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Volume 83, Issue 80 • 75 Cents



Employees of the Prestonsburg Equine Center, along with some concerned citizens, work to help get a malnourished horse back on its feet on Thursday. The horse was brought to the center after being removed from the custody of its owner, James Castle. Castle was arrested and charged with second-degree cruel-

Volunteers work to save horse; owner arrested

by JARRID DEATON FEATURES WRITER

PRESTONSBURG - Its ribs moved slightly with each breath, but the rest of the 2-year-old horse's body remained motionless as concerned people at the Prestonsburg Equine Center did what they could to make the emaciated animal com-

The horse, reportedly belonging to James Castle, was found near Cow Creek on Tuesday and transported to the center to receive care, but its condition worsened over the course of two nights, and it slipped sleep at night knowing their horse from the special harness that held it upright on Wednesday night and landed on its side, where it remained on Thursday as workers attempted to get the animal standing again.

Castle, 25, was arrested and charged with second-degree cruelty

to animals on Wednesday. According to the police report, the horse was extremely malnourished. The arresting officer also

took pictures of the horse.

"I don't see how somebody can was out there starving like this, said Pat Goble, manager of the Prestonsburg Equine Center. "He has such a will to live.

The horse was back in the harness a little after noon on Thursday, and Prestonsburg Mayor Jerry Fannin praised all of those involved in caring for the animal.

"It's back to eating a little now," Fannin said. "Dr. Rudolph Ousley

(See HORSE, page seven)

Man arrested after allegedly walking away from wreck

by SHELDON COMPTON STAFF WRITER

MELVIN - A Shelbiana man found himself behind bars in Floyd County after police say he wrecked his vehicle, hospitalizing his passenger, then attempted to walk away from

According to police, Robert Derek Sykes, 39, was traveling along Route 122 in the Melvin area when he wrecked his vehicle in a

Police said they received a 911 call, arrived on scene to find the vehicle and said Sykes' unnamed passenger was later transported to the hospital for treatment. Before being taken, the passenger told police that Derek Sykes had been driving at the time of the wreck.

A search was inititated and officers found Sykes some time later walking Route 122 toward Pike County. He was roughly 500 feet

(See WRECK, page seven)

Woman accused of fighting cops after traffic stop

by SHELDON COMPTON STAFF WRITER

PRESTONSBURG - Mina Howard, 42, of Spurlock, was arrested this past week after police say she was found driving under the influence after a chase that resulted her attempting to escape from custody.

Police say they received a call of a vehicle running another driver off the road and later made contact with Howard by passing her. While passing her, they say the 42-year-old almost struck the police cruiser before they brought her to a stop.

At that time, the reports say that Howard gave police another person's driver's license when asked for license and insurance, also

(See ARREST, page seven)

School enlists technology to save on energy costs

by JARRID DEATON FEATURES WRITER

ALLEN - The Floyd County Board of Education wants its schools to be energy efficient, and the maintenance department is taking advantage of new technology to keep costs down and efficiency up, including the ability to monitor energy use and control temperatures in the schools from the main office in Allen.

"We take the date from each school and compare it," said Ralph Goble, coordinator of facility support and energy manager. "We look for ways to make things more energy efficient. We hope to have an energy policy for the district to follow in the near future."

The maintenance department is involved in ongoing energy savings projects at the schools in the district, including delamping, motion sensor lights that turn on when somebody enters a room and turns off when they leave, timers on outside lights, programmable thermostats, energy effi-

(See ENERGY, page seven)



Ralph Goble, coordinator of facility support and energy manager for the maintenance department of the Floyd County Board of Education, demonstrates the computer software that allows temperature and other energy-related controls to be manipulated and monitored in all schools from the maintenance office in Allen.

photo by Jarrid Deaton



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Semi

detai

loans

PIKEVILLE -

University's East Kentucky

Development Center will

present "SBA Loans" on

present and prospective

small business owners who are interested in

financing for their busi-

The seminar is for both

The free workshop will

The presenter will be

be held at the Big Sandy

Community and Technical

College, 120 S. Riverfill

Drive in Pikeville, from

Mike Morley, director of

at the seminar are: ARC Loan, SBA Express, and

Community Express and

Training programs, sponsored or co-sponsored by SBDC, are avail-

able to all individuals with-

For a list of upcoming events, visit the Web site

www.moreheadstate.edu/s

or Linda Casebolt at (606)

2 DAY FORECAST

High: 85 • Low: 65

High: 92 • Low: 67

For up-to-the-minute

Obituaries.....A2

Opinion.....A4

Sports......B1

LifestylesB3

Faith & FamilyB5

Classifieds.....B6

forecasts, see floydcountytimes.com

inside

Tomorrow

cloudy

cloudy

432-5848.

Today

Additional information is available by calling Morley

out regard to race, color, sex, creed or national ori-

Patriot Express.

MSU's Small Business

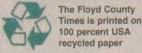
Development Center. Topics to be covered

5:30-7:30 p.m.

Morehead State

Small Business

Tuesday, Aug. 11.





Obituaries

Margaret "Peggy" Fitzpatrick Marshall

Margaret "Peggy" patrick Marshall passed away Sunday, August 2, 2009.

Peggy is survived by her loving and devoted husband, Arthur Marshall; their beloved son, Donald Patrick "Pat" Marshall; friend and her daughter-in-law, Marshall; along with numerous much-loved cousins, nieces and nephews, family members and friends.

Peggy will be laid to rest at the family cemetery, along with her other family members at the family farm in Prestonsburg.

A simple family service will be held at the farm at a later

In lieu of flowers, please send donations to:

DDD & CPS Animal Shelter P.O. Box 1502 Prestonsburg, KY 41653 (paid obituary)

000



Wilma Louise Mullins

Wilma Louise Mullins, 79, of Wheelwright, died Monday, August 3, 2009, at Cabell-Huntington Hospital.

Born November 9, 1929, in Roaring Fork, Virginia, she was the daughter of the late James Farris and Glessie Marie Boggs Mullins. She was a homemaker and of the Freewill Baptist faith.

She was never married.

Survivors include three brothers: Verlin Paul Mullins Mullins of Lexington, and Larry R. Mullins of Ohio; and two sisters: Nona Lee Mullins Wheelwright.

In addition to her parents, she was preceded in death by three brothers: Ottis Doyle Mullins, Charles Edward Mullins, and Kenneth Ray Mullins; and one sister, Sharon Boyd.

Funeral services will be held Friday, August 8, at 1 p.m., at Nelson-Frazier Funeral Home, in Martin, with Wheelwright Freewill Baptist ministers offi-

Burial will be in the Buckingham Cemetery, in Bevinsville.

Visitation is at the funeral (Paid obituary)

000

Donna Sue Pitts

Donna Sue Pitts, age 63, of Nancy, passed away Monday, August 3, 2009, at the Lake Cumberland Regional Hospital.

She was born June 17, 1946, in Garrett, the daughter of the late Norman and Mable Moore Bentley. She was a manager for S Mart Store, and was of the Old Regular Baptist faith. She enjoyed researching family trees, building computers, and going to church.

She is survived by "Kayo" Lacy Pitts, her husband of 42 years; a son, Lacy Brian Pitts of Nancy; a daughter, Serena (and Zac) Gordon of Lexington; three brothers: Phillip (and Betty) Bentley of Vest, Ricky Bentley and Randy (and Sandy) Bentley, all of Garrett; and a sister, Saundra Conley of Martin.

Preceding her in death were her parents and a brother, Franklin Bentley.

Funeral services will be held on Saturday, August 8, at 11:00 a.m., at the Chapel of Lake Cumberland Funeral Home, with Rev. Phillip Williams officiating.

Burial will be in the Pottershop Cemetery, in Jabez. Visitation for Mrs. Pitts will be Friday, August 7, after 5:00 p.m., at Lake Cumberland Funeral Home, 1046 West Highway 80, Somerset.

Condolences can be sent to www.lakecumberlandfuneralof Weeksbury, James Douglas home.com for the family of Donna Pitts.

Lake Cumberland Funeral Home is entrusted with and Mildred Ferrell, both of arrangements for Donna Pitts.



Dr. Matthew Christopher, left, has joined Dr. Philip Simpson at the practice of Simpson Chiropractic.

Simpson Chiropractic expands

PRESTONSBURG — As South Carolina, and brings with of this month, you may see a new face around town. After more than 30 years of serving Eastern Kentucky, Simpson Chiropractic has expanded their services and their office hours with the addition of Matthew Christopher, D.C.

Dr. Christopher is a native of Spartanburg, S.C. Prior to becoming a chiropractor, he was a pastor, missionary and worship leader for seven years, during which time he learned to fluent Spanish. Christopher received his undergraduate degree in Spanish from the University of South Carolina, was awarded a Diploma of Biblical studies from the Instituto Biblico de Amistad De Xalapa, and graduated with honors Sherman College of Straight Chiropractic in Spartanburg, S.C. He joins Simpson Chiropractic after working in one of the most high-tech chiropractic and reha-

bilitation centers in the state of

him some of the most current methods of chiropractic treatment available for a variety of musculoskeletal conditions.

Dr. Christopher is also is certified by Safe Kids Worldwide as a Child Passenger Safety Technician. Christopher partners with Safe Kids Worldwide and the National Highway Traffic Safety Administration to conduct child seat safety inspections at the Prestonsburg office of Simpson Chiropractic.

Simpson Chiropractic has the experience and technology to treat many musculoskeletal conditions that result from auto accidents, workplace accidents, and the stresses of daily life. The office is located at 1938 Kentucky Route 321 in Prestonsburg.

For more information on child seat inspection or to schedule a chiropractic appointment, call the office at (606) 886-1416.

Regional Obituaries

FLOYD COUNTY

Rosemary Castle Case, 40, of Printer, died Sunday, August 2, at U.K. Medical Center, Lexington. Funeral services were held Thursday, August 6, under the direction of Nelson-Frazier Funeral Home.

■ Nella Faye Chaffins, 67, of Garrett, died Sunday, August 2, in Highlands Regional Medical Center Prestonsburg. Funeral services were held Wednesday, August 5, under the direction of Hall Funeral Home.

Opal Clark, 79, of Nicholasville, died Monday, July 27, in Nicholasville. Funeral services were held Friday, July 31, under the direction of Betts and West Funeral Home, in Nicholasville.

Ada Lou Combs, 54, of Prestonsburg, died Friday, July 31, at the Pikeville Medical Center. She is survived by her husband, Johnny Combs. Funeral services were held Monday, August 3, under the direction of Nelson-Frazier Funeral Home.

Bordie Conley, 85, of Wayland, died Tuesday, July 21. Funeral services were held Friday, July 24, under the direction of Nelson-Frazier Funeral Home.

■ Mary Rebecca "Becky" Elliott, 92, of McDowell, died Sunday, August 2, at her residence. Funeral services were held Wednesday, August 5, under the direction of Nelson-Frazier Funeral Home.

Lena L. Bradley Hopkins, 99, of Wayland, died Friday, July 10, at Hazard Appalachian Regional Medical Center. Funeral services were held Sunday, July 12, under the direction of Hall Funeral

■ Alma Johnson, 80, of Kite, died Saturday, August 1, at the McDowell ARH. Funeral services were held Wednesday, August 5, under the direction of Nelson-Frazier Funeral Home.

■ Glenda Sue Keene, 64, of Frankfort, formerly of Floyd County, died Friday, July 31, in St. Joseph Hospice Care Center in Lexington. Funeral services were held Tuesday, August 4, at Hall Funeral Home in

Margaret "Peggy" Fitzpatrick Marshall, died Sunday, August 2. She is survived by her husband. Arthur Marshall. She will be laid to rest at the family farm cemetery, in Prestonsburg. A simple family service will be held at a later date

Rudolph "Corky" Meadows, 60, of Ironton, a Prestonsburg native, died Monday, August 3, in Community Hospice Care Center in Ashland. He is survived by his wife, Linda Wilson Meadows. Funeral services were held Friday, August 7, under the direction of Phillips Funeral Home.

■ Wilma Louise Miller, 79, of Wheelwright, died Monday, August 3, at Cabell-Huntington Hospital. Funeral services were held Friday, August 8, under the direction of Nelson-Frazier Funeral Home.

■ Jimmy Ray Mullins, 67, of Hueysville, died at home. He is survived by his wife, Rebecca Newsome Mullins. Funeral services were held Wednesday, July 29, under the directin of Nelson-Frazier Funeral Home.

■ Shawn Douglas Page, 18, of McDowell, died Friday, July 23, at McDowell. Funeral services were held Monday, July 27, under the direction of Nelson-Frazier Funeral Home.

Services for Ronald B. Tackett, 59, of Frankfort, formerly of Floyd County, were held in Rogers Funeral Home, Frankfort, at 1:00 pm., Tuesday, August 4,. He is survived by his wife, Clementene Roberts.

Jesse Wilkinson, 76, of Harold, died Wednesday, July 29, at Parkview Nursing & Rehabilitation Center. Funeral services were held Saturday, Aug. 1, under the direction of J.W. Call Funeral Home.

LAWRENCE COUNTY

■ Nellie M. Daniels, 82, of Louisa, died Wednesday, August 5, in Three Rivers Medical Center in Louisa. Funeral services will be at 11 a.m., Saturday, August 8, under the direction of Wilson Funeral Johns Creek, a McDowell

 Ruby Jordan Douglass, 55, of Blaine, died Tuesday, August 4, at her residence. She is survived by her husband, John Douglas. Funeral services will be at 1 p.m. Friday, August 7, under the direction of Wilson Funeral Home.

■ Paul Edward Thompson, 45, of Tampa, Fla., a native of Louisa, died Saturday, August 1, in Tampa. Funeral services were held Friday, August 7, under the direction of Young Funeral Home.

KNOTT COUNTY

■ Tilda Mae "Granny" Bowens, 93, of Hazard, died Sunday, July 19. Funeral services were held Wednesday, July 22, under the direction of Hindman Funeral Services.

■ Myrtle Lovins Cornett, 91, of Hindman, died Friday, July 24, at the Knott County Nursing Home. Funeral services were held Sunday, July 26, under the direction of Hindman Funeral Services.

■ Christeana H. Fields, 80, of Pine Top, died Tuesday, July 21, at her home. Funeral services were held Friday, July 24, under the direction of Hindman Funeral Services.

Ray McIntosh, 56, of Redfox, died Wednesday, July 22, at the UK Medical Center in Lexington. Funeral services were held Saturday, July 25, under the direction of Nelson-Funeral Home, Frazier Hindman.

■ Eva Gaheart Gibson Slone, 67, of Hindman, died Saturday, July 25, at the Central Baptist Hospital, Lexington. Funeral services were held Tuesday, July 28, under the direction of Nelson-Frazier Funeral Home, Hindman.

■ Bulah Faye Strong, 67, of Dwarf, a native of Elmrock, died Tuesday, July 21, at the Pikeville Medical Center. Funeral services were held Friday, July 24, under the direction of Nelson-Frazier Funeral Home, Hindman.

PIKE COUNTY

■ Andrea Lea Abshire, 40, of Steele, died Saturday, Aug. 1, at her home. Funeral services were held Tuesday, August 4, under the direction of Bailey Funeral Home.

Dottie L. Brown, 69, of orton Creek died Sunday. August 2, at Pikeville Medical Center. She is survived by her husband, James Brown. Funeral services were held Tuesday, August 4, under the direction of Hall & Jones Funeral Home.

■ Maxine Robinette Davis, 77, of Varney, died Monday, July 27, at Pikeville Medical Center. Funeral services were held Saturday, Aug. 1, under the direction of J.W. Call Funeral Home.

Leon Ford, 76, of Pikeville, died Thursday, July 30, at Pikeville Medical Center. Funeral services were held Sunday, Aug. 2, under the direction of Community Funeral Home.

Mya Janae Coleman Hunter, infant daughter of Samantha Jo Coleman and Terry Wayne Hunter Jr., was stillborn at Pikeville Medical Center, Tuesday, July 28. Arrangements were under direction of Lucas & Son Funeral Home.

■ Hurley Johnson, 83, of Virgie, died Sunday, August 2, at his home. Funeral arrangements, under the direction of Hall & Jones Funeral Home.

■ Bonnie Jean May, 77, of Huddy, died Saturday August 1, at Parkview Manor Nursing & Rehabilitation Robinson Creek. Graveside funeral services were held Monday, August 3, under the direction of R. E. Rogers Funeral Home.

■ Ben Maynard, 93, of Shelbiana, died Saturday, July 25, at his home. Funeral services were held Tuesday, July 28, under the direction of Community Funeral Home.

James Randall Maynard 46, of Turkey Creek, died Friday July 31, in Williamson, W.Va. He is survived by his wife, Melissa Hitchcock Maynard. Funeral services were held Tuesday, August 4, under the direction of R.E. Rogers Funeral Home.

Opal Maynard, 82, of

native, died Friday, July 24, at her residence. She is survied by her husband, Arvid Arnold Maynard. Funeral services were held Sunday, July 26, under the direction of Community Funeral Home.

Suzy Belle Ramey McGhee, 74, of Pikeville, died Sunday, July 26, at her home. Graveside services were held Wednesday, July 29, under the direction of J.W. Call Funeral

Bill Osborne, 62, of Pikeville, died Monday, July 27, at Pikeville Medical Center. He is survived by his wife, Lynn Fields Osborne;. Funeral services were held Thursday, July 30, under the direction of J.W. Call Funeral Home.

Arlin Michael Robinson, 51, of Greasy Creek, died Tuesday, July 28, at Pikeville Medical Center. He is survived by his wife, Debbie Patrick Robinson. Funeral services were held Saturday, Aug. 1, under the direction of Roberts Funeral Home.

■ Kenneth Ray Simpson, 82, of Clinton Township, Mich., a Pike County native, died Wednesday, July 29. Funeral services were held Monday, August 3, under the direction of Bailey Funeral Home.

■ Diana Lynn Smith, 42, of Ashcamp, a Louisa native, died Wednesday, July 29, at her residence. She is survived by her husband, Harvey Smith. Funeral services were held Saturday, Aug. 1, under the direction of Bailey Funeral

■ Western "Arvil" Stump, 70, of Phelps, died Saturday, August 1, at his home. He is survived by his wife, Truby Stump. Funeral services were held Wednesday, August 5, under the direction of R.S. Jones & Son Funeral Home.

■ Lois D. Zitzelberger, 73, of Midland, Ga., a Pike County native, died Friday, July 31, at Parkwood Healthcare, Phenix City, Ala. Funeral services were held Thursday, August 6, under the direction of Vance-Brooks Funeral Home, Columbus.

JOHNSON COUNTY

■ Ruth Ann Ward Akers, 79, of Southgate, a Johnson County native, died Thursday, July 30, in Mount Washington Care Center Graveside services were held Sunday, August 2, at Dan Gambill Cemetery in Thelma. Jones-Preston Funeral Home in Paintsville, was in charge of arrangements.

■ Ruth Griffith Hill, 82, of Flatgap, a Magoffin County native, died Wednesday, August 5, in Mountain Manor Nursing Home in Paintsville. She is survived by her husband, Tollie Hill. Funeral services will be held at 11 a.m., Saturday, August 6, under the direction of Jones-Preston Funeral Home.

■ Barbara A. Lemaster, 72, a native of Ashland, died Saturday, August 1. Funeral services were held Tuesday, August 4, under the direction of Stark Funeral Ypsilanti, Michigan.

Rushie M. Preston, 94, of Wabash, Indiana, a native of Thealka, died Friday, July 31, at her residence. Funeral servic-

(See OBITUARIES, page seven)





8/7/09 - 8/13/09 Cinema 1-Starts Friday, August 7 G.I. JOE (PG-13). Mon.-Sat. 7:00-9:00:

Sun. (1:30) 7:00-9:00. Cinema 2-Held Over G-FORCE (PG). Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00

Sunday Matinee—Open 1:00; start 1:30

RIVERFILL 10

http://showtimes@hollywood.com

Cinema 1-Held Over HARRY POTTER (PG). Mon.-Sun. 8:00; Fri. (4:45) 8:00; Sat -Sun. (1:45-4:45) 8:00.

Cinema 2—Held Over G-FORCE (PG). Mon.-Sun. 7:00-9:15; Fri (4:15) 7:00-9:15; Sat.-Sun. (2:00-4:15)

Cinema 3-Held Over FUNNY PEOPLE (R). Mon.-Sun. 8:00; Fri. (4:45) 8:00; Sat.-Sun. (1:45-4:45) 8:00.

Cinema 4-Held Over ORPHAN (R). Mon.-Sun. 6:50-9:15; Fri (4:15) 6:50-9:15; Sat.-Sun. (1:45-4:15)

Cinema 5-Held Over ALIENS IN THE ATTIC (PG). Mon.-Sun. 7:00-9:15; Fri. (4:15) 7:00-9:15; Sat.-Sun. (2:00-4:15) 7:00-9:15.

Cinema 6-Starts Friday, August 7 JULIE AND JULIA (PG-13). Mon.-Sun. 6:50-9:20; Fri. (4:20) 6:50-9:20; Sat.-Sun. (1:50-4:20) 6:50-9:20.

Cinema 7-Starts Friday, August 7 THE PERFECT GETAWAY (R). Mon. Sun. 7:05-9:25; Fri. (4:25) 7:05-9:25; Sat.-Sun. (2:05-4:25) 7:05-9:25. Cinema 8-Starts Friday, August 7

G.I. JOE (PG-13). Mon.-Sun. 6:50-9:20 Fri. (4:20) 6:50-9:20: Sat.-Sun. (1:50-4:20) Cinema 9-Held Over UGLY TRUTH (R). Mon.-Sun. 7:15-9:30;

Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) Cinema 10-Held Over THE COLLECTOR (R). Mon.-Sun. 7:15-

9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-

4:30) 7:15-9:30.

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For the Record

Marriage Licenses

Lesa Sue Meade, 46, of Stanville, to Jeffrey Meade, 46, of Stanville.

Kerrie Doran Patton, 29, of Auxier, to Brian Anthony Collins, 26, of Auxier.

Kayla Marie Green, 18, of Hi Hat, to Joshua Lee Perkins, 20, of Hi Hat.

Natasha Rashea Hall, 21, of Teaberry, to Adam Douglas Hall, 22, of Printer.

Civil Suits Filed

RJM Acquisitions LLC vs. Danny McKenzie; complaint. Credit Acceptance Corporation vs. Gary Lee;

Midland Funding LLC vs. Jerry Allen; complaint.

complaint.

Sherry Bailey vs. Randy Bailey; divorce.

American General Financial Services Inc. vs. John Lowe; complaint.

BB&T Financial FSB vs. Hayes Hall; complaint.

Brittney Kretzer vs. Jason T. Click; complaint.

Kenny Artrip vs. Emell Smith; complaint. McDowell Appalachian

Regional Hospital vs. Deborah Lindsey; complaint.

Charges Filed

Robert Derek Sykes, 40, Pikeville; operating a motor vehicle while under the influence of alcohol or drugs, leaving the scene of an accident, failure to render aid, no insurance, no or expired registration, failure to wear seatbelt.

Jimmy Perry, 54, Wheelwright; receiving stolen

Jimmy L. Perry Jr., 26, Wheelwright; receiving stolen property.

Reg. 44.00-

48.00.

Brandy Moore, 24, McDowell; second-degree assault, public intoxication.

Mina Howard, Prestonsburg; driving under the influence on a suspended license, no insurance, giving officers false name or address, third-degree escape, seconddegree wanton endangerment, disorderly conduct, resisting arrest.

Selena Leslie, Prestonsburg; theft by unlawful taking.

Colleen Gay Compton, 62, Allen; criminal mischief.

Richard Dean Ousley, 42, Martin; criminal trespassing. James W. Hager, 43,

Prestonsburg; harassment. James W. Hager, 43, Prestonsburg; harassment. Ruby M. Chaffins, 34,

Hueysville; harassment. Tina R. Ramey, 28, Martin; harassment.

William J. Osendott, 25, Inez; theft by unlawful taking. Amy Elizabeth Combs, 37, Prestonsburg; harassment.

Inspections

Vance Quick Mart, Hi Hat, regular inspection. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods,

lack of numerically scaled thermometers for checking cooking and holding temperature of potentially hazardous food, food not protected during preparation, food not protected during storage, food contact surface of equipment and utensils not clean, sanitary towel or hand drying device not provided at lavatory or handwashing sink, garbage and refuse containers not covered as required, floors not in good repair, lighting not provided as required, cleaning and maintenance equipment not properly stored. Score: Food: 88, Retail: 94.

Peking Chinese Buffet, Prestonsburg, regular inspection. Violations noted: food not protected during storage. food not protected during service, floors not clean, floors not in good repair, light fixtures not shielded as required, cleaning and maintenance equipment not properly stored. Score: 95.

Save-A-Lot, Martin, regular inspection. Violations noted: cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing solution, improper storage of singleservice articles, garbage and refuse containers not covered as required, floors not in good repair, light fixtures not shielded as required. Score: 94.

Hometown Pizza, Melvin, Score: 97. regular inspection. Violations noted: lack of properly maintained refrigeration, freezing and holding units for potentially hazardous foods, lack of effective hair restraints. Score:

Osborne's Pizza, Teaberry, regular inspection. Violations noted: lack of numerically scaled thermometers for checking cooking and holding temperatures of potentially hazardous food, lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of effective hair restraints, improper storage of clean equipment and utensils.

Property Transfers

Frederick Bishop to Elk Horn Coal Company, property located at Big Mud Creek

Harold Biship to Elk Horn Coal Company, property located at Big Mud Creek.

Michelle Bishop to Elk Horn Coal Company, property located at Big Mud Creek.

Carol Boudle to Glen Keith Davis, property located at Abner Fork.

Amber Cantrell to Andrea Meade and William S. Meade, property not listed.

Jeremy Cantrell to Andrea Meade and William S. Meade, property not listed.

Eloise D. Cowgill to Elk Horn Coal Company, property located at Big Mud Creek.

John C. Cowgill to Elk Horn Coal Company, property

located at Big Mud Creek. Shirley M. Diskete to Elk Horn Coal Company, property

located at Big Mud Creek. Charlotte Dodds to Elk Horn Coal Company, property

located at Big Mud Creek. Linda S. Dumars to Elk Horn Coal Company, property

located at Big Mud Creek. Zeda Faye Martin Goble to Jimmy Darrell Goble, property located at Hippo.

James R. Hamilton to Elk Horn Coal Company, property located at Big Mud Creek.

JUNIORS

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DENIM

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press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Worth Repeating ...

People are, if anything, more touchy about being thought silly than they are about being thought unjust.

E. B. White

Guest View

To be napping is to be virtuous

A finding in a new report from the Pew Research Center about American lifestyles comes as a pleasant surprise: One-third of all adults in the United States admit to taking a nap every day.

The national napping rate is consistent between women and men. It extends across age groups, though 52 percent of those 80 and older take a daily nap. It extends throughout all geographic regions. Those earning less than \$30,000 a year nap more frequently than more affluent Americans. Blacks are more likely to nap than whites or Hispanics, but among all demographic groups, at least one in three Americans grabs a few Zs during the day.

In a go-go culture that equates snoozing with laziness, the numbers are healthy — and reassuring.

Power nappers will tell you that to nod off is to be refreshed and energized, to be more productive. Among their ranks are some of history's highest achievers: Winston Churchill, Thomas Edison, Eleanor Roosevelt and John D. Rockefeller, all of whom worked a snooze into their daytime routines.

Baseball great Yogi Berra is reported to have said that he naps "two hours a day" — between "1 p.m. and 4 p.m."

One prolific source of napping scholarship is NASA; astronauts' life in space is night-and-day different from their earthbound routines. NASA researchers have found that the nap is no substitute for a solid stretch of sleep (eight hours, ideally). And people napping for too long can end up groggy and less productive, a condition called "sleep inertia."

But a time-limited snooze has been found to work wonders for what's known as "working memory." That's the ability to perform one task while keeping in mind other tasks that need to be done. A nap makes you sharper and less prone to mistakes.

The New York Times report of the Pew survey quotes a "sleep expert" from Cornell University who argues that napping "should have the status of daily exercise." That sounds about right.

There's much information available on the best time (mid-afternoon) and conditions (a dark, cold room with a warm blanket) for a nap. But there's almost nothing available that describes how a working stiff can catch a little shut-eye without jeopardizing his job.

One how-to website offers elaborate advice. Much of it revolves around subterfuge ("take your catnap under coats or behind boxes") or outright lying ("say you've got narcolepsy if someone catches you.")

Telling the truth was a main tenet of Robert Fulghum's 1986 best-seller, "All I Really Need to Know I Learned in Kindergarten." So is the wisdom of a nap. Wise bosses would encourage it.

Now if you'll excuse us, we need to find our blanket.

— St. Louis Post-Dispatch

SPAM

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof, abridging the freedom of speech, or of the

SPAM IS BACK WITH A VENGEANCE!
SO IF YOUR EMAIL INBOX SEEMS
MORE JAMMED THAN USUAL,
YOU'RE IN GOOD COMPANY.
SECURITY COMPANY MCAFEE
REPORTED LAST WEEK THAT
"SPAM VOLUMES HAVE INCREASED
141 PERCENT SINCE MARCH" OF
THIS YEAR. THE COMPANY
ATTRIBUTES THE SPAM SURGE
TO ZOMBIE BOTNETS - INFECTED
COMPUTERS THAT ARE UNKNOWINGLY COMPROMISED WITH
A NASTY VIRUS.
MCAFEE ESTIMATES THAT 150,000
NEW COMPUTERS ARE
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HAS DONE

EVERY DAY.
SURE, SPAM
IS ANNOYING,
BUT KEEP IT
IN CONTEXT.
THERE'S NEVER
BEEN A TECHNOLOGICAL ADVANCE
THAT DIDN'T HAVE
A DOWNSIDE.
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CARS EMIT
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SPAM SPIT OUT
FROM A ZOMBIE
COMPUTER THAT'S
BEEN HIJACKED BY
SOME VIRUS, JUST
BE GRATEFUL THAT
YOU'RE READ NAM

YOU'RE NOT HORMEL, THE COMPANY WHOSE BRAND NAME HAS BEEN HIJACKED BY POPULAR CULTURE. NEWS ITEM: INTERNET SPAM
IS AT AN ALL-TIME HIGH

TELL ME AGAIN HOW
THIS REPRESENTS
AN ADVANCE OVER
A FACE-TO-FACE
CONVERSATION?

GOOD SPAM	WHAT IS IT? DELICIOUS AND NUTRITIOUS	WHO MAKES IT? GOOD COOKS	COOKED UP IN: MINNESOTA, A FRIENDLY PLACE	COMES FROM: PIGS
BAD SPAM	SUSPICIOUS		A BLACK HOLE	
VIAGRA OFFER!	AND MALICIOUS	BAD	IN CYBERSPACE	SWINE

Guest column

A legislative perspective

by REP. GREG STUMBO SPEAKER OF THE HOUSE

Of all the programs funded by this year's federal stimulus package for the states, one in particular holds a lot of promise for families looking to keep their home's comfort level high and their energy bills low.

This renewed effort to weatherize homes across the nation is expected to bring Kentucky up to \$70 million over the next three years. That will enable us to help as many as 9,000 homes qualify for as much as \$6,500 for energy-conservation upgrades.

Community Action Kentucky, which works with nearly two dozen community action agencies across the state, will administer the program. They will oversee local weatherization providers that will both assess homes and then carry out the work, which ranges from adding insulation and closing leaks to repairing or

replacing inefficient heating systems. Smoke alarms and carbon monoxide detectors could be included as well.

To qualify, homeowners need to have a household income less than \$44,100 for a family of four and \$51,580 for a family of five.

Other guidelines will then prioritize those who qualify. Families who have children six and younger or whose children may be at risk of being removed because of substandard living conditions would get higher priority, as would families with elderly or disabled members and those with high fuel costs. Renters are generally not included, though there are some exceptions.

There are studies showing that families could save nearly a third on their energy bills by weatherizing their homes. For every \$1 invested, there is \$2.73 in savings when factoring in all of the benefits, and for every \$1 million spent, 75 jobs are created.

This weatherization effort complements the work the Community Action network does each winter for the Low-Income Home Energy Assistance Program (LIHEAP), which has also received a significant

boost.

Last fall, we learned that Kentucky would be getting \$68 million for LIHEAP, more than double what we normally receive from the federal government for those at-risk.

This extra funding helped Kentucky's Community Action agencies serve nearly 290,000 families last heating season, benefiting nearly 600,000 people.

My legislative colleagues and I are working with Community Action Kentucky to encourage more people to participate in the weatherization program and to be more aware of LIHEAP when cold temperatures arrive. If you think you might be eligible, or if you would like to learn more, you can contact Community Action Kentucky, toll free, at 1-800-456-3452 or by visiting its website at www.kaca.org. Locally, Floyd County residents can call the Big Sandy Area Community Action Program at (606) 789-3641.

This program holds a lot of potential for our community, so I encourage you to either call or to pass this information on to someone you think might qualify.

House week in review

by REP HUBERT COLLINS

The birthplace of American democracy became the birthplace of new ideas as state lawmakers and their staff from all 50 states met in Philadelphia last month to share solutions to current government problems and discuss the challenges that lie ahead.

The economy, education, health care, the environment, transportation and other issues dominated discussion during the five-day annual meeting of the National Conference of State Legislatures, a national group that provides research and networking opportunities for state legislatures while lobbying for their interests on Capitol Hill. Lawmakers and staff spent most of their time at the meeting in workshops or committee meetings relating to specific areas of expertise, while many afternoons were spent in group sessions that featured renowned speakers like Microsoft founder Bill Gates and former Reagan speechwriter and author Peggy Noonan.

Certainly one of the most engaging series of meetings at the conference was held by the NCSL Transportation Committee. As a member of this committee and as Chairman of the Kentucky House Transportation Committee, I have a keen interest in and insight into road, driver safety, aviation, railroad, waterway and other issues under the committee's jurisdiction. The effect these issues are having at the state and federal level captured my attention and that of my col-

leagues from across the nation in daylong seminars held during the July 20-24 conference.

The first meeting of the committee was a working group on public and private partnerships-including those for public transit-featuring experts from Harvard and transportation associations and agencies in Pennsylvania and Colorado. This was a perfect time to join with lawmakers from Alaska to Indiana for discussion on how successful public and private partnership legislation has been in their states, and how effective such partnerships can truly be.

Topics of the day tackled by the committee on July 21 included state involvement in aviation financing and administration, discussion of ignition interlock devices for drunk driving offenders, and NCSL policy resolutions on the REAL ID national ID card program that many states say will be one of the costliest federal mandates in recent history.

Real ID, in a nutshell, requires that states comply with federal controls on state driver's licenses or other identification cards before the cards will be accepted for federal purposes after a certain date. As of right now, that date is Dec. 31, 2009.

Kentucky has not enacted any legislation so far concerning REAL ID and neither have many other states. The reason? Well, mostly, the cost. The federal Department of Homeland Security estimates that it will cost states up to \$3.9 billion to implement REAL ID although Congress has only

leaving financially-strapped states with a massive unfunded mandate.

Recognizing the problem, the feds extended the state's initial May 2008 REAL ID compliance deadline to

appropriated \$150 million of that cost,

Dec. 31, 2009 although that is little comfort to most states that are still unable to fund the mandate. NCSL's policy resolution, approved last May, urges Congress to work with the organization and state lawmakers on alternatives to REAL ID that would be fully funded by the federal government, such as the proposed Providing for Additional Security in States' Identification Act, or PASS ID.

I look forward to seeing how this resolution plays out in Washington in the months ahead, and will keep you informed of any progress.

One of our last actions as a committee during the convention was on July 22 when we met to discuss high-speed rail and its impact on American travel. This has become a hot topic, considering that the federal government has invested billions of dollars over the next few years in high-speed passenger rail. The committee learned about what federal funding is available for these projects and the states' perspective on proposed intercity rail projects.

The meeting was a lot of work with some play — including a night out at the Phillies/Cubs baseball game on July 20, an opening social event on July 21 at the National Constitution Center near Independence Hall where the Constitution was signed, and a reception hosted by Kentucky to preview the 2010 NCSL Annual Meeting that will be held in Louisville next summer.

I was glad to be part of the Philadelphia experience, and I look forward to helping host my colleagues from across the nation here in Kentucky next year as we meet once again to help solve critical problems facing our states.

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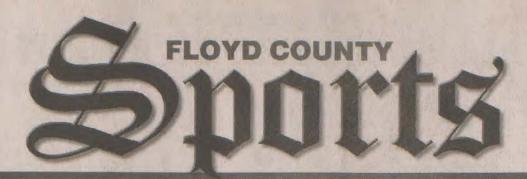
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■ ** *** A6

NASCAR SPRINT CUP SERIES: Hot-starting Kyle Busch is now struggling

by MONTE DUTTON

Kyle Busch's Nationwide Series victory at Gateway International Raceway was his sixth of the season. Three times he has won at the Sprint Cup level. Busch also has won two of his seven Camping World Truck Series starts to date.

At age 24, Busch has won more races, by far, than anyone else in NASCAR over the past two seasons.

Yet Busch maintains a precarious position in the Sprint Cup point standings with seven races remaining

in the regular season. Twelve drivers will advance to the Chase for the Sprint Cup. Busch currently ranks 10th, and his edge over 13th-place Greg Biffle is only 13 points.

In the first 19 races, even though he has won three times, Busch has finished in the top five only four times and six times in the top 10. By comparison, the points leader, Tony Stewart, has 15 top-10 finishes.

"Results side of it, I think we've been a big failure," said Busch. "We're struggling here to make ourselves comfortable for the Chase.

"Last year was a great year. It just seemed like everything fell into place. It was easy: easy to run up front, easy to win races. It just felt weird because it was just too easy.

Busch began the 2008 Chase as the favorite. He had won eight times during the first 26 races. In the Chase, Busch opened with finishes of 34th, 43rd and 28th, leaving his championship hopes in ruin. He wound up 10th.

Perhaps this year Busch, from Las Vegas, can get hot at the right time.

"Through the year, the

regular 26 races (in 2008), everything was just easy," he said. "This year has been a struggle. Everything has been so hard. It's just so hard to gain any track position. It's hard to finish a race in the top five, let alone even in the top 10.

"It's just pathetic. We've got to do something to change our performance where we can at least pass cars and go to the front instead of being in the front and letting cars pass us and trying to salvage a finish. It's not what wins races.'

NASCAR SPRINT CUP DRI	VER STANDINGS
1. Tony Stewart	3,188
2. Jimmie Johnson	
3. Jeff Gordon	
4. Kurt Busch	
5. Denny Hamlin	
6. Carl Édwards	
7. Kasey Kahne	0.040
8. Juan Pablo Montoya	
9. Ryan Newman	
10. Mark Martin	2,622
11. Matt Kenseth	
12. Greg Biffle	
13. Kyle Busch	
14. Brian Vickers	
15. Clint Bowyer	

Reds: Slip, sliding away

by RICK BENTLEY TIMES COLUMNIST

Our long national nightmare didn't quite end on Wednesday night when the Reds knocked off the Cubs 4-0.

Most likely, it just paused for a moment.

But it was nice to see one go up in the "W" column for a change. The Reds ended an eight-game losing streak and a run of 14 losses in 15 tries with the win, which came courtesy three guys who had played a total of nine games for the club all

Perhaps that explains it.

The big blast at the plate came from third baseman Scott Rolen, playing in his third game since being traded for Edwin Encarnacion on Friday. Rolen got all of one in the second inning to give the good guys a 2-0 lead.

An insurance run came later in the frame when the speed of Wladimir Balentien resulted in a throwing error and a run to make it 3-0.

From there it was all Justin Lehr, making his second appearance in the bigs in a season that began in the Phillie organization. He went the distance on Wednesday, allowing four hits and walking only one while striking out four in pitching only the third complete-game shutout of the season for the Reds.

So the Reds opened the 10game home stand with a win and closed it with one. Unfortunately, the eight games in between didn't go so well. Think about this -10 percent of the baseball season equates 16 games. The Reds lost 14-of-15. That's only one win in one game less than 10 percent of the season.

The reasons are endless. Yes there have been injuries. Yes the offense has been non-existent (during the eight-game losing streak, the Reds scored a total of 21 runs). The pitching, both from the starters and the pen, has been putrid.

The biggest surprise, I suppose, has been the once-vaunted rotation. Sure, they haven't had Edinson Volquez lately, but remember back in spring training when the Reds supposedly had seven solid starters? Two of them are on the disabled list now, one is locked in the bullpen and the

(See REDS, page six)

JC Fall Ball registration set

PAINTSVILLE - Johnson County Baseball/Softball will host Fall Ball registration on Saturday from 8 a.m.-4 p.m. at the Johnson Central High School Softball Field. Fall Ball is for baseball and softball players ages 6-12.

The registration fee for the fall baseball/softball league is \$20.

Johnson County Fall Ball Divisions Baseball Rookie: ages 6-8 Minor/Major: ages 9-12

Softball 12 and under 9 and under



FLOYD COUNTY ALL-STARS COMPETE IN STATE GAMES

A select group of eight-year old and under boys was chosen to form the Floyd County All-Stars Baseball Team. All three Floyd County leagues - Prestonsburg, HAP (Harold-Allen-Prater) and Beaver Creek were represented. The All-Star team participated in the Bluegrass State Games held over the weekend in Lexington. The South Lexington All-Stars edged the Floyd County All-Stars in a fifth-inning heartbreaker Friday night. The Floyd County team, however, came to play on Saturday morning when it defeated the Knox County Young Guns in four innings. The Johnson County All-Stars eliminated the Floyd County All-Stars from the statewide tournament Saturday

The team is pictured above. Back row (left to right): Kyle Watkins, Braxton Turner, Hunter Ousley, Cameron Slone, Cody Marsillett and Collin Ousley, Front tow (left to right): Trey Layne, Matt Combs. Garrison) Graham Burchett and Harrison Ward. Not Pictured: Trevor Mohan.



TOURNEY CHAMPS

The Paintsville Yankees travel 9/10 baseball team took first place in the 2009 Back to School Bash Gold Division held at City Park in Morehead last Sunday. Pictured in the front row (from left to right): Mason Blair, Will Hedrick, Geordan Blanton, Braxton Kelly and Reese Ison. Back row (pictured from left right): Ethan Osbourne, Brock Turner, Austin Collins. Braxton Ratliff and Jonathan McKenzie.

Betsy Layne, Allen Central play in State Games

by STEVE LeMASTER SPORTS EDITOR

Central high schools competed in the Bluegrass States Games over the weekend. Both teams competed in the State Games less than two weeks before their respective seasonopeners.

The Betsy Layne varsibracket after splitting pool play games. Betsy Layne defeated East Jessamine and dropped a match to Greenwood. Shelby Lady Cats.

Audri Ray (3 kills, 3 aces, 1 block) led the Lady Cats past East Jessamine. Keleigh Wagner (2 kills, 2

Meade (2 kills, 1 ace, 3 assists) aided Betsy Layne Volleyball teams from in the win. Taylor Watkins Betsy Layne and Allen recorded one kill and several tips in the opening match.

Betsy Layne defeated Greenwood in the first game of its match before dropping a pair of games. Ray, Watkins, Meade and Taylor Akers each had one kill for the Lady Cats In ty unit reached the Silver addition, Ray served up two aces while Watkins added one block. Wagner set up three assists for the Lady Cats.

Meade, Ray, Watkins County eliminated the and Wagner led Betsy Layne in the kills department in the match versus Shelby County. Ray and Meade each had three aces for the Lady Cats. Watkins

aces, 4 assists) and Allie and Cecelia Ray each had one ace for the Floyd County team. Watkins and Audri Ray led at the net with four and two blocks, respectively.

> The Betsy Layne Junior Varsity claimed a thirdplace finish after reaching the Bronze tournament. Katie Williams led the Betsy Layne JV team with seven kills throughout the Bluegrass State Games.

Paige Watkins provided two blocks for the Lady Cats. Savannah Meade, Ashley Johnson, Paige Watkins and Katie Williams added aces for Betsy Layne en route to the third-place finish.

The Allen Central varsity and junior varsity squads faced tough competed in the State Games.

On the varsity level, Allen Central fell to Owensboro Catholic in the first round. Ryle upended Allen Central in junior varsity competition.

"Our girls did well at the Bluegrass State Games," commented Allen Central Coach Larry Maynard. "Although beat out in the first round by Ryle in the JV division and Owensboro Catholic in the Varsity division, I was proud of the way our girls played. Both Ryle and OC won the divisions. It took three games for OC to defeat us and I still believe it should not have happened."

Allen Central will host its annual preseason invitational tournament Saturday.

PC football schedule features six night games

TIMES STAFF REPORT

PIKEVILLE - The 2009 edition of the Pikeville College Bears football team will break from tradition when it comes to scheduling.

Whereas in the past the Mid-South Conference has stuck to a guide of playing most games on Saturday afternoon at 1:30, the 2009 Bears will play three Thursday evenings, half of the six night games on this year's schedule.

The schedule adjustments are largely due to a pending media agreement involving the Mid-South Conference. Should the deal be finalized, the Bears would be featured five consecutive weeks.

That is one of two mediarelated changes for the Bears. This year, all Pikeville College football games as well as men's basketball contests will move to Classic Rock 103.1 WPKE-FM. In the past, the Bears have been on the Oldies Radio Network and the Talk Radio Network. All of these stations are part of East Kentucky Broadcasting.

For the 10th straight season, all games will be carried on WPRG TV-5 in Harold.

Night games are not uncommon in the early part of the season for the Bears, but this year they are played as late as Oct. 29, the last of three Thursday night games on the grid. All of the Thursday games are on the road. They are Sept. 10 at Tennessee Tech University, a member of the Ohio Valley Conference, which kicks off at 8 p.m., followed by back-toback Thursdays on Oct. 22 at U.Va.-Wise and the 29th at Georgetown.

The last two are set for 6 p.m. kickoffs.

The Bears open the season at home on Labor Day weekend, a Sept. 5 matchup with Brevard, N.C., College, which kicks off at 6 p.m. They travel to Cookeville to play TTU five days later. Tennessee Tech is the only team on this year's sched-

Pikeville heads to Rome, Ga., the following weekend for a matchup with MSC West Division foe Shorter College on Sept. 19. It is the first of only three games played in the traditional Saturday at 1:30 time

ule the Bears haven't played in

the past.

September ends with a home game against Kentucky Christian University on the 26 at 6 p.m.

October will feature five games, with only two played at home. The Bears play three straight Saturdays - home games the 3rd and 17th against MSC East opponents Cumberlands (1:30 p.m.) and Union (6 p.m.), respectively sandwiched around a trip to McKenzie, Tenn., to play Bethel College in a 1 p.m. Eastern start.

The October portion of the schedule ends with the Thursday night trips to Wise and Georgetown.

Both November games are at home and in the afternoon - a 2:30 kickoff on the 7th against WVU Tech and the regular-season finale on the 14th against Campbellsville, a 1:30 start.

Stream Wading Safety

FRANKFORT - All was calm when we stepped into Elkhorn Creek that summer afternoon. The clear, cool water rolled by steadily, lapping us about hip-level as we meandered slowly downstream, casting our spinning rods for bass. The five of us easily kept our footing on the moss-covered creek bottom.

Two hours later, we were in a different creek. The water had risen more than a foot as a slug of muddy, post-rain current barreled down from Lexington. Several inches shorter than my fishing buddies, I leaned against the current almost neck-high in water. I was scared. I wanted out of that creek, but struggling toward the bank was like swimming in quicksand.

After 15 minutes that seemed like an hour, I stepped gratefully up onto the bank.

first stream wading trip stuck with me. Though wading can be a relaxing, fun way to fish on a hot summer day, streams can also be unpredictable.

Dave Dreves, a fisheries research biologist for the Kentucky Department of Fish and Wildlife Resources, recalls some hair-raising wading trips in Colorado and Wyoming. Even in Kentucky, though, some streams require extra precaution.

"I've been on Rock Creek down in McCreary County, shocking for trout, and that's some tough wading," he said. "It's aptly named. Everywhere you step, you're slipping on the large, rounded rocks littering the stream bottom.'

Stream anglers need good shoes to handle uneven creek bottoms. Old sneakers can work, as long as they still possess some tread. But shoes or boots made specifically for

ping rocks and keeping anglers from slipping. Dreves said that while felt-soled wade boots have been popular for years, recent concerns about invasive plants in streams may be changing that.

"Felt is ideal for transporting those invasive exotic species from one stream to another," Dreves said. "So a lot of people are going away from felt and getting boots with cleats or spikes instead."

A wading staff can also help anglers keep their footing in fast current, as well as allowing them to test the depth of the stream before taking their next step. Collapsible models are available that fold up and clip onto a belt.

Dreves cautions anglers to carefully choose the location where they cross a stream. Current and depth can be much different in the middle of the stream than near the

"You want to always plant one foot before you lift the rear foot. Make sure you've got a strong hold," he said. "If the gravel is loose, the turbulence around your ankle and lower leg can wash the gravel out from under you.

Anglers can also reduce the current's pull in deep water by turning sideways, facing the bank, rather than standing broadside. This creates less surface area for the current to catch your legs than if you face it head-on. Take small, sliding steps rather than lifting your feet high to avoid being pulled by the flow.

"Always wear a wader belt if you're using waders," said Dreves. "It cinches your waders up; that way they don't fill so rapidly with water if you fall. It's hard to swim with gallons of water in your waders."

The question of life vests is a tricky one for stream waders. get in the way of fishing, particularly for fly anglers. Vests are an important consideration for anglers wading in tailwater areas, as the water may be subject to sudden rise and an unexpectedly strong current.

Life vests that inflate automatically when they hit water are lightweight and manageable. However, they can inflate when you don't want them to if you're wading in deep water. A possible compromise is a manually inflatable life jacket. When not in use, the jacket lies flat against the body. Wearers must pull a cord to inflate it if they need a floatation device.

"I can tell you from experience that when you strap it on, you're going to forget you have it on," said Sgt. John Anderson, boating education coordinator for Kentucky Fish and Wildlife. "But you have to

Many anglers simply don't have your wits about you to wear them because vests can use it. If you hit your head and vou're unconscious, it would be awfully nice to have a vest. The manually inflatable life jackets are a compromise between having a vest and having nothing.

Finally, always check stream conditions before you The U.S. go wading. Geological Survey website lists water flows on streams creeks throughout Kentucky. Check the site at waterdata.usgs.gov/nwis. Scroll to "Kentucky" in the upper right corner drop box, click on the "real time data" button and then "statewide streamflow table.'

Stream wading is a great way to beat the heat and catch some fish this summer. But keep safety in mind. With the right equipment and information, you'll keep your feet on the ground and your head

Public input sought on deer management during meetings

TIMES STAFF REPORT

FRANKFORT -Kentucky Department of Fish and Wildlife Resources is holding a series of six public meetings to gather input from hunters, landowners and concerned citizens about deer management in the coming years. People can voice their opinion about season dates, hunting zones and bag limits, the primary ways Kentucky manages its deer herd.

"This is an opportunity for the public to provide their thoughts on the direction of long-range deer management in Kentucky," said Tina Brunjes, big game coordinator for Kentucky Fish and Wildlife. "We want people to be active partners in helping us decide the direction to take."

Kentucky's deer herd number is at an all-time high. The state consistently ranks in the top five nationally for trophy bucks recognized by the Boone and Crockett Club.

"The deer resource is better than ever across the state, thanks to the management program enacted nearly two

decades ago," Brunjes said. "To continue this, we feel it is time to examine the state of our deer program and assess methods for its continued suc-

Kentucky Fish and Wildlife officials plan to revise the state's deer management plan, which was originally written to grow the deer herd. The new plan will serve as a map to keep the population of deer at acceptable levels to the public while maintaining the quality of Kentucky's white-tailed

"Before we lay pen to paper, we need the input of our hunters and landowners," Brunjes said. "They are the critical tool in managing deer."

Kentucky Fish and Wildlife officials will hold six public meetings this month across the state for public input. All meetings will begin at 6 p.m. local time.

Scheduled locations and dates include:

Bowling Green: Kentucky Community and Technical College System, Commonwealth Boulevard, Transpark Center, Aug. 10.

Northern Kentucky: Lloyd Wildlife Management Area (WMA) clubhouse, Crittenden, Aug. 11.

Paducah: West Kentucky WMA Club House, 10535 Ogden Landing Road, Kevil, August 19.

London: North Laurel High School Gym, 1300 East Daniel Boone Parkway, London, August 20.

Ashland: Northeastern Fish and Game Association Club House, Herbert C. Ross Drive, Aug. 24. From Ashland, follow US 60 West to KY 180. Continue until passing underneath the Interstate 64 bridges, then turn right on South Big Run Road. Go 1.6 miles, turn left on Herbert C. Ross Drive.

Frankfort: UK Extension Office, Rooms E & F, 101 Ct, Frankfort, Lakeview August 27.

Those unable to attend these meetings may also provide written comments about deer management Kentucky. Send letters on this issue to: Tina Brunjes, Kentucky Fish and Wildlife, Sportsman's Frankfort, Ky. 40601.

Kendrick to join UK team; Rumph going to junior college

TIMES STAFF REPORT

LEXINGTON - University of Kentucky football signee Anthony Kendrick will join the team in August while signee Donte Rumph plans to go to junior college, Coach Rich Brooks

Kendrick is a 6-3, 220-pound tight end/wide receiver from Katy, Texas. He was a twosport star in football and basketball, receiving Division I offers in both sports. He was the nation's No. 30 tight-end prospect as listed by Rivals.com. He was a big-play performer for Seven Lakes High School, averaging more than 17 yards per catch as a junior and senior.

Rumph, a defensive lineman from St. Matthews, S.C., originally signed with Kentucky in 2008, then signed again in February after attending Fork Union Military Academy in 2008-9. He was a first-team all-state honoree at Calhoun County High School.

Brooks also announced that wide receiver signee Brian Adams (Gainesville, Ga.) will report to campus for the beginning of school on Aug. 26, but will not participate in the contact portions of practice this season. Adams had rib surgery in July and hopes to return to full action in spring practice.

Earlier, Brooks announced that three other signees, wide receiver Justin Bean (Tupelo, Miss.), defensive end Demetri Merritt (LaGrange, Ga.) and tight end Terrell Mitchell (Hiram, Ga.) will attend prep school or junior college in the fall of 2009.

Awesome Bill' Elliott still running hard

by MONTE DUTTON

SPEEDWAY, Ind. - Veteran driver Bill Elliott, the 1988 champion of what is now known as the Sprint Cup Series, wound up finishing 26th in the Allstate 400 at the Brickyard, but not before he turned heads with a fourth-place qualifying effort.

Elliott, 53, now competes only part-time for what was once one of NASCAR's premier teams, the Wood Brothers. The most recent of his 44 career victories occurred Nov. 9, 2003, at North Carolina Speedway in Rockingham, a track no longer

on the Cup schedule. The second-row qualifying effort erased a particularly bad memory for Elliott, who won at Indianapolis Motor Speedway in 2002. Wood Brothers Racing, a team that dates back to 1953, has won 96 races over the years.

After his Indy qualifying run, Elliott said, "All that kept going

ago, and how bad we screwed up in qualifying. It hurt so bad, missing this race a year ago, and being able to come back here (and qualify near the front) meant a lot.

"(Co-owners) Len and Eddie (Wood) have really worked to give me something to drive, and I've been working my butt off making sure that I haven't let them down on the other side."

Elliott, from Dawsonville, Ga., is paired with crew chief David Hyder.

"I can't say enough good things about (the team)," said Elliott. "We've kind of meshed. We're able to get input back and forth. We're working so well together right now, and that's so important.

"I'm proud to get in this race car when we come to the track. They've done so much work."

Elliott takes heart in the performance of another veteran,

through my head was here a year Mark Martin, who, at age 50, has already won four Cup races this

"If a 50-year-old can win, I think a few more years ain't going to hurt a thing," he said, referring to Martin.

Among Elliott's predecessors in the No. 21 Motorcraft Ford were team co-founder Glen Wood, Cale Yarborough, Neil Bonnett, Buddy Baker, Dale Jarrett, Kyle Petty and, most notably, David Pearson.

Monte Dutton has covered motorsports for The Gaston (N.C.) Gazette since 1993. He was named writer of the year by the National Motorsports Press Association in 2008. His blog NASCAR This Week (http://nascar.rbma.com) features all of his reporting on racing, roots music and life on the road. E-mail Monte at nascar_thisweek@yahoo.com.

EKU football team returns to practice

TIMES STAFF REPORT

RICHMOND - The 2009 edition of the Eastern Kentucky University football team took the field Wednesday night for the first of 29 preseason practices. This was the first activity on the new synthetic surface at Roy Kidd

All preseason practices are open to the public. Colonel supporters and media are more than welcome to attend.

Eastern Kentucky will be in search of its 32nd consecutive winning season and third

straight Ohio Conference title this fall. Last year, the Colonels advanced to the NCAA Division I FCS playoffs for a record 19th time.

Prestonsburg High School graduate Wes Woods is an offensive lineman for the EKU football team.



SPORTS FAN

OF THE WEEK



If you are the sports fan circled here... it's your lucky day!

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at DAIRY QUEEN OF PRESTONSBURG. When claiming your ice cream cake, present this newspaper.

Reds

others have been less than spectacular.

How about this for some mind-altering stats on the starters, courtesy Wednesday's game notes: In the 27 previous games, the starting pitchers combined to go 3-19 with a 6.98 ERA. Of the three wins, Bronson Arroyo got two of them, pitching 16 consecutive shutout innings. The other went to Homer Bailey on July 27, when he went 7-1/3, allowing three runs.

In the other 24 starts, the first pitcher out had gone 0-19 with an 8.06 ERA.

I'll pause while you re-read that last sentence.

As you can tell, those numbers would fail any team in the game, including the '27 Yankees.

You have to wonder what the powers that be in the organization are thinking at this point. Yes there have been injuries, but still, the team has struggled mightily. At some point, you'd think Dusty Baker has to be held account-

I know one thing, I'll never argue with my friend Danny Duty about baseball. The Sunday after the Reds hired Baker he asked me about it at church. I said I was excited. He shook his head. A longtime

Cubs fan who'd seen this act before, Duty said, "He'll ruin

your pitching staff.' How many nights have those words echoed through my mind after Baker left a starter in for one too many bat-

And when the trade deadline saw Encarnacion and Jerry Hairston Jr. dealt, the Reds took the field last Friday with two - count 'em - starters in the lineup. They put Joey Votto at first and Brandon Phillips at second. The rest were hardly big-league caliber players.

Then there's rookie catcher Ryan Hanigan, who I like a lot. He's hitting .308 on the season and has thrown out 47 percent of would-be base stealers and leads NL rookies in on-base percentage. But

Wednesday, Thom Brennaman reported his last RBI came in early June. Surely he's had an opportunity or two since, right?

About two weeks ago - just about the time the Reds went on this 14-of-15 streak - I told Bill Watson I was pretty sure the Reds would finish last in the Central. He scoffed, noting how Pittsburgh had given up after trading Adam LaRoche. I stood by my statement then and do now.

■ Continued from p5

The losing skid may have ended, but I'm afraid our long national nightmare is just getting started.

Lady Patriots to host golf scramble

TIMES STAFF REPORT

HINDMAN - The Knott County Central High School Lady Patriot girls' basketball team will host a golf scramble, beginning at 9 a.m. on Saturday, Aug. 15 at Raven Rock Golf Course in Jenkins. The scramble will be best ball format with a shotgun start. The first place prize will be a \$400 pro shop gift certificate. The second place team will receiver a \$200 pro shop gift certificate. Entry fee is \$200 per four-member team.

For more information, call Larry "Drum" Thornsberry (606/785-3153, 606-438-2839); Chris Amburgey (606/785-5569) or Greg King (606/785-

Public Health urges good hygiene habits to avoid swine flu

FRANKFORT - Kentucky Department for Public Health (DPH) officials are reminding Kentuckians to practice basic precautions such as hand washing and staying home when sick to help prevent the spread of novel H1N1 influenza (swine flu) as the state moves into the back to school season.

"Like the rest of the nation, we have continued to detect cases of H1N1 over the summer," said William Hacker, M.D., commissioner of DPH. "While the spread of H1N1 has been at a reduced rate in the past few months, we remain concerned about how widespread it may become as we move into the fall and our regular flu season. We want to remind Kentuckians to stay aware of new developments related to the flu and to focus on practicing good health

habits."

The Centers for Disease Control and Prevention (CDC) has told states to expect an increase in the number of cases of the H1N1 flu strain first identified in the spring, and which has since been declared a worldwide pandemic. Kentucky is also planning for a potential H1N1 vaccination campaign once vaccine becomes available.

Because the flu can spread easily among people in close contact and H1N1 has been more common in young people, health officials say it is especially important for those in school, day care or similar settings to practice good hygiene habits during the coming months. Common sense precautions to prevent illness include: avoiding close contact with those who are ill; staying home when sick; cov-

when coughing or sneezing; avoiding touching the eyes, nose or mouth; and frequent hand washing.

Letters with information about H1N1 were recently sent to all Kentucky public school superintendents, in partnership with the Kentucky Department of Education.

"Kentucky public health is working closely with partners at the local, state and federal levels to respond appropriately to the H1N1 pandemic and to the regular seasonal flu that we expect later this year," said Dr. Hacker. "The illness that H1N1 causes is very similar to the seasonal flu to date, and most cases have not resulted in serious complications. We want parents to encourage good health practices among their children.'

Symptoms of H1N1

ering the mouth and nose influenza include fever, chills, headache, sore throat, cough, body aches, and may include vomiting or diarrhea. Individuals at higher risk for complications—such as those with chronic health conditions or who are pregnant-should contact a health care provider early, in case treatment with antiviral medication is neces-

> Recently the CDC stopped collecting and reporting case totals of H1N1 by state because surveillance efforts are meant to serve as a tracking system to follow the patterns and types of flu each year, rather than reflecting a full count of all flu cases. At this time, the majority of flu cases in the country are H1N1. Effective immediately, DPH will begin reporting a weekly level of flu activity on http://healthalerts.ky.gov

Currently, Kentucky's flu activity is classified as "sporadic," the lowest level indicating flu activity. Once seasonal flu strains begin to circulate, culture-confirmed case counts will also be available on a weekly basis, to give an indication of what types of flu are circulating throughout the

"Now that we have established that the new H1N1 strain is circulating widely throughout Kentucky, the nation and the world, we are transitioning to the same type of tracking system that we use for seasonal flu," said Kraig Humbaugh, M.D., state epidemiologist at DPH. "We will continue to make information about any new developments regarding H1N1 available immediately, and to report the

instead of individual case results of our surveillance efforts to monitor the spread of illness during the upcoming flu season.'

Gov. Steve Beshear recently announced that Kentucky will hold a statewide Pandemic Influenza Summit on Sept. 3 at the Frankfort Convention Center to assist private and public stakeholders in preparing for any developments related to the novel H1N1 flu strain in the months ahead. Information on registration will be available soon.

For more information flu, www.flu.gov. Individuals can http://healthalerts.ky.gov for information on H1N1 and Kentucky, or KYHealthAlerts on Twitter to be notified when new information is posted at the Web

Arrest

making statements that she was the person identified on the license, police said.

When another officer arrived on scene to assist, he positively identified Howard and she was then placed under arrest, but not before shifting her vehicle into drive. Officers reached into the vehicle and placed it back into park, but said Howard then slammed the door, striking the officer, and placed the vehicle back into drive and attempted to run.

■ Continued from p1

While inside the car, it was stated in the police report that Howard then struck the officer again and continued to resist arrest until taken successfully into custody.

Howard was charged with driving on a DUI-suspended license, no insurance, giving officers a false name or address, third-degree escape, second-degree wanton endangerment, disorderly conduct and resisting arrest.

Wreck

■ Continued from p1

from the Pike County line when police located him.

At that time, Sykes allegedly smelled of alcohol and refused a sobriety test when asked by police to submit to one, and later refused a blood test when taken to the hospital

When stopped along Route 122, police said Sykes told them he was "walking to a friend's house." The officers,

who had stopped Sykes at the house he had alleged was a friend's, asked the residents if they knew Sykes and the people responded that "they had never seen this man.'

Sykes was charged with operating a motor vehicle while under the influence of alcohol or drugs, leaving the scene of an accident, failing to render aid or assistance, no insurance and no registration.

Horse

■ Continued from p1

came up on Wednesday and gave it a lot of medicine and vitamins. He probably did a couple hundred dollars of work pretty much for free. Also, people have been donating to locate the other horse.' ing stuff like feed and other

supplies. According to Fannin, who helped remove the horse from the property where it was located, neighbors said that another horse is somewhere on the property.

"They said it was in just about as bad of shape," Fannin said. "When we found this horse, it was lying on the ground in a garage. We are try-

Castle is being held at the Floyd County Detention Center on a \$2,500 cash bond.

For more information on donating items to help the horse, contact Jerry Fannin at (606) 886-2335.

Energy

Continued from p1

cient boilers, retrofitted fluorescent lamps, LED exit lights, turning off water heaters at night, isolating gym floor lights and other future plans.

The board has also joined two programs that promote conservation and energy efficiency, becoming part of the Kentucky Energy Efficiency Program for Schools in November and also becoming an Energy Star partner.

The maintenance department presents a utility report

for each specific school where the Floyd County Board of Education holds its monthly meetings, and board members have the opportunity to ask questions about specific findings and to see if the move toward being energy efficient is paying off. The most recent report was for Allen Central High School, with all utilities for the building showing a decrease of \$22,587.99 from 2006 to 2008.

Obituaries

es were held Wednesday, August 5, under the direction of Grandstafff-Hentgen Funeral Servie, Wabash.

■ Dianna Sue Harris Wells, 54 of Van Lear, died Tuesday, August 4, at Highland Regional Medical Center, Prestonsburg. Funeral services were held Thursday, August 6 under the

direction of Phelps & Son

Funeral Home, Paintsville. ■ Anna Faye Ramey Younce, 62, of River, a Floyd native, Wednesday, August 5, at her residence. She is survived by her husband, Ronald K. Younce. Funeral services will

be held Friday, August 7, under the direction of Jones-Preston Funeral Home.

■ Continued from p2

MAGOFFIN COUNTY

■ Betty Meade Francis of Salyersville died Sunday, August 2. Funeral services were held Wednesday, August 5, under the direction of Magoffin County Funeral

■ Chalmer Stephens, 66, of Salyersville, died Tuesday, August 4. Funeral services were held Thursday, August 5, under the direction of Magoffin County Funeral Home.

Unfortunately, some parents skip important step number three: Booster seats. Because their children have outgrown toddler seats, they mistakenly assume a safety belt is the next step. However, safety belts alone can be dangerous for kids who are under 4'9". Because safety belts don't fit these children properly, they can cause serious injuries to their face, neck and abdomen during a crash or sudden stop. In fact, kids 2-5 who wear

the four safety-belt steps are not magical ... they're critical.

safety belts alone are 4 times more likely to suffer head injuries than kids in car seats and booster seats. In addition, children 4-7 who use booster seats are a whopping 59% less likely to be injured in a crash than those only restrained by a safety belt. Booster seats raise your child up so that a safety belt (designed for adults) will fit and protect them properly. Remember, 4'9" is the magic number. Until then, kids really need to be in a booster seat. Booster seats work like...well, you know.



FASTAND FRESH

Terrific meals in no time

FAMILY FEATURES

ummer calls for light meals that are full of flavor and can be tossed together in no time. To take advantage of summer's fresh produce, award winning cookbook author and teacher Joanne Weir teamed up with Lindsay Olives to create simple and delicious signature recipes for summer eating.

Quick and easy to prepare, these tosses can be made in advance and enjoyed in multiple ways throughout the week.

Fresh-From-the-Garden Olive Toss: Fresh chives, parsley, lively lemon zest and savory olives bring summer to any dish.

Mediterranean Olive Toss: All the flavors of the Mediterranean come together in a tasty, sun-kissed marriage of tomatoes, olives, garbanzo beans, capers, garlic, herbs and balsamic vinegar.

Santa Fe Olive Toss: The taste of the Southwest comes alive with tangy olives, black beans, corn, cumin and fresh cilantro to create this Southwestern

Toss any of these with just-picked lettuces or cabbage, mix with hot or cold cooked rice or pasta, or serve on top of grilled chicken breast, skirt steak, or a barbecued turkey burger. At approximately 100 calories per serving, each Lindsay Olive Toss recipe is a tasty, healthy way to enjoy summer dining. For more easy summer recipes, visit www.lindsayolives.com.



Mediterranean Olive Toss transforms rotini — whether served hot or at room temperature.

Mediterranean Olive Toss

Prep time: 30 minutes Servings: 10 Serving size: 1/2 cup

> jar (5.75 ounces) Lindsay Pimiento Stuffed Spanish Manzanilla Olives, drained, coarsely chopped or 1 jar (4.5 ounces) Lindsay Garlic Stuffed Queen Olives or 1 jar (6 ounces) Lindsay Greek Kalamata Pitted Olives

Fresh-From-the-Garden Olive Toss adds a

fresh, savory taste to grilled chicken breasts.

12 cherry tomatoes, halved

small red bell pepper, stemmed, seeded, and diced

1/2 red onion, peeled, and diced

cup canned garbanzo beans, drained and rinsed

(about 5 ounces) tablespoons drained capers

tablespoons balsamic vinegar or red wine vinegar

tablespoons extra virgin olive oil

clove garlic, minced

tablespoons chopped fresh basil

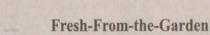
teaspoons chopped fresh oregano Salt and freshly ground black pepper to taste 4 ounces feta cheese, coarsely crumbled

In medium bowl combine olives, tomatoes, peppers, onions,

beans and capers. In small bowl, whisk together vinegar, olive oil and garlic. Add

to olive mixture with basil and oregano; mix well. Season to taste with salt and pepper. Add feta and very gently toss together. Do ahead: Can be made in advance and will keep for 7 days in your refrigerator.

Nutrients per serving: 147 calories, 99 calories from fat, 11g total fat, 6g monounsaturated fat, 10mg cholesterol, 588mg sodium, 8g total carbohydrates, 2g dietary fiber, 4g protein



Prep time: 30 minutes Servings: 10 Serving size: 1/2 cup

Olive Toss

1/2 cup Lindsay Black Ripe Pitted Olives, drained, coarsely chopped

cup Lindsay Naturals Green Ripe California

Pitted Olives, drained, coarsely chopped small celery stalk, diced

medium carrot, diced 1/4 Maui or other sweet onion, diced

1/2 cucumber, peeled, seeded, and diced

small green zucchini, unpeeled and diced

small yellow squash, unpeeled and diced

12 cherry tomatoes, halved tablespoons chopped fresh parsley

tablespoons fresh chives, thinly sliced or 2 tablespoons dried chives

tablespoon finely shredded lemon peel

2 tablespoons freshly squeezed lemon juice

tablespoons extra virgin olive oil Salt and freshly ground black pepper to taste

In a medium bowl combine olives, celery, carrot, onion, cucumber, zucchini, yellow squash, cherry tomatoes, parsley and chives. Add lemon peel, lemon juice and extra virgin olive oil to bowl; mix well. Season to taste with salt and

Do ahead: Can be made in advance and will keep for 7 days in the refrigerator.

Nutrients per serving: 89 calories, 72 calories from fat, 8g total fat, 6g monounsaturated fat, 0mg cholesterol, 136mg sodium, 4g total carbohydrates, 2g dietary fiber, lg protein

Santa Fe Olive Toss

chopped

Prep time: 30 minutes Servings: 10

Serving size: 1/2 cup 1 1/2 jars (4.5 ounces) Lindsay Spicy Jalapeño Flavor-full Queen Olives, drained, coarsely chopped (about 1 1/2 cups) or 1 can (6 ounces) Lindsay Black Ripe Pitted Olives or about 1 1/2 cups Lindsay Naturals Green Ripe California Pitted Olives, drained, coarsely

> ear cooked corn, cooled and kernels cut off the cob or 4 ounces canned sweet corn

small red bell pepper, stemmed, seeded, and diced

1 small yellow bell pepper, stemmed, seeded, and diced

green onions, thinly sliced

3/4 cup canned black beans, rinsed and drained

tablespoons freshly squeezed lime juice

tablespoons extra virgin olive oil

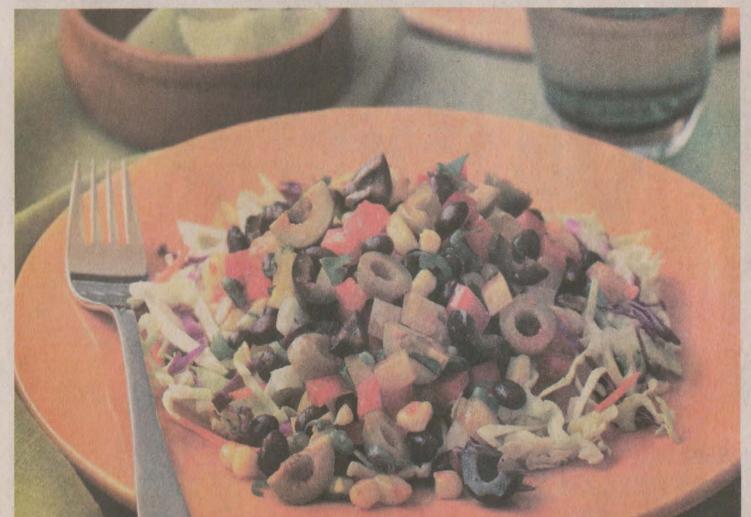
teaspoon ground cumin teaspoon chili powder

cup chopped fresh cilantro Salt and freshly ground black pepper to taste

Combine olives, corn, peppers, green onions and black beans. In small bowl, whisk together lime juice and olive oil. Add cumin, chili powder and cilantro to olive mixture; mix well. Taste and season with salt and pepper as needed.

Do ahead: Can be made in advance and will keep for seven days in the refrigerator.

Nutrients per serving: 115 calories, 79 calories from fat, 9g total fat, 6g monounsaturated fat, 0mg cholesterol, 153mg sodium, 8g total carbohydrates, 2g dietary fiber,



The taste of the Southwest comes alive when Santa Fe Olive Toss is served on slaw.

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MOVIES FROM THE BLACK LAGOON

'Martyrs'

by TOM DOTY TIMES COLUMNIST

A young woman seeks revenge against the warped family that held her captive as a child, in this harrowing film that plays like a revenge opus until the final 20 minutes.

It transcends the genre by revealing why these people would kidnap an innocent child and what they hope to get for brutally tortur-



Tom Doty Times Columnist

ing another human being. accomplishes all of this while depicting the suffering of another person to such extent that I hesitate to recommend this to any-

one with a weak constitution.

The film begins with a heartwrenching jolt as a young girl escapes from captivity and emerges onto a city street screaming for her life. We learn that her name is Lucie. She is remanded to a psychiatric hospital where she is befriended by another child, Anna. The doctors realize that an awesome shock has impacted this child, but they can pry nothing out of her despite resorting to using Anna as a go-between.

The film then jumps ahead 15 years and introduces a family enjoying a Sunday breakfast.

(See LAGOON, page three)

This Town, That World

Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request.

SO WE LEARN

Inflation, we learn via the corner drugstore, is highly educational. "Why" this philosopher philosophized, "if it wasn't for inflation, people wouldn't know beans."

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And they ssay mothers have a new means of whipping Junior into line, these days." If you don't eat your dessert, buster, you get no

A THREATENING NOTE

Some years ago, as I may have previously confessed, I made one of my less sensationally successful business transactions, when I acquired my one and only lifetime subscriber. James Morell tempted me with \$20 or \$25. I forget which-back in the days when a dollar looked as big as a wagon wheel. But, I enjoy having him as a reader, especially when he sends me a note such as the following from San Angelo, Texas:

"I want to put you on notice that should any more, of your children get married in Texas and I don't receive a wedding invitation. I will have to seriously consider, cancelling my subscription to your

FRIENDS IN NEED

While Bud Perry and I have been sidling up on the "off" side of every other person having any-

(See ALLEN, page two)



The Piarist School is playing host to 26 outreach workers from Wisconsin this week. The group is replacing and repairing windows at homes in Magoffin County until tomorrow.

HELPING HANDS

Piarist outreach program assists in a variety of ways

by SHELDON COMPTON STAFF WRITER

MARTIN - Outreach organizers at the Piarist School such as Audrey Collins are at it again, this time in Magoffin County.

It's that time of year again when Collins starts working with outreach participants for summer programs primarily involving home repairs.

This summer, 26 adults and teens from Wisconsin have made the Odd Fellows Youth Camp in Prestonsburg their home for a week while repairing windows in a community in Magoffin County, and have been all smiles while doing so, Collins says.

"You should see them," she said Thursday. "Here they were with mud up to their kneecaps and line dancing in the evenings. They really want to be doing what they're doing.'

And so does Collins, who can always be found moving from one plan to the next within the halls of the

Father Thomas Carroll says he couldn't have found a better pick for an outreach program director at the private Catholic school in Martin.



that the requests that often come in requests we get for school supplies

"I found a wonderful person to do never cease to surprise him. "What this in Audrey," Carroll said, adding fascinates me is the number of

from public schools."

Which brings us to the many other functions the outreach program takes

Since starting in her position seven years ago, Collins has expanded the program from holiday gift giving and food donations to encompass a wide range of charitable efforts.

Those efforts include, as with the visitors from Wisconsin, emergency home repair work, a Christmas gift drive that grew from a few hundred donations to more than 1,000 gifts given out this past holiday season, making mix CDs for hospice residents, clothing donations during summer and winter and countless other

"I work anywhere from 40 to 60 hours a week, especially during the summer and winter," Collins said. "During the winter, for instance, I go door to door in the region to give gifts and other donations. I do this by names that are given to us for people who might need the help, but there are other times I just stop when I see a house that has old toys in the yard."

The Piarist outreach program is run entirely from donations.

DINNER DIVA

Produce keeping tips



One place you can really get nailed on is buying fresh produce. Produce will only keep so long so you absolutely have to have a plan to use it up. If all you do is buy it and let it sit in your fridge, you might as well start flushing five-dollar bills down the toilet!

But still the question remains, how do you keep your produce fresh? That's a great question and for sure, the answer varies according to what you have. Let's tackle the most common fruits and veggies, shall we?

First up, some things you need to know. There is a certain chemical com-

inside lifestyles

pound called ethylene that is released as should not. Here is a list of stuff to store produce ripens. This ripening action builds up in a closed plastic bag so the gas makes your food break down quicker. What I do is keep the bags open to avoid that too quick ripening factor. If you take it out of the bags, it will dry out so opening the bag really helps to preserve it. Check too with the packaging you bought your produce in. Often times, these bags have little holes in them to allow the ethylene to release without dry-

Secondly, there are things that should refrigerated and there are others that

in your pantry-

Onions

Potatoes

Garlic Shallots

Hard winter squashes

Sweet potatoes Keeping these guys away from the light will help prolong their shelf life and

stop your potatoes and onions from sprouting. Here is a list of stuff to stick in the

(See DIVA, page two)

CAR TALK

How to gently get out of a squeeze

- page B3



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Extension Notes	.Ba
Rental Central	B
Worship Directory	.B
Classifieds	.B

Fun & Games





Martha A. Simpson, D.O., M.B.A. Associate Professor of Family Medicine

Every summer I have the privilege to write a column about breastfeeding to celebrate World Breastfeeding Week, August 1-7.

Breastfeeding is the perfect start to raising a healthy child. There are many advantages to breastfeeding for both infant and mother. Breast milk contains nutrients that protect against common childhood illnesses and support your child's healthy development. Breastfeeding also appears to mothers.

The American Academy of Pediatrics recommends feeding your baby only breast milk for at least the first six months of life. Breast milk appears to have both antibacterial and antiviral qualities that enhance the newborn's immune system. Nursing infants have a lower incidence rate of sudden infant death. They also have fewer reported emergency room visits, hospitalizations and antibiotic reduce the risk of some cancers for treatments. Children who were

Health benefits of breastfeeding

breastfed as infants score higher on IQ tests and have a reduced risk for childhood cancer, respiratory infections such as asthma, obesity, and adult diabetes, among other things. The longer the child is breastfed, the greater the positive effects seem to

New mothers also enjoy health benefits from breastfeeding. Women who nurse their infants have lower incidence rates of ovarian cancer and some types of breast cancer, and they are less likely to develop type II diabetes. In addition, the calories your body burns converting energy into breast milk can help new mothers drop extra pounds. And although mothers can lose some bone density in the short term while nursing, new research suggests that, not only do the bones recover their original density after weaning, but breastfeeding your infant may actually reduce your risk for osteoporosis in the long run.

In addition to these health benefits, breastfeeding saves on the cost of baby formula and bottles and eliminates the work of always sterilizing, preparing and cleaning up after a bottle - which can both increase your time with your family and take the toil out of late-night feedings.

Because breastfeeding is a roundthe-clock commitment, professional demands and other logistical issues can present challenges. Increasingly, lactation rooms are being added to offices and workplaces, but this is not always the case. If you are a mother returning to work or would just prefer the additional flexibility, you may want to purchase a breast pump to store and bottle your breast milk so another caretaker can feed it to the infant. While it may take some extra investment and coordination, it's worth your efforts to give your baby breast milk for at least the first six months of her life.

Such barriers are easier to resolve when you have support from family members, friends and colleagues -- a luxury not every mother can claim. You may be able to find the resources and support you need from your community. There are lactation consultants at most hospitals now, as well as community groups, such as La Leche League International, committed to raising awareness and providing mother-to-mother support.

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Family Medicine(r) is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-

GOOD HEALTH

Female facial hair can be hormone-related

DEAR DR. DONOHUE: many experts. I'm a 26-year-old woman with an embarrassing problem. I'm growing a mustache. What causes this? I have started to shave, but I worry that shaving is going to make the hair grow faster and coarser. I see some hair on my breasts, too. What can I do about this? -- V.K.

ANSWER: Hair growth in females in places where it should be found only in males is hirsutism (HERE-suit-izm). Such areas include the skin above the upper lip, the chin, the chest, the thighs, the upper back and the abdomen. Hair in those places is sensitive to the action of male hormones. Common causes for such hair growth are idiopathic (a definite cause not found), menopause (when female hormone production dips) and polycystic ovary syndrome.

Polycystic ovary syndrome is fairly common. Signs of it are a diminution or complete stoppage of menstrual periods, hirsutism, obesity and large ovaries with many cysts. One for some polycystic ovary symptoms is an overproduction of androgen -- male hormones. The unwanted pattern of hair growth stems from it. Fungi are germs that are a androgen excess.

Idiopathic hirsutism -- hair growth without a cause found -- might be a mild form of polycystic ovary syndrome. That's a popular theory expounded by

Rarer causes of hirsutism include adrenal gland overactivity, tumors of the adrenal gland or ovary, pituitary gland tumors and some prescription

You're not going to solve this on your own. You need a doctor to evaluate your hormone status. The appropriate treatment hinges on finding a specific cause.

When a cause cannot be found, shaving, electrolysis, depilatories (chemical hair removers) and laser treatments are options. Shaving doesn't make hair grow faster or coars-

Vaniqa cream, a prescription item, gets rid of unwanted hair quite well. Birth-control pills work when a woman needs estrogen. Spironolactone, a water pill, can counter the influence of male hormones and is often

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DEAR DR. DONOHUE: I keeping vitamins intact. of the mechanisms responsible have a fungus infection on my left foot and toes. What causes it? How do I get rid of it? --

> ANSWER: A fungus causes bit larger than bacteria. Fungi thrive in warm, moist places. Keep your feet dry. Wear sandals when you can. Change socks twice a day. Have two pairs of shoes, and alternate

their use. You can find numerous medicines for athlete's foot (which is what you have) at the counters of all drugstores. Lotrimin AF, Micatin, Absorbine and Tinactin are a few names. If those medicines fail, the oral medicine griseofulvin usually can do in the fungus.

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DEAR DR. DONOHUE: How much are the vitamins in vegetables destroyed by cooking? Is microwaving more destructive than boiling on a

ANSWER: Some vitamins do trickle into the boiling water from cooking vegetables. Keep the amount of water to a minimum, and bring it to a boil before you put in the vegetables. Don't cook them to death. Let them keep some crunchiness.

Microwaving preserves more of the vegetables' nutrition than does boiling. Steaming is another way of

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Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

Salome's Stars Weekly Horoscope

responsibility. Having faith in your own abili-

ARIES (March 21 to April 19) A chaotic atmosphere taxes the patience of the Aries Lamb, who prefers to deal with a more orderly environment. Best advice: Stay out of the situation until things settle.

TAURUS (April 20 to May 20) Tension runs high in both personal and workplace relationships. This can make it difficult to get your message across. Best to wait until you have a more receptive audience.

GEMINI (May 21 to June 20) This is a good time to take a break from your busy schedule to plan for some well-deserved socializing. You could get news about an important personal matter by the week's end.

CANCER (June 21 to July 22) An offer of help could come just when you seem to need it. But be careful about saying yes to anything that might have conditions attached that could cause problems down the line.

LEO (July 23 to August 22) Sometimes a workplace colleague can't be charmed into supporting the Lion's position. That's when it's time to shift tactics and overwhelm the doubter with

VIRGO (August 23 to September 22) You continue to earn respect for your efforts to help someone close to you stand up to a bully. But be careful that in pushing this matter you don't start to do some bullying yourself.

LIBRA (September 23 to October 22) Don't ask others if they think you're up to a new ties is the key to dealing with a challenge. P.S.: That "private" matter needs your attention.

SCORPIO (October 23 to November 21) This is a good time to use that Scorpian creativity to come up with something special that will help get your derailed career plans back on track and headed in the right direction.

SAGITTARIUS (November December 21) While change is favored, it could be a good idea to carefully weigh the possible fallout as well as the benefits of any moves before you make them.

CAPRICORN (December 22 to January 19) The Goat continues to create a stir by following his or her own path. Just be sure you keep your focus straight and avoid any distractions that could cause you to make a misstep.

AQUARIUS (January 20 to February 18) A colleague's demands seem out of line. But before reacting one way or another, talk things out and see how you might resolve the problem and avoid future misunderstandings.

PISCES (February 19 to March 20) A personal matter appears to be making more demands on your time than you feel you're ready to give. See if some compromise can be reached before things get too dicey

BORN THIS WEEK: You're able to communicate feelings better than most people. Have you considered a career in the pulpit or in poli-

Diva

fridge-

Apples Cherries

Grapes Melons (unless you're trying to ripen up on the counter-

Berries (don't wash till ready to use)

Grapes

Peas Any citrus

Artichokes Asparagus (cut the ends off and place them in a glass of

water, plastic over the top) Lettuces Spinach Eggplant Cucumbers

Mushrooms

Peppers Leeks

Greens Cauliflower & broccoli Cabbage

Carrots Beets

Any fresh herbs Radishes

Green onions or scallions Zucchini & summer squash Turnips

Green beans Celery

The thinner the skin on the fruit or vegetable, the sooner it needs to be used.

Here is a list of stuff that can start on your counter then can go into the fridge if necessary, but you need to be aware that it can get too cold and end ■ Continued from p1

by the fridge-

Tomatoes

Peaches

Apricots

Plums

Nectarines Mangos

There you go...everything

up somewhat bruised or ruined

Avocados

Bananas

Papaya

Pineapple Pears

Kiwi

you wanted to know about keeping produce but were afraid to ask! This simple guide should help you start storing and using your produce wisely without the spoilage. Enjoy!

Allen

thing to do with the publick prints, these last two weeks, begging to borrow or buy newsprint, I have been reminded of the old adage which runs to the effect that a friend in need is a friend indeed. Yes, indeed, we have been very, very friendly...Almost fawning, on any possessor of paper who would hold still.

The reaction of these people to whom we were "friends indeed" reminds me that we might rewrite, the adage to this

"A friend in need is a friend in deed.'

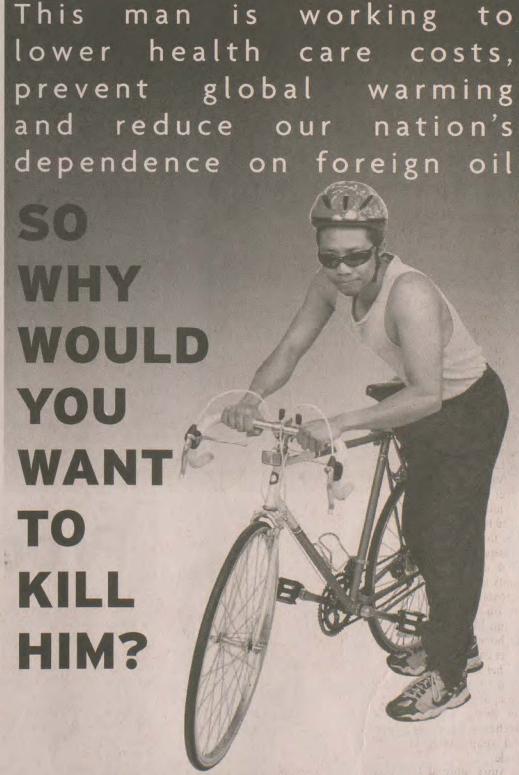
These newspaper folk were just that—they have invariably been ready to do all they could, and they did not merely send us away, tails wagging with sympathy and a kind word. Among these are Jim Norris of the Ashland Daily Independent, Fred Baber at the Winchester Sun, the Wayne County (W. Va.) News; the Maysville Independent; the Morehead News, to name a few. Hope we don't have to

■ Continued from p1 add to the list next week.

000

J.W. McIntosh has a cat which might be in violation of Kentucky law. In plain view of witness: indulged in snakehandlin', the other day.





Cycling is one the best ways to improve your health, protect the environment and reduce consumption of foreign oil. But even if you don't ride a bike, you can help do your part by watching for cyclists on the road and driving with care. In Kentucky, bicycles have the same rights to use roads and highways as cars and trucks. But keep in mind that cyclists are at greater risk of injury or death in the event of a wreck. That is why it is important to use caution and courtesy when you encounter a bicycle. Pass them only when it is clear, give them a few extra feet when passing, and never do anything to startle a cyclist, such as blowing your horn, passing too close or yelling at them.

Save a life. Share the road.

Submersion in water might have fried air-bag system

by TOM and RAY MAGLIOZZI

Dear Tom and Ray:

I live here in England (my wife is from New Jersey, and she introduced me to you guys). Recently my wife

and I drove our "eBay special" Renault Laguna Twickenham in Surrey. We parked not far from the river and went for a coffee. When we returned to the car an hour later (it was a dry day), the whole street Our under water. Renault was in about two feet of water. The car started and I backed it out whilst the locals watched me and shook their heads.

After drilling holes in the foot wells, we drove home. We got the car dried out at a garage, and the engine is fine. However, the seat-belt pre-tensioners got soaked, and now the air-bag light flashes constantly. The garage could not do a diagnostic of the air-bag system on this 12-year-old banger. Do

bag going off whilst driving? Cheers! — John

TOM: Quite the opposite, John. I think there's a danger that the air bag will NOT go off if you have an accident

RAY: I'm just impressed that he happened to have an electric drill in the car, just in case he needed to put drain holes in the floor! Now, that's planning ahead!

TOM: When the air-bag light is flashing, John, that means there's a fault somewhere in the system. The car's computer runs a self-diagnosis every time you start the engine. The flash-

ing air-bag light is telling you that the computer detected a problem, and you can't count on the system to work properly.

RAY: The seat-belt pre-tensioners are part of the air-bag system, or more correctly, the supplemental restraint system (SRS). They use small exployou think there is a danger of the air sions to instantly cinch up the seat

belts in preparation for a crash, to pull you into the correct position, where you can most benefit from the air bag.

TOM: If your mechanic is certain that the pre-tensioners are what's causing the light to flash, you can try to have them replaced. You might talk to a collision repair shop, which would have experience in rebuilding cars after accidents involving air-bag deployments.

RAY: But I'm not certain that's all that's wrong. If your mechanic was unable to scan the computer and read the codes, how does he know there aren't other problems with the SRS system? The air-bag sensor itself could have been under water, too.

TOM: So before replacing anything, I'd try to find a mechanic who can perform a proper scan for you. That may require a trip to the Renault dealer. And if you're thinking about returning to Twickenham, you might consider having the dealer install the official Renault bilge-pump and pontoons while you're there. Good luck,

Choose safety over nostalgia Dear Tom and Ray:

We're buying a car for my 17-yearold son. I've found two cars locally that appeal to us - a classic 1968 VW with a few thousand miles on a rebuilt engine, and a 1992 Honda Accord with power everything, a four-cylinder engine and 162,000 miles. From my experience, having owned a Bug in my glory days, the delight of working on the vehicle and maintaining it myself might outweigh the practicality of a new car that could have subsequent issues - you know used cars! The price of each is comparable ... what do you guys think? -

TOM: I think you may be having a midlife crisis, Mindy. When people start musing wistfully about VW Bugs, that's a pretty clear danger sign.

RAY: Like most of us do, you're conflating your glory days with the car that you drove in your glory days. During that period of your life, you were single and carefree, you had long, flowing, not-gray hair, you wore a size 6, and you drove to Woodstock with four boyfriends competing for your attention and Hubert H. Humphrey bumper stickers on your car. That was a good, old time.

TOM: But it wasn't the car that was good. Even in its day, it was a cheap, dangerous car. And now it's infinitely more so — due to the

greater number of cars on the road and the percentage of them that are now enormous.

RAY: And since young drivers and especially young male drivers tend to crash their cars at higher rates than other people, you don't want your teenage son in a VW Bug when that happens.

TOM: Back in the '60s, we knew people who died in VW Bugs. And some of them had to be buried in them, because the car was too compacted to get them out!

RAY: So, get him the Accord. While there are things he won't be able to do to the Accord, he can learn to do the basic maintenance. And when things beyond his capability break, he'll learn the hard lesson that every one of us has had to learn as a young driver: How to get a job, and then fork over your hard-earned money to a lousy mechanic.

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack in care of this newspaper, or email them by visiting the Car Talk Web site at www.cartalk.com.

Renfal T Central

CLICK & CLACK

Talk Cars

by TOM DOTY TIMES COLUMNIST

A very weak quartet of releases filled the shelves this week with a bunch of remakes and rehashes of earlier films taking up retail space.

"the Mutant Chronicles" - Hollywood got cold feet about releasing this sci-fi action opus last year. It was too late to stop the book adaptation and some magazine articles, but they delayed the film anyway and dumped it on home video. It's not very good but what's surprising is that a fact such as that mattered to the same guys who okay countless remakes of slasher movies. Here you get an apocalyptic future that is governed by corporations. They must confront an army of killer mutants and trust a bizarre warrior (who claims that it was prophesied that he destroy the bad guys). Thomas Jane, cial effects put in a good day's work here, but you've seen this stuff before.

■ "Obsessed" — A businessman finds his newfound success to be short lived when an office affair threatens to destroy his personal life in this thriller. This one can barely hide its pedigree ("Fatal Attraction" anyone?) despite a game cast that includes Idris Elba ("The Wire") and Beyonce Knowles ("Destiny's Child") as the couple, and Ali Larter ("Heroes") in the Glenn

Close role. By the numbers. "Race to Witch Mountain" — Here is this week's only flat-out remake. Dwayne "The Rock" Johnson stars as a cabbie enlisted by two children when they need help escaping to the titular place. Turns out they're alien emissaries from a dying planet and only they can save us from an intergalactic army. The problem becomes staying

alien monster has been dispatched to stop them as well as a covert government agency. This one's at least a lot of fun, though the original wasn't too shabby either.

■ "The Soloist" — Here is this week's only original film. It's based on a book (Hollywood guys actually read?) and stars two of film's most bankable actors, Robert Downey Jr. and Jamie Foxx. The story is true and centers on a struggling reporter who befriended a mentally ill and homeless musician. Telling his tale got both of them several opportunities. There was a lot of room here for drama, but they fudge it and deliver a melodramatic stew that fails to address the key issue of whether these men actually did each other any good.

Next week brings a pair of comedies with the release of "I Love You, Man" and "17 Again."

by SAMANTHA WEAVER

It was American humorist, writer and television host Sam Levenson who related the following remembrance: "It was on my fifth birthday that Papa put his hand on my shoulder and said, 'Remember, my son, if you ever need a helping hand, you'll find one at the end of your arm.'

■ The Associated Press recently reported on a kind act gone terribly awry. An Israeli woman surprised her mother by having her old mattress hauled away and replacing it with a brand-new one. When the mother returned home and discovered what had happened, she was terribly distraught. It seems the woman had been hiding money in the old mattress for years -- about \$1 mil-

According to a survey conducted in 2008, 15 percent of American men spend more than an hour in the bathroom every day. Unsurprisingly, the number of women who spend that long in the bathroom is much higher, at 38 percent.

■ It's been reported that whenever he traveled, French philosopher, mathematician, scientist and writer Rene Descartes brought with him a doll named after his daughter, Francine.

■ The most common surname in the United States is Smith, followed, in order, by Johnson, Williams and Jones.

A man in Sandusky, Ohio,

evidently had a rat problem in his home -- and had a novel way of dealing with it. It seems that whenever he saw -- or thought he saw -- a rat, he would shoot it. This method didn't always work the way he planned, however. He once shot himself in the foot. On another occasion, he mistook his wife's hat for one of the pesky rodents and shot it. Unfortunately, the hat was on her head at the time, and the man was charged with negligent assault.

Thought for the Day

'Almost all our faults are more pardonable than the methods we resort to to hide them." Francois

Rochefoucauld

Lagoon

Mom and dad trade barbs with their adolescent son and daughter. The peaceful routine is disrupted by a knock at the door and we are right back in a nightmare as mom answers it. A young woman waits on the other side and proceeds to greet the mother with a shotgun blast.

She wades into the home and ruthlessly cuts down the rest of the family. Once the carnage is over she telephones another young woman and we soon realize that the victim we met in the opening scenes, Lucie, is now the perpetrator of the violence. The woman she phones turns out to be Anna, who immediately heads for Lucie's location.

Anna decides to help Lucie cover up the crime, but she is obviously upset that Lucie acted before she could be sure that this was the family that kidnapped her. Anna is somewhat dubious about Lucie's sanity and her suspicions soon bear some serious merit. Turns out Lucie is convinced that a victim like herself is loose in the home and must be rescued. Anna can't find this other victim but she soon discovers that the mother of the family is still alive. She decides to help her get away. Lucie, however, catches wind of the situation and snaps back into killer mode.

Anna ultimately decides that Lucie has lost her grip on reality. She begins to question whether or not the family was ever involved in Lucie's past. All is made clear during the film's final 30 minutes, but it would be a crime to give it away. Suffice to say that all questions are answered and a villain emerges who is more frightening than any monster committed to celluloid.

This movie represents further evidence that France is the new home for modern horror. Once again they succeed in taking the latest horror craze to the next level. You can add this one to an impressive list that includes Gallic efforts such as

"High Tension" and "Inside." What separates this effort from the "torture-horror" trend that began with films like "Hostel" is that it is utterly grounded in realism. The horrible things that happen in this film turn out to be the product of an enlightened bunch of people. Sick, yes, but also sophisticated and smart. You

certainly won't agree with their methods, but you will be stunned when you find out that the answers they seek are the

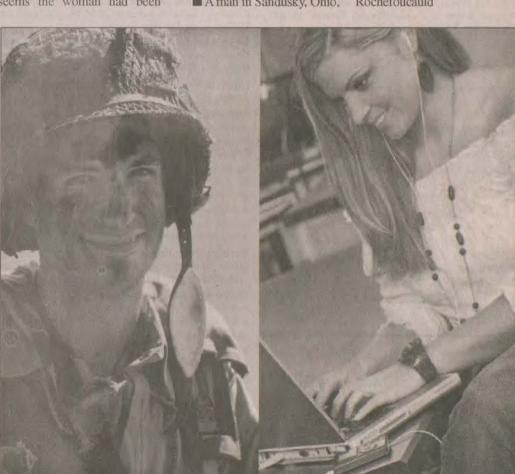
■ Continued from p1

same answers we all want. It's a no-brainer that this one will get people talking. Let's just hope that it takes root to the extent that we never have to worry about people ever thinking they can justify a search for answers with the

suffering of others. Best line: "It is so easy to create a victim, young one. You lock someone in a room and they begin to suffer."

2008, unrated.





Overseas?

At school?

Don't let them miss home too much! Give them an e-Edition of the

The Times

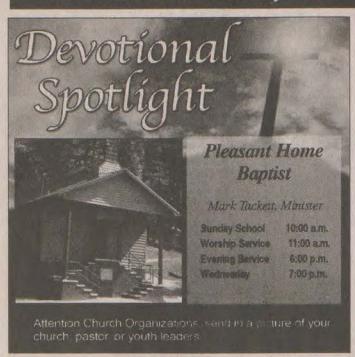
Same format as our print edition online! Go to www.floydcountytimes.com

1 Year

6 months

Hoyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.



ASSEMBLY OF GOD

First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister.

In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.

New Bethel Assembly of God, Burning Fork Rd., Salversville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith,

Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

BAPTIST

Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.

Auxier Freewil Baptist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 pm.; Thursday, 7 p.m.; Bobby Spencer, Pastor.

Ball Branch Regular Baptist Church, Mousey Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor. Contact Kermit Newsome 606-377-6881 for more informa-

Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.

Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.

Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m.; Vera Joiner, 886-3863, ext. 67267.

Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.

Brandy Keg Freewill Baptist, Corn Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.

Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.

Community Freewill Baptist, Goble Roberts Addition; ol. 10 a.m.: Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.

Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathon Lafferty, Minister.

Daniels Creek Baptist Fellowship Church of God, Banner. Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.

Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister.

Endicott Freewill Baptist, Buffalo; Sun. School, 10 a.m.; Church every Sun. Morning 11:00 a.m.; Wed. evening

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Saint Joseph Martin

Bible Study & Prayer Meeting, 7:00 p.m.; First Sat. evening Service, All Welcome 7 p.m. Pastor Mark Hunt, 606-478-2698

Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wireman.

Faith Freewill Baptist, 1/4 mile above Worldwide Eqpt. on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.: Wednesday, 7 p.m. Elder Donnie Patrick, Minister.

First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.

First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

First Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minister.

Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Free United Baptist, West Prestonsburg; Sunday School,

10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m. Grethel Baptist, State Rt. 3379, (Branham's Creek Rd.);

Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m. Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Crace, pastor; Assist. Larry Patton. Phone 358-

Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7

p.m.; David Garrett, Minister. Jacks Creek Baptist, Bevinsville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trusty.

Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor.

Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.

Lancer Baptist Church; 71 Cooley St., Prestonsburg, Sunday School, 10:00 a.m., Morning Worship, 11:00 a.m., Evening Woship, 6:00 p.m., Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter

Left Beaver Regular Baptist Church across from Garth School; 4th Saturday & Sunday 10:00 am, Odd Saturday 6:00 pm.; Gary Compton, Pastor.

Liberty Baptist, Denver; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.

Ligon Community Freewill Baptist, Ligon Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.

Little Rosa Regular Baptist Church of Jesus Christ. (Indian Bottom Association) Services: 1st Saturday & Sunday ofevery month 9:30 a.m., 3rd Sunday 9:30 a.m., Odd Sunday 9:30 a.m.

Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.

Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.

Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.

McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.

Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; William L. Hunt, Minister.

Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home

Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.

Prater Creek Baptist, Banner; Sunday School, 10 a.m; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; J.B. Hall, Pastor. Phone: (606) 874-3222.

Rock Fork Freewill Baptist; Garrett Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.

Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Crace Jr., Assistant

Salt Lick United Baptist, Salt Lick, Hueysville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen

Chaffins, phone 946-2123. Sammy Clark Branch Freewill Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.;

Wednesday, 6:30 p.m. Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.;

Wednesday, 6 p.m. The Third Avenue Freewill Baptist; Sunday School, 10

a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Phillip Ramey, Pastor. Tom's Creek Freewill Baptist, U.S. 23 (north of Layne

Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Tom Moore Memorial Freewill Baptist; Cliff Road;

Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.

Trimble Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m., Youth Services 7

p.m.; Everyone Welcome United Community Baptist, Hwy. 7, Hueysville; Worship

Service, 2 p.m.; Friday, 7 p.m.; Carlos Beverly, Minister. Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferrari, Minister.

CATHOLIC

St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday.; Father Robert Damron, pastor.

First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister. Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m; Sherm Williams, Minister.

CHURCH OF CHRIST

Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.

Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.

Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister.

Highland Church of Christ, Rt. 23, Hager Hill; Sunday

School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.;

Chester Varney, Minister. Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.;

Wednesday, 6:30 p.m.; Lonie Meade, Minister. Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday,

Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m. Gary Mitchell, Minister.

Maytown Church of Christ, 66 Turkey Creek Rd., Langley. Sunday Bible Study 10:00 a.m., Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible Study 6:00 p.m.

on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Upper Toler Church of Christ, 3.5 miles up Toler Creek

Weeksbury Church of Christ; Sunday School, 10 a.mm.; Worship Service, 10:45 a.m. and 6 p.m. John Burke, Minister.

CHURCH OF GOD

Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister Community Church of God, Arkansas Creek, Martin;

Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, First Church of God; Sunday School, 10 a.m.; Worship

Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor. Garrett Church of God, Garrett; Sunday School, 10 a.m.;

Worship Service, 11 a.m.; Family Training Hour -Thursday 7 p.m., Bill B. Tussey. Jr, Pastor Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr.,

Little Paint First Church of God, 671 Little Paint Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p..; Charles Heater Jr.,

The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

EPISCOPAL

St. James Episcopal; Sunday Service, 9:45 a.m.; Holy

Eucharist 11:00 a.m. Wednesday Study Group 6:00p.m., Holy Eucharist & Healing 7:30 p.m. Father Johnnie E. Ross, Rector. LUTHERAN

Our Savior Lutheran, Sipp Bayes Room Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLW (600 am) 12:05 p.m.; Rolland Bentrup, Minister.

METHODIST

Auxier United Methodist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Mearl Music, Minister.

Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister

Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.

Community United Methodist, 147 Burke Avenue (off University Drive and Neeley St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Glen "Sandy" Douglass, Rev.

Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.;

Emma United Methodist, Emma; Sunday School 10 a.m., Sunday Worship Service 11 a.m.; Pastor David Profitt.

First United Methodist, 256 South Arnold Avenue; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev Jim Adams, Pastor

Horn Chapel Methodist, Auxier Road, Auxier; Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Midweek Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Judy Carr-Back, Minister

Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.

Salisbury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.

Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.

Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister Vogle Day United Methodist Church, Harold; Sunday

School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor. Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship

Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister. Free Pentecostal Church of God, Rt. 1428, East Point;

Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister. Free Pentecostal Church of God, Weeksbury; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednes-

day/Saturday, 7 p.m.; John "Jay" Patton, Minister. Free Pentecostal Deliverance, Ext. 46 off Mt.. Parkway at Campton; Worship Service, Saturday and Sunday, 7

p.m.; Patricia Crider, Minister. Free Pentecostal Holiness, Rt. 122, Upper Burton; Sunday School, 11 a.m.; Worship Service, 6 p.m; Friday, 7 p.m.; Louis Sanlan, Minister; David Pike, Associate

Goodloe Pentecostal, Rt. 850, David; Worship Service, 6

p.m.; Malcom Slone, Minister,

Parkway First Calvary Pentecostal, Floyd and Magoffin County Line; ; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister. 297-6262.

Trinity Chapel Pentecostal Holiness, Main St., Martin; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Elllis J. Stevens, Minister.

Free Pentecostal Church, Dwale; Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

PRESBYTERIAN

Drift Presbyterian, Route 1101, Drift; Worship Service, 11 a.m.

First Presbyterian, North Lake Drive; Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev. Vicki Poole, pas-

SEVENTH DAY ADVENTIST

Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3459, leave message. Everyone welcome!

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

The Church of Jesus Christ of Latter-Day Saints; Sacrament Mtg., 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Preisthood/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Ken Carriere, Bishop.

OTHER

Pastor Atha Johnson welcomes everyone to attend services at the CHURCH of GOD of PROPHECY TRAM KENTUCKY. Sunday school 10 a.m., Worship service 11

Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30

Grace Fellowship Prestonsburg, (next to old flea market), Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg,

Faith Deliverance Tabernacle, West Prestonsburg;

Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister Faith Revelation, Harkins Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship service, 11 a.m. and 6

p.m.; Thurs. 7 p.m. Randy Hagans, Minister. 886-9460. Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed, 7 p.m..Carl &

Missy Woods, Pastors. Faith Worship Center, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude

Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 pm.; Lavonne Lafferty, Minister.

Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister. Living Water Ministries Full Gospel Church, Rt. 3, just

before Thunder Ridge; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor: Curt Howard. Martin House of Worship, Old Post Office St.; Worship

Service, 7 p.m., Saturday/Sunday. Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.

Spurlock Bible (Baptist), 6227 Spurlock Creek Rd. Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-Town Branch Church; Sunday School 10 a.m except for

first Sunday in each month.; Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom

The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright,

7:00; Wednesday, 7:00; Pastors, Paul and Ramona Aiken. Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Thursday, 7 p.m. Zion Deliverance, Wayland; Sunday School, 10 a.m.;

The Tabernacle, Rt. 321 (Old Plantation Motel), Christian

Educator, 10:00; Sunday Morning, 11:00; Sunday Evening,

Worship, Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayer Line; 358-2464; Darlene W. Arnette, Pastor Taylor Chapel Community Church, formerly the old Price Food Service building, located 1 quarter mile above Worldwide Equipment, Rt. 1428. Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30

p.m. Kenny Vanderpool, Pastor. International Pentecostal Holiness Church, 10974 N.

Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor. Rising Son Ministries, 114 Rising Son Lane, Prestonsburg, Ky 41653.; Sunday, 11:00 Wednesday, 6:30 p.m. Pastor: D.P. Curry.

Church of God of Prophecy, Sunday School 10 a.m., Worship Service 11 a.m., Sunday Night - 6 p.m., Wednesday Night - 6 p.m. Pastor Glenn Hayes. West Prestonsburg.

House of Refuge, Rock Fork: Sunday Evening Worship 6 pm, Monday Bible Study 7:30 pm, Wednesday Prayer Meeting 7:30 pm, Bill B. Tussey, Pastor

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FLOYD COUNTY Faith and Family



Local pastor presented with Denman Award

recipient of the Harry Denman Evangelism Award by Bishop Lindsey Davis during the Methodist Annual Conference held in Covington, on June 3-6.

The award, envisioned and established by Dr. Harry Denman 60 years ago, seeks to celebrate those persons whose personal ministry in evangelism personifies living the Gospel

Alan David Profitt was honored as the of Jesus Christ daily and spreading the word of truth and love daily to all whom they may meet. Profitt is one of only 94 persons to have received the award.

> David Profitt has been the Pastor of the Emma United Methodist Church since June 5, 2005. Since his tenure there, he has baptized 24 people into the church. Twenty-three others have joined through letter.

Outreach activities include the expansion of missional activities such as supporting the Gulu Missions in Africa and a partnership with a local elementary school. Pastor Profitt has instituted a Wednesday Night Bible Study and a Leadership Team who meet quarterly to discuss goals and issues that may affect the church. The congregation has completed "Seven Great Sundays of Growth"

whereby members pledged to attend Sunday school, Church, and Wednesday Night Bible

In addition to serving as pastor at Emma United Methodist Church, he teaches religion and philosophy at the Big Sandy Community and Technical College. He and his wife Darlene live near Salyersville.

'Back to Church' campaign to woo 'de-churched' and 'un-churched'

SAN DIEGO, Calif. - As millions of Americans head back to school, organizers of a new faith-based outreach campaign hope that millions more will come back to church as well.

"Back to Church The Sunday" campaign (http://www.backtochurch.co m) from San Diego-based Outreach Inc. makes it easy for church members to invite their friends and family by creating a worship service specifically geared toward visitors.

The program kicks off with national "Back to Church Sunday" on Sept.13 aimed at reaching the "un-churched" and "de-churched"- people who used to go to church, but don't any more.

The campaign is based on a simple idea. If you ask unchurched people to come with you to church-mostly likely they'll say yes.

LifeWay Research, an arm of the Southern Baptist Convention, found that 82 percent of un-churched people surveyed said that they'd be open to visit a church, if a friend or family member invited them.

Unfortunately, said Thom Rainer, president of LifeWay, few church members invite their friends and neighbors. "Only two percent of church members invite an unchurched person to church," he says. "Ninety-eight percent of churchgoers never extend an invitation in a given year."

While most Americans say they believe in God, and many tell pollsters that they attend church regularly, only about 20 percent of Americans actually show up in church on Sunday, according to the "The American Church in Crisis," a recent study of church atten-

Organizers say most people who drop out of church haven't lost their faith in God. Instead, they fell out of the habit of churchgoing. Some moved or had another change in life circumstances, or had a falling out with their former church and simply drifted away. Most often, life simply became too

That means they are open to returning to church.

"Many de-churched people are a simple re-invitation away," says Mark Batterson, of the National Community Church in Washington, D.C.

Inviting newcomers is only part of the campaign. The other part is getting the church ready for them to show up.

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Outreach has put together several tools to help churches prepare for visitors.

A free downloadable planning guide offers advice on everything from sermon planning to instructions for greeter's. Churches are asked to plan for the program and to make sure their buildings are visitor friendly. They're also encouraged to pay attention to small details-like clear signage and clean bathrooms-that are important to visitors.

When people come to church for the first time, or come back after a long absence, they notice everything," says Nelson Searcy, lead pastor of The Journey in New York City. "In fact, most of them form innate judgments about the environment within seven seconds of walking through the door."

Organizers point out that returning to church is a process. "Rebuilding trust with this group is essential, and building trust requires authenticity and consistency," says

campaign-organizing the "Otherwise, your guide. returning guests may feel that you have tried a 'bait and switch."

Along with the campaign planning guide and an interac-Facebook (http://www.facebook.com/ba cktochurch), Outreach has put together a "Rethink Church" booklet, addressing the 10 top reasons why people drop out of church, along with videos, articles and other resources. The booklet addresses common objections such as, "I don't believe in organized reli-

gion," "Church is boring," and 'Christians are judgmental and hypocritical."

"Back to Church Sunday has the potential to be a day that changes the future course of someone's life," says Chad McCallum, lead pastor of Compass Church in Byron Center, Mich. "In a world where so many people fall into the definition of 'de-churched,' this is a doable effort for any church that wants to reach more people for Christ."

Outreach, (http://www.outreach.com) is the largest provider of out-

reach products and services in North America, including "Outreach" magazine, the most-read pastor's magazine in the world. The company was launched with the mission of empowering Christian churches to reach their communities for Jesus Christ. Outreach, Inc. endeavors to create a network of churches and ministries working together to invite and connect every person in America to a Bible-believing church and ultimately into a personal relationship with Jesus Christ.



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AUDITOR OF PUBLIC ACCOUNTS

The Honorable Robert Marshall, Floyd County Judge/Executive The Honorable Chris Waugh, Floyd County Clerk Members of the Floyd County Fiscal Court

Independent Auditor's Report

We have audited the accompanying statement of revenues, expenditures, and excess fees - regulatory basis of the County Clerk of Floyd County, Kentucky, for the year ended December 31, 2008. This financial statement is the responsibility of the County Clerk. Our responsibility is to express an opinion on this financial statement based on our audit.

We conducted our audit in accordance with auditing standards generally accepted in the United States of America, the standards applicable to financial audits contained in Government Auditing Standards issued by the Comptroller General of the United States, and the Audit Guide for County Fee Officials issued by the Auditor of Public Accounts, Commonwealth of Kentucky. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statement is free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statement. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

As described in Note 1, the County Clerk's office prepares the financial statement on a regulatory basis of accounting that demonstrates compliance with the laws of Kentucky, which is a comprehensive basis of accounting other than accounting principles generally accepted in the United States of America.

In our opinion, the financial statement referred to above presents fairly, in all material respects, the revenues, expenditures, and excess fees of the County Clerk for the year ended December 31, 2008, in conformity with the regulatory basis of accounting described in Note 1.

In accordance with Government Auditing Standards, we have also issued our report dated May 8, 2009, on our consideration of the Floyd County Clerk's internal control over financial reporting and on our tests of its compliance with certain provisions of laws, regulations, contracts, and grant agreements and other matters. The purpose of that report is to describe the scope of our testing of internal control over financial reporting and compliance and the results of that testing, and not to provide an opinion on the internal control over financial reporting or on compliance. That report is an integral part of an audit performed in accordance with Government Auditing Standards and should be considered in assessing the results of

This report is intended solely for the information and use of the County Clerk and Fiscal Court of Floyd County, Kentucky, and the Commonwealth of Kentucky, and is not intended to be and should not be used by anyone other than these specified parties

Auditor of Public Accounts

State law requires the Auditor of Public Accounts to annually audit fiscal courts, county clerks, and sheriffs; and print the results in a newspaper having general circulation in the county. The complete audit and any other audit of state agencies, fiscal courts, county clerks, sheriffs, property valuation administrators may be viewed in the reports section of the Auditor of Public Accounts' website at www.auditor.ky.gov or upon request by calling 1-800-247-9126.



AUDITOR OF PUBLIC ACCOUNTS

The Honorable Robert Marshall, Floyd County Judge/Executive The Honorable John K Blackburn, Floyd County Sheriff Members of the Floyd County Fiscal Court

Independent Auditor's Report

We have audited the accompanying statement of revenues, expenditures, and excess fees - regulatory basis of the Sheriff of Floyd County, Kentucky, for the year ended December 31, 2008. This financial statement is the responsibility of the Sheriff. Our responsibility is to express an opinion on this financial

We conducted our audit in accordance with auditing standards generally accepted in the United States of America, the standards applicable to financial audits contained in Government Auditing Standards issued by the Comptroller General of the United States, and the Audit Guide for County Fee Officials issued by the Auditor of Public Accounts, Commonwealth of Kentucky. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statement is free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statement. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

As described in Note 1, the Sheriff's office prepares the financial statement on a regulatory basis of accounting that demonstrates compliance with the laws of Kentucky, which is a comprehensive basis of accounting other than accounting principles generally accepted in the United States of America.

In our opinion, the financial statement referred to above presents fairly, in all material respects, the revenues, expenditures, and excess fees of the Sheriff for the year ended December 31, 2008, in conformity with the regulatory basis of accounting described in Note 1.

In accordance with Government Auditing Standards, we have also issued our report dated June 3, 2009, on our consideration of the Floyd County Sheriff's internal control over financial reporting and on our tests of its compliance with certain provisions of laws, regulations, contracts, and grant agreements and other matters. The purpose of that report is to describe the scope of our testing of internal control over financial reporting and compliance and the results of that testing, and not to provide an opinion on the internal control over financial reporting or on compliance. That report is an integral part of an audit performed in accordance with Government Auditing Standards and should be considered in assessing the

This report is intended solely for the information and use of the Sheriff and Fiscal Court of Floyd County, Kentucky, and the Commonwealth of Kentucky, and is not intended to be and should not be used by anyone other than these interested parties.

> Alv submitted Crit Luallen

Auditor of Public Accounts

State law requires the Auditor of Public Accounts to annually audit fiscal courts, county clerks, and sheriffs; and print the results in a newspaper having general circulation in the county. The complete audit and any other audit of state agencies, fiscal courts, county clerks, sheriffs, property valuation administrators may be viewed in the reports section of the Auditor of Public Accounts' website at www.auditor.ky.gov or upon request by calling 1-800-247-9126.

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To prevent fires before they start:

Never leave burning candles unattended

☐ Keep fuel (paper, clothing, bedding) at least three feet away from heat sources

To stay safe from fires:

Create a home fire escape plan

Practice your plan at least twice a year Install smoke alarms and escape ladders

Replace smoke alarm batteries at least once a year Purchase and learn how to use fire extinguishers safely

Visit www.redcross.org or contact your local American Red Cross chapter today to learn more.



security deposit. Call 606-478-8100.

For rent: 1 br apartment. Newly renovated. Suitable for 1 person. Call 358-

Furnished apartments for Utilities included. No pets. Located in Prestonsburg. Call 886-8366.

Nice 1 br apartrent.Partcially furnished. Located on Ky Rt 321 between 2 Houses for rent. Highland hospital & Davis market. Central heat / air with washer / dryer hookup. \$395 month. References deposit welcome. Call 789-

per month includes utilities. Also 1 br. Prestosnsburg. \$500 month with utilities included. Call 794-0249.

Houses

For rent: 2 br, 1 bath newly remodhouse. eled Located at Martin. \$ 600 month plus \$500 deposit.Call for 6036-791-6571 or 606-478-8139.

4br, baths. Appliances furnished. Also 3 br, 2 bath all appliances furnished. Located in Knott County. beside Beaver Seniors creek elementary. \$ Call 606-438-6104 or 447-2200.

2 BR apartment for 2 BR Duplex for br mobile home Located in rent, central heat behind Paintsville

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The Times

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INVITATION FOR BIDS

The Floyd County Housing Authority, located at 402 John M Stumbo Drive,

Langley, KY 41645, will receive sealed bids for entitled Project CFPKY36 P 157-

501-(07), File No: 10292007, Thru, Tuesday, August 24, 2009 at 1:30pm (local

A Pre-Bid Conference to be held - Tuesday, August 11, 2009, 10:30 am (Local

Time), in the Ivy Creek Townhouses Community Room, 228 Ivy Creek Rd, Ivel,

Proposed forms of Contract documents, including plans and specifications, are on file

This project consists of: a Request for Proposal for Digital CCTV Recording System

for Security purposes, for Ivy Creek Townhouses, Ivel, KY, and a Request for Quote

Information for Bidders, Bid Form, Form of Contract, Drawings, Specifications, Bid

Bond, Performance Bond, Payment Bond, and other contract documents may be

Copies of the Bidding Documents may be purchased thru Lynn Imaging, 328 Old

Attention is called to the provisions for equal employment opportunity and payment

of not less than the minimum salaries and wage of salary must be paid on the pro-

No bids may be withdrawn for a period of sixty (60) days subsequent to the opening

Vine Street, Lexington, KY 40507. Partial Sets will not be issued.

bids, without the consent of the Floyd County Housing Authority.

The Floyd County Housing Authority

402 John M Stumbo Dr

Langley Ky. 41645

Ph. 606-285-3833

Kentucky, for interested contractors proposing to submit bids on this project

EDT time). Then at that time, publicly opened and read aloud.

at the office of the Floyd County Housing Authority

examined at the following Location:

Lynn Imaging

Distribution Room

Ph. 859-255-1021

328 Old Vine Street

Lexington, KY 40507

www.lynnimaging.com

ject, as set forth in the Contract Documents.

The Floyd County Housing Authority

By: Anna Howell, Executive Director

for the purchase and installation of the proposed system.

Prestonsburg. \$700 and air. 1 mile North airport. Call 226- rent. of Prestonsburg. No references pets, and security deposit required. Call 889-9747 or 886-9007.

Mobile Homes

2 br mobile home for rent. Washer / dryer hookup. Central heat and air. Minutes from Prestonsburg. \$400 month plus \$400 deposit. Call 889-0036.

Mobile home for rent. Call 874-

Application hot line, 877-310-2577. All applications accepted. Own a new home. Call for preapproval 877-310-2577.

For sale or rent: 2 the evenings.

2 br mobile home for rent. W/D furnished. 3 miles from 1605. downtown Prestonsburg. Newly remodeled kitchen. All new flooring throughout. Located on private lot. No dogs. \$435 month plus \$435 deposit. Call 889-9570 to schedule showing.

2 br mobile home for rent. Completely furnished if needed. Located on private lot between the Twin bridges at Martin. No hud accepted. Serious inquires only. \$500 month includes water & garbage. Call 285-6606 or 791-7626 during the day or 874-1850 in

Mobile home for

Located at Auxier. 3 br, 2 bath. \$550 per month \$200 deposit. Call 367-1169 or 367-

furnished mobile home for Just off the rent. Mtn Parkway on old 114. Call 886-8724.

2br Mobile home for rent. Located on Cliff road. Call 886-3047 or 226-3047.

Special FHA Finance Program \$0 Down if you own land or use family land. We own the bank vour approved. Call 866-597-2083.

2 & 3 br Mobile homes for rent. Located 5 miles on Mt Parkway on Rt 114. \$475 month plus \$400 deposit and utilities. Furnished appliances with washer and dryer. Nice location. Call 886-Serious 6665 inquires only.

Legals

NOTICE OF **BOND RELEASE** In accordance with provisions of the KRS 350.093. notice is hereby given that Matt/Co, Inc., 439 Meadows Branch, Prestonsburg Kentucky 41653 has applied for Phase bond release on Permit Number 836-5306

issued on January 10, 2007. This permit covers an area of approximately acres located 0.5 miles north of Emma in Floyd County.

The proposed operation is approximately 0.25 miles from KY Route 1428's junction with KY Route 194 and is located 0.3 miles northeast of the Levisa Fork.

The bond now in effect for this permit is a surety bond and Kentucky Bond Pool bonds in the amount of forty-six thousand dollars (\$46,000.00) Approximately sixty percent (60%) of the original bond amount of \$46,000 is included in this application release

Reclamation work

performed includes: backfilling, grading, seeding and mulching completed in April 2009. Written comments, objections, and requests for a public hearing or informal conference must be filed with the Director, Division of Field Services. #2 Hollow, Hudson U.S. 127 South, Frankfort, Kentucky 40601 by September 16, 2009. A public hearing on the application has been scheduled Thursday, September 2009 at 9:00 a.m. or as soon thereafter as may be heard at

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which was

- Laminate Hardwood flooring in living room, dining room, kitchen & foyer
- Fresh coat of neutral paint
- 2 balconies
- · Pool view • Asking \$110,000

New Countertops

Call with any questions (859) 608-9003 Will send pictures upon request

PUBLIC NOTICE

Notice is hereby given that Joseph C. Whittaker, 5181 Ky. Rt. 1426, Dana, KY 41615, has filed an application with the Natural Resources and Environmental Protection Cabinet to replace damaged culvert resulting from spring flooding. The property is located 4.06 miles from Harold, KY. From Harold follow 1426 for 4.06 miles. The latitude/longitude is 37°32'43.79"'/82°40'19.41. Any comments or objections concerning the application shall be directed to: Kentucky Division of Water, Water Resources Branch, 14 Reilly Road, Frankfort Office Park, Frankfort, Kentucky 40601. Phone: (502) 564-

Natural Resources' Prestonsburg Regional 3140 South Lake Suite 6. Drive. Prestonsburg, Kentucky 41653. This hearing will be canceled if no request for a hearing or informal conference is received by September 16, 2009. This is the final advertisement of this application; all comments, objections, and/or requests for a per-

mit conference must

be recieved within

thirty (30) days of

Thursday today's date. September 2009 at 9:00 a.m. or NOTICE OF as soon thereafter **BOND RELEASE** as may be heard at In accordance with the Department for the provisions of Natural Resources' KRS 350.093, Prestonsburg notice is hereby Office. Regional given that Matt/Co, 3140 South Lake Inc., 439 Meadows Drive, Suite Branch Prestonsburg, Prestonsburg Kentucky 41653. Kentucky 41653 This hearing will be has applied for canceled Phase bond request for a hearrelease on Permit ing or informal con-Number 836-5334 ference is received which was last by September 16, issued on January 2009. This is the 11, 2007. This perfinal advertisement mit covers an area of this application; of approximately 1,147.16 all comments. acres located 2.0 miles objections, and/or requests for a pernorth of Emma in mit conference must Floyd County.

operation is approximately 1.0 mile east from KY Route 1428's junction with Sugarloaf Branch Road and is located 0.1 mile north of Sugarloaf Branch.The bond now in effect for this permit is a surety bond and Kentucky Bond Pool bond in the amount of eighteen thousand eight hundollars (\$18,800.00)Approximately sixty percent (60%) of the original bond amount of \$18,800 is included in this application

release.Reclamatio

proposed

The

the Department for n work performed 11th., 2007. application covers includes: backfilling, an area of approxiseeding and mulching commately 154.33 acres pleted in October located 2008.Written commately South of the comments, objections, and requests for a munity of Honaker public hearing or in Floyd County informal conference Kentucky must be filed with Director. Division of Field miles #2 Hollow, 127 South,

grading,

the

U.S.

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Services.

Hudson

40601

September

scheduled

2009. A public hear-

ing on the applica-

be recieved within

thirty (30) days of

NOTICE OF

BOND RELEASE

Permit No.

836-0268

Increment Nos.

1&2

In accordance with

350.093,

hereby

that

the provisions of

IS

Carbon Tech Fuels,

Inc. Rt. 2 Box 445;

Haysi Va. 24256,

has applied for a

permit # 836-0268,

issued on June

was

KRS

notice

given

release

which

today's date.

17,

has

The permit area is approximately 0.40 Southwest from the intersection of Kv. Rte 2030's junction with Big Branch Road Frankfort, Kentucky and is located along the waters of Little Mud Creek. Latitude is 37d 31m been 13s The Longitude is 82d 40m 37s

The remaining 40% bond for increments 1 & 2 included in application

release Reclamation work performed includes: Grading, seeding and mulching, and successful establishment of the postmining land use, which was completed in April of 2002.

Written comments, objections, requests for a public hearing or informa conference must be filed with the Director of the Field Division of Services, #2 Hudson Complex, Frankfort, Kentucky 40601, by

October 12th, 2009. A public hearing on the application has been scheduled for 9:00 am. on October

2009 at the Department Mining Surface Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite #6 Prestonsburg Kentucky 41653 The hearing will be cancelled if no Phase 2 & 3 bond request for a hearing or informal con-Increment # 1&2, on ference is received by October 12th,

Pikeville College School of Osteopathic Medicine seeks Standardized **Patients and Human Models**

Pikeville College School of Osteopathic Medicine (PCSOM) is seeking individuals interested in applying for the Standardized Patient and Human Model Program on the school's campu

A standardized patient is a person willing and trained to portray an actual patient with a specific medical history and physical exam findings for the purpose of instructing health professional students. A human model is a person willing to serve as an actual patient for physical examination training by health professional students.

Interested candidates for the Standardized Patient and Human Model Program should have flexible schedules, an ability to maintain confidentiality and professionalism, and an interest in medicine and medical education. Standardized patients and human models are hired by PCSOM and will be paid an hourly wage for training and providing requested services. Interested individuals must be age 18 or older to apply.

Applications are now being accepted and are available on the Pikeville College Web site at jobs.pc.edu. For more information, or if you have any questions, please contact Ms. Susan Wetzel at 606-218-5445 or dwetzel@pc.edu. Thank you for your interest! We look forward to hearing and working with you to educate and prepare our future osteopathic physicians.

ADVERTISEMENT FOR BIDS

The Floyd County Floyd County Housing Authority will receive bids for the complete construction of the project entitled CFP KY36P157-501-07 & 08, Floyd County, Kentucky. Bids will be received until 10:30 a.m. EDST (Eastern Daylight Saving Time) on the 24th day of August, 2009, at the office of the Floyd County Housing Authority, at which time and place all bids shall be publicly opened and read aloud.

A Pre-Bid Conference for General Contractors proposing to submit bids on this project will be held at the Ivy Creek Townhouse Community Room at 1:30 p.m. EDST (Eastern Daylight Saving Time), on the 11th day of August 2009, where each prime contractor should be represented.

Proposed forms of Contract documents, including plans and specifications, are on file at the office of the Floyd County Housing Authority and at the office of Donald L. Rochester, Architect, 628 N. Broadway, Suite 304, Lexington, Kentucky, 40508.

For the public use of material and subcontractors, plans and specifications will be on file at the following offices:

F.W. Dodge/AGC 2321 Fortune Drive, Suite 112A

Lexington, KY 40509 F.W. Dodge/AGC 1717 Alliant Drive, Suite 10

Louisville, KY 40299

Builders Exchange of Louisville 2300 Meadow Drive Louisville, KY 40218

Construction Market Data 1951 Bishop Lane #202 Louisville, KY 40218

Copies of Documents may be obtained at Lynn Blue Print and Supply Company, Inc., 328 E. Vine Street, Lexington, Kentucky, 40507, for a deposit of Fifty Dollars (\$50.00) per copy by a check made payable to Donald L. Rochester, Architect. Plan deposits shall be accompanied by a separate check made payable to Donald L. Rochester, Architect for Twenty Five Dollars (\$25.00) to cover shipping, handling and distribution, if plans are to be shipped and Fifteen Dollars (\$15.00), if plans are picked up at the printer. The plan deposit will be refunded to all plan holders of record who return the documents in complete and good condition within ten (10) days of the bid opening. NO REFUNDS WILL BE MADE AFTER THAT DATE.

Attention is called to the provisions for equal employment opportunity and payment of not less than the minimum wage or salary must be paid on the project, as set forth in the Specifications.

The Floyd County Housing Authority reserves the right to reject any or all bids or to waive informalities in the bidding.

No bids shall be withdrawn for a period of sixty (60) days subsequent to the opening of bids, without the consent of the Floyd County Housing Authority.

Floyd County Housing Authority Anna Howell, Executive Director



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Out on a Limb







by Dave T. Phipps

by Gary Kopervas





R.F.D.





The Spats

by Jeff Pickering





















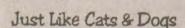




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Jerry Craft





by Dave T. Phipps

"TEETH WHITENER" OR DYE MY HAIR A DARKER SHADE OF BROWN.

OK, I'VE EITHER GOT TO BUY

LAFF-A-DAY



"Why wash to go to the movies? You sit in the dark!"

King Crossword

26

48

ACROSS

- Quantities stolen
- Boom times Harvest

15

38 39 40

request

55 Plaything

56 Raw rock

57 Saccharine

- goddess 12 Up to
- Enthusiast
- 14 Torched 15 Mrs.
- Gorbachev 16 Render
- untraditionally 18 Incision
- implement
- 20 Leak slowly 21 Mueller's org.
- 23 State of India 24 Twangy
- 25 Lounge
- about 27 Unfriendly
- 29 EBBs collectively
- Veer 35 Excuse
- 37 Stench Story-telling
- brother 41 Scarlet
- 43 Wolfed down 44 Carry on
- 45 Breakfast choice
- 47 Put on a pedestal
- 49 Oust 52 Round Table

6

7

5

3 6

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4

2

- address 53 La -, Bolivia 54 Bakery
- DOWN "Ben- -"
- 2 Literary collection
- 3 Work with 4 Sax-playing
- Simpson 5 Word on the
- street? Open
- Green shot 8 Pigs' digs
- Hodgepodges

Weekly SUDOKU

by Linda Thistle

7 5

8

9

5

that each row across, each column down and each

small 9-box square contains all of the

numbers from one to nine

DIFFICULTY THIS WEEK: **

★ Moderate ★★ Challenging

*** HOO BOY!

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HOCUS-FOCUS HENRY BOLTINOFF

9

3

4 5

7 8

aware of

2

4

5 1

4

6

2

10 Fast food 33 Examine choice

Bessemer

occupant

product

17 Hammock

19 Raccoon's

cousin

21 Winter bug

22 - -relief

24 Without

delay

26 Canine coat

28 Wickerwork

willow

30 Freddy's

street

32 Become

- 34 out a living 36 Pleasant
- wind 38 Mill fodder
- 39 TV's
- ancestor 40 Scrimshaw
- material
- 42 Gary Cooper
- role 45 Despot
- 46 Declare
- 48 Wall St. debut
- 50 Bee follower 51 Potent stick

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Rodriguez

1. GEOGRAPHY: What two bodies of water does the Strait of Hormuz link?

- 2. GEOLOGY: What kind of land form is described as a flat-topped hill with steep sides?
- 3. LITERATURE: The term Bildungsroman is used to describe what kind of novel?
- 4. SPORTS: What is the lightest weight classification in boxing?
- 5. AD SLOGANS: What company introduced the slogan, "We answer to a higher authority" 6. TELEVISION: What phrase was
- on the UFO poster in Agent Mulder's office in "The X-Files"? 7. MOVIES: In which movie was the
- following line uttered, "Take a chance. Hire the smart, fat girl" 8. LANGUAGE: "Jarhead" is slang
- for what kind of military personnel? 9. MUSIC: What kind of musical
- instrument is a sitar? 10. MEDICINE: What would a patient with "ankylosis" be suffering
- from? © 2009 King Features Synd., Inc.

10. A stiff joint 9. Indian lute 8. A U.S. Marine 7. "The Devil Wears Prada". 6. I Want to Believe 5. Hebrew National (spunod

4. Straw weight (maximum 105 of the main character 3. A novel that deals with the growth 2. A butte

I. Persian Gulf and Gulf of Oman Trivia Test Answers



Solution time: 27 mins.

ANSWEIS

— King Crossword

9	6	3	1	9	1	8	2	Þ
9	8	2	9	b	3	1	6	1
b	1	1	8	6	2	9	9	3
3	2	8	1	L	9	9	Þ	6
1	9	b	2	9	6	2	1	8
6	1	9	2	8	t	1	3	9
8	b	1	6	2	9	3	9	L
2	3	6	9	1	8	b	1	9
1	9	9	Þ	3	1	6	8	2

Answer

Weekly SUDOKU



Differences: 1. "Tattoos" letters are staggered. 2. Different boy is wearing hat, 3. "Mom" tattoo is added. 4. Bricks added to building. 5. Snake is longer. 6. Boy's nose is different.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by frial and error. Clue: E equals O

HY ZU MHOQFQU H RFTC PEMMCPJCX YETCMW

WEZC PEEIOEEIW, FYX

JRC QCWJ HW RHWJEQU

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some cookbooks, and the rest is history. In my library I have collected novels, answer

CryptoQuip