

The Times

*****ALL FOR ADC 301
003095 12/27/2024
LEWIS BINDERY
190 LANDOR DR
ATHENS GA 30606-2428

Now Open!

Our Newest Full Service Banking Location
6424 KY RI 1428
Allen, KY
874-0408

Community Trust Bank
Building Communities, Building Trust
Member FDIC

Member AP, KPA, NNA

Serving the Citizens of Floyd County since 1927

Volume 80, Issue 12 • 75 Cents



RAIDERS ADVANCE

— Page B1

briefs

Mine safety head resigns

by ROGER ALFORD
ASSOCIATED PRESS

FRANKFORT — The state's top mine safety regulator has resigned in the midst of a legislative session that could bring major changes to Kentucky mining laws.

Paris Charles, who has served as executive director of the Kentucky Office of Mine Safety and Licensing since July 2004, said in a telephone interview that he wants to spend more time with his family in Pikeville.

The announcement came one day before House Democrats were expected to unveil legislation intended to improve the safety of coal miners in Kentucky. State Rep. Brent Yonts, D-Greenville, said the proposal will be similar to legislation passed earlier this week in West Virginia where 14 miners have died on the job this month.

Chuck Wolfe, spokesman for the state mining agency, said Charles was not forced out.

"Paris Charles has truly been an asset to this administration, bringing vast knowledge acquired through 28 years in the mining industry and a sincere personal commitment to mine safety," said LaJuana Wilcher, secretary of the Kentucky Cabinet for Environmental and Public Protection.

Charles had served on the Kentucky State Mining Board from 2001 until his appointment to head the

(See RESIGNS, page six)

2 DAY FORECAST

Today



High: 54 • Low: 33

Tomorrow



High: 59 • Low: 44

For up-to-the-minute forecasts, see floydcountytimes.com

inside

- Obituaries.....A2
- Opinion.....A4
- Entertainment.....A5
- Church Page.....A8
- Sports.....B1
- Classifieds.....B5
- Lifestyles.....C1



Drugstore robbery suspect appears in court

by TOM DOTY
STAFF WRITER

PRESTONSBURG — Chilling details about the January 5 robbery of a Family Drug Store in Wheelwright, which included alleged threats of murder and arson, came to light in the wake of a preliminary hearing held Wednesday in district court.

Kentucky State Police Det. Eddie Crum testified about his investigation, which led to the arrest of Adam Jones, 24, of Wayland.

Crum said that witnesses reported that three men burst into the pharmacy around 9:54 a.m. wearing black-hooded sweatshirts and wearing cut pantyhose over their faces. One suspect stood in the doorway waving a shotgun and ordered the

five pharmacy workers into a back room. Two accomplices with handguns helped herd the staff into the back area while the pharmacist agreed to give the men anything they wanted, which turned out to be about \$500 in cash and two boxes of hydrocodone which amounted to over 5,000 tablets.

Crum said that the man with the shotgun, who did most of the talk-

ing, told the group, "If you call the police, we'll come back and kill everybody and burn the pharmacy down."

Crum noted that witnesses included the five workers, two others who were outside the building and observed the group escape and one confidential informant. The



(See ROBBERY, page two)

Adam Jones

NO ONE INJURED



The Banner Creek railroad crossing was the scene of an accident Thursday around 3 p.m., when a coal truck driver misjudged the speed of an oncoming coal train which clipped his truck just as it was clearing the tracks. The driver was uninjured.

photo by Tom Doty

Community trying to save post office

by MARY MUSIC
STAFF WRITER

EAST POINT — Approximately 375 area residents have signed a petition to request the restoration of the East Point Post Office, and more signatures are expected.

The U.S. Postal Service sent letters to customers serviced by

the East Point Post Office on Dec. 15, informing them that services would be "emergency suspended" on Jan. 6 due to the "substandard condition" of the facility and the safety hazards existing there. The letter was circulated about the time that an 88-year-old woman drove into the building, causing damages.

But Tim Reynolds, a

Whitesburg postmaster who oversees post office closings in this area, said the postal service was considering proposing a closure of the facility prior to that accident.

Reynolds said the post office services 375 highway contract route customers with mailboxes

(See POST OFFICE, page six)

Harris to challenge Paxton for judge

by TOM DOTY
STAFF WRITER

FRANKFORT — Prestonsburg Attorney Johnny Ray Harris has filed to run for the position of Family Court judge and will be running against incumbent Julie Paxton, who remains the first judge to hold the position since it was created in

1999. "I've worked with kids ever since I finished high school in a coaching capacity," Harris said.

Since passing the bar, Harris has practiced law for 10 years. "I hope to do a good job for the people of Floyd, Magoffin and Knott counties," he said, and added, "I intend to be fair and impartial in meeting the needs for families."

Judge Paxton has also filed for the position in the only contested judicial race, thus far, to see a contender enter the fray.

"I think I've done a good job and I think I can continue to work to help families and secure for children the rights to the best care that they can be afforded," Paxton

(See ELECTION, page six)

Disney comes to East Ky.

by MARY MUSIC
STAFF WRITER

PIKEVILLE — Tickets are still available for the Disney on Ice performance at the Eastern Kentucky Exposition Center.

The show opened Wednesday, with a near sellout performance, and is scheduled to continue until Sunday.

Crew members came into Pikeville Sunday and began preparing the floor early Monday morning. Jessica Runyon, who works with the center's public relations department, said crew members laid down

sheets of ice, then sprayed water on it for several hours to provide a three-inch ice floor for the performance.

The show incorporates the talents of several world class performers, ranging in ages from 18 to 35. Acting as some of the world's most loved Disney Characters — Snow White, the Lion King, Mickey Mouse — the performers will skate through a "truly spectacular" show that "moves very well" with a continuous storyline, said Canadian Alex Nasca, an ensemble skater.

(See DISNEY, page two)



Performers with Disney World on Ice practiced their techniques before the show opened Wednesday evening.

photo by Mary Music

Extension given in bid to save Combs airport

by MARY MUSIC
STAFF WRITER

PAINTSVILLE — The Transportation Cabinet's Department of Aviation has extended the closure notice of the Bert. T. Combs Field Airport to March 2.

In what some officials are calling a political move, the department's commissioner, Paul Steely, hand delivered a letter last week to board members, informing them that the airport's landing certificate would expire on Feb. 1. Steely ordered all aircraft not based at Combs to depart from the field before Jan. 31. The closure came about because of the "existence of insurmountable substandard features" at Combs Field.

Steely said Thursday that the airport has "glide slope" issues on the runway, which causes pilots to have to come

into the airport at a steeper decline than what's desirable for public airports. Other problems, he said, center around the fact that the airport is surrounded by mountainous terrain that "breaks into" the airspace and hinders the pilot's visibility.

Prestonsburg attorney David Neeley, the secretary/treasurer of the board, said the argument regarding the terrain is not valid.

"We asked Mr. Steely to explain to us what he meant by 'insurmountable substandard features' of the terrain," Neeley said. "The terrain of that airport hasn't changed for 42 years. It's the same ... I had him admit that nothing has changed about the inspection criteria or regulations in the last 10 years. He

(See AIRPORT, page two)

Completion of new health dept. delayed

by MARY MUSIC
STAFF WRITER

PRESTONSBURG — The construction of the new Floyd County Health Department building has been delayed this month.

Last month, Matt Mills, superintendent of the Codell Construction Company, told Floyd County Board of Health members that construction of the new building would be completed by Jan. 20.

At a meeting Tuesday,

Mills informed the board that the construction deadline has been delayed because a contract company hired to install the building's sprinkler system has gone bankrupt.

Mills said Codell ceased the company's contract and is now working with the company's bonding agent, which will be fined \$500 in liquidated damages for every day that the project exceeds its construction deadline.

Mills said that an estimat-

(See DELAY, page six)

- Residential & Commercial (New & Old)
- All Metal Ductwork
- Heat Pump-Gas Furnaces-A/C
- Geothermal
- Financing Available
- Licensed & Insured M04205
- www.bigsandyheating.com

BIG SANDY HEATING & COOLING

LENNOX

WE SERVICE MOST BRANDS

FREE ESTIMATES

24 HOUR EMERGENCY SERVICE

Serving: Johnson • Floyd • Pike Martin • Magoffin • Lawrence

Toll Free! 1-888-297-HEAT (4328)



Airport

had to admit it had to do with the subject of the opinion of the inspector ... Those mountains are the same mountains that were there 42 years ago, and they've probably been there for 42 million years ... We've pondered and we've pondered and we've pondered about what is actually behind this. It sure is strange, isn't it, having received landing permits for 41 consecutive years, and then suddenly, because of 'insurmountable substandard features' Combs airport does not have a landing permit?"

Neeley, and other officials associated with the airport, allege that the closure may have something to do with Attorney General Greg Stumbo's investigations into Gov. Ernie Fletcher's hiring practices. Bill Nighbert, Secretary of Transportation and supervisor to Steely, was indicted in the hiring practices investigation. Stumbo, who now docks his plane at the Big Sandy Regional Airport, learned to fly at Combs field, Neeley said.

"We can speculate all we want," Neeley said. "What's behind the proposed closure of this airport is not stated in the letter we received from Mr. Steely."

Steely denies the allegations. "That couldn't be farther from reality," he said. "Nobody involved on the political end even knew about it."

Steely said the decision for the closure came when the department was scheduled to reissue the airport's landing certificate.

"We know that airport has a lot of hazards intruding into its airspace," he said. "We couldn't, with a clear conscience, issue a landing certificate, when a lot of pilots flying in from other areas aren't trained to handle that type of terrain."

Last June, Steely told members of the Interim Joint Commission on Transportation that his goal was to make Kentucky the most "aviation friendly" state in the country. Airports, he said, were "economic magnets." He related one

of his "favorite" sayings: "A mile of road will take you one mile, but a mile of runway will take you anywhere."

Airport Board members held a special meeting Tuesday to discuss possible litigation and an injunction against the Kentucky Department of Aviation. After an executive session, they agreed to hire Prestonsburg Attorney Tom Smith to research their options.

The Department of Aviation has suggested that the airport, currently designated as a publicly owned business, change to a "public owned, private use" designation.

The change, Steely says, would allow local pilots the ability to fly in and out of an airport as they have been trained to do, but it would prevent "transient" pilots, tourists or others who aren't familiar with the terrain, from landing there.

Smith is now researching what changes would take place under that option, a suggestion that Steely called a "win-win" situation for everyone involved.

Smith said the board hopes to keep the airport as a publicly used, publicly owned facility. Changing to a private use airport would require pilots to have prior authorization to land. Smith's argument resides with a Kentucky Administration regulation (602.KAR20:020) that guarantees a "grandfathered" landing certificate to any airport that had a landing certificate issued on July 1, 1989.

"There's been no change in the circumstances surrounding the airport," Smith said. "It maintains a grandfathered landing certificate. There's been no change in the terrain there. If the issue is trees in the guide path, then we can obviously have those removed and keep the airport maintained as it has been for a number of years."

Steely, who said that the department doesn't want to discourage local pilots who are familiar with the terrain, granted an extension on the closure deadline Thursday. He designated the Paintsville Prestonsburg Combs Field as a landing area

for civil aircraft until March 2.

Smith will continue his research and said he will work with the Transportation Department to try to keep the landing certificate valid. State Sen. Ray Jones, a pilot who also learned to fly at Combs Field, state Sen. Johnny Ray Turner and state Rep. Chuck Meade and Rep. Hubert Collins are currently working with airport board members to find a solution.

Neeley said the "apron" around the airport's fueling terminal was repaved last month. The airport, upon the recommendation of inspector Scott Mitchell two years ago, received a \$3,700 grant from the state to cut trees down to improve safety. In October, the Kentucky Airport Zoning Commission approved an application for the airport to construct a hanger addition near Paintsville. That permit is valid for 18 months.

Continued from p1

Card of Thanks

The family of Carmia Stanley wishes to express our deepest appreciation and heartfelt gratitude to all our friends, neighbors and loved ones who helped comfort us during our loss of our earthly rock, our Mother.

Thanks to all who sent flowers, food, and spoke words of kindness.

A special thanks to all the physicians and nurses at Highlands Regional Medical Center, Pastor Buddy Jones, and the singers who shared such special songs.

THE FAMILY OF CARMIA STANLEY
Chris, Pearlene, Doug, Paul, Ina

Thank You!

The City of Wayland would like to extend our appreciation to everyone who contributed financially toward our annual "Christmas for Kids." We want to thank Christian Appalachian Project for all their help. The following people donated their time to make our Christmas event a great success: Bud and Teresa Hall, Kelth Ross, Mary and Beth Lee, Larry Puckett, Greg Stapleton, Larry Tignor, Greg Stephens, Michael Dearing, and all the other elves who helped in different ways. We are getting ready for Christmas 2006.

Thank you,
Mayor Murphy and the City Commissioners, City of Wayland

Thank You

The members of the Little Rosa Regular Baptist Church, of East McDowell, would like to take this opportunity to thank all friends, neighbors and businesses that helped to make the seventh annual "Christmas for the Children" of the McDowell and surrounding areas, held on December 17, 2005, a huge success once again.

With the help of these very generous individuals and businesses, the church was able to make Christmas just a little brighter for many children. Approximately 325 children were given the opportunity to visit with Santa, given a gift and fruit. Christmas really is for the children—but the grownups really enjoyed seeing the faces of the children light up with joy. Thanks again for all the help and support. We would not be able to help these children without your generous donations. Please accept our most heartfelt thanks.

Members of the Little Rosa Regular Baptist Church of East McDowell
Clinton Moore, Moderator Jimmy Hall, Assistant Moderator
Francis Elliott, Jr., Treasurer Eddie D. Meade, Clerk
Rick "Santa" Akers

Robbery

informant told authorities that he or she helped plan the robbery on the evening of January 4 and the following morning. Information from the informant also helped lead Crum to Jones as well as to a dump site off Route 302, where more evidence was recovered, including pairs of cut pantyhose, one or two toboggans and a box that had contained hydrocodone tablets.

Crum said that police received a tip about Jones selling hydrocodone and that Jones turned himself in for questioning after they had made inquiries into the tip. He related that Jones, who was interviewed on videotape, offered that he knew he was being looked for because he sold hydrocodone. Jones denied being a part of the robbery and told detectives that he got his hydrocodone from

Ohio.

Jones' attorney, Jerry Patton, questioned Crum and wanted to know if any lineup had been used so that staff from the pharmacy could identify Jones. Crum replied that any lineup would have been moot since the trio wore disguises obscuring their facial characteristics and noted that the best the staff could offer was estimates of the height of the men.

Crum also said that Jones carried a copy of the article regarding the robbery that was written by Times reporter Mary Music, which was two weeks old by the time the interview was conducted. Crum did note that the investigation has yielded a second suspect and an arrest warrant has been issued, though the suspect remains at large.

Judge Eric Hall ruled that the

hearing showed sufficient cause to waive Jones' charges to a grand jury to determine if enough evidence exists to seek an indictment warrant against

him. Hall also ordered that Jones remain under the \$100,000 cash bond that was set last week following Jones' arraignment.

Continued from p1

Disney

Nasca, 30, who plays "Prince Charming," said the team added Nemo and the Incredibles to this year's performance, and it's been a huge crowd pleaser.

"I live for the crowds. The bigger the crowd, the better the show," Nasca said. "The energy we get as performers is something that you can only get from doing this, from performing ... What they [the audience] give to us in energy, we give it back to the crowd when we're performing."

The performance, which is backdropped against a replica of Cinderella's Castle from the Magic Kingdom, has got something for both adults and children, Nasca said.

Tickets, ranging in price from \$15 to \$30, were still available for some performances as of press time Thursday. For inquiries, call (606) 433-1793, or call (800) 965-7558 for groups of 15 or more.

Continued from p1

People know Pueblo for its...
...free information. Get into it at www.pueblo.gsa.gov.
PSA

Obituaries

Elizabeth T. Cook Caudill

Elizabeth T. Cook Caudill, 93, of Somerset, formerly of Floyd County, died Monday, January 23, 2006, at the Somerset Nursing and Rehabilitation in Somerset.

She was born February 27, 1912, in Floyd County, the daughter of the late Samuel and Ruthie Evelyn Reynolds Terry. She was a former grocery store owner and homemaker, and a member of the Joppa Old Regular Baptist Church, in Melvin.

She was twice married; first to William M. Cook, and later to Alvin Caudill. Both preceded her in death.

Survivors include a son, Raymond Cook (wife, Debbie) of Sevierville, Tennessee; three daughters: Wilma Johnson (husband, Virgil) of Somerset, Ruthie Morford of Cosby Tennessee, and Betty Chopper (husband, Alex) of Sevierville, Tennessee; three sisters: Beatrice Boyd and Augusta Stanley, both of Ohio, and Nellie Roberts of Melvin; 13 grandchildren, 26 great-grandchildren, and six great-great-grandchildren.

In addition to her husbands and parents, she was preceded in death by seven brothers: Clarence Ray Terry, Jay Terry, Ernest Terry, William V. Terry, Adam Terry, Marcus Terry and James Terry; and four sisters: Dova Bentley, Clova Watkins, Nora Chapin Stone, and Bessie Laferty.

Funeral services were conducted Thursday, January 26, at 11 a.m., at the Nelson-Frazier Funeral Home, in Martin, with Spencer Hall, Chuck Hall, and Ellis Holbrook officiating.

Burial was in the Reynolds Cemetery, in Mallie, under the direction of Nelson-Frazier Funeral Home.

Visitation was at the funeral home, where services were held, nightly. (Paid obituary)

Shirley B. Haws

Shirley B. Haws, 66, of Prestonsburg, died Tuesday, January 24, 2006, at the Pikeville Medical Center.

Born November 18, 1939, in Maytown, she was the daughter of the late Joe and Pearl Stephens Bradley. She was a retired school teacher (34 years) with the Floyd and Martin County Board of Education; a member of the Kentucky Retired Teachers Association and the Martin County Retired Teachers Association; previous board member of the Christian Appalachian Spouse Abuse Center; Inez Eastern Star No. 389; Highlands Auxiliary; Gideon's International Association; volunteer for AARP; a Kentucky Colonel; and a member and Sunday school teacher of the Warfield United Methodist Church for 34 years.

She is survived by her husband, Willis Haws.

Other survivors include: A daughter and son-in-law: Teddi Jean and David Grant of Mt. Washington; four brothers: Clifford Bradley of Lima, Ohio, Billy Joe Bradley of Bellefontaine, Ohio, Francis Coy Bradley of College Corner, Ohio and Bobby Bradley of Langley; and three sisters: Ruth Moore of Auxier Heights, and Wanda Louise Howard and Bonnie Jean Bradley, both of Prestonsburg.

Funeral services will be conducted Saturday, January 28, at 1 p.m., at the Nelson-Frazier Funeral Home, in Martin, with Fred Wiles, Steve Pescosolido and Howard Bowen officiating.

Burial will be in the Richmond Cemetery, in Prestonsburg, under the direction of Nelson-Frazier Funeral Home.

Visitation was Thursday, at the Warfield United Methodist Church and Friday, January 27, at 9 a.m., at the Nelson-Frazier Funeral Home, in Martin. (Paid obituary)

Samuel Guy Roberts

Samuel Guy Roberts, 93, of Harold, died Tuesday, January 24, 2006, at his residence.

Born July 18, 1912, in Osborne, he was the son of the late Benjamin Frank and Maude Sturgill Roberts. He was a retired employee of Kentucky West Virginia Gas Company; a U.S. Army and WW II veteran; a member of the Betsy Layne Chapter 169 DAV, (received award for being oldest veteran in Floyd County in 2004); a Kentucky Colonel; and a member of the Upper Toler Church of Christ in Harold.

He was preceded in death by his wife, Oma Spears Roberts.

Survivors include two sons: Kenneth Roberts (Joann), of Betsy Layne and Greg Roberts, of Harold; two daughters: Patricia Adkins (Harold) and Deborah Boyd (Barry), all of Betsy Layne; a brother, W. Rell Roberts, of Lexington; three sisters: Ruby Young of Prestonsburg, Lydia Roberts, of Seattle, Washington and Winnie Byrne, of Lexington; and four grandchildren: Deneen Shannon, Briana Boyd, Jeremy Adkins and Jason Roberts.

In addition to his parents, he was preceded in death by four brothers: Ranel Roberts, Margin Roberts, Glenn Roberts and Millard Roberts, and a sister, Earlan Sturgill.

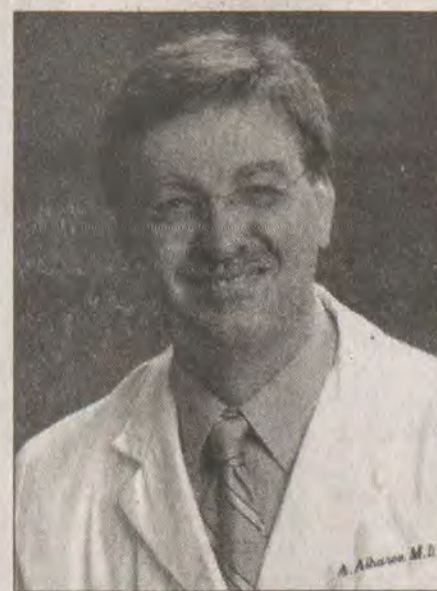
Funeral services will be conducted Friday, January 27, at 1 p.m., at the Upper Toler Church of Christ, at Harold, with Tommy Bush officiating.

Burial will be in the Sturgill Cemetery, (Toler Crreek), in Harold, under the direction of Nelson-Frazier Funeral Home, of Martin.

Visitation is at the funeral home. (Paid obituary)



ALBAREE
Health Services, LLC
Internal Medicine



Dr. Ayman Albaree



Dr. Eyad Albaree

Albaree Health Services has opened an Internal Medicine Practice located at 5187 Kentucky Rt. 321 near Highlands Regional Medical Center.

Drs. Ayman and Eyad Albaree are Internal Medicine specialists and treat more serious illnesses in adult patients.

Office hours are 8:30 a.m. to 4:30 p.m., Monday through Friday.

Call 889-9933 for an appointment

HIGHLANDS REGIONAL
The Medical Center of Eastern Kentuckysm
A Subsidiary of Consolidated Health Systems
HRMC 886-8511 www.hrmc.org

American Heart Association
JOIN THE FIRM.
EXERCISE

For the Record

Marriage Licenses

Martha Jane Newsome, 60, to Archie Gillman, 71, both of Pikeville.

Kelley Renee Sparks, 33, of Chicago, Ill., to Gregory Scott Ringham, 42, of Owensboro.

Gertrude Adkins, 69, of Pikeville, to Bobby L. Lowe, 77, of Canada.

Amie Nicole Vanover, 20, of Martin, to Justin Darryl Salisbury, 21, of Prestonsburg.

Crystal Denice Scarberry, 26, of McDowell, to Robert Paul Anderson, 34, of Marion, Va.

Amanda Renea Shepherd, 22, of Prestonsburg, to Adrain T. Goble, 21, of Pikeville.

Wendy Renee Shepherd, 26, to Danny Bruce Kidd, 36, both of Pikeville.

Natasha Rachele Stephens, 21, of Paintsville, to Stephen Dewayne Harris, 23, of Prestonsburg.

Birtta Leann Tackett, 19, of Melvin, to Artie James Younce, 18, of Martin.

Civil Suits Filed

U.S. Bank vs. Katherine Thornsburg; debt complaint.

Jessica Luman vs. Clifton Luman; divorce.

Rudy Trahan vs. Pamela Trahan; divorce.

Tanya Shelton vs. Timothy Shelton; divorce.

Jennifer Akers vs. Settlement LLC.; petition for court approved transfer of structured settlement payment rights.

Brenda Hall vs. David Willis; petition for child support and health care insurance.

Kelly Newsome vs. Tammy Newsome; petition for health care insurance.

Kenne's Family Owned Homes, Inc. vs. Vonnie Moore; property dispute.

Greentree Servicing LLC vs. Terry Chaffins; debt complaint.

Crystal Ward vs. Ronnie Ward; divorce.

Linda Stevens vs. Billy Stevens; divorce.

Rita Harvell vs. Steve Harvell; petition for health care insurance.

Ariel Marsillett vs. Larry Marsillett; annulment.

Judy Craft vs. Andy Craft; petition for child support and health care insurance.

Cecelia Wooten vs. Kevin Wooten; divorce.

Small Claims Filings

Wesley Christian School vs. Lisa Williamson; debt complaint (tuition, childcare, other expenses).

Wesley Christian School vs. Heather Sutton; debt complaint (tuition, childcare, other expenses).

Wesley Christian School vs. Lindsay Hicks; debt complaint (tuition, childcare, other expenses).

Wesley Christian School vs. Brandon Hatfield; debt complaint (tuition, childcare, other expenses).

Wesley Christian School vs. Chris Henson; debt complaint (tuition, childcare, other expenses).

Wesley Christian School vs. Ellis Parsons; debt complaint (tuition, childcare, other expenses).

Phillip Robinson; debt complaint (tuition, childcare, other expenses).

Wesley Christian School vs. Jeff Howell; debt complaint (tuition, childcare, other expenses).

Wesley Christian School vs. Scott Holcomb; debt complaint (tuition, child care, other expenses).

Maryland Jervis vs. Daniel Bentley; complaint for unpaid rent and damages.

Diana Osborne vs. Anthony "Harpo" Castle; complaint requesting the return of a vehicle.

Charges Filed

Billy Hall, 51, Greeneville, Tenn.; first-degree possession of a controlled substance, two counts of marijuana possession, first-degree drug trafficking, third-degree possession of a controlled substance, second-degree possession of a controlled substance.

Hank Boyd, 47, Banner; driving under the influence, improper registration plates, no or expired registration receipt, driving on a DUI-suspended

license, required insurance, failure to wear seat belts.

Brett Combs, 18, Allen; dri-

ving under the influence, fleeing or evading authorities, reckless driving, resisting arrest, wanton endangerment, no or expired registration plates, no or expired registration receipt, speeding 25 miles or greater over the limit, failure to wear seat belts, improper passing, improper start from a parked position, failure to produce insurance card, no tinting label on vehicle, disorderly conduct, improper signal, no license operator with person holding a permit, displaying illegal plates.

Derric M. Hatfield, 30, Richmond; two counts of felony theft by unlawful taking, three counts of second-degree forgery.

Nellie Johnson, 75, Harold; fourth-degree assault, terroristic threatening.

Edward Risner, 50, Convoy, Ohio; fugitive.

Jeffrey Gonder, 32, Southgate, Mich.; second-degree burglary.

Judith Bailey, 23, Prestonsburg; second-degree forgery, felony theft by failing to make required disposition of property.

Pamela Ann Huff, 32, Minnie; felony theft by unlawful taking.

Craig Prince, 22, Prestonsburg; public intoxication.

Ollie Hackworth, 30, Printer; shoplifting.

Lucas Clark, 22, Banner; third-degree possession of a controlled substance.

Eric Risner, 29, Prestonsburg; third-degree possession of a controlled substance.

James Bailey, 19, Langley; driving under the influence, second-degree possession of a controlled substance, possession of marijuana, use or possession of drug paraphernalia.

Lydia Meadows, age unlisted, Tutor Key; third-degree criminal trespass.

Nikki Sanders, 22, Thelma; harassing communications.

Misti L. Ousley, 21, Thelma; harassing communications.

Margaret Hicks, 33, Auxier; harassing communications.

Reba Hamilton, no age available, Virgie; two counts of misdemeanor theft by deception.

Joseph Hale, 27, Louisville; public intoxication, use or possession of drug paraphernalia.

Michael Taulbee, 27, Salyersville; public intoxication.

Donnie Adams, 24, Salyersville; public intoxication, resisting arrest, disorderly conduct, two counts of terroristic threatening, two counts of harassment.

Lisa Darby, 22, Prestonsburg; failure of parent to send child to school.

Michael Owens, 52, Martin; terroristic threatening.

Wendell Owens, 44, Martin; terroristic threatening.

John G. Halbert, 40, Martin; public intoxication.

Michael Peters, 30, Paintsville; public intoxication.

Robert Hall, 20, Prestonsburg; public intoxication.

James Elliot, 21, Prestonsburg; public intoxication.

Inspections

Speedway, Martin, regular inspection. Violations noted: Thermometers not present in all coolers, proper hair restraints not in use, single service articles observed stored in direct contact with floor, walk-in freezer light improperly shielded, clothing item observed stored in food prep area. Score: Food 96, Retail 98.

Adkins Qwik Stop, Honaker, regular inspection. Violations noted: Easy to spot thermometers not present in coolers, bags of animal food stored on floor, chemical test strips not readily available at three-compartment sink, soap unavailable at restroom sink, walls in disrepair, several lights inoperable in grocery section of store. Score: Food 95, Retail 94.

Cardinal Mart, Prestonsburg, regular inspection. Violations noted: Proper hair restraints not in use, countertop in disrepair, restroom doors not self-closing, garbage container in food prep area improperly covered, wall in food prep area in disrepair, lights on walk-in cooler not properly shielded. Score: Food

91, Jan and Ben's, Bevinsville, regular inspection. Violations noted: Food items not com-

pletely covered in storage units, countertops in food prep area in some disrepair, shelves not easily cleanable, no paper towels or toilet paper in restrooms, areas of floor in heavy disrepair, not all lighting is shielded. Score: 89.

Newann Country Store, rte 979, regular inspection. Violations noted: Pet food stored on floor, restroom lacks self-closing door. Score: 96.

Jerry's Foodmart, Routes 7617 and 979, regular inspection. Violations noted: Unable to locate thermometers in hot holding displays, proper hair restraints not in use, paper towels absent form hand sink area, areas of floor in disrepair, reach in unit not lighted. Score: Food 92, Retail 92.

Adkins Mobile Home Park, regular inspection. Violations noted: Lots not numbered systematically, parking areas not clearly marked, paved, or gravelled, lots lacks adequate lighting. Score: 94.

Save-A-Lot, Prestonsburg, regular inspection. Violations noted: Easy to spot thermometers not present in all coolers, walk-in cooler in need of repair, employee restroom door not self-closing, wall in men's restroom in disrepair, lights improperly shielded, clothing item observed stored with food equipment. Score: 91.

Campbell's Grocery, Garrett, regular inspection. Violations noted: Easy to spot thermometers not present in cooler and freezer units, proper hair restraints not in use, chemical test strips not available at three-compartment sink, floor in food prep area in disrepair, walls and ceilings not in compliance standards. Score: Food 93, Retail 98.

Creekside Mobile Home park, Minnie, regular inspection. Violations noted: Lots not numbered, park lacks a sufficient number of garbage cans, one lot has accumulation of debris. Score: 94.

Martin Senior Citizen's Center, regular inspection. Violations noted: Restroom door not self-closing, floor tile around cooler unit in disrepair. Score: 96.

Property Transfers

Marcus James Hylton to Jerry and Karen Smith, property located at Ivel.

Aaron King Jr. to Shirlee M. McAllister, property located at Toler's Creek.

Marie Little, executor to Charlene Smallwood, property location undisclosed.

Johnny Dale and Sherry Pack to Teresa and Tim Hall, property location undisclosed.

Estate of Lydia Smallwood to Charlene Smallwood, property location undisclosed.

Maggie Hill Stratton to Betty Flanery, property located at Betsy Layne.

Alberta, Bobby, David, Peggy, and Ray Turner to Jimmy Paul Turner, property location undisclosed.

Elaine and Larry Arrowood to Herbert and Maria Preston, property located at Left Beaver.

Bonnie and Willard Blackburn to Marie and Wes Blackburn, property located at Richmond Subdivision.

Irene and Russell Boyd to Doug and Georgia Hyden, property located at Davidson Memorial Gardens.

David School Incorporated to Gregory and Tonya Horn, property located at David.

Andrew and Myra Elliot to Jimmy Paul Turner, property location undisclosed.

David William Fremion to Shanda Sanchez, property located at Middle Creek.

Carol and Greg Goble to Mark and Melia Blackburn, property located at Daniel's Creek.

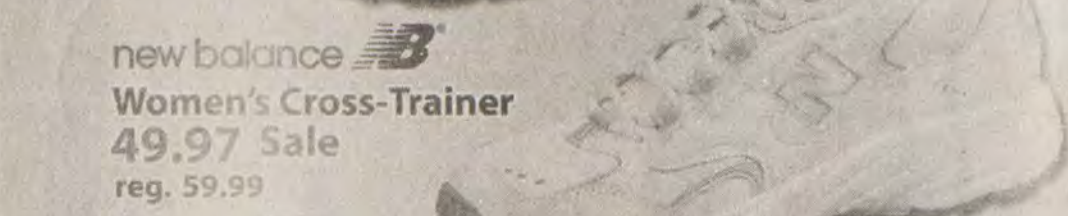
Cathy and Anthony Griffith, Irma Sue Hager to Amy Burchett, property located at Robert's Subdivision.

Audrey, David and Steven Hall to Jimmy Paul Turner, property location undisclosed.

» Be Fit Sale!



new balance **Men's Cross-Trainer**
49.97 Sale
reg. 59.99



new balance **Women's Cross-Trainer**
49.97 Sale
reg. 59.99



ROCKPORT
Men's Walking
39.97 Sale
reg. 59.99



Women's Cross-Trainer
54.97 Sale
reg. 64.99



reebok
Women's Circa-Trainer
39.97 Sale
reg. 49.99

Hurry! Sale Ends 2-5-06

Glynview Plaza • 606.886.0903

SHOE sensation

"Come join our team of caring professionals"

Highlands Regional Medical Center

is sponsoring a Nursing Job Fair

Tuesday
January 31, 2006
11:00 a.m. to 2:00 p.m.

Medical Office Building
Meeting rooms A&B

Enjoy lunch with our team and invest in your future

Interviews at time of luncheon

- Competitive salaries
- Registry pay available
- Excellent benefits package, including health and dental
- Tuition reimbursement
- 12 hour shifts with shift differentials and weekend differentials
- Pre-hire bonus will be discussed with qualified applications



ALL POWERS OF ATTORNEY made by Glenda Howard
2006, are no longer valid.

HIGHLANDS REGIONAL
Kentucky
www.hrmc.org

Viewpoint

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Worth Repeating ...

"Before God we are all equally wise — and equally foolish."

— Albert Einstein

Our View

Hold meetings with public in mind

The subject of meeting dates and locations came up at this week's meeting of the Floyd County Board of Education. Our ears immediately perked as we snapped out of our momentary reverie. Could it be true? This board was actually considering the idea of changing their special meeting location? Well, as it turned out, it was too good to be true, but at least now we know that such a possibility actually exists.

Special meetings of the Floyd County Board of Education are held at the Opportunities Unlimited High School, in Martin. Now, we have the greatest regard for this alternative high school, as well as its principal, Bonita Compton.

Compton is a ready hostess, always willing to share what she has and always attempting to make her guests comfortable.

Alas, "comfort" is not too easily come by in a small classroom containing a rather large meeting table or two, both audio and video recording equipment, a projector screen and several computer desks.

Now, mix in the board members themselves, along with any board employees required to attend, an out-of-town guest presenter or two, and, you guessed it, there is very little space actually left for any visitors from the private sector or media.

The board member bringing up the subject for discussion seemed to be aware of this problem, though another felt that all was okay because the school is centrally located, making it a convenient location at which each of the district board members could convene.

The city of Martin — fine; the Opportunities Unlimited school — also fine; being confined within a room containing so many human bodies and pieces of technical equipment that one can barely inch his or her way toward an empty seat — providing there is one — not fine.

We are of a hardy nature and realize that one of the unpleasant facts of life, and this vocation, often entails setting aside creature comforts. As such, we have kept our displeasure mainly to ourselves. But, hope springs eternal, as they say, and apparently, the hope exists that we are not alone in our suffering.

Based on the observation that no matter the time of year, nor the location visited, as the board convenes monthly throughout the county, that mainly the same faces appear time and time again, then perhaps it wouldn't be such a bad idea to consider holding each of the meetings at a more accommodating location.

Adults are large people. It is hard for them to rest their bottoms on cafeteria benches and seats designed for pint-sized rears. Equally hard is sitting for hours on end on gymnasium bleachers while straining to hear above the din of institutional heating and cooling systems.

Comfortable seating, good; tables for those with notepads, briefcases and such, also good; a board that recognizes that if the public is able to attend meetings at which they are afforded comfortable seating and improved acoustics, that turnout will most likely be higher, great.

It isn't as though we have no such meeting places in our county — the Wilkinson-Stumbo Convention Center and Mountain Arts Center come immediately to mind.

If more parent involvement is something our board of education is striving for, then serious consideration of an adult-sized arena in which to hold their meetings could well be a step toward just that.

— The Floyd County Times



Guest Column

Name doesn't tell whole story

by MICKEY ANDERS
ECONOMIC DEVELOPMENT DIRECTOR
PIKE COUNTY CHAMBER OF COMMERCE

Most of us only pay passing interest to issues before the state legislators. They deal with so many bills that keeping up with them becomes, for all practical purposes, impossible. But sometimes they deal with issues that can hurt us. One of those is the proposed telecomm bill called the "Consumer Choice Protection Act" (HB337), which I believe hurts all of us who don't live in the big cities.

As often happens in government, bills are given names that don't really tell the whole story and sometimes even names that say the opposite of what will really happen. In this case, the "Consumer Choice Protection Act" may be an accurate description for folks who live in the big cities, but not for the rest of us.

The big telephone companies are touting the increased competition in the big cities and suggesting that everybody would be better off with more choices. So far so good. Deregulating telephone service in the big cities would give those consumers more choice, newer technology and lower prices.

What the big telephone companies don't say is that this bill will lead to fewer choices in rural areas like ours. It will lead not only to fewer choices, but

inevitably, to worse service, out-dated technology, and higher prices.

What really happens if the big telephone companies get what they want? They will be able to make more money in the heat of competition in the lucrative markets of the big cities. I don't object to that, but there will be no motivation for them to make further investments in sparsely populated rural areas like ours.

Investing in new technologies is obviously expensive, but it is worth it where the population is dense. Up until now, they have been required to invest in rural areas. But if they get their way, nobody will force them to invest here, and we will have to live with out-dated technology.

And what kind of service do you think we will get if the big telephone companies get their way? Today, if my phone doesn't work on rainy days, I first call the company to complain. Then if I don't get a satisfactory response, I can call the Public Service Commission, who can make the company respond.

If the big telephone companies get their way, the Public Service Commission will not be involved if I take any service plan above the most basic. That means that the 60% of us who have some kind of advanced phone service will have no appeal to the PSC. This bill puts the PSC out of the business of helping me get good service. I don't think I like that.

If the customers in the big cities don't get good service, they will be able to change to a telephone company that will provide good service. But if we get

bad service in these mountains, we will have no place to turn and nobody to hear our complaints.

Contrary to the name of the bill, I won't have a choice. The big telephone company is the only one that has telephone lines in our part of the state. If I don't like their service, I won't have any other company to switch to. I can either take their bad service or not have a phone. That's not much of a "choice."

With limited involvement from the Public Service Commission and no competition in the rural areas of the state, what will there be to prevent the big telephone companies from raising our prices? The answer is "NOTHING." I guess they would say that I should just trust them. They will promise not to forget the little guys in the mountains. But do you really think I should trust them?

I think they are hoping that we simple, country folks won't be able to understand all the complicated terminology, language and issues in the telecomm bill. I have read it, and it doesn't take a rocket scientist to figure out that rural counties are going to get the raw end of this deal.

The big telephone companies and the big cities really like HB337. But I am always suspicious when the big cities and the big companies want to decide what is best for the rest of us.

I don't doubt that it is a good bill for them. But, quite frankly, I don't think they really care what happens in the rural areas where the profits are lower. Why should they? Big companies are going where the big money is. The rest of us will be left out and left behind... again!

Letters

Airport unsafe, unneeded

Recent media exposure of the potential closing of the Paintsville-Prestonsburg Airport has once again captured my attention, along with that of my family and some of my neighbors. Over some 40 years ago, the property that the airport now occupies was basically farmland belonging to the hard-working farmers in the community. Then, through a process known as eminent domain, the property was condemned by the government for public use as an airport. The property owners fought this relentlessly and appealed the court's decision to seize the property. Needless to say, their efforts failed and the airport was built in 1964.

Since that time, issues of safety have been addressed many times. Just myself, over the past several years, I have witnessed one crash resulting in the death of the pilot, another crash resulting in

serious injuries of the pilot and passenger, numerous mishaps involving planes skidding from the runway, countless landing attempts with extremely close calls to nearby homes at the airport and nighttime takeoffs and landings which were not emergency or medically related.

Of course, the handful of pilots who use the airport for their own personal use are fighting for the airport to remain open. But with the nice facility we now have at Big Sandy Regional Airport, why would taxpaying citizens want to continue to fund an unsafe airport which is used by only a few? And finally, I would like to know who authorized a race car business to be built on this property?

In closing, if the airport was found to be unsafe during recent inspections, it should be closed. Allowing it to remain open under special circumstances would be putting our community at great risk. It is the responsibility of the Department of Aviation to stand behind their initial decision to close this airport.

Anna Crider and Nancy Archer
Hager Hill

Pastor seeks reaction

My name is Bill Stukenberg. I am the pastor who was seen with Cody Perkins in the recent "Country Boys" film. Having lived in Eastern Kentucky for about seven years before moving back to my home state of Wisconsin, the film brought back many memories. The sights and sounds, as well as the people, hold a special place in our hearts.

I am curious as to how the film was viewed by those of you who live in Floyd County. Did you think it was an accurate portrayal of the area, or just another attempt to make you look bad? I am including my email address in the hope that many of you will contact me with your thoughts about the film.

I look forward to hearing from you.
Pastor Bill Stukenberg
wstukenberg@hotmail.com

Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

The Times

Published Sunday, Wednesday and Friday each week

263 SOUTH CENTRAL AVENUE
PRESTONSBURG, KENTUCKY 41653

Phone: (606) 886-8506
Fax: (606) 886-3603

www.floydcountytimes.com

USPS 202-700

Entered as second class matter, June 18, 1927, at the post office at Prestonsburg, Kentucky, under the act of March 3, 1879. Periodicals postage paid at Prestonsburg, Ky.

SUBSCRIPTION RATES PER YEAR:
In Floyd County: \$59.00
Outside Floyd County: \$69.00

Postmaster: Send change of address to:
The Floyd County Times
P.O. Box 390
Prestonsburg, Kentucky 41653

PUBLISHER

Joshua Byers
jbyers@heartlandpublications.com

MANAGING EDITOR

Ralph B. Davis
web@floydcountytimes.com



The Floyd County Democratic Women's Club met Dec. 12 at the East Kentucky Science Center for the Christmas party, the presentation of the "Star of Bethlehem" and the installation of new officers for 2006. Joyce Lemaster, the fifth district president from Morehead, came for the purpose of installing members. From left to right are Joyce Lemaster; Charlotte George, president; Cleo Derossett Amburgy, vice president; Connie Gearheart, secretary; and Sarah (Sally) Allen, treasurer. The Floyd County Democratic Women's Club meets the second Monday night of each month at the Floyd County Library at 6 p.m.

Delay

ed 60 to 80 "man-hours" are needed to complete the construction. After another company is designated, he said, the work should be completed within three weeks.

"It all depends on the bonding company," Mills said. "After they release it, we can be in control of our own destiny."

Authorities have not officially decided what to do with the current health department building, but they say it will more than likely be torn down to provide more parking for the new building, which is about triple the size of the old building.

Members also discussed financial problems with the construction of the new building.

Accountant Lynette Schlinder told the group that the health department is being penalized for running efficiently.

The fiscal year audit for the taxing district and the health department was accepted by the board in December. At that meeting, Health Department Director Thursa Sloan informed the board that the health department was cited for "having too much money."

Using a formula based on population numbers and the number of clients served, the state allows the Floyd County Health Department, one of 120

in the state, to keep \$800,000 in unrestricted funds, an amount that should be sufficient to fund three months of operations. Any unrestricted fund amount in excess of the \$800,000 can be taken back by the state and given to other health departments which are lacking funds.

"Some health departments have not operated efficiently. They haven't watched their services," she said. "They'll benefit by being inefficient and this health department, which has been efficient, will be penalized."

The state has already taken about \$31,000 in unrestricted environmental money, Sloan said.

Schlinder suggested that board of health members approve taking the health department's unrestricted funds amount down to \$500,000.

Sloan expressed nervousness, saying that \$500,000 may not be sufficient to run the health department for three months.

She said she wouldn't have a problem with decreasing the amount of unrestricted funds if board members could back her up if she falls short paying payroll. Utility costs for the new building will triple, Sloan said.

Construction of the new building cost \$3 million, with part of the funds coming

through a Kentucky Association of Counties (KACO) loan and the other part coming through the taxing district.

Approximately \$325,000 is still needed to complete the building (in addition to architect fees and other expenses), and \$1.9 million is still required for payments on the KACO loan.

Prior to the meeting, the organization had more than \$1.5 million designated as unrestricted funds. Upon suggestion by member Paul Hunt Thompson, the board approved a motion to use more than \$1.5 million toward both the construction of the building and loan payment.

Sloan said Thursday that the health department will use \$650,000 of that money to pay the lease loan payment. The remainder, she said, will be used to complete the construction.

Though planning for the new health department began three years ago, construction began in October. Sloan said board of health members voted to change architects in the middle of the project last year because they weren't "making a lot of progress."

In other news, members voted to grant Prestonsburg resident Glen David May with a temporary easement onto property near the health department.

Continued from p1

Post office

and 40 customers who rent post office boxes. Services for customers living along the highway contract route, he said, would not be interrupted. Those renting post office boxes were advised to either change to mailbox services or to change their services to post offices in Paintsville or Auxier.

In addition to more than 400 residential customers, the post office services 27 businesses and four churches, East Point resident and petition organizer Dorothy L. Harris said.

"With these businesses, we need our post office back," Harris said. "If we don't get it back, we'll lose our identity, East Point. We won't even be on the map ... A post office, as I understand it, is supposed to be for the people."

The Dec. 15 letter indicated that customers could continue to use the community name and that East Point would continue to be listed in the National Post Office Directory.

Harris, and other residential customers, applauded the service provided by highway contract route providers during a community meeting, a reason Reynolds says the postal service is justified in seeking a closure of the facility.

"This office is within a six mile radius of five other post offices," Reynolds said. "We don't feel like we are inconveniencing these customers. In fact, during a community meeting, people there applauded the services provided by the highway contract route providers. We feel, because of that, we're providing regular and efficient service."

Customers, Reynolds says, can get regular post office services—including the purchase of stamps and money orders—at their rural mailbox. Harris says she and other residents do not feel comfortable in leaving money in their mailboxes to purchase items.

The post office was established at the mouth of Hager Branch in 1871. In 1999, services were moved to its current location. Flat Gap resident Henry Music, a former postmas-

ter at East Point, said the current building was in substandard condition at the time that it was leased.

"When they leased the building in 1999, the building was substandard at the time. The roof leaked," Music said. "They [the postal service] told the family leasing the land that they just wanted it temporarily until they could build another post office. That's the impression that the family had. They've tolerated a leaky roof for five or six years. I don't know how many times I went in there to see the floor full of water and buckets catching water. I questioned the post office on that account, why they tolerated a leaky roof for six years and all at once it came up as an emergency situation."

Music says that customers shouldn't have to drive out of their way to receive postal services, especially because the East Point Post Office has been providing uninterrupted services for about 135 years.

"People here at East Point are a close-knit group of people," Music said. "They fight, they stand up for what is right and they definitely want their post office to stay in."

In the petition, which will be forwarded next month to postal representatives and to U.S. Rep. Hal Rogers, residents argue that the postal service should have given residents a 30-day notice about the closure.

Along with the petition, residents attached property leasing options provided by two area business, Price Cutters Candle Supply, which currently has a building for lease, and Dr. Marty Minix, D.M.D., who agreed to construct a building, for lease, to the postal services specifications.

Reynolds said the decision for the official closing has not been made yet, but that the postal service is "looking that direction" because five other post offices are located within a six mile radius to the East Point Post Office. The postal service probably won't consider trying to obtain another lease, he said.

"It's hard for us to justify

Continued from p1

spending money on a new facility whenever we have facilities already in the area," he said, "especially when the residents applaud the service of our highway contract route providers."

Reynolds will send questionnaires to customers within four months, asking them to rate the alternative services provided by the postal service. Information gathered from those responses will be weighed "in information about population growth and other factors affecting services in the area. That information will be combined in a proposal that will be posted at post offices in Auxier and Paintsville for 60 days, during which time, customers can make official comments on record about the closure. After the 60 day period, that proposal will be mailed to the postal service's headquarters, who will forward their final determination regarding the closure. After the determination is made, residents can still appeal the decision for 30 days.

The community is invited to attend meeting regarding the issue at the Masonic Lodge building in East Point on Feb. 13 at 7 p.m.



AARP TAX-AIDE VOLUNTEERS

will begin working EVERY TUESDAY BEGINNING FEB. 7 9 a.m.-3:00 p.m.

at the FLOYD COUNTY LIBRARY Prestonsburg

Bring your 2004 income tax return and all current tax information for 2005.

A Free Service for Senior Citizens and low-income taxpayers.

Published as a public service of the Floyd County Times.

Appalachian Wireless announces new tower location

PRESTONSBURG — Appalachian Wireless, a division of East Kentucky Network and the leading provider of high quality wireless telecommunications products and services in Eastern Kentucky, announced Wednesday service enhancements in the Johnson Fork Community of Magoffin County.

On behalf of Appalachian Wireless, Gerald Robinette, chief executive officer/general manager, announced the availability of upgraded service in the Johnson Fork Community of

Magoffin County, allowing Appalachian Wireless to begin transmitting CDMA signal to this Magoffin County community. This new service will serve portions of Johnson Fork, Middle Fork, Route 460 and the Mountain Parkway.

CDMA technology provides service with improved call clarity, all-in-one communication devices with improved security, color graphics, polyphonic sounds, as well as the capability to wirelessly browse the Internet with speeds that are comparable to a home dial-up connection,

including the ability to send and receive pictures.

"This new service specifically addresses an area in Magoffin County that was needed to provide continuous service for customers who live in the Johnson Fork area and travel the Mountain Parkway," said Danny VanHoose, director of marketing and sales.

For more information on the service, visit the company's website at appalachianwireless.com or call (606) 477-2355 or (800) 438-2355.

Man dies after being struck by coal truck

The Associated Press

BIGGS — A 72-year-old Virginia man died Monday after being struck by the coal truck he had been driving.

James D. Thornsbery of Castlewood, Va., was driving a coal truck southeast of

Pikeville near the Kentucky-Virginia border. Kentucky State Police said he got out of the truck while it was still moving and was run over. Thornsbery was pronounced dead at the scene.

No one else was hurt and the truck came to at the bottom of a

hill.

James Hopkins, a spokesman for the State Police in Pikeville, said no further details on the circumstances of Thornsbery's death were immediately available. State Police are investigating the incident.

Election

said.

The Family Court may be relatively new, but the need for such services is evident from the numbers collected in last year's statistics. Paxton adjudicated more cases in Family Court, which includes Magoffin and Knott Counties, than any sitting judge last year. Paxton issued 2,350 decisions from the bench in 2005. The court, which is the first of 22 in the commonwealth, also saw more cases than any other family court, with 2,726 cases heard, while the average number of cases in such courts across the

state heard 1,658 cases.

Regional Judge John D. Caudill noted that Family Court serves as a vital tool for the community and offers a challenging arena for a judge to serve.

"Family Court is very volatile," Caudill said. "It is very challenging and both sides in their cases are often at their

wits end by the time they come to court."

Caudill observed that judges must often have to sift through very emotional and gut-wrenching testimony and that in the end seeing that the needs of county children are best served is the ultimate responsibility of a judge who serves in that capacity.

Continued from p1

Resigns

mine safety agency.

Bill Caylor, president of the Kentucky Coal Association, said the resignation caught him by surprise.

"Right now, companies are needing high quality people like Charles to work in the mines," Caylor said. "It wouldn't surprise me if he got an offer he couldn't refuse. If that's the case, I don't blame him at all."

Charles, 49, whose last mining job was as safety director of the now defunct Lodestar Energy, said he doesn't have a new job lined up. "I'm a coal miner," he said. "I'm sure I'll go back to coal mining."

In a statement, Charles said he enjoyed his time as head of the mine safety agency.

"I think we have been able to accomplish many good things to enhance miner safety, such as a study of the retreat mining method and pending legislation on substance abuse in the mines."

The retreat mining study is expected to be released as early as next week. Gov. Ernie Fletcher ordered the study after two workers were killed in a roof fall in a Harlan County underground mine in August. The practice, which involves removing portions of the very pillars that keep a mine from caving, has claimed the lives of 17 coal miners in southern Appalachia in the past seven years, according to the U.S. Mine Safety and Health Administration.

Charles has headed a push in Kentucky to eliminate drug abuse among active coal miners. Legislation already is pending in the House that would require drug tests for miners before they're hired and random tests afterward.

Continued from p1

Wilcher appointed Johnny Greene, an accident investigator and mine rescue coordinator for the agency, as the interim replacement for Charles.

LOST IN MARTIN AREA

Male Boxer

Fawn color with black mask. Brown collar. Family pet.

REWARD OFFERED!

Call 285-2685



United Methodist Church

100% Silk Neckties

Burgundy and Navy—\$20.00

Humor Book

(500 Laughter doeth good like a medicine)

\$8.00 postpaid

Call (606) 285-3051

WANTED:

Paralegal or Legal Secretary

Experience A Must.

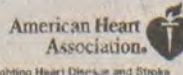
Pay depends upon experience.

Hindman or Prestonsburg Location

Call: (606) 785-5556

Nights: (606) 946-2271

Choose Health Choose Healthful Foods



Fighting Heart Disease and Stroke

GUARANTEED LOWEST PRICES OR DOUBLE YOUR MONEY BACK!

White Vinyl Welded Double Hung Replacement WINDOWS

Any Size! \$189 INSTALLED

DOUBLE PANE INSULATED GLASS

Call For A FREE In-Home Estimate!

Window World, inc. Simply the Best for Less!

TOLL FREE 888-874-3004

www.windowworldinc.com

6509 Rt. 1428 • Allen, KY 41601 606-874-3004

Sports Editor
Steve LeMaster
Phone: (606) 886-8506
Fax: (606) 886-3603

Members:
Associated Press
Kentucky Press Association
National Newspaper Association

FLOYD COUNTY Sports

SECTION

B

INSIDESPORTS

- Betsy Layne falls • page B3
- Garrett Christian • page B3
- Alice Lloyd-Asbury • page B4

www.floydcountytimes.com

"The BEST source for local and regional sports news"

INSIDESTUFF

- Lifestyles • page C1
- DinnerDiva • page C1
- Classifieds • page C5

Email: sports@floydcountytimes.com

Phelps foils Valley's hopes of winning title

by STEVE LeMASTER
SPORTS EDITOR

EASTERN — Any hopes the Shelby Valley Wildcats had of winning the 2006 15th Region All "A" Classic championship were wiped out Wednesday night. The Phelps Hornets made sure Pike County rival Shelby Valley wouldn't have a chance to play for this year's 15th Region All "A" title. After jostling for the lead throughout regulation, Phelps edged Shelby Valley in overtime, 60-59.

"This was a great team effort," Phelps Coach Clay Campbell commented. Robert Gannon led Phelps with a game-high 24 points. Mikey Dotson also worked his way into double figures for the Hornets, finishing with 18 points. Regulation ended with the two teams deadlocked at 55-55. Shelby Valley, which defeated Betsy Layne Monday night in the tournament's opening game, took a slim 12-11 lead out of

the first quarter. Phelps, however, didn't stay down for long. The Hornets entered halftime with a 24-20 lead. Gannon and Dotson were both key in Phelps going into the intermission with an advantage. The Hornets, after being outscored in the third period, took control in the final frame and sent the game into an extra session. Dillon Stiltner gave Phelps its biggest



photo by Jamie Howell
Second-year Shelby Valley head coach Jason Boohar talked with his team during a second-half timeout.

(See HOPES, page two)

New reasons to root for Reds

by RICK BENTLEY
TIMES COLUMNIST

Here's how it seems to work: You're cruising along perfectly content with the job you do, and then all of a sudden something happens to change it.



Rick Bentley

That's what happened to me this week.

It's not that I'm in a state of discontent with my job. I like what I do at

Pikeville College and believe being around the younger people

on a daily basis helps keep me young, or at least young at heart. I'm ok with it.

But sometimes we feel led to a higher — well, let's say, a *different* — calling, and that may be the case here. It's not that I want to do something different, it's just that it seems something that I should at least try.

Besides, nobody else has been able to do much with it recently, so I may as well give it a shot.

So it is with much anticipation and maybe a little excitement (of course, it could be heartburn, you never really know) that today I'm using this space to announce my candidacy for the position of General Manager of the Cincinnati Reds.

That's right. I want to take a stab at calling the shots for what used to be the best franchise in the history of the game. I want to place my name alongside those who have made the Reds one of the great baseball teams ever, names like Rose and Morgan and Perez and Kluzuski.

Heck, if Marge Schott can bring a winner to Cincinnati, it can't be all that tough, can it?

Of course, there are a few obstacles I'll need to overcome. I don't really follow the Reds all that closely these days. I don't have a satellite, so

(See BENTLEY, page two)

RAIDERS ADVANCE



photo by Jamie Howell

After starting slowly, South Floyd heated up Wednesday night. South Floyd seniors Ryan Little, Ryan Johnson and T.J. Hall are pictured eyeing a Pikeville shot attempt.

South Floyd shakes slow start, ousts Pikeville

by STEVE LeMASTER
SPORTS EDITOR

EASTERN — Defending champion South Floyd didn't get off to the best start Wednesday night as opening round play in the 15th Region All "A" Classic continued. But the Raiders finished the strongest.

Four of South Floyd's five starters reached double figures in the scoring column and the Raiders played their best basketball in the second half, claiming a 74-62 win

over the Panthers. The opening-round matchup was a rematch of last season's 15th Region All "A" Classic championship game. South Floyd earned a trip to Richmond and the Touchstone Energy All "A" Classic state tournament last season with a 72-68 triumph over the Panthers.

Earlier this year, South Floyd Coach Barry Hall commented on his guard play.

"We have what I feel to be the

(See RAIDERS, page two)

Blackcats make short work of Johnson Central

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG — Heading into Tuesday night's home game against Johnson Central, Prestonsburg High boys' basketball coach Jackie Day Crisp said the contest would serve as a good measuring stick for his team. In other words, the game would allow the Blackcats to know how they stood against one of the 15th Region's top teams. Well, the Blackcats stood tall Tuesday night. Prestonsburg led visiting Johnson Central 15-12 at the end of the first period and held the Golden Eagles under 10 points in both the second and third quarters en route to a convincing 59-43 win.

Crisp was pleased with his team's effort.

"Our kids played real well,"

(See BLACKCATS, page two)

15TH REGION ALL "A" CLASSIC

Monday's games

Shelby Valley 69, Betsy Layne 61
Piarist School 65, David School 33

Wednesday's games

South Floyd 74, Pikeville 62
Phelps 60, Shelby Valley 59 (OT)

Thursday's games

Piarist S.-Paintsville (score unavailable)
Allen Cent.-Sheldon C. (score unavailable)

Tonight's games

South Floyd-Phelps, 6:30 p.m.
Piarist-Paintsville winner vs.
Allen Cent.-Sheldon Clark winner, 8 p.m.



file photo

Prestonsburg senior Lewis Barnette (pictured) fired in a game-high 22 points and teammate Sean Leslie had 13 points and blocked 11 shots in Tuesday's win over Johnson Central.

Floyd teams fall hard

TIMES STAFF REPORT

The early part of the week dealt the girls' basketball teams from Betsy Layne, South Floyd and Allen Central high schools losses.

On Monday, Betsy Layne returned to its home hardwood inside the Dome. Despite playing well at times against defending 14th Region champion Knott County Central, Betsy Layne came up short. Knott County Central, which earlier in the season defeated Betsy Layne 57-35, topped the Ladycats the second time around, too, winning 54-42.

In another game Monday, visiting Johnson Central jumped out in front early on in the first quarter at South Floyd and never looked back, beating the Lady Raiders 86-

28. The loss was the most lopsided setback so far this season for the South Floyd girls' basketball team.

The Allen Central Lady Rebels weren't in action Monday, but instead took to the court Tuesday at home versus visiting reigning 15th Region All "A" Classic champion Paintsville. 1

Just last week, Paintsville defeated the Lady Rebels 52-41 in the 15th Region All "A" Classic. The Lady Tigers posted another win over the Lady Rebels on Tuesday, beating Allen Central 54-41.

The Lady Rebels are due back in action tonight on the road at East Ridge. Tip-off for the AC-ER girls' basketball game is set for 7:30 p.m. Betsy Layne and South Floyd aren't scheduled to return to action until the month of February.



Betsy Layne eighth-grader Megan Hamilton lofted a shot Monday night in the Ladycats' home game against Knott County Central.

Lady Blackcats win seventh straight

by STEVE LeMASTER
SPORTS EDITOR

LICK CREEK — The Prestonsburg High School girls' basketball team continued to roll Tuesday night, beating East Ridge 52-43 for its seventh straight win.

Meaghan Stone led Prestonsburg with a game-high 21 points. Three other Prestonsburg players danced around double figures in the scoring department. Darcey Hicks followed with nine points while Julianne Frye and Amber Whitaker scored eight apiece.

(See STRAIGHT, page two)

Bentley

they're on TV next to never. It's only when they play the Braves or Cubs they make it to my television set.

And, right off the top of my head, I couldn't really tell you who the manager is right now. I believe it might be Dave Miley, but couldn't say for sure. Lord knows I can't spell it, so when I get done with this I'm going to be forced to look it up. Thank goodness for ESPN.com.

Wait. Bill Watson just told me the manager is somebody named Jerry Naron, and now that I think about it, I do seem to recall that change being made last year. And while you may know Bill Watson as either the women's basketball coach at Pikeville College or as the butt of more than a few jokes here in this column, he's about the biggest Reds fan I know, so I'll take his word for it.

Then there's the little fact of them having traded my favorite Red, Sean Casey, during the offseason. They sent him home to Pittsburgh, but I wanted him to remain in his former posi-

tion, which is being Mayor of the Queen City. I liked him a lot, for reasons like the smile that was always plastered across his face (one would think making millions of dollars would do that to a person, but taking a gander toward centerfield - or, just as likely, the disabled list - proves that isn't always the case).

And now that Casey's at the bat in the Steel City and Adam Dunn has moved to first base, there's the matter of only having three outfielders. Now, anyone who knows the least bit about the game understands we can only play three of them at a time, but between Junior Grifey taking half of most years off and Austin Kearns having spent a chunk of 2005 in Triple-A, if ever there was a franchise in need of four outfielders, it'd be the one in Cincinnati.

All of this means the most reliable outfielder on our - my, make that my - roster is Wily Mo Pena, and having seen some of his fielding and throwing exhibitions in recent years, that

ain't exactly like having Mickey Mantle upon which to build.

In fact, all of this turmoil has made me realize that when I'm handed this job on a silver platter - or a Styrofoam plate left over from my family reunion, which ever's the case - there is but one solid foundation for us to rebuild this once storied franchise.

Most would find a solid collection of young arms, much like Atlanta has built its dynasty. Or a powerful young slugger to build a lineup around. Either would be nice.

But neither are present in Cincinnati as we look toward spring training 2006.

So we will turn to the brightest star on our horizon, and we will point to him as the flagship around which we will stock our fleet.

We will build our dynasty - we will, in fact, make him the centerpiece of the Bentley Administration - around one Martin Brennaman.

Laugh if you must, but he's the only sure-fire hall of famer in our organization right now.

So there you are. This is the doctrine which we shall follow. It is our King James Version, if you will.

So vote early, vote often. A vote for Bentley is a vote for a new Cincinnati Reds.

And if we don't win, at least we'll work on lowering the ticket prices and getting the team on local cable access so I can see the games.

So whaddya say? With me? I bet our manager, old whatshisname, is.

Continued from p1

Straight

Prestonsburg, which hadn't took to the hardwood in over one week, got going early on, outscoring the visiting Lady Warriors 14-5 in the first period.

Prestonsburg's long winning streak also includes victories over Jackson City, Betsy Layne, Pikeville, Lawrence County, Leslie County and South Floyd.

Prestonsburg paced a 24-19 lead into halftime. East Ridge managed to outscore the Lady Blackcats 12-8 in the third quarter before Prestonsburg pulled

away in the final period.

Lindsey Fields added six points for the Lady Blackcats.

Prestonsburg (9-5) was back in action last night at home, hosting Paintsville. Results from the 15th Region matchup were unavailable at press time.

PRESTONSBURG 52, EAST RIDGE 43

EAST RIDGE - Smith 7, Hogston 20, Baldrige 9, Ratliff 3, Belcher 4.

PRESTONSBURG - Slone

Continued from p1

21, Fields 6, Whitaker 8, Frye 8, East Ridge.....5 14 12 12-43
Prestonsburg...14 10 8 20-52

LADY BLACKCATS REMAINING

REGULAR-SEASON GAMES

Jan. 27	Pike Co. Central, 7:30 p.m.
Jan. 30	Sheldon Clark, 7:30 p.m.
Feb. 3	at South Floyd, 7:30 p.m.
Feb. 7	Allen Central, 7:30 p.m.
Feb. 10	Betsy Layne, 6 p.m.
Feb. 13	at Sheldon Clark, 7:30 p.m.
Feb. 17	at Lawrence Co., 7:30 p.m.
Feb. 21	at East Ridge, 7:30 p.m.

Raiders

Continued from p1

best group of the guards in the region," Hall said.

The South Floyd guards played big again Wednesday night. And so did the rest of the Raiders.

Ethan Johnson paced South Floyd with a game-high 19 points. Ryan Johnson added 15 points for the Raiders. Ryan Little and Mason Hall each had 13 points for the Raiders in their first game in defense of the regional small-school title.

Ryan Johnson helped to put the game away late for the Raiders. For the game, Ryan Johnson connected on 11-of-14 free throw attempts.

Tim Honaker led Pikeville with 19 points. Tim Champlin scored 12 points and Matt Clevenger had 10 for the Panthers.

In other Panther scoring, Jacob Sword netted nine points and Chance Robertson flipped in eight.

Justin Slone had seven points and T.J. Hall added five for the Raiders.

Matt Little rounded out the South Floyd scoring with two

points. South Floyd will take on Phelps tonight. Tip-off is set for 6:30 p.m.

SOUTH FLOYD 74, PIKEVILLE 62

SOUTH FLOYD - Mason Hall 13, Ethan Johnson 19, T.J. Hall 5, Ryan Johnson 15, M. Little 2, Slone 7, R. Little 13.

PIKEVILLE - Honaker 19, Sword 9, Clevenger 10, Champlin 12, Bell 3, Robertson 8, Adams 1. South Floyd.....10 18 20 26-74
Pikeville.....15 14 17 16-62

Blackcats

Continued from p1

said Crisp. "We're on a pretty good roll right now."

Senior Lewis Barnette, a player who has led Prestonsburg in scoring for much of the season, presented problems for Johnson Central. Barnette had his way inside for the Blackcats, scoring a game-high 22 points in his usual workmanlike fashion.

Prestonsburg got a spark from sophomore Bobby Hughes. The player who took the reigns of the Prestonsburg football team and went under center in the 2005 football season continues to shine on the basketball court. Hughes followed Barnette's game-high scoring effort with 14 points of his own.

Sean Leslie, another senior veteran leader for the Blackcats, added 13 points and 11 blocked shots.

Prestonsburg rolled into halftime ahead 29-19. The Blackcats put the game out of Johnson Central's reach in the third period, outscoring the Golden Eagles and first-year head coach Mark Starnes 16-9.

Junior Jamie McCarty, one of the 15th Region's leading scorers last season, led the Golden Eagles with 19 points. Ryan Fannin followed with 12 points for Johnson Central.

Prestonsburg held Johnson Central senior Kyle Rice, normally one of the top scorers for the Golden Eagles, in check. Rice finished with six points.

Prestonsburg is due back in action at home tonight against Pike County Central. Tip-off for the Prestonsburg-Pike County Central game is set for 6 p.m.

"It's another tough game for us," Crisp said, talking about tonight's matchup."

Johnson Central will hit the road tonight, traveling to Lawrence County for a 57th District game against the host Bulldogs. Tip time for the Johnson Central-Lawrence County matchup is slated for 7:30 p.m.

PRESTONSBURG 59, JOHNSON CENTRAL 43

JOHNSON CENTRAL - Whitaker 1, McCarty 19, Blanton 1, Fannin 12, Meek 1, Rice 6, Johnson 3.

PRESTONSBURG - Herrick 1, Barnette 22, McGuire 6, Leslie 13, Hall 3, Hughes 14.

Johnson Cent....12 7 9 15-43
Prestonsburg....15 14 16 14-59

ATHLETES OF THE WEEK



Amanda Hunter, Betsy Layne High School Volleyball/Softball



Sean Leslie, Prestonsburg High School Boys' Basketball



SPONSORED BY:

Rick's Embroidery, Uniforms, Trophies & Engravings
422 South Lake Dr., Prestonsburg, KY 41653
606.886.2232

Hopes

Continued from p1

boost in off of the bench, scoring six points. Kolbe Paige, Ryan Dotson and Justin McCoy, all of whom join Gannon and Dotson in the Hornet starting lineup, scored five, four and three points, respectively.

Jacob Bryant led Shelby Valley with 13 points. Mitchell Riddle and Jeremy Jackson each had 12 points for the Wildcats.

Phelps, which has won four of its last five games, including a victory in the WYMT Mountain Classic, will take on South Floyd tonight with a trip to the 15th Region All "A" Classic Finals on the line.



photo by Steve LeMaster

GOING UP STRONG: Betsy Layne senior Brandon Kidd (left) went up for two points in Monday night's 15th Region All "A" opener versus Shelby Valley.



photo by Jamie Howen

REUNITED: Former Allen Central High School girls' basketball coach Mark Martin talked with former players and fans Wednesday night during the boys' 15th Region All "A" Classic.

Dairy Queen SPORTS FAN OF THE WEEK



If you are the sports fan circled here... it's your lucky day!

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at **DAIRY QUEEN OF PRESTONSBURG**. When claiming your ice cream cake, present this newspaper.

Wildcats eliminate Betsy Layne in tourney opener

by STEVE LeMASTER
SPORTS EDITOR

EASTERN - Betsy Layne could never get going in the 15th Region All "A" Classic opener Monday night against defending 15th Region champion Shelby Valley. The Bobcats managed to put together several runs, but could never overcome a slow start. Shelby Valley tripled Betsy Layne up in the opening period, outscoring the Bobcats 18-6. The Bobcats eventually made up some ground in the second half. The scoring, however, came too late. Shelby Valley held on in the end, beating and eliminating the Bobcats to the tune of a 69-61 final score.

Jeremy Jackson stepped up and led the most for the Wildcats, scoring a game-high 18 points. The Shelby Valley offense featured four players in

double figures. Logan Bryant finished with 15 points for the Wildcats while Mitchell Riddle added 14. Cade Riddle was a fourth player in double figures for Shelby Valley with 11 points.

The game, which featured several runs, fluctuated between single- and double-digit deficits for the Bobcats. Neither team got off to a very good start. Shelby Valley ended the first quarter on a commanding 11-0 run.

The loss was the fifth straight setback for the Bobcats.

Brandon Kidd led Betsy Layne with 14 points. Derek Case followed closely with 13 points. Colbert Craft came in off of the Bobcat bench and led Betsy Layne on several of its runs, scoring nine points. Brandon Thacker and Pat Stapleton each had eight points for the Bobcats.

John Johnson added six points for the Wildcats.

NEXT UP FOR THE BOBCATS: The next game on Betsy Layne's schedule will pit the Bobcats against Magoffin County on Tuesday. Tip-off for the Betsy Layne-Magoffin County game is set for 7:30 p.m.

Last time around, back on Nov. 29, 2005, in what was the season-opener for both teams, visiting Magoffin County beat Betsy Layne 59-47.

**SHELBY VALLEY 69,
BETSY LAYNE 61**

BETSY LAYNE - Kidd 14, D. Case 13, Craft 9, Thacker 8, Stapleton 8, B. Case 5, Whitt 4.
SHELBY VALLEY - Jackson 18, L. Bryant 15, M. Riddle 14, C. Riddle 11, Johnson 6, J. Bryant 5, Justice 2.

Betsy Layne.....6 16 24 15-61
Shelby Valley...18 16 18 17-69



photo by Steve LeMaster
Betsy Layne Coach Brent Rose gave instructions to his team during a timeout Monday night. The Bobcats put together some runs before falling short to Shelby Valley

Piarist dumps David in All 'A' opening round

by STEVE LeMASTER
SPORTS EDITOR

EASTERN - The Piarist School beat the David School for a fifth time this season Monday night, downing the Falcons 65-33 in the latest meeting, a game played as part of the 15th Region All "A" Classic.

Chris Baker connected on nine field goals and led Piarist with a game-high 21 points. Matt Doyle and Josh Ousley were also in double figures for the Knights, scoring 14 and 10 points, respectively.

Piarist sprinted out to a 19-0

lead before David struck for its first points. The Knights carried a sizable 23-2 lead out of the opening period. David never enjoyed a lead and was unable to cut the game's margin into single digits.

Caleb Hoskins just missed double digits in the points department for Piarist, ending the contest with nine points. Jake Moak added six points for the Knights.

David was held to just six points in the third period. The Falcons did most of their scoring in the final period.

Blake Stumbo led David with 10 points. Joe Tiller scored

seven points and Nate Robinson four as the Falcons remained winless.

Paul Mullins scored three points on David's lone successful long-range connection of the game.

T.J. Hollyfield added four points and Matt Hicks one for Piarist in its first-ever 15th Region All "A" victory.

Piarist was back in action in the 15th Region All "A" Classic last night against preseason region favorite Paintsville. Results were unavailable at press time.

PIARIST 65, DAVID 33
PIARIST - Ousley 10, Moak

6, Doyle 14, Baker 21, Hoskins 9, Hollyfield 4, Hicks 1.

DAVID - Mullins 3, Tiller 7, Robinson 5, Wright 4, Stumbo 10, Slone 1, Stephens 3.

Piarist.....23 14 14 14-57
David.....2 10 6 15-33

PIARIST BOYS' BASKETBALL IN FEBRUARY...

Feb. 3 at Pike County Central, 6 p.m.
Feb. 10 at Red Bird, 6 p.m.
Feb. 14 at Phelps, 7:30 p.m.
Feb. 16 Buckhorn, 7:30 p.m.
Feb. 18 Belfry, 7:30 p.m.
Feb. 23 Everts, 6:30 p.m.
Feb. 25 at Riverside Christian, 7:30 p.m.

Garrett Christian splits two games

TIMES STAFF REPORT

GARRETT - The Garrett Christian Academy boys' basketball team split a pair of games last week. On Thursday, Jan. 19, Garrett turned back the host Casey County Hawks. In a home game Saturday, Garrett fell to Mountain Mission, a team from Grundy, Va.

THURSDAY'S GAME - Garrett Christian 63, Casey County 58: The Garrett Christian Warriors traveled to Casey County and after jumping out

and leading 19-9 at the end of the first quarter, beat the host Hawks 63-58.

Garrett went into halftime holding on to a 34-30 lead.

Robbie Vanderpool and Matthew Potter led Garrett Christian with 14 points apiece. Potter recorded a double-double, also pulling down 11 rebounds. Brian Vanderpool tossed in 13 points while Kyle Green added 10. Jordan Garnette had 10 points and Kyle Hamilton tossed in three for the Warriors.

Garrett led 46-43 at the end

of the third quarter.

SATURDAY'S GAME - Mt. Mission 63, Garrett Christian 45: Mt. Mission entered halftime with a slim 25-23 lead before pulling away in the second half.

Matthew Potter led Garrett Christian with 16 points. Kyle Green added 10 points for the Warriors. In other Garrett scoring, Jordan Garnette had eight points, Brian Vanderpool six and Peter Youmans three.

Mt. Mission took a 42-35 lead out of the third period.

Lady Pirates hold off Pike Central

TIMES STAFF REPORT

BELFRY - Host Belfry outscored rival Pike County Central as early as the first quarter Monday night and eventually posted the win over the Lady Hawks. Belfry built its lead in each of the first three quarters and held on late, winning 70-62.

Belfry, which took a four-point lead into halftime, outscored the Lady Hawks 24-16 in the third period.

Brittany Chapman led a bal-

anced Belfry scoring effort with 18 points. Chapman was one of four players in double figures for the Lady Pirates. Jessica Moon followed with 17 points while Shae Deskins added 12 and Brooke Stanley scored 10.

Haley Ratliff led Pike County Central with a game-high 26 points. Kayla Lowe added 10 points for the Lady Hawks.

The win was Belfry's third straight. The setback dealt Pike Central its third straight loss.

BASKETBALL TONIGHT:

Prestonsburg will host Pike County Central tonight in a boys-girls basketball doubleheader.

**BELFRY 70,
PIKE COUNTY CENTRAL 62**
PIKE COUNTY CENTRAL - Ratliff 26, Harris 9, Thompson 1, Coleman 4, Lowe 20, Pennington 2.

BELFRY - Deskins 12, Moon 17, Chapman 18, Johnson 7, Stanley 10, Muncy 4, Thacker 2.

Pike Co.Cent..15 11 16 20-62
Belfry.....16 14 24 16-70

ADAMS SWEEPS:

Blackcats win three over Wesley

TIMES STAFF REPORT

PRESTONSBURG - Host Adams defended its homecourt Tuesday night, winning three games over visiting Wesley.

In the A-team game, Michael Burchett poured in 20 first half points and finished with a game-high 25 to lead Adams to a 53-23 victory. Austin McKinney added eight points for the Blackcats while Tyler Hall, Josh Blackburn and Cody McCoy each scored four. Josh Craynon,

Sherman Hackworth, Nick Conn and Warren Blacked each scored two points to round out the scoring for Adams. Zack Key led Wesley with five points. Brandon Jarrell scored four points for Wesley while Cameron Tincher, Bryan Stratton and Kannon Newsome each had three points. Dalton Meade and Aaron Newsome scored two points each for Wesley and Dylan Meade rounded out the visiting team's scoring with one point.

Warren Blackburn hit the

nets for 11 points to lead Adams to a 27-10 win in the B-team game. Joseph Jamerson, Seth Carter and C.C. Thompson all had four points for the B-team Blackcats.

In C-team action, Joseph Jamerson led Adams to a 25-13 win by scoring a game-high 13 points. Wes Robinson added six points for Adams while Alex Garner, Austin Sloan and Evan Bays each scored two points. Dylan Meade scored seven points and led Wesley.

Wesley School wins two in Bath County

TIMES STAFF REPORT

ALLEN - The Wesley School A-team boys' basketball squad won a pair of games recently on the road in Bath County. Wesley prevailed with wins over both Lakeside Christian and Salt Lick Ele-

ian 29: Cameron Tincher fired in a game-high 15 points as Wesley cruised to a 42-29 win over Lakeside Christian. Tincher had two teammates join him in double figures. Zack Key followed closely with 14 points and Dylan Meade added 10. Bryan Stratton rounded out the Wesley scoring

Cameron Tincher led Wesley with 16 points and teammates Zak Key and Dylan Meade had 12 apiece as the Floyd County school beat Salt Lick 52-40.

Six different Wesley players scored in the win over Salt Lick. Bryan Stratton had six points while Brandon Jarrell added two.



photos by Jamie Howell
RAIDERBALL: Senior Justin Slone defended against Pikeville's Tim Champlin.

South Floyd Coach Barry Hall, pictured talking with his team during a timeout, is looking to lead his squad to a second-straight 15th Region All "A" Classic title.



Kentucky 71, Auburn 62

by JOHN ZENOR
ASSOCIATED PRESS

AUBURN, Ala. — Joe Crawford put Kentucky ahead with his shooting and foul shots, and Rajon Rondo's 1-on-1 skills kept the Wildcats in control. Crawford had 23 points and nine rebounds, Rondo drove for four consecutive baskets once it got close and Kentucky beat Auburn 71-62 Tuesday night for its third consecutive victory. The Wildcats (13-6, 3-2 Southeastern Conference) had a 16-point lead cut to six midway through the second half. Then, they spread the floor to let Rondo go to work and he kept

breezing by Auburn defenders to fuel a 10-0 run that wiped out the Tigers' comeback.

"We like putting the ball in his hands in that situation," Kentucky coach Tubby Smith said.



Joe Crawford

Kentucky has won 21 of the last 22 meetings and continues to roll after ending a three-game losing streak and starting 0-2 in the league.

The Tigers (8-8, 0-5) managed their highest scoring total in an SEC game but remained

winless in the league. The Wildcats snapped out of their funk with hot shooting, hitting 56 percent in their previous two wins. This time they did it with stingy defense and foul shooting.

Crawford was 9-of-11 on free throws and 4-of-6 from 3-point range.

"If my outside shot isn't falling, I adjust and try to take the ball to the basket," he said. "I'm doing a better job of being in the right place on the court."

Rondo finished with 12 points and eight boards as Kentucky's backcourt supplied much of the team's rebounding. Forward Randolph Morris had eight points and no rebounds in 14 minutes, picking up his fourth foul with 9:07 left.

The Wildcats overcame their poor shooting — including 1-of-11 in 3-pointers in the second half — with repeated trips to the line. They were 17-of-24 from the line after halftime as Auburn resorted to fouling to try to slow down Crawford & Co.

"Joe Crawford was outstand-

ing, getting to the free throw line and attacking the basket and making his shots," Smith said.

Quantez Robertson led four double-figure scorers for Auburn with 14 points and five assists. Ronny LeMelle added 13 points, Rasheem Barrett 12 and Frank Tolbert 11 for the Tigers.

"We could never really get it to that point where we made it interesting," Auburn coach Jeff Lebo said.

Rondo made sure it didn't get too "interesting." He started his series of trips to the basket after the Tigers hit three consecutive 3-pointers to cut it to 51-45. Like his defenders, Lebo was helpless to stop him.

"When they get ahead, they can spread it out and put the ball in Rondo's hands, and he can go by anybody," Lebo said. "He made some key plays in the second half

to keep us at arm's length." Kentucky shot just 30 percent from the floor in the second half.

Then Auburn managed just one more field goal over a stretch of nearly seven minutes.

The Wildcats were coming off an 80-78 win over South Carolina on Rondo's 3-pointer with 1.4 seconds left. With Crawford's hot shooting and a stingy defense, the Wildcats didn't need any dramatic shots against the Tigers.

Kentucky pushed its lead to 66-48 with 5:27 left on the final basket of Rondo's spurt.

"They started crowding me," he said. "I knew I could beat my man off the dribble. I wasn't necessarily looking to score, but no one came open so I just laid the ball."

Auburn missed seven consecutive shots during that

stretch but made a late rally to keep the score respectable.

The Wildcats started their win streak at Georgia. The two road wins, Rondo said, "are big for us getting our confidence back."

But Morris has played only 31 minutes the past two games, fouling out against South Carolina.

"We've got to get him a lot more conscious of playing without fouling," Smith said.

The Wildcats did much of their damage with 3-pointers early, hitting six to build a 39-28 halftime lead. Auburn was scoreless over the final three minutes.

The Tigers were just 14-of-24 from the line and committed 12 turnovers in the half.

"We just weren't good enough tonight," Lebo said.

No. 22 Louisville 67, Cincinnati 50

by WILL GRAVES
ASSOCIATED PRESS

LOUISVILLE — Taquan Dean crossed midcourt and screamed. And for the first time in two weeks, it wasn't in pain. Sure the sprained left ankle that kept him out of all but 12 minutes of No. 22 Louisville's last five games hurt, but after knocking down his third straight 3-pointer early in the second half of a 67-50 win over Cincinnati on Wednesday night, it was time to celebrate.

"This is my last year, I don't want to play in the NIT and not even make the Big East tournament," said Dean, who finished with 16 points as the Cardinals snapped a three-game losing streak. "We have to go full throttle."

Louisville (14-5, 2-4) never trailed against its former Conference USA rival, forcing 25 turnovers to breathe some life into its once-foundering season. "We had to have this one," coach Rick Pitino said after the Cardinals got their first Big East home win. "Now we have to sweep the board at home and pull an upset on the road."

Louisville forward Juan Palacios had 19 points and 12 rebounds for his first double-double of the season and the Cardinals frustrated the Bearcats (14-6, 3-3) with an array of defenses.

Louisville would press one possession, play man-to-man the next then switch to a zone. Each one seemed to leave the Bearcats tentative or confused. Cincinnati's 25 turnovers were four more than the Bearcats had in their last three games combined.

"I hate to use the word fear, but they sensed it and took us right out of it," Cincinnati coach Andy Kennedy said. "It's very uncharacteristic of our team."

Dean didn't start but entered the game three minutes in wearing a heavy black brace on his left ankle, which he injured in a win over Providence on Jan. 7.

After some early sluggishness, he drilled a 3-pointer that gave the Cardinals a 13-point lead. But it was a two-minute stretch early in the second half that let his teammates know their captain and unquestioned leader was back.

The Bearcats had cut a 14-point halftime deficit to nine with 16 minutes to play when Dean took over. He knocked down three 3-pointers, all from the top of the key, to give Louisville a 50-30 lead.

Eric Hicks had 15 points and led a career-high with 17 rebounds for the Bearcats, who looked very much like a team playing its third game in six days.

"We knock it down to seven and we're right there, and then with the shot clock running down the best player in the gym makes a 3," Kennedy said. "If it hadn't been for Eric, it would have been even uglier than it was, if that's possible."

The Cardinals built an 18-point lead in the first half as the Bearcats struggled to hold onto the ball. Cincinnati turned it over 10 times in the game's first 10 minutes.

"We didn't come to play, we got what we deserved," Cincinnati guard Devan Downey said. "We threw it all over the gym. It wasn't one person. I wasn't there mentally."

When the Bearcats could get a shot off, they couldn't get it to

go in. Cincinnati shot just 27 percent from the field in the first half. Despite grabbing 11 offensive rebounds in the first half, they were unable to translate the extra chances into extra points.

After shooting a woeful 2-of-20 from 3-point range in a loss to No. 1 Connecticut on Saturday, Dean's return helped the Cardinals knock down five 3-pointers in the first half. Louisville finished 10-of-26 from behind the line.

Palacios, who struggled in Louisville's five previous conference games averaging 8.2 points and 4.8 rebounds, scored 11 points in the first half, playing with the kind of aggressiveness he's lacked for long stretches this season.

Other than Hicks, the Bearcats seemed lifeless. While he was 6-of-11 from the field, the rest of the team went 12-of-49.

"We didn't do nothing," Hicks said. "I didn't think we'd come out and play like this. We got smacked. ... We don't have depth. It's just a bad situation. We all need to play hard. I don't know why we need to play this way."

Union holds off UVa-Wise for 74-64 win

TIMES STAFF REPORT

BARBOURVILLE — Union College recorded a 74-64 Appalachian Athletic Conference men's basketball victory over visiting UVA-Wise thanks to a balanced scoring attack.

Union had three players to score in double figures, but leading scorer Jerrod Gibbons had just 12 points with Kris Mills and Joe Bramlage chipping in 10 apiece. The most-telling stat of the game is in the bench scoring where Union dominated 30-0.

Wise (8-14 overall, 4-9 AAC) kept things close early on, trailing just 13-10 with 10:52 remaining in the first. But a 13-0 run sent Union up 26-10 at the 6:03 mark as it cruised to a 35-19 halftime lead.

Union began the second half on cruise control, maintaining a

double-digit lead. However, Wise caught fire and nailed three consecutive 3-pointers during a 9-2 run to pull within 46-39 with 12:56 to play. Union reclaimed a double-digit margin, but Wise fought back and made it 64-58 following a Zydrunas Rackauskas three-point play at the 4:08 mark. That, though, was as close as Wise could get as Union hit six of seven free throws down the stretch to seal the 74-64 victory.

Wise's Jarred Soles led all scorers with 30 points, while Rackauskas followed with 20. Seth Gibson added 11.

Union (16-7 overall, 10-3 AAC) dominated the boards, outrebounding Wise 37-28. Micah Cavender led the way with nine rebounds to go along with his nine points. Bramlage added seven rebounds.

Study: White men still dominate NCAA leadership ranks

by TRAVIS REED
ASSOCIATED PRESS

ORLANDO, Fla. — When Kansas State needed someone to replace retiring football coach Bill Snyder, the first thing the school decided was who not to exclude.

Wildcat consultants were told to watch for promising black coordinators who may have been overlooked, said Jim Epps, senior associate athletic director. K-State ended up with Virginia offensive coordinator Ron Prince.

That kind of commitment to diversity wasn't so evident at many NCAA Division I-A schools, according to a report released Wednesday by University of Central Florida researchers.

The Institute for Diversity and Ethics in Sport determined that white males still make up an overwhelming majority of leaders at Division I-A programs, from presidents and athletic directors to football coaches and coordinators. Though small improvements have been made in certain areas, whites hold 330 of the 357 campus leadership positions at the 119 schools, according to the report.

"I am rarely surprised on issues of race and gender that the movement is so slow to get more people of color and women in those top positions," study author Richard Lapchick said.

Eighty-one percent (97) of college presidents are white men, even with a 0.8 percent increase from last year in minority presidents. Black men headed four schools (Bowling Green, Indiana, Middle Tennessee State and Ohio), while Latinos led three (Akron, Florida International and New Mex-

ico). Fifteen women, all white, were listed as university presidents.

Charlotte Westerhaus, the NCAA's vice president for diversity inclusion, said the organization recognizes a diversity problem and is doing more to promote qualified minority hires — including the creation of her office last year.

She said an NCAA task force would present recommendations to president Myles Brand within a year to help diversify the coaching and administrative ranks.

"We're not going to pay lip service to this. We're going to get some hard core recommendations that will bring results," she said. "I am optimistic."

Three black men were head football coaches this season (Karl Dorrell at UCLA; Sylvester Croom at Mississippi State; and Tyrone Willingham at Washington), the fewest since the early 90s. However, Prince and Turner Gill's post-season hiring at Buffalo contributed to a 1.7 percent overall increase in minority head football coaches since last year. It also marked the first year two black college coaches were hired.

"We went into the whole process not with the idea that we're going to hire a black coach come hell or high water, but that there have got to be some bright and young black coaches who have good pedigrees and we ought to do ourselves a favor and take a look," Epps said.

Of 241 offensive and defensive coordinators, 212 (88 percent) were white, with 24 black, three Asian and two Latino.

There was a 3.4 percent jump in minority athletic directors over the past year, though 89 percent (106 of 119) of

white, with just 10 black men, three Latino men and five women — all white — holding the job.

All 11 Division I-A conference commissioners are white men.

Lapchick said the NCAA should implement rules like the NFL and Major League Baseball that require teams to interview a minority candidate for each coaching vacancy.

"The goal is to open the process to get the best people in the room and hire the best peo-

ple," Lapchick said. "We feel like once that process is opened up, more African-Americans are going to be hired as presidents, more are going to be hired as athletic directors."

However, Westerhaus said a similar approach wouldn't necessarily work in the NCAA.

"I am confident that the same solutions don't always work for the same problems," she said. "But I will say that the NCAA leadership must become more vigilant and more aggressive in addressing this problem."

Alice Lloyd takes two from Asbury

TIMES STAFF REPORT

PIPPA PASSES — The Alice Lloyd College men's and women's basketball teams both returned to action Tuesday night at the Grady Nutt Arena versus visiting Asbury College. The ALC women's team started the evening with a 63-60. In the nightcap, the ALC men's team blasted its opposition from Asbury, winning 95-79.

WOMEN'S GAME — Alice Lloyd 63, Asbury 60: After going into halftime with a commanding 51-36 lead, Alice Lloyd's women's team held off Asbury in the second half on its way to a 63-60 win.

Betsy Layne High School graduate Whitney Lykens, now an ALC sophomore, led the Lady Eagles with a game-high 23 points. Freshman Kristal Daniels, another BLHS graduate, added 11 points and 15 rebounds for the Lady Eagles. Daniels had the game's only double-double. Jovon Richardson was a third

player in double figures for the Lady Eagles with 10 points.

The Lady Eagles outrebounded Asbury 45-37.

Brittany Abbott, a Clinton County High School product, paced Asbury with 14 points.

MEN'S GAME — Alice Lloyd 95, Asbury 79: All five starters reached double figures scoring as the host Eagles beat Asbury soundly, 95-79.

K.J. Waterman led Alice Lloyd with a game-high 26 points. Allen Central High graduate Shawn Newsome followed with 13 points. Betsy Layne High grad Jeremy Daniels had 12 while teammates Brent Prichard and William Dillard added 11 apiece.

The Eagles won the rebounding battle, outrebounding Asbury 42-28.

Asbury managed just eight offensive rebounds.

Ben Spann led the Asbury men with 23 points. Dusty Riedesel added 12 points in the setback.

Sanders joins UK football staff

TIMES STAFF REPORT

LEXINGTON — Randy Sanders, former offensive coordinator and quarterbacks coach at Tennessee, has been named an assistant coach at Kentucky and will work with the Wildcat quarterbacks, Coach Rich Brooks announced Monday.

"We're fortunate that we are able to get a coach with as much experience with quarterbacks — as well as an offensive coordinator — in the Southeastern Conference to join our staff," Brooks said.

"Randy is much like (current UK offensive line coach) Jimmy Heggins, who spent most of his career at one institution before coming to Kentucky. Jimmy has done such a great job for us and I'm sure Randy will help us in the same way."

Sanders spent 22 seasons as a player and coach at the University of Tennessee, including the last seven as offensive coordinator and quarterbacks coach. He was named offensive coordinator after the 1998 regular season when David Cutcliffe became head coach at Ole Miss. Sanders' first game as offensive coordinator was the 1999 Fiesta Bowl when the Volunteers defeated Florida State for the national championship.

A native of Morristown, Tenn., Sanders was a quarterback on the Tennessee football team from 1984-88. He earned

four varsity letters and was a four-year member of the SEC Academic Honor Roll. He remained with the team as a volunteer assistant coach, helping coach the quarterbacks, in 1989-90 under Coach Johnny Majors.

Sanders was promoted to full-time assistant coach in 1991, working with the wide receivers in 1991-92. New head coach Phillip Fulmer named him running backs coach and recruiting coordinator in 1993. Sanders stayed in those roles, recruiting the players that took Tennessee to the national title, before moving to offensive coordinator and quarterbacks coach following Cutcliffe's departure.

While Sanders was on the Tennessee coaching staff, the Volunteers had a record of 162-46-2 (.776) and won four SEC championships and six Eastern Division crowns in addition to their national title. The Vols played in 16 bowl games, including four Citrus Bowls, three Fiesta Bowls, three Cotton Bowls, two Peach Bowls, and once each in the Sugar, Orange, Hall of Fame, and Gator bowls.

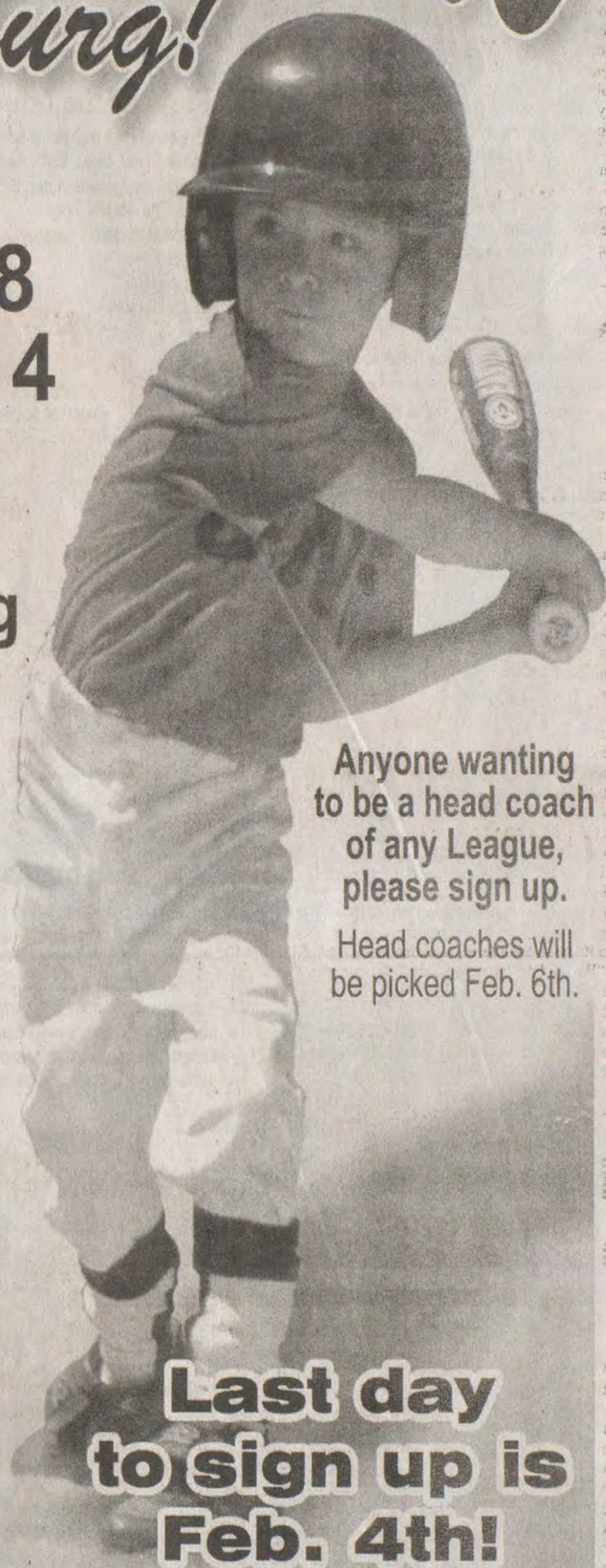
"I'm very excited to join the University of Kentucky," Sanders said. "I've always had great respect for Kentucky and their fans and I've developed great respect for Coach Brooks with what he's doing here. I look forward to working with the quarterbacks and having a successful season."

Paula goble
Photography
530 South Lake Dr
Prestonsburg, Ky. 41653
606.896.1545
Visit: www.paulagoble.com

Baseball is Here in Prestonsburg!



**Sign Up
Sat. Jan. 28
& Sat. Feb. 4
9am-5pm
at the
Prestonsburg
Dairy Queen**



**All Kids must be signed
up on February 4, 2006**

Anyone wanting
to be a head coach of
any League,
please sign up.

Head coaches will
be picked Feb. 6th.

AGE GROUPS

- 5 - 6 Years Old – TeeBall
- 7 - 8 Years Old – Coach Pitch
- 9 - 10 Years Old – Little League
- 11 - 12 Years Old – Major League
- 13 - 14 Years Old – Junior League
- 9 - 14 Years Old – Girl's Softball

**Last day
to sign up is
Feb. 4th!**

*Come out and enjoy
America's Favorite Sport!
More Kids . . . More Fun!!!*

**\$30 for first child in family
\$15 for each additional child**

Please bring copy of Birth Certificate and 3 proofs of address.

World of Wonder

EXPLORING THE REALMS OF HISTORY, SCIENCE, NATURE & TECHNOLOGY

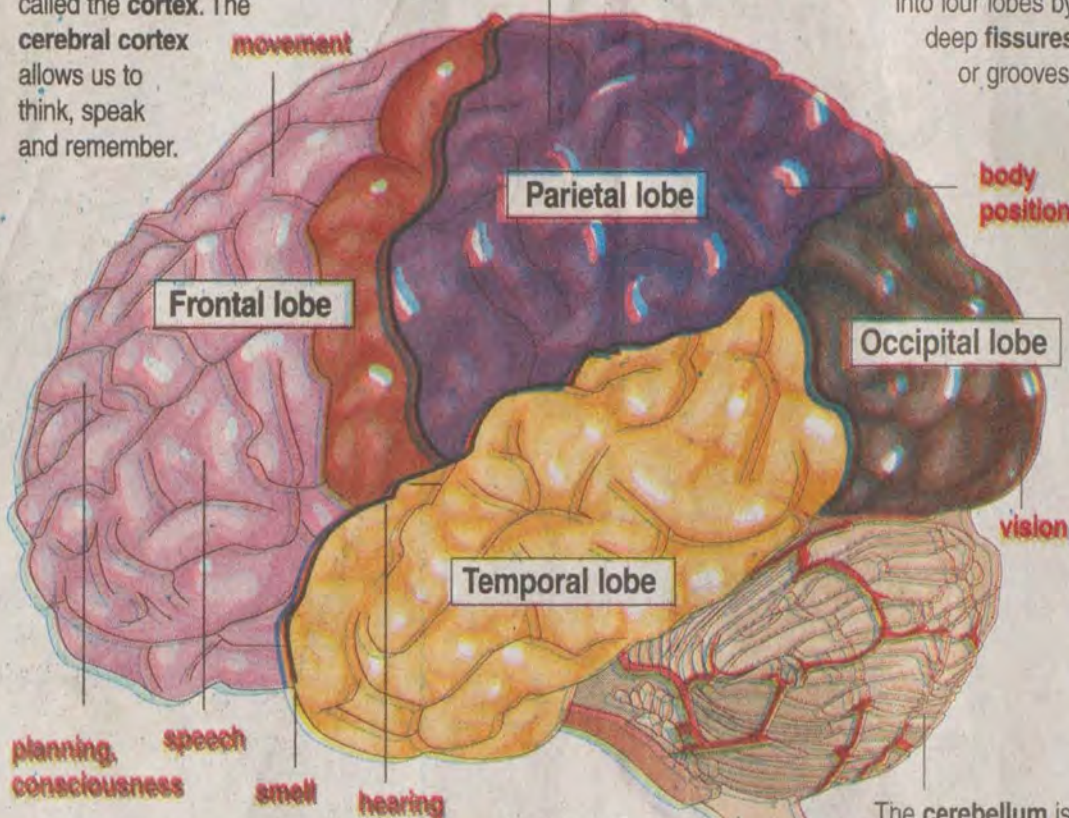
THE BRAIN

The control center of the body is a small, soft, pinkish-gray mass that looks a bit like a walnut made of jello. This complicated collection of cells seems to work a lot like a computer — powered by blood, oxygen and chemicals. But what we don't know about the brain is often just as interesting as what we do know.

Parts of the brain

The **cerebrum** makes up about 85 percent of the human brain. It is covered by folded and grooved layers of nerve cells called the **cortex**. The **cerebral cortex** allows us to think, speak and remember.

The **cerebrum** can be divided into halves; the left and the right hemispheres. Each hemisphere is divided into four lobes by deep **fissures** or grooves.

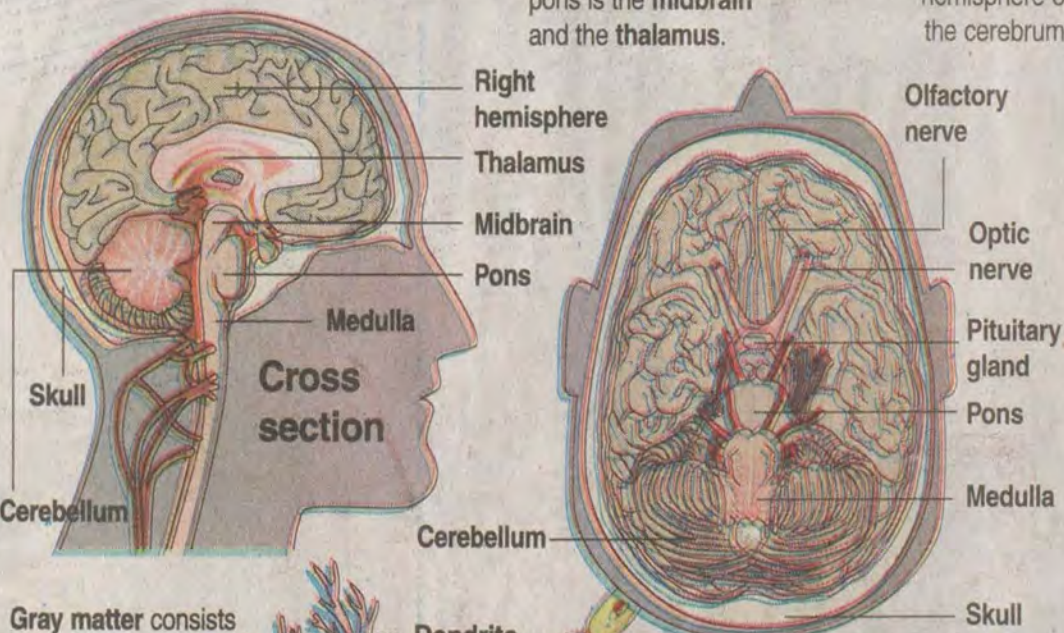


The **brain stem** is the lifeline between the cerebrum and the spinal cord. Located at the bottom of the brain stem is a set of nerves called the **medulla** that control breathing, heartbeat and other essential bodily functions. **Pons** link the brain stem to the cerebrum and cerebellum. Above the pons is the **midbrain** and the **thalamus**.

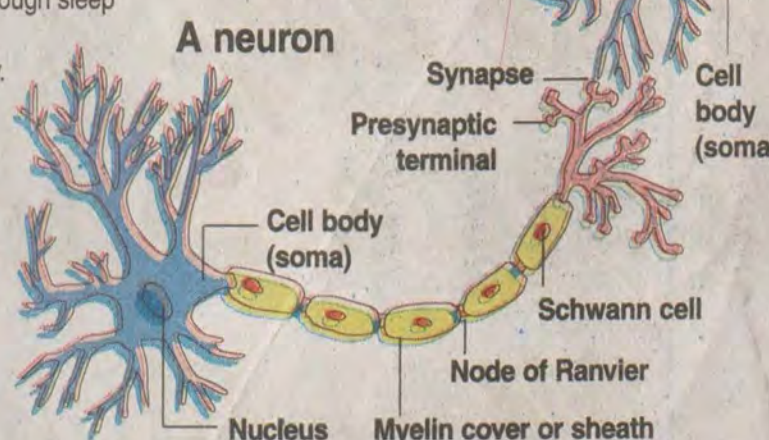
The **cerebellum** is sometimes called "the little brain." It is primarily concerned with balance, posture and movement. It contains a large mass of tightly knit **folia** (nerve cells that look like leaves). The cerebellum is divided into left and right hemispheres. Pathways from the left hemisphere connect with the right hemisphere of the cerebrum.

Does size matter?

The human brain attained its present adult size about 100,000 years ago in Neanderthal man. At birth, the brain weighs less than 1 pound. By age 6, the brain reaches its full weight of about 3 pounds. The adult brain comprises about 2 percent of the body's weight (about 3 lbs.) Despite its small size, the brain uses 20 percent of the body's oxygen and blood supply.



Gray matter consists of cell bodies, dendrites, glia and axons. **White matter** consists of myelinated (coated) axons.



All about neurons

Neurons are nerve cells that transmit chemical and electrical impulses that allow the brain to process information. The signals travel from sensitive fibers called **dendrites**, to the **cell body** and along the **axon**. The impulse is transmitted to the **dendrite** of the next neuron across a tiny gap called a **synapse**. Synapses can be established between one neuron and thousands of other neurons. The brain has about 100 billion neurons. After age 20, neurons die off daily. By the end of a lifetime, the brain has lost about 10 percent of its neurons.

Studying the brain

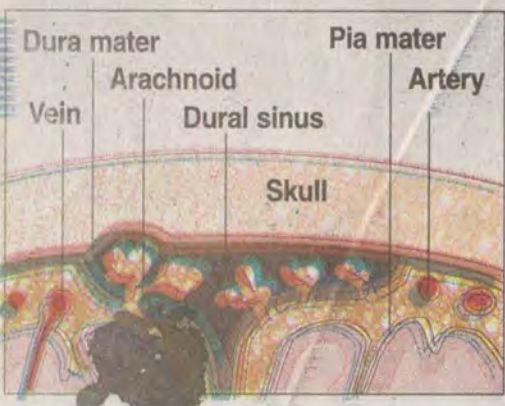
The study of the brain is called neuroscience or neurobiology. This field is making remarkable strides in our understanding of how the brain works. But despite progress, much remains to be learned and discovered.

Safe and sound

The brain is very fragile. When a brain cell dies — is damaged or destroyed — it is almost never replaced. The brain is protected by three distinct layers. It floats in a pool of jelly-like tissue, blood vessels and fluid, that serve as a cushion to absorb shocks. This watery layer is covered by three tough membranes called meninges that also protect the spinal cord. Dura mater is the outermost and strongest of the membranes, followed by the pia mater and the arachnoid. Finally, the skull or cranium protects the brain from external blows.

Just 15 seconds without blood flow results in unconsciousness, four minutes causes serious damage to the brain. Three to five minutes without oxygen will also cause permanent injury.

Drugs or chemicals can also damage the brain. The street drug Ecstasy destroys the neurons that release serotonin and can result in mood swings, troubled thoughts, sleep and motivational difficulties and sometimes death.



Brain development

Before it is born, a baby's brain can grow incredibly quickly. There are periods of time when the brain increases its neurons by 250,000 every minute. When born, the brain has almost all the neurons it will ever have.

Male and female brains

The male brain is slightly larger than the female brain, but this has no impact on intelligence. Men are generally physically larger than women. (Elephants have very big brains, but are not smarter than people.)

However, there are some real differences between the brains of men and women. Studies have shown that most men use only the left cerebral hemisphere for processing language, but that most women use both hemispheres.

The importance of sleep

People spend about 2,920 hours or 122 days out of every year sleeping. We spend almost a third of our lives just sleeping. It may seem like you are doing nothing when you sleep, but that's not true. Your brain is very active during sleep. Scientists don't really know why we need to sleep, but they do know that sleep is essential for our bodies. Getting enough sleep (at least eight hours a day) improves health and memory. Not getting enough sleep causes anxiousness, irritability and an inability to concentrate.

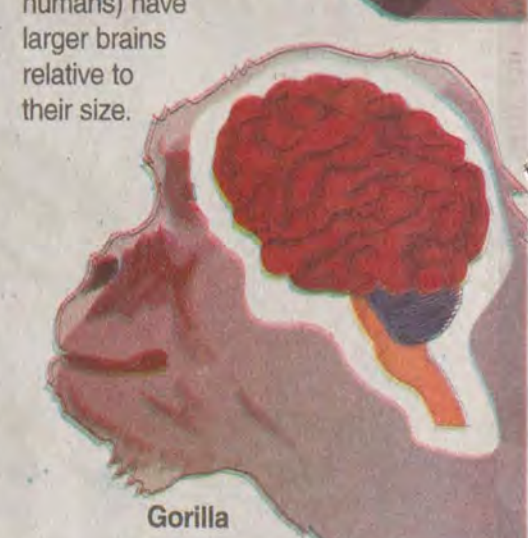
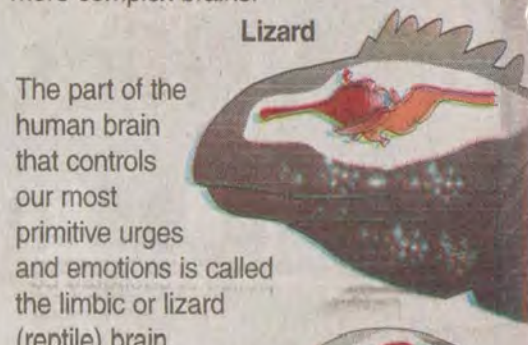
Animal brains

The size of an animal's brain has more to do with how large the animal is, not how intelligent it is. Brain weight compared to body weight is a better indicator of intelligence.

Most **invertebrates** (animals without backbones) do not have complex brains. They use groups of nerve cells called **ganglia** to control their bodies. An earthworm has two pairs of ganglia and an insect has three pairs. The **octopus** has the most complex brain of all invertebrates.

All **vertebrates** (animals with backbones) have well-developed brains which have evolved through time. In primitive vertebrates, the midbrain or **cerebellum** is generally larger than the forebrain or **cerebrum**. The more advanced the brain, the larger the cerebrum. The cerebrum of birds is larger than those of fish, amphibians and reptiles. The most complex brains belong to mammals. Whales and dolphins have highly-developed brains. The brains of apes are more like human brains than any other animal.

The illustrations below show how the brains in a variety of animals have developed. The red part of the brain is the cerebrum, the blue is the cerebellum and the orange is the brain stem.



SOURCES: World Book Encyclopedia, World Book Inc.; Encyclopedia Americana, Grolier; Color Atlas of Anatomy, Williams & Wilkins; The Anatomy Coloring Book, Harper Collins; MSN Encarta; Neuroscience for Kids

© 2006 Triefeldt Studios, Inc. Distributed by United Feature Syndicate, Inc.

LEARN ALL ABOUT GUITARS IN THE NEXT INSTALLMENT OF **WORLD OF WONDER**
For a list of upcoming topics, go to www.comics.com/WoW

SPONSORED BY CITY OF MARTIN

Home of

Red, White and Blue Days Festival

October 13, 14, & 15, 2005

Thomasine Robinson, Mayor • Councilmembers - Debi Bentley, Mark Judd, Charles Justice, Eulene Ratliff, Mike Robinson and Mahendra Varia



Features Editor
Kathy Prater
Phone: (606) 886-8506
Fax: (606) 886-3603

Members:
Associated Press
Kentucky Press Association
National Newspaper Association

FLOYD COUNTY Lifestyles

C



SCHOOLNEWS

- Betsy L. Elem. • page C2
- Clark Elementary • page C2
- Duff Elementary • page C2

INSIDESTUFF

- Pageants • page C2
- Class of '55 • page C3
- Classifieds • page C5

FAMILY MEDICINE

Doctor may have non-hormone treatment for reader's hot flashes
— Page C3

www.floydcountytimes.com

"The BEST source for local and regional society news"

Email: features@floydcountytimes.com

THROUGH MY EYES

Grounded - but learning to FLY

by Kathi, J. Prater
FEATURES EDITOR



Kathi Prater
Lifestyles editor

My friend Bonnie started talking to me about "CHAOS" and "FLYing" and "SHE's" and "body clutter" about a year ago. At first, I hadn't a clue what she was talking about. Then she gave me a book entitled "Sink Reflections" by Marla Cilley, aka Flylady.

This is where I learned that CHAOS was an acronym for "Can't Have Anyone Over Syndrome"; and that SHE stood for "Sidetracked Home Executive; that FLYing was learning about how to "Finally Love Yourself"; and that body clutter is just another term for the excess weight so many of us now carry due to our stress-filled and anxiety-ridden lifestyles.

Although I now completely and fully understand each and every one of these terms, along

(See EYES, page two)

POSTSCRIPT

So, what are you afraid of?

A couple of weeks ago, we had our first Friday the 13th of 2006. The only other one I see is in October for this year.

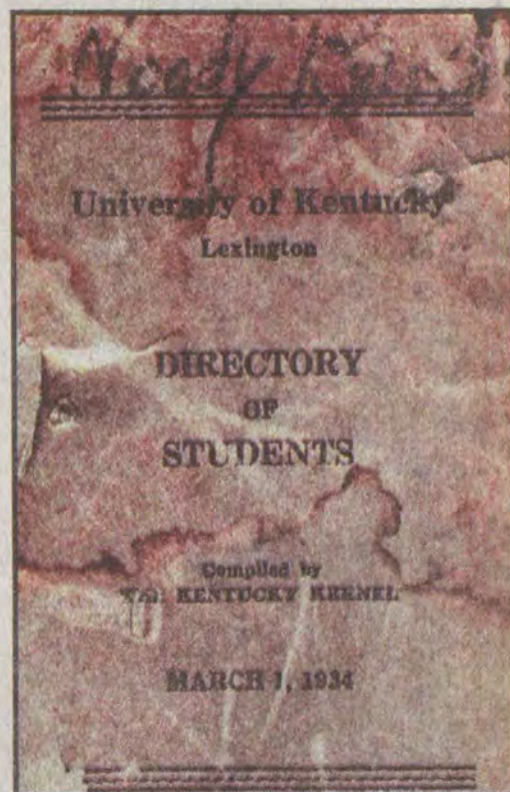
The date always brings to mind the subject of superstitions, fears and such. Some folks fear the number 13, especially when it falls on a Friday.

Others just avoid 13 in every aspect. Typically, tall buildings don't even have a 13th floor; the numbers go from 12 to 14. But, that appears to be self-deluding, since the 14th floor is, in reality, the 13th.

Then, many of us don't let it phase us in the least.

But, chances are, we all have some sort of fear or fears. They come from experience, from tales we picked up from our families, or from no particular place other than our own mysterious soul.

(See POSTSCRIPT, page two)



"The Sage of Cow Creek" in later years (left) and (to the right, top to bottom): On the porch of the fraternity house in which he lived during his law school days in Lexington at which time he was the editor of the school's newspaper; a photo of "Woody's" student directory, dated March, 1934; and standing, front row, second from right, in a group of his fraternity brothers - Mr. Burchett penned the words, "Pretty shabby crowd" underneath this photo in his memory book.

More legal advice: For lawyer's only (?)

by Woodrow Burchett with Sarah B. Allen and William H. McCann, Jr.

Introduction

Woodrow Burchett (1911-1995) was born on Cow Creek, in Floyd County. By profession he was first a teacher, later a lawyer. Eventually he served three terms as county attorney of Floyd County, served on the Kentucky Public Service Commission and the Kentucky Harness Racing Commission. He is, perhaps, best known for his stories and the homespun wisdom that caused him to become, as many knew him later in his life, "The Sage of Cow Creek."

In Wednesday's edition, we shared two speeches given by Mr. Burchett; one to a fledgling law class and the second to a group of constituents attending a continuing education seminar on legal ethics.

This third speech that we share today was most likely given at a Prestonsburg Kiwanis meeting where, as "The Sage of Cow Creek" for more than 40 years, Mr. Burchett made annual, tongue-in-cheek, prognostications about the coming year. There are no dates attached to any of the three

speeches.

The interesting thing about these speeches is that they contain a few of the stories that previously appeared in other articles that we have published. They are included here once again because they have been used by Mr. Burchett as ways to make serious points with humor. Also, you might notice that the written version of these stories is not quite the same as the oral historical versions previously published, which is a nice illustration of why oral historians like to transcribe interviews verbatim. The personality of the story teller comes through more clearly in the historical interview than the more formal environment of the formal speech.

And now, please enjoy.

Points of controversy

The areas of controversy are procedural and not substantive. These appear to be the areas in which our rules digress from the ABA (American Bar Association) recommendations.

■ In Kentucky, lawyers are not required by the rules to "blow the whistle" on another lawyer for

violating the rules of professional conduct. It is one of 3 states not so requiring lawyers to "squeal." Judges, however, are required to "blow the whistle."

■ Disciplinary boards regulating lawyers are composed entirely of lawyers. Boards that regulate doctors, engineers, and practically all other business men and professionals, have laymen on their boards. Are lawyers special?

■ Disciplinary proceedings against lawyers stand alone as being closed to public scrutiny. When an indictment is made against an individual, the media picks it up and fans it. Investigations without accusations are aired to the public. Doctors and other professional people are not afforded this immunity. If you have followed the news you will note this has become a hot topic, and the protection from the public scrutiny may be about to end.

Advertising

[Kentucky] Supreme Court rule 3.135 deals with advertising. There has never been any prohibi-

(See LEGAL, page three)

FLYLADY

What's in a shining sink? A reflecting smile

by Marla Cilley

When you first come to FlyLady.net you may be shocked to hear what the initial task is! "Go shine your sink!"

"How is that going to help me get my whole house in order?," you ask.

Right now you are probably feeling a bit overwhelmed, but I promise this is going to help you get out of the CHAOS (Can't Have Anyone Over Syndrome) that you have been living in for such a long time. It all starts with that shining sink.

When I set out to get my act together in 1999, I didn't know where to start, either. This is why I just picked my sink.

I was tired of beating myself up over the way I kept our home looking. At this point, I knew what I had been doing would not work for very long. It was because I would go gung-ho for a week or two, then I would crash and burn. There was no rhythm to my method. I was forcing myself to adhere to a new set of rules, and I felt confined by the sheer number of them. I knew the system I had always used was not going to work again. This is when I started to rethink how I treated myself and about the guilt trips I would force on me. This was not working, and I was so beaten down.

Right then and there, I decided I would be nice to myself by only requir-

ing that I do one small thing each day. I needed to establish a habit. I had plenty of habits, but they were not effective ones for taking care of me or our home. I picked keeping my sink clean and shiny for a whole month. It was just that simple!

What is in that shiny sink, anyway? When you walk into your kitchen in the morning and find you are confronted with yesterday's dirty dishes, you just want to go crawl back into bed and pull the covers over your head. Along with these dishes are hurtful feelings because no one is helping you. Not only do you have to get these out of way to start another meal but you are beating your-

self up, because you let them go. That nasty water is just a reflection of how you feel when you face a sink full of yesterday's dirty dishes.

Now on the other hand, when you are greeted with a shiny sink, all these bad feelings are gone and for the first time you can see a reflection of you. This is why I named my book "Sink Reflections." That shiny sink brings a smile to your face. You deserve to smile. The guilt has vanished because you are standing in a kitchen with no roadblocks to begin your day. That is a great feeling, and that is what a brand new day is all about!

The goal is to keep that sink clean and shiny for a month. If we miss a day; we

(See FLYLADY, page two)



FlyLady

Continued from p1

just jump back in and don't beat ourselves up over it. We know that it will only take a minute to get it back to its shiny self. When you are shining your sink you are really just putting a little shine into your day and a smile on your face.

That shiny sink is contagious to the rest of the kitchen; just like your happiness and sadness is infectious to your family. The dishwasher has to be emptied because you need a place to put the dirty dishes. That dirty dish disposal unit helps to clear off your counter tops: when a sink is that shiny,

the counters just have to be cleaned, too. Then comes the stove. Now, the point of your habit was just to keep the sink clean and shiny but that shine is working its way around the heart of your home! The best part is that shiny sink is giving you confidence that you can do something and stick with it. Your shiny sink is a reflection of you! Enjoy the process and go shine your sink!

Marla Cilley, a.k.a. FlyLady, is the author of Sink Reflections (Bantam Books Trade Paperback). For more help, please go to: www.FlyLady.net. © 2006.

Postscript

Continued from p1

I saw an article on the Internet about fears and printed it out to ponder. According to the article, there are almost as many phobias as there are nouns. Whatever you fear, just attach the Greek prefix to "phobia" and you've identified it.

For instance, here are the five most common fears and their technical names:

- Fear of snakes, ophidiophobia.
- Fear of giving a speech, glossophobia.
- Fear of heights, acrophobia.
- Fear of rodents, musophobia.
- Fear of flying, aviophobia.

Does one of those fit you? If not, here are some more to mull over: Papaphobia, fear of the pope.

- Scorodophobia, fear of garlic.
- Pteronophobia, fear of being tickled with feathers.
- Ranidaphobia, fear of frogs.
- Philematophobia, fear of kissing.
- Aulophobia, fear of flutes.

- Ostracophobia, fear of shellfish.
- Graphophobia, fear of handwriting.
- Hippopotomonstrosesquippedaliophobia, fear of long words.
- Blennophobia, fear of slime.
- Gerontophobia, fear of old people.

- Peladophobia, fear of bald people.
- Geropeladophobia, fear of old, bald people.
- Didaskaleinophobia, fear of going to school.
- Barophobia, fear of gravity.
- Phobophobia, fear of developing a fear.

There's no reason to be ashamed of your fears. Some very famous people have had or do have strong fears. Although he produced some terrifically scary films, Alfred Hitchcock, we're told, was afraid of eggs.

Author Anne Rice, who's made a fortune from books about death and fear, is afraid of the dark.

One of my favorite singers, Lyle Lovett, who personifies the Texas cowboy musician, is afraid of cows. The article says he comes by the fear honestly, since he was trampled by a bull a couple of years ago.

Then, there's Donald Trump, the multi-married, hair-challenged, oft-bankrupt millionaire, who is afraid of shaking hands. (Who'd want to shake his hand anyway?)

On the plus side, psychologists say fear is in our genes, going back to our primitive ancestors. Fear, in most cases, is actually a good thing. It can keep us out of a heap of trouble and may even save our lives.

Who knew?

Eyes

with the ideas centered behind them, I am sad to report that I am still struggling to incorporate the principles behind them into my daily life.

My house rests forever in a constant and seemingly unending state of "chaos" (hmm, is it possible to "rest" if in "chaos"?). Meaning that I can never, ever, invite anyone over to visit. If I do, then I run the risk of their eyes landing first on one of several "hotspots" throughout the place. "Hotspots," according to Cilley, are those places in your home easily identified as "clutter magnets." You know the spots - kitchen counters, the dining room table, etc. - those places in which your family tends to deposit their clutter as they enter your home.

In our home, a hotspot hits you dead in the eyes soon as you walk through the front door and lay eyes on the hallway table - filled at the moment with an unwrapped Christmas present that was placed back into the box in which it arrived, two boxes of brand-new, unused Hallmark Christmas cards (purchased after Christmas, folks - my house may be unorganized, but hey, I'm still thrifty), a religious statue (one of the only things that is supposed to be there), a pair of shoes (didn't want the chihuahua to dine on them), and a stack of framed photographs, lying one upon the other (also supposed to be there, only upright, not lying down - I had to move them when the carpet was cleaned in December and I put them back stacked one upon the other rather than taking the time to sit them upright and there they have lain ever since).

Head straight down the hallway and into the kitchen and your eyes may bulge in terror as they land upon my kitchen counter filled with magazines, mail, newsletters, books, a stack of CD's and DVD's, a couple of

dish gardens recently received and not yet blessed with a permanent home, yet another Christmas present - this one unwrapped and placed upright in order to keep it clean and spotless - some loose change, a pile of brown Taco Bell napkins, my daughter's "favorite" childhood book - recently discovered tucked away in a box of family photos, a couple of Sunday School manuals (or it could be more like three or four?), a pair of flannel pajamas that my sister gave me for Christmas (still in the package), a small candelabra (supposed to be there, but now looking so out of place that I've thought recently about moving it, rather than the assortment of junk surrounding it), an empty shoebox (remember the shoes on the hallway table?), a pile of unmatched socks, a couple of packages of unopened pantyhose, and, I think, a few stray pieces of jewelry. As you may have gathered, I have an ample amount of kitchen counter space - too bad it doesn't come in useful when I'm actually cooking...

Should your eyes now happen to rest upon the tip-top of the microwave sitting near the end of the counter, you will see a tray filled with an assortment of earrings, necklaces, rings, brooches and pins, etc. Why I ever started to deposit the contents of my jewelry box on top of this microwave is beyond me - but, believe it or not, if I decide to wear earrings, a rare decision, I go first to the microwave...

Glancing over top the kitchen counter - that is, if you happen to be tall enough that your gaze will clear the clutter - your by now poor sore eyes will come to rest upon our dining table. At this

point, that scream you've been politely holding back will remain unleashed no longer as you take in a laundry basket filled with who knows what 'cause it's been in there too long to remember, about five piles of whatever most recently emerged from the dryer, a rather large box filled with family photographs and mementos, two of my makeup cases, a bottle of green, mint-tinged alcohol, a pillow, and, most likely, at least one cat (I have two).

And we still haven't touched upon the fireplace hearth, the laundry room shelving, the bathroom, or, horror of horrors, my teenager's bedrooms.

Yep, my friend Bonnie was

right. I need FlyLady's sage advice. I'm aware, I'm taking babysteps (which means I'm a "baby fly" or something - I could look it up to be sure, but you know, that takes time and I'm always on the "fly" for a shortcut. Besides, you get my drift, don'tcha?).

Anywho, hope you're enjoying our new columns, FlyLady and Dinner Diva. These ladies are trying to help us, so let's read on and keep our fingers crossed (and in the meantime, don't stop praying for those miracles!).

See ya next week when I'll be FLYing back in with more of my tangled thoughts!

Buh-bye!

Pageants



Baby 'Heavenly Beauty'

Emily Roberta Johnson competed in the 2005 "Heavenly Beauty" pageant, held November 5. "Emmy" was crowned "Baby Miss Heavenly Beauty Winner," and was also awarded the titles "Photogenic Winner," "Prettiest Dress," and "Prettiest Smile." She is the daughter of Susan Stephens, of Martin.

Editor's Notice: The Floyd County Times is happy to announce your engagement, new marriage,

new baby, birthday or family reunion free of charge.

However, space is limited and we can offer no guarantee of the exact day your announcement will run. Readers may opt to purchase ad space if these conditions are not satisfactory.

With the purchase of a paid ad, run date, size and placement may be guaranteed.

School Happenings

Adams Middle School Youth Services Center

Adams Middle School Youth Services Center is open each weekday from 8 a.m. to 4 p.m. The center offers services to all families regardless of income. For more information about any of the activities or services of the center, please contact the center at 886-1297. The center is now located in the 7th grade wing of the school. Center Coordinator - Michelle Keathley.

Allen Central Middle School

Turn in your Food City receipts to your homeroom teacher!

The ACMS Youth Service Center is open each day from 8:00 a.m. to 3:00 p.m., or later by appointment. For more information about the center, call LaDonna Patton, coordinator, at 358-0134.

Allen Elementary and Family Resource Youth Service Center

Call Allen Elementary Youth Service Center at 874-0621 to schedule your child's Hepatitis B vaccination, immunizations, and WIC appointments.

Betsy Layne Elementary

The Betsy Layne Elementary Family Resource Youth Service Center is located in the 500 building of the campus. The goal of the FRYSC is to meet the needs of all children and their families who reside in the community or neighborhood by the school in which the center is located. For further information, please contact the center at 478-5550 or 478-9751, ext. 310.

Brian H. Akers, Center Coordinator; Charlotte Rogers, Program Assistant II; Debra Hayes, School Nurse.

Clark Elementary

A nurse from the Floyd County Health Dept. is in the center weekly and sees WIC patients, does well-child exams (birth-18 years), and gives immunizations.

The Clark Elementary Family Resource Center provides services for

all families regardless of income. We are located in the Adams Middle School building.

Duff Elementary

**School is collecting Food City receipts! Receipts must be dated Sept. 11, 2005 to March 11, 2006. Top three school winners will receive a gift. In anyone in the community would like to donate their receipts, they may mail them to: Duff Elementary, P.O. Box 129, Eastern, KY 41622; may also drop receipts off in school front office.

Floyd County Health Dept. is on site three days per month. Services include 6th grade school entry physical; kindergarten, Head Start and well-child physicals (age birth to 18 years); T.B. skin test; T.D. boosters; and WIC services. Please call 358-9878 for appointment if you are in need of any of these services.

The J.A. Duff Elementary Family Resource Center provides services for all families regardless of income. We are located in the tan metal building at the rear of the school. Contact persons are Judy Handshoe, coordinator, and Ruby Bailey, assistant.

May Valley Elementary

Parent Lending Library is available to parents for video check-outs. A variety of topics are available.

Floyd County Health Dept. nurse at school every Wednesday. Services include Head Start physicals, kindergarten physicals, 6th grade physicals, well-child physicals, immunizations, TB skin test, WIC program, blood pressure checks, and more. Must call the FRC at 285-0321 for an appointment.

McDowell Elementary and Family Resource Center

Floyd County Health Department Nurse Joy Moore, is at the center each Monday to administer immunizations, T.B. skin tests, well-child exams, WIC, prenatal and post-partum services, and school physicals. Call 377-2678 for an appointment.

Mountain Christian Academy Mountain Christian Academy is a non-denominational Christian school.

Now accepting applications for enrollment for Kindergarten for the 2005-06 school year. Call 285-5141 for more information.

Prestonsburg Elementary and Family Resource Center

The Family Resource Center is open weekdays 8 a.m.-4 p.m., and later by appointment. Office provides services for all families, regardless of income.

After School Child Care, 3-6 p.m., school days.

Call 886-7088 for additional information regarding the Prestonsburg Elementary Family Resource Center or its programs.

Prestonsburg High School

Feb. 7 - April Graham, KHEAA Outreach Coordinator, will be in the PHS Media Center, at 6 p.m., to conduct a workshop on the topic of financial aid (FAFSA completion) and accessing KEES funds. Other relevant topics will be discussed as well. Refreshments provided. Call Ms. DeRossett, PHS Guidance Counselor, for more info.

South Floyd Youth Services Center

Floyd County Substance Abuse Counselor will be on the South Floyd campus each Tuesday. If you need to contact the counselor, please call the Youth Service Center.

Parent volunteer training will be conducted throughout the school year. Watch for dates to be announced. If you need training, call to set up an appointment.

School will be participating in the Food City "Apples for Students" program, please save your receipts.

Committee sign-ups may be done through the Youth Services Center office.

Walking track open to public (track closed during special events).

The center has a one-stop career

station satellite that is available to the community as well as students.

Anyone interested in Adult Ed may contact the center for information.

All new students and visitors, stop by the Center, located on the South Floyd campus, Room 232, and see Mable Hall. Open 8 a.m. to 4 p.m., Mon. thru Fri.

For more information call 452-9600 or 9607 and ask for Mable Hall, ext. 243, or Keith Smallwood, ext. 242.

Stumbo Elementary/Mud Creek Family Resource Center

FRC monthly Advisory Council meetings will be held the first Wednesday of each month, at 4 p.m. Call for more info.

Lost & Found located in Family Resource Center.

Resource Center hours are 8:00 a.m. to 4:00 p.m. Parents and community members are welcome to visit. For questions, call 587-2233 - ask for Tristian Parsons, Center Coordinator, or Anita Tackett, Assistant.

The Piarist School

School is participating in Food City's "Apples for Students" program this year. This school/community partnership awards educational equipment to schools that accumulate store register tapes. In past years, this program has awarded more than \$250 million in needed classroom learning tools FREE to participating schools. The Piarist School urges all parents and community members to support this invaluable program by sending their Food City register tapes to the school with their children, or by dropping them off at the school office. Register tapes will be collected until March 11, 2006. For more information, contact Audrey Collins at 285-3950.

W.D. Osborne "Rainbow Junction" Family Resource Center

Monday's, 6 p.m. - School and resource center will host a Family Literacy program. We will read and study about different cultures/themes and

then work on a related craft/activity. Refreshments will be served. Call the resource center to sign up.

Wednesday's and Thursday's, 8:00 a.m. to 12:00 p.m., GED classes, in the Weeksbury Community Center. Classes are FREE.

Lost & Found: Located in the FRC. Items not claimed within two weeks become the property of the resource center.

If you would like more information on the programs and services offered by the FRC, please call or come by for a visit. Center is located in the main building at W.D. Osborne Elementary. Center hours are: Mon. thru Fri., 8 a.m. to 4:30 p.m. Telephone: 452-4553; ask to speak with Cissy Williams (coordinator) or Karen Williams (clerk). You may also leave a message and we will return your call.

Wesley Christian School

Wesley Christian Daycare and Infant/Toddler Care accepts infants and toddlers up to 2 years and Preschool age 2-4. Daycare hours: 7 a.m. to 5:30 p.m., Monday thru Friday.

For additional information, call 874-8328. Summer office hours: 9 a.m. to 1 p.m.

Be an Angel.

Become a Kentucky organ & tissue donor. For information contact: 1-800-525-3456, or www.trustforlife.org PSA



Family Medicine

OHIO UNIVERSITY
College of Osteopathic Medicine

Martha A. Simpson, D.O., M.B.A.
*Associate Professor
of Family Medicine*

Doctor may have non-hormone treatment for reader's hot flashes

Question: Are there any new medications or supplements that are available for the hot flashes of menopause? I don't want to take hormones, but I need something to help me get through this.

Answer: Vasomotor symptoms of menopause — hot flashes — affect about 85 percent of all women in what doctor's call the perimenopausal period. This is the phase before menopause actually takes place, when ovarian hormone production is declining and fluctuating, causing a host of symptoms. It usually

occurs three or four years before menopause, but can start as early as 10 to 15 years prior to menopause.

Whenever the vasomotor symptoms of perimenopause begin, they typically last for several years. The symptoms usually consist of flushing and an unexpected feeling of warmth or heat that moves up toward the head, frequently associated with sweating. While generally only lasting a few minutes, such hot flashes can cause significant sleep deprivation if they occur frequently during the night.

Hot flashes can also be associated with palpitations and dizziness. For many women, using estrogen supplementation to lessen these events is not

an option. The good news is that there is ongoing research into non-hormonal treatments. Here are a few tips that you can try on your own and a couple of things you may want to discuss with your physician.

Early research found that exercise lessened hot flashes, but some more recent studies provide evidence that this may not be true. Some women have found that practicing yoga, as well as various forms of meditation, can be quite helpful.

Caffeine, alcohol, nicotine and spicy food can make hot flashes worse. You should avoid these things. Niacin, Vitamin B-3, should also be avoided — it can cause flushing even in those who are not menopausal.

Some non-hormone based medications are being used to lessen hot flashes. All are showing some promise, but not in everyone. One that has seen some success is venlafaxine (Effexor). This medication is classified as a selective serotonin reuptake inhibitor

(SSRI). You may have heard of SSRIs as a treatment for depression. Why they help some women with menopausal symptoms is still not understood. Other drugs in this class are also being studied; these include paroxetine (Paxil) and sertraline (Zoloft). An older blood pressure medication called Aldomet is also being

investigated as is the clonidine patch — used for blood pressure as well as smoking cessation. These drugs are all commonly prescribed medications, but this doesn't mean your physician should necessarily prescribe them for you. He or she will need to review your personal medical history and your current symptom pattern before deciding if any of them should be tried as a treatment for your menopausal symptoms.

A small study has recently been done using an antihistamine called cetirizine (Zyrtec) to decrease vasomotor symptoms. It has yielded some promising results, but more research will be needed before most physicians

will feel comfortable using this medication for the treatment of hot flashes.

Herbal and over-the-counter products like Vitamin B, Vitamin E, evening primrose oil, and certain soy proteins may have some benefit in some women. However, I caution you not to try any supplement to treat yourself without first having an in-depth discussion with your physician.

Family Medicine® is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., at Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicineneeds.org. Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions. Past columns are available online at: www.familymedicineneeds.org.

Legal

bition against professional cards, telephone directories, letters, signs 4 inches in height on or near an office. Advertising in the public media must be submitted to an approval by the commission.

About a century ago, a man named Milton Hershey made the first chocolate bar. For many years, and even now, chocolate bars are referred to as Hershey bars. The town of Hershey, Pennsylvania grew up around his chocolate candy factory. He did not publicly advertise and took the position that his satisfied customers were the only advertising he needed. His candy bar is still no. 1.

Does it bother you when you hear a lot about the victim of an accident or disaster being flooded with letters from lawyers seeking employment? When I hear on the radio or see on T.V., "Is your wife giving your girlfriend trouble?" or "Are your creditors hounding you?" and "Are you having money problems? Is the I.R.S. on your back? Then call Ketchum, Holdem, and Skinnem."

You know what I think - Here is a lawyer that needs business and does not have enough satisfied clients to recommend him.

I have made some observations of disbarment proceedings in our courts. I don't think I have ever found a case where a lawyer was disbarred for not knowing the rules, but always for his greed or indifference.

Lawyers may all go to the same school, study the same books, and read the same rules of professional conduct. One will tell the truth if it hangs his Grandma and keep his agreement if it takes his hide. The other is such a liar and so sleazy that he would have to hire somebody to call his dogs. What makes the difference? The difference lies in the choices they have made in their lifestyles.

The courts require high degrees of character and integrity in those seeking to study the law. A rigorous course of study and exhaustive examination must be completed. For one to be worthy of

the practice of law, he must have a good character upon entering the profession and must maintain such character all through his professional life.

A lawyer is a lawyer, 24 hours a day, 365 days a year. He must maintain that standard of moral character and personal integrity every hour of every day, wherever he is in or out of his office or courtroom.

There is no way to regulate character, morals, or integrity by legislative or judicial fiat! That depends entirely upon the professional choices of the individual lawyer.

I don't want to sound like Jeremiah, the weeping prophet of old, but we need to take stock of ourselves before we leave a greater problem.

I am old enough to give good advice and too old to set a bad example.

My observation over the years has been that a lawyer's success is directly proportionate to the personal life he lives and his contribution to the society that sustains him. His political and professional life will even up with his private and personal life. Everyone in this room knows people who could have been President of the United States, held high positions in Congress, the sports world, and even [their own] home except for the sleazy personal lives they lived.

Think about it and look around. You can go from class to trash in your personal life in 30 days or 30 minutes, but it may take 30 years to go from trash back to class.

The practice of law is, in many respects, like an athletic arena. It is always [one that is] adversarial, competitive, and a battle of wits. You win some, you lose some. It is sporting, it is exciting, and it is fun.

I want to close these remarks with a quotation from the late sports writer

Grantland Rice.

"When the one great scorer comes to write against your name, He marks not that you won or lost, But how you played the game."

A Needling Tribute to Lawyers

According to custom, we (Kiwanians) pay needling tribute to a profession. This year, it is the lawyers. Lawyers are like a pair of shears. They cut what comes between them, but never each other. Ordinarily, a community should have about the same number of doctors and lawyers.

T.V. shows have overloaded Floyd County with lawyers.

A defendant was on trial regarding his mental capacity. The lawyer asked him if he knew the sheriff.

He answered, "Yes, I voted for him, but he has turned out to be an outlaw [who] lets outlaws take over our county."

"Do you know the lawyer on the other side of this case?" he was also asked.

"Yes," he replied, "he's a poker playing, whiskey drinking, woman chasing evil old man."

At that point, the Judge in the case called both the lawyers to the bench and said, "If you ask that man if he knows me, I'll put you both in jail."

Lawyers presume and others assume that the slightest acquaintance with the revised statutes fits a man for any kind of undertaking, whether it be commanding armies, constructing canals or administering the affairs of government. Then, too, every lawyer at some time hopes to become a Judge, and I have heard it said that some lawyers hope that, at some time, some judges will become lawyers.

We have two classes of lawyers at our bar — some were born here and never had an opportunity to get away. Others came here by force of circumstances, or were forced by circumstances to leave somewhere else. Some thought they saw an opening at the top, which opening is still visible and unoccupied.

We probably have the best known bar in the state. This is evidenced by the fact that there have been hundreds of meetings, seminars, discussions and classes on all facets of the law, and so well, and generally and thoroughly known was this bar that not a single member has ever been asked or permitted to talk anywhere, at anytime, on any subject.

A jury consists of 12 persons chosen to decide which side has the best lawyer.

A new jury in a seduction case — made the following verdict: "The jury don't think he done it, for we don't allow he was there, but we think he would have done it if he had been there."

A young lady wanted a divorce on the grounds that her husband had been unfaithful. "What makes you think so," she was asked.

"I don't think he is the father of my child," she answered.

A young woman who had accused a man of making an improper advance to her was embarrassed to tell what the man had said to her from the witness stand. She was permitted to write it on a piece of paper and pass it to the jury. Each juror read it and passed it to the next juror. An attractive female juror read it and attempted to pass it to the man on her right, but found he was

asleep. She nudged him awake and then handed him the slip of paper. He read the note, smiled at her, nodded and put the note in his pocket.

A woman had just won a verdict for \$500,000 for an injury received in an automobile accident. When the verdict was announced, the attorney for the insurance company snapped. "You are going to be trailed by a private eye. Wherever you go from now on. And if you take just one step out of that wheel chair, you will be put in jail."

"Don't go to all the trouble," the woman answered back. "Because first I'm going to the Oral Roberts Crusade for a miracle healing, then to Paris to the Ritz and the Riveria, then to the Savoy in London and back to the Waldorf in New York."

The name-lawyer appears five times in the Bible, each time in the catalogue of evils, and to serve as a warning to all generations. The Savior was tempted 3 times on this earth — twice by lawyers and once by the devil.

Lawyers are the watchmen of world freedom. Our civilization will endure so long as justice and law endure. Without law and lawyers, civilization will perish. We ask, therefore, that we be worthy of our task and exercise wisdom and restraint, and that we may achieve in our time, and for all time "peace on earth, good will toward men."

The speeches in this series of articles were written and delivered by Woodrow Burchett, compiled from Mr. Burchett's notes by his daughter Sarah B. Allen, who lives in Prestonsburg, and were then edited for publication by William H. McCann, Jr., an oral historian from Lexington who teaches writing at Bluegrass Community and Technical College (formerly Lexington Community College), in Lexington.

WHS Class of '55 holds reunion

The Wheelwright High School Class of 1955 held its 50th year class reunion November 11-12, 2005, at the Jenny Wiley State Resort, in Prestonsburg. A get-together was held Friday night, and a buffet dinner on Saturday night. On Saturday night, the class also held a memorial for their 21 deceased members. Following, on Sunday morning, the class attended a morning worship service with scripture reading and prayer offered by Darryl Woody, singing by Jackie Johnson and James Earl Holbrook, message by Bobby Blevins, and benediction by David Chafin.

Class members are pictured. Kneeling are: Doris Cannon Barrowman, Bobby Blevins, and Linda Hall Couch. 1st row: Barbara Hall Gullett, Billie Hall Campbell, Patsy Johnson Ratcliff, Sidney Caudill Moser, Crawford Bradley (senior sponsor), Dallas Hall Prater, Clara Wallen Ray, and Barbara

Adams Spurlock, Wanda Hodge Thompson, Beulah Bates Brumlow, Larry Gibson, David Chafin. 3rd row: James Earl Holbrook, Barda Moore Dickerson, Glenda Newman Johnson, Jackie Johnson, Monroe Jones, Darryl Woody, Kenneth Dale, Karl Hunter Thomas, Ralph McCoy.

Others in attendance, but not pictured are: Billie Jean Osborne, Jim and Greta Lafferty Osborne, Patsy Newsome and daughter Melanie Stutenroth, Neil Brumlow, Mrs. Gerry Bradley, Marie Hall, Russell Moser, Ada Chafin, Ballard Newsome, Ronald Gullett, Julian Campbell, James Prater, Sabrina Couch Hall, Carrie Lynn Thompson, Jo Ann Holbrook, Ann Johnson, Carlotta Jones, Joyce McCoy, Larry Dickerson, Carolyn Sue Sanders, and Elizabeth Woody.

The reunion committee would like to thank everyone '55 reunion a success and shares that everyone that attended had a safe journey home.



Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.

ASSEMBLY OF GOD

First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister.

In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.

New Bethel Assembly of God, Burning Fork Rd., Salyersville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.

Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

BAPTIST

Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.

Auxier Freewill Baptist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.

Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.

Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.

Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m.; Vera Joiner, 886-3863, ext. 67267.

Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.

Brandy Keg Freewill Baptist, Corn Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.

Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.

Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.

Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathan Lafferty, Minister.

Daniels Creek Baptist Fellowship Church of God, Banner; Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.

Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister.

Endicott Freewill Baptist, Buffalo; Sunday School, 10 a.m.; Worship Service, 6 p.m.; Wednesday, 7 p.m.; Hobart Meek, Pastor.

Faith Bible Church, an Independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Stuart E. Swanberg.

Faith Freewill Baptist, 1/4 mile above Worldwide Eqpt. on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Buddy Jones, Minister.

First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.

First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

First Baptist, 54 S. Front St. (Irene Cole Memorial); Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wed., 7 p.m.; Dr. Floyd Price, minister.

Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7 p.m.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Grethel Baptist, State Rt. 3379, (Branham's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.

Jacks Creek Baptist, Bevinsville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Truety.

Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jim Price, Minister.

Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.

Lancer Baptist Church; 71 Cooley St., Prestonsburg; Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m., Evening Worship, 6:00 p.m., Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter.

Liberty Baptist, Denver; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.

Ligon Community Freewill Baptist, Ligon; Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.

Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.

Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.

Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.

McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.

Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Eugene Cook, Minister.

Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister.

Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.

Pleasant Valley Old Regular Baptist Church, Tinker Fork; Meeting time 1st Saturday & Sunday of each month, 3rd Sunday Evening at 6:00 p.m.; Moderator, Gary Compton; Assist. Moderator, Jimmy Conley.

Prater Creek Baptist, Banner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; J.B. Hall, Pastor. Phone: (606) 874-3222.

Rock Fork Freewill Baptist; Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.

Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Crace Jr., Assistant Pastor.

Salt Lick United Baptist, Salt Lick, Hueysville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123.

Sammy Clark Branch Freewill Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.; Pastor, Robert Shane Powers.

Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.

The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.

Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.

Trimble Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m., Youth Services 7 p.m.; Everyone Welcome.

United Community Baptist, Hwy. 7, Hueysville; Worship Service, 2 p.m.; Friday, 7 p.m.; Carlos Beverly, Minister.

Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferran, Minister.

CATHOLIC

St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday; Father Robert Dameron, pastor.

CHRISTIAN

First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.

Garrett Community Christian, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Donnie Hackworth, Minister.

Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sperm Williams, Minister.

CHURCH OF CHRIST

Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.

Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.

Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; James H. Harmon, Minister.

Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.

Return to your Bible

The animals take cover, they remain in their dens. The tempest comes out from its chamber, the cold from the driving winds. The breath of God produces ice, and the broad waters become frozen.

JOB 37:8-10



© 2006 by King Features Syndicate, Inc. World rights reserved.

Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonie Meade, Minister.

Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m. Gary Mitchell, Minister.

Maytown Church of Christ, 66 Turkey Creek Rd., Langley; Sunday Bible Study 10:00 a.m., Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible Study 6:00 p.m.

Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy Dale Bush, Minister.

Weeksbury Church of Christ; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m. Mike Hall, Minister.

CHURCH OF GOD

Betsy Layne Church of God, Old U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.

Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.

First Church of God; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.

Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Donald Bragg, Minister.

Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater Jr., Minister.

Little Paint First Church of God, 671 Little Paint Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Heater Jr., Minister.

The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

EPISCOPAL

St. James Episcopal; Sunday Service, 9:45 a.m.; Holy Eucharist 11:00 a.m. Wednesday Study Group 6:00p.m., Holy Eucharist & Healing 7:30 p.m. Father Johnnie E. Ross, Rector.

LUTHERAN

Our Savior Lutheran, Slipp Bayes Room Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLV (600 am) 12:05 p.m.; Rolland Bentrup, Minister.

METHODIST

Auxier United Methodist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Garfield Potter, Minister.

Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.

Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lamaster, Minister.

Community United Methodist, 141 Burke Avenue (off University Drive and Neeley St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steve Pescosolido, Minister.

Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Phillip T. Smith, Minister.

Emma United Methodist, Emma; Sunday School 10 a.m., Sunday Worship Service 11 a.m.; Pastor David Proffit.

First United Methodist, 256 South Arnold Avenue; 9 a.m. Contemporary Service; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m. and 5 p.m. UMYS Service; Wednesday, 7 p.m.; Mark D. Walz, Pastor.

Horn Chapel Methodist, Auxier Road, Auxier; Sunday Morning Service, 9 a.m.; Sunday School, 10 a.m.; Mid-week Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Garfield Potter, Minister.

Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.

Salisbury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Bobby G. Lawson, Minister.

Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Brad Tackett, Minister.

Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.

Vogle Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor.

Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.

Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister.

Free Pentecostal Church of God, Weeksbury; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John "Jay" Patton, Minister.

Free Pentecostal Deliverance, Ext. 46 off Mt. Parkway at Campton; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Crider, Minister.

Free Pentecostal Holiness, Rt. 122, Upper Burton; Sunday School, 11 a.m.; Worship Service, 6 p.m., Friday, 7 p.m.; Louis Sanlan, Minister; David Pike, Associate Minister.

Goodloe Pentecostal, Rt. 850, David; Worship Service, 6 p.m.; Malcolm Slone, Minister.

Parkway First Calvary Pentecostal, Floyd and Magoffin County Line; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister. 297-6262.

Trinity Chapel Pentecostal Holiness, Main St., Martin; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Ellis J. Stevens, Minister.

Free Pentecostal Church, Dwale; Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

PRESBYTERIAN

Drift Presbyterian, Route 1101, Drift; Worship Service, 11 a.m. **First Presbyterian, North Lake Drive;** Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev. Mike Chamberlin, Interim pastor.

SEVENTH DAY ADVENTIST

Seventh-Day Adventist, 5 miles West on Mountain Parkway; Sunday School, 9:15 a.m.; Worship Service, 10:30 a.m.; Gary Sheph Minister.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS
The Church of Jesus Christ of Latter-Day Saints; Relief Society/Priesthood/Primary, 9:30 a.m.; Sunday School, 10:30 a.m.; Sacrament Mtg., 11:20 a.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Ken Carriere, Bishop.

OTHER

Pastor Atha Johnson welcomes everyone to attend services at the CHURCH OF GOD OF PROPHECY TRAM KENTUCKY. Sunday school 10 a.m., Worship service 11 a.m.

Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30 p.m. **Grace Fellowship Prestonsburg,** (next to old flea market), Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.

Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.

Faith Revelation Ministry, 1/4 mile above Worldwide Equipment; Sunday School, 10 a.m.; Worship service, 11 a.m. and 6 p.m.; Randy Hagans, Minister.

Faith Worship Center, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.

Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 pm.; Lavonne Lafferty, Minister.

Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.

Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor Curt Howard.

Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m., Saturday/Sunday.

Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.

Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 886-1003.

Town Branch Church; Sunday School 10 a.m. except for first Sunday in each month; Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.

The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.

The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Aiken.

Youth Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m.; Thursday, 7 p.m.

Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayer Line: 358-2001; Darlene W. Amette, Pastor

Taylor Chapel Community Church, formerly the old Price Food Service building, located 1 quarter mile above Worldwide Equipment, Rt. 1428. Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m. Kenny Vanderpool, Pastor.

International Pentecostal Holiness Church, 10974 N. Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor.

Rising Sun Ministries, 78 Court Street, Allen, Ky.; Sunday, 10:30 a.m.; Wednesday, 6:30 p.m. Pastor: D.P. Curry.

Church of God of Prophecy, Sunday School 10 a.m., worship Service 11 a.m., Sunday Night - 6 p.m., Wednesday Night - 6 p.m. Pastor Glenn Hayes. West Prestonsburg.

RS BODY CO. INC.
PAGE SUSPENSIONS
Office: (606) 874-2151
Toll Free: 800-826-7413
Fax: (606) 874-9136

Layne Bros.
Ford Lincoln Mercury HONDA
478-1234 886-1234

WE'RE GETTING THINGS DONE
Inez Deposit Bank
Main Street, Inez, Ky. • 298-3511
Member FDIC

MC MUSIC CARTER
YOUR GM CONNECTION
713 SOUTH LAKE DRIVE, PRESTONSBURG, KY
886-886-8181 1-800-844-8181

www.americanheart.org
American Heart Association
PSA

IGA
Martin, Kentucky
(606) 285-3932

The Floyd County Times Classifieds

CONTACT US AT: (606) 886-8506



Send Us Your Ad
(606) 886-3603
24 HOURS

Please check your ad.
The Floyd County Times is only responsible for one incorrect ad run.
Classified Manager: Tonya Miller, ext. #19

DEADLINES:

- Wednesday Paper, Noon Mon.
- Friday Paper and Shopper, Wed. 5 p.m.
- Sunday Paper, Thurs. 5 p.m.

100 - AUTOMOTIVE

- 110 - Agriculture
- 115 - ATV's
- 120 - Boats
- 130 - Cars
- 140 - 4x4's
- 150 - Miscellaneous
- 160 - Motorcycles
- 170 - Parts
- 175 - SUV's
- 180 - Trucks
- 190 - Vans

200 - EMPLOYMENT

- 210 - Job Listings
- 220 - Help Wanted
- 230 - Information
- 250 - Miscellaneous
- 260 - Part Time
- 270 - Sales
- 280 - Services
- 290 - Work Wanted
- 300 - FINANCIAL**
- 310 - Business

- Opportunity
- 330 - For Sale
- 350 - Miscellaneous
- 360 - Money To Lend
- 380 - Services

400 - MERCHANDISE

- 410 - Animals
- 420 - Appliances
- 440 - Electronics
- 445 - Furniture
- 450 - Lawn & Garden

- 460 - Yard Sale
- 470 - Health & Beauty
- 475 - Household
- 480 - Miscellaneous
- 490 - Recreation
- 495 - Wanted To Buy

500 - REAL ESTATE

- 505 - Business
- 510 - Commercial Property

- 530 - Homes
- 550 - Land/Lots
- 570 - Mobile Homes
- 580 - Miscellaneous
- 590 - Sale or Lease

600 - RENTALS

- 610 - Apartments
- 620 - Storage/Office Space
- 630 - Houses

- 640 - Land/Lots
- 650 - Mobile Homes
- 660 - Miscellaneous
- 670 - Commercial Property
- 690 - Wanted To Rent

700 - SERVICES

- 705 - Construction
- 710 - Educational
- 713 - Child Care

- 715 - Electrician
- 720 - Health & Beauty
- 730 - Lawn & Garden
- 735 - Legal
- 740 - Masonry
- 745 - Miscellaneous
- 750 - Mobile Home Movers
- 755 - Office
- 760 - Plumbing
- 765 - Professionals
- 770 - Repair/Service

- 780 - Timber
- 790 - Travel

800 - NOTICES

- 805 - Announcements
- 810 - Auctions
- 815 - Lost & Found
- 830 - Miscellaneous
- 850 - Personals
- 870 - Services
- 890 - Legals

The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

AUTOMOTIVE

110-Agriculture

FOR SALE: 474 New Holland Haybine Very good condition. \$2,800. Call after 6 pm. 874-0024.

160-Motorcycles

For Sale 1998 YAMAHA YZ80 New tires, pro-circuit pipe. \$1600. Call 606-452-9599 for more info.

FOR SALE Kawasaki KLX-110A pit bike. New in crate, custom monster energy logo. \$1500 firm. 285-9982.

180-Trucks

FOR SALE 1999 F250 diesel, manual, with A/C and stereo. P-burg. Call 886-2430.

FOR SALE: 1994 Ford Ranger, A/C, 5 speed, extra cab, and matching camper. Good condition. \$1500. For more information call 886-1955.

190- Vans

FOR SALE: 1998 Ford Windstar Van. v6, Auto, all power, excellent shape. \$3500. 606-686-3082.

EMPLOYMENT

When responding to Employment ads that have reference numbers, please indicate that entire reference number on the outside of your envelope. Reference numbers are used to help us direct your letter to the correct individual.

210-Job Listing

MEDICAL / CLERICAL Prestonsburg Multiple openings! Great pay, start immediately! \$8 hr and up. Fax resume

to 972-739-6067. \$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$

PRESTONSBURG HEALTH CARE CENTER has an opening for CNAs full time and part time positions are available. We offer competitive wages and excellent benefits. If interested please stop by or send a resume to 147 N Highland Ave. Prestonsburg, KY 41653 (beside P-burg Elem) or call 886-2378.

ACCOUNT EXECUTIVE Enteral Nutrition Products. Medical Services of America, Inc. is proud to be one of the largest privately owned home care companies in the US, and a diversified provider of home health services for over 29 years. Our services include home health, hospice, infusion, diabetic supplies, home medical equipment, and more.

MSA currently has an opening for an experienced Enteral Nutrition Account Executive in Eastern KY. The ideal candidate must possess a minimum of two years HME, home health and/or infusion sales experience. Having previous Enteral Nutrition sales/knowledge also a plus.

Compensation and benefit package includes competitive base salary, commission, car allowance, medical, Dental, LTD, 401(k), paid time off, etc.

Please submit resume with salary history to MSA, Inc, ATTN: HR Dept, PO BOX 1928, Lexington, SC 29072-1928 or fax to 803-957-3647. EOE.

Visit us on the web at <http://www.msa-corp.com>.

MOUNTAIN MANOR of Paintsville is taking applications for a part time CMA (7pm-11pm) position. Apply in person at 1025 Euclid Ave. Paintsville KY from 8 am-4:30 om Mon-Fri.

Oil Field Company has openings for

hard working responsible drivers. Must be of age 21 or older. Must have CDL with HAZ-MAT and tanker endorsements, good driving record and some mechanical aptitude. Please apply in person at: Universal Well Services, Inc., 5252 Rt. 1428, Allen, KY 41601 606-874-3487, Accepting applications Mon. thru Fri. between the hours of 8am and 4pm.

220-Help Wanted

ALBAREE HEALTH Services, LLC Internal Medicine Practice Prestonsburg, Ky **Office Manager/Billing Clerk** This is a fulltime position available immediately. We require a competent person with previous office management and medical billing experience. Other duties will include payroll, accounts payable, and supply ordering. You must be well organized, motivated and work well in a team. You must also have excellent computer skills and be detail oriented. If you are mature, dependable and have a great attitude, please apply. A competitive salary will be offered to the successful applicant. Please mail your resume to: Michelle Schreiber, 403 Hermitage Park Drive, Hermitage, TN 37076.

DELIVERY DRIVERS Growing company is hiring Permanent Full-time Delivery Driver in the Prestonsburg Area. Qualifications include: Class A CDL, 18 months of driving experience, 25 years of age, good MVR, Delivery experience helpful but not required.

We offer: Home nightly/ health/ dental/ 401k/ paid holidays/ vacation/ sick days.

Enjoy your family again and come

join our team at Somerset Food Service. To apply, please call 859-685-1775 or visit our website www.somersetfoods.com

CUSTOMER SERVICE REPRESENTATIVE

Inter Mountain Cable is seeking to hire a Customer Service Representative for its telephone operations. This position requires a person to be organized, and have good math, computer, and communication skills. Experience working w/customers is preferred. Employee benefits available after 90 days. Applications are available at Gearheart Communications located in Harold, KY. Interviews will be conducted at a later date. Send resume to Gearheart Comm. PO Box 160 Harold KY 41635 or email to jobs@mikrotec.com

CITY OF WHEELWRIGHT is looking for a **Qualified Gas Operator** and a **Class 1 Water Distribution Operator**. To set up an appointment, please call 606-452-4273.

POSTAL JOBS \$16.46-\$22.97/hr, now hiring. For application & free government job info call American Assoc. of Labor. 1-913-599-8220, 24 hrs. emp. serv.

AVON REPS NEEDED: \$10 to sign-up. CASSIE - 886-8737, WANDA - 285-9486. MELISSA - 886-2649.

STAFF PHARMACIST: Independent pharmacy in rural Southeast Kentucky seeking to hire a full-time or part time staff pharmacist. Excellent salary and benefits, 401 k, 100% pay medical insurance, disability, NO nights, NO Sundays, every other Saturday but only open until 1 pm. Spend more time with your family!

Applicant must have valid KY Pharmacist License and clean record with the Kentucky Board of Pharmacy. To inquire or send resume please email to: mcowellpharm@belsouth.net or fax resume to 606-377-2626 or call 800-758-4869.

ATTENTION Warehouse/ delivery/ inside sales CUSTOMER SERVICE AND SUPPORT

R.E. Michel Company, Inc. a leading wholesale distributor of heating, air conditioning, and refrigeration equipment & parts with over 180 branch locations in 22 eastern states, has a potential career opportunity in our Allen, KY branch for an individual with experience in delivery, warehousing, and inside sales who possesses good customer service and communication skills. Knowledge of the HVACR industry helpful. This is a PART-TIME entry level position suited for a self-motivated individual who wants to learn the HVACR wholesale business. Pre-employment screening required.

R.E. Michel Company offers a full benefits package and opportunities for advancement, visit our website at REMICHEL.COM If you are looking for more than just a job, please mail confidential resume, or stop by to complete and application. Joyce Taulbee RE Michel Co PO BOX 485 Allen, KY 41601 606-874-8875

ATTENTION Inside Sales Counter Sales I and Counter Sales II

R.E. Michel Company INC, a leading wholesale distributor of heating, air conditioning, and refrigeration equipment & parts with over 180 branch locations in 22 eastern states, has a career opportunity in our Allen, KY branch for a FULL TIME inside sales person. We are looking for an individual with experience in HVACR wholesale sales or a self motivated individual with HVACR knowledge who possesses good customer service, sales and communication skills and would like to learn the HVACR supply business. Pre-employment screening required.

R.E. Michel Company offers a full benefits package and opportunities for advancement, visit our website at REMICHEL.COM If you are looking for more than just a job, please mail confidential resume, or stop by to complete and application. Joyce Taulbee RE Michel Co PO BOX 485 Allen, KY 41601 606-874-8875

Apply in person at 1025 Euclid Ave, Paintsville, KY from Mon-Fri between 8am-4:30 pm.

100 WORKERS NEEDED Assemble crafts, wood items. to \$480/wk. Materials provided. Free information pkg 24 hr 801-428-4649.

PART-TIME AUDITOR Needed nights and weekends only. Call Microtel INN @ 889-0331, or come by and put in an application.

MECHANIC WANTED P-burg Auto Truck & Tire. Apply within. 886-8603.

HELP WANTED: Reno's Roadhouse Prestonsburg is now hiring for all positions. Day shift and night shift. Apply in person only.

410- Animals

FREE CATS to good home. Call after 6:00 pm 874-8167.

WANTED Female Boxer Needed

I have an AKC registered, 6 y/o male boxer and am looking for a female boxer to breed him with. You can keep

pups for profit. I just want one male pup to carry on his bloodline. Call 606-452-2594 or email me at icky@mikrotec.com Under subject use **BOXER**

THREE PIECE LIVING ROOM suit for sale. Call 606-478-5228.

445-Furniture

RAY'S BARGAIN CENTER New & Used Furniture & Appliances @ unbelievable prices. Come in today for incredible savings. Shop At The Little Furniture Store & Savell! Route. #122, McDowell. Call 606-377-0143.

WOLFF TANNING BEDS FREE color catalog. Full body units from \$22 a month. Buy factory direct and save! Call ETS inc NOW! 1-800-781-5173. www.np.etstan.com

480-Miscellaneous

WEDDING DRESS FOR SALE: Size 12, pearl and sequins intricate design on bodice and train. Must see to appreciate beauty. For more information, call 886-8506 ask for Tonya or after 5:00 call 886-0048 and leave message.

FOR SALE Firewood for sale 377-6055.

Place your ad today! Call Tonya at 886-8506 to find out how.

JOIN THE CARING TEAM AT SALYERSVILLE HEALTH CARE, AN EXTENDICARE FACILITY

Position Available: Clinical Reimbursement Coordinator (MDS Coordinator)

- Qualifications:**
- Current license in Kentucky as a Registered Nurse.
 - Working knowledge of the MDS & RAI process. Strong interest in Medicare, Medicaid, and other payor reimbursement systems.
 - Ability to apply basic mathematical skills
 - Basic Computer Skills
 - Strong written & verbal communication skills
 - Ability to read, write, speak, and understand English;
 - Meet all health requirements, as required by law.

Salary commensurate with knowledge and experience; excellent benefits, including 401K.

Applicants, please telephone Tammy Collinsworth at 606-349-6181, apply via e-mail jbranham@extendicare.com Apply in person at Salyersville Health Care, 571 Parkway Drive, Salyersville, KY 41465-0819 or mail resumé. EOE/ADA

Big Sandy Health Care, Inc.

seeks candidates for **Licensed Practical Nurse** Exciting opportunity to join the team at Physicians for Women, Auxier, KY. The primary care clinic operates Monday thru Friday 8:00 a.m. to 4:30 p.m.

Requirements include current licensure in KY as Licensed Practical Nurse. BLS required. This position is accompanied with an excellent benefit package.

Send resumé to: **Human Resources Big Sandy Health Care, Inc. 1709 KY Route 321, Suite 3 Prestonsburg, KY 41653 Fax: (606) 886-8548 Email: k.nunnery@bshc.org** A proud tradition of providing access to quality health care.

Big Sandy Health Care is an Equal Opportunity Employer.

WANTED:

Paralegal or Legal Secretary Experience A Must. Pay depends upon experience. **Hindman or Prestonsburg Location** Call: (606) 785-5556 Nights: (606) 946-2271

EQUIPMENT SALES

Wilson Equipment Company has an immediate opening for a qualified salesperson at our Prestonsburg location. Candidate will be responsible for the sales of Case, Kobelco, Bomag, Terex, Takeuchi and Kawasaki construction and forestry equipment in Eastern Kentucky. Please mail resume to: Wilson Equipment Co., PO Box 11520, Lexington, KY, 40576 or email to: info@wilsonequipment.com.

- WE OFFER:**
- Health Insurance
 - 401K retirement
 - Company vehicle
 - Vacation / Holiday
 - Training



An Equal Opportunity Employer

Private Pilot Aviation Ground School

Beginning February 2, 2006 Ending March 30, 2006 At Larry Short Aviation Combs Airport Every Monday and Thursday at 6:30 to 9:30 Call 606-434-3640 to enroll

CLASSIFIED ADVERTISING RATES (line ads)

NUMBER OF LINES	NUMBER CONSECUTIVE ISSUES					
	1	2	3	4	5	6
3	5.10	9.18	12.24	14.28	15.30	15.30
4	6.80	12.24	16.32	19.04	20.40	20.40
5	8.50	15.30	20.40	23.80	25.50	25.50
6	10.20	18.36	24.48	28.56	30.60	30.60
7	11.90	21.42	28.56	33.32	35.70	35.70
8	13.60	24.48	32.64	38.08	40.80	40.80
9	15.30	27.54	36.72	42.84	45.90	45.90
10	17.00	30.60	40.80	47.60	51.00	51.00
11	18.70	33.66	44.88	52.36	56.10	56.10
12	20.40	36.72	48.96	57.12	61.20	61.20
13	22.10	39.78	53.04	61.88	66.30	66.30
14	23.80	42.84	57.12	66.64	71.40	71.40
15	25.50	45.90	61.20	71.40	76.50	76.50

Add the Shopper or Internet for \$2.00 per week, or add both for \$3.00!

Alliance Corporation

is currently accepting applications for the position of **Form Carpenters and Construction Laborers** for the Floyd and Knott County, Ky., areas.

All applicants must have at least 3-5 years experience in all phases of construction. Applications may be obtained from Alliance Corporation, 122 North Lake Drive, Prestonsburg, Ky. 41653, or by calling Brenda Howell at 606-886-8748.

"An Equal Opportunity Employer M/F/D"

FOR SALE: Locomaker & bin Hoshizaki model KM900 make 900 lbs in 24 hrs. \$1500. Schaefer glass door freezer \$1000. Hobart slicer will slice automatic model 1712 \$1000. 1988 Volvo 240 DL \$300 358-4333.

REAL ESTATE

530-Homes

FOR SALE Brick Ranch Home. Hueysville KY 4BR 2.5 BA, LR with FP, 3 car garage. 10.68 acres. \$156,000. Call 606-358-5533 after 5:30 pm

FOR SALE: 3 BR 2 BA CH/A newly remodeled behing Porter School in Oaklawn Estates. 889-9747 or 886-8003.

550-Land/Lots

FOR SALE 2 Lots for sale (joining) sold as one. Stone Crest Golf Course. 889-6543.

FOR SALE: Property for sale, 2 lots sold as one. Located in Woodland Park Subdivision at Banner Daniels Creek. Call 889-0050 or 422-7872.

570-Mobile Homes

Final clearance 2004 lot models and 2005 models now available! If you are serious about purchasing a new home you need to be with experienced staff to get the right home at a great price. The Home Show-South William son, Inc. US 119, Belfry, Ky. 41514 606-353-6444 or toll free 877-353-6444

All Drywall, Dutch with 2x6 walls, and 5/12 roof pitch, ultimate kitchen package, glass block window, and many more extras. Set up for viewing. For details call 606-353-6444 or toll free 577-353-6444 the home show

RENTALS

610Apartments

FOR RENT 3 BR 2 BA very nice \$500/mo utilities not included. \$500/dep. req. Call 285-9003.

APT FOR RENT Small studio apt furn. some utilities prov. Dep. required. \$275/mo. 886-6208.

APT FOR RENT 2 BR 1 BA LR kitchen D/W refrigerator stove. All utilities paid. \$550 month. Newly remodeled Call 606-477-2783 or 606-522-4126.

PARK PLACE APTS \$100 off first month's rent! Deposit to be paid in three installments. Offer good through 1/31/06. Rents start @1 BR- \$280-\$309, 2 BR- \$304-\$345. Call 886-0039.

FOR RENT 2 BR newly remodeled ground floor apt. Located across from Garth Technical School. RT 122 at Martin, KY. Must furnish references. Not HUD approved. Call 285-9112.

1-2 BR FURNISHED Apts. Clean. In Prestonsburg. 886-8366.

2 BR 1 1/2 bath Townhouse also 1 bed room furnished or unfurnished located in Prestonsburg. NO PETS call 606-886 8991

Furnished 1 bed room Apt. Central heat & air. Rent starting at \$375. month, + \$300. deposit water included. Located

near HRMC. 606-889-9717.

620Storage/Office

BUILDING FOR LEASE 30x60 metal storage building on RT 80. 886-8366.

OFFICE SPACE for lease in Prestonsburg. Approximately 1850 sq feet with parking only two blocks from courthouse. Call 874-1700, 285-0900 or 874-9976.

FOR RENT: 3 Room office suite. \$600 month. Call 886-1020 ask for C.V.

630-Houses

HOUSE FOR RENT in Lancer \$550/mo deposit plus utilities-req. Newly remodeled. Call 606-791-1790.

FOR RENT 2 BR 1.5 BA CH/A on US 23 1 mile n. of P-burg. Dep required. No pets. 886-9007 or 889-9747.

HOUSE FOR RENT: 2 BR \$550 per month plus utilities. If interested call 886-0124.

640-Land/Lots

Trailer lot for rent on old U.S. 23 between Prestonburg and Paintsville call 606-886-9007 or 889 9747

Trailer Lot For Rent, Large Yard. Call 886-8366

For Rent: newly constructed Mobile Home Lots in new Allen, reference required call 606-874-2212

650-Mobile Homes

FOR RENT 2BR MH Right Fork Bull Creek \$350/ mo. \$250/ dep. Call 889-0036.

FOR RENT electric heat. 3 BR 874-9757.

FOR RENT DW MH 3 BR 2 BA Located on David Rd. \$550/mo. plus utilities. \$250 dep. 886-1539 after 6 pm.

FOR RENT: MH 14 x 80 3 BR 2 BA 886-8366.

SERVICES

745-Misc.

WILL DO HOUSECLEANING Call 874-0498.

770-Repair/Services

CARPENTRY WORK all types. New construction or remodeling. Garages, decks, etc. Concrete work & siding. Free estimates. Call 886-8896.

LEGALS

NOTICE OF BOND RELEASE PERMIT NO. 836-0300 INCREMENT NOS. 2, 5, 8, 10, 19 & 20

In accordance with KRS 350.093, notice is hereby given that Motts Branch Coal, Inc., P.O. Box 2765, Pikeville, Kentucky 41502, has applied for Phase 1 bond release on permit number 836-0300, Increment Nos. 2, 5, 8, 10, 19 & 20, which was last issued on 11/22/05. The application covers an area of approximately 849.28 acres, located 2.9 miles northeast of Hueysville, in Floyd County.

The permit area is approximately 1.5 mile northwest from Route 2029's junction

with KY Route 7, and located in Salyers Branch and Raccoon Branch of Saltlick Creek, and Mudlick Branch and Shepherd Branch of Brush Creek. The latitude is 37°30'45". The longitude is 82°53'57".

The bond now in effect for Increment No. 2 is a Certificate of Deposit and Bond Pool type bond in the amount of \$23,200.00. Approximately 60 percent of the original bond amount of \$23,200 is included in the application for release.

The bond now in effect for Increment No. 5 is a Certificate of Deposit and Bond Pool type bond in the amount of \$55,100.00. Approximately 60 percent of the original bond amount of \$55,100.00 is included in the application for release.

The bond now in effect for Increment No. 8 is a Certificate of Deposit and Bond Pool type bond in the amount of \$95,700.00. Approximately 60 percent of the original bond amount of \$95,700.00 is included in the application for release.

The bond now in effect for Increment No. 10 is a Certificate of Deposit and Bond Pool type bond in the amount of \$124,100.00. Approximately 60 percent of the original bond amount of \$124,100.00 is included in the application for release.

The bond now in effect for Increment No. 19 is a Certificate of Deposit and Bond Pool type bond in the amount of \$100,200.00. Approximately 60 percent of the original bond amount of \$100,200.00 is included in the application for release.

The bond now in effect for Increment No. 20 is a Certificate of Deposit, Bond Pool and Cash type bond in the amount of \$67,200.00. Approximately 60 percent of the original bond amount of \$67,200.00 is included in the application for release.

This is the final advertisement of the application Written comments, objections, and requests for a public hearing or informal conference must be filed with the Director, Division of Field Services, #2 Hudson Hollow, Frankfort, Kentucky 40601, by February 27, 2006.

A public hearing on the application has been scheduled for February 28, 2006, at 9:00 a.m., at the Department for Natural Resources Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, Kentucky 41653. The hearing will be cancelled if no request for a hearing or informal conference is received by February 27, 2006.

NOTICE OF INTENTION TO MINE PURSUANT TO APPLICATION NO. 836-0303 AMENDMENT NO. 2

In accordance with KRS 350.070, notice is hereby given that Frasure Creek Mining, LLC, 1051 Main Street, Suite 100, Milton, West Virginia 25541 has applied for an amendment to an existing surface and auger coal mining

and reclamation operation located near Craynor of Floyd County. The amendment will add 104.26 acres of surface disturbance and will underlie an additional 306.94 acres of which 208.26 acres underlie surface and/or auger in another seam making a total area of 787.40 acres within the amended permit boundary.

The proposed operation is approximately 0.5 mile south from KY Route 979's junction with Dry Branch Road and is located within Dry Branch of Mud Creek, Mink Branch of Mud Creek, and at the head of Gap Fork of Neds Fork of Frasure Creek.

The proposed amendment is located on the McDowell USGS 7-1/2 minute quadrangle maps. The surface area to be disturbed by the amendment is owned by Richard and Ryan Hamilton, Arnold Turner, Levi Blankenship, Bobby Page, Eddie Blankenship, Freddie Blankenship, Daniel Newsome, Ruby Hamilton, Pervis Hamilton, Walker and Jeromia Tackett, Maggie Hamilton, Roger Paige, Hershel Tackett, Anthony Tackett, and Carmel and Marie Clark. The amendment will underlie land owned by Richard and Ryan Hamilton, Arnold Turner, Levi Blankenship, Bobby Page, Eddie Blankenship, Freddie Blankenship, Daniel Newsome, Ruby Hamilton, Pervis Hamilton, Roger Paige, and Hershel Tackett.

The operation will use the area, contour, and extended depth auger method of surface mining.

The amendment application has been filed for public inspection at the Department for Natural Resources, Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Mine Permits, #2 Hudson Hollow Complex, U.S. 127 South, Frankfort, Kentucky 40601.

This is the final advertisement of the application. All comments, objections, or requests for a permit conference must be received within 30 days of today's date.

NOTICE OF INTENTION TO MINE PURSUANT TO APPLICATION NO. 898-4138 AMENDMENT NO. 3

In accordance with KRS 350.070, notice is hereby given that Landmark Mining Company Inc., P.O. Box 460, Shelbyana, Kentucky 41562, has applied for an amendment to an existing underground coal mining and reclamation operation, located 4.0 miles west of Robinson Creek, and is situated in both Pike and Floyd County. The amendment will add 0 acres of surface disturbance area and 163.57 acres of underground acreage, making a total area of 2,208.01 acres within the amended permit

boundary. The proposed amendment area is approximately 2.0 miles west from Bear Fork Road's junction with KY 610, and located 0.4 mile north of Sam Hall Branch.

The proposed amendment is located on the Pikeville/McDowell USGS 7 1/2 minute quadrangle maps. No surface area will be disturbed by the amendment.

The operation will underlie land owned by Appalachian Land Company, Vernon K. and Ray Slone, Alma Land Company, Casey and Dakota Newsome Heirs, Eliza Jane Rogers Estate, Louise Spears, Ansel Hall, Elmer Hall, Edward Hall, Verniece H. Akers, Walter and Oma Keathley, and Ray and Kelly Slone.

The amendment application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Pikeville Regional Office, 121 Mays Branch Road, Pikeville, Kentucky 41501. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Mine Permits, #2 Hudson Hollow Complex, U.S. 127 South, Frankfort, Kentucky 40601.

PUBLIC NOTICE

Notice is hereby given that Jerry Kinzer has filed an application with the Natural Resources and Environmental Protection Cabinet, proposing to build an addition to an existing residential structure and a detached garage, in the 100-year flood plain, located along Kentucky Route 1428, approximately 1.0 mile west of the intersection of Kentucky Route 1428 and Kentucky Route 3. The proposed site is located on the north side of the Levisa Fork of the Big Sandy River

at 37°40'14.33"N, and longitude 82°44'48.88"W. Any comments or objections, concerning this application shall be directed to: Kentucky Division of Water, Water Resources Branch, 14 Reilly Road, Frankfort Office Park, Frankfort, Ky. 40601. Phone: (502) 564-3410

NOTICE OF INTENTION TO MINE PURSUANT TO APPLICATION NO. 836-0308 AMENDMENT NO. 1

In accordance with the provisions of KRS 350.070, notice is hereby given that Motts Branch Coal, Inc., P.O. Box 2765, 436 Daniels Creek Road, Pikeville, Kentucky 41502, has applied for an amendment to an existing surface coal mining and reclamation operation, located 4.5 miles northwest of Hueysville, in Floyd County. The amendment will add an additional 22.7 acres of surface disturbance, and will add an additional 12.1 underground acres, making the total area within the

permit boundary, 485.0 acres. The amendment area is approximately 1.8 mile northwest from Route 2029's junction with KY Route 7, and located in Plummer Branch and Raccoon Branch of Saltlick Creek.

The proposed amendment is located on the David and Handshoe U.S.G.S. 7-1/2 minute quadrangle maps. The amendment will use the contour strip and highwall/auger methods of mining. The surface area is owned by Sylvia

Warrix and Knott Land Company, Inc. The operation will underlie surface area owned by Knott Land Company, Inc. The operation will affect an area within 100 feet of public road KY 7. The operation will not involve relocation of the public road.

The application has been filed for public inspection at the Department for Natural Resources, Division of Mine Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky, 40601.

The final advertisement of this application, all comments, objections, or requests for a permit conference must be received within 30 days of this date.

permitted by the Department for Natural Resources, Division of Mine Reclamation and Enforcement's

REQUEST FOR PROPOSALS

The Big Sandy Area Development District is receiving bid proposals for providing Adult Day Care/Alzheimer's Respite Services to the elderly in the Big Sandy Area Development District for fiscal year 2007 through 2008, covering the period July 2006 through June 30, 2008.

Proposals are being solicited and accepted for FY07 contracts. Contracts will be awarded for one-year duration. The awarding of contracts for FY07 will be based upon the merit of the proposals submitted, previous program performance and/or experience, and the availability of funds. The awarding of contracts for FY07 and FY08 will be based upon the merit of the application proposals submitted, previous program performance, and the availability of funds.

Bid Proposal Packets may be picked up at Big Sandy Area Development District, 100 Resource Drive, Prestonsburg, KY 41653. All bid proposals (Original and a digital copy) must be received at the Big Sandy Area Development District office by 4:00 p.m. EST, Friday, February 17, 2006.

Please direct all questions and correspondence as well as the original and a digital copy of the proposal to: Liz Hamilton, Big Sandy Area Development District, 110 Resource Court, Prestonsburg, KY 41653, Phone: 886-2374 or 1-800-737-2723.

-An Equal Opportunity Employer-

Let it stand for all Americans still **DISTRESSED** by poverty

Once, she needed care. And Americans united to restore her as a symbol of freedom. Today, nearly 35 million Americans are still working to stand tall and free themselves from poverty. You can help light the way and rekindle a spirit of community with those in need. Find out how at www.povertyusa.org.

Poverty in America **WE CAN END IT.** www.povertyusa.org

Catholic Campaign for Human Development 1-800-946-4243

Service IS OUR BUSINESS

J & L TREE SERVICE AND LANDSCAPING

19 years experience

Call 424-4402

TRIPLE S CONSTRUCTION

No Job Too Big or Too Small! RESIDENTIAL OR COMMERCIAL 606-265-3336 or 606-265-4678

New Construction • Remodeling Vinyl Siding • Window Replacement Hardwood Flooring Shingle/Tin Roofing Decks/Porches/Garages Concrete Work

FREE ESTIMATES

Mine Safety & First Aid Training

Newly Employed 24 hr. Class (surface) 40 hr. (underground) 8 hr. refresher (surface & underground) Also Electrical Classes 285-0999

Train at your convenience.

SETSER CONSTRUCTION

Specializing In Metal Roofing Vinyl Siding & Soffit Pole Buildings Decks

All types Carpentry Work

Phone: H. (606) 886-6140 Cell: (606) 791-3018

SHEPHERD'S PLUMBING

Residential & Commercial

- Gas Lines
- Roto-Rooter
- Install Septic Tanks
- Small Excavating

24-Hour Service 886-0363

J & M Seamless Guttering, Siding and Metal Roofing

Located at Weeksburg, Ky. 14 Years Experience

Free estimates, call anytime 226-2051 606-452-2490, 606-424-9858

Running 10% Off All Gutter & Siding thru the Month of April

J & L Electrical Contracting

Residential & Commercial Electrical Services Home Improvements and Repairs

Free Estimates • Reliable

Ph: (606) 886-2785 Pager: (606) 482-0229 John K. Lewis, Master Electrician Licensed: ME8643, CE8644

FRASURE'S RENTALS

Office Space, Retail Space, Houses, Apartments, Mobile Homes and Lots.

CALL 606-886-8366

CLASSES NOW FORMING!!

EASTERN KENTUCKY BARBER SCHOOL

949 Broadway, Paintsville

School Loans Available Call Today for a Great Career Tomorrow! 606-789-7277