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The Times

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briefs

Remains identified as missing Tenn. man

The Associated Press

PIKEVILLE — Kentucky State Police say the remains of a man found in Eastern Kentucky are of a Nashville man reported missing in 2002.

Authorities identified 41-year-old Robert Wayne Chadwell on Wednesday as the skeleton found in Beaver, about 10 miles south of Pikeville.

Kentucky State Police says it investigated Chadwell's disappearance back in 2002, when his partially burned truck was found on Beaver Mountain. His remains were found last month by two juveniles who were riding ATVs there.

Authorities say Chadwell was last seen at a construction site in Nashville on Aug. 29, 2002. He was believed to be traveling to Memphis.

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County receives \$250K from clerk

by JACK LATTA
STAFF WRITER

PRESTONSBURG — The Floyd County Fiscal Court received a nice gift from the County Clerk Chris Waugh Thursday during a special meeting.

The Floyd County Clerk's Office returns the excess fees generated by its office to the fiscal court every year, though Waugh estimated that the nearly \$250,000 the clerk's office turned over this year was probably a record.

"I had marked about \$150,000 to go toward my imaging and indexing pro-

ject for the deed room," Waugh said, adding that because the county was facing a tough time financially, he decided to give that money back to the county instead.

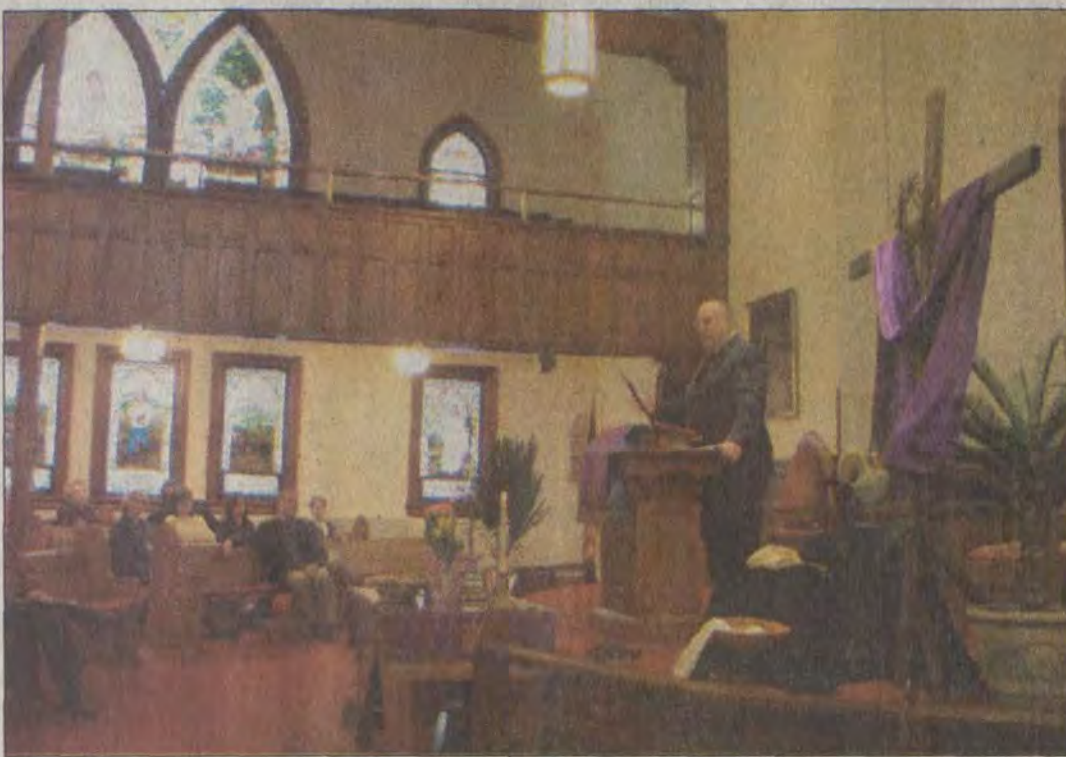
Magistrate Jackie Owens commended Waugh for his operation of the clerk's office, saying, "You run a tight

ship."

Several other resolutions were passed by the fiscal court Thursday, including a bond payment toward the cost of three dump trucks. Owens announced during the vote that while

(See COUNTY, page three)

HOLY WEEK



Rev. Charles Heater, of the Little Paint Church of God, spoke during Holy Week services Wednesday afternoon at Prestonsburg's First United Methodist Church. The services are held each Easter season to celebrate the holiday and to bring community residents and churches together in faith fellowship.

photo by Kathy J. Prater

Floyd County churches observe Holy Week

by KATHY J. PRATER
FEATURES EDITOR

PRESTONSBURG — Though His birth was a miracle that brought hope to the world, it was perhaps His death, and subsequent victory over such, that brings even the mightiest to their knees. And this week, Floyd Countians of varying faiths celebrated the basic principles that ultimately unite them as one during Community Holy Week Services, held at First United Methodist Church.

The Holy Week observance, celebrated March 16-23, has become a tradition in the

Prestonsburg community, having first begun in the mid-1980s. Two downtown churches, First United Methodist and First Baptist (Irene Cole Memorial), alternate on an annual basis as to where daily, noontime services will be held. This year was First United Methodist's year to host.

On Wednesday, Tom Riddle, president of the Floyd County Ministerial Association, welcomed worshippers to the impressive church, which boasts some of the most beautiful stained glass windows and artwork in the region. "We're glad to offer these services to

you," he said as he invited those in attendance to join together in prayer and song before listening to the inspiring message offered that day by visiting pastor Rev. Charles Heater, of the Little Paint Church of God.

In his message, Rev. Heater spoke of the human dilemma of combining faith with the daily quest of making a living. "I don't know everything," Rev. Heater said, "but I do know that if we don't take those 'Sunday' Christian principles out with us into the week, into our lives,

(See HOLY WEEK, page three)

Toddler killed in Pike fire

by JACK LATTA
STAFF WRITER

KIMPER — Tragedy struck a Pike County community on Tuesday when a house fire claimed the life of a 23-month-old child.

According to Kentucky State Police, the Pikeville Post received a call around 11:40 p.m. on March 18, of a structure fire near Prater Bottom in Kimper.

Reportedly, Phoebe Leedy and her 4-year-old son were able to escape the burning residence without injury, though another child, 23-month-old Patrick

Pinion, was unaccounted for.

After firefighters from both the Phelps and Johns Creek Fire Departments had extinguished the fire, the body of Patrick was found inside the remains of the home. The boy was pronounced dead at the scene by Pike County Coroner Zeb Hampton.

According to KSP, the cause of the fire has not been determined, though foul play is not suspected.

KSP Det. Kevin Newsome and arson investigator Don Parker continue to investigate the fire.

Beshear, lawmakers meet to work on casino amendment

by ROGER ALFORD
ASSOCIATED PRESS

FRANKFORT — With time running out on this year's legislative session, Gov. Steve Beshear and House leaders are beginning a final push to legalize casinos in Kentucky.

"We're devising a strategy," Beshear told reporters on Wednesday following a meeting with Democratic House leaders. "I think our strategy will become clear in the next few days."

Lawmakers have only 11 working days remaining in the legislative session to pass a proposed constitutional amendment. House Majority Whip Rob Wilkey, D-Scottsville, said that's ample time for the proposal

to clear the General Assembly.

Wilkey said the state faces sharp cuts in government services unless lawmakers agree on ways to increase state revenues, and legalizing casinos, he said, may be the most palatable option for doing that.

"I think it is going to become apparent to the members that this is an issue we need to consider," Wilkey said.

Although Kentucky has a long tradition of wagering at horse tracks and bingo halls and through a state lottery, the constitution specifically forbids casinos.

Beshear made casinos a major issue during last

(See CASINOS, page three)

3 DAY FORECAST

Today
Mostly sunny
High: 63 • Low: 43

Tomorrow
Evening showers
High: 54 • Low: 27

Sunday
Partly cloudy
High: 51 • Low: 30

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inside

- Obituaries.....A2
- Opinion.....A4
- Lifestyles.....A5
- For the Record.....B1
- Sports.....B3
- Classifieds.....A8

Senate honors rescue squad

FRANKFORT — The Kentucky State Senate adopted Senator Johnny Ray Turner's resolution Wednesday commemorating the 50th anniversary of the Floyd County Emergency Rescue Squad.

The Floyd County Emergency Rescue Squad was formed on April 27, 1958, in the wake of the horrific school bus crash that claimed the lives of 26 children and the bus driver. Local residents took the initiative to create emergency response capabilities in the community so that such an inci-

dent in the future would not result in such a tragic loss of life. Among the 13 Floyd Countians who took the lead in creating the squad was James Goble, who lost all three of his children in the bus crash.

The Prestonsburg School Bus Crash of 1958 is still one of the deadliest school bus crashes in United States history. Only the Carrollton Bus Crash of 1988 equals the accident. The National Safety Council calls the 1958 incident the worst

(See SQUAD, page three)



State Senator Johnny Ray Turner, D-Drift, recognized the Floyd County Emergency and Rescue Squad on the Senate Floor Wednesday to commemorate the organization's 50-year anniversary. Turner said that the squad was a good thing that resulted from a tragedy — the Prestonsburg School Bus Accident of 1958. The accident was the worst school bus wreck in the nation's history. Twenty-six students and the driver died after the bus plunged into the Big Sandy River. The rescue squad was formed two months later on April 27, 1958. The squad, which is voluntary and receives no city, county or state funding, was recently cited as a national model rescue squad. The Senate was adjourned Wednesday in honor of the 32-member squad. Shown on the Senate floor behind Senator Turner (left), who is the Democratic Caucus Chairman, are Capt. Tim Cooley, 1st Sgt. Adam Lafferty, 1st Lt. Debbie Collier and Sgt./Chaplin Sister Judy Yunker.

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Obituaries

Wilma Hall

Wilma Hall, 86, of Pikeville, died Monday, March 17, 2008, at her residence.

Born July 28, 1921, in Galveston, she was the daughter of the late William and Molly Adkins Keathley. She was a homemaker, and a member of the Little Rachel Old Regular Baptist Church.

She was preceded in death by her husband, Claude Hall.

Survivors include her sons and daughters-in-law: Ray Hall and Cecil Hall, both of Ohio; Ned Hall of Galveston; George and Mary Hall of Grothel; Carlos and Jeanette Hall of Prestonsburg; and Wendell and Karen Hall of Hi Hat; daughters and sons-in-law: Naomi and Homer Edmonds of Pikeville; Arizona Davis of Tipton, Ohio; Verda and Harold Music of Van Lear, and Alberta Bowen of Stanton; 13 grandchildren; and nine great-grandchildren.

In addition to her husband and parents, she was preceded in death by two brothers: Ellis Keathley and Walter Keathley; and a grandson.

Funeral services will be held Friday, March 21 at 1 p.m., at the Little Rachel Old Regular Baptist Church, in Galveston, with Old Regular Baptist ministers officiating.

Burial will be in the Hall Family Cemetery, in Galveston, under the direction of Nelson-Frazier Funeral Home, in Martin.

Visitation is at the funeral home. (Paid obituary)

□□□

Maxine Reynolds

Maxine Reynolds, 74, of Prestonsburg, died Tuesday, March 18, 2008, at the Riverview Health Care, in Prestonsburg.

Born August 28, 1933, in Floyd County, she was the daughter of the late Charlie and Marie Zetta Justice Goodman. She was a homemaker.

Survivors include a daughter and son-in-law, Debbie and Carl Lafferty of Prestonsburg.

In addition to her parents, she was preceded in death by a brother, Charles Edward Goodman.

Funeral services will be held Friday, March 21, at 1 p.m., at Nelson-Frazier Funeral Home, in Martin, with Bill Marsillett officiating.

Burial will be in the Gethsemane Gardens, in Prestonsburg, under the direction of Nelson-Frazier Funeral Home.

Visitation is at the funeral home. (Paid obituary)

ARC promotes Appalachian trails

FRANKFORT — Kentucky has plenty of scenic beauty along its roads and highways and now some of the most beautiful areas are featured in a new trail guide map and website that promotes travel and tourism in the Appalachian region. Developed through a partnership between the Appalachian Regional Commission (ARC) and National Geographic Traveler magazine, the trail guides include 28 driving tours in 13 states, including two in eastern Kentucky.

The two Kentucky trails, the Kentucky Artisan Heritage Trail and the Kentucky Music Highway Trail, are part of a special map insert for the April issue of National Geographic Traveler magazine and a new section on the website www.visit-appalachia.com.

More than 900,000 copies of the insert will be distributed in Traveler and Kentucky will make available 20,000 maps from sites along the trails and in the eight interstate rest stops. The interactive map on the website allows information to be accessed by state, by route and by theme and will be linked to the state tourism website www.kentucky-tourism.com plus other states.

The Kentucky Artisan Heritage Trail is a series of 17 smaller trails along which about 300 artists live and work. The Kentucky Music Trail, which runs along U.S. Highway 23, marks the birthplaces of well-known country music artists.

The debut of the website coincides with the distribution of the map in the

magazine and a kick-off event in Washington D.C. sponsored by National Geographic. The driving trail map project is the second in a series to promote the Appalachian states and is a project of the Tourism Advisory Council for ARC.

Mike Cooper, commissioner for the Kentucky Department of Tourism, said the map highlights lesser known travel sites in the region which stretches from Mississippi to New York. "Geotourism is a growing area in the industry," he said. "Travel based on geographical distinctiveness and a strong sense of place are both things that Kentucky's Appalachian region has in abundance."

Pennsylvania, Virginia, West Virginia, Ohio, North and South

Carolina, Georgia, Tennessee and Alabama are part of the project. Kentucky's cost to participate was about \$10,000 which includes the four-color maps that will be distributed in-state.

Kimberly Clay, director of cultural heritage for the tourism department, represents the agency on the ARC advisory council. She said that the group is extremely excited to have another way to highlight the great tour opportunities in the Appalachian states and to showcase the arts, music, culture and history that are indigenous to the region in addition to its natural beauty. "The map is an opportunity to invite the world to visit Appalachia and Kentucky."

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Senate clears revamped ethics plan

by JOE BIESK
ASSOCIATED PRESS

FRANKFORT — A wide-ranging ethics package that cleared the Senate Wednesday would prevent executive branch officials, such as the governor, from accepting campaign contributions from lobbyists or personal gifts.

Lawmakers who favored the plan said it was aimed at toughening laws for executive branch officials up to the same level that currently governs state legislators. Under the proposal, lawmakers also would not be allowed to solicit or accept political donations from lobbyists.

"We have very strong leg-

islative branch ethics laws here in the commonwealth," said Sen. Damon Thayer, R-Georgetown. "The executive branch should live under those same laws so that the people of this commonwealth can have confidence in the integrity of both the executive and legislative branches of government."

Gov. Steve Beshear began pushing an ethics reform package earlier this year. Beshear, who defeated former Gov. Ernie Fletcher in November, ran in part on a promise to run an ethical administration.

Fletcher was indicted on misdemeanor charges stemming from an investigation into his administration's hiring practices. Prosecutors eventually dropped the charges as part of a negotiated deal, after Fletcher pardoned his entire administration for any possible charges that could stem

from the probe.

The Senate plan, which was approved by a 29-7 vote, prohibits executive branch officials and their immediate families from accepting gifts other than up to \$100 in food and drinks from lobbyists. Members of the legislature already face similar restrictions.

It would also require executive branch officials to wait two years before lobbying or working for companies they had contact with during their state employment.

Portions of the bill would also apply to state legislators.

Some lawmakers said the proposal could be too restrictive and make some lawmakers inadvertently cross the law.

Sen. Tim Shaughnessy, D-Louisville, said the measure would prohibit lawmakers from having conversations

with their employers regarding legislation dealing with the employer. Shaughnessy said that could affect some lawmakers if their employers receive funding through the state budget.

"We are going to put all of us in jeopardy of being felons," Shaughnessy said.

House Speaker Jody Richards, D-Bowling Green, said he had not fully reviewed the proposal. Richards said he expected the final version would be decided on through further negotiations between the House and Senate.

Richard Beliles, chairman

of Common Cause of Kentucky, disagreed with the bill, and said it was not in the public's best interest. Under the proposal, formal complaints about legislators made to the Legislative Branch Ethics Commission would be dismissed if they were not kept confidential by the complainant.

Beliles said it's in the public's best interest to allow people filing complaints to tell the media.

"We don't have any money," Beliles said. "If we can't talk to the media, we don't have hardly anything."

Senate plan approves expansion of state's DNA database

The Associated press

FRANKFORT — The state would collect and store DNA samples from convicted felons under a proposal moving through the General Assembly.

A Senate panel has approved a plan that officials estimate would add between 15,000 and 20,000 DNA samples to the database each year.

The proposal applies to all adults convicted of felonies, and all juveniles convicted and tried as adults for felony offenses. Youngsters found guilty in juvenile court for violent and sexual offenses would also have their information maintained on the list.

Officials who favor the plan say it could help solve criminal cases.

Senate panel clears ban on alcohol vaporizers

The Associated press

FRANKFORT — Kentucky lawmakers are on the verge of banning devices that vaporize alcohol to help users get drunk.

Under the proposal, people would be prohibited from buying, using or selling the devices. Violators would be

guilty of a misdemeanor.

The Senate Judiciary Committee approved the proposal without opposition during a vote Thursday. The proposal heads to the full Senate for consideration.

A version of the device on the market is called Alcohol Without Liquid, or AWOL.

Holy Week

Continued from p1

then we have no Christian principles."

Following the short message, guests convened in the church's Family Life Center for a light luncheon of sandwiches, fruit and vegetable trays, and dessert.

Larry Brown, a Prestonsburg attorney who attends the Little Paint Church of God, served as special musical guest of the day with a solo performance of "The Old Rugged Cross," accompanied by Debra Holland, First United Methodist Church pianist.

Other speakers that delivered messages during the Holy Week services were Bobby Carpenter, Steve Pescosolido and Jerry Workman. First United Methodist's home minister, Rev. Mark Walz, will

conduct today's services, to be held at noon; again to be followed by a light luncheon in the church Family Life Center.

Special offering donations collected during the Holy Week services will be contributed to the Floyd County Ministerial Association's budget. The funds will be shared with various ministries that help to provide for benevolence needs in Floyd County.

The Floyd County Ministerial Association also invites one and all to attend Easter sunrise services, to be held Sunday morning, March 23, at 7 a.m., on Stoncerest Mountain. The sunrise services will be conducted by First Baptist Church, of Prestonsburg.

Casinos

Continued from p1

fall's campaign, and said casinos could generate some \$500 million a year for the state.

If lawmakers approve a proposed constitutional amendment, Kentucky voters would get to ratify or reject their decision in a ballot referendum.

The governor has also proposed raising the cigarette tax by 70 cents a pack, which would generate about \$200 million a year in additional state revenue. That proposal, like the casino plan, lacks sufficient support from lawmak-

ers to pass at this point, but Beshear said he's still hopeful lawmakers will approve the hike.

Beshear called on health advocates during a rally Wednesday to pressure lawmakers to approve the cigarette tax hike.

The House already has passed a plan to raise the cigarette tax by 25 cents a pack. Beshear said that's not enough. Meanwhile, Senate President David Williams, R-Burkesville, said he doesn't expect a cigarette tax of any

amount to pass his chamber.

Wilkey said lawmakers in both the House and Senate are more likely to agree on the casino proposal than on the cigarette tax hike. And that, he said, may make casinos the best bet for approval.

"If the issue is whether we put gaming on the ballot or we make devastating and painful cuts to services and education, then that may be something that our members may want to reconsider," Wilkey said.

Beshear said more than 50 House lawmakers have com-

mitted to vote for the casino plan. To pass the House, at least 60 representatives have to vote for it.

Beshear said he's not sure whether a casino amendment or a cigarette tax hike is more likely to be approved by lawmakers.

"We'll have to wait and see," he said. "Hopefully, both of them will."

The casino legislation is House Bill 550. The cigarette tax legislation is House Bill 262.

Squad

Continued from p1

highway accident involving children in the nation's history.

"It has been 50 years since the school bus crash in Floyd County that left family members and friends with unanswered questions and it has been 50 years since the establishment of the Floyd County Emergency Rescue Squad," Senator Turner said. "I want to thank Captain Tim Cooley and the rescue squad for its 50 years of devoted service to the people of Floyd County and the Commonwealth."

The Senator said the establishment of the emergency and rescue squad was one great thing to rise from the tragedy.

Today, the rescue squad's 32 members participate in drills, keep up their own equipment and raising their own funds to maintain an emergency response operating posture in Prestonsburg and surrounding areas.

Senator Turner said the Floyd County

Emergency Rescue Squad has continued for 50 years on volunteer and community support, operating on limited resources but unlimited enthusiasm for helping friends, neighbors and visitors.

The rescue squad was presented with a national emergency response award December 17, 2007, at the National Congress for Secure Communities in Washington, D.C. The all-volunteer squad was among the elite few recognized for its efforts and was joined by squads that had dealt with such disasters as Hurricane Katrina and the Minneapolis interstate bridge collapse, putting the group from Kentucky in esteemed company.

"As captain of this unique organization, I continually ask myself if I am even worthy of such a responsibility. To serve the county of Floyd as well as surrounding counties for the last 50 years on nothing more than community support, is a

feat in itself," said Timothy Cooley, captain of the rescue squad. "For this rescue squad, being the first in the Commonwealth, to have the specialty training that it has been able to obtain as well as to operate on such thin financial resources and, at the same time, gain national award status, has earned rightful recognition from our wonderful state and its political leaders."

"Senator Turner as well as others understand the battle that the Floyd County Emergency and Rescue Squad has endured for over 50 years," the captain added. "For this reason, they should be proud and they are certainly willing to show it."

The Kentucky State Senate adjourned today, the 49th legislative day, in honor of the Floyd County Emergency Rescue Squad.

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Visions of your WARM smile, Encourage us to walk the next mile.

Rays of peacefulness you exhibited while painting God's face, Encourage our belief in God's word, and a better place.

Ability to see in others good, reflected the wonderful qualities for which you stood, through your works left behind, Others will continue to see the wonderful gift of a man so talented and kind.

Sadly missed and loved forever by your family: Judy, Michael, Sean, Mom, Dad, Sheila, Bobby Lynn, Angie, Kimberly, Brad, Courtney, Megan, and Cory



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Viewpoint

Worth Repeating ...

A sense of humor is part of the art of leadership, of getting along with people, of getting things done.

— Dwight D. Eisenhower

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Guest View Editorial roundup

Naples (Fla.) Daily News, on a recent poll and open government:

There is a good reason the federal government should try to be open and transparent. The public wants it that way. But fewer and fewer only 20 percent, according to a new poll believe it is. That's down from 33 percent just two years ago.

Openness and transparency is essential to public trust in government, but more and more Americans believe the federal government is closed and secretive; thus, it is reasonable to assume that the level of mistrust is rising as well.

A poll by Scripps Howard News Service and Ohio University found that almost three-quarters of Americans found the federal government closed and secretive and that the percentage that consider it "very secretive" has doubled to 44 percent from 22 percent in 2006. The next president should make it a goal to reverse that trend.

The poll was commissioned by the American Society of Newspaper Editors in observance of National Sunshine Week, which started Sunday.

Candidates for public office should take note. The poll found that for offices for president, through Congress, governors' mansions and state legislatures right down to the city councils and school boards, Americans, by around 90 percent, rated a candidate's position on open government as somewhat important or very important.

Open and transparent government, then, is not only good public policy, it's good politics too.

Chicago Tribune, on the Federal Reserve's response to the credit crisis:

It may not be as sexy as \$300 in your pocket, but the Federal Reserve Board's decision to pump \$200 billion worth of Grade A liquidity into financial markets will do more to help the economy than the politically popular "stimulus" plan. The Fed is showing some welcome creativity as it tries to ease a credit crisis triggered by rising mortgage defaults and falling home values. ...

The new Fed effort will allow banks to temporarily swap their troubled mortgage-related assets with Fed-owned safe assets — cash and Treasury securities. In 28 days, the banks have to return the safe assets and take back their troubled mortgage-related assets. The Fed hopes the gears will have been greased by then and that normal market activity in mortgage securities can resume.

There's no guarantee this will solve the problem. Fed efforts to stabilize financial markets by injecting liquidity in other ways haven't worked. But this one was greeted with hosannas Tuesday on Wall Street, where the stock market posted its biggest one-day gain in five years. The market gave up some of those gains on Wednesday, but economists still give the plan a good chance of succeeding.

Unlike rate cuts, this doesn't create an inflation risk. Unlike the stimulus checks, this doesn't add to federal debt. It's a safe gamble, and it shows that Fed Chairman Ben Bernanke can respond to a crisis in creative fashion.

Pittsburgh Post-Gazette, on Obama's speech about race in America:

Even before he made what might become a career-defining speech in Philadelphia yesterday, Sen. Barack Obama was ahead of his Democratic primary rival, Hillary Clinton, in party delegates and the popular vote.

But that lead was threatened by the specter of race, in recent comments made by Clinton surrogate Geraldine Ferraro, the first female Democratic vice presidential nominee, and in recorded rants by Mr. Obama's longtime minister, the Rev. Jeremiah Wright. ...

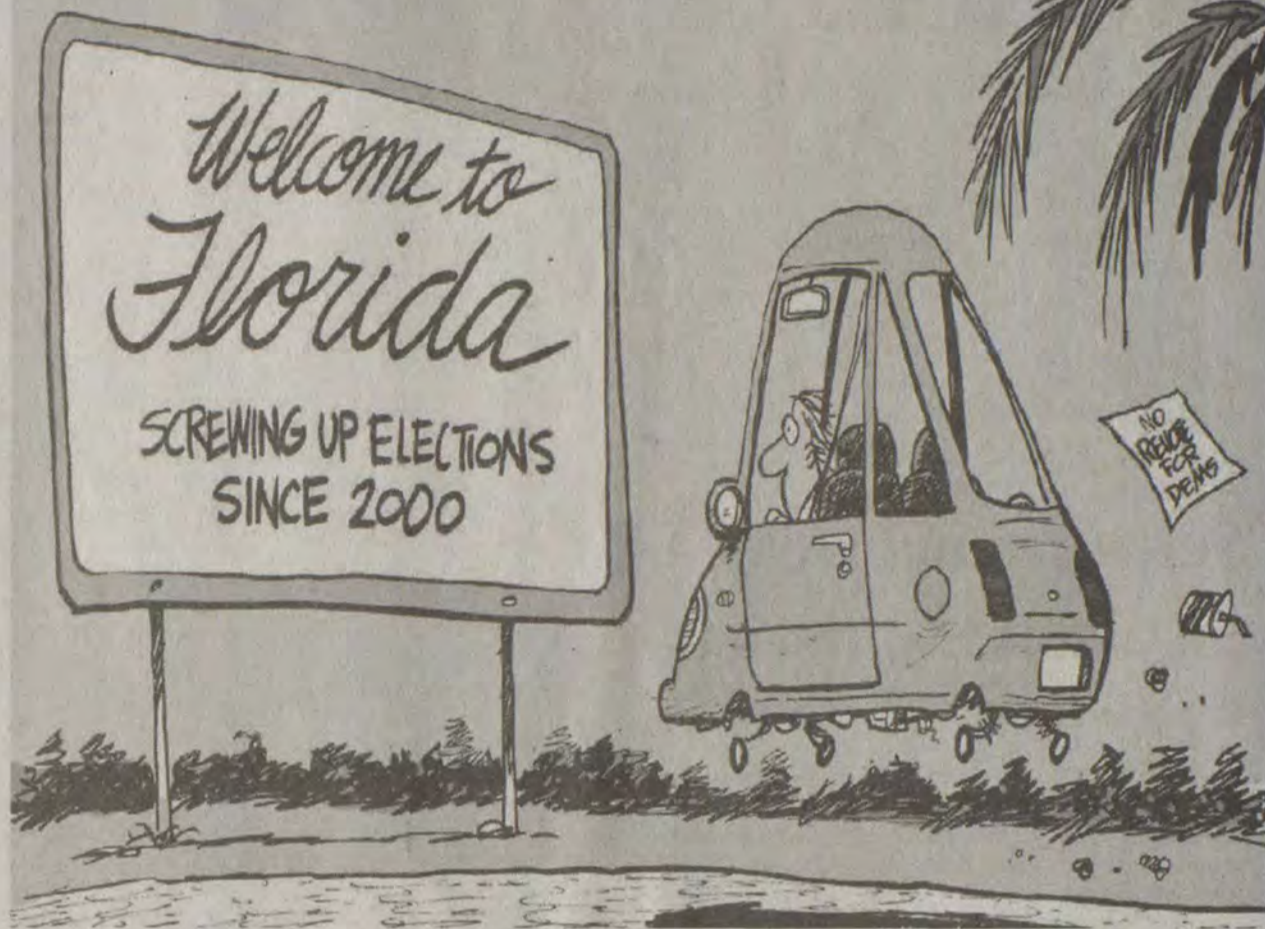
With a tough primary ahead on April 22 in Pennsylvania, the Illinois senator addressed the controversy in a speech that drew upon the best traditions of American oratory.

He rejected the black minister's inflammatory comments, placing them in the context of America's conflicted racial history. He also said that his own white grandmother, and by extension other Americans, have avoided the hard work of confronting society's tragic racial assumptions and stereotypes. ...

As an example of contemporary oratory, it was stunning. As political rhetoric, it was designed to do far more than damage control and, in the end, distilled the essence of his candidacy.

If Barack Obama wins the Democratic nomination in the most unlikely campaign in American history, chances are good that his Philadelphia speech will have been a watershed moment.

MARSHALL
SINCEY
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Guest column

House week in review

by STATE REP. HUBERT COLLINS

A nearly \$19 billion Executive Branch budget bill and \$300 million revenue enhancement bill that would help cover critical needs in state education, health services and other essential government functions over the next two years passed the Kentucky House last week after nearly four hours of debate.

Most of the debate focused on the revenue bill, or House Bill 262, which relies on tax changes — including a 25-cent increase in the cigarette tax, an increase in the state tax on other tobacco products, and applying the state sales tax to five select services, including air charters and armored cars — to create new funding sources for state programs. Lawmakers were not eager to make tax changes affecting their constituents, but confronting the harsh reality that there simply was not enough money to deliver essential services without more money, a slim majority voted to send the measure on to the Senate on a 50-45 vote.

Combined with nearly \$500 million created by debt restructuring, state workforce attrition and efficiency changes in the budget bill (HB 406), which passed 84-14, the state would have nearly \$800 million in restored revenue over the next biennium should both bills become law.

The idea behind the revenue package is to avoid what key lawmakers say would be devastating cuts to public schools, universities, health departments, community mental health centers and other agencies should new revenue not be found. With the new revenue, lawmakers hope to stave off deep cuts in those areas.

State universities, which faced 12 percent budget cuts in the next biennium under Gov. Steve Beshear's proposed budget, would receive significant relief under the House revenue package. Approximately \$126 million in each year of the biennium would go to universities under to restore their base operating budgets. And another \$55 million would be provided for the Bucks for Brains

research program at all eight state universities.

Public schools would also see some relief. The budget proposal would provide an additional \$42 million in base per pupil SEEK funding for schools and restore \$33.1 million in funding for merit-based KEES scholarships, among other enhancements. Salary increases for teachers of 1 percent in 2008-2009 and three percent in 2009-2010 would also be provided, giving teachers the same two-year increase as state employees, who will receive two-percent increases each year of the biennium. Under the governor's original proposed budget, teachers got no raises.

In the area of health and human services, a total of \$130 million in additional funding is set aside under HB 406 to help service agencies avoid severe cuts. That money would be used to reverse cuts proposed for mental health/mental retardation programs, community based services and health departments, among other needs.

County infrastructure needs were also addressed in the budget bill, which would authorize \$50 million in tobacco settlement dollars to fund water and sewer projects in tobacco counties, \$50 million in coal severance dollars for water and sewer projects in coal counties, and \$50 million in General Fund water and sewer bonds. It would also restore \$3.8 million in base funding to local jails, which have struggled with rising operational costs in recent years.

Now it's up to the Senate to decide what changes it will make to the two bills. It is expected that there will be differences in the House and Senate budget versions that will have to be worked out in conference committee late in the session. For now, however, we must wait and see how HB 406 and HB 262 fare in the final analysis.

The two-year Executive Branch budget bill is the largest bill that the Kentucky General Assembly considers, but it is not the only budget bill we must pass. Budgets must be considered and approved for each branch of government. To meet that obligation, the House also passed the state Legislative budget, HB 407, by an 89-7 vote and the state Judicial Branch budget, HB 408, by a 95-3 vote last Wednesday.

Dozens of other bills designed to address the needs of the

Commonwealth were also considered by the House last week and sent to the Senate for its consideration. One of those was an energy incentives bill that would provide tax incentives for energy-efficient improvements to homes and businesses. The incentives in HB 2, which passed the House by a 97-0 vote, would be offered between 2009 and 2015 and would help move Kentucky's energy policy forward. Other provisions in the bill would increase construction of energy efficient state buildings, assess potential energy savings in public school buildings, and promote private investment in hydroelectric power at Kentucky River dams.

Funding for fire districts was the purpose of another measure which cleared the House last week. HB 503 would allow fire protection districts and volunteer fire department districts to increase their revenues by asking their local legislative body to increase the amount of property tax they receive by \$.02 per \$100 assessed value. The districts, which have not had the tax levy increased since 1944, would be able to seek the same level of increase every five years up to a maximum rate of \$.20 per \$100 assessed value. The bill passed the House by a 60-36 vote on March 10 and is now before the Senate.

Much work remains to be done in the handful of legislative days remaining this session. The primary focus will likely be on the state budget and state pension bill (HB 600) which was amended by the Senate last week. Considerable time is expected to be spent on these bills alone, with other legislation also needing attention.

Any comments or concerns that you have with legislation being considered during this 2008 Regular Session can be shared with me or another legislator by calling the toll-free Legislative Message Line at 800-372-7181. You can also stay updated on all legislation under consideration this session by calling the toll-free Bill Status Line at 866-840-2835, the Kentucky Legislature's web site at www.lrc.ky.gov or by using my personal website address <http://hubertcollins.com>.

Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

The Times

Published Sunday, Wednesday and Friday each week

263 SOUTH CENTRAL AVENUE
PRESTONSBURG, KENTUCKY 41653

Phone: (606) 886-8506

Fax: (606) 886-3603

www.floydcountytimes.com

USPS 202-700

Entered as second class matter, June 18, 1927, at the post office at Prestonsburg, Kentucky, under the act of March 3, 1879. Periodicals postage paid at Prestonsburg, Ky.

SUBSCRIPTION RATES PER YEAR:

In Floyd County: \$59.00

Outside Floyd County: \$76.00

Postmaster: Send change of address to:
The Floyd County Times
P.O. Box 390

Prestonsburg, Kentucky 41653

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Associated Press
Kentucky Press Association
National Newspaper Association

FLOYD COUNTY Lifestyles



SCHOOLNEWS

- Allen Central • page A6
- Betsy Layne Elem. • page A6
- McDowell Elem. • page A6

INSIDESTUFF

- Antarctic professor • page A7
- Chinese scholars • page A7
- Rental Central • page A7

FAMILY MEDICINE

Blood tests detect hyperthyroidism, medication relieves symptoms — Page A6

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THROUGH MY EYES

Hippity, hoppity

It's Easter weekend and thoughts of days gone by fill my head. Memories of exciting mornings as a child when I would get up early to find a beautiful Easter basket, wrapped in colorful cellophane and filled with chocolate bunnies and jelly beans, waiting for me on my parents' kitchen table.



Kathy Prater
Lifestyles editor

"Your daddy said he thought he saw the Easter Bunny outside in the yard real early this morning," my mother would tell me. "Maybe you better run out there and see if he left anything."

Of course, I'd dash out, still in my pajamas, to search tall tufts of grass, newly greening bushes, and a couple of v-shaped tree branches (no one ever explained how the tricky bunny managed to reach so high) to find Easter eggs, bright as the sunny spring mornings on

(See EYES, page seven)

DINNER DIVA

Death, taxes and dinner

by LEANNE ELY

Right now, Americans everywhere are getting ready for a special date. It has nothing to do with fancy dresses, perfume or flowers. This date has everything to do with giving Uncle Sam his due. Yes, April 15th, the day we all dread is just around the corner. It's as unavoidable as death, so the saying goes. But I'd like to add to that list. Making dinner. Death, taxes and dinner. You can't get around it!



Leanne Ely

But we can cheat a bit. You get caught cheating on your taxes and you're in trouble! You can "cheat death" by a few years maybe, if you make smarter choices by choosing a healthy lifestyle. The good news if you're looking for a legitimate shortcut is we can make

(See DIVA, page seven)



Bizkit is a 22-month old, male, Yorkshire terrier owned by Shea Shepherd, of Prestonsburg. He needs surgery to correct a disorder that will otherwise prove to be fatal.

Little dog needs help to get his bounce back

Local vet agrees to oversee community donations

by KATHY J. PRATER
FEATURES EDITOR

His name is "Bizkit" and he's full of energy, mischief and unconditional love. But, he's sick and he needs our help.

Bizkit is a male, nearly two year old, Yorkshire terrier that belongs to Shea Shepherd, of Prestonsburg. Bizkit, according to local veterinarian Dr. Mark Greene, suffers from what is termed a "liver shunt."

"Basically, what that means is that blood from the intestines bypasses the liver, which creates a buildup of toxins in his system," Dr. Greene said. "It's a fairly common disorder in this breed."

Treatment of the disorder requires surgery, which can be rather expensive, ranging anywhere from \$1,500 to \$2,500 as estimated by Greene. "The surgery can only be done by a board certified (veterinary) surgeon," Dr. Greene said, "So I've referred Bizkit to Bluegrass Veterinary Specialists in Lexington."

Dr. Greene confirms that the Bluegrass team has tested Bizkit, including performing an ultrasound, and that the series of tests shows that he has only one blood vessel that is bypassing his liver. "That's good," he said, "because with only one vessel involved, chances are more than good that if he has the surgery, which will reroute the blood flow, he will live a healthy life with a normal lifespan."

Bizkit's disorder was actually discovered by Dr. Greene some months ago during a routine visit. At that time, he was doing well and Greene informed his owner that as long as Bizkit continued to thrive, displaying no signs or symptoms of illness, that all would be well. He said, however, that he anticipated that sooner or later that Bizkit's good health would begin to falter.

"These little dogs are normally very frisky, very high energy. With a liver shunt, they may begin to vomit frequently, have problems with eating and digestion, just become not so frisky anymore," he said. Medications, according to the doctor, can assist in helping with the symptoms and to make the affected dogs more comfortable, but they can't cure the problem; the condi-

tion can only be corrected with surgery.

As such, with a prognosis of a normal, healthy life providing Bizkit has the corrective procedure performed, his owner is asking for the help of her community to save her little dog's life.

"I love him," she said. "Sure, he's irritating at times and gets into some trouble like all little dogs do, but I love him and I don't want to lose him if I can help it."

Shea, who is employed by Subway of Prestonsburg, is willing to provide as much funding as she can possibly afford to save her dog, but she realizes that she can't afford the full cost of the surgical procedure.

Dr. Greene said that he is confident that the Bluegrass surgeons will work with them to help make Bizkit's surgery as affordable as possible, but final arrangements in regard to cost have yet to be worked out. "You know, they can't really say exactly before going in and discovering just what all will need to be done," Dr. Greene said. "It could look fairly simple, but they could go in and find complications. That's a given in any surgical situation."

"As for me and my office, we'll do all we can to help. The little dog seems to be loved a lot and I'll do whatever I can," he continued.

Those wishing to help Bizkit may make donations to help ensure that he is able to get his surgery by dropping by Dr. Mark Greene's Country Hills Veterinary Hospital, located on US 23, near Little Paint Road. His office number is (606) 886-3467.

Donations may also be mailed to: Dr. Mark Greene, Country Hills Veterinary Hospital, 30 Travis Branch, East Point, 41216.

You may also stop by either of the Prestonsburg Subway locations to drop off donations.

Dr. Greene also wishes to point out that though Bizkit's type of condition does appear to occur rather more frequently in his breed than in others, that it is, nonetheless, not so common that future pet owners should allow it to deter them from adopting the breed. "Yorkies are a lot of fun, and a beautiful breed," he said.

FLY LADY

FACE the music

by MARLA CILLEY

Every time we turn around, we have slammed in our faces the speculation thrown at us as fact that our economy is in a recession. What we think about, we bring about. I am not about to allow some talking head to tell me how I am doing financially. I know what is going on with my checkbook balance and I know where my money is going. I don't have to rely on someone else to tell me what to think. I am armed with my own numbers and I can think for

myself.

Who knows why the media has decided to jump on this bandwagon, but we don't have to follow it all the way to the poor house. I think their method of reporting is akin to yelling "fire!" in a crowded theatre. We are in control and all we have to do is FACE our own numbers and adjust our spending.

FACE stands for Financial Awareness Continually Empowers. When we know the numbers we are in charge. When we allow the talking

heads to tell us what our bank balance is then we are no better than an ostrich sticking its head into the sand. By the way, an ostrich is much smarter than this and that is a myth.

Are you scared to look at your checkbook balance? Do you know where you are spending your hard earned dollars? We only have so much money in our bucket. When you don't know where your money is going, then you are carrying all your money in a bucket filled with holes. No wonder you feel poor! You are not in control! Your emotions are!

You feel sorry for yourself, so you head down to get a café mocha to drown your sad feelings. Well, guess

what, after you consume that overpriced, over-sugared caffeinated cup of coffee, your bank account suffers, too, and so does your waistline! I have even heard on television of people taking a job at a well known coffee house just to get their coffee fix for free. How sad is that! Creative, yes, but is it really free if you have to drive there and take time away from your family to get your coffee addiction satisfied? Why not make it yourself?

I know what it is like to be poor. My car has been my home, I have slept at the box office that I ran and showered at a friend's house. I have had 13 cents



(See FLY LADY, page seven)



Family Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor
of Family Medicine

Blood tests detect hypothyroidism, medication relieves symptoms

the relationship of various symptoms you've noticed.

Before I talk specifically about hypothyroidism and how it is treated, I need to give you a short anatomy lesson about the thyroid gland itself. The thyroid is an "H" shaped structure that is attached to the trachea - sometimes called the windpipe. The gland is located low in the neck at about the level of the collarbones. It straddles the trachea, with the main parts of the gland lying on either side and the cross-bar of the "H" shape crossing over the front of the trachea.

The tests to determine if the thyroid gland is working properly are simple blood tests. These tests measure the concentration of the two main thyroid hormones, T3 and T4, as well as the level of a pituitary gland hormone called thyroid stimulating hormone, or TSH. As the name implies, TSH regulates the amount of hormone the thyroid produces. In the vast majority of cases, hypothy-

roidism will produce low levels of T4, also known as thyroxin, and high levels of TSH in the blood.

Hypothyroidism is more common in women, and the likelihood of developing this increases with age. It does not seem to run in families. If left untreated, it can produce severe consequences. These can include heart problems that are life threatening, increased susceptibility to infections and acute psychosis.

If the tests I mentioned find too much TSH circulating in your blood, your doctor will probably recommend that you start taking thyroid hormone replacement medication. Many people find a prompt resolution in their symptoms once the missing thyroid hormone is adequately replaced. You will still need to have periodic blood tests to monitor the functioning of your thyroid gland. This will help keep things in balance.

Generally, this is one of those conditions that will require treatment for

life. While there is no cure, adequate treatment with thyroid hormone will almost certainly make it possible for you to function as if you did not have a problem.

Family Medicine® is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-news.org. Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions. Past columns are available online at familymedicine-news.org.

Q I am 52 and postmenopausal by a couple of years. Lately I just haven't had any energy, and I can't seem to remember things. My husband thinks I am depressed because our youngest left for college in the fall, but I don't feel sad. In addition to feeling tired, I've also noticed some other recent changes. My skin is dry this winter, worse than last year. When I brush my hair, a lot of hair comes out. I am cold all the time - even during a recent warm spell when it was in the mid-70s. Are all these things related? Do you think I am depressed, or could there be something else going on?

A While it is difficult and inappropriate to make a diagnosis without seeing a patient, what you describe is a fairly classic presentation of hypothyroidism. This condition is relatively common in postmenopausal women. The most common symptoms are fatigue, cold intolerance and mild weight gain. Depression can be a symptom of hypothyroidism as well.

Hypothyroidism usually comes on gradually, so many people don't notice several of these symptoms as being meaningful or related to one another. You are to be commended for at least asking the question about

School Happenings

***Of special note:** On Saturday, March 29, "Fun Fair for New and Expectant Parents," 9 a.m. to 12 p.m., at the MAC. Free to all Floyd County expectant parents and parents of new babies up to one year old.

*Thursday, April 10, "Give Yourself a Break Day," 9 a.m. to 2 p.m., at MAC. For all parents/guardians of all Floyd County students. Food, door prizes, information - all free.

Adams Middle School Youth Services Center

*March 25 - Magic Me (weather permitting).

*March 27 - Dept. of Transportation will present a hands-on student simulation for 8th graders on the dangers of drinking and driving.

*Lending Library available for student/parent use. Pamphlets, videos, books and more on a variety of topics available.

*Appointments now available with the Floyd County Health Dept. nurse. Nurse can do school physicals and immunizations on site. Please call 886-1297 to schedule an appointment.

*The Youth Services Center provides services to families regardless of income. Please contact the center for more information on center services and programs. Call the center at 886-1297. Coordinator is Michelle Keathley.

Allen Central High School

*March 24 - Camp Nathaniel, 9:30 a.m.

*March 25 - ACT make-up exam.

*March 26 - ROTC formal inspection.

*March 27 - Open House

*March 29 - Military Ball

*Center hours: 8 a.m. to 3:30 p.m., Mon. thru Fri. Sharon Collins, coordinator. Telephone 358-3048. Center provides services for all families regardless of income.

Allen Central Middle School

*Please have your Food City Valu Card scanned for ACMS! Points help purchase school merchandise.

*March 26 - CPR training for 8th grade.

*March 27 - Advisory Council meeting, 8:30 a.m., in YSC.

*March 29 - Last day for ACMS to receive Food City points for merchandise.

*Career Decisions and Job Development videos available in YSC lending library.

*The ACMS Youth Service Center offers services to all families, regardless of income. For more information, call Marilyn Bailey, center coordinator, at 358-0134.

Allen Elementary and Family Resource Youth Service Center

* Call Allen Elementary Youth Service Center at 874-0621 to schedule your child's Hepatitis B vaccination, immunizations, and WIC appointments.

Betsy Layne Elementary

*Center hours are 8 a.m. to 3 p.m., Mon. thru Fri. Center offers services to all families,

regardless of income.

*The Betsy Layne Elementary Family Resource Youth Service Center is located in the 7th and 8th grade wing. The goal of the FRYSC is to meet the needs of all children and their families who reside in the community or neighborhood by the school in which the center is located. For further information, please contact the center at 478-5550.

*Brian H. Akers, Center Coordinator.

Duff Elementary

*Center is in need of gently used clothing, shoes, belts and backpacks. All donations greatly appreciated.

*Floyd County Health Dept. is on site three days per month. Services include 6th grade school entry physical; kindergarten, Head Start and well-child physicals (age birth to 18 years); T.B. skin test; T.D. boosters; and WIC services. Please call 358-9878 for appointment if you are in need of any of these services.

*The J.A. Duff Elementary Family Resource Center provides services for all families regardless of income. We are located in the area where the old main office used to be. Contact persons are Judy Handshoe, coordinator.

May Valley Elementary

*March 27 - Special-called PTO meeting, 6 p.m., in library.

*May Valley is currently accepting applications for the May Valley Elementary Early Childhood Program (3-4 year olds). Fee for services is \$18/per day. Services available Mon. thru Fri. Contact school at 285-0883 for more information. Slots will be filled on first-come, first-serve basis. Remaining applicants will be placed on waiting list.

*March 24, 25 - Quality Kids (personal hygiene program).

*Parent Lending Library is available to parents for video check-outs. A variety of topics are available.

*Floyd County Health Dept. nurse at school every Wednesday. Services include Head Start physicals, kindergarten physicals, 6th grade physicals, well-child physicals, immunizations, TB skin test, WIC program, blood pressure checks, and more. Must call the FRC at 285-0321 for an appointment.

McDowell Elementary and Family Resource Center

*Parents of 5th grade students are urged to call the FRC and make an appointment for their child's 6th grade physical exam!

*Floyd County Health Department Nurse Joy Moore, is at the center the first three Mondays each month to administer immunizations, T.B. skin tests, well-child exams, WIC, prenatal and post-partum services, and school physicals. Call 377-2678 for an appointment.

*Parent lending library available to all parents for video/book checkouts. A variety of topics are available.

*GED classes available at

FRC each Monday, 8 a.m. to 12 p.m., in library.

*Family Resource Center is open weekdays, 7 a.m. to 3:30 p.m. Center is located upstairs in the old high school building, on the McDowell Elementary School campus. For further information, call Clara Johnson, director, at 377-2678. The McDowell FRC provides services to all MES students and their families, regardless of income.

Mountain Christian Academy

*Tuition assistance and bus transportation is available. For more information or a tour of the school, call 285-5141 or 285-5142.

*Call 285-5141, Mon. thru Fri., from 8 a.m. to 4 p.m.

*MCA is an accredited non-denominational Christian school.

Prestonsburg Elementary and Family Resource Center

*The Family Resource Center is open weekdays 8 a.m.-4 p.m., and later by appointment. Office provides services for all families, regardless of income.

*After-School Child Care: 3-6 p.m.

*School hours: 8:15 a.m. to 3 p.m.

*Call 886-7088 for information and referrals regarding GED classes, preschool child care, and other programs or services offered to the community. Reminder: The Floyd County Health Dept. offers services through the AMS Youth Services Center. Call the AMS Center at 886-1297 to schedule appointments for WIC, HeadStart, Kindergarten, 6th grade exams, and well-child exams from birth to 18 years.

South Floyd Youth Services Center

*Floyd County Substance Abuse Counselor will be on South Floyd campus on Mondays; Mt. Comp Care counselor will be on campus on Tuesdays. If you need to speak with either counselor, contact the SFYSC.

*SFHS and SFMS Parent Volunteer training held throughout the year. Watch for dates TBA.

*Juniors and Seniors will attend the pre-Prep program at the MAC in May.

*Parents needing assistance with daycare may contact Mable Hall for information, or the "A Step Ahead" daycare center, at 452-1100.

*Walking track open to public (track closed during special events).

*The center has a one-stop career station satellite that is available to the community as well as students.

*All new students and visitors, stop by the Center, located on the South Floyd campus, Room 232, and see Mable Hall. Open 8 a.m. to 4 p.m., Mon. thru Fri.

*For more information call 452-9600 or 452-9607, ext. 243 or 153.

Stumbo Elementary/Mud Creek Family Resource &

Youth Service Center .m

*March 26 - Parent Support Group meeting, 12:30 p.m.

*March 26 - Safety & First Aid program, 4th and 7th grades; presented by Melissa Perry, McDowell ARH.

*John M. Stumbo Elementary is currently registering students for Kindergarten. Parents/guardians may pick up packets in school office.

*Lost & Found located in the Family Resource Center. If your child has lost an item, please contact us as soon as possible. Items left over two weeks become the property of the center and will be donated to charity.

*Resource Center hours are 8:00 a.m. to 4:00 p.m. Parents and community members are welcome to visit. For questions, call the center at 587-2233 and ask for Anita Tackett, Center Coordinator or Joyce Blackburn, Assistant.

W.D. Osborne "Rainbow Junction" Family Resource Center

*Healthy Floyd County 2010 Oral Health/Dental Initiative Program: Hygienist scheduled to be at Osborne Elementary on Monday's and Friday's throughout March to provide dental treatment for participating students.

*March 25 - Head Start meeting, 9:30 a.m., in school library.

*March 25 - Nutrition meeting (KY Parent Information and Resource Center), 10 a.m., in school library. Parents, guardians, and community members encouraged to attend!

*March 25 - Title I Parent Compact Review meeting (in re to Parent Involvement Policy), 10:45 a.m., in school library. Please make plans to attend!

*March 27 - Family Read/Activity Night, 6 p.m., in school library. Refreshments served; door prizes; lots of family fun!

*March 29 - 2008 Home & Garden Expo, at Jenny Wiley Convention Center, 9 a.m. to 12 p.m. For more info., call 886-2668.

*Lost and Found is located in the Family Resource Center. Items not claimed within three weeks become the property of the FRC.

*The FRC accepts donations of children's clothing, shoes, belts, book bags, etc. May be used but need to be in good condition. Donated items will be appreciated and utilized by OES students.

*The Family Resource Center is located in the central building of W.D. Osborne Elementary. Those wishing more information about the center are welcome to visit, or call. Ask for Cissy (center coordinator). Center telephone and fax: (606) 452-4553.

Wesley Christian School

*March 24-28 - No School - Spring Break.

*April 22 thru 25 - Stanford testing.

*May 1, 2, 8, 9 - WCS Aldersgate Camp Family Retreats. K-4 through 2nd grade on May 1, 2; 3rd grade through 7th grade on May 8, 9.

*WCS Learning Center accepts toddlers, preschool age (2-4). Hours: 7:30 a.m. to

5:00 p.m., Mon. thru Fri.
*For more information about Wesley Christian School, call 874-8328.

Big Sandy Community & Technical College Adult Education and GED

Monday: 8 a.m. to 12 p.m. - McDowell FRC; Martin Comm. Ctr.; Auxier Learning Ctr.; BSCTC.

1-4:30 p.m. - BSCTC; Martin Comm. Ctr.

1:30 - 5 p.m. - Wheelwright Baptist Church.

Tuesday: 8 a.m. to 12 p.m. - Mud Creek Clinic; BSCTC.

9:00 a.m. to 12 p.m. - David Craft Center.

9:30 a.m. to 12 p.m. - Dixie Apartments.

1-4:30 p.m. - BSCTC; Mud Creek Clinic; Floyd County Jail.

6-8 p.m. - Auxier Learning Ctr.; Martin Community Ctr.

Wednesday: 8 a.m. to 12 p.m. - Martin Comm. Ctr.; Auxier Learning Ctr.; BSCTC.

1-4:30 p.m. - Layne House; BSCTC; Floyd County Jail.

6-8 p.m. - BSCTC.

Thursday: 8 a.m. to 12 p.m. - BSCTC.

8 a.m. to 4:30 p.m. - Weeksbury CC.

9 a.m. to 4:30 p.m. - Betsy Layne YSC.

1-4:30 p.m. - BSCTC.

Kay Hale Ross - Manager of Adult Education, 886-7334

Lisa Pelfrey - Assistant, 886-7397

Ron Johnson, Stephanie Conn, Lynn Hall, Nancy Bormes, Cindy Justice and Wayne Combs - Adult Education teachers.

GET OUT OF LINE



Now you don't have to wait in line for government services and information because now the government is officially online at FirstGov.gov. In an instant, you can print out tax and Social Security forms you used to wait in line for. You'll also find passport and student aid applications and more. FirstGov.gov. Lose the wait.

FirstGov.gov
The official web portal
of the Federal Government

For government information by phone, call 1-800-FED-INFO (that's 1-800-333-4636).
A public service message from the U.S. General Services Administration.

HCTC professor in Antarctica

Dr. Paul B. Currie, assistant professor of biology at Hazard Community and Technical College, has returned from Antarctica. He was in an expedition with the North American Veterinary Conference that included veterinary lectures on the Seals of Antarctica and

Anatomy & Physiology of Cetaceans (Whales). Shipboard lectures covered Geology of Antarctica Ice, Historical Perspective of Antarctic Discovery, and an overview of procedures for entering the pristine environment. Seeing penguins and watching a pod of humpback whales

were only a few of the highlights in this once-in-a-lifetime trip. Dr. Currie will share experiences of his Feb. 13-26 trip with students. Dr. Currie is pictured with his colleagues, second from the left, to the rear, in dark glasses.



Chinese visiting teachers Qi Xiaolang and Gao Jing.

Chinese scholars share culture with students

Chinese scholars Qi Xiaolang and Gao Jing are currently serving as visiting teachers on the Big Sandy Community & Technical College campus. The foreign visitors are from the Tianjin Foreign Studies University in China.

While here, the teachers have visited the BSCTC Pikeville campus to view a Chinese Culture exhibit and to chat with students who waited in line to have their names written out in Chinese. In addition

to teaching classes on the BSCTC Prestonsburg campus, the visiting scholars have taken part in various local activities, toured the eastern Kentucky area, as well as other parts of the United States, and have presented a variety of cultural presentations throughout the region.

The women invite all those who are interested in learning about Chinese culture and customs to visit them on the BSCTC Prestonsburg campus.

Fly Lady

to my name and have not known how I was going to pay for a flat tire to be fixed. This is not a fun place to be. I thank God that I am not there any longer but He taught me a great lesson; To do what I could with what I had to make the best of my situation.

There was only one point when I succumbed to tears. I quickly realized that those tears were lack of faith in God and the common sense He gave me. I pulled myself up with the help of some wonderful people who reached out to me at my lowest. I had to be willing to ask for help in order

to give them the opportunity to lend a hand. They were the people at the Charlie's Tire place who noticed that in order to get the flat tire out of the trunk, they had to move a bunch of imperfect sweatshirts my brother-in-law had put there for me to get rid of for him. It just happened to be a very cold day in February. I had already told Mr. Charlie and his son that I didn't have any money and they told me not to worry, that we would figure something out. About that time, one of the guys from the shop came in and wanted to buy a sweatshirt. In only a

few minutes, I had \$200 in my hand by selling them for a few bucks each. This was enough to buy a new tire to replace the one that could not be fixed!

We have a choice. We can believe the people who tell us that we are poor or we can know what our bank balance is and where it is going. When the talking heads say these things it reminds me of all the years we were told that we were lazy and stupid. We are neither of these!

You are prosperous in proportion to what you can do without. Can you do without the Café Mocha or the cost of

Continued from p5
the gasoline to get there?

For more help getting rid of your CHAOS, check out Flylady's website and join her free life coaching at www.flylady.net, listen to her <http://www.blogtalkradio.com/flylady> show or read her books, *Sink Reflections*, published by Bantam and her *New York Times Best Selling Book, Body Clutter*, published by Fireside. Copyright 2008; Marla Cilley. Used by permission in this publication.

Eyes

which they were found.

What fun it all was, too. My younger brother and I would compete to see who could find the most eggs, in the shortest amount of time, but I can't really remember which of us managed to win those contests. I don't think, in the end, that it really mattered; what mattered was the chase and the adventure and the joy of running through those dewy grasses with our parents laughing and calling, "Oh, I think I might see something over there," and "Did anyone check near the back porch steps?"

When all the tumbling and searching was over, it would be time to come in, have a plate of French toast and get dressed for church in our new Easter outfits and shiny shoes. My outfit seemed to always consist of a hat and gloves, along with black patent mary janes. My little brother got a new sport coat, slacks and, of course, had to endure wearing a tie on that particular day.

Once dressed, it was time for photos and then off to Sunday School and church at "Irene Cole Memorial Baptist

Church" (I put the quotation marks because that's what I always called it then and pretty much what I still call it today, though I am quite aware that the name has changed).

Following Brother Jagers' sermon which I mostly squirmed and wiggled through, it was time to go home and dive into those Easter baskets once again.

Most Easter mornings, my brother and I also received little, live, mind you, colored chicks. Oh my goodness, how we loved those fuzzy chicks, too! I can remember having chicks that were bright yellow, green, blue and pink. They were the cutest, fuzziest, most adorable things ever. My brother and I simply doted on them. Mother let us keep them inside, in small boxes, for about a day or two, but then they would have to go out and live in Daddy's chicken house (yes, my dad actually had a chicken house in the middle of downtown Prestonsburg - I guess you can take the boy out of the country....). After that, it would only be a matter of days until we would run out to play

with them and find one or the other dead.

I know now that at that time, fabric dye was used to color the little chicks and it contained toxins that made many of them ill. I think today the practice of dying chicks in bright Easter colors is still going on to a certain degree, but from what I can read online, non-toxic food dyes are now being used. In one case, a poultry farm in Britain actually injects the dye into the egg shortly before the tiny birds are born. I'm not so sure I'm on board with the coloring of chicks today, but when I was a child, it did create happy memories that have remained Easter after Easter.

Not really such a good idea, though, buying tiny chicks, ducks and bunnies for Easter. Not unless, like Chandler and Joey on "Friends," you're really going to dedicate yourself to caring for them. They are, after all, living creatures with specific needs and not merely playthings.

But, before I get on my animal rights soapbox, I'll not stray too far from my topic of

Continued from p5

Easter memories. Yep, those were certainly the good old days. I have lots of wonderful memories, also, of the days when my own children were small and we gathered round the kitchen table to dye eggs, place them in baskets and then wait for the bunny to come hide them while "we" were sleeping.

Easter memories are wonderful and I hope that this Easter weekend, you and your families make some wonderful new ones to treasure for many years to come.

And with that, see you next week!

Invitation

The family of Denver Osborne will host a celebration in honor of his 80th birthday on Saturday, March 22, from 1-6 p.m., at the old Wheelwright High School Cafeteria. Family and friends are cordially invited to attend. Please allow your presence to be your only gift.

Diva

dinner a whole lot easier by doing "cheater's dinners."

Cheater's dinners are dinners that are already assembled, in the freezer and just need a couple of easy steps (once thawed) to become a great, homemade meal. This concept has proven to be a major time and stress reliever for millions of women nationwide - you've seen those meal assembly places popping up in strip centers in your own neighborhoods, I'm sure.

And while I'm all about Saving Dinner, getting the family together at the dinner table and all that, I am also about saving the family budget. If you don't have the money or the time to leave your home to get your dinners together, why not do it at home?

It's not that hard, really. The idea is putting ingredients

together in freezer quality zipper topped bags, labeling and dating the bag, pulling the bag out the night before to thaw in the fridge, then right at 5:30 or so when you walk in the door, pull out the bag, heat the oven or skillet, and start cooking. The food is fresh, fast and the family is thrilled with the quality of the meal. No heat and eat, but real family cooking. No one needs to know your sneaky secret that it only took you minutes to make and there were no Stouffer's boxes to throw in the recycle bin.

Here's a recipe for you to try this method out for yourself. Remember, freezer quality bags are a must! We have a ton of these freezer recipes on SavingDinner.com, check it out!

ROMA'S SKILLET CHICKEN
Serves 6

- 6 boneless skinless chicken breast halves
- 1 tablespoon olive oil
- 2/3 cup low sodium chicken broth
- 1/3 cup white wine (or chicken broth)
- 2 cloves pressed garlic
- 1 (28-oz.) can drained whole tomatoes
- 2 sliced green bell peppers, seeded and deribbed
- 1 (8-oz.) can drained sliced mushrooms
- 1 tablespoon rosemary, crumbled

TO ASSEMBLE:

In a one gallon freezer bag, write ROMA'S SKILLET CHICKEN and the date you assembled it on the bag with a Sharpie marker (won't run in the freezer). In this same bag, place the chicken, oil, broth, wine, garlic, tomatoes, mushrooms, peppers and rosemary.

Seal the bag and gently shake to mix. Open the bag; gently and carefully squeeze the bag to remove excess air. Seal the bag.

BEFORE YOU COOK:

Defrost your freezer meal the night before in your fridge. If you don't have a full thaw at cooking time, place the bag in a sink of cold water (do not use hot water!) to speed-thaw your food safely.

COOKING DAY INGREDIENTS AND DIRECTIONS:

- 2 tablespoons cornstarch
- 2 tablespoons water

Place contents of freezer bag into a large skillet or Dutch oven. Bring to a boil and then let simmer for about 20-25 minutes or until chicken is cooked through.

During the last five minutes

of cooking time, mix together cornstarch and water into a smooth thin paste. Pour into the skillet, stir and allow sauce to thicken for about five minutes.

Per Serving: 223 Calories; 4g Fat; 31g Protein; 14g Carbohydrate; 3g Dietary Fiber; 68mg Cholesterol; 310mg Sodium. Exchanges: 0 Grain (Starch); 4 Lean Meat; 2 Vegetable; 1/2 Fat. Points: 4

SERVING SUGGESTIONS: Serve with a side of fettuccine tossed with some olive oil and a little Parmesan cheese. Add a big spinach salad and you've got dinner!

For more help putting dinner on your table check out [Leanne's website www.SavingDinner.com](http://www.SavingDinner.com) or her *Saving Dinner Book series (Ballantine)* and her *New York Times Best Selling book, Body*

Continued from p5

STRAND TWIN
PRESTONSBURG, KENTUCKY
606-886-2696
<http://showtimes.hollywood.com>
Walk-to-Walk Screens, Dolby Sound, and Cupholders!
3/21/08 - 3/27/08
Cinema 1—Held Over
HORTON HEARS A WHO (G). Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.
Cinema 2—Held Over
NEVER BACK DOWN (PG-13). Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.
Sunday Matinee—Open 1:00; start 1:30

RIVERFILL 10 PIKEVILLE
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214 N. Pike St., Pikeville, Ky.
606-432-2957
Tickets may be purchased in advance for any show on the date of purchase.
Bargain Matinees Until 6 p.m.
3/21/08 - 3/27/08
Cinema 1—Held Over
SEMI PRO (R). Mon.-Sun. 7:10-9:25; Fri. (4:25) 7:10-9:25; Sat.-Sun. (2:10-4:25) 7:10-9:25.
Cinema 2—Held Over
COLLEGE ROAD TRIP (G). Mon.-Sun. 7:10-9:25; Fri. (4:25) 7:10-9:25; Sat.-Sun. (2:10-4:25) 7:10-9:25.
Cinema 3—Starts Friday, March 21
TYLER PERRYS: MEET THE BROWNS (PG-13). Mon.-Sun. 7:05-9:20; Fri. (4:20) 7:05-9:20; Sat.-Sun. (2:05-4:20) 7:05-9:20.
Cinema 4—Held Over
FOOL'S GOLD (PG-13). Mon.-Sun. 7:00; Fri. (4:15) 7:00; Sat.-Sun. (4:15) 7:00.
Cinema 4—Held Over
WITLESS PROTECTION (PG-13). Mon.-Sun. 9:15; Fri. 9:15; Sat.-Sun. (2:00) 9:15.
Cinema 5—Held Over
DOOMSDAY (R). Mon.-Sun. 7:10-9:15; Fri. (4:15) 7:10-9:15; Sat.-Sun. (2:10-4:15) 7:10-9:15.
Cinema 6—Starts Friday, March 21
DRILL BIT TAYLOR (PG-13). Mon.-Sun. 7:05-9:20; Fri. (4:20) 7:05-9:20; Sat.-Sun. (2:05-4:20) 7:05-9:20.
Cinema 7—Held Over
HORTON HEARS A WHO (G). Mon.-Sun. 7:00-9:10; Fri. (4:10) 7:00-9:10; Sat.-Sun. (2:00-4:10) 7:00-9:10.
Cinema 8—Starts Friday, March 21
SHUTTER (PG-13). Mon.-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30.
Cinema 9—Held Over
NEVER BACK DOWN (PG-13). Mon.-Sun. 6:50-9:15; Fri. (4:15) 6:50-9:15; Sat.-Sun. (1:50-4:15) 6:50-9:15.
Cinema 10—Held Over
10,000 B.C. (PG-13). Mon.-Sun. 7:05-9:20; Fri. (4:20) 7:05-9:20; Sat.-Sun. (2:05-4:20) 7:05-9:20.

Rental Central

by TOM DOTY
TIMES COLUMNIST

Four different genres compete at the rental counter this week, with your best bet being a film for the whole family.

■ "Enchanted" — Disney strikes back with this new take on one of their favorite formulas, the fish out water story. Here an evil witch casts a spell on a young princess, which banishes her to modern day New York City. The whole family should get a charge out of the story, which pits the princess against modern day technology and manners. An old school tone is set by Disney stalwart Julie Andrews (here cast as the film's narrator). A fine cast includes Susan Sarandon, Amy Adams, Patrick Dempsey and several cute ani-

mals who get their fair share of the laughs.

■ "Revolver" — Director Guy Ritchie ("Lock, Stock and Two Smoking Barrels") has had to wait three years for this gangster effort to finally reach home video audiences. This entry in the English crime saga boasts an intricate plot and multiple points of view which may challenge fans of his earlier efforts but is ultimately rewarding if you stick it out. That said, there is some nonlinear storytelling here which makes it hard to always figure out when something is happening but it's all brought together with an excellent cast which includes Ritchie's top leading man, Jason Statham. There are also good turns by Americans Ray Liotta ("Goodfellas")

and Vincent Pastore ("The Sopranos").

■ "I Am Legend" — Will Smith lends his amiable charm to this third telling of Richard Matheson's famous story about the lone survivor of a vampire-like virus. Smith has a charisma that previous actors cast in the role lacked (Vincent Price and Charlton Heston) but he can't overcome a glitzy approach to the material which, once again, deprives Matheson's story of its power. Some good imagery is on display but fans of the book will have to keep waiting for a film true to the story's nature.

■ "Southland Tales" — The director of "Donnie Darko," Richard Kelly, returns with another bizarre feature that takes place in the not-too-distant future. This one is tough to describe but

here goes — an amnesiac named Boxer stumbles out of the desert and back to his L.A. home to learn that he is an actor who is married to the daughter of a senator. Meanwhile, nuclear explosions in Texas signify that the war on terror is about to turn into a world war that just might end the world. If you like your sci-fi/dramas with lots of levels and enough details and characters to warrant extra viewings, then you'll enjoy this mind-numbing concoction. Wayne "The Rock" Johnson stars as Boxer and is well supported by Sarah-Michelle Gellar as his wife.

Next week sees the DVD release of "The Kite Runner" (from the best-selling novel) and "Shrooms," which offers slasher horror from Ireland.

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The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

AUTOMOTIVE

Wheels/Misc

HICKS AUTO SALES
DAVID ROAD
 Chevy c60 Dump truck 14 foot bed \$3800.
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 886-3451.

Real nice 89 Chevy long bed. 2 wheel drive. Good shape. \$2,500 Must see. Call 886-2842 or 886-3451.

1998 S-10 Blazer. 4 dr, 4 wd. \$3,000. Call 886-2842 or 886-3451.

2000 Chevy Blazer. 4 wd, 4 door with CD player. 130,000. \$4,200. Good condition. Call 606-789-8792 or 792-8657.

2003 Jeep wrangler X, silver, soft top, Am-Fm-Cd, air automatic, new tires. 34,000 miles. Call 886-6626 or 886-9860.

For sale: 2000 Dodge neon. 4 cyl. 35 miles per gallon. Call today for more information. Call 226-1198.

1996 Toyota camry for sale. As is \$2,500. Call 606-886-6612.

For Sale 2002 Pontiac Sunfire. 2-door, white automatic with sunroof. \$5,000. Call 874-1007 or 874-9703.

2006 Harley Sporster Custom 1200cc, 1400 miles - \$7,200.00 and a 2006 Harley Dyna Lowrider 1600 miles - \$10,400.00. Both excellent condition. (606) 377-2028 or (606) 377-6229.

FOR SALE
 Submergible deep well Meyer pumps. Half 3 quarter and 1 horse power. Call 358-2000.

EMPLOYMENT

HELP WANTED!!!
 Harrison's Lawn care has openings for people with experience in weedeating and commercial lawn equipment use. (long hours & weekends). Call 886-9129 to leave a

message or 792-7502.

Person with nutritional education experience need to educate patients in a medical clinic. Send resume to: P.O.Box 2158 Pikeville, Ky 41502.

Got a Phone?
 What about a Computer? Then why not work from home? request info today! www.gratefulathome.com

Miller Bros. Coal, LLC is seeking qualified applicants for the position of Accountant. Candidate must have a BA in accounting. Excellent benefits package. Interested candidates should send resume to Miller Bros. Coal, LLC, 25 Clydean Drive, Leburn, Ky 41831. Phone inquires not accepted.

Legal / medical transcriptionist wanted. Must type 60 w.p.m. \$8.00 per hour. Send resume to P.O.Box 1746, Prestonsburg, Ky 41653.

Dental Assistant Needed: Experience preferred but not required. Send resumes to: P.O.Box 672 Prestonsburg, Ky 41653.

Abbott Engineering, Inc has an immediate opening for a surveying crew chief/transitman with experience in both underground and surface surveying. Also, a Rodman, experience preferred but not necessary. Must have outside/underground certification papers/card. Excellent pay and benefits. To apply, please come by 3073 KY Rt.321, Prestonsburg, Ky 41653 or call 606-886-1221.

Mountain Manor of Paintsville is taking applications for RN or LPN positions. Excellent wages and benefits. Apply in person at 1025 Euclid Avenue, Paintsville, Ky. Monday- Friday from 8 am -4 pm

Independant Sales Agent wanted. Call 1-606-424-9593 or fax resume to 285-3272.

Help Wanted:
 Environmental science technician needed to collect and lab analyze water and soil samples. Experience in mining Environmental chemistry and data collection protocol preferred, along with background in stream health classification method-

ologies. Send resume to: Alchemy Engineering Associates, 546 W.Old Middlecreek Road, Prestonsburg, Ky 41653.

Help Wanted:
 Mining permitting technologist wanted. Mine planning and permitting procedure experience required. Proficiency with use of AutoCad and Survcadd a plus. Send resume to: Alchemy Engineering Associates, 546 W.Old Middlecreek Road, Prestonsburg, Ky 41653.

Movie extra's needed. Earn up to \$200 per day. All looks needed to work with film & TV production companies. No experience required. Please call 1-888-585-9562.

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 Sign up for 10.00 and Receive Free gift. Earn pocket or career money, you decide. Call Jency at 886-2082

Human Resource Director - We are looking for the right person to be a part of the management team who has a track record of building a culture of team work. The successful candidate will have human resource experience preferably in health care experience and be certified as a PHR or SPHR or whose combination of education and experience will give them the best opportunity for success. Interested candidates should send their resume to: Pikeville Healthcare Center David R. Baumgartner, S P H R "mailto:dbaumgartner@hqmmail.com" dbaumgartner@hqmmail.com (859) 806-1517 Fax (859) 523-5564 PO Box 910844 Lexington, KY 40591-0844

Miller Bros. Coal, LLC is seeking qualified applicants for the position of Surface Mine Planning Engineer. Mining Engineering degree and experience required. Competitive salary

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DEVELOPMENT ASSISTANT
 needed to manage information systems for nonprofit office. Create and manage databases, assist with events/registration, prepare large mailings, produce reports, manage office and maintain files. Must have exceptional computer skills and 3-5 years experience with database and office management. Complete position description available at: www.HindmanSettlement.org/about_us/staff.html. Mail resumé and three references to: Mike Mullins, PO Box 844, Hindman, KY 41822 or e-mail: Info@HindmanSettlement.org EOE

and benefits package. Interested applicants should send their resume in confidence to P.O. Box 990, Allen, Ky, 41601. Phone inquiries not accepted.

Heavy Equipment Steam Cleaning Company needs employees. Must have valid drivers license and up to date surface mining papers. Mine Emergency Tech. is a plus. Call Mon. Thru Fri. 9:00 a.m. to 5:00 p.m. (606) 886-1759 If no answer leave message.

Merchandise

2- 6 ft glass display cases for sale. Also 2- 5 ft wood cabinets for sale. Call 886-3142. 9am-5pm

For Sale: Beautiful Maggie SoHero wedding gown size 12 original cost \$1600, selling \$500. Call 606-886-9626. If interested please leave message and number.

For Sale: Beautiful purple prom dress. Size 26W. Originally paid \$400 for dress asking \$100. Call 424-3794.

3 Carat diamond bracelet for sale. \$250. Call 791-0107.

BOOK FOR SALE
 A book by Donald Crisp "Growing up on Bucks Branch". In Floyd county, on sale now!!! \$12.50 plus shipping and handling. Contact Donald at 285-3385.

Furniture

Sofa & Chair for sale. Newly apolstered. \$450 Must see to believe. Beautiful!!! Call 1-859-6283 or 1-422-5597.

Misc.

Wanted: To buy 2005 Floyd County School yearbook in good condition. Call 452-2300 before 5 pm.

Couple looking to

rent, 2 Br or more home. Within approx 25 miles of Prestonsburg. Prefer farm setting. Willing to sign lease. Must accept pets & have references. Call 606-226-2089.

COMING SOON!!
 Limited space! 12x30 and 10x12 storage buildings. Secure and easily accessible. Big enough for your boat, RV, and fishing gear! For estimates and availability call Chestnut Grove Storage at 606-886-8358.

For sale: 24' round above ground pool, with pump and filter with extras including a deck. Price negotiable. Call 606-889-0123.

Math tutoring available. 3rd grade - 12th grade. Call 226-4484 after 5 pm.

2006 Craftsman Riding Lawnmower. Used one season; 26 HP Kohler, 48" cutting deck. Like new condition. New \$1,995 asking \$1,000. Call 502-545-0636.

For Sale: Tanning bed with automatic lift. Also beauty shop equipment- 3 stations. Call 285-9112.

Want to buy 20 or more acres in the Prestonsburg area with or without a house. In private area with at least 2 to 3 acres of flat land. 606-642-3388.

Computer for sale. Has window xp. Call 886-0920.

For sale: Two jet skis one 750 cc, one 700cc with dual trailer, \$3,500. One 900cc Jet ski with trailer, \$3,000. Serious inquires only 606-886-8539 after 5:30 pm.

Now Accepting applications for 30 week Underground mining program. Apply until March 31, 2008. All appli-

cants must complete Jobfit survey, math, and reading test. Successful candidates will be notified after application period. Big Sandy Community and Technical College Hager Hill Campus. 606-788-2868

La Femme size 4 red prom dress for sale. With lots of details. Worn 1 time. Ear rings & shoes to match. Shoe size 7. Paid \$500 asking \$250. Call 791-7351.

600 grizley 4 - wheeler. 400 Miles. \$3,800. Call 886-2842 or 886-3451.

For sale: 2 - 2007 3 seater Honda turbo wave runners with cover on a double aluminum trailer. Life jackets, tubes and many other items included. Only been on the water 5 times. Great price. Call today for more information. 226-1198

REAL ESTATE

Houses

Income producing houses for sale by owner.
 1) 1 story 2 BR currently rented for \$550 per month.
 2) 2 story house, 3 br currently rented for \$650 per month. Located just off four lane at lvel, Ky. Shown by appointment only. No rent to own- No land contracts. Already rented. Call 606-437-1950 or 606-424-1150.

2 Story home for sale. 3,000 sq ft. Located in Upper Wells Addition in Pikeville, Ky. Call 437-1950 or 424-1150.

Two story home with wrap around decks, appx 3,000 sq ft on one + acre city water/sewer. Many extra's-167 Lakeview village Prestonsburg call 789-1230 ask for Sam.

3 br, 2 ba brick home for sale. 1/2 mile from the MAC in Spurlock creek. 1st brick on right. With fenced in yard. 0.75 acres, 1 car carport front & back porch, fire place, small garden spot. 2,200 sq ft with large bedrooms, and closets. \$178,000 Call 889-0544 after 6 pm on weekdays.

3 Story house for sale in Martin. 4 br, 1 bath, 1/2 acre land. No land contracts. \$60,000. Call 285-9453.

3 Bd house for sale. 1 1/2 bath new kitchen & app. Commercial bldg also located on property. Located on Middle Creek. Call 8886-2699.

Brick & Stone House for Sale. Four bedrooms, two and a half baths. 2900 square feet. Desirable location in Trimble Branch. Dr Reasonably priced. Call 886-2020

HOUSE FOR SALE
 Newly constructed house for sale located at Abbott Creek. Vaulted living room ceiling, 3 BR, bonus room, fireplace, with cherry hardwood floors and cabinets with spacious attached garage. Located 4 miles from us 23. Panoramic view located in new subdivisions. \$210,00 asking price Seller willing to help with closing costs! Call 606-285-0054 606-791-0719, evenings 606-377-6042

Sale or Lease

FARM FOR SALE
 Floyd county 75

Commercial building for sale: 8 apt units. Would be a great location for office complex. Also comes with residential house and land. Located just off US 23 between Prestonsburg and Paintsville. Call 791-6016.

Level lot for sale:
 100x300 with city water. \$15,000 Call 886-8366.

Acres for sale.
 Located at Rt 80 close to Martin. Possible commercial property. \$85,000. Call 886-8366.

Apartment building for sale by owner. Located near HRMC. Call 889-9717. for more information.

Building for rent:
 approx. 2500 square ft. Former John P. Wells garage. Equipped with mechanics lift. Located on South Lake Dr Prestonsburg, Ky. Call 886-9690 for more info.

Beauty Shop For Rent: fully equipped located on South Lake Dr Prestonsburg, Ky. Ready to move in! Call 886-9690 for more info.

Prestonsburg business for lease. Great location on the main road, close to downtown and the courthouse. lease as is or change, many possibilities, ie restaurant, sports bar, office complex-ample parking. May consider selling. Call 791-3663.

RENTALS

APARTMENT

For rent: 2 Br apt near Prestonsburg. NO HUD. Call 205-9510.

Nice 1 br apt for rent. Located on private lot on Rt 1428 between Allen & Prestonsburg. Partially furnished. Utilities paid including cable. Internet ready. No HUD and no PETS. \$475 mth plus \$250 deposit. Call 606-262-4296.

Town house apt for rent. 2 br 1 bath. Stove and refrigerator. City limits at 23 & 80. \$505 mth plus utilities with \$300 deposit. 1yr lease. NO PETS. Call 606-237-4758.

Small furnished bachelor apt. Suitable for . Located off Mtn Pkwy on old Rt 114. Call 886-8724.

1 Br apt for rent.
 Appliances & utilities furnished. Very clean. Located between Prestonsburg & Paintsville near HRMC. \$525 mth plus \$250 deposit. Call 791-6016.

1 or 2 Br furnished apts. Includes utilities. References required. Call 886-8366.

JOB OPENING

Position: Cook Supervisor
Work Schedule: 4 a.m. to 12:30 p.m., and 11:00 a.m. to 7:30 p.m.
Pay Rate: \$8.50 per hour.
Job Description: Basic job functions include responsibility for timely food preparation for all menu items for the inmate population. Supervise inmate labor in accordance with the company and the institution policies. Delegate inmate duties. Use and complete records.
Benefits: Company offers complete benefits packages.
 Must have valid driver's license and be able to pass drug screen and background check.
To schedule an interview, please call (606) 452-9799, between 8:00 a.m. and 4:30 p.m., Monday thru Friday, and ask for Ann Meade.

MUD CREEK CLINIC

seeks candidates for
Certified Nurse Aide
 Mud Creek Clinic operates Monday thru Friday
 Requirements include current certificate in KY as Nurse Aide, current CPR, and computer experience.
An excellent benefit package accompanies this position.
 Mail or fax resume to:
 Attn: Jessica N. Conn, BBA
 Big Sandy Health Care, Inc.
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 Prestonsburg, KY 41653
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 Hindman Settlement School
 PO Box 844, Hindman, KY 41822
 or e-mail to:
 Info@HindmanSettlement.org
 EOE

For the Record

Marriage Licenses

Clarissa Adams, 28, of Hager Hill, to Matthew Short, 24, of Harold.
 Juda Combs, 33, Prestonsburg, to Jarrod Wells, 37, of Paintsville.
 Kathleen Collins, 20, to Roy Nichols, 42, both of Prestonsburg.
 Michelle Spence, 23, to Bobby Hall, 27, both of Prestonsburg.

Civil Suits Filed

Zenith Hall vs. Teresa Hall, et al
 Ford Motor Credit Co. vs. Karen Crum
 Jessica L. Keathley vs. James Keathley
 Anthony Craig Davis vs. Cheyenne Enterprises
 First Resolution Investment Corp. vs. Denise Isaac
 Connie Woods vs. Billy Woods
 Darlene Spears vs. Jeffrey Trimble
 Gabrielle Spears vs. Robert Spears
 KY Foster Care vs. Jeana Lively
 Charles Scarberry vs. Kasey Scarberry
 Independence Receivables Corporation vs. Robie Slone, et al
 Aileen Hall vs. Cynthia Rackey
 Jacob Jervis vs. Jennifer Jervis
 Jacob Jervis vs. Lisa Stricklin
 Melanie Tackett vs. Claude Tackett
 Heather Fletcher vs. Ronald Fletcher
 Amber Slone vs. John Slone
 Timothy Blanton vs. Kathy McKenzie
 Allard Newsome vs. Clay Tharpe
 Creditone vs. Robert S. Hall
 Melissa Slone vs. Modern Woodmen of America
 Jessica Hamilton vs. Randy Hamilton
 Chrystal Jacobs vs. Nathan Jacobs
 Vicky Gail Bussell vs. Kenneth Craig

James P. Keeton, et al vs. Rita Rowland, et al
 Amethyst Camp vs. Timothy Camp
 April Ousley vs. Michael D. Ousley

Small Claims Filings

Unifund Partners vs. Jeanetta S. Layne
 Midland Funding vs. Linda Conn
 Arrow Financial vs. James Robinson
 Palisades Collection vs. Nichole L. Potter
 Capital One Bank vs. Robin A. Reed
 MRC Receivables Corp. vs. Ernie Kelly
 Capital One Bank vs. Glen Ramey
 Capital One Bank vs. Violet McKinney, et al
 Capital One Bank vs. Regina Miller
 Capital One Bank vs. Amanda M. Evans
 Capital One Bank vs. James Damron
 Capital One Bank vs. Odelia Baisden
 McDowell ARH vs. James B. Allen
 Cash in Hand vs. Shane Engle
 Cash in Hand vs. Gary D. Clay
 George Laven, et al vs. Frank Collins

Charges Filed

Michael Dwayne Kimmel, 33, of Betsy Layne, alcohol intoxication, public place; disorderly conduct; resisting arrest; terroristic threatening (2 cts.).
 Jeffrey Neal Perry, 32, of Stanville, assault, domestic violence.
 Christopher Henson, 18, of McDowell, possession marijuana.
 Dexter Howell, 49, of Teaberry, violation of KY EPO.
 Bryan P. Lazar, 21, of Auxier, voyeurism.
 Michael G. Brown, 42, of Greenfield, Ohio, alcohol intoxication, public place; disorderly conduct.
 Gary Stone, 46, of

Hardinsburg, Indiana, alcohol intoxication, public place; disorderly conduct.

Robin A. Collins, 37, of Prestonsburg, alcohol intoxication, public place.

Jerry A. Moore, 47, of Langley, possession marijuana; use/possess drug paraphernalia.

Chad Rogers, 38, of Betsy Layne, public intoxication, controlled substance.

Joshua R. Slone, 18, of Prestonsburg, alcohol intoxication, public place.

Scott C. Jarrell, 19, of Banner, alcohol intoxication, public place.

Janie S. Gray, 46, of Mousie, disorderly conduct.

Jami L. Wright, 20, of Prestonsburg, operating motor vehicle under influence of drugs/alcohol; possession marijuana; use/possess drug paraphernalia; controlled substance, prescription, not in original container.

Jimmy L. Perry Jr., 24, of Wheelwright, possession marijuana.

Jack Patton, 27, of Wayland, possession marijuana.

Rickey G. Case, 49, of Harold, assault/domestic violence.

Tammy M. VanHoose, 43, of Dandridge, Tennessee, theft by unlawful taking, shoplifting.

Venice Young, 33, of Betsy Layne, alcohol intoxication, public place; disorderly conduct; resisting arrest.

Edgar Brown Jr., 46, of Garrett, assault/child abuse.

Kimberly Harvey Brown, 41, of Garrett, alcohol intoxication, public place; disorderly conduct.

Benedetta Patrice Blackburn, 40, of Betsy Layne, possession marijuana; use/possess drug paraphernalia.

Crystal Gayle Vanover, 30, of Auxier, theft by unlawful taking/shoplifting; controlled substance, prescription, not in original container.

Anna Marie Ferguson, 61, of West Van Lear, theft by

unlawful taking/shoplifting.
 Cola Vance Jr., 31, violation of KY EPO.

Darrell Lee Newsome, 18, of Weeksbury, terroristic threatening; criminal mischief; harassment.
 Matthew Shortridge, 21, of Prestonsburg, alcohol intoxication, public place; carrying a concealed deadly weapon.

Kenneth Stewart, 46, of Tram, alcohol intoxication, public place.

John Moore, 30, of Langley, harassing communications.

Tim Akers, 39, of Harold, menacing; criminal trespassing.

Tanya McKinney, 20, of Louisa, theft by deception/cold checks (2 cts.).
 Pamela Archer, 44, of McDowell, alcohol intoxication, public place.

Steven Howard, 47, of Garrett, alcohol intoxication, public place.

Ernest Little, 42, of Dwale, theft by unlawful taking; receiving stolen property over \$300.

Christopher Henson, 18, of McDowell, burglary; theft by unlawful taking over \$300.

David Thomas Jones, 43, of Allen, flagrant nonsupport.

Stanley Skeens, age not listed, of Pikeville, flagrant nonsupport.

Karen Crum, 55, of Prestonsburg, burglary.

Property Transfers

Lana and Vance Akers to Gregory and Tammy Thacker; Orchard Branch.
 Mary Baldrige to Clyde Woods; martin addition to Allen.
 Richard Bevins to Mickey Stapleton; location undisclosed.
 Annette Charles to Kelsie Runyon; Frasure Creek.
 G & B Rentals to Jennifer and Matthew Smith; B P Friend & Company addition to Prestonsburg.
 Charlotte and Gregory Hall to Brandie Lowe; Goble Roberts Subdivision.
 Claudette and Eddie

Henderson, Claude, Deborah, Harvey, and Joy Howell, Gary, Irma, Loretta, and Monroe Newsome, Clova Moore to Deborah Howell and Claudette Henderson; Location undisclosed.

Adam, ben, and Jennifer Hicks to Peggy Thompson; Stone Creek of Right beaver Creek.

Barbara Hunter to Vanderbilt Mortgage & Finance Inc.; Martin.

Ruby Hutchinson to Eve Jarrell; Middle Creek.

Master Commissioner William Kendrick to Vanderbilt Mortgage & Finance Inc.; Martin.

Lisa and Timothy Malone to Amanda and Eric Ratliff; Harold.

Frank and Patricia Miles to Clyde Woods; Martin Addition to Allen.

Betty and Gold Slone to Jennifer and Matthew Smith; B P Friend & Company Addition to Prestonsburg.

Brook and Christy Stumbo and Diana Moore; location undisclosed.

Andy and Diana Taylor to Kermit and Wanda Martin; Frozen Creek.

Michael Vance Jr. to Michael R. Vance; location undisclosed.

Michael Vance Sr. to Michael Vance Sr.; location undisclosed.

Vanderbilt Mortgage & Finance Inc. to Vanderbilt Mortgage & Finance Inc.; Martin.

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Gabrielle Skye would like to wish her baby sister, Chloe Grace, a Happy First Easter!



Chloe is the daughter of Wesley and Samantha Howard, of Hueysville, KY. Her grandparents are Tommie and Pat Hall, of Topmost, KY, and John and Delisa Howard of Hueysville. Her great-grandparents are Hargus and Ada Martin of Hueysville, and Eugene and Clettis Howard of Hueysville. Chloe has one uncle, Nick Hall, and one aunt, Kandice Hall.

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BATTER, BATTER, GRILL! SWING INTO GRILLING SEASON

Baseball great Ozzie Smith and champion pitmaster Chris Lilly offer home run tips and recipes

FAMILY FEATURES

Baseball players aren't the only ones who benefit from spring training — grilling enthusiasts can, too. Many people neglect their grills during the winter. But, as the days begin to get longer again and daylight saving time allows for more fun in the sun, it's time to swing into grilling season. In fact, the extra hour of daylight means more practice time for baseball players and grilling gurus alike. It's never too early to light up some charcoal and share game-winning moments with friends and family while enjoying great food.

World champion shortstop Ozzie Smith believes that even seasoned players need a little pre-season warm-up. Nearly as passionate about charcoal grilling as he is about baseball, Smith said, "I tend to grill year round, but when the teams head to camp, I know it's time to step up my game. Many people wait until summer to grill, which is a shame because, as in all sports, practice makes perfect."

While nationally renowned pitmaster Chris Lilly hardly needs more practice behind a grill, he holds a special fondness for springtime grilling.

"Nothing signals the coming of warm weather and says 'slow down and grill' quite like the unmistakable aroma of the ballpark or the first charcoal cookout of the season," said Lilly. "If you can combine the two experiences — whether tailgating at the stadium or firing up the grill and inviting friends over to watch the game — that's even better."

These tips and recipes from Smith and Lilly will help grilling enthusiasts hit their next gathering out of the park.

LEAD OFF THE GRILLING SEASON WITH THESE SMART PLAYS

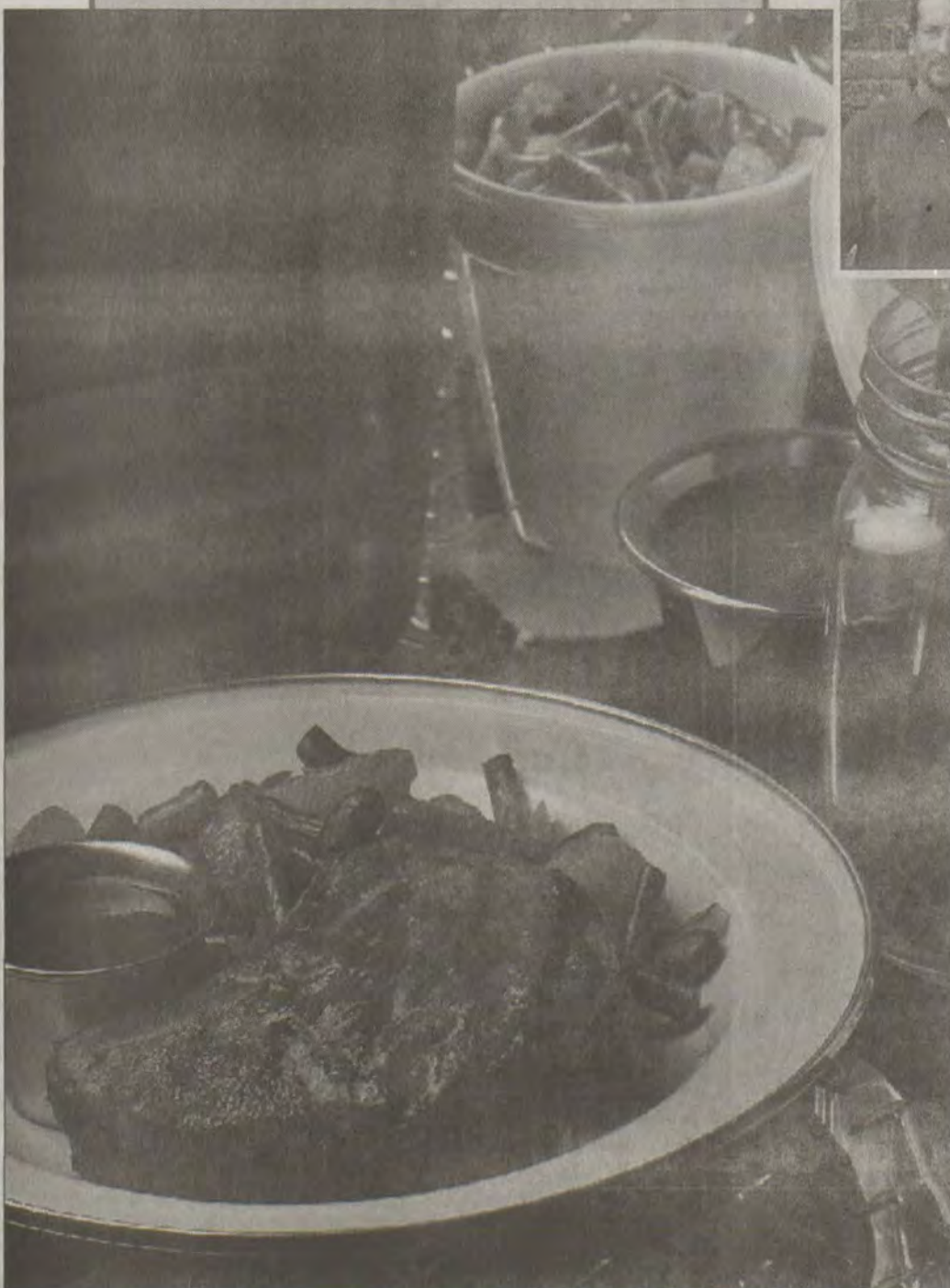
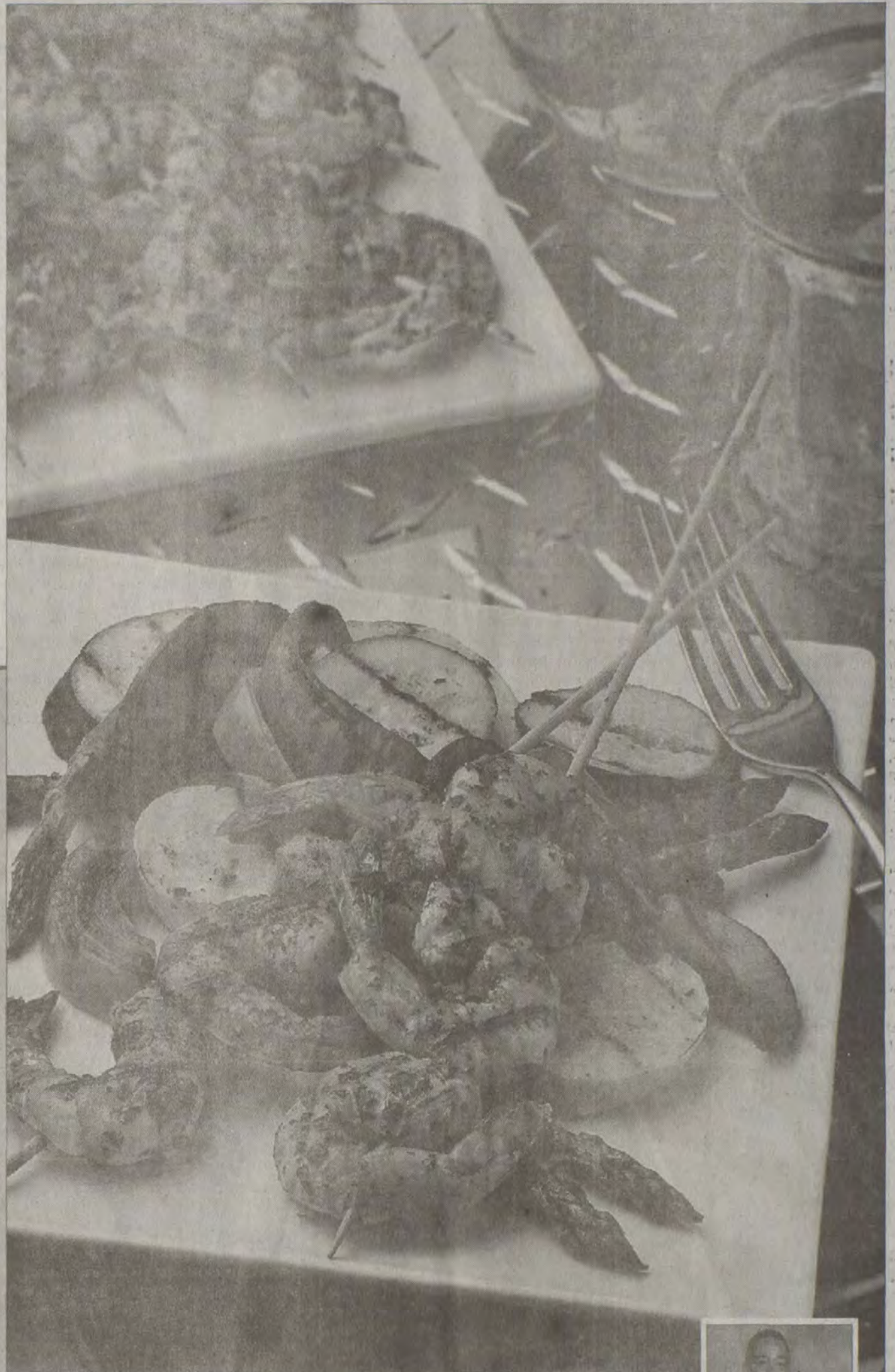
Practice Makes Perfect: Your grill may be a little rusty from the off-season, so before you begin grilling, make sure it's in good shape. Scrub the grate with a long-handled, stiff wire grill brush to remove any residual food. Always discard any residual ashes from the grill before cooking. A thick layer of ashes will act as insulation, affecting the distribution of heat and air circulation.

Score a Double Play: Amp up the flavor of your grilling experience by using new Kingsford charcoal with Hickory. The flavors add just the right touch of sweet and hearty flavor to all types of food, adding a new element to the delicious smells that are part of the stadium experience.

Don't Interfere: Turning food too often during grilling forces moisture out of it. Instead, let food brown before turning it to develop a flavorful crust, the signature of great grilling. When it's time to flip, use tongs or a spatula in place of forks that pierce food and release juices.

Strike 'em Out: Marinate your meat before grilling to fight sudden flare-ups and apply sauces, such as KC Masterpiece Barbecue Sauce, to meats once they have cooked a while on the grill rather than before you start. You'll still taste the delicious flavor without risking a burst of flames.

True fans can take baseball tailgating to the next level by creating a game-day menu featuring recipes that incorporate the flavors and ingredients of your team's hometown. For more grilling tips and recipes, visit www.MealsTogether.com.



Grilled Pork Chops With Apple-Cranberry Glaze

Created by champion pitmaster Chris Lilly.

Makes: 6 servings
Prep time: 15 minutes,
plus 12 to 24 hours for brine
Cook time: 16 minutes

6 bone-in pork chops or boneless loin chops
(1 inch thick)

Brine

2 cups water
2 cups apple cider
2 1/2 tablespoons kosher salt
1 tablespoon sugar
1 tablespoon cracked black pepper
1/2 tablespoon thyme leaves (dry spice)
1/2 teaspoon minced garlic (dry spice)
6 allspice berries (dry spice)
1/2 bay leaf

Sauce

2 tablespoons spicy brown mustard
1/2 cup maple syrup
1/2 cup cranberry sauce
1/2 cup apple sauce
1/4 teaspoon salt
1/4 teaspoon black pepper
1/16 teaspoon red pepper

Mix brine ingredients and stir well. Place chops and brine in Glad Food Storage Bag and refrigerate 12 to 24 hours.

In small pan, add sauce ingredients and mix well. Heat until warm. Reserve 1/2 cup sauce for plating. Build charcoal fire for direct grilling. Grill chops directly over Kingsford charcoal (approximately 450°F) for 8 minutes on each side. During the last 3 minutes of cooking, baste both sides of chops well with sauce. Internal temperature of chops should reach 150° to 155°F prior to removing from grill.

Drizzle reserve sauce over chops when serving or serve warm on the side.



Shortstop Shrimp Stack

Created by world champion shortstop Ozzie Smith.

Makes: 4 servings
Prep time: 10 minutes
Cook time: 3 to 6 minutes per skewer

1 pound extra large shrimp
(21 to 25), peeled and deveined

Marinade

1/4 cup extra virgin olive oil
1/4 cup lime juice
1/4 cup chopped cilantro (about half
of a bunch)
1/2 teaspoon kosher salt
1/2 teaspoon ground black pepper
1/2 teaspoon crushed red pepper
flakes
1 teaspoon minced garlic
8 bamboo or metal skewers

Assemble marinade ingredients in large Glad Food Storage Bag, seal and toss to mix. Add shrimp and toss to coat. Marinate shrimp 30 minutes.

If using bamboo skewers, soak them in water while shrimp is marinating to prevent them from burning on the grill. When shrimp are finished marinating, spear three shrimp per skewer. Discard remaining marinade.

Grill shrimp on outer edges of the grill over Kingsford charcoal (approximately 400°F) for 2 to 3 minutes on one side and 1 to 2 minutes on other side. Serve on the skewer or remove shrimp from skewer and serve a on platter.



Faith and Family



KIM'S KORNER

Good Friday

The Friday before Easter is the most solemn day for Christians — it is the day Jesus Christ died on the cross.

As such, Good Friday is a day of mourning, and all the ceremonies and rituals of the day are centered around the feeling of sorrow at the pain and humiliation that Jesus underwent for the cause of goodness and humanity.

Good Friday marks the end of the 40-day period of fasting and renunciation during Lent, which recalls the days of penance Jesus spent in the desert. After this period, Jesus returned to Jerusalem, and was welcomed as the King of the Jews.

The wholehearted acceptance of Jesus by the people made the rulers fear that they would lose the people's loyalty, and prompted them to plot against Jesus. With the help of Judas, who betrayed Jesus for 30 pieces of silver, Jesus was arrested for treason and condemned to be crucified. This happened on Maundy Thursday, a day before Good Friday. The next day, Good Friday, is the darkest day in Christianity. Jesus was made to carry the cross on which he was later crucified. Jesus, by his act of forgiving and praying for even those who were responsible for his death, won a victory for good over evil.

The message of Good Friday is that the concept of "an eye for an eye" cannot work. The way to conquer evil is through good. Similarly, violence can be overcome only by nonviolence, and hatred by love.

For some Christians, the entire day is given to fasting and prayer, as a way of following the example of Jesus, who stressed the role of prayer in the struggle to conquer evil. Some churches concentrate less on prayers, and instead encourage the people to become involved in charitable deeds.

Jesus is believed to have died on the cross at 3 in the afternoon.

But the crucifixion also looks forward to Jesus' resurrection. So, the sorrow of Good Friday is tempered by the expectation and hope offered by Easter Sunday.

May His peace, hope and love fill your Easter Sunday. — "Til next week ..."



Kim Little Frasure

FEATURE

Cafe owner uses venue to share God's word



Trish Cieslak, left, owner, The Perfect Setting Cafe, was surprised last Thursday when lifetime friend Deborah Meade stopped by her flourishing business to wish her a happy birthday.

photo by Kathy J. Prater

by KATHY J. PRATER
FEATURES EDITOR

Life is not easy, but with faith it can become pretty "perfect," as Trish Cieslak, owner of The Perfect Setting Cafe, located in McDowell, has come to know.

"Statistically, we shouldn't have made it, but when God is in it, He doesn't go by statistics," Cieslak said.

The slender, youthful and energetic former coal company secretary said that it had been a long-held dream of hers to one day own and operate her own cafe. One who has always loved to cook, Cieslak began by running a catering business from her home kitchen.

"When Trish does something, she does it right," said longtime friend Deborah

Meade, who happened to stop by the cozy restaurant on the day that Cieslak was being interviewed — a day that also just happened to be Cieslak's birthday.

Dropping by with a gift for her best friend since childhood, Meade said that growing up in McDowell's Bristle Buck with Trish, the two became fast friends and spent many days and overnights together. And though Meade moved from the area to live in Charlotte, N.C., for several years, she and Cieslak never allowed their connection to falter.

"She's just the best friend," Meade said, "My children look to her if they can't find me, she's so good to everyone. Trish's faith is just so strong, it always has been. I think, or rather I know, that's why God

has blessed her so richly."

Cieslak said that from the very beginning, her notion of a cafe has been based in prayer. "We prayed many prayers when we were thinking about opening five years ago and to this day, we give God all the credit," Cieslak said.

"My daily prayer is for God to send us people here, to put them in our path so that we can minister to them. People who need encouragement, those who have prayer concerns, those who are grieving. And we know that God does send

them because people come in here sometimes not even really knowing why, people we don't even know. And we can tell that they need to hear a good word," she continued.

Cieslak says that since The Perfect Setting sells more than food, such as gift items, floral arrangements, candles and more, including a line of bereavement items, that it is sometimes "pretty easy" to sense when someone is struggling with a personal dilemma.

(See CIESLAK, page eight)

Fitzpatrick Baptist Church

A Southern Baptist Church affiliated with the Kentucky Baptist Convention

Sunday Morning	Sunday Evening
9:15 Breakfast Fellowship	6:00 Worship
9:45 Sunday School	Children's Programs
11:00 Worship	

Wednesday Evening
7:00 Prayer Meeting/Bible Study
Children's & Youth Programs

*Nursery provided for all services

1063 Big Branch Road of Abbott
Prestonsburg, Kentucky 41653
606-886-6204 Tommy Reed, Pastor
www.fitzpatrickbaptist.com

First Presbyterian Church

1430 North Lake Drive, Prestonsburg, KY • 606-886-2214

First Presbyterian's Mission...
Growing in Faith, Fellowship, and Family. Our vision is for God to work through us to nurture and encourage one another in our common faith, and use our talents and resources for the fulfillment of His plan in our church and in our community.

WORSHIP TIMES
Sunday School—9:45 a.m.
Continental Breakfast Served
Worship Service—11 a.m.
Children's Church available

Rev. Vicki Poole, Pastor
www.prestonsburgfpc.org
email: firstpresky@gmail.com

Faith Fellowship

Pastors Carl and Missy Woods

Our Mission

As people called by God,
We gather to praise God, listen to Him, and respond.
We nurture each other in faith and obedience to Christ.
We love and care for one another as God's children.
We commit ourselves to serve and to tell others about Jesus.
We strive to pursue God's justice and peace in every area of life.

Sunday School.....	10 AM
Worship Service.....	11 AM
Sunday Evening Service.....	7 PM
Wednesday Evening Service.....	7 PM
Friday Evening Intercessory Prayer	7 PM

Come Worship and Praise with us!

Without faith it is impossible to please Him; for he that cometh to God must believe that He is, and that He is a rewarder of them that diligently seek Him.
Hebrews 11:6

Pastor whose church was attacked recommends armed guards

The Associated Press
COLORADO SPRINGS, Colo. — The senior pastor at a megachurch where a gunman killed two teenage sisters before being shot by a church volunteer recommends that all churches have armed guards.
 The Rev. Brady Boyd, pastor of New Life Church, made the comments just before con-

vening a free forum on church security that drew participants from about 120 Colorado churches.
 "We've had contemporary experience that can help others," Boyd said, referring to the Dec. 9 shootings at the church. "We just don't want this to happen anywhere else."
 Matthew Murray, 24, killed two people at a suburban

Denver missionary training center and several hours later killed the two girls in the New Life parking lot. He committed suicide after he was shot and wounded by a volunteer security guard, who was credited with saving untold lives.
 The forum, which was hosted by police and New Life security staff and closed to the media, included discussions

on emergency planning, assessing potential dangerous situations, the role of church greeters and ushers, and how to recruit security staff, said Colorado Springs police officer Dave Husted.
 Boyd said that New Life now has uniformed police officers patrolling the premises during Sunday services.
 Several U.S. churches have been quietly adding armed guards in recent years, while others have avoided the practice because they either don't have the money or don't want to appear like a fortress.

Cieslak


"I think it's spirit to spirit," Cieslak said. "We all have our spirits and I think that God uses that in us to connect with one another."
 Cieslak says that often a customer will come in and as they search through the items for sale in the store, something will touch them and they will begin to cry. That person, according to the good-hearted restaurateur, will be ministered to in whatever way she and her staff can before they leave the security of Cieslak's cafe.
 "Here," Cieslak said, "we like to do more than just feed bellies. We like to feed spiritually, as well."
 "Our motto here is printed on our company worksheets," Cieslak said, "It's a verse from the Bible, 'Blessed are you when you enter and blessed are you when you leave' (Deu. 28:6). We operate by those words."

The staff of The Perfect Setting Cafe, including Cieslak's daughter, Wendy, are all Christians and Cieslak says she is happy to have it that way. "That doesn't mean, though," she is quick to add, "that I wouldn't hire someone who wasn't a Christian to work with us ... because maybe we could influence that person."
 In the cafe at "about 7 a.m. each morning," Cieslak works a full day, closing at 4 p.m. and often spending the evenings working on catering orders. "We stay pretty busy, and we like it that way," she laughed.
 Other times, and especially so on Sundays, Trish enjoys spreading her faith by singing with The Eastern Wind Trio, composed of herself and fellow church members Joan Chaffins and Libbi Hall. The women are all members of First Baptist Church, in McDowell. "I enjoy singing

with Joan and Libbi. It's a wonderful fellowship," Cieslak said.
 Cieslak is married to Leonard Cieslak, who works as a social work specialist in Prestonsburg. She and her husband have two children, Wendy Cieslak and Courtney Mullins. They have also been blessed with five grandchildren — "My five treasures," Cieslak said. They are Alexis, age 14, Eric, age 12, Brennen, age 6, Shawn, age 5, and Caleb, age 4. "That's a wonderful range," she said, "I get to enjoy all those wonderful ages."
 The Perfect Setting Cafe, Gift Shop & Catering is located in McDowell, on Route 122, near Citizens National Bank. To contact them about their many services, you may call (606) 377-6005. You learn more, you may also visit their website at www.trishspersetting.com.

Continued from p1

Garrett First Baptist Church



Sunday School
9:45 a.m.

Worship Service
11:00 a.m.

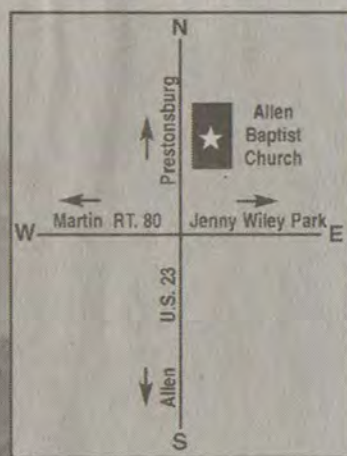
Sunday Night Service
7:00 p.m.

Wednesday Night Service
7:00 p.m.

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10:00 a.m.
- Morning Worship
11:00 a.m.
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6:00
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- Children's Choir
- Bible Study
7:00 p.m.



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Arnold Turner, Pastor
 Chris Bombolough, Minister of Youth & Missions

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SERVICES:

Sunday School 10 a.m.

Morning Worship 11 a.m.

Evening Worship 6 p.m.

Wednesday Bible Study 7 p.m.

Friday Youth Service 6 p.m.

Sr. Pastor, Darlene Wiggins
 Preachers: Bro. Claude Allen
 Bro. Ken Issac

Community United Methodist Church

147 Burke Ave., Prestonsburg, Kentucky 41653
 886-8087
 email: community@mikrotec.com

And now these three remain: faith, home, and love. But the greatest of these is love.
 I Corinthians 13:13 NIV

I have come that they may have life, and have it to the full.
 John 10:10 NIV

Sunday School 10 a.m.

Sunday Morning Worship 11 a.m.

Sunday Evening Worship ..6 p.m.

Prayer Meeting and Small Groups: Wednesday 7 p.m.

Youth Ministry: Sunday 6 p.m. and Wed. ... 7 p.m.

Children's Ministry: Wed. 7 p.m.

St. Martha Catholic Church

60 Marthas Vineyard
 Prestonsburg, KY 41653

St. Martha Catholic Church is a small, multicultural parish community located on Lancer/Watergap Road in Prestonsburg, KY. As a parish family we join together to worship, serve, evangelize and nurture one another in our faith.
 As followers of Jesus Christ, we serve the spiritual and material needs of our parish family and our community through a variety of outreach and education programs:

- Martha's Portion—providing previously owned clothing, and household items for the needy of our community, and a Diaper Program for infants.
- Good Samaritan Program—providing for the spiritual and social needs of our parish family through home visits.
- Giving Bag Program—providing cleaning and personal care products on a monthly basis for individuals and families referred by community agencies.
- Prison Ministry—providing for the spiritual needs of inmates in local prisons.
- Spanish Masses—providing for the spiritual needs of the Spanish-speaking community (held monthly at St. Francis Catholic Church in Pikeville, KY).
- Religious Education Programs for Children and Adults—providing for life-long spiritual growth in our faith.

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2004-2005

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Reconciliation
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Phone—606-874-9526

<http://www.prestonsburg.cdlex.org>

OurPrayer.org Aims to provide largest online prayer site

PAWLING, N.Y. — Many people have a favorite place to pray outside of their place of worship. For some it may be a quiet room, or outdoors someplace beautiful and secluded, or maybe even in the car. Increasingly, though, people pray online. OurPrayer.org, part of Guideposts' Ruth Stafford Peale Prayer Power Network, has launched a dynamic new site to answer that need and provide more people with more ways to enrich their prayer life online at www.OurPrayer.org.

"It is our desire to inspire and unite the people visiting OurPrayer.org," said Reverend Dr. Peola Hicks, Guideposts Prayer Department Manager, "and to become a global community of praying people maximizing the proven power of prayer...all while maintaining our unique commitment to pray by name and need for each individual request received. We are greatly expanding our prayer ministry to be able to help many more people from all walks of life so

each can enrich their personal prayer life. Free to join and easy to use, OurPrayer.org provides new ways to use technology for prayer, devotion and spiritual intimacy." Reverend Hicks added, "The internet hasn't really changed what people do, just how we do it. It's truly transformed the ability to reach out and connect with others around the world. Our focus is reaching out and connecting others to God through prayer. For with God nothing will be impossible." (Luke 1:37)

According to Reverend Dr. Pablo Diaz, Guideposts Vice President of Ministries, "Prayer is the greatest contribution we can offer one another. It is a strong and meaningful exercise of love, faith and hope. We welcome all to join us as OurPrayer transforms the world through prayer."

OurPrayer.org is a faith-filled community brimming with inspiring devotionals, answered prayer, uplifting articles, and much more. The most innovative and unique

features on the new site aim to make OurPrayer.org the premiere destination for online prayer and prayer community. Using state-of-the-art social networking technology, there are simple, user-friendly tools to form online prayer groups with friends, family, whole church congregations, and even people anywhere in the world. There are easy and creative ways individuals can have personalized prayer pages where people can come to get to know each other, create prayer blogs or keep an online spiritual journal. OurPrayer.org features purpose-driven content, available in multi-media formats, and is poised to be the most technologically advanced and accessible worldwide prayer ministry in history.

Guideposts has a long history of providing ways for people to come together in prayer and through the power of shared personal experience. For over 50 years, aided by local prayer volunteers across the country, they have prayed

for tens of thousands of weekly prayer requests coming from the mail, on the phone and now through the internet. Each request is prayed for by name and need. That won't change at OurPrayer.org where a variety of options for prayer are offered including: prayer requests can be private (only OurPrayer trained volunteers will see and pray for it) or public (request will go to the main prayer page for the general public to see and pray for). One of OurPrayer's special features, real time prayer, provides the ability to have a one-on-one real time prayer session with an OurPrayer volunteer. Members will also

have the ability to send prayer requests to friends and/or groups so they can pray for them as well and users requesting a personal prayer response will receive a personalized prayer sent directly back to them.

Anyone with a prayer request can go to www.OurPrayer.org. OurPrayer.org will also be the hub for special prayer activities, such as our annual Good Friday Day of Prayer on March 21, 2008 and our Thanksgiving Day of Prayer events in the fall.

OurPrayer is seeking hundreds of volunteers to help handle the increased number

of prayer requests that come in each day. Prayer volunteers are able to help in three areas: Web volunteers are given access to a secured area to pray for each need while online. Other volunteers answer calls at home, as their schedules permit, on our toll-free prayer line. Personal Prayer Response Volunteers are trained to write personal prayers to encourage and comfort those struggling with distressing circumstances.

Anyone wishing to become a prayer volunteer can find out more by visiting www.OurPrayer.org or calling 1-800-935-0158 ext. 4347.

FAITH IN VERSE

Resurrection: The Two Plants

by GOLDIE E. HAMILTON

A few years ago I became acquainted with a unique plant.

It is sometimes called Resurrection Lily, Magic Lily and Surprise Lily.

It makes its appearance twice each year.

The foliage of thick green strap leaves appears early in March, while the ground is still cold.

It graces the barren flower beds with life for a few weeks.

The foliage dies and disappears...its space is empty again.

In late July, a resurrection of the lily takes place.

A thick, green stalk rockets out of the ground, reaching a height of two feet in four to five days.

A cluster of five to seven pink flowers grow on top of the leafless stalk.

I get to enjoy its beauty only a short while.

The petals fall, the stalk dries up and quickly disappears, leaving its space empty again.

It has served its purpose this season...

it will reappear at its next appointed time.

Many years ago I became acquainted with the One

whom Isaiah described as a "tender plant,

a root out of a dry ground." His name is

Jesus

In the Bible He is called The Word, Good

Shepherd.

The Son of God, the True Vine, and The Light of the World.

Messiah, Immanuel, Savior, and many more.

He said, "I am the Resurrection and the Life."

He came to Earth at His appointed time to preach a message of hope and deliverance to captives.

He taught of a future resurrection for those who believed,

and accepted Him as their Savior and Lord.

Like the foliage of the resurrection lily, He had a short life span on Earth.

He was crucified, leaving His space empty.

Three days later He reappeared... this time as the Resurrected Savior.

The clusters of pink flowers atop the stalk of the lily

were admired for their beauty, but their stay was only temporary.

The Resurrected Savior would also be leaving after a short stay on Earth...

but with a promise that He would come again.

After 40 days of fellowship and instructions for His disciples,

He was taken up out of their sight.


Seasons will continue to come and go.

The lily may fail to bloom again.

The Resurrected Savior will not fail to keep His promise... to return.

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11:00 a.m. Worship Service
6:30 p.m. Worship Service
Wednesday
6:30 p.m. Prayer & Bible Study

St. Vincent Mission, Inc.

6369 Hwy. 404, David, KY 41616

"It takes a lot of faith and trust that the Lord will provide from one day to the next." This statement was made by Br. Michael Lonsway, who was one of the original volunteers with St. Vincent Mission and still holds a seat on the mission's Board of Directors.

St. Vincent Mission, Inc., is a non-profit organization that was established in 1968 by the Brothers of Charity from Philadelphia, PA. The Mission forms a community of people dedicated to sharing the expression of Christian values in Eastern Kentucky. Because the Mission is located in the central Appalachian Mountains, the staff has been called to the service of unique people with a rich ancestral heritage. Staff members include a full-time Executive Director, Sr. Kathleen Weigand, and a full-time Social Services Coordinator, Joyce Mitchell. There are also two part-time warehouse, second hand store and food pantry workers. 350 to 400 volunteers come from Kentucky and across the United States each year for the Home Repair Program to assist low-income, disabled and elderly individuals.

The Mission's goals, which are met through concrete programs, are to encourage the use of participant's skills, talents and personal gifts to help each other. The mission is one of Hope that leads all who participate toward a vision of continuous growth.

David Appalachian Crafts is a subsidiary of St. Vincent Mission. Sr. Ruth Ann Iwanski, its full-time director, and two part-time employees, help to identify, train, mentor and provide marketing services for about 90 artists and crafters at this time.

Come and join us for our 40th anniversary reunion on Saturday, July 19, 2008, at the mission's property on Highway 404 in David, Kentucky, which is the site of the old David swimming pool. Please call 886-2513 to make reservations or to inquire about specific directions. The celebration will include music from local artists, craft demonstrations, a silent auction, lunch, and time to visit David Appalachian Crafts. We are also looking forward to the guest appearance of some of the original singing Patsy Teenagers!



Jun. 1982
10th Year Anniversary of David Appalachian Crafts

Mountain Christian Academy

6467 HWY 80, PO Box 1120, Martin, KY
606-285-5141
www.MountainChristianAcademy.com

History & Mission

Mountain Christian Academy, an academically enriched Christian school in Eastern Kentucky, was established in 1983. The mission of Mountain Christian Academy ("MCA") is to provide quality education in a Christian environment.

MCA equips its students, inside and outside the classroom, with the skills they need to excel in their future plans and goals. More importantly, through daily Christian education classes and prayer, we strive to develop in each MCA student the moral and ethical character upon which the futures of our communities, Nation, and world depend.

MCA Curriculum

- Language Arts • Mathematics • Science • Social Studies
- Christian Education • Spanish • Physical Education • Art
- Computers • Music

Extracurricular Activities

- Boys & Girls Basketball • Volleyball • Golf • Science Olympiad
- Elementary & Middle School Academics • MAIHCOUNTS
- Private Music Lessons • After School Tutoring & Care
- Summer Academic Camp

"The mission of Mountain Christian Academy is to provide quality education in a Christian environment."

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Prestonsburg, KY



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- Vacation Bible School
- Bible Study
- On-site Chaplain
- 24-hr. Chapel
- Tuesday, 10:15
- Wednesday, 10:15
- Thursday, 10:15/11:15
- Friday (3rd), 2:00
- Sundays, 2:00
- Neuromuscular re-education
- Therapeutic exercise
- Therapeutic activity
- Wheelchair management
- Gait training
- Orthotic and prosthetic training
- Ultrasound and electrical stimulation
- Adaptive equipment utilization
- Daily living re-education
- Orthopaedic rehabilitation
- Speech language and swallowing
- Cognitive retraining

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1. Follow the clues. A new clue will be printed in the Floyd County Times each publication day from Wednesday, February 27 to Sunday, March 23.
2. Each clue will be printed in paper only once. Previous clues can be found at Official Sponsor Locations. Clues are posted at Official Sponsor Locations 24 hours after each publication.
3. Discover the egg. The egg is located on public property in an easily accessible hiding place. No Fear Factor® stunts required!
4. Bring the egg and the enclosed certificate to the Floyd County Times Office at 263 S. Central Ave. Prestonsburg, between 9-5 weekdays, and you win \$500!
5. Employees of the Floyd County Times and their families are ineligible to win.
6. The Floyd County Times and the Official Sponsors are not liable for any injuries, damages, or losses resulting from your participation. Your attempt to locate the egg is acknowledgment that you agree and hold said parties harmless.

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Congratulations to Allen May, 8, left, Mackynzie Samons, 9, and Rylee Samons, 4, for finding "Little Junior" and winning \$200!

The Grand Prize Egg worth \$500 is still hidden. A new clue to its whereabouts can be found in today's paper. Past clues can only be obtained by visiting any of the sponsors on this page.

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