

Keep 1 " holida for kid

> LOUISVII boost sales, retailers are already starting their holiday sales and specials. But sometimes the best deal may not be the safest. As shoppers begin to purchase toys and gifts for children, they need to mindful of what gift is the safest, especially for younger children.

According to the Consumer Product Safety Commission (CPSC), there were an estimated 235,300 toy-related injuries treated in emergency rooms across the country. Most of the injuries were to. the head and face and consisted of lacerations, contusions or abrasions. And, 73 percent of the toyrelated injuries reported were to children ages 14 and younger.

Although toy safety regulations and enforcement have been improved, the CPSC has had 38 toy recalls in 2009 alone. That is why Prevent Blindness Kentucky has declared December as Safe Toys and Gifts Month. The group is offering toy-buying and gift-giving tips to all those planning to purchase a gift for a child this year.

"We know that families are being more budget

(See SAFETY, page five)

2 DAY FORECAST

Today



High: 56 • Low: 35

Tomorrow



High: 56 • Low: 35

For up-to-the-minute forecasts, see floydcountytimes.com

Obituaries......A2

For the Record ......A3

Opinion.....A4

Sports......B1

Lifestyles ......B3

Faith & Family ......B5

inside

Friday, Nov. 27, 2009 — Sunday, Nov. 29, 2009

# FLOYD COUNTY

**Member KPA** 

Serving the Citizens of Floyd County since 1927

of business needs.

We want to help you develop and sustain your business by offering financing for a variety

business loans

Call or stop by today! 1-800-422-1090

Community Trust Bank

Volume 83, Issue 112 • 75 Cents

# Events on tap to kick off Christmas season

by JARRID DEATON FEATURES WRITER

PRESTONSBURG - The holiday celebration plans are underway in Prestonsburg, and Brent Graden, director of economic development, hopes that the events will bring in people who are ready to spend money while enjoying the sights and sounds of Christmas.

"The first part will be a downtown house." Graden

Dec. 4 and 5 until 7 p.m., and from 1 p.m. until 5 p.m. on Sunday, Dec. 6. There will be special pricing, holiday decor and refreshments. Hopefully, people will come early and do some shopping in town."

The popular Christmas parade is scheduled to begin at 7 p.m. on Saturday, Dec. 5.

"There will be nativity scenes and plenty of Christmas lights," Graden rounding area. Graden said that this

"Participating stores will be open on said. "In lieu of trophies, we are going to have a special open house for everybody in the parade. The parade will go to the downtown water fountain for the lighting of the tree, and Santa, along with Jack Frost, will be there for pictures."

Graden will also be hosting his own Christmas open house at his home in Prestonsburg on Dec. 4, with personal invitations to many friends, employees and residents of the city and the suryear's event should be "twice as big" as last year's festivities.

For those looking for even more entertainment in Prestonsburg for the holidays, the Mountain Arts Center will host three performances of The Nutcracker, starting on Dec. 1 at 7 p.m. Also at the Mountain Arts Center, the Kentucky Opry will be performing Christmas shows on Dec. 5 and 6, and the Prestonsburg High School Honor Choir will be performing on Dec. 7.



photo by Jamie Howell

Prestonsburg, fresh off a regional championship victory against Corbin, is one game away from playing for the Class 2A state championship. The Blackcats will face DeSales in the state semifinals tonight in Louisville at Southern High School.

# Fugitive arrested at job corps

by SHELDON COMPTON

STAFF WRITER

PRESTONSBURG - A man was arrested this week at Carl D. Perkins Job Corps Center on outstanding warrants against him from Texas.

Marc Anthony Herrara, 18, was taken into custody by the Prestonsburg Police Department and has since been extradited to El Paso, Texas, in connection with a series of robberies in that

The El Paso County Sheriff's Department sent a notice to law enforcement urging extreme caution, saying they believed he was staying with differ-

ent friends in the East Montana area. Instead, police located Herrara Monday at the center.

According to records from Texas, Herrara and two others - 19-year-old Luis Rivas and 18-year-old Manuel Vargas - allegedly used handguns and all-terrain vehicles during a series of robbery attempts this past September.

Herrara had been living at Meadows Branch in Prestonsburg, according to records filed with the Floyd County Circuit Clerk's Office.

# Senate candidate to make local stops

by SHELDON COMPTON STAFF WRITER

PRESTONSBURG - U.S. Senate hopeful Rand Paul will visit Prestonsburg and Pikeville Tuesday, but will not talking about health care reform, the issue his camp has been discussing lately.

Paul said earlier this week he will discuss proposed energy legislation before Congress - known to opponents as a "cap-and-trade" bill - at both a small gathering at Reno's in Prestonsburg and a larger event in at the Landmark Inn in Pikeville.

Though Paul will be focusing on the energy bill, he says he will also talk about the slowdown in approving mining permits, a concern that has taken hold in this region.

"The slowing down of the permit process can really be done with congressional oversight, and it's a mistake for any president, even a good one, to have too much power," Paul said.

This idea leads Paul to what he says is another problem, one he refers to as the "eggheads in Washington." Paul thinks Congress should return to a body of representatives who truly represent.

"For over a century or so, Congress has given up its duty to restrain the presidency," he said. "Congress is closer to the people than the president." An eye surgeon by trade

(See PAUL, page five)

**Gary Sparks** 

# Former UK player appears in court

by SHELDON COMPTON STAFF WRITER

PRESTONSBURG - Former University of Kentucky basketball star Derrick Miller appeared in Floyd County court Tuesday and answered to charges that he sold UK basketball season tickets he never had to begin with to a woman last fall.

Miller pleaded not guilty to a charge of theft by deception Tuesday for allegedly selling

Floyd resident Sandy Roberts two season tickets for \$1,800 when he allegedly never had the tickets, an alleged scheme for which he faces charges in nearly a dozen counties across the state.

Floyd County Commonwealth's Attorney Brent Turner said Miller's job could have enabled him to enact the alleged scheme.

Miller worked for Kentucky

(See MILLER, page five)



will oversee a food booth located at **Archer Park** until Dec. 24. Sparks partnered with the city of Prestonsburg to make the booth available throughout the Christmas season, saying it was a nice change of pace from visiting his old hometown only during the peak summer sea-

> photo by Sheldon Compton



The Floyd County

100 percent USA

recycled paper

Times is printed on

# Ramade Conference Center

# RESERVE TODAY

- CHRISTMAS FUNCTIONS
- . POOL PARTIES
- · CONFERENCE CENTER
- · WEDDINGS
- · BANQUETS

624 James Trimble Blvd., Paintsville, Kentucky

For information or reservations: 800.951.4242 or 606.789.4242 www.ramadapaintsville.com

# **Obituaries**

## Anna Lee Garrett Alley

Anna Lee Garrett Alley, 96, of Prestonsburg, died Tuesday, November 24, 2009, at her residence.

Born May 1, 1913, in Emma, she was the daughter of the John L. Garrett and Gladis Marshall Garrett. She was a former secretary for the

Floyd County Co-operative Extension Service, University of Kentucky, for 26 years. She was a member of the First United Methodist Church, in Prestonsburg.

She was preceded in death by her husband, Marvin Alley, who died August 8, 1993.

She is survived by a greatnephew, Glenn Hopson (Bobbie) of Paintsville.

In addition to her husband and parents, she was preceded in death by a nephew, John A. Branham; and a niece, Ruby A. Hopson; and several brothers and sisters.

Funeral services will be held Saturday, November 28, at 11:00 a.m., at the Carter Funeral Home Chapel, with Rev. Jim Adams officiating.

Interment will be at Mayo Cemetery, in Prestonsburg.

Visitation is 6 p.m. until 8 p.m., Friday, at the funeral home.

Contributions are suggested to the First United Methodist Church, 256 S. Arnold Ave., Prestonsburg, KY 41653.

The family has entrusted arrangements to the Carter Funeral Home. (Paid obituary)

## Edmund Lewis "Scrooge" Blackburn

Edmund Lewis "Scrooge" Blackburn, 62, of Banner, died Friday, November 20, 2009, at the UK Medical Center.

Born May 23, 1947, in East Point, he was the son of the late Edgar and Laura Griffith Blackburn. He was a disabled coal miner, and attended Abbott Harvest Time Church.

He is survived by his wife, Maggie Akers Blackburn.

Other survivors include three sons: Eugene Arms of East Point, William Edmond Blackburn of Allen, and Paul Edward Akers of Corunna, Indiana; two daughters: Billie Jo Amburgey of Paintsville. and Amanda Blackburn of Garrett; three brothers: Alvin Blackburn Paul and Blackburn, both of Mt. Sterling, and Tony Blackburn of East Point; three sisters: Claudine Blair of Shiloh, Ohio, Linda Blackburn and Thelma Billiter, both of East Point; 13 grandchildren, and two great-grandchildren.

In addition to his parents, he was preceded in death by two sisters: Martha Ann Blackburn and Betty Jean Jackson.

Funeral services were held Tuesday, November 24, at 1 p.m., at the Nelson-Frazier Funeral Home, in Martin, with Bobby Joe Spencer officiating.

Burial was in the Blackburn Cemetery, Family (Bear Hollow), in East Point.

Visitation was at the funeral (Paid obituary)

# Betty (Harvey) Hall

Betty (Harvey) Hall, age 77, of Sandusky, Ohio, passed away Saturday November 21, 2009, at the Stein Hospice Unit, following a brief illness.

She was born February 23, 1932, in Honaker, the daughter of Joe and Josephine (Parsons) Harvey. She was a homemaker and had also worked as a nurses' aide at Fitchville Nursing Home and in Cleveland. She was also previously employed by the Ashland City Schools. She enjoyed knitting and gardening. She was also known by her friends as Onedis.

Survivors include her three sons and daughters-in-law: Gary and Judy Adkins of Ashland, Ronnie and Ruthie

Adkins of Sandusky, Ray and Robin Hall of Sandusky; and her three daughters and son-inlaw: Bernice and David Taylor of Ashland, Marlene Beal and fiancé Tony Fry of Greenwich, and Melinda Hall and fiancé Joe Vaught Sr., of Sandusky; and a stepson Douglas E. Hall. Also surviving are her 16 grandchildren, 16 great-grandchildren, four stepgrandchildren, seven stepgreat-grandchildren; a brother, Joe and Linda Harvey Jr., of Jacksonsville, Florida; along with her sister Barbara and Luther Kidd Jr., of Harold.

She was preceded in death by her parents; her two brothers, Lenord Harvey and Henry Harvey; and a sister, Bessie

Services were held at Heyl Funeral Home on Wednesday November 25, at 1:00 p.m., with Pastor Charles Meade officiating.

Burial was in Nankin Cemetery.

Visitation was Tuesday November 24, from 6 to 8 p.m., at the funeral home, and also one hour prior to the funeral service on Wednesday.

Online condolences may be left for the family by visiting www.heylfuneralhome.com

(Paid obituary)

## Margaret Mature Hall

Margaret Mature Hall, 83, of Dana, died Friday, November 20, 2009, at her residence.

Born March 14, 1926, in Floyd County, she was the daughter of the late John and Hattie Yates Mature. She was a homemaker and a member of the Little Salèm Old Regular Baptist Church.

She was preceded in death by her husband, Joe Hall.

Survivors include two daughters: Anna D. McAllister of Dana, and Rose A. Rose of Allen; two brothers: Amon and George Mature, both of Grethel; three sisters: Lucy Mature, Sarah Blevins, and Rhoda Hamilton, all of Grethel; five grandchildren: Robert, April, Shenna, Charles and Candice, and 17 greatgrandchildren.

In addition to her parents and husband, she was preceded in death by a son, James Edward; a brother, Nick Mature; and a sister, Mary

Funeral services were held Tuesday, November 24, at 1 p.m., at the Little Salem Old Regular Baptist Church, in Dana, with Old Regular Baptist ministers officiating.

Burial was in the Wilburn Parson Cemetery, (Parson Branch), Grethel, under the direction of Nelson-Frazier Funeral Home, in Martin.

Visitation was at the church. (Paid obituary)

Richard Alan Hull Richard Alan Hull, 49, of Langley, died Monday, November 16, 2009, at St.

Joseph Hospital, in Lexington.

Born March 22, 1960, in Osceola Kissimmee, Florida, he was the son of Sandy Hull of Huntington, Indiana, and the late Charles Leroy Hull. He was disabled; served in the United States Army in 1977, stationed in Germany and Korea; received an honorable discharge in 1989. His hobbies were drawing; working on old cars, and volunteering for churches and the Red Cross. He was a member of the

American Legion. In addition to his mother, survivors include one daughter, Sandra Hull of Germany; one brother, Randy Hull, of Fort Wayne, Indiana; three sisters: Debra Clabaugh (Mike), and Diana Hull (Kent), both of Huntington, Indiana; and Donna Deaton (Jeff) of Andrews, Indiana; two uncles: Ellis Little of Martin; and Ruben Owens of Wolcottville,

Indiana; one grandchld, three

nephews, four nieces, and two great-nieces.

In addition to his father, he was preceded in death by an uncle, Joey McFarland; his grandparents; two aunts: Karen Graham and Betty Reiff.

Funeral services were held Saturday, November 21, at 1 p.m., at Nelson-Frazier Funeral Home, in Martin, with Ted Shannon and John Dochnowski officiating.

Burial was in the Drift Cemetery.

Visitation was at the funeral

### home, (Paid obituary) Roger Dean Hall

Roger Dean Hall, 53, of died Allen, Monday, November 23, 2009, at St. Joseph Martin.

Born April 29, 1956, in Martin, he was the son of the late George Jr., and Faye Woods Hall. He was a disabled auto mechanic.

Survivors include one daughter, Krissy Lynn Hall Marcum of Prestonsburg; one brother, David Hall of Langley; three sisters: Brenda Carolyn Thompson and DeBates, both Prestonsburg; and Tammy Slone of Garner: two grandchildren: Seth and Noah Marcum; and a companion, Vickie Sizemore of Allen.

In addition to his parents, he was preceded in death by a brother, Tommy Spriggs; and a sister, Elizabeth Hall.

Funeral services were held Wednesday, November 25, at 1 p.m., at the Nelson-Frazier Funeral Home, in Martin, with Ken Lemaster officiating.

Burial was in the Hall Family Cemtery, in Banner.

Visitaiton was at the funeral home. (Paid obituary)

## Ricky E. Hamilton

Ricky E. Hamilton, 52, of Pikeville, died Monday, November 23, 2009, at the Pikeville Medical Center.

Born February 5, 1957, in Pikeville, he was the son of the late John Jr., and Elizabeth Hamilton. He was a retired coal miner.

He is survived by his wife, Kathy Lynn Syck Hamilton.

Other survivors include three brothers: Emitt Hamilton and Bobby Hamilton, both of Teaberry, and Charlie Dotson of Dayton, Ohio; three sisters: Margie Castillo of Teaberry, Norma Perdue of South Gate, Michigan, and Aileen Tripodi of Livonia, Michigan.

In addition to his parents, he was preceded in death by one son, Edmund Craig Hamilton; five brothers: Eddie Gene, Tolvie, Donald Ray, Jimmy, and Estill Hamilton; and one sister, Christine Combs.

Funeral services will be held Friday, November 27, at 1 p.m., at the Nelson-Frazier Funeral Home, in Martin, with Tracy Patton officiating.

Burial will be in the John Cemetery, Hamilton Teaberry.

Visitation, after 6 p.m., Tuesday, November 24, at the funeral home; church services, Wednesday, November 25, at the funeral home. (Paid obituary)

## Molly Catherine Howell

Molly Catherine Howell, 71, of Galveston, died Sunday, November 22, 2009, at her res-

Born February 14, 1938, in Pikeville, she was the daughter of the late Ambrose and Irene Dye Howell. She was a homemaker, and a member of the Zion Old Regular Baptist Church.

Survivors include two sons: Ricky Gillespie of Morehead, and Jimmy (Rosa) Gillespie of Galveston; three daughters: Irene (Thomas Ray) Hamilton of East Point, Mary Hall, and Loveina Lou (Phillip Gene) Hall, both of Galveston; two brothers: Merlin Howell of Pikeville, and Edward Howell of Michigan; two sisters: Alice

Adams of Galveston, and Nan Lentz of Wisconsin; two halfbrothers: David and Clifford Howell; three halfsisters: Lona Parson, Linda Lou Salisbury, and Susie Howell; 15 grandchildren, 13 great-grandchildren, and three stepgreatgrandchildren.

In addition to her parents, she was preceded in death by one daughter. Sadie Newsome: one brother, Green Howell: two sisters: Mary Bell Shihadeh and Sally Smith; one stepbrother, Anthony Howell; and one grandchild.

Funeral services will be held Friday, November 27, at 1 p.m., at the Zion Old Regular Baptist Church, in Grethel, with Old Regular Baptist ministers officiating.

Burial will be in the Ambrose Howell Cemetery, (Coon Branch), Pikeville, under the direction of Nelson-Frazier Funeral Home, in Martin.

Visitation is at the church. (Paid obituary)

## Susie Knott

Susie Knott, McDowell, died Thursday, November 19, 2009, at the Pikeville Medical Center.

Born November 27, 1930, in Floyd County, she was the daughter of the late Columbus Lum and Myra Moore Gayheart. She was a homemaker.

She was preceded in death by her husband, Lewis Knott

Survivors include five sons: Larry Knott, Ray Knott (Carol), and Gary Knott (Nita), all of McDowell; Lewis Knott (Lucy) of Prestonsburg; and Timothy Knott (Nan) of Clarksville, Tennessee; eight daughters: Linda Sue Speer (Stephen) of New Philadelphia, Ohio; Carolyn Wallen (Butch) of McDowell; Elizabeth Music of Pikeville; Sheila Salyer (Ron), and Marlene Elliott (Buster), both of Prestonsburg; Betty Ann Chasser (Dennis) of Hilliard, Ohio; Phyllis Jean Akin (Dennis) of Jamestown, California; and Lea Branham of Tomahawk; one brother, Chip Gayheart of Chillicothe. Ohio; one sister, Ruby Osborne of Waverly, Ohio; 25 grandchildren, and 13 greatgrandchldren.

In addition to her parents and husband, she was preceded in death by six brothers: Frank, Henry, Roy, Fred, Leonard, and Taylor Gayheart; and one sister, Joy Huff.

Funeral services were held Sunday, November 22, at 2:30 p.m., at the Nelson Frazier Funeral Home, in Martin, with Arnold Turner Jr., officiating.

Burial was in the Knott Family Cemetery, McDowell.

Visitation was at the funeral home. (Paid obituary)

## Loretta Manuel Meadows

Loretta Manuel Meadows, 81, of Langley, died Saturday, November 21, 2009, at Highlands Regional Medical Center.

Born June 13, 1928, in Blackey, she was the daughter of the late James and Martha Large Manuel. She was a cook for Adkins Steak House, a salesperson for Messer's Dept. Store; and a member of the Martin Freewill Baptist Church.

She was preceded in death by her husband, Ora Meadows.

Survivors include four sons: Bobby Meadows of Wayland; Danny Meadows and Ted Meadows, both of Langley; and Earl Meadows of Cambridge, Ohio; three daughters: Marena Runyon of Pikeville; Kathy Prater of Hueysville; and Linda Meadows of Langley; 14 grandchildren, 19 great-grandchildren, one great-greatgrandchild; and several nieces and nephews.

In addition to her parents and husband, she was preceded in death by one son, James Meadows; one brother, Arnold Manuel; five sisters: Carmia Sturgill, Margie Rudder, Cordia Childers, Virginia Stith, and Ruby Shepherd; and one grandson.

Funeral services were held Tuesday, November 24, at 11 a.m., at Nelson-Frazier Funeral Home, in Martin, with Ted Shannon officiating.

Burial was in Davidson Memorial Gardens, in Ivel.

Visitation was at the funeral home.

Daniel, Pallbearers: Dwayne, Ken, Jeremy, Randy, Matt, James, and Dennis. Honorary pallbearer: Mike.

(Paid obituary)

## G.B. "Jabo" Newman Jr.

G.B. "Jabo" Newman Jr., 72, of Hi Hat, died Monday, November 23, 2009, at the East Ky. Veterans Center, Hazard.

Born September 13, 1937, in Hi Hat, he was the son of the late Green Berry Newman and Anabel Hayes Smith. He was a disabled coal miner, a United States veteran; and he attended the First Baptist Church in McDowell.

Surviuvors include a son, Christopher Carl Newman of Flemingsburg; two daughters: Diane Melissa Newman of West Liberty, and Valerie Dawn Smith of Lexington; seven grandchildren: Marty, Blake, Chase, Gage, Logan, Hattie and Haylie; a sister-inlaw, Anita Newman (Randall's wife) of Kingsport, Tennessee; and several nieces, nephews and cousins.

In addition to his parents, he was preceded in death by six brothers: Randall, Wayne, Gomer, Fred, Curt, and James Newsman; five sisters: Lucy Vanderpool, Lula Brown, Dove Hall, Melvina (Pet) Hall, and Pearl Newman.

Funeral services will be held Sunday, November 29, at 1 p.m., at the Church of God Prophecy, in Hi Hat, with Glen Hayes officiating.

Burial will be in the Boyd Cemetery, in Price, under the direction of Nelson-Frazier Funeral Home, in Martin.

Visitation is after 6 p.m., Friday, at the funeral home, and after 11 a.m., Sunday, at the Church of God Prophecy, in Hi Hat.

In lieu of flowers, the family requests donations be made toward funeral bill. (Paid obituary)

## Edgil Stevens

Edgil Stevens, 59, of Catlettsburg, died Sunday, November 22, 2009, at his res-

Born September 4, 1954, in Floyd County, he was the son of Arthur and Virginia Gibson Stevens. He was an evangelist for the Smokey Valley Enterprise Baptist Church.

He is survived by his wife, Sarah Bell King Stevens.

Survivors, in addition to his parents and wife, include one son, Arthur Lee (Amanda)

Stevens of Louisa; one daughter, Elizabeth (Jerry) Moore of Catlettsburg; five brothers: Hurshell Stevens, Douglas Stevens, Melvin Stevens, and Elden Stevens, all of Pike. County, and Howard Stevens of Plain City, Ohio; four sisters: Juanita Baker of Minford, Ohio, Violet Mullins of Belcher, and Mary Kent and Ossie Slone, both of Pike County; and five grandchildren: J.J., Noah, Christian, Nicolas, and Trysten.

He was preceded in death by three brothers: Ballard Lynn Stevens, Aronald Stevens Jr., and Milford; and three sisters: Lillian Kendrick, Lillia Marie, and Annie Sue Stevens.

Funeral services will be held Wednesday, November 25, at noon, at the Nelson-Frazier Funeral Home, in Martin, with Doug Kelly, Howard Stevens. Kenneth Mullins, and Ronnie Wheeler officiating.

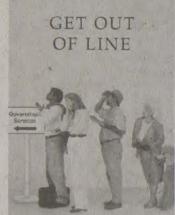
Burial will be in the Stevens Cemetery, (Hurricane Creek), Pike County.

Visitation after 5 p.m., Monday, Novbember 23, at Smokey Mtn. Baptist Church, in Louisa, and after 1 p.m., Tuesday, November 24, at Nelson-Frazier Funeral Home, in Martin. (Paid obituary)



274 West Court Street Prestonsburg, Ky. 41653 Open: M-F, 10-6; Sat., 9-2 (606) 886-1811 GET OUT

from Billy Ray's at



Now you don't have to wait in line for government services and information because now the government is officially online at FirstGov.gov.

> FirstGov.gov The official web portal of the Federal Government

For government information by phone, call 1-800-FED-INFO (1-800-333-4636).

U.S. General Services Administration



Mention this ad and receive EXTRA 10% OFF November 27th & 28th only!!

# For the Record

Marriage Licenses

Jennifer Michelle Collins, 32, of Prestonsburg, to Albert Samuel Hays, Jr., 21, of Prestonsburg.

Pluma J. Gilliam, 57, of Wheelwright, to Roger Henderson, 60, of Hi Hat.

Kristin S. Hosea, 21, of Paintsville, to Sean Michael Welch, 23, of Paintsville.

Tira Joe Adams, 22, of Prestonsburg, to Kyle Cody Calhoun, 25; of Prestonsburg.

Thelma Marie Gilliam, 67, of Wheelwright, to Billy Lynn Cantrell, 52, of Wheelwright.

Janie Joeann Sellards, 18, of Prestonsburg, to Gary Matthew Lewis Burchett, 21, of Prestonsburg.

### Civil Suits Filed

Sherria Bryant vs. Terissa Lawson; petition for child support and healthcare insurance.

Brandon Hatfield vs. Brandy Hatfield; petition for child support and healthcare insurance.

John Short vs. Allison L. Short; divorce.

Community Trust Bank Inc.

vs. David B. Hackworth; com-

Palisades Collection LLC vs. Brian D. Wallen; com-

Tax Ease Investments 1 LLC vs. Carl Hall; complaint. Fortis Capital LLC vs. Kari Brown; complaint.

K&H Trucking Inc. vs. Scott Walls; complaint.

Community Trust Bank Inc. vs. Katie Jo Gray; complaint. Patricia Frasure vs. Walter Moore; complaint.

Richard Ray vs. John West; complaint.

## Small Claims Filings

Speedy Cash Check Advance vs. Chris Collett; debt collection.

Cash Check Speedy Advance vs. William Patton; debt collection.

Cash Check Speedy Advance vs. Todd Davis; debt collection.

Adkins Puritan Water vs. Ronnie Brown; debt collec-

Adkins Puritan Water vs. Micky Conn: debt collection.

Charges Filed

Israel Cornette, Hueysville; first-degree burglary

Chelesie Elizabeth Conn, 18, Minnie; second-degree burglary, theft by unlawful taking.

Bradley Hoshour, 33, Paintsville; driving under the influence while on suspended license, failure of nonowner operator to maintain required

Marc Anthony Herrara, 18, El Paso, Texas; fugitive from another state.

Joshua Henry Fitzpatrick, 30, Staffordsville; harassing communications.

Tyler Lemaster, 24, Versailles; alcohol intoxication, failure to surrender revoked operator's license.

Beverly Lucio, Pikeville; alcohol intoxication. Heather L. Music, 30, Prestonsburg; fourth-degree

Slone, Elder Lexington; fourth-degree assault, controlled substance prescription not in original container.

Heith Wayne Issacs, 29, Kite; theft by unlawful taking.

### Inspections

Country Heart, At Prestonsburg, regular inspection, Violations noted: lack of numerically scaled thermometers for checking cooking and holding temperatures of potentially hazardous food, cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing solution, food contact surface of equipment and utensils not clean, non food contact surface of equipment and utensils not clean, floors not constructed properly. Score: Food:

94, Retail: 98. Catering, Bob's Prestonsburg, regular inspection. Violations noted: food not protected during storage, food contact surfaces not properly maintained, cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing solution. Score: 95.

Fat Boys Pizza and Grill, Martin, regular inspection. Violations noted: lack of effective hair restraints, sanitary towel or hand drying device not provided at lavatory or handwashing sink, light fixtures not shielded as required.

**Property Transfers** Eileen Brown to Charlene Brown, property not listed.

Terry Brown to Charlene Brown, property not listed. Joe D. Clark to Steve

Bailey, property not listed. Pam Clark to Steve Bailey, property not listed.

Community Trust Bank to LINKS, property located at Shaun Howell Subdivision.

Darbin R. Flannery to Samuel Hughes and TIna Hughes, property located at Bucks Branch.

Gail Hall to Tommy Hall, property not listed.

Gail Hall to Melissa Hall and Tommy Hall, property not

Terry Hall to Tommy Hall, property not listed.

Terry Hall to Melissa Hall and Tommy Hall, property not

Homer Hamilton to Glenda Newsome and Patrus,

Newsome, property not listed. Wanda Hamilton to Glenda

and

Newsome

Newsome, property not listed. Newman to Travis Newman Family Cemetery; property not listed.

Wall-to-Wall Screens, Dolby Sound,

Cinema 1—Held Over

Cinema 2—Held Over

Sunday Matinee—Open 1:00; start 1:30

# Regional Obituaries

FLOYD COUNTY Raymond C. Boyd, 72, of Milan, Ohio, a native of Dana, died Tuesday, November 17, at Fisher-Titus Medical Center. He is survived by his wife, Sharon Klinger Boyd. Funeral services were held Thursday, November 19, under the direction of Riddle Funeral Home of Vermilion, Ohio.

Dickie Ray Clark Sr., 67, of Wabash, Indiana, a Lackey native, died Wednesday, November 18, at the Wabash County Hospital. Funeral services were held Sunday, November 22, under the direction of Grandstaff-Hentgen Funeral Service.

■ Harold "Lee" Clements, 55, of Wheelwright, died Friday, November 20, at the McDowell emergency room. He is survived by his wife, Brenda Johnson Clements. Funeral services were conducted Monday, November 23, under the direction of Nelson-Frazier Funeral Home.

■ Bobby Joe Flanery, 67, of died Saturday, November 21, at his residence. He is survived by his wife, Edith Faye Johnson Flanery. Funeral services were held Tuesday, November 24, under the direction of Nelson-Frazier Funeral

Odis Lee Hicks, 72, of McDowell, died Sunday, November 22, in the McDowell Appalachian Regional Hospital. He is survived by his wife, Brenda L. Hicks. Funeral services were held Wednesday, November 25, under the direction of Hall Funeral Home.

Roland Howell, 78, of McDowell, died Sunday, November 15, in McDowell ARH. He is survived by his wife, Beatrice Dye Howell. Funeral services were held Wednesday,

November 18, under the direction of Nelson-Frazier Funeral

■ June A. Kopp, 91, of Malinta, Ohio, a Floyd County native, died Friday, November 20, at the University of Toledo Medical Center. Funeral services Wednesday, held November 25, under the direction of Heitmeyer Funeral Home, Continental, Ohio.

Donald Eugene Laferty, 65, of Grethel, died Sunday, November 22, at his residence. He is survived by his wife, Ruth Laferty. Funeral services were held Wednesday, November 25, under the direction of Nelson-Frazier Funeral Home.

Alan McGlone, 46, of Prestonsburg, died Friday, November 20, in Cabell-Huntington, West Virginia. Funeral services were held Sunday, November 22, under the direction of Nelson-Frazier Funeral Home.

Nova Moore, 86, of Hi Hat, died Saturday, November 21, at her residence. Funeral services were held Tuesday, November 24, under the direction of Nelson-Frazier Funeral

Roger Reynolds Jr., 58, of Banner, died Thursday, November 19, at his residence. He is survived by his wife, Reynolds. Lorraine Syck Funeral services were held Sunday, November 22, under the direction of Nelson-Frazier Funeral Home.

## PIKE COUNTY

■ William "Billy" Baker Jr., 54, of Lenore, W.Va., formerly of Freeburn, died Tuesday, Nov. 17, in the emergency room of Logan Regional Medical Center, Logan, W.Va. Funeral services were held Friday, November 20, under the direction of Hatfield Funeral Chapel.

Flora Bevins, 83, of died Tuesday, November 17, at Pikeville Medical Center. Funeral services were held Saturday, November 21, under the direction of Community Funeral Home.

■ Irene Mae Gallimore, 101, of Hillsboro, Ohio, formerly of Stone, died Tuesday, November 17. Funeral services were held Friday, November 20, under the direction of R.E. Rogers Funeral

■ Verlin Gannon, 55, of Pikeville, died Wednesday, November 18, at Pikeville Medical Center, Memorial services were held Friday, November 20, under the direction of J.W. Call Funeral Home.

Richard Chad Gooslin, 42, of Biggs Branch, died Tuesday, November 10, at Pikeville Medical Center. He is survived by his wife, Betty Sue Williamson Gooslin, Funeral services were held Thursday, November 12, under the direction of Community Funeral

Susan Fave Michael Hunt, 45, of Phelps, died Tuesday, November 17, at Cabell-Huntington Hospital, Huntington, W.Va. Funeral services were held Saturday, November 21, under the direction of R.S. Jones & Son Funeral

■ Katherine Johnson, 81, of Virgie, died Monday, November 26, at Pikeville Medical Center. Funeral services were held Friday, November 20, under the direction of Hall & Jones Funeral Home.

Joyce Ann Justice, 69, of Upper Chloe, died Wednesday, November 18, at Pikeville Medical Center. Funeral arrangements, under the direction of Thacker Funeral Home.

■ Bonnie Susie McCov, 49 of Huddy, died Monday, November 16, at her home. Funeral services were held Thursday, November 19, under the direction of R.E. Rogers Funeral Home.

Bertha Mae Smith, 87, of Irvine, formerly of Smith Fork, Phelps, died Monday, November 16, in Richmond. She is survived by her husband, Harrison Smith. Funeral services were held Friday, November. 20, under the direction of R.S. Jones & Son Funeral Home.

### JOHNSON COUNTY ■ Von Blanton, 68, of

Staffordsville, died Wednesday,

Prestonsburg. He is survived by his wife, Edna Arms Blanton. Funeral services were held Friday, November 20, under the direction of Phelps & Son Funeral Home. ■ Anna Marie Slone Castle,

of Paintsville, died Saturday, November 14, at Three Rivers Medical Center, Louisa. Funeral services were held November 16, under the direction of Paintsville Funeral Home. ■ Jannett Sue Curtis, 63, of

Staffordsville, died Saturday, November 14, at Riverview Health Care Nursing Home. Funeral services were held Wednesday, November 18, under the direction of Paintsvlle Funeral Home.

■ Donna Gail VanHoose, 57, of Paintsville, died Sunday, November 15, at the Morgan County Appalachian Regional Hospital, West Liberty. Funeral services were held Thursday, November 19, under the direction of Herald & Stewart & Halsey Funeral Home, West Liberty.

## **MAGOFFIN COUNTY**

■ Ella Jean May Adams, 79, of Salyersville, died Sunday, November 8, at the Paul B. Hall Medical Center. Funeral services were held Thursday, November 12, under the direction of Magoffin County Funeral Home.

■ Vonda Gay Poe Bailey, 67, of Salyersville, died Friday, November 13, at the Salversville Health Care Center. Funeral services were held Monday, November 16, under the direction of Magoffin County Funeral Home.

■ Berdie Holland Cole, 66, of Jan Arnett Branch in Salyersvile., died November 14, at her home. Funeral services were held Thursday, November 17, under the direction of Salyersville Funeral Home.

■ Y.H. "Buddy" Cantrell, 82, of West Union, Ohio, a Magoffin

County native, died Thursday, November 12, in West Union, Ohio. He is survived by his wife, Bonnie Cantrell. He is survived by his wife, Bonnie Cantrell. Funeral services were held Monday, November 16, under the direction of Magoffin County Funeral Home.

■ James Clyde "JC" Craft, 84, of Salyersville, died Thursday, November 12, at the VA Medical Center in Huntington, West Virginia. Funeral services were held Sunday, November 15, under the direction of Salyersville Funeral

Scotty W. Holbrook, 45, of Owingsville, formerly of Magoffin County native, died Sunday, November 8. He is survived by his wife, Samdra Wages Holbrook. Funeral services were held Wednesday, November 11, under the direction of Richie Hunt Funeral Home.

■ Herbert "Herbie" Charles Lemaster, Salyersville, a Floyd County native, died November 11, at the Paul B. Hall Medical Cnter. Funeral services were held Thursday, November 17, under the direction of Magoffin County Funeral Home.

and Cupholders

2012 (PG-13). Mon -Sat 7:00 Sun

NEW MOON (PG-13), Mon.-Sat. 7:00-

TICKET PRICES: Adult-\$8.00 • Kids/Seniors-\$5.00 Matinee-\$4.00

Cinema 1-Held Over PLANET 51 (PG). Mon.-Sun. 7:00-9:10; Fri. (4:10) 7:00-9:10; Sat.-Sun. (2:00-4:10

Cinema 2-Starts Wed., Nov. 25 FANTASTIC MR. FOX (PG). Mon.-Sun 7:00-9:10; Fri. (4:10) 7:00-9:10; Sat.-Sun.

(2:00-4:10) 7:00-9:10 Cinema 3-Starts Wed., Nov. 25 MEN WHO STARE AT GOATS (R) Mon Sun. 7:15-9:30 Fn. (4:30) 7:15-9:30 Sat. Sun. (2:15-4:30) 7:15-9:30.

Cinema 4-Starts Wed., Nov. 25 NINJA ASSASSIN (R), Mon. Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30 Cinema 5-Held Over

2012 (PG-13). Mon.-Sun. 8:15; Fri. (5:00) 8:15; Sat.-Sun. (1:45-5:00) 8:15. Cinema 6-Held Over

NEW MOON (PG-13), Mon.-Sun. 6:45-9:15; Fri. (4:05) 6:45-9:15; Sat -Sun. (1:30-4:05) 6:45-9:15 Cinema 7-Starts Wed., Nov. 25

Fri. (4:30) 7:15-9:30; Sat -Sun. (2:15-4:30) Cinema 8-Held Over NEW MOON (PG-13). Mon.-Si

OLD DOGS (PG), Mon.-Sun. 7:15-9:30;

9:30; Fri. (4:20) 7:00-9:30; Sat.-Sun. (1:45-4:20) 7:00-9:30. Cinema 9—Held Over
THE BLIND SIDE (PG-13), Mon-Sun

6:50-9:25; Fri. (4:20) 6:50-9:25; Sat-Sun: 1:45-4:20) 6:50-9:25 Cinema 10-Held Over

A CHRISTMS CAROL (PG). Mon-Sun. 7:05-9:25; Fn. (4:25) 7:05-9:25; Sat-Sun (2:05-4:25) 7:05-9:25.

# First Offense DUI Only \$150.00

Complete in two weeks and one day.

3 classes a week in Prestonsburg:

Sunday—2:00 p.m. Monday—6:00 p.m. Tuesday—6:00 p.m.

VanArk Inc. 606-886-9989

November 18, at Highlands Regional Medical Center, in

5 p.m.-6 p.m.



8 a.m.-2 p.m. 30% off All Furniture Purchases

2 p.m.-8 p.m. 20% off All Furniture Purchases 8 a.m.-10 a.m. Early Birds get 20% off their Entire Accessory & Décor Purchase

Join in on the \$avings at our Day-After-Thanksgiving Sale!!

10 a.m.-Noon Home Décor and Primitives 15% off Noon-2 p.m. All Candleberry Candles 15% off

All Christmas Décor, Stockings and Stuffers 10% off 2 p.m.-4 p.m. 4 p.m.-6 p.m. Jewelry, Purses, Lunch Bags, etc....20% off 6 p.m.-8 p.m. All Candleberry Candles 15% off

Can't make it on Friday...that's ok...we'll extend the sale to Saturday from 9 to 6! All Furniture Purchases get 15% off

Jewelry, Purses, Lunch Bags, etc.... 10% off

9 a.m.-11 a.m. Early Birds get 10% off their Entire Purchase! 11 a.m.-1 p.m. Home Décor and Primitives 10% off

1 p.m-3 p.m.All Candleberry Candles 10% off All Christmas Décor, Stockings, and Stuffers 10% off 3 p.m.-5 p.m.

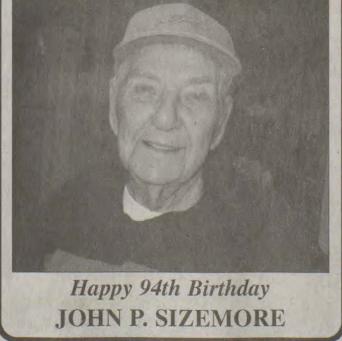
It's her future. Do the math." www.girlsgotechiorg

By 6th grade, an alarming number of girls lose interest in moth, science & technology. Which means

they won't qualify for most future jobs. That's why parents have to

keep their interest alive,

in every way we can.



Greetings from Ada, Ohio



press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Worth Repeating ...

He who asks is a fool for five minutes, but he who does not ask remains a fool forever.

— Chinese proverb

Guest View

# New survey shows weaknesses in U.S. primary care

If you're planning to get sick outside of regular business hours, you'd be well advised to do it in the Netherlands.

Almost every Dutch primary care doctor — 97 percent, to be precise - has a nurse or physician backup who will see patients who get sick after hours, a new international survey has found.

The Netherlands also is where to go if you want a doctor who uses electronic medical records. Those computerized files contain information on laboratory test results, treatment guidelines and warnings about potential drug interactions. They also allow doctors to write and submit prescriptions without worrying about errors caused by bad handwriting.

More than 90 percent of Dutch physicians, as well as those in England, New Zealand, Norway, Sweden, Australia and Italy, use electronic medical records.

Fewer than half of U.S. primary care doctors use them. And just 29 percent of American family doctors have special arrangements for patients who get sick after hours. Here, ill patients often are sent to wait in overcrowded emergency rooms, where they're seen by a doctor with no access to their records and no familiarity with their medical histo-

Access to high-quality primary care always has been a big issue, but health care reform is pushing it to the forefront again.

Americans spend about twice as much per person on health care as the average of other industrialized countries. Yet the care we receive from routine doctor visits to lifesaving interventions — often is no better than in other industrialized countries. Sometimes it is demonstrably worse.

The new international study of primary care, from the nonpartisan Commonwealth Foundation, is further proof of uneven quality.

The report showed strengths and weaknesses in care provided by doctors in each of 11 countries studied. American doctors were more likely to use guidelines outlining the best treatments for diabetes, asthma and high blood pressure than doctors in France or Germany.

American doctors were less likely to say patients faced a long wait for diagnostic tests or to see a specialist than doctors in those countries.

But doctors in England, Sweden, Norway and the Netherlands were even more likely to use treatment guidelines. English doctors reported even shorter waits.

American doctors were far more likely than those in other countries to report problems with patients paying for medications or treatment. And they're more likely report spending significant amounts of time getting insurance approval for their patients' treatments.

As Congress considers adding health coverage for about 36 million people who now are uninsured, the United States still has no national primary care policy.

Most family doctors work alone or in small practices. Most deal with multiple insurance companies, each offering different plans with different coverage restrictions.

That makes it more difficult to implement basic steps shown to improve quality, like paying doctors more to achieve better outcomes.

Even something simple such as electronic medical records is fraught with pitfalls in the U.S. system. It represents a major expense to individual medical practices. And when it's done, there is no guarantee that the computers in doctors' offices can exchange information with those in nearby hospitals.

Expanding access to doctors is an important goal. The next big challenge for reformers is to improve quality. That probably will prove even more difficult.

— St. Louis Post-Dispatch

FOR # MOMENT, FORGET ABOUT YOUR VIEWS ON HEALTH CARE REFORM AND CONSIDER HOW DEBATE ON THE ISSUE HAS LAID BARE THE CORRUPTION INFESTING OUR POLITICAL SYSTEM. WHAT USUALLY OCCURS IN PRIVATE IS NOW HAPPENING IN FULL PUBLIC

VIEW; A TUG OF WAR BETWEEN COMPETING INTEREST GROUPS IS TAKING PLACE WITH OUR CONGRESS SERVING AS THE ROPE SPEECHES FOR LAWMAKERS TO DELIVER ON THE FLOOR OF CONGRESS IS PROOF OF JUST HOW SEVERE THE PROBLEM OF

SYSTEMIC CORRUPTION HAS BECOME WHILE AMERICANS MAY DISAGREE ON HEALTH CARE REFORM, THERE'S ONE THING WE SHOULD ALL AGREE ON: OUR POLITICAL SYSTEM IS ROTTEN TO THE CORE OUR NEXT GREAT DEBATE NEEDS TO BE









LEAVE A

## the Beltway Beyond

# Don't count Sarah out

by DONALD KAUL MINUTEMAN MEDIA

Watch out! Sarah Barracuda is back and she's on the move.

Sarah Palin — former point guard, governess, and vice-presidential candidate - has written a book ("Going Rogue: An American Life") and is on the road plugging it.

Oprah, Barbwa, Bill O'Reilly, Sean Hannity, Greta Van What's-hername. No interviewer is safe (with the possible exception of Katie Couric). It's just a book tour, she says. She's not running for anything.

She's running for something, President, that's what she's running for. The smart money says she hasn't got a chance to win even the Republican nomination, but the last time we heard from the smart money it was predicting a landslide - for

I, for one, would never count her out. She may not be the brightest porch light on the block, but when did that ever stop the Republicans from

nominating someone?

Hillary Clinton

More importantly, she combines an acute political sense with a bold disregard for the conventional wisdom of the elders of her party. She reminds one not of another politician but of Marshal Foch, the World War I French general, who at the first battle of Marne said:

"My center is giving way, my right is pushed back; situation excellent. I am attacking." That's our Sarah. Criticism

bounces off her like bullets off Superman. Besides, who else in the Republican Party can draw thousands to a rally or sell millions of books? She's a star, the only one in the

Republican firmament. It's more than good looks. She radiates an electric intensity that makes her one of the two most interesting politicians on the scene. The other, Barack Obama, is beginning to look as though he's suffering from a bad case of presidential fatigue. It happens to all of them.

Will the Republicans be able to resist plugging into that kind of energy source? Will she let them resist? The more I think about it, the more I

like her chances.

I know, there's not much evidence she can extend her appeal beyond the hardcore right wing of the Republican Party. Even now she's limiting her book tour to smaller cities where she and John McCain did well in 2008. (She kicked it off in Grand Rapids, Michigan, of all places.)

But some analysts are saying that 2012 just might be a Republican year. Didn't the party's candidates cream the Democrats in the recent mid-midterm elections, taking the governorships in New Jersey and Virginia from Democrats? Might not Sarah at the top of the ticket be enough to push the Party to victory in 2012?

Yes and no.

Political analysts get paid to find trends so they find them, even if they have to make them up. Mid-term elections are notoriously a function of local issues. A Republican won in Virginia because it is a Republican state. A Republican won in New Jersey because the Democratic incumbent had worn out his welcome and the economy was in a funk.

So who really knows what the trend is now, and even less what it will be in three years? If the economy picks up it could be a Democratic year; if not, perhaps any Republican could win an election.

I'm rooting for Sarah to get the nomination because she is the most fun you can have in a Republican candidate. I am rooting for a Democratic victory because I'm a patriotic American and she would be a disaster as president.

She has, at the very best, a tangential relationship to truth or facts or ideas. For example, she's still blaming Obama for taking "In God We Trust" off the face of the \$1 coin and putting it on the edge.

Actually, a Republican Congress did that and Bush signed it into law. And when she's told that is the case she will still blame Obama, because it

It's not so much that she's dumb, it's that she has no interest in being smart. We've just seen that movie.

Minuteman Media columnist Donald Kaul lives in Ann Arbor, Michigan.

# Published Wednesday and Friday each week

263 SOUTH CENTRAL AVENUE

Phone: (606) 886-8506 Fax: (606) 886-3603

PRESTONSBURG, KENTUCKY 41653

www.floydcountytimes.com

USPS 202-700 Entered as second class matter, June 18, 1927, at the post office at Prestonsburg, Kentucky, under the act of March 3, 1879. Periodicals postage paid at Prestonsburg, Ky.

> SUBSCRIPTION RATES PER YEAR: In Floyd County: \$59.00 Outside Floyd County: \$76.00

Postmaster: Send change of address to: The Floyd County Times P.O. Box 390 Prestonsburg, Kentucky 41653

PUBLISHER Joshua Byers ibyers@heartlandpublications.com

MANAGING EDITOR Ralph B. Davis web@floydcountytimes.com

**ADVERTISING MANAGER** Jamie VanHooose advertising@floydcountytimes.com



# Health care officials warn of stress and depression during holidays

PRESTONSBURG — While many see the holidays as a time of family gathering, parties and festive activities, for others the season is one of lone-liness, anxiety and uncertainty about the future. For these people, the depression experienced is reflected in stress responses including headaches, heavy drinking, over-eating and sleep disorders.

According to documents released by Mental Health America (MHA), the depression often lasts into the New Year, as there is a general holiday letdown after Jan. 1. In fact, officials say depression and anxiety are found in greater numbers after the first of the year while many begin to plan their new year and set objectives for the coming year.

At Highlands Regional Medical Center, Behavioral Health Director Steve Triplett warned that mental health issues which affect many during this time of year are issues to be taken seriously. "Coping with stress is never an easy thing to do," he explained. "For many, the feelings of fatigue, stress and depression can become overwhelming. Suicide

rates are significantly higher during and immediately following the holiday season."

The MHA also noted that some people suffer from seasonal affective disorder (SAD), resulting from being exposed to few hours of sunlight during the winter months. It also points out a number of tips regarding coping with stress and depression during the holi-

days, including:

■ Keep expectations manageable during the holiday season. Try to set realistic goals and be reasonable about expectations you place on yourself.

Be realistic about what you can and can not do. Remember that activities can be spread out over the entire holiday season.

Leave "yesteryear" in the past and look toward the future. Every season is different and life does, in fact, change.

■ Do something for someone else. Volunteering your time releases personal anxiety. ■ Enjoy free activities in the

community.

Be aware that excessive

drinking will only increase feelings of depression.

Try new ways to celebrate the holiday season.

Spend time with caring and supportive people, including reaching out to make contact with someone you haven't heard from in a while.

Save time for yourself. Recharging your batteries is important, so let others share in the planning and implementation of activities.

If you wish to speak with a mental health professional, please contact the Behavioral Health Department at Highlands Regional Medical Center at (606) 886-7631.

# Highlands Foundation kicks off fundraising project for Highlands Center for Autism

PRESTONSBURG — Highlighted by the unveiling of the new Funding Project video, a fundraising "Kick Off" event was held on Tuesday, Nov. 17, by the Highlands Foundation in support of the Highlands Center for Autism.

The event was held at the Mountain Arts Center in Prestonsburg from 5:30 to 7 p.m.

More than 100 guests and officials attended the celebration, fueling high expectations that significant funds will be donated to support the Highlands Center for Autism, which is located on the first floor of a facility adjacent to Highlands Regional Medical Center. It treats children with autism as a private day school, with participants ranging in age from earliest diagnosis through school age.

Those interested in viewing the project video may do so online at highlandsautism.org or highlandsfoundation.com



Pictured from left to right are Debbie Salyer, Response to Intervention Coordinator at Herald Whittaker Middle School; Misty Johnson, Center for Autism; Patsy Nichol, Howard Response to Intervention Coordinator at Salyersville Grade School; Don Cecil, former superintendent; and Jamie Russell, Center for Autism.

## Paul

from Bowling Green and the father of three, Paul says at the end of the day there is one main reason he decided to enter the race to become the newest U.S. senator from Kentucky.

"I tell people the main reason I'm running is a concern for the deficit," he said. "We're spending ourselves into an oblivion."

Talking from the road earlier this week, and just finishing several stops around the state including Hazard, Hindman and Harlan, Paul said he wants to put health care reform on the back burner for his trip to Floyd and Pike counties, focusing on energy, but also

discussing hot button topics for the region such as mountaintop removal. "Another thing I push a lot

■ Continued from p1

"Another thing I push a lot and is part of my philosophy is local control," said Paul. "I believe that if something like mountaintop mining is controversial, the local communities should be deciding this. Ultimately, it should be up to the property owner."

Paul will be at Reno's at about 4:30 p.m. Tuesday and at the Landmark in Pikeville at 6 p.m.

# HOLIDAY OPEN HOUSE

Special Deals • Extended Hours • Holiday Decor Friday, Dec. 4, 'til 7 p.m. Saturday, Dec. 5, 'til 7 p.m. Sunday, Dec. 6, 1 to 5 p.m. 'At participating stores

# DOWNTOWN CHRISTMAS PARADE

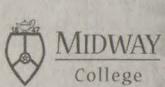
Saturday, Dec. 5, starting at 7 p.m. Come see Santa and the lighting of the downtown Christmas tree

# Midway College Online Works!

Earn your Bachelor Degree Online in Mining Management and Safety

Online-anytime, anywhere
 Accelerated format

Classes begin January 11!



1-800-952-4122 www.midway.edu midwayonlinecollege@midway.edu



opportunity institution

## Miller

Sports History, a company operated by former UK standouts like Kenny Walker and others.

"He would travel around the state selling advertisements for a book compiled by this company," Turner said. "The books were donated to libraries and schools around the state, and the advertising was how the company made money."

Turner said this would have given Miller the chance to pitch the alleged season ticket scam

am. While in court in Floyd County Tuesday, Miller was served with papers on two more of the same charges by Johnson County law enforcement. "They came in while he was being arraigned and served him the papers," Turner said.

That brings the number of counties in which Miller is facing charges of selling bogus tickets to 11 statewide, Turner said.

"The real challenge is going to be trying them all," continued Turner. "We have to coordinate."

Miller was transported to

Floyd County from Laurel County, where he was jailed at the time. His attorney is now in the process of getting Miller to the several courtrooms across the state where he must enter pleas.

Continued from p1

Miller played from the 1986-87 season through the 1989-90 season with the Wildcats and is a holder of the individual game scoring record for Rupp Arena for a game in which he scored 40 points in 1990, Miller's senior season during which he was the leading scorer for the Cats with 19 points a game.

# 0

AUDITOR OF PUBLIC ACCOUNTS

To the People of Kentucky
Honorable Steven L. Beshear, Governor
Jonathan Miller, Secretary
Finance and Administration Cabinet
Honorable Beheat D. Moschell, Flord Co.

Honorable Robert D. Marshall, Floyd County Judge/Executive Honorable John K Blackburn, Floyd County Sheriff Members of the Floyd County Fiscal Court

We have audited the Floyd County Sheriff's Settlement - 2008 Taxes for the period August 21, 2008, through April 15, 2009. This tax settlement is the responsibility of the Floyd County Sheriff. Our responsibility

sibility is to express an opinion on this financial statement based on our audit.

We conducted our audit in accordance with auditing standards generally accepted in the United States of America, the standards applicable to financial audits contained in Government Auditing Standards issued by the Comptroller General of the United States, and the Audit Guide for Sheriff's Tax Settlements issued by the Auditor of Public Accounts, Commonwealth of Kentucky. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statement is free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statement. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

As described in Note 1, the Sheriff's office prepares the financial statement on a prescribed basis of accounting that demonstrates compliance with the modified cash basis and laws of Kentucky, which is a comprehensive basis of accounting other than accounting principles generally accepted in the United States of America.

In our opinion, the accompanying financial statement referred to above presents fairly, in all material respects, the Floyd County Sheriff's taxes charged, credited, and paid for the period August 21, 2008, through April 15, 2009, in conformity with the modified cash basis of accounting.

In accordance with Government Auditing Standards, we have also issued our report dated September 23, 2009, on our consideration of the Sheriff's internal control over financial reporting and on our tests of its compliance with certain provisions of laws, regulations, contracts, and grant agreements and other matters. The purpose of that report is to describe the scope of our testing of internal control over financial reporting and compliance and the results of that testing, and not to provide an opinion on the internal control over financial reporting or on compliance. That report is an integral part of an audit performed in accordance with Government Auditing Standards and should be considered in assessing the results of our audit.

Respectfully submitted,

Cindy James
Or Crit Luallen
Auditor of Public Accounts

September 23, 2009

State law requires the Auditor of Public Accounts to annually audit fiscal courts, county clerks, and sheriffs; and print the results in a newspaper having general circulation in the county. The complete audit and any other audit of state agencies, fiscal courts, county clerks, sheriffs, and property valuation administrators may be viewed in the reports section of the Auditor of Public Accounts' website at <a href="https://www.auditor.ky.gov">www.auditor.ky.gov</a> or upon request by calling 1-800-247-9126.

# Safety

conscious this holiday season and we want to make sure the money we do spend is spent wisely," said LuAnn Epperson, President & CEO Prevent Blindness Kentucky. "We hope that everyone takes just a moment to really think about the gifts they are buying and make sure they are appropriate for a child's age and development level."

Prevent Blindness Kentucky suggests the following:

Make recommendations to family members and friends about gifts that you feel are appropriate for your child.

Inspect all toys as much as possible before taking them out of the box. Once opened, go through each part of the toy to make sure there are no small parts that could be choking hazards or sharp edges.

Avoid toys that shoot or include parts that fly off. BB guns and air guns should not even be considered toys. Flying toys caused 9,600 injuries in 2008.

Gifts of sports equipment should always be accompanied by protective gear (such as a

basketball along with eye goggles, a baseball with a batting helmet with a face shield). In fact, 90 percent of all sportsrelated eye injuries can be prevented by using the appropriate eye protection.

Educate yourself on what products have been recalled. Contact the CPSC at (800) 638-2772 or go to www.cpsc.gov.

Meep toys meant for older children away from younger ones. Closely monitor all activities to make sure smaller children do not have access to toys that are not at their age-appropriate level.

Inspect toys for sturdiness. Your child's toys should be durable, with no sharp edges or points. The toys should also withstand impact. Dispose of plastic wrapping material immediately on toys as they may have sharp edges.

Never give toys with small parts to young children. If a part of a toy can fit inside a toilet paper roll, the toy is considered a choking hazard and is not appropriate for children under the age of 3.

For more information on www.preventblindnessky.org.

safe toys and gifts, please contact

Prevent

Blindness

Kentucky at (502) 254-4973 or

Founded in 1954, Prevent

visit www.preventblind-nessky.org.

Blindness Kentucky is the state's leading volunteer eve health and safety organization dedicated to fighting blindness and saving sight. Focused on promoting a continuum of vision care, Prevent Blindness Kentucky touches the lives of thousands of people each year through public and professional education, advocacy, certified vision screening and training, community and patient service programs and research. These services are made possible through the generous support of the Commonwealth. Together with a network of eye care professionals, educators, healthcare professionals and volunteers, Prevent Blindness Kentucky is committed to eliminating preventable blindness in Kentucky. For more information, or to make a contribution to the sight-saving fund, call 1-800-828-1179 or visit us on the Web at

# The Times ASSIFIEDS work for you!

buy - rent - hire -find

## **Local Rates Include Online**

only \$5.50 for the first three lines, \$1.00 each additional line Bargain Basement - Items under \$100 - 3 lines, half price Yard Sale Ads - 1 Day \$5.00 - 3 days \$12.00 (30 words or less)

"For Sale Special" 3 lines/



# Over 18,000 Readers every issue! 5 Easy ways to place your ad:

1. Call: (606) 886-8506, LeighAnn Williams

2. Fax: (606) 886-3603

3. E-mail: classifieds@floydcountytimes.com

4. Stop by: 263 S. Central Avenue, Prestonsburg 5. Mail: P.O. 390, Prestonsburg, KY 41653

Our hours: 8 a.m.-5 p.m. DEADLINES:

Wednesday's paper @ Mon., noon Friday's paper @ Wed., 5 p.m. Sunday's paper @ Thurs., 5 p.m.

> Visa - MC - Discover Check

## The Best Way To Write An Ad: · Begin with a key word (item for sale, etc.)

Houses For Sale

3 br house for sale, 2 1/2 bath with full basement

new vinyl siding, gutters and windows. Located at

Wilson Creek at Langley Call 285-4723 or 791

Apartments/

Townhouses

· Use descriptive words to identify your items · State your price or terms

· Include a phone number and/or e-mail address

NAME ADDRESS:

PHONE #:

## Write your ad here:

(approximately 18 letters per line)

CREDIT CARD:

## Our CLASSIFIEDS Will WORK For You!!!

200	Announcements				
300	Services				

Financia

600

Agriculture

Miscellaneous

Start an Avon businees. Earn extra money or more money than you though possible. Work from home or sell online. Jency 606-886-

Need a DJ for Christmas, New Years or private parties. Will provide all music & equipment. Will do for \$400. Call 606-377-7798 or 859-421-5449.

For sale: 250 Recon. Like new! \$3,000. Call 226-1028 or 874-0752.

For sale: 2005 Honda 500 S Foreman. \$3,800. 1000 miles. Call 226 1028 or 874-0752.

If you need brick block. stone, fireplaces built or mobile homes under pinned. 2969. Call 606-424-

Want To Buy

Want to buy: 3 br 14x70 or larger mobile home. 1995 model or newer. Must be reasonably priced. Call 606-874-

Automotive

2005 Mitshubishi galant. Extra sharp. Moon roof, V6, 60,000 miles. Asking 1998 S-10 . 4 cyclinder,5 speed. \$2,000. 1999 Ford Tarus. 70,000 miles. \$3,495. 2003 Olds Alero - 80,000 miles. \$3995

2005 Mits Galant. \$7,495 1996 Chevy Suburban.\$2,495 2001 Jeep Cherokee. \$4,200. Ford Windstar.

2000 \$2,895 2000 Geo Tracker Chevy Malibu. \$3,495 1995 Hightop customized van \$2,700

For sale: 5x10 tilt trailer. \$400. Call 874-0752.

Miscellaneous

Located above Unisign on US 23 at Ivel. 2 br, 1 bath. \$400 month plus \$400 deposit. 1 year lease. No pets. Call 606-478-8100

Apartments/ Townhouses

Town house apartment for rent. 2 br, 1 bath, stove, fridge, w/d hook up, city limits at US 23 & Hwy 80. \$550 mth plus utilities with \$350 deposit. No pets. 1yr eposit. No pets. ase. 606-237-4758.

> Efficency apartment for rent. \$125.00 weekly. \$100 deposit. All utilities are paid. Call 886-7918.

3 br, 2 bath house for rent. Located at 385 Riverview lane ( lancer). No pets. Call 886-8991

Fully turnished apt for rent. Ready to occupy, Everything you need, very clean, quite, a.c., good place. Suitable for 2 working people no more. No drugs. Near Prestonsburg J.W. Lake. Out of state workers welcome. Call 606-205-0215 or 886-3941.

Commercial

50 X 90 Building 18 ft tal for rent. Located at Martin. \$475 a month 606-285-3368

Houses For Rent

House for rent in Allen. 3 br, 2 ba with large living room, kitchen & utility. per month with \$500 deposit. No Hud. references required. Call 606-479-1100 606-478-1122 or 791-

Manufactured Housing

Rentals

For rent: new mobile home for rent. Allen. Furr Restrictions apply & references required. Call 377-2357.

3 br , extra nice mobile rent.Refrigerator, washer/dryer. \$550 per month plus utilities and security deposit.Must have references.HUD have references.HUD accepted. No dogs. Call 874-2802.

Sales

2 br mobile home with 3 acres of land for sale. Located at Toller Creek \$25,000. Call 478-3763.

For Sale: 2 lots one with mobile home, both have septic systems. Will sell together or seperate. Located on Stevens Branch @ Cliff. Call 791-3727.



# SEARCH

the Busiest Web Site in the Area.

**NOW OVER 195,851 PAGE VIEWS A MONTH** 

www.floydcountytimes.com



Become a Kentucky organ & tissue donor. Sign the back of your drivers license or place a Donor Dot on it & tell your family of your wishes

> For information contact: or www.trustforlife.org



PUBLIC NOTICE

Notice is hereby given that Dencil Dotson, 49 North Bridge Street, Pikeville, KY 41501, has filed an application with the Natural Resources and Environmental Protection Cabinet to install a mobile home in the floodplain. The site is located approximately 0.50 mile south of KY U.S. 23's intersection with Ky. Rt. 1428, Floyd County. Comments or objections concerning this application should be directed to: Kentucky Division of Water, Water Resources Branch, 14 Reilly Road, Frankfort Office Park, Frankfort. KY 40601. Phone: (502) 564-3410.

## NOTICE TO UNKNOWN DEFENDANT, SPOUSE OF RICHARD BEVINS WARNING ORDER

Notice is hereby given that the undersigned attorney has been appointed to notify the Defendant, UNKNOWN DE-FENDANT, SPOUSE OF RICHARD BEVINS, that a civil action has been filed against her in Floyd Circuit Court, Division II, as C.A. No. 09-CI-00136. Said Defendant must immediately file an Answer in this matter, otherwise, judgment may be entered against her. Said Defendant should contact the undersigned attorney immediately.

Anthony Craig Davis Davis Law Office 104 Hays Complex P.O. Box 220 Betsy Layne, Kentucky 41605 Office: (606) 478-1002



Come grow with us!!

Highlands, a growing premier healthcare facility in Prestonsburg, is currently recruiting for

L.P.N. Positions Nursing - 4th Floor Full-Time

Under the direction of the Medical/Surgical Director, the L.P.N. delivers nursing care for patients according to Kentucky Practice Standards and under supervision of an R.N. Records and reports all observed symptoms, reactions, treatments and change in patient's condition to the R.N. Demonstrates knowledge regarding emergency measure for sudden adverse development in the environment and/or patient. Assists physicians with special tests and procedures. Insures confidentiality of patient information and records.

Graduate from accredited licensed practical/vocational school of nursing. Current licensure in Kentucky. Must be able to stand and walk for long periods and do heavy lifting.

· Nine (9) Paid Holidays · Medical/Dental Insurance

· 401k Retirement Plan · Life Insurance

Interested applicants may apply to the **Human Resources Department Highlands Regional Medical Center** 5000 Kentucky Route 321, Prestonsburg, KY 41653 (606) 886-7531 · Fax (606) 886-7534

E-mail: tclark@hrmc.org Highlands is an equal opportunity employer.



Come grow with us!!

Highlands, a growing premier healthcare facility in Prestonsburg, is currently recruiting for

Unit Shift Supervisors Nursing - 4th Floor **Full-Time** 

Under the direction of the Medical/Surgical Director, the Unit Shift Supervisor has twelve-hour responsibility for the effective implementation of the philosophy, goals, policies, and procedures of the Hospital and the nursing department and their effect on patient care in the depart-

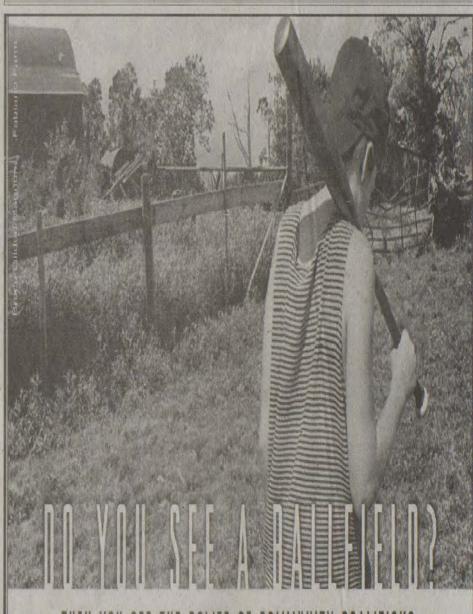
Graduate of accredited RN nursing program and currently licensed in the state of Kentucky. Bachelor's Degree with concentration in nursing preferred. Five years of clinical experience preferred, demonstrated clinical competence in nursing practice. Demonstrates leadership ability and potential managerial competency. Evidence of this includes, but is not limited to, effective communication skills, ability to deal well with people, ability to problem solve, ability to confront/resolve issues, ability to motivate others, ability to plan, organize and direct the activities of others. Knowledge of human resource management; fiscal management skills; customer services skills; and familiarity with regulatory and accrediting agency standards preferred

Nine (9) Paid Holidays · Medical/Dental Insurance

· 401k Retirement Plan · Life Insurance

Interested applicants may apply to the **Human Resources Department Highlands Regional Medical Center** 5000 Kentucky Route 321, Prestonsburg, KY 41653 (606) 886-7531 · Fax (606) 886-7534 E-mail: tclark@hrmc.org

Highlands is an equal opportunity employer.



# THEN YOU SEE THE POWER OF COMMUNITY COALITIONS.

They help community groups organize resources and fight to keep kids away from drugs. Contact a community coalition and find out what your group can do.

> www.helpyourcommunity.org or 1-877-KIDS-313

YOU GET MORE WHEN YOU GET TOGETHER

Office of National Drug Control Policy





# Searching for something?

We can help you find it! We have everything you need — local news, sports, classifieds, ads, stock quotes, financial news, health news, travel tips, and much more!

Check out the community's most popular web site at www.flovdcountvtimes.com



## 4 Out Of 5 Americans Are Unaware That Home Fires Are The Most Common Disaster Threat.

Preparedness is your best defense against deadly fires. Use these checklists to make your home safe and prepare your family.

To prevent fires before they start:

Never leave burning candles unattended

Keep fuel (paper, clothing, bedding) at least three feet away from heat sources

To stay safe from fires:

Create a home fire escape plan

Practice your plan at least twice a year

Install smoke alarms and escape ladders

Replace smoke alarm batteries at least once a year Purchase and learn how to use fire extinguishers safely

Visit www.redcross.org or contact your local American Red Cross chapter today to learn more.

American

## Medical

Medical Group wanted. accepting applications for RN or LPN. Prior office experience with adult and pediatric patients preferred. Call 606-874-0009 or fax resume to 606-874-0011.10-30 shper

## NOTICE OF INTENTION TO MINE1 Pursuant to Application

Number 836-0362 In accordance with the provisions of KRS 350.055 is hereby that Miller Coal, LLC Watergap Prestons: Kentucky 41653 has applied for a permit for a surface coal mining reclamation operation affecting 296.6 acres and will underlie an additional 304.9 acres located 0.8 miles southeast Grethel in Floyd County.

The proposed op eration is approximately 0.15 miles southeast Branch Road junction with KY Route 979, and located in Frasure Branch of Mud

The proposed operation is located on the McDowell U.S.G.S. minute quadrangle The operation will use the contour strip and highwall/auger methods of mining. The surface area is owned by The Elk Horn Coal Com-LLC, Miller pany. Coal, LLC Gwen Jones, Nora Lou Forrest Dean Hall, Denzil and Donna Hall, Charles and Teresa G. Conn, Christopher Mitchell and Janet Hall, Anna Spradlin, Vernon Hall and Randall Dean Hall, Delmer and Oma Frasure, and Dollie Williams, Willis and Joyce Newman Jason & Mariene Bryant, Brenda Vernonia Moore, William J. Hall Heirs, Iva Howell, Johnny and Annetta Hamilton. The operation will underlie surface area owned by The Elk Horn Coal Company, LLC, Miller Bros. Coal, LLC. Shelby & Gwen Jones et.al., Forrest Dean Hall, Denzil and Donna Hall, Charles and Teresa G. Conn, Christopher Mitchell and Janet Anna Spradlin, Vernon and Randall Dean Hall, Delmer and Oma Frasure, Ray Dollie Williams, Willis and Joyce Newman. Jason & Marlene Brenda Bryant, Vernonia Moore, William J. Hall Heirs, Iva Howell and Johnny and Annetta Hamilton.

The application has been filed for public inspection at the Department for Natural Resources, Division of Mine Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, Ken-41653 tucky Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frank-Kentucky 40601. This is the final advertisement of the application All comments, objections or requests for a permit conference must be received within thirty (30) days of today's

now Services applications accepting quard for local posting. Please call 886-7579 or

THE FLOYD COUNTY TIMES

# **Public Notice** Notice is hereby

given that Emma United Methodist Church, of Emma KY 41653 has filed an application with the Natural Resources and Envionmenta Protection Cabinet to relocate a buildng and construct an addition onto the relocated building, at latitude 37d 38' 07.42" N and longitude 82d 42 ections concerning application shall be directed to Kentucky Division of Water, Water Resources Branch Fair Lane, Fourth Floor Frankfort Office Part, Frankfort, KY Phone

(502) 564-3410

GUARANTEED CONSUMER Own a computer for as little as

## CREDIT CARD RELIEF

**Buried in Credit Card** Debit? for your

Financial

Call Credit Card Relief free consultation. 1-

We solve debt problems! you have ove \$12,000 in debt CALL NOW!

Other Services

IMMEDIATE OPENINGS

Sales Personnal Needed!

No Experience Necessary

CHEVROLET · PONTIAC · BUICK · GMC

Looking for upbeat,

highly motivated

individuals!

877-264-8031

## Financial

# DISH NETWORK

1-877-266-0261

Save up to 40% off your cable bill!Call Dish Network today! 1-877-274-2471

DIRECTV For the best TV experience, upgrade from cable to Directy today! Packages start at \$29.99 1-866-541-0834

Guaranteed

1-888-282-3595

Other Services

DEBT SETTLEMENT USA

Apply In Person

No Phone Calls, Please.

# LIFELOCK

Are You Protected? An identity is stolen every 3 seconds. Call Lifelock now to protect your family free for 30-

days! 1-877-481-4882 Promocode: FREEMONTH

Security

ADT Free Home Security System \$850 Value

with purchase of alarm monitoringservices from ADT Security Call 1-888-274-3888

Tax / Accounting

# AMERICAN TAX

RELIEF Settle IRS Taxes For a fraction of what you owe. If you owe over \$15,000 in back taxes call now for a free consultation. 1-877-258-5142

## Free Home Security System \$850 Value

with purchase of alarm monitoringservices from ADT Security Services. Call 1-888-274-3888

## **DISH NETWORK**

Save up to 40% off your cable bill!Call Dish Network today! 1-877-274-2471



When you place your ads with us you get the best of both worlds - local print circulation and Internet distribution on the area's most-visited Web site!

Call us at 606-886-8506 Or visit us at www.floydcountytimes.com



James Watkins and

Mike Watkins

50 years combined experience

New houses, remodeling,

drywall, sheetrock, roofing,

shingles, and metal roofing.

All finish work,

concrete, decks, vinyl siding.

Call today

886-3052 or 263-4237

(Please leave message)

John Hicks

PAINTING

Phone:

606-226-4009

606-789-1311

## Remodeling

**BEST VALUE** 

Add-on's, Roofs, Decks, and Sheetrock ANYTHING THAT **NEEDS DONE** 

25 years Experience. CALL ANYTIME 791-2656

# e & L

Residential & Commercial **Electrical Services** Home Improvements and Repairs

> LICENSED and INSURED Free Estimates • Reliable Call JOHN LEWIS, today Ph: (606) 886-2785





Residential · Commercial Installation & Maintenance

FIREWOOD

FOR SALE

Will Deliver

Call

874-9996

The Hayloft

**FEED STORE** and

TANNING SALON

2051 Ky. Rt. 40 West, Staffordsville, KY

606-297-1878

Super Tanning Beds

We Carry All Kinds of Live-

stock Feed

Accepting MasterCard & Visa.

· Free Estimates · James Warrix (Licensed)



# **Electrical Contracting**

40-ft. Bucket Truck and Bobcat for Hire

Pager: (606) 482-0229



Drive-thru Available Located across from Minnie Ballpark Kristy Moore/Valerie Akers (606) 377-2117

# **NEW 2010 GMC ACADIA FWD**



• DVD • Power Liftgate • Power Seat

MSRP \$38,190

# NEW 2009 GMC SIERRA 4X4 EXT CAB



Auto
 V8
 Remote Keyless Entry
 XM

MSRP \$32.840

As Low \$ 25 84 0

# NEW 2010 GMC CANYON CREW CAB



"Not A Misprint"

# VENTERS NISSAN

**New 2010 Nissan Sentra** 

S750 Rebate - AND -1.9% APR\* For 60 Months

Model 12010 & 12110

THE FLOYD COUNTY TIMES



**New 2010 Nissan Murano** 

\$750 Rebate - AND -2.9% APR\* For 60 Months



**New 2010 Nissan Rogue** 

\$750 Rebate - AND -3.9% APR\* For 60 Months



**New 2010 Nissan Titan** 

\$4,000 Rebate - OR -0.9% APR\* For 60 Months



**New 2009 Nissan Versa** 

· Auto · 6 CD Remote Keyless Entry



**New 2009 Nissan Pathfinder** 

· Auto · CD Remote Keyless Entry



Price inclues rebate. Tax, and License Extra. Financing through NMAC with approved credit. Photos for illustration only. All MPG estimates are EPA highway.

**09 GMC YUKON** 

DVD, Sunroof, 16K Miles

07 VOLKSWAGEN NEW BEETLE Convertible, 30K Miles

**07 NISSAN MURANO** AWD, Factory Warranty

4x4, Local Trade **08 HYUNDAI ELANTRA** 

**02 CHEVY TAHOE Z71** 

Auto, Sunroof **03 TOYOTA RAV4** 

Auto, 4x4 **09 PONTIAC G8** 

GT, V8, Sunroof

\$38,9

**08 CHEVY MALIBU LT** 

Local Trade 21K Miles **07 CHEVY SILVERADO** 

**08 GMC SIERRA** Crew Cab, 4x4

V8, 22K Miles

08 FORD F150 Ext Cab, 15K Miles

**07 NISSAN XTERRA** Auto, 22K Miles

**06 ACURA TSX** Sunroof, Leather

> **08 JEEP COMMANDER** 44, 13K Miles

16,980

16,98

18,875

**07 TOYOTA SEQUOIA** 4x4, Limited

**01 TOYOTA AVALON** Leather, Sunroof

**09 PONTIAC TORRENT** AWD

01 CHEVY BLAZER LT, 4x4

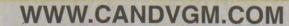
**06 CHEVY IMPALA** Auto, V6

**02 FORD RANGER** X-Cab, 4x4









5.5 Miles North of Pikeville on U.S. 23



606-437-4005

FLOYD COUNTY



# Faith and Family



# Kim's Korner: To finally surrender is to finally win

by KIM LITTLE FRASURE

Have you had one of those days or weeks where you have felt totally powerless? Portions of "A Word for Today," a daily devotional email, are shared below. May you enjoy be enlightened and most

of all receive all that God has in store.

Maybe there's a situation that's taking place in your life with your spouse, your child, your job, your finances or maybe it's just you that you just can't hurdle, heartache, illness or grasp hold of

enough faith to keep your head held high with a smile on your

Maybe you feel like the world is at arm's reach, but just as you get ready to stick your hand out there and grab hold, BAM! — another wall erupts out of nowhere and there's fiery darts shooting at you and sticking so sharp in your body your mind is in a whirlwind of what to do, where to turn or how is it going to end, or will it ever

In the Book of Joshua in the Bible. In fact, there's a wonderful blueprint for winning life's unwinnable battles in the account of Joshua's most powerless moment. It's recorded in Joshua 5, beginning with verse 13, Joshua is leading the Jews into the Promised Land that God has said He would give to them. But immediately, they come upon this massive, seemingly (incapable of conquering toward the sky. It's the world's oldest city, Jericho. There's no way Joshua's going to break those walls with anything he knows how to do.

You may be facing one of those "Jerichos" in your life

right now, where the size of the challenge is far greater than any resources you have. So this one's for you and for me. Joshua 5 says, "When Joshua was near Jericho, he looked up and he saw a man standing in front of him with a seem to get over the. Kim Little Frasure drawn sword. Joshua went up to him and

asked, "Are you for us or for our enemies?

"Neither," he replied, "but as commander of the army of the Lord I have now come."

Then Joshua fell face down to the ground in reverence, and asked him, "What message does my Lord have for His ser-

Here's Joshua, a man who has never lost a battle, going face down on the ground in the most powerless position a man can be in. Joshua had never surrendered to anyone. But before standing Commander of the Army of the Lord, he falls down in total surrender. Some Bible scholars believe this "Commander" is the Son of God making one of His pre-Bethlehem appearances in the Old Testament. Face down before Jesus.

Could that be where He wants you and me right now? Maybe that's the only way we're ever going to conquer peace. When Joshua surrendered, God gave him the miracle plan that pulverized the walls of Jericho.

The issue never was the conquest of Jericho; it was the conquest of Joshua. The issue in your life really isn't the conquest of your impossible challenge; it's the conquest of you. It sometimes takes a Jericho to level some of us Joshuas.

It could be that you've given Jesus everything: your talent, or have you?

Your time, or have you? Your money, or have you? Your service; or have you? Maybe you have given everything but one thing, and that is, control. Is it still, "My way, my will, my agenda, my

plans, my timing.' God has you here for a reason. You are not where you are by coincidence, no matter what you think. And He has gifted you with a position you are supposed to play with -

no exceptions. Just like a good coach positions each player on a football team. If you can kick like nobody's business but can't run worth a plug nickel, then the coach isn't going to have you running umpteen yards for a touchdown. These young boys surrender to the knowledge of their coaches to put them in the best possible position on the team to take them places they've only dreamed, to make them most valuable

God is our Head Coach, and He has placed each player just exactly where He wants them on His team, playing the our Jericho; the only way positions He created for each

ing) city; the walls are loom- we're ever going to have of us, the positions He gifted us for. And you are one of those team members. God has gifted you! He's prepared you, He's destined you, assigned you to play the position He knows is best for you and for His Church and this hurting and dying world.

Maybe it's time we stop trying to get Him to play us somewhere else. Maybe it's time we fall face down like Joshua and surrender our all to Jesus and do what He has called us to do.

If there's someone or something that you're still holding tightly in your hands, afraid or unwilling to surrender control of, afraid to do what God has called or placed you in the position to do, then consequently, your Jerichos will remain standing.

It is an insult to our Lord and Savior Jesus Christ to covet or want a position someone else has, or to compare ourselves to another player on His team, or belittle ourselves and our position as being less important than others, or to tell Him we can't play that position, or sit on the sidelines or leave the game because we don't like our position. To do so is depriving Jesus of a contribution that He has gifted us with, and keeping ourselves from making a contribution that only we can make.

Ephesians 2:10 says, "We are God's workmanship created in Christ Jesus for good works He prepared in advance for us to do.'

God produces spiritual champions today just like He produced Joshua and placed him in a position to conquer if only he would surrender.

The most powerful position in the world is powerlessness. The secret of peace and the release of God's power into our situations is total surrender. At that point, He will commit all His forces to the battles in front of us. To finally surrender is to finally win.

> Won't you surrender today? 'Til next week, God bless!

In More Than Loving Memory of Our Son **Stephen Lawrence Patton** 

March 3, 1994 - November 28, 2007



Tomorrow will be two years since you left us. Our days, evenings and nights are endless without you. There are no words that can say how much we miss you, and how much we love you.

Dad, Mom, and all your family

## People know Pueblo for its ...



In Pueblo, the free government information is also hot. Dip into the Consumer Information Center web site, www.pueblo.gsa.gov. Or call toll-free 1-888-8 PUEBLO to order the Catalog. Sorry, salsa not available through our web site or Catalog. U.S. General Services Administration



# Conserve Center

You Need Two Things

for a successful

meeting:

1. Good Planning

2. A Great Location

May we assist you in

your planning, also?

Eastern Kentucky's Finest Resort Hotel for over 26 years



Accommodations — Features — Amenities

- Presidential &
- Atrium Balcony Guest Rooms
- - 7 HBO Channels

- In-House Guest Laundry

- Seven Fully-equipped

- Upgrading every year!

EMPLOYMENT OPPORTUNITIES ARE ALWAYS AVAILABLE

It's Never Too Early To Bool Your Christmas Function!

**Now Booking** 

26 Years Providing Accommodations, Food & Beverages

Weddings, Receptions, Company, School and Church Functions. Family and Class Reunions, Business Meetings, Birthday and Pool Parties, & more

ill today for best dates!

I'm dreaming of a Ramada Wedding

Ramada can make your dream come true



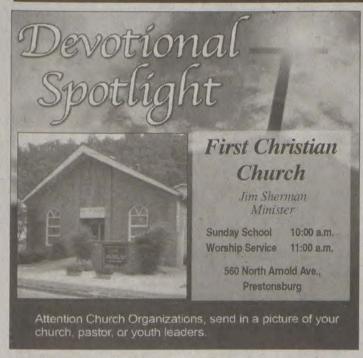


For information or reservations: 800.951.4242 or 606.789.4242

www.ramadapaintsville.com

# Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.



### ASSEMBLY OF GOD

First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister,

In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.

New Bethel Assembly of God, Burning Fork Rd., Salversville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith,

Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

### BAPTIST

Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.

Auxier Freewil Baptist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 pm.; Thursday, 7 p.m.; Bobby Spencer, Pastor.

Ball Branch Regular Baptist Church, Mousey Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor. Contact Kermit Newsome 606-377-6881 for more informa-

Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.

Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.

Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m.; Vera Joiner, 886-3863, ext. 67267.

Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.;

Wednesday, 7 p.m.; Jimmy D. Brown, Minister. Brandy Keg Freewill Baptist, Corn Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.

Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.

Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6

p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister. Cow Creek Freewill Baptist, Cow Creek; Sunday School,

10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathon Lafferty, Minister. Daniels Creek Baptist Fellowship Church of God,

Banner. Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.

Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister.

Endicott Freewill Baptist, Buffalo; Sun. School, 10 a.m.; Church every Sun. Morning 11:00 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; First Sat.

# East Kentucky Metal **Roofing & Siding Supplies**

East KY Metal

(Next door to East KY Roof Truss Co.) 3095 S. Lake Drive • Prestonsburg, KY 41653 Phone: (606) 889-9609 or (606) 886-9563

**WE'RE GETTING THINGS DONE** 

## Inez Deposit Bank



Main Street, Inez, Ky. • 298-3511 Member FDIC





CATHOLIC HEALTH Phone: (606) 285-6400 INITIATIVES® Fax: (606) 285-6409

Saint Joseph Martin

evening Service, All Welcome 7 p.m Pastor Mark Hunt, 606-478-2698

Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wireman.

Faith Freewill Baptist, 1/4 mile above Worldwide Eqpt. on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Elder Donnie Patrick, Minister.

First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.

First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

First Baptist, Prestonsburg, 157 South Front Street; Sunday School; 9:45 a.m.; Worship Service, 11 a.m.

and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minis-

Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7: p.m.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Grethel Baptist, State Rt. 3379, (Branham's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Crace, pastor; Assist. Larry Patton. Phone 358-

Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.

Jacks Creek Baptist, Bevinsville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trusty.

Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor.

Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.

Lancer Baptist Church; 71 Cooley St., Prestonsburg, Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m., Evening Woship, 6:00 p.m., Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter Left Beaver Regular Baptist Church across from Garth

School; 4th Saturday & Sunday 10:00 am, Odd Saturday 6:00 pm.; Gary Compton, Pastor. Liberty Baptist, Denver; Sunday Service, 10 a.m.;

Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.

Ligon Community Freewill Baptist, Ligon Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m. Little Rosa Regular Baptist Church of Jesus Christ,

(Indian Bottom Association) Services: 1st Saturday & Sunday of every month 9:30 a.m., 3rd Sunday 9:30 a.m., Odd Sunday 9:30 a.m.

Martin Branch Freewill Baptist, Estill; Sunday Service. 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.

Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister

Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.

McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.

Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7

p.m.; William L. Hunt, Minister. Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg;

Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home phone 285-3385

Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.

Prater Creek Baptist, Banner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Rock Fork Freewill Baptist; Garrett Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.;

Wendell Crager, Minister. Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Crace Jr., Assistant

Salt Lick United Baptist, Salt Lick, Hueysville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123.

Sammy Clark Branch Freewill Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.;

Wednesday, 6:30 p.m. Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.

The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Phillip Ramey, Pastor.

Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister. Tom Moore Memorial Freewill Baptist; Cliff Road;

Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister. Trimble Chapel Freewill Baptist; Intersection of U.S. 23

and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m., Youth Services 7 p.m.; Everyone Welcome.

United Community Baptist, Hwy. 7, Hueysville; Worship Service, 2 p.m.; Friday, 7 p.m.; Carlos Beverly, Minister. Wheelwright Freewill Baptist, Wheelwright Junction;

Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferrari, Minister.

CATHOLIC

St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday.; Father Robert Damron, pastor.

## CHRISTIAN

First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister. Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m; Sherm Williams, Minister.

### CHURCH OF CHRIST

Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.

Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers. Harold Church of Christ, Harold; Sunday School, 10 a.m.;

Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister. Highland Church of Christ, Rt. 23, Hager Hill; Sunday

School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.;

Chester Varney, Minister. Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday,

6:30 p.m.; Lonie Meade, Minister. Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday,

Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m. Gary Mitchell, Minister

Maytown Church of Christ, 66 Turkey Creek Rd., Langley. Sunday Bible Study 10:00 a.m., Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible

Study 6:00 p.m. Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Weeksbury Church of Christ; Sunday School, 10 a.mm.; Worship Service, 10:45 a.m. and 6 p.m. John Burke, Minister.

### CHURCH OF GOD

Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.

Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum,

First Church of God; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.

Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Family Training Hour - Thursday 7 p.m., Bill B. Tussey. Jr, Pastor Landmark Church of God, Goble Roberts Addition;

Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister. Little Paint First Church of God, 671 Little Paint Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11

The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

a.m. and 6 p.m.; Wednesday, 7 p..; Charles Heater Jr.,

## **EPISCOPAL**

St. James Episcopal; Coffee Hour 10:00 AM; Morning Service 11:00 a.m. Rector. 886-8046.

## LUTHERAN

Our Savior Lutheran, Sipp Bayes Room Carriage House Motel, Paintsville; Sunday Service; 11 a.m.; WKLW (600 am) 12:05 p.m.; Rolland Bentrup, Minister.

## **METHODIST**

Auxier United Methodist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Mearl Music,

Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.

Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.

Community United Methodist, 147 Burke Avenue (off University Drive and Neeley St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.;

Glen "Sandy" Douglass, Rev. Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.

Emma United Methodist, Emma; Sunday School 10 a.m., Sunday Worship Service 11 a.m.; Pastor David Profitt.

First United Methodist, 256 South Arnold Avenue; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev Jim Adams, Pastor.

Horn Chapel Methodist, Auxier Road, Auxier; Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Midweek Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Judy Carr-

Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.

Salisbury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.

Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.

Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.;

Wednesday, 7 p.m.; Bobby Isaac, Minister. Vogle Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.;

Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor. Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.

Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister. Free Pentecostal Church of God, Weeksbury; Sunday

School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John "Jay" Patton, Minister. Free Pentecostal Deliverance, Ext. 46 off Mt., Parkway at

Campton; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Crider, Minister. Free Pentecostal Holiness, Rt. 122, Upper Burton;

Sunday School, 11 a.m.; Worship Service, 6 p.m; Friday, 7 p.m.; Louis Sanlan, Minister; David Pike, Associate

Goodloe Pentecostal, Rt. 850, David; Worship Service, 6

p.m.; Malcom Slone, Minister. Parkway First Calvary Pentecostal, Floyd and Magoffin County Line; ; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister. 297-6262.

Trinity Chapel Pentecostal Holiness, Main St., Martin; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd. Sat., 7 p.m.; Thurs., 7 p.m.; Elllis J. Stevens, Minister.

Free Pentecostal Church, Dwale; Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

### PRESBYTERIAN

Drift Presbyterian, Route 1101, Drift; Worship Service, 11 a.m.

First Presbyterian, North Lake Drive; Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev. Vicki Poole, pas-

### SEVENTH DAY ADVENTIST

Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3459, leave message. Everyone welcome!

### THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

The Church of Jesus Christ of Latter-Day Saints; Sacrament Mtg., 10:00 a.m.; Sunday School, 11:20 a.m.; Society/Preisthood/Primary, 12:00 Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Richard Salisbury, Bishop.

### OTHER

Pastor Atha Johnson welcomes everyone to attend services at the CHURCH of GOD of PROPHECY TRAM KENTUCKY. Sunday school 10 a.m., Worship service 11

Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30

Grace Fellowship Prestonsburg, (next to old flea market), Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.

Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister

Faith Revelation, Harkins Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship service, 11 a.m. and 6 p.m.; Thurs. 7 p.m. Randy Hagans, Minister. 886-9460. Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship

Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed, 7 p.m..Carl & Missy Woods, Pastors. Faith Worship Center, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude

Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 pm.; Lavonne Lafferty, Minister.

Frye, Minister.

Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.

Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor: Curt Howard.

Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m., Saturday/Sunday. Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday,

7 p.m.; John W. Patton, Minister. Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-

first Sunday in each month.; Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.

The Father House, Big Branch, Abbott Creek; Sunday

Town Branch Church; Sunday School 10 a.m except for

School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister. The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening,

7:00; Wednesday, 7:00; Pastors, Paul and Ramona Aiken. Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Thursday, 7 p.m. Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30

p.m. Prayer Line: 358-2464; Darlene W. Arnette, Pastor Taylor Chapel Community Church, formerly the old Price Food Service building, located 1 quarter mile above Worldwide Equipment, Rt. 1428. Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30

p.m. Kenny Vanderpool, Pastor. International Pentecostal Holiness Church, 10974 N.

Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor. Rising Son Ministries, 114 Rising Son Lane, Prestonsburg, Ky 41653.; Sunday, 11:00 a.m.; Wednesday, 6:30 p.m. Pastor: D.P. Curry,

Church of God of Prophecy, Sunday School 10 a.m., Worship Service 11 a.m., Sunday Night - 6 p.m., Wednesday Night - 6 p.m. Pastor Glenn Hayes. West Prestonsburg.

House of Refuge, Rock Fork: Sunday Evening Worship 6 pm, Monday Bible Study 7:30 pm, Wednesday Prayer Meeting 7:30 pm, Bill B. Tussey, Pastor

Seventh-Day Adventist 5 miles West on Mt. Parkway. Sabbath School 9:30 am; Church Services 11 AM; Pastor, John Baker 358-9263. Church 606-886-3459. Leave mesage. Everyone Welcome.

# MedZone Pharmacy

- Locally Owned & Operated -Pharmacists: Cheryl Little & Sam Waddle

Located past HRMC on Left. Convenient Drive-thru Service.

889-9003 Open: Mon. - Fri., 9 am - 5:30 pm • Sat., 9 am - 1 pm

# HINDMAN PROMART HOME CENTER

Highway 160 E. 1 (800) 511-1695



886-8511

5000 Ky Hwy. 321 Prestonsburg, Kentucky 41653 Community Owned/Not For Profit Member AHA and KHA Accredited by JCAHO Physician Referral 886-7586

Phone: (606) 886-8506 Fax: (606) 886-3603 Members. Kennicky Press Association National Newspaper Association FLOYD COUNT

www.floydcountytimes.com

"The BEST source for local and regional society news"

Email: fctfeatures@floydcountytimes.com

## MOVIES FROM THE BLACK LAGOON

# Big Guns'

by TOM DOTY TIMES COLUMNIST

"The Godfather" meets "Death Wish" in this well crafted "Spaghetti Gangster" effort that benefits from excellent location photography and several high octane car chases.

The film begins, oddly enough, at a birthday party for a young boy, Carlo. The celebration



Tom Doty

a small one, but the boy's father, Tony, has spared no expense and hired a bartender for the occasion. Tony is a busy guy and has to

appears to be

dash from **Times Columnist** the bash for business. There are no hints at this point as to what he does for a living,

though he does sport enough hair oil to float OPEC during an energy He climbs into his car and drives for hours (through scenic

Milan) before disembarking at a spa. He proceeds to a private room where he guns down a mafia chieftain, as well as a cabana boy who pays the ultimate price for failing to knock.

The next time we see Tony, he is sitting down with his boss, Nick. He announces that he is retiring from the life and wants to go legit while his son is still

(See LAGOON, page three)

# This Town, hat World

Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request.

Ever been over a barrel? Take it from an old, experienced bender-over, it isn't pleasant. As we all shall presently learn, now that we're all over an oil; barrel.

000

If preachers made book, I suppose they would be at it right now, taking odds on which of their flock would be the first to turn in the excuse that he (or she) got caught by this Sunday gasoline sale ban and forgot to gas up on Saturday night. (That's probably the only excuse I never used.)

000

I can't imagine anybody more thankful than I was on Thanksgiving, but I shall not use this space to discuss the matter.

AN OLD ENERGY CRISIS

This energy crisis thing takes us back to the days when the only energy known was what most of us lacked, especially when the sun bore down, or what could be coaxed out of a balky mule. Those were good, 'ol days, about which we just might be learning more about, first-hand, before long.

Comes to mind the experience, one fellow of unprepossessing mien had with his energy producer-to wit, a mule named Jim. This critter had what you might call a habit of running away with

(See ALLEN, page two)

# Pikeville Medical Center to host annual lighting ceremony

Center (PMC) will host its annual Ceremony Monday, November 30. The ceremony will begin immediately following the Pikeville City Christmas Parade which begins at 6 p.m.

An event for the entire family, Santa and Mrs. Claus will make a special appearance in the Christmas sleigh, and all high school bands from the Pike County and Pikeville parade around the hospital's main campus prior to the ceremony. The

the true Christmas story from Luke 2 by PMC President and Chief Executive Officer Walter E. May and special singing by an 85-member choir, which commemorates Pikeville Medical Center's 85th anniversary.

The hospital will glow with more than 350,000 exterior lights including the trademark Peace on Earth which adorns the May Tower each year.

This is such a wonderful event Independent school districts will that has evolved over the years into the official kickoff of the holiday season across the region," said Juanita busy holiday schedule. A tradition for

resources at Pikeville Medical Center. "We want to invite everyone to come out and celebrate the holidays with Pikeville Medical Center."

Children attending the event will have the opportunity to take advantage of free face painting and refreshments. Santa and Mrs. Claus will also be handing out a free gift to children. Parents are encouraged to bring their own camera for photos.

The hospital's lighting ceremony is the official start of the hospital's

PIKEVILLE - Pikeville Medical event will also feature the reading of Deskins, vice president of human many families across the region, Pikeville Medical Center will present its Live Nativity from December 14-18. The Live Nativity opening ceremony will be held from 5 p.m. to 7 p.m. on Dec. 14 in the front parking lot and will be open for public viewing from 11 a.m. to 1 p.m. and 5 p.m. to 7 p.m. on Dec. 15-17. It will also be open from 4 p.m. to 6 p.m. on Dec.

> For more information on holiday events, please call PMC's Public Relations department at (606) 218-



Serenade will be headlining the Christmas concert on the Prestonsburg campus of Big Sandy Community and Technical College on Dec. 4. Pictured from left to right are Rhonda Alley, of Inez, Kara Mills, of Inez, Rachael Hayes, of Martin, Mona Dingus, of Hardy, Denise Boyd, of Allen, Kendra Hall, of Allen, Robin Varney, of Martin, Nicole Pennington, of Pikeville, Paige Newsom of, Pikeville, Ashley Fleming of Elkhorn City, Rebecca Tackett, of Prestonsburg, and Director Laura Ford Hall, of Pikeville.

# SOUNDS OF THE SEASON

# **BSCTC** to present Christmas concert Dec. 4

by JARRID DEATON FEATURES WRITER

The music department at Big Sandy Community and Technical College hopes to spread holiday cheer for the whole family with "An Evening of Christmas: A Concert for the Season" on Dec. 4 in the

Gearheart Auditorium. "Bringing together some of the ble comprised of BSCTC students,

directors of the show present an entertaining experience with comedy, classic Christmas songs, and the true reason for the season," said Beverly Sanders, a fan of the Christmas concerts put on by the college. "It is something your family won't want to

Serenade, a female vocal ensem-

most beautiful voices of the area, the high school students and community

members will headline the concert. "Serenade performs for college, community and church events," said Laura Ford Hall, director. "The group is becoming more well-known around the eastern Kentucky area."

InHarmony, the college's all female community chorus with 40 members, will also be performing at at 7 p.m. the event.

Appearances will also be made by members of The Big Sandy Singers and Frosty the Snowman. The performance is produced and directed by Laura Ford Hall, with technical director Timothy Cooley, accompanist Alicia Hughes and Clayton Case, assistant director.

The concert is scheduled to begin

**DINNER DIVA** 

# You gotta cook



bottoms, Richard Nixon and Charlie's Angels reigned supreme. And even though Helen Reddy was singing, "I am Woman, Hear Me Roar", most homemakers of that time weren't exactly burning their bras...they were figuring out the art of juggling a home and a career and were more interested in not burning din-

You could say I was one of the original latchkey kids from that era. My mom worked fulltime most of my childhood, except when we were really young. She was organized and disciplined. In her

I grew up in the 70's where wide bell words, she ran a "tight ship". Dinner was never a question mark. My dad, brother, sister and I were never left to our own devices to figure out what to root around in the kitchen for dinner; there was a plan and we stuck to it. As I got older, I was expected to start dinner before my mom

My sister and I took dance lessons, piano and my brother played baseball. Later on, I had cheerleading practice to add to the busyness. But the question of what was for dinner never went unanswered. The answer was posted on the refrigerator in the form of menu. Why? My mother planned our meals.

Hectic and busy is here to stay in today's economy. The standard is a two working outside of the home parents. The norm is lessons, sports and crazy schedules for everyone. Having dinner be the dreaded question each day doesn't make a lick of sense. The answer of course, is a plan; a menu like my mother posted on our refrigerator week after week.

I need to go back to Memory Lane here for just a minute. Even though my mother worked fulltime, I still learned to

(See DIVA, page two)

# inside lifestyles

**CAR TALK** Locking lug nuts are trouble

- page B5



Worship Directory	B2
Horoscope	B4
Rental Central	B5
Classifieds	A6

**Fun & Games** 





Martha A. Simpson, D.O., M.B.A. Associate Professor of Family Medicine

In the shower I found a hump in my air pit. It didn't hurt, but I went to the doctor to have it looked at. He said it was a swollen lymph node and gave me an antibiotic. After ten days on the antibiotic, the lymph node didn't change. Now my doctor wants me to have a biopsy. He said it might be a lymphoma. Could you tell me about lymphoma? I am an otherwise healthy 31-year-old guy.

Lymphoma is a cancer of white blood cells called lymhocytes that fight infection in the body. Lymphoma begins with

the uncontrolled overproduction of lymphocytes. Abnormal lymphocytes accumulate in lymph nodes, causing them to swell. Painless, enlarged lymph nodes, like the one you described are, in fact, potentially a sign of lymphoma.

There are two types of lymphoma. Hodgkin's lymphoma (HL) and non-Hodgkin's lymphoma (NHL). NHL is far more common than HL, by about seven to one. In the US, NHL is the most common blood cancer.

During your biopsy, your doctor will first determine whether lym-

# Lymphoma a serious, amily OHIO Dut treatable, cancer

phoma is the problem. If you do have determine the extent of the disease at reveal whether it is HL or NHL. There are subtypes of both of these lymphomas as well, and knowing the precise kind of lymphoma is important in determining the right treat-

The exact cause of lymphoma is. not known, but there seems to be a genetic predisposition to the disease. Exposure to carcinogens can increase your risk of developing lymphoma. In addition, infections such as HIV or Epstein-Barr have been associated with the disease. Aside from swollen lymph nodes, the symptoms of lymphoma can be very vague, such as fatigue, fever and night sweats.

Once lymphoma has been diagnosed and the type determined, it is staged. Staging is the term used to

lymphoma, the biopsy will also diagnosis. The stage of the disease determines the type of treatment. Staging can often be done based on the results of a CT scan or MRI, but sometimes additional biopsies are

> Treatment for lymphoma usually includes chemotherapy and radiation, either alone or in combination, with the goal being remission of the dis-

> If your swollen lymph node turns out to be lymphoma, at 31, you can be sure that age is on your side. Typically, the younger a patient is, the better the outcome. Other factors influencing treatment and recovery include the type the lymphoma, the stage of the disease at diagnosis and the overall health of the person. Some forms of lymphoma, such as small

lymphocytic lymphoma, are very mild, allowing long life with no treatment. Others, such as Burkitt's lymphoma, are very aggressive, causing rapid deterioration of health.

Even the most aggressive lymphomas tend to respond well to treatment and can be cured, especially if found early. In your case, you did exactly the right thing in contacting your family physician as soon as younoticed a problem.

Family Medicine(r) is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicinenews.org.

# Salome's Stars Weekly Horoscope

in holiday travel plans might be more vexing than you'd expected. But try to take it in stride. Also, it couldn't hurt to use that Aries charm to coax out some helpful cooperation.

TAURUS (April 20 to May 20) Your Bovine determination helps you deal with an unforeseen complication. And, as usual, you prove that when it comes to a challenge, you have what it takes to take it on.

GEMINI (May 21 to June 20) Although a romantic theme dominates much of the week, all those warm and fuzzy feelings don't interfere with the more pragmatic matters you need to

CANCER (June 21 to July 22) Best not to ignore those doubts about an upcoming decision. Instead, recheck the facts you were given to make sure nothing important was left out. A weekend surprise awaits you.

**LEO** (July 23 to August 22) No time for a catnap -- yet. You might still have to straighten out one or two factors so that you can finally assure yourself of the truth about a troubling workplace situation. Stay with it.

VIRGO (August 23 September 22) News from an old friend could lead to an unexpected



ARIES (March 21 to April 19) That change (but nonetheless welcome) reunion with someone who had once been very special in your life. Be open to the possibilities.

LIBRA (September 23 to October 22) It might be time for a family council. The sooner those problems are resolved, the sooner you can move ahead with your holiday preparations. Don't let the opportunity pass you by.

SCORPIO (October 23, to November 21) Take some time out to give more attention to a personal relationship that seems to be suffering from a sense of emotional neglect. Provide that much-needed reassurance.

SAGITTARIUS (November 22 to December 21) Cheer up. That unusual circumstance that might faze most people can be handled pretty well by the savvy Sagittarian. Look at it as an opportunity rather than an obstacle.

CAPRICORN (December 22 to January 19) Someone you believe has hurt you in the past might now need your help. Reaching out could be difficult. But the generous Goat will be able to do the right thing, as always.

AQUARIUS (January 20 to February 18) Prioritizing is an important part of your pre-holiday scheduling. Try to give time both to your workday responsibilities and those personal matters you might have neglected.

PISCES (February 19 to March 20) With the vestiges of your anger about that painful incident fading, you can now focus all your energy on the more positive aspects of your life, including that personal situation.

BORN THIS WEEK: You have a way of bringing your own strong sense of reassurance from the bottom of the kneecap to others and encouraging them to hope.

man is working lower health care costs, global prevent and reduce nation's our dependence on foreign YOU KILL HIM?

Cycling is one the best ways to improve your health, protect the environment and reduce consumption of foreign oil. But even if you don't ride a bike, you can help do your part by watching for cyclists on the road and driving with care. In Kentucky, bicycles have the same rights to use roads and highways as cars and trucks. But keep in mind that cyclists are at greater risk of injury or death in the event of a wreck. That is why it is important to use caution and courtesy when you encounter a bicycle. Pass them only when it is clear, give them a few extra feet when passing, and never do anything to startle a cyclist, such as blowing your horn, passing too close or yelling at them.

Save a life. Share the road.

# GOOD HEALTH

# Basketball season is here; so is jumper's knee

DEAR DR. DONOHUE: I play basketball - a lot. My right knee has started to hurt. It hurts the most when I start to play, and then it eases off. My coach and dad say it is jumper's knee. My coach says to play through it. My dad says I should rest it. What do you say? -- B.J.

ANSWER: Give me a break. What do you think I'm going to say? I side with your

At the start of every basketball season, I get many letters asking about jumper's knee. It's a common malady of that sport, but it affects players in many other sports, like volleyball. The forces on the knees and the knee tendons when a jumper lands on the ground can be greater than nine times body weight. That's a great deal of

Jumper's knee is an inflammation of the tendon that runs to the top of the lower leg bone. The inflammation comes from too much use with too little rest. It gradually builds up over two to three weeks before a player starts to complain. Early on, the knee hurts the most when a player starts to move around and gradually

lessens as he or she continues to play. If you don't let the inflammation quiet down, the pain will worsen and last longer. At its worst, it is present even when you're sitting.

If you press on the area beneath the kneecap, you'll find it is tender if you have jumper's knee. A week or two of rest is all that's needed in the early phases. Combining rest with Aleve, Advil or Motrin can speed the healing.

When you get back to playing, apply heat to the knee for 10 or 15 minutes before you start. After you play, ice it for the same amount of time.

I respect both your dad's and your coach's diagnostic abilities, but, if things don't turn around shortly, I'd have a doctor examine your knee. Too many other things cause simi-

000

your body? Does it go through the digestive system? Does it pass through your gallbladder, liver or kidneys? I recently lost quite a bit of weight through hard work. I have had two attacks of digestive distress since I began to lose the weight and wonder if they were gall." bladder attacks. My husband says the fat fairy puts weight on and takes it off. I was look ing for a more scientific explanation. -- M.B.

ANSWER: Fat is a fuel, just like the gasoline in your car's gas tank. When we need energy to power physical movement, much of the energy for it comes from fat. Carbon diox ide is one byproduct of fat: energy burning, and we exhale that. Other byproducts leave in the urine. We also burn stored fat when we reduce our calorie

Rapid weight loss can lead to gallstones and gallbladder attacks. How quickly did you lose the weight?

I like your husband's explanation. It's poetic and mystical.

000

Dr. Donohue regrets that he DEAR DR. DONOHUE: is unable to answer individual When you are obese and then letters, but he will incorporate lose weight, how does fat leave them in his column whenever possible. Readers may write him or request an order form of 'available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475. Health newsletters also may be ordered from www.rbmamall.com.

# Diva

cook. My mother didn't think she got a pass at not teaching me because she held a fulltime job outside of the home. To her, cooking was as integral as brushing your teeth; it is something you do to care for yourself and eventually, others in your home. Cooking was mandatory.

That is my message today. · Cooking is essential to healthy living. Planning is critical for making it happen. And yes, it's mandatory. There is no reason not to cook; it's just a matter of making friends with a plan, getting to know your major appliances and jumping in.

Don't be intimidated!

The idea is strange to us. Yet

we do not own the freshness

of the air or the sparkle of the

water. How can you buy them

from us? Every part of this

■ Continued from p1 Besides the necessity factor, cooking can be fun (scout's honor!). This is why I do what I do; to help turn a chore into a joy and make your cooking an adventure! Yes, it can happen! Come join me and see what I mean...you know where to find me!

## Allen

his owner, and whatever might be hitched to him.

The man tried everything he knew and followed the advice of neighbors, but nothing helped. He curried and combed the brute, kept the flies off him, fed him well. But almost every day, Old Jim took out another panel of fencing as he skylarked across the fields.

His owner finally decided to try a "blind-bridle" on him. But Jim remained skittish, frisky and inclined to run. The man couldn't understand the critter. Again he asked advice.

His neighbor came up with the answer. "It ain't a blind bridle that you need, son," he said. "You need to blindfold that mule. Man, he sees \*vou, and runs for his life."

ANOTHER

ENVIRONMENTALIST "The Great Chief in Washington sends word that

he wishes to buy our land.

How can you buy or sell the

sky—the warmth of the land.?

earth is sacred to my people. Every shiny pine needle, every sandy shore, every mist in the dark woods, every clearing and humming insect, is holy in the memory and experience of my people. "We know that white man does not understand our ways. One portion of the land is the same to him as the next, for he is a stranger who comes in the

night and takes from the land whatever he needs. The earth is not his brother, but his enemy, and when he has conquered it, he moves on. He leaves his father's graves, and his children's birthright is for-

"There is no quiet place in the white man's cities. No place to hear the leaves of spring or the rustle of insect wings. But perhaps because I am savage and do not under■ Continued from p1

to insult the ears. And what is there to life if a man cannot hear the lovely cry of the whipporwill or the arguments of the frog around the pond at

"The whites too, shall pass-perhaps sooner than other tribes. Continue to contaminate your bed and you will one ngiht suffocate in your own waste. When the buffalo are all slaughtered, the wild horses all tamed, the secret corners of the forest heavy with the scent of many men, and the view of the ripe hills blotted by talking wires, Where is the thicket? Gone: Where is the eagle? Gone. And what is it to say goodbye to the swift and the hunt, the end of living, and beginning of survival."

Would you say that was written by another longhaired, wild-eyed environmentalist? Could be. That is said to have been a letter written in 1855, to President Franklin Pierce by Chief stand—the clatter only seems Sealth of the Duwanish tribe.)

# Locking lug nuts are more trouble than they're worth

by TOM and RAY MAGLIOZZI

Dear Tom and Ray:

Recently, we had our 2005 Toyota RAV4 taken in for its regularly scheduled maintenance, which included rotating the tires. Each tire has a locking lug nut, and when I picked up the car, my mechanic told me that one of the locking lug nuts "broke" when he tried to remove it, and that he had to then drill through the wheel stud and replace it. I was then charged more than \$150 for the labor and parts. Should I have to pay for damage done to my car during routine maintenance? I trust my mechanic, and he showed me the broken lug nut — but this doesn't seem right. Is it? — Bob

RAY: Well, I don't think your mechanic is lying, Bob. The mistake he made was not calling you first and telling you about it.

TOM: Right. He could have explained the situation and given you the option of NOT rotating the tires or taking the car somewhere else and letting them charge you \$150 to get the wheel off.

RAY: A locking wheel nut is a lug. nut that's smooth on the outside, so it can't be removed by a standard

need the key — which is a unique socket that fits inside that nut and allows the wrench to turn it.

TOM: The inside of your locking nut is stripped. We see this all the time. Once the inside of a locking wheel nut is stripped, you have to resort to extraordinary measures to remove it.

RAY: These may include jumping up and down on the car, cursing at it and, in rare instances, setting it on fire and shrugging when the customer comes to pick up the charred wreck-

TOM: We usually start by chiseling at the nut. Then we drive the car around the shop with only that one locking nut holding the wheel on, hoping the weight of the car will break it free. If we're lucky, that may get it loose enough so that we can remove it.

RAY: We also have a special tool that allows us to grab the smooth outside of these locking wheel nuts and try to twist them off. But sometimes, nothing works.

TOM: In that case, we have to pull out the torch. When you burn through a lug nut with a torch, it's very easy to damage the wheel stud, too.

wrench. In order to remove it, you replace the stud, buy the guy four new regular lug nuts and throw those locking nuts, along with the key, into the

> TOM: And that's what you should do, Bob. These locking nuts first became popular when alloy wheels were new and expensive.

> RAY: But nowadays, almost every car has alloy wheels. And they come in all different qualities, designs and prices. If you had fancy wheels that cost you \$800 apiece, then, sure, you should have locking wheel nuts to protect them. But for the standard \$150 wheels on the RAV4? Throw the locking nuts away, and don't worry about

> TOM: And tell your mechanic that you believe him, but it'd be nice, next time, if he calls you as soon as any unpredicted work becomes necessary. That way, you'll know what to expect, and your jaw will already be dropped by the time you come to pick up your

Reader needs help breaking into overhead console

Dear Tom and Ray:

My wife's 90-year-old aunt recently RAY: When that happens, we allowed us to take her 1995 Dodge

Caravan with 55,000 miles. She said it you break the bezel on this one. needed to be driven, as she hadn't driv-

have received this vehicle, interior parts have been falling off of it at a rapid clip. I'll spare you the many details, but the one I really need to fix quickly involves the power rear side-vent windows. They both opened fine, but then the right side one quit working with the window in the open position. I believe the switch is bad or a wire has come loose on it. I

need to get into the

overhead console but cannot figure out the rearview mirror, the door handles how to remove it. Does it just snap into and the other stuff that's fallen off. place, or is it connected by hidden Good luck, Albert. screws? — Albert

RAY: It just snaps in and out, Albert. But it only comes out with a fair use of force.

TOM: So, add "overhead console need to pick up at the junkyard so mail them by visiting the Car Talk Web you'll have a replacement ready when site at www.cartalk.com.

RAY: I would suggest that you go to en it in more than 17 months. Since we a local body shop and ask them to

show you how it comes off. They'll know just how much pressure to exert on it. Even if you have to pay them for the demonstration, it'll be worth it, because it'll keep you from breaking the thing, and you'll know how to remove it when the left side window switch breaks.

TOM: But there are no screws involved, and it pops back on very easily — unlike

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and bezel" to the list of interior parts you Clack in care of this newspaper, or e-



Gloria Newsome, a Spanish teacher at Prestonsburg High School, was the featured speaker at the November meeting of the Big Sandy Spanish Teachers Association. She shared information regarding teaching and assessment in the foreign language classroom, which she had learned as a participant in the (KY World Language Association) KWLA Teacher Leadership Network.

Talk Cars'

by SAMANTHA WEAVER

■ It was American actress dancer Charlotte Greenwood who made the following sage observation: "Temperament is temper that is too old to spank.'

■ If you happen to own a Rolls Royce and want to swank it up a little bit, a mink jacket to fit the hood ornament is available for purchase.

■ San Francisco's iconic cable cars are the only mobile national monument in the United States

You might be surprised to learn that, according to the Guinness Book of Records, the largest swimming pool in the world isn't found in one of the large industrialized nations as

you might expect, but in the was shepherds in Ethiopia who small relatively South American country of Chile. Built by a mega-resort on the ocean, the pool covers 20 acres, is more than 1,000 yards long and holds a whopping 66 million gallons of water. Construction took five years and cost more than \$1.5 billion, and the estimated annual maintenance cost is more than \$3 million.

■ Those who study such things say that lightning travels at one-third the speed of light.

American comedian and actor Jack Benny originally entered the family business of haberdashery. However, he was so bad at it that his own father fired him.

According to legend, it

first noticed the effects of caffeine. It seems that the goats they herded would become exceedingly frisky after eating the berries of the coffee plant. ■ In order to come up with

the cash to start Apple Computers, Stephen Wozniak sold his programmable calculator and Steve Jobs sold his Volkswagen microbus. ■ An experienced florist

will never put daffodils in a bouquet; the flower is toxic to other blooms.

Thought for the Day

"Surrender is essentially an operation by means of which we set about explaining instead of acting." -- Charles Peguy

by TOM DOTY TIMES COLUMNIST

Renters were two for two this week as four summer films joined the DVD ranks.

■ "Angels and Demons" - Your best bet for the week was this sequel to "The DaVinci Code." Tom Hanks returns as symbologist/advenurer Robert Langdon. This ime around the stakes are apped as he is given only eight hours to solve a riddle and prevent an act of violence at the Vatican, Director Ron Howard teeps this one humming along and he also streamlines it so hat its much smoother than he first film. Considering how vell the latest Langdon novel is doing ("The Lost Symbol"

after the biggest opening day Witherspoon and of a novel), we can look forward to one more film in this

■ "Funny People" — Judd Apatow ("Knocked Up") mixes a little more drama with his comedy in his latest film, with good results. Adam Sandler stars as a terminally ill comedian who gives a job to an up-and-comer and helps him develop his gifts. Sandler tones it down here and is quite good, as is Seth Rogen as the young comic.

■ "Four Christmases" — Everyone wants to make the next film that will become an annual favorite for the holidays, but this half-baked comedy isn't it. The story, however, had promise as it focused s topping all bestseller lists on a couple, played by Reese next year.

Vaughn, that must visit all four of their divorced parents on the same holiday. A great cast - Robert Duvall, Jon Voight, Kristen Chenowith, Sissy Spacek and Dwight Yoakam — are assembled and totally wasted.

■ "Shorts" — Robert Rodriguez directed this children's action movie/comedy with his usual hyper-kinetic style. Unfortunately, it goes the way of "Shark Boy and Lava Girl," which proved that his string of children's films were past him. However, we can still look forward to his return to the adult oriented action thriller (this is the guy who gave us "Desperado") when he releases "Machete"



Overseas?

At school?

Don't let them miss home too much! Give them an e-Edition of the

Same format as our print edition online! Go to www.floydcountytimes.com

1 Year

6 months

# Lagoon

naware of what daddy does or his daily bread. Nick is on is way to a meeting of the cal bosses and says he will b his best to sell the other mys on the idea. Turns out at they have a problem with and refuse to accept Tony's nk slip. Unfortunately, they orther decide that anyone who ants to quit isn't trustworthy, they plan to retire him anyay-permanently.

The group opts to plant a omb in Tony's car but they on't count on his wife and n using the vehicle, and the sulting explosion wipes out ony's family, as well as any ans for a reconciliation with e syndicate.

Nick offers to mediate a ace but the group feels that would be better if they just it town while their goons ok care of Tony. They head Copenhagen, where they que over how to divide the ritory that Tony's final signment netted them. eanwhile, Tony decides that wants to see the land that bught us Hans Christian derson.

The next hour sees lots of thugs and bosses die as Tony wages war against his former employers. Along the way he gains some allies — a hooker with a heart of gold and a buddy with a head of iron. The bosses fall like ninepins until only Tony and Nick remain. Nick makes a friendly gesture and offers Tony an invite to his daughter's wedding celebration. What follows is an agonizing conclusion that will keep you on the edge of your seat as you wait to see if these two can bury a hatchet anywhere but in each other's

This is one of the better entries into the short-lived "Spaghetti Gangster" cycle of melodramas that poured out of Italy in the wake of the success of "The Godfather." This film distinguishes itself by borrowing its back drama from Francis Ford Coppola's masterpiece, namely the infighting and political maneuvering that was behind carnage in Mario

Puzo's original story. The director had obviously seen Coppola's film and even

■ Continued from p1 casts its chief villain Richard Conte (who played the treach-

erous Don Barsini) as Nick. The role of Tony goes to Alain Delon. Though he's actually French, it's still an homage as Delon helped usher in a wave of French gangster films during the 1960s, when he teamed with Parisian director Jean Melville. The French gangster dramas, in turn, inspired John Woo to reinvent the gangster genre in the late 1980s by casting Chow Yun-Fat in "The Killer" and "Hard Boiled." The beat goes on.

This film is also a steal as it is priced at \$5.99 and comes with four other Italian gangster films, such as "Long Arm of the Godfather," "Violent Professionals" and "Magnum Cop." For once a cheaply priced gift set that doesn't include third generation copies of mediocre films. These are a true bargain and will merit repeated viewings.

Best line: "Where's he going?" "To the men's room. He's always going to the men's room.'

1973, rated R.



# "CHBER-MIONORIUM" SHANNING

# www.imctv.com

24 Hours Only Sale ~ November 30th, 2009 9 a.m. to 9 a.m.

Visit our site Monday & witness the savings!



INTERMOUNTAINCABLE

www.floydcountytimes.com

# **FLOYD COUNTY** onts

# \*AC, P'burg players, coaches honored

by STEVE LeMASTER SPORTS EDITOR

The Allen Central and Prestonsburg football programs continue to rack up postseason honors. Both of the Floyd County high school football programs now boast the player and coach of the year awardwinners in their respective districts as honored by the Kentucky Football Coaches Association.

Allen Central Coach Jeremy Hall has been named the KFCA Class A, District 8 Coach of the a 9-1 regular-season record.

Under Hall's guidance, Allen les (36 solo), one interception outscored opponents 546-168. Central concluded the campaign 10-2, falling to Hazard in the regional semifinals. The Rebels finished the regular-season runner-up to Pikeville in District 8.

As a team, Allen Central rushed for 4,910 yards. The Rebels scored 498 points in a dozen games.

Allen Central senior running back Logan Crowder has been named KFCA Class A, District 8 Player of the Year. In 12 games, Crowder rushed 155 times for 1,608 yards and 20 Year after guiding the Rebels to touchdowns. On the defensive side, Crowder turned in 66 tack-

and two fumble recoveries.

Veteran Prestonsburg Coach John DeRossett has been named KFCA Class District 7 Coach of the Year. The all-time winningest football coach in Prestonsburg history, DeRossett has his team 13-0 headed into a state semifinal game versus DeSales. The Blackcats have dominated Class 2A, District 7. Prestonsburg was one of three Class 2A teams to finish the regular-season undefeated. Fort Campbell and Murray also made it through the regular-season perfect. The Blackcats have

Prestonsburg senior quarterback Michael Burchett has been named the KFCA Class 2A, District 7 Player of the Year. One of the state's top quarterbacks, Burchett has completed 160 of 246 passes for 2,772 yards and 35 touchdowns. He also only been intercepted four times in nearly 250 passing attempts. The Prestonsburg quarterback has also rushed 91 times for 453 yards and nine touchdowns. In addition to his heroics on the offensive side, Burchett has aided the Prestonsburg defense, recording a pair of interceptions.



Prestonsburg quarterback Michael Burchett and Coach John DeRossett have claimed KFCA Class 2A, District 7 honors.

# Eagles defeat Valpo in season finale

TIMES STAFF REPORT

VALPARAISO, Ind. - The Morehead State University football program's finale couldn't have gone any better.

The Eagles defeated Valparaiso 29-6 and won their first Pioneer League football game of the season in the process, snapping a seven-game losing streak to finish the season with a 3-8 overall record. The Eagles scored three fourth-quarter touchdowns to help extend a three-point third quarter lead and turn it into a dominating

"It's about as sweet as you can get," Morehead State Coach Matt Ballard said. "There is not a group more deserving of this win than this group of seniors."

Valpo scored the first touchdown of the game on its second possession when quarterback Nate Goergen threw a fade pass to the back right corner of the endzone and wide out Sean McCarty made the 11-yard touchdown grab. The extra point was blocked by MSU defensive tackle Andrew Wilhoite and Valpo took the lead 6-0 with 7:54 to go in the first quarter.

Morehead State answered on eir next possession with a nine play, 46-yard drive that was capped by a 43-yard field goal by Rainer Duzan with 3:13 to play in the first quarter. Morehead State tied the game at 6-6 when kicker Rainer Duzan made a 29-yard field goal with 12:08 remaining in the second quarter. The scoring drive was set up when MSU took over at the Valpo 34 after a shanked punt by Valpo punter Mitch Secrest. The drive was then kept alive when the Eagles faced a fourth down and MSU quarterback Zach Lewis avoided a sure sack by three different Crusader defenders, when he pulled a Brett Favre-like play and flipped the ball into the flat as he was being pulled down. Fullback Mike Kearns, who caught the ball, was able to pick up the first down and help set up the field goal.

Morehead State took over with 5:05 remaining in the second quarter at it's own 10 yard line. The Eagles then drove to the Valpo 35 yard line to attempt a 42-yard field goal with three seconds remaining in the half to take the lead, however Rainer Duzan's kick sailed wide left and the Eagles and Crusaders

went into the half tied at six. Morehead State had the first scoring chance in the third quarter after cornerback DJ Smith intercepted a Nate Goergen pass at the MSU 20-yard line and returned it 42 yards to the Valpo 38. MSU kicker Rainer Duzan made his third field goal of the day, which was a 28-yard field goal with 4:00 minutes remaining in the third quarter to give the Eagles the lead

9-6. The Eagles scored again, their first touchdown of the day, with 13:59 remaining in the fourth quarter when Valpo quarterback Nate Goergen went back to pass in his own end zone and threw an interception to MSU safety JD Cecil at the Valpo 23 yard line. Cecil took the pick to the house and extended the Eagle lead 15-6, where it stayed after the Crusaders blocked the point after.

Valpo had its first scoring chance of the second half in the fourth quarter with 9:44 remaining



photos by Jamie Howel

Senior running back Josh Craynon (pictured above and below) leads Prestonsburg in rushing.

# Cats one win away from state title game

SPORTS EDITOR

PRESTONSBURG After dismantling Knott County Central and Middlesboro, Prestonsburg took care of business last Friday night in the Class 2A, Region 4 championship game. The Blackcats regrouped after giving up the game's first touchdown, defeating Corbin 23-7 for the region title. Now, Prestonsburg is headed to Louisville. Not for the state championship game. That has been moved to Bowling Green and will be contested one week from now. Prestonsburg will face DeSales tonight in one of two games that make up the Class 2A State Semifinals.

DeSales has defeated Newport, Holy Cross (Covington) and Newport Central Catholic during the postseason. The Colts knocked off Newport Central Catholic 23-10 for the Region 3 championship. DeSales dropped close games to Central Hardin, Seneca and Fern Creek during the regular-season, compiling a 7-3

In 13 games, DeSales has outscored opponents 463-193. Andrew Beeler leads

DeSales on the ground. Beeler has rushed 20 times for 1,502 yards and 14 touchdowns. DeSales quarterback Ryan Johnson has completed 67-of-141 passes for 904 yards and 13 touchdowns. The Colts signal-caller has been intercepted 10 times. Johnson, a dual-threat to pass or run, has rushed for 633 yards and six touchdowns through 105 attempts.

Prestonsburg (13-0) will put its perfect record on the line as a trip to the Class 2A state title game goes to the winner. Senior quarterback Michael Burchett has connected on 160-of-246 passing attempts for 2,772 yards and 35 touchdowns. Sophomore Joseph Jamerson has hauled in 48 receptions for 826 yards

and 10 touchdowns. Josh Craynon (104 carries for 695 yards, 8 TDs) continues to lead Prestonsburg on

the ground. Austin McKinney has over 800 yards combined rushing and receiving. McKinney has rushed for a team-high 10 touchdowns.

DeSales and Prestonsburg do not share a common oppo-

Kickoff for is set for 7:30 p.m. at Southern High School.



# HIGH SCHOOL FOOTBALL

**TONIGHT'S GAMES CLASS A STATE PLAYOFFS** Hazard at Lexington Christian, 7:30 p.m. Beechwood at Mayfield, 6 p.m.

**CLASS 2A STATE PLAYOFFS** Fort Campbell at Monroe County, 7:30 p.m. Prestonsburg at DeSales, 7 p.m.

**CLASS 3A STATE PLAYOFFS** Central at Paducah Tilghman, 7 p.m. Sheldon Clark at Somerset, 7:30 p.m.

CLASS 4A

Bell County at Boyle County, 7:30 p.m. Marion County at Lone Oak, 7:30 p.m.

CLASS 5A

John Hardin at Bowling Green, 7 p.m. Pulaski County at Highlands, 7:30 p.m.

the CLASS 6A

Prestonsburg-DeSales game St. Xavier at Greenwood, 7 p.m. Scott County at Trinity (Louisville), 7:30 p.m.

# Double-doubles lead Lady Bears past Brescia

Hinton scores 38 points, pulls down 13 rebounds

TIMES STAFF REPORT

PIKEVILLE - Starting forwards Natiera Hinton and Whitney Compton turned in double-doubles to power Pikeville College past Brescia University 84-67 Monday night.

Hinton, a 6-0 junior from Rock Hill, S.C., tossed in 38 points and grabbed 13 rebounds. Compton, a 6-1 junior from Haysi, Va., finished with a double-double of 11 points and 11 rebounds in the win.

Each had numbers beyond the double-doubles. Hinton added nine steals, three assists and three blocked shots, while Compton had three assists and grabbed six of her rebounds off the offensive glass.

For Hinton, it was the third time in six games she's scored 30 or more points and was her second double-double of the season.

Pikeville (4-2) shot the ball well, hitting 53.4 percent of its field goals, and won the rebounding battle 42-34 to aid with the win. The Lady Bears had 16 steals on 19 Brescia turnovers.

The home team got out to a big first-half lead, an advantage that grew to 22 (47-25) after a pair of Compton free throws with 2:27 left.

Pikeville carried a 50-33 lead into halftime.

Brescia (4-3) got within 12 (75-63) with 3:59 remaining after a pair of free throws by junior Brittany Bird, but the Lady Bears pulled back out to lead by as many as 21 before settling for the 17-point win.

Hinton and Compton were joined in double figures by sophomore Megan Mosley, who had 11 points and handed out a team-best five assists.

Bird led Brescia with 20 points and four assists. Freshman Kendra McIntyre followed with 12 points and four rebounds. The Bearcats were led on the glass by junior Amelia Keller, who pulled down eight rebounds.

Pikeville will return to action on Saturday afternoon, playing host to Union College in a 2 p.m. contest at the Pikeville College Gym.

# Logan Crowder named District 8

by STEVE LeMASTER SPORTS EDITOR

Allen Central senior running back Logan Crowder has been named the Class A, District 8 Most Valuable Player. Coaches from each school (Allen Central, Betsy Layne, Paintsville, Phelps, Pikeville and South Floyd) voted for the end-of-season

Paintsville running back

named the District 8 Offensive Player of the Year. After enjoying a breakout season, Pikeville linebacker J.R. Robinson was named the District 8 Defensive Player of the Year.

A breakdown of the All-District honors follows.

Most Valuable Player: Logan Crowder, HB/LB, Allen Central.

Offensive Player of the Year: Nehemiah Doderer, Nehemiah Doderer was RB/OLB, Paintsville.

Defensive Player of the J.R. Robinson, RB/LB, Pikeville.

First Team All-District: Taylor Ratliff, WR/DB, Pikeville; Justin Mullins, OL/DL, Pikeville; J.R. Robinson, RB/LB, Pikeville; Blake Branham, QB, Pikeville; Ross McCoy, RB/LB, Pikeville; Randy RB/WR/LB, Maynard, Pikeville; Logan Crowder.

(See DISTRICT, page two)



LOGAN CROWDER

(See EAGLES, page two)

# Big second half keeps Bears unbeaten

TIMES STAFF REPORT

PIKEVILLE - Five players reached double figures in the scoring column and the home team enjoyed a huge rebounding margin and overcame a lot of turnovers as Pikeville College defeated Kentucky Christian University 88-64 Thursday night at the East Kentucky Expo Center.

The Bears shot 51.7 percent from the floor and dominated the glass to the tune of 44-26, including 14 off the offensive glass, in the win, However, they turned it over 28 times in

it look easy the whole night. The Bears led 45-39 at the half, Kentucky Christian trimmed it to three on a layup by junior Cedomir Ilic with

The Bears, however, then blew it open. Over the next 13plus minutes, the Bears enjoyed a 37-10 outburst, and when senior Adam Simmons scored on a layup with 4:58 remaining, the lead was 84-54.

Senior Maurice Thomas led the way with a double-double, scoring 18 points and 10 rebounds. Junior Justin Hicks hit four three-point shots, even-

Pikeville (5-0) didn't make tually finishing with 16 points and five assists in the win.

Sophomore Kane Belcher tossed in 14 points, hitting all eight of his free throws. Senior Jonathan Clark added 13 and pulled down eight rebounds, while senior Josh Samarco flipped in 10.

KCU (5-3) was paced by junior Casey Jones, who hit three three-point bombs to finish with 17. The Olive Hill product also had five steals and four assists in 36 minutes of playing time.

Junior Eric McKee contributed 14 points.



photo by Jamie Howell

PRESTONSBURG KICKER JOSEPH JAMERSON connected on a kick earlier in the season.

# Six MSU football players named All-PFL

McDermott claims top defensive award

TIMES STAFF REPORT

MOREHEAD — The Morehead State University football program had six players honored by the Pioneer Football League Tuesday. MSU senior linebacker Wes McDermott was selected as the PFL Defensive Player of the Year.

MSU had two players named to the All-PFL First Team defense, McDermott and senior defensive tackle Derik Steiner. Senior offensive lineman Jake Nail was named to the All-PFL Second Team offense. Senior defensive end Andrew Doan and junior safety J.D. Cecil both earned All-PFL Second Team defense honors. Cecil's secondary partner, senior Derek Harkness, earned All-PFL Honorable Mention.

McDermott won the league's Defensive Player of the Year honor after finishing the regular-season ranked second in tackles (9.9 pg) and third in tackles-for-loss (1.50 pg). He led all linebackers in tackles (109), posting 14 more than the next closest follower. McDermott led a Morehead State defense that finished the season ranked second in total defense, allowing just 266.3 yards per game,

and led the league in rushing defense, permitting a paltry 72.5 yards per game on the ground.

Steiner had 38 total tackles and 12.5 tackles for loss. Nail was a team leader and an anchor for an injury-depleted offensive line this season. Doan had nine sacks and was second only to McDermott in tackles for loss with 14.5. Cecil had two interceptions, including one touchdown and another return for a touchdown to set up a win for MSU, and Harkness had three picks versus

Georgia standout signs to

bowl at Pikeville College

as a bowler," said Damron, the

school's vice-president for

Student Services. "We think-

she will fit in just fine here and

are excited to add her to our

roster and the college family."

state champion. In addition,

she is the three-time bowler of

the year in her local associa-

tion as well as the two-time

She has been a member of

state Pepsi champion.

Halen is the 2008 Georgia

The Eagles closed out the season 3-8, defeating Valparaiso 29-6 in a season finale.

# Pikeville to compete in MSC Men's Basketball Challenge

TIMES STAFF REPORT

FRANKFORT - The Mid-South Conference and the Commonwealth's capital will be the Mecca of NAIA men's basketball on Friday and Saturday as the conference hosts the MSC Challenge at the Frankfort Convention Center. Pikeville College is among the teams in the MSC Challenge field.

All eight full-member Mid-South Conference institutions will host eight non-conference opponents in a national tournament-like two-day event. Games will begin at 9 a.m. and continue throughout the day at the Convention Center.

"We're confident the eyes of the NAIA will be looking at Frankfort over these two days," MSC Commissioner Mike Pollio said. "We are excited to provide our institutions with the opportunity to play quality opponents under conditions that they could pos-

"It's going to be a basketball fan's dream."

Half of the Challenge's teams are ranked or receiving votes in the NAIA Coaches' Top-25 Preseason Polls, including top-ranked Division I Robert Morris (Ill.) College, No. 7-ranked Georgetown (Ky.) College, No. 14-ranked University of the Cumberlands (Ky.) and Division II No. 23-ranked University of St. Francis

Friday's matchups include: St. Catharine College vs. Ohio State University-Marion - 9 a.m.; Pikeville College vs. Ohio State University-Mansfield - 10:45 a.m.; West Virginia University Tech vs. University of St. Francis -12:30 p.m.; University of Rio Grande vs. Virginia Intermont College - 2:15 p.m.; Lindsey Wilson College vs. Indiana University Northwest – 4 p.m.; University of the Cumberlands

vs. Mid-Continent University - 5:45 p.m.; Campbellsville University vs. Robert Morris College - 7:30 p.m.; Georgetown College vs. Talladega College - 9:15 p.m.

Saturday's matchups include: West Virginia University Tech vs. Virginia Intermont College – 9 a.m.; St. Catharine College vs. Ohio State University-Mansfield -10:45 a.m.; Pikeville College vs. Ohio State University-Marion - 12:30 p.m.; University of Rio Grande vs. University of St. Francis -2:15 p.m.; University of the Cumberlands vs. Robert Morris College – 4 p.m.; Lindsey Wilson College vs. Talladega College - 5:45 p.m.; Georgetown College vs. Mid-Continent University - 7:30 Campbellsville p.m.; University Indiana University Northwest - 9:15

## District

Central; RB/LB, Allen Hunter Crowder, FB/LB, Allen Central; Justin Jackson, TB/DB, Allen Central; Chris Stumbo, QB/DB, Allen Central; Cory Conn, C/DL, Allen Central; Nehemiah Pikeville; Dusty Khosheza, DB/WR, Phelps; Paintsville; Dustin Caldwell, LB, Paintsville; Brenan Smith, WR/S, Phelps; Steve Dotson, RB/LB, Phelps; Tyler Hurley, RB/LB, Phelps; David Slone, RB/DB, Floyd; Dakota Newsome, QB/DB, South Floyd; Casey Adkins, RB, Betsy Layne;

Second Team All-District: Josh Jarod Anderson, OL/DL, Pikeville; Ben Staggs, OL/DL, Pikeville; Jarod Tackett, WR/DB, Pikeville; Josh Tackett, WR/DB, OL/DL. Allen Central; Mickey Parsons, S/WR, Allen Central; Micah Harlow, TE/S, Allen Central: Sheldon Rice. TE/LB, Allen Central; Cory Sexton, OL/DL, Paintsville; Hall, OL/DL, Ricky Paintsville; Jimmy Jude, OL/LB, Paintsville; Ethan Daniel, FB/LB, Paintsville;

■ Continued from p1 LB/OL, Green, Phelps; Maldonado, HB/DB, Betsy Layne.

Mac Page, Paintsville; QB/LB, Rayburn, OL/DL, Phelps; Aaron Phelps; Austin Mayhorn, RB/OLB, OL/DL, Pikeville; Blake Moore, QB/DB, South Floyd; RB, Paintsville; Seth Rice, Central; Bradley Fields, Floyd; Bobby Meade, RB/LB, South Floyd; Dougie Mathews, OL/DL, South Floyd; Weston Little, RB/DE, South Floyd; Nathan Martin, QB/S, Betsy Layne; Korey Jarrell, HB/WR/S, Betsy Layne; Jared Robinson, OL/DL, Betsy Layne; Dylan

Dairy Queen

SPORTS FAN

OF THE WEEK



If you are the sports fan circled here... it's your lucky day!

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at DAIRY QUEEN OF PRESTONSBURG. When claiming your ice cream cake, present this newspaper.

scholarship agreement with Chase "Christina is going to be a Biliter, OL/DL, welcome addition to Pikeville College, both as a student and Paintsville; Dyllon Brown, Salisbury, OL/DL, Allen Justin Patton, OL/DL, South Floyd; Ky. Golf Hall of Fame ceremony conducted LEXINGTON - Lexington

Country Club served as the host for the 2009 Kentucky Golf Hall of Fame induction ceremony on November 19, honoring the late Buck Blankenship and the Marvin Lear as the 53rd and 54th members of the Kentucky Golf Hall of Fame. Approximately 120 individuals were in attendance to honor the inductees.

TIMES STAFF REPORT

PIKEVILLE - The latest

signee of Ron Damron's

Pikeville College bowling pro-

gram is a star from Georgia.

Christina Halen, a senior at

Alltoona High School in

Kennesaw, Ga., has signed a

Blankenship, a native of Somerset, was a longtime PGA Member and built a legacy as a golf course designer (over 35 golf courses to his credit, primarily in Kentucky), golf course owner and operator, and promoter of the game. He designed, owned, and operated the popular Bright Leaf

Golf Resort in Harrodsburg. Lear, a native of Wilmore, was a major force in Kentucky amateur golf for four decades, winning more than 25 golf tournaments, including four

Championships. He was a

close friend and high school and college teammate of Kentucky Golf Hall of Fame member John Owens, and was a longtime supporter and promoter of golf in Lexington and Central Kentucky.

Also honored at the cere-

mony were the following: Kentucky Association J.W. Janes Award (for service to amateur golf in Kentucky) - George Gupton, Campbellsville; Kentucky Golf Association Player of the Year - Seth Blann, Bowling Green; 2009 Kentucky Senior Golf Association Player of the Year - Rick Cain, Shelbyville; 2009 KGA-PGA, Inc. Girls' Junior Player of the Year - Emily Haas, Nicholasville;

2009 KGA-PGA, Inc. Boys' Junior Player of the Year - Cameron Beal, Bowling Green; 2009 Kentucky PGA Player of the Year (Larry Gilbert Award) - Keith Ohr, Louisville; 2009 Kentucky PGA Senior Player of the Year - Ralph Landrum, Florence;

Halen averages 203, with a solid 187 average on the sport shot most often used on the collegiate level. An outstanding student,

Team on three different occa-

Halen plans to work in the Pikeville College Athletic Training office under Head Trainer Justin Athletic Brashear

She is the daughter of Jeff the Georgia Interstate All-Star and Linda Halen of Kennesaw.

> 2009 TaylorMade KPGA Assistant Player of the Year -Blake Watts, Louisville.

Paducah's Russ Cochran was also elected to the Kentucky Golf Hall of Fame earlier this year, and will be honored at a ceremony in Paducah, which will be scheduled for a later date.

The Kentucky Golf Hall of Fame was established in 1984 as a joint effort by the Kentucky Golf Association and the Kentucky Section PGA to honor individuals in Kentucky with significant achievements and accomplishments in various areas of golf. The Kentucky Golf Hall of Fame's membership includes individuals with outstanding records as players, golf professionals, golf course superintendents, educators, and golf administrators. It is located at Golf House Kentucky.

ONLINE: www/kygolf.org

# Eagles

when Valpo kicker Andrzej Skiba missed a 40-yard field goal wide right.

The Eagles scored again when senior running back Jerrod Pendleton ran off left tackle for a three-yard touchdown with 2:52 remaining in the game. The scoring play was set up by MSU safety JD Cecil when he picked off his second pass of the season at the Valpo 48-yard line and nearly returned it to pay dirt, but was tackled down at the Valpo six yard line.

"JD Cecil had a career day, he should have scored his second touchdown of the day, but he was too tired and basically just fell into the arms of the defender near the goaline," joked Ballard.

MSU scored its final touchdown after a Valpo fumble that was recovered by cornerback Kameron Scott at the Valpo 25yard line. On the next play Zach Lewis used a beautiful play action fake to hit wide out Kevin Thomas in the end zone for a 25-yard touchdown pass, Thomas' first of his career, with 2:31 remaining in the game.

"It's always neat when a guy scores his first colligate touchdown of his career, he's going to be a very special player in the years to come," Ballard said.

Morehead State quarterback Zach Lewis was 17-of-33 passing on the day for 164 yards and a touchdown. MSU was led in receiving by fullback Mike Kearns who had three catches for 38 yards and wide receiver Thomas who had two catches for 30 yards and a touchdown. The Eagles had seven different players rush the ball and had nine different players catch a pass. MSU had 76 yards rushing as a team on 41 attempts and

■ Continued from p1 had 246 total yards. Morehead

The Crusaders were led by quaterback Nate Goergen who was 10-of-21 for 53 yards and one touchdown. The Eagle defense, under the tutelage of coordinator John Gilliam, a Prestonsburg High School graduate, was especially stout today only giving up a total of 137 yards. MSU's defense held the Crusaders to only 15 yards rushing and forced three Valpo turnovers to win the turnover battle 3-0. Wes McDermott led the defense with nine total tackles and Derik Steiner led the team with three and half tackles for loss. JD Cecil had two inter-

State dominated in time of pos-

session 36:36 to Valpo's 23:24.

ceptions and DJ Smith had one. "That's huge, we took care of the ball today and responded and turned it into points," said

## NASCAR SPRINT CUP 2009 RESULTS

Feb. 7 — x-Budweiser Shootout (Kevin Harvick) Feb. 12 — x-Gatorade Duel 1 (Jeff Gordon) Feb. 12 - x-Gatorade Duel 2 (Kyle Busch) Feb. 15 - Daytona 500 (Matt Kenseth) Feb. 22 — Auto Club 500 (Matt Kenseth)

March 1 — Shelby 427 (Kyle Busch) March 8 — Kobalt Tools 500 (Kurt Busch) March 22 - Food City 500 (Kyle Busch)

March 29 — Goody's Fast Pain Relief 500 (Jimmie Johnson) April 5 — Samsung 500 (Jeff Gordon)

April 18 — Subway Fresh Fit 500 (Mark Martin)

April 26 — Aaron's 499 (Brad Keselowski)

May 2 — Crown Royal Presents the Russ Friedman 400 (Kyle Busch)

May 9 — Southern 500 (Mark Martin) May 16 — x-Sprint Showdown (Sam Hornish Jr.)

May 16 — x-NASCAR Sprint All-Star Race (Tony Stewart)

May 25 — Coca-Cola 600 (David Reutimann)

May 31 — Autism Speaks 400 (Jimmie Johnson)

June 7 — Pocono 500 (Tony Stewart) June 14 - LifeLock 400 (Mark Martin)

June 21 — Toyota/Save Mart 350 (Kasey Kahne) June 28 — Lenox Industrial Tools 301 (Joey Logano)

July 4 — Coke Zero 400 Powered By Coca-Cola (Tony Stewart) ,

July 11 — LifeLock.com 400 (Mark Martin)

July 26 — Allstate 400 at The Brickyard (Jimmie Johnson) Aug. 3 — Sunoco Red Cross Pennsylvania 500 (Denny Hamlin)

Aug. 10 — Heluva Good! Sour Cream Dips at The Glen (Tony Stewart) Aug. 16 — Carfax 400 (Brian Vickers)

Aug. 22 - Sharpie 500 (Kyle Busch) Sep. 6 — Pep Boys Auto 500 (Kasey Kahne)

Sep. 12 — Chevy Rock & Samp; Roll 400 (Denny Hamlin) Sep. 20 — Sylvania 300 (Mark Martin)

Sep. 27 — AAA 400 (Jimmie Johnson) Oct. 4 — Price Chopper 400 (Tony Stewart) Oct. 11 — Pepsi 500 (Jimmie Johnson)

Oct. 17 — NASCAR Banking 500 (Jimmie Johnson) Oct. 25 — TUMS Fast Relief 500 (Denny Hamlin) Nov. 1 — AMP Energy 500 (Jamie McMurray)

Nov. 8 — Dickies 500 (Kurt Busch) Nov. 15 — Checker O'Reilly Auto Parts 500 (Jimmie Johnson)

Nov. 22 - Ford 400 (Denny Hamlin) x-non-points race

## NASCAR SPRINT CUP FINAL DRIVER LEADERS

DRIVER NAME:POINTS:STARTS:WINS:TOP:5:TOP:10:MONEY:WON

1. Jimmie Johnson;6652;36;7;16;24;\$7,333,309

2. Mark Martin;6511;36;5;14;21;\$5,274,928 3. Jeff Gordon;6473;36;1;16;25;\$6,472,385

4. Kurt Busch;6446;36;2;10;21;\$4,987,409

5. Denny Hamlin;6335;36;4;15;20;\$5,470,139

6. Tony Stewart;6309;36;4;15;23;\$6,828,246

7. Greg Biffle;6292;36;0;10;16;\$4,807,434 8. Juan Montoya;6252;36;0;7;18;\$5,270,120

9. Ryan Newman;6175;36;0;5;15;\$5,006,232

10. Kasey Kahne;6128;36;2;7;14;\$5,756,061

11. Carl Edwards;6118;36;0;7;14;\$5,601,229

12. Brian Vickers;5929;36;1;4;13;\$4,725,270

TIMES STAFF REPORT

FRANKFORT - Taking your first deer is an exciting achievement. Your heart pounds as you watch the deer in your sights. You try hard to keep your hands still while you squeeze the trigger. After the shot, adrenaline makes you

What happens next, however, can be overwhelming. A good-sized adult deer can yield 60 or 70 pounds of meat, and a new hunter may have no idea what to do with it.

Good tasting venison begins with careful preparation and trimming. Cut away all bloody areas, trim the fat and make sure the venison is clean as possible. These are the leading causes of off-flavor, or "wild" taste in the

Start with the back straps, those tubular-shaped cuts of meat found on either side of the backbone.

"Your back straps are your best meat - they're going to be the most tender," said David Casey, retired assistant director of law enforcement for the Kentucky Department of Fish and Wildlife Resources. "Take them and butterfly them. Cut them into about 1 1/2-inch steaks and then cut them

almost all the way through in the middle.

These steaks are now ready for the grill. You can also freeze them after making the cuts - divide them into single meal-sized groups and wrap each group in freezer paper for later convenience.

The deer's hams, or short of breath. You feel relief hindquarters, yield a lot of when you later approach the meat that can be used several clean-shot deer on the ground. ways. Casey encourages many grocery stores that have hunters to pick up a copy of Kentucky Afield" television's deer processing DVD to learn how to divide the hams into various muscle groups. The show is available through Kentucky Fish and Wildlife's website at fw.ky.gov - just click on "Kentucky Afield Store" to purchase the DVD.

"You basically have big muscle groups, and you need to separate those muscle groups," he explained. "You can turn the rump roast into steaks or put it in a crock pot fix it like roast. Any little pieces can be used for hamburger in deer chili, spaghetti sauce or hamburger patties."

Shoulder cuts can be a little tricky, since average-sized deer don't yield a lot of meat from this area. Casey recommends trimming this meat and grinding it like the extra meat from the hams.

"Any trimmings like that

can go to hamburger or summer sausage mixed with pork fat," he said. "It doesn't take a lot - maybe 1/3 added by weight to the meat. It depends on what you want. You can actually add nothing and just have really lean meat, which is fine for adding to sauce. But it'll come apart if you try to make patties.'

Pork fat is available at meat departments, or hunters can take the trimmings to a meat processor to have hamburger or summer sausage made. Doing it yourself, however, is cost-effective.

"If you enjoyed the hunt and you're planning on hunting in future years, you can just invest in a hand-operated grinder," Casey said. "Most groceries and stores like Cabela's have them for \$20 or \$25. You can grind the meat right at the kitchen table."

Finally, check the Internet with potatoes and carrots and for venison recipes. The amount of meat you get from your deer may seem overwhelming at first - but the possibilities are endless once you get comfortable working with the various cuts. Most importantly, the meat will come from a deer you took yourself, and you'll have a well-earned sense of accomplishment and pride.

# Hunters reminded to report their deer harvest

TIMES STAFF REPORT

FRANKFORT - Hunters this season have already have reported taking nearly 70,000 white-tailed deer – with most of the harvest occurring during the first week of Kentucky's 2009 firearms deer hunting season.

Kentucky's firearms deer season, which opened statewide Nov. 14, ends Monday, Nov. 23, in Zones 3 and 4, and closes Sunday, Nov. 29, in Zones I and 2.

Conservation officers with number, may create their

Fish and Wildlife Resources are reminding all successful their name and address, date, deer hunters to write down their harvest information on a hunter harvest log as soon as the animal is recovered and before it is moved.

Blank spaces are provided on the back of departmentissued hunting licenses for hunter log information. License exempt persons, such as those hunting on their own land or those possessing only a license authorization

the Kentucky Department of own harvest log by simply writing on a piece of paper species and gender of animaltaken, and county of kill.

> All harvested deer must also be Telechecked through the toll-free, automated phone-in system by midnight on the day the animal is recovered. Deer and elk must be Telechecked before removing the hide or head, and also prior to being transported out of Kentucky.

# Stowers selected to work summer league

PIPPA PASSES - Alice Lloyd College assistant baseball coach Jason Stowers has been chosen by the Marion Bobcats of the Kentucky, Illinois and Tennessee (KIT) Collegiate Summer Baseball League to serve as an assistant coach under Manager Steve Fowler for the upcoming sum-

The team will play a 50game schedule over the course of the 2010 campaign. In addition to on field coaching, Stowers' responsibilities will include serving as first base coach and organizing all summer baseball camps.

"This is a tremendous

opportunity for Jason to gain valuable coaching experience," Alice Lloyd College Coach Scott Cornett said. "The professional development that he will receive with this club will bode well for not only him, but could offer good opportunities for our Eagle players as well.

- Times Staff Report



With stints in Formula One, Camping World and ARCA racing, Scott Speed has finished his first season in Sprint Cup.

# Speed wraps up rookie season

by MONTE DUTTON

Scott Speed, once a Formula One driver, was part of a bold experiment perpetrated by NASCAR's Team Red

After placing Speed in a variety of races - 16 each in the Camping World Truck and ARCA series — in 2008, the team cut loose A.J. Allmendinger and replaced him with Speed in the team's No. 82 Toyota. Allmendinger took a ride with what is now Richard Petty Motorsports.

Neither driver has been particularly impressive this year, though Allmendinger has performed slightly better, ranking 25th in the Sprint Cup standings with one top-five and five top-10 finishes. Speed, 26, is 35th with one top five (also his

But Speed, from Manteca,

stock-car racing. Asked what he has learned, he said, "Probably a lot: how you get the cars running throughout the practice and throughout the weekend, and how you show up with them as far as the setup is concerned is obviously very important.

"I'm still learning an enormous amount of just racing sort of skill. Racing on an oval in these big, heavy cars is something completely different than what I've ever done my whole life. It's amazing, every weekend, as we get more competitive and start running in the top 20 and start running in a competitive position, and how much I'm learning in those situations. I think my 'race craft' and my feel for the car is what's getting better and better.

Echoing Juan Pablo Montoya, who has successful-Calif., is gradually adjusting to ly made a transition from

Formula One to NASCAR, Speed said this is a whole new world for him.

"It's completely different because, in Formula One, I went into it just like (fellow Cup rookie) Joey (Logano)," said Speed. "I've done it my whole life. It was what was natural to me.

"It's something completely new and very challenging."

Monte Dutton has covered motorsports for The Gaston (N.C.) Gazette since 1993. He was named writer of the year by the National Motorsports Press Association in 2008. His blog NASCAR This Week (http://nascar.rbma.com) features all of his reporting on racing, roots music and life on the road. E-mail Monte at nascar\_thisweek@yahoo.com.

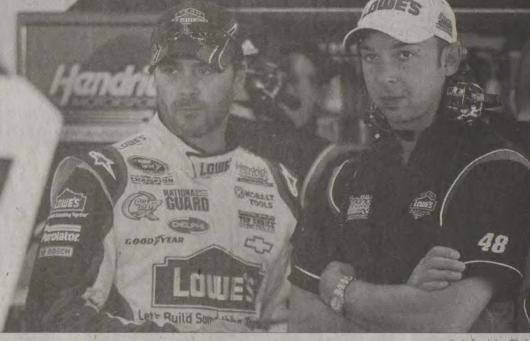


photo by John Clark

JIMMIE JOHNSON (left) has captured his fourth straight NASCAR Sprint Cup championship.

# Little League tourney, regular-season pitching rules made the same

TIMES STAFF REPORT

WILLIAMSPORT, Pa. Recent rule changes adopted by the Little League International Board of Directors will bring pitching rules for tournament baseball in line with the regular season rules. The changes were made after many district administrators and local Little League volunteers had requested the pitching rules become more consistent.

"A few years ago, scientific studies showed epidemic injuries and pointed to overuse as the primary factor," Dr. James Andrews, Chairman of the American Sports Medicine Institute and a member of the Little League International Board of Directors, said. "Little League baseball should be congratulated as the leader in addressing this issue by introducing pitch count limits. This has led to increased awareness at all levels including players, parents, coaches, and other youth league organizations, and hopefully, a decrease in number of injuries. The current changes adopted by Little League should help further the ability of kids to enjoy and advance in baseball without serious overuse injuries.

The most noticeable change to the rules was adopt-

between pitching appearances, for tournament play. The new rule eliminates the game required in between pitching appearances while increasing the number of days of rest. Adoption of the new rules makes the pitching regulations the same for tournament and regular season play.

Previously, for example, a 12-year-old pitcher in the regular season who threw the maximum 85 pitches in a day was required to have either three calendar days of rest and increases in youth pitching, one game (or four days of rest and no game, at the option of the local league), before pitching again. In 2010, that same pitcher will simply be required to have four days of

Previously, for tournament play including the Little League Baseball World Series, a 12-year-old pitcher who threw 85 pitches would need two days of rest, and one game, before pitching again. In 2010, that pitcher will be required to have four days of rest, same as during the regular season.

As in previous years, as the number of pitches decreases, the number of days of rest also decreases incrementally.

Little League Baseball and Softball is the world's largest organized youth sports program, with nearly 2.6 million players and 1 million adult

ed in the area of rest required volunteers in every U.S. state and scores of other countries.

> 2010 Little League Baseball Regular Season and Tournament Pitching Rules

Pitchers league age 14 and under must adhere to the following rest requirements: If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed; If a player pitches 51 - 65 pitches in a day, three (3) calendar days of rest must be observed; If a player pitches 36 - 50 pitches in a day, two (2) calendar days of rest must be observed; If a player' pitches 21 - 35 pitches in a day, one (1) calendar day of rest must be observed; If a player pitches 1-20 pitches in a day, no (0) calendar day of rest is required.

Pitchers league age 15-18 must adhere to the following rest requirements: If a player pitches 76 or more pitches in a day, four (4) calendar days of rest must be observed; If a player pitches 61 - 75 pitches in a day, three (3) calendar days of rest must be observed; If a player pitches 46 - 60 pitches in a day, two (2) calendar days of rest must be observed; If a player pitches 31 -45 pitches in a day, one (1) calendar day of rest must be observed; If a player pitches 1-30 pitches in a day, no (0) calendar day of rest is required.

# BSCTC Mayo campus hosts ninth annual scholarship reception

PAINTSVILLE - The Mayo Campus of Big Sandy Community and Technical College hosted the ninth annual BSCTC Scholarship Reception, Oct. 27.

Donors converged with scholarship recipients at one of the largest Scholarship Receptions in Big Sandy history. As the reception progressed, donors and recipients exchanged messages of gratitude and encouragement.

Audience members were captivated by donor stories as they divulged life-altering experiences and how these occurrences shaped their lives. Several donors spoke of the intrinsic desire to give back to their communities — to repay the gratitude and good fortune life had bequeathed them.

Scholarship recipients spoke of thanks and appreciation, but more importantly, how the BSCTC Scholarships met overwhelming financial obligations in acquiring and accomplishing educational endeavors.

BSCTC Educational Foundation Chair Jerry Kanney, of Interstate Gas Company, opened the reception with a cheerful, heartwarming welcome. Kanney, a faithful supporter of Big Sandy Community and Technical College spirited the reception forward as guest enjoyed delicious food and delicacies prepared by the Big Sandy Café and Grill.

Christine Conley, BSCTC scholarship committee member spoke with conviction as she described the ways the scholarship awards met the financial needs of students at Big Sandy. "The BSCTC Scholarship Program is very important and the Scholarship Committee is so thankful to the donors who make the awards possible."

Conley elaborated, "The number of BSCTC/KCTCS Scholarships equaled 236 with a total amount of \$256, 461 being awarded. The total number of Foundation Scholarship equaled 15 with \$5,320 being awarded. Forty-eight External Scholarships were awarded for a total amount of \$42,128.17."

Conley concluded by stating that, "Over 500 students each year apply for scholarships and, while most meet the requirements, demand and need always exceed available funds and donations.'

Randall Taylor, president and COO of McCoy Elkhorn Corporation

Outstanding Alumni at Big Sandy Community and Technical College, spoke about his struggles for an education in Eastern Kentucky. The audience listened intently as Taylor, related his experiences — growing up in the 1960s and 1970s, being the first to attend college in his family and struggling to balance multiple class loads to persevere.

Taylor spoke with great fondness of John D. Sammons,

how Professor Sammons had influenced his life. Taylor remarked, "The faculty and teachers at PCC in the late 1970s modeled a set of values that our community (and world) desperately needs-today. They stressed that hard work, placing others first, and commitment to personal goals lead to a rich and fulfilled life. I feel that my life has been blessed because of the education and mentoring I received

retired BSCTC professor and at PCC. I feel that success is short lived-it can come and go quickly. Friendships and education are life-changing and last forever."

Taylor concluded by offering the scholarship recipients a few words of wisdom about their eruditions. Taylor remarked, "Feed your scholarship. Protect it, be proud and thankful for it and above all, share it with others because one day you may wish to give back to your community by

arship.

BSCTC Honor Four Students spoke at the Reception: Dina Albree, Emily Arnett, Jonathan Hall, and Tiffany Ratliff, spoke with emotion and appreciation as they described the challenges and obstacles in their lives and how BSCTC Scholarships were meeting their needs and helping them achieve their educational goals.

Laura Ford Hall and the Big calling 606-886-739.

creating an endowment schol- Sandy Singers provided beautiful musical renditions with two songs, "Never Alone" and "Walk On." In their usual heartwarming style, the singers wooed the audience to tears with songs chunked full of emotion and spirit.

Scholarship and endowment information at Big Sandy is available by contacting BSCTC Community and Liaison, Jean Dorton, at jean.dorton@kctcs.edu or by



# 33%-50% OFF STOREWIDE PLUS, SAVE EVEN MORE WITH BONUS COUPONS!



Shop early for your Super Money-Savers!

Coupons redeemable

November 28-December 22.

While supplies last.







With any \$50 purchase.

A \$24 value each.

One per \$50 purchase













1-800-525-3456. or www.trustforlife.org

For information contact:

Become a Kentucky

organ & tissue donor.

Sign the back of your drivers

license or place a Donor Dot on it-& tell your family of your wishes.

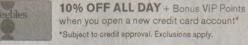


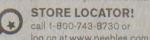
Kentucky Circuit Court Clerks Association Organ And Tissue Donation Awareness

BONUS COUPON VALID FRIDAY, NOVEMBER 27, 2009

SINGLE ITEM • REGULAR PRICE, SALE OR CLEARANCE









E-ALERTS! Receive advance notice of sales Sign up at www.peebles.com



SINGLE ITEM • REGULAR PRICE, SALE OR CLEARANCE

BONUS COUPON VALID FRIDAY, NOVEMBER 27, 2009

GIFT CARDS!\* At www.peebles.com. 1-800-743-8730 and in all stores.

Peebles

fun & games

## **Amber Waves**









by Gary Kopervas







R.F.D.







The Spats

by Jeff Pickering

















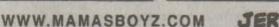








MAMA'S BOYZ

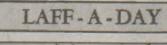




Just Like Cats & Dogs

by Dave T. Phipps



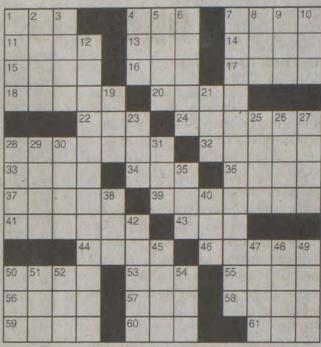




### **ACROSS** History chapter

- Recede Note to self,
- e.g. 11 Co-ed
- quarters 13 Stout
- cousin? 14 Verve
- 15 Concept
- 16 Dress (in) 17 Otherwise
- 18 Tropical timber trees 20 Coated with
- gold '22 Daw
- goddess 24 Acceptable
- 28 Splendor
- 32 Form 33 PC picture
- 34 Morning
- moisture 36 Facility
- 37 Disreputable 39 It may
- say "Home Sweet Home" 41 Motion
- detector, e.g. 43 Neither mate 44 Unstable
- particle 46 Brandy flavor 5
- 50 Pinnacle 53 Cranberry
- territory 55 Old portico
- 56 Angry

# King Crossword



- 57 Greek mountain
- 58 Former frosh 59 Put in the
- mail 60 Profit
- 61 Chaps

## DOWN

- Tend texts Vicinity
- Have breakfast
- Online
- Start
- Tim

- journal
- Russert's longtime
- within yourbudget
- 19 "Mayday!" 21 - Angeles

show

Right angle

More, to

Manuel

10 Indivisible

12 Just stay

- Took the bus 23 Norm (Abbr.) 48 Get by
  - 25 False idol 26 Church section
  - 27 Antelope's playmate 28 Fail to hit
  - 29 Rue the run 30 Rivers or Collins
- 35 Ashen 38 Second

31 "Of course"

- person 40 Swab the deck
- 42 Batman's
- partner
- 45 Protuberance 47 Teensy bit
- somehow
- 49 Nobel chemist Otto
- 50 Venomous snake
- 51 Bill and -52 ife's
- address 54 "Roscoe"

© 2009 King Features Synd., Inc.

# Weekly SUDOKU

## by Linda Thistle

111		4			-			
1	3				9	7		-
5			7	1918	13/8		9	1
	1	6	2	5				3
	110	5		6	4	9		
	2	9	1				6	
7		100			2		1	8
		7	8	1		4		
2	9			4		1		
FILY	8				7	1	3	5

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine

## DIFFICULTY THIS WEEK: \*

\* Moderate \* ★ Challenging \*\*\* HOO BOY! © 2009 King Features Synd., Inc

# HOCUS-FOCUS HENRY BOLTINOFF





# CryptoQuip

Clue: M equals P

QU H UQWY ITCKZ ETBP HW H EHQLRB, Q WCMMTWR QL ETCKZ KOPR MRTMKR LT LQM LYR WIHKRW.

© 2009 King Features Synd., Inc.

the scales. would like people to tip waiter, I suppose it If a fish could work as a **SUSMEL** 

CryptoQuip

# Rodriguez

1. GEOGRAPHY: Where is the Kenai Peninsula?

2. MEDICINE: What human organ is affected by Bright's Disease?

3. FAMOUS QUOTATIONS: Who once said, "Man is by nature a political

4. MOVIES: What famous 1960s movie featured the character Benjamin Braddock?

5. COLLEGE TEAMS: What is the nickname for the University of Minnesota sports teams?

6. TELEVISION: What kind of pets did Bert own on the children's show 'Sesame Street"?

7. FOOD & DRINK: What kind of vegetables are known as capsicums?

8. GENERAL KNOWLEDGE: Who was the founder of the Salvation Army? 9. AD SLOGANS: What brand of detergent touted its effectiveness

against "ring around the collar"? 10. ANIMAL KINGDOM: How many quills does an adult porcupine have?d?

© 2009 King Features Synd., Inc.

10.30,000 9. Wisk 8. William Booth 7. Peppers 6. Goldfish 5. Golden Gophers 4. "The Graduate" 3. Aristotle 2, Kidneys

1. Southern Alaska

Trivia Test Answers

Solution time: 21 mins. Answers

- King Crossword

Answer

Weekly SUDOKU

# Anticipation high as Ohio Valley Gold and Silver Refinery opens for business Tuesday in Pikeville!

By CHRISTINA BUTLER STAFF WRITER

Been following the gold and silver market lately? Well if you have a jewelry box or lock box full of gold or a coffee can full of old coins you should be according to Ohio Valley Refinery spokesperson John Miller. "The gold and silver markets have not been this strong for over 30 years" said Miller. Typically when the U.S. dollar is weak and the economy is flat gold and silver markets soar. "That's good news if you are setting on a few gold necklaces or an old class ring" says Miller.

Starting Tuesday at 9am and every day this week through Saturday the Ohio Valley Refinery is setting up a satellite refinery right here in Pikeville at the Hampton Inn. During their 5 day stay anyone can bring gold, silver or platinum items and turn them in for immediate payment, explains John Miller. "Just about everybody has some amount of gold or silver just lying around collecting dust and this week anybody can sell theirs direct to our refinery. Typically selling direct to a refinery is reserved for larger wholesale customers like jewelry stores, pawn shops, and laboratories" says Miller. "We are changing how business is done" he explains "we want to do business with everybody so we took our business to the streets". "Our teams visits various cities around the country hosting 5 day events allowing the general public to take advantage of our services. The turnout has been overwhelming" says Miller. "Usually each day is busier than the previous day. It seems once people come to us and sell something they are so amazed what an old ring or gold coin is worth they go home and start digging around for more and telling relatives, friends and neighbors. It's like a feeding frenzy by the third day. People line up with everything from



Above: Refinery representatives will be on hand starting Tuesday through Saturday to purchase all gold, silver and platinum items, as well as coins. Public welcome!

gold jewelry to sterling silver flatware sets to old coins. I think during this bad economy everybody can use extra money but most people say they are taking advantage of selling direct to our refinery because of the higher prices we pay".

During this special event anyone is welcome to bring all types of gold, silver and platinum to the refinery and turn it in for instant payment. The types of items they will accept include all gold jewelry, gold coins, gold ounces, dental gold, old coins made before 1965 including Silver Dollars, halves, quarters and dimes, anything marked "sterling" including flat ware sets, tea pots, silver bars, silver ounces and all industrial precious metals.

What should you expect if you go to the event to sell your gold and/ or silver? Just gather up all gold silver and platinum in any form. If you are not sure if its gold or silver bring it in and they will test it for free. When you arrive at the event you will be asked to fill out a simple registration card and

will be issued a number. Seating will be available. When your number is called you will be escorted to a table where your items will be examined, tested and sorted. This only takes a few minutes using their expertise and specialized equipment. Items will be counted and/or weighed. The value of the items will be determined based on up to the minute market prices. Live feeds will be available at the event displaying current market prices of all precious metals. If you choose to sell your items they will be bagged and tagged and you will be escorted to the cashier to collect your payment. Waiting time to sell your items may range from just a few minutes to 1 hour so bring something to read.

If you are the owner of a jewelry store, pawn shop, dentist office or a dealer you are encouraged to call ahead to make an appointment with the smelt master to discuss their special dealer programs. They can be reached at (606) 432-8181.

Ohio Valley Refinery will open

for business Tuesday from 9am-6pm. The event continues everyday through Saturday. No appointment is needed.

# If you go:

WHO: Ohio Valley Refinery Reclamation Drive

WHAT: Open to public to sell gold and silver.

WHEN: December 1st-5th

WHERE: Hampton Inn 831 Hambley Blvd. Pikeville, KY 41501

9:00am - 6:00pm SATURDAY 9:00am - 4:00pm

# Silver and Gold Coin Prices Up During Poor Economy.

Collectors and Enthusiasts in Pikeville with \$2,000,000 to Purchase Yours!

By CHRISTINA BUTLER STAFF WRITER

Got Coin? It might be just the time to cash in. This week starting Tuesday and continuing through Saturday the International Collectors Association in conjunction with the Ohio Valley Gold & Silver Refinery will be purchasing all types of silver and gold coins direct from the public. All types are welcome and the event is free.

Collectors will be on hand to identify and sort your coins. Then the quality or grade will be determined. The better the grade the more they are worth according to collectors I talked to. With the silver and gold markets high prices of older coins are too. Any coins minted before 1965 in the U.S. are 90% silver except nickels and pennies.

The coins worth is determined by the rarity and the grade. Old silver dollars are worth a great premium right now even well worn heavy circulated ones are bringing good premiums. Franklin and Kennedy halves, Washing ton quarters, Mercury and Roosevelt dimes are all worth many times the face value. While older types like Seated Liberty, Standing Liberties, and Barber coins are worth even more.

Gold coins are really worth a lot right now according to Brian Eades of the International Collectors Association. This country didn't start minting coins until 1792 says Eades. Before that people would trade goods using gold dust and nuggets. Some shop keepers would take more gold than needed to pay for items purchased. There was no uniform

system of making change.

The government opened the first mints and began distributing the coins in 1792. By the beginning of the 19th century coins and paper currency were wide spread and our monetary system was here to stay. In 1933 Roosevelt required all banking institutions to turn in all gold coins.

Once all banks turned in this gold the president raised the gold standard from \$20.00 per ounce to \$33.00 per ounce. This was his way of stimulating the economy during the great depression. However gold coins were never redistributed after the recall. Not all gold coins were turned in. Many folks during that time didn't completely trust the government and choose to keep their gold.

These gold coins are sought after collectors today and bring many times the face value. Any gold coins with the mint marks of CC, D or O will bring nice premiums. Collectors at the event will be glad to show you where to look. Other types of coins will also be purchase including foreign coins, Indian head cents, two cent pieces, half dimes, three cent pieces and buffalo nickels to name a few.

Collectors warn people against trying to clean their coins as significant damage can be done and the coins value lessened.

# Items we will accept include:

Scrap Jewelry
Dental Gold
Sterling Silverware
Sterling Silver Tea Sets
Silver Dollars
All Coins Dated before 1965
Industrial Scrap
All forms of Platinum

## **Items of Interest:**

Vintage Guitars;

Martin, Gibson, Fender, National, Rickenbacker, Gretsch, Mandolins, Banjos and others

Pocket Watches;

Hamilton, Illinois, Waltham,
Patek Phillipe, Ball, Howard,
South Bend, Elgin and others
Wrist watches: Omega, Accutron,
Longines, Hamilton, Breitling
and many more

Old paper money: United States, Confederate States, Blanket Bills, \$1000.00 bills and

Antique Toys: Trains, Tin windups, Mechanical Banks, Robots, Pressed Steel trucks, and many more

War Memoribilia: Swords, Bayonets, Helmets, German, Confederate, Union, USA, and

Local records reveal to our research department that recent vintage guitar sold for \$2400.00 and another for \$12,000.00 to a collector that will be tied into the event this week via live database feed

Below: Refinery representatives will be on hand starting Tuesday through Saturday to purchase all gold, silver and platinum items, as well as coins. Public welcome!

# Local Residents are ready to cash in!

International antique buyers in town this week and ready to stimulate economy!

By CHRISTINA BUTLER STAFF WRITER

Hundreds of phone calls from local residents this week to the corporate office of the Ohio Valley Gold and Silver Refinery pour in inquiring about items to be purchased all this week by the team of antique buyers that is on site with OVGSR.

The team of buyers this week are purchasing a vast array of vintage items (see below) along with coins, gold jewelry, and sterling silver items the refinery deals in. It is a Local shot in the arm for our economy. The spokesperson for the event expects to spend in excess of \$2,000,000 this week at the Hampton Inn paying local residents on the spot. The spokesperson for the company explained that these collectors are paying collector price for vintage items. It's a great way for people to get a great value for their items.

