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— page B1

briefs

Floyd men arrested in Hazard

The Hazard Herald

HAZARD - Two Floyd County men were arrested in Perry County earlier this week after police say they found hundreds of illegal prescription pills inside a vehicle.

Troopers Ronnie Long and Billy Pollard with the Kentucky State Police Post in Hazard made the arrest Tuesday evening following a traffic stop on the Hal Rogers Parkway. Police say they observed 24-year-old Christopher Jewell speeding when they pulled him over along the Parkway. The troopers say they located a large quantity of prescription pills inside the vehicle, including 114 Endocet tablets, 210 Methadone tablets, and 240 additional pills of various types.

Jewell, of Prestonsburg, was charged with operating a motor vehicle under the influence and other traffic violations, while the passenger, 41-year-old Michael Neal Thompson, also of Prestonsburg, was charged with public intoxication, criminal littering, and two counts of first-degree possession of a controlled substance. Police say he was also wanted on charges of flagrant nonsupport.

Both men were lodged in the Kentucky River Regional Jail.

Troops return from Afghanistan

Times Staff Report

ASHLAND - Some 400 members of the National Guard's 201st Engineer Battalion, with units from Prestonsburg, Ashland, Olive Hill and Cynthia, were welcomed home during a ceremony in Ashland yesterday.

The unit had been stationed in Afghanistan, where they worked to clear hundreds of acres of mine fields and destroyed more than 14,000 pieces of ordnance, according to records with the Kentucky Department of Military Affairs.

House Speaker Greg Stumbo said yesterday he regretted not being able

to attend the ceremony, held at Boyd County Middle School.

"These soldiers have literally been on the front line for the last year and have earned the gratitude of the Commonwealth and the nation for their hard work and sacrifice," Stumbo said.

"If I did not have to be in Frankfort to lead the House for the current

legislative session, I would be in Ashland today to welcome them home myself. They are true American heroes."

This last deployment was the second for the 201st unit since Sept. 11, 2001. It is its first mission the unit helped to provide security at military bases around the United States.

ON THE SCENE



State police officers secured the scene and questioned family members at Teaberry Wednesday morning, after the body of 26-year-old Jason Tackett was found in a creek just behind the local post office. Investigators have not yet determined an exact cause of death.

Body of missing man found in creek at Teaberry

by SHELDON COMPTON
STAFF WRITER

TEABERRY - The morning after his family had reported him missing, 26-year-old Jason Tackett of Beaver was found dead in a creek near the Teaberry Post Office.

Tackett was discovered by his uncle, according to police, who were notified just before 11 a.m. Wednesday morning.

Kentucky State Police Det. Mike Goble said the family had been in an altercation a couple days before, but the case is currently listed

as only a death investigation.

"He had no visible wounds or marks of any kind," Goble said at the scene Wednesday morning. "His uncle found him and I'm sure they will send off for an autopsy to better determine the cause of death."

Dozens of vehicles and onlookers, including many of Tackett's family members, crowded the Teaberry gas station near where Tackett's body was found Wednesday.

Family members were questioned by KSP Det. B.J. Caudill, who is the lead investigator in the

case, while authorities worked to remove Tackett from the creekbed at the far edge of an open field adjacent to the gas station and local post office.

As Tackett's body was taken from the creekbed and transported across the field to a coroner's van, family members, including Tackett's father, Donnie Tackett, made their way to the van where several cried out as they saw Tackett's body.

Donnie Tackett moved away from the van, in tears and covering

(See BODY, page five)

Fox News films locally for segment on economy

by SHELDON COMPTON
STAFF WRITER

Representatives with the Fox News Network spent Tuesday and Wednesday visiting various spots throughout Floyd County to shoot portions of a segment local officials say is expected to air sometime in the coming week.

Prestonsburg Director of Economic Development Brent Graden hosted the news affiliate during the two-day period, accompanying them first in Prestonsburg and then at various other areas in the county, such as Mud Creek and other spots in the southern end of the county.

"They're here to do a piece that ties into the economy," Graden said Tuesday, shortly after camera crews joined him on the roof of the local Strand Twin theater in downtown.

Graden installed a new solar-powered wireless router aimed at improving wireless internet access in Prestonsburg, one of many projects undertaken in the last few years to increase the tech presence in the city.

The visit from Fox News comes just weeks after ABC aired Diane Sawyer's 20/20 special report "A Hidden America: Children of the Mountains," a program that explored the lives of children in areas such as Flat Gap, Inez and Cumberland.

The special report prompted a flood of response from Eastern and Central Kentuckians alike, many panning Sawyer, a native of Louisville, for the report, while others supported her efforts to spotlight the struggles.

Graden said Fox News representatives, who left Floyd County Wednesday, planned their next stop at one of the state's Maker's Mark factories, a portion of the segment that will deal with bourbon production and distribution.

"It will air sometime next week, and I hope it does some good," Graden said. "I think they had the opportunity to see much of what is going on here economically, and I hope they take away something positive with that."

(See HONORS, page five)

Six honors being presented at Leadership Conference

HAZARD - Six individuals and organizations will be honored at the 23rd annual East Kentucky Leadership Conference, to be held April 23 and 24. The public is invited.

The conference is expected to attract more than 300 participants, including the governor and other prominent state and federal officials. WYMT-TV will host and record the awards show following the Thursday, April 23 banquet (at 5:30 p.m.) for later broadcast.

The honorees are:
■ Paul Dole of Barbourville - Public Individual Award. Dole has served the Kentucky Communities Economic Opportunity Council (KCEOC) in a variety of positions over

the past 34 years, including Business Director, Head Start Director, Deputy Director and currently as President and CEO for the past 28 years. He is a member of the East KY Leadership Foundation (EKLF) board of directors.

■ Ron Eller of Lexington - Private Individual Award. Eller is a nationally known authority on the history of the Appalachian region. He served as Director of the University of Kentucky Appalachian Center from 1985-2000. His most recent book, *Unseen Ground: Appalachia Since 1945* has received very good reviews.

■ United Way of Southeastern Kentucky - Organization Award with special recognition to Gaylan Good of

Hazard. United Way serves eight counties: Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry and Wolfe. Over the past ten years, the UWSEKY has donated more than \$900,000 to over 50 local human services agencies in the region. Gaylan was hired in 2000 as the first executive director of the UWSEKY and is conducting his tenth United Way campaign. He is the major reason that the UWSEKY has grown from distributing around \$10,000 yearly in the early '90s to around \$100,000 per year.

■ Halfway2Hazard - Cultural/Arts Award. Two local young men have made it big in country music. Chad Warrrix of Breathitt County and David

Tolliver of Knott County are making a name for themselves in Nashville. Hazard is halfway between their homes in Knott and Breathitt County.

■ Institute for Rural Journalism & Community Issues - Media Award with special recognition to Al Cross, Institute Director. The institute began at the University of Kentucky in 2004. Al Cross, a former Louisville Courier-Journal reporter and columnist, was hired as interim director and in 2005 he was hired as permanent director and assistant professor in the School of Journalism and Telecommunications at UK.

2 DAY FORECAST

Today
Evening
Clear

High: 66 • Low: 48

Tomorrow
Partly cloudy

High: 74 • Low: 50

For up-to-the-minute forecasts, see floydcountytimes.com

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Obituaries

James Ellis Bartley

James Ellis Bartley, 93, of Lowmansville, died Monday, March 2, 2009, at the Paul B. Hall Regional Medical Center.

Born November 18, 1915, in Pike County, he was the son of the late Manuel and Dolly Coleman Bartley. He was a retired coal miner, and a member of the Upper Room Church, in Paintsville.

He is survived by his wife, Lillian Ruth Daniels Bartley.

In addition to his wife, survivors include three sons: James Ellis "Jack" (Judy) Bartley Jr., of Melvin; James Robert (Barbara) Bartley of Lowmansville and Hobert (Dora) Bartley of Inez; two brothers; one sister; eight grandchildren, and 10 great-grandchildren.

In addition to his parents, he was preceded in death by a son, William R. "Toby" (Pearl) Bartley; an infant daughter; and seven brothers and sisters.

Funeral services were held Thursday, March 5, at 1 p.m., at Nelson-Frazier Funeral Home, in Martin, with Don Frately officiating.

Burial was in the Bartley Family Cemetery, in Lowmansville, under the direction of Nelson-Frazier Funeral Home.

Visitation was in the funeral home. (Paid obituary)

Adrian "Abo" Blackburn

Adrian "Abo" Blackburn, 83, of Prestonsburg, died Tuesday, March 3, 2009, at the Hazard Medical Center.

Born in Prestonsburg on June 16, 1925, he was the son of the late Arthur Blackburn and Willie Lou Wells Blackburn. He was a former letter carrier for the U.S. Postal Service. He was a charter member of StoneCrest

Golf Club, and a World War II U.S. Navy veteran.

He is survived by his wife, Margaret Douglas Spurlock Blackburn.

In addition to his wife, survivors include one son, Jimmy Blackburn (Mona) of Prestonsburg; one daughter, Janet Blackburn of Ft. Lauderdale, Florida; two grandchildren; Candra Blackburn and Ethan Blackburn; and one great-grandchild, Logan Shepherd.

Funeral services will be held Saturday, March 7, at 2 p.m., at the Carter Funeral Home Chapel, with Rev. Jim Adams officiating.

Interment will be in Davidson Memorial Gardens, in Ivel.

Visitation is Friday, from 5 p.m. until 9 p.m., at the funeral home.

Contributions are suggested to the First United Methodist Church, 256 S. Arnold Ave., Prestonsburg, Ky. 41653.

Active pallbearers: Fred James, John Helms, Larry Woods, John P. Sammons, Bret James, and Danny Hamilton.

Honorary: Eddie Billips, David Miller, Mark Miller, Harry Burke, Paul P. Hughes, Bill Hall, Ted Narin, John Burke Sr., Wm. O. Goebel III, John Layne, Joe (Bucky) Burchett, and Albie Burchett.

The family has entrusted arrangements to the Carter Funeral Home. (Paid obituary)

Gracie Kiser Brown

Gracie Kiser Brown, 77, of Beaver, died Tuesday, March 3, 2009, at her residence.

Born April 25, 1931, in Pike County, she was the daughter of the late Noah and Dona Bryant Kiser. She was a homemaker, and a member of the Little Sarah Old Regular Baptist Church.

She was preceded in death by her husband, Earl Brown.

Survivors include five sons: Ralph Brown, Ronnie (Charlene) Brown, Terry (Eileen) Brown and Jeffery (Angela) Brown, all of Beaver, and Steve (Diane) Brown of Pikeville; one daughter, Sharon Kay (Frank) Dotson of Beaver; two brothers: Jarvey Kiser of Collins, and Herbert Kiser of Penny; five sisters: Fannie Newsome and Joyce Robinson, both of Penny, Lula and Nadine Newsome, both of Robinson Creek, Clara Elswick of Virgie, and Julie Kiser of Caney Creek.

In addition to her parents and husband, she was preceded in death by a brother, Blanche Kiser; four sisters: Elizabeth Hall, Elsie Stone, Ethel Kiser, and Lucie Kiser.

Funeral services will be held Friday, March 6, at 11 a.m., in the Nelson-Frazier Funeral Home, in Martin, with Old Regular Baptist ministers officiating.

Burial will be in the Brown Cemetery, in Beaver.

Visitation is at the funeral home.

In lieu of flowers, send donations to Appalachian Hospice Care. (Paid obituary)

Mero Burchett
Mero Burchett, 80, of Prestonsburg, died Wednesday, March 4, 2009, at her residence.

Born June 2, 1928, in Ponceon, she was the daughter of the late Granville and Emily (Ritter) Quillen Hall. She was a homemaker, and a member of the Third Avenue Freewill Baptist Church.

She is survived by her husband, Darwin Burchett.

In addition to her husband, survivors include four sons: Douglas (Judy) Martin, Roma Martin and Randy Martin, all of Prestonsburg, and Gary (Elizabeth) Martin of Martin; one daughter, Modell Martin of Prestonsburg; two brothers;

McKinley Hall and Ishmael Hall, both of Pikeville; three sisters: Beatrice Johnson of Topmost, Louvenia Tolliver of Neon, and Euretta Bentley of Pikeville; four grandchildren: Ritchie, Chris, Justin and Stefanie; and two great-grandchildren: Devin and Paige.

In addition to her parents, she was preceded in death by a son, Teddy Martin; two brothers: C.B. Hall and M.C. Hall; and one sister, Ethel Tolliver.

Funeral services will be held Saturday, March 7, at 11 a.m., at the Nelson-Frazier Funeral Home, in Martin, with Manford Fannin and Phillip Ramey officiating.

Burial will be in the Davidson Memorial Gardens, in Ivel.

Visitation is at the funeral home. (Paid obituary)

Garfield Johnson

Garfield Johnson, 86, of Bevensville, died Monday, March 2, 2009, at the McDowell ARH.

Born January 6, 1923, in Bevensville, he was the son of the late Melvina McCury and James Albert (Tab) Johnson, and Minerva Noble. He was a retired coal miner, a member of Garrett Chapter 128, a WW II veteran, and became a member of the Left Beaver Old Regular Baptist Church on May 24-25, 1988.

He married Kathryn Bates Johnson on February 12, 1945. They were married 64 years.

Other survivors include two sons: Larry D. (Brenda) Johnson of Fenton, Michigan, and Warren G. (Hester) Johnson of Weeksburg; a daughter, Brenda G. (Kenneth-deceased) Collins of Bellevue, Ohio; three brothers: Jack Johnson of Casper, Wyoming, Kenneth Johnson of Wheelwright, Rob Noble, Floyd Noble and Jim Noble; two sisters: Bessie Miller and

Almeda Cook; six grandchildren, and 10 great-grandchildren.

In addition to his parents, he was preceded in death by two sons: Harry and Garry Johnson; eight brothers: Greenberry, Lloyd, Grover, John Epp (Decker), Jessie, and Willie Johnson, and Rob and Floyd Noble; and four sisters: Alpha Burke, Velvie Johnson, Almeda Cook and Bessie Miller.

Funeral services will be held Friday, March 6, at 1 p.m., at the Left Beaver Old Regular Baptist Church, in Martin, with Old Regular Baptist ministers officiating.

Burial will be in the Buckingham Cemetery, in Bevensville, under the direction of Nelson-Frazier Funeral Home, in Martin.

Visitation is at the church. (Paid obituary)

Loretta Lucas

Loretta Lucas, 65, of Wabash, Indiana, died Sunday, March 1, 2009, at Lutheran Hospital in Fort Wayne.

She was born March 18, 1943, in Buckingham, the daughter of Robert and Dorthula (Hall) Stanley.

She married Benny Lucas in Clintwood, Virginia, on February 23, 1963. Loretta worked 20 years at Magnatech

in Huntington, retiring in 1997. Her family was her joy in life.

She is survived by her husband, Benny Lucas of Wabash; her mother, Dorthula Stanley of Buckingham; five children: Belinda A. Fields of Wabash, Joan T. Hall of Huntington, Indiana, June M. Thornsberry, Ernie (Renea) Lucas and Susan Fay Weaver, all of Wabash, Indiana; two sisters: Ulavene (Ralph) Conley of Wabash, Indiana, and Janet (Daniel) Crawford of Hi Hat; two brothers: Joseph (Rosalee) Stanley and Robert Darrel (Vickie) Stanley, both of Buckingham; 13 grandchildren, and seven great-grandchildren.

She was preceded in death by her sister, Cora Lou Stanley.

Funeral services were held at Grandstaff-Hentgen Funeral Service, 1241 Manchester Ave., Wabash, Indiana, on Wednesday, March 4, at 2 p.m.

Burial was in Friends Cemetery, Wabash. Visitation was at the funeral home. (Paid obituary)

Donations for Loretta Lucas

Donations can be made to the family.

This memorial guest book for Loretta may be signed at www.grandstaff-hentgen.com (Courtesy of Nelson-Frazier Funeral Home) (Paid obituary)

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The Regular Meeting of the Floyd County Housing Authority Board of Commissioners

will be held on the second Tuesday of each month at 1:00 p.m., at the Central office, located at Warco Apartments, Langley, Ky. There will be a Regular Meeting of the Floyd County Housing Authority Board of Commissioners on Tuesday, March 10, 2009, at 1:00 p.m. We do business in accordance with the Fair Housing Law.

FLOYD COUNTY HEAD START / PRESCHOOL

Is in the process of taking applications for the 2009-2010 school year at all Head Start Centers Friday, March 6 and 13, 2009

- Please bring the following items:
- Proof of Income (W-2, Tax Form, Check Stubs)
 - Proof of Birth
 - Social Security Number for Head Start applicant.
 - Proof of Medical Insurance
- For more information, call 886-4516



The Floyd County Chamber of Commerce is offering this year the fifth annual Youth Leadership Floyd County Program. This leadership academy was created to share various aspects of our county with our future and potential leaders. Participation in Youth Leadership Floyd County is a competitive process open to High School Sophomores living in Floyd County. Participants chosen for Youth Leadership Floyd County will attend full day sessions on various interests, including: education, government, community-based organizations, environmental concerns, healthcare, and economic development/Little Sarah Old Regular Baptist Church. She was preceded in death by her husband, Earl Brown.

Pikeville Medical offers free oral cancer screenings

PIKEVILLE — Pikeville Medical Center will host a Free Oral Cancer Screening this Saturday, March 7, 2009 from 8 a.m. to 12 p.m. at the Leonard Lawson Cancer Center.

Oral, prostate, skin and colorectal cancer screenings are conducted each year in the cancer center as a community service. "Through these health screenings we provide our community with a chance to identify their risk of cancer in its earliest stage, aiding in early intervention/prevention," reports Roxanne Hale, Director of the LLCC. Smoking and other tobacco use is associated with about 75 percent of oral cancer cases. Alcohol use is another high-risk activity associated with

oral cancer. Some oral cancers begin with a white/red patch or non-healing sore that has existed for more than 14 days. An examination of the mouth by a health care professional should be your first step in determining your oral health. The screening physicians for Saturday's event include: Dr. Chad Street, Dr. Kevin

Rourke and Dr. John Simmons. Appointments can be made by calling (606)218-3560 or (606)218-4992. Walk-ins are also welcome. Pikeville Medical Center has offered cancer treatment for over 40 years. The Leonard Lawson Cancer Center continues to provide the region with award winning cancer services. The cancer center offers

each patient an individualized, aggressive treatment program through radiation therapy, chemotherapy, pain management and other support services. Earning a reputation of dedication and compassion, Pikeville Medical Center's Cancer Center is committed to providing quality regional healthcare in a Christian environment.

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For the Record

Marriage Licenses
Alona Corinne Hamilton, 30, of Betsy Layne, to Donnie Ray Robinette, 31, of Betsy Layne.

Kayla Nicole Stephens, 19, of Allen, to Ronald Shaw Hackworth, 19, of Auxier.
Debra Hall, 31, of Wheelwright, to Gregory Allen Hall, 48, of Wheelwright.
Anna Elaine Stricklin, 61, of Prestonsburg, to Franklin Hall Buskirk, 77, of Auxier.
Martina Carolyn Hayden, 16, of Banner, to Joshua Scott Harris, 18, of Pikeville.
Jearnell Marie Melixner, 38, of Prestonsburg, to Bruce Dewayne Derry, 46, of Prestonsburg.

Civil Suits Filed
Ethel Estep vs. Charles L. Newsome; complaint.
Well Fargo Bank, N.A. vs. Don Pack; complaint.
Midland Funding LLC vs. A Zeno; complaint.
Fifth Third Bank vs. Marcus Walters; complaint.
Amanda Ray vs. Timothy Ray; petition for healthcare insurance.

Elizabeth Taylor vs. Jessie Taylor; petition for child support and healthcare insurance.
Rengie Dyc vs. Lakisha Hall; petition for healthcare insurance.
Amy Collum vs. James Collum; age unlisted, petition for healthcare insurance.
Priscilla Moore vs. Kelly Dickerson; petition for child support and healthcare insurance.
Eloise Ward vs. Billy Ward; petition for healthcare insurance.

Small Claims Filings
Teresa James vs. Sean Ramey; debt collection.
Shirley Collins vs. James King; debt collection.
Wanda Jean Fletcher vs. Travis Johnson; debt collection.

Charges Filed
Loretta Jenkins, 21, Printer; possession of a controlled substance, prescription in an improper container, endangering the welfare of a minor.
Joshua Wolfenbarger, 25, McDowell; fleeing or evading police, third-degree assault, resisting arrest, disorderly conduct.

Westley A. Thompson, 29, Stanville; fourth-degree assault.
Nicholas Hughes, age unlisted, Prestonsburg; public intoxication.

Patrick R. Henderson, 22, Clearfield; alcohol intoxication, use or possession of drug paraphernalia.
James M. Woods, 25, Allen; theft by unlawful taking.

Melissa Ward, 24, Williamsport; criminal mischief, fourth-degree assault.
Craig Ray Robinson, 32, Banner; promoting contraband.
Jason Matthew Johnson, 34, David; fourth-degree assault.

Steven McKinney, 31, Printer; fourth-degree assault, endangering the welfare of a minor.
Christopher G. McKenzie, 27, Prestonsburg; theft by deception.

Andy Dye, age unlisted, Prestonsburg; theft by deception.
Jesse L. LaMartz, 42, Minnie; disorderly conduct.
Stacy Lackey, 19, Williamsport; criminal mischief, fourth-degree assault.
Adrian Edward LaMartz, 44, Minnie; disorderly conduct.

Inspections
Snaak Shack, Prestonsburg, regular inspection. Violations noted: food contact surface of equipment and utensils not clean, improper storage of clean equipment and utensils, improper handling of clean equipment and utensils, walls, ceiling, attached equipment

not clean, dustless method not used to clean walls, ceiling, attached equipment. Score: 96.
Newman Country Store, Grethol, regular inspection. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of numerically scaled thermometers for checking cooking and holding temperatures of potentially hazardous food, food not protected during storage, food not protected during service. Score: 97.

Prestonsburg Dairy, Prestonsburg, regular inspection. Violations noted: food not protected during service, food not protected during storage, lack of effective hair restraints, nonfood contact surfaces not properly constructed, nonfood contact surfaces not properly maintained, cloths used for food and nonfood contact surfaces not stored and rinsed frequently in water sanitizing solution. Score: 95.

Learning Ladder, Prestonsburg, regular inspection. No violations noted. Score: 100.
McDonald's, Prestonsburg, regular inspection. Violations noted: cloths used for food and nonfood contact surfaces not stored and rinsed frequently in water sanitizing solution, nonfood contact surface of equipment and utensils not clean, improper storage of single-service articles, improper dispensing of single-service articles, floors not clean, walls, ceiling, attached equipment not in good repair. Score: 95.

Country Heart, Prestonsburg, regular inspection. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of numerically scaled thermometers for checking cooking and holding temperatures of potentially hazardous food, lack of effective hair restraints, food con-

tact surface of equipment and utensils not free of abrasive, food contact surface of equipment and utensils not clean, Score: 97.
Bypro Pizza and Dairy Bar, Bypro, regular inspection. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of numerically scaled thermometers for checking cooking and holding temperatures of potentially hazardous food, food not protected during storage, food not protected during preparation, food not protected during service, floors not in good repair, floors not constructed properly. Score: 96.

Alpik Mobile Home Park, Allen, regular inspection. Violations noted: lots not clearly numbered systematically, some lots not meeting the 15 feet setback requirement, some loose found around some homes. Score: 94.

Woods Grocery, Allen, regular inspection. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of numerically scaled thermometers for checking cooking and holding temperatures of potentially hazardous food, food not protected during preparation, lack of effective hair restraints, cloths used for food and nonfood contact surfaces not stored and rinsed frequently in water sanitizing solution, food contact surface of equipment and utensils not clean, garbage and refuse containers not covered as required, floors not in good repair, light fixtures not shielded as required. Score: Food: 89, Retail: 95.

Bob's Catering, Prestonsburg, regular inspection. Violations noted: food contact surface of equipment and utensils not clean, floors not in good repair. Score: 97.

Bates Quick Stop, Melvin, regular inspection. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of numerically scaled thermometers for checking cooking and holding temperatures of potentially hazardous food, toilet room doors not self-closing, floors not properly covered, floors not in good repair. Score: 96.

Dollar General Store, Bypro, regular inspection. Violations noted: toilet facility not in good repair, sanitary

towel or hand drying device not provided at lavatory or handwashing sink, floors not clean. Score: 97.

Property Transfers
Betty K. Hall to Anthony Castle, property not listed.
Juanita C. Knott to Misty Knott, property located at Frasures Creek.
Ray Knott to Misty Knott, property located at Frasures Creek.
Beulah Matney to Beulah Matney Brown and Emerson Brown, property not listed.
Secretary of Veterans Affairs to Erceel Jarrell, property located at Slick Rock Branch.
Chris Slone to National Residential Nominee Services, Inc., property located at Prestonsburg.
Jearline Slone to Jennifer Osborne and Larry Osborne, Prestonsburg.
Kristin Nunery Slone to National Residential Nominee Services, Inc., property located at Prestonsburg.
US Bank to Loretta Boyd and William Edward Boyd, property located at Wilson Creek.
US Bank to Hannel Cooley Jr., and Oddie L. Cooley, property located at Abbott Creek.
Erceel Jarrell to Erceel Jarrell and Kelly Jarrell, property located at Slick Rock Branch.

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3/6/09 - 3/12/09

Cinema 1—Starts Friday, March 6
WATCHMEN (R), Mon-Sat: 7:00; Sun: 1:30; 7:00.

Cinema 2—Starts Friday, March 6
HE'S JUST NOT THAT INTO YOU (PG), Mon-Sat: 7:00-9:00; Sun: 1:30; 7:00-9:00.

Sunday Matinee—Open 1:00, start 1:30

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3/6/09 - 3/12/09

Cinema 1—Held Over
CONFESSIONS OF A SHOPAHOLIC (PG), Mon-Sun: 7:15-9:30; Fri: 4:30; 7:15-9:30; Sat-Sun: (2:15-4:30); 7:15-9:30.

Cinema 2—Held Over
PAUL BLART: MALL COP (PG), Mon-Sun: 7:00-9:20; Fri: 4:20; 7:00-9:20; Sat-Sun: (2:00-4:20); 7:00-9:20.

Cinema 3—Held Over
FIRED UP (PG-13), Mon-Sun: 7:15-9:30; Fri: 4:30; 7:15-9:30; Sat-Sun: (2:15-4:30); 7:15-9:30.

Cinema 4—Held Over
SLUMDOG MILLIONAIRE (R), Mon-Sun: 6:45-9:15; Fri: 4:15; 6:45-9:15; Sat-Sun: (1:45-4:15); 6:45-9:15.

Cinema 5—Held Over
TAKEN (PG-13), Mon-Sun: 7:05-9:25; Fri: 4:25; 7:05-9:25; Sat-Sun: (2:05-4:25); 7:05-9:25.

Cinema 6—Starts Friday, March 6
REVOLUTIONARY ROAD (R), Mon-Sun: 8:55-9:15; Fri: 4:15; 8:55-9:15; Sat-Sun: (1:55-4:15); 8:55-9:15.

Cinema 7—Held Over
MADEA DOES TO JAIL (PG-13), Mon-Sun: 7:05-9:25; Fri: 4:25; 7:05-9:25; Sat-Sun: (2:05-4:25); 7:05-9:25.

Cinema 8—Starts Friday, March 6
WATCHMEN (R), Mon-Sun: 8:15; Fri: (5:00) 8:15; Sat-Sun: (1:50-6:00) 8:15.

Cinema 9—Held Over
FRIDAY THE 13TH (R), Mon-Sun: 7:00-9:25; Fri: 4:25; 7:00-9:25; Sat-Sun: 7:00-9:25; 4:25; 7:00-9:25.

Cinema 10—Held Over
HE'S JUST NOT THAT INTO YOU (PG), Mon-Sun: 6:45-9:15; Fri: 4:15; 6:45-9:15; Sat-Sun: (1:45-4:15); 6:45-9:15.

Research finds adolescents are undertreated for addiction

LEXINGTON — Only about 10 percent of adolescents needing help for substance abuse problems actually enter treatment, partly because of the lack of adolescent-only services in the nation's treatment system, according to a new study released today by a University of Kentucky researcher. The study also found that very few of the available addiction programs for teens received high marks for quality.

"We have known that out of 1.4 million teens needing help for substance abuse, one-tenth of those get treatment," says author Hannah Knudsen, an assistant professor in the UK Department of Behavioral Science and a researcher in UK's Center on Drug and Alcohol Research. "Part of that treatment gap may be driven by the limited availability of adolescent-only treatment services. Less than one-third of addiction programs in the U.S. have a specialized program for adolescents."

The study was funded by the Substance Abuse Policy Research Program (SAPRP) of the Robert Wood Johnson Foundation and appears in the March 2009 issue of the Journal of Substance Abuse Treatment.

"Despite the public health significance of adolescent substance abuse and the knowledge that treatment can be effective for this group, services for them are less available than for adults," Knudsen says. "It means we lose our chance at early intervention and that families may be unable to find services for their children in their communities."

Knudsen's study also found wide variations in quality among adolescent-only programs. She analyzed nine "domains" of quality offered by the programs, including

things like whether families are encouraged to be involved in the treatment process or whether programs offer an array of comprehensive services. She found that only a small number of them scored high in each domain. The average treatment program in this national random sample of 154 treatment programs received a medium-ranking score in overall quality.

"The lack of comprehensive services in substance abuse programs for teens raises questions about whether teens will get what they need, since we know they are likely to have co-occurring psychiatric conditions and to engage in HIV risk behaviors," says Knudsen.

When programs offered more intensive residential or inpatient treatment services, the treatment quality ranking tended to be higher. But such programs are in the minority. Seventy percent of adolescent substance abuse programs only treat addicted teens on an outpatient basis, according to her study.

"For parents who are looking for high-quality programs that offer the most comprehensive array of services, a good proxy indicator is whether that organization has an inpatient or residential level of care," says Knudsen.

Knudsen also explored whether certain programs "would make it more or less likely that they accept adolescents into treatment programs that include only teens." She found certain types of programs were more likely to exclude adolescents from admission, such as programs that relied heavily on governmental funding and those that were based in hospitals. She also found that larger treatment organizations and those accredited by external organizations such as the Joint

Commission were less likely to bar adolescents from admission.

In addition, the data suggest that some treatment programs mix teens and adults. The practice runs contrary to the recommendations of the federal Center for Substance Abuse Treatment (CSAT). Knudsen said such situations can create problems because adolescents are at a different stage of life than adults. They are typically living with their families, have shorter histories of substance abuse, and they need services to be tailored to their stage of cognitive development.

The Substance Abuse Policy Research Program (www.sappr.org) of the Robert Wood Johnson Foundation funds research into policies related to alcohol, tobacco and illegal drugs.

The Robert Wood Johnson Foundation focuses on the pressing health and health care issues facing our country. As the nation's largest philanthropy devoted exclusively to improving the health and health care of all Americans, the foundation works with a diverse group of organizations and individuals to identify solutions and achieve comprehensive, meaningful and timely change. For more than 30 years the foundation has brought experience, commitment and a rigorous, balanced approach to the problems that affect the health and health care of those it serves. Helping Americans lead healthier lives and get the care they need—the foundation expects to make a difference in our lifetime. For more information, visit www.rwjf.org.

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Viewpoint

Amendment 1
 Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Worth Repeating ...

The male is a domestic animal which, if treated with firmness, can be trained to do most things.

— Jilly Cooper

Guest View

Fairness Doctrine should remain on history's scrap heap

Cable television offers dozens of news-analysis channels. The last-minute financial rescue of Sirius XM satellite radio leaves at least 20 talk shows on the air. Beyond that, countless blogs written by individuals bombard the Internet. Never before has such a sweeping selection of political commentary been available to the public.

Nevertheless, the bad penny of the airwaves — the discredited Fairness Doctrine — has again turned up.

An odious invention of the Federal Communications Commission in the 1940s — before TV, cable channels, personal computers, the Internet, Blackberries — the Fairness Doctrine required radio broadcasters to give equal time to conservative and liberal viewpoints. More than 20 years ago, the commission scrapped the Fairness Doctrine in acknowledgment of the growing array of political news sources with diverse points of view.

It could stay on the scrap heap except for liberal Democrats who seem to believe the nation would be liberal if liberal hosts were as plentiful as conservatives on commercial radio. Conservatives are more plentiful, of course, because they draw far larger audiences, which attract advertisers, whose payments keep radio station owners in business. Liberal radio talk shows have struggled to draw listeners enough to stay on the air. Enter the Fairness Doctrine as a means of allowing liberal hosts to piggyback on the popularity of conservatives like the leviathan of talk radio, Rush Limbaugh.

Commendably, President Barack Obama weighed in recently against the doctrine. Sen. Jim DeMint, R-S.C., moved ahead with his measure to prohibit the FCC from reinstating the doctrine and it passed. But so did an amendment by Sen. Dick Durbin, D-Ill., reminding the FCC of its legislative charge to promote ownership of communications media by women and minorities, the stereotype expected to drop the conservative Limbaughs for the liberal Rachel Maddows.

Some Republican legislators, too, see Durbin's amendment as a back-door substitute for the Fairness Doctrine and a similar threat to conservative media. Not so, as long as women and minority owners want their businesses to thrive. Not so, either, if women and minority owners agree to be banked by stereotypically white males rolling in dough and uninterested in losing it.

Both DeMint and Durbin are overwrought. In a country our size with our history and inventiveness, the housing market, the stock market, the flea market can all collapse into government control. But no way can they take the market for ideas and iPhones down with them.

The San Diego Union-Tribune



RUSH LEMMINGBAUGH

Guest Column

Senate week in review

by SEN. JOHNNY RAY TURNER

On Wednesday, Feb. 25, Governor Steve Beshear unveiled the "Kentucky at Work" initiative — the details of an estimated \$3 billion in stimulus funding from the federal government that will be invested in Kentucky over the next 28 months.

The stimulus package is directed at preserving jobs and growing the economy through:

- **Medicaid:** Kentucky's Medicaid program will receive about \$990 million over the next two years. The program currently faces a \$232 million deficit this year, while demand for services is increasing by about 3,000 people a month due to the economy.

- **Health and welfare:** Kentucky will receive about \$272 million for areas like public housing, weatherization, childcare, child support enforcement and homelessness prevention.

- **Education:** Kentucky will receive about \$924 million in stimulus money. Approximately \$535 million will be used to preserve existing commitments to K-12 and higher education, as well as to continue efforts to hold down the cost of tuition. The remaining \$389 million, administered through the Kentucky Department of Education, will go to Title I, Head Start, technology and school lunch programs and other programs that help families in crisis.

- **General Fund:** Kentucky will receive nearly \$120 million to help

address shortfalls and mitigate against even deeper cuts over the next two fiscal years.

- **Job training and public safety:** The Commonwealth will receive \$66 million in job training dollars. In the area of public safety, Kentucky will receive about \$30 million to combat violence against women and to support criminal justice efforts at both the state and local levels.

- **Roads and Bridges:** Kentucky will receive \$421 million for highways and bridges. During the past two weeks, Gov. Beshear and legislative leaders have been working together on a road plan that contains projects that meet the federal government's requirement that 50 percent of those funds be obligated within 120 days. Projects must be shovel-ready.

- **Transit:** About \$50 million will be allocated for transit.

- **Water and Sewer lines:** Kentucky will receive about \$71 million for water and sewer infrastructure.

- **Community Development:** The state will be allocated about \$12 million for local community development block grants.

- **Energy Projects:** About \$63 million will be allocated to Kentucky for energy initiatives.

As the session resumed on Feb. 23, we passed bills aimed at holding your government and electoral processes visible and publicly accountable, from campaigns to officeholders to lobbyists.

Senate Bill 62 requires that campaign filings — including lists of contributors — be made available online. Electronic filing will allow the public

to see immediately who supports which candidate, a crucial fact in many voters' minds.

Senate Bill 53, meanwhile, will cast a spotlight on independent political groups that work for or against candidates and issues in campaigns.

Under federal campaign finance legislation, these so-called 527 groups — named for the section of federal law that deals with them — have become more important, even though they do not have to follow the same disclosure rules as candidates.

Under our bill, 527s would have to file campaign forms, disclose donors, and follow all the other rules campaigns have to deal with. Too many times during election season, we see ads praising or condemning a candidate or ballot measure — sometimes with millions being spent — but we do not know until after the election who is paying for the ads or what their motives might be. With SB 53, we will know during the election so we can make a more informed choice.

Ethics legislation is not as attention grabbing as some of the bills we deal with, like the budget, education, or the war on drugs. However, ethical government and ethical elections are crucial to the success of government, and legislation to promote those core American values is very important.

We still have plenty of work to do in the next two weeks, though. Please stay in contact with me by calling the Legislative Message Line at 1-800-372-7181 or going online at <http://www.lrc.ky.gov> or contact me personally at johnnray.turner@lrc.ky.gov.

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A5

Wheelwright FD receives federal grant

by SHELTON COMPTON
STAFF WRITER

WHEELWRIGHT — The Wheelwright Volunteer Fire Department received nearly \$55,000 Wednesday. The funding, which totals \$54,777, will be used for operations

and safety, according to the office of U.S. Sen. Jim Bunning, which announced the funding Wednesday morning. Wheelwright is one of 12 departments across the state to receive grant money. The grants combined for the 12 departments total \$993,638. Wheelwright city officials said

Thursday news of the funding was thrilling, but that the commission has yet to detail exactly how the money will be put to use. However, Bunning's office has said the money across all the departments awarded grants would be used for fire operations and vehicle acquisition by a number of departments.

In a statement Wednesday, Bunning said the grants aim to afford the equipment firefighters around the state with whatever may be needed to do their jobs effectively. "This is great news for Kentucky fire departments," Bunning's statement read. "These funds are vital to ensuring that our firefighters in

Kentucky have the tools necessary to handle emergencies in the safest and most effective manner possible." The funding comes through the Emergency Preparedness and Response Directorate of the Department of Homeland Security as part of the 2008 Assistance to Firefighters Grant Program.

DFI warns of oil and gas investment fraud

FRANKFORT — It doesn't take a multi-billion-dollar scheme to ruin the retirement assets of Kentucky investors. The Kentucky Department of Financial Institutions (DFI) is continually combating Ponzi schemes and other investment fraud — particularly under the guise of oil and gas investments.

That's why DFI is joining national consumer organizations and government agencies in the 11th annual National Consumer Protection Week, March 1-7. DFI is bringing awareness about fraud — especially oil and gas investment fraud — to help people protect their money.

DFI licenses and registers individuals selling securities from Kentucky offices, includ-

ing the companies that sell shares in drilling operations. Southern Kentucky in particular is known for oil deposits in shallow wells, and there are many oil and gas operators in the state — although not all of them are legitimate.

DFI is responsible for protecting Kentucky investors, including citizens who have been contacted by an out-of-state company that sells shares in oil wells. In fact, it's common for unscrupulous companies to contact victims in areas that are far away from the drilling site.

While some oil and gas investment opportunities are legitimate, many are fraudulent. Con artists frequently provide false information. Because it can be difficult to

tell which securities offers are fraudulent, it is important to check with a regulator to make sure the products and the person selling them are licensed/registered and that no complaints have been filed.

You can check with the regulator both where you live and where the seller is located. In Kentucky, call DFI at 800-223-2579. For a map of regulator contacts in other states, visit www.nasaa.org/QuickLinks/ContactYourRegulator.cfm.

"Unfortunately, investment fraud has escalated during this economic downturn," said DFI Commissioner Charles Vice. "You can stop con artists in their tracks by verifying their claims. Read the paperwork, verify their license and under-

stand the investment before buying. If anything seems suspicious, report it to a regulatory agency immediately.

DFI provides an oil and gas investor checklist online at www.kfi.ky.gov/public/invest.htm. Oil and gas investments can take many forms and are often complex. It's important to ask detailed questions when considering such an investment, and DFI's checklist can provide a start. As an alternative, a licensed broker may help you invest in oil exploration and producing companies which are well-established and listed on the New York Stock Exchange.

Additional online resources can assist investors with their decisions:

www.kfi.ky.gov/public/invest.htm - general investment help from DFI


www.nasaa.org/Investor_Education/Investor_Alerts_Tips/6076.cfm - information on oil and gas fraud and how to protect yourself, offered by the North American Securities Administrators Association

www.consumer.gov/nepw/consumer.html - information on getting the most for your money, provided by National Consumer Protection Week

www.SaveAndInvest.org - how to protect yourself from investment fraud, offered by the Financial Industry Regulatory Authority Investor Education Foundation

es industry by examining, chartering, licensing and registering various financial institutions, securities firms and professionals operating in Kentucky. DFI's mission is to serve Kentucky residents by maintaining a stable financial industry, continuing effective and efficient regulatory oversight, promoting consumer confidence, and encouraging economic opportunities. DFI works to stop fraudulent investment schemes through civil court action and joint investigations with federal and state agencies.

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U.S. General Services Administration

Honors

■ Willie Blevins of Louisiana - Tony Turner Award. Blevins is being honored for his many years of service on the East Kentucky Leadership Foundation board and for his

work on behalf union workers in the steel industry.

Any person or group that aspires to a leadership role in Eastern Kentucky should take this opportunity to meet with

other leaders from the region.

This is not a conference for just a few speakers and listeners. The goal is to make everyone a speaker, listener, and most importantly, an effective

leader.

For more information or to register, contact conference chair Ron Daley at 487-3158 or by email at ron.daley@ketcs.edu or view the LKLF web site www.eastkentuckyleadership.org. The early registration fee, which includes the three meals, is \$30. The conference registration will held in the First Federal Center on the Hazard Campus of Hazard Community & Technical College on Thursday, April 23 from 1 to 5 p.m.

■ Continued from p1

Body

his mouth, and was followed by loved ones and state police officers while the coroner's office finished loading his son's body into the van.

According to statements from police, Tackett had been reported missing Tuesday and was entered into a nationwide computer database

soon afterwards.

Tackett was last seen Tuesday morning at approximately 5:30 a.m., Goble said, adding that an exact cause of death has not been determined and that police should know more after the autopsy and further investigation.

■ Continued from p1

Allen-Blackburn to Exchange Vows




James Phillip and Janice Allen of Salyersville, would like to announce the upcoming marriage of their daughter, Sary Elizabeth Allen to Jack Kenneth Blackburn Jr., the son of Jacky and Kathy Blackburn of Prestonsburg.

The couple will exchange wedding vows on March 7, 2009, at the Ramada Inn of Paintsville, with a reception following the ceremony at the Ramada's Grand Atrium. They will then enjoy their lives together at their home in Prestonsburg. The custom of an open wedding will be observed, and all family and friends are invited to share with them this special day.

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Unfortunately, some parents skip important step number three: Booster seats. Because their children have outgrown toddler seats, they mistakenly assume a safety belt is the next step. However, safety belts alone can be dangerous for kids who are under 4'9". Because safety belts don't fit these children properly, they can cause serious injuries to their face, neck and abdomen during a crash or sudden stop. In fact, kids 2-5 who wear

***the four safety-belt steps are not magical
...they're critical.***

safety belts alone are 4 times more likely to suffer head injuries than kids in car seats and booster seats. In addition, children 4-7 who use booster seats are a whopping 59% less likely to be injured in a crash than those only restrained by a safety belt. Booster seats raise your child up so that a safety belt (designed for adults) will fit and protect them properly. Remember, 4'9" is the magic number. Until then, kids really need to be in a booster seat. Booster seats work like...well, you know.

1 infant seat

2 toddler seat

3 booster seat

4 safety belt

www.boosterseat.gov

FLOYD COUNTY Lifestyles

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A7

INSIDESTUFF

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FAMILY MEDICINE

If self-help measures don't help rotator cuff pain, see doctor — page A8



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DINNER DIVA

Baking bread

One thing I am not is a baker. In my mind, when it comes to cooking, you're either a cook or a baker. Rarely do you meet those who do both and do them well.



Leanne Ely

I've made my share of cookies, breads, homemade cakes, plenty of pies, some tarts and such, but the trouble with baking are the ingredients: butter, flour and sugar. I have had enough of all three of those ingredients to last me a lifetime. I'd rather work with chicken!

So okay, I've confessed I'm no baker. I will tell you there are times though, when a loaf of homemade bread just cannot be beat. And making bread by hand is just plain pleasurable and even a little therapeutic! Feeling the dough in your hands, letting it rise, punching it down and doing it all over again... it can be fun, especially when you get snowed in and baking project like a loaf of bread is just the ticket.

I've noticed over the years that my bread baking skills have gotten a little better from some specific troubleshooting. If you've gone through all the trouble and trouble to make bread from scratch, you want to make sure it's going to work! Here five hints for making a lovely loaf.

1. Fresh Yeast. We all have an envelope or two hanging out in the back of our cupboards. Dump it and start over. You can test it for freshness by proofing it: sprinkle it on some warm water (about 110 degrees ideally), mixed with a little sugar (this feeds the yeast). You will see bubbling in a few minutes, which indicates that it is active. If you don't, it's isn't, throw it out! Another way to determine freshness is smell: if it smells "yeasty," you're good. If it smells like alcohol, it's way past it's prime...out it goes!

2. Knead Well. Don't be gentle! This is the place to let it all hang out. Remember, the pulling and punching and folding over action you are using is what is developing the gluten—this is essential for a tender loaf.

3. Warm Place. When it's time to rise, make sure you place your dough in a nice warm spot. I use the top of my fridge with some plastic wrap over the top and a clean tea towel over that (so it won't stick to the dough).

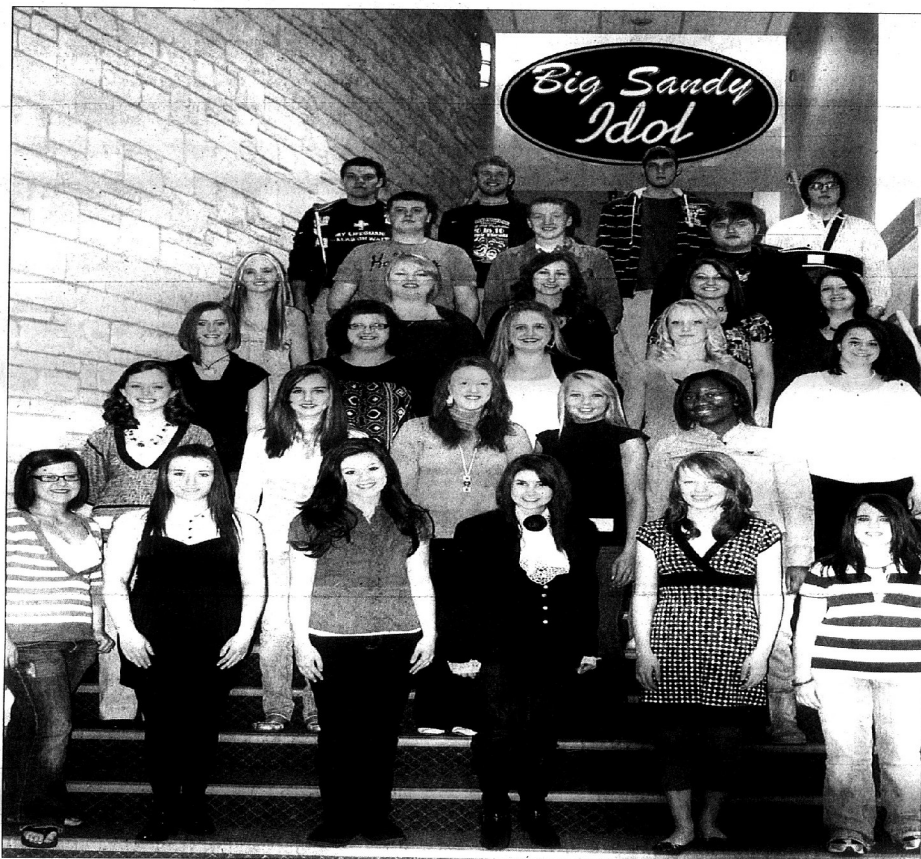
4. Punch Down. After the initial rising, you need to punch it down to release the big bubbles of carbon dioxide. Punching it down makes those big bubbles turn into little bubbles so you can have a more even rise the second time around.

5. Rest Time. After the second kneading, it's tempting to want to slam the bread into the loaf pan and get baking. If you let the dough rest for 5 to 10 minutes, the gluten relaxes resulting in a dough that is easier to shape and a bread that is a little more tender.

That doesn't look too difficult, does it? Now go get yourself some good whole-wheat flour, fresh yeast and bake some bread. Think of it as culinary therapy!

□□□

For more help putting dinner on your table check out Leanne's website www.SavingDinner.com or her *Saving Dinner Book series (Ballantine)* and her *New York Times Best Selling book Body Clutter (Fireside)*. Copyright 2008 Leanne Ely. Used by permission in this publication.



Pictured are the 2009 finalists for the Big Sandy Idol competition to be held at the Mountain Arts Center on March 13 and 14. Front row: Sha La Cornette (second-place Sheldon Clark), Katelyn Webb (first-place Paintsville), Hannah McIntosh (second-place Phelps), Staci Carriere (first-place Home-schooled Category), Shaina Hunt (second-place Johnson Central), Sola Williams (second-place Betsy Layne). Second row: Ashley Fleming (first-place East Ridge), Hannah Ratliff (second-place East Ridge), Kaci Ashley (first-place Belfry), Marika McCoy (first-place Sheldon Clark), Tanisha Hood (second-place South Floyd). Third row: Molania Stapleton (first-place Johnson Central), Amy Rice (first-place Prestonsburg), Tierra Fonner (first-place Phelps), Tiara Crace (second-place Prestonsburg), Tykenna Anderson (second-place Pike Central). Fourth row: Nicole Pennington (first-place Pike Central), Chesl Spriggs (first-place Johnson Central), Rachel Goble (second-place Paintsville), Johanna Craft (second-place Private-schooled Category), Tasha Gillespie (first-place Shelby Valley). Fifth row: Ryan Shepherd (first-place Magoffin Co.), Tyler Childers (second-place Paintsville), Justin Carroll (second-place Belfry). Sixth row: Joshua Davis (first-place Allen Central), Max Morley (first-place Pikeville), Corey Page (first-place South Floyd), and Eric Madden (second-place Pikeville). Not pictured: Matthew Arnett (second-place Magoffin Co.), Kathleen Smith (first-place Pikeville), Benji Carroll (second-place Allen Central), Ariel Hopkins (first-place Betsy Layne), Tyler Sawyers (second-place Shelby Valley).

TAKING THE STAGE

Big Sandy Idol contestants ready for competition

by JARRID DEATON
FEATURES WRITER

The students vying for the title of 2009 Big Sandy Idol will take the stage at the Mountain Arts Center next week, and country music star Rebecca Lynn Howard will be on hand to act as head judge for the event.

Along with judging the competition, Howard will also serve as a special guest performer to give the crowd even more musical entertainment.

All of the local-level winners have been chosen from the area high schools. In total, 33 students will be competing for the title of Big Sandy Idol.

"We are so excited about the Big Sandy Idol

Showcase," said Clayton Case, who serves as the coordinator of the Big Sandy Idol program. "We hope everyone will come out to support the representatives of their school and to see the show. It would be hard to beat the talent we have among our eastern Kentucky high school students. It is amazing."

Big Sandy Idol is presented and organized by the music department of Big Sandy Community and Technical College, and sponsored by Jennifer Reynolds State Farm Insurance with the Mountain Arts Center. The event is a talent and scholarship competition that offers two winners from each of the 14 high schools in the Big Sandy area, and home/private schooled students, a chance to com-

pete for a demo CD recording, a full album recording, a \$1,200 vocal scholarship to attend BSCTC, along with a spot with the Big Sandy Singers, directed by Laura Ford Hall. A cash award and a trophy will also be presented.

"We hope the community will come out and support these kids," said Laura Ford Hall. "We are excited to provide an opportunity for our high school students to receive performance and recording experience, and ultimately a college scholarship."

Big Sandy Idol will be held at the Mountain Arts Center on March 13 and 14. Both levels of the competition are scheduled to begin at 7 p.m.



Family Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor
of Family Medicine

Q A couple of months ago my shoulder started hurting. I noticed it at night rather than in the daytime. I couldn't recall an injury, so I took some ibuprofen and tried to ignore it. Well, it's still there. It now keeps me awake at night and is beginning to bother me when I reach for things or lift with that arm. What's going on? Do I need to go to the doctor?

A You could be having trouble with your rotator cuff. The rotator cuff is part of your shoulder. It's made up of four mus-

cles and their tendons, and it helps stabilize the upper arm in the shoulder socket. The muscles and tendons in the rotator cuff serve to connect your upper arm bone, called the humerus, with your shoulder blade, or scapula. Between the shoulder blade and the tendons are fluid-filled sacs known as bursa that function like little pillows, cushioning the joint. Unfortunately, the complex shoulder joint is easily injured. The rotator cuff tendons may become irritated by the shoulder bone, get inflamed, and may even tear. This

If self-help measures don't stop rotator cuff pain, see doctor

often happens as a result of overuse or as the result of direct trauma such as a fall or sports injury.

Rotator cuff injuries can happen to anyone but become more likely after age 40 just due to normal wear and tear on the joint. Problems are more common in the dominant arm. The first symptom of a rotator cuff problem is pain in the shoulder. The pain is worse when you reach overhead or lift with the affected arm. Lying on the injured arm at night can be quite painful. A large rotator cuff tear can cause weakness of the shoulder joint, as well.

While people talk about a rotator cuff injury as a single problem, it can be a problem with the tendons, with the bursa, or a strain of the muscles. Risk factors for a rotator cuff problem are age, being athletic—especially for sports that use the shoulder a great deal, working

construction, having poor posture and having weak shoulder muscles.

There are several things you can do before you go to the doctor to treat your painful shoulder. Resting the arm by avoiding movements that cause a lot of pain is a good first step. When the injury is new, ice packs will often be helpful. After a few days, or when the problem becomes somewhat chronic, as in your case, using hot packs can help to relieve the pain and soreness. Taking an over-the-counter anti-inflammatory, like the ibuprofen you used, is often advisable unless you have stomach or other problems that make this an unwise choice for you.

If these types of measures don't help relieve your symptoms, I'd recommend you see your doctor. He or she may want to do an MRI after a good history and physical. Unless there is a large tear in the

rotator cuff, your doctor will probably recommend physical therapy. You also may be given a steroid injection or referred to an orthopedic specialist. Some severe rotator cuff problems need to be repaired via surgery.

As you get older you should try to prevent rotator cuff problems by doing shoulder exercises, avoiding repetitive arm motions for long periods of time, and treating shoulder pain when it first starts with ice and anti-inflammatories.

□ □ □

Family Medicine(r) is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-news.org.



From left to right, 4-H alumna Ty Martin, Hall of Fame recipient Tyrone Martin, 4-H Agent Heather Nelson and 4-H alumna Wes Nelson.

UK COOPERATIVE EXTENSION SERVICE

University of Kentucky - College of Agriculture

Extension Notes

4-H Youth Development

Heather J. Nelson
Floyd County Extension Office



Martin inducted into 4-H Centennial Hall of Fame

The Kentucky 4-H Centennial is a momentous occasion for the organization that has made a positive, lasting impact on the lives of hundreds of thousands of the state's youths over the years. During the 100th Birthday Celebration, held at the Hyatt in Lexington on Feb. 21, Tyrone Martin was recognized as Floyd County's Centennial Hall of Famer. During the reception Tyrone along with 119 other 4-H volunteers from across the state was inducted into the 4-H Centennial Hall of Fame.

Tyrone Martin, a native of Floyd County, has been active in Extension since he was a student in elementary school. Tyrone participated in 4-H events such as poultry and vegetable judging. He went to the Kentucky State Fair on numerous occasions in both these categories. Tyrone has

passed the tradition on to his son who was also involved with 4-H activities and events from the time he was old enough to participate.

Active in a variety of Extension areas, Tyrone has served as an Extension Leader for forty years. Tyrone donates 300-plus hours to Extension activities each year. He has served for many years on councils and boards such as the County 4-H Council, County Extension Council, District Board and Chairman of the Diederich 4-H Camp Board.

Tyrone was instrumental in keeping the Diederich 4-H Camp operating. He donated countless hours to this cause doing both physical labor and obtaining funds to keep the camp operational.

Tyrone has dedicated his life as a leader in supporting the Kentucky Cooperative

Extension Service in Floyd County, especially through our 4-H Program. We feel that few Extension leaders anywhere could be more dedicated than Tyrone. He has worked in a sincere and unselfish manner and serves as an example to 4-H members and Extension leaders at all levels.

For more information on the Floyd County 4-H Centennial Birthday Bash, which will be held on April 20, 2009, contact Heather J. Nelson, County Extension Agent for 4-H Youth Development at 606.886.2668 at the Floyd County Cooperative Extension Service.

Educational programs of the Cooperative Extension Service serve all people regardless of race, color, sex, religion, disability or national origin.

Rental Central

by TOM DOTY
TIMES COLUMNIST

This week saw two over-produced duds play second fiddle to a pair of films that didn't even rate a theatrical release.

■ "Australia" — This mega-budgeted drama aimed for a "Gone with the Wind" starved audience, but only managed to make film goers pine for Rhett Butler and Scarlett O'Hara. Here you get Nicole Kidman as a pampered British wife who journeys to the outback to confront her philandering husband. Along the way she hooks up with Hugh Jackman, as a rascal with a heart of gold. Way too long at almost three hours and there's no pay off for the running time.

■ "Beverly Hills Chihuahua" — This one is

aimed at the kids but will probably fail to keep them entertained. It's all about a pampered pooch that gets lost on a family trip to Mexico and must bridge some cultural gaps with local mutts to find her way home. Truly awful despite an eclectic cast that includes Drew Barrymore (as the titular dog), Cheech Marin and Jamie-Lee Curtis.

■ "Dead in 3 Days" — Things pick up with this direct-to-DVD feature from Dimension Studios. There is a lot of gore here and a fast pace to distract you from the thin story of a group of friends who all receive a message that they will die in three days. One eventually tumbles to the killer's identity, but that's not until everyone else on the list bites it. Fun, if not overly challenging.

■ "In the Electric Mist" —

Fans of James Lee Burke's "Dave Robicheaux" novels can rejoice now that a second film has finally been made from the popular series of crime novels. Tommy Lee Jones makes for an excellent Robicheaux (replacing Alec Baldwin, who almost single-handedly killed this series with "Heaven's Prisoners"). The New Orleans setting is perfectly rendered, as Burke's tortured detective deals with the murder of a young hooker while dodging his own checkered past. John Goodman is also in top form here as a Cajun gangster. Worth a look, though it never played theaters despite a high profile writer and top-notch cast.

Next week look for Jason Statham in the third installment of "The Transporter," and check out the wrong way to watch kids in "Role Models."

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FLOYD COUNTY Sports

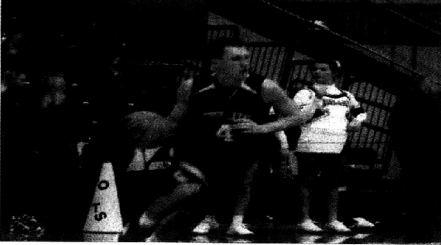
Valley vaults past Bobcats

Justice is served in Wildcats' win over Betsy Layne

off of 24 Betsy Layne turnovers, defeating the Bobcats, 83-37. Eleven different Shelby Valley players provided scoring as the Wildcats advanced to the regional tournament semifinals. Junior guard Elisha Justice led the way for Shelby Valley (28-4), scoring a game-high 21 points. Justice went 9-for-13 from the floor in the postseason matchup. Ashley Hatfield scored 14 points and Logan Bryant added 10 for the Wildcats. The Wildcats went out in front shortly after the game

tipped off. Shelby Valley outscored Betsy Layne 24-8 in the first quarter and took a comfortable 42-15 lead into halftime. Betsy Layne was held to eight or fewer points in each of the first three quarters. Shelby Valley added to its lead in the third quarter, outscoring 58th District runner-up Betsy Layne 22-8. Shelby Valley outrebounded Betsy Layne 38-26 while shooting 54-percent from the floor. Josh Head led Betsy Layne with 12 points. Casey Adkins

added eight points for the Bobcats. Betsy Layne ended the season 16-11 under the tutelage of veteran head coach Junior Newsome, back in the first season of a second stint as the Bobcats' mentor. Shelby Valley will face Johnson Central on Saturday at 4:30 p.m. in the 15th Region Tournament Semifinals. The Golden Eagles, ranked second in the region behind Shelby Valley, defeated Belfry 71-58 Wednesday night in another



Senior guard Adam Slone worked the basketball up the floor for Betsy Layne during the Boys' 15th Region Tournament game versus favorite Shelby Valley. photo by Jamie Howell

by STEVE LeMASTER
SPORTS EDITOR

Random ramblings from another regional tourney

by RICK BENTLEY
TIMES COLUMNIST

Odds and ends from the first three nights of the 15th Region tournament:

(Bullet) I have a theory about how to play these Shelby Valley Wildcats.

I thought this during the district play last week and reaffirmed the theory during Wednesday night's 83-37 win over Betsy Layne. I'm not sure this is possible, but in my estimation, it's the best chance anyone has.

If you can get the ball across the time line and into a half-court set, it improves your chances. I'm not saying you'd win, but it would have to help your case.

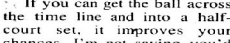
As good as Shelby Valley is on offense, it's the defensive pressure that does the trick. Showing Elisha Justice or Logan Bryant the ball is like showing a starving dog meat: They attack for all its worth.

By halftime Wednesday night, they'd forced 14 Betsy Layne turnovers, and we mean forced — the Wildcats had 13 steals during the half.

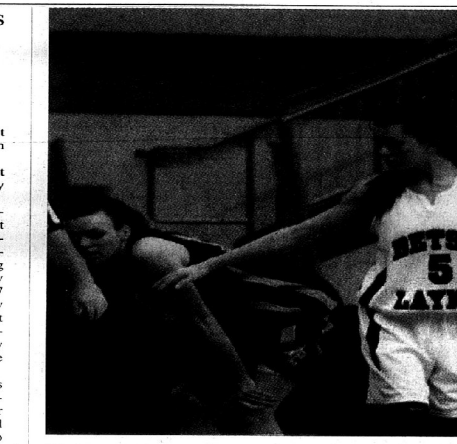
I'm not real sure Shelby Valley can lose, at least not here. They haven't lost *this year* and all four of their setbacks came during the stretch after Justice was injured. But if you're going to have a chance, you have to handle the pressure and make them play in a half court.

Now the question is simple: Can anyone handle the Wildcat heat?

How long will it be before another team plays in five



Rick Bentley



Lindsey Martin eyed a free throw as teammate Taylor Hott got ready to block out during Betsy Layne's 15th Region Tournament game against the Pike County Central Lady Hawks. photo by Jamie Howell

Lady Cats hold off Pike Central

by STEVE LeMASTER
SPORTS EDITOR

PIKEVILLE — Betsy Layne prevented Pike County Central from making a fifth straight appearance in the Girls' 15th Region Tournament title game. The Lady Cats held off Pike County Central Tuesday night, defeating the Lady Hawks 63-61.

Junior Megan Hamilton and sophomore Taylor Hott led Betsy Layne offensively, pushing in 22 points apiece. Senior Andie Meade and junior Lindsey Martin added seven points apiece as part of a balanced Betsy Layne offensive effort.

Betsy Layne and Pike County Central traded baskets throughout each of the first two quarters before the Lady Cats moved out in front in the third quarter. The two teams exited the first quarter tied 10-10. Pike County Central owned a 25-23 lead at the intermission before Betsy Layne stormed back with an outstanding third quarter effort. Betsy Layne enjoyed its best eight-minute stretch in the third quarter, outscoring Pike County Central 21-9 to secure a 10-point lead heading into the final period. The Lady Cats won despite Pike County Central scoring 27 points in the last eight minutes.

A.D. Slone led Pike County Central with a game-high 25 points. Three Pike County Central scorers reached double figures. Kayla Pennington pushed in 16 points and Bri Hatmaker had 10 for the Lady Hawks. Pike County Central finished its first season 14-14 under the guidance of head coach Gary Fields. Betsy Layne will meet defending champion Johnson Central Friday night at 8 p.m. in the 15th Region Tournament Semifinals. Paintsville is paired up against Phelps in the other semifinals matchup. The Paintsville-Phelps game is slated to tip off at 6:30 p.m.

- Girls' 15th Region Tournament at East Ky. Expo Center
- Betsy Layne 63
- Pike Co. Central 61
- Pike Co. Central (14-14)
- Slone 25, Harris 6, Coleman 2, Pennington 16, Hatmaker 10, Hamilton 2
- Betsy Layne (16-5) — Meade 7, Martin 7, Hamilton 22, Hott 22, Watkins 3, Reynolds 2
- P.C.C. 10 15 9 27-61
- B.L. 10 13 21 19-63

MSC basketball tournaments set to tip off

TIMES STAFF REPORT

FRANKFORT — The Mid-South Conference Men's and Women's Basketball Tournaments will tip off today at the Frankfort Civic Center.

The two tournaments will conclude on Sunday as the tournament champions are crowned while earning the automatic bid into the NAIA National Tournaments March 18-24.

Georgetown College is the top seed in the men's tournament after finishing the regular season with a 10-2 regular season record. Campbellsville University is the top seed in the women's tournament after owning the tiebreaker over MSC regular season co-champions University of the Cumberlands. Campbellsville and Cumberlands each finished with 10-2 league marks.

Both Pikeville College teams are seeded fourth.

Prior to the opening of the tournaments, the MSC Basketball Banquet — where the conference will honor the all-conference, academic, all-conference, freshmen of the year and players of the year — took place Thursday night. Following the banquet, the Mid-South Conference Cheerleading Championships took place at the Civic Center.



Above: Adams Middle School archer McKinley Minix shot a tournament-high 287 at the regional archery tournament and advanced to the state tournament. Below: Montana Lemaster of Adams Middle School shot the high score at this year's regional archery tournament. Lemaster also qualified for the state tournament.



Adams teams win regional archery championships

by TONY McGUIRE
HAZARD HERALD

JEFF — On Saturday, the National Archery in the Schools Program held its second annual 11th Region Archery Tournament at the Whitaker Center. High school, middle school and elementary schools from across the region came together to compete for the opportunity to go to the state tournament.

The archery program was started in the area last year by the Kentucky Department of Fish and Wildlife Resources, and drew more than 150 archers to this year's event. A crew of Fish and Wildlife officers helped set up the event, and oversaw the competition. In the end, Harlan County High School, Adams Middle School and Adams (Prestonsburg) Elementary School took home the titles.

Montana Lemaster of Adams Middle School shot the high score for females with a score of 258 that included seven 10s. On the boys' side, McKinley Minix

had the high score with a 287, and 18 10s.

Adams proved to be the class of the event, taking both the Middle School and the Elementary events. Harlan County took first place in the high school division.

Individual standings, Female — High School: Cara Middleton — Harlan (221); Katherine Clem — Harlan (213); Keara Bailey — Harlan (184); Katie Baker — Harlan (180); Beth Moses — Harlan (175); Breanna Enix — Harlan (174).

Individual standings, Male — High School: Derrick Miller — Harlan (270); Clayton Carroll — Harlan (265); Justin Howard — Harlan (253); Austin Salyer — Harlan (250); Cory Alfred — Harlan (244); Tyler Turner — Harlan (243); Josh Brock — Harlan (243); Wyatt Howard — Harlan (241); Derrick Eldridge — Harlan (236); Brandon Pierson — Harlan (236); Seth Murphy — Harlan (211); Hunter Middleton — Harlan (174).

Host Eagles fall to Asbury in overtime

TIMES STAFF REPORT

PIPPA PASSES — The 2008-09 Kentucky Intercollegiate Athletic Conference (KIAC) Men's Basketball Tournament began on Thursday, Feb. 26 at Alice Lloyd College. In one of the opening round matchups, Asbury College won in the quarterfinals over tournament host Alice Lloyd College, No. 4 Asbury College defeated No. 5 Alice Lloyd 84-81 in overtime on Thursday. The game went back and forth throughout right up until the final seconds of overtime. A shot by Asbury's Jordan Hammonds (London/South Laurel) with three seconds left put the No. 4-seeded team ahead 84-81. A last second pass was collected by Alice Lloyd (12-18) but the shot was short from near half court.

Asbury's three-pointers kept the Central Kentucky college team alive with 12 for the game. Michael Spann (Wilmore/West Jessamine) made clutch threes late in the game and led the Asbury team with 32 points, including five three-pointers. Hammonds' last second shot was among his 12 points in the game. On the boards, Brian Johnson (Wilmore/West Jessamine) grabbed 15 rebounds to lead the Asbury squad.

Alice Lloyd used a strong inside game and size to counter. Nick Brumback (Grey Hawk/Jackson County) had the top rebounds total on the team with nine boards. Brumback also scored 15 points. Will Dillard (Beckley, W. Va./Woodrow Wilson) led Alice Lloyd in scoring with 21 points. Dillard also grabbed eight boards and dished off seven assists. Corey Hairston (Beckley, W. Va./Woodrow Wilson) also had 20 points for the Eagles.

Martin County native J.R. Hammonds guided the Alice Lloyd men's basketball team to a dozen wins in his first season as head coach. No. 4 Asbury College advanced to the tournament semifinals following the win over Alice Lloyd.

WOMEN'S BASKETBALL

IU Southeast edges Alice Lloyd for KIAC title

TIMES STAFF REPORT

PIPPA PASSES — No. 1 Indiana University Southeast defeated No. 3 Alice Lloyd College 61-58 for the Kentucky Intercollegiate Athletic Conference (KIAC) Women's Basketball Championship on Saturday. IU Southeast (19-8) had a 20-7 lead before it was erased five minutes later. Alice Lloyd (18-13), playing host to the conference tournament, took a 26-24 lead into the locker room at the intermission. IU Southeast took control again with a 15-4 run early in the second half. Alice Lloyd brought the score back to within four with 10 minutes left and pulled to within two with 10 seconds before IU Southeast sank free throws to finish the game.

Two styles contrasted each other in the game. IU Southeast

Lady Eagles edge Regional Sheldon Clark

by STEVE LeMASTER SPORTS EDITOR

PIKEVILLE — Celena Conley lifted defending 15th Region Champion Johnson Central past 57th District rival Sheldon Clark in the opening round of the Girls' 15th Region Tournament Tuesday night at the East Kentucky Expo Center. Conley connected on a layup with 0.7 seconds remaining to send Johnson Central (24-5) to a 41-40 win over longtime foe Sheldon Clark (18-12).

Conley led Johnson Central with 18 points. Haylee Meek joined Conley in double figures for Johnson Central, finishing with 12 points.

The game featured its share of ups and downs for both teams as numerous leads were swapped.

Sheldon Clark slipped out of the first quarter ahead 9-8. But the Lady Cardinals encountered a more crisp Johnson Central

team in the second eight minutes. Johnson Central ultimately carried a 23-18 lead into halftime.

The veteran Johnson Central team nearly never recovered from a dismal third quarter. Sheldon Clark outscored the Lady Eagles 16-4 in the third period. The Lady Cardinals, under the guidance of former Johnson Central assistant coach Darrin Rice, led throughout the fourth quarter until Conley came through with the clutch shot.

Carla Booth led Sheldon Clark with a game-high 20 points. Booth was the lone Sheldon Clark scorer to reach double figures. Britany Marcum and Katelyn Newsome netted six points apiece for Sheldon Clark in the season-ending setback.

In the other girls' regional tournament game Tuesday night, Betsy Layne defeated Pike County Central 63-61.

straight regional finals? That's the streak that ended for Pike County Central with its loss to Betsy Layne in Tuesday's opener, meaning Saturday's will be the first championship night without the Lady Hawks since 2003.

For Johnson Central, it was the right person in the right spot.

It's been a long senior season for Celena Conley. Playing on a bad knee, she was slowed to the point that she had to wonder if it was worth the trouble, worth the pain.

But on Tuesday night, she saw that it was indeed worth it all. Trailing district rival Sheldon Clark 40-39 with five seconds left, she threw the ball inbounds and slid into rebounding position. A teammate missed the potential game winner and the ball fell right into her hands.

And with 0.7 seconds left, she tipped the ball back through the net to allow the defending regional champions to live for another day. Conley finished with 18 points and four rebounds, all off the offensive glass.

Looking for next year's

regional favorite? On the girls' side, consider Sheldon Clark. Tuesday night the Lady Cards started a sophomore who could be the region's best player and two eighth graders. In fact, of their nine players, four are not yet in high school.

Monday was a night of missed opportunities for Rodney Rowdy's Shelby Valley Lady Kats.

In the tournament's opening game, Shelby Valley had a chance down the stretch but missed three straight from the line in the final minute of its 51-48 loss to Paintsville. Down 47-43, it took four shots from the stripe to make it a one possession game.

A turnover gave the ball to the Lady Kats after Laura Perkins knocked down a free throw with 8.5 seconds left. Shelby Valley had two pretty good looks from the arc but neither fell. Had they had a little more luck at the line, however, a three on the game's final play may not have been needed.

Johnson Central's boys put on a solid show in knocking off Belfry 71-58. This is a relatively experienced team when it comes regional-tour-

nament time and could hang around a little.

Of playing Shelby Valley, Golden Eagle senior Ian Welch — who poured in 20 and grabbed six boards against Belfry — had only three words: "I can't wait."

— We'd like to tip our cap to some guys who do a relatively thankless job at the tournaments. Shawn Miller and his group are providing stats for regional play, which can be followed online as well.

They do a solid job and if they're as helpful for everyone else, we'd guarantee they are — as they are me, you won't hear a media member offer anything but praise for the job they're doing.

What a scorer's table they've put together for this thing. You'd have to look far and wide to do better than Bennett West on the book. Paul Hill on the clock, Burnin White assisting and Jeff Meek at the mic.

Not only are they as talented a group as you'll ever see but also nobody has a better time working a game.

— A chink in the armor? Wednesday's 24-8 lead for Shelby Valley after eight

minutes was the first time they'd been held below 30 in the first quarter this postseason.

— I don't care how it turned out Wednesday night, it's good to see Junior Newsome on the Betsy Layne sidelines again. Now this generation of Bobcat will be better off for playing for him, just as the ones before it.

— We've heard a few good lines mixed in with the nonsensical ones from the crowd during the opening round of the tournament. Our favorite was unprintable here, but when the clock acted up during the third quarter of the Shelby Valley/Betsy Layne game, one helpful Bobcat fan volunteered his services: "I'll keep score!" he yelled.

— Twenty years down the road, we'll have to scratch our heads to remember how two 57th District teams wound up playing each other in the first round of the girls' tourney.

— How about the night A.D. Slone had for Pike Central? Anyone you can finish with 20-plus points and rebounds, you've done your job. She should be proud and definitely went out in style.

Valley

tournament game.

Shelby Valley (28-4) — Jusko 21, Bryant 10, Hatfield 14, Ta. Newsome 8, Varney 4, Adams 4, Ty. Newsome 1, C. Tackett 6, Robinson 6, Roberts 5, D. Tackett 4.

Belfry (17-11) — B. Adkins 2, Martin 3, Head 12, Slone 2, Newman 2, C. Adkins 8, Howell 2, Newsome 4.

Continued from p1

Shelby Valley (28-4) — Jusko 21, Bryant 10, Hatfield 14, Ta. Newsome 8, Varney 4, Adams 4, Ty. Newsome 1, C. Tackett 6, Robinson 6, Roberts 5, D. Tackett 4.

Belfry (17-11) — B. Adkins 2, Martin 3, Head 12, Slone 2, Newman 2, C. Adkins 8, Howell 2, Newsome 4.

Golden Eagles beat Belfry

by STEVE LeMASTER SPORTS EDITOR

PIKEVILLE — Johnson Central earned a spot in the Boys' 15th Region Tournament Semifinals with a 71-58 win over Belfry Wednesday night. The Golden Eagles broke free from an early 11-11 tie. The two teams were knotted 11-11 at the conclusion of the first quarter.

Senior forward Ian Welch led Johnson Central with a game-high 20 points. Senior guards Mike Dale and Jo Whataker tossed in 11 points apiece as four different Johnson Central scorers posted double figures.

Johnson Central established a big lead in the second quarter, outscoring Belfry 18-8 en route to a 29-19 halftime lead. The Golden Eagles led throughout the second half. Johnson Central finished on a strong note, outscoring Belfry 25-19 in the fourth quarter.

Junior forward Jeremy

Maynard paced Belfry with 14 points. Senior forward Shawn Dotson dumped in 13 points and senior guard/forward Dustin Elkins added 12 for the Pirates (10-18). Senior forward Corey Coleman narrowly missed double figures for Belfry, scoring nine points in the postseason loss.

Johnson Central will face Shelby Valley in a No. 2 vs. No. 1 battle Saturday evening.

Boys' 15th Region Tournament at East Kentucky Expo Center

Johnson Central 71, Belfry 58

Johnson Central (22-7) — Dale 11, Whataker 11, Welch 20, Parker 4, Conley 12, J. Bratton 4, Hall 8, T. Bratton 1, Belfry (10-18) — Elkins 12, Hairston 7, Dotson 13, Maynard 14, Coleman 9, Varney 3.

J.C. 11 18 17 25-71

Bfry..... 11 8 20 19-58

FCT ATHLETES OF THE WEEK

Steven Patrick, Prestonsburg

Taylor Hoff, Betsy Layne

15th Region Boys' Basketball Standings

Team	Overall Record
Shelby Valley	28-4
Johnson Cent.	22-7
Lawrence Co.	20-9
Pikeville	18-11
Prestonsburg	17-12
Phelps	16-9
Betsy Layne	16-11
East Ridge	14-12
Magoffin Co.	14-15
Sheldon Clark	11-17
Belfry	10-18
Paintsville	7-19
Pike Co. Central	9-22
Paintsville	7-19
South Floyd	5-21
Allen Central	1-19

Bristol Dragway preps for upcoming season

TIMES STAFF REPORT

BRISTOL, Tenn. — Bristol Dragway bracket racers will have the opportunity to compete in two "bonus" races during the 2009 season.

In addition to the DER Racing Series, select Super Pro and Junior Dragster competitors will clash in the May 30 Fas Mart Thunder Valley Mayhem presented by JanPak. This mid-season All-Star race will give the racers a chance to showcase their skills in front of thousands of fans.

The top 16 in points in each category will be invited to participate in the event. The Super Pro winner will take home \$750. Pro Division champion will earn \$500 and Jr. Dragsters will compete for a \$100 first-place prize. Tech cards will be free and drivers only need to purchase a

spectator ticket.

All DER Racing Series drivers will be given 10 extra points in their championship quest when they duke it out in the June 13 Blast from the Past. The open-invitation event will see action in Super Pro, Pro, Sportsman, Motorcycles and Jr. Dragsters. A car show, slingshot dragsters, Nostalgia Funny Cars and "Big Daddy" Don Garlits himself will make this show one for the history books. The purse structure remains the same as the DER Racing Series.

Junior Dragster competitors will be selected to race at the Eastern Conference Finals as members of Team Bristol based on their performances in the upcoming DER Bracket Series.

Racers placed in the Top-30 in points after the May 30 DER Bracket Series event will have the first opportunity to represent

Bristol at the Eastern Conference Finals.

NHRA Chassis Certification set for March 28: Bristol Dragway will host an NHRA Chassis Certification session on Saturday, March 28 for drivers wishing to have their cars certified for the upcoming racing season. Drivers bringing their cars need to use the South Entrance at Bristol Motor Speedway and come to the North Parking lot located behind the Bristol Dragway control tower.

The cost is \$75 per car and drivers are asked to bring correct change.

Certification begins at 10 am and lasts until 4 pm, and drivers must schedule a time for their tech inspection.

Contact Red Whitmore at 423-989-6952 with any questions and to reserve a spot.

Archery

(186) Individual standings, Female — Middle School: Montana Lemaster — Adams (258); Morgan Shurt — Adams (248); Kate Rose — Adams (248); Ally Hopkins — Adams (246); Alli Hopkins — Adams (237); Tori Naim — Adams (232); Summer Stanley — Adams (221); Chelsea Campbell — A. B. Combs (215); Natasha Smith — A. B. Combs (211); Madison McIntyre — Leatherwood (209); Olivia Harp — A. B. Combs (204); Lisa Rathier — Adams (201); Christen Hurt — A. B. Combs (179); Eleisha Flattery — J. M. Stumbo (168); Felicia Simpson — A. B. Combs (160); Katesa Back — Leatherwood (158); Katlyn Randolph — J. M. Stumbo (148); Rachael Caney — A. B. Combs (142); 19. Savannah Adams — Fleming Neon (137); 20. Natasha Cornett — Leatherwood (125); 21. Asia Herakl — A. B. Combs (105); 22. Meagan Combs — A. B. Combs (90); 23. Ashley Tackett — J. M. Stumbo (65); 24. Kate King — J. M. Stumbo (52)

Individual Standings, Male — Middle School: McKinley Minix — Adams (287); Hunter Brown — Adams (287); Billy Jack Holliday — Adams (263); Cody Chaffin — Adams (261); Aaron Coots — Leatherwood (257); Austin Bailey — Adams (254); CJ Phillips — Fleming Neon (251); Tyler Shepherd — Leatherwood (230); Keagan Dove — Adams (248); Keith Kickl — Adams (244); Drew Wright — Adams (242); Matthew Duff — A. B. Combs (241); Aaron Curlette — Adams (237); Bobby Moseley — A. B. Combs (235); Josh Stambaugh — Adams (232); Dillon Johnson — A. B. Combs (232); CJ Smith — A. A. B. Combs (231); Chris Smith — A. B. Combs (228); Jordan Godsey — B. Combs (227); Bryson Williams — Adams (224); Shawn Turner — Leatherwood (223); Jeremy Masade — Fleming Neon (221); Mickey Egan — Fleming Neon (219); Austin Curlette — Adams (219); JD Adams — Adams (216); Derek Mills — A. B. Combs (215); Brian Boggs — Leatherwood (212); Mattanning Richardson — Fleming Neon

(213); Willard Watts — Leatherwood (211); Dillon Hamilton — J. M. Stumbo (210); Josh Creech — A. B. Combs (208); Austin Roberts — Leatherwood (207); Adam W. M. Stumbo (209); Byron Hall — J. M. Stumbo (202); Justin Brock — A. B. Combs (199); Jarrett Foutch — Leatherwood (199); Clayton Johnson — Fleming Neon (198); Dennis Wilson — Leatherwood (195); Stephen Fox — Fleming Neon (195); Matthew Shepherd — Leatherwood (192); Justin Allen — A. B. Combs (185); Ronnie Southwood — A. B. Combs (184); Cody Smith — A. B. Combs (183); Nick Hites — Adams (174); Colten Boleyn — Adams (172); Barry Marrow — J. M. Stumbo (159); Kalena Aison — Adams (246); Makyley Johnson — J. M. Stumbo (111); Justin Lewis — A. B. Combs (107)

Individual standings, Female

Elementary: Grace Boleyn — Adams (257); Sasha Kidd — Adams (246); Makyley Johnson — Fleming Neon (244); Mariah Hackworth — Adams (226); Amanda Barker — A. B. Combs (220); Mahlia Little — Adams (219); Nikki Combs — A. B. Combs (214); Linsey Bentley — Fleming Neon (204); Caitlyn Estevez — Fleming Neon (202); Emma George — Adams (201); Antonio Vance — J. M. Stumbo (197); Sierra Hill — Fleming Neon (195); Kelsey Smith — J. M. Stumbo (195); Lauren Click — Adams (195); Brooke Smith — Adams (194); Taylor Collier — Fleming Neon (183); Kaitlyn Cornett — Leatherwood (182); Brandy Morrow — J. M. Stumbo (178); Danielle Sturgill — Fleming Neon (178); Samantha Davis — A. B. Combs (157); Timera Thacker — J. M. Stumbo (152); Bailey Mize — A. B. Combs (151); Breanna McIntyre — Adams (137); Angela Shepherd — Leatherwood (117); Chastity Johnson — Leatherwood (116); Kendra Evans — J. M. Stumbo (93); Amey Herakl — A. B. Combs (83); Samantha Lewis — A. B. Combs (82); Brianna Sparkman — Leatherwood (80); Chelsea Cornett — Leatherwood (56);

Continued from p1

Julianne Bentley — A. B. Combs (35)

Individual standings, Male

Elementary: Billy Jack Holliday — Adams (263); Tyler Bays — Adams (240); Grant Martin — Adams (221); Casey Houson — Fleming Neon (233); Blake Davis — Adams (231); Cody Hampton — Fleming Neon (226); Seth Marcum — Adams (223); Joseph Ellis — Fleming Neon (223); Jeremy Slone — Adams (220); Samuel Hall — J. M. Stumbo (216); John Dillon — Adams (214); Ethan Davis — Fleming Neon (214); Matt Dunn — A. B. Combs (214); Mikey Gayheart — Adams (213); Kyle Corbett — A. B. Combs (211); Chocke Herald — A. B. Combs (210); Tyler Turpen — A. B. Combs (209); Jordan Caudill — Leatherwood (207); Miles Goodman — Adams (203); Jordan Ray — Adams (198); Julie Hall — A. B. Combs (195); Tyler Daylong — Fleming Neon (193); Gabe Walker — Adams (193); Brandon Trimble — Adams (193); Austin — A. B. Combs (190); Colten Fields — Fleming Neon (187); Austin Caudill — Leatherwood (185); Bruce Standtner — A. B. Combs (185); Jesse Tackett — J. M. Stumbo (182); Shawn Huff — Leatherwood (181); Byron Marshall — Adams (181); Chase Ousley — Adams (177); Aaron Eates — Adams (176); Hunter Roberts — Adams (174); Nicholas Osborne — J. M. Stumbo (170); Jordan Combs — A. B. Combs (162); Andrew Goble — Adams (153); Curtin Hall — J. M. Stumbo (141); Casey Houson — Adams (139); Bobby Shepherd — Leatherwood (129); Justin Dille — J. M. Stumbo (127); Tyler Holbrook — Fleming Neon (126); Anthony Fugate — A. B. Combs (112); Chase Newnan — J. M. Stumbo (107)

Team — High School: Harlan County High School. Team — Middle School: Adams Middle School, A. B. Combs, Fleming Neon, Leatherwood, J. M. Stumbo. Team — Elementary: Adams (Prestonsburg) Elementary.

Dairy Queen SPORTS FAN OF THE WEEK

If you are the sports fan circled here... it's your lucky day!

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at DAIRY QUEEN OF PRESTONSBURG. When claiming your ice cream cake, present this newspaper.

83

Eight make up latest Kentucky Athletic Hall of Fame class

TIMES STAFF REPORT

LOUISVILLE — Eight individuals were named Wednesday for induction into the Kentucky Athletic Hall of Fame. The latest Kentucky Athletic Hall of Fame Class will be honored at a banquet on April 29 in Louisville.

More on each of the eight Kentucky sports figures follows:

Mike Casey — Casey led Shelby County to the 1966 boys' State Tournament title and was named the 1966 Mr. Basketball. He was the leading scorer at the University of Kentucky as a sophomore from 1967 to 1968, averaging 20 points per game. He missed the 1969-70 season after breaking a leg in a car accident but returned in 1970 and finished his UK career with 1,535 points, making him the 13th all-time scorer in UK history.

Travis Grant — Grant set a career college scoring record playing basketball at Kentucky State (more than 4,000 points). He also spent more than one season with the Los Angeles Lakers and more than two seasons in the American Basketball

Association, where he averaged 25.2 points for San Diego from 1974 to 1975.

Patti Jo Hedges-Ward — A graduate of Louisville's Western High School, Hedges-Ward was a starting point guard for Kentucky's only Southeastern Conference women's basketball championship team. She was an All-SEC performer and a gold medalist as a member of the 1983 Pan American team.

Elmore Just — Just was a golfer at Flager High School and Bellarmine where he captained the college's undefeated team that went to the NCAA tournament. He was champion at three golf clubs, founded Persimmon Ridge Golf Course and founded the Louisville Golf Club Company.

Bobby Keith — Keith, a former Clay County High School basketball coach, led the team to a state championship in 1987 and runner-up positions in 1985 and 1988. His teams won 14 region championships, more than any other coach. Under Keith's leadership, his teams went 587-97.

Maryjean Wall — Wall was a pioneer among female sports journalists in the Commonwealth. When she began covering horse racing for the Herald-Leader, she was one of the only women in America covering the beat. The three-time Eclipse Award-winner for her coverage of Thoroughbred racing also won the John Hervey Award — a similar honor for writing about harness racing — three times.

Dan Ulmer — As chairman of the Board of Trustees for Minor League Baseball, Ulmer successfully led the drive to bring minor-league baseball back to Louisville and organized a slate of buyers to purchase the Redbirds from Ray Smith, who wanted to move the franchise. Ulmer is chairman of the new arena construction committee and once ranked third among the top 10 minor-league baseball power brokers.

Herald-Leader, she was one of the only women in America covering the beat. The three-time Eclipse Award-winner for her coverage of Thoroughbred racing also won the John Hervey Award — a similar honor for writing about harness racing — three times.

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Austin Peay eliminates Morehead State from OVC women's tournament

TIMES STAFF REPORT

MOREHEAD — All five Austin Peay starters scored in double figures as the visiting fifth-seeded Lady Govs completed a season sweep of Morehead State University, knocking off the fourth-seeded Eagles 78-74 in the first round of the Ohio Valley Conference Tournament Tuesday at Johnson Arena. MSU saw its season finish at 17-14, while APSU evened its mark to 15-15.

Despite the loss, the Eagles finished head coach Mike Bradbury's second year with the third highest win total for an MSU team in the NCAA Division I era.

Freshman guard Ashley Martin led the Eagles by tying her career high with 18 points. Sophomore Chynna Bozeman finished with 17 points and hit five three-pointers to tie the MSU single season triples made mark with 95. Junior Tiffany Hamilton finished her first Division I season with 17 points.

Ashley Herring topped AP's offense with 17 points, while Nicole Jamen had a double-double of 15 points and 12 rebounds. April Thomas tallied 15 points as well, while Brooke Faulkner connected on four treys and had 14. Whitney Hanley was the last starter to hit double digits with 10. As a team, the Lady Govs drained 10 out of 25 three-pointers.

Morehead State shot 39 percent for the game and had just eight turnovers. The Eagles also had 18 points off 13 Lady Gov turnovers, but APSU scored 32 points in the paint — the third game this year they had scored 30-plus in the paint against MSU — and had a 14-7 margin on second-chance points thanks to 13 offensive rebounds.

Colonels fall to No. 29 Kentucky on walk-off home run

TIMES STAFF REPORT

LEXINGTON — The Eastern Kentucky University baseball team scored five runs in the top of the ninth to take an 8-7 lead against No. 29 Kentucky on Wednesday night at Cliff Hagan Stadium; however, a two-out, two-in walk-off blast by sophomore Chris Bisson in the bottom of the ninth won it for the Wildcats.

It would have been the second win over a ranked opponent in as many days for EKVU. Trailing 7-3 heading into the top of the ninth, EKVU got a lead-off single from freshman A.J. Jamison to begin the rally. After sophomore Ryan Faidley walked, freshman Richie Rodriguez delivered an RBI double down the right field line, scoring pinch-runner Dustin Dunlop and advancing Faidley to third.

After senior Matt Davis went down on strikes, senior Aaron Barrows ripped a two-run triple into the gap in right center to pull the Colonels to within one, 7-6. Senior Tyler Rehmel then struck out for the second out of the inning. Representing the Colonels' last hope, sophomore Jayson Langfels grounded to Kentucky shortstop Chris Wade. Wade's throw to first was low, however, and got past the first baseman. Barrows raced home for the tying run and Langfels advanced to second.

Following a walk by junior Anthony Otrando, junior Joey Stevens laced a single through the left side of the infield to score Langfels and give EKVU an 8-7 lead.

Junior right-hander Chris

Hord (0-1) retired the first two batters he faced in the bottom of the ninth before junior Marcos Nidiffer delivered a two-strike single into left field to keep the inning alive. The next batter, Bisson, blasted the first pitch he saw over the wall in right-center to end the game in dramatic fashion. It was Bisson's first career home run.

Hord went 1.2 innings, giving up two runs on two hits. Sophomore Matt Fyffe (Paintsville/Johnson Central HS) started on the mound for EKVU and worked 4.2 innings, allowing six runs on seven hits. Freshman Greg Terry and sophomore Macon Smith combined for 2.1 innings of relief, with Smith's run between the both of them.

Braden Kapteyn (1-0) picked up the win for Kentucky, pitching the final 1.2 innings and allowing five runs on five hits.

Offensively, the Colonels were led by Stevens, who finished the day 3-for-6 with two RBI. Davis, meanwhile, went 3-for-4 with a run scored. Kentucky was paced by Bisson (3-for-4 with two RBI and three runs scored) and McClendon (3-for-4 with an RBI and a run scored).

Kentucky got on the board first in the second inning when right fielder Chad Wright lifted a three run homer over the fence in right center. The Wildcats added another run in the bottom of the fourth when Wright collected his fourth RBI of the day on a sacrifice bunt that scored Nidiffer.

The Colonels plated two in the fifth to cut the deficit in half. Otrando started the scor-

ing with a base hit up the middle that scored Rehmel. Two batters later, Stevens laced an RBI single through the left side of the infield, bringing home Langfels.

Kentucky senior Chris McClendon's first home run of the season made it 5-2 in the bottom of the fifth. The Wildcats scored two more unearned runs in the inning to stretch their lead to 7-2 heading into the sixth.

A Faidley walk and two well-placed bunt singles by Rodriguez and Davis loaded the bases for the Colonels with no outs in the sixth. However, Barrows went down looking and Rehmel grounded into a 4-6-3 double play to end the threat and the inning.

The Colonels threatened again in the seventh when Langfels and Otrando walked to begin the inning. However, Stevens struck out swinging, Jamison popped up to the first baseman and Faidley flew out to center to again leave Colonels runners stranded.

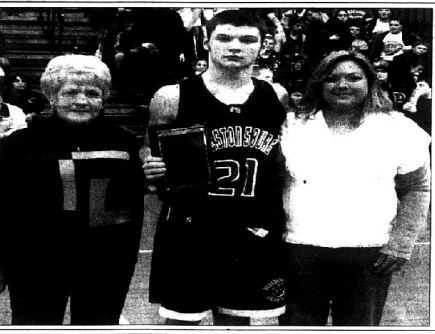
EKU finally capitalized in the eighth when Langfels drew a one-out, bases loaded walk to score Davis and make it 7-3. However, Otrando went down swinging immediately afterwards and Stevens grounded into a fielder's choice to leave multiple runners on base for the third consecutive inning.

EKU left 17 runners stranded throughout the game.

The Colonels will return to action on Sunday when they face Bowling Green State in the RussMatt Central Florida Invitational in Winter Haven, Fla. First pitch is scheduled for 12:30 p.m.



ADAMS MIDDLE SCHOOL won both the middle school and elementary divisions of this year's 11th Region Archery Tournament. The Adams Middle School team is pictured above. The elementary squad is pictured below.



PRESTONSBURG SENIOR AUSTIN GEARHEART earned this year's Burchell Duff Award. Gearheart ranks as one of Prestonsburg's top student-athletes.

Tickets available for Bristol spring races

TIMES STAFF REPORT

BRISTOL, Tenn. — Fans who have longed to attend a race at NASCAR's most popular track now have the opportunity to do just that on what will be the biggest spring race weekend in Bristol Motor Speedway's history.

Tickets are available for the March 22 Food City 500, capping a three-day race weekend fans can't afford to miss as a number of special events have been added to the schedule.

Ford Fan Friday kicks off the action on March 20 when fans can see practice for the Scotts Turf Builder 300 and the Food City 500, as well as qualifying for the Food City 500, for only \$5. Any fan bringing a specially marked Pepsi can to the gate will receive free entry.

Also on tap for Friday is Food City Race Night, which will take place at BMS from 4 p.m.-9 p.m. There is no

admission to the event which will feature live music, free food and driver appearances. Kevin Harvick and Tony Stewart are scheduled to participate in Rock Band while Clint Bowyer, Elliott Sadler, Kasey Kahne and A.J. Allmendinger will square off in a Wild boxing tournament.

Other drivers, including Jeff Burton, will take part in a question and answer session. The Scotts Turf Builder 300, one of the premier NASCAR events on the schedule, takes place March 21 with a host of NASCAR Sprint Cup drivers in the field. Among those participating in the race is Carl Edwards, Harvick, Greg Biffle, Bowyer and Kyle Busch.

Also on the schedule Saturday is the highly anticipated Scotts Saturday Night Special at Bristol, an all-star race featuring some of the biggest names in NASCAR,

including Junior Johnson and Harry Gant. Following the Saturday Night Special is a 100-lap UAR A race to cap off the evening. All three races, the Scotts Turf Builder 300, the Scotts Saturday Night Special and the UAR A event are included in the cost of the ticket for the Scotts Turf Builder 300.

Tickets for the Food City 500 are available, starting at \$93. Tickets for the Scotts Turf Builder 300 triple header begin at \$45. Qualifying for the Food City 500 is slated for 3:40 p.m. Friday and qualifying for the Scotts Turf Builder 300 is at 9:40 a.m. Saturday.

The Scotts Turf Builder 300 takes the green flag at 2 p.m., as does the Food City 500 Sunday.

To purchase tickets, contact the Bristol Motor Speedway ticket office at 423-989-6900 or go online to www.bristolvtix.com.

KIAC

won on steals 10-6. Alice Lloyd won the battle of the boards 35-30, including 14 rebounds on the offensive end. They also took the lead in shooting percentage over IU Southeast 37-33 from the field.

IU Southeast Megan Murphy (Bloomington, Ind.) led the team in scoring with 19 points. Murholly had seven rebounds. Whitney Duncan (Louisville) hit six of her nine free throws for 13 points. On

the boards, Andrea Chambers (Evansville Ind.) grabbed nine rebounds.

Alice Lloyd had three scorers in double figures. Sierra Wynn (Evarts) and Nicole Lutes (Jackson) had 13 points apiece for the Lady Eagles. Wynn also pulled down six defensive rebounds. Bree Frasier (Louisia) added 12 points for the Alice Lloyd women's basketball team.

IU Southeast's win gave it an automatic bid to the NAIA

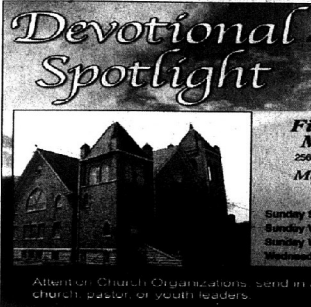
Continued from p1 Division II National Championship March 12-18 at the Tyson Events Center in Sioux City, Iowa.

Follow Alice Lloyd College athletics in The Floyd County Times.

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Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.



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Pastor

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Evening Worship 6:00 p.m.
Wednesday 7:00 p.m.

Attention Church Organizations: send in a picture of your church, pastor or youth leaders.

ASSEMBLY OF GOD
First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Lorie Yannucci, Minister.
In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.
New Bethel Assembly of God, Burning Fork Rd., Satersville; Sunday School, 10 a.m.; (Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.
Fratres Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

BAPTIST
Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.
Auxiliary Freewill Baptist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spenser, Pastor.
Ball Branch Regular Baptist Church, Mousley Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor. Contact Kermit Newsome 606-377-8881 for more information.
Benedict Baptist, Slick Hook Branch, Cow Creek; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.

Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.
Big Sandy Community and Technical College Baptist Student Union, J102; Wednesday, 11:30 a.m.; Vera Joiner, 885-3853, ext. 67267.
Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.
Brandy Keg Freewill Baptist, Corn Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.
Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.

Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.
Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathan Lafferty, Minister.
Daniels Creek Baptist Fellowship Church of God, Banner; Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.
Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m.; Jim Fields, Minister.
Endicot Freewill Baptist, Buffalo; Sun. Sch. 10 a.m.; Church every Sun. Morning 11:00 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; First Sat. evening

Service, All Welcome 7 p.m. Pastor Mark Hunt, 908-478-2698
Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wiresman.
Faith Freewill Baptist, 1/4 mile above Worldwide Ept. on Rt. 1428; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Elder Donnie Patrick, Minister.
First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborn, Minister.
First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.
First Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.
Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.
Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7 p.m.
Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.
Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 a.m.; Willie Crace, pastor; Assist. Larry Patton, Phone 358-4275.
Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.
Jacks Creek Baptist, Bevinsville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trusty.
Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor.
Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.
Lancer Baptist Church, 71 Cooley St., Prestonsburg; Sunday School, 10:00 a.m.; Morning Worship, 11:00 a.m.; Evening Worship, 6:00 p.m.; Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter.
Left Beaver Regular Baptist Church across from Garth School, 4th Saturday & Sunday, 10:00 am. Odd Saturday 6:00 pm.; Gary Compton, Pastor.
Liberty Baptist, Denver; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Marie Little, Minister.
Ligon Community Freewill Baptist, Ligon; Worship Service, Sunday, 11:00 a.m.; Thursday, 7 p.m.
Little Rosa Regular Baptist Church of Jesus Christ, (Indian Bottom Association) Services: 1st Saturday & Sunday every month 9:30 a.m., 3rd Sunday 9:30 a.m., 5th Sunday 9:30 a.m.
Martin Branch Freewill Baptist, Eastill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.
Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.
Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.
McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.
Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie L. Hunt, Minister.
Lighthouse Baptist, 2194 Ky Rt. 1428, Prestonsburg; Sunday Service, 10 a.m. Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister; home phone 285-3385.
Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.
Prater Creek Baptist, Banner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; J.B. Hall, Pastor; Phone: (606) 874-3222.
Rock Fork Freewill Baptist, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Craiger, Minister.
Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Morris, Pastor; Willie Crace Jr., Assistant Pastor.
Salt Lick United Baptist, Salt Lick Huysville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 948-2123.
Sammy Clark Branch Freewill Baptist, Dana, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.
Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.
The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Phillip Ramey, Pastor.
Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.
Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 6:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.
Trimble Chapel Freewill Baptist; Intersection of U.S. 23 and Ky 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m.; Youth Services 7 p.m.; Everyone Welcome
United Community Baptist, Hwy. 7, Huysville; Worship Service, 2 p.m., Friday 7 p.m.; Carlos Beverly, Pastor.
Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferran, Minister.

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Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferran, Minister.

CATHOLIC
St. Martha, Water Gap; Sunday, 11:15 a.m.; Saturday 5 p.m.; Sunday, Father Robert Damron, pastor.
CHRISTIAN
First Christian, 560 North Arnold Avenue; Sunday School,

10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.
Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sherm Williams, Minister.
CHURCH OF CHRIST
Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.
Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.
Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister.
Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.
Huysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.
Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lorie Moabs, Minister.
Waco Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.
Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Gary Mitchell, Minister.
Maytown Church of Christ, 66 Turkey Creek Rd., Langley; Sunday Bible Study 10:00 a.m., Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m.; Wednesday Bible Study 6:00 p.m.
Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.
Weaksburg Church of Christ; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; John Burke, Minister.

EPISCOPAL
St. James Episcopal; Sunday Service, 9:45 a.m.; Holy Eucharist 11:00 a.m.; Wednesday Study Group, 9:00 p.m.; Holy Eucharist & Healing 7:30 p.m.; Father Johnnie E. Ross, Rector.
LUTHERAN
Our Savior Lutheran, Sipp Bayes Room Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLW (600 am) 12:05 p.m.; Roland Hester, Minister.
METHODIST
Auxier United Methodist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Mearl Music, Minister.
Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.
Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spenser, Minister.
Community United Methodist, 147 Burke Avenue (off University Drive and Nealey St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Glen "Sandy" Douglas, Rev.
Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.
Emma United Methodist, Emma; Sunday School 10 a.m.; Sunday Worship Service 11 a.m.; Pastor David Profit.
First United Methodist, 256 South Arnold Avenue; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev. Jim Adams, Pastor.
Horn Chapel Methodist, Auxier Road, Auxier; Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Mid-week Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Larry J. Penix, Minister.
Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harrow, Minister.
Salisbury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.
Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.
Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bobby Isaac, Minister.
Vogle Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor.
Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship Service, Saturday, Sunday 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.
Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs. 6:30 p.m.; Buster Hayton, Minister.
Free Pentecostal Church of God, Weaksburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday-Saturday, 7 p.m.; John "Jay" Patton, Minister.
Free Pentecostal Fellowship, Ext. 46 off Mt. Parkway at Campton; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Crider, Minister.
Free Pentecostal Holiness, Rt. 122, Upper Burton; Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis Santan, Minister; David Pike, Associate Minister.
Goodloe Pentecostal, Rt. 850, David; Worship Service, 6 p.m.; Keny Vanerpool, Minister.
Parkway First Calvary Pentecostal, Floyd and Magoffin County Line.; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister, 297-6262.
Trinity Chapel Pentecostal Holiness, Main St., Martin; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat. 7 p.m.; Thurs. 7 p.m.; Ellis J. Stevens, Minister.
Free Pentecostal Church, Dwaie; Services Saturday, 6

7 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.
PRESBYTERIAN
Drift Presbyterian, Route 1101, Drift; Worship Service, 11 a.m.
First Presbyterian, North Lake Drive; Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev. Vicki Poola, pastor.
SEVENTH DAY ADVENTIST
Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor. 358-9263; Church, 885-3459, leave message Everyone welcome!
THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS
The Church of Jesus Christ of Latter-Day Saints; Sacramento Mtg.; 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Preshhood/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House address: Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Ken Carriere, Bishop.
OTHER
Pastor Atha Johnson welcomes everyone to attend services at the CHURCH OF GOD OF PROPHECY TRAM KENTUCKY; Sunday school 10 a.m., Worship service 11 a.m.; Drift Independent, Drift; Sunday, 10 a.m.; Thursday, 6:30 p.m.
Grace Fellowship Prestonsburg (next to old flea market), Sunday School, 10 a.m.; Worship, 11 a.m. Bill Stukenberg, Pastor 889-0508
Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.
Faith Revelation, Harkins Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thurs. 7 p.m. Hardy Hargens, Minister. 886-9460
Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed. 7 p.m. Carl & Missy Woods, Pastors.
Faith Worship Center, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.
Full Gospel Community, (formerly of Martin) moved to Old Allen Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 pm.; Lavonne Lafferty, Minister.
Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.
Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m.; Sunday Evening, 6:00 p.m.; Pastor, Clot Howard.
Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m.; Saturday/Sunday.
Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.
Spurlock Bible (Baptist), 8227 Spurlock Creek Rd., Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-1003
Town Branch Church; Sunday School 10 a.m. except for first Sunday in each month; Worship Service, Sun. morning 10:00 a.m., Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.
The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.
The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Aiken.
Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.
Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.; Prayer Line, 358-2464; Darlene W. Arnette, Pastor.
Taylor Chapel Community Church, formerly the old Price Food Service building, located quarter mile above Worldwide Equipment, Rt. 1428, Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m.; Kenny Vanderpool, Pastor.

International Pentecostal Holiness Church, 10574 N. Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor.
Rising Sun Ministries, 114 Rising Sun Lane, Prestonsburg, KY 41653; Sunday, 11:00 a.m.; Wednesday, 6:30 p.m.; Pastor, D.P. Gurry.
Church of God of Prophecy, Sunday School 10 a.m.; Worship Service 11 a.m.; Sunday Night - 6 p.m.; Wednesday Night - 6 p.m.; Pastor Glenn Hayes, West Prestonsburg.
House of Refuge, Rock Fork, Sunday Evening Worship 6 pm. Monday Bible Study 7:30 pm. Wednesday Prayer Meeting 7:30 pm. Bill B. Tussey, Pastor

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FLOYD COUNTY



Faith and Family



Victorious Women retreat to be held this month

The Victorious Women Annual Spring Retreat will be held March 27-29 at the Ramada Inn and Conference Center in Paintsville. All ladies 16 and older are invited to attend for a weekend of spiritual and physical refreshment.

The keynote speaker for the retreat will be Peg Rankin. Rankin, wife, mother and grandmother of 16, travels nationally and internationally as a Bible teacher and conference speaker. Rankin has also authored numerous best selling books and Bible studies.

She and her husband, Lee, often minister together in a team known as The Rankin File.

Kathy Keck, from Lost Creek, will be the guest soloist and musician for the event. Keck is a founding staff member of Victorious Women. She

served as song leader and music director through the early years until her husband, Lorie, took a pastorate in Peru, In. for several years. They both now serve as full time mission staff with the Riverside Christian School in Breathitt county.

Brochures for the event are available at Christian book stores or by calling (606) 789-6982. Pre-registration is necessary by March 20 for overnight accommodations and meals. Walk in guests are welcome with the payment of a door charge.

KBC relief work winds down in Kentucky

LOUISVILLE — After five weeks of clearing debris and providing relief, Southern Baptist disaster volunteers are winding down their efforts to aid Kentuckians affected by ice storms late in January.

Crews are still working in six areas of western Kentucky through the end of this week, but all other teams have finished and the entire effort is expected to conclude by next week, said Webb.

"We're starting to shut down because our number of volunteers is decreasing, and also because we've been able to finish our priority projects," said KBC Disaster Relief Associate Coy Webb. "Of course, there are still needs and there will continue to be recovery efforts going on

locally." According to Webb, approximately 1,500 Southern Baptist volunteers have been involved in ice-storm relief to date, logging a combined total of 9,074 volunteer days.

The volunteers came from 20 state Baptist conventions, including Alabama, Florida, Georgia, Illinois, Indiana, Kansas/Nebraska, Kentucky, Louisiana, Michigan, Minnesota/Ohio/Wisconsin, Mississippi, North Carolina, Ohio, Pennsylvania/New Jersey, South Carolina, Tennessee, Texas, Virginia (two conventions), and West Virginia.

"We are grateful for the sacrificial service of our Kentucky volunteers and are deeply appreciative of our sis-

ter conventions who responded in tremendous ways," said Webb. "We would not have been able to meet the vast needs across the state had it not been for these conventions sending such large numbers of teams."

To date, 56,657 meals have been prepared, 2,723 chainsaw jobs completed and 1,819 showers supplied. Additional assistance was provided through mud-out and repair jobs, roofing projects, laundry services and chaplaincy outreach.

"This has been the largest relief effort in Kentucky as far as we know, or at least has involved the largest number of

other state conventions," said Webb. "Some from the state emergency management think it is the largest scope natural disaster in Kentucky's history."

Areas still receiving assistance from Southern Baptist teams include areas in and around Greenville, Hartford, Livermore, Marion, Owensboro, Princeton and Salem.

The Kentucky Baptist Building has served as the operations center since the effort first began in late January. The temporary incident command center that was set up just for this purpose will likely be shutting down by

March 6, said Webb.

Contributions to the KBC's disaster relief efforts may be sent to the KBC, Dept. 5008, P.O. Box 740041, Louisville, KY 40201-9976. Please note "disaster relief" in the check memo. Online donations are also being accepted at www.kybaptist.org/dr.

Kentucky Baptists are part of a larger network of Southern Baptist volunteers trained to respond to disasters by manning mass feeding operations, using chainsaws to clear downed trees and limbs, clear mud out of flooded homes and more. Together, Southern Baptists comprise the third largest relief organi-

zation in the United States.

To learn more about Kentucky Baptist Disaster Relief, go to www.kybaptist.org/dr.

The Kentucky Baptist Convention is a cooperative missions and ministry organization made up of more than 2,400 autonomous Baptist churches in Kentucky. A variety of state and worldwide ministries are coordinated through its administrative offices in Louisville, Ky, including: missions work, disaster relief, ministry training and support, church development, evangelism and more. For more information, visit www.kybaptist.org.

KIM'S KORNER

John 3:16

by KIM LITTLE FRASURE

The following story has been around for quite some time now. Though the author is unknown, it sure touches and warms the heart. May it touch and warm you as well.

"A little boy was selling newspapers on the corner, the people were in and out of the cold. The little boy was so cold that he wasn't trying to sell many papers."

"He walked up to a policeman and said, 'Mister, you wouldn't happen to know where a poor boy could find a warm place to sleep tonight would you? You see, I sleep in a box up around the corner there and down the alley and it is awful cold in there for tonight. Sure would be nice to have a warm place to stay?'"

"The policeman looked down at the little boy and said, 'You go down the street to that big white house and you knock on the door. When they come out the door you just say 'John 3:16' and they will let you in.'"

"So he did. He walked up the steps and knocked on the door, and a lady answered. He looked up and said, 'John 3:16.' The lady said, 'Come on in, son.'"

"She took him in and she sat him down in a split bottom rocker in front of a great big old fireplace, and she went off. The boy sat there for awhile and thought to himself, 'John 3:16 ... I don't understand it, but it sure makes a cold boy warm.'"

"Later she came back and asked him, 'Are you hungry?' He said, 'Well, just a little. I haven't eaten in a couple of days, and I guess I could stand a little bit of food.'"

"The lady took him in the kitchen and sat him down to a table full of wonderful food. He ate and ate until he couldn't eat any more."

"Then he thought to himself, 'John 3:16 ... Boy, I sure don't understand it, but it sure makes a hungry boy full.'"

"She took him upstairs to a bathroom to a huge bathtub filled with warm water, and he sat there and soaked for a while."

"You know, I've not had a bath, a real bath, in my whole life. The only bath I ever had

was when I stood in front of that big old fire hydrant as they flushed it out.' As he soaked, he thought to himself, 'John 3:16 ... I sure don't understand it, but it sure makes a dirty boy clean.'"

"The lady came in and got him. She took him to a room, tucked him into a big old feather bed, pulled the covers up around his neck, kissed him good night and turned out the lights. As he lay in the darkness and looked out the window at the snow

coming down on that cold night, he thought to himself, 'John 3:16 ... I don't understand it, but it sure makes a tired boy rested.'"

"The next morning the lady came back up and took him down again to that same big table full of food. After he ate, she took him back to that same big old split bottom rocker in front of the fireplace and picked up a big old Bible. She sat down in front of him and looked into his young face."

"Do you understand John 3:16?" she asked gently.

"He replied, 'No, ma'am. I don't. The first time I ever heard it was last night when the policeman told me to use it.'"

"She opened the Bible to John 3:16 and began to explain to him about Jesus. Right there, in front of that big old fireplace, he gave his heart and life to Jesus."

"He sat there and thought, 'John 3:16, I don't understand it, but it sure makes a lost boy feel safe.'"

"You know, I have to confess I don't understand it either, how God was willing to send His Son to die for me, and how Jesus would agree to do such a thing. I don't understand the agony of the Father and every angel in heaven as they watched Jesus suffer and die. I don't understand the intense love for ME that kept Jesus on the cross till the end. I don't understand it, but it sure does make life worth living."

"John 3:16 — 'For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.'"

"Til next week, God's blessings.



Kim Little Frasure

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- Practice your plan at least twice a year
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 Never leave burning candles unattended
 Keep fuel (paper, clothing, bedding) at least three feet away from heat sources
To stay safe from fires:
 Create a home fire escape plan
 Practice your plan at least twice a year
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B7

Prom dress for sale. Size 0. Beautiful strapless gown. Gray in color with rhinestones down the front. Bought new last yr for \$425 asking \$250. Call 889-0544 after 6pm.

Mixed hay for sale. Square bales. Also have 3 registered black angus bulls. Call 606-725-5157. Located in Morgan County.

REAL ESTATE

Houses

House and property for sale. \$70,000. Call 377-2032.

Sale or lease

75 X 85. Lot for sale. Located in downtown Prestonsburg. Located in Prestonsburg. \$26,000. Call 889-9526.

Property for rent or lease. 200 X 120 ft. Building is 50 X 30 can be used for office. Road front, good location at junction of 321 and Liberty Rd. Call 285-9000 or 285-3412. Out of city limits.

For rent: Well established Dr. office. 2 exam rooms and large waiting room. Dr. Office separate. Located in Prestonsburg. Walkway, blacktop parking lot. Ready to start new practice. \$1500-\$2000 per month. Call 285-9000 or 285-3412. Out of city limits.

limits.

Office space for rent. 3,000 sq ft, 2 bath, 10 individual rooms suitable for professional office. Call 794-6204 for more information. Located on 1320 North Lake Drive, Downtown from Jareys.

RENTALS

2 Apartments for rent. 3 br, living room, dining area, and wall to wall carpet. Central heat air and washer & dryer hookup. Located in Prestonsburg behind Dr. Gopal's office. Upstairs \$575 a month plus utilities and 1 month deposit. Downtown stairs is \$550 plus utilities & deposit. Call 285-9000 before 10:00 pm.

Fully furnished apt for rent. Ready to occupy. Everything you need, very clean, quite, a.c., good place. Suitable for 2 working people no more. Out town workers welcome. No pets. Near Prestonsburg J.W. Lake. Call 606-205-0215 or 886-8888.

Houses

2 br house for rent. Appliances furnished all electric, w/d. Newly remodeled inside and out. \$500 month plus \$500 deposit. Large yard, nice neighborhood in Arkansas creek. Serious inquires only. Call 886-6665

Mobile Homes

Special FHA Finance Program 50 Down if you own

land or use family land. We own the bank your approved. Call 866-597-2083.

2- Mobile homes for rent. References & deposit required. Call 889-0363.

Mobile home and house for rent. Partly furnished near Prestonsburg J. W. Lake. Nice quiet, clean located. Suitable for 2 people only. Out of town workers welcome. Call 886-3941 or 205-0215.

FHA Financing limited homes available. First time buyers our specialty. Call to be pre qualified. Call 877-310-2577.

Legals

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-0342 NW

In accordance with KRS 350.055, notice is hereby given that Frasure Creek Mining, LLC, 4978 Teays Valley Road, Scott Depot, WV 25560, (304) 204-1455 has applied for a permit for a surface coal mining and reclamation operation located 1.7 miles northeast of Hippo, Kentucky in Floyd County. The proposed operation will disturb 431.30 surface acres and will underlie 4.92 acres, and the total area within the permit boundary will be 436.22 acres.

The proposed operation is approximately 0.8 miles south from KY 1210 junction with Alum Lick Road and located 0.2 miles southwest of Caney Creek. The proposed operation is located on the Martin USGS 7 1/2 minute quadrangle map. The operation will use the area, contour, and auger methods of surface mining. The surface area to

be disturbed is owned by George Thornsby, et. al, Evie Thornsby, et. al, Shade and Patricia K. Pitts, Lou Ellen Pitts, Lou Branch Holding Company, LLC, Chris Damron, Danny Ousley, Rosie Reffett, Craig Ousley, et. al, Betty Litsey, Charles Gordon Ousley, Donald and Brenda Ousley, Adrian Bradley, James and Rose Marie Bradley, Ronald and Jackie Bradley, Sally R. Kessie, Charles E. Bradley, Amy Bradley, Adam Bradley, Johanna L. Silveus, Kenneth Silveus, Earl and Peggy Stephens and Sianna Fisher, Mont Ousley Heirs, Edward L. and Sadie Shepherd, J.T. and Anna Lee Thornsby, Phyllis Reffett, and Glen Hurd-Estale. The operation will underlie land owned by Shade and Patricia K. Pitts, Lou Ellen Pitts, Big Branch Holding Company, LLC, Equilrains, and Mont Ousley Heirs.

The application has been filed for public inspection at the Department for Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, KY 41653. Written comments, objections,

or requests for a permit conference must be filed with the Director of the Division of Permits, #2 Hudson Hollow Fork, Kentucky 40601. This is the final advertisement of the application. All comments, objections, or requests for a permit conference must be received within 30 days of today's date.

NOTICE OF INTENTION TO MINE PURSUANT TO APPLICATION NUMBER 836-5528 OPERATOR CHANGE

In accordance with the provisions of 405 KAR 8:010, notice is hereby given that Goose Creek Energy, Inc., P.O. Box 226, Eastern, Kentucky 41622 intends to revise Permit No. 836-5528 to remove an operator and add a new operator. The operators presently approved in the permit are DJ Mineral LLC, P.O. Box 3427, Pikeville, Kentucky 41602, Allen Mining, LLC, P.O. Box 971, Allen, Kentucky 41601 and B & K Coal Inc., 963 Laurel Fork Road, Hueysville, Kentucky 41640. The operators will

be DJB Mineral, LLC, P.O. Box 3427, Pikeville, Kentucky 41502, B & K Coal Inc., 963 Laurel Fork Road, Hueysville, Kentucky 41640 and Fools Gold Energy Corporation, 176 Honeysuckle Drive, Pikeville, Kentucky 41501.

The operation is located 1.2 miles east of Garrett in Floyd County. The operation is approximately 1.3 miles southeast of State Route 80's junction with State Route 7 and located along Goose Creek. The operation is located on the Wayland USGS 7 1/2 minute quadrangle map at latitude 37°29'00" and longitude 82°43'36".

The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments or objections must be filed with the Director, Division of Mine Permits, #2 Hudson Hollow Fork, Frankfort, Kentucky 40601. All comments or objections must be received within fifteen (15) days of today's date.


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Chicken Salad With Roasted Tomatoes

POWER SALADS

to boost your health and taste quota

FAMILY FEATURES

Salads are a great way to add satisfying flavor and versatility to a healthy eating plan. In fact, research has shown that salad eaters take in greater amounts of essential nutrients such as vitamins C and E and folic acid. The key to a nutritious salad is to build it wisely by choosing healthy ingredients from the bottom up.

Salad Makings: Choose Wisely

Each salad topping has unique benefits, so it's important to build a nutritious salad using a variety of fruits, vegetables and nuts.

- Darker salad greens contain the antioxidant beta-carotene, which battles certain cancers, and folic acid, which helps tissues grow. Most salad greens are also sources of vitamin C, potassium and fiber.
- Tomatoes and cherries are loaded with potassium and lycopene which helps protect against heart disease and cancer.
- Carrots, yellow peppers and pineapple contain carotenoids, which reduce the risk of developing cancer.
- Pecans are loaded with more than 19 vitamins and minerals, packed with disease-fighting antioxidants and they're a great source of protein. In addition, medical research suggests eating pecans may help reduce the risk of heart disease by lowering cholesterol.
- Blueberries and raisins are full of phytonutrients and antioxidants, which help protect from some cancers and infections. They also boost brain health and vision.

Dressing for (Dietary) Success

What many people don't know is that salad dressings, like their vegetable, fruit and nut peers, provide important health benefits. Research has also shown the healthy oils in salad dressings help the body absorb key nutrients such as lycopene and alpha- and beta-carotene. Plus, the majority of salad dressings are free of trans fats.

These easy recipes bring flavor and nutrition to your salad bowl. For more on salads and dressings, visit www.saladaday.org and www.dressings-sauces.org. For more about pecans, visit www.ilovepecans.org.



Romaine, Pecan and Pear Salad



Salmon Nicoise Salad



Warm Pasta Salad With Pecans and Spinach

Chicken Salad With Roasted Tomatoes

Yield: 2 servings

- 1/2 cup pecans, finely chopped and toasted
- 1/2 cup panko (Japanese breadcrumbs)
- 1/2 teaspoon kosher salt
- 1/4 teaspoon cayenne pepper
- Freshly ground black pepper, to taste
- 3 tablespoons butter
- 2 boneless, skinless chicken breasts
- 3 tablespoons olive oil
- 1/2 pound cherry tomatoes
- 1 tablespoon olive oil
- Kosher salt and freshly ground black pepper, to taste
- 4 cups mixed greens
- Red onion slices
- Cucumber slices
- 2 ounces blue cheese
- Ranch or balsamic vinaigrette dressing

Preheat oven to 400°F. Mix together pecans, panko, salt, cayenne and black pepper.

Melt butter and oil in ovenproof skillet over medium-high heat. Dredge chicken in pecan panko mixture. Sauté in skillet until brown on bottom — about 2 minutes. Turn chicken over and place skillet in oven. Bake 15 to 18 minutes until cooked through. Set aside. Slice when cool.

Lower oven temperature to 350°F. Arrange tomatoes on baking sheet and toss with olive oil. Bake 30 minutes. Remove from oven and season with salt and pepper. Set aside.

To assemble, divide greens between two plates. Arrange red onion, cucumber, roasted tomatoes and chicken over greens. Top with blue cheese, if desired. Serve with ranch dressing or balsamic vinaigrette dressing.

Romaine, Pecan and Pear Salad

Yield: 6 servings

- 6 cups Romaine lettuce, washed and torn
- 1 cup radicchio, washed and torn
- 1/4 cup parsley, chopped
- 2 shallots, thinly sliced
- 2 Bosc pears, thinly sliced
- 1 cup pecans
- 3/4 cup dried cherries
- 1/4 cup raspberry or red wine vinaigrette dressing
- 1/3 cup feta cheese, optional

Place Romaine, radicchio, parsley and shallots in large bowl and toss gently. Arrange pears, pecans and dried cherries on greens.

Pour dressing over salad and toss. Top with feta cheese, if desired. Dressing may be passed separately.

Warm Pasta Salad With Pecans and Spinach

Yield: 4 servings

- 8 ounces rigatoni pasta
- 1/4 cup Italian or Greek dressing
- 2 tablespoons olive oil
- 1/2 cup sweet onion, chopped
- 1 clove garlic, minced
- 5 ounces baby spinach
- 1 cup ricotta cheese
- 1/2 teaspoon kosher salt
- Freshly ground black pepper, to taste
- 1/2 cup toasted pecans

Cook pasta in 2 quarts boiling, salted water until al dente, 7 to 8 minutes. Transfer pasta to large bowl and toss with dressing. Keep warm.

Heat olive oil in skillet over medium-high heat. Sauté onions 3 to 4 minutes until they begin to become translucent. Add garlic and sauté 1 minute longer, stirring constantly.

Add spinach to skillet and sauté until just beginning to wilt, 2 to 3 minutes. Combine with pasta and mix in ricotta cheese. Season with salt and pepper. Top with toasted pecans.

Salmon Nicoise Salad

Yield: 2 servings

- 1 8-ounce salmon filet
- 2 teaspoons olive oil
- Kosher salt and freshly ground pepper, to taste
- 2 lemons
- 6 small red new potatoes
- 1 cup fresh green beans
- 3 hard cooked eggs, peeled and sliced
- 1 cup pecans
- 1/3 cup Nicoise olives
- 2 tablespoons capers
- 1/2 cup cherry tomatoes
- 1/4 cup red wine vinaigrette or blue cheese dressing

Prepare coals in barbecue (or gas) grill. Brush salmon with olive oil and season with salt and black pepper. Cut lemons in half. Grill salmon, skin side down until just cooked through, 3 to 5 minutes. Place lemons on grill with salmon, cut side down and grill until beginning to brown. Remove lemons and salmon from grill and set aside.

Cut potatoes in half and steam until tender, about 15 minutes. Chill until ready to use. Steam green beans until just tender. Chill until ready to use.

To assemble salad, arrange lemons, potatoes, green beans, sliced eggs, and pecans. Add olives, capers and tomatoes around salmon. Serve with dressing of choice.