

HIGH SCHOOL BASKETBALL

- page B1

briefs

Paintsville Lake area to close for winter

PAINTSVILLE - The U. S. army Corps of Engineers will close the Paintsville Lake Downstream Area to vehicular traffic effective Dec. 12, for the remaining days of 2008, and through January, February and March of 2009.

The entrance gates and restrooms will be closed, however foot traffic is still permitted for fishing and walking activities.

The area will re-open April 1, to normal recreational activities and trout stocking for that area will also resume in

For additional information, contact the Resource Manager at Paintsville Lake, Monday through Friday, 7:30 a.m. to 4 p.m. at (606) 297-6312, or write: Resource Manager, Paintsville Lake, 807 Ky Rt 2275, Staffordsville, KY 41256-9035.

2 DAY FORECAST





High: 36 • Low: 19



High: 40 • Low: 24

For up-to-the-minute forecasts, see floydcountytimes.com

inside

	Obituaries	A2
	Opinion	A4
	Lifestyles	A5
	For the Record	B1
3	Sports	B3
2	Faith & Family	C1
	Classifieds	





Friday, December 5, 2008

9Member AP, KPA, NNA

Planning to build a home?

Give as a call!

Volume 82, Issue 146 • 75 Cents



photos by Jarrid Deaton

Workers with Prestonsburg's landscaping department braved the cold temperatures and chilly precipitation to put up the city's Christmas tree on Thursday.

Prestonsburg gets in Christmas spirit

by JARRID DEATON **FEATURES WRITER**

PRESTONSBURG — The cold temperatures and freezing rain didn't stop employees of Prestonsburg's landscaping department from putting up the city's Christmas tree on Thursday in preparation for the parade and tree lighting ceremony scheduled for this weekend.

"It should be great," said Brent Graden, director of ecodevelopment Prestonsburg. "This is a really nice tree and we made sure to have a heavy base for it after the wind blew the tree over last year."

Workers also used the trimmings from the tree to create holiday wreaths to use as decorations for the city.

The Holiday Christmas Parade is scheduled for Saturday, Dec. 6,

"This parade should be bigger and better than last year's,'

(See CHRISTMAS, page two)



David Crisp, manager of landscaping department for Prestonsburg, made wreaths out of the trimmings from the city's Christmas tree on Thursday.

Caudill declines to rule in murder case

by SHELDON COMPTON STAFF WRITER

PRESTONSBURG - Floyd County Circuit Judge John David Caudill has declined to rule on a motion that would see a special judge preside over an evidentiary hearing in Floyd County.

The Kentucky Supreme Court has called for an evidentiary hearing focused on Caudill from a 1994 murder case against Perry County resident Donald

Johnson pleaded guilty in 1994 to charges of firstdegree murder, first-degree burglary and two counts of first-degree sexual abuse.

The case, which was first presented in Perry County court in Hazard, was heard by Caudill after being moved from that county.

The Supreme Court ruled against appeals from Johnson challenging the decision in his case, which saw him convicted and given the death penalty, in every aspect except that Johnson had been induced into pleading guilty in closed doors meetings to avoid the death penalty for a life sentence in return.

Caudill has refused to rule on the motion that he be replaced with a special judge for the hearing, saying that since he is now a witness in the case, he feels he can't be involved in the process from this point

Caudill has had added this is the sole reason for his steadfast position on the request and understands why there is the desire for a special judge to be

(See JUDGE, page two)

Man charged with endangerment

by SHELDON COMPTON STAFF WRITER

PRESTONSBURG - A complaint from a Prestonsburg woman has led to two felony charges against a man she says drove on the wrong side of the road toward her and her children.

Police charged Jackie Todd Crabtree, 33, of Auxier, with two counts of first-degree wanton endangerment following a criminal summons issued after a complaint from Sarah McCoy.

McCoy states in her notarized complaint that Crabtree "drove straght toward" her on the wrong side of the road.

The statement further alleges that McCoy "had her children" in the vehicle with her, but Crabtree

(See CHARGES, page two)

Rescue squad receives donation from CSX

by SHELDON COMPTON STAFF WRITER

PRESTONSBURG - Members of the Floyd County Emergency and Rescue Squad were nearly speechless with' Wednesday afternoon, as Captain Tim Cooley accepted a \$15,000 check from CSX for the purchase of two all-terrian vehicles for the squad.

"It may be that \$15,000 is a small amount for CSX, but for us, it's like gold," Cooley said.

There's a good reason for that. The squad, which was born from the 1958 Floyd County school bus accident that claimed the lives of 26 students and the bus driver, has not received a corporate

donation since a small group of dedicated individuals officially started the operation following the

"It's been hard," said Cooley. "No one took the time to approach people before now. Many people thought they were paying local taxes to support us. But now we've made Frankfort and even Washington aware of the fact that we can use and appreciate fund-

In the past, Cooley said the squad raised money through its annual radio auction and also received some donations from the Honorable Order of Kentucky Colonels.

(See DONATION, page two)



The Floyd County Emergency and Rescue Squad received the first corporate donation in the squad's 50-year history Wednesday. CSX gave \$15,000 for the purchase of two all-terrian vehicles for the station. Pictures from left to right are Prestonsburg Mayor Jerry Fannin, state Sen. Johnny Ray Turner, CSX Public Affairs Officer David Hall, Floyd County Judge-Executive R.D. "Doc" Marshall and Floyd County Emergency and Rescue Squad Captain Tim Cooley.



Kentucky Academy of Family Physicians supports statewide cigarette tax increase

The Kentucky Academy of Family Physicians (KAFP) a statewide organization representing 1,200 family physicians and medical students announced their support of a statewide increase on cigarette

The KAFP is calling for an increase on cigarette tax as both a means of curbing cigarette consumption and to help meet the Commonwealth's projected financial deficit of nearly \$450 million.

"Family physicians are often on the front lines in seeing the effects of cigarette use on families and society," said Dr. Brent Wright, President of KAFP. "In supporting this increase we are supporting long-term health and economic benefits for our communi-

In Loving Memory of Our Brother ALEX VERNON **BRANHAM** (Boogie)



Alex Vernon "Boogic" 56, of Branham, age Weaverville, N.C., formerly of Floyd County, passed away Tuesday, November 18, 2008. Alex was born April 7, 1952, in Martin, Ky. He resided in North Carolina for 25 years, and worked most of his life as a welder and pipefitter. He was Pentecostal and of the Church of God denomina-

He was preceded in death by his father, Sol Branham in 1958, and mother, Dockie Robinson Branham in 1987, and a sister, Christine Branham Rambo in 2007.

Alex is survived by his loving wife of 36 years, Karen L. Somerton Branham; two daughters: Jennifer Byers of Weaverville, N.C., and Crystal Branham of Hot Springs, N.C. He is also survived by six sisters: Wanda Compton of Auxier, Ky., Judith Isaac and Jackie Hall of Wheelwright, Ky., Shiriline Stienback of Mayfield, Ky., Helen Branham Johnson of Prestonsburg, Ky., and Brenda King of McDowell, Ky.; two brothers: Burnis Branham of Weaverville, and Johnny Branham of Harold, Ky.; two grandchildren, Samuel and Emma Byers; 13 nephews and 10 nieces.

Special thanks to those who helped Alex during his time of need and sickness.

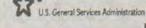
Alex will be dearly missed by his family and friends.

People know Pueblo for its ...



Famous Hot Salsa?

In Pueblo, the free government information is also hot. Dip into the Consumer Information Center web site, www.pueblo.gsa.gov. You can download all the information right away.



the nation in adult smoking, but taxes cigarettes at one of the lowest rates, 30 cents a

The state has the nation's highest rate of lung-cancer deaths and some of the highest rates of stroke, heart disease, premature births.

Kentucky currently leads Estimates are that the state ing cigarette smoking, we spends about \$1,700 per year would see significant healthper smoker. Smoking costs the state's Medicaid program \$500 million a year.

"Legislation to increase the cigarette tax could have a significant long-term effect on the health of Kentucky citizens," Wright said. "In reduccare savings.

It is estimated that for every 10 percent cigarette price increase, youth smoking rates are reduced by 6.5 percent, adult rates by 2 percent, and total cigarette consumption rates are reduced by 4 percent,

according to statistics from the Campaign for Tobacco-Free

Kentucky spends about \$3.8 million a year on stopsmoking programs. Medicaid program doesn't cover smoking cessation, except counseling for pregnant

"The health of the citizens of Kentucky is the priority of KAFP and all family physicians," said Dr. Wright. "In this issue, we have both an economic and a health crisis. We urge our lawmakers to make this a priority in acting. for the best interests of the Commonwealth.'

Donation

For CSX representatives, the decision to provide the money was an easy one, said David Hall, the company's public affairs officer.

"Safety is a way of life for us. It's our top priority," said Hall. "Our way to do that is to identify those organizations that can benefit from this. We're fortunate we can help them do the jobs they do so well."

On hand for the donation were several local officials, including Floyd County Judge-Executive R.D. "Doc" Marshall, Prestonsburg Mayor Jerry Fannin and state Sen. Johnny Ray Turner.

"We've got out and asked for help because of the great need. If you don't ask, you don't get," Marshall said.

"This squad was founded on a tragedy and the people have responded in the last year."

Marshall - who was scheduled to be on the fatal school bus trip as a student in 1958 but missed the stop and Cooley said the recent 50th anniversary of the nationally known bus accident might have had a lot to do with making people aware of the squad and its volunteer efforts without very much help in corporate funding.

Prestonsburg Mayor Jerry Fannin said the rescue squad is an important part of the county and also for the city, working, at times, hand and hand with members of the city's public safety department.

"We're excited at the city that this is happening for the rescue squad," said Fannin. We all work together, and this is a great group to work with. It's just a whole lot of help for everybody.

And will the new equipment help the members of the squad better do their jobs? Many would say the men and women working there could hardly do more to serve their community than they've already proven, but Cooley reminded those in attendance for the donation ceremony of something that has become something of a unwritten mission statement.

"You can rest assured, if you ever need us, we will be there," Cooley said.

The all-terrian vehicles will help members of the squad better reach those incidents

that occur in places such as ATV trails and horse trails, places Cooley said were difficult to get to before.

■ Continued from p1 The two vehicles replace older, outdated vehicles that have been part of the squad's fleet for several years.

Christmas

Continued from p1

Graden said. "By starting earlier, we believe that this will still give everyone enough time to set up and enough time so the kids don't get so sleepy

The parade will be followed by the tree lighting ceremony.

The parade route is the same as last year, with floats and vehicles traveling from Prestonsburg High School down through town to the Scurve, and Graden recommends that the floats be parked at the Sally Gate and Richmond parking lots in order for those involved to be able to attend the tree lighting ceremony.

"We are going to put a big star on the top of the tree for the Star City of Kentucky," Graden said.

For more information on Prestonsburg's Christmas plans, contact Brent Graden at (606) 886-235.

Charges

now faces only the two firstdegree' wanton endangerment charges.

The incident allegedly took place on Oct. 18, but no specific location has been stated in court records. Police have also not said anything further that might answer questions as to why Crabtree might have been driving on the wrong side the criminal summons the day

of the wrong, according to McCoy's criminal complaint, which was sworn on Nov. 19.

There is no indication, according to the police citation, that alcohol or drugs were involved, and the same is not mentioned in McCoy's com-

Crabtree was served with

■ Continued from p1 following McCoy's statements and the charges were filed in Floyd County Circuit Court on

Crabtree is now scheduled to appear before District Judge Eric D. Hall, who issued the criminal summons, on Dec. 17 for arriagnment on the charges.

Judge

In November 1989,

What ensued, and was brought out in the trail against Johnson, was that he then stabbed Madden more than 20 times, bit and beat her and then disemboweled the elderly woman. It was also brought out in trail that Johnson sexually abused Madden during the

■ Continued from p1

Obituaries

Teddy Ray Vanover

of Prestonsburg, passed away

Thursday, December 4, 2008,

at the Highlands Regional

Medical Center, Prestonsburg.

He was born February 17,

1951, in Martin, the son of the

late Clark H. Vanover and

He was preceded in death by

Survivors include three

brothers; Clark Howard (Kay)

Vanover, Dutton, Alabama,

Jack (Janet) Vanover and

Larry Vanover, both of Martin;

eight sisters: Lutie (Mike)

Kocik, Lady Lake, Florida,

Gearheart, and Deborah Rice.

all of Prestonsburg, Barbara

Griffith,

Mary

Gayle

(Joe)

Holiday Vera Bradley Sale!

291 N. Lake Dr. • Prestonsburg • Mon.-Fri. 10-5, Sat. 10-4 • 886-9200

Mt. Parkway . Salyersville

his parents, and a brother,

Sarah Estep Vanover.

George Vanover.

Bertha

Vanover,

Teddy Ray Vanover, age 57,

Roy Prichard Stratton

Roy Prichard Stratton, 75, of Woodbury, Tennessee. passed away Sunday, November 30, 2008, following a brief illness. A native of Betsy Layne, he was the son of the late Sparrell

and Flora Wright Stratton. He was a member of the Church of Christ; he served in the Army in the Korean War; and was a retired high school

teacher. He is survived by his children: Paula Simmons of Middletown, Ohio, Flora Lynn (Kerry) Mayo of Woodbury, Tennessee, and Ted Stratton of Fairfield, Ohio; his sisters: Betty Flanery of Langely, Josephine Inmon of Prestonsburg, Rosemary Meade of Stanville, and Edith Steele of Harold; four grandchildren; and four great-grandchildren, also survive.

In addition to his parents, he was preceded in death by his son, Roy Stratton II; and his brothers: Henry, Russell, Dee, Paul and Ted Stratton; and his sisters: Ann Cooley and Virginia Harris.

Graveside services will be held at Thyatira Cemetery, Woodbury, Tennessee, at 2 p.m., Friday, with visitation from 11 a.m. till 2 p.m., Friday, December 5, at Woodbury Funeral Home, Woodbury, Tennessee.

Not only did Mr. Stratton love his family, he loved helping other people and organizations as well.

All arrangements, under the direction of Woodbury Funeral

Online tributes can be made at www.woodburyfuneralhome.net (Paid obituary)

Card of Thanks

The family of Ruby Ousley would like to express our

appreciation to the Riverview Health Care Center for the

care they gave our mother and grandmother. We especially

want to give special thanks to the Jehovah's Witnesses for

their kindness, and Hall Funeral Home for their profes-

sional service. We would like to thank everyone who

brought flowers, food, or said a kind word, and showed

THE OUSLEY FAMILY

their support in our time of grief.

606-789-5321

www.bigsandy.kctcs.edu

606-218-2060

(Bob) Giuliani of Brooklyn, Michigan, Wanda (Don) Chelias, Winters of Washington, and Louise Williamson, Ypsilanti,

Michigan.

Funeral services will be conducted Sunday, December 7, at 1:00 p.m., at the Hall Funeral Home Chapel, in Martin. Burial will follow in

Davidson Memorial Gardens, Ivel, under the professional care of the Hall Funeral Home. Visitation is after 5:00 p.m., Friday, at the funeral home.

Pallbearers: Christopher Judd, George Clayton Vanover, Jonathan Rice, Justin Rice, Jack Bradley Vanover, Larry Vanover, Steven Vanover, and James Griffith.

Honorary: Justin Salisbury and Eddie Shelton. (Paid obitmary)

Merle Norman Cosmetics

invites you to the

Holiday Vera Bradley Sale.

20% OFF ALL

VERA ITEMS 25-50% OFF

DISCONTINUED

VERA BRADLEY.

938 Broadway • Paintsville

appointed.

Johnson was said to have entered Bright and Clean Laundry in Hazard where he was met with Helen Madden, a 61-year-old woman who reportedly refused to allow Johnson to use the telephone in the establishment.

course of the attack.





Have fun and improve your confidence on the dance floor!



ATTENTION **COAL MINERS**

Cases of black lung disease in both younger and retired coal miners are on the rise. You may be entitled to benefits. When federal black lung laws were recently changed, the law noted that black lung disease could get worse, even after the miner retires.

Coal miners who would like to file or refile for federal black lung benefits should contact the Pikeville office of the Department of Labor at 606-432-0116, or toll free at 1-800-366-4599.

789-9991 **Register Now for Real Estate Classes** You Can Have A Career in You can register now at BSCTC for **Real Estate** classes in Real Estate. If you want a lucrative career in the Real Estate Market call or come by the BSCTC Spring 09 Real Estate Classes: RE 100 Real Estate Principals campus nearest Monday 6-8:30 pm you to register. A RE 225 Real Estate Finance new career is just RE 230 Real Estate Law a few short Thursday-6-8:30 pm classes away: Registration going on now! **Big Sandy** Community and Classes limited! **Technical College** Register early! 606-886-3863

STRAND

PRESTONSBURG, KENTUCKY 606-886-2696 showtimes.hollywood.com

Wall-to-Wall Screens, Dolby Sound,

and Cupholders!

For the Record

Marriage Licenses

Brittany Renee Crum, 18, of Prestonsburg, to Dallas Lee Music, Jr., Prestonsburg.

Lori Ann Carty, 28, of Salyersville, to Chris Carty, 38, of Salyersville.

Michelle Rene Castle, 39, of Martin, to Keith David Stumbo, 38, of Martin.

Dannis Lynn Brown, 45, of Prestonsburg, to Chadwick Cornett, 39, of Prestonsburg.

Sarah Jane Bolen, 18, of Langley, to Joshua Frank Rudder, 18, of Prestonsburg.

Civil Suits Filed

Belinda Shelton vs. Russell Shelton; petition for healthcare insurance.

Ashley Gregory vs. Eddie Ramey; petition for child support and healthcare insurance.

Tina Reynolds vs John Reynolds; petition for healthcare insurance.

Ademco Distribution Inc. vs. Wes Hamilton; complaint. Discover Bank vs. Mark E. Calhoun; complaint.

Community Trust Bank vs. Bobby M. Comstock; com-

Malen Mitchell vs. Olivia Mitchell; divorce.

Roxanne Smith vs. Rodney Bruce Smith; divorce. Marda Bailey vs. Chasity

Bailey; petition to healthcare insurance. Kimberly G. Little vs.

Kendra L. Little; petition for healthcare insurance.

US Bank vs. Jessica L. Pitts; complaint.

DH Capital Management Inc. vs. Stephanie L. Patton; complaint.

US Bank vs. Mary A. Bradford; complaint.

Department for Income Support vs. Brian Burke; petition for child support and healthcare insurance.

Foster Care vs. Tonia L. Burke; petition for child support and healthcare insurance.

Motor Ford Credit Company vs. Vickey Hinton; complaint.

Consolidated Pipe and Supply Company Inc. vs. Southern Water and Sewer District; complaint.

Department for Income Support vs. Nathan C. Ousley; petition for healthcare insur-

Jackie L. Terry vs. James Crabtree; petition for healthcare insurance.

Stephanie Fraley vs. Amanda K. Evans; petition for child support and healthcare

insurance. Department for Income Support vs. Tanya Goble; petition for child support and healthcare insurance.

> Charges Filed Claudetta Lovins, 26, Vest;



Become a Kentucky organ & tissue donor. Sign the back of your drivers license or place a Donor Dot on it-& tell your family of your wishes

> For information contact: 1-800-525-3456, or www.trustforlife.org



Kennucky Circuit Court Clerks Association Organ And Tissue Donation Awareness

criminal mischief.

Marcum, Cecil McDowell; theft by deception.

Jackie Todd Crabtree, 33, Auxier; two counts firstdegree wanton endangerment.

Tommy Brown III, 60, Langley; criminal trespassing. Brandy D. Moore, 23, McDowell; public intoxica-

Michael Dale Hagans, 26, Langley; fourth-degree

assault. Alisha R. Stanley, 29, Hueysville; harassing commu-

nications. Tommy Brown III, 60, fourth-degree Langley;

assault. Perry, Clyde Prestonsburg; criminal mis-

chief, criminal trespassing. Justin Shepherd, Hueysville; criminal trespass-

Melissa Weaver, Garrett; three counts of parent or custodian send child to school.

William Douglas Shell, 29, Prestonsburg; three counts unlawful transaction with a

Donald Stambaugh, 34, Prestonsburg; illegal take or pursue of deer or wild turkey. Herbert Lewis Smith, 30,

Teaberry; two counts illegal take or pursue of deer or wild turkey. Luther R. Meade, 39,

Printer; illegal take or pursue of deer or wild turkey.

Bradley Scott Meade, 27, Grethel; illegal take or pursue of deer or wild turkey. Robert C. Tackett, 39,

Stanville; illegal take or pursuc of deer or wild turkey. Billy Gene Osborne Jr., 32, Banner; two counts of illegal

take or pursue of deer or wild turkey.

Brett Morse, 45, Eastern; disorderly conduct.

Michelle D. Ramey, 35, Prestonsburg; theft by unlawful taking.

Chester Hunter, 23, Melvin; possession of marijuana, fleeing or evading police, resisting arrest.

Tiesha M. Hamilton, 29, Teaberry; terroristic threaten-

Langley: theft by deception.

Kermit Murphy Jr., 42, McDowell; alcohol intoxication, criminal trespassing, prescription in improper contain-

Brandon F. Biliter, 26, East Point; alcohol intoxication.

Elizabeth A. Baruzza, 39, Prestonsburg; fourth-degree assault.

James Timothy Akers, 40, Pikeville; criminal trespassing. Justin R. Mudge, 20, McDowell; terroristic threat-

Inspections

South Floyd High School, Hi Hat, regular inspection. Violations noted: food contact surface of equipment and utensils not clean, floors not in good repair. Score: 97.

Compton's Quik Stop, Weeksbury, regular inspection. Violations noted: food not protected during storage, non food contact surfaces not properly constructed, non food contact surfaces not properly maintained, food contact surface of equipment and utensils not clean, floors not in good repair, toxic items not properly stored. Score: 89.

Prestonsburg High School, Prestonsburg, regular inspection. Violations noted: lack of effective hair restraints, dishwashing facility not properly constructed, dishwashing facility not properly maintained, garbage and refuse containers not covered as required. Score: 95.

Wheelwright Citizens, Wheelwright, regular inspection. Violations noted: non food contact surfaces not properly constructed, non food contact surfaces not properly maintained, toilet room door not self-closing, sanitary towel or hand drying device not provided at lavatory or handwashing sink, floors not in good repair, walls, ceiling, attached equipment not in good repair.

May Valley Elementary, Martin, regular inspection. Violations noted: cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing Christopher Patton, 32, solution, garbage and refuse

required. Score: 97.

Property Transfers Harold Auxier to Jaime Auxier Sergent, property located at Johns Creek

Jessie Brown Auxier to Harold K. Auxier and Tanya Jean Auxier, property located at Johns Creek.

Tanya Auxier to Jaime Auxier Sergent, property located at Johns Creek.

Alberta Bolding to Glenna Faye Slone, property not list-Melissa Lynn Clark to

Robert T. Lee, properly not Janita Renee Cochran to Minerva Ruth Meade, property located at Left Beaver

Creek Nathan Cochran to Minerva Ruth Meade, property located

at Left Beaver Creek. Connie Cole to Connie

Cole and Troy A. Cole, property located at Tram.

DOWNTOWN PRESTONSBURG

HOLIDAY OPEN HOUSE

December 5th, 6th & 7th

Stores Open Late & Special Deals

Mike Conn to Anthony Swiger, property located at Stanley River.

Sally Conn to Anthony Swiger, property located at Stanley River.

Stacey L. Cornette to Jody D. Cornette, property located at Village Estates.

Louise Justice Eghert to Johnny W. Rice and Rachel Rice, property located at Middle Creek.

Anna Rae Hall to Isaac Combs and Mary Y. Combs, property located at Left Beaver Creek. Vernon Hall to Isaac

Combs and Mary Y. Combs, property located at Left Beaver Creek. Candice Jarrell to Gary B.

Jarrell, property located at Prater Creek.

Lowana Jarrell to Gary B. Jarrell, property located at Prater Creek.

Cindy Jervis to Darrell Jervis, property located at Cow Creek.

DOWNTOWN PRESTONSBURG

NIGHT CHRISTMAS PARADE

December 6th at 7:30pm

Parade, Carols & Tree Lighting

Avon Christmas Sale

Dec. 5th & 6th, 9 a.m.-5 p.m.

at the home of Jency Allen

Call 886-2082

CHRISTMAS GIFTS, JEWELRY, AND

SKIN CARE CREAMS

SAVE TIME, GAS, AND MONEY. SHOP PRESTONSBURG FIRSTI

BROUGHT TO YOU BY PRESTONSBURG REMAINANCE, QUESTIONS FOR 146-2335

12/5/08 - 12/11/08 Cinema 1-Held Over TWILIGHT (PG-13). Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00. Cinema 2-Starts Friday, Dec. 5

Sunday Matinee—Open 1:00; start 1:30

9:00; Sun. (1:30) 7:00-9:00.

ROLE MODELS (R). Mon.-Sat. 7:00-

http://showtimes@hollywood.com 606-432-2957

ickets may be purchased in advance for any

12/5/08 - 12/11/08 Cinema 1-Held Over

QUANTUM OF SOLACE (PG-13). Mon. Sun. 7:00-9:20; Fri. (4:20) 7:00-9:20; Sat. Sun. (2:00-4:20) 7:00-9:20.

Cinema 2—Held Over AUSTRALIA (PG-13). Mon.-Sun. 8:00; Fri. (4:45) 8:00; Sat.-Sun. (1:30-4:45) 8:00. Cinema 3—Held Over

TRANSPORTER 3 (PG-13), Mon.-Sun. 7:05-9:25; Fri: (4:25) 7:05-9:25; Sat.-Sun. (2:05-4:25) 7:05-9:25 Cinema 4-Held Over

MADAGASCAR 2 (PG). Mon.-Sun. 7:10-9:10; Fri. (4:10) 7:10-9:10; Sat.-Sun. (2:10-Cinema 5-Held Over

ROLE MODELS (R). Mon.-Sun. 7:05-9:30; Fri. (4:30) 7:05-9:30; Sat.-Sun. (2:05-4:30) 7:05-9:30. Cinema 6-Held Over

BOLT (PG). Mon.-Sun. 7:00-9:10; Fri. (4:10) 7:00-9:10; Sat.-Sun. (2:00-4:10) 7:00-9:10. Cinema 7-Held Over

FOUR CHRISTMASES (PG-13). Mon.-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30 Cinema 8-Held Over

TWILIGHT (PG-13). Mon.-Sun. 6:55-9:25; Fri. (4:15) 6:55-9:25; Sat.-Sun. (1:50-4:15) 6:55-9:25 Cinema 9-Starts Friday, Dec. 5

PUNISHER: WAR ZONE (R). Mon.-Sun. 7:05-9:25; Fri. (4:25) 7:05-9:25; Sat.-Sun. (2:05-4:25) 7:05-9:25. Cinema 10-Held Over

FIREPROOF (PG). Mon.-Sun. 6:45; Fri. 6:45; Sat.-Sun. (1:55) 6:45.

Cinema 10-Held Over THE CHANGELING (R). Mon.-Sun. 9:00; Fri. (4:10) 9:00; Sat.-Sun. (4:10) 9:00.



Especially for You Open House, Saturday 10-7

NEW LOCATION W. Court St . Prestonsburg

606-889-0122 MORE ROOM AND MORE STUFF

Seasonal, Primitive and * Furniture Traditional Decor not included in sale Candles, Lotions, Home Accessories,

> Furniture, Bedroom Dinettes, Upholstery and more

Occasional Tables

CHRISTMAS OPEN HOUSE Friday thru

Saturday 9-62 25% OFF

WINTER AND HOLIDAY CLOTHING

Lad N' Lassie A Children's Boullque 188 W. Court Street Prostonsburg, KY 606-886-3142



PRESTONSBURG University Drive, Prestonsburg

Ad good Wednesday, Dec. 3rd, through Tuesday, Dec. 9th **PORK SALE!!!**

Western Style **Pork Ribs**

Fresh Cut

Pork **Butt Roasts**

Boneless Pork Steaks Sirloin Chops Lb.

PRODUCE VALUES

Navel Oranges

Russet Potatoes

GROCERY



Select Varieties Coca Cola Products



tempoint

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Worth Repeating ...

A committee is a cul-de-sac down which ideas are lured and then quietly strangled.

Sir Barnett Cocks

A reasonable stimulus

Congress seems intent on siphoning billions of dollars from the federal well in hopes of priming the nation's economic pump. A stimulus bill likely will cost \$500 billion, says Senate Majority Leader Harry Reid, D-Nev.

Given the gravity of the economic distress, Congress should act. But it should target projects that offer the promise of real results. The keys: helping poor and middle-income earners and ensuring more than a short-term payoff.

The spending envisioned easily could deliver meager results. The government has poured billions of dollars into the economy in recent months, but it still runs as slow as a creek in August. Credit markets remain tight, industrial production is sluggish, the number of delinquent mortgages is expected to double by the end of next year and the outlook for retailers, even on Black Friday, was more bleak than black.

The National Bureau of Economic Research, which monitors such things, says that a recession began in the United States in December 2007, and this one could be the deepest trough since

Democratic governors want federal help to shore up Medicaid and kick-start transportation and public works projects. Giving Medicaid a booster shot is probably good medicine. Road and bridge projects may be, too, but even if a project is ready to roll, the economic impact might not be felt for a few months.

The government should extend unemployment benefits in states such as Wisconsin, which didn't qualify for the longer extension recently signed into law by President George W. Bush. The government also should create some sort of grant program to retrain displaced workers. It should extend food stamp aid.

The government also should make major investments in the state university and technical school systems, which remain the envy of the world. These key institutions must not be allowed to founder during a downturn. Funneling additional money to them could keep more kids in school and help the schools adjust as more kids and adults seek training and retraining. Additional federal spending in key research areas, such as alternative energy, would have both short- and long-term benefits.

A thoughtful stimulus package — even the Hoover Damsized one envisioned by Reid — could do some good. But Congress mustn't waste money on projects that offer little real economic gain.

We've been there. Done that.

- The Milwaukee Journal Sentinel

Letter Guidelines

comed by The Floyd County

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be

Letters to the Editor are wel- no longer than two type-written pages, and may be edited for length or clarity

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky.



Guest column

House week in review

by REP. HUBERT COLLINS

Much has been done at the state level since 2007, especially, to promote safety in Kentucky's mines after 16 miners died in our mines in 2006.

In 2007, you will recall the Kentucky General Assembly passed House Bill 207, a bill that proved to grieving families of those fallen miners that state lawmakers could and would do more to protect their loved ones. HB 207 has greatly improved mine safety by requiring mine gas detectors for those underground, three additional yearly underground mine inspections (including two electrical inspections) and trained medics at mine sites. Background checks for inspectors, the hiring of a full-time safety liaison to work with mine families and certification of mine seals to ensure that they can properly contain explosive underground gases, also part of the law, have also improved life in the mines.

Other improvements made by state lawmakers the previous year set the stage for the major reforms of 2007. One law passed in 2006 requires wireline telephone and other two-way communication equipment in mines and requires mine operators to implement emergency plans and regular evacuation training. New drug and alcohol testing requirements were also passed that year, along with incentives for mining companies to develop and enforce drug-free workplaces.

The passage of these laws, or the attention they brought to mine safety, made an immediate difference. 2007 was a banner year, since it was the first time since 1890 that no underground coal mine fatalities were reported in the state and only two surface mine fatalities were reported. That's quite an improvement over much earlier mining decades like 1920 to 1929, when there was an average of 161 annual coal mine fatalities in the Commonwealth.

I wish I could report that we have gotten through most of 2008 without any fatalities but that is not the case. In fact, surface mine fatalities are double what they were in 2007 and one underground mine fatality has

Having zero fatalities might be an unreasonable goal considering that coal mining involves serious risks, but the industry says that is its intent. The way to achieve that goal, the industry says, is for Kentucky to focus more on training and education and forego what it says is duplication of federal government mine safety enforcement.

Industry officials cite statistics that show mine fatalities have

decreased by 82 percent since 1970, statistics they say show coal mining is "one of the safest workplaces in America." Add to that industry stats that show miners have a lower rate of injuries and illness than those working in other major trades and, well, it would seem like more mine safety regulation at the state level could be unnecessary.

The unfortunate reality, however, is that Kentucky can't force the federal government to do its job. We can only police our own laws, which make increased state mine safety enforcement a good thing for those working in mines that fly under the fed's radar.

That does not mean that I don't agree with the industry that more needs to be done with training and education. Some of that was addressed in the legislation we passed in 2007 and 2006, and more could be done. And I agree that duplicating efforts is not always helpful. What is helpful? For everyone involved in the mining industryfrom state and federal government officials to the mine companies and operators to the miners themselvesto take more responsibility for ensuring no one dies needlessly in a mine

Once we accomplish that, then we all can say with confidence that coal miners indeed work in the safest environment possible for their trade.

Published Sunday, Wednesday and Friday each week

263 SOUTH CENTRAL AVENUE PRESTONSBURG, KENTUCKY 41653

> Phone: (606) 886-8506 Fax: (606) 886-3603

www.floydcountytimes.com

USPS 202-700 Entered as second class matter, June 18, 1927, at the post office at Prestonsburg, Kentucky, under the act of March 3, 1879. Periodicals postage paid at Prestonsburg, Ky.

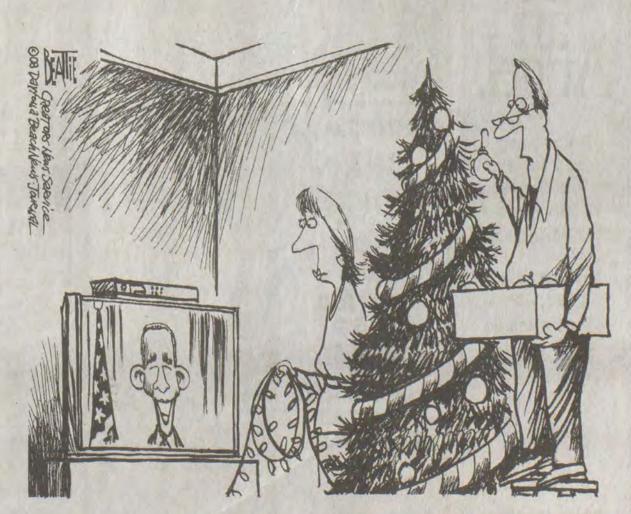
> SUBSCRIPTION RATES PER YEAR: In Floyd County: \$59.00 Outside Floyd County: \$76.00

Postmaster: Send change of address to: The Floyd County Times P.O. Box 390 Prestonsburg, Kentucky 41653

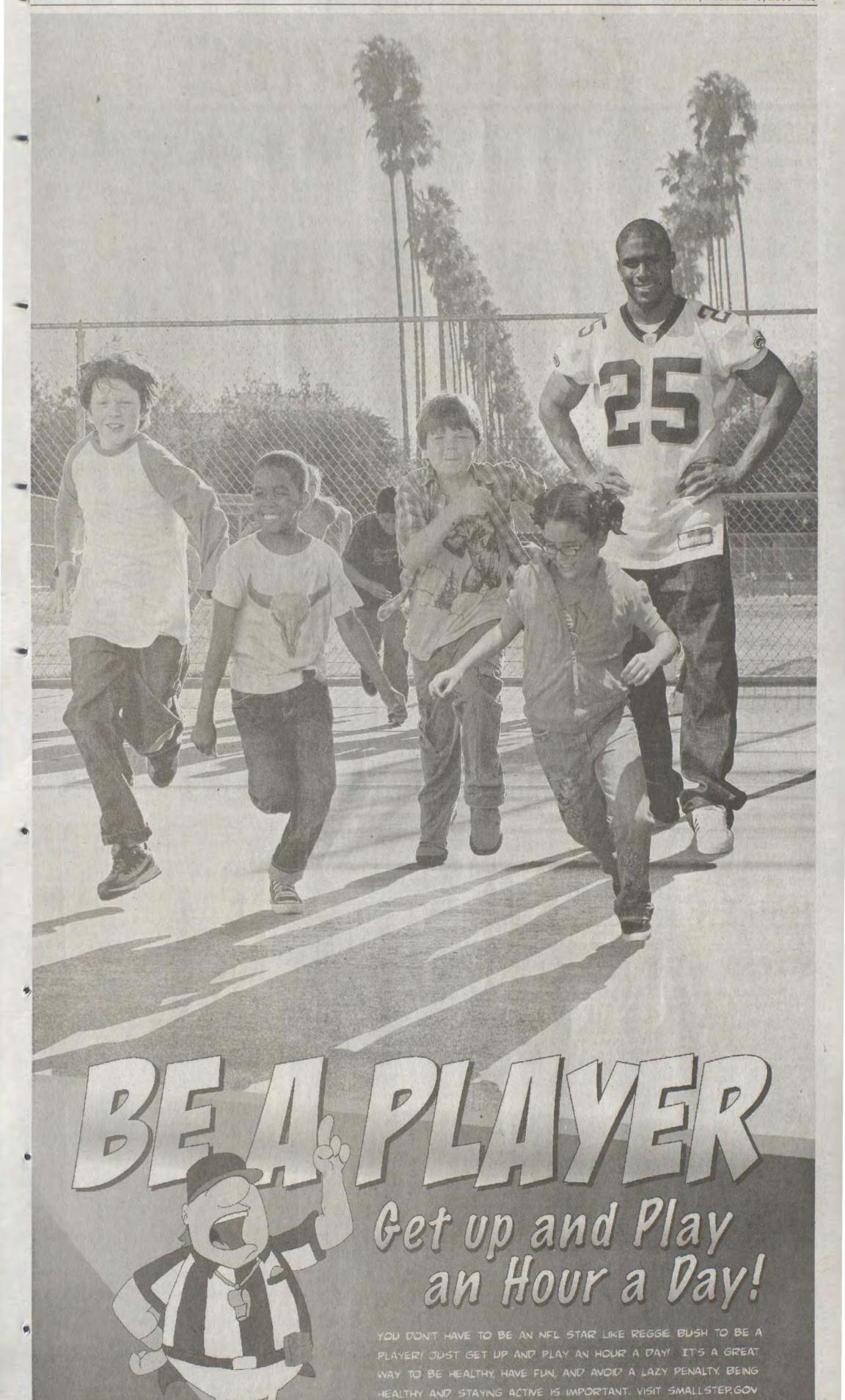
PUBLISHER Joshua Byers jbyers@heartlandpublications.com

MANAGING EDITOR Ralph B. Davis web@floydcountytimes.com

ADVERTISING MANAGER Jamie VanHoose advertising@floydcountytimes.com



"He's picked a lot of people without any major blowups so far. Sure puts Palin into perspective."



Ad

www.smallstep.gov

Playso

TO LEARN ABOUT FUN WAYS TO GET AN HOUR OF EXERCISE A DAY!



Phone: (606) 886-8506 Fax: (606) 886-3603

Members: Associated Press Kenucky Press Association National Newspaper Association

Hifestyles

INSIDESTUFF

Rental Central • page A7

Crossword • page A7

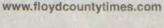
"The BEST source for local and regional society news"

common sense tips can help — Page A7

Email: features@floydcountytimes.com

FAMILY MEDICINE

Reasons for holiday blues differ,



Making a difference

by ERNEST BREWER
DIRECTOR OF WELLNESS & REHAB
HIGHLANDS REGIONAL MEDICAL
CENTER
EBREWER@HRMC.ORG

A couple of weeks ago, many of the managers at HRMC volunteered to take part in a program in which we, basically, adopt a patient room. Each work day, each participant goes to his adopted



Ernest Brewer
Helping you find
the answers
to your health
concerns

room, and attempts to assist the patients there in whatever way possible.

This may entail as little as welcoming them to our hospital and offering them a business card with con-

a business card with contact information if a need should arise, or the partici-

pant may offer some fresh water or a blanket. For the most part, the primary purposes are to offer our customers an additional outlet for voicing concerns, complaints or needs, and to better offer our customers the level of service they deserve.

I've been participating in this program for the past couple of weeks, and, honestly, I've enjoyed it. It is nice going into a patient's room with no agenda other than, "What can I do to help you today?" However, something happened today that was different. It

(See WELLNESS, page seven)

DINNER DIVA

Holiday stress

The holidays can be a stressful time for a lot of people, especially this year when it seems there is nothing but doom and gloom in the economic forecast. But folks who have lived through such times as this in the past, know a thing or two about not only getting by, but

actually thriving. I think now is a good time to look at that.

The first

have

thing to look at is expecta-

tions. We all

Norman

Rockwell-

sized expecta-

these



Leanne Ely

tions that are out of whack with reality. We have to fix our own mentalities before we can get to the more practical side of things. Bring down the expectations (and guest list, if need be) and take a look at a simpler way. There's nothing wrong with having a potluck instead of putting on a lavish spread all by yourself. People love to show off their best dishes so this year, do the main course and divvy up the side dishes and dessert. How easy

(and less expensive) is that?

Use this principle with your Christmas cookies too. Instead of killing yourself baking eighteen different types of Christmas cookies, invite some friends over (and their kids) to share the workload and the cost. Have everyone bring a batch of sugar cookie dough; some sprinkles and other decorative doodads, then bake 'em all up

(See DIVA, page eight)



Amanda Jude's hair was over 12 inches long when she decided to get it cut for Locks of Love at Shear Power in Betsy Layne.





LOCKS OF LOVE

Local girl has shorter hair, but no shortage of heart

by JARRID DEATON FEATURES WRITER

Amanda Jude's hair was over 12 inches long and a source of great pride for the youngster from Inez, but the 9-year-old decided to give it up in order to help those who have lost their hair due to a disease or treat-

"She hadn't had her hair cut since she was a baby," said Lynn Justice, Jude's aunt. "She was at my house swimming one day and her hair got tangled up, so she decided to get it trimmed. I mentioned Locks of Love to her and she thought it would be a good thing to do."

Jude went to Shear Power in Betsy Layne where Valerie Clark cut over 10 inches from her hair.

"She was so happy and excited to

get the chance to help someone else,"
Justice said. "She told me that she
hopes that other kids will do the same
thing."

Locks of Love is a public nonprofit organization that provides hairpieces to financially disadvantaged children under the age of 18 that suffer from long-term medical hair loss from any diagnosis.

The organization, which began in 1998, provides its recipients with a custom, vacuum-fitted hairpiece made entirely from donated human hair. According to information provided by Locks of Love, the vacuum fit is designed for children who have experienced a total loss of scalp hair and does not require the use of tape or glue. Most of the applicants suffer

(See LOCKS, page eight)



FLY LADY

The power of a tune

Did you ever get a tune caught in your head and you couldn't get rid of it! It plays over and over-like a stuck record for those of you who are old enough to remember those. We have tunes like that stuck in our heads too. They are those negative words that have been preached at us for years. You know those ugly words that you have used to beat yourself up with long after they have come out of a "so called" loved one's mouth!

The song lyric that is stuck in my head is a new song written by Taylor Swift. She performed Love Story at the CMAs the other night. Taylor is like every young woman and the lyrics of her songs speak to our innocence and the desire to be rescued by a man and live happily ever after. Jennifer Nettles won an award for her song Stay. It's message is about a

woman begging a man to stay. "Don't I give you what you need!" in the end she realized she doesn't need him. Carrie Underwood sang her new song too. Those lyries were stuck in Michele's head, "Just a dream!"

When we are babies we dream of having the perfect love story, we just want to be loved. Then we wake up one day and we can't believe our love story is a bad dream. We have the power to wake up from that bad dream and change! I am not talking about divorce either. We can be loved and the first step comes from loving you. Because when we are FLYing we rescue ourselves. Loving yourself is like shining your sink. Are you giving yourself what you need?

We have the ability to change the way we talk to ourselves. We can use music to do this! Music has the power to build us up! It can evoke a good memory or it can make a new one. The tunes can get your feet moving or they can calm you! You are in charge of your playlist!

I have songs that bring a smile to my face when I hear them. With iTunes we can build our own playlists for all types of moods. I love mood music! You don't have to have an iPod to use iTunes to manage your

I have built playlists for all types of moods. This is one of the reasons that we have produced music for you! Our first CD FLY was composed by Amy Lacey. The songs are peppy and give you hope! Isn't that all that any of us need to keep us going! Hope for a better day!

For our second CD, we wanted to help you give your children the tools

that they would need to FLY! We wanted them to grow up with routines. The beauty of these songs is that they help us replace those negative words with lyrics that pick you up and fill your heart with love for you! At the same time they get you doing things! The songs give you direction as well as give your children fun ways to get their routines done without you nagging!

Music is a tool to reach the other side of your brain. It helps to replace the negativity floating around in the

thinking part of your head. Music FLYs right into mind in a fun way to empower you! You don't even realize it is happening. What have you got to lose? Why Not Today! As I typed those words my iPod roulette played this song. I think that is a God Breeze for you and me that I am on the right track with my essay! Why Not Today!

חחח

For more help getting rid of your CHAOS; check out her website and join her free mentoring group at www.FlyLady.net or her book, Sink Reflections published by Bantam and her New York Times Best Selling book, Body Clutter published by Fireside. Copyright 2007 Marla Cilley Used by permission in this publication.



family OHIO UNIVERSITY
Medicine

Martha A. Simpson, D.O., M.B.A. Associate Professor of Family Medicine

Question: My husband always seems to get feeling blue during the holiday season. He says that this is because his father was always cranky around Christmas, and those memories make him feel sad. But, I have trouble understanding why he's often not "in the spirit" at this happy time of the year.

Answer: Your husband is not alone in experiencing some level of sadness during the winter holidays. These "Holiday Blues" can start as early as Thanksgiving and continue through Christmas and New Year's. They can be due to a number of fac-

Sad memories from the past, like in your husband's case, can trigger melancholy feelings in some people. You may find the extra things necessary to get ready for the holiday season invigorating, but to others this added pressure is overwhelming and can lead to feelings of sadness. Family expectations to travel and be together for the holidays adds stress

It's not unusual for people to feel sad because they "wish they had more" to share with others. Given current economic conditions, this

Reasons for 'holiday blues' differ, common sense tips can help

cause of holiday sadness may be more widespread than usual this year.

As you can see, the way we deal with the pressure and the hustle and bustle of the holiday season varies greatly from person to person. Nonetheless, there are a few common sense strategies for coping with the Holiday Blues that our reader's husband and many others should find helpful. Take a look at each of these tips and see what might work for you:

* Pace yourself. One person can only do so much. Decide what is best for you and your family and don't overextend yourself:

* Be Realistic. You only have so much money and so much time. Set reasonable expectations for gift giving and partying.

Allow yourself some time to "be sad" and to reflect on the past. The holidays are time when we miss loved ones who are no longer here on earth or who are in far away places.

ACROSS

1 Not quite

closed

5 "Song of

13 Tom of

18 - Linda,

straw

the South"

9 Perched on

"Baretta"

19 Snorkel and

Capital of

American

Samoa?

Flintstones"

22 — Lama

25 Word on a

26 Dumbstruck

27 Hacienda

28 New

now

30 Devour

32 Summer

36 Golfing

legend?

40 Crestfallen

44 Volleyball

divider

45 Bar supply

46 - Jima

shade

material

Archangel,

Hurrah" ('58

door

54 Enormous

56 Mideastern

pockets

character

Bruckner

Webber

musical

Charteris

creation

69 Overflowing

Muldoon

problem

division

Conrad

series?

82 Broccoli -

84 Nutritional

currency

American

capital

feature

92 22 Across

home

95 Proclama-

90 Subway

abbr.

85 Tabriz

86 Sordid

88 South

72 — impasse

73 Toody or

74 Eye

75 NYC

77 Robert

81 Flat

hat

62 Composer

58 Sea plea

60 Cultural

64 Lloyd

67 Leslie

Think about these loved ones, carry them in your heart, and enjoy your time with the people who are actually in your presence.

Volunteer your time. Help collect or deliver gifts for needy families. Or offer to work in a soup kitchen and help serve the holiday

* Spend time with positive people. Seek out your friends who are upbeat and have the ability to make you laugh. This may give you the opportunity to contact old friends and catch up with what's happening in their

Remember to do some things just for you. Go look at the holiday lights in a favorite neighborhood. Engage in your favorite hobby. Give yourself time to relax and enjoy the holidays.

Take care of yourself.

Keep in mind that not everyone who feels sad in the winter has the Holiday Blues. Some people become

101 Stromboli

spew 102 Gown part

104 Temporary

George?

109 Tuck's mate

110 Dovecote

112 Contend

Cantor

song?

120 Pay to play

Funny"

"People -

birthplace

correctional

114 Eddie

121 TV's

122 Pair

134 NY

123 Harden

125 Brando's

129 "Gladiator"

extra

132 Southern st.

facility?

137 "The Jungle

Balsam

film?

139 Passover

meal 140 Pkg. abbr.

141 Stephen

Vincent -

character

Book"

138 Martin

sound

- Rita"

('42 film)

calm

107 Girl

depressed because of the decrease in sunlight hours. If your sad feeling persists into Valentine's Day, you should contact your family doctor and ask him or her if you might have a condition called "Seasonal Affective Disorder," or SAD. Fortunately, there are very good treatments for this and other more serious forms of depression.

Family Medicine(r) is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicinenews.org. Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions.

> 37 Singer Redding

38 Donates

39 Legendary

40 Callas or

41 Actor

42 Olympic

43 Act like

grandma 48 Maritime

50 Mess (up)

52 Dick Van

53 Mrs.

59 Sole

Dyke film?

55 Haul a heap 114 Shattered

Zhivago

57 Lucknow

mates?

63 Apprehend

61 Petunia

part

65 Implied

66 Turkish

68 Duel tool

dress

71 Wore

76 Desert

78 Trite

refuge

79 "Gladiator"

extra

70 Darjeeling

75 Pitt of "The

Mexican"

skaler?

Caballe

McGregor

Colt Johnny

Rental Ecentral

by TOM DOTY

A quartet of comedies hit of being mediocre.

"Space Chimps" — At least the kids will enjoy this animated tale of a third generation NASA monkey who is drafted to partake on a deep space mission with two other simians. Their adventure gets cosmic when the trio comes to the aid of an alien race being pushed around by an intergalactic empire. Put it on for the young ones and feel free to

"Hancock" — The super-

without this low-key effort that follows a socially challenged hero on a quest to increase his popularity. Will Smith phones it in as the hero, though Jason Bateman has a few moments as his publicist. A creaky subplot involving infidelity is shoehorned into the action, which only makes

the whole thing drag on longer. ■ "Fred Claus" — Every family has a black sheep and Santa's no exception, as this film reveals when we meet his brother Fred. A criminal career has not worked for the guy and the film chronicles his efforts to go straight while toiling away in his brother's toy factory. Vince Vaughn continues

to backslide as Fred, though Paul Giamatti manages a few scene-stealing moments as the

■ "Meet Dave" - No pallet of bad comedies would be complete without an entry by Eddie Murphy (who seems to make one good flick for every three bad ones). Here Murphy only essays two roles, which include an alien space captain and the ship he pilots a human-sized Eddie Murphy robot). About as good as it

Next week there is at least some variety with the debut of the hyper-violent "Wanted" alongside the latest Narnia adventure "Prince Caspian."

Super Crossword

DOWN

1 Jessica of "Dark

Grapes of

sumame

3 Snowballs,

sometimes

Angel"

Wrath"

4 Wander

measure

7 Peters out

6 Massage

8 Antique

10 Homeric

12 - bear

13 Author

14 Grey-

16 South

9 Garments

character

Lothario?

LeShan

hound's

greeting

15 Make merry

American

"Star Trek:

Voyager"

20 Son of Adam

Preston's

Brown's

24 Attain

dog 31 Buster

29 Sergeant

capital 17 Jennifer of

Looked like

5 A/C

2 "The

ONCE IS ENOUGH

89 Chocolate

substitute

91 Damon and

Pythias

93 Wicked

94 Use the

VCR

97 Darkness

99 Talbot or

103 Spilled the

beans

106 Meat cut

108 Teach on

105 Progressive

the side 113 Sign of

115 Neighbor of

116 Bee and Em

117 Apres-ski

quaff

118 Entertainer

Tamblyn.

119 Like a raisin

121 Spirited

126 About

steed

124 Word form

127 Salute the

moon?

128 Cultural grp.

131 Basketball's

Holman

protagonist

130 Pub order

133 "Exodus"

for "within"

100 Ripped

hero genre could have done

TIMES COLUMNIST

the shelves this week and shared the unfortunate quality aggressively

get that laundry folded.

Wellness

■ Continued from p6

I'm responsible for two rooms, and this morning, I set out to spend about 10 minutes on a daily basis. I also realized and visit my two rooms. Without going into all the

details, due to an odd chain of events, I ended up spending over 45 minutes and visited with six patients. Each room presented a very common theme - patients having pain and fear.

shook me up a little, but in a just what these six were expe-

Now, being a physical therapist, I see people who are afraid and in pain everyday. That's not shocking. What shook me today was my response. I hope that I can explain.

My dad passed away about 13 years ago. At the time, I had been working in a hospital setting for several years, and had experienced Code Blues and the death of patients on numerous occasions. The week after I returned from his funeral, I was seeing a patient in intensive care, when a patient in an adjacent room suffered a heart attack. Code Blue was called. The team responded, but the patient passed away. I remember vividly experiencing that Code in a way I had never done before. Today was similar.

When you work in any setting, you can become accustomed to the surroundings. Whether you are a coal miner, lion tamer, soldier, septic cleaner, mother of small children or race car driver, with time you adapt to your environment and are able to block out the fears, discomforts. smells and other stimuli to

focus on the task at hand. This happens with health care workers, too. It does not take long to adapt your emotional sensitivity in a way that enables you to tone down your emotional responses so that you can accomplish the task of caring for a patient.

Today, as I encountered each of the patients, I wasn't there as a therapist. I was thereas a friend, and in that role, my emotional sensitivity was different. As I was leaving the floor, I recall feeling somewhat overwhelmed by the suffering, fear and grief being experienced by others.

However, I think it was not

riencing. I think, at that moment, I realized how emotionally desensitized I can be that, in that state of increased emotional sensitivity, if I were to go into 200 more rooms, I would likely encounter equal amounts of pain and fear in a very high percentage of the rooms. There's no denying, this world has plenty of pain and fear to dish out.

Going forward, I hope that this experience transforms me a bit when I am functioning as a therapist. I hope that it helps transform me in my non-work life, too. I believe that the experience that I had following my dad's death changed me, at least for a while.

As far as how this applies to your health and wellness ... I guess that's really up to you. What I take from it all is this. It would appear to me that people, on the whole, have become desensitized to so much. One cause of this is that there is a wealth of pain, fear and hopelessness that surrounds us today. If you were to spend 10 minutes worrying about each sad story around you, you would accomplish nothing each day, and be an emotional wreck. Based upon today's experiences, there are some positive things that you can do to make a difference,

My response to each of the six patients' needs was not earth shattering by any means. I merely offered my time to each of them. I sat with them. I listened. I held their hand. I got them some fresh water. I got a Kleenex. I accepted invitations to pray for them. I informed nursing of their needs. I found out about their interests. I sought ways to be useful to them. I allowed myself to be human. I clearly recognized them, in my heart and mind, as human.

Making a positive difference in the lives around you can be amazingly simple. First, find a way to look around you with a fresh perspective, and be sensitive to the needs and concerns of others from their point of view instead of your own. Second, offer a little of your time. You don't have to do anything spectacular. Maybe just listening could make all the difference in the world. Lastly, allow yourself to be a human connecting with other humans. It could make a difference.

Ernest Brewer is a physical therapist and athletic trainer with over 20 years of clinical experience. In addition to his experiences in hospital, home health and outpatient settings, he has provided services to high school, college and professional sports including pro rodeo, ballet and basketball. He is the Director of Rehab and Wellness at HRMC. You can email him your questions at ebrewer@hrmc.org.

The information presented is intended to be informative for the general reading audience and not intended to be utilized for creation of a personal treatment plan or replacement of the care of your current health care professionals. In all cases, seek the advice of your physician for a definitive answer for your specific health con

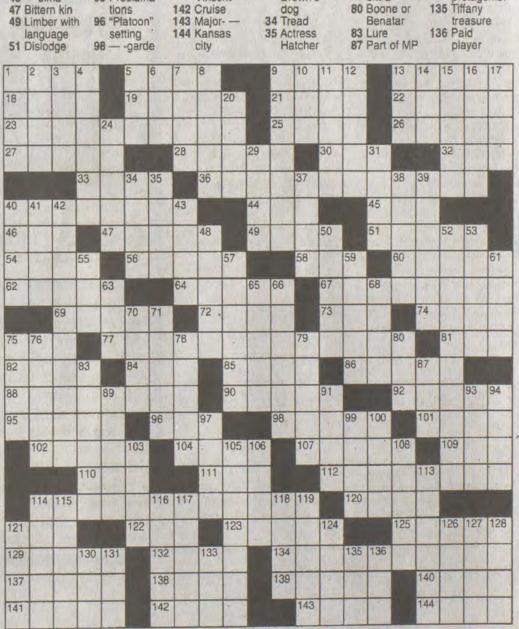
What is a hero?

This child, and thousands like her, have the hope of a better future and the power to make it happen. By taking part in afterschool programs, kids explore, learn, grow, and most importantly, find the hero inside themselves. Let us know you want afterschool programs in your area. Call 1-800-USA-LEARN.

Afterschool programs

www.afterschoolalliance.org









Become a Kentucky organ & tissue donor. For information contact: 1-800-525-3456, or www.trustforlife.org

Diva

at your house. Decorate them together, take pictures of the fun then make some hot cocoa, sit down and enjoy your company and cookies.

You've just made à terrific memory! The burden of the cost of making all those cookies has been effectively spread out; everyone had a good dose of holiday cheer and got to take home a souvenir, too!

Speaking of sugar cookies. Here are the ones I make every year. Enjoy!

Sugar Cookies

Makes about 3 dozen cookies, depending on the size of your cookie cutters

2 sticks unsalted butter (room temperature)

2 cups sugar 2 eggs 1/2 cup milk

1/2 teaspoon pure vanilla

4 1/2 cups flour 4 teaspoons baking powder 1 teaspoon salt

In a large mixing bowl, cream butter and sugar together until light and fluffy. Add eggs and mix again. Now add milk and vanilla, mixing one more time.

In another bowl, sift together the dry ingredients. Add this to the wet ingredients 1 cup at a time, mixing well after each addition. Wrap the dough in plastic wrap and chill for at least an hour.

When it's baking time, pre-

heat oven to 375 degrees. Divide dough into fourths, and work with one piece at a time. Roll out dough onto a floured countertop and cut out with

your favorite cookie cutters. Bake for 8 to 10 minutes, cool on racks before decorating.

Sugar Cookie Icing 1 cup confectioners sugar 1 egg white

Mix sugar and egg white together to make a stiff icing. If you prefer, you may use powdered egg white instead;

■ Continued from p6 read directions on the label to reconstitute and use in lieu of the egg white. Add food coloring to create as many colors as you want!



1801 Main St., Paris, KY Open: M-F 9-6 • Sat. 9-4

All prices are plus tax, tags & fees.

Don't Miss These Wholesale Deals. **Priced At Cost To Move!!**



After having over 10 inches cut from her hair, Amanda Jude brought the bountiful braid to the post office to be mailed to Locks of Love.

Locks

from an auto-immune condition called alopecia areata, for which there is no known cause or cure. Others have suffered severe burns, or endured radiation treatment to the brain stem, in addition to many other dermatologic conditions that result in permanent hair

According to a spokesper- http://www.locksoflove.com.

Industries of Kentucky has

identified alternate locations for donors who wish to recycle

used televisions and computer

computers has become cost-

prohibitive for Goodwill, and

therefore, effective this week,

the agency will no longer

sells donated items to provide

employment and job training for people with disabilities or

other disadvantages. When Goodwill cannot resell items,

it must recycle or dispose of

them in an environmentally-

responsible way, a task that

has grown increasingly expen-

"As much as Goodwill

Goodwill collects and then

accept these items.

Accepting televisions and

equipment.

Goodwill Industries of Ky.

of used TVs, computers

no longer accepting donations

LOUISVILLE - Goodwill would like to accept every

president

Goodwill

son from Locks of Love, thousands of bundles of donated hair arrive as a result of the internet and word of mouth, as well as publicity from newspapers, magazines, and television programs.

For more information on Locks of Love and how to donate hair,

item our donors want to give, we have found that there is lit-

tle demand for used computer

equipment and television sets," said Roland R. Blahnik,

Kentucky. "It costs Goodwill

more to dispose of computers and televisions than can be

generated by selling them, thus

draining valuable resources

from our mission to help peo-

ple with disabilities or other

disadvantages gain jobs and a

recycling sites can visit

www.earth911.org to find a

Donors seeking alternate

Industries

website

better quality of life.'

www.goodwillky.org

location near them.

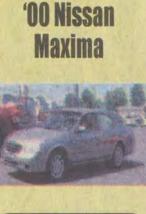
and CEO

Industries

of

of

at



'93 Nissan Pickup

'04 Hyundai

'99 Dodge





'00 Oldsmoble



'95 Dodge

'03 Pontiac



'99 Cadillac



'96 Saturn Local trade

OF Donting Only 42,000 miles

'02 Oldsmobile



People know Pueblo for its

Goodwill

Kentucky's



Snazzy Web Site? (www.pueblo.gsa.gov)



In Pueblo, the free government information is also hot. Dip into the Consum Information Center web site, www.pueblo.gsa.gov. Or call toll-free 1-888-8 PUE order the Catalog. Sorry, salsa not available through our web site or

U.S. General Services Administration

1988 Cadillac DeVille-Red 2004 Cadillac DeVille-V-8, Silver

2002 Cadillac DeVille-V-8, Tan 2000 Cadillac Eldorado-V-8, Red

1997 Cadillac Eldorado-V-8, White

2007 Cadillac Esclade-4x4 1998 Cadillac Seville-V-8, Black

2003 Chevrolet Suburban-4x4, 8 Cyl., Black 2008 Chevrolet HHR-4 Cyl.

2005 Chevrolet Impala-V-6, White 2005 Chevrolet Malibu-V-6, White

2004 Chevrolet Blazer-4x4, V-6 1992 Chevrolet C1500 Pickup-4x4, Maroon 2004 Chevrolet Silverado 1500-V-8, Red

2000 Chevrolet Silverado 1500-V-8, 4x4, Black 1995 Chevrolet Suburban-V-8, 4x4, Blue 1996 Chevrolet Tahoe-V-8, 4x4, White 2007 Chrysler PT Cruiser-4 Cyl., White 2004 Dodge Durango-4x4, White 2000 Dodge Stratus-V-6, Green 2000 Dodge Durango-V-8, Blue

2007 Dodge Ram 1500 Pickup-V-8, 4x4, Gray 1993 Ford Tempo GL-42,000 miles, White 2002 GMC Yukon-V-8, Blue

1999 GMC Yukon-V-8, Black 1999 Jaguar XJ8-V-8, White

1994 Jeep Grand Cherokee-V-8, Red 2004 Kia Sorento-4x4

2003 Kia Sedona-V-6, White 2007 Kia Spectra-4 Cyl., Black

1977 MG B-Red 2005 Nissan Altima-V-6, Blue 2001 Nissan Maxima-V-6, Grey

2004 Nissan Xterra-V-6, Red 1987 Pontiac Firebird-Red

1995 Pontiac Grand Am SE-V-6, Green

2005 Saturn Relay-V-6, Wine 2003 Toyota Camry Solara-4 Cyl., Gold

2001 Toyota Camry Solara-4 Cyl., Silver

2003 Toyota Sienna-V-6, White 2004 Toyota Tundra-Double Cab, 4x4, V-8, Grey 2002 Toyota Tundra-V-8, 4x4, Grey

Kentucky Heart and Vascular Physicians presents

Heart & Vascular Screening

This free screening is for those age 50 and older and includes: lipid panel (fasting required), glucose, blood pressure, blood oxygen, and ankle brachial index.

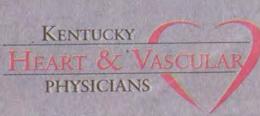
Cardiologist Vaughn Payne, M.D., will review your results at the screening.

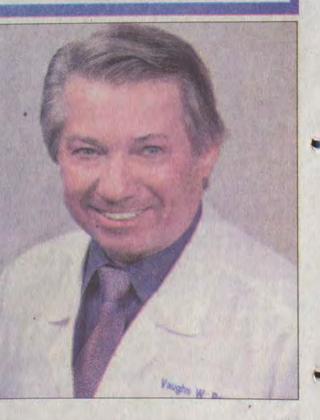
Saturday, Dec. 6 • beginning at 9 a.m. Kentucky Heart & Vascular Physicians - Prestonsburg, Suite #4102 5000 Ky. Route 321, Prestonsburg, Ky.

Space is limited and appointments are required by calling

1.888.377.5362

Additional screening guidelines may apply, which help us see those most at risk for cardiovascular disease.





www.floydcountytimes.com



Inside

HS Football • B2

Bentley provides spark for Centre

Floyd native finishes with 11 points, four rebounds, three assists in win over Berea

TIMES STAFF REPORT

DANVILLE - Playing for the first time in over a week, the Centre College men's basketball team allowed a season-low 22.1percent opponent shooting percentage in a 74-44 win over Berea College Monday in Alumni Gymnasium.

With the win, Centre remains unbeaten against Berea during the Southern Collegiate Athletic Conference (SCAC) era at 10-0 and improves to 3-1 overall this season. The loss dropped the Mountaineers to 4-3.

The two teams exchanged a pair of three-pointers each for a 6-6 score, but three-pointers by seniors Kris Bentley (Pikeville) and Ryan Crowdis (Louisville) gave Centre a 12-6 lead it would not relinquish. Bentley, a Floyd County native, came to Centre College from Shelby Valley High School.

The Colonels pushed the lead to 11 points (25-14) and then to 14

points (30-16) before Berea cut the lead to nine points (34-25) at the

Centre opened the second half with a 19-5 run to take a 22-point lead and would extend the lead to as many as 35 points (72-37) before finishing with the 30-point

The Colonels shot 44.1-percent (26-59) on the evening while limiting Berea to only 15 of 68 from the floor, including only 5-29 (17.2percent) from beyond the threepoint arc.

Senior guard T.C. Thomason (Russellville) led all scorers with 14 points. He also had four rebounds and three assists. Crowdis finished with 12 points and four assists, while Bentley added 11 points, four rebounds and three assists in the win.

Cody Hornsby led the Mountaineers with eight points and five rebounds. Charles Wandera scored six points and grabbed a game-high 13 rebounds in a losing effort.

Centre will return to action tonight with its first SCAC contest against Sewanee-University of the South. The game will be played as part of a men's/women's doubleheader and is set to start at 6 p.m. CST in Sewanee, Tenn.



MINERS OPEN TRAINING CAMP • PAGE B3

Bobcats defend

defeat Magoffin TIMES STAFF REPORT

BETSY LAYNE - The Betsy

Layne Bobcats opened the season

victorious Tuesday night in a non-

district matchup versus Magoffin

County. Junior Newsome was not

to be denied a win in his first game of a second stint as Betsy Layne

The Bobcats scored 23 points

Jordon Newman and Nathan

in the fourth quarter en route to a

Martin paced Betsy Layne in the

scoring column with 17 points

apiece. Nine different Betsy

Layne players scored in the open-

The Bobcats led 14-10 when the

first quarter closed. Despite own-

ing a 10-point lead (34-24) at the intermission, Betsy Layne had to

battle to prevail in the second half.

third quarter, outscoring Betsy

Layne 19-9. But the Bobcats

saved their best offensive output

for last. Betsy Layne outscored Magoffin County 23-16 in the

Lemaster led Magoffin County.

Lemaster, a player who first

emerged for the Magoffin County

varsity team as a sophomore, net-

ted a game-high 23 points in his

senior debut. Senior guard Zach

Sparks followed with 14 points.

Sparks, one of four returning

starters for the Hornets, pushed in

14 points. Ryan Hall had 12 points

as the Hornets stumbled in the sea-

son opener. Jon Shepherd scored

eight points for Magoffin County,

concluding the contest one field

goal shy of double figures. Travis

Carty finished with two points in

the first Magoffin County boys'

basketball game of the 2008-09

Cordia turns

back Raiders

TIMES STAFF REPORT

CORDIA - Senior forward

Tyler Slone scored 18 points

Tuesday night as host Cordia

handled South Floyd. The Lions,

facing South Floyd in their sea-

points and Roscoe Montgomery

added 11. Martin Combs tossed

in nine points to help Cordia

Nathanial Everage netted 14

son-opener, won 64-53.

forward Steven

Magoffin County owned the

Early on, Betsy Layne was able to stay out in front of the Hornets.

boys' basketball coach.

66-59 win.

ing game triumph.

final quarter.

Senior

Dome floor,

Belfry-Breathitt: Mountain football at its very best

by RICK BENTLEY TIMES COLUMNIST

Tonight on Pond Creek, the renewal of one of the mountain's best rivalries will be held as Breathitt County visits Belfry. Trust me when I tell you, there's not a whole lot of love

lost between those fan bases.

Anytime the subject of Breathitt football comes up always brings to mind

Rick Bentley my late friend Brad Lockard. Brad was from Jackson, but to my knowledge, no one who ever met him held it against him.

Brad was a football guy through and through, and had a passion for Breathitt football. With that comes a fair amount of hatred for the color red, particularly the Angry Red of Belfry. So imagine how he felt when he was hired as a sportswriter at Belfry's hometown newspaper, the Appalachian News-Express.

The thing about Brad should I say, one of the many things about Brad - was that he was nothing if not open minded. He could see the view from both sides clearly, even if he was certain upon which side he stood.

Brad was hired, if memory serves, either at the beginning or in the midst of football season, and if you write sports around here, it won't take you long during football season to find your way to Pond Creek. At the time, that meant a journey into Death Valley, venerable old Vipperman Stadium.

That hallowed ground was named for Al "Bearmeat" Vipperman, the legendary coach of the Pirates. I was never fortunate enough to meet Coach Vipperman, and barely knew the man who followed him, Dick Roddy.

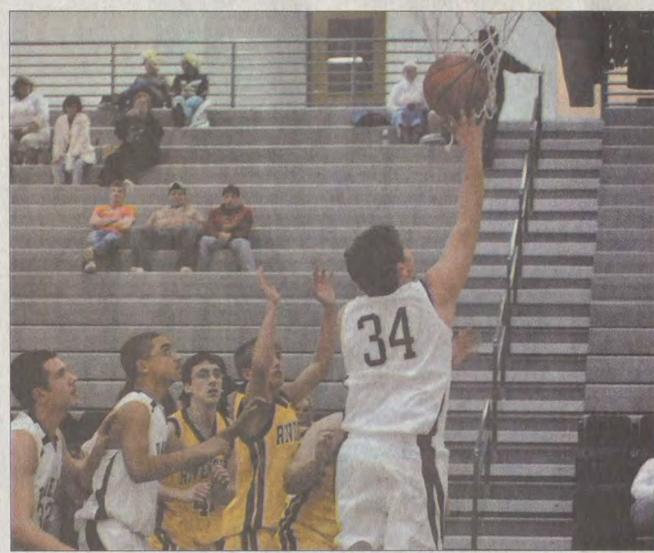
But I can say honestly that I know pretty well Philip Haywood, the current legend of a coach at Belfry, and before long, so did Brad.

It's always dangerous to speak for everyone, so I'll stop shy of that. But let me say I don't know anyone who doesn't hold Haywood in a high regard. Most who know him love him, and soon, the same was true for a certain sportswriter from Jackson.

Brad and I had many long, intimate conversations in the short time we knew each other. We also had many useless ones, or at least ones most people would see as a waste of time. There were times that he and I would have email threads that lasted more than a week that contained nothing but back-and-

(See FOOTBALL, page two)

RAIDER BALL RETURNS



photos by Grea Moore SOUTH FLOYD broke the century mark Monday in a big win over Riverside Christian. The Raiders will play on the road tonight at Johnson Central. Above: Senior forward Chris Gibson (34) went up for a shot. Right: Brandon Marson (23) lofted a field goal attempt. A schedule of the upcoming games for the South Floyd boys' basketball team follows.

SOUTH FLOYD RAIDERS **UPCOMING SCHEDULE**

Dec. 5 at Johnson Central, 7:30 p.m. Dec. 6 at Knott County Central, 7:30 p.m.

Dec. 9 at Jackson City, 7:30 p.m. Dec. 12 Prestonsburg, 7:30 p.m.

Dec. 16 at Hazard, 7:30 p.m. Dec. 19 Allen Central, 7:30 p.m.





Shag will appear in Sunday's edition.

ALLEN CENTRAL AND WESLEY CHRISTIAN met earlier in the week in the Campbell Tournament at Allen. More on the latest Shag Campbell Tournament

claim the win. The Lions were out in front 14-4 at the end of the opening quarter. Cordia built on a 26-22 halftime lead throughout the second half and eventually pulled

out in front for good. For a second straight game, Shannon Turner led the Raiders in scoring. Turner finished with a game-high 20 points. Tommy Joe Hall scored nine points and Dylan Langdon dumped in seven for the Raiders. Corey Paige and Brandon Marson scored six points apiece for the visiting South Floyd team. Dakota Hall and Matt Tackett aided the South Floyd scoring effort with three and two points, respectively.

HIGH SCHOOL **BASKETBALL POLLS**

PAGE B2

Rebels start slow, fall to Pike County Central in opener

Logan Crowder nets 21 in Allen Central setback

> by STEVE LeMASTER SPORTS EDITOR

BUCKLEYS CREEK - Michael Thompson scored 21 points and Cory Tackett added 14 to lead host Pike County Central past Allen Central 80-55 Tuesday night in a season-opener for both teams.

Pike County Central catapulted out in front and never looked back en route to the convincing victory.

Logan Crowder scored 21 points and led Allen Central. His twin brother, Hunter Crowder, scored 11 points in the loss. Josh Prater scored seven points and Chris Stumbo chipped in five. Seven different Allen Central players scored.

"We are still just trying to figure on." out our identity while we try to mix in some young inexperienced players with the ones that have been down the regular season road," said first-year Allen Central Coach Mark Martin. "Getting down early put us in a tough situation and no doubt their pressure hurt us. It's evident that as of now we are lacking a floor leader. Again, with a new system and inexperience at the guard positions we are going to struggle early

An Allen Central 'alumnus, Martin took over the Rebels basketball program following the departure of legendary head coach Johnny Martin. Mark Martin is the former Allen Central girls' basketball

Allen Central (0-1) was minus some key players during the preseason following a postseason run from the AC football team.

High School Football Schedule

Tonight's Games Class A State Semifinals Crittenden County at Beechwood, 7:30 p.m. Lexington Christian at Hazard, 7:30 p.m.

Class 2A State Semifinals Newport Central Catholic at Corbin, 7:30 p.m. Fort Campbell at Monroe County, 7:30 p.m.

Class 3A State Semifinals Breathitt County at Belfry, 7:30 p.m. Union County at Central, 7:30 p.m.

Class 4A State Semifinals Boyle County at Bell County, 7:30 p.m. Calloway County at Bullitt East, 7:30 p.m.

Class 5A State Semifinals Christian County at John Hardin, 7:30 p.m. Highlands at Whitley County, 7:30 p.m.

Class 6A State Semifinals Simon Kenton at Male, 7:30 p.m. Trinity (Louisville) at St. Xavier, 7:30 p.m.

High School Basketball Bluegrasspreps.com Boys' Basketball Poll

- 1. Scott County
- 2. Holmes
- 3. Jeffersontown
- 4. Elliott County
- 5. Ballard
- 6. Dupont Manual
- 7. Paul Dunbar
- 8. Corbin
- 9. George Rogers Clark
- 10. Hazard
- 11. Christian County
- 12. Lexington Catholic
- 13. Warren Central
- 14. Shelby Valley
- 15. Fairdale
- 16. North Hardin
- 17. Mason County
- 18. Owensboro 19. Bryan Station
- 20. Male

Bluegrasspreps.com Girls' Basketball Poll

- 1. Iroquois
- 2. Dupont Manual
- 3. Butler
- 4. Elizabethtown
- 5. Franklin-Simpson
- 6. Paul Dunbar 7. North Hardin
- 8. Montgomery County
- 9. Southwestern
- 10. Henderson County 11. Lexington Christian
- 12. Ohio County
- 13. Lexington Catholic 14. Johnson Central
- 15. Highlands 16. Breathitt County
- 17. Mercy
- 18. Rockcastle County
- 19. Marshall County
- 20. Nelson County

Football

forth quotes from our favorite Express Editor David Gross movie, "O Brother, Where Art Thou.'

Let's just say we knew each other and we loved each

And it wasn't long before he told me that while many people he knew didn't understand it - some even considering him a traitor - he too had seen the glory that is Belfry football. He grew passionate about it and came to cherish those Friday nights on the hard ground of Vipperman Stadium.

I'll also tell you there was one meeting of the Bobcats and Pirates in Jackson that saw a controversial call go the way of the home team in the waning seconds. In our next conversation, both Brad and the guy he called Cousin David - former News-

told me the play happened directly in front of them, and let's just say they saw things a little differently than the officials who worked the game.

Brad and I bonded over many things. We loved the Cats, the Atlanta Braves and Pikeville College. Brad was the sportswriter who covered our marvelous run to the national semifinals in 2001. Another thing we loved to talk about was the brilliance of Coach Haywood's running attack and all things Belfry football.

Tonight, the Bobcats and Bucs will meet again, once again with a trip to the state finals on the line. There'll be no crying about field conditions this time, as it will be played on the green-and-red

mile down the road from darkened Vipperman.

I don't know if I've ever written this, but with no disrespect meant to the beautiful new complex and its namingrights sponsor, I've never driven past Vipperman en route to CAM that I didn't get a lump in my throat. I loved that sorry old place, loved being there and hearing the roar that bounded down from those concrete bleachers every time the brilliant Steve Phillips proudly announced, "First-down ... PIRATES!" or Pirate ... "Another TOUCHDOWN!"

Anyway, they'll pack into CAM tonight to see which team will represent the mountains in the Triple-A title game. It'll either be the resurgent Bobcats or the experiturf of CAM Stadium, about a enced Pirates, and either way,

■ Continued from p1

we'll be well represented. And somewhere beyond the Pearly Gates tonight, coaches Vipperman and Roddy and Steve Phillips will be ready to watch the game from on high. Right about kickoff, they'll hear a younger fellow clear his throat, and politely ask, "Um, fellas, care if I join you?"

And the Jackson native who came to adore Belfry football will sit with the coaches and their favorite PA announcer to enjoy a night of smash mouth football, played the way God meant it to.

While I love my life here and am in no rush to see it end. I don't mind telling you I'd like to join that foursome for a few hours tonight.

It, just like the game they'll watch, will be a site to behold.

Shepherd joins Wazoo Sports team

TIMES STAFF REPORT

LONDON - Wazoo Sports, Inc. has announced one of their newest team members, former University of Kentucky Baskethall Player and 1998 NCAA Final Four MVP, Jeff Sheppard. Sheppard will serve as Director of Sales and will be networking with businesses regionally establishing advertising partnerships and relationships.

"As a boy, I always dreamed about playing basketball for the University of Kentucky," said Sheppard. "Wazoo Sports will give the at the University of Kentucky

ability to turn their dreams into reality through state, regional and national exposure."

Sheppard is the founder and operator of a private label apparel company, 15inc in London, Kentucky. He is well known in Kentucky as a former member of the University of Kentucky Basketball Team from 1994 and 1998. As a Wildcat, Sheppard won two NCAA National championships in 1996 and 1998 as well as being named Most Valuable Player in 1998 during the Final Four. After his career

ly in the NBA for the Atlanta Hawks in 1999 and later played three seasons in Italy.

We are pleased to have Jeff join the Wazoo Sports team," said Carlos 'Doc' Carpenter, President and Chief Executive Operator of Wazoo Sports. "Jeff is a well known figure in Kentucky and will be instrumental in helping us establish the Wazoo brand."

Wazoo Sports aired 120 basketball games during the 2007-2008 basketball seasons and broadcast approximately 50 high school football games during the 2008 football sea-

high school student athlete the Sheppard played professional- son. Wazoo Sports also prounlimited vides DEMAND viewing of all their content. Using the latest in streaming and broadcast technology, Wazoo Sports delivers video content to the user over the Internet on its website at www.wazoosports.com.

> Wazoo Sports, Inc is a High School Sports Broadcast Network with offices in London, Benton and Knoxville.

Online: www.wazoosports.com

with Minot Skyrockets CBA: Scruggs re-signs points, 4.8 rebounds and near-

TIMES STAFF REPORT

MINOT, ND - The Minot Skyrockets professional basketball organization has announced that Lee Scruggs will return for another season with the Skyrockets. Scruggs, a 6-11, 250-pound forward played with the Skyrockets last season, averaging 8.4

ly two blocks, playing less than 20 minutes per game. Scruggs has played well at

many levels over his career. While playing his college basketball at Georgetown, Scruggs was named to the Big East All-Tournament Team. From Georgetown, he went on to two seasons in the D-

League, where he averaged 10.4 points, 5.7 rebounds, and 1.7 blocks while playing with the Asheville Altitude. Scruggs 174 blocks is the fourth most all-time in the D-League. Asheville's assistant coach at the time was current Skyrockets head Michael Sanders.

Scruggs left the D-League

after the 2003 season, and since then he has played everywhere from Venezuela to Finland to China, and he even made a brief stop up in Canada after the Skyrockets lost in the championship game last season. While Scruggs was with the Edmonton Chill in the IBL, he averaged 17.6 points and 9.7 rebounds.

CONTACT THE TIMES SPORTS DEPARTMENT

sports@floydcountytimes.com

Phone: 606-886-8506

Fax: 606-886-3603





SPORTS FAN

OF THE WEEK



If you are the sports fan circled here... it's your lucky day!

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at DAIRY QUEEN OF PRESTONSBURG. When claiming your ice cream cake, present this newspaper.



ADAMS MIDLE SCHOOL AND MOUNTAIN CHRISTIAN ACADEMY (MCA) were two of the participating teams in this year's Shag Campbell Tournament.



photo by Greg Moore/South Floyd

South Floyd dominated Riverside Christian Monday night in a season-opener.

EK Miners season tickets still

TIMES STAFF REPORT

PIKEVILLE Kentucky Miners fans still have an opportunity to secure their tickets for the 2008-09 campaign. Miners season tickets remain on sale. Tickets for the 2008-09 season went on sale Saturday, Oct. 18. East Kentucky will play 16 home games inside the state-of-theart East Kentucky Expo Center as part of a 32-game schedule during the 2008-09 season. There's a season ticket package suitable for all fans. Four different seating levels -Courtside (\$384

Season Ticket), Sections 103-106, 118-121 (\$256 Season Ticket), Sections 101-102, 122-123, 111-113, (\$192 Season Ticket); and All Upper Arena Seats (\$105 Season Ticket) - are available. East Kentucky Miners season tickets are available through the team's office, the East Kentucky Expo Center and

Fans who visited the East

exciting brand of basketball second to none in the Bluegrass State. Miners led the CBA in scoring with a 111 points per game scoring aver-

T h e Continental Basketball Association (CBA) recently

announced the schedule for its 63rd season. The CBA's 63rd season is scheduled to tip off on Friday, Dec. 12. Four games are scheduled for the season's opening weekend.

The Miners will face GBA foes Albany, Lawton-Fort Sill, Minot and Pittsburgh during the upcoming season in the five-team league. The 14-week CBA season is scheduled to conclude Sunday, March 15.

Miners game during the 2007- start Wednesday, March 18. 08 season were treated to an East Kentucky will host Minot

> in its home opener Sunday, Dec. 14. The Miners will travel rival Pittsburgh for a season opener Friday, Dec.

Much excitement surrounds the 2008-09

version of the East Kentucky Miners. East Kentucky recently signed University of Kentucky legend Wayne Turner. One of the top UK players of all-time, Turner holds the NCAA record for most games played. The former Wildcat played in the NBA for the Boston Celtics the league's most storied fran-

East Kentucky veterans Jason McLeish and Mike Crain

Kentucky Expo Center for a The CBA Playoffs are slated to and former NBA .D-League player Jermaine Blackburn have also signed with the Miners. East Kentucky ended the 2007-08 regular-season 26-22. The Miners reached the playoffs in their debut season. For more information on Miners season tickets, call 606-437-9715.

> EAST KENTUCKY MINERS

SEASON TICKETS Courtside - \$384 Season Ticket Sections 103-106.

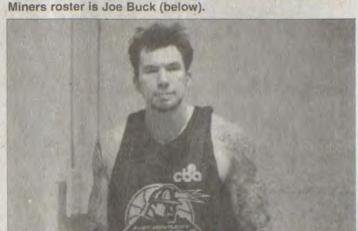
118-121 - \$256 Season

Sections 101-102, 122-123, 111-113 - \$192 Season Ticket All Upper Arena Seats -\$105 Season

PICTURED: Point Jason McLeish has made his return to Pikeville and the East Kentucky Miners organization.



photos courtesy of East Kentucky Miners EAST KENTUCKY MINERS training camp got underway Wednesday in Pikeville. Among the new additions to the



Miners open second training camp

TIMES STAF REPORT

PIKEVILLE - Training Camp 2008 got underway Wednesday morning for the East Kentucky Miners professional basketball team. East Kentucky, under the guidance of head coach Kevin Keathley, conducted a pair of practices on the first day of the franchise's second-ever training camp. The Miners organization is heading into its second the CBA scason in (Continental Basketball Association). East Kentucky posted a 26-22 regular-season record during its debut campaign. The Miners also reached the CBA Playoffs. East Kentucky spent the offseason preparing for what promises to be an exciting 2008-09 season. Eleven players were in the Miners training camp when the second of two practices finished Wednesday night at Pikeville College.

"Overall, the first day of training camp went well," Keathley commented. "Two guys that we had planned to bring in signed overseas, so we

that we had hoped to have at this point. We still want to shore up the post. We'll be ready Dec. 14 when Minot

Wayne Turner, Jason McLeish, Mike Crain, Mike Dean, Galen Young, Jermaine Blackburn, Alonzo Hird, Emmanuel Little, Joe Buck, Will Holloman and Justin Taylor.

East Kentucky will host Minot in a home game Dec. 14

Attention fans: Visit the East Kentucky Miners online at www.ekminers.com.

don't have as many in camp

comes to town." The following players are in the Miners training camp:

at the East Kentucky Expo Center. Tip-off for the East Kentucky-Minot game is slated for 4:05 p.m. Ticket's for the game remain available. For more information on tickets, call the Miners office at 606/437-9715.

UK freshman QB Cobb undergoes

TIMES STAFF REPORT

LEXINGTON - University of Kentucky freshman quarterback/wide receiver

Randall Cobb had successful arthroscopic surgery on his left knee on

Coach Rich Tuesday, Brooks has announced.

"This will take a little longer rehabilitation than some of the cartilage repairs we've had in the past," Brooks said. "He won't practice for two-to-three weeks. I wouldn't rule him out, but he looks to be doubtful to play in the bowl game."

Cobb, who sustained the injury during Saturday's game at Tennessee, has started the

successful surgery last four games at quarterback. For the season, he has completed 52 of 99 passes (52.5 percent) for 542 yards and five

touchdowns. He has rushed for 316 yards and seven touchdowns. At wide receiver, he has caught 21 passes for 197 yards and two touchdowns. He also is returning punts, averaging 8.4 yards per return.

Sophomore Mike Hartline is expected to return to the No. 1 quarterback position in Cobb's absence. started the first eight games of the season. He has completed 54.6 percent of his passes for 1,462 yards and eight touchdowns this year.

Horsemen to conduct tryouts Saturday

TIMES STAFF REPORT

LEXINGTON -Kentucky Horsemen arenafootball2 team will be holding open tryouts on Sunday at Heritage Hall (Rupp Arena).

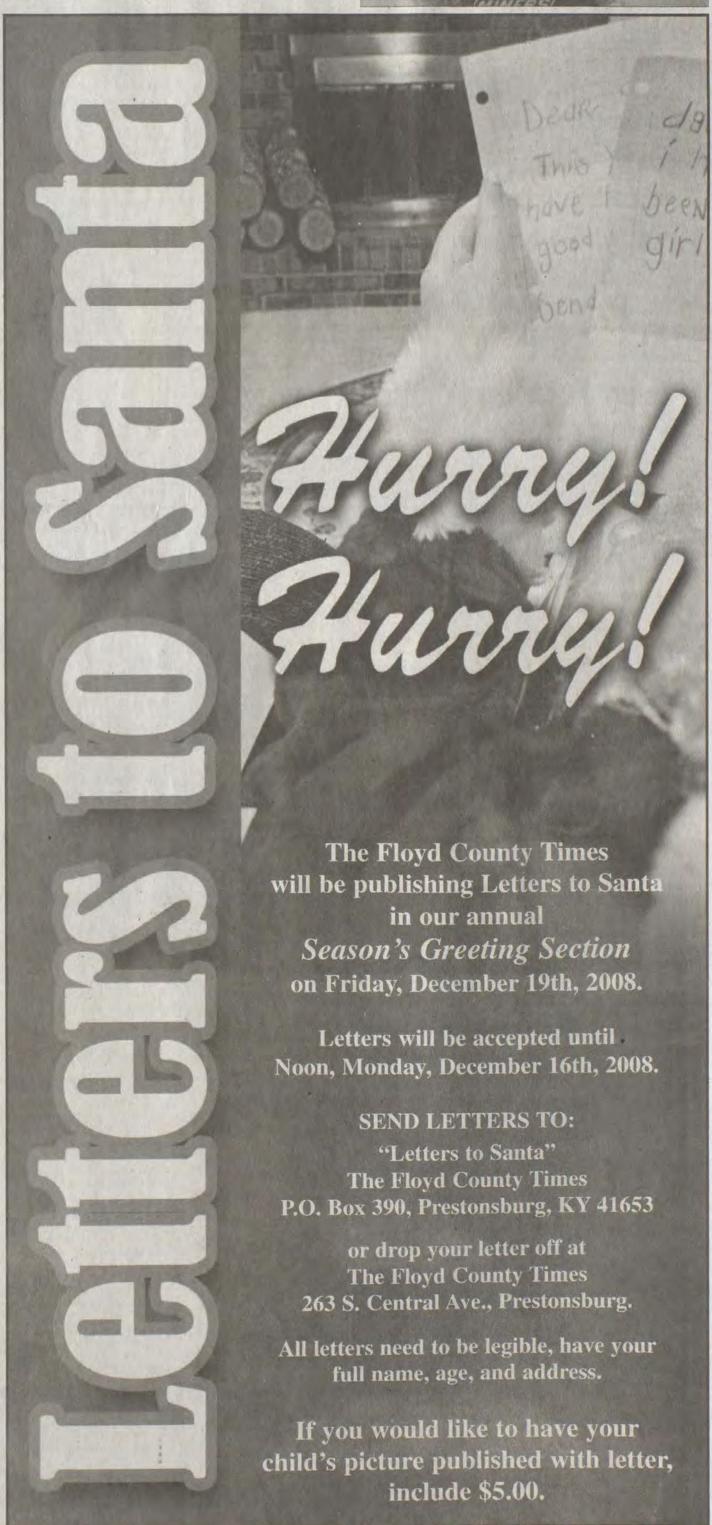
Tryouts will take place on a turf field; metal cleats and track spites are prohibited, and will consist of a 40-yard dash, 20-yard shuttle, broad jump, individual position drills and one on ones. All participants should come prepared with proper attire and turf shoes. No outdoor cleats will be permitted. Camp shirts will be provided. Registration at the door will begin at 8:30 for Linemen, and Mac Fullbacks, Linebackers; which will be followed by tryouts are from 9:30 a.m. until 11:30 a.m.

Registration for Quarterbacks, Receivers (including Tightends), Jack Linebackers, DBs and Safeties' will begin at 12:30 p.m. followed by tryouts beginning at 1:30 p.m.

Kicker tryouts are available only on an individual tryout basis. Kickers are not required to complete the physical tests, but will be assessed in the following: kickoffs, PAT's, field goals and onside kicks.

Registration at the door on the day of tryouts will be \$60 and must be paid for with cash, check or money order only.

For more information, directions, or to pre-register, call the Horsemen front office at 859-422-PASS, e-mail bryan@horsemenfootball.com or visit the Horsemen website at www.horsemenfootball.com.



Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.

HINDMAN PROMART HOME CENTER

Highway 160 E. 1 (800) 511-1695



886-8511

5000 Ky Hwy. 321 Prestonsburg, Kentucky 41653 Community Owned/Not For Profit Member AHA and KHA Accredited by JCAHO
Physician Referral

DILS & COMPANY SERVICE AND SUPPLIES

437-4609 Mon. - Fri. 7:30 a.m. - 6:00 p.m.

Sat. 8:00 a.m. - 3:00 p.m. Town Mt. Rd., Pikeville, Kentucky

Hall Funeral Home

24-Hour Obituary Line



Martin, Ky • 606-285-9261

Nelson-Frazier Funeral Home

Our Family Caring For Your Family

Martin (606)285-5155 • Hindman (606)785-9808

Tackett Furniture Superstore

Martin, Kentucky 606-285-0900

MedZone Pharmacy

- Locally Owned & Operated -Pharmacists: Cheryl Little & Sam Waddle

Located past HRMC on Left.

Convenient Drive-thru Service.

889-9003 Open: Mon. - Fri., 9 am - 5:30 pm * Sat., 9 am - 1 pm







Office: (606) 874-2151 Toll Free: 800-826-7413 Fax: (606) 874-9136

East Kentucky Metal Roofing & Siding Supplies

East KY Metal

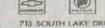
(Next door to East KY Roof Truss Co.) 3095 S. Lake Drive • Prestonsburg, KY 41653 Phone: (606) 889-9609 or (606) 886-9563

WE'RE GETTING THINGS DONE



Main Street, Inez, Ky. • 298-3511









A (8)

1-800-844-9151



Village Drive

+ CATHOLIC HEALTH INITIATIVES

Phone: (606) 285-6400 Fax: (606) 285-6409

Our Lady of the Way Hospital

11203 Main St. Box 910 Martin, KY 41649

ASSEMBLY OF GOD

First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister.

In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.

New Bethel Assembly of God, Burning Fork Rd., Salyersville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam)

Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.: J.M. Sloce, Minister.

BAPTIST

Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister,

Auxier Freewil Baptist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 pm.; Thursday, 7 p.m.; Bobby Spencer, Pastor.

Ball Branch Regular Baptist Church, Mousey Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor: Ralph Howard, Asst. Pastor. Contact Kermit Newsome 606-377-6881 for

Benedict Baptist, Slick Rock Branch, Cow Creek: Sunday School, 10 a.m; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.;

Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.;

Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m., Vera Joiner, 886-3863, ext.

Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister. Brandy Keg Freewill Baptist, Com Fork; Sunday School, 10 a.m.;

Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45

a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister. Community Freewill Baptist, Goble Roberts Addition; Sunday

School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.;

Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathon Lafferty, Daniels Creek Baptist Fellowship Church of God, Banner. Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday

night, 7 p.m.; Henry Lewis, Minister. Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship

Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister. Endicott Freewill Baptist, Buffalo; Sun. School, 10 a.m.; Church every Sun. Morning 11:00 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; First Sat. evening Service, All Welcome 7 p.m. Pastor Mark Hunt, 606-478-2698

Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wireman.

Faith Freewill Baptist, 1/4 mile above Worldwide Eqpt. on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Elder Donnie Patrick, Minister.

First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister. First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11

a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister. First Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed.,

6:30 p.m.; Jerry C. Workman, minister. Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7: p.m.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Grethel Baptist, State Rt. 3379, (Branham's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.;

Wednesday, 6:30 p.m. Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Crace,

pastor, Assist. Larry Patton. Phone 358-4275. Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David

Garrett, Minister Jacks Creek Baptist, Bevinsville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger

Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School,

10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship

Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister. Lancer Baptist Church; 71 Cooley St., Prestonsburg, Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m., Evening Woship, 6:00 p.m., Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter

Left Beaver Regular Baptist Church across from Garth School; 4th Saturday & Sunday 10:00 am, Odd Saturday 6:00 pm.; Gary Compton, Paston

Liberty Baptist, Denver, Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little,

Ligon Community Freewill Baptist, Ligon Worship Service,

Sunday, 11:00 a.m. Thursday, 7 p.m. Little Rosa Regular Baptist Church of Jesus Christ, (Indian Bottom Association) Services: 1st Saturday & Sunday ofevery month 9:30 a.m., 3rd Sunday 9:30 a.m., Odd Sunday 9:30 a.m.

Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.: Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.

Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair,

Maytown First Baptist, Main St., Maytown; Sunday School, 10

a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Vamey, Minister. McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene

Bracken, Minister. Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; William L. Hunt, Minister

Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg, Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister, home phone 285-3385

Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.

Prater Creek Baptist, Banner, Sunday School, 10 a.m; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; J.B. Hall, Pastor. Phone: (606) 874-3222. Rock Fork Freewill Baptist; Garrett Sunday School, 10 a.m.;

Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager,

Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor, Willie Crace Jr., Assistant Pastor.

Salt Lick United Baptist, Salt Lick, Hueysville; Worship Service. 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-





Pleasant Home Baptist

Mark Tackett, Minister

Sunday School 10:00 a.m. Worship Service 11:00 a.m. Evening Service 6:00 p.m. Wednesday 7:00 p.m.

Attention Church Organizations, send in a picture of your church, pastor, or youth leaders.

Sammy Clark Branch Freewill Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.

The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Phillip Ramey, Pastor.

Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.

Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.

Trimble Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m., Youth Services 7 p.m.; Everyone Welcome.

2 p.m.; Friday, 7 p.m.; Carlos Beverly, Minister. Wheelwright Freewill Baptist, Wheelwright Junction: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferrari, Minister.

United Community Baptist, Hwy. 7, Hueysville; Worship Service,

St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday.; Father Robert Damron, pastor.

CHRISTIAN

First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.

Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m; Sherm Williams,

CHURCH OF CHRIST

Betsy Layne Church of Christ, Betsy Layne; Sunday School. 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.

Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.

Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister. Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10

a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney,

Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonie Meade, Minister

Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m. Gary Mitchell,

Maytown Church of Christ, 66 Turkey Creek Rd., Langley. Sunday Bible Study 10:00 a.m., Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible Study 6:00 p.m.

Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy Dale Bush, Minister.

Weeksbury Church of Christ; Sunday School, 10 a.mm.; Worship Service, 10:45 a.m. and 6 p.m. Mike Hall, Minister.

CHURCH OF GOD Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.

Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.

First Church of God; Sunday School, 10 a.m.; Worship Service. 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams,

Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Family Training Hour - Thursday 7 p.m., Bill B. Tussey. Jr., Pastor

Landmark Church of God, Goble Roberts Addition: Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister

Little Paint First Church of God, 671 Little Paint Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.;

Wednesday, 7 p..., Charles Heater Jr., Minister. The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall,

EPISCOPAL

St. James Episcopal; Sunday Service, 9:45 a.m.; Holy Eucharist 11:00 a.m. Wednesday Study Group 6:00p.m., Holy Eucharist & Healing 7:30 p.m. Father Johnnie E. Ross, Rector.

Our Savior Lutheran, Sipp Bayes Room Carnage House Motel. Paintsville; Sunday Service, 11 a.m.; WKLW (600 am) 12:05 p.m.; Rolland Bentrup, Minister METHODIST

Auxier United Methodist, Auxier, Sunday School, 10 a.m.;

Worship Service, 11 a.m.; Wednesday, 6 p.m.: Garfield Potter, Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday

School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister. Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth

Lemaster, Minister. Community United Methodist, 147 Burke Avenue (off University Drive and Neeley St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Glen "Sandy" Douglass, Rev. Elliott's Chapel Free Methodist, Rt. 979, Beaver, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith,

Emma United Methodist, Emma, Sunday School 10 a.m., Sunday Worship Service 11 a.m.; Pastor David Profitt.

First United Methodist, 256 South Amold Avenue; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.: Rev Jim Adams, Pastor.

Horn Chapel Methodist, Auxier Road. Auxier, Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Mid-week Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Larry J. Penix, Minister

Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.;

Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.

Salisbury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson,

Wayland United Methodist, Rt. 7, Wayland; Sunday School. 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.: Jack Howard, Pastor,

Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.

Vogle Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love,

Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister. Free Pentecostal Church of God, Rt. 1428, East

Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Free Pentecostal Church of God, Weeksbury; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John "Jay" Patton,

Free Pentecostal Deliverance, Ext. 46 off Mt.. Parkway at Campton; Worship Service, Saturday and Sunday, 7 p.m.; Patricia

Free Pentecostal Holiness, Rt. 122, Upper Burton, Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis

Sanlan, Minister, David Pike, Associate Minister. Goodloe Pentecostal, Rt. 850, David; Worship Service, 6 p.m.; Malcom Slone, Minister

Parkway First Calvary Pentecostal, Floyd and Magoffin County Line; ; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister, 297-Trinity Chapel Pentecostal Holiness, Main St., Martin; Sunday

School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs.,

7 p.m.; Ellis J. Stevens, Minister, Free Pentecostal Church, Dwale; Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.: No Sunday Night

PRESBYTERIAN Drift Presbyterian, Route 1101, Drift, Worship Service, 11 a.m. First Presbyterian, North Lake Drive; Sunday School. 9:30 a.m.;

SEVENTH DAY ADVENTIST Seventh-Day Adventist, 5 miles West on Mountain Parkway, Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor,

Worship Service, 11 a.m. Rev. Vicki Poole, pastor.

358-9263; Church, 886-3459, leave message. Everyone welcome! THE CHURCH OF JESUS CHRIST

OF LATTER DAY SAINTS The Church of Jesus Christ of Latter-Day Saints; Sacrament Mtg., 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Preist-hood/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Ken Carriere, Bishop.

OTHER Pastor Atha Johnson welcomes everyone to attend services at the CHURCH of GOD of PROPHECY TRAM KENTUCKY. Sunday

school 10 a.m., Worship service 11 a.m. Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30 p.m. Grace Fellowship Prestonsburg, (next to old flea market), Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.

Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister. Faith 2 Faith, Harkins Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship service, 11 a.m. and 6 p.m.; Thurs. 7 p.m. Randy

Hagans, Minister. 886-9460. Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed, 7 p.m.. Carl & Missy Woods,

Faith Worship Center, US 460. Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister Full Gospel Community, (formerly of Martin) moved to Old Allen;

Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 pm.; Lavonne Lafferty, Minister. Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.

Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor: Curt Howard. Martin House of Worship, Old Post Office St.; Worship Service, 7

Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W.

p.m., Saturday/Sunday,

Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-1003. Town Branch Church; Sunday School 10 a.m except for first Sunday in each month.; Worship Service, Sun. morning 10:00 a.m.;

Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on

Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg;

The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister, The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday,

first Sunday of each month. Tom Nelson, Minister

7:00; Pastors, Paul and Ramona Aiken. Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship

Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayer Line; 358-2001: Darlene W. Amette, Pastor Taylor Chapel Community Church, formerly the old Price Food Service building, located 1 quarter mile above Worldwide Equipment, Rt. 1428. Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m. Kenny Vanderpool,

International Pentecostal Holiness Church, 10974 N. Main St.,

Martin; Rev. Ellis J. Stevens, Senior Pastor Rising Son Ministries, 114 Rising Son Lane, Prestonsburg, Ky 41653.; Sunday, 11:00 a.m.; Wednesday, 6:30 p.m. Pastor. D.P.

Service 11 a.m., Sunday Night - 6 p.m., Wednesday Night - 6 p.m. Pastor Glenn Hayes. West Prestonsburg. House of Refuge, Rock Fork: Sunday Evening Worship 6 pm.

Church of God of Prophecy, Sunday School 10 a.m., Worship



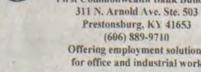


MANPOWER TEMPORARY SERVICES First Commonwealth Bank Building

(606) 889-9710 Offering employment solutions for office and industrial work

Monday Bible Study 7:30 pm, Wednesday Prayer Meeting 7:30 pm, Bill B. Tussey, Pastor







Faith and Family



Christmas in the Mountains slated for Dec. 12, 13

al Appalachian and Celtic customs, music and dance along with regional literary works will be presented this season as the kick-off event of the the Morehead Conference

MOREHEAD — A warm Highlands Light Opera and cozy holiday remem- Heritage Series. "Christmas in brance, highlighting tradition- the Mountains" is slated for Friday, Dec. 12, at 8 p.m. at the McNabb Middle School theatre in Mt. Sterling and Saturday, Dco. 13, at 8 p.m. at

The White Horse String Band, a popular local ensemble, will be featured in the program. They will perform solo numbers and provide accompaniment for the traditional songs and dances. Familiar songs, such as Kentucky Wassail, The Cherry Tree Carol, What Wondrous Love Is This, and Brightest and Best, will be performed by the soloists and chorus of the Highlands Light Opera, directed by founder Dr. Roma

to the mountains by African-American railroad workers and mining immigrants from Germany Yugoslavia, also will be presented. The audience will have a chance to join in a carol

Several personalities will read excerpts from works focused on the region, including those of Jean Ritchie, Wendell Berry, Truman Capote and Richard Chase.

At the center of the evening will be a short mummer's play, a vestige of British heritage, Less familiar tunes brought practiced at one time in certain

mountain areas. It is the hope Greenup; Melanie Everman, of Dr. Prindle that "Christmas in the Mountains" will become a part of the annual holiday festivities for local families.

"It will evolve from year to year, always bringing nearly forgotten family and regional customs, songs and stories to our audiences," she said.

The soloists and chorus for the program include Mallory Draughn, of Pikeville; Hillary Keese, of Belfry: Stacey Kennard, of Chillicothe, Ohio; Will Murphy, of Hawesville; Patterson, of Harrodsburg; Holly Forbes, of

of Lexington; and Emma Irick and Blake Huffaker, of Troy, Ohio;

Amy Estes, Brittany Stevens and Drake Gillaspie of Mt. Sterling; along with Rachael Fannin, Dr. Mark Minor, Amy Painter, Cameron Painter, Dr. John Secor, Steven Adams and Dustin Stevens, all of Morchcad.

Admission is \$5. Tickets for the shows will be available at the door. Reservations are not necessary. More information is available by calling (606) 783-2481.

KIM'S KORNER

John 3:16

The following story has been around for quite some time now. Though the author is unknown, it sure touches and warms the heart. May it touch and warm you as well.

"A little boy was selling newspapers on the corner, the people were in and out of the cold. The little boy was so cold that he wasn't trying to sell many papers.

"He walked up to a policeman and said, [5 'Mister, you wouldn't happen to know where a poor boy could find a warm

place to sleep tonight would you? You see, I sleep in a box up around the corner there and down the alley and it is awful cold in there for tonight. Sure would be nice to have a warm place to stay?'

"The policeman looked down at the little boy and said, You go down the street to that big white house and you knock on the door. When they come out the door you just say "John 3:16" and they will let you in."

"So he did. He walked up the steps and knocked on the door, and a lady answered. He looked up and said, 'John 3:16.' The lady said, 'Come on

"She took him in and she sat him down in a split bottom rocker in front of a great big old fireplace, and she went off. The boy sat there for awhile and thought to himself, 'John 3:16 ... I don't understand it, but it sure makes a cold boy

"Later she came back and asked him 'Are you hungry?' He said, 'Well, just a little. I haven't eaten in a couple of days, and I guess I could stand a little bit of food.'

"The lady took him in the kitchen and sat him down to a table full of wonderful food. He ate and ate until he couldn't eat any more.

"Then he thought to himself, 'John 3:16 ... Boy, I sure don't understand it, but it sure makes a hungry boy full.

"She took him upstairs to a bathroom to a huge bathtub filled with warm water, and he sat there and soaked for a

"You know, I've not had a bath, a real bath, in my whole life. The only bath I ever had was when I stood in front of that big old fire hydrant as they flushed it out." As he soaked, he thought to himself, 'John 3:16 ... I sure don't understand it, but it sure makes a dirty boy clean.'

"The lady came in and got him. She took him to a room,

tucked him into a big old feather bed, pulled the covers up around his neck, kissed him good night and turned out the lights As he lay in the darkness and looked out the window at the snow coming down on that cold night, he thought Kim Little Frasure to himself, 'John 3:16

... I don'f understand it, but it sure makes a tired boy rested.'

"The next morning the lady came back up and took him down again to that same big table full of food. After he atc, she took him back to that same big old split bottom rocker in front of the fireplace and picked up a big old Bible. She sat down in front of him and looked into his young face.

"Do you understand John 3:16?' she asked gently.

"He replied, 'No, ma'am, I don't. The first time I ever heard it was last night when the policeman told me to use

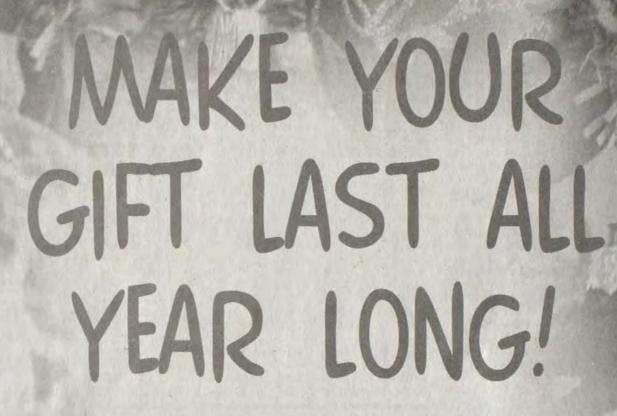
"She opened the Bible to. John 3:16 and began to explain to him about Jesus. Right there, in front of that big old fireplace, he gave his heart and life to Jesus.

He sat there and thought, 'John 3:16, I don't understand it, but it sure makes a lost boy feel safe.'

"You know, I have to confess I don't understand it cither, how God was willing to send His Son to die for me, and how Jesus would agree to do such a thing. I don't understand the agony of the Father and every angel in heaven as they watched Jesus suffer and die. I don't understand the intense love for ME that kept Jesus on the cross till the end. I don't understand it, but it sure does make life worth liv-

"John 3:16 — 'For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life'

'Til next week, God's



Buy a subscription to The Floyd County Times as a gift, and we'll accompany it with a

> PERSONALIZED CHRISTMAS CARD

In Floyd County\$47.20 Out of County...\$60.80 Out of State\$64.80

Floyd County Times Subscription Form:

Payment to: The Floyd County Times 263 South Central Ave. Box 390 Prestonsburg, Kentucky 41653

Name:		*
Address:		150
City:		
State:	Zip:	
Phone:		
MasterCard • Vis	sa • American Express accepted	

The Floyd County Times

Prestonsburg, KY 41653 • 606-886-8506

Documentary on porn addiction among Christians premieres on ION

NASHVILLE, Tenn. -"Somebody's Daughter: A Journey to Freedom from Pornography" (www.somebodysdaughter.org) will air on the ION Television Network (formerly PAX TV) Dec. 7.

the lives of three men and one married couple active in radio show for men. "Hearing Christian ministry who struggled with and overcame addiction to pornography.

According to recent surveys, nearly 60 percent of Christian men and 37 percent of pastors admit to struggling with pornography. No longer just a problem for men, 35 percent of women also admit to the addiction. "Somebody's Daughter" was produced to shed light on how the \$13.3 billion pornography industry is plaguing those who profess Christianity, and to promote healing and deliverance from

the growing epidemic. "The personal testimonies given ... lower the barrier for men who are having a hard time overcoming the shame and guilt of pornography,' said Dave Begueire, co-host The documentary details and executive producer of "Man2Man Express," a daily that other men have experienced the same feelings makes it easier for them to be honest about what's going on in their lives.

"Somebody's Daughter" was produced by Music for the Soul (musicforthesoul.org) as a DVD-CD multimedia compilation to promote healing among those struggling with pornography addiction. In addition to the television documentary, the DVD-CD includes 18 music and spoken word tracks and four music

The Times CLASSIFIEDS work for you! Over 18,000 Readers every issue!

sell - buy - rent - hire -find

Local Rates Include Online

only \$5.50 for the first three lines, \$1.00 each additional line Bargain Basement - Items under \$100 - 3 lines, half price

Yard Sale Ads - 1 Day \$5.00 - 3 days \$12.00 (30 words or less)

"For Sale Special"



3 lines/ 3 days only

- The Best Way To Write An Ad: · Begin with a key word (item for sale, etc.)
- · Use descriptive words to identify your items
- · State your price or terms
- · Include a phone number and/or e-mail address

Motorcycle Repair

Certificate

Motorcycle

YOUR

teaching children

aged 2-18, have

successfully

tutored children

with both emotional

and learning dis-

or

NAME

ADDRESS:

PHONE #:

COUNTY TIMES

ingly accept false

does not

Our CLASSIFIEDS Will WORK For You!!!

girls. \$300 each. Call after 5:00 606-437-0367 or 794-4077 before 5:00.

Appliances

Red. 2 boys and 2

Maytag washer & dryer for sale. Bought new in January 06 only used nine months. \$500 OBO. Call 520-304-3268.

abilities and have assisted a child with autistic spec-NEEDED: trum disorder. I time house cleaner. believe in finding Must be animal friendly. 9 miles each child's unique learning style and outside helping them to Prestosnburg. reach their greatest Toward Salyersville. Call potential. If you would be interested 606-886-8761.

> Two cemetary plots, below the road on the south end of Davidson Memorial Gardens @ \$1.200 each (

606-789-8337).

Firewood for sale. \$75 a pickup load. Oak, hickory, and beechwood.Call 259-1356 or 886-

REAL ESTATE

Houses

Government funds available for home buyers who own land. Call toll free 877-310-2577 for preapproval.

Part 2 story block and brick home for sale. Built in 1981 located in Maytown. Upper level is 3 br 8x12 living room15x18, dinning room 20 x 20 with 1 1/2 bath and fenced in yard. Lower level is 2 bay service garage. Bank appraised at \$76,000

appointment 285-3191.

BEAUTY SHOP-

Sale or lease

lease. Downtown Prestonsburg. One/ Two stations; Utilities included-\$435.00 Call 886-

RENTALS

APARTMENT

2 br apartment for rent. Located by Dewy Lake. \$600 per month. Utilities included. Call 226-0159.

2 br apartment for rent. With w/d hook up, stove and fridge. Located 5 miles from Martin on Rt 1210. \$350 month plus \$200

3641.

house's now has available 1 br with hard wood floors w/ garage. \$550 per month plus deposit. Also a 3br house with 2 1/2 bath. With garage and hard wood floors. Extra nice. \$850 per month plus deposit. Call 606-226-1925 or 606-434-6516 leave message.

deposit. Call 285-

Quik Silver town

5 Easy ways to place your ad:

2. Fax: (606) 886-3603

Write your

ad here:

18 letters

per line)

(approximately

CREDIT CARD:

1. Call: (606) 886-8506, LeighAnn Williams

5. Mail: P.O. 390, Prestonsburg, KY 41653

3. E-mail: classifieds@floydcountytimes.com

4. Stop by: 263 S. Central Avenue, Prestonsburg

Beautiful 2 br unfurnished apartment for rent. Hardwood floors fireplace. Located

from new food city. \$500 per month. No HUD and No PETS.Call

Apartment Located rent. above Unisign on US 23 at Ivel. 2 br, 1 bath. \$400 month plus \$400 deposit. 1 year lease. No pets. Call 606-478-

Town house apartment for rent. 2 br, 1/12 bath, stove, fridge, w/d hook up, dw, city limits at US 23 & Hwy 80. \$650 mth plus utilities with \$350 deposit. No pets. 1yr lease.

1 Br apartment fo rent. 4 miles west of Prestonsburg on Rt 114. \$475 month includes utilities. Call 886-6061.

2 Br. townhouse for rent. Located on Rt 1428. Newly renovated. HUD accepted. Call 358-9483 after

APT FOR RENT Branham height Apt Wheelright KY, is now accepting applications for one bedroom Handicap accessible Apt, rent is

CAREER OPPORTUNITY

NOW TAKING APPLICATIONS

SERVICE TECHNICIAN

WE OFFER 401K, VISION PLAN, DENTAL, HEALTH.

STARTING PAY DEPENDS ON EXPERIENCE. WE WILL

PROVIDE ALL THE NECESSARY TRAINING FOR

HYUNDAI & CHRYSLER CERTIFICATIONS.

PREFER ASE CERTIFIED.

Apply in person at Deskins Motors. No calls, please!

See Gary Kidd, Monday-Friday • 8 a.m.-5 p.m.

Deskins Motors

income. Contact Kathy 452-4777

DEADLINES:

Wednesday's paper @ Mon., noon

Friday's paper @ Wed., 5 p.m.

Sunday's paper @ Thurs., 5 p.m.

Visa - MC - Discover

Check

2 Br, 1 bath Apt for rent. Central heat / air refrigerator & stove included. Also washer / dryer hook-up. No pets and No hud. Located at Harold near US Suitable for working men or couples. \$500 per month.

Houses

For Rent : 3 br house above Eastern. \$500 per deposit. No pets no

Pikeville, KY

is accepting applications for a full-time. fixed-term position as **General Management Consultant**

For sale: AKC reg-

H&R BLOCK

The world's largest tax preparation company has

Locations in Paintsville, Prestonsburg,

PREMIER ELKHORN

COAL COMPANY

Myra, KY

is now accepting applications for the following position: Mechanic with 5 years experience

as a heavy equipment mechanic on a surface mine job. Requires CDL

and KY Surface Mine Certifications.

Premier Elkhorn Coal Company is an EOE.

PREMIER ELKHORN

COAL COMPANY

Myra, KY

is now accepting applications for

the following position:

Lab Sample Prep Person needed to

collect and prepare coal samples.

Must also perform float sinks, screens,

and grinds. Coal lab experience

required. Must have KY Surface Mine

Premier Elkhorn Coal Company is an EOE.

Applications will be accepted at:

Kentucky Department for **Employment Services**

138 College Street

Pikeville, KY 41501

Certification.

Applications will be accepted at:

Kentucky Department for **Employment Services**

138 College Street .

Pikeville, KY 41501

Degree Technology. Earn a Degree in

in seeking my

assistance for your

child, please feel

free to call Tonya at

606-230-0235 or

tonva1@hotmail.co

me

at

For sale: Cockatiel bird with cage. Also has a full stock vellow lab puppy free to good home. Call

ister labs. Blonde &

immediate career opportunities for seasonal positions: TAX PREPARER Full or part-time

Martin, & Williamson Experience preferred, but not necessary Paid training provided Call 1-866-891-1950 for an interview.

recognized as one of the top public universities

in the South by U.S. News & World Report,

The successful candidate will report to the Director of the MSU East Kentucky SBDC and will be stationed in Paintsville, Kentucky. Appointment is renewable on an

website at: www.moreheadstate.edu/novushrapps For questions about the online application, call (606) 783-2097.

MSU is an EO/AA educator and employer with a

POSITION AVAILABLE

Big Sandy Area Development District has a full-time must. Geography degree preferred, but not required.

If interested, please send résumé and letter of intent to Ms. Terry Trimble, 110 Resource Court, Prestonsburg, KY 41653, no later than December 15, 2008.

No phone calls, please. EOP

Morehead State University,

Conventional loan

at 80 / 20. Call for

annual basis.

For a full description and to apply, please visit our

strong commitment to community engagement.

position available for a GIS Specialist/Highway Safety Coordinator. Under general administrative direction. this position will organize and facilitate cooperative regional efforts aimed at reducing highway crashes in BSADD's Kentucky counties, assist with organizing and facilitating public involvement in the transportation planning process; as well as assorted duties in the GIS department. Must have working knowledge with assorted computer programs and experience with GIS a

HIGHLANDS

≅R E G I O N A The Medical Center of Eastern Kentucky

> EMPLOYMENT OPPORTUNITY Come grow with us !!

> 2 - FT - REGISTERED NURSE'S 7:00 P.M. - 7:00 A.M. 4th FLOOR - MED-SURG, UNIT

(Week-ends, holidays and nights required)

Highlands Regional Medical Center has openings in the Med. Surg. Unit on 4th floor. It is the responsibility of the R.N. to assess the patient's condition and nursing needs, sets goals and prescribes appropriate nursing actions to meet those goals. Implements and documents elements of the nursing process in order to provide the highest quality of care based on assessed patient needs. Assist team members in giving care to patients or administers direct care when professional nursing skills and judgment are indicated.

Graduate of accredited nursing program and currently licensed in the state of Kentucky. Must have successfully completed HRMC's RN staff nurse orientation program. Must be able to stand or walk for long periods. Heavy lifting required.

- * Nine (9) Paid Holidays * Medical/Dental Insurance
- * Retirement Plan * Life Insurance

Interested applicants may apply to the Human Resources Department, HRMC 5000 Ky. Rt. 321, Prestonsburg, Ky. 41653 (606) 886-7530 • Fax (606) 886-7534 E-mail: tclark@hrmc.org

Highlands is an equal opportunity employer.

time for clowning MLS All-Star Game

Encourage your children to read a newspaper every day. It will make them stars in the most important game of all-the game of life."

It all starts with newspapers.

Motorcycle Repair. misleading advertisements . Contact Eugene Blackburn at 889-Ads which request or require 4728. Remember Higher Education advance payment of fees for ser-Begins Here!" vices or products should be scruti-NEED A TUTOR nized carefully. FOR CHILD? I have ten vears experience

FLOYD

know-

AUTOMOTIVE

Wheels/Misc

1964 Chevy Impala for sale. 2 dr, HT, 327 eng, 3 spd. Needs work, runs great. \$3,500. Call 478-4606.

Employment

Post office Now Hiring! Avg pay \$20/hr, \$57k/yr, incl Fed ben, OT. Placed by ADSOURCE not affiliated w/ USPS who hires. Call 1-866-668-5257.

Miller Bros. Coal, LLC is seeking qualified applicants for the position of Surface Mine Planning Engineer. Mining Engineering degree and experirequired. Competitive salary and benefits pack-Interested age. applicants should send their resume in confidence to 1801 Watergap Rd Prestonsburg 41653.Phone

Services

inquiries

accepted

"Big Sandy Community and Technical College now offers an AAS Motorcycle

3 BD 2BA, Log Home in Oaklawn, Hager Central H/A low utility bills. Large covered deck, Large storage barn, Acres of Privacy.\$1050.00 month. Call 850-222-2222. Leave message. See pix

www.YesFLA.com.

House for rent. Also 1 br & 2br All located in downtown Prestonsburg. No pets & no children. Call 886-8000 or 886-9466.

2 br house for 9747 or 886-9007. rent: Located at Ivel, Ky. \$ 600 plus utilities. Call 606-424-1150. NO HUD or NO PETS.

For rent: 2 br, 1 house. Located at Martin. \$ 500 month plus \$500 deposit. Call 478-8139 or 791-9992.

4 br, 2 ba house for rent. 1,800 sq ft. Built in vacuum sys-

References tem. Stove, ref, with 597-2083 required. Call after w & d.Total electric 5:00 pm 606-358- with high efficiency Excellent home. Private location in Knott county with gated community, security and more. Call 438-6104.

> House for rent: 1,500 sq ft. 2 Br, 1 bath fully furnished. All utilities. Located on US23 between Prestonsburg \$795 Pikeville. deposit & month. Call 606-422-1862.

apartments for rent. 2 BR Duplex for rent, central heat 262-4296. and air. 1 mile North of Prestonsburg. No pets, references and security deposit required. Call 889-

Mobile Homes

\$0 down, no closing costs! We will put in a new home. Call 276-679-1100.

Special FHA Finance Program \$0 Down if you own land or use family land. We own the your approved. Call 866-

LOTS FOR RENT Dwale Mobile home Park. off US 23 near Prestonsburg. Nice queit community. Restrictions apply. 606-377-2357

br efficiency apartment for rent. Fully furnished, all utilities included, also tv / cable included Located between Allen & Prestonsburg on RT 1428 on private lot. \$475 mth plus \$250 deposit. No pets & No hud. Call 606-

\$7500.00 Credit for homebuyer!! 276-679-1100 details.

Land and home packages. Easy financing. Call for preapproval. free 877-310-2577.

2004 Clayton Mobile home for sale. 3br, 2 ba and fireplace. In excellent condition. Call 874-6312 or 7910-

Mobile home for \$300 per

month. Located on Rt 7 at Salt Lick. Call 358-4524.

3 br Mobile home for rent. \$400 per month plus \$400 deposit. Must furreferences. Call 358-4303.

Legals

NOTICE OF BOND RELEASE

In accordance with

the provisions of KAR 350.093 notice is hereby given that KENTUCKY COAL, L.L.C., 251B Tollage Creek, Pikeville, Kentucky, 41501, has applied for Phase III release on Permit Number 836-5433. which was last issued on 12/2/02. The application covers an area of approximately 4 acres, located 1 mile south of Estill, in Floyd County. The permit area is approximately 0.5 mile northwest from Rt. 7 junction with KY Rt. 1086, and located

0.2 mile southwest

of Right Fork of

Beaver Creek.

The remaining bond in effect for 836-5433 is \$2,800. The remaining bond is being requested in the release.

Reclamation work performed includes. grading and seeding, completed on 1/22/03.

com-

Written

ments, objections and requests for public hearing or informal conference must be filed with Director, the Division of Field Services, Hollow. Hudson U.S. 127 South. Frankfort, Kentucky 40601, by January 14, 2009. A public hearing on the application has been scheduled for 10:00 a.m., January 15, 2009.

Office, 3140 South Lake Drive, Suite 6, Prestonsburg, KY The hearing will be cancelled if no request for a hearing or informal conference is received

January 14,

The Department for

Reclamation and

Enforcement, Floyd

Mining

Regional

Surface

County

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-0342 NW

In accordance with Ellen Pitts, et. al., KRS 350.055. Big Branch Holding notice' hereby Company, given that Frasure Chris Creek Mining, LLC, Danny 4978 Teays Valley Rosie Reffitt, Craig Road, Scott Depot, Ousley, et. al, Betty WV 25560, (304) Litsey. 204-1455 Litsey applied for a permit Ousley, Donald and for a surface coal Brenda mining and recla-Adrian operation located 1.7 miles Marie northeast of Hippo, Bonald and Jackie Kentucky in Floyd Bradley County. The pro-Kessie, Charles E. posed operation will Bradley, disturb 373.34 sur-Bradley face acres and will Bradley, underlie 4.92 acres, Bradley, Johanna L. and the total area Silveus, Kenneth within the permit Earl and Silveus. boundary will be Stephens 378.31 acres.The and Sianna Risner, proposed operation Mont Ousley Heirs, is approximately 0.8 Edward miles south from KY Shepherd, Sadie 1210 junction with J.T. and Anna Lea Alum Lick Road and Thornsbury, Phyllis located 0.2 miles Reffett, Glen Hurdsouthwest of Caney Estate. Curt and Creek.The Anna Howard and posed operation is Harrison D. Reffet. located on the The operation will Martin USGS 7 1/2 underlie land owned minute quadrangle Shade and map. The operation Patricia K. Pitts, Lou will use the moun-Ellen Pitts, et, al., taintop removal and Big Branch Holding auger methods of Company, LLC and

surface mining. The Mont Ousley Heirs The application surface area to be disturbed is owned has been filed for public inspection at George Thornsbury, et. al, the Department for Evie Thornsbury, et. Surface Mining Shade Reclamation and Patricia K. Pitts, Lou Enforcement's Prestonsburg Regional Office, 3140 South Lake Damron, Suite Drive. Prestonsburg, KY Ousley 41653. Written comments, objections, or requests for a Charles Gordon permit conference must be filed with Ousley, the Director of the Bradley, Division of Permits, #2 Hudson Hollow and Rose Complex, U.S. 127 Bradley, South, Frankfort, Sally R Kentucky 40601.

This is the final advertisement Amy Abby the application. All Adam comments, objections, or requests for a permit conferreceived within 30 days of today's date.

NOTICE OF BLASTING SCHEDULE

Application No. 836-0326 NW In accordance with the provisions of 405 KAR 16:120. Section 3, notice is hereby given that Frasure Mining, LLC, 1051 Main Street, Suite 100, Milton, West 25541 Virginia 743-8617, (304) proposes the following blasting schedule. The blasting site consists of approximately 75.41 acres, located 2.5 miles northwest of Minnie, in Floyd County, Kentucky. The proposed operlocated approximately 1.70 mile southwest of State Route 80's intersection State. Route 680, and is within the Turkey Creek watershed. The mine site is located Latitude 37º29'08" Longitude 82º47'37". Detona-

are proposed to occur through Saturday, sunrise to sunset, from December 15, 2008, to December 15, 2009. of the Control

blasting area will be

blocking the access

roads to the area at

utes prior to the

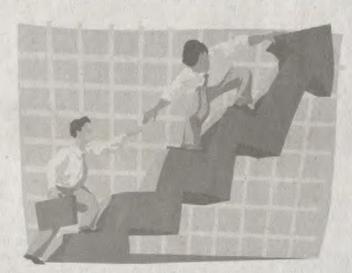
maintained

blast. Traffic on all public roads within 800 feet of the blast site will be controlled at least ten (10) minutes prior to the blast to prevent any vehicles from entering the blasting area. Entry to the blasting area will be regulated by signs and barriers. An authorized comparepresentative (flagman) will check the area for unauthorized persons or property and prohibit access to the blasting area by unauthorized persons at least ten minutes prior to each detonation. The pre-detonation warning signal shall consist of a one (1) minute series of long siren blasts five (5) minutes prior to the blast signal. The blast signal shall consist of a series of short siren blasts one (1) minute prior to the shot. The all-clear signal shall consist of a prolonged siren blast, following the inspection of the blast site. All roads leading to or near the blast site will remain closed until the all-clear signal is given. The warning and all-clear signal will be audible within one-half (1/2) mile from the blast point, Signs will be posted and maintained which outline the blasting schedule and the mean-

ing of the blast

warning signals.

We want to help you increase your sales!



This newspaper has technology that helps local merchants and businesses find Internet solutions. Our on-line newspaper has more local traffic than any other Internet site in this trade area. Our traffic can drive traffic to YOUR internet site and help your business thrive and survive!

> For Internet solutions, contact us at: www.floydcountytimes.com

Deals on Wheels

Send a photo with description, along with check or money order, or credit card, for only \$50, and your Deals on Wheels will continue to run until Sold.

Contact: Donnetta Mullins, 606-886-8506, today, or mail to P.O. Box 390, Prestonsburg, KY 41653



1994 Dodge 350 **Extended Cab Van** All shelves, Reese

hitch, ladder rack, new tires, and air conditioning. A good work van! \$1,995.00

Open Road Auto 886-9220



Beautiful 1980 Corvette T-Tops

Air conditioning. \$5,995.00

Open Road Auto 886-9220



2001 Toyota Tundra **Extended Cab**

Rino bedliner, power windows and steering. \$12,500.00

Open Road Auto 886-9220



2004 Ford

Mustang \$10,800.00. 40th Anniversary Editon.

V6, Gas Saver!! Glossy Red. **Call AB Motors** 606-886-1922

606-434-5551



2005 Dodge Ram 4x4 SLT \$17,900.00. NADA price

\$19,300. Local, 1-owner, 4-door, 4-WD, auto. Looks brand new, inside & out, charcoal in color. Call AB Motors

606-886-1922

606-434-5551



2002 Toyota Sienna

\$9,999.00. NADA price \$12,000. Local, 1-owner, Carfax certified, champagne in color. Heated leather seats with sunroof, V6, Gas Saver!!

Call AB Motors 606-886-1922 606-434-5551

PATRICIA CONN REFUSE FIRE HI HAT, FLOYD COUNTY, KENTUCKY KY-09-005

PUBLIC NOTICE

TO WHOM IT MAY CONCERN:

The United States of America, acting by and through the Department of the Interior, Office of Surface Mining Reclamation and Enforcement (OSM), pursuant to Title IV of the Surface Mining Control and Reclamation Act of 1977, 30 U.S.C. 1231 et seq., proposes to undertake the necessary work to protect the public health and safety from the adverse effects of abandoned coal mining activities in Hi Hat, Floyd County, Kentucky. All purported heirs of that certain property, where entry must be made, cannot be located and Segtion 410, 30 U.S.C. 1240, provides for entry by the United States of America, its agents, employees and contractors, notice is hereby given to those persons having a surface or mineral interest in the following described property:

The subject property is depicted on Tax Map 085-00-00, Parcel 003.00 in the Floyd County records.

Such entry will begin immediately. The OSM's written findings and supporting reasons regarding its determination to enter the above-described property may be inspected or obtained by contacting the Office of Surface Mining Reclamation and Enorcement, Three Parkway Center, Pittsburgh, Pennsylvania 15220, Attention: Sue Steiner, Realty Specialist, Telephone: (412) 937-2850.



or 1-877-KIDS-313

YOU GET MORE WHEN YOU GET TOGETHER

Office of National Drug Control Policy





THE **ELECTRIC** WORKS Residential • Commercial

Installation & Maintenance

• Free Estimates • James Warrix (Licensed) (606) 874-9123

e &

Electrical Contracting

Residential & Commercial

Electrical Services

Home Improvements and Repairs

40-ft. Bucket Truck and

Bobcat for Hire

LICENSED and INSURED

Free Estimates · Reliable

Call JOHN LEWIS, today

Ph: (606) 886-2785

Pager: (606) 482-0229

1

TRIPLE S CONSTRUCTION Residential & Commercial

15 Years Experience New Construction

Hardwood Flooring Decks/Porches/Garages · Cabinet Installation · Concrete Work

Metal Roofs • Vinyl Siding 606-265-3336 or 606-791-0844 Free Estimates

Mine Safety & First Aid Training Newly Employed

24 hr. Class (surface) 40 hr. (underground) 8 hr. refresher (surface & underground) Also Drug Testing

285-0999 Train at your convenience.





Repair Broken Lines . Maintenance & Inspection of Treatment Plants Unclog & Clean Lines Take samples for treatment plants **Pump Out Septic Tanks**

STEVE ROBINSON Class II Waste Water Treatment Plant Operator (606) 791-5494



A Sumptuous Spread for the Family

FAMILY FEATURES

ach holiday season, hosts strive for the perfect balance between serving traditional fare and trying out palate-pleasing new recipes. Among friends and family however, the classics - which conjure up memories of holidays past — win hands down. Here's a sumptuous spread that's sure to please the whole family.

For a perfectly roasted turkey — the centerpiece of the holiday meal — baste the bird with Swanson chicken stock. The stock helps keep the meat moist and gives a lovely golden color to the skin. It also creates a base for homemade pan gravy that's perfect for drizzling over the turkey or topping Moist and Savory Stuffing or even mashed potatoes.

Green Bean Casserole is an iconic blend of rich flavors and textures. It features green beans, velvety Campbell's Cream of Mushroom soup and crisp french fried onion topping. Although it's almost certain to be one of the first items gone from the table, if you do end up with leftovers, slice leftover turkey, stir into the casserole and reheat for a one-dish meal the next day.

Serve up a spoonful of instant comfort with Creamy Corn Pudding. This super side dish combines corn with cream of chicken soup, eggs, Parmesan cheese and fresh chives. It's a

delicious departure from the standard creamed corn or corn bread. No holiday feast is complete without dessert. This year, why not add a Chocolate Pirouette Crusted Cake to the dessert buffet? It's a timesaving treat that will delight guests of all ages

For more information, cooking tips and additional holiday recipes,

visit www.campbellskitchen.com.

Moist and Savory Stuffing

Prep: 20 minutes Bake: 30 minutes Makes: 11 servings

2 1/2 cups Swanson Chicken Broth (Regular, Natural Goodness or Certified Organic)

stalks celery, coarsely chopped (about 1 cup)

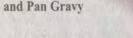
1 large onion, coarsely chopped (about 1 cup)

1 package (16 ounces) Pepperidge Farm Herb Seasoned Stuffing

1. Heat broth, celery and onion in 3-quart saucepan over medium-high heat to a boil. Reduce heat to low. Cover and cook for 5 minutes or until vegetables are tender. Add stuffing and mix lightly.

2. Spoon stuffing mixture into greased 3-quart casserole dish. Cover and bake at 350°F for 30 minutes or until hot.

For crunchier stuffing, bake the casserole uncovered.



Roasted Turkey

Roasted Turkey and Pan Gravy

Prep: 15 minutes Cook: 3 hours, 30 minutes Makes: 6 servings

1 12 - to 14-pound turkey

1 3/4 cups Swanson Chicken Stock 3 tablespoons all-purpose flour

1. Remove package of giblets and neck from turkey cavity. Rinse turkey with cold water and pat dry with a paper towel. Tie ends of drumsticks together.

2. Place turkey, breast side-up, on a rack in shallow roasting pan. Brush turkey with stock. Insert meat thermometer into thickest part of the meat, making sure thermometer is not touching bone.

3. Roast at 325°F for 3 to 3 1/2 hours or until thermometer reads 180°F and drumstick moves easily, basting occasionally with stock. Begin checking for doneness after 2 1/2 hours of cooking time. Let stand for 10 minutes.

4. Remove turkey from roasting pan. Pour off any fat. Stir stock and flour in a small bowl until mixture is smooth. Stir stock mixture in pan. Cook and stir over medium heat until mixture boils and thickens. Season to taste. Serve with the turkey.



Makes: 12 servings 2 cans (10 3/4 ounces each) Campbell's Condensed Cream of Mushroom Soup (Regular, 98% Fat Free or 25% Less

Sodium) 1 cup milk

2 teaspoons soy sauce

1/4 teaspoon ground black pepper

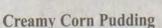
bags (about 16 ounces each) frozen cut green beans, cooked and drained

1 can (6 ounces) french fried onions (2 2/3 cups)

1. Stir soup, milk, soy sauce, pepper, beans and 1/3 cups onions in a 3-quart casserole.

2. Bake at 350°F for 25 minutes or until the bean mixture is hot and bubbling. Stir bean mixture and top with remaining onions.

3. Bake for 5 minutes or until the onions are golden brown.



Prep: 10 minutes Bake: 35 minutes Makes: 6 servings

Butter

can (10 3/4 ounces) Campbell's Condensed Cream of Chicken Soup (Regular or 98% Fat Free)

1/2 cup milk

eggs can (16 ounces) whole kernel corn, drained

1/2 cup yellow cornmeal

cup grated Parmesan cheese tablespoon chopped fresh chives

1. Heat the oven to 350°F. Grease 1 1/2-quart casserole with butter.

2. Beat soup, milk and eggs with a whisk or fork in medium bowl. Stir in corn, cornmeal, cheese and chives. Pour soup mixture into prepared casserole.

3. Bake for 35 minutes or until puffed and golden brown.

Chocolate Pirouette Crusted Cake

Prep: 10 minutes Thaw: 2 hours Makes: 8 servings

Moist and

Savory Stuffing

1 box (19.6 ounces) Pepperidge Farm Chocolate Fudge

1/2 of a 13.5 ounce canister Pepperidge Farm Chocolate Hazelnut Crème-filled Pirouettes (about 18)

1. Thaw cake according to package directions. Place on a serving 2. Cut cookies into 2 1/2-inch-long pieces. Place cookies upright, side-by-side, all around edge of cake, pressing gently into the frosting. Place any remaining cookies on top of cake. Serve

immediately. Tip: This cake can be prepared up to 2 days ahead and stored in the refrigerator.



Crusted Cake

TORORIO EL PARTICIO DE LA CONTRA DEL CONTRA DE LA CONTRA DEL CONTRA DE LA CONTRA DELA CONTRA DE LA CONTRA DE LA CONTRA DE LA CONTRA DE LA CONTRA DEL

DECEMBER 2008



The Times

'No Excuses — Go to School' poster contest winners announced

been declared winners of the Floyd County Public School's No Excuses-Go to School district poster contest. The goal of the poster contest is to raise awareness and promote student attendance as students participate in the creation of student-designed

Three Floyd county students have posters that focus on attendance division are: using the No Excuses - Go to School theme. Students from elementary, middle and high schools participated in the contest. Each participating school selected one school winner that was sent to the central office for judging. The winners from each

■ Elementary - Chevenne Taylor. 4th Grade, Duff Elementary

Middle - Randi Holbrook, 7th Grade, South Floyd Middle School High - Cody Gross, 11th Grade,

Betsy Layne High School

Additionally, the winning poster

attendance campaign in district communications and events. The student winners will have the honor of their artwork representing the district's attendance campaign for all students. will be placed on display at area the Superintendent.

drawings/artwork will be used for the schools. The three selected district winners will be recognized at the Dec. 15 Floyd County Board meeting and presented with a \$25 Wal-Mart Gift Card donated by Walmart. The District level runners-up will receive Large posters of the winning artwork a certificate of commendation from

DUFF ELEMENTARY SCHOOL

Duff Elementary honor roll

Mrs. Martin's 4th Grade

Hannah Halbert Alexis Hall Cheyenne Taylor

3.0-3.99

Taylor Castle Sam Conley Tylene Conley Leanna Martin Katleyn Poston Carina Robinson Erick Robinson Ashley Salisbury Thomas Salisbury Brodey Smith Karissa Wallen Matthew Wright

Mrs. Ratliff's 4th Grade

Kaley Bates Jackson Dye

3.0-3.99

Jesse Brown Kelsey Chaffins Alicia Conley Daniel Conley Byron Cox Morgan Dekok

Amy Howell Jordan Hughes Mashayla Jackson Jakob Kendrick Aaron Martin Matthew Patton Eric Shepherd Bailey Slone Robert Slone

Sammy Slone

Tabitha Collins

Mrs. Case's 5th Grade 4.0

Matthew Combs

Sarah Grindrod

3.0-3.99

Ethan Caudill Briana Conley Joshua Grindrod Austin Howell J.T. Layne Chase Martin Faith Mitchell Adam Nalle Devin Patton Whitney Shepherd Kanc Taylor Layton Terry

Mrs. Gibson's 5th Grade 3.0-3.99

Alex Allen Rachael Bailey Trent Boling Cheyanne Combs Logan Conley **Emily Dalton** Rico Dominguez Monica Duff Shawna Dye Ashley Hall Courtney Henson Trevor Varney R.J. Wallen

MOUNTAIN CHRISTIAN ACADEMY

ELEMENTARY SCHOOL STUMBO



MCA receives new flags from American Legion Post 0283 of Martin

American Legion Post 0283 in Martin, Kentucky has provided new American flags for the Mountain Christian Academy classrooms and the administration office. Madison Martin (left), Post Commander and Robert L. Salisbury (right), 10th District Commander presented the flags to Sister Judy Yunker (center), Associate Dean of Mountain Christian Academy, on Nov.

Mountain Christian Academy thanks the American Legion Post 0283 for their gift of the American flags. The flags will be used to educate students about the proper care and respect for an American flag.

To learn more about Mountain Christian Academy's unique mission "to provide quality education in a Christian environment" contact, David Aker, Dean or Judy Yunker, Associate Dean at (606) 285-5141.





John M. Stumbo Elementary hosted a "Get Ready To Read!" night for Head Start students currently 4 years old. "Get Ready To Read!" is a national initiative to build the early literacy skills of preschool-age children. Stumbo parents and students spent the evening exploring skill building activities and resources. GRTRI's program vision is that all preschool children will have the skills they need to learn to read when they enter school. For more information visit the website www.getreadytoread.org.



Hours: Monday-Friday, 8-6; Saturday, 8-1

FREE DELIVERY!

McDowell, KY 41647 606-377-1088

mcdowellpharm@bellsouth.net

WHEN IT COMES TO YOUR MEDICINE,

put your trust in the fast, friendly, and experienced staff at McDowell **Professional Pharmacy.**

With many years of combined experience, pharmacists Steve and Alicia Dawson, welcome the opportunity to serve you and your entire family.



"Think Healthy, Think Highlands"



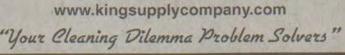
King Supply Company

8274 Kentucky Route 1428 Allen, KY 41601

JANITORAL SUPPLIES AND EQUIPMENT

800-222-0879 • 606-874-8954

AL SLONE, President www.kingsupplycompany.com







ALWAYS THE LOW PRICE ON THE BRANDS YOU TRUST.



Friendly faces, low prices!

OPPORTUNITIES UNLIMITED



Toni Bishop



Matt Crittenden

FILLING A NEED

Opportunities Unlimited held its annual blood drive on Monday, Oct. 20. The event was scheduled by teacher Debbie Kidd with the Kentucky Blood Center. The drive collected 28 units of blood, which can help save 84 lives. Thanks to all the staff, students, and community members who participated.



Matt Manns



Kaitlin Little

Located across from Minnie Ballpark Rt. 122, Minnie, KY

- Drive-thru Service
- Front Door Parking
- Fax & Copy Service
- Full line OTC

Locally Owned and Operated

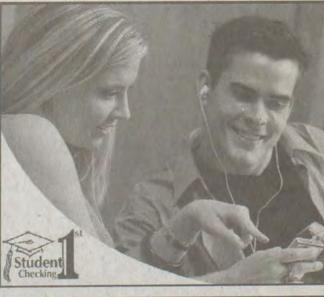
"Fast Friendly Service"

When time counts, Pharmacists Kristy Moore and Valerie Akers are there to help.

Call 377-2117

www.refillrx.com/parkviewrx





STUDENT FIRST CHECKING

- · Undunited ATM Transactions • FREE Offsite ATM Withdrawals at all
- MoneyFass Locations Nationwide
- FREE Online Banking and FREE Unlimited Online Bill Pay
- FREE Debit Card No Minimum Balance ree

First Bank Member FDK

Toll Free 877-886-6777 * www.myfcb.com

MAIN OFFICE - (606) 886-2321 BETSY LAYNE - (606) 478-9596 MARTIN - (606) 285-3266 NORTHSIDE - (606) 186-4582 PIKEVILLE - (606) 437-1619





Little Rascals

Where You Can Find Your Little One's Entire Fall Apparel!

160 West Court St., Prestonsburg, Ky. • (606) 886-0825

606-889-9003

Pharmacists: Sam Waddell and Cheryl Little with over 20 years of experienced service.

Friendly, Courteous, Certified Pharmacy Technicians MOST INSURANCE AND CREDIT CARDS ACCEPTED.

Open Monday-Friday, 9 a.m.-5:30 p.m. Open on Saturdays, 9 a.m.-1 p.m.

Convenient drive-thru service available.

Just past HRMC on Left.





BUNDLE UP FOR THE HOLDAYS!



BUYONEGET ONE FREE!



15 LG 260 \$19.99! ORGET THREE FOR \$49.99!



BLUETOOTH GIFT BUNDLES

ALSO AVAILABLE

Certain Restrictions Apply. See Store For Details.

1-800-438-2355 www.appalachianwireless.com



YOU ALWAYS GET MORE WITH APPALACHIAN WIRELESS