

Flu

in sh · supp FRANK

Kentucky announced yesterday that most of the seasonal influenza vaccine manufactured for this season has

already been given, due to

earlier, increased demand

Individuals in recom-

nationwide.

mended groups for seasonal flu vaccine - including those over 65, pregnant women and people with chronic health conditions - should check with health care providers in their area to see if seasonal flu vaccine is still available.

"In many cases seasonal flu vaccine was given as soon as the vaccine arrived, in the months of September and October," said William Hacker, M.D. commissioner of DPH. "While vaccine manufacturers produced more seasonal flu vaccine than last year, we have learned that it will ultimately not be enough to the increased demand, though some limited quantities should still become available. At this point we are still not seeing seasonal flu circulating, but we do encourage those at highest risk for complications from seasonal flu to check for vaccine availabiliwith health care providers.

(See VACCINE, page three)

2 DAY FORECAST

Today



High: 64 • Low: 41

Tomorrow



For up-to-the-minute

forecasts, see floydcountytimes.com

nside

Obituaries	.A2
For the Record	.A3
Opinion	.A4
Sports	.B1
Lifestyles	.B3
Faith & Family	.B5
Classifieds	.B6





Friday, Nov. 13, 2009 — Sunday, Nov. 15, 2009

LOYD COUNTY

Call or stop by today! 1-806-422-1090

of business needs.

Community Trust Bank

business loans

We want to help you develop and sustain your business by

offering financing for a variety

NATIVE AMERICAN EXHIB



This pewter medicine man statue belonging to Paula Thompson is currently on display as part of the American Indian exhibit at Big Sandy Community and Technical College. For more photos and a full report on the exhibit, see Lifestyles, page B1.

Court votes to extend oversight of trail money

by SHELDON COMPTON STAFF WRITER

PRESTONSBURG - As Floyd County officials took more steps recently to see work soon begin on a horse trail project proposed for the Dewey Lake area, some officials took the time to express the hope that oversight would be maintained concerning the money awarded for the project.

"That's a lot of money," said District 2 Magistrate Jackie Edford Owens during a special meeting of the Floyd County Fiscal Court this past week. "And we back this project 100 percent, but we just need to make sure they work within the budget."

The county received a windfall grant award totaling more than \$1 million for the project,

(See TRAIL, page eight)

Police say Allen was on the run

by SHELDON COMPTON STAFF WRITER

Police are now saying that J.R. Allen, the 34-year-old man arrested in Magoffin County earlier this week in connection with the shooting death of Sally Vance last year, had been actively hiding from the law since the incident took place.

· Allen was taken into custody during a traffic stop in a school parking lot in the Middle Fork area of Magoffin County, and authorities have said they believe he could be the shooter who fired into the vehicle Vance was a passenger in that resulted in her fatal wounding.

(See ARREST, page eight)

Accident victim remembered

by SHELDON COMPTON STAFF WRITER

PAINTSVILLE - The man killed in a two-car accident along U.S. 23 near Allen earlier this week was mourned in Johnson County and remembered as a devoted man of God.

Pelphrey

John Pelphrey, 81, was killed Tuesday morning while was trying to pull across the southbound lanes of U.S. 23 in his 2008 Toyota Rav 4 when he collided with a southbound 2009 Chevrolet Traverse driven by Terri L. Edwards, of Prestonsburg.

Now Paintsville residents are remembering a man who preached for more than

65 years in and around the region. Pelphrey had only recently retired as the minister of the United Baptist Church in

(See PELPHREY, page eight)



Allen Elementary students unveiled a flag during a "Salute to our Heroes" convocation, presented by the school's Performing Arts Department and Youth Service Center. The program featured approximately 20 veterans related to students of AES, the AES choir, the Betsy Layne ROTC, and Linda Bartrum (AES CRT) as Betsy Ross. The program concluded with the unveiling of a 30-foot by 50-foot America flag on loan from



Obituaries

Geraldine Burchett

Cesco

Geraldine Burchett Cesco, age 84, of Prestonsburg, widow of the late Otto Cesco, passed away Tuesday, November 10, 2009, at the Riverview Health Care Center, in Prestonsburg.

She was born November 11, 1925, in Floyd County, the daughter of the late Thomas Rebecca Burchett and Burchett. She was a homemaker, and a member of the Lancer Baptist Church.

Survivors include four brothers: Clyde Burchett, Gayle Burchett, and Kenneth Ray Burchett, all of Prestonsburg, and Jack Burchett of Piketon Ohio, and two sisters: Virginia Wallace of Prestonsburg, and Tommie Jean Richardson of Columbus,

In addition to her husband and parents, she was preceded in death by a brother, Glen Burchett.

services Funeral Geraldine Burchett Cesco will be conducted Saturday, November 14, at 1:00 p.m., at the Hall Funeral Home Chapel, in Martin, with Clergyman Tom Biddle offici-

Burial will follow in the Davidson Memorial Gardens. in Ivel. Visitation is after 5:00 p.m., Friday, at Hall Funeral Home. (Paid obituary)

Patty Compton

Patty Compton, 54, of Melvin, died Tuesday, November 10, 2009, at the UK Medical Center.

Born July 28, 1955, in Floyd County, she was the daughter of Josie (Hall) Isaac and the late Ervine Isaac. She was a homemaker and member of the Freewill Baptist Church.

She is survived by her husband, Roger Compton.

Other survivors include a son: William Chad (Kayla) Perry of Wheelwright; three daughters: Regina (Jeremy) Bellamy and Candy Ann Compton, both of Lexington, and Shawn Dale Compton of Hazard; three brothers: James Isaac of Mesa, Arizona, Julius Isaac of Homer, Michigan, and Frank Isaac of Albion, Michigan; five sisters: June Isaac Stone of Allen, Michigan, Virginia Mae Reese of Tyler, Texas, Frances Yonts of Deane, Carol Teubert of Allen, Michigan, and Judy Taylor Isaac of Hillsdale. Michigan; and seven grandchildren: Katelin, Jacob, Cody, Cambre, Matthew, Jace, and Summer.

In addition to her father, she was preceded in death by one son, Scotty Lee Perfy; and one brother, Julian Isaac.

Funeral services will be held Friday, November 13, at 1 p.m., at the Wheelwright Freewill Church, with Louis

Ferrari, and others, officiating. Burial will be in the Compton Family Cemetery, under the direction of Roberts Funeral Home, Robinson

Visitation, at the church.

Violet Leah Smith Kolling

Violet Leah Smith Kolling, age 77, of Martin, passed away Wednesday, November 11, 2009, at King's Daughters Medical Center, in Ashland.

She was born July 31, 1932, in Martin, the daughter of the late Sampa Smith and Minnie Frazier Smith.

Survivors include one son, Chuck Camp of Martin; three daughters: Brenda S. Camp of Martin, Patricia C. (Mike) Osborne of Langley, and Anita L. (Mike) Robinson of Martin; a brother, Dewey E. Smith of Germantown, Ohio; seven grandchildren, and 14 greatgrandchildren.

Funeral services for Mrs. Kolling will be conducted Saturday, November 14, at 11:00 a.m., at the Hall Funeral Home, in Martin, with Richard Salisbury officiating.

Burial will follow in the Frazier Cemetery, in Martin, with the Hall Funeral Home, caring for those arrangements. Visitation is after 5:00 p.m.,

Friday, at the funeral home. Pallbearers: Brent Osborne, Jason Osborne, Brad Dasner. Justin Robinson, Danny Deitz, Blake Patton, Robert Prater, (Paid obituary) and Chris Bias.

William "Bill" Duke McKenzie

William "Bill" Duke McKenzie, 71 years of age, passed away Saturday, November 7, 2009, at Baptist Health Medical Center in Little Rock, Arkansas.

He was born March 7, 1938, in Auxier, where he resided until he joined the Air Force in 1957. After his discharge in 1961, he resided in Little' Rock, Arkansas until his death.

Bill was the son of the late Mae Irma Marshall McKenzie and William Troy
" D u k e " McKenzie. He

was also preceded in death by his brother, Robert Troy "Bo" McKenzie of Columbus, Ohio.

He is survived by his wife, Murvella Harris McKenzie: a daughter, Chris Anna Reithard of Altoona, Pennsylvania; two sisters: Judith Porter. of Chillicothe, Ohio, and Martha Thompson of Pikeville.

He retired in 1990 from Parts Warehouse in Little Rock, Arkansas.

Visitation was Wednesday. November 11, 2009, from 2

Mountain Farm

COOPERATIVE EXTENSION SERVICE UNIVERSITY OF KENTUCKY - COLLEGE OF AGRICULTURE

p.m., until 9 p.m., and again Thursday, November 12, from 10 a.m., until time of service at 2 p.m. Visitation and services were conducted at Carter Funeral Home in Prestonsburg, with Calvin Setser officiating.

was in the Burial Gethsemane Gardens, Prestonsburg.

Military graveside services were conducted by the Big Sandy Chapter No. 18, D.A.V.



Mary Ellen Williams Morris

Ellen Williams Morris, age 77, of Main Street in Laurelville, Ohio, passed away Monday, November 9,

2009, at her home. She was born February 20, 1932, in Floyd County, the daughter of the late G.L. and Ann Martin Williams. She was a retired teacher with the Pickaway County School sys-

She received the Bachelor of Arts degree from the University of Kentucky, and was a member of the Delta Kappa Gamma.

She was preceded in death by her husband, Winford M. Morris.

She is survived by her Linda daughter, Kaye Gorelova of Dublin, Ohio; her son, Winford Thomas Morris of Orange Park, Florida; and six grandchildren: Thomas Joshua Morris, Travis McKinley Morris, Jacob Benjamin Morris, Rebecca Elizabeth Morris, Nicoli Unovich Gorelova, and Anjali Madeline Morris.

Funeral services were conducted Thursday, November 12, at 11 a.m., at the Warren F. Toler Funeral Home Chapel, in Irvine, by Rev. Warren Toler. Burial was at the Davidson

Memorial Gardens, in Ivel. Visitation was at the funeral

(Paid obituary)

Dollie Sue Newsome Dollie Sue Newsome, 50, of Prestonsburg, died Sunday, November 8, 2009, at Highlands Regional Medical Center, in Prestonsburg.

Born December 13, 1958, in McDowell, she was the daugh-

Door Prizes

Farm Bureau Federation

PSA

ter of Edward Stanley Jr., of Clyde, Ohio, and the late Bonnie Mitchell Lafferty. She was a certified nurses aid.

She is survived by her husband, Ronnie Newsome.

Other survivors include her sons: Robert L'afferty of Knott County, James Lafferty of Dwale, Dennis Lafferty of Paintsville, and Ronnie Jessie Newsome of Prestonsburg; a daughter, Heather Stephens of Prestonsburg; her brothers: Rex Stanley, James Stanley, and Jeff Stanley, all of Clyde, Ohio, Ralph William Guisinger, Charles Allen Guisinger, Jesse LeRoy and Kenneth Guisinger, Eugene Guisinger, all of Ohio; her sisters: Cynthia Keller of Prestonsburg, Mary Hillman of Clyde, Ohio, and Anita Kay Guisinger of Ohio; her grandchildren: Brandon, Harley, Gavin, Autumn, Cameron, Timothy, Cassie, Chloe, and Crayson.

Funeral services will be held Thursday, November 12, at 1 p.m., at the Nelson-Frazier Funeral Home, in Martin, with James Stephens officiating.

Burial will be in the Newsome Family Cemetery, in Teaberry.

Visitation is at the funeral (Paid obituary)

Virble Jean Spears Virble Jean Spears, 79, of

Bevinsville, died Tuesday, November 10, 2009, at King's Daughters Medical Center. Born August 27, 1930, in

Halo, she was the daughter of the late Silas and Goldie Johnson Burke. She was a homemaker, and a member of the Little Rock Old Regular Baptist Church, in Bevinsville. She was preceded in death

by her husband, Arvle Spears. Survivors include two sons: Glen (Lynden) Spears of Bevinsville, and Ricky (Tonia) Spears of Weeksbury; two daughters: Virginia (Lester)

Gibson and Brenda (Darrell)

Jenny Wiley 3528, AARP **Diabetes Screenings**

As a part of a program to be presented by Bonnie Hale, of the Floyd County Health Department, diabetes screenings will be given at the meeting of Jenny Wiley Chapter No. 3528, AARP, to be held Tuesday, November 17, at the First Presbyterian Church, Prestonsburg. The meeting begins at 5:30 p.m., and all members and friends are encouraged to attend and take advantage of this important health procedure.

The Chapter is also collecting used eye glasses for distribution in Peru, and unused Christmas cards (with or without envelopes) to be written to nursing home residents. Please bring yours.

Call 1-877-231-DRUG

for more information

Hall, both of Bevinsville; two brothers: Homer and Silas Burke Jr., both of Bevinsville; eight grandchildren, and six great-grandchildren.

In addition to her husband and parents, she was preceded in death by a daughter, Wanda Spears; two brothers: Noble and Hobert Burke; and one grandson.

Funeral services will be held Saturday, November 14, at 11 a.m., at the Little Rock Old Regular Baptist Church, in Bevinsville, with Old Regular Baptist ministers officiating.

Burial will be in the Silas Burke Cemetery, (Frozen) in Bevinsville, under the direction of Nelson-Frazier Funeral Home, in Martin.

Visitation is at the church. (Paid obituary)

Glover Walter "Walkie" Spencer Glover Walter "Walkie"

Spencer, age 76, of Martin, husband of Ruby Lee Maggard Spencer, died Friday, November 6, 2009, at his residence.

He was born March 16, 1933, in Drift, a son of the late Glover Walter and Anna Mae Crisp Spencer. He was a member of the Church of Jesus

Christ of Latter Day Saints, and a retired Columbia Gas Company employee.

In addition to his wife, he is survived by two daughters: Sharon Bubenzer, and her husband Mark, of Lexington, Cheryl Hansford, and her husband Don, of Eastern; one brother, Paul Spencer of Martin; three grandchildren: Joshua Hansford, Nathan Ratcliff, and Elizabeth Pelfrey; and two great-grandchildren: Logan Ratcliff and Layne Pelfrey.

Funeral services for Glover Walter "Walkie" Spencer were conducted Tuesday, November 10, at 11 a.m., in the Hall Funeral Home Chapel, in Martin, with elders of the church officiating.

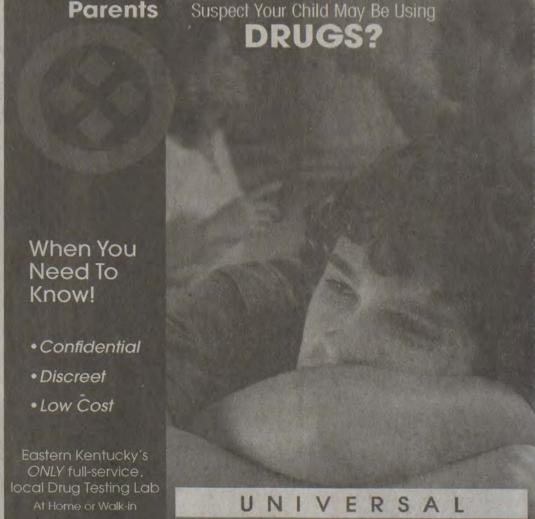
Burial was in the Davidson Memorial Gardens, in Ivel, with the Hall Funeral Home caring for those arrangements. Pallbearers: Don Hansford,

Bubenzer, Mark Hansford, Nathan Ratcliff, Tim Spencer, Brad Scalos and J.D. Adams.

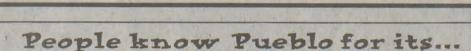
Hororary pallbearers: William R. Hughes, Arnold Hall, Glen Patrick,, Steve Stout and Alan Whicker.







iven at each presentation Conference Where: Mountain Arts Center Hal Rogers Drive, Prestonsburg, KY Date: November 14, 2009 Time: 9 a.m.-12 noon For more information, please contact: Anthony Ray Tackett Floyd County Agriculture and Co-Sponsored by Natural Resources Agent 9-9:45 Shiitake Mushroom Production Floyd County 10-10:45 Fruit and Berry Production **Conservation District** Phone: (606) 889-9800 11-11:45 Sweet Potato Production 9-9:45 Basic Honeybee Hive Management





10-10:45 Ginseng Production in Kentucky

11-11:45 Hay and Pasture Field Management

Snazzy Web Site? (www.pueblo.gsa.gov)



Floyd County

Extension Service

In Pueblo, the free government information is also hot. Dip into the Consumer Information Center web site, www.pueblo.gsa.gov. Or call toll-free 1-888-8 PUEBLO to order the Catalog. Sorry, salsa not available through our web site or Catalog.

U.S. General Services Administration

For the Record

Marriage Licenses

Elizabeth Danielle Dingus. 19, of Martin, to Daniel K. Osborne, 25, of Martin.

Heather Leann Music, 30, of Prestonsburg, fo Gary Slone, 57, of Prestonsburg.

Sheena Elise Boyd, 24, of Prestonsburg, to Wesley Dale Shepherd, 24, of Prestonsburg. Eullean Little, 44, of

Harold, to Chester Dean Marlowe, 41, of Harold.

Genna Rena Stumbo, 38, of Minnie, to Brian Keith Tackett, 39, of Beaver.

Civil Suits Filed

Tri County Concrete vs. Clayton Holland; complaint.

1 LLC vs. Larry Conley; com-

Tax Ease Lien Investments 1 LLC vs. Countrywide Home Loans; complaint.

Deutsche Bank National Trust Company vs. Shawn G. Goodman; complaint.

Sheilah Ratliff vs. Jessica Frye; complaint.

Tax Ease Lien Investments 1 LLC vs. Green Kidd; com-

Faye Shepherd and Phyllis Shepherd vs. Southern Water and Sewer District, Justin Kyle Shepherd, Garrett Volunteer Fire Department and Maytown Volunteer Fire Department; complaint.

Harold Salisbury vs. John B. Little; complaint.

Tammy L. Norman vs. Allstate Property and Casualty Insurance Company; complaint.

Michael Banks vs. CSX Transportation Inc.; complaint. BAC Home Loans Servicing LP vs. James W.

The increased demand for

the seasonal flu shot is thought

to be tied to heightened aware-

ness of flu activity due to the

emergence earlier this year of

the new 2009 H1N1 flu strain

(swine flu), which the seasonal

vaccine does not protect

against. Seasonal flu vaccine is

highly recommended for: chil-

dren age 6 months to 19 years

old; pregnant women; people

50 years old or older; people of

any age with chronic health

problems; people who live in

nursing homes and other longterm care facilities; health care

workers; caregivers of or people who live with a person at

high risk for complications

from the flu; and out-of-home caregivers of or people who

live with children less than 6

months old. While seasonal flu

is not yet circulating in Kentucky, the virus is expect-

ed to make an appearance later

H1N1 (swine flu) is also in limited supply, but unlike sea-

sonal flu vaccine, more is being produced and gradually increasing amounts are expected over the coming weeks and

months. Individuals should

check with their local health

departments or other health care providers to see, if they are

~ In Loving Memory ~ Michelle Lee

Harmon

9-24-72 - 11-14-08

It's been a year now and

your love will always be

in our hearts. You were so young when you left us,

we know God must have

had a place marked for

you. We know you're in

Heaven, looking down

from above; smiling

every minute, because

you know your children

are doing alright and will

always be loved. We love

Tim, Jessica, Tyler

you and miss you.

The vaccine against 2009

this fall or winter.

Vaccine

Frasure; complaint.

Wells Fargo Bank, N.A. vs. James R. McLung Jr.; com-

Appalachian Regional Law School vs. Suzy Dyan Gibson; complaint.

Charges Filed

Libby Pack, age unlisted, Hueysville; four counts of theft by unlawful taking.

Martellia A. Wright, 35, Prestonsburg; theft by unlawful taking.

Steven Rogers, age unlisted, Garrett; first-degree wanton endangerment, first-degree criminal mischief.

Robert L. Blanton, 36, Tax Ease Lien Investments Prestonsburg; receiving stolen

> Brandon Hutchinson, 19, Harold; first-degree criminal mischief.

> 19, Ethan Spears, Bevinsville; first-degree criminal mischief.

Justin K. Blackburn, 21, Prestonsburg; theft by deception, theft by unlawful taking.

Jessica Dawn Slone, 29, Leburn; theft by unlawful tak-

Billy D. Rackey, 34, Hi Hat; terroristic threatening, criminal littering.

Thomas M. Brown, 31, Langley; possession of a controlled substance, prescription not in original container, use or possession of drug parapher-

Jonathan Michael Moore, 31, Prestonsburg; terroristic threatening.

Stephen D. Johnson, 37, Wheelwright; carrying a concealed deadly weapon, public intoxication.

Austin William Lumpkins,

in a target group for the swine

flu vaccine and should receive

it as soon as it is available in

groups for this vaccine differ

somewhat from those targeted

Individuals may also want

their community.

for the seasonal flu shot.

■ Continued from p1

Target

29, Allen; theft by unlawful taking.

Linda B. Blankenship, 39, Thelma; public intoxication. Michael Johnson, 24, Allen; theft by deception.

Inspections

Velocity Market, Betsy Layne, regular inspection. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, food contact surfaces not properly constructed, food contact surfaces not properly maintained, non-food contact surfaces not properly constructed, non-food contact surfaces not properly maintained, handwashing facility not accessible, sanitary towel or hand drying device not provided at lavatory or handwashing sink, garbage and refuse containers not covered as required, floors not in good repair, walls, ceiling, attached equipment not constructed properly, walls, ceiling, attached equipment not in good repair, lighting not provided as required, light fixtures not shielded as required. Score: 85.

Double Kwik, Harold, regular inspection. Violations noted: food not protected during storage, food not protected during preparation, food contact surfaces not properly maintained, food contact surface of equipment and utensils not clean, toilet facility not in good repair, walls, ceiling, attached equipment not constructed properly, lighting not provided as required. Score:

Food: 90, Retail: 97. Hometown IGA, Stanville, regular inspection. Violations noted: lack of numerically scaled thermometers in all refrigeration and freezing units storing potentially hazardous foods, food not protected during storage, cloths used for food and non-food contact surfaces not stored and rinsed frequently in water sanitizing solution, non-food contact surface of equipment and utensils not clean, handwashing facility not accessible, sanitary towel or hand drying device not provided at lavatory or handwashing sink, floors not

in good repair, floors not clean, light fixtures not shield-

Property Transfers

Jennie Adkins to Claude Justice, property not listed.

Kenneth R. Adkins to James L. Hall, property located at Banner.

Tammy J. Adkins to James Hall, property located at

Thurman Allen Adkins to James L. Hall, property located at Banner.

Elevease Akers to William Calvin Akers Jr., property located at Toler Creek. Elevease Akers to Ricky

Lee Akers, property located at Toler Creek. Elevease Akers to Delores

Stevens and James Stevens, property not listed. Orbie Boyd to Archer D. Boyd, property located at

Betsy Layne. Tommy L. Cole to Lowell Martin, property located at Salt Lick Creek.

Glen Hackworth to Kermit Conley, property not listed. Rosemary Hackworth to

ed as required. Score: 87.



Friday 13th

A Great Day!

Born to Mr. and Mrs. Winston Ford Jr., their first child on Friday, November 13, 1957, at 13 minutes before 3:00 in the afternoon, a daughter, Virginia Leslie Ford - 6 pounds, 10 ounces. She is just as pretty 50 years later.

> Love you, Mother



ONE DAY FACTORY DIRECT SALE!

**** HEATSURGE®

Electric Fireplace

- Real wood mantle made by Amish craftsmen in Ohio
- Save money on energy bills with zone heating.
- Easily rolls from room to room. Great in bedrooms, kitchens, dens and basements.
- Customize comfort levels with 2 heat settings.



to talk to their health care provider about whether they should receive the pneumococcal vaccine.

STRAND

PRESTONSBURG, KENTUCKY 606-886-2696 http://showtimes.hollywood.com Wall-to-Wall Screens, Dolby Sound, and Cupholders!

11/13/09 - 11/19/09 Cinema 1-Starts Friday, Nov. 13 2012 (PG-13). Mon.-Sat. 7:00; Sun.

(1:30) 7:00. Cinema 2-Starts Friday, Nov. 13 PARANORMAL ACTIVITY (R). Mon.=

Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00. Sunday Matinee Open 1 00; start 1/30

RIVERFILL 10

606-432-2957

Tickets may be purchased in advance for any show on the date of purchase, Bargain Matinees Until 6 p.m. TICKET PRICES:

Adult—\$8.00 • Kids/Seniore—\$5.00 Matinee—\$4.00

Cinema 1-Held Over THE BOX (PG-13): Mon.-Sun. 6:55-9:20; Fri. (4:20) 6:55-9:20; Sat.-Sun. (1:55-4:20) 6:55-9:20

Cinema 2—Held Over MICHAEL JACKSON: THIS IS IT (PG) Mon.-Sun. 6:55-9:20; Fri. (4:20) 6:55-9:20; Sat.-Sun. (1:55-4:20) 6:55-9:20 Cinema 3-Held Over LAW ABIDING CITIZEN (R). Mon.-Sun.

7:05-9:25; Fri. (4:25) 7:05-9:25; Sat.-Sun. (2:05-4:25) 7:05-9:25. Cinema 4—Held Over SAW 6 (R). Mon.-Sun. 7:00-9:15.

Cinema 4—Held Over ASTRO BOY (PG). Fri. (4:15); Sat.-Sun. (2:00-4:15).

COUPLES RETREAT (PG-13). Mon. Sun. 7:00-9:20; Fri. (4:20) 7:00-9:20; Sat.-Sun. (2:00-4:20) 7:00-9:20 Cinema 6-Held Over

PARANORMAL ACTIVITY (R). Mon.-Sun. 7:15-9:30: Fri. (4:30) 7:15-9:30: Sat-Sun. (2:15-4:30) 7:15-9:30. Cinema 7-Starts Friday, Nov. 13

2012 (PG-13). Mon.-Sun. 8:00; Fri. (5:00)

8:00; Sat.-Sun. (2:00-5:00) 8:00. Cinema 8-Held Over A CHRISTMS CAROL (PG). Mon.-Sun. 7:05-9:25; Fri. (4:25) 7:05-9:25; Sat.-Sun.

(2:05-4:25) 7:05-9:25 Cinema 9—Held Over
THE FOURTH KIND (PG-13). Mon.-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30.

Cinema 10-Held Over THE STEPFATHER (PG-13), Mon.-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30.

Safely & Comfortably Heat 400 To 1000 Sq. Ft. For Pennies A Day With An Energy Saving

Infra Red Heating System



Factory Direct Sale! Heaters Starting at

H SIS HRH IH IRR HI SS S SH R R RI SHS

- Single unit can effectively heat up to 1000 square feet.
- The unit can generate 1500 Watts or 1000 Watts at the touch of a switch.
- Ambient air temperature passing through the unit is efficiently and safely increased by approximately 115 degrees.
- Stylish oak cabinet with high quality caster for easy movement.

30-Day Money Back Guarantee



Tuesday, November 17 11 a.m. -7 p.m.

Days Inn US Hwy. 321 S., KY 41240 in Paintsville For questions, please call 859-492-4198





there is an invisible labor.

- Victor Hugo

Worth Repeating ...

A man is not idle because

he is absorbed in thought. There is a visible labor and

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Guest View

Brave new world of prescriptions

It's becoming rare to sit through an entire television program without seeing at least one commercial advertisement that's trying to convince you to get a prescription for some new medicine. The Associated Press reports that drug companies last year spent more than \$4 billion on such advertising.

The Centers for Disease Control and Prevention has announced that some medicines prescribed for urinary tract infections can cause birth defects. According to the National Birth Defects Prevention Study, funded by the CDC, women who had taken sulfa drugs or nitrofurantoins reported more birth defects than those who took traditional antibi-

Those drugs have been on the market for decades, and thousands of women have taken them — usually with no ill effects. Sulfa drugs, such as Bactrim and Thiosulfil Forte, already have been linked to anencephaly, a generally fatal birth defect.

Because drugs are placed on the market with little or no experimentation on humans, some side effects don't come to light until years after they are introduced. The Food and Drug Administration approves or rejects new offerings based on animal research, or known information on similar compounds.

So while drug makers and inspectors take as many precautions as possible, some approved drugs later are found to cause problems — as in the famous cases of thalidomide and Vioxx. Fortunately, such cases

Despite the novelty of new drugs, many people choose the old triedand-true options that can be just as effective at a much lower cost.

One of the factors driving the constant flow of new medications, as well as their cost, is the shortened patent life the government allows on drugs. Once the patents expire, or someone successfully sues to have the formula released in the name of public benefit, competing companies quickly start producing copies under both generic and name brands. In order to help pay for the research that produced the original drug, the manufacturer frequently makes slight alterations, gives it a new name and secures a new patent.

Sometimes the new version remedies any problems found in the original formula, but often the difference is negligible. So even people familiar with a certain drug are best advised to check for new cautions or recalls regarding any medication before using it.

At the same time, consumer groups note that many of the new drugs that are advertised aren't any safer or more effective than what's been on the market for years. Consumer Reports has published a magazine, "Best Drugs for Less," that compares drugs by price and function.

Doctors and pharmacists, as well as some good research on the Internet and other sources, can help people decide what medicines are best for what ails them at any given time. In these times of rising health care costs, patients should do at least some rudimentary research into the medicines commonly used to treat their conditions.

The growing cost of health care is spurring more and more people to self-diagnose and buy medicines off the Internet or across the southern border, where often they can be bought without a prescription, and at a fraction of the cost.

People who do so should understand that while they might save some money, there often aren't any guarantees that you'll get what you think you're paying for. Folks with chronic conditions often take the same medications for years, but one of the costs factored into the price is the security of knowing exactly what you're putting into your body.

The newest medicines are attractive, especially to folks who have struggled with older drugs that help, but sometimes not enough. Newer seems better, but the new medicines can come with unexpected side effects. Check out what your doctor wants you to take, and be sure to tell him or her if you have any trouble with the new drugs. The patient is the first to know if there are any problems.

— Colorado Springs Gazette

CONGRESS HAS DECIDED YOU MUST BUY HEALTH INSURANCE OR WE WILL FINE OR JAIL







SIMPLE. THE INTERSTATE COMMERCE CLAUSE ALLOWS US TO REGULATE THEN WHY DON'T YOU ALLOW HEALTH INSURANCE TO BE SOLD ACROSS HEALTH CARE. STATE LINES? HERE'S \$8,500



Guest column

House week in review

by REP. HUBERT COLLINS

Cancer is not a word that folks whisper much anymore. The disease is too widespread.

Just look around and you will see state-of-the-art cancer clinics like Highlands Cancer Center in Prestonsburg cropping up across the state to combat what has become the second-leading cause of death in Kentucky. The most recent statistics from the U.S. Centers for Disease Control and Prevention on leading causes of death in Kentucky and the nation indicate that Kentucky's death rate from cancer in 2006 was 211.2 per 100,000 people, barely edging ahead of the state's number one killerheart disease-which claimed 235.5 lives per 100,000 people that year.

Yes, cancer can kill. That is why prevention and adequate care for those with cancer is so important to

Kentucky lawmakers have always supported anti-cancer legislation, from bills that improve access to cancer screenings to improved benefits for those with the disease. Now state lawmakers are coming together again to fight this tough illness by spreading the word about patient support programs coordinated by the American Cancer Society (ACS) that are available to patients and their families throughout Kentucky. The programs include a toll-free hotline to direct interested citizens to local services; ACS "Hope Lodges" that provide free housing for cancer patients receiving care in Lexington and Nashville; free medical, health and beauty aids for patients, and travel assistance provided by volunteers.

I have given more information about these programs below, along with details on other ACS programs that patients and their families need to

■ Toll-free hotline. For 24-hour, 365-day-a-year information about cancer, please call the American Cancer Society's National Cancer Information Center toll-free at 1-800-227-2345. Trained cancer information specialists will be on hand to answer questions about cancer, local resources, and more. This information is also available at www.cancer.org .

ACS Hope Lodges. Hope Lodges are temporary homes for patients who might need to spend weeks or months away from home in Lexington or Nashville for treatment. The housing is free, allowing patients to focus on fighting their disease and avoid the worry of lodging expenses.

Free medical, health and beauty aids. Patients can receive gift items to help with their diagnosis, including

wigs, turbans, breast prostheses, prosthetic bras and limited durable medical equipment, among other items. Transportation needs can also be met in some areas by ACS volunteers who drive patients to and from their cancer treatments through the organization's Road to Recovery program.

Children's Camps. ACS provides camps for child cancer patients in Northern Kentucky and in Nashville. The camps are equipped to handle the special needs of patients in a fun, summer camp atmosphere.

■ I Can Cope. This program helps patients and their loved ones after a diagnosis has been made by offering a series of sessions on pain management, nutrition, money concerns and more. Sessions may be offered in a classroom. They are also found online at www.cancer.org/onlineclasses.

Support and self-help groups. Patients and their families find these groups helpful when trying to deal with the physical and emotional challenges of cancer diagnosis and treat-

A complete list of programs in the Kentucky and Southern Indiana area can be found on the ACS website at cancer.org. To learn more about any of the services or about ways you can support ACS programs in our area, contact the local ACS office at 606-324-1819 or the Lexington-area office at 859-229-8880.

Have a great week.

Published Wednesday and Friday each week

263 SOUTH CENTRAL AVENUE PRESTONSBURG, KENTUCKY 41653 Phone: (606) 886-8506

Fax: (606) 886-3603 www.floydcountytimes.com

Entered as second class matter, June 18, 1927, at the post office at Prestonsburg, Kentucky, under the act of March 3, 1879. Periodicals postage paid at Prestonsburg, Ky.

> SUBSCRIPTION RATES PER YEAR: In Floyd County: \$59.00 Outside Floyd County: \$76.00

Postmaster: Send change of address to: The Floyd County Times P.O. Box 390 Prestonsburg, Kentucky 41653

Joshua Byers jbyers@heartlandpublications.com

MANAGING EDITOR web@floydcountytimes.com

ADVERTISING MANAGER Jamie VanHooose advertising@floydcountytimes.com



Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky.

The Times

CLASSIFIEDS work for you!

- buy - rent - hire -find

Local Rates Include Online

only \$5.50 for the first three lines, \$1.00 each additional line Bargain Basement - Items under \$100 - 3 lines, half price Yard Sale Ads - 1 Day \$5.00 - 3 days \$12.00

(30 words or less)

"For Sale Special" 3 lines/



Over 18,000 Readers every issue! 5 Easy ways to place your ad:

- 1. Call: (606) 886-8506, LeighAnn Williams
- 2. Fax: (606) 886-3603
- 3. E-mail: classifieds@flovdcountytimes.com
- 4. Stop by: 263 S. Central Avenue, Prestonsburg
- 5. Mail: P.O. 390, Prestonsburg, KY 41653

Our hours: 8 a.m.-5 p.m. DEADLINES: Wednesday's paper @ Mon., noon Friday's paper @ Wed., 5 p.m. Sunday's paper @ Thurs., 5 p.m.

> Visa - MC - Discover Check

Write vour ad here:

(approximately 18 letters per line)

CREDIT CARD

The Best Way To Write An Ad:

- · Begin with a key word (item for sale, etc.)
- · Use descriptive words to identify your items · State your price or terms
- · Include a phone number and/or e-mail address

For sale: 2005 Honda

500 S Foreman. \$3,800. 1000 miles. Call 226-1028 or 874-0752.

If you need brick block

stone, fireplaces built or mobile homes under

Call 606-424-

ADDRESS:

PHONE #:

Extra sharp. Moon roof, V6, 60,000 miles. Asking \$7,495 1998 S-10 . 4 cyclinder,5 speed. \$2,000. 1999 Ford Tarus. 70,000 miles. \$3,495. 2003 Olds Alero - 80,000 2005 Mits Galant. \$7,495 Chevy

Suburban.\$2,495 2001 Jeep Cherokee. \$4,200. 2000 Ford Windstar. \$2.895 Wanted To Buy: Pick-up trucks. Call 886-9181. Music Carter Inc. Ask for Virgil Slone or Michael 2000 Geo Tracker 2002 Chevy Malibu. \$3,495 customized van \$2,700 Call 8862842

Houses For Sale

IMPORTANT. Looking for women to move in for free rent. To help with upkeep of the home. No drinking. Call 886-9297.

Want To Buy new vinyl siding, gutters and windows. Located at Want to buy: 3 br 14x70 or larger mobile home. Wilson Creek at Langley Call 285-4723 or 791 model or newer be reasonably Call 606-874-

Land (Acreage)

land total 2 acres of flat land. City water, natural gas. Located on Caney Fork. Call 606-886-1473

Real Estate Rentals

Townhouses

on US 23 at Ivel. 2 br, 1 bath. \$400 month plus \$400 deposit. 1 year Sm. furnished apartment for rent. Suitable for 1 maybe 2 people. Located just off Mt Parkway on Rt 114. Call 886-8724.

1& 2 br apartment for rent.Located on Ky Rt 321 between Highland

elcome. Call 789-5973.

furnished apartment with utilities paid. Also one bedroom house. Located in Prestonsburg. Call 886-5959 and leave telephone

Now available at Quik Silver large 2 br, 1 1/2 bath townhouse . Also has hardwood floor, central heat/air and carport. \$585 monthly plus deposit. NO pets and no HUD. Call 226-1925 or 434-6516.

Commercial

50 X 90 Building 18 ft tall rent. Located at n. \$475 a month.

2005 Mitshubishi galant.

Apartment for rent. Located above Unisign

hospital & Davis market. Central heat / air with washer / dryer hookup. References and deposit required. Seniors

Apartments/ Townhouses

3 br, 2 bath house for rent. Located at 385 Riverview lane (lancer).

organ & tissue denor Sign the back of your drivers onse or place a Donor Dot on tell your family of your wishe 1-800-525-3456. or www.trustforlife.org



highly motivated individuals!

No Experience Necessary

Looking for upbeat,

MMEDIATE OPENINGS

Sales Personnal Needed!

CHEVROLET • PONTIAC • BUICK • GMC No Phone Calls, Please!

Paintsville, KY

Our CLASSIFIEDS Will WORK For You!!!

2 Br, townhouse for rent.

flooring with all amenities. No HUD

accepted. Call 358-9483.

Newly renovated 1 br apartment. Stove,

apartment. Stove, refrigerator, washer/dryer

reingerator, washer/dryer hookup. Located on US 23 near the Pike/Floyd line. Suitable for an individual or working couple. No pets or No HUD. Call 886-9158 or 226-9472.

ocated on 4 miles from Prestonsburg. Hardwood

200 Announcements Services

500

Miscellaneous

Start an Avon businees Earn extra money or more money than you

Miscellaneous

possible. from home or sell online Jency 606-886

Need a DJ for Christmas, New Years or private parties. Will private parties. Will provide all music & equipment. Will do for \$400. Call 606-377-7798 or 859-421-5449.

sale: 1450 Case Dozer. Used on farm. Good condition. Will sell or trade. Call 859-771-1139

For sale: 52 inch RCA hd tv. 3 years old. \$400 firm. Call 285-5033.

For sale: 5x10 tilt trailer. \$400. Call 874-0752.

For sale: 250 Recon. Like new! \$3,000. Call 226-1028 or 874-0752.

Public Notice

Floyd

County Housing Authority Board of Commissioners will be meeting in Special Session on Tuesday, November 17, 2009, at 5:00P.M.in the Conference Room of the Central Officeat Warco Apartments. The agenda of the Special meeting is as follows: Minutes of October 8, 2009 meeting.Obsolete Equipment writeoff. Write-off of old checks. Monthly financials of the Au-

thority. 2008Audit, Presented by Auditor Jacquie Slone CPA. Other Business Annual Meeting of Hope Homes, & Friends, Inc. and Floyd County Housing Inc, will be held immediately following the Floyd County Housing Authority meeting.

to the imes.

Campers / RVs &

sale:

PUBLIC NOTICE

Second reading of a proposed ordinance amending the Floyd County budget for the fiscal year 2009-2010, to include unanticipated receipts from FEMA in the amount of \$2, ooo ooo.oo and in creasing expenditures in the area of roads will be held on the 24th day of November 2009 at 10:00 a.m. at the Floyd County Courthouse. copy of the proposed ordinance with the full text is available for public inspection at the of fice of Robert D Marshall county

judge / executive

during normal busi-

ness hours.

Come Grow With Us!!

Highlands, a growing premier healthcare facility in Prestonsburg, is currently recruiting for

Radiology Technologist - Full-Time Highlands Staffing

Highlands Staffing has an opening in the Radiology Center for a Radiology Technologist. This position coordinates the daily office operations of the Radiology Center and will be responsible for radiologic technologist duties, as well as site coordinator activities. They also perform radiographic and fluoroscopic duties that require the employee to work independently within established department standards. They will be responsible for conducting CT scans and tient Radiology Center.

Preferred candidates will have an High school diploma or G.E.D. equivalent, and be a graduate of a Committee of Allied Health Education and Accreditation (AMA) Accredited Radiography Program. They will possess a Certification by American Registry of Radiologic Technologists, and a "General Certificate" as a certified radiation operator from the Kentucky Department of Human Resources. Three to five years of general radiography and CT experience is preferred. As is the ability to effectively work in a multi-task environment.

> Interested applicants may apply to the **Human Resources Department Highlands Regional Medical Center** 5000 Kentucky Route 321, Prestonsburg KY 41653 (606) 886-7531 · Fax (606) 886-7534 E-mail: tclark@hrmc.org Highlands is an equal opportunity employer.

Come Grow With Us!!

Highlands, a growing premier healthcare facility in Prestonsburg, is currently recruiting for Medical Office Assistant - Full-Time

Highlands Staffing Highlands Staffing has an opening in the Radiology Center for a Med-

ical Office Assistant. The Medical Office Assistant would be responsible for coordinating the daily office operations by performing and/or organizing technical, clerical administrative and office functions. The medical office assistant position: acts as the liaison between office personnel, physicians, patients, hospital personnel and the public in general. Duties will include checking patients in, preparing files, answer telephones, greeting patients and registering patients. Will verify patient insurance eligibility and satisfy billing requirements. They will provide assistance with the establishment and maintenance of office relationship with hospital staff, patients and families, patients with payment/billing concerns and notification of the appropriate personnel to obtain resolution. They will be responsible for providing customer service/patient focus and adhere to all medical office and HIPAA guidelines.

Requirements: High school diploma or G.E.D.equivalent. Must have an Associate Degree in related field or will have minimum 5 years experience working in a Radiology Center or with a Physician practice. Knowledge of medical procedures and terminology is desired. Interested applicants may apply to the

> Highlands Regional Medical Center 5000 Kentucky Route 321, Prestonsburg KY 41653 (606) 886-7531 · Fax (606) 886-7534 E-mail: tclark@hrmc.org Highlands is an equal opportunity employer.

Human Resources Department



Searching for something?

We can help you find it! We have everything you need — local news, sports, classifieds, ads, stock quotes, financial news, health news, travel tips, and much more!

Check out the community's most popular web site at www.floydcountytimes.com



Carpentry Work James Watkins and

Mike Watkins 50 years combined experience New houses, remodeling, drywall, sheetrock, roofing, shingles, and metal roofing. All finish work, concrete, decks, vinyl siding. Call today 886-3052 or 263-4237 (Please leave message)





Remodeling

BEST VALUE

Add-on's, Roofs,

Decks, and Sheetrock ANYTHING THAT

NEEDS DONE Under bids most.

25 years Experience.

CALL ANYTIME

791-2656

el & L **Electrical Contracting** Residential & Commercial **Electrical Services** Home Improvements and Repairs 40-ft. Bucket Truck and **Bobcat for Hire** LICENSED and INSURED Free Estimates • Reliable Call JOHN LEWIS, today Ph: (606) 886-2785

Pager: (606) 482-0229





The Hayloft FEED STORE and TANNING SALON

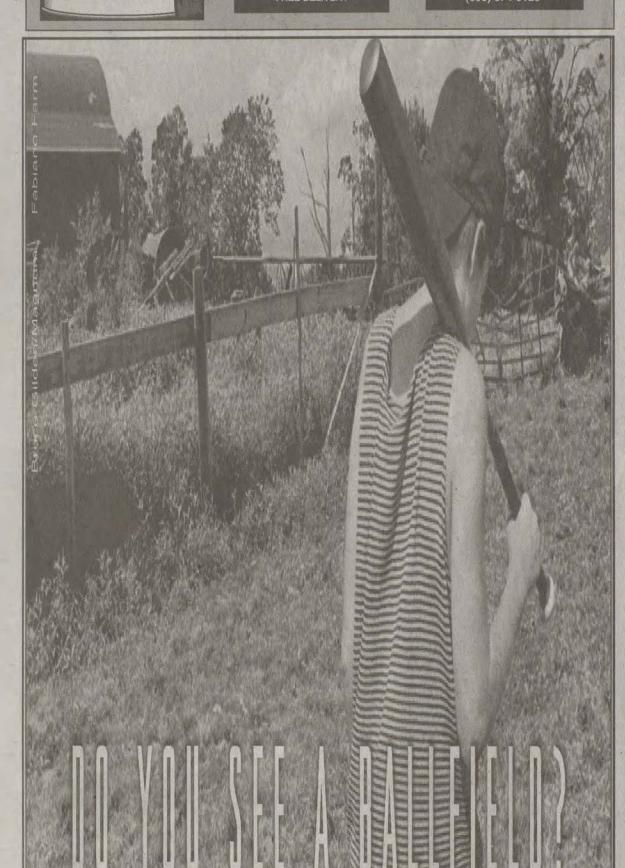
2051 Ky. Rt. 40 West, Staffordsville, KY 606-297-1878

Super Tanning Beds We Carry All Kinds of Livestock Feed Accepting MasterCard & Visa.



Installation & Maintenance

Free Estimates · (606) 874-9123



They help community groups organize resources and fight to keep kids away from drugs. Contact a community coalition and find out what your group can do.

> www.helpyourcommunity.org or 1-877-KIDS-313

WHEN YOU GET TOGETHER

Office of National Drug Control Policy



Houses For Rent

house for rent. 1 Located at 161 Lafferty Branch on Rt 80. \$550 per month plus deposit. Call 874-8482.

Abott. Call 886-9479.

Total electric mobile home for rent, 2br, 2 bath located in Martin area. Call 285-3980.

3 br , extra nice mobile 3 br , extra nice mobile home for rent.Refrigerator, stove, washer/dryer. \$550 per month plus utilities and security deposit.Must have references.HUD accepted. No dogs. Call 874-2802.

For rent: new mobile home for rent. Near Allen. Furnished. Restrictions apply & references required. Call 377-2357.

Mobile with Ig private lot for rent. Located 2 miles up Arkansas Creek. All electric. \$425 per month plus utilities. Call 886-6665. Help Wanted - General

LPN'S-Mtn Manor has position(s) available for LPN's. New competitive wage scale & great benefits. Apply in person at 1025 Euclid Avenue, Paintsville, Ky from Monday-Friday between 8:00am to 4:30pm.

Dental Hygienist or dental assistant for busy Must children. Health insurance, paid holidays, 401 K profit sharing retirement plan, bonus pay, 4 day work week. Send resumes to 38 Grace Drive, Prestonsburg, Ky 41653.

Experienced meat cutter needed in Johnson Co area. Call 297-6707.

Help Wanted - General

For Hire: R.N. or L.P.N. or respiratory therapist. To stay with elderly woman. Call 226-6243 or 226-1324 or 886-8580.

Financial

CREDIT CARD RELIEF **Buried in Credit Card** Debit?

Call Credit Card Relief **PUBLIC NOTICE:**

RE: Public Service Commission of Kentucky (CASE NO. 2009-00425)

Public Notice is hereby given that East Kentucky Network, LLC, dba Appalachian Wireless has applied to the Kentucky Public Service Commission to construct a cellular telecommunications tower on a tract of land located approximately 1.25 miles Northeast of Wayland in Floyd County, Kentucky. The proposed tower will be a 300 foot self-supporting tower with attached antennas.

If you would like to respond to this notice, please contact the Executive Director, Public Service Commission, 211 Sower Boulevard, PO Box 615, Frankfort, Kentucky 40602. Please refer to Case No. 2009-00425.

The Floyd County and **Prestonsburg Housing Authority Voucher Program** has a part-time

clerical position available

General requirements for this position are a High School diploma or equivalent, at least three years office experience, including basic computer skills, ability to work with confidential information, and work well with the public. Applicants must have a valid Kentucky Driver's License. Pay commensurate with experience.

Applications will be accepted at the Housing Choice Voucher Program office at: 36 Blaine Hall Street, Apt. 37, Prestonsburg, KY, between the hours of 8:30 a.m. to 3:30 p.m., Mondy, Tuesday, Thursday, and Friday. Wednesday, 8:30 a.m. to 12:00 p.m.

The Floyd County and Prestonsburg Housing Authorities are an equal opportunity employer.



SEARCH

the Busiest Web Site in the Area.

HOW OVER 195.851 PASE VEHS A MONT

www.floydcountytimes.com

Financial

for your free consultation. 1-877-264-8031

DEBT SETTLEMENT

USA

We solve debt

problems!

If you have over \$12,000 in debt

CALL NOW!

1-877-266-0261

Other Services

DIRECTV

experience, upgrade from cable to Directv

today!

Packages start at \$29.99

1-866-541-0834

AMERICAN TAX

RELIEF

Settle IRS Taxes

For a fraction of what

you owe. If you owe

over \$15,000 in back

taxes call now for a

free consultation. 1-

877-258-5142

ADT Free Home Security System \$850 Value

Security

with purchase of alarm monitoringservices from ADT Security Call 1-888-274-3888

Tax / Accounting

AMERICAN TAX

RELIEF Settle IRS Taxes For a fraction of what you owe. If you owe over \$15,000 in back taxes call now for a free consultation. 1-877-258-5142

GUARANTEED CONSUMER Own a computer for as little as \$29.99 per week! No credit check! Guaranteed Consumer Funding 1-888-282-3595

DISH NETWORK Save up to 40% off your cable bill!Call LIFELOCK Dish Network today! 1-877-274-2471

Are You Protected? An identity is stolen every 3 seconds. Call Lifelock now to protect your family free for 30-

> 1-877-481-4882 Promocode: FREEMONTH

Maintenance Technician Immediate Opening-Floyd Area \$9.00 To Start

Health & Dental to qualified applicants. Must have own tools and truck. Duties include: painting, cleaning, and grounds upkeep. Minimum 32 hours/week.

Fax résumé and 3 references to: (606) 683-3300

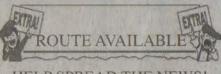
Welding Positions **Available**

Excellent pay & benefits Drug screen required. Call for appointment 606-285-9358

Richard Albert, M.D. Formerly of Pain Management Announces The Opening of His Clinic

498 Ky. Rt. 321N, 1/4-mile past Premier Motors and beside Peterbilt Trucking

606-297-1600



HELP SPREAD THE NEWS!

The Floyd County Times has an immediate opening for a Route Driver

This is a part-time position. Applicant MUST BE DEPENDABLE. Must be able to do heavy lifting. Must have valid driver's license, with clean driving record.

Use of personal vehicle is required. The successful candidate must have the ability to function in a fast-paced environment.

> Apply in Person at: The Floyd County Times 263 S. Central Ave. Prestonsburg, KY



We are currently seeking highly energetic managers and assistant managers with a commitment to quality and a passion for exceptional customer service to join our team

Must Lead by example, be able to coach others and results driven.

We offer a full range of benefits:

Competitive Salary

Bonus Opportunities

· Health and Dental · Paid Vacation and Holidays

Advancement Opportunities

Please mail résumé to: Human Resources Dept. P.O. Box 430 Whitesburg, KY 41858

Apply On-Line at: www.doublekwikhr.com by November 20th

Hoyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.



ASSEMBLY OF GOD

First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister.

In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.

New Bethel Assembly of God, Burning Fork Rd., Salyersville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith,

Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

BAPTIST

Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.

Auxier Freewil Baptist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 pm.; Thursday, 7 p.m.; Bobby Spencer, Pastor.

Ball Branch Regular Baptist Church, Mousey Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor. Contact Kermit Newsome 606-377-6881 for more informa-

Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.

Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.

Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m.; Vera

Joiner, 886-3863, ext. 67267. Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.;

Wednesday, 7 p.m.; Jimmy D. Brown, Minister. Brandy Keg Freewill Baptist, Corn Fork; Sunday School,

10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister. Calvary Southern Baptist, Betsy Layne; Sunday School,

9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.

Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.

Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathon Lafferty, Minister.

Daniels Creek Baptist Fellowship Church of God, Banner. Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.

Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister.

Endicott Freewill Baptist, Buffalo; Sun. School, 10 a.m.; Church every Sun. Morning 11:00 a,m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; First Sat.

East Kentucky Metal **Roofing & Siding Supplies**

East KY Metal

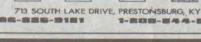
(Next door to East KY Roof Truss Co.) 3095 S. Lake Drive • Prestonsburg, KY 41653 Phone: (606) 889-9609 or (606) 886-9563

WE'RE GETTING THINGS DONE Inez Deposit Bank

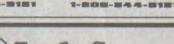


Main Street, Inez, Ky. • 298-3511 Member FDIC





1-809-844-9181



Village Drive

886-8215

+ CATHOLIC HEALTH Phone: (606) 285-6400 INITIATIVES® Fax: (606) 285-6409

Saint Joseph Martin

evening Service, All Welcome 7 p.m. Pastor Mark Hunt, 606-478-2698

Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wireman.

Faith Freewill Baptist, 1/4 mile above Worldwide Egpt. on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Elder Donnie Patrick, Minister.

First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.

First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

First Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minis-

Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.;

Pastor Tommy Reed. Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7: p.m.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Grethel Baptist, State Rt. 3379, (Branham's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m. Garrett Regular Baptist, Route 550, Garrett; Worship

Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Crace, pastor; Assist. Larry Patton. Phone 358-

Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.

Jacks Creek Baptist, Bevinsville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trusty. Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday

School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor. Lackey Freewill Baptist, Lackey; Sunday School, 10

a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister. Lancer Baptist Church; 71 Cooley St., Prestonsburg,

Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m., Evening Woship, 6:00 p.m., Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter

Left Beaver Regular Baptist Church across from Garth School; 4th Saturday & Sunday 10:00 am, Odd Saturday 6:00 pm.; Gary Compton, Pastor. Liberty Baptist, Denver; Sunday Service, 10 a.m.;

Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.

Ligon Community Freewill Baptist, Ligon Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.

Little Rosa Regular Baptist Church of Jesus Christ, (Indian Bottom Association) Services: 1st Saturday & Sunday of every month 9:30 a.m., 3rd Sunday 9:30 a.m., Odd Sunday 9:30 a.m.

Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.

Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.

Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.

McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6

p.m.; Gene Bracken, Minister. Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7

p.m.; William L. Hunt, Minister. Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home

Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6

p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor. Prater Creek Baptist, Banner; Sunday School, 10 a.m; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Rock Fork Freewill Baptist; Garrett Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.

Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Crace Jr., Assistant

Salt Lick United Baptist, Salt Lick, Hueysville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123.

Sammy Clark Branch Freewill Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.

The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Phillip Ramey, Pastor.

Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson,

Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody

Spencer, Minister, Trimble Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning

Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m., Youth Services 7 p.m.; Everyone Welcome. United Community Baptist, Hwy. 7, Hueysville; Worship

Service, 2 p.m.; Friday, 7 p.m.; Carlos Beverly, Minister. Wheelwright Freewill Baptist, Wheelwright Junction;

Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferrari, Minister.

CATHOLIC

St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday.; Father Robert Damron, pastor.

CHRISTIAN

First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister. Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m; Sherm Williams, Minister.

CHURCH OF CHRIST

Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.

Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.

Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister. Highland Church of Christ, Rt. 23, Hager Hill; Sunday

School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.;

Chester Varney, Minister. Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday,

6:30 p.m.; Lonie Meade, Minister. Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday,

Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.

Gary Mitchell, Minister. Maytown Church of Christ, 66 Turkey Creek Rd., Langley. Sunday Bible Study 10:00 a.m., Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible

Study 6:00 p.m. Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Weeksbury Church of Christ; Sunday School, 10 a.mm.; Worship Service, 10:45 a.m. and 6 p.m. John Burke, Minister.

CHURCH OF GOD

Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.

Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum,

First Church of God; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.

Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Family Training Hour - Thursday 7 p.m., Bill B. Tussey. Jr, Pastor Landmark Church of God, Goble Roberts Addition;

Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister. Little Paint First Church of God, 671 Little Paint Road,

a.m. and 6 p.m.; Wednesday, 7 p.,; Charles Heater Jr., The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

East Point; Sunday School, 9:45 a.m.; Worship Service, 11

EPISCOPAL

St. James Episcopal; Coffee Hour 10:00 AM; Morning Service 11:00 a.m. Rector. 886-8046

LUTHERAN

Our Savior Lutheran, Sipp Bayes Room Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLW (600 am) 12:05 p.m.; Rolland Bentrup, Minister.

METHODIST

Auxier United Methodist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Mearl Music,

Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m. Wednesday, 7 p.m.; Randy Blackburn, Minister.

Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.

Community United Methodist, 147 Burke Avenue (off University Drive and Neeley St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Glen "Sandy" Douglass, Rev.

Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.

Emma United Methodist, Emma; Sunday School 10 a.m., Sunday Worship Service 11 a.m.: Pastor David Profitt. First United Methodist, 256 South Arnold Avenue;

Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev Jim Adams, Pastor. Horn Chapel Methodist, Auxier Road, Auxier; Sunday

School, 10 a.m.; Sunday Morning Service, 11 a.m.; Midweek Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Judy Carr-

Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.

Salisbury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.

Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor. Wheelwright United Methodist, Wheelwright; Sunday

Wednesday, 7 p.m.; Bobby Isaac, Minister. Vogle Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.;

School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.;

Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor. Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship

Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister. Free Pentecostal Church of God, Rt. 1428, East Point;

p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister. Free Pentecostal Church of God, Weeksbury; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednes-

Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30

day/Saturday, 7 p.m.; John "Jay" Patton, Minister. Free Pentecostal Deliverance, Ext. 46 off Mt.. Parkway at Campton; Worship Service, Saturday and Sunday, 7 p.m.;

Patricia Crider, Minister. Free Pentecostal Holiness, Rt. 122, Upper Burton; Sunday School, 11 a.m.; Worship Service, 6 p.m; Friday, 7 p.m.; Louis Sanian, Minister; David Pike, Associate

Goodloe Pentecostal, Rt. 850, David; Worship Service, 6 p.m.; Malcom Slone, Minister.

Parkway First Calvary Pentecostal, Floyd and Magoffin County Line; ; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister, 297-6262. Trinity Chapel Pentecostal Holiness, Main St., Martin;

Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd

Sat., 7 p.m.; Thurs., 7 p.m.; Elllis J. Stevens, Minister.

Free Pentecostal Church, Dwale; Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

PRESBYTERIAN

Drift Presbyterian, Route 1101, Drift; Worship Service,

First Presbyterian, North Lake Drive; Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev. Vicki Poole, pas-

SEVENTH DAY ADVENTIST

Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3459, leave message. Everyone welcome!

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

The Church of Jesus Christ of Latter-Day Saints; Sacrament Mtg., 10:00 a.m.; Sunday School, 11:20 a.m.; Society/Preisthood/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Richard Salisbury, Bishop.

OTHER

Pastor Atha Johnson welcomes everyone to attend services at the CHURCH of GOD of PROPHECY TRAM KENTUCKY. Sunday school 10 a.m., Worship service 11 a.m.

Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30

Grace Fellowship Prestonsburg, (next to old flea market), Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.

Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister. Faith Revelation, Harkins Ave., West Prestonsburg;

Faith Deliverance Tabernacle, West Prestonsburg;

Sunday School, 10 a.m.; Worship service, 11 a.m. and 6 p.m.; Thurs. 7 p.m. Randy Hagans, Minister. 886-9460. Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed, 7 p.m..Carl &

Missy Woods, Pastors. Faith Worship Center, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.

Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 pm.; Lavonne Lafferty, Minister. Lighthouse Temple, Main St. and Hall St.; Worship

Full Gospel Community, (formerly of Martin) moved to

Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister. Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m., Sunday

Evening, 6:00 p.m. Pastor: Curt Howard. Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m., Saturday/Sunday.

Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.

Spurlock Bible (Baptist), 6227 Spurlock Creek Rd.,

Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-Town Branch Church; Sunday School 10 a.m except for first Sunday in each month.; Worship Service, Sun. morn-

ing 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No

Sunday night services on first Sunday of each month. Tom Nelson, Minister. The Father House, Big Branch, Abbott Creek; Sunday

Minister. The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening, :00; Wednesday, 7:00; Pastors, Paul and Ramona Alken. Youth Fellowship Center, Wheelwright; Monday-

Tuesday, 6 p.m.; Thursday, 7 p.m. Zion Deliverance, Wayland; Sunday School, 10 a.m. Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30

p.m. Prayer Line: 358-2464; Darlene W. Arnette, Pastor Taylor Chapel Community Church, formerly the old Price Food Service building, located 1 quarter mile above Worldwide Equipment, Rt. 1428. Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30

p.m. Kenny Vanderpool, Pastor. International Pentecostal Holiness Church, 10974 N.

Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor. Rising Son Ministries, 1 14 Rising Son Lane Prestonsburg, Ky 41653.; Sunday, 11:00 Wednesday, 6:30 p.m. Pastor D.P. Curry.

Church of God of Prophecy, Sunday School 10 a.m., Worship Service 11 a.m., Sunday Night - 6 p.m., Wednesday Night - 6 p.m., Pastor Glenn Hayes. West Prestonsburg. House of Refuge, Rock Fork: Sunday Evening Worship 6

pm, Monday Bible Study 7:30 pm, Wednesday Prayer Meeting 7:30 pm, Bill B. Tussey, Pastor Seventh-Day Adventist 5 miles West on Mt. Parkway. Sabbath School 9:30 am; Church Services 11 AM; Pastor, John Baker 358-9263. Church 606-886-3459. Leave mesage. Everyone Welcome.

MedZone Pharmacy

Locally Owned & Operated —

Pharmacists: Cheryl Little & Sam Waddle Located past HRMC on Left. Convenient Drive-thru Service.

889-9003 Open: Mon. - Fri., 9 am - 5:30 pm • Sat, 9 am - 1 pm

NDMAN PROMART HOME CENTER

Highway 160 E. 1 (800) 511-1695



886-8511

5000 Ky Hwy. 321 Prestonsburg, Kentucky 41653 Community Owned/Not For Profit Member AHA and KHA Accredited by JCAHO Physician Referral 886-7586

UNITE Service Corps helping 16 schools

in eight Eastern Kentucky counties are receiving additional assistance during the 2009-10 school year through Operation UNITE's Service

Provided in conjunction with the state AmeriCorps program, UNITE Service Corps members teach the "Too Good for Drugs" curriculum, tutor students in mathematics, and help set up and coordinate an anti-drug UNITE Club at their school.

Currently Service Corps members are serving in Floyd, Harlan, Johnson, Knott, Leslie, Magoffin, Pike and Wolfe counties.

"We have had tremendous success with our AmeriCorps partnership," noted Gary

project director. "Most schools in our region have a need to improve mathematics skills, and we all know the problems that substance abuse causes within our families, schools and communities.'

Through a three-year grant awarded by the Corporation for National and Community Service in 2008, UNITE employed 10 AmeriCorps members at schools in six counties during the 2008-09 school year. An additional \$65,500 in grant funding from the American Recovery and Reinvestment Act of 2009 enabled UNITE to add an additional five positions for the current term.

School districts receiving a UNITE Service Corps member

Sixteen elementary schools Perkins, UNITE Service Corps contribute \$5,500 per person for the year.

> The UNITE Service Corps members are among more than 300 first- and second-year AmeriCorps members to embark on a year of service by helping address unmet needs in 115 of the state's 120 coun-

> "We are pleased to be able to join with school districts to add another dimension to UNITE's education initiative," said Karen Engle, director of UNITE. "We believe reaching out to youth at the earliest levels provides an advantage as they grow older."

> "In addition, this is a way for UNITE to help communities raise graduation rates, provide positive mentoring opportunities, and to tackle other national challenges such as substance abuse," Engle added. "It's a perfect fit with the goals of our UNITE

The "Too Goods for Drugs" prevention education curricula, provided by the Mendez Foundation, teaches children that they are, indeed, too good for drugs and violence.

These programs specifically teach youth how to make good decisions in the context of goals, outcomes and consequences. The program lessons and activities give them concrete, how-to skills to counter social influences and refuse peer pressure. It teaches them the facts about drugs - alcohol, tobacco and other drugs - as they relate to their health and well-being.

Through role plays and age appropriate activities, it models healthy pro-social behaviors and attitudes, including identifying and managing emotions and communicating effectively.

7,100 students were enrolled in "Too Good for Drugs"

courses taught by UNITE's AmeriCorps members and substance abuse counselors.

AmeriCorps is a program of the Kentucky Commission on Community Volunteerism and Service (KCCVS) in the Cabinet for Health and Family Services (CHFS). AmeriCorps members may serve two years and must be at least 17 years old and legal U.S. residents.

"AmeriCorps members truly make a difference, and I am proud of the enthusiasm and zeal these members bring to their service in Kentucky,' noted CHFS Secretary Janie Miller. "Our AmeriCorps programs have grown each year as more Kentuckians choose to contribute to their communities in these difficult economic times when the need is even greater."

In addition to performing From 2007-2009 more than community service tasks, members also recruit local volunteers to help ensure pro-

grams and progress continue after members complete their terms of service.

Eileen Cackowski, executive director of the KCCVS, said Kentucky AmeriCorps members continue to prove the value of community service in meeting even the most serious social, academic and preparedness challenges.

"Faced with challenges. they persevere and overcome, reaching out to their fellow Kentuckians with direct service, compassion and care," Cackowski said. "AmeriCorps members ... help at-risk students catch up and even surpass their academic peers and, perhaps most valuable of all, they offer an ear to listen and a strong desire to help that inspires and appeals to others seeking a way to serve."

For more information about Operation UNITE visit their website at www.operationunite.org.

Pelphrey

Paintsville, where he had held services since 1981.

Friends and loved ones such as the church's current preacher, Chris Rowland, spoke to the media shortly after Pelphrey's death, saying in recent years though the 81year-old's health had started to decline, he had been most powerful in the pulpit in the last years before his retirement a few months ago.

For Rowland, the death is the loss of a mentor, a man who helped him to see his own calling.

"I feel like I've lost my mentor in the ministry," Rowland told WYMT this week. "I've been here since 1997 with Brother John, and

Allen

■ Continued from p1 we've always worked well

Others who knew Pelphrey remembered him as a man who drew members to the congregation with his personality, one of unshakable faith and warmth who visited the sick, reaching out to his community through the work of God.

together."

"He helped the church by going, and visiting. He visited the sick. He was very good about that till his health failed him and he couldn't do it," Church member Bill Johnson said in interviews shortly after Pelphrey's death. "People respected him, and they wanted to be where he was at. We got a lot of members because of John being John Pelphrey."

In August of last year, Vance was a passenger in a vehicle driven by Jesse Dulaney that was involved in a shootout during which gunfire was exchanged between those with Dulaney and several people at a home Allen. Vance, who was 28 at the time of the shooting, was killed in the exchange and Dulaney was arrested shortly after the incident during another traffic stop.

Dulaney was indicted on a murder charge and has since pleaded not guilty during his arraignment.

Allen now also faces charges of murder and possession of a firearm by a convicted felon.

Kentucky State Police said they had been seeking Allen since he was indicted in March, according to KSP

Magoffin County Sheriff Bob Jordan said he and his local officers had been visiting the home about once a week in hopes of finding Allen at home to make an arrest, but had had no luck, believing he had run into the nearby hills to elude capture

Allen was arrested while in the back seat of a vehicle parked at a school in the area this week. Officers had been responding to a call about a suspicious vehicle parked there and found him when they arrived to investigate the complaint.

No/court date has yet been set for Allen.

■ Continued from p1

Spokesman Mike Goble, who said the most solid lead authorities had during that time was that Allen may have been staying with family members at Middle Fork.

Trail

which will see 56 miles of horse trails developed in the Dewey Lake and campground area.

The trail and improvements to surrounding recreational areas such as the campground are expected to draw large numbers of visitors and provide what local officials are considering economic development opportunities in the county.

Denzil Allen, a Big Sandy Trail Riders member who has been at the forefront of the proposal since the beginning, spoke to county leaders about the trail system's potential for economic improvement during the special session.

"This has become a dream for a lot of us," Allen said.

■ Continued from p1

"We never thought two years ago that we'd be considering what to do with this kind of funding. I feel this will become an economic engine that will generate thousands of dollars for generations to

But Owens wants to make sure that the funding is looked over, and Judge-Executive R.D. "Doc" Marshall, as well as the other sitting members of the fiscal court, agreed, voting in agreement that all contracts and bids for the project be subject to approval by the court.

"We want to do everything right because that's how we'll get further developments and be able to receive additional funding," said Marshall.



\$499

"3 Original Recips" Strips
"Individual Mashed Potatoes with Gravy
"Individual Cole Slaw" Buttomilik Biscait

2 BUFFETS

\$1399

*Drinks Included

Iroston, DH - Wayne, PV Jeckson, KY- Moreheat, KY- Conf Ram, KY Winchester Avo. Achibud, KY- Graessus, KY

"3 Pieces of Original Recipe", Extra Original Fleckpo", Chicken (Thighs & Legs) "Individual Northed Potatoes with Gree

Iralividual Cole Slaw 1 Buttermilk Biscuil NO SUBSTITUTIONS

12 PC. FAMILY MEAL

"12 Pieces of Original Racion",

Chaico of 3 Large Sides

*S Buttermilk Bivcuits

Extra Crispy" or Kentucky Grill Chicken Chicken (Mixed)

*Drick NOT Included

lockness, KY+ More band, KY+ Cool Rum, KY

10 PIECE

FAMILY MEAL

\$1999

"10 Places of Original Recipe"

Chicken Chicken (Mixed) *Choice of 2

Large Sides *4 Buttermilk Biscuits

NO SUBSTITUTIONS

\$499

4 Pieces of Original Recipe. Extra Cricpy or Kentucky Grilled Chicken Wings 2 Indvidual Sides

LIVER MEAL

Tuesday's ONLY

BUY ONE.

GET ONE FREE!

"Chicken Livers "2 Individual Sides

1 Buttermik Blackit

\$199

2 Thight of Original Resipe*

Extra Crispy or Kentucky Grilled Chicken 'I Butternilk Bis cuit

10 PIECE

THIGHS & LEGS

\$259

10 Pieces et Original Recipe^a

Extra Driepy or Kentucky Brillied Chicken (Thighs & Legs)

NO SUBSTITUTIONS.

NO SUBSTITUTIONS.



FLOYD COUNT

MOVIES FROM THE BLACK LAGOON

'Trapped'

by TOM DOTY TIMES COLUMNIST

A quartet of squeaky-clean college kids run afoul of mountain men in this southern exploitation extravaganza from our good friends in the 51st state.

This Canadian effort came late in the cycle of southern fried cinemå (it peaked around 1977), but it ranks as one of the better entries in the field and



Tom Doty Times Columnist

meaty story while while never skimping on the exploitaelements.

It starts like one of those 1970s adult comedies, with a grizzled

hunter having a tryst with a pigtailed trollop. Two young guys sneak up on them but give away their position and must run for their lives.

They manage to avoid the bear traps scattered throughout the woods as they hotfoot it back to their remote community. The hunter arrives behind them and we learn that he's Henry Chatwell, and his word is law.

However, he never got that message through to his wife, who is entertaining a representative of the welfare board. The welfare worker appears to be out to help only himself. Henry sees red and

(See LAGOON, page three)

This Town, That World

Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request.

CHANGING TIMES

We old mossbacks who have been honing for the good, ol' days might just get a taste of what we've been mewling about so long. We may learn to walk again. But it has just occurred to me that I have never excelled at walking the water-and what will this do to my fishing?

As of instant date, this is a nation on wheels, Let's just hope we don't swap them for skids.

THE CLIMAX

I must admit, I am a fortunate individual. I am, for instance, one of those who wasn't all tied up with "Airport" last Sunday night, when a mellifluous voice intoned, 'Now, stay tuned for the exciting climax of Airport"-and then the tube went blank.

SPARE THIS DEER, PLEASE

Since the day, several years back, when I made a rather lengthy trip over some miserable roads to shoot a picture, and learned a bit belatedly, after arriving on the spot, that I seemed to be fresh out of film, I have assiduously avoided the photography bit. But last Sunday afternoon, I would have been tempted, had the trusty, old Brownie been on hand.

There was this deer and a black Angus calf, not 50 yards away, passing the time of day. First, they did the old butting

(See ALLEN, page two)



An Apache war drum belonging to Father Bob Damron is one of the Native American items on display in the art gallery of Big Sandy Community and Technical College.

NATIVE SPIRIT

Exhibit celebrates art, artifacts of **Native American life**

by JARRID DEATON FEATURES WRITER

PRESTONSBURG Magoffin Art Gallery on the Prestonsburg Campus of Big Sandy Community and Technical College currently features a museum-quality display of Native American artifacts and information, including a number of relics that are part of a collection belonging to Prestonsburg resident Marty Hicks.

Hicks' father, the late Newton May, was a licensed engineer and surveyor for the West Virginia Gas Company, and during his 47-year career, May collected an enormous number of arrowheads and other Native American tools while working in the field. May eventually purchased other authentic artifacts, including a rifle and Aztec statues, both of which are on display. May's collection has been featured in numerous articles and documentaries over the years.

"My father would be so proud to know I have taken up his interest in until 8 p.m.

Native American culture and history," Hicks said. "This was a thrill for me to be able to share his love with oth-

The exhibit, created to celebrate National American Indian and Alaska Native Heritage Month, also features dolls from the collection of Rebecca Estep, of Staffordsville, who also helped to identify the origin of many of the items on display, artifacts from Father Bob Damron, of St. Martha's Church, Native American crafts created by Tom and Nancy Bormes, of Printer, items from Paula Thompson, a professor at the Pikeville Campus of Big Sandy Community and Technical College, items from Theresa Milon, professor of psychology, and under the direction of Nancy Johnson, provost, Dr. John Shiber, professor of biology, Elaine Shiber and Tim Sizemore, art instructor.

The exhibit, which opened on Nov. 3, will run until Nov. 20. The doors open at 10 a.m. and close at 4 p.m. A reception will be held on Wednesday, Nov. 18, from 6 p.m.



photos by Jarrid Deaton Father Bob Damron's collection of Kachina Dolls are currently on display as part of the Native American exhibit at Big Sandy Community and

DINNER DIVA

C-word (Cooking)

Technical College.



Do you know "someone" who is deathly afraid of the kitchen because of the C-Word? Yes I'm talking about Cooking, capital C! You can easily identify these folks; they're the ones with an aversion to . Sometimes they'll abruptly change the subject and talk about photography, or bird watching when the subject of feeding your family is brought up.

And then there are those who have a vague notion of what cooking may or may not be. Those folks are a little more obscure and hard to nail down. In the spirit of David Letterman's Top Ten List, I've made my own:

inside lifestyles

The Top Ten Reasons Why You're cooking. Confused About Cooking:

1. You think you know how to cook because you know the difference between the microwave and DVD player.

2. You think a wok is something you take your dog on.

3. You think folding egg whites has something to do with laundry.

4. The words, "Just add water" makes you nervous that the "recipe" will be too hard.

5. You have two definitions for a happy meal; one involves the drive thru, the other is when your mom does the

6. Your reservations about cooking translate to reservations made at restau-

7. The contents of your refrigerator's crisper became Junior's science fair proj-

8. When your smoke alarm goes off, the kids ask, "What's for dinner?"

9. The local drive-thru sends you a

Christmas card every year. 10. The neighbors are beginning to think you have a "thing" for the pizza

(See DIVA, page two)

CAR TALK

This truck's not made for haulin'



Horoscope :.....B2 Rental CentralB3

Fun & Games

Will return next week





Martha A. Simpson, D.O., M.R.A. Associate Professor of Family Medicine

I had my spleen surgically removed after a car accident some years ago. My mom said I should be careful, but w that she is not around to ask, I ally need to know what she meant "be careful." Are there certain edical things I need to know about ecause I don't have a spleen?

I am sorry that your mother is not around for you to ask, but ▲I am very glad that you are eking to learn about this now. The pleen is a very important organ cated in the upper-left abdomen. Its imary job is to help your body fight infection, so asplenic people - those without a spleen — must be very careful to avoid illness.

The spleen removes old red blood cells and antibody-coated bacteria from the blood. It also creates new antibodies. When the spleen is removed, chances for severe bacterial infection greatly increase, especially during the first two years after surgery. The asplenic person faces a much higher lifetime risk of developing sepsis, a severe infection in which bacteria overwhelms the system.

It is vitally important that you understand the signs of infection and

No spleen? Use caution to avoid infections

if you notice those symptoms. Fever, chills, sore throat and cough can all indicate infection, as well as headache, dizziness, fatigue and abdominal pain. Infections must be promptly diagnosed and treated with antibiotics to avoid complications.

Because asplenic people have compromised immune systems, they are more susceptible to many illnesses. This makes prevention by vaccination a must. Always get your annual influenza vaccination. Adults should get the pneumococcal vaccine for pneumonia as well as the meningitis vaccine. Asplenic children need booster shots and additional vaccines. Often, these vaccines are given before the original spleen surgery, or soon thereafter.

Although vaccinations are impor-

seek immediate medical intervention tant, be sure to inform the health care professional administering the vaccine if you're ill on the day of your immunization. Depending on the nature of the vaccine, you may want to wait to get your shot until symptoms have abated and you feel healthy.

Because international travel can put you at risk for illnesses not seen in the United States, you should consult a physician before taking a trip

Many asplenic adults keep a supply of antibiotics on hand and start them at the earliest sign of infection - often as they leave for the emergency room or doctor's office.

The good news is that you are becoming educated about your condition. Please continue to inform yourself about how this impacts your

health. Consult with your family physician to stay current with immunizations and seek advice about any other treatments you may need. If you do not have a family physician, I suggest that you seek one to help you prevent serious infections and manage them if they occur. It's always better to be proactive than reactive -especially when it concerns your

Family Medicine(r) is a weekly column. To submit questions, write to Martha A. Simpson, D.O.; M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicinenews.org.

Performing artists sought for World Equestrian Games

bmit an application to per-

The Experience pavilion, which adline is approaching for will be part of the 2010 Alltech Tentucky performing artists to FEI World Equestrian Games. Professional artists and comrm at The Kentucky munity and school groups in all

Jonnie Tyler Stephens celebrated his third birthday on Oct. 9 with his friends and family. He is the son of Donnie and amie Stephens, of Blue River.



Landon Grant and Lakien Ruth Stephens was born on Oct. at King's Daughters Medical center to Donnie and Jamie ephens, of Blue River. Landon weighed 6 pounds and even ounces and was 20 inches long. Lakien weighed 5 bunds and 4-and-a-half ounces and was 18 inches long. andon and Lakien are the grandchildren of Raymond and arbara Carroll, of Blue River, Frank and Agatha Slone, of lartin, and Monroe and Sandra Stephens, of Bull Creek. ney are great-grandchildren of Charlie and Ruth Nelson, of avid, Ernest Ray Slone, of Prestonsburg, and the late Fauline Slone, Adam and Marie Arnett, of Roann, Ind., and e late Green and Delila Stephens, formerly of Bull Creek. heir big brother is Tyler Stephens.

performing arts genres may be submit applications until December 15, 2009. A panel of professional performers and presenters who are knowledgeable about contemporary and traditional performing arts will review the applications.

The Alltech FEI World Equestrian Games, September 25 - October 10, 2010, at the Kentucky Horse Park are being held outside of Europe for the first time. More than a half million ticket holders are expected to see eight equestrian events and visit more than 300 vendors and attractions on the

grounds of the park during the artistic excellence and per-16 days of the games. In addition to a performing venue, The Kentucky Experience Pavilion will be a marketplace and showcase for Kentucky's rich culture, including arts and crafts, Kentucky Proud products and statewide tourist desti-

Two categories of artists may apply: Kentucky professional artists including individuals, companies or groups in dance, theatre, music, storytelling or other disciplines, and community/school Selection will be based on formance experience. To review the guidelines and instructions for the application process, log on to artscouncil.ky.gov/Resources/r esources_FEI.htm or contact Tamara Coffey, individual artist program director for the Kentucky Arts Council at 888-833-2787, ext 479 or tamara.coffey@ky.gov. There is also a link to this information

www.TheKentuckyExperience

The Kentucky Arts Council will produce an online directory of the performers selected for the Kentucky Experience. The directory will include a biography, photo, performance description and booking information for each artist and the schedule of performances during the games. The directory will also help market Kentucky performing artists to presenters

for other venues and events. For more information about The Kentucky Experience pavilion, log on www.TheKentuckyExperience .com or contact Cheryl Hatcher

502-564-4930 cheryl.hatcher@ky.gov.

GOOD HEALTH

Putting out the fire of burning tongue

DEAR DR. DONOHUE: I have burning tongue syndrome. At times, it is almost unbearable. The only thing that helps somewhat is a saltwater mouth rinse. My dentist, my internist and a neurologist haven't offered any relief.

I also get sores in my mouth and on my tongue. Any insight? -

ANSWER: Burning tongue syndrome is also known as burning mouth syndrome because the gums, roof of the mouth and lips also can feel like they are on fire. It happens mostly, but not exclusively, to women after menopause. Although painful and disturbing, it's not a health threat. No one knows the exact cause, but it might be that nerves serving the tongue and mouth are malfunctioning.

Let me give you a few home remedies for it: rinsing the mouth with cold apple juice; and combining equal parts Benadryl elixir and Kaopectate as a mouthwash. Don't swallow these rinses, and use them four times a day. Another remedy is six drops of hot pepper sauce (Tabasco sauce)

Weekly

Horoscope

in a teaspoon of water and swishing it around in the mouth four times daily. It might increase the burning at first, but after a day or so it should lessen it. If it doesn't, abandon it.

Don't eat or drink spicy or acidic foods or beverages. Don't use mouthwashes with alcohol in them. Change your toothpaste brand. Chew sugarless gum.

When burning mouth fails to respond to the above, the medicines Klonopin, Elavil or Neurontin might help.

Have your doctors looked for things like dry mouth, B vitamin deficiencies, anemia, diabetes, lichen planus, thyroid problems and Sjogren's syndrome?

Sores on the tongue and in the mouth are not ordinarily a part of burning tongue syndrome. Get to a doctor when the sores are present. You might have recurrent canker sores and not burning mouth syndrome.

000

DEAR DR. DONOHUE: Will you please define claudication? Is there any treatment for it? - R.L. ANSWER: Claudication is leg

pain that comes on with activity and is due to clogged leg arteries. Depending on where the clog is, the pain can be felt in the buttocks, hips, thighs or calves. The medical name of this condition is peripheral artery (or vascular) dis-

Quite often, pain arises in the calves. Affected people have an uncanny ability to predict how far they can walk before they have to stop because of pain. Resting relieves the pain, and walking can then resume.

Plenty can be done for it. Medicines can sometimes keep the pain from developing. Another way to attack claudication is to open the clogged artery with a balloon-tipped, slender, pliable tube (catheter), just as they do for clogged heart arteries. Or the same kind of heart artery operation in which grafts replace the obstructed artery can be done for

The booklet on peripheral artery disease explains this illness and its treatment. Readers can obtain a copy by writing: Dr. Donohue -- No. 109W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Can. with the recipient's printed name and address. Please allow four weeks for delivery.

000

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475, Health newsletters also may be ordered from www.rbmamall.com.

Diva

The c-word, cooking, is very definitely a life skill that everyone needs to learn, like it or not. And my job is to help you to the place of liking it. It really is fun and satisfying to see ingredients magically transformed into something edible that the whole family praises you for! And the best part? It's really not that hard. Seriously.

Cooking is applying heat to raw ingredients and getting in its place a darn good meal that any cook would be happy to claim as his or her own. Cooking is what happens when just a little chopping, a

little boiling, simmering or sautéing take place. If you can operate a stovetop and safely wield a knife you can make cooking happen yourself.

A couple of things to help you get there: 1) assemble your mis en place (in French this means literally "putting in place". In the kitchen it means getting everything out that you'll need—all ingredients and equipment to make what you're cooking happen) 2) clean up as you go (make a sink full of hot soapy water to dump everything except knives during prep time). 3) read and reread your recipe so you know what you're doing

■ Continued from p1

Cooking is simple. The only requirements to getting started are the ones I just gave you. And not to be repetitive, but it must be said again, if you read the directions and follow them, you're just about guaranteed a foolproof meal.

ahead of time; no surprises.

Remember, cooking isn't brain surgery and not even as complicated as removing a tricky splinter. Try your hand on a few easy recipes and watch how the craft of cooking will liberate your family finances and help everyone eat a whole lot healthier. To your

TAURUS (April 20 to May 20) Your perasiveness doesn't really start to kick in until idweek. By then, you can count on having more supporters in your camp, including some ou doubted would ever join you.

Salome's Stars

GEMINI (May 21 to June 20) Your workad is still high, but -- good news! -- you hould start to see daylight by the week's end. eserve the weekend for fun and games with iends and loved ones. You deserve it.

ARIES (March 21 to April 19) A long-

ought workplace change could be happening

oon. Consider reworking your ideas and

eparing a presentation just in case. A personal

alationship takes a new turn.

CANCER (June 21 to July 22) Regardless i how frustrating things are, keep that "Crab" nder control. A cutting comment you might ink is apt right now will leave others hurting or a long time to come.

LEO (July 23 to August 22) Be more sensive to the emotions of loved ones who might el left out while you're stalking that new pportunity. Be sure to make it up to them this eekend. A nice surprise could be waiting.

VIRGO (August 22 to Centember 22) Th ew friends. But repairing trayed relationships besn't come easily. Still, if it's what you want do, you'll find a way. Good luck.

LIBRA (September 23 to October 22) A sisunderstanding with a partner or spouse needs to be worked out before it turns into something really nasty. Forget about your pride for now and make that first healing move.

SCORPIO (October 23 to November 21) Communication dominates the week. Work out any misunderstandings with co-workers. Also get back in touch with old friends and those family members you rarely see.

SAGITTARIUS (November 22 to December 21) As busy as your week is, make time for someone who feels shut out of your life. Your act of kindness could later prove to be more significant than you might have realized.

CAPRICORN (December 22 to January 19) Congratulations. Your busy workweek leads to some very satisfying results. Sports and sporting events are high on your weekend activities aspect. Enjoy them with family and friends. **AQUARIUS** (January 20 to February 18)

Your generosity of spirit reaches out once again to someone who needs reassurance. There might be problems, but keeping that line of communication open eventually pays off. PISCES (February 19 to March 20) You are

be surprised to find yourself caught up in a new an insidious exercise m lying. BORN THIS WEEK: You believe in loyal-

among the truth-seekers in the universe, so don't

ty and in keeping secrets. All things considered, you would probably make a perfect secret

Allen

game, gentle shoving, like, nobody offense. then the calf would lick the deer. Real buddies.

The deer sleeps with the cattle, every night. When their guest from the wild is separated from them, they show their displeasure with steady bawley

I wonder why anybody would want to kill this particular deer, that has a home and friends, and is offering

SEE THE MUD

Seen Dewey Lake since the water level has been lowered? It's interesting to see what was once an expanse of water-fishing water, some of us are naive enough to say. It is going to be interesting to see ourselves, the evidences of siltation over there, even though we have been told

Continued from p1 there "is no appreciable silta-

000

Another casualty of the fuel shortage is predicted. Time. They say daylight saving time is coming back, and soon. Don't ask me when. I refuse to commit myself on this matter after that experience I had, a few years back.

This truck's not made for haulin'

by TOM and RAY MAGLIOZZI

Dear Tom and Ray:

My husband inherited a 1974 Ford F-100 from his dad, and I would like to use it to pick up a load of rocks for landscaping. My husband says it can't handle this, and so I ask the question: Can the truck handle it? The drive is about 19 miles from the house, and I'm only talking about a scoop of rocks from a cement company. They basically scoop the rocks and dump them on the truck. I'm not sure about the weight of the rocks. Hope you can help ... I have an acre and would like to landscape part of my yard to avoid mowing a large area. My husband could just be making an excuse. - Judy

TOM: It can't handle it, Judy. First we'll give you the technical explanation, then we'll give you the marital explanation.

RAY: We haven't seen a '74 F-100 in ages. But the "100" designation meant that it was designed to carry up to half a ton, or 1,000 pounds.

TOM: Or two and a half mothers-

RAY: So the question is, What does a pickup-truck-bed full of rocks weigh? According to our rock insiders, dry gravel weighs around 100

pounds a cubic foot. That's heavy. TOM: I don't know if your F100 has a 6-foot bed or an 8-foot bed, but let's say it has an 8-foot bed. That means the bed is approximately 4 feet by 8 feet, or 32 square feet. And if you pile the gravel 1 foot high, you have 32 cubic feet. That's 3,200

RAY: Or four broken springs and two broken axles.

TOM: Even with a 6-foot bed, it's still more than twice as much as the truck was rated to carry.

RAY: And before you start wondering if you could load only 4 inches of gravel in there, and make three trips, we'll give you the marital reason for not doing this: If you do, every time the slightest squeak or groan comes from the truck, your husband will forever blame it on "that time you hauled the rocks in it." So it's just not worth it, Judy.

TOM: But there is good news. Almost every place that sells really heavy stuff delivers! And as an added bonus, they'll dump it, so you don't even have to unload it yourself. What could be better than that?

Hidden oil-change charges

Dear Tom and Ray: lube and change oil for passenger cars are now charging for recycling oil filters. Is this a scam, since I never see "recycled" oil filters for sale? Personally, I think oil filters would be too expensive to recycle. Thank you

for your answer. — Chuck RAY: You're right, Chuck, that actually recycling old oil filters and turning them back into new oil filters would be very expensive. But the oil change for \$19.95, materials still get recycled.

TOM: Just like when you recycle an empty box of Cheerios, it doesn't necessarily come back as a new box of Cheerios. But the material — the cardboard — gets recycled and reused for something else.

RAY: Based on my most recent visit to a public restroom, I think those Cheerios boxes are coming back - basically unaltered - as toi-

TOM: When you have hazardous waste, like oil, it has to be disposed of properly. So the owner of the garage has to pay a licensed handler to come and take it away so the handler can dump it in our water supply in the

RAY: Now, I know your next I notice that car businesses that question, Chuck: "Why are they charging me separately for that -

why isn't it just part of the price of the oil change, like it used to

TOM: Good question. The answer is advertising. If your local Pokey Lube wants to advertise an but it can't really make money doing oil changes for \$19.95, then it adds on additional fees.

RAY: These could include a recycling fee, a waste-oil-dis-

and lubricants, or a fee for the Cinemax the owner is showing in the waiting room. You have to read the fine print, Chuck.

TOM: You've probably 'noticed that the airlines are doing this, too. The fare from here to East Armpit is only \$59. But the airport departure fee is \$47, the fuel surcharge is \$82, middle of the night when no one's the landing fee is \$107, the Federal

Aviation Administration's "Oh, You Want Us to Pay Attention While You Land" fee is \$68, the peanuts are \$5, the blanket is \$10, the aisle seat is

\$35 and checking two bags costs \$50.

RAY: There's also a charge for supplementary oxygen, but only in the unlikely event that the cabinloses pressure. But bring a bunch of quarters just in case.

TOM: Just like with your oil-filter recycling fee, all of these additional charges are based on expenses. real They're just being separated out of the

posal fee, a fee for use of shop rags base price so you think the price of the service is lower than it actually is.

CLICK & CLACK

Talk Cars

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack in care of this newspaper, or email them by visiting the Car Talk Web site at www.cartalk.com.

by TOM DOTY TIMES COLUMNIST

A mixed bag included both kinds of romantic comedies (okay and terrible) and the summer's best film, just in time for holiday shopping.

■ "Up" — If you see only one movie this year then you'd best make it this one. Pixar, despite a great track record, outdoes itself with this ode to enjoying life. A senior citizen stews in the home that's become a shrine to his wife until a reluctant Boy Scout helps inspire him to take a step outside the box. No synopsis does this movie justice. If you aren't weeping after the opening section, then you'd best get your pulse checked. Like all of their films, this one blends action and drama beautifully. Most surprising is that Along the way, he finds out it deviates from previous Pixar formulas by eschewing a large cast of hip actors and entrusting its success to noted character actor Ed Asner.

"The Ugly Truth" -This romantic comedy avoids PG-13 bucks and gets pretty vulgar as Katherine Heigel and Gerard Butler battle it out (as a morning show producer and her obnoxious anchor person) until they realize they were made for each other. Unfortunately, it's not very good.

Accidental Husband" — This lower profile Rom-Com gets much more mileage out of its premise. A guy sets out to ruin the talk radio "self-help" guru whose advice lead his fiancé to cancel their wedding date. that they are perfect for each other. Just as hard to believe as the previous film, but easier to swallow thanks to better writing and an engaging cast that includes Uma Thurman, Colin Firth, and Jeffrey Dean

■ "The Watchmen: The Ultimate Cut" - This remixing of the superhero action/drama incorporates footage from the director's cut and the animated film "Tales of the Black Freighter." If you loved the director's cut then you might enjoy it, but it ups the film to over three hours long and makes it move like a pregnant yak.

Next week look for the latest version of "Star Trek" and check out the controversial comedy "Bruno."

Strange

by SAMANTHA WEAVER

■ It was Harry S. Truman, the 33rd president of the United States, who made the following sage observation: "It's a recession when your neighbor loses his job; it's a depression when you lose yours.'

■ In all likelihood, you've never heard of an ailment known as aquagenic urticaria. It's extremely rare, affecting only 1 out of every 23 million people on the planet. Those who suffer from this disease are hypersensitive to the ions found in non-distilled water. They can drink distilled water, but if they come into contact with any other kind of water, they break

out in a painful allergic rash. ■ The country of Finland

has more islands than any other nation on Earth. Next time you're heading

to sunny Florida for a vacation, try to make it to Key Largo to stay at the Jules Undersea Lodge. True to its name, the hotel is located 21 feet under water, and guests have to scuba dive to the entrance. And if you don't already know how to scuba dive, don't worry -- the management offers a two-hour introduction so you can make it to your room.

■ Someone with way too * much time on his hands discovered that a quarter has 119 grooves along its edge.

From the Yes, There Is a Word for It files comes today's entry: acnestis. This word denotes that part of the body that you cannot reach to scratch (and it's an excellent reason to get married). This handy noun comes from the word 'aknestis," which, perhaps unsurprisingly, means "spine" in Greek.

Thought for the Day: 'Women speak because they wish to speak, whereas a man speaks only when driven to speech by something outside himself -- like, for instance, he can't find any clean socks." --Jean Kerr

Lagoon

promptly lays a beating on the ing is that the kids are innocent two of them, with the welfare geek getting the worst of it.

The (overly) social worker is then imprisoned beneath the general store while Henry pleads his case to the village. They agree that a common law has been violated and give Henry carte blanche to settle the score.

Meanwhile, we meet the four college students who are about to wander into the above scenario and they have "confirmed kill" written all over them. Their leader is the handsome Roger, who is first seen earnestly defending his position on murder. He states that it is never justified, so you just know he'll live long enough to make a hash of that statement and be glimpsed gleefully shredding a guy to pieces.

By the time they arrive near the town for a weekend of camping, the welfare worker is regretting his actions as he is marched into the middle of town. He is then smacked around a bit before Henry breaks out the tar and feathers.

The welfare dude grows some guts and actually makes a break for it. Unfortunately he is soon cornered outside of town. Turns out that being blinded by steaming tar is a huge disadvantage when a guy like Henry is determined to swing a club at your head.

The act is, of course, witnessed by the college students, who wisely jump in their Jeep and head for the sheriff's station. They tell the law what happened and get all-indignant when they don't see any action being taken right away.

They then decide to demonstrate why their college should offer a course on common sense as they head back to Henry's town to collect their camping gear. They are promptly captured and imprisoned beneath the general store.

The town gets together again but now the general feelof any wrongdoing and should be freed. While everyone is sleeping, a few townies arrange for the group to

Only Roger gets away, but he isn't going anywhere while his friends are imprisoned. Will he swallow his values and take on Henry in a no-holdsbarred grudge match that features gratuitous ax swinging, a creative impalement via television antenna and more hot tar? You don't have to answer that one if you've read this column before.

· What makes this pork rind crackle is the sure hand of director William Fruet. This "Master of Horror" was never featured on that program, but should have been after efforts like this one, "Blue Monkey" and "Spasms." Fruet also gets a great looking picture with the help of cinematographer Mark ("Scanners,"

"Videodrome") Irwin. The script, by John ("My Bloody Valentine") Beaird is refreshingly devoid of the southern stereotypes that permeated the genre. Everyone here has their teeth and nobody speaks with an elongated drawl or is married to their cousin.

The only problem with the script is that it paints Henry as a Romeo, but he's played by Henry Silva. Now Mr. Silva is a fine actor ("The Manchurian Candidate") and an excellent villain ("Sharkey's Machine") but he's not a charmer. He resembles a shaved rat and his

■ Continued from p1

high-pitched voice couldn't sound sexy even if it only spoke in French. The two young ladies he has time with on screen are about a third his age as well, so that part of the picture never works. That said he has a true foil

in Roger, as played by Nicholas Campbell ("DaVinci's Inquest"). He only has a short time to sell the audience on his true blue nature, but the actor nails it and that only adds to the suspense as to whether he will be able to save his friends.

All in all this is a good time-waster that was rescued from oblivion by the folks at 'Code Red," who also put out this year's best collector's edition with their two-disc release of the Linda Blair yarn "Savage Streets."

Best line: "I need your name, address and nearest phone.

.1981, rated R.



Overseas?

At school?

Don't let them miss home too much! Give them an e-Edition of the

Same format as our print edition online! Go to www.floydcountytimes.com

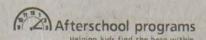
1 Year

6 months



What is a hero?

This child, and thousands like her, have the hope of a better future and the power to make it happen. By taking part in afterschool programs, kids explore, learn, grow, and most importantly, find the hero inside themselves. Let us know you want afterschool programs in your area. Call 1-800-USA-LEARN.



www.afterschoolalliance.org



THE LATEST TECHNOLOGY IS HERE.

Ask about
Anterior Hip Replacement

LESS PAIN.
LESS SCARRING.
FASTER RECOVERY.

Dr. Kevin Pugh

(606) 432-1547

PIKEVILLE MEDICAL CENTER

"THE REGION'S MEDICAL LEADER"

WORLD-CLASS CARE AT HOME

Fax: (606) 886-3603
www.floydcountytimes.com



Cats carry momentum into matchup with Middlesboro

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG

Undefeated Prestonsburg (11-0) will host Middlesboro tonight in the second round of the Class 2A State Playoffs. The Blackcats reached the second round following a 56-8 opening round victory over Knott County Central. Senior quarterback Michael Burchett passed for 275 yards and four touchdowns last Friday night as the Blackcats coasted past visiting Knott County Central in the opening round. The number two seed behind

Corbin in District 8, Middlesboro will carry a 4-7 record into tonight's second round matchup.

Prestonsburg has made the most of a versatile offensive attack throughout the season, scoring 21 or more points in each outing. Defensively, Prestonsburg has limited seven of 11 opponents thus far to 14 points or less. Prestonsburg has outscored its 11 opponents 462-141.

Burchett has now completed 129-of-198 passes for 2,231 yards and 26 touchdowns opposed to only four interceptions.

Sophomore Joseph Jamerson has been a go-toreceiver for Prestonsburg, hauling in 39 catches for 689 yards and eight touchdowns.

Rushing-wise, Josh Craynon has picked up 600 yards and scored six touchdowns on 91 carries for the Blackcats. Burchett and Austin McKinney have both rushed for over 400 yards. McKinney leads the Blackcats with 10 rushing touchdowns.

Craynon has reeled in a team-high 10 touchdown receptions for the Blackcats. McKinney and Josh Blackburn have three scoring

Joseph' receptions apiece

Defensively, Prestonsburg has picked off 11 passes, averaging one interception per game

Middlesboro defeated Bath County 49-14 last Friday night in the first round of the Class 2A State Playoffs.

The winner of tonight's Prestonsburg-Middlesboro game will meet the winner of the Corbin-Shelby Valley matchup next week in the Region Finals.

Kickoff for the Prestonsburg-Middlesboro game is set for 7:30 p.m.



photo by Jamie Howell

ZAK KEY (52) stopped a Morgan County ballcarrier for the Prestonsburg defense during a regular-season game.

Introducing J.R. Robinson

by RICK BENTLEY
TIMES COLUMNIST

Every now and then, we come to a crossroads. Every now and then, we get a rare chance. Every now and then, we owe it to you, dear reader, to share someone's story with you.

Today, I will take that opportunity and try to tell you about a young man whose life hasn't always gone as he planned it, as he wanted it, but has come out the other side in pretty fair shape.

The problem with doing this is we tiptoe the line between sharing the story of a sympathetic figure and exploiting them. We hope we can walk that delicate tightrope and make it through unscathed.

We shall see.

But before I make that effort today, you should know one last thing: The young man I'm about to tell you of? I've never personally met him. I hope to someday, and when I do, I hope he doesn't

ask me bluntly, "Why did you write that about me?"

I hope he sees. I hope he

knows.
Today, I'd like to introduce you

to J.R. Robinson.

I knew his father. There was a guy I knew well. Big Ted Robinson, as we called him in our house, was a name we discussed pretty often. We called him "Big Ted" just as you call your son "son," and for two reasons: First – and as a large man, I can say this

"son," and for two reasons: First – and as a large man, I can say this – because it fit. Big Ted was a big man. Secondly, we did it to differentiate him from another guy who invariably came up in these conversations, Teddy Honaker.

Big Ted was an Old Regular

Baptist minister and a friend of my family. Ted was one of the best preachers I've ever heard. His big, booming baratone could rock any church house, and came in handy in those Regular Baptist churches because most don't have sound systems.

It was at my brother Jeff's funeral, the night the Regular Baptists held services, when Big Ted hit the microphone in our Freewill Baptist church, knocking t away from his face. He himself said, "Don't have nothin' against t. Just don't need it."

And he didn't.

Ted was a friend of our family because back in the day, he and my dad worked together. Ted was a mechanic, I believe, and not only lid he and my dad work at the same place, they often shared a ride.

Since I was little, I've heard

(See ROBINSON, page two)

Kinzer competes in Southern doubleheader

ALLEN — Brandon Kinzer and the No. 18 Dirt Late Model earn ventured to the Duck River speedway in Wheel, Tenn., over he November 6-7 weekend for a southern Regional Racing Series SRRS) doubleheader. Both hows over the weekend at the Tennessee track paid \$3,000 to he winner. Kinzer, a veteran drier, finished 13th Friday night. The Floyd County racer crossed he finish line 21st in the final undown Saturday evening.

The Kinzer raceteam is now arning its focus to the 2010 sea-



Hunter Crowder (34) and his Allen Central teammates were too much for the Pineville Mountain Lions last Friday night. Tonight, Allen Central will visit Hazard in the second round of the Class A State Playoffs.

Hazard awaits Runnin' Rebs

by STEVE LeMASTER
SPORTS EDITOR

EASTERN - Allen Central is averaging over 460 yards rushing per game. The Runnin' Rebels will visit Hazard tonight in hopes of knocking off the host Bulldogs and reaching the first regional championship game in the history of the Allen Central football program. Allen Central made some history last week as it hosted its first postseason game. For the first time in school history, Allen Central won a playoff game. Allen Central erupted offensively last week in the opening round of the Class A State Playoffs, defeating Pineville

The talented trio of Logan Crowder (140 carries for 1,511 yards, 20 touchdowns), Justin Jackson (153 carries for 1,288 yards, 14 touchdowns) and Hunter Crowder (148 carries for 1,211 yards, 14 touchdowns) continues to lead Allen Central offensively.

Allen Central (10-1) has outscored opponents 482-191 in 11 games.

Hazard dismantled out-

matched Phelps 61-6 in the first round of the Class A State Playoffs. The Bulldogs (7-4) posted regular-season wins over Leslie County, Paris, Williamsburg, Harlan, Jenkins and Pineville. Hazard has outscored its 11 opponents 362-138. The Bulldogs defeated Jenkins 1-0 via forfeit. Hazard won another District 7 title after finishing out in front of Harlan, Pineville and Jenkins.

Allen Central and Hazard did not meet during the regular-season.

Hazard is the reigning state runner-up from the 2008 season after finishing second behind Beechwood in the Class A State Finals.

Kickoff for the Allen Central-Hazard game is set for 7:30 p.m.

CLASS A STATE PLAYOFFS
TONIGHT'S GAMES
Eminence at Beechwood

Raceland at Campbellsville Bellevue at Frankfort Allen Central at Hazard Crittenden County at Holy Cross (Louisville) Fairview at Lexington Christian Ballard Memorial at Mayfield Harlan at Pikeville



Above: Justin Jackson (7) picked up rushing yardage for the Rebels.

Below: Allen Central defender Shane Hamilton (24)





REBEL VOLLEYBALL IN THE REARVIEW

The Allen Central High School volleyball program has entered its latest offseason with the most single-season wins in 15th Region history. A frontrunner in Eastern Kentucky, Allen Central continues to emerge as a statewide power. The Rebels won one game in this year's State Volleyball Tournament before opponent Southwestern claimed the match 2-1.

Lady Bears fall to UVA-Wise

TIMES STAFF REPORT

WISE, Va. – Poor shooting and foul difficulties were the difference on Wednesday night as U.Va.-Wise defeated Pikeville College 87-74 at Greear Gymnasium.

Pikeville hit only 34.2 percent from the floor on Wednesday. That, combined with being whistled for 26 personal fouls, led to the loss for the Lady Bears.

Pikeville (2-1) led briefly early. UVA-Wise, however, quickly took the lead and never lost it. Pikeville trailed by 12 (57-45) with 14:09 remaining, but cut it in half by the 10:29 mark.

But the Lady Cavs scored eight of the next nine points and when Adrienne Womack sank a layup with 8:10 remaining, the lead was 67-54. The edge got as big as 16 late and never fell under double digits.

Junior Natiera Hinton had another huge night for the Lady Bears, pouring in 30 points despite spending much of the first half on the bench with two fouls. She was one of four players in double figures; sophomore Megan Mosley followed with 11 to go with six assists, while juniors Meagan Johnson and Lauren Potts tossed in 10 points each.

Hinton had her first doubledouble, thanks to to 10 rebounds. Pikeville won the rebounding battle 44-41.

Kristin Mullins led the Lady Cavs (2-0) with 20 points and eight rebounds. Amber Carter tossed in 17 points and handed out seven assists. Meghan Rutherford followed with 12 points while Womack tossed in

Pikeville will have nine days off before returning to action on Nov. 20, playing in the WVU Tech Classic at Montgomery. The Lady Bears will play Alderson Broaddus College in a 6 p.m. tip-off.

Hartline returns to practice for UK

TIMES STAFF REPORT

LEXINGTON – Despite some swelling in his knee, University of Kentucky quarterback Mike Hartline practiced on Wednesday and did well, Coach Rich Brooks reported after practice.

"Although he had some swelling in his knee from yester-day, he moved around and practiced pretty good today so we'll judge it as we move forward," Brooks said. "He's getting back in the swing of it pretty good."

Hartline started the first five games of the season before sustaining a torn medial collateral knee ligament early in the third quarter at South Carolina on Oct. 10. True freshman Morgan Newton has opened the last four games in Hartline's place.

Kentucky will play at Vanderbilt on Saturday at 12:21 p.m. EST (11:21 a.m. CST).

CLASS 2A STATE PLAYOFFS TONIGHT'S GAMES Monroe County at Bardstown

Shelby Valley at Corbin
Trigg County at Fort Campbell
Danville at Green County
Hancock County at Murray
Christian Academy-Louisville
Newport Central Catholic
Middlesboro at Prestonsburg
DeSales vs. Holy Cross (Covington)
(at Southern)

Mid-South Conference volleyball banquet held

Mosley among Pikeville College players honored

TIMES STAFF REPORT

FRANKFORT - In a pre-Mid-South lude to the Conference Volleyball Tournament, the conference handed out its regular season awards tonight at the annual banquet at the Capital Plaza Ball Room.

Georgetown College - who was perfect in conference play in 2009 - placed five Tigers on the all-conference team, including the MSC Player of the Year Erica Janszen.

Janszen finished the season leading the conference in kills (446) and kills per game (3.9) and sixth in hitting percentage (.250). She was named MSC Hitter of the Week three times and player of the week twice.

Joining Janszen on the allconference team were teammates Amanda Philpot, Amy Barmore, Alexandra Bertke and Kyla Welch; Campbellsville University's Shannon Cahill, Renee Netherton and Caroline Martin; Lindsey Wilson College's Sarah Kline, Ashlie Haworth and Racheal Achieng; and University of Rio Grande's

The 12-woman team was voted on by the MSC coaches. Coaches were not allowed to vote for their own players.

Sherman grabbed MSC Freshman of the Year honors after leading the conference with a .355 hitting percentage. She was second in the conference with 3.1 kills per game.

Georgetown's Nick Griffin was voted on by his peers as the MSC Coach of the Year after leading his team to a regular season title.

Georgetown's Cathy Frank and University of the Cumberlands' Courtney Fout were named the MSC Volleyball Champions of Character recipients. The pair earned the award - as voted on by the conference athletics director - for their civic and servant leadership within the campus and community.

Forty-four volleyball student-athletes were recognized as Academic All Mid-South Conference. The distinction is reserved for student-athletes with a sophomore or higher class ranking and a 3.25 and above grade point average.

A breakdown of those honored for their work in the classroom follows.

Campbellsville University: Shannon Cahill, Whitney Haynes, Samantha James, Jovana Koprivica, Danielle Waldrop, Tiarra Wilham, Deborah Dean and Christiana Sindelar.

University the Cumberlands: Angie

Davenport, Amanda Hensley, Alex Lawrence, Tessie Rice, Kendra Sammons and Tommie Thompson.

Georgetown College: Cassie Moore, Alexandra Bertke, Kelsey Luckett, Kyla Welch, Whitney Wulf, Kristen Meister, Goodin Elizabeth Catherine Frank.

Lindsey Wilson College: Kelley Burke, Samantha Camp, Sarah Kline, Kayla Koerber and Sumyr Knight.

Pikeville College: Leah Harris, Kayla Hatton, Shelbi White, Whitney Whitson and Elizabeth Mosley

University of Rio Grande: Kristen Cassady, Ashley Bloom, Kati Mooreand Rachel

West Virginia University Tech: Erica Schoolcraft and Brianna Saunders.

St. Catherine College: Sam Gehler, Adair Woford, Taylor Childress, Mandy Gray, Jordan Boyle and Brittini Schmidt.



Elizabeth Mosley





ABOVE: ALLEN CENTRAL COACH LARRY MAYNARD congratulated players following the 15th Region championship win District/Conference Betsy Layne. Allen Central made the strongest showing of any 15th Region team in Volleyball State Tournament.



UVA-Wise edges Lady Eagles

TIMES STAFF REPORT

WISE, Va. - Host UVA-Wise fended off Alice Lloyd Thursday (Nov. 5) in a women's basketball game, defeating the Lady Eagles 83-80.

ALC got out of the gates strong, benefitting from the play of junior Nicole Lutes and sophomore Gemma Grey along with shooting 64-percent from the field. The Lady Eagles led 26-11 at the 11:10 mark following a bucket from Gray. Alice Lloyd, however, couldn't remain out in front of UVA-Wise

The Lady Cavaliers cut the lead to three, but a late flurry by Alice Lloyd set the score at 58-48 when the game entered its intermission.

UVA-Wise opened the first 2:30 on a 12-3 run in the second half, cutting the deficit to one at 61-60. From that point, the game went back and forth as neither team had more than a five point lead the remainder of the contest.

Bailey Gabbard drained a jumper for Alice Lloyd and tied the game at 80 with 1:36 to play. A free throw at the 1:07 mark gave the Lady Cavaliers an 81-80 lead. After a Lady Eagle turnover, UVA-Wise got the ball back and hit two more free throws to make the score 83-80.

At the buzzer, Grey got off a shot with contact, but no foul was called. Five Alice Lloyd players reached double figures in the scoring column. Lutes led Alice Lloyd with 16 points and 10 rebounds, registering a double-double. Gray followed with 14 points for the

Lady Eagles. Junior Bree Frazier added 11 points while the junior Bailey Gabbard and sophomore

Allison Feltner contributed 10 apiece. Charlotte Reasor paced UVA-Wise (1-0) with 15 points.

ATHLETES OF THE WEEK

Michael Burchett, Prestonsburg Football Kes Moore, Piarist Volleyball



SPORTS FAN

OF THE WEEK



If you are the sports fan circled here... it's your lucky day!

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at DAIRY QUEEN OF PRESTONSBURG. When claiming your ice cream cake, present this newspaper.

PC women's bowlers finish strong in SI Elite

TIMES STAFF REPORT

PIKEVILLE Pikeville College women's bowling team turned in a second-place finish in the Southern Illinois Elite Invitational last weekend in Fairview Heights, Ill.

The men, however, weren't as fortunate, with the top team coming in 12th in the strong 34-team field at the same

On the women's side, Pikeville Black edged out Wichita State A to finish second by only six total pens. They finished more than 500 behind Wichita C, the tournament champion.

Pikeville Orange finished sixth in the 24-team field,

while Pikeville White was

Pikeville had nine players finish in the Top 40. A run began at No. 8 where sophomore Kim Yioulos finished with an average of 198.333. Senior Becky Sulligan fol-lowed at 196.222, while senior Jennifer Wright was 10th at 195.667 and senior Nicole Burke was 11th at 193.556.

Sophomore Megan Kyle finished tied for 16th with a score of 185.556. Sophomore Chelsea Gilliam was 26th with an average of 182. Senior Sarah Germano was tied for 30th, averaging 180.556; sophomore Natasha Martin was tied for 32nd at 178.556; and senior Ashley Stahurski was 40th at 147.111.

Pikeville Grizzly finished 12th in the event, which was won by Wichita State D. All four Wichita entries finished in the Top 11. Pikeville Kodiak came in 16th while Pikeville Panda was 25th.

Only three Pikeville bowlers finished in the Top 100 individually. Junior Jeremy King was Pikeville's top finisher, coming in 37th with an average of 191. Freshman Chad Carden was 46th at 187.222 while junior Nick Atkinson was 54th with a total pinfall of 1641.

The Pikeville College bowling teams will be back in action this weekend as travel to Kettering, Ohio, to participate in the Raider Classic.,

UK-UNC men's basketball game sold out

TIMES STAFF REPORT

LEXINGTON - Tickets for the Kentucky-North Carolina men's basketball game have sold out, but a limited number of tickets could remain for UK against

and Rider.

Any unclaimed student tickets for the Miami University (Nov. 16), San Houston State (Nov. 19) and Rider (Nov. 21) games will be available at 6:00 p.m. Thursday at www.ukath-

University, Sam Houston State letics.com or www.ticketmas-

All tickets are for upper

level seats and cost \$28. Kentucky will open the 2010 season tonight at home against Morehead State.

Robinson

came to be a friend of mine too. He always had a handshake, always a warm hug.

Goes without saying, I miss Big Ted.

But I'd never pretend to say I miss him as much as J.R. Here's a young man who has had to spend the most influential years of his life without his father, and nobody should go through that without one.

In addition, J.R.'s mother has been ill much of that time, giving him even more reason and opportunity to hold a grudge, to be bitter, to walk away from life.

Thank God he hasn't.

J.R.'s older brother Heath is another friend of mine. Heath has been known to call up The Sports Guys and chime in from time to time, and the bond we share is due to our love of sports, but also to our common fondness of his father.

Heath told me how proud he was of his brother, of the decisions he's made and how he's

making it without his father. "Most teenage kids would have just given up and quit in the face of this adversity, Heath said, "but JR hasn't and

about Big Ted Robinson. He has flourished by staying positive and taking his pain and anger out on opposing ball carriers instead of crawling into a bottle (pill or alcohol).

In this day and age, it's hard to argue how easy it would have been for J.R. to walk away.

His coach has noticed too. "J.R.'s a tough kid," said Ben Howard. "He hasn't had it easy, but he's stuck it out. He's the kind of kid you like to have around. He's tough, hardnosed.

Ben doesn't say that because J.R.'s the best player on his team as they prepare for the second round of the playoffs tonight. This season, he has averaged more than 10 yards per carry, but he's only carried 25 times. He's the team's leading tackler with 67 heading into tonight, and he's recovered a pair of fumbles.

"He works hard, and he's a good leader for us too," Ben

Tonight when the Panthers host Harlan, J.R. Robinson will be one of the few dozen wearing maroon proudly, trying to advance to the round of eight in Single-A. He'll be out there playing with all he has to extend

■ Continued from p1

his career one more week, for the opportunity to put on the practice gear a few more times.

I'm glad he'll be out there. It would have been easy for him to quit, to walk away, to leave it for someone else. He hasn't. He's kept working, kept his nose to the grindstone, kept doing all his coaches ask of

I'm proud of J.R. Robinson. His brother is proud too, as is his mother, his coach, and all who know his story.

But somewhere in his Heavenly Home, a husky man with a booming voice will be watching the events on Hillard Howard Field. He'll be pulling for the home team, the one for which his son plays, and he'll

Big Ted Robinson has plenty of reasons to be proud of J.R. Hardly any of them have been because of what he's done on the football field. But many of them have been because he's been on the field, not walking away, not throwing his hands in

That's plenty of reason right

2009 NASCAR SPRINT CUP SCHEDULE/RESULTS

Feb. 7 — x-Budweiser Shootout, Daytona Beach, Fla. (Kevin Harvick)

Feb. 15 — Daytona 500, Daytona Beach, Fla. (Matt Kenseth) Feb. 22 — Auto Club 500, Fontana, Calif. (Matt Kenseth)

March 1 — Shelby 427, Las Vegas. (Kyle Busch)
March 8 — Kobalt Tools 500, Hampton, Ga. (Kurt Busch)

March 22 — Food City 500, Bristol, Tenn. (Kyle Busch) March 29 — Goody's Fast Relief 500, Martinsville, Va. (Jimmie Johnson) April 5 — Samsung 500, Fort Worth, Texas (Jeff Gordon)

April 18 — Subway Fresh Fit 500, Avondale, Ariz. (Mark Martin) April 26 — Aaron's 499, Talladega, Ala. (Brad Keselowski) May 2 — Crown Royal Presents the Russell Friedman 400,

Richmond, Va. (Kyle Busch)

May 9 — Southern 500, Darlington, S.C. (Mark Martin)
May 16 — x-NASCAR All-Star Challenge, Concord, N.C. (Tony Stewart) May 24 — Coca-Cola 600, Concord, N.C. (David Reutimann)

May 31 — Dover 400, Dover, Del. (Jimmie Johnson) June 7 — Pocono 500, Long Pond, Pa. (Tony Stewart)

June 14 — LifeLock 400, Brooklyn, Mich. (Mark Martin) June 21 — Toyota/Savemart 350, Sonoma, Calif. (Kasey Kahne)

June 28 — LENOX Industrial Tools 301, Loudon, N.H. (Joey Logano)

July 4 — Coke Zero 400, Daytona Beach, Fla. (Tony Stewart) July 11 — LifeLock.com 400, Joliet, III. (Mark Martin)

July 26 — Allstate 400, Indianapolis. (Jimmie Johnson) Aug. 2 — Pennsylvania 500, Long Pond, Pa. (Denny Hamlin)

Aug. 9 — Heluva Good! Sour Cream Dips At The Glen,

Watkins Glen, N.Y. (Tony Stewart) Aug. 16 — Carfax 400, Brooklyn, Mich. (Brian Vickers)

Aug. 22 — Sharpie 500, Bristol, Tenn. (Kyle Busch) Sept. 6 — Pep Boys Auto 500, Hampton, Ga. (Kasey Kahne)

Sept. 12 — Chevy Rock & Roll 400, Richmond, Va. (Denny Hamlin)

Sept. 20 — Sylvania 300, Loudon, N.H. (Mark Martin) Sept. 27 — AAA 400, Dover, Del. (Jimmie Johnson)

Oct. 4 — Price Chopper 400, Kansas City, Kan. (Tony Stewart) Oct. 11 — Pepsi 500, Fontana, Calif. (Jimmie Johnson)

Oct. 17 — NASCAR Banking 500, Concord, N.C. (Jimmie Johnson) Oct. 25 — Tums Fast Relief 500, Martinsville, Va. (Denny Hamlin)

Nov. 1 — Amp Energy 500, Talladega, Ala. (Jamie McMurray) Nov. 8 — Dickies 500, Fort Worth, Texas. (Kurt Busch) Nov. 15 — Checker O'Reilly Auto Parts 500, Avondale, Ariz.

Nov. 22 - Ford 400, Homestead, Fla. x-non-points race

NASCAR SPRINT CUP DRIVER STANDINGS: 1. Jimmie Johnson, 6,297; 2. Mark Martin, 6,224; 3. Jeff Gordon, 6,185; 4. Kurt Busch, 6,126; 5. Tony Stewart, 6,119; 6. Juan Pablo Montoya, 6,061; 7. Greg Biffle, 6,050; 8. Denny Hamlin, 5,975; 9. Ryan Newman, 5,973; 10. Kasey Kahne, 5,898; 11. Carl Edwards, 5,857; 12. Brian Vickers, 5,777; 13. Kyle Busch, 4,183; 14. Matt Kenseth, 4,151; 15. Clint Bowyer, 4,078; 16. David Reutimann, 3,969; 17. Jeff Burton, 3,677;

18. Marcos Ambrose, 3,637; 19. Joey Logano, 3,600; 20. Casey Mears, 3,571.

Pikeville College to honor Jamerson, seven teammates

TIMES STAFF REPORT

PIKEVILLE - On Saturday afternoon, eight young men will wear the orange and black for the final time as their senior season at Pikeville College comes to an end. They will be recognized in a pregame ceremony on Saturday at 1:15 before the Bears play Campbellsville University, thanking them for their hard work, dedication and contributions to Pikeville College football. A rundown of the Pikeville College foot-Prestonsburg High School offensive side of the football. product Nick Jamerson, fol-

lows. John Brown: A defensive back who has 121 tackles in his career, 81 of them being solos. The solo tackles total is 10th on the all-time list a the school. He has eight career interceptions, which is tied for second most in school history. As a sophomore, he had five interceptions, which is tied for the third most in a single season. He also has a fumble recovery and a blocked kick in his career.

Kyle Chilton: You name the special teams record, All-American Kyle Chilton probably owns it. The eight-time Mid-South Conference Player of the Week and three-time national player of the week is the school's all-time leader in field goals made (36) and attempted (59), and his totals of 76 PATs in 83 attempts are second. The two-time All-Conference kicker holds the five longest made field goals

in school history. And, as an all-conference punter, he is second in total punts (138), first in punting yards (5351), game with 101 career recepsecond in average yards per tions and 1,189 receiving punt (38.8) and first in punts inside the 20 (40). And, if he scores one point Saturday, he will stand alone as the top scorer in Pikeville College all-time, including five as a football history.

Central product is a four-year letterman at Pikeville College. He is a starter on the on the kickoff return team. A true utility player, he has seen time ball seniors, including at various positions on the both school records. Jamerson

> Kenny Harris: Simply put, Kenny Harris is the best tackler in Pikeville College history. An honorable-mention allconference player, he enters Saturday's game with 141 solo tackles, 132 assisted tackles and 273 total tackles. All of those are school records. In addition, he has nine fumble recoveries, and that is the most in school history. His 16 tackles last year against Kentucky Christian is tied for the second most in a single game, and his totals from last year of 88 total tackles and 58 assisted tackles are second in school history.

> Howard: Nate Nate Howard was the first-team allconference center as a junior, his second time on the All-Mid South Conference teams. The starting long snapper and center, Nate was the signal-caller for the offensive line. He is a three-year letterman and twoyear team captain who had his career cut short earlier this season due to knee surgery.

Nick Jamerson: In a terrific four-year career, Nick Jamerson will enter Saturday's yards, one of only two players to reach those totals. He has caught eight touchdown passes, which is good for fourth freshman, which is tied for Erik Coleman: The Pike fifth most in a single game. One of his two career 100-yard receiving games was a 144 yards and three touchdown performance against Kentucky Wesleyan as a freshman are is a Prestonsburg High School

graduate. Martrey Littlejohn: A solid contributor who has been a valuable member of the campus community, Martrey Littlejohn is the team's leading rusher this season with 390 yards on the ground. In his career, Martrey has carried 145 times for 594 yards. In addition, he has caught a dozen passes for 53 yards and compiled 381 yards on kickoff returns.

DeVaughn DeVaughn Whitley has quietly put together a solid career at Pikeville College. He has 161 tackles and 103 solos, both of which are seventh all-time. His 58 assisted tackles are 9th most in school history. In addition, he has five tackles for loss, four sacks, three interceptions, one forced fumble, one fumble recovery and a blocked kick. In addition, he is third on the team with 66 tackles this season, and his 39 solo tackles are tied for the team lead.



GIVING BACK: Letcher County Clerk Winston Meade presented a \$6,500 check to Neil Napier, program supervisor of the Eastern Kentucky Veterans Center in Hazard on Oct. 20. Funds used to provide a new hardwood floor in the auditorium of the veterans center, were raised by selling recycled license plate birdhouses in area clerk's offices. You can get your own birdhouse at Johnson County, Magoffin County, Martin County, Floyd County, Knott County or Lawrence County clerk's offices. They make a nice gift for family or friends. Pictured from left to right are Leslie County Clerk James Lewis; Buddy Grubb, chairman of the Letcher County Veterans Museum; Winston Meade, Neil Napier and Joe Bolton, board members of HOPE for Veterans.



JUSTICE STILL HAS IT

James Justice, owner of the Justice Sledgehammer Competition and an ex-bodybuilder (1993 Mr. Louisville), recently competed again in mixed martial arts for the first time since the 1990s, representing Kentucky once Justice entered an MMA fight on Oct. 3 in Lexington at Four Seasons Martial Arts

Justice competed for the first time in 18 years He won the MMA bout against a 22fighter Lexington.



DAVID BANGHAM



FRANK STUMBO



GREG NICHOLS



GREG DEVER



JAMES JUSTICE

FOR MORE INFORMATION ON THE JUSTICE SLEDGEHAMMER COMPETITION, Call 606-226-8806 or 606-478-1388.

Mail inquiries to: Justice Sledgehammer Competition, c/o James P. Justice, Owner P.O. Box 987 Harold, Ky. 41635

Prestonsburg hosts Justice Sledgehammer Competition

TIMES STAFF REPORT

PRESTONSBURG - The Sledgehammer Competition held the 2009 Mr. Kentucky contest Sept. 18-19 at the Mountain Arts Center in Prestonsburg. The latest ediof the Justice Sledgehammer Competition was held in memory of James A. Justice, who passed away in August. Results from the contest were as follows:

Mr. Kentucky 2009 - 16 Pounds (Under 200 pounds): First-Place-David Bangham (77 times in 1:30); Second-Place-Greg Dever (60 times in 1:30). 16 Pounds (Over 200 Pounds): First-Place-Frank Stumbo (50 times in 1:30); Overall Winner of Both Divisions and Over 200 Pounds (16 Pounds): David Bangham (2008, 2009 Champion).

16 Pounds (3-Minute

Division): First Place Overall and Division Winner: Frank Stumbo (97 times).

20 Pounds Sledgehammer (Under 200 Pounds): First-Place-David Bangham (50 times).

20 Pounds (Over 200 Pounds): First-Place-Greg Nicholas (45 times in 1:00); Second-Place-Frank Stumbo (40 times in 1:00; Overall Winner-David Bangham (50 times in 1:00).

20 Pounds (45 and Over): First-Place and Overall Winner-Greg Nicholas (46 times in 1:00).

60 Pounds (Under 200 Pounds): First-Place-David Bangham (24 times in 1:00).

60 Pounds (Over 200 Pounds): First-Place-Frank Stumbo (21 times in 1:00); Second-Place-Greg Nicholas (18 times in 1:00). Overall Winner-David Bangham,

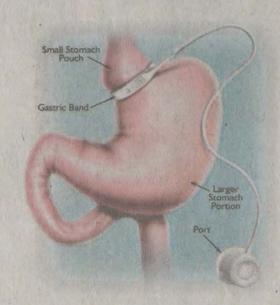
James P. Justice owns and

operates the Sledgehammer Competition. Sponsors for the 2009 Mr. Kentucky Sledgehammer Competition were the Floyd County Chamber of Commerce, Razor Back Sledgehammer, Pools by Greg; Style Masters Hair Salon, Paintsville Wood Products, Kinzer Drilling, El Poncho Mexican Restaurant, Broadway Printers, Dairy Queen (Pikeville), Giovanni's Restaurant (Martin), Perry Distributors, Hylton Homes, Embroid Me, Northside Plumbing, Messer's Department Store, Mare Creek Sand Co., WMDJ, Clayton Homes, Three Wishes, East Kentucky Physical Therapy, John Hunt, El Azul Grande, The Eye Site, Southern Tattoo, Pig in a Poke, Thacker Auto Parts, Jones Oil Co., True Temper Steel and Lucas & Son Funeral Home.

VISIT THE TIMES ONLINE

WWW.FLOYDCOUNTYTIMES.COM

Adjustable Gastric Banding



Procedure Time:

30-60 min.

Recovery:

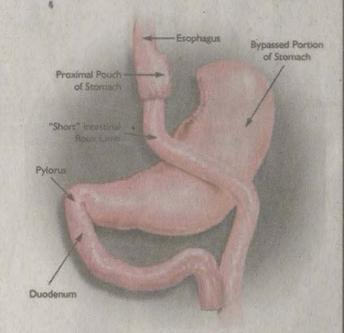
2 days-2 weeks

Weight Loss:

1-2 lbs. weekly over

a 2 to 5-year period

Gastric Bypass



Procedure:

1.5-3 hr.

Recovery:

2-4 weeks

Weight Loss:

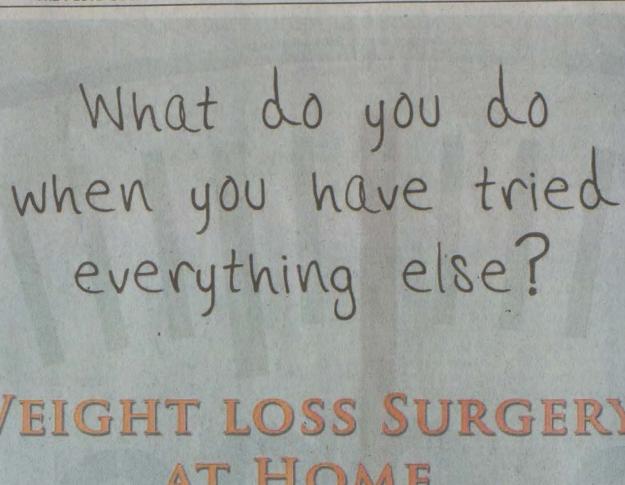
3-5 lbs. weekly over a

2-year period

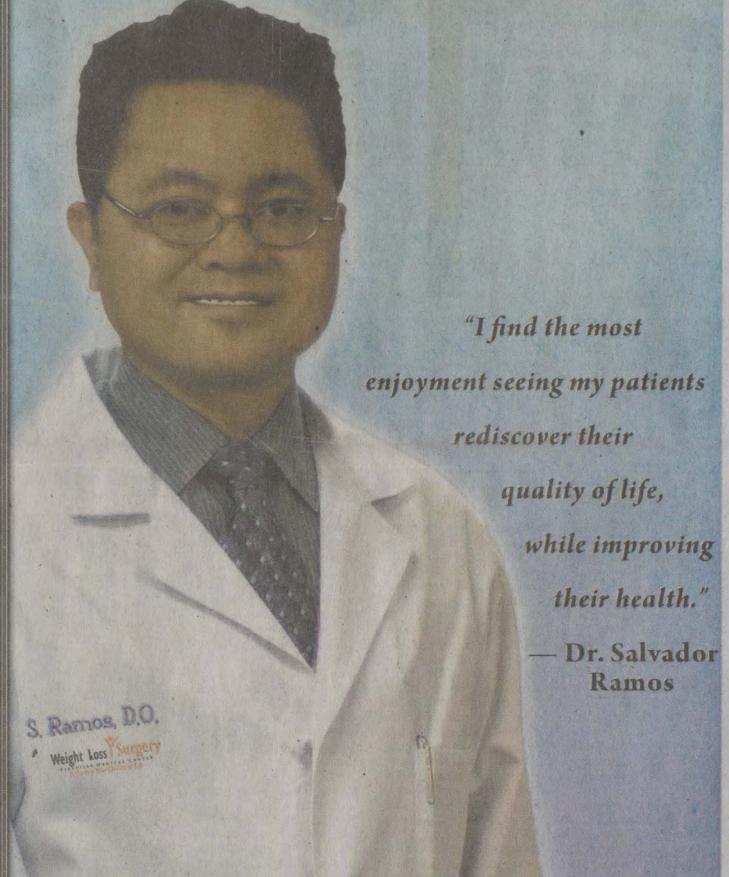
Obesity can damage muscles, bones and internal organs. The chance of heart disease, diabetes, sleep apnea, infertility, osteoarthritis, gallbladder disease, and certain cancers are increased by obesity. As your weight increases, the risks of medical problems increase.

> Dr. Salvador Ramos' experience and expertise allows Pikeville Medical Center to offer one of the most comprehensive weight loss centers in the region.





WEIGHT LOSS SURGERY AT HOME



PIKEVILLE MEDICAL CENTER

"THE REGION'S MEDICAL LEADER"