



The Times

FLOYD COUNTY

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HIGH SCHOOL FOOTBALL

— page B1

briefs

MSHA

says Darby operator pulls challenge

The Associated Press

HARLAN — The U.S. Mine Safety and Health Administration says the operator of Darby Mine No. 1 in Harlan County will pay \$342,000 for violations stemming from the 2006 mine blast that killed five people.

MSHA says Kentucky Darby LLC has withdrawn a challenge to citations resulting from the May 20, 2006, explosion. The operator was facing six safety and health violations.

Now the company has until Oct. 19 to pay the penalty.

MSHA's investigation into the explosion found that it happened after a foreman cut a metal roof strap with an acetylene torch, igniting methane behind a sealed area nearby. Five miners were killed, while one was injured.

2 DAY FORECAST

Today



High: 83 • Low: 66

Tomorrow



High: 87 • Low: 67

For up-to-the-minute forecasts, see floydcountytimes.com

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Stumbo to seek speaker position

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG — State Rep. Greg Stumbo has officially set his sights on the speaker of the House position in the state legislature, and he believes that the residents of Kentucky

are ready for a change.

Stumbo, former attorney general and running mate of Bruce Lunsford during the 2007 gubernatorial campaign, announced his intention to run for speaker of the House on Thursday.

"I've decided to enter the speaker's race," Stumbo said. "I had a lot of peo-

ple come to me after the session in April and they were dissatisfied with the session. It was unproductive, and they were unhappy with the leadership. I thought that I would give it some time and see if they still felt that way at the end of the summer. Recently, I started calling members of the House, both

Democrat and Republican, and they still think we need a change."

Stumbo, a native of Prestonsburg, believes he has what it takes to make change happen in Frankfort.

"Democracy is about change and

(See STUMBO, page eight)

SEPT. 11 REMEMBRANCE



photo by Jarrid Deaton

Big Sandy Community and Technical College held an event on Thursday honoring the memories of those who lost their lives on 9/11, and showing support for the men and women in law enforcement and the military.

Lawsuit filed over mine waste dumped in stream valley

by DYLAN T. LOVAN
ASSOCIATED PRESS

LOUISVILLE — The Sierra Club and a Kentucky environmental group have sued a coal company that dumped mining waste in an Appalachian stream valley without a permit.

The company, Clintwood Elkhorn Mining Company, has acknowledged the dumping and called it an "isolated incident."

The Sierra Club and Kentuckians for the Commonwealth said in the lawsuit filed Tuesday in Pikeville federal court that Clintwood was operating near Fishtrap Lake in Pike County without a permit required by the Clean Water Act.

"They cannot disturb waterways without a federal permit," said Aaron Isherwood, a staff attorney with the Sierra Club in San Francisco. "This was a fla-

grantly unlawful act by the coal industry."

Isherwood said the company applied for the permit but didn't wait for approval before dumping fill material into the valley.

A spokesman for the company said the dumping was unintentional.

"When we discovered the issue, we took immediate action, we seized all of our operations and we reported to the appropriate regulatory agencies," said Rick Morera, a spokesman for Clintwood's parent company, TECO Energy of Tampa, Fla.

Isherwood said he was skeptical of the company's explanation. "All I can say is it wasn't an accident, because they applied for a permit," he said.

The company was performing mountaintop removal operations in an area that included "headwater streams in the Millers Creek

watershed near Fishtrap Lake," according to the lawsuit. The procedure involves blasting rock to access coal seams and dumping the excess material in valleys. The co-plaintiff in the lawsuit, Kentuckians for the Commonwealth, opposes the mining industry practice.

Kenneth Taylor, a member of Kentuckians for the Commonwealth, said he lives near Fishtrap Lake.

"If I filled in or altered the creek in front of my house, or built sediment ponds in it, I believe the state and Army Corps would put the law to me," Taylor said in a statement. "I don't see why a coal company should be treated any differently."

The suit said the environmental groups sent a notice of the violations to the Environmental

(See LAWSUIT, page eight)

Otter Creek chaplain charged with sex abuse

by JARRID DEATON
FEATURES WRITER

WHEELWRIGHT — The former chaplain at Otter Creek Correctional Facility is charged with third-degree sexual abuse for allegedly having unwanted sexual contact with an inmate.

According to a criminal complaint filed by Kentucky State Police Trooper Shawn Little, Randy F. Hagans, 49, of Prestonsburg, subjected another person to sexual contact without their consent from Feb. 14 through August 4, at Otter Creek. The complaint was issued on Sept. 9.

Hagans is scheduled to be arraigned on the charges on Oct. 22. He is not currently incarcerated.

The charge of third-degree sexual abuse against Hagans is listed as a Class B misdemeanor.

On Tuesday, Corrections Corporation of America posted an ad for chaplain at Otter Creek on the website www.indeed.com.

According to the job description, the chaplain coordinates and oversees religious services and activities at the facility, along with pastoral counseling duties.

Otter Creek Correctional Facility houses adult female inmates from Kentucky and Hawaii.

Inmate charged with assaulting guard

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG — An inmate at the Floyd County Detention Center is charged with third-degree assault for allegedly attacking a deputy jailer on Sept. 6.

According to the police report, Byron Young, 24, of Williamson, W.Va., allegedly struck Deputy Jailer Brandon Thornsbury in the face while Thornsbury was investigating an incident involving the throwing of a food tray through Young's cell door. Thornsbury

(See INMATE, page eight)

Board praises top schools, seeks answers from others

May Valley named Blue Ribbon school

by JARRID DEATON
FEATURES WRITER

Principals and other representatives from every school in the district attended a special meeting of the Floyd County Board of Education on Wednesday to discuss the recently released Commonwealth Accountability Testing System (CATS) scores.

Three of the schools were recognized

with special banners for scoring at or above 100 on the test. The schools were May Valley Elementary, Duff Elementary and McDowell Elementary.

Along with being recognized as the top scoring school in the state, May Valley also received notification that the school was selected as a Blue Ribbon School by the United States Department

(See BOARD, page eight)



Principals from every school in the district talked about their CATS scores during a meeting of the Floyd County Board of Education on Wednesday. photo by Jarrid Deaton

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Obituaries

Edna Mae Ferguson

Edna Mae Ferguson of Belaire Health Care in Gastonia, North Carolina, formerly of Wheelwright, was born November 3, 1923, in Wheelwright, a daughter of the late Luther and Hester Osborne, formerly of Hixon, Tennessee.

She is survived by three daughters: Judy Dawson, her husband Gene, of Plymouth, Ohio; Freda Compton, her husband Larry, of Alvaton; and Vivian Hall, her husband, David, of Gastonia, North Carolina; three step-daughters: Amber Hines of Cincinnati, Ohio; and Debbie Hall and Kathy Johnson, both of Wheelwright; one brother, Marvin Osborne of Ypsilanti, Michigan; three sisters: Gladys Spangler of Springfield, Ohio; Jackie McCoy of Pikeville; and Elizabeth Conway of

Redbank, Tennessee; 11 grandchildren, 28 great-grandchildren; and six great-great-grandchildren, whom she loved very much.

She was preceded in death by her first husband, Willie R. George of Wheelwright, who died April of 1975; and her second husband, Elmer Ferguson of Wheelwright, who died in 2001; two sisters: Mamie Crites of Soddy Daisy, Tennessee; and Lois Wallen of Ypsilanti, Michigan; and one brother, Hodley Osborne of Mt. Vernon, Illinois.

Funeral service for Edna Mae Ferguson will be conducted Friday, September 12, at 10 a.m., in the Hall Funeral Home Chapel, Martin. Burial will follow in the Richmond Cemetery, Prestonsburg, with the Hall Funeral Home caring for those arrangements.

(Paid obituary)



Gerald "Michael" George

Gerald "Michael" George, age 35, of Prestonsburg, husband of Frankie Crider George, died Monday, September 8, 2008 at his residence.

He was born April 11, 1973, in Louisa, the son of Lundie Gerald and Charlotte Blackburn George. He was a heavy equipment operator.

In addition to his wife and parents, he is survived by a son, Michael Brant George; and a daughter, Haley Nicole George, both of Prestonsburg; and a brother, Jason Eric George, his wife Tabitha, of Prestonsburg.

Funeral service for Gerald Michael George were conducted Thursday, September 11, at 1 p.m., in the Hall Funeral Home Chapel, in Martin, with Jim Smith and Bobby Joe Spencer officiating.

Burial was in the Gethsemane Gardens, in Prestonsburg, with Hall Funeral Home caring for those arrangements. (Paid obituary)



Avanell Gillespie

Avanell Gillespie, 61, of McDowell, died Sunday, September 7, 2008, at her residence.

Born October 30, 1946, in Pikeville, she was the daughter of the late James and Alva Tackett Saunders. She was a homemaker, and a member of the Grethel Baptist Church.

She was preceded in death by her husband, George Gillespie.

Other survivors include two sons: Jerry (Wilda) Collins of Tram; and Ronnie (Jamie) Collins of McDowell; a daughter, Joyce (Delbert) Nichols of Crestwood, Florida; three stepsons: George Jr. and Jackie Lee Gillespie, both of Grethel; and Frell Gillespie of McDowell; five stepdaughters: Josephine Hall of Galveston; Polly Music and Tannie Hamilton, both of Grethel; Marie Hall of Galveston; and Zella Howell of McDowell; six brothers: James A. Saunders, T.M. Saunders, and Roy Saunders, all of Lorain, Ohio; Herbert Saunders of Davin, West Virginia; Doug Saunders of Vest; and Darrell Saunders of Grafton, Ohio; three sisters: Henrietta Yoder, and Irene Transeau, both of Houston, Texas; and Sherry Meek of Shelbania; two grandchildren: Amanda and Ashley; 13 step-grandchildren; and 16 step-great-grandchildren.

In addition to her parents and husband, she was preceded in death by a stepson, Melvin Lee; a stepdaughter, Maudie Jane Gillespie; and two sisters: Aretta Hall and Inez White.

Funeral services were conducted Thursday, September 11, at 1 p.m., at Nelson-Frazier

Funeral Home, in Martin, with Don Crisp officiating.

Burial was in the Lee Alley Cemetery, Branham Creek, Grethel.

Visitation was at the funeral home. (Paid obituary)



John Wayne Salyer

John Wayne Salyer, age 56, died Friday, June 27, from injuries sustained in an ATV accident on Bee-Tree Road in Magoffin County.

He was born October 16, 1951, in Paintsville, the son of Byron "Barn" and Betty Wireman Salyer.

He was employed by C.A.M. Mining of Pikeville. When he wasn't working, he enjoyed being out in the hills more than anything.

Surviving are his mother, Betty Wireman Salyer; two sons: Jeremy Salyer of Wellington; and Jason Salyer of Morehead; three brothers: Jim Salyer of Nancy; Ray Salyer of Sudith; and Colin Salyer of Frenchburg; two sisters: Helen Salyer Flint of Grass Lake, Michigan; and Suedell Salyer Allen of Wabash, Indiana.

He was preceded in death by his father, Byron; and a sister, Sylvia Salyer McClung.

Burial was in the Salyer Family Cemetery, in Gunlock. John will be sadly missed by all his friends and family.

The family also wishes to thank all who have said a kind word and provided support in this time of loss. (Paid obituary)

Robert Mark Thoroughman

Robert Mark Thoroughman, 38, of Prestonsburg, died Monday, September 8, 2008, at the UK Medical Center, in Lexington.

Born April 17, 1970, in Bucyrus, Ohio, he was the son of Phyllis Ann Musick and Clarence Davis; and son of Bruce and Louise Thoroughman. He was a contract laborer.

Other survivors include one son, Dalton Thoroughman of Beverly Hills, Florida; one daughter, Arianna Thoroughman of Beverly Hills, Florida; and one brother, Doug Thoroughman of Seminole, Florida.

Funeral services were held Thursday, September 11, at 11 a.m., at Nelson-Frazier Funeral Home, in Martin, with Bill Collins officiating.

Burial was in the Musick Cemetery, Cow Creek, in Prestonsburg.

Visitation was at the funeral home. (Paid obituary)

State high court weighing test of self-defense law

by BRETT BARROUQUERE ASSOCIATED PRESS

LOUISVILLE — Phillip Leroy Wines says he killed two people at his home within three months as a matter of self-defense. But a judge rejected those claims, and now Wines is serving 45 years in prison for murder and manslaughter.

Now, the Kentucky Supreme Court is considering whether Wines and another man, Frank Rodgers, should get new trials and if the judges in their cases failed to properly apply a self-defense law the General Assembly passed in 2006.

There was also debate over how jurors should be told to evaluate such cases. Attorneys also debated whether the law

was new when passed in 2006, or whether it only clarified existing laws and therefore applied to cases that began before the new law was passed.

Public defender Elizabeth McMahon asked the justices to reverse Wines' convictions and order a new trial. McMahon said that the trial judge should have instructed the jury that Wines had no duty to retreat when he stabbed James Lee Hamilton on June 12, 2005 or when he struck Micah Brashear in the head with nunchaku karate sticks during a dispute on April 4, 2005.

McMahon also said Wines should have had a hearing to determine if self-defense applied in his case because the law was passed while he awaited trial.

"He should get the benefit of that law," McMahon said.

Assistant Attorney General Jim Shackleford argued that the killing occurred before Kentucky's new self-defense law went into effect and that it shouldn't be applied retroactively. Shackleford also said a judge has no duty to instruct jurors what a person doesn't have to do when threatened.

"It's just like I don't have to stand on one leg while I defend myself," Shackleford said. "You don't give an instruction on that. We could fill a volume with what you don't have to do."

Justices questioned Shackleford's interpretation of the law, asking if the measure

(See COURT, page eight)

Our Yesterdays

The Floyd County Times reported in its February 10, 1938, issue that Senator Joe P. Tackett, of Floyd County, introduced a resolution to the Kentucky Senate, last week, protesting the alleged encroachment of the federal government on state's rights, and asking the two Kentucky Senators, Barkley and Logan, to oppose the anti-lynching bill, now before the national Senate.

"Our Yesterdays," printed each Wednesday in The Times.

For the Record

Marriage Licenses

Megan Lea Adams, 21, of Prestonsburg, to Jimmy Mack Williamson, 23, of Prestonsburg.
 Jennifer Lynn Howard, 41, of Prestonsburg, to Tim Totten, 54, of Prestonsburg.
 Julie Maria Brown, 21, of Prestonsburg, to Dustin Kyle Burkle, 22, of Prestonsburg.
 Ashley Dawn Tackett, 25, of Hi Hat, to Joshua Berman Newman, 25, of Bevinville.
 Tammy Lynn Hall, 34, of Pikeville, to Billy Ray Ford Hall, 36, of Auxier.
 Sheila Sue Brown, 40, of Prestonsburg, to Hershel Baldrige, 44, of David.

Civil Suits Filed

Landmark Financial Services vs. John Graham Stephens, debt collection.
 Atlantic Credit vs. Jackie Tackett, debt collection.
 Grange Mutual Causality Company vs. Robbins Lightning, Inc., property damage.
 David Fitch vs. Trina New, compensation for injuries in auto accident.
 Murphy Elevator Co. vs. Highlands Hospital Corp., debt collection.

Charges Filed

Larry O. Blackburn, 48, Betsy Layne, two counts of second-degree trafficking in a controlled substance, two counts of third-degree trafficking

in a controlled substance, possession of marijuana.
 Larry Thomas Adkins, II, 27, Pikeville, first-degree assault.
 Bransford P. Olinger, 30, Hazard, first-degree unlawful access to computer.
 Jessica Ann May, 25, Pikeville, four counts of second-degree trafficking in a controlled substance, first-degree trafficking in a controlled substance.
 Chester Dwayne Risner, 31, Gunlock, forgery of prescription.
 Sandra Hall, 47, Grethel, theft by unlawful taking over \$300.
 John B. West, 31, Harold, theft of services over \$300.
 Byron Young, 24, Williamson, WV, third-degree assault.

Kelsey Edward Bradley, 27, Dana, harassing communications.
 Donnie Griffith, Prestonsburg, third-degree terroristic threatening.
 Paige R. Gamble, 19, Paintsville, public intoxication, possession of marijuana.
 Jamie Curry, 37, Prestonsburg, second-degree disorderly conduct.
 Byron J. Young, 24, Williamson, W.Va., alcohol intoxication in public.
 Willis Hal Rice, 37, Martin, fourth-degree assault, public intoxication.
 Jillian M. Collins, 31, Martin, fourth-degree assault.

Inspections

Betsy Layne Elementary School, Betsy Layne, regular inspection.

Violations noted: bathroom fixture found in disrepair, areas of restroom countertops in disrepair found not easily cleanable, areas of hallways in need of clearing, damage found to hallway walls, not easily cleanable, window seals, areas of classrooms in need of cleaning. Score: 89.
 McDowell Elementary School, McDowell, regular inspection. Violations noted: floors and walls in some restrooms found in disrepair, window unit air conditioner found installed without being sealed from the outside, floors and walls found in disrepair throughout hallways of main school buildings, some student desks found with chipped surfaces, not able to sanitize properly. Score: 91

Hi-Tech Signs and Graphix (Rick's Embroidery & Trophy) named Chamber 'Business of the Week'

by MANDY STUMBO
 DIRECTOR, FLOYD COUNTY
 CHAMBER OF COMMERCE

This history of Hi-Tech Signs and Graphix, Inc. demonstrates the development of a successful locally owned company through hard work and dedication to providing outstanding customer service.



Rick Hughes started his business, Rick's Embroidery and Trophy, out of his garage in 2000, providing custom embroidery as well as selling t-shirts and sports equipment. Rick quickly built strong personal and business relationships in Prestonsburg and outgrew his garage location.

He then moved his business into a small vacant office in downtown Prestonsburg. The office was just big enough to house equipment along with a small showroom to display products. The move was very good as the customer base grew and Rick's Embroidery & Trophy became a household name. With expansion, Rick hired additional staff to keep up with orders.

Shortly thereafter in 2005, Rick wanted to further expand and he negotiated a deal to

purchase Hi-Tech Signs & Graphix, Inc., a firm providing sign making and related services. The two businesses coincided perfectly.

Doing business as Hi-Tech Signs and Graphix, Inc. while also using the name Rick's Embroidery & Trophy, the company has grown tremendously and now does business in more than eight counties and three bordering states.

Hi-Tech offers clients high quality signs, graphics, custom apparel and trophies at affordable prices that will be delivered within the desired timeframe. Their state of the art digital screen printer and embroidery machines can

tackle any job.

The business has expanded into screen printing and even another division with Hi-Tech Promotions anchored by Kathy Allen. Rick stated that "Hi-Tech Promotions is your local solution for any promotional and specialty items needed at businesses. With Hi-Tech Signs and Hi-Tech Promotions, we guarantee competitive prices as our goal is to provide great products and services to our friends and neighbors at local businesses." Rick promotes doing business locally as he knows when individuals and businesses trade locally it helps our community and economy.

Hi-Tech caters to businesses both large and small, schools, organizations and clubs. Rick and his staff are very active and interested in community events. Employees of Hi-Tech include Rick Hughes, co-owner; Janie LeMaster, co-owner/promo-

New power plant proposed in Eastern Kentucky

The Associated Press

IRVINE — A company plans to apply for a state permit to build a power plant near Irvine in Eastern Kentucky.

Estill County Energy was expected to file the application with the Kentucky Division of Air Quality on Thursday. The company said in an announcement that it wants to begin constructing a 110 megawatt

generating plant next year.

The plant would be fueled by coal wastes left on a 620-acre brownfield site after a processing plant closed some 20 years ago.

Project manager Dell Jagers says the proposed plant would bring high-paying jobs to the area and clean up some 26 million tons of coal wastes.

State Republicans want to send lipstick to Obama

The Associated Press

LOUISVILLE — Some Kentucky Republicans think Democrat Barack Obama smeared GOP vice presidential candidate Sarah Palin by using the phrase "lipstick on a pig" at a campaign stop.

Now those Republicans want to send 1,000 tubes of lipstick to Obama's campaign headquarters to get back at the Democratic presidential hopeful. The effort is being coordinated by the Jefferson County GOP.

The county's Republican

chairman, Brad Cummings, said Wednesday it's Obama who has said that words do matter. Cummings says he considered Obama's comment a direct slap at Palin.

Cummings says Republicans across Kentucky are being contacted to join in sending the pile of lipstick tubes to Obama headquarters.

Obama made the remark Tuesday when talking about Republican presidential rival John McCain and President Bush — not Palin. And McCain himself has used the same metaphor in the past.

A message from John Kirk To hurt, injured, or Disabled People

To those workers—like thousands of others for whom we have worked—who have been hurt on the job, Beware. There are things that must be done to protect you and insure that your rights for payment of lifetime medical plus other benefits are protected. That is exactly what we do at our law firm. As always, we Work for Workers, not the companies. Talk to us, if you wish, about your injury and we will give you advice based on what should be done. For additional information, see www.kirklawfirm.net.

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tions specialist; Kathy Allen, Hi-Tech Promotions specialist; Ronnie Fannin, graphic designer; Brian Elam, graphic designer; and part-time help that includes Jason Hughes.
 Contact Rick or his staff today at 886-1194 or 886-2232. You may also reach Hi-Tech Promotions at 434-9478.

NOTICE
 The Pike/Floyd Regional Wireless E-9-1-1 Board will meet in special session, Monday, September 15, 2008, at 1:30 p.m. The meeting will be held in the conference room of the Pike County Judge's Office, on the second floor of the Pike County Courthouse. The meeting is open to the public.

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1. 1 out of every 5 homes will have a burglary, fire or carbon monoxide poisoning over the next 6 years.
 2. 9 out of 10 convicted burglars agreed that they would avoid a house protected by an alarm system.
 3. Violent crime rose by double-digit percentages in cities across the country over the last two years.
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Viewpoint

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Worth Repeating ...

A citizen of America will cross the ocean to fight for democracy, but won't cross the street to vote in a national election.

— Bill Vaughn

Guest View

Editorial roundup

The Tampa (Fla.) Tribune, on the government taking control of Freddie Mac and Fannie Mae:

Congratulations, or perhaps condolences, fellow taxpayers. On Sunday we all became mortgage bankers.

Plunging confidence in the housing and financial markets forced the federal government to seize control of its quasi-public mortgage agencies, Freddie Mac and Fannie Mae. The takeover will keep them from going under and pulling much of the financial world down with them.

Taxpayers assume all the risks to reassure the world that the United States remains a safe place to invest. The alternative is unthinkable. ...

A major flaw in the model was the accurate assumption that the companies that handled half the nation's mortgages were too big to be allowed to fail. The implied federal guarantee led to risky innovations. Both stockholders and taxpayers went along, not knowing that the roof was about to fall.

James B. Lockhart, director of the Federal Housing Finance Agency, now in charge of Freddie and Fannie, says the executives running the mortgage giants "did not create the inherent conflict and flawed business model embedded in the enterprises' structure."

Maybe not, but no one can say they did a good job of protecting either their stockholders or the public interest. ...

Treasury Secretary Henry Paulson promises a new philosophy. The companies "will no longer be managed with a strategy to maximize common shareholder returns."

That's no big surprise. The new shareholders are no one important, just common taxpayers.

The Daily Sentinel, Grand Junction, Colo., on the economy and the presidential campaign:

Just after the starting gun has sounded for the final dash to the White House, new unemployment figures provide plenty of ammunition for both candidates to use on the campaign stump. They are not pleasant numbers to contemplate.

The national unemployment rate rose to 6.1 percent in August, up from 5.7 percent in July and 4.7 percent a year ago. It's the highest unemployment rate in five years.

Additionally, there was a net loss of 84,000 jobs in August, bringing the total to 605,000 lost jobs so far this year, according to the U.S. Department of Labor.

Both candidates were quick to attack their opponents with the news: Sen. Barack Obama said, "John McCain's answer is more of the same" — tax cuts for big corporations and oil companies and nothing for middle-class families.

Sen. McCain countered, "When our economy is hurting, the last thing we should do is raise taxes, as Barack Obama plans to do."

It's the classic liberal-versus-conservative dispute. Will more taxes and higher federal spending stimulate the economy best? Or are lower taxes and fewer government obstacles to private investment the answer? ...

Both candidates must provide far more information than they have to date to convince voters that they each have solid plans to alleviate the economic woes.

The Herald-Times, Bloomington, Ind., on obesity and buffets:

Americans and buffet restaurants go together like popcorn shrimp and apple cobbler. Who doesn't love the chance to choose from among dozens of tantalizing offerings arranged in colorful displays in shiny stainless buffet trays?

But a new study makes a connection between certain behaviors at buffet restaurants and obesity, suggesting that help-yourself patrons might want to think about how they approach these all-you-can-eat feeding opportunities.

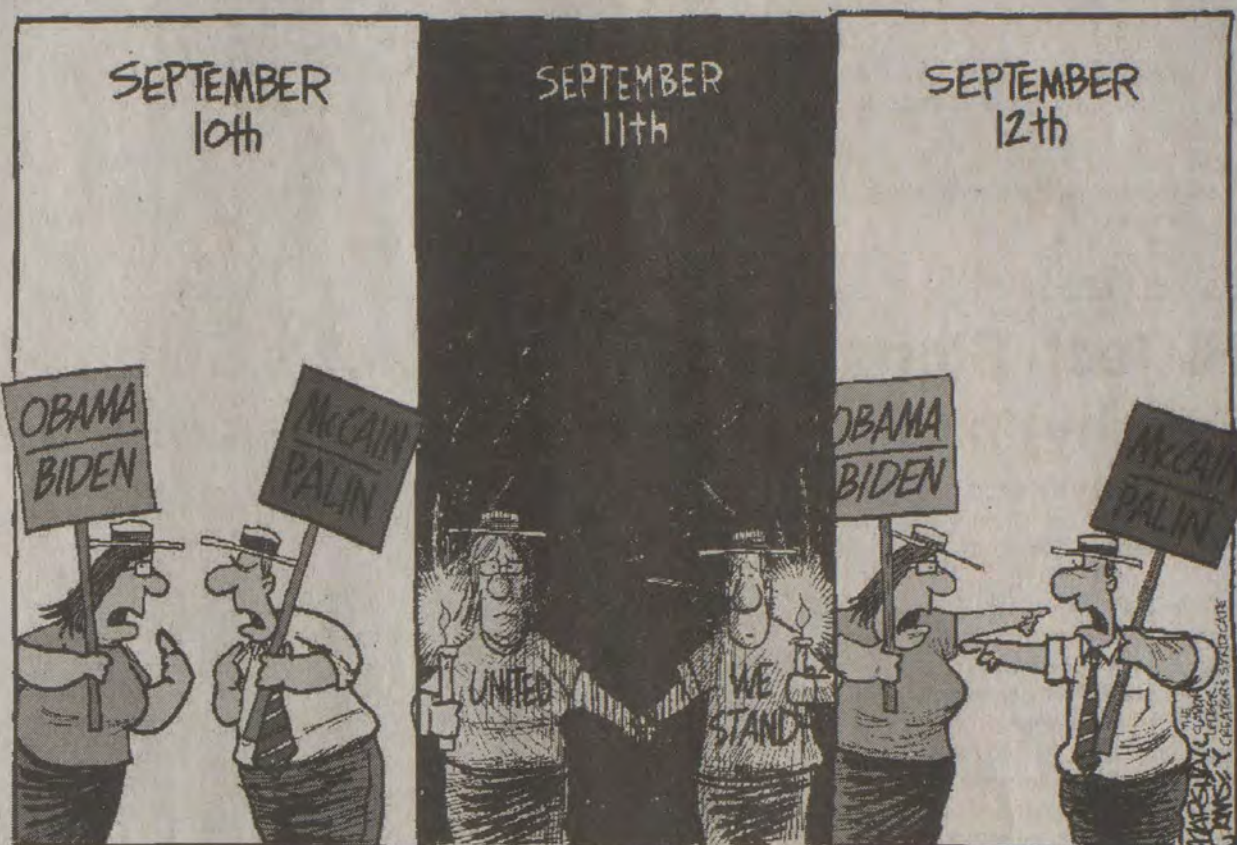
Study participants were divided into an overweight group and a normal group, based on body mass index — a measure of body fat based on height and weight.

The heavy customers sat an average of 14 feet closer to the food stations and were twice as likely to sit facing the food.

The heavy people also began filling their plates more quickly, while the normal-weight customers circled the buffet and evaluated the food choices before serving themselves.

The heavy people chewed their food fewer times, indicating they ate faster. The normal-weight people were more likely to choose a smaller plate.

The takeaway lesson from this study is that those who want to exercise more control over their buffet eating habits are advised to sit far away from the food without facing it, use a smaller plate and chew slower.



Guest column

Have you checked your safe deposit box lately?

by ARKADI KUHLMANN

If you're like most Americans, you probably don't keep track of every single one of your assets on a regular basis. You might have family heirlooms in an out-of-state safe deposit box, which you haven't opened in years. Or stock that's slowly appreciating in a past brokerage account you never use anymore.

Be careful. Someone might take that money right out of your bank — and it would be perfectly legal. In an increasingly common revenue grab, state governments troll for low-activity bank accounts and seize this "unclaimed property."

How could such a travesty occur? Every state has what's known as an "escheatment" or unclaimed property law, which requires businesses to hand over abandoned financial assets to the government. Escheatable assets — including safe deposit boxes, savings accounts, stocks, and

un-cashed payroll checks — qualify as abandoned after a pre-specified period of inactivity, the length of which varies by state.

The government is then supposed to identify and contact the rightful owners and reunite them with their property.

That's the theory. In practice, state governments have taken to using the escheatment process as a fundraising tool. They now hire private contractors to go after abandoned assets — and pay them commission! After collection, most states make just a half-hearted attempt to contact the rightful owners. And states sell off the assets as quickly as possible.

In 2006, state governments collected \$5.1 billion in abandoned assets, up from \$3.6 billion in 2003. Nationwide, there is over \$35 billion of escheated properties in state custody. Less than a third will ever wind up back with its rightful owner.

At ING Direct, we've been forced to turn over nearly 15,000 "abandoned" accounts valued at nearly \$4 million. Most account holders will never see their money again. The rest will get it back at a loss, as escheated assets generally don't collect interest. That's why we're encouraging our

customers to take the basic steps to ensure they don't lose their savings, like checking their accounts and registered personal information at least once a year.

Many of the accounts were designated to minors, set up by parents for distant expenses such as college. Never mind the fact that these accounts are left alone on purpose — that's how they grow.

Escheatment laws are also out of touch with modern banking. With online accounts, many customers simply sit back and let their wealth grow. Shockingly, this means forfeiture, as escheatment laws require proactive contact steps.

People with unclaimed assets include such hard-to-find people as Angelina Jolie, Brad Pitt, Willie Mays, and Los Angeles mayor Antonio Villaraigosa.

It's high time for legislators to recognize that a law intended to protect consumers is doing just the opposite. And concerned citizens should lobby their state legislators to make some basic reforms to the escheatment process.

Arkadi Kuhlmann is president and CEO of ING DIRECT USA.

Questions on health care reform

by SALLY C. PIPES

Healthcare reform will be front-and-center in the presidential debates.

It's a topic that's full of complicated issues, so it can be hard to cut through all the rhetoric and figure out exactly what each candidate is proposing. So here's the skinny on five questions that you'll likely hear many times between now and November.

1.) Should the government require businesses to offer health insurance?

Sen. Obama has proposed requiring virtually all businesses to offer their employees health insurance or to pay a tax (probably about 7 percent of payroll) to finance government-sponsored insurance. This may sound like a good idea, but such action comes with many negative consequences.

For starters, it could add \$12,000 to the cost of hiring a new worker with a family. That's bad news for entry-level workers, for attracting new business, or for expanding an existing business. By one count, an employer health care mandate would eliminate 224,000 low-wage jobs.

Instead of forcing employers to offer insurance, lawmakers should work to lower premiums by increasing competition in the insurance market.

One way of doing so? Allowing people to buy insurance across state lines. There's no reason a 25-year-old man from New Jersey should have to pay six times as much for an insurance policy as an identical Kentuckian would pay for the same policy.

2.) Can prescription drug importation bring down drug costs?

Both John McCain and Barack

Obama seem to think so, pointing to lower prices in other countries. Unfortunately, they're mistaken.

According to the Congressional Budget Office, foreign drug importation would save Americans just one percent over 10 years. That's a minuscule amount — especially in light of the safety concerns associated with imported drugs.

Plus, brand-name drugs are cheaper in foreign countries because their governments impose price controls. If politicians allow foreign drugs to enter the U.S. market, they'll effectively be importing price controls.

3.) Is government-sponsored comparative-effectiveness research a good idea?

To varying degrees, both Barack Obama and John McCain have expressed support for comparative-effectiveness studies to evaluate the relative merit of different medical treatments. Such research could provide doctors with important information. But if the studies are government-funded, researchers would likely face pressure from cost-conscious officials to arrive at conclusions that lead to lower government spending.

Britain's comparative-effectiveness agency, the National Institute for Health and Clinical Excellence, has done just that. Recently, the agency didn't approve the arthritis drug abatacept — despite the fact that it's one of the only drugs clinically proven to treat patients with severe rheumatoid arthritis.

4.) Are the healthcare systems in Canada and Europe good models for America?

We often hear that other nations offer a utopia of free medical care for everyone. What we don't hear is that universal healthcare coverage inevitably leads to long waiting lists, doctor shortages, and limited treatment options.

Canada ranks 24th out of 28 developed nations in doctors per

thousand people. That helps explain why more than 825,000 Canadian citizens are currently on waiting lists for surgery and other necessary treatments. In Britain, more than one million citizens are currently waiting for hospital admission.

In measuring the quality of a healthcare system, what really matters is how well it serves those who are sick. Here, America excels. A recent study in the British medical journal *Lancet Oncology* found that Americans have a higher five-year survival rate for 13 of the 16 most prominent cancers when compared to their European and Canadian counterparts.

5.) How can we increase access to cutting-edge drugs?

Drugs made through biotechnology are beginning to offer hope to those with previously untreatable diseases. But these drugs can be extremely expensive. So some in Congress have proposed making it easier to bring copycat versions of biotech drugs to market.

Although it makes sense to create a regulatory approval pathway for these copycat drugs, lawmakers must make sure that they don't put future innovation at risk. The average biologic takes nearly \$1.5 billion to develop. So lawmakers must protect the financial incentives behind this burgeoning field of medical technology.

Informed Choices

This fall's election offers voters tough but clear choices on health reform. Informed Americans would be wise to keep these important issues in mind as they enter the voting booth.

Sally C. Pipes is president and CEO of the Pacific Research Institute. Her next book, "The Top Ten Myths of American Health Care," will be released this fall.

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Rental Central

by TOM DOTY
TIMES COLUMNIST

One good film, two marginal ones and an outright stinker were all that were offered this week.

■ **"Baby Mama"** — Two "Saturday Night Live" veterans star in this amusing take on parenthood that finds a tightly wound executive having to host the working class woman who is acting as her surrogate. It's the "Odd Couple"

all over again, but smart turns by Tina Fey and Amy Poehler make it work. There are also hilarious bits by Steve Martin and Sigourney Weaver.

■ **"Forbidden City"** — A kung-fu fan journeys to China to save the "Monkey King" and ... ah, who cares if the plot is stupid, because this one features the first on-screen pairing of Jackie Chan and Jet Li. Their duel is worth the price of a rental and you can fast forward through the copious dull

spots.

■ **"Seed"** — Uwe Boll ("Alone in the Dark") continues to improve as a director with this off-the-wall gore-fest. The story centers on the return of serial killer Sam Seed, who committed 666 murders in six years. The film opens with Seed going to the chair, but three jolts of electricity don't do the job and the authorities decide to just bury him. Big mistake, as he comes back and is nowhere near done with his bru-

tal mission.

■ **"Something Beneath"** — Your worst bet this week is this sci-fi yawnfest that pits Kevin ("Hercules") Sorbo against an intelligent black ooze. Sorbo's turn as an unorthodox priest is mildly interesting but can't sustain a story that pits him against a tar puddle.

Next week looks like a decided improvement with the release of "The Love Guru," "88 Minutes" and "Speed Racer."

Coens fire up likable, goofy 'Burn After Reading'

by CHRISTY LEMIRE
AP MOVIE CRITIC

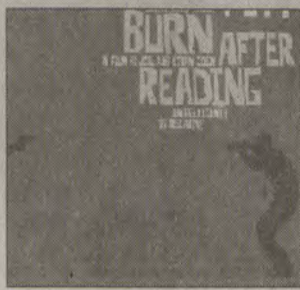
It's a total goof, of course. A lark, a one-off.

"Burn After Reading," the latest offering in the eclectic filmography of Joel and Ethan Coen, is not to be taken seriously — one look at Brad Pitt's blond-streaked pouf of hair tells you that — and it's certainly not to be compared to their starkly violent Academy Award-winner from last year, "No Country for Old Men."

Having said that, it is by no means a letdown as a follow-up. With its rat-a-tat dialogue and delusional characters, "Burn After Reading" falls more like the brothers' cult-favorite comedies such as "Raising Arizona" and "The Big Lebowski," and it lacks the desperation of their back-to-back duds, "Intolerable Cruelty" and "The Ladykillers."

We are no longer in "No Country," but we are assuredly in Coen Country.

This time, the filmmakers take their eye for regional detail to Washington for what looks like an espionage



"Burn After Reading," a Focus Features release, is rated R for pervasive language, some sexual content and violence. Running time: 96 minutes.

Three stars out of four.

thriller, except that the spying uncovers no significant information, everybody is clueless and no one is ever truly in danger. The writing-directing brothers seem to have a genuine affection and sympathy for the idiots they've concocted and do not treat their characters with condescension, which they've at times been accused of doing. Meanwhile, the A-list actors are clearly having a blast.

John Malkovich, as a fired CIA analyst whose memoir falls into the wrong hands, is a hilarious marvel of precise, percolating rage. The Coens' old pal, George Clooney, is almost as much of a buffoon here as he was in "O Brother, Where Art Thou?" Naturally,

Frances McDormand is uniquely tuned in to the Coens' rhythms, being one of their frequent stars — not to mention, Joel's wife.

But Pitt steals every scene in which he appears — and nearly walks away with the whole movie — as an overgrown child of a gym trainer whose bungled schemes get him in way over his head. Just his name alone, Chad Feldheimer, makes him sound like a first-class doofus. But Pitt brings an innocence to the role that makes him irresistible rather than obnoxious; it's easy to forget that he can be funny, the shadow of superstardom and serious roles in films such as "Fight Club" and "The Assassination of Jesse

James by the Coward Robert Ford" looming so large. Here, he toys with his pretty-boy looks and it pays off big time.

The plot of "Burn After Reading" — not that it matters so much, because its sole purpose is to set up the comic antics — tumbles out like this: Malkovich's Osborne Cox, who would obviously be a pompous prig even without his signature bow tie, is forced from his job at the Central Intelligence Agency, though as his boss repeatedly tries to assure him, "This doesn't have to be unpleasant," the kind of deadpan line the Coens like to inject over and over for laughs.

So Osborne storms home to Georgetown to drink and begin his memoir (which he overpronounces as "mem-wah") and drink some more. His wife Katie, played with icy impatience by Tilda Swinton, was already disgusted with him before he got the ax, as evidenced by her affair with Harry (Clooney), a married federal marshal who is proud to report that he's never had to fire his weapon in 20 years of service. You can see from here how this will end up.

For reasons that eventually will become clear, the disc containing Osborne's first draft lands in the laps of a couple of bumbling employees at the suburban Hardbodies

Fitness Center: Chad and the high-strung and highly insecure Linda Litke (McDormand), who hatch a plan to blackmail Osborne over the classified secrets they think they've uncovered.

Linda wants the money for the various plastic surgeries she insists will make her happy and complete, and will allow her to stop trolling for dates on the Internet. (Richard Jenkins co-stars as the gym's manager, who is secretly in love with Linda. Just the idea of the mild-mannered Jenkins managing a gym is amusing in itself.) And Chad wants the money for ... who knows? All he does is work out.

The Coens let the pacing sag from time to time in the movie's middle, even as the plot thickens and the schemes grow more complex — at least as far as the characters are concerned. They're all so busy trying to be someone they're not, to be smart, sophisticated, somehow better, that their connection with reality is tenuous at best.

JK Simmons, who has only a couple of scenes as a CIA official, but they're memorable, puts it best when he says dryly to Osborne's boss: "Report back to me when ... I don't know. When it makes sense."

Sure thing. Good luck with that.

Disney Institute brings professional development program to Floyd County

PRESTONSBURG — Disney Institute is bringing its renowned professional development program, the "Disney Keys to Excellence," to Prestonsburg at the Wilkinson-Stumbo Convention Center on Sept. 18. Sponsored locally by Floyd County Chamber Of Commerce, the full-day event will give area professionals an opportunity to experience the business behind the Disney magic - proven strategies and best practices that are easily adaptable to their organizations.

"This is the only program that Disney Institute brings to the local business community," said George Aguel, senior vice president for Walt Disney Parks and Resorts who also leads the Disney Institute. "Participants from the Big Sandy area will discover Disney practices that they can incorporate into their own businesses. These strategies and tactics have been proven successful for more than 50 years."

Disney Institute programs are unique in the world of

training. "What makes the Disney learning experience so different and meaningful is that we don't simply teach theory," said Aguel. "We give participants an 'insider's look' at business philosophies that have helped Disney to consistently rank as one of the world's most admired companies and brands. Engaging content is presented in an entertaining fashion and provides participants with tools that can literally transform their organizations."

The full-day "Disney Keys to Excellence" program is made up of four 90-minute sessions:

■ **Leadership, Disney Style** — Highlights how effective leadership has been the catalyst at Disney to drive employee and customer satisfaction from the Company's inception to today. Participants discover how Disney leaders exhibit values and behaviors that generate bottom-line results.

■ **Management, Disney Style** — Examines the importance of integrating an organization's corporate culture into

selection, training and care. Participants gain insight into ways Disney fosters a supportive environment that inspires employee pride and ownership.

■ **Service, Disney Style** — Explores world-renowned Disney principles for service excellence. Participants learn how to leverage a service infrastructure and service standards to constantly exceed expectations.

■ **Loyalty, Disney Style** — Showcases practices that have helped Disney build and sustain loyalty while creating one of the world's most trusted and revered brands. Participants discover ways to create powerful relationships that can help retain customers for life and techniques for effectively delivering a brand promise.

Program registration is \$350 per person and includes all course materials and lunch. Seating is limited and payment must be received upon registration! For more information or to register, call Mandy Stumbo at the Floyd County Chamber Of Commerce at (606) 886-0364.



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Cinema 4—Held Over
DISASTER MOVIE (PG-13). Mon.-Sun. 7:15; Fri. (4:30) 7:15; Sat.-Sun. (2:15-4:30) 7:15.

Cinema 5—Held Over
MIRRORS (R). Mon.-Sun. 7:00-9:20; Fri. (4:20) 7:00-9:20; Sat.-Sun. (2:00-4:20) 7:00-9:20.

Cinema 6—Starts Friday, Sept. 12
RIGHTeous KILL (R). Mon.-Sun. 7:00-9:20; Fri. (4:20) 7:00-9:20; Sat.-Sun. (2:00-4:20) 7:00-9:20.

Cinema 7—Starts Friday, Sept. 12
THE WOMEN (PG-13). Mon.-Sun. 6:50-9:15; Fri. (4:15) 6:50-9:15; Sat.-Sun. (1:50-4:15) 6:50-9:15.

Cinema 8—Starts Friday, Sept. 12
BURN AFTER READING (R). Mon.-Sun. 7:05-9:25; Fri. (4:25) 7:05-9:25; Sat.-Sun. (2:05-4:25) 7:05-9:25.

Cinema 9—Starts Friday, Sept. 12
THE FAMILY THAT PREYS TOGETHER (PG-13). Mon.-Sun. 6:50-9:15; Fri. (4:15) 6:50-9:15; Sat.-Sun. (1:50-4:15) 6:50-9:15.

Cinema 10—Held Over
BABYLON A.D. (PG-13). Mon.-Sun. 7:15; Fri. (4:15) 7:15; Sat.-Sun. (4:15) 7:15.

DEATH RACE (R). Mon.-Sun. 9:15; Fri. 9:15; Sat.-Sun. (1:50) 9:15.

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INSIDESTUFF

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- Crossword • page A7

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WELLNESS Q&A

Hamstrung and sidelined

by ERNEST BREWER
DIRECTOR OF WELLNESS & REHAB
HIGHLANDS REGIONAL MEDICAL
CENTER
EBREWER@HRMC.ORG

Question: My son plays high school football, and he recently injured his hamstring. He seems like he is getting better each day, but we have heard that hamstring pulls can take a long time to heal. Also, we've heard that once you pull a hamstring, it makes you more prone to pull it again. Is this true? He really wants to start playing again. What can he do to get better faster?



Ernest Brewer
Helping you find the answers to your health concerns

Answer: Hamstring injuries are one of the most annoying injuries to athletes, coaches and therapists, as well as to the parents of athletes. This is because pinpointing their cause is often difficult, creating a treatment plan is rough, and making a decision to return to full activity is stressful to all involved.

To answer your questions, let me first define "hamstring pull." The hamstring is the large group of muscles on the back of the upper leg extending from the buttock to just below the knee. Its pri-

(See WELLNESS, page nine)

FAMILY MEDICINE

Reader's vasomotor rhinitis mimics allergy or infection— **Page A7**



Kristina Combs, right, appears in advertisements for the National Guard.

Native the new face of the National Guard

by JARRID DEATON
FEATURES WRITER

Kristina Combs knew at an early age that she wanted to join the military to honor the memory of her father, a Vietnam veteran who died in 1992. What she didn't know is her decision to join the National Guard would make her the poster girl for a national ad campaign.

Combs, a 2002 graduate of Prestonsburg High School, is featured in a National Guard ad that has graced such publications as The New York Times and Newsweek.

"She signed up for the National Guard while she

was a junior at Prestonsburg," said Combs' mother, Nivia Bruner. "She's the sweetest and kindest person. She doesn't look like she belongs in the National Guard, but she is a sergeant and she has her Airborne wings. I'm very proud of her and everything that she has accomplished for her country and for herself."

As part of her National Guard service, Combs was in Kuwait from 2006 through 2007. Many of her high school friends were among the troops that left for duty in Afghanistan in May of this year.

According to her mother, Combs hopes to enter the psychological side of law enforcement after she finishes college. She is currently working for the

Kentucky National Guard office in Frankfort and is also expecting her second child.

The ad shows Combs standing beside a male soldier, both of them dressed in fatigues. Behind them, jets sit on the tarmac under a clouded, yet colorful sky. Other soldiers and military vehicles are also pictured in the background.

"The people that were there to shoot the ad asked her if she was a model," Bruner said. "She had to tell them that she really was in the National Guard."

The Kentucky National Guard opened its Prestonsburg unit in 1974. The unit became a full company in 1986.

DINNER DIVA

Better burgers

Make beans a basic

I've written many times on the deliciousness of beans, the ease of cooking them, the frugality of the lowly bean and most importantly, the health qualities that encompasses each and every bean variety.



Leanne Ely

And today I am going to do it again. Beans are one of those things that sit for years in people's pantries becoming fossils. One of the reasons is because so many people don't know how to cook them (really simple; soak overnight, simmer till tender) and most people, if they do use beans, use the canned variety.

I want to make a case for the humble bean, dried, in a bag, and less than a buck (usually) for the whole darn package. Beans are wonderful, versatile, healthy and will save you a fortune on your grocery bill, if you can start to work them into your family's menu once or more times a week. That doesn't mean they need to be the mainstay, just add a few to soups, salads, add them to your stews—it really does help to extend a meal, add more protein, a ton more fiber and a bunch of important nutrients.

Now about that gas problem that we all know exists with the consumption of beans. I won't even go there telling you how to make your

(See DIVA, page nine)

Riverview Health Care now offering Lifeline

PRESTONSBURG — Riverview Health Care Center has announced the introduction of the Lifeline program to serve both residents returning home from treatment and the community.

Lifeline is a medical alert system designed to give elderly and physically disabled people more confidence and peace of mind to live independently in their own homes. Subscribers can easily press a lightweight button and be connected to a highly trained representative who has access to the subscriber's entire

health history and is able to assist each subscriber with the care they need, especially in a medical emergency.

Charles Hewgley, vice president of community outreach, says, "Signature HealthCARE [the parent corporation of Riverview] provides our residents with the ability to receive the necessary care in the setting of their choice. By offering Lifeline to our residents and the community, we enable them to receive the care they need in the comfort of their own homes. This is yet another initia-

tive of Signature HealthCARE, increasing the quality of care for our residents and the community."

E. Joseph Steier III, president and CEO of Signature HealthCARE, says, "One of the nursing home industry's greatest mistakes is a perceived fight with society over resident choice, resident freedom and trying 100 percent to honor citizens' personal choice. We believe that anytime we can send a resident home, even if it's with family or community support, our nursing home has then become a successful partner with the

community we serve."

Signature HealthCARE, headquartered in Palm Beach Gardens, Fla., is a family-based organization that is revolutionizing the long-term care industry through a culture of resident-centered health care services, personalized spirituality, quality of life initiatives and employee development and empowerment. Signature HealthCARE has 64 facilities operated and managed by its affiliates in seven states, including 17 in Kentucky.

FLY LADY

Generations of perfectionists

From the day we were born we have had perfectionism shoved down our throats. You know those words as well as I do, "If you can't do it right then don't do it at all! We were also forced to redo things when we didn't do them to suit the person giving the ORDERS!"

None of us like to be dictated to! What we were taught by these words and actions is that it didn't matter how well we did something because it was never going to live up to the expectations of that person we were trying to please. Do you want to know what happened then? We gave up! We didn't even try anymore because we knew it would not be good enough.

This pattern of being put down was all you heard. That is why we feel the need to beat ourselves up when we don't do something right! This negative attitude was drilled into our heads. We were brainwashed with this perfectionism. Now in our parents' defense; they had the same thing done to them. It is all they

knew! We can put a stop to this vicious cycle of perfectionism through the generations.

We are our own person and we have made a choice to change. We are not being dictated to by our parents any longer. You may have just gotten fed up with living in CHAOS (Can't Have Anyone Over Syndrome) or you may have heard about this FlyLady person who can help you get your house clean. Whatever the reason; you are ready to try something new. This time the choice is yours!

When we get to make the decision it is much easier for us to do! The only problem is that we still have those negative voices echoing in our heads. This is why we beat ourselves up! It is those voices from the past that make FLYing difficult! They tell us the same old message we have heard from day one! You have to do it perfectly or don't do it. So when you are not FLYing the way you think you are supposed to then you quit trying. This is also why we get overwhelmed!

In the perfectionism we had forced on us; we look at the whole picture instead of just doing something. We don't think that 15 minutes can make a difference in a messy

house. This goes back to getting it done right. We expect ourselves to magically do it all in one day! We are not Supermen or Superwomen! So with this negativity ping ponging in our heads we tell ourselves we don't have time!

The real thing we are saying is not that we don't have time, but that we don't have time to do it right! This is when we begin to do what has always been done to us! We beat ourselves up or we punish ourselves. Because of this perfectionism we don't feel worthy!

We don't feel worthy to have nice things. We don't feel worthy to live in peace. We don't feel worthy to enjoy ourselves and worst of all we don't feel worthy to be loved! I want to help you eliminate those unsaid thoughts from your mind. I want to replace them with loving thoughts and rewards for taking baby steps.

Your home did not get messy in a day and it is not going to get clean overnight. We are not our mothers and fathers. I don't expect you to be

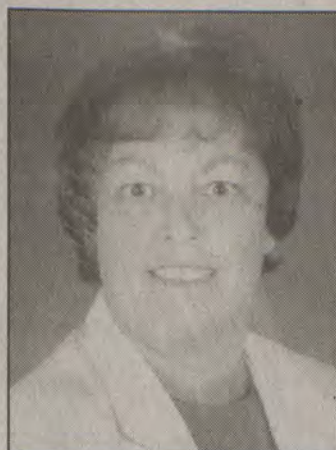
perfect! So quit expecting perfection from your precious little inner child. When you start feeling defeated, overwhelmed and beaten down; I want you to recognize the voices you are hearing in your head. Then say delete delete delete!

You can do this! I am so proud of you for taking the time to read this God Breeze Hurricane! You are worthy of being loved! I will start this ball rolling by saying there is no wrong way or right way to FLY; there is only your way! It all starts by going to shine your sink and Finally Loving Yourself by not beating yourself up when you are not perfect!



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For more help getting rid of your CHAOS; check out her website and join her free mentoring group at www.FlyLady.net or her book, Sink Reflections published by Bantam and her New York Times Best Selling book, Body Clutter published by Fireside. Copyright 2007 Marla Cilley Used by permission in this publication.



Family Medicine

Martha A. Simpson, D.O., MBA
Associate Professor
of Family Medicine

Reader's vasomotor rhinitis mimics allergy or infection

Q My doctor recently diagnosed me with a condition she called vasomotor rhinitis. She didn't give me much information about it, but said it wasn't an allergy and wasn't a sinus infection, which is what I thought I had. My major symptoms are a feeling of sinus pressure, a runny nose and headaches. Sometimes I have sneezing fits. It's worse during cold weather. I had a bad time recently when I made a trip to southern Chile. It's winter there. Can you tell me more about this condition?

A Well, I'm envious of your recent foreign travel, but I can also sympathize with the nasal problems you've been experiencing. Your pain is due to the fact

that the tissues of the nose and sinus areas have abundant nerve endings. As a result, any condition that causes swelling or irritation in the nose and sinuses can also produce pain.

The symptoms you describe — facial pressure and pain — certainly can be the result of a sinus infection, but blockage of the sinus openings is more common. There are several possible causes of this type of blockage, including allergy-induced nasal swelling, the common cold, tumors and cysts. Vasomotor rhinitis is also on the list. It mimics an allergy or infection in some ways but is actually a distinct disorder.

Before I tell you more about vasomotor rhinitis, I need give you a brief

anatomy lesson. The bones and cartilage that make up your nasal passages and sinuses are covered with nerve-rich mucus membranes. Beneath some sections of the mucus membrane there is a special tissue that can engorge with blood, thereby causing that common experience of having one's nose suddenly become "stopped up." Functioning of this complex system is under the control of the nervous system. Therefore, any conditions that interfere with the nerves, blood supply, mucus membranes or the bones themselves can produce symptoms similar to those you describe.

Also contributing to "sinus problems" is the fact that nasal and sinus bones can be shaped in ways that are not optimal and, thereby, increase the risk of sinus infection or cause pain in other ways. These problems can include sinus openings that are too small or too large as well as irregularly shaped nasal bones that reduce

space for air passages.

While it can be difficult to determine the exact cause of nasal swelling, discharge and pain, your doctor undoubtedly used your history to help narrow down the possibilities. A key clue is that cold temperatures bring on an attack. Infections and allergies do not work this way, but your doctor's prime suspect — vasomotor rhinitis — can be triggered by cold exposure.

Vasomotor rhinitis is an incompletely understood disorder that involves a disturbance in the way the parasympathetic nervous system controls the blood vessels in the nose. An attack produces swelling in the nose with resultant "sinus" pressure and pain. The glands of the nose become overactive. This produces the runny nose and the sneezing. In addition to cold exposure, attacks can be triggered by polluted air, bright light, spicy foods and even, sometimes, emotions.

There are effective treatments for vasomotor rhinitis, but there is currently no cure. Many family doctors are skillful at treating this disorder. If your family doctor isn't well versed in treating it, however, he or she can refer you to an ear, nose and throat specialist who can help you.

□□□

Family Medicine(r) is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-news.org. Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions. Past columns are available online at familymedicine-news.org.

Wellness

many functions are to bend the knee and straighten the hip.

A pulled (or strained) hamstring is a tear of the hamstring muscle fibers. It is believed that these tears occur most commonly during what is called an "eccentric contraction." This occurs when the muscle is trying to contract while another force, such as the ground or the quadriceps, is trying to force the muscle in the opposite direction. This creates an amazing amount of force on the muscle fibers.

Studies have shown that there is a high rate of re-injury with hamstring pulls. The common explanation for this is that athletes often return to activity before the injury has fully recovered. Why this occurs so often is that it is difficult to know when the athlete is ready. The type of force applied to the muscle during full sports activity is hard to duplicate in the clinic or at half-speed. Therefore, the longer that the athlete can avoid full speed activity the better.

As far as "getting better faster" goes, my best advice is to have him do all the right things and none of the wrong

things, and then hope for the best. This is just my smart aleck way of saying that the speed of his recovery is really nearly 100 percent dependent upon how extensive his injury was to begin with, no matter how brilliant his medical team may think they are. With that understood, let me say that the role of the athletic trainer or therapist is essential in making sure that he is doing all the right things and none of the wrong.

So, what are the right and wrong things? Early on, the best policy is to limit activity and movement of the muscle to almost nothing. Using ice, limiting weight bearing using crutches and limiting motion of the muscle to gentle flexibility activities well within the comfort zone should be the focus at that point. I would advise that physical therapy begin seeing the athlete early on, as well, for the application of modalities, the use of hands-on techniques and to help make decisions regarding progressing activity. Depending on the severity of the injury, consulting with an orthopedic specialist may also be advised.

In regards to making a decision on when to return to full activity, my best advice is to wait until everyone feels that he is absolutely 100 percent ready to return to full activity, and then make him wait some more.

I wish you and your son the very best.

Ernest Brewer is a physical therapist and athletic trainer with over 20 years of clinical experience. In addition to his experiences in hospital, home health and outpatient settings, he has provided services to high school, college and professional sports including pro rodeo, ballet and basketball. He is the Director of Rehab and Wellness at HRMC. You can email him your questions at ebrewer@hrmc.org.

The information presented is intended to be informative for the general reading audience and not intended to be utilized for creation of a personal treatment plan or replacement of the care of your current health care professionals. In all cases, seek the advice of your physician for a definitive answer for your specific health con

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HOLLYWOOD HEADLINE

Super Crossword

- | | | | | | |
|---|-------------------------------|--------------------------------|-------------------------------------|-------------------------------------|---------------------------|
| ACROSS | 59 Vaudeville staple | 106 Crucifix | 9 "Of course!" | 53 Fighter pilots | 94 Circle dance |
| 1 Hirt hit | 62 Disdain | 108 Agitated | 10 Harem room | 54 "SNL" bit | 95 Sikorsky or Stravinsky |
| 5 Kudrow or Hartman | 63 Unduly | 111 HAGMAN PLANS NUPTIALS! | 11 Apply gently | 56 Haunted-house sound | 96 First offender |
| 9 Lucas character | 64 "—Ca-Dabra" | 115 Piggy | 12 Petite parasite | 57 Oklahoma city | 97 Jay's house |
| 13 Gullible one | (74 song) | 116 Khan opener? | 13 Mongrel | 14 Owns | 100 Negative correlative |
| 18 Rueful cry | 65 JFK Library architect | 117 Castilian cry | 15 Nothing special | 15 Nothing special | 104 It may be tall |
| 19 Certain Semite | 66 Beethoven symphony | 118 Head set? | 16 Mediterranean island | 16 Mediter-ranean island | 105 Internet acronym |
| 20 Imported cheese | 69 Velvety plant | 122 Croc's kin | 17 Brooklyn school | 17 Brooklyn school | 107 Colors |
| 21 Extragalactic object | 72 Pro-gun grp. | 126 Mideastern mall? | 21 Suppress | 21 Suppress | 109 Demetrius' duds |
| 22 DIRECTOR PICKS KAPLAN TO PLAY LINCOLN! | 73 Little helper? | 129 PAQUIN GETS STARRING ROLE! | 23 Skirt feature | 23 Skirt feature | 110 Inclined |
| 25 Author Le Guin | 74 SANDLER GOES ON TOUR! | 134 In public | 24 Skiers' mecca | 24 Skiers' mecca | 111 Sweet and slave |
| 26 Prepare to propose | 78 Ever's partner | 135 Row | 29 Wee one | 29 Wee one | 112 Dumbstruck |
| 27 Valueless | 81 Slugger's stat | 136 General Bradley | 32 Present | 32 Present | 113 Brings down the house |
| 28 Hum bug? | 82 Attempt | 137 Final | 34 Datebook abbr. | 34 Datebook abbr. | 114 Thought-provoking |
| 30 ABA member | 83 Sulky | 138 Alarm button | 35 — Aviv | 35 — Aviv | 119 Particle |
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| 33 "WHEEL" RATINGS PLUNGE! | 87 "—a Song Go..." | 140 — Hari | 37 "The March King" | 37 "The March King" | 121 Petty clash? |
| 39 More meager | 88 TV's "The — Patrol" | 141 Actress Merrill | 39 Mineral springs | 39 Mineral springs | 123 Prepare to fly |
| 44 "Graf —" | 90 Prelim | DOWN | 40 She brought out the beast in men | 40 She brought out the beast in men | 124 — even keel |
| 45 Navigation hazard | 92 Plumbing tool | 1 Item in a trunk | 41 Part — owner? | 41 Part — owner? | 125 Sita's husband |
| 46 Film, for short | 95 AFFLECK WINS SECOND OSCAR! | 2 Economist Greenspan | 42 Urban transport | 42 Urban transport | 127 Chemical suffix |
| 47 Castilian custard | 98 Ho hi | 3 Ming thing | 43 Absorbed | 43 Absorbed | 128 PC key |
| 49 Commoner | 99 — Kong | 4 Behind a windjammer | 48 Ruth's mother-in-law | 48 Ruth's mother-in-law | 130 Long or Peeples |
| 51 Arm bones | 101 Roof part | 5 Fall behind | 50 Mont — | 50 Mont — | 131 Unused |
| 55 CARNEY IN NEW FILM! | 102 "Holy cow!" character | 6 OPEC member | 52 Puppy bites | 52 Puppy bites | 132 Dadaism founder |
| | | 7 "Elephant Boy" star | | | 133 Lingerie item |
| | | 8 Cain's victim | | | |

Crystal Stumbo and Mike Hall were united in marriage on July 5, at Buckhorn Resort in Gatlinburg, Tennessee. Crystal is the daughter of Pamela and Kenneth Ray Stumbo. She is the owner and stylist of Illusions Salon. Mike is the son of Kathleen and Forrest Hall. He is employed by Equitable Resources and is Floyd County Constable for District 1.



Diva

beans gas free in the first place because in my humble opinion, that information is really trite and useless. What is useful however, is Beano, a wonderful little enzyme filled product that helps take some of the "music" so to speak, out of your beans.

So how about a recipe? I'm glad you asked because I've got a good one for you. Now go soak your beans!

Barbecued Lima Beans

Serves 6
1 pound dried lima beans
3 1/2 cups water
1 1/2 cups onions, chopped
1/2 cup brown sugar
1/2 cup ketchup
8 drops Tabasco sauce
1/3 cup dark corn syrup

1 (14.5 ounce) can low sodium vegetable broth
Salt and pepper to taste

In a large saucepan, soak washed beans in water overnight. Do not drain.

Add onion to beans and bring to a boil. Simmer 30 to 60 minutes or until beans are beginning to get tender. Drain beans.

Combine all ingredients in slow cooker. Mix well. Pour in vegetable broth to cover beans. If you need more liquid, add water until beans are barely covered.

Cover. Cook on low 10 hours or high 4 to 6 hours (your mileage may vary, depending on your appliance) stirring occasionally.

Per Serving: 402 Calories; 1g Fat; 20g Protein; 83g Carbohydrate; 16g Dietary Fiber; 0mg Cholesterol; 427mg Sodium. Exchanges: 3 Grain (Starch); 1 Lean Meat; 1/2 Vegetable; 2 Other Carbohydrates.

SERVING SUGGESTION: Serve with coleslaw and cornbread for a hearty meal.

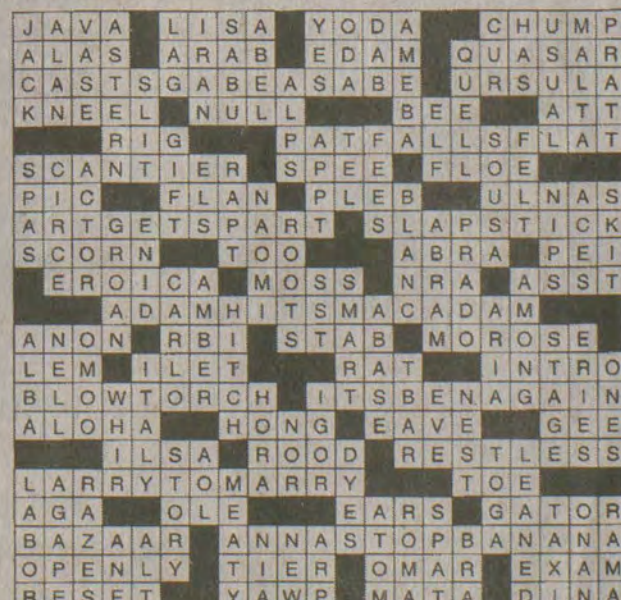
For more help putting dinner on your table check out Leanne's website www.SavingDinner.com or her Saving Dinner Book series (Ballantine) and her New York Times Best Selling book Body Clutter (Fireside). Copyright 2008 Leanne Ely. Used by permission in this publication.

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Take steps now to protect your house from winter

by MORRIS and JAMES CAREY
ASSOCIATED PRESS

Winter brings cleansing rains, billowing snow, crystal clear star-filled evening skies and energy bills that can choke a horse.

So, as beautiful as the season might be, it's a good idea to spend the rest of the summer and fall getting ready for it.

HEATING

Changing your furnace filter isn't difficult or expensive, and it makes good sense. However, there are furnace service and maintenance issues that, if left unchecked, can prove far more costly. Yes, change the filter, but be aware that the biggest single energy culprit in a central heating system could be something as simple as a duct leak. Leaky ducting can spew hundreds of dollars worth of heat (or air conditioning) into your attic or crawl space. Is your basement overheating? It could be a leaking duct. You can hire a heating contractor to test your system, but first search out leaks yourself. If ducting is insulated, and it should be, then pull back the insulation at

locations that appear to be junctions, or where ducting is bent or dented. Once you have done all you can to insure that you have no leaks, have a heating contractor come in and perform a pressure test.

INSULATING HEAT DUCTS

Duct insulation is actually a pretty recent code requirement. You may well have ducting that is well sealed, but if it isn't properly insulated you will pay more for your heating than does your neighbor who has taken the time to insulate. One-inch-thick duct insulation is sold in 1-foot-wide rolls, and is easy to install. All you need to do is wrap and overlap. While wrapping the insulation around your ducting, just make sure it overlaps an inch or two. When you get to the end, lace a nail through the last overlap to hold the insulation in place. Any medium-size nail will work. While insulating duct work in itself is easy, a lack of working space, say, a crowded attic or crawl space, can make the chore difficult. Still, it beats struggling to pay your utility bill.

PRUNING TREES

A deciduous tree is the

most energy-efficient type. In the winter, it loses its leaves and lets the sun's warmth help heat your home. During the summer, its leaves shade and cool your home. All you have to do to insure years of protection is keep your trees fed, watered and pruned. Feeding and watering is pretty easy, but pruning can be a back breaker and, if improperly performed, can damage or even kill a tree. Pruning in the winter is a "no-no". Pruning creates "open wounds." Don't expose your tree to frost damage by cutting and hacking when chilly weather is expected. Also, pruning cuts should be made at a 90-degree angle to the branch. Cutting at other than 90 degrees exposes more of the "wound" than necessary. No, it doesn't matter which pruning tool you use as long as cuts are clean and square. Yes, a ladder is needed, and a safety rope is even more important.

LEAKS OF ALL KINDS

Home maintenance Web sites abound with tips on sealing and caulking, the use of expandable foam, and how to check and replace weather stripping at doors and windows. Unfortunately, the list of

items is so long that most of us don't take the time to get half of it done. Also, some people think caulking and sealing lasts for years ("Hey, the caulking is guaranteed for 50 years!"). Not! The caulking may be guaranteed, but your home isn't. Homes shift as the ground expands and contracts from changes in moisture season to season. So, here's the list one more time, and just for this season:

■ Caulk all exterior doors and windows where the exterior siding meets the trim and where the trim meets the window frame.

■ Caulk all joints and gaps in exterior siding and trim, and where the siding meets the foundation.

■ Weather strip all windows and doors. For windows, be sure to remove the moving section first, so that the weather stripping is fully accessible. For doors be sure to check the bottom. Hold a flashlight at the bottom of the door at night. If you can see the light from the inside the weather stripping needs adjustment or replacement.

■ Seal plug and switch covers at all walls, both exterior and interior. For 25 cents a piece, you can radically reduce air infiltration.

■ If you have an older home, remove interior door and window trim and fill the gap between the window or door frame and the house frame with expanding foam sealant. Caulking alone on the outside will not do the trick.

■ Use expanding foam sealant to fill penetrations in:

1. Exterior Siding

2. The Crawl Space
3. The Basement
4. The Attic
5. Inside Kitchen and Bath Cabinets

Sealing the outside of your home will not only reduce energy costs, it will protect the siding and trim from water damage.

Stumbo

Continued from p1

debate," Stumbo said. "My goal is to convince as many people as I can that I'm the candidate that can bring the change that they want. People want their government officials to work together as much as they can and only disagree when they have to. In my 19 years as floor leader, we had a budget every time. I'm a proven commodity in that regard. I want to see the budget process more open, and not

to wait until the last minute behind closed doors. It's not fair to the members, and it's not fair to the entire state."

Stumbo said that the letters announcing his candidacy for speaker of the House will be in the mail this morning, and he hopes to make his home county proud.

"If I'm lucky enough to win, I will be the first speaker from Floyd County," Stumbo said.

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Inmate

fell to the floor after being hit in the face and Young allegedly jumped on top of him and continued the assault.

Thornsbury attempted to push Young off of him using his foot, but Young resisted and drew back his fist to continue his attack. Before he was able to bring his fist down on Thornsbury again, Young was stopped by another deputy jail-

er who arrived at the cell.

Young, who is listed as being 6 feet, 3 inches tall and weighing over 250 pounds, is incarcerated at the Floyd County Jail for allegedly being intoxicated in public. According to the arrest report, he was seen urinating in the road at the Heritage Inn in Prestonsburg. He was arrested and charged with alcohol

intoxication.

Jailer Roger Webb said that some of the recent inmates at the jail had caused some problems.

"We've got some pretty rough ones in here the past few weeks," Webb said.

A preliminary hearing on the assault charge is scheduled for Sept. 15.

Continued from p1

Board

of Education.

Tonya Williams, principal at May Valley, thanked the board for the official recognition of the school's success.

"This is a great way to begin the year," Williams said. "We have an extraordinary faculty and staff. We could not have made this accomplishment without the support of our district. There are great things ahead for all Floyd County schools."

Williams will be heading to Washington D.C. to pick up the award on Oct. 20 and 21.

As a whole, Floyd County ranked 64th out of 176 school districts.

While success was highly touted at the meeting, the board also addressed some problem areas that were identified by the test results.

The district's high schools

did not perform as well as the elementary schools, and the respective principals were questioned about their plans for improvement.

South Floyd High School Principal Joe Marson spoke to the board about the scores and the measures that the school is taking to improve them.

"The faculty and staff at South Floyd High School realize the challenges that we must not only face, but overcome," Marson said. "Although we have new administrative leadership at South Floyd, we recognize and accept that change must begin now. We're already seeing improvement in student and staff morale, and we're concentrating on making academic rigor a part of every day at South Floyd. We know we have changes to make and

we're ready for intentional and aggressive actions."

South Floyd High School had an overall score of 66.5, which was down from last year's score of 70.5.

None of the high schools in the district scored over 80, with only Prestonsburg High School showing an improvement, going from 73.6 to 77.8.

"We need to increase our monitoring, support and communication with our high schools," said Jeff Stumbo, board chairman. "We will offer our time, support and expectations, and it's important that all of our high school principals meet with their staff on a regular basis."

Board members Dr. Chandra Varia and Sherry Robinson were not present at the meeting.

Continued from p1

Court

passed in 2006 amounted to a new law — which wouldn't be retroactive — or just changes to an existing law.

Justice Wil Schroder said it appears the legislature wanted jurors to be told about the self-defense provisions in the law.

"By adding it, don't you think they wanted us to do something like put it in the jury instructions?" Schroder asked.

In the second case, public defender Bruce Hackett argued that the "no retreat" law should have retroactively been applied in the case of Rodgers, who is serving 20 years for manslaughter in the 2004 shooting death of Dewhon McAfee in Louisville. Jefferson County Circuit Judge William Douglas Kemper, who presided over both cases, ruled that the new law does not apply retroactively. He did not tell the jury that Rodgers had no legal duty to run away from McAfee.

"It is absolutely necessary to tell the jury that," Hackett said. "The instructions we give to the jury don't give a clue to them."

But Assistant Attorney General Perry Thomas Ryan said the state's "no retreat" law didn't apply to Rodgers, who shot McAfee two years before the law took effect.

The National Rifle

Association had championed the measure, saying it simply codified a rule of law already observed by judges in Kentucky and elsewhere: That people have a right to use deadly force to defend them-

selves and their families when their lives are in danger.

Multiple other states, including Florida and Colorado, have laws similar to Kentucky's.

Continued from p2

General Assignment Reporter

The Floyd County Times is currently accepting applications for a full-time or part-time general assignment reporter. The ideal candidate will possess strong writing skills, dedication to the principles of journalism, strong people skills and a go-getter attitude. Experience is preferred and the ability to work flexible hours is a must.

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FLOYD COUNTY Sports

Inside

NASCAR • B3

Rebels dismantle Magoffin, 42-6

by STEVE LeMASTER
SPORTS EDITOR

EASTERN – Justin Jackson and Hunter Crowder each rushed for over 100 yards and senior signal-caller Josh Prater completed nine-of-14 passes for 129 yards last Friday night as Allen Central dismantled visiting Magoffin County 42-6 in an early-season matchup between two longtime rivals.

"It was a great win for us," said Allen Central Coach Jeremy Hall. "We have been beaten by Magoffin in close games over the past years. This give us some momentum into

our district play with Phelps, Paintsville and Pikeville over the next three weeks. We are not looking ahead. We have not gotten to see Phelps much. So, we have to prepare for anything and play our game. If our line plays the way it has in the past couple of weeks, we have a good chance. I have to give a lot of credit to them. You don't get multiple backs in the 100-yard marks without a good line."

Jackson paced the Allen Central ground game versus Magoffin County, rushing for 104 yards on eight carries. One of Jackson's carries was a 75-

yard scoring run.

Crowder rushed for 101 yards and two touchdowns. He had a long touchdown run of 76 yards.

Allen Central running backs broke away for several long runs.

Logan Crowder rushed for 79 yards and one touchdown on 11 carries.

Chris Stumbo led Allen Central in receiving, finishing with 48 yards and one touchdown on six catches. Stumbo was also the recipient of three two-point conversion passes.

Allen Central jumped out in front and never looked back.

The Rebels outscored Magoffin County 12-6 in the opening quarter and carried a 20-6 lead into halftime.

Defensively, Hunter Crowder led Allen Central with a team-high 12 tackles. Logan Crowder returned an interception 42 yards for a touchdown. Prater had a 47-yard interception return.

Allen Central owned a 34-6 lead at the conclusion of the third quarter.

Tonight, Allen Central will host Phelps in a key district matchup. Kickoff for the Allen Central-Phelps game is slated for 7:30 p.m.



RAIDER BALL: South Floyd (1-1) will be back in action tonight when it hosts Paintsville (1-1) in a pivotal district matchup.

photo by Gabby Bailey

Filtering through files

by RICK BENTLEY
TIMES COLUMNIST

Time to clean out the files:

– Here's something interesting: Although the Pike County Bowl was only two weeks ago, after tonight most schools in our area will essentially be one-third of the way through their football seasons.

Time absolutely flies by, particularly in high school football.

To this point, our coverage area's most impressive team has probably been Prestonsburg. The Blackcats, who along with Pikeville face the most difficult schedule in the mountains, are off to a 2-0 start.

Belfry is also 2-0, but after last week's 21-14 win over Lawrence County Coach Philip Haywood stated matter-of-factly that the Bucs weren't as good as some in the media (blush) may think, so there you go. I don't believe Coach Haywood is a sandbagger and I do believe he knows his team better than anyone else, so I'll say he's right. Of course, it's hard to hold the local media at fault; the statewide press has the Pirates atop the Triple-A poll again this week.

We'll see how it shakes out from here. There's a huge game at Eastern tonight between Phelps and 2-0 Allen Central which may decide a playoff spot.

But one thing is certain, it'll be crunch time before we know it. For some teams, in fact, it already is.

– Here's a thought: With four high schools playing football in Floyd County, and seeing as the powers that be are apparently thrilled with the two-night concept of the Pike County Bowl, how long until we see a Floyd County Bowl?

Here's a proposal: Bring in four schools to play the Floyd counties, play the Friday night games at Betsy Layne, South Floyd and Allen Central on a rotating basis and the Saturday-night double-dip at Prestonsburg.

Why give PHS the home game each year? It's the largest school, is in the middle of the county seat and has the tradition and fan base to insure a sellout each year.

I'm sure I just made a large portion of Floyd County unhappy with me, but when the money starts rolling in ala their neighbors in Pike, they'll be more pleased with me.

Now to find a Floyd-based title sponsor ...

– So lemme get this straight: Pudge Rodriguez gets shoved in the back and is given the same two-game punishment for defending himself as Torii Hunter?

– Anybody else notice the Reds

(See FILES, page two)



The Allen Central High School junior varsity volleyball team is pictured. Front, left to right: Kelsey Jones, Leigh Williams, Courtney Hodge and Jaimie Mullins. Second row (standing): Katie Dingus, Samantha Rice, Tiffany Burdzilauskas, Kelsey Blevins, Brooke Risner and Rebekah Potter.

photo courtesy of Allen Central

JV Rebels finish third in tourney

by STEVE LeMASTER
SPORTS EDITOR

BARDSTOWN – The Allen Central junior varsity volleyball team traveled to Nelson County over the weekend to compete in the Junior Varsity Cardinal Classic hosted by Nelson County High School. The tournament was comprised of a field of eight junior varsity volleyball teams representing Nelson County, Lexington Lafayette, Lexington Catholic, Bishop Brossart, Meade County, Bullitt East and North Bullitt high schools. The young Rebels finished the tournament with a 5-2 record, defeating Meade County in pool play and in the consolation match. The Rebels pounded the Nelson County B Squad and ripped Bullitt East before falling to

Lexington Lafayette in pool play. Nelson County A defeated Allen Central in the tournament semifinals. The Rebels finished third.

Allen Central hit .364 in the tournament with 118 kills and 67 service aces. Junior Kelsey Jones led the attack with 34 kills and fellow outside hitter sophomore Samantha Rice finished the day with 27 kills. Eighth grader Middle Katie Dingus pounded in 25 kills as did sophomore middle Tiffany Burdzilauskas. Junior setter Jaimie Mullins chipped in with three kills. Eighth grade defensive specialist Courtney Hodge also slapped in three kills for the AC junior varsity unit. Right side freshman Kelsey Blevins smacked in one kill while sophomore setter Leigh Williams pitched in with a team-best 56 assists

and 22 service aces. Freshman Brooke Risner dished up 24 assists and Mullins assisted six and earned nine service aces. Sophomore Libero Rebekah Potter landed 12 service aces and defensively earned 43 digs. Jones led the back row defensively, getting 52 digs and Hodge recorded 38 scoops.

The net play was very good for Allen Central as Dingus recorded five solo blocks and 27 partial/deflective blocks and Burdzilauskas stopped five at the net and was credited with 21 partial/deflective blocks.

The Rebels committed 52 hitting errors in 324 attempts during the tournament. Allen Central setters ran the offense successfully 97-percent of the time, committing

only 10 errors in 361 attempts while setting up 96 kills. Serving was on the mark 90-percent of the time, as the Rebs committed 28 service errors on 284 attempts while landing 67 aces.

The Allen Central squad returned 80-percent of the hit or service attempts, making 126 errors on 634 attempts and earning 174 digs. The JV Rebels averaged 4.9 blocks, 9.6 aces, 16.9 kills and 18 reception errors per match.

"The girls played very well," said Allen Central Coach Larry Maynard. "Our defense wasn't sharp but going to Central Kentucky and competing is a good measuring stick for these girls as we look to the future for Allen Central Volleyball."

Jackson upends Betsy Layne

TIMES STAFF REPORT

BETSY LAYNE – After taking a lead into halftime, Betsy Layne couldn't hold on Friday night at home in the Bobcat Bowl versus visiting Jackson County. The Generals, still in the early stages of their high school football journey, scored 22 points in the third quarter en route to a 30-20 win.

Sophomore Dylan Maldonado led Betsy Layne on the ground, rushing for 60 yards on 10 carries. Maldonado also led the Bobcats in receiving, hauling in one catch for a 75-yard touchdown.

Casey Adkins was Betsy Layne's second-leading rusher, finishing with 50 yards on nine carries.

Through the air, Betsy Layne quarterback Nathan Martin completed three-of-12 passes for 109 yards and two touchdowns.

Zach Hall was the catalyst on defense for Betsy Layne, recording nine tackles.

Betsy Layne will travel to Pikeville tonight for a district game versus the Panthers.

Jamerson records his second 100-yard receiving game

by STEVE LeMASTER
SPORTS EDITOR

PIKEVILLE – Prestonsburg High School graduate Nick Jamerson had six catches for 101 yards on Saturday in Pikeville's season-opening setback to Brevard. Host Brevard edged the Bears 20-17. Jamerson's day was only the

15th 100-yard receiving day in school history. It was also the first since teammate Justin Lamb



Nick Jamerson

(Jackson/Breathitt County High School) gained 159 yards on Oct. 21, 2006 at U.Va.-Wise. It ended a streak of 14 straight games without a 100-yard day for a receiver. It was Jamerson's second; he gained 144 yards against Kentucky Wesleyan on Oct. 1, 2005.

Jamerson is a former Mr. Football finalist. He played his high school football for Prestonsburg head coach John DeRossett. Jamerson also played basketball and competed in track and field for the Blackcats.

Pikeville College sophomore quarterback Dan Wideman's 41 passes on Saturday was his personal best, passing 39 tosses against Lambuth last Oct. 13. It tied for fourth most in school history matching

(See F, page two)

September is quota hunt application month

TIMES STAFF REPORT

FRANKFORT – With the opening of dove, archery deer and other seasons, the hunting time of year is upon us. Kentucky hunters need to remember to apply this month for deer, pheasant, waterfowl and the new rabbit and quail quota hunts offered by the Kentucky Department of Fish and Wildlife Resources.

Hunters may apply for the four types of available quota hunts by calling toll-free at 1-877-598-2401. Hunters must tell the operator they plan to apply for Kentucky quota hunts

when they call. The application deadline is September 30.

Rabbit and quail quota hunts are a new and unique opportunity on the 3,000 acre walk-in tract on Peabody Wildlife Management Area (WMA). Applying for these hunts cost \$3 for each species. Hunt parties are limited to a maximum of three participants each and two parties will be drawn for each hunt. At full participation, there will be 36 quail hunters and 36 rabbit hunters for the season. Up to three hunters may apply as a group.

The 2008-2009 rabbit

quota hunt dates are: November 25-26, December 6 - 7, December 27-28, January 6-7, January 13-14 and January 17-18. The 2008-2009 quail quota hunts are: November 29 - 30, December 2-3 and December 23-24, January 3-4, January 10-11 and January 20-21.

The December 6-7 rabbit quota hunt and the November 29 - 30 quail quota hunt are mentor party must consist of at least one hunter 15 years of age or younger and one adult.

Kentucky hunters may

experience pheasant hunting that rivals anything found on the Great Plains by applying for a quota pheasant hunt at Green River or Clay WMA. At Green River WMA, 100 participants will be drawn for each hunt on November 21, November 22 and November 23, 2008 while 70 will be drawn for each hunt on December 5, December 6 and December 7 at Clay WMA.

Waterfowl enthusiasts may apply in September for quota hunts on Ballard WMA in Ballard County and on Sloughs WMA in



PRESTONSBURG QUARTERBACK MICHAEL BURCHETT ranks as one of the top signal-callers in Eastern Kentucky. The Blackcats will travel to Bath County tonight for a district game.

photo by Paula Goble

HIGH SCHOOL FOOTBALL TONIGHT'S AREA GAMES

- Allen Central-Phelps, 7:30 p.m.
- Belfry-East Ridge, 7:30 p.m.
- Breathitt County-Boyd County, 7:30 p.m.
- Ironton, Ohio-Ashland Blazer, 7:30 p.m.
- Jenkins-Hazard, 7:30 p.m.
- Johnson Central-Bryan Station, 7:30 p.m.
- Knott County Central-Shelby Valley, 7 p.m.
- Perry Co. Central-Letcher Co. Central, 7:30 p.m.
- Pike Co. Central-Magoffin County, 7:30 p.m.
- Pikeville-Betsy Layne, 7:30 p.m.
- Sheldon Clark-Lawrence County, 7:30 p.m.
- South Floyd-Paintsville, 7:30 p.m.



LADYCATS WIN Betsy Layne defeating South Floyd 2-0 (25-20, 25-14) earlier in the week in a conference volleyball match. In an early-season match, Betsy Layne defeated South Floyd 2-1.

Veteran EK Miner Crain returns to Expo Center

TIMES STAFF REPORT

PIKEVILLE — Former Valdosta State guard Mike Crain couldn't wait to step foot back onto the East Kentucky Expo Center hardwood. Crain, who earned an All-CBA Rookie Team honor for the Miners during the 2007-08 season, feels at home inside the Expo Center. In fact, he'd like to spend a second winter playing for the Miners. Crain joined a talented group of players for the East Kentucky Miners free agent camp held Saturday, Sept. 6. The CBA award-winner quickly established himself as one of the top players in the free agent camp. Crain has spent the offseason getting ready for the 2008-09 season.

Over the summer, Crain played in a pro-am league in Atlanta. The Atlanta league featured many ex-college and current professional players. He also played in tournaments in Georgia and Louisiana.

"I want to come back and have the chance to play here," Crain said during a break in the free agent camp. "I'm excited about the possibility of coming back to East Kentucky and playing for the Miners."

On the hardwood, Crain favors an uptempo style. He was a perfect match for Miners head coach Kevin Keathley's fast-paced brand of basketball.

"Coach Keathley is a great coach," Crain commented. "I love his style of play. That's my style of play. It compliments my game."

Crain became a quick fan favorite for the Miners. "This is a great place to play," Crain said, gazing out onto the Expo Center gym floor that features a Miners logo at halfcourt. "It's a great atmosphere. The fans are tremendous. Pikeville is like a second home to me."

"It was good to see Mike Crain down here for the free agent camp," said Keathley. "He didn't have to come down here but he did. That says a lot about his commitment, dedication and desire to play here again. I like players who have a loyalty to a basketball team."

Crain averaged 10 points per game for the Miners during the team's debut season. The Georgia native was one of the top 20 three-point shooters in the CBA.

Applebee's of Pikeville to host EK Miners' CBA Draft Party

TIMES STAFF REPORT

PIKEVILLE — It's déjà vu for the East Kentucky Miners' CBA Draft party. For a second straight year, Applebee's of Pikeville with host the East Kentucky Miners' CBA Draft party. The Miners organization will make its draft selections among family, friends and fans in attendance at the Pikeville restaurant. Keeping with the tradition established last year, East Kentucky professional basketball fans will have an opportunity to interact with the Miners organization as the draft selections are made. This year's draft party is scheduled to get underway at 7:30 p.m. inside Applebee's of Pikeville. The East Kentucky Miners selected six players in the 2007 CBA Draft. This year's version of the CBA Draft is slated to begin at 8 p.m. on Tuesday, Sept. 23.

"We are very pleased to have Applebee's serve as a

host for the draft party for a second straight year," said Miners Coach Kevin Keathley. "Last year, we had a standing room crowd. We invite everyone out to the draft party, which will feature players, myself, members of the Miners front office and the Diamond Girls dance team."

The CBA Draft will consist of six rounds and is open to all players who have exhausted their college eligibility and were eligible for the NBA Draft this past June. CBA Deputy Commissioner Dennis Truax will serve as the moderator for the CBA Draft with CBA Director of Scouting Mark Argenziano and Director of Player Personnel Jeff Argenziano providing commentary.

East Kentucky ended the regular-season portion of the 2007-08 season 26-22. The Miners franchise reached the CBA Playoffs in its debut season.

Files

failed to call up Homer Bailey after the Bats were eliminated from the playoffs?

— Speaking of the Reds, they're about 79 1/2 games out of first place today, but the day after those Triple-A players were called up there's a story in the Enquirer saying Dusty would likely only use them sparingly because of the playoff chase. Really?

I understand playing post-season bound teams respectfully, but Baker's first obligation is to the Reds, not to the other teams in the league. Let's see what these guys have to offer and be a step ahead of the game come spring training.

—As the Reds let the Brewers

escape Wednesday and avoid a sweep, there were

tons of implications in Marty Brennaman's ninth-inning voice when he said, "This was the day (CC) Sabathia was beatable."

— And to make things worse, now Brandon Phillips is out for the year.

— I saw where the NFL has told Chad what's-his-name that if he wants to change the name on the back of his uniform he has to buy all the replicas Reebok has on the market, which will run him about \$4 mil.

Well, Mr. Cool, the ball's in your court now.

— Don't get me started on the high-powered Bengals' offense. Sheesh. It's amazing to me that

minutes after watching Mr. What's-his-name and T.J. Houshmandzadeh get open for a single catch because they were being double-teamed that I saw Dallas' only real threat at wide-out run all over Cleveland.

— The only thing more embarrassing than the Bengals on O would be the Bengals on D. In their first preseason game I watched Green Bay blitz the starters because they'd rather try to knock someone out than tackle them.

You'd think the defensive genius of a head coach they have would have lined that out in the month leading to the regular-season opener.

You'd, or make that I'd, think

■ Continued from p1

wrong. — I'd like to take this opportunity to thank everybody for the kind words we got a couple of weeks ago about the Marty Brennaman package we wrote and Cousin Brian shot in the News-Express. It was a dream-come-true for both of us.

And while I'm at it, I'd like to thank the folks at the Pikeville paper for being so generous with its space. I could have easily been told to trim it back some, but that didn't happen. I'm blessed to work with newspapers who so kindly share their most important resource, the newsprint.

Hunt

Henderson and Union counties. Both offer youth quota-hunts during the Youth Waterfowl Seasons for the Western Zone on February 7-8, 2009. Log on to Kentucky Fish and Wildlife's website at fw.ky.gov for a complete list of hunt days for these waterfowl quota hunts.

Over two dozen deer quota

hunts will be offered this fall at Kentucky State Parks and WMAs including two new hunts on Paul Van Booven WMA in Breathitt County on November 8-12 and November 13-17. Twenty-five participants will be drawn for each hunt on Paul Van Booven WMA with a bag limit one deer of either sex.

Drawn hunters must comply with quota hunt requirements. Those who violate the rules will be ineligible to apply for quota hunts the following year and lose all accumulated preference points. Additionally, violations could result in a citation.

For detailed information on deer, pheasant, waterfowl,

■ Continued from p1

rabbit and quail quota hunts, consult pages 39 through 46 of the 2008-2009 Kentucky Hunting and Trapping Guide available wherever hunting licenses are sold. You may request a copy by calling 1-800-858-1549.

Cameron drives in go-ahead run, Brewers beat Reds

by COLIN FLY ASSOCIATED PRESS

MILWAUKEE — Mike Cameron sure hopes his clutch hit carries over to the sputtering Milwaukee Brewers' biggest road trip of the season.

"I tell you what, it was a good spark today leaving up out of here," Cameron said. "We got the fuse lit."

Cameron singled in the go-ahead run in the eighth inning Wednesday, and Milwaukee rallied to beat the Cincinnati Reds 4-3, avoiding a three-game sweep.

The NL wild card-leading Brewers, who have won just three of their last 10 games, looked destined for another loss against Cincinnati. They trailed 3-1 after six but their meager offense, which scored 28 runs in the 10-game homestand, did just enough.

"Yeah, there's a sigh of relief, and a change of scenery does people good, too," Brewers manager Ned Yost said. "We've been here 10 days, as much we like playing here, it's been a struggle. Now we'll go elsewhere and see if we can't get on a big roll."

Elsewhere is Philadelphia, where the Brewers will start a 10-game, 11-day trip Thursday night with four games against the Phillies,

followed by three games against the Cubs.

"Some guys are playing for pennies, and some guys are playing for gold right now," Cameron said.

Milwaukee entered with a three-game lead over Philadelphia in the wild-card race with St. Louis and Houston close behind. The Brewers also were 4 1/2 back of NL Central-leading Chicago. All four teams play later Wednesday, including the Cubs at St. Louis.

"This is horribly fun, if you can understand what I am saying. It's a lot, a lot of fun, but it's a grind and there's a lot of pressure that goes with it," Yost said. "We know what we're doing. We know what we're up against."

Cameron, one of the veterans brought in for exactly this reason after Milwaukee coughed up an 8 1/2-game lead last summer, was at the center of the important rally. He drew a leadoff walk in the seventh, moved up on a groundout and scored on shortstop Jeff Keppinger's throwing error off Jason Kendall's infield single.

Reds starter Bronson Arroyo outpitched CC Sabathia and handed a 3-2 lead over to David Weathers (2-6), who couldn't hold on to the advantage.

"(It) would have been nice

to bury him," Arroyo said of hanging Sabathia with his first NL loss. "But that is the way the game goes, keep it close and they made it happen in the eighth."

Milwaukee loaded the bases with no outs before Tony Gwynn Jr. hit into a double play that scored J.J. Hardy for the tying run. Cameron then singled in Ryan Braun to make it 4-3.

"When Cameron got that hit, I couldn't hear the rest of the players screaming because I was screaming," Yost said.

Cameron didn't hear anything, either.

"I was screaming myself," he said.

Guillermo Mota (5-5) tossed a perfect eighth to get the win and Salomon Torres struck out the side in the ninth for his 27th save in 34 opportunities.

Sabathia, who remains 9-0 in 13 starts, struck out eight and allowed eight hits in seven innings. He also drove an unearned run with a groundout in the third and added a double in the fifth.

Sabathia won't pitch against the Phillies, but will go in the opener against the Cubs on Tuesday.

"I was thinking about that today, we're going into that big series and not being able to pitch," Sabathia said. "But I do get to pitch in Chicago,

which is going to be another big series. It's a big road trip."

Jerry Hairston Jr., activated from the DL on Tuesday, hit a three-run homer off the big left-hander to give Cincinnati a 3-1 lead, but the Reds' errors cost them a chance to sweep the Brewers in Miller Park for the first time in five years.

"The unearned runs, those are two runs you gave away, you can't give away runs," manager Dusty Baker said. "That was the difference in the game."

Hairston's fifth-inning homer appeared to be enough for Arroyo, who got out of a bases-loaded jam in the bottom half by getting J.J. Hardy to hit a hard grounder that third baseman Edwin Encarnacion turned into a nifty double play.

But Cameron delivered with the heart of the Brewers' order — Ryan Braun, Prince Fielder and Corey Hart — hitting a combined .208 (22-of-106) with no homers and six RBIs in the homestand.

"It's always good when you can get a big hit, especially where we've been the last few days, the highs and lows," Cameron said. "Everybody's been trying to maintain their composure, and just keep playing, keep grinding and try to compete. That's all you can do."

ATHLETES OF THE WEEK

Hunter Crowder, Allen Central Football

Brittany Clark, Allen Central Volleyball



of Prestonsburg

SPORTS FAN OF THE WEEK



If you are the sports fan circled here... it's your lucky day!

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at DAIRY QUEEN OF PRESTONSBURG. When claiming your ice cream cake, present this newspaper.

AC dominates Prestonsburg for 2-0 win

by STEVE LeMASTER SPORTS EDITOR

PRESTONSBURG — The Allen Central volleyball team continued to roll earlier in the week in an all-important conference match. Led by Kimbo Blevins and Brittany 'Hoagie' Hodge each registered eight kills on .533 hitting Tuesday as Allen Central swept Prestonsburg for a convincing 2-0 (25-7, 25-9) win. The Rebels improved to 16-1 overall and remained undefeated in Floyd County/55th District play following the win.

Senior middle blocker Brittany Clark posted three kills on .750 hitting and landed a team high four service aces for the Rebels.

Outside hitter Tiffany Clark smacked in three kills as part of a powerful Allen Central offensive attack.

Tiffany Clark led the Rebel defensive effort with a team-high seven digs. Defensive specialist Brittany Smith added

five scoops for the winning team. Setter KoKo Martin dished out 10 assists and Leigh Williams set up seven in the win.

The first game stayed even until the Rebels broke out to a 7-4 lead on two kills from Blevins and two Tiffany Clark

kills. The Rebels then went on a five-point run on a Tiffany Clark kill and two service aces by

Chelsie Cordial. Two unforced Blackcats errors aided Allen Central in the run and forced host Prestonsburg to burn a timeout. A Rebel hitting error gave the ball to the Blackcats. The Allen Central squad took it back with a 13-6 lead and the Blackcats called



The Allen Central volleyball team was back on the court Thursday evening versus reigning 15th Region champion Belfry.

their second timeout. Out of the break, Hodge pounded in a kill and two Prestonsburg errors put the Rebs up 16-6. Allen Central didn't look back after going out in the front. When Brittany Clark took the serve, Allen Central put the game away on two Brittany Clark service aces, two kills by Hodge, and a block and over net kill from Blevins. The Rebels claimed the game one win in dominating fashion, prevailing 25-7.

In game two, Allen Central

jumped to a 5-3 advantage on kills by Hodge and Sasha Jones. The Allen Central defense stifled the Blackcat attack as Blevins recorded her second block and pounded an over net kill. Tiffany Clark scooped up two of her seven digs to give Allen Central a 13-4 lead before Prestonsburg called a timeout. After the break, Brittany Clark slapped in an over-net kill and Allen

Central owned a 14-6 lead. Brittany Clark took the serve and back-to-back kills by Hodge and Blevins and a service ace by Clark gave the Rebels an impressive four-point run. A hitting error gave the ball back to the Blackcats but a block by Kelsey Jones followed by an amazing sprawl by Jones, digging the ball up to Williams who set up a Brittany Clark kill, gave the serve to the Rebs.

Allen Central rolled to a 25-9 victory in the second game.

Allen Central was on the road Thursday evening in a match versus defending 15th Region champion Belfry. The Allen Central-Belfry volleyball match ended too late to make this edition.

NASCAR's top 12 gather for fun day in the city

by JENNA FRYER
ASSOCIATED PRESS

NEW YORK — Dale Earnhardt Jr. cruised past Kyle Busch in a crowded hallway, never bothering to glance in the direction of NASCAR's points leader.

"That's OK," Busch smiled. "I'll win the regular season championship. He can win the souvenir championship."

Ahhh, the dynamics of "Chase Media Day," when NASCAR sends the 12 drivers competing for the Sprint Cup title on a whirlwind blitz of New York City mere days before they begin the 10-race championship hunt.

There's actually not much tension Wednesday, despite the perceived frostiness between Busch and Earnhardt. The two head into the Chase opener this weekend in New Hampshire ranked first and fourth in the standings and fresh off of Sunday's latest run-in: Earnhardt spun Busch while Busch was leading at Richmond, a reverse of a May dustup at the same site.

The two most certainly aren't friends — remember,

Earnhardt's signing at Hendrick Motorsports before this season cost Busch his job — but they can be cordial in this setting.

Besides, Earnhardt has bigger issues to deal with right now. Saks Fifth Avenue sent him a new blue Zegna cashmere sweater that all the ladies seemed to love as he wore it from stop to stop. Even talk-show host Kelly Ripa complimented it during a six-driver appearance on "Live with Regis and Kelly."

It came right before Busch, Earnhardt, Clint Bowyer, Carl Edwards, Denny Hamlin and Jimmie Johnson tried to break an ice cream tossing world record. Each two-man team had to throw scoops of vanilla ice cream to their partner, who tried to catch them on a cone.

Earnhardt was skeptical of the setup during a practice run in an outdoor garage.

"This ain't how the Germans did it," he said of the two men from Germany who own the record, then proceeded to lobs scoops of ice cream at the wall.

Turned out it was harder than it looked. The winning tandem of Busch (no surprise there, Busch wins everything

this season) and Hamlin finished with four catches — a mere 21 short of the world record.

The day concludes late Wednesday evening with dinner on the rooftop at Gramercy Park Hotel hosted by NASCAR chairman Brian France. It caps a rare day by a professional sports league that groups all of its championship contenders together for an entire day of camaraderie.

"There's a lot of things NASCAR has us do that other leagues don't," Jeff Burton shrugged.

Unlike other sports, though, these 12 drivers aren't intense, hated rivals.

It's just not that way in NASCAR, where the full field travels the country together for a 38-race season. Drivers spend weekends living inches apart in motorhomes, and are often trapped by traffic and rabid race fans who make it difficult for drivers to venture far from the parking lot.

Even so, their schedules are so different, days such as Wednesday in New York provide a rare opportunity to spend time together.

"It's like a small awards banquet for the guys who made the Chase," Harvick said. "Very rarely, unless we are all at the race track, do we all have to be in the same place at the same time. So it is nice to have a day like today. You get to know people more in these type of environments."

But it's soon on to New Hampshire, where the Chase officially begins Sunday, and friendships must be put on the backburner. It happened last season when teammates Johnson and Jeff Gordon waged a classic battle in their two-man race for the title.

Johnson edged out Gordon, his friend and mentor, for his second consecutive title. Now he'll go for an historic third-straight championship. When this New York trip ends, everyone will be trying to dethrone him.

"When we all leave here, we know it's gametime at that point," Hamlin said. "That's when the playoffs have started. We're friends now and will be outside of the race car, but we know when we're in there we're going to be digging for every point that we can."

"But I think it's good to have this prelude to our playoffs."

agreed to move JGR's Home Depot sponsorship to Hall of Fame's car for the 18-year-old Logano's first race.

Logano to race NH for Hall of Fame Racing

THE ASSOCIATED PRESS

LOUDON, N.H. — Joey Logano will make his Sprint Cup debut this weekend in New Hampshire in the No. 96 Toyota for Hall of Fame Racing.

Logano, who will take over for Tony Stewart next season at Joe Gibbs Racing, was scheduled to make his debut last weekend in Richmond before rain washed out qualifying. That car was fielded by JGR.

He was originally scheduled to race this weekend in New Hampshire for Hall of Fame, but there had been speculation he would move back into a fourth JGR car to make his first start.

Instead, the two teams

NASCAR SPRINT CUP REMAINING RACES

Sept. 14 — Sylvania 300, Loudon, N.H.

Sept. 21 — Dover (Del.), 400

Sept. 28 — Kansas 400, Kansas City

Oct. 5 — AMP Energy 500, Talladega, Ala.

Oct. 11 — Bank of America 500, Concord, N.C.

Oct. 19 — TUMS QuikPak 500, Martinsville, Va.

Oct. 26 — Pep Boys Auto 500, Hampton, Ga.

Nov. 2 — Dickies 500, Fort Worth, Texas

Nov. 9 — Checker Auto Parts 500, Avondale, Ariz.

Nov. 16 — Ford 500, Homestead, Fla.

Chase field decided; several NASCAR issues still remain

by JENNA FRYER
ASSOCIATED PRESS

CHARLOTTE, N.C. — The last race of NASCAR's regular season is intended to decide the 12-driver Chase for the championship field.

But when the checkered flag flew at Richmond International Raceway, there were as many lingering questions as there were answers about the final 10 weeks of the season.

Among them is the health of the Sprint Cup Series. Thriving on many levels, it's hard to view it as a picture of parity when only four car owners are represented in the championship hunt and slumping automaker Dodge failed to make the cut.

The direction of deep-pocketed Red Bull Racing is certainly subject to scrutiny now that general manager Jay Frye is being wooed by Tony Stewart's new team.

Speaking of Stewart, the end-of-the-race sniping between him and crew chief Greg Zipadelli left many wondering if after 10 turbulent years together, the two can survive the final 10 weeks of their working relationship.

First up, the Chase field. On paper, it looks to be quite competitive — four former series champions, hotshot Kyle Busch and NASCAR superstar Dale Earnhardt Jr. are among the 12 who will race for the Sprint Cup title.

But when Kasey Kahne failed to make the Chase with a poor Sunday run at Richmond, it created a troubling picture of the current state of the series. Kahne is a two-time race winner this season, and for those counting at home, that's two more wins

than five of the Chase drivers have this year.

Of course, he and his No. 9 team can only blame themselves — and consecutive 40th-place finishes leading into Richmond — for their late summer collapse. But the issue could be deeper than that.

Kahne drives for Gillett Evernham Motorsports, which has the same hefty funding as NASCAR's top four teams. But the separation between everyone else and the big four — Joe Gibbs Racing, Hendrick Motorsports, Roush Fenway Racing and Richard Childress Racing — is so steep, Kahne and the GEM gang have been fighting an uphill battle all year.

Those big four owners placed three cars each in the Chase and have combined for 22 of 26 wins this season. Kahne has two and Penske Racing drivers Kurt Busch and Ryan Newman grabbed the other two.

But none made the Chase, and — coincidence? — all drive Dodges.

The automaker is reeling, lags far behind Chevrolet, Ford and Toyota on the race track and in showroom sales, and on Saturday revealed it was pulling out of NASCAR's Truck Series.

So as the race for the title begins Sunday in New Hampshire, it will be interesting to see what happens to Dodge as its teams are left out of the action.

It's also going to be interesting to see how Stewart and his Joe Gibbs Racing team handle their final 10 races together. The two-time champion is leaving at the end of the year to run his own race team, and the tension from his decision has been building all

season.

Zipadelli has consistently presented a united front, but radio communications have revealed cracks that could crumble the team before Stewart moves on.

Stuck in a 40-race winless streak dating back to last season, Stewart has had victory in sight several times this year only to lose in heartbreaking fashion. Sunday wasn't one of those crushing defeats: He waged a stirring late-race battle with Jimmie Johnson, but ultimately didn't have a car strong enough to win.

As he pulled off the track following the second-place finish, he criticized his team's performance for letting another victory slip away. In audio replayed several times by ESPN, Zipadelli sharply reminded him they win and lose as a group.

After, Stewart was surly and didn't want to dissect yet another on-track defeat.

A championship battle with Stewart involved is the best kind of title fight, as the emotional driver usually leaves everything out on the track and goes down fighting. But if he and Zippy give up on each other before this season is over, there's very little chance Stewart will be a factor in this Chase.

Meanwhile, Stewart is being pulled in several directions as he shapes Stewart-Haas Racing for his impending takeover. He's hired a driver in Newman, a crew chief in Darian Grubb, secured several sponsors and is now seeking a general manager.

His sights are apparently on Frye, who kept a midlevel team afloat for 12 years before it was swallowed last season by Dale Earnhardt Inc. That

freed Frye to take over Red Bull in January and clean up what was a heavily funded but poorly managed team.

Before Frye's arrival, both Red Bull cars struggled to make races and AJ Allmendinger's development was in serious danger of derailing. Now Brian Vickers is a legitimate contender, Allmendinger has his car inside the top 35 in points and Red Bull appears ready to race for wins.

That could all implode if Frye leaves and Austria-based team executives revert to the Formula One mentality that made their debut NASCAR season a joke.

The signs are already troubling. Regardless of what Frye decides, Allmendinger's status with the team is not certain even though the kid has done nothing short of what Red Bull asked of him.

Thrown into a ride he wasn't ready for with a team that didn't have a support system in place for him, Allmendinger weathered it all and has shown potential to run up front. But the Austrians are gaga over former F1 driver Scott Speed, a longtime Red Bull athlete who has been given a second chance in NASCAR.

This shouldn't be an "either Allmendinger or Speed" situation, but the longer Allmendinger goes unsigned, the worse it looks for his future with the team. And if Red Bull can't be counted on to keep its young talent, then why would Frye turn down the chance to build a winner from scratch for Stewart?

The Sprint Cup title will be decided over the next 10 weeks, but there's plenty of other industry issues to keep an eye on.

Montoya confident in direction of Ganassi team

by JENNA FRYER
ASSOCIATED PRESS

CHARLOTTE, N.C. — He's lost both of his teammates and his primary sponsor, yet Juan Pablo Montoya remains staunchly committed to car owner Chip Ganassi.

So much so, Montoya insists Ganassi is being unfairly critiqued for his struggling NASCAR program.

"I think the NASCAR organization has to go through major changes, and that's the process we are going through right now," said Montoya, a former Formula One driver who won an Indianapolis 500 driving for Ganassi.

"In a way, it's good because everyone who is here wants to succeed and wants to be here. Chip is working very hard to get us better. Are we there? No. But things are starting to click and there's a lot of things coming, and when all those things arrive and you put them in place, we'll be in

good shape."

But the organization has weathered several storms this season as Ganassi has tried to get the NASCAR operation on par with his other teams. Scott Dixon wrapped up the IndyCar Series championship on Sunday, and Scott Pruett and Memo Rojas sealed the Grand-Am Series title two weeks ago.

Those successes came at a time when Reed Sorenson announced he'll leave Ganassi at the end of the year to drive for Gillett Evernham Motorsports, Dario Franchitti decided to leave NASCAR and move back to the IRL and Texaco said it would end its primary sponsorship of Montoya's car at season's end.

Montoya, who was openly critical of Ganassi earlier this season after a series of crew changes, said his boss has everything under control.

"If I wasn't committed to him, and believed in him, then I wouldn't be here," Montoya said. "It's that simple."

The Franchitti move, Montoya said, was the best thing for the entire organization after his failed NASCAR run. Franchitti left the IRL after winning the Indy 500 and series championship, but never duplicated that success in NASCAR.

He missed five races with a broken ankle, fell out of the top 35 in points, and when sponsorship never materialized, the team was shuttered.

"I think at the end of the day, it was as close as (Franchitti) could get to a happy ending," Montoya said. "I think he gave it a try, and at the end he was getting a lot better. But if you look at it for Chip and the IndyCar program, it's the best decision and (sponsor) Target — they are going to have the last two IndyCar champions and Indy 500 champions under the same roof."

"I think if you look at the big picture, that's a good thing."

Sorenson is leaving after three sub-par Cup seasons with the organization. A

young talent who grew up in Ganassi's development system, he's yet to reach the potential the team had for him.

In the final year of his contract, he turned down an extension to drive for a rival Dodge team.

"I think he went and did what was best for himself," Montoya said. "But I think a fresh face would probably help. I think himself here, he had lost a little bit of determination toward what he wanted to achieve."

And as for Texaco, which sponsored the bulk of Montoya's races, the driver isn't panicked. Wrigley's is still signed on for a portion of the season, and Ganassi is working toward securing more backing for the team.

"We knew Texaco was going to go," Montoya said. "For them, it was a business decision. I don't think it was a matter of us not performing and us not being what they expected. They just decided to leave the sport. I'm not very worried. Chip is working on it."



BACK IN CAMP: East Kentucky Miners veteran Mike Crain attended the free agent camp held Saturday at the East Kentucky Expo Center. Crain is a product of Valdosta State University.

Versus making its plans for IndyCar broadcasts

THE ASSOCIATED PRESS

Since it was announced last month that the majority of the IndyCar Series schedule will be shown on the Versus cable channel for at least the next 10 years, a debate has raged over whether the series should have stayed with ABC/ESPN family of networks, which currently reaches more homes.

ABC will continue to broadcast the Indianapolis 500 and four other races through 2012, but Versus will air at least 13 races each season, beginning in 2009. IndyCar officials are hoping the new partnership will breathe life into the television production and give the open-wheel series more exposure.

Several Versus executives took in the points finale last weekend at Chicagoland Speedway, spending considerable time in meetings.

"There's nothing in place right now, but I think over this relationship, because it's so long, we definitely want to be innovative and hear from the fans, the viewers and the teams (on) what can be done to make the viewing experience better," said Marc Fein, executive vice president programming, production and business operations.

"One of the reasons we're here this weekend is to take it all in and to see if any ideas come to mind, either on our own or from talking to a lot of folks," he added. "We're going to look at everything."

Versus is owned by Comcast Corp. and reaches about 74 million homes through cable and satellite.

Fein said the network has not yet made any decisions on a broadcast team.

"As we get properties, we like to put our own brand and stamp on them," he explained. "For (NHL) hockey, it was a combination of people who have done it in the past, nationally, versus some other folks who we brought on to

give them their chance. We want to be smart. We want to be credible, obviously, and have the right people out there, and we also want to infuse some life into it."

Fein said what is known is that the race broadcasts will be three hours, instead of the current two-hour windows.

"That will give us more time to cover personalities, the behind-the-scenes," he noted. "We're also going to have a one-hour qualifying preview show the day before each race, which is also going to help us build excitement for the weekend."

Besides the NHL, Versus also broadcasts college football, Davis Cup, Tour de France, mixed martial arts and bull riding.

NASCAR BRANCHES OUT: NASCAR Holdings has agreed to acquire the Grand-American Road Racing Association.

The move will allow for resource sharing between Grand-Am and NASCAR while both organizations continue to operate independently. NASCAR Holdings is the legal operating company that includes the National Association for Stock Car Auto Racing (NASCAR) and many of its subsidiaries.

The two organizations will combine marketing and communications efforts to include brand management, research, marketing and public relations. Grand-Am, which was established in 1999, oversees six racing series, including the Grand-Am Rolex Sports Car Series and the Grand-Am KONI Challenge Series.

"This combination of resources will benefit Grand-Am and NASCAR, their competitors and fans, as the two companies work together to enhance the two sports," said Jim France, NASCAR Vice Chairman, Grand-Am founder and the son of NASCAR founder William H.G. France.

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Notebooking the SEC Eastern Division: Cats not ranked

THE ASSOCIATED PRESS

FLORIDA: Running back Emmanuel Moody has been somewhat missing in the first two games of the season.

He carried twice for two yards in the opener against Hawaii, sprained an ankle and sat out the rest of the game. He didn't even play last week against Miami, sitting out for undisclosed reasons.

But coach Urban Meyer has vowed to make Moody a bigger part of the offense when the fourth-ranked Gators (2-0) play Tennessee on Sept. 20.

"We're expecting a lot out of him," Meyer said. "Yeah, we're going to get going."

Florida needs the help, too. Kestahn Moore, Chris Rainey and Jeff Demps were pretty much shut down against the Hurricanes, and Meyer is hoping the 6-foot, 210-pound Moody can make more of an impact as the Gators embark on the Southeastern Conference slate.

Meyer said Moody needs to get more comfortable in the offense.

"We're force-feeding it pretty hard core to him right now," Meyer said. "The thing about this offense, people say it's complicated, and it is. There's a lot of stuff to it and it works."

"It's not real hard to turn around and hand it off and the tailback runs into big piles. We expect our guys to learn a lot."

GEORGIA: The second-ranked Bulldogs are looking for more pressure out of their defensive ends heading into their SEC opener against South Carolina.

Georgia (2-0) got a total of 1.5 sacks from the ends in the first two games, but coach Mark Richt said the Bulldogs need to get more consistent heat on opposing quarterbacks.

"I do think our inside pressure has been better than our outside pressure," he said. "At times we've gotten good pressure up the middle, but the quarterback has been able to step up in the pocket and throw because the ends didn't do their job containing. The ability and discipline to contain the quarterback is just as important" as sacks.

The Bulldogs didn't have that problem last season. Marcus Howard was an undersized force at the end position, leading the team with 10.5 sacks and ranking second with 12 tackles for losses. Overall, Georgia had 42 sacks in 13 games.

They are running behind that pace this season with four sacks in the first two games, which likely will be the two easiest contests on a brutal schedule.

Keep an eye on end Demarcus Dobbs, however. The 266-pound sophomore came up with a huge play in last Saturday's 56-17 rout of Central Michigan, picking off a tipped pass and returning it 78 yards for a touchdown in his first college start.

But Richt acknowledged that Georgia had yet to uncover a player such as Howard who can get consistent pressure on the quarterback.

"I think his body type really helped him as a pass rusher," Richt said. "He was very, very fast, and he could get so low off the edge. An offensive

tackle needs a surface area to block. He needs to get his hands on something. When a guy can get that low, he can turn his body in such a way that you can't get a hand on him."

KENTUCKY: Two wins and five points allowed in eight quarters hasn't done much to impress the poll voters that Kentucky is for real.

The Wildcats received 28 points in the latest coaches poll and just six points in this week's AP poll. This despite coming off a second straight 8-5 season that culminated in a Music City Bowl win.

"I'm not saying we're a Top 25 team right now or not, but if some of the teams I've seen ranked in the Top 25 are Top 25 teams then we are too," said coach Rich Brooks. "We haven't had a touchdown scored on us. We did win a bowl game last year. We did beat the No. 1 team in the nation last year. We showed we can compete in the SEC."

Yet the Wildcats' long history of being SEC also-rans, not to mention the slew of talent that left for the NFL after last season, has the skeptics out in full force. Brooks has been around long enough to know that's the way it goes while you're trying to build a winner. He had similar problems at Oregon.

"I think if what we'd accomplished in the past year or two years, and the way we started this year, if we had a history of being a more competitive team in the SEC we would probably be ranked in the Top 25," Brooks said. "I think people are looking at us trying to see how many more games we're going to win

rather than how good we are right now. If we keep winning games we'll get there."

SOUTH CAROLINA: Stephen Garcia's time at quarterback is coming. Not this Saturday against No. 2 Georgia, South Carolina coach Steve Spurrier says, but possibly soon.

Spurrier and the Gamecocks have been looking for an answer to inconsistent quarterback play. Junior Tommy Beecher and sophomore Chris Smelley have been uneven in a win over North Carolina State and a loss to Vanderbilt. So talk has naturally centered on Garcia, a freshman who had missed the past two spring practices because of suspension.

"He's coming around," Spurrier said this week. "I don't think he's ready to go this week yet, but he's been getting a lot of snaps."

Garcia took about 25 snaps in South Carolina's "Monday night football" scrimmage for younger players, Spurrier said.

Spurrier says Garcia has worked hard, is studying plays and attending meetings. "His attitude has improved from last year when he was just around," Spurrier said.

Garcia was part of Spurrier's 2007 class and considered by many rabid South Carolina fans as the team's next great quarterback. That coronation was delayed when Garcia had three run-ins with authorities since arriving on campus 20 months ago. He missed the past two spring practices and did not work out with the team this summer because of a school suspension.

Spurrier says Garcia has shown some growth since returning on Aug. 1.

"I think Stephen has matured a bit," Spurrier said. "Hopefully (he) wants to do the right things around here."

That's good news for those who see Garcia as the spark South Carolina's sluggish offense needs. The Gamecock are ninth in overall offense in the SEC and 10th in scoring offense.

TENNESSEE: Dave Clawson has spent the past nine seasons on the sideline as a head coach. Moving back to the press box takes some adjustment for the Vols' new offensive coordinator.

"It's a much different environment," Clawson said. "In some ways it's good and some ways it's bad. Sometimes it feels like you're in an office rather than at a football game because you're up there and it's quiet and you don't hear the crowd noise as much."

Clawson's predecessor, David Cutcliffe, also viewed games from above while another former coordinator, Randy Sanders, spent most of his time calling plays from the sideline.

Clawson said he prefers to call the offense from the box because he feels he can get a better view of the defense and make adjustments more easily.

He said he thought he had good communication with his players by phone in the Vols' 27-24 overtime loss to UCLA on Sept. 1. He'll have his first shot at calling games at Neyland Stadium when the Vols (0-1) host UAB (0-2) on Saturday.

But using the phone to talk to quarterback Jonathan

Crompton comes with a price.

"You do miss being able to look the players eye-to-eye," he said. "Right now I think the positives of being up there certainly outweigh the negatives so there's no plan on switching that."

VANDERBILT: If any area of the Commodores can overcome a key injury, it might be the defensive secondary.

Nickel back Darlron Spaid, one of the team's most reliable pass defenders, is out indefinitely after breaking a fibula in last week's upset over then-No. 24 South Carolina. He was injured after intercepting a pass and being knocked out of bounds near a kicking cage.

While Spaid is expected to play again this season, a return date is unknown. The Commodores (2-0) host Rice (2-0) on Saturday night.

"Losing Darlron will certainly be a blow to that group," Vanderbilt coach Bobby Johnson said. "He was sort of a specialist at the nickel back position and did a great job at it and had a knack for rushing the passer when we were blitzing and also had a knack for getting underneath those underneath routes."

Nonetheless, the Commodore secondary still ranks among the best in the Southeastern Conference due to the presence of players such as All-SEC cornerback D.J. Moore and veteran safety Reshard Langford, who also had an interception against the Gamecocks.

"They have played well and we expected them to play well," Johnson said.

Kentucky trying to iron out miscues

THE ASSOCIATED PRESS

LEXINGTON

Kentucky's record might be perfect through two games, but that doesn't mean coach Rich Brooks agrees.

Brooks said Tuesday his team has made way too many mistakes, particularly in the passing game.

"We're trying to get better at what we do," Brooks said. "We made way too many mis-

takes in the first two games and we're trying to eliminate those."

Freshman quarterback Randall Cobb said that he had his share of slip-ups during the 38-3 drubbing of Norfolk State, a strong offensive performance that he helped spark. "I think I played horrible," Cobb said. "Overall it's not good enough."

Brooks said that Cobb was doing a good job acknowledg-

ing his mistakes, especially for a true freshman.

"I think Randall has a pretty good grasp on reality and he knows he didn't do the things that he was supposed to do in the game quite a few times," Brooks said. "The good thing is that he didn't get caught up in the hype and he knows what he needs to do to get better."

Even a flawless performance by Cobb against Middle Tennessee on Saturday

won't allow him to seize the starting job on a permanent basis. Brooks said he has no intention of doing away with alternating between Cobb and Mike Hartline anytime soon.

"They compete and help each other and that's the way it has to be," Brooks said. "As I said, we need them both and we're only one injury away from only having one, and who knows which one it would be."

Kragthorpe pleased with backfield

THE ASSOCIATED PRESS

LOUISVILLE — A little bit of grit in the running game has helped Louisville get back on track.

The Cardinals (1-1) rolled up 234 rushing yards against Tennessee Tech over the weekend, 114 of them by freshman Victor Anderson. Brock Bolen added two scores on the ground and Bilal Powell showed flashes in relief.

Asked on Monday if he's considering naming a starter, coach Steve Kragthorpe said

there's no point. All three will continue to see playing time, and he feels all three can contribute regardless of the situation.

"We knew Brock and Bilal are good and now we've found that Vic is too, so I think it's a great situation," Kragthorpe said. "It's a bonus situation for us that we have three tailbacks of the quality we do. And we're going to need all three of those guys if we're going to be successful this year."

They each got their chances against Tennessee

Tech. Anderson and Powell had 12 carries each while Bolen had 11. Kragthorpe said it wasn't by design, but speaks to the versatility of each player.

"The best thing about the three of those guys is when you put one of them into the game, from (an opponent's) defensive standpoint, you can't say, 'Well, this guy can't do this,'" Kragthorpe said. "What I like about it is you're minimizing tendencies. All three can do everything we ask our running backs to do and do it with

proficiency."

The Cardinals have the weekend off before hosting Kansas State (2-0) on Sept. 17.

Kragthorpe also announced on Monday that the Cardinals will begin a home-and-home series with former Conference USA rival Southern Mississippi in 2009. The Golden Eagles will play at Louisville in 2009, with the Cardinals going on the road in 2012. Louisville won the last meeting between the two schools 20-17 in 2002.



photos by Paula Gebbe

GO BLACKCATS

The Prestonsburg Dance Cats performed at the Prestonsburg-Breathitt County football game last Friday night.

Left: Prestonsburg senior tailback Allen Craynon broke loose on a run during the game versus Breathitt County.



PC kicker named MSC Special Teams Player of the Week

TIMES STAFF REPORT

PIKEVILLE — Things didn't turn out the way Coach Mac Bryan wanted in the 2008 season opener, but the silver lining appeared from behind the clouds late Sunday night when kicker Kyle Chilton was named the Mid-South Conference Special Teams Player of the Week.

Chilton, a 5-11, 170-pound junior has now won the honor four times in the last three years. He has seen that followed with the national special teams honor on two occasions.

Chilton was good on both of his PAT kicks and hit his only field goal try of the night, a 29-yard kick, in Pikeville's 20-17 loss at Brevard, N.C., College on Saturday night, an NCAA Div. II school.

The Bears tried to set Chilton up to tie the game on the final drive. They reached the Tornado 33 yard line, which would have meant a 50-yard try for the kicker who has the school record with a 61-yard kick two years ago. But on third down the team was called for intentional grounding, moving them back out of field goal range for fourth down.

"We would have sent him out there (for the 50-yard field goal)," said Bryan.

The Clearwater, Fla., native also serves as the punter, booting eight for an average of 31.4 yards on Saturday, including three he buried inside the 20. He had punts of 48, 50 and 56 yards in the loss.

The three punts inside the 20 moved him past Kyle Briscoe for second place on the alltime list. He now has 25, leaving him seven shy of Don Paul Branham's school record.

"Kyle is an outstanding kicker who has turned into a pretty good punter as well," Bryan said. "He is well-deserving of this honor and we're very proud of his work on Saturday."



KYLE CHILTON

Colonels set to host Morehead State

TIMES STAFF REPORT

RICHMOND — For the first time since 1995, Eastern Kentucky University and Morehead State University will meet on the football field. This will be the 69th meeting between the former OVC rivals. Game time Saturday night at Roy Kidd Stadium is 6 p.m.

Eastern and Morehead first met back in 1924. Both teams were original members of the OVC when the league formed in 1948. After the 1995 season,

Morehead State left the OVC and later joined the Pioneer Football League, an NCAA Division I FCS non-scholarship conference. EKV and Morehead State met 31 times in the regular season finale when both schools were in the OVC.

Eastern Kentucky (0-2) is still searching for its first win after a tough loss to Western Kentucky last Saturday. Senior quarterback Allan Holland moved into EKV's top-10 career passing list with 228 yards passing against the

Hilltoppers. Other highlights from the WKU contest include senior field goal kicker Taylor Long booting a career-best 46-yard field goal and senior tight end Stephen Sizemore hauling in a personal-high eight receptions.

Morehead State (1-1) opened the season with a convincing 49-6 win over Southern Virginia, but fell at Robert Morris last weekend.

Before Saturday's game, the Eastern Kentucky University Athletics Department will induct nine new members into

the EKV Athletics Hall of Fame including three former football players — offensive lineman John Jackson (1984-87), running back Markus Thomas (1989-92) and offensive lineman Fred Troike (1966-68).

BLACKCAT TIES: Prestonsburg High School graduate John Gilliam is the MSU defensive coordinator. Wes Woods, another Prestonsburg High School graduate, is a redshirt freshman offensive lineman for EKV.

Taylor carried Expo experience into free agent camp

TIMES STAFF REPORT

PIKEVILLE — Justin Taylor was one of only a few participants in the East Kentucky Miners free agent camp that entered through the East Kentucky Expo Center doors already having some history with the venue on his resume. Taylor, a dynamic guard fresh out of Georgetown College, became acquainted with the Expo Center during fierce rivalry games with Pikeville College. Taylor's college resume includes playing inside the Expo Center versus the host Pikeville College Bears and other opponents as part of the

Mid-South Conference Arena."

The comparison of the Expo Center to the storied home of the University of Kentucky Wildcats wasn't the only comparison Taylor conveyed during the free agent camp. When recalling his college coach — Georgetown College mentor Happy Osborne — Taylor made another comparison.

"I like Coach Keathley — he's a lot like Happy (Osborne)," Taylor comment-

ed. "I like the fast-pace style."

Like other free agents in attendance at the East Kentucky pro basketball event, Taylor is striving to reach the next level.

"I'm very interested in playing professional basketball," Taylor added. "It's something I've always wanted to do. I want to make the team and be successful."

Taylor (6-3, 190) averaged 10 points per game for NAIA powerhouse Georgetown College during the 2007-08 season.

ONLINE:
www.ekminers.com



JUSTIN TAYLOR



Faith and Family



KIM'S KORNER Pit bulls, pigs, lipstick and prayer

Who would've ever thought lipstick could cause such a ruckus in politics? Jecz, after falling asleep with the television on this past Tuesday night and awakened to the outrage over the "lipstick on a pig" comment, I was like whoa, pinch me I must be dreaming.

But no, no dream. No matter what channel was tuned in, there it was. "You can put lipstick on a pig but at the end of the day it's still a pig"

Channel after channel, there was Sarah Palin, "You want to know the difference between a hockey mom and a pit-bull — lipstick." Then a flash of Obama with his pig comment over and over and over again.

Was that comment crude, rude and socially unacceptable? Well, whether you agree it was or not, fact remains prayer is definitely needed in politics, and this historical election is one we best be hitting our knees on.

Oh, the countless emails floating around cyberspace. One email that says this nation being founded on Christian principles and adds there was a comment made by Obama that our nation was no longer a nation based on Christian principles, but is now a nation of Christians, Jews, Muslims and Buddhists. Then there is the picture of candidates saluting the American flag, all but Obama, who was not.

Someone once said, "America is a Christian nation and it is hardly a controversial claim." (Jill Hazelbaker) and I agree.

Have we forgotten the words of the Pledge of Allegiance? "I pledge allegiance to the flag, of the United States of America, and to the republic, for which it stands, One Nation under God, indivisible, with liberty and justice for all."

Lord help us one and all, and let us pray-Your direction and Your will as we vote for the leader of our Nation.

'Til next week, God bless!



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KBC Gustav relief units head to Louisiana

THIBODAUX, La. — The Kentucky Baptist Convention's Disaster Relief units previously staged in Clinton, Miss., are now on their way to Thibodaux, La., to begin providing relief to residents affected by Hurricane Gustav.

According to Coy Webb, disaster relief associate for the KBC, the KBC originally deployed the kitchen, shower and communications units on Aug. 31. The teams were stationed in Clinton to enable a quick response to the Gulf Coast after the storm had passed.

Once they arrive in Thibodaux, Webb said the volunteers will be stationed at University Baptist Church are prepared to provide "as many as

30,000 meals a day."

It is uncertain how long the teams will be needed to provide relief, he said, but the KBC is already working to coordinate a team of 20 additional volunteers to replace the team, beginning Sunday, Sept. 7.

Thirty-four volunteers from across Kentucky are currently participating in the effort, representing Ashland, Bowling Green, Frankfort, Greenup, Hopkinsville, Louisville, Monticello, Nicholasville, Paducah, Radcliff, Russellville, Taylorsville and Springfield.

According to Webb, the KBC's response efforts are part of a larger Southern Baptist Disaster Relief initiative being executed in cooperation with

the American Red Cross, Salvation Army, Department of Homeland Security and other state Baptist conventions.

Contributions to the KBC's Hurricane Gustav relief efforts may be sent to the KBC, Dept. 5008, P.O. Box 740041, Louisville, KY 40201-9976. Please note "disaster relief" in the check memo. Online donations are also being accepted at www.kybaptist.org/dr.

Kentucky Baptists are part of a larger network of Southern Baptist volunteers trained to respond to disasters by manning mass feeding operations, using chainsaws to clear downed trees and limbs, clear mud out of flooded homes and more. Together, Southern

Baptists comprise the third largest relief organization in the United States.

To learn more about Kentucky Baptist Disaster Relief, go to www.kybaptist.org/dr.

The Kentucky Baptist Convention is a cooperative missions and ministry organization made up of more than 2,400 autonomous Baptist churches in Kentucky. A variety of state and worldwide ministries are coordinated through its administrative headquarters in Louisville, Ky. including: missions work, disaster relief, ministry training and support, church development, evangelism and more. For more information, visit www.kybaptist.org.

Legend puts biblical Eve in Jiddah

by DONNA ABU-NASR
ASSOCIATED PRESS

JIDDAH, Saudi Arabia — On a sweltering August morning, a small group of Iranians crowded outside the green metal door of a cemetery. They wanted to go in to look at the remains of one particular tomb: the tomb of biblical Eve.

Like hundreds of Muslims who visit Saudi Arabia for pilgrimage in nearby Mecca, the Iranians had heard the legend that Eve was buried in that spot. The two blue signs inscribed with "The Graveyard of our mother Eve" flanking the cemetery entrance appeared to add credibility to a story passed on by generations of Saudis but never scientifically proven.

"We hear this is the tomb of Eve," said Minoo Ghadamkhani, 45. "That is why we want to go in."

There is no archaeological evidence old enough to authenticate the story of Eve's burial in Jiddah, according to many Bible experts. But that hasn't kept the legend from persisting.

Some say that the city's name, when pronounced as "Jaddah" — an Arabic word that means grandmother — is a reference to Eve. No one really knows how the story originated, and many in this Red Sea port city dismiss it as a myth.

"It's a legend, but it is one mentioned by many scholars," said Sami Nawar, general director for culture and tourism. Nawar, an expert on the history of old Jiddah, likes to lace a bit of the legend into his presentations on the city to visiting foreign dignitaries and

journalists.

"Jiddah is the most feminine city in the whole world because it has Eve," Nawar says.

The Quran, Islam's holy book, talks about Adam and Eve's expulsion from paradise after eating from the fruit of the forbidden tree. It does not say where they appeared on earth.

But Arab tradition puts Adam in the holy city of Mecca, which is 70 kilometers (43 miles) east of Jiddah, where God ordered him to build the Kaaba, the sacred stone structure that Muslims face during their five daily prayers, according to Nawar.

God then told Adam to go to a hill in Mecca to repent for his sins, said Nawar. After he repented, God sent him Eve, and the hill became known as Mount Arafat, from the Arabic word that means to know, he added. That story places Eve, Hawwa in Arabic, in the vicinity of Jiddah, which is the entry point for Muslim pilgrims to Mecca. It could explain how the legend of her burial began.

Arab and Western historians and travelers have described a tomb outside the walls of old Jiddah that they referred to as Eve's Graveyard.

Historian Hatoun al-Fassi said 9th century Mecca historian al-Fakihi reported that two of Prophet Muhammad's companions, Ibn Abbas and Ibn Massoud, mentioned Eve's tomb. The prophet died in 623.

Writing about Jiddah in his "Travels," Ibn Jubayr, a 12th century geographer, traveler and poet, born in Valencia, then the seat of an Arab emirate, says that "in it is a place

having an ancient and lofty dome, which is said to have been the lodging place of Eve, the mother of mankind, God's blessing upon her when on her way to (Mecca)." The passage was quoted by the Arab News, a Saudi paper.

The tomb no longer exists. And it's not clear how it was destroyed. Those who have been inside the cemetery say that in its place is a row of unmarked tombs, and there's nothing to indicate the tomb had been there. (The Wahhabi strain of Islam bans the marking of tombs, and women in the Saudi kingdom are barred from entering cemeteries.)

William Dever, a professor emeritus of Near Eastern studies at the University of Arizona and a prominent U.S. archaeologist, said there just isn't any archaeological evidence going back far enough to back up the claims.

"The problem is that these are all legends, these are all myths and we can't date them," said Dever, who specializes in the history of Israel and Near East in biblical times. "My guess is the story could go back two or three thousand years, but we don't have any archaeological proof."

"There are lots of traditional tombs of saints of various kinds in the Middle East," he added. "But they are never excavated or investigated scientifically."

Asked if he had heard of any other final resting place for Eve, Dever said, "No. There are tombs of Abraham all over the place, but I don't honestly know in Israel or the West Bank or Jordan of any Eve tomb in these places."

On the quiet street of the cemetery, which faces low-rise, rundown buildings, the

Eve legend remains alive even though those who grew up with the story don't really believe it.

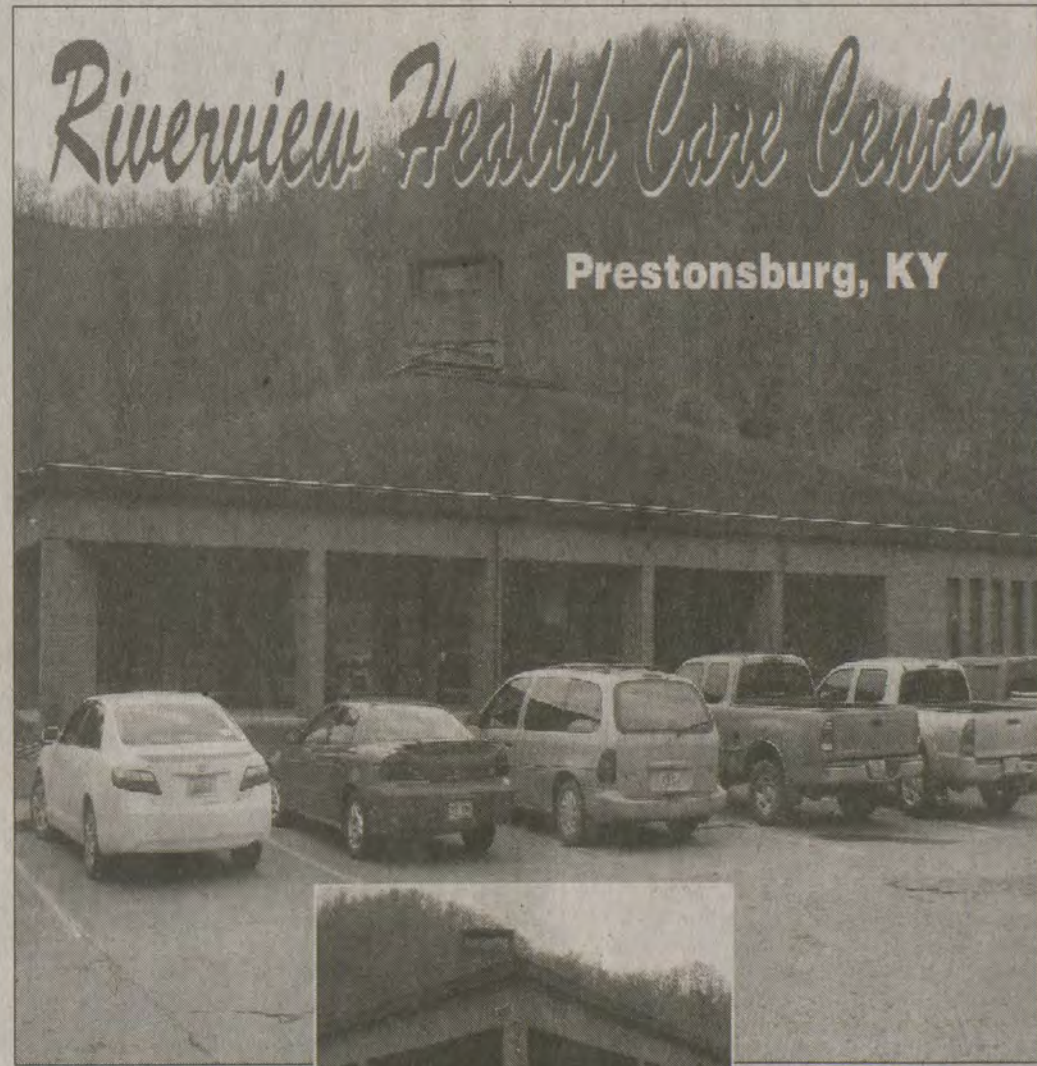
Ahmed Bakoudij, a 32-year-old mechanic, said he called his garage "Hawwa's Garage" despite his skepticism.

"I've been hearing about Hawwa's grave since I was a kid," said Bakoudij. "But no one believes it. I have to see it with my own eyes to believe it."

"But," he added, "if I ever have kids, I'll pass on the legend to them."

Grocer Saleh Ba-Aqeel said hundreds of Muslim pilgrims from Iran, Indonesia and other countries visit the cemetery, especially before and after the annual hajj pilgrimage.

"When they come and ask me if Eve is really buried here, I tell them, 'God only knows,'" said Ba-Aqeel.



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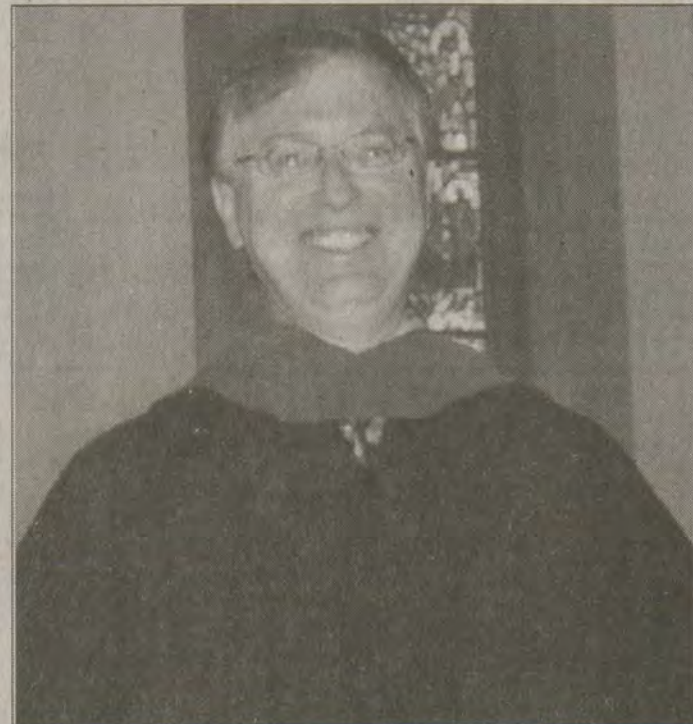
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Archie Fugate Jr., the commissioned lay pastor of the First Presbyterian Church of Central City, graduated from Louisville Presbyterian Theological Seminary on May 18, with a Masters of Divinity degree. Fugate is a 1976 graduate of McDowell High School, and a 1980 graduate of Pikeville College. He is the son of Thelma Fugate and the late Archie Fugate, Sr., of Drift. Fugate was selected as a recipient for the 2008 Kentuckiana Metroversity Outstanding Adult Learner Award. The Kentuckiana Metroversity Inc. is a nonprofit organization founded in 1969 that is composed of public and private colleges, universities and theological seminaries. Fugate was also a member of the Seminary Council, an ambassador for the Seminary, and shepherded the Welcome Wagon program which helped new students adjust to seminary life. He also tutored classmates and talked with prospective students during the seminary's exploratory events.

Floyd County Devotional Page

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www.olwh.org
Our Lady of the Way Hospital
11203 Main St. Box 910 Martin, KY 41649

ASSEMBLY OF GOD
First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister.
In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.
New Bethel Assembly of God, Burning Fork Rd., Salyersville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.
Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloca, Minister.

BAPTIST
Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.
Auxier Freewill Baptist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.
Ball Branch Regular Baptist Church, Mousay Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor, Ralph Howard, Asst. Pastor. Contact Kermit Newsome 606-377-6881 for more information.

Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.
Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.
Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m.; Vera Joiner, 886-3863, ext. 62767.

Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.
Brandy Keg Freewill Baptist, Com Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.
Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.

Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.
Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathon Lafferty, Minister.
Daniels Creek Baptist Fellowship Church of God, Banner. Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.

Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister.
Endicot Freewill Baptist, Buffalo; Sun. School, 10 a.m.; Church every Sun. Morning 11:00 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; First Sat. evening Service, All Welcome 7 p.m. Pastor Mark Hunt, 606-478-2698

Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wierman.
Faith Freewill Baptist, 1/4 mile above Worldwide Expt. on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Elder Donnie Pathek, Minister.
First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.
First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

First Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed, 6:30 p.m.; Jerry C. Workman, minister.
Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.
Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7 p.m.
Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.
Gretzel Baptist, State Rt. 3379, (Branch's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Crace, pastor, Assist. Larry Patton. Phone 358-4275.
Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.
Jacks Creek Baptist, Bevinville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trusty.
Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor.

Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.
Lancer Baptist Church; 71 Cooley St., Prestonsburg, Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m., Evening Worship, 6:00 p.m., Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter
Left Beaver Regular Baptist Church across from Garth School, 4th Saturday & Sunday 10:00 am, Odd Saturday 6:00 pm; Gary Compton, Pastor.

Liberty Baptist, Denver; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Marie Little, Minister.
Ligon Community Freewill Baptist, Ligon Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.
Little Rosa Regular Baptist Church of Jesus Christ, (Indian Bottom Association) Services: 1st Saturday & Sunday every month 9:30 a.m., 3rd Sunday 9:30 a.m., Odd Sunday 9:30 a.m.
Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.

Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.
Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.
McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.

Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Eugene Cook, Minister.
Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister, home phone 285-3385
Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.

Prater Creek Baptist, Banner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; J.B. Hall, Pastor. Phone: (606) 874-3222.
Rock Fork Freewill Baptist; Garrett Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.
Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Crace Jr., Assistant Pastor.
Salt Lick United Baptist, Salt Lick, Hueysville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123.

Sammy Clark Branch Freewill Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.
Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.
The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Phillip Ramey, Pastor.

Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.

Devotional Spotlight
First Church of God
Steven V. Williams Pastor
Sunday School 10:00 a.m.
Worship Service 11:45 a.m.
Evening Service 6:00 p.m.
Wednesday 7:00 p.m.
Attention Church Organizations, send in a picture of your church, pastor, or youth leaders.

Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.
Trimble Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m., Youth Services 7 p.m.; Everyone Welcome.
United Community Baptist, Hwy. 7, Hueysville; Worship Service, 2 p.m.; Friday, 7 p.m.; Carlos Beverly, Minister.

Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferrari, Minister.

CATHOLIC
St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday; Father Robert Damron, pastor.
CHRISTIAN
First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.
Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sherm Williams, Minister.

CHURCH OF CHRIST
Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.
Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.
Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister.

Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.
Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.
Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonie Meade, Minister.
Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m. Gary Mitchell, Minister.
Maytown Church of Christ, 66 Turkey Creek Rd., Langley; Sunday Bible Study 10:00 a.m., Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible Study 6:00 p.m.
Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy Dale Bush, Minister.

Weeksbury Church of Christ; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m. Mike Hall, Minister.
CHURCH OF GOD
Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.
Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.
First Church of God; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.

Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Family Training Hour - Thursday 7 p.m., Bill B. Tussey Jr, Pastor
Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.
Little Paint First Church of God, 671 Little Paint Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Heater Jr., Minister.
The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

EPISCOPAL
St. James Episcopal; Sunday Service, 9:45 a.m.; Holy Eucharist 11:00 a.m. Wednesday Study Group 6:00p.m., Holy Eucharist & Healing 7:30 p.m. Father Johnnie E. Ross, Rector.
LUTHERAN
Our Savior Lutheran, Sipp Bayes Room Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLW (600 am) 12:05 p.m.; Rolland Bentrup, Minister.

METHODIST
Auxier United Methodist, Auxier, Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Garfield Potter, Minister.
Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service; 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.
Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.
Community United Methodist, 147 Burke Avenue (off University Drive and Neeley St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Glen "Sandy" Douglass, Rev.
Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.
Emma United Methodist, Emma; Sunday School 10 a.m., Sunday Worship Service 11 a.m.; Pastor David Proffit.

First United Methodist, 256 South Arnold Avenue; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev Jim Adams, Pastor.
Horn Chapel Methodist, Auxier Road, Auxier; Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Mid-week Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Larry J. Penix, Minister.
Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.
Salisbury United Methodist, Printer, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.
Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.

Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.
Vogle Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor.

Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.

Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister.

Free Pentecostal Church of God, Weeksbury; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John "Jay" Patton, Minister.

Free Pentecostal Deliverance, Ext. 46 off Mt. Parkway at Campton; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Crider, Minister.

Free Pentecostal Holiness, Rt. 122, Upper Burton; Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis Sarlan, Minister; David Pike, Associate Minister.

Goodloe Pentecostal, Rt. 850, David; Worship Service, 6 p.m.; Malcolm Stone, Minister.

Parkway First Calvary Pentecostal, Floyd and Magoffin County Line; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister. 297-6262.

Trinity Chapel Pentecostal Holiness, Main St., Martin; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Ellis J. Stevens, Minister.

Free Pentecostal Church, Bwale; Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

PRESBYTERIAN
Drift Presbyterian, Route 1101, Drift; Worship Service, 11 a.m.
First Presbyterian, North Lake Drive; Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev. Vicki Poole, pastor.

SEVENTH DAY ADVENTIST
Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3459, leave message. Everyone welcome!

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS
The Church of Jesus Christ of Latter-Day Saints; Sacrament Mtg., 10:00 a.m.; Sunday School, 10:45; Relief Society/Presthood/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Ken Carriere, Bishop.

OTHER
Pastor Atha Johnson welcomes everyone to attend services at the CHURCH OF GOD OF PROPHECY TRAM KENTUCKY. Sunday school 10 a.m., Worship service 11 a.m.
Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30 p.m.
Grace Fellowship Prestonsburg, (next to old flea market), Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.
Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.
Faith 2 Faith, Harkins Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship service, 11 a.m. and 6 p.m.; Thurs. 7 p.m. Randy Hagans, Minister. 886-9460.
Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed, 7 p.m. Carl & Missy Woods, Pastors.
Faith Worship Center, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.
Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 pm; Lavonne Lafferty, Minister.
Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.
Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor: Curt Howard.
Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m., Saturday/Sunday.
Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.
Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-1003.
Town Branch Church; Sunday School 10 a.m. except for first Sunday in each month; Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.
The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.
The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Aiken.
Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.
Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayer Line: 358-2001; Darlene W. Amette, Pastor
Taylor Chapel Community Church, formerly the old Prios Food service building, located 1 quarter mile above Worldwide Equipment, Rt. 1428. Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m. Kenny Vanderpool, Pastor.

INTERNATIONAL PENTECOSTAL HOLINESS CHURCH, 10974 N. Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor.
Rising Sun Ministries, 78 Court Street, Allen, Ky.; Sunday, 10:30 a.m.; Wednesday, 6:30 p.m. Pastor: D.P. Cury.
Church of God of Prophecy, Sunday School 10 a.m., Worship Service 11 a.m., Sunday Night - 6 p.m., Wednesday Night - 6 p.m. Pastor Glenn Hayes. West Prestonsburg.
House of Refuge, Rock Fork; Sunday Evening Worship 6 pm, Monday Bible Study 7:30 pm, Wednesday Prayer Meeting 7:30 pm, Bill B. Tussey, Pastor

EKT EAST KY METAL
506 Bucks Branch, Martin
1-800-264-9813
US 23 Prestonsburg
1-800-446-9879

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Phone: (606) 889-9609 or (606) 886-9563

Division of Mine Reclamation and Enforcement, No. 2 Hudson Hollow Road, Frankfort, Kentucky 40601.

NOTICE OF INTENTION TO MINE
Pursuant to Application Number 898-5979, Renewal

In accordance with KRS 350.055, notice is hereby given that Premier Elkhorn Coal Company, P.O. Box 130, Myra, Kentucky 41549, has applied for renewal of a permit for an existing underground coal mining and reclamation operation located 0.90 miles north of Wales and is situated in both Pike and Floyd Counties. The pro-

posed operation will disturb 15.63 surface acres and will underlie 1619.26 acres, and the total area within the permit boundary will be 1634.89.

The proposed operation is approximately 1.20 miles northwest from County Road 3514's junction with KY 122 and located along Arnold Fork.

The proposed operation is located on the Wheelwright U.S.G.S 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Coastal Coal Company, LLC. The operation will underlie land owned by William III and Shirley Hickman, Greg and Velvet Johnson, Randall and

Pauletta Johnson, Estill and Stella Johnson, John Jr. and Bonnie Smith, Coastal Coal Company, LLC, Francis Tackett, Pearl Hylton, Jody and Trula Wright, Arthur and Sally Hall, Gary and Shirley Johnson, Gladys Justice, Hursel Tackett, Pete and Rita Little, Hugh Reynolds and Geraldine Tackett, Jerry and Tammy Hobson, Jerry Hobson, John and Nora Hylton, Marie Mullins, Milton and Dellie Hall, Chrystine Jones, Darling and Nelva Hall, Shirley Hylton, Bennie and Elanor Hall, Clyde and Brenda Conway, Conley and Melinda Johnson, Georgia Taylor, Maudie Sorenson, and

Bluemont Corporation, Hassel and Alberta Johnson, Sterling and Floella Johnson, John and Ethel Collins Estate, Harold and Pamela Gunter, Bessie Newsome, Randall Bentley, Foster and Violet Slone, Gardner Slone, Kevin, Kenneth Jr., and Rosana Ray, Fleetwood Johnson, McKinley and Nellie Akers, Jerry Hall, Ernie Slone, Roy Vernon Hall, Peggy L. Newsome, McKinley Akers, Walter Hall, Mable Tackett, Darnell Bentley, Shelby Jean Tackett, Joel Newsome, Linda Johnson, Mack and Clara Cantrell, Augustine Bentley, Perry and Polly Younce, Johnny Shirley

Johnson, Michael and Anna Johnson, Dixie Harmon, Steve and Allean Campbell, Burlean and Donna Hall, Conley and Eartha Bartley, Carol Newsome, Ernest and Terra Hall, Terry Newsome, Loretta Stanley, Jenny and Paul Ratliff, Lula Newsome, Teddy J. Newsome Estate, Bill Hall, Jr., Alvania Hall, Cassie Ward, Fannie Adams, Alma Land Company, Luther and Ethel Curry, Luther and Helen Mullins, Elbert and Sarah Cole, Gordon Tackett, Walter and Janet Hall, Frankie and Paul Tackett, Tammy and Morris Gilliam, Department of Transportation, Jean and Jerry Mullins, Sonny and Karen Jones,

Thelma Jones, Agnes Younce, Brenda Anderson, Brenda and William Anderson, Tony and Tracy Keen, Ruth and Buck Keen, The Elk Horn Coal Corporation and two unknown tracts. The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Pikeville Regional Office, 121 Mays Branch Road, Pikeville, Kentucky 41501. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601. This is the final advertisement of this application; all comments, objections or requests for a permit conference must be received within 30 days of this date.

PUBLIC NOTICE
Notice is hereby given that The Kentucky

Division of Abandoned Mine Lands (2521 Lawrenceburg Road, Frankfort, KY 40601) has filed an application with the Natural Resources and Environmental Protection Cabinet to use a previously-disturbed vacant area (less than 1.0 acre) for storage of excavated earthen material for one of our AML reclamation projects, currently in progress. The proposed waste area is adjacent to, and on the eastern side of, KY-80 in the mapped floodplain of Beaver Creek, approximately 4,700 feet north of the intersection of KY-80 and KY-1210, at the community of Martin, in Floyd County, Kentucky. Any comments or objections concerning this application shall be directed to: Kentucky Division of Water, Water Resources Branch, 14 Reilly Road, Frankfort Office Park, Frankfort, Kentucky 40601.

Phone: (502) 564-3410.

PUBLIC NOTICE

Notice is hereby given that Sam Doyle, 291 North Lake Drive, Ste No. 102, Prestonsburg, Ky. 41653, has filed an application with the Natural Resources and Environmental Protection Cabinet to improve certain property by constructing a building and parking area conforming to all applicable laws. The property is located 427 South Lake Drive, Prestonsburg, Ky. The property also adjoins South Central Ave. and Hyden Lane of Prestonsburg, Ky., which is located on the Big Sandy River in the northern portion of Floyd County, Kentucky, and being more particularly described in Deed Book 458, Page 315, of the Floyd County Clerk's records. Any comments or objections concerning

this application shall be directed to: Kentucky Division of Water, Water Resources Branch, 14 Reilly Road, Frankfort Office Park, Frankfort, Kentucky 40601. Phone: (502) 564-3410.

PUBLIC NOTICE

Malibu's Restaurant & Lounge, LLC, 127 East Court Street, Prestonsburg, KY 41653, hereby declares intention(s) to apply for a Retail Beer, Restaurant, Liquor license(s), no later than October 15, 2008. The business to be licensed will be located at 127 East Court Street, Prestonsburg, Kentucky 41653, doing business as Malibu's Restaurant & Lounge LLC. The (owners), principal officers and directors, limited partners or members) are as follows: Recilla Shepherd, member, of P.O. Box 147, Langley, KY 41645; Katie Gray, member, of 249 West Court Street, Prestonsburg, KY. 41653. Any person, association, corporation, or body politic may protest the granting of the license(s) by writing the Department of Alcoholic Beverage Control, 1003 Twilight Trail, Frankfort, Ky. 40601-8400, within 30 days of the date of this legal publication.

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