

THIS REPRODUCTION IS COMPRISED
OF THE BEST AND MOST COMPLETE
SET OF ORIGINAL IMAGES AVAILABLE
AT THE TIME OF THIS PROJECT'S
INITIAL START. THE ORIGINAL PAPER,
INK, FONT, FONT SIZE AND QUALITY
OF THE MICROFILMED IMAGES
CONTRIBUTE AND AFFECT THE
QUALITY OF THE FINAL PRODUCT.

The Times

FLOYD COUNTY

business loans
 We want to help you develop and sustain your business by offering financing for a variety of business needs.
 Call or stop by today!
1-800-422-1090
Community Trust Bank
 Building communities... built on trust!

Member KPA Serving the Citizens of Floyd County since 1927 Volume 83, Issue 26 • 75 Cents

HIGH 9 BASKI
 — page B1

briefs
Meth suspects indicted

by **SHELDON COMPTON**
 STAFF WRITER

PRESTONSBURG — Two men arrested in January after police discovered a residential meth lab in their trailer at Price have been indicted by a Floyd County grand jury. Jeffrey M. Williams, 19, and Brent Tyler Breedlove, 20, were both arrested in mid-January and charged with manufacturing methamphetamine, possession of a controlled substance, five counts of first-degree wanton endangerment specifying arresting police officers and six additional counts of first-degree wanton endangerment.

Thursday the two were indicted on those charges and will now face criminal charges in Floyd Circuit Court.

On Jan. 15 officers with the Floyd County Sheriff's Department were serving court documents at Hamilton's Trailer Lot in Price "noticed a strange odor," Floyd County Sheriff John K Blackburn said shortly after their arrest.

The hunch led to a search of the trailer where Williams and Breedlove had been living. What police found was meth cooking beneath the bathroom sink.

Lawsuit filed in Johnson crash

by **SHELDON COMPTON**
 STAFF WRITER

PAINTSVILLE — Lawyers representing Eddie Lee Patrick, the father of Anthony Patrick, one of three men killed in a fiery accident along Route 460 last month, have filed a wrongful death suit against Pepsi Bottling Group and the company's driver, Rick Brown. Attorney John Kirk filed the com-

plaint, which includes a demand for a jury trial, in Johnson County Circuit Court this week.

Anthony Johnson, 21, was killed along with two others on Feb. 27 when the truck in which he was an occupant collided with a Pepsi tractor-trailer driven by Brown. The crash resulted in the truck catching fire.

Along with the complaint, attorney John Kirk, also explained the reasoning

behind filing the complaint less than a month after the accident.

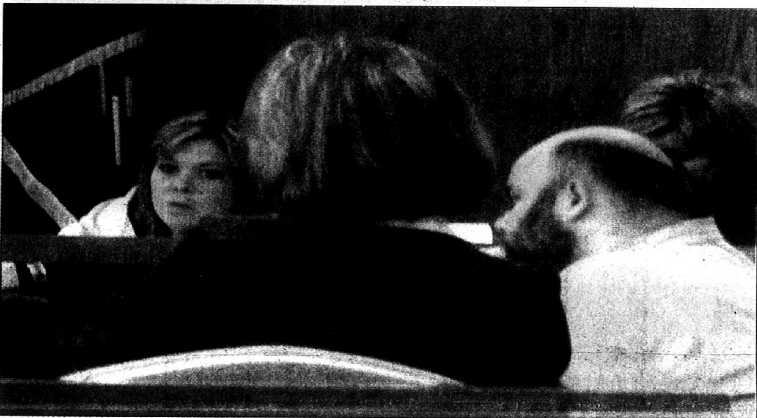
"The reason for filing this legal action at this time, rather than later, is to set the record straight," Kirk said. "The facts while they are available and preserve evidence in order to put an end to the misinformation and rumors that are out there in some few places regarding this horrible tragedy."

The lawsuit alleges that Brown was traveling at a high rate of speed and "in such a reckless fashion so as to cause the said truck to cross the westbound lane of travel and to violently crash into and collide with the vehicle in which Anthony was a passenger."

Characterizing the crash as "catastrophic," the complaint continues by

(See **CRASH**, page two)

EMOTIONAL HEARING



Michael and Martha Pitts, charged with sexually abusing two children under the age of 12, were in Floyd District Court on Wednesday for a preliminary hearing. The Pittses sat side-by-side during the proceedings.

Bond set at \$5 million each for accused couple

Judge calls sex abuse case worst he's seen

by **JARRID DEATON**
 FEATURES WRITER

PRESTONSBURG — A visibly distraught Judge James R. Allen set the bond for Michael and Martha Pitts, the Martin couple charged with sexually abusing two children, at \$5 million cash each during a preliminary hearing in district court on Wednesday.

Allen, his voice wavering with emotion, ordered the bond after a motion by Kent Varney, defense attorney, to set a bond that would allow the Pittses to be released from jail.

Before ordering the bond, Allen talked about the severity of the charges in relation to other cases that he has dealt with during his career in the justice system, including the case of William "Oakie" Bevins, who shot and killed five people in Allen in 1982.

"I've been involved in numerous murder cases as a prosecutor, including the worst murder this county has ever seen, the Oakie Bevins case," Allen said, and then paused. "This is the worst case I have ever seen."

Michael and Martha Pitts appeared in court together for the preliminary hearing, sitting side-



Kentucky State Police Trooper Richard Russell took the stand in Floyd District Court on Wednesday to give testimony for the preliminary hearing in the sexual abuse case against Michael and Martha Pitts.

by-side as Kentucky State Police Trooper Richard Russell gave his testimony in regards to the case, including the results of a medical examination of an alleged female victim under the age of 6.

Russell told the court that the medical examination revealed notches and scarring of the female child's genitals that would be consistent with the allegations of sexu-

al abuse over a long period of time. Russell said that the examination also revealed hemorrhoids, which are very rare in a child of that age.

The male child is scheduled to also undergo a medical examination.

Russell's testimony included the alleged acts of sexual abuse against one male child, between the ages of 6 and 8 at the time of the alleged abuse, and one female child, between the ages of 4 and 6.

The two alleged child victims told Russell that they had been forced to have sexual intercourse with each other and two other children, and were made to take part in a variety of other sexual acts involving Michael and Martha Pitts.

According to Russell, the Pittses were notified by the mother of Michael Pitts that police had arrived at their home and that they left their places of employment and were not able to be located for two days before being arrested at the law office of Stephen Owens in Pikeville.

The original investigation of the case started last June, with the Kentucky State Police responding

(See **ABUSE**, page two)

Teachers answer questions in suicide lawsuit

by **SHELDON COMPTON**
 STAFF WRITER

PRESTONSBURG — The four Allen Central Middle School teachers named in a lawsuit relating to the death of former student Stephen Patton have responded to questions asked through a request for admission in the case.

Answers from Lynn Handshoe, Angela Mullins, Jeremy Hall and Greg Nichols concerning specific things they might have seen or done while Patton was a student at the school were filed this week in Floyd Circuit Court.

Patton was 13 years old when he shot and killed himself on Nov. 28, 2007. His parents, Sheila and Lawrence Patton have filed suit against the school system and the school itself, as well as the four teachers, saying their son's suicide was brought on by being bullied at school.

This was the focus of 16 questions posed to the four teachers recently. Those questions asked if they had ever witnessed the teen being bullied or if they had ever been told by other students that Patton was being bullied.

Also, the request asked if either of the four teachers had seen Patton "putting a hood over his head and putting his head down on his desk" while in their classroom and if the 13-year-old had ever asked to sit next to their desks while in their classrooms.

In addition, the teachers replied to questions asking if Sheila Patton had ever come to them and asked if anything was wrong with her son at school and if they had ever used the internet or other computer programs for personal use while in the classroom.

All of the teachers denied seeing Patton bullied in any way, but admitted they had seen him with his head laid on desks in their classrooms. The four also admitted to internet and computer program use during class.

Angela Mullins and Lynn Handshoe said in their response that Sheila Patton had asked them about her son, with Mullins' response simply admitting it had occurred, while Handshoe offered more detail.

In her answer, Handshoe tells of a phone conversation with Sheila Patton in which her son's headaches and problems with crowds were discussed.

Handshoe says Patton told her she "used to think there might be some bullying but later abandoned that thought" after noticing that her son was also uncomfortable in restaurants because of noise. She also claims that Sheila Patton told her that her son had been diagnosed with agoraphobia, a fear of crowds, during the same phone conversation.

Handshoe also responded that Patton had asked to sit near her desk during class, but that this was not uncommon "because it was not a student desk but a chair and an actual table which creates more room and freedom."

Handshoe also responded that Patton had asked to sit near her desk during class, but that this was not uncommon "because it was not a student desk but a chair and an actual table which creates more room and freedom."

In the counter, Schmitt showed the responsibility of Patton's death on the parents saying they "should have known that their son was capable of taking his own life," and also pointing out that he had access to the weapon he ultimately used to take his own life.

2 DAY FORECAST

Today
 Cloudy
 High: 45 • Low: 34

Tomorrow
 Showers
 High: 51 • Low: 39

For up-to-the-minute forecasts, see floydcountytimes.com

Inside

- Obituaries.....A2
- For the Record.....A3
- Opinion.....A4
- Sports.....B1
- Lifestyles.....B3
- Faith & Family.....B5
- Classifieds.....B6



The Floyd County Times is printed on 100 percent USA recycled paper

24 HOUR EMERGENCY SERVICE
FREE ESTIMATES
1-888-297-HEAT
 www.bigandyheating.com

Obituaries

Richard Bentley

Richard Bentley, 67, of Grethel, died Wednesday, March 11, 2009, at his residence.

Born December 21, 1941, he was the son of the late Orville Bentley and Hazel Newsome Bentley. He was retired from Motor Wheel Corp.

He is survived by his wife, Avonell Akers Bentley. Other survivors include a son, Dougie Bentley of Prestonsburg; and a sister, Patty Bentley of Wayne, Michigan.

He was preceded in death by two sons: Ritchie Dean Bentley and Jimmy Dwayne Bentley; a brother, Bob Bentley; and a sister, Faye Evergood; and two grandchildren.

Funeral services will be held Saturday, March 14, at 1 p.m., at the Zion Old Regular Baptist Church, in Grethel, with Edgar Howell, and others, officiating.

Burial will be in the Akers

Cemetery, Akers Branch, in Grethel, under the direction of Lucas and Son Funeral Home, Pikeville.

Visitation is at the church. Pallbearers: Family and friends.

Obituary and online guest-book at: www.lucasandsonfh.com (Paid obituary)

Maggie Caudill

Maggie Caudill, age 82, of Martin, widow of Solomon Caudill, passed away Tuesday, March 10, 2009, at St. Joseph Hospital, in Martin.

She was born October 6, 1926, in Martin, a daughter of the late David and Cassie Stephens Hale. She was a homemaker, and a member of the Maytown First Baptist Church.

In addition to her parents and husband, she was preceded in death by a son, Solomon Caudill Jr.

Survivors include her

daughter, Linda Caudill of Martin; a daughter-in-law, Ann Caudill of Martin; a brother, David Hale Jr., of New Carlisle, Ohio; two sisters: Edith Moore of McDowell, and Claudia Ann Hardwick of Morehead; two granddaughters: Victoria (Tim) Reynolds and Tabatha Caudill; and two great-granddaughters: Lyan Marigrae Caudill and Sylvia Rynea Reynolds.

Funeral services for Maggie Caudill will be conducted Saturday, March 14, at 1 p.m., in the Hall Funeral Home Chapel, in Martin, with Clergyman Bob Varney officiating.

Burial will follow in the Hale Family Cemetery, in Martin, under the professional care of Hall Funeral Home. (Paid obituary)

James Lacy Porter

James Lacy Porter, age 63, of Allen, husband of Phyllis Ann Leslie Porter, passed away Sunday, March 8, 2009,

at St. Joseph Hospital, in Martin.

He was born February 28, 1946, in Allen, a son of the late Paul F. Porter and Martha Jane Kendrick Porter of Allen. He was the owner of Porter Electric and Hydraulics.

He was preceded in death by his father, and a sister, Paula Terry.

In addition to his wife, Phyllis, he is survived by two sons: Frank (Cindy) Porter of Prestonsburg, and Kevin (Kristin) Porter of Seattle, Washington; one daughter: Mary Lynn Porter Hopkins of Prestonsburg; one brother, Paul Doug (Denise) Porter of Allen; one sister: Linda (Virgil) Conn of Allen; a brother-in-law, Patrick Terry of Lexington; five grandchildren: Ashley Moore Porter, Emma Grace Porter, Alli Hopkins, Gray Hopkins, and Annabell Porter.

Funeral services will be conducted Friday, March 13, at 11 a.m., in the Hall Funeral Home

Chapel, in Martin, with Earl Waugh officiating.

Burial will follow in the Porter-Webb Cemetery, in Allen, under the professional care of the Hall Funeral Home. Visitation is at the funeral home. (Paid obituary)

Billy Ratliff

Billy Ratliff, age 74, of Eastern, husband of Ina Cooley Ratliff, died Saturday, March 7, 2009, in Highlands Regional Medical Center, Prestonsburg.

He was born November 25, 1934, in Martin, a son of the late Beverly Lewis Clark Ratliff and Lizzie Bradley Ratliff. He was a retired coal miner and electrician, and a member of the American Legion.

In addition to his wife, he is survived by three sons: Billy Joe (Diana) Ratliff of David, James Henry Ratliff of Prestonsburg, and John David (Jennifer) Ratliff of Martin; two stepsons: Steve and Greg

(Mary) Cooley, all of Eastern; two daughters: Barbara Ann (George) Hale of Blue River, and Vicky Lou (Rob) Philbrook of Phoenix, Arizona; two stepdaughters: Phyllis Hall (Owen), and Debbie Prater, all of Eastern; one sister, Lois Faye Moore of Washington Courthouse, Ohio; nine grandchildren, four step-grandchildren, one great-grandchild, and three step-great-grandchildren.

In addition to his parents, he was preceded in death his first wife Bernice Patton Ratliff; and two brothers, James Ratliff and Henry C. Ratliff.

Funeral services for Billy Ratliff were conducted Wednesday, March 11, at 1 p.m., in the Hall Funeral Home Chapel, in Martin, with clergy Lary Adams and Randy Osborne officiating.

Burial was in the Stephens-Ratliff Cemetery, in Martin, with the Hall Funeral Home caring for those arrangements. (Paid obituary)

Abuse

to a claim that the children had been forced to have sex with each other and with two other children. According to Russell, Martha Pitts told Gary Sykes, with the Kentucky State Police, that the incidents could not have happened that many times. Russell said that Martha Pitts did not deny the allegations about the children having sex, just that it couldn't have occurred as many times as they had been told.

Varney questioned Russell about the children's stories, asking the officer if they had been recorded. Russell said that he took notes, but no recording was made.

"We don't know that they actually said these things because you didn't record it," Varney said.

Floyd County Attorney Keith Bartley said that he didn't think the fact that the interviews of the children with Russell weren't recorded would hurt the case, and that all forensic interviews with the children were recorded.

"I don't think that's a major point at all," Bartley said. "It's extremely difficult to make children comfortable. When you are a big police officer with a badge and a gun, it's often tougher for them to get comfortable with you. If you throw a tape recorder out on the table, it might eliminate the possibility that they will talk to you altogether."

Police removed potential evidence from the Pittses' home, including pillows and bed sheets, which will

be tested for DNA material.

After hearing all of Russell's testimony, it was time for the judge to make his ruling if there was enough cause to send the case to a grand jury to consider for possible indictments on the charges. However, racked with emotion, Allen ordered that court be adjourned after setting the \$5 million cash bond for each of defendants. Allen was reminded by the attorneys that he still had another decision to make in regards to the case. Allen then called court back in session and waived the case against Michael and Martha Pitts to the grand jury.

"If a judge shows that kind of emotional reaction to a probable cause hearing, imagine what kind of impact a full-blown trial would have

on a jury if they had the same reaction," Bartley said. "They would ask for the death penalty."

After court, Bartley spoke about Judge Allen's emotional reaction to the case.

"When you hear cases like this that involve kids, if you have any heart in you at all it rips it out," Bartley said. "I think the judge has grandkids around the same age. It's tough. I don't care if you are a prosecutor or a judge."

Bartley also spoke about the judge's statement that the case was worse than all of the murder cases that he has dealt with.

"The alleged facts in this case are tragic in my opinion," Bartley said. "At least two children, maybe more,

will have to deal with the emotional scars for as long as they live. That's the difference between this case and murder cases. In murder cases, the pain and suffering stops for the victims."

According to Bartley, there is a good chance that more sexual abuse charges involving two other children could be filed against the Pittses in the near future.

Michael and Martha Pitts will remain lodged in the Floyd County Detention Center. Commonwealth's Attorney Brent Turner said that he hopes to have Russell present his evidence and testimony of the case to the grand jury in the next couple of weeks.

Continued from p1

State government officials recognize Second Sunday

FRANKFORT — State officials emphasized the importance of physical activity Wednesday as they announced support for Second Sunday, a statewide initiative coordinated by the University of Kentucky Cooperative Extension Service.

Second Sunday is an event that encourages all forms of physical activity in the comforts of local environments. It originated in Bogota, Colombia where officials close more than 70 miles of roads to vehicles, opening them to local residents for exercise every Sunday. Several communities in the United States have had similar events, but Kentucky is the first state to have a statewide initiative. This year's event will be Oct. 11.

"For too long, Kentucky has been labeled as one of the unhealthiest states in the country, but now Second Sunday provides the state with an opportunity to become a national model for physical activity by implementing simple, low-cost measures to improve the health of its citizens," said Governor Steve Beshear.

Resolutions of endorsement sponsored by state Sen. Katie Sine, R-Southgate, and state Reps. Tanya Pullin, D-South Shore, and Susan Westrom, D-Lexington, will be introduced today in both the Kentucky House and Senate.

"It is wonderful when we can use the resources we have to give people in our communities a chance to get more physical activity," Pullin said.

The statewide initiative began last year when UK Cooperative Extension Service family and consumer sciences agents petitioned their local government officials to close a section of a county road to vehicles and open it to residents for physical activity on the second Sunday of October. Local officials responded, and more than 12,000 Kentuckians in 70 counties participated last year. Participation is expected to grow this year with even more counties planning activities.

"County extension agents are mobilizing this effort across the state both to bring attention to a serious issue and at the same time do something tangible about it that everyone and every community can do," said Jimmy Henning, director of the Kentucky Cooperative Extension Service.

While family and consumer

science agents and state and local government officials are leading the initiative, public health departments, YMCA, medical communities, civic groups, parks and recreation groups, school officials and chambers of commerce are also partner agencies in many communities.

Not only does Second Sunday promote physical activity, but an important emphasis is placed on building strong family and community bonds, said Ann Vail, director of UK's School of Human Environmental Sciences and assistant director of family and consumer sciences extension.

"In family and consumer sciences extension, our goal is to build strong families from a variety of perspectives," she said. "Second Sunday provides opportunities for families to spend quality time together while being physically active and developing a sense of community among participants."

Diana Doggett, state coordinator for Second Sunday,

hopes that having a convenient, safe place for exercise leads to many Kentuckians making positive lifestyle changes.

"Second Sunday presents a compelling message of change from being a state of spectators to one of participants," said Doggett, who is also a family and consumer sciences agent in Fayette County. "Hopefully, it will serve as a first step to improving the

physical, environmental and economic health of all Kentuckians."

The Kentucky Extension Homemakers Association also is committed to furthering this initiative and has made it one of their programs of work for this year.

"We often don't get the opportunity to say how much we appreciate the consumer-based educational information we get from the university,"

Crash

saying that because of the mass of the loaded Pepsi truck and the speed at which it was being driven, and because it had hit the truck "squarely," the impact had resulted in the fire.

"The impact was so violent that a fire explosion resulted which engulfed Anthony," the lawsuit reads, "causing Anthony to suffer great fear wrought by his knowledge that

he was trapped and would die."

The resulting fire, according to Patrick's suit, forced his son to "endure great and extreme suffering for a considerable time before his death."

The complaint also contends that had the truck not caught fire, Patrick would not have been killed. "Unfortunately, Anthony was trapped in his vehicle, aware

that his life was being burned from his body."

The lawsuit asks for a judgment of wrongful death, a jury trial and compensation to Patrick's estate as the court deems fit.

Continued from p1



Happy 40th Birthday

From Your Loving Husband and The Family

BLACKWATER OUTLAWS

TICKETS ON SALE NOW!

March 21, at 7:30
\$18 advanced
\$23 day of show
1-888-622-2787 or
www.macarts.com

MOUNTAIN ARTS CENTER
PRESTONSBURG

AARP

Jenny Wiley 3528, AARP to conduct first meeting of the year, March 17

Jenny Wiley Chapter No. 3528, AARP, will conduct its first meeting of the year, Tuesday, March 17, at the First Presbyterian Church, Prestonsburg.

The meeting will begin at 6 p.m., and all members and friends, are encouraged to attend.

A3

For the Record

Marriage Licenses

April Dawn Newsome, 35, of Prestonsburg, to Hubert Douglas Clifton, 35, of Prestonsburg.
 Teresa Lynn Johnson, 40, of Melvin, to Eugene Scott Kiser, 41, of Melvin.
 Kate Jo Harmon Gray, 37, of Prestonsburg, to Michael James Adkins, 37, of Prestonsburg.
 Della Sue Chaffins, 18, of Prestonsburg, to Justin Joseph Jones, 18, of Prestonsburg.

Civil Suits Filed

Dallas Lee Music vs. Ricky Rickman; complaint.
 Angela Maggard vs. Bruce Kinney; complaint.
 Manford Kelly Williams vs. Laurine Williams; divorce.
 Melissa Johnson vs. Robert Little; complaint.
 Deutsche Bank National Trust Company vs. Kim Castle; complaint.
 Audrey B. Whitt vs. HSBC Motor Credit-USA Inc.; complaint.
 Delmar Frasure vs. Hartford Insurance Company; complaint.
 Michael Rogers vs. Lenora Smith; complaint.
 Teresa Lafferty vs. Paul Lafferty; divorce.
 DH Capital Management Inc. vs. Vicki L. Butler; complaint.
 New South Federal Savings Bank vs. Jimmy Hensley; complaint.
 Nationwide Mutual Insurance Company vs. Anetta B. Daniels; complaint.
 Midland Funding LLC vs. Craig Francis; complaint.
 ARH McDowell Hospital vs. Dwayne Corder; complaint.

Small Claims Filings

Nelson-Frazier Funeral Home vs. Janice Setser; debt collection.
 Milford Ray Boyd vs. Johnny D. Fitch; debt collection.
 Newman's Shop-A-Lot vs. Sharon Salisbury; debt collection.
 Unisign Corporation Inc. vs. Joe Deleew; debt collection.
 Rachel Russell vs. Marda Bailey; debt collection.

Charges Filed

Karen E. Spradlin, 19, Auxier; public intoxication.
 Mark Robinson, 40, Prestonsburg; criminal mischief, theft of services.
 Mark E. Moore, 32, Prestonsburg; harassment.
 Michelle Adams, 35, Hi Hat; harassment.
 Shawn M. Henson, 28, Hueysville; public intoxication.
 Deanna Ousley, 30, Prestonsburg; no insurance.

operating a motor vehicle on a suspended or revoked license, failure to transfer motor vehicle registration, failure to surrender suspended or revoked CCDW license, prescription in improper container.
 Palma Sue Porter, 58, Prestonsburg; theft by deception.
 Lisa A. Hall, 37, Prestonsburg; alcohol intoxication, disorderly conduct.
 Kayla Russell, 26, Prestonsburg; alcohol intoxication, disorderly conduct.
 Paul M. Fultz, 52, Galveston; fourth-degree assault.

Vada R. Collins, 35, Prestonsburg; failure to send child to school.
 Scottie W. Reed, 35, Banner; harboring a vicious animal.
 Azzie Hall Jr., 36, Harold; public intoxication, possession of a controlled substance.
 Brian K. Stone, 32, Pikeville; alcohol intoxication.
 James R. Frasure, 36, Topmost; first-degree wanton endangerment.
 Robie Lee Miller, 27, Printer; murder.
 Samantha L. Moore, 24, McDowell; public intoxication, disorderly conduct, theft by unlawful taking, prescription in improper container, possession of a controlled substance, promoting contraband.

Robie Dean Miller, 44, Printer; tampering with physical evidence, falsely reporting an incident.
Inspections
 Save-A-Lot, Prestonsburg, regular inspection. Violations noted: lack of numerically sealed thermometers for checking cooking and holding temperature of potentially hazardous food, lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, food not protected during storage, food not protected during display, lack of effective hair restraints, toilet facility not accessible, floors not in good repair, floors not constructed properly, unnecessary articles in or around the establishment. Score: 90.
 Sandy's, Prestonsburg, regular inspection. Violations noted: lack of effective hair restraints, cloths used for food and non-food contact surfaces not stored and rinsed frequently in water sanitizing solution, food contact surface of equipment and utensils not clean, toilet room doors not self-closing. Score: 94.
 Creekside Mobile Home Park, McDowell, regular inspection. Violations noted: lots not numbered correctly, found some parking areas in

need of resurfacing or paving. Score: 96.
 Mayo Trailer Court, Prestonsburg, regular inspection. Violations noted: lots not numbered correctly, setbacks not being met with other structures. Score: 96.
 Dingsu Mobile Home Park, Martin, regular inspection. Violations noted: lots not clearly numbered, some areas found in need of repaving, some areas in need of cleaning. Score: 94.
 Dwayne Mobile Home Park, Dwayne, regular inspection. Violations noted: lots not clearly numbered, some areas in need of repaving, found some areas in need of cleaning. Score: 94.
 Cardinal Mart, Prestonsburg, regular inspection. Violations noted: lack of numerically sealed thermometers for checking cooking and holding temperature of potentially hazardous food, lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, food not protected during storage, food not protected during service, food not protected during preparation, lack of effective hair restraints, where chemical sanitization methods are employed, operators not providing and using chemical test kits, floors not constructed properly, floors not in good repair. Score: 94. Retail: 94.

Rite Aid, Martin, regular inspection. Violations noted: lack of numerically sealed thermometers for checking cooking and holding temperature of potentially hazardous food, lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, food not protected during storage, food not protected during service, floors not in good repair, floors not clear. Score: 96.
 Floyd Technical High School, Martin, regular inspection. Violations noted: sink in restroom in need of repair, areas of floors in restrooms in need of repair, baseboards around hallways found in need of repair. Score: 92.
 B & C Parkway, Prestonsburg, regular inspection. Violations noted: lack of numerically sealed thermometers for checking cooking and holding temperature of potentially hazardous food, lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, food not protected during service, food not protected during storage, lack of effective hair restraints, cloths used for food and non-food contact

surfaces not stored and rinsed frequently in water sanitizing solution, food contact surface of equipment and utensils not clean, toilet room doors not self-closing. Score: Retail: 97, Food: 91.
 Huddle House, Betsy Layne, regular inspection. Violations noted: suitable dispensing utensils not being used by employees for handling food, in use food dispensing utensil not properly stored, food contact surface of equipment and utensils not clean, cleaning and maintenance equipment not properly stored. Score: 94.
 Adams Middle School, Prestonsburg, regular inspection. Violations noted: some restroom countertops found damaged, broken tile found in some restroom floors, large amounts of baseboards throughout school found missing or damaged. Score: 92.
 Christ United Methodist Church, Allen, regular inspection. Violations noted: water fountain found not in working order. Score: 96.

Skeans Marathon, Prestonsburg, regular inspection. Violations noted: food not protected during storage, food not protected during preparation, food not protected during transportation, in use food dispensing utensil not properly stored, lack of effective hair restraints, non-food contact surfaces not properly maintained, non-food contact surfaces not properly constructed, where chemical sanitization methods are employed, operators not providing and using chemical test kits, cloths used for food and non-food contact surfaces not stored and rinsed frequently in water sanitizing solution, toilet room doors not self-closing, garbage and refuse containers not covered as required, lighting not provided as required. Score: Retail: 95, Food: 88.

Property Transfers
 Larry Dean Calhoun, Jr. to Amanda Gail Calhoun, property located at Middle Creek.
 Felicia Calhoun to Amanda Gail Calhoun, property located at Middle Creek.
 Linda Michelle Hall Estrada to Ladonna K. Estrada, property located at Branhams Creek.
 Fannie Mae to Travis D. Arnett, property located at Hueysville.
 Federal National Mortgage Association to Travis D. Arnett, property located at Hueysville.
 Douglas Wayne Gearheart to Norman Bailey and Ruby Bailey, property not listed.
 Siella Gearheart to Norman Bailey and Ruby Bailey, property not listed.
 Jo Ann Jarrell Goble to Tiffany Achia Jarrell and William Reece Kyle Jarrell, property located at Cow Creek.
 Larry Ronnie Goble to Tiffany Achia Jarrell and William Reece Kyle Jarrell, property located at Cow Creek.
 Ben Hall to Pilgrim Energy Inc., property located at Prater Creek.
 Cletis Cooley Howard to Jason Isaac, property not listed.

Brenda Joy Jarrell to Tiffany Achia Jarrell and William Reece Kyle Jarrell, property located at Cow Creek.
 Eve Jarrell to Ericka Boyd, Johnathon Boyd, and Shala Lanae Boyd, property located at Dwayne.
 Jessie Jones to Lenville Jones and Ruby Jones, property not listed.
 Pearl Jones to Lenville Jones and Ruby Jones, property not listed.
 Lynda Spurlock Linkswiler to Kenneth Martin, property not listed.
 Paul Linkswiler to Kenneth Martin, property not listed.
 Martha Jane Pitts to Lou Ellen Pitts, property not listed.
 Michael Paul Pitts to Lou Ellen Pitts, property not listed.
 Wanda Lou Pitts to Lou Ellen Pitts, property not listed.

Property Transfers
 Larry Dean Calhoun, Jr. to Amanda Gail Calhoun, property located at Middle Creek.
 Felicia Calhoun to Amanda Gail Calhoun, property located at Middle Creek.
 Linda Michelle Hall Estrada to Ladonna K. Estrada, property located at Branhams Creek.
 Fannie Mae to Travis D. Arnett, property located at Hueysville.
 Federal National Mortgage Association to Travis D. Arnett, property located at Hueysville.
 Douglas Wayne Gearheart to Norman Bailey and Ruby Bailey, property not listed.
 Siella Gearheart to Norman Bailey and Ruby Bailey, property not listed.
 Jo Ann Jarrell Goble to Tiffany Achia Jarrell and William Reece Kyle Jarrell, property located at Cow Creek.
 Larry Ronnie Goble to Tiffany Achia Jarrell and William Reece Kyle Jarrell, property located at Cow Creek.
 Ben Hall to Pilgrim Energy Inc., property located at Prater Creek.
 Cletis Cooley Howard to Jason Isaac, property not listed.

Brenda Joy Jarrell to Tiffany Achia Jarrell and William Reece Kyle Jarrell, property located at Cow Creek.
 Eve Jarrell to Ericka Boyd, Johnathon Boyd, and Shala Lanae Boyd, property located at Dwayne.
 Jessie Jones to Lenville Jones and Ruby Jones, property not listed.
 Pearl Jones to Lenville Jones and Ruby Jones, property not listed.
 Lynda Spurlock Linkswiler to Kenneth Martin, property not listed.
 Paul Linkswiler to Kenneth Martin, property not listed.
 Martha Jane Pitts to Lou Ellen Pitts, property not listed.
 Michael Paul Pitts to Lou Ellen Pitts, property not listed.
 Wanda Lou Pitts to Lou Ellen Pitts, property not listed.

STRAND TWIN

PRESTONSBURG, KENTUCKY
 606-886-2096
 http://showtimes.hollywood.com
 Walk-In Wall Screens, Dolby Sound, and Cupholders!
 3/13/09 - 3/19/09
Cinema 1—Hold Over
 WATCHMEN (R) Mon-Sat 7:00, Sun 1:30, 7:00
Cinema 2—Starts Friday, March 13
 FIRED UP (PG-13) Mon-Sat 7:00, Sat-Sun 1:30, 7:00, 9:30
 Sunday Matinee—Open 1:00, start 1:30

RIVERFILL 10 PIKEVILLE

http://showtimes.hollywood.com
 214 N. 9th St., Pikeville, KY 41601
 606-452-2957
 Tickets in by the patron in advance for any show on the date of purchase
 *Restrictions Addressed, Little to R
 3/13/09 - 3/19/09
Cinema 1—Hold Over
 PAUL BLART: MALL COP (PG) Mon-Sun 12:10-2:20, Fri 12:10-2:20, Sat-Sun 12:10-4:20, 7:10-9:20
Cinema 2—Hold Over
 MADEA DOES TO JAIL (PG-13) Mon-Sun 7:05-9:25, Fri 12:25-2:45, Sat-Sun 12:25-4:45, 7:05-9:25
Cinema 3—Hold Over
 FIRED UP (PG-13) Mon-Sun 7:15-9:30, Fri 12:30-2:50, Sat-Sun 12:30-4:50, 7:15-9:30
Cinema 4—Hold Over
 FRIDAY THE 13th (R) Mon-Sun 7:00-9:20, Fri 12:20-2:40, Sat-Sun 12:00-4:20, 7:00-9:20
Cinema 5—Hold Over
 TAKEN (PG-13) Mon-Sun 7:05-9:25, Fri 12:25-2:45, Sat-Sun 12:25-4:45, 7:05-9:25
Cinema 6—Starts Friday, March 13
 MISS MARCH (PG-13) Mon-Sun 7:15-9:30, Fri 12:30-2:50, Sat-Sun 12:15-4:30, 7:15-9:30
Cinema 7—Starts Friday, March 13
 RACE TO WITCH MOUNTAIN (PG) Mon-Sun 7:00-9:20, Fri 12:20-2:40, Sat-Sun 12:00-4:20, 7:00-9:20
Cinema 8—Starts Friday, March 13
 LAST HOUSE ON THE LEFT (R) Mon-Sun 7:05-9:30, Fri 12:25-4:45, Sat-Sun 12:25-4:45, 7:05-9:30
Cinema 9—Hold Over
 WATCHMEN (R) Mon-Sun 7:15-9:30, Fri 12:30-2:50, Sat-Sun 12:30-4:50, 7:15-9:30
Cinema 10—Hold Over
 HE'S JUST NOT THAT INTO YOU (PG) Mon-Sun 6:45-9:15, Fri 12:15-4:45, Sat-Sun 12:15-4:45, 6:45-9:15



Floyd County Judge-Executive R.D. "Doc" Marshall signed a proclamation Thursday morning naming March as "Sexual Assault Awareness Month" in Floyd County. Marshall said he had long supported efforts to bring awareness to sexual assault and would continue to support any efforts to increase awareness in the future. Pictured from left to right are Karen Howard, Patricia VanHoose, Outreach Education Coordinator Victim Services Program at Mountain Comprehensive Care, Donna DeRossett, Linda Spurlock and Melissa Cole. Photo by Sheldon Compton

BEIGE, BROWN & WOODGRAIN WINDOWS ALSO AVAILABLE

Window World, Inc. VISIT OUR SHOWROOM

And Starting At \$189

Call For A FREE In-Home Estimate

INSTALLED TOLL FREE 888-874-3004

6509 Rt. 1428 - Allen, KY 41601 606-874-3004

"DARE TO COMPARE"

HOP INTO SPRING, AND SAVE! SAVE! SAVE!

20% Off

NEWSTAND PRICES \$117.00 a YEAR

SUBSCRIPTION PRICE \$47.20 (In county)

\$60.80 (Out of county) \$64.80 (Out of state)

Name _____

Address _____

City _____ State _____ Zip _____

Email Address _____

Mail to: The Floyd County Times
 P.O. Box 390, Prestonsburg, KY 41653
 or call LeighAnn at 886-8506
 We accept M/C, and Visa

TAKE ADVANTAGE OF THE SUBSCRIPTION PRICE, TODAY!

Contact: LeighAnn Williams-Circulation Manager
 Phone 606-886-8506

Viewpoint

Amendment 9

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Worth Repeating ...

The male is a domestic animal which, if treated with firmness, can be trained to do most things.

— Jilly Cooper

Guest View Putting science back in public policy

Science works in fits and starts -- sometimes so slowly that progress seems like an illusion and at other times so quickly we can barely keep up.

By scientific standards, then, federal funding restrictions for embryonic stem cell research were a blip on the radar screen. President Barack Obama's decision to lift them wasn't a surprise, but it was an important step forward.

Federal funding is no guarantee that embryonic stem cell research will provide hoped-for cures to dreaded diseases like diabetes, let alone guarantee that any cures might come soon.

But the executive order that Obama signed on Monday will clear away bureaucratic and procedural hurdles that have hampered that research. It provides an important new source of funding.

Perhaps most important, it signals a new commitment to science ideals, free inquiry and open debate in American public policy.

Many doctors believe embryonic stem cell research is among the most promising avenues of scientific inquiry. That's because embryonic stem cells are "pluripotent" -- they can develop into any type of cell.

Human embryonic stem cells were first isolated in 1998, just yesterday in scientific terms. But researchers have already made major advances in understanding how they work.

That's true even though for the last eight years federal funding for research has been extremely limited. An executive order signed by President George W. Bush in August 2001 restricted it to a handful of stem cell lines then in existence.

Since then, hundreds more stem cell lines have been developed with private funding. Some contain defects for specific diseases, which make them invaluable in helping to understand how illness develops and how it might be countered.

The lack of federal funding was bad enough. But equally harmful was a complex set of accounting restrictions that required separate labs to be built -- and separate staffs to be maintained -- to perform embryonic stem cell research with private funding.

Opponents of embryonic stem cell research argue that adult stem cells are more promising. They were first isolated nearly a half-century ago and now are used for some medical treatments.

In late 2007, scientists announced advances in adult stem cell research. They were able to get those cells to "differentiate" -- to develop into specialized cells.

But just as with embryonic stem cells, basic questions remain about the mechanism for that development, how to trigger and control it. Those questions demonstrate the importance of continuing research with both adult and embryonic stem cells.

In signing his executive order this week, Obama signaled a new effort to insulate scientific research and decision-making from political considerations. That's crucial for a society, like ours, that prides itself on openness and innovation.

As important as restoring of any particular kind of research might be, the larger achievement is Obama's restoration of scientific ideals.

— St. Louis Post-Dispatch



"The cure to your disease came from stem cell research. Sign here if you wish to refuse treatment for moral, religious or ideological reasons."

Guest Column House week in review

by REP HUBERT COLLINS

The Kentucky General Assembly has pushed hard in recent sessions to enhance teacher quality and improve teacher pay. So it was gratifying to see at least some of those efforts paying off when more than 150 of Kentucky's best teachers filed into the House chamber last Tuesday to be recognized for reaching the highest standards in their profession.

The teachers are among 232 Kentucky educators statewide who were awarded certification from the National Board for Professional Teaching Standards in 2008, raising the number of National Board Certified teachers in the state to 1,608. Lawmakers applauded the teachers' mastery of their subject areas and their contribution to giving Kentucky one of the highest growth rates of National Board Certified teachers in the nation, a rate that exceeds the national average.

Surrounding the teachers from the House gallery above and on the House floor were dozens of students recognized for their participation in Kentucky 4-H, one of the state's oldest youth organizations, which celebrated its centennial last Tuesday. The House formally recognized more than 230,000 youth in Kentucky who participate in 4-H and the hundreds who came to the Capitol to join in its 100th anniversary festivities.

These students and many of the teachers honored last week are the product of Kentucky's educational system, which has made great strides over the past 20 years. More changes to the system—particularly in the area of accountability testing—are in the works this session, both to maintain our current successes and move us even further down the road to excellence. One area that members of the House Education Committee last week agreed needs improvement is a reduction in Kentucky's dropout rate, which is currently believed to be as high as 5 percent.

The committee addressed the dropout dilemma by passing House Bill 189, which would raise the dropout age from 16 to 18 by 2011. Supporters say requiring students to stay in school longer would encourage them to finish school, increase personal income in the state, and reduce the

prison inmate population, one-third of which is estimated to be high school dropouts. It is uncertain if the bill will pass both chambers this session, but the measure is expected to go to the House floor for a vote in coming days.

Protecting our children is always a priority for state lawmakers, many whom file bills session after session intended to deter child predators from harming our youth. Kids have the right to be safe at home, school and at play, and it is our responsibility as lawmakers to help ensure that. A bill that passed the House 97-0 last Monday would enhance state laws to protect children from predators on social networking Web sites, as part of our continuing commitment to their safety.

HB 315 would strengthen current statutes by increasing the monitoring of sex offenders' Internet identities to deter them from soliciting children for sexual or other prohibited acts. It would also create a new felony crime for "phishing," which involves using the Internet to induce others to give personal information about themselves by pretending to be someone else. The felony for phishing would only apply if someone knowingly or intentionally induces a minor to give out their personal information. Other provisions would make it a Class A misdemeanor for a registered sex offender to use social networking web sites, instant messaging or chat rooms that allow access to children. The bill now goes to the Senate for its review.

Several bills are being considered this session that would reduce the state's exploding prison population, now among the fastest-growing inmate populations in the country. The bills follow a dire report from the state's Justice and Public Safety Cabinet last year which revealed that Corrections costs the state nearly half a billion dollars each fiscal year. As you can imagine, lawmakers are scrambling this session to curb those costs in the face of dwindling state revenues.

One bill that could make a difference is Senate Bill 4, now before the full House, which would reduce the state's prison and jail population by offering drug treatment in place of incarceration to inmates with substance abuse problems. Without treatment, the bill's sponsors say that most inmates charged with drug offenses are arrested again before their trial and receive longer sentences.

Dozens of other measures received full House approval last week in areas ranging from economic development

to the safety of our high school athletes.

HB 543, which passed the House unanimously last Tuesday, would give Kentucky businesses or products and supplies sold by in-state businesses preference over nonresident competitors on so-called TIF (tax increment financing) projects. TIF projects are paid for in part by government bonds then repaid through tax revenue the project generates. That bill now goes to the Senate along with HB 383, a measure approved by the House last Monday that would ensure high school athletes get the help they need if a medical emergency arises during competition or practice. HB 383 was filed following the 2008 death of Louisville high school football player Max Gilpin, who passed away last August after collapsing during practice.

One of the final acts last week was the passage of the state's road plan. The \$3.7 billion road fund package we passed would preserve \$125 million in road fund revenues through 2010, add \$400 million in bond funds to road construction and identify over \$441 million in federal stimulus funds that Kentucky is expected to receive for transportation projects. Part of the package would also freeze the state gas tax at 22.5 cents, allowing the state to pay off the road bonds and provide millions of dollars in road projects to counties and cities statewide.

Less than 5 legislative days remain before the General Assembly breaks for the governor's veto period. It has been a productive session thus far, with dozens of bills clearing the House and Senate since early February, including the budget modification and revenue bills signed into law last month. By the time the 30-day session concludes in late March, over 100 bills will likely have passed both chambers and many will have become law.

You can continue to stay informed of legislative action on bills this session by logging onto the Legislative Research Commission website at www.lrc.ky.gov or by calling the LRC toll-free Bill Status Line at 866-840-2835. To find out when a committee meeting is scheduled, you can call the LRC toll-free Meeting Information Line at 800-633-9650.

If you would like to share your comments or concerns with me or another legislator about a particular bill under consideration this session, you can call the toll-free Legislative Message Line at 800-372-7181.

The Times

FLOYD COUNTY

Published Sunday, Wednesday and Friday each week

263 SOUTH CENTRAL AVENUE
PRESTONSBURG, KENTUCKY 41653

Phone: (606) 886-8506
Fax: (606) 886-3603

www.floydcountytimes.com

USPS 202-700
Entered as second class matter June 18, 1927, at the post office at
Prestonsburg, Kentucky under the act of March 3, 1879
Periodicals postage paid at Prestonsburg, Ky.

SUBSCRIPTION RATES PER YEAR
In Floyd County \$59.00
Outside Floyd County \$76.00

Postmaster: Send change of address to
The Floyd County Times
P.O. Box 390
Prestonsburg, Kentucky 41653

PUBLISHER
Joshua Byers
jbyers@heartlandpublications.com

MANAGING EDITOR
Ralph B. Davis
web@floydcountytimes.com

ADVERTISING MANAGER
Jamie VanHoose
advertising@floydcountytimes.com

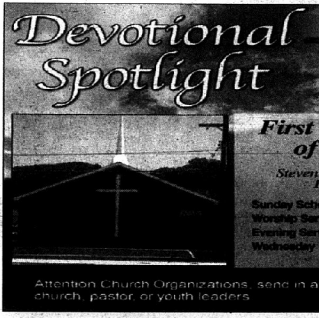
SHERIDAN
Member Company of the
SHERIDAN GROUP OF PUBLICATIONS
www.sheridangroup.com



A5

Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.



First Church of God

Steven V. Williams
Pastor
Sunday School 10:00 a.m.
Worship Service 11:45 a.m.
Evening Service 6:00 p.m.
Wednesday 7:30 p.m.

Attention Church Organizations: send in a picture of your church, pastor or youth leaders.

ASSEMBLY OF GOD

First Assembly of God, Martin: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lore Vannucci, Minister.
In Victory Assembly of God, West Prestonsburg: Sunday School, 10:30; Worship Service, 11:30 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.
New Bethel Assembly of God, Burning Fork Rd., Salyersville: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Arthur (Sam) Smith, Minister.
Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

BAPTIST

Allen First Baptist, Allen: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.
Auxiliary First Baptist, Auxier: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.
Bell Branch Regular Baptist Church, Mousley Ky: Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor; Contact Kermit Newsome 505-377-6881 for more information.
Benedict Baptist, Slick Rock Branch, Cow Creek: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.
Betsy Layne Free Will Baptist, Betsy Layne: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.
Big Sandy Community and Technical College Baptist Student Union, J 102: Wednesday, 11:30 a.m.; Vera Joiner, 866-3663, ext. 67267.
Bonanza Freewill Baptist, Abbott Creek Road, Bonanza: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.
Brandy Keg Freewill Baptist, Com Fork: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.
Calvary Southern Baptist, Betsy Layne: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Don Lewis, Minister.
Community Freewill Baptist, Goble Roberts Addition: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.
Cow Creek Freewill Baptist, Cow Creek: Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathan Lafferty, Minister.
Danielle Creek Baptist Fellowship Church of God, Banner: Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.
Drift Freewill Baptist, Drift: Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 8:30 p.m.; Jim Fields, Minister.
Endicot Freewill Baptist, Buffalo: Sun. School, 10 a.m.; Church every Sun. Morning 11:00 a.m.; Wed. evening Bible Study & Prayer Meeting 7:00 p.m.; First Sat. evening

Service, All Welcome 7 p.m. Pastor Mark Hunt, 606-478-2598.
Faith Bible Church, an Independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wrenam.
Faith Bible Baptist, 1/4 mile above Worldwide Ept. on Rt. 1428: Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday 7 p.m.; Elder Dorris Patrick, Minister.
First Baptist, Garrett: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.
First Baptist, Martin: Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service p.m.; Wednesday 7 p.m.; Graydon Howard, Minister.
First Baptist, Prestonsburg, 157 South Front Street: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minister.
Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653: Sunday School, 10 a.m.; Pastor Tommy Reed.
Free United Baptist, West Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7 p.m.
Free United Baptist, West Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.
Grathel Baptist, State Rt. 3379, (Brenham's Creek Rd.): Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.
Garrett Regular Baptist, Route 550, Garrett: Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Grace, pastor; Assist. Larry Patton, Phone 358-4275.
Highland Avenue Freewill Baptist: Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.
Jacks Creek Baptist, Bevinville: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trusy.
Katy Friend Freewill Baptist, 2 miles up Abbott: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor.
Lackey Freewill Baptist, Lackey: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.
Lancer Baptist Church, 71 Cooley St., Prestonsburg: Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m. Evening Worship, 6:00 p.m.; Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter.
Left Beaver Regular Baptist Church, across from Garth School: 4th Saturday & Sunday 10:00 a.m., Odd Saturdays 6:00 p.m.; Gary Compton, Pastor.
Liberty Baptist, Denver: Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.
Ligon Community Freewill Baptist, Ligon: Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.
Little Rosa Regular Baptist Church of Jesus Christ, (Indian Bottom Association): Services: 1st Saturday & Sunday, 11:00 a.m.; 2nd, 3rd Sunday, 9:30 a.m., Odd Sunday 9:30 a.m.
Main Branch Freewill Baptist, Estill: Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Bea) Morris, Pastor.
Martin Freewill Baptist, Martin: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.
Maytown First Baptist, Main St., Maytown: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.
McDowell First Baptist, McDowell: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.
Middle Creek Baptist, Blue River: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; William L. Hunt, Minister.

50 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.
Victory Christian Ministries, 1428 E. Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sherm Williams, Minister.
CHURCH OF CHRIST
Betsy Layne Church of Christ, Betsy Layne: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.
Prestonsburg Church of Christ, 88 Hwy 1428: Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.
Harold Church of Christ, Harold: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister.
Highland Church of Christ, Rt. 23, Hager Hill: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.
Hueysville Church of Christ: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Gary Verney, Minister.
Lower Toler Church of Christ, Harold: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonie Meade, Minister.
Mare Creek Church of Christ, Stanville: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.
Marth Church of Christ, Martin: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Gary Mitchell, Minister.
Maytown Church of Christ, 66 Turkey Creek Rd., Langley: Sunday Bible Study 10:00 a.m., Sunday morning worship 10:00 a.m., Evening Worship 6:00 p.m.; Wednesday Bible Study 6:00 p.m.
Upper Toler Church of Christ, 3.5 miles up Toler Creek on right: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.
Wesley Church of Christ, Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; John Burke, Minister.

CHURCH OF GOD
Betsy Layne Church of God, Old U.S. 23: Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudy, Minister.
Community Church of God, Arkansas Creek, Martin: Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.
First Church of God: Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven Williams, Pastor.
Garrett Church of God, Garrett: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Family Training Hour - Thursday 7 p.m.; Bill B. Tussey, Jr. Pastor.
Landmark Church of God, Goble Roberts Addition: Sunday School, 11:00 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.
Little Point First Church of God, 671 Little Point Road: East Point: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Heater Jr., Minister.
The Ligon Church of God of Prophecy, Saturday: Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

EPISCOPAL
St. James Episcopal Church, Sunday: 9:45 a.m.; Holy Eucharist 11:00 a.m.; Wednesday Study Group 6:00 p.m.; Holy Eucharist & Healing 7:30 p.m.; Father Johnnie E. Ross, Rector.

LUTHERAN
Our Savior Lutheran, Slip Bayes Room Carriage House: Methodist, Sunday Services, 11 a.m.; Wkl. W. (6:00 am) 12:05 p.m.; Roland Benter, Minister.

METHODIST
Auxier United Methodist, Auxier: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Mearl Music, Minister.
Betsy Layne United Methodist, next to B.L. Gymnasium: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.
Allen Christ United Methodist, Allen: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaister, Minister.
Community United Methodist, 147 Burke Avenue (off University Drive and Neely St.): Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Glen Sanderly, Minister; David Pike, Associate Minister.
Elliott's Chapel Free Methodist, Rt. 979, Beaver: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.
Emma United Methodist, Emma: Sunday School 10 a.m.; Sunday Worship Service, 11 a.m.; Pastor David Profit.
First United Methodist, 256 South Arnold Avenue: Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev. Jim Adams, Pastor.
Horn Chapel Methodist, Auxier Road, Auxier: Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Midweek Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Larry J. Pender, Minister.
Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.
Salsbury United Methodist, Printer: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.
Wayland United Methodist, Rt. 7, Wayland: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.
Wheelwright United Methodist, Wheelwright: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.

Vogle Day United Methodist Church, Harold: Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; 11:30 a.m.; Louie Sartin, Minister; David Pike, Associate Minister.
Drift Pentecostal, Drift: Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.
Free Pentecostal Church of God, Rt. 1428, East Point: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Bustor Hayton, Minister.
Free Pentecostal Church of God, Weeksburg: Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John Jay Patton, Minister.
Free Pentecostal Deliverance, Ext. 46 off Mt. Parkway at Campion: Worship Service, Saturday and Sunday, 7 p.m.; Patricia Crider, Minister.
Free Pentecostal Holiness, Rt. 122, Upper Burton: Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louie Sartin, Minister; David Pike, Associate Minister.
Goodloe Pentecostal, Rt. 850, David: Worship Service, 6 p.m.; Malcolm Stone, Minister.
Parkway First Calvary Pentecostal, Floyd and Magoffin County Line: Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister; 297-2822.
Trinity Chapel Pentecostal Holiness, Main St., Martin: Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat. 7 p.m.; Thurs., 7 p.m.; Ellis J. Stevens, Minister.
Free Pentecostal Church, Dwallo: Services Saturday, 6

p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.
PRESBYTERIAN
Drift Presbyterian, Route 1101, Drift: Worship Service, 11 a.m.
First Presbyterian, North Lake Drive: Sunday School, 9:30 a.m.; Worship Service, 11 a.m.; Rev. Vicki Poole, pastor.
SEVENTH DAY ADVENTIST
Seventh-Day Adventist, 5 miles West on Mountain Parkway: Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor; 358-9263; Church, 886-3459; leave message. Everyone welcome!
CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS
The Church of Jesus Christ of Latter-Day Saints: Sacramento Mtg., 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Preshow/Primary, 12:00 p.m.; Wednesday, 6 p.m.; Church Meeting house address, Hwy 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Ken Carriere, Bishop.
OTHER
Pastor Altha Johnson: welcomes everyone to attend services at the **CHURCH OF GOD OF PROPHECY TRAM KENTUCKY.** Sunday school 10 a.m. Worship service 11 a.m.
Drift Independent, Drift: Sunday, 11 a.m.; Thursday, 6:30 p.m.
Grace Fellowship Prestonsburg (next to old flea market): Sunday School, 10 a.m.; Worship, 11 a.m.; Bill Stukenberg, Pastor 889-0905.
Faith Deliverance Tabernacle, West Prestonsburg: Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shephard, Minister.
Faith Revelation, Harkins Ave., West Prestonsburg: Sunday School, 10 a.m.; Worship service, 11 a.m. and 6 p.m.; Thurs. 7 p.m.; Randy Hagans, Minister. 886-9160.
Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed. 7 p.m.; Carl & Missy Woods, Pastors.
Faith Worship Center, US 460, Paintsville: Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.
Full Gospel Community, (formerly of Martin) moved to Old Allen: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 p.m.; Lavonne Lafferty, Minister.
LightHouse Temple, Main St. and Hall St., Roy: Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday 7 p.m.; Roy Cosby, Minister.
Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge: Worship Service, 7:00 p.m.; Sunday Evening 6:00 p.m.; Pastor, Curt Howard.
Martin House of Worship, Old Post Office St.: Worship Service, 7 p.m., Saturday/Sunday.
Old Time Holiness, 2 miles up Arkansas Creek, Martin: Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.
Sprulock Bible (Baptist), 6227 Sprulock Creek Rd., Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-1093.
Town Branch Church: Sunday School 10 a.m. except for first Sunday in each month. Worship Service, Sun. morning 10:00 a.m., Evening 6 p.m., Wednesday, 6 p.m. No Sunday night services on first Sunday of each month. Tom Nelson, Minister.
The Father House, Big Branch, Abbott Creek: Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.
The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator: 10:30 Sunday Morning, 11:00 Sunday Evening, 7:00 Wednesday, 7:00 Pastors, Paul and Ramona Aiken.
Youth Fellowship Center, Wheelwright Monday-Tuesday: 6 p.m.; Thursday, 7 p.m.
Zion Deliverance, Wayland: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.; Prayer Line: 558-2464; Darlene W. Arnette, Pastor.
Taylor Chapel Community Church, formerly the old Price Food Service building, located 1/4 mile above Worldwide Equipment, Rt. 1428: Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m.; Kenny Vanderpool, Pastor.
International Pentecostal Holiness Church, 10974 N Main St., Martin: Rev. Ellis J. Stevens, Senior Pastor.
Rising Sun Ministries, 1114 Rising Sun Lane, Prestonsburg, KY 41653: Sunday, 11:00 a.m. Wednesday, 6:30 p.m. Pastor: D.P. Curry.
Church of God of Prophecy, Sunday School 10 a.m.; Worship Service 11 a.m. Sunday Night - 6 p.m. Wednesday Night - 6 p.m. Pastor Glenn Hayes, West Prestonsburg.
House of Refuge, Rock Fork: Sunday Evening Worship 6 pm. Monday Bible Study 7:30 pm. Wednesday Prayer Meeting 7:30 pm. Bill B. Tussey, Pastor.

East Kentucky Metal Roofing & Siding Supplies
East KY Metal
(Next door to East KY Roof Truss Co.)
3095 S. Lake Drive • Prestonsburg, KY 41653
Phone: (606) 889-9609 or (606) 886-9563

WE'RE GETTING THINGS DONE
Inez Deposit Bank
Main Street, Inez, Ky • 298-3511
Member FDIC

MUSIC CARTER
YOUR GM CONNECTION
SCOUT, DRIVE, PRESTONSBURG, KY
728-8181

Little Caesars PIZZA/PASTA!
Village Drive
886-8215

CATHOLIC HEALTH INITIATIVES
Phone: (606) 285-6400
Fax: (606) 285-6409
www.ohw.org
Saint Joseph Martin

MedZone Pharmacy
Locally Owned & Operated
Pharmacists: Cheryl Little & Sam Waddle
Located past HRMC on Left.
Convenient Drive-Thru Service.
889-9003
Open Mon. - Fri., 9 am - 5:30 pm • Sat., 9 am - 1 pm

Bodyco **Godwin**
PAGE
SUSPENSIONS
Office: (606) 874-2151
Toll Free: 800-826-7413
Fax: (606) 874-9136

HINDMAN PROMART HOME CENTER
Highway 160 E.
1 (800) 511-1695
HIGHLANDS
The Medical Center of Eastern Kentucky
886-8511
5000 Ky Hwy. 321 Prestonsburg, Kentucky 41653
Community Owned Not For Profit
Member AHA and KHA Accredited by JCAHO
Physician Referral
888-7586

FLOYD COUNTY



Faith and Family



KIM'S KORNER

Blueprint for winning life's unwinnable battles

by KIM LITTLE FRASURE

Have you had one of those days, or weeks, where you have felt totally powerless? Portions of a Word for Today a daily devotional email is shared below. May you enjoy be enlightened and most of all receive all that God has in store.

A situation that's taking place in your life, with your spouse, your child, your job, your finances or maybe it's just you — that just can't seem to get over the hurdle, heartache, illness, or grasp hold of enough faith to keep your head held high with a smile on your face.

Maybe you feel like the world is at arms reach, but just as you get ready to stick your hand out there and grab hold BAM — another wall erupts out of nowhere and there's fiery darts shooting at you and sticking so sharp in your body your mind is in a whirlwind of what to do, where to turn, or how is it going to end or will it ever end?

In the Book of Joshua in the Bible. In fact, there's a wonderful blueprint for winning life's unwinnable battles in the account of Joshua's most powerless moment. It's recorded in Joshua 5, beginning with verse 13. Joshua is leading the Jews into the Promised Land that God has said He would give to them. But immediately, they come upon this massive, seemingly (incapable of conquering) city; the walls are looming toward the sky. It's the world's oldest city, Jericho. There's no way Joshua's going to break those walls with anything he knows how to do.

You may be facing one of those "Jericho's" in your life right now, where the size of the challenge is far greater than any resources you have. So, this one's for you and for me. Joshua 5 says, "When Joshua was near Jericho, he looked up and he saw a man standing in front of him with a drawn sword. Joshua went up to him and asked, 'Are you for us or for our enemies?'" "Neither," he replied, "but as commander of the army of the

Lord I have now come."

Then Joshua fell face down to the ground in reverence, and asked him, "What message does my Lord have for His servant?"

Here's Joshua, a man who has never lost a battle, going face down on the ground in the most powerless position a man can be in. Joshua had never surrendered to anyone. But standing before the Commander of the Army of the Lord, he falls down in total surrender. Some Bible scholars believe this "Commander" is the



Kim Little Frasure

Son of God making one of His pre-Bethlehem appearances in the Old Testament. Face down before Jesus.

Could that be where He wants you and me right now? Maybe that's the only way we're ever going to conquer our Jericho; the only way we're ever going to have peace. When Joshua surrendered, God gave him the miracle plan that pulverized the walls of Jericho. The issue never was, the conquest of Jericho; it was the conquest of Joshua. The issue in your life really isn't the conquest of your impossible challenge; it's the conquest of you. It sometimes takes a Jericho to level some of us Joshua's. It could be that you've given Jesus everything: your talent, or have you?

Your time, or have you? Your money, or have you? Your service, or have you?

Maybe you have given everything but one thing, and that is, control. Is it still my way, my will, my agenda, my plans, my timing? God has you here for a reason. You are not where you are by coincidence no matter what you think. And He has gifted you with a position you are supposed to play with no exceptions. Just like a good coach positions each player on a football team. If you can kick like nobody's business, but can't run worth a plug nickel, then the Coach isn't going to have you running ump-teen yards for a touch-down.

These young boys surrender to the knowledge of their coaches to put them in the best

possible position on the team to take them places they've only dreamed, to make them most valuable players.

God is our Head Coach and He has placed each player just exactly where He wants them on His team playing the positions He created for each of us, the positions He gifted us for. And you are one of those team members. God has gifted you! He's prepared you. He's destined you, assigned you to play the position He knows is best for you and for His Church and this hurting and dying world.

Maybe it's time we stop trying to get Him to play us somewhere else. Maybe it's time we fall face down like Joshua and surrender our all to Jesus and do what He has called us to do.

If there's someone or something that you're still holding tightly in your hands, afraid or unwilling to surrender control of. Afraid to do what God has called or placed you in the position to do. Then consequently, your Jericho's will remain standing.

It is an insult to our Lord and Savior Jesus Christ to covet or want a position someone else has, or to compare ourselves to another player on His team, or belittle ourselves and our position as being less important than others, or to tell Him we can't play that position, or sit on the sidelines or leave the game because we don't like our position. To do so is depriving Jesus of a contribution that He has gifted us with, and keeping ourselves from making a contribution that only we can make.

Ephesians 2:10 says, "We are God's workmanship created in Christ Jesus for good works He prepared in advance for us to do."

God produces spiritual champions today just like He produced Joshua and placed him in a position to conquer if only he would surrender.

The most powerful position in the world is powerlessness. The secret of God's power into our situations is total surrender. At that point, He will commit all His forces to the battles in front of us. To finally surrender is to finally win.

Won't you surrender today? 'Til next week, God bless!

Where the Lawyer Works for YOU!

- Truck Wrecks
- Car Wrecks
- Wrongful Death
- Defective Products
- Work Injuries
- Social Security

JOHNSON LAW FIRM



126 Roberts Circle • Suite 2 • Pikeville, KY 41502
606-437-4488 877-713-1104

THIS IS AN ADVERTISEMENT. OTHERS IN FIRM MAY PERFORM SERVICES.

Trust.



In a time of instability...

stick with results you can trust. Your community newspaper is still the leading source people turn to for everything they need to know.

The Times

NEWSPAPERS we're still the

How to reach angry, unmotivated teens with Biblical counsel

Get Outta My Face!, by Rick Horne, a new Shepherd Press release for Christian parents, teachers and youth workers, is about reaching angry, unmotivated teens with biblical counsel. Such teens are selfish; they want what they want, right now. They are corrupted by sin and this corruption is the cause of their problem. Despite their sin problems, they are still made in the image of God, and this is the key to helping them. This book will help with addressing the teen's sin and bringing them to their God-given desires and godly actions. Far from dismissing or sugarcoating sin, this approach opens wide the door to evangelizing the unsaved teen and to helping the Christian teen grow in holiness and wisdom.

Part I presents Scripture's true and accurate view of your angry or unmotivated teen. It will also ask you to assess your own heart motives and self-

awareness. These opening chapters are foundational. They will set the stage for you to begin a conversation with your teen, even if he doesn't want to talk.

Part II is the "how-to" section. Each of its four chapters explains one of the four features that make up the conceptual core of this book.

- Listen Big
- Clarify Narrow
- Look Wide
- Plan Small

These four chapters explain and illustrate these principles using a variety of teen and parent vignettes.

Part III explains how to use the bridge of communication you will have constructed in Part II to help address your teen's heart issues.

Rick Horne, M. Div. (Reformed Episcopal Seminary), M. Ed. (West Chester University), D. Min. (Western Theological Seminary). With over 30 years

in Christian school guidance and counseling, Rick is currently the Director of Guidance, Delaware County Christian School. He is the coordinator of the Graduate Concentration in School Guidance Counseling in the M.Ed. Curriculum and Instruction major at Columbia International University.

Rick is a frequent presenter for school counseling related CEU and graduate credit courses and continuing education Enablers in U.S. and international conventions sponsored by the Association of Christian Schools International. ACIS has published three of his books about school guidance and counseling and one title dealing with scornful attitudes in the Christian school. Rick and his wife Betty have been married 39 years and have five married children, nine grandchildren, and one high school senior.

FLOYD COUNTY Sports

Friday, March 13, 2009

Inside
■ UK 'Pro Day' • 82

B1

Lady Eagles fall in state tourney

by STEVE LEMASTER
SPORTS EDITOR

BOWLING GREEN — Johnson Central dropped to 0-8 all-time in Girls' Sweet 16 games Thursday night, falling to upstart Casey County in the opening round of this year's state tournament. Casey County — the champion out of the 12th Region — gradually pulled away from Johnson Central in the opening round game. The Rebels led Johnson Central 24-16 at the intermission. Casey County (28-3), thanks to the victory, earned its 12th

straight win. Freshman center Megan Pittman (5-11) led Casey County with 21 points and eight rebounds. Pittman ranks as one of the state's top freshmen. In all three different Casey County players reached double figures in the scoring column. Kayla McFarland had 12 points, 10 rebounds and four assists for the Rebels. Lauren Hatter aided the Casey County attack with 12 points. Johnson Central lost for the first time in 13 games as it had a 12-game win streak halted. Hayley Meek led Johnson

Central with eight points. Johnson Central was limited to just six field goals. The Eagles finished six-of-37 from the field. Johnson Central missed both of its three-point field goal attempts. The Eagles finished the season 26-6. Simon Kenton 46, Breathitt County 37, Fourteenth Region champion Breathitt County fell to Simon Kenton in the opening round. Simon Kenton — the 8th Region champion — pulled away from the Lady Cats late in the first round contest. Chelsea Tolliver was strong in

the second half for Simon Kenton, scoring 17 of her game-high 19 points in the final two quarters. Tolliver scored all 10 of Simon Kenton's points in the third quarter. One of the top basketball players in Simon Kenton history, Tolliver became the school's leading scorer in the third quarter of the state tournament game. Kendall Noble led Breathitt County with 11 points, 12 rebounds and six assists. Simon Kenton improved to 28-4, claiming its 18 straight win. The Lady Cats ended the season 23-8.



SEVERAL YOUNG players took to the East Kentucky Expo Center floor for Prestonsburg during the 15th Region Tournament semifinals versus Lawrence County. photo by Jamie Howell

Another March, another year older

by RICK BENTLEY
TIMES COLUMNIST

It's been a while, so let's head to the weekend with some notes and one-liners. Sometimes I feel old. Others, I feel ancient. This is one of those times.

On Wednesday night, Johnson Central lost to Casey County by a count of 54-31. But that's not the point. Here's the point.

On the Johnson Central roster, there was only one freshman. Normally I wouldn't notice such a thing, but I did this time, because of this particular freshman.

Kasi Watson, a reserve guard, is that freshman. She's the daughter of Bill Watson, the women's basketball coach at Pikeville College. Billy and I have worked together for 13 years now. I remember Kasi when she was a baby.

And on Wednesday night, she grabbed a late rebound in the Sweet 16. As her proud Daddy told me after the game, "That's one more rebound than you or I ever dreamed of having in the state tournament." And he is right.

Kasi is going to be a good basketball player for Johnson Central. And every step of the way, I'll be proud of her and hope she overcomes her Dad and has as much success as she possibly can.

And every step of the way, I'll remember the little girl who was barely big enough to hold a basketball when I first met her.

And I'll feel old. A tip of the cap to the Phelps Lady Hornets and Coach J.R. VanHoose. The Lady Hornets could have become the first team

(See MARCH, page two)

Meeks, Patterson receive All-SEC recognition

TIMES STAFF REPORT

LEXINGTON — Jodie Meeks and Patrick Patterson were both named First-Team All-SEC by league coaches as announced by the conference office on Tuesday.

Meeks, a unanimous choice, led the Wildcats in scoring and ranked fifth nationally with a 24.7 ppg average during the regular season. He set the school record for points in a game when he poured in 54 at Tennessee and went on to break the single-season three-point record with 107 during the regular season.

Patterson finished the regular season as the only player in the SEC to rank in the top five in scoring (fourth — 18.4 ppg) and rebounding (third — 9.2 rpg). He leads the league and ranks eighth nationally in field goal percentage (61.5).

The last time Kentucky had two players named to the coaches' first team was in 2004 when Erik Daniels and Gerald Fitch received the honor.

The honor is the second for both players, as they were named Freshman All-SEC performers in their respective freshman years.

MOTOCROSS



Myles Minix, Prestonsburg, 15, is an AMA-sanctioned FMF Victory Sports 2008-09 Winter Indoor Series Champion. Minix competed in four classes with top-five overall finishes in each class — 85cc: first-place; Pitbike — first-place; Schoolboy — third-place; Supermini — fifth-place. Competitors from Kentucky, Tennessee, North Carolina, West Virginia, Virginia and other surrounding areas competed in the series comprised of 12 events from November 2008-February 2009. Minix rides for Honda of Prestonsburg and Minix Dental Center.

Beaver Junction Motocross opener slated for Sunday

TIMES STAFF REPORT

DWALE — Beaver Junction Motocross is scheduled to host its first round of the 2009 Outdoor Series on Sunday. All classes are slated to race as part of the season-opening round.

"Hopefully we'll be able to get the first round in," said Beaver Junction Motocross official Ricky Corder. "We'll be fine as long as it isn't wet. We're looking forward to getting the season started. Several riders have expressed a great interest in the 2009 season."

Phone calls to the track have flooded in throughout the year. Recent warm weather has had many motocross athletes anxious to return to the track.

Beaver Junction Motocross was scheduled to host its first round as part of the 2009 Outdoor Series on Sunday, March 1. Mother Nature, however, wouldn't allow the Eastern Kentucky track to stage its season-opener. Snow was on the ground on the day when Beaver Junction Motocross had originally hoped to open its season. Beaver Junction Motocross was not scheduled to race

last week as Muddy Creek Raceway in Tennessee hosted the Mega Series.

Beaver Junction Motocross has 14 rounds scheduled as part of the 2009 season. The March 1 race date will be made up a later date. Competitors must ride in at least 10 rounds in an individual class to be eligible for the 2009 Beaver Junction Motocross points chase.

The remainder of the 2009 schedule shapes up as follows: Round 3—April 5; Round 4—April 11 (Saturday); Round 5—May 10; Round 6—May 31; Round 7—June 7; Round

8—June 28; Round 9—July 26; Round 10—August 9; Round 11—September 6; Round 12—September 27; Round 13—October 4; Round 14—October 25; 2009 Banquet—November 7.

One of the state's leading motocross tracks, Beaver Junction affords fans a full concession stand with many food and drink choices along with official track merchandise, including this season's track T-shirt. The track also consists of multiple restrooms. Gates will open Sunday at 9 a.m.

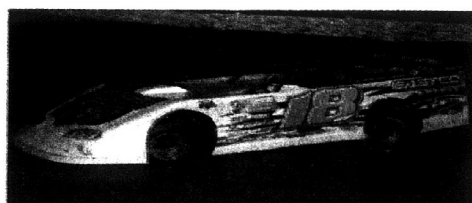
Kinzer finishes fourth in Southern All Star race

Madden grabs North Georgia feature checkers

TIMES STAFF REPORT

CHATSWORTH, Ga. — Working by race-long leader Ty Dillon, two-time Southern All Star Champion Chris Madden took the lead for the final time on the 18th circuit in Saturday night's Ernest Young Memorial at North Georgia Speedway. Madden collected \$5,000, winning his second series event this season. Randy Weaver rallied from a consolation race to finish in the runner-up spot. Jimmy Owens, Allen driver Brandon Kinzer and Dillon rounded out the top five finishers.

Forty-one cars signed in for the event with 39 of those taking their timed laps. Former Southern All Star Champion and World 100 winner Dale McDowell



file photo courtesy of Kinzer Motorsports
Brandon Kinzer finished fourth over the weekend in a Southern All Star feature race.

of Chickamauga, Georgia, clicked off the best lap of the evening during Sunoco Race Fuels Pole Qualifying. McDowell's 12:275 second (87.98 MPH) lap bested progre

Feature Finish: 1 — 44 Chris Madden — Gray Court, S.C.; 2 — 116 Randy Weaver — Crossville, Tenn.; 3 — 20 Jimmy Owens — Newport, Tenn.; 4 — 18 Brandon Kinzer

25 Jeff Smith — Villanova, Ga.; 11 — 17m Dale McDowell — Chickamauga, Ga.; 12 — 26 Tony Knowles — Tyrone, Ga.; 13 — 99 Derek Ellis — Chatsworth, Ga.; 14 — 5 Eric Jacobsen — Seachiff Beach, Calif.; 15 — 29m Gary McPherson — Dalton, Ga.; 16 — 101 Ethan Hunter — Tiger, Ga.; 17 — 81 Aaron Ridley — Chatsworth, Ga.; 18 — 41 Tommy Kerr — Maryville, Tenn.; 19 — 11 Tommy Bailey — Corbin; 20 — 77 Joe Armes — Petros, Tenn.; 21 — 101 Casey Roberts — Toccoa, Ga.; 22 — 3 Steve Smith — Powell, Tenn.; 23 — 116 Todd Morrow — East Ridge, Tenn.; 24 — 18 Ronny Lee Hollingsworth — North Port, Ala.

Rowe, Slone claim KABC hoops honors

by STEVE LEMASTER
SPORTS EDITOR

BOWLING GREEN — A coach and player from Pike County have been honored by the KABC (Kentucky Association of Basketball Coaches), Shelby Valley mentor Rodney Rowe has been named KABC 15th Region Coach of the Year. Pike County Central standout A.D. Slone claimed the KABC Player of the Year award. The KABC has announced the 2009 girls' player and coach of the year honorees in each of the state's 16 regions. The honorees will be recognized during the Girls' Sweet state tournament this week in Bowling Green. A breakdown of the honorees follows.

KABC Region Girls' Coaches of the Year: 1—Howard Beth, Marshall County; 2—Stephanie Crick, Caldwell County; 3—Brad Johnson, Ohio County; 4—John Butler, Barren County; 5—Chris Blaydes, Green County; 6—Bryan Bates, Bullitt County; 7—Mark Evans, Mercer Academy; 8—Jeff Stowers, Simon-Kenton; 9—Ron Dawn, Newport Central Catholic; 10—Janie Robinson, Montgomery County; 11—Joey Thacker, Franklin County; 12—Don Story, Lincoln County; 13—Larry Anderson, Whitley County; 14—Dickie Adams, Letcher County Central; 15—Rodney Rowe, Shelby Valley; 16—Scott Tackett, Rowan County.

KABC Region Girls' Player of the Year: 1—Jessica Holder, Marshall County; 2—Alyse Poindexter, Henderson County; 3—Mariah Robinson, Ohio County; 4—Ashley Rainey, Warren East; 5—Kaitie Fritts, Central Hardin; 6—Tiara Hopper, Butler; 7—Catherine Montano, Mercer Academy; 8—Chelsea Tolliver, Simon-Kenton; 9—Casey Jackson, Notre Dame; 10—Mackenzie Lee, Montgomery County; 11—Courtney Clifton, Lexington Christian Academy; 12—Lauren Hatter, Casey County; 13—Caitie Jackson, North Laurel; 14—Sharaye Kinzer, Letcher County Central; 15—A.D. Slone, Pike County Central; 16—Leslie Eagle, Morgan County.

Boys' Sweet 16 at Rupp Arena

First-round games Wednesday, March 18
Noon: Central (16-14) vs. Graves Co. (23-9)
1:30 p.m.: Grayson Co. (25-6) vs. Adair Co. (26-7)
6:30 p.m.: West Jessamine (26-8) vs. Hazard (26-8)
8 p.m.: Eastern (16-14) vs. Corbin (29-3)

Thursday, March 19
Noon: Holmes (32-2) vs. Christian Co. (24-6)
1:30 p.m.: Mason Co. (24-6) vs. Shelby Valley (30-4)
6:30 p.m.: Lexington Catholic (25-7) vs. Bowling Green (26-6)
8 p.m.: Anderson Co. (24-5) vs. Elliott Co. (30-2)

Hamilton Celebrity Golf Tournament slated for June 19-20

TIMES STAFF REPORT

MOREHEAD - The Steve Hamilton Celebrity Golf Tournament, which honors the memory of the Morehead State University Hall of Famer and former big league pitcher, will be held at Eagle Trace Golf Course on Friday and Saturday, June 19-20.

MSU is reaching out to a wide variety of celebrities with ties to Kentucky. Celebrities already committed to participate include former major leaguers Walt Terrell, Jim Coates, Ralph Terry and Willie Blair; as well as Atlanta Falcons quarterback Chris Redman and former NBA star Jerry Lucas. Terrell and Blair played for Hamilton at MSU. Blair is a Johnson Central High School graduate.

All participants will have opportunities to meet and interact with the celebrity players during the two-day event.

The Steve Hamilton Celebrity Golf Tournament is one component of a larger project that presents an exciting opportunity to honor "the old left-hander."

A former New York Yankee pitcher, Hamilton also was an MSU alumnus, coach and long-time athletic director. He was the first athlete to ever pitch in Major League Baseball's World Series, play in the National Collegiate Athletic Association (NCAA) basketball tournament and National Basketball Association's Championship series.

The goals of the Steve Hamilton Project are to create a permanent display for his memorabilia collection; to increase the Steve Hamilton Scholarship Fund; and to establish the Steve Hamilton Athletic Director's Fund which will target the most urgent needs of athletic programs.

Hamilton earned a bachelor's degree from Morehead

State in 1958 and a master's degree in 1963. A standout athlete during his college days, he played on Ohio Valley Conference championship teams in baseball, basketball and track.

After an 11-year major league pitching career, he coached in the minors before returning to MSU in 1976 to become the head baseball coach. He then held that position for 13 years. Hamilton's 305 win is the most of any coach in MSU history.

He was named director of athletics in July 1988, and served until his death in 1997.

As the A.D., Hamilton led the program to success on the field, in facilities and in the classroom. During his tenure, a weight room was built, an academic counselor for athletes was added, graduation rates of student-athletes improved and the University won the OVC Academic Achievement Banner four times.

Among his honors include spots in the Morehead State University Athletic Hall of Fame, the Ohio Valley Conference Hall of Fame and the Kentucky Athletic Hall of Fame.

In 1999, the OVC honored him with the establishment of the "Steve Hamilton Sportsmanship Award." It is given annually to an OVC male or female student-athlete of junior or senior standing who best exemplifies the characteristics of Hamilton. Criteria for the award includes: significant athletic performance along with good sportsmanship and citizenship.

Hamilton was honored by MSU with the 2007 Founders Day Award for University Service.

Additional information on the Steve Hamilton Project or Celebrity Golf Tournament is available by contacting MSU's Office of Development at (606) 783-2033 or by e-mail at giving@moreheadstate.edu.

ever to qualify for the championship games of both the All "A" and March regional tournaments and finish as runners-up in both events.

Some would consider that a bad thing, but for Phelps and its second-year coach, I'll say it qualifies as a pretty successful season. I'm sure they'd rather win one or both of them, but all in all, that's a pretty nice season right there.

Following were the half-time scores at the first day of the girls' Sweet 16 in Bowling Green: Iroquois 14, Franklin-Simpson 11; Montgomery County 18, Christian Academy of Louisville 13; Simon Kenton 16, Breathitt County 15; and Casey County 24, Johnson Central 16.

My reaction? Only the last three teams reach a combined 40 points scored in the first 16 minutes.

To put it another way, Bill Watson saw them all and had this reaction: "The first three were all close games," he said. "And none of them were very exciting."

All that, and consider this: In the four matchups, the teams had combined to lose four, seven, 11 and eight games all season long.

Weird stat of the first day of state-tournament play: Johnson Central scored 31 points in its loss and only 12 of them came from the field. That's right: They made six field goals the entire game, and missed both of their three-point tries.

They did manage to go 19-27 from the line, which is 70.4 percent. So they had that going for them.

It is my estimation that Shelby Valley could face the toughest road to the state title

in Sweet 16 history. They'd have to beat, in my opinion, Mason County, Elliott County, Holmes and the upper bracket winner.

I believe the proper word is "brutal."

Just to show it can be done, I'd like to mention this: Last year, the Pikeville College women's bowling team entered the postseason ranked second in one poll and third in the other. They won the national championship by beating the following teams in the double-elimination tournament: One unranked, No. 4, the other two/three team and No. 1 in the finals.

For good measure, they also knocked off the team that had won the NCAA championship only a week earlier.

These roads are tough, but anything is possible.

Continued from p1

When President Lee Todd said Billy Gillispie's future at Kentucky would be decided after the season, that wasn't a good sign for the coach.

I never thought I'd say this, but part of me hopes Morehead State is put in Tuesday night's play-in game in Dayton. Because if they are, you'll have two days of people talking about how good Eagle Kenneth Faried is. He's a sophomore who I told you about in December, he averages - averages - 12.8 rebounds a game, and he is the real deal.

And everyone who claims to have had Morehead in the tournament and Kentucky out of it back in November? There's a word for those folks: Liars.

Good weekend, everybody.

Meeks named District Player of the Year

TIMES STAFF REPORT

LEXINGTON - Jodie Meeks was named the U.S. Basketball Writers Association (USBWA) District IV Player of the Year as announced by the organization on Tuesday.

Meeks led the Wildcats in scoring and ranked fifth nation-

ally with a 24.7 ppg average during the regular season. He set the school record for points in a game when he poured in 54 at Tennessee and went on to break the single-season three-point record with 107 during the regular season.

Meeks is the seventh Wildcat in the last six years to

receive USBWA All-District honors, but the first District Player of the Year in that time frame.

Two Kentucky squads in NCAA Tournament: Morehead State and Western Kentucky have both qualified for the NCAA Tournament. Over the weekend, Morehead State out-

lasted Austin Peay for the Ohio Valley Conference (OVC) championship. Earlier in the week, Western Kentucky defeated South Alabama for the Sun Belt Conference title. Louisville is also likely to make the tournament. Kentucky, however, remains uncertain of its postseason future.

FCT ATHLETES OF THE WEEK

Jody Tackett, Prestonsburg

Lindsay Martin, Betsy Layne

15th Region Boys' Basketball Standings

Team	Overall Record
Shelby Valley	30-4
Johnson Cen.	22-8
Lawrence Co.	22-10
Pikeville	18-11
Prestonsburg	18-13
Phelps	16-10
Betsy Layne	16-11
East Ridge	14-12
Magoffin Co.	14-15
Sheldon Clark	11-17
Bailey	10-18
Pike Co. Central	9-23
Paintsville	7-19
South Floyd	5-21
Allen Central	1-19

Wildcats perform on 'Pro Day'

TIMES STAFF REPORT

LEXINGTON - The 2008 and 2009 Kentucky football seniors put their physical abilities on display Wednesday morning at the annual "Pro Day" workout for professional scouts.

Representatives of 18 National Football League teams, along with the Kentucky Horsemen, various team, put the Wildcats through their paces. The seniors from UK's AutoZone Liberty Bowl championship team were tested in the 40-yard dash, vertical jump, agility drills, various position-specific drills and weightlifting. The upcoming seniors for the 2009 season

were tested in the 40-yard dash.

Cornerback David Jones (Red Jacket, W.Va./Beltrif HS) posted the best 40 time among the '08 seniors, clocked as fast as 4.34 seconds. Among the '09 seniors, fleet-foot tailback Alfonso Smith ran the 40 as fast as 4.27 seconds, staying consistent with his previous times in the 4.2 range.

"Overall, it was a very productive day," Coach Rich Brooks said. "It's part of the (evaluation) process. For some guys, this day is very important. If a guy is not on the scout's radar, he can really help himself (with a good showing)."

"I think a lot of people will be impressed with how many

of our players will be in the picture on draft day and the free agent signings."

Three of the Wildcat seniors, punter/kicker Tim Mashlay, safety Marcus McCClinton and defensive tackle Mason Fryor, had been worked out already by the scouts in February at the official NFL combine. Those players were on hand today for additional evaluation.

The NFL Draft is scheduled for April 23-26. Brooks is hopeful that the '08 seniors will add to the success of the UK senior class of 2007. Seven Wildcats from the '07 team were drafted or signed as free agents, six of whom made it onto a roster in the NFL.

Leonard named KIAC Player of the Week

TIMES STAFF REPORT

PIPPA PASSES - Alice Lloyd College standout Will Leonard has named Kentucky Intercollegiate Athletic Conference Baseball Player of the Week for March 2-8. Leonard is a 6-6 freshman

first baseman from Blountville, Tennessee. He went 12-for-18 including eight runs and 15 RBIs. Leonard was a perfect four for four with two homers and seven RBIs in the 12-1 win over New River College. ALC entered the week 7-0.

Dairy Queen

of Prestonsburg

SPORTS FAN OF THE WEEK



If you are the sports fan circled here... it's your lucky day!

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at DAIRY QUEEN OF PRESTONSBURG. When claiming your ice cream cake, present this newspaper.

2009 Marshall football schedule released

TIMES STAFF REPORT

HUNTINGTON, W.Va. - Marshall University Director of Athletics Bob Marcum announced the Thundering Herd's 2009 football schedule on Tuesday. Marshall will face five 2008 bowl teams, including defending ACC Champion Virginia Tech and in-state rival West Virginia.

"We've got a lot of good teams coming to Huntington, and it is an exciting schedule at the Joan," head coach Mark Snyder said. "It is a challenging schedule that looks really good. I like how the schedule falls for us."

The 2009 season opens up on September 5 with at home against Southern Illinois. The Salukis won nine games last season en route to a share of the Missouri Valley Football Conference title. A trip to Blacksburg, Va. follows the next weekend as Marshall will

take on defending ACC champion Virginia Tech.

On September 19, former Mid-American Conference for Bowling Green comes to town before the Herd takes to the road a week later to begin its Conference USA schedule at Memphis. The month of October begins with a visit to Huntington by defending C-USA champion East Carolina before the Herd travels to the Big Easy for a tilt against Tulane.

Marshall's final non-conference game will take place on October 17 as Marshall will travel to Morgantown for the Fourth Annual Friends of Coal Bowl. Seven days later, the team will be back in conference action, playing host to UAB.

League action continues for the team as it travels to UCF on Sunday, November 1 for a nationally broadcast ESPN game. Marshall will wrap up

its home schedule with a Nov. 14 game against Southern Miss and a tilt against SMU one week later (Nov. 21) before wrapping up the regular season with a trip to UTEP.

Game times are still to be determined. Additional games may be televised, those changes will be announced at a later date.

2009 Marshall Football Schedule

Sept. 5 SOUTHERN ILLINOIS
Sept. 12at Virginia Tech
Sept. 19BOWLING GREEN
Sept. 26at Memphis
Oct. 2 EAST CAROLINA
Oct. 10 at Tulane
Oct. 17 at West Virginia
Oct. 24 UAB
Nov. 1 at UCF (ESPN)
Nov. 14SOUTHERN MISS
Nov. 21 SMU
Nov. 28 at UTEP
ALL GAMES - Home game at Joan C. Edwards Stadium

Kentucky General Assembly recognizes Morehead State men's basketball team

TIMES STAFF REPORT

FRANKFORT - Morehead State University's men's basketball team and coaches were recognized by both houses of the Kentucky General Assembly on Tuesday, March 10.

The Eagles won the Ohio Valley Conference Saturday night in double overtime over Austin Peay to earn their first trip to the NCAA Tournament since 1984.

Seven MSU alumni serve in the Kentucky House. Rep. Rocky Adkins, D-Sandy Hook, is the majority floor leader. He was the starting point guard on the 1982-83 OVC Champion Eagles.

Other members include: Rep. Hubert Collins, D-Wittensville, Rep. John Will Stacy, D-West Liberty, Rep.

Robin Webb, D-Grayson, Rep. Mike Denham, D-Maysville, Rep. Jimmy Higdon, R-Lebanon, and Rep. Carl Rollins, D-Midway.

Three MSU alumni serve in the Kentucky Senate. They are Sen. Johnny Ray Turner, D-Orlton, Sen. Charlie Borders, R-Grayson, and Sen. Walter Blevins, D-Sandy Hook.

Campus, community celebrate MSU's OVC title

MOREHEAD - Nearly 500 supporters helped Morehead State University celebrate its Ohio Valley

Conference men's basketball championship Monday afternoon. The gathering at the Adron University Center featured Coach Donnie Tyndall and his Eagles; Sue Andrews, MSU First Lady; Rep. Rocky Adkins, former MSU player and Majority Floor Leader; and the national champion, MSU Cheerleaders.

Rep. Adkins was a member of the 1982-83 Eagle squad that advanced to the NCAA Tournament.

MSU won the OVC title Saturday night with a 67-65 double overtime victory over Austin Peay State University. Morehead State (19-15) now will advance to the "Big Dance" for the first time since 1984. Its opponent will be announced March 15.

Friday, March 13, 2009

FLOYD COUNTY Lifestyles

Phone: (606) 886-8506
Fax: (606) 886-3603

Members:
Associated Press
Kentucky Press Association
National Newspaper Association

INSIDESTUFF

- Hospice legislative day • page B4
- Rental Central • page B4
- Classifieds • page B5

www.floydcountytimes.com

"The BEST source for local and regional society news"

Email: features@floydcountytimes.com

FAMILY MEDICINE

Prediabetics need weight loss, other lifestyle changes — page B4



DINNER DIVA

Cooking is fun

The other day, my bf said to me, "You love to cook, don't you?" Almost incredulously, like he was watching me scrub toilets or something on a par, I thought that was kinda funny, especially considering how I make my living. But you know, there are so many people that simply don't enjoy it. How sad!

Cooking to me is such a pleasure, whether it is cooking for just myself, cooking for my children or cooking for a whole group...I just love it. There is something so primal and earthly good about providing a good tasting meal. When you can add nutrition into the mix and you care about those you are cooking for, it really doesn't get much better than that.

I've always loved to cook. My first badge in Girl Scouts? You guessed it...the cooking badge. I still have it; it's taped to my bookcase in my office with a sticker that says, "Yes, I love to cook!", a sticker retrieved from one of those cookbook club mailings.

I was born into a family of cooks. My mother is a salt of the earth type of cook. I cannot think of one thing she doesn't do well in the kitchen. She taught me how to cook from an early age and I cannot thank her enough for her training. I learned how to cook everything from scrambled eggs to cookies to Thanksgiving dinner by the time I left home. I often called her with questions on how to make something, but I certainly wasn't skill-less nuking frozen dinners because I didn't know how to cook.

My dad was British and quite the epicurean adventurer. LOL. My dad would go to the ethnic markets in L.A. and return with exotic spices then trash my mother's kitchen whipping up who knows what. Sometimes it was good, sometimes...not so much. I always tried it though! I was game for whatever was on the menu.

When I was about 9, my dad brought home frogs legs. Yes indeed. Amphibians. I've eaten the limbs of poor hapless froggies! They were delicious...sautéed in garlic and butter. I couldn't get enough. The weird thing is I don't think I'd want to try them today (and I haven't eaten them since), but back then, as daddy's little kitchen helper, I was all about those blasted frog legs.

Bottom line, yeah...I do love to cook. Cooking is an amazing way to connect with the people you love and the best way I can think of to enjoy your friends and family. Here's a recipe that's a bit more ordinary than frog's legs and will have your family jumping for joy—enjoy!

Nacho Stuffed Shells

- Serves 6
- 9 ounces jumbo shells (32 to 36 shells), uncooked
- 1/2 pound extra lean ground beef
- 3/4 of a 1.25 ounce package low sodium taco seasoning
- 3/4 cup water
- 3/4 of a 16 ounce can refried beans with chiles
- 3/4 cup low fat cheddar cheese, shredded
- 1/2 cup mild, medium, or hot picante sauce
- 3/4 of an 8-oz. can tomato sauce
- 3/4 of a 2-oz. can sliced ripe olives, drained
- 3/8 cup thinly sliced green onions



Adams Middle School came in with a third-place finish in the District 85 middle school competition for the Governor's Cup. Student Sean Ly captured fifth-place in the mathematics category.

HEADED TO THE TOP

Three middle schools compete in Governor's Cup

Students from Adams, ACMS, SFMS, head to Louisville this weekend

by JARRID DEATON
FEATURES WRITER

Floyd County will be well represented at the upcoming Governor's Cup competition in Louisville.

Several students from the county were regional winners and will be advancing to the state level.

At South Floyd Middle School, Joslyn Isaac took first-place in English composition, Charly Hyden took fifth place in science assessment, and Josh Clemons took fourth-place in science assessment.

From Adams Middle School, Sean Ly took fifth-place in mathematics.

Allen Central Middle School student McKay Prater came in with a fourth-place finish in the arts and humanities category. All of these students will compete in the state competition.

"Students, teachers, bus drivers and parents have all been a part of making these events successful for student participation in Floyd County," said Beverly Crisman, director of community education for the Floyd County School System. "This month provided many weather related challenges, but we are proud of the results of these competitions."

The Governor's Cup competition was founded in 1986 as a way to promote, reward and recognize outstanding academic achievement. Since then, over a quarter of a million students have taken part in the event.

The competition is the state's premier academic event, involving over 20,000 students, nearly 1200 schools, and thousands of coaches, administrators, parents and community leaders who see the rewards gained from encouraging academic performance through properly structured and professionally administered academic competition.

The state finals are scheduled to begin on March 14, with the last day of the competition on March 16.

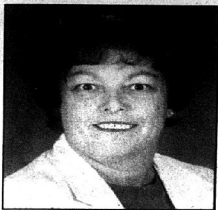
For more information of the Governor's Cup, including lodging and registration, visit <http://www.kaac.com/>



Allen Central Middle school took top honors in District 84. McKay Prater will represent the school at the Governor's Cup competition in Louisville.



South Floyd Middle School student Joslyn Isaac took first-place in English composition, Charly Hyden came in at fifth-place in English composition, and Josh Clemons took fourth-place in science.



Family Medicine
OHIO UNIVERSITY
Martha A. Simpson, D.O., M.B.A.
Associate Professor of Family Medicine

Prediabetics need weight loss, other lifestyle changes

at test was over 140 mg/dl but under 200 mg/dl, you should be considered prediabetic. The term "impaired glucose tolerance" (IGT) is the term most people use now. Once a person has IGT, they need to take prompt action to prevent or delay the onset of type 2 diabetes.

The first step is to get some education and counseling about diabetes and the lifestyle changes that you need to make. Weight loss of at least 5 to 10 percent of your current body weight is the first recommendation. This should be accompanied by increasing your physical activity to at least 150 minutes of brisk walking every week — an average of about 20 minutes a day. All of these things should be done by everyone with IGT.

There are other measures that can be taken based on the presence or absence of several risk factors. The risk for developing type 2 diabetes is

significantly increased if you have high blood pressure, low HDL cholesterol (that's the good cholesterol), elevated triglycerides or a first degree blood relative with diabetes (mother, father, sister, brother).

You cannot, obviously, choose new parents. However, in conjunction with your family physician, you can take action to lower your blood pressure and improve your cholesterol profile.

Also, an A1C test with a result of over 6 percent is a risk factor. A1C is a blood test that measures the amount of sugar that is sticking to the hemoglobin in your blood.

Your test results, though, may not tell the whole story. If you are overweight or obese (a BMI greater than 25) and are under 60, you probably should talk to your doctor about starting on some medicine to help your body manage its glucose load while you're losing weight and starting to

exercise.

Some people with IGT check their blood sugars at home on a regular basis to monitor how the lifestyle changes they are making are working. On top of weight loss and exercise, total calories and fat intake should be reduced while adding in more dietary fiber and increasing your intake of whole grains.

Your doctor will want to follow you at least yearly to see how your efforts at preventing diabetes are paying off.

□□□

Family Medicine is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readersquestions@familymedicine-news.org.

Q I recently had a two-hour oral glucose tolerance test because my fasting blood sugar was 117. My two-hour sugar was 177. The nurse says I have diabetes, but my friend, also a nurse, says I am prediabetic. Who is right? If nurse #1 is right, then why didn't they start me on any medicine? And if nurse #2 is right, what exactly does that mean? And what should I be doing?

A Based on the information you have given me, it sounds like you are prediabetic or have impaired glucose tolerance. A diag-

nosis of diabetes is confirmed when a person meets one of three criteria:

- Fasting blood sugar greater than 126 milligrams per deciliter (mg/dl).
- Random blood sugar of more than 200 mg/dl, or
- Two-hour glucose of greater than or equal to 200 mg/dl.

The two-hour glucose test is also called a postprandial test, meaning "after consumption." It can either be two hours after eating a meal or after drinking 75 grams of a special glucose solution.

Since your fasting blood sugar was over 100 mg/dl but under 126 mg/dl, and your two-hour postprandi-



Hospice of the Bluegrass representatives met with Sen. Johnny Ray Turner, above, and Rep. Hubert Collins on Feb. 26.



Hospice of the Bluegrass representatives participate in KAHPC Legislative Day

FRANKFORT — Hospice of the Bluegrass representatives participated in the Kentucky Association of Hospice and Palliative Care's annual Hospice Legislative Day in Frankfort on Feb. 26.

Representatives of HoB used the day in Frankfort to discuss with legislators the importance of hospice in Kentucky. The focus of the day was to reiterate the cost

avings that can be realized by Medicaid and Medicare through the use of hospice.

Shelia Joseph, director of Hospice of the Bluegrass, Mountain Rivers met with Sen. Johnny Ray Turner, Senate District 29, and Rep. Hubert Collins, Senate District 31.

Overall, legislators offered an overwhelming sense of support for hospice and the services

they provide. In fact, many recounted their own personal experiences with hospice and loved ones.

Later in the day, HoB representatives attended the proceedings in both the House and Senate chambers. Sen. Tom Buford and Rep. Bob Damron each filed resolutions in their respective chambers honoring Feb. 26 as Hospice Day in Kentucky.

Dinner

OPTIONAL GARNISHES: low fat Cheddar cheese, shredded lettuce, chopped cilantro, chopped avocado, etc.

Preheat oven to 350 degrees.

Prepare pasta according to package directions.

While pasta is cooking, sauté beef in a large skillet until browned, drain well. Add taco seasoning mix and water; simmer for 5 minutes, or until thickened. Add beans and cheese. Cook until smooth and well blended. When pasta is done, drain well. Fill shells with beef mixture (1 to 2 tablespoons per shell).

Combine picante sauce and tomato sauce in a saucepan. Cook until heated, stirring occasionally. Spread 1/2 cup of the sauce over the bottom of a 9" x 13-inch baking pan that has been coated with cooking

spray.

Place filled shells side by side on top of sauce; pour remaining sauce evenly over shells. Sprinkle with olives. Cover with aluminum foil; bake for 35 to 40 minutes, or until thoroughly heated. Sprinkle with green onions. Cover and let stand for 5 minutes before serving. Garnish as desired.

Per Serving: 378 Calories, 9g Fat, 21g Protein, 49g Carbohydrate, 5g Dietary Fiber, 32mg Cholesterol, 893mg Sodium. Exchanges: 3 Grain (Starch); 1 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 1

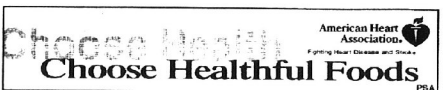
■ Continued from p7

Fat. 0 Other Carbohydrates, SERVING SUGGESTIONS: A huge green salad is plenty.

VEGETARIANS: Use TVP crumbles instead of beef.

KOSHER: Skip the cheese or use soy cheese if desired.

For more help putting dinner on your table, check out Leanne's website www.SavingDinner.com or her *Saving Dinner* Book series (*Blammo!* and her *New York Times Best Selling Book Body Clutter* (*Unshale*). Copyright 2008 Leanne Lyle. Used by permission in this publication.



Rental Central

by TOM DOTY
 TIMES COLUMNIST

Three films aimed at simply entertaining the audience accomplished their goals this week, while one drama aimed a little higher and enjoyed success as well.

■ "Role Models" — Two rowdy sales reps, for one of those high energy drinks, land themselves in trouble after a night of hard partying. This being a comedy, the pair are offered community service in the form of mentoring young men and they leap at the chance and some hijinks ensue. This isn't rocket science, but there are plenty of laughs thanks to a good script and spirited performances from Paul Rudd ("Knocked Up"), Sean William Scott and Christopher Mintz-Plasse (who scored as McLovin in

"Superbad").

■ "Let the Right One In" — Sweden shows that there is still some life in the vampire genre with this entry which focuses on the friendship between an introverted middle-schooler and his odd neighbor who never attends school and refuses to emerge from her apartment until night time. Excellent stuff that features some stunning photography and a fresh take on vampires. The story is rich as well and centers on a sheltered lad who doesn't stand up to the school bullies but eventually comes out of his shell after befriending his bloodsucking neighbor.

■ "Transporter 3" — Jason Statham returns for a third outing as the fast driving and spin kicking Frank Martin. This series has always delivered the goods and they fare well here

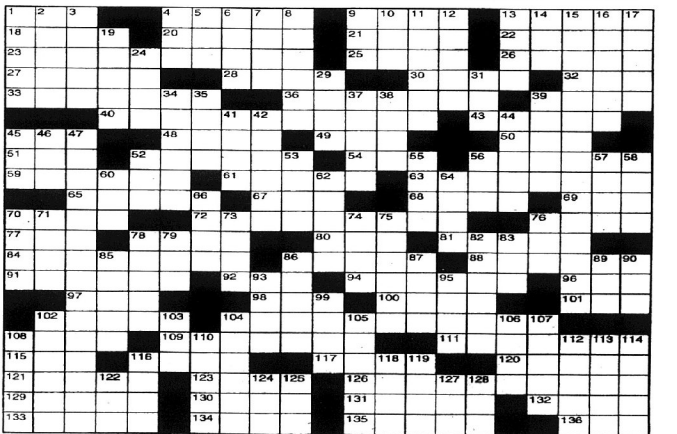
as Frank is hired to escort the kidnapped daughter of a Ukrainian official back to her home. There are plenty of folks who don't want Frank to make it, so strap yourself in for some high-octane chases and ample bone breaking.

■ "Mike" — Sean Penn reins it in here as a publicly flamboyant, yet privately awkward, city official who was also the first openly gay politician. Penn gets ample support from James Franco and Josh Brodin (who is better here than he was in any of the 20 other movies he's been in this year), but Penn owns the film and especially shines in the smaller moments where his character tries to reach out to the less fortunate.

Next week look for "Elegy" and get ready for the best Frank Castle film yet with "Punisher: War Zone."

Super Crossword

- | | | | | | | |
|-----------------------|-----------------------------------|-----------------------------|-----------------------------|-------------------------------|----------------------------|-------------------------|
| ACROSS | 1 Martin Sheen, to Emilio Estevez | 52 "The Twelve" (70 film) | 102 Hunt or Hayes | 5 Word form for "environment" | 42 Jeanne of Ales and Jim" | 85 Dickens title |
| 2 Photo tint | 54 Atrocious | 104 Dancing | 9 Hissling from Human | 6 It may be bitter | 87 Move like mad | 86 Peel off |
| 3 "The Life of Baal" | 59 Finger food | 108 Kid at court | 111 Menzies briefly | 7 "Dinka (song)" | 88 Self-esteem | 89 Make a miumum |
| 4 Elvis | 61 Trickles | 115 Aussie walker | 116 Space resort | 8 "Green Acres" | 90 miumum | 91 Psychologist |
| 5 Soccer superstar | 65 Cognizant | 117 Assistance | 120 Spanish guitarist | 9 "The Host" | 92 statesman? | 93 Obligations |
| 6 Cold sound | 67 in the manner of | 121 "Crazy" singer | 121 "Crazy" singer | 10 Push a product | 94 John | 95 Villain |
| 7 Dancing | 68 Bare | 122 Dancing | 122 Dancing | 11 Draw forth | 96 Village | 96 Village |
| 8 Rango rope | 69 Start to snooze | 123 "of Gold" | 126 Dancing | 12 Copper or cobalt | 97 Sgt. or opi. | 97 Sgt. or opi. |
| 9 — a | 70 rva — | 77 Gray matter? | 77 Gray matter? | 13 "Green Acres" | 98 Tia the knot | 98 Tia the knot |
| 10 Isomer | 71 Northwestern | 80 Philps of "JHF" | 80 Philps of "JHF" | 14 "Stroker" (85 film) | 99 Thames | 99 Thames |
| 11 Whip | 81 Toronto's horse | 84 Mare, disreputable | 84 Mare, disreputable | 15 Dancing body: builder? | 100 Mallow or leaf | 100 Mallow or leaf |
| 12 Little lumps | 85 Director | 88 Flusters | 88 Flusters | 16 Wrecks the polis | 101 Suffen | 101 Suffen |
| 13 Fawcett | 89 Percussion instrument | 91 Percussion instrument | 91 Percussion instrument | 17 Italian wine | 102 Acts like a chucker | 102 Acts like a chucker |
| 14 Parisian pronoun | 92 Real awful | 92 Real awful | 92 Real awful | 18 Abate | 103 Nightmayer? | 103 Nightmayer? |
| 15 Dancing | 93 Make cheddar to a corral | 93 Make cheddar to a corral | 93 Make cheddar to a corral | 19 Akbar's city | 104 Acrylic textile | 104 Acrylic textile |
| 16 Range | 94 Beel awful | 94 Beel awful | 94 Beel awful | 20 Sealoff | 105 Highway-man" poet | 105 Highway-man" poet |
| 17 Go Fish | 95 Make cheddar to a corral | 95 Make cheddar to a corral | 95 Make cheddar to a corral | 21 Selection | 106 Gentle | 106 Gentle |
| 18 Comic | 96 Prohibit | 96 Prohibit | 96 Prohibit | 22 Coop crowd | 107 Gentle's fruit | 107 Gentle's fruit |
| 19 DeLuxe | 97 Prohibit | 97 Prohibit | 97 Prohibit | 23 Ward of "Sisters" | 108 Carlie | 108 Carlie |
| 20 Use with a scroll | 98 Wine vessel | 98 Wine vessel | 98 Wine vessel | 24 Breckage | 109 Vulcano | 109 Vulcano |
| 21 Command | 99 Yuletide | 99 Yuletide | 99 Yuletide | 25 Hersey | 110 Female part | 110 Female part |
| 22 Use with a scroll | 100 Piglet's parent | 100 Piglet's parent | 100 Piglet's parent | 26 Touch up the text | 111 Peruvian port | 111 Peruvian port |
| 23 Prospector's prize | 101 Piglet's parent | 101 Piglet's parent | 101 Piglet's parent | 27 Like the Taj Mahal | 112 Phobic monogram | 112 Phobic monogram |
| | | | | 28 Use a straw | 113 Knats composition | 113 Knats composition |
| | | | | | 114 Buddhism | 114 Buddhism |



B5

The Times

CLASSIFIEDS work for you!

sell — buy — rent — hire — find

Over 18,000 Readers every issue!

Local Rates Include Online
 only \$5.00 for the first three lines, \$1.00 each additional line
Bargain Basement - Items under \$100 - 3 lines, half price
Yard Sale Ads - 1 Day \$5.00 - 3 days \$12.00
 (30 words or less)

"For Sale Special"
 3 lines/
 3 days only
\$16

5 Easy ways to place your ad:

1. Call: (606) 886-8506, LeighAnn Williams
2. Fax: (606) 886-3603
3. E-mail: classifieds@floydcountytimes.com
4. Stop by: 263 S. Central Avenue, Prestonsburg
5. Mail: P.O. 390, Prestonsburg, KY 41653

Our hours: 8 a.m.-5 p.m.
DEADLINES:
 Wednesday's paper @ Mon., noon
 Friday's paper @ Wed., 5 p.m.
 Sunday's paper @ Thurs., 5 p.m.
Visa - MC - Discover
 Check

The Best Way To Write An Ad:

- Begin with a key word (Item for sale, etc.)
- Use descriptive words to identify your items
- State your price or terms
- Include a phone number and/or e-mail address

NAME _____
 ADDRESS: _____
 PHONE #: _____

Write your ad here:
 (approximately 18 lines per line)

CREDIT CARD:

OUR CLASSIFIEDS Will WORK For You!!!

The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

AUTOMOTIVE

Wheels/Misc

Hicks Auto Sale

- 2004 Mitsubishi galant. Extra sharp. Moon roof. Asking \$7,495
- 2000 Dodge Dakota Quad cab. Automatic, V6. \$4,200.
- 1996 S-10, 4 cylinder, 5 speed. \$2,500.
- 2000 Ford Taurus. 60,000 miles. \$3,000.
- 1997 Cadillac S/S. 110,000 miles. \$ 3,995.

Employment

Employees needed to Steam Clean Heavy Equipment. Must have valid driver's license and up to date Surface mining papers. MET papers is a plus. Call Monday thru Friday between 8:00am and 5:00pm. 606-886-1759.

Dental Assistant needed. No experience required - will train - computer experience would be helpful but not necessary. Send resume to 415 N. Lake Drive Ste 201, Prestonsburg, Ky 41653.

Experienced Tower Climber needed for local work. Job also includes two way radios and car kit installs. Must have valid driver's license and pass drug screening. Must have references! Excellent benefits! Package available. Please send resume to PO Box 873, Prestonsburg, Ky 41653 Call 886-3181.

Custodial / Maintenance worker needed at Mountain Christian Academy. Regular work hours are from 10:00am - 6:00pm Monday - Friday. Candidates should be in good physical condition, possess a valid KY drivers license, and be knowledgeable in janitorial cleaning practices. Employment physical and criminal record check required. Applicants must be willing to work outside of regular hours for school functions and / or custodial / maintenance emergen-

cies. Interested applicants may obtain an application from the school office between 8:00am and 3:00pm Monday - Friday. Completed applications must be returned by March 20, 2009 to Mountain Christian Academy, P.O. Box 1120 Martin, Ky 41649. Fax 606-285-5141. Phone 606-285-5141.

Residential property inspector needed for part time work. 1 day a week. Covering Lawrence, Martin, Floyd, Johnson, Magoffin Counties. Call or e-mail robh@insurance-services.com.

Local surveying firm in need of surveyors, capable of both underground and surface surveying related to coal mine mapping. Other duties include municipal and farm surveying. Must have valid driver's license and ready to work. Should have underground and surface training certificates. Liberal work environment. Health insurance and retirement plans. Send resume to Alcherry, Engineering Associates, 546 West Old Middlecreek Road, Prestonsburg, Ky 41653 or fax to 606-886-8847.

Maintenance Position
 Immediate Opening
 Floyd/Magoffin Area
 \$2.00 to start
 Health and dental after 90 days to qualified applicants.
 Must have own tools and truck;
 Duties include: painting, cleaning, and grounds upkeep.
 Minimum 32 hours/week.
 Fax resume and 3 references to: (606) 683-3300

Apartment Community Manager Needed for Floyd-Magoffin area
 Prior management experience preferred. Starting at \$8.50/hour, 40 hours a week. Good office and people skills required. Health and dental after 90 days. Fax resume and business references to: Attn: Hardin, (606) 683-3300

PUBLIC NOTICE
 The counties of the Big Sandy Area Development District, which includes Floyd, Johnson, Magoffin, Martin, and Pike, are having a Regional Water Management Council Meeting. The meeting will be held on the 27th day of March 2009, at the Big Sandy Area Development District, Prestonsburg, Kentucky, at 11:00 a.m. The Regional Water Management Council will recognize newly elected officials and indicate participants' roles and responsibilities as members of the Regional Water Management Council. Public attendance is welcomed. Further meetings, concerning planning goals and objectives will be scheduled and publicly announced. For further information, please contact Tracy Wireman at the Big Sandy Area Development District, at (606) 886-2374, ext. 342.

Mystery shopper
 Earn up to \$150 per day. Undercover shoppers needed to judge retail & dining establishments. Experience not required. Call 877-341-3504.

Miller, Bros. Coal, LLC is seeking qualified applicants for the position of **Senior Planning Engineer**. Mining Engineering degree and experience required. Competitive salary and benefits package. Interested applicants should send their resume in confidence to 1801 Watergap Rd Prestonsburg, Ky 41653. Phone inquiries not accepted.

Services

If you need wills, deeds, power of attorney or other legal documents drawn up or need a notary, call 791-1202.

NEED A TUTOR FOR YOUR CHILD? I have ten years experience teaching children aged 2-18, have successfully tutored children with both emotional and learning disabilities and have assisted a child with autistic spectrum disorder. I believe in finding each child's unique

learning style and helping them to reach their greatest potential. If you would be interested in seeking my assistance for your child, please feel free to call Tonya at 606-230-0235 or email me at tonya1@hotmail.com

Furniture

For sale: Beige 3 pc Ashley sectional \$200, small dresser \$15.00, small chest \$10.00, almost new crib \$250 new asking \$50.00. Call 285-5104.

Animals

For sale: AKC Dobermen puppies. Champion blood line. Blue males \$50 each. Call 424-5377 or 478-4038.

Misc.

Prom dress for sale. Size 0. Beautiful strapless gown. Gray in color with rhinestones down the front. Bought new last yr for \$425 asking \$250. Call 889-0544 after 6pm.

Custodian/Maintenance Worker

Prestonsburg First Baptist Church (Irene Cole Memorial) has an immediate full-time opening for a Custodian who will also perform light maintenance functions. Position requires some lifting. Pay commensurate with experience. Please send resume to First Baptist Church (Irene Cole Memorial), Attention: Personnel Committee, P.O. Box 756, Prestonsburg, KY 41653, or apply in person. Resume and applications must be received by March 27th.

BRANCH MANAGER
 Floyd County Public Library

Responsible for the administration, planning, supervision, and operation of the Minnie Branch Library. Will work with all ages and community groups to develop library programs, collections, and outreach. BABS preferred. Minimum of one year of supervisory experience preferred. Must possess strong human relations skills. Full-time position. Wage negotiable and standard benefits package. Submit application by March 27th, to the Floyd County Public Library, Attn: Homer Hall, 161 North Arnold Ave., Prestonsburg, KY 41653-1269.

PREMIER ELKHORN COAL COMPANY
 Myra, KY

is now accepting applications for the following position:
TPP Electrician with three years plant electrical and repair experience. Must be able to cut and weld. PLC experience required. Requires State and Federal Electrical certifications. Also requires KY Surface Mine certification. Applications will be accepted at: Kentucky Department for Employment Services, 138 College Street, Pikeville, KY 41501. Premier Elkhorn Coal Company is an Equal Opportunity Employer.

REAL ESTATE

Houses

House and property for sale. \$70,000. Call 377-2032.

Sale or lease

75 X 85. Lot for sale. Located in downtown Prestonsburg. Located in Prestonsburg. \$26,000. Call 889-9526.

Office space for rent. 3,000 sq ft, 2 bath, 10 individual rooms suitable for professional office. Call 794-6204 for more information. Located on 1320 North Lake Drive, Prestonsburg, Ky. Downtown from Jerry's.

RENTALS

APARTMENT

2 Apartments for rent. 3 Br, living room, dining area, and wall to wall car-

pet. Central heat air and washer & dryer hookup. Located in Prestonsburg behind Dr. Gopal's office. Upstairs \$575 a month plus utilities and 1 month deposit. Downtown stairs is \$550 plus utilities & deposit. Call 285-9000 before 10:00 pm.

Mobile Homes

Special FHA Finance Program \$0 Down if you own land or use family land. We own the bank your approved. Call 866-697-2083.

1 BR. apartment for rent. Utilities & Appliances furnished. Located between Prestonsburg & Panstville. No pets. No parking. \$255 per month \$250 deposit. Call 791-6016.

Fully furnished apt for rent. Ready to occupy. Everything you need, very clean, quite, a/c, good place. Suitable for

2BR Mobile home for rent. Located on Cliff road. Call 886-3047 or 226-3047.

Country Living 3

2 working people or 4 bedroom. Owner will finance! Call 606-864-5252.

Land and home. Owner will finance. Call 606-864-5804.

FHA Financing limited homes available. First time buyers our specialty. Call to be pre-qualified. Call 877-310-2577.

Small furnished Mobile home for rent. Just off the Mtn Parkway on old 114. Call 889-8724.

2- Mobile homes for rent. References & deposit required. Call 889-0363.

Low Income Housing available. Social security or SSI. No problem! Call to apply 606-864-0420.

Public Notice

The counties of the Big Sandy Area Development District, which includes Floyd, Johnson, Magoffin, Martin, and Pike, are having a Regional Water Management Council Meeting. The meeting will be held on the 27th

day of March 2009, at the Big Sandy Area Development District, Prestonsburg, Kentucky, at 11:00 a.m.

The Regional Water Management Council will recognize newly elected officials and indicate participants' roles and responsibilities as members of the Regional Water Management Council. Public attendance is welcomed. Further meetings concerning planning goals and objectives will be scheduled and publicly announced. For further information, please contact Tracy Wireman at the Big Sandy Area Development District, at (606) 886-2374 ext. 342.

Legals

Public Notice
 The counties of the Big Sandy Area Development District, which includes Floyd, Johnson, Magoffin, Martin, and Pike, are having a Regional Water Management Council Meeting. The meeting will be held on the 27th

NOTICE OF INTENTION TO MINE Pursuant to



HOME FIRES

America's Biggest Disaster Threat

4 Out of 5 Americans Are Unaware That Home Fires Are The Most Common Disaster Threat.

Preparedness is your best defense against deadly fires. Use these checklists to make your home safe and prepare your family.

To prevent fires before they start:

- Never leave burning candles unattended
- Keep fuel (paper, clothing, bedding) at least three feet away from heat sources

To stay safe from fires:

- Create a home fire escape plan
- Practice your plan at least twice a year
- Install smoke alarms and escape ladders
- Replace smoke alarm batteries at least once a year
- Purchase and learn how to use fire extinguishers safely

Visit www.redcross.org or contact your local American Red Cross chapter today to learn more.



Application Number 836-0342 NW

In accordance with KRS 350.055, notice is hereby given that Frasure Creek Mining, LLC, 4978 Teays Valley Road, Scott Depot, WV 25560, (304) 204-1455 has applied for a permit for a surface coal mining and reclamation operation located 1.7 miles

northeast of Hippo, Kentucky in Floyd County. The proposed operation will disturb 431.30 surface acres and will underlie 4.92 acres, and the total area within the permit boundary will be 436.22 acres. The proposed operation is approximately 0.8 miles south from KY 1210 junction with Alum Lick Road and located 0.2 miles

southwest of Caney Creek. The proposed operation is located on the Martin USGS 7 1/2 minute quadrangle map. The operation will use the area, contour, and auger methods of surface mining. The surface area to be disturbed is owned by George Thornsby, et. al, Evie Thornsby, et. al, Shade and Patricia K. Pitts, Lou

Ellen Pitts, Big Branch Holding Company, LLC, Chris Damron, Danny Ousley, Rosie Reffett, Craig Ousley, et. al, Betty Litsey, Charles Gordon Ousley, Donald and Brenda Ousley, Adrian Bradley, James and Marie Bradley, Ronald and Jackie Bradley, Sally R. Kessie, Charles E. Bradley, Amy

Bradley, Abby Bradley, Adam Bradley, Johanna L. Silveus, Kenneth Silveus, Earl and Peggy Stephens and Sianna Flisner, Mont Ousley Heirs, Edward L. and Sadie Shepherd, J.T. and Anna Lea Thornsby, Phyllis Reffett, and Glen Hurd-Estate. The operation will underlie land owned by Shade and Patricia K. Pitts, Lou Ellen

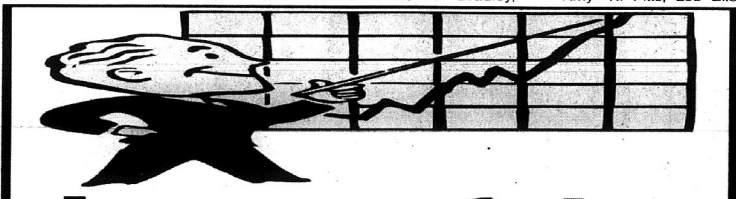
Pitts, Big Branch Holding Company, LLC, Equitrans, and Mont Ousley Heirs. The application has been filed for public inspection at the Department for Mining Reclamation and Enforcement's Prestonburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonburg, KY 41653. Written comments, objections, or requests for permit conference must be filed with the Director of the Division of Permits, #2 Hudson Hollow

Complex, U.S. 127 South, Frankfort, Kentucky 40601. This is the final advertisement of the application. All comments, objections, or requests for a permit conference must be received within 30 days of today's date.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 880-0124, Operator Revision In accordance with

405 KAR 8-010, notice is hereby given that Czar Coal Corporation, LLC, Box 915, Deborn, Kentucky 41214, intends to revise permit number 880-0124 to add one new operator. The operator presently approved, in the permit is Mayo Resources, Inc. The new operator will be Bizzaac Construction, LLC, 2266 Executive Dr., Lexington, Kentucky 40583.

The operation is located 1.82 mile southeast of Thomas, in Martin and Floyd Counties. The operation is approximately 1.84 mile northwest from KY Route 194's junction with Wolfe Branch Road, and located 0.09 mile northeast of Wolfe Branch. The operation is located on the Thomas U.S.G.S. 7 1/2 minute quadrangle map at latitude 37°42'83", and longitude 82°36'39". The application has been filed for public inspection at the Department for Mining Reclamation and Enforcement's Prestonburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonburg, Kentucky 41653. Written comments or objections must be filed with the Director, Division of Permits, #2 Hudson Hollow, US 127 South, Frankfort, Kentucky 40601. All comments or objections must be received within fifteen (15) days of today's date.



Increase Sales

When you place your ads with us you get the best of both worlds - local print circulation and internet advertising on the area's most-visited Web site!

Call us at 606-886-8506 Or visit us at www.floydcountytimes.com

Service IS OUR BUSINESS

Authorized Singer Dealer and Repairs
All New Machines w/Warranties

Repair All Brands and Treadle Machines
Attachments, oil, belts, bobbins, needles, foot controls in stock.

Days: 886-6219
Evenings: 886-8459
587 S. Lake Dr., Prestonburg, KY

Welding Positions Available
Excellent pay & benefits. Drug screen required. Call for appointment **606-285-9358**

WRIGHT CONCRETE & CONSTRUCTION, Inc.
www.wrightconcrete.com

Wright Concrete & Construction, Inc. is accepting applications for the following position:

- ◆ **Experienced Core Drill Rig Operator**
Excellent Working Environment with Top Pay & Benefits:
Health, Dental, Vision & 401K Retirement

Fax, Email, or Mail your resume to:
Wright Concrete & Construction, Inc.
9430 US HWY 23 S
Pikeville, KY 41501
Email: wrightconcrete@mikrotec.com
Fax: (606) 639-4482
Toll Free: 800-670-6965
Local: (606) 639-4484
Equal Opportunity Employer

PREMIER INTEGRITY SOLUTIONS

Exciting opportunity with a rapidly growing company.

Drug-Testing Technicians (part-time) Floyd County area

Essential duties include, but not limited to:

- Administering urine drug testing (We provide the training)

Ideal candidate would be:

- Experience in drug testing a plus
- Able to work flexible hours

Pre-employment test required:

- Drug test • Background check

Retirees encouraged to apply.
Apply: www.premierintegrity.com
Email: leah@premierintegrity.com

Robinson's Septic Service
Commercial & Residential Licensed & Certified

Repair Broken Lines • Maintenance & Inspection of Treatment Plants
Unclog & Clean Lines
Take samples for treatment plants
Pump Out Septic Tanks

STEVE ROBINSON
Class II Waste Water Treatment Plant Operator
(606) 791-5494

THE ELECTRIC WORKS
Residential • Commercial
Installation & Maintenance

- Free Estimates •

James Warrick (Licensed)
(606) 874-9123

Mine Safety & First Aid Training
Newly Employed
24 hr. Class (surface)
40 hr. (underground)
8 hr. refresher (surface & underground)
Also Drug Testing
285-0999
Train at your convenience.

Parkview Pharmacy
www.refillrx.com/parkviewrx

Drive-thru Available

Located across from Miamie Ballpark
Kristy Moore (Valerie) Akers
(606) 377-2117
FREE DELIVERY

J & L Electrical Contracting
Residential & Commercial
Electrical Services
Home Improvements and Repairs

40-ft. Bucket Truck and Bobcat for Hire

LICENSED and INSURED
Free Estimates • Reliable
Call JOHN LEWIS, today
Ph: (606) 886-2785
Pager: (606) 482-0229

MURRELL'S APPLIANCES
Garrett, Kentucky
358-9410

Used Appliances
90-Day Warranty.
Delivery Available.

DO YOU SEE A BALLFIELD?
THEN YOU SEE THE POWER OF COMMUNITY COALITIONS.

They help community groups organize resources and fight to keep kids away from drugs. Contact a community coalition and find out what your group can do.

www.helpyourcommunity.org
or 1-877-KIDS-313

YOU GET MORE WHEN YOU GET TOGETHER

Office of National Drug Control Policy

FLOYD COUNTY CLERK—CHRIS WAUGH
2008 INCOME STATEMENT
For the Twelve Months Ending December 31, 2008

Receipts	\$	Expenditures	
Tax Bill Preparation	3,517.35	Licenses & Transfers	1,148,148.06
Election Personnel Reimb	13,637.43	Usage Tax	4,550,729.86
Registration of Voters	345.50	Tangible Personal Property	1,301,444.51
Tax Bill Preparation	3,515.85	Affordable Housing Trust Fee	37,518.00
Calculation of Taxes	6,720.00	Fish & Game	17,205.00
Board of Assessment	50.00	Delinquent Tax	94,689.67
Board of Elections Commission	525.00	Legal Process Tax	37,447.03
Facility Cost Reimb	108,502.92	Tangible Personal Property	459,629.89
Licenses & Transfers	1,617,433.58	Occupational	611.63
License & Transfers Retund	(443.75)	Beer & Liquor	7,267.50
Usage Tax	4,793,066.96	Delinquent	106,801.85
Usage Tax Retund	(10,433.36)	Fire Acreage	305.03
Tangible Personal Property	3,649,420.12	Deed Transfer	50,741.73
Tangible Personal Property Ret	(1,824.10)	Tangible Personal Property	1,741,099.64
Fish & Game	17,950.56	Delinquent Taxes	546,989.34
Fish & Game Retund	0.00	Delinquent Taxes	8,199.86
Marriage	12,247.50	Delinquent Taxes	133,486.26
MARRIAGE RETUND	(35.50)	Official Maximum Compensation	84,594.82
Occupational	643.79	Official Expense Allowance	3,660.00
Beer & Liquor	7,650.00	Deputies Salaries	536,802.27
Beer & Liquor Retund	0.00	Social Security	37,311.77
Deed Transfer Tax	53,467.60	Medicare	8,726.01
Delinquent Taxes	978,279.87	Life & Health Insurance	40,830.45
Delinquent Taxes Ret	(9,074.57)	Unemployment Insurance	5,953.99
Historic Buildings	3,611.00	Train Fringe Benefits (HB 810)	3,524.72
Releases (Mrtgs, Deeds)	20,337.00	Img. Index, Internet Website	541.00
Releases (mortg, deed) ret	(39.00)	Audit & Accounting	149,038.40
Deeds - Assesment Contracts	36,712.00	Tax Bill Preparation	18,208.19
Deeds - Assesment Retund	0.00	Office Utilities	9,731.29
Real Estate Mortgages	58,816.00	Office Supplies	5,085.79
Real Estate Mortgages Retund	0.00	Office Supplies	36,258.14
Hotel Mortgages - Financial Net	109,378.00	Office Expenses	41,596.89
Hotel Financial Statements	(22.00)	Conventions & Travel	4,491.59
Power of Attorney	3,257.00	Fees, Dues & Subscriptions	2,245.00
Notary Bonds	3,068.00	Postage	13,713.66
Property Bond Bonds	1,708.00	Errors & Omissions Ins.	217.22
Wills	1,464.00	Rental Fees	25,106.00
Leases	3,846.00	Lease Fees	6,610.00
Articles of Incorporation	924.00	Election Expenses	108,352.92
Mechanics Liens & Lis Pend Ret	33,335.00	Office Equipment	10,233.00
All Other Recordings	(143.00)	Web Renewals	0.00
Cops Work	4,578.91	NSF Checks	1,746.61
Postage	1,649.61		
Candidate Filing Fees	1,740.00		
Miscellaneous	18.96		
Bank Interest Income	3,458.36		
Overage - Shortage	(321.07)		
Total Receipts	11,448,026.91	Total Expenditures	11,396,834.19
		Excess Fees	\$ 51,192.72

Employment Opportunity
Automotive Parts Department

Retail Parts experience helpful.
Full-time employment.
Health insurance, paid holidays, paid vacation, commission, uniforms.
Must have valid driver's license.
Great working conditions, teamwork a must.

email résumé to:
brownsemploy@yahoo.com
or call
1-800-789-5301
Ask for Mike Brown or Mark Castle

***** JOB ANNOUNCEMENT *****
Business Services Representative

Big Sandy Area Community Action Program is seeking a Business Services Representative for the WIA program. Duties include, but not limited to: working closely with local businesses in an effort to identify workforce related needs, provide services directly to customers, when needed, and act as an account representative for JobSight services to the local business community.

Bachelor's degree in business, communications, or related field is required. Previous experience marketing products or services to the business community is preferred.

The successful candidate must possess outstanding interpersonal and community relations skills, have excellent planning, organizational and marketing skills and the ability to manage more than one project at a time. The position will require travel throughout the five-county service region.

Qualified applicants may submit a résumé and letter of application to:
Big Sandy Area Community Action Program, Inc.
ATTN: Human Resources Manager
230 Court Street, Paintsville, KY 41240
Closing date for applications is
Tuesday, March 31, 2009, at 4:30 p.m.