and helping them to reach their greatest potential. If you would be interested in seeking my assistance for your

child, please feel free to call Tonya at 606-230-0235 or email me at tonya1@hotmail.com. tn

Furniture
ALLEN FURNITURE ALLEN, KY

AUTOMOTIVE

Wheels/Misc

Hicks Auto Sale
 - 1998 S-10, 4 cylinder, 5 speed, \$2,500.
 - 1997 Cadillac SLE, \$10,000 miles, \$ 995.
 - 2001 Jeep Cherokee \$4,295
 - 98 Oldsmobile Bravada \$3,500

PUBLIC NOTICE
 David Lee Tackett hereby declares intention(s) to apply for a retail beer by the drink license(s) no later than April 18th, 2009. The business to be licensed will be named Marlow's, and located at 11954 Hwy. 23, Harold, KY 41635.

The (owner(s); principal officers and directors; limited partners; or members are as follows: Owner, David Lee Tackett, 154 Cherry St., Harold, KY 41635. Any person, association, corporation, or body politic may protest the granting of the license(s) by writing the Office of Alcoholic Beverage Control, 1003 Twilight Trail, Frankfort, Ky. 40601-8400, within 30 days of the date of this legal publication.

PRESTONSBURG HEALTH CARE CENTER
 149 N. Highland Ave., Prestonsburg, KY 41653

ARE YOU LOOKING FOR A CAREER OPPORTUNITY?
 Would you like to be a part of the team that is changing the landscape of Long-Term Care, forever?
 Then we have a place for you!
 We currently are looking for full-time RNs for the 6 p.m. to 6 a.m. shift.
 We offer competitive wages and benefits.
 If you would like to make a difference in Long-Term Care, please call 606-886-2378.
 Resumes can be mailed to 149 N. Highland Ave., Prestonsburg, KY 41653, or email to calhoun@signaturehealthcarellc.com

1266 Mare Creek Road, Stanville
 Beautiful, well-maintained 3 bedroom, 2 bath bi-level home sits on 2.49 acres. Hardwood, cherry cabinets, and new wood fence surrounds inground pool. Excellent location between Pikeville & Prestonsburg, \$269,900. Call 478-8682 or 427-0611 to schedule an appointment.

HIGHLANDS CENTER FOR AUTISM
 Come grow with us !!
 Highlands Center for Autism in Prestonsburg Ky, is establishing a new, year-round, private day-school for children diagnosed with Autism Spectrum Disorder and is currently recruiting for a
 Coordinating Teacher
 Full-Time

The teacher is responsible for collaborating with the Center Director to design specific curricula to work toward each student's Individual Education Plan goals and to design and monitor individual and group programs. This position also provides support and direction for Classroom Behavior Therapist positions.
 The Coordinating Teacher is responsible for the student's daily safety, schedule and progress as well as their own professional growth.
 A Bachelor's Degree or higher in special education or a related field is required. Applicant must have a current Kentucky Teaching Certificate. One year experience working with children with autism is generally preferred. Ability to work independently as well as with families, and other professionals, self motivation, exceptional interpersonal skills, enthusiasm, and patience with the students are required. Performs other duties as assigned.
 * Nine (9) Paid Holidays * 401k Retirement Plan
 * Medical/Dental Insurance * Life Insurance
 Interested applicants may apply to the Human Resources Department Highland Regional Medical Center 5000 Kentucky Route 321, Prestonsburg, Ky 41653 (606) 886-7531 Fax (606) 886-7534 E-mail: tclark@hrmc.org
 Highlands is an equal opportunity employer.

HIGHLANDS CENTER FOR AUTISM
 Come grow with us !!

Highlands Center for Autism in Prestonsburg KY, is establishing a new, year-round, private day-school for children diagnosed with an autism spectrum disorder and is currently recruiting for a Contract position.
 Speech Language Pathologist
 Full-Time
 The ideal candidate will be responsible for implementing the organizational and the departmental mission, vision, and goals. Provides all aspects of direct patient care; administers evaluations; designs and carries out treatment plans; participates as a member of the patient's treatment team to facilitate service delivery; participates in the clinical education program, and provides caregiver education.
 Minimum qualifications include: Master's degree in Speech Language Pathology and has completion of a clinical rotation in pediatrics and/or physical medicine and rehabilitation. Pediatric experience preferred. Current KY Speech Language Pathology License. Certificate of clinical competence issued by the American Speech Language Hearing Association preferred. Ability to work independently, self motivation, enthusiasm and patience with the students are required. Performs other duties as assigned.
 Interested applicants may apply to the Human Resources Department Highland Regional Medical Center 5000 Kentucky Route 321 Prestonsburg, Ky 41653 (606) 886-7531 Fax (606) 886-7534 E-mail: tclark@hrmc.org
 Highlands is an equal opportunity employer.

***** JOB ANNOUNCEMENT *****
Youth Worksite Monitor
 (Full-Time Temporary Position)
 Big Sandy Area Community Action Program is seeking Worksite Monitors for the Summer Youth Program. Duties include, but are not limited to: monitoring participant progress by visiting all worksites on a weekly basis, reporting any worksite safety issues to appropriate personnel in a timely manner, assuring compliance with program plan, and distributing and collecting all timesheets.
 A high school diploma is required and previous experience working with youth is desired.
 The successful candidate must be 25 years of age and have the ability to apply program rules and objectives, have strong interpersonal skills and ability to work in a professional setting, excellent organizational and management skills with the ability to multi-task and problem solve, and maintain good working relationships with program staff. A valid driver's license and access to an automobile is required.
 Qualified applicants may submit a resume and letter of application to:
 Big Sandy Area Community Action Program, Inc.
 ATTN: Human Resources Manager
 230 Court Street, Paintsville, KY 41240
 Closing date for applications is Friday, April 3, 2009, at 4:30 p.m.
 An equal opportunity employer.

***** JOB ANNOUNCEMENT *****
Youth Site Supervisor
 (Full-Time Temporary Position)
 Big Sandy Area Community Action Program is seeking Site Supervisor for the Summer Youth Program. Duties include, but are not limited to: providing continuous supervision for assigned youth, ensuring safe conduct and appropriate behavior of working youth, demonstrating leadership and acting as a role model, and mentoring youth on employer expectations and workplace protocol.
 A high school diploma is required along with experience working with youth in a supervisory or mentoring capacity.
 The successful candidate must have the ability to apply work rules and the program's objectives, be able to describe the work to be performed to each youth, know what skills and abilities the youth need to perform their jobs, ability to explain and enforce work rules, ability to administer assigned daily programs in compliance with policies and procedures, and maintain good working relationships with program staff. A valid driver's license and access to an automobile is required.
 Qualified applicants may submit a resume and letter of application to:
 Big Sandy Area Community Action Program, Inc.
 ATTN: Human Resources Manager
 230 Court Street, Paintsville, KY 41240
 Closing date for applications is Friday, April 3, 2009, at 4:30 p.m.
 An equal opportunity employer.

Enjoy working with Computers? We have a position for you!
Citizens National Bank
 Position location: Paintsville, KY
Information Systems Support Specialist
 Starting Salary depends on Education and/or Experience
Education:
 Min. Associate's degree (A.A.), prefer Bachelor's degree or one yr. to two yrs. related experience and/or training; or equivalent combination of education and experience. Certifications in Business Computing, Networking, or Server Management.
Job Duties:
 Provides advanced technical services in a computer network environment and performs a full range of system administration functions with minimal direction and/or technical support.
 This position is full-time and comes with a complete package of paid benefits, including health, dental, vision, life and long-term disability insurance, paid vacation, and 401(k) retirement.
 Apply at any Citizens National Bank location
 Mail resumes to:
 P.O. Box 1488, 620 Broadway, Paintsville, KY 41240 (606) 789-4001
 Email resumes to: humanresources@cnbonline.com or www.cnbonline.com
Citizens NATIONAL BANK
 The bank for your life
 An Equal Employment Opportunity Employer

The Christian Appalachian Project, Inc., seeks qualified and interested persons to fill the following position:
Resident Assistant #2741
Sandy Valley Abuse Center
Floyd County
 Provides support and emergency services to victims of domestic violence and their eligible dependents; monitors shelter activities; children/adult support groups; advocacy and referrals; accepts new residents; maintains security and monitors 24-hour crisis line and business line. High school diploma or GED; 1 year of successful experience in a job-related field, or the equivalent combination of education and experience.
 CAP offers competitive pay and benefits.
 If interested and qualified, Please respond by April 1, 2009, to:
 Christian Appalachian Project
 Human Resources #2741
 322 Crab Orchard Street
 Lancaster, KY 40444
 twaters@chrisapp.org
 No phone calls accepted
 An Equal Opportunity Employer

Furniture, used appliances, living/bedroom suits, bunk beds, and lots more! Call 606-874-9790.

Real Estate Houses

House for lease. Located at Stone Crest. \$900 month. Serious inquiries only. For more information, call 606-434-1291 or 606-434-3646.

Notice of property for sale. Eight acres more or less property for sale at the mouth of Bull Creek and Meadows Branch. Located near the

Prestonsburg job core, near city water and sewerage. Approximately 1/2 acreage is level and out of the flood plane. Suitable for residential or commercial use. If interested contact 606-874-2330. Serious inquiries only.

City water: \$20,000. Call after 5:00 606-948-2785.

Office space for rent. 3,000 sq ft, 2 bath, 10 individual rooms suitable for professional office. Call 794-6204 for more information. Located on 1320 North Lake Drive, Prestonsburg, Ky. Downtown from Jernys.

Great location (3227 South Lake Dr.) close to entrance to Jenny Wiley State Park, 4 bed room, 2 bath, 1st floor hardwood / 2nd carpet with new roof. Can be residential or commercial. Call 886-6749 or 228-4215.

Houses for Rent

1 Br furnished apartment for rent. Washer and dryer included. No animals. \$425 monthly plus \$150 security deposit. Call 886-9297.

2br Mobile home with 3 acres of land for sale. Located in Corn Fork. Call 886-9297.

No down payment to qualified landowners. First time home buyers our specialty. FHA financing for limited time. Call to be pre-qualified. 877-310-2577.

Special FHA Finance Program \$0 Down if you own land or use family land. We own the bank - your approved. Call 886-597-2083.

2 br mobile home for rent. Located at Garrett. HUD approved. Call 432-9110.

Low Income Housing available. Social security or SSI. No problem! Call to apply. 606-864-0420.

LOTS FOR RENT Dwell Mobile home Park, off US 23 near Prestonsburg. Nice quiet community. Restrictions apply. 606-377-2357.

Save on auto insurance.

At Nationwide, we go the extra mile to save you money. That's why we offer a variety of auto premium discounts, including our multi-car discount, our safe driver discount, airbag discount and more. Call us and start saving money today.

Nationwide Is On Your Side!
Kimber McGuire
303 University Drive
Prestonsburg, Ky.
(606) 886-0008 (office)
(606) 886-9483 (fax)

Contemporary Medical Imaging Center
225 Church Street, Suite 206
Pikeville, Kentucky 41501
Announces
It will be closing for good.
All copies of exams must be picked up by April 18, 2009.
To obtain copies of an exam
Call toll free
(866) 472-6674, extension 2031

Sale or Lease
Lot for sale. 3 plus acres. Located in Knott County area. **Large older home** (approx. 1 acre).

Welding Positions Available
Excellent pay & benefits. Drug screen required. Call for appointment **606-285-9358**

PUBLIC NOTICE
Notice is hereby given that Ricky Layne of Prestonsburg, KY 41653, has filed an application with the Natural Resources and Environmental Protection Cabinet, to construct a storage building, located in the floodplain near the intersection of East Branhram Street and KY Route 1428, at latitude 37°40'21.89" N and longitude 82°46'34.50" W. Any comments or objections concerning this application shall be directed to: Kentucky Division of Water, Water Resources Branch, 200 Fair Oaks Lane, Fourth Floor, Frankfort Office Park, Frankfort, KY 40601. Phone: (502) 564-3410.

Rentals

APARTMENT

Town house apartment for rent 2 br, 1 1/2 bath, stove, fridge, dishwasher, hook up, city limits at US 23 & Hwy 80. \$650 mth plus utilities with \$300 deposit. No pets. 1yr lease. 606-237-4758.

Mobile Homes

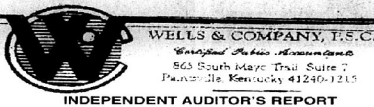
2 br, 2 full-bath mobile home for

NOTICE (OF FINAL SETTLEMENT)

COMMONWEALTH OF KENTUCKY
COUNTY OF FLOYD...SCT

I, Douglas Ray Hall, Clerk of the Floyd District Court, do hereby certify that the following settlements of estates have been filed in my office. Anyone desiring to take exceptions to said settlements must do so on or before April 25th, 2009, at 10:00 a.m.

Settlement	Case Number	Estate Of:	Fiduciary	Date Filed
Final	06-P-00038	James Hatcher Trimble II	Jeff Trimble	Feb. 23, 2009
Final	07-P-00010	Alva Spurlock	Kenneth H. Spurlock	Feb. 26, 2009
Final	07-P-00012	Lillian Irene Watson	Marsha Watson Hedrick	March 3, 2009
Final	07-P-00034	Marvin Ray Stratton	Sue B. Stratton	Feb. 25, 2009
Final	07-P-00050	James Edgar Allen	Violet Allen	Feb. 23, 2009
Final	07-P-000184	Michael Doyle Hall	Monica Hall	Feb. 27, 2009
Final	08-P-00301	John Grubb, Jr.	Louise Grubb	Feb. 27, 2009
Final	08-P-00340	Morgan McKinney	Nadine McKinney	March 11, 2009
Final	07-P-00300	Hubert C. Frye	Glenda Frye	March 9, 2009
Final	07-P-00086	Anthony Osborne	Samantha Osborne	March 11, 2009



INDEPENDENT AUDITOR'S REPORT

The Honorable Jerry S. Fannin, Mayor
Members of the City Council
City of Prestonsburg, Kentucky

We have audited the accompanying financial statements of the governmental activities, the business-type activities, each major fund, and the aggregate remaining fund information of the City of Prestonsburg, Kentucky, as of June 30, 2008, and the respective changes in financial position, and cash flow, where applicable, thereof for the year then ended in conformity with accounting principles generally accepted in the United States of America.

We conducted our audit in accordance with auditing standards generally accepted in the United States of America, and the standards applicable to financial audits contained in *Government Auditing Standards*, issued by the Comptroller General of the United States. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and the significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinions.

In our opinion the financial statements referred to above present fairly, in all material respects, the respective financial position of the governmental activities, the business-type activities, each major fund, and the aggregate remaining fund information of the City of Prestonsburg, Kentucky, as of June 30, 2008, and the respective changes in financial position, and cash flow, where applicable, thereof for the year then ended in conformity with accounting principles generally accepted in the United States of America.

In accordance with *Government Auditing Standards*, we have also issued our report dated March 9, 2009, on our consideration of the City of Prestonsburg, Kentucky's internal control over financial reporting and on our tests of its compliance with certain provisions of laws, regulations, contracts, and grant agreements and other matters. The purpose of that report is to describe the scope of our testing of internal control over financial reporting and compliance and the results of that testing and not to provide an opinion on the internal control over financial reporting and compliance. That report is an integral part of an audit performed in accordance with *Government Auditing Standards* and should be considered in assessing the results of our audit.

The City of Prestonsburg, Kentucky, has not presented the management's discussion and analysis that the Governmental Accounting Standards Board (GASB) has determined is necessary to supplement, although not required to be part of the basic financial statements. The Budgetary Comparison information is not a required part of the basic financial statement but is supplementary information required by GASB. We have applied certain limited procedures, which consisted principally of inquiries of management regarding the methods of measurement and presentation of the budgetary comparison information. However, we did not audit the information and express no opinion on it.

Our audit was conducted for the purpose of forming opinions on the financial statements that collectively comprise the City of Prestonsburg, Kentucky's basic financial statements. The accompanying supplemental information listed in the table of contents are presented for purposes of additional analysis and are not a required part of the basic financial statements. The accompanying supplemental information has been subjected to the auditing procedures applied in the audit of the basic financial statements and, in our opinion, are fairly stated in all material respects in relation to the basic financial statements taken as a whole.

Wells & Company, PSC
Certified Public Accountants
Paintsville, Kentucky
March 9, 2009

**CITY OF PRESTONSBURG, KENTUCKY
STATEMENT OF NET ASSETS
JUNE 30, 2008**

	Governmental Activities	Business-Type Activities	Total
ASSETS			
Cash and cash equivalents	\$ 989,977	\$ 172,444	\$ 1,162,421
Investments	-	58,977	58,977
Taxes receivable	686,301	-	686,301
Accounts receivable	-	19,924	19,924
Intergovernmental receivable	53,865	-	53,865
Other receivable	65,428	59,714	125,142
Due from Prestonsburg Park Board	68,902	-	68,902
Prepaid and other assets	368,416	59,659	428,077
Capital assets			
Land and construction-in-progress	694,700	200,000	894,700
Other capital assets, net of accumulated depreciation	19,719,739	600,255	20,319,994
Total Assets	22,647,330	1,170,973	23,818,303
LIABILITIES			
Accounts payable	156,272	75,341	231,613
Accrued wages and payroll taxes	3,832	7,592	11,424
Accrued retirement	32,734	7,003	39,737
Liability for compensated absences	49,121	30,536	79,657
Due to City of Prestonsburg General Fund	42,121	68,902	111,023
Deferred revenues	-	46,835	46,835
Line of credit	72,961	-	72,961
Other accrued liabilities	1,175	5,213	6,388
Long-term liabilities			
Due within one year	450,468	40,500	490,968
Due in more than one year	837,601	103,610	941,211
Total Liabilities	1,604,164	385,432	1,989,596
NET ASSETS			
Invested in capital assets, net of related debt	19,528,164	656,245	20,184,409
Restricted for: Other purposes	478,497	-	478,497
Unrestricted	1,036,505	129,296	1,165,801
Total Net Assets	\$21,043,166	\$785,541	\$21,828,707

The complete financial audit is available for review in the office of the City Clerk. Copies of the audit can be provided for a cost of \$.10 per page.

Holiday Pools, Inc.
YOU'VE SEEN THE REST... NOW EXPERIENCE THE BEST!
LARGE SELECTION OF AWARD WINNING SPAS
2973 Piedmont Rd. • Huntington • 429-4788
9-30-09 • 9-30-09

NOTICE OF ACTION COMMONWEALTH OF KENTUCKY FLOYD CIRCUIT COURT DIV. I C.A. No. 08-CI-1546
Big Branch Holding Company, LLC
Petitioner
vs.
Mont & Mima Ousley Heirs;
Sylvia Crum; Oscar Ousley Heirs; Biddy Prater Heirs; Nonnie Bradley Heirs; Sarah Ousley Heirs; Lisha Reffett Heirs; Lila Ousley Heirs; Lela Ousley Campbell Heirs; James Heirs of Sina Davis; Lee Bradley and Mary Lou Bradley; Mima Howard and Monroe Howard; Jennifer Lee Ousley; Donnie Ousley and Rebecca Ousley; Mary Emma Ousley; Barley Edward Ousley; Ronald Campbell; Joe Bradley and JoAnn Bradley; Lolla Lenamy; Leo Bradley and Mary Sue Bradley; Betty Reffitt; Harold Reffett; Sylvia F. Schneider; Nelva Hawks; Mona G. Ewalt; James L. Davis; Burchell Davis, Sr.; Virgil Davis; Elizabeth Ann Dyer; Jennifer L. Bolton; Regina Dyer; Destry K. Shepherd; Christian R. Shepherd; Douglas Shepherd; Claudene Rice and Jerry Rice; Lila DeRossett; Eva Marie Baldrige and Andrew Baldrige; Henry H. Reffitt; Herbert Dale Reffitt and Janice Reffitt; Loretta Martin and Jimmy D. Martin; Myrtle Reffitt; Arnold Ray Reffitt; Jeanetta Sue Boyer and Roger Boyer; Mont Campbell and Roxine Ousley; Adrian Bradley; Sally Rosellon; Bradley Kessie; James Andrew Bradley and Rose Marie Rife Bradley; Ronald Bradley and Jacki Lee Robinson Bradley; Johanna L. Bradley Silveus; Renis Baldrige and Arthur Baldrige; Judith Gunnels and Jesse Gunnels; Ida Mae Parker; Maggie Allen and Bill Allen; Thelma Prater and Connie Prater; Washington Miller; Rickey Bradley and Mary Bradley; James Prater and Vickie Prater; Ric Hernandez and Lori J. Hernandez; Kathryn Ousley Peoples; Sarah Ousley Rudder; April Ousley; Tommie Rast; Dorrnell Ousley; Mavis Spriggs; Alma Jean Kost; Wiley Ousley and Betty Ousley; Elton Ousley; Sheila Crowe; Renae Myrtle McCartney; Avela Lynch; Debra Click Walters; Beecher Ousley; Delano Ousley; Bonnie Ousley; Phyllis Ann Rice and Jack Rice; Donnie Ousley and Rebecca Ousley; Danny Ousley and Glenda Ousley; David Randall Ousley and Jennifer Lee Ousley; Dixie Adkins; Anna Braley; Arville Stone and Don Stone; Loretta Hurd and Jim Hurd; Arnold Ousley and Marceline Ousley; Darcus Barnette and Guy Barnette; Hermal Ousley and Rita Ousley; Dallas Ousley and Madgie Mae Ousley; Ila Dunlap and Willis Dunlap; Ray Reffitt; Eva Baldrige and Andrew Jack Baldrige; Juanita Bradford and Paul Bradford; Ina Mae Thornsbury; Gene Randall Frasure; Bill Reffitt; Dexter Reffitt; Ronnie Campbell and Peggy Campbell; Jeanie Caudill and James Caudill; Etta Scott; All unknown heirs of any of the above-named persons, and their unknown spouses.

Respondents
NOTICE OF PETITION REQUESTING SALE OF JOINTLY OWNED PROPERTY
I have been appointed by the Floyd Circuit Court to attempt to locate and notify heirs of Mont and Mima Ousley of an action pending in the Floyd Circuit Court that concerns the surface property on Wilson Branch and Spring Branch of Caney Fork of Middle Creek in Floyd County, Kentucky. The Petitioner, Big Branch Holding Company, LLC, owns a 2/11 undivided interest in this property, and the Mont and Mima Ousley heirs collectively own 9/11 undivided interest in this property. Big Branch Holding Company, LLC, is asking the court to sell this property because it cannot be divided among the many current owners (the petition lists in excess of 80 Mont and Mima Ousley Heirs) and because of its configuration. Please be aware that I am not your attorney. I was appointed only to notify you of this pending action. If you are an heir of Mont and Mima Ousley, or an heir of any of the persons named above, then you may need an attorney to answer this petition on your behalf. You may request a copy of the petition from the Floyd Circuit Clerk. If you choose to answer the petition yourself, you should mail it to (1) Floyd Circuit Clerk, Justice Center, 127 S. Lake Drive, Prestonsburg, Kentucky 41653, and (2) Martin L. Osborne, Counsel for the Petitioner, Osborne & Heberlin, 119 East Court Street, 2nd Floor, Prestonsburg, Kentucky 41653.
Thomas W. Moak, Warning Order Attorney

A13

LEGALS
NOTICE OF INTENTION

TO MINE
[T]
Pursuant to
Application
Number 836-
5493

BRANCH MANAGER
Floyd County Public Library

Responsible for the administration, planning, supervision, and operation of the Minnie Branch Library. Will work with all ages and community groups to develop library programs, collections, and outreach. BA/BS preferred. Minimum of one year of supervisory experience preferred. Must possess strong human relations skills, pull-time position. Wage negotiable and standard benefits package. Submit application by March 27th, to the Floyd County Public Library, Attn: Homer Hall, 161 North Arnold Ave., Prestonsburg, KY 41653-1269.



www.wrightwayconcrete.com

Wrightway Ready-Mix, LLC

is accepting applications for the following positions:
♦ **Mixer Truck Drivers** (with Class B. CDL)
Starting Pay Rate \$10.50-\$12.50 (Based on Driving Experience & Driving Record)
Excellent Working Environment with Top Pay & Benefits:
Health, Dental, Vision & 401K Retirement
Apply in Person, Fax, or Mail your resumé to:
Wrightway Ready-Mix, LLC
9430 US HWY 23 S, Pikeville, KY 41601
FAX: (606) 639-4482
(Office located South of Pikeville on US 23 on Casey Highway beside the Double Kwik)

PUBLIC NOTICE

Pursuant to KRS 231.040, application for a permit to operate a place of entertainment, has been made by Gregory Carroll. The name of the proposed business of entertainment is King of Clubs. The nature of the business will be Entertainment & Music, across from Our Lady of the Way Hospital, Martin, Ky. 41649. Pursuant to KRS 231.070, the Floyd County Attorney shall investigate whether the applicant lacks good moral character, or whether the applicant will obey the laws of the Commonwealth in the operation of the business, or whether the applicant, within the last two (2) years prior to the date of filing the application has been convicted in Kentucky of maintaining a public nuisance. Pursuant to KRS 231.080, any person desiring to operate the permits shall file with the County Clerk, no later than April 16, 2009, in writing, allegations that show cause as to why the application shall not be granted. Said written information shall be signed, dated and reflect the current address of said person providing the information. Pursuant to KRS 231.080, a hearing has been scheduled for April 16, 2009. At the hour of 2:30 p.m., or as soon thereafter as same can be heard before the Floyd County Judge-Executive, at the Floyd County Justice Center, 2nd floor, in Prestonsburg, Kentucky. The Floyd County Judge-Executive shall hear evidence in support of or in opposition to the granting of the permit.
HON. KEITH BARTLEY
FLOYD COUNTY ATTORNEY

Amendment
In accordance with KRS 350.070, notice is hereby given that FCDC Coal, Inc. amendment will add 0 acres of surface disturbance and will underlie an additional 105 acres making a total area of 798.76 acres within the

amended permit boundary. The proposed amendment area is approximately 0.25 miles Southeast from KY 979 S junction with Tinker Fork County Road and located 2 miles east of Big Mud Creek. The amendment will underlie land owned by Donald Ray & Alpha Jean Hamilton, Ernest Hamilton, Rodney & Sandra Howell, Freda Johnson, Mary Lou Bantley Howell, Elmer Hamilton and Larry & Betty Jo Tackett. The proposed amendment is located on the McDowell U.S.G.S. 7 1/2 minute quadrangle map. The amendment will not affect an area within 100 feet of any public road. The amendment will not involve relocation and/or closure of any public road. The amendment application has been filed for public inspection at the Department for Natural Resources Prestonsburg Regional Office, 3140 South Lake Drive Suite 6, Prestonsburg, KY 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Permits, Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

includes: backfilling, grading, fertilizing, seeding, and mulching, completed in December of 1991. Written comments, objections, and requests for a public hearing or informal conference must be filed with the Director, Division of Field Services, #2 Hudson Hollow, Frankfort, Kentucky 40601, by May 18, 2009. A public hearing on the application has been scheduled for May 19, 2009, at the Division of Mine Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, KY 41653-1410. The hearing will be canceled if no request for a hearing or informal conference is received by May 18, 2009.

Advertisement for Sealed Bids

Prestonsburg City's Utilities Commission is accepting sealed bids for the following:
Hot-mix blacktop patching and cold-mix blacktop patching for any Commission Specified Locations for the Period April 01, 2009, through December 15, 2009.
Bids for these services must be submitted on a per ton lay-down price with said price to include the blacktop materials and the utilization of the bidder/contractor's equipment.
Bidders are required to submit with their bids, proof of liability insurance in the amount of one million dollars (\$1,000,000).
Bids will be accepted through 3:00 p.m., on Friday, April 03, 2009, at which time the sealed bids will be opened. The winning bid will be announced as soon as possible after Commission management has examined all bids. Bids must be sealed and addressed as follows:
Mr. David M. Ellis, Superintendent
Prestonsburg City's Utilities Commission
2560 South Lake Drive
Prestonsburg, KY 41653
Prestonsburg City's Utilities Commission reserves the right to reject any or all bids.

NOTICE OF BOND RELEASE

In accordance with KRS 350.093, notice is hereby given that Richardson Fuel, Inc., P.O. Box 565, Betsy Layne, KY 41605, has applied for a Phase III Bond Release, on Increment Nos. 1, 2, 3, and 4 of Permit Number 836-0212, that was last issued on April 8, 1999. The application covers an area of approximately 143.9 acres, located 0.8 mile west of Northern, in Floyd County. The permit area is approximately 0.7 mile southwest from KY 550s junction with KY 850, and located 0.1 mile west of the Right Fork of Beaver Creek. The bond now in effect on Increment 1 is a surety bond for \$5,600; on Increment 2 is a surety bond for \$9,000; on Increment 3 is a surety bond for \$8,400; and on Increment 4 is a surety bond for \$3,100. Approximately 15% of the original bond amount of \$171,200.00 is included for release. Reclamation work performed

includes: backfilling, grading, fertilizing, seeding, and mulching, completed in December of 1991. Written comments, objections, and requests for a public hearing or informal conference must be filed with the Director, Division of Field Services, #2 Hudson Hollow, Frankfort, Kentucky 40601, by May 18, 2009. A public hearing on the application has been scheduled for May 19, 2009, at the Division of Mine Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, KY 41653-1410. The hearing will be canceled if no request for a hearing or informal conference is received by May 18, 2009.

PUBLIC NOTICE

To all natural gas customers of Auxier Road Gas Company, Inc.
To recognize a gas pipeline emergency:
(a) Natural gas has a distinct smell. Any odor of gas smell inside your home—immediately turn off appliances. Do NOT use phone. Do not use light fixtures. Leave home, and call the gas company. Do NOT re-enter your home until the gas company has made its inspection of all gas piping inside your home.
(b) Any smell of natural gas, or detection of leaks in any gas mains, regardless of its location, report immediately.
(c) To all persons, firms or corporations, or contractors: Before you commence any excavation, or related activities, in the town of Auxier, Cliff, Abbott, Rt. 321 N., and Rt. 3, CALL for locations of our gas mains and services.
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Low Income Home Energy Assistance Program Re-Opens for Applicants

Big Sandy Area Community Action Program is once again taking applications to help low income households with their home heating bills. The agency this week received notification that additional funding is being made available under the Low Income Home Energy Assistance Program (LIHEAP) to continue the Crisis portion of the program. The Crisis segment is designed to help poverty level households pay heating bills if they are in danger of losing their primary source of heat as a result of being unable to pay their bill. For a household to be considered in crisis, it must:
• be within four days of running out of their primary source of heat (coal, fuel oil, propane, kerosene, or wood); or
• have received a past due or disconnect notice (natural gas or electric); or
• be facing eviction for non-payment of rent if utilities are included in the rent.
Households who have already received the maximum benefits available under Crisis in 2009, will not be eligible for additional assistance.
For more information, contact the Big Sandy Area Community Action Program in your county. In Pike County (606) 432-2775; Martin County (606) 298-3217; Magoffin County (606) 349-2217; Johnson County (606) 789-5515, and in Floyd County (606) 886-2929. Applications will be taken on a first-come/first-serve basis.
THE LAST DAY TO APPLY IS MARCH 31, 2009.

Advertisement for Sealed Bids

Prestonsburg City's Utilities Commission is accepting sealed bids for the following:
Grass Cutting and Weed Trimming of All Specified Commission Locations for the Period April 01, 2009, through November 01, 2009.
A complete listing of the locations to be maintained may be picked up at the offices of Prestonsburg City's Utilities Commission at 2560 South Lake Drive, Prestonsburg, KY 41653, telephone (606) 886-6871.
Bids will be accepted through 7:00 p.m., on Friday, April 03, 2009, at which time the sealed bids will be opened. The winning bid will be announced as soon as possible after Commission management has examined all bids. Bids must be sealed and addressed as follows:
Mr. David M. Ellis, Superintendent
Prestonsburg City's Utilities Commission
2560 South Lake Drive
Prestonsburg, KY 41653
Prestonsburg City's Utilities Commission reserves the right to reject any or all bids.

APARTMENTS FOR RENT

2, 3, 4 Bedrooms available for extremely low-income people at Highland Heights Apts. (Cable-Roberts Addn., and Cliffside Apts., on Cliff Road, Prestonsburg). Computerized learning centers offer social/educational programs for children and adults. All utilities included at Highland Heights, utility allowance at Cliffside. Call (606) 886-0808, 886-1927, or 886-1819, TDD: 1-800-648-6056. Highland Heights and Cliffside Apts. programs do not discriminate in admission or employment in subsidized housing on account of race, color, national origin, sex, age, disability, religion and familial status.

LEGAL NOTICE NOTICE OF APPOINTMENT

COMMONWEALTH OF KENTUCKY
COUNTY OF FLOYD
I, Douglas Ray Hall, Clerk of the Floyd District Court, do hereby certify that the following persons have been appointed fiduciaries by the District Court. All persons indebted to an estate should settle with the fiduciary within six (6) months from the date of appointment.

Date of Appointment	Case Number	Estate of:	Fiduciary	Attorney
February 20, 2009	09-P-00064	Phoebe James S. Clark	Diana L. Patton	
February 20, 2009	09-P-00065	Olga K. Layne	James Larry Layne	
February 20, 2009	09-P-00066	Violet T. Moore	Bobbie L. Moore	
February 23, 2009	09-P-00067	Thomas Maryland Hale	Ben Hale & Kay Hale Ross	Martin L. Osborne
February 25, 2009	09-P-00074	James Edward Jarrell	Brenda Jay Jarrell	John Earl Hunt
February 26, 2009	09-P-00078	Eugene Hamilton	Larry D. Hamilton	
February 27, 2009	09-P-00079	Rickert Hale	Ruth Carol Hale	
March 3, 2009	09-P-00084	Belvie Stanley	Betty McKinney	
March 3, 2009	09-P-00086	Cora Branham	Ronnie Branham	Keith Bartley
March 3, 2009	09-P-00088	Tracy Young	Tracy Young	
March 5, 2009	09-P-00091	Hollie Conley	Danisa White & Judelle Conley	Barkley Turner Jr.
March 6, 2009	09-P-00093	Jimmy D. Reed	Richard Maggard	Arnold Sturges
March 6, 2009	09-P-00094	Barbara Ellen Williams	Paul David Williams	Lisa Stumbo
March 9, 2009	09-P-00095	Martha Roberts Williams	Laura Moore	
March 9, 2009	09-P-00098	Larry Douglas Tackett	Fiona Estella Tackett	
March 9, 2009	09-P-00097	Thomas C. May	Michael T. May & William F. May	
March 10, 2009	09-P-00098	Randall Garrett	Randall Scott Garrett	
March 10, 2009	09-P-00099	Thad Duff	Laura Elizabeth Duff & Gretchen Leigh Duff	
March 11 2009	09-P-00101	Harold Adkins	Shella Ann Baker & Tamara Lynn Adkins	
March 11, 2009	09-P-00102	Mary Adkins (Grum)	Shella Ann Baker & Tamara Lynn Adkins	
March 12, 2009	09-P-00103	In Re: Katana Reign Rhebekah Reichenbach	Guardian: Jason Charles Reichenbach	Jason Charles Reichenbach
March 16, 2009	09-P-00104	Billy Rettiff	Ira Rettiff	
March 13, 2009	09-P-00105	William H. Jarvis	Donna Jarvis & Lary D. Jarvis	
March 17, 2009	09-P-00107	Howard Meade	Glenna Stone	
March 17, 2009	09-P-00108	Hattie Reynolds	Doris Bates	
March 19, 2009	09-P-00383	Vernon Reynolds	Hattie Reynolds	
March 19, 2009	09-P-00112	Garfield Johnson	Kathryn Johnson	Thomas W. Moak
March 19, 2009	09-P-00111	Tammy Goble Miller	Calvin L. Miller	

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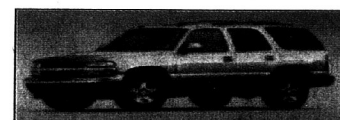
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YESTERDAYS

Items taken from The Floyd County Times, 20, 30, 40, 50, 60, 70 years ago. page B2

INSIDESTUFF

- Community Calendar • page B3
- Wedding • page B3
- Free health screening • page B5

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EVERYBODY'S SCIENCE

Mother Nature's nasty trick

by SANDY MILLER HAYS
AGRICULTURAL RESEARCH SERVICE

I'm not a huge fan of live theater, but I'll readily admit it: I have a permanent soft spot in my heart for Thornton Wilder's wonderful Pulitzer Prize-winning play "Our Town."

Although it got mixed reviews when it premiered in 1938, "Our Town" has become such a perennial favorite that it's said that on any given day, in a theater somewhere in the world, either a professional acting troupe or an amateur group is performing that play. I can readily believe it!

There are so many great lines in that play, but I've never forgotten the Stage Manager talking about the passage of time and the sneaky way aging creeps up on all of us—for example, how you might notice your heart beating a little harder as you race up the stairs in your house. (I think about that quite often as I climb the stairs at home.)

The truth is, we can all do—and get away with—things when we're younger that take a significantly more noticeable toll when we're a few years older. And now, it seems, indulging in fast food falls into that category. At least, that's the latest finding from the nutrition experts at the Agricultural Research Service (ARS).

That's right: A new ARS study shows that among U.S. men and

(See SCIENCE, page four)

POISON OAK

Who could have imagined?

by CLYDE PACK

I spent about half an hour in a doctor's crowded waiting room, last week, and noticed, something very telling about today's society. Sitting around me was the usual array of patients, appearing to range from teenagers to folks older than me. Nothing unusual, or telling about that, but what struck me was what they were doing while they waited.



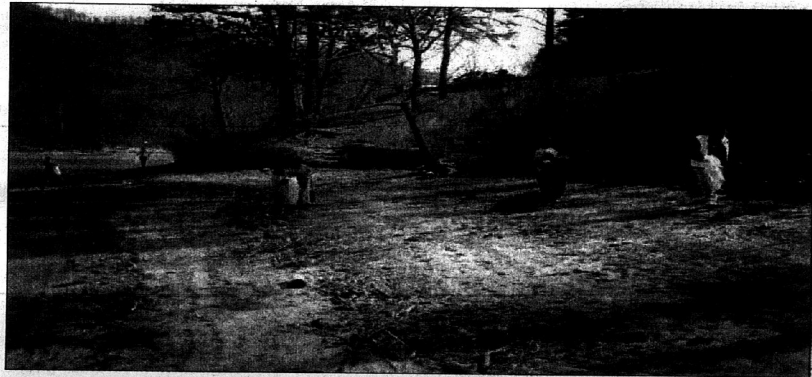
Clyde Pack

There was a time, and not that long ago, when most of them would have been staring at a two-or-three-year-old magazine—a bat-eared National Geographic on a People Magazine with some movie star's new baby on the cover. But that wasn't the case, last week. The magazines were there, all right, all stacked neatly on a little end table at the end of a row of chairs. But what was occupying most of the folks were their cell phones. At least three or four were fiddling—perhaps playing games, or maybe even texting someone—with their cell phones.

As Samuel F.B. Morris asked in the very first telegraph message back in 1844, "What hath God wrought?"

What indeed! Even a genius like Mr. Morris could never have imagined where communication technology would eventually lead. And neither could George Eastman ever have believed that while I was sitting there waiting my turn, one, or even all, of those with cell phones, could have taken my picture and sent it to any place on this

(See OAK, page five)



Hundreds of volunteers, such as these members of the Big Sandy Community and Technical College biology club, turned out Saturday for the annual "Operation Clean Sweep" at Jenny Wiley State Resort Park. photo by Ralph B. Davis

CLEAN SWEEP

Volunteers turn out for park's annual spring cleanup

by RALPH B. DAVIS
MANAGING EDITOR

Commentary

PRESTONSBURG — Jenny Wiley State Resort Park held its annual spring cleanup, "Operation Clean Sweep," over the weekend, bringing several hundred people from churches, scout troops, civic clubs and the general public out Saturday morning to pick up tons of trash from the roadside, shoreline and hillsides.

My family was among those taking part, but for us, it all began much earlier — Jan. 28, to be exact.

That was one day after this winter's ice storm, which left much of Eastern Kentucky crippled by fallen trees and power lines. We were among those who lost power, which also meant that we lost heat. With the house still somewhat warm from residual heat, we toughed it out the first night, but by the next morning we knew we would need another place to stay if power weren't restored. We waited until evening, to first see if the electricity would come back on. When it didn't, we began searching for a motel room, but "no vacancy" signs greeted us everywhere we looked.

Just as we were about to give up, my wife hit upon the idea of calling the park to see if rooms were available at May Lodge. As it turned out, the park had also lost power during the storm, getting it back only a couple of hours before my wife made that call. They had plenty of rooms available, and to make things even better, they were only charging ice storm refugees such as ourselves \$35 a night.

In this day and age, you often hear about businesses ratcheting up prices during an emergency, to take advantage of people when they have no other choice. I was very impressed, not to mention appreciative, that not only was the Lodge refusing that impulse, they were actually giving people a break when they needed it the most.

During the ice storm, the park turned out to be my family's savior. We ended up staying there three nights, until our power was restored, and I resolved that I would do anything in my power to repay the debt.

Fast-forward to a day at work a couple of weeks ago. I was reading over Jarrid Deaton's story about the upcoming cleanup at the park, when my earlier promise started ringing through my mind. This was some-



Before



After

thing I could do. More than that, this was something my family should do, having been the beneficiaries of the park's kindness.

And so, on Saturday morning, my wife and I woke bright and early, coaxed our two sons out of bed with nothing but the promise of a half-day of hard work, and away we went.

Now, having been in the newspaper business for nearly 17 years, I've attended quite a few community events such as this in the past, and most of the time the public's participation hasn't exactly been what you

would call impressive. I was expecting this to be no different and had anticipated that a few dozen people at most would show up.

To say I was surprised by the size of the crowd when we arrived would be an understatement. There were hundreds of people milling about the disc golf course — Cub Scouts, Boy Scouts, church groups, college and Job Corps students, and many more whose affiliations, if any, I couldn't readily ascertain. We made our way to the registration tables, signed up, snagged some spiffy t-shirts, listened to the safety talk and away we

went. We were assigned to an area by the mountain bike trails. At first, my wife and sons started heading up the trails while I walked along the road, picking up trash. Not finding a whole lot to pick up, I walked across the road, looked over the hill to the lake shore below and found a sight that both sickened me and gave my family a chore where we could do the most good.

Scattered and piled along the shore was the flotsam and jetsam cast off by those with wanton indifference for the environment. I summoned my family and we got to work.

Part of the problem could be seen in the hundreds of beer bottles, scores of liquor bottles and, most disturbingly, couple dozen prescription pill bottles we collected. But while it would be convenient to blame drunkenness for all the environmental irresponsibility we witnessed, it wouldn't be accurate. For all of the alcohol and drug bottles we collected, there were far more soda bottles, water bottles, cigarette butts and fast food containers. Some of the trash we found made a certain sort of sense — the discarded bait cups, the fishing tackle or the torn water toys, for example. Other things, however, seemed hopelessly out of place, like the wooden shipping pallet, the half-full can of gas or the water-filled tire, still on its corroded rim.

As I picked up the trash, I sometimes wondered if the items I was collecting had a story to tell. Were the football, basketball and tetherball, all found within 50 feet of each other, merely forgotten by a child, or was there a deeper story to tell? How exactly does a plastic chicken dinner plate, clear cover still attached, make its way 20 feet from the road, uphill, through trees and brush? Was the grouping of perfume and makeup bottles and worn cups arranged merely by chance, or is there a fisherwoman out there who believes in always looking her best?

We finished one little cove and, with plenty of time to spare, moved on to the next. This one, however, was much larger, and I was starting to doubt we could finish it before quitting time. Just then, I looked up the hill, toward a picnic area by the road, and saw a large group of peo-

(See CLEANUP, page five)

YESTERDAYS

(Items taken from
The Floyd County
Times,
10, 20, 30, 40, 50, 60,
70 years ago.)

Ten Years Ago

(March 19 and 24, 1999)

Orrin Gibson's pencil drawing, "Memories," lends its name to the exhibit of art by Krotz County Central High School students, now on display at the Mountain Arts Center.

US Congressman Hal Rogers plans to touch down here, Monday, to cheer on volunteers involved in Riverbank Cleanup at Prestonsburg Community College, as part of PRIDE Spring Cleanup. PCC will be Rogers' fifth helicopter stop of the day.

A settlement has been reached in a case involving the City of Martin's ongoing sewer problems. Roy and Eulene Ratliff and their daughter, Sherry Ratliff, have settled for \$42,500 over damage to their home when sewer lines backed up.

A town forum on technical education is set for March 25, at the Floyd County Area Technology Center at Garth.

Beginning next month, the staff of the Floyd County Health Department will make home visitations with parents-to-be and new parents, and help them learn how to juggle all the day-to-day routines of life with a baby. A joint venture between Morehead State University and the Kentucky Community and Technical College System, (KCTS) to make education more accessible to people in this region, is a step closer to reality.

Garrett Grocery was destroyed in a Tuesday morning blaze. Garrett, Wayland and Maytown fire departments responded to the fire, but lack of water pressure hampered the firefighters in their effort to save the business.

The Phelps branch of Matewan Bank was robbed, Wednesday morning, by a white male, armed with a handgun. The man fled the scene with an undetermined amount of cash.

Application for the 1999 program year for Leadership East Kentucky are now available. Prestonsburg Community College and the Central Kentucky Blood Center are sponsoring a blood drive on the campus tomorrow.

Following a meeting in Hazard, Friday, with Governor Paul Patton, US Housing Secretary Andrew Cuomo has offered to send a team of experts from his cabinet to eastern Kentucky to develop a plan to identify housing needs and meet housing goals.

"Making sense of Social Security. The new Social Security Law" will be discussed Wednesday, March 31, at 3 p.m., at the Pike Auditorium at Prestonsburg Community College.

In the first of a series of meetings that will be rotated throughout the county, the Floyd County Board of Education met in regular session at Betsy Layne High School on Monday night, where it learned that the Prestonsburg High School renovation project may need an additional \$240,000.

"We do not want our road in the county system," Judge Martin Hale repeated several times during the citizen comments period at Friday's meeting of the Floyd County Fiscal Court. The road at Drift, listed as Martin Drive Road on the fiscal court agenda, was built by her late father, Sherman Martin, Hale said, and the family does not want the county to have it.

The Floyd County Fiscal Court took the official step to reduce its indebtedness during last Friday's regular monthly meeting. County commissioners approved the second reading of an ordinance authorizing refinancing of general obligation bonds.

Prestonsburg Attorney James Douglas "Doug" Adams II, has been hired to head Floyd County's economic development effort. Adams got the nod, Friday, from the fiscal court to fill the position that was approved, last month, as Economic Development/Special Project Director.

There died: Megan LeAnn Adams, daughter of James Keith and Kimberly Renee Baldrige Adams of Prestonsburg, stillborn March 19, at

HRMC; Clara Burchett Campbell, 62, Monday, March 6, at her home in Louisville; Rev. Ralph Williamson, 79, of New Lexington, Ohio, formerly of Larado, W.Va., and Fords Branch, Thursday, March 11, at the Genesis-Good Samaritan Medical Center, Zanesville, Ohio; Cecil Conley, 77, of Martin, Thursday, March 18, at his residence; Ethel Elliott, 73, of Printer, Wednesday, March 17, at her residence; Anna Louise Grierson, 66, of Betsy Layne, Monday, March 15, at Pikeville Hospital; James L. (Bo) Sturgill, 35, of Kite, Thursday, March 11, at the McDowell ARH; Wilbia Johnson Royalty, 58, of Louisville, Monday, March 15, at Mt. Holly Nursing Center; Jimmy Wells, 66, of Weeksburg, Friday, March 19, at McDowell; David J. Rice, 58, of Hazard, formerly of Floyd County, Wednesday, March 17, in the Hazard ARH; Michel E. Ward, 78, of McDowell, Saturday, March 20, in Highlands Regional Medical Center; Jobie Tackett, 75, of Harold, Saturday, March 20, at Pikeville Methodist Hospital; Rev. Freddie Garrett, 72, of Prestonsburg, Friday, March 19, at Highlands Regional Medical Center; Glenn D. Click, 64, of Dwight, Illinois, formerly of Martin, Tuesday, March 16, at the Illinois, Illinois Hospital; Dorothy Irene Marshall, 79, of Middle Creek, Prestonsburg, Thursday, March 18, at Mountain Manor Nursing Home; Milford Bryant, 93, of Greensboro, North Carolina, formerly of Hat, Sunday, March 21, at Moses Cone Extended Care in Greensboro; Charles Edward Jarrell, 49, of Dana, Friday, March 19, at his residence; George Estep Jr., 80, of Albion, Michigan, formerly of Langley, Friday, March 19, at his residence; Halter Collins, 84, of Melvin, Friday, March 19, at Central Baptist Hospital; Jackie Powers, 58, of Leander, Friday, March 19, at U.K. Medical Center; Ruth Edna Hicks, 72, of Elizabethtown, Sunday, March 21, at her residence; Homer P. Reynolds, 72, of Tuesday, Thursday, March 18, at Central Baptist Hospital, Lexington; Martha Jones Vaughn, 78, of Prestonsburg, March 20, at H.R.M.C.

Twenty Years Ago

(March 22, 1989)

Another 35,000 Kentucky food stamp recipients—including a large number in Floyd County—are being enrolled in a state program designed to help them move past barriers that have previously tied them to the welfare system. Principals of all Floyd County high schools have been contacted by school district officials, in connection with reported unruly and inappropriate behavior during the recent district and regional basketball tournaments in Prestonsburg.

Kentucky First Lady Martha Wilkinson will be the featured guest at the annual Literacy Luncheon at the Prestonsburg Holiday Inn. Two Pike County sections of US 23 will be put out to bid in the coming three months, Gov. Wallace Wilkinson announced in Pikeville Thursday.

There died: Adron O. Anderson, 76, of Lebanon, Ohio, March 15, in Ohio; Ernest L. Blanton, 48, of Michigan, March 9, at his home; Rodney Click, 49, of Ohio, March 14, in Ohio; Dewey Gibson Jr., 65, of Kite, Friday, March 17, at Hazard ARMC; Arnold Fitch, 75, of Wayland, March 17, at Pikeville Methodist Hospital; Delton Daniels, 23, of McDowell, March 18, at his residence; Red Collins, 74, of Ivel, March 17, at Pikeville Methodist Hospital; Nannie Lou Adkins Goble, 73, of Ivel, March 15, at the Williamson Appalachian Regional Hospital; Evelyn Clark Goebel, 87, of Prestonsburg, March 15, at Riverview Manor Nursing Home; Hayden Howell, 86, of Harold, March 18, at Highlands Regional Medical Center; Willie Hamilton, 91, of New London, Ohio, March 16, at Samaritan Hospital in Ashland, Ohio; Maudie Moore, 71, of Pyramid, March 15, at her residence; and Lawrence Wallen, 68, of Garrett, March 14, at Pikeville

Methodist Hospital.

Thirty-One Years Ago

(March 22, 1978)

Added flood protection for most of Prestonsburg was promised, this week, as work was begun to install a fourth water pump at the city floodwall.

Miners were getting their first briefings early this week on the new contract which, if approved, could end the current 106-day-old coal strike, the longest in the history of the industry.

Mr. and Mrs. Paul Ritchie of the Town Center Housing Project, at Martin, were honored recently by the American Red Cross as a result of the couple's extraordinary service to victims of the disastrous flooding of last April.

With the midnight March 22 strike deadline uncomfortably near, negotiations for a new contract continued Tuesday and Wednesday. There died: Willie N. Samons, 85, of Martin, Wednesday, at Highlands Regional Medical Center; James Schmidt, 69, February 18, at Highlands Regional Medical Center; Dave Hall, 76, of Wheelwright, Wednesday, at his home; James Robert Fuller, 68, of Wheelwright, March 15, at the McDowell Appalachian Regional Hospital; Charles Stanley, 74, of Emma, Tuesday, at his home; Preston Taulby Rice, 91, of Price, Sunday, at McDowell Appalachian Regional Hospital; John Bascom Kendrick, 57, formerly of Floyd County, Friday night, in an automobile accident in Michigan.

(March 21, 1968)

No construction contract on US 23, south of Prestonsburg, is expected this year, a highways department spokesman at Frankfort said this week.

Almost complete, and already housing some machinery, is the million-dollar U.S. Shoe Company plant near Lancer.

Neighborhood Youth Corps students are attending school more regularly than others in the county, and more than a third of them have improved grades, NYC director Estill Hall reported to the Floyd County Board of Education, at the end of the first semester.

Floyd County Republicans will elect precinct chairmen and chairwomen, Saturday afternoon, and divergent factions of the party will go about the election in different ways.

Married: Mrs. Sue Lafferty, of Water Gap, and Wendell Wells, of Lancer, March 9, at Clintwood, Va.; Miss Sarah Kaye Hall, of Buckingham, and Jerry Simpson of Wheelwright, Jan. 20, at the Wheelwright First Baptist Church.

Born to: Mr. and Mrs. Jack Stephens, a son, March 12.

There died: Lonnie Robinson, 76, formerly of Prestonsburg, Monday, at La Grange, Ky.; Mrs. Virgie Alice Ward, 73, of Drift, Monday, at the McDowell Appalachian Regional Hospital; Edna Mae Gibson, 21, Floyd County native, Saturday, at Wyandotte, Mich.; Mrs. Ollie Hall, 74, formerly of Galveston, Wednesday, at Lorain, Ohio.

Fifty-One Years Ago

(See YESTERDAYS, page four)

Forty-One Years Ago

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UK KENTUCKY College of Agriculture

2009 Home & Garden Expo

Saturday, March 28, 2009

Jenny Wiley State Park Convention Center

The Home & Garden Expo features various sections with on-going Home & Garden presentations and demonstrations. There is an area showcasing products and services of area businesses and question and answer booths with free literature on many topics. You and your family can also have fun with "hands-on" youth and family activities. There are free herb, vegetable, and flower seeds available to all participants. Come enjoy, have fun, and learn!

For dates beyond 2009 call (606) 886-2668.

UK Ag UK Ag HES

Educational programs of Kentucky Cooperative Extension Service are provided regardless of race, color, or sex. No discrimination in the provision of educational programs. Cooperative Extension Service is an equal opportunity institution.

B3

Community Calendar

Calendar items will be printed as space permits

Editor's note: To announce your community event, you may hand-deliver your item to The Floyd County Times office, located at 263 S. Central Avenue, Prestonsburg, or mail to: The Floyd County Times, P.O. Box 390, Prestonsburg, KY 41653; or fax to 606-886-3603; or email to: features@floydcountytimes.com. Information will not be taken over the telephone. All items will be placed on a first-come, first-served basis as space permits.

PHS Class of 1969 to hold class reunion
The Prestonsburg High School class of 1969 will hold a class reunion on September 5, at Jenny Wiley State Park, May Lodge. Dinner will be from 6 p.m. to 8 p.m., in the dining room in lower level. The reunion will be upstairs behind check-in desk at lobby, from 5 till 11:30 p.m. Hope everyone will be able to attend. P.S., If reservations are needed, or the number for May Lodge is 1-800-325-0142.

Higher education begins here
The Kentucky Adult Education Learning for Life program offers GED, Adult Learning, Tutoring and College Preparation classes. These classes are managed by Big Sandy Community & Technical College. All classes are free to anyone 16 years old or older.
Along with GED preparation, we offer adult learning, tutoring and college preparation for people who have high school diplomas or GED equivalent who want to continue their education. The (GED) classes

are offered at various locations throughout Floyd County five days a week, from 8 a.m.-4:30 p.m. Evening classes are also available from 5-8 p.m. at some locations. There are no registration fees, all classes and materials are free.
For more information about the times and locations of these classes, call 606-886-7397, between 8 a.m. and 4:30 p.m., Monday through Friday. Information about home study for your GED is also available. Please call today, our instructors are waiting to assist you!

Martin Eastern Star Easter Egg Hunt
Sponsored by the Eastern Star of Martin, Saturday, April 4, at 1 p.m., at the Elk Horn Park (Floyd County) off of Rt. 680, ages 0-11. Prizes, free food. For more information, call 606-377-6658.

Highlands Regional Medical Center Community Calendar April 2009

Bariatric Program
April 1st
Meeting Place B, Highlands Medical Office Building, 6p.m. - 7p.m.

GED Classes
April 1st, 6th, 8th, 13th, 15th, 20th, 22nd, 27th, 29th
Floyd Room, Highlands Regional Medical Center, 8:00 a.m. - 12:30 p.m.

GED Classes
April 7th, 14th, 21st, 28th
Floyd Room, Highlands Regional Medical Center, 6:00 p.m. - 7:00 p.m.

Veterans Administration
April 10th
Meeting Rooms A & B, Highlands Medical Office Building, 10:00 a.m. - 12:00 p.m.

Senior Advantage
April 14th
Meeting Rooms A & B, Highlands Medical Office Building, 9:30 a.m. - 11:00 a.m.

Diabetes Education
April 18th
Meeting Rooms A & B, Highlands Medical Office Building, 8:00 a.m. - 1:00 p.m.

Blood Drive
April 30th
Meeting Rooms A & B, Highlands Medical Office Building, 8:00 a.m. - 5:00 p.m.
For more information concerning the support groups, please contact: Highlands Educational Services Department at 1-606-886-7424.

KCDHH to hold Town Hall Meeting, Saturday, March 21
Kentucky Commission on the Deaf and Hard of Hearing (KCDHH), will have a Town Hall meeting in Prestonsburg, Saturday, March 21st, from 1-3 p.m., at Big Sandy Development District Office, 110 Resource Court.
This is open to parents of Hearing impaired children and the Deaf and Hard of Hearing people who would like to speak up or hear what others need to say about south eastern Kentucky being lack of resources for all-home, work-daily bases and education. Food and drinks will be provided from KCDHH, Kentucky Association of the Deaf, South Eastern Kentucky Deaf Community and All Terrain Kentucky Deaf Outlaw Riders & Campers.
www.kcdhh.org

Floyd County Luncheon programs Garden Pro Series
Location: Floyd County Extension Service, 921 South Lake Drive, Prestonsburg, (across from Brad Hughes Toyota).
Time: All sessions will be from 12-1 p.m. Lunch will be provided.
Topics: March 19—Home Gardens
March 26—Home Fruit Production

April 2—Installing & Maintaining the Home Landscape
April 9—Home Lawns
The purpose of this program is to help residents gain the knowledge and skills needed to maintain the home lawn, garden, and landscape.

Photo Preservation Workshop
March 26 at 6 p.m., at the Maytown Community Center, Langley. Taught by Theresa Scott, County Extension Agent for family and consumer services. Learn how to preserve your family memories using creativity and basic technology to be able to share photos with many generations of family and friends. Workshop is free, but you must call to register. Call Theresa Scott at 886-2565 or Dan Chauncy at 285-0539/285/9080 to register.
Workshop is sponsored by the University of Kentucky Cooperative Extension Service and the Maytown Community Center.

Newbee's Quilt Group
Mark your calendars! This is a new year for the Newbee's Quilt Group. Everyone is welcome, as we are all "new bees" in the world of quilting. Newbee's starts again on March 26 from 6-8 p.m., at the Extension Office. This year we start a new adventure: a Mystery Quilt will be a traditional pattern however, you will have no idea what it looks like until the sixth clue. Please call the Extension Office for a full supply list at 886-2668, and to confirm your attendance.

Gospel music
An evening of gospel music featuring Michael Combs and the Barrett Family, Friday, March 27, at the Mountain Arts Center in Prestonsburg at 7 p.m. For ticket information, contact 1-888-622-2787.

Reunion/Memorial to be held in 2010
Old House Hollow, "Bristle

Buck", East McDowell, to be held in 2010. For information, send a post card to 47 Frasure Creek Road, McDowell, KY 41647, or e-mail: patria466@hotmail.com; also Post Card, P.O. Box 431, McDowell, KY 41647.

Education series planned for Alzheimer's sufferers
The UK Sanders-Brown Center on Aging, Alzheimer's Association, Pikeville Medical Center and the Kentucky TeleHealth Network present: Education series for family members and friends of those who suffer from memory disorders. All programs are on Thursdays, 6:30-8:00 p.m.

April 22, 2009
* Ask the experts; a general Q & A for your issues!
* Our expert panel includes expertise in neurology, psychiatry, social work and the experts at the Alzheimer's Association.
July 23, 2009
* Dying with dignity: Late-stage dementia care and end-of-life issues

* Palliative medical and behavioral care approaches
Registration is mandatory. Please confirm your attendance by registering with the Alzheimer's Association at 800-272-3900. Sites without registrants will cancel their participation in this event.

Your community location is: Pikeville Medical Center Library, Brenda Burgess, 626-427-3931.

Auxiliary Community Center
Free GED classes, Monday, Tuesday and Wednesday, from 10 a.m.-12.

Autistic Children Support Group plans monthly meeting
Support group for Guardians of Autistic Children will meet the first Thursday of every month at the Haven of Rest, 1601 Airport Road, Inez, Call 606-298-0520 for information.

Outreach Ministry, P.O. Box 3371, Kingsport, TN 37664. Lessons completely free of charge to all interested.

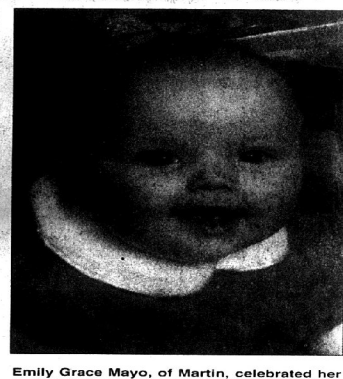
Have an 'Out of this World' birthday party!
The East Kentucky Science Center is now offering a fun and distinctive party venue for kids of all ages. The Birthday Party package includes rental of a classroom and admission to exhibits and planetarium programs. Must be booked two weeks in advance; limit 40 guests. Call 889-0303 for more information.

Need Help With Home Repairs?
The Auxier Lifetime Learning Center can help! We are now taking applications for home repairs. If you, or someone you know, are low income and need help with repairs on your home, please call 606-886-0709 for your application, or stop by our office at 21 South River Street, Auxier. Office Hours: Monday-Friday, 8-4.

Democratic Woman's Club meets at May Lodge
The Floyd County Democratic Woman's Club meets the second Monday of each month at 6:00 p.m., at the May Lodge, Jenny Wiley State Park.

Annual Married Couples Retreat At Camp Nathaniel
Camp Nathaniel in Emmanuela, will host its 18th Annual Married Couples Retreat on April 24-25. We will visit "The University of Matrimony" for a weekend of fun, food and fellowship. The cost for the weekend is \$75.00 and includes all meals. Registration is required by April 19. You may call Camp Nathaniel at 251-2231 for more information or download a brochure from our website, www.campnathaniel.org and click on "Family and Adults."

Free Bible Lessons
Write to: Bible Way (See CALENDAR, page four)



James Reed and Karl Brown were united in marriage on March 1. James is the son of Arnold Reed, of Inez, and Stephanie Maynard, of Tomahawk. Karl is the daughter of the late Edgell and Glenna Brown, of Garrett, and the biological daughter of the late Kathy Brown, of Garrett, and Greg King, of New Carlisle, OH.

Emily Grace Mayo, of Martin, celebrated her first birthday on March 19. A party was held on March 21 at the Prestonsburg McDonalds. Emily is the daughter of Matthew Mayo and Shanna Shepherd, and the paternal granddaughter of Johnny and Sheila Mayo, and the maternal granddaughter of Truman Shepherd and Debbie Allen. She also has one big brother, Logan McKenzie.



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HELP KEEP PRESTONSBURG CLEAN

PRESTONSBURG HARD TRASH PICK-UP
April 6th - April 17th




* City Limits only
* Call-in your order (Apr 1st - Apr 17th)
* No paint cans, oil, tires or batteries
* Only one pick-up load per household

P.R.I.D.E. ROADSIDE SPRING CLEAN-UP
April 11th at 8:00am



* Free t-shirts, gloves & bags while supplies last
* Free pizza party after pick-up
* All volunteers will meet at City Hall on Apr 11th
* Special appearance by Cng Hal Rogers Apr 15th

PRESTONSBURG RECYCLING
Every WED or THU morning



* We accept Cardboard, Newspaper and Aluminum Cans only
* Must be placed in clear bags by curb
* Free bags available at City Hall

In just three years, CITYWIDE PRIDE has picked-up 265 TONS of trash!

Need more information? Want to help your community? Need to call-in your orders? Need supplies? Call Brent Graden at City Hall at 886-886-2338. Help us keep the City of Prestonsburg clean everyday!

Calendar

Continued from p3

Need help with addiction?
 Lifeline of Floyd County "Conquer Your Dependency" is a Christ-centered 12-step program offering support to those who are coping with addiction and learning to live drug-free lives. The support group meets on the following schedule:
 Mondays, at Minnie (beside pharmacy), from 7-8 p.m.
 Mondays, at Little Mud, Spruce Pine School, from 7-8 p.m.
 Tuesdays, in Prestonsburg, in the Van Ark Building, from 2-3 p.m.
 Tuesdays, at David, The

David School, from 3:30-4:30 p.m.
 Wednesdays, at Allen Baptist Church, from 7-8 p.m.
 Thursdays, at Allen Baptist Church, from 7-8 p.m.
 For more information, call Shirley Combs at (606) 434-8400, or Tom Nelson at (606) 478-2836.
Hope in the Mountains
 Hope in the Mountains will host public meetings on Mondays, at 9 a.m., at the junction of U.S. 23 and Rt. 80, on Water Gap Rd., behind the Trimber Chapel Church.
 Meetings focus will be to offer information in regard to

community resources available to women seeking freedom from drug abuse. Family members are also welcome to attend. The Hope initiative proposes to help women break free from addictive lifestyles to become self-respecting contributing members of society.
 Call 874-2008 or 788-1006 for more information.

Prestonsburg Rotary Club
 Prestonsburg Rotary Club meets, 12 noon to 1 p.m., at Made From Country at Heart. For additional information, contact Chris Daniel, 886-7354.

UNITE
 The UNITE coalition of Floyd County will meet on the fourth Thursday of each month, at 5:30 p.m., at the New Allen Baptist Church. All interested persons welcome to join UNITE's fight against drugs.
 "Living Free": A support group sponsored by the Floyd County UNITE Coalition. Group will meet weekly at the old Allen Baptist Church, on US 23 N., between Allen and Banner, on Tuesdays, at 1:15 p.m.
 "Living Free" is a faith-based 12-step support group open to all who are searching for recovery. There is no fee to attend. For more info, contact Shirley Combs at 874-3388 or 434-8400.

4:30-8:30 p.m. Contact Andy Jones at 606-788-7880, or 800-443-2187, ext. 186, or Linda Bell, at ext. 160 to make an appointment.
 GED classes are also available.

Floyd County Extension Homemakers Club Meetings
 Allen: 1st Monday, 11 a.m., at Christ United Methodist Church Fellowship Hall.
 Dixie: 3rd Thursday, 12:30 p.m., Dixie Community Room.
 David: 1st Monday, 1 p.m., at St. Vincent's Mission.
 Martin: 1st Tuesday, 6 p.m., Martin Church of Christ.
 Maytown: 3rd Thursday, 6 p.m., Maytown Learning Center.
 Cliff: 3rd Tuesday, 12 p.m., Community Center.

Prestonsburg: 2nd Tuesday, 10:30 a.m., Extension Office.
South Prestonsburg: 3rd Tuesday, 7 p.m., Home of members (call 886-2668 for info).
Left Beaver: 2nd Tuesday, 10:30 a.m., Osborne Elem. School Library.

Special interest groups:
Nimble Thimble Quilt Guild: 1st/3rd Wednesdays, 10 a.m. to 2 p.m., Extension Office.
Newbies Quilt Group: 4th Thursday, 6 p.m., Extension Office. (The Newbies do not meet during the months of January and February.)

Looking for a Support Group?
Floyd County Alzheimer's Support Group meets regularly at Riverview Manor Healthcare Center. Call the center for meeting times.
Domestic Violence Support Group - The Big Sandy Family Abuse Center holds meetings each Tuesday from 5:30 to 6:30 p.m. The meetings are free of charge. Call 886-6025 for more information.

Overeater's Anonymous - Meetings held each Wednesday at 6:30 p.m., at the old Allen Baptist Church, located in Allen, just past Red Hill. Call 889-9620 for more info.
US TOO! Prostate Cancer

Survivors Support Group - For all men with prostate cancer and their families. Group meets the 3rd Thursday of each month, at 6 p.m., at the Ramada Inn, Paintsville.
Community Weight Loss Support Group - Meets Thursdays at 6:30 p.m., at the Martin Community Center. For more info., call 377-6658. Those who have had gastric bypass surgery most especially welcome to attend. Meetings being offered as support to anyone needing extra support in dealing with weight loss.

Domestic Violence Hotline - 24-hour Crisis Line manned by Certified Domestic Violence counselors. Call 886-6025, or 1-800-649-6605. Remember, "Love Doesn't Have to Hurt."
Disabled? - You may be eligible for grant money to assist in your daily living. For an application or more information, call 886-4326.
A.S.K. (Adoption Support for Kentucky) - Support group for all adoptive parents (public, private, international, and kinship care), foster parents and all others interested in adoption. To be held the first Monday of each month, at the Department for Community Based Services office, 1009 North Lake Drive, Prestonsburg, from 6-8 p.m. Childcare will not be provided. For more information, contact Dendra Stone, adoptive parent liaison, at 432-4110 or 422-7927, or email to: doslone@eastky.net.

PARENTS! - Contact the Big Sandy Area Community Action Program, Inc. to find out about child care services in your area, the STARS for KIDS NOW licensing standards program, and how you can earn an income by staying home with your own children while caring for the children of others. Find out more by calling Cheryl Endicott at 886-1280, or 888-872-7227 (toll free).
East Kentucky S.T.A.R.S. Homeschoolers - Will hold monthly meetings at the Paintsville Recreation Center. For more information, call Trudy at 889-9353, or 297-5147. Everyone welcome.

Science

women aged 31 to 50, obtaining a greater proportion of their total calories from conventional fast-food restaurants was associated with a higher BMI, or body mass index.
 In case you're not familiar with the BMI, it's a ratio of weight to height that's used to gauge body fat in adults. You really should find out what your personal BMI is, and know what your score means.
 According to the U.S. Department of Health and Human Services (HHS), a BMI of less than 18.5 in an adult man or woman would be considered "underweight." If your BMI is 18.5 to 24.9, you're at a normal weight. A BMI of 25 to 29.9 would be considered "overweight," and a BMI of 30 or higher is considered "obese." You can calculate your BMI with a handy calculator provided on-line by HHS at nhlbiupport.com/bmi/.
 To uncover the awful truth about fast food and BMI in older men and women, the ARS nutrition experts analyzed the eating habits of more than 2,000 volunteers aged 19 to 50. The analysis was based on responses collected from the volunteers for two 24-hour food intake periods. The

responses were part of the national food intake survey, "What We Eat in America," which is a component of the National Health and Nutrition Examination Survey, better known as NHANES.
 In NHANES and in the ARS study, "fast foods" were defined as all foods that survey respondents said they obtained from fast-food and pizza establishments that didn't have waiters or waitresses—including carryout, delivery and drive-through service. The nutritionists calculated the total calorie intake and the percentage of calories derived from fast-food sources by the respondents, who were selected to be representative of the U.S. population as a whole.
 Here's where Mother Nature plays her nasty trick on us. The study showed that the significant relationship between BMI and fast-food intake that was seen among the 31- to 50-year age group was not seen among the 894 volunteers who were in the 19- to 30-year age group.
 The researchers also found that the survey respondents who obtained a larger percentage of their calories from fast food also consumed higher

levels of "discretionary calories" overall. There's a great explanation of discretionary calories online at http://www.mypyramid.gov/pyramid/discretionary_calories.html.
 But if you don't want the full explanation, here's a short-and-sweet one: Your body needs a certain number of calories simply to run. But you can "spend" a few extra calories treating yourself to fats, sugars and alcohol; those are the discretionary calories. Everybody's entitled to some discretionary calories, but don't get too excited: Most folks' discretionary calorie allowances are only 100 to 300 calories, especially if you're not physically active.
 The bottom line: The more miles you have on your body's odometer, the more those fast foods will turn up as an unwanted "spare tire." Life can be so unfair!

The Agricultural Research Service is the chief in-house scientific research agency of the U.S. Department of Agriculture. You can read more about ARS discoveries at <http://www.ars.usda.gov/news>.

Yesterdays

(March 20, 1958)

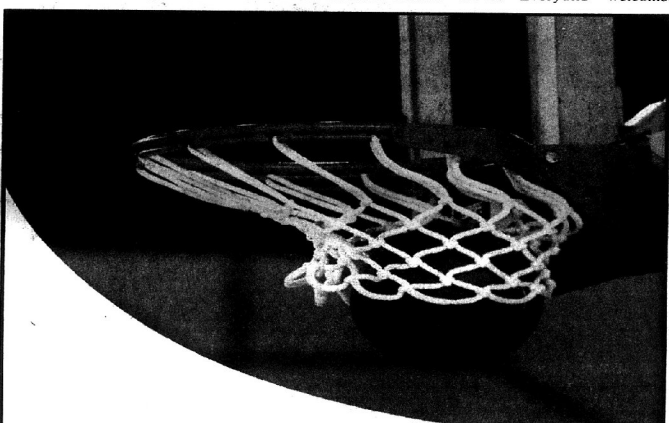
Dragging and night-and-day watching of the Big Sandy River had, as of Tuesday afternoon, for the 14th day of operations by National Guardsmen, special rescue teams and volunteer searchers, failed to recover any of the bodies of seven children missing after the Feb. 28 school bus tragedy near Lancer.
 The meeting of Floyd citizens who say they are determined to rid themselves of excessive gas bills shifted from Allen, Monday night, to Garrett, where 92 residents of Garrett and 1 from the Allen-Dwale community, conferred on the problem.
 A 40-day quarantine of dogs in Prestonsburg, effective Tuesday, was voted by the City Council, at a meeting Monday night. The action was taken as it was suspected that several dogs may be rabid in the vicinity.
 Representatives of four Floyd coal companies, last Sunday afternoon, promised their cooperation with the Floyd County Fish & Game Club in its aims to eliminate the pollution which has badly affected certain streams in recent months.
 Married: Miss Doris Ann Stapleton, of Lancer, and A. E. Francis, of Prestonsburg, March 7, at David.
 There died: Mrs. Armita Horne, 85, of Prestonsburg, Saturday, at the Prestonsburg General Hospital; Mrs. Fannie May Lafferty Childers, 18, Monday, at the home of her mother at West Prestonsburg; Harrison Johnson, 22, Saturday, at his home at Bevinville; Preston Hall, 74, of Teaberry, Monday, at the Beaver Valley Hospital, Martin; Mrs. Cynthia Williams, 96, Saturday, at the home of a son at Harold; Mrs. Doris Ann Taylor Walker, 22, of St. Mary's Ohio, formerly of Martin, last Thursday, in Ohio; Mrs. Margaret Hamilton, 81, Saturday, at the home of a son, at Teaberry; Mrs. Janet M. Musick, 28, formerly of Auxier, last Thursday, at her home in Norfolk, Virginia.

Sixty-One Years Ago
 (March 25, 1948)

President Truman set the Taft-Hartley law in motion, Tuesday, in an effort to end the coal mine shutdown which is in its second week.
 The Floyd and Knott County Bar Associations are planning a suit attacking the constitutionality of the redistricting bill enacted recently by the General Assembly, severing the Floyd-Knott judicial district, it was said here this week.
 Columbus Johnson, 26-year-old Risner veteran of the fighting in Europe, was fatally injured Saturday night, when his head was said to have hit the side of a truck as he leaned out the door of a jeep on the Middle Creek road, near Blue River.
 Georgia Ann Damron, 13-months-old

daughter of Mr. and Mrs. Erman Damron of Ivel, died Sunday, at Prestonsburg General Hospital, of burns suffered two days earlier, when she pulled a pan of scalding water onto her at the Damron home.
 One of a flight of five army fighter planes out of Lockbourne Air Base, Columbus, Ohio, crashed near Van Lear during last Saturday morning's storm, and its pilot, Lt. Harry T. Stewart Jr., veteran of the Mediterranean war theater, parachuted to safety, escaping with minor injuries.
 Married: Miss Virginia Collins, of Martin, and Don Meade of Hi Hat, March 20.
 Born to Mr. and Mrs. Bernard Tackett, a daughter, Margaret Elizabeth, March 19, at the Methodist Hospital, Pikeville, to Mr. and Mrs. Oliver Williamson, of Betsy Layne, a daughter, Judy Ray; to Mr. and Mrs. Guy Akers, of Betsy Layne, a daughter, Ida Lee; to Mr. and Mrs. Woodrow Claffins, of David, a daughter, Patsy Ann, March 16.
 There died: Mrs. Sarah Johnson Tackett, 82, widow of Jay Tackett, of Hartley, Wednesday, at her home; Fon Rogers, 75, March 14, in a Lexington hospital; Vernon D. Sneed, the 15-year soldier-husband of Mrs. Lonnie Hicks Sneed; of Garrett, died in Japan; Beech Williamson, 47, of Pikeville, last Thursday, at the Paintsville Hospital.

Seventy-One Years Ago (March 24, 1938)
 Under the proposed county debt-refunding bill, Floyd County's rural highway fund may be reduced from the present total of \$22,870 to \$18,266, and rural road funds of 25 other counties may be slashed.
 In connection with the shotgun-slaying of John Little, about 32 years old, at Wheelwright, Saturday night, five men were jailed, here, Sunday, by Sheriff Dial Salisbury and Deputy Sheriff Epp Lafferty.
 Alonzo Hopson, 19, Prestonsburg High School graduate, was injured fatally, Sunday afternoon, near Cumberland, when the motorcycle on which he and Johnny Hale, 19, were riding, left the highway and crashed into a hillside.
 Five winners named in the Kiwanis Amateur Night here, last week, at the Abigail Theater, will compete in the Boy Scout gala night amateur program, April 1, in the same theater, with contestants from neighboring towns.
 Married: Miss Marie Meyer, of Lexington, and William Claude Caudill, of Prestonsburg, Friday.
 Born to Mr. and Mrs. Chester Allen of Hueysville, a daughter, Ruth Yvonne, last week; to Mr. and Mrs. Wayne Hackworth, of Brainard, a son, recently.
 There died: Stella Sammons, eight-year-old daughter of Mr. and Mrs. Ollie Sammons, of Minnie, Saturday, at the Gearheart Hospital; Earl Allen, 25, of Allen, Saturday, at the Stumbo Memorial Hospital; Lackey, Mary C. Reynolds, formerly of Floyd County, March 14, in Ohio; H.J. Music, 75, of Prestonsburg, last week, at the Paintsville Hospital.



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B5



photo by Ralph B. Davis
Park naturalist Trinity Shepherd and Stony Burke, of the U.S. Army Corps of Engineers, handed out a host of door prizes at the end of the day's events.

Cleanup

ple marching toward us, all clad in the orange "Operation Clean Sweep" t-shirts and carrying garbage bags. It was Dr. John Shiber and the Big Sandy Community and Technical College biology club. I watched as they swooped down en masse, made quick work of the cove in which we were working and then made their way on up the shore, leaving a trail of cleanliness behind them.

After they passed through, there was little else for us to do except comb the weeds for the more hidden trash and, finally, to collect our bags and set them beside the road. In the end, my family filled 15 garbage bags, mostly from an area along the shore extending the length of a football field.

Back at the disc golf course, the park had a feast of hot dogs, hamburgers, chips and some extremely tasty baked beans waiting for all the participants, as well as a seemingly endless list of door prizes.

Later, as we walked to our car to leave, I thought back to my ice storm debt and wondered if my day's labor had satisfied it. I thought of the shirt I had been given, the lunch I had eaten, the satisfaction I had received from doing a worthwhile job and all the fun I'd had connecting with

my family and talking with old friends, and I decided that I had probably benefited from the cleanup as much as the

park did. Looks like we will have to return next year to keep working at it.

Continued from p1

Oak

Continued from p1

planet in a matter of seconds. When I was growing up waiting for the person sharing our party line to get off the phone, so I could get on, what I was witnessing last week would not have even been accepted as science fiction.

I guess that by now, nothing can ever again be classified as "fiction" when it comes to communications. If any human brain can imagine it, somebody, somewhere can do it.

Practically every teenager I know has a personal cell phone. So naturally, teens take all this stuff for granted. They'd never be convinced, but they're missing something. They're missing the thrill of seeing a Bell Telephone truck pull up in front of their house, seeing a man climb a pole and run a wire to provide them with a "private number." They are missing the excitement that accompanied the time when they no longer had to ask the operator to connect them to the party with whom they wished to speak. They are missing the fun in using the push-button phone for the first time, and hearing the familiar beep...beep...beep.

Communications have come a long way, but in so doing, a lot of life's little experiences have been lost. And as I sat in the doctor's office, I wondered how long it'd be before we'd all become bored with our new toys, and pick up and thumb through a real, genuine magazine again.

Pikeville Medical Center offers free heart health, diabetes screenings

PIKEVILLE — Wednesday, March 25 through Friday, March 27, Pikeville Medical Center and Wal-Mart of Pikeville will offer free Heart Health and Diabetes Screenings to the people of our region. The Screenings will take place from 8 a.m. - 6 p.m. daily.

Experienced medical professionals at the Pikeville Wal-Mart, located on Cassidy Blvd., will provide information needed concerning risk for heart disease and other health problems. Operating ten hours per day, the screenings offered will test for:

- Total cholesterol
- Triglycerides
- HDL
- LDL
- TC/HDL Ratio

- Blood Sugar
- Blood Pressure
- Examination of the veins in arms and legs
- The underlying rate and rhythm mechanism of the heart
- The orientation of the heart (how it is placed) in the chest cavity
- Evidence of increased thickness (hypertrophy) of the heart muscle
- Evidence of damage to the various parts of the heart muscle
- Evidence of acutely impaired blood flow to the heart muscle
- Patterns of abnormal electric activity that may predispose the patient to abnormal cardiac rhythm disturbances

Pikeville Medical Center's health care profes-

sionals will carefully examine your test results, in order to fully assess your risk for heart disease and diabetes.

Diabetes educators will be on-site to answer any questions the public may have.

Free education materials will be offered to anyone visiting the screening.

Please remember: cholesterol and diabetes risk assessments deliver more accurate readings when patients have been fasting at least 8 hours before a screening takes place.

Stop by the Pikeville Wal-Mart Wednesday through Friday, March 25-27 for Pikeville Medical Center's free Heart Health and Diabetes Screenings, because nothing is more important than your health.

The warning signs of a heart attack are clear. Too bad so many men ignore them.

At the King's Daughters Heart and Vascular Center, we want everyone to be on the road to a healthier heart. That's why we're asking you to pay attention to the warning signs of a heart attack. For men, these include chest pain, arm pain, fainting, cold sweats and indigestion. If you run into trouble, call 9-1-1 and get emergency medical help. And if you want expert care, tell your doctor you want to come to King's Daughters, one of America's Top 100 cardiovascular hospitals. We have documented clinical outcomes that prove we are the best heart hospital in the region. This means you have a better chance of surviving a heart attack when you choose us.

For more information on what to do if your heart takes an unexpected wrong turn, call 1-888-377-KDMC (5362).

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U.S. General Services Administration

More recycling bins placed in post office lobbies

by MARILYN LOESER

The Postal Service is getting greener.

With the addition of 1,844 recycling bins in Post Office lobbies, the total now stands at more than 5,900 nationwide.

The read, respond, recycle bins are designed to encourage PO Box customers to open their mail (read), take whatever action is necessary (respond) and simply place the rest of their mail into the bin (recycle). The recycling bins are locked with a key and the opening is slim — about the width of a news magazine.

Not only is this a convenient,

environmentally responsible alternative for PO Box customers, but customers on mail delivery routes can stop by a participating Post Office and place their discarded mail, catalogs and advertisements into a read, respond, recycle bin as well.

Recycling helps divert paper waste from landfills, reducing the amount of virgin fiber from trees needed to produce more paper and eliminating greenhouse gas emissions from solid waste disposal.

This program has been thoroughly tested and presents no risk to mail security or customer privacy and does not effect postal operations or costs, according to USPS

Sustainability Vice President Sam Pulcrano.

"The message today is simple. Mail is recyclable," Pulcrano said.

It's also smart. In 2008, more than \$12 million was generated by selling recyclables as raw materials, and diverting tons of wastepaper, cardboard, cans, plastics and other materials from landfills.

More Green Initiatives

Every year, the Postal Service purchases more than \$200 million in products containing recycled content. Many of the containers used to deliver and process mail are made from

recycled materials along with stamped envelopes, postcards and stamp booklets. Even the adhesive used on postage stamps is biodegradable.

And, the Postal Service is the only shipping company in the nation to achieve Cradle to Cradle Certification at the silver level from MBDC (McDonough Braungart Design Chemistry) for its Priority Mail and Express Mail packages and envelopes based on the environmental attributes of the materials used in the packaging.

Cradle to Cradle is a fundamental shift from designing products and systems based on the take-make-

waste model of the last century — cradle to grave. Cradle to Cradle products and services are designed on patterns found in nature, eliminating the concept of waste entirely, and creating an abundance that is healthy and sustaining.

A complete list of participating Post Offices with read, respond, recycle bins can be found at Earth911.com, using the word "mail" in the search engine. The list is sorted by ZIP Code.

For more information on green initiatives and consumer products, check the website usps.com/green.



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1. Follow the clues. A new clue will be printed in the Floyd County Times each publication day between Wednesday, March 18 and Sunday, April 12.
2. Each clue will be printed in paper only once. Previous clues can be found at Official Sponsor Locations. Clues are posted at Official Sponsor Locations 24 hours after each publication.
3. Discover the egg. The egg is located on public property in an easily accessible hiding place. No Fear Factor® stunts required!
4. Bring the egg and the enclosed certificate to the Floyd County Times Office at 263 S. Central Ave. Prestonsburg, between 9-5 weekdays, and you win \$500!
5. Employees of the Floyd County Times and their families are ineligible to win.
6. The Floyd County Times and the Official Sponsors are not liable for any injuries, damages, or losses resulting from your participation. Your attempt to locate the egg is acknowledgment that you agree and hold said parties harmless.

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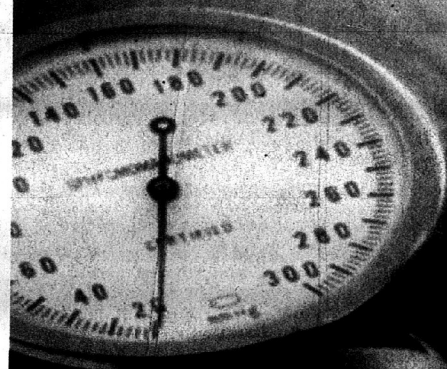
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Q1

Celebrating

**NATIONAL
DOCTORS'
DAY**

March 30th



History of Doctors Day

The first Doctors' Day observance was held on March 30, 1933, by the Barrow County Alliance, in Winder, Georgia. The idea of setting aside a day to honor physicians was conceived by Eudora Bryson Almond, wife of Dr. Charles B. Almond, and the recognition occurred on the anniversary of the first administration of anesthesia by Dr. Crawford W. Long in Barrow County, Georgia, in 1842. The Alliance immediately adopted the following resolution:

"WHEREAS the Alliance to the Barrow County Medical Society wishes to pay lasting tribute to the Doctors, therefore, be it

RESOLVED by the Alliance to the Barrow County Medical that March 30, the day that famous Georgian Dr. Crawford W. Long first used ether anesthesia in surgery, be adopted as 'Doctors Day,' the object to be the well-being and honor of the profession, its observance demanding some act of kindness, gift or tribute in remembrance of the Doctors."

This first observance included the mailing of cards to the physicians and their wives. Flowers placed on graves of deceased doctors, including Dr. Long, and a formal dinner in the home of Dr. and Mrs. William T. Randolph. After the Barrow County Alliance adopted Mrs. Almond's resolution to pay tribute to the doctors, the plan was presented to the Georgia

State Medical Alliance in 1933 by Mrs. E. R. Harris of Winder, president of the Barrow County Alliance. On May 10, 1934, the resolution was adopted at the annual state meeting in Augusta, Georgia. The resolution was introduced to the Women's Alliance of the Southern Medical Association at its 29th annual meeting held in St. Louis, Missouri, November 19-22, 1935, by the Alliance president, Mrs. J. Bonar White. Since then, Doctors' Day has become an integral part of and synonymous with, the Southern Medical Association Alliance. Through the years the red carnation has been used as the symbol of Doctors' Day.

On March 30, 1958, a Resolution Commemorating Doctors' Day was adopted by the United States House of Representatives. On August 1, 1989, the SMA Alliance, under the direction of President Mrs. David Thibodeaux, dedicated a bronze marker honoring Mrs. Almond on the grounds of the Court House in Winder, Georgia. In 1990, legislation was introduced in the House and Senate by Congressmen Mike Parker (D-Mississippi) and G. V. Montgomery (D-Mississippi) and Senator Thad Cochran (R-Mississippi) to establish a national Doctors' Day. Following overwhelming approval by the United States Senate and the House of Representatives, on October 30, 1990, President George Bush signed S.J. RES. #366 (which became Public Law

101-473) designating March 30 as "National Doctors' Day".

"WHEREAS society owes a debt of gratitude to physicians for the contributions of physicians in enlarging the reservoir of scientific knowledge increasing the number of scientific tools, and expanding the ability of health professionals to use the knowledge and tools effectively in the never ending fight against disease and

Resolved by the Senate and House of Representatives of the United States of America in Congress assembled, That -

1. March 30, 1991, is designated as "National Doctors' Day"; and

2. the President is authorized and requested to issue a proclamation calling on the people of the United States to observe the day with appropriate programs, ceremonies and activities.

This was the culmination of the efforts of auxiliaries across the country, led by SMAA Presidents, Mrs. A. J. Campbell and Mrs. Jim Barnett. The enactment of this law enables the citizens of the United States to publicly show appreciation for the role of physicians in caring for the sick, advancing medical knowledge, and promoting good health.

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We wish all area doctors a Blessed National Doctors' Day, and thank them for their support of our small business.

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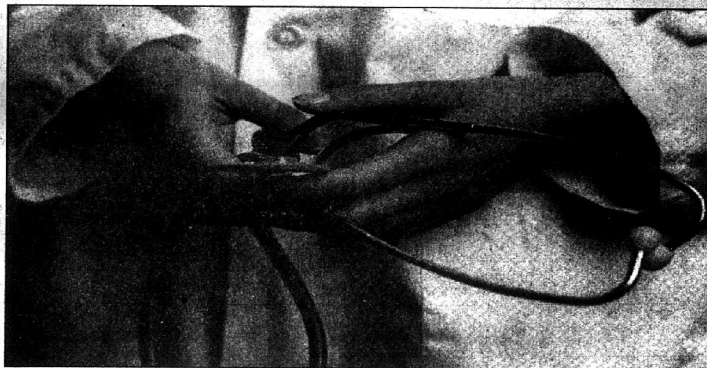
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