

The Times

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Volume 83, Issue 21 • 75 Cents

County looks for storm cleanup aid

by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — Floyd County officials joined members of the Federal Emergency Management Agency (FEMA) for a conference call Wednesday for updates on help that may be coming in the wake of recent winter storms.

Floyd County Judge-Executive R.D.

“Doc” Marshall characterized the conference as productive, saying it seems the county could receive up to \$200,000 in federal funds to assist in cleanup efforts.

“We mostly discussed what things we need to do to have all the pieces in place to officially file for the assistance,” Marshall said yesterday. “The good thing is that we already have all our information documented and so

we’ll be ready as soon as they send their agent in to talk with us.”

That agent will be West Virginian Jim Campbell, Marshall said, the same man who worked with county officials in 2007 during weather-related assessments then.

“It’s good that we’ll have somebody we know to be working with,” added Marshall. “That’s going to be a great help in seeing all of this taken care of

even more quickly.”

The deadline to submit assessments is March 5, said Marshall.

Time is of the essence, say county officials, who, like other community leaders across the commonwealth, have been reeling from storm damages that started with a massive ice storm on Jan. 26.

(See AID, page five)

HIGH BAS

briefs

Drug raid finds crack

Times Staff Report

McCARR — Another suspected drug dealer is behind bars in Pike County after a police raid turned up drugs and large sums of cash at the man’s home Tuesday.

Terry Fields, 54, was arrested Tuesday after members of the Pike County Sheriff’s Department say they shut down what they believe to be a large-scale crack-cocaine operation ran from Fields’ home at McCarr.

Investigators say the drugs were being brought to Fields from out of state and that the 54-year-old was then distributing it throughout Eastern Kentucky.

When all evidence was gathered, police seized numerous bags containing powder substance authorities are saying could be cocaine at this time. Large quantities of prescription drugs were also found including Valium, Xanax, Fiorcet and Roxicodone.

Various drug-related items were found such as weight scales along with \$18,000 in cash spread across several denominations, but most consisting of \$100 bills.

Police said the raid came after an anonymous caller led undercover officers to the Fields’ home, located on Peter Fork in the McCarr area.

It is speculated in reports shortly after the arrest Tuesday that Fields’ may have allegedly enlisted the help of up to three to four dealers working for him in the region.

Fields appeared in Pike County District Court Wednesday where he was ordered held on a \$50,000 cash bond.

ECONOMIC PLANNING



photos by Jarrid Deaton
Matt Osborne, director of adventure tourism, spoke at the first Big Sandy Economic Development Summit on Wednesday.

Business, political leaders discuss region’s economy

by JARRID DEATON
FEATURES WRITER



Lt. Gov. Daniel Mongiardo was the keynote speaker at the first Big Sandy Economic Development Summit. Mongiardo focused on energy, tourism and responding to the ABC 20/20 special about the region.

PRESTONSBURG — Leaders from local and state government, along with Big Sandy area business owners, gathered Wednesday at the Mountain Arts Center for the first Big Sandy Economic Development Summit.

Lt. Gov. Daniel Mongiardo was the keynote speaker at the event, with organizers only receiving confirmation that Mongiardo would be able to attend the night before.

Mongiardo’s speech focused heavily on energy independence, talking about coal to liquid plants, and tourism, touting trails and other forms of adventure tourism as an expected source of major revenue

for the commonwealth and the Big Sandy area.

“We need to work on energy, and we can’t be by foreign oil,” Mongiardo said. “We have to become energy independent. In order to do that, we need to bring coal into the 21st Century.”

Regarding tourism, Mongiardo has long been a supporter of trails and taking advantage of the natural tourism opportunities in Kentucky.

“I believe we can have the best trail system in the world, and trails are the number one tourist draw,” Mongiardo said.

The recent ABC 20/20 special on Eastern Kentucky drew sharp criticism from Mongiardo, who said that the region has so much more to offer

(See ECONOMY, page five)

Officials sued over jail beating

by SHELDON COMPTON
STAFF WRITER

PIKEVILLE — The niece and legal guardian of a man who says he was beaten in a holding cell at the Floyd County Detention Center last summer has filed a federal lawsuit pointing a finger at county and jail officials.

The lawsuit, filed late last week by Tina Green, the niece of 55-year-old Terry Fisher, of Wheelwright, names Floyd County, Jailer Roger Webb and three unnamed jail employees as defendants.

On Aug. 10, 2008, Fisher was reportedly found near death in the cell after allegedly being assaulted by upwards of 10 other inmates.

According to statements at the time by Det. Steve Little, with the Prestonsburg Police Department, Fisher was allegedly subjected to the beatings over the course of three days.

Fisher had pleaded guilty before being detained at the detention center to abusing a minor.

In the federal suit filed in U.S. District Court in Pikeville, Green says her uncle “suffered broken ribs, a broken back, fractures of his skull and facial bones, and other injuries too numerous to mention,” adding that when he was later taken to the hospital, where he was placed on a ventilator, he had a shoeprint on the side of his head and was “in a near-vegetative state.”

Floyd County Commonwealth’s Attorney Brent Turner later called for indictments on charges of assault against nine inmates — Kevin L Woods, 22, of Allen; Stephen Jervis, 47, of Endicott; Michael A Rowland, 30, of Stanton; Christopher N. Newsome, 35, of Harold; Matthew Lee Richie, 25, Willisburg; Ivan Gunnels, 28, of Eastern; David Johnson, 41, of Wayland; Ronald Spurlock, 30, of Waverly, Ohio.; Keith Joseph Paige, 29, of McDowell.

The lawsuit asserts that “reasonable discovery will show that Mr. Fisher’s treatment by the Defendants was the result of policies, customs and practices of Floyd County, either written or unwritten,” adding that these were the “moving force” behind his injuries.

(See LAWSUIT, page five)

2 DAY FORECAST

Today
Mostly sunny
High: 36 • Low: 22

Tomorrow
Evening showers
High: 49 • Low: 21

For up-to-the-minute forecasts, see floydcountytimes.com

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The Floyd County Times is printed on 100 percent USA recycled paper

PRIDE cleanups get early kickoff

by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — Although spring weather is still several weeks away, organizers with PRIDE are not waiting to get the wheels rolling on efforts for 2009.

Ella Clay, PRIDE coordinator for Floyd County, along with Tony Grubb, with the Floyd County Conservation District, met with Floyd County Judge-Executive R.D. “Doc” Marshall Wednesday to kick off the new PRIDE season.

Officials met at the Floyd County Courthouse to discuss preliminary plans for cleanup efforts that will take place, for the most part, during the month of April this year, Clay said.

“We’re going to be working throughout the entire month of April,” said Clay, who was handing out PRIDE Volunteer t-shirts just prior to Wednesday’s afternoon meeting.

As in years past, the focus will be on curbing illegal dumping and

(See PRIDE, page five)



Floyd County kicked off its PRIDE season Wednesday with the first committee meeting of the year at the Floyd County Courthouse. Organizers say there will be events throughout the month of April. Pictured from left to right are Tony Grubb with Floyd County Conservation, Ella Clay, Floyd County’s PRIDE coordinator and Floyd County Judge-Executive R.D. “Doc” Marshall.

photo by Sheldon Compton

Advertisement for Big Sandy Heating & Cooling. Features the Lennox logo, a 24-hour emergency service badge, and the phone number 1-888-297-HEAT. The slogan is “The King of Comfort” and the website is www.bigsandyheating.com.

Obituaries

Mary Magdalene Cesco

Mary Magdalene Cesco, 73, of Pikeville, formerly of Weeksbury, died Sunday, February 15, 2009, at Highlands Regional Medical Center.

Born August 14, 1935, in Stewart, she was the daughter of the late Elihue and Carrie Mullins. She was a homemaker and attended Jackscrew Baptist Church.

She was twice married, first to William "Bill" Rogers who preceded her in death and later to Paul Cesco who survives.

In addition to her husband, survivors include two sons: Rickey (Dorothy) Rogers of Grethel, Paul (Paula) Rogers of Paintsville; three daughters: Jenny (Dutch) Clark of Grethel, Rebecca (Art) Dalton of Pikeville and Stephanie Becht of Scottsville, 14 grandchildren and 13 great-grandchildren.

In addition to her husband, she was preceded in death by a son, William Michael Rogers; two brothers: Orion and James Mullins and a sister, Naomi Sword.

Funeral services were held Thursday, February 19, at 1 p.m., at Jackscrew Baptist Church, in Jackscrew.

Burial was in the Robert Hall Cemetery, in Galveston, under the direction of Nelson-Frazier Funeral Home.

In lieu of flowers, donations may be made on the funeral arrangements. (Paid obituary)

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Thomas "Tommy" Maryland Hale

Thomas "Tommy" Maryland Hale, age 57, of Blue River, passed away on Tuesday, February 17, 2009, at his residence.

He was born at Huntington, W.Va., December 2, 1951, the son of Winifred "Penny" Osborne Hale of Blue River, and the late Henry C. Hale.

He was a farmer and a retired trucker. He was the owner of Hale Trucking Company.

He was preceded in death by his father, Henry C. Hale; a sister, Carla Lynn Hale; and a niece, Sarah Keane Hale.

Survivors include his mother, Winifred "Penny" Osborne Hale of Blue River; his brothers: Lt. Colonel James H. Hale of Durango, Colorado, Jonathan C. Hale of Prestonsburg, Benjamin Hale and George Hale, both of Blue River; a sister, Kay Hale Ross of Prestonsburg; his nephews: James Henry Jr., Nicholas Lee, Benjamin Keith, Brian Clay, Thomas Clay Ross, and Jonathan Andrew; his nieces, Katherine LeAnn, Charlotte Anne, Allison Taylor and Rachel LeAnn; and his great-nephews: Ryan Clay Hale and Tucker James Hale.

Funeral services will be held Saturday, February 21, at 2:00 p.m., in the Hall Funeral Home Chapel, in Martin, with Arnold Turner Jr., and Jerry Manns officiating.

Burial will follow in the Hale Family Cemetery, in Blue River, under the professional care of Hall Funeral Home. (Paid obituary)

□□□

James T. Hall

James T. Hall, 64, of Cherryville, North Carolina, formerly of Wheelwright, died Monday, February 16, 2009, at

Carolinas Medical Center, Lincolnton, North Carolina.

Born November 18, 1944, in Floyd County, he was the son of the late Talt and Minnie Belle Hatfield Hall. He was a retired electrician.

He is survived by his wife, Brenda Ferguson Hall.

Other survivors include his sons: James, and his wife, Brandi Hall of Lincolnton, North Carolina; Jason, and his wife, Lisa Hall of Cherryville, North Carolina; his sisters: Della Hall of Crouse, North Carolina, and Virginia Smallwood of Bevinsville; his grandchildren: Megan Hall, Josh Hall, and Houston Hall.

In addition to his parents, he was preceded in death by his brothers: Wid Hall and Everett Hall; and a sister, Sara Newsome.

Funeral services will be held Saturday, February 21, at 1 p.m., at Nelson-Frazier Funeral Home, in Martin, with Louis Ferrari officiating.

Burial will be in Davidson Memorial Gardens, in Ivel, under the direction of Nelson-Frazier Funeral Home.

Visitation is at the funeral home. (Paid obituary)

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James Blaine Hopkins

James Blaine Hopkins, age 79, of Prestonsburg, passed away Tuesday, February 17, 2009, at the Highlands Regional Medical Center, Prestonsburg.

He was born March 13, 1929, in McDowell, the son of the late Fayette Hopkins and Virgie Hall Hopkins. He was a maintenance worker for the Floyd County Board of Education, and a Kentucky Colonel.

Survivors include two sons: Jimmie D. (Rosemary) Hopkins of Wayland, and Gary (Susie) Hopkins of Ivel; two daughters: Sharon K. (Steve) Mullins of Morehead, and Melinda G. (Jesse) Osborne of Prestonsburg; seven grandchildren: Jason, Leslie, Sharee, Ariel, Doug, Jennifer and Jesse; and four great-grandchildren: Ethan, Conner, Grant and Garrison.

He was preceded in death by his parents; three brothers, Greg Hopkins, Ross Hopkins, and Roy Hopkins; and five sisters, Ruth Akers, Ethel Stumbo, Wilma Jones, Thelma Hall, and Edna Stumbo.

Funeral services for James Blaine Hopkins will be conducted Saturday, February 21, at noon, at the Hall Funeral Home Chapel, in Martin, with Clergyman Glenn Hayes officiating.

Burial will follow in the Hopkins Family Cemetery, in McDowell, with the Hall Funeral Home, caring for those arrangements.

Visitation is at the funeral home.

Pallbearers: Jesse Osborne, Jason Lance, Doug Hopkins, Dan Ballman, and Steve Mullins. (Paid obituary)

□□□

Georgine Johnson

Georgine Johnson, 70, of Wheelwright, died Monday, February 16, 2009, in McDowell.

Born July 29, 1938, in Halo, she was the daughter of the late Luther and Polly Tackett Johnson. She was a homemaker, and a member of the Little Rock Old Regular Baptist

Church.

She is survived by her husband, Kenneth Johnson.

In addition to her husband, survivors include two daughters: Dreama (Danny) Bates of Wheelwright, and Dena (Buddy) Collett of Weeksbury; five brothers: John W. and Gary Johnson, both of Michigan, Russell and Luther Johnson Jr., both of Wheelwright, and Homer Johnson of Bevinsville; four sisters: Bernice Bates of Michigan, Carol Lenahan of New Albany, Indiana, Kathryn Collins of Mt. Sterling, and Fayette Cole of Melvin, seven stepsisters; 11 grandchildren, Danielle, Brenna, Kaitlin, Misty, April, Erica, Donovan, Tabitha, Emily, Miranda and Abigail; and one great-grandchild, Raygan.

In addition to her parents, she was preceded in death by two brothers: Estil and Dennis Ray Johnson; and two sisters: Anna Louise Johnson and Virginia Hall.

Funeral services were held Thursday, February 19, at 11 a.m., at the Little Rock Old Regular Baptist Church, in Bevinsville, with Old Regular Baptist ministers officiating.

Burial was in the Buckingham Cemetery, in Bevinsville, under the direction of Nelson-Frazier Funeral Home, Martin.

Visitation is at the church. (Paid obituary)

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Ellen Marsillett

Ellen Marsillett, 82, of Prestonsburg, died Tuesday, February 17, 2009, at the Pikeville Medical Center.

Born January 19, 1927, in Johns Creek, she was the daughter of the late Linzie and Effie Salyers Griffith. She was a homemaker, and a member of the Salyersville Freewill Baptist Church.

She is survived by her husband, Dud Marsillett.

In addition to her husband, she is survived by seven sons: William (Kenny) Marsillett of Water Gap, Eugene Marsillett of Salyersville, Douglas Marsillett of Van Lear, Danny Marsillett of Louisville, Dennis, Roger Dale and Timothy Lee Marsillett, all of Prestonsburg; six daughters: Bertha Tackett, Alta Mae Thomas and Doris Ann Briggs, all of Prestonsburg, Marlene Prater, Diana Marsillett and Ellene Maines, all of West Prestonsburg; 47 grandchildren, and 48 great-grandchildren.

In addition to her parents, she was preceded in death by four brothers: Otis, L.J., Cecil and Dock Griffith; and five sisters: Martha Duty, Oma Bentley, Nancy Estep, Ruby Powers, and Sue Ratliff.

Funeral services will be held Saturday, February 21, at 1 p.m., at Nelson-Frazier Funeral Home, in Martin, with Floyd Arnett officiating.

Burial will be in the Mayo Cemetery, in Prestonsburg, under the direction Nelson-Frazier Funeral Home.

Visitation is at the funeral home. (Paid obituary)

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Kathy Ann Sexton

Kathy Ann Sexton, 50, of Lackey, died Tuesday, February 17, 2009, at her residence.

Born December 24, 1950, in Lackey, she was the daughter of Ruth Dooley Sexton and

the late Billy James Sexton. She was a homemaker and a member of the Lackey Freewill Baptist Church.

In addition to her mother, survivors include three brothers: James E. and Timothy Sexton, both of Lackey, and Billy Ray Sexton of Garrett.

In addition to her father, she was preceded in death by a sister, Sherry Sexton Craft.

Funeral services will be held Friday, February 20, at noon, at the Lackey Freewill Baptist Church, with Johnny Collins officiating.

Burial will be in the Lackey Cemetery, under the direction of Nelson-Frazier Funeral Home, in Martin.

Visitation is at the funeral home. (Paid obituary)

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Larry Douglas Tackett

Larry Douglas Tackett, age 56, of Grethel, husband of Flora Thacker Tackett, passed away Tuesday, February 17, 2009, at his residence.

He was born December 30, 1952 at Pikeville, the son of Marie Branham Tackett, of Harold, and the late Curt Tackett. He was a coal miner, and was employed by Mill Branch Coal Company.

Survivors include his wife, his mother, and one son, Shawn Douglas (Darema) Tackett, Grethel; two brothers, John Glen Tackett and Curtis Marvin Tackett both of Harold, Ky., two sisters, Glenda Jewel Stumbo and Danita Gail Spears, both of Harold.

He was preceded in death by his father, and one son, Larry Craig Tackett; and a sister, Christine Tackett.

Funeral services will be conducted Friday, February 20, at 11:00 a.m., at the Pilgrim Home Regular Baptist Church, in Grethel, with Regular Baptist ministers officiating.

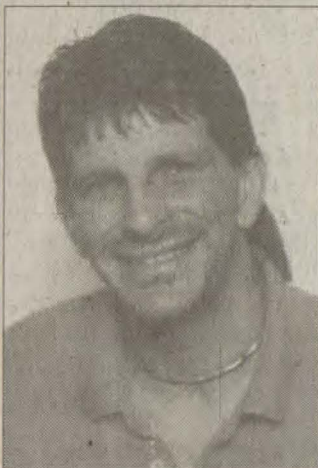
Burial will follow in the Kenis Tackett Cemetery, in Grethel, with the Hall Funeral Home, in Martin, caring for those arrangements.

Visitation is at the church. (Paid obituary)

□□□

Gary Lee Wright

Feb. 21, 1970-2007



Your Birthday is here but you are not.

All we're left with, is sweet memories of you.

The most precious Angel you left behind.

You will always live, for he has your heart and your love inside of him.

He looks just like you and we see you in him every day.

Sadly missed by your: Family, Friends, and especially Landon Lee, your precious son.

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Highlands Regional Medical Center recently named Sandy Combs as the February Employee of the Month. Combs has worked at Highlands Regional Medical Center for 20 years and is currently a leader in Nursing Administration as a House Supervisor. She is noted for her encouraging attitude and for providing a positive work environment for her co-workers. Combs' nominating comments from her peers included, "Sandy is so giving of herself, always sharing her nursing knowledge. She is an intelligent nurse that continuously shows respect for others. No question is wrong and no issue too small for Sandy to assist her team."

Ice storm debris removal to follow snow and ice priority routes

JACKSON — When contractors begin work Monday, Feb. 23 to remove fallen trees and limbs from roadsides in six east-central and eastern Kentucky counties, they will follow the same priorities the Kentucky Transportation Cabinet uses for snow and ice removal.

The Finance and Administration Cabinet awarded contracts last week for removal of debris from January's ice storm in Breathitt, Estill, Magoffin, Menifee, Morgan and Powell counties. Each of these counties was included in a presidential disaster declaration issued following the ice storm, and a large portion of the expenses incurred will be reimbursed by the Federal Emergency Management Agency (FEMA).

Preliminary planning for the project began Monday, Feb. 16, and work this week has primarily focused on acquiring and preparing sites for disposal of the trees and limbs.

The debris cleanup effort will include all state routes in each of the six counties, as well as county roads in Powell County.

Two crews will be working in each county, and work will begin on major routes designated as Priority A for snow and ice removal. Afterwards, work will move to minor and secondary routes designated as Priority B and C.

Maps of the priority routes can be found at

<http://www.kytc.state.ky.us/D10/maps.asp>.

The work will consist of removing fallen trees and branches from highway rights-of-way, as well as cutting leaning or overhanging trees that still constitute a hazard to motorists.

Contractors will only be picking up fallen trees and branches along the roadside. They will not pick up metal, plastic or wood products such as paneling, siding, plywood or cut lumber. Only one pass will be made along each highway. Contractors also will not be going onto private property to remove fallen trees and limbs from yards or fields.

Although priority routes have been established, dates that debris will be picked up along specific highways have not been determined. Work schedules will be set on a tentative basis, and may be impacted by weather conditions as well as quantities of debris encountered by the crews. Work is expected to be completed by April 6.

Motorists are urged to watch for these debris removal crews once they begin work. They are urged to "Drive Smart" and be on the lookout for flaggers and equipment in the impacted areas. This work will require lane closures on multi-lane routes, and temporary traffic stoppages on two-lane routes. Drivers should anticipate delays and plan their trips accordingly.

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A public service message from the U.S. General Services Administration

Card of Thanks

The family of Dorothy J. Moore would like to thank everyone for their kindness and support. Thank you all for the beautiful flowers, wonderful food, and words of encouragement. We will always be grateful.



For the Record

Marriage Licenses

Paula Spencer, 42, of Prestonsburg, to Darrell Jervis, 42, of Prestonsburg.
 Georgie Irene Mullins, 36, of Prestonsburg, to Robert Lee Kestner, 40, of Prestonsburg.
 Jessica Lynn Johnson, 29, of Martin, to Bobby Hackworth, Jr., 45, of Martin.
 Savana Lewis, 23, of Wheelwright, to Steven A. West, 22, of Pineville.
 Samantha Shea Sheppard, 21, of Prestonsburg, to David Daniel Maynard, Jr., 22, of Prestonsburg.

Civil Suits Filed

Kentucky Housing Corporation vs. Michael Clark; complaint.
 Sandra McGarey vs. Ricky Dale Short; complaint.
 All Star Staffed Events LLC vs. Tri County's Knox Ford; complaint.
 Amber Whitt vs. Shawn Anthony Whitt; divorce.
 Melinda Clark vs. Henry Clark; divorce.
 Wanda Hoskins vs. Dean Hoskins; divorce.
 Tracy Scott vs. Larry Shepherd; complaint.
 Arrow Financial Services LLC vs. Oley Hall; complaint.
 William J. Yelder vs. Matt/Co. Inc.; complaint.
 Donnie Mullins vs. James P. Shepherd; complaint.

Small Claims Filings

Unisign Corporation Inc.

vs. Joe Deleeuw; debt collection.

Rachel Russell vs. Masda Bailey; debt collection.

Margarita Hampton vs. Shirlene Hamilton; debt collection.

Cash Express vs. Amanda Bostic; debt collection.

Charges Filed

Joshua C. Bailey, 20, Langley; operating a motor vehicle while under the influence of alcohol or drugs, fleeing or evading police, reckless driving, resisting arrest, disorderly conduct, menacing, second-degree wanton endangerment, no registration, no insurance.

John Shumaker, 22, Prestonsburg; alcohol intoxication.

Terry D. Ramey, 28, Garrett; public intoxication.

Patty Compton, 53, Wheelwright; third-degree trafficking in a controlled substance.

Amanda Stumbo, 22, Minnie; terrorist threatening.

Dennis Miller, age unlisted, Ivel; menacing.

Jonathan Harrison, age unlisted, Auxier; criminal mischief.

Tammy L. Sykes, 38, Prestonsburg; theft by unlawful taking.

Roy Davis, 48, Pilgrim; public intoxication.

Michael Setser, 20, Prestonsburg; fourth-degree

assault.

Christopher D. Moore, 18, Prestonsburg; disorderly conduct.

Jamie Lynn Blankenship, 31, Prestonsburg; harboring a vicious animal.

Lloyd Ray Lawson, 52, Inez; driving on a suspended license, possession license while privileges are revoked.

Renea Lynn Rogers, 38, Harold; second-degree cruelty to animals.

Inspections

Subway, Stanville, regular inspection. Violations noted: food contact surface of equipment and utensils not clean, food contact surface of equipment and utensils not free of abrasive. Score: 98.

Double Kwik, Ivel, regular inspection. Violations noted: food not protected during storage, food not protected during service, cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing solution, food contact surface of equipment and utensils not clean, sanitary towel or hand drying device not provided at lavatory or handwashing sink, floors not clean, floors not in good repair, light fixtures not shielded as required. Score: Food: 91, Retail: 98.

Pleasant Living Trailer Court, Prestonsburg, regular inspection. Violations noted: lots not numbered correctly.

Score: 98.

Blackburn's Trailer Park, Prestonsburg, regular inspection. Violations noted: lots not numbered correctly, 15 foot setbacks not maintained. Score: 96.

Family Dollar, Betsy Layne, regular inspection. Violations noted: toxic items not properly stored. Score: 93.

Rite Aid, Prestonsburg, regular inspection. Violations noted: over the counter medications found out of date on sales shelves, toilet room doors not self-closing. Score: 93.

Hot Rod Pizza, Allen, regular inspection. Violations noted: lack of numerically scaled thermometer for checking cooking and holding temperature of potentially hazardous food, lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, food not protected during storage, food not protected during preparation, lack of effective hair restraints, numerically scaled indicating thermometer not provided to enable frequent checks of wash and rinse temperatures, gauge cock not provided as required, cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing solution, toilet facility not in good repair, floors not clean, floors not in good repair, walls, ceiling, attached

equipment not in good repair, walls, ceiling, attached equipment not constructed properly, light fixtures not shielded as required. Score: 89.

Dollar General, Prestonsburg, regular inspection. Violations noted: floors not in good repair. Score: 99.

Hometown IGA, Stanville, regular inspection. Violations noted: lack of numerically scaled thermometer for checking cooking and holding temperature of potentially hazardous food, food not protected during storage, food not protected during service, cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing solution, non food contact surface of equipment and utensils not clean, garbage and refuse containers not covered as required, outer openings not protected, floors not in good repair, light fixtures not shielded as required. Score: 87.

Property Transfers

Bobby Anderson to Regina E. Anderson and Terry Hall, property not listed.

Buelah Gaye Anderson to Regina E. Anderson and Terry Hall, property not listed.

Arch Bay Holdings LLC to Lois Waller, property located at Ferguson.

Edna Atkinson to Pilgrim Energy Inc., property located at Justice Branch.

Robert Douglas to Lyndon B. Hall and Maggie Hall, property located at Simpson Martin Branch.

Susan L. Douglas to Lyndon B. Hall and Maggie Hall, property located at Simpson Martin Branch.

Billy G. Goble to Daniel Hatfield and Ronda Hatfield, property not listed.

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Cinema 1—Starts Friday, Feb. 20
 PUSH (PG-13) Mon-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00
Cinema 2—Starts Friday, Feb. 20
 TAKEN (PG-13) Mon-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00
 Sunday Matinee—Open 1:00; start 1:30

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 Bargain Matinees Until 6 p.m.
 2/20/09 - 2/26/09
Cinema 1—Held Over
 CONFESSIONS OF A SHOPAHOLIC (PG) Mon-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat-Sun. (2:15-4:30) 7:15-9:30
Cinema 2—Held Over
 PAUL BLART: MALL COP (PG) Mon-Sun. 7:00-9:15; Fri. (4:15) 7:00-9:15; Sat-Sun. (2:00-4:15) 7:00-9:15
Cinema 3—Starts Friday, Feb. 20
 SLUMDOG MILLIONAIRE (R) Mon-Sun. 6:45-9:15; Fri. (4:15) 6:45-9:15; Sat-Sun. (1:45-4:15) 6:45-9:15
Cinema 4—Held Over
 INTERNATIONAL (R) Mon-Sun. 6:55-9:25; Fri. (4:25) 6:55-9:25; Sat-Sun. (1:55-4:25) 6:55-9:25
Cinema 5—Held Over
 THE UNINVITED (PG-13) Mon-Sun. 7:05-9:20
Cinema 5—Held Over
 PINK PANTHER 2 (PG) Fri. (4:20); Sat-Sun. (2:05-4:20)
Cinema 6—Held Over
 TAKEN (PG-13) Mon-Sun. 7:10-9:25; Fri. (4:25) 7:10-9:25; Sat-Sun. (2:10-4:25) 7:10-9:25
Cinema 7—Starts Friday, Feb. 20
 FIRED UP (PG-13) Mon-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat-Sun. (2:15-4:30) 7:15-9:30
Cinema 8—Held Over
 FRIDAY THE 13th (R) Mon-Sun. 7:00-9:30; Fri. (4:30) 7:00-9:30; Sat-Sun. (2:00-4:30) 7:00-9:30
Cinema 9—Starts Friday, Feb. 20
 MADEA DOES TO JAIL (PG-13) Mon-Sun. 7:05-9:25; Fri. (4:25) 7:05-9:25; Sat-Sun. (2:05-4:25) 7:05-9:25
Cinema 10—Held Over
 HE'S JUST NOT THAT INTO YOU (PG) Mon-Sun. 6:45-9:15; Fri. (4:15) 6:45-9:15; Sat-Sun. (1:45-4:15) 6:45-9:15

Grayson launches new service to increase transparency

FRANKFORT — Want to know what final action the governor took on your favorite legislation? It is now easier than ever to find out if a bill has been signed into law thanks to a new notification system launched by Kentucky Secretary of State Trey Grayson.

Constituents can now sign up to receive email notifications or Really Simple Syndication (RSS) feeds to know when the governor has signed or vetoed legislation and filed it with the Secretary of State.

"My office worked diligently over the last five years to make state government transparent and accessible," said Secretary of State Trey Grayson. "We now make millions of documents available

online with nearly all new filings made available in near real time."

The new service is free and allows constituents to receive emails either at the time each action is taken, on a daily basis, or a weekly basis. Constituents can also use RSS readers so that the information is displayed on websites and personal homepages.

This notification service follows the launch of a corporate notification service last fall which allows citizens to receive an automatic notification any time there is a change in the record of a business entity that is filed with the Secretary of State. The system is the result of in-house development by Office of the Secretary of State programmers at no additional cost to

the Commonwealth.

Grayson was the first Secretary of State in Kentucky to make the Enacted Legislation available online in 2004. At that time, citizens could go online to search, in near real-time, legislation filed by the Governor.

Taking office five years ago, Secretary Grayson became known as an innovator and transparency champion. Since that time, the Office launched over 25 new online services. Earlier this year, Grayson launched FastTrack, an online business registration system that reduces the number of days it takes for companies to begin conducting business in Kentucky.

Now, a vast majority of services that the Office provides can be found online.

Currently, three million documents are available on the Secretary of State's website, and nearly all new filings are made available online in near real time.

In addition to providing more transparency, this new service will also reduce the amount of staff time dedicated to providing copies of enacted legislation or responding to requests about when filings occur.

"These latest changes will not only serve as a great benefit to the constituents of our office, but they will allow us to use our personnel more efficiently in the wake of the deep cuts our office has experienced over the last 14 months," remarked Grayson.

Grayson progressively reduced the size and cost of the

office during his term. Since Grayson assumed office in 2004, the office reduced its number of full-time employees by 12.20%, eliminated nearly all part-time employees, reduced its operating budget by 9.79%, and consolidated the number of physical offices from two to one.

"It is our responsibility to provide the most efficient and accessible service, in the most environmentally friendly way possible," said Secretary Grayson. "The changes we made to this office are the kind of transformations that government should be making in the 21st Century, where we do more with less by creating a 24-hour a day online service center."

To register for the new service, please visit www.sos.ky.gov/notification-services.

Highlands names Employee of the Year

PRESTONSBURG — Highlands Regional Medical Center honored Sherry Hill as its 2008 Employee of the Year during a ceremony at the Mountain Arts Center on Feb. 12.

Hill has been a Certified Nurse Aid on the second floor of HRMC since 2005 and is committed to quality care for all patients. As an employee who always has a positive attitude and is willing to help others, Hill was awarded HRMC's highest service honor.

"Sherry is an exceptional person and employee. Always giving 110 percent, she truly cares about her patients and is dedicated to HRMC," said Robin Fitzpatrick, Clinical Nurse Manager at Highlands Regional Medical Center.

Each month, Highlands Regional Medical Center selects an employee to be recognized for their dedication, customer service efforts, and demonstration of commitment to the hospital's mission and vision. The monthly winners are then eligible for winning the Employee of the Year award.

HRMC Vice President for Human Resources, Susan Ellis, said, "Highlands Regional is extremely proud to have Sherry Hill named as our Employee of the Year. She is an asset to our organization and exemplifies the customer service and patient care standards of our organization. She goes above and beyond in her duties."

In addition to being recognized at the event held at the Mountain Arts Center, the winner also was awarded a weekend getaway, a special parking assignment at the Hospital, and a \$500 cash gift.



CEO/President Harold C. Warman, Jr. pictured here with Employee of the Year Sherry Hill.

AUCTION CANCELLED

The court ordered liquidation sale that was to be held Saturday, Feb. 21, at 10 a.m., at Mills Branch Road, has been cancelled by the court. The auction will be rescheduled at a later date. D&G Auctions apologizes for any problems or inconvenience this may have caused.

REWARD

Family seeking the recovery or information about the whereabouts of a gun lost during an automobile accident on Dec. 24, at Buckingham. The gun is a .40 caliber Smith and Wesson model number 410S, serial number VJH8907.

Contact Gary Tackett at
 (606) 377-7723

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Viewpoint

Worth Repeating ...

The male is a domestic animal which, if treated with firmness, can be trained to do most things.

— Jilly Cooper

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

From the Publisher's Desk

Same old story

by JOSHUA BYERS
PUBLISHER

At Wednesday's Big Sandy Economic Development Summit, of the 22 different speakers, more than half made reference to ABC's 20/20 segment "A Hidden America: Children of the Mountains," which aired last Friday night. While the report was mostly admonished, this is more a commentary on some of the differences between television media and print media.

For years, as I worked as a reporter with different newspapers, we had a healthy competition with television reporters. They often told me that I'd been "scooped" because their version of a story or event ran on the 6 o'clock news, while mine waited to be printed and distributed the following morning. A true "scoop" in my mind was having a story no one else did, which brings me to the Diane Sawyer segment.



Joshua Byers

been mayor for more than 30 years and surely could give you some history and some answers. But this piece wasn't concerned with answers.

Instead we first learned that Shawn Grim, the high school football star, lived in his truck, only to find out that he did have a home and he was just being a normal teen and rebelling somewhat. His family had provided a roof over his head — he didn't have to sleep in his truck. Life is not perfect; many of us face struggles.

While not a native of Eastern Kentucky, I do understand that basic fact of life. My grandfather dropped out of high school to work in the steel mills in Pennsylvania to support his mother and younger sister after his father died early. That's the working man.

Sawyer kept trying to get an answer from the miners about black lung even after spending an enormous amount of time praising the mine operators for their safety initiatives. This implies she had an agenda.

Further proof of that is the little known fact Sawyer and her crew also followed a football star from Hazard who came from a similar background as Grim. However, his story never "made the cut" for the piece. The reason? Perhaps we'll never know, but I'd wager anything it has to do with the fact that he's still in college and doing well. That wouldn't exactly have fit into the theme of the piece, though.

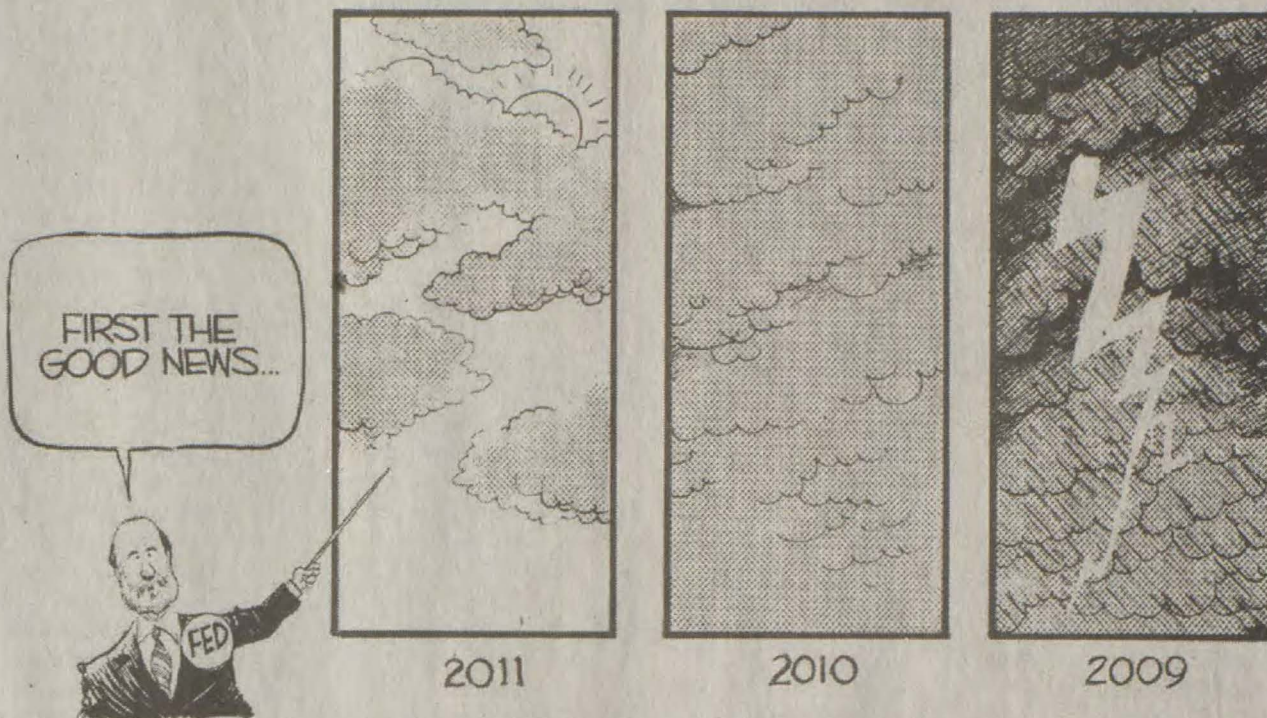
Journalism is taking an issue and digging deeper, but not necessarily in a negative fashion. It's finding people affected and it's about trying to find solutions. It's not about shock value. It's not about trying to find something that "looks good." It's not about repeating old news or spinning it in a manner that makes for something you may not know.

This piece didn't provide many answers and when it was finished I couldn't help but wonder what the point was.

My point? You don't have to be raised in these hills to realize that this piece was unfair.

Television journalism when done right helps promote positive change. It's up to you to decide if this piece did that — but in my mind it just rehashed old news and spun it in a different light.

ECONOMIC FORECAST



Guest Column

Stop the cycle: Ending prescription drug trafficking

by LT. GOV. DANIEL MONGIARDO

Florida is a great place to visit and vacation; just ask the thousands of Kentuckians who travel there each year to enjoy the white sand beaches and ocean views. But for some Kentuckians, heading south has taken on a completely different — and dangerous — meaning.

It's no secret that in some areas of Kentucky the appetite for prescription drugs has become insatiable: in Appalachia alone, the rate of prescription drug abuse is twice the national average, doubling between 2000 and 2004. Kentucky leads the nation in the use of painkillers for non-medical purposes, with many of these addicts and drug traffickers travelling great distances to acquire drugs for use or resale.

With only 12 states now lacking controlled narcotic prescription monitoring laws — Florida among them — they have become popular destination sites for trafficking controlled substances from these locales to other states. In turn, the Commonwealth's close proximity to Florida is creating a precarious relationship with the state that is impacting communities from the mountains to the coastline.

In November 2008, the Lexington Herald-Leader tackled this growing problem head on by calling public attention to an illegal drug ring involving hundreds of Kentuckians. The story profiled a Florida physician

and ten Kentuckians who were recently convicted of acquiring powerful painkillers from a Florida clinic, only to return to Kentucky to sell the pills on the streets. Potential profit per month for these illegal, interstate drug traffickers can average around 6,400 dollars. While raising public awareness is a step in the right direction, more concrete action must be taken to reverse this alarming, dangerous trend.

As far back as 1998, Kentucky realized the severity of prescription drug diversion and "doctor shopping," the term commonly used for visiting multiple doctors to acquire numerous prescriptions for the same ailment. These two practices — which remain all too common in our state — are directly harmful not only to individuals but to families and communities across the Commonwealth.

In response to this, Kentucky created the Kentucky All Schedule Prescription Electronic Reporting (KASPER) system. KASPER became one of the first programs in the nation to provide physicians, pharmacies and law enforcement with electronic data on controlled substance prescriptions. KASPER has greatly restricted the practice of visiting multiple physicians for prescriptions and has had a profound, positive impact on decreased drug trafficking both within the commonwealth and between Kentucky and neighboring states that have developed their own drug monitoring programs.

Yet instead of resting on these successes, Kentucky must continue to curb the drug pipeline into the Commonwealth across other state lines, beginning with Florida.

Twice in recent years the Florida legislature has tried and failed to pass legislation establishing a prescription monitoring program. However, 2009

is poised to be the year when this important legislation finally succeeds, with multiple bills in the Florida House and Senate taking aim at this pressing issue.

Along with the Kentucky Office of Drug Control Policy and the Inspector General of the Cabinet for Health and Family Services, I am working closely with Florida health officials to help make prescription monitoring legislation a reality. I have high hopes that this legislation will be made into reality within the near future. Too many lives are being lost to this epidemic both in Florida and at home in Kentucky.

The importance of increased, interstate communication through technological means is imperative not only for drug trafficking, but for all areas of healthcare. This is why, in Kentucky, we are currently working to develop a national model for the creation of an electronic healthcare — e-health — network. I expect the KASPER program, Florida's potentially similar system, and the larger e-health network in the commonwealth to not only save lives and reduce the cost of healthcare, but also improve the quality of life for citizens day in and day out.

With KASPER — a proven and effective prescription monitoring program — as a model, Florida has the opportunity to put in place this legislative session a life-saving prescription drug monitoring system. Tracking these prescriptions and stopping interstate doctor shopping can be accomplished between Florida and the Commonwealth. I hope to provide all the support I can, both as Lieutenant Governor and as a medical doctor, to raise awareness about the importance of this initiative. This vicious cycle can — and must — be stopped.

The Times

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"I wish the Obama administration would hurry up with their food safety initiatives. I'm getting really sick of peanut butter."

Aid

That storm, and the storm that followed a few short weeks later, still have local and state officials, including members of the National Guard, removing debris from fallen trees and laboring to restore power to Kentuckians from the western tip to the eastern end of the state.

The first round of storms dropped trees heavy with inches

of ice that knocked out power for some residents for as long as two weeks locally, while the second round brought record wind gusts exceeding 70 miles an hour, the highest recorded gusts in the entire state, according to the National Weather Service in Jackson.

County road foreman Mike Jarrell, Emergency

Management Director Jim Caldwell and local FEMA agent Hattie Owens are working closely with Marshall and others to see that no stumbling blocks present themselves during the information gathering and coordinating process.

"It's a matter of setting up the process of getting monies we so desperately need," Marshall said.

Continued from p1



The Wheelwright Library received six new computers Wednesday as part of a \$60,000 grant to place computers throughout libraries and schools in Floyd County. Pictured are Sam Little with the Wheelwright Library, left, and Brent Graden, Director of Economic Development for Prestonsburg, who headed the grant process to receive the equipment.

PRIDE

roadside cleanup efforts, often coordinated with schools and other organizations throughout the county.

The roadside cleanup initiatives have, historically, been considered a series of successful steps by most PRIDE members. Reports shortly after the fall cleanups in 2007 showed that more than 5,000 volunteers picked up some 20,000 bags of trash along the roadsides throughout southern and Eastern Kentucky. The year before saw a total of 5,493 volunteers devote well

over 13,500 hours to picking up litter, including items such as old tires and junked appliances.

Floyd County was recognized during that time with its first Roadside PRIDE Award, a first-place recognition in the organization's class 4 category, with classes based on population.

These awards were handed out based on points earned for the number of volunteers recruited, number of road miles cleaned and the amount of trash collected.

"We're just hoping to get this started for the new year and help people of the county come together to get involved," Marshall said.

Those interested in learning more about upcoming PRIDE events in Floyd County are encouraged to contact Ella Clay at (606) 886-8506.

Continued from p1

Economy

than the negatives that are often portrayed in the media.

"During the recent ice storm disaster, you had Kentuckians helping Kentuckians," Mongiardo said. "That's what they should focus on. We have cycles that we need to break. These issues are a lot more complex than what 20/20 would have you believe."

The summit also featured comments from Martin Childers, with Jenny Wiley Theatre, Keith Caudill, with the Mountain Arts Center, Jerry Kanney, with Interstate Natural Gas, and an abundance of other business and organization representatives.

"We hope that the Big Sandy Economic Development Summit will

generate the awareness for opportunities for new businesses to start up," said Mandy Stumbo, chair of the Floyd County Chamber of Commerce.

Lawsuit

In addition, those representing Fisher say that since the charges for which he was being held "exposed him to a substantial risk of serious harm" from fellow inmates, he was placed in a communal cell with a number of other inmates "who then somehow became aware of the charge" for which Fisher had pleaded guilty.

Continued from p1

Continued from p1

Letcher coroner resigns as part of plea to 'doctor shopping' case

FRANKFORT — Attorney General Jack Conway and his Office of Special Prosecutions announced last week that Letcher County Coroner John Cornett has entered a plea of guilty to seven counts of unlawfully obtaining a prescription for a controlled substance by fraud, commonly known as "doctor shopping."

The coroner was required to resign from his elected position Friday as part of the plea.

Cornett's wife, Andrea, a former nurse at Whitesburg Appalachian Regional Hospital, also pleaded guilty to four counts of theft of a con-

trolled substance.

The Cornetts were indicted in November 2008, following an investigation by both the Kentucky State Police and the Office of the Attorney General's Department of Criminal Investigations.

Letcher Circuit Court Judge Sam Wright sentenced Cornett and his wife to pre-trial diversion for a period of three years and both will undergo a drug/alcohol assessment and possible drug treatment.

As part of his plea deal, John Cornett also agreed not to seek the office of coroner during the period of his pre-trial diversion.

Nine highway deaths on Kentucky roads last week

FRANKFORT — Preliminary statistics indicate that nine people died in nine separate crashes on Kentucky roadways from Monday, Feb. 9, through Sunday, Feb. 15.

Eight of the crashes involved motor vehicles and six of those victims were not wearing seat belts. Single-vehicle crashes occurred in Bourbon, Hancock, Harlan, Jefferson, Kenton, Larue, Logan and Washington counties. Two of these crashes involved the suspected use of alcohol.

One motorcycle crash occurred in Madison County and the victim was not wearing a helmet. The crash occurred on Opossum Kingdom Road in Berea. At approximately 2:15 p.m., a motorcycle being operated by Bruce Mounce, age 56 of Paint Lick, approached a sharp curve while traveling northbound. At the same time, a Pike Electric Company vehicle being operated by Tony Bowling, age 44 of Booneville, was approaching the same curve. Mounce

apparently lost control of his motorcycle and was ejected from it. The motorcycle struck the side of the truck, and Mounce was then pinned under the left front tire of the truck. The operator of the truck attempted to avoid the collision by steering his vehicle into the ditch line.

Through Feb. 15, preliminary statistics indicate that 78 people have lost their lives on Kentucky roadways during 2009. This is seven fewer than reported for the same time period in 2008. Of the 73 motor vehicle fatalities, 40 victims were not wearing seat belts. Four pedestrian have been killed. One fatality involved a motorcycle. A total of 19 fatalities have resulted from crashes involving the suspected use of alcohol.

Citizens can contribute to highway safety by reporting erratic drivers to the Kentucky State Police toll-free at 1-800-222-5555. Callers will remain anonymous and should give a description of the vehicle, location, direction of travel and license number if possible.

LOST

SPARE TIRE

Last seen before parking farther away from store and walking.

Take a small step to get healthy.
Get started at www.smallstep.gov

Ad Council.org www.smallstep.gov

Unfortunately, some parents skip important step number three: Booster seats. Because their children have outgrown toddler seats, they mistakenly assume a safety belt is the next step. However, safety belts alone can be dangerous for kids who are under 4'9". Because safety belts don't fit these children properly, they can cause serious injuries to their face, neck and abdomen during a crash or sudden stop. In fact, kids 2-5 who wear

*the four safety-belt steps are not magical
...they're critical.*

safety belts alone are 4 times more likely to suffer head injuries than kids in car seats and booster seats. In addition, children 4-7 who use booster seats are a whopping 59% less likely to be injured in a crash than those only restrained by a safety belt. Booster seats raise your child up so that a safety belt (designed for adults) will fit and protect them properly. Remember, 4'9" is the magic number. Until then, kids really need to be in a booster seat. Booster seats work like...well, you know.

1 infant seat

2 toddler seat

3 booster seat

4 safety belt

www.boosterseat.gov

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Lifestyles



INSIDESTUFF

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FAMILY MEDICINE

Self-diagnosis needs lab test confirmation before antibiotic — page A8

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DINNER DIVA

Anniversary manners column

Today I was reading that Hitler seemed to have an issue with table manners and (ahem) a more delicate problem involving gas as well. Seems like passing this information along to your progeny is a good way to get your kids to pay attention to their manners, don't you think?



Leanne Ely

Ten years ago this month, my first newspaper column appeared in the Daily Courier in Forest City, North Carolina. Ten years later, I'm still writing them and have added quite a few more newspapers. Below is one of my earlier columns, when my children were little and daily life was something to write about. And yes, that little anecdote about Hitler made me remember it—here you go—

Why is it that dinnertime at my house, has very little in common with those wonderful Norman Rockwell pictures you see of a family around the dinner table? The most obvious missing element would be the mom in the June Cleaver look alike outfit... sweats from Wal-Mart are more my speed. But take a good look at the children in those pictures... they eat with their mouths closed—you can't see the child's tonsils and spaghetti at the same time.

When we bow our heads at the dinner table, I silently offer up my own plea to God for some manners from the children. I ask God to help my children speak without a chicken leg taking up the space between their teeth and cheek. I beg Him to help my children see that eating a piece of pot roast the size of a gerbil could prove hazardous. And lastly, I ask Him, if all of the above fails, please give me grace to remind them again about their manners with a little dignity. Throwing myself on the floor and begging is down right humiliating.

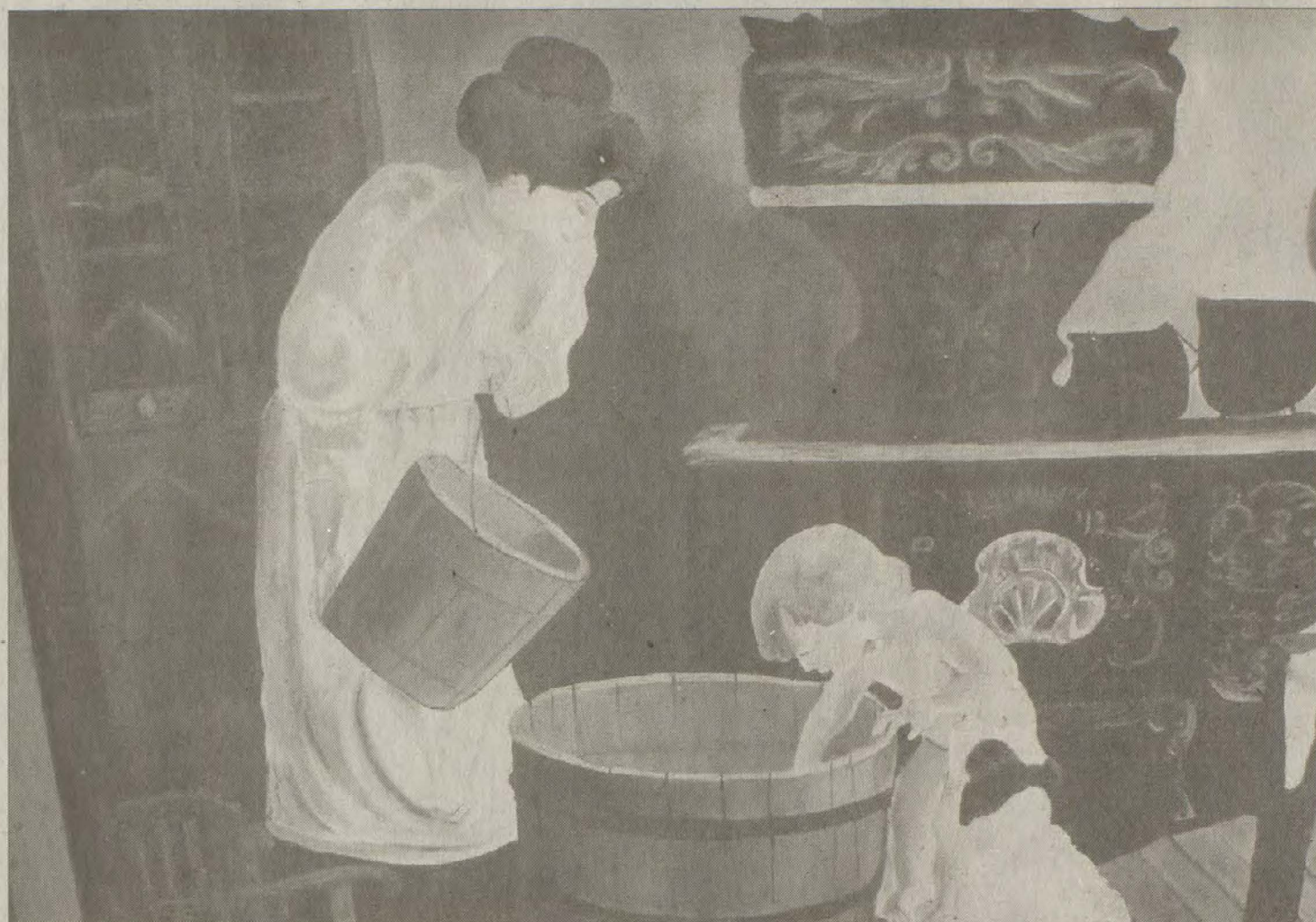
And speaking of dinner tables—unless you happen to have a Hoover-ish dog in the family who uses the space under the dinner table as a buffet line - there seems to be more dinner given to the floor, then the kids. Why is that? Is the food problematic?

Let's take a look at tonight's dinner for example: meatloaf, check. Mashed potatoes, check. Broccoli (cut into bite sized pieces, no less) check. Seems like a simple meal to get on one's fork and into one's mouth, right? No rolling, wayward peas or long, slippery pasta on my table. Just simple, forkable food. But in-between the fork and mouth is that deep chasm, the dining room floor. And it is there where meatloaf, broccoli and mashed potatoes congregate on a nightly basis, until a foot puts them in their place: mashed into the rug.

If I could have a drain in the middle of my dining room floor and a fire hose attachment in the kitchen, I might not complain so much. But sadly, that is not the case, although I do have hardwood floors, thankfully. I am having second thoughts about putting down the antique hook rug again. It's not meant to hold squished, dinnertime buffets.

And what about meatloaf, anyway? I would love to argue with anyone who even thinks that their meatloaf comes close to being as good as mine. My meatloaf is so good in fact, I almost didn't want to give y'all the recipe. I was going to give you my mom's recipe, which is good, but mine

(See DINNER, page eight)



A LINK TO THE PAST

Patrick's paintings draw heavily on memories

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG — Her paintings adorn the walls of many churches in the area, but Minnie "Pudge" Patrick never thought that her work would attain the level of appreciation and popularity that it has reached.

With no professional training, Patrick, a native of Magoffin County who moved back to the area in 1983, started painting over 30 years ago as a hobby. She was inspired by her childhood memories and the natural beauty of the area that she calls

home, and images from the past make frequent appearances in her work.

"Many of my pieces hold great sentimental value as they are paintings of old home places, churches, schools and landmarks that have been a part of my community for years," Patrick said. "I do a lot of paintings of people's home places. I can do it with just them describing it to me, or maybe sending me a drawing."

Unlike many other painters, Patrick does not do prints of her work.

"I don't do prints," Patrick said. "I

think it kind of takes away from the originality."

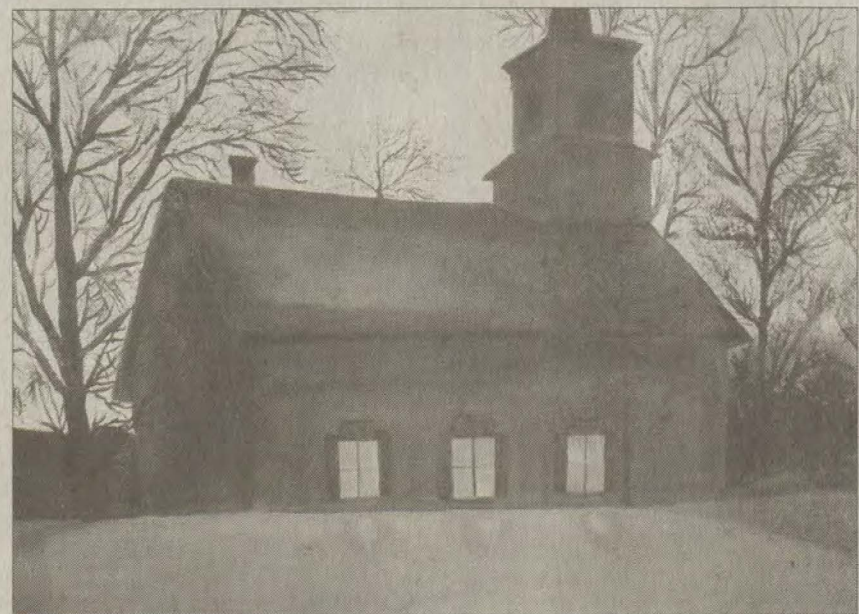
Patrick's paintings, which are completed with oil paints and occasional acrylics, include a snow covered cabins, nature scenes with turkeys and ducks, churches and serene-looking people who appear content with their surroundings.

According to a description of her own work provided by Patrick, her paintings "journey back to the time when simplicity was the norm and life was lived at a much slower pace."

The art gallery at the Mountain Arts Center in Prestonsburg is cur-

rently filled with Patrick's work, which lines two complete walls located in the lobby. Patrick is the featured artist for the month at the center, and some of the paintings have already been purchased. Flyers promoting Patrick's work are also available at the center, along with a guestbook where visitors can write comments about the paintings.

For more information on Patrick's work, visit the Mountain Arts Center website at <http://macarts.com>. To inquire about purchasing a painting, contact Patrick by calling (606) 349-5721, or email dougandpam13@yahoo.com.



Railroad show chugs into Greenbo State Park, March 21-22

GREENUP — Railroad enthusiasts — of both model and passenger trains — will have two days full of interesting activities just for them at the 26th Annual Tri-State Model Train Railroad Show March 21-22, 2009.

Held at Greenbo Lake State Resort Park in Greenup, the show will feature operating model trains in all gauges, toy and collectible trains, railroad memorabilia, books, videos, china, silver, and

lanterns. There will even be rides on an operating 7-1/2 gauge steam engine. Some 75 vendor tables will display items for sale.

Admission to the Model Railroad Show is free. Show hours are from 9 a.m. to 7 p.m. Saturday March 21 and from 9 a.m. to 4 p.m. Sunday March 22.

The show is sponsored by the Collis P. Huntington Railroad Historical Society Chapter of

the National Railway Historical Society.

Greenbo Lake State Resort Park features a lodge with 32 guest rooms and Anglers Cove Restaurant overlooking Greenbo Lake. Activities include camping, fishing, hiking and swimming. The park is located in Greenup County about 15 miles west of Ashland. From I-64, take exit 172 north and follow Hwy. 1. For specific directions, call 800-325-0083.



Family Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor
of Family Medicine

Q One of my kids was diagnosed with strep throat last week and is on antibiotics. Now my husband and I have sore throats. Is it necessary to do the throat culture to make this diagnosis? Can't the doctor tell by looking? Shouldn't I just be able to call the office and get an antibiotic?

A Streptococcal pharyngitis — strep throat — can occur in anyone of any age. It is more common in children, and the incidence of strep throat peaks in the winter months. This infection is

spread by direct contact from one person to another. The bacteria are spread through saliva and nasal secretions.

If, indeed, you currently have strep throat, it's highly possible that you got it from your child. However, you can also become exposed to the strep bacteria at the grocery store, church, movie theaters, shopping malls or any other place where people gather.

Strep bacteria can cause infection within two to five days of exposure. The primary site of the infection is usually the throat. The symptoms

Self-diagnosis needs lab test confirmation before antibiotic Rx

tend to start abruptly and include sore throat, fever, headache and, sometimes, nausea. There may be swollen lymph nodes (glands) in the neck that are tender to the touch. It is also typically very painful to swallow. Like many other infections, however, not everyone has the "classic" presentation of strep. Sometimes, for instance, the onset is gradual, and the throat is not very sore.

Because the presentation can vary, it is important to evaluate a sore throat properly. Many physician's offices, urgent care centers and hospital emergency departments can perform a rapid antigen strep test. This takes about ten minutes to run. If it is positive, meaning that strep is present, your doctor will likely start you on antibiotics. However, if the results are negative, there is still about a 15 percent chance that you have a strep infection that was missed by the rapid antigen test. This is why many doc-

tors follow up a negative rapid test with a more accurate — but slower — throat culture. You may have to wait a couple of days before results come back. There is also a newer Rapid DNA test which is as accurate as a throat culture but takes a few hours rather than a few minutes to produce results. It is not yet widely available.

When you are diagnosed with strep throat, it is important that you are treated with antibiotics. This can prevent complications like rheumatic fever and kidney problems. However, if you have the more common type of sore throat that is caused by a virus, antibiotics will do you no good. It is not possible to differentiate between strep throat and a viral infection either by undergoing a doctor's physical exam or self-diagnosing based on your child's illness. That's why your doctor wants to do a strep test before prescribing antibiotics. Inappropriate

prescribing of antibiotics does more harm than good.

When there is strep throat or any contagious illness in the family, good hand washing becomes more important than ever. Also, it is a good idea to go over and above your usual cleaning efforts by — once or twice a day — using a disinfectant to wipe off the doorknobs, remote control, computer keyboard and light switches. This helps keep all types of germs (bacteria, viruses, fungi, etc.) to a minimum and helps the non-infected family members stay well.

□ □ □

Family Medicine(r) is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-news.org.

Dinner

makes hers look like airline food. (but don't tell her I said that!)

Manic Meatloaf

- Serves 6
 - 1 tablespoon olive oil
 - 1-1/2 cup chopped onion
 - 1/2 cup red bell pepper chopped
 - 1/4 cup green bell pepper chopped
 - 2 big cloves of garlic, pressed
 - 2 eggs, beaten
 - 1/2 cup ketchup
 - 1/2 cup milk
 - 1 teaspoon cumin
 - 1/2 teaspoon nutmeg
 - 1/2 teaspoon white pepper
 - salt and pepper to taste
 - 2 pounds ground beef
 - 1/2 pound sausage (not Italian)
 - 3/4 cup fine bread crumbs
- In a skillet, heat oil over medium high heat. Add the onion, bell peppers, and garlic. Cook for a few minutes till fra-

Continued from p7

grant and beginning to wilt, then turn on low till wilted, about 10 minutes. Set aside.

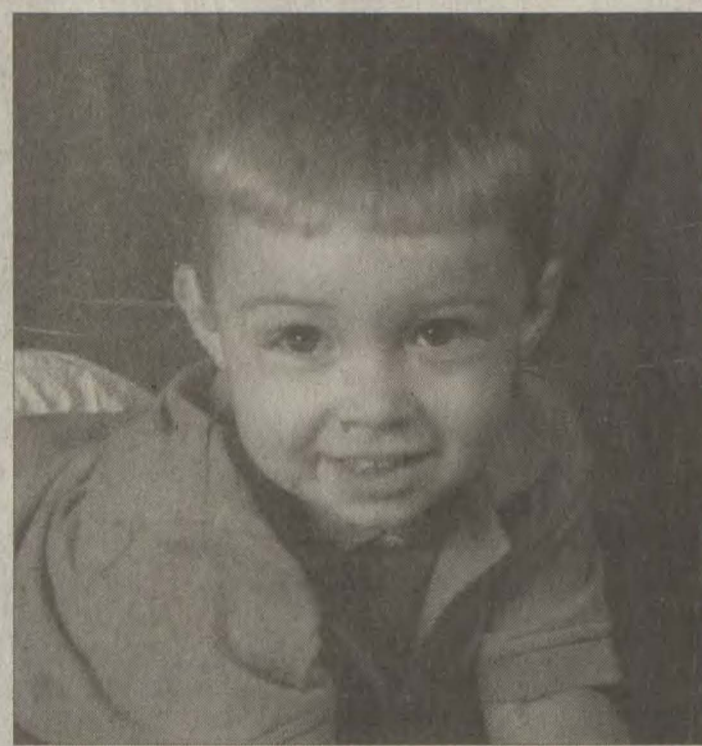
In a large mixing bowl, add the meats, and remaining ingredients. Mix well. Add sauteed vegetables and mix well again. Shape into a long oval - resembling a loaf of french bread - and bake at 375 degrees in a baking pan, for approximately 45 minutes. Served with garlic mashed potatoes, (generously add some garlic powder when mashing the potatoes) and steamed broccoli. Enjoy!

□ □ □

For more help putting dinner on your table check out Leanne's website www.SavingDinner.com or her Saving Dinner Book series (Ballantine) and her New York Times Best Selling book *Body Clutter (Fireside)*. Copyright 2008 Leanne Ely. Used by permission in this publication.



Lydia Ann Williams is turning a year old. She is a daughter of Alan and Marsha Williams, of Banner. Her maternal grandparents are Danny and Annette Martin, of Grethel. Her maternal great-grandparents are Hannah and the late Avery Newsome, of Grethel, and John D. and Verdie Martin, Teaberry. Her paternal grandparents are Keith and Donna Williams, of Dana. Her paternal great-grandparents are Eulavene and the late Fred Conn, of Betsy Layne, and Lazelle and the late Forrest Williams, of Banner.



Brock Horne, of Prestonsburg, will turn 3 on Feb. 22. He will celebrate this event with a Handy Manny themed party at Gatti's in Pikeville surrounded by friends and family. Brock is the son of Greg and Robin Horne, of Prestonsburg, and the grandson of Roger and Brenda Horne, of Wayland, and Ronnie and Sharon Combs, of Martin Branch. Brock is the great-grandson of Bea Combs, of Wayland, and Clarice Horne, of Lackey.



Gateway Regional Society for Human Resource Management (SHRM) recently partnered with Buckhorn Family Services to provide children in current foster care with gifts for the holidays. Gateway SHRM is a local chapter of HR and business professionals that serves Martin, Magoffin, Pike, Floyd, Johnson, Knott and Morgan counties. Gateway SHRM meets at Jenny Wiley Lodge on the second Thursday of each month for professional development.

Plans being made for annual Leadership Conference at Hazard

The 22nd Annual East Kentucky Leadership Conference will be held in Hazard on Thursday and Friday, April 23 and 24. Any person or group that aspires to a leadership role in Eastern Kentucky should take this opportunity to meet with other leaders from the region. This is not a conference for just a few speakers and listeners. The goal is to make everyone a speaker, listener, and most importantly, an effective leader.

The Conference will be held at the Hazard Campus of Hazard Community & Technical College. Early bird sessions are scheduled for Thursday afternoon, and the

Annual Awards dinner will start at 5:30 p.m. in the First Federal Center. The awards show will follow at 7 p.m. and will be taped by WYMT-TV for broadcast at a later date.

On Friday, the general session will open at 8:30 a.m. with a presentation by youth in the region. Following the opening session, attendees can choose from a variety of concurrent sessions such as The Future of Coal, Let's Get Healthy, From the Mountains to Mars, and other interesting sessions. The conference will conclude with lunch and door prizes.

The Gold Level sponsors for the conference are: City of Hazard, Hazard/Perry County Tourism Council, Perry Fiscal Court, Sykes Enterprises, Inc., and Hazard Community & Technical College.

The pre-registration fee (must be postmarked by April 3) is \$30 per person and includes meals. The late registration fee (after April 10) is \$35. To register, send check payable to Hazard Independent College Foundation, Attn: Ron Daley, One Community Drive, Hazard, KY 41701. For more information contact Ron Daley at (606) 487-3158 or email ron.daley@kctcs.edu or visit www.eastkentuckyleadership.org.

Rental Central

by TOM DOTY
TIMES COLUMNIST

A pair of horror movies trumped two dramas this week, as the low budget films soared over the bloated budgets of a pair of directors who normally deliver the goods.

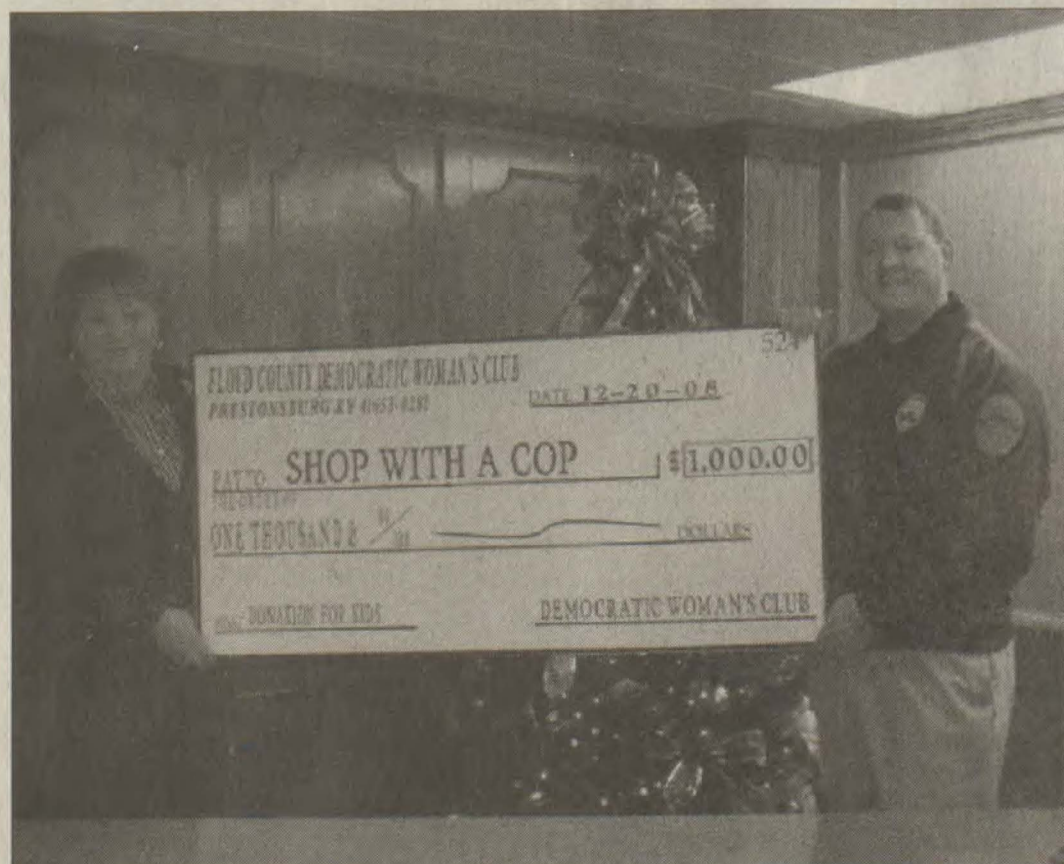
■ "Body of Lies" — Despite the attraction of an A-list director (Ridley Scott) and two huge stars (Leonardo DiCaprio and Russell Crowe), this effort fizzles and fails to deliver as an action epic or a drama. DiCaprio stars as a CIA agent who tracks a terrorist in Jordan and eventually decides to go deep undercover in the terrorist's network. Unfortunately it's all too slow moving and his repeated efforts to nail the bad guy keep sending him back to square one. Crowe has a few moments as DiCaprio's shady supervisor, but the film never seems to get going.

■ "The Changeling" — Clint Eastwood had a banner year directing this film and "Gran Torino," but neither effort lives up to his previous four films. Here Angelina Jolie stars as a mother in 1930s Los Angeles who is thrilled to get the news that her kidnapped 8-year-old son has been recovered. However the boy they recover isn't hers and no one will believe her. A decent premise that eventually leads to issues of police corruption and mental illness but it takes so long to get anywhere that you'll be checking your watch repeatedly rather than hanging on every scene.

■ "Quarantine" — Pacing is not a problem in this fast moving addition to the first person camera horror genre. Here a news crew is assigned to the fire department and they get the reality show of the decade when a late night call sends them to an apartment building rife with zombies. Unfortunately the Centers for Disease Control places the building under lockdown and the television crew may not last long enough to see if their footage makes it to sweeps week. Nail biting stuff that was based on a film from Spanish horror maestro Jaime Balaguerro ("The Nameless"). Jennifer Carpenter ("Dexter") stars.

■ "Midnight Meat Train" — Clive Barker wrote the story here and it's a grisly one about a mysterious subway train that picks up New Yorkers and never drops them off. A photographer is challenged to get pictures of real city people but the assignment gets nasty when he glimpses the train of doom on his rounds and gets a bird's-eye view of the butcher who works on it. Like a fool he goes out in search of the train after surviving his first encounter, but the odds are slim that he'll be as lucky again. This one is well directed by Ryuhei Kitamura ("Versus") and benefits from a menacing turn by Vinnie Jones ("The Condemned").

Next week brings "The Haunting of Molly Hartley" and Robert DeNiro in "What Just Happened?"



The Floyd County Democratic Woman's Club recently continued their support for the local Shop With A Cop program. The club donated \$1000 to the event that benefits local children during the Holiday Season. Connie Parsons, 2008 club president, presented a check to Det. Steve Little of the Prestonsburg Police Department for the program.

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FLOYD COUNTY Sports

Inside

■ EKU-MSU
Men's Basketball • B2

McKinney learns from veteran drivers

TIMES STAFF REPORT

GRETHEL — Brittany McKinney is a student of the game. In other words, she's always eager to learn and get better at her trade, which just happens to be piloting a Super Late Model. The 16-year-old Super Late Model driver is determined to continue her rise in the Super Late Model ranks behind the wheel of the Brit 57 Racing Super Late Model. Last season, McKinney finished ninth in 201 Speedway's Super Late Model points standings. She also had a

ninth-place finish during a feature race at the Sitka, Ky. track. Despite competing solely at 201 Speedway, McKinney managed to find the time to attend a pair of driving schools during the 2008 season. Veteran drivers Mike Duvall, Dale McDowell and Ray Cook were among McKinney's teachers as she competed during the 2008 campaign.

"The first driving school that I attended was Mike Duvall's driving school," McKinney confided. "Mike is a very competitive and experi-

enced driver. From him, I learned a tremendous amount of very useful information to help me improve my racing skills. I learned the setup of the racecar and how to handle the racecar during my time at his school. It was a great school and I had a great experience overall.

"The second dirt Late Model racing school I attended was Dale McDowell and Ray Cook's Dirt Strategy School. Dale is a very experienced and up to-date driver along with Ray. Both men are very good drivers and have had some

very big wins, especially Dale, who has won the World 100 at Eldora Speedway in Rossburg, Ohio. Dale has also drove for many big teams such as Richard Childress Racing. He currently drives for NASCAR driver Clint Bowyer. At this school, I learned how to set up the racecar in detail. We went to Dale's shop with Dale and Ray and they actually showed us how to set the racecar up and showed us other things that we needed to know about the racecar. On the second day



photo courtesy of Brit 57 Racing
Late Model driver Brittany McKinney attended a pair of driving schools last year. She is busy preparing for the 2009 season.

(See MCKINNEY, page two)

March Madness hits in February

by RICK BENTLEY
TIMES COLUMNIST

Correct me if I'm wrong here, but we still call it March Madness, right?

One year ago I wrote about March starting a week early because for whatever reason the district tournaments were played the last week of February. I could live with that. When I was in school and both Pike County districts had five teams, they most always ended in March, but often began in February.



But it's starting to get a little ridiculous. The Pike County district will begin girls' play Sunday. Not just any Sunday, but this coming Sunday. Are you kidding me? It'll only be the 22nd day of February. How is this happening?

At this pace the Sweet 16 will soon be played Super Bowl weekend instead of the All "A" Classic.

I don't get it. I'm sure there's a good reason for it — perhaps it's the combining two perfectly good districts into one or maybe it's letting nearly everybody into the regional tournament — but the life of me I don't for know what it is.

Perhaps after this hits the streets some knowledgeable soul will 'splain it to me. Maybe someone will sit down with me and Bill Watson at the tournament Sunday afternoon and break it down for us.

By the way, if this meeting is going to happen, I'd prefer it take place in the hospitality room. They still have those, right? If not, I may not be back after Sunday. I feel like Tony

(See MADNESS, page two)

PHS softball clinic set for Saturday

PRESTONSBURG — The Prestonsburg High School fastpitch softball program will host a clinic under the direction of Championship Fastpitch of Ashland on Saturday (Feb. 21). The clinic will be held at the gym from 10 a.m.-2 p.m. Cost of the clinic will be \$20 per participant. Championship Fastpitch will have equipment available for purchase during the clinic.

For more information on the clinic, call John DeRossett at Prestonsburg High School, 606-886-3353.



Betsy Layne High School senior student-athlete Andie Meade signed with Pikeville College Wednesday morning during a ceremony held at the BLHS library. Meade ranked as one of the 15th Region's top volleyball players this past season.

Meade signs with Pikeville College

Senior led
Betsy Layne
to runner-up
finish in region

TIMES STAFF REPORT

BETSY LAYNE — Betsy Layne High School senior Andie Meade made her college choice official Wednesday morning. Meade, the reigning 54th District Tournament Most Valuable Player and an All-15th Region Tournament selection during her senior season, signed to play for

nearby Pikeville College. Betsy Layne ended the 2008 season runner-up in the 15th Region. The Lady Cats concluded the campaign 28-12.

"I am so excited for Andie - I hope her success with volleyball continues at Pikeville College," said Betsy Layne Coach Christina Crase. "We will miss Andie and all of our seniors next season. Andie was a leader on and off the court!"

Meade ended the season leading Betsy Layne in defensive digs as well as assists. She was also one of Betsy Layne's top two players in the attacking category.

Robert Staggs guides the Pikeville College volleyball team.



Bobcats edge East Ridge

by STEVE LeMASTER
SPORTS EDITOR

LICK CREEK — The Betsy Layne Bobcats won their fourth straight game on Wednesday night, outlasting East Ridge 52-48. Betsy Layne, which has also claimed wins over South Floyd, Pike County Central and Monticello within the last week, outscored East Ridge in each of the last three quarters en route to the win.

Senior center Josh Head paced Betsy Layne with a

game-high 24 points. Head was the only Bobcat to score more than eight points. Junior guard Bryce Adkins added eight points for the Bobcats. Sophomore guard Dylan Maldonado flipped in five points for the winning team. Nathan Martin, another sophomore guard, added four points in the Betsy Layne victory.

East Ridge led 16-12 at the conclusion of the first quarter. The Warriors' lead, however, was short-lived. Betsy Layne battled back and carried a slim 26-25

lead into halftime.

The Bobcats led 39-37 at the end of the third quarter.

Senior guard Adam Slone added three points for the Bobcats. Senior forward Bryant Tibbs and senior forward/center Richie Tackett completed the Betsy Layne scoring effort with two points apiece.

Betsy Layne upped its record to 15-7 with the win.

Senior forward Josh Thacker led East Ridge with 12 points. In all, three different East Ridge players reached double figures.

Senior forward Joel Meade followed with 11 points for host East Ridge. Sophomore center Jacob McClanahan added 10 points for the Warriors.

East Ridge dropped to 14-10 following the loss.

In other boys' high school basketball games Tuesday night it was Hazard 90, Breathitt Co. 70; Lawrence Co. 50, Prestonsburg 46; Leslie Co. 56, Jackson City 53; Letcher County Central 77, Belfry 51; Perry County Central 53, Lee County 39.

Hall scores 20, leads June Buchanan past Allen Central

by STEVE LeMASTER
SPORTS EDITOR

PIPPA PASSES — Senior forward Brent Hall scored a game-high 20 points and junior guard John Howard added 11 on Wednesday night as host June Buchanan turned away Allen Central 59-32. Senior center Garrison Collins, junior guard Clint Stepp and senior guard Sam Sparkman aided a balanced June Buchanan scoring effort with six

points apiece. Childers contributed five points for the Crusaders.

June Buchanan improved to 17-9 thanks to the win.

After narrowly outscoring Allen Central in the first quarter, June Buchanan broke the game opener. The Crusaders, which led 9-8 at the conclusion of the first period, outscored visiting Allen Central 17-9 in the second quarter. June Buchanan was stout defensively, limiting Allen Central to nine or less points in

Senior center/forward Lewis Collins and junior forward Travis Thomas rounded out the June Buchanan scoring with three and two points, respectively.

June Buchanan enjoyed a strong finish, outscoring Allen Central 18-8 in the final quarter.

Junior center/forward Blake Salisbury was the lone Rebel to reach double figures in the scoring column. Salisbury scored 11 points for the Allen Central boys' basketball team.

Freshman guard Seth Jarrell was the second-leading scorer for Allen Central, exiting the floor with eight points. Junior guard Chris Stumbo added five points for the Rebels. Junior guard/forward Brandon Meade and freshman forward Micah Harlow each had three points while sophomore guard John Dingus dumped in two for Allen Central in the road game.

Allen Central fell to 1-17 with the setback.

Blackcats drop home game to Lawrence Co.

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG — Senior guard Jody Tackett ripped the nets for a game-high 25 points Tuesday night but it wasn't enough to send host Prestonsburg past Lawrence County. The visiting Bulldogs finished strong, outscoring Prestonsburg 15-6 in the fourth quarter. Lawrence County claimed the late regular-season win, posting a 50-46 win over the Blackcats.

Junior Michael Adkins led Lawrence County offensively, scoring 16 points. The balanced Lawrence County basketball unit got 10 points from Joel Baldwin. Wade Skaggs scored eight points and Chandler Thompson added seven for the Bulldogs. Lucas Frasher netted six points and Justin Roberts added three for Lawrence County. The Bulldogs forged ahead to 14-11 following the victory.

The Bulldogs led 13-10 through the first quarter. Lawrence County had to overcome a halftime deficit to claim the win. The Bulldogs battled back to win after facing a five-point deficit at the conclusion of each of the middle two quarters.

Prestonsburg led 25-20 at halftime and 40-35 through three quarters.

Alex Stumbo and Steven Patrick each had six points for host Prestonsburg. Cameron Tincher tossed in five points for the Blackcats. Joseph Jamerson and Tyler Hall had two points apiece for Prestonsburg in the loss.

Prestonsburg fell closer to the .500 mark with the loss, dropping to 13-12. The Blackcats were back in action Thursday night on the road at Paintsville. Prestonsburg is scheduled to host Belfry tonight at 7:30 p.m. in a regular-season finale.

MOTOCROSS

Beaver Junction announces 2009 schedule

TIMES STAFF REPORT

DWALE — Beaver Junction Motocross officials have released the schedule for the 2009 season. One of the leading motocross facilities in Kentucky, Beaver Junction Motocross will open the upcoming season prior to the start of spring and end the campaign in the fall. The 2009 season is slated to run March-October. Beaver Junction Motocross has attracted riders from across Kentucky and numerous surrounding states. Numerous competitors who have raced at Beaver Junction Motocross continue to climb through the ranks of the exhilarating sport. The majority of Beaver Junction Motocross race dates are scheduled for Sundays. Fourteen rounds comprise the Floyd County track's 2009 season.

The 2009 Beaver Junction Motocross Schedule is as follows: Round 1 March 1; Round 2-March 15; Round 3-April 5; Round 4-April 11 (Saturday); Round 5-May 10; Round 6-May 31; Round 7-June 7; Round 8-June 28; Round 9-July 26; Round 10-Aug. 9; Round

(See MOTOCROSS, page two)

Floyd spring soccer registrations scheduled

TIMES STAFF REPORT

PRESTONSBURG — The Floyd County Youth Soccer Association will continue registration for the Spring 2009 season will be held on Saturday at the McDonald's located in the Prestonsburg Village Shopping Center. Volunteers will be present at McDonald's to accept registrations between the hours of 11 a.m. and 2 p.m. The registration fee remains \$40 per child. Parents may also register their children by accessing the league website at www.ekysoccer.org. The registration form posted online should be printed, completed by the parent, and mailed to Robin Simpson Smith, Registrar, P.O. Box 176, Prestonsburg, Ky., 41653. Check or money order in the amount of \$40 for registration fees should be included with the registration form. Floyd

County Youth Soccer is not responsible for mail delivery, and registrations are accepted on a first come, first served basis.

All children at least four years of age, but no less than 19 years of age on August 1, 2008 are eligible to participate in the soccer league. Players in the Under6 and Under8 divisions play against other Floyd County teams only. Teams in the Under10 division and older play teams from surrounding counties. For more information, call Smith 886-9562.

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McKinney

Continued from p1

of the school, we went to North Georgia Speedway where Dale and Ray showed me how to actually drive the racecar in different

situations, and on different tracks, as well how to enter and exit turns properly. They also instructed me on when to get on and off the fuel. This school led to big success for me. After coming out the school, I was 4.8 seconds quicker on my qualifying times. I would recommend

either of the schools I attended."

McKinney, who ended last season with some all-important momentum (ninth in points, 201 Speedway Super Late Model Division), will look to carry the experience from the driving schools over into her latest race season. The start of the 2009 season is quickly approaching for the Brittany 57 Racing Super Late Model team.

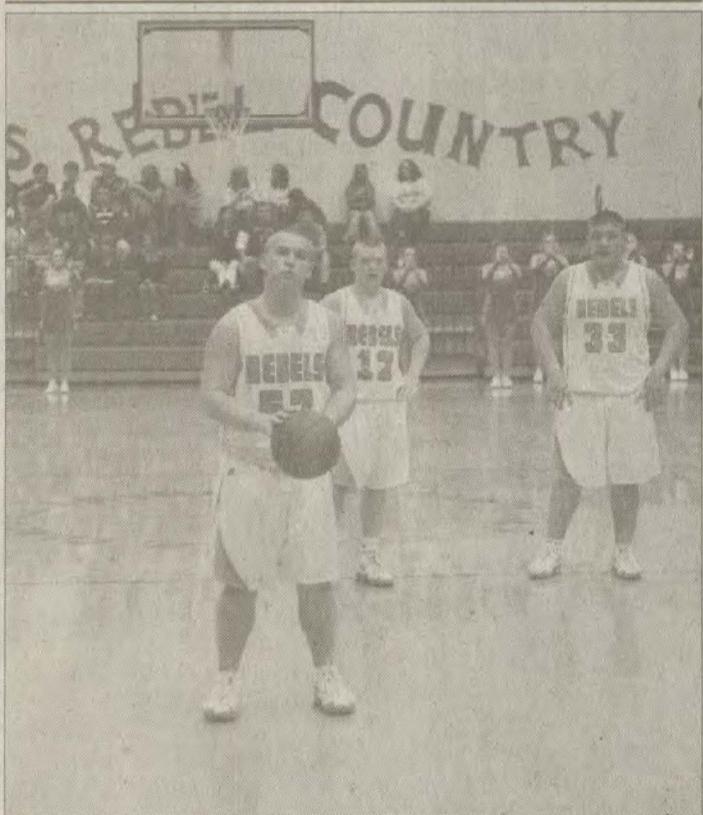


photo by Roy Harlow

ALLEN CENTRAL JUNIOR GUARD CHAD NELSON eyed the basket prior to a free throw attempt during a recent game.

Madness

Kornheiser here. Let's just move on.

Speaking of joining us on Sunday, since when did we play postseason basketball on Sunday? It's not like we've been snowed out and we have to get this thing in. It's the first day of the tournament! And it's like the third week of February. Couldn't we do without Sunday play at this stage?

I can't remember if it was something I wrote here or expressed on The Sports Guys, but just in case, let me toss this in right here: If we're letting 11 or so teams in the regional tournament, why not just drop the district format and let everybody play in the region? Would it really be that bad?

Think about it: If we have 11 teams — and that's a number someone said on the show Monday night; I have

absolutely no idea how you settle on "11" — we'd only be adding about five games to the region anyway.

In the long run we'd be saving time, because we wouldn't be playing district games. We could let all the boys' and girls' teams play in the Expo Center and save time and money on the hardware.

I know I'm sounding all old and hateful today, but I just have a lot of questions I don't know the answers to. I apologize, but I'm on a roll so let me continue.

This is the one I really don't understand: Apparently the state has already informed the 15th Region it would go back to four districts next year and just play it straight like we have for the last 80 years and like every other region in the state is doing now.

This really perplexes me

because we decided to try this set up and the state agreed, essentially making the 15th a test case to see if it would work so they may use it elsewhere down the road. I don't really like it, but it's worth a shot, especially with consolidation showing no end in sight. Soon we won't have 16 teams for all 16 regions.

But apparently we didn't even allow the postseason to play itself out before being we'd just go back to the old way. I really don't get that.

I love March Madness, and the last thing I want to do is upset the locals. I respect these folks and enjoy working with them and am always happy when I can participate in the tournaments, be it through our stat system, on the PA or just as a columnist shining a light on the students who represent us out on the floor.

Continued from p1
But I do wonder about many of these questions.

Regardless of it all, the March Madness will begin this Sunday, so get out and support your student-athletes. I know I will. I'm excited about it, even if I haven't had time to see most of these teams play this year.

I hope you are too, and I hope you'll get out and watch the action next week as the tournaments unfold around the area. I guarantee you this much: No matter how many questions you have about the setup, you'll be rewarded if you go out and watch these young people play.

Motocross

Continued from p1

11-Sept. 6; Round 12-Sept. 27; Round 13-Oct. 4; Round 14-Oct. 25; 2009 Banquet-Nov. 7.

**BEAVER
JUNCTION
MOTOCROSS
2009 SEASON
14 ROUNDS**

Riders who race all 14 rounds will receive 10 bonus points.

Beaver Junction Motocross will open its gates at 9 a.m. each raceday. Registration will get underway at 9:30 a.m. The riders meeting will be conducted at 10:45 a.m. Practice for all racing events will start at 11 a.m.

The entry fee is \$20 to race first class and \$15 for additional classes.

Admission is set at \$8. Children ages 5 and under will be admitted free.

Beaver Junction Motocross features the following classes: 50 4-Stroke/Shaft/Oil Injection

(Ages 4-8); 50 Jr. (Ages 4-6); 50 Sr. (Ages 7-8); 50 Open; 65 Jr. (Ages 7-9); 65 Sr. (Ages 10-11); 65 Open; 85 Jr. (Ages 7-11); 85 Sr. (Ages 12-15); 85 Open; Super Mini (80cc 2 Stroke, 150cc 4 Stroke); Mini Trail 70-110 Auto; 125 B; 125 C; 125 D; 250 A; 250 B; 250 C; 250 D; C/D Unlimited;

School Boy (Ages 12-15); College Boy (Ages 16-24); Women's Class; 25 Plus; 30 Plus; 40 Plus.

For more information on Beaver Junction Motocross, call 606-874-8608.

ONLINE:
www.beaverjunctionmx.net

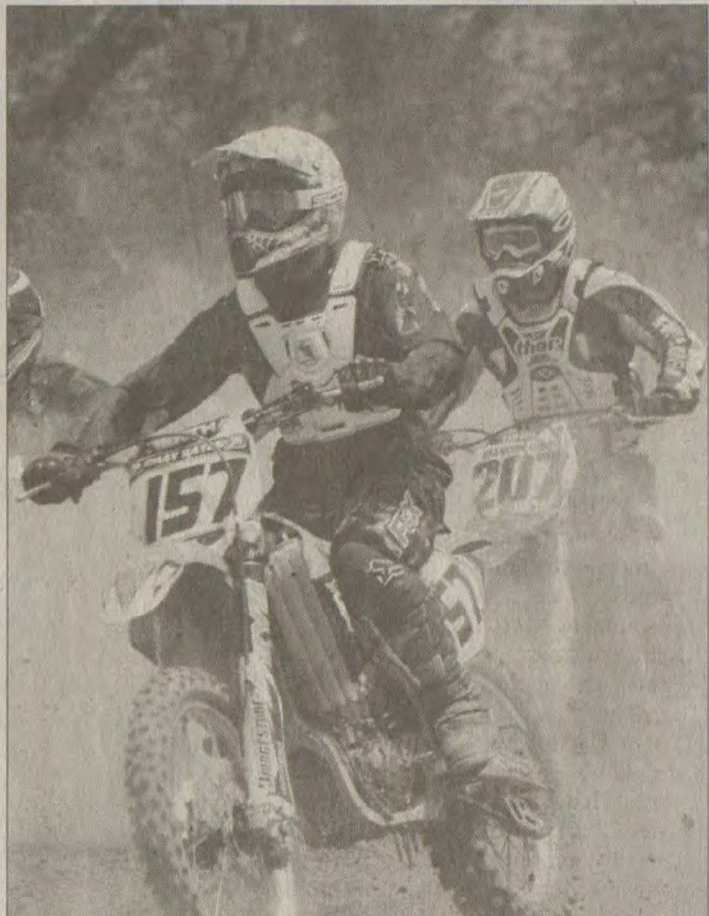


photo courtesy of Beaver Junction Motocross

BEAVER JUNCTION MOTOCROSS is set to open the 2009 season. The Floyd County track attracts riders from Kentucky and other surrounding states.

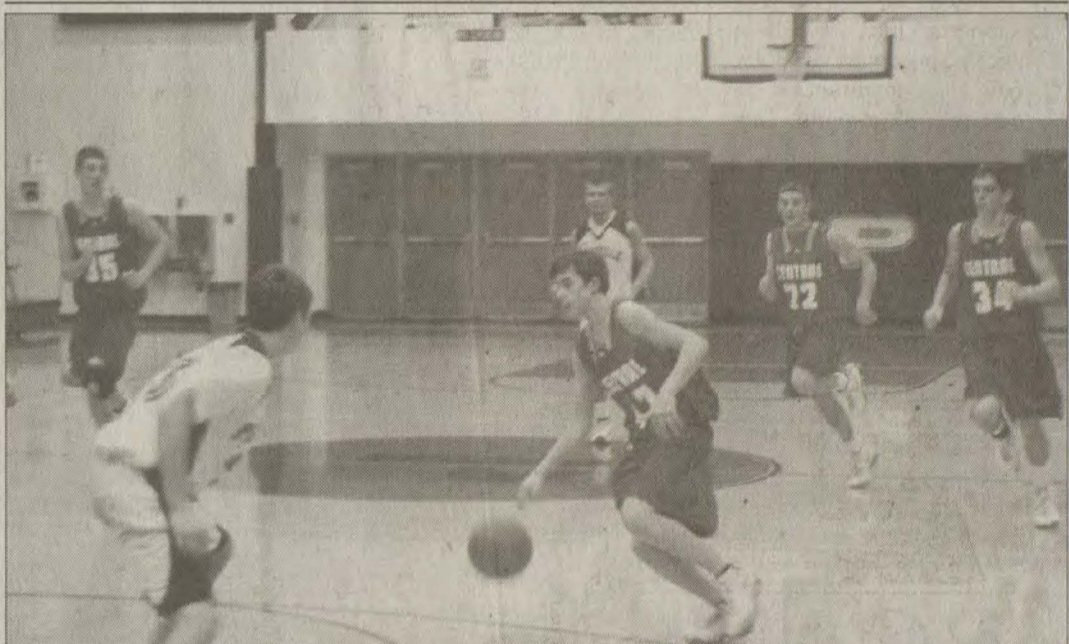
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**ATHLETES
OF THE
WEEK**

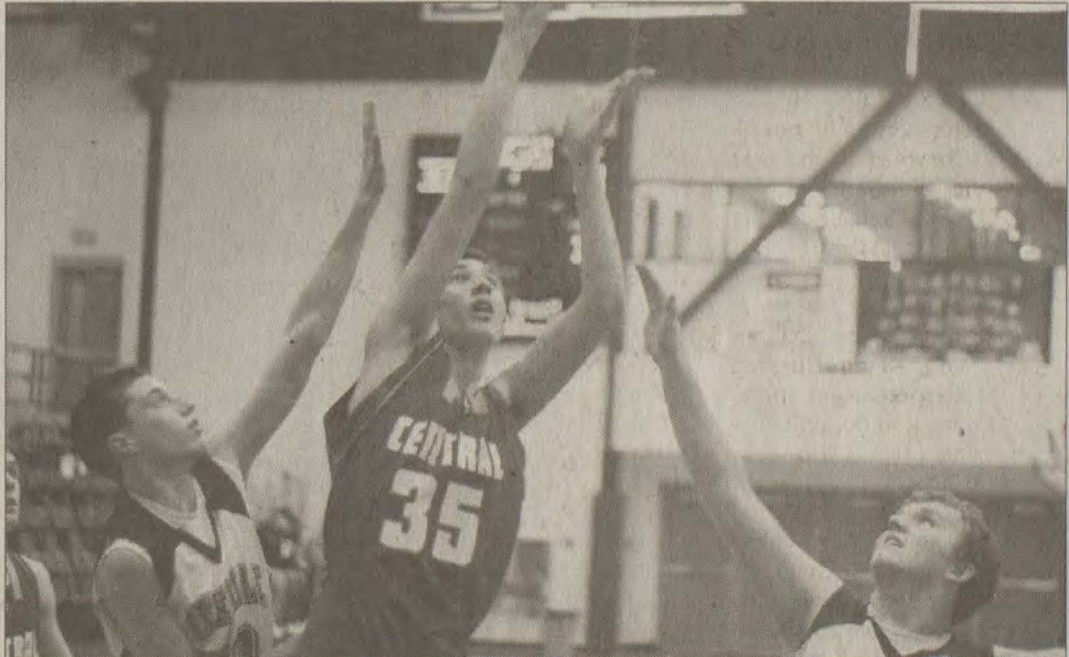
Josh Head,
Betsy Layne

Kayla Hall,
South Floy



photos by Roy Harlow

ALLEN CENTRAL faced Pikeville in varsity and junior varsity games Tuesday night. Above: Braxton Tackett is pictured moving the basketball for the Allen Central junior varsity unit. Below: Tanner Walters (35) lofted a shot for the Rebels.



MILESTONE MET

photo courtesy of Alice Lloyd College
Alice Lloyd College senior Kaylan Richardson recently scored her 1,000th career point. Richardson ranks as one of the top players in the KIAC.



of Prestonsburg

SPORTS FAN

OF THE WEEK



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FLOYD COUNTY



Faith and Family



KBC mobilizes 11 teams for ice storm relief

LOUISVILLE — After relying for years on fellow Southern Baptists for Hurricane Katrina relief and recovery aid, Louisiana Baptists have turned the tables by sending \$20,000 to the Kentucky Baptist Convention's ice storm relief effort.

Louisiana is just one of 17 state Baptist conventions that have played a role in the KBC's disaster relief effort, said KBC Disaster Relief Associate Coy Webb. To date, nearly 1,000 Southern Baptist volunteers have participated in

the effort, which is expected to last at least two more weeks.

"Louisiana Baptists understand what it means to face destruction and devastation from storms," said Mike Canady, Missions and Ministry Team Director for the Louisiana Baptist Convention. "We also know what it means to receive help from our sister conventions, including Kentucky. We are happy to help during this time of need."

Even before sending its financial gift to the KBC, the Louisiana convention was already busy doing relief work

in Arkansas, another state severely impacted by the ice storms.

State conventions that have sent volunteers to Kentucky include Alabama, Georgia, Florida, Illinois, Indiana, Kansas/Nebraska, Kentucky, Michigan, Minnesota/Wisconsin, Mississippi, North Carolina, Ohio, South Carolina and Tennessee, Virginia (two conventions), and West Virginia.

"The cooperative support of Southern Baptists nationwide has been the key to this large undertaking," said Webb. "We are extremely thankful for our sister conventions, and wouldn't have been able to meet the overwhelming need across Kentucky without their help."

The Louisiana convention's \$20,000 gift came after the convention learned that the KBC's disaster relief funds were "dwindling fast," said Lowell Ashby, Business Services Team leader for the KBC.

"Obviously, this is not

Katrina, but to have two major wind and ice disasters in six months has taken its toll," said Ashby. "After many years of Kentucky's disaster relief teams helping out other states, we are now in the recipient stage."

Webb said the Louisiana gift will go toward funding some of the current disaster relief operations, including repairs that will have to be made to units used in past few weeks. Southern Baptists have so far served more than 20,000 meals and completed more than 400 chainsaw jobs completed, with another 1,000 to 2,000 jobs pending, he said.

"We are thankful to our sister convention in Louisiana for their gracious and compassionate gift to those left hurting because of the storm here in Kentucky," said Webb. "It will make a significant difference in the work we are able to do."

At least 1,700 Kentucky Baptists have been involved in Katrina relief and rebuilding efforts in New Orleans, La.,

through Operation New Orleans Area Homes (NOAH), a partnership between Southern Baptists in New Orleans, the Louisiana Baptist Convention, the North American Mission Board and SBC volunteers nationwide.

The rebuilding effort was formed to address housing needs after the 2005 storm, which destroyed 50,000 homes. Originally scheduled to conclude in August of 2008, the project has been extended to August of 2009.

In addition to those involved through Operation NOAH, thousands more have provided relief in other areas along the Gulf Coast, said Webb. Kentucky Baptists also served in Louisiana in 2008 to assist recovery efforts following Hurricane Gustav.

Contributions to the KBC's disaster relief efforts may be sent to the KBC, Dept. 5008, P.O. Box 740041, Louisville, KY 40201-9976. Please note "disaster relief" in the check memo. Online donations are also being accepted at

www.kybaptist.org/dr.

Kentucky Baptists are part of a larger network of Southern Baptist volunteers trained to respond to disasters by manning mass feeding operations, using chainsaws to clear downed trees and limbs, clear mud out of flooded homes and more. Together, Southern Baptists comprise the third largest relief organization in the United States.

To learn more about Kentucky Baptist Disaster Relief, go to

www.kybaptist.org/dr.

The Kentucky Baptist Convention is a cooperative missions and ministry organization made up of more than 2,400 autonomous Baptist churches in Kentucky. A variety of state and worldwide ministries are coordinated through its administrative offices in Louisville, Ky, including: missions work, disaster relief, ministry training and support, church development, evangelism and more. For more information, visit

KIM'S KORNER

Bundle of blessings

by KIM LITTLE FRASURE

Reflecting over the years this column has been in print

(20 years this December) our first born Ashleigh was only nine years old. Readers have experienced the lives of my daughter's heartaches and triumphs, sibling rivalry, to getting their drivers license, dating, marriage and now the very best of all the birth of our very first grandchild.



Kim Little Frasure

from the hospital where another patient was in labor she began to check Ashleigh. Betty and I stood just over her shoulders as the ultrasound was showing the two of us our soon to be grandchild. And just how soon we were about to find out.

Then came the words: "Go ahead and call Robert and go on over to the hospital and get checked in. We're going to do a C-section today," came from Dr. S.

Betty and I grabbed one another and the tears begin to fall.

We began calling the list of family and friends as fast as our fingers could punch the numbers on our cells.

As one of our dear friends Julie explained it, Team Cash was on their way to Highlands and the excitement was astounding.

Dr. S had anticipated through the measurements of the ultrasound the baby would weigh around 8 pounds and some odd ounces. And every time that was shared with family or friends during the wait of his birth we would hear oh he's going to be a big one huh?

As Ashleigh and Robert headed for the delivery room, grandparents, great-grandparents, aunts, uncles, nieces and friends lined the waiting room walls.

Tiff and I with our noses stuck to the little square windows of the doors hoping for a glimpse of something. It seemed like an eternity my child was behind those doors and I hadn't a clue to what was going on. Hands wringing, tears flowing, nerves wracking, the doors of the delivery room opened and there came Robert pushing this little basket on wheels filled with the most beautiful, precious baby I had ever laid my eyes on.

Oh, thank you, Jesus, Mommy and Baby were just fine. Baby Robert Cash Dotson weighing in at a whopping 9 pounds, 2 ounces and measuring 20 1/2 inches long!

WHAT? Nine pounds! It was amazing! Dr. S was amazing. The entire staff at HRMC was amazing. Ashleigh was and is amazing!

I am telling you there is no roller coaster invented with as much motion as my emotions were experiencing. What a day!

Feb. 10, 2009. 1:54 p.m. — the most glorious day ever!

God has truly blessed us! I could not be more thankful for one of the best son-in-law's ever put on the face of this earth. Nor could I be more thankful and proud of my daughter to go through all she has and exude the strength and determination to do the very best for her baby. And what an adorable, precious bundle he is. Oh yes Lord Jesus, I am so very thankful!

And to each of you, thank you for all your prayers!

'Til next week, God's blessings to you and yours.

HOME FIRES

America's Biggest Disaster Threat

4 Out Of 5 Americans Are Unaware That Home Fires Are The Most Common Disaster Threat.

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AUTOMOTIVE

Hicks Auto Sale

- 2004 Mitsubishi galant. Extra sharp. Moon roof, V6, 60,000 miles. Asking \$7,495
- 2000 Dodge Dakota Quad cab. Automatic, V6. \$4,200.
- 1998 S-10 .4 cylinder, 5 speed. \$2,500.
- 2000 Ford Taurus. 80,000 miles. \$3,000.
- 1997 Cadalic S/S. 110,000 miles. \$ 3,995.

2000 Chevy top kick rollback or sale. Cat engine, air condition, power windows, 19ft steel bed. 312,000 miles. If interested call 606-886-2416 after 6pm 606-367-1288 during the day.

Employment

Employees needed to Steam Clean Heavy Equipment. Must have valid driver's license and up to date Surface mining papers. MET papers is a plus. Call Monday thru Friday between 9:00am and 5:00pm. 606-886-1759.

Help wanted: Person to assist in antique & gift shop, some cleaning, sales, good with customers, start out part time but could turn in to full-time job in short time. Please call 886-9995 for more information. Hours 10 to 5 M-F 10 to 4 on Saturday.

Dental Assistant needed: No experience required- will train- computer experience would be helpful but not necessary. Send resume to 415 N. Lake Drive Ste 201- Prestonsburg, Ky 41653.

Experienced ONLY Tower Climber needed for local work. Job also includes two way radios and car kit installs. Must have

valid driver's license and pass drug screening. Must have references! Excellent benefits Package available. Please send resume to PO Box 873, Prestonsburg, Ky 41653. Call 886-3181.

Papa John's now hiring drivers & pizza makers. Apply in person. Call 886-2800.

Prestonsburg Health Care Center has CNA positions for 6am- 6p and every other weekend off. If you are interested please call 606-886-2378 and ask for Lynn Fletcher or Kelly Wallen.

Need licensed master & journey men electrician's in Pikeville. Must be experienced in commercial work. Call 859-925-3116.

Mystery shoppers! Earn up to \$150 per day. Undercover shoppers needed to judge retail & dining establishments. Experience not required. Call 877-

341-3504.
Post Office Now Hiring Nationally!! Avg. pay \$20/hr, \$57K/yr, incl Fed ben, OT optional fee-based test prep materials, not affiliated with the US Postal service. 866-668-5257.

Miller Bros. Coal, LLC is seeking qualified applicants for the position of Surface Mine Planning Engineer. Mining Engineering degree and experience required. Competitive salary and benefits package. Interested applicants should send their resume in confidence to 1801 Watergap Rd Prestonsburg ky 41653. Phone inquiries not accepted.

Services

Will do house cleaning and sit with elderly. 15 years experience. For more information please call 606-377-0935 or 606-339-5095. Can provide references.

If you need wills,

deeds, power of attorney or other legal documents drawn up or need a notary. Call 791-1202

NEED A TUTOR FOR YOUR CHILD? I have ten years experience teaching children aged 2-18, have successfully tutored children with both emotional and learning disabilities and have assisted a child with autistic spectrum disorder. I believe in finding each child's unique learning style and helping them to reach their greatest potential. If you would be interested in seeking my assistance for your child, please feel free to call Tonya at

606-230-0235 or email me at tonya1@hotmail.com.

Animals

2 Dogs free to good home!! 1 male white and brown in color and 1 female chocolate in color. Sheep Dog mix. Good with kids and great watch dogs. Needs room to run. Call 358-0286 or 226-5316. Prefer they go together.

Misc.

The court ordered liquidation sale that was to be held Sat. Feb 21st at 10 am at Mills

Branch Rd. Has been cancelled by the court. The auction will rescheduled for a later date. D & G Auctions apologize for any problems or in convenience that this may have caused.

FOR SALE: Hoveround motorized wheel chair. 24" Kenmore gas wall oven. 30" Kenmore gas cook top. Call 886-6958 after 4:00pm.

For sale: Eight pair of American Eagle jeans & 3 pair of Levis Jeans. All jeans worn approximately 2-3 times only. They were purchased a few months ago. Size 34 x 30. \$10

each or all of them for \$100. If interested call 226-5345. Leave message if no answer.

REAL ESTATE

Houses

House for sale or lease. Located at Stone Crest. 3 +/- acres. Serious inquiries only. For more information, Call 606-434-1281 or 606-454-3646.

House for sale. Located at Drift. 3 br, 1 bath. \$65,000. Call 377-0251.

Notice of property for sale. Eight acres more or less property for sale at the mouth of Bull

Creek and Meadows Branch. Located near the Prestonsburg job core, near city water and sewage. Approximately 1/2 acreage is level and out of the flood plane. Suitable for residential or commercial use. If interested contact 606-874-2330. Serious inquiries only.

4 Br, 3 ba home for sale. Newly renovated, located within walking distance of new Prestonsburg elementary school. \$165,000. Call 886-3437 for appointment.

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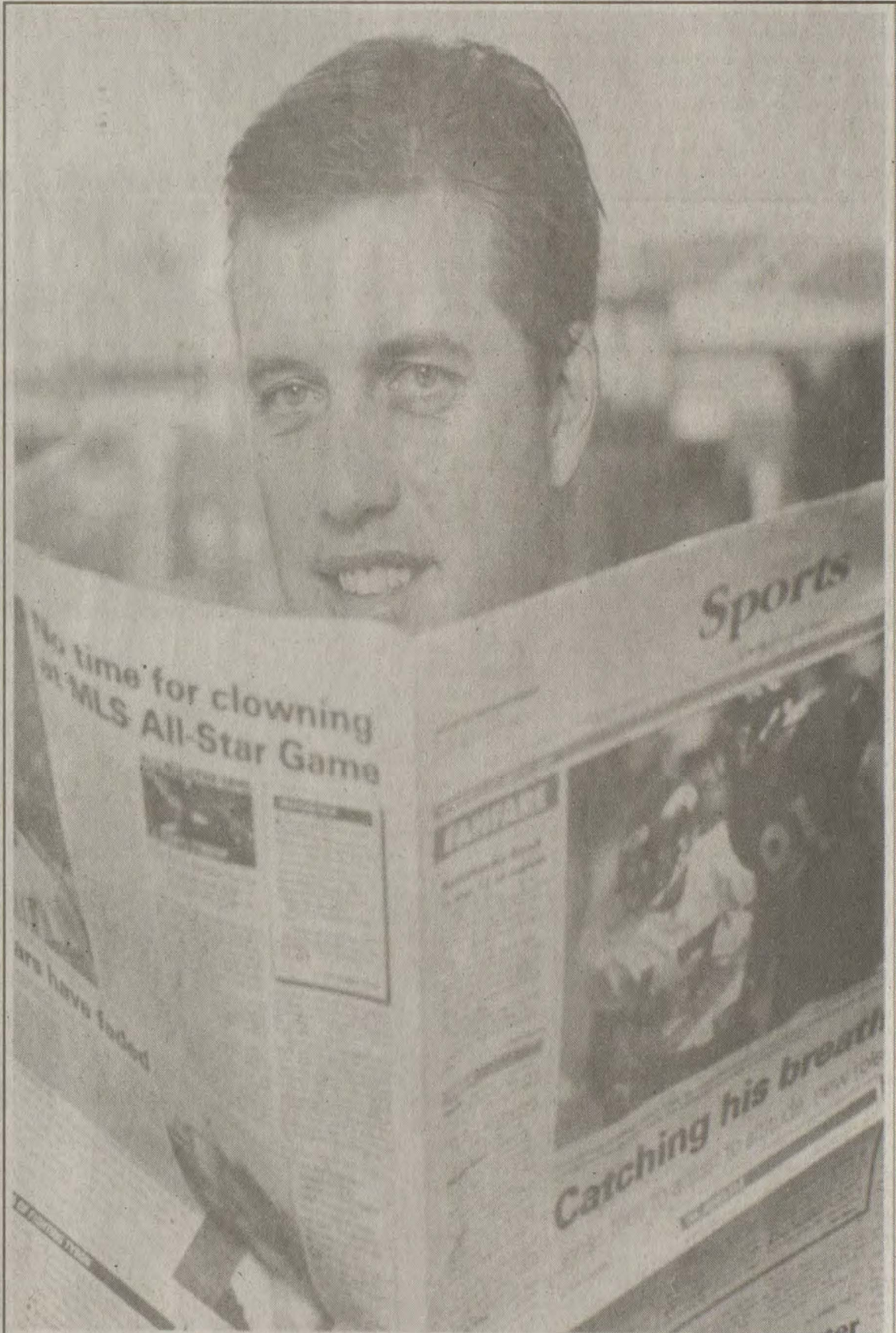
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Lot for sale. 3 plus acres. Located in Jonesfork area. City water. \$20,000. Call after 5:00 606-946-2785.

Office space for rent. 3,000 sq ft, 2 bath, 10 individual rooms suitable for professional office. Call 794-6204 for more information. Located on 1320 North Lake Drive, Prestonsburg, Ky. Downtown from Jerrys.

Large older home and lot for sale (approx. 1 acre). Great location (3227 South Lake Dr) close to entrance to Jenny Wiley State Park. 4 bedroom, 2 bath, 1st floor hardwood / 2nd carpet with new roof. cAn be residential or commercial. Call 886-6749 or 226-4215.

RENTALS

APARTMENT

Large apartment for rent. Located on US 23 at Stanville. 2 br, 2 bath. Walk in closet. Large living room area. 1 yr lease. NO PETS. \$650 per month security deposit. Call 606-478-8100.

1 Br furnished apts. Includes utilities. References

required. Call 886-8366.03/26-04/02

Houses

2 br House located in town near college for rent. \$525 month plus \$200 deposit. Call 606-889-0208. Leave message.

2 br house for rent. Located 1 mile from Martin. Washer and dryer hook up and city water. \$450 month plus utilities.

\$200 deposit required. HUD accepted. Call 285-3103.

Mobile Homes

New federal lending program for landowners. No down payment & low monthly payments. Complete improvement packages available. Will also remove existing homes. Call 866-597-2083.

Nice 2 br mobile home for rent in Prestonsburg. Call 874-0875 or 226-3207.

For rent: Mobile home lot. Located on Left Fork BullCreek. \$125. per month. References required. Call 886-6749 or 226-4215.

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3 BR 2 full bath mobile home for rent. Located at Auxier. All city utilities. \$550 per month \$150 deposit. Call 367-1169 or 789-8881.

For sale: 2006 Norris 24X48 Manufactured home on lot. 3br, 2 ba. All appliances included. Cedar siding & dimensional shingles. Located on private lot in Little Paint, East Point, Ky. Asking \$89,000. Call for info 606-889-9072. AFTER 5:00 PM

Legals

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-0342 NW

In accordance with KRS 350.055, notice is hereby given that Frasure Creek Mining, LLC, 4978 Teays Valley Road, Scott Depot, WV 25560, (304) 204-1455 has applied for a permit for a surface coal

mining and reclamation operation located 1.7 miles northeast of Hippo, Kentucky in Floyd County. The proposed operation will disturb 373.39 surface acres and will underlie 4.92 acres, and the total area within the permit boundary will be 378.31 acres.

The proposed operation is approximately 0.8 miles south from KY 1210 junction with Alum Lick Road and located 0.2 miles southwest of Caney Creek. The proposed operation is located on the Martin USGS 7 1/2 minute quadrangle map. The operation will use the area, contour, and auger methods of surface mining. The surface area to be disturbed is owned by George Thornsby, et. al, Evie Thornsby, et. al, Shade and Patricia K. Pitts, Lou Ellen Pitts, Big Branch Holding Company, LLC, Chris Damron, Danny Ousley, Rosie Reffett, Craig Ousley, et. al, Betty Litsey, Charles Litsey, Gordon Ousley, Donald and

Brenda Ousley, Adrian Bradley, James and Rose Marie Bradley, Ronald and Jackie Bradley, Sally R. Kessie, Charles E. Bradley, Amy Bradley, Abby Bradley, Adam Bradley, Johanna L. Silveus, Kenneth Silveus, Earl and Peggy Stephens and Sianna Risner, Mont Ousley Heirs, Edward L. and Sadie Shepherd, J.T. and Anna Lea Thornsby, Phyllis Reffett, and Glen Hurd-Estate. The operation will underlie land owned by Shade and Patricia K. Pitts, Lou Ellen Pitts, Big Branch Holding Company, LLC, Equitrans, and Mont Ousley Heirs.

The application has been filed for public inspection at the Department for Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, KY 41653. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Permits, #2 Hudson Hollow Complex, U.S. 127 South, Frankfort, Kentucky 40601. This is the final advertisement of the application. All comments, objections, or requests for a permit conference must be received within 30 days of today's date.

ADVERTISEMENT FOR BIDS

Left Beaver Fire Protection District will be accepting sealed bids for a **2010 International 4400 Series Rescue Truck**. For more information, please contact Shannon Hall, at 606-377-6643. Bids will be opened March 9, 2009, at 7 p.m., at LBFR Station No. 2. We reserve the right to reject any and all bids.

PUBLIC NOTICE

Pursuant to 405 KAR 8:010, Section 16(5), the following is a summary of permitting decisions made by the Department for Natural Resources, Division of Mine Permits, with respect to applications to conduct surface coal mining and reclamation operations in Floyd County:

GCAS Corporation 836-0324 01/22/2009 Wolverine Resources Inc. 836-0348 01/09/2009

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Passion for Flavor

Plan a night for coffee and chocolate lovers

FAMILY FEATURES

Coffee and chocolate have been pleasing the senses for centuries. Both are complex, with aromas and flavors that are meant to be savored and lingered over. For coffee and chocolate lovers, connoisseurs say a tasting party is the perfect way to indulge your senses and explore your passion for flavor.

Whether it's a romantic tasting for two or a party with several friends, coffee and chocolate experts alike say tasting parties are the new trend in at-home entertaining. And expert tasters from Starbucks and Fran's Chocolates say it's easy to host your own party now that specialty coffee and chocolate are more accessible than ever.

Ann-Marie Kurtz, manager of global coffee and tea education for Starbucks, says to brew your coffee in a coffee press to get the most flavor from your coffee experience. "The press allows the coffee's complex flavors to shine through."

Fran Bigelow, chocolatier and owner of Fran's Chocolates, says that coffee and chocolate is a natural match. "Chocolate is grown in many of the same geographic regions as coffee, and it picks up a lot of the same flavor profiles like floral or herbal notes."

For the perfect at-home tasting party, Kurtz recommends brewing presses of coffee from various growing regions to pair with a selection of different chocolates.

Kurtz and Bigelow recommend these pairings of chocolates and Starbucks coffees:

- **Caffé Verona with pure milk chocolate.** "The complementary flavors of the chocolate and coffee meld together perfectly," says Kurtz. "The darker roast of the Verona holds up nicely to the creamy sweetness of the chocolate."
- **Guatemala Antigua with gray and smoked salted caramels.** Bigelow says, "The acidity of this Latin American coffee pairs very well with the caramel." Kurtz adds, "The salted caramels highlight the lemony characteristics of the Guatemala Antigua."
- **Caffé Verona and mint chocolates,** such as Fran's Semisweet Mint Thins. "The complexity and the roasty characteristics of Verona make it versatile for chocolates with distinctive flavors like mint," says Kurtz. "The mint was highlighted at the end, and the semisweet chocolate matched very well."

Kurtz and Bigelow have these tips to make your coffee and chocolate pairing experience richer:

- **Select:** Choose a coffee from three different growing regions — such as Latin America, Africa or Asia Pacific — and three to five chocolates with a range of cacao contents. Your Starbucks barista can help you pick the right coffees.

- **Arrange:** Set out the chocolate according to cacao percentages, from the highest to the lowest. Have your freshly brewed coffee in presses next to the chocolates with cups for your guests to sample.

- **Hear:** Break off a small piece of chocolate. Listen for a clean, sharp snap and observe the surface sheen.

- **Smell:** Breathe the aroma of your freshly brewed coffee. You may smell notes of nuts, herbs or citrus. Then break and smell the chocolate. The initial aroma should be of cocoa, followed by undertones of flowers, fruit or spice.

- **Taste:** Begin by tasting the chocolate with the highest cacao content. Let each piece of chocolate melt on your tongue and then slurp each coffee.

- **Describe:** Discuss flavors as you experience them. Think of adjectives that describe what you taste in your mouth like caramel, roasted nuts, or citrus. And remember, have fun discovering new flavors and your favorite coffee and chocolate pairings.

Once you and your guests have experimented with chocolate and coffee tastings, end the evening with your favorite blend and a rich, chocolaty dessert. This recipe comes from Fran Bigelow's book, "Pure Chocolate" and will give your tasting party a satisfying finish.

For more on specific coffees, visit Starbucks.com.

How to brew the perfect cup of coffee at home

To truly experience the complex flavors of the world's best coffees, follow the four fundamentals of brewing the perfect cup:

Proportion

The general rule for brewing coffee is two tablespoons of ground coffee for each six ounces of water. This proportion allows the proper extraction of the coffee's full flavors and yields a rich, aromatic cup.

Grind

Different brewing methods require different grinds. Your Starbucks barista can help you determine which grind is right for you. For a coffee press, ask for a coarse grind.

Water

While it may not seem like an important ingredient, coffee is 98 percent water. Always use clean, fresh water that is filtered or free of impurities — avoid soft water or well water. Water heated to just off the boil (195° to 205°F) does the best job of extracting the coffee's full range of flavors.

Freshness

Coffee's biggest enemies are oxygen and moisture. Always store coffee in an airtight container at room temperature. Storing coffee in the refrigerator or freezer can result in moisture from condensation and is not recommended for daily use. Coffee should be ground fresh each time it is made. Grinding exposes more surface area, releasing flavor and freshness.



Truffle Brownies

Makes 24 large or 48 miniature brownies

- 8 ounces bittersweet chocolate, finely chopped
- 2 ounces unsweetened chocolate, finely chopped
- 1/2 pound (2 sticks) unsalted butter, room temperature
- 1 cup brown sugar
- 1/2 cup sugar
- 6 large eggs, room temperature
- 2 teaspoons pure vanilla extract
- 1 cup flour

Position a rack in the middle of the oven and preheat oven to 325°F. Lightly butter a 9 x 13 inch sheet pan, or quarter sheet pan.

In a double boiler over simmering water combine chocolates. Remove when nearly melted and continue stirring until smooth. Set aside to cool.

In a mixer with a paddle attachment, beat butter and both sugars at medium speed until light, 5 to 6 minutes.

Add eggs, one at a time, beating well after each addition and scraping down sides of bowl. Add vanilla and continue beating until mixture is smooth and light, 2 to 3 minutes.

Pour in melted chocolate and mix well. If butter begins to melt when chocolate is added, stop pouring and let chocolate cool further. The finished mixture should be glossy and smooth.

With a rubber spatula, gently fold in flour until all traces of white have disappeared. Be careful not to over mix.

Pour batter into prepared pan and bake 30 minutes, or until crust is dull on top and a cake tester inserted in the center comes out with dark, wet crumbs on it.

Let cool in pan about 1 hour. Cut into squares and remove with a spatula. Store in sealed plastic containers for as long as a week or freeze.