floydcountytimes.com



briefs

Governor orders flags at half-staff

FRANKFORT — Gov. Steve Beshear has directed that flags at all state office buildings be lowered to half-staff on Saturday, July 19, in honor of a Kentuckian who died July 8 supporting Operation Iraqi Freedom.

According to the Department of Defense, Specialist William L. McMillan III, 22, of Lexington, died in Baghdad, Iraq, of wounds suffered when his patrol was struck by an improvised explosive device. He was assigned to the 1st Battalion, 21st Infantry Regiment, 2nd Stryker Brigade Combat Team, 25th Infantry Division, Schofield Barracks, Hawaii

Specialist McMillan will be interred at Camp Nelson cemetery at noon this Saturday, July 19. The governor has directed that flags at all state office buildings be lowered to half-staff from sunrise to sunset on that day.

Gov. Beshear encourages individuals, businesses, organizations and government agencies to join in this tribute.

Flag status information is available at www.governor.ky.gov.



Federal prison guards indicted

by JARRID DEATON FEATURES WRITER

ASHLAND — Two correctional officers at the United States Penitentiary Big Sandy in Inez have been indicted by a federal grand jury in Ashland on charges of conspiracy to violate the civil rights of an inmate.

Larry Ray Miller, Jr., 32, of Hazard, and Christopher Fallen, 25, of Campton, are charged with conspiracy to violate the civil rights of a Big Sandy inmate, aiding and abetting each other in violating the inmate's rights and providing an inmate with a pocket knife.

According to the indictment, the two officers conspired to punish an inmate confined to the Special Housing Unit at the penitentiary. Reasons for placing an inmate in SHU include violations of Bureau of Prisons internal rules and regulations pertaining to inmate conduct.

Larry Ray Miller, Jr. was listed as the number one officer assigned to the evening watch of the SHU. According to the indictment, he had supervisory authority over other correctional officers on his watch and was responsible for the management, custody, care, and safety of the inmates in the SHU.

On Dec. 30, 2007, Miller allegedly learned that the inmate, listed in the indictment only as "M.L.T.," had assaulted a correctional officer during a forced cell extraction on the previous day. Miller allegedly cursed at M.L.T., banged on his cell door and told him that he could have him assaulted or killed for a carton of cigarettes. Miller also allegedly threw a bucket of mop water under the cell door and soaked M.L.T.'s bedding and clothing.

The indictment also lists an incident

(See INDICTED, page ten)

GETTING A NEW LOOK

Police probe fatal shooting

Times Staff Report

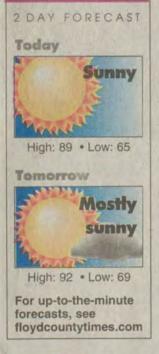
STAFFORDSVILLE — A Johnson County man is dead after a shooting Wednesday in Staffordsville.

According to a release by the Kentucky State Police, Anthony Wayne Phelps, 47, of Staffordsville, was found shot in his home.

When officers arrived at the scene, Phelps was being removed by medical personnel.

Phelps died as a result of the shooting at Paul B. Hall Medical Center.

Preliminary investigation of the incident indicates that the shooting was the result of domestic abuse.



inside

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Massey, ICG cited for WVa. fatal mine accidents

Layne Sheline, 3, of Robinson Creek, took advantage of the face painting booth at the health fair hosted by National

College in Pikeville on Thursday. Learn more about the fair in Sunday's Lifestyles.

by TIM HUBER AP BUSINESS WRITER

CHARLESTON, W.Va. — Safety violations by prominent eastern U.S. coal mine operators Massey Energy Co. and International Coal Group contributed to the deaths of two miners in accidents last May, West Virginia officials said Tuesday.

Each company has been cited, though fines have not been assessed yet, according to the state Office of Miners' Health, Safety and Training. Contributing violations can carry fines up to \$10,000.

Massey violated state mining regulations because no one cut off power to an electric-powered shuttle car before electrician Nathan Dove started repairs, state mine inspector Eugene White told the Board of Coal Mine Health and Safety.

The 24-year-old Dove, a certified mine electrician in three states, was electrocuted when he cut into a live wire on the shuttle car, which quit while loaded with coal it was to haul to the conveyer belt at Massey's Aracoma Alma No. 1 Mine. The Logan County mine was the scene of a fire that killed two miners in January 2006 and helped convince Congress to adopt sweeping mine safety legislation that year.

Though power should have been locked out so the vehicle couldn't be reenergized and it should have been tagged to alert miners that it was being repaired, neither was done, White said.

Massey spokesman Jeff Gillenwater said it's unclear why Dove, who had received "extensive" training on locking and tagging, didn't follow procedure.

"It is required and we are not sure why Mr. Dove did not lock and tag out this piece of equipment prior to working on it," Gillenwater said in an e-mail. "Electricians understand that it is their duty to lock and tag any piece of equipment they are working on."

Dove had locked another shuttle he was repairing shortly before the fatal accident, though it was not tagged, White said.

State inspectors also issued Massey eight citations for noncontributing violations found during the investigation.

ICG, meanwhile, was cited for two violations that state investigators say contributed to the May 30 death of apprentice miner Adam Lanham. The 18-year-old Lanham was working for an outside contractor when he was run over by a scoop hauling at ICG's underground Sentinel Mine in Barbour County.

photo by Jarrid Deaton

One citation charges an ICG foreman drove the scoop in an unsafe manner because he was too close to Lanham and allowed him to walk in front of the vehicle.

Lanham had been behind the scoop, but had walked around to the front when he was struck, state inspector Alan Lander said.

The other citation charges the foreman violated regulations by operating equipment while supervising Lanham, who had 33 days of mining experience. Regulations don't allow supervisors to operate equipment while supervising apprentices, Lander said.

ICG plans to contest the violations.

"International Coal Group disagrees with the West Virginia Office of Miners' Health, Safety & Training's findings of two contributory violations," spokesman Ira Gamm said in an e-mail. The deaths of Lanham and Dove

remain under investigation by the federal Mine Safety and Health Administration, a spokeswoman said. The shooting remains under investigation by the Kentucky State Police. No charges had been filed as of press time.

Preparations being made for MSU ride

by JARRID DEATON FEATURES WRITER

PRESTONSBURG — The sixth annual memorial ride to honor the memory of Dr. Margaret Lewis, the late director of Morehead State University's Prestonsburg campus, is scheduled for 10 a.m. on August 3.

Proceeds from the event will go toward the Lewis Scholarship Fund, a fund that was created to assist area students in attending Morehead State at Prestonsburg.

"We are very excited about the prizes that area businesses have donated," said Lula Bowling, director of MSU at Prestonsburg. "If past events are any indication, the riders have described the 160 miles as a great opportunity to enjoy the scenery and time on their bikes."

The ride will begin at the Prestonsburg campus and travel to the Morehead campus before returning back to Prestonsburg. Refreshment stops will be provided along the way and lunch

(See RIDE, page ten)



Beshear encourages 4-day weeks to save gas

by JOE BIESK ASSOCIATED PRESS

FRANKFORT - The governor is looking to cut commuting costs for Kentucky state employees by encouraging them to car pool and work four-day weeks when possible.

Gov. Steve Beshear, who often travels Kentucky in a gas-guzzling SUV. said Tuesday the moves also are aimed at easing traffic and across the state.

"Companies across the state are examining options to save their employees money and to reduce their impact on the environment," he said. "Here we have found two initiatives that are both creative and cost effective."

Beshear, a Democrat, said allowing employees to work four longer days rather than Managers in various state

demand on gasoline, which five eight-hour days should offices are also being encourhas risen to \$4 per gallon reduce their commuting costs by about 20 percent.

"Families across Kentucky are looking for relief," Beshear said. "We must be responsive and we must be innovative.'

Administration officials have set up a Web site for state employees aimed at hooking up prospective car poolers to share commuting expenses.

aged to take advantage of an existing regulation that allows people to telecommute or work flexible schedules. Beshear said. Telecommuting has gained traction year by year with advances in video conferencing, instant messaging and other communications technologies. Employers typically adopt it as a way to save money, boost morale and retain workers.

State offices will not see a drop in their hours of operation and not all employees will be able to move to a four-day week, Beshear said.

Less than 2 percent of the

state's 34,400 employees have taken advantage of the option to work four-day weeks, said Tim Longmeyer, deputy secretary of the Kentucky Personnel Cabinet. That number is expected to increase substantially, Longmeyer said.

Employees have been allowed to work flexible schedules for approximately seven years, and fewer than 500 have so far taken advantage, Longmeyer said. But that's likely to increase because it wasn't a priority for past administrations, said Beshear, who was elected last

Dozens of people on the

year.

governor's staff and about 56 percent of executive branch employees - about 6,000 people, live outside of Frankfort, Beshear said.

Millie Howard-Metcalf, a state employee from Louisville, has spent months trying to find someone to share her approximately 95-mile round trip to work each day. She posted a flier earlier this year, but has yet to find a permanent partner to car pool with, Howard-Metcalf said.

"I think it's great," Howard-Metcalf said of Beshear's plan. "It'll really help save a lot of money for a lot of state workers."

Governor wants energy plan for state

The Associated Press

FRANKFORT - Gov. Steve Beshear is planning a new energy policy for Kentucky he says should rely more on coal and aim at creating new jobs and renewable power sources.

Beshear says he expects and increase coal production Energy and Environment Secretary Len Peters to have the report finished by September. The Democratic governor says he wants the plan, among other things, to suggest ways for reducing Kentucky's reliance on energy

in the state. Beshear says he also wants

Kentucky to rely more on renewable energy such as wind and solar sources. Beshcar says the state should find ways to make Kentucky coal "cleaner and greener."



Obituaries

Hargus Preston "Press" Hughes

Hargus Preston "Press" Hughes, 85, of Prestonsburg, died Tuesday, July 15, 2008, at his residence.

Born in Floyd County, on June 11, 1923, he was the son of the late

Millard Franklin Hughes and Josie Wright Hughes. He was owner of Hughes Garage and was self-employed for 42 years. He was a member of the Long Fork United Baptist Church, in Riceville, for 50 years; and was a member of Zebulon Masonic Lodge No. 273, F&AM, Prestonsburg, for 60 years.

He was preceded in death by his wife. Mary Ruth Conley

Hughes, on February 11, 2005. Survivors include a son, Preston Keith Hughes of Prestonsburg; and numerous

nieces and nephews. Funeral services were held Thursday, July 17, at 10 a.m., at the Carter Funeral Home Chapel, with Elder John R. Pelphrey and Elder Eulas Adams officiating.

Interment, was in Davidson Memorial Gardens, in Ivel.

The family has entrusted arrangements to Carter Funeral Home. (Paid obiluary)

000 Floyd Paul Spradlin

Floyd Paul Spradlin, 73, of Prestonsburg, dicd Wednesday, July 16, 2008, at Highlands Regional Medical

Center.

Born January 13, 1935, in Floyd County, he was the son of the late James

E. Spradlin and -1911 Mary Adams C. Spradlin. He was employed by Mountain Comprehensive Care Center, in their greenhouse.

Survivors include a sister, Shirley Rice of Prestonsburg; and three nephews.

Funeral services will be held Friday, July 18, at 1 p.m., at the Carter Funeral Home, Prestonsburg, with Rev. Jimmy Baker officiating.

Interment at Rice Cemetery, Abbott Road, Prestonsburg.

The family has entrusted arrangements to the Carter Funeral Home. (Paid obituary)



ALLEN FAMILY CLINIC.

Eight years experience in primary care in local area.

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Is Suspected.

PRISCNER USCAPES

Located in Dr. Marshall, DMD, former office.

Our Yesterdays

The Floyd County Times reported in its September 3, 1937, issue that work was ready to begin on Prestonsburg's new grade school building. COUNT

IDENTIFICATION

OF SUSPECTED

SLAVER FAILS

Man Arrested As Sher-

man Early Brought

From Kansas

Front Page of The First Issue of The Floyd County Times. Printed June 19th, 1927

Fiscal Court Lets

Plans Road For Other Sections Of County SUE CONPANIES

Big Wud Contract

SUBVEY BEGUN

You never know what you

"Our Yesterdays," printed each Wednesday in The Times.

10 in Gold Reward for Ers Identity of Slayer Un-certaint Warnie Cline

might be missing, if you are not reading

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Vaccinated on Beaver

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RED CROSS

Established in Five

Towns. WET SEASON, BANE

Are

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Health Centers

V. D. Steele and Wife

For the Record

Marriage Licenses

Anna Sue Samons, 33, of Martin, to Joseph Michael Rosso, 34, of Martin.

Jennifer Lee Smith, 21, of Sidney, to Joe Howard, 29, of Dana

Rebecca Jane Spurlock, 23, of Prestonsburg, to Josephy Bradley Ratliff, 23, of Martin.

Brittany Nocl Crisp, 20, of Martin, to Jeffrey Douglas Goble, 22, of Hager Hill.

Latasha Kaitlyn Tackett, 22, to Harold Benjamin Ballard Akers, 23, of Harold.

Melissa Leahann Sparkman, 27, of Hi Hat, to Shannon Pierce Prater, 29, of Hi Hat.

Jill Anne Goble, 32, of Prestonsburg, to Micheal Dean Delong, Jr., 36, of Van Lear.

Mary Catherine Adkins, 33, of Pikeville, to Doff Junior Justice, 38, of Pikeville.

Laura Ann Mullins, 22, of render revoked license, no seat McDowell, to Anthony Gene Hall, 25, of McDowell.

Charges Filed Robin R. Prince, Allen, 36, second-degree forgery, theft by unlawful taking over \$300.

Jennifer Marie Akers, Teaberry, 28, first-degree wanton endangerment.

Jessie Akers, Teaberry, 31, first-degree wanton endangerment.

Larry Trever Fraley, Inez, 25, theft by unlawful taking over \$300.

Christopher T. Miller, Hi Hat, 24, improper signal, no/expired registration, no/expired registration receipt, operation of a motor vehicle under the influence, failure of non-owner to maintain insurance, driving on a DUI suspended license, failure to surbelt, failure to notify department of transportation with address change, first-degree possession of a controlled substance, controlled substance not in original container.

Rhca L. Paulcy, Prestonsburg, 42, theft by failure to make required disposition over \$300.

Deloris Slone, Wheelwright, 43, first-degree wanton endangerment, third-degree derroristic threatening.

Ruthe Christine Mitchell, Martin, 27, theft by unlawful taking under \$300.

Ernest Reed, Lackey, 49, alcohol intoxication in public, disorderly conduct.

Lucinda Slone Ashley, Wayland, 40, giving a false. name or address. Tina

Hall, Kay

Prestonsburg, 41, harassment. Kayla Hall, Prestonsburg, 19, harassment.

Jenny Marie Burchett, Auxier, 33, intentional breach of compulsory attendance.

Brenda Lyn Conn, Prestonsburg, 44, seconddegree wanton endangerment.

Azzie J. Hall, Printer, 36, alcohol intoxication in public.

Property Transfers

Bartley Price Bartrum to Debra Rose and Roger Rose; Bucks Branch.

Flora Grace Bartrum to Debra Rose and Roger Rose; Bucks Branch.

Brenda Kay Benitez to Glen Gibson; Auxier Heights Subdivision. Christopher Benitez to Glen

Gibson; Auxier Heights Subdivision. Elman Blair to Debra Rose and Roger Rose; Bucks

Branch. Mavis Ann Blair to Debra Rose and Roger Rose; Bucks

Branch.

Ellis Branham to Melissa Branham Casebolt; Big Mud Creek

Gertrude Branham to James Franklin Porter; property not listed.

Gertrude Branham to Phyllis Porter; property not listcd.

Virginia Branham to Melissa Branham Casebolt; Big Mud Creek.

Elizabeth Howard Briggs to Uriah Bement Coal, INC.; Goose Creek.

Community Trust Bank to Glen Gibson; Auxier Heights Subdivision.

Joe Cooley, Jr. to Timothy R. Martin; Lancer.

Linda Cooley to Timothy R. Martin; Lancer.

Jenna Crum to Debra Rose and Roger Rose; Bucks Branch.

Jocanna Grace Crum to Debra Rose and Roger Rose; Bucks Branch.

Micheal Crum to Debra Bucks Branch.

Rose and Roger Rose; Bucks Branch.

Kenneth Donta to Mattie Donta; Allen.

Mary Donta to Mattic Donta: Allen.

Barbara Jo Flanery to Debra Rose and Roger Rose; Bucks Branch.

Jessie Calvin Flanery to Debra Rose and Roger Rose; Bucks Branch.

Joan S. Flanery to Debra Rose and Roger Rose; Bucks Branch.

Parley Bryan Flanery, Jr. to Debra Rose and Roger Rose; Bucks Branch.

Billy James Flannery to Debra Rose and Roger Rose; Bucks Branch.

Judy Flannery to Debra Rose and Roger Rose; Bucks Branch.

Deseree Hall to Debra Rose and Roger Rose; Bucks Branch.

George Michael Hall to Debra Rose and Roger Rose;

Drug abuse treatment saves Kentucky millions

LEXINGTON - Publicly funded substance-abuse treatment programs in Kentucky reduce substance use, decrease criminal activity and increase employment, resulting in net savings more than \$10 million per year to the state's taxpayers, according to a report issued today by the University of Kentucky Center on Drug and Alcohol Research (CDAR).

The center annually conducts the Kentucky Treatment Outcome Study (KTOS) for the Kentucky Division of Mental Health and Substance Abuse to examine whether publicly funded treatment accomplishes intended goals. Kentucky is one of only a few states to systematically examine the benefits of treatment, both in terms of client gains as well as reduced costs to society, Robert Walker, the study investigator, said.

"This type of follow-up study enables us to quantify exactly how well the state's reduction in the number of state-funded treatment in light arrests and nights in jail at folintake.

Slightly more than 70 percent of follow-up clients reported alcohol abstinence 12 months after treatment, a 45.8 percent increase from intake.

Almost 90 percent of clients reported abstinence from illegal drugs 12 months after treatment, a 70.1 percent increase in abstinence from intakc.

Full-time employment increased 65 percent from intake to follow-up, and unemployment decreased by 49.8 percent. Average monthly income from wages increased 109.7 percent, from \$445 at intake to \$933 at follow-up.

There was a 65.9 percent reduction in the number of clients reporting arrests within the past 30 days at follow-up and a 48.2 percent reduction in the number reporting arrests within the past 12 months. Drug-related arrests were

of estimated reductions in low-up when compared to costs to the public resulting from crime and unemployment. The reductions in arrests translate into savings of over \$10 million and, when adding in the tax revenues from increased employment, there is an estimated benefit-to-cost ratio of about 5 to 1. That is, for every dollar spent on treatment, there is a \$4.98 cost offset in crime, incarceration, and unemployment. These costsavings findings have been consistent for the past five

"In light of Kentucky's current budget crisis, policymakers should take some comfort from the public gains resulting from substance abuse treatment," Walker said.

The Kentucky Division of Mental Health and Substance Abuse uses the KTOS data to affirm the importance of community-based substance abuse treatment in Kentucky. The division has contracted with



PRESTONSBURG

treatment programs are doing," Walker said. "The overriding message here is that treatment works and that it is a cost-effective means of addressing the problem of substance abuse."

Unlike most studies of treatment effectiveness, KTOS examines the outcomes of treatment as it is provided in community practice. Treatment providers are not instructed to use a specific intervention or clinical approach. Services include a wide array of outpatient, intensive outpatient and residential types. Data are collected at intake, and a sample of former clients are selected for followup interviews after 12 months.

This year's report includes follow-up data on a sample of 906 substance abuse treatment clients in Kentucky who consented to participate and who were in treatment between July 2005 and June 2006. The findings suggest important gains in reported abstinence, reported by 67 percent fewer clients 12 months after treatment.

KTOS examines the cost of state-funded services.

UK's CDAR for the past 15 years to conduct several studics of the effectiveness of

Baby boomers in Ky. not retiring

The Associated Press

LOUISVILLE - Many baby boomers aren't retiring in Kentucky.

Census data show older workers are one of the fastestgrowing segments of the state's work force.

University of Louisville demographer Ron Crouch told The Courier-Journal the state has a growing older work force and a decline among younger workers.

U.S. Census Bureau statistics show 111 of Kentucky's

in the percentage of workers over 55 years of age.

The report covers the period from 2001 to 2004.

Education Kentucky Cabinet labor market analyst Justine Detzel said companies will be faced with large decreases not only in personnel, but in experience as older workers eventually retire.

American Heart Association.

Choose

Healthful





THE FLOYD COUNTY TIMES

Worth Repeating ...

How my achievements mock me!

- William Shakespeare

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

empoint

Listeria

Botulism Hepatitis A

3-4 SERVINGS

Guest View **Editorial roundup**

The Dallas Morning News, on immigration:

Sens. John McCain and Barack Obama must know by now that they can't campaign for president while skirting one of the most pressing but divisive issues on voters' minds: illegal immigration.

Last week's convention of the League of United Latin American Citizens, at which both candidates spoke, reminded everyone that an unavoidable political time bomb awaits the next administration.

Mr. McCain, once a leading advocate of comprehensive immigration reform, made clear that he has reordered his priorities by saying that border security must come first.

Since securing the border will take years to complete, his plan could delay comprehensive reform indefinitely. He is justifiably nervous about alienating his conservative base, which opposes the reform legislation he once championed.

Mr. Obama was quick to point out Mr. McCain's switch in emphasis. But attacking Mr. McCain doesn't necessarily help the Democrat.

He faces pressure from labor unions, which fear that comprehensive reform will open the door to cheap labor and suppress American workers' wages.

Both candidates also are trying hard not to alienate the nation's estimated 7.6 million Hispanic voters, who could easily sway the election's outcome. .

This newspaper wants a president who pledges to address comprehensive immigration reform including border security without delay. ..

Montrose (Colo.) Daily Press, on Rev. Jesse Jackson's comment on Sen. Barack Obama:

It's hard not to be put off by the way so many trivialities are given prominence during an election year. Taken to extremes, such focus is harmful, because it elevates those trivialities to major issues at the expense of real ones.

The most recent example hitting the airwayes? The Rev. Jesse Jackson's comments about presidential hopeful Barack Obama.

Jackson shot his mouth off, Äî shocking, we know, Äî about Obama recently, after first accusing him of "talking down to black people."

Jackson made a crude statement about what he'd like to do with the senator's privates and later apologized, saying he didn't know the mic was still on.

Here's all the analysis this merits: Jackson said something not appropriate in polite conversation, let alone for a public figure. ...

Here's the analysis it's getting: Has Obama changed since cinching the Democratic nomination? Is he just a politician? What about race in his campaign?

The answer to the first two questions is a resounding "Duh." The other one has been asked since Day 1 of his candidacy, and it's been constant, so other assertions that Jackson's slip-up has "revived" the issue don't really hold water.

Also irritating are questions about whether Jackson is somehow "just jealous" about Obama's rise to national prominence, which has eclipsed his. This type of questioning serves no practical purpose.

Bruilder Camerardo 7/16/08. Crie ATOPIS S VADICATE Food Contamination Pyramid

Government Oversight USED SPARINGLY

Meat, Poultry and Fish Group Mad Cow Disease E. Coli Contamination **Mercury Poisoning Dioxin Exposure** 2-3 SERVINGS

Nuts Group Anti-Regulatory Ideologues Budget Cutback Proponents **Bush Administration** Food Industry Lobby 2-4 SERVINGS

> Salmonella Group Tomatoes Peppers Cilantro Spinach Cheese Peanut Butter Etc., Etc., Etc. **6-11 SERVINGS**

Guest column

Don't rely on rumors

Uninspected Imported Products 2-3 SERVINGS

by BALLARD W. CASSADY JR. PRESIDENT & CHIEF EXECUTIVE OFFICER

KENTUCKY BANKERS ASSOCIATION

On behalf of Kentucky's banking industry, and on behalf of the Kentucky Bankers Association's member banks and thrifts doing business in Kentucky, I want to take an opportunity to address consumer concerns and, hopefully, to alleviate fears and answer questions.

There has been a lot of local and ing market crisis the IndyMac Bank issues and the state of the banking industry in general. While there is no doubt that we are in difficult financial times, we still have to keep the problems in perspective. We are, right now, entering an economic environment that is as bad as we have seen in more than 30 years, during which time Americans have had the good fortune to live in a growing economy. And, that growing economy has left us in a pretty good position, from a banking industry perspective, to weather a downturn. The growing economy has allowed banks to grow capital, which in turn allows banks to invest in their communities through increased business and consumer loans. Increased business loans help stimulate business growth, which in turn stimulates economic health. This is exactly what has been and is happening in Kentucky. Kentucky banks, unlike some other lenders, have been more responsible in their lending practices and are not saddled with the burden of controlling high defaults on risky loans.

historically recognized by the FDIC as one of the highest ranking markets for bank safety and soundness.

Since the creation of the FDIC in 1933, there have only been 2 years with no bank failures - 2005 and 2006. There have been more than 3500 failures nationwide since 1934. Even though there are bank failures almost every year, there have only been 44 in Kentucky since 1934 (22 of which were before 1940) and none since 1991.

Of course, such statistics provide little comfort to people whose dollars are already being squeezed from so many different directions and they are looking for reassurance that THEIR BANK and THEIR MONEY syndicated press relative to the hous- are safe. So, it is important to remember that Kentucky banks have always prided themselves on being there for their customers and communities. Kentucky banks take their position as key figures in the local economy seriously and will do whatever they can to ensure that safety and soundness are not compromised. Our families are part of those communities as well bankers are your neighbors.

rupt." It means that the regulators, including the FDIC, are sufficiently concerned about the particular bank's operations that they take control of the bank and manage its operations until such time as the regulators are certain that it can maintain safety and soundness. Under such action, it is possible that customers will suffer no losses at all, even on deposits in excess of FDIC insurance amounts.

Each customer is guaranteed a certain amount of FDIC insurance at each FDIC insured bank where he or she has accounts (which fully guarantees your deposits, at no cost to you, up to insurance limits). To understand FDIC insurance, in the simplest form, an individual is insured for \$100,000 per bank on individual deposits. That same customer can have an additional \$250,000 coverage on certain retirement funds and an additional \$100,000 coverage on funds held in joint accounts and, if named as a benefficiary on certain types of trusts, the same person can have an additional \$100,000 in FDIC insurance. Those limits apply at each bank that you hold deposits separately - thus, you might have more than \$550,000 in FDIC insurance coverage at each separate institution where you have deposits. In addition, your bank may carry private insurance for deposits in excess of FDIC limits. The best way to determine if your deposits are covered is to check with your bank. The vast majority of individual customers are sufficiently covered by FDIC limits. The issue of safety and soundness of your bank and your money is not a simple one, and you should not rely on rumor, fear or mass media reports for making serious financial decisions - in good times or in bad. Talk to your banker if you have concerns. They are there to help.

Does Jackson's gaffe merit some coverage? Sure. Exhaustive analysis? Hardly. ...

The Post and Courier, Charleston, S.C., on health care:

Americans who pin their hopes on universal health care should reflect on the recent Medicare debate in Washington, and ask themselves, "Is this how I want my health care decisions made?"

The Senate recently passed a bill, previously approved by the House, that would pay for cancelling previously enacted cuts in compensation for physicians. It will do so by reducing payments to insurance companies offering medical services under a program known as Medicare Advantage. Though the White House, and both of our state's senators, opposed the measure, the large margins in both chambers appear to make it veto proof. .

The nation's health care system is only as good as its doctors. But doctors are leaving Medicare practice in droves. A study at Harvard Medical School says the nation's shortage of primary care physicians is being made worse by a Medicare fee schedule that overcompensates specialists and underpays primary care doctors. ...

If the current dispute can tie the nation's most popular federal health care program in knots and bring the lobbyists out of the woodwork, think what would happen when hundreds of billions of dollars are at stake, as they would be under a single-payer system. This instructive episode doesn't strengthen the case for expanding government's role in health care.

FLOYD COUNTY

Published Sunday, Wednesday and Friday each week

263 SOUTH CENTRAL AVENUE PRESTONSBURG, KENTUCKY 41653 Phone: (606) 886-8506 Fax: (606) 886-3603 www.floydcountytimes.com

USPS 202-700 Entered as second class matter, June 18, 1927, at the post office at Prestonsburg, Kentucky, under the act of March 3, 1879. Periodicals postage paid at Prestonsburg, Ky.

> SUBSCRIPTION RATES PER YEAR: In Floyd County: \$59.00 Outside Floyd County: \$76.00

Postmaster: Send change of address to: The Floyd County Times P.O. Box 390 Prestonsburg, Kentucky 41653

MANAGING EDITOR PUBLISHER Ralph B. Davis Joshua Byers web@floydcountytimes.com jbyers@heartlandpublications.com

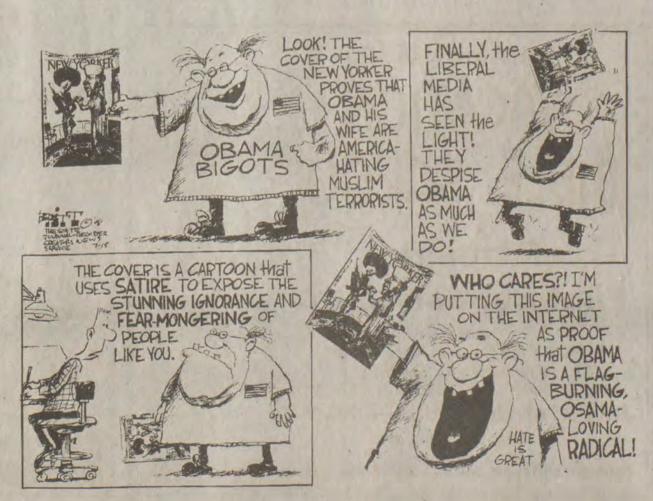
> ADVERTISING MANAGER amie Vanhoose advertising@floydcountytimes.com

For those customers who still fear for the safety of their savings dollars, make sure that you understand how FDIC insurance works: Here are some key points to remember:

Money in the bank is still one of the most secure ways to save. Mutual funds and other investments are not FDIC insured and are subject to market fluctuations. Funds held in investment accounts may actually be less secure during disruptive economic times than more traditional savings.

The FDIC was created to protect consumers and the banking industry. The FDIC holds more than \$52 billion in assets to protect bank depositors, and that amount increases regularly through banks' assessments.

A bank "failure" does not neces-Kentucky banks are regularly and sarily mean that the bank is "bank-



Odds & Ends

MIAMI — A Miami man who held up a McDonald's at gunpoint in 1994 is now promoting the restaurant's signature sandwich in song.

Tamien Bain is among five finalists in the fast food chain's contest for a new jingle promoting the Big Mac.

Bain was arrested on Memorial Day 1994 for the holdup. He served 12 years in prison, where he became interested in making music.

The 29-year-old Bain says he was up front with contest officials about his past when applying for the MySpace.com/BigMacChant competition.

The public has until Sunday to vote. The winner gets a trip to Los Angeles and their song featured in a national McDonald's ad.

LOUISVILLE Landon Wilburn, 11, has a future as a cop — a traffic cop.

The youngster, who used to shout at speeders to slow down as they drove through the Stone Lakes subdivision in Louisville, now has taken matters into his own hands.

Dressed in a reflective vest, wearing a bicycle helmet and armed with an orange Hot Wheels brand radar gun, he points and records the actual speed of passing traffic.

Landon also carries a flashlight with a built-in sircn.

"When I saw it happening, I got the biggest kick out of it,' said resident George Ayers, 61. "People were locking up their brakes when they saw him."

Many in the subdivision are frustrated that motorists tear through the neighborhood at 55 mph despite signs posting a 25 mph limit.

Officials said the city will install speed humps in the neighborhood if 70 percent of residents agree and are willing to put up half the money.

APPLETON, Wis. - A woman accused of planting a dead lab rat in restaurant food and demanding \$500,000 to keep quiet was charged Monday with one felony count of extortion.

Debbie R. Miller, 41, of Appleton, also faces misdemeanor counts of disorderly conduct and resisting an offireflected Miller's lack of a criminal record.

"The defendant may have some physical or mental issues and has no warrant history," Figy said. "But the allegations are rather disturbing."

Online court records did not list a defense attorney for Miller, who is due back in court Thursday for further proceedings. The extortion charge carries a maximum penalty of 3 1/2 years in prison.

STOCKHOLM, Sweden Record-high gasoline prices have stirred up anger and anxiety around the world. But in a small village in northern Sweden, retiree Tore Blomqvist is happily cruising around in his car.

Blomqvist, a 78-year-old former mechanic, said he recently cut his fuel costs by some 86 percent by using the same type of fuel he employed to cope with the gasoline shortages of World War II: wood gas.

Swedes commonly used wood gas during the war, when fuel was sparse and expensive. Wood gas is produced by burning wood in a container in the back of the car.

"I am an old man and I grew up using wood gas," Blomqvist said Wednesday. "It seemed suitable to start using it again now when the fuel prices are so high."

Blomqvist said the technology works well, although it takes a little extra time to get the engine started. "It depends on how dry the wood is," he said.

But he said the savings were worth it: a recent 300mile drive from the village of Dala-Jarna in central Sweden to his home in Odland in the north cost him only four bags of wood, or 100 kronor, about \$17.

In comparison, the same journey on gasoline would have cost him around 700 kronor — \$118.

On Wednesday, crude oil traded at \$133.64 a barrel, about 80 percent higher than a ycar ago.

MEXICO CITY Mexico City police say they have detained a man who allegedly tried to use a fake CIA badge to enter the U.S. Embassy to seek work as a dri-

Police say they detained 47-year-old Israel Cortes after he cut to the front of the line at the embassy by showing a fake CIA hadge supposedly signed by U.S. Ambassador Tony Garza.

A U.S. Embassy official confirmed Monday's detention, but declined further comment

Police say Cortes acknowledged making the false ID as well as a phony recommendation letter signed by an alleged U.S. diplomat, because he wanted to apply for a job as a driver.

HOBART, Ind. - Police officer Tim Pochron's first day on the job went poorly: Less than a half-hour into it, his squad car was wrecked in a crash.

Pochron was inside his house at 12:29 a.m. Monday when someone hit his new squad car parked outside, as well as a tree, police said.

"Pochron was 29 minutes into the first day of his new job when his parked squad car was struck," Lt. Steve Houck said. The driver tested positive

for drugs, was arrested and taken to a hospital, police said.

Pochron, 26, was sworn in last week. He was supposed to work the morning shift Monday. Instead, he spent the morning filling out paperwork at the police station.

The force of the crash bent the rear axle of the squad car. Deputy Chief Jeff White said the car can be repaired, though he's not sure how much it will cost.

Pochron "was just heartbroken," White said.

ALICE, Texas - A former small-town South Texas mayor accused of secretly keeping her neighbors' dog after telling them the pet died has reached a plea deal.

Grace Saenz-Lopez pleaded no contest Tuesday to filing a false police report, a misdemeanor. Under terms of the deal, she'll pay a \$300 fine and serve 48 hours of community service and two years of probation.

Saenz-Lopez, the former mayor of Alice, had claimed the Shih Tzu named Puddles died last year while she was pet-sitting for neighbors Rudy 'Gutierrez and Shelly Cavazos. Three months later, however, a relative of the neighbors saw the dog, renamed Panchito, at a grooming business.

Saenz-Lopez insisted that Gutierrez and Cavazos had neglected the animal, but state District Judge Richard Terrell in McAllen ordered her in April to return the dog.

Saenz-Lopez had faced two felony counts of tampering with evidence and concealing evidence for hiding the dog with her sister and reporting it as missing. Her sister, Gracy Garcia, was indicted on a count of concealing evidence. Those charges were dropped under the plea deal.

Saenz-Lopez resigned as mayor in February once a recall petition began circulating. She had held the office since 2003.

🖬 TAMPA, Fla. — A Tampa bride-to-be who defied doctors' expectations after being told she had a year to live four years ago has celebrated another victory - she and her fiancee won a \$100,000 dream wedding.

Courtney Dempsey, 33, and Gary Courtney, 37, were among 40,000 couples who entered US Magazine's wedding contest. The prize includes a dress and honeymoon

"We're beyond thrilled. We're actually in a state of shock right now," Dempsey said Tuesday.

Dempsey was diagnosed with late-stage melanoma four years ago and doctors told her she had less than a year to live. She survived beyond that and began dating Courtney. But soon after, doctors said she needed a double mastectomy.

Courtney asked Dempsey to move in with him so he could help her recover.

Now the couple is planning a September wedding.

As for her married name, Dempsey says she'll follow tradition and take her groom's name, meaning she'll go by Courtney Courtney.

"I love it," she said. "I'm in sales. No one will ever forget my name."

SEATTLE — Seattle's

five problem-plagued public toilets could be yours if you're flush.

City officials decided to pull the plug on the multimillion-dollar self-cleaning toilet stalls and instead put them on the auction site eBay.

Starting bids are \$89,000 apiece.

Neighbors and city-commissioned analysts said the unisex facilities attracted drug users and prostitutes, and were less cost-effective than regular public restrooms.

On May 19, the City Council voted to remove the problem toilets. Council President Richard Conlin said although people were using the high-tech, self-cleaning silver stalls, they also fostered illegal behavior, such as prostitution and drug use.

The German-made automatic, high-tech toilets were installed in 2004 and have cost the city about \$5 million. Each

has handsfree washing and drying ability and an emergency button that automatically dials 911.

The automated doors on the impact- and graffiti-resistant toilcts will close Aug. 1, said Andy Ryan, a spokesman for Seattle Public Utilities. The auction will last for 10 days.

As of Thursday morning, none of the toilets had received any bids.

SPANAWAY, Wash. -The honor system is barely staying atloat at a lake in this Tacoma suburb.

Twenty life jackets were made available to be borrowed - and returned - by swimmers at Spanaway Lake, which has no lifeguards.

Within four days of the June 27 dedication ceremony, only two were left in their cabinet, said Matt Holm, assistant chief of Central Pierce Fire and Rescue.

The fire district bought 20 more life jackets, thanks to a donation from a couple whose grandchildren had been able to swim because of the program.

The new jackets were put in the cabinet on July 8 - and by Monday morning only five were left, Holm said.

Other parks in Pierce County have similar programs, Holm said, but they have lost only a few life jackets over the course of an entire summer.

VACATION

BIBLE SCHOOL



CCT.

Miller claimed to find the rat in her lunch April 17 as she ate at the upscale Seasons Restaurant in Grand Chute, according to the criminal complaint.

She threatened to alert the media unless the owners paid her \$500,000, the complaint said.

The owners turned the rat over to their insurance company. Investigators there determined the rodent was a white laboratory rat, the complaint said.

Tests also suggested the rodent had been cooked in a microwave, but the restaurant doesn't use microwaves in cooking.

Miller said the incident caused her to seek unspecified medical treatment. She was being held Monday in the Outagamie County jail in lieu of \$1,500 cash bond.

Court Commissioner Brian Figy said the bond amount July 19, 2008

8:00-8:30 a.m. Wayland Post Office Old Estill Stop and Shop 8:35-9:05 a.m. 9:10-9:40 a.m. Lackey Post Office 9:45-10:15 a.m. Garrett Post Office Hitching Post, Hueysville, KY 10:20-10:50 a.m. 11:00-11:30 a.m. Old Hippo Post Office 11:45-12:45 a.m. Maytown Community Center Bill Woods' Grocery (Allen) 2:00-2:30 p.m. 2:35-3:05 p.m. **Dwale Post Office** 3:35-4:05 p.m. Allen Happy Mart (Exxon) 4:10-4:40 p.m. Velocity Market (Betsy Layne) 5:10-5:40 p.m. Harold Marathon Kwick Mart

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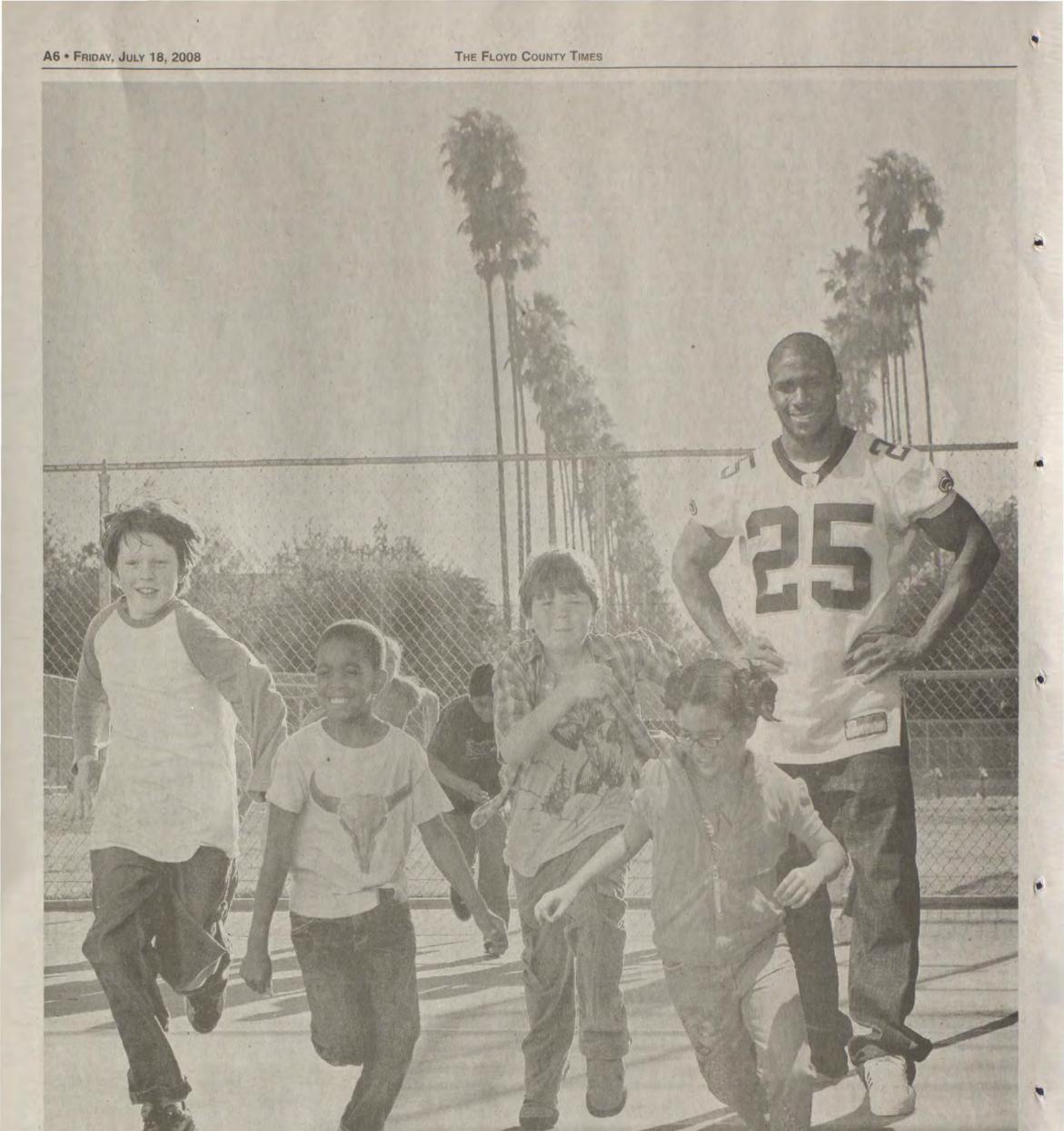
> www.helpyourcommunity.org or 1-877-KIDS-313

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SIPPING IN STYLE

ial-lea

Summe

FAMILY FEATURES







ummer has always been the season for fresh brewed iced tea, and now there are more ways than ever to enjoy this popular, and healthy, beverage. With new, younger fans discovering the unique flavors and varieties available, it's easy to take this delicious brew from simple to special.

And, consumers can feel good about increasing their consumption of tea - during summer and all year long. Bob Greene, exercise physiologist, fitness author, and Oprah's personal trainer, recommends Lipton® Tea as part of his Best Life Program. "Tea, when consumed on its own without milk or sugar, not only tastes great but contains virtually no calories," he says. "This means that tea is an excellent accompaniment to a healthy balanced diet and lifestyle, and to a weight management program."

Tea is not only delicious; research shows that tea has significant health benefits, many of which are not well-known:

- Tca is a natural source of antioxidants called flavonoids, which help to reinforce the natural defenses of the body.
- Tea, which is naturally calorie free, is an ideal beverage choice to help people reach their daily fluid intake needs.

A number of studies have looked at the possible health benefits of drinking tea. The Lipton Institute of Tea is dedicated to researching and bringing new science to light as it emerges.

So, if you're looking to surprise family and friends this summer with exciting new beverages, Lipton has some terrific twists on traditional iced tea. For cool summer sipping, dress up favorite flavors with fruit to make Slushies or Frosteas for the kids. Adults will enjoy the more sophisticated flavors of Sangria Tea or Mo-Tea-Tos and some unexpected twists on lemonade.

Take advantage of the many refreshing flavors and benefits of your favorite tea and sip away the summer in style.

For more about tea, and more recipes, visit www.liptont.com.

Mint-Tea Lemonade

5 servings Prep Time: 10 minutes Brew Time: 5 minutes

Rosemary-Laced Lemonade Tea

4 servings

Prep Time: 5 minutes Chill Time: 1 hour

1 bottle (16 ounces) Lipton Pure



Strawberry Frostea

Basil Mo-Tea-Tos

4 servings Prep Time: 10 minutes

> 1 large lime, quartered 6 large fresh basil leaves

1

- 1/4 cup sugar
- bottle (16 ounces) Lipton **Pure Leaf Green Tea** with Honey
- 1 cup light rum
- 1 cup chilled seltzer

In glass pitcher, squeeze lime, then add basil and sugar. With wooden spoon, thoroughly crush against side of pitcher; add lime rinds. Stir in tea and rum. Just before serving, add seltzer and pour into ice-filled glasses. Garnish, if desired, with additional basil leaves.

Strawberry Frostea

6 servings Prep Time: 10 minutes

- 4 cups ice cubes 1 pint strawberries, hulled and sliced 3/4 cup Lipton Lemon Iced Tea Mix
- 1/2 cup water

In blender, combine all ingredients. Process until smooth. Serve in tall glasses and garnish, if desired, with fresh mint sprigs.

Mango Tea Slushie

4 servings

- Prep Time: 5 minutes
- 1/3 cup Lipton Green Tea with Honey & Lemon
- Iced Tea Mix* 1 can (12 ounces) mango
- or papaya nectar 1/3 cup water
- 4 cups ice cubes

In blender, add all ingredients; process until smooth. Serve immediately. Garnish, if desired, with mint.

*Use more if a sweeter flavor is desired.

Sparkling Sangria Tea 8 servings Prep Time: 15 minutes Chill Time: 2 hours

Mint-Tea Lemonade

- 3 cups boiling water
- 2 Lipton Family Size Tea Bags or 5 Lipton
- Cup Size Tea Bags 1/3 cup sugar
 - cups chilled purple grape juice
- medium orange, sliced
- 1 medium lemon, sliced
- medium lime, sliced Chilled club soda

In teapot, pour boiling water over tea bags; cover and brew 5 minutes. Remove tea bags and squeeze; stir in sugar and cool.

In large pitcher, combine tea with remaining ingredients except soda; chill at least 2 hours. Just before serving, add a splash of soda. Pour into icc-filled glasses and garnish, if desired, with additional orange, lemon and lime slices.

White Tea Island Mango & Peach Sangria

8 servings Prep Time: 15 minutes Brew Time: 5 minutes Chill Time: 2 hours

- cups boiling water
- Lipton White Tea with 6
- **Island Mango** & Peach Flavors
- **Pyramid Tea Bags**
- 1/4 cup sugar
 - cups pineapple juice
 - cup sliced mango
 - cup raspberries
 - cup sliced peaches
 - cup dry white wine
- 1/4 cup orange liqueur

Pour boiling water over tea bags; cover and brew 5 minutes. Remove tea bags and squeeze, then stir in sugar; chill.

In large pitcher, combine tea with remaining ingredients. Chill 2 hours.

Mango Tea Slushie

2 cups boiling water

- 6 Lipton Bedtime Story Caffeine-Free Herbal **Pyramid Tea Bags**
- 1/4 cup sugar
- cups prepared lemonade small lemon, sliced 1

Pour boiling water over tea bags; cover and brew 5 minutes. Remove tea bags and squeeze. Stir in sugar until dissolved; cool.

In pitcher, combine all ingredients. Serve over ice.

Leaf White Tea with Tangerine

- 2 cups chilled lemonade
- 2 large sprigs fresh rosemary (about 6 inches each)

In glass pitcher, combine all ingredients. With wooden spoon, crush rosemary against side of pitcher. Chill at least 1 hour. Serve in icc-filled glasses and garnish, if desired, with additional rosemary.

Variation: For a refreshing summertime cocktail, stir in 1/4 cup vodka.

Rosemary-Laced Lemonade Tea



Sparkling Sangria Tea

White Tea Island Mango

& Peach Sangria



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ASSEMBLY OF GOD

First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister.

In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.

New Bethel Assembly of God, Burning Fork Rd., Salyersville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister

Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m., Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

BAPTIST

Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Amold Turner, Minister,

Auxier Freewil Baptist, Auxier, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 pm.; Thursday, 7 p.m.; Bobby Spencer, Pastor.

Ball Branch Regular Baptist Church, Mousey Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor. Contact Kermit Newsome 606-377-6881 for more information.

Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister,

Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.

Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m.; Vera Joiner, 886-3863, ext. 67267

Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister

Brandy Keg Freewill Baptist, Com Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister. Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister,

Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.

Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathon Lafferty, Minister

Daniels Creek Baptist Fellowship Church of God, Banner. Services: Saturday night. 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.

Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister.

Endicott Freewill Baptist, Buffalo; Sun. School, 10 a.m.; Church every Sun. Moming 11:00 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; First Sat. evening Service, All Welcome 7 p.m. Pastor Mark Hunt. 606-478-2698

Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wireman

Faith Freewill Baptist. 1/4 mile above Worldwide Eqpt. on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Elder Donnie Patrick and Buddy Jones, Ministers. First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11

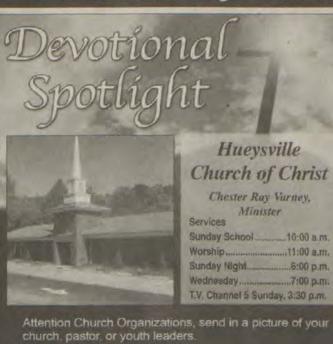
a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11

a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

First Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minister.

Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service,

11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed. Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7: p.m.



Wednesday, 7 p.m.; Chuck Ferguson, Minister.

Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.

Trimble Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m., Youth Services 7 p.m.; Everyone Welcome.

United Community Baptist, Hwy. 7, Hueysville; Worship Service, 2 p.m.; Friday, 7 p.m.; Carlos Beverly, Minister.

Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferrari, Minister.

CATHOLIC

St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday.; Father Robert Damron, pastor. CHRISTIAN

First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.

Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.: Wednesday, 7 p.m; Sherm Williams, Minister.

CHURCH OF CHRIST

Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.

Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.

Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister,

Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Hueysville Church of Christ; Sunday School, 10 a.m.: Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister

Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonie Meade, Minister.

Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Martin Church of Christ, Martin; Sunday School. 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m. Gary Mitchell, Minister,

Maytown Church of Christ, 66 Turkey Creek Rd., Langley, Sunday Bible Study 10:00 a.m., Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible Study 6:00

10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor

Drift Pentecostal, Drift, Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.

Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister

Free Pentecostal Church of God, Weeksbury: Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John "Jay" Patton, Minister.

Free Pentecostal Deliverance, Ext. 46 off Mt. Parkway at Campton; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Crider, Minister.

Free Pentecostal Holiness, Rt. 122, Upper Burton: Sunday School, 11 a.m.; Worship Service, 6 p.m; Friday, 7 p.m.; Louis Sanlan, Minister; David Pike, Associate Minister

Goodloe Pentecostal, Rt. 850, David; Worship Service, 6 p.m.; Malcom Slone, Minister.

Parkway First Calvary Pentecostal, Floyd and Magoffin County Line: ; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister. 297-6262.

Trinity Chapel Pentecostal Holiness, Main St., Martin; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Ellis J. Stevens, Minister.

Free Pentecostal Church, Dwale: Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

PRESBYTERIAN

Drift Presbyterian. Route 1101, Drift; Worship Service, 11 a.m. First Presbyterian, North Lake Drive; Sunday School, 9:30 a.m.;

Worship Service, 11 a.m. Rev. Vicki Poole, pastor SEVENTH DAY ADVENTIST

Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3459, leave message. Everyone welcome!

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

The Church of Jesus Christ of Latter-Day Saints; Sacrament Mtg., 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Preisthood/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Ken Carriere, Bishop.

OTHER

Pastor Atha Johnson welcomes everyone to attend services at the CHURCH of GOD of PROPHECY TRAM KENTUCKY. Sunday school 10 a.m., Worship service 11 a.m.

Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30 p.m.

Grace Fellowship Prestonsburg,(next to old flea market), Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905. Faith Deliverance Tabernacle, West Prestonsburg: Sunday

School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.

Faith 2 Faith, Harkins Ave., West Prestonsburg, Sunday School, 10 a.m.; Worship service, 11 a.m. and 6 p.m.; Thurs. 7 p.m. Randy Hagans, Minister. 886-9460.

Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed, 7 p.m..Carl & Missy Woods, Pastors

Faith Worship Center, US 460. Paintsville: Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister,

Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 pm.; Lavonne Lafferty, Minister.

Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.

Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor: Curt Howard.

Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m., Saturday/Sunday.

Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday Schoot, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister

Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg; Sunday School; 10 a.m.; Worship Service, 11 a.m.; Wednesday, p.m.; Jim Stephens, Minister, 886-1003.

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Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Grethel Baptist, State Rt. 3379, (Branham's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Crace, pastor; Assist. Larry Patton. Phone 358-4275.

Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister

Jacks Creek Baptist, Bevinsville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Trusty. Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10

a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor

Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.

Lancer Baptist Church; 71 Cooley St., Prestonsburg, Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m., Evening Woship, 6:00 p.m., Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter

Left Beaver Regular Baptist Church across from Garth School; 4th Saturday & Sunday 10:00 am, Odd Saturday 6:00 pm.; Gary Compton, Pastor,

Liberty Baptist, Denver, Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.

Ligon Community Freewill Baptist, Ligon Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.

Little Rosa Regular Baptist Church of Jesus Christ, (Indian Bottom Association) Services: 1st Saturday & Sunday ofevery month 9:30 a.m., 3rd Sunday 9:30 a.m., Odd Sunday 9:30 a.m.

Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister,

Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister

Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister,

McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister,

Middle Creek Baptist, Blue River, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Eugene Cook. Minister

Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.: Donald Crisp, Minister. home phone 285-3385

Pleasant Home Baptist, Water Gap Road, Lancer, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.

Prater Creek Baptist, Banner, Sunday School, 10 a.m; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; J.B. Hall, Pastor. Phone: (606) 874-3222.

Rock Fork Freewill Baptist; Garrett Sunday School, 10 a.m.: Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Grager, Minister.

Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor, Willie Crace Jr., Assistant Pastor.

Salt Lick United Baptist, Salt Lick, Hueysville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123.

Sammy Clark Branch Freewill Baptist, Dana: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Stephens Branch Missionary Baptist, Stephens Branch, Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.

The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Phillip

Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers);

Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy Dale Bush, Minister.

Weeksbury Church of Christ; Sunday School, 10 a.mm.; Worship Service, 10:45 a.m. and 6 p.m. Mike Hall, Minister.

CHURCH OF GOD

Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.

Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.

First Church of God; Sunday School, 10 a.m.; Worship Service. 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.

Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Family Training Hour - Thursday 7 p.m., Bill B. Tussey. Jr, Pastor

Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.

Little Paint First Church of God, 671 Little Paint Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p..; Charles Heater Jr., Minister

The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor

EPISCOPAL

St. James Episcopal; Sunday Service, 9:45 a.m.; Holy Eucharist 11:00 a.m. Wednesday Study Group 6:00p.m., Holy Eucharist & Healing 7:30 p.m. Father Johnnie E. Ross, Rector.

LUTHERAN

Our Savior Lutheran, Sipp Bayes Room Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLW (600 am) 12:05 p.m.; Rolland Bentrup, Minister.

METHODIST

Auxier United Methodist, Auxier, Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Garfield Potter, Minister

Betsy Layne United Methodist, naxt to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.

Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister,

Community United Methodist, 147 Burke Avenue (off University Drive and Neeley St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Glen "Sandy" Douglass, Rev.

Elliott's Chapel Free Methodist, Rt. 979, Beaver, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister

Emma United Methodist, Emma; Sunday School 10 a.m., Sunday Worship Service 11 a.m.; Pastor David Profitt.

First United Methodist, 256 South Amold Avenue: Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev Jim Adams, Pastor.

Horn Chapel Methodist, Auxier Road, Auxier; Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Mid-week Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Larry J. Penix, Minister,

Graceway United Methodist, Rt. 80, Sunday School. 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.: Roy Harlow. Minister.

Salisbury United Methodist, Printer, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.

Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor

Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister,

Vogle Day United Methodist Church, Harold; Sunday School,

Town Branch Church; Sunday School 10 a.m except for first Sunday in each month .: Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.

The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.

The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Aiken.

Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.

Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayer Line; 358-2001; Darlene W. Amette, Pastor

Taylor Chapel Community Church, formerly the old Price Food Service building, located 1 quarter mile above Worldwide Equipment, Rt. 1428. Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m. Kenny Vanderpool, Pastor.

International Pentecostal Holiness Church, 10974 N. Main St. Martin; Rev. Ellis J. Stevens, Senior Pastor

Rising Sun Ministries, 78. Court Street, Allen, Ky.; Sunday, 10:30 a.m.; Wednesday, 6:30 p.m. Pastor, D.P. Curry.

Church of God of Prophecy, Sunday School 10 a.m., Worship Service 11 a.m., Sunday Night - 6 p.m., Wednesday Night - 6 p.m. Pastor Glenn Hayes. West Prestonsburg.

House of Refuge, Rock Fork: Sunday Evening Worship 6 pm, Monday Bible Study 7:30 pm, Wednesday Prayer Meeting 7:30 pm, Bill B. Tussey, Pastor



Our Lady of the Way Hospital Ramey, Pastor. 11203 Main St. Box 910 Martin, KY 41649

Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.;

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the country lend a hand to the surrounding community

The David School has served the area's youth and surrounding community, the school has also enlisted the assistance of mission groups from churches throughout the country.

Each summer, several churches donate their time and efforts to the school through their respective mission groups who travel to David in

Throughout the years that order to provide community service to the area. As if the numerous work projects around campus and the community aren't enough, the groups also conduct vacation bible school during the first half of the day.

The David School's longtime commitment to bettering the lives of others has an impact even on its yearly visi-

tors. Work projects may include tasks such as yearly maintenance at the school's main campus, roadside clean ups and repair and painting projects at houses in the nearby community. Each mission group leaves the area at the end of their stay with a renewed sense of being able to make a difference in people's lives

Throughout the month of June, three churches donated their time to the David community. St Francis in the Fields Episcopal Church, from Harrods Creek, was the first group to visit. St. Francis was followed by both the Church of the Epiphany from Danville, Va, and the Church of St. Mark from Virginia Beach, Va.

Dozens of children participated in the three weeks of VBS which was held at The David School's main campus. The school will host yet one more week of VBS July 21-25 with the First Christian Church from Midwest City, Okla.



KIM'S KORNER

Wishbone but no backbone

Have you ever been in have been a good servant to place in your life where, no what you may say, nothing is right?

Chaos and turmoil seem to follow you day after day. So you pray and pray like you've

never prayed before. You may ask God to change the situation, or remove you or

You. I have tried to do everymatter what you seem to do or thing I knew to do, yet you leave me here on top of this roof and the water is rising Please, Lord, please," the man pleaded.

Then the Lord said, "My son, I sent you a boat and a helicopter; you turned them away!" Ah, wishbone but

vision or mission and then oops! Or ouch and it becomes a little sticky and we're like, "Well, maybe I'll just settle right here." All the while we're missing what God has intended for us.

We pray, we receive our

We become tired, worried and weary and the goosebumps and excitement are gone and so is our motivation to move forward. So we settle. And not only are we settling; we're missing out on what all God had in store for us.

Kentucky Baptists send mud-out teams to lowa

Kentucky Baptist Convention is sending a disaster relief team to assist with the mudout effort currently underway in Iowa, following severe flooding that caused damage in Junc.

According to Coy Webb, disaster relief associate for the KBC, a team of volunteers from Alexandria, Cerulean, Frenchburg and Utica will arrive in Wapello on Sunday, July 20, and will stay for approximately one week.

Webb said the KBC is also hoping to send out volunteers

WAPELLO, Iowa - The Mission Department at (502) largest relief organization in 489-3527 or (866) 489-3527 (toll free in KY) for more information.

> Kentucky Baptists are part of a larger network of Southern Baptist volunteers trained to respond to disasters by manning mass feeding operations, using chainsaws toclear downed trees and limbs, clear mud out of flooded homes and more.

Southern Baptist disaster relief volunteers work in conjunction with other organizations, such as the Salvation including: missions work, dis-Army, the American Red and Cross the Federal Emergency Management Agency. Together, Southern tact the KBC's Baptist Men on Baptists compose the third www.kybaptist.org.

the United States.

To learn more about Kentucky Baptist Disaster Relief. 20 www.kybaptist.org/dr.

The Kentucky Baptist Convention is a cooperative missions and ministry organization made up of more than 2,400 autonomous Baptist churches in Kentucky. A variety of state and worldwide ministries are coordinated through its administrative headquarters in Louisville, aster relief, ministry training

whoever or whatever seems to be initiating the conflict.

Then things seem to start taking place. Maybe they are little things at first and

then one day an Kim Little Frasure opportunity will arise and you begin to weigh every pro and con imaginable.

Is this you Lord you begin to question? Or am 1 just wanting something else so much I'm reading things that aren't so into the situation?

There was an email that floated about quite awhile back that went something like this: Once there was this man caught in a horrible flood. Escaping to the roof of his home he sat in such fear and prayed so hard for God to remove him from the raging rising waters. After a while, two men in a fishing boat came floating by, yelling to him to come down and they would give him a ride out. The man trembled in fear, shook his head no and passed on the assistance of the boat out of his fear of the water., yelling back, "The Lord will help me out of here."

Hours seemed to pass and then a rumble from the sky began to get louder and louder as the man sat shaking in fear and praying for God to please help him and take him away from this horrible situation. Then a helicopter hovered over top of him as a man on a loudspeaker yelled, "Sir, we will drop a ladder. Grab hold and climb up."

The man began to tremble even more, for even his fear of water didn't compare to his fear of flying and there was no way he was about to climb that ladder and get into a helicopter. So, he passed by shaking his head no, refusing the help and yelling once again, "The Lord will take care of me. He will get me out of here."

The copier took off and even more time passed as the man was left shaking, and began to scream out, "Lord, why won't you help me? I

no backbone.

God answers our prayers. Maybe not exactly how we would expect or even hope but He answers our prayers and we have to take responsibility for the ability

He gives us. Sometimes we get all excited and get Goosebumps and

shout a big, "Halleluiah!" when we get that gut-wrenching knowledge our prayers have been answered and He has removed us from turmoil and placed us in an opportunity that seems far greater and better than our minds could have imagined.

Then something will occur one day and we're taken aback and we begin to question "Uh oh, this ain't right, something's wrong, all is not going well. It's not all apple pie and goosebumps anymore. Oh Lord was this really You, or did I just think it was You?" we may ask.

Yeah, excitement of the new will only carry us so far before the excitement wears

Take Abram's father Terah. God gave him the opportunity to go to Canaan. All Terah had to do was take the responsibility to get there. As Terah and his family began the journey and along the way the journey began to get rough they came upon Haran and Tarah decided to settle there instead of going on to where God was leading him. Wow, how many of us find ourselves doing just that?



1-800-525-3456, or www.trustforlife.org

We are always going to have responsibility with our blessings. So, if God gives us whatever we ask Him for, then we best be ready for the responsibility that comes with

Ever heard that old saying, "Be careful what you pray for; you might just get it"? That's why! We can't curl up in a big ol' heaping ball of worry and fear and laziness and expect somebody to get us out of what we get ourselves into.

We might just find ourselves sitting atop a roof with raging, rising waters and no boat or helicopter in sight.

Asking for our blessings is casy. Taking responsibility for them isn't always goosebumps and roses.

Yes indeed, we must have the backbone to go along with our wishbone.

'Til next week, God's blessings.

Divorce is not of God ... Sometimes we get in a situation out of our control.

Know you are not alone.

God never leaves us nor forsakes us. He came so that we may have life and have it more abundantly.

With God all things are possible.

If we are faithful to Him He will restore everything to us that Satan meant for our harm.

Know there is hope for your future.

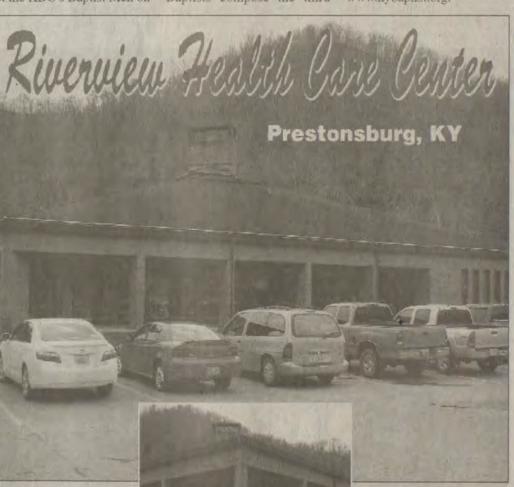
Divorce Ministry **Faith Fellowship Church** Allen, KY Tuesday Evenings @ 7:00 p.m. · Group discussion...Videos and Workbook Confidential.

Classes will begin

first Tuesday in August To register send name, phone and email address to: ANGIE COLLINS P.O. Box 668, Allen, KY 41601 or Call 422-4092 or email: angiecollins2003@yahoo.com

to staff an on-site kitchen in Wapello. Trained volunteers interested in helping may con-

and support, church development, evangelism and more. For more information, visit



SPIRITUALITY

Church Services

- Morning Worship -Afternoon Services

- Vacation Bible School
- · Bible Study
- · 24-hr. Chapel Tuesday, 10:15

THERAPY Nueuromuscular re-education Therapeutic exercise Therapeutic activity Wheelchair management

- Wednesday, 10:15 Thursday, 10:15/11:15

Friday (3rd), 2:00 Sundays, 2:00

 Ultrasound and electrical stimulation Adaptive equipment utilization Daily living re-education Orthopaedic rehabilitation

· Speech language and swallowing Cognitive retraining

QUALITY OF LIFE

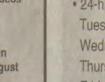
- · Bowling
- · Picnics
- · Mall Shopping
- Baseball Games
- · Dining Out with Friends
- · Bingo
- Theme Days

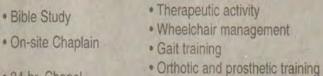
NURSING

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- * 24-hr. Nursing Care
- Respiratory Care
- Diabetes Care
- Nutritional Services

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Study on future of state park system planned

FRANKFORT - Tourism, Arts and Heritage Secretary Marcheta Sparrow has announced that a study of the Kentucky State Parks will be conducted to help plan for the future of the park system.

Once the study is complete, a task force appointed by Gov. Steve Beshear will be asked to develop a strategic plan for the park system.

Sparrow testified before the Interim Joint Committee on Economic Development and

Tourism on June 26 about a recent audit of the park system carried out by Auditor Crit Luallen.

We realize we have some challenges with our parks because of increased competition, higher costs and limited marketing," Sparrow said. "This study and the task force will provide a road map for improvements for our parks, which are known across the country for their natural beauty, great programming and historic preservation."

The 52 parks in the system include resort

parks with lodges, cottages and restaurants; recreation parks with camping and boating opportunities and historic sites that interpret Kentucky's history. The parks also operate nationally recognized golf courses across the state

Sparrow, during her testimony on June 26, pointed out that work has begun on improving the parks' marketing efforts with the recent hiring of marketing Director LaDonna Miller.

There are also plans to create partnerships with federal parks to help promote state parks, add more discounts, market directly to park niche markets, improved web-based marketing that allows park guests the opportunity to share their experiences at Kentucky State Parks.

review of park restaurant menus, educating children about the state parks, and increasing efforts to seek group business.

Big steel makes coal play; U.S. companies absent

by TIM HUBER AP BUSINESS WRITER

CHARLESTON, W.Va. -It's been more than a century since J.P. Morgan, Andrew Carnegie and other U.S. steel barons built mining empires. that dominated life across wide swaths of Central Appalachia's coalfields, securing essential fuel for their mills.

Bits of that history are starting to repeat themselves. Decades after tough economic times forced steel makers to abandon company towns and sell their coal mines, 21st century steelmakers are back in the hunt for coal.

This time, rather than the Carnegies and Morgans, it is Mittals and the the Mordashovs.

Absent from a global buying spree are the U.S. companies that wrote the book on owning everything from the commodities used to make steel to the finished product, such as Bethlehem Steel Co.'s massive shipbuilding operations.

The U.S. steel industry, badly damaged from plummeting steel prices and legacy costs, spun off coal operations years ago and have been more hesitant, or do not have the billions, to spend locking up coal again.

"I bet you they wished right now that they still had the coal mines," said Charles Bradford, an industry analyst with Research/Soleil Bradford Securities.

That torch, however, has been passed overseas.

Luxembourg-based

same time, ArcelorMittal was snapping up Mid Vol Coal Croup, a virtually unknown American company with 85 million tons of reserves and mines producing some 1.5 million tons of coal in West Virginia and Virginia. Terms have not been disclosed.

International mining conglomerate BHP Billiton Ltd. is attempting a \$170 billion takeover of rival Londonbased Rio Tinto Inc., a deal that would combine the world's No. 2 and No. 3 iron ore miners. That buyout has come under European Union scrutiny because of a potential monopoly that could control the global prices of iron and coking coal.

Korean steel giant Posco has bought 10 percent of Macarthur Coal and Russian steelmaker OAO Severstal, under CEO Aleksey Aleksandrovich Mordashov, is openly shopping for coal mines

The price of the U.S. coal used to make the coke that fuels the blast furnaces can go for as much as \$250 a ton. Just last year, the cost was closer to \$90.

Steelmakers already face pressure from customers manufacturers that make everything from automobiles and aircraft to washing machines and refrigerators. Steel producers are doing everything they can to control soaring prices for iron ore, metallurgical coal and scrap steel.

"Obviously everybody wants to have their own lowcost materials," Bradford said. The U.S. steel industry was

Even U.S. Steel, which signed a historic deal with union workers several years ago and had done better than survive, has not announced any coal acquisitions.

The Pittsburgh company did hold onto substantial coking operations, an enormous boost in the current skyrocketing commodities climate.

"We continue to look at strategic opportunities related to our business, but we don't comment on them until it's appropriate to do so," spokesman John Armstrong said.

Steelmakers overseas, however, are taking a page from the playbook of U.S. producers of yesteryear.

Nearly 100 years ago, giants such as Pennsylvania's Bethlehem Steel controlled everything from the coal coming out of the ground, to the towns where miners lived, and some even dominated industry in finished products.

By mid-century, Bethlehem had four massive shipyards and was a major player in the shipbuilding industry.

Bethlehem declared bankruptcy in 2001, and two years later it was dissolved and sold off to International Steel Group. Those assets were snapped up by ArcelorMittal.

In sheer mass, none rivaled U.S. Steel, which arrived in southern West Virginia at the start of the 20th century.

The company started building the McDowell County town of Gary - named for founding Chairman Elbert H. Gary - in 1901. Over time, one company town became 12 company towns, all connected bowling alley and a movie house.

"It was a very modern, modern facility," said West Virginia State College history chair Stuart McGehee, who runs the Eastern Regional Coal Archives. "It was designed specifically to produce metallurgical coal for the steel industry."

And it did.

U.S. Steel produced some 200 million tons of coal from its West Virginia operations, and the company did the same thing in eastern Kentucky. It sold the last vestiges of its mining operations in 2003, but

Indicted

allegedly made a show of cleaning his fingernails with his pocket knife in view of M.L.T

Kevin Christopher Fallen was listed as the number two officer assigned to the evening watch of the SHU. His duties included the management, custody, care and safety of the inmates in the SHU.

According to the indictment, Fallen entered M.L.T.'s cell on the same day and presented a pocket knife to him, in violation of BOP procedures.

Miller and Fallen face a maximum prison sentence of 25 years if found guilty of the charges. For the counts of violating an inmate's civil rights state.edu/prestonsburg, Bikers

13

on the same day where Miller and aiding and abetting each other in the violation of those rights, they can receive not more than 10 years of imprisonment, a \$250,000 fine and not more than three years of supervised release. For the charge of proving an inmate with a pocket knife, they can

returning to the industry.

the United States.

operations.

There has been no overt

As a group, their American

shifts back to the coal fields in

counterparts have spent much

of the past decade just trying

to survive, much less expand.

Dozens of companies went

bankrupt and closed, their

remnants divided up by inter-

national conglomerates and

pared down smaller, leaner

electric furnaces, using scrap

metal rather than coke-fired

furnaces and iron ore,

Many have also shifted to

Ride

will be held at Morehead. Prizes will be given away at both MSU Prestonsburg and the Morehead campus.

Participants can pre-register for the event by calling the MSU Prestonsburg campus or by visiting www.morehead-

Other plans and efforts underway include a

hasn't spoken publicly about Bradford said. To Bradford, only time will

tell whether ArcelorMittal and other big steel players are making savvy business decisions or setting themselves up for the same fate that befell U.S. Steel's once thriving coal operations.

"Near term it probably means jobs because you don't want to buy something except to operate it. More likely than not to justify the prices paid. they'll want to increase the output," he said. "But the risk also goes up if there's a downturn.

Continued from p1

receive not more than five years of imprisonment, a \$250,000 fine, and not more than three years of supervised

Miller and Fallen are scheduled to appear for their initial arraignment in Pikeville on July 31.

Continued from p1

may also register on the day of the event, with registration beginning at 9 a.m.

The entry fee is \$20 per driver or \$30 per couple.

For additional information on the ride and the Lewis Scholarship Fund, call MSU Prestonsburg at 886-2405.

Attention CTB 55+ Club Members!

release.

ArcelorMittal, the world's largest steel producer, recently upped its stake in Australia's Macarthur Coal, supplier of more than one-third of the world's pulverized coal. At the

seriously wounded over the past two decades, as labor costs and inefficiencies dragging down profits and shuttering dozens of mills from Johnstown, Pa., to Cleveland.

LOST

by a network of roads and rail spurs.

By the 1940s, the towns were home to almost 15,000 people, 27 churches, 10 company stores, a country club, a



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ICE

CREA

WHEN Thursday, July 24th, 2008 WHERE: Landmark Inn's Mark V TIME:

2:00pm to 4:00pm

Reservations are required. Call Brandi Webb at 606-433-4884 by July 21, 2008 to reserve your spot

Community

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EK Miners answer call from military mother

National Guard unit from P'burg to receive Miners merchandise

TIMES STAFF REPORT

PIKEVILLE - American soldiers who continue to fight for freedom are in the hearts and on the minds of many. Members of numerous Kentucky National those currently stationed in Afghanistan. Tammy Day, whose son Johnny is serving in Afghanistan with other Kentucky National Guard troops from the 206th, recently contacted the East Kentucky Miners organization about sending team-related merchandise to the soldiers in the form of a care package. She wanted to help lift the morale of her son and other soldiers, letting them know those at home are thinking of them. Day contacted the Miners office and Director of Sales & Marketing Brian Levy was moved to honor the request.

Guard companies are among

The soldier's mother picked up the package July 15 at the Miners office in Pikeville. The package will be sent to the troops at Fob Laghman, Afghanistan.

"We are honored to show our support for the soldiers who give so much - especially after the recent Fourth of July holiday," said Levy. "It's a very special opportunity to be able to reach out and give hope to our troops overseas.'

The package was comprised of signed memorabilia, including hats, calendars and programs.

"We couldn't be happier to recognize and honor the men and

women who are fighting everyday," said East Kentucky Miners Coach Kevin Keathley. "Just as proud as we are of these Kentucky National Guard soldiers who are serving on all of our behalf, we hope that they will wear the Miners logo with pride."

Soldiers in the 206th are Spc. Johnny Day, Spc. Walter Zimmerman, Spc. Josh Hall, SSC. Vince Matteni, Sgt. Josh Barker, SSG. Mike Taylor, Pvt. James Harmon, Spc. Travis Blake, 1LT. Riley, Spc. John Conley, Spc. Jerry Carpenter, Spc. Michael Portzer and Sgt. Clayton Segbart.



photo courtesy of East Kentucky Miners The East Kentucky Miners organization jumped at the opportunity to reach out to troops inAfghanistan. Miners Sales & Marketing Director Brian Levy is pictured with military mother Tammy Day.

All-Stars take center stage, again by RICK BENTLEY TIMES COLUMNIST

It's been a huge week in the great big world of sports, one unusually busy for the middle of July. But that's a good thing; we're normally begging for sports news this time of year.

Monday night was a special one for Josh Hamilton, slugger for the Texas Rangers. And it was a terrific event for anyone who knew the story going in, because we got to see the reaction the rest of the world had when they heard it this week for the first time.

I admire Hamilton, not for what he's been through but for the openness with which he shares his story. He's not ashamed of it, although he'll tell you how embarrassed he is by many of its facets. He's had a tough life and he wants to spend the rest of it trying to convince people to learn from his mistakes, however many or messy they may be.

I'm also proud that Hamilton isn't afraid to let his faith show when given a place on the national stage - or, as was the case during Monday's home run derby, when he is left alone in its spotlight.



SPIRIT AT 76 STILL GOING STRONG

Trainer Lucy Shirley is 76 years old and still going strong. Miss Lucy, as many refer to her, had three wins last Friday with the horses Rainy Day Q. Under Act and Dave's Success. Lucy and her husband Neal have raced horses for over 40 vears. The couple is from Converse, Indiana, but races at harness tracks in Kentucky and Indiana.



Fall soccer signups scheduled for two Saturdays in August TIMES STAFF REPORT

PRESTONSBURG - The Floyd County Youth Soccer Association has announced that registration for the Fall 2008 season has been scheduled for Saturday, Aug. 2nd and Saturday, Aug. 9 at the Prestonsburg McDonald's. Volunteers will be at McDonald's to accept registrations between the hours of 11 a.m. and 2 p.m. The registration fee remains \$40 per child.

Parents may also register their children by accessing the league website at www.kysoccer.net/ekysa,www.e kysoccer.org. The registration form posted online should be printed, completed by the parent, and mailed to Robin Simpson Smith, Registrar, P. O. Box 746, Prestonsburg, Ky. 41653. Parents or guardians should include a check or money order in the amount of \$40.00 for registration fees. Floyd County Youth Soccer is not responsible for mail delivery and registrations are accepted on a first come, first served basis.

All children at least four (4) years of age as of Aug. 1, 2008 are eligible to participate in recreational soccer. Parents may be asked to provide a birth certificate or other record for verification of the child's birthdate. Players in the Under6 and Under8 divisions play against other Floyd County teams only. Teams in the Under10, Under12 and Under14 divisions also play teams from surrounding counties. (In the fall, there are no Under16 or Under19 teams.) Floyd County Youth Soccer plays its games at the soccer fields located in Archer Park. In the spring, over 200 boys and girls from Floyd County participated in youth soccer. For more information, contact Robin Simpson Smith, Registrar, at 886-9562.

What Hamilton did 'on Monday night's first round was nothing shy of

spectacular. He hit a couple of home runs that were absolutely titanic, including one that blasted off the advertising just to the right of the JumboTron in straightaway center.

When the round ended with 28 dingers - 13 of which came on consecutive swings - he was mobbed on the field. Not by paying customers; you'd expect that from them. Not from kids, dozens of whom fielded the balls not hit out of Yankee Stadium.

No, Hamilton was surrounded by his fellow all-stars, every one of them - including the ones who'd seen the most comparable showing of derby power in 2005 by then-Phillie Bobby Abreu - in awe of his monumental blasts.

Just when you thought Hamilton was going to be the talk of baseball this week - particularly with the so-called experts saying Yankee Stadium and not the players would be the star of the week - all-star night proved that nobody but nobody was bigger than the game itself.

The final three innings of Tuesday's game - the ones on Wednesday morning, per se were played in the considerable shadow of the 2002 game in Milwaukee that ended in a tie. It was painfully evident on the faces of Bud Selig and managers Terry Francona and Clint Hurdle, as well as in the voices of Fox's weary team of Joe Buck and Tim McCarver.

Under Act (right), a 6-year old norse, was one of three winners trained by Lucy Shirley Friday.

> - Eddie Blair **Times Harness Racing Correspondent**

KHSAA Assistant Commissioner Boucher announces retirement

TIMES STAFF REPORT

LEXINGTON - Veteran Kentucky High School Athletic Association Assistant Commissioner Boucher has Larry announced his retirement from the organization effective Oct. 1, 2008.

Boucher, 61, was named Assistant Commissioner in July of 1991. Throughout his tenure with the KHSAA, he has at various times been responsible for the administration of the sports of golf, volleyball, baseball, softball, tennis, soccer and basketball as well as the Title IX program and the Officials Division.

been Boucher has responsible for evaluating and assignment of tourna-

the KHSAA. In addition, he was chair of the NFHS National Basketball Rules Committee from 2001 to 2005. While at the KHSAA. he instituted an annual Officials Award Banquet, where outstanding officials are recognized and honored each year. He has served as a clinician at numerous con-'camps ferences and throughout the country.

"I have committed much of my adult life to athletics and I have had a chance to work with some of the most dedicated people in today's workforce," Boucher said. "These years have contained many of the most rewarding experiences of my professional career. I look forward to other phases of my life, but in doing so ment officials as well as I will remain one of the serving as the rules inter- KHSAA's staunchest suppreter in various sports for porters and most positive

ambassadors."

"Larry's passion and dedication to his career and the KHSAA will be KHSAA missed." Commissioner Brigid DeVries said. "His love for officiating and the development, recruitment and training of officials is one of the great reasons why we now license over 4,000 individuals. He has provided guidance and great leadership in the many programs he has administered and the member schools, administrators, participants and coaches are indebted to him."

The Bowling Green native graduated from Cumberland County High School in 1965. He earned a Bachelor's Degree in 1970 from Eastern Kentucky University before serving in the United States Army from 1970 to 1972. He was

awarded the Bronze Star for his service in Vietnam.

Boucher worked 21 years with Kentucky State Government before coming to the KHSAA. He served as a policy budget analyst for the Transportation Department and also served as a manager of the Policy and Procedure's Division.

He was a successful basketball official both at the high school and collegiate levels. Boucher served as a Assigning KHSAA Secretary of a high school basketball officials association and is a previous Commissioner of the Kentucky Intercollegiate Athletic Conference (KIAC).

Boucher has two daughters Brooke Dale and Brenna Boucher and one grandson, Landen Dale.

MSU baseball player named to **KIT All-Star Team**

TIMES STAFF REPORT

FULTON - J.D. Ashbrook, who will be returning for his junior season with the Morehead State University Baseball Eagles, has been named to the KIT (Kentucky, Illinois, Tennessee) League All-Star Team that will take on the all-stars from the Central Illinois Collegiate League on July 21, 2008, at League Stadium in Huntingburg, Ind. Ashbrook is a member of the Fulton (Ky.) Railroaders team.

Ashbrook, a native of Cynthiana, is hitting .298 for the Railroaders with four doubles, a home run, 22 runs scored and 18 runs batted in.

(See ALL-STARS, page two)

Dirt Track: Kinzer finishes third in Southern Nationals Series opener

by STEVE LeMASTER SPORTS EDITOR

RURAL RETREAT, Va. -Former runner-up Brandon Kinzer finished third in the Southern 2008 O'Reilly Nationals Series opener Monday night at Wythe Raceway. Defending series champion Chris Madden won the race, holding off Dennis Franklin, last season's runnerup.

Flanary (4), Tommy Kerr (5) and the rest of the feature race field.

A breakdown of the series opener follows.

of O'Reilly Results Southern Nationals Series Event No. 1 of 10 at Wythe Raceway (Rural Retreat, Va.), Monday, July 14: Car Count: 29, 1. (1) Chris Madden, \$3,500; 2. (7) Dennis Franklin,

Kinzer, who started the race \$2,000; 3. (5) Brandon Kinzer, fifth, finished ahead of Shon \$1,200; 4. (4) Shon Flanary, \$800; 5. (2) Tommy Kerr, \$600; 6. (9) Eric Jacobsen, \$580; 7. (3) Shannon Buckingham, \$570; 8. (17) Tim Dohm, \$560; (18) Ronnie Lee Hollingsworth, \$550; 10. (8) Tony Knowles, \$540; 11. (10) Damon Eller, \$530; 12. (14) Chris Combs, \$520; 13. (15) Dan Breuer, \$510; 14, (6) Brian Booze, \$500; 15. (21) Vic Hill, \$495; 16 (11) Michael Smith,

\$490; 17 (20) Kerry Jones, \$485; 18 (19) D.J. Myers, \$480; 19. (12) Chris Meadows, \$475; 20. (22) Bobby Mays, \$470; 21 (13) Barry Arnold, \$465; 22. (24) Ethan Hunter, \$460; 23. (23) Shawn Beasley, \$455; 24. (16) Brian Moody, \$450.

American Racer Tires B-Main (Top Seven Advance): Michael Smith, Barry Arnold, Dan Breuer, Tim Dohm, D.J. Myers, Vic Hill, Shawn Beasley, Ethan Hunter, Daniel

Baggerly, Scott Jones.

Hoosier Racing Tires B-Main (Top Six Advance): Chris Meadows, Chris Combs, Brian Moody, Ronnie Lee Hollingsworth, Kerry Jones, Bobby Mays, Travis Greer, John King, Randy Harmon.

Integra Shocks Fast Qualifier (\$100.00): Chris Madden 16.643. Lap Leaders: Chris Madden 1-35. Cautions: 4 (Lap 0, 6, 19, 25). PPM Racing Products Hard Charger of the

Race (\$50.00): Tim Dohm (17th to 8th). Barry Wright Race Cars Highest Finisher (\$100.00): Dennis Franklin. Rocket Chassis Highest Finisher (\$100.00): Tommy Kerr. GRT Race Cars Highest Finisher (\$100.00): Brandon Kinzer. Delph Communications Highest Finisher (\$50): Chris Madden. Wilwood Tough Brake Award (\$50.00): Travis Greer. Provisional from 2007 Points: Ethan Hunter.

Mayo drains 69-footer in summer league game

THE ASSOCIATED PRESS

LAS VEGAS - O.J. Mayo made the most spectacular shot so far in his brief pro career at the NBA Summer League.

The third overall pick by the Memphis Grizzlies in last month's draft converted a desperation three-quarters' court shot from 69 feet away to beat the first-quarter buzzer Monday night against the San Antonio Spurs.

"I thought it wasn't going to make it to the rim," Mayo said, "I was surprised. After practices recently, we have been practicing half-court shots. I made a few there, and now I made one in a game.'

The former Rose Hill Academy, Huntington High and Southern California star finished with 18 points in the 78-76 loss.

Mayo made 5-of-17 shots from the field, was 6-for-6 from the free-throw line and had six

rebounds. He's the highest draft pick playing at the 21-team Summer League.

The Grizzlies and Mayo were playing their fourth game in four days, while the Spurs were making their debut in the their four-game Las Vegas visit.

"My body was a little bit sore," Mayo said. "I was getting the shots that I wanted.'

Mayo's last field goal, a 3pointer from the right arc with 3.1 seconds left in the game, cut the San Antonio lead to 77-76.

Besides Mayo's shot, fellow teammate and first-round pick Darrell Arthur from Kansas, highlighted the Memphis show, Arthur, who was drafted 27th overall by Houston, then had his rights dealt to the Grizzlies, had 23 points on 10-of-15 shooting.

"He's a good player." Mayo said. "He plays hard. He's fresh off the national championship. He brings a winning mentality."

All-Stars

As a side note, count me among those elated with the news that CBS and Billy Packer had parted ways. Packer's act - and overriding lack of a sense of humor - had grown old long ago. They can say he's been good for the game if they choose - I do not but the best thing for the game is for him and his ACC (at least) if not "major" conference bias to move on.

To that end, the sooner McCarver follows suit the better.

On Mike and Mike this week. Selig again staunchly defended his idea of allowing home-field advantage in the World Series to the league that wins the exhibition. There were holes all through his argument, and it's a testament to the politeness of his hosts that they weren't brought to the fore on the

If you want something like that decided on the field, but are dead set against it going to the team with the best record - something that works in dozens of

other professional leagues then why not allow it to go to the side with the most wins in interleague play? One of his most fervent points was that if you wait until October to see who has the best record it's too late for hotel bookings and the like - which is a terrible point



photo courtesy of Texas Rangers Former No. 1 draft pick Josh Hamilton has turned his life around.

to use, by the way - then why not allow interleague play to do it, which ends a couple of

weeks before the all-star game?

On Tuesday the teams were within an inning at the most of being

completely out of pitching, which would have likely led to the

> unprecedented site of having position players on the mound, and, no doubt, to the equally unprecedented act of allowing players already removed to return to the game.

Although I was barely comatose by the 15th, I was sort of hoping it would stretch out another inning or so to see to what lengths Selig would have allowed this glorified exhibition to continue in the name of homefield advantage in October.

In the end, however, it ended with one of the least exciting plays in the game, the sacri-

fice fly, and with the Americans on top - again - to end the night. Or morning, as was the case this time.

Continued from p1

There are a couple of ways of fixing this issue. One is to not allow players to be there if their managers don't want them used. Replace them with someone who can actually take part in the game. Another is to use the regular-season starting pitchers not selected to begin this game more than one inning at a time. One more is to allow both managers to designate a couple pitchers from their league to be present at the game but not in uniform to be used if the game goes into extra innings.

But the most simple way of fixing it is to take the World Series tie-in away from the allstar game. That makes it what it is - a true exhibition - and then, in the end, if it ends in a tie, so be it.

Nobody wants a tic in baseball, but nobody wants to see anyone get hurt either, and we were an inning or two away from this year's game turning into a complete mockery of the sport.

Then again, the integrity of the game doesn't seem to be on anybody's front-burner these days, so why should I be concerned about it if the pow-

Ferguson Enterprises Pro Mod Challenge set for Bristol Dragway

TIMES STAFF REPORT

BRISTOL, Tenn. - The Ferguson Enterprises Pro Mod Challenge will race into Thunder Valley Saturday-Sunday with the same heart-pounding action fans have come to expect from the wild Pro Modified racing machines.

The event features three rounds of Quick 8 Outlaws Pro Mod racing on Saturday that will provide the fans in the stands a fantastic show.

Ric Fleck, president of the Quick 8 Outlaws, says fans should expect a big show during the exhibition race.

"We have one rule, you can't have a powerglide (transmission)," Fleck noted, "You can have any engine, any power adder, any horsepower, there is no tire size and no weight limits. We currently own the 1/8th mile record in three different classes.

"We're a fast group and bring 20-25 cars to each event. At this event, we're hoping to bring about 12. We want to have a full show in Bristol next year, so we're going to qualify 8 cars next weekend to give the fans a taste of what we bring.'

The Pro Mods are set up to for each tech card purchased.

"You mention Thunder Valley and people start drooling It is known as one of the top facilities, and all the racers are excited to get to come run at Bristol

Fleck says these Pro Mods, known for their outrageous paint schemes and unique body designs, will be available for fans to view and photograph while in the pit area.

"We love for the fans, especially the kids, to come to the pits," he said. "Most of us have hero cards to autograph, and if we aren't busy, we like to let the little ones sit in the car and take pictures. We love for people to come around and talk with us."

Along with every power adder imaginable, the cars on the Quick 8 Outlaws circuit feature several distinctive body styles, including: a 1957 Chevy, a 1953 Corvette, a 1963 Corvette, a Studebaker, late-model Camaros and a 1970 Nova.

Six bracket racing classes highlight the weekend, with the new 4.70 Index Class running on Sunday. Racer entry fees and purse information can be found on the Bristol Dragway website. One free crew pass will be given

Kinzer finishes sixth in second Southern Series race

by STEVE LeMASTER SPORTS EDITOR

GAFFNEY, South Carolina - Allen-based driver Brandon Kinzer turned in a sixth-place finish Tuesday after starting sixth in the O'Reilly Southern National Series Event No. 2 of 10 at Cherokee Speedway. Reigning series runner-up Dennis Franklin won the feature race.

Casey Roberts (2), Furman Parton (3), Tony Knowles (4) and defending series champion Chris Madden (5) rounded out the top-five.

Kinzer was the highest finisher among GRT racecar drivers.

of O'Reilly Results Southern Nationals Series Event No: 2 of 10 at Cherokee Speedway (Gaffney, South Carolina), Tuesday, July 15 follow. Car Count: 25. Results: 1.

\$3,500; 2 (2) Casey Roberts, \$2,000; 3. (10) Furman Parton, \$1,200; 4. (6) Tony Knowles, \$800; 5. (1) Chris Madden, \$600: 6. (8) Brandon Kinzer, \$580; 7. (3) Eric Jacobsen, \$570; 8. (16) Johnny Pursley, Jr. \$560; 9. (12) John Pursley, Sr., \$550; 10, (7) Chris Ferguson, \$540:

11. (15) Mike Duvall. \$530; 12. (21) D.J. \$520; Myers, 13. (4) Tommy Kerr, \$510; 14. Shon Flanary, \$500: 15. (13) Ethan Hunter, \$495: 16. (22) Brian Booze, \$490. 17. (19) Shawn Beasley, \$485; 18. (11) Brent Dixon, \$480; 19.

(24) Daniel Baggerly, \$475; 20. (9) Petey Ivey, \$470: 21. (18) Jeff Smith, \$465;

23. (25) Ricky \$460; Boahn, \$455; 24. (23) Scott Jones, \$450; 25. (14) Ronnie Lee Hollingsworth, \$450.

D.J. Myers, Scott Jones,



BRANDON KINZER

Ricky Boahn (DNS). Hoosier Racing Tires B-Main: John Pursley, Sr., Johnny Pursley, Jr., Jeff Smith, Kelly Thacker, Brian Booze, Daniel Baggerly.

Integra Shocks Fast Qualifier (\$100): Chris Madden 15.546. Lap Leaders: Chris Madden 1-17, Dennis Franklin 18-35. Cautions: 4 (Lap 4, 7, 17, 23). PPM Racing Products

Hard Charger of the Race (\$50): D.J. Myers (21st to 12th). Barry Wright Race Cars Highest Finisher (\$100): Dennis Franklin. Rocket Chassis Highest Finisher (\$100): Furman Parton. GRT Race Cars Highest Finisher Brandon (\$100): Delph Kinzer. Communications Finisher

(\$50): Chris Wilwood Tough Brake Award (\$50): n/a.

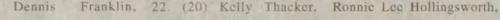
American Racer Tires B-Main: Brent Dixon, Ethan Hunter, Mike Duyall, Shon Flanary, Shawn Beasley,

> Highest Madden.

run 1/8th-mile passes, something a little different for fans accustomed to seeing quarter-mile runs in Thunder Valley.

"I hope the fans come out and enjoy the race," he continued. "I hope they see the excitement of the 1/8th-mile. We're out there for the fans. We want to have fun and put on a good show, and with Bristol's reputation, we can't wait to get there.'

Gates will open at 9 a.m. on Saturday with time trials begin ning at noon. Eliminations begin at 4 p.m. with the Ferguson Pro Mod Challenge getting under way at 5 p.m. The Pro Mods also will run at 7 and 9 p.m. The Ferguson Enterprises Contractor race also will take place during the evening.



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If you are the sports fan circled here ... it's your lucky day!

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at DAIRY QUEEN OF PRESTONSBURG. When claiming your ice cream cake, present this newspaper.

New exclusive coming to **EK Miners website**

TIMES STAFF REPORT

PIKEVILLE East Kentucky Miners fans will have an opportunity to gain added insight on their team thanks to a new online exclusive. 'Ten (10) Questions With ... * will debut on the East Kentucky Miners' official website (www.ekminers.com) Monday, July 21. The new feature will be made up of a 10question-and-answer format. Team co-owners Jay Fiedler and Demetrius D. Ford and head coach Kevin Keathley will provide answers to questions on a weekly basis as the new feature will be updated Kentucky professional basketeach Monday.

"We want to expose the EK Miners product to as many people as possible and keep our loyal fanbase up to date on all of the latest news and happenings with the Miners organization as a whole," said Keathley. "This new exciting segment headed by Director of Relations Public Steve LeMaster is just another way we are setting the tone for the CBA. 'Ten Questions With ...' will give added insight to the Miners team. I look forward to the questions posed on a weekly basis."

Earlier in the year, video made its debut on the East ball team's website.

Keathley, an Eastern Kentuckian native, guided the Miners to a 26-22 regular-season record and a berth in the playoffs in the team's first sea-SOIL.

The Miners ranked as the CBA's top offensive team during their debut season, averaging 110.6 points per game. East Kentucky set an all-time professional basketball singlegame scoring record in the inaugural season, putting 194 points on the scoreboard in regulation March 2 versus Atlanta. The Miners defeated the Krunk 194-115 in the record-breaking game.

EK Pro basketball camp slated for Central Elementary canceled

TIMES STAFF REPORT

PIKEVILLE - Formerly a home to minor league baseball, Paintsville hasn't lost its shine on the diamonds. Paintsville Little League and Johnson County Cal Ripken youth baseball and softball teams excelled during recent district All-Star competition. As a result of their stellar play, several teams earned a berth on the state level. The East

Kentucky Miners professional basketball organization - due basketball players ages 4-16 to hundreds of youngsters . from Paintsville and Johnson County being spread all over the Commonwealth in state tournament competition - has decided to cancel a camp it had scheduled for July 21-23 at Central Elementary School.

Checks for those who had pre-registered for the camp at Central Elementary are being mailed back.

A combined 125 young attended East Kentucky Pro Basketball Youth Camps held in Prestonsburg and Hindman carlier in the year.

The East Kentucky Miners franchise is headed into its second season. East Kentucky posted a 26-22 regular-season record in the CBA (Continental Basketball Association) during its debut campaign.

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Major League Baseball: Rays, Cubs hopes for have big

by JAY COHEN ASSOCIATED PRESS

NEW YORK - Raise your hand if you had this in your preseason picks.

Evan Longoria and the Tampa Bay Rays are sandwiched between the AL Eastleading Boston Red Sox and New York Yankees and leading the wild-card race in gasp! - mid-July. The Chicago White Sox are on top in the AL Central, with the big-budget Detroit Tigers in third and Cleveland languishing in last.

Not one team is above .500 in the NL West, and the St. Louis Cardinals and Florida Marlins have muddled the picture in the Central and East.

Coming off the longest All-Star game in major league history, baseball is set up for a second half that also could provide last weekend drama.

"We would have taken the spot we're in (when the season started)," said Longoria, whose team was leading the East before closing the first half with a season-worst

get back to what we were doing."

Longoria and teammates Scott Kazmir and Dioner Navarro were roundly booed by the Yankee Stadium crowd before the American League's 4-3, 15-inning win Tuesday night, signaling the previously irrelevant Rays must be doing something right.

Purged of the Devil, Tampa Bay is just a half-game behind Boston and 51/2 ahead of the Yankees. The Rays also have the prospects to acquire another bat before the July 31 non-waiver trade deadline.

But the AL East race could come down to the arms, with New York hoping to get injured right-handers Phil Hughes and Chien-Ming Wang back in time for another run in the final season at Yankee Stadium.

"As well as we're going to pitch is how well our team is going to do," Red Sox captain Jason Varitek said.

Pitching, as always, is a hot commodity.

The Milwaukee Brewers and Chicago Cubs acted "seven-game skid. "We're in a quickly to secure two of the

great position. We just have to best arms on the trade market, setting up a compelling finish in the suddenly strong NL Central. The Brewers sent four prospects to the Indians for left-hander CC Sabathia, sending a jolt through a franchise seeking its first postseason berth since 1982.

"I like our chances," slugger Ryan Braun said. Whenever you can get a Cy Young Award winner and add him to your pitching staff, you're in great shape.

Braun and the Brewers will have to leap over wild cardleading St. Louis to reach the postseason, and the surprising Cardinals were 41/2 games back of Central-leading Chicago.

Back again after decades of heartache, Cubs fans are hoping this is the year their beloved team wins its first World Series title since 1908. Chicago rolled to a 37-12 record at a rollicking Wrigley Field in the first half and acquired right-hander Rich Harden from Oakland before the break.

"Names don't win baseball games for you, production said. "I'll tell you this, we're going to have our hands full the rest of the summer. You look at the teams in our division and all of them have winning records at home."

Piniella helped skipper the Cubs through first-half injuries to ace Carlos Zambrano and All-Star outfielder Alfonso Soriano, who could be back in Chicago's potent lineup soon.

"We're confident, but we're not arrogant," second baseman Mark DeRosa said. "Just a bunch of guys having fun.'

They're also having a lot of fun on the South side of Chicago, where the White Sox were in first after losing 90 games a year ago.

"I won't say I'm satisfied but I'm happy where we are for now," manager Ozzie Guillen said. "I'd rather be here right now in this position than be in another position."

Guillen's team will be tested over the season's final months, trying to hold off the plucky Twins and Tigers.

Minnesota traded ace Johan Santana in the offseadoes," manager Lou Piniella son but stayed in the race

behind steady All-Stars Joe Mauer and Justin Morneau, whose production will be closely watched as the Home Run Derby champ. Justin Verlander and Detroit are back on track after an awful start, with the ace right-hander winning his last five decisions before the break.

The Los Angeles Angels' six-game lead over the Oakland Athletics in the AL West was the biggest lead in baseball at break, but there were close races in the NL East and West - for very different reasons.

The uneven Diamondbacks (47-48) were leading the slumping West, followed by the mediocre Dodgers.

"I knew we were going to be inexperienced, I knew we were going through trials of being inconsistent," Los Angeles second baseman Jeff Kent said. "But I'm grateful that Arizona's going through the same thing."

All the standings could be thrown for a loop with a big trade or signing. Atlanta slugger Mark Teixeira could be on the move again if the injuryriddled Braves fall off the

pace, and Toronto right-hander A.J. Burnett could be attractive for a team desperately seeking another starter. San Diego could deal 350game winner Greg Maddux and left-hander Randy Wolf.

And still out there on the free-agent market: indicted home run king Barry Bonds.

With most of the teams still in the race for a postseason spot, teams could have trouble deciding whether they're buyers or sellers ahead of the deadline. It could lead to another surprising postscason, too.

"There isn't that much of a difference between the top five teams in our league and the teams on the bottom." Piniella said. "Any team can beat you."

AP Sports Writers Janie McCauley in San Francisco and Rick Gano in Chicago, and AP freelance writer Chuck Murr in Cleveland contributed to this report.

Baseball gets it right, and not just for 1 night

by TIM DAHLBERG ASSOCIATED PRESS

The Boss appeared to be shedding a tear behind those sunglasses, something no one ever thought they would see at Yankee Stadium. George Steinbrenner getting soft in his old age seemed almost as alien as New York fans cheering for Jonathan Papelbon to get out of a jam in the eighth inning.

Most of them weren't, of course, even if it meant the National League getting the home-field advantage in the World Series. But the way the Yankees have been playing this year, that didn't matter much anyway to the crowd wearing pinstripes.

What did matter was that Yankce Stadium got a fitting midseason farewell from the nation 85 years after it opened - and less than a year before it is replaced by a new \$1.3 billion palace next door.

The 49 Hall of Famers on hand to celebrate what will likely be the last major event held there didn't look bad, either, and baseball resisted setting too sentimental in a classy pregame tribute to the stars of yesterday. The tone was just right, and even on television it was touching to watch Derek Jeter walk out and shake hands at shortstop with Ernie Banks.

doing a lot of things right this year, arguably the first time we can really believe testing for steroids and amphetamines is making a difference. Home runs may be down, but the players are cleaner, things are more believable, and the game's image has improved dramatically.

Just the fact that 30 general managers have refused so far to succumb to the temptation of signing Barry Bonds says something about the new state of the game. In years past, someone would have taken a chance on the bloated slugger, but even the Yankees have been smart enough to lay off.

The absence of Bonds isn't the only reason to celebrate the national pastime at midseason. As evidenced by the youthful All-Star rosters, there are some rising stars and, if you can't find anything to like about Josh Hamilton's junkicto- superstar story, how about the quieter elevation of players like Hanley Ramirez, Ryan Braun and Russell Martin to the top echelon.

With revenue sharing doing he job it was designed to do, pletely out of it yet.

Down in Florida, Tampa Bay — yes, Tampa Bay — is battling for the lead in the American League East, while the Marlins have a lineup that makes pitchers tremble when they think about facing it. The Twins keep finding new ways to win, the Tigers are showing signs of life, and the Mets and Phillies are finally neck-andneck.

Those in contention show no signs of complacency, and the Yankees haven't even started any serious dealing yet. Just days after the Brewers went out and traded for CC Sabathia, the Cubs countered with Rich Harden, a trade that could help propel the Lovable Losers to their first World Series win in 100 years.

On top of it all, we got a very entertaining All-Star Game that did nothing to dampen the enthusiasm for the rest of the season, even as it stretched on, inning after inning, and all but the diehards in Yankee Stadium had gotten on the No. 4 train and headed for home

losing records but aren't com- appearance, but by then Whitey probably was asleep.

> Thankfully, Drew never had to pitch or there might have been more talk than usual in October about how the National League got the homefield advantage for the World Series. The only real downer now is that we have to contemplate the possibility of the Fall Classic opening in dreary Tropicana Field.

> The best thing about the whole night, though, was that this game actually meant something. Take Bud Selig to task about the way he's handled labor relations, steroids and almost everything else, but the decision to award home- field advantage in the World Series to the winning league made it more than just an exhibition.

> That's why you saw the AL All-Stars rushing out with hugs and high fives for Justin Morneau after he slid home with the winning run. That's why Francona and Tigers manager Jim Leyland embraced in glee in the dugout.

Aside from Papelbon and e NL All-Stars, it was a



photo courtesy of Beaver Junction Motocross BEAVER JUNCTION MOTOCROSS offers several different divisions.

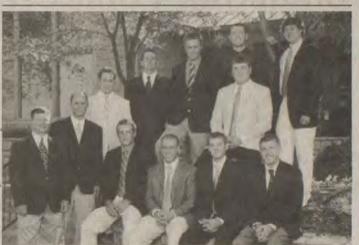


photo courtesy of UK Athletics SALYERSVILLE NATIVE CHASE CARPENTER (seated, sec-

Actually, baseball's been

there's competitive races everywhere to look forward to in the next few months. There are at least 18 teams that have some claim to being in contention, and that's not even counting clubs like Toronto and Baltimore, which have

By that time the American League pitching had worn perilously thin, so thin that Red Sox manager Terry Francona was considering taking J.D. Drew up on his offer to pitch. It was either that, or bring in Whitey Ford for one last

happy night for almost everyone. Baseball celebrated its past while showing off its future, and managed to do it well.

Even the Boss had to be smiling about that.

more likely the measure

won't be on the books until

earliest new rules regarding

steroids could go into effect.

Gov. Steve Beshear named

Dr. Jerry Yon as chair of the

Equine Drug Research

Council last week. Yon said

Monday he hopes to "bring

clarity" to the KHRC's stance

to address the issue on

Monday, though Underwood

said the commission is "mov-

ing rapidly" toward a new

that deaths of horses on

Kentucky tracks are down

slightly so far this year com-

pared with last year. There

were seven fatal breakdowns

at Churchill Downs during its

recently completed spring

meet, including the death of

filly Eight Belles immediately

following the Kentucky

Derby. That's down from 10

17 fatal injuries at state tracks

in 2008 compared with 18

Dutrow will have a hearing

with Underwood on July 29.

Dutrow is appealing a 15-day

suspension for having one of

his horses test too high for the

Asmussen, was fined \$250 by

the KHRC for using abusive

language while arguing with a

starter at Churchill Downs on

May 1, two days before the

Another top trainer, Steve

drug Clenbuterol.

Derby.

during the first half of 2007.

Overall, there have been

Big Brown trainer Rick

at the 2007 spring meet.

The KHRC also reported

The KHRC made no move

Next year is also likely the

2009.

on steroids.

steroids policy.

Sluggish sale prices at Fasig-Tipton

by JEFFREY McMURRAY ASSOCIATED PRESS

LEXINGTON - Effects of a sluggish economy may have spilled into the first major horse sale of the summer Monday, with lower than usual prices for the mid-level yearlings at Fasig-Tipton.

The Lexington auction house held its first major sale since it was purchased in April by Synergy Investments of Dubai. While there were few signs of the management change during first day of the two-day yearling auction, the low prices signaled the economic outlook has changed.

Fasig-Tipton president Walt Robertson said that the top-end sales were similar to last year, horses in the \$20,000 to \$40,000 range were selling for less, and in some cases, not at all. In fact, 44 percent of all the yearlings catalogued on day one didn't meet their reserve price.

Robertson blamed it in part on gas prices and other economic woes.

John Fort, a horse farm owner out of South Carolina, said the market was clearly cooler than usual.

"Seems really down," Fort said. "Just sitting around and watching, I see a lot of \$20,000 to \$30,000 horses sell."

The first day average Monday was \$93,739, up 5 percent from day one a year ago. However, there were \$13.3 million in sales, down from \$15.8 million last year.

"The top market was as much fun as it's ever been," elsewhere.

Jack Brothers of Hidden Brook Farm paid the day's top price of \$330,000 for a bay colt by Unforgettable Max out of Wife's Objection. Brothers said the bidding for that particular horse was about what he expected.

Robertson said.

"It was strong," he said. "We knew going in it was going to be a doglight for him.

But seller Brian Graves of Gainesway Farm said only the premiere horses seemed to get a lot of sales action Monday.

"It's been really good for the good horses," Graves said. 'Anything average or below that, there's not much there. People have become sophisticated in the kind of horses they're buying."

Fort, who paid one of the highest prices of the day -\$300,000 for a bay filly by Saint Liam - said he was surprised the economic downturn was spilling into the horse industry, if that indeed is what has happened.

Besides the reality of the economic condition, horse racing has had plenty of negative publicity recently, particularly after filly Eight Belles fatally broke down in the Kentucky Derby. A steroid ban for the sport has also been pushed across the industry, and Kentucky's racing commission is poised to act on that this summer.

Still, bloodstock agent Nick de Meric said those things aren't necessarily a harbinger of low horse prices with other major sales on the horizon for Keeneland and

Ky. Racing Commission approves limit on toe grabs

by WILL GRAVES ASSOCIATED PRESS

running Horses on Kentucky tracks next year could be running more naturally under a rule approved by the Kentucky Horse Racing Commission on Monday.

Under the new guidelines, horses would not be permitted to race on toe grabs more than 2 millimeters long. The equipment, used on tracks for decades to help horses gain traction on the dirt, has come under fire recently after experts found the accumulation of mud under toc grabs while running puts too much pressure on the bones in a horse's front legs.

The filly Eight Belles, who was euthanized on the track at Churchill Downs following a breakdown moments after finishing second in the Kentucky Derby in May, was wearing toe grabs at the time of the accident. The length of the toe grabs Eight Belles was wearing during the race was unclear, though KHRC executive director Lisa Underwood said it didn't appear to factor in her death.

The toe grab rule could go into effect as early as the fall, though the KHRC's lengthy regulatory process makes it East

Basketball Youth Camp, conducted by East Kentucky Miners Coach Kevin Keathley, will be held at Sheldon Clark High School (July 31-Aug. 2).

run from 9 a.m.-3 p.m.

The preregistration fee for an individual East Kentucky Pro Basketball Youth Camp is \$65 per participant. Two siblings in the same immediate family who preregister can attend a single camp for \$100. Each additional sibling in the same immediate family will be able to attend a single camp for \$35 through preregistration.

camper.

Registration for the camp will be held from 8-9 a.m. on

Each East Kentucky Pro Basketball Youth Camp participant will receive a T-shirt, participation medal and certificate of completion. The camps will also include giveaways and the chance to win various prizes and awards, including basketball merchandise and trophies.

first two days of the camp.

available throughout Eastern Kentucky counties and at the East Kentucky Miners office (located at 237 2nd Street Suite 5, Pikeville)' and several area businesses. Applications are also available online at www.ekminers.com.

Checks for the camp should be made payable to Coach Kevin Keathley. For more information on the East Kentucky Pro Basketball Youth Camps, call 606-437-9715 or 606-794-6409. Additional information on the camps is also available via

ond from right) is a member of the University of Kentucky men's golf team. Carpenter recently finished runner-up in a Lexington tournament.

SPORTS CALENDAR

Kentucky Pro **Basketball Youth Camps:** The East Kentucky Pro The three-day camps will

The registration fee for the first day of the camp is \$75 per

the first day of the event.

Lunch will be provided from noon-1 p.m. each of the

Camp applications arc

cmail coachkeathley@yahoo.com. coachkeathley@ekminers.com

or stevenlemaster@suddenlink.net.

Focus High School Football Combine: The Focus High School Football Combine will be held Saturday, July 26. The combine will be comprised of the 40-Yard Dash, 20-Yard Shuttle Run, Bench Press (Repetitions of 185 pounds), Vertical Jump and Broad Jump.

Preregistration for the combine is still open. The combine is open to incoming high school freshmen, sophomores, juniors and seniors.

Results and video from the Focus High School Football Combine will be distributed to every NCAA, NAIA and junior college gridiron program in the nation.

Each combine participant will receive an event T-shirt, hat and copy of their individual and overall results. A postcombine meal will also be provided.

An awards program will honor combine participants who excel. Position and class awards will be based on individual performance.

Preregistration for the combine is \$50. Onsite registration will get underway at 8 a.m. on Saturday, July 26. Registration on the day of the combine is \$60.

Checks and money orders for the combine should be made payable to Steve LeMaster.

For more information on the Focus High School Football Combine, including hotel discounts for out-of-town participants who will have to stay overnight, call 606-794-6409 email OF footballcombine@suddenlink.net.

'Young gun' Keselowski trying Nation focus on to

by WILL GRAVES ASSOCIATED PRESS

Brad Kesclowski always thought he'd get a chance to go out and enjoy being one of his sport's rising stars.

Wrong.

the 24-year-old Ask Nationwide Series driver if he has a life these days and he can't even muster the energy to laugh.

"I would say no, 35 weeks a year is a grucling schedule," he said. "To be honest I think the Nationwide schedule is tougher than the (Sprint) Cup Series schedule. So, you know, it presents its own set of challenges. And, you know, my life right now is racing."

On the track, the racing has never been better for Keselowski. He heads into the Dodge Dealers 250 on Saturday in St. Louis second in the series points, trailing Clint Bowyer by 183. The sometimes overwhelmed driver who limped to a 25th-place finish in the season standings last year is gone. Keselowski captured his first Nationwide Series win in Nashville last month and hasn't been out of the Top 10 in the season standings since March.

"There are times when you sit back and you think and you go 'Wow, this has really been a dream season, really been a great year so far," he said. "Just the past 12 months, a lot of good things have happened to me and I've been very fortunate."

The past week hasn't been

quite so kind.

Navy, the title sponsor for Keselowski's No. 88 Chevy, announced it was pulling out at the end of the season even though Keselowski's win in Nashville gave Navy its first win in the series.

"The performance has been of such (success) to where it was somewhat surprising," he said. "But those issues are out of my hands and there wasn't much I could do about it. So that's just the way it goes. Life goes on."

That means Keselowski heads into the final 15 races of the season trying to catch Bowyer — and the eye of a title sponsor for next year. He plans on driving the No. 88 for team owner Dale Earnhardt Jr. in 2009, even though he's not sure whose name will be splashed across the hood.

"We're working on a few things," he said. "But I know (driving for JR Motorsports) is locked in stone and look forward to that.'

It'll also give him another year to learn from Earnhardt, who has mentored Keselowski when he has had the time.

"Going to Daytona he helped me out a tremendous amount, watching footage from Talladega and showing me what I did wrong and what T did right and trying to explain that to me," Keselowski said. "So it's just the small things like that, that seem to help me out a lot."

The small things aren't limited to the track. As exhausting as his weekly schedule can pales in comparison to the demands that face the sport's most popular driver. Yet Earnhardt has been sure to point out to Keselowski that the work done between Saturday nights is just as important as the work done at 180 mph.

"You know, when it comes down to the responsibilities to the sponsors and to the fans and how to balance all that and how to live your own life ... it's a constant juggling act," he said. "There's no right or wrong on it, but it's trying to find that right balance and that right harmony.

Kesclowski would like to find some balance on the track, too. While he has no worries on midlevel tracks like the 1.5-mile ovals in Las Vegas, Kentucky and Kansas, he's still got a lot of work to do to figure out the road courses. If he wants to have any shot at catching Bowyer, he knows his team needs to do better when required to turn left and right.

"The road course races, you know, we need to just survive them and try not to lose any points to Clint," he said. "Those are definitely not my strong suit."

He'll get a chance to improve next month when the series runs at Circuit Gille Villeneuve and Watkins Glen.

Making up 183 points is a steep hill to climb, one that might not be so daunting if the Nationwide Series borrowed the Sprint Cup's idea and cre-

become, Keselowski knows it ated a chase for the championship, resetting the standings late in the season so the top 12 drivers all have a shot at the title.

> Under Sprint Cup rules, Keselowski could basically throw out two carly season duds when he finished 32nd in California and 23rd at Las Vegas. With the standings reset, he'd be well within striking distance of Bowyer. Now, he's more of a distant speck in Bowyer's rearview mirror, though one that keeps getting bigger.

"The Chase is great, but I also respect the fact that it takes a whole season to determine a champion," he said.

And that would make a title run all the more rewarding.

"I really feel like we have a shot at running for the title," he said. "So we're excited about it. We're excited to see what the future will hold.'

Hopefully, the future holds a title sponsor for '09. Oh, and a life would be nice, too.

Ambrose moving to Cup with JTG/ Daugherty team THE ASSOCIATED PRESS

ASHEVILLE, N.C. Former NBA star Brad Daugherty will become one of the few black owners of a NASCAR team in the sport's top series.

Daugherty, 42, said Tuesday that he has become a

partner in JTG Racing that currently fields two Nationwide Series cars, and that JTG/Daugherty Racing will have a Sprint Cup Series ride in 2009 with driver Marcus Ambrose.

He said he hopes to announce soon plans for another Nationwide team for the 2009 season with a young area driver.

That is expected to be Coleman Pressley, 19, an Asheville native and JTG Racing employee who drives in the Whelen Series. Pressley is the son of former NASCAR driver Robert Pressley.

Daugherty, played at North Carolina and in the NBA with the Cleveland Cavaliers, said he will continue in his role as a NASCAR race analyst with ESPN.

"I'm proud that I'm |one of] the first African-American owners at this level," Daugherty said. "I co-founded NASCAR's Diversity council about 15 years ago, and a lot of people have spent a lot of time to make this sport more inclusive.

"I hope this will open some doors for more minorities to become involved in this great sport."

Ambrose will drive the No. 47 in the Cup Series, and Little Debbie snack cakes will sponsor the car. Ambrose, a 31year-old racer from Australia, currently drives the No. 59 Ford in the Nationwide Series and is in 13th place in the points standings through 20 races.

Daugherty has had one win as an owner in the then-Busch Series, with Robert Pressley driving in 1989.

Other NASCAR minority owners include NFL wide receiver Randy Moss, who recently bought into a Craftsman Truck Series team, and Sam Belnavis, who owns a small part of Roush Fenway Racing.

NASCAR SPRINT CUP DRIVER STANDINGS

1. Kyle Busch, 2,881 2. Dale Earnhardt Jr., 2,619 3. Jeff Burton, 2,590 4. Carl Edwards, 2,509 5. Jimmie Johnson, 2,494

6. Jeff Gordon, 2,384 7. Greg Biffle, 2,318 8. Matt Kenseth, 2,317 9. Kevin Harvick, 2,308 10. Tony Stewart, 2,305

11. Kasey Kahne, 2,295 12. Denny Hamlin, 2,283 13. Clint Bowyer, 2,256 14. Brian Vickers, 2,188 15. David Ragan, 2,185

16. Ryan Newman, 2.094 17. Martin Truex Jr., 2,050 18. Kurt Busch, 2.038 19. Bobby Labonte, 1,905 20. Juan Pablo Montoya, 1,863

Racing phenom Logano has sights set on taking Food City 250 title at Bristol

SPECIAL TO THE TIMES

BRISTOL, Tenn. - Joey Logano, the 18-year-old phenom who made history this year when he became the NASCAR youngest Nationwide Series winner ever, has the Aug. 22 Food City 250 at Bristol Motor Speedway circled on his calendar.

While the Food City 250 will be Logano's first Nationwide start at the World's Fastest Half Mile, it will not be the first time he has taken on the .533-mile oval. Three years ago, Logano made his world. Hopefully, I'm picking Bristol debut in a Hooters Pro Cup race. Despite, at 15, being younger than most of his competitors, he actually ran as high as third that day. Then, he found himself in trouble. Caught up in a wreck, the end result was hardly to Logano's liking. "I was actually running well," he said. "And then just like that, I was in a wreck. It wasn't the best day so you can bet I'm coming back to redeem myself in August."

quer Bristol Motor Speedway. Not only will he have to contend with the rest of the Nationwide Series regulars but quite a few Sprint Cup drivers as well as they battle for the Food City 250 title. He looks forward to racing with the Cup. drivers, though because he realizes racing with the best will make him a better driver.

"I love racing with those guys," he said. "Who wouldn't love the chance to race with all of them? I'm just so lucky I get to be out there with the best race car drivers in the up some things from them as I go."

competition as he tries to con- The timetable for that likely will be sooner rather than later since Tony Stewart will not return to Joe Gibbs Racing in 2009. But Logano says he is not worrying about that; right now all he wants to do is race - and win.

> As to whether he was surprised to have won in only his third Nationwide start, Logano claims he had no specific time table for victories.

"I don't look at things like that," he said. "But I will say this: every single race I'm in I a great player but he had go out there thinking I'll win. something and he worked at it I'm in 18 races. I want to win 18. Running second, to me, is unacceptable. No, me and second don't get along too thing he has learned throughwell."

dent young man with talent to spare. But he says there is another key ingredient to success - development.

"There's natural talent but there's a lot of hard work too." he said. "You can have talent but if you don't develop it, what good is it?

"Anybody can be average but if you have any talent and you work at it, you'll get better and better. It's that way in any sport. Just look at Michael Jordan. He wasn't always such and he practiced and he



Logano, like most firsttimers at the steeply banked concrete oval, was suitably impressed - and a bit in awe.

"The first time I went out (for practice), I ran four laps and I came back in huffing and puffing," he said with a laugh. "Know why? 'Cause I was holding my breath the whole time

"I plan on not only finishing the race in August but a big part of my plan also will include remembering to breathe."

Logano will have plenty of

Already he has picked up the nickname "Sliced Bread," as in 'the best thing since sliced bread.' He says, however, he pays little attention to all the hype focused on him this season. As for the expectations, he has no problem with that either.

"I look forward to it," he said. "The pressure isn't getting to me at all. I'm 100 percent fine with it; it's been that way most of my life. It's just that now it's on a bigger scale."

Mature for his age, Logano began racing quarter midgets as a six-year-old and from that carly age his talent, not to mention determination, was evident. He has found success every step of the way, in quarter midgets, Bandoleros, Legends, late models, Hooters ProCup and in the Camping World East and West Series.

Now he is out to conquer the Nationwide Series. Then it's on to the Sprint Cup Series.

Blessed with a gregarious personality and a mega-watt smile, Logano describes himself as pretty typical and a "goofy type of kid."

"Really, I'm just easy going," he said. "I'm happy most of the time - as long as I don't finish second. I'm pretty happy-go-lucky. But I can be pretty gooly too."

How goofy? Logano says his victory celebration goes a long way in proving just how different he can be.

"Well, since I was little, I would get out of the car, get on top of it and then give myself a high five," he laughed. "I don't mean to do it really and it looks stupid but it's just a habit. I guess I get up there and there's nobody else around so I just high-five myself and then I do a big burnout.'

quite obvious that Logano is 6900. Ticket prices start at something special behind the only \$45. wheel of a race car; a confi-

became great.

Logano hopes to put everyout his career and in the Nationwide Series to good use on Aug. 22 and net his very first win at the World's Fastest Half Mile.

"I am so looking forward to Bristol," he said. "You're in the throttle a lot there, there's not much of a break for you. It's a challenge, for sure. And the fans there, they love it. They know how awesome it is and to get to watch a race there is really cool.

"A win is a win no matter where you are but some are more cool to win. Bristol. obviously, would be a cool place to win. It's just neat, everybody talks about it and it's one of those places that it's just special if you can win."

Tickets for the Food City 250 are available and can be purchased on line at bristoltix.com or by calling the Celebrations aside, it is BMS ticket office at 423-989-

TAMMY'S HOT SPOT was a recent winner at Thunder Ridge Raceway & Entertainment Complex.

2008 NASCAR Sprint Cup Remaining Schedule

July 27 — Allstate 400 At The Brickyard, Indianapolis

Aug. 3 - Pennsylvania 500, Long Pond, Pa. Aug. 10 — Centurion Boats At The Glen, Watkins Glen, N.Y

Aug. 17 - 3M Performance 400, Brooklyn, Mich.

Aug. 23 — Sharpie 500, Bristol, Tenn.

Aug. 31 - Sprint Cup 500, Fontana, Calif.

Sept. 6 - Chevy Rock & Roll 400, Richmond, Va. Sept. 14 - Sylvania 300, Loudon, N.H. Sept. 21 - Dover (Del.), 400 Sept. 28 - Kansas 400, Kansas City

Oct. 5 - AMP Energy 500, Talladega, Ala. Oct. 11 - Bank of America 500, Concord, N.C. Oct. 19 - TUMS QuikPak 500, Martinsville, Va. Oct. 26 - Pep Boys Auto 500, Hampton, Ga.

Nov. 2 - Dickies 500, Fort Worth, Texas Nov. 9 — Checker Auto Parts 500, Avondale, Ariz. Nov. 16 - Ford 500, Homestead, Fla. x-non-points race

Kyle Busch to pursue NASCAR history at Kentucky

Driver hoping to pull off triple

TIMES STAFF REPORT

SPARTA - Kyle Busch stands a victory away from making NASCAR history as the first driver to win a race in all three of the organization's national series in successive starts.

Busch, a two-time NASCAR Craftsman Truck Series winner in 2008, hopes to add Saturday's Built Ford Tough 225 at Kentucky Speedway to last weekend's NASCAR Sprint Cup/Nationwide Series sweep at Chicagoland Speedway.

Busch already is a member of a select group of drivers

who have won in all three national series in the same season, posting a victory each year from 2005-08. Terry Labonte (1995) and Kevin Harvick (2003) also pulled off that triple.

The opportunity is just the latest milestone in what any NASCAR driver would consider a milestone season: The Sprint Cup Series championship lead on the strength of seven victories; five Nationwide Series wins and top-five point ranking; and truck wins back-to-back at Auto Club Speedway and Atlanta Motor Speedway.

While Busch has never competed in a truck race at Kentucky, the 23-year-old competitor was the track's Nationwide Series winner on June 19, 2004. An accident while running second sidelined him from last month's "Meijer 300 Presented by Oreo" in which he led a racehigh 85 laps at the Sparta facility. A victory also would make Busch the first threeseries winner in Kentucky Speedway history. He charted an ARCA RE/MAX Series win in his track debut on May 10, 2003.

Busch, who drives the Miccosukee Resorts/NOS Energy Drink Toyota for Billy Ballew Motorsports, most recently competed in the NASCAR Craftsman Truck Series on June 14. He finished seventh at Michigan International Speedway.

To Busch, the record is secondary to pushing Ballew back into contention for the NASCAR Craftsman Truck Series owners' championship. Ballew ranked second after the Michigan round but has fallen to fifth, 63 points behind leader DeLana Harvick whose driver, Ron Hornaday Jr., also leads the standings heading into the season's 13th race.

"I want to keep Billy up front and no one else can do it," said Busch. "I think it's cool that as long as he's been in the sport, he's finally got a chance to win a championship and I want to help him keep that alive.'

The fourth of five event weekends on the 2008 Kentucky Speedway schedule will open today at 4:30 p.m., with ARCA RE/MAX Series qualifying for that night's Kentucky 150. NCTS final practice will follow at 6:30 p.m., and the Kentucky 150 field will take the green flag at 8 p.m.



Kyle Busch will look to make history when he hits Kentucky Speedway for a truck race.

Friday, July 18, 2008

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INSIDESTUFF

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MEDI

Infected tonsils can stop fighting disease, promote it instead - Page B6

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WELLNESS Q&A Back trouble

by ERNEST BREWER DIRECTOR OF WELLNESS & REHAB HIGHLANDS REGIONAL MEDICAL CENTER

Question: I am 48-year-old female. Four months ago, I began having low back pain and I have



recently been told that I have a bulging disc in my low back. What can I do about it, and what is the difference between a bulging disc and a herniated disc? Answer:

Experiencing

back pain can

be quite debil-

Helping you find the answers to your health concerns

itating and frightening, especially, as in your case, if it persists for several months. Learning that your problem may be related to a bulging disc can also be frightening as well. So, hopefully what I have to say may give you some hope.

The discs that are located between each vertebrae act as shock absorbers, and like so many other parts of our bodies, they may wear down. If the disc pushes out but doesn't actually rupture the wall of the disc, this is considered a bulging disc. A herniated disc is a disc that bulges toward the back of the spine and does break through the disc wall.

The good news is that having a



Dennis Dorton, chairman of the board of directors for the Big Sandy Red Cross, and Robyn Tackett, director, displayed the Red Cross flag during the organization's "Heroes Campaign" held on the Prestonsburg campus of Big Sandy Community and Technical College.

HELPING HEROES

bulging disc does not mean that

(See WELLNESS, page six)

DINNER DIVA Easy summer no-cook meals

The heat is on...summer is bearing down in all her glory. Being outside can be unbearable, even if you're crazy like me and enjoy creating a garden in this heat. If you feel more like a wilted lily than a perky petunia, it's time to hose down the kitchen and start assembling dinner, rather than cook it in the oven! Here are my Top Seven

1) Nicoise

Romaine let-

tuce.

toss



Leanne Ely

hardboiled egg (also chopped), a tomato cut up, olives (I like pitted Kalamatas, about 5, cut in half). previously cooked green beans (I use leftovers from the night before) and a good olive oil/balsamic vinaigrette dressing (make your own, 4:1). Great and satisfying salad!

2) Taco Salad. Take leftover taco meat, a can of black beans (drained), cut some leftover corn on the cob cut off of the cobs, lettuce, grated cheese, some olives, chopped cilantro, avocado, chopped tomato...and whatever else you like, all tossed together with the same above dressing. Put it all together in a bowl, tossed to mix, and serve it up, topping each plate with a handful of smashed tortilla chips. Yum!

3) Chinese Chicken Salad. Okay, we're using leftovers again! This time it is grilled chicken

Emotions highlight fundraiser kickoff

by JARRID DEATON FEATURES WRITER

In an event filled with emotional stories and testimonies, the Big Sandy chapter of the American Red Cross recently kicked off its "Heroes Campaign" at the Martin Student Center on the campus of Big Sandy Community and Technical College.

Freddie Goble, known to many as "Munroe," a popular personality with the Kentucky Opry, shared a story about his daughter, Robyn Tackett. Tackett is the chapter's newly appointed director.

Goble told the crowd about his daughter calling late one evening to ask if her children could stay at his house while she and another Red Cross volunteer responded to a house fire where someone lost their life.

This is the kind of dedication the people involved in this organization have," Goble said.

Goble then introduced Tackett, who took the stage wiping tears from her eyes.

Tackett carried a small brown lunch bag in her hand and proceeded to the tell the story of the first fire she ever responded to after joining the Red Cross.

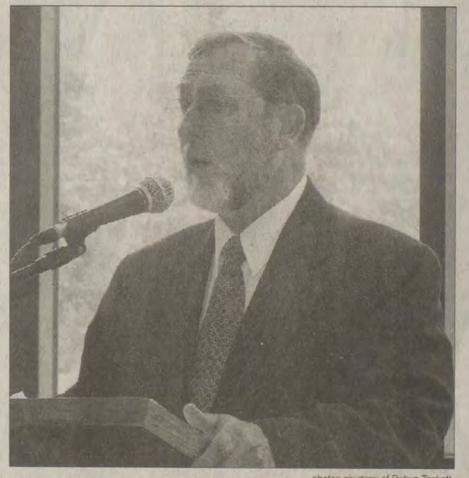
After only being on the job for four hours. Tackett responded to a mobile home fire where a family lost everything, including a beloved pet.

"How do you explain to a 7year-old that everything he has left in the world will fit inside this paper sack," Tackett said. "That everything he had in the world that made him feel safe, including his best friend is gone?"

Tackett said that is when she realized that she was making a difference in people's lives.

"On the way home, I thought about what I'd seen. Then I real-

(See HEROES, page seven)



photos courtesy of Robyn Tackett Freddie Goble, chairman of this year's "Heroes Campaign" by the Big Sandy Red Cross, recounted a story about his daughter, Robyn Tackett, during the official start of the campaign on June 5.

FLY LADY

Foundations for your dreams

The grass is always greener on the other side of the fence. I think this little cliché has put us into a state of unhappiness. We are hardly ever satisfied with what we have and where we are in life. I am not saying that we should stop dreaming because I believe that dreams give us hope. What I do want to do is show you that our dreams need good foundations to grow on and

that we can choose to be happy any place we are.

In 1996 Robert and I married. I set out to make his house my home. I would plan and scheme and come up with ideas to remodel. We would go to dinner and draw plans on a napkin. Then I would look at the cost and beat myself up because I was not much of a housekeeper. I would say that unless I can keep what I have clean, then I didn't deserve a new home. For some reason I never blamed the house for being too small.

The walls were closing in on me because we kept going to auctions and buying more stuff and not getting rid of anything. At the auctions we began to upgrade our furniture. We made some lovely selections that matched our personalities. In 1999, I woke up on New Year's Day

determined to "Get Organized," whatever that mcant.

That is when I set out on my journey. It all started with shining our twentythree year old lime crusted sink. I knew that my all or nothing stinkin' thinkin' had never got me to the place I wanted to be. So I resolved to be nice to myself too; not

(See FLY LADY, page seven)





The doctor says my child needs to have his tonsils out. I didn't think that was done anymere. Can't we just wait and see if he will outgrow his frequent strep throats? If we have the tonsils out, will they grow back? And does it mean he won't get sick anymore?

Tonsillectomy, having the tonsils surgically removed, Lused to be one of the most common childhood surgeries in the United States. It is still done, but much less often. Let me review a little of the history of this procedure.

Records show that tonsillectomies were performed by ancient physicians before 100 AD. This was done without anesthesia and was very painful. With the development of effective anesthesia, the number of

family OHIO UNIVERSITY Medicine

Martha A. Simpson, D.O., M.B.A. Associate Professor of Family Medicine

> tonsillectomies performed each year began to increase in the late 1800s. The popularity of this procedure really soared in the first half of the 20th Century as surgical and anesthesia procedures evolved and improved. But then a few decades ago, the guidelines were made more stringent, and the numbers began to drop. We went from several million of this procedure still being performed each year in the 1970s to about 600,000 by the late 1990s. The result of this change is good for the patient in that it means many fewer unnecessary tonsillectomies are performed today than in the past.

> When you say tonsillectomy, I'm assuming that you are referring to the tonsils in the throat. For the record, we have three sets of tonsils - the

lingual tonsils, which are comprised of lymphoid tissue on the back of the tongue; the pharyngeal tonsils, which are located behind the nose and the roof of the mouth and are also called the adenoids; and the palatine tonsils. which are the ones in the throat.

Tonsils produce lymphocytes, special immune system cells that help your body fight disease. When the tonsils are healthy, they perform this task admirably. If the tonsils become chronically diseased, however, they don't produce as many of these good "fighter cells" that help promote, healing; instead, become a seed bed for infection.

As in the past, chronic infection is still often a good reason for having a tonsillectomy. Airway obstruction is another reason to take the tonsils out. If a person is having three or more tonsil infections per year, that can be an indication for tonsillectomy, especially if he or she is becoming more resistant to antibiotic treatment.

Some children will build up their immune systems and overcome these chronic infections. But in many other cases, the child is better off having the tonsils out. For instance, some studies have shown that kids with chronic tonsillitis who have a tonsillectomy have about two fewer sore throat infections per year than kids who don't have the tonsillectomy. These kids miss less school and report a better quality of life. Also, children with sleep apnea and airway obstruction due to their tonsils often find this operation brings complete relief.

With modern surgical techniques, it's very uncommon for tonsils to grow back. This did happen with certain older techniques that left the base of the tonsil intact.

If you are not sure what you should do, return to the specialist with a list of questions. Then, if you are still not satisfied, get a second opinion. Your primary care physician can be a good resource for you in making this tough call.

Family Medicine® is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of

Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicinenews.org. Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions. Past columns are available online at www.familymedicincnews.org.

Family Medicine(r) is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicinenews.org. Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions. Past columns are available online at familymedicinenews.org.



Infected tonsils can stop fighting disease, promote it instead

Mobelini named interim director of UCM

by JARRID DEATON FEATURES WRITER

A professor at Hazard Community and Technical College has been named interim director for the University Center of the Mountains.

Deronda C. Mobelini, who has worked with Hazard Community and Technical College as both a teacher and administrator since 1985, was named to the position.

While at HCTC, Mobelini served as coordinator of the Continuing Education and Community Service Program; coordinator of the Greater Hazard Area Performing Arts Series, the Natural, Physical and Social Sciences and Mathematics Division Chair

for seven years, and the Professional Studio Artist Degree Program Chair 2007-

2008. While in these leadership positions, Mobelini has always served as classroom faculty teaching freshman composition in addition to Survey of English Literature and Introduction to Literature courses. She also has taught developmental reading and writing classes.

"Our area still has the fewest number of individuals with baccalaurcate degrees in the state," Mobelini said. "Therefore, the willingness of our regional universities and colleges to work together in order to provide additional educational opportunities through the University Center

of the Mountains for our citizens is impressive."

Ron Daley, the first director of the University Center of the Mountains, was named senior director of advancement and governmental relations at Hazard Community and Technical College.

HCTC President Dr. Allen Goben praised Mobelini for her wealth of educational leadership and her dedication to student success.

"Students will be well served with Deronda at the helm of this very vital UCM Director position," Goben said. "We look forward to seeing even more students take advantage of this opportunity to further their education close to home under her leadership."

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Wellness

you will have to continue to hurt. In fact, if you would randomly select 100 people your age who have no back pain and perform an MRI on them each, you would likely find that well over 50% of them have some form of disc bulge or degenerative change.

Now to the most important question: What can you do about it? There are multiple reasons in addition to the bulging disc as to why you may be having pain. If your pain had existed only a couple of days, it would be reasonable for your doctor to prescribe an anti-inflammatory type medication and instruct you to utilize a cold pack for 20 minutes multiple times per day. However, your pain has persisted long beyond this type of treatment, Therefore, it is essential that you be evaluated

thoroughly by a physician or physical therapist skilled in assessing the muscles, soft tissues and joints of your lower back to determine the best choices for treating your pain.

Ernest Brewer is a physical therapist and athletic trainer with over 20 years of clinical experience. In addition to his experiences in hospital, home health and outpatient settings, he has provided services to high school, college and professional sports including pro

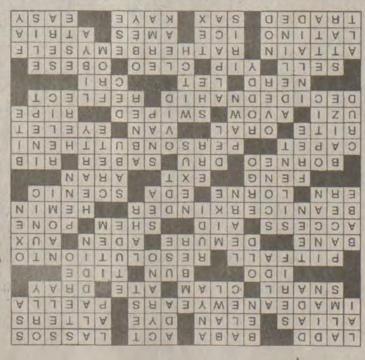
www.americanheart.org

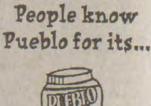
Continued from p5

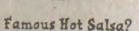
erican Heart

rodeo, ballet and basketball. He is the Director of Rehab and Wellness at HRMC.

The information presented is intended to be informative for the general reading audience and not intended to be utilized for creation of a personal treatment plan or replacement of the cure of your current health care professionals. In all cases, seek the advice of your physician for a definitive answer for your specific health con







In Pueblo, the free government information is also hot. Dip into the Consumer Information Center web site, www.pueblo.gsa.gov. You can download all the information right away.

U.S. General Services Administration PSA

Heroes

Continued from p5

ized that the next bag could just as easily be mine," Tackett said. "Some people think of the Red Cross as being like the calvary. When we have a largescale disaster, they have come to expect the Red Cross to come to the rescue. In reality, the Red Cross is in our communities every day."

The Red Cross receives no imbursement from state or government agencies. Because of this, it is important that people donate to the organization. To become a "Hero" for the Red Cross, a person or business makes a pledge to raise \$1,000 for their local chapter.

Mary Alice Oldfield, regional chapter development specialist, was the last to speak.

"The chapter has set a goal of \$50,000 for this year's campaign," Oldfield said. "We challenge the counties of the Big Sandy Chapter's service area, which includes, Floyd, Johnson, Knott, Martin, Magoffin, Pike, Letcher, Leslie and Harlan counties, to raise \$7,000 each."

For more information on the Big Sandy chapter of the Red Cross and how to make a donation, visit www.bigsandyredcross.org.



7/18/08 - 7/24/08 Cinema 1-Held Over JOURNEY TO THE CENTER OF EARTH PG). Mon.-Sun. 7:00-9:15; Fri. (4:15) 7:00-9:15; Sal.-Sun. (2:00-4:15) 7:00-9:15. Cinema 2-Starts Friday, July 18 SPACE CHIMPS (G). Mon.-Sun. 7:00-9:15; Fri. (4:15) 7:00-9:15; Sat.-Sun. (2:00-

by TOM DOTY TIMES COLUMNIST

Three of this week's releases should entertain the audiences they're aimed at, with only one strike out in the bunch.

"The Bank Job" — Jason Statham ("The Transporter") stars in this crack crime caper flick that re-stages a London bank heist that flummoxed authorities and never saw an arrest made. Here they postulate that the bank's safe deposit boxes contained compromising information about the

royal family, but who cares, as this is a well executed heist drama that benefits from a shady turn by Saffron Burrows as a femme fatale who helps set up the job knowing full well what secrets might be hidden there.

College Road Trip" - Martin Lawrence gets back into form with this comedy, which casts him as an overprotective dad who tags along on his daughter's search of colleges. Though he's pretty funny here, Lawrence gets upstaged by Donnie Osmond (cast against type as a sleazy older guy) and a pig (with almost as much personality

as Arnold of "Green Acres" fame).

"Step up 2 the Streets" — If you enjoy musicals with plenty of urban music. then you'll definitely enjoy this romance set at an arts college, where two dancers fall for each other and embrace "street dance-offs." This activity is like street fighting, only the punches never connect and there aren't any cynical judges using the affair to make obnoxious comments in a lame attempt to boost ratings (the laugh's on me as this tactic works wonders). Hopefully street dancing contests will catch on and we can stop Tivo-ing "So

You Think You Can Dance" at the Doty household.

"Shutter" — This week's turkey finds yet another tired ghost story that started out as a Japanese film and was then remade for American audiences. Unfortunately this one was based on a stinker and it doesn't smell any better in English. A couple moves to Japan to shoot fashion models but find their pictures are haunted by the young girl they ran over when they first arrived.

Next week look "21," with Kevin Spacey, and check out the arctic horror of "The Last Winter."

AT THE MOVIES ' 'Dark Knight' nearly lives up to the hype

"The Dark Knight,"

a Warner Bros. Pictures

Rental - Central

by CHRISTY LEMIRE AP MOVIE CRITIC

It's difficult to separate the movie from its mystique.

Even under ordinary circumstances, "The Dark Knight" would have been one of the most hotly awaited movies of the summer blockbuster season. The loss of Heath Ledger to an accidental prescription-drug overdose in January has amplified the buzz around the film - and his crazed performance as the Joker - to extraordinary levcls.

Nothing could possibly satisfy that kind of expectation. "The Dark Knight" comes pretty close.

Christopher Nolan's film is indeed an epic that will leave you staggering from the theater, stunned by its scope and complexity. It's also, thankfully, a vast improvement over his self-serious origin story, 2005's "Batman Begins."

As director and co-writer with his brother, Jonathan (David S. Goyer shares a story credit), Nolan has found a way to mix in some fun with his philosophizing. Ambitious, explosive set pieces share screen time with meaty debates about good vs. evil and the nature of - and need for — a hero.

Batman (Christian Bale) has been that guy. Now, he's not so sure he should be any-



the professionals. Maybe he can even rekindle his romance with old flame Rachel Dawes (Maggie Gyllenhaal, taking over more than capably for Katie Holmes, although she doesn't get much to do, either).

And so "The Dark Knight" presents an existential crisis what comic-book hero doesn't suffer these? - but does so in a totally different way from its predecessor. Whereas "Batman Begins" felt too solemn and introspective, this installment might actually be too fast. Like the Caped Crusader himself, speeding through the streets of Gotham City on his tricked-out Bat-Pod motorcycle, Nolan moves breathlessly from one scene to the next.

Trouble is, he's got such great vision and is so adept at creating a compelling mood, it makes you wish he'd held some moments for a beat or two longer, just to savor them - and to let us do the same. A couple of scenes in Bruce's stark, crisply lit Bat-bunker come to mind, as does Batman's nighttime flight over a glittering Hong Kong. (Wally Pfister, a longtime Nolan collaborator who also shot "Batman Begins" and "Memento," returns as cincmatographer. Hans Zimmer and James Newton Howard once again teamed up to com-

release, is rated PG-13 for intense sequences of violence and some menace. Running time: 152 minutes.

Three stars out of four.

pose the huge, sweeping score.)

Nolan was wisc enough, however, to give Ledger plenty of room to shine - albeit in the actor's indelibly perverse, twisted way. There's nothing cartoony about his Joker. Ledger wrested the role from previous performers Cesar Romero and Jack Nicholson and reinvented it completely.

Yes, he's funny, wringing laughs from both clever oneliners and maniacally grand schemes. He can be playful, finding unexpected avenues into the character: "You complete me," he purrs to Batman, mockingly borrowing Tom Cruise's classic line from "Jerry Maguire" and dashing all possibilities for the Caped One's imminent retirement.

But because there's no logic behind his mayhem, he's also truly terrifying. The terror he inflicts on Gotham is meticulously planned (the opening bank heist, shot with IMAX cameras, is a marvel of timing) and yet his sole inspiration is to create chaos, then watch the city squirm and burn. That his attacks grow larger each time, regardless of the collateral damage, makes him so genuinely disturbing. Ledger seems to have understood that, and brings an appropriate - and riveting unpredictability to the role. It's also a neat touch that his ration and filming of "Around

slapdash effort from the start, steadily deteriorates, streaking, cracking and peeling away as the film progresses; it's an outward manifestation of his psychological spiral.

Back to Batman, though because theoretically, it is his movie, right?

Bale seems more assured than ever, now that he has more facets of Batman/Bruce's personality to reveal than he did in the last film. He's consistently proven he's capable of going to dark, scary places for his characters (see: "American Psycho," "Rescue Dawn") and this is no exception.

Also returning are Michael Caine as Bruce's butler, Alfred, and Morgan Freeman as gadget guru Lucius Fox. Both veterans help anchor the movie with a wisdom and

Gone with the Wind' actress dies

The Associated Press

LOS ANGELES - Evelyn Keyes, who played Scarlett O'Hara's younger sister Suellen in "Gone With the Wind" and counted director John Huston and bandleader Artie Shaw among her famous husbands, has died. She was 91

The actress died July 4 of uterine cancer at ner nome in Montecito, near Santa Barbara, producer and close friend Allan Glaser said.

makeup, which looked like a calmness that's crucial when everything (and everyone) is in a state of turmoil. As for Oldman, he disappears into the role of Lt. Gordon and makes it look so effortless, he makes you forget he's acting.

Eckhart, the snarky star of "Thank You for Smoking," may seem an unusual choice to play a law-and-order kind of guy. Here, he's subtle enough to keep us guessing until nearly the end as to where his morals and allegiances truly lie (though eventually he will become the villainous Two-Face, as we know).

But the key showdown, of course, is between Batman and the Joker. Theirs is a relationship that's strangely symbiotic - you could even call it codependent. Or as the Joker puts it, "You and I could do this forever."

the World in 80 Days." She played a cameo role in the movic and helped with publici-

Todd sent her to the premiere in Caracas, then called her abruptly from Paris, saying, "Listen, I have to tell you. I've fallen in love with Elizabeth (Taylor)."

Keyes gave a frank account of her romances and marriages in ner 19// autobiography, "Scarlett O'Hara's Younger Sister." Her role in the 1939 classic led to a contract at

If only.

more. He's protected Gotham fiercely (and with some fierce toys), but the new district attorney, Harvey Dent (Aaron Eckhart), seems to be putting a dent in organized crime with help from Lt. Gordon (Gary Oldman). Perhaps Batman should return to his "normal" life as billionaire Bruce Wayne and leave the clean-up work to

Keyes' personal life often overshadowed her acting career. Besides her often turbulent marriages to Shaw and directors Huston and Charles Vidor, she lived with producer Mike Todd for three years during his prepaColumbia Pictures and stardom. Among her notable roles: Robert Montgomery's lover in "Here Comes Mr. Jordan" (1941), Al Jolson's wife Ruby Keeler in "The Jolson Story" (1946), and Dick Powell's wife in "Mrs. Mike" (1949).

4:15) 7:00-9:15.

Cinema 3-Held Over HANCOCK (PG-13). Mon.-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30.

Cinema 4-Held Over WANTED (R). Mon.-Sun. 6:50-9:20; Fri. (4:20) 6:50-9:20; Sat.-Sun. (1:50-4:20) 6:50-9:20.

Cinema 5—Held Over MEET DAVE (PG).Mon.-Sun. 7:05; Fri. (4:30) 7:05; Sat.-Sun. (4:30) 7:05. GET SMART (PG-13), Mon.-Sun. 9:20: Fri. 9:20; Sat.-Sun. (2:05) 9:20.

Cinema 6-Starts Friday, July 18 MAMA MIA (PG-13). Mon.-Sun. 7:10-9:25; Fri. (4:25) 7:10-9:25; Sat.-Sun. (2:10-4:25) 7:10-9:25.

Cinema 7-Starts Friday, July 18 BATMAN: THE DARK KNIGHT (PG-13). Mon.-Sun. 8:00; Fri. (4:45) 8:00; Sat. Sun. (1:30-4:45) 8:00.

Cinema 8-Starts Friday, July 18 BATMAN: THE DARK KNIGHT (PG-13) Mon.-Sun. 8:30; Fri. (5:15) 8:30; Sat. Sun. (1:45-5:15) 8:30.

Cinema 9-Held Over HELLBOY 2: THE GOLDEN ARMY (PG-13). Mon.-Sun. 6:50-9:20; Fri. (4:20) 6:50-9:20; Sat.-Sun. (1:50-4:20) 6:50-9:20.

Cinema 10-Held Over WALL-E (G). Mon.-Sun. 7:05-9:15; Fri. (4:15) 7:05-9:15; Sat.-Sun. (2:05-4:15) 7:05-9:15.

SPECIAL SHOWING OF BATMAN ON THURSDAY, 7/17, AT 12:01 A.M.



By 6th grade, an alarming number of girls lose interest in math, science & technology. Which means they won't qualify for most future. jobs. That's why parents have to keep their interest alive, in every way we can.

It's her future. Do the math." www.girlsgotechiorg Ad Girl Scouts

Diva

breast, cut into strips. Throw that into a bowl of lettuce (Romaine works great), with slivered almonds, a can of drained mandarin oranges, some chopped cilantro, Chinese noodles (you know you save those from Chinese take outs!) and toss together with a bottled Asian salad dressing...just look at your grocery store's selection, there's a bunch to choose from!

4) Shrimp Stirfry. Easy button...all you have to do is thaw some frozen pre-cooked shrimp. In a wok or large skillet, heat a little oil and sauté some garlic and freshly grated

Fly Lady

ginger, add snow peas, shredded carrots, chopped bok choy, onion and then add your shrimp. Once its cooked through, top with a little low sodium soy sauce and sesame oil and voila, stirfry fit for a king!

5) Pasta Primavera. Okay, go clean out your crisper. Chop up those veggies and start a pot of water for the pasta. In a large skillet, heat a little olive oil, add garlic, onion and whatever veggies you have there. Cook till crisp tender and set aside. When your pasta is drained, add the veggies on top of the pasta, a drizzle of extra virgin olive oil

and a generous sprinkling of have a garden with tomatoes Parmesan cheese-simple!

6) MulTuletta Sandwiches. Take a large loaf of Italian bread, hollow it out (take out its guts) and put some whipped cream cheese on either side (sometimes 1 will chop olives and add that to the cream cheese before spreading). Now add some lowfat deli meats, some chopped marinated artichoke hearts, some baby spinach or lettuce, tomatoes, basil leaves if you like or whatever combination suits your fancy, cut into pieces for everyone...boom, dinner's done!

bursting at the seams and that amount, plus more in fresh basil. What to do? Make this mouth-watering dish-even if you don't have the overabundant garden, pick up the basil and tomatoes from a farmer's market and go make this delicious pasta-start a pot of water boiling for the pasta. Now in a skillet, add a little olive oil, a couple of cloves of garlic all nicely chopped up, a bunch of chopped up tomatoes, tons of fresh basil all chopped up, too...and cook the tomatoes and the basil together, for about 10 minutes 7) Tomato Basil Pasta. I or till nicely softened. Drain

Continued from p5 the pasta, top with this incredibly simple, yet delectable sauce, and add some freshly grated Parmesan. Are you salivating yet?

Dinner can be casy and you can keep your cool if you just keep that oven off! Enjoy!

For more help putting dinner on your table check out Leanne's website www.SavingDinner.com or her Saving Dinner Book series (Ballantine) and her New York Times Best Selling book Body Clutter (Fireside). Copyright 2008 Leanne Ely. Used by permission in this publication.

Continued from p5

to pile on by doing too much too fast and develop habits that would stay with me. I had figured out that not establishing habits and taking babysteps was the reason I could not keep house. I wanted to be on automatic pilot, but that took practice. So I put myself in FLYght training school. I didn't know it at the time but getting rid of our clutter, clearing out the clutter in my mind and establishing new habits and routines would help me find my life's purpose.

After nine months of countless 27 Fling Boogies and establishing one new habit a month; our home was staying clean all by itself. I had given birth to a brand new mc. I never dreamed that I could have so much free time. Automatic pilot was giving me the

freedom to explore other areas of my life; politics, writing and a remodel.

On July 13, 2000, we started the remodel. I was scared to death that I was going to lose my routines during the process. I had spent nineteen months building my routines. My routines were new pathways I had created in my brain. If you don't use them; you lose them, like muscles. I decided that our bedroom would be my shiny sink with the rest of the house in total chaos. Each morning I would get up and do my routines in our little corner of our chaotic home. Then I would try to stay out of the contractor's way. Finally at Thanksgiving the remodel was over.

My routines had stayed in place and we had survived a remodel. The best part about the remodel was the dumpster we had in the yard. We discovered many new layers of clutter in our basement. The routines I had established helped me to endure a remodel. I was very happy in the home we had because it was clean and comfortable. The remodel updated our 70's home with green shag carpet and coppertone appliances, built by a bachelor; to one that reflected our tastes not just mine or his.

I am so happy that I got our little home in order before I started our remodel. Those routines and the habit of decluttering were the foundation for making our dreams happen. Without them. I would have lost myself in the chaos. That was the first year of being FlyLady and many of the essays I wrote that year became part my first

book which I wrote in July of 2001. Construct your foundations for your

dreams on solid building blocks of Habits, put together with the mortar of decluttering. You will be surprised to find that the sky is the limit! Your clutter is an obstacle to building your dreams; whatever they are. You can't organize clutter; you can only get rid of it!

For more help getting rid of your CHAOS; check out her website and join her free mentoring group at www.FlyLady.net or her book, Sink Reflections published by Bantam and her New York Times Best Selling book, Body Clutter published by Fireside. Copyright 2007 Marla Cilley Used by permission in this publication.

THE FLOYD COUNTY TIMES



\$4,995

For sale: 2002 Suzuki XL7, \$5,000 or best offer. Call 377-6993 or 424-7657

2005 Black Ford Mustang for sale. 6cy, Automatic, purchased extended warranty. For more information call Tonya at 230-0235

For sale: 2002 Mitsubishi Montero Sport. Asking payoff., 88,000 miles. Call 874-0752.

Harley 2006 Sporster Custom 1200cc, 1400 miles - \$7,200.00 and a 2006 Harley Dyna 1600 Lowrider miles - \$10,400.00. Both excellent condition. (606) 377-2028 or (606) 377-6229.

EMPLOYMENT

Post office Now Hiring! Ave pay \$20/hr, \$57k/yr, incl Fed ben, OT. Placed by ad source. not USPS who hires. Call 1-866-668-5257.

Paintsville Professional Associates, LLC. 628 Jefferson Ave. Paintsville. KV 41240. 606-789-6966. Is looking for part-time subabuse stance counselor. Potential to increase to fulltime. Bachelor's degree required. Apply in person.

Position opening. Special Education / HI teacher, grades valid Ky K-12; teaching certificarequired. tion

Please do not reply age. Interested if you are not qualified. Benefits apply. Send resume to 873 PO.Box Prestonsburg, Ky inquiries 41653. accepted.

puter accounting,

taxes, payroll, etc.

ONLY

valid

drug

NOT

HAVE

UNLESS

FIELDS!.

for more informa-

tion. PLEASE DO

ENCE IN THESE

Wanted-Legal

Secretary/Case

Analyst Computer

CALL

YOU

EXPERI-

Experienced Tower Climber needed for local work. Job also includes two way employees. radios and car kit installs. Must have driver's license and pass papers. screening. Must have references! Excellent benefits package available. Please call 606-886-3179

applicants should send their resume in confidence to P.O. Box 990, Allen, Ky. 41601. Phone not

Competitive salary

and benefits pack-

Heavy Equipment Steam Cleaning Company needs Must have valid drivers license and up to date surface mining Mine Emergency Tech. is a plus. Call Mon. Thru Fri. 9:00 a.m. to 5:00 p.m. (606) 886-1759 If no answer leave message.

Services

Looking for office cleaning job to do in the Prestonsburg & Paintsville area. I am a married chris-

and typing skills is a must, experienced preferred. Must be able to deal with the public on a professional level. Good salary with benefits pack-(vacation, age. retirement, 401k, vision, Medical, dental, and life) please send resume to PO BOX 390 Prestonsburg, Ky 41563

> Independant Sales Agent wanted. Call 1-606-424-9593 or fax resume to 285-3272 AVON

Sign up for 10.00 and Receive Free gift. Earn pocket or career money, you decide. Call Jency at 886-2082

Human Resource Director - We are looking for the right person to be a part of the manplus shipping and handling. Contact Donald at 285-3385.

on Bucks Branch"

In Floyd county, on

sale now!!!! \$12.50

Furniture

Sofa & /Chair for sale. Newly apolstered. \$450 Must see to believe. Beautiful!!. Call 1-859-6283 or 1-422-5597.



2007 Honda 680 Rincon. Low miles, extended warranty, green. Asking \$5,600 Call 478-8958.

\$100 paid for junk Also Boss Amp 400



Position location: Paintsville Documentation Clerk Min. \$8.47 - Max \$12.75 per hour

Job Duties:

The individual will maintain loan and credit files to ensure all files are kept up to date.

Education:

Associate's degree (A.A.) or equivalent from two-year college or technical school; or one to two years related experience and/or training; or equivalent combination of education and experience. Individual must be organized, detailed, and have good communication skills.

The position is full-time and comes with a complete package of paid benefits, including health, dental, vision, life and long-term disability insurance, paid vacation and 401(k) retirement.

Apply at any Citizens National Bank location P.O. Box 1488, 620 Broadway, Paintsville, KY 41240 (606) 789-4001 www.cnbonline.com



lawn mower-17.5 Call 874-2421. H.P. 42 inch cut-

For sale: New

2008 'Troy-Built

\$900. Cal | 606-

Young male beagle

found at local non-

profit organization

located in the

David community.

Dog is currently on

medications due to

a snake bit and

needs good home.

Very friendly would

be a great family

dog. Approximately

6 months old. Call

Jessica @ 886-

1999 21 Ft pon-

toon 4 stroke 50

motor with slip at

Jenny Wiley. \$

8,000 firm Call 606-

For sale: 2 800

Watt Max 10" sub-

woofers Volfenhag.

889-9853.

8374 or 791-7381.

Rescued Dog!

874-9703.

3 Bd house for sale. 1 1/2 bath new kitchen & app. Commercial bldg also located on property. Located on Middle Creek. Call 8886-2699.

Located half mile

south of World

Wide Equipment.

Municipal building.

Located at 200

North lake drive (

the former Ky blood

all utilities for any

additional informa-

tion or to schedule

a time to view the

space please con-

Schoolcraft, city

clerk at 606-886-

2335. The city of

Prestonsburg has

the right to accept

or reject any appli-

cations made for

the office space in

order to ensure that

ongoing security

tact

Sharon

Brick & Stone House for Sale. Four bedrooms. two and a half baths. 2900 feet square Desirable location in Trimble Branch. Reasonably priced. Call 886-2020

HOUSE FOR SALE Newly constructed house for

PARK PLACE APARTMENTS Independence Day Special **FIRST MONTH RENT FREE!** W/Security Deposit Paid in Full Valid 7-01-08 to 7-31-08 Rents starting at: 1BR-\$280; 2BR-\$304 All electric-HUD Accepted. Call: (606) 886-0039 5 EQUAL HOUSING OPPORTUNITY

IMMEDIATE OPENING FOR: Experienced **Corporate Finance Manager** in Prestonsburg

Must be dependable and have knowledge of automobile or truck financing, with excellent customer communication skills and computer skills. Prefer candidate with college degree or equivalent experience in finance. This is an excellent opportunity for right person to grow with company.

Salaried position, 401(k), Health/Prescription benefits, company paid Employee/Dependent Life insurance, Credit Union, and much more. Position is in very busy corporate office setting with multi-state employer.

Send confidential résumé to: Judy.lusk@thetruckpeople.com or Worldwide Equipment, Inc. c/o HR / Finance Box 1370, Prestonsburg, KY 41653 No phone calls, please.

center). The space Beauty Shop For has three main Rent: fully equipped located divided rooms and two large storage on South Lake Dr closets for a total Prestonsburg, Ky. Ready to move in! Call 886-9690 for of 600 square feet. \$700 per month, which will include more info.

Prestonsburg, Ky.

Call 886-9690 for

more info.

no HUD, \$500 per month. Call 886-3565.

neat new Food City

Least and deposit

required. No pets.

APT FOR RENT Branham height Apt Wheelright KY, is now accepting applications for

Shoppers, Retail, and **Dining Establishments** Retail and dining establishments need undercover clients to judge quality and customer service. Earn up to \$100 per day. Please call: 1-888-534-5006."

ESTABLISHED COMPANY WANTING A **MACHINE SALESMAN** with SURFACE MINING EXPERIENCE

> Excellent career, and benefits.

Send résumé to: P.O. Box 23 Banner, KY 41603

PREMIER ELKHORN **COAL COMPANY**

a subsidiary of TECO Coal, located at Myra, KY, is now accepting applications for the following position:

Safety Inspector with minimum of three years mine-related experience. Requires Ky. Surface & Underground Mine Foreman, EMT, Mining Instructor, HAZ Woper, Dust Sampler, and Noise Survey Certifications.

Applications will be accepted at: Kentucky Department for **Employment Services 138 College Street** Pikeville, KY 41501 Premier Elkhorn Coal Company is an EOE.

one bedroom Handicap accessible Apt. rent is based on income. Contact Kathy 452-4777

Apt. For rent: 1 and 2 BR apartments on Rt. 321 near Porter school. Central heat and air. washer and dryer hookup. \$375 per month plus references and deposit. Seniors welcomed! Call 789-5973.

Houses

For rent: 2 Br house . Located at Cowcreek. Central heat / air. Call 874-9132

House for rent on pets. This house Little Paint Crk. Quiet neighborhood, very clean, renovated, about 1100 sq ft. Carport, storage building, lease required. No pets. \$600 month 886-3613 or 791-0565.

House for rent Allen, a Ky Reynolds Hill. 3 Br, 2 bath big living large room & kitchen. \$700 \$500 month.

deposit. Call 478-1122 or 791-5262. 3 br 2 ba house for smokers and no

6:30

889-0363.

landowners. rent. 3 miles from down payment & downtown low monthly pay-Prestonsburg. \$600 ments. Complete mth plus utilities. No improvement packages available. Will inside pets. Call also remove exist-367-1047 day or ing homes. Call 886-2416 after 866-597-2083.

Special Finance Program 3 br., 3 ba with 2 car garage. Brick \$0 Down if you own home for lease. land or use family land. We own the Located at Spradlin Branch bank approved. Call 866-Prestonsburg. Call 597-2083

from town for more

Call 606-353-4551.

3727

New federal lend-

ing program for

No

For rent: Nice 2 3 Br house for rent. New carpet & fresh br Mobile home for paint. Good privacy rent Prestonsburg, Call in clean, quite neighborhood one 874-0875 or 226mile from the MAC. 3207. \$600 /mo + utilities. Deposit & refer-LOTS FOR RENT

ences required. No rarely comes availand rents able quickly. Must sign 1 year lease. Call 606-377-2357 886-0226 after 5pm.

2 BR Duplex for rent, central heat plus utilities. Call and air. 1 mile North of Prestonsburg. No pets, references *and security deposit required. Call 889-

9747 or 886-9007. **Mobile Homes**

electric Garbage, No HUD.Rent \$500 FHA Vour For sale: Dutch

in with has fridge Dwale Mobile home Park. off US 23 near Prestonsburg. Nice queit community. Restrictions apply. 2 Mobile homes under floor Also 24 with land for sale. Located at Cliff side. Approx 2 miles

1996 Mobile home for sale. security 14x72, 2 Br, 2 bath, newly remodeled. required. Monday -

For rent: Very or Sat-Sun before 2 good condition. 3 Br, 2 bath mobile home. Located close to Prestonsburg comcollege. munity Central heat / air. 2 inch installed metal top that reduces bill. water sewage provided

month with \$400 deposit. Must have 1 yr of references. Call 606-874-2162.

28x64 built up north was 65,500 now 45,000. Kitchen as new cabinets, stove built in microwave. Also dishwasher, with ice maker, garbage disposal. 3 Br 2 bath. Master br has walkin closet, new floor, garden tub in master bathroom. Utility room w/space for w & d. New a/c unit,new duck work round pool with 52 inch walls and cover and hot tub. For more info call 886info contact 791- 6371 or 226-2852.

> For rent: 2 Br newly remodeled home. \$500 month deposit Call Friday after 6pm 886-2239

References pm. required. approved. Lots for rent. For mobile homes and

travel trailers. Nice, clean, well suited for retiree's. 4 miles west of MAC. Rt 114. Call 886-2288.

THE FLOYD COUNTY TIMES

HUD

Mobile home for rent. 3 br nice location. \$400 a month, plus \$400 deposit. Located at Saltlick, community church rd. Call 358-4303.

Legals

COMMON-WEALTH OF KENTUCKY FLOYD CIRCUIT COURT **DIVISION II** C.A. NO. 06-CI-00440 KENTUCKY NATIONAL **BANK OF** PIKEVILLE PLAINTIFF VS. LLOYD JOHNSON:

PENNY JOHN-SON; HIGHLAND

HOSPITAL COR-PORATION d/b/a HIGHLANDS REGIONAL

MEDICAL CENTER; COMMON-WEALTH OF **KENTUCKY**: AND

FLOYD COUNTY, KENTUCKY DEFENDANTS NOTICE OF COMMISSION-ER'S SALE

BY VIRTUE OF Findings of Fact, Judgment and Order of Sale referring to Master Commissioner of the Floyd Circuit Court entered on the 27th day of February, 2007, in the Floyd Circuit Court, in the above styled action, in the principal sum of \$276,326.80, together with interest, costs and fees, shall proceed to offer for sale at the Old Floyd County Courthouse Door. Central South Avenue Prestonsburg, Kentucky, (behind Floyd the new Justice County Center) to the highest bidder, at public auction Thursday, the 24th day of July, 2008 at the hour of 9:00 a.m., the following described real

FRIDAY, JULY 18, 2008 . B9

County, Kentucky, and more particularly described as folstake on the Mayo Trail right of way, thence across the bottom to a marked thence a Malcolm elm,

estate lying in Floyd marked pine near the point to a small the top of point drain. Thence tolthence with the cen- lowing the drain to ter of the point to a poplar tree. lows: Beginning at a the top of the hill. Thence around the ridge and down a mayo trail right of point with the Logan way. Thence cross-Baldridge straight line to a Line) to the toot of running up the trail

Thence down the Travis Branch to the (now ing the Mayo Trail to George the east side and

LEGAL NOTICE

TO THE UNKNOWN HEIRS OF OMA T. JOHNSON

BY ORDER OF THE FLOYD CIRCUIT COURT, ENTERED JUNE 19, 2008, I, Larry D. Brown, Attorney-at-Law, P.O. Box 550, Prestonsburg, Kentucky 41653, have been appointed as Warning Order Attorney to attempt to notify the "UNKNOWN HEIRS OF OMA T. JOHNSON" of the nature and pendency of a Civil Action that has been filed in the Floyd Circuit Court, designated file No. 08-CI-00718, Division I, styled:

MATTHEW CASTLE, single

VS

CLARENDA T. BAILEY/DECEASED and the UNKNOWN HEIRS OF CLARENDA T. BAILEY; OMA T. JOHNSON/DECEASED and the UNKNOWN HEIRS OF OMA T. JOHNSON: ARIZONA T. ISAAC/DECEASED and the UNKNOWN HEIRS OF ARIZONA T. ISAAC; HAGAR THORNSBURY/DECEASED and the UNKNOWN HEIRS OF HAGAR THORNSBURY, and FLOYD COUNTY, KENTUCKY

Please be advised that you have 30 days to file an Answer or other responsive pleading to the Petition for Sale of Land for Indivisibility filed against you, which appears to be in the form of a partition action to sell real property, located on Reed Branch of Right Beaver Creek, in Floyd County, Kentucky, I have not been appointed to represent you in the action. THIS IS A CASE FOR WHICH YOU MAY WISH TO CONSULT WITH AN ATTORNEY.

> LARRY D. BROWN P.O. Box 550 143 North Arnold Ave. Prestonsburg, Kentucky 41653 (606) 886-8132 (606) 886-8134 fax



Searching for something?

We can help you find it! We have everything you need - local news, sports, classifieds, ads, stock quotes, financial news, health



news, travel tips, and much more!

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Send a photo with description, along with check or money order, or credit card, for only \$50, and your Deals on Wheels. will continue to run until Sold.

Contact: Donnetta Mullins, 606-886-8506, today, or mail to P.O. Box 390, Prestonsburg, KY 41653



1994 Dodge 350 **Extended Cab Van** All shelves, Reese hitch, ladder rack, new tires, and air conditioning. A good work van! \$1,995.00 **Open Road Auto** 886-9220



2004 Ford Mustang \$10,800.00. 40th Anniversary Editon. V6, Gas Saver!! Glossy Red. **Call AB Motors** 606-886-1922 606-434-5551



2005 Dodge

Ram 4x4 SLT

\$17,900.00. NADA price

\$19,300. Local, 1-owner,

4-door, 4-WD, auto.

Looks brand new, inside

Call AB Motors

606-886-1922

606-434-5551

& out, charcoal in color.



power windows and steering. \$12,500.00 **Open Road Auto** 886-9220



pagne in color. Heated leather seats with sunroof, V6, Gas Saver!! **Call AB Motors** 606-886-1922

606-434-5551



will publish **The Award-Winning Coal Magazine** "Black Diamonds"

If you have pictures or stories you would like to share in this Special Keepsake Publication,

> please drop them by the office at 263 S. Central Ave. , Prestonsburg

> > or send them to:

Floyd County Times - Coal Magazine PO Box 390 Prestonsburg, KY 41653

Deadline: July 18th

B10 . FRIDAY, JULY 18, 2008

of about 250 feet to the Jack Baldridge line. Thence running with Jack Baldridge line to the top of the point. Thence down the hill a straight line to a marked pine standing in the field, thence a straight line from the pine down the hill to a locust post on the Mayo Trail marked with three hacks about 226 feet from where the line crossed the trail at the beginning making one contiguous boundary with the Mayo Trail running through itThe following described property, which is part of the tract described hereinabove, is hereby excluded, reserved, and not conveyed herein:Beginning at a steel stake at the comer of Travis Branch Road; U. S. 23 right of way; thence running north approximately 284 feet to the Harold and Sandy Nickles property; thence running west 184 feet to a steel stake on the hill; thence running south 316 feet to a steel stake on the edge of Travis Branch Road. thence running 184 feet east with Branch Travis Road to the point of beginning. OF TERMS

SALE: (a) At time of sale, the successful bidder, if

against the real the other than the estate. Plaintiff, shall either pay cash or 20% of purchase price, with the balance on credit for thirty (30) days.

the

The suc-(b) cessful bidder shall be required to execute a bond with good surety thereon for the unpaid purchase price of said property, if any, bearing interest at the rate of

Commonwealth, twelve percent (12%) per annum 363 Wilson Creek Road, from the date of sale until paid, having the force and effect of a Judgment.(c)

restrictions

KRS 426.530,

(d)

sequent

ceeds.

(e)

the

for

Any and all delin-

quent city and

county ad valorem

taxes will be paid

from the sale pro-

In

event the Plaintiff is

the purchaser of

described property

County

Langley, Kentucky 41645 has petitioned the Kentucky Environmental and The property shall Public Protection be sold subject to Cabinet to declare any easements and an area unsuitable of for all types of surrecord in the Floyd face coal mining Clerk's activities, pursuant Office and such to 405 KAR right of redemption Chapter 24. The petition number is as may exist in favor of the United LUM 08-2. The peti-States of America tion area is located and/or the record in Floyd County owners thereof, and consists of pursuant to 28 2,006 acres in and U.S.C. 2410 or around the Wilson creek watershedA The pur-Public Hearing will chaser shall be be held on August required to assume 14, 2008 at 6:30 and pay all city and p.m. at the Allen county ad valorem Central High School, 442 KY Rt. taxes for the year Eastern, 2007, and all sub-550. Kentucky. The puryears pose of the hearing which are not yet due and payable.

is to receive public comments on the LUM 08-2 petition, pursuant to KRS 350.610 and 405 KAR Chapter 24. The hearing will

be legislative in nature, with no cross-examination of participants. For individuals who do

an amount equal to, or less than, its first lien, it shall take a credit I have been appointed by the Circuit Court Clerk of Floyd against said lien for County, Kentucky, to represent the Unknown Heirs of Hagar the amount of the Thornsbury in Civil Action Number 08-CI-718, now pending in bid and no bond the Floyd Circuit Court, Prestonsburg, Kentucky, styled:

the

above

shall be required of the Plaintiff, and it shall only be obligated to pay court costs, the fees and costs of the Master Commissioner and any real estate taxes assessed

Any announcements made on date of sale takes precedence over printed matter con-

tained herein. Hon. William S. Kendrick, Floyd Master

PUBLIC NOTICE Ms. Beverly May, Kentuckians for the

Commissioner

THE FLOYD COUNTY TIMES

In

not wish to make

public comments,

written comments

may be submitted

to the Kentucky

Department for

Natural Resources

at the time of the

hearing, or may be

sent directly to the

Department at the

following address:

Director, Division of

Kentucky

Natural Resources,

Hollow, Frankfort,

Kentucky 40601.

The comment peri-

od ends August 15,

The petition docu-

ment is on file for

review and copying

(at cost) at the

above address, as

well as the Division

Reclamation and

Enforcement, 3140

South Lake Drive,

Prestonsburg,

NOTICE OF

INTENTION TO

MINE

Pursuant to

Application

LEGAL NOTICE

Matthew Castle, single, v. Clarenda T. Bailey/Deceased,

and the Unknown Heirs of Clarenda T. Bailey; Oma T.

Johnson, Deceased, and the Unknown Heirs of Oma T.

Johnson; Arizona T. Isaac, Deceased, and the Unknown

Heirs of Arizona T. Isaac; Hagar Thornsbury, Deceased,

and the Unknown Heirs of Hagar Thornsbury; and

Floyd County, Kentucky.

This action has been filed seeking an order of sale of 36%

of the referred real property which is collectively owned by the

Defendants, located in Floyd County, Kentucky. Plaintiff does

All unknown heirs of Hagar Thornsbury are hereby warned

and notified that they have fifty (50) days from and after June

19, 2008 in which to file an answer to the complaint filed

against them. Failure to do so may result in the relief request-

ed in the Petition for Sale of Land for Indivisibility being

awarded to the Plaintiff. This may be a matter for which you

Wolodymyr Cybriwsky

Warning Order Attorney

214 South Central Avenue

Prestonsburg, KY 41653

(606) 886-8389

may want to consult an attorney at law.

IS OUR

BUSINESS

not know the addresses for the heirs of Hagar Thornsbury.

Kentucky 41653.

Mine

6.

Department

No. 2

2008.

of

Suite

Ehret,

Permits,

Hudson

for

Paul

Mine

Number 836-7012

accordance with KRS 350.055, notice is hereby given that Matt/Co, Inc., 439 Meadows Branch Prestonsburg Kentucky 41653, has applied for a permit for a surface coal mining and reclamation operation located approximately 0.07 miles east of Big Branch in Floyd County. The proposed operation will disturb 37.98 surface acres within the permit boundary. The proposed operation is approximately 0.52 southeast miles from KY 3's junction with KY 1428 and located along Big Branch. The **CAREER OPPORTUNITY** proposed operation is located on the Lancer U.S.G.S 72 minute quadrangle map. The operation will use the haul road only method of surface mining. The sur-

face area to be dis-

turbed is owned by

Frank and Judith

Adams, Tri-Star

Development, Inc., and Alma Land Company.The application has been filed for public inspection at the Department for Natural Resources' Prestonsburg Regional Office 3140 South Lake Drive, Suite 6. Prestonsburg Kentucky 41653 Written comments objections, or requests for a perconference mit must be filed with the Director of the Division of Mine Permits, #2 Hudson Hollow Complex, U.S. 127 South, Frankfort, Kentucky 40601.

BLASTING SCHEDULE PERMIT No. 836-8060 This is notice that The Elk Horn Coal Company, LLC, 554 South Lake Drive Prestonsburg, KY 41653, (606) 886-2330, will be blasting 1.9 mile north of State Route 122's junction with State Route 979, at Price, KY, Latitude 37 24'08" Longitude 82º44'28" Blasting will be done daily. No blasting will be conducted before sunrise or after sunset. At least 10 minutes before the blast, access to the area

will be controlled by Company personnel. Before each blast is detonated, the following type(s) of audible warning will be given from an air horn: a one (1) minute series of long sirens, five (5) minutes prior to the blast signal; immediately before the blast, a series of short sirens, one (1) minute prior to the shot. The allclear signal(s) after blasting, will be a prolonged siren, following the inspection of the blast area. Blasting will not be conducted at times different from those given above, except in emergen-

cies, where rain, lightning, other atmospheric conditions, or operator or public safety requires unscheduled detonation. Prior to these detonations, the following audible warning will be given: Three (3) long sirens, five (5) minutes prior to the blast signal; immediately before the blast, a series of short sirens, one (1) minute prior to the shot. Also prior to detonations in emergencies, the permittee, using audible signals, shall notify all persons within onehalf (1/2) mile of the blasting site.

CHRYSLER A DODGE нушпри **NOW TAKING APPLICATIONS** SERVICE TECHNICIAN WE OFFER 401K, VISION PLAN, DENTAL, HEALTH.

STARTING PAY DEPENDS ON EXPERIENCE. WE WILL **PROVIDE ALL THE NECESSARY TRAINING FOR HYUNDAI & CHRYSLER CERTIFICATIONS.** PREFER ASE CERTIFIED.

Apply in person at Deskins Motors. No calls, please! See Gary Kidd, Monday-Friday • 8 a.m.-5 p.m.

Deskins Motors

Deskins Drive Pikeville, KY

ull 10:29

.

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Train at your convenience. **ADKINS** AUCTIONS **Auto Auction**/ **Auctionhouse** COME BID, BUY, SELL If you can move it, we will sell it! Sales Thurs.-Fri.-Sat.-Sun. 3 miles west on Rt. 114 Prestonsburg, KY 606-886-1802 or 606-437-6323

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8 hr. refresher

(surface & underground)

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