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The Times

FLOYD COUNTY

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Volume 83, Issue 12 • 75 Cents

HIGH SCHOOL BASKETBALL
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LEXINGTON, KY 40506-0001

Police seize drugs from man's home

Times Staff Report

EASTERN — A Floyd County man was arrested Tuesday after a state police drug investigation came to a head.

Paul D. Morris, 56, of Gold Howard Loop in Eastern, was arrested Tuesday and charged with first-, second- and third-degree trafficking in a controlled substance, trafficking in a controlled substance within 1,000 yards of a school and numerous other drug-related charges.

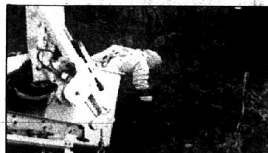
The arrest was the end result of an investigation by Kentucky State Police and followed a search of Morris' home.

According to police, the search turned up various prescription medications, marijuana and assorted drug paraphernalia at Morris' home.

The case remains under investigation by Trooper Austin Hicks, who was assisted Tuesday by Trooper Shaun Little.

Morris was lodged at the Floyd County Detention Center after his arrest, where he remained as of Thursday.

ON ICE



Electrical crews have been working around the clock to remove debris from power lines and restore electricity to thousands across the region. At left, an AEP worker toiled amidst fallen trees behind Jerry's in Prestonsburg.

photo by Brian Conn



Armory Road resident Sam Hager talked with Floyd County Judge-Executive R.D. "Doc" Marshall through the limbs of fallen trees Wednesday morning. Armory Road was one of the hardest hit by a massive snow and ice storm that started Monday and continued throughout Tuesday.

photo by Sheldon Compton

Question of the week

When will the power come back on?

by SHELDON COMPTON
STAFF WRITER

In the wake of the ice and snow storm that dropped on Eastern Kentucky Monday and Tuesday, the most pressing question in the minds of many residents in Floyd and neighboring counties is a simple one.

When will the power be back on?

Between the two providers for Floyd Countians — AEP Kentucky Power and Rural Electric Cooperative Corporation (RECC) — there have been streaming updates for estimates as to when power might be restored to customers.

Kentucky Power said Thursday afternoon that a general estimate as to when all customers would have power restored would be Feb. 4, but added that

this was an estimate for all customers. Most should have power restored before then, company officials said.

Kentucky Power customers can track the number of outages in their area by visiting www.kentuckypower.com and following the "storm and outage center" link then by clicking on "see current

(See **POWER**, page three)

2 DAY FORECAST

Today



High: 36 • Low: 23

Tomorrow



High: 28 • Low: 14

For up-to-the-minute forecasts, see floydcountytimes.com

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Man injured while helping remove trees from road

by SHELDON COMPTON
STAFF WRITER

LAKEVIEW VILLAGE — While tackling the problem of closed roads due to fallen trees and power lines Tuesday night, members of Floyd County's District 1 road crew found themselves in the middle of another emergency situation involving an injured resident.

At approximately 6 p.m.

Tuesday, when the worst of the ice and snow storm was coating the county, District 1 road crew members Tommy Lackey, Jody Conn and Brandon Jarrell were stationed at Lakeview Village removing fallen trees from the roadway when a resident of the area, and a forester for the Kentucky Division of Forestry, joined them to help out.

The forester, Bill Knott,

told crew members he felt compelled to help out because he was both a resident and had experience with the division.

"He came down from his house and was helping them chainsaw trees from the road," said Floyd County road foreman Mike Jarrell. "While he was helping, another tree starting cracking and fell."

(See **INJURED**, page two)



Michael Brown starts the long task of clearing away a large tree that fell across the porch of his family's home along Lakeview Village Road Wednesday. Lakeview was one of the hardest hit areas of Floyd County following the worst ice and snow storm in more than a decade.

photo by Sheldon Compton

Seven indicted on weapons selling charges

by SHELDON COMPTON
STAFF WRITER

PIKEVILLE — Seven people were indicted in U.S. District Court in Pikeville last week on charges they conspired to illegally sell firearms in Johnson County over the course of a three-year period.

Sidney Willis Amburgey, Wanda Loo Amburgey, Kenneth Lee Hamilton, Jeffery Henry, Offutt Howard Jr., Donald Eugene Salyers and Gregory Scott Salyers were the seven indicted.

According to the federal indictment, from August 2005 to June 2008, Salyers, Howard, Henry, Hamilton and

Sidney Willis Amburgey, with assistance from Wanda Loo Amburgey, dealt in firearms, selling numerous weapons without a license.

Among the list of firearms included in the indictment were shotguns, rifles, 9mm pistols, Rugers and revolvers.

Also noted in the indictment were charges alleging that Henry, Howard,

Hamilton, Salyers, as well as Sidney Willis Amburgey and Wanda Loo Amburgey sold firearms to individuals, who were not named, who they knew to have been previously convicted of crimes.

The violations were, by federal

(See **GUNS**, page two)

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10 Wings
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Obituaries

Lois J. Calhoun

Lois J. Calhoun, 84, of Prestonsburg, died Monday, January 26, 2009, in Paintsville.

Born March 3, 1924, in Pauding, Ohio, she was the daughter of the late Merlin L. Fogle and Inez O. Klinger.

She was preceded in death by her husband, Taylor Calhoun.

Survivors include her sons: Terry Calhoun of Kendallville, Indiana, and Tim Calhoun and Jim Calhoun, both of Indiana; a daughter, Teresa S. Webb of Prestonsburg; a stepdaughter, Anna Mae Craig of Ft. Wayne, Indiana; a brother, John Martin Fogle of North Salem, Indiana; her sisters, Pauline Brumbaugh and Jeanne Reed, both of Indiana, Esther Holmes of Ohio, and Mildred F. Lantz of South Dakota; 15 grandchildren, and 1 great-grandchild.

In addition to her parents and husband, she was preceded

in death by a stepson: John Jobe; a brother, Robert Leo Fogle; and a sister, Dorothy J. Fogle.

Funeral services will be held Friday, January 30, at 1 p.m., at Nelson-Frazier Funeral Home, in Martin, with Bill Campbell officiating.

Burial will be in the Calhoun Family Cemetery, Water Gap, Prestonsburg.

Visitation is at the funeral home. (Paid obituary)

Lonnie Collins

Lonnie Collins, 62, of Martin, died Monday, January 26, 2009, at Paul B. Hall Medical Center, in Paintsville.

Born August 9, 1946, in McDowell, he was the son of the late Madison and Dovie McDaniel Collins. He was a retired factory worker.

Survivors include his brothers: Bill Collins of Kendallville, Indiana, Jimmy Collins of Albion, Indiana, and Albert Collins of Auxier; his

sisters: Shirley Hicks of Prestonsburg, Jean Martin of Drift, Pam McCoy of Martin, and Mae LaFontaine of Cincinnati, Ohio.

In addition to his parents, he was preceded in death by his brothers and sisters: Carlos Collins, Teddy Collins, Craig Collins, Curt Sizemore, Lizzie Mae Davidson and Crilda Milnor.

Funeral services were held Thursday, January 29, at 11 a.m., at Nelson-Frazier Funeral Home, in Martin, with Ted Shannon officiating.

Burial was in the Lucy Hall Cemetery, in McDowell, under the direction of Nelson-Frazier Funeral Home.

Visitation was at the funeral home. (Paid obituary)

Wille F. Hall

Wille F. Hall, 93, a resident of Mason, Ohio, passed away Wednesday, January 28, 2009, in Blue Ash, Ohio.

He was born October 18,

1915, in McDowell, the son of Duran and Mary Spradlin Hall. He served in the Navy during WWII.

He was the beloved husband of the late Nelma (nee Martin); devoted father of Norma Bradford (the late Harold), and Fred Hall (Eileen); dear brother of Betty Valone and the late Annie Stumbo, Virdie Stumbo, Maggie Newman, Jeannie Frisco, Edna Sizemore, Verman and Earl Hall; loving grandfather of Ashley and Nicole Bradford and Tim and Rebecca Hall.

Services will be conducted Saturday, January 31, at 10 a.m., at the Mueller Parker Funeral Home, 6791 Tylersville Road, Mason, Ohio 45040, with Reverend Boyd Carmack of the Old Regular Baptist Church, West Chester, Ohio, officiating.

Visitation will be at the funeral home on Friday, January 30, from 5-8 p.m.

Interment will be in Rose Hill Cemetery, Deerfield Township, Ohio.

Memorial contributions may be sent to St. Jude Children's Research Hospital, 501 St. Jude Pl, Memphis, TN 38105.

To send a condolence, visit www.muellerparker.com. (Paid obituary)

Olga K. Layne

Olga K. Layne, 88, of Harold, died Tuesday, January 27, 2009, at her residence.

Born August 26, 1920, in Pike County, she was the daughter of the late Elmer Johnnie King and Clara Pruitt King. She was a homemaker. She was a Christian and a member of the Boldman Freewill Baptist Church.

She was preceded in death by her husband, Jim Layne.

Survivors include a son, Larry (Lorraine) Layne of Harold; three brothers: Willie King of Ashland, Albert

(Laurel) King of Betsy Layne, and John Paul (Lois) King of Louisiana; two sisters: Roxie Justice of Harold, and Dolly Senter of Lorain, Ohio.

In addition to her husband and parents, she was preceded in death by a daughter, Sarah Lou Layne; a brother, Joe King; two sisters, Sarah Elkins and Gladys Hatcher; two grandchildren and five great-grandchildren.

Funeral services will be held Friday, January 30, at 1:00 p.m., at the Boldman Freewill Baptist Church, with Albert King, Belmont Johnson, and Jack Hunt officiating.

Burial will be in the Davidson Memorial Gardens, in Ivel, under the direction of Lucas and Son Funeral Home, Pikeville.

Visitation, at the church, where special services were held Wednesday and Thursday, at 7 p.m.

Pallbearers will be family and friends. (Paid obituary)

State health department issues guidelines for food safety

FRANKFORT — The hundreds of thousands of Kentuckians left without electricity from the winter ice storm that has been gripping the state are strongly encouraged to follow food safety guidelines from the Kentucky Department for Public Health (DPH) to prevent food contamination and related illness.

DPH staff recommends keeping freezers closed to maintain the proper temperature for frozen foods. A full freezer will hold the temperature for approximately 48 hours and for 24 hours if the freezer is half full.

DPH cautions that a refrigerator will only hold its temperature for about four hours, meaning food items such as milk, dairy products, meats,

eggs and leftovers should be placed in a cooler surrounded by ice if the outage lasts for more than four hours. Dry ice can be used to keep refrigerators cold. If the outage lasts for several days, 50 pounds of dry ice should preserve food in an 18-cubic foot full freezer for two days. (Be careful when handling dry ice. Never touch dry ice with bare hands or breathe its vapors in an enclosed area. Dry ice is frozen carbon dioxide, a gas.)

"Situations like this one emphasize the importance of emergency preparedness in the home," said William Hacker, M.D., DPH commissioner. "Those without power should remember that improperly stored or handled food can lead to foodborne illness, which can

be serious and, in some cases, even life-threatening. By following food safety recommendations such illnesses can be prevented."

If left without power, purchase one or more coolers, ice and a digital, dial or instant-read food thermometer, DPH recommends. Public health guidelines also recommend keeping appliance thermometers in the refrigerator and freezer, no matter how long the power has been out. The refrigerator temperature should be 41 degrees Fahrenheit or lower.

"If you are not sure a particular food is cold enough, take its temperature with a food thermometer," said Dr. Hacker. DPH recommends limiting

the opening of freezer and refrigerator doors, even if an appliance has been out but returns to function within a couple of hours. If the freezer is not full, DPH strongly advises that poultry and meat items be grouped away from other foods to prevent juices from contaminating other items.

When the refrigerator and/or freezer are operating again, follow these guidelines to decide what to do with foods:

- Refrigerated foods should be safe as long as power is out for no more than four hours.

- Throw out any perishable food in your refrigerator, such as meat, poultry, lunchmeats, fish, dairy products, eggs and any prepared or cooked foods that have been above 41 degrees Fahrenheit for four

hours. Bacteria can multiply to unsafe levels under these conditions.

- Fresh fruits and vegetables are safe as long as they are still firm and there is no evidence of mold or sliminess. If an appliance thermometer was kept in the freezer, read the temperature when power comes back on. If the appliance thermometer stored in the freezer reads 41 degrees Fahrenheit or below, the food is safe and may be refrozen.

- If a thermometer has not been kept in the freezer, check each package of food to determine the safety.

- If the food still contains ice crystals or is 41 degrees Fahrenheit or below, it is safe to refreeze.

- Raw meats, poultry, cheese, juices, breads and pas-

tries can be refrozen without losing too much food quality.

- Prepared food, fish, vegetables and fruits in the freezer can be refrozen safely, but food quality may suffer.

"Remember, you can't rely on appearance or odor of the food to determine if it's safe," said Hacker. "Food that has thawed or was held above 41 degrees Fahrenheit for more than four hours should be thrown out because bacteria may multiply to unsafe levels."

To remove spills and freshen the freezer and refrigerator, DPH recommends washing with a solution of two tablespoons of baking soda dissolved in one quart of warm water. To absorb any lingering odors, place an open box of dish of baking soda in the appliance.

Portable generator safety tips

- Always read and follow the operator's manual and all operating instructions before running generator.

- Engines emit deadly carbon monoxide gas. Use your generator outdoors only, away from open windows, vents, or doors. Never use your generator inside homes, garages, crawl spaces, or other enclosed areas. Fumes that can kill you can build up in these areas. Using a fan and opening windows or windows does NOT provide enough fresh air.

- Use a battery-powered carbon monoxide detector when running your generator.

- Gasoline and its vapors

are extremely flammable, allow engine to cool at least 2 minutes before refueling. Always use fresh gas in your generator. If you do not plan to use your generator in 30 days, stabilize the gas with fuel stabilizer.

- Maintain your generator according to the maintenance schedule for peak performance and safety.

- Keep generator at least 5 feet away from any structures or combustible materials. Reflective exhaust heat can damage fuel tank causing fire.

- When using extension cords, be sure they are of the grounded type and are rated for the application. Coiled cords

can get HOT, always uncoil cord and lay them in flat open locations.

- If you are connecting a generator into your home electrical system, have a qualified electrician install a Power Transfer Switch. Never plug your generator directly into your home outlet.

- Protect your generator from exposure to rain and snow. Generators produce powerful voltage; DO NOT operate under wet conditions.

- Consumers may visit www.briggsandstratton.com for more information on selecting, operating and maintaining generators.

Injured

The tree struck Knott and crew member Tommy Lackey, who fell over a hill after the impact and came away relatively unharmed.

Knott, on the other hand, was badly injured, having taken the full force of the fall on tree first on his head and then along his leg. The result was a large gash on his head and a compound fracture just above his ankle.

"He was in bad shape," Jarrell said. "The tree came down and hit him first in the head and if he hadn't had a hard hat on he would have probably been killed. He was sort of out of it and mumbling things."

Lackey, Jody Conn and Brandon Jarrell immediately went into action, using their coats to cover Knott until an

ambulance could arrive. Once it did, the situation again became drastic.

"They had to cut trees out of the way for the ambulance to get in to him," Jarrell continued. "While they were getting him in the ambulance, more trees fell, blocking them in."

The three crew members again brought out chainsaws to clear the newly fallen trees

from the path so Knott could be taken to the hospital for care.

"These boys responded, going above and beyond what is normally asked of them and that says a lot," Jarrell said. "We're fortunate that none of them were hurt and that they were able to help."

There was no word on Knott's condition as of press time Thursday.

Continued from p1

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Guns

Continued from p1

statute, engaging in business of dealing in firearms without a license and selling firearms to addicts, felons, fugitives.

If convicted, the seven could face up to five years in prison, fines of up to \$250,000 and not more than three years of supervised release.

Universal Service & Lifeline Assistance with Coalfields Telephone

Coalfields Telephone Company has almost a 50-year history that is marked by commitment, hard work and unparalleled pride in the character and scope of our service to customers. We have kept the pace with technology to meet our customers' needs.

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Also, reduce installation charges of 50% up to a maximum of \$30.00, monthly discounts - up to \$13.50 per month, and free toll limitation services are available to qualifying residential Assistance Program. These benefits are available to customers participating in Low Income Assistance programs such as LIHEAP, Section 8 Housing, Food Stamps, SSI, Medicaid, Temporary Assistance to Needy Families Program (TANF), or National School Lunch's Free Lunch Program (NSLP). For more information about Lifeline services and benefits, contact your Coalfields Telephone Representative at

For more information about Coalfields Telephone other services and benefits, contact your representative at:

(606) 478-9401, ext: 6226#



A3

For the Record

Marriage Licenses

Nikke Rae Wallen, 20, of Prestonsburg, to Christopher Paul Branham, 22, of Wayland.
Sherry Anita Shepherd, 24, of Langley, to Michael Ryan Chancy, 23, of Langley.
Jene Kelly Fik, 22, of Langley, to Cody Nathaniel Elkins, 20, of Hindman.

Civil Suits Filed

HSBC Mortgage Services Inc. vs. Larry B. Case; complaint.
CACH LLC of Colorado vs. Michael R. Stratton; complaint.
Maria Inouye vs. Clifford Hamilton Jr.; complaint.
Oma Johnson vs. Karen Rice; complaint.
Midland Funding LLC vs. Helen S. Hatcher; complaint.
Alvin Ray Hall vs. Debbie Hall; divorce.
Onda Titlow vs. William Titlow; divorce.
Robert N. Goble vs. Scotty Prater; complaint.

Buy Here Pay Here

Furniture and Finance vs. Scottie Little; complaint.
Lorann Howard vs. Matthew Howard; divorce.
Laura Taylor vs. Justin R. Taylor; petition for healthcare insurance.
Brian Blackburn vs. Jeanie Blackburn; petition for healthcare insurance.
Kentucky Housing Corporation vs. Bryan Adams; complaint.
Branch Banking and Trust Company vs. Floyd County, Kentucky; complaint.
Americredit Financial Services vs. Larry L. Childers; complaint.
Air Methods Corporation vs. Vanessa Butcher; complaint.
Megan Martin Jones vs. Jeremy L. Pennington; complaint.
Kentucky Farm Bureau Mutuals Insurance Company vs. Randal Ruffin; complaint.
Sharon A. Kidd vs. Libbie Reynolds; complaint.

Charges Filed

Wesley A. McGilone, 45, Prestonsburg; fourth-degree assault.
Lisa Lynn Hall, 37, Harold; selling alcoholic beverages to minors.
Lisa Gay Blakenship, 46, Teaberry; selling alcoholic beverages to minors.
Davis Mitchell, 19, Beaver; person under 18 to 20 enter premises to purchase alcohol.
Billy Gene Hunt, 30, Banner; harassing a witness.
Thomas Williams, 21, Prestonsburg; alcohol intoxication, disorderly conduct.
Brad M. Little, age unlisted, Prestonsburg; alcohol intoxication, fourth-degree assault.
Richard C. Smith, 19, Prestonsburg; theft by deception.
Jason Dean Kidd, 26, Dana; public intoxication.
Estill Johnson Jr., 18, Drift; harassment.
Belinda Rose Shelton, 33, Drift; menacing.

Inspections

Timothy, Ray Bryant, 32, Wheelwright; theft by unlawful taking.
Lance Mullins, 38, Weeksburg; harassment.
Maggie Johnson, 48, Weeksburg; terroristic threatening.
Christopher A. Francis, 18, Prestonsburg; possession of marijuana.
Charlyl A. Beard, 33, Prestonsburg; alcohol intoxication.
Milton W. Folds IV, 28, Winona Lake, Ind.; alcohol intoxication.

Retail: 99

Dollar General Store, Martin, regular inspection. Violations noted: toilet room doors not self-closing. Score: 98.
Hot Rod Pizza, Garrett, regular inspection. Violations noted: lack of numerically sealed thermometers for checking cooking and holding temperature of potentially hazardous food, lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, food not protected during preparation, non food contact surfaces not properly designed, non food contact surfaces not properly constructed, non food contact surfaces not properly maintained, food contact surface of equipment and utensils not clean, improper storage of clean equipment and utensils, improper handling of clean equipment and utensils, toilet room doors not self-closing, floors not in good repair, floors not properly covered, walls, ceiling, attached equipment not in good repair, walls, ceiling, attached equipment not constructed properly, lighting not provided as required. Score: 87.
Double Kwik, Minnie, regular inspection. Violations noted: food not protected during preparation, cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing solution, floors not in good repair, floors not properly covered, unnecessary articles in or around the establishment, living and sleeping quarters not completely separate as required. Score: 94.

Property Transfers

Chalmer Dewayne Allen to Charlotte Cook and Richard Cook, property located at Shepherd Fork.
Justita Dugan to Brenda Vance and Ronald Dean Vance, property located at Mud Creek.
William D. Dugan Brenda Vance and Ronald Dean Vance, property located at Mud Creek.
Darryl Elswick to Kelly Elswick, property not listed.
Green Point Credit LLC to Hubert G. Butcher and Pamela J. Butcher, property not listed.
Dedra Hall to Troublesome Creek Gas Corp., property located at Little Mud Creek.
Tommy Hall to Troublesome Creek Gas Corp., property located at Little Mud Creek.
Quetta F. Mullins to Pilgrim Energy, Inc., property not listed.
Rodney M. Mullins to Pilgrim Energy, Inc., property not listed.
Old Time Baptist Church to Ted A. Jones, property located at Strumbo Subdivision.
Franklin Pack to Ricky D. Pack, property located at Turner Branch.
Sue Carolyn Pack to Ricky D. Pack, property located at Turner Branch.
Elizabeth Porter to Carl Wright and Lorene Wright, property located at Long Branch of Johns Creek.
Faye Denise Queen to David A. Gilliam and Leslie Nicole Queen Gilliam, property located at Wilson Creek.
Weizel M. Queen to David A. Gilliam and Leslie Nicole Queen Gilliam, property located at Wilson Creek.
Coy Samons to Eric D. Burke, property not listed.
Linda C. Samons to Eric D. Burke, property not listed.

Homeowners urged to contact BBB before hiring help for storm repairs

In the wake of the recent winter storm that swept through the Bluegrass, the Better Business Bureau of Central & Eastern Kentucky is urging homeowners to carefully check out contractors before hiring to repair any ice and snow damage. "When any kind of storms cause damage to homes and property in our 64-county service area, calls and e-mails come into the BBB from homeowners looking for contractors they can trust to help them," said Heather Clary, Communications Director of the BBB of Central & Eastern Kentucky. "We want the public to know that we are ready to help them start with trust and find ethical, BBB Accredited Businesses to do the work they need. The BBB urges homeowners to use the new BBB e-Quote to simplify the process of searching for an ethical contractor for necessary repairs."

your rush to get the damage fixed cloud your judgment when choosing a contractor," said Clary. "If you give money to a fly-by-night outfit that disappears quickly without having done the job right, you'll pay even more to get the problem resolved, and you may have little recourse." The BBB offers these tips to property owners looking for reputable companies to remove fallen trees or repair roofs, gutters, electrical problems, burst pipes and other damage: **■ Before hiring, check out the company report and rating with the BBB by calling (859) 259-1008 or 1-800-866-6668, or by logging on to www.bbb.org.** **■ Get a list of BBB Accredited Businesses in the specific category you need.** These lists are available on the website or by calling the BBB to have one sent to you. **■ Use BBB e-Quote to get estimates from BBB Accredited Businesses.** Log on to www.bbb.org and click on

the e-Quote icon. Choose the category you need, the manner in which you'd like to be contacted, and contractors in that category will automatically contact you, making it an easier process to get the service you need. **■ Multiple estimates are a good idea.** When you hire, get a written contract (there's no such thing as a "verbal contract") outlining the materials to be used, the time frame in which the work is to be done and the payment schedule. Get any warranties in writing. **NEVER PAY THE ENTIRE AMOUNT UPFRONT.** **■ Ask to see the contractor's proof of proper workers comp and liability insurance, and any required licensing.** (Contractors doing work in Fayette County, even if from outside the county, are required to be registered with the Lexington Fayette Urban County Government's Contractor Registration Program. Make sure you verify their registration at 859-258-3770.)

Power

outages." As for customers with RECC, Floyd County 911 Coordinator Jim Caldwell said it's possible the company could reach a goal of Saturday for restoration of power to most customers. "I talked with RECC this morning," Caldwell said Thursday afternoon. "They said they still had some outages with estimates of less than 500 people without power." The areas RECC officials were most concerned with as of Thursday were

Bonanza and State Road Fork, Rough and Tough and Armory Road, Caldwell said. But Caldwell thinks RECC may be able to meet its goal of having power restored to most by Saturday, considering that from Wednesday morning (when some 1,000 were without power) to Thursday morning (when those without power numbered at 500) they had made significant progress. "Every few minutes we could without power by half since yesterday morning," Caldwell said. "So they may

hit their Saturday goal." Much of the challenge for those working to repair downed lines and damaged transformers came in the form of both manpower and also hours during which crews are able to work. "In a situation like this, they have to work in the daylight hours instead of the dark," Caldwell said. "That cuts down on the time they can put toward the work itself. It's just too dangerous to work during the night."

Storm


the process of disaster recovery options. Part of that process would be that the Federal Emergency Management Agency (FEMA) will direct other federal agencies and provide 75 percent federal funding for emergency measures taken to save lives and protect property and public health. Initial FEMA aid is limited to \$5 million. If that limit is exceeded, the president must then report on the nature and extent of continuing emergency assistance requirements to Congress before approving further federal aid. "There are areas here in the northern end of the county that look like war zones," Marshall said. "We've been out assessing it since it got started Monday night. What we'd like to see is the rain to stop. This rain isn't going to help anything." Marshall traveled with county road foreman Mike Jarrell to areas most effected, visiting residents and sending out a message to the county to stay inside if possible. Two residents along Armory Road talked with Marshall Tuesday amid fallen trees, some resting across the roofs of homes, pool decks and other structures making

precarious canopies across the road. "Some of the neighbors got their chainsaws out and cut branches out," said Donzi Whitten, who lost power at his home as early as 10 a.m. Tuesday morning. As night fell Tuesday, Whitten and his family grew ever more tense. "Every few minutes we could hear trees falling behind our house," he said. "And every time, we just sat there in the dark hoping one didn't fall on our house." Sam Hager, another resident of Armory Road, shared the same fears Tuesday night. "It sounded like guns going off when the trees would start cracking," said Hager. "We just didn't think it was going to be this bad." The wintry weather came to a head Monday and Tuesday, about freezing rain and sleet coated the county and the rest of the region in ice. The storm built over the course of the last week, accompanied by unbearably cold temperatures. The resulting ice weighed heavily across the region, resulting in hundreds of downed trees. Jarrell estimated that about 20 roads were in bad repair following hundreds of downed trees. Road crews worked

throughout the night Tuesday to clear roadways along Abbott, Lakeview and Armory Road and continued to do during the day Wednesday and again Thursday. Those areas were the hardest hit, according to Marshall, along with the rest of the northern end of the county. Jarrell estimated that some 98 percent of downed trees, which tore out power lines, blew out transformers and collapsed roofs throughout the night, were located in the northern end of the county. "It's the worst I've seen in the 20 years that I've been with the county," Jarrell said while combing the county during assessments. Along Lakeview Village, several residents, speaking with county officials, said they had phoned local hotels to see about accommodations, but that most had no vacancies. Wednesday evening, May Lodge Jenny Wiley State Resort Park was offering discounted rooms to those without power. According to Floyd County 911 Coordinator Jim Caldwell, a briefing with Marshall Wednesday finished by making the decision to not open a shelter for the county, something that had been considered


since earlier that morning. "We decided not to open a shelter because most of the people around here just go to a neighbor's house or other family members before they go to a shelter," Caldwell said. County officials were already expecting the cleanup effort to take approximately six months based on conditions early Thursday afternoon. Beshear declared a state of emergency for Kentucky Wednesday morning and Marshall has said he intends to contact Frankfort to ensure that assistance would be coming for Eastern Kentucky, as only western Kentucky was specifically mentioned in Wednesday's declaration. Reports late Thursday estimated that more than 607,000 Kentuckians were without power, a figure state officials said tops the numbers for Hurricane Ike, now placing this storm as the worst on record.

Happy 6th Birthday
Derek
Craft
We love you very much!



Mom, Mamaw, Bub Bub, Bubby, Cloe, Chad, Jamie, Britt, Dalton, Dylan

GET YOUR LICENSE FOR CARRYING CONCEALED DEADLY WEAPONS



CLASS FOR LICENSE WILL BE HELD IN PRESTONSBURG SATURDAY, FEBRUARY 7, 2009 8:00 a.m. to 5:00 p.m. COST FOR THE CLASS IS \$75.00 CONTACT: ANCIL LEWIS CERTIFIED INSTRUCTOR #1738 CALL: 6:00 p.m.-10:00 p.m. FOR INFO 606 424-8192 or 606 789-8620

Floyd County School District Will Host a Public Forum on Wellness, Health, and Nutrition Plans

Parents and citizens are invited to attend a hearing to discuss Floyd County Schools Wellness, Health, and Nutrition plans and programs during the current school year, as well as plans for the 2009-2010 school year. This forum will be hosted by the Floyd County Board of Education's Wellness Committee as part of SB172, which has been the law for all Kentucky school districts these past several years. The public forum will take place on February 23, 2009, at Betsy Layne Elementary School, at 5:00 p.m.

American Heart Association
Choose Healthful Foods



Viewpoint

Worth Repeating ...
By all means marry; if you get a good wife, you'll be happy. If you get a bad one, you'll become a philosopher.

— Socrates

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Guest View

Alternatives to prison protect the community

No politician ever got into trouble for wanting to build more jail cells or enacting tougher criminal punishments. Few prosecutors ever were punished for seeking a maximum sentence, nor judges for throwing the book at a defendant.

Locking up convicts -- the longer the better -- has been seen as a sure way to promote political careers, protect job security and pacify communities fearful of crime.

That may be changing. A new kind of "truth in sentencing" movement is underway. It is based on the premise that it isn't how long a criminal defendant spends behind bars that's important, but whether the community is safer if he's put in prison.

There's mounting evidence that being "tough on crime" -- especially regarding nonviolent offenders -- actually makes communities less safe.

Missouri Supreme Court Judge Michael Wolff, who chairs the state Sentencing Advisory Commission, is a leading evangelist for what he calls "evidence-based sentencing." That's when judges use hard data on a criminal convict's risk of re-offending as a key element in the decision whether to mete out jail time.

In a speech last year at New York University Law School's Brennan Center of Justice, Wolff noted that 50 percent of inmates in Missouri prisons are nonviolent offenders. Working with researchers at the Missouri Department of Corrections and the Department of Probation and Parole, he collected data on offenders convicted of nonviolent felony theft.

The data show that 45 percent of those sent to jail or prison -- even for as little as 120 days -- re-offend. But only 19.1 percent of those sentenced to probation or community service commit additional crimes.

"There is a strong case to be made that the large increase in prison population has made us less safe," Mr. Wolff said. "If we put nonviolent offenders in prison with violent offenders, the nonviolent do seem to learn from the violent."

If the public thinks "rationally about what's in our own best interests -- i.e. public safety," he added, we should "pay particular attention to which sentences work to reduce recidivism."

Progressive judges and corrections officials aren't the only ones taking notice. Grass-roots community groups, religious service organizations and a growing number of civic-minded lawyers have become involved in the movement that diverts nonviolent offenders from the conventional justice system, often soon after they are charged.

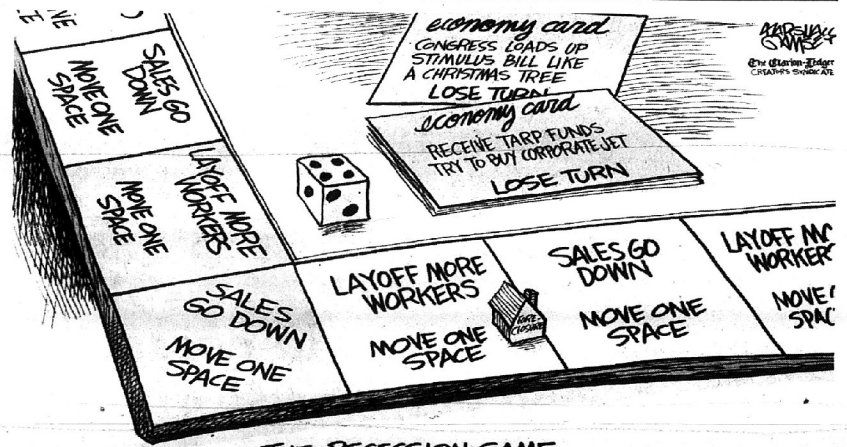
The concept is called "restorative justice" and it gives offenders a chance to face the community directly -- and especially their victims -- to accept responsibility for their actions and make amends.

In Springfield, Mo., Greene County Prosecutor Darrell Moore, a longtime prosecutor with a no-nonsense reputation, has built a restorative justice program for nonviolent adult offenders -- in both misdemeanor and felony cases.

Moore is convinced such programs make offenders "more accountable" and, above all, that they give victims "a greater satisfaction." He's working with state lawmakers on legislation that confirms the authority of prosecutors statewide to engage in restorative justice and that protects community groups that participate.

As if keeping the public safer wasn't reason enough to explore these programs, an added bonus is that restorative justice programs cost less than locking up a person in prison. The inconvenient truth in sentencing is that the public may be safer when nonviolent offenders are kept out of prisons.

— St. Louis Post-Dispatch



THE RECESSION GAME

Guest Column

Better nutrition equals better education

by KATHLEEN ROGERS

Cafeteria food has always been the brunt of kids' jokes. Many of us remember the grilled cheese sandwich that stuck to the plate when you turned it upside down, and the egg soufflé that jiggled when you poked it. But even that is a far cry from what's served now.

In the midst of a growing childhood obesity crisis, school food now means federally subsidized chicken nuggets, low-grade hamburgers, french fries, hot dogs and pizza. "Cooking" usually involves a centralized kitchen similar to a fast food assembly line.

According to Ron Haskins, senior fellow of Economic Studies at the Brookings Institution, "behind the overcooked vegetables and steamable pizza that American children confront each school day is an industry that rivals defense contractors and media giants in its ability to bring home the federal bacon." That industry is agribusiness -- and, via the National School Lunch Program, it has a chokehold on our kids.

The commodities-driven National School Lunch Program, meant to feed 60 million children healthy food, has instead turned into a major public health threat. The most vulnerable in our society are suffering the most severe consequences, including epidemic levels of obesity, diabetes, heart disease and other illnesses. While we need to be able to include more children in the School Lunch Program, we also need to be able to

feed them higher-quality, more nutritious food, or else we are defeating the purpose of the program.

Over the past three decades, rates of obesity in the U.S. have more than doubled among children ages 2 to 5 and more than tripled among those ages 6 to 11. Today, approximately 9 million U.S. children over the age of 6 are considered obese. America's overweight teens consume an average of 700 to 1,000 calories more than they are required each day.

The National School Lunch Program and its affiliated programs have unmatched size and scope, serving more than 35 million lunches every day in almost every school in the U.S., costing taxpayers more than \$8.5 billion. Close to 20 million K-12 students receive up to two meals a day, five days a week. The program was recently expanded to include all children enrolled in Head Start and child nutrition programs. The summer food service program feeds 18 million low-income children.

Where does agribusiness come in? Schools participating in the National School Lunch Program receive cash subsidies and commodity foods for each meal served plus bonus commodities from agricultural surplus. The program's authorizing language requires that participating schools serve the most abundant commodities -- mostly milk and meat, with few fruits and vegetables. In fact, the ties between the government and the commodities industry, aided and abetted by poor nutritional choices by state and local food service officials, trumps federal nutritional guidelines resulting in menu offerings that resemble fast food.

The U.S. Department of Agriculture purchases hundreds of millions of pounds of pork, beef, and other animal products as well as sur-

plus corn and wheat primarily as an economic benefit to agricultural interests. This might have been a defensible idea a century ago, when a third of our population worked as farmers; now, only 2 percent of our workforce is in agriculture. However, to help 2 percent of our citizens, these commodities are donated to the School Lunch Program and other food assistance programs. Unfortunately for our children, many of these foods are unhealthy.

Next year, The Child Nutrition and WIC Reauthorization Act of 2004, which includes school lunches, will expire and the renewal battle will begin. We must dramatically improve the federal nutrition requirements that guide this program, weaken the ties between the School Lunch Program and the commodities markets, revolutionize the quality of food in our schools, label the salt, fat, and sugar content of each meal served, and educate school officials, regulators and the American public about the School Lunch Program and its potentially disastrous implications for our children's health.

We need a Congressional mandate for higher nutritional values for the School Lunch Program to improve the quality and types of food that are served in K-12 schools, with an emphasis on local foods and organics. However, that's useless unless we complement it with revamped nutrition curriculums for children and parents so that they can learn the value of good nutrition in preventing disease.

Significant progress can and must be made in overhauling school lunches. It will take millions of voices to bring about this change. The cost to the next generation is too high for this battle to be lost.

Rogers is the president of Earth Day Network.

The Times

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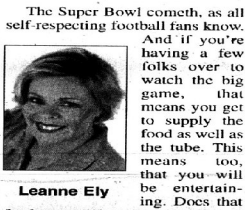
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DINNER DIVA

Super Bowl food



Leanne Ely

The Super Bowl cometh, as all self-respecting football fans know. And if you're having a few folks over to watch the big game, that means you get to supply the food as well as the tube. This means too, that you will be entertaining. Does that freak you out?

The very word "entertaining" can be hugely intimidating, conjuring up images of lavish spreads, immaculately appointed homes and other visions of magazine living. It is time to get a reality check and get to the heart of the matter.

First off, let's chuck the word "entertaining". What I'm talking about today isn't about doing the Martha thing at all—it's about hospitality. Hospitality isn't something one is talented in and another is not—it is something that is cultivated, much like a plant. All it takes is a welcoming home, a good meal (I can help you with that) and a warm and welcoming attitude (that's your department). Oh and, for the Super Bowl, a nice big TV screen!

If you're going to practice hospitality, you need to keep your perspective—don't invite people over who are going to scare you if you're a newbie at this. You need allies at this time—comrades, amigos. You don't need to be intimidated as you take your first baby steps at hospitality.

The first rule is to keep it simple. I would suggest a big crockpot filled with some terrific chili, a big green salad, some cornbread and of course, the right set of friends to enjoy it all. The kind of friends that you ask to bring dessert—that's the type of guest you want for this sort of party.

Set your buffet table with a red and white-checkered tablecloth, grab some flowers and throw them in a pitcher for a country effect. Wrap the silverware up in the napkins (I'd use paper napkins), toss the wrapped silverware into a basket, stack the bowls next to the chili, with a stack of larger dinner plates, so the salad and corn muffin can go on the side of the plate. The plate will act as a tray for the bowl and the rest of the food will go on the "tray". Make sense? I hope so—this is an easy way to do this menu.

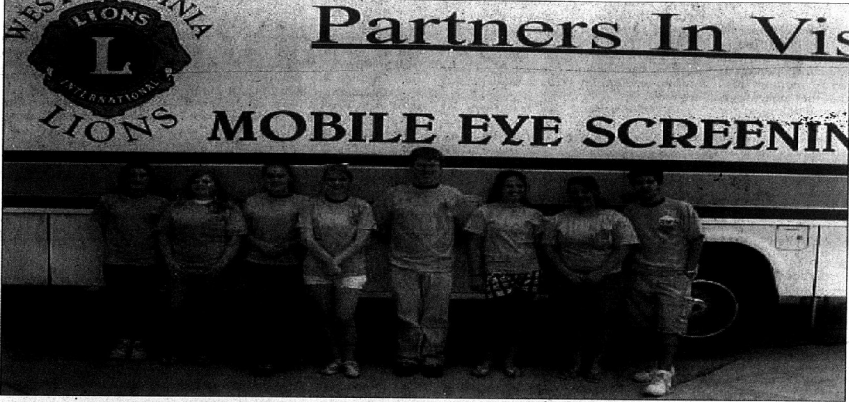
Really Easy Mixed Bean Chili
Serves 6 (easily doubled to serve more)

- 1 can pinto beans, rinsed and drained
 - 1 can black beans, rinsed and drained
 - 1 package taco seasoning mix
 - 1 jar salsa (your favorite)
 - 1 (10-oz.) package frozen corn
 - 1 sweet potato — cubed (this makes the recipe spicier)
- Dump it all into a crockpot, set on low and cook for 6 to 8 hours. Mix well before serving. How hard is that??
- Per Serving: 283 Calories; 1g Fat; 15g Protein; 55g Carbohydrate; 15g Dietary Fiber; 0mg Cholesterol; 584mg Sodium. Exchanges: 3 Grain(Starch); 1/2 Lean Meat; 1/2 Vegetable; 0 Other Carbohydrates.

SERVING SUGGESTIONS: Serve with shredded cheddar cheese and some green onions for on top of the chili. Add your favorite cornbread (make or buy) a great big salad and dessert (if your friends don't bring it, how about make-your-own ice cream sundaes?).

FAMILY MEDICINE

TGA results in sudden memory loss, but you make full recovery— page A6



Four Lions Club members walked with four Leos from Barbourville Middle School in the Strides Walk for Diabetes Awareness. They are shown here beside the West Virginia Lions Mobile Sight Van at the Pullman Square Plaza Hotel in Huntington.

ATTACKING DIABETES

Lions Clubs make commitment to fight disease

by JARRID DEATON
FEATURES WRITER

The diabetes-related statistics provided by the International Association of Lions Clubs are shocking. According to the Lions Club, two people in the world develop diabetes every 10 seconds, and a person dies from complications related to diabetes in the same amount of time.

The United Nations General Assembly recently passed a resolution that recognizes the diabetes epidemic as a global threat, estimating that 246 million people currently have the disease, and the number could almost double by 2025.

"Diabetes awareness was adopted as a long-term commitment of the International Association

of Lions Clubs," said Lions Club District Gov. Wesley Doughman. "The Lions work to support diabetes education, prevention, control, and research, with a primary objective of the program to reduce the number of new cases of blindness caused by diabetic retinopathy."

The Lions Club has approved 15 diabetes-related grants for \$1 million since diabetes prevention and control became part of the core program in 1999. The grants have supported camps that teach children to live with the disease, and provided large-scale screenings and treatment programs and projects to raise awareness. The Lions Club also awarded close to \$5 million to the American Diabetes Association for research on diabetic retinopathy.

In order to raise money, the Lions of West Virginia promote walks for diabetes for the last several years. Plans are being made for the first annual District 43-Y walk in Prestonsburg at Jenny Wiley State Reson Park. The walk is scheduled for April 25.

"Studies have shown that lifestyle changes, including regular physical activity and a healthy body weight, can reduce the risks of diabetic retinopathy and food amputations," Doughman said. "These potential health benefits are just some of the reasons why District 43-Y is planning its first ever Lions Strides Walk."

To participate as a walker, or a healthcare company that can provide diabetes-related information, contact Doughman at (606) 632-3644 after 6 p.m.

Highlands Regional announces PACE recipients

Commitment to excellence in nursing practice has been clearly demonstrated by the four 2009 Professional Advancement for Clinical Excellence (PACE) recipients at Highlands Regional Medical Center. These nurses have met stringent criteria to fulfill the requirements of a clinician while providing direct patient care and serving as resources for other staff. They have provided a total of 14 nursing in-services, logged more than 60 volunteer hours, and participated in more than 279 hours of continuing education classes. In addition, three of the nurses are certified in their individual clinical areas. Highlands Regional Medical Center would like to congratulate the following recipients:

- Heather Blair, RN, a medical surgical nurse on second floor, has been employed at Highlands Regional for three years. Heather has fulfilled the requirements of a Clinician I.
- Brian Conn, RN, C, an operating room nurse circulator, has been employed at Highlands Regional for six years. He is a certified in peri-operative nursing. Brian has fulfilled the requirements of a Clinician I.
- Penny Marcum, RN, C, a nurse in outpatient IV therapy, has been employed at Highlands Regional for seventeen years. She has certifications in oncology and peri-operative nursing. Penny has fulfilled the requirement of a Clinician I.
- Jonni Ousley, RN, BSN, a nurse in CCU, has been employed at Highlands Regional for twenty-one years. She is certified in critical care. She has fulfilled the requirements of a Clinician I.

Certification identifies professional achievement and demonstrates accountability to the public. Highlands Regional Medical Center continues to enhance quality patient care with one of the highest qualified nursing staffs in the area.



Brian Conn, Heather Blair, Penny Marcum and Jonni Ousley are HRMC's 2009 PACE recipients.



Family Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor of Family Medicine

TGA results in sudden memory loss, but you make full recovery

Q We just heard that a dear friend has had an episode of transient global amnesia. What is it? How do you get it? How do you make it go away? Is it physical or mental?

A Transient global amnesia (TGA) was first identified in 1956. It is a condition that causes an otherwise healthy person to have a sudden onset of memory loss not associated with other neurological symptoms, like weakness, or slurred speech. There is an acute loss of recent memory that can go back

several months or even years. People suffering a TGA also lose their general orientation. They can't recall where they are, how they got there, what time it is, and what they were doing immediately prior to the attack. However, you never lose your sense of personal identity. That is, you know who you are and can recognize family and friends. Your language and social skills remain intact, as well.

A TGA attack can last from 30 minutes to as much as 24 hours. Once it is over, you will have no memory

of the attack itself, and you may have a blurred memory of the events leading up to the attack. The good news is that the rest of your memory is like it was before the attack. The return of your memory is also usually quite rapid. A TGA has no lasting effect on memory; however, it can cause a lot of psychological stress.

While transient global amnesia is rare, its recurrence is even rarer. One study found that TGAs strike about five out of every 100,000 people. The recurrence rate was estimated at no more than 3 percent per year.

Though the symptoms of a TGA can seem at first to be similar to those of a stroke or an epileptic seizure, the risk factors are decidedly different. For instance, neither high blood pressure nor high blood cholesterol — strongly associated with strokes — is a risk factor for TGA. Several stud-

ies, though, have found that people with a history of migraines are at higher risk. In fact, this seems to be the highest risk factor for TGAs so far identified.

We also know that TGAs are most common between the ages of 50 and 69, with men and women equally at risk. Almost half of all TGA attacks follow physical or psychological stress, such as strenuous exercise, sexual activity, immersion in cold water or minor medical procedures like having blood drawn.

Acute memory loss in an otherwise healthy appearing person is cause for an immediate trip to the nearest hospital emergency department. Since, as I mentioned, neurological conditions such as stroke or seizure can have similar symptoms, it is important to have trained medical personnel make a diagnosis. When

test results indicate a stroke, for instance, quick intervention can prevent permanent brain damage and/or death. With a TGA, on the other hand, your blood work, head CT and neurological exam will all be normal, and no treatment will be necessary.

In short, TGA is a self-limiting, benign medical condition that will probably never recur and is associated with a full recovery. The exact cause is not known. Your friend should be fine.

□□□

Family Medicine is a weekly column. To submit questions, write to *Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701*, or via e-mail to *readerquestions@familymedicine-news.org*.

Super Crossword SHARPEN YOUR WITS

ACROSS

- 1 Mineral suffix
- 4 Awaited
- 9 Two, in
- 12 Tijuana
- 13 Out of line
- 17 Worthless
- 19 Pad
- 20 Journalist
- 21 Like a spy story
- 25 Actress
- 26 Former Pentagon
- 27 Big name in locks
- 28 Dweeb's cousin?
- 30 Competitor
- 31 Germ type
- 34 Made likely
- 37 Pumper's pride
- 38 Harrison Ford movie
- 41 With 68 down, "Chips" star
- 42 Tenor
- 46 Field marshal
- 47 Turf
- 48 Writer Hunter
- 50 Chemistry info
- 51 Gets slushy
- 53 Seal soldier

DOWN

- 1 Feruvian of
- 2 Oklahoma city
- 3 Hitch in haste
- 4 Quota from
- 5 — Saud
- 6 Comic Goodman
- 7 Snorri's stories
- 8 He moves cars
- 9 Excavate ditch
- 10 Laudatory lyrics
- 11 French philosopher
- 12 Isn't completely wrong?
- 13 Disease
- 14 Roman
- 15 Put behind bars
- 16 Cardiff's country
- 18 Where lions laze
- 21 Nothing but space
- 23 Handle
- 24 Class
- 25 Used to be in perfection
- 32 Roof edge
- 35 Breathe like a bull
- 36 Reverse
- 37 Eventual monarch
- 39 Chip's chum
- 40 Beseech
- 41 Female
- 42 Mouth piece?
- 43 Antique ending
- 44 Impending peril
- 45 Pericles' portico
- 48 Mil. group
- 52 De Lesseps' dike
- 53 Musical composition
- 105 Stream
- 106 Kevin of "Sly"
- 107 Unrestrained
- 108 Churchill trademark
- 109 Motown's Marvin
- 111 Organ part
- 112 Boar
- 113 Hair coloring
- 115 — Grande
- 117 Present
- 118 Weekend warriors (Abb.)
- 122 Angkor (Cambodian temple)
- 124 Ivy League member
- 125 Manage, with "out"
- 126 Off-rd. transport
- 127 Formerly known as

Rental Central

by TOM DOTY
TIMES COLUMNIST

There were no losers for renters this week as four films hit the racks after so-so runs at the box office.

■ "Lakeview Terrace" — Racial tensions come to a full boil in this L.A.-based tale that hearkens back to "Crash." The story centers on a bi-racial couple that move into a new home and find that their African American neighbor is not too pleased with their mixed marriage. Turns out he's a cop and that just ratchets up the tension when things begin to get out of hand. Samuel L. Jackson is in fine form as the neighbor, while Patrick Wilson and Kerry Washington turn in sturdy performances as the couple. This one works up until the copout ending, which shouldn't tarnish the entire project.

■ "Fireproof" — Kirk Cameron gets his best role since his voice changed with his starring turn here as a fireman who is ready to divorce his wife of seven years, until

his father challenges him to try to make an effort to rediscover the love he's lost for his spouse. Considering that the fireman's motto is to never leave a man behind, it compels him to make a better effort.

Thoughtful stuff that combines ideas about faith and hope and manages to make them poignant rather than stilled.

■ "RocknRolla" — Mobsters, assorted tough guys and one aging rock star clash over a fortune in money from a real estate swindle in this crime drama from Guy Ritchie ("Lock, Stock and Two Smoking Barrels"). This represents a return to form for Ritchie and he assembles a fine cast of international actors, that include Gerard Butler ("300"), Jeremy Piven ("Entourage"), Idris Elba ("The Wire") and Tom Wilkinson ("The Full Monty"). Great stuff with lots of tough talk and a gritty vibe that should please fans of Ritchie's better films, like "Snatch."

■ "The Rocker" — Laugh-out-loud comedy that features

Rainn Wilson (Dwight, from "The Office") in his first starring role. He's hilarious as a middle-aged drummer who never got over getting kicked out of his first band back in the 1980s. He gets a second chance when his nephew needs a drummer for his rock band 20 years later. Plenty of great generation gap jokes and finely drawn supporting characters make for a thoroughly enjoyable romp.

Next week look for "The Secret Life of Bees" and the DVD debut of a sturdy sports drama called "Inside Moves."

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<http://showtimes.hollywood.com>

1/30/09 - 2/5/09

Cinema 1—Held Over
THE UNBORN (PG-13) Mon-Sat 7:00-9:25; Fri. (4:20) 7:00-9:25

Cinema 2—Held Over
HOTEL FOR DOGS (PG) Mon-Sat 7:00-9:15; Fri. (4:15) 7:00-9:15

Cinema 3—Held Over
MY BLOODY VALENTINE (R) Mon-Sat 7:00-9:25

Sunday Matinee—Open 1:00, start 1:30

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1/30/09 - 2/5/09

Cinema 1—Held Over
MY BLOODY VALENTINE (R) Mon-Sun 7:05-9:25; Fri. (4:20) 7:05-9:25; Sat-Sun (2:05-4:20) 7:05-9:20

Cinema 2—Held Over
UNDERWORLD: RISE OF THE LYCONS (R) Mon-Sun 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat-Sun (2:15-4:30) 7:15-9:30

Cinema 3—Held Over
HOTEL FOR DOGS (PG) Mon-Sun 7:00-9:15; Fri. (4:15) 7:00-9:15; Sat-Sun (2:00-4:15) 7:00-9:15

Cinema 4—Held Over
GRAN TORINO (R) Mon-Sun 7:00-9:25; Fri. (4:25) 7:00-9:25; Sat-Sun (2:00-4:25) 7:00-9:25

Cinema 5—Held Over
THE UNBORN (PG-13) Mon-Sun 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat-Sun (2:15-4:30) 7:15-9:30

Cinema 6—Held Over
PAUL BLART: MALL COP (PG) Mon-Sun 7:00-9:15; Fri. (4:15) 7:00-9:15; Sat-Sun (2:00-4:15) 7:00-9:15

Cinema 7—Starts Friday, Jan. 30
NEW IN TOWN (PG) Mon-Sun 7:05-9:20; Fri. (4:20) 7:05-9:20; Sat-Sun (2:05-4:20) 7:05-9:20

Cinema 8—Starts Friday, Jan. 30
TAKEN (PG-13) Mon-Sun 7:10-9:25; Fri. (4:10) 7:10-9:25; Sat-Sun (2:10-4:25) 7:10-9:25

Cinema 9—Starts Friday, Jan. 30
THE UNINITIATED (PG-13) Mon-Sun 7:10-9:25; Fri. (4:25) 7:10-9:25; Sat-Sun (2:10-4:25) 7:10-9:25

Cinema 10—Held Over
BRIDE WARS (PG) Mon-Sun 7:10-9:10; Fri. (4:10) 7:10-9:10; Sat-Sun (2:10-4:10) 7:10-9:10



Isabella JeNeil McGinnis is turning 1. She is the daughter of Jason and Bonnie (Gibson) McGinnis. Her maternal grandparents are Forest (Bubby) and Sue Gibson, of Mayvick. Her maternal great grandparents are Carolyn Swan, of Marshall, Mich., and the late Dallas and Lona Gibson, of Trem. Her paternal grandparents are Mary Davis, of Inez, and Joe and Thelma McGinnis, of Blaine. Her paternal great grandmother is Nellie Davis Fannin, of Inez.

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FLOYD COUNTY Sports

Blackcats reach first team goal

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG — Reach the 15th Region All "A" Classic championship game — Check. The first goal on a list for the Prestonsburg High School boys' basketball program has been met. In the preseason, Prestonsburg Coach Jack Pack and his Blackcat boys' basketball program set a goal of reaching the 15th Region "A" All Classic championship game. The Blackcats did just that last Friday night. Prestonsburg met 15th Region favorite Shelby Valley in the title game. Although Shelby Valley

won convincingly, Prestonsburg emerged as a program on the rise. "I am very proud of my team for making it to the finals — even though we got whipped pretty good, I think it will help them later," said Prestonsburg Coach Jack Pack. "Also, being in the finals was the first goal that we set this year and we achieved it. We do have many more set for the year and I think the experience we had this past Friday may help reach some of them." Prestonsburg got right back in the win column on Saturday with a hard-fought 74-67 win over an athletic Tolsia, W.Va., team, as

part of the Border Battle at Lawrence County. The Blackcats exited the Border Battle 10-8. Prestonsburg currently ranks seventh record-wise among 15th Region teams. The Blackcats are scheduled to visit South Floyd tonight for a key 58th District matchup. Tip-off for the Prestonsburg-South Floyd boys' basketball game is set for 7:30 p.m. Prestonsburg remains out in front in the 58th District boys' basketball race. The Blackcats have other pivotal district matchups remaining versus Allen Central (Feb. 3) and Betsy Layne (Feb. 6).

PRESTONSBURG BLACKCAT BOYS' BASKETBALL UPCOMING GAMES

- Tonight — at South Floyd
- Feb. 3 — at Betsy Layne
- Feb. 6 — at Allen Central
- Feb. 9 — at Pike Central



photo by Jamie Howell
Freshman Joseph Jamerson is in his first season for the Prestonsburg High School boys' basketball program.

Cheers for Char-lie Pin-son

by RICK BENTLEY
TIMES COLUMNIST

I've been doing this for 21 years now. People know me, there's no doubt. Don't believe me? Let's go to Wal Mart. You'll see.

But even I know my place. When it comes to media members who are well known, we all take a backseat to one guy. I mean, how many people chant your name when you walk into a gym?

Of those, I only know one. "Char-lie Pin-son!"

Been to a game lately? If you were at one he was working, odds are you've heard it. "Char-lie Pin-son!"

Lord knows he hears it. In addition to being the most popular of us in the media, he's also the most teased. Nearly all of us are guilty of it — myself included — when he walks in or we approach him.

"Char-lie Pin-son!"

Charlie's reaction is always the same. He smiles, maybe chuckles that deep baritone laugh of his. He's grown accustomed to it. He knows to expect it. Here's the thing, though. When you say it, when I say it, when the guys at the paper or other radio people say it, we all hear the same thing. "Char-lie Pin-son!"

Everybody hears it the same, except for one person. Mr. Pinson himself, he hears something different. What could that be?

"Cha-Ching!"

Every time he hears it, Charlie can hear the cash register ring. Money in the bank, baby. Money in the bank.

I'm writing about my friend and travel buddy today because of what happened to him last Sunday. Joyce, his beloved com-

(See CHARLIE, page two)

Prestonsburg Little League set to host signups

PRESTONSBURG — Prestonsburg Little League is set to host a series of signups for the 2009 season. Signups will be held Jan. 31, Feb. 7, 14, 21 and 28. The Jan. 31 and Feb. 7 and 14 signups will be held at Prestonsburg Elementary School. The Feb. 21 and 28 signups will be held at Dairy Queen of Prestonsburg. Each set of signups will be conducted from 10 a.m.-2 p.m. For more information on the signups, call 886-2232.



KELSEY BLEVINS



ASHLEY HALE



KATLYN VANDERPOOL



MADISON PRATER



ELIZABETH HUGHES



BRITTANY HODGE



SHELBY NICHOLS



KIMBERLY BLEVINS



TIFFANY CLARK

Allen Central to host June Buchanan for 2009 Basketball Homecoming

TIMES STAFF REPORT

Allen Central High School will host its 2009 Basketball Homecoming on Saturday at J.E. Campbell Arena, beginning at 5:30 p.m. All ACHS alumni are invited to attend as the Rebels host the June Buchanan School Crusaders. The Allen Central-June Buchanan School boys' varsity basketball game is scheduled to tip-off at 7:30 p.m. Allen Central is guided by first-year head coach Mark Martin. A rundown of the ACHS Homecoming Court, including senior candidates, follows.

The 2009 ACHS Freshman Homecoming Representative is

Kelsey Leann Blevins. She is the 14-year-old daughter of Kelvin and Fredia Blevins of Langley.

The 2009 ACHS Sophomore Homecoming Representative is Ashley Breanne Hale of Garrett. She is the 15-year-old daughter of Donna Martin of Garrett and Danny Hale of Hippo.

The 2009 ACHS Junior Homecoming Representative is Katlyn Denise Vanderpool of Langley. She is the 16-year-old daughter of Cindy Vanderpool and the late Dennis Vanderpool.

A list of the 2009 ACHS Senior Homecoming Candidates follows.

Madison Alexandra Prater, the 17-year-old daughter of Daryl and Mary Ann Prater of Hueysville.

Elizabeth Nicole Hughes, the 17-year-old daughter of Bryon and Tamara Hughes of Langley.

Kimberly Nicole Blevins, the 18-year-old daughter of Larry and Kathy Hodge of Garrett.

Tiffany Renee Clark, the 17-year-old daughter of Michael and Heather Banger of Wayland.

Shelby Leigh Nichols, the 17-year-old daughter of Tonya Nichols of Eastern.

NCC turns back Lady Crusaders

by STEVE LeMASTER
SPORTS EDITOR

RICHMOND — The June Buchanan School girls' basketball team struggled to produce offensively throughout its All "A" Classic state tournament opening round matchup versus Newport Central Catholic Wednesday at Eastern Kentucky University's McBrayer Arena. Newport Central Catholic owned a 10-point lead at the end of the first quarter and never faltered

en route to a 62-30 win. Courtney Sandfoss scored a game-high 21 points, recorded nine steals and pulled down six rebounds as the Thorobreds won their third straight game. Newport Central Catholic led throughout, never trailing in the All "A" Classic first round game. The Thorobreds were out in front 13-3 at the end of the first quarter and took a comfortable 25-7 lead into halftime. Sandfoss was the lone

Newport Central Catholic player to reach double figures in the scoring column. Newport Central Catholic, however, featured nine different scorers. The Thorobreds, which improved to 14-6 with the win, led 44-16 at the end of the third quarter. Maris Hovee led June Buchanan with 11 points, 17 rebounds and two blocked shots. Hovee was the only June Buchanan player to post double figures in the scoring column. In all, six dif-

ferent June Buchanan players provided scoring. June Buchanan, which wasn't favored to win the 14th Region All "A" Classic, struggled the most on the offensive end. The Lady Crusaders committed 30 turnovers in the tournament loss. June Buchanan (9-8) was making its first appearance in the Girls' All "A" Classic state tournament. On Thursday, the Girls' All "A" Classic state tournament entered its quarterfinals.

Lady Cardinals run past Caldwell in All 'A' Classic opener

by STEVE LeMASTER
SPORTS EDITOR

RICHMOND — Fifteenth Region champion Sheldon Clark shot 56 percent in the first half Wednesday en route to a 55-41 win over Caldwell County in the opening round of the Girls' All "A" Classic state tournament. Sophomore guard Carla Booth paced Sheldon Clark with 18 points and eight rebounds. The Lady Cardinals, which won their fifth

straight game, improved to 11-6 under the tutelage of second-year head coach Darrin Rice. Brittney Marcum joined Booth in double figures for Sheldon Clark, finishing with 13 points and three steals. Sheldon Clark was red-hot offensively at times in the first half. After slipping out of the first quarter ahead 12-11, Sheldon Clark built a double-digit lead in the second period. The Lady Cards outscored 2nd Region champion Caldwell County 21-6 in a

pivotal second quarter to lead 33-17 at the half. Sheldon Clark was able to hold Caldwell County to 11 or fewer points in each of the first three quarters. Savannah Pepper paced Caldwell County with 17 points. Caldwell County dropped to 13-4 following the loss. The Boys' All "A" Classic state tournament will get underway today. Pairings for the Boys' All "A" Classic state tournament are as follows: 9 a.m.

— Lyon County (15-3) vs. Edmonson County (11-7); 10:30 a.m. — Bardstown (13-4) vs. Lexington Christian (17-4); Noon — Murray (13-4) vs. Shawnee (9-10); 1:30 p.m. — Clinton County (12-8) vs. Hazard (15-5); 5 p.m. — Calvary Christian (10-6) vs. Pineville (14-8); 6:30 p.m. — Whitefield Academy (8-10) vs. Elliott County (16-1); 8 p.m. — Shelby Valley (14-4) vs. Henry County (17-5); 9:30 p.m. — Danville (8-7) vs. Newport Central Catholic (10-7).

Alice Lloyd knocks off Cincy Christian

TIMES STAFF REPORT

CINCINNATI — The Alice Lloyd College Eagles journeyed north to Ohio on Saturday afternoon and exited the Buckeye State with an impressive 84-65 conference victory over home-standing Cincinnati Christian University.

Alice Lloyd jumped out in front early on, quickly pushing its lead out to double digits. The lead grew to 22 points as Alice Lloyd doubled up CCU 44-22 heading into the intermission.

In the second half, ALC played everyone as it coasted to the 19-point victory.

Clay County product Justin Hobbs led five ALC players in double figures. The freshman added 15 points. He also had a career-high nine rebounds, finishing one board shy of reaching a double-double.

Corey Hairston, Corey Dixon and Nick Brumback added 14 points each for the Eagles. Brumback, a product of Jackson County High, also registered his first career double-double. He ripped down a game-high 11 rebounds.

Will Dillard chipped in with 11 points and a game-high four assists for the Eagles.

For CCU (9-11), David Pritchard and Nathaniel Harney led the way with 19 and 15 points, respectively.

ALC shot a blistering 59.3 percent from the field. CCU shot only 36-percent in the conference contest.

The visiting Eagles connected on 6-of-11 shots from behind the three-point line while CCU finished 9-for-30.

ALC owned the boards, outrebounding CCU 44-25.

INSIDE:
Lady Eagles fall to Brescia

Beaver Junction Motocross releases '09 schedule

by STEVE LeMASTER
SPORTS EDITOR

DWALE — Beaver Junction Motocross has released its schedule for the 2009 season. The Floyd County track is scheduled to host 14 rounds during the 2009 season, beginning March 1 and continuing through Oct. 25. Beaver Junction Motocross officials have set the track's 2009 banquet for Nov. 7. Beaver Junction Motocross will hold the majority of its races on Sundays during the 2009 season. Each Beaver Junction Motocross competition must ride in 10 events in a class to qualify for the points series. The track's points system will remain the same as the 2008 season. More information on the 2009 season will be released at a later date.

The 2009 Beaver Junction Motocross schedule is as follows: Round 1—March 1; Round 2—March 15; Round 3—April 5; Round 4—April 11 (Saturday); Round 5—May 10; Round 6—May 31; Round 7—June 7; Round 8—June 28; Round 9—July 26; Round 10—August 9; Round 11—September 6; Round 12—September 27; Round 13—October 4; Round 14—October 25; Banquet—November 7.

Bristol Motor Speedway, Dragway help to make Tennessee No. 1 for motorcoach travel

TIMES STAFF REPORT
BRISTOL, Tenn. — Bristol Motor Speedway and Dragway, one of the largest tourist destinations in the state, played a key role in Tennessee being projected as the No. 1 state for motorcoach travel in 2009. Byways Magazine, a bi-monthly publication directed at motorcoach charter and four planners, expects Tennessee to have more motorcoach travel than any other state this year. This designation comes on the heels of the largest number of tour buses to ever visit Bristol Motor Speedway and Dragway during the 12th edition of Autotrader.com Speedway In Lights. The holi-

day light show, one of the largest of its kind in the country, welcomed the fourth largest crowd in the event's history. Motorcoach travel also is the chosen mode of transportation for a large number of race fans who attend NASCAR races at BMS in March and August, as well as the NHRA event in May. Two years ago, the American Bus Association named Speedway In Lights as one of the Top 100 events for group travel in the United States and Canada. Byways Magazine reaches in excess of 4,000 motorcoach charter and tour planners with each issue.

Lady Eagles fall at Brescia

TIMES STAFF REPORT
OWENSBORO — Alice Lloyd fell short on the road at Brescia on Thursday, Jan. 22 in a women's basketball game. Brescia turned back the Lady Eagles 74-64. The Lady Eagles fell behind by 10 points at the half and were never able to regain the lead in the second half. The difference in the game was in goal shooting. ALC connected on only 34 percent from the field, Brescia shot 52 percent in the winning effort. The Lady Eagles connected on 9-of-25 attempts from three-point range (36 percent). The Lady Bears shot a blistering 11-of-18 (61 percent) from the same long-range territory. Only two players reached double figures for visiting Alice Lloyd. Sierra Wynn led Alice Lloyd with 15 points. Nicole Lutes chipped in 10 points for the Lady Eagles. Brittany Bird and Clarissa Houston lead Brescia (4-18) with 21 and 19 points, respectively. Four different Brescia players reached double figures in the scoring column.

Thomas named CBA Player of the Week

TIMES STAFF REPORT
ALBANY, NY — The Continental Basketball Association (CBA) has announced that Harvey Thomas of the Albany Patroons has been named the CBA Player of the Week for the week ending January 25. Thomas averaged 21.6 points, 7.2 rebounds a game for the Patroons as they went 4-1 during the past week, all on the road. Thomas started the week in Minot and put up 25 points and eight rebounds in a 95-90 victory. Two nights later, Thomas had 32 points on 11 for 16 shooting from the field in a 114-108-90 win against Minot. In their final visit to Minot, Albany took a 121-98 victory behind Thomas' 19 points and 8 rebounds. The Patroons flew to Pikeville to take on the East Kentucky Miners for the first time this season. Thomas had his lowest scoring game, 13 points,

but his high in rebounds, nine, in a 140-111 victory. In the final game of the week, the Patroons led a game slip away and lost 117-116 to the Miners. Thomas had 19 points in the loss. Thomas is the current league leader in scoring average with 22.8 points a game and is averaging 8.2 rebounds a game, good for fifth in the CBA. To go along with his scoring prowess, Thomas is third in the CBA in field goal percentage, 51/80 (63.8 percent) from the field and first in three point percentage 11/17 (64.7 percent). The Patroons defeated the Miners 121-103 Wednesday night at the Washington Avenue Armory in the first game of a three game series. Albany will host East Kentucky on Friday and Saturday. The Miners will host the Patroons Feb. 5 and 6 at the East Kentucky Expo Center.

Charlie

panion and my old work buddy at the paper, told us in an email he was trying to hang a television in their new house when he lost his balance and fell. He broke a bone in his right leg right in the knee area, he says, and as a result, he's down for the count. Ever the joker, he reports that the important thing is the two Pikeville College football players helping him — who but Charlie can get help from two Bears to hang a television? — saved the TV. That's our boy. Thankfully this happened in the winter; had it been in the fall and knocked him out of Pikeville College football season, he would have been — pun alert! — a Bear to deal with. I talked with Joyce on Wednesday morning and admitted that when Charlie called me Monday afternoon, I couldn't help but laugh. I know it's not funny, but to know Charlie is to laugh, and, well, I

know there would be a funny story to go along with it. Charlie and I travel together all fall for Pikeville College football, and I think it's nice of Joyce to let him go. I know from experience he does too. And when he, Mark and I hit the road, two things are bound to happen: The food will be outstanding and a good time will be had by all. To be honest, about the only people I know who wouldn't enjoy those travels are our respective doctors. I'd imagine we eat one, maybe two more calories than those in the medical field would appreciate. I've also heard the story about how the famous "Charlie, Pin-son!" commercials came to be, and to the surprise of nobody the genius behind them is Joyce herself. Apparently a group of Pike Central fans were eager to get on camera one night and were trying to get Dr. Don's attention. Someone at the school

told them if they really wanted to get on TV to get up with Charlie. Minutes later, they were chanting his name, Joyce, ever the business person, thought, according to Charlie, "Now that I can work with." A marketing scheme was born, and so was a legend. We wish Charlie well and a speedy recovery, for both his sake and Joyce's. I'm sure many, many good stories will come from this pain, and the first guy laughing will be Mr. Pinson himself. Nobody enjoys a good laugh like Charlie. So when next you see him, expect him to be in a wheelchair or on a walker. But you'd better know two things: He'll be enjoying a laugh at somebody's expense, more than likely his own. And if it's at a game, you'll know he's there. As sure as he is, somebody somewhere, will be saying it loud, saying it proud.

Continued from p1
"Char-lie Pin-son!"

Boys' Basketball Tonight's Area Games (Games set for 7:30 p.m.)

Allen Central at Betsy Layne
East Carter at Boyd County
Breathitt County at Knott Central
Morgan County at Lewis County
Jackson City at Magoffin County
Phelps at Matewan, W.Va.
Prestonsburg at South Floyd
Pike Central at Pikeville

Weathers agrees to contract, avoids arbitration with Reds

SPECIAL TO THE TIMES
CINCINNATI — The Reds and RHP David Weathers have agreed to a one-year contract through the 2009 season with a club option for 2010, avoiding arbitration. Third baseman Edwin Encarnacion remains the only Reds player facing arbitration. In 2008, Weathers posted a 3.25 ERA in 72 appearances. He recorded at least 63 appearances for the 10th consecutive season and at least 70 appearances for the sixth time in his career. In his last 36 appearances of the 2008 season, Weathers posted a 2.45 ERA. Weathers posted a 2.60 ERA in his last 44 appearances. With 896 career appearances, Weathers ranks third among active pitchers and

22nd all-time, just two games behind Jim Kaat, three games behind Sparky Lyle and 10 games behind Cy Young. Over the last nine seasons, Weathers has led all Major League pitchers with 645 appearances (3.32 ERA).



ONLINE:
www.cincinnati Reds.com

15th Region Boys' Basketball (Team, Overall Record)

Shelby Valley	14-4
Pikeville Central	13-5
Pikeville	12-7
Lawrence County	11-6
East Fledge	10-7
Phelps	10-4
Prestonsburg	10-8
Betsy Layne	9-5
Sheldon Clark	7-9
Magoffin County	7-11
Belfry	5-10
Paintsville	4-13
South Floyd	4-14
Pike County Central	3-15
Allen Central	1-9

15th Region Girls' Basketball (Team, Overall Record)

Paintsville	13-4
Johnson Central	13-4
Shelby Valley	12-5
Magoffin County	12-6
Phelps	10-4
Sheldon Clark	10-6
Pikeville	10-8
Lawrence County	9-9
East Fledge	8-7
Betsy Layne	7-9
Pike County Central	7-10
South Floyd	5-10
Allen Central	4-8
Belfry	4-11
Pikeville School	2-12
Prestonsburg	2-14

CONTACT THE TIMES SPORTS DEPARTMENT
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ATHLETES OF THE WEEK
Jody Tackett, Prestonsburg
Alexis DeRossett, Prestonsburg

Lee, Kramer crowned BoB champs

TIMES STAFF REPORT
LEXINGTON — The top 10 points drivers for the Super Late Model and Modified divisions of the Battle of the Bluegrass Series were honored for their achievements last Friday evening at the series' 7th annual championship awards banquet at the Ramada Conference Center in Lexington. Victor Lee of (Danville) and Joey Kramer (Hanover, Ind.) earned the spotlight for the evening as each was crowned series champion in their respective divisions for the second straight season. Lee was crowned 2008 O'Reilly Battle of the Bluegrass Dirt Car Series Champion. He had a record-setting 2008 series tour run as he scored a series record in single season wins with six and became the first racer in series history to win four straight series event. Lee scored 17 top ten A-Main finishes and among his six series wins were checked flags in the Hoosier Dirt Classic, High "Junebug" Rowland Memorial, Pete Abell Memorial, and Paul "Butterball" Woodruff Memorial. The 2008 series championship ran came aboard the Frank Revel Motorsports owned, Kentucky's Best, Buddha Bert Transmissions, Junction City Quick Stop, Tim Logan Racing, Xtreme Style Signs and Graphics, Five Star Food Mart's, ADO's Auto Parts, Akedra Heating and Air, Bilstein Shock, PPM Racing Products, Custom Cams, Dyer's Top Rods, Real Wheels, American Race Tires, CT Marketing, Wiles Driveshafts sponsored No. 4 C.J. Rayburn Race Cars, Joe Dickens Race Engines-powered machine. Tyler Todd (Science Hill) claimed runner-up honors in the Super Late Model division for second time in series history with 14 top ten series A-Main finishes in 2008. Third place honors went to Tim Tugate (Campbellsville). The 2005 series champion claimed one series win during the season along with eight top-10 series feature finishes. Dave Webb (Nicholasville) claimed fourth place superlatives with a total of eight top-10 series A-Main finishes. Eric Wells (Hazard) completed the top five in series points, claiming one A-Main win during the season. The remainder of the top-10 in the final 2008 O'Reilly Battle of

the Bluegrass Dirt Car Series Super Late Model points were Zach Carney (Mooreville, Ind.), Larry Gray (Lexington), Chris Carrel (Isom), Royce McGowan (Faubush) and Mike Jewell (Scottsburg, Ind.). In special awards and recognition for the Super Late Model division, Wells claimed the 2008 Rookie of the Year award, was also voted the Most Improved Driver in the division for the season, and also won the drawing for a new C.J. Rayburn Race Car chassis. Bluegrass Speedway track promoters David and Anita Farrell were chosen as 2008 track promoters of the year, while Royce McGowan was voted the 2008 Sportsmanship Award winner. C.J. Rayburn Race Cars was awarded the Champion Chassis Builder Award, with Jay Dickens Race Engines earning the Champion Engine Builder Award. Frank Revel earned the Champion Crew Chief Award for the second straight season. Arnie Fields received a pit certificate from Double H Race Fabrication for a free front bumper while Larry Gray received a certificate for new driving suit equipped with Carbon X Flame Shielding fabric. The Frank Wheeler, Jr. Lifetime Achievement Award was presented to Jimmy "Pup" Thomas of Hoosier Racing Tires. Kramer also had a record-setting and dominant season in the Battle of the Bluegrass Modified division. He scored nine wins in the series' 13 events and finished in the top-10 in each series event. Kramer's series victories were highlighted by a season sweep of the events at Fawcett Speedway and 201 Speedway, along with wins in the Mod Squad Bash and Buddy Cook Memorial. It was the fourth straight series title for the second-generation pilot who has 22 series career wins. Kramer's 2008 title run came aboard the Claude Kramer owned, Fox Custom Cabinets, Wild's Restoration Service, Larry's Truck Service, Bill's Historic Painting, Bright Beginnings Child Care, Super ATV.com, State Farm Insurance, PBM Performance Products, AFPO Racing Products, NAPA, Valvoline sponsored No. 77 Lightning Chassis powered by a Bullock by Kramer Race Engine. Don Adams finished runner-up

in the Modified division. Adams scored one series victory and collected 10 top-10 A-Main finishes. Kelly Warren (Columbia) garnered third place honors with one series victory and 10 top-10 series event finishes. Shawn Tolson (Walton) scored a fourth place series finish in his first full season of Battle of the Bluegrass action with six top-10 A-Main runs. Robbie Gullion (Charlestown, Ind.) rounded out the top-five in series points with eight top-10 series A-Main finishes. Completing the top ten in Modified series points were Mick Sanson (Salt Rock, W.Va.), Skylar Marlar (Winfield, Tenn.), Josh Lucas (Bardston), Brandon Green (Walton) and Wayne James (Newport, Tenn.). In special awards and recognition for the Modified division, Shawn Tolson earned the series Rookie of the Year title and was also voted the Sportsmanship Award winner for the year. Pandava Speedway track promoters Chad and Sarah Yantz were chosen as the 2008 Modified track promoters of the year. Lightning Chassis was presented the Champion Chassis Builder of the Year Award for the fourth straight season, while Bullock by Kramer Race Engines received the Champion Engine Builder of the Year Award for the fourth straight season. Doug Pyles earned the Sportsmanship Award of the Year. The series also thanked all groups and individuals who served as series sponsors for 2008. Those sponsors recognized were O'Reilly Auto Parts, Max Brake, CarbonX, Health PMO, Graphic Impressions, Bob Hook Chevrolet, Total Lubricants, American Race Tires, C.J. Rayburn Race Cars, Cruise with the Champions, Curtis Signs, Double H Race Fabrication, DriveSmart Kentucky, DT52 Photos, Honda of Prestonsburg, Hoosier Race Tires, Kentucky's Best, K&N Performance Engineering, PPM Racing Products, Racing Optics, REAL Racing Wheels, Trail Parts and Service, and Wayne Bowen Racing Supply.



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Appalachian Engineering, Inc is currently seeking qualified applicants for the position of permitting technician. The applicant should have experience in completing all aspects of surface and deep mine permits for submittal to regulatory authorities. The applicant should also have experience with the following computer programs : AutoCAD, SEDCAD, and REAME.

Appalachian Engineering, Inc is currently seeking qualified applicants for the position of permitting technician. The applicant should have experience in completing all aspects of surface and deep mine permits for submittal to regulatory authorities. The applicant should also have experience with the following computer programs : AutoCAD, SEDCAD, and REAME.

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Prestonsburg Health Care Center has openings for full time C.N.A.'s. 6a / 6pm. We offer competitive wages and benefits. If interested call Lynn Fletcher 886-2378.

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Miller Bros. Coal, LLC is seeking qualified applicants for the position of Surface Mine Planning Engineer. Mining Engineering degree and experience required. Competitive salary and benefits package. Interested applicants should send their resume in confidence to 1801 Watergap Rd Prestonsburg, ky 41653. Phone inquiries not accepted.

Buying scrap gold, to prices paid. Call 606-447-2956.

Services

Nanny needed for two young girls to live in home near Pikeville. Must have a valid drivers license, clean

Female Shitzu puppy for sale. Weighs 9lbs. Has all shots. White & brindle with black ears. Registered. Paid \$500 will take \$350 OBO. Call 886-7957.

Misc.

Brick house for sale. 3 br, 2 baths with barn and 20 acres. \$160,000. Call 606-946-2785 after 5 pm.

Notice of property for sale. Eight acres more or less property for sale at the mouth of Bull Creek and Meadows Branch. Located near the Prestonsburg job core, near city water and sewage. Approximately 1/2 acreage is level and out of the flood plane. Suitable for residential or commercial use. If interested contact

For sale: Eight pair of American Eagle jeans & 3 pair of Levis Jeans. All jeans worn approximately 2-3 times only. They were purchased a few months ago. Size 34 x 30. \$10 each or all of them for \$100. If interested

For sale: Small community post office building plus 1,200 sq ft living area with back yard. Plus another office workshop & garage. Can be home with income or 3 rental units. 3 miles from Hwy 80. \$145,000. Call 606-285-9650.

Office space for rent. 3,000 sq ft, 2 bath, 10 individual rooms suitable for professional office. Call 794-6204 for more information. Located on 1320 North Lake Drive, Prestonsburg, Ky. Downtown from Jerry's.

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Paintsville, KY

Accountant I
Mid \$28,225.60 Annual Salary

Bachelor's degree from four-year college or university, or three to five years related experience and/or training.

Job Duties:
Computes, classifies, records and verifies numerical data for use in maintaining accounting records.

Accounting Clerk
Mid \$10.61 per hour

Associate's degree (A.A.) in accounting or equivalent from two-year college or technical school; or one to two years related experience and/or training.

Job Duties:
Performs accounting and bookkeeping functions.

Computer skills a must.

Must be able to use Microsoft office products.

The position is full-time and comes with a complete package of paid benefits, including health, dental, vision, life and long term disability insurance, paid vacation, and 401(k) retirement.

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The Times
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Commercial space for rent conveniently located at 834 South Lake Drive. Call 889-8510 or 886-0255.

RENTALS

APARTMENT

1 or 2 br apartments for rent. Located in Prestonsburg. Furnished, clean, all utilities paid. References required. Call 886-8366.

1 BR apartment for rent in Prestonsburg. \$560 month plus utilities and deposit. Call 889-6510.

2 apartments for rent. 1-2br and a 1 br studio apartment. Both located in Prestonsburg. Also a 2 br mobile home for rent. Deposit required. Call 789-2287 or 424-0765.

2br, 1 bath house for rent. Also 1 br apartment for rent. Both located in Prestonsburg. No pets. Call 886-8991.

APT FOR RENT Branham height Apt Wheelright KY, its now accepting applica-

tions for one bedroom Handicap accessible Apt. rent is based on income. Contact Ashley, 452-4777

A Newly remodeled 2 br Apartment for rent. Located on old 114 behind the Mtn Arts Center in Prestonsburg. No pets and no HUD. Call 606-205-9510 or 606-263-4323. Available Feb 1st.

Houses

3 br House for rent. 1 1/2 bath. Located 1 mile from Mtn Arts Center. \$600 month plus security deposit. Call 478-3333 or 478-2423.

Mobile Homes

New federal lending program for landowners. No down payment & low monthly payments. Complete improvement packages available. Will also remove existing homes. Call 866-597-2083.

16 x 40 mobile home for rent or sale on land contract. Has a large lot with a 8 x 20 deck. Located across from Mt Arts center close to Prestonsburg ele-

mentary. Call 866-6111.

2002- 16x70 Clayton Mobile home for sale. 3 br, 2 ba with heat pump appliances included. \$18,000. Call 285-9686.

Mobile homes and work vans for sale. Newly remodeled 14 x 70 mobile home for sale \$5,000. Also 12 x 40 mobile home for \$2,000. 1999 Dodge work van for sale. Also 1997 ford work van. If interested call - 886-8441 or 259-1181.

Gov't funds available first time buyers who own land or family land - 0 - down no closing cost your land is your credit. Call 877-310-2577.

2 br mobile home for rent. Located on Rt. 321 between highland hospital and Davis produce. Central heat & air. With wid hookup. \$325 month plus deposit. References required. Seniors welcome. Call 606-789-5973.

Special FHA Finance Program \$0 Down if you own land or use family land. We own the bank - your approved. Call 866-

Why settle for less in 2009 ? We can put you in the home of your dreams !! Call today! 1276-679-1100.

Year End Clearance!!! 15 Display Model homes released for immediate sale ! Many with furniture packages! Call for an appointment. Call 888-736-3332.

2 br mobile home with garage for rent. Located on private lot at Arkansas creek. \$425 month plus deposit. No hud. Serious inquiries only. Call 886-6665.

For rent or sale: 2006 Norris Cedar Manufactured home on lot. 3br, 2 ba. \$700 month plus utilities or priced to sell @ \$89,000. Call for info 606-889-9072.

Legals

NOTICE OF INTENTION TO MINE

Pursuant to Application Number 836-0342 NW In accordance with KRS 350.055,

notice is hereby given that Frasure Creek Mining, LLC, 4978 Texas Valley Road, Scott Depot, WV 25560, (304) 204-1455 has applied for a permit for a surface coal mining and reclamation operation within the permit boundary will be 378.31 acres. The proposed operation is approximately 0.2 miles south from KY 1210 junction with Alum Lick Road and located in the southwest of Caney Creek. The proposed operation is a 7 1/2 minute quadrangle map. The operation will use the Frasure Creek Mining, LLC, 4978 Texas Valley Road, Scott Depot, WV 25560, has applied for an amendment to an existing surface coal mining and

reclamation operation located 0.8 miles southeast of Allen in Floyd County. The amendment will add 36.40 acres of surface disturbance making a total area of 214.48 acres within the amended permit boundary. The amendment area is approximately 0.7 miles west north-west of the intersection with Allen-Banner Road and located 0.6 miles south of Levisa Fork. The proposed operation is located on the Harold U.S.G.S. 7-1/2 minute quadrangle map. The surface area to be disturbed by the amendment is owned by Adams Real Estate Limited partnership of Frasure Creek Mining, LLC. The operation will use the refuse disposal method of surface

mining. The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, KY 41653. Written comments, objections, or requests for a permit conference must be received within 30 days of today's date.

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-8066, Amendment In accordance with KRS 350.070, notice is hereby given that Frasure Creek Mining, LLC, 4978 Texas Valley Road, Scott Depot, WV 25560, has applied for an amendment to an existing surface coal mining and

reclamation operation located 0.8 miles southeast of Allen in Floyd County. The amendment will add 36.40 acres of surface disturbance making a total area of 214.48 acres within the amended permit boundary. The amendment area is approximately 0.7 miles west north-west of the intersection with Allen-Banner Road and located 0.6 miles south of Levisa Fork. The proposed operation is located on the Harold U.S.G.S. 7-1/2 minute quadrangle map. The surface area to be disturbed by the amendment is owned by Adams Real Estate Limited partnership of Frasure Creek Mining, LLC. The operation will use the refuse disposal method of surface

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In accordance with the provisions of KRS 350.070, notice is hereby given that Matt/Co, Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653, has applied for an amendment to an existing underground coal mining and reclamation operation, located 1.0 mile north of Dana in Floyd County. The proposed operation will disturb 0.0 surface acres, and will underlie an additional 374.0 acres making a total area of 806.96 acres within the amended permit boundary. The proposed amendment area is approximately 0.2 mile southeast from Johnson Fork Road's junction with Cecil Branch Road, and located within Johnson Fork.

The proposed operation is located on the Harold U.S.G.S. 7-1/2 minute quadrangle map. The amendment will underlie land owned by J.R. Conn, Randy Hayes, et al, Junior Williams, Keith Williams and Industrial Fuels Minerals Company. The amendment application has been filed for public inspection at the Department for Natural Resources, Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be received within 30 days of today's date.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-5422, Amendment No. 1

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-5422, Amendment No. 1

(1) In accordance with KRS 350.093, notice is hereby given that Loucutt Gravel Inc., P.O. Box 958, Hazard, Kentucky 41702, has applied for a Phase 3 bond release on permit number 836-0265, which was last issued on July 11, 2000. A Phase 3 release is being requested for Increment 1. The application covers an area of approximately 112.28 surface acres, located 4.00 miles southwest of Martin in Floyd County. (2) The permit area is approximately 1.20 mile east from Big Branch-Honaker KY 2030, and at the head of Gunstock Branch of Spurlock Creek. The latitude is 37°30'50". The longitude is 82°42'20".

The bond now in effect for Increment 1 is \$60,700. Phase 3 release will increase approximately 15% of the original bond amount. (3) Reclamation work performed for a Phase 3 release includes: Establishment of the post mine land use of Pastureland, and meeting the reclamation liability period. (5) Written comments, objections, and requests for a public hearing or informal conference must be filed with the Director, Division of Field Services, 2 Hudson Hollow, Frankfort, Kentucky 40601, March 25, 2009. (6) A public hearing on the application has been scheduled for 9:00 a.m. on March 26, 2009, at the Department for Natural Resources, Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. The hearing will be canceled if no request for a hearing or informal conference is received by March 25, 2009.

NOTICE OF BOND RELEASE Pursuant to Permit No. 836-0265

NOTICE OF BOND RELEASE Pursuant to Permit No. 836-0265

DO YOU SEE A RAFFLEFIELD? THEN YOU SEE THE POWER OF COMMUNITY COALITIONS. They help community groups organize resources and fight to keep kids away from drugs. Contact a community coalition and find out what your group can do. www.helpyourcommunity.org or 1-877-KIDS-313

Deals on Wheels. Send a photo with description, along with check or money order, or credit card, for only \$50, and your Deals on Wheels will continue to run until Sold.

Contact: Donna Mullins, 606-886-8506, today, or mail to P.O. Box 390, Prestonsburg, KY 41653

SOLD! 1994 Dodge 350 Extended Cab Van. All shelves, Reese hitch, ladder rack, new tires, and air conditioning. A good work van! \$1,995.00. Open Road Auto 886-9220

SOLD! Beautiful 1980 Corvette T-Tops. Air conditioning. \$5,995.00. Open-Road Auto 886-9220

SOLD! 2001 Toyota Tundra. Extended Cab. Rino bedliner, power windows and steering. \$12,500.00. Open Road Auto 886-9220

SOLD! 2004 Ford Mustang. \$10,800.00. 40th Anniversary Edition. V6, Gas Saver!! Glossy Red. Call AB Motors 606-886-1922 606-434-5551

SOLD! 2005 Dodge Ram 4x4 SLT. \$17,900.00. NADA price \$19,300. Local, 1-owner, 4-door, 4-WD, auto. Looks brand new, inside & out, charcoal in color. Call AB Motors 606-886-1922 606-434-5551

SOLD! 2002 Toyota Sienna. \$9,999.00. NADA price \$12,000. Local, 1-owner, Carfax certified, champagne in color. Heated leather seats with sunroof, V6, Gas Saver!! Call AB Motors 606-886-1922 606-434-5551

NOW HIRING - BANK CONTROLLER. Citizens National Bank, located in Paintsville, Kentucky, is actively seeking a Controller to join their Finance team. This position would report to the CFO and will be considered as a possible succession step to the CFO position. Candidates should have a Bachelor's Degree in Accounting or Finance with 3 to 5 years experience in the financial services or public accounting industry. A post graduate degree or CPA would be desirable. This position prepares reports to regulatory agencies—Call Reports, FDIC and OCC assessments, Personal Property & Franchise Tax Returns, maintains the General Ledger and budgets, provides management information to senior management on the Board, and supervises 20 employees. This position will be located in Paintsville, Kentucky, and a relocation package will be provided. This position comes with a complete package of benefits, including health, dental vision, 401(k) life insurance, long- and short-term disability. Compensation will be commensurate with experience and education. Citizens is a progressive, growing and expanding community bank with over \$675 million in assets, and 17 locations in eight counties. Citizens was chartered in 1910, and is one of the largest independent, community banks in Kentucky, with an excellent performance track record. Please forward resume to: humanresource@cnbonline.com or mail to Citizens National Bank, P.O. Box 1488, Paintsville, KY 41240, Attn: Human Resources.

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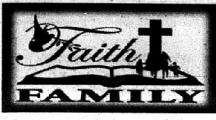
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FLOYD COUNTY



Faith and Family



KIM'S KORNER

The quilt

The story of the quilt was sent to me by dear friend Missy Woods.

It's author is unknown, but it is so heartwarming and enlightening it had to be shared with each of you.

Please continue to read on and may it touch your soul.



Kim Little Frause

As I faced my Maker at the last judgment, I knelt before the Lord along with all the other souls. Before each of us laid our lives like the squares of a quilt in many piles.

An Angel sat before each of us sewing our quilt squares together into a tapestry that is our life. But as my angel took each piece of cloth off the pile, I noticed how ragged and empty each of my squares was. They were filled with giant holes. Each square was labeled with a part of my life that had been difficult, the challenges and temptations I was faced with in everyday life. I saw hardships that I endured, which were the largest holes of all.

I glanced around me. Nobody else had such squares. Other than a tiny hole here and there, the other tapestries were filled with rich color and the bright hues of worldly fortune. I gazed upon my own life and was disheartened. My angel was sewing the ragged pieces of cloth together, threadbare and empty, like binding air.

Finally the time came when each life was to be displayed, held up to the light, the scrutiny of truth. The others rose, each in turn, holding up their tapestries. So filled their lives had been.

My angel looked upon me, and nodded for me to rise. My gaze dropped to the ground in shame. I hadn't had all the earthly fortunes. I had love in my life, and laughter. But there had also been trials of illness, and death, and false accusations that took from me my world as I knew it.

I had to start over many, many times. I often struggled with the temptation to quit, only to somehow muster the strength to pick up and begin again. I spent many nights on my face in prayer, asking for help and guidance in my life. I had often been held up to ridicule, which I endured painfully, each time offering it up to the Father in hopes that I would not melt within my skin beneath the judgmental gaze of those who unfairly judged me. And now, I had to face the truth. My life was what it was, and I had to accept it for what it was.

I rose and slowly lifted the combined squares of my life to the light. An awe-filled gasp filled the air.

I gazed around at the others who stared at me with wide eyes. Then, I looked upon the tapestry before me. Light flooded the many holes, creating an image, the face of Christ.

Then our Lord stood before me, with warmth and love in His eyes. He said, "Every time you gave over your life to Me, it became My life. My hardships, and My struggles. Each point of light in your life is when you stepped aside and let Me shine through, until there was more of Me than there was of you.

My prayer is that all our quilts be threadbare and worn, allowing Christ to shine through.

Til next week, be blessed.

Bishops announce new director of Catholic Conference of Kentucky

FRANKFORT — The Roman Catholic Bishops of Kentucky have appointed Robert J. Castagna as the Executive Director of Catholic Conference of Kentucky.

Castagna succeeds Edward Monahan, who resigned in August to become Kentucky's Public Advocate. Castagna arrived in Frankfort this week.

Most recently serving as general counsel and executive director of the Aid for Women Inc. in Chicago, Ill., Castagna spent more than 20 years (1984-2006) as general counsel and executive director for the Oregon Catholic Conference. During his tenure in Oregon, Castagna was noted for his

political skills, knowledge of the Church, and passion on behalf of those in need. He led successful efforts to restore the funding of public assistance for two-parent unemployed families, wrote legislation to address the needs of terminally ill patients, and successfully worked to enact working family child care tax credits and state earned income tax credits. He also led the "Campaign for Fairness" on behalf of 24 social service and statewide organizations, which successfully lobbied to restore \$60 million in Oregon's Department of Human Services' budget.

A native of Brooklyn, N.Y., Castagna earned a bachelor of arts from Fordham University and a law degree

from the Catholic University of America. He has received a number of awards including the 2003 Harvest of Hope Award presented by Oregon's governor on behalf of the Oregon Faith Roundtable Against Hunger; a 1989 "Service Award" from the Oregon Commission on Hispanic Affairs; the 1989 Steward of Life Award from the Oregon Right to Life; and the 2002 "Outstanding Advocacy Award" from the Governor's Commission on Senior Services. He has served in a number of professional, community, and church activities, including as president of the National Association of State Catholic Conference Directors, as a consultant for the United States Conference of

Catholic Bishops' Migration Committee, and on the board of directors of Maryville Nursing Home and Ecumenical Ministries of Oregon.

In announcing the appointment on behalf of the Bishops of Kentucky, Archbishop Joseph Kritz said, "We are privileged to have someone of Mr. Castagna's stature serving as our public policy leader. His record and accomplishments are outstanding, and it will be a great pleasure to work with him as we continue to keep the Church's positions before the Commonwealth."

The Catholic Conference of Kentucky is the public policy voice of the state's four Roman Catholic Bishops.

Making time for prayer and religious dialogue top new year's resolution lists

NEW YORK -- The year 2009 will mark a significant return to personal prayer and religious dialogue, according to Dr. Aliza Lavic, a political science professor at Bar-Ilan University and currently a Research Associate at The Hadassah-Brandeis Institute.

Lavic's fields of research include gender, public communications and multiculturalism, and she scoured historical archives and private collections to uncover the forgotten manuscripts and human stories that she presents in A Jewish Woman's Prayer Book, published by Spiegel & Grau/Random House earlier this month.

"What I have discovered in the past few weeks is most remarkable. Throughout the diverse communities and movements that I have visited in the United States - religious, cultural and political organizations, student groups, mid-life professionals, the aged - in every place there is interest in the power of prayer and in the development of religious dialogue."

Dr. Lavic notes that her contacts and observations extend far beyond the Jewish community and include Christians, Muslims and peo-

ple who choose not to categorize their faith.

Prayer as a mosaic of communication and knowledge that is continually growing in real time.

"At Lincoln Square Synagogue in New York, at the JCC in Milwaukee, and at an event in Buffalo, I met women who recognized some of the prayers from a particular 19th-century Czech book of prayers which I had included in A Jewish Woman's Prayer Book. I have not encountered Jewish Czech women in Israel or Europe who remembered those prayers. For other parts of the Jewish nation, this knowledge and this connection was burnt

in Auschwitz."

Confessing to prayer
Lavic notes that people who say they haven't read the Bible and never prayed before now

"confess" to more than introspection and meditation; they report thinking about and talking to their Creator. "They keep journals, they talk to God while they're driving, they open their mouths and ask for help. Perhaps even more surprising, people report having conversations with others about God."

"They are not new for people," Lavic says of the prayers in her book. "Even though people haven't actually heard or read them before, they've had them in the back of their mem-

ory. They have them in their blood."

Making time for diet, exercise, more family time and prayer

"Of course I hear many people saying they hope this year they'll stick to their diet; Others are resolving to refrain from texting in the car and promising to keep to the minutes in

their cell phone plans. Maybe it's because people associate me with prayer and so this is what they tell me, but I also hear people saying they plan to keep in touch with God this year. And when they say something like 'please, God' about those other resolutions it sounds like their diet, exercise and cell phone resolve might stick."



What is a hero?
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Messages will be published in the Friday, February 13, edition.

Drop off or mail information to the Floyd County Times 263 South Central Ave. Prestonsburg, KY 41653 or P.O. Box 390 Prestonsburg, KY 41653

Deadlines for messages are Wednesday February 11, at 12:00

Pictures will be available for pickup, Friday, February 13.

Will You Marry Me?