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## FIGHTING FOR SURVIVAL



photo by Jarrid Deaton

Employees of the Prestonsburg Equine Center, along with some concerned citizens, work to help get a malnourished horse back on its feet on Thursday. The horse was brought to the center after being removed from the custody of its owner, James Castle. Castle was arrested and charged with second-degree cruelty to animals.

## Volunteers work to save horse; owner arrested

by JARRID DEATON  
FEATURES WRITER

PRESTONSBURG — Its ribs moved slightly with each breath, but the rest of the 2-year-old horse's body remained motionless as concerned people at the Prestonsburg Equine Center did what they could to make the emaciated animal comfortable.

The horse, reportedly belonging to James Castle, was found near Cow Creek on Tuesday and transported to the center to receive care,

but its condition worsened over the course of two nights, and it slipped from the special harness that held it upright on Wednesday night and landed on its side, where it remained on Thursday as workers attempted to get the animal standing again.

Castle, 25, was arrested and charged with second-degree cruelty to animals on Wednesday.

According to the police report, the horse was extremely malnourished. The arresting officer also took pictures of the horse.

"I don't see how somebody can sleep at night knowing their horse was out there starving like this," said Pat Goble, manager of the Prestonsburg Equine Center. "He has such a will to live."

The horse was back in the harness a little after noon on Thursday, and Prestonsburg Mayor Jerry Fannin praised all of those involved in caring for the animal.

"It's back to eating a little now," Fannin said. "Dr. Rudolph Ousley

(See HORSE, page seven)

## Man arrested after allegedly walking away from wreck

by SHELDON COMPTON  
STAFF WRITER

MELVIN — A Shelbiana man found himself behind bars in Floyd County after police say he wrecked his vehicle, hospitalizing his passenger, then attempted to walk away from the accident.

According to police, Robert Derek Sykes, 39, was traveling along Route 122 in the Melvin area when he wrecked his vehicle in a ditch.

Police said they received a 911 call, arrived on scene to find the vehicle and said Sykes' unnamed passenger was later transported to the hospital for treatment. Before being taken, the passenger told police that Derek Sykes had been driving at the time of the wreck.

A search was initiated and officers found Sykes some time later walking Route 122 toward Pike County. He was roughly 500 feet

(See WRECK, page seven)

## Woman accused of fighting cops after traffic stop

by SHELDON COMPTON  
STAFF WRITER

PRESTONSBURG — Mina Howard, 42, of Spurlock, was arrested this past week after police say she was found driving under the influence after a chase that resulted her attempting to escape from custody.

Police say they received a call of a vehicle running another driver off the road and later made contact with Howard by passing her. While passing her, they say the 42-year-old almost struck the police cruiser before they brought her to a stop.

At that time, the reports say that Howard gave police another person's driver's license when asked for license and insurance, also

(See ARREST, page seven)

## School enlists technology to save on energy costs

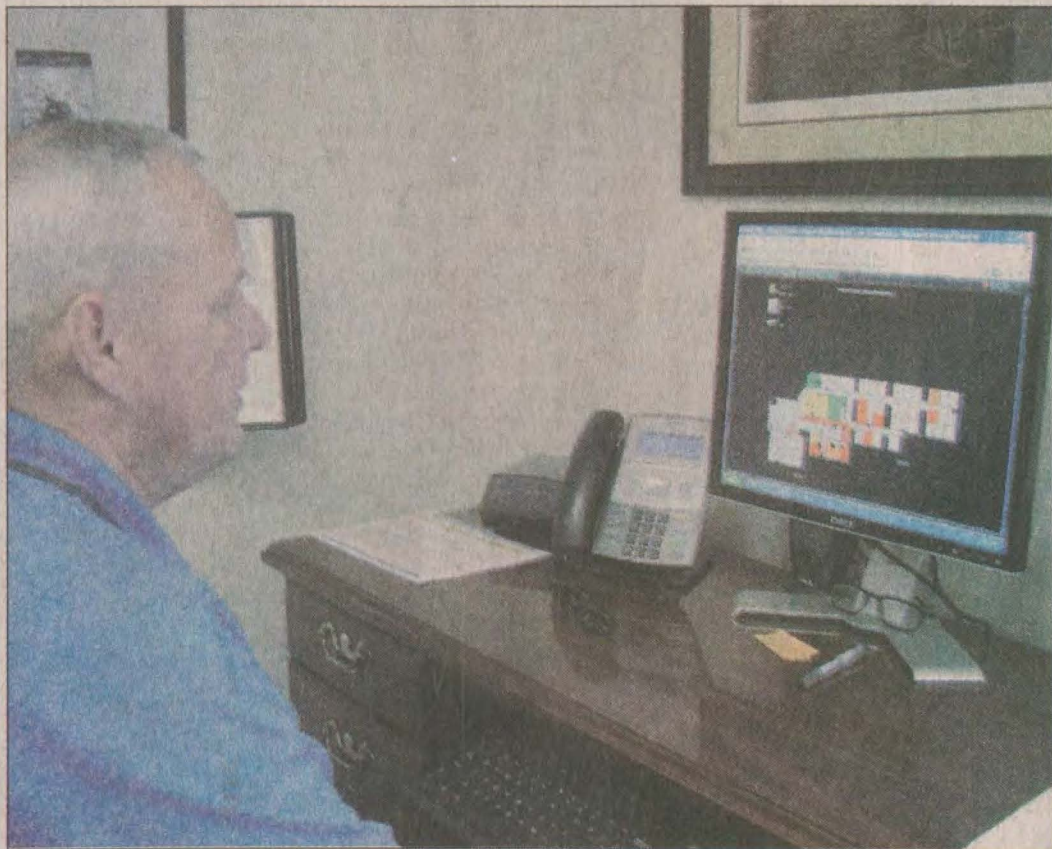
by JARRID DEATON  
FEATURES WRITER

ALLEN — The Floyd County Board of Education wants its schools to be energy efficient, and the maintenance department is taking advantage of new technology to keep costs down and efficiency up, including the ability to monitor energy use and control temperatures in the schools from the main office in Allen.

"We take the data from each school and compare it," said Ralph Goble, coordinator of facility support and energy manager. "We look for ways to make things more energy efficient. We hope to have an energy policy for the district to follow in the near future."

The maintenance department is involved in ongoing energy savings projects at the schools in the district, including delamping, motion sensor lights that turn on when somebody enters a room and turns off when they leave, timers on outside lights, programmable thermostats, energy effi-

(See ENERGY, page seven)



Ralph Goble, coordinator of facility support and energy manager for the maintenance department of the Floyd County Board of Education, demonstrates the computer software that allows temperature and other energy-related controls to be manipulated and monitored in all schools from the maintenance office in Allen.

photo by Jarrid Deaton

br  
Semi  
detail  
loans

PIKEVILLE — Morehead State University's East Kentucky Small Business Development Center will present "SBA Loans" on Tuesday, Aug. 11.

The seminar is for both present and prospective small business owners who are interested in financing for their business.

The free workshop will be held at the Big Sandy Community and Technical College, 120 S. Riverfill Drive in Pikeville, from 5:30-7:30 p.m.

The presenter will be Mike Morley, director of MSU's Small Business Development Center.

Topics to be covered at the seminar are: ARC Loan, SBA Express, and Community Express and Patriot Express.

Training programs, sponsored or co-sponsored by SBDC, are available to all individuals without regard to race, color, sex, creed or national origin.

For a list of upcoming events, visit the Web site at [www.moreheadstate.edu/sbdc](http://www.moreheadstate.edu/sbdc).

Additional information is available by calling Morley or Linda Casebolt at (606) 432-5848.

### 2 DAY FORECAST

Today  
Partly cloudy  
High: 85 • Low: 65

Tomorrow  
Partly cloudy  
High: 92 • Low: 67

For up-to-the-minute forecasts, see [floydcountytimes.com](http://floydcountytimes.com)

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# For the Record

### Marriage Licenses

Lesa Sue Meade, 46, of Stanville, to Jeffrey Meade, 46, of Stanville.

Kerrie Doran Patton, 29, of Auxier, to Brian Anthony Collins, 26, of Auxier.

Kayla Marie Green, 18, of Hi Hat, to Joshua Lee Perkins, 20, of Hi Hat.

Natasha Rashea Hall, 21, of Teaberry, to Adam Douglas Hall, 22, of Printer.

### Civil Suits Filed

RJM Acquisitions LLC vs. Danny McKenzie; complaint. Credit Acceptance Corporation vs. Gary Lee; complaint.

Midland Funding LLC vs. Jerry Allen; complaint.

Sherry Bailey vs. Randy Bailey; divorce.

American General Financial Services Inc. vs. John Lowe; complaint.

BB&T Financial FSB vs. Hayes Hall; complaint.

Brittney Kretzer vs. Jason T. Click; complaint.

Kenny Artrip vs. Emell Smith; complaint.

McDowell Appalachian Regional Hospital vs. Deborah Lindsey; complaint.

### Charges Filed

Robert Derek Sykes, 40, Pikeville; operating a motor vehicle while under the influence of alcohol or drugs, leaving the scene of an accident, failure to render aid, no insurance, no or expired registration, failure to wear seatbelt.

Jimmy Perry, 54, Wheelwright; receiving stolen property.

Jimmy L. Perry Jr., 26, Wheelwright; receiving stolen property.

Brandy Moore, 24, McDowell; second-degree assault, public intoxication.

Mina Howard, 43, Prestonsburg; driving under the influence on a suspended license, no insurance, giving officers false name or address, third-degree escape, second-degree wanton endangerment, disorderly conduct, resisting arrest.

Selena Leslie, 36, Prestonsburg; theft by unlawful taking.

Colleen Gay Compton, 62, Allen; criminal mischief.

Richard Dean Ousley, 42, Martin; criminal trespassing.

James W. Hager, 43, Prestonsburg; harassment.

James W. Hager, 43, Prestonsburg; harassment.

Ruby M. Chaffins, 34, Hueysville; harassment.

Tina R. Ramey, 28, Martin; harassment.

William J. Osendott, 25, Inez; theft by unlawful taking.

Amy Elizabeth Combs, 37, Prestonsburg; harassment.

### Inspections

Vance Quick Mart, Hi Hat, regular inspection. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods.

lack of numerically scaled thermometers for checking cooking and holding temperature of potentially hazardous food, food not protected during preparation, food not protected during storage, food contact surface of equipment and utensils not clean, sanitary towel or hand drying device not provided at lavatory or handwashing sink, garbage and refuse containers not covered as required, floors not in good repair, lighting not provided as required, cleaning and maintenance equipment not properly stored. Score: Food: 88, Retail: 94.

Peking Chinese Buffet, Prestonsburg, regular inspection.

Violations noted: food not protected during storage, food not protected during service, floors not clean, floors not in good repair, light fixtures not shielded as required, cleaning and maintenance equipment not properly stored. Score: 95.

Save-A-Lot, Martin, regular inspection. Violations noted: cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing solution, improper storage of single-service articles, garbage and refuse containers not covered as required, floors not in good repair, light fixtures not shielded as required. Score: 94.

Hometown Pizza, Melvin, regular inspection. Violations noted: lack of properly maintained refrigeration, freezing and holding units for potentially hazardous foods, lack of effective hair restraints. Score: 95.

Osborne's Pizza, Teaberry, regular inspection. Violations noted: lack of numerically scaled thermometers for checking cooking and holding temperatures of potentially hazardous food, lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of effective hair restraints, improper storage of clean equipment and utensils.

Score: 97.

### Property Transfers

Frederick Bishop to Elk Horn Coal Company, property located at Big Mud Creek.

Harold Bishop to Elk Horn Coal Company, property located at Big Mud Creek.

Michelle Bishop to Elk Horn Coal Company, property located at Big Mud Creek.

Carol Boudle to Glen Keith Davis, property located at Abner Fork.

Amber Cantrell to Andrea Meade and William S. Meade, property not listed.

Jeremy Cantrell to Andrea Meade and William S. Meade, property not listed.

Eloise D. Cowgill to Elk Horn Coal Company, property located at Big Mud Creek.

John C. Cowgill to Elk Horn Coal Company, property located at Big Mud Creek.

Shirley M. Diskete to Elk Horn Coal Company, property located at Big Mud Creek.

Charlotte Dodds to Elk Horn Coal Company, property located at Big Mud Creek.

Linda S. Dumars to Elk Horn Coal Company, property located at Big Mud Creek.

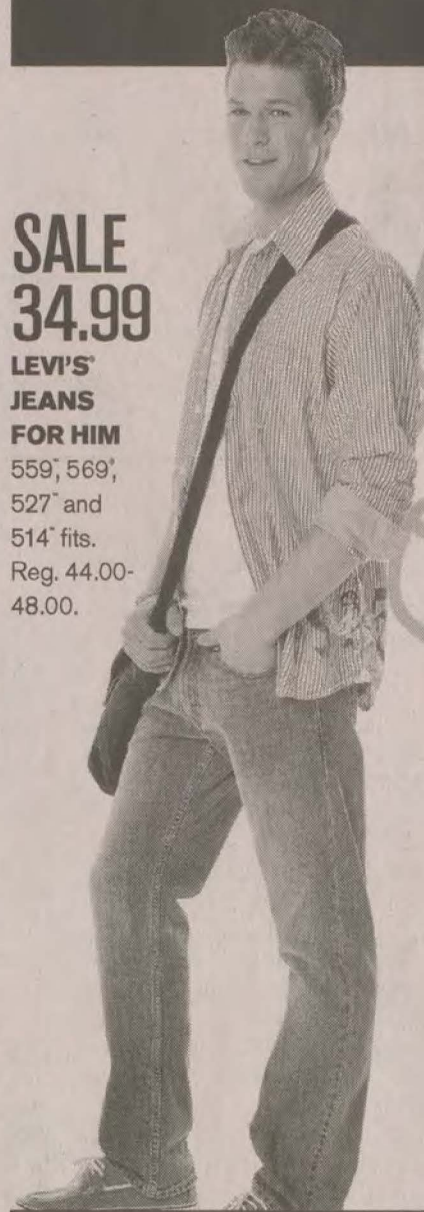
Zeda Faye Martin Goble to Jimmy Darrell Goble, property located at Hippos.

James R. Hamilton to Elk Horn Coal Company, property located at Big Mud Creek.



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# Peebles



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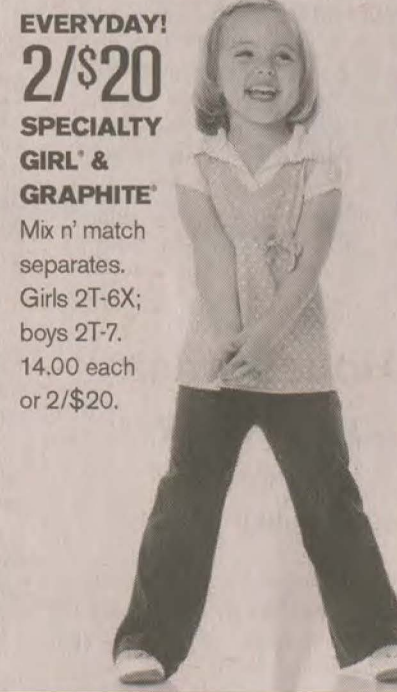
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# Public Health urges good hygiene habits to avoid swine flu

FRANKFORT — Kentucky Department for Public Health (DPH) officials are reminding Kentuckians to practice basic precautions such as hand washing and staying home when sick to help prevent the spread of novel H1N1 influenza (swine flu) as the state moves into the back to school season.

"Like the rest of the nation, we have continued to detect cases of H1N1 over the summer," said William Hacker, M.D., commissioner of DPH. "While the spread of H1N1 has been at a reduced rate in the past few months, we remain concerned about how widespread it may become as we move into the fall and our regular flu season. We want to remind Kentuckians to stay aware of new developments related to the flu and to focus on practicing good health

habits."

The Centers for Disease Control and Prevention (CDC) has told states to expect an increase in the number of cases of the H1N1 flu strain first identified in the spring, and which has since been declared a worldwide pandemic. Kentucky is also planning for a potential H1N1 vaccination campaign once vaccine becomes available.

Because the flu can spread easily among people in close contact and H1N1 has been more common in young people, health officials say it is especially important for those in school, day care or similar settings to practice good hygiene habits during the coming months. Common sense precautions to prevent illness include: avoiding close contact with those who are ill; staying home when sick; cov-

ering the mouth and nose when coughing or sneezing; avoiding touching the eyes, nose or mouth; and frequent hand washing.

Letters with information about H1N1 were recently sent to all Kentucky public school superintendents, in partnership with the Kentucky Department of Education.

"Kentucky public health is working closely with partners at the local, state and federal levels to respond appropriately to the H1N1 pandemic and to the regular seasonal flu that we expect later this year," said Dr. Hacker. "The illness that H1N1 causes is very similar to the seasonal flu to date, and most cases have not resulted in serious complications. We want parents to encourage good health practices among their children."

Symptoms of H1N1

influenza include fever, chills, headache, sore throat, cough, body aches, and may include vomiting or diarrhea. Individuals at higher risk for complications—such as those with chronic health conditions or who are pregnant—should contact a health care provider early, in case treatment with antiviral medication is necessary.

Recently the CDC stopped collecting and reporting case totals of H1N1 by state because surveillance efforts are meant to serve as a tracking system to follow the patterns and types of flu each year, rather than reflecting a full count of all flu cases. At this time, the majority of flu cases in the country are H1N1. Effective immediately, DPH will begin reporting a weekly level of flu activity on <http://healthalerts.ky.gov>

instead of individual case counts.

Currently, Kentucky's flu activity is classified as "sporadic," the lowest level indicating flu activity. Once seasonal flu strains begin to circulate, culture-confirmed case counts will also be available on a weekly basis, to give an indication of what types of flu are circulating throughout the state.

"Now that we have established that the new H1N1 strain is circulating widely throughout Kentucky, the nation and the world, we are transitioning to the same type of tracking system that we use for seasonal flu," said Kraig Humbaugh, M.D., state epidemiologist at DPH. "We will continue to make information about any new developments regarding H1N1 available immediately, and to report the

results of our surveillance efforts to monitor the spread of illness during the upcoming flu season."

Gov. Steve Beshear recently announced that Kentucky will hold a statewide Pandemic Influenza Summit on Sept. 3 at the Frankfort Convention Center to assist private and public stakeholders in preparing for any developments related to the novel H1N1 flu strain in the months ahead. Information on registration will be available soon.

For more information on swine flu, visit: [www.flu.gov](http://www.flu.gov). Individuals can also visit <http://healthalerts.ky.gov> for information on H1N1 and Kentucky, or follow KYHealthAlerts on Twitter to be notified when new information is posted at the Web site.

## Arrest

■ Continued from p1

making statements that she was the person identified on the license, police said.

When another officer arrived on scene to assist, he positively identified Howard and she was then placed under arrest, but not before shifting her vehicle into drive. Officers reached into the vehicle and placed it back into park, but said Howard then slammed the door, striking the officer, and placed the vehicle back into drive and attempted to run.

While inside the car, it was stated in the police report that Howard then struck the officer again and continued to resist arrest until taken successfully into custody.

Howard was charged with driving on a DUI-suspended license, no insurance, giving officers a false name or address, third-degree escape, second-degree wanton endangerment, disorderly conduct and resisting arrest.

## Wreck

■ Continued from p1

from the Pike County line when police located him.

At that time, Sykes allegedly smelled of alcohol and refused a sobriety test when asked by police to submit to one, and later refused a blood test when taken to the hospital himself.

When stopped along Route 122, police said Sykes told them he was "walking to a friend's house." The officers,

who had stopped Sykes at the house he had alleged was a friend's, asked the residents if they knew Sykes and the people responded that "they had never seen this man."

Sykes was charged with operating a motor vehicle while under the influence of alcohol or drugs, leaving the scene of an accident, failing to render aid or assistance, no insurance and no registration.

## Horse

■ Continued from p1

came up on Wednesday and gave it a lot of medicine and vitamins. He probably did a couple hundred dollars of work pretty much for free. Also, people have been donating stuff like feed and other supplies."

According to Fannin, who helped remove the horse from the property where it was located, neighbors said that another horse is somewhere on the property.

"They said it was in just about as bad of shape," Fannin said. "When we found this horse, it was lying on the ground in a garage. We are trying to locate the other horse."

Castle is being held at the Floyd County Detention Center on a \$2,500 cash bond.

For more information on donating items to help the horse, contact Jerry Fannin at (606) 886-2335.

## Energy

■ Continued from p1

cient boilers, retrofitted fluorescent lamps, LED exit lights, turning off water heaters at night, isolating gym floor lights and other future plans.

The board has also joined two programs that promote conservation and energy efficiency, becoming part of the Kentucky Energy Efficiency Program for Schools in November and also becoming an Energy Star partner.

The maintenance department presents a utility report

for each specific school where the Floyd County Board of Education holds its monthly meetings, and board members have the opportunity to ask questions about specific findings and to see if the move toward being energy efficient is paying off. The most recent report was for Allen Central High School, with all utilities for the building showing a decrease of \$22,587.99 from 2006 to 2008.

## Obituaries

■ Continued from p2

es were held Wednesday, August 5, under the direction of Grandstaff-Hentgen Funeral Servie, Wabash.

■ Dianna Sue Harris Wells, 54 of Van Lear, died Tuesday, August 4, at Highland Regional Medical Center, Prestonsburg. Funeral services were held Thursday, August 6 under the direction of Phelps & Son Funeral Home, Paintsville.

■ Anna Faye Ramey Younce, 62, of River, a Floyd County native, died Wednesday, August 5, at her residence. She is survived by her husband, Ronald K. Younce. Funeral services will

be held Friday, August 7, under the direction of Jones-Preston Funeral Home.

### MAGOFFIN COUNTY

■ Betty Meade Francis of Salyersville died Sunday, August 2. Funeral services were held Wednesday, August 5, under the direction of Magoffin County Funeral Home.

■ Chalmer Stephens, 66, of Salyersville, died Tuesday, August 4. Funeral services were held Thursday, August 5, under the direction of Magoffin County Funeral Home.

Unfortunately, some parents skip important step number three: Booster seats. Because their children have outgrown toddler seats, they mistakenly assume a safety belt is the next step. However, safety belts alone can be dangerous for kids who are under 4'9". Because safety belts don't fit these children properly, they can cause serious injuries to their face, neck and abdomen during a crash or sudden stop. In fact, kids 2-5 who wear

*the four safety-belt steps are not magical ... they're critical.*

safety belts alone are 4 times more likely to suffer head injuries than kids in car seats and booster seats. In addition, children 4-7 who use booster seats are a whopping 59% less likely to be injured in a crash than those only restrained by a safety belt. Booster seats raise your child up so that a safety belt (designed for adults) will fit and protect them properly. Remember, 4'9" is the magic number. Until then, kids really need to be in a booster seat. Booster seats work like...well, you know.

1 infant seat

2 toddler seat

3 booster seat

4 safety belt

[www.boosterseat.gov](http://www.boosterseat.gov)



# FAST AND FRESH

## Terrific meals in no time

FAMILY FEATURES

Summer calls for light meals that are full of flavor and can be tossed together in no time.

To take advantage of summer's fresh produce, award winning cookbook author and teacher Joanne Weir teamed up with Lindsay Olives to create simple and delicious signature recipes for summer eating.

Quick and easy to prepare, these tosses can be made in advance and enjoyed in multiple ways throughout the week.

**Fresh-From-the-Garden Olive Toss:** Fresh chives, parsley, lively lemon zest and savory olives bring summer to any dish.

**Mediterranean Olive Toss:** All the flavors of the Mediterranean come together in a tasty, sun-kissed marriage of tomatoes, olives, garbanzo beans, capers, garlic, herbs and balsamic vinegar.

**Santa Fe Olive Toss:** The taste of the Southwest comes alive with tangy olives, black beans, corn, cumin and fresh cilantro to create this Southwestern confetti.

Toss any of these with just-picked lettuces or cabbage, mix with hot or cold cooked rice or pasta, or serve on top of grilled chicken breast, skirt steak, or a barbecued turkey burger. At approximately 100 calories per serving, each Lindsay Olive Toss recipe is a tasty, healthy way to enjoy summer dining.

For more easy summer recipes, visit [www.lindsayolives.com](http://www.lindsayolives.com).



Fresh-From-the-Garden Olive Toss adds a fresh, savory taste to grilled chicken breasts.



Mediterranean Olive Toss transforms rotini — whether served hot or at room temperature.



The taste of the Southwest comes alive when Santa Fe Olive Toss is served on slaw.

### Mediterranean Olive Toss

Prep time: 30 minutes

Servings: 10

Serving size: 1/2 cup

- 1 jar (5.75 ounces) Lindsay Pimiento Stuffed Spanish Manzanilla Olives, drained, coarsely chopped or 1 jar (4.5 ounces) Lindsay Garlic Stuffed Queen Olives or 1 jar (6 ounces) Lindsay Greek Kalamata Pitted Olives
- 12 cherry tomatoes, halved
- 1 small red bell pepper, stemmed, seeded, and diced
- 1/2 red onion, peeled, and diced
- 1 cup canned garbanzo beans, drained and rinsed (about 5 ounces)
- 3 tablespoons drained capers
- 2 tablespoons balsamic vinegar or red wine vinegar
- 4 tablespoons extra virgin olive oil
- 1 clove garlic, minced
- 3 tablespoons chopped fresh basil
- 2 teaspoons chopped fresh oregano
- Salt and freshly ground black pepper to taste
- 4 ounces feta cheese, coarsely crumbled

In medium bowl combine olives, tomatoes, peppers, onions, beans and capers.

In small bowl, whisk together vinegar, olive oil and garlic. Add to olive mixture with basil and oregano; mix well. Season to taste with salt and pepper. Add feta and very gently toss together.

**Do ahead:** Can be made in advance and will keep for 7 days in your refrigerator.

**Nutrients per serving:** 147 calories, 99 calories from fat, 11g total fat, 6g monounsaturated fat, 10mg cholesterol, 588mg sodium, 8g total carbohydrates, 2g dietary fiber, 4g protein

### Fresh-From-the-Garden Olive Toss

Prep time: 30 minutes

Servings: 10

Serving size: 1/2 cup

- 1/2 cup Lindsay Black Ripe Pitted Olives, drained, coarsely chopped
- 1/2 cup Lindsay Naturals Green Ripe California Pitted Olives, drained, coarsely chopped
- 1 small celery stalk, diced
- 1 medium carrot, diced
- 1/4 Maui or other sweet onion, diced
- 1/2 cucumber, peeled, seeded, and diced
- 1 small green zucchini, unpeeled and diced
- 1 small yellow squash, unpeeled and diced
- 12 cherry tomatoes, halved
- 2 tablespoons chopped fresh parsley
- 2 tablespoons fresh chives, thinly sliced or 2 tablespoons dried chives
- 1 tablespoon finely shredded lemon peel
- 2 tablespoons freshly squeezed lemon juice
- 4 tablespoons extra virgin olive oil
- Salt and freshly ground black pepper to taste

In a medium bowl combine olives, celery, carrot, onion, cucumber, zucchini, yellow squash, cherry tomatoes, parsley and chives. Add lemon peel, lemon juice and extra virgin olive oil to bowl; mix well. Season to taste with salt and pepper.

**Do ahead:** Can be made in advance and will keep for 7 days in the refrigerator.

**Nutrients per serving:** 89 calories, 72 calories from fat, 8g total fat, 6g monounsaturated fat, 0mg cholesterol, 136mg sodium, 4g total carbohydrates, 2g dietary fiber, 1g protein

### Santa Fe Olive Toss

Prep time: 30 minutes

Servings: 10

Serving size: 1/2 cup

- 1 1/2 jars (4.5 ounces) Lindsay Spicy Jalapeño Flavor-full Queen Olives, drained, coarsely chopped (about 1 1/2 cups) or 1 can (6 ounces) Lindsay Black Ripe Pitted Olives or about 1 1/2 cups Lindsay Naturals Green Ripe California Pitted Olives, drained, coarsely chopped
- 1 ear cooked corn, cooled and kernels cut off the cob or 4 ounces canned sweet corn
- 1 small red bell pepper, stemmed, seeded, and diced
- 1 small yellow bell pepper, stemmed, seeded, and diced
- 5 green onions, thinly sliced
- 3/4 cup canned black beans, rinsed and drained
- 2 tablespoons freshly squeezed lime juice
- 4 tablespoons extra virgin olive oil
- 1 teaspoon ground cumin
- 1 teaspoon chili powder
- 1/4 cup chopped fresh cilantro
- Salt and freshly ground black pepper to taste

Combine olives, corn, peppers, green onions and black beans. In small bowl, whisk together lime juice and olive oil. Add cumin, chili powder and cilantro to olive mixture; mix well. Taste and season with salt and pepper as needed.

**Do ahead:** Can be made in advance and will keep for seven days in the refrigerator.

**Nutrients per serving:** 115 calories, 79 calories from fat, 9g total fat, 6g monounsaturated fat, 0mg cholesterol, 153mg sodium, 8g total carbohydrates, 2g dietary fiber, 2g protein



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## MOVIES FROM THE BLACK LAGOON

### 'Martyrs'

by TOM DOTY  
 TIMES COLUMNIST

A young woman seeks revenge against the warped family that held her captive as a child, in this harrowing film that plays like a revenge opus until the final 20 minutes.

It transcends the genre by revealing why these people would kidnap an innocent child and what they hope to get for brutally torturing another human being. It accomplishes all of this while depicting the suffering of another person to such an extent that I hesitate to recommend this to anyone with a weak constitution.

The film begins with a heart-wrenching jolt as a young girl escapes from captivity and emerges onto a city street screaming for her life. We learn that her name is Lucie. She is remanded to a psychiatric hospital where she is befriended by another child, Anna. The doctors realize that an awesome shock has impacted this child, but they can pry nothing out of her despite resorting to using Anna as a go-between.

The film then jumps ahead 15 years and introduces a family enjoying a Sunday breakfast.



Tom Doty  
 Times Columnist

(See LAGOON, page three)

## This Town, That World

**Editor's Note:** For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request.

### SO WE LEARN

Inflation, we learn via the corner drugstore, is highly educational. "Why" this philosopher philosophized, "if it wasn't for inflation, people wouldn't know beans."

□ □ □

And they say mothers have a new means of whipping Junior into line, these days. "If you don't eat your dessert, buster, you get no meat."

### A THREATENING NOTE

Some years ago, as I may have previously confessed, I made one of my less sensationally successful business transactions, when I acquired my one and only lifetime subscriber. James Morell tempted me with \$20 or \$25. I forget which—back in the days when a dollar looked as big as a wagon wheel. But, I enjoy having him as a reader, especially when he sends me a note such as the following from San Angelo, Texas:

"I want to put you on notice that should any more, of your children get married in Texas and I don't receive a wedding invitation. I will have to seriously consider, cancelling my subscription to your paper."

### FRIENDS IN NEED

While Bud Perry and I have been sidling up on the "off" side of every other person having any-

(See ALLEN, page two)



The Piarist School is playing host to 26 outreach workers from Wisconsin this week. The group is replacing and repairing windows at homes in Magoffin County until tomorrow.

# HELPING HANDS

## Piarist outreach program assists in a variety of ways

by SHELDON COMPTON  
 STAFF WRITER

MARTIN — Outreach organizers at the Piarist School such as Audrey Collins are at it again, this time in Magoffin County.

It's that time of year again when Collins starts working with outreach participants for summer programs primarily involving home repairs.

This summer, 26 adults and teens from Wisconsin have made the Odd Fellows Youth Camp in Prestonsburg their home for a week while repairing windows in a community in Magoffin County, and have been all smiles while doing so, Collins says.

"You should see them," she said Thursday. "Here they were with mud up to their kneecaps and line dancing in the evenings. They really want to be doing what they're doing."

And so does Collins, who can always be found moving from one plan to the next within the halls of the school.

Father Thomas Carroll says he couldn't have found a better pick for an outreach program director at the private Catholic school in Martin.



"I found a wonderful person to do this in Audrey," Carroll said, adding that the requests that often come in

never cease to surprise him. "What fascinates me is the number of requests we get for school supplies

from public schools." Which brings us to the many other functions the outreach program takes part in.

Since starting in her position seven years ago, Collins has expanded the program from holiday gift giving and food donations to encompass a wide range of charitable efforts.

Those efforts include, as with the visitors from Wisconsin, emergency home repair work, a Christmas gift drive that grew from a few hundred donations to more than 1,000 gifts given out this past holiday season, making mix CDs for hospice residents, clothing donations during summer and winter and countless other efforts.

"I work anywhere from 40 to 60 hours a week, especially during the summer and winter," Collins said. "During the winter, for instance, I go door to door in the region to give gifts and other donations. I do this by names that are given to us for people who might need the help, but there are other times I just stop when I see a house that has old toys in the yard."

The Piarist outreach program is run entirely from donations.

### DINNER DIVA

# Produce keeping tips



One place you can really get nailed on is buying fresh produce. Produce will only keep so long so you absolutely have to have a plan to use it up. If all you do is buy it and let it sit in your fridge, you might as well start flushing five-dollar bills down the toilet!

But still the question remains, how do you keep your produce fresh? That's a great question and for sure, the answer varies according to what you have. Let's tackle the most common fruits and veggies, shall we?

First up, some things you need to know. There is a certain chemical com-

pound called ethylene that is released as produce ripens. This ripening action builds up in a closed plastic bag so the gas makes your food break down quicker. What I do is keep the bags open to avoid that too quick ripening factor. If you take it out of the bags, it will dry out so opening the bag really helps to preserve it. Check too with the packaging you bought your produce in. Often times, these bags have little holes in them to allow the ethylene to release without drying out.

Secondly, there are things that should refrigerated and there are others that

should not. Here is a list of stuff to store in your pantry—

- Onions
- Potatoes
- Garlic
- Shallots
- Hard winter squashes
- Sweet potatoes

Keeping these guys away from the light will help prolong their shelf life and stop your potatoes and onions from sprouting.

Here is a list of stuff to stick in the

(See DIVA, page two)

### inside lifestyles

**CAR TALK**  
 How to gently get out of a squeeze

— page B3



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**Fun & Games**

page B8









FLOYD COUNTY



# Faith and Family



## Local pastor presented with Denman Award

Alan David Proffitt was honored as the recipient of the Harry Denman Evangelism Award by Bishop Lindsey Davis during the Methodist Annual Conference held in Covington, on June 3-6.

The award, envisioned and established by Dr. Harry Denman 60 years ago, seeks to celebrate those persons whose personal ministry in evangelism personifies living the Gospel

of Jesus Christ daily and spreading the word of truth and love daily to all whom they may meet. Proffitt is one of only 94 persons to have received the award.

David Proffitt has been the Pastor of the Emma United Methodist Church since June 5, 2005. Since his tenure there, he has baptized 24 people into the church. Twenty-three others have joined through letter.

Outreach activities include the expansion of missionary activities such as supporting the Gulu Missions in Africa and a partnership with a local elementary school. Pastor Proffitt has instituted a Wednesday Night Bible Study and a Leadership Team who meet quarterly to discuss goals and issues that may affect the church. The congregation has completed "Seven Great Sundays of Growth"

whereby members pledged to attend Sunday school, Church, and Wednesday Night Bible study.

In addition to serving as pastor at Emma United Methodist Church, he teaches religion and philosophy at the Big Sandy Community and Technical College. He and his wife Darlene live near Salyersville.

## 'Back to Church' campaign to woo 'de-churched' and 'un-churched'

SAN DIEGO, Calif. - As millions of Americans head back to school, organizers of a new faith-based outreach campaign hope that millions more will come back to church as well.

The "Back to Church Sunday" campaign (<http://www.backtochurch.com>) from San Diego-based Outreach Inc. makes it easy for church members to invite their friends and family by creating a worship service specifically geared toward visitors.

The program kicks off with national "Back to Church Sunday" on Sept. 13 aimed at reaching the "un-churched" and "de-churched" - people who used to go to church, but don't any more.

The campaign is based on a simple idea. If you ask un-churched people to come with you to church-mostly likely they'll say yes.

LifeWay Research, an arm of the Southern Baptist Convention, found that 82 percent of un-churched people surveyed said that they'd be open to visit a church, if a friend or family member invited them.

Unfortunately, said Thom Rainer, president of LifeWay, few church members invite their friends and neighbors. "Only two percent of church members invite an un-churched person to church," he says. "Ninety-eight percent of churchgoers never extend an invitation in a given year."

While most Americans say they believe in God, and many tell pollsters that they attend church regularly, only about 20 percent of Americans actually show up in church on Sunday, according to the "The American Church in Crisis," a recent study of church attendance.

Organizers say most people who drop out of church haven't lost their faith in God. Instead, they fell out of the habit of churchgoing. Some moved or had another change in life circumstances, or had a falling out with their former church and simply drifted away. Most often, life simply became too busy.

That means they are open to returning to church.

"Many de-churched people are a simple re-invitation away," says Mark Batterson, of the National Community Church in Washington, D.C.

Inviting newcomers is only part of the campaign. The other part is getting the church ready for them to show up.

Outreach has put together several tools to help churches prepare for visitors.

A free downloadable planning guide offers advice on everything from sermon planning to instructions for greeters. Churches are asked to plan for the program and to make sure their buildings are visitor friendly. They're also encouraged to pay attention to small details-like clear signage and clean bathrooms-that are important to visitors.

"When people come to church for the first time, or come back after a long absence, they notice everything," says Nelson Searcy, lead pastor of The Journey in New York City. "In fact, most of them form innate judgments about the environment within seven seconds of walking through the door."

Organizers point out that returning to church is a process. "Rebuilding trust with this group is essential, and building trust requires authenticity and consistency," says

the campaign-organizing guide. "Otherwise, your returning guests may feel that you have tried a 'bait and switch.'"

Along with the campaign planning guide and an interactive Facebook page (<http://www.facebook.com/backtochurch>), Outreach has put together a "Rethink Church" booklet, addressing the 10 top reasons why people drop out of church, along with videos, articles and other resources. The booklet addresses common objections such as, "I don't believe in organized reli-

gion," "Church is boring," and "Christians are judgmental and hypocritical."

"Back to Church Sunday has the potential to be a day that changes the future course of someone's life," says Chad McCallum, lead pastor of Compass Church in Byron Center, Mich. "In a world where so many people fall into the definition of 'de-churched,' this is a doable effort for any church that wants to reach more people for Christ."

Outreach, Inc. (<http://www.outreach.com>) is the largest provider of out-

reach products and services in North America, including "Outreach" magazine, the most-read pastor's magazine in the world. The company was launched with the mission of empowering Christian churches to reach their communities for Jesus Christ. Outreach, Inc. endeavors to create a network of churches and ministries working together to invite and connect every person in America to a Bible-believing church and ultimately into a personal relationship with Jesus Christ.

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**CRIT LUALLEN**  
**AUDITOR OF PUBLIC ACCOUNTS**

The Honorable Robert Marshall, Floyd County Judge/Executive  
 The Honorable Chris Waugh, Floyd County Clerk  
 Members of the Floyd County Fiscal Court

Independent Auditor's Report

We have audited the accompanying statement of revenues, expenditures, and excess fees - regulatory basis of the County Clerk of Floyd County, Kentucky, for the year ended December 31, 2008. This financial statement is the responsibility of the County Clerk. Our responsibility is to express an opinion on this financial statement based on our audit.

We conducted our audit in accordance with auditing standards generally accepted in the United States of America, the standards applicable to financial audits contained in Government Auditing Standards issued by the Comptroller General of the United States, and the Audit Guide for County Fee Officials issued by the Auditor of Public Accounts, Commonwealth of Kentucky. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statement is free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statement. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

As described in Note 1, the County Clerk's office prepares the financial statement on a regulatory basis of accounting that demonstrates compliance with the laws of Kentucky, which is a comprehensive basis of accounting other than accounting principles generally accepted in the United States of America.

In our opinion, the financial statement referred to above presents fairly, in all material respects, the revenues, expenditures, and excess fees of the County Clerk for the year ended December 31, 2008, in conformity with the regulatory basis of accounting described in Note 1.

In accordance with Government Auditing Standards, we have also issued our report dated May 8, 2009, on our consideration of the Floyd County Clerk's internal control over financial reporting and on our tests of its compliance with certain provisions of laws, regulations, contracts, and grant agreements and other matters. The purpose of that report is to describe the scope of our testing of internal control over financial reporting and compliance and the results of that testing, and not to provide an opinion on the internal control over financial reporting or on compliance. That report is an integral part of an audit performed in accordance with Government Auditing Standards and should be considered in assessing the results of our audit.

This report is intended solely for the information and use of the County Clerk and Fiscal Court of Floyd County, Kentucky, and the Commonwealth of Kentucky, and is not intended to be and should not be used by anyone other than these specified parties.

Respectfully submitted,  
  
 Crit Luallen  
 Auditor of Public Accounts

May 8, 2009  
 State law requires the Auditor of Public Accounts to annually audit fiscal courts, county clerks, and sheriffs; and print the results in a newspaper having general circulation in the county. The complete audit and any other audit of state agencies, fiscal courts, county clerks, sheriffs, property valuation administrators may be viewed in the reports section of the Auditor of Public Accounts' website at [www.auditor.ky.gov](http://www.auditor.ky.gov) or upon request by calling 1-800-247-9126.

**CRIT LUALLEN**  
**AUDITOR OF PUBLIC ACCOUNTS**

The Honorable Robert Marshall, Floyd County Judge/Executive  
 The Honorable John K Blackburn, Floyd County Sheriff  
 Members of the Floyd County Fiscal Court

Independent Auditor's Report

We have audited the accompanying statement of revenues, expenditures, and excess fees - regulatory basis of the Sheriff of Floyd County, Kentucky, for the year ended December 31, 2008. This financial statement is the responsibility of the Sheriff. Our responsibility is to express an opinion on this financial statement based on our audit.

We conducted our audit in accordance with auditing standards generally accepted in the United States of America, the standards applicable to financial audits contained in Government Auditing Standards issued by the Comptroller General of the United States, and the Audit Guide for County Fee Officials issued by the Auditor of Public Accounts, Commonwealth of Kentucky. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statement is free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statement. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

As described in Note 1, the Sheriff's office prepares the financial statement on a regulatory basis of accounting that demonstrates compliance with the laws of Kentucky, which is a comprehensive basis of accounting other than accounting principles generally accepted in the United States of America.

In our opinion, the financial statement referred to above presents fairly, in all material respects, the revenues, expenditures, and excess fees of the Sheriff for the year ended December 31, 2008, in conformity with the regulatory basis of accounting described in Note 1.

In accordance with Government Auditing Standards, we have also issued our report dated June 3, 2009, on our consideration of the Floyd County Sheriff's internal control over financial reporting and on our tests of its compliance with certain provisions of laws, regulations, contracts, and grant agreements and other matters. The purpose of that report is to describe the scope of our testing of internal control over financial reporting and compliance and the results of that testing, and not to provide an opinion on the internal control over financial reporting or on compliance. That report is an integral part of an audit performed in accordance with Government Auditing Standards and should be considered in assessing the results of our audit.

This report is intended solely for the information and use of the Sheriff and Fiscal Court of Floyd County, Kentucky, and the Commonwealth of Kentucky, and is not intended to be and should not be used by anyone other than these interested parties.

Respectfully submitted,  
  
 Crit Luallen  
 Auditor of Public Accounts

June 3, 2009  
 State law requires the Auditor of Public Accounts to annually audit fiscal courts, county clerks, and sheriffs; and print the results in a newspaper having general circulation in the county. The complete audit and any other audit of state agencies, fiscal courts, county clerks, sheriffs, property valuation administrators may be viewed in the reports section of the Auditor of Public Accounts' website at [www.auditor.ky.gov](http://www.auditor.ky.gov) or upon request by calling 1-800-247-9126.





fun & games

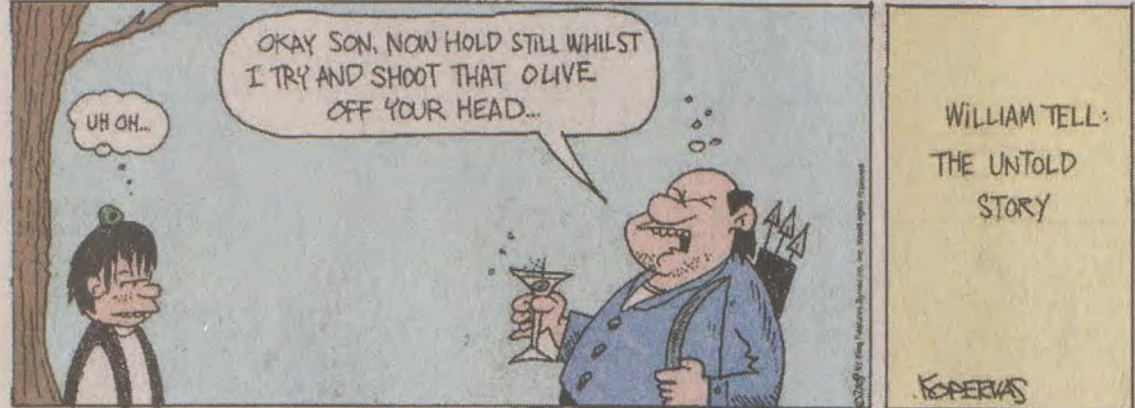
Amber Waves

by Dave T. Phipps



Out on a Limb

by Gary Kopervas



R.F.D.

by Mike Marland



The Spats

by Jeff Pickering



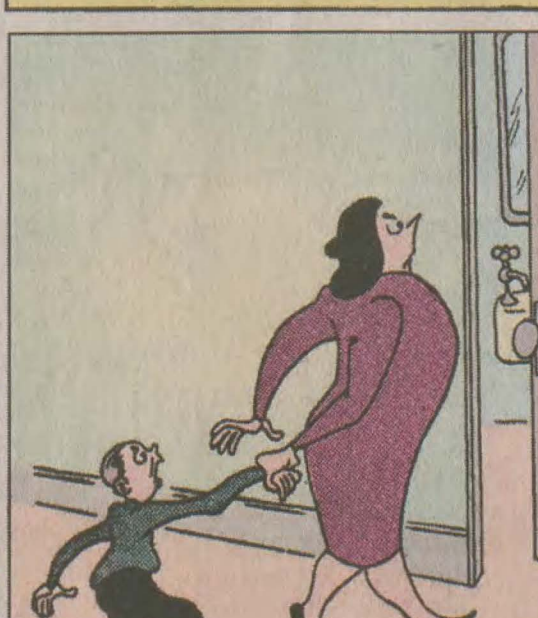
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Just Like Cats & Dogs

by Dave T. Phipps

LAFF - A - DAY



"Why wash to go to the movies? You sit in the dark!"

King Crossword

- ACROSS 1 Quantities stolen 6 Boom times 9 Harvest goddess 12 Up to 13 Enthusiast 14 Torched 15 Mrs. Gorbachev 16 Render untraditionally 18 Incision implement 20 Leak slowly 21 Mueller's org. 23 State of India 24 Twangy 25 Lounge about 27 Unfriendly 29 EBBs collectively 31 Veer 35 Excuse 37 Stench 38 Story-telling brother 41 Scarlet 43 Wolfed down 44 Carry on 45 Breakfast choice 47 Put on a pedestal 49 Oust 52 Round Table address 53 La -, Bolivia 54 Bakery

Grid for King Crossword with numbers indicating start of words.

- 10 Fast food choice 11 Bessemer product 17 Hammock occupant 19 Raccoon's cousin 21 Winter bug 22 - -relief 24 Without delay 26 Canine coat 28 Wickerwork willow 30 Freddy's street 32 Become aware of 33 Examine 34 - out a living 36 Pleasant wind 38 Mill fodder 39 TV's ancestor 40 Scrimshaw material 42 Gary Cooper role 45 Despot 46 Declare 48 Wall St. debut 50 Bee follower 51 Potent stick

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Weekly SUDOKU

by Linda Thistle

9x9 grid for Weekly Sudoku with some numbers pre-filled.

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging ★★★ HOO BOY!

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HOCUS-FOCUS BY HENRY BOLTIHOFF



Find at least six differences in details between panels.



Differences: 1. Tattoos' letters are staggered 2. Different boy building hat 3. "Morn" tattoo is added 4. Bricks added to building 5. Snake is longer 6. Boy's nose is different

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: E equals O

HY ZU MHOQFQU H RFTC PEMMCPJCX YETCMW WEZC PEEIOEEIW, FYX JRC QCWJ HW RHWJEQU.

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In my library I have collected novels, some cookbooks, and the rest is history.

CryptoQuip

answer

Trivia test by Fifi Rodriguez

- 1. GEOGRAPHY: What two bodies of water does the Strait of Hormuz link? 2. GEOLOGY: What kind of land form is described as a flat-topped hill with steep sides? 3. LITERATURE: The term Bildungsroman is used to describe what kind of novel? 4. SPORTS: What is the lightest weight classification in boxing? 5. AD SLOGANS: What company introduced the slogan, "We answer to a higher authority"? 6. TELEVISION: What phrase was on the UFO poster in Agent Mulder's office in "The X-Files"? 7. MOVIES: In which movie was the following line uttered, "Take a chance. Hire the smart, fat girl"? 8. LANGUAGE: "Jarhead" is slang for what kind of military personnel? 9. MUSIC: What kind of musical instrument is a sitar? 10. MEDICINE: What would a patient with "ankylosis" be suffering from?

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- 1. Persian Gulf and Gulf of Oman 2. A butte 3. A novel that deals with the growth of the main character 4. Straw weight (maximum 105 pounds) 5. Hebrew National 6. I Want to Believe 7. "The Devil Wears Prada" 8. A U.S. Marine 9. Indian lute 10. A stiff joint

Grid for Trivia test answers.

Solution time: 27 mins.

King Crossword

Grid for King Crossword answers.

Weekly SUDOKU

Answer